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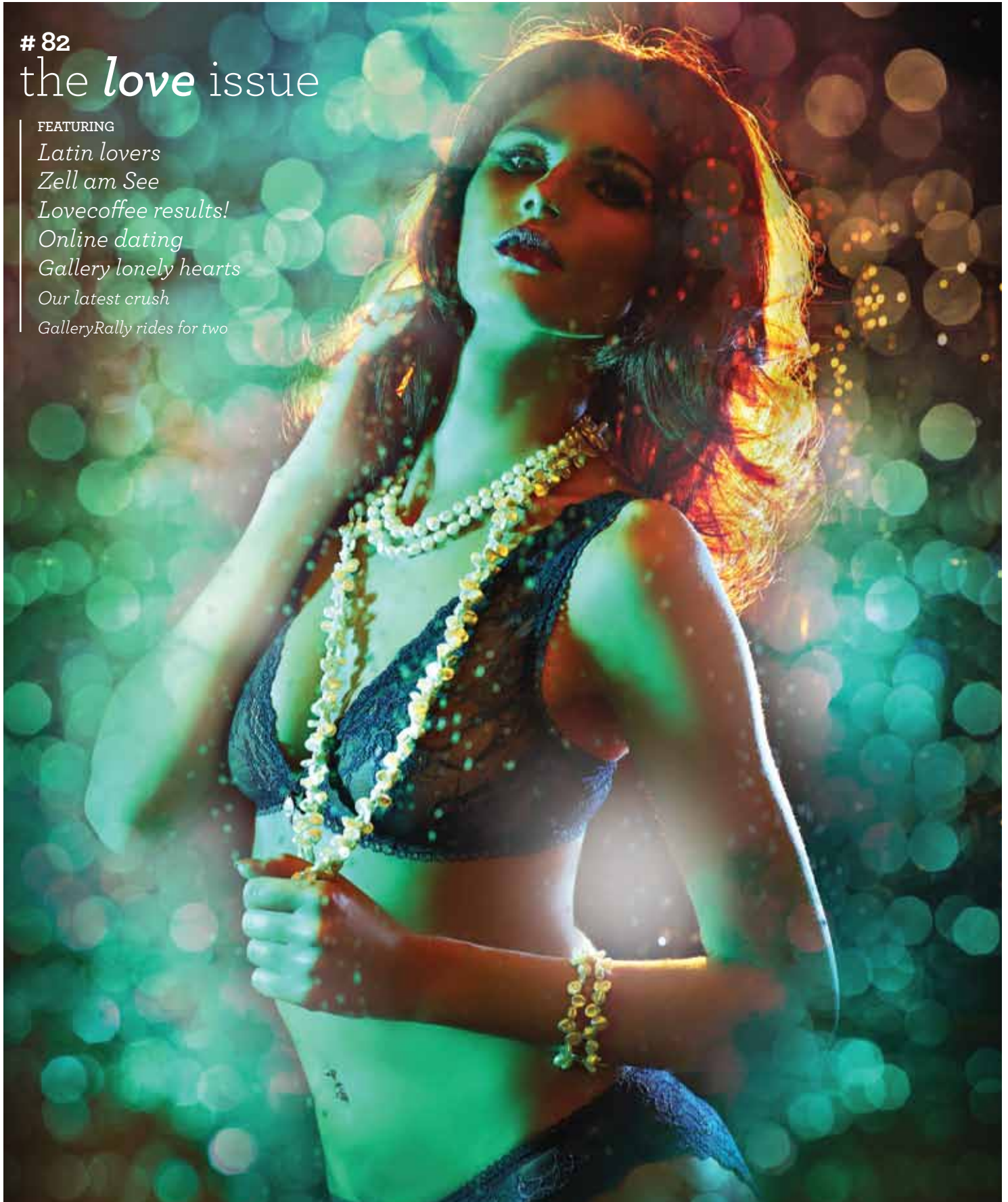
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## # 82 the *love* issue

### FEATURING

*Latin lovers*  
*Zell am See*  
*Lovecoffee results!*  
*Online dating*  
*Gallery lonely hearts*  
*Our latest crush*  
*GalleryRally rides for two*





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#82

'Love'

**Cover Credits**

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Long Double Row of

unusually shaped

pearls, £422.95, Jersey

Pearl

Short Double Row of

Pearls, £305, Jersey

Pearl

Gallery is published  
eleven times a year as  
a fresh yet discerning  
guide to all that  
happens on the Island  
and beyond. With  
quality and style in  
mind, our tone is not  
too superior or too  
serious, written by the  
people of Jersey for  
people everywhere.



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# edito

**I**f music be the food of love I'm jammin'. We let Benny the Moth use our warehouse to rehearse their sets and they're putting it down this evening as we wrap this, the first Gallery of 2012, firmly up. There's nothing like foot tapping to the strums of a bass guitar as you're tweaking designs and spotting grammatical errors. Nice.

So, Jersey, how have you been? It seems like ages since we saw you last. Some people think that, as we don't do a January issue, that we all swan off to tropical climes, ride wild horses, drink excessively, attend break dance retreats, sword fight and suchlike. I'm sad to say I did none of those things... no, our annual January break has been busy as ever with the Christian gift giving holiday, planning our 2012, shuffling our team up and watching what everyone has planned for 2012.

Whether you're Don Juan, Casanova or a fool in love, this month racks up the all important date. The 14th February is the day to get it right for your wife, earn brownie points from your boyfriend / girlfriend or pluck up the courage to call the number of that fittie you met a few weeks back in a drunken haze in The Yacht. Go on, facestalk them and friend request, who knows... you could end up out on Valentine's Day in an awkward romantic explosion of an evening. Love could be in the air...

Love's all over the place in Gallery this month. We have several views of the concept; Latin loving, Online dating, Lonely hearts, Love coffee, Love wine... and, er... Love juice (juice review, p90). We also check out the most romantic two seaters to take on the GalleryRally, now confirmed for the 8th -11th June and a great place to get away if you're feeling flush and a bit bored of the island; Lucknam Park in Wiltshire. Worth saving up for (p44).

We're also supporting a few nights this month. We can't say no, especially when promoters are trying hard. Look out for James Lavelle (of Unkle) at Live Lounge on the 3rd, Riva Star at Jersey Bowl on the 11th and John Digweed, gracing Quintessential at Grand Jersey on the 25th. Blowout month. We hope to see you at all three.

BD

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# highlights



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The island's No1 property magazine  
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Intern



Lyndsey has recently moved back to the island after studying fashion design and marketing at Huddersfield University. She spent a week at Gallery as part of the CIM work shadow scheme, and is looking forward to going traveling at the end of the year.

Russ Atkinson  
Design Director



Having spent the past couple of years fulfilling 99% of the male population of earth's childhood dream of being a fireman, Russ has now been coaxed back to Gallery full time using a trail of Hob Nob crumbs and a net. Until NASA are next looking for astronauts, that is.

Chris Bell  
Columnist



Specialising in music, film and cynicism, Chris' words have graced our pages since 2009, and boy are we glad to have him. He really ties the pages together, like The Dude's rug in The Big Lebowski. He's based in London but a Jersey chap through and through. Although he's not in the office in person, we can always feel him here in spirit, such is the sheer natural force of his magnetic personality. This intro hasn't been written by a third person, it's actually Chris Bell. Yes, it's me. Hello.

Louise Bralsford  
Columnist



So far, Louise's purchases of 2012 have been largely successful, save for the alarm clock. It is designed to wake you gently as light gradually floods the room, but actually has no real effect. Discovery of the month is [www.sporcle.com](http://www.sporcle.com); as a result Louise's new party trick is naming all the countries in Africa.


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## gallery #82 LOVE

This isn't a private party and there's no VIP area (there is a jacuzzi though...). Entertain us with jokes, ideas, YouTube clips, etc  
[everyone@gallery.je](mailto:everyone@gallery.je)

### CONTRIBUTE

[contribute@gallery.je](mailto:contribute@gallery.je)

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

### ADVERTISE

[ad@gallery.je](mailto:ad@gallery.je)

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. We don't have pushy sales people and won't try and badger, coerce, harass or try to sell you something you don't want. Call us on 811100 or drop us an email...

### FEATURE

[features@gallery.je](mailto:features@gallery.je)

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

### FANMAIL&STRIPPERGRAMS

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**Recycle.**  
Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this on the green strip to look eco innit... That's smart!

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## LATIN LOVERS

words | Louise Bralsford

*Latin lovers you say? Antonio Banderas? Salma Hayek? Penelope Cruz? Three incredibly sexy people, who are not going to be mentioned again. Here, it's going to get a bit old school. Put on your thinking caps, board the magic school bus etc., we're going to skip back in time and ponder the likes of Propertius, Ovid and Catullus - or C-dog, as I've always liked to call him (added punnage for anyone out there who reads Latin).*

If you were to read the university applications of anyone wanting to study Latin and/or Ancient Greek, you'll find it littered with lines like: 'Oh yah, I like, totally want to study this subject because it's so, like... relevant. Yah, absolutely. I'm always, like... STRUCK by the similarities between our time and, like, their eraahhhh.' Yes. Because we too walk around wearing sheets to work and sacrifice a cow whenever it thunders.

But there are some lessons to be learnt from Latin Lovers, which could be exceptionally valuable to any would-be Lotharios. First things first - identify your target. These days this research phase is commonly known as 'sharking'. As women can't just strut around the forum, or rather, Library Place, without lurking male minders, the best places for doing this are funerals and chariot races (Bouley Bay, anyone?). Having spotted your lover-to-be, ask her slave or less attractive best friend where she lives. This is a foolproof method as the slave/BFF is guaranteed to relish the opportunity to interfere. It is also at this point a Latin Lover may well decide have an affair with slave/BFF. Then, in the dead of night, hang around outside your intended's house and declare your love for a couple of hours. You should also claim that you will spend the night there and,

for a nice touch, you might want to leave a garland around the door handle. Around this time you should also drop a couple of pounds as lovers are always off their food.

One thing Latin Lovers also knew was that love is a two-way street. Romance is not the sole responsibility of the woo-er. If your Casanova has persuaded you of his dishonourable attentions and you are pretty sure that sexytime is on the agenda, read your Ovid. In the final section of his *Ars Amatoria*, so racy that it was banned and got Ovid exiled, he gives some top tips on how to look your best. It seems that Roman women were all qualified yoga teachers. Alas, most of it is too rude to print here, but here is an edited snippet so you can get the gist:

'If you have a nice face and good hips, lie on your back. Good legs? Do as Melanion and Atalanta did. If you are short, \*\*\* ....\*\*\*. Andromache never needed to do this - tall women should \*\*\*\*\* with their \*\*\*\* sideways. If you have a great \*\*\*\* and good thighs, lie aslant. If Lucina (goddess of childbirth) has made her marks upon you, be like the swift Parthian. There are a thousand ways of love...'

True, there are some Ancient methods which might not be so effective in a modern setting. Hurling apples at the object of your desire will probably not go down particularly well. Wrestling with a lion to get someone's attention isn't advised. As for having threesomes with slavegirls behind your beloved's back? We really can't condone that here. But a Google search will show you that when it came to writing about love, the Latin poets managed to articulate those things which sound lame when attempted by lesser mortals. But no worries if your Latin's a little rusty, there's always time for a last minute dash to Hallmark. And everybody loves a dozen red roses.



## listings

## EVENTS

FEBRUARY 2012

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24.02.11-26.02.11

THE MOSCOW STATE CIRCUS

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includes the beautiful queen of Russian Circus Yana Alievia on a revolving ariel Chandelier. The Whirlwind Rubsovs troupe, the gyrating juggling Sherbakovs The Doktrov, flying and spiralling in the apex of the auditorium with grace, beauty and elegance.



07.02.12

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Sudbin has performed in many of the world's finest venues, both in recital and with orchestra. His release of works by Scriabin was chosen as 'CD of the Year' by the Daily Telegraph and was awarded the MIDEM Classical Award for best solo instrument CD at Cannes.

23.02.12

TASSILI WINE  
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GRAND JERSEY

19:00-23:00 // 722301

Tassili Wine Dinners are back for 2012 with the first taking place on Thursday 23rd February, themed 'The Chef's Dinner'. Our Executive Head Chef, Richard Allen will discuss how and in his view why gaining the coveted Michelin star takes a lot more than just patience.

6.02.12

OUTSIDE THE LAW

JERSEY ARTS  
CENTRE // 700444

£5 // ENQUIRIES@ARTSCENTRE.JE

After losing their family and home in Algeria, three brothers are scattered across the globe. Destiny reunites them in Paris, where their paths converge towards radical politics and violent crime. Presented by Jersey Film Society.

3.02.12-5.02.12

PURE  
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ST JAMES ST

£7 - £13 // 700444

ENQUIRIES@ARTSCENTRE.JE

Emma Jane Griffiths Street Dance School presents an extravaganza of dance, from cheerleading and modern to street, jazz and pop.

3/12/12/17.02.12

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01.02.11-04.02.12

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TEL: 511115 // BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

Sibling rivalry, sexual politics and high-octane power games - just a typical family Christmas! Well it is for the Plantagenets in 1183. When Henry II invites his estranged wife, Queen Eleanor, plus his three sons, his mistress and the King of France to join him for the festive season, his

castle turns into a war zone as the combatants battle with words and deeds over who should succeed Henry as King of England. At once a very modern yet period piece with razor sharp quips, veiled emotions and Machiavellian intrigue.



## 03.02.12 JAMES LAVELLE (UNKLE)

LIVE LOUNGE

£12-£15

LIVE LOUNGE // CHRIS@BEATHAPPENING.CO.UK

Club Kamikaze are over the moon to welcome a true visionary of electronic music, one half and founder of UNKLE, producer and DJ James Lavelle, for what will be one of our biggest nights yet! The internationally renowned Mo'Wax label founder and man behind 1998's seminal psychedelic hip-hopera 'Psyence

Fiction' LP is one of the most respected producers and DJs in the business, heralded for pushing electronic music into new territories. Tickets are £12 plus a booking fee from White Label, Colomberie and from iQ, Beresford Street, St Helier. £15 on the door (subject to availability). Strictly over 18s.



## 25.02.12 JOHN DIGWEED - QUINTESSENTIAL

GRAND JERSEY

£30-£500 // 725256

WHITE LABEL RECORDS // INFO@WHITELABELRECORDS.CO.UK

Theology presents, quite simply, one of the finest events of recent times in the Channel Islands with the visit of one of the worlds most prolific and highly regarded DJs... John Digweed will grace 'the wheels of steel' at one of the most beautiful venues in the Channel Islands. The Grand Jersey will provide

the backdrop to 'Quintessential', a unique annual event, which for the launch, will be supporting one of Jersey's most important charities, Teenage Cancer Trust. Tickets are available from White Label Records, Colomberie, St Helier (Booking fee payable). Strictly over 18s.

## 9.02.12 RETROSPECTIVE OF PROGRESS

TEL: 743044 // HARBOUR GALLERY

This exhibition of the work of Nikki Baudains will be officially opened by Murray Norton at 7.00pm and will also feature a brief talk about Parkinson's Disease by Chairlady Eileen Smith.

## 13-17.02.12 JUNIOR FENCING CHAMPIONSHIPS

FORT REGENT

£FREE // 09:00 - 16:00

MJB@MARTHABERNSTEIN.CO.UK

Fencers from 14 Commonwealth nations are attending the 3rd Junior event for fencers aged 13 - 20. It has attracted top athletes from around the world - not to be missed.

## 25.02.12 ANDREW O'NEILL

JERSEY ARTS  
CENTRE

£10-15 // 700444

Andrew is a regular on the comedy stage at Download, has played to 5,500 people at Sonisphere and has opened for Amanda Palmer from The Dresden Dolls. He's also the warm-up act for Never Mind the Buzzcocks. Don't miss it.

## 22-23.02.12 YOUR LAST BREATH

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## DATEMAKERS

### MEN SEEKING WOMEN

**26 YEAR OLD** hedge fund manager looking for an outgoing athletic lady to join for dirty nights in, extravagant holidays & London Stripclubs. **BOX4**

**YOUTHFUL TRINITY GENTLEMAN** (87) seeks girl for fun times, country pursuits, cleaning, cooking and poetry. Must have strong back and arms to keep up with me! The ability to nursemaid me is essential **BOX 43**

**PROFESSIONAL GUY, 37** just thrown out by wife seeks funloving open minded naive young girls for fun times, cliff path walking & depraved acts of fun. GSOH essential **BOX 231**

### WOMEN SEEKING MEN

**FLIRTY** forty-something seeks botox and filler for solid & fulfilling relationship & crack repair. If you have a fun loving attitude, big trust fund and love cinema get in touch! **BOX342**

**ATTRACTIVE BLOND, 22** seeks sugar daddy type looking to fulfil my dreams & shopping addiction. Must be financially secure, love buying me things & be willing to offer generous divorce settlement to the right girl! **BOX 22123**

**SPIRITUAL GIRL, 35** seeking wizard/warlock for loving bond. Currently living with parents again so I can align my chakras & continue medicating. Join me in the dolmens as my sacrificial offering **BOX 2311**





## Gallery personal ads

Compiled by **Sandra** Bechamel | illustration BD

**FUN, FRUITY F37** WLTM cuddly gentleman to share romantic movies, ice cream and a small bungalow containing nine cats and a VHS library of every episode of Ally McBeal. I work from home and rarely leave the house (unless I want to come back to find a 'special present' in one of my slippers) so webcam dates would be ideal. If you're interested, please send a recent picture and your ideas for the best ways to dress my kitties up as the cast of The Wizard of Oz.

### ARE YOU A DAMSEL IN

**DISTRESS?** I, Lothar the magnificent, will be your dragon-slayer. I vow to storm the castle of your love, destroy the chains that bind you and vanquish the spirits of loneliness with a rubber sword I bought from the back pages of Aircraft Modeller magazine. A ten-year addiction to World of Warcraft gives me considerable experience with the storming and the vanquishing, although much less with the damsels. Reply to PO Box 1337 if you own a metal bikini and think you can show me how to use a tumble drier.

**F17, GSOH, WLTM M18-24** W/ IPHONE 4 TXT CHT POSS TXT-SX XXX. MSG ME IF U R GAME - I'M @PC 24/7, POSTN PICS ON FB, TWITTER, BEBO, WHATEVS. ME+U = NO LYF. LOL WTF.

### TOO BUSY TO MEET PEOPLE?

Successful businessman, 42, seeks Blackberry-based relationship in which I use my latest smartphone to tell you about how much I earn, how much this suit cost and why my cow of an ex-wife is taking me to the cleaners. If this sounds good to you, leave a message with my secretary. Unless you are my secretary, in which case I'm not doing that paternity test, so get lost.

**HAVE YOU SEEN MY COW?** I think she slipped through the hedge whilst I was mucking out the pigs. She's brown, about six foot long and answers to the name of Gertrude. Please get in touch if you've seen her, the nights are cold in St Mary and I am dreadfully lonely.

**MALE, 25**, likes going to the gym, watching football, playing football and talking about football. Would like to meet same to spend long evenings

discussing the performance of players and ignoring the Brokeback Mountain undertones to the friendships of lads who read Men's Health on the toilet and spend more time thinking about Thierry Henry than their girlfriends.

**BELLA SEEKS EDWARD.** In my dreams I am pale, shiny and mysterious - by day I have bad breath and work in a dry cleaners. Join me, my midnight sweetheart, and together we can drink the blood of the living, or at least share a bottle of Strawberry Yazoo.

**POSH LADY, 52**, searching for giant, powerful beast with a chestnut mane and a liking for apples and sugar lumps. You will be the strong, silent type; I am shrill and handy with a whip. Together we will gallop through life, although not through France. I like to make hay whilst the sun shines, hopefully you like to eat it all year round. No geldings allowed.

**LEMMY KILMINSTER, 66**, lead singer of the band Motorhead, desires nothing more than to settle down in the parish of St Lawrence. I may have a reputation for hell-raising, hard drinking and collecting Nazi memorabilia, but secretly I love nothing more than attending the Parish Fete and trying to win a bottle of cooking sherry on the tombola. Write to PO Box 666 if you love Cliff Richard, are interested in macrame and want to play drums on our tour of South America. S.W.A.L.K.

**YOU DON'T HAVE TO BE BEAUTIFUL TO TURN ME ON** - I just need your body baby, from dusk til dawn. Freaky purple midget is looking for women (not girls) and isn't bothered if you're rich, cool, or any particular sign. Experience is not needed, and you don't have to watch Dynasty to have an attitude. Just leave it all up to me, and we can have a good time.

**CHUBBY, ASIAN BARREL OF LAUGHS** seeks ladies with a love of travel and diplomatic immunity. I've recently inherited the family business, which comes with an army, a large collection of brown coats and a clandestine programme of uranium enrichment. Friends of Hans Blix need not apply.

### ZANY, KOOKY RAINBOW GIRL

looking for conservative, reliable male to conform to the stereotypes of bad romantic comedies. I will talk to my stuffed animals, embarrass you in front of your friends and laugh uncontrollably for no reason; you will work in an office, play golf with your friends and fall inexplicably in love with this unlikely assembly of neuroses. We may be a pair of crude gender stereotypes, but this just has to work - there's no way that Jennifer Aniston would lie to me.

**TIMID ACCOUNTANT, 46**, would like to meet discreet lady (age not important) for good clean fun on the evening that Mother goes to her bridge club. You need to be willing to take off your shoes inside and be prepared to jump out the window if she 'has one of her turns' and comes back early. Please only contact me through PO Box 224, Mother is screening my mail for unsuitable influences.

### HELP, I AM TRAPPED IN THE CLOSET.

Not metaphorically, but literally. I have been here for three weeks, and have eaten nothing but flies and half an issue of The Beano. Write soon, my body aches from sleeping on cold floorboards and my tongue is raw from licking condensation off the pipes to stay alive. Please help me come out.

### BUSTY, BLOND NURSE WLTM

elderly, infirm billionaire for friendship - and more! Nothing would make me happier than to heat up some tomato soup, give you a sponge bath and then spend the next six hours taking you to new dimensions of pleasure with wild, uninhibited sex. Just make sure you leave your will in a place I can find it, my sweet geriatric stallion.

### LOUCHE HIPSTER MALE, 25,

seeks louché hipster female with an interest in thick-framed glasses and indie bands that haven't sold out yet. We can take artistic pictures of old shoes, compare plaid shirts and sneer at the conformity of the middle-class parents we both still live with. If you want to meet for coffee, send a wide-angle Lomo picture of an abandoned building, a list of favourite arthouse movies and the last three gigs you attended in Camden.



# THE CRINGE

**T**here are many things which make me cringe. People using the word 'classy.' Back fat induced by an ill-fitting brassière. Emoticons. But nothing, **NOTHING** compares to that quintessence of cringe - the Happy Couple.

Firstly, I would like to assert that I am not anti-Valentine's Day. I myself am fortunate enough to have a very nice chap who has unwittingly found himself to be my current love interest. However, I have never been a girly girl. When a friend of mine was regaling a dinner party with a tale involving her boyfriend, a bath and rose petals, I was vaguely repulsed. I clearly lack the soppy gene. As a result, I take issue with those Happy Couples who give contented twosomes a bad reputation, meaning we are labelled gross or hideous. Or even ... smug.

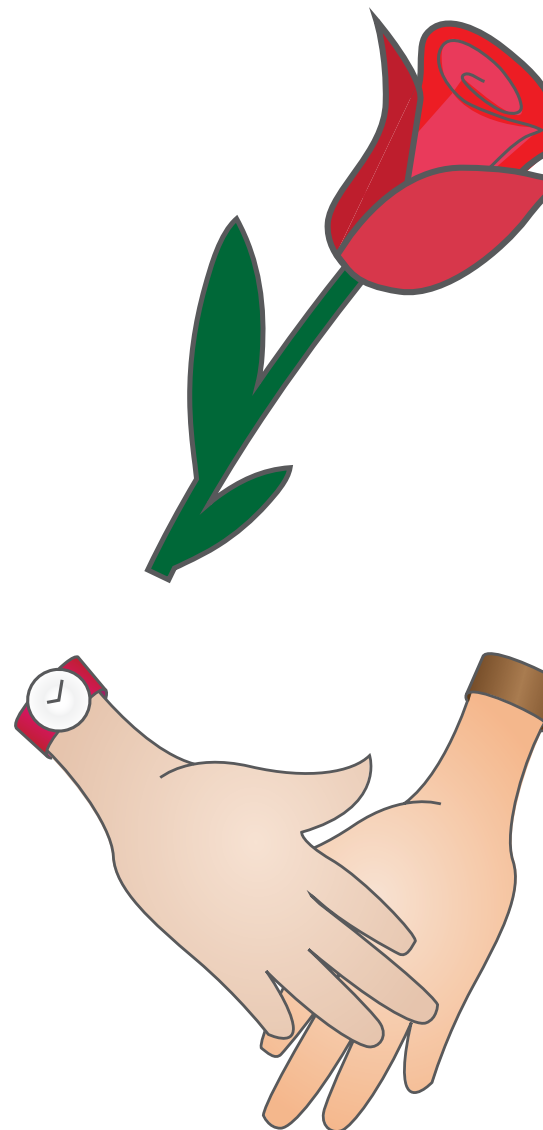
I'm not going to lie, my very nice chap and I often hold hands. But this is not because we like to have skin-on-skin contact at all times; nobody likes sweaty palms. It is because he lives in London and I am easily distracted by big buildings and shiny shops; the hand-holding is essential otherwise I get lost. The image of a couple with their hands tucked into each other's back pockets is a common cringe-inducer, perhaps with the occasional thumb slipped through a belt-hook. This makes no sense at all - it is highly unlikely that you have the same leg length and gait, so don't pretend it's comfortable. Are you practising for a three-legged race? No? Then Stop It. We get it - you're having sex. No-one cares.

Similarly inappropriate behaviour also occurs when seated. Let's take typical scenario number two - you are seated at a pub/eating establishment with Happy Couple ensconced on the other side of the table. One of them will inevitably appear to have their hand in the other one's crotch. The hand may well just be resting on their partner's upper thigh (still cause

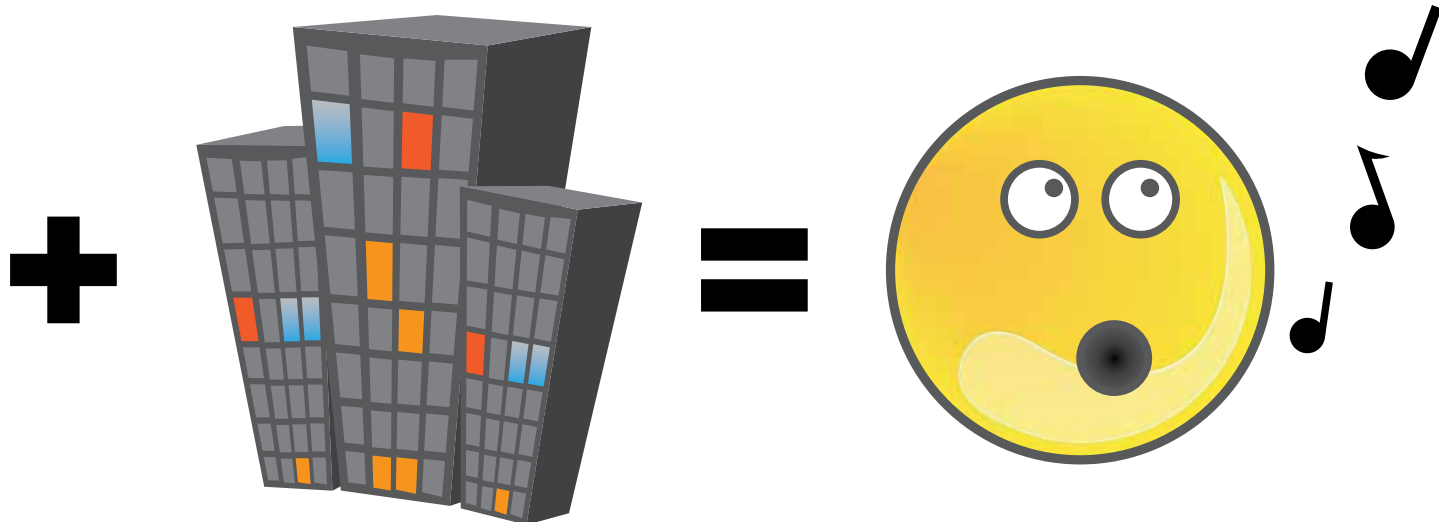
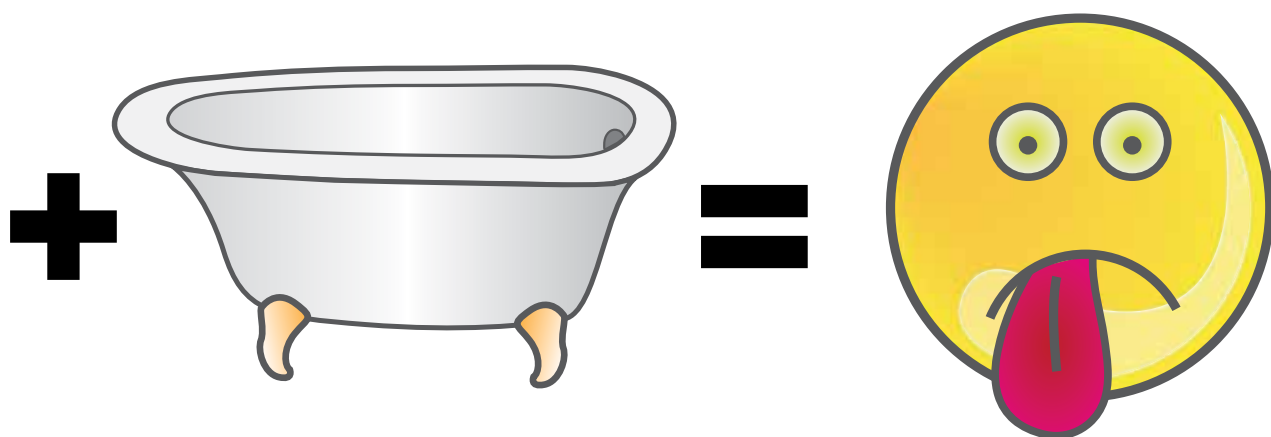
for disapproving frown). Clearly, this is a gesture with which they are perfectly comfortable and they would never see as inappropriate. Either that, or they think no one can see and should be barred from the establishment indefinitely. This kind of activity is something which they think is adorable. However, for the rest of us, it's just another awkward reminder that they are engaged in sexual relations.

The worst is when you find yourself uncomfortably close to a couple and they are indulging in a lengthy saliva-exchange. We have reached typical scenario number three: you are standing in a queue behind Happy Couple. They're probably buying matching cashmere jumpers. Having completely lost interest in paying for knitwear, Happy Couple are occupied with a spot of tongue-wrestling. He probably has both hands cradling her chin. And THEN, having managed to stop yourself from doing anything more violent than clearing your throat, they will break the hermetic seal of their lips and, apparently amazed at their proximity to the cashier, turn back to you and apologise. No doubt with beatific smiles plastered all over their self-satisfied faces. Wankers.

Going for a jolly public boob-squeeze? Refrain. Is your loved one's tie slightly askew? Leave it. Want your partner to try some of your food? They can use their own cutlery. So here is a plea to any of you who, having read this, suspect that you may be one of a Happy Couple - Beware The Cringe. As Bon Jovi says, you give love a bad name. Thank you, and Happy Valentine's Day.



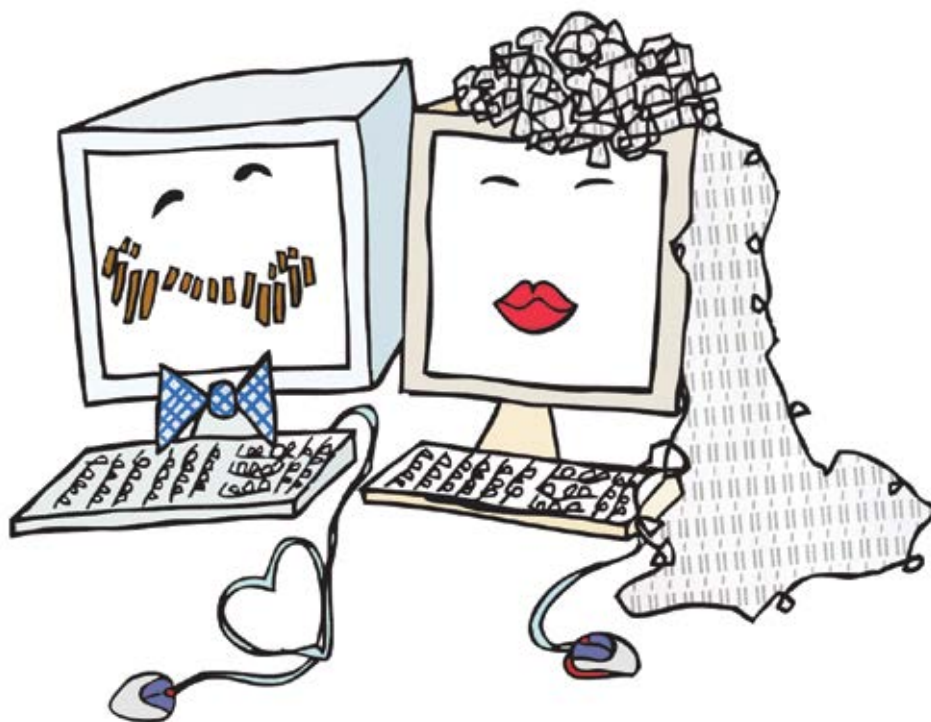






# Think you're going to CLICK?

words: **Ally Kirby** | illustration: **Ben Robertson**



Trying to find that special someone can be a frustrating and soul destroying experience. From the arranged dinner party with your 'best friend' who just happens to have invited a single male friend from her husband's office who looks like a toad in a blender with a personality to match - to the excruciating agony of meeting a guy in a bar who's coherent enough to string two sentences together but falls asleep after vomiting on your shoes in the club. It's no wonder people are turning to their computers to help them in their search for love.

Online dating is no longer a taboo subject. Gone are the days when meeting someone online conjures up images of seedy old men in darkened rooms preying on desperate divorcees fighting to give love one last chance before succumbing to the allure of becoming the crazy cat lady.

In years to come meeting your partner online will probably become the norm... 'What? You met face to face while walking your dog in a park? How very quaint!' In the past ten years online dating and dating websites have sprung out of the ether and are all competing for our affections (and sometimes our wallets) by promising you that your soul mate is on their books and just waiting for you to email them so you can get started on your happy ending straight away. But do you need these websites or is it just like real life where you get lucky and meet someone

who has the same interests as you by joining chat rooms and forums instead of photography and cookery classes?

Sarah from Bishopstoke is definitely on the side of the dating websites. She met her husband Andrew three years ago when a friend of hers posted a profile on [mysinglefriend.com](http://mysinglefriend.com) and they were married 15 months later.

'It's one of the best things I've ever done' Sarah tells me as we sit down with tea and biscuits. 'If I hadn't gone on the website, I would never have met Andrew. We worked in different counties, socialised with different people and I don't think our paths would have crossed if we hadn't started messaging each other on the website'

Sarah's friend created her profile for her after seeing her get hurt by scummy boyfriend after scummy boyfriend and decided that it was high time her friend met her prince charming. Andrew sent her a message via the website and they began chatting on MSN. After a month they decided to meet to see if they were compatible and their whirlwind romance flourished. Sarah attributes this to the fact that they already knew a lot about each other before they actually met. They had discussed core values such as children, marriage and fidelity (yes kissing someone else IS cheating and I will remove your crown jewels) before meeting so were much further down the relationship path



than they would have been if they'd met in Tesco's. Their relationship has been met with scepticism by some who felt that they were moving too quickly but three years on with a beautiful baby boy the couple have surely proved their cynics wrong.

On the other side of the fence on the subject of dating websites is Fiona from Southampton. Fiona met her husband Zach, who's from the US, on a wrestling forum where they chatted for several years before the subject of meeting was even brought up. Two and a half years of chatting online later, Fiona took the step of flying out to the US to meet him.

