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dream sequences

uncontrollable fantasy

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intro



Gallery **71** **fantasy**

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gallery

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parts other
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fail to reach.

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We get to put this little logo on because we love the Earth, save the whales and all that. Disco.

Fantasy is such a moveable feast. From early childhood we dream, imagine, desire. It's a drive that pushes us forward. Whilst the nature of the subject matter may change, an imagination is all you need to visit the things that you wish for and to experience. When I was about 13 I wanted nothing more than to grab the keys to my Lamborghini, pick up Helena Christiansen and go and spend the day at my own private skatepark with all my friends and the Bones brigade (Tony Hawk&co). Times have obviously changed and fantasies change as you get older. Apart from that one maybe? I mean... she's a photographer now right? she could take some shots...

Fantasies give you determination, a purpose. Whether monetarily generated, experiential or psychological, they are the waking dreams that take your mind off deadlines, overdrafts and being persecuted by your superiors; that world you enter as you prepare for sleep or as you zone out in particularly boring classes or meetings.

The irony is that, as you get older, fantasy is the ultimate case of 'the grass is always greener'. When we're young we fantasise about what we'll achieve when we're older; when we're older we fantasise about things we did when we were younger. When you're lonely you dream of company and love, when you're with company and in love you dream of independence. When you're poor you dream of riches beyond compare. When you have riches beyond compare you dream ofdrug fuelled parties on yachts moored off the Dalmatian coast with movie stars and models... maybe? Maybe the ultra wealthy are the exception to the rule, I doubt they dream of poverty.

The continuous development of our fantasies is a natural process. As life changes you definitely learn to appreciate the more realistic satisfactions. Whilst I'll probably never have a Lambo, I did get to drive one once and whilst I don't skate with Tony Hawk I did meet him once at a party. I think sometimes touching fantasy is enough to make you appreciate the mildly more mundane nature of your reality.

This month we examine fantasy and welcome some new writers too. They look at dreams, revenge and fantasy role playing. We look at people that have fulfilled their fantasy of going it alone in business and fantasy food. Our shoot is pretty damn fantastical too.

I hope you enjoy the first Gallery of 2011. May all your dreams and fantasies come true this year... I'm off to pick up Helena.

BD

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words | Wilhelm



What's that? It's his first time out? Don't worry... he'll be fine...

What price to put on saving lives? Economic development wields axe of efficiency on beach lifeguard services

In recent years, Jersey Tourism has invested significantly in advertising campaigns to attract visitors to the Island. A selling point has always been the quality of Jersey's beaches as well as those tasked with protecting them. (Indeed, the TV adverts depict a lifeguard service vehicle surveying a stretch of shoreline.) Despite this, not even lifesaving can escape the wave of cost cutting that is sweeping over the public sector at this time.

Last month it emerged that the States of Jersey were in talks with the Royal National Lifeboat Institute (RNLI) - who may now take over the service. The proposals include an £80,000 annual cut to the lifeguard budget. Economic Development Minister, Senator Alan Maclean, has admitted that the revised service would be provided on reduced wages and may be removed from some coastal spots entirely.

One thing is certain, rescuing a drowning bather whilst holding a collection bucket may prove difficult.

Details of exactly how the charity would perform the revised service are not yet known. One thing is certain, rescuing a drowning bather whilst holding a collection bucket may prove

difficult. The question also needs to be asked - what will the new lifesavers look like? Will chiselled athletes, complete with trademark sunnies and thongs, be replaced with spotty teenagers in bibs and clipboards? ("Excuse me, sorry to interrupt your sandcastle, do you support any causes?")

Looking at the broader picture, money saved here will go to other worthwhile initiatives. For one, there's the police force's overtime budget for providing security services at a much-needed Whaling convention in July (of huge relevance to the island (?)). Also, we must find resources to afford another £250,000 batch of Tamiflu and an assortment of hanging baskets to go with the new tarmac and lay-bys at Cheapside.

Maybe the States are considering the implications of having rejected C Le Masurier's bid to invest £40m in the Odeon site and surrounding area? Fewer lifeguards patrolling Jersey's beaches may free up cash to employ skivvies to catch chunks of the cinema as it slowly decomposes.

A petition against the changes has been co-ordinated by the owners of El Tico and Laneez Surf Centre. Will it be enough to instigate a government re-think? Time will tell.



First Watership, The Radisson, then the world!

Crack team rabbits colonise Radisson Special Forces hares in the fight against architectural blasphemy

In January 2011 the JEP published an article "Waterfront Down" (JEP 11.01.11). The report described the bewilderment expressed by local naturalists following the discovery of a rabbit population in the sporadic green spaces of the Waterfront complex.

Environmentalists believe the mate-happy mammals may have come down from Mount Bingham or even as far away as Westmount. They remain baffled as to why they would have made such a journey. Responding to the find, the Waterfront Enterprise Board commented that it did not intend to move the rabbits on unless they "become destructive". How prophetic.

A reliable Gallery source believes the colonisation was no fluke, and that the rabbits are in fact specially trained underminers, possessing cutting-edge demolition skills.

Interrogations carried out on a specimen caught outside a flowerbed burrow at the Radisson revealed the shocking truth. The individual (named Bugs to conceal his identity) confessed to being fed an educational diet of renaissance architecture and the teachings of Archimedes from birth, groomed in an environment of HistoReligious conservatism akin to 16th century Jesuit priests. Bugs also admitted having diamond teeth and an addiction to the taste of concrete.

Responding to the find, the Waterfront Enterprise Board commented that it did not intend to move the rabbits on unless they "become destructive". How prophetic.

On his person was found a blueprint of the Radisson, some charges, a mobile phone, methamphetamine and traces of C4. You don't have to be Wesley Snipes to work out the raison d'être.

It transpires the plot to undermine the hotel and send it crashing is part of a series of covert operations led by senior civil servants designed to undo government faux pas and shake up the political system.

Scientists at the laboratory where Bugs was reared are currently working on a telepathic Royal Square pigeon that they have trained to crap on, and thus expose, any elected member wilfully entering the States Chamber without having fully considered the Propositions they're scheduled to debate. Given the amount of crap this will require, the boffins are currently trying to transplant into the pigeon's anus the excretion organs from a Pacific giant squid. Good luck with that.



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Why we never get tired of revenge fantasies

words | Will Lakeman

What's the worst revenge you've ever taken against a person who has wronged you? Perhaps you let down their bike tyres, maybe posted compromising pictures on Facebook, or possibly went all Shakespearean on their ass and drove them from Rome, cut off their hand, and then served them a delicious pie containing the remains of their murdered children. Most people will have more experience of the first two, which might explain why the third option is the sort of graphic fantasy that has been cropping up in entertainment ever since man first learned to make a rude cave painting of his ex-girlfriend.

Humans are a petty, vicious species, as anybody who has ever been the first person at a jumble sale will tell you. Society is merely a highly-organised façade for our seething tangle of grudges and vendettas, most of which will remain buried deep under the surface as we attempt

spend more time fantasising about than actually doing, at least until you get to the divorce courts. Whilst tabloid newspapers and moronic Facebook groups love nothing more than the story of some beetroot-faced loon who takes the law into his clammy hands (Raoul Moat), the majority of us who aren't utter divs merely prefer to spend a few minutes each day fantasising about mundane revenge ideas like crushing bad drivers under a steamroller, firing our bosses into deep space or slaying Justin Bieber and turning him into some kind of casserole.

In everyday life, revenge is less likely to be ultraviolent, cunningly-orchestrated and unpredictable than it is to be humdrum, tedious and inevitable. Real-life revenge is a Chinese burn in the playground, a supervisor who gives you the worst jobs or a breakup when your ex sets fire to a pile of your shoes. This kind of thing happens every day, and every

too socially repressed to ever really do anything reasonable, let alone respond with the Hollywood dynamite vengeance that would probably benefit society. In my dreams, I am Schwarzenegger in Commando, dispatching evildoers with one-liners, bullets and my steroid-powered oily biceps; in real life I am the person that quietly endures a 40-minute bus ride next to three chavs listening to N-Dubz through a phone speaker.

Murder She Wrote

This may explain why one of my favourite ways to unwind is to watch *Oldboy*, the deranged Korean masterpiece that sees revenge carried to such gory, twisted extremes that you actually find yourself laughing uncontrollably at a movie in which the hero eats a live octopus and performs amateur dentistry with a claw hammer.

Even if you don't quite have the stomach for Korean ultraviolence, there's a whole world of revenge out there to help you sweat off a Friday evening traffic jam. You could spend a weekend watching different cowboys kick all kinds of dusty ass – you could pretty much pick any Western released after the 60s but *Once Upon A Time In The West* and *The Outlaw Josey Wales* would be great place to start.

If you're ever feeling a bit stabby, I guarantee that by the time you've read the 1300 cliffhanger-packed pages of *The Count Of Monte Cristo* you're more likely to want a nice cup of tea and a lie down than to go on a chainsaw rampage at rush hour, and it's impossible not to feel better about life after watching Eric Cartman tricked into buying a box of pubes in *South Park's* awesome Scott Tenorman Must Die episode.

Without the safety valve offered by these unlikely revenge stories, society would undoubtedly be a more dangerous place. You'd be lucky to finish a day at the office without poison, machine guns and daggers in the coffee room, and the school-gate traffic jam would probably resemble something out of *Apocalypse Now*. This is why I'd rather watch revenge than ever carry it out, although there will always be a part of me that wonders if airlines would be less likely to keep you on hold for two hours if you parachuted into their call centres, set fire to a few desks and started tossing hand grenades at anybody who tried to transfer you back to reservations.

Unfeasibly elaborate acts of vengeance are so entertaining because a truly devious one is the equivalent of that crushingly witty comeback that you only thought of an hour or two after it would have been useful.

to interact with our friends, families and co-workers without succumbing to the ever-present temptation to run amok with a sharpened axe.

Given the enormous restraint necessary just to live amongst fellow members of our own species, it's no surprise that the elaborate revenge fantasy is something we love to read about, watch or scribble on the wall of public toilets. Righting wrongs, settling scores, blowing things up; an intricately-plotted tale of revenge has thrilled audiences since the days of Greek myth, serving artistic geniuses such as the noble bard William Shakespeare, French serialist Alexandre Dumas and drunken mullet-wearer Mel Gibson. Each of these names has made a study of mankind's lust for revenge, although it must be said that only Mel Gibson has used the medium of his ex-girlfriend's answerphone.

A burning paper bag, full of dog poo
Luckily for human society, revenge is something that most reasonable people


time we ignore it, the little psychopath inside just keeps sharpening his axe.

Let off some steam

The amount of time we spend ignoring life's petty irritations probably explains we like our revenge fantasies to be so ridiculous. Our repressed yearning for elaborate reprisal needs an outlet, and it's better if that outlet is watching Michael Douglas spraying a McBurger restaurant with an Uzi in *Falling Down* than actually doing that kind of thing yourself.

Unfeasibly elaborate acts of vengeance are so entertaining because a truly devious one is the equivalent of that crushingly witty comeback that you only thought of an hour or two after it would have been useful; you would never have really said it but you can feel a little better about life just because you were cunning enough to even think it up.

Of course, no matter how many hours I spend thinking about dealing with noisy motorbikes with a rocket launcher, I'm

A pair of large, orange-handled scissors is shown cutting through a blue dress shirt collar and a patterned tie. The scissors are positioned vertically, with the blades meeting at the center of the collar. The tie has a yellow and blue geometric pattern. The background is a solid light green color.

The majority of us who aren't utter divs prefer to spend a few minutes each day fantasising about mundane revenge ideas like crushing bad drivers under a steamroller, or firing our bosses into deep space .

Dream Believer

words | Georgie Clifford

You are running. You are running from something and you don't know what it is but you know you're being chased. You're being chased but suddenly... your teeth start falling out. You keep running while your teeth are crumbling into your hands but you realise you hadn't noticed the drop ahead, so you fall. Now you're falling and you're coming closer and closer to the ground until, to your surprise, you're suddenly flying. You're flying through the air, looking down on the houses and people. Where is the only place these things can really take place? Yes; it's in your dreams.



Is this a dream you recognise? A still taken from the seminal "The Science of Sleep"

A sequence of sensations, images, thoughts, etc, passing through a sleeping person's mind. This is the dictionary's description of dreams and they've been studied since before 4000 BC, making them as old as the first civilisation of humanity as well as a normal part of human existence. So, in our dreams we can go anywhere, be anybody and do anything but what do the dreams we have really mean? These are the interpretations found from a little research.

Well, apparently, it all depends on what you're doing in your dream. Being chased (one of the several common dream themes) would generally stem from feelings of anxiety in your life. Fleeing from something is an 'instinctive response to a physical threat' which makes sense if you're being chased by a monster, an animal or any attacker wanting to hurt you. Usually the response is to run, to hide or to outwit what's pursuing you. Your actions in your dreams parallel how you would respond to pressure and fear or stress in real life, so if you're running away it indicates that, instead of confrontation, you have a tendency to avoid the issues. The best thing to do is ask yourself who is chasing you and then, maybe, you'll gain a better grasp on the source of your fears or anxieties. On the other hand, you might be the one doing the chasing within your dream, highlighting your drive and ambition to go after something or, maybe, you're falling behind everyone else and need to catch up.

Another common theme of dreams is of teeth falling out, whether they're crumbling into your hands, are falling out one by one or grow crooked and rotten. I found a theory which suggests that dreams about teeth also reflect your anxieties in life, this time about how others perceive you and your appearance. Teeth play a big role in attractiveness so it's likely that these dreams stem from a fear of rejection or getting older. This is proven by a dream researcher who found that women in menopause report to have frequent dreams in which their teeth fall out. It doesn't make you vain, though, as caring about how you look is healthy and natural.

We've all had those dreams of falling and it's a very common dream. There is a popular myth that you will actually die if you don't wake up before you hit the ground but fear not, this is only a myth; you won't really. This dream also represents insecurity, instability and anxiety. (Surely there are some positive dreams?!) You have 'lost your foothold' and there is nothing you can hold on to when you fall; maybe you've lost control of something in your 'waking life'. If you're having these dreams you might be feeling the sensation of failure or inferiority. For example, perhaps you feel you haven't found love or you've lost your job. Interestingly, falling dreams typically occur during the first stage of sleep, apparently. In this stage, dreams are often joined by muscle spasms of limbs and body; we've all been falling asleep and suddenly jerked ourselves awake from tripping or falling in our mind.

So, what's the opposite of falling? Flying. Apparently, flying dreams fall under a category named 'lucid dreams', the dreams that occur when you become aware that you're dreaming. Dreams in which you have the ability to fly are usually exhilarating, liberating and fun. Easy, enjoyable flying within your dream tends to suggest you're on top of a situation and have risen above something. Also, you have gained a new perspective on things and being able to control your flight represents your own sense of power. On the contrary, if you're finding it difficult to control your flying it suggests you're struggling to control your own circumstances or stay on a set course. Perhaps you encounter obstacles in your flight, indicating there is something or someone standing in your way in real life. Another explanation would be that perhaps you're lacking in confidence or hesitating - so stop being afraid! Believe in yourself. A positive suggestion of flying dreams (finally) is that you are strong willed and strong minded; you can't be defeated and you can accomplish whatever you want so you can be left with a great feeling of freedom.

So, ultimately, your dreams are made up of symbols. The smallest symbol can enhance a feeling or idea and can have many profound and deep meanings that words can't convey. When analysing your dreams you can learn about your deepest secrets and feelings. Remember, you are the best expert at interpreting your own dreams... if you believe in that sort of thing.

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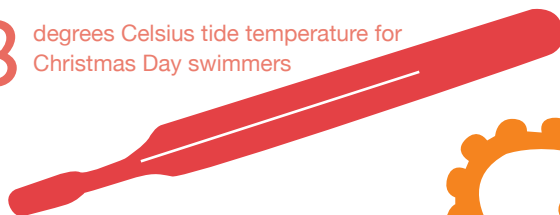
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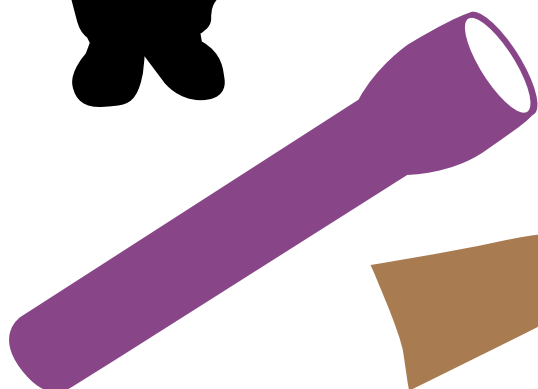


38 percent of islanders are overweight, according to survey

12

percent of islanders too scared to be in town after dark

2012 could see the opening of the 'Millenium' park by the Queen



230

year anniversary of the Battle of Jersey passes

25

year old builder injured in incinerator explosion



1,310

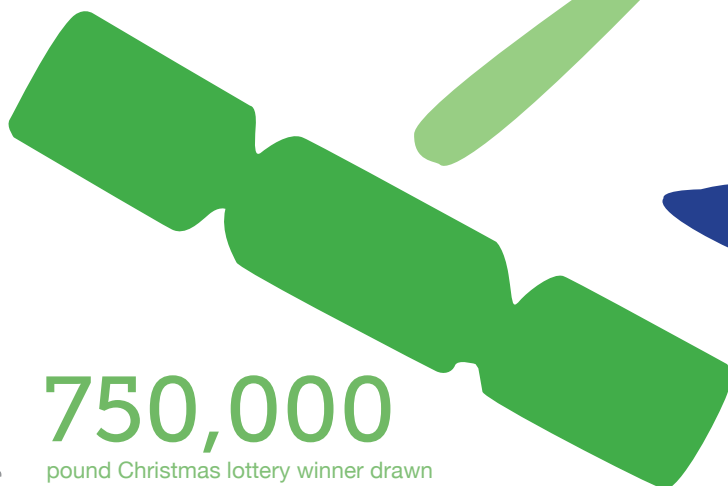
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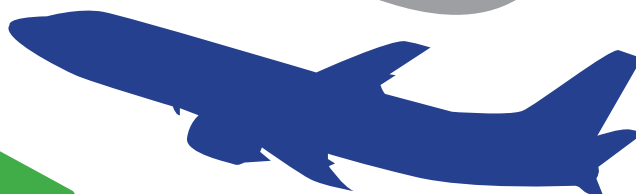


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WEDNESDAY 9TH FEBRUARY

KING LEAR

Shakespeare's King Lear, starring Derek Jacobi will be screened as an encore performance on Wednesday 9th February at 7pm at the Jersey Opera House. "Who is it that can tell me who I am?" An ageing monarch. A kingdom divided. A child's love rejected. As Lear's world descends into chaos, all that he once believed is brought into question. One of the greatest works in western literature, King Lear explores the very nature of human existence: love and duty, power and loss, good and evil. The Donmar Warehouse production of King Lear has already received fantastic reviews – do not miss your chance to see this phenomenal performance.

TICKETS COST £12.50 OR £11 CONCESSION AND ARE ON SALE NOW. TO BOOK EITHER COME IN PERSON, CALL THE BOX OFFICE ON 01534 511115 OR BOOK ONLINE WWW.JERSEYOPERAHOUSE.CO.UK

HONEY BUN AT THE DRIFT

This event is organised to raise money in aid of Jersey Hospice Care. Head on down to the Drift to hear the Honey Buns sing a selection of songs including a few of their own. Resident DJ Nelson will also be supporting to current and chart music too.

