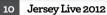


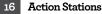


HIGHLIGHTS











46 Life In The Midst









118 Motoring Review

CONTENTS

Edito4
Listings: What To Do In August 6
Jersey Live 201210
Contributors12
Action Stations16
Action Moviemaking Massacre 18
Facta Non Verba22
Procrastinaction24
Misc26
Animal27
News In Numbers28
EVENTS29
Sunset Concerts30
JCG Pop-up Showcase30
Charity Dance & Dinner32
World Wealth Report32
Foundation Dinner34
Squash Event34
BNP Paribas Party36
Appleby at Aurum36
Durrell Day 38
Elmina Salon Party38
<i>GIVE</i> 40
Community40
Sea Shepherds42
TRAVEL45
Life In The Midst46
Soleil Suisse
Flights, Camera, Action!52

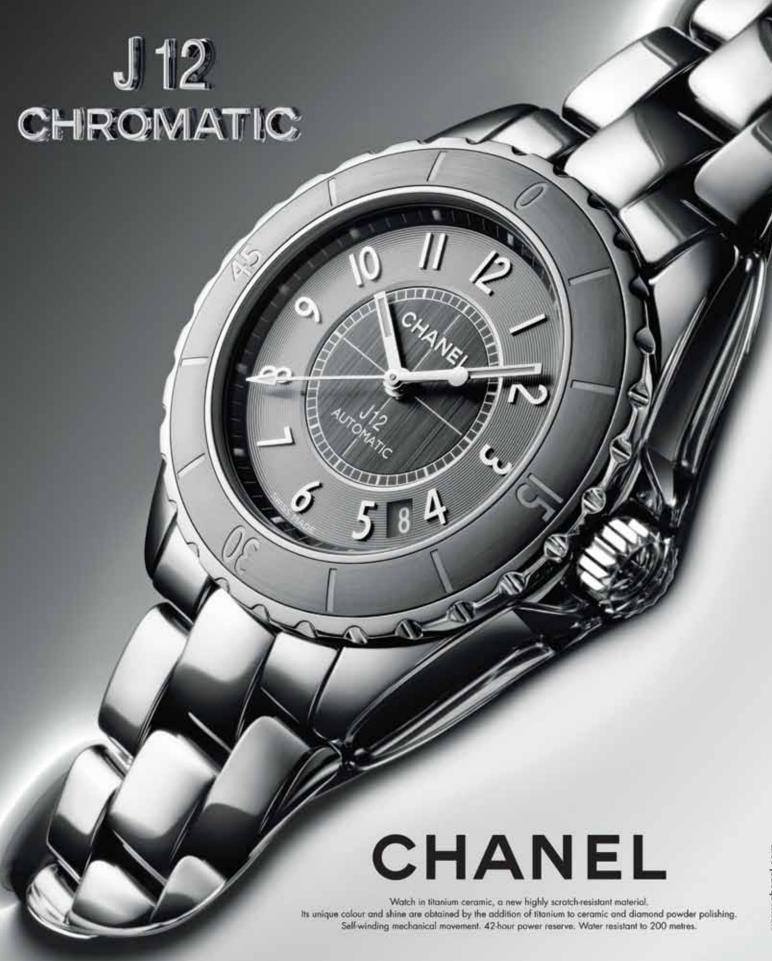
CULTURE	55
My Name Is	56
Culture Round Up	57
Hashtag Instagram	58
Culture Vultures	60
Upload	62
A Cut Above The Rest	64
FASHION	
Brand News	
Trend News	
Fashion Shoot	
Watch Shoot	
Style Stalker	82
BEAUTY	
Health And Beauty News	
Nailed It	86
Varicose Veins	88
APPETITE	
Food Review	-
Martin Flageul Interview	
Appetite News	94
BUSINESS	
Movers And Shakers	
Business News	110
Prime Positions	112
SPORT	113
Squash Feature	
Beach Rugby	116

HARDWARE	117
Toyota GT86 Motor Review	118
Gallery Gadgets	120
Phone Home	122
NIGHTLIFE	124
Introducing: Any Given Sunday	124
Hotlist	125
Folklore	126
Paparazzi at The Royal Yacht	128
Paparazzi at Pure	129
Paparazzi at Koko / Kasbar	130
Paparazzi at Mimosa	131
DIRECTORY	134
Gallery'll Fix It	138
Boardom	140





PLACES	95
Property Profile: Southcliff	96
Featured Selection: West!	98
Le Gallais	99
ECPW	100
Red Properties	102
Indigo	103
Finishing Touches	104
Interior News	106







edito

udging by the number of people that send 'I've lost my phone, give me your number' messages on Facebook, the world hasn't fully embraced the idea of backing stuff up. I admit, it's a hassle. Even if you did set your iPhone up with iTunes and sync it at some point, getting a new phone and setting it up again can cause problems. Now imagine doing that with your whole world.

Like a suitcase of clothes lost by the baggage handlers of life, your electronic data is important, personal and a pain in the ass if it's lost. When your phone / computer / device has a meltdown it's not always that easy to restock. If my freezer defrosted, ideally I'd plug it back in and my food would all be there again right away, in the same order, frozen blueberries on top of pitta pockets, just the way I like it. Sadly that's not going to happen and being frozen out of your life is no fun.

Now imagine that on a business level. Sure, having no phone numbers is inconvenient but think about having no information about what you've done over the last 8 years of your life; no files, no accounts, no graphics, no logos, no documents. For us, no magazines. That was the situation as we turned up to do some deadline cramming at Gallery Towers this month. Our server, the home to everything we've ever done was ticking. Think bombs, think IEDs, think Grandfather clocks in school corridors as you're waiting to be suspended. Ticking is not a good sound. For our server it was the death toll.

I'm not that surprised, it's had a good innings. We're 8 next month and our trusty PowerMac has been with us pretty much from the start. Maybe it was because it could see the MacMini and Pegasus Raid Array (boring mac users will know what I mean) waiting to take its place for the last few weeks. Maybe it just couldn't go on, having lived on three building sites during its short life...who knows. Either way it *could* have been disasterous.

A small part of me constantly loves the idea of starting afresh. A clean slate, a new beginning, standing on a precipise, hands in the air like some dodgy motivational poster. However, when the situation presents itself you realise that's not always the best option and that, in that scenario, you'd just look stupid to any assembled hikers. Fortunately we'd forgotten that, in some prior state of organisation, we'd set up Time Machine, the mac backup app. A quick look around our small city of external hard drives found a full copy of the server, from a few hours before. Unplug, power up mac mini, plug in, restore. All there. All fine. Yes, it took a few hours to get back to speed but that was all.

It's amazing how ahead of the field you can feel when you recover from potentially starting from the back. My advice; back that life up. Even if you think you'd like to rid yourself of the ties that bind, it's always nice to know you can get it all back if you need them.

ВD



G88 'ACTION'

COVER CREDITS Georgie wears:

Grey jumper, £409 form Marc Cain. Vero moda yellow t-shirt, £12 from eclectic. Grey skirt, £125 from Marc Cain. Y3 white red and blue trainers, £165 from

roulette shoes.

gallery

Here's our number, call us baby 00 44 1534 811100 hi@gallery.je

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

Social networking shizzle

Be our friend and we'll tell you secrets



WWW.FACEBOOK.COM/ GALLERYMAGAZINE



Things we should probably get around to hanging on the wall...



WINNER Best Small Business



WINNER Marketing



WINNER Best Brand Campaign



W DOUBLE W

or if you can be bothered scan this with your phone...







41/43 KING STREET, ST. HELIER, JERSEY, JE2 4WF, TEL. +44 (1534) 601930 WWW.RIVOLIJEWELLERS.CO.UK

EVENTS

AUGUST 2012

FOLLOW ONLINE:

WWW.GALLERY.JE WWW.FACEBOOK.COM/ GALLERYMAGAZINE

@GALLERYMAG



09.08.12BATTLE OF FLOWERS GRAND DAY PARADE

VICTORIA AVENUE £7-£35 // 14.30-17.00 // 07797 850552 // BATTLE@BATTLEOFFLOWERS.COM

Arrive at the Battle of Flowers early, park a ridiculous number of miles away only to have to fight for a seat on the oh-so-comfy pavement (after all, who wants to pay that little extra for a far better seat), and prepare to be wowed by 'one of the most spectacular carnivals in Europe'. Whip out your picnic and wait for

the spectacle of flower festooned floats, musicians, dancers and entertainers to pass right under your nose, which adds to the already tremendous atmosphere of the day. Despite all the faff beforehand, it's all worth it in the end - why else would almost all of Jersey turn up year upon year?

04.08.12 GROOVE DE LECQMOULIN DE LECQ PUB

£10-£20 // 12.00-23.00 // 07797 776854 // BETH.HEADWAY@GMAIL.COM

Headway are transforming the Moulin de Lecq pub into an unmissable all day fundraising festival, 'Groove de Lecq'. This community all day event will feature local music, artist installations and of course fancy dress. With a choice of 2 stages, the Valley Stage will see the likes of the Little Big Band whereas within the beer tent there will be an acoustic stage with intimate performances from Rosie

Barrette, Rick Jones and many more. Throughout the day, over 20 different musicians, groups and DJs will ensure everyone has a great time and the fancy dress wardrobe, face painting and games are among the entertainment lined up for the kids, all in the name of a good cause.

All profits will benefit Headway Jersey.



01.08.12

6

ROCK POOL RAMBLES S'

LA ROCQUE SLIP £FREE-£7 // 448877 // INFO@JERSEY.COM

Discover the wet and wobbly world of rock-pools and the strange creatures who call the incredible tidal habitat of Jersey's prime RAMSAR site 'home'. Be prepared to get wet to the knees - bring a bucket and/or net or just yourself.

02-04.08.12

STOMP PRESENTS DEAR EDWINA

JERSEY ARTS CENTRE £5-£10 // 700444// ENQUIRIES@ARTSCENTRE.JE

Thirteen year old Edwina
Spoonapple would do just about
anything to be a part of the
Kalamazoo Advice-a-palooza
Festival. When a talent scout
from the convention visits her
hometown she trots out her
musical advice, giving shows

live from the family garage in the hope of finding her place in the spotlight. Assisted by her older siblings and a host of quirky friends and neighbours, together they set out to tackle the world's problems.

01&22.08.12

JERSEY LILLIES

HOWARD DAVIS PARK EFREE // INFO@JERSEYLILIES.COM

The Jersey Lillies will be dancing al fresco in the park on the 1st and 22nd of the month so why not take a seat on the grass and enjoy the show?

gallery JERSEY'S STYLE MAGAZINE

EVENTS
CULTURE
FEATURES
TRAVEL
BEAUTY
FASHION
APPETITE
PLACES
BUSINESS&RECRUITMENT
SPORT&FITNESS
HARDWARE
MUSIC&NIGHTLIFE

10.08.12 BATTLE OF FLOWERS MOONLIGHT PARADE VICTORIA AVENUE

£6-£35// 21:00-22:45 // 730178 // BATTLE@BATTLEOFFLOWERS.COM

If watching the parade on a busy hot summer's day and the parking nightmare is too much for you, the Moonlight Parade will be right up your avenue. Quite literally. Enjoy waving to the hundreds of people you happen, or happen not, to know performing in the parade and drink your warm coffee from a flask. The floats, illuminated

with thousands of lights will pass by accompanied by the amazing music, and the previous envy of those people who own properties with a balcony overlooking the event and their constant supply of drinks will disappear as the truly magical event continues; a fitting finale to the Battle of Flowers floral extravaganza.



O2&31.08.12 SEYMOUR TOWER LUNATIC NIGHTWALK BAY OF GROUVILLE £15 // 07797 718472 // ANDREW@SEAJERSEY.COM

JPFRONT

Forget the rest of the world for a few hours and venture offshore on our offshore island, with marine biologist Andrew Syvret. Take a wander through some of the most remarkable seascapes on the planet. Fast flowing gullies, reefs, tidal flats, lagoons, sandbanks and boulder fields - over 2000 species are on our marine

biodiversity list - see many dozens of them first hand. Watch the Violet Bank drain before your eyes - bring binoculars and camera – be ready to view Jersey from an entirely new angle. The Island's most experienced seashore guide, Andrew has been showing locals and visitors alike the 'other half of Jersey' for over 17 years.

18.08.12 LES ECREHOUS KAYAKING TOUR £156 // 853138 // 8.30-15.30 // INFO@ JERSEYKAYAKADVENTURES.COUK

Travel to and from Les Ecrehous by charter boat and explore the reef by user friendly sit-on-top sea kayak with all equipment supplied. Enjoy the incredible experience of kayaking around tiny islets with fishermens cabins. Throughout the trip you are accompanied by a Bronze Badge and Wild Life Safe (WiSe) trained guide.

11.08.12 JERSEY RFC VS LEICESTER TIGERS JERSEY RUGBY FOOTBALL CLUB £15 // 16.00-18.00 // 499929// JERSEYRUGBY.CLUB@JERSEYMAIL.CO.UK

Pre-season friendly against Leicester Tigers. A great event for all rugby fans. Spectators aged 16 and under will be admitted free, proof-of-age may be required. Tickets for those aged 17 and over cost £15 and can be purchased at Red Properties in St Helier (8 Esplanade, opposite Liberation Bus Station) between 9:00 and 17:00 Monday to Friday, or from the offices of the Jersey Evening Post at Five Oaks, St Saviour, between 08:30 and 17:00 Monday to Friday.

05.08.12

AIRTEL-VODAFONE SEASIDE FESTIVAL

HAVRE DES PAS LIDO £FREE// 11:00-20:00 // 280159 // EMPIRE@LOCALDIAL.COM

A carnival atmosphere to enjoy ahead of the Jersey Battle of Flowers, Jersey Seaside Festival provide a whole day of fun celebrating our affiliation with the sea and enjoying traditional seaside activities set around the island's Victorian bathing pool; one of the few remaining natural sea water swimming pools left in Europe.

Experience beach activities, live entertainment, music and local arts & crafts. A wonderful food fair augments the delightful restaurants and pubs in the area. Now in its 9th year, the Jersey Seaside Festival has something for the whole family.. Admission is free.

Please note this event is glass free.

BECAUSE QUALITY MATTERS gallery





Get more with JT

Get your FREE Jersey Live ticket, FREE Smartphone, plus UNLIMITED texts & data from just £25.99 per month.

Also available on great Broadband deals. Hurry, in store now!

www.jtglobal.com/jerseylive Search 'JTsocial' 📑 🕒



THE 9TH EDITION OF JERSEY LIVE FESTIVAL IS JUST AROUND THE CORNER, AND WITH THE LIKES OF NOEL GALLAGHER, PRIMAL SCREAM, CHASE & STATUS AND PROFESSOR GREEN PACKING THE BILL, IT SEEMS SET TO BE ANOTHER BLOWOUT. SOMEHOW THEY MANAGE TO ADD SOMETHING NEW EVERY YEAR. WE GOT OUR MUSO CHRIS BELL TO PUT ON HIS JERSEYLIVE HAT AND LET US KNOW WHAT'S CHANGED FOR 2012 >



ince starting out in 2004 as a one-day event with just eight UK artists and a dozen local bands and DJs, it's now grown into a two-day event with upwards of sixty acts performing across six stages. It's been a gradual process though, with bits tweaked here and there, new stages introduced, trialled, and removed if necessary. It's this constant evolution that keeps things a fresh experience each year, and there are several new additions to the festival for 2012....

NEW YOUTH TICKET POLICY

Following meetings with the event licensing authorities, the festival organisers have brought in a new ticket tariff applicable to those aged 13-15; all youths within this age bracket and under must be accompanied by someone over the age of 18. The new policy means that Jersey Live falls into line with most other major UK festivals including the likes of Glastonbury, Reading and T in the Park, who also employ this rule. It is hoped the changes will ensure youths are safe and accounted for at the festival, and at £77, a Youth ticket is less expensive than the standard adult ticket price, which previously applied to anyone over 12.

TEENAGE CANCER TRUST THE CHILDREN'S CHARITY OF JERSEY LIVE 2012

Each year, the festival partners with a local children's charity who receive all proceeds from children's tickets, which are priced at £10 per day or £20 for the entire weekend. This year's chosen

charity is Teenage Cancer Trust, who are aiming to raise a further £700,000 to reach their £2.4 million target in order to fund a new specialist treatment unit in Southampton for teenage cancer patients in the region, including the Channel Islands. TCT volunteers will also be at the festival taking bucket collections and distributing water, and will have a stall set up with volunteers on hand to tell festival-goers all about the sterling work that they do. As part of the partnership, the winner of Teenage Cancer Trust's Spring Spectacular talent competition, 12 year-old guitarist and singer Monty Taft, will open the Main Stage on the first day of the festival.

WELFARE TENT

This year, Jersey Youth Service will manage a welfare tent, a new addition to Jersey Live. This tent will serve as a reception and office that festivalgoers can visit to find out any essential information, get assistance with any issues they may have, and look after

JERSEY'S STYLE MAGAZINE

any lost children. It will also serve as an area for anyone that may be distressed and simply need a moment to chill out.

SOBE STAGE

This year there will be six stages at the festival, with the SoBe and Tease stages having been combined to allow more local artists the opportunity to share the stage with other more established national/international acts. The stage will this year be known simply as the SoBe Stage, and is headlined by Friends and Jake Bugg, with performances also from Bwani Junction,

Nina Nesbitt and local bands including The Bloody Battle and Badlabecques. In keeping with the Tease Stage of previous years, the area will also feature street performers, cabaret performance, art installations and puppeteers.

FOOD & SHOPPING VILLAGE

As well as the six stages and funfair, this year the festival will also feature a food and shopping village, with food, arts and crafts and merchandise stalls all laid out in a street-style layout with streetlights and al fresco dining areas. The village will also

feature both a wine and real ales tent.

BBC INTRODUCING SHOW

Following their successful event at Folklore festival, Ryan Morrison's BBC Introducing Jersey show is taking to the road once more with a live broadcast from the SoBe Stage at Jersey Live on Saturday afternoon. As well as featuring live guest interviews, there will be intimate performances from several bands including Janice Graham Band, The Valentines and Brave Yesterday,



WHAT'S NEW AT JL2012: MUSIC

AS WELL AS THE NEW TWEAKS AND CHANGES TO THE FESTIVAL ITSELF, THE LINE UP IS, AS USUAL, PACKED FULL OF NEW, YOUNG AND UPCOMING BANDS AND ARTISTS. IN PREVIOUS YEARS THE LIKES OF KASABIAN, FOALS AND DJANGO DJANGO HAVE APPEARED AT THE FESTIVAL IN THE EARLY STAGES OF THEIR CAREERS BEFORE GOING ON TO BECOME STARS OF THE INDIE WORLD. HERE WE TAKE A CLOSER LOOK AT A FEW FROM THIS YEAR THAT MAY WELL GO ON TO EMULATE THEIR SUCCESS.



BWANI JUNCTION

Winners of the Scottish Alternative Music Awards and headliners on T in the Park's BBC Introducing Stage last summer, Bwani

Junction are simply one the finest bands to have come from north of the border this year. Supports with The Vaccines and Little Comets, a session with Radio One tastemaker Huw Stephens, and festival sets left, right and centre have been the fruits of their labour. Combining afrobeat and tropical styles with an experimental twist, their live show is a sunny explosion of riotously joyous noise. It's little wonder the NME describe them as 'a Glastonbury institution waiting to happen.'

SOBE STAGE, SATURDAY 1ST SEPTEMBER, 8.20PM JT STAGE, SUNDAY 2ND SEPTEMBER, 6.35PM



FRIENDS

Hailed by The Guardian as 'Brooklyn's freshest, sassiest girl fronted group' and by the NME, simply, as 'pretty brilliant', BBC Sound

Of 2012 shortlisters Friends are the latest outfit to come off New York's seemingly unceasing production line of great bands. Unlike their punk-funk NY predecessors of the noughties such as The Rapture, Radio 4 and LCD Soundsystem, they come with altogether smoother edges, offering a brand of funk pop which is simple, sassy and simply irresistible.

SOBE STAGE, SATURDAY 1ST SEPTEMBER, 9.50PM MAIN STAGE, SUNDAY 2ND SEPTEMBER, 2PM



JAKE BUGG

After wowing the local crowd with a solo set at Folklore earlier this summer, 18 year-old Jake Bugg returns to Jersey with his

full band to perform on the Main Stage and headline the SoBe Stage at Jersey Live. One year ago he was appearing on the BBC Introducing Stage at Glastonbury – he has since been signed up to recording giants Universal, toured Europe with Michael Kiwanuka, appeared on Later with Jools Holland, and his debut single 'Lightning Bolt' has been a semi-permanent fixture on the airwaves since its release in May. Influences by the likes of Donovan and Johnny Cash, the authenticity of his folktinged country music belies his tender years, and he looks set to go on to big things indeed.

MAIN STAGE, SUNDAY 1ST SEPTEMBER, 3PM SOBE STAGE, SUNDAY 2ND SEPTEMBER, 8.20PM



JANICE GRAHAM

Manchester's Janice Graham Band have been making waves in the past year with their raucous

blend of ska, soul, reggae, jazz, garage rock and samba beats, which led Stone Roses bassist (and friend of Jersey Live) Mani to declare, "They have got attitude aplenty and hearts full of soul. I don't know how my city does it, but I am glad it does. The North is about to rise again." With comparisons already being drawn to Arctic Monkeys and The Specials, the band have turned the

ear of many a fan, critic and radio DJ, with airplay on 6 Music, BBC Radio 2 and Soccer AM and are regularly filling 1,000 capacity venues back in their home town. With one Manchester legend at the festival in Noel Gallagher, Janice Graham Band might just represent the city's next big thing.

MAIN STAGE, SATURDAY 1ST SEPTEMBER, 1.40PM JT STAGE, SUNDAY 2ND SEPTEMBER, 8.20PM



NINA NESBITT

17 year-old Scottish singersongwriter Nina Nesbitt has become one of the most talked-about new artists in the UK since emerging on

to the scene after being invited by friend (or more if you believe everything you read in the papers) and collaborator Ed Sheeran to support and duet with him at the Shepherds Bush Empire. Her heartfelt and passionate folk music has drawn comparisons with the likes of Laura Marling and Kate Nash, and with support tours alongside Sheeran and Example, as well as her first headline UK tour, already this year, she's winning over truckloads of new fans by the day. A unique talent, Nina performs on the JT Stage and SoBe Stage over the weekend at Jersey Live – such intimate performances could become an increasingly rare occurrence.

JT STAGE, SATURDAY 1ST SEPTEMBER, 8.20PM SOBE STAGE. SUNDAY 2ND SEPTEMBER. 6.35PM

JERSEY LIVE FESTIVAL TAKES PLACE ON SATURDAY 1ST AND SUNDAY 2ND SEPTEMBER. TICKETS ARE ON SALE NOW FROM WWW.JERSEY LIVE.ORG.UK AND THE JT STORE IN QUEEN ST, ST HELIER.

CONTRIBUTORS'CONTRIBUTIONS

WHICH ACTION MOVIE CHARACTER WOULD YOU LIKE TO BE AND WHY?



CHRIS BELL Muso

"I'd be Steve Buscemi's character in Armageddon. He gets to go to space and take all the credit and reap the rewards for saving the planet, without ever actually having to do anything. And he gets to clown about on an asteroid, something which has always been at the top of my bucket list." CHRIS TALKS JERSEYLIVE ON PAGE 10



RICK JONES Philosopher

Ray Winstone as Beowulf... Not only is it based on the oldest written story in British history, but he was a big angry Viking who nailed Angelina Jolie in a cave full of gold and spawned a dragon. My hero!
RICK TALKS NEWTON'S THIRD LAW PAGE 22



VIV PALLOT Traveller

Lola, the flame-haired beauty in the brilliant German movie with its three separate endings: Run Lola Run (1998). She's super fit, resourceful and a bit quirky...and I'd love to try out fuchsia-coloured hair! VIV TALKS TO A BEAN SEEING SOME ACTION ABROAD PAGE 46



LOUISE BRALSFORD Writer

Definitely The Bride/Black Mamba (Uma Thurman) from Kill Bill. She can speak Japanese, survive bullets to the head, and is hell-bent on making sure those who betrayed her pay the price. Plus, she looks awesome in a yellow jumpsuit. LOUISE PROCRASTINATES PAGE 22



LUCY SANDERSON Wordsmith

Lara Croft for sure... I can even abseil just like her, ask Action Man... READ LUCY'S INTERVIEW WITH A REAL LIFE ACTION MAN ON **PAGE 20**



LAURA COSTARD Design intern

The classic Wonder Woman of course! Yes, you may say she's the obvious choice, but do you know another character with a golden lasso and who can take out a 'baddie' by flinging a tiara at them? Still unimpressed? Well all I can say is that she can pull off starry blue shiny hotpants - now you understand me.



JOSEPH BAKER Writer and Chef

Jean Claude Van Damme in Street Fighter because he is sexy and hard. JOE INTERVIEWS MARTIN FLAGEUL **PAGE 92**



TAYLOR JONES Intern

It has to be Rambo, doesn't it? Every boy's dream is to run away and live in the woods, and being your own GP when you get a nasty cut would save a tonne on plasters and bandages.

Obviously being hunted isn't ideal, but when you're Rambo, would you really care?

TAYLOR TRACKS DOWN ACTION AND ADVENTURE IN JERSEY **PAGE 16**

EDITORIAL
CONTRIBUTORS
Chris Bell
Louise Bralsford
Rick Jones
Grant Runyon

Lucy Sanderson
Dierdre Shirreffs
Joseph Baker
Russ Atkinson
Viv Pallot
Joe Baker

PHOTOGRAPHERS

Danny Evans
DLC Photography
Alicja Ludwikowska
Aaron Labey
and all the Uploaders

ILLUSTRATIONS

Chelsea White Russ Atkinson

CONTACT

Kit Chamier

distribution



delivery@gallery.je

event coverage



shot@paparazzi.je

disco hire **Sallery**Silent disco

870257

silentdisco@gallery.je

accounts

For all accounts enquires please call 832072

accounts@factory.je

Disclaimer. All rights reserved. Any form of reproduction of Gallery Magazine, in part or whole is strictly prohibited without the written consent of the publisher. Any views expressed by advertisers or contributors may not be those of the publisher. Unsolicited artwork, manuscripts and copy are accepted by Gallery Magazine, but the publisher cannot be held responsible for any loss or damage. All material, copy and artwork supplied is assumed to be copyright free unless otherwise advised. Contributions for Gallery should be emailed to editoria@galleryje. Names been changed to protect the innocent and no penguins were harmed in the manufacture of this magazine, you can't prove nuffing. Why are you still reading the small print? How about researching what really makes the best paper aeroplane? Test them with your friends or colleagues, add a picture to our Facebook and we'll send you some doughnuts...

gallery #87 [HOT]

This isn't a private party and there's no VIP area (there is a hot tub though, of course...).

Entertain us with jokes, ideas,
YouTube clips, etc

everyone@gallery.je

CONTRIBUTE contribute@gallery.je

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

ADVERTISE ad@gallery.je

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. We try not to have pushy sales people and won't try and badger, coerce, harass or try to sell you something you don't want. Call us on 811100 or drop us an email...

FEATURE features@gallery.je

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

FANMAIL / DOG CRECHE

FACTORY

10 MINDEN STREET

ST HELIER

JERSEY

JE2 4QW



Recycle.

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448866. We put this on the green strip to look eco innit... That's smart!

published with austo in Jersev by





Ground floor Marc Cain luxury fashion
First floor Renaissance exclusive ladieswear



THE GALLERYRALLY 2013 IS HEADING TO











JOIN US ON A FUNDRAISING ADVENTURE

brought to you by

organiser

in aid of











HOW YOU GET THERE IS UP TO YOU.









Join us on facebook to learn about next year's event and get an invite to the official launch later in the summer.

WWW.FACEBOOK.COM/GALLERYRALLY



ACTION STATIONS



Tranquil, peaceful and calm are words that are thrown around a lot when describing Jersey, but here at Gallery we aren't concerned with relaxing (at least not this month), and we know that, in the summer months, you want action in the sunshi.... Well, you just want action. So, we've compiled a list of the best and most terrifying places all around the island for you to pursue the adrenaline-fuelled lifestyle you've been craving. No matter where you are on the island, there's no excuse for you to not get out and have some fun at one of these locations whether that's in the water, cycling or simply walking the pavemets, there's something for everyone!

1. GREVE DE LECQ IS ONE OF

Jersey's most famous and beloved beaches, with holiday goers, locals and seagulls alike flocking to the sloping sands every day in the summer months. However, away from the idyllic peace of the beach, you can find The Octopus Pool, a place so perfectly formed for action it seems man-made. With numerous cliff-jumps, ranging from the laughable height of "Rhino" to the downright insanity of "Vertigo", anybody can take part and feel the adrenaline rush you get from that infamous activity, Tombstoning. Even for those who don't fancy throwing themselves off giant rocks, the journey to the Pool is packed with enough action and danger to reduce even the best man to a quivering wreck (we're looking at you Bear). Take the footpaths and you'll encounter a treacherous rope climb to even enter the overgrown wood that takes you to the steep, winding cliff path to the rocky climb down. If you're one of the brave, or stupid, that decide to paddle round from the beach, be prepared to dodge rocks and waves and battle the tide. But don't listen to me, take action and make the worthwhile trip yourself!

To book a coasteering day on the island, visit www.purejersey.com/activities/coasteering or call: 769165 or 07700 777 006

2. THE BIKE JUMPS IN ST JOHN

are a place I remember well from when I was younger. Not because I was particularly good at mountain biking, but because it was the first place I learnt that gravity can be a curse. However, after the many grazed knees and ripped shirts, the short track still sticks in my mind as a great place for some terrifying fun. Although not the biggest jumps on the island, and by no stretch of the imagination the most dangerous, St John is a fantastic place to start, and when you're a small young upstart in the biking world as we were, those dusty mounds really are daunting! If you're considering starting out in the biking world, Mark Pickfords Cycle Shop sells everything you'll need.

Visit him in store or at www.markpickfordcycles.com

3. A GREAT MAN ONCE SAID

"The sea is the universal sewer". Jaques Cousteau never visited The East of Jersey. I myself rarely make the perilous journey to this side of the island, and for that reason, St. Clements, Grouville and St Martin all gain themselves a spot in this action issue. A drive on the eastern coast road opens your eyes to a wider culture in Jersey, swapping the golden sands, cheery locals and warm, friendly atmosphere of the west for the rocky beaches, cold stares and the unshakable sense of xenophobia against anyone from a parish west of Trinity (hypocritical i know, given the nature of this piece, but true nonetheless). Anyone willing to travel to these parts really must love an adventure, from looming towers that closely resemble the setting for a postapocolyptic remake of Attack The Block to beaches that conjure the image of Middle Earth in the mind, action waits around every corner and rock in the east.

Dig deep, however, and you will find some gems along the seemingly lifeless east coast. The annual Gorey Fête provides fun and action for all, with the vomit inducing spaghetti eating contest and the nigh-on death defying yard of ale. For the kids, there are also amusement park rides set up along the pier. For the sporty type, Archirondel and St Catherine's woods are challenging and exhilarating when tackled on a mountain bike, as long as you enjoy a good walk back up to the top. Nobody can help you when you pass through the tunnel, so abandon all hope.

4. JERSEY'S PRIMARY SKATE

park, located in the marina in St Helier, has been the object of debate and the setting for a Quadrophenia-esque gang war since it's opening in 2008. However, if you are able to ignore the cold, heartless stares between the scooter-users and the skaters, the park can be a fantastic place to develop skills on almost any form of non-motorised vehicle. Even if you're just starting to learn, the more experienced amongst the crowd can provide some action and entertainment, whether it be through their tricks, or their outbursts of unparalleled rage when failing to land said tricks.

For anyone that skates on the island, The Skate Shop is ideal for any gear. Call them on 870915, or drop in at 7 Parade Arcade, The Parade, St Helier, JE2 3QP

5. THE JERSEY MOTORCYCLE &

Light Car Club's annual hill climb events attract motor enthusiasts from all over the UK, coming to look at the islanders' collections of classic and modern motors. Admittedly, old cars, burger vans and a congregation of older gentlemen is not everyone's idea of a thrilling weekend, but nobody can deny that waiting with baited breath to see that one big crash provides enough excitement to make up for it. We all know it's coming, the action comes in finding the right corner.

For those who don't feel they can tackle the long treks uphill in the heat of the day, there are the night-time sprints on Victoria Avenue. Here, the real speed demons come out to show what their cars are made of as they fulfill every teenager's dream of speeding on an empty road with no worry of the police stopping you.

If you want to get involved in the action of motorsport, sign up to the events by downloading one of the entry forms at: www.jerseymotorsport.com

6. THERE'S NO SHORTAGE OF

action happening every day on Jersey's most popular beach, St Brelade's Bay. Everywhere you look, there are small or large companies providing people of all ages with exciting or relaxing activities in the water. Who hasn't been to a party that included Banana Boating or getting in the doughnuts? Tide permitting, you can find almost any kind of water sport action somewhere on the Bay, and even when the reliable Jersey tide covers the beach, the surfers come out to play in the swell. It really is the perfect place for those fishing for excitement in the sea, and on a day with even a solitary ray of sunshine, there is enough action trying to find enough space to lay a towel that you'll be too worn out to even make it to the shore.

If you'd like to try out some of the activities on offer or find out more visit: www.absolutejersey.co.uk

BECAUSE QUALITY MATTERS gallery | 17



n a world where location is everything, one small island is about to go off the rails - to put itself on the map. From the people who brought you black butter, bean crock and Bergerac, comes a white-knuckle thrill ride about a community who found a new way to bring in the money. Your money. By making braindead 80s-style action movies in their back garden.

This summer, Los Angeles and New York are closed for business, because helicopter gunships have landed at Le Hocq, and the Island of Jersey is about to tear Hollywood a new asshole. Jackie Chan is running across the rotunda, Vin Diesel is punching people at Le Braye, and if you don't like it ... well, there's a boat in the morning, punk.

SWISH - CLICK - CLUNK -HISS - BOOOOOOM!

Starring Schwarzenneger, Stallone and Van Damme, Gallery productions presents a movie Time Out is calling "the hottest thing since Gas Place"; a non-stop action spectacular that St Mary's Parish Magazine said was "loaded with more guns than a farmer's basement". Based on a true story, it's the explosive tale of a British island that took the world by storm by attracting Hollywood's muscliest talent to its shores to shoot the sequels they've always wanted, but without anybody getting sued by lawyers because they accidentally machine-gunned a bunch of cheerleaders. They're not just tearing up the rule book in Jersey, they're strapping it to a nuclear missile and firing it into a warehouse full of Semtex. This summer may have been wet, but in Jersey it's always red hot - because everything's on fire.

These trailers have been approved for an audience of fifteen and above.

UNDER SIEGE 3: DUTY FREEDOM

Casey Ryback was a Navy Seal, special ops veteran and a man who foiled more terrorists than EasyJet's hand baggage allowance. Today he's just another tourist, taking a ferry from the sleepy Island of Jersey to some place in France where they wear berets and eat baguettes. At least, that was the plan.