'Sure I was nervous she tells me, It was a pretty big gamble yet at the same time I knew it would go ok. It's hard to explain' As they were both still at university, the online communication continued until Fiona graduated and decided she wanted to be with Zach in the US. Now happily married for seven years, she's been there ever since.

'Online dating is just like real life dating. If you go out looking for it, you're bound to stumble across jerks and losers. My relationship is different because it didn't start with the goal of love and happiness. You don't fall in love just by putting your name up on one of those dating websites. Take the time to be friends and see where things go from there.'

Fiona's take it slow and build a friendship first outlook differs dramatically from Sarah's heady whirlwind romance but ultimately they both found lasting love online and isn't that what it's all about?



### Internet dating tips

**Be honest.** If they like your profile, great! If they don't, you've just saved yourself the hassle of getting all dressed up to meet someone you have nothing in common with.

**Keep it real.** Just because the only decent picture is of you ten years ago on holiday in Marbella doesn't mean you should use it. If you put a picture up that doesn't represent you truthfully, you're only wasting your own time. Again.

If you're going to go for the dating website option, you get what you pay for. **Shop around** and do your homework before you sign up.

**Do not, under any circumstances, give any money to anyone you have met online.** Especially if they tell you they are being held by customs/being deported/going to have their finger chopped off....

**Keep yourself safe.** The emergency phone call works quite well in this situation. Get a friend to call you half an hour after the date has started and if you get even a hint of loser or a whiff of axe murderer reply with a solemn 'Oh no, you're in the hospital? Of course I'll come and get you!' Throw your date a 'sorry got to go, emergency' and get yourself out of there pronto. Similarly if you're flying to another country to meet someone make sure you handle all the bookings yourself and don't tell them where you're staying until you've had your first meeting. This is to avoid the whole 'I thought you'd be ok with staying with me and my seven kids in a trailer in the back of beyond' situation.

Above all, **trust your instincts and have fun with it.** If someone's not right for you it's not the end of the world! You can find love online but you can also still find it out there in the real world.

*Do not, under any circumstances, give any money to anyone you have met online. Especially if they tell you they are being held by customs/being deported/going to have their finger chopped off....*



## RELATIVEVALUES

Same family, different views. Our new feature gets people who do related jobs (or who are actually related) to tell us all about their favourite things. This month it's the turn of two local guitar heroes, Charlie Northedge and Rick Jones. Want to feature? Email [features@gallery.je](mailto:features@gallery.je).

### *Charlie Northedge | Rick Jones*

#### *Favourite possession*

My motorbike MV Agusta

Has to be my acoustic guitar, it's variously kept me sane and paid my bills - and it's made in Ireland... who'd have thought?

#### *Favourite place in the world*

Koh Pha Ngan

Tough one, I variously wish I was back in the USA, or living on the Ecrehous. I'll say the Ecrehous!





***Favourite colour***

Red		Green, but real green... grass, trees etc.
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***Favourite animal***

My dogs		My German Shepherd, Thor!
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***Favourite smell***

Garden mint		Indian Rosewood and cedar, luthiers' (guitar makers) workshops smell that way.
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***Favourite way to spend the weekend***

Gigging with my band mates		Camping somewhere remote, away from people!
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***Favourite Jersey beach***

St Ouen		Plemont, with the tide up, so you can swim/kayak into the cave.
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***Favourite food***

Black cod		Stir fried anything!
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***Favourite ice-cream flavour***

Rum 'n raisin		Banana
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***Favourite restaurant***

La Cantina		Golden Corral in the USA. Southern cooking, all you can eat! The Old Bakehouse if we're talking Jersey.
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***Favourite pastime***

Jamming with friends		Reading, honestly. Kayaking if we're talking activities.
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***Favourite film***

Ace Ventura		Step Brothers... too funny.
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***Favourite book***

'The Damage Done'		'The Discovery of Heaven', by Harry Mulisch. Richard Dawkins for non-fiction.
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***Favourite lyric***

'Wake up in the morning, get into bed' (Ian Gillan, Deep Purple)		Pick any section of Richard Thompson's song 'Beeswing'.
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***Favourite person***

Depends on the day		No matter what answer I give, one of my kids will be upset... can I plead the fifth?
--------------------	--	--

***Favourite celebrity***

Bear Grylls		I tend to like people's talents - things they can do - the people themselves I don't take much notice of. Maybe Paul Watson, of Sea Shepherd, if he qualifies.
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***Favourite thing to splurge on***

I have a soft spot for motorbikes!		Shiny things with light up pictures of bitten apples on!
------------------------------------	--	--

***Favourite memory***

The parties we used to have at my old apartment in Hollywood. We'd bbq on the balcony then drink beers by the pool until the sun disappeared... and we were usually still there when it came back again!		I may have taken too many blows to the head, they are all jumbled up!
--	--	---





# Misc page

The page where we share all of the things that we've found this month that don't have a home anywhere else in the magazine

## Saucy Sale

This retailer in Japan should have done a little bit of research into the specific meanings of certain Western words before launching their latest 20% sale...



## I sesame seed what you're getting at there...

A South African branch of the fast food chain Wimpy seriously made us smile when we heard them promoting their new braille menus... and after watching their ad we then found out that they made 15 burgers with special sesame seed messages on the bun and then sent them out to the three biggest blind institutions.



## Only in America...

Dante Autullo of Chicago had what he initially thought was a close shave this January as he built a shed in his garden. Firing his trusty nail gun above his head, he slipped and thought that the nail had simply grazed by his head and the gun itself given him a bit of a wallop.

After having a friend clean out the small puncture wound with peroxide, finishing the shed and shovelling a bit of snow for good measure he went for a nap. Waking to feel a little nauseous the next day his wife suggested they go to the hospital.

When the doctor presented an x-ray, Mr Autullo asked 'Is this some kind of doctor joke you just pulled from your doctor's joke drawer?' to which the doctor simply replied 'No man, that's in your head' according to reports from The Telegraph.



Rushing him to another hospital, surgeons successfully managed to remove the 3.75 inch nail and all of his speech and motor function has been preserved. Fancy that, missing all of the important areas of his star-spangled grey matter - what a stroke of luck.

We shouldn't be too hard on the poor bloke though, as the brain itself doesn't contain any nerve endings so he'd not have felt the nail once it had penetrated the skull membrane. Amusing, and informative!

## More talking dawgs..

Here at Gallery we love most four-legged furry creatures (and certainly don't discriminate about those blessed with less) - one resides with us most days in the office. Wouldn't it be ideal if we could chat to them or have them talk to us sometimes? If you feel the same way about this very serious topic, then you need to meet Mishka...

<http://youtu.be/qXo3NFqkaRM>



## Love sickness

### Love Struck:

Being lovestruck is a non-medical term used to describe mental and physical symptoms associated with falling in love: 'love-struck'. It means to be hit by love... you are hit in your heart by the emotion of love.

### Lovesick:

Lovesickness describes the informal syndrome of rejected or unrequited love and covers physical as well as mental symptoms. It is not to be confused with the condition of being lovestruck. Almost all humans suffer from lovesickness one or more times in their life.

### Puppy Love:

Puppy love (also known as a crush or calf love or even 'kitten love') is an informal term for feelings of love, romance, or infatuation felt by young people during their childhood and even adolescence, so-called for its resemblance to the adoring, worshipful affection that may be felt by a puppy.

### Obsessive Love:

Obsessive love is a state in which one person feels an overwhelming obsessive desire to possess another person toward whom they feel a strong sexual attraction, with an inability to accept failure or rejection

### Narcissistic personality disorder:

Narcissistic personality disorder (NPD) is a personality disorder in which the individual is described as being excessively preoccupied with issues of personal adequacy, power, prestige and vanity.

### Hypopituitarism:

Some individuals who claim never to have felt romantic love suffer from hypopituitarism, a rare disease that doesn't allow a person to feel the rapture of love.





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# Me & my pet



## Toads

The toad, or crapaud to give it its Jersey-French name, is common in Jersey but doesn't occur in the other Channel Islands. It is easily distinguished from a frog by its warty skin and the fact that it crawls rather than hops. In early spring toads move from their hibernation sites to their breeding ponds. These are often the same ponds they were tadpoles in. They go to great lengths to get to the ponds, crawling over walls and other obstacles and crossing roads where many are killed. The males arrive at the ponds first and croak to attract the females.

There are many more males than females so there is great competition to get a female. Sometimes several males cling onto one poor female in a ball of toads and the female may even drown as a result. The eggs are laid in strings

7 - 10 feet long around the stems of water plants. These hatch into tadpoles which develop into toadlets in 10 - 16 weeks depending on the weather. Only about one in twenty of the eggs will survive to become an adult toad. Males become ready to breed at 3 years and females a year later.



The adults leave the ponds after the eggs are laid and spend the summer alone. They feed at night on slugs, insects and other small animals which they catch with their long sticky tongues. In late autumn they hibernate under logs or in holes in walls, sometimes in groups. They can live for 20 years in captivity but 10 years is more usual in the wild.

They have poison glands on their backs which deter predators and the tadpoles are poisonous too.

### Breed:

*Oscar:* Cockerpoo  
*Humphrey:* Russian Tortoise  
*Kelly:* Female/human

### Age:

*Oscar:* 11 months  
*Humphrey:* 4 years  
*Kelly:* 23

### Likes:

*Oscar:* Everyone and everything.  
*Humphrey:* Dandelions, petals and the garden  
*Kelly:* Travelling, food, champagne, and time at home with the family.

### Hates:

*Oscar:* Being told what to do.  
*Humphrey:* Being picked up, or other tortoises getting in the way of my dinner.  
*Kelly:* Coriander and sprouts.

### If human/animal you would be:

*Oscar:* I think Jim Carrey, mad, fast funny and attention seeking.  
*Humphrey:* Arnie, because then I'd be big and strong.  
*Kelly:* I think a cat, their lives are chilled they sleep, eat, go out, etc whenever they want.

### Wants:

*Oscar:* Everyone permanently around him, throwing balls, chasing him around the garden and turkey ham!  
*Humphrey:* To constantly bask in the sunshine.  
*Kelly:* More holidays, more money, more champagne. I also think it would be pretty cool if the week evened itself out a bit more - four days at work, three day weekends maybe!? Seems fairer to me.

### Interesting facts:

*Oscar:* Cockerpoos are not a registered breed in the UK but are in the US.  
*Humphrey:* Russian tortoises can swim and love to climb.  
*Kelly:* I can't do a lot of things that are in odd numbers!

### Most impressive thing ever done:

*Oscar:* I can open my baby gate and I can nearly jump over it!  
*Humphrey:* Pushed my water bowl along the floor.  
*Kelly:* A sky dive from 15,000ft - pretty impressive if you ask me!



A woman with a voluminous white wig and a white lace dress stands in a dense thicket of white, bare branches. She is looking upwards and to the right, with her right arm raised and hand resting on a branch. The scene is backlit, creating a soft glow around her and the branches.

# RENAISSANCE

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BOUTIQUE  
SHOPPING  
EXPERIENCE

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RENAISSANCE  
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BEEN AHEAD  
OF THE LATEST  
FASHION  
NOW WE'RE  
ABOVE IT

26 HILGROVE STREET  
ABOVE THE MARCCAIN STORE



# NEWS IN NUMBERS

**2** islanders have a lucky escape jumping from their burning house

**350,000** investment into horticultural training facilities at La Moye Prison proposed

**10** million dollars sought by Brazilian government from frozen Jersey accounts of former Sao Paulo Mayor

**200** Gorey residents gather to oppose development plan on former Potteries site

**2.5** million pound estimated loss for Jersey's attempted foray into e-gaming

**31** year old Margarida Nascimento de Ascensao remains missing

**34** percent increase in local drivers arrested for using mobile telephones



# EVENTS

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## PIZZA EXPRESS ST BRELADE REOPENING *Pizza Express, St Brelade : 28/11/11*



Pizza Express fans were pleased to get back into Pizza Express St Brelade after its £250,000 refurbishment. The evening was a real success with over 100 customers trying out the new look restaurant and relaxing to the sounds of a

live band. Nathan Wilczynski, Pizza Express's general manager said 'Once again, Pizza Express Jersey has taken a step forward in leading the way in the design of its restaurants and the food it serves. A bright, vibrant, modern

looking restaurant now awaits our customers in the bay, and we look forward to welcoming everyone soon to tuck into the best pizza on the island!'

Get Gallery's paparazzi at your events.  
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**paparazzi**  
gallery

## LLOYDS TSB PREMIER SHOWCASE EVENING *Lloyds TSB : 01/12/11*



The wet weather outside didn't put off Lloyds TSB Premier clients (both two and four-legged) who enjoyed a festive evening of Christmas carols, canapés and even magic tricks at the bank's Broad Street

offices. Lloyds TSB local benefit providers from florists and jewellers to leading island hotels and restaurants were also there with a range of offers and competitions. Lloyds TSB Business Development Manager

Jason Lewis said: 'We're thrilled with the evening's turnout and pleased to have the opportunity to showcase the special Premier benefits to our clients'



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## HANNAH JOHNSON HOPE TRUST FUNDRAISING BALL *Celestial Hall, Royal Yacht: 26/11/11*



The fundraising ball was held to remember Hannah Johnson who died last year, and was organised in just ten weeks by her mum and five best friends.

The evening is expected to raise more than £5,000 for Autism Jersey and Teenage Cancer Trust. Hannah's mum Carole said 'The atmosphere was amazing. From

Hannah's consultants and Jersey Hospice to her friends and family, the collection of people there made the night very special.'

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**paparazzi**  
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## BNP PARIBAS STAFF CHRISTMAS DRINKS *Quayside: 23/12/11*



On Friday 23rd December, BNP Paribas hosted their staff Christmas drinks at Quayside. The event also gave the Bank the opportunity to celebrate the total amount staff raised throughout 2011 for their chosen charities; Family Nursing & Home Care Trust and The

RNLI. Representatives from both organisations were present to receive cheques for £6,000 each. The employees of BNP Paribas raised these funds by holding an Innovation day, the sale of company Blackberrys to employees and the Your Hour To Give initiative. This is an incentive

they launched in 2011 where employees can donate an hour of their monthly salary to one/both of the charities each year. They are running this again in 2012 with their chosen charities Jersey Hospital Special Care Baby Unit and Jersey Hospice Care.





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## JERSEY CRAFT GUILD OF CHEFS *Highlands College: 18/1/12*



More than 40 of the island's top chefs and industry experts were at Highlands College for the launch of the Jersey Craft Guild of Chefs, which will create a forum for local chefs and

help promote island produce, local producers and restaurants. Guests were treated to a special lunch menu from Michelin-starred chef Jeremy Medley, who was awarded his first

Michelin star at the age of 24. Jeremy worked with the students to give the assembled chefs and food experts a demonstration of some of the very latest techniques of modern cuisine.

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## CLOSE FINANCE CHRISTMAS PARTY *The Totem Club : 01/12/11*



Close Finance held their annual client Christmas drinks party at Totem Club. Despite facing torrential rain and storm force winds that evening, they were delighted

to welcome their loyal customers and suppliers for a festive drink (or two). 'It's been a fantastic year for Close Finance and we wanted to thank those that are directly

responsible for our continued growth and success' explained Adam Dawson, Managing Director.



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### GUERNSEY





## LIBERATION CHRISTMAS ALE LAUNCH *The Cock and Bottle : 01/12/11*



The 2012 Liberation Christmas Ale was officially launched at the Fête de Noué celebrations in the Royal Square on the 1st of December. A glass of the

festive ale, described as 'Christmas in a glass' and a mince pie or two were the perfect accompaniment to the Fête de Noué launch, the carol singing, and of

course the official switching on of the Christmas lights. The launch was also an opportunity for people to donate to the National Trust.

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**paparazzi**  
gallery

## DANDARA CHRISTMAS DRINKS *The Chart Room at Millais House, Castle Quay: 08/12/11*



This event was extra special as it was the first time all the guests got to glimpse the fantastic space and interior of Millais House. Claire Smith, Sales Director at

Danadara commented 'The Chart Room Christmas drinks party was a tremendous success and we were very proud to have received such positive feedback regarding

the high standard of fit out. With the extra high ceilings, the acoustics of Jersey Big Band sounded phenomenal.'





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## ICE SKATE JERSEY, SPONSERED BY SURE *The Parade Park*



This year's rink, and all the fun and frivolity that goes with it was made possible by Sure. Louise Burrows, Sure's Marketing and PR Manager commented 'We were absolutely thrilled to be able to

help create an event which thousands of islanders of all ages enjoyed. It proved to be a fantastic family attraction and really added some magic to Christmas in the island. This is the second year that Sure

has worked closely with Ice Skate Jersey to bring the rink to the Island and we're already looking forward to its return in December.'

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**paparazzi**  
gallery

## RE-WORKED EXHIBITION LAUNCH *The Berni Gallery, upstairs at Arts Centre: 09/01/12*



Following the success of the Self Portrait exhibition, another group of Jersey artists were presented with the challenge to create original new work in less than 36

hours. They could only utilise materials that had been found, already been used in a different context or were naturally occurring in the countryside. The

fantastic pieces of art were on display at this well attended launch party, and if you're quick you can see them too as this exhibition will be running until Feb 4th.



*UPFRONT*



# Community

## Prison (makes a) break

Despite having a full schedule of training, the island's new recruits for HMP La Moye are setting themselves their own charity challenge. On Saturday 25th February all 14 of the new officers will be using their strength and endurance skills to pull a prison cell to St Helier and back in an effort to raise money for Help a Jersey Child and Jersey Women's Refuge.

They begin their attempt, whatever the weather, at 9am outside the Prison gates and will be pulling the cell in a circuit to town and back along the roads collecting money along the way. And since Jersey Women's Refuge is one of the partner charities, the Refuge thought it was only fair that they have a go themselves. The all-female team of volunteers will be dressing up in fancy dress for the occasion to join the recruits on route.

Chloe De La Cloche, Trainee Prison Officer said; "Not only is this an amazing opportunity for people to see a little bit more of what we do, they can also learn about the two charities and what they are doing to help our community. The day itself promises to be great fun and everyone is welcome to come and show their support and get involved."

To find out more go to [www.jerseywomensrefuge.org](http://www.jerseywomensrefuge.org) or to make a donation go to [www.justgiving.com](http://www.justgiving.com)



## Marathon Mark runs across the water

Headway Services Manager, Mark Harris, has been overwhelmed by the support following his 7 Marathon Challenge, donations have continued to be received by Headway and the total raised has now exceeded £8000, which will go to help support local members affected by brain injury and their families.

The incredible 184-mile challenge began on Monday 26 September and ended when Mark crossed the finish line of the official Jersey Marathon on Sunday 2 October. Mark said 'I can't believe I finished! It was an amazing experience that was strangely enjoyable.'

This year Mark has not been deterred from his marathon experience and is organising and encouraging islanders to travel across the water to compete in the Mont St Michel Marathon on Sunday 13th May. Headway have organised travel, accommodation and race entry for 20 islanders who are willing to raise funds for the local charity. Want to take part?

Get in contact with Mark Harris or Headway fundraiser Beth Gallichan on 505937 or email [beth.headway@gmail.com](mailto:beth.headway@gmail.com)



## Jay Morris Spinathon comes round again

Islanders are being encouraged to sign up to spin for the 2012 Jay Morris Spinathon in aid of Jersey Hospice Care. This will be the tenth year that family, friends and Hospice supporters have signed up to take part in the event which raised £15,585 last year. Around 100 people will be sponsored to spin in one hour slots from 11am to 6pm, led by Club Carrefour's instructors, who give their time free of charge in support of the event.

Jay, who was a keen racing cyclist and founder member of the Velo Cycling Club, died from cancer at the age of 30 in 2003. He had every intention of taking part in the first Spinathon, which was originally set up to raise awareness of his illness. but Jay died a few weeks before the event was due to take place. His family has continued to organise it every year since as a tribute to Jay and a fundraiser for Jersey Hospice Care.

2012 Jay Morris Spinathon, Club Carrefour, St Lawrence, Saturday 25 February 2011. Spinners can book hour slots by completing a registration form available at [www.jerseyhospicecare.com](http://www.jerseyhospicecare.com) or by phoning 871559.

## International Year of Co-operatives campaign launched

Did you see them? Shoppers at the Grand Marché store in St Peter on Thursday 12th January were greeted by Co-operative staff wearing traditional hats from countries around the world, and piecing together a giant global jigsaw to mark the official launch of the United Nations International Year of Co-operatives.

The 2012 International Year of Co-operatives will provide an opportunity for the 1.4 million co-operatives across the world to highlight how, through co-operative values and principles, co-operative enterprises help 'Build a Better World'.

'We are a true co-operative in every sense of the word. We are not only committed to the local communities in which we trade but operate to serve our members who have a say in our direction and share the surplus made by the Society,' said CEO Colin Macleod.



You've got to take your hat off to them...

## Family Nursing's 2012 Club

Family Nursing and Home Care does extremely valuable work providing nursing and care services across the community. The association receives a grant from the Health and Social Services Department but needs to raise an additional £2,000,000 per annum to maintain the vital services it provides. This is done through donations, membership, legacies and fundraising. The 2012 Club is an integral part of their annual fundraising initiative and tickets are still available for their monthly draws at £30 (first prize is now £1,000).

For more details about the 2012 Club contact Debbie Farley 443666, e-mail [d.farley@fnhc.org.je](mailto:d.farley@fnhc.org.je) or visit [www.familynursing.org.je](http://www.familynursing.org.je) for an application form. Join now as the next draw could mean you hold the winning ticket!



# TM Legal Services

TM Legal Services provide an essential HR role for employers who do not have HR resources or act as an invaluable backup to those organisations that do. Every month Lindsay Edwards-Thatcher, an Employment Law specialist, will bring you insightful employment law advice in an easy to understand format.

## A to Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

## Online Social Networking

Online networking barely existed a few years ago, now it is everywhere, from Facebook to Twitter!

This can cause many diverse problems for the employer, so much so that in the UK ACAS (the equivalent of our JACS) has produced a 56 page document to help employers deal with the problem.

These problems can be lack of productivity of staff, posting misbehaviour on the web or commenting on the employer or the business on the web. It is probably the latter that is most practised; some employees may comment on their Facebook about 'the evil boss' or discuss other members of staff or work practices in a none too favourable light.

Yet we must remember that in every contract of employment are the implied terms of Trust and Confidence.

Can an employer trust an employee who is posting comments about staff or the business on the internet? An employer is then faced with having to carry out disciplinary action against an employee.

Two cases have been in the media recently as a result of dismissals on the basis that the employer has the right to protect their reputation.

### Gosden v Lifeline

Lifeline is a charity working with drug users within the prison service. Mr Gosden initially worked at Moorland Prison but was moved in 2007. In 2001 he sent an e mail, outside working hours and from his home computer. The email was sent to a Mr Yates who still worked at Moorland Prison and was employed by HM prison service. The email was headed 'pass this on' and contained sexist and racist material. Mr Yates did forward the email on, to another colleague at Moorland and as such the email entered the prison service computer system. Lifeline took disciplinary action against Mr Gosden claiming that he had acted in a way that could damage Lifelines reputation. He was dismissed for gross misconduct. Mr Gosden subsequently brought a claim for unfair dismissal.

The Tribunal found it was within the range of reasonable responses for the employer to regard forwarding this email to one of its biggest clients as behaviour that might damage the employer's reputation.

The tribunal did consider the fairness of dismissing an employee for conduct that took place outside the work place. The email was sent from his home computer to a friend's home computer, however it was intended to be passed on and therefore the employee lost control who it was sent to and therefore any right to privacy.

### Preece v JD Wetherspoon

During a work shift, Miss Preece and a colleague Mr Ainsworth were subjected to a torrent of abuse and threats by a group of customers particularly Brian and Sandra.

Later in the evening whilst in work, Miss Preece went onto her Facebook page and started a rant containing expletives, particularly about Brian and Sandra.

The company handbook listed as an example of gross misconduct acts committed outside of work, which had an adverse effect on the employees suitability for the job, or which brought the company's reputation into dispute. In addition the company's email and internet policy allowed it to take disciplinary action should an employee use a social media which lowered the reputation of the company, its customers or its staff.

The company undertook disciplinary action against Miss Preece on the basis of the damage to company reputation and breach of policy which lead to a fundamental breakdown in trust and confidence.

The Tribunal found that the decision to dismiss was within the band of reasonable responses. The Tribunal looked into her right to privacy which was denied due to the public domain of Facebook.

These are first instance decisions so might go to appeal - but I feel they are very sound judgments. It highlights the need in employers' handbooks to prohibit actions that could lead to reputational damage - and therefore the employer may not have to prove that reputational damage has occurred. It also brings to the fore the requirement for a full policy on the use of email, internet and other social media both in and out of work.

## What's New?

Jersey is attempting to set up The Jersey Employment Tribunal Working Group, consisting of people from all walks of life who use the Tribunal. This is very much in its infancy and so far has only gone as far as trying to put together people to sit as that group.

Interestingly though the list of proposed people will be given to the Tribunal to allow them to ultimately choose the members of the Group.

The last figures reported on the Tribunal show an increase of 15% on the number of cases referred to it. This is quite likely a sign of the economic climate but is an increase nevertheless. 2012 is being reported as the year in which Jersey will finally have anti-discrimination legislation and I watch with bated breath as we will surely see that 15% increase continue to rise.

Yet we still remain without a Jersey Appeal Tribunal!

## Lindsay Edwards-Thatcher

Lindsay Edwards-Thatcher is an Employment Law specialist and English Solicitor who qualified in 1999. Since 2002 she has worked in private practice in Jersey and for over five years has provided specialist contentious and non contentious employment advice to various institutions in Jersey.



## Need insightful employment advice?

Call us on 499449 or email [contact@tmlegalservices.com](mailto:contact@tmlegalservices.com)

## TM Legal Services



## matrimonial matters

Pre-nups...  
Not just for the rich & famous

words | Rose Colley

Partner, Viberts Jersey Lawyers



*When we think about pre-nuptial agreements, or 'pre-nups' as they are often referred to, most people automatically think about celebrities and the bizarre agreements they enter into prior to marriage.*

For instance, Catherine Zeta-Jones and Michael Douglas have a pre-nup that awards Catherine \$2.8 million for every year of their marriage if he cheats on her!

But pre-nups are not just for celebrities, increasingly, couples are taking advice on drafting a pre-nup before they marry. For example, if one person is considerably richer than the other or wants to preserve assets acquired before marriage; or to ensure that assets are distributed as intended and not dictated by the Court. If there are children from previous relationships, a pre-nup will help ensure they too benefit from the distribution of assets rather than distribution between the marital parties only and, not least, to minimise potential disagreement and save on litigation costs in the future.

Until recently, if a divorce proceeded to Court and there was a pre-nup in place, it carried little weight. It was easy for a judge to depart from the agreement and make a decision about assets based on the information in front of the Court at the time, regardless of changes in circumstances during the marriage, however dramatic these may have been. Following a landmark case, the Court must now take pre-nups into account and give them appropriate consideration when determining financial settlements, as long as the agreement meets certain criteria.

There has been no case of this type in Jersey as yet, but our Courts look set to follow the UK.

Pre-nup agreements can none the less be subject to challenge, and if a pre-nup is relevant to your planned marriage, there are some important guidelines to follow that will ensure it will be given due consideration should your matter proceed to Court:

- Both parties must enter into the agreement of their own free will.
- It is advisable that each party obtains sound legal advice and engages in a full and frank disclosure of their financial positions.
- There should be no undue duress or any exploitation of one party's dominant position over the other.
- The agreement must be fair and both parties must be satisfied they have full knowledge of the implications of the agreement.
- Where children are involved, an agreement cannot be allowed to prejudice the reasonable requirements of the children of the marriage.

If these guidelines are followed when creating your pre-nup it is likely that the Court would uphold your agreement upon divorce. As financial circumstances can change substantially throughout the course of your marriage, it is important to review your pre-nup on a regular basis and if it necessary to amend it, converting it to a 'post-nuptial' agreement.

Love, unfortunately does not always last forever, but advice that is taken now, on a pre-nup arrangement that addresses all eventualities present and future will have a lasting effect should things go wrong.



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## financial focus

## Time to get financially fit

words | Adam Dawson

Managing Director, Close Finance



*2012 is now firmly under way but hopefully all those good intentions for the New Year are not forgotten just yet.*

The team at Close Finance are at hand to keep you on the right track by offering to be your Personal Finance Trainers, ensuring that you remain financially fit in 2012.

'Many people would like to lose a few pounds at this time of year,' says Managing Director Adam Dawson. 'While we can't help people trim the inches, we can help them save a considerable amount in interest charges on credit cards and loans.'

With 40 years of experience in Jersey and Guernsey, Close Finance are experts in the field of lending especially debt consolidation. They would always advise people to sort out their finances sooner rather than later - delaying often means paying more in the long run.



*'While we can't help people trim the inches, we can help them save a considerable amount in interest charges on credit cards and loans.'*

'Personal debt is rising as more people take out payday loans or use their credit cards for everyday expenses. We'd always advise borrowers to do their homework and find out the true cost of these stopgap measures and unapproved finance,' says Adam.

A personal loan is a much cheaper way of addressing the long-term situation. Instead of paying interest charges to several lenders, Close Finance customers pay just one single, monthly repayment which makes budgeting easier too.

After setting thousands of islanders on the path to a healthy financial future, isn't it time you got your finances in shape?



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# Community



## Boat Trip

It's not what you'd normally expect to see on King Street, but the St Helier lifeboat station boat pull by ten members of the St Helier lifeboat crew raised important funds for the RNLI. Jonathan Cornick, St Helier lifeboat station's mechanic said, 'Everyone was very generous - the boat pull raised £1900 which is fantastic. Thank you so much to the public'.

*The money raised will go to RNLI Head Office to be redistributed in the form of updated kit such as state of the art lifejackets for all the crew.*



## Young man...

You don't have to dress up as the Village People for Movember, but hey, we won't stop you.

Start planning Movember's moustachioed madness now, a new Facebook page has been set up by Tony Gaspar, Emerson D'Abbott-Doyle and Dom Bosley in the run up to the official Movember 2012 which will be held at the Drift at the Royal Yacht on 30th November 2012.

They're looking to make this the best Movember yet but need as many Mo Bros and Mo Sisters to help to help them. Why not co-ordinate your efforts or try to attract sponsorship ahead of time? There'll be a competition on the night for the best Mo with a panel of five judges to choose the winner.

*What are you waiting for?*

## Swimarathon gets a splash of colour

Swimarathon organisers are inviting primary school children to submit their artistic impressions of the fundraising event. The Lions Club of Jersey is seeking five cover designs for their daily bulletin sheets - called 'Today at the Swimarathon' - and has prize money of £250 to award to each of the winning schools.

Lion Peter Tabb said 'We would like youngsters to have a chance to add colour to the event. The five chosen designs will be seen by spectators, supporters and more than 4,000 swimmers.' The designs submitted must be in colour and fit an A4 page, allowing space for the Swimarathon logo and the date of the bulletin. Closing date for entries is 22nd February. For more details about the design competition, contact Peter Tabb on 726704.

*The 2012 Swimarathon takes place from 7th to 11th March at Les Quennevais Sports Centre. This year's event is in tribute to the late Hannah Johnson, the 2008 Young Ambassador for the Lions Club of Jersey.*

## Walk for a Cause

After successfully finishing last year's Walk the Walk MoonWalk Marathon in London, a group of local ladies have decided to set a bigger challenge for 2012.

The 2012 Walk for a Cause Challenge is not just about getting fit the whole year but also raising £2,012 by walking 2,012 kilometres by the 20/12/2012. Fund raising events will take place throughout the year and the money raised will support local and UK charities. The group will participate in several walks organised by the local community such as Itex walk but also across the channel, with the Walk the Walk MoonWalk Marathon in London and The Church to Church Walk in Guernsey.

Organiser Nicola Norton says: 'Anyone can join the challenge, whether you want to join on your own or as a group, the idea is to get fit by raising money, this is your personal 2012 challenge.'

*For more information contact Nicky Norton 07797 763405 or Claire Boscq-Scott 07797 828950.*

## Absolutely Fabulous support for Refuge

An exclusive fashion event for women organised by Voisins Department Store has raised almost £1,780 for the Jersey Women's Refuge.

The 'FAB' event in September which was co-organised with Jennie Hamilton of the businesswomen's networking group Deals in Heels, showcased new fashion ranges, expert advice from top UK make-up artists plus styling and discounts. The event was held in the women's fashion department and the whole top floor was opened exclusively for more than 120 guests to enjoy a personal shopping experience.

The manager of the Refuge, Lorna Kearney, said 'Voisins and its staff are good friends of the Refuge and have been fantastic in raising money for our vital work in the community.'

## Through the looking glass...

Featuring entertainment to include a live performance from Nerina Pallot as well as a three course meal amongst other Alice In Wonderland themed entertainment, this year's charity ball in aid of the Special Care Baby Unit is going to be a night you won't forget in a hurry.

To be held at the Radisson Blu hotel on Saturday 24th March, tickets for this highly anticipated event cost £65 and are almost gone already so if you're hoping to book a table you had better be quick - call Gemma Harries on 07797 773661 to find out more or to book a ticket.





# *TRAVEL*



*Check in & book your seats now.*

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**gallery**



*It can't be a bad life.... the beach in the summer and the mountains in the winter. Life's holy grail as far as we're concerned. Well, some people do just that. Last month the island's resident water-sports and wintersport aficionado, Geoff Spencer-Tucker took a trip to Zell Am Zee and Kaprun. He tells us these trips are 'research' for the trips he plans through his website, weekendskitrips.com We just think it's an excuse to get to the snow as soon and often as humanly possible...*

# SLOPE OFF....

words | Geoff Spencer-Tucker

**Within the last two to three years, flight connections to the Alps for Jersey skiers have improved greatly, and it is now possible to leave Jersey in the morning and be in your resort by early afternoon using scheduled airline flights. Previously it was not uncommon to spend hours in airports waiting for connections or even having to stay overnight on the way.**

Notably, Blue Islands fly direct from Jersey to Geneva and Zurich with a laid-back departure time of 11am and British Airways fly five times a week to both Innsbruck and

Salzburg in Austria, from Jersey at 7am via Gatwick. All these airports have ski resorts within an hour by road.

With the British Airways flights your luggage is routed through from Jersey to your final destination and you stay 'airside' in Gatwick, which entails a much shorter security queue before accessing the departure lounge and duty free shops. Total journey time to Innsbruck is four hours, with four hours 45 minutes to Salzburg. BA Flights to Salzburg run throughout the year, unlike Innsbruck flights which run from December to March, which extends the ski season greatly and also offers mountain walkers unlimited possibilities of mountain trails.





I visited Kaprun at the beginning of November on a fact finding mission, to enable us to offer ski packages there in the future. It's an easy 80 minute drive along good roads from Salzburg airport. Kaprun is a village that falls in the area of Zell Am Zee, and sits on the wide valley floor on the opposite side of the valley to Lake Zeller and the town of Zell Am Zee, in the Hohe Tauern National Park. The Park was established in 1981 and is the largest nature reserve in Central Europe. The water of the Zeller Lake is especially pure and is classed as drinking water. Just a little further along the valley is Kaprun, which is guarded by a 12th Century castle on a hill before the village. Kaprun sits at the base of the Kitzsteinhorn, the only glacier in the province of Salzburg, which rises to a height of over 3,000 metres. Its height guarantees '100% Snow Certainty', which means that it can be skied as early as September and as late as May, (9 months of the year!). The village also has its own slopes at Maiskogel accessible by chair lift from the village, or the Maiskogel cable car. This family-friendly skiing area offers modern lifts and numerous snack huts and the back slopes of Zell Am Zee are visible across the valley.

some of the new season's skis on very well prepared pistes! (If I could give any advice to skiers considering purchasing new skis it would be an emphatic 'try them first!' rather than believe the manufacturers or marketing team's hype!) Kaprun is used by many National ski racing teams for pre season training, and the British Alpine ski team were there at the time, so we wish them well for the coming season!