For more details contact the Royal Yacht on:

720511 Over 18s only



SUNDAY 13TH FEBRUARY

JERSEY GOLDSMITH WEDDING FAYRE

This intimate Wedding Fayre on Sunday the 13th February will bring together the very best of Jersey's wedding specialists. On site will be a hand picked selection of Jersey's stunning wedding locations, photographers that capture those priceless moments, artistic floristry, executive and vintage cars, and a repertoire of music and entertainment. An abundance of bridal gowns and outfits will be displayed on the catwalk along with hair, make up artists, wedding favours, ice sculptors and decoration. Unique designs in bridal and wedding jewellery will be on display at Jersey Goldsmiths with a chance to discuss your requirements and ideas with their experts and goldsmiths.

Contact Lynda Firkins on Tel: 01534 482098 for any details or questions you might have.

MONDAY 14TH FEBRUARY

GHOST

Back for one day only, relive the magic of Ghost on the big screen this Valentine's Day Jerry Zucker's (Airplane!, Rat Race) Oscar-winning 1990 film is back to tug at your heartstrings this 14th February. Sam Wheat (Patrick Swayze) and Molly Jensen (Demi Moore) are deeply in love, but a seemingly random mugging turns their world upside down. Sam is stabbed and dies in Molly's arms, not only leaving her devastated, but also vulnerable to a plot far darker than she can imagine. Sam hasn't gone very far however and finds himself trapped as a ghost, unable to move on, yet incapable of communicating with the living. Except for phony medium Oda Mae Brown (Whoopie Goldberg) that is. Now he must appeal to Oda Mae's good nature to get her to help him warn Molly of the danger she's in and put an end to the sinister machinations at work.

Release date: 14 February 2011

Running time: 127 mins

Director: Jerry Zucker

Starring: Patrick Swayze, Demi Moore, Tony Goldwyn, Whoopie Goldberg

MONDAY 14TH FEBRUARY

CAESAREA QUILTERS CLUB

The Caesarea Quilters (Patchwork & Quilters) meet on the third Monday of the month. The next meeting is being held on Monday 17th January at Trinity Parish Hall from 7.30pm to 10pm. There will be a block of the month assembly and interactive demo, a raffle and refreshments will be provided. For further details please contact Chairman Maureen Baxter, tel: 737300. For details of workshops please contact Sarah Matlock, tel: 487883 New members are always welcome.

THURSDAY 17TH FEBRUARY

JERSEY INSTRUMENTAL SERVICE

SENIOR CONCERT

Jersey Instrumental Service presents a Winter Concert featuring the very best of Jersey's young musical talent when the Jersey Youth Orchestra and Jersey Youth Wind Band perform in a sparkling programme designed to suit all musical tastes.

Adult: £5 Student: £Free// St James Church

FRIDAY 18TH FEBRUARY

KATY PERRY/PINK TRIBUTE

This tribute act will be a cracker. They have been heard on the Scott Mills show and are sure to give all that go to watch them a really great night out. Resident DJ Nelson will also be supporting to current and chart music too.

For more details contact the Royal Yacht on:

720511 Over 18s only

SATURDAY 19TH

MOONWALK ON THE SEABED TO SEYMOUR TOWER

Walk the gullies and gutters, cross sand bars, rock pools and discover Jersey's very own wilderness area. Revel in the stillness and expanse of an area that is covered twice a day by the ocean. Participants should be prepared to get wet to the knee (and sometimes higher!).

Time: advised when booking//Price: £12.50 adult, £6.25 child//Guide: Derek Hairon//07797853033.

Grade: Moderate – 3m (4.8k).

THURSDAY 24TH FEBRUARY

OASIS/DEFINITELY MAYBE

This tribute band are playing at The Drift to honour one of the most famous bands in the world.

For more details contact the Royal Yacht on: 720511 Over 18s only

ATURDAY 26TH FEBRUARY

BRUCE FOXTONS FROM THE JAM/SHAM 69

Bruce Foxtan was originally due to appear last November but due to an accident was unable to perform, so this event is a rescheduled one with the addition of Sham 69. Anyone that has an original ticket from November can still use it for the new date. This is a must for any MOD or Punk fan, plus it's in aid of Teenage Cancer Trust.

For more details please contact the Royal Yacht on: 720511 Tickets are £20, £25 on the Door and are available from White Label Records or the Reception and The Royal Yacht. Over 18s only

SATURDAY 26TH FEBRUARY

FOOD IN A FLASH WITH CAREFUL PLANNING

Cookery course - Saturday 26th February A demonstration of quick and easy risottos to more elaborate slow cooking methods which will feed the family or friends over the course of a week. The day includes a welcome with coffee, a demonstration, and a three course lunch to include wine (2 glasses).

£75 per person fully inclusive// Longueville Manor

//01534 725501 // info@longuevillemanor.com

MONDAY 28TH FEBRUARY - SUNDAY 10TH APRIL

SPRING SPECIALS

New season cuisine at rock bottom prices. Over half of the island's restaurants will be participating with special set priced menus, showing off the best of their culinary skills.

Island wide//Tel: 01534 885900



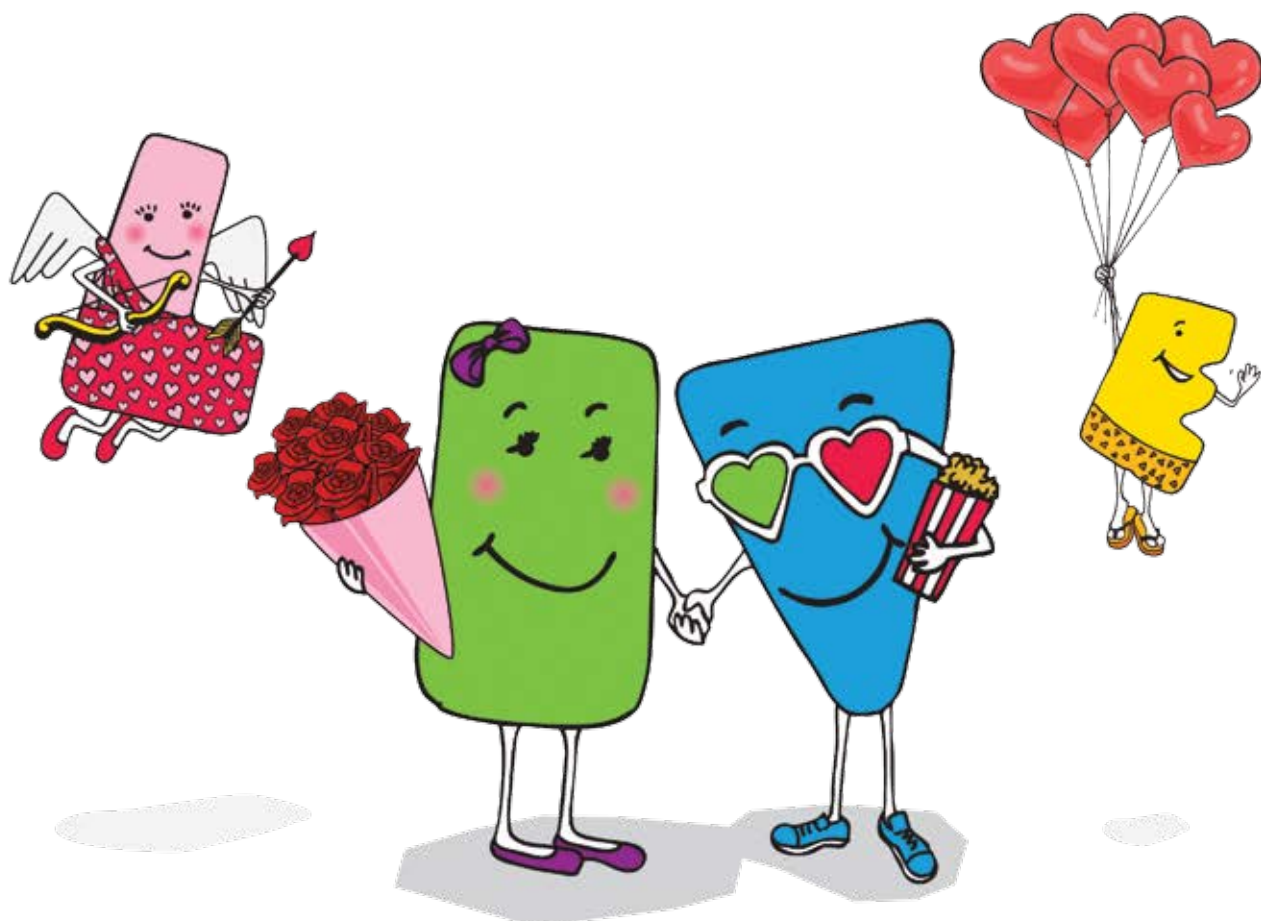
A NOVEL MEANS OF FUNDRAISING.

If you like the idea of hurtling around Jersey or the track astride a monster of a machine then this is one for you. Dave Double has come up with a novel fundraising idea, offering 300 people the opportunity to win a £14,000 Aprilia RSV4 Factory race bike. This is the same model bike that Max Biaggi, the winner of the 2010 World Super Bike Series, rode to victory only last year! Each ticket is £45 with all proceeds of the raffle will go to Headway. The draw will be held at Motorama on the 15th March. Tickets are available from Dave Double on 07797745475 or from Motorama.

JT LOVE WEDNESDAYS

Venue of the month

The Grand Jersey Hotel and Spa



Text love to 241
for your voucher

**Enjoy a 5* luxury overnight stay for two
for just £99! You can even upgrade your
room for as little as £10!!**

Package includes:

- Overnight stay in a Classic room
- 3 course dinner in Victorias
- Use of the award winning Spa facilities
- Full English breakfast the following morning

Just text 'Love to 241' throughout February and you
and your loved one can indulge in this package!

For a list of all our Love Wednesday partners including
cinema tickets, restaurants, bowling and much more...
Visit www.lovedwednesdays.com

JT  Wednesdays
www.jerseytelecom.com/love

See website for details. Offers are subject to availability. T&C's apply.



JER

A BEGINNER



We get quite a bit of input from a certain Mr Cameron McPhail. Never one to leave his comedic view of the world and the Island in an idle state, Cameron took the graphic skills of one of his co-workers to create this wry look at Jersey, all in a good cause. The map is the work of Ollie Nightingale, who is the talented illustrator and of course Cameron, the ever aspiring satirist. Although the project was largely done as a bit of fun, it has now evolved into a fundraiser for local charities. All proceeds from the print are to all go to the Sundeep Watts Memorial Fund, a charity close to Cameron's heart. learn more at <http://www.justgiving.com/Jersey-Beginners-Guide>



theenquirer



Coke pushers come in all shapes and sizes

TFI 2011

Fat, poor and insecure

The first showing of the Coke TV advert in late November each year is a watershed event. It's the moment when you realise that Christmas is nigh (whether you like it or not). Indeed, although 'the holidays are coming', with them arrive an assortment of ball-breaking issues - what present to buy the uncle you know is alive but you never see, the pleasantries of the teeth-pulling office lunch, and the mountain of work you have to plough through in order to get away from your desk by lunchtime on the 24th.

The festive period is a totally unique experience. For one, it's the only time we rapidly gain and lose pounds (lbs / £) at the same time in equal measure. It's also a time when people, through gesture, imply what they really think about you. From the four varieties of Lynx shower gel, the maxi-pack of undercrackers, and a net of oranges, a short assessment of this year's gifts reveals the personal shortcomings that are too sensitive to say to your face. Essentially, you're overweight, you smell like someone who reverses their pants, and that if you apply said 'scrub' with water hopefully you'll get laid, grow up and leave the family home (taking your Airfix kits with you).

The return to our respective orifices of business in January 2011 (plump, skint and still hoarse from the cataclysmic disagreements we had with each member of our family at the Christmas Day lunch) is somewhat welcome. Order is restored. Recent experiences to be filed in the back of our minds under the tab labelled 'forget' include: the look on Gran's face when she received another scarf from Tierack, the paralysing virus you caught from a colleague, the bank statement listing in painful detail how much money retailers fooled you into spending, and the read-out on the bathroom scales on New Year's Day.

And so the long road to repairing the damage caused to belt lines and bank accounts begins. With a positive foot forward, everything should be in order by late November - just in time for the Coke advert.

White House victim of clear and present breach

United States of America moments from declaring war on makeover terrorists

In the early hours of Tuesday 4th January 2011, a call was received in the Washington Department of State. The communication, believed to be from a Presidential aide, concerned a fundamental security breach - targeted at the private resident of the Chief of Government. The incursion (believed to be confined to the White House premises) had been carried out without warning, completely undetected. Although benign, with no ballistics involved, presidential officials deemed the act to be a show of strength - a statement of the terrorists' capability - and feared that repeat waves, more widespread in their scale and impact, could be expected. The Joint Chiefs of Staff advised that the act was a real and present threat to national security.

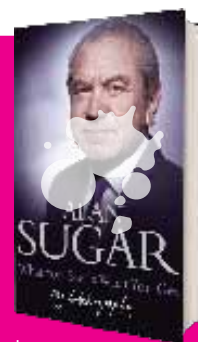
Acting on reasoned assumptions collated at the time, and guided by a vigilance code established by President John F. Kennedy following the Cuban Missile Crisis, cabinet officials were assembled in the Oval Office at 05:00 (Eastern Standard Time). A lockdown initiative was instigated, with the country immediately placed in a high-alert defence condition ("DefCon") 2.

By 06:45 Letitia A. Long, Head of the US Intelligence Agency, had briefed officials as to the cells likely to claim responsibility in the coming hours.

At 07:55, with no leads, hawkish dissenters grew frustrated with President Obama's inaction. Turning inward, they closed ranks, and applied pressure on the Attorney General to sanction an immediate strike on China - the world's largest exporter of the water, acrylic and oil based substances that may have been used in the attack.

At 07:59, following fierce exchanges within the Cabinet, an awkward consensus was reached. With the phone to his ear, the President patched through to the Pentagon.

As the penultimate digit in the firing code was relayed, the doors to the Oval Office were breached. The Chief Press Officer, without breaking stride, lunged for the desk on which the President's phone was sitting and ripped the cables from the device. Getting to his feet, and wheezing profusely, the man reached for his side and drew from his jacket a scrunched press release from the National Trust of Jersey and said: "It's the White House, on St Ouen's Bay, in Jersey, Mr President. They painted a little white granite munitions store green - and they're gonna paint it back. We're safe". (Cue Hans Zimmer.)



FIRED!

Apprentice fan mixes business with pleasure.

A man has been banned from a library - for pleasuring himself while reading Alan Sugar's autobiography. The unnamed man, who is in his 30s, was spotted acting strangely as he browsed the business section at Crawley Library, West Sussex. Security guards detained the man after staff saw him select Lord Sugar's book, *What You See Is What You Get*, before covering his lap with his coat. Police were called and held the man on suspicion of outraging public decency. A source at the library told *The Sun*: "He spent about 20 minutes looking through the books in the business section before selecting Alan Sugar's autobiography. He was behaving rather oddly so we kept an eye on him and then he just sat down with his coat over his lap and started pleasuring himself as he looked through the book. It was very bizarre behaviour and our security guys got a hold of him before too many people saw what he was doing." Lord Sugar appeared to be amused by the story, using it as a chance to get at Twitter rival Piers Morgan. He tweeted: "Mixing business with pleasure? Piers was that you?"

ChildhoodFantasy

Fantasy can be a wonderful thing, but in the mind of a child it can also be a dangerous thing. And if you had parents like I did, a fantasy-filled imagination usually led to a world of pain and suffering. It always used to annoy me intensely that all my friends had parents who thought that merely frowning at their offspring was the equivalent of a merciless beating. I, of course, was lumbered with parents whom the Gestapo would have rejected on the grounds that their methods were too brutal.

The first school they sent me to was run by a flock of nuns who could have transformed the Kray twins into missionaries. One day, my class of little angels-in-training was asked to write about what we wanted to do when we grew up. Everyone wrote the usual nonsense about wanting to help Mother Teresa with the orphans, or becoming a doctor to help the sick and the injured. One sanctimonious little Pollyanna wrote that she wanted to grow up to be like the Virgin Mary (which reminds me that even at the age of 10 I was stabbing myself in the leg with a pen to stop myself from laughing at other people's dreams - shame on me!). So, what did I write? Well, I indulged my own exciting fantasy about joining the French Foreign Legion and learning how to shoot guns 'properly' - which somehow managed to imply that I was already shooting them, albeit in an improper fashion. My parents were summoned to the school to explain my seeming fixation with firearms and my mother was delighted that the nuns wanted to flog me until I bled, if only because it saved her the effort.

When my parents were being particularly strict, I used to fantasise that they weren't actually my real parents. I remember announcing to them that I understood that they didn't love me because I knew I wasn't really theirs. I'd lie in bed every night imagining that when my real

parents showed up to claim me, they'd be glamorous, rich and hopefully American movie star types who would clutch me to them in a 'Lassie Come Home' style reunion. In preparation for this I began going to bed wearing a coat and shoes so that I'd be ready to run into their arms when that big Cadillac pulled up to whisk me away. I'd love to say that this was a passing phase, but it went on for nearly two years, and every morning my mother would cry with mock surprise "Still here, then?" as she tossed the Cornflakes at me. How they resisted suffocating me in my sleep, I'll never know.

It wasn't just my own parents who accused me of having an over-active imagination. A particularly dim-witted friend one day nervously confided in me that she had swallowed a ball of scrunched up paper. For a laugh, I told her that it was a terrible sin to eat paper and that lots of people had died in their sleep after doing so. The next day her furious parents showed up to inform my parents that thanks to my wickedness their darling daughter was half-crazed from lack of sleep and had been found trying to throw herself down the stairs to try and dislodge the 'killer' ball of paper she had swallowed. Amazingly, this time I escaped punishment because mother had always pegged this idiot girl as an attention-seeking little trouble maker (what - compared to me?) so for once my efforts at wide-eyed innocence actually worked.

My next foray into fantasy however wasn't so easily explained. At school there was a competition for the best Christmas story with a strong emotional theme. I really wanted to win this as the prize was a selection of my favourite things - books. I was almost delirious with need and greed, and determined to come up with a suitably 'emotional' tale that would help me get my sticky paws on those lovely books. So, while other children wrote about the lovely presents they'd received and the joyous family re-unions they'd been part of, I concentrated on a different kind of emotion. To my lasting shame, I wrote (tenderly, mind you) a touching, tear-inducing tale of how

on Christmas morning as the snow fell all around and church bells rang out, I had discovered my dear Granny dead in bed, her pale cold hands clasping her rosary, her long white hair framing her peaceful face as she went to join the Angels in Heaven. I then went on to write about my sadness and tears for my dear Granny (yeah, so much emotion) and ended with how no presents were opened that Christmas, but that the biggest gift of all (Granny!) had been cruelly snatched away from us. (In reality Granny was partying in New York with some long lost relatives.) Seriously, by the time I'd read out this doleful macabre tale there wasn't a dry eye in the class. My teacher gave me a big hug, saying what a brave girl I was and duly announced me as the prize-winner! Cut to about a week later when I was in town with my mother, and who did we run into? Yes, my teacher! Clasp my confused mother's hand she started offering her condolences on the sad loss of her mother and asking her if she had read my "truly beautiful" story? After the hiding I received for this latest transgression, I was the one in need of condolences. Obviously after this incident, I saw the error of my fantasy-filled ways and resolved to become a better person. I'm glad to say that I am now a fully reformed, God-fearing, well balanced, kind and caring individual. I mean, it's not like I'm writing this from a specially padded cat basket in Broadmoor's high security psychiatric hospital am I....? AM I?????

I'd lie in bed every night imagining that when my real parents showed up to claim me, they'd be glamorous, rich and hopefully American movie star types who would clutch me to them in a 'Lassie Come Home' style reunion.