Enter Green Island Jihad, a group of fanatical extremists who'll stop at nothing to spread their message of hatred, and who plan to seize Condor Vitesse until their insane demands are met by Jersey's Prime Minister. They thought there'd be no resistance, but if you think Casey Ryback will spend twelve hours on a ferry full of screaming children with nothing but a bottle of Amarula and some Skittles - think again.

Starring Steven Seagal as Casey Ryback, Tommy Lee Jones as the bailiff, and featuring Gary Busey as Prime Minister Le Brocq, this is one journey where the sailing certainly won't be smooth. Better pack a sick bag, because Steven Seagal's back at sea - and he's making waves.



| gallery JERSEY'S STYLE MAGAZINE



DIE HARD 5: DIE A DEADLY DEATH

He's a renegade cop who plays by his own rules, which is why the suits at City Hall sent John McClane on a cop-exchange programme to the quiet Island of Jersey. It was the last place they expected him to get in any trouble, but on a routine callout to investigate an overgrown hedge McClane and his rookie partner stumbled across a plot by the Russian mafia to flood Jersey with black-market Land Rovers. McClane was framed, and promptly busted his way out of a maximum-security jail to clear his name.

Now he's trapped in the Fort Regent leisure centre, a deadly labyrinth crawling with more Russians than the director's box at Chelsea. He's got two tazers, the Bailiff's mace and a patchy 3G signal as a lifeline to the one man who knows the truth, Constable Joe Trinity. The odds are against him, but McClane doesn't take bets - because the parish wouldn't give him a gambling licence.

It's a fatal game of cat and mouse, and John McClane isn't about to go out with a squeak. Die Hard 5: only the dead die first. From the director of Val De La Mare Reservoir Dogs and Robocop 6: Steel Centenier.

TOTAL RECALL 2: RECALL THIS

Doug Quade was just a regular joe, working his regular job on a construction site in 2038. He decided to take a vacation - except his ticket wasn't to sunshine or snow, it was to a destination inside his own memories, courtesy of the Total Recall corporation.

He paid to remember a summer spent on the irradiated beaches of Jersey, but before they could wipe his brain the scientists at Total Recall found that somebody else had been there first. Turns out Quade wasn't Quade at all, just a collection of false memories involved in a plot that could blow his life apart. If he's going to avoid being erased permanently, he's going to need to get his ass to Val De La Mars and meet up with the mysterious rebel leader, Puffin, before somebody takes his brain back.

Who is Quade? How did his ITIS rate get to 23%? Why is there never any parking at St Aubin? All these questions and more will be answered in Total Recall 2. Prepare to have your mind blown, wiped, and blown again two times as hard.

"Quade, Quade - start the incinerator!"

BATMAN: THE DARK KNIGHT OF SATURDAY NIGHTS

Ever since he was a child, Bruce Wayne has been haunted by memories of his parents. Cut down in their prime for the simple crime of jumping a taxi queue in St Helier, they left a boy alone in a cold world. Alone except for his faithful butler Alfred, a large property in St John and a trust fund worth £18 billion on which he pays no tax. By day, he's just another Jersey playboy with a skinny, gold-digging girlfriend and a collection of pointless sports cars, by night he's a criminal's worst nightmare. He is Batman, the caped crusader of St Clement. He is the Dark Knight, ma luv.

This summer, don't worry about seagulls getting into your bins, because Bruce Wayne is going to take to the streets and clean up the trash. Crime has a new enemy, and he's prowling the rooftops, waiting for somebody to double-park in a disabled bay or start a fistfight in Liberation Square. Nothing can prepare you for Batman: he left the Batmobile at home because the one way system doesn't make any sense.

BECAUSE QUALITY MATTERS gallery

C.I. JOE

GALLERY HANGS OUT WITH JERSEY ACTION MAN, **STUART WILKES**

Who'd have thunk it: Jersey is home to an actual action man and he currently lives out at Creepy Valley, home to an array of adventures and adrenaline inducing pursuits. How very apt.

Stuart Wilkes is every inch the adrenaline junkie/action man/extreme sports, outdoor, activity enthusiast... Gallery was on the hunt for a man to represent our 'action' theme and Stuart fit the bill, just right. His enthusiasm for outdoor adventure was contagious and by the end of our chat, I'd agreed to get in on the action and join Stuart and a team of scouts from 1st Bookham Scout Troup first thing on a sunny Sunday morning for a spot of abseiling...

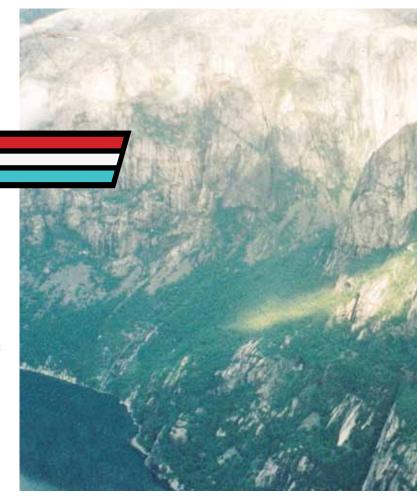
Dangling off cliffs and hoisting himself up mountains are all in a day's work for Stuart a.k.a C.I Joe. Risk is nothing but a consideration, pitch it up against reward and Stuart is game for anything – the bigger the risk, the better the reward.

"In terms of risk, it's best to take the view that risk is there to be managed, not avoided... Risk VS Reward... 'Can do' VS 'can't do'... I don't care what they can't do, I want to know what they can do." Having been an Army man for 12 years, beginning his military career at the age of 18, Stuart learnt all there is to know about the great outdoors. Passing on his expertise, Stuart turned his man hands to training recruits in the art of survival and action in the field. Organizing expeditions across the globe, Stuart's mountaineering, climbing, running, racing, skiing, shooting, and general Bear Grylls action took him and his squad of trainees from North America, Canada, and the Yosemite Valley to Norway, Denmark, The Alps... France, Germany, Italy, Switzerland into Slovenia... then onto Oman and Jordan (on foot... in a week. Okay, not a week, but definitely on foot).

So, after cultivating the intrepid forces, Stuart moved onto fitness training which was, by all accounts a doddle as the dude is made of iron – a lean, mean climbing machine; fitness is his middle name. Fitness training led to outdoor training and here he is at the peak of his career (pardon the pun). Having scared himself '100 times and some', his current role at Creepy Valley is a far cry from the forces, but the intrinsic aptitude for outdoor adventure remains the same. From tutoring the Army to encouraging people off ledges, across zip wires and up cliff faces – Stuart is a strong believer that anything is possible, all you need is will (or should thart be A will?).

Stuart is a facilitator these days, enabling all kinds of people to experience the rush that adventure precipitates. If you're considering taking action and challenging yourself, Stuart (and Nike) says, 'Just do it.'

Smashing time trials scaling Mont Blanc and the mighty Matterhorn give Stuart the edge when it comes to mountaineering and ski mountaineering... His favourite hobby is heli-skiing and he's a dab hand at foraging. He's a winner when it comes to mountain bike racing and he's bang on target in the shooting department. Could he be any more 'action'?! Well, yes as the one thing left to be ticked off Stuart's action list and that's skydiving, which in his opinion is the ideal adventure – maximum adrenaline with no input. Base Jumping not long after that, he says...







STUART'S ACTION LIST:

HOLDS THE HIGHEST UK AWARD FOR ROCK CLIMBING AND MOUNTAINEERING AND ALSO HOLDS THE UK WINTER MOUNTAIN LEADER AWARD

CHOSEN AS CHIEF INSTRUCTOR FOR AN ARMY ALPINE ADVENTUROUS TRAINING CENTRE IN THE BAVARIAN ALPS

EX-ARMY COMPANY SERGEANT MAJOR SPECIALISED IN MILITARY TRAINING AND OUTDOOR INSTRUCTION

CLAIM TO FAME - ONCE RAN THE 96 MILE WEST HIGHLAND WAY FROM GLASGOW TO FORT WILLIAM IN UNDER 24 HOURS

TRAINED WITH THE SWISS ARMY IN AVALANCHE AND SKI MOUNTAINEERING SKILLS AND HAS WORKED AS A VOLUNTEER SKI PATROLLER IN SCOTLAND

CURRENTLY PLANNING SOME HELI-SKIING IN ALASKA, ICE CLIMBING IN SWITZERLAND, A VERY QUICK ASSAULT ON THE GR20 180KM LONG DISTANCE WALKING TRAIL IN CORSICA AND A WINTER TRAVERSE OF THE CUILLIN RIDGE ON THE ISLE OF SKYE

LIKES STRONG COFFEE AND JAFFA CAKES

FOR MORE FROM STUART:

WWW.CREEPYVALLEY.JE
WWW.SWMOUNTAINEERING.COM
WWW.SWMOUNTAINEERING.BLOGSPOT.COM



ACTIONS SPEAK **LOUDER** THAN WORDS...

Some people inspire us at Gallery - Steve Hayes is one such fellow. Having decided to dive into a 24 hour swim for Teenage Cancer Trust as well as training to swim the English Channel to raise more money for his chosen charity, Steve is just getting started...

Here's what he had to say to Gallery:

Is this the first time you've done anything like this?

Yeah, I basically signed up to swim the English Channel from Dover to Calais – I'm doing that in September and I've been training for it for about nine months now. I was swimming for about 6 hours in Les Quennevais pool and wracking my brains as to how I could raise more money for TCT. I set out with the hope of raising £2000, and so far (with various fund raisers) I've managed to raise about £1600. It's plateaued out a bit now, so I thought I'd try a 24 hour swim, swimming a mile every hour on the hour at Harve des Pas pool. I'm starting at about 5:45pm on Saturday 4th August and finishing at about 6pm Sunday 5th August...

Are you a bit of an Action Man in general?

Ha, yeah I guess, over the last few years. Up until about three years ago I loved a drink, was a heavy smoker and basically used to party all the time! Then I got told to pack in the drinking as my liver was taking a bit of a beating, [he says as we share a cold glass of Sauvignon in the sun at our interview! Big laughs follow!] and I packed in the ciggies. So, anyway, I ran a marathon [said as though it's the most normal thing to do after quitting the smoking and excessive drinking], to focus on not smoking or drinking or partying and then wondered what else I could do to keep out of trouble!

You must have had some had some sort of fitness regime before that though? A marathon is pretty heavy duty...

No, nothing at all since school! I'd probably gone about twelve years without doing any exercise at all. I think a lot of it coincides with when my first child was born. So I did the marathon and then twelve months later I started trying out for Iron Man Triathlons; a two and a half mile swim, 112 mile bike ride and then a marathon. So I've done three marathons, one ultra marathon and two Iron Man Triathlons... And now I've started doing this.

You definitely qualify as an Action Man! All within three years, after being a smoking, drinking party man! Can you tell us what made you choose Teenage Cancer Trust?

I just really commend what the charity does. Being a teenager is hard enough, but to be suffering from Cancer and struggling through those difficult years as an adolescent, I truly believe in the effort to try and bring as much comfort as possible and a sense of normality to their lives. I hadn't realised before recently that local teenagers had to travel and stay in Southampton for treatment – that must be so hard, being away from friends and family.

What message would you like to send out to Gallery readers?

I just need support really. Anything, from turning up and cheering me on, to sponsoring me and donating money to TCT... Feel free to give to: www.teenagecancertrust.org/get-involved/as-a-fundraiser/fundraisers/steves-channel-swim/ OR go to http://www.teenagecancertrust.org/get-involved/as-a-fundraiser/fundraisers/steves-channel-swim/

So, once upon a time, there was a man who loved to party... Then he took action and cleaned himself up, donned a pair of speedos and hit the water for charity. Actions definitely do speak louder than words. As quoted by Oscar Wilde, "The one person who has more illusions than the dreamer is the man of action".

BECAUSE QUALITY MATTERS 21



'FACTA NON VERBA'

RICK JONES

A LATIN PHRASE THAT MEANS 'DEEDS NOT WORDS', AND HAS BEEN A KIND OF 'NOTE TO SELF' TATTOOED ON MY LEFT WRIST SINCE SOME TIME AROUND THE TURN OF THE MILLENNIUM. A CALL TO ACTION; DO IT, DON'T SAY IT - BECAUSE NO-ONE EVER GOT ANYTHING DONE BY JUST TALKING - ARE YOU LISTENING OUT THERE POLITICIANS? 'COS I'M... ERM, SPEAKING...

t's true, many of us like to spend our time 'putting the world to rights' in conversation, but heroes, pioneers and innovators - the people who really command respect and a place in history - have one thing in common; they take action.

When Sir Isaac Newton penned his third law of motion; - 'every action has an equal and opposite reaction' - he was talking about physics, actual physical movement. When you get up from reading this article and walk to whatever I've hopefully inspired you to do, your feet will push on the floor, and the floor will push back. The harder you hit the floor, the harder the floor hits you.

Sir Isaac was officially the first 'apple genius' (if you don't get that, go and look it up!). Although he was thinking purely physically, he hit on the exact reason that most of us spend our time talking about what we're 'going to do' rather than actually doing it. It's because every action has a re-action that often the most amazing achievements can only be made in the most challenging circumstances... the harder it is to get, the more worthwhile the result.

It's also why effort is tiring, and as such, why many give up when the going gets tough. Less effort means less resistance. Many of the best people in their field, whatever it may be, often feel slighted by talk of their 'talent'... I bet most, if not all of them would tell you that it took a lot of effort, practice and determination to become that 'talented'.

This human tendency towards the path of least resistance is devastating to the world around us. Nature, its resources and its ability to thrive are seriously struggling because it's easy to take things and say

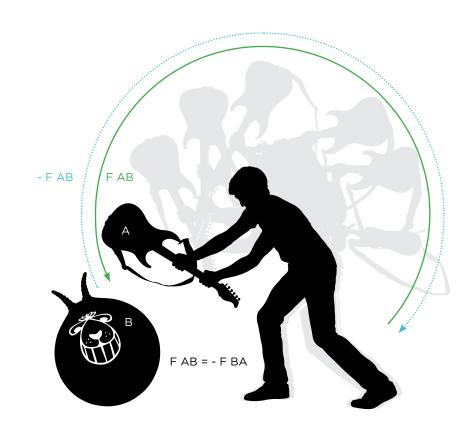
we'll put them back later... actually doing it requires action, and action creates resistance.

We're all headed downstream, and the more we get swept along, the stronger the current and the easier it is to get carried away with it. Swimming upstream is hard, but if we all do it, we can slow the flow, and it will get easier. In the mean time, the challenge, the fight is the path to a better life.

If you don't believe me, I'm calling you out; for the next month I challenge you to challenge yourself. Take that one thing you've been talking about doing 'for ages', and just do it. Don't make excuses; if at the end of the month you can honestly - and I mean honestly - say you tried your hardest and it didn't work out, you can still be proud that you tried your hardest!

Pick up that musical instrument... it's hard, but how great does it feel when you 'get it' finally! Join the gym... sure, it's killer at first, but how amazing does it feel to see changes that come directly from effort! Clean that bike up and ride to work... saving money, the environment and your heart from the effects of the summer BBQs! Clean that room in your house out, find the cure for cancer or start that business that will make your first million - whatever it is, you aren't doing it unless you're doing it.

Remember - facta non verba. Yes, I know you don't speak latin... neither do I - no excuses: Action not Words!



22 | gallery JERSEY'S STYLE MAGAZINE



Expect more from your bank...

Welcome to Premium Banking

Premium Banking combines a highly personalised relationship managed service with access to a range of specialised, premium wealth management opportunities. As a Premium customer you would expect us to understand your finances, your changing personal situation, your personal goals and financial objectives — and we will. You would also expect us to have access to experts in many financial service sectors — and we do.

Premium customers enjoy a range of beneficial banking facilities, including preferential flexible borrowing, mortgages, benefit led current accounts, access to a range of structured deposits, independent financial planning, Treasury deposits and all important 24/7 accessibility and multi-currency management.

Quite simply, if you expect and demand more from your banking and wealth management, Premium Banking delivers. Asset or income qualifications apply.

Your gateway to our expertise.

PREMIUM BANKING



If you demand more from your bank, contact Premium Banking on 01534 282659 or call in to any branch for details.



PROCRASTINACTION

LOUISE BRALSFORD -

DISPLACEMENT ACTIVITIES ARE, IN PSYCHOLOGICAL TERMS, WHAT WE DO WHEN WE'RE FACED WITH DECISIONS WE DON'T REALLY WANT TO HAVE TO DEAL WITH, OR THINGS WE'RE NOT SURE WE HAVE TO THINK ABOUT QUITE YET. SO, IF WE'RE HIT WITH TWO CONTRADICTORY INSTINCTS, INSTEAD OF PICKING ONE TO FOLLOW, WE TEND TO END UP DOING SOMETHING COMPLETELY DIFFERENT - A QUIRK OF BEING MEMBERS OF THE ANIMAL KINGDOM.

Although this topic has been pondered by many a psychologist over the last century, it was probably first brought to the attention of science by Julian Huxley (brother to Aldous, the author of Brave New World...they were spawn of a family of overachievers) although he didn't give it such a catch name as "Displacement Activity."

Or, as yours truly likes to think of it, Procrastinaction. This is not to be confused with other types of decision avoidance, like a couple in a car at a T-junction arguing over whether they need to go right or left. Their screaming, map brandishing and sat-nav-implorations do not qualify as a displacement activity. But, a monkey grooming itself in front of a hungry tiger rather than dealing with fight or flight these being the two contradictory instincts is an excellent example as he decides that his ablutions are what really need his attention in this life and death situation.

Say you've got a load of work to be getting on with as part of a long term project, as well as a deadline coming up on Monday. It's now Sunday afternoon, you're home alone, and you should definitely be doing one of these things. Doing either of them seems like such a mission, but you're restless and you know that when your cohabitants come back home from walking the dog they'll get very judge-y if you haven't done anything. So, instead you decide to do something else. For women, this will probably be baking a cake or hoovering. For men, this might be something like cleaning the car or changing a light bulb. These things are helpful (well, not the cake so much, but well-received nonetheless), true, but considering they've needed doing for the past three weeks and your deadline is tomorrow, they're not really priorities. And it's amazing how their importance has suddenly increased when you're hypothetically faced with a

work-based dilemma. A friend of mine always uses the cleaning the car excuse when she hasn't done anything all weekend. Her mother'll come back from cycling or walking and find her car, spick and span, parked at a jaunty angle in the drive. My friend feels like she's achieved something, even though all her job application forms remain on the kitchen table untouched, and can spend the rest of the evening happily watching Lewis.

Even though you know you haven't got everything done you need to, your mind is put at ease and you can comfort yourself that you have actually achieved something today, and you aren't plagued by the same guilt you would have been if you had just stayed under the duvet. Another favourite which is used both at home and in the workplace is the vague activity of admin, or general tidying up. Guilt at turning into a couch potato can be effectively assuaged by organising all old receipts and bank statements, or throwing out gunky nail varnishes that you last used in 2004, or putting a month's worth of newspapers and magazines in a pile by the front door ready to be recycled. And we don't even see this as procrastinaction - our brains are genuinely convinced that this time in six months we are going to be oh-sograteful we dealt with these urgent matters now. Furthermore, as we have the whole of Sunday to go through a single bathroom cabinet, a task which should really only take about 8 minutes can be stretched out to consume a couple of hours. Even that most organised breed of humans, that Guild of Listmakers (no, not Germans), are at fault. By exaggerating their To-Do List with items such as "Take Shower", "Charge Phone", "Empty Dishwasher", they can kid themselves that they've had a superlatively productive day as they cross off these mundane tasks with a smug smile.

Nor is displacement activity limited to the daily routines of the individual. The business world is just as blameworthy when it comes to filling precious time with unnecessary, but seemingly vital, things. Meetings are especially procrastinactive. If the amount of effort devoted to coffee orders was proportionately replicated in other areas of decision-making, then we may well have hauled ourselves out of a recession by now. It's gobsmacking how efficiency can apparently be equated to eight men wearing ties and security passes around their necks, sitting around a table with a plate of biscuits on it. Incroyable. Of course, this is a generalisation and there are plenty of places which have instigated new policies like chairless meetings. People don't like to stand for too long, so if the meeting isn't for something life-changing which requires much deliberation, then it can be a very effective way of quickly reaching a practical solution. But in the workplace the displacement mentality prevails because employees and managers egg each other on, each assuring the other that they are actually doing something worthwhile when in fact upgrading the staplers shouldn't really be their primary goal this month.

What to do? How to break this natural reaction to contradictory impulses? How to avoid procrastinaction? Maybe we should just all make an extra effort to be active, competent and efficient. Maybe we should all use our time more productively and efficiently, and allow ourselves the time off when we really need it. Maybe the best plan is...oh wait. sorry, I have to go. I mentioned to my housemate I was thinking of making flapjacks this weekend and it really wouldn't be right to let her down. Better dash.





MISC PAGE?

The page where we share all of the things that we've found this month that don't have a home anywhere else in the magazine



RUB-A-DUB-DUB... AN **ALLIGATOR** IN THE TUB?

After being tipped-off about a cannabis factory lurking inside perfectly normal surburban semi, Chessire police decided to raid the property, opening the bathroom door to be greeted by a 2.4m (8ft) alligator hiding in the gloomy shadows of the bath tub! Luckily wildlife officials were quickly brought in to rescue the animal from its watery den and took it to a more suitable swampy environment. Following a series of raids in the same area, a poisonous king cobra, three monocled cobras and a rattlesnake were also dicovered, along with a similarly slippery individual in the form of a 33 year old male cannabis grower. He was released on police bail pending further enquiries and hopefully won't be reunited with his alligator friend again.

TOUJOURS TINGO

CETHREINWR (WELSH)

Someone who walks backwards, in front of an ox, prompting it with a combination of a song and a sharp stick.

IWAKTEHDA (DAKOTA, USA)

To go home in triumph having taken scalps of the enemy.

ALSOF ER EEN ENGELTJE OP JE TONG PIEST (DUTCH)

Heavenly tasting (literally, as if an angel is urinating on your tongue).

KATAOBAIRI (Gilbertese, Oceania)

To go under the surface of the water with only one's nostrils above.



A VIEW TO DIE FOR

Max Polazov, 22, pictured here hanging from the Stalin skyscraper 120 metres above Moscow, is part of the new craze of urban climbing sweeping Russia. This committed climber has been defying Russian security forces by breaking into Moscow's tallest buildings since he was only 17, simply to climb them. Poised perilously hundreds of feet above the Moscow skyline, the tiniest of slips could equal certain death for this adrenaline junkie. Even though if caught, urban climbers could face imprisonment, each year more and more people are taking to roofs of Russia to become part of this dangerfuelled youth sub-culture. So far, Max hasn't fallen from a dizzily high rooftop to an untimely though maybe predictable death, and is hoping to take his hobby all over the world.

HOT WHEELS MANIA

Recently, a new world record was set by rally car driver Greg Tracy and stuntman Tanner Foust with a death-defying double loop on a real life-size Hot Wheels set. The courageous duo reached speeds of 53mph racing through a 66ft 360 degree tall double loop on the set at the X Games extreme sports event in Los Angeles. Foust said the g-force he experienced was so strong that he needed to make grunting noises to stop himself blacking out. However, the pair both enjoyed the stunt, Tracy adding: "That was absolutely the coolest thing I've ever done."



DATES FOR YOUR DIARY...

3RD AUGUST =

National Watermelon Day

15TH AUGUST =

Lemon Meringue Pie Day

30TH AUGUST =

National Toasted Marshmallow Day



LIGHTS! CAMERA! ACTION!

Youtube - Craig Emerson sings

Craig Emerson, an Australian government minister shocked the world by launching into a rendition of 1975 song Horror Movie by Australian band Skyhooks, during a live television interview. If that musical outburst wasn't enough, he had also prepared a dance routine to accompany his somewhat dubious singing talent.

http://www.youtube.comwatch?v=L1pEt7bgY2U

WHO THROWS A SHOE?

In Jordan, a live television debate suddenly became heated when MP Mohammed Shawabka accused former deputy Mansour Sayf al-Din Murad of working as a spy for the Syrian regime. This was then followed by insults and counter accusations with Shawabka even throwing his shoe at his opponent. However, if this wasn't enough, he then brandished a pistol from his jacket and continued to threaten Sayf al-Din Murad. Due to this extraordinary turn of events, the debate was abruptly stopped and taken off air by the satellite channel as the fight continued.

26 | gallery JERSEY'S STYLE MAGAZINE



Pictured Jeremy Mallinson (right) with Sir Patrick Bateson FRS, President of the Zoological Society of London (left).

CONSERVATIONIST WINS PRESTIGIOUS AWARD

Jeremy Mallinson OBE, DSc (Hon) who was Gerald Durrell's right-hand man in Jersey for many years, has won a prestigious award for "Outstanding Contributions to the Zoo Community".

On receiving the award, Jeremy,
Director Emeritus of the Durrell Wildlife
Conservation Trust, said: "I know how
very delighted my mentor Gerald
Durrell would have been for me being
a recipient of this most prestigious
zoological award. I am most honoured".

Jeremy joined Gerald Durrell's new wildlife park, known then as Jersey Zoo, as a young animal keeper a few months after it opened in 1959. It was the achievements made during this impressive career that made Jeremy so deserving of the special award, explained Professor Geoff Boxshall, ZSL's Secretary. He said: "Jeremy's contributions to the zoo community are immense in both scope and influence. Jeremy has been a pioneer of coordinated captive-breeding programmes in zoos, helping to establish a framework for co-operation that is now standard practice internationally. He has been directly involved in the conservation of lion tamarins for over 20 years, linking the zoo community with in situ conservation work in Brazil."

Lee Durrell, Durrell's Honorary Director, added: "In the past, I have compared Jeremy's position in the field of conservation for the last two decades of the 20th century to that of a silverback gorilla leading his social group. This prestigious award reinforces that comparison; it is wholly deserved and reflects Jeremy's huge achievements and impressive interactions with zoo directors and senior conservationists from all over the world during his time working with Durrell."



BRAMBLE

Breed: Black Labrador Age: Three years old

Likes: Walks, whatever the weather, come rain or shine!

Hates: Having my ears cleaned!
If human/animal we would be: Jessica
Ennis (if you saw her high jumps you'd

understand why!)

Wants: A sofa of my own.

Interesting facts: Can carry six big long sticks (practically trees!) in my mouth at once

Most impressive thing ever done: Springing up into the air from a standstill, over a metre high.

ALEXA

Breed:Jersey

Age: Old enought that everything is legal! Likes: Walking on those days when you can almost drink the air

Hates: Dealing with the bindweed in the garden!

If human/animal would be: A black cat

Wants: A MacBook

Interesting facts: Can play The Entertainer by Scott Joplin on the piano.

Most impressive thing ever done: Completing the Itex walk whilst pregnant with my daughter.

FANCY SHOWING US YOUR PETS? EMAIL ANIMAL@GALLERY.JE

ANIMAL FOCUS: SHREWS

words Dierdre Shirreffs

Shrews are very active little animals, constantly on the go day and night. They have brief rests every couple of hours or so but they use so much energy rushing around that they will starve if they don't eat for three hours.

They are insectivores, eating insects as well as earthworms, snails and other invertebrates and need to eat nearly their own bodyweight each day. They are quite secretive and are more often heard than seen.

Shrews are easily recognised by their long pointed snouts, tiny eyes and small ears. Two species of shrew live in Jersey - the lesser white-toothed shrew and the common shrew, which has red-tipped teeth. Other differences are that the lesser white toothed shrew has larger ears and its tail has long hairs which stick out. The distribution of these shrews in the Channel Islands is very strange - only Jersey has the common shrew, and the lesser white-

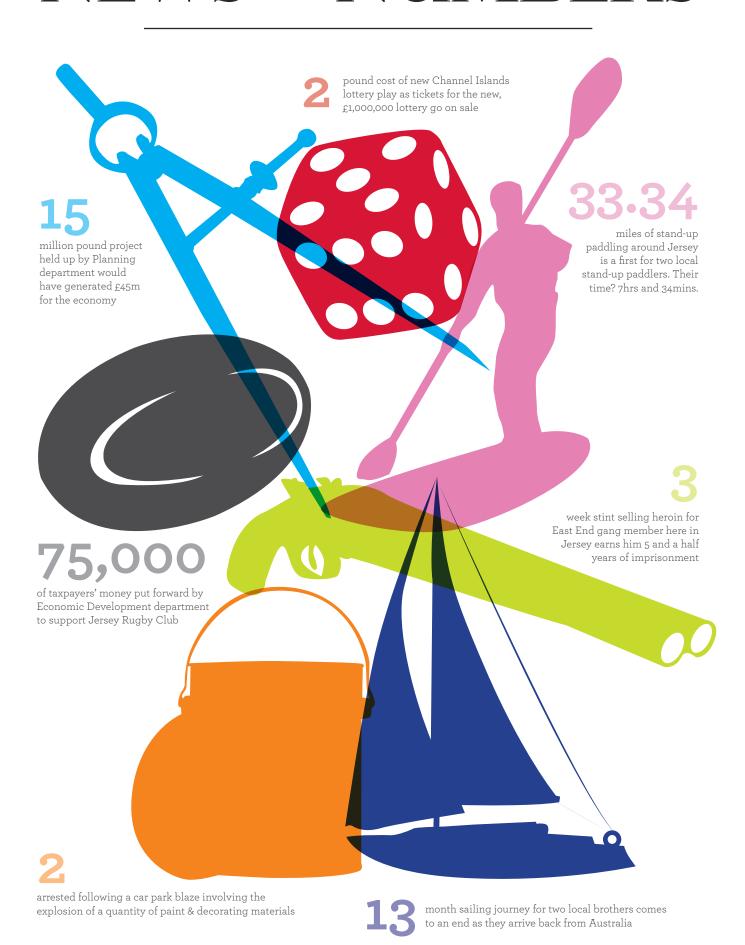
toothed shrew is found in Sark as well as Jersey. Guernsey, Herm and Alderney have another species - the greater white-toothed shrew.

They are very territorial and often fight to maintain their territory, screaming at each other shrilly as they do so - this is perhaps the origin of the term "shrewish", used to describe a scolding woman. They only tolerate another shrew in the breeding season. Three or four litters are born each year, usually underground, with up to 6 young in each litter. The young are weaned at 3 weeks and the mother may already be pregnant again by then. A mother sometimes leads her litter out in a long procession known as caravanning where each young shrew holds the tail of the one in front.

Most shrews do not live for more than a year; many are caught by owls. Cats sometimes kill them but will not eat them as they taste foul due to their musky scent glands . They are inquisitive animals and will enter empty bottles and drink cans, often becoming trapped and dying inside.

BECAUSE QUALITY MATTERS gallery

NEWS IN NUMBERS



28 | gallery JERSEY'S STYLE MAGAZINE

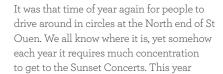
EVENTS



THE NATIONAL TRUST SUNSET CONCERTS Grantez, St Ouen: 29-30/06/12











everyone's favourite excuse for a sunset picnic was held in association with Ashburton. Two evenings each saw happy picnickers perched on their rugs trying not to get mesmerized by the setting sun as music from Giles Robson





and the Dirty Aces and Skatroniks Jamaica reverberated against the blanketed Dolmens. Thankfully, the all too regular summer rain managed to hold out just long enough for attendees to avoid soggy sandwiches.

JCG POP UP SHOWCASE Halkett Street: 06/07/12





Last month we featured the work of two talented Jersey textiles workers. Indeed, over the years of running our Gallery Student Art Awards we've witnessed first hand the talents of Jersey's creative stitchers. This great three





day event involved JCG A level Textiles students proudly showcasing their eclectic collection of stitch and fashion. Parents, Alumni and members of the Public were invited to pop in to view the students work





and learn more about textiles. "We wanted to share our passion for Textiles to inspire others and invite them to inspire us" explained Elle Keens and Zoe Cabot, JCG Students.

GET GALLERY'S PAPARAZZI AT YOUR EVENTS. HI@PAPARAZZI.JE



gallery





Terrace at Grand Jersey open for the summer

With summer finally here, The Terrace at Grand Jersey is open throughout the summer months from 11am until late seven days a week with a new relaxed food and drink menu for 2012.

The Terrace is the perfect place to soak up the summer sun and watch the fantastic sunsets over St Aubin's Bay.



TEL: 722301 EMAIL RESERVATIONS@GRANDJERSEY.COM



THE JERSEY DENTAL ASSOCIATION CHARITY DINNER & DANCE Hotel de France: 06/07/12











Last month a collection of individuals who are jointly responsible for most of the smiling faces on our events pages gathered in support of CLIC Sargent, the charity that works for

children with leukaemia. The Chief Guest was Dr Susan Turnbull, Medical Officer of Health for Jersey. Jane Powell and Simon Bossy from CLIC Sargent spoke to the guests about the

Charity and the work they do. A raffle was held which helped raise more than £600 for the charity.

2012 WORLD WEALTH REPORT BREAKFAST SEMINAR The Royal Yacht Hotel: 10/07/12













This well attended event was hosted by Rowan Taylor, Vice President & Global Account Executive, Capgemini Financial Services and Paul Patterson, Head of Global Trust, RBC Wealth Management. The report examined the key drivers of wealth creation,

global trends impacting high net worth individuals (HNWIs) and provided an insight into the global wealth climate. Our favourite part was the classification of millionaires; the report separates HNWIs into three discrete wealth bands: those with US\$1 million to

US\$5 million in investable assets (so-called "millionaires next door"); those with US\$5 million to US\$30 million (so-called "mid-tier millionaires") and those with US\$30 million or more ("Ultra-HNWIs"). Time to get that project on the go and head for the top tier...

GET GALLERY'S PAPARAZZI AT YOUR EVENTS. HI@PAPARAZZI.JE paparazzi gallery



Club Dante's at the Merton Hotel has everything you need

Private licenced par

to get down in style:

- Up to 80 persons
- · Disco lighting and dance floor
- · Buffet menus available

" If Bar and Finger Buffet are requested



For more information or to make a booking please call 724231

> Merton Hotel, Belvedere, St Saviour, Jersey JE4 9PG Channel Islands

www.mertonhotel.com



OW SHOWING

MON 6th AUG TUES 7th AUG WED 8th AUG THURS 9th AUG FRI 10th AUG

movie

Moulin Rouge (12) Enron 'The Smartest Guys in the Room (15) Senna (PG-13) 2010 127 hours (15) 2010 Everything you always wanted to know about sex but was afraid to ask (18-R)

MON 13th AUG TUES 14th AUG WED 15th AUG THURS 16th AUG FRI 17th AUG

The Artist (PG-13) 2011 The Hurt Locker (15) Saturday Night Fever (18-R) Bridesmaids (15) 2011

The Great Dictator (G)

MON 20th AUG TUES 21st AUG WED 22nd AUG THURS 23rd AUG

The Descendants (15) 2011 Marley (Bob Marley Biopic) (PG-13) 2012 Hot Tub Time Machine (15) 2010 Four Lions (15) 2010

MON 27th AUG TUES 28th AUG WED 29th AUG THURS 30th AUG FRI 31st AUG

Polish Nic Smiesznego (Unrated) Jiro Dreams of Sushi (PG) 2012 La Vie En Rose (PG-13) The Island President (PG) 2012 Crazy, Stupid Love (PG-13) 2011

Films start at

8.15pm (ish)

to give you chance to get in from the beach.