Kaprun has a good selection of 3 and 4 star hotels, and lots of *fruhstuckpensions*, or bed and breakfast guest houses, which offer great value, and are regulated by the tourism department. I stayed at two of these which were faultless. There are restaurants and bars in the village to suit all tastes, and some of the hotel restaurants are open to non-residents, with the average price of a large beer cheaper than France at €3.50-€3.80. There is a small casino in the village, shops and even some chic designer outlets! On the edge of the village is the new Tauern Spa wellness complex, and the Maisiflitzer, an all-year tobogganing track with tight corners, long straights and five swirly roundabouts. You can choose your own speed but those who love a bit of speed can race down into the valley at up to 40km/hr!

While I was there the locals had a snow dance, which happens each year, in traditional Austrian dress. The women wear traditional Dirndl dresses and the men wear leather shorts and hats decorated with cigarettes, sweets and miniature spirit bottles! Even the young women wear traditional dress along with tattoos and piercings! They start at a hotel at one end of the village and gradually make their way from hotel to hotel through the village to the Pavillion in the centre, accompanied by a 10-piece oompah band with substitute horn players and virtuoso trumpeters, then they all start singing!

Let's hope it brings plenty of snow!

Weekendskitrips.com has been offering weekend ski trips direct from Jersey to the Pyrenees by ferry and sleeper coach since 2002 via their website [www.weekendskitrips.com](http://www.weekendskitrips.com). They are now offering weekend breaks, and longer trips, by air, and self drive with ferry, in addition to the old favorites by ferry and sleeper coach. They offer trips to specially selected resorts which Jeff has visited or where they have met the hotel owners. To find out more about the possibilities of short break ski and snowboard adventures from Jersey, and even tailor made options, contact Geoff Spencer-Tucker, [geoff@weekendskitrips.com](mailto:geoff@weekendskitrips.com) or call 07797 738180.

The base station for the Glacier is just 6km up the road, and has 2 gondola stations for the fast ascent up to Langenwied, from there you transfer to the Schmittenhöhebahn with its new gondolas designed by Porsche, which take you up to the Alpincenter. This is a big modern building housing a ski hire shop, Ski school offices, restaurant/cafeteria, and well appointed conveniences. This was the snow-front when I was there. From the Alpin centre there is a chairlift to take you up to the glacier slopes and then there are 't' bars to take you up to the top and the terrain park, or a cable car will do the journey in one lift. Although it was unseasonably warm and very sunny when I was there at the beginning of November, the snow quality was superb, and I got to test





## Bean Abroad JESSICA STOKES

Words | Viv Pallot



# CALIFORNIA'S REAL ESTATE MOGUL

California. It has inspired over 400 songs to date and yet they keep on coming. The place where the sun shines all year long and everyone is healthy and toned - like the cast from Baywatch. Or so we like to imagine. Not only does Jersey girl Jessica Stokes uphold this image rather well though, she's also discovered her Midas touch in 'The Golden State' – the nickname for California in the USA.

During a particularly cold winter in Jersey five years ago, Jess decided to swap the view from the family's home overlooking St Catherine's Breakwater to one that's slightly more exotic: The Pacific Ocean and beach from a condo in Encinitas, Southern California.

'I bought a little condo with a small amount of cash down which became my home' she says. It would prove to be the catalyst for a lucrative career as a property investor which she claims was purely accidental.

Currently the owner of some two dozen properties in San Diego with plans to expand into Las Vegas and beyond, how did she make the leap? 'I read books on how to leverage money against real estate to buy more properties', she describes, 'I then bought a number of condominiums and single family homes and then sold them off for a profit until I got into my first commercial investment – a nine-unit apartment building in the city of San Diego – which I purchased with a condo conversion map accompanying it.' (Basically, planning permission to divide up and sell off individually). She then sold this to a developer and bought an 18-unit apartment complex... you see the pattern emerging here... yet she makes it sound all rather easy.

Life has certainly not been easy for 45-year-old Jessica though. She was diagnosed with Type 1 Diabetes at the age of nine and also suffers a thyroid disorder. Neither of these conditions has prevented her from leading a healthy lifestyle, however, and she says that health and nutrition sciences are her 'true calling' and her main priority in life. Her degree in Nutrition and ensuing credentials from Champneys led her to setting up and running her own health centre in Jersey for several years before moving to the USA.

Her extensive experience in nutrition, natural hormone balancing, massage, exercise and personal training are detailed in her new website [www.jessicaschoice.com](http://www.jessicaschoice.com), a platform for her consulting business in health, nutrition and support in California. Jessica is affiliated with Sabre Sciences research laboratory where she is a part-time consultant and she also co-founded an innovative therapy for pain relief at the HBOT Center in Newport Beach, CA, among other successes. She is currently compiling a cookbook of nutritional recipes and is also penning a self-help book on Type 1 Diabetes and thyroid issues.

Jessica firmly believes in practising what she preaches: 'I love to hike, cycle, jog, and swim and do other outdoor activities around

beautiful San Diego county', she enthuses. Whether it's walking in the tranquil and aromatic Torrey Pines trails in La Jolla to rambling around Lake Murray in La Mesa or hiking up Cowles Mountain in San Carlos, there is plenty of unspoiled countryside to explore within a few hours' driving distance.

How does she find time to juggle all of this with her extensive property portfolio? Well, she set up her own property management company to oversee the administration and rental incomes and so on. But then she realised there was a niche complementary market and created [www.jessicastokes.acndirect.com](http://www.jessicastokes.acndirect.com) as an 'essential services broker', (researching optimum choices for her tenants for their telephony, security, Internet, TV and energy services, etc.), which is fully international and even available to us in the Channel Islands!

What other aspects of the Californian lifestyle does she enjoy? Apart from the outdoor sports, she loves dining out, watching the live music scene and the culture... even the gun culture. Yes, guns.

A law enforcement officer she was dating told her it was 'important to get comfortable with a gun' and gave her lessons. At first, Jessica says she was nervous of handling a deadly weapon but it soon became a self-empowerment exercise. 'I learned that mentally I control the gun, it does not control me and now I really enjoy it - it's a thrilling skill and sport! I was taught to shoot with both hands plus my left and right single-handed', she adds. 'I usually shoot with a Glock 23 .40 caliber semi-automatic pistol but I have shot .38 caliber revolvers as well as a 12-gauge pump-action shotgun.' Not a girl to mess with then.

Despite her success overseas, Jess remains a Jersey girl at heart as borne out by her nickname in the USA, "Jerseygirl CI". Her brother owns the successful Bean Around the World café/bakery in St Helier, so the entrepreneurial streak must run in the family. Yet the girl who travelled in order 'to expand her horizons' remains nostalgic for the Island and plans to spend more time here next year. She misses the sand dunes, ancient granite buildings, the Anglo-French architecture, castles... and good old Jersey Cream Teas (but presumably not the winter climate).

'You could travel the world but nothing comes close to the Golden Coast' sings Katy Perry in 'California Gurls'. Except, proposes Jessica, the beautiful sunrises over St Catherine's Breakwater and Normandy coastline in the spring time.



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## Watch the magic of the Six Nations in full HD

at the Pomme d'Or Hotel



Take in the action of this year's Six Nations Rugby with your friends and colleagues at the Pomme d'Or Hotel.

Enjoy a casual pre-match buffet and drinks before the game kicks off when you can catch the action on our fantastic 119" screen. Because we limit the number of spaces available you will have uninterrupted views of the match and can be sure of a pint at the bar with no long queues.

### The Fixtures

Saturday 4th February 14:30 - France v Italy 17:00 - Scotland v England	Saturday 10th March 14:30 - Wales v Italy 17:00 - Ireland v Scotland
Sunday 5th February 15:00 - Ireland v Wales	Sunday 11th March 15:00 - France v England
Saturday 11th February 16:00 - Italy v England 20:00 - France v Ireland	Saturday 17th March 12:30 - Italy v Scotland 14:45 - Wales v France 17:00 - England v Ireland
Sunday 12th February 15:00 - Wales v Scotland	
Saturday 25th February 13:30 - Ireland v Italy 16:00 - England v Wales	
Sunday 26th February 15:00 - Scotland v France	



To book, please call 751372/3  
or email [events@pommedorhotel.com](mailto:events@pommedorhotel.com)



T&Cs: Minimum of 8 persons per group can be accommodated. Limited space is available therefore it is essential to book early. Full prepayment required 1 week prior to the event. Price includes: buffet, room hire, big screen and private bar.



We're big fans of spending staycations in Jersey. With an array of beautiful hotels permanently poised to provide the finest in relaxation, food and spa facilities we're spoilt for choice. However we're also pretty enamoured with the 'real' world beyond our sandy shores. Every now and again it's good to get away and experience something new. Last month we hopped over to the Westcountry to sample the delights of Lucknam Park, a marriage of classic period charm and modern spa luxury.

# Bath

*Set in 500 acres of listed parkland and gardens the Lucknam Park Hotel near Bath is nothing short of spectacular. On a dark, frosty moonlit night the five star Relais & Château hotel, which was a private house until 1997, was glowing in the distance as we approached along the mile long tree-lined driveway.*

Despite the relative solitude of the beautifully isolated building, there was already someone on the doorstep when we arrived - waiting to greet us, unload the car and offer the sort of warm and welcome service that we later learnt to expect at any hour at Lucknam Park. On entering the magnificent country house a fire crackled, well stocked bookcases whispered history and calm and the staff personified the sense of calm, taking complete care of our arrival and especially that of the sleepy baby with us. Your every need feels anticipated and dealt with willingly, accompanied with a smile.

The elegance of the public hall flowed through to the large peaceful drawing room and wood panelled library. We utilised both rooms during our stay; enjoying both an evening cocktail and post-stroll-in-the-grounds quiet cup of tea with delicious homemade mince pies. The 'no laptop' policy made sure that relaxation is the name of the game.

On being shown to our room, we were delighted not only with the fabulous suite but with the effort that had been put in to creating a perfect bed for our 6 month old companion. Other hotels would

have just put a travel cot in the room. Not Lucknam Park. The cot was beautifully made up with white linen including a little pillow and duvet with embroidered sprig of lavender and an extra layer of padding, ensuring the mattress was wonderfully comfortable. The extra effort paid off. The baby slept longer than ever before that night. So did we. It goes without saying that the luxurious bedroom was beautifully appointed with views into the picturesque courtyard and gateway to the Spa beyond.

Having enquired about eating in the hotel's prestigious Michelin starred Park Restaurant we were informed during check in that we had a reservation for the next day and that a nanny from the Cotswold Nanny Network had been booked so that we could enjoy the evening outside of the bedroom. The only caveat to our near perfect evening plan was 'a no jeans policy... we hope that won't be problem'. Clearly they didn't recognise the quality of a pair of PRPS jeans but fortunately a large Tesco nearby with a nice supply of £20 chinos enabled my companion to slip through the dress code unscathed. And a good job he did, the dinner we enjoyed was among the best we've ever had.

Welsh Executive Chef Hywel Jones has held a Michelin star at The Park restaurant for six years and since then has received many accolades including Hotel Chef of the Year and heat winner in the BBC's Great British Menu (Series 6, 2011). The elegance of the dining room, the service and fantastic food leave you in no doubt that this is the jewel in the crown of Lucknam Park. But don't worry about it being too stuffy. Whilst they may have a no jeans policy,





### THINKING OF VISITING WITH THE RUGRATS?



Fear not, we did and were taken care of by The Cotswold Nanny Network. Organised by the Lucknam staff, the Cotswold Nanny Network is the original specialist nanny agency orientated to exclusive hotel childminding. Having never left the baby with anyone other than family, Angela Roach put us at ease by supplying all the details of the nanny that would be looking after the baby. She arrived on time and was so professional putting us instantly at ease. I would recommend them to anyone staying in a hotel in the area. For further information: [www.cotswold-nannynetwork.co.uk](http://www.cotswold-nannynetwork.co.uk)

jackets are required and someone will anticipate your every need at an almost subconscious level, the staff are also incredibly down to earth and seem to be very good judges of character. They know who to talk to about Gears of War and who to talk to about the merits of their very fine wine collection. Despite the obvious cailibre of this hotel every member of staff will make you feel comfortable and at home.

Having been treated like royalty and fed like a King you'd think it couldn't get any better; until you take a morning swim in the spa. Voted The UK's Most Delicious Spa' by The Good Spa Guide 2010, the luxury Spa is nestled within the walled garden of the hotel and a fusion of contemporary design and traditional Bath stone. A 20 metre indoor swimming pool is couple with a hot tub that extends to an outdoor infinity pool accessible by the press of a button. As you swim out into the brisk winter air and gaze out over acres of parkland it truly befits the 'wellness' lifestyle and attitude. You may even see some of the 35 resident horses being exercised around the grounds of what also happens to be a very fine equestrian centre.

The spa facilities include an indoor and outdoor hydrotherapy pool, outdoor salt water plunge pool, 9 state-of-the-art treatment rooms including 2 deluxe suites and one double treatment room, pre- and post-relaxation room with reclining beds, thermal cabins featuring Japanese Salt, amethyst room, aromatic steam, sauna and tepidarium, changing rooms with additional sauna and steam room in both male and female changing

rooms, experience showers, fitness suite with some of the latest state of the art equipment, a brasserie, hairdressing salon and boutique. Phew! Did you expect anything else?

If the serene surroundings of the main house, luxury spa and wonderful restaurants aren't enough then pick up a walking map from the reception along with a pair of Hunter wellies and explore the 500 acres of grounds. Just a walk down the driveway surrounded by beautiful woodlands is fabulous. I'm sure on a nice day they'd prepare you a wonderful picnic and you could venture off for hours without even having to leave the grounds. With baby in tow it wasn't an option on this occasion but horse riding enthusiasts can also take day trips around the Wiltshire countryside visiting historic villages and stopping at traditional pubs for refreshments. Children can also enjoy lessons on site regardless of their experience whilst adults can indulge with a day of horse riding lessons followed by a full body massage at The Spa, afternoon tea and dinner in The Brasserie! Saddle and spa anyone?

There are hotels that are nice to stay at and there are hotels which are wonderful and leave you feeling like you've been away for weeks even when its only days. Lucknam Park is the latter. It is a treat that will stay with you for a long time, if not forever.

#### **Lucknam Park Hotel & Spa**

([www.lucknampark.co.uk](http://www.lucknampark.co.uk), T. 01225 742777) has rooms from £330 per room per night (a 2 night stay is required over the weekend period). Room rates are based on two adults sharing a room and are quoted inclusive of use of the Spa facilities and VAT.



# break from the norm

Words | **Carl Winn** General Travel Manager at Travelmaker



Many of you will opt for the local restaurant and a bouquet of flowers. If you'd really like to impress that special person in your life then why not whisk them away for a romantic break.

Most Valentine's getaways are taken within Europe, often in cities, and for just a few nights. Venice, New York and Paris will always rank as firm favorites and rightly so. You can't get anymore romantic than a gondola ride in Venice, a dinner for two in the finest Manhattan restaurant or even a proposal under the illuminated midnight sky of the Eiffel tower.

However, there are so many more options that are easily accessible from Jersey and we would urge you to give the destination some serious thought. What would excite your loved one? Is it being wined and dined in the finest restaurant, is it a shisha cafe in Tunis or would they prefer to just sit on a beach and do almost nothing? Lots of great holiday deals tend to be advertised straight after Christmas, in fact some of the cheapest holidays available can be bought encapsulating Valentine's. Whatever you decide, your Co-operative Travelmaker are more than happy to point you in the right direction, so here's our alternative guide to romantic destinations:



## Brighton

Easily accessible by rail from Gatwick airport and it won't break the bank. Call us old fashioned, but what can beat cuddling up on the pier eating fish and chips?



## A romantic riad in Morocco

Spend your days wandering the medina hand-in-hand, bargaining in souks and sipping mint teas (or something stronger). The Pink City is now well established as a city-break hotspot, and is increasingly packed with luxury hotels.



## Lake Garda, Italy

With good connecting flights via the UK, you can really make the most of just a few days away. The resorts of Garda and Desenzano will both provide a special setting for some unforgettable moments.



For more information on any of the above or if you are after some inspiration then please give us a call on 784300, pop into our Don Street branch or email us at [travelenq@ci-coop.com](mailto:travelenq@ci-coop.com). We are also available at our new travel shop on the first floor of Grande Marche St Helier.



## Tripadvisor loves us...

Or more specifically, our luxury hotels. Local five-star hotel, Grand Jersey, has secured a place in the top 20 in TripAdvisor's Travellers' Choice Top 25 Luxury Hotels listing, voted for by the TripAdvisor online community, alongside the likes of The Dorchester, The Langham and The Ritz.

TripAdvisor.com is fast becoming a one-stop-shop for anyone thinking of going on holiday and relies solely on user-generated reviews and opinions for its content. Yes, they are getting stick for a few fake posts here and there, but imagine managing that monster! Grand Jersey were thrilled to be placed so high in the Luxury Hotels category. Eamonn Elliott, General Manager of Grand Jersey said: 'We make every effort to provide guests with the best possible service to ensure they enjoy everything about their trip to Jersey. It is endearing to know that our effort has been recognised and we are proud of all our staff - it is their excellence that has won us this ranking'.

Grand Jersey joins L'Horizon and Longueville Manor, who were placed in the Relaxation Hotel & Spa and Overall Top 25 rankings respectively, as the only three Jersey hotels to be ranked in the awards. Planning your next holiday? See the complete list at [www.tripadvisor.com/TravelersChoice](http://www.tripadvisor.com/TravelersChoice).





# *CULTURE*

## PEOPLE'S CHOICE FESTIVAL 2012

If you've seen a play, singer, band or performer (locally, nationally or internationally) that you would like to see perform during the autumn 2012 season then now is the time to get your applications in.

Submissions of art, drama, dance, music and film can be made until Wednesday 29 February. Fill in a form available from our Box Office.

Jersey Arts Centre, Phillips Street, St. Helier  
Box Office: 700444 [www.artscentre.je](http://www.artscentre.je)





MY NAME IS Lucy Fleming

Lucy Fleming - aka Bang Bang.

My Name is ...

My job is ... Gardener & Artist.

The best job in the world would be ... getting paid to grow fruit & veg and do my Art.

My worst habit is ... Stationary.

If I could change one thing in my life it would be ... to own a late 70's MK2 Ford Escort Estate with a fat engine!

If I had to only eat one kind of food for the rest of my life it would be ... Owl beaks. (Salted).

This is a self-portrait of myself:

In bed I dream of ... Bergerac.

If I could be a celebrity for a day, it would be ... Finger Mouse or David Attenborough.

The best time of year is ... Spring & Autumn.

All is fair in love and war. True or false? ... False.

The best advice I've ever been given is ... Never eat Banana peels, because monkey's piss on them.

If I could have one question answered in the world it would be ... Why wasn't John Nettles allowed to live in Jersey?

The 3 most important things in life are ... only 3! laughter, Cat faces & James Bond.

This is a picture of my dream house:

Add some hanging baskets and Spooky Dokeys ... Home Sweet Home.



## Retrospective of progress

**Nikki Baudains started painting after being diagnosed with the early onset of Parkinson's. She says: 'Up until I started taking medication I had never thought about art.'**

'Suddenly there were all these colours and ideas in my head, I just needed to get them onto canvas. As I painted more and more canvases my style kept changing, as did the thoughts in my head'. See her work for yourself at the Harbour Gallery this month. She's donating a percentage of sales to Parkinson's Disease as a thank you for their support.

Retrospective of Progress, The Harbour Gallery, St Aubin, 9th Feb – 3rd March  
Private view Thurs 9th Feb, 6.30-9.30pm  
Officially opened by Murray Norton at 7.00pm. Brief talk about Parkinson's Disease by Chairlady Eileen Smith

## All sewn up

The Jersey Textile Showcase is back for its fourth year, gathering creative makers to the island from all over Europe and the UK for a week of workshops, talks and fashion shows. This year Pat Robson of Art in the Frame Foundation and The Harbour Gallery has been chosen as the specialist judge for the Selected Awards 2012 textile section of Craft & Design magazine. As a judge Pat will be looking for a love and excitement in the artists work together with originality and uniqueness of ideas, use of colour, line and composition and of course technical ability. You can vote online - visit [www.craftanddesign.net/awards](http://www.craftanddesign.net/awards) to see makers from Jersey in many of the categories.

If you're a crafty textile sort, and you'd like to be a local exhibitor for Jersey Textile showcase 5th - 11th March 2012 or to be considered for the local awards judged by UK judges, or just to find out more about the event, email [partintheFrame@yahoo.co.uk](mailto:partintheFrame@yahoo.co.uk) or telephone 01534 853395

workshops in French and English for students to develop their process of seeing and framing the world.

Mon 6th Feb – Sat 3rd March, Berni Gallery, Jersey Arts Centre  
Preview: Mon 6th February 5.30pm – 7pm  
[www.artscentre.je](http://www.artscentre.je)

## GET IT UP

Jersey Opera House's OH! Cafébar is all about the arts... even the walls are a dedicated exhibition space for local artists and photographers. Local photographer Stéphane Gimenez was the first to occupy the space with his Jersey landscapes, and now it's time for a new artist to showcase their work.

Interested? Contact [marketing@jerseyoperahouse.co.uk](mailto:marketing@jerseyoperahouse.co.uk) for details.

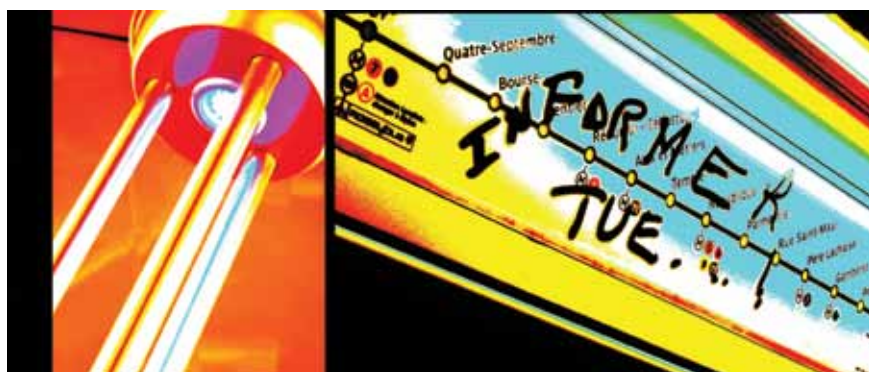


## CALLING ALL JERSEY ARTISTS...

Jersey Arts Trust has a truly great year ahead. Over the next few months they will be announcing new collaborations and details of this year's exhibitions, open studios, workshops, mentoring and events around the island.

All visual artists, whether sculptors, painters, printmakers, animators or photographers should email contact details, together with a brief description of work to [sasha@arts.je](mailto:sasha@arts.je) or call 01534 617521.

**TRACES** Explosive and vibrant abstract photography from French photographer is gracing the walls of the Berni Gallery this month. It's a snapshot of the world of Céline Arché-Philippe where reality constantly flirts with the senses. Students will get a chance to extend their photographic style, with



## Retrospective Of Progress

An Exhibition of Paintings by Nikki Baudains

9th February - 3rd March 2012

The Harbour Gallery, Le Boulevard, St Aubin JE3 8AB

Open 7 days a week 10.00am - 5.30pm

Tel: 01534 743044

A percentage of all sales will be donated to Parkinson's Disease





7

## Yevgeny Sudbin

Sudbin is the pianist du jour and it's quite a coup that we've managed to persuade him over to our lovely little island. Even if you're not a huge fan of classical music, there's no one who won't enjoy the delectable repertoire he's going to play on the 7th at the Arts Centre.

Jersey Arts Centre, 7th February at 8pm. Tickets: Members £16.15 (£10.20 students) Non-members £19 (£12 students)



8

F



## Moscow City Ballet

Pirouettes and pas a deux a-plenty as one of Russia's most popular touring ballet companies arrives on our shores. Watch the stories of Romeo & Juliet and Giselle brought to life in the distinctive style of the Moscow City Ballet, all to the accompaniment of a 30-piece orchestra.

Giselle, 8th-9th February, 7.30pm  
Romeo & Juliet, 10th-11th February, 3pm and 8pm (Sat only).  
Jersey Opera House. Tickets £29.50-£45

14

## St. Valentine's Day: 'Brief Encounter'

For V Day 2012 why not check out JAC's showing of this 1940s black and white classic accompanied by an optional romantic dinner for two?

Jersey Arts Centre, Tuesday 14th February. From 6pm; Ticket prices vary



## Our Country's Good

This play set in Australia in the 1780s is a bit intense but stick with it - it's an incredibly thought-provoking production where themes such as humanity, creativity and captivity are placed alongside occasional humour and poignancy. Check it out, The Bill's Philip Whitechurch and The House of Elliott's Aiden Gillett are in it....

Jersey Opera House 8pm, 21st-25th February. Various ticket prices.

21-25



## Your Last Breath

On Wednesday 22nd February there will be a Members' Offer 2 for 1 on this amazing production performed by Curious Directive. A prizewinner at last year's Edinburgh Fringe, this troupe's debut in Jersey is not to be missed.

Jersey Arts Centre, 8pm on 22nd & 23rd February. Tickets: Members £14.45 (£9.35 students) Non-members £17 (£11 students)

18

## The Beta Males: The Train Job

Described simply as 'genius' by the Sunday Times, this London-based but Jersey-bred foursome put on a rip-roaring sketch show on 18th February.

Jersey Arts Centre, 18th February, 8pm; Tickets: Members £10.20 (Students £7.65) Non-members £12 (£9 students)



22 &amp; 23

We  culture





## The Opera House plays rough

The new studio facilities at Jersey Opera House are being put to good use with a new monthly theatre night called Plays Rough. The last Tuesday of every month will see the Opera House's studio taken over by 'an evening of brand new, punchy, edgy, contemporary theatre' say Plays Rough co-founders, Leon Fleming and Ben Evans. Supported by the Opera House and the Arts Trust, Plays Rough will be an opportunity to showcase the work of writers and actors with performed play readings using local acting talent, performance poetry and live music, all in the spirit of their motto: without set, without

costumes, without limits. 'We're confident that this is just what Jersey is crying out for and we can't wait to get started with providing some top quality new theatre here on the island' says Leon.

The first Plays Rough evening will take place at the Opera House Studio on Tuesday 28th February at 8pm. Tickets £5 from the Opera House box office.

**Want to be involved?** If you'd like to be included on the mailing list or take part as an actor, writer or performer, email [playsrough@hotmail.co.uk](mailto:playsrough@hotmail.co.uk) or keep an eye on them on Facebook or Twitter (@plays\_rough)

# Book now...

## Jon Richardson Funny Magnet UK Tour 2012

The regular team captain on Channel 4's 8 out of 10 cats and Have I Got News For You regularly graces our fair isle with his brilliant show, where he twists his pessimism into hilarity as he comments on the mundane and everyday. It's impossible not to love this chap. Book your seat at the Opera House next month...



Jersey Opera House 8pm, Sunday 4th March, £15

25



## Andrew O'Neill

The man who titles himself 'occult comedian' and has worked with Steve Coogan is coming to Jersey on Saturday 25th February to present his hilarious and somewhat unexpected show.

Jersey Arts Centre, 25th February, 8pm. Tickets: Members £12.75 (£8.50 students) Non-members (£15; £10 students)

## JERSEY OPERA HOUSE

### SHOWING THIS MONTH:

#### National Theatre Live Screenings: Travelling Light

Thursday 9th February, 7pm

Calling all film buffs, this new play by Nicolas Wright is a funny and fascinating tribute to the Eastern European Immigrants who became major players in Hollywood's Golden Age.

Tickets: £12.50

#### The Comedy of Errors

Friday 2nd March, 7pm

Lenny Henry is reason enough to see this version of Shakespeare's classic and furiously paced comedy.

Tickets: £12.50



#### Our Country's Good

Tuesday 21st – Saturday 25th Feb, 8pm

A touch of culture this season with Jersey Opera House's first piece of theatre for many years, this modern classic is set in 1786 Australia and stars The Bill's Philip Whitchurch and The House of Eliott's Aiden Gillett.

Tickets: £15 - £22

#### National Dance Company Wales

Thursday 1st March, 8pm

12 dancers push themselves to the limit in this entrancing triple bill of international work. World-famous choreographers create passionate and dynamic arrangements showcasing the cast's supreme talent and individuality. A public workshop is available on 29th February.

Tickets: £13 - £19



#### Jon Richardson Funny Magnet Tour 2012

Sunday 4th February, 8pm

There's no escaping it; you'll be drawn to this Funny Magnet. An observational comedian best known as team captain on 8 Out of 10 Cats and host of Channel 4's Stand Up for The Week, Richardson is 'sublimely brilliant'. Branded a young grumpy man, his pessimism will take you on an eclectic journey from cheating footballers to decapitated alligators. Pull your finger out if you haven't seen him live!

Tickets: £15



#### Moscow City Ballet

Thursday 8th – Sunday 11th March

What a treat! Two stunning performances, Giselle and Romeo & Juliet, accompanied by a 30 piece live orchestra, the Moscow City Ballet will not disappoint with its distinctive style, exciting choreography and exceptionally gifted dancers.

Tickets: £35 - £45

For more details and bookings  
call 01534 511115 or go to  
[www.jerseyoperahouse.co.uk](http://www.jerseyoperahouse.co.uk)



FACEBOOK.COM/JERSEYOPERAHOUSE



# Publish and be damned

Ever fancied becoming a writer? How about writing an eye-wateringly accurate expose of your office life... under a pseudonym of course. That's exactly what one local writer's done, and he's just had his book, *The Kit Bag* published as a Kindle download on Amazon. Will Thurmman\* met up with Gallery under deep cover (well, actually at an unnamed coffee shop) to spill the beans about his new book and the benefits of e-publishing.

*So, lots of us have come home after a particularly crazy day at the office and the thought – I could write a book about all this – might have crossed the mind. But you actually did! How hard was it?*

People have a romantic image of writers, sitting at a desk and getting inspired, but the reality isn't like that. It's a labour. I enjoy the initial writing when the ideas are fizzing around in your brain, but that's the raw side of it. Going back and rewriting is when it gets painful and really like hard work. And everyone writes differently. Some people plan every chapter out in advance, but I prefer to let the book take me where it wants. With *The Kit Bag*, a lot of it grew and developed as I was writing. Sometimes a character will go and do something I wouldn't have planned for him to do, something that's come into my head during the day.

*It's written in the first person and the protagonist, Nathan works in the finance industry – as do you. Is it autobiographical – and how much of a challenge was it to write about your own experiences?*

It's not meant to be autobiographical but it's inevitable that a writer will draw on his or her own experiences. So, yes, to a large extent, I drew on experiences I've had in life and as the book unfolded, I tried to imagine what I would do if faced with the circumstances that Nathan faces.

*Do you think people will recognize themselves...?*

Perhaps bits of themselves! The characters are an amalgamation of people I've worked with and things I've seen going on. And even though it's set in Jersey, I like to think it has a global appeal – offices are the same all over aren't they?

*How long did it take you to write The Kit Bag?*

Three to six months for the first draft and then another year to rewrite it. I could have gone on rewriting, but eventually you just have to let it be. It's about striking the balance between fresh and overworked.

*Who are you inspired by?*

One of the first 'grown-up' books I read when I was young was *The Savage Day* by Jack Higgins. I remember reading it and thinking I'd like to write like that one day. Then there are writers like John Steinbeck. I read *East of Eden* the other year, and his sentence construction is amazing. In terms of modern writers, it would have to be Khaled Hosseini's *A Thousand Splendid Suns*. To produce an emotion in your readers, to make them feel they can connect with the book is incredible.

*What would you say to people who think they've got a book in them?*

Without being harsh, for about 80% of those who say they've got a book in them, that's probably where it should stay. But if people think they can write, they should try it (see Will's tips for budding writers).

*The Kit Bag is available as a Kindle download on Amazon. Are e-books the answer for writers these days?*

I think the e-book phenomenon will open up the market in the same way as iTunes has done for music. I've always liked books but I'm a big fan of my Kindle. Space is limited. People don't have bookshelves any more - we put everything on iPods or Kindles. Kindles are ideal when you're going away on holiday. Before my Kindle, I once took five books on a skiing holiday and got charged £50 for excess baggage!



## THE KIT BAG CONDENSED

**The Kit Bag by Will Thurmman**

Nathan Wemble is fed up with life. An accountant caught in the miserable throes of early middle age, he hates his job and thinks his wife might be having an affair. Then he finds a key... and before he knows it, he's caught up in a sinister world of violent gangsters and dodgy bookmakers.

The Kit Bag's described as a 'comic romp through the often Kafkaesque office politics of the modern workplace'.

**Read it as a Kindle download on Amazon for £1.71.**

(Warning: The Kit Bag contains very strong language from the beginning and throughout - Suitable for Adults Only)

**So you think you can write? Will Thurmman's tips to getting your name in print.**

**Give it a go.** But be warned, writing's not just something you can wake up one morning and do - you need practice. Try writing courses and find someone objective to tell you if your writing is any good.

**Be prepared for rejection.** Publishers are sent thousands of manuscripts each year, and they may only take one or two writers on. It's almost impossible. E-books are a much easier and quicker way of breaking into the market.

**Self-publishing an e-book is easier than you think.** It takes a bit of technical savvy but you can download the software you need from Amazon and then just go through the process of formatting your text and uploading it.

**Need some more help?** Email Will at [willthurmman@gmail.com](mailto:willthurmman@gmail.com) (Will Thurmman is also on Facebook and has started a blog at [willthurmman.blogspot.com](http://willthurmman.blogspot.com))

\*Pseudonym firmly in place to protect our source. Jersey's a small place after all...



# Captured Love

If you are fortunate enough to have fallen in love and decided to tie the knot, then chances are you'll want to remember your special day forever.

With all the hectic planning, frantic last minute alterations and drunken uncles to deal with, you don't need to add on a self-important photographer hopping about the place and forcing everyone into military formation, demanding rictus grins and generally making a nuisance of himself.

At CKP Weddings this is something they truly understand, and their documentary-style work results in something beautiful and natural. Poppy, who has been training under Christian Keenan's wing for the past 18 months, first started taking snapshots at the age of five and hasn't stopped since.

Spurred on by her love of capturing emotional moments and creating the perfect memoir for the happy couple, friends and family, she is embarking on an exciting career which is based in Jersey but takes her as far afield as Hong Kong. She talks us through her five favourite photographs inspired by love.



*'Unaware of over 100 people watching her every move this bride is totally engrossed in the groom's speech and his declaration of love for her. Her expression says it all....'*

*'This moment was caught during the bride and groom's last dance - it was a wonderful way to end the day and you can see just how much the bride means to the groom in the way he is holding and looking at her.'*



*'You can see how comfortable this couple are together and how much fun they are having during their first dance. This is one of my favourite images because they just exude happiness.'*



*'For me weddings are all about people, emotion and expressions. This groom is clearly very happy during this intimate moment with his bride and his expression can not hide his obvious delight.'*



*'This is one of my favourite images because I really like the composition of the couple within the frame. It shows that by placing the couple away from the centre you can create quite an interesting picture, that coupled with a darker background works really well in black and white and makes the bride and groom really stand out in my opinion.'*

## Art & Dandara

A Jersey artist will shadow one of the UK's leading painters and sculptors thanks to the second annual Dandara Art Scholarship.

As the first recipient of the scholarship, Highlands student Christine Hamilton spent a week during 2011 with internationally renowned sculptor Stephen Cox, and in April of this year another Jersey artist has the chance to gain valuable professional experience, this time shadowing the Professor of Drawing at the Royal Academy of Art, Christopher Le Brun, one of England's best known contemporary artists. His work 'Wing' has been commissioned by Dandara for the Castle Quay development.

Announcing this year's award, Dandara managing director Martin Clancy said: 'We are delighted to be continuing with the scholarship, which further underpins our commitment to both the

Percentage for Art programme and to giving opportunity to locally based talent to work with internationally recognised sculptors, from whom they can benefit greatly. Last year the competition attracted a myriad of talent and we are very hopeful of the same response this time round'.