> FACT FILE:

STATUS: VIRTUAL
NAME: TERRY LE COCQ
COMPANION: IMAGINARY
AMBITION: TO EARN 40K PA AS A STATES MEMBER
LOVES: SHOPPING IN FRONTIER
HATES: REALITY
SWORN ENEMY: GARY JONES FROM 6B

Worlds without

With the gaming industry now a bigger money-spinner than the original dream factory: Hollywood, **Leon Fleming** takes a look at the reality of fantasy.

illustration | **Andrea Jones**

In galaxies far away; on worlds undiscovered; in futures yet to be imagined; there are realms to explore, lands to be conquered, and quests to be won. I think most people will know someone who has at some point thought about getting involved in fantasy role-playing games; whether it be the physical kind in the grounds of some castle somewhere with rubber swords, or huddled around a board with plastic figurines and a hand of character cards, or in more recent years, on consoles and computers where you can fight magical beasts and complete mythical tasks from the comfort of your dark and musty-smelling bedroom.

I remember back when I was a teenager, I was one of those non-sporty types who for a little while flirted furtively on the edges of the fantasy gaming world. I have come to a point in my life where I am able now to admit that I had some friends who were into it, spending their Saturday afternoons in Games Workshop discussing the pros and cons of Dungeons and Dragons and Warhammer4000.

For those who are unaware of such places, Games Workshop is a huge chain of shops in the UK that sell the fantasy board games and all that goes with them; the books, the models of castles and medieval-style battle paraphernalia, as well as the little figures of Elves and Orcs, Goblins and Wizards. Often at the centre of the shop would be a table set up like some battlefield from Lord of the Rings, and surrounding it would be a number of geeky-looking teenage boys like myself, and a few even geekier-looking adults, all playing Warhammer or one of the other popular fantasy role-playing games; in a very serious manner, arguing over whose Mage had the greatest power, and whether an Orc could kill an Elf if he was riding a Battle Beast. Fortunately for my development into an adult, the complicated nature of these games and the seriousness to which other gamers pursued them saved me from being absorbed completely into these wars fought by the pimply and bespectacled for energy points and magic points, and every other kind of point imaginable.

But should I feel the need I can now immerse myself into fantasy gaming at

> FACT FILE:

STATUS: REALITY
NAME: MEGACOCK BLOODBATH
COMPANION: NOAKERELLA KLINGFEST
AMBITION: TAKE OVER WORLD
 WITH DEAD MOTHER
LOVES: HATE
HATES: LOVE
SINCE ENEMY: MOTYA THE BASTARD



Bounds

a pace which is my own, because these worlds and quests have their own computer and console versions, and what's more, they are interactive, they are online, and the other characters in the game are other real people sat at their computers all over the world. So I can spend the evening as an axe-wielding dwarf, killing the goblins who are drooling over some scantily clad elf, who perhaps is really a socially inept, slightly overweight thirty-eight year old lady in Tokyo.

One of the most fun parts of computerised fantasy gaming is that you get to redesign yourself as a character in the game; a creature that will represent you, fight as you and talk as you. Do I create an avatar that accurately represents my physical form and personality attributes: a character that is of less than average height, carrying a few more pounds than is attractive or proportional, whose slightly receding mousy brown hair is heavily flecked with grey, and who has all the sporting prowess of a less than mediocre tiddly-wink player?

No. Basically, no, that is nothing like what I go for. Instead I build myself as a six-foot-eight, muscle-bound, blond haired, chisel jawed, Scandinavian

warrior-god. The anonymity that the internet can provide is often one of the most wonderful things about it.

There are cases, many in fact, of young men, mainly young men anyway, who claim to be addicted to this kind of online, fantasy gaming. And it is true that there are some who are so absorbed that they do not sleep at night, do not go out during the day, do not go to school, do not work, and avoid interaction with other actual physical human beings in the real world. Is this an addiction? Or is it really an obsession?

In preparation for this piece I have spent some time playing one of the most popular online fantasy games; and have I become addicted? Have I been compelled to close off the outside world from me so that I can immerse myself completely in the fictional land where my warrior-self can rise through the levels of magic and experience?

No. I am not addicted, and to be quite honest, there have been times when I have been so unaffected by the thrill of gaining points for this and that or chatting with the characters within the game, that I have walked my character into the nearest body of water and allowed him to

drown. So I don't think it will matter how much more of my short human life I allow to pass me by while I sit pensive in the dark in front of my computer monitor; I think it is safe to assume that I will at no point become a victim of online fantasy role-play gaming addiction.

As well designed and developed as these games are, I would much rather read a book, watch a film, sleep, talk to someone, anyone. Anyone at all.

This I think says something not only about me, but about those that do become embroiled in this kind of gaming to the point that they may be considered an addict. Perhaps it is not the game that is the problem, this thing that holds what are mostly teenage boys and young men away from reality. Perhaps there is something wrong with our real world that these people feel is unable to embrace them or take seriously their fears. The problem is not necessarily theirs, but maybe it is ours.

WHAT A DIFFERENCE A YEAR MAKES, **8,765 little hours...**

In what seems like only a matter of weeks after Mother Nature wrought catastrophe on Haiti, one year on we spoke to the people from Jersey who have been out there making a difference and trying to help restore order to the previously little known Caribbean island.



Above: 1.5 million are still living in make-shift tarpaulin tents

Right: A completed schoolhouse identical to the one HELP are funding

The earthquake that struck Leogane in Haiti claimed an incredible toll - more than 230,000 lives, as well as leaving hundreds of thousands wounded or homeless. Millions of dollars' worth of damage devastated the countries already inferior infrastructure and homes, schools and hospitals were destroyed.

Haiti was already the poorest country in the Western hemisphere following years of dictatorship and extortion by the French government who continued to take enormous sums of money from the economy for alleged losses from slave income when Haiti won its independence as well as earlier devastation from hurricanes.

Having been shocked and saddened by the scale of the devastation and the enormous death toll, a group of local people began the

Help Haiti effort in February 2010. Headed up by collaboration between the teams behind Cowshed Acoustics and Jersey Live with the support of Matthew Corbin, Colin Stanier, Louise Moore, Jacqui Le Gros, Ben Davies, James Rotheram and numerous other volunteers, Warren Le Sueur & Niall MacFirbhisigh got together and organised the Help Haiti CI concert at Fort Regent. From conception to execution the whole event was put together within 4-5 weeks and despite this and appalling weather on the day, over £18,500 was eventually raised.

As well as a £6,000 donation to the Bailiff's disaster relief fund, which supported the Red Cross, US\$15,000 (just under £10,000) has been gifted to the 'All Hands Volunteer' organization in Haiti. This money is going toward the funding of a Transitional Schoolhouse which will be school No 11 of 30 that All Hands are building and they're looking for volunteers to help. Details of how to get in touch are in the box at the bottom of the page overleaf.

The design of these transitional schools, which are both earthquake and hurricane proof, includes shutters that have usually been artistically painted by the volunteers with prominent Jersey artists Nick Romeril, Jason Butler and Kevin Pallot having agreed to design and paint these in order to personalise the school. A plaque will also denote that the school was built as a gift from the people of Jersey.

Thanks to the support of Giles Corbin of Mourant Ozannes, concert organisers are now formalizing their collaborative and will be known as the Help Trust. 'HELP' will look to raise the additional funds required to complete the school which amounts to approximately £5,000 and begin a schedule of fund-raisers to fund this and any other need that might arise in the future.

CONTINUED OVERLEAF

“Having been shocked and saddened by the scale of the devastation and the enormous death toll, a group of local people began the Help Haiti effort in February 2010.”

What can YOU do to HELP?

- Become a fundraiser, or make a donation
- Volunteer to work on the school house in Haiti
- As a business or sponsor, support your colleagues or friends in their fundraising and volunteering efforts with time off or financial backing.

To find out more about the school house and learn how to donate, volunteer or get involved visit

www.helptrust.co.uk

To find out more about the work of All Hands visit **www.hands.org**



JAMES MORGAN, JERSEYMAN IN HAITI

What made you want to get involved/help Haiti?

Seeing the suffering in Haiti and other disaster areas through the media I had always found it hard to come to terms with the idea that these places existed in the same world as beautiful prosperous places like Jersey. Having saved some money from working a year locally I decided to leave to go and travel to one of these countries, to work as a volunteer so that I could confront this world for myself.

What shocked you most when you first arrived?

The initial jeep ride from the airport through Port Au Prince left an impression on me I will never forget. It had been months since the earthquake had hit and yet still the scenes I witnessed from that passenger seat were of a city in ruins. Rubble lined the streets, IDP (Internally Displaced Person) Camps filled every open space and partially collapsed buildings looked as if they were about to topple around every street corner. The thing that stuck with me the most was the local translator of about 18 years of age who first greeted me at the airport. I had only been in the country for half an hour when, as we drove, I asked him about his experience of the earthquake. He answered by describing to me the story of how he had lost his mother when his house collapsed.

How long have you been in Haiti / do you intend to stay?

I have been in Haiti for 5 months now. I arrived at the beginning of July. I am currently on a contract that sees me staying here until April 2011. At that time I plan to return to Jersey to see my family and then after that I would like to return to Haiti to continue working on the project. Short term contracts with these kind of home breaks are the norm in the development/disaster relief industry.

What do you believe is the most beneficial / interesting project All Hands have undertaken in Haiti?

Due to my involvement in the Schools project I found this to be the most interesting and certainly of great benefit to the local communities. The rebuilding of schools is a hugely important step towards reclaiming family neighbourhoods and regaining some sense of normality into peoples lives. Allowing children to learn and play again together, and seeing the smiles on their faces gives me hope for the recovery.

Are All Hands making a difference?

Undoubtedly. Anyone can see the day to day progress that is made in the huge task of rubble clearance, the school building project, orphanage and many other projects that give All Hands a broad interaction with the local community. Besides the measurable results of their work they also play an important role within the NGO community. Most NGO workers zoom around in huge white jeeps with the windows wound up, All Hands Volunteers walk the streets, make friends with the Haitian community and effectively act as ambassadors for NGO presence within the country. This sends an important message of solidarity to the Haitians that the international community stands shoulder to shoulder with them.



The Gallery office has been buzzing this month with the second four legged friend as a full time member of our menagerie. This month we feature our new team member:

me&mypet

Gary, Sophie-Lea & Bently

Breed:

Gary: Human

Sophie-Lea: Human

Bently: Wee-Chon (Westie/Bichon Frise)

Age:

Gary: 21

Sophie-Lea: 21

Bently: 16 weeks

Likes:

Gary: The day after deadline at Gallery when I can finally relax!

Sophie-Lea: Shopping and a glass of wine

Bently: Robbing anything I can get my paws on (shorts, socks, plastic bottles) and hiding it in my bed!!

If you could be any human or animal:

Gary: A meerkat... Because they make me laugh.

Sophie-Lea: Bently. Because he has such a nice life!

Bently: Usain Bolt. Because I love to run but only for a short distance, then I just want to sleep.

Hates:

Gary: The sound of people eating.

Sophie-Lea: Brussels sprouts and hangovers. Just mentioning them in the same sentence freaks me out.

Bently: Being wet, it drives me mad!

Wants:

Gary: A Range Rover Sport

Sophie-Lea: A holiday.

Bently: To grow as big as Plato (the Gallery office dog). Oh and world peace of course.

Fascinating facts:

Gary: I can't burp (Honestly, I really can't!)

Sophie-Lea: I have been to 28 different countries... and counting.

Bently: I'm one of the only two Wee-chons in Jersey

Most impressive thing ever done:

Gary: Travelled the world for just under a year with my two best friends.

Sophie-Lea: I have wanted to be a hairdresser since I was a little girl, I have achieved it by qualifying with a level 3 and I love my job now.

Bently: Learned to jump off the sofa last week!



not actual size... but not far off....

community



The bus driver didn't miss Tracy this morning...

Stepping in just in time to catch the long winter nights and cold weather hazards, local mortgage and savings specialists Skipton International have funded a new range of high visibility safety uniforms for Jersey's school crossing patrol teams. Pictured above is Tracy Vallois, who regularly escorts children safely across the road outside the Jersey College for Girls Preparatory School.

Lloyds TSB Foundation invests over £395,000 to tackle disadvantage in the Channel Islands

Over £265,000 worth of grants awarded to charities and not for profit organisations across Jersey. John Hutchins, Executive Director at Lloyds TSB Foundation explains "We are delighted to announce the second series of 2010 Lloyds TSB Foundation grants to so many worthy causes across the Channel Islands. The nine Jersey organisations to whom we have made grants all play a very important role in the day to day lives of people living on the Island; whether it be providing support and assistance, or offering vital rehabilitation, education and healthcare services to those that need it the most. The funding will be used in a variety of ways by each beneficiary, from providing more staff to funding specific projects. We know it will make a valid contribution to both the community and the individuals served by all the great charities working across the islands." The beneficiaries' of the grants in Jersey included:

- > Art in the Frame Foundation: (£1,000)
- > Caesarea Association: (£15,000)
- > St John Youth and Community Trust: (£10,000)
- > Roseneath Trust: (£90,000)
- > Girl Guiding Jersey: (£500)
- > Centre Point Trust: (£10,000)
- > Jersey Alzheimer's Association: (£12,000)
- > Sailaway: (£1,000)
- > Autism Jersey: (105,000 spread over three years)



B&Q Showroom Manager Hugo Duarte, Jersey Women's Refuge Deputy Manager Sammy Price and RBC Wealth Management's Sports and Social Chairman Andrena Ball.

Wash and brush up for Jersey Women's Refuge bathrooms

The bathrooms at Jersey Women's Refuge are getting a new look for 2011. With a £700 donation in hand, the deputy manager of the Jersey Women's Refuge, Sammy Price, has bought new shower doors and a sink from B&Q to install at the premises. The donation was the result of cash raised by RBC Wealth Management staff participating in dress down days in 2010 and was further boosted by B&Q's own offer of a 15 per cent discount on the goods purchased. Sammy said that refitting the bathrooms would be a great start to 2011 for the Refuge. 'Freshening up the bathrooms will be fantastic for us and the residents. We try and make the refuge as homely as possible for the ladies and the children who need to use our facilities and the RBC Wealth Management donation has helped us do that.'

The staff also did their bit in December, providing stockings for SCBU. The stockings, filled with a teddy, rattle set and sleep suit, were bought for each baby in intensive care over the Christmas period thanks to money raised by staff at RBC Wealth Management as a result of their December dress down day.



Carey Olsen head of property Chris Philpott (left) and Acorn Mortgages' Karen Scott (right) with competition winners Kerry Roberts (with Ava Gomes) and her partner Leo Gomes.

A moving gesture

Carey Olsen and Acorn Mortgages have awarded a prize with a total value of £2,000 to a young couple looking to buy their first home. Kerry Roberts, and her partner Leo Gomes, have won £1,000 towards conveyancing costs, undertaken by Carey Olsen, and £1,000 towards mortgage fees arranged by Acorn Mortgages after entering a competition at the joint Carey Olsen/Acorn Mortgages stand at the Home Life Show exhibition held at Fort Regent in November. Carey Olsen's head of property, Christopher Philpott said: "We are delighted that this valuable prize has been won by a young couple looking to purchase a family home. We look forward to advising them once they find the property they are looking for."





JTC staff raise over £9,000 for CLIC Sargent Jersey

Staff at Jersey Trust Company have banished all thoughts of economic doom and gloom to raise over £9,000 for children's cancer charity CLIC Sargent Jersey. The money was raised throughout 2010 after staff selected CLIC Sargent Jersey as their nominated charity for the year. With dress down days, cake sales and raffles, workers at the firm undertook also took some more extreme challenges to raise funds, including the annual Castle to Harbour swim and sponsored skydives over St Aubin's Bay.

CLIC Sargent is dedicated to caring for children and young people with cancer and supporting them and their families, both in hospital and in the community. The Jersey branch of the charity is distinct from the UK arm and spends all its funds locally.

Children and young people with cancer cannot receive certain treatments, such as chemotherapy, in Jersey, making travel to and from the UK essential. In addition, young cancer sufferers are less able to regulate their bodies and need to be cared for in a constant temperature environment, which can place a strain on heating bills during the cold winter months. The money raised by Jersey Trust Company will be used to provide support in all these areas and many more, helping local families to cope with impact of cancer on a child or young person.

Philip Burgin, one of the Group Directors at Jersey Trust Company, said: "Everyone knows that 2010 was a tough year financially and charities, like other organisations, have been affected by the economic downturn. As a local company we take great pride in supporting the community. The team really went the extra mile in their fundraising efforts and even persuaded me to jump out of a plane for this very worthy cause!"



A group of people wielding sickles spells trouble in many parts of the world. Luckily it looks like a member of the TA was at hand to keep the peace.

Restoration work boost for St Ouen wetlands

It's a surprise that RBC have any time to do any banking. Judging by the prolific volume of CSR-related information we get each month it seems they spend a great deal of their time out in the community. Not content with installing bathrooms and giving stockings to babies, they're also at one with nature. An 18-strong team of staff, their families and friends braved the snow and ice with members of the National Trust for Jersey at the overgrown wetlands area at La Mielle de Morville. The group cut back and thinned areas of overgrown reed, brambles and bracken and coppiced larger trees. Damaged chestnut fencing was also replaced. Chestnut fencing; the best kind.

Jon Horn, Lands Manager from the National Trust for Jersey, said the team completed in one morning much of the year's required management works.

'The volunteers have opened up the area to a wider variety of plants, animals and insect life and have prepared the site for overwintering birds,' said Mr Horn. 'It was a really superb effort and the National Trust for Jersey team were then able to complete the remaining work to make the site ready for wildlife within a week. By the summer of 2011 people will be able to see a real transformation in the area.'

Last year a grant of £75,000 was made by Royal Bank of Canada (RBC) to protect, enhance and promote Jersey's wetlands over the next three years as part of the company's global RBC Blue Water Project.

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Twitterwit

Miss Kitty Plum

Marketing expert turned lingerie entrepreneur and owner of Plums lingerie boutique, which reached the finals of two prestigious national awards last year, Katherine Salt has never been a girl to sit still for long. Since Plums Lingerie opened its Colomberie doors in 2006, she's sent it global with an online boutique (www.plumslingerie.com) that's built a strong international customer base since its launch in 2009. Katherine Salt is better known on Twitter as her nom de plume Miss Kitty Plum, sending out knicker-inspired tweets to her thousand-strong fanbase of lingerie lovers. We caught up with Kitty Plum herself on Twitter to find out if her dream career lives up to the fantasy...

G - Hi Kitty – what's happening?

K - I'm in Las Vegas @ the Blogworld conference meeting up with the social media gurus & learning all about the latest in social media.

G - Vegas! Great venue for a conference - beats the Radisson any time. What's been today's top social media tip?

K - Reciprocity is the basis for social media success, give information, comments and support and you will be trusted by the community.

G - Being a lingerie supplier of course, support is what you do so well!! But how else have you seen social media help business?

K - Social media gives customers other ways to speak to us & keep up with news on a more 1-to-1 level especially our online customers.

G - What's been your favourite lingerie brand discovery?

K - Tricky to pick. Eternal Spirits corsets are stunning. Simone Perele has loveliest lace shorties. Prima Donna does sexy up to an H cup

G - You've already got a day job in marketing so how did Plums come about?

K - I now work for myself. We saw a gap in the market. I used to go to London to buy lingerie and found lots of other ladies did too.

G - What's been the biggest innovation in lingerie in recent years?

K - Ironically the renaissance in vintage lingerie, personally I prefer the silhouette of contemporary lingerie

G - Hold-ups or proper stockings?

K - Proper stockings of course, Cuban heeled, fully fashioned silk. My favourite brand is Cervin.

G - What's your guilty pleasure?

K - Corsets. I love the structure and artistry in them. Nothing else can give you such instant glamour and allure

G - Champagne or cocktails?