Everyone gets a pair of wireless headphones so you can still have a conversation if you're not watching the film!

Please call on 879482 to confirm film being shown.

MEAL DEAL



BIGJAC, HAND CUT CHIPS & BOTTLE OF BEER OR GRILLED SALMON & GLASS OF HOUSE WINE £9.95 FOR FOOD AND A DRINK (MOVIES ARE FREE!)

Book your table for dinner to guarantee your seat, last orders for food at 7.45pm



Cafejac, Phillips St, St Helier

OR ONLINE AT WWW.CAFEJAC.CO.UK 879482

GRACE CROCKER FAMILY SUPPORT FOUNDATION DINNER Royal Yacht Hotel: 7/7/12





The Grace Crocker Family Support Foundation was launched last year with the aims of supporting families with sick children





receiving medical treatment in a UK hospital, both financially and emotionally. The night at the Royal Yacht was to raise





money for these families and promote the work of the charity, who have so far helped nine families.

WORLD NUMBER 1 UNVEILS NEW GLASS COURT Jersey Squash & Racketball Club





The weekend of 14th July saw a grand opening of some beautiful brand new facilities at Jersey's Squash & Racketball Club in St Clement. Gallery popped down to see Nick Taylor and





check out the new glass show court and clubhouse. Squash is a rapid and dynamic game that'll work you out in ways you don't expect. And what's more, you provide great entertainment for people waiting





off court! While we were there, we caught up with World Number 1 Squash Player, James Willstrop, who opened the court with a match, check our interview in the sport section.

GET GALLERY'S PAPARAZZI AT YOUR EVENTS. HI@PAPARAZZI.JE





ATTENTION ALL STUDENTS!

Don't pay massive airline excess baggage charges!

Get <u>loads</u> of stuff to and from Uni ON THE CHEAP!



BNP PARIBAS SUMMER PARTY The Beach House: 07/07/12





Last month BNP Paribas held their 'Summer Sundowner' drinks evening for staff at The Beach House, St Brelades. In spite of the day's unrelenting rain, over 80 turned out to





unwind and soak up the venue's beautiful setting. As the sky cleared momentarily guests were rewarded with the briefest of sunsets as they enjoyed the delicious feast





laid out for them. Local DJs were brought in to round the evening off in style.

APPLEBY LADIES' EVENING AT AURUM Aurum: 12/07/12





Diamonds really were a girl's best friend at Aurum on the evening of Thursday 12th July. The red carpet was literally laid out in welcome, with champagne and delicious





canapés on arrival for guests at Aurum, courtesy of Appleby. Needless to say, attendence from Jersey's glittering females was guaranteed. Trying on some exquisite





jewellery whilst being pampered by the experts at Aurum really is one heck of a way to spend a Thursday evening after work.

GET GALLERY'S PAPARAZZI AT YOUR EVENTS. HI@PAPARAZZI.JE



Sizzling Sundays

Enjoy a lazy afternoon with friends and family by the sparkling Elizabeth marina. Sizzling BBQ, stunning views and sultry Jazz; this summer we have kept things simple with our new BBQ Lunch on Sundays on the Martello BarTerrace.

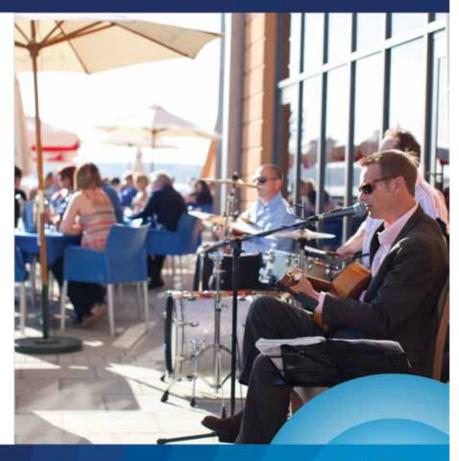
In addition to our usual bar menu, enjoy a selection of BBQ favourites with a bottle of house beer or a glass of house wine followed by live jazz to turn up the heat for your Sunday afternoons!

- · BBQ served 12:00 15:00 weather permitting.
- £14.95 per person including a bottle of beer or glass of house wine.*
- Live Jazz by The Dice Men 14:30 16:30

Call 01534 671 100 or book online at: radissonblu.com/hotel-jersey/dining

*Selected bottle of house beer and house wine only. BBQ station will be on the terrace only and is subject to availability, weather permitting.

Radisson Blu Waterfront Hotel 01534 671 100 radissonblu.com/hotel-jersey/dining radissonblu.com/hotel-jersey







WESAINTAURENT

YVES SAINT LAURENT BEAUTY NOW AVAILABLE AT

feelunique at au caprice

DURRELL DAY Durrell: 14&15/07/12







Around 6000 people headed up to Durrell over the weekend of 14th/15th July for Durrell Day, sponsored this year by JTC. There was much on offer, from live music, courtesy of Kevin Pallot, Jersey





Bob and Rick Jones to name a few, a mini fairground, lots to eat and plenty of sunshine... Aside from that, a Guinness world record for collecting the most cans for recycling was almost broken thanks to





conscientious supporters of Durrell. Kids went free and adults paid just £5 entry fee to gain access to Jersey's much loved wildlife park.

ELMINA RE-LAUNCH PARTY The Elmina Salon in St Brelade : 10/07/12







The main focus of this fantastic event was to introduce thier new Creative Director, Stuart Farmer to the Elmina Team. Rachael Crawford, Managing Director of Elmina





Salons commented: "It was a great success, with authoress Helen Parry Jones signing her amazing book 'Hands of an Angel", a jewellery presentation by Emma Crawford and lots of





pampering with the exclusive Aveda rituals. Lots of fun was had by all that attended."

GET GALLERY'S PAPARAZZI AT YOUR EVENTS. **HI@PAPARAZZI.JE**



gallery

Direct flights to Switzerland

Fly direct to Geneva or Zurich
Avoid UK connections
Direct 3 hour train between airports











OUR COMMUNITY

IN SEARCH OF A ONCE IN A LIFETIME EXPERIENCE?



The Bukit Lawang Trust are looking to find a new teacher for a September - October placement 2012. It is 60 days in Indonesia, teaching English to kindergarten, children aged 9+ and one lesson with adults each week. You will be required to work Monday - Friday and then your weekends are free to visit the jungle, see orangutans, go trekking and explore the area.

The teacher must have a TESOL, TEFL / CELTA equivalent or already completed PGCE. It will be a unique & enriching experience working alongside a local teacher. Teachers receive £800 towards their flights and the Trust provides meals and accommodation.

TO APPLY PLEASE EMAIL
INFO@BUKITLAWANGTRUST.ORG

YOU DO THE MATH ...

A team of four from Ernst & Young's Jersey office is taking on a quartet from their Guernsey office in a test, not only of their physical endurance, but also their abilities to raise money for their chosen charities by cycling 600 miles from St Malo to Nice.

The two teams set off from St Malo at midday on Sunday 15 July and aim to cover around 200 miles per day. The solo leg from Geneva to Nice will involve climbs over mountain passes that regularly appear in the Tour de France including the Col du Telegraph and Col du Galibier. The route will take cyclists across the highest paved road in Europe (Cime de la Bonette) before finishing in Nice in the south of France on Sunday 22 July.

Each participant will cover their own travel and accommodation expenses and both teams are aiming to raise a minimum of £2,000, which Ernst & Young will then match. The money raised will go to Macmillan Cancer Support Jersey and the Stillbirth and Neonatal Death Society (Sands) Guernsey Branch.

It is the second consecutive year that Geraint Davies, Ernst & Young's Audit Partner, has organised the challenge. Having been diagnosed with prostate cancer six years ago, Mr Davies initiated it as a way of celebrating passing the initial five year milestone.



SAY IT WITH FLOWERS. OR STAMPS.



Jersey Post have just released a brand new set of six stamps painted by local artist Michael Pollard depicting six of Jersey's most magnificent trees, each of them having been recorded on either the local or national tree registers; notable trees are measured and included if they are the tallest of have the largest girth of that species.

So basically, if big trees are your thing and you like stamps these are an absolute winner. Even if you don't really like stamps but know your Maidenhair from your Swamp Cyprus it might just be time you expanded your horizons into practicing philately.

Michael is one of Jersey Post's regulars when it comes to painting stamps so you they're bound to be a hit in stamp circles. Not that you should be arranging your stamps in circles prior to posting, they'd be really hard to frank and likely cause untold amounts of panic at Postal Headquarters.

ALL STAMP PRODUCTS CAN BE VIEWED AND ORDERED NOW AT WWW.JERSEYSTAMPS.COM

VOLAW AWARDS FRIENDSHIP CUPS TO MONT À L'ABBÉ STUDENTS

The highlight at Mont à l'Abbé School's end-of-year prize-giving was the award of the two Friendship Cups to the students who exemplified the learning ethos of the School.

All 80 students from the Primary and Secondary schools attended the celebrations on Friday 20th July. The Voisin and Volaw Friendship Cups were presented to Jessica Vieira (Primary School) and Bronte Hollick (Secondary School). The two runners-up were Jack Whittingham (Primary School) and William de Freitas (Secondary School).

At the end of each academic year the two Friendship Cups are awarded to the children who have promoted the school's ethos of friendship, consideration for others and general contribution to cheerfulness within the learning environment. The two winners have a cup to take home for the year and their names will be engraved on a plaque in the entrance hall of both schools.

Voisin and Volaw have been loyal supporters of Mont à l'Abbé School for the last five

years and this year the Friendship cups were presented by Julie Smith, Compliance Officer in Volaw. Their support includes organising initiatives and activities with the children such as gardening, music events, themed learning days and cookery classes with Bohemia celebrity chef Shaun Rankin.



FOUR! THAT'S HOW MANY GOLF DAYS HAVE HELPED RAISE CHARITABLE FUNDS



The fourth annual Island Games fundraising golf day sponsored by Standard Bank, took place at The Royal Jersey Golf Club on Saturday 30th June generating over £6,000 in fundraising for the Jersey golfers heading to the next Island Games.

Organised by the Jersey Golf Union (JGU) and the Jersey Ladies Golf Association (JLGA) the event attracted 96 players, including two teams from Standard Bank and a team of Jersey junior players. The proceeds from the golf day will give the organisers a head start to their fundraising efforts ahead of the 2013 Island Games in Bermuda next June.

Bob White of the Jersey Golf Union, said: "This immensely popular event had a fully subscribed field that enjoyed good weather and a golf course which was in extremely good condition. The winning team was 'Uncle Albert's Boys' who had previously won this tournament in 2010 when played at Les Mielles Golf Club. Team members Paddy O'Connell, John Smith, Mark Keaney and Bob O'Brien achieved a seven under par score of 79 points, with each scoring a birdie during the round. We are very grateful to Standard Bank for their ongoing support to enable this golf fundraiser to take place."

Claire Reid, Head of Marketing and Communications at Standard Bank, said: "The golf day was enjoyed by one and all and congratulations goes to the winning team. We are pleased to extend our support for a further year and look forward to supporting the event in 2013 when La Moye Golf Club will play host."

BEAULIEU STUDENTS HIT THE RIGHT NOTES

Beaulieu's Year 9 pupils have been getting a taste of how it feels to be a rock star this week, thanks to an exciting new project launched by the school with tracks released before they even begin their GCSEs. The whole class initiative has involved the youngsters undertaking the process of song writing from start to finish. The students were given the challenge to write, sing, record and produce four tracks that reflect themes currently popular in the UK music industry.

'We are so excited to be given the chance to put our songs out there in the real world and see what people think. We hope they like them', said Daisy Daly. Beaulieu will release an EP containing the four tracks which will be for sale in seventeen online stores worldwide, including iTunes and Amazon. The public will be able buy it and download it from later today.

Chris Beirne, Headmaster at Beaulieu, said: 'This is a great opportunity for the girls to see what the music business is actually like. I wish them lots of luck with the launch of their album and will look forward to hearing the tracks on the radio!'

The girls have even prepared a video for one of the tracks, which can be viewed on YouTube at: http://www.youtube.com/user/
RegulieuSchool

familymatters

Can you really have a happy divorce?

words | *Rose Colley* Partner, Viberts Jersey Lawyers



Every week in the national newspapers we read about the latest acrimonious celebrity divorce and the financial expense that follows these well documented headlines.

All too often an already difficult situation is made worse by a complicated legal process that can be emotionally uncompromising, placing a financial burden on the parties involved. It has recently been reported that the average legal fees for a divorce in England are around £13,000, a cost that many find hard to meet.

The financial cost of the process is often dwarfed by the emotional turmoil experienced by both parties and the children involved. Often, the best result for all concerned is reaching an agreement by working together, rather than against each other.

Alternative ways of resolving disputes have been developed which are available to everyone. Specifically, attending mediation sessions or entering a collaborative arrangement to resolve matters amicably. Both routes take a holistic approach to divorce and separation, reducing the emotional and financial toil of lengthy court proceedings. In some circumstances a successful mediation only requires a lawyer at the end of the process, to formalise the mutual agreement reached.

In mediation couples aim to negotiate a mutually satisfactory resolution to the issues in their divorce, e.g. parental responsibilities, property division and financial arrangements. A mediator will act as an objective third party, helping to negotiate a suitable compromise and resolve any grievances or concerns. A lawyer could attend to present your position to the mediator.

Many separating couples might be concerned that this approach, especially without lawyers present, will make it difficult to focus on the practical issues, rather than the emotional conflict that can arise when a relationship breaks down. However, a mediator is able to keep people focussed and moving forward, in an environment where emotions are managed to a minimum.

Mediation can proceed as slowly, or as rapidly, as you choose. Agreements reached using this route are often preferable to others, as parties tend to feel they have some ownership of the agreement. Since the terms are voluntary, conflict over agreement violations are less likely to occur. It is not always suitable for everyone, especially in cases of domestic violence or concerns over adequate disclosure. In those cases it will be necessary for negotiations to take place through a lawyer, or as part of the Court process.

Mediation isn't legally binding so both parties will require legal representation to review the agreement, ensuring all relevant factors have been considered and there isn't a strong bias to either party. It is therefore important to see mediation and lawyers not as mutually exclusive but rather as two separate services that, together, could offer a more cost effective and efficient solution to separation and divorce.



www.viberts.com T: +44 (0) 1534 888666 F: +44 (0) 1534 888555 rose.colley@viberts.com



SAILING COME RAIN, ICE OR WHALING FLEETS

WORDS & PHOTOGRAPHY Eleanor Lister

THE MOST INCREDIBLE THING HAPPENED LAST YEAR.
NO, I DIDN'T WIN THE LOTTERY.
NO, I WASN'T GIVEN THE SECRET TO LIFE. BETTER: I BECAME A VOLUNTEER CREW MEMBER FOR SEA SHEPHERD.

What's Sea Shepherd, you ask? Well, Sea Shepherd is a non-profit marine wildlife conservation organisation, lead by Captain Paul Watson, co-founder of GreenPeace.

Their endeavour to protect the marine environment spans across everything from Shark Finning in the Galapagos; the Dolphin slaughter in Taiji, Japan; Tuna poaching in the Mediterranean; the Seal hunts in Canada; to their most known campaign the Japanese Whale hunt in the Antarctic Southern Ocean Whale Sanctuary. Fundamentally, their goal is to end habitat destruction and wildlife slaughter in the world's oceans.

My best friend had introduced me to Sea Shepherd late 2011 and we quickly became avid supporters of the organisation. I never would have dreamed that only a couple months later I would be joining them in their conservation efforts to protect marine wildlife. I had the tremendous privilege of becoming a crew member for Sea Shepherd when one of their vessels, the Brigitte Bardot, came to Jersey for the International Whaling Commission (IWC) a year ago. This rather large figurative jump, and a stomach filled with butterflies, lead me onboard for the most incredible journey I would ever undertake in my life. And, ultimately pursuing my passion for wildlife conservation.

The campaign that two of the Sea Shepherd vessels, the Brigitte Bardot and the Steve Irwin, were ready for next was the Faroe Islands Whale Slaughter campaign.

The Faroese view this whale slaughter as a part of their culture, saying that it's a tradition. But every year they slaughter up to 1,000 Pilot Whales as they're migrating past the small group of Faroe Islands. The Islanders use speed boats and various other modern technology to trap the Pilot Whales into fiords, forcing the whales to beach themselves ready for the rest of the town's people to finish them off and the sea water to turn red with blood.

There has been an international ban on commercial whaling since 1982, but the Faroese govern their own whaling, refusing to accept the validity of the International Whaling Commission's decision to end commercial whaling.

At one point during the campaign, the ship found itself surrounded by a pod of over 200 Pilot Whales.

As the whales surrounded the ship, three in particular stopped just off the bow, we hung over the side in amazement. This single experience encapsulated exactly what we were here for - to prevent these whales from being murdered.

Sea Shepherd's mere presence during the whale hunt season was enough to stop the locals from attempting a "Grindadràp" (Danish for Whale Kill) simply because the islanders wanted to avoid the bad publicity with Sea Shepherd having Animal Planet on board filming Whale Wars. Not a single whale was killed. It was a very, very successful campaign.

A few months after the Faroe Islands campaign, while I was onboard the Steve Irwin, we discovered that the Japanese whaling fleet would be returning to the Antarctic southern Ocean for their annual whale hunt.

42 | gallery JERSEY'S STYLE MAGAZINE









FOR MORE INFORMATION ON SEA SHEPHERD, PLEASE VISIT THEIR WEBSITE: WWW.SEASHEPHERD.ORG

For the past 8 years, Sea Shepherd Conservation Society have continued to go down to the Southern Ocean to prevent the whaling that takes place down there annually by the Japanese Whaling Fleet.

Japan use a very small loop hole in the 1982 commercial whaling ban, that allows them to continue whaling under "research".

There has never been any published data on such research and the Japan continue to make a profit from it. It's obviously a very controversial issue, and with the Japanese Whalers continuing to hunt three main species of whales that are nearing extinction, Fin; Humpback and Minke. Needless to say, Sea Shepherd strongly opposes it. And so do I.

I had the tremendous privilege of being part of this last Antarctic campaign down in the Southern Ocean with Sea Shepherd. Having been given the ability to be a piece of everything that Sea Shepherd represented in their goal towards shutting down the illegal actions of the Japanese Whaling Fleet.

During this campaign we were extremely successful. Managing to prevent the Whaling fleet from taking home roughly 70% of their quota for the year. With a self-given quota of just over 1,000 whales, the Whaling Fleet left

with 267 whales making it our second most successful campaign to date, with the previous year being our most successful when the Japanese Whalers only took home 176 whales.

We have recently found out that the Japanese Whaling Fleet plan to, with their 8 ship fleet, return down to the Southern Ocean Whale Sanctuary this year to continue their mission in reaching their 1,000 whale kill quota.

As the whales surrounded the ship, three in particular stopped just off the bow, we hung over the side in amazement. This single experience encapsulated exactly what we were here for to prevent these whales from being murdered.

Sea Shepherd will be following them down to Antarctica, and I will be joining them as crew once again.

I have been a volunteer crew member for Sea Shepherd for a little over a year now. After shortly coming back home to Jersey to see family, I shall be returning next month back to Australia where the Steve Irwin is currently in port. From there we will be heading back down to Antarctica to oppose the Whaling Fleet. And I invite you to join me every step of the way.

BECAUSE QUALITY MATTERS gallery

"NOW MATE, YOU SHOULDN'T BE DOING DRUGS IN HERE" I TURN AROUND TO SEE 6" SCOTSMAN STARING STRAIGHT DOWN AT ME WITH A NEEDLE STUCK IN MY STOMACH.

Needless to say, I'm no longer wearing clean underwear. However, I know, like most, that I'm in fact not on heroin, no matter how many times my friends try to convince the general public that I am. I am in fact a type 1 diabetic. I now have 2 choices. I could be upfront with the guy, tell him about the condition, take the apology and say that it was an easy mistake. OR, i could roll my eyes back into my head, give a small shudder and sigh as I take the needle out,

just to mess with his head. Of course, me being 5" 9' and him looking like the Kraken, I take the first option, although there's an undeniable look of doubt on his face.

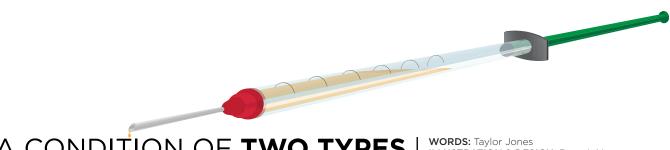
I don't know if this is a common situation. for other diabetics, but i do know that type 1 diabetes is an increasingly common condition amongst teenagers and young adults. I also know that every time I research diabetes, which admittedly is very little, I learn something new. Sometimes it's something good, like insulin being a fantastic excuse for weight gain, but there are some horrible things on the internet, and I've also found that over 60% of nontrumatic lower-limb amputations occur in diabetics. But there's always a silver

lining, at least i get to eat chocolate in class. Anyway, here are some facts from the US database on Diabetes:

- The total number of cases in 2011 was 25.8 million, or 8.3% of the population.
- In 2007, the total cost of diagnosed diabetes was \$174 billion. And this doesn't include the estimated 7 million undiagnosed cases.
- About 215,000 people under 20 have diabetes in the US.

The rest of them are a bit morbid to put in here, but in any case, it's better not to have it.

Given the skyrocketing number of cases of child obesity in the UK, people often



A CONDITION OF TWO TYPES | WORDS: Taylor Jones ILLUSTRATION & DESIGN: Russ Atkinson

assume that, if you have diabetes, you have type 2, of which one cause is a poor diet. However, type 1 is not believed to be triggered by diet, but rather by a diabetogenic trigger or a driving antigen. For those of us not doing a Biology degree, essentially, one little mix up in the body, whether it be bacteria, virus or even just trauma, and the faulty gene in your body kicks off. This stops the cells in your pancreas, the little leaf-shaped organ, producing insulin. From there, it all gets very technical. My advice is just to let the doctors who have trained for years to know the ins-and-outs of diabetes do their job, and you don't have to worry about it.

Type 1 diabetes is a chronic illness, meaning there is no cure (come on the stem cells), so it needs to be treated by insulin injections. It cannot be taken in pill form, as the body would break down the insulin before it reached the necessary parts. The irony of that part alone hurts more than the injections. The injections are absolutely nothing, as the needles are tiny and only need to stay in for 5 or so seconds. The only thing you need to get over is the constant questioning at every meal when you get it out. There are only two questions that constantly come up when I'm amongst friends. The first is one that I honestly don't know the answer to, and yet I continue to be asked. From the person trying to be mature and sciency, I am always asked "what would happen if someone without diabetes took

that?" My standard reply is very simple, "I wouldn't", which i guess is honest, because why would you? From my internet trawling, it looks as though if you were to be stupid enough to do it, you'd end up in a coma, or if you took enough, you'd end up dead. The second question, which was funny when we were about 10, but has become the absolute bane of my existence, is "can you do that into you balls?" No. Of course I can't, you idiot. Even if it were one of the places that i could, why in the name of God would I voluntarily inject the most sensitive area on my body?

Type 2 diabetes is one of the fastest growing conditions in the UK, and that's not a joke

The treatment for type 2 can be different to type 1, as you may not need to use insulin. It is common that you will be able to control the condition with regular exercise and a healthy diet, although the fatigue, incrased thirst and possible numbness in the feet and hands won't make that easy. If the condition continues to worsen, doctors may advise that you start to use insulin injections or pumps, the same as type 1 sufferers. If diabetes is left untreated, in both cases, it can lead to blindness or loss of feet. This is caused by reduced blood flow through the blood vessels, causing damage in the eye and reduced flow through the feet. But this can all be controlled if you can keep a lid on the

THE SECOND QUESTION, WHICH WAS FUNNY WHEN WE WERE ABOUT 10, BUT HAS BECOME THE ABSOLUTE BANE OF MY EXISTENCE, IS "CAN YOU DO THAT INTO YOU BALLS?"

about growing waistbands. Unlike type 1, type 2 can be caused by diet. It's caused when your liver, muscles and fat cannot store sugars, so there is a build of sugar in the blood, causing hyperglycemia. This is called insulin resistance, and can be caused by a build up of fat, which makes it harder to use insulin in your body. Also unlike type 1, type 2 diabetes can occur slowly over time, with sufferers often not even knowing they have the condition in the early stages. For all you hypochondriacs reading this, don't worry, you are fine. Chances are you know if you have it, and if even if you don't, it's chronic.

blood sugars, which is easier said than done with the constant temptations of places like Thornton's or Professor Bananas'.

This article may have got you worrying a bit about whether you're one of the millions that suffer from diabetes, but I assure you, there's very little to worry about! Just break the current mould by actually getting outside, putting down the controller and doing some exercise from time to time, and remember; the road to diabetes will be sweet.

gallery JERSEY'S STYLE MAGAZINE

TRAVEL

No hidden charges

Blue Islands is the smart way to travel

Free ticket changes*, no card charges and no baggage charges







EFREE



Baggage Charges **£FREE**



BEAN ABROAD

SARAH BENDELOW: LIFE IN THE MIDST

WORDS | VIV PALLOT



LIFE IN THE DEMOCRATIC REPUBLIC OF CONGO IN CENTRAL AFRICA IS A FAR CRY FROM THE STANDARD OF LIVING IN JERSEY. BUT FOR 28-YEAR OLD ISLANDER, SARAH BENDELOW, SHE FEELS THE TRADE-OFF HAS BEEN WORTHWHILE. HAVING SPENT 18 MONTHS AT VIRUNGA NATIONAL PARK, NEAR THE COUNTRY'S EASTERN BORDER, THERE'S BEEN PLENTY OF TIME FOR ADJUSTMENT. BESIDES, SHE'S IN THE CONGO FOR A VERY GOOD REASON...

46 | gallery JERSEY'S STYLE MAGAZINE

or their first few months working at Virunga, Sarah and her Dutch boyfriend, Cai, lived in a tent. The bathroom facilities were a five-minute trek through the jungle and it consisted of two toilets and a single shower, shared by 30 other members of staff.

"The shower had hot water when the generator ran", Sarah recalls, "but it wasn't always guaranteed in the morning when there was a long queue!"

So when the couple moved into a staff apartment, it must have seemed like a leap of luxury - until they discovered there was no running water or electricity ... and there were rats living in the ceiling.

Fortunately, electricity, running water and even intermittent WiFi were all connected a few months later. And, the rat situation? Well, their new cat kept the population under control. The cat, however, proved too much of a temptation for the local baboons who spied the pet sitting in the window and tried to grab it!

"I had to chase them out of the apartment with a flip-flop as a weapon!" says Sarah. As the local male baboon is both large and intimidating, Sarah learned to carry stones to throw in his general direction - a more effective deterrent. Local food has been a further cause for adaption for Sarah and Cai, and since Virunga's budget for staff food is a just \$1.30 per person per day, the couple eat rice and kidney beans on a regular basis. Everybody dines in a tent dubbed "The Restaurant", where breakfast consists of jam on white bread - although the jam bit tends to runs out.

"I've resorted to spreading mayonnaise or mustard on my bread to add some flavour!" Sarah admits. "If we're really lucky we get some tomatoes and avocados", she adds, "They can be the size of footballs because the volcanic activity in the area makes the land so fertile."

In fact, Virunga Park contains two active volcanoes, both featured in the recent BBC series, Volcano Live, and the Park's various other volcanoes also acted as backdrop for the movie, "Gorillas in the Mist". Sarah and Cai frequently visit the recent eruption site at Nyamulagira volcano, as well as Nyiragongo volcano which boasts the largest lava lake in the world.

For the last three years of the Park's almost 90-year history, tourism has been a successful new venture for the cashstrapped UNESCO Heritage Site. Sarah's role in the marketing department has fuelled her enthusiasm for Virunga's multifaceted allure, and it's easy to see why.

Adventurous tourists pay \$200 to participate in the challenging five-hour hike to the summit of Nyirangongo volcano for the unforgettable highlight of gazing into the awe-inspiring caldera. For many, it's that once-in-a-lifetime-bucket-list-type experience. But volcanoes form only part of the enormous variation in the Park's 8,000 square km landscape. It actually runs the gamut from snow-capped mountains to jungle, from swamps to savannas and plays host to the greatest bio-diversity of any protected area in the entire continent.

In fact, the Park is uniquely home to three of the Great Apes living within its boundaries (Chimpanzees, Lowland gorillas and Mountain gorillas). There are also okapi (a four-legged mammal related to the giraffe with zebra-striped legs), hippos and elephants, to name just a few of the species living in the wild that tourists come to admire.

Sadly, their attraction is not just for the tourists but also for poachers. To help combat the illegal and highly lucrative black market trade of bush meat, ivory and live baby gorillas, the Park is training Blood Hound dogs to track down the perpetrators.

"You can tell the animals come first at Virunga", says Sarah "the orphan gorillas in the Senkwekwe Centre and the Blood Hounds have a bigger food budget than the staff!" The budget is currently \$5 a day per dog and \$4 a day per gorilla. The Senkwekwe Centre is a sanctuary at the Park's HQ named after the muchloved ranger who helped find gorillas for American zoologist, Dian Fossey, (the researcher played by actress Sigourney Weaver in Gorillas in the Mist).

After the ranger's death, a baby mountain gorilla was named after him and it grew into a magnificent Silverback. Tragically, the gorilla was murdered during the 2007 massacre in retaliation for the Park's crackdown on its illegal charcoal trade. This industry is controlled by rebel groups and estimated to be worth \$35m a year; and represents the biggest threat to the Park. Alternative fuel production as a commercial project is part of Cai's remit as Virunga's director of development. Along with tourism, the plan is to enable the Park to become less reliant upon donations for its survival. It's a cause supported by actor Ben Affleck, who, with his Eastern Congo Initiative charity, is a key proponent of Virunga's alternative "briquette" industry and a keen visitor to the Park.

Unfortunately, Virunga is temporarily closed to tourism until current unrest settles down. The Park has survived numerous conflicts throughout its history, so hopefully this will be the case once again. Sarah says the Congolese are extremely friendly despite living in a country known for its conflict and corruption. "They love to sing and dance and are always up for a party", she says, "I've made some really close friends and this is why I want to help raise funds to support the workers in their current crisis".

She feels strongly for the rangers who risk their lives protecting the Park on a daily basis and was inspired to help by setting up the Facebook pages at www.facebook.com/ JerseyFriendsOfVirunga

It's appropriate that our theme for Gallery is "action" as this is what's needed to help save Virunga's animal inhabitants and its human guardians right now.

If you're able to help in any way, visit www.virungacrisis.org for latest information and on how to donate. And if you're looking for somewhere original for vour next vacation, once it's settled down. you might consider the inspiring Virunga National Park.









WORDS & PHOTOGRAPHS HAYLEY WEBB

FUEL YOUR INNER ADRENALIN JUNKIE OR PAMPER THE PRINCESS INSIDE. COURCHEVAL IN THE SUMMER HAS IT ALL.

I had considered previously, but when a friend offered up a Chalet in the mountains and my staff rates to Geneva, I couldn't miss the opportunity. Having spent hours researching Switzerland and its surrounding areas for work, it was high time I saw it for myself.

I never expected there to be so much to do and, to be honest, associated the idea of the summer in the mountains as something for later on in life. I was so wrong. Everything from paragliding to luxury spas is at your doorstep, all against the most stunning backdrop.

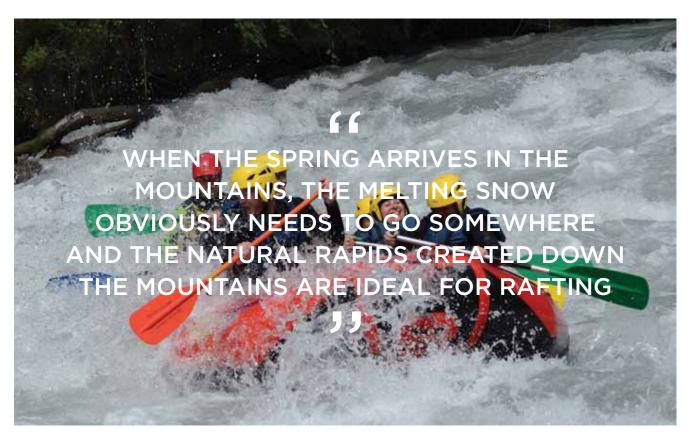
I flew direct from Jersey to Geneva at 11am, hired a car from Geneva airport and got to the mountains in time to sample the wine selection in the afternoon sun. The direct two hour flight saves so much hassle not having to connect through London and the drive past Lake Geneva is stunning. There are so many people cycling along the Lakeside that you feel guilty in a car. It felt just like an episode of Dawson's Creek as everyone chilled by the water, without the sickening scenes from Katie Holmes and Joshua Jackson.

The chalet was in a village called Le Praz. At 1300 metres, it was a short drive up to

↓S | gallery

JERSEY'S STYLE MAGAZINE

JERSEY STYLE MAGAZ





the famous Courcheval 1850. Being just ten minutes away, it was hard to keep away. I have never been in the winter, but it's going to be hard to pick another resort for some winter fun now I've had a taste. Not everything is open in the summer, but I could tell from the abundance of bars and cafés around that it's an impressive party town when the season begins.

I knew that cycling was a big thing in the summer, but no matter how fit I may think I am, the idea of cycling up a mountain did not appeal. On further investigation I learned that you in fact descend rather than climb on the organized tours which was much more acceptable. During the briefing I learned that in France, they not only drive on the other side of the road, but the brakes on the bikes are also the wrong way around. When I told Lorenzo, our instructor, that I wasn't actually aware which was my front and back brake at home he clocked I wasn't a regular peddler.



The experience was amazing – you pick up some speed and there is an element of challenge, plus I actually learned how to mountain bike properly and felt like a seasoned pro by the end of the afternoon. I've never been on a bike for so long and I didn't even notice. I did a beginners course, but there are lots of harder options for those who know their back brake from their front. All bikes can be hired and with the afternoon rolled in it's only about €40.

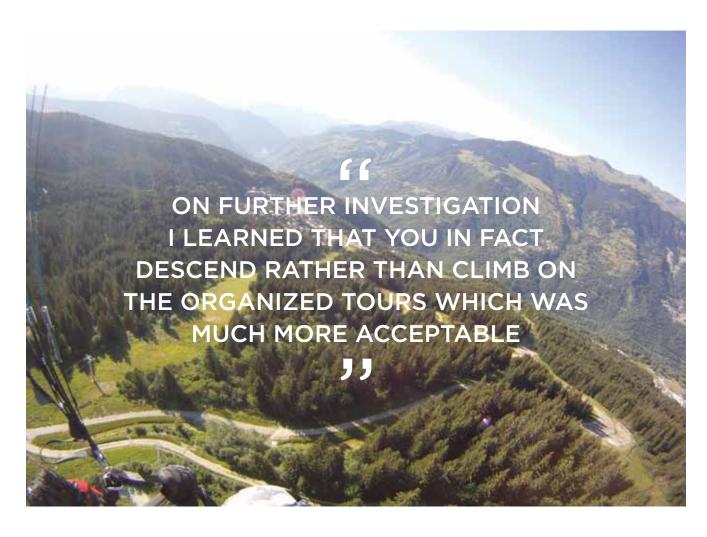
The adrenalin junkie inside me has well and truly woken up so I sign up for white water rafting, horse riding and paragliding to complete the week. A complete beginner at everything, but that didn't matter. Horse riding is a steal at just 20€ for an hours lesson. Keen to get you some good experience, the instructor puts you through your paces so you're trotting and turning within the hour. For those more equine minded, there are tours through the mountains which I can only imagine would



be a welcome difference from the Jersey country lanes.