The first scholarship was awarded to Highlands student Christine Hamilton who spent a week with sculptor Stephen Cox in Ludlow in June this year. Thanking Dandara for what she described as 'an inspirational experience', Christine said: 'I had the opportunity to see his drawings and watch one of them being transformed into a 3D stone sculpture that he was preparing for an exhibition. I watched him work and was able to make my own modest sculpture whilst being guided in technique and the use of machinery. It was a very worthwhile experience and I have returned inspired with new skills under my belt'.



# The Monthly *Upload*

Want to win £100? All you have to do is email your entry with the subject 'upload' to: [upload@gallerymagazine.co.uk](mailto:upload@gallerymagazine.co.uk) before the deadline of 15th February, and you'll be in with a chance.

Make the files nice and big though, about 4MB is the right size to aim for as a guide. We print every photo but we can't get them ALL on the page full size unfortunately - they just wouldn't fit!



Photographer: *Daisy Letch*



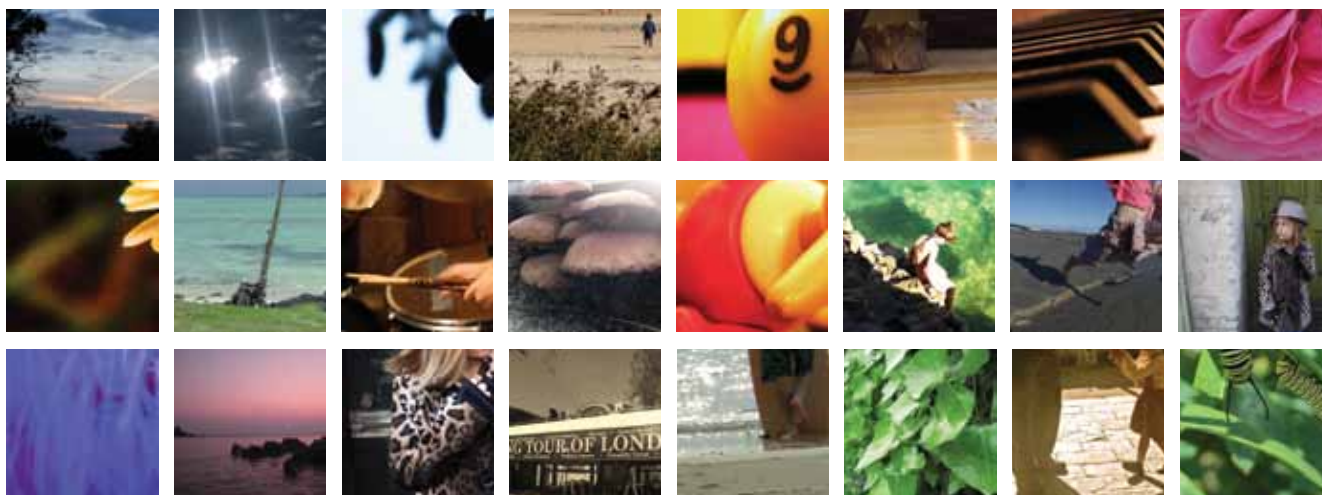
Photographer: *Anna Bogdan*



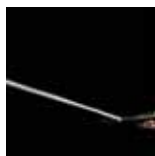
Photographer: *Fraser Hurst*



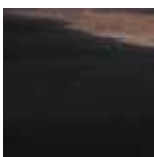
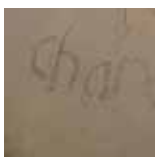
Photographer: *Cliff Huby*







**NEXT MONTH'S  
THEME: *Organic***







Chris  
Bell

## The 21<sup>st</sup> Century – No Place For A Young Fogey

*As a 27 year-old, I'm either old or young, depending on a. how old you are and b. what my life expectancy might be. I consider 27 more or less the border between old and young; not quite close enough to the dreaded '3-0' for heart palpitations and an aching sense of regret to set in, but certainly not close enough to 20 to feel like the life in front of me is a blank page upon which I'm free to write whatever story I choose.*

However, with the world changing more rapidly these days (what with the internet and reality TV and newfangled mp3s, eh? eh?) than I seem to have the capacity to keep up with, I feel increasingly like one of the young fogeys that Chris Evans and Gabby Roslin used to wheel out on The Big Breakfast – for those too young to know, that's a 20<sup>th</sup> Century thing. Even my reference for illustrating my young-fogeyness is past its sell-by-date.

I sometimes divide my lifespan so far into two eras: the pre-Jurassic Park period (BJP) and the post (AJP). Whenever I see people born in the AJP years, speaking as sentient beings about grownup things like applying for university, or the state of the economy, or going to pubs, or anything more advanced than an infant gurgle, I find myself invariably angry with them. How dare they exit the womb after June 1993? You mean to say I was having the most exhilarating cinematic experience of my life at the Odeon in David Place, FOUR times, and you hadn't even grown hands yet? Pathetic. This is a typical internal rant that happens with me daily, and presumably as these young adults grow to become the people that are running things, it'll only get worse.

I remember the good old days of the 1990s, when footballers were allowed to get drunk on planes and generally tit around in public constantly, like Paul Gascoigne, or Paul Merson, or Robbie Fowler. And when Nicolas Cage used to make decent films instead of straight-to-DVD wiffle, and his face wasn't so horsey and his hair-line wasn't completely bonkers. And when if you had the tune to a song stuck in your head but didn't know the artist or track title, you had to wait until you next heard it on the radio, and you couldn't just whistle it into a phone and instantly buy it. And when the closest thing we had to X Factor was Stars in Your Eyes, in which the extent of the winners' post-victory adventure would be a decently-paid tour of every Butlins in England and, if they were lucky, getting to turn on the Christmas lights in their hometown.

In Armando Iannucci's Time Trumpet, some of the funniest scenes involve elderly talking heads, set in the future, reminiscing about the old days, 'when we only had Super Nintendos' and 'we didn't have broadband yet, just dial-up'. It's hilarious partly because it draws our attention to the speed of progress in the world that we live in and sends up the speed with which we adjust and take it for granted, and the swiftness with which the more senior of society's citizens get left behind. Yet increasingly, this really is the world I live in. I'm living my own personal Time Trumpet.

## Film



### Outside the Law

France | Algeria | Belgium 2010 / 138 minutes  
Cert: 15 / Director: Rachid Bouchareb

After losing their family and home in Algeria, three brothers are scattered across the globe. Destiny reunites them in Paris, where their paths converge towards radical politics and violent crime.

Monday 6 February

Presented by Jersey Film Society.

£5 (£3 students) only available on the door. JFS members can reserve a seat in advance at the Box Office.

### How I Ended this Summer

On a deserted Russian island inside the Arctic Circle, two men spend the summer working at a remote meteorological station where bullet holes in the ceiling serve as a reminder of how easily men turn mad there. A psychological drama made all the more gripping by the desolation of its setting.

Monday 27 February

Presented by Jersey Film Society.

£5 (£3 students) only available on the door. JFS members can reserve a seat in advance at the Box Office.



# *FASHION*



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# Brand new

A guide to what's new in Jersey

## Show some heart

The German Brand Heartbreaker which is known for its unusual designer jewellery is inspired by retro design, fairy tales, myths and nature and is handcrafted to the highest quality 925 sterling silver.

Make your loved one smile this Valentine's Day with a unique piece of jewellery from this range.

*Heartbreaker is available at Aqua on King Street*



## Brand new brand!

Oksa combines luxurious fabrics with beautiful colour palettes to produce collections of the highest quality that are effortlessly casual and chic. Oksa pride themselves on producing transitional pieces that take you from season to season. A great staple choice for your Spring/Summer wardrobe.

*Oksa is exclusive to de Gruchy*

## Think of England

The beautiful lingerie and bikini boutique Miss Lelec have just had in the latest collections from the brand Fleur of England which is worn by gorgeous girls the world over; including some of our main girl crushes such as Rihanna, Millie Mackintosh from Made In Chelsea and Helena Christensen.

Their designs are to die for, incorporating the perfect amount of feminine with down right sexiness! If you are passing West Centre you must pop in to see all their new pieces, and since it is Valentine's Day you should try and angle your man that way too!



## Latest & greatest

Paule Ka is a perfectly Parisian new brand to the island. It's pretty, feminine and very right-now!

*Now in store at Renaissance above Marc Cain Store on Hilgrove Street.*



## Coming to deGruchy

Axle Junior & Mamas & Papas have arrived at de Gruchy! They will now offer an exquisite range of childrenswear, nursery interiors, prams and accessories and maternity wear. Whether you are expanding your own family, enjoying the thrill of being grandparents, or looking for a gift for a newborn baby, de Gruchy now provides you with a one stop shop!



## It's a Leap Year Ladies!

Ah, 2012. To some, the year of the London Olympics; to others the bicentenary of Dickens' birth. To some, the Diamond Jubilee of our fair monarch; to others, Venus' second and final solar transit of the 21st century. But to a select lucky few, it might go down in history as the year their wives proposed to them.

2012 will contain the lesser-spotted 29th of February, a day on which women are allowed, nay, actively encouraged, to propose to any unsuspecting males - the result of a deal struck by Irish saints Bridget and Patrick when Bridge challenged male superiority and Paddy granted the female race one day out of 1461 where they could wear the trousers for a change. At which point, Bridge asked Pat to spend the rest of his life with her, he said no and gave her a kiss and a dress.

If you fancy braving it, then you're definitely going to need a ring for yourself (charge him later) and possibly a ring for him. Lisa from Diamondology up at Jersey Goldsmiths gives the jeweller's insight on this tradition. 'Everyone has their favourite styles so if you want to design something then it's good to have a basic outline of what your hubby-to-be might feel comfortable wearing. Platinum is the metal we would usually recommend as it's masculine and strong, and a great choice for everyday wear. On the other hand, not all men are into jewellery, in which case you could try something a bit alternative. For example, you could just buy a diamond for the occasion, and then later both work on a design to have it set into an engagement ring for you. There are loads of creative options, and ways of blending traditional and quirky which would be suitable for a leap-year proposal.'

So ladies, always remember that she who dares, wins. Also remember to be prepared - as Monica in Friends demonstrated it's an emotional minefield so it might be worth considering whether your man will be on hand with tissues and take over if it all gets a bit too much...





**custo**  
BARCELONA

**Spend £65 or more with Custo at ChiChi Boutique and take home a fantastic Custo travel bag worth £50.**

To celebrate Custo Barcelona's 30th anniversary, Custo is giving away an exclusive free gift of this fashion-forward travel bag worth £50 when you spend £65 or more on the Custo collection at **ChiChi Boutique**.

Inspired by their travels around bohemian California in the late 1970s, two Barcelona-based brothers launched Custo Barcelona. Fast forward thirty years and Custo Barcelona and Custo Line are sold in 40 countries and through over 2,000 stockists worldwide with an international fan-base of free-spirited fashion lovers.

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# Diamondology

The Diamond Experts



*Ladies,  
it's a leap year!*

For every platinum ring you buy from Diamondology in February, the month of Luuuurve, they will give you a platinum card for The Grand Hotel with benefits including:

\* One complimentary night's stay in a Classic Inland room, including full English breakfast  
two vouchers valid for 50% off dinner in Tassili from Tuesday to Thursday, excluding beverages.

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For full offer visit [www.grandjersey.com](http://www.grandjersey.com)

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[www.diamondologygroup.com](http://www.diamondologygroup.com)



# Bang on trend

who to envy, what to wear, what to love and where to get it



## Where it's at

Jersey's style set has a new Mecca. The jaw dropping Renaissance Studio boutique now has in all the latest collections from the most up to the minute on-trend brands. Visit there asap and enjoy coveting all the beautiful things.

*The new Renaissance Studio is above the Marc Cain Store on Hilgrove Street.*



## Trend Setter of the month

Australian Miranda Kerr has it all; the body, the hair, the smile, the man (she is Mrs Orlando Bloom) and now a beautiful baby boy too.

Although she might seem an odd choice for a trend setter, because she is normally pictured in her underwear, we've been spying this hot super mama looking drop

dead gorgeous whilst pictured out and about with new baby Flynn.

Miranda is a pro at the laid-back-professional-yummy-mummy look. Did we mention she is a super model, author and has her own line of organic beauty products? Jealous much?



## Stacking it

Bold is beautiful with jewellery this season, it's all about mixing, matching and stacking. So you either want to be getting huge unique colourful statement pieces or lots of little trinkety jewellery that all complement each other. One of the best places to head is the amazing Jewellery Tree in Chi Chi Boutique where hours can fly by as you try pieces on.

*The Jewellery Tree is at Chi Chi Boutique in St Aubin*



## Lovely and snugly

It's a bit cold at the moment so make sure you keep warm with these on trend furry boots by cult label Australia Luxe.

*Australia Luxe is exclusive to Eclectic in Liberty Wharf and are currently selling with 25% discount!*



## The city of love

The latest Jersey Pearl collection is almost here. Joli is an effortlessly chic collection of leather and pearl bracelets, available in an assortment of delicious colours. This stylish selection of bow design wrist wear reflects the simple yet flirty sophistication of Parisian culture.

Crafted with the finest quality leather and bold Freshwater pearls, these beautiful pieces of arm candy exude stripped back glamour and joie de vie.





## Insider knowledge

We met up with Clare Clarke, the lady in the know, and owner of Pebble Fashion, and the new Pebble Home, to find about what is going to be great in 2012.



February is an exciting time for Pebble they launch their new Pebble Home store in Market Street along with their website [ilovepebble.com](http://ilovepebble.com)

Both of these are perfect complements of the highly popular Pebble Boutique, and owner Clare Clarke is very excited about these developments. 'I'm so thrilled about the evolution of the store, and whilst still providing our tried and tested collections, we're going to continue expanding our eclectic mix with new lines and also our Pebble own-branded items.' To demonstrate the unique look Pebble Home provides, Clare takes us through her top tips for a fab Feb.

### 1. RECYCLE AND REINVENT

The trend of economy chic shows no signs of departing, so why not try our easy-to-use gorgeous Annie Sloan chalk paint to transform furniture, walls - or anything really - into a one of a kind piece that will brighten your home.



### 2. MAKE IT PERSONAL

A big part of Pebble's ethos is that we want everyone to be able to create their own individual look for their home, whatever the size. We have a bespoke print services so people can get a lovely piece of artwork with their favourite quotes or lyrics, or anything meaningful, as a personal decorative touch in whatever colours and frames they want. This is ideal for Valentine's Day - a great gift you can guarantee will really impress your loved one and look gorgeous too.



### 3. TRY SOMETHING NEW

We're going to stock new Aussie brand Toi et Moi for Spring and Summer 2012. The clothes walk the line between edgy and cute, and we think they'll go down really well among discerning Jersey fashionistas!

**Psst.....** You can be the first to see all the new season stock in store at Pebble Boutique and Pebble Home at their party on Wednesday 29th February between 5-8pm. There'll be great discounts and giveaways on the night!



Miss  Lelec  
26 Horesford Street, St. Helier  
721922 - [www.misslelec.co.uk](http://www.misslelec.co.uk)

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**01534 619191**





# Seeing red

Gallery's latest round-up of all things rouge for our Love issue



1 | By Malene Birger - Red wool jumper, Manna, £60

2 | Super-Dry hoodie - Voisins, £59

3 | Rose knickers - Liberty art fabrics, Pebble Fashion, £14

4 | Red Patch work bag - Pebble Fashion, £69

5 | Monica Vinader Silver Fiji Bracelet - Thaddeus Jewellers, £74.37

6 | Red Dated Shorts - Topshop, £32

7 | Leigh Red Skinny Jeans - Topshop £38

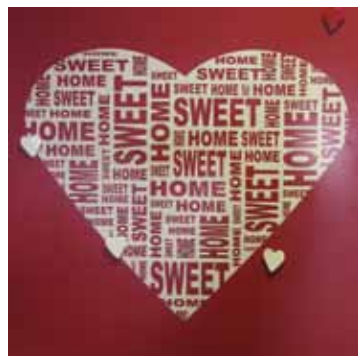
8 | Red Polocio Dress - Elizabeth Howell, £68

9 | Red Paisley Derby Kaftan - Nautilus, £52

10 | Red Pleated Paul Smith dress - Nautilus, £182



13



16

12



14



17

18



19



11



15



- 11 | 3-Seater Red Sofa – Simmons and Co., £695  
 12 | Red Heart Cushion – Pebble Home, £43  
 13 | Red picture word print – Pebble Home, £33 unframed/£55 framed  
 14 | I love you card By COCO – Pebble Home, £3.50  
 15 | Crochet heart cushion – Pebble Home, £10

- 16 | Home Sweet Home magnetic board – Mark Howe, £100  
 17 | Love heart rose flower motif – Mark Howe, £12.50  
 18 | Love Photo Frame – The Gooseberry Bush, £6.99  
 19 | Love Milk Jug – The Gooseberry Bush, from £6.99



We sent our Style Stalker out into the streets of St Helier to find some fashionable folk who are ahead of the trends for the new year.

# StyleStalker

words | **Anne Winter**



**Jen. 24, Book Keeper**

'I wanted something faux fur without being too OTT, plus I love the colours together'

*Style Stalker: This colour is big at the moment, and nipping it in at the waist gives a perfect shape for all women. We are also loving the faux fur collar, very chic.*



**Lauren. 22, Trust Administrator**

'My snood is from Accessorize, and it's just so nice and cosy!'

*Style Stalker: What we wish we could every day, that snood looks incredibly cosy and the printed trousers from Urban Outfitters add an edge to a typical work outfit.*



**Stephanie. 22, Management Accountant**

'This is my work outfit, my office is quite casual so this outfit fits perfectly.'

*Style Stalker: You can never go wrong with black and cream, the polka dots are so on trend and the dress enables her to be smart enough for work meetings, then to just slip on a pair of heels for after work drinks.*



**David. 24, Graduate**

'It was cold this morning, so I needed to keep warm!'

*Style Stalker: The Penfield coat is suitably dapper and I love all of the pockets, practical and stylish. The work boots and the headphones just finish the look off.*



**Adam. 19, Retail Assistant**

'I looked out of the window when I got up this morning, and because of the weather it was the perfect excuse to wear my rain coat.'

*Style Stalker: A simple look, that is oh so practical. His bright shoes add some pizzazz to the look.*



**Paul. 36, Our Accountant**

'I have to wear a suit for work everyday, but I like adding my own personal touches.'

*Style Stalker: What a stylish male! A man that can wear pink and pocket handkerchiefs is always going to fare well in our books.*



*Lingerie  
With  
Attitude...*



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*Soti*



  
JERSEY  
PEARL





# REFRACTION

GALLERY FASHION | FEBRUARY 2012

PHOTOGRAPHER: DANNY EVANS  
[WWW.FACEBOOK.COM/DANNYEVANSPHOTOGRAPHY](http://WWW.FACEBOOK.COM/DANNYEVANSPHOTOGRAPHY)

MODEL: OLA

MAKE UP: CHANTAL QUINIOU USING M.A.C

STYLING: EMMA LONG

ASSISTANT: LYNDSEY EVANS

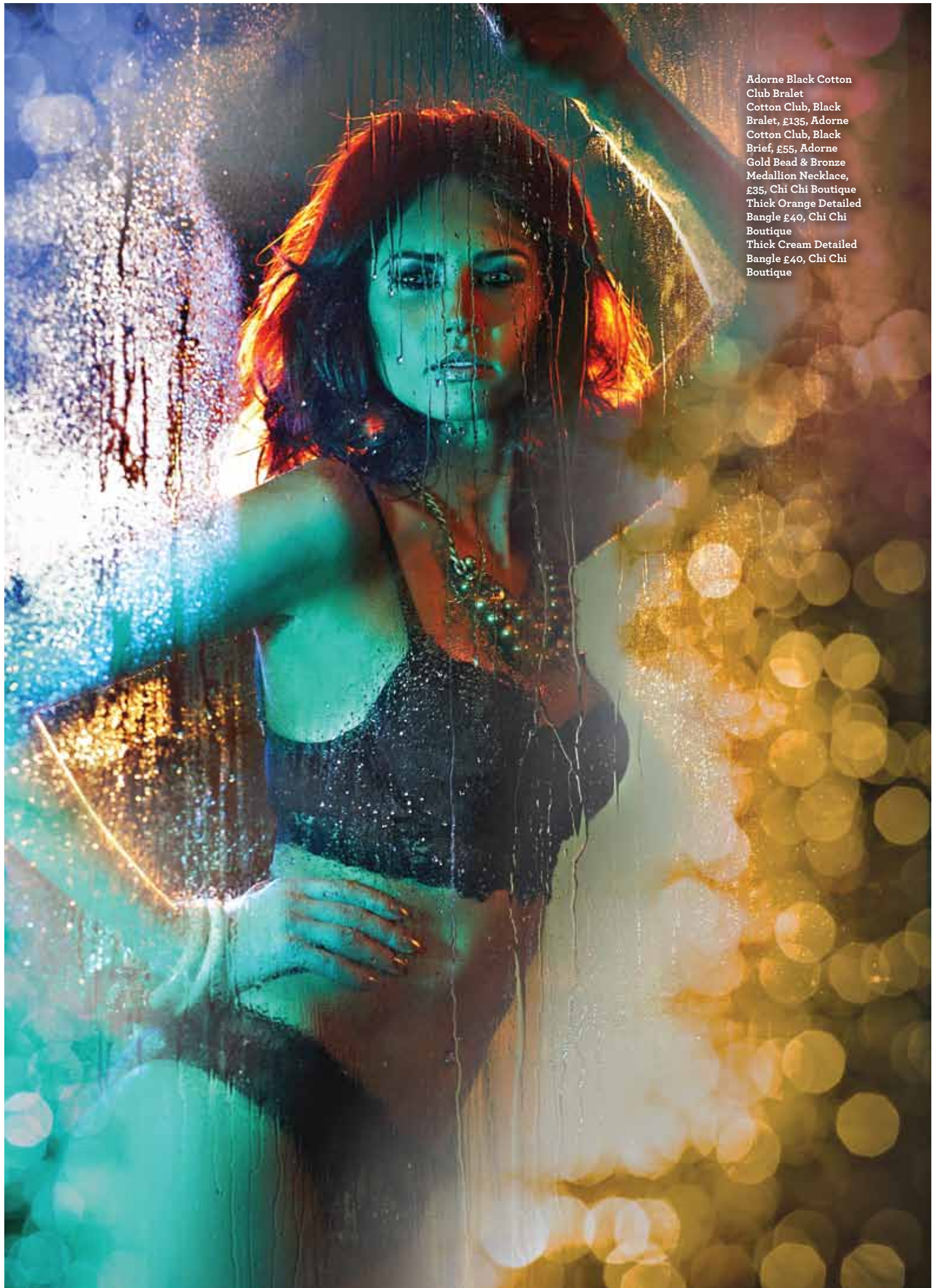
HAIR: SAM HIGGINS AT ELMINA





After Eden, Black &  
Purple Bra, £28.99, De  
Gruchy  
After Eden, Black &  
Purple Lace Briefs,  
£15.99, De Gruchy  
Chain Mail Gold  
Necklace with silver  
and pearl detailing,  
£47, Chi Chi Boutique  
Single Row Pearl  
Bracelet, £78, Jersey  
Pearl  
Silver and Pearl  
Chevron Style Ring  
from the Twenties  
Collection, £125,  
Jersey Pearl





Adorne Black Cotton  
Club Bralet  
Cotton Club, Black  
Bralet, £135, Adorne  
Cotton Club, Black  
Brief, £55, Adorne  
Gold Bead & Bronze  
Medallion Necklace,  
£35, Chi Chi Boutique  
Thick Orange Detailed  
Bangle £40, Chi Chi  
Boutique  
Thick Cream Detailed  
Bangle £40, Chi Chi  
Boutique





De Gruchy Red Bralet  
and Eclectic cream  
shawl

Espirit, Red Plunge  
Bralet, £21.36, De  
Gruchy

Espirit, Red Lace Brief,

£17, De Gruchy

Espirit, Red Lace  
Suspender Belt, £15,  
De Gruchy

Cream Lace Vintage  
Shawl, selection avail-  
able at Eclectic

Circle Cut single  
stone 1.03 Ct £3,000,  
Diamondology

Double Row 0.75ct


Silver Ring, £1,560,

Diamondology.

Princess Cut Double  
Row, £4,463, Diamon-  
dology

3 Circle Cut Diamonds  
0.70CT, £2516.00,  
Diamondology





Rihanna for Armani,  
Blue Lace Bra, £38.00,  
Voisins  
Rihanna for Armani,  
Blue Lace Briefs,  
£25.25, Voisins  
3 Circle Cut Diamonds  
0.70Ct, £2,516, Dia-  
mondology  
Princess Cut Double  
Row, £4,463, Diamon-  
dology  
Double Row of Pearls,  
£98.50, Jersey Pearl  
Long Double Row of  
Unusually Shaped  
Pearls, £422.95, Jersey  
Pearl  
Short Double Row of  
Pearls, £305, Jersey  
Pearl





Pink Miss LeLec  
Fleur, Siren Pink  
Triangle Lace Bra, £42,  
Miss LeLec  
Fleur, Siren Pink Lace  
Briefs, £30, Miss LeLec  
Fleur, Siren Pink  
Suspender Belt, £29,  
Miss LeLec  
Large Unusually  
Shaped Fresh Water  
Pearl Necklace, £995,  
Jersey Pearl  
Four rows of Unusually  
Shaped Pearls from the  
Twenties Collection,  
£185, Jersey Pearl  
Chunky Bracelet with  
Silver Clasp, £105,  
Jersey Pearl,  
Long Row of Pearls,  
worn as a bracelet,  
£120, Jersey Pearl  
Row of two Pearl  
Bracelets, £98.50,  
Jersey Pearl



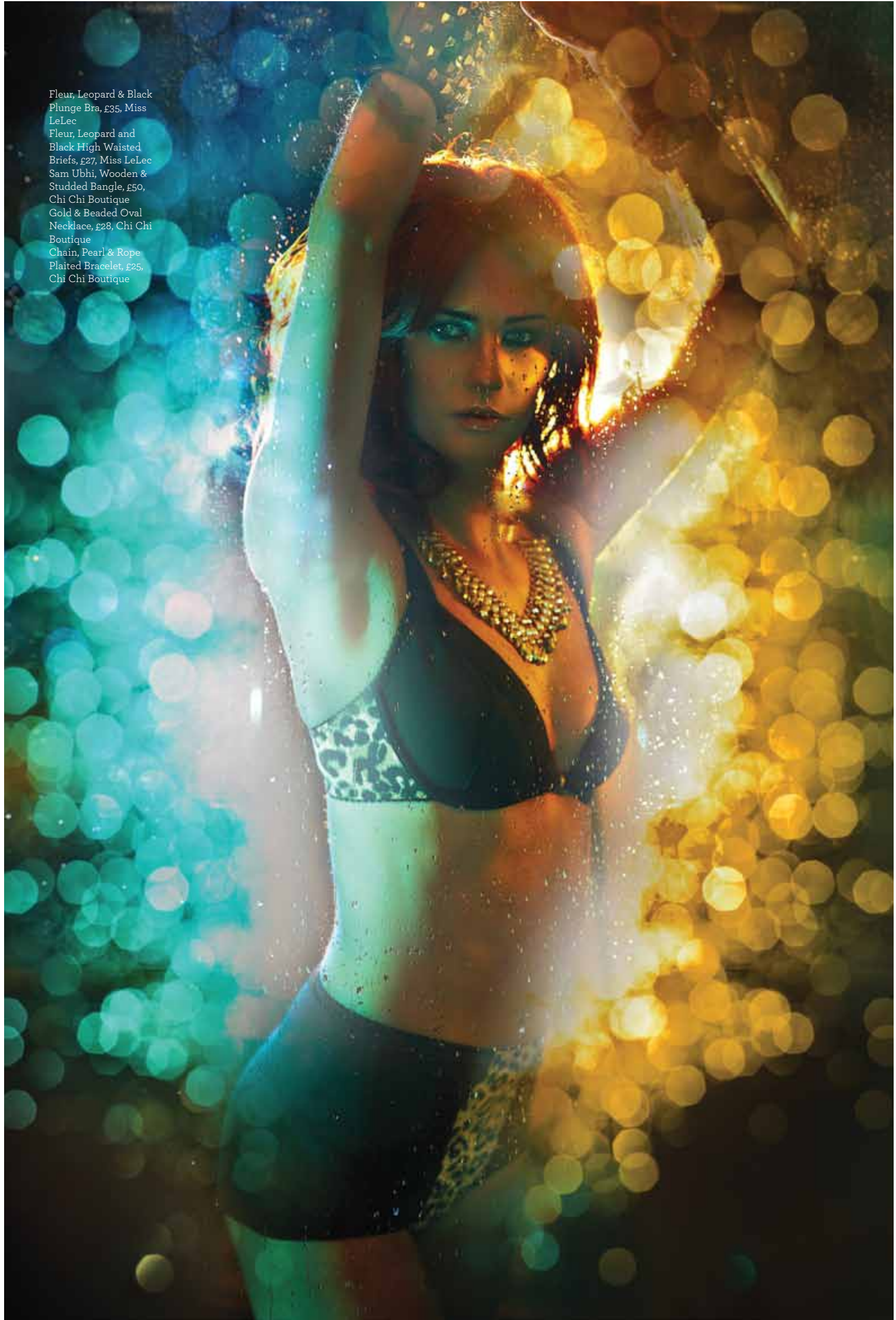
Fleur, Leopard & Black  
Plunge Bra, £35, Miss  
LeLee

Fleur, Leopard and  
Black High Waisted  
Briefs, £27, Miss LeLee

Sam Ubhi, Wooden &  
Studded Bangle, £50,  
Chi Chi Boutique

Gold & Beaded Oval  
Necklace, £28, Chi Chi  
Boutique

Chain, Pearl & Rope  
Plaited Bracelet, £25,  
Chi Chi Boutique





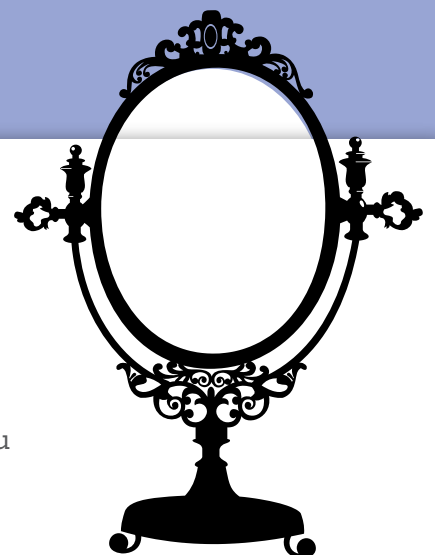
# *BEAUTY*

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# Beauty news

All the latest from the world of health and beauty, just for you.

## Your Smile; the ultimate accessory

Teeth whitening is a predictable, safe procedure which can greatly enhance your appearance and roll back the years when conducted by a professional Dentist.

Dr Hugo Raimundo who has recently joined Jersey Smile Centre in Bath Street, one of Jersey's leading dental centres, recommends the one hour a day home Whitening System. 'With this system individual teeth or the whole dentition can be naturally whitened over a period of two weeks or less. The consumer should be aware that recent studies indicate that single visit whitenings can achieve less predictable results, higher sensitivity and be subject to shade regression after several days.'

As a Valentine's special the Jersey Smile Centre will be offering the home whitening system until the end of February for just £160.00. This includes: assessment, custom trays, pre and post treatment photos and computer shade evaluation. Also, new patients will receive a free new patient examination.

For further information please check their website on [www.jerseysmilecentre.com](http://www.jerseysmilecentre.com) or phone 01534 769740



## Pain in the neck?

Neck a bit stiff? Migraines? Joint problems? It might be less to do with late nights and long days in front of a screen and more to do with a mis-aligned vertebra in your neck from an old whiplash injury or accident, says Marie-Agnès Casalini from Atlas Profilax®. A body alignment test and Atlas correction treatment could be all that's needed to get you walking taller and feeling pain-free.

'I had a fractured skull about 20 years ago when my horse kicked me and this treatment has really helped. My neck movement's better and I feel a lot more upright', Adrian Rivett, director of Matisse (pictured top)

'I used to suffer from really bad migraines and since my treatment, if I have a headache,

I can just take a painkiller and it disappears. It doesn't turn into a migraine anymore', Marika Sartin, receptionist (pictured middle)

An Atlas Profilax® treatment isn't like going to the chiropractor, there's no neck cracking or twisting, explains Marie-Agnès (pictured bottom left). 'I have my best results with people who come to see me after a fall or an injury. Sometimes people are really desperate - a bad whiplash injury can mean you can't sit or walk for a long period of time. It's always wonderful to be able to help them'. If only all pains in the neck could be as easy to get rid of...

*Marie-Agnès Casalini is at Matisse salon in St Aubin every month, for more details tel: 01342 303279 or see her website [marieatlas.co.uk](http://marieatlas.co.uk)*



## Beauty Sleep

Coming to Rio Hair and Beauty in March is Dermalogica's newest product for mature skin, Over-Night Repair Serum. It has been designed to firm the skin and restore its capacity to maintain suppleness and moisture. How we treat our skin today will impact on how healthy and youthful looking it will be in the future so

why not use this as a preventative measure to ensure your skin is taken care of?

It smells amazing and the current buzz ingredient Argan Oil is in there to inhibit the production of enzymes which break down collagen and the underlying structure of skin tissue, which is why it's our latest favourite wonder product.



## Twinkle twinkle little toes

The show stoppingly amazing crystal pedicure!



We love how the team at Experience the House of Beauty always make a huge effort to stay one step ahead of the crowds so that their clients can follow the latest trends from New York and London. When we popped in to their beautiful boutique Salon for a catch up in January we (like the magpies we are) caught sight of their Nail Technician, Maisa Figueria's twinkling crystal encrusted toes and we just had to feature it in the magazine!

So we sent Beauty Editor Ceri Milner to test out the brand new Crystal Pedicure.

'I love my trips to Experience because they have created such a wonderful, relaxing sanctuary in their town boutique. When you leave you are guaranteed to feel like you've had some real TLC.

The treatment started with a full deluxe pedicure which left my feet in great condition; feeling light and velvet soft. Then Maisa skillfully applied each high grade Swarovski element crystal, which are cut specifically to capture light and dazzle, and that is exactly what they do!

I didn't really realise quite how much I'd adore my crystal pedicure, sometimes I get transfixed staring at them twinkling under lights, they are so light-reflecting that it can look like little flashes are going off. I now go bare foot whenever possible and wear easy access shoes so I can whip them on and off to showcase my toes to any girls who may cross my path.

They are absolutely gorgeous and oh-so-indulgently-fabulous. I've never had something that has caused so many people to come up to me and ask where they can have it done. I was really impressed that four weeks have gone by and not one crystal has budged. Apparently they will just last and last as my toe nails grow, and I trim them down, so I will eventually end up with a French pedicure with crystal tips!

This would make an ideal present for any girly girls in your life or it is the ideal treat for yourself that will brighten up any day!