K - Champagne, crisp and dry. However there are some lovely champagne cocktails, so I wouldn't want to limit myself.

G - Favourite place in Jersey...

K - Gorey, I like nothing better than sitting outside Castle Green on a summer's day for a lovely lunch.

G - Is there a story behind the name Plums?

K - It was a suggestion from a friend. We were really struggling for inspiration and it came from the colour of the interior.

G - Where's your favourite beach destination... and which bikini would you pack?

K - Just one!?! Whitsunday Islands in Australia are stunning and I'd need a suitcase filled with Gideon Oberson bikinis and wraps.

G - Your mum (Mumsie) gets regular mentions on your Twitter updates -

In our series of tw-interviews, Gallery goes iPhone to iPhone with the Jersey twitterati to find out – in 140 characters or less – what's going on.

does she know?

K - Yes she knows and now constantly exclaims 'Don't put that on Twitter' whenever she does something daft!

G - As a retailer and marketing expert, how would you market Jersey?

K - As a tourism destination it would be as a niche luxury brand, the perfect relaxing getaway. Fine dining, beautiful scenery and luxury hotels...

K - And for business, I feel we need to look outside finance to become a destination known for expertise in technology and the associated professions.

G - Describe yourself in three words...

K - Hardworking, spontaneous and irrepressible

G - As February's issue is themed 'Fantasy', tell us what your fantasy life would be...

K - I think it would involve travel to far off lands, meeting fascinating people and experiencing new cultures

G - What's the way to your heart?

K - Flattery, persistence and cooking ability.

Sold on suspenders, or curious about corsets? Follow Miss Kitty Plum on Twitter - @PlumsLingerie, and join her regular Twitter chat #lingeriechat on Sundays at 6pm.

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Two backpacks and a pair of trainers.....

Stressy Jessie escapes to India.

words | Jessica Stanier : Illustration | Ben Robertson



We set off from London in our double decker plane two months ago, each equipped with two backpacks and a pair of trainers. I'm lucky enough to be travelling with two amazing girls from Jersey. We drive each other crazy but keep each other sane, it's an intricate balance. We've done so much that I don't even really know where to start....

DRAWN IN A
CAFE IN INDIA



>> I worked at an orphanage with ten disabled kids and ten babies and loved every minute of it, despite it being the hardest thing I've ever experienced. At the end of every day's work we had a Chai tea party with the nuns who ran the orphanage (St Theresa's). Every day they'd bring us whatever they could find; biscuits, old birthday cake and weird sweets we'd never seen before. They couldn't thank us enough. The kids would wave us goodbye in the evening, and the next morning they'd be sat up waiting for us to arrive. You make tight connections with little ones who have nothing and no-one, and you feel like you are breaking the relationship you made when it's time to leave. But even if we made those kids' lives better for just a short space of time, it was worth it. Even if we made them smile for a day, it's still worth it. I don't want to write too much about the things I saw in the orphanage here (I want this article to be sunny) but if you fancy knowing more just click onto my blog.

India is a country of firsts for me. I rode in my first auto rickshaw, took my first taxi bike, ate my first curry from a banana leaf, jumped my first waterfall, saw my first street ox and killed a record number of mosquitoes! In the first month when we were working at the orphanage we took three buses to get to the site, each one cost us around

of Bollywood music spilling out of bus windows, and maybe you can picture something close to India.

The women move like ants, scurrying single file and carrying ten times their body weight on their heads for miles without tiring, whilst their men walk lazily by their sides, hands empty. Apparently they know that women are stronger/better/brighter than men, so just leave them to it. Cars on the motorways just stop and start, turn and zig-zag, as they please without a care for their neighbours. They don't use mirrors, or look out of windows. They just beep. Beep relentlessly as if something is terribly wrong. I was told by an Indian driver, 'You have to be able to converse with your horn to drive in India'. Even after being here for a month I've started to understand what he was talking about.

Yesterday in a taxi I was asking the driver what Sri Lanka is like and I was told 'The people in Sri Lanka have very dark skins. It because they eat hot chilli. I eat medium chilli, so I have medium brown skin. You white skin because you eat no chilli. This is why skin is different.'

It is amazing the different things that people out here believe, like their perception of Europeans. Basically they think that we are literally like white people in films. For many Indian people they have never actually seen a white person apart from on these films, so say if an Indian watched 'Cruel Intentions', that's the stereotype they would believe. That's how they think we are in real life. It is so weird!

Skin whitening programmes plague all the adverts on Indian TV just like fake tan does at home. They walk around with umbrellas and gloves on in boiling weather to protect any part of exposed skin from tanning. At home 'sun kissed' skin is fashionable, here 'pure white' skin is what they want. I guess the grass is always greener.

We're leaving India today, so if you're interested to find out what we are doing or whereabouts we are, then take a peek at my blog, or the next Gallery issue when I will be reporting back from somewhere new!

Cars on the motorways just stop and start, turn and zig-zag, as they please without a care for their neighbours. They don't use mirrors, or look out of windows. They just beep. Beep relentlessly as if something is terribly wrong

10p. The local transport here is total organized chaos. There are no signs for buses, no designated stands, what you do is walk around and shout the name of where you are going, and then listen for anyone shouting the same name (very similar to 'Snap' actually). The guys are like rappers, shouting names of places at the tops of their voices until it sounds like a song: 'MAPUSA, PANJI, PANJI, PANJI, MAPPPPPUUUSAAAA' and when you reply 'MAPUSA' they turn and copy you, pointing to whatever bus you should be getting on. It's pure brilliance! Imagine this shouting, combined with the incessant beeping, thousands of constantly moving people, a rainbow of saris, the chatter of tens of different languages at the same time, the jingle



Want to know more about Jessy's trip?

Log onto stressyjessyescapes.blogspot.com for all the updates as they happen and don't forget to check out next month's travel section for more.

re:LAAX*

words | Russ Atkinson

As we sat, somewhat disheartened, in Jersey Airport where a whole three millimetres of late November slush threatened to thwart our air travel efforts to reach the sunny, snow-capped peaks of Switzerland, I couldn't help but wonder, given the situation, how Alanis Morissette would feel.

Mother Nature must be a fan of winter holidays though, because she was aware enough of our plight to take pity and halt her snow making efforts over the Channel Isles with just enough time for our flight to escape – just a few hours behind schedule.

Thankfully, we were flying with Blue Islands who kept fresh stocks of coffee flowing, biscuits crunching and newspapers rustling in their fantastic lounge whilst we waited. Before we knew it we'd touched down (via Guernsey to drop off stranded passengers) at a snow-dusted Zurich airport and in typically Swiss fashion, everything was running like clockwork – even the bags beat us to the conveyor belt. How often does that happen?

Only a couple of hours on a train to Chur followed by under an hour on a coach saw us arrive on our doorstep for the week, the Rider's Palace in Laax, a contemporary concrete chateau

clad in mirrored glass and blocks of colour. Baggage suitably disposed of, we exchanged our cavernous concrete abode for a small club packed with seasonaires playing all the classic euro-dance hits, which gained full marks for amusement before retiring ahead of the first snow day of the season.

Laax is an up and coming resort but by no means lacking as it currently stands and it only promises growth as time passes. Small, but perfectly formed and with exquisite attention to architectural detail, it's sure to be a winner not only with the zealous riders and skiers but also with those who are contemporary culture connoisseurs. Everything centres around the Rocks resort; vast, cubic extrusions clad with the fallen rock of local landslides past that serve as stunning apartments as well as a number of shops, rental depots, pubs and bars, cafes and restaurants.

Suspended below a choice of two lifts from the base stations at the heart of the Rocks resort you'll find yourself

approaching a 'James Bond villain'-style lift station that would turn Goldfinger green whilst just below in its shadow is Europe's largest superpipe, surrounded by no less than 220km of pistes, four descents with guaranteed snow and four snow parks, bolstering the total half pipe count and bringing it to two. Even so early on in the season the snow making machinery could be seen floating to new destinations, cradled beneath helicopters to provide a dusting of what we all craved and despite only a sprinkling of lifts being open at such a quiet time in the season there was always some freshly laid terrain up for grabs. There can't be even one square metre of mountain that couldn't be ridden which should keep you busy and provide enough encouragement and inspiration to brush aside that hangover from the previous night, get out there early and claim your own patch! Easier said than done, admittedly, but definitely worth it.

Following a bordering-on-epic journey to the top of the Vorab glacier at over 3000m the ride down was sublime,

It's pronounced 'Laarx' not 'Lax' – Just so you don't sound silly when discussing it with Swiss people.



despite being bashed for the novice. Ski school was in full swing and a few more runs were being sculpted, but the selection of refreshments at the top was up to scratch and the ride back down a small, unabashed track along a ridge beat taking the lift back poles down, and provided some laughter when it levelled off and the snowboards ground to a halt briefly. Skiing is definitely experiencing a resurgence.

It doesn't take long to tumble into a familiar routine in Laax, yet there always seemed somewhere different to go once dusk fell. 'Il Pup' for zwei bier and a bit of table football was a favourite and also where we learned quite quickly that people from Poland are mostly phenomenal at table football, literally taking it to another league. Other bars worth a mention are the trendy 'Indy', the unfortunately-named lost in translation 'CrapBar' and of course the Rider's Bar back at the hotel. To quell the grumble from your gut choose anything from a burger at Il Pup, Italian at Camino in the Hotel Signina, Asian dishes from Thai to Vietnamese via Japanese at Nooba or more traditional Swiss cuisine at Grandis, which boasts a choice of over 1000 wines to accompany your meal. That's right – time for 'eeny meeny miney moe' people. Of course, that's not all of your options and don't forget that the neighbouring resort of Flims is just minutes away by bus.

Still too early for bed? In that case it's time to hit the bars and clubs again and there's no shortage of them all within viewing distance of each other, depending on how much you've had, all before waking again, bleary eyed and making a beeline to either the Rider's bar or coffee shop at the Rocks for a breakfast of croissant, coffee and juice before doing it all over again.

The Rider's Palace club plays host to internationally acclaimed acts throughout the year, and just so you can appreciate the gravity of this claim I'm going to let you into a little secret about who'll be playing this year; that's right, none other than the Ger-merican legend David 'The Hoff' Hasselhoff. Understandably, this is huge news in Switzerland – those Swiss-Germans just frickin' love it.

As much as witnessing the Hoff singing in his finest indistinguishable German to a crowd of unhinged fans would have provided almost insuperable amusement it was the Deftones' turn to play to the hundreds during our stay, which really made it for me. A near-perfect balance of snow and blue skies, a wide and varied choice of places to feed and water, a host of friendly faces and live music on your doorstep didn't leave much to ask for. Well, nothing entirely realistic, anyway.

Laax still has another trick up its mountainous sleeve though; the brand new for this season 'Freestyle Academy'. This gem of a facility will be a hit with all ages – perfect for keeping the kids out of trouble whilst you snap up some 'you time' but equally valuable for nailing a new trick safely before you hit the parks with it and inevitably hit the ground attempting to get it right, because let's face it, nobody wants to go home early.

Packed full of trampolines, ramps, foam pits and other soft landings for all of your winter pursuits as well as skate bowls for your little nose miners and the older generations alike to get stuck into you can be just as at home shredding here as you can further up the mountain. With introductory courses as well as a choice of big air ramps leading into the biggest of the foam pits, it's the ideal tonic for anyone seeking an indoor thrill. If you've got kids, think of it as a kind of 'extreme crèche', but with far more credibility than anything described as such could ever afford.

Whether or not you believe me, I'm completely sold on Laax and have no doubt that I'll be back again this year ... I'll be the one in Il Pup swigging a large glass of the native Calandia beer and being woefully beaten at table football (again) after another day of punishing my legs in the best way possible.

Get going...

We cut out the London nonsense and flew direct to Zurich with Blue Islands (www.blueislands.com) and stayed at The Rider's Palace (www.riderspalace.ch). With a short transfer it's a rapid route to the snow. A big thanks to Hayley at Blue Islands and Britta at Laax.





Syvret
Mr & Mrs Syvret

That's the sort of service
you can't put a price on

A Grand Affair?

words | Advocate X

Don't call it a comeback / I've been here for years / Rocking my peers / and putting suckas in fear*. That's right. There I was, taking advantage of the full range of opportunities available in my hard-earned retirement (translation: drinking rum and watching Sky Sports HD) when the call came in from Gallery Towers.

"Is that Advocate X? We've got a new mission for you. A mission only you can fulfil. Well, maybe only you and Lady X – we've noticed she's got excellent taste in pretty much everything apart from men."

"I see. And does this mission involve men?"

"No."

"Good. What does it involve, then?"

"Reviewing a hotel."

"Excellent. We'll be staying in a suite, then?"

"Er...(silence)...Yes."

"And there will be Champagne?"

"Yes."

"And access to a state-of-the-art spa?"

"Yes."

"And the use of a private cinema?"

"Yes."

"And dwarves wandering around with silver platters piled with endangered animals served medium rare balanced on their heads?"

"No. But we weren't joking about the other stuff. And we'll throw in some more Champagne."

Wow. And this was in Jersey? I booked us in for an early Valentine's midweek treat and informed a delighted Lady X that she should drop the adorable, if slightly hyperactive, Baby X at her parents' house in the afternoon (together with a large supply of nappies, blueberries and digestive biscuits – which, we have discovered, are pretty much all you need to keep a baby alive) so that we could enjoy a proper break.

The day arrived, so I sneaked out of work at 5pm sharp and met up with Lady X in Grand Jersey's Champagne Lounge. It had been a while since I had been to the Champagne Lounge, and I had forgotten just how many different bottles there were to choose from. I spent a good few minutes happily eyeing the list and, despite being tempted by the Krug and vintage Roederer, plumped for a bottle of NV Taittinger.

Moments later it arrived, accompanied by the manager, who (despite our not having been to the reception desk) i) knew who we were, ii) reminded us what time we were booked in for dinner, iii) passed us a list of films to choose from for later, and iv) let us know our bags were already in our room (with clothes hung up) so we could head upstairs whenever it suited us. Crikey. If every guest gets the same treatment, the man must have a memory like a particularly well-endowed elephant

A couple of glasses later, we went up to our room, and were greeted with

what seemed like a full-on apartment, containing a large lounge and balcony with views from Noirmont to Fort Regent. We were then pleasantly surprised to find that the bed was covered in rose petals (although I somehow managed to keep a straight face when Lady X thanked me for being so thoughtful). The décor is sleek and modern, and I must make special mention of the funky lighting behind the bed, which can be set so as to cast a decadent red glow over the bedroom.

Having got changed into our glad rags, we then went back downstairs for dinner. Having been to a few work functions at Grand Jersey, we were impressed by the way the cavernous main dining room had been changed using curtains and artful lighting into an intimate dinner area. The other notable element was the service – again, the staff knew our names and appeared by our table the instant we looked like we might want something.

The menu at Victoria's wasn't the longest in the world (we ended up mixing and matching from the à la carte and table d'hôte menus) but we were both pleased with our choices when they arrived. The wine list contained some interesting selections from around the world – although our choice was very traditional (a 1999 Ch. Trotte Vielle – which turned out to be excellent value for money). I've mentioned this before in other reviews but it's always worth saying – some customers (such as me) really like pouring their own wine and water and so it was

* If you don't get this reference, fire up iTunes immediately and download 'Mama Said Knock You Out'. You can thank me later.



good to see that Grand Jersey left both the decanter and the carafe within reach.

When dinner had finished, we moved on to the piece de resistance of the evening – use of a private cinema. The bar staff had thoughtfully kept the bottle of Champagne we had started earlier on ice and brought it through, together with a couple of extra complimentary glasses of fizz. Now, if I were once more a young and thrusting lawyer trying to charm my way into the affections of a series of beautiful new acquaintances, then I wouldn't even be saying this (as I simply wouldn't want anyone else to know about my secret weapon) – but my God, having your own cinema with total privacy and easy access to alcohol is basically a shaped explosive charge designed to blow off even the sturdiest of chastity belts.

You can choose from a decent list of films or bring your own DVD – you're shown into a room full of proper comfy cinema seats and provided with said booze and then that's it – you can do whatever you like. Which (of course) in our case was snuggle up and watch *The Girl With the Dragon Tattoo*. There's nothing like a bit of Scandinavian murder mystery to get you in the mood for a good night's sleep.

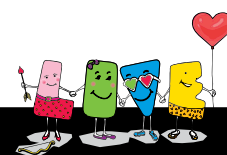


The next morning, we had a lie-in for what seemed like the first time in years before heading to the spa complex. The spa itself is a subterranean labyrinth with (aside from the treatment rooms) a pool, gym, spacious changing rooms and a very cool 'chill-out' room where you can relax before and/or after your treatment. Lady X had chosen a facial while I had gone for a massage – and we had been given a double treatment room. This was just as well, as the spa's entire staff seemed to comprise of very attractive females and I'm not sure how happy Lady X would have been to leave a mostly-naked me alone to day-dream with any of them.

The treatments over, we were both feeling about six times better than when we had arrived the previous day. I was able to check out and then walk straight to work which drove home a surprising point – we

could have been anywhere in the world for the last fifteen hours. You can drive past Grand Jersey every day on the way into work and not think twice but once inside, you certainly don't feel like you're in St Helier until you step outside again.

In particular, every single member of staff we had met (and we counted about fifteen) had been as friendly and helpful as was humanly possible and gave every impression that even if we had asked for dwarves with silver platters, they would have arranged it in a heartbeat and taken the risk of imprisonment and possible deportation on the chin. That's the sort of service you can't put a price on, and the principal reason that we're likely to return in the very near future.



Valentine's package

February is the month of romance and for 2011, Grand Jersey have designed a range of luxury romantic breaks tailored to you. Find out what type of romantic you are by answering their simple online survey on their website (www.grandjersey.com) and they will respond to you with the perfect package.

Advocate X had the Overnight package including overnight accommodation in a Suite, use of the Spa facilities, dinner in Victoria's and then added the Film Lovers package to include a film and Champagne in the private cinema. The same package combination is available from only £140 per person.

Love is in the air!

Due to popular demand, Jersey Telecom and the Grand Jersey Hotel and Spa have rekindled their Valentine's relationship and are offering a luxurious treat every Wednesday throughout February at their boutique hotel.

Text 'Love' to 241 throughout February and you and your loved one can indulge in a luxurious overnight stay including dinner in their relaxed brasserie restaurant Victoria's as part of Jersey Telecom's Love Wednesday promotion. Enjoy a romantic getaway in one of their Classic rooms with dinner for two in Victoria's as a two-for-one at only £99! You will also be able to use their award-winning Spa facilities for the duration of your stay and enjoy a full English breakfast the following morning.

Grand Jersey in St Helier has just been awarded five stars by the AA, so why not sample their unrivalled hospitality and take them up on this amazing offer? Package prices are from £99 for two people and you can upgrade to other room types for as little as £10! Break the mould, why celebrate Valentine's Day on a Monday when you can do it on a Wednesday! Love JT xxx

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Fort get me not Fort Regent art exhibition : 10/01/11



At this exciting exhibition Hautlieu School and Highlands students teamed up to showcase a huge collection of over 200 pieces of work. It was great to see such

an extensive body of work from all our talented young artists at this stage in their practice. The work on show ranged from painting, photography, drawing, sculpture,

installation, film and much more! It was also great to see such an interesting space as Fort Regent being used to host a contemporary exhibition.

Beaulieu Diamond Jubilee Ball Hotel de France: 15/01/11




Guests enjoyed a four course meal, a champagne reception sponsored by Jersey Telecom, entertainment and dancing. The evening was a sell out with almost 600 people attending and proved

to be a memorable night filled with fun and laughter, celebration and reminiscing! Kandiprints photographers took a whole host of photos.