By far the most mind blowing activity is paragliding. Unlike skydiving or bungee jumping, there is no extreme speed, but this must be the closet thing to flying out there. After driving up the mountain, strapped to a pilot, you basically walk together off the side of the mountain. From 3000 metres, you decend to around 1300m and during that time, the pilot searches for natural thermals in the air to keep you airborne. Being so high certainly gives the best view of the stunning surroundings and you swoop the Vallees like a bird. Paragliding is also available in the winter, you just use skis, still stunning, but I imagine you cannot grasp the expanse, depth or beauty of the mountains when they are covered in snow. But I'm keen to test this theory in the winter. When the spring arrives in the mountains, the melting snow obviously needs to go somewhere and the natural rapids created

BECAUSE QUALITY MATTERS



down the mountains are ideal for rafting. In teams of 5 or 6, you're talked through all the safety necessities before heading in. Rowing together as directed, you find some great currents and it doesn't take long before you're spinning down the rapids. You even head in for a swim to experience the strength of the water first hand. It's a well organised activity with the option of some faster rapids at the end, of which everyone was up for!

A manicure lover by heart, all this exercise had to be balanced out with some aroma inspired activity. Courcheval being the winter playground of choice for the world's rich and famous, I knew I could seek out a fancy spa (or two)! The standard was phenomenal from the service to the

treatments, but what really made it special were the beyond impressive designs. At the 4star Chabichou hotel at Courchevel 1850, the pool was split into sections with varying water temperatures for a multi sensory experience. Cloaked in relaxing lighting and subtle music, it is divine. I chose a 'Carita Supreme Facial' that worked wonders, but the highlight was picking a choice of music – always irritated by panpipes, I went for a relaxing 'lounge' option. Nice touch. The Manili hotel down at 1650m had just opened for the season and was of an equally high standard. The prices for treatments were reasonable too.

Interspersed with Chanel, Luis Vuitton and Hermès shops in the resort, it's clear who the clientele are in the winter. Visiting in the summer, everything is half price and just about affordable for the common man. A fortune can be saved on luxury ski wear, sunglasses and designer shoes. Jimmy Chou, Alexander Mcqueen and Fendi shoes are a steal reduced by at least 50%.

If you love the mountains in the winter, a visit in the summer is a must. With as much, if not more activities available, you're never bored. If relaxation is more your things, the spas could easily keep you entertained with the odd afternoon crêpe and glass of wine over the mountains thrown in as well. A classic French experience in the allure of the mountains, it's one you've got to add to the bucket list.





 Instant access
to a full range of
currencies at your
handy high street
post office

and () commission quaranteed!

Our Broad Street and airport post offices stock over 20 major currencies. There's no need to order, just pop along and pick up your holiday money at a great, commission free rate!

Don't Forget

The airport post office stocks all major currencies too!



FLIGHTS, CAMERA, ACTION!

For a nine-by-five mile island, Jersey has a fair bit to offer in terms of action-packed weekends, but sometimes you've just got to spread your wings and fly if you want a truly different John McClane/James Bond/Johnny English-inspired weekend. Fortunately for Jersey's thrill-seekers, Blue Islands operate direct flights to a number of destinations throughout the UK and Europe, all of which offer all sorts of high-octane weekend breaks. Whether you fancy seeing Somerset from aboard a hot air balloon, leaping atop buildings in London or flying alongside a Spitfire in Cambridgeshire, Blue Islands will get you there.

Here's the low-down on our pick of the best action breaks just a short plane journey away from Jersey.

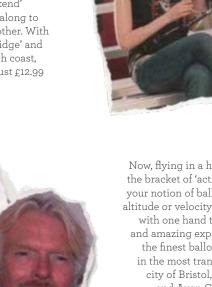
For more information and to book a flight, check out blueislands.com

BOURNEMOUTH PAINTBALLING

Flights from £59

Bournemouth is famed as the South Coast's premier resort, with seven miles of beaches and of course the iconic Bournemouth Pier. With its bustling town centre just a stone's throw from the beach, you can dry yourself down and swap the beach for Bournemouth's wealth of shops, not to mention bustling nightlife and live music scene, in minutes. Obviously though, you're not going there just for the civilized stuff. If you want to do your 'action weekend' properly, you'll want to get yourself and a bunch of pals along to Paintball Bournemouth, and shoot the crap out of each other. With several zones including an 'urban village', 'stockade', 'bridge' and 'castle', it's one of the best paintball facilities on the south coast, and perfect for stag parties, or inappropriate wakes. At just £12.99 per person, it's a snip too.

www.ukpaintball.co.uk_bournemouth.asp



CAMBRIDGE VINTAGE FLIGHTS Flights from £79.50

wara going

This one's pretty darn special and if we received this as a birthday or Christmas present, well, we'd be yours forever, not to put too fine a point on it. Classic Wings in Duxford, Cambridgeshire, offer a number of different 'vintage flying experiences', including flying alongside a Spitfire in a genuine 1930s Dragon Rapide biplane, pilot a 1930s Harvard Warbird, or the chance to enjoy a day out with flying lessons in a Tigermoth followed by driving lessons in a tank. A GODDAMN TANK. You'll be singing to a different tune the next day, guaranteed.

www.classic-wings.co.uk



BRISTOL BALLOONING Flights from £59

Now, flying in a hot air balloon doesn't strictly fall under the bracket of 'action' unless you're Richard Branson and your notion of ballooning involves breaking some sort of altitude or velocity record, on your own, in the Himalayas, with one hand tied behind your back. But, it's a unique and amazing experience and Bristol's famed for offering the finest ballooning trips in Britain. Take to the skies in the most tranquil way imaginable, gliding above the city of Bristol, the famous Clifton Suspension Bridge and Avon Gorge, all with a complimentary glass of champagne. With tickets £240 for two, and flights lasting between two and four hours, it's good value for money, and probably quite good for wooing.

www.bristolballoons.co.uk



GUERNSEY BIVOUAC CAMPING, KAYAK, SNORKELLING Flights from £37

Just like Jersey, our neighbouring Guernsey has some stunning coastal locations, including raw and rugged cliff tops, beautiful beaches and some of the clearest waters in the British Isles. Island Adventures offer a corking day out, with kayaking, snorkelling, coastal walks and bivouac camping all available either as individual activities or as mix-and-match packages. Get in the drink and check out some fish, do a bit of paddling, sleep under the stars, brekkie in the woods, and back home in time for Jeremy Kyle. Bosh.

www.islandadventures.gg

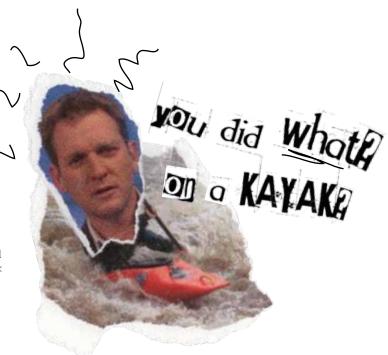


ISLE OF MAN GEOCACHING

Flights from £158

The Isle of Man, famous for its tailless' Manx cats and the TT Motorbike Rally, also happens to be a mecca for enthusiast of a relatively new outdoor activity known as Geocaching. Sort of like a futuristic orienteering, Geocachers participate in a real-life treasure hunting game using GPS devices to navigate a specific set of coordinates, in an attempt to locate containers (known as Geocaches) in various locations. Once the cache has been located the finder signs a book contained inside, returns it to its place for the next hunter to locate, and moves on to the next one. Apparently there are 14,000 caches located in Isle of Man, meaning you could probably spend your entire life Geocaching there, if you have time. If not, a weekend should suffice. Sounds like fun to us!

www.geocaching.com



GENEVA CHAMONIX DAY TRIP Flights from £89

With Blue Islands offering a first class service on board Swiss routes, including a complimentary on-board champagne lunch, you're already off to a flyer (pun not intended) before you've even landed in Geneva. Once you get there, you've got Lake Geneva, two mountain ski resorts, over a thousand restaurants and dozens of museums, galleries and an Opera House, all on your doorstep. After absorbing some culture and indulging in some fine dining, you should be ready for an unforgettable day trip. You'll be crossing the Switzerland-France border, starting off in Geneva and ending up in Chamonix in the French Alps. A 90-minute drive through the stunning Arve Valley via Mont Blanc is followed by a cable car ride to the rocky peak of Aiguile du Midi, where you'll stop and take in the breathtaking views of the French, Swiss and Italian Alps in all their glory. Following a spot of lunch in Charmonix, the tour then continues aboard the red train cars of the century-old Montenvers railway, past a 4 mile wide ancient glacier and home in time for Eastenders. Bosh.



BECAUSE QUALITY MATTERS gallery

LONDON PARKOUR

Flights to London City from £69

Since Spring Heeled Jack allegedly terrorised the capital back in the Victorian days, London has had a rich history of people jumping about from roof to roof. However, the pursuit has been popularised in recent times in France and has now spread worldwide. You've all seen it; nimble-limbed urban gymnasts leaping off ledges and swinging off stair rails, perching perilously above city streets. Parkour Generations in London has become one the UK's leading parkour schools, operating indoor and outdoor classes in several London locations, aimed at all different ages and levels of ability. There's a heck of a lot to see and do in London, but we guarantee a few days of learning parkour will be unlike anything you've experienced.

www.parkourgenerations.com



SOUTHAMPTON INDOOR ALPINE SPORTS Flights from £63

Want to reenact the famous skiing scene from The Spy Who Loved Me? Or the snowboarding bit from Cliffhanger? Or simply hoping to learn the ropes on the slopes before heading off somewhere to do the real thing? The Active Nation Indoor Alpine Snowsports Centre in Southampton offers the chance to do any of these, and more. For the casual skier to the seasoned one or for those just looking to muck around on Ringos, there's plenty of fun to be had there, with three floodlit artificial slopes and draglifts, and corporate parties are very much welcome. They even do combined packages through which you can partake in skiing, snowboarding, sailing and kayaking.

www.activenation.org.uk





MANCHESTER INDOOR SKYDIVING Flights from £49

Ever fancied sky-diving but don't fancy the prospect of your chute not opening? Suffer from a bit of vertigo but curious to know what the rush of diving from 24,000 feet feels like? Well, Airkix might be your answer. Located next door to Manchester's Trafford Centre, the Airkix vertical wind tunnel lets you experience skydiving without ever getting more than 10 feet off the ground. Giving a completely realistic simulation of skydiving conditions, it's even used as practice for the real thing, with divers able to practice how various body shapes and use of limbs (flapping your arms for example) affects flight. You can go in twos as well; how about dressing as Keanu Reeves and Patrick Swayze and reenacting the famous Point Break scene? If that's not a worthwhile way to spend a weekend, we quite frankly don't know what is.



ZURICH UETLIBERG MOUNTAIN HIKE Flights from £89

As previously mentioned, all Swiss routes with Blue Islands come with a complimentary on-board champagne lunch, ensuring you'll be feeling in high spirits by the time you set foot in Zurich, the financial capital of Switzerland. A spot of exploring the city's many museums, galleries, theatres and restaurants, and you should be well-primed for a massive walk, up The Uetliberg, a ridge of hills at around 900m. A large network of trails and public transport mean that your hike can be as demanding as you want to make it, from a gentle hour-long stroll to a full-on 6-hour trek. With stunning views of Lake Turlersee, Alpine peaks in the distance, and the spires and rooftops of Zurich below. A workout and a half, but well worth it for the experience.

www.zuerich.com

54 | gallery JERSEY'S STYLE MAGAZINE

CULTURE

NICOLE et MARTIN AT SAMARES MANOR: THE WHITE TENT

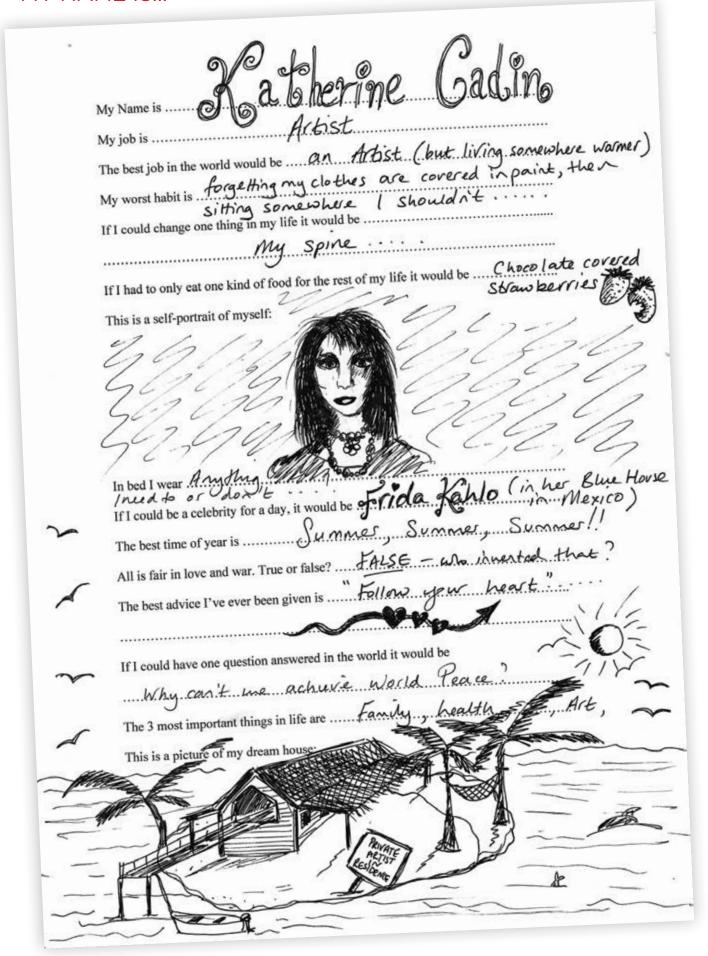
Inside the renowned White Tent, the world of theatre and fairytale comes to life. Ancient folktales take on a new guise with Nicole et Martin's unique story-telling styles. Children and adults alike are taken on a journey, with stories played out through a colourful mix of words, music, song, dance, juggling and acrobatics.

The Musicians of Bremen The Girl Without Hands The Fisherman and His Wife Tuesday 14 August 7pm Wednesday 15 August 7pm Thursday 16 August 7pm

For more information about the performances, and to book tickets, please contact the Box Office: 700444 www.artscentre.je



MY NAME IS...



56 gallery Jersey's style magazine

CULTURE ROUNDUP



CULTURAL ACTION AT DURRELL!

Perfectly in tune with our action theme for this month, Durrell's cultural offering of their Oddsocks annual Shakespearean play is Julius Caesar... The Olympic-themed, toga-tastic play brings British culture and comedy together in a mix of energetic performance and utter hilarity. The most famous political coup in literature is given the summertime Oddsocks treatment with much tearing of togas and swishing of roman swords, all within the grounds of beautiful Durrell.

For anyone who's never heard of Julius Caesar (you're a philistine), picture Rome's creaking coalition under strain, as the nation's sporting games are held to honour Emperor Caesar. The Senators are having a right Roman wrestle with their conscience, Caesar is scarred by the Soothsayer and the plebeians are ripe for revolt... Hurrah!

Suitable for all ages, this open-air production will engage Durrell visitors with a heady mix of Shakespeare, gags, audience participation, live music and lots of rambunctious Roman comedy...

YES, THERE'S MORE...

August sees Durrell at Dusk every Friday up until August 31st, (aside from Friday 3rd August). Durrell will be opening its doors to the public for the ultimate twilight experience...

In that latter part of the day, when the sun sinks into the sea, Durrell becomes another world entirely... Many of the animals are quite active as night begins to linger over Durrell. Calls and songs from lively nocturnal creatures can be heard as you meander around the grounds. The shyer residents of Durrell; the bats, the birds and the earth-bound mammals bring Durrell at Dusk to life... Foraging and interacting, checking out what the Durrell keepers have done to their habitats during the day.

Supper and evening snacks are on offer at Durrell's Firefly restaurant, overlooking the rolling green landscape of the wildlife park, alternatively visitors are welcome to take a picnic and enjoy the summer evening. For every food item bought, show the friendly staff this article and receive a free tea or filter coffee with your food. The park closes, and last orders at Café Firefly are at 8pm – dine until nine!

FOR MORE DETAILS ON THESE EVENTS, OR ANY OTHER DURRELL GOINGS ON, GO TO THEIR FACEBOOK PAGE OR HAVE A GANDER AT THEIR WEBSITE, WWW.DURRELL.ORG/

THE BIG GIG IN THE PARK 2012

WORDS MAYA BARKER (13)

Gallery took a young roving reporter, Maya Barker to this year's Big Gig... Getting down with the kids. Here's how it went...

On the morning of Big Gig I went down to the Gallery office to pick up my press pass – which was my first exciting moment of the day – I couldn't wait to be a roving reporter for Gallery the day! Once I had my press pass I headed straight down to the Big Gig wearing a smile and a brand new outfit my mum got me that morning. My first encounter was with

Before any of the acts came on, a dance group of three boys came on called SFX, they were absolutely amazing. When the dance group finished performing I interviewed them, it was my first interview of the day! The interview went really well – I reckon they'll be the next Diversity!

Kristyna Miles was on stage next and I thought she was brilliant – she wowed everyone with her amazing voice. I went backstage and interviewed her, which
was great. I asked her how she got to
this point in her life and what advice
she'd give to people who want to
become a singer. She gave me her
autograph and on it she wrote
that she really enjoyed talking
to me which made me really
happy and I looked forward
to my next interview!

I also got to meet and chat to the fantastic Lovable Rogues, which was the best! And I got an autograph from Te, the lead singer (he is so gorgeous and signed autographs to lots of my friends too). I was able to get pictures with some of the band and I loved every moment.

At the end of the night I managed to meet Lemar and get a picture with him, he was really kind and lovely to talk to. Even though The Wanted weren't allowing interviews or pictures, it was a shame but it still didn't ruin my night because everything else was so fun. It was a great day and night and I wish I could do it

all over again and I want to thank Gallery and Channel 103 for the chance to go back stage and see everyone and give me my first taste of being a journalist!





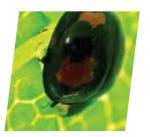
LEMAR & KRISTYNA: TOP INTERVIEWEES - THUMBS UP!

WANTED: TO AVOID GIVING ANY INTERVIEWS TO ANYBODY. POOR SHOW BOYS.



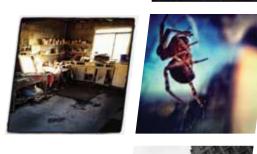
BECAUSE QUALITY MATTERS

















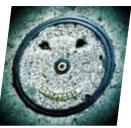














SMARTPHONES AT THE READY FOR THE

GALLERY HASHTAG COMPETITION

Some interesting hashtags to search through include #iseefaces, #lampPost, #rollercoaster and #kimjongil. Just experiment, I promise you'll end up in some weird and beautiful places.



ancy smartphones are good for many things. They collect your email whilst you're asleep, allow you to play Temple Run on the bus and are sometimes quite useful for making phone calls. They're also becoming increasingly versatile as cameras, boasting greater power and versatility than you'd expect from an item seemingly destined to capture the self-portrait duckfaces of cavewomen on Facebook.

When I say powerful I don't mean "powerful exactly like three grand's worth of Nikon DSLR", despite what Apple's sci-fi fantasy ads would have you believe. No matter how many times some git with big headphones and a trendy haircut blathers on about megapixels there's no escaping the fact that the tiny sensor and stunted lens of a phone camera will always look a tad puny compared to a pro photographer's gear. You simply aren't going to take a detailed photo of a hippo's sphincter with a cameraphone and live to tell the tale.

No, the real strength of the smartphone is that it's small, connected to the internet and permanently in your pocket. It excels at shooting, editing and publishing the things you always missed because your regular camera was charging or in the car. They may not be National Geographic quality, but there's a charm and purity to impromptu snapshots that the contrived framing and Photoshop overdose of proam photo bores often struggles to match. It also produces a gigantic amount of photo-rubbish, but there are some nuggets of real talent buried underneath that digital landfill.

INSTAGRAM EARLYBIRD FILTER **MORATORIUM**

My absolute favourite use for my

smartphone camera is Instagram, available for iPhones and Android too, assuming you have a version of Android that allows you to install things without crashing. Unlike some people, I didn't fall in love with Instagram because it makes all your photos look like vintage snapshots because a) it doesn't and b) those people are idiots. Ignore the filters, or better still edit your pics with a better with a slightly more flexible app, and embrace the use of Instagram as a way to share photos with the world.

If you actually do aim to share to share your photos with the world (as opposed to your existing friends who only post pictures of dogs/babies) then the only thing you need to do is master Instagram's hashtag feature. Being able to export to Facebook and Twitter is fine, but Instagram is its own kind of social network. In a (blurry snapshot of a) nutshell, all you need to do is comment below your pictures with a relevant hashtag - perhaps #seagull for a picture of a seagull, or #tosser for a shot of Chris Moyles mocking a beggar. Click on the hashtag to see the other pictures people took of Chris Moyles, or Chris Moyles-related items such as carbuncles or piles of dog vomit, and discover new photographers that you can follow. Moyles, Moyles, Moyles. If I type it enough times I can convince myself I'm typing his obituary.

Some interesting hashtags to search through include #iseefaces, #lampPost, #rollercoaster and #kimjongil. Just experiment, I promise you'll end up in some weird and beautiful places.

SANTA LIVES IN APPLAND

If you want to get people to like/follow you on Instagram, the secret apparently lies somewhere between using the right hashtags and taking decent pictures in the first place. I've explained the first one, and the second is a matter of practice, but it will certainly help if you edit your pictures in a decent photo app first. You can cheat and edit them in Photoshop/Lightroom/ MS Paint on your home computer, but I

feel that's missing the point. Instagram compresses your photos down and forces them to be square, so if you want to share high-res compositions you're better off using Flickr.

For iOs users, I recommend Camera+, Filterstorm and Photoshop touch. Android has Photoshop Express, Vignette and Retro Camera+. Pick one that lets you do a little more than just add the same boring filters as every other Instagram user and you're away. It isn't hard to teach yourself the basics of editing photos, and you'll be surprised how much you can do with some simple adjustments and a bit of cropping. I'm personally not an especially good advert for the power of the phone camera - if you want to see what your expensive pocketwarmer can actually do I'd recommend checking out users like @ macenzo, @miekd, @pketron or @justhanni. If you follow Justin Bieber you've got no one to blame but yourself.

THE GRAND INAUGURAL GALLERY HASHTAG COMPETITION

Here at Gallery we like to keep up with the latest technology, be it posh smartphones, Japanese android ladies or carbon fibre bottom rockets, so next month we'll be devoting the Monthly Upload section of the magazine exclusively to the photos you've taken with Instagram. It doesn't matter what they are, so long as they're legal, tasteful and pretty to look at. They also have to be taken by you, with your phone. No cheating.

TO BE IN WITH A CHANCE, SIMPLY HASHTAG YOUR INSTAGRAM SHOTS

#GALLERYMAGJERSEY

We'll publish as many of the best as we can cram into the September issue, and the winner will be £100 better off. Best of all, you'll be able to check the hashtag every day to see what other Jersey people have been up to. First person to get a shot of themselves being chased by Humphrey the Lion gets a pat on the head.

BECAUSE QUALITY MATTERS gallery

CULTURE VULTURES

Missing a bit of culture in your life? Here's Gallery's cheat sheet on what to see and where to go in July

AC ARTS CENTRE : 700444

OH OPERA HOUSE : 511115

M JERSEY MUSE : FACEBOOK: JERSEYMUSE

FR FORT REGENT : 449 600

1ST-2ND OH

LIBERA CONCERT

If you have never heard the unique, heavenly sound of LIBERA, then prepare yourself for something very special indeed.



The boys who make up the South London based vocal band Libera have been described as "normal" and "ordinary". However, as their recordings and performances demonstrate, the music they produce is anything but. With shimmering, mystical chords and ecstatic harmonies they are unlike any other group you have ever heard. These are truly sounds to lift the soul. Through their involvement in Libera, the boys have travelled the world, recorded movie soundtracks and CDs and served as backing singers to mega-stars. But, as one of the boys said, "The travelling and filming is fun but even if we didn't go anywhere I'd still want to do it because I just love singing."

Libera Concert | Jersey Opera House Tickets: £10 - £35

3-4TH III BUSTING WITH APPEAL

Ok this show isn't just about tease and titillation; why, there's also a magician, a juggler, singers and even an Elvis



impersonator... Visualise sexy variety show

and you'll get the vibe with this growing retro entertainment. Grab your nipple tassels and book!

The Burlesque Show | Jersey Opera House Tickets: £18-£2

6TH-31ST

DISCOVER HAMPTONNE

6th - 10th, 10am to 4pm: Enjoy a magical day in Hamptonne's beautiful sensory garden making tiny flower fairies, pixies and elves. Follow a



wildflower trail around the meadow and fill in your wildflower spotter's guide, learning all about the Island's floral species as you go. 13th - 17th, 10am to 4pm: Visit the hugely entertaining piglets at Hamptonne and make some piglet inspired crafts. Follow the chicken and egg trail through the orchard and relax in the meadow listening to farmyard tales during Storytime.

20th - 24th, 10am to 4pm: Prepare to get dirty knees this week at Hamptonne as you explore for good bugs and bad bugs. Find out what jobs insects do at the farm. Play the compost game and make bird feeders and insect hotels to take home for your gardens.

27th - 31st, 10 am to 4pm: Enjoy a busy day cooking with the Goodwyfe and then gardening, potting up herbs to take away for your own cooking at home. Make a Vegetable Superhero, play the five-a-day game and test your knowledge in the Vegetable Challenge.

Discovery Weeks at Hamptonne | Hamptonne

BROADLY SINGING

You'll have the time of your life at this feel-good family summer show. Hit the theatre straight from the Battle of Flowers parade and boogie



your behind off to all the big Broadway hits.

Back to Broadway | Jersey Opera House
Tickets: £15-23

13TH-18TH

FLATLEY FABULOUS FOOTWORK

Well Michael isn't toeing the line dance in this show but this international smash hit has been seen by more than 25 million



folk worldwide and continuous to sell out. The foot-stomping spectacular has won nine Global Awards so be prepared for more than an Irish jig.

Spirit of the Dance | Jersey Opera House Tickets: £14 - £25

2ND - 4TH

M DEAR EDWINA

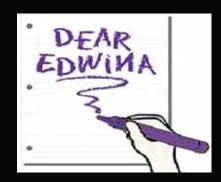
Presented by STOMP!, the book and lyrics by Marcy Heisler and music by Zina Goldrich, this performance is set to blow you away.

Prepare to be enchanted by the story of thirteen year old Edwina Spoonapple who would do just about anything to be a part of the Kalamazoo Advice-apalooza Festival. Then, when a talent scout from the convention visits her hometown she trots out her musical advice, giving shows live from the family garage, in hopes of finding her

place in the spotlight. She is assisted by her older siblings and a host of quirky friends and neighbours. Together they set out to tackle the world's problems, in number after hysterical number, about everything from birthday party etiquette to the proper way to set a table.

The performances will take place at 7 p.m. on Thursday 2nd August and Friday 3rd August, and at 2.30p.m. and 7p.m. on Saturday 4th August. Tickets can be purchased online at artscentre.je/event/dear-edwina/or by calling the box office on 01534 7004444. Ticket prices range

from £5-£10 and a special family package is on offer (2 adults, 2 children) at£20.



14TH AC THE MUSICIANS OF

Inside the renowned White Tent, the world

of theatre and fairvtale comes to life. Ancient folktales take on a new quise with Nicole et

BREMEN



Martin's unique story-telling style. Stories are played out with a colourful mix of words, music, song, dance, juggling and acrobatics. A donkey, a dog, a cat and a rooster are old and tired and no longer fulfil their master's expectations. A tragic end seems unavoidable. So the four animals decide to escape. They set off for Bremen, where they intend to start a new life as town musicians. But on the path through the forest they discover a robbers' hideout...

The Musicians of Bremen | Samarès Manor Members - adults £10.20 Members - students £6.80 Non-members £12 | Non-members £8 Special Members Offer: 2 for 1 tickets for Tuesday 14th only

15TH AC THE GIRL WITHOUT **HANDS**

A poor Miller meets a stranger in the forest who makes him the following proposition: "Give me only what's



behind your Mill and I will make you rich, very rich." There isn't anything behind my Mill, thinks the Miller, apart from an old apple tree. He accepts the terms. But oh, he should not have. Behind his Mill his daughter had been sweeping. The pact with the devil signed and sealed, the fate will fall on the Girl. How will she manage to escape

The Girl Without Hands | Samarès Manor Members adults £10.20 | Members students £6.80 Non-members £12 | Non-members £8

16TH THE FISHERMAN AND HIS WIFE

The fisherman sits and waits for a fish to bite. To his amazement the fish that he catches is an enchanted



one: one that grants the fisherman and his wife many many wishes. What their wishes are you will find out from the fisherman's repeated, and repeated trips to the sea! Nicole and Martin conjure up the entire play out of a wooden box: the ocean, the long table in the castle, the king's finery and even the Pope's huge mitre.

The Fisherman And his Wife| Samarès Manor Members adults £10.20 | Members students £6.80 Non-members £12 | Non-members £8

24TH

DANCE WORLD CUP **SHOWCASE**

Prepare to be amazed by the Dance World Cup 2012 Summer School Students as they perform sensational



routines guaranteed to wow you. This evening will even include some special quest performances.

Adults£10 | Students£5

25TH FR **ROY CHUBBY BROWN**

The King of controversial comedy finally returns to Jersev with his trademark patchwork suit, he



will surprise, amuse and astonish audiences. He is outrageous, controversial but always funny. Guaranteed to make your toes curl, your eyebrows raise and put hairs on your chest his shows sell out faster than ice cream in a heatwave, but come with the warning - if easily offended please stay at home.

Roy Chubby Brown Live | Fort Regent Tickets: £25



The Burlesque Show Friday 3rd & Saturday 4th August, 8pm award-winning performances will Tickets: £18-£23

Back to Broadway Thursday 9th-

Saturday 11th August, 8pm

Small town girl dreams of becoming Broadway star. Mix it up with all your favourite West-end sing-alongs from Les Mis. Chicago, Marrima Mia und Dirty Doncing and you'll be

Tickets: £15-£23



Spirit of the Dance

Monday 13th - Saturday 18th August

this isn't your typical award-winning show Latino rhythms. You'll

Tickets: £14-£25

La Traviata on Sydney Bridge

Wednesday 22nd August, 8pm ENCORE SCREENING

It's one of the most famous and captivating operas of

Tickets: £15, £12.50

Heaven 17

Friday 24th - Saturday 25th August

Feel temptation rippling through your veins at the thought of this 80s revival? Original band members

Tickets: £25-£35

For more details and bookings call (01534) 511115 or go to www.jerseyoperahouse.co.uk



incebook.com/jerseyoperahouse



BECAUSE QUALITY MATTERS gallery

THE MONTHLY UPLOAD

Want to win £100? Email your photos (around 4MB) with the subject 'upload' to upload@gallerymagazine.co.uk before the deadline of 15th June and you'll be in with a chance.

Next month's Upload is themed 'Hot', so set your cameras on fire with some 'Hot' themed photographs this month! We'll be showing the winner in July's Monthly Upload.

















































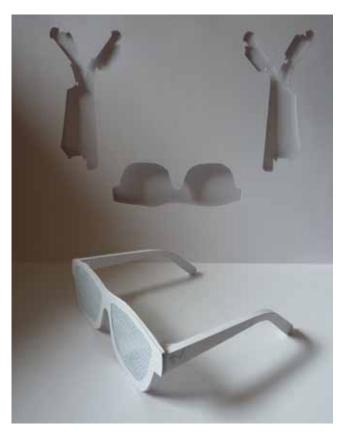
A **CUT** ABOVE THE REST

Jonathan Videgrain is a local artist who is currently studying Fine Art at Leeds College of Art. It's there where Jonathan is exploring conceptual jewellery design, but for the last two years he has also been working extensively with paper and ceramics. His ceramic pieces – a collection of surreal broken cups – were shortlisted for the Gallery Student Art Awards 2011 and exhibited in Jersey Arts Centre last August. This year, Jonathan is having a solo exhibition of paper works – aptly named 'A4'.

The exhibition explores the relationship between 2D and 3D practice, and puts emphasis on the recent resurgence of 'arts and craft' and sentiment in contemporary art. On display will be intricate paper cuttings, paper sculptures and paper fashion, all drawn and cut by hand. Also on display will be Jonathan's submission for The Gallery Magazine Papier Mashup Competition – a chandelier made from 156 Gallery Magazines – and collaborative paper cuttings with poet Juliette Hart.

'A4' opens on 8th August at 6pm at Sir John Cheshire Gallery (next to St Thomas' Church) and runs until the 12th August, before moving to The Bar Gallery downstairs at The Arts Centre until the 20th August. 3D and larger pieces will only be on display on the opening night due to their fragility.

WWW.JONATHANVIDEGRAIN.CO.UK



CALLING all MUSICIANS

THE **BEDELL** CREATIVE ARTS PROGRAMME IS OPENING FOR ENTRIES

The Bedell Creative Arts Programme, in association with the One Foundation, is a partnership project with Jersey Arts Trust, Jersey Opera House and Jersey Academy of Music which is seeking people who create their own original work and helping them develop their craft.

They're inviting musicians to send in their original music of ANY genre for consideration to be developed with professional guidance before being showcased at a concert in September 2013 at the Jersey Opera House.

Whether you consider yourself a classical composer, parttime songwriter, or if you create electronic music - as long as it is original and it's yours they want you to take part in this project.

Once all applications have been submitted, 6 local musicians will be selected to take part in their mentoring programme to build towards a showcase concert in September 2013 which will feature the music of the chosen artists. The work will be selected by their expert tutors who will judge on the compositional merit of the work, rather than the performance or production quality of the submission.

FOR MORE INFORMATION ON HOW TO GET HOLD OF AN ENTRY FORM PLEASE EMAIL: RUSSELL@ARTS.JE

OPEN ACCESS MUSIC WRITING WORKSHOP

On Saturday 15th September 2012 they'll also be hosting an open access music writing workshop offering you the opportunity to; work with our professional tutors Joe Cutler (Head of Composition, Birmingham Conservatoire) and Sid Peacock (renowned composer and producer) to develop valuable writing skills, exchange ideas and your experience with other local musicians and discover ways to develop your unique sound, or even techniques to take your music in a new direction

All are welcome regardless of age, style, experience or musical background.