*Deluxe Pedicure with Full Crystals £100, shape and Full Crystals £60*

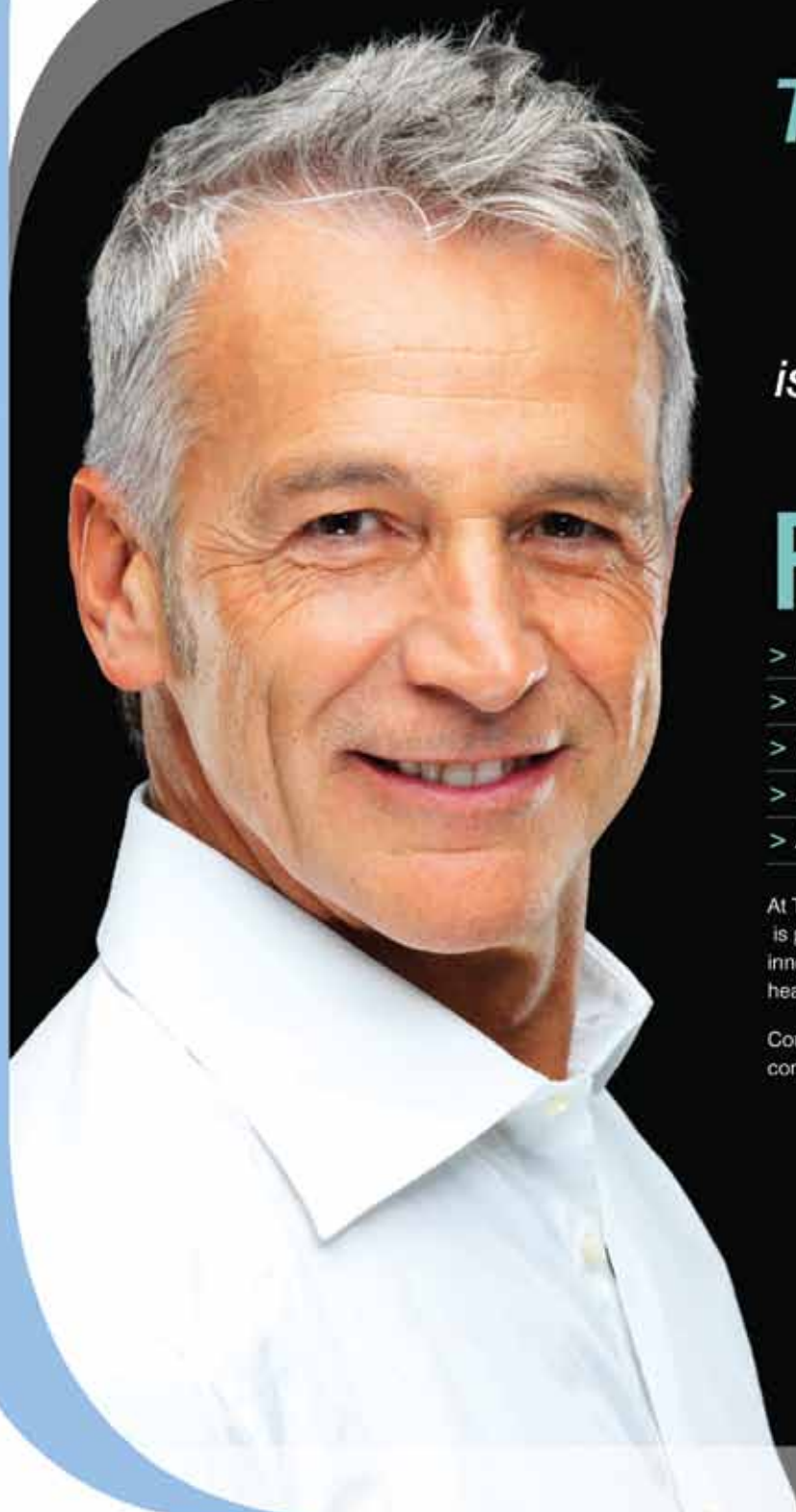
*Call 507859 to book or for a full range of all that they do visit [www.experiencethehouseofbeauty.co.uk](http://www.experiencethehouseofbeauty.co.uk)*



## Threading Retraction

There were some eyebrows raised at the Body and Soul Salon when they saw our article on threading because we accidentally printed that it was only available at RIO Hair and Beauty whereas Body and Soul Salon and a few other salons do it as well! *We're sorry!*





## The Direct Hair Implantation Technique™

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**F**or years you have been waiting for a hair restoration medical procedure this simple! DHI's exclusive patented technique, is an advanced form of FUE which eliminates the use of scalpels;

- > No strips, scars or stitches
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- > No pain or discomfort
- > Maximum possible density per session
- > All surgery and aftercare is available in Jersey

At The Aesthetic Skin Clinic, with our partners DHI, our goal is plain and simple – to apply the latest, most advanced innovations in hair replacement technology to give you healthy, natural looking hair.

Contact us for more information or to book a private consultation with our medical team.



Tel: 01534 625090

Dr John Curran FBACD, Dr Mark Tam  
Lido Medical Centre, Hotel De France,  
St Saviour's Road, St Helier, Jersey



British Association of Cosmetic Doctors



The British Association of  
Aesthetic Plastic Surgeons

asc  
aesthetic skin clinic



# Pardon me?

**H**earing problems are becoming more and more prevalent, and there are a rising number of young people being affected by hearing difficulties.

An old wives' tale tells us 'the smallest thing you should put in your ear is your elbow', yet many hygienic types regularly stick cotton buds down their ear canal, which can really irritate your sensitive ears and increase wax build up.

Another major cause of hearing problems is music volume. If you've been to a music festival recently then you could be interested to know that your ears will take 3-4 days minimum to recover as they perform a huge medical process to deal with that damage. So in our modern world full of iPods and live music there is a lot of potential damage which our ears have to try and deal with. We're not going to lie - wearing a hearing aid has never been especially trendy, however it's amazing how many people put up with sub-standard hearing rather than get help.

If you are worried about your hearing then you need to listen up (ahem). Lyric hearing aids, known as the contact lens for the ear, are genuinely amazing - they are inserted right down into your ear canal so there is no way anyone can see them, they don't require any fiddling or maintenance and they work

24 hours a day, seven days a week, for months at a time. They can be worn during all daily activities effortlessly and invisibly improving your hearing.

Swiss-trained Jersey specialist Dr Mark Vellam, who has been fitting hearing aids for over two decades, says that these mini-marvels are unbeatable. 'It's all about quality and clarity. Lyric uses state-of-the-art technology to provide a way of coping with different environments and caters to all hearing needs. Progress is closely monitored and the aids, which you have in 24/7, are changed every four months with no additional charge. With Lyric, it's the whole specialised service that you get, and that's what's making it such a popular option.'

*Do you keep missing phone calls or people at the door? Have you recently been to a strangely silent firework display? If you think you might be aurally challenged but had a few hang ups about the idea of wearing a hearing aid, then why not pop along to Dr Mark's walk in clinic (10am to 2pm on Tuesdays at Little Grove Clinic) for a chat.*

## Causes of hearing loss

### In the outer ear:

Typical problems include excessive accumulation of earwax and infections of the auditory canal (e.g. 'swimmer's ear').

### In the middle ear:

Perforation of the eardrum, infection or fluid in the middle ear and otosclerosis (a calcification around the stapes limiting its ability to move) are the most common causes. Many outer and middle ear problems can be treated successfully with medication or surgery. In cases where treatment is not effective, remaining hearing loss can usually be helped by using hearing instruments.

### In the inner ear:

The majority of hearing problems result from damaged inner ear structures. Typical causes are the natural aging process, excessive exposure to noise, medication that is toxic to the auditory system and head injuries. As a rule, this damage cannot be reversed but can be largely overcome with hearing instruments.

## Degrees of hearing loss

Between the two extremes of hearing well and hearing nothing, there are many degrees of impairment. The terms used to describe the degree of hearing loss are mild, moderate, severe and profound. Most hearing losses are mild to moderate. What does the degree of hearing impairment mean?

### Mild hearing loss

Unable to hear soft sounds and difficulty understanding speech in noisy environments.

### Moderate hearing loss

Unable to hear soft and moderately loud sounds, considerable difficulty in understanding speech, particularly with background noise.

### Severe hearing loss

Unable to hear most sounds. Speakers must raise their voice to be heard. Group conversation is possible only with considerable effort.

### Profound hearing loss

Some very loud sounds are audible but communication without a hearing instrument or through sign language is very difficult.

## Animal hearing facts

Owls have amazingly informative hearing. For example, in the middle of the night a tawny owl can assess the precise direction and speed of a moving mouse in 0.01 seconds.

Unexpectedly, cats have better hearing than dogs.

Elephants surprisingly have exceptional hearing, not only because of their big ears but because they use their trunk and feet too. These are packed with special receptors to pick up on low frequency vibrations (useful for thunderstorm detection).

Lots of people know that bats and dolphins use echolocation. Fewer people know that some moths can hear these ultrasonic emissions. Instead of just dodging an incoming bat, they emit a sound back to their predator which confuses the bat and allows the moth to escape.

Pigeons hear sounds at exceptionally low frequencies which explains their exceptional sense of direction. Naturally occurring infra-sound such as thunderstorms and seismic activity allows pigeons to effectively see with their ears, making them arguably the best navigators in the natural world.





## Hearing-aids timeline

### Circa 1820

King Goa 4th of Portugal has a throne made where people speak into the lion-shaped arms and their voices are amplified through a tube which runs through the chair to the king's head. Started a bit of a trend among the high and mighty.



### Mid-1800s

The invention of the Clarvox Lorgnette trumpet in France. This lightweight ear trumpet was made of tortoiseshell and hung down from one side of a pair of spectacles.



### 1899

Miller Reese Hutchison patents first practical electrical hearing aid. Not that convenient - so large it had to sit on a table handily placed beside the user.

### 1920s

Vacuum tubes introduced, but battery size still made them awkward for anyone who had to move at all during the course of their everyday lives.

### 1933

The invention of the Bone Conductor. USP: sent sound through the bone behind the ear. Pros: Ace name. Cons: Caused massive headaches.

### 1952

Thanks to the invention of the transistor in 1948, transistor hearing aids hit the scene. Sonophone even designed some petite models which could sit on your spectacles.



### 1960s

Over-the-ear or Behind-the-ear aids became available. The first of this group were known as at-the-ear hearing aids because they were visible, protruding slightly as they did, but the later versions were increasingly more and more the products of better design for easy concealment.

### 1990s

Digitalisation of the hearing aid.

### 21st Century

Lyric hearing aids provide the next step in audiology.




## AGEsmart

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Dermalogica's new AGE Smart system contains scientifically advanced ingredients proven to impact the major biochemical reactions that contribute to skin aging before they start, so your skin is smoother, firmer and healthier.

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## ATLASPROFILAX

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Situated at the base of the skull, a misaligned Atlas bone (C1) can disrupt the normal flow of information between the brain and the body causing numerous painful and medical conditions.

Do you suffer with recurring back pain, whiplash, migraines and headaches, joint pain in the hips and/or knees, rotation of the hips, repetitive strain injury, jammed spinal nerves, stiff neck, trapped nerves, difference in leg length?

Most people suffer from a misaligned Atlas bone without realizing that their postural imbalances and common aches and pains can have a quick and simple solution through the correction of their Atlas.

A strategic and non-chiropractic massage is applied to the short musculature of the neck. In only one application, safely and permanently, the Atlas bone returns to its correct position. Old patterns clear and the entire system begins to function to its fullest potential.

**Clinics in UK:** London Oxford Circus, West Sussex, Scotland, Cumbria, Blackpool, Manchester, Birmingham, Glastonbury, Marlborough, Devon



For more details and booking, contact:  
Marie-Agnès Casalini, Certified AtlasPROfilax practitioner  
Tel : (01342) 303279 | Mob : 07828 954 304  
Email: marie.atlas@yahoo.co.uk | Website : www.marieatlas.co.uk



# When you've reached boiling point...

For when it all gets a bit much there is the trustworthy, reliable, fail-safe, hot bath. It is guaranteed to help most problems. Simply fill tub with hot water, add a few drops of some delicious smelling oil, get in and enjoy the slight weightlessness, all over cosy warmth and soothing aroma.



*Dermalogica | Stress Relief Oil £16.00*

This actually smells of relaxation, it's like a little slice of summer. You will get in the bath a stress pot and get out a zen queen.



*Ren | Moroccan Rose Otto Bath Oil £25.95*

This oil nourishes the skin leaving it lightly fragranced with roses and is known for its stress-relieving and soothing properties.



*Cowshed | Grumpy Cow £15.18*

An uplifting bath and massage oil which has a citrus blend that will leave your skin feeling energised your mind much clearer.



*Neom | Jasmine and Sandalwood Oil £32.00*

This is designed to give you a specific treatment, creating your very own bath spa. This scent is great for restoring you from a frazzled state into a more peaceful you.

*Jo Wood Organics | Amka £35.00*

Add two capfuls of Amka bath oil to running water to revive your body and perk up your spirits.



*Elemis | The Frangipani Body Oil £29.70*

Intoxicates the senses with an exotic blend of coconut coprah oil and frangipani flowers, with long lasting hydration properties and as an added bonus can be used as an intensive conditioning treatment for hair and nails.

*Aromatherapy Associates | Ultimate Bath & Shower Oil Collection £49.00*

Nine luxury iconic bath and shower oils - use these lovingly blended and award winning oils to help relax, de-stress & revive



## Smooth Operator

Elmina Salons now offer the brand new Aveda Smooth Infusion Texture Smoother which is ideal for stressed, over-styled winter hair.

This is a semi-permanent, in-salon service, which is designed to smooth the hair follicle for up to two months. The special formula is ideal for banishing frizz and adding natural body for a multitude of hair types, smoothing hair to make at-home styling more manageable and time effective.

They also have a wonderful at-home Smooth Infusion range for unruly hair to help achieve that ultra sleek look including Shampoo, Conditioner and Glossing Straightener, which helps to enhance the benefits of the Texture Smoother Treatment and maintain a natural, healthy lustre, as well as helping to protect against surface damage caused by heat when styling.

Prices for the in-salon treatment start from £150 and are subject to individual consultations. Art Director Trish McCormick is offering 20% off the retexturising system on Tuesdays until March.

Call Elmina's Town Salon on 610082 to find out more.



## Top picks from Toni & Guy

The big salon size Hairspray - This is what you will see backstage at London Fashion Week. Gives gorgeous flexible long lasting hold and leaves hair soft, not sticky and hard. It is great for conditioning hair and holding in humid conditions.

Brunette Dry Shampoo - The Gallery girls are a little bit addicted to dry shampoo for its texturising abilities and this special one

for brunettes won't leave you looking grey!

Miracle Fibre - The ultimate product for 'undone glamour'. Gives instant volume when applied to dried hair as well as moisturising and boosting hair's texture.

Power Paste - This is a firm, wax-paste for serious texture, movement and definition with a glossy finish. It uses Organic Beeswax for a gentle, flexible hold that allows movement.

*Label.m products are available from Toni & Guy.*





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\*Full gem pedicure only



# Tired of your toupée? Weary of your wig? Help is at hand...



**T**he hair industry is huge, ranging from shaping, styling, colouring and removal to its volumisation and extension. Another side to this is the hair transplant, a restoration option which is newly available at the Aesthetic Skin Clinic.

Now, there is nothing wrong with lacking hair up top; sexy and bald are hardly mutually exclusive as proved by the gorgeous Natalie Portman back in 2005 and the rugged Jason Statham who, keeping his hair minimal to mask a receding hairline, has bagged himself supermodel du jour Rosie Huntington Whiteley. It's true too that you save lots of money on shampoo, conditioner, products and brushes, and never need

to worry about getting headlice. However, if you're not on board with the Agassi vibe, then it may well be worth having a look at something to rectify the situation.

Everything has come a long way since the Japanese doctor Shoji Okuda carried out the first follicle transplant in 1939, or even since Sir Elton John first dabbled with crude barnet betterment in the 1980s. Hair transplant surgery is now a permanent solution to restore your hair and is a safe, simple and a life-transforming procedure.

Hair transplants have been gaining huge popularity after being endorsed by celebrities such as James Nesbitt, Duncan Bannatyne and Wayne Rooney. Impending baldness can bring about a loss in

confidence and an unforeseen increase in hat-related expenditure. At the Aesthetic Skin Clinic, Direct Hair Implantation (DHI) is now available in their Jersey Lido Medical Centre facilities. Using the specialised DHI Implanter, a tool developed to prevent the follicles from being 'over handled' and reducing the risk of less viable implants, surgeons can remove hair from a designated site and create a natural hairline. This advance in technology also ensures that the risk of pitting and discolouration is absolutely minimal. Taking the plunge is obviously a big decision and something which the professional team at the Aesthetic Skin Clinic can discuss with you. We managed to meet up with Dr Mark Tam to find out a more about this treatment for those on a quest to be more hirsute....

*Dr. Mark Tam is a widely-acknowledged expert in hair restoration and is a member of the International Society of Hair Restoration. He has even won awards for his hair restoration, including the Phidias Gold for his hair restoration service and clinical research.*

## How common is hair loss?

It occurs more often among men, with 'male pattern baldness' being the commonest form of hair loss and experienced by about 70% of the male population. With women, about 30% will get some amount of hair loss during their lives and the psychological impact is likely to be greater among women.

## Is this the same in women?

In women, it's a different kettle of fish. Some women experience hair loss that involves the entirety of the scalp - in these cases surgical hair restoration wouldn't be an option because there is no area we could use to get the hair in order to perform the transfer. Causes for hair loss in women range from medical conditions associated with hair loss to adverse reactions to medications or even the effects of certain grooming practices.

## Why do people come to you?

People come to us because they are distressed about their hair loss. It's great that there are some people who don't think it's a big deal, but there can be significant psychological side effects when someone starts losing their hair, particularly as hair loss is inherently associated with ageing. People feel embarrassed and their confidence decreases as they can feel much less desirable when their hair is affected in this way. Hair loss is hard to hide and can result in a severe lack of self esteem; at ASC we hope to help people regain their confidence and feel happy without having to wear a hat.

## How soon do you see results?

Everyone is different but on average you'll probably start to see new hair about four months after the surgery, but this is hard to predict. Results continue to improve for around 18 months following a hair transplant, but nine months is usually the point at which we can see

significant results and after a year nearly all of the transplant should have started growing. For the next six months or so, the hair will thicken visibly.

## Where does the hair come from?

The hair is from donor sites on the patient's own head.

## How high is the success rate?

Very high, with over 80% of the follicles being viable and successfully producing hair.

## And how much would we need to loosen the purse strings for a procedure like this?

As every patient is different, I couldn't really say for sure before examining the patient's head. As a rough guide, small areas which would need only one session would be about £3-5000, but this would increase if multiple sessions were needed or the treatment area was larger. Every patient has to be assessed before treatment and at that point will be advised of the cost.

## How will it look immediately afterwards and how long does it take to recover?

Immediately after the procedure, the treated area will look red and mildly swollen with very short hairs, this will take a few days to settle down and you may wish to take a couple of days off work after the treatment. With the DHI technique, it is really a minimally invasive procedure. The healing is faster compare to other techniques and within a few days you can start washing your hair and you can pretty much go back to your normal activities in a week.

## Will I have hair like Elvis? (will I have hair like I had in the past?)

The goal of hair restoration treatment is to improve the coverage in the area and to improve the cosmetic result. It is unlikely that we can restore the hair density to what you had before the onset of hair loss, your consultation at the ACS will be able to inform you more.

**To contact Dr Mark Tam and his team call 625090 or visit [www.askinclinic.co.uk](http://www.askinclinic.co.uk)**



# *APPETITE*



**The island's freshest foodie guide for islanders and tourists alike, combining the best quality ingredients;** a premium eating guide, a newly designed spring food festival promotion, a mobile and web guide and offers all year...**tasty!**

**Coming in March.**



## FEBRUARY'S **FOOD NEWS**

Chocolate cocktails, sugary macarons and pizza to die for... Welcome to the Food of Love.



## Love bites

Chocolates? So predictable. Ditch that box of Milk Tray and get her something special this Valentine's. Petite, delicately flavoured, and in every one of this season's pastel colours imaginable - CocoRico's handmade macarons look so gorgeous, it's a shame to eat them. Well almost....

CocoRico Macarons, £10 for a box of 8, £18 for a box of 16, available at Mark Howe or contact Sébastien on 07700703919 or email [sebastien@cocoricojersey.com](mailto:sebastien@cocoricojersey.com)



## lucky barman

Toni Teixeira, bar supervisor at Grand Jersey, has just spent a week at the 'World's best hotel bar', the Merchant Hotel in Ireland (named 'world's best bar' at the Spirit Awards in 2010) learning the tips and tricks of mixology from the bar team - trained by award-winning mixologist Sean Muldoon. It's all part of Grand Jersey's commitment to training. General Manager Eamonn Elliott, said 'Learning from the one of the best cocktail teams in the world will give Toni a great insight which will allow us to further improve our cocktail offering in our Champagne Lounge.' Toni can't wait to try out his new cocktail-mixing tricks - he's already planning a new range of in-house cocktails incorporating the skills he learnt at the Merchant.

## mamma mia

Did you know the pizzas at La Cantina are made from a natural lievito madre yeast culture? The jar of bubbling yeasty gloop is kept 'alive' and used as a sour dough starter for their pizza dough to give it an authentic taste. The team at La Cantina have just acquired a culture that's over 20 years old and originally stemmed from Italy, and has travelled as far as San Francisco which they plan to use as a starter culture for their pizza dough. Wonder how they got it through customs...?



## tipping point

The Salty Dog in St Aubin has scrapped service charge on its bills, so if you've had great service, leave a good tip. If you haven't, then don't. Simple. Natalie Duffy from the Salty Dog says: 'We take nothing for granted so now in place of the 'optional, discretionary, obligatory!!!' service charge added to your bill, you can tip at your discretion!' We look forward to other restaurants following the Salty Dog's lead...



## hot cakes

Cute ruby red cupcakes covered in glittery sprinkles - if you're looking for something sweet enough for your sweetheart we reckon these bundles of baked goodness will melt her heart. The gorgeous cupcakes from the Eden Cupcake Company are made using the best organic ingredients, and they'll deliver them to your Valentine for you on the 14th.

Valentine's Cupcakes, box of 4 - £15, box of 6 - £18, box of 12 - £36. For more details or to order, call Hayley on 07797 828410 or [www.theendcupcakecompany.com](http://www.theendcupcakecompany.com)



## spicing things up out East

It looks like Gorey might be turning into the place to head for branché foodies as Danny Moisan opens a second Danny's location on the harbour where Ingalill's used to be. Expect feisty flavours and fun food - it promises to be a real Danny's experience. Easties, you're in for a treat.

Don't miss next month's Gallery where we try out Danny's in Gorey for you....



Martin Flageul introduces...

## Rioja at its best.

words | Martin Flageul : Victor Hugo Wines

*The following four Spanish red wines continue to gain more and more prestigious awards year after year and vintage after vintage.*

*Gold medals and high scores, frequently 90 plus out of 100 from many major wine critics also "World Selection" awards from International Fairs.*

*It is not surprising therefore that Bodega Marques de Caceres also received an award for CEO Cristina Forner from Drinks Business Magazine in 2011 as Business Woman of the Year. Included in her business acumen she is renowned for striving unstintingly for quality and also her drive to promote the wines of her native Rioja.*

### Marques de Caceres Vendimia Seleccionada Crianza 2007



Its bright dark colour introduces a bouquet of vanilla and cherry followed by a fleshy well structured palate with rounded red and blackberry fruit wrapped in refined oak retaining balanced silky characteristics.

**£8.75 per bottle**

### Marques de Caceres Reserva 2004



An appealing vivid dark ruby colour and intense bouquet of red fruits and spices and a pleasantly fresh mouth-feel with blackberry and a hint of thyme make this Reserva Rioja a wine of great complexity and body. Its finish highlights elegance and depth that is unparalleled in many reserva wines.

**£13.25 per bottle**

### Marques de Caceres Gran Reserva 2001



Intense dark cherry-red colour with aromas of mature fruits and toasted almonds are followed by distinguished flavours of red berries and spices leaving an array of sensations on the palate offering a full and long lasting richness in the finish.

**£17.50 per bottle**

### Gaudium Gran Vino Marques de Caceres 2004



The Jewel in the Crown from Bodega Marques de Caceres has a concentrated deep red-black colour and a rich intense bouquet with notes of coffee, Morello cherries and violets. Fine concentrated black fruits and well defined tannins offer elegance and depth with great length which continues to develop in the mouth with harmonised ripe fruit and freshness.

**£39.95 per bottle**



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## FOOD FADS

*Food heaven and food hell – all of us have food we love and food we're not so keen on. Easy enough when you can just scrape the stuff you don't like to the side of the plate. But what if you work with food every day? Which foods can't you get enough of, and which can't you stand? We thought we'd ask our chefs. Their answers might surprise you...*



**Andrew Hosegood,**  
*Mange Tout (bravely tackling his coriander loathing by sporting a Cori-afro!)*

**Loves:** Jersey crab, done any way.

**Hates:** Coriander. It's over-used, over-rated and takes over the real taste of the food it is supposed to complement. Admit it, you hate it too!



**Damon Duffy,**  
*Salty Dog*

**Loves:** The beautiful and very cheap sardine and the Jersey mackerel

- cooked outdoors on the back of the boat they were caught on! Very good for you and full of natural flavours - feel good food.

**Hates:** Catering dried powder sauces... just add water. Full of E-numbers and not good for you at all. No love or passion added. If you can't make it then don't use it!



**Marcus Calvani,**  
*La Cantina*

**Loves:** Sea Urchin (as sushi or in a classic risotto or Italian coastal spaghetti dish) appar-

ently helps your male performance, so that's a plus too!

**Hates:** Tofu, as I've said before, I think it's the food of the devil and please... I challenge anyone to make me something delicious out of it that doesn't resemble the old scrambled eggs on a cheap hotel's breakfast buffet!



**Shaun Rankin,**  
*Bohemia*

**Loves:** Great fish and chips!

**Hates:** Anything with glacé cherries or tinned anchovies



**Steve Walker,**  
*The Royal Yacht Hotel*

**Loves:** Vanilla. It's so versatile, when you smell it you know you are in for a good dessert or main course.

**Hates:** Tripe. I have eaten this once and once only, it smells bad and it tastes bad. Even if you made a dish with tripe and vanilla, the vanilla could not work its magic and take away the taste!



**Peter Brewer,**  
*Randalls*

**Loves:** Chilli. My perfect dish is the Chilli Beef Ramen at Blush, it's fresh, healthy and packs a real

punch...yum.

**Hates:** Tomato juice! I have tried so many times especially when a real Bloody Mary is served. It looks so refreshing and delicious but I just hate the stuff!



**Danny Moisan,**  
*Danny's*

**Loves:** Jersey scallops. I couldn't live without them - they're so versa-

tile, so tasty and second to none and I've tried scallops all over the globe

**Hates:** Fast food like McDonalds, KFC and all that other crap that they try to pass as food



**Chris Pendel,**  
*Quay Bar, The Boat House*

**Loves:** There is a lot of food that I love but as it's the winter I would say slow

cooked cuts of meat that are braised like ox cheeks. They are just so full of flavour and tender and they are quite cheap so don't break the bank.

**Hates:** Gooseberries. Sounds strange I know, but I can't get near them.



**Richard Allen,**  
*Grand Jersey*

**Loves:** Chocolate  
**Hates:** Sea urchins

## Did you know?

Cottage cheese, liver and Brussels sprouts top the list of the world's 'most hated foods'. Maybe it's the texture, strong taste or the faint aroma of feet (yes, I'm talking to you Brussels sprouts), these wallflowers of the food world normally end up congealing on the side of the plate or languishing in the Co-op's 'Reduced' section. What food do you hate and what do you love? Email us at [hi@gallery.je](mailto:hi@gallery.je) and the best answer wins a big bag of sprouts\*. Turn to page 90 and find out what the Gallery team love and hate...

\*only kidding



LOOK OUT  
FOR MORE  
CHEFSPEAK  
AND 'FOOD  
FOR THOUGHT'  
COMING IN  
APPETITE 2012



## we Love this cocktail

Don't miss out on trying the fabulous cocktail the Radisson created especially for our Love issue. We all went down to try it out - well it's not every day you get a cocktail created for you. Full of Amaretto, Bacardi, Crème de Cacao and chocolate - the 'Elixir of Love' was absolutely gorgeous. We defy you not to fall in love with it...



### ELIXIR OF LOVE

15ml Amaretto  
10ml Bacardi  
15ml Crème de  
Brown Cacao  
10ml Cream  
Chocolate shavings

Shake all ingredients together, pour into a glass and top up with crushed ice. Garnish with chocolate shavings.

**Elixir of Love, £8 at the Martello Bar, Radisson Blu Waterfront Hotel.**

Hey mixologists! Fancy creating a 'Cocktail of the Month' for Gallery? March will be the 'Organic' theme, and if you can think of a cocktail that fits our theme - email us and we'll feature the best one! Get in touch with our team of cocktail aficionados at [hi@gallery.je](mailto:hi@gallery.je)



# Love

wine

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# VALENTINE'S TREATS



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# HOW TO MAKE COFFEE

## LIKE A BARISTA



MEASURE COFFEE IN

ADD BOILING WATER

DEPRESS PLUNGER AND POUR.

*EASY, BUT THINK HOW MUCH MORE  
FUN IT COULD BE WITH A PROFESSIONAL  
ESPRESSO-MAKING MACHINE...*



*TURN THE PAGE  
THIS REALLY ISN'T FOR YOU*

COLD GROUP HANDLES AFFECT  
EXTRACTION OF COFFEE FLAVOUR

*HEAT IT UP BEFORE FILLING IT WITH GROUNDS*

NO

ARE THE GROUP HANDLES WARM?

YES

YES

WELL DONE

*NOW IT'S TIME TO ADD THE MILK*

*YOU'RE READY TO MAKE A CUP OF ESPRESSO COFFEE*

*ALWAYS RUN THE WATER SHORT THROUGH THE COFFEE.  
YOU WANT THE SWEETEST AND MOST INTENSE PART OF  
THE COFFEE IN YOUR CUP*

*YOU CAN ALWAYS ADD WATER LATER TO MAKE THE  
DRINK WEAKER (EG. FOR AN AMERICANO)*



SO.. YOU MIGHT KNOW WHAT THE PERFECT CUP OF COFFEE TASTES LIKE. BUT WOULD YOU KNOW HOW TO MAKE IT? WE GOT DAVID WARR FROM COOPER & CO TO SPILL THE BEANS\* ON HOW TO MAKE COFFEE LIKE AN EXPERT AND THEN PUT IT INTO A EASY-TO-FOLLOW FLOWCHART SO YOU CAN BE A BARISTA TOO...

•SEE WHAT WE DID THERE?



TO DELIVER THE BEST ESPRESSO-BASED DRINKS POSSIBLE YOU NEED TO ENSURE THAT THE EQUIPMENT YOU USE IS CLEAN AND WORKING CORRECTLY

IS THE ESPRESSO MACHINE PUMPING WATER OUT AT THE CORRECT PRESSURE AND TEMPERATURE?

ARE THE GROUP HEADS AND HANDLES CLEAN?

CHECK THE COFFEE GRINDER IS SET CORRECTLY AND THAT THE BLADES ARE SHARP.



GOOD MOVE  
SIT BACK AND WATCH HOW IT'S DONE

TASTE YOUR COFFEE...

IF ANY ONE PART OF THIS IS NOT FUNCTIONING CORRECTLY YOU WILL DESTROY THE BASE OF YOUR DRINK

SORT IT OUT AND START AGAIN

IS THE CUP WARM?

YES

NO

BASIC BARISTA FAIL  
COLD CUPS MEAN CHILLY COFFEE

WARM THEM AND START AGAIN

NO

ARE YOU MAKING A CAPPUCCINO OR LATTE?

YES

ONLY HEAT THE MILK ONCE

NO

ONLY HEAT AS MUCH MILK AS YOU NEED FOR A FLAT WHITE

TASTE YOUR COFFEE

MMMM  
WELL DONE. GIVE YOURSELF A PAT ON THE BACK

BLEURGH  
IF YOU WOULDN'T DRINK IT, NOBODY ELSE WILL WANT TO. START AGAIN...



# lovecoffee

Vote for your favourite barista now

brought to you by **appetite** | **gallery** and the baristas of Jersey

We had a phenomenal response to our first LoveCoffee competition. Whether you posted a voting card into the collection box in your favourite coffee shop, or chose your 'best barista' online at [appetite.je](http://appetite.je), 1,842 of you all helped to tell us which of the 60 baristas taking part got your vote...

Ok, we won't keep you in suspense any longer...



♥ 153 votes

Ula  
COFFEE  
JUNCTION



Sam  
CURIOSITY  
COFFEE SHOP

♥ 165 votes

*Best Barista*  
**Sam at Curiosity  
Coffee Shop**

Whether it's his coffee or his habit of breaking into song every now and again, Sam wowed Curiosity customers enough to get them voting for him. We counted an incredible 165 votes, making him your favourite barista! Congratulations Sam!



♥ 132 votes

Miriam  
IMA'S CARIBBEAN  
COFFEE BAR

We asked our online voters to come up with a slogan they'd like to see on their coffee mug. Here are some of our favourites....







**Best team**  
**Ima's Caribbean Coffee Bar**

♥ 251 votes

This popular corner cafe brings a touch of Caribbean sunshine into a lot of your lives... a staggering 251 of you voted Ima's your favourite coffee stop! Perhaps it's the Calypso latte that swung your vote... Congratulations to Ima and the team!



6  
voter

**Ima**  
IMA'S CARIBBEAN COFFEE BAR

7  
voter

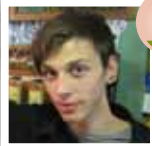
**Miriam**  
IMA'S CARIBBEAN COFFEE BAR

8  
voter

**Tracy**  
IMA'S CARIBBEAN COFFEE BAR

**2nd place**  
**Curiosity Coffee Shop**

♥ 166 votes



12  
voter

**Sam**  
CURIOSITY COFFEE SHOP

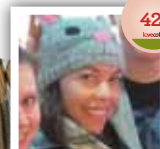


11  
voter

**Nick**  
CURIOSITY COFFEE SHOP

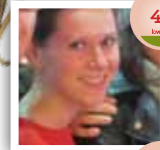
**3rd place**  
**Café Jac**

♥ 153 votes



42  
voter

**Catia**  
CAFE JAC



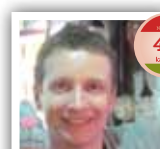
41  
voter

**Marta**  
CAFE JAC



40  
voter

**Telmo**  
CAFE JAC



43  
voter

**Matthias**  
CAFE JAC



60  
voter

**Susana**  
CAFE JAC



**And our winner...**

We picked a voting card from random from Sam's 165 votes and the lucky winner is

**Rebecca South**

who wins a free coffee a day from Curiosity Coffee Shop for a year. Here's Rebecca with Sam and the first of her 365 double shot flat whites. *She said: 'I voted for Sam because he's so friendly and happy and he knows my coffee order off by heart!'*

*It's going to take more than this to get me going..*  
Rob

**LOVELY LICKABLE FOAM**  
Lucy

**Keep calm and carry on drinking**  
Cat

*hot and strong*  
Janet

**Instructions to keep me happy:**  
1. Keep this topped up. 2. See point 1  
Mandy







And the after shot.  
Juiced....



## Love juice *\*your five-a-day*

For the love issue, we thought we'd bring you our latest crush... All five of them. Here's our pick of the best fruit juices, smoothies and shakes around. No cartons, frozen fruit or packets here folks, this is the real deal - fresh fruit blended, crushed and juiced in front of you. You'll feel healthier just looking at them.



### Cafe Jac

(left) **Strawberry** £3.80

You can't not love this one.

**mmmmm**

(right) **Banana Thickie** £3.60

...with oats and honey. Complex carbs a-plenty, it's breakfast in a glass.

**mmm**



### The Daily Grind

**Apple, Carrot & Celery** £2.65

Veggies and fruit whizzed up while you wait. It's packed full of vitamins and you don't taste the celery... honest.

**mmm**



### The Juice Bar (Central Market)

**Carrot, Apple & Ginger** £2.65

E-number bright (that'll be the carrot) and a good dose of ginger to see off those winter sniffles. It's got to be doing you good, right?

**mmm**



### Loaf

**Strawberry, Banana & Honey** £3.20

Like a strawberry milkshake only thicker and better. It's a pretty tasty way of getting one of your five-a-day...

**mmmm**



### Bean Around The World

**Banana & Peanut Butter shake** £3.40

Ice-cold, delicious banana & caramel peanut butter heaven. We can't get enough.

**mmmmm**

### Mmm rating

m - manky

mm - mediocre

mmm - meh

mmmm - marvellous

mmmmm - magnificent

## Love wine?

So do the team behind brand new local online store Love Wine, specializing in boutique-style wine at the best prices. Aiming to make wine-buying simple and accessible, they've selected exciting new wines from up-and-coming wine estates around the world, and they're all available on their website. You can search by Country, Grape, Price and even Food Match to find your favourite wine, or discover something new. Planning a dinner party? They've done the hard work and put together mixed cases to suit every occasion from relaxed suppers to decadent Valentine's dinners. They'll even create a bespoke selection of bottles to match your menu. Love Wine can take the headache out of planning larger events too, get in touch with them to find out more about their bespoke wedding packages.