Beaulieu's next event is the Jubilee Concert, being held at the Opera House on Saturday 26th March. Tickets cost £12. (images by Kandiprints)

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Blush

Valentines Menu

3 course £54.95
Champagne included on arrival

To start

Seafood Platter for 2
Shrimp, salmon & scallop fillets with roasted vegetables & soy dressing

Spicy Corn Cakes (v)
Cherry tomato & basil salsa

Five Spice Boneless Ribs
Crispy boneless ribs with a traditional five-spice rub & cranberry sauce

Fresh Crab & Mango Salad
Jellyfish with white wine dressing & lime, fresh mango & avocado

Main Course

Mirin & Sweet Soy Braised Lamb Shank
With fingerling potatoes & sweet potato mash

Pan-fried Steamed Brill
Filet of Brill steamed in Pan-fried 2 of with a ginger dressing & ginger broth, garnished

Blush Surf 'n' Turf
Rib eye steak topped with a mushroom & onion sauce, sweet potato mash

Asian Vegetable Yakitori (v)
Chicken skewers with a rice dressing with ginger, onion & chili

Desserts

Trio of Chocolate for 2
Hot chocolate & Azuki bean fondant, white chocolate & pinky mousses, milk chocolate fondant with strawberries & raspberry

Nashi Pear & Ginger Strudel
Jelly vanilla ice cream

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Highlands College Advanced Hair Dressing Event

Highlands College : 20/01/11



Highlands College hosted an event by their Level 3 Advanced Hairdressing Students, in conjunction with their students from the Culinary Arts Department. Their Specialist Hair Stylists represent nine different salons in Jersey, and exhibited their models from

their chosen categories – Fantasy and Avant Garde. The evening of fine dining was attended by island salon owners and VIP guests were Dr Gary Jones, Vice Principal of Highlands College, Ian Greenwood, Faculty Head of Vocational Studies, and Brian

Heath, Head of Probation. The evening was a real success, with all of the work being spectacular, and the guests loving the food from the culinary students. Keep up the good work guys and we will see you at next year's event.

Suma's Restaurant Re-Launch

Suma's Restaurant : 20/01/11



Suma's Restaurant has had a total rebrand, and we were lucky enough to be invited along to have some canapés and cocktails and see what's new. They have fully embraced their new mantra of 'relax, indulge, enjoy' which really suits the whole vibe and location of the restaurant. The food was cleverly presented

in canapé-size tasters for the whole menu, giving all guests a bite-sized sample of the new menu, and leaving us wanting more, lots of guests were making table reservations on the spot! The parmesan crisp with the seafood risotto starter was incredible, and the pièce de résistance was the white chocolate

coated homemade strawberry icecream! The whole evening was so much fun, with the drinks flowing and the constant sound of chatter. Click on www.sumasrestaurant.com to see the re-brand and book your table asap to sample the new menu.

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Rexxie's Marathon Walk Various Places in Jersey 6/01/11



It wasn't just Rexxie, the 15ft T-Rex that took on the challenge of this walk, it was Lloyd Scott too, who people may have seen before walking the London Marathon in 110lbs of vintage deep sea diver gear. In his career as Britain's top fund raiser, he

has raised almost £5 million for a selection of different charities. Lloyd and Rexxie were walking around Jersey in aid of Teenage Cancer Trust, with the help and support of the Jersey rugby players and the Fire Service too. We were lucky enough to meet

the patron of the charity for the south of the UK and Channel Islands too. We wish Lloyd and Rexxie the best of luck, and to donate to this wonderful charity simply log onto www.teenagecancertrust.org.

BNP Paribas Hotel de France : 10/12/10



Last month BNP Paribas held a festive, yet elegant, soiree for their employees, to thank them for all their hard work and commitment over the year. Hotel de France was the venue and over 150 turned out

to enjoy the three-course meal, soak up the glamorous setting, and be entertained by renowned violinist Anna Phoebe McElligott who added her own unique, and highly sought-after style of music to

the proceedings. There was also a raffle on the night which raised £2,000 for the Teenage Cancer Trust. It was a wonderful evening, conducted in the best of spirits and enjoyed by all who attended.

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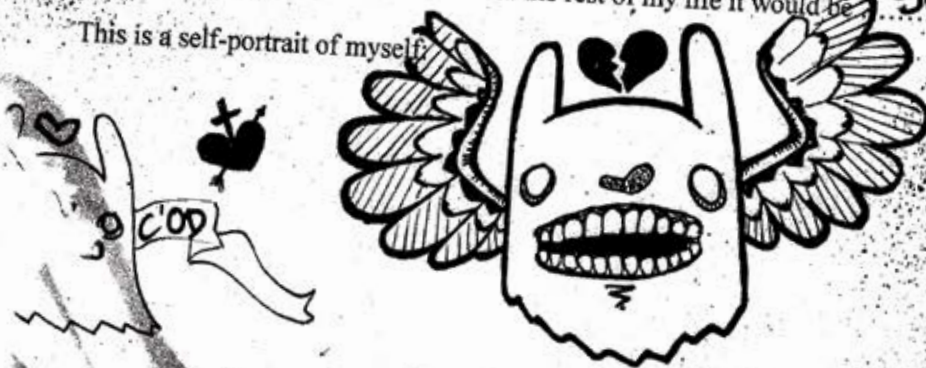
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13
13 FANZA MANZA
COMMUNIST INFILTRATOR / PART TIME LOVER
The best job in the world would be GLOBAL GRAFFITI ARTIST!
My worst habit is FALLING IN LOVE
If I could change one thing in my life it would be THE CURRENT LOCATION AND BANK BALANCE
If I had to only eat one kind of food for the rest of my life it would be SUSHI

This is a self-portrait of myself



In bed I wear... DEPENDS ON THE OCCASION!
PERSON

If I could be a... for a day, it would be BUKOWSKI / CAMUS

The best time of year is... SUMMER → WINTER'S IN PHENOMENON.

All is fair in love and war. True or false? NO! LOVE IS A TANGLED WEB OF GOOD AND BAD, ITS AWESOME BUT IT CAN SUCK... WAR! WAR IS PROGRESSION!

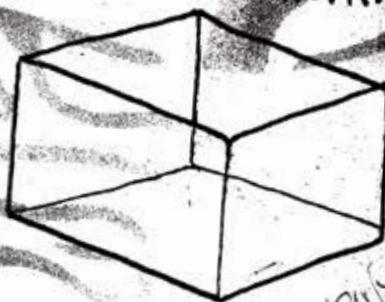
The best advice I've ever been given is "YOU HAVE AN OPTION" OR "IT'S ALL ONE BIG GAME"

If I could have one question answered in the world it would be

..IF I GAVE YOU A FIST FULL OF OWLS WOULD YOU CHANGE YOUR MIND?

The 3 most important things in life are 'TRIGGERS' aka BUTTONS, FRIENDS AND SPRAYPAINT!

This is a picture of my dream house:



FANZA

featured five

5



Clare Ormsby: **Perception**

Following the success of her 2009 Prophecies collection, prize-winning artist Clare Ormsby presents Perception. Featuring 2D and 3D objects in Clare's unique and distinctive paint / draw style.

📍 Berni Gallery, Jersey Arts Centre

📅 24 Jan > 12 Feb

📞 700400



Karl Amundsen: **The Elms**

An exhibition of work by New Zealand artist Karl Amundsen which responds to the National Trust site and explores man's relationship with the land. The exhibition is a collection of work from his 6 month residency at the Elms.

📍 The Elms, National Trust Headquarters

📅 27 Jan > 4 Feb

📞 483193



History of Photography: **JAC**

A collection of photographs taking you from 19th century prints - Fox Talbot, Lady Hawarden and Frank Meadow Sutcliffe - through to images from the early part of the last century by photographers such as Dorothy Wilding and Angus McBean as well as contemporary photographers including Koo Stark.

📍 Berni Gallery, Jersey Arts Centre

📅 28 Feb > 19 Mar

📞 700400



Photography: **Société Jersiaise**

The Société Jersiaise Annual Open Photographic competition saw over 4 hundred entries submitted in 4 categories - architecture, documentary/ portraiture, landscape and natural history. The exhibition presents winning and commended images from the competition.

📍 Jersey Airport, departures lounge

📅 1 Feb > 28 Feb

🌐 www.societe-jersiaise.org



Self Portrait: **Six Jersey Artists**

Six local artists: Matt Falle, Lisa MacDonald, Kevin Pallot, Gabrielle Radiguet, Alison Richards and Karen Le Roy Harris are given less than 36 hours to produce work within the Berni Gallery space. Exploring self, they will use various media and materials and exhibit their self-portraits in time for the preview!

📍 Berni Gallery, Jersey Arts Centre

📅 21 Mar > 16 Apr

📅 Preview: Mon 21 Mar, 5.30 - 7pm

📞 700400

Event of the month - The Harbour Gallery welcomes back

Jersey Textile Showcase



This very popular event firmly established on the worldwide textile art calendar will once again take place in the picturesque village of St Aubin, centered around The Harbour Gallery. Showcasing the work of talented textile artists.

Inspirational and experienced tutors for 2011 running full and half day workshops include Ruth Issett, Fay Maxwell, Kathleen Laurel Sage, Annette Emms, Debbie Siniska, Fiona King, Christine Witham, Bianca Padidar and Naomi Renouf.

New this year will be one hour sessions with Michael Ball, Website Design and Development, Craft & Design Magazine on getting the best out of your website and also one hour sessions with Paul Boyer, Production and Design Director at Craft & Design Magazine, helping you choose and present your best photographic images when promoting your work.

The textile exhibitions are all free entry and include two textile groups from the UK: Primarily Colour by Material Girls from Essex and Liberation by Creative Network Group. Jersey groups include: Roses From The Heart featuring bonnets and photographs from The Blessing of The Bonnets in Jersey commemorating the convict women of Tasmania; The Diversity Group Jersey; Kaffe Fassett and 12 Jersey Textile artists.

New for 2011 Café Tricot with designer and knitter Sylvie Cambet from France.

Open Competition theme for 2011: Festival Of The Sea, entries from UK, Europe and worldwide.

Charity Challenge: Each year Art in the Frame Foundation at Jersey Textile Showcase supports a local charity, for 2011 it is Jersey Hospice Care.

For Sewers you can personalise bunting pennants with your name and country stitched on and send them in to be sewn together. They will be sold in aid of Jersey Hospice Care.

For Knitters, you can knit cosy covers; tea, egg, mug or any other covers that you can think of. The cosy covers will then be exhibited and sold for Jersey Hospice Care.

Evening events include a Welcome Reception Party to be officially opened by The Governor of Jersey and Mrs Ridgway, Patron to Art in the Frame. There will also be a Grand Gala Dinner and Awards ceremony, a Beaulieu School Fashion Show organised by Sofia Morgan and a Genuine Jersey Farm and Craft Market.

📍 The Harbour Gallery, St Aubin

📅 7 March > 13 March

📞 743044



exhibition of the month

Ralph Elliott - A Retrospective



This retrospective exhibition looks back at the artwork of well respected artist Ralph Elliott.



One of our friends from back in the days of our WhiteSpace gallery, Ralph Elliott sadly passed away in December 2009 after a long battle with cancer. He left behind not only many friends and a loving family but also a plethora of drawings and paintings.

Ralph was a much loved and respected member of the arts community in Jersey and the exhibition aims to demonstrate both the quality of Ralph's work and his undoubted commitment to his practice.

The exhibition celebrates Ralph's work with a collection of work from his solo exhibition at the Jersey Arts Centre in 2003, as well as other paintings and drawings including work shown from his 'Angry Man' exhibition at The Framing Workshop in 2009.

Catalogues accompanying the exhibition will be available for sale and all proceeds will go to Jersey Hospice.

Berni Gallery, Jersey Arts Centre
 14 Feb > 26 Feb



Perception



Claire Ormsby's debut collection of 3-dimensional work takes everyday objects and enhanced by Clare's unique style takes you a step into the unknown and explores how art can transform the mundane. A visually intriguing and thought-provoking exhibition sponsored by the Jersey Arts Trust.

Berni Gallery, Jersey Arts Centre
 24 Jan > 12 Feb
 700400

JERSEY OPERA HOUSE

showing this month

NT Live presents

King Lear by William Shakespeare**ENCORE SCREENING****Wednesday 9th February**

An ageing monarch. A kingdom divided. A child's love rejected. As Lear's world descends into chaos, all that he once believed is brought into question. One of the greatest works in western literature, King Lear explores the very nature of human existence: love and duty, power and loss, good and evil. The Donmar's Artistic Director, Michael Grandage directs Derek Jacobi as King Lear.



The Met: Live in HD presents

Nixon in China (John Adams)**LIVE SCREENING****Saturday 12th February**

Acclaimed director and longtime Adams collaborator Peter Sellars makes his Met debut with this groundbreaking 1987 work, an exploration of the human truths beyond the headlines surrounding President Nixon's historic 1972 encounter with Mao and Communist China. Baritone James Maddalena stars as Nixon, a role he created to widespread acclaim.

National Dance Company Wales

Thursday 17th February

Ravishing and entrancing new commissions from two international choreographers at the top of their game created with National Dance Company Wales. American choreographer Stephen Petronio's gorgeous By Singing Light is inspired by the beautiful poetry of Dylan Thomas. Gustavo Ramirez Sansano has created a character-filled new dance that is based on the glorious Minkus' ballet score for Don Quixote.



Saltmine Theatre Company presents

C.S Lewis – The Screwtape Letters**Monday 21st February**

This award winning satirical comedy is set in Professor Screwtape's study in the timeless dominion of Hell.

The Met: Live in HD presents

Iphigénie en Tauride (Gluck)**LIVE SCREENING****Saturday 26th February**

Susan Graham and Plácido Domingo reprise their starring roles in Gluck's nuanced and elegant interpretation of this primal Greek myth.

Don't forget to check out the rest of our new season - call the Box Office on 01534 511115 or go to our website www.jerseyoperahouse.co.uk



Paper House Project

The Paper House Project brings together up to thirty artists in this exciting event for just one weekend

The artists involved will be taking over the distinctive Victorian building of St Brelade's College, and converting it into a stage for their work.

Often challenging tradition and showcasing the unexpected, this exhibition is guaranteed to inspire with paintings, sculptures, photography, glass, installations, performance art, along with numerous surprises. This free event gives you a great opportunity to view a huge range of fantastic works by our talented local artists. Browse or buy the works whilst you're taken on a sensory journey around the exhibition.

The event kick-starts at 5.30pm on Saturday 12th February. Refreshments are available at the 'pop up' Paper House Tearoom where you can meet the artists.

The project which has been put together by local artists, Joanna Brown and Louise Evans is designed to offer you an insight into the works of both established and up and coming local artists. Also exhibiting his work is popular island artist Robert Greene. Now based in London, he is well known for his part in the 'Rubbishmen of Soho' comedy music duo. An exciting line up not to miss. The exhibition has been sponsored by the Jersey Arts Trust.

Francois Scornet A Fitting Tribute

As part of their continued commitment to the Percentage for Art programme, Dandara are delighted to announce their involvement in the proposed memorial to French Patriot, Francois Scornet, a twenty-one year old who was sentenced to death by the German War Court in Jersey.

Scornet escaped the Brittany coast together with fifteen other Frenchmen in 1941, however they were captured by German sentries as they mistook the coast of Guernsey for that of Britain. They were immediately transferred to Jersey to the German Command Headquarters where Scornet and two other patriots were sentenced to death for wilfully supporting England in the war against the German Empire. The other two later had their sentences reduced to life imprisonment whilst the remainder of the party received severe sentences and were sent to German concentration camps. Tied to an ash tree at St Ouen's Manor and facing the firing squad Scornet remained defiant to the end as he shouted "Vive Dieu!" - "Vive La France!" - "Long Live God" - "Long Live France!"

Dandara has appointed renowned sculptor Michael Sandle to undertake the work. Sandle is one of the finest sculptors in the world and one of the few contemporary artists to tackle the most momentous subject of the twentieth century – war. Now in his sixties, he is most famed for the semi-architectural Malta Siege-Bell Memorial at Valetta, perhaps the finest of all World War II commemorations. Martin Clancy, Dandara's Managing Director said, "This is a very substantial commission which will be sited in a special memorial garden within the Westmount Quarry area. We are very pleased to be involved in creating a tribute to a piece of Jersey's history and we look forward to working with Deputies Paul Le Claire and Ben Fox to make this project possible".

George and the Serpent by Michael Sandle



open

- 📅 Sat 12 Feb, 5.30pm - 9pm
- 📅 Sun 13 Feb 10.30am - 5.30pm
- 📍 St Brelade's College
- 🆓 Free entrance and parking



A Jersey Girl In Paris



Each month former Jersey girl **Louise Hannah** brings you the inside track on where to go, what to see and what to eat and drink in Paris.

Last September I left Jersey's golden shores for the hustle, bustle and beauty of Paris. It's quite rightly referred to as the world's most stunning city, and even though I've been here for five months, I'm still surprised on a daily basis by the sheer gorgeousness of it all: its smell (Paris has its own distinctive perfume – a mixture of strong coffee, cooking food and well-dressed women), vaunting buildings, galleries packed to the rafters with world-renowned art and a skyline peppered with some of history's best loved landmarks. With such a feast for all the senses, it's hard for islanders to know where to start. This diary aims to give you a couple of ideas that have been tried and tested by a former islander lucky enough to be living the Parisian lifestyle.

On arriving in this great city, your immediate thought should be your belly. Paris is all about good food – quality, not quantity. The cakes here are the most beautiful edible creations you'll ever see, and they taste even better. My advice is to head to Ladurée, one of Paris's oldest and choicest purveyors of cakes, on the Champs Élysées. It's large, expensive and old school with impeccably dressed staff speaking every language under the sun. It has a tea room, restaurant and a very sexy cocktail bar, all spread out over two floors. Head to the tea room for a coffee and plate of macaroons. Crisp on the outside, soft and gooey on the inside, these divine little desserts come in imaginative flavours such as rose and ginger, blackcurrant violet, liquorice, orange blossom, and caramel with salted butter. You'll probably have to queue for fifteen minutes or so, but it's well worth the wait. And on your way out, be sure to take a look at the sugary rainbow of cakes and pastries lining the wall of the shop. If you're feeling generous, pick up a gift box of treats to take home for friends – they'll be impressed!

By this point you'll be raring to do some sight-seeing. Walk down along the Champs Élysées, cross over Place de la Concorde and you'll hit the Orangerie Museum at the foot of the Tuileries Garden. It was created and arranged by impressionist Claude Monet as a 'haven of peaceful meditation' for modern man and

his 'overworked nerves'. It's true that it's beautifully calming. His famed water lily oil paintings wrap themselves completely around the oval walls. There's a bank of seats in the middle where you can sit and gaze for however long you like; there's enough in these violet, lavender, blue and purple canvases to keep you mesmerized for hours. And if your eyes are still thirsty, head to the basement where you'll find more masterpieces by the likes of Pablo Picasso, Henri Matisse and Paul Cézanne.

Having started in the city centre, now's the time to try out some less touristy spots. I'd suggest catching the metro to Louis Blanc in the tenth arrondissement and walking towards the canal. Close by at 200 Quai de Valmy, you'll come across the Centre de Dynamique Artistes. It's a huge, cavernous space housing a bar, restaurant, chill out lounge, concert room, dance studio and exhibition centre. There's always something exciting going on here (last time, my friend and I stumbled across a tribal African dance show), and while definitely being hip and cool and cutting edge, it's not intimidatingly so. There's no attitude here, you're always welcome and it's definitely a great place to head to in the evening (it's closed during the day).

In Paris, people tend to do things much later than you would in Jersey or the UK. They don't eat until 10pm for example, and they certainly don't head home until the early hours of the morning at the weekend. So after getting your dose of culture at the Centre de Dynamique Artistes, there's still time to squeeze in a little more action. Turn right outside of the centre and go for a walk along the Quai de Valmy. It's quiet, safe, discreetly lit and very, very romantic if you're with the right person!