TO BOOK A PLACE CONTACT: RUSSELL@ARTS.JE OR CALL: 01534 617521

Workshop fees are £15 (£10 for concessions) payable in advance by cash or cheque to Jersey Arts Trust.

Bedell



arDelta | gallery JERSEY'S STYLE MAGAZINE

FASHION

BRAND NEWS

WHAT IS NEW AND EXCITING THIS MONTH...

ANNOUNCING MARC2 EXCLUSIVE MEN'S RANGE



Marc2 Exclusive Shoes is proud to announce the rebirth of their exclusive men's range. Opening on 1st September the completely self contained department will please men from all walks of life.

With all his possible footwear needs covered – ranges span from urban casual, to office, adventure and wellness – with style and extreme comfort brands Panama Jack, Mephisto, Josef Seibel and Calplierre. "I am particularly excited about the Calpierre range," says owner Michelle O'Connell. "Unlike other popular brands it's hand made with softer Italian leathers which means you get a softer walk with no breaking in required."

A small boutique gracing St Helier, owner Michelle O'Connell and her devoted team offer their loyal customers a highly personal and attentive service that even reaches distant shores. With the high quality personal service you can only expect from a truly independent retailer, Marc 2 leads the way in the Channel Islands. When seeking your next unique purchase make sure you pay them a visit.

THESE BOOTS WERE MADE FOR **WALKING....**

Pebble have a fab new shoe brand in called Feud, which flew off the shelves earlier in the year. They are designed and made in Britain. They look great over skinny jeans and are perfectly practical for wet Autumn weather. Their new autumn/winter stock will be in store mid August so make sure you check them out before they walk off the shelves.

FEUD BOOTS ARE AVAILABLE FROM PEBBLE BOUTIQUE





∣ SPY....

We've been seeing a lot of caramels, camels and nudes on the A/W catwalks, get your staple winter jumper now to be ahead of the trend. This gorgeous sequin jumper is £50 now in store at Pebble, stunning with jeans.



BAG LADY

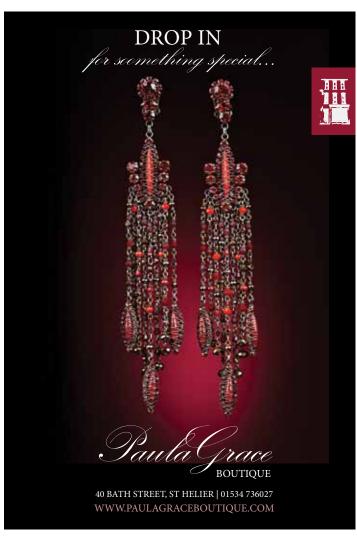
If you're sitting at your desk and fancy doing something that'll make you wish you were a millionairess then log on to www.mulberry.com and try not to drool at their increible new season offerings!

NEW BRAND ALERT!

Tutti & Co was launched in 2004, the founder Kate Rose combined her experience in the fashion industry with a young and individual approach to create an original and unique brand of cool, casual everyday jewellery.

Their new pieces, which have just arrived in store at Pebble Boutique, are striking and unique. These wonderful bangles and rings would make great signature items that you can wear time and time again. They also make fab gifts!









BANG ON TREND

WHO TO ENVY, WHAT TO WEAR AND THE NEW SEASON TRENDS TO COVET

AUTUMN OFFERINGS

Since summer was a write off we've been eagerly awaiting the new autumn/winter clothing to hit the shelves, and after getting a sneak peek at the new Marccain collection it has been worth the wait.

Chic, elegant and smart daywear is opitomised in the new Marccain range with some particularly amazing items in their Vanilla Sky and Checkie O collections.

The Vanilla Sky range is a stylish homage to the 50s. We are seeing sophisticated materials such as silk satin and crepe meet rough knits and ultra light fake fur in soft powder and cream shades. New types of jerseys are characterised by soft snugness and a futuristic fur look. They are casual,

luxurious and super cosy and now on the shelves ready for you to snap up.

The fabulous Checkie O declares the rediscovery of boxy shapes from the swinging sixties. Plain dresses and new suit shapes – sovereign, smart and absolutely ladylike are all in again. A modern statement makes fleecy angora knit of the pullover, jackets and twinsets into the new it pieces. Geometric dots and large-scale flower prints loosen up black surfaces. Crisp biker jackets remain a must and are a cool contrast to the classic lady style.

So that is the Winter wardrobe taken care of then!





LAUREN CONRAD

For many of us she has been a staple of bad-yet-addictive 'reality' American television. Growing up in front of us as each new season comes out. More recently she has written three books, got herself two fashion lines and runs a beauty website! We love her effortless, pretty-girl style. Leading every trend Miss LC we

salute you!



DOWER & HALL

Regular visitors to London will recognise this new brand available at Rivoli Jewellers. Dower & Hall bring traditional, British designs bang up to date with clean lines, unusual textures and a smattering of sparkle. The handcrafted Orchid Collection was inspired by a visit to the quintessentially British Chelsea Flower Show.

AVAILABLE AT RIVOLI NOW



These three show stopping summer dresses are enough to take you from beach to bar mitzvah and everything in between. The tie-dye number is fun and flirty. Its sumptuous colours and boho pattern scream summer fun (£28.00). Second up, we fell in love with this pure silk dress which hangs beautifully from the bust (£275.00). Lastly, this maxi is perfect for that extravagant Gatsby-style garden party we are all hoping to be invited to! The clever strap detailing is elegant and keeps the conservative look youthful (£74.00).

PSST: THE ECLECTIC SUMMER SALE STARTS ON AUGUST 4TH!







68 gallery JERSEY'S STYLE MAGAZINE

Sweet Rea and Willow 4/6 Hilgrove Street, St. Helier

"From Alexander McQueen to Zac Posen

Sweet Pea and Willow is bulg**ing** with wonderful vintage and designer fashion for far less than the original price.

From cocktail and evening dresses, day dresses and office suits to casual wear, shoes, bags and accessories.

We will provide you with a whole new shopping experience.

Our ever changing callection means that you can enjoy affordable individuality all year round.

For more information please contact:

01534 619191

Open Monday - Friday 11:00 - 3:00



A stunning new salon situated in the recently renovated St Brelade's Bay Hotel.

We offer a wide range of treatments from essential beauty maintenance to more indulgent body treatments and packages.

Pamper yourself with our professional team in luxurious surroundings.

Open 7 days a week: Mon - Thurs gam - 8pm Fri - Sun gam - 6pm



T: 01534 639393 E: beauty@bellezzajersey.com



MARC

EXCLUSIVE SHOES AND ACCESSORIES

19 Bath Street St Helier Jersey JE2 45T Telephone 870 761





MODEL **GEORGIE**HAIR & MAKE UP **EMMA LONG**STYLING & PHOTOGRAPHY **DANNY EVANS**

white converse trainers **£45** ROULETTE selected femme grey dress **£45** PEBBLE pink jumper **£39** ESPRIT





so charlotte white shorts £19 PEBBLE velvet pink top £40 MANNA oxmo white top £22 PEBBLE white converse trainers £45 ROULETTE





hoss green silk trousers £154 MANNA patrizia pepe white baggy t-shirt £90 MANNA soaked in luxury pink and white scarf £25 PEBBLE hershel red back pack £55 TIB STREET red converse trainers £45 ROULETTE



red converse trainers **£45** ROULETTE grey sweat pants **£175** MARC CAIN carhartt red t-shirt **£24.99** TIB STREET DC red jacket **£49.99** TIB STREET



white shorts £29 ESPRIT soaked in luxury pink and white scarf used as belt £25 PEBBLE blue converse trainers £45 ROULETTE blue and white jumper £39 ESPRIT



ESPRIT

23 KING STREET · ST. HELIER · JE2 4WF · JERSEY

PLANES, SHIPPING LANES & AUTOMOBILES.





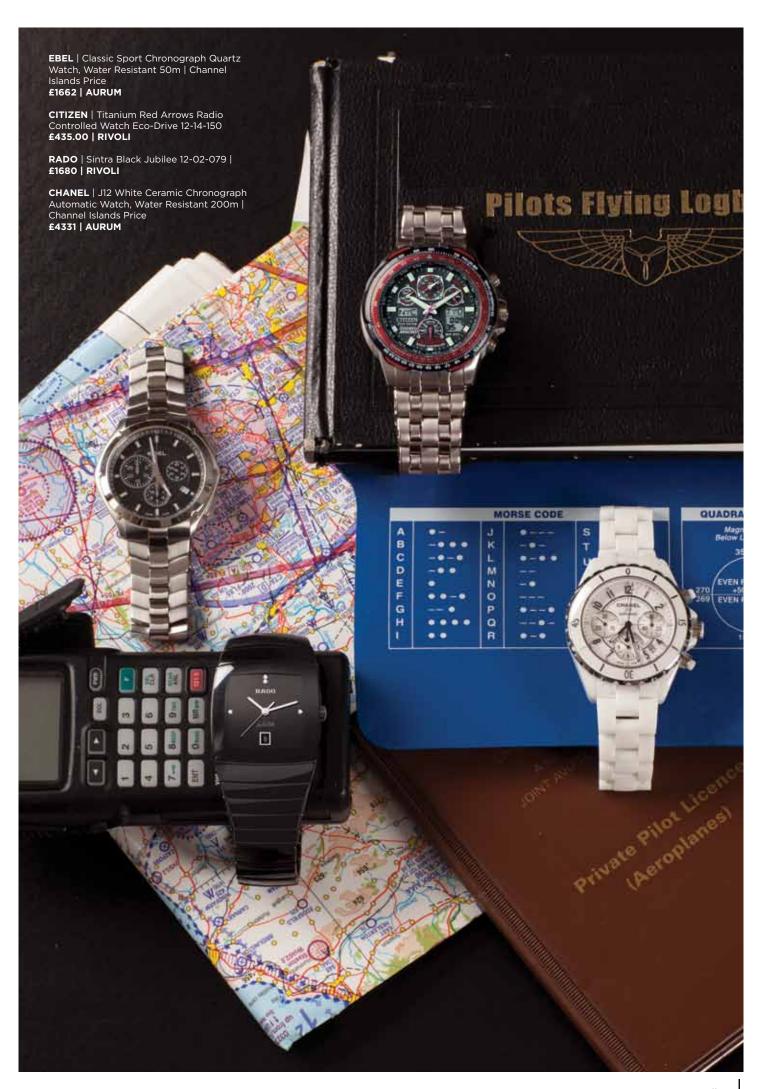
T.W. STEEL | David Coulthard Limited Edition (Itd to 492 pieces) Automatic Watch 12-42-050 | £869.95 | RIVOLI

CHANEL | J12 Marine Black Ceramic & Rubber Strap Automatic Watch, Water Resistant 300m | Channel Islands Price £2910 | AURUM LUMINOX | Diver's Watch Certified 500m W/R Automatic 12-43-002 | £1295.00 | RIVOLI

CHANEL | J12 Superleggera Black Ceramic, Aluminium And Rubber Strap Chronograph Automatic Watch, Water Resistant 200m | Channel Islands Price £3828 | AURUM MAURICE LACROIX | Pontos Chronographe Titanium | £2410 | E.J.GALLICHAN & CO. LTD.

TISSOT | Limited Edition Moto GP Watch Quartz 12-04-308 | £464.00 | RIVOLI





Style**Stalker**

We sent our Style Stalker out into the streets of St Helier, camera in hand, to find some fashionable folk who are ahead of the trends and working their own style.



Jess. 22, Events Assistant

'They're all pieces given to me by my sister, and I wanted a grungy yet girly outfit to go with my Topshop boots'

Style Stalker: 'Jess keeps her military jumper pretty with the patterned skirt, and the studded bag is bang on trend! Studs are going to be huge this season!'



Craig. 18, Student 'I like bears'

(his NFL jacket has a bear on the back)

Style Stalker: 'Pulling off the double denim look perfectly here and adding a 90's twist with his jacket! Expect to see a lot more gents sporting this 20s hair style very soon!' [A massive afro? Isn't that more 70s? - R]



Phil. 25, Warehouse Supervisor
"I like the colour purple'

Style Stalker: 'S/S for men is all about colour and this is how to work the trend for daytime. The camel compliments the purple well and keeps the look smart by breaking up the colours in the shirt and chinos.'



Tharindu. 20, Student

'They were the only clean things I had'

Style Stalker: 'Aztec prints are still very big and Tharindu keeps it simple and classic with this look! Keep your eyes peeled for more prints this season, from dots to Hawaiian – everything goes!'



Jo. 27, Marketing Executive

'It's a great summer dress for work'

Style Stalker: 'The simple and feminine polka dot pattern is perfect summer print and teaming with nude accessories won't distract from the dress!'



Carmel. 21+, Store Manager

'I have to wear Top Shop for work and it's comfortable'

Style Stalker: 'If you're not ready for an all over denim on denim look, wearing a shirt over a basic colour vest with jeans will easy you in and is really comfortable day wear'

97 | gallery JERSEY'S STYLE MAGAZINE

HEALTH&BEAUTY

World's finest invisible hearing aid... built to perfection...

Lyric, the contact lens for your ear, is the world's finest invisible hearing aid when worn. Fitting snugly and comfortably beyond the second bend of your ear canal and using the ear's natural acoustics for natural sound quality, Lyric is a completely new concept in hearing help and compensates for your individual hearing loss. Everything works automatically. No controls to worry about, no need to keep adjusting the settings. You can start enjoying life again.

Find out whether Lyric is suitable for you - phone 866477 / 725321

The Hearing Healthcare Centre @ LittleGrove Clinic, Rue de Haut, St Lawrence



BEAUTY NEWS



YSL

Their new A/W makeup collection is to die for. It has a contempory amazon feel with wonderful unusual greens, teals and silvers which will look brilliant on both blondes and brunettes. There also a lovely little rocking red lipstick which radiates elegance. The new range is all wrapped up in stuning collectable packaging which will look fantasitc in your make up bag. This collection is one to covet!



We've also just fallen in love with their new Le Teint Touche Éclat Foundation that targets shadowy areas and highlights the contours of the face; making the most of your cheekbones! It's new unique formula doesn't contain powders or fillers so it wont sit harshly on top of the skin. Its perfecting texture evens the complexion and helps conceal your imperfections.



MOLE CLINIC

Moles can be beautiful, unique and even launch careers, however they can also be dangerous, so if you are at all worried about any of your moles The Donna Annand Melanoma Charity would like to welcome you to their Drop In Mole Clinic Sunday 12th August 10am - 3pm at Le Braye Beach, St Ouen.

There is no appointment necessary and no charge.

Dr Muhlemann and his team from the dermatology department, together with some local doctors will be on hand to examine your moles and lesions as well as offering advice and reassurance.

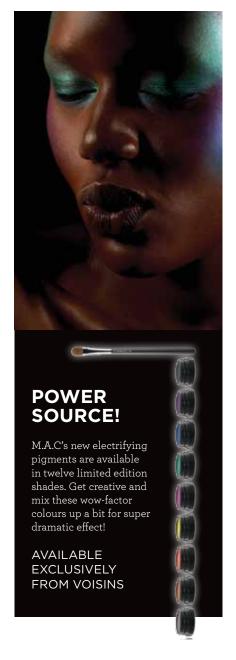


SUMMER LOVING

Make your morning shower ritual an experience with this luxury body wash and body cream. They smell divine and will make dragging yourself out of bed that little bit easier. REN products are free from synthetic fragrance and colours as well as parabens and sulfate detergents; making them great for your skin and also good for the environment.

REN PRODUCTS ARE AVAILABLE FROM VOISINS AND LEADERS.





 $Q_{\mathcal{A}}$ | gallery JERSEY'S STYLE MAGAZINE



WORDS DR JOANNA KUMPIN

PREVENTION IS BETTER THAN THE CURE!

Preventive dentistry is the key to longterm good oral health as it helps to keep teeth and gums in a good shape, which means less dental treatment.

The two main causes of tooth loss are decay and gum disease. A checkup and a thorough clean every six months, along with, fluoride applications to strengthen enamel, sealants to prevent teeth from developing decays, and x-rays to detect silent infections, are essential for good dental health. Regular home oral hygiene and a balanced diet also play an integral part in preventing dental problems and will help to maintain a beautiful smile.

Medical research has shown that oral infections; especially periodontitis (gum disease) are linked to many diseases such as heart disease, bacterial pneumonia, diabetes and low birth weight or premature delivery. Regular dental examination can also play an important role in detecting early stages of oral cancer. Pregnant women should also attend regular visits as hormonal changes experienced during pregnancy may trigger gum disease.

Preventive dentistry is excellent for children and young people but it is never too late to start. It is very important to start your visits at an early age and develop good habits so you can feel the positive benefits for a lifetime.

Brush and floss twice daily, retain a balanced diet and attend regular dental visits. That's all it takes to show your healthy smile.

The Dental Spa 11 David Place St.Helier JE2 4TD

Tel: 759599

www.thedentalspa.uk.cominfo@thedentalspa.uk.com





NAILED IT

NAIL VARNISHES ARE HAVING A BIT OF A RENAISSANCE AT THE MOMENT WITH THE FUN FAD FOR NAIL ART. SO WE THOUGHT WE WOULD ROUND UP SOME OF OUR FAVOURITE SUMMER COLOURS. FOR WILD NAIL ART INSIPRATION CHECK OUT *WAH-NAILS.COM*



NAIL VARNISH: M.A.C £10.00 EXCLUSIVE TO VOISINS, ZOYA £9.50, ESSIE £8.95 FROM THE ROYAL YACHT SPA SIRENE, ESTEE LAUDER £14.50, 2TRUE £1.99, MODELS OWN £5.00

VENUS - THE GODDESS OF BEAUTY

The Venus Swan treatment has been setting tongues wagging in the beauty industry because of its brilliant results. This wonder machine has been setting a new standard in the aesthetic world, delivering excellent anti-ageing without pain. We've been seeing it time and time again in Vogue and our other favourite magazines, as well as being recommended by some of the most beautiful women in the world, so we wanted to know more...

There are two major biological factors which will make your skin looked aged. The first is as you get older you have a natural reduction in the number of capillary loops that mean your skin's micro-circulation system will not work as well, resulting in a lack of oxygen and nutrients reaching your skin. The second is your skin's depletion of fibroblasts, which are responsible for your collagen and elastin production.

The Venus Swan patented technology in clinically proven to help both of these problems. its Pulse Magnetic Fields increase the growth hormone responsible for minute blood vessel production and it also increases collagen and elastin synthesis by causing controlled thermal damage in the dermis which re-awakens the self repair mechanisms of your skin tissue.



THE RELAXING TREATMENT TAKES UNDER AN HOUR, AND RESULTS ARE INSTANT. TO FIND OUT MORE INFORMATION CALL *THALIA JONES* AT *ELLIPSE COSMETIC SKIN CLINIC* ON *722001.*

86 | gallery JERSEY'S STYLE MAGAZINE

your future is written all over your face.

How you care for your skin today has a lot to do with what it'll look like in several years. As Dermalogica skin care therapists, we are expertly trained to restore your skin to its optimum health, ensuring that it will look its best. Our innovative techniques and cuttingedge formulation deliver maximum results in a minimum of time... and for years to come.

Visit us today for product samples perfect for your skin

55 HALKETT PLACE TEL 734458





Deborah Forsythe RNRM BSc | Mary O'Keeffe-Burgher M.A.,dip. (hyg) Edin

Feel Confident, Feel Fabulous The Cosmetic Dental Group just got better...

Wrinkle relaxing injectables • Dermal Fillers correcting lack of volume

- · Sculptra · Dermaroller acne scars, wrinkles and more
- Facial Peels pigmentation correction Lustre for acne
- Semi Permanent Makeup Medical treatment for excessive perspiration

Easy payment Options including FACEplan®

For exclusive introductory offer log onto... www.jerseysmiles.co.uk or call 01534 731680





9 David Place, St. Helier, JE2 4TD | Tel: 01534 731680 www.jerseysmiles.co.uk | info@jerseysmiles.co.uk



VARICOSE VEINS!

VARICOSE VEINS - AN UPDATE ON THE LATEST TREATMENTS BY MR SUDIP RAY, CONSULTANT VASCULAR SURGEON

Varicose veins are one of the most common circulation disorders and are found in around 20% of the Western population.

Although they may simply be of cosmetic concern, they can often produce quite disabling symptoms such as throbbing, aching and itching. If severe and untreated they can even result in skin pigmentation, eczema and ulceration.

For more than 50 years the usual surgical treatment for varicose veins was an operation called 'stripping', where the main faulty (saphenous) vein in the leg was removed under general anaesthetic. Severe bruising and pain often followed, and recovery could take weeks. Fortunately the last 10 years have seen the development of a variety of successful 'keyhole' treatments, which can be performed under local anaesthetic with discharge home a few minutes later, and provide similar and often better outcomes than surgical stripping.

RADIOFREQUENCY ABLATION (VNUS PROCEDURE)

This was one of the first keyhole procedures to be performed, and around a million patients have been successfully treated with it. The saphenous vein is heated by a catheter to 120 degrees centigrade by high-frequency ultrasound, which destroys the lining and thereby closes the vein in more than 95% of cases. Local anaesthetic needs to be injected around the vein, which can be a little uncomfortable for a minute or two. The procedure is performed through a 2mm puncture under ultrasound control and takes around 15 minutes. Any bulging varicose veins can then be removed through tiny incisions.

LASER ABLATION (EVLA)

Lasers are used to treat a variety of medical conditions, from corneal reshaping to cancer destruction. In the EVLA procedure a laser fibre is inserted into the saphenous vein that heats the blood inside to several hundred degrees centigrade. This produces a steam bubble that destroys and closes the vein. Again, local anaesthetic injections are required but, because of the intense energy production, the pain and bruising afterwards is slightly greater when compared with VNUS.

SCLEROTHERAPY

It is possible to obliterate veins by simply injecting a chemical solution called a sclerosant, which irritates the lining of the vein to make it swell and start closing. A compression stocking is then required for at least a week to aid full closure. If the veins are large it may be necessary to repeat the injections a few weeks later. Adding air to the solution (foam) may improve the results, but occasionally brings on headaches or temporary visual disturbance. Also, as the veins close there may be inflammation, which discolours or stains the skin, so one has to be careful using sclerotherapy in patients with paler complexions.



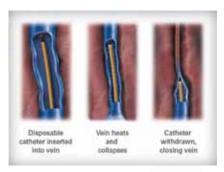
Tissue glues are often used to close small skin incisions or lacerations, but a recent product by Sapheon seems to close abnormal veins too. Under ultrasound control the bioadhesive glue is introduced into the abnormal vein and seals it within 30 days. No local anaesthetic injections are needed and patients do not require stockings afterwards, so this is probably the most patient-friendly of the keyhole procedures. However, this is a recent innovation so we cannot yet be sure how long the results will last.

MR SUDIP RAY MA (OXON), MS, FRCS IS A CONSULTANT VASCULAR SURGEON IN LONDON AND HAS REGULAR CLINICS IN JERSEY & GUERNSEY

FOR FURTHER INFORMATION REGARDING THE MANAGEMENT OF VARICOSE OR THREAD VEINS PLEASE CONTACT HIS TEAM AT *THE SURGICAL SUITE* IN JERSEY *01534 625000,* OR VISIT *WWW.JERSEYVEINCLINIC.CO.UK*



BIOADHESIVE GLUE



RADIOFREQUENCY ABLATION



APPETITE



SUPERMARKETS | MARKETS | FARM SHOPS | RESTAURANTS | RETAILERS

Eating in. Eating out.

Whether it's reared, grown, caught or made in Jersey, Genuine Jersey is the guarantee of local provenance. In a nutshell, the Mark allows you to make an informed choice to support the local economy, embrace seasonality and reduce your carbon footprint. www.genuinejersey.com



Look for the Mark before you buy AFTER 6 MONTHS OF GALLERY HQ BEING IN THE HEART OF ST HELIER WE DECIDED TO LOOK CLOSER TO OUR (NEW) HOME THIS MONTH. THE RESULT IS THE FIRST IN A SERIES OF REVIEWS OF WHAT LES MASURIER REFER TO AS THE 'NORTHERN QUARTER' OF ST HELIER. OTHERS REFER TO IT AS 'LITTLE PORTUGAL'. WE'RE STILL ON THE FENCE. IN ANY CASE IT'S CERTAINLY CHARACTERFUL AROUND MINDEN PLACE AND WE SET OUT TO SEE IF THE LOCAL FOOD OFFERING FITS THE BILL.

IF THERE AREN'T SWORDS... I'M NOT INTERESTED.

hen it comes to the end of the month at Gallery we forego our low GI, Carb free, vegan oriented eating plan that consists of egg white omelettes, green salads and fresh air. Instead we opt for take away food. Late night office dwelling designers and writers are fuelled by Chinese, Thai, Indian, Pizza, a liberal helping of Cadbury's Giant buttons and Spotify.

However, since our recent move to town we've found ourselves in the heart of one of Jersey's many Portuguese enclaves. We'd often wondered why so many people congregate on the streets of Minden Place. Yes, it gets the sun but I'm pretty sure they're not waiting to buy white goods from Euronics or volunteer at the Salvation Army. No my friends, unless you're 'in the know' then chances are you've not been party to the real reason there are 50 people outside come rain or shine; the tiled palace of Portuguese socialisation and eating that is 'Restaurant do Porto'.

This lower Mediteranean gastronomic watering hole and Liga ZON Sagres viewing epicentre is located on Minden Street, which is both a blessing and a curse. It is centrally located to all town dwellers, with plenty of parking in the Fisher Price style, slightly dizzying car park at Minden Place. The street's geography, however, contributes to its use as an inefficiently small racing loop for cosmetically enhanced vehicles of all shapes, sizes and unusual colours. Even when the car park is free in the evenings throngs of them choose on street parking instead, lining the streets of our 'hood with their creations. The reason? they're all inside the 'do Porto', no doubt devouring the incredible espetadas, the only dish we can think of that's served on what is, for all intents and purposes, a sword.

The timing of our last take away order from our Portuguese neighbours coincided with their nation's win against the Czech Republic in the Euros. Fortunately we managed to get our piri piri chicken safely inside Gallery HQ before a riot van blocked the road.



TRADITIONAL ITALIAN MEETS FINDING NEMO AT MINOS

Yes, really. A whole spear's worth of succulent garlic infused seasoned beef and one of tasty spiced chicken, coupled with traditional milho frito and chips to soak up the buttery sauce and a side salad. The hearty, volumous serving comes in four polystrene cases per order. That's a lot of meal, meaning that you can sauce soak and carb load or go full atkins depending on your mood. To be honest, unless you're ravenous, you could probably go 'one between two' and be satisfied.

Unfortunately the take away variant means that you don't get to play the game of 'how fast can I slide my fork down the espetada sword without catapulting my selected meatstuff onto the waiting plate'. That proceedure, reminiscent of the game in which you attempt to move your charged metal hoop around a wire shape without it buzzing, is reserved for eat in guests only. That's probably a good thing. If delivery drivers started having to deliver swords and their holding frames it could get a bit silly and someone, somewhere, would probably lose an eye, or accidentally kill their dog.

Having enjoyed the delights of Restaurant do Porto we began to realise that there are at least 5 restaurants within 100 metres of our building we've never reviewed or heard of; places we walk past every day. We've probably not noticed 'Minos', which sits on a prominant corner opposite RBSI, as their windows are actually covered up to eye level. Make of that what you will. This month we decided to step inside. The style is loosely Italian, partially seafood orientated and heavily wooden, the latter relating to the fixtures and fittings. The decor is a little schizophrenic. The wall of wine, real serving hatch and rather stylish low hanging lampshades look almost like they should be on a Pinterest board entitled 'cool retro Italian', a stark contract to the plastic lobsters arranged crawling up the walls elsewhere.

The staff are more animated than the decor in a way that only staff in traditional restaurants can acheive. A considered service industry attentiveness coupled with a mild nonchalance, a little stoic. As we were shown to our seats the waistcoated waiter, tending to the adjacent table, shakily splashed his silver jug of cream in a perfectly practiced manner in order to create a little moat around a waiting pile of profiteroles. I like profiteroles. Moats of cream I'm less fond of, but you had to appreciate his technique.

9() | gallery JERSEY'S STYLE MAGAZINE

The service was prompt and felt warm and inviting whilst still maintaining an air of established professionality. We started with a couple of trusty Peronis and selected out starters; Deep fried Camembert with cranberry sauce and kiwi and the calamari. The addition of the kiwi on the former was a nice touch. A visionary Camembert accompaniment coupled with the traditional cranberry sauce, complete with real cramberries. Serving sizes were sufficent and plentiful. We'd already opted for the almost subconsious prestarter starter garlic bread. You know the one, the one only remember you ordered when you get the bill and half regret ordering when the breadbasket arrives a few moments after you've said 'yes please' without even thinking. The garlic bread was a little crispy but adequate to crunch with a beer. The basketed bread tasted freshly cooked and got full marks.

We were asked if we'd like wine with our main course, which promptly arrived without any consideration of a wine list. Surprising considering the aforementioned wall of wine. Which I'm guessing it wasn't *all* house red. Possibly our failing was to attend dressed in shorts and flip flops rather than zoot suits and waistcoats as would befit the surroundings. No real complaints though, it was drinkable.

The menu is a stable of eurocentric dishes. In addition to pasta, the mainstay dishes are largely populated by steak or veal dishes with rich, decadent sounding sauces. Despite being in the market for an Espetada my colleague and dining companion took one for team and opted for the fillet steak. Although not on a par with dedicated steak restaurants, it was more than edible and cooked as per his requests, if a little oversauced. The arrival and selection of vegetables, served single handedly with fork and spoon, was welcomed. Perhaps the sauce would have benefited from the same independance. The crunchy, tasty side plate of saute potatoes for sauce soak up certainly helped.

The espetada appeared in sworded glory. The serving was easily enough for two and I didn't manage it all. The beef wasn't as seasoned as others I've tasted which could attract / repel depending on your personal preference. Vegetables and side salad were fresh and tasty. The salad was offered with a 'dash of french dressing'. Of course.

I always feel a little wasteful watching food returned to a kitchen and, athough we were pretty full, the sweet fridge is convenientlt visible from all angles. We had our very own moats poured around some profiteroles, inoffensive and as the manufacturer intended, and a lemon meringue pie, that had possibly sat in the fridge a little while as the base was very sodden. Such is the way with Italian dessserts.

I wasn't rude enough to ask but I've had it on good authority since that neither the waiter or the restarant owner are 'Mino'. I did, however, feel a warmth for them both as we left. The food was acceptable, if a little costly once you rack up the neccesary extras and a couple of glasses of anonymous red. That didn't put us off though, if you glance over the shrowd of Minos in future there's a chance you'll see us in there again.

RESTAURANT DO PORTO 2-3 MINDEN STREET OPEN 7 DAYS PER WEEK, 10:00 AM TO 1:00 AM. LAST FOOD ORDERS: 10:30 PM. TEL: 01534 632969

MINOS RESTAURANT: 66 BATH STREET, JE2 4SU TEL: 01534 737397



A NANCY DELL'OLIO OF A DISH...POSSIBLY A LITTLE OVER-SAUCED

Martin Flageul introduces...

Exporting great Burgundy wines for 50 years...

words | Martin Flageul AIWS, Wine Consultant

To celebrate exporting wines to Jersey for half a century; the head of Maison Louis Latour visited the island in June to host a dinner. Louis-Fabrice Latour took over the running of this family owned business in 1999. Established in 1797 Maison Latour is the oldest family run winegrower/merchant in Burgundy. Here are just a few of the wines available in Jersey:

Montagny, 1er Cru, La Grande Roche, Louis Latour 2010

Bright pale yellow in colour with a floral nose paired with notes of exotic fruits and almonds, quite fat and round with a hint of pepper and a long finish; excellent with many light meat and fish dishes

£13.25 per bottle

Pouilly-Vinzelles, En Paradis, Louis Latour 2009

Pale straw colour with an intense aromatic bouquet of fig and white peach; quite round in the mouth but showing lovely acidity with fresh hazelnuts on the finish; perfect partner to chicken, fish in creamy sauce and also some hard cheeses

£10.75 per bottle

Givry, Louis Latour 2008

Light in colour but very tasty, hints of raspberry and strawberry with soft tannins and a lengthy finish, ideal with Pate, terrine, grills and steaks

£12.25 per bottle

Santenay, Louis Latour 2008

From the most southerly village of Cote de Beaune, Santenay has wonderful aromas of red fruits; it is light and earthy with leather undertones, very well structured with hints of oak giving it the soul of Volnay and the body of Pommard



Victor Hugo Wines. Longueville Road St Saviour Tel 764044

www.victor-hugo-wines.com







PROFILE: MARTIN FLAGEUL

WORDS JOSEPH BAKER

92 | gallery JERSEY'S STYLE MAGAZINE

artin Flageul has sauntered across the vineyards and wineries of a dozen nations, quaffed bottles with its eminent and flamboyant sons, and cherished a miscellany of experience along the way. Last year saw him step down as MD of Victor Hugo Wines, rescinding his role in order to enjoy the good life a little more. I met the man to discover, amongst many other things, just what induced him to this fruitful ferment.

As a young chap of sixteen Martin joined G Orange company, working in the cellars and warehouse during a time when wine was still imported into the island in bulk and bottled locally. Pivotally, during these early days Martin was invited to taste wine. His inchoate appetite was evidently roused and what sprung forth was the seed of an illustrious and enthused career in wine. In the obscurity of these manual operations Martin quickly impressed, and progressed: becoming office manager and general manager until 1973 when the company was sold. He then joined the board and became Managing Director of G Orange. A series of visits to the renowned wine regions of the Loire, Champagne and Bordeaux then set a career in blossom.

To contextualise a little, Martin recalled for me an instance of wine revelation that occurred in his formative years. He was taken to an Italian restaurant in St Helier fifty years ago. His companion ordered a bottle of Saint Emilion to accompany the Jersey Bass that rested so pure upon their plates. Horrified, Martin watched his acquaintance immerse the bottle in iced water, chilling it down. Needless to say it proved an exquisite match - it is now commonplace - and the realm of possibility was for Martin fully glimpsed. I treasure my own, more conventional experience; as a young boy I was proffered foie grois with a glass of Sauternes and a similarly gorgeous sensation abounded; two such seemingly incongruous components in perfect unison, it is an elusive harmony desperately sought and rarely achieved in life. Anyway, such instances do more to explain a passion.

Martin then started the Wine & Spirit Education Trust in Jersey, to put something back to the trade. The likes of Colonel Crosby began lecturing at Highlands and Martin furthered an expansive study into all aspects of wine. He graduated with a diploma in 1980, the same year G Orange was sold to Les Riches despite an expected sale to Ann Street Brewery. Themselves in want of a wine arm, Martin went to see Ian Stevens of Ann Street and joined them. They applied for twenty wine agencies and secured seventeen, including Louis Latour of Burgundy and Laurent Perrier; Victor Hugo Wines was born. Years later and with a hugely successful business behind him, Martin is now learning to enjoy the luxuries of time to himself.