Sign up for the Love Wine newsletter and you'll get updates on the latest offers, new wine releases, and invitations to tastings and events. Joining the Cru loyalty club will also give you 10% off all wine and spirits prices. Fancy a chance to win? Turn straight to page 142 and our 'Gallery'll fix it page' for a chance to win a £50 Love Wine voucher.

[www.lovewine.je](http://www.lovewine.je)

Tel: 850599

Twitter: @lovewineje, Facebook: LoveWine

## Yum Yuck

*An in-depth survey (ok so we asked round in the office one afternoon) revealed some interesting food loves and hates. See if you share any of ours...*

### Matt (illustrator whizz)

Anchovies, coriander, game, shellfish rice pudding, tofu, tongue, corned beef

### Ceri (beauty guru)

Waffles with caramel sauce, strawberry astrobelts, pina coladas, haggis whole tomatoes, licquorice, fruit cake & oranges

### Emma (stationery queen)

Homemade bread, red peppers, peanut butter, rice pudding lamb, coriander, sun-dried tomatoes, fruit cake

### Sarah (resident foodie)

Baba ganoush, Pad Thai, Fry's Chocolate Cream fried eggs, sausage rolls, kidneys

### Russ (design visionary)

Fillet steak, Wispa Gold, stuffing baked beans, olives and anything derived from soya

### Ben (dogsbody)

Chocolate, M&S Super Wholefood salad, Ben & Jerry's Cookie Dough, toasted bagels oysters, offal, Turkish Delight





# places

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This edition:

## Properties to love

See our featured page for a selection of some of our estate agents' favourite properties

## Love at first site

We take a look at the changes to Jersey's planning process.



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- Great Family Home
- On La Route Orange
- Large Garden
- Mains Services Including Gas



£685,000

FREEHOLD A-J

ST BRELADE



- Immaculate Property
- Modern Eat-In Kitchen
- Safe Surround Garden
- Ideal Location
- Double Garage + Parking



£795,000

FREEHOLD A - J

GROUVILLE



- Immaculate Family Home
- Spacious Accommodation
- Eat In Kitchen
- Safe Enclosed Garden
- Close To Major Schools



£535,000

FREEHOLD A-J

ST SAVIOUR



- Walk In Condition
- Close To Gorey Village
- Modern Kitchen
- Quiet Select Development
- Garage + Parking



£589,000

FREEHOLD A-J

ST MARTIN



- Spacious Family Home
- Double Garage + Allocated Parking Bay
- Large South West Facing Garden
- Communal Field With Pond



£879,000

FREEHOLD A-J

GROUVILLE



- Stunning Family Home
- Bose Cinema System
- Utility Room + Wine Store
- Garden & Parking
- Functional Fireplace



£895,000

FREEHOLD A-J

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AND  
MOVE  
FASTER








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## Properties to love: local agents select their favourites

St John £1,900,000








 4
  3
   CAT A-J&K

- Traditional Granite Property
- Recently Refurbished
- 5 Verges of Land
- Guest / Au Pair Suite
- Double Garage
- Lovely Sun Terrace and Formal Garden


01534 620620 

St Martin £825,000








 3
  3
   CAT A-H

- Charming New Build
- Great Location in Popular Parish
- Built to a High Specification
- Safe Enclosed Garden
- Garage with Additional Parking


01534 766689 

St Mary £699,000








 4
  3
   CAT A-J

- GRANITE CHARM
- Completely refurbished
- Fireplaces and beams
- Private parking for 2 cars
- Village setting, additional parking


01534 710710 

St Brelade £965,000








 4
  4
   CAT A-J

- Detached Family House
- In A Quiet Cul-De-Sac
- Good Sized Landscaped Garden
- Recently Installed Wet Room
- Large Receptions
- Large Games Room


01534 877977 

St Helier £685,000








 3
  2
   CAT A-J

- Superb town house
- Proper sized rooms
- Flexible accommodation
- Possible income
- Patio and garden
- Parking


01534 710710 

St Saviour £525,000



 4
  2
   CAT A-J

- Immaculate Condition
- Recently Refurbished Throughout
- Manageable South Facing Garden
- Parking For Two
- Amenities Close at Hand

01534 766689 

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# 877977

[www.ecpw.co.uk](http://www.ecpw.co.uk)

[office@ecpw.co.uk](mailto:office@ecpw.co.uk)

Some of our latest properties



### ST BRELADE, A-J FREEHOLD

A lovely family home in a quiet St Brelade cul-de-sac. The property provides spacious reception rooms, a large games room or office and 4 bedrooms. There is a good sized landscaped garden with lawn, mature trees and 3 ponds. A pressurised water and central heating system was recently installed along with a new 'wet room'. A very prestigious home with further scope to add value.



Asking  
**£965,000**



### GROUVILLE, A-K FREEHOLD

This is without doubt, one of the finest looking Georgian properties on the island. Having been subject to a major refurbishment several years ago, you have the reassurance that everything is up to modern standards. As with all properties of this era there is a tremendous feeling of space created by the large windows and high ceilings and the house has a real sense of presence. With its proximity to the colleges and 5 bedrooms of accommodation set over 4 floors it would make an ideal family home.



Asking  
**£2,050,000**



### TRINITY, A-K FREEHOLD

This wonderful home has just been completed and offers 5 double en-suite bedrooms, 3 receptions, with a magnificent modern kitchen and dining area in an idyllic part of St Martin, set in over an acre of mature parkland garden and with distant sea views to the French Coast. Presenting clean modern lines, generously sized rooms and a high specification of fittings and electrics. The house is ready to move into.



Asking  
**£3,100,000**



### ST MARY NO QUALIFICATION, SHARE TRANSFER

A delightful 4 bedroom detached family home which has been the subject of total refurbishment, has new bathroom and carpets throughout. This spacious property is approached by its own driveway and has large mature surrounding gardens. The property is situated on the outskirts of St Mary's Village and is only a short walk to the picturesque north coast. No quals.



Asking  
**£2,400,000**

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*Tucked away in the heart of St Clement countryside, you'd hardly know Le Pavillon du Bourg existed from the outside. If you're looking for a luxury hideaway with the latest technology, where you can get away from it all in style, we think we've found your perfect pad.*

Turn into the driveway at Le Pavillon du Bourg, and you'd hardly know the house was there at all. A long granite wall is all you can see of the property, but walk through the modern front door, and it all opens up in front of you. Centered around a decked courtyard, this supermodern house is 2,400 square feet of immaculate, contemporary style – all arranged for easy living and just a minute's walk away from the beach. Having everything on one level makes for a seamless flow through the house, and all the rooms are linked by the central courtyard. The property's cleverly designed so that the public area of the house – the long open plan living and dining room forms the centre of a u-shape, with the bedrooms stretching off at either end. The stunning centerpiece of the house though is definitely the red cedar-decked 'outdoor room'. Sheltered by the surrounding walls on all sides, it's an incredible secluded suntrap during the summer. Every room has bi-fold doors that open out onto the courtyard, so in warmer weather it creates a huge open-plan indoor/outdoor living space where you can stroll easily from sofa to sun-lounger, and have supper alfresco every evening under the stars.

And if you're looking for modern technology, this home has is in spades. Digicode entry, jacuzzi bath, HD Apple TVs and a smart lighting system that's remote controlled – turn into the drive and have the lights turned on, blinds closed and your favourite music playing – all at the touch of a button. In another clever touch, motion sensitive lighting in the

bathrooms means you never need to flick a switch, and the hallways are fitted with floor-level LED lighting that switches on automatically as darkness falls, so no stumbling around in the dark if you get up in the night.

The attention to detail in this property has really paid off. Take the Bauformat kitchen for example. Top quality Siemens appliances – including three ovens, a built in wine cooler, and a boiling / ice cold water tap make it an extremely functional kitchen for any level of entertaining, but the clean, contemporary lines of the Silestone and

Zodiac worktops, cleverly designed kitchen layout and lighting make it stunning to look at as well. It's the same story in the bathrooms, which are also from Bauformat. Each of the bedrooms has its own ensuite bathroom, all with their own individual sleek finishes and clever touches. The master bathroom even has a top of the range jacuzzi bath with a built in flat screen tv for the ultimate in bathtime lounging. The master bedroom is right at the end of the 'west wing' of the house, and overlooks the courtyard and the property's low upkeep garden. It's a spacious room, with its own separate large walk in wardrobe, where handbuilt shoe cupboards are just waiting to show off a collection of Jimmy Choos. Currently two of the bedrooms are used as a home office and a gym – an easy example of maximizing the flexibility of this property's layout, especially as each has its own ensuite bathroom.

The property really comes to life at night, with stylish lighting systems inside and out. Evening outdoor entertaining is easy with the terrace just a couple of steps away from the kitchen, and when the air starts getting cooler, step inside and warm up near the fireplace with its modern double fire. There's even space outside to put a hot tub.

With plenty of parking, a double garage and outdoor store area just off





the driveway, this is a deceptively spacious four-bedroomed house that takes advantage of its secluded setting to create a wonderfully private indoor/outdoor home. Even when the bi-fold doors aren't thrown open to the courtyard, skylights and picture windows let the light in and create easy visual links to the other areas of the house. It's the sort of home that's a cosy bolthole in the winter and a secluded suntrap in the summer, when the alfresco terrace turns into the heart of the home. Whether you're looking for a party house, a romantic hideaway or simply a safe, easy upkeep environment for a young family, we think you'll fall in love with our property of the month.

“ Every room has bi-fold doors that open out onto the courtyard, so in warmer weather it creates a huge open-plan indoor/outdoor living space where you can stroll easily from sofa to sun-lounger, and have supper alfresco every evening under the stars. ”

## THE SPECIFICATION

### ***Le Pavillon du Bourg***

**£1,695,000 A-J Category**

- 4 bedrooms
- 4 bathrooms
- Double garage
- Alfresco courtyard and lawned area
- HD and Apple TV to all rooms
- Automated lighting system

*For more details contact sole agents;  
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visiting [www.ecpw.co.uk](http://www.ecpw.co.uk)*

*Photos courtesy of James de la Cloche*



# Treasure trove

*This month's top interiors finds*

## Hello Deer

The MIHO Unexpected Things design collection hails from Italy and prides itself on using naturally processed paints and varnishes and recycled MDF. Beautifully made, this easy to construct range's major selling point is its glorious colour, guaranteed to make an impact. Favourites include the deer heads which can be mounted on a wall, and the cute birdhouses which will make a decorative statement in any garden, large or small.

*Available from ChiChi Home boutique in St Aubin from £25.*



## Love ceramics

Jersey Pottery have unveiled their latest ceramic ranges at the prestigious Maison & Objet Show in Paris which is attended by buyers from around the world, and Jonathan Jones, Director, says it is a coup for Jersey Pottery to be there.

He said: 'We have been trying to exhibit at the show for a number of years, and we are delighted to be here, showing the best of Jersey's style to the world. There is huge demand to be allowed to exhibit here because it attracts the buyers from so many of the leading retailers, and we have a fantastic stand in a great location. We are still a Jersey company with 18 outlets in Jersey, and all the designs and decisions on our pottery are taken in the island, and our ranges are sold in more than 600 stores in 28 countries and I hope that our new ranges will enable us to continue grow that side of the business.'

*The new ranges will go on sale in Jersey in the next few months and will be available from Jersey Pottery's Halkett Place store, when it reopens after refurbishment this month.*



## Got wood?

If you fancy giving a room of your house a bit of a makeover, get on trend and procure some lovely scrapwood wallpaper from ChiChi Home. The design is the vision of edgy Dutch designer Piet Hein Eek (no, we're not sure how to pronounce that either) who won the International Contemporary Furniture Fair Editor's Award in 2011 with this paper product. It's perfect for creating a cosy, homely feeling and adding a touch of eccentricity to your abode.



## Say it with a coaster

Sometimes it is difficult to find the right words on the spot to convey your true feelings.... so do some prep and have it ready on a coaster. Maybe you could write secret love messages on the backs of them?

They lend themselves very well for when you're having friends round for drinks or dinner and you can have their names on them. Then simply provide chalk and alcohol and watch the fun unfold. Also there are so many drinking games to be had using them!

*Available from Amazon.co.uk*



## Space saver

What do you keep under the stairs? Shoes, tools, toys, recycling boxes, a gimp? However hard we try to keep it tidy, this space often ends up being a graveyard where our things go to die.

The answer is made-to-measure under stairs storage. A practical and tidy way of making the most of this space.

*Available from Deriba Furniture  
www.deriba.co.uk*





# Love Handles

*A little selection of interesting handles and knobs for all shapes and sizes.*



1. Quirky and kitsch  
Tea cup print door handle  
**£26 for set of four, Laura Ashley**

2. Bird in the hand  
Ceramic bird door handle  
**£12 for set of two, Laura Ashley**

3. Simple and chic  
Cream rose style door knob  
**£16 for set of two, Laura Ashley**

4. Vintage and eclectic  
Italian glass door knob  
**£8, Claire Guest**

5. Interesting and Oriental  
Golden Buddha hand  
**£25, Lovejoy's Antiques**

6. Classic and classy  
Crystal heart door knob  
**£16 for set of two, Laura Ashley**

7. Chunky and funky  
Lizbeth Dahl crystal door handle  
**£4, Elizabeth Howell**

8. Solid and sturdy  
Crackle flower shape door handle  
**£151.89, The Gooseberry Bush**





images courtesy of BDK Architects

# Love at first site

*From buying off-plan to upgrading our homes rather than upping sticks, the trend to 'improve not move' might see more of us living in a bit of a building site. And if your New Year's resolution was to finally do something about that extension, then you'll be happy about the changes to Jersey's planning process.*

Some planning decisions in Jersey are going to get quicker following changes to the system introduced by Minister for Planning and Environment, Deputy Rob Duhamel who said 'My department has listened to customer feedback and tried to make changes to the way in which we work so that we can provide people in

Jersey with a faster, more efficient planning process. We will review these changes on a regular basis to ensure they are improving the service we offer'.

Changes include an 8-week target for smaller domestic applications and new technology allowing the public to view plans and comment online. According to the Minister, the changes to the planning process are aimed at enabling people to be able to adjust their properties to their requirements without having to move home.

Architects across the island are welcoming the decision. The President of the Association of Jersey Architects, Paul Harding said, 'The AJA has been lobbying for some time to achieve improvements to the Planning process and we are pleased to see our new Environment Minister has taken our suggestions on board.' Developments include shorter 8-week

“  
Changes include an 8-week target for smaller domestic applications and new technology allowing the public to view plans and comment online.  
”



## Concerns for the construction industry

With the latest Business Tendency Survey revealing an increasingly gloomy picture for the Jersey construction industry, the Construction Council wants Jersey's government to begin immediately the release of further stimulus funding and bring forward capital projects to kick-start the island's economy.



JeCC Chairman Martin Holmes said the survey results gave a strong message to government and supported everything the Council had been urging during the past year – namely, that there is a desperate need for the States to accelerate the release of capital projects to maintain the industry.

Mr Holmes said: 'We believe that 2012 is going to be the worst year of the entire recession for the construction sector, where confidence is already low and projects are stalled. He also highlights the desperate need for affordable housing, an issue which has come to the fore in the latest release of Census findings'.

Mr Holmes also said: 'Capital spending is one of the most effective tools at the government's disposal when it comes to stimulating the economy and securing long-term recovery. The construction sector is the island's fourth largest sector, employing 10% of the Jersey workforce. Every £1 spent is worth £2.84 to the wider economy.'

The December 2011 Business Tendency Survey revealed negative results across all indicators of the construction sector and seven of the indicators were more negative than in the previous quarter's survey. In particular, business optimism and future employment were at their most negative levels in the two years since the survey has run.

targets for smaller applications and a new online system which goes live shortly and will allow applications to be made online, and for the general public to view plans and proposals and comment online.

'The ability for the general public to view application plans online is an important step in making the planning system more open and accessible. This is particularly valuable provision for neighbours and will save them the need to visit South Hill to inspect details of any application that may affect them.'

So there you are. Always fancied turning that rickety shed at the end of the garden into a showroom-style carport fit for a couple of supercars? This could be your chance...



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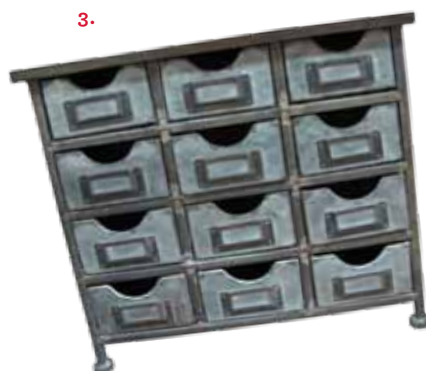
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# Cupboard

Every room needs one,  
here are our top trad picks



**1. Traditional and stylish**  
Garraat dark chestnut table  
**£325, Laura Ashley**

**2. Classic and sophisticated**  
18th Century kidney-shaped walnut desk  
**£16,805, David Hick Interiors**

**3. Simple and chic**  
A 12 drawer metal cupboard  
**£84.99, Chi Chi Home**

**4. Traditional and elegant**  
Artistic and decorative cupboard  
**£100, Mark Howe**

**5. Stylish and practical**  
Multi drawer wooden cupboard  
**£39.99 Chi Chi Home**

**6. Classic and classy**  
French-style ornate cupboard  
**£265, Claire Guest**

**7. Salvaged and cool**  
1930s style spice cupboard.  
**£40, Lovejoy's Antiques**



# *BUSINESS*

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# On the sofa



## About the business:

Heart for Life is a heart screening service that allows members of the public to check if they have a heart problem or determine their risk of developing one. Users book a heart screening package online via our dedicated website [www.heartforlife.co.uk](http://www.heartforlife.co.uk). The tests are then performed quickly, locally and conveniently with a report generated by Jersey's Consultant Cardiologist. We encourage local businesses to offer Heart for Life screening packages as an employee benefit.

Heart for Life is a public / private partnership with the heart tests performed at Jersey's General Hospital. Part of the fee is thereby redirected into the cardiology department to enhance heart care for other patients. The website also has a large number of information leaflets on heart conditions for use by all of our heart patients.

As well as providing the heart screening service, Heart for Life is actively engaged in Health Promotion and supports local sports and health schemes. We have a dedicated Facebook page with updates on heart health and links with the local heart charity 'The Jersey Heart Support Group'. We have a strong research background and are looking at setting up a long-term heart research programme in Jersey.

## Andrew & Claire Mitchell

### Heart for Life

**So tell us, what inspired you to get this off the ground?**

Unfortunately, every year in Jersey, young adults and teenagers die without warning from sudden cardiac death. Often these people are young, fit and athletic so we wanted to do something to help prevent these tragedies. We came up with this simple way of screening for potentially fatal heart conditions and our innovative website became the obvious way of doing this.

**What did you do prior to starting this business?**

Claire was a regional manager for a large medical device company in the UK. Andrew is Consultant Cardiologist at the General Hospital.

**Did that teach you any lessons that helped you succeed?**

Claire's background helped develop our network and contacts in UK cardiology.

**What's the hardest lesson you've learnt since starting the business?**

Getting the message out there for the public to get their hearts checked.

**Any funny stories that you have about the business starting out?**

We felt we should have our first official Heart for Life meeting at a venue outside of our kitchen. We ended up at a local restaurant feeling mildly guilty but it was a great success (and the food was amazing).

**What are your plans for the future?**

Heart for Life is currently recruiting centres in England to provide heart screening services using our network of expert cardiologists. This is really exciting as, up until now, there has been no service like this in the UK.

**What advice would you give to would-be entrepreneurs?**

Set realistic goals and find time to ensure that you achieve them.

Name	Dr Andrew Mitchell
School	Victoria College
Uni	Southampton University
First job	Fisherman
Car	Cosworth Impreza
Book	Tom Clancy
Music	Ludvico Einaudi
Film	The Big Blue
Gadget	GoPro Hero HD camera
Last holiday	Skiing
Enjoys	Fishing and motorsport
Motto	'Think like a fish to catch a fish'
Name	Claire Mitchell
School	St Edward's School, Cheltenham
Uni	Bath University
First job	Pharmaceutical sales representative
Car	Honda CRV
Book	Paulo Coelho
Music	Ed Sheeran
Film	Avatar
Gadget	iPad
Last holiday	Skiing
Enjoys	Cliff paths and cooking
Motto	'Count your blessings'





## New face at the Opera House

Jersey Opera House has appointed Abi Nance as its Marketing & Sales Manager. Abi, who will head up the theatre's Marketing and Box Office Departments, joins the team at a time when the non-profit making organisation is undergoing significant change, following its recent refurbishment programme.

With ten years' experience in media and marketing both locally and internationally, Abi has worked agency and client side in various

industry sectors including leisure, hospitality, finance, sport and law, as well as working in television in the Channel Islands and Europe.

Abi said: 'It's an exciting new role with so much scope for improvement and development. The theatre's offering is much greater now in terms of its facilities with the rebranded and refurbished OH! Cafébar, the new performance and events studio, and the revamped upper bar. The marketing remit has expanded considerably and my intention is to fulfill the company's vision of being a quality and diverse arts venue for the island.'

## An affinity for business

Launched in October 2011 Affinity Private Wealth was founded by David Stearn, Ben Stott, Justin Thomas, Russell Waite and Julia Warrander. The business has increased its headcount with the hire of two experienced professionals. All staff at Affinity Private Wealth become business owners.

Sean Crisp, ICA and STEP qualified joins as a director of the trust team and as their compliance director. With 21 years experience across banking, investment and trusts latterly with Citco, Sean has also spent time in his career with Barclays, Equity

Trust and Investec. Belen Santamaria, who has a degree in business studies and a masters in political science joins Affinity as an investment executive to undertake investment trading, research and analysis. With over 11 years of industry experience in London, New York and Jersey, Belen's career has been with Société Générale, Goldman Sachs and Standard Bank.

David Stearn said 'We are delighted Sean and Belen have decided to join us to bolster the team. We are creating new jobs in a difficult environment and are really excited about what Sean and Belen bring to Affinity and impressed by their commitment to join us.'



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# revolutionaries

*Start-ups need a starting point, and the business units at 4 Wharf Street have been the first home for many of the island's successful new businesses. Flexible office solutions that can expand as your business does are invaluable, especially when they're at a prime town-centre address.*



*Wharf Street residents, Neil Battrick and Fabian Jearey from Evolution Consulting Limited have seen their business evolve since moving in last year.*

### *Tell us about yourselves*

We're founders of Evolution Consulting Limited, a privately owned consultancy which operates in support of the Jersey Financial Services Commission (JFSC) guidelines for investment monitoring. Our clients are trust companies, fiduciaries, family offices, law firms and private clients.

### *How did Evolution Consulting get started?*

Evolution Consulting started after identifying a gap in the market for truly independent portfolio risk assessment; investment manager selection and consulting, something that was lacking in the market.

### *What does Evolution Consulting do?*

We are pro-active in assessing and highlighting key risk areas which supports our fiduciary clients in meeting the FSC's (Financial Services Commission) guidelines for investment monitoring.

### *How has your business developed since the move to Wharf Street?*

Since moving to our Wharf Street offices our client base has more than doubled. What benefits have you seen from having town offices? It has brought our company closer to our clients which has been instrumental in our expansion.

### *How is Evolution Consulting planning to evolve?*

We take client feedback very seriously and adapt to meet their needs. Since launching our new 'client driven' portfolio analysis system last year we are now ready to launch the 'Software as a Service' package this year.

### *What advice would you give to other start-up businesses?*

Know your market... and persevere!

## *About your 4 Wharf Street Unit*

Each unit is a blank canvas to make your own. All suites come furnished with a desk, office chair, drawer units and six electrical plug points. Additional facilities include individual mail boxes to ensure privacy, a kitchen that serves all the suites, showers, phone system that allows for individual phone numbers, a boardroom, air conditioning, CCTV and free online wi-fi access.

4 Wharf Street is designed to help businesses thrive and has 24 hour access so that there's no limitation on the number of hours you're able to work. A cost effective secretarial service is available for when you are away on business, on holiday or just need assistance answering calls.

4 Wharf Street has flexible leasing terms. A three month notice is all that is required to end the lease. A self contained suite costs from only £395 a month and there are no service charges as heating, lighting and water are all included in the lease. With so much of the cost included in the lease it's never been easier for a new business to get up and running.



## **Details**

### **Flexible leasing terms**

Flexible leasing. A three month notice is all that is required to end the lease. Three months deposit plus one month rent in advance.

### **No service charge**

Heating, lighting and water are all included in the lease. Cleaning service supplied in common areas.

### **Ideal for start-ups**

Make the step from home to town and get closer to your clients.

### **Privacy is important**

To ensure privacy each unit has been sound proofed, and each unit is provided with its own mailbox.

### **24 hour access**

Flexible working hours.

### **Meeting room**

Available to all tenants. Fee applies.

### **Secretarial services**

A cost effective solution for when you are away on business, on holiday or need assistance answering calls.

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If you're in charge of running a business, the principal order of the day is usually winning new work, putting clients first, running the day to day and a fair amount of chasing your tail. When was the last time you took stock? Looked at all your activity over the previous year and used that to inform future decisions? It seems like something that would be so obvious but all too often you don't make the time. Sometimes you need a catalyst, a prompt to perform that task. That's what we gained from the Jersey Enterprise Awards.



When Gallery won the Small Business of the Year last year it was a terrific recognition of the work we've done building the magazine over the last 7 years but it was also a great project to compile and review all our operations and activity all at once. For us it has meant a strengthening of direction and the confidence to build the company and grow two new franchises in 2012. If you're considering entering the awards in future, there is only one question to ask; why wouldn't you? The process of entering, if done properly is rewarding in itself, but it is also a fantastic night out. Even if you haven't entered this year, why not come and celebrate Jersey business success with the Jersey business community as Delta transform Fort Regent once again for the tenth Jersey Enterprise Awards on March 2nd.



PHOTO: MATT PORTEOUS



### Winner of the NatWest Small Business Award 2009...

**David Warr** Cooper & Co

#### Tell us about your business...

'Cooper & Co is one of the oldest remaining locally owned Jersey companies. We import green coffee from all over the world which we roast ourselves and then package it into whatever format is required and offer training in how to use our products appropriately. Alongside that core part of our business sits the teas and other products associated with hot beverages.'

#### Why did you enter the Enterprise Awards?

Initially because I felt my staff were working very hard here in a difficult competitive environment, and I wanted to get them broader recognition. We didn't win the first year we entered, but I found the process of reviewing our business activities very helpful. The problem with a business is that you don't step away

enough to actually think about and reflect on what you're doing and where you're going.

#### What did it mean to you to win?

Relief! We'd entered three times and I knew we'd been doing well enough to win. The second time we were a runner up and I felt a real sense of disappointment, but also a feeling of 'let's give it one more go'. Maybe that's the entrepreneur in me! I believed we had something good, I wanted to prove it and the judges saw something in us.

#### What have been some of the business opportunities / developments that you feel have resulted from winning the award?

What it did do was give us a brand awareness, and moved us up in the general public's consciousness. It lifted us and I think it lifted me as well, as an individual and opened doors to people who wouldn't have known me otherwise.

#### What would you say to people considering entering?

It's a good exercise in basically putting down on paper what you do as a business, and examining things like your cashflow, and whether you're as successful as you think you are. The feedback from the judges will give you the ideas you need. The biggest thing most small businesses want are ideas - they can't afford a business consultant, but that's where the judges' opinions can be extremely helpful and give you an insight as to what they believe you're about as a company.

#### What relevance do you feel the Enterprise Awards have?

In recession they're probably more relevant than in boom times. It's a challenge to be successful when the market is against you. That tests your mettle and your creativity as to how to maintain turnover in a shrinking market and if you can somehow put that on paper and get that through to the judges, you're in with a good chance.

#### Quick-fire

**Uni:** I didn't go - I left school at 18

**First job:** Banking (Midland Bank)

**Favourite book:** 1Q84 by Haruki Murakami, a complete escape novel.

**Last holiday:** Boating trip on the Thames

**Most likely to say:** 'Another bloody form!'

**Mode of transport:** I drive everywhere...

**Favourite gadget:** iPhone

**Motto:** 'Feel the fear and do it anyway'



PHOTO: MATT PORTEOUS



### Winner of the Altis Partners Medium Business Award 2010...

#### Sean Guegan Signtech

##### Tell us about your business...

'Signtech is the current Channel Island leader in all areas of signage, including print, design, road marking, illumination and electrics. With services and products ranging from vehicle graphics and window films, to fascia signs and digital light boxes, our company is able to cater to all levels of client, be they home owner or UK franchise.'

##### Why did you enter the Enterprise Awards?

Entering the Enterprise Awards helps you focus on your business – where you've come from, where you are and where you're heading – which is a hugely valuable exercise.

##### What did it mean to you to win?

Winning the award has not only boosted staff morale and performance whilst strengthening the very core of the business, it has also reaffirmed our belief in all that we are doing, allowing us to take the company to the next level.

##### What have been some of the business opportunities / developments that you feel have resulted from winning the award?

Winning the awards has given us the boost to develop and evolve our brand to the next level and give us a renewed energy from



within the company which translates into improved customer services and performance levels. We have had an increase in small business enquiries, seeking start-up advice.

##### What would you say to people considering entering?

I would tell people to use the process as an opportunity to examine your business on every level and to re-evaluate your core structure, vision and goals. It is not about winning, it is about helping you to see your business from the inside out, and is a process that all businesses should undergo on an annual basis.

##### What relevance do you feel the Enterprise Awards have?

The annual event gives local businesses the push they need to evaluate and reflect on where they have come from and where they are heading and without the awards many businesses would not see this as a priority, which of course it is.

##### Quickfire round

**Uni:** The University of Life (as I left school at 15)

**First job:** Belle Vue Pleasure Park - park maintenance

**Favourite book:** The Tao of Inner Peace

**Last holiday:** Azores

**Most likely to say:** 'I feel a letter coming on...'

**Mode of transport:** Bicycle

**Favourite gadget:** Don't have one - I'm not a gadget person

**Motto:** 'Be the change you wish to see in the world' (Gandhi)



### Winner of the IndigoLighthouse Entrepreneur of the Year 2008...

#### James Baker

##### Tell us about your business...

'I won Entrepreneur of the Year at the 2008 Enterprise Awards for a number of ventures including Grafters, Jersey's only Blue collar recruitment and employment agency which I co-founded. We handle workers primarily for the construction and fulfillment industries and supply highly specialized workers through to less skilled site operatives. I built the Lido Medical Centre which pioneered primary health care in the Island, I ran Jersey Yacht Management which is the Islands leading offshore registration provider and also ran a business consultancy business which supported a number of start-ups on and off the Island.'

##### Why did you enter the Enterprise Awards?

To raise the profile of the businesses I was involved in.

##### What did it mean to you to win?

It was a great way to spotlight the hard work of all of those involved in the businesses and I hope that everyone was able to enjoy some of the reflected glory!

##### What have been some of the business opportunities / developments that you feel have resulted from winning the award?

Being an 'awards' winner gave me credibility to speak to potential customers and further promote ourselves. This was particularly relevant with Grafters.

##### What would you say to people considering entering?

Know your business; know your industry and enter it!

##### What relevance do you feel the Enterprise Awards have?

They're hugely relevant in an island business community. All businesses must remember that professionalism is what separates the good from the 'not so good'. The Enterprise Awards are a way

of competing on a professional basis and enables all business operators to engage in some introspection!

##### Quickfire round

**Uni:** Royal Military Academy Sandhurst and then Cranfield Business School (MBA)

**First job:** Cleaning boats

**Favourite book:** The Adventure Motorcycling Handbook

**Last holiday:** Skydiving in California

**Most likely to say...** 'you're only late if you want to be' – annoying I know, but I really dislike people who are late!

**Mode of transport:** Motorbike

**Favourite gadget:** Mini Leatherman

**Motto:** 'When you play; play hard. When you work; don't play at all'



Learn about the Awards, read about the categories, previous winners and sponsors at [www.jerseyawards.com](http://www.jerseyawards.com)



## movers&shakers



### Fitz in as new Ogier Chairman

Ogier has appointed Sarah Fitz as Chairman of the Ogier Group from 1st February 2012. Sarah will be the only female chairman of an international legal and fiduciary firm. Sarah is replacing current chairman, Clive Chaplin who is retiring on 31st January 2012. Sarah joined Ogier in 1987 and is the head of the Ogier Personal Law Group. She specialises in criminal and family matters and undertakes prosecutions on behalf of the Crown.

Commenting on Sarah's appointment, Nick Kershaw, Ogier group chief executive officer, said: 'It is a real pleasure to announce that Sarah Fitz will become our new chairman when Clive Chaplin retires. During Clive's tenure we have seen dynamic growth and been the first offshore firm to open an office in mainland China and I would like to thank him for his invaluable contribution to the firm.'



### Moving up (and in) at Ogier

Ogier has appointed Jonathan Hughes as a new partner with effect from 1st February 2012. Jonathan joined Ogier in 2007 and specialises in commercial property. He qualified as a Jersey Advocate in 2011 and was the project manager of a 35 strong team of lawyers in both Jersey and Guernsey which acted for Waitrose when it acquired five supermarkets from Sandpiper in October 2010.

The Ogier Property team has also announced the recruitment of a new Senior Associate Katharine Marshall. Katharine qualified as an English Solicitor in 1997 and joined the property team from Pitmans LLP where she was a director specialising in residential developments, high value residential transactions and property finance.



### Corporate Partners for Carey Olsen

Carey Olsen has announced the appointment of two new partners in its Jersey office. Daniel O'Connor and Peter German join the busy corporate, finance and investment funds group which is one of the strongest in Jersey.

Daniel O'Connor joined Carey Olsen in 2008 and specialises in investment funds, private equity and financial services regulation. Peter German has been working at Carey Olsen since 2005 in the banking and finance team and specialises in finance, including local and international banking, real estate finance and more general corporate work. Carey Olsen's managing partner in Jersey, Alex Ohlsson, said: 'I am delighted to welcome Daniel and Peter to the Carey Olsen partnership. Their appointments are a valuable addition to the quality and breadth of our corporate, finance and funds group.'



### New CEO at Healthspan

Derek Coates has announced the appointment of Graham Case, former Deputy Chief Executive of Healthspan, to the position of Chief Executive Officer (CEO) of Guernsey based Healthspan, the biggest direct brand of nutritional supplements in the UK. Michael Lawther has been appointed Deputy CEO and will also continue in his current role of Group Finance Director. Derek will remain as Group Chairman.

Graham Case said 'Healthspan has a broad and strong management team with considerable depth of knowledge in the VMS (Vitamins, Minerals and Supplements) market. Several growth initiatives are already underway and my vision is to move Healthspan from being the largest supplier of VMS in the UK to becoming the largest supplier of VMS, health and well-being in Europe.' Derek will remain as Chairman of Healthspan and expects to frequently challenge the management team to ensure the continued growth and prosperity of the Group.



### New Jersey Managing Partner for Mourant Ozannes

Leading offshore law firm, Mourant Ozannes, has appointed Advocate Daniel Birtwistle as the Managing Partner of its Jersey office.

Mourant Ozannes advises on the laws of the Cayman Islands, Guernsey and Jersey from offices in each of those jurisdictions as well as Hong Kong and London. Daniel has been at the firm since 1995. He qualified as a Jersey lawyer in 1998 and was admitted as a partner in 2004. He ran the firm's London office between 2006 and 2007 and has been on Mourant Ozannes' management committee since 2008. A member of the Funds practice group, he specialises in private equity and real estate funds, listing some of Europe's leading fund promoters amongst his clients. He will continue to service client work in his new role.



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# Business news



## ICSA Gala Dinner welcomes Michael Portillo as Guest Speaker

Bookings are being taken for the ICSA Jersey Gala Dinner at the Hotel de France on Friday, 16th March 2012. The event is sponsored by CCV Jersey, Basel Group and BPP; along with Law At Work and Alexander Forbes Offshore; and the Guest Speaker will be the Rt. Hon. Michael Portillo.