After around twenty minutes, you'll hit one of Paris's most fabled bars: Chez Prune. It's not famous for being particularly snazzy; it's pretty small and simple inside. But the atmosphere is great. Very young, very relaxed, very fun. It's where Parisians in the trendy tenth arrondissement go to wind down at the end of a day over a beer or bottle of red wine. Definitely a must if you want to try out an authentic, non-touristy bar. And definitely a must for girls wanting to be served by very attentive, very hot French barmen!

Addresses:

Ladurée Champs Élysées
75, avenue des Champs Élysées,
8th arrondissement

Musée de l'Orangerie,
Jardin des Tuileries, 1st arrondissement

Centre de Dynamiques Artistes
200 Quai de Valmy, 10th arrondissement

Chez Prune
36 Rue Beaurepaire,
10th arrondissement

SUBJECT_food

Laudree

One of Paris's oldest and choicest purveyors of cakes, on the Champs Élysées. It's large, expensive and old school with impeccably dressed staff speaking every language under the sun. It has a tea room, restaurant and very sexy cocktail bar, all spread out over two floors.



SUBJECT_ART

Orangerie

Created and arranged by impressionist Claude Monet as a 'haven of peaceful meditation' for modern man and his 'overworked nerves'. The top floor showcases his famous Waterlily paintings then head to the basement where you'll find more masterpieces by the likes of Picasso, Matisse and Cézanne.



SUBJECT_bohemia

Centre dynamiques

Also in the 10th: the Centre de Dynamique Artistes. It's a huge, cavernous space housing a bar, restaurant, chill out lounge, concert room, dance studio and exhibition centre. There's always something exciting going on here



SUBJECT_culture

Chez Prune

One of Paris's most fabled bars. It's not famous for being particularly snazzy; it's pretty small and simple inside. Great atmosphere. Very young, very relaxed, very fun. It's where Parisians in the trendy tenth arrondissement go to wind down at the end of a day over a beer or bottle of red wine.



Local In London

SCOTT NIXON

Jersey born DJ, pro-snowboarder, skateboarder, graffiti artist, husband and soon to be father of two little girls, Scott Nixon is really a man of many talents. Now living in London with his wife Mags, little girl Minnie and another wee lass on the way, Scott's concentrating on making music for a living rather than playing it these days. I caught up with Scott to find out what he's been up to lately.

Let's start at the beginning – how did you first get into playing music?

I started DJing with a friend of mine Jon Bardsley. He bought some 2010s first, so we started making mix tapes of new, found Acid/Rave music. Shortly after that, I purchased my own set of 2010s, and had them set up in a spare room at my grandparents (I originally took them home and set them up, started mixing and within seconds my Dad said 'Nooooo way!' as I'd just sold my guitar and amp!) My first 'proper' gig in Jersey was with the CBH crew at La Chateau St Ouen when they used to do full on jungle nights (this was about 1991-92). A mate of mine Black Nelson introduced me to the boys and they gave me a shot. This led me to setting up a few nights at the Bloc and the Buvette with DJ Purple (Rich Kegg).

And so when did you first get into snowboarding?

A good friend Kerry Manning used to go away for the winter seasons snowboarding and I really wanted to give it a go. I was skateboarding a lot at this time and it looked similar, although you could do airs a lot bigger on a snowboard. My auntie and uncle went skiing every winter and one year they asked me if I wanted to come along and try snowboarding out. It was still a very new sport back then and I kept breaking the boots and bindings. So, I saved up and bought my first Burton AIR6.1 snowboard for the following season. The bug had bitten, so I quit my job at the JEC and went to do my first season with a couple of mates in Meribel 1993. Since then, I have done fourteen winter seasons and about ten summer camp seasons, picking up sponsors such as Vans DC, Airwalk, Gnu, Bent Metal, Sims, Von Zipper, Gotcha, Special Blend, Independent and Arnette. I competed in the early years, but I sacked it off to concentrate on all mountain free riding, which appealed to me more as it wasn't as stressed out as competing and you could be more creative.

Your snowboarding career led you onto your DJ career in a way, didn't it?

Well, I took my records everywhere (they're the best free beer tickets), so I got to DJ at quite a few events, like The Big Day Out, Board X, Air N Style, British Champs etc. I also went to Pakistan with a group of other snowboarders and skiers for an event - I



decided as we were going to be at a high altitude of 5000m that I could set the record for the highest DJ set. To cut a long story short, I did play a set and recorded it but I didn't bother to submit the info as we had a really bad time with altitude sickness. We were stranded at base camp at 5000m for a week due to bad weather and the temperature dropped to -28C and we were only equipped for -15C, not fun!!

When did you sign to the breakbeat label Fingerlickin'?

Through snowboarding I met Justin from Fingerlickin' Records and at the time I had started making tunes. He was interested in working with me and promote a DJ/snowboard crossover thing. Around the same time my wife Mags and I had been promoting a night in Chamonix together with Knowledge Mag, inviting DJs such as Beni G from Jack Beats, Aquasky, Darren Jay and Shimon. I became good friends with Shimon and when I moved to London, we started making tunes together for Fingerlickin'. We released five tunes that did well and I started to get booked to DJ at clubs such as Fabric, Ministry of Sound, Heaven, The End etc. I was stoked! More recently I've DJed in Paris at the Grand Palais for the Tony Hawk Show, which was madness. I warmed up for French DJ Bob Sinclair; there was about 8000 people, and some sick skateboarding, that was a mental buzz for me and one of my DJ highlights.

I understand you're making music for computer games now – tell us a bit about that?

Yeah, over the past few years I geared my music towards online/TV/games. On one hand, making music for companies like Quiksilver and Billabong and in the other music for ESPN - two opposite ends of the spectrum. With Quiksilver for example, I have been creating the music and sound design for their adverts online, check out the Kelly Slater KS10. More recently I've been working on the Hubble Google ad, the music for Billabong's Air N Style and a track on a rugby ad for ESPN. On the gaming front, I've created three custom tracks for the new DIRT3 - part of the Colin McRae series. This is out in April some time but I hope to be doing more music for games in the future.

SUBJECT_see

Sideshow@ Yarn-Fest, The Social, Little Portland Street

As part of this year's Yarn Fest, local artist Jason Butler will be exhibiting a collection of images alongside poetry by Will Burns entitled 'Sideshow'. The exhibition is designed to articulate and illuminate the sensory experiences of the Victorian fairground sideshows. Drawing on the linguistic, visual and cultural folk memory, the collection sits perfectly as part of YarnFest's storytelling theme and examines how a folk entertainment from our shared past resonates with us still. www.sideshowstories.wordpress.com



SUBJECT_see

Magic Lantern at he V&A Museum

Like a moth drawn to the flame, the alluring glow of artist Mat Collishaw's new installation in the V&A Museum's uppermost dome, the crown cupola, is currently grabbing the attention of South Kensington passers-by. The Young British Artist's creation is a light based, site-specific installation consisting of an enormous zoetrope. The work comes alive at dusk each evening, with the hand-crafted, fluttering moths shining like a beacon. A smaller replica zoetrope is also on display in the Madejski Garden for those interested to experience the work up close. On display until 27th March, this commission is not to be missed. www.vam.ac.uk



SUBJECT_see

Sunday morning
at Columbia Road
Flower Market

Instead of buying roses from an over-priced florist for Valentine's Day this year, go down to Columbia Road Flower Market and grab yourself a bargain. Every Sunday the street is transformed into an oasis of foliage and flowers with expert advice from all the stall-holders, some of whom have been in the business for 50 years with their pitch being passed on through the family for even longer. From herbs to banana trees on sale and bedding plants to orchids – it's every green-fingered lover's dream.

www.columbiaroad.info



SUBJECT_Buy

Bordello, Great
Eastern Street,
Shoreditch

Bordello, Great Eastern Street,
Shoreditch

Whether you have a weekend away planned for Valentine's Day this year or just after some luxurious lingerie, you'll find what you're looking for in the boutique aptly named Bordello. Decorated like an old movie star's boudoir with its antique bed and dressing table and draped silk curtains it provokes an atmosphere of Victorian eroticism. The exquisite, delicate lingerie, vintage feather fans, diamante suspenders and sequined nipple tassels for sale, mean these boudoir accessories are no longer props of the burlesque pros. The friendly staff will sell you all you need to become the next Dita Von Teese!

www.bordello-london.com



SUBJECT_eat

Saf Restaurant,
Shoreditch

Simple Authentic Food, Saf for short, is Shoreditch's brilliant vegetarian restaurant famous for bringing the Californian raw food phenomenon to London. Using only 100% botanical and organic food with no animal, dairy, refined or processed elements, classic dishes such as fettuccine get a reworking using wafer-thin ribbons of salsify rather than pasta. All dishes are presented in the prettiest and most unusual way plus the botanical cocktail bar uses herbs and edible flowers grown in the kitchen's garden. The knowledgeable staff are very friendly and helpful providing a warm, welcoming atmosphere bringing green-minded gastronomy to a new level.

www.safrestaurant.co.uk



The Monthly Upload

Picture Editor: **Gary Kelly**

Want to win £100? All you have to do is email your entry with the subject 'upload' to: upload@gallerymagazine.co.uk Make the files nice and big though, about 4mb is a good

size to aim for as a guide. We print every photo but we can't get them ALL on the page full size unfortunately - they just wouldn't all fit!





We're going to be doing more with our upload shortly to make use of the amazing images we get sent each month. This month Alan Kirwan's image was the most interesting due to the timing of the shot. Congratulations!

The Beaver

Now let's see if I can get through this piece without a single vagina joke...

Director: Jodie Foster

Writer: Kyle Killen

Starring: Mel Gibson, Jodie Foster, Anton Yelchin

words | **Steve Lawrence**

In recent years Mel Gibson has not so much courted controversy as made a Tom Cruise-about-Katie-Holmes-on-Oprah-like declaration of love toward it. From racism to homophobia to misogyny to directing brutally violent films about the death of Jesus Christ he hasn't left a stone unturned in his bid to offend pretty much every human being on the planet. You'd think then as his comeback film he'd select some kind of sure fire hit. Maybe a big money adaptation of a beloved property or the next instalment of a hit franchise? He was slated for a cameo in *The Hangover 2* but certain comments (take your pick) caused the cast and crew to demand his sacking. Instead, he has opted for *The Beaver*.

You'd be forgiven for hearing the title and thinking Gibson has taken the *Chicken Run* route and gone for the safe option with a CGI Kids animation that hides his face from the general public he seems to despise so much. This is not the case. *The Beaver* is the story of a depressed CEO of a toy company who after finding a Beaver puppet begins to use it as his sole means of



communicating with the outside world. This controversial therapy (reminiscent of the magnificent *Lars & The Real Girl*) allows Gibson's character to stand outside his rapidly collapsing life thereby enabling him to finally open up to his wife and children and be more creative at work. The real challenge comes when he has to leave *The Beaver* and live his life for himself.

On every level this is a risky project. Whilst a hugely recognisable star and pretty much an American institution, Jodie Foster has hardly set the world alight in her two previous feature directorial efforts. Despite having topped the 2008 'black list' of unmade screenplays with most potential this is still Kyle Killen's first produced feature script. Only God knows (maybe Mel could ask him. They seem to have a good relationship) how the producers intend on marketing such a film to a public weaned on a diet of predictable 3D and remakes of things they've seen time and time again. Maybe the only area without risk is in the casting of Gibson. Could there be a better fit for the role of a man in search of redemption via the strangest of means?

Also Showing



With The Oscars coming up it's a huge month for golden statue contenders. Picking a lead feature would have been a difficult task if it wasn't for the editor's dual obsession with *Lethal Weapon 3* and semi aquatic rodents. Strangely this also seems to be the month for dropping absolute stinkers on the general public. I guess the movie studios don't want to leave out those without taste.

First in line for your attention are the Coen brothers with their remake of John Wayne classic **True Grit**. Jeff Bridges takes on Wayne's iconic cowboy in a battle of The Dude vs The Duke. The brothers have stated that they'll be taking their cue from Charles Portis' novel rather than the 1969 film and returning the point of view to the character of 14 year old Mattie Ross. To be honest the original film shows its age (Glen Campbell?!) and was always ripe for a remake. Interestingly Bridges and

Wayne could be the first two people to win the best actor Oscar for playing the same character.

Grit topped the US Box Office and quickly became the Coen brothers' biggest grossing film of all time. Joining the brothers in their march into mainstream conscience and award contention is auteur Darren Aronofsky. His film **Black Swan** has possibly even more of an awards buzz surrounding it. Starring Natalie Portman, this psychological thriller is set in the ultra competitive world of ballet and follows Portman's White Swan as she is forced to confront her dark side in the form of The Black Swan (Mila Kunis). The film looks to be a flight of dark fantasy featuring switched identities and mind bending visuals. Conversely it is also very much a companion to Aronofsky's 2009 *The Wrestler* with both investigating the physical and mental toll of high pressure jobs.

If you're looking for something on the slightly lighter side than the latest from Pegg and Frost hits this month. They've done horror comedy, they've done action comedy, sci-fi comedy had to be next. **Paul** is the story of two sci-fi nerds who meet a real life alien (voiced by Seth Rogen) and end up going on a crazy road trip. Unlike *Shaun and Fuzz*, Edgar Wright won't be behind the camera but there is little to worry about as Greg Mottola (*Superbad*, *Adventureland*) steps into the director's chair. That's not even mentioning the A-list supporting cast including Jason Bateman, Kristen Wiig and Bill Hader amongst others. The problem with most genre comedies is a lack of knowledge of what they are paying homage to. If you've ever seen *Spaced* then you'll know for sure that won't be a problem here.

From *The Beaver* to *The Bieber*. I think Justin Bieber: **Never Say Never 3D** is

Ghosts in the Machine

words | **Steve Lawrence**

I'm not preaching forgiveness or acceptance for some of the things Gibson has said and done over the last couple of years. I think in some cases though you have to forget about the persona and instead think of the performance. As his other cast members and Beaver puppet will attest this film should be far more than solely the Mel Gibson recovery project. I guess I just want to live in a world where a film about a man who deals with his problems through talking to a Beaver puppet can be a mainstream success. Take a pen, draw a smiley face on your hand and ask it – isn't that the kind of world you want to live in too?



a far more distressing prospect than Mel Gibson talking to his hand. To be completely honest I don't know a great deal about The Bieber. From the music video I saw I think he might have been adopted by Usher and mentored by him in a kind of Obi-Wan Kenobi – Luke Skywalker deal. He seems to have a weird obsession with babies too. Still, I'm more excited about catching the Bieber fever than Big Momma's House: Like Father, Like Son. Surely this is the kind of film straight to DVD was invented for? Just don't go and see either of these monstrosities. If nothing else I've mentioned excites you, then there's boxing biopic The Fighter and James Cameron-produced Sanctum on offer too. They have to be better than Martin Lawrence vigorously flogging the fat suit dead horse.

Katie Perry, an adult size Scooby Doo costume and swing music from the early 1930s. When it comes to fantasies we each have our own thing. Quite a common fantasy is that of becoming a rock star. The fame, the music and of course the groupies. There's even Adult Rock n' Roll Fantasy Camps where you can get taught how to act like a Rock n' Roll God by the likes of Tommy Lee and Ace Frehley. But what if you don't have thousands of pounds spare to spend on a weekend with one of the stars of Grand Funk Railroad? This month sees the release of a new local comedy detailing the journey of an indie rock band trying to do things the hard way. From the imagination of writer-director Andrew McGinnigle comes Ghosts of Rome.

The story surrounds Tommy Nero as he desperately tries to hold his band (the titular Ghosts) together amongst clashing egos, a talented new member and a competitive local music scene. Like the best comedies it steps on the borders of tragedy with the laughs coming at the expense of the band. The obvious comparison here is with Spinal Tap but whilst the all time classic mockumentary is cited by Andy as an inspiration there's no main characters talking to the camera. Other influences include The Office, Curb Your Enthusiasm and Peep Show. Apart from being three of the greatest shows in the history of television these three share a dark vein of rich character-based comedy that Ghosts hopes to emulate.

From the polished look of the finished product it's hard to believe this is Andy's first film. He has however been honing the premise for a number of years. With the name first generated on an American road trip a few years back the script has been through a number of drafts before Andy decided he'd reached a shooting draft. Still, not even the greatest of filmmakers can do it all alone and Andy wisely chose to surround himself with some of the island's top film and music talent. Assisted by producer extraordinaire Toby Chiang WHC Productions



managed to find a cast of islanders who don't just act but who also have the chemistry to be believable as a group. With a grant from Jersey Arts Trust, Fortress Films were brought in to help with the technical side of things. Andy gives much credit to his namesake Andy Evans and the whole Fortress crew for helping him with the steep learning curve associated with any directorial debut. Providing added authenticity and a local flavour The Speedways chipped in to help with the writing and recording of the songs.

Though the local film scene has been going from strength to strength in recent years there has been very little in the way of comedy. I guess that's because with comedy the fear of failure is greater. Like everyone has a unique fantasy, everyone has a different view on what's funny. With greater risk what often results is a greater reward. The comedy genre has a greater potential to reach a bigger audience than the more niche offerings that are sometimes found at Branchage. Andy and the rest of the team certainly hope so with a big premiere screening taking place at Cineworld before the film is shipped off to various film festivals.

And what next for the band – the difficult second album? Though he remains tight lipped about future projects Andy will admit there's potential for the story of the Ghosts to keep going.

Ghosts of Rome 2: When in Rome?

The Ghosts of Rome premiere takes place at Cineworld on the 5th of February. For more information head to www.ghostsofrome.com



words | Andrew McPhail

I've never been all that big a fan of compiling lists as to which brand new artist is to break in a given new year. There's no doubt I've picked musicians and producers to watch, but the odd ceremonial coronation of polls like the BBC's Sound of 2011 seems to generate inorganic hype around artists that may not actually deserve it. The lists may serve as nice indicator for music fans to either religiously subscribe to or reject in outrage that a certain buzz band wasn't included but the idea of music and the "sound of 2011" is far too fluid a concept to be condensed down into a list of 15 decidedly hit and miss artists. Still, one can afford a chuckle that the winner of BBC poll this year, Jessie J, has previously written songs for Rihanna and Miley Cyrus, while the runner-up James Blake, has been creating heartbreaking music that sounds like nothing anyone has ever heard before.

pop

Rebecca & Fiona – Bullets Single - Out Now

Scandinavians just have it all don't they. Great schools, amazing public transport, booming economies, the right to an internet connection enshrined in law, and a ridiculously high proportion of attractive women. It's also been the case that the vast majority of forward thinking pop music has come from Scandinavia (in many cases performed by those attractive women I may have mentioned earlier). "Bullets" from Rebecca and Fiona is 3 minutes of perfectly packaged pop that puts Britney's bro-step experiment to shame.



Lil B – Angel Exodus Mixtape - Out Now

Lil B is a character that I don't think I'll ever be able to understand. After following "The Based God" on twitter, I was able to bear about 20 caps lock typed, nonsensical tweets before clicking the "unfollow" button. Yet despite his erratic behavior, Lil B's new mixtape "Angle Exodus" serves up a solid selection of fresh beats to marvel in. It may not reach the heights of previous mixtapes "I'm Thraxx" or "6 Kiss", but it proves Lil B still has much to offer.

Christian TV – When She Turns 18 Single - Out Now

Genuinely, what did the Dads of the world out there do to deserve this track? Ok, so you don't like your Dad, he didn't let you go on that date with that boy you've totally had a crush on since he smiled at you in math class, but even that horrible man doesn't deserve a song like "When She Turns 18". This Christian TV character creates a story that when that milestone age comes, his girl is obliged to decide between the man who raised her and the one who just took her round the back of the bikes sheds.