Having learnt the stepladder of his career, I wished to expound from the man the impressions and attitudes, the cherished relics afforded by a life in wine. Martin is a self-confessed Francophile. He explained to me the underlying focus on locality that makes French wine great. Travel to Burgundy and they sell only their wine, as they do in Chablis. He drifts into a brief reverie over the busty, leafy smells and vegetal undertones of old Burgundy... This is a good thing according to Martin, but variety feeds passion. Outside of Europe he finds New Zealand fascinating, he was there at the embryonic stage of their wine industry, which has now vastly expanded, producing some fantastic aromatics and Pinot Noir. I enquire about New World wines and the trends and vogues that seem to accompany them. Martin accords their success to the simplification of the grape varietal on the bottle; if you know you like Sauvignon then it conveniently glares at

you, whereas in France you have to delve a little deeper to discover that Pouilly Fume is made from that very grape. It is becoming more positive though, he says; the brash sweetness of much new world wine is being tempered by an appreciation for subtlety and seductiveness.

Next I ask in what direction he sees the wine industry going. He talks of Chile and Argentina, both countries that are taking great strides to nurture their wine toward a more refined product. Emulating the French concept of terroir and planting certain grapes in suitable plots: a correlation between grape and environment is proven vital. For example, the granitic soil that fosters Beaujolais and the chalky earth of Champagne both engender a wine with an automatic tendency to sparkle. Finally, wine snobbery. A little knowledge is a bad thing. And Martin has never stopped learning. To supersede such a drab bunch that they are... Martin explains how viniculture is both progressive and steeped in history. This is what makes it such a fascinating and rewarding sphere of work. Indeed, like all arts, what is sought is a delicate balance between progression and tradition. On the topic, I ask for a progressive match of food and wine, he muses and responds with the fine suggestion of an old white Burgundy with cheese, quite.

Boiled down, Martin cites the most distinct pleasures of his career, such as dining with Bernard de Nonancourt, whom he describes as larger than life, a man that exudes and instils enthusiasm. Like Martin, distinction has been gained through a sheer love of the work. Retired now, Martin is free to visit and reflect upon such resplendent characters, without the pressure to buy. Martin finds in wine that effervescence, freshness, and bit of magic that we all seek. But he is keen to stress what makes it; the full panorama of the industry's colourful souls, the full collaboration of history, climate, geology and culture. Like all exceptional things, Martin tells me, great wine is not just made it is nurtured.

93

BECAUSE QUALITY MATTERS gallery

APPETITE NFWS

CIDER PROVIDER

Rekorderlig Cider was first created in 1999, combining the highest quality of fruit flavours with the purest spring water from Vimmerby, Sweden, where it is still brewed today. From its humble Swedish roots, Rekorderlig has retained its dependable honesty to become a much loved, fourth generation family-brewed cider.

Rekorderlig has a clear identity that stands out in a crowded marketplace - a cider you can rely on, one that always delivers, one that you can trust. It reaches out to those that yearn for something refreshingly different; individuals who aspire to a unique lifestyle.

Its award-winning portfolio is key to the success of Rekorderlig, identifying unique flavour combinations that can be enjoyed all year round. Whether it be traditionally refreshing Apple, distinctively crisp Pear, dry and juicy Wild Berries or zesty Strawberry-Lime, there is a flavour to suit everyone!

Rekorderlig is experiencing triple-digit growth globally and despite the short time it has been in Jersey, it seems as though everyone is sharing the same passion and



enthusiasm for the brand! Served over lashings of ice, Rekorderlig Cider can now be enjoyed from branded pitchers, perfect for summer al fresco sharing!

Later this year Rekorderlig will be relaunching their seasonal Winter Cider; a limited edition treat made with the finest apples infused with cinnamon and vanilla. The best bit about it is that it can be served both cold over ice and hot with a slice of orange for the perfect winter warmer.

With innovation at the forefront of Rekorderlig's mind, keep your eyes peeled for new flavours venturing onto Jersey's shores!



WHAT IS A MACARON? WELL, FIRSTLY IT IS NOT A MACAROON!

A Macaron is a sweet meringue based confectionary made with egg whites, icing sugar and almonds with its origins being predominantly French. It may sound simple enough, but these little colourful delights are a real baker's challenge and a true labour of love. There are certain steps which must be followed meticulously when conjuring up these treats - even the weather can affect their outcome!

Seen in many fancy French Patisseries, they are characterised by their thin crispy domed shells which yield to a slightly chewy, airy interior together with a ruffled bottom referred to as a "Pied". Sandwiched together with a melt in your mouth middle. They look fantastic and taste incredible.

THEY ARE PERFECT AS A GIFT, AFTER DINNER PARTY NIBBLES, WEDDING FAVOURS OF JUST SIMPLY ENJOYED WITH A CUP OF COFFEE. AVAILABLE TO ORDER FROM CLAIRE AT WWW.CUTE-CAKES.CO.UK



FYI: *THESE* ARE MACAROONS

MARZIPAN MISTRESS

Petra Meleg has proudly unveiled her latest marzipan masterpiece in celebration of the 2012 London Olympics and arrival of the Olympic Torch in Jersey.

This is Petra's second piece of art on display at the hotel, the first being a mini Radisson Blu created for the May 2012 Food Festival.

The Olympics inspired 'Jersey' piece took Petra over two weeks to create, spending approximately 1 hour a day on the structure.

The island she has created highlights very special tourist attractions to appeal to residents and visitors including the Jersey Lavender Farm, Durrell, Jersey Gold, surfing at St Ouen's Bay and little Jersey cows.



SUNNY SUNDAY BBQ

Take all the effort out of BBQ'ing by simply calling in for Sunday lunch at the RadissonBLU on their gorgeous south facing terrace looking out over the marina and castle. With the boats bobbing and sun hitting the water it is easy to sit back relax and conjure up images of relaxing on holiday, a world away from work on Monday morning.

The new Sunday BBQ Lunch option on their terrace will run as a lighter alternative to their set menu Sunday Lunch in their Waterfront Brasserie. Enjoy a selection of sizzling BBQ favourites with a bottle of house beer or a glass of house wine followed by live jazz; the perfect simple Sunday...

Also this menu is from only £14.95 per person including a bottle of beer or glass of house wine! No washing up, no getting the house tidy, just kick back, relax and enjoy good food in a brilliant location that really is unbeatable on a sunny day.

They are also happy to cater for private BBQ parties any day of the week for groups of 15 people or more; work or leisure.

CALL 671100 TO FIND OUT MORE



The best place to find a new place in Jersey

view all properties from all quality agents at

www.places.je



Jersey's most comprehensive property platform for home buyers and sellers. Use one of these brands and get your property advertised in the right Places, in print and online.











riving into Southcliff
House certainly
gives a fantastic
first impression; entering the
sweeping gravel drive you
can catch glimpses of the
property through the mature
gardens before arriving at the
substantial parking plot that
leads up to the front door.

Southcliff House is an exceptional property in a sought-after location; it's rare to see such a property on the open Jersey market. It is a substantial 5 bed-roomed house and, whilst it is nestled in the middle of the prestigious Les Ruisseaux Estate, it occupies the largest plot, making it totally private and secure.

The extensive outdoor area impresses from the outset. The garden is more than substantial and extremely well kept with a variety of flowerbeds and shrubbery – think English country garden and croquet parties with cucumber sandwiches! Just to set the scene, when we went to visit there was a peacock strutting around on the front porch overlooking the manicured lawns... There is a separate paved BBQ terrace and

secluded hot tub area hidden in a mini oasis with the added bonus of being next to the second entrance of the house and the downstairs kitchen for entertainment ease! And that is not all - on the first floor there is a large southwest facing balcony area with stunning views of St Brelade's Bay, perfect for a an al fresco lunch party or watching the sunset with a sundowner or two.

The property has recently been fully modernised and offers a generous living space with a contemporary feel. Coming up the marble staircase from the main entrance you are hit by the sizable open plan living/dining area. Vista captivating windows ensure the room is bright and airy and bring the sea views into the home. The large southwest terrace is accessed from this room through sliding glass doors that open up to extend the living area outside during the spring and summer months.

The first floor also comprises a huge master bedroom suite with its own lounge area, terrace and floor to ceiling windows making the most of the St Brelade view – definitely oozing the wow factor! You can just imagine enjoying lazy Sunday mornings with breakfast in bed and the papers whilst gazing out to sea. This room has a

large marble bathroom with a sunken bath, separate shower and 'his and her' sinks. A kitchen/ breakfast room, with separate utility room and rear entrance is also located on this floor. The kitchen has enviable work and storage space and enjoys views over the luscious gardens.

The ground floor has a further four double bedrooms - all ample in size and most big enough for a sofa and television area. Each bedroom has a newly modernised marble bathroom with either a shower or bath. The furthest bedroom is a guest suite and can be used as a self-contained unit with its own entrance, bathroom and kitchen and semi private outdoor area. Combined with the impressive marble hallway and beautiful atrium, which can also be used as a living area, the ground floor is a truly functional and elegant space. We're rather envious of the location - a five minute walk takes you down to one of our favourites Ouaisne Beach (perfect for The Beach House in the summer and The Smugglers Inn during the winter) and 15 minutes takes you to all the amenities of St Brelade. It's also only a short drive down to picturesque St Aubins or through to town along the coast.

96 | gallery JERSEY'S STYLE MAGAZINE

The Essentials:

Entrance Hall

18' 6" x 5' 0" (5.64m x 1.52m)

Marble flooring and recessed ceiling spotlights. Door to bedroom 5, and staircase to first floor.

FIRST FLOOR

Living Room/Diner

A huge room with solid oak flooring, granite Working fireplace and patio doors to sun terrace with views over the garden and St. Brelade's Bay.

Kitchen/ Breakfast Room

10' 4" x 9' 6" (3.15m x 2.9m)

Range of high and low level limed oak units with laminate work surfaces and tiled splash backs.

Integrated 4 ring ceramic hob, double oven, microwave, fridge, and dishwasher. Space for 6-8 seater dining table. Door to rear of the property.

Utility Room

Oil fired central heating boiler. Space and plumbing for washing machine and dryer.

Master Bedroom

Cream carpet, large mirror, and recessed ceiling spotlights. Mood lighting has been fitted throughout, electric curtains which open and close on a timer, patio doors to balcony which offers beautiful views of St. Brelade's Bay and surrounding gardens.

Dressing Room

Long sweeping hallway with extensive range of fully fitted wardrobes, door to en suite. En Suite

10' 0" \times 8' 0" (3.05m \times 2.44m) Fully tiled marble walls and floor, large walk in shower with double head and large shower spray.

Recessed ceiling spotlights, low level WC with slow closing lid, sunken jacuzzi bath with shower head attachment, his and hers sinks with vanity units below, wall mounted glass mirror fronted cabinets.

Bedroom Suite 3 22' 0" x 10' 6" (6.71m x 3.2m)

Fantastic room fitted with quality cream carpet and range of built in wardrobes with sliding doors. Recessed ceiling spotlights, patio doors opening onto the gravel courtyard, and door to en suite.

En Suite

7'0" x 5'2" (2.13m x 1.57m)
Fully tiled walls and floor, corner shower unit, lower level WC with slow closing lid, small hand basin with vanity cupboard, and full range of mirror fronted units. Extractor fan, and recessed ceiling spotlights.

Study 8' 2" x 5' 0" (2.49m x 1.52m) Fitted desk and cupboards.

Bedroom 5

14' 4" x 11' 1" (4.37m x 3.38m)

Cream carpet, built in wardrobe and drawers.

House Shower Room

8'7" x 7'3" (2.62m x 2.21m)

Fully tiled walls and floor, 4 piece suite comprising

corner shower, WC, bidet, and hand basin with

vanity unit







The size of everything in this house is more than generous and we're sure you'll be will be impressed with every delight it has to offer. The layout lends itself perfectly to a couple who like to entertain, a family, or for two generations deciding to live under the same roof. For anyone that wants even more, there is approved planning for an additional floor and four more bedrooms! For now, it is fantastically packaged and ready to move into without any fuss and for the future it holds endless possibilities.

INFORMATION



To view the property contact Emma Kennedy on 07797 745 482

BECAUSE QUALITY MATTERS gallery

FEATUREDSELECTION

WEST IS BEST: PROPERTIES OUT WEST



- Superbly presented family home
- Sought after location
- Delightful sea views
- Integral apartment
- Large landscaped gardens

01534 877977





• Granite built family residence

3

- Excellent condition throughout
- Unspoilt rural surroundings
- 4 reception rooms
- Indoor swimming pool complex
- Two double garages

01534 877977



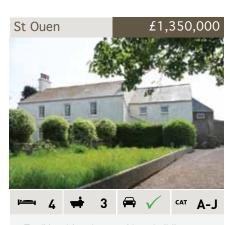
CAT A-K



- Immaculate family residence
- Peaceful green lane location
- Gardens, pool & tennis court
- Entertainment complex
- Double garage and car port

01534 766689

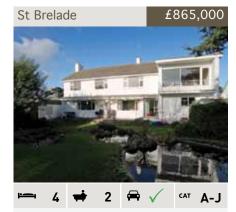




- Traditional farmhouse with outbuildings
- In need of refurbishment
- Tremendous potential, subject to P&E
- Picturesque rural location, close to beach
- Over 5 vergees to the south and west
- Would make a dream home

01534 710710

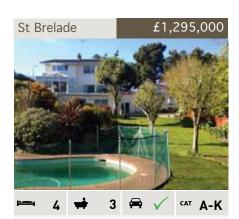




- Spacious family home
- · Good condition throughout
- Landscaped lawned garden & terrace
- Single garage, carport & parking area

01534 766689





- Detached two generation property
- Popular residential location
- Garden with swimming pool & woodland
- Walk to amenities at Red Houses
- Double garage and ample parking

01534 710710



For mortgage news and reviews look no further.

The Mortgage Shop Videocast with places.je

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Heoley Oflshor Financial services Ltd., tracking as The Mortgage Shop & Henley Financial, regulated in the conduct of investment business but he loanse Financial Services Commission.

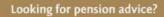


The Mortgage Shop



www.places.je/mortgages www.mortgageshop.je





www.henleyfinancial.je

Part of the Mortgage Shop Group

Henley Financial



E GALLAIS

ESTATE AGENTS















ST HELIER - 'BEAUTIFULLY DECORATED'

This fine recently modernised detached residence occupies a quiet rural location set above picturesque Fern Valley, yet is within just a few minutes drive of all amenities. The property has also been extended to provide a splendid family kitchen, 3 fine reception rooms and 4 double bedroom suites. Attractive rural views are enjoyed from much of the accommodation. Externally there is an electrically gated parking forecourt, double garage and a well tendered sunny lawned garden with alfresco dining terrace, enjoying total privacy.



Asking **£1,495,000**



ST HELIER - 'BEACH FRONT APARTMENT'

Spacious 2 bedroom, 2 bathroom apartment situated in this prestigious block on the sea front and offering fabulous views. In addition there is a good sized terrace area and secure undercover parking for 2 cars. Great Investment. Good condition throughout.



Asking **£495,000**

SALES

KEYS



ST HELIER A-J&11K

Beautiful secluded four bedroom unfurnished granite farmhouse with spectacular glass extension providing fabulous living space while enjoying far reaching views over the private garden, courtyard and adjoining field. Ideally situated for all major schools.



STOUEN NON QUALS

A lovely two bedroom cottage on Le Douet Farm, Le Mont de la Greve de Lecq. This property has a great open planned kitchen with high and low level units and under floor heating. Also boasts a large south facing patio area and parking for two cars.

£6,000 PCM

£1,600 PCM



ST HELIER- 'DEVELOPMENT OPPORTUNITY'

Set in an acre of land this granite development briefly consists of a very substantial all granite built main house, 2 outbuildings, a dower cottage and a spacious 4 bedroom, 3 reception house. There exists excellent potential, subject to planning permits (outline planning advice received), to develop the granite outbuildings into mews cottages and to refurbish the main house into a most desirable family residence. Alternatively the main house could be modernised and refurbished to provide several separate apartments.



Asking

£2,500,000



877977

www.ecpw.co.uk office@ecpw.co.uk

3 Charles Street, St Helier

ECPW and Keys are now working together to offer their clients a full sales and rentals service. With 12 full time professionals in place to manage property sales rentals and maintainance, you can rest assured you are in safe and experienced hands.

RENTALS

736090

admin@keys.je www.keys.je 13 Beresford Street, St Helier



ST HELIER A-J

A fantastic five bedroom home off St Johns Main Road. Features a wonderful large south west facing garden mainly laid to lawn. Also has a games room and lovely kitchen and breakfast room. Currently available unfurnished.



ST HELIER A-J

Nice unfurnished two bedroom apartment available off St Saviours Road with underground parking. Great location close to town centre. Master bedroom in en-suite, lovely modern kitchen and also this property benefits from a communal garden and private balcony.

£4,583 PCM

£1,250 PCM





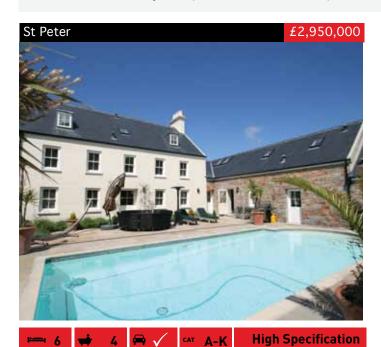
01534 710710

8 Esplanade. St Helier. www.redproperties.je



Full of charm the bright and airy accommodation is in tip-top condition throughout with Villeroy and Boch sanitaryware and Farrow and Ball paint throughout. Very conveniently located in the heart of the St Martins countryside with a rural outlook over bordering fields yet still being close to village amenities. Accessed via a long driveway to a cobbled, communal courtyard,

the property also benefits from a double garage which could be converted to provide additional accommodation if required (subject to permissions). A gardeners delight, the beautiful south facing gardens mostly laid to lawn, include mature borders and trees, orchards and a swimming pool. A bordering field with a stable block further enhance the appeal of this superior home.



- Detached country residence
- Completely refurbished throughout
- Sun trap paved courtyard
- Quiet rural location
- Heated swimming pool
- Gated driveway, garaging and gardens



- Plans approved for 2 luxury houses
- PLUS a superb, imposing family home
- Convenient, sought after location
- Plans available for inspection
- Highly recommended



sales@indigo.je 31 Hill Street, St Helier, Jersey, JE2 4UA



St. Ouen Asking £1,250,000



STUNNING LOCATION! GLORIOUS GARDENS! FOREVER HOME!

If these wishes are on your list, then give this property some serious consideration. Indigo Estates are the sole selling agent for this three/four bedroom detached property. Situated in the Western parish of St Ouen, it is approached by it's own driveway offering space and privacy. In immaculate order throughout, the accommodation is well proportioned and has the added benefit of an adjoining one bedroom annexe with separate access, thus providing either a two generation option or a home with an income. Traditional in its style internally, the vendors have lovingly maintained and improved their property and it will now most definitely appeal to the family who are looking for their 'forever' spacious home. In addition to the ample parking, there is a detached garage. An exceptional property that must be viewed to appreciate.

St. Brelade



LUXURY TWO BEDROOM, TWO BATHROOM, SHARD PENTHOUSE APARTMENT.

Castle Quay is the perfect location from which to enjoy the best of everything Jersey has to offer. From its close proximity to the bustling centre of St Helier, to the magnificent views across the marina to Elizabeth Castle and beyond the golden sands of St Aubin's bay, this waterfront destination offers a fusion of unrivalled lifestyle and leisure opportunities. This stunning apartment is set amidst tree-lined boulevards and beautiful landscaped courtyards, provide a whole new living environment with a high quality contemporary specification.



SPACIOUS DETACHED FIVE BEDROOM BUNGALOW IN SOUGHT AFTER LOCATION.

Located in the ever desirable private residential estate of Parcq De L'Oeilliere in St Brelade. Accessed via a gated entrance and with it's own private driveway the property has been well maintained by its current owners. With an integral self contained one bedroom apartment, it lends itself to those seeking a two generation property, a home with income, staff quarters or could be reconfigured with ease to make a substantial family dwelling. The property has well established gardens to the front and a conservatory leading out to private al fresco / bbq / sunbathing areas with a hot tub.

FinishingTouches

















13















- 1. Durance Grapefruit Fig Hand-Elizabeth Howell, £13.00
 - 2. White Bird Picture Holder Elizabeth Howell, £5.00
 - 3. Small BonBon Jar Elizabeth Howell, £15.00
 - 4. Small ibride Tray Elizabeth Howell, £49.95
 - 5. Garden Trading Blue Jug Pebble Home, £15.00
- **6.** Handcrafted Purple Bowls Pebble Home, £9.50 each
- **7.** Bloomingville metal box Pebble Home, £46.00
 - 8. Gone Sailing Sign
- Mark Howe, £12.50 9. Kew Royal Botanic Gardens Pot Mark Howe, **£16.00**
 - 10. Jan Constantine Mug Mark Howe, £12.95

11. Lantern deGruchy, £36.99 12. Cake Tin

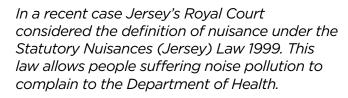
Le Lievres, £8.99 (set of two) 13. Ambre Room Diffuser

- Voisins **£20.00**
- 14. Lexington Cushion Voisins £43.00
 - 15. Kitchen Storage deGruchy, £34.99

gallery 100

What can you do when you have a **noisy neighbour?**

words | Carl Ashcroft Associate Collas Crill



In the case in question F kept a large number of parrots. His neighbour contended the constant squawking was either a health hazard or a nuisance.

The department visited the property and took noise measurements on 70 occasions. It found that 90% of the time there was discernable parrot noise. 61.6% of the time, there was distinct parrot noise, i.e. noise at more than 5dBA but less than 10dBA above background noise. 14% of the time there was loud parrot noise. It also found that the indigenous birds in the trees at the property often produced 55dBA which was twice as loud as the parrots. The Minister issued an Abatement Notice against F because of the "discernable nature" of the parrot noise.



F appealed the Notice. He argued that the noise levels complained of "did not exceed the limit which any normal ordinary person could be expected to have to bear".

The Court decided, when taking into account the normal level of background noise, that "a reasonable person would not find the parrot noise to be harmful or offensive". As a result the Court overturned the Notice.

So, if you are suffering from noise pollution what should you do?

First of all speak to the neighbour concerned. That may solve the problem without the need for any further action. If you feel unable to approach the neighbour directly or, having done so, it does not resolve the matter, keep a detailed log of the noise, particularly the nature, extent and times, and how it compares to other sounds in the area, then contact the Department of Health. The Department will attend on site, and if necessary approach the neighbour on your behalf. If the Department agrees that a nuisance is being caused they will request that steps be taken to rectify it. If that does not resolve the matter an Abatement Notice can be served. If all else fails there can be a prosecution.



www.collascrill.com t: +44 (0)1534 601734 carl.ashcroft@collascrill.com



Experience pure luxury with outstanding value

Villeroy & Boch Omnia Architectura embraces design, functionality and outstanding value all in one. Featuring contemporary design, Omnia's bath is comfortable and versatile, fitting into practically any modern bathroom.

Call in to our Dumaresq Street store today or call our Bathroom Showroom on 738806

Don't forget - We're open from 8am everyday for your convenience.

Dumaresq Street, St Helier T: 738806 E: enquiry@romerils.co.je www.romerils.com Open Monday - Saturday 8.00am - 5.30pm Free Customer Parking





INTERIOR NEWS



FAB-RIC

If you love beautiful interiors then head to Pebble Home where you can completely indulge yourself a mist all their wonderful interiors bits and bobs. Last time we were whiling away a lunchtime in there we spied their gorgeous fabrics by Ernest & Matilda and Cabbages & Roses. Both of these brilliant brands have a plethora of truly beautiful fabrics which will inspire you come up with imaginative ways to incorporate them into your home.

PICTURED IS THE CABBAGES & ROSES ALDERNEY GREY FABRIC WHICH HAS BEEN MADE INTO CURTAINS

MADE TO MEASURE

The phrase "it looks like a bomb has gone off in here" is one often associated with bedrooms. No matter how pristine the rest of your home is its the one place that many people constantly struggle with to keep in order. The crux of this problem is most often inadequate storage. So to make your everyday life a more simple place it's imperative to invest in great bedroom furniture.

Made to measure furniture is the way forward, and that term doesn't have to be associated with having to re-mortgage your house to afford it. There are some fantastic companies in the market which are providing really lovely products at a fraction of the cost you'd have been looking at ten years ago.

One such company is Daval, currently stocked at Beaumont Home Centre, this family run British company create hard-wearing bespoke furniture. All you need to have is the measurements and they will create wardrobes to meet your requirements.

We were impressed with their incredible array of styles, sizes, textures, finishing touches and vast palette of colours. Notably their modern designs such as the simple Rio and Genoa collections with their minimal, sleek lines look fantastic in dark woods, or can be made more elegant with a cream gloss finish.

DAVAL IS AVAILABLE AT BEAUMONT HOME CENTRE. PRICES FROM £1,200 FOR A STARTER BEDROOM (DOUBLE CHEST OF DRAWS, WARDROBE AND BEDSIDE TABLE) PICTURED GENOA CREAM GLOSS WARDROBE AND RIO WALNUT CUPBOARDS.





NO NEED TO SPLASH OUT

WORDS Roly Du Heaume Bathroom Studio Manager, Romerils

Bathroom renovation is an easy way to give your home a nice re-vamp without spalshing out too much cash.

Here are some bathroom renovation tips to aid you if you are considering such a refurb project at home:

1. DECIDE YOUR STYLE AND BUDGET

At the outset, as well as setting your budget for your project, including installation, you should decide on a style that with compliment the whole interior scheme of your home. Also if you only have a small space try and opt for light colours as this will help make the room look bigger.

2. SIT IN A BATHTUB BEFORE BUYING IT

Bigger isn't always better. A 60-inch tub is fine for most people. It offers enough room to stretch out and provides a secure foothold, so you don't float into oblivion when the tub is full. Assess the angled back and lip for comfort and neck support.

3. SELECT DURABLE FLOORING

Ceramic, marble and stone tiles are all excellent durable and water-resistant choices for a bathroom. Subfloor heat mats will make these hard surfaces warm.

4. DESIGN LIGHTING THAT WORKS

Good lighting is imperative. You need bright lighting to be able to see your face, however to make your bathroom a space you will love a dimmer switch is a must for adding mood to late night relaxing baths.

5. MIRROR, MIRROR ON THE WALL

If you've got a small bathroom mirrors can help create the illusion of a much bigger space, as well as being practical.

Pictured is a Villeroy & Boch bathroom available at Romerils

BUSINESS

IN THEORY ALL STUDY IS USEFUL. IN PRACTICE, STUDYING WITH US IS A BETTER INVESTMENT.

YOUR AMBITION REALISED.

BPP.COM/JERSEY



movers&shakers 🗸 🦄





MATTHEW TAKES THE HEAD

Le Gallais & Luce have appointed Advocate Matthew Godden as Head of Family Law within the Litigation Department.

A qualified advocate since 2009, Matthew has been involved in Family Law for over 9 years, having previously worked with local law firm Sinels, as their Head of Family & Personal Law. He is also a member of the Jersey Family Law Association Committee.

Along with considerable experience as a qualified advocate, Matthew is also a qualified Collaborative Lawyer, providing an additional area of family law expertise to both existing and new clients.

When he's not in the office or in front of his desk, Matthew enjoys his spare time cycling through the lanes of Jersey and spending time with his partner and their two children.

Advocate Adam Clarke, managing partner of Le Gallais & Luce, said "We are all delighted that Matthew has chosen to join us, as he brings an additional dimension to the Litigation Department, further strengthening our services to our clients. I look forward to working closely with him".



RUPERT MOVES TO HLG

Management consultants HLG Associates have appointed experienced building professional Rupert Myers as Estimator and Surveyor.

A member of the Chartered Institute of Building and a qualified surveyor, Rupert has over 30 years' experience in the construction industry and will deliver a range of services for HLG and its associated companies.

He began his career with Sandell Perkins (now Travis Perkins) in the UK before moving to Jersey to take up a position with building firm Mark Amy Limited. He later joined Mercury Construction, becoming managing director and overseeing the growth of the business to a company with an annual turnover of over £5 million a year.

Rupert's experience encompasses the development of major housing and public sector schemes as well as numerous refurbishment works where the building was still in use. These include the refurbishment and extension of Mont Nicolle School and the construction of a new renal unit and the Special Care Baby Unit (SCBU) at the General Hospital.

Recent contracts have included high value residential projects - such as the phased development of The Palms at Portelet (value £5 million) and two developments of 13 timberframed houses (£2.1 million) - and the updating and refurbishment of the Hospital's Central Sterile Services Department at Five Oaks.



DCG WELCOME PAUL PERRIS

DCG in Jersey has appointed Paul Perris to a senior role designed to help further develop the firm's funds business and to expand its service capabilities globally.

Paul has more than 20 years' experience in the establishment and administration of a wide range of multi jurisdictional corporate, real estate and private wealth structures for global funds, institutions and ultra high net worth individuals. He joins DCG from Ogier the offshore law firm and fiduciary group where he was a Partner and Group Director.

Paul has significant experience dealing with Middle Eastern investors, sovereign wealth funds and family offices and spent three years between 2008 and 2011 in Bahrain where he established and headed up an office to provide trust and company administration services.

He also has considerable experience sitting on the boards of a wide range of regulated and unregulated structures.

jobs. jobs. jobs. jobs. jobs.

That's right. We've got lots of them.

www.optimus.je

gallery JERSEY'S STYLE MAGAZINE 108



NEW MD AT OGIER GUERNSEY

Ogier have announced the appointment of Tom Amy as Managing Director for Ogier Fiduciary Services in Guernsey.

Tom Amy joined Ogier in 2010 and is moving from Ogier's Jersey office to assume the role of Managing Director of Ogier Fiduciary Services in Guernsey. Tom is a Chartered Accountant who trained with PWC and qualified in 2001. He has specialised in funds and corporate work as well as accounting and audit.

Simon Willing, Ogier Fiduciary Services Chief Operating Officer said: "Tom has a detailed knowledge of regulatory matters and an excellent understanding of best practice in corporate governance. He benefits from a very broad commercial awareness of offshore activity and current trends, including the issues facing our

Tom said: "I am looking forward to working with the team in Guernsey to provide outstanding client service and develop our business in this key jurisdiction."





VIRTUALISATION EXPERT JOINS C5

Scott Le Marquand has joined Channel Islands IT consultancy C5 Alliance as a senior consultant – the latest in a series of recent appointments as the company continues to expand.

With over 14 years of experience, Mr Le Marquand's primary area of expertise is virtualisation. This involves the creation of a virtual version of something – such as servers, operating systems and hardware platforms – with the aim of increasing overall efficiency.

Mr Le Marquand began his career in the finance sector where he gained a keen interest in virtualisation technology after overseeing a large private bank's adoption of this software; he has worked specifically as a visualisation consultant for almost five years.

"Joining the dynamic team at C5 is a great new challenge. Virtualisation technology can greatly enhance the way businesses operate and dramatically cut overheads. Using these methodologies, businesses can significantly reduce the number of physical servers, whilst increasing system resilience and availability" said Mr Le Marquand.

With a large number of professional qualifications, Mr Le Marquand's knowledge of virtual infrastructure is a welcome addition to C5 Alliance's diverse team.



JOHN BISSON STEPS DOWN

Leading Jersey law firm, Appleby has today announced that Partner, John Bisson, will be retiring from the partnership next year.

He will move to a new consultancy role and continue to manage some of Appleby's long standing client relationships in Jersey.

John, who will have served an extraordinary 42 years with Appleby on retirement, is one of Jersey's best-known property lawyers. He has played a key role in building the Appleby property team to become one of the largest and well-respected on the Island today.

Commenting on the news, Appleby's Group Managing Partner Michael O'Connell said: "Although we are preparing ourselves to see a little less of John as he starts his richly deserved retirement next year, I am really pleased that he will remain part of Appleby as a consultant. John has built a career and a formidable reputation as a lawyer that is an inspiration to many."

John rose through the ranks to become Senior Partner of Bailhache Labesse in 2000 until the firm merged with Appleby in 2006. He was appointed Chairman of the Executive Board of the Appleby Group in 2006 and remained in that role until 2010.

We know that people are concerned about the job market at the moment. Fortunately at Optimus our clients are still recruiting and we're still busy placing people in great roles. If you're looking for a new role pop in and have a chat with us. Our consultants possess in-depth knowledge and experience within all sectors of the finance industry and will be pleased to provide you with impartial, informed advice. No pressure.

For a bespoke and a discreet approach to recruitment, please contact us on 01534 832660 or visit our website.



First Floor, Commercial House Annex, Commercial Street, St Helier, Jersey, JE2 3RU

Tel: (01534) 832660

BECAUSE QUALITY MATTERS gallery | 7

BUSINESSNEWS



TICKET TO GLOBAL STARDOM

WORDS: TAYLOR JONES

5 Tickets are a Jersey-based company that have been selling tickets for events all over the world, predominantly to UK residents, since 1997. They were the first company to use the revolutionary Print-n-Go! ticket system in 1999, with over one million sales to date. With a garuntee to supply tickets at gate price for almost any event you could want, 365 are one of the most reliable, fast and easy-to-use ticket supply companies in the UK.

The growing Jersey comapny are fast becoming one of Jersey Business' biggest success stories. Over the past year, the company have gone through a major remodelling with the help of the now defunct Jersey Enterprise and their employee Shaun Pritchard, who is still working closely with the company. They have been taking meetings with some of the world's biggest powers to create partnerships worldwide, allowing more efficient and quick distribution of a growing number of products. 365 have comletely redeveloped their database and website, focusing strongly on 4 platforms. Scalability, allowing the once-predominantly UK-based company to handle a growing number of new customers and global interest. Connectivity, meaning the company's growing number of foreign databases and websites can remain linked. Visibility, making the new, bigger website easier for new wave of customers to access and use, and finally localisation, permitting the new foreign customers to find products in their own language and search engine, and allowing them to purchase their tickets with preferred payment methods.

André Flambard, the Managing Director at 365 Tickets, has organised 2 conferences with international partners to form partnerships throughout Asia, Europe and South America. The first of these meetings, which lasted three days, occured on the 26th of June, and saw representatives from Republic of Ireland, Germany, Spain, Czech Republic, Norway and China come to the island. The meeting was a sweeping success, ending with every country signing on to the deal offered, meaning that 365 will, by the beginning of 2013, have functioning websites localised to some of the biggest countries in the world, and that's only from the first meeting. These websites will all be based on a master site, which is currently being created by 365, and will be sent out to each confirmed country by the end of August this year to be translated. The countries will have 3 to 6 months to fully translate the website, add any particular local ticket products that are required and add a new localised extension to the address, whilst the Jersey base of the company will supply the site with the option to pay by preferred payment method.