The ICSA Jersey Graduation Ceremony was successfully introduced in 2011 and this year, the ICSA Council has upped the stakes again with the new ICSA Jersey Awards, 'Company Secretary of the Year'; 'Administrator of the Year'; and 'The One to Watch'.

Already attracting lots of interest, the Awards are open to Jersey-based ICSA members at any level, and may be self-nominated; or submitted by colleagues; individuals or teams may apply. The deadline for entries is Friday, 3rd February; so there is still time to enter, if you are quick! For more info, see [www.icsajersey.org.je](http://www.icsajersey.org.je)

## Think of the children, says Jersey lawyer

Families must consider the full implications for children and personal finances or risk becoming embroiled in acrimonious Court proceedings, warns Advocate Matthew Godden. Matthew Godden, who heads the Family law practice at Sinels Advocates, advises people to seek specialist advice from a family lawyer experienced in matrimonial matters to ensure legal costs are kept to a minimum. Advocate Godden, said: 'Divorce is undoubtedly an unfortunate and unpleasant process, but there are ways to make it less painful. By getting proper legal advice at an early stage you will discuss the range of options that are available, which will mean you can decide on the best solution for you. Court proceedings are not the only means of settling matrimonial matters and your advocate should advise you on the range of alternatives for resolving financial and children issues.' Sinels Advocates holds free family law clinics on the first and third Wednesday of every month.



## Mourant Ozannes advises on significant Nordic private equity fund

Leading offshore law firm Mourant Ozannes has advised on the establishment of a new private equity fund focusing on Nordic business investments. Led by partner Ben Robins, assisted by associate Kirsten Faichnie, the firm advised on the Jersey legal aspects of establishing the new fund, Accent Equity 2012, which is managed by a Jersey general partner and is advised by Swedish advisor, Accent Equity Partners AB. The fund raised SEK 3.33 billion at its initial closing in December 2011.

Ben Robins said: 'In an era in which global regulatory initiatives are causing sophisticated investors to re-assess the jurisdictions in which they wish to have their funds managed, it is very encouraging that the management of funds of this calibre continues to find its way to Jersey. This demonstrates the high regard in which Jersey's regulatory infrastructure is held on the international stage and the confidence that sophisticated investors have in Jersey as a centre for the servicing of alternative funds.'



## Carey Olsen advises Polymetal International plc on LSE listing

Carey Olsen has advised leading precious metals mining company, Polymetal International plc, on the Jersey aspects of its listing on the main market of the London Stock Exchange (LSE). Polymetal is the largest silver and the fourth largest gold producer in Russia, as well as being one of the top five primary silver producers worldwide. A team of Carey Olsen lawyers, led by corporate partner Mike Jeffrey and assisted by senior associate James Willmott, advised on the Jersey aspects of the deal, which includes the introduction of a new Jersey holding company and the listing of the company's shares.

Corporate partner Mike Jeffrey said: 'We are seeing increasing interest from international companies, particularly those based in emerging markets, who want to benefit from the advantages of listing on the London Stock Exchange. Jersey, as a leading and well regulated offshore financial centre with close ties to London, is a natural partner to assist in the listing process for international companies.'

## Sinels' in latest 'CityWealth Offshore Leaders' list

Philip Sinel, Senior Partner at Jersey law firm Sinels Advocates, has been named as a leading lawyer and prominent figure for contentious trusts work in the latest 'CityWealth Offshore Leaders' list.

Philip is joined by eight other Jersey lawyers recognised as 'prominent figures' on the list, which is a result of feedback from a wide-range of people within the wealth management sector and is used as a research tool by advisors to high net worth individuals. Commenting on the accolade, Senior Partner of Sinels Advocates, Philip Sinel, said: 'I am delighted to be named in the 'Citywealth Offshore Leaders' list. This year we have been endorsed by Legal 500 and Chambers and any recognition of this kind is testament to the team of quality lawyers we have at Sinels, their strategic, results driven approach and their high levels of client care and attention.'





### Ogier expands into Luxembourg

Ogier, one of the leading providers of international legal and fiduciary services, has announced it is planning to open a boutique law firm in Luxembourg as it continues to expand its worldwide network. Ogier has also announced it is intending to set up a fiduciary business in Luxembourg later this year, focusing on corporate and fund administration business.

Commenting on the announcement, Group Chief Executive Officer Nick Kershaw said 'Ogier has a history of firsts and in opening a legal office we will be the first offshore firm to have an onshore legal presence in Luxembourg. The new office is being driven by client demand as many of our existing clients currently use or have expressed an interest in using Luxembourg, either stand-alone or as part of an offshore structure. Having a Luxembourg legal capability will therefore complement our existing suite of services.'

Ogier's Luxembourg legal practice will be headed up by François Pfister who has extensive legal experience in Luxembourg with particular emphasis on investment funds, international taxation, mergers and acquisitions and corporate law. François is a senior partner of OPF Partners in Luxembourg.

François Pfister said 'The convergence between offshore and onshore law as it relates to the investment funds industry makes this a very exciting time to be joining a leading offshore law firm. Luxembourg is a natural fit for Ogier and I am looking forward to working with Daniel and the Ogier partnership in introducing Luxembourg to clients of the Ogier Group.'



### Cloud a good thing for Channel Islands

Channel Islands-based virtualisation and cloud entrepreneur, Julian Box, has launched the islands' first complete cloud service provider Calligo, a company focused on providing flexible cloud-based business solutions. Calligo will offer customers - be they start ups, SMEs or multinationals - an array of innovative cloud services in three main areas; Infrastructure as a Service (IaaS), Software as a Service (SaaS) and Platform as a Service (PaaS). Partnering with local data centres, Foreshore, in Jersey and with Cable & Wireless in Guernsey, customers have the assurance of knowing where their cloud-based data and solutions will be hosted. To complement these products, Calligo will also provide cloud specific consultancy services to ensure its clients choose and deploy the right combination of services to meet their business requirements.

'Many businesses are starting to look at upgrading their existing IT systems and recognise cloud-based solutions can provide some benefits over and above on-premise solutions. Calligo can provide consultancy services that will help businesses to make the right decisions for today and for the future. Key to the success of cloud-based solutions is agility and flexibility, in today's world of fast moving globalisation cloud solutions are particularly attractive. Businesses can move to a pay-as-you-go model, removing the need for significant capital investment and allowing computing capacity to 'flex' as demand changes,' said Mr Box. Based in Hill Street, Calligo employs a team of ten specialists, which includes directors Andrew Wicks and Andy Conoos.



### Phil Austin hands over Jersey Finance's Education and Resources Group

Phil Austin has stepped down as Chairman of Jersey Finance's 'Education Resource Group', having undertaken the role since its inception in 2006, when he was also Chief Executive of Jersey Finance. The Jersey Finance sub-group that focuses on developing the relationship between the finance industry and the education sector has recorded a number of successes during the 5 years of Phil Austin's chairmanship, including developing improved relationships with politicians and senior civil servants in the Education Department, delivering a schools programme that enables the finance industry to feature in the curriculum of most senior schools, and playing an important role in the design and delivery of the Plymouth University Financial Services Foundation and Honours degrees, through Highlands College.

Hans Baerlocher, who has been part of the Group since it was established, has taken over as Chairman, bringing to it a wealth of experience, educational knowledge and industry expertise. Formerly Managing Director of all UBS Operations in the Channel Islands, Hans was President of the Jersey Bankers Association between 2001 and 2003, has been a member of the executive board of Jersey Finance since May 2008 and has sat on the Board of Governors at Highlands College for six years. He retired in Spring 2010.



### Success not a mystery for mystery shopping business

A local Mystery Shopping business has recently been approved to become a member of the Worldwide Mystery Shopping Providers Association (MSPA). Claire Boscq-Scott 4 Star Services was set up by Claire in 2009. Claire was looking for 'the gap in the market' and when she realised that mystery shopping companies were always brought in from the UK, and that no one company already specialised in mystery shopping locally, she jumped on the idea to make it a locally-driven business.

Claire Boscq-Scott 4 Star Services now employs 35 Mystery Shoppers across Jersey, Guernsey and the Isle of Man. Mystery shopping is the practice of using trained, experienced mystery shoppers to anonymously evaluate customer service, operations, merchandising, product quality and other elements of the consumer's experience. They receive specific briefings and instructions outlining the criteria of each evaluation, and act objectively providing a snapshot of the consumer experience.





### Junior / Trust Administrator - Private Clients

A local Fiduciary firm is seeking to recruit a Trainee / Administrator who has at least one year's Trust experience for their private clients area. The successful applicant will be studying towards ICSA or STEP.

### Compliance Assistant - Investments

Our client is a fast paced, dynamic Investments firm. The successful applicant will have at least 3 years compliance experience as well as good knowledge of relevant local laws and handbooks.

### Senior Administrator – Investments

An experienced Senior Investment Administrator is required to assist with the treasury service line/ investments for corporate clients and banking relationships. The ideal candidate will have appropriate investment trading experience and hold or be studying towards a professional qualification.

### 3 x Senior Administrators - Private Clients, Corporate & Funds

Our client, who are an award winning and reputable firm are seeking Senior Administrators who have at least 3 years' experience to join their growing departments.

Working within a structured team of professionals the successful applicants must hold a relevant professional qualification.

### Our latest Temporary and Contract vacancies:

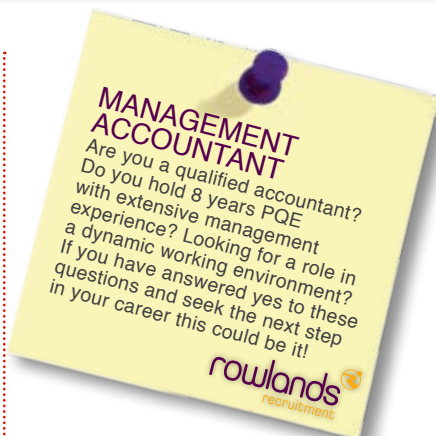
Compliance Officer: 6 Months  
Senior Compliance Officer: 6 Months  
Funds Administrator: 3 Months  
Senior Assistant Fund Accountant: 3 Months  
Fund Accountant: 6 Months



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### Compliance Senior Associate (TEMP)

Do you have 2 or more years in a compliance related role, preferably AML/CFT focused? Do you possess strong problem resolution and analytical skills? If so, a Global Financial Services Organisation needs your help – a dynamic 6 month contract available. Call today for more info!

### Senior Technical Analyst

A great opportunity at a leading Legal and Fiduciary company for an IT professional. You'll have hands-on experience of the Cisco Voice and Data network arena and will get involved BAU and project work. Part of 24/7 call out rota. Great rewards!

### Senior Fund Administrator

Are you looking for a Senior Administration appointment within a busy funds department? Do you have 4 – 5 years experience of trust / funds work with strong company secretarial administration exposure? Familiarity with NAV calculations work beneficial. Great opportunity, great organisation! Call us now.

### Trust Administration

Are you a trust administrator, with either private client, corporate or EBT focused experience? Are you thinking NEW YEAR, NEW CAREER? If so, we have a number of vacancies available at the moment for budding administrators to investigate. Get in touch!



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### Compliance

Experienced Compliance Officers are in hot demand! We have vacancies available for experienced, qualified compliance professionals at various levels covering general compliance to AML and financial crime

### Investment Analyst

A rare and exciting opportunity has arisen for an experienced Investment Professional with a strong understanding of portfolio performance. The focus of the role is to act as an in house investment consultant and be able to effectively communicate investment returns to the trustees/clients

### Project Manager

Project Managers required for a number of leading banks with global presence who can successfully drive through strategic and tactical change management processes. Effective communication skills and be able to manage budget requirements essential.

### Fund Accountant

Great opportunity for fund accountants to be part of a boutique growing funds business. Previous experience in funds essential and a professional qualification required.



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## Sports Personality of the Month

# John Harvey

## Stand Up Paddle Boarder



**Local Stand Up Paddle Boarder John Harvey will be part of the British Team to head to the inaugural International Surfing Association World Stand-Up Paddle (SUP) and Paddleboard Championship in Peru this month. The title will be held at Miraflores, Lima from 20th-25th February and will feature more than 20 countries and more than 100 surfers competing in SUP surfing, SUP racing and prone paddleboard divisions.**

John's been SUP racing since August and has made waves in the sport quickly, finishing 3rd in his first race and 2nd in the British Championships at Watergate Bay. We caught up with the Jersey champ to find out more.

**Age?** 32

**Job?** – I buy phones for Sure Mobile

**Favourite ice cream flavour?** Ben and Jerry's Coconutterly fair. It's the devil!

**Favourite animal?** My Jack Russell, Master Splinter

**Perfect weekend?** I'd surf in the morning, paddle along the coast in the afternoon and surf in the evening, then come out of the water to find my wife's got the BBQ lit and a cold beer waiting. That's love!

**Favourite food?** Tough one - either my wife's chicken curry or her spaghetti meatballs. Both are amazing

**Favourite SUP expression?** Ocean Sweeper

**Pet hate?** People who moan when it's too hot in the summer

**Favourite place to eat in Jersey?** Either Salty Dog or El Tico, it depends on the occasion.

**Guilty pleasure?** Robin Hood Chicken Tikka pizza with extra spinach, chillies, olives, pineapple, and anchovies.

**Where in the world would you like to be right now?** Maui - but saying that if it was summer I'd say right here in Jersey.

**When did you start stand up paddling?**

Two years ago but I've surfed since I was 11.

**How did you get interested in stand up paddling?** A friend (Andre Le Geyt) had one which he let me have a go on. I was instantly hooked and bought my own 12ft board which was great for learning to SUP surf and for cruising round the coast. Then I bought a Starboard 9ft Surf SUP board as I wanted to do some contests. Once I found out there were other types of SUP discipline, I bought a SUP race board and started training for race competitions in the UK.

**What's the secret of being a successful stand up paddler?** I guess it's the same for any sport - you need to take the time to study the best techniques, work out a good diet and a balanced training plan. You also need to have a lot of mental focus to set goals and achieve them.

**How hard has it been to get this far?**

I've been very fortunate to secure financial sponsorship to help me get to Peru for the World Championships from Sure Mobile and Enhance Group Ltd who are very keen to support local talent in the island. Jono's Water Sports who has the largest range of SUP's on the island helps me with boards. I'm also lucky to have a VERY supportive wife who puts up with me going away to competitions and training all the time. Love you Jo Jo.

**Complete this sentence, 'Not many people know that I....'** can't watch movies where animals get hurt, die or abandoned, I start crying my eyes out. As a kid I would be a mess at the end of The Littlest Hobo.

**Any accidents? Tell us about the worst...**

I was 19 and riding along the 5 mile road on a little Yamaha scooter. I was standing up on the seat to check the surf and didn't notice the car in front had stopped to turn. I went straight into the back of the car and broke my leg.

**How do you prepare for a big competition?**

I'll do a lot of water training in the weeks before, but on the week of the race I go to Karen O'Connor's Bikram yoga class to stretch out the body and get nice and loose. It also helps me relax and mentally prepare.

**Where's the best place to stand up paddle in the world?** It would have to be Maui. They love all water sports over there and do some amazing distance paddles between the other islands.

**Tell us about your favourite Jersey SUP moment.** Any summer day when I'm just paddling around a part of the coast alone. It's amazingly beautiful and the perspective from a Stand Up is so different from being in a canoe.

**What's your most recent competition – and how did you do?** The British SUP Championships in Watergate Bay Cornwall where I finished 2nd in the distance race.

**What's your motto?** In life you can always reach a little further.

**How can people get into SUP in Jersey?**

Jono's Watersports at St Brelades Bay in the summer hires out SUPs but if anyone wants to start now then they can send me an email at john.harvey@surecw.com. I've set up a race series in Jersey and we hold a race every 2 weeks normally at St Brelade. Almost every race we have someone new trying it out and once they've done one they always come back. I hope to set up a SUP club in the summer and have more race competitions as well as introduce a SUP surf series for those who don't want to race.







#### JERSEY GO TOP OF THE TABLE

### JERSEY V ROSSLYN PARK 14th January Sponsored by HSBC

This was always going to be a challenging match with Rosslyn Park having just won promotion from National II South in a play off victory over a strong Loughborough team.

They have also previously had rugby legends Andy Ripley and Danny Cipriani playing for them, and as if that wasn't daunting enough they have the worst disciplinary record in the league; receiving 21 yellow cards and two red. So it was a brave Jersey team that headed on to the pitch in January to take on the Rosslyn Park lads. However it turned out there was never anything to worry about as the

3,600 strong crowd cheered Jersey on to win and therefore move to the top of the National One league. There was a fine display of goal-kicking from Ross Broadfoot which under-pinned the Islanders' win and delighted Director of Rugby Ben Harvey. 'To win at Ealing last week with so many injuries and then back that up with a win today was fantastic, especially with a squad that was down to bare bones.... Ross was a really calm presence in front of goal, kicking is so important and for him to step up was awesome.' The match was sponsored by HSBC who chose Nathan Hannay as man of the match.



## Six Nations

The Six Nations Fixtures for 2012 look absolutely mouth-watering. It's the first chance for the world's top players to show what they can do on the international stage, after the Rugby World Cup in New Zealand. Who will go in as favourites is far from clear this year.

The tournament kicks off in Paris on Saturday the 4th of February, with France hosting Italy. Shortly afterwards, Scotland take on England in the Calcutta Cup game at Murrayfield. This must surely be one of the most exciting games on the schedule and sees the oldest international opponents in the history of Rugby Union face each other for the 119th time!

There is no better place to watch this great spectacle than at the Pomme d'Or Hotel. Their programme provides the ideal setting to enjoy a sporting event in supreme comfort and style.

Arrive early to meet up with friends and enjoy a pre-match drink - their bar is open for your exclusive use. You can then enjoy a delicious and ample pub-themed buffet, whilst the expert TV pundits discuss the match ahead.

At kick-off, sit back and enjoy the action in full HD on the huge 119' screens, with uninterrupted views and no need to scrum at the bar. The state of the art audio visual technology, including sensational Bose speakers, will help to create the feeling of 'being at the game!'

At the end of it all, celebrate with your friends or colleagues and analyse the match in depth. Enjoy the post-match experience as it should be; in good company and comfortable, sophisticated surroundings. The bar can stay open as late as your party requires. They'll even book your taxi home if needed!



## Angling for first place

The Channel Island Federation of Freshwater Anglers have had a few highs and lows this year on the competition front. They took part in The World Championships held on the Ostellato Canal in Italy back in September. The team of Greig Brown, Andrew Gray, Garry Crisp, Shaun Rankin, Eddie Read and Gary Mourant finished 31st out of the 36 competing nations. Individually, the scores were more impressive with Shaun Rankin finishing 2nd in section on his first day (48th place overall) and Greig Brown finishing in 7th place on the second day (91st place overall). The Channel Islands Federation of Anglers would like to thank Mercury Distribution, St Clement supplies and the Forum Bar for their continued support.



## Champion Life Savers

Five Jersey competitive lifesavers, all members of the Jersey Aquatic Rescue Club competed at the Royal Life Saving Society UK National Life Saving Championship finals at the Ponds Forge Olympic pool in Sheffield last weekend. Having won their respective age groups at the Regional Championships Mark Morrison Masters 40/49, and pairs Alice McCann and Gemma Gardener girls 12/14, Liam De Sousa and Dominic Samson boys 12/14 all put in great performances at the RLSS UK's most prestigious Life Saving event. Liam De Sousa and Dominic Samson were over the moon to be crowned Boys 12/14 RLSS UK National Champions 2011. Club Coach Stuart McGlinchey said 'the small squad had trained hard for this event and it is fantastic to have returned with 5 podium finishes and 2 gold medals.'





# Look Sharp

**T**he fast man of the Fastnet, Jersey yachtsman Phil Sharp looks like being the one to beat as he sets his sights on bigger and better things... the 2012 round the world solo race, the Vendée Globe. Gallery caught up with the racing champion during a rare spell on dry land to talk about the challenges of sailing solo, skydiving... and what still makes him feel guilty.

#### **Racing - how did it all start?**

My parents have always been into sailing, but I didn't really start racing until university, when I was captain of the university team. I thought rather than going off and being a fulltime engineer, I'd give sailing a crack. The trip I made with my father to the Azores in 2000 made me enjoy the long distance side of things. It's very cool to be able to pick a globe and say I went from here to there just with the power of nature.

#### **How do you build up to a round the world solo race?**

In stages! I've completed three transatlantic races and from that to going around the

world, there's not really much in between.

#### **Around the world on your own? What are the dangers?**

Ice floes for one. You have to watch out for ice breaking up - especially in the Atlantic. The Arctic's just melting away and that's a really big danger for sailors. You can't be on the watch all the time when you're doing 25-30 knots with everyone pushing themselves. Boats are getting more and more reliable every year, but in the last race only half the boats finished. So that's the first objective - to finish, and then secondly to get a place on the podium!

#### **How tough is it to sail solo?**

I couldn't imagine it, and then I did a 1000 mile passage in 7 days by myself. Once I discovered I could live with myself for a week, I had my eye on the Mini Transat. But it wasn't until I got there to the start line that I realised what an immense challenge it was. I remember thinking 'What the hell am I doing?'

#### **What's the most difficult thing to deal with?**

The isolation. In some races there's no communication. You're talking to nobody for three weeks, and that's hard. But I have a real motivation to get to the finish and that helps. As long as I hate every minute of it

## SHARP IN FOCUS

**Last book?** 'The Girl with the Dragon Tattoo. I've got three pages left to read...'

**Last holiday?** 'Skiing last year. I love that adrenaline release, the thrill of the slopes and it's the best way to spend the New Year - a huge party on the slopes with an out-of-control French firework display!'

**Who would play you in the film of your life?** 'Hmm. Maybe Tom Cruise? He's got a big nose like me!'

**Guilty pleasure?** 'Biscuits. I always feel guilty when I eat them. Bourbons particularly. They're dangerous...'

**Pet hate?** 'Marmite. And mice.'

**Complete this sentence: Not many people know that I...** '...am an engineering geek.'

**If I wasn't sailing I'd be** '...jumping out of planes. I love skydiving.'

**What object do you always carry with you?** 'An engineering ruler. You never know when you'll need a precise measurement...'

**Favourite song?** 'Metallica, For Whom the Bell Tolls.'

**Last supper?** 'Carpaccio for starter followed by lobster, Yorkshire pudding and roast potatoes and then an apple crumble to finish.'

**Motto?** 'Play hard, work hard.'





and want to get to the end as quickly as possible, I seem to do really well! Then I get to the finish and think 'I won't be doing that anytime soon' and then a month later I start training for the next one... I'm not very good at learning from my mistakes!

***What would you say are the key skills of being a racing yachtsman?***

You can't give up in the racing game. And I'm not one to give up! You need to keep the adrenaline running, and that's what I thrive on. That being said, I like taking risks but I'm not reckless. Everyone gets scared out in a dangerous ocean, and you need to know where the limits are and where to back off - or you'll break the boat.

***What's been the best moment?***

Winning the Route du Rhum solo transatlantic was very special because it was a big event, but I have to say my first Mini Transat in 2005 was my favourite. Going across the Atlantic in a 21-foot boat - pretty much like a big dinghy - and arriving in Brazil was a monumental achievement. All these Aztec canoes came out to meet us with canvas sails and it really came home to you that this was the other side of the world. Going around the world will be special too - there are only 50 or so people who have sailed around the world non-stop and single-handedly - more people have gone into space. So in terms of challenges, it's perhaps the biggest sporting challenge out there.

***And the goal?***

To win the Vendée Globe. I'd love to wrestle it away from the arms of the French one day!

**Like the sound of it? Sharp Racing is currently looking for partners and sponsors for the next Vendée Globe which starts in November 2012. For more information on racing or sponsorship opportunities, give them a call on 483551 or see the website, [www.sharpracing.co.uk](http://www.sharpracing.co.uk)**

## total splash



Swimming can be panic-inducing when you have your first dip. For many of us, the memory of thrashing about with water up your nose is buried deep in the subconscious, but Nicky Holgate-Smith, originator of Love 2 Swim at the Mayfair Hotel, knows that this is not always the case. 'Most adults I teach had bad experiences when they were little, and that's affected their confidence. Even if they just want to be able to splash about in the sea with their family, it's important that they feel comfortable in the water.' With twenty years of experience as an ace swimmer, coach and all-round confidence booster, Nicky knows her stuff when it comes to aquatic activity. 'Swimming is such a valuable life skill and it's never too late to learn. When I see my clients taking their first strokes unaided, words can't describe what I feel. In the case of children, I like to teach them and encourage them until they are able to rejoin classes with their peers, but with adults it can be more emotional and challenging as we have to get rid of the fear which they have probably harboured for most of their lives.'

We are so lucky to live on an island with beautiful beaches on our doorstep, it borders on the criminal not to make the most of it. Start prepping now for a summer of sun (hopefully), sea (most likely) and sand (exceedingly probable) and if you feel a bit like... well... whatever the opposite of a fish out of water is... then toddle along to see Nicky and think about conquering your hydrophobia.

**Lessons: adults £7.50 per 30 mins / £15 per hour**

**Children £6.00 per 30 mins / £12 per hour**

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## Appearances can be deceiving...

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# Gallery gets fit

PART 2

**Ok so it's been lots of mud, sweat and tears, but I've dropped a clothes size, and half a stone of weight, and all in only eight weeks....**

When we first met Adam, he promised we'd be leaner and meaner at the end of his eight week intensive training programme. We were expecting to lose weight (done) and get fitter (done), but what we weren't expecting was the change in outlook we've had towards exercise. We hated every minute of the first few sessions, and it was only Adam's encouragement and motivation that got us through our cliff path runs and sand dune sprints. Then as the weeks went on, something happened. We started actually looking forward to our sessions, enjoying the feeling of pushing ourselves, and the rush of adrenaline when we finally got there.

From challenging phobias and swimming a length underwater to climbing ropes, pull ups and distance running, it's been an incredibly diverse programme of (mostly outdoor) training that we would never have attempted on our own. We've been amazed

at our endurance, adrenalin... and stomach muscles we've never seen before.

If you want to get fit and lose the flab in two months, I couldn't recommend this more. Yes, you'll end up doing things you couldn't even have imagined, and pushing yourself to the limit, but the reward will be a resculpted body, tons of energy and a huge amount of self belief. And now that we're this far, neither of us feel like stopping. So we're not. We've not only changed shape, we've changed our outlook on exercise too. We've bought new pairs of trainers and signed up for a whole new series of sessions with Adam. Yep, that's us running along the front. Who'd have thunk it...

Want to do the same?  
Get in touch with Adam...

[www.ampmtraining.co.uk](http://www.ampmtraining.co.uk)

07797 743742

email: [adam@ampmtraining.co.uk](mailto:adam@ampmtraining.co.uk)

Facebook: AMPM Training

You can also get in touch with Adam at the new DW gym at the St Brelade's Hotel where he's training for part of the week.

## WHAT IT DID FOR US

### HIM

10lbs lost in weight  
2 inches lost on waist  
Shirts are all much looser!  
Fitness and strength levels massively improved

### HER

Half a stone lost  
Dropped a dress size  
2 inches lost on waist  
Muscle tone and fitness levels massively improved

## EXCERPTS FROM THE BLOG

**What we did...**



### WEEK 5

**(day 30)**

*The halfway point of our training's past and it's all uphill from here. Literally. When Adam told us to meet him out at Gorey we were puzzled. Definitely no sand dunes. What could be waiting for us out east? Apart from struggling to finish a man-size moules frites, we couldn't think of too many challenging things about the little harbour village. We obviously hadn't noticed the massive hill stretching up from Castle Green. Hugging the cotil all the way up, it would challenge even the most tractor-ish of Chelsea tractors, let alone a couple of out-of-breath journalists rolling a tyre from bottom to top. Yes a tyre. The gang of watching builders couldn't believe it either.*



### WEEK 6

**(Day 37)**

*The next session is back in the dunes with Adam carrying a suspiciously heavy rucksack. A sunny December Saturday afternoon means there's an audience of families who stop their sand dune-surfing to watch as Adam sets up a long length of thick rope for us to use as a battling rope. The rope is looped around a fence post, and you hold one end in each hand. On Adam's count we have to swing the rope up and down, sending waves along the rope. It sounds like nothing, but it's a killer of an exercise - especially when it's alternated with sprints up and down the dunes. Then the rope's tied to the weighted powerbag and we haul it up the side of the sand dune, hand over hand. Phew.*

### WEEK 7

**(Day 42)**

*A leg-burn session on Wednesday - a few fiendish figure of eight circuits of West Park, up and down through the paths and steps from St Aubin's inner road, down through the park and back up the last steep flight to Westmount Road. 'These steps are rather knackerin aren't they...' said a bewildered man as I reached the top of the last flight, puce-cheeked and practically on my hands and knees. I didn't have enough breath to explain, but Mr Passerby, if you're reading this, I had actually just run up six other flights of steps and around the park... twice.*



### WEEK 8

**(day 46)**

*Back in the pool at Les Quennevais for our penultimate session and Adam gives us a lung-busting underwater circuit while the other one does muscle ups and dips on the pool edge. It pushes us to the limit, but gets the oxygen going because I manage a full length underwater on my final attempt. It's a huge achievement for a borderline aquaphobe like me and I can't believe I've progressed from a panicky metre underwater at the first session to a full 25 metres of calm underwater swimming.*





# *HARDWARE*

## Discover iPad 2

Now there are over 200 more reasons to love it.

The incredibly thin, light and fast iPad 2 lets you surf the web, check email, watch films and read books like never before. And now with iOS 5 and iCloud, you can do even more. iOS 5 has over 200 new features, including Newsstand, a home for your favourite publications and iMessage, a great new way to stay in touch. iCloud stores your content and wirelessly pushes it to all your devices. Come in and try the amazing iPad 2 at iQ...



**iQ, your local Apple experts.**





# For richer or for poorer, for better or for worse...

Our guide to potential two-seater steeds for  
the Gallery Rally to St Tropez this coming June



## Tesla Roadster

+ The silent supercar  
- What, no 3-phase at the hotel?



## Nissan Figaro

+ Er... Pass?  
- Powered by a hair-dryer

Figaro owners visit  
[www.figaroownersclub.co.uk](http://www.figaroownersclub.co.uk)  
for rally details!



## Brabus ForTwo

+ Induction noise, compact size  
- Induction noise, compact size

## Triumph Spitfire 1500

+ Very cheap, retro appeal  
- 98% rust, gutless



## MGB

+ It's got wheels  
- But probably won't make it past St Malo's aquarium

**W**ith this year's Gallery Rally entrants getting revved-up to queue at the starting line this coming June and this issue being our 'love' issue I've decided to provide you with a chart outlining some potential steeds for two to share. Aww...

Aware that my outspoken views may ruffle a few feathers, the choices above cater for a range of budgets and styles, all arranged by cost and whether they're any good. Or not, in the case of half of them.

Top right, illustrating the pinnacle of both

expense and pure brilliance we have Carroll Shelby's brainchild, the Cobra. Exuding British charm and backed up by American muscle under the 'hood' you probably couldn't beat taking one of these. If you have a spare couple of hundred thousand pounds to blow, that is. Don't forget your flight jacket.

If you're feeling patriotic and have the desire to hoon recklessly through tunnels whilst bathing in the symphonic harmony of a big V8 but don't have the desire to immerse yourself in hideous debt, you can pick up a 4-litre Chimaera for around £5,000 these days. Don't forget your wiring diagram.

As much as my usual solution to any motoring quandry would be 'buy a 911', when we tested Tesla's Roadster last year I was pleasantly surprised. If you're planning on taking one of these though, you had just better hope that the hotels have a decent power supply. Don't forget your extension cable and a European plug adapter set.

Representing the 'cheap and virtually useless for travelling anywhere far' category are a pair of British entrants from the 70s that, if you can find one, would be perfect for anyone who is a glutton for punishment. Don't forget the Easy Start. And some duck tape.



### Shelby Cobra

- + There ain't no substitute for cubic inches
- Absurdly expensive, absurdly thirsty



### Audi R8 Spyder

- + Stylish supercar
- Oh, yours isn't the V10?



### Lotus Elan

- + Cheeky classic aesthetic
- Don't forget your earplugs



### Mazda MX-5

- + Low cost, great handling
- You might not be a hairdresser



### TVR Chimaera

- + Cheap, V8
- Thirsty, dubious electrics

Whenever anybody without a Y chromosome has asked me what the 'cute little car' they saw earlier might have been, I've been disappointed to know that no bookmaker will put decent odds on my knowing that it will be a Nissan Figaro. It's basically a pastel coloured hairdryer that Nissan were so embarrassed to build that they omitted to stick their badge onto it. People seem to absolutely love them though. Don't forget that there's a Figaro only event coming to Jersey soon if you're an owner.

Back up in the realm of car credibility we have Audi's R8 Spyder if you're not short of a few pennies because let's face it, most Ferrari owners have probably never exploited more

than 10% of their potential and if you're driving through France it'd be rude not to upset a van full of Gendarmes, the fantastic chassis clad in a perm that is Mazda's MX-5 and Lotus' original Elan. Pokey enough to keep up with modern traffic and borne of Colin Chapman's engineering genius, taking one would be a hoot. Don't forget the ibuprofen, for your imminently aching back.

Last, but by no means least (and bear with me here), Gallery has a new toy. It's in the middle as it's probably more expensive than it should be, shouldn't be any cop but is amazing fun to drive (if a bit scary). Don't forget to look out for it when it's stickered-up and on the street.



### Buy two, get one free

Doors, that is. From a similar school of thought as the contemporary Mini Clubman's single rear suicide door that aids access and egress for passengers on the driver's side of the vehicle (unless you've got a left-hand drive Mini, but I'm going to gloss over this small, irrelevant and somewhat controversial point) except with a door that opens in a more conventional manner, this 1+2 door coupe is Hyundai's brand new Veloster.

With interior space that belies its sleek, coupe-styled exterior the Veloster is not only good looking but comfortable.

Packed full of gadgetry that you never knew you could live without, all centered around a 7" TFT display that can even bring up to date news and films into the car.

Also sporting stop & go technology and low resistance tyres you just know that the polar bears are going to love it. Furthermore, there's the option to choose Hyundai's first dual-clutch transmission, a six speed gearbox that will not only provide even greater fuel efficiency but also results in both smoother *and* faster gearchanges.

My pick? The 500 horsepower rally version set to debut at this summer's X-Games. Even just having picked up sponsorship from Red Bull is surely a promising sign, wouldn't you say?

**Sounds like your cup of chai? Then you'll be wanting to get in touch with Jersey Hyundai at Cheapside**

**[www.jerseyhyundai.co.uk](http://www.jerseyhyundai.co.uk)  
Telephone: 745911**





# Gallery gadgets

Your monthly tech fix

## Pappa was a rolling... Phone?

Granted, handsets that plug into your PC or Mac to be used for VoIP calling (that's Voice over Internet Protocol for all of you non tech-heads out there) are nothing new, but the PAPPA\*PHONE from Hulger just has to get an honourable mention this month for beings so beautifully constructed.

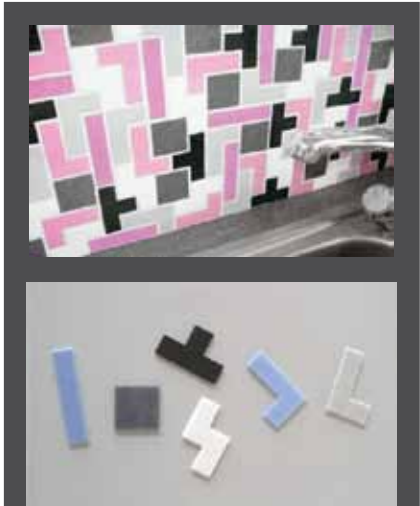
Made from a single slab of American walnut, the grain of the wood flows from the handset to the base. Fear not tree huggers - American walnut is completely sustainable and in plentiful supply. Just to finish it off they've also incorporated a slice of solid brass to affirm the hefty, solid nature of this device.