Ludacris ft. Nicki Minaj – My Chick Bad Single - February 23rd

Why did Nicki Minaj have to go and tarnish her pretty stellar reputation by appearing on this second rate, two-bit track from a rapper that really should know better. The rhymes are tacky and obvious and the beats so stale and boring that I advise you to quickly listen to the latest Kanye record after subjecting your ears to "My Chick Bad" – just to remind you that not all hip hop has to sound this bad.

indie

The Soft Moon – The Soft Moon Album - Out Now

On his debut album, Luis Vasquez aka The Soft Moon has created a shadowy, tense and dark atmosphere more akin to the ambience of a future dystopian empire than a recording studio in San Francisco. From the visceral "Circles" to the haunting "Tiny Spiders", Vasquez possesses an innate ability at building soundscapes of a post-apocalyptic world.

Brother – Darling Buds of May Single - Out Now

Roll up, roll up, depressed fans of Oasis, and prepare to be remedied by the second-rate, Brit pop ruffians of Brother. Despite being able to claim with a straight face that he thinks they will one day be the biggest band in the world (well at least big enough to play Loftus Road), the front man of Brother seems desperate to breathe new life into a dead, rotting corpse of a genre. It all seems in a rather bad taste to rejuvenate Brit pop again, and judging from the facial expressions of the drummer in TV interviews, we're not the only one feeling embarrassed.

electro

Unknown – Sicko Cell Single - TBC

Ever since Burial, it's been a little bit edgy to remain anonymous, if the track's as good as "Sicko Cell" it can even go on to create buzz that exceeds all expectation. It's true that anonymity brings with it a certain added mystery to the music, and the style of this current hype track seems well suited to the producer's reluctance to reveal his identity. With hypnotic, pitch-shifted vocals announcing, "I'm the information – cocaine powder", and the dark blend of samples and opposing bouncy synth line, the track is perfectly suited to shady, inner city basement dance floors.

Fenech-Soler – Demons (Sigma Remix) Single - February 6th

It's easy to sit back and denounce dubstep in its current form, the "filthy" drops, the "dirty" beats, while sitting in a rocking chair claiming that things were better back in the day. The reason it's so easy, is because it's so true. The current label of dubstep represents a brutish, loutish culture of moshing to the most repulsive sounding beat and remixes like Sigma's of "Demons" keep on perpetuating a scene and sound that have been in artistic decline for years, yet somehow are able to draw in the previously mephedroned masses. One can only help that "dubstep" doesn't stick around for much longer.

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Since its the month of Luuurve... Wedding Bands

For the day you will always remember, make sure your choice of wedding rings are as perfect as the day itself. Jersey Goldsmiths are celebrating their 25th anniversary this year and February being their month of Love they have decided to have the largest selection of unique designs in wedding jewellery flown in especially for their Exclusive Wedding Fayre on the 13th February. With simple classic wedding bands to hand crafted diamond cut designs in yellow, white gold and platinum, this year's latest trends will be all be here for the fayre. Plus view inspirational gifts for bridesmaids, the best man and other special members of your wedding party.



thinking ahead...

What better inspiration is there to get your bikini bodies back for summer than the stunning collection of swimwear available at Adorne. With brands such as Banana Moon, Aubade, Diva, Pain De Sucre to name just a few. Their constant changing stock and such helpful staff, make shopping for your new season swimwear a breeze.

Love is in the air...

Valentine's Day Collection 2011

Magical and sparkling, sensual and sophisticated – for a precious gift, Swarovski crystal is sure to capture both the eye and heart

The Valentine's Day collection for 2011 will of course centre on symbols of love, interpreted in many different and enchanting ways.

Hearts in poetic and timeless shapes meet those in on-trend and bright, vibrant colours.

This Nation Pendant is only £87.95, a perfect gift for Valentine's Day.



Free Photoshoot!

Peter Trenchard are offering a number of free Private & Confidential photo shoots to the right people. In return they ask that they can use some of the images taken to promote their Private & Confidential portraits.

If you are interested please email peter-trenchard@jerseymail.co.uk



BlogTastic

Logging has become, one of the fastest ways to get fashion and brand news across the web over the past year. Elin Kling's announcement with her collaboration with H&M went around in hours; she is the first blogger to collaborate and design for such a big brand, simply showing the power blogging can have. Every designer's latest look book is passed around, and then the praise or criticism is given where necessary. Meet Olivia from mynewfavoritething.com and Jazmine from jazzabellesdiary.blogspot.com.



Olivia

mynewfavoritething.com

How would you describe your personal style? Ever-changing and mood-dependant!

Everything from slouchy and urban to polished and pulled-together. I love nipped-in 50s silhouettes, trashy leopard-print, fur, leather and clothes that show that fashion can be witty and irreverent as well as cool.

What inspired you to start blogging? I was made redundant from the magazine that I was working for and all I wanted was to carry on writing - even if it meant that no-one would be reading it for a while!

Favorite high street and designer brands? I love the high street - I practically own shares in Zara and Topshop - I try to mix my purchases with higher-end pieces. There are a few designers that can do no wrong in my eyes; Lanvin, Alexander Wang and Chloé are my favourites but I've also got my eye on The Kooples, Dion Lee and a great new jewellery brand called Bjorg.

Jazmine

jazzabellesdiary.blogspot.com

How would you describe your personal style? My personal style is both simple, yet eclectic. It changes quite often, and my mood and confidence is definitely something that affects the way I dress. One day I'll be wearing something fancy and vintage inspired, then the next I'll be wearing a grandad jumper and a pair of jeans.

What inspired you to start blogging? I decided to start a blog after I attended a preview of an exhibition in one of my favourite places in London, the Victoria and Albert Museum. I was just so inspired by many of the pieces on display that I wanted to write about the exhibition, in hope to inspire others to attend.

Favorite high street and designer brands? As I buy the majority of my clothes from charity shops, I tend to choose clothes which I like the look of rather than focusing on the brand.





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Fantasy Wish list

There are certain things all women dream of buying. So just to make matters worse we've compiled a wish list of fantasy buys. So basically all the things we'd LOVE to own, but don't have much of a chance of... well this month anyway. Some things are local, some are from further afield, but its still nice to fantasise about them right?

Fantasy Wish List

1. A pair of Christian Louboutin shoes

Killer, but oh so worth it. Every girl in the know clocks the signature pillarbox red sole on this iconic brand, and instantly goes green with envy. These beautiful bad boys are the Louboutin Pindera 120 Crystal embellished pumps. *Net-a-Porter, £1,945*



2. Mulberry handbag

For leather goods Mulberry has been leading the way for decades. They are expensive, but will last a lifetime; your daughters will thank you for this purchase because you will have a perfectly worn-in vintage gem ready to hand down to them. Well worth the investment. Be brave and make a statement with this patent Shocking Pink Mulberry Bayswater. *Mulberry is available from deGruchy, approx £750*



3. An heirloom piece by McQueen

One of the most recognised designers of our time is the late Alexander McQueen. His clothing was expensive before he died, so lots of pieces are now invaluable. With an incredible cut and style, his wildly creative creations from before his untimely death are now like gold dust. This Bosch Silk Jacquard Alexander McQueen dress is from the last collection the designer oversaw before his death. *Net-a-Porter, £12,420*



4. Chanel watch

Beautifully crafted, most women would give their right arm (not literally of course, that would just be silly) for one of these high impact watches. You hear the whispers as one goes by - is that a real J12? In a range of gorgeous colours, we covet the white one. *White Chanel Gold ceramic J12 watch with Baguette Diamonds, Total diamond weight 3.54ct Limited edition No. 2 of 100, Aurum, £33,133*



5. A Mont Blanc Pen

From high powered businessmen to Oscar-winning celebrities this is the pen brand of choice. With its highly distinguishable trademark logo, for years Mont Blanc has been regarded as an amazingly desirable luxury item. *Mont Blanc Ingrid Bergman Pen, available from Shades of Time in Voisins, £432*



We sent our Style Stalker out onto streets of St Helier to find some people who are keeping warm in style this winter

StyleStalker

words | Emma Long



What Emma says:

Layering is very on trend at the moment, so get your denim shorts out of the summer drawer and wear them with tights underneath. The similarities of colour in the sheer blouse go well with the low denier in her tights and all set off with big chunky jewellery.



What Emma says:

A big coat with a fur collar, just what you need in the winter months to keep warm. Looking suitably stylish keeping the colour palette very muted. The faux fur collar goes perfectly with the pin stripe in the trousers.



What Emma says:

What I love about this outfit is how all of the colours work so well together. The pink coat has a sparkly bead trimming to lift spirits in this unpredictable weather. And her oversized Mulberry was gorgeous!



What Emma says:

She is what I aspire to dress like in a few years. Bang on trend with army-style jodpurs, camel layering on top, a yellow leather gilet clinched in at the waist, Ray Ban aviator sun glasses and a olive Hermès bag. YES PLEASE.



What Emma says:

An oversized scarf is seen as more of a feminine thing to do, but here it shows that men can do it just as well as women. The cuffed trousers show off the patent shoes, and the colours match that of the design of the scarf. By the look of his shopping bags he's going to be on trend for S/S 11 too.



What Emma says:

This military style jacket works three trends - it adds colour to the look, it's military style and it has a faux fur collar, could there be a more perfect coat? You can tell she would be the most fashionable person in the office.





figurative fantasy

Photography: Danny Evans

Styling: Emma Long Models: Toni and Jason

Make up: Maisa Figueira at Experience House of Beauty

Toni Freshwater pearl necklace £215; Freshwater pearl bracelet £44; all available from Jersey Pearl; Faded Linen matching Bra and Knickers Set £60 available from Bliss; Large Star Sparkly Ring £194.85 Jersey Gold; Ash Beige Wedges £139; Jason Blue Calvin Klein Trunks £18.95 Voisins



Toni Red and grey lace Armani bra and knickers set, bra £23.50 knickers £18.20, Voisins; KG black tie up shoes £95, Voisins;
Freshwater pearl necklace £215, Freshwater pearl bracelet £44, White pearl and crystal ring £39.50, all available from Jersey Pearl. Jason Calvin Klein black and purple trunks £18, Voisins



Hot pink babydoll £65.95, Plums; Mixed pearl twisted necklace £120, Jersey Pearl; Black pearl bracelet £44, Jersey Pearl; Black pearl ring £39.95, Jersey Pearl.





Wolford body suit was £169 now £84.50, Voisins; Sam Edelman thigh high studded boots, were £299 now £150; High Heels and Hand Bags; Large Star Sparkly Ring £194.85, Jersey Gold





Toni Nude and black La Perla bra and knicker set £194, Freshwater pearl necklace £215, Freshwater pearl bracelet £44, all available from Jersey Pearl; Ash wedges £169, High Heels and Handbags; Sam Edelman thigh high boots were £299 now £150, High Heels and Handbags; KG black tie up shoes £95, Voisins. Jason Black Calvin Klein trunks £23, Voisins.



Happy New Legs get them out in 2011

Varicose veins? Get VNUS Closure for your legs in Jersey

Varicose veins are not always a cosmetic issue. There is a new solution to the discomfort, swelling and appearance of varicose veins that doesn't involve the more painful treatment and recovery associated with vein stripping or laser.

With over 500,000 patients treated since 1998 the VNUS Closure procedure offers a fast and mild recovery with minimal to no pain or bruising and is now available in Jersey.

Learn more by visiting www.vnus.co.uk or call 01534 625000 for information about VNUS Closure which can be performed on a walk-in walk-out basis, and is covered by all private medical insurers.

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Do it in style this
Valentine's day

beautynews



Tamzin Outhwaite is a fan of Dermalogica

thesmartoption

Dermalogica Age Smart has been developed especially for mature and prematurely-aging skin. It works by targeting the main biochemical reactions that reveal signs of facial aging.

Based on the maxim that an ounce of prevention is worth a pound of cure, Dermalogica have tried to address the problem by focusing on the biochemical reactions that actually trigger these changes in the skin before they actually start.

Nowadays, everyone seem to like the look of tanned skin. The trouble is that the sun is one of the worst culprits for making your skin look older than it really is. The sun's UV rays penetrate deep into the skin, damaging the very fibres that maintain the skin's elasticity.

Of course whilst there's no turning the clock back, there are several steps you can take to limit further damage, and one of them is a new Dermalogica AGE Smart Facial.

This is the most powerful Dermalogica treatment. It gives skin a revitalizing power boost with this treatment designed to help firm, smooth, nourish, regenerate and energize while controlling the biochemical triggers that lead to skin aging. Potent vitamins and hydroxyl release tension in the facial muscles for the ultimate skin therapy for prematurely ageing, mature or devitalized skin.

Currently there is 25% off all RIO Age Smart Facials.

Valentine Treats

A perfect package at Les Roches Spa

Make this Valentine's Day a truly memorable one and treat your loved one to the perfect present... a gift voucher from Les Roches Spa!

Choose from the romantic 'Champagne and Strawberries' package for two and enjoy a relaxing back massage, followed by a glass of bubbles, strawberries dipped in chocolate – absolutely scrumptious and full use of the spa facilities. All for just £76 per couple!

Or spoil your loved one by simply choosing from one of the other fantastic packages or treatments on offer for men and women.

All their gift vouchers are beautifully presented, can include your own personal message and are valid for 12 months so you have plenty of time to use them!

Call 487856 to buy the perfect Valentine's treat or purchase your gift voucher online at www.lesroches.co.uk. It's as easy as that!



Pink to make the girls wink

the latest from Feelunique for the special, yet often forgotten day.

So if Valentine's Day is coming up and you've started telling your friends 'we don't celebrate Valentine's Day, it's too commercial' when what you really mean is 'there's no chance in hell of my partner remembering to get me a present, and I unfortunately love him too much to dump him for this' - then there is a solution. Send him into Feelunique's town boutique (by 'send' I mean push or threaten him into it). Once inside it will be hard for him to fail to get you an absolutely awesome Valentine's present. The whole shop is floor-to-ceiling full of lovely gifts that would look beautiful in your make-up bag or on your bathroom shelf.

The best bit is that Feelunique's staff are brilliant at dealing with shell shocked looking men who stumble over the threshold, and can gently coax any vital information out of them so they can recommend presents you will really love. Perfect.

Bare Escentuals i.d Buxom Lips Big & Healthy Lip Polish in Katie
£14.00

New Jimmy Choo perfume
from £34.00 for 40ml

Paul Smith Eau de Parfum
from £24.15 for 30ml





In the beauty department we are keen to banish alcohol (well, not exactly 'keen'), to eat a little bit less, and move around a little bit more. One way to cheat, and skip all that effort is to create flawless skin. Time after time it is the one thing that beauty experts cite as the key way to make you look instantly more beautiful (and younger!) This month Maisa Figueira from Experience used bareMinerals make up to create the gorgeous look for our shoot so we thought we'd contact Sarah-Jane Froom, bareMinerals In House Make Up Artist to give us the low down on how to create a flawless spring look.

"To create an amazing fantasy look for spring you need to apply the perfect base using bareMinerals Get Started Kit as well as Brightening Prime Time under your foundation to add a fabulous glow to the skin....

Once you have the perfect complexion you are ready to start having fun with your perfect party look, amazing for a Valentine's night or girly night out... or in! For a fantasy look choose glimmers and shimmers in pastels, golds, silvers and bronzes, add a touch of green or blue if you're feeling daring and stick to pale pinks and peaches for lips and cheeks – think high shine, glitter and girlie!

After applying your perfect base I like to start by adding radiance to the whole complexion. Swirl, tap and buff bareMinerals Flawless Radiance over the outside contours of the face to add a gorgeous luminosity and dewy radiance to the cheekbones.

Now take bareMinerals eye colour in Nude Beach and do a wash from lash line to brow – this is a soft glittery pearlescent

shade that looks so pretty and dreamy on the skin and shows off the arches of the brow. Then add High Shine Frost to the inner corner of the eye, just where the tear duct is – this will add a beautiful pop of moonshine glow. Now for real depth use High Shine Eye colour in Bronze into the crease contour of the eye for a pretty sunny finish. I like to then take Azure eye colour and use our foiling technique – just mix in the lid with a little drop of water and using a liner shadow brush do a fine line along the top of the lashes – this is a beautiful turquoise that looks so dreamy with the golds and silvers.

Top this with lashings of bareMinerals Flawless Definition Mascara to frame the eyes and then go for a nude lip with Buxom Lip Gloss in Katie and Giddy Pink bubblegum coloured blush to pop the apples of the cheeks.

Finish with Illuminating Mineral Veil to add a soft focus effect to the whole look."

[bareMinerals is available at Experience the House of Beauty and Feelunique](#)



Sarah-Jane Froom,
bareMinerals
In House Make
Up Artist



Una Healy from The Saturdays is a fan of bareMinerals



absolutelyflawless

We all know that the 'party season' has taken its toll on everyone, and whilst there are the gym bunnies or the dieters out there, everyone wants to seem fresher and healthier - it's a good way to kick start the year. What better way than to make your skin flawless, and re-vamp your make up bag.

1. Tom Ford Black Orchid

This luxurious, sensual, dark voluptuous perfume has all the attributes necessary to become the scent of choice for a vintage glamour puss.

£36

2. bareMinerals Prime Time

Prime Time Foundation Primer is a preservative-free primer which targets dry, rough skin, fine lines, excess oil, enlarged pores and uneven skin tones. Helping create that flawless look before you cake yourself in make up.

£17

3. Benefit Finding Mr. Bright

Your brightening make up 'man'ual.

£28.50

4. Dermalogica C-12 concentrate

A silky-rich, high-potency treatment that brightens, helps treat cellular discoloration and improves skin clarity. Velvety silicones absorb quickly to condition skin and help reinforce the skin.

£62.60

5. Dermalogica Multivitamin Power Concentrate

This unique skin treatment of individually sealed capsules delivers a concentrated dose of pure vitamin A, C, E and F to help firm and strengthen the skin.

£35

6. bareMinerals Volumizing Mascara

Flawless definition volumizing mascara dramatically volumizes for soft healthy-looking lashes with amazing body.

£14

7. New Kid Cheek Stamp

This silky powder blusher stamp with mirror and simple-to-use sponge applicator adds an instant, healthy flush of colour to the cheeks.

£16.20

8. M.A.C Wonder Woman

This larger-than-life lip colour always speaks the truth. Available from Selfridges on the 17th of February, all M.A.C counters from March.

£17

9. M.A.C Studio Careblend Pressed Powder

This careblend powder blurs the line between skin care and make up. Brilliant, a pressed powder which beautifies while it benefits.

£17.50

1.



4.



2.



3.



8.



6.



9.



5.



7.



Turn to the back page to find the contact details of the stockists for all these great products.

Happy Shopping.

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Tel 769307

AGE smart™

The intelligent investment in your future skin.

Dermalogica's new AGE Smart system contains scientifically advanced ingredients proven to impact the major biochemical reactions that contribute to skin aging before they start, so your skin is smoother, firmer and healthier.

AGE Smart is the intelligent investment in your future skin.

25% off all Age Smart Facials for the month of February!

55 HALKETT PLACE
TEL 734458



meet our new section curator



Biography | **Nicola** Eastwood

Nicola Eastwood is the founder of www.babybarn.co.uk, an online community and boutique selling gorgeous baby clothes and accessories for 0 to 3 year olds.

After 11 years working and living in fashion and beauty PR in London Nicola returned home to Jersey to set up her own dedicated lifestyle PR agency and following the birth of first son Luca created BabyBarn in 2009.