The second meeting, happening in September of this year, already has confirmations of attendance by Russia, Holland, Brazil and Italy, with more invitations pending a reply. Confident that this meeting will go as well as the last, Mr. Flambard aims to have 365 tickets up and running in over 12 countries by next January. With the master site already created, he hopes that it will be easy to send it straight out to the newly signed partners in September, to be completed ready for the new year. With great hope for the near future, it looks as if 365 Tickets will be a popular choice for online ticket sales around the world within 12 months.



words | **Felicity Finch** ACCA Programme Leader

I would like to further my career with some sort of bookkeeping or accountancy qualification but I am unsure about which courses I can do that don't interfere with my work commitments and which are not financially draining. Can you help?

BPP is one of the leading tuition providers in the UK and as such has a wide range of courses that allow you to study at a time which suits you, and which isn't financially straining. We have a range of day and evening classes but the most flexible way of learning is to use our online and 'live' classrooms, which allow you to study anytime you like!

The online and "live" classrooms sound interesting, can you give me more information about this?

Yes, if you would like to study for an accountancy qualification such as ACCA, we have two potential routes you might be interested in, 'online', and 'online & live'.

'Online' enables you to study at a time that suits to you. Once registered you will receive a wide range of high quality material, access to pre-recorded online lectures, study guidance and course notes.

'Online and live' provides you with the same material from the 'online' package, however, you can attend "live" online lectures as well which gives you the opportunity to interact with your tutor and fellow students, asking questions and clarifying your understanding of each subject area.

This all sounds great, but if I missed a live lecture or if I do only 'Online' is there anyone I can contact with questions I might have?

Of course! With both online options you will be assigned a dedicated tutor who will send you weekly emails to support, guide and motivate you throughout your learning. There will also be a forum for you to post questions, which will be responded to within 24hours. It is also possible for you to email your tutor should you require extra assistance or need to discuss issues privately.

This all sounds excellent! Is it possible to see the material I would receive and gather more information about these options?

You can always come into BPP on Hilary Street and talk to any of the tutors or course administrators about the study options we offer. You might also be interested in attending the BPP Open Day at the Royal Yacht, (Lazy Jacks Lounge) on 16th August 2012, from 12pm 'til 2pm. We will have ACCA representatives, as well as local tutors and administrators who can show you the online lectures and discuss all options available to you whilst you enjoy a drink and some nibbles.

Look forward to seeing you there!

11() | gallery JERSEY'S STYLE MAGAZINE

CICRA LAUNCHES REVIEW OF **ELECTRICITY SUPPLY IN JERSEY**

whether Jersey electricity prices were fair and reasonable.

investigation of energy markets by undertaking a review of the supply of gas

GET FIT FOR BUSINESS

The team from Prosperity 24.7 are looking to go for a jog every Monday evening (from 9th July 2012) starting at 17:30 from in front of the Post Office on Broad Street in St. Helier to prepare for the Jersey marathon and raise money for The One Foundation at the same time.

Splitting into two teams based on ability, 'first class' (for those aspiring to potentially run the entire marathon) and 'business class', for those who want a more leisurely affair and the opportunity to meet and chat whilst getting fit.

A minimal donation of £5 is being requested by Prosperity 24.7 each week to help ensure that there is a benefit to their chosen charity see: www.prosperity247.com.

CAREY OLSEN WINS CHANNEL ISLANDS' LITIGATION LAW FIRM OF THE YEAR AWARD

ACQ asked its readership to nominate companies that had consistently performed to an excellent standard and, this year, more than 4,700 votes were cast.

The panel of judges selected Carey Olsen as having had the greatest impact in the area of litigation in the Channel Islands over the past

••••••

North America Europe 3.35 M *** 3.2 M *** Asia Pacific HNWI Population ▲ +1.1% since 2010 3.37 M *** HNWI Population ▼-1.1% since 2010 HNWI Population \$11.4T \$10.1 T \$10.7 T HNWI Wealth ▼-2.3% since 2010 HNWI Wealth ▼-1.1% since 2010 HNWI Wealth ▼-1.1% since 2010 Latin America $0.5\,\mathrm{M}_{\mathrm{J}}$ Middle East HNWI Population ▲+5.4% since 2010 0.5 M ⁴ \$7.1 T HNWI Population HNWI Wealth \$1.7T HNWI Wealth ▲ 0.7%+ since 2010 Africa 0.1 M HNWI Population

BEDELL CRISTIN ADVISES DEUTSCHE BANK ON CROSS-BORDER MERGER

Bedell Cristin Guernsey and Bedell Cristin Jersey have advised Deutsche Bank on the cross-border amalgamation (merger) of one of its licensed Jersey trust company businesses into one of its Guernsey fiduciary licensee companies using innovative new procedures under Jersey and Guernsey companies law.

These legislative provisions, which permit a single direct amalgamation of corporate entities from Jersey or Guernsey with an overseas entity, provide for a quicker, more streamlined and cost-effective process than previously.

RBS INTERNATIONAL CEMENTS PART-NERSHIP WITH BUSINESS SCHOOL TO SUPPORT DEGREE COURSE

RBS International is working in partnership with the Jersey International Business School to support the launch of a new finance degree course with The University of Buckingham.

The BSc (Hons) in International Financial Services is being offered by the Business School to students with the appropriate A level grades and will enable them to study for the degree through a top twenty ranked university over a two year period in Jersey rather than having to attend university in the UK.

JERSEY'S ENERGY FROM WASTE PLANT RECEIVES PRESTIGIOUS NATIONAL AWARD

The Energy from Waste facility at La Collette has received national recognition at the 2012 Structural Steel Design Awards, receiving a Commendation at a prestigious ceremony held at the Museum of London in the City of London last week.

Stick that in your pipe and smoke it, haters.

WEALTH?

Following the report on Global Wealth last month this lovely little infographic shows where the HNWIs (High New Worth Individuals) are by region.

\$1.1 X 1 Million in HNWI Population US\$1 Trillion in HNWI Wealth V-2% since 2010

UNIVERSITY CENTRE

JERSEY INTERNATIONAL BUSINESS SCHOOL



GETTING YOUR EXAM RESULTS CAN BE STRESSFUL

If you are still undecided about where to go and study for your degree then why not speak to us about studying for a top-ranked university degree in Jersey.

DROP IN FOR A CHAT WITH US **ABOUT YOUR OPTIONS ON:**

Thursday 16 August 4pm-7pm & Friday 17 August 9am-4pm

Venue: Jersey International Business School, 12/13 Caledonia Place, The Weighbridge

BSc (HONS) INTERNATIONAL FINANCIAL SERVICES **DEGREE**

- Two year full degree targeted at high-achieving students
- · Awarded by The University of Buckingham
- Save up to £60,000 compared to studying off Island- why graduate in debt?

ADDITIONAL OPPORTUNITY

• HSBC & RBS International are also offering a limited number of candidates the chance to work part-time, in paid employment, whilst studying for the new degree.

TAKE THAT IMPORTANT FIRST STEP TOWARDS A **CAREER IN FINANCE**

Applications are being taken for October 2012. Contact the Admissions Officer on 816333 or email info@jerseyibs.com

www.jerseyibs.com









primepositions¹



IT Business Analyst / Project Manager

New forward thinking IT firm on the island is looking to recruit an IT Business Analyst / Project Manager to assist their clients on various projects. You must have previous BA experience and ideally in a banking environment with good technical expertise. This is a new and exciting opportunity for the right candidate to join a new company and make a difference to its presence on the Island as well as your career.

Senior Corporate Actions Administrator

A reputable private banking institution is seeking a Senior Corporate Actions administrator to be responsible for the collection of income on client investments and for the processing of corporate actions and related activities. Applicants will ideally hold or be studying towards Securities and Investments Institute (IAQ) qualification and have previous securities experience especially in dividends and corporate actions.

Private Equity Fund Administrator

Our client requires a Private Equity Fund
Administrator to support the Client Director
/ Head of Section and other team members
in the day to day administration of a
portfolio of funds allocated to the section.
Daily duties will include administering
investments in line with standard Company
procedures, administering the drawdown/
distribution process, undertake company
secretarial tasks, responding to queries and
book keeping of basic transactions. The
ideal candidate will be relevantly qualified in
ICSA, COA, CAT or ACCA.



888866

Select Recruitment
2nd Floor, York Chambers, York Street,
St Helier, JE2 3RQ
info@selectrecruitment.je
www.selectrecruitment.je



30297 - Real Estate Fund Administrator

The Administrator will be part of a team, working on a range of matters providing administration, management and company secretarial services for established and new Real Estate Funds and other Real Estate corporate entities. Our client is seeking an individual with a Trust & Company or funds background.

30920 – Assistant Financial Accountant

This role will assist two other staff with management accounting duties. Candidates will have previous experience in maintaining accounting records and applicants will be actively studying towards ACCA or equiv. One year minimum experience in a financial role is required and only graduates need apply.

30649 - Company Secretary Manager (Temp)

An experienced Company Secretary is required within this international banking group in Jersey. The vacancy is for an initial period of 6 months and may go permanent.

As this is a managerial position then candidates will have leadership potential and be a trusted advisor.

30896 - Corporate Actions Specialist

Our client requires an individual to assist with the collection and timely credit of all income due to clients from their investments. Candidates for this role will have experience of processing all types of UK and Foreign Corporate Actions.

apPERSONNEL

715757

AP Personnel
Charles House, Charles Street
St Helier, JE2 4SF
jersey@ap-personnel.com
www.ap-personnel.com



Trainee Opportunities!

We have a number of Trainee opportunities, ideal for individuals looking to begin a career in Trust and have a strong academic background (University degree or A Levels essential). Successful candidates will be ambitious, energetic and highly motivated and will be rewarded with a competitive salary and first class benefits package.

Senior Trust Officer

Urgent need for ambitious Senior Trust
Officers with private client experience to
join a dynamic, thriving Trust company.
The desired applicants will have relevant
experience and be studying towards a
professional qualification.

Fund Officer

Our client is looking for individuals with 2 years or more relevant experience, holding or working towards a Table 5 qualification with a good understanding of due diligence procedures and the regulatory environment and an understanding of book-keeping and accounts.

Senior Accountant

New role for a qualified accountant (ACA/ACCA or similar) with strong accounting skills coupled with technical knowledge of accounting standards. The successful candidate will be responsible for providing accounting, bookkeeping and back office services to a range of local clients.



832660

Optimus

1st floor Commercial House Annex
St Helier, JE2 3RU
info@optimus.je
www.optimus.je

112 | gallery JERSEY'S STYLE MAGAZINE

SPORT



IF YOU'RE LOOKING FOR QUALITY REACH...

OUR SPORT BANNER IS NOW AVAILABLE

Quality brands need quality media placement. Our divider banners align you with a relevant Gallery section and offer a creative design opportunity.

Call us on 811100 and ask about sport divider sponsorship



he energy in the room was palpable, as mini squash enthusiasts lined up to meet James Willstrop (who, by the way, is possibly one of the loveliest and most humble sports personalities we've ever met!).

The excitement was building in anticipation of a play off between James and the Indian Number 1, Saurav Ghosal... aside from the men's battle, former Women's World Number 1, Vanessa Atkinson, was on hand to train some of the Jersey Junior Squad alongside Nick Taylor – Jersey's Squash Development Director and former World Number 14.

Before the racket began and the courts were quiet, we caught up with James Willstrop and here's what he had to say:

How long have you been the World Number 1, and how long did you dream of becoming a professional sportsman?

"Since January, I won the number one spot and then lost it again in February, but won it straight back. Looking back, it wasn't about being good at sport... You're not thinking like that – you're just playing really well, having fun and hanging around the Squash Club. I picked up a racket when I was about 3 or 4 years old, by the time I was 6, I was playing matches – I started pretty young really and I guess I was lucky to be able to find out what I was good at, at an early age."

So, is Squash a sport that is learned, or do you have to have a natural skill -does practice make perfect?

"I'd say it's 90/95% a learned thing... Starting so early, I didn't even realize how much I was picking up just playing. They're invaluable, those early years... There are kids here (referring to JSRC), you can see they've got aptitude and they love being here at the Squash Club."

How does it work in terms of becoming professional at Squash? Everyone knows about tennis, or golf, or football is Squash somewhat down played?

"It differs in different countries, for instance the Women's World Number 1, in Malaysia, Nicole David, is one of the biggest sports personalit in that country. We don't get as much coverage as I'd like, for instance you saw what happened with Andy Murray – the nation really gets behind their sportsmen, but if you look at it, we've got the World Number 1 and 2 in Squash and nobody gives much notice really...! It's to do with the profile of the sport I guess – maybe if we got some Olympic recognition...."

What's the most challenging aspect of being a professional Squash player?

Well, the travel can be a bit of a problem – it's hard work but I mostly enjoy it. Dealing with injuries is a nightmare – the worst thing was food poisoning in Cairo, right before the World Championships... Bad timing, it killed me for about four months... An ankle operation was also a drag, being an athlete it is the worst thing being unable to train and play... You want to be active!"

Talk us through your training regime...

"It's tough, a tough game, you have to train really hard. It's more scientific these days, like with most sports. Squash is a hard sport to play, so the training is really intense... it's quite varied. You wouldn't just go and run, sometimes use the bike and gym equipment, but mostly training is based on court. At the minute we're putting 6 hours in a day, every day."

When's your next big match?

"The tournaments kick in again in September, so I will be back defending my title. All the points I accumulated last year will be dropped, so it's like starting again... We only keep our points for a year – to keep my number 1 position I'll have to keep replacing those points."

Who on the circuit is your main competitor?

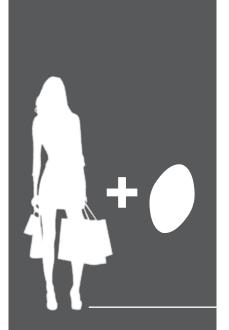
"Actually, the guy is English, he's a Yorkshire man called Nick Matthew – he's the World Champion at the moment. We have a big rivalry – some nasty matches that get quite heavy... There's a healthy respect between us, it's a healthy rivalry."

Nick Taylor, director at JSRC said, "To secure James with his busy schedule was a coup for the club and squash in Jersey, I have known James for many years and he is very supportive of our development programme. I knew he would have a great time here on the rock with what I had planned for the exhibition, he was impressed with the new club and the evening, in fact he did tell me it was the best club exhibition match he had ever done! I just want to thank everyone who helped out on the weekend, they know who they are and I look forward to the next event... Please go to the website for information regarding our revised membership structure, which now has a variety of individual and family memberships on offer starting from £30.00 per annum to cover a broader spectrum.

Get social with the Jersey Squash and Racketball Club by liking: www.facebook.com/ JerseySquashRacketballClub

www. jersey s quash and racket ball club. co. uk

114 | gallery JERSEY'S STYLE MAGAZINE



ooking for a new sport? Have you spent the last few years watching Jersey Rugby Football Club from the sidelines and wondered what it would be like to have a go yourself? Well now's your chance.

Rugby isn't just for men, there's also a ladies contingent who were launched in to their first competitive season in a UK league last year. Jersey United Banks Ladies formed in 2006 the ladies are the only team in Jersey and are currently looking to recruit more players.

They're holding a 'come and try' session, up at Grainville Rugby Club, on August 12th (the day after JRFC Mens 1st IV play their match against Leicester Tigers). The plan is to start at 10am, aim to be there for 0945am, with some fun skill sessions, this will help you get used to handling a ball if help you learn the basic rules...mainly run forward and throw backwards, followed by a quick game to put your new found skills to the test! Just bring yourself, and any friends you can persuade, trainers (studs or astros if you have them) and clothes you're happy to run around in. The team are always looking for any ladies coming to Jersey who want to continue to play, or any local ladies who fancy taking up the sport. They have a very wide variety of experience, from people who have never played to an

TRAINING TAKES PLACE
ON A WEDNESDAY NIGHT
FROM 6:30PM. LOCATION:
GRAINVILLE PLAYING FIELDS
ST SAVIOUR'S HILL.



No, it's not a game of musical status. photos of dancing are a bit tough

THERE CAN'T BE MANY TEENAGERS FROM JERSEY THAT CAN CLAIM TO BE WORLD CHAMPIONS - ESPECIALLY IN DANCE. BUT FOR AIDEN WARD (17), SCOTT KEAN (18) AND WILSON SILVA (18) THEY CAN CLAIM JUST THAT - 2 WEEKS AGO THEY WERE CROWNED WORLD CHAMPIONS FOLLOWING THEIR GOLD MEDAL PERFORMANCE AS A HIP HOP TRIO AT THE DANCE WORLD CUP IN VILLACH, AUSTRIA.

The three lads, who dance under the name SFS, joined the Jersey team when they qualified with a first place back in March at the regional competition held at Fort Regent. They also won best overall trio of any dance style, which came as a complete shock. Scott, one of the founder members of the group said "the local qualifying competition was a real challenge as we knew it was an important step towards getting to the final in Austria - we had choreographed a variety of moves and used different music cuts to make the routine as action packed as possible". Following their local win, the rehearsals were taken up a gear and every detail was then drilled and scrutinised with the help of coach and mentor Christophe Chateau. Aiden, the newest recruit in the group, and currently the youngest, initially found some of the rehearsals a challenge but soon stepped up to the mark. Aiden commented "Scott and Wilson had already been dancing in a group - they competed in last year's competition so they were used to lots of rehearsals and also knew what to expect at the competition. It was all new to me as I had only really danced while studying at La Rocquier and in the school show case."

Wilson, Scott and Aiden all attended Le Rocquier School and have had lots of support from their former teacher Jodi Hansford. Wilson said "Jodi helped us discover dance by offering us a dance course at school, it meant that Scott and I could develop moves and choreography and still have the input when needed. It also meant we could look out for new recruits – like Aiden".

Wilson continued "We entered the Dance World Cup last year with a bigger group and had an amazing trip to Disneyland Paris, but unfortunately we didn't win. However, what it did do was inspire us to work hard, change our group and drive

us to take the necessary action in order to become world champions – which we still can't really take in". Aiden added "there were over 2,000 dancers in Villach competing in a whole range of styles from tap dance, ballet, jazz and of course hip hop and street dance too, so the competition was very busy – and the dancers came from over 23 countries so it was great to see so many different cultures."

Next year the competition is being held in Brighton, UK so the lads will have an even tougher time, if they qualify. They are now the targets – 'the ones to beat' as they hold the current title. But the lads are already putting together their action plan – they have some new moves, costume ideas and potentially a bigger group to work on.

The only downside is that one of the original members, Scott, is leaving the group this year. He is off to dance college in London to train with the professionals studying a course in Urban Dance. Scott said "a few years ago I never would have dreamed that I would be going to college to study dance. But since setting up SFS and getting involved in the Dance World Cup, my life has taken a very different path and although I'm sad to be leaving Wilson and Aiden behind, I'm looking forward to seeing what they do in future competitions."

With the Spring Spectacular under their belts, the Big Gig and a slot at Jersey Live, SFS have had an amazing first year – which is not bad for 3 dance mad lads from Jersey. Who knows what the future brings, but with their determination, hard work, enthusiasm and a strong action plan the SFS 'crew' are sure to continue making the island proud.

You can follow SFS facebook.com/sfsintro twitter.com/sfsintro

BECAUSE QUALITY MATTERS gallery | 115

PHOTOVIEW: BEACH RUGBY 2012

WORDS AND PICTURES KIT CHAMIER

A crowd estimated at 700 watched De La Salle Casuals stylishly retain the beach rugby trophy with a thrilling win over the Titans. With the scores tied 3-3 at full time, it went to 'Golden Try' and De La Salle quickly seized the opportunity to break the line with their younger, nimble team and score the winning try. The fast pace and big hits of the game, coupled with the beautiful weather and large crowds made for a spectacular day.

RESULTS

Mens winners- De La Salle Casuals Mens runners up- Titans Womens winners- Banks Ladies Womens runner up- RWB



















176 | gallery JERSEY'S STYLE MAGAZINE

HARDWARE

Discover the new iPad at iQ.

It's brilliant. In every sense of the word.

The new iPad features the stunning Retina display, the ASX chip with quad-core graphics, a 5-megapixel iSight camera and incredibly fast network connections. So you can do even more than you ever imagined.



iQ, your local Apple experts.





Having spent so much time designing and marketing the unmistakable motoring Marmite that is the Prius, Toyota seem to have neglected the sportscar market for quite some time.

Ten years, in fact. Ten years ago they called time on the Supra, a car made incredibly famous by 'The Fast & The Furious' and so closely associated with car tuning culture.

The GT86 is not a Supra though, not a large displacement car, force-fed air via a giant turbocharger, absurdly over-engineered to handle more and more boost, but a car that wants you to know you don't need a zillion horsepower to have fun.

The name is a nod to Toyota's classic AE86 (big in Japan, like an obscure local band) but unlike the AE86 it doesn't want to spit you sideways at the flinch of your right foot and doesn't look like it's made out of old washing machines. It's sleek, and looks incredibly flat, low and wide from inside the cockpit, just the hint of those front lights bulging out at the edges. Geek fact: the twin tailpipes each have a diameter of 86mm, apparently.

The styling is pure Hot Wheels, all out. If

you gave an aspirational and artistically talented little sprog some crayons and a sheet of A4 and asked for a drawing of a car, you'd get one of these. At the back there's a pleasant mixture of flowing lines and very contrasting flat angles and creases that culminate in some pretty muscular rear 'arches. Phwoar. It looks fast, so we're already getting somewhere.

THE BEST WAY TO DESCRIBE IT IS FUN TO DRIVE, BUT WITHOUT BEING 'TOO' ILLEGAL

Inside, the thing that really struck me (and it sounds ridiculous, so please bear with me here) was the rear view mirror. It isn't shrouded in cringlingly scratchy textured plastic, but appears as a large slab of glass, and that's relieving when a rear view mirror is usually something that is a necessary evil against styling that we usually wouldn't give a second look.

It's comfortable inside too, with supportive reclining 'buckets' trimmed in that familiar leather and alcantara mix that we've become accustomed to. In the back there looks like plenty of room but don't go offering lifts to passengers willy nilly unless they've got no legs. And even then I'd recommend only offering a lift

to one amputee as whilst the boot is a decent size it's quite shallow. Not ideal for wheelchairs. But in any case - you don't want to be providing taxi services, you want to be driving, and enjoying it too.

Whilst its 200hp is delivered rather high up the rev range making the GT86 not feel maybe as spritely as you had first imagined it still goes when you have the opportunity to really wring its neck, and that's where all of the fun is anyway.

The best way to describe it is sufficiently planted and fun to drive, but without being 'too' illegal. It's fun at sixty miles per hour rather than one hundred and sixty. It's a rear wheel drive coupé with a limited slip differential (you'll have to hang on for a mechanical one though, it's currently a Torsen type) and skinny, 215 tyres that are shared with the Prius so if you take it onto a track and shred a set it's not going to cost the earth.

Speaking of which, this car costs just twenty-two thousand pounds. £22,000. Twenty-two grand. That's it. I'm fairly confident that the only thing you can buy these days for less than that is a packet of Space Raiders, and even they've suffered inflation over the years. 25p?! Daylight robbery, I tell you...







TOYOTA GT86

AVAILABLE FROM: FREELANCE, LONGUEVILLE

MODEL TESTED: £26,310 OTR

RANGE STARTS FROM: **£22,465 OTR**

CONTACT **BRETT CUTTS** At **freelance** on **703310**

178 | gallery JERSEY'S STYLE MAGAZINE

HAMANN-NOW...

A viable street-cruising option for both Yardie gangs and kept wives / interior designers, Range Rover's Evoque concept has been born into uninspiring and almost bland obscurity.

Not quite one of those concept Landies from Judge Dredd, but not quite the showstopper we might have imagined when faced with the reality of having to be available with five doors until, dare I say it, this was revealed.

Wider by 70 and 80mm front and rear axles respectively, meaner-looking and not quite as boy-racer as you might expect, the silver roof in the press shots we received really sets it off. Not content with just bonding on a bodykit, Hamann also complemented their styling package with an air filter, exhaust and remap combo to squeeze an extra 38hp from the petrol engined models and 31hp from the diesels, as well as an extra 65Nm dollop of torque all round. There's also a 30mm suspension drop to go with the three-piece anodized aluminium split rims in all of their 22 inch presence.

Add to this the almost endless options list including personalised floor mats, hand-stitched dashboards and leather seats and if you're lucky, it might even look tasteful.





EXP 9 F

That's the catchy name bestowed upon Bentley's recently revealed SUV concept, which, before you fall backwards from your leather captain's chair nestled within your high-walled Elizabethan home office, isn't quite as grotesque as you might think.

If, however, you disagree, let me quickly remind of you of Aston Martin's Cygnet. Not too dissimilar from a Toyota iQ to anyone sporting a pair of x-ray specs.

EXP's rear end is nothing short of awe-insiringly beautiful, which is why I haven't included any photos of the front. Don't you dare Google-images it, unless you want to spend the afternoon crying. Admittedly the lower rear sill around the exhausts does smack of Audi's Q7 but the chiselled, subtly chrome adorned and oh-so-seventies forms above the lead to the sculpted, muscular rear 'arches with more than a hint of Continental GT. It's the kind of no-nonsense modernretro (it sounds oxymoronic, but bear with with) look that hasn't really been seen since the Continental T, subtly replicating the boot's signature lip. But with the ability to stray ever so slightly from the beaten path, mount pavements outside of preparatory schools globally and comfortably seat five adults. With shotguns.

The 'F' is a reference to Falcons, the fastest travelling animals on Earth, and whilst even an SUV built around Bentley's proven W12, twin-turbocharged powerplant (and a powerplant this engine really is, its output more relevant in kilowatts than brake horsepower) isn't quite going to keep up with the most rapid of raptors all the way upto 186mph, I'm sure it'll give it a jolly good try.

Inside is a forest of walnut and herds of quilted leather as you'd expect, but the unexpected addition of an awning that extends from the boot as well as fitted picnic hampers and Bentley branded umbrella stowage this bruiser is a league above Porsche's Cayenne and the like.

Ah, the Cayenne - the super-SUV that was scowled upon by the motoring world's innermost circle of critics, until they all got behind the wheel of one. Selling quicker than scones, Cayenne turned a huge profit for the Stuttgart marque, so why couldn't it work for Bentley? Ultra-luxury carmakers have been forced to think outside of the box to woo the still ultra-rich despite recent global financial crises; Rolls Royce trialling an electric Phantom in China and Dubai, Ferrari producing an all-wheel drive shooting brake and now a potential Bentley SUV. Think you've seen it all? Just wait until Lamborghini announce their flying Murcielago limo...

BECAUSE QUALITY MATTERS gallery | 119

GADGET TIME



REDUCED MOBILITY? NOT A CHANCE

DEVELOPED FOR DISABLED RIDERS BUT USABLE BY ABLE BODIES TOO, FORGET MOUNTAIN BIKES - THIS IS FOURCROSS

Developed to enable disabled riders to kick it with their mountain biking counterparts, there's not really any trail (save for maybe a couple of ridiculously skinny ones) that a mountain biker can tackle that a fourcrosser can't.

Think of it as a hybrid of an off-road bike and a giant remote controlled car, with lightweight components coming together to create an incredibly tough skeleton coupled to long travel suspension and mountain bike tyres to create a machine that doesn't necessarily require any legs or the high levels of balance that most able-bodied people take for granted to operate, although having the use of your legs wouldn't prove much of a hindrance

They're not cheap at over 7 grand, but if you've got an itch to scratch a fourcross bike could be a good adrenaline-scratcher but thankfully there are a group of riders (or should that be riderZ?) in the UK who offer taster sessions to get you hooked before you blow a wad of cash on one.

FOR MORE INFORMATION VISIT WWW.ROUGHRIDERZ.CO.UK TASTER SESSIONS AVAILABLE FROM £125 PER DAY

AVAILABLE SOON?

WIFI BACPAC LETS YOU STREAM VIDEO TO YOUR PHONE

GoPro have been speaking about it for a while but we're still on our toes - control up to 100 Hero cameras from a fob on your iPhone / Android handset. Hurry it up!







GOPRO HERO2

NEVER MISS A SECOND OF THE ACTION, IN FULL 1080P HD

As obvious as it may seem, there's a small chance that some of you out there might not have heard of what has become the global standard and final word in sports and action video; the GoPro Hero.

The current 'Hero2' version is the third evolution of this compact-sized camera that lives inside a fully waterproof (down to 60m), shockproof casing and comes with a multitude of trick little fixings and brackets that defy you to find somewhere that it can't be mounted. Chest mounts are also available straight out of the box to complement the almost unfeasably sticky signature mounts, as well as a suction mount that is rated upto 200mph. I refused to believe this at first, but have tested one up to about 130 without it leaving my car.

With its wide fields of view, the option to record in different aspect ratios, 720, 960 or 1080p HD and up to 60 frames per second for silky smooth slow-motion it's no wonder that even big names like the BBC are using them to shoot footage where other cameras just can't go.

AVAILABLE LOCALLY FROM WWW.WINDMADNESS.COM

FG MODELLSPORT F1 CAR

REMOTE CONTROLLED PETROL POWERED CARS FOR GROWN-UPS

If you often find yourself stealing your childrens' remote controlled cars when they're having an afternoon nap or are fed up of them beating you at the weekend 'Garden GP' then you need to get your hands on something a little more serious.

FG likely stands for something efficient and German, but personally I think it should mean frickin' gigantic - these polycarbonate-bodied puppies are 1:5 scale, which equates to some serious size. The 2-stroke engines have a 26cc capacity (just over half the capacity of your average moped) and run on unleaded petrol with a 2-stroke oil mix. No nitro fuel here, this is the real deal.

F1 SPORTSLINE: 1,048€ - 1,250€ (KIT VERSUS READY TO RUN)
F1 COMPETITION: 2,420€ - 2,740€ FOR MORE INFORMATION SEE:



CHECK OUT THESE HOT NEW IPAD KITCHEN GADGETS BEING FRESHLY SERVED AT IQ...

FIT-BIT ULTRA

More than just a pedometer, the Fit-Bit Ultra rocks a sensitive 3D motion sensor as well as an altimeter so you know how many stairs you've travelled. No lifts for you, then. It'll automatically sync your steps, distance and calories burned when you're within 5 metres of the wireless base station included too. Easy!

£65 in store at iQ



FIT-BIT ARIA

Tracking your weight and fat content (by passing a small, safe signal through your body to determine what's fatty tissue and what isn't) has never been easier. Step on the Aria and it'll sync wirelessly to your Fit-Bit account - you can even track data on your iPhone, set goals and share acheivements with friends! You deserve an ice cream.

£81.90 in store at iQ



BLOOD PRESSURE MONITOR

A blood pressure monitor that plugs into your iOS device? Clever people in white coats (that's coats, not jackets) say it's best to take your blood pressure readings in a relaxed environment, like at home, but at the touch of a button you can also email a summary to your doctor as well as keeping track of your readings with ease.

£104.96 in store at iQ



HOLD THE LINE



Flying over Jersey, it's clear to see on approach that we've got our fair share of swimming pools and impressively sized gardens, and if you've got one that isn't being used to its full potential have you never considered a zip line? Hours, days, weeks or even years of fun for thrill seeking children and adults alike, the rope swings cobbled together from salvaged scraps of tow rope from the edges of fields lashed onto the remains of a potato box or pallet board that we built as kids just don't cut it any longer I'm afraid. Just for the record, I'm not as old as I sound upon reading that back - it wasn't all that long ago when kids used to play outside, I'll have you know!

With 15,360 different components available to select using their online wizard, you're bound to be able to tailor the correct kit for your needs using either 6mm or 10mm wire, depending on the loads you expect to put the line under, from the website below.

BESPOKE KITS PUT TOGETHER TO SUIT YOUR NEEDS AT WWW.ZIP-WIRES.CO.UK



RECON INSTRUMENTS MOD

PRETEND YOU'RE THE TERMINATOR WHILST YOU RIDE THE MOUNTAINS (RESPONSIBLY, PLEASE RIDE RESPONSIBLY)

Yes, it's summer but it'll still be snowing somewhere for the extra-eager beavers out there, and if using a resort app on your phone just isn't cutting it when it comes to stats then you'd probably appreciate one of these. A small screen fits into the bottom corner of your goggles (they must be manufactured by Uvex currently, I believe) and provides you with real-time information about your speed, altitude, distance, location and temperature as well as providing jump analytics, a run counter and tracker - all controlled via a chunky bluetooth remote that's easy to use wearing gloves and can be worn on your wrist, arm or the goggles themselves by looping through the strap.

Once you've called it a day and stumbled in slightly sozzled from your après-ski session and you get around to downloading the latest footage from your GoPro (you have one of those, right? See opposite page) you can also download the data from the Recon MOD to your Mac or PC, overlay them on Google satellite imagery and create highlights to share online as well as earn bragging rights amongst your peers. Place your bets NOW!

RECON INSTRUMENTS MOD, AVAILABLE FROM SNOWANDROCK.COM FOR £209.99

BECAUSE QUALITY MATTERS gallery | 121

PHONE HOME

SAMSUNG GALAXY XCOVER EXTREME S5690

A DURABLE PHONE THAT IS AS RUGGED AS YOU ARE NOW AVAILABLE FREE AT AIRTEL-VODAFONE ON SELECTED PLANS



Say hello to a fantastic smartphone with nine lives. Try to drown it, throw it, drop it, smash it or toss it into a building site – this little baby will come back fighting.

Heavy handed with phones? Don't fret; we have the perfect handset for you. The \$5690 can be immersed in one metre of water, and survive for half an hour. On top of that it is

also dust-proof and shock-resistant, happily withstanding a fall from half a metre onto solid ground. But the durable phone also boasts fast processing and solid connectivity, showing off the best of both worlds.

The slim handset weighs only 116g, thanks to its body being all plastic, and the 16M-colour touchscreen is multi-touch enabled with toughened Gorilla Glass up front, for maximum scratch-resistance. The rubberized finish enhances the grip, and the extra-strong display also inspires confidence so you won't need additional protection.

Equipped with a camera, torch function and 150MB storage the Samsung galaxy Xcover Extreme S5690 has everything that you need, and armour to keep it all safe. If you have been looking for a handset that isn't frightened of a bit of adventure, the S5690 is your dream. Come into our store to try it out for yourself.



SONY XPERIA GO

HANDSET ONLY £225, FREE ON GREEN 24 MONTH FROM JT

Brand spanking new, if you've been hankering for an Android handset whose little green robot will laugh in the face of water and dust then this is the one for you.

With a scratch-resistant screen and the highest level of dust and water resistance of any smartphone currently available, you'd never have guessed it from the Xperia Go's sleek, 9.8mm slim exterior. It is lightyears away from the clunky, yellow rubber coated 'JCB' phones of years past. If you like that kind of thing though, or don't want it to look too out of place in your toolbelt it is also available in bright yellow.

If entertainment on the go is your thing, then take full advantage of its fast 1Ghz processor and both Music Unlimited and Video Unlimited services from the Sony Entertainment Network - streaming the latest high definition blockbusters direct to your handset at the touch of a button has never been easier or more appealing.



THE BUDGET HANDSET THAT GIVES YOU MORE NOW AVAILABLE FREE AT AIRTEL-VODAFONE ON SELECTED PLANS

Making the transition to smartphone and feeling bamboozled by the choice? The BlackBerry 9320 is a handset with everything that you need, and none of those unnecessary extras. Don't be afraid, give it a try.