Treated to a coating of Danish oil to complete its polished aesthetic, each PAPPA\*PHONE is handmade in Montreal, Canada. They're not cheap at £125 but are completely plug & play compatible with both Mac and PC machines. The future of telephony is VoIP and most businesses and homes are using it already but new technology doesn't have to look like a spaceship as this product goes to show.

Stunning. Just stunning.



Visit [www.hulger.com](http://www.hulger.com) for more details on the PappaPhone or to browse the rest of their range of products



## Stack 'em up

Tetris Tiles, from [www.tetris-tiles.com](http://www.tetris-tiles.com)

Subtle enough to go mostly unnoticed but a great enough idea to be appreciated by millions, I'm astounded that we've not managed to come across these before.

No water-handling room should be complete without the walls having been at least partially covered in tiles based on the shape of the infamously infuriating shapes in Nintendo's generation defining game 'Tetris'. You're humming the 8-bit theme tune right now as you read this, aren't you?

This is because for anyone who was brought up on Tetris knows that the hours, days, weeks, months and probably even years playing were all worth it to compare your top score with your computer-gaming contemporaries at school.

Just make sure you don't leave any tiles hanging over the top. You lose.

## Don't eat the messenger

Forget saying it with flowers when you can say it with toast instead. Imagine waking to the amusement and satisfaction of scorching a witty message or topping your toast with a conserve carefully crafted from the fruits of your very own creativity in the form of a bespoke doodle or sketch.

Using the Toast Messenger by 'Sasha Pure' you can draw with the special stylus on the top, pop your bread in et voila - consider your input toasted.

*As far as we can see, this is just a concept. Believe me, I've spent enough time trying to find one for sale but it's such an off the wall (or floor, butter side down, as the case may be) idea it was just begging to be featured. As if that wasn't enough time spent unproductively, now trying to figure out how one would even work is baffling me no end.*





## Something for the weekend?

Well, what did you expect? This is our 'Love' edition after all, so whether you're playing alone this Valentine's day or enjoying a night in for two (or more, if that's your kind of thing) we've put together a few little, and one large, adult-themed gadget ideas for you.



*Myla Forget me Knot vibrator £249*

This exclusive edition vibrator from Jimmyjane for Myla is the elite of all vibrators. Not only slim, concise, silent and waterproof, it also has a beautifully etched bow which is so beautiful you'll want it to take pride of place on your bedside table.



*Agent Provocateur Whip £125*

Whip 'em into shape with a crystal tipped whip. This is a must have for any burlesque beauty's treat drawer.



*Maison Victor £33,298.44*

A diamond engagement ring and a vibrator in one, what more could you want? A husband perhaps? It is a leap year after all, but if all else fails why not treat yourself? Quite literally.

*Real Dolls from £3,851.41 Real Dolls.com*

From Carmen, Amara, Britney (yep, THAT Britney) or even a Nate for the ladies, you can custom build your very own his or hers playmate with a host of optional extras! We won't go too far into that part..



## Understated hottie

Or should that be hot tea? Okay, so it just looks like a run-of-the-mill Thermos\* flask (\*other brands are available, but they didn't become so well known for a lack of innovation you know) but the Thermos Sipp is so much more.

Firstly, it allows you to drink your warm or cold beverage at your own pace without spilling thanks to its innovative and easy to operate lid and of course it keeps your beverage temperature just right, but the icing on the cake for this unsuspectingly clever invention is the tea bag hook inside.

Suspend your infusion in boiling water, forget about it and let it brew perfectly.

It's the little things.

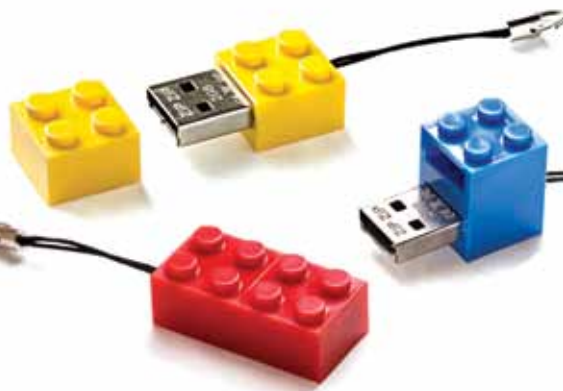


## Digital foundation

Another retro-inspired and utterly timeless item we've discovered this month comes in the form of Zip Zap's Lego brick inspired USB storage drives.

As well as being fun to look at, the blocks have a practical side too, as illustrated perfectly in the image you see here. Never lose the lid to your USB drive again - just clip it on top of the drive itself.

Simple, inexpensive and yet really effective everyday technology.



## Brand your affection

Everybody loves toast, right? Now your toast can express its mutual feelings before you devour it simply by forcing this impression on it before you toast.

A nice and inexpensive gesture for a loved one this month when you present them with breakfast in bed? Don't forget to insist they Hoover up the crumbs once they've finished being spoilt though - nobody likes crumbs in between the sheets.

*£3.88 from amazon.co.uk*





# Phone Home

## Motorola RAZR XT910

Handset Only - £429.00  
Free On Blue 24 month from JT

Finally released outside the UK after a month-long period of exclusivity, Motorola claim that the RAZR XT910 is 'impossibly thin', which is quite a statement I'm sure you'll agree.

Featuring sculpted Gorilla glass, a kevlar back and diamond-cut aluminium accents it's definitely a bit of a looker, and is splash proof too so you don't have to be precious

about it in the rain. Or if somebody knocks a drink over in its vicinity.

The MotoCast app enables you to stream media from your home PC securely and effortlessly, meaning you don't have to fill your phone to bursting point with all of your playlists and videos.

Zero motion blur video playback and 1080p high definition recording from its 8MP camera should help you to remember those moments that your brain doesn't quite manage in crisp, replayable quality.



## BlackBerry Bold 9790

Available on all business plans, with fantastic deals at Airtel-Vodafone.

For all of you die-hard BlackBerry fans, here is a new and improved handset to give you even more reason to be backing the berry.

The new model is thinner, sleeker and also includes a touch screen for ease of use. With enough power to blast through tasks all day long, and still have battery to spare come bedtime, its new levels of stamina will really stand out against others in its family.

We are currently offering FREE calling within your closed user group, the best data rates within the Channel Islands, as well as pooled minutes tailored to suit the needs of your company. Have we won you over yet?

For those who like to travel, our competitively priced international calls will be a real benefit. The BlackBerry Bold 9790 has the same fantastic features as the 9900, but is a thinner, slimmer, younger version. Sounds like time for an upgrade!

## What will 4G LTE mean to you?

The next generation of mobile broadband - called 4G or LTE (long-term evolution) - is only a nano heartbeat away. Trials in the UK are well advanced and handset manufacturers are jockeying for position. In Jersey, networks are mostly 4G-ready. So what will internet on-the-move bring us?

Currently commanding speeds of 87Mbps\* on the streets of London, O2's trial brings 4G to laptops, smartphones, tablets and other mobile devices, IP telephony, online gaming and streamed multimedia.

Airtel-Vodafone's network in the Channel Islands is run by Nokia. It's ready for its 4G-upgrade - probably at the end of this year or early next year - whenever the regulator makes the all-important licences available. But timing is also dependent on devices coming to market too. Currently, only a handful of handsets in the UK support 4G.

The Samsung Galaxy Nexus was released at the end of 2011, though some were put off filling their Christmas stockings since it was only available in the 16GB model to start with. Offering impressive features such as a 4.65-inch Super AMOLED touchscreen, 1.2GHz dual-

core processor, new Android Ice Cream Sandwich OS, 1GB of RAM and so on, Samsung is set to launch in white (16GB) and in 32GB (silver) any day now.

Snapping at Galaxy Nexus's heels is the LG Spectrum, which has already wowed the masses with its even more impressive specs. At the time of going to press, network operators Verizon had set a launch date of 19th January.

Incorporating a 4.5-inch True HD IPS display, the screen benefits from what is known as "Real Strip" sub-pixel arrangement. This means it gives a far sharper display than the traditional "Pen Tile" of other smartphones. Running Android's 2.3 OS, the new Spectrum packs a massive 1.5GHz dual-core Snapdragon S3 processor, 1.3 megapixel front camera and 8MP rear camera.

The other smartphone for UK 4G-ers brings two famous brand names together. The Motorola Droid RAZR hasn't been out very long and like most new smartphones comes with a few teething problems. The rumour mill over at Droid-life talks about an update, although this will be a bug-fix only... Android 4.0 and the Ice Cream Sandwich may still be four to six months away, they say.





## Indestructi-phone!

Mobile phones and extreme sports rarely tend to mix but the Samsung Galaxy Xcover breaks this unwritten rule by laughing in the face of danger.

The Xcover's shock, water and dust resistant status defies convention and understates the reality. Not only does it take a lot more than a few knocks and still keeps working but you can actually submerge the phone in water and it comes out unscathed. Cover it in mud or use it in a dusty wilderness, this phone can withstand virtually anything that the environment can throw at it.

Xcover's rugged nature doesn't stop it being a smartphone. It runs Android Gingerbread and comes with all the features you need to stay in touch in this connected world: Twitter and Facebook are built in, as is 3G mobile broadband and Bluetooth connectivity, a 3.15 megapixel photo and video camera, MP3 player, FM radio and 150Mb of built-in memory with capacity for a 32Gb MicroSD card.

If your idea of fun is to throw yourself around, whether it's on the ski slopes, in the water or from a plane, then the Xcover is without doubt, the 'indestructi-phone' you need and the best thing is it comes free with a £25 per month Smart200 subscription from Sure.



## Samsung Galaxy Note

Handset Only - £540.00, Free - On Blue 24 month from JT

Blurring the lines between a gargantuan sized phone (we're talking a seriously sized 5.3" screen) and a pocket-sized tablet the Galaxy Note is a whole handful of tech. 285ppi resolution is eye-wateringly close to that of the iPhone's 330ppi but on a much larger scale.

The 16gb internal memory can be boosted using a compact flash card by an extra 32gb if needs be, so storage space for all of your HD videos, (did I mention that it can shoot at 1080p from the 8MP rear camera with LED flash?) as well as allowing front video calling and voice commands thanks to the Voice Control app from the Galaxy S2.

## Beyond Computers Gadget of the month



### Ultraportability & swiftness to boot!

Samsung's 700T slate PC with Windows 7 does all of the things that your average computer can do but with ultraportability and versatility built-in as standard.

Sporting an 11.6" display and weighing just 860g, thanks to a second generation Intel Core i5 processor combined with a solid state hard drive it is no slouch either, booting up in a mere 15 seconds. The 'instant on' feature of its sleep mode will also see it waking up in just 2 seconds.

Unlike a conventional PC, you can choose from a range of input methods to suit your requirements, from a wireless keyboard to a digitizer pen or touchscreen so the 700T can adapt to your surroundings making it perfect for people on the move.

There are Windows 7 touch apps pre-installed and regularly updated and an impressive battery life that can provide up to 6.1 hours of computing on just one charge. Pretty impressive given the 400nit brightness LCD display is 100% brighter than those found on normal laptops, helping you to enjoy brilliant HD entertainment anywhere you choose - even outside!

**Samsung 700T: £849.99**



**Jersey Electricity Powerhouse : 505460  
Don Street : 510010**



# Loved-up

words | Chris Bell

It's traditional for the nightlife scene to ease itself gently into the new year, but it seems there's something funny in the water in 2012, with Jersey's top promoters quick out of the blocks and hitting the ground running, offering up one of the tastiest looking February line-ups Gallery can remember. We've chosen the choicest of choice choices for your weekend entertainment throughout the month...



Mal White's  
**TOP TEN**

**TOP TEN TRACKS  
YOU WOULDN'T  
PLAY TO WOO  
THE MISSUS...**

- 1 **Separate Lives**  
Phil Collins &  
Marilyn Martin
- 2 **View to a Kill**  
Duran Duran
- 3 **Alone**  
Heart
- 4 **Shut up a Ya Face**  
Joe Douce
- 5 **All by Myself**  
Celine Dion
- 6 **Where Did Our  
Love Go?**  
Soft Cell
- 7 **Take A Look At  
My Girlfriend**  
Supertramp
- 8 **All Downhill From  
Here**  
New Found Glory
- 9 **Who Let the Dogs  
Out**  
Baha Men
- 10 **Gonna Take U Up  
the Arsenal**  
Romford Arsenal  
Supporters Club

**Club Kamikaze presents  
JAMES LAVELLE**

**GALLERY** magazine is very pleased to be partnering with **CLUB KAMIKAZE** on arguably their biggest event yet. They've scored something of a coup by booking the UNKLE founder and dance music pioneer **JAMES LAVELLE**. Having previously headlined the Jersey Live Dance Arena, and just last year headlined the Reading Festival Dance Arena with UNKLE, he's still big business so this is a rare opportunity to see him perform an up close and personal set of trip-hop, hip-hop, techno, trance and all manner of wild musical beasts. With supports from **FUZZBOX** and **THARINDU**, and the middle floor hosting live acts including **THE BLOODY BATTLE**, **THE TRACYS** and Brighton's **BEN PARKER**, this is a fine way to kick off this stellar month.

**Friday Feb 3rd, THE LIVE LOUNGE, 9pm-2am. Tickets £12 from Whitelabel & iQ. Entry £15 on the door.**

**Boogaloo 5th Birthday: JASON BYE**

Set up by resident DJs **PAUL SHOER** and **KEITH ROBINSON**, it's hard to believe Boogaloo has been showcasing their love of house music for a whole five years. To celebrate, they've invited a huge headline guest in the shape of **JASON BYE**. Starting out in 1994 as one of the first resident DJs of Café Mambo in Ibiza, he has since gone on to hold residencies at Amnesia, We Love @ Space in Ibiza, and as a main room DJ for Home London and Sydney. All whilst finding the time to broadcast the weekly Ibiza Club 971 radio show to over 260,000 listeners.

**Saturday Feb 4th, PURE, 10pm-2.30am. Entry £5 on the door.**

**Rocksteady presents an EFLO fundraiser with RIVA STARR**

Prepare to get excited about one of the most talked-about producer-DJs currently operating right now, Italian house maestro **RIVA STARR**. Described by Mixmag as 'the hottest property in house music', Riva's mix of Balkan folk and sexy beats made 'I Was Drunk' a dancefloor-filler just a couple of years back, and his Starr has been rising (sorry) ever since. A new track with Fatboy Slim and Beardyman recently surfaced to rave reviews, and 2012 might just be his biggest year yet. This event will be raising funds for the Education Fund for Luweero Orphans, and offers 3 rooms of action including the likes of **SCHEMA**, the **LLOYD YATES BAND**, **HIP HOPERATION** and **TERMINAL STATE**.

**Saturday Feb 11th, JERSEY BOWL, 8.30pm - 2am. Tickets £12 (early bird), £16 (regular) from Whitelabel. Entry £20 on the door.**

**Revolution Records presents MC BLIZZARD + Inter-Island Rap Battle**

Revolution Records have been revamping the local rap scene over the past few months with a series of events showcasing the finest MC talent Jersey has to offer, and their first event of 2012 features the Channel Islands' first ever inter-island battle, with Guernsey and Jersey rappers facing off at the Havana Club. Aside from the chance to see who'll take the hip-hop bragging rights, there's support from local MCs **UG** and **TEEKO**, Guernsey rap collective **ASYLUM SEEKAS**, and a headline set from Manchester-based rapper **BLIZZARD**. Blizzard, aka 18-year old Bradley Green, has been carving a name for himself on the UK grime and rap scenes since the tender age of 12, previously topping the Channel U charts not once, not thrice, but twice. He could be one of UK hip-hop's next big things, so don't miss out.

**Saturday Feb 18th, HAVANA, 7pm-2am. Tickets £6 from Roulette Clothing. Entry £8 on the door.**

**Theology Quintessential presents JOHN DIGWEED**

Surely one of the biggest shows of the year, and it's only February. **JOHN DIGWEED** is amongst a handful of 'superstar DJs' worthy of the title. Voted the world's number one DJ by Mixmag readers in 2001, he's never been far away from the top spot in their influential 'Top 100' poll in all his years behind the decks. As the owner of the Bedrock label, he's as much a star-maker as a star himself nowadays, and this show is a great opportunity to see him in a relatively intimate venue, with only 600 tickets available. Raising funds for the Teenage Cancer Trust (Jersey), it's all for a good cause too. With Jersey Grand the venue, you can expect it to be a decadent affair, so prepare to party in style.

**Saturday Feb 25th, GRAND JERSEY, 8pm-1am. Tickets £25 (early bird), £30 (regular) from Whitelabel and online. VIP booths available.**

**Phonetic Freefall presents MR WOODNOTE / LIL RHYS / SNAREOPHOBE**

Fresh from their support slot with **DUB FX** at the Splash last September, Aussie multi-instrumentalist/loop pedallist extraordinaire **WOODNOTE** and **MC LIL RHYS** return to Jersey to promote their forthcoming album 'Modus Operandi.' With bouncy beats, fat bass lines and a heady sax n' beatbox combo, they know a thing or two about getting a party started, and with accompaniment from Bristolian breaks/dubstep DJ outfit **SNAREOPHOBE**, this is a line up not to be sniffed at. Could this be the best February for nightlife ever? We think it's a contender. If you're still standing at the end of it, we salute you.

**Saturday Feb 25th, THE LIVE LOUNGE, 9pm-2am. Tickets £9 from Whitelabel. Entry £12 on the door.**





# A Star in the making

words | Chris Bell

It looks like Jersey's revellers are set to be spoilt for choice this month, with so many big name DJs and live acts performing over the next few weeks that you'd be forgiven for thinking that you'd fallen asleep and woken up in a colder, wetter Ibiza... almost. One of the certain highlights of the February takes place at Jersey Bowl, courtesy of those fine folks at Rocksteady. Joining a tasty-looking line up of local DJs and bands including Schema, Pete De Momme, Ben Newman, Hip Hoperation, the Lloyd Yates Band, Rick Jones and more is headliner Riva Starr. One of the most talked about DJ-producers in the business right now, the Italian house maestro comes to Jersey with the weight of two years of momentum behind him, which has seen him remix the likes of Usher and Estelle, collaborate with Fatboy Slim and Beadyman, and work his magic to crowds at such illustrious venues as Fabric and Space and festivals including Fuji Rock and Snowbombing, to name just a few.

If there's any DJ operating right now who embodies the party spirit more than Riva Starr, he's yet to be unearthed, and the endorsements have come thick and fast from dance music's great and good. Fans include Annie Mac and Carl Cox, and Fatboy Slim describes him as 'crazy sexy cool' (grammatically imperfect but you get the idea), while Mixmag call him 'the hottest property in house music'. If you've been anywhere near a dance floor in the past three years, the chances are you'll have heard his Balkan gypsy folk-inflected 'I Was Drunk' or 'Black Cat White Cat', and anyone who's seen him in action will know that it's a kaleidoscope of house, funky breakbeat, folk, rock and techno all somehow mashed into one outrageously fun, floor-filling set.

We caught up with Riva, and found him to be one of the cheeriest DJs we've yet come across...

First of all, happy New Year – how did you celebrate, and have you made any New Year resolutions?

I played at the Warehouse Project in Manchester with Annie Mac – loads of fun! Resolution for New Year? It doesn't matter as I wouldn't follow them anyway!

What can the Jersey crowd expect from your set? Do you pre-plan everything or do you improvise a lot on the night?

Everything is improvised. Of course I have some favourites but I never prepare a DJ set. They should expect some funky sheeet fo' sure!

It's safe to say you're one of the biggest stars in dance music at the moment. How has life changed for you since you released your album?

Wow, 'biggest stars' is a big sentence man. I'm just having fun doing ma thang. I'm definitely travelling a lot more and get less time for private life, but that's part of the business isn't it?

And you successfully launched your own label, Snatch. How are things going with that?

Hugely well, we've got amazing releases from established artists and from young ones. We definitely aim to push new artists; fresh blood to inject into the dance music world!

You've just released a track with Fatboy Slim and Beadyman – what were they like to work with, and do you have any further collaborations lined up?

It was very natural and we had lot of fun in the studio for sure. There's plenty more coming on but I can't tell more right now! Shhhhhh...

You're one of the busiest DJs around – do you relish the free time that you get, or is it more important and satisfying for you to stay busy? What do you do when you're not on the road or in the studio?

Trying to keep a good balance between private time and work time. I played a LOT

of gigs in 2010; almost 200 and I had fun but now I'm choosing when and where to play more carefully, as I want to spend more time with family and friends.

Which DJs and producers do you expect to have a big year in 2012?

Hopefully all the Snatch! picks: PIRUPA, JET PROJECT, PRINCE CLUB.

What have been the defining points in your career so far? The moments where you've thought 'I'm really getting somewhere with this...?'

When I bought a car... I thought, 'this is really getting me somewhere.'

What advice would you give to any aspiring DJs or producers that want to emulate your career?

Don't emulate other people's careers – just do your own thang!

What have you got lined up in the immediate future?

A WMC compilation out on Snatch! and an album in the making.

Finally, I know you're a football fan... what are Italy's chances in Ukraine and Poland this summer?

HUUUGE! I hope...

Riva Starr headlines Rocksteady @ Jersey Bowl, Saturday 11th February, 8.30pm-2.30am. Tickets are £12 (Early bird, limited to first 150), £16 (regular advance price), or £20 on the door, subject to availability.

As well as being a stonking great big party and maybe the only time Riva will ever play a DJ set in a Quasar room, it's also a fundraiser for a very worthy charity, the Education Fund for Luweero Uganda (EFLO). The Jersey-based charity supports educational facilities, provides safe drinking water and feeds 300 orphans a day. To find out more, check out [www.eflo.org.je](http://www.eflo.org.je)

[www.rivastarr.com](http://www.rivastarr.com)





words | Chris Bell



This month, one of the world's most influential DJs takes his rightful place behind the decks at Theology's much-anticipated 'Quintessential' fundraiser for Teenage Cancer Trust (Jersey). John Digweed has played to a crowd of 250,000, his radio show 'Transitions' boasts a weekly listenership of 14 million, and he's a former 'World's Number One DJ' according to the influential annual Mix-mag readers' poll. Many say he still is. We'll let you decide for yourself...

So, will this be your first visit to Jersey? Sasha played in the Jersey Live Festival dance arena last summer - has he briefed you on what to expect from the island and the crowd?  
I have played Jersey many times but it's been since I have played so looking forward to coming back and playing.

You'll be playing to a crowd of 600, and many of your gigs have been in front of crowds numbering in the tens of thousands - do you approach a more intimate set in a different way to a larger scale one? What can the crowd expect from this set?  
I love playing to smaller rooms as the vibe can be more intense and more intimate, you can get a real connection with the crowd. I am really looking forward to playing this party as I have so much good music to play out at the moment so expect some great underground music.

How have the club scene and the dance music industry in general changed since you first started out?  
Of course there are so many more countries around the world now to play, when I first started you played mainly in the UK, now I think nothing of going to Russia, China, South America and Eastern Europe all in the space of a few weeks.

Tell us a bit about Bedrock - what do your day-to-day tasks with the label Entail and how are things going with it currently? You must be excited about bringing the Bedrock nights back to London at XOYO?

The label is doing great at the moment, I A&R everything and stay on top of the artists, and Scott runs the label making sure everything is on time, The new monthly night at XOYO has had an amazing reaction with the first party in February selling out in days and tickets for March already selling really well. I think the time is right and people are looking forward to a regular solid night with me in London again.

How do you go about finding new artists for the label?  
I get sent so much music, you just have to spend the time going through it all and hopefully find a few monsters in amongst the rubbish

Much of your time is presumably spent finding new music, whether for Bedrock, for DJ sets or for your radio show. Is there ever a time when that feels like a chore?  
When you don't hear anything that inspires you for a while but recently there has been so much great music being made that I don't seem to have enough time to play it all out at a gig.

What would you be doing now if you'd never made it big as a DJ?  
I always loved playing music and being a DJ even when I wasn't making much money and being successful and I think that is one of my strengths as I love music and DJing for the right reasons, not to be famous, so I imagine I would still be playing out for the love of it.

A lot is made of DJs making their shows more visually engaging than ever before, with Deadmau5 and Amon Tobin obvious examples. Have you given much consideration to adding a visual element to your own show? Perhaps even performing a live soundtrack to a movie?

For me it's always been about the music. Yes having great visuals adds to the whole show but for me I want the music to be front and center, I want people to come away from one of my gigs talking about the music not the led screen

Do you think it's easier or harder nowadays for young DJs to break through than it was when you first started out?  
It's a lot harder as there are so many more DJs out there now, but if you make a big club track you can fast track it to the top and earn a fortune very quickly, The internet plays a massive part in promotion these days and if you use it well it can make or break you.

When you look back at what you've achieved so far, what have been your highlights and what ambitions remain as yet unfulfilled?  
Being voted no 1 DJ was great but to be honest the fact that after all this time I am still playing all the best clubs and festivals around the world and my fan base is as strong as it has ever been is what satisfies me the most as I work really hard and people like what I do. My ambition is to keep doing this for as long as I can, as I love it.

Finally, what have you got lined up in the coming months?  
New album from Oliver Lieb and Jimmy Van M called 'Collaborations', released on Bedrock, February 27th.

#### FEB

2nd Bedrock at XOYO, London  
3rd Tribal Sessions, Sankeys, Manchester  
4th Shindig, Newcastle  
10th Billboard, Melbourne, Aus  
11th Greenwood, Sydney, Aus  
12th Bar Soma, Brisbane, Aus  
16th Mint, Bali, Indonesia  
17th Avalon, Singapore  
24th The Loft, Barcelona, Spain  
25th The Grand, Jersey

#### March

1st Bedrock, XOYO, London  
3rd Musika, Liquid Rooms, Edinburgh  
10th Industrial Copera, Granada, Spain  
30th Nord Club, Basel, Switzerland  
31st TimeWarp, Mannheim, Germany

Check out John at Quintessential at The Grand Jersey on Saturday Feb 25th, 8pm-1am. Tickets £25 (early bird), £30 (regular) from Whitelabel and online. VIP booths available.



## (Gallery Introducing...)



## Introducing Wilson Nash | Recording

### A guerrilla stance on audio & visual recording

#### What is WNR?

'Wilson Nash | Recording' is simply a guerrilla audio recording and production outfit that can utilise any space that it has access to. This could be a recording studio, a barn, a castle, a living room, nightclub or even a green house. The goal is to record musicians, bands, singer/ songwriters or even spoken word in unique acoustic environments which inspire and create interesting audio and visual recordings.

#### Growing up, who inspired you musically? What drove you to recording and the technical side of music?

I think I'm inspired by sound, like some people are inspired by art, you could ask a singer who inspires them and they might say Nina Simone for instance but I think techs generally have great ears (and good hi-fi) because they're always looking for perfection, that's what inspires me, great sound presented accurately. Don't get me wrong, I was always inspired by the music first, I remember growing up to what was played in my parents car or around the house, but it wasn't until I started working in sound when 17 that I really 'heard' music for the first time... I was probably 8 when I saw my first recording studio, albeit I thought it was an aircraft flight-deck at the time and knew I wanted to do something like that and later on in secondary school I started experimenting with electric guitars and how to make 'noise' by blowing up my dads hi-fi... We didn't really have music colleges or 'sound engineering' courses where I grew up so I managed to land an apprenticeship in acoustic engineering with a company in Southend, the guys who worked there were sound techs from the 70s and 80s and within this technical environment I cut my teeth on how I approach sound now.

#### Which local acts do you rate?

For me there are so many amazing acts in the Channel Islands; Lloyd Yates is a man who never ceases to amaze me with his songwriting and passionate performances... and humor... Rick Jones too. Frankie Davies, Michele (Flower Singer) Horwood, The Smooth Hounds, Pirate Video Company, Kevin Pallot, Hip Hoperation, Falenizza Horsepower, Whitechapel Murders and not forgetting Teaspoonriverneck over in Guernsey.

#### Who/what inspires you day to day?

My family inspires me the most, my newborn son Benjamin 'Roadie' Rhodes, (We're doing this interview from the maternity ward after all...!)

#### What are your thoughts on the Jersey music scene and the level of talent here?

There is no shortage of talent here. We are blessed with amazing musicians and also some great techs who go unnoticed (so often); Rob Richie at Stage 2 Productions, Craig Carver, Sam Falle to name a few and great promoters like Niall Mac at Stoked Music (formerly Cowshed Music) who has put Jersey Music on the map, especially with his work with Lloyd Yates.

#### What has been your most memorable recording and why?

That's a tough one... I think recording Rocco Deluca guerrilla-style in Mont Orgueil was definitely a highlight. We took a snap decision, made some calls, loaded up and setup the equipment in a chamber at the top of the castle, we recorded Rocco and busted out leaving no trace! Over the last few years I've recorded in glasshouses, corridors, shower cubicles, used a ruined windmill as an echo chamber, done whole EPs from living rooms, recording outside in

nature, man, I don't know!

#### If you could record anyone, alive or dead, who would that be and where would your guerrilla recording skills take you?

I'd have loved to have recorded Hendrix. In the hold of a cargo ship. Who knows, an advantage I have is being entirely flexible and open to anything...

#### Who is on your most played list on your iPod?

Right now it's an album I'm working on, reference mixes galore... Otherwise I'm into alternative stuff like Helmet, QOTSA, Vedder, John Butler Trio, Xavior Rudd, Fat Freddy's Drop, Cat Empire, Ben Howard, Whitest Boy Alive and sometimes I'm just immersed in my 90s Essex roots with Underworld DNBWMHM.

#### What can we expect from WNR in 2012?

More of the same with a twist - video. My take is: Record it, Film it, Mix it, Upload it. Take something from nothing, leave no trace.

#### Who would be your dream live act to see/hear at Jersey Live?

A mash up of Queens of the Stone Age, Helmet, Soundgarden and Beadyman on bass.

So, for all your unique recording requirements, see Wilson Nash, email [info@wilson-nash.com](mailto:info@wilson-nash.com). Or go to, [www.wilson-nash.com](http://www.wilson-nash.com)... You can also 'Like' on Facebook and follow on Soundcloud.

Gallery sends huge congratulations to Red and Wilson on the birth of their beautiful boy, Benjamin!



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# SATURDAY 25th FEBRUARY

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**PURE**  
FEBRUARY '12  
EVENT LISTINGS

- |  |          |   |
|--|----------|---|
| <b>FRIDAY 3/2</b><br>Mind Your Head<br>Jon Peacock & Guests                                  | <b>1</b> | <b>SATURDAY 4/2</b><br>*boogaloo - 5th Birthday Party<br>Special Guest Jason Bye [Space, Ibiza] |
| <b>FRIDAY 10/2</b><br>Trance Classics - In aid of Uganda Charity<br>Paul Shoer & Ashley Ford | <b>2</b> | <b>SATURDAY 11/2</b><br>Philosophy of House - Birthday Party<br>Ross Hunter & Del McKeown       |





did you get shot?



**FRIDAY 17/2**  
Maison - New for 2012  
with Keith Robinson & Ray Grant

**3**

**SATURDAY 18/2**  
BOOM!! New for 2012  
Special Guest ATFC [Defected in the House]

**FRIDAY 24/2**  
Vanguard  
D'n'B/Old Skool/Jungle/DubStep

**4**

**SATURDAY 25/2**  
Event details TBC  
Event details TBC

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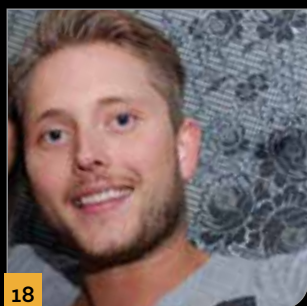




did you get shot?



17



18



19



20



21



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23



24

*What's going on behind the curtain?*



25



26



27



28



29



30



31



32

It looks like a hot night out right? Sadly there's not a new venue with beautiful smiling people everywhere... This is a selection of the hottest, smiliest girls and guys that our Paparazzi team captured in 2011 . Of course, it's not up to us to say who's our favourite. That would be unprofessional... No, we're leaving that to you. Log on and vote for your favourite at [www.gallery.je/paparazzi](http://www.gallery.je/paparazzi)



directory



fashion

Pebble

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culture

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We're a big believer in effective 'reminder' advertising at Gallery. For a small business, a whole year of communication means that customers have your details at all times.

The directory is designed to allow advertisers a low cost, long term communication solution. It can be used to show an individual corporate presentation

or to present individual brands stocked by your business. We'll be trying to gather places that sell the nicest bits, bobs, stuff and desirable items for the home and office.

So we thought we'd give select businesses the ability to tell you all about their services in our monthly Gallery directory. We've even categorised them and arranged them for easy perusal. If you see something you like, give them a call and and tell them you saw them in Gallery! We'll love you forever...

	single booking	3 issues	6 issues	11 issues pay monthly	11 issues prepay
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All annual directory packages will receive a triple feature placement for one issue of their package.

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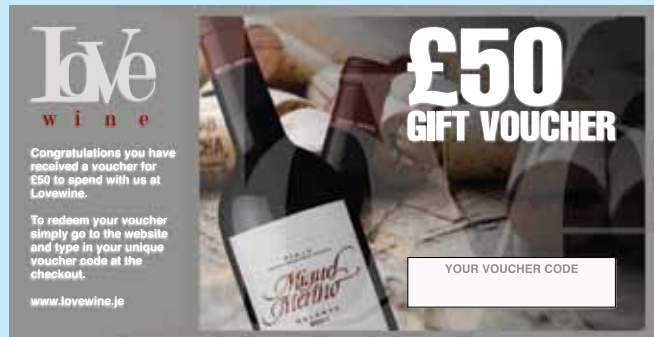
## Get naildazzled

Like the look of this? Read our sparkling review of the crystal pedicure at Experience The House of Beauty on page 74, and drop us a line at [win@galleryje](mailto:win@galleryje) if you'd like to try it out yourself.

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## Have a drink on us

Fancy winning a £50 Love Wine voucher from the brand new online wine specialists, Love Wine? The team have got a voucher to give away to one of our lucky winners - just email [win@galleryje](mailto:win@galleryje) and put Love Wine in the subject line to be in with a chance of winning.



## Who we fixed it for last month....



Here's Jenson who won last month's signed copy of 'Seasonal Spanish Food' by Jose Pizzaro. Jenson says he loves the fish recipes, although he might need a bit of help reaching the cooker...



Kathy was 'thrilled to bits' with her tickets to see Omid Djalili at the Opera House, and a meal for two at the Opera House's newly refurbished OH! Cafe before the show. Hope you had a great time Kathy!





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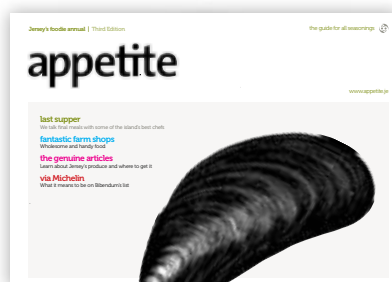
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Jersey's  
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foodie  
directory



appetite

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With the guide's fourth edition out soon, Appetite has all the key features you love about your food annual – easy to navigate sections, sample menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

If you're digital only check out the whole lot and more at [www.appetite.je](http://www.appetite.je)

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gallery

next month....

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# boardom

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NOR MONEY?

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GIVE UP  
QUAVERS

Tamsin / 19 / Marketing Assistant

BUNGEE JUMP

Ben / 18 / Student

RUN NAKED  
THROUGH TOWN

Emma / 19 / Trust Administrator

SWIM WITH  
SHARKS

Patrick / 17 / Student

SHAVE MY HEAD

Charlotte / 19 / Trainee Accountant

SKY DIVING

Hugh / 17 / Student

WORK IN THE FISH  
MARKET

Jay / 16 / Student

EAT A TUNA  
SANDWICH

Brioney / 23 / Administrator

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A photograph of a modern lounge interior. The ceiling is a complex, dark wooden lattice structure with recessed lighting. A large, multi-tiered, diamond-shaped chandelier hangs from the center. The walls are light-colored with large windows featuring stained glass inserts. The floor is a black and white checkered tile. Numerous purple armchairs and small round tables are arranged throughout the space.

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