Just six months after its launch BabyBarn was awarded a CIM 'Best Creative Communication' Award and a year later the first ever BabyBarn Family Show took place at the RJA in Trinity, attracting 3,000 visitors and over 75 exhibitors, including the leading children's nutritionist Annabel Karmel MBE. The event provided a new and highly targeted arena for businesses to market directly to their target audience and added a family orientated weekend of activities to the Jersey calendar. The next Family Show will take place in Summer 2012.

The BabyBarn online boutique was launched in October 2010 and this February will see arrival of stunning Spring / Summer '11 collections. Keen to stay 'on trend' with the latest babywear and happenings in the world of little ones Nicola regular visits trade fairs and exhibitions in London and beyond.

Expecting a second baby in May this year Nicola is very excited to be Contributing Editor for the new 2point4 section of Gallery Magazine and hopes to bring stylish and new ideas for mummies-to-be, new parents and little ones.

Nicola can be found at nicola@gallery.je or nicola@babybarn.co.uk and would love to receive ideas for the new section.

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the name game

The most popular baby names for the last 12 months have been revealed by www.babyexpert.com, with some old favourites and a few surprises. Baby Centre also tells us the Top 10 names of the past decade. Here's how the top ten shapes up through the noughties...

name	2010	noughties
Jack	1	1
Oliver	2	5
Charlie	3	-
Harry	4	7
Alfie	5	-
Thomas	6	3
Joshua	7	2
William	8	10
James	9	6
Daniel	10	4

name	2010	noughties
Olivia	1	5
Sophie	2	3
Lily	3	10
Emily	4	1
Ruby	5	-
Jessica	6	4
Chloe	7	2
Ava	8	-
Grace	9	7
Amelia	10	-

- > not on the list.

bornfree?

Five of the most bizarre birth places of 2010, according to www.madeformums.com

1. 24,000 ft in the air, flying over Bolivia
2. Glamorous Dubai hotel lobby (free accommodation for life!)
3. KFC carpark (not so glam!)
4. On foyer CCTV of a maternity unit
5. In a Boots Chemist in Liverpool

A walk in the park?

Not quite with Baby Boot Camp.

words | Nicola Eastwood

Every Monday and Wednesday morning during the summer months anyone visiting Millbrook Park could be fooled into thinking they were somewhere in the Hollywood Hills or some similar celebrity residence.

The latest trend in Mummy fitness exercise regimes, favoured by the likes of Madonna and Anna Friel has come to Jersey and is proving extremely popular with Island mums. Baby Boot Camp is the brainchild of Boot Camp Jersey founder Hugh Jones and the interactive classes are run by experienced fitness trainers Rachael Tanguy and Claire Dupoy.

The buggy based classes combine a mix of strength training and cardiovascular exercises, which mums and babies can enjoy together. The sessions are varied, catering for all fitness levels and this trendy way of toning up offers mums with little ones from six weeks to pre-school a completely new exercise experience.

No excuses!

The team is really flexible and all sessions are interchangeable so if you've had a bad night's sleep or your baby is unwell it's no problem, simply miss a week and come along to another session. Bad weather doesn't provide an excuse either, mums are asked to bring waterproof buggy covers and during the winter months, sessions take place at St Peter's Community Centre where working out to music adds to the fun! If your baby is asleep, needs feeding or changing it's not a problem, the instructors will work around you and your babies' needs.

Qualified Instructors

All Baby Boot Camp instructors are fully qualified in both pre and post natal fitness and will guide you safely and effectively during the workout sessions.

Why Baby Boot Camp

Classes keep you motivated with constant support and encouragement. There's no need to worry about child care as baby comes too! Class sizes are small and personal attention will help keep you on track. We understand that with a new baby you may not always be able to commit to sessions, so pay as you go or mix and match your Boot Camp classes. You don't need any fancy equipment, just bring your buggy.



Join up - Free taster session

It really couldn't be simpler to get started, your baby must be at least six weeks old and you must have had your post natal check up, then just turn up for a FREE 'taster' session. Baby Boot Camp is a great way to beat the baby blues and get fit. The fun filled workout helps to:

- Burn off excess 'baby fat'
- Improve core stability
- Tighten and tone muscles, including the pelvic floor!

all of which will help you look and feel like a truly yummy mummy! If you'd like to know a little more email rachael@bootcampjersey.com or call 07797 831484

This Month's Super Mama is

Melissa Chester

a.k.a. Leo (2) and Arabella's (2 months) Mum

What do you do?

My background is in Global HR Management working for a large FMCG. I'm currently on maternity leave but in my spare time I've been working on a new concept breastfeeding top that I've recently launched. It's aimed at breastfeeding mums who want to get back to wearing their own clothes as quickly as possible, but still breastfeed discreetly in public. You can visit my website at www.edenesque.com if you're interested in learning more.

What are your little ones into?

Leo is big into his music and loves being read stories. He's becoming quite handy around the house as well and particularly likes vacuuming with Henry hoover. Arabella is mostly into milk at the moment and she likes to work on her best smiley face too!

Recommended book for new parents?

Always seems to divide opinion I know but Gina Ford worked beautifully for Leo...he was definitely a 'contented baby' and still loves his sleep...happy days!

One thing you can't live without for you?

My iPad. It's also proving quite a hit with Leo as well and comes in handy when I need to keep him occupied when we are out and about.

One kiddie / baby product you can't live without?

Tiny Love Symphony in Motion mobile. This has worked brilliantly for both children during their early months keeping them entertained in their cots and soothing them to sleep. It's no miracle worker though...there isn't a button for 'colicky baby' unfortunately.

What's the best thing about being a mummy?

Access to free entertainment 24/7 (although strictly speaking interruptions between 7pm – 7am are not entertainment).

What's the most challenging thing about being a mum?

Having to do the pregnancy bit...never seems to work out so well for me!

Favourite celebrity parents?

Elton John and David Furnish. If you are reading this Elton, I would like to offer my services as a wet nurse in exchange for piano lessons for Leo.

Best kiddie friendly place to eat in Jersey?

We love El Tico for brunch or dinner with friends. Perfect for visiting after playing on the beach with our dog Ripley too.

Favourite activity with little ones in Jersey?

Yearly membership at Durrell Zoo is well worth it to give the little ones a safe place to run around, see the animals and play in the playground. For rainy weekends we love going to



Doodle Bugs on a Saturday morning and getting messy. We started taking Leo when he was about 18 months old and would strip him down to his nappy so he could get on with painting himself!

What is your biggest mama indulgence?

Sometimes we have really lazy mornings, Leo snuggles up in bed with me and we read stories all morning. This is particularly satisfying when it's wet and cold outside and I think of everyone stuck in an office... I'm enjoying it whilst it lasts before I'm back in the office too!

What has changed the most since becoming a mum?

I've become a big softie. Prior to having children I would only ever cry at sad stories about animals... now anything sets me off!

One piece of advice for new mums?

The early weeks of breastfeeding can be really tough for many mums – it is quite a skill to master! It can be painful at first and it takes a good few weeks to establish breastfeeding properly. My advice is if you are still in the early weeks and you're having a tough time of it, get as much support and advice as you can from the experts on the island (health visitors, Baby café, NCT, from friends who have breastfed their babies etc). It does become second nature but it takes a few weeks. Hang on in there! I have some top tips for establishing breastfeeding and breastfeeding in public on my website as I know from my own experience it doesn't always come easy.

What's it like being a mum in Jersey?

We've been on the island for 3 years now and I've met some really great friends so I count myself very lucky to have met such great Jersey folk who we regularly meet up with for playdates. Island life is perfect for raising children with access to such a variety of outdoor spaces as well as all the classes and playgroups on offer. Watching Leo splashing about on the beach in his wellies makes me realize that we couldn't be in a better place and I'm so looking forward to both Leo and Arabella growing up in Jersey and enjoying everything it has to offer. I only wish my family were here too... I miss not having them around, especially now we have children.



Do you know a small person
with big character?

GALLERY'S NEXT top model UNDER TWELVE!

Gallery are looking for Jersey's next generation of models. We've teamed up with Gisela Olsson photography for a special competition and our first ever kids' shoot in our March edition.

If you know someone who would make a great little model let us know by emailing their details to hi@gallery.je before the deadline of the 20th February!





Budding nationalists?

Would you like to play 'overthrow the monarchy' with your little ones? Or maybe just 'elaborate 'stop the nation' wedding'? The rather fabulous HappyLand Royal Wedding Set from the Early Learning Centre can help you recreate the most talked about wedding of the year! Forget the kitsch china plates, the ELC sets include William and Kate in their own horsedrawn carriage, along with proud grandparents, the Queen and Prince Philip, and even a token little corgi. **£15 from ELC.**



Love Mummy!

Whether she's carrying your precious baby or she's feeling like a worn out mama, show the gorgeous lady in your life that you really care by treating her to an indulgent spa voucher this month. There are lots of wonderful, relaxing treatment out there and our favourite packages include:

'Mum's the Word'

at Grand Jersey (£145)

'Pregnancy Indulgence'

at The Club Spa by Feelunique (£110)

Mama Mio Pregnancy Treatments

at Dove Spa (from £30)



We're loving Stella McCartney Kids

Stella McCartney has launched her first kids' collection as a fun and modern alternative for boys and girls, aged newborn to 12 years. Stella stars her personal favourites and highlights include playful pieces like Andrea and Stephane pyjamas featuring a glow-in-the-dark bumblebee and sheriff uniform print respectively in 100% cotton. Additionally, a percentage of all online sales of the Leo the Fox print sweatshirt benefits 'Meat Free Monday'. There's some great bargains to be had at the moment before Spring / Summer hits stores in March.

www.stellamccartneykids.com

Fingers crossed we'll get it in Jersey stores soon...

Quick & unique Valentine gift?

If you're looking for a gift for Mum or Dad make your own unique photobook at www.mymemory.com



Get in touch!

Our 2point4 section will feature the latest for small people every month. If you have an event or news that would fit on this page then give us a call or email nicola@gallery.je

Kid Friendly Events....

Events at Durrell

Dodolings:

Animal based workshops for 3-6 year olds and their family members. Every Saturday until April, held in their classroom at the Princess Royal Pavilion at Durrell.

Special Valentine's Day tour

13th and 14th February

This is mostly aimed at couples with a 241 entry offer, but could be nice for kids to come up on the tour to see the families and couples in Durrell's park.

Durrell's Panto

18th, 19th and 20th February

The mojo of Delicious - a pantomime with pirates! Held in the Princess Royal Pavilion theatre.



Events with Jersey Heritage

Sinels Family Fun Week

with Jersey Heritage

Monday 21st to Friday 25th Feb, 10am to 4pm, Jersey Museum

This February your little ones can spend half term at Jersey Museum and learn the story of Jersey. They can watch an Edwardian photographer at work, take part in arts, crafts and games and hear some amazing storytellers weaving their tales of the island we live in.

£201,809

How much?

It may come as a surprise to many new parents that the cost of raising their newborn to the age of 21 could cost as much as £201,809! And according to a recent survey undertaken by Lloyds TSB nearly half (47%) of parents living in Jersey have not been saving for their first arrival. Makes that mortgage seem like a walk in the park....

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Locally Created

Genuine Jersey is the guarantee of true local provenance. Accredited products begin life in raw form and through the creativity and craftsmanship of Islanders become the perfect memory of your time in Jersey. Available from studios and outlets across the Island. www.genuinejersey.com



Look for the
Mark before
you buy

What'sCooking?

Want to be in the know? Keep on top of the hottest food and restaurant news, served up straight from the kitchen.

Get ready for gourmet burgers...

as Gourmet Burger Kitchen opens its doors to the hungry Jersey public this month. Proudly proclaiming 'it's all about the burger', the popular chain, started by three Kiwis in 2001 aims to put the 'Grr' back into 'burger' with a mouthwatering range of Aberdeen Angus, chicken, lamb and even buffalo burgers (yes really) all teamed with fresh local ingredients. There's even an inventive range of vegetarian options to please the most discerning of palates. Form an orderly queue y'all...

Gourmet Burger Kitchen, 75/77 Halkett Place, St Helier.



Comfort food out east

Feeling the pinch after the festive season? You can still eat out in style with the Bass & Lobster who are running a winter set menu at £12.50 for two courses, and £15.50 for three. On the menu – the comfort food classics the Bass & Lobster do so well, local pork belly stuffed with homemade apple black pudding, honey and wholegrain mustard sausages with sticky red cabbage and grilled polenta and local pollock with tomato risotto and Jersey cheddar rarebit. Yum.

Bass & Lobster, Gorey Coast Road, St Martin.
Tel: 859590

Winter set menu available for lunch Tuesday to Saturday, and dinner Monday to Friday.



Eat your way around the world

If you love traveling and trying new food, but can't seem to get past Flybe's booking page, then fret no more. Danny's Restaurant at St Aubin has the answer, with a series of food nights that'll take you on a tasting trip around the world without venturing any further than St Aubin. The Thursday evening food nights range from Spanish tapas to Australian bush tucker and finish with a retro 70s fancy dress feast, with a bottle of champagne to anyone brave enough to complete all six!

Danny's at the Harbour View
St Aubin's Harbour
'Danny's around the world', every fortnight from Thursday 10th February. To find out more and see the menus, visit www.dannys.je or call 747306.



On a roll

Ever fancied trying your hand at some... hand-rolling? Bento Sushi has launched the Bento Academy sushi school that will teach you how to make perfect sushi rice and roll your own maki, uramaki and hand rolls as well as selecting and filleting fish - all in the space of three hours.

We were lucky enough to have a go at the first course, and thanks to sushi master Daniel's expert guidance, turned out a pretty impressive selection of sesame seed sprinkled uramaki that went down a treat back at Gallery Towers. If you've ever wondered how to recreate the sushi rolls you've seen on the Bento conveyor belt, this course will teach you how – starting with the recipe for perfect sushi rice, and the rolling techniques to ensure your sushi roll doesn't fall apart. Phil Wood, Bento Sushi's owner said: "It's the first time it's been done in Jersey and we're excited to be offering something different. Who knows, there may even be some secret sushi masters out there!" We think it would make a great fun way to spend a rainy Sunday (lunch is included in the course) and it would be a hit as a corporate team-building exercise although we can foresee sushi stand-offs over who's rolled the perfect maki! There's something about California rolls that bring out the competitive streak in everyone...

Bento Academy Sushi School, £75 for a three-hour course including lunch, a Bento apron, rolling mat, and all your sushi creations to take home. For more details see the website, www.bentosushi.co.uk



Italian restaurateur in Jersey awarded top accolade by Italian industry body

accolade by Italian industry body

Italian restaurateur, Bruno Zunino (74), who has worked in Jersey's restaurant and hotel industry for over 50 years, has been awarded the highest accolade by AMIRA (which translates as the Association of Italian restaurant and hotel Maitre D'Hotels) - Italy's premium restaurant and hoteliers association.

Mr Zunino was certified as a 'grand master restaurateur' by the chairman of AMIRA's grand masters, Valerio Beltrami from Milan, at a ceremony and celebratory lunch held at the Pomme D'or Hotel on 5th December 2010.

Mr Zunino, who has co-owned St Helier restaurant, La Taverne since 1976, said: 'My philosophy towards the restaurant business has always focussed around traditional service and exacting standards. It's great to see celebrity chefs getting people excited about food, but I also think that diners want to be "entertained" on a night out with the art of food preparation. So I am still a great believer in silver service and keeping table waiting skills alive. It is a great honour to be recognised by such a prestigious organisation as AMIRA.'

Mr Beltrami said: 'The Italian community in Jersey has an impressive history of running great restaurants and producing first class restaurateurs since the 1950's. I'm delighted that the principles of AMIRA are being carried forward by Bruno and that his passion for the restaurant business remains so strong when many by now would have taken their last customer order!'

Sundays at Sirocco

Feel like spoiling yourself this weekend? The swish Sirocco restaurant at the Royal Yacht Hotel has come up with a gourmet Sunday lunch menu, including dishes from their carvery to make your Sunday extra-special. If you're looking for a Sunday lunch that's rather exceptional, then book yourself in. Three courses are priced at £19 and lunch is served between 12.30 and 3pm.

The menu includes a full carvery with all the trimmings.

The Royal Yacht, tel: 720511. www.theroyalyacht.com



Classic Herd Wins Silver at World Cheese Awards

Genuine Jersey dairy farmers Darren and Julia Quénauld of Classic Herd in St Peter have won silver at the World Cheese Awards.

In the four years Classic Herd has been making cheese, they have been successful at a number of awards, including winning silver at the British Cheese Awards, but this is their highest achievement to date and the highest award by a cheese made in the Channel Islands. Julia Quénauld said, 'Cheese-making is enjoying a revival at the moment with some wonderful new varieties being made by cheese-makers, large and small, long-established and new to the market, so the competition gets tougher each year. To be recognised at such a prestigious event as this was a fantastic accolade for us, the island and Genuine Jersey which stands for the best Jersey has to offer.'

Julia Quénauld added she was also grateful to Mark Jordan, head chef at the Atlantic Hotel, for his advice on which Classic Herd cheese to enter this year. In addition to Golden Blue, the Classic Herd soft cheeses include Jersey Brie, Camembert and Nouveau and they also produce a semi-hard cheese, Cache. All the cheeses are handmade on the farm with milk from their organic herd of Jersey cows.



Star-ry success for Bohemia and The Atlantic

The kitchen brigades at two of the island's top restaurants have been celebrating as news came in last month that both Bohemia, and Ocean Restaurant at The Atlantic Hotel have retained their Michelin stars for another year.

The Michelin Guide Great Britain and Ireland, which this year celebrates its 100th anniversary, presents the very best places to eat and stay and is viewed by many as 'the bible of gastronomy'.

The much sought after star rating in the guide is based around five main criteria: the quality of the products, the mastery of flavour and cooking, the 'personality' of the cuisine, the value for the money along with the consistency between visits.

Commenting on this year's success Bohemia Bar & Restaurant owner, Lawrence Huggler said 'We are so honoured to have the great work of our dedicated kitchen brigade recognised by the Michelin inspectors and we are immensely proud to be part of this wonderful institution as Michelin celebrates its 100 years.'

The Atlantic's owner and managing director, Patrick Burke praised head chef Mark Jordan and his brigade at Ocean Restaurant and said that their success 'once again confirms that Jersey is undoubtedly now up there with the most acclaimed of foodie destinations in the British Isles'.



If you can take the heat... get into the Kitchen!

If you love food, chances are you've fantasized about escaping the rat race and running a cute little beach café somewhere, owning your own vineyard or baking cakes all day. Who hasn't, eh? But what would it be like to live out your fantasy? Is it really a dream come true, or just a lot of hard work? Gallery spoke to four local foodie entrepreneurs who've turned their culinary passions into their career, and finds the proof is in the pudding...



Lesley Garton, The Chilli Kitchen

Local jam and chutney maker Lesley Garton's business began in late 2008, when she started making preserves using only local produce. Just over two years later, The Chilli Kitchen has expanded to include a range of more than 30 chutneys, relish, jams, jellies, a cordial, a squash and a hot chilli oil, available at the island's Farmers' Markets.

How did it all start?

We have four large Bramley apple trees in the garden of our farm, and there's only so much apple crumble my family can eat, so I started to look at other ways of using them. During a visit to Hugh Fearnley-Whittingstall's River Cottage, I came across a great recipe for Indian Spiced Apple Chutney and now it's my best seller and none of our apples go to waste. It's been such a success that I completely ran out of apples last season and had to get extra from friends.

What were you doing before?

I worked at Social Security, but left to bring up my two daughters, Lucy who is eleven and ten year-old Beth.

What's been one of the hardest obstacles to overcome?

The high cost of product insurance almost stopped me from starting but through my Membership of the Genuine Jersey Products Association I now get it free from Islands Insurance who sponsor the Association.

What have been the highs and lows of the business so far?

One couple bought some Twisted Sister Hot Tomato relish while they were here on holiday, and