The 9320 is BlackBerry's cheapest handset, and is perfect for the first time android user. Every bit the classic BlackBerry in looks and style, and is made with top quality despite its low price.

This little handset will go as far as you want it to. Only need messaging and phone calls? Fine. Yet, if you are a BBM fan then you can also integrate this with Facebook for the first time, thanks to the arrival of BlackBerry 7.1.

A neat, classic and responsive keyboard makes the model very user-friendly, and the 3.2 megapixel camera features a flash to lighten even the most dark of moments. Whether you want your phone for constant chitchat, or emergencies only the 9320 is a fantastic model and its battery life will exceed even the top of the range androids. Pop into our store and try it out! After all, it is free on selected plans.



NOKIA ASHA 201

HANDSET ONLY £69, FREE ON PINK 24 MONTH FROM JT

Buy one of these and they'll bundle in a free Jersey Live survival pack that includes Ministry of Sound headphones and a 16GB micro SD card. Bonus!

Keep track of all of your messages and social networking updates right from your home screen and keep all of your music in one place thanks to up to 32GB of potential memory. You can even record music from the on-board FM radio and use it as a ringtone (which sounds incredibly naughty to us, but it says so on the Nokia website, I've checked...)

Available in vibrant orange, green, blue or pink this is a handset that will certainly stand out against a sea of dull, black and white mobile telephones.



ONE CONCEPT, THREE SMARTPHONES

HTC have long been the underdogs in the smartphone world but they've held their own against the likes of Samsung and Apple by combining design elegance with the power and functionality of the Android operating system. This year, HTC have really captured the imagination of smartphone users with their HTC One range of three phones, each designed to appeal to different users.

HTC ONE X

The HTC One X is the flagship of the range. Its 4.7 inch Gorilla Glass display delivers excellent resolution and because it's powered by a quad-core chip, the One X is virtually unrivalled for speed and responsiveness. Like all phones in the One range, the One X operates on the Android 4.0 (Ice cream sandwich) system which gives you access to the Google Play store where you can choose from a huge range of apps. The camera on the One X is superb, operating almost instantly and enabling rapid fire photography, and of course, with 8 megapixels, the sharpness of your photos is second to none.



HTC ONE V

The spirit of the enormously popular HTC Legend lives on in the HTC One V. The smallest phone in the One range, its sleek grey shell embodies the same characteristic chin strap design of the legend. The One V also operates on the Android 4.0 system giving this more compact phone, the same functionality as the One X. The One V is designed to appeal to those who prefer a smaller handset but with a 3.7 inch display, 5 megapixel camera and excellent audio capabilities, size doesn't affect this phone's performance.



HTC ONE S

Where the One V is smallest, the One S is thinnest. This is HTC's sleekest smartphone to date coming in at just 7.8mm thick and with a 4.3 inch screen. The S runs on a dual core processor and reverts to the same 8 megapixel camera as the X with quickstart and rapid fire capabilities, the results of which are beautifully recreated on the HD screen. The S may sit in the middle of the One range but that doesn't make it mediocre, the One S is a powerful smartphone that is great for people buying their first or looking to upgrade from the smartphones of a couple of years ago.



ALL PHONES IN THE HTC ONE RANGE ARE AVAILABLE FOR FREE WHEN YOU SIGN UP TO A SELECTED SMART PLANS IN THE SURE STORE IN TOWN

Beyond Computers Gadget of the month



Mirrors are so last century...

With mirrorless camera popularity on the rise, there's more reason than ever to get on-board and this new Olympus is a classic example of why these cameras have become so popular.

Just look at it; it's beautiful. What's more, it's weatherproof too and so are many of the available lenses for it so you can carry it everywhere to get great images, both still and moving, without having to be too precious about it.

A tilting rear LCD touchscreen will come in handy when you're shooting video and viewing your images and the 16MP sensor is more than capable of capturing everything you could wish for across its 35 autofocus zones,

Olympus O-MD E-M5 & 12-50mm lens £999.99



Jersey Electricity Powerhouse : 505460 Don Street : 510010

123

BECAUSE QUALITY MATTERS gallery



INTRODUCING:

ANY GIVEN SUNDAY

As this is our Action Issue, can you tell us which action hero would best represent Any Given Sunday and why?

AGS: Teenage Mutant Ninja Turtles. David is actually a ninja (no, really), and the rest of us either watch too many martial arts films or eat too much pizza. Sam (our producer/engineer) would be Master Splinter because of his zen-like calm in the face of our hyperactivity

Who are Any Given Sunday?

AGS: hiphop, funk and RnB band comprising Lee Jackson Downie (vocals), Matt McManus (guitar), David Fell (bass), Chris Nutter (drums)

Growing up, who or what inspired you musically?

- L: Michael Jackson
- M: When I first got into guitar it was Joe Perry. I think it was more about being inspired to play than what I was inspired to play. I had really bad taste in music when I was growing up. I probably still do
- **D:** I only ever wanted to be a bass player so guys like Jaco Pastorius, James Jamerson, Flea, Victor Wooten, Stanley Clark, Stuart Zender (this list could go on and on...)
- C: John Bonham the best drummer who ever tried it. And my dad dedicated hours to teaching me how to play drums, he was my driving inspiration which I'm truly grateful for.

Which new artists have caught your eye recently?

AGS: We met I Am Tich and Remedy Soundz backstage at Guernsey Festival, those two acts are destined for big things

If you had to compare your music to anyone, who would it be?

AGS: The Roots, Maverick Sabre, Wretch 32, Plan B

What are your thoughts on the local music scene?

AGS: We're excited to be part of events like Muse and Groove de Lecq which showcase the best of the island's bands, and of course Jersey Live! It's also good to see true homegrown talent like Lloyd Yates and Brave Yesterday getting deserved recognition further afield. That's definitely what we're aiming for

Where is your favourite place to play in Jersey, or where would it be if you've yet to play there?

AGS: Any night playing at the Splash is normally a good one! And picking up the gear the morning after is a great excuse to have an all day brekkie too...

If you could play alongside anyone, alive or dead, who would that be?

- L: Ray Charle
- M: Being on stage with Steven Tyler would be a blast, and I'd love to jam with John Mayer
- **D:** Victor Wooten would be a great guy to play alongside

C: I'd jam with Incubus, go on tour with the Highwaymen and I'd love to have a session in the studio alongside Travis Barker from Blink182 – arguably one of the most creative drummers of our time

Who is on your most played list on your iPod?

- L: Eminem, Taio Cruz, B.O.B., Danny Byrd
- M: Hilltop Hoods (Aussie hiphop band)
- D: Ed Sheeran, Hilltop Hoods, Delilah, Jamiroquai, The Nextmen, Emili Sande
- C: Manchester Orchestra's Simple Math has been on repeat for about 4 months – if you've not heard it, it's a must listen

Who would you most like to see at Jersey Live?

- Stevie Wonder
- M: Paramore and Foo Fighters closing the Sunday night. Make it happen Warrens!
- D: RHCP, Incubus, Jamiroquai
- C: Discovering a new talent is always exciting, like Temper Trap a few years ago shortly after playing JL they blew up with world tours and overnight fame!

Where and when can the Jersey public catch you playing?

AGS: We're playing at Headway's Groove de Lecq festival on Saturday 4th August and then on the Saturday of Jersey Live, 5:20pm on the JT Stage.

More live dates are on their website: www.anygivensunday.je

124 gallery JERSEY'S STYLE MAGAZINE

HOTLIST

BENJAMIN FRANCIS LEFTWICH

The Watersplash, 04 August, 21.30

Amplify Jersey in association with Toast are pleased to announce that Benjamin Francis Leftwich will be making a pit stop in Jersey on 4th August, playing at The Watersplash alongside his full band. In the midst of a packed festival schedule, and with his first US Tour on the horizon, Benjamin Francis Leftwich is one of the most talked about artists of the last couple of years and has had a huge 2012.

Benjamin Francis Leftwich has literally exploded onto the scene in recent years with his incredible songwriting and finely tuned acoustic nu folk sound. His debut album, 'Last Smoke Before The Snowstorm' became an overnight hit - earning him both critical acclaim and mainstream chart success. His hypnotic vocals and intoxicating melodies have captured the ears of music lovers around the world earning him fans in the shape of Coldplay's Chris Martin, Jo Whiley and Huw Stephens to name but a few.

Not only that but we are absolutely thrilled to announce that we have secured one of the hottest properties in UK music at the moment to support Benjamin on the evening. The incredible Roo Panes...trust us, this is going to be a real treat for the ears (and eyes!)

Tickets are available at the absolute bargain price of £15 from White Label Records and from The Watersplash. Doors open at 9.30pm for this event and we will be running coaches as usual to and from town, and also will announce our route for the West of the island shortly.

THE BROTHERS CIDER EVENT

15.00 til late, The Watersplash, 05 August

Featuring the spectacular Any Given Sunday and beloved DJ Nelson. Brothers are offering a chance to grab a 7ft Mini Mal surfboard for anyone 18+ who purchases a Brothers Cider on the day. The draw will be announced at approx. 6pm, so be sure you're down before hand to enjoy a thirst quenching gulp of Brothers Cider to have a chance of winning. Fear not though as there'll be Brothers Promo Guys and Girls to succumb those woes if you don't mange to win the Mini Mal, with samples of other exciting Brothers Cider flavours and plenty of other gifts and prizes to be had.

RESPLASH

The Watersplash, 10 August, 21.30, £7

Ok sweat monstas and original groove mashers, presenting a charity night for jersey Ms Therapy Centre, with DJ Pip bringing you all the original Splash tunes to bring a reunion of the good times, also we bring the new in the shape of the PIRATE PARTY BRIGADE, also part of the event will be filmed by Fortress Films for a future video about the good times. So lets ressurect the summer and make this the hottest Friday night and a reunion of the good times.

INSIDE JOB

21.00, Royal Yacht, The Drift, 10 August

Inside Job is Jersey's number one choice for live entertainment. Mixing a blend of rock, pop, blues, soul and jazz spanning 5 decades of music, Inside Job will guarantee to suit all ears of all ages.



JAZZ NIGHT THE JERSEY BOUNCE

Why not bounce down to The Grand and spend a night eating, drinking and merry dancing along to The Jersey Bounce. The Jersey Bounce featured in Gallery a couple of months ago and have been in great demand thanks to their energetic performances and super 'Sinatra' style... If you like great food and great music, get your posh frocks and suits on and head to The Grand.

SATURDAY 11TH AUGUST @ THE GRAND HOTEL. 7:30PM £45, CONTACT MCROWTHER@ GRANDJERSEY.COM OR CALL 288418 FOR BOOKINGS

RADIO DACO

@ BBC JERSEY

We're gonna be burning our TVs and tuning into Daco Fernandes on Bank Holiday Monday 27th August for a real treat to the ears...

BBC Radio Jersey is handing over the mic to our good pal Daco, for his debut show. Expect information, youth soap box, skate talk, politics, debate (maybe even with himself), top music, laughs, smiles, moments where you just nod your head and tap your foot in that knowing, agreeing way... Any requests should be sent to his Facebook page and he promises not to pay attention to any of them - because it's his show, goddammit.

MONDAY 27TH AUGUST. BBC RADIO JERSEY TUNE INTO 88.8FM FROM 10AM





REGGAE REGGAE SAUCY:

BENNY THE MOTH TURN TEN

In 2002 there was a party house in the far east called Prarie West that hosted many a funky dubbed up shenanigan, where the problems of the world were put to task, where many a phat tune was dropped, where you smoked round the bonfire till dawn and chalked up countless rave reviews (..complaints..!) from the good citizens of Gorey village...they even played with the 'Police' (..States of Jersey..). The messiness of all the slacker jamming sessions was all a bit of a joke until somehow, it became real... and Benny The Moth were born ten years ago...

BECAUSE QUALITY MATTERS gallery

FOLKLORE **FANCY**

Gallery hit the first Folklore festival in People's Park last month to see what all the fuss was about. We bumped into a handful (having abnormally large hands is a prerequisite for working here) of famous faces that just happened to be reading the magazine and asked them a few questions. This is what they had to say:



Describe something you do that's action packed: My Shaolin Kung Fu is pretty actioned packed.

Where do you want to go on your next holiday? Where to you want to go on your next nonday? Kerala in Southern India, it's off the beaten track, and just sounds amazing.

What three things would you take to a desert island? A 12 string guitar, a tea pot and sunglasses or flippers I just can't decide... oh and maybe Jamie Winston.

Happiest childhood memory?Seeing The Rolling Stones play in Hyde Park at aged six on my mum's friend's shoulders.

Hypothetically which way would you least like to die? Being lynched would be awful.



NOUVELLE VAGUE

Melanie Pain (pictured left) and Licet Alea (pictured right)

Describe something you'd like to do that's action

Both: The show again!

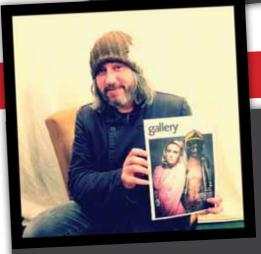
Where do you want to go on your next holiday? Melanie: Australia. Licet: Tahiti.

What three things would you take to a desert island? Licet: My son, my boyfriend and a big sun hat. Melanie: Oh I don't know! I can't choose!

Happiest childhood memory?

Licet: Running outside in the pouring rain. Melanie: My Dad teaching me to ride my first bike, it was an amazing big pink one!

Hypothetically which way would you least like to die? Both: Painfully and slowly of some horrid disease, in Paris. Licet: I'd like to just kind of evaporate in the air if that's



BADLY DRAWN BOY

Describe something you do that's action packed... I have a South Park pinball machine that is my pride and joy, I have a score of like 200 million it took me a constant week.

Where do you want to go on your next holiday?

I have a strong connection to St Ives in Cornwall as I used to always go there as a kid so that is somewhere that ${
m I}$ would always go back to, it reminds me of good memories.

What three things would you take to a desert island? A fit woman, lots of booze and cigarettes.

Happiest childhood memory?

Playing on the street at my Grandma's house in Manchester on a sunny days in the summer holidays.

Hypothetically which way would you least like to die? Dying during sex would be a nightmare, you should at least finish it off.



Describe something you do that's action packed... I play football, does that count? I used to play more but now I'd just rather play the guitar.

Where do you want to go on your next holiday? I'm actually off here there and everywhere for the next couple of months for gigs but would love to come back and explore Jersey, I don't like places that are too hot, I prefer the British climate.

What three things would you take to a desert island? A guitar, plenty of water and a hot girl to flirt with.

Happiest childhood memory?

This is a three way tie between getting my first guitar, watching my first football match (I support the oldest team in the world) or holidays in Skegness.

Hypothetically which way would you least like to die? Being skinned alive dipped in salt and then drowning.

REGSTOCK IS BACK

We weren't sure if Regstock was going ahead this year as Reg wasn't going to open his garden again but thankfully he's decided to do it one more time and Regstock 5 is going ahead. It's happening on 5th August this year with all proceeds going to Amnesty International. Amnesty International are an independent charity who campaign to ensure that every person's human rights are protected and upheld the world over. The Jersey branch of Amnesty International is very active and is usually one of hte biggest fund-raisers of all the local UK groups. They will have a campaigns stand highlighting the work they do for individuals as well as more general campaigns, such as Arms Control. This will allow people to find out more about what they do and become involved, if they please. In previous years we have had people's picture taken holding signs petitioning for the release of wrongly convicted death row inmate Troy Davis and creating paper roses to send to Zimbabwe, signifying people's solidarity with the much brutalised women's movement there.

The following bands have been confirmed to play the two stages:

Karma Stage: (Times TBC)

12.15 pm - Alfie Butel 1pm - Olly Rybarczuk

2pm - The Balafonics 4pm - Zeb Larsson

5pm - Brice Harris

6pm - Jack Chown 7pm - Stephane Metcalfe

More TBC

Amphiteatre: (Times TBC)

1pm - Ashiki

2pm - Matt McManus

3pm - The Flower Singer tbc

4pm - Seargeant Pipons

5pm - Tre

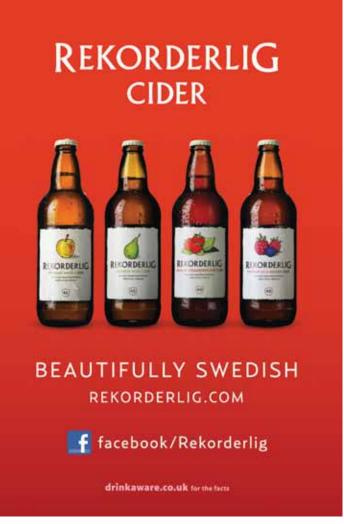
6pm - Jerseybob and French Boyd

7pm - Andy Coleman & guests

8pm - THE RECKS

There is also a raffle, tea and cakes, face painting, a holistic area and much more. Everyone is encouraged to bring food and drinks to have a picnic with and enjoy the beauty that is Reg's garden.

Regstock 5 | 5th August | 12 - 8pm. It's £5 entrance with under 11's free and all proceeds going to Amnesty International.





paparazzi gallery

did you get shot?

















FREE ENTRY / OVER 18s ONLY (Unless stated otherwise) ACTS ON STAGE 9PM SUPPORT DJS: Steve Le Galle, Craig Alder & Dj Griff.

the Drift



More info? > thedriftjersey.com

FRIDAY 3RD AUGUST / ROD STEWART TRIBUTE FRIDAY 10TH AUGUST / INSIDE JOB

























paparazzi gallery



















WE LOVE IBIZA! Every Wednesday: INTERNATIONAL GUEST DJS EACH MONTHII
Exclusive Monthly Residency with Ministry of Sound Dis & Ministry of Sound Club Decor, Balearic Cocktails, £3.50. GUILTY PLEASURES Every Thursday: Dancefloor Hits, Loveable Classics & Hard to Find Gems With Djs Craig Alder, plus Guests. Private Booths & Seating available, Please call 01534 720511 for further info D.I.S.C.O. Every Friday: Residents & Guest DJs digging deep into their record boxes to pull out all those much loved classics, forgotten gems and full on dance floor smashers! With Djs Craig Alder, plus Guests. Private Booths & Seating available. Please call 01534 720511 for further information.

























paparazzi gallery

did you get shot?















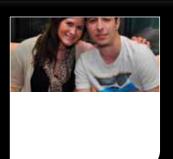




Fri 3 Digital Knights with Danny Cockram,Ross Baron and Lee Pinglaux Fri 10 Filth Djs Presents YOLO with J Pea Green, James Stuart Fri 17 Vanguard DnB Night Fri 24 Kristin Jennet and Guest Fri 31 TBC

























did you get shot?

paparazzi gallery

















Sat 4 Pure Presents Verses With Paul Shoer (Boolgaloo) & Hannah Jacques (House Trap) Sat 11 Pure Presents Verses With Keith Robinson (Nocturnal Groove) & Dave Smith (House Trap) Sat 18 Pure Presents Philosphy Of House With Ross Hunter & Del McKeown Sat 25 Pure Presents Rocksteady With Ben Numan & John O Connell Sun 26 Pure Presents Verses With Keith Robinson (Nocturnal Groove), Justin De Gruchy (Boom) & Jimmy Graham

AT PURE NIGHTCLUB. 10.00pm-02.00am.





























did you get shot?









































gallery

paparazzi gallery

did you get shot?





















Standard or American Apparel Cotton Block or premium print finish men or women

Because it's Summer and it's still raining...

www.gallery.je/store

























directory



Manna

a relaxed laid back store that stocks the hard to find fresh designer labels that have been selected for their individuality and fashion forward design including: By Malene Birger, American Retro, Bllack Noir, Hoss Intropia, Rutzou, Patrizia Pepe, Handwritten, Ba&Sh, American Vintage. Velvet, Graham & Spencer as well as top end denim by True Religion and J Brand. New for A/W 2010 - Won Hundred and Lolly's Laundry

Manna

Tel: 619985

7 West's Centre

MANNA



Pebble Boutique/Home/Baby

Always packed full of beautiful things you want, with Scandinavian & French influences through the ranges, Pebble Boutique, Home & Baby is located across two stores on Jersey's quaint Market Street. You'll find our homeware, gifts & baby in one store, and ladies clothes & accessories just across the street.

el: 769333 or 736449 www.ilovepebble.com 5, & 12-14 Market Street, St Helier





Matisse Hair & Beauty Studio

All our beauty treatments are now bespoke and tailored to the needs of each individual client. We offer professional, affordable treatments and advice coupled with traditional beauty therapy techniques. We specialise in non-surgical face lifting. Highest quality service since 1982.

La Neuve Route St Brelade JE3 8BS

www.matissehairbeautystudio.co.uk





ChiChi Boutique

If you're looking for a fun shopping experience then come join us at ChiChi in St Aubins. Surrounded by our colourful decor & chilled atmosphere, offering you plenty to inspire your wardrobe for this season! Collections from our favourite labels Twist & Tango, Custo Barcelona, MiH Jeans, Urban Code, by Second Female, Yerse, & Charli. New for SS11 Evil Twin, Black Orchid Denim, Skunk Funk & Nation Ltd.

Open 7 days St Auhin 490021 Mon-Sat 10am-5.30pm Sun 12.30pm-4.30pm





Avalon Hair & Beauty

Avalon offers a complete portfolio of cutting edge hair and beauty services personalised for the individual. Experienced stylists and therapists deliver a friendly, high quality service making your visit a truly memorable experience. We also exclusively sell Sassoon hair products.

Avalon Hair & Beauty 15 Burrard Street

St Helier Tel: 888178 AVALON



Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersey.

Harbour Gallery Open 7 days a week 10.30am – 5.30pm Tel: 743044



To Have Or To Hire

Austin Reed is synonymous high quality tailoring and luxurious fabrics, and Q Hirewear is no exception. Perfectly suited for weddings, the beautiful range of classic morning suits, traditional tails, waistcoats and accessories will make you look and feel your best on your 'big day'.

www.austinreed.co.uk 31-33 Halkett Street, St. Helier, AUSTIN REED Jersey, JE2 4WJ



RIO • HAIR • BEAUTY

Rio conveniently situated in the heart of St Helier, this dynamic salon has something for everyone, quality hairdressing and beauty services in modern contemporary surroundings. A great retail shop for all your hair/skin cleansing and conditioning needs, our knowledgeable staff have the answers.

RIO • HAIR • BEAUTY

Tel 734458

55 Halkett Place, St Helier





Ivory Pictures

Ivory Pictures offers a passionate, professional and tailor-made wedding photography service. We aim to capture those honest and perfect moments that encompass your special day.

For an informal chat and free consultation. please contact us

Tony Gaspar Tel: 07797 921 646 info@ivorypictures.co.uk www.ivorypictures.co.uk

Follow us on:



IVORY PICTURES



David Hick Interiors

Leading the way with interiors and home design, the new showrooms are full of inspiration. Products for every room in your home, including bespoke and affordable kitchens by Edwin of Loxley, tiles by Fired Earth, AGA and AGA cookshop. Rolf Benz, Hulsta, Curtains, Natural Flooring, accessories... and so much more!

David Hick Interiors Carrefour Selous St Lawrence Tel: 865965 Open Tues to Sat 9:30am to 5:00pm





Complete groundwork solutions

JB offer all aspects of ground works including; drainage, excavation, landscaping, slab formation, concrete foundations, brick paving & concrete works. We offer reliable, efficient and affordable machinery hire using the most up to date equipment. For free estimates and competitive rates, call James to discuss your requirements.

JB Groundworks Ltd 01534 482108 07797 818032 james@jbgroundworks.com





Providing robust credible business education for your success

JIBS has a reputation for excellence in meeting the island's learning and development needs for all sectors of the business community.

3 Degrees • 28 Professional Qualifications 10 Certificated Awareness Programmes • CPD Plus 40 Short Courses • e-Learning In-company Training Solutions

tel: 816338 www.jerseyibs.com 12/13 Caledonia Place The Weighbridge, St Helier





ChiChi Home & Gifts

Situated in the heart of St Aubin, ChiChi Home & Gifts offers you beautiful gifts for loved ones or to help make your home individually and beautifully yours! Our unique ranges include soft furnishings, recycled & fair trade products, inspirational books, home accessories, scrap wood wallpaper, gift wrap & cards, candles, seasonal decorations and so much more! Pop in to be inspired.

Open 7 days St Aubin

Mon-Sat 10am-5.30pm Sun 12.30pm-4.30pm





Your local Apple experts. Get the full Apple experience right here in Jersey. All the latest Apple computers, iPods and iPads now with training in store!

Join the revolution and test drive one today.

10-14 Beresford Street St Helier, Jersey Tel: 01534 769320 www.IQJersey.com





Our freshly baked cupcakes bring a smile to your face, taste delicious and are fun for all occasions. Visit us online to view our full range of delicious goodies, including our ever popular Giant Cupcakes. Now introducing our new and exquisite French Macarons

Tel: 07797711002 (after 2.00 pm) info@cute-cakes.co.uk www.cute-cakes.co.uk





Looking for something a bit different...?

The Gooseberry Bush - your one-stop Clothing & Lifestyle store! Clothing collections from Lauren Vidal, Gabrielle Parker with Jewellery, shoes and accessories to compliment. Gifts and Interiors from all over the world. Gorgeous babywear, comforters and keepsakes, including the popular East of India gifts.

The Gooseberry Bush @Rondel's La Rue du Haut de l'Orme, Trinity. Bus Route 25 Tel: 726224

Follow us on:



Bellezza

A stunning new salon situated in the recently renovated St Brelade's Bay Hotel.

We offer a wide range of treatments from essential beauty maintenance to more indulgent body treatments. Indulge yourself with our professional team in luxurious surroundings. Open 7 days a week (including 4 evenings).

T: 639393 E: beauty@bellezzajersey.com



BECAUSE QUALITY MATTERS gallery

TRACY'S **TRADE** DIRECTORY

Sometimes we're guilty of not getting out around the island and looking at professionals offering key trade services. Fortunately Tracy does. She's been out and found a load of great little businesses who'd like to let you know about what they do. She's been to talk to a variety this month. Who knows, they could be just what you're looking for... Don't forget to tell them you saw them in the Gallery Directory!

Looking for Dyno Rod?

We're now called Belldrains!

Formerly Dyno-Rod, Belldrains work with experience and knowledge of all systems on the island to make themselves the most trusted drainage company on the island. With 24 hour service every day of the year, Belldrains provide drain clearage, high pressure water jetting, C.C.T.V surveys and any other drainage services you could need. As well as providing all these services, Belldrains provide and fit septic tanks, soakaways, cesspools, and even offer Ultraviolet Treatment.

Haut Du Marais, St Ouen, 01534 485555 enquiries@bellpumps.com

belldrain/





Sewage and Effluent Systems

Bellpumps are Jerseys leading Specialist Water, Waste Pumping and Treatment Engineers with over 30 years experience with all types of systems around the Island. The Company designs both commercial and domestic systems specifically for the clients individual requirements. All Installations systems can be complete with fully automatic controls where required.

Haut Du Marais,

St Ouen, 01534 485555 enquiries@bellpumps.com

bellpump/



REAL Professional Tools

L.C. Pallot & Sons Ltd. carries an extensive range of hand, power and air tools, air drills, sanders, blow guns, spray guns, impact wrenches and sockets, spanner, plier and screwdriver sets, cordless drills, angle and bench grinders and cut off saws! If L.C. Pallot & Sons Ltd. does not have your desired tool in stock, our staff will happily do what it takes to order it in as soon as possible.

Unit 6, Clos du Marais Rue de Bechet, Trinity 01534 863888 www.lcpallot.ie





Open New Horizons

Why not take full advantage of the outdoor space you have. Don't be shut in! Don't be closed off! Folding sliding doors can be used in a whole range of applications, from Terraces to Orangeries. Modern Living at its best.

Affordable Windows
Tel: 01534 747858
gary@affordablejersey.co.uk
www.affordablejersey.co.uk

AFFORDABLE JERSEY



Michael Le Maistre

If you're looking to landcape your garden and require decking, fencing, pergolas or bridges look no further than Les Greffes. Les Greffes Landscapes, is a Jersey based company that offers customers a quality, bespoke service to help you make the most of your outdoor area and enhance your home.

Les Greffes Group Limited 01534 860795 Michael@lesgreffes.com www.lesgreffes.com



Leonard's Electrics

Leonard's Electrics have specialist electricians for domestic & commercial, new installation, rewires. We are Economy 7 & comfort heat Installers, responsible for boiler and pump control wiring, telephone wiring, fire alarms and emergency lighting, portable appliance testing & inspecting and much, much more!! For all your electrical needs please call.

Leonard's Electrics Tel: 877350 Mobile: 07797 716515



Roger Baudin Upholsterers

We design and re-upholster furniture including chairs, sofas, headboards and more. These can be made to your design and specification. Our skills also include making loose covers, cushions and arm caps. A long established company with a professional, customer friendly service. Whatever your needs we will try our very best from; loose covers, foam cut to size and curtain poles supplied and fitted.

Roger Baudin Tel: 861756

WANT TO BE INCLUDED?

Call Tracy on 07700 811104 if you would like to get your business exposure to our 26,000 every month from just £43 per month

Get ahead on two wheels

Sinnis motorbikes and scooters, now available in Jersey

In 2006 when the market was still flooded with cheap, unreliable imported motorcycles and scooters, Sinnis set out to change that by offering machines that offer incredible value for money with exceptional build and reliability. In just 5 years Sinnis has gone on to become a supplier of not just the best priced machines on the market, but amongst the best built and engineered. Available now!

Alternative Motorbikes La Route du Marais, St Ouen 01534 482261 altmcs@hotmail.com

alternative motorbikes





Get Dancing

Children's dance classes in St Ouen and St Clement for ages 3-18 years. St Ouen offers beginners modern and tap from 5 years. St Clement offers baby ballet from 3 years. NEW CLASSES STARTING IN SEPTEMBER.

St Ouen School of Dance Tel: 01534 485218 Contact Carol Hurry dancing@stouens.com





Daghorn Motors

Established in 1957, Daghorn Motors is a company with a deserved reputation for supplying quality used and new cars at realistic prices. Being based in the Channel Island of Jersey and the U.K. we are in the envyable position of having a constant source and supply of low milage used cars, from Fiats to Ferraries, available to us.

Daghorn Motors

9 Great Union Road, St Helier 01534 870393 077977 15820 enquiries@daghornmotors.co.uk

DAGHORN MOTORS



For Beautiful Gardens...

Speak to Andrew Le Maistre. Also stocking a wide range of sheds and outbuildings as well as offering every aspect of garden clearance, creation and care. A family run company, all work is professionally undertaken to meet the highest standards and guarantee longevity of the finished product whether it be for domestic, commercial or retail premises.

Andrew Le Maistre Landscapes T: 01534 867021 T: 07797 729123

Andrew Le Maistre



Want to go faster?

Offering a full range of diagnostic, repair and maintenance services as well as specialising in performance upgrades, Sports & Racing Motors in Trinity also have a 4WD dyno.

We specialise in Japanese performance cars, but are able to carry out work on all manner of vehicles - contact Rui to find out more.

Sports & Racing Motors

Tel: 01534 869629 Unit 8B, Rue de Bechet, Trinity sportsracingmotors@hotmail.com



Soundwaves Surf Shop

Jersey's Core Surf Shop, run by dedicated Jersey Surfers since 1978. With street parking on the main road to the beach, pop in for last minute wax and check out the latest from Hurley, Dephect, Da Kine, Astrodeck, FCS, Body Glove, LSD Surfboards, JS Surfboards, Glen D'Arcy Surfboards, VS & NMD Bodyboards!

Soundwaves Surf Shop La Rue De L'eglise, St. Peter 01534 485799

www.soundwavesurfshop.com



FULL COLOUR ANNUAL ADVERTISING FROM £43 PER MONTH CALL TRACY ON 07700 811104



WE'VE GOT AN APPETITE FOR CREATING A GALLERY FOR OUR MAGAZINES IN ALL THE RIGHT PLACES.

LEARN MORE AT WWW.GALLERY.JE/DISTRO



Hey beautiful! Brand stockists



FEELUNIQUE @ AU CAPRICE 732380

ESSIE

SPA SIRENE 615425

GUERLAIN

837100 VOISINS **DE GRUCHY** 818818

DERMALOGICA

RIO HAIR AND BEAUTY 734458

ESTEE LAUDER

DEGRUCHY 818818

AVEDA

ELMINA 610082

M.A.C

VOISINS 837100

REN

LEADERS 871588 VOISINS 837100

ONLINE

ZOYA

WWW.ZOYA.COM

2TRUE

WWW.2TRUE.COM MODELS OWN

WWW.MODELSOWNIT.COM



Jersey's annual foodie directory



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The fourth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, sample menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

Fancy winning a meal for two at a restaurant of your choice?

Just join our facebook page. www.facebook.com/appetitejersey





Choice Properties **1** 620620 www.choicejersey.com



Crespel Properties **6**25569



Dandara 789900 www.dandara.com



Edge Cox Peel & Wilson **1** 877977



www.ecpw.co.uk



Le Gallais





Gaudin & Company **1** 730341 www.gaudin.je



Indigo Estates **1** 639955



ND Estates **6**29009 www.ndestates.com



Maillards

1 737293 ww.maillardsestates.com



Red Properties

1 710710 www.redproperties.je



Savills

1 722227



Flat Fee **1**766667

www.flatfee.je





boardom







Emily/14/Student



RBC Account Administrator

WHAT DO YOU DO THAT IS ACTION PACKED?

Would you like to be our girl or guy on the street? We're looking for a new questioner! email work@factory.je



Chris / 16/ Roulette Shop Assistan



Chris / 43 / Owner of Tib Street



Carl / 41 / Fortuna Warehouse Staff



Marcelina / 24 / Karen Millen Manager



Talia / 19 / The Entertainer Sales Assistant



Hannah / 14 / JCG Student

Overspending overseas? Cut the cost of calls, texts and data with the **NEW** JT Travel SIM.

Get yours in store today, or find out more at www.jtglobal.com

Search UTsocial (2) E



140 | gallery JERSEY'S STYLE MAGAZINE

ONE & ONLY WITH CARRIED TO THE PARTY OF THE

Collect your WID from our office and you could get yourself

12 MONTHS FREE VEHICLE INSURANCE

Each month one lucky person on Jersey, displaying a Clegg Gifford 'One & Only' WID, selected by our independent WID spotter will be given 12 months FREE vehicle insurance. Pick up your windscreen insurance disc (WID) holders from our offices today (you don't even have to be insured through Clegg Gifford) to be a part of this fantastic year long-promotion.

Terms & Conditions apply please see our website for details.

IS THIS YOUR VEHICLE?

Congratulations.
You are this month's WID WINNER.



Now you need to call us on 720006, or come into our office, to claim your 12 months
FREE vehicle insurance.

WORKING TO PROTECT YOUR WORLD

CALL US ON 720006
TO SAVE ON YOUR INSURANCE

Lister House, 35 The Parade, St Helier, JEZ 3QQ



www.cgchannelislands.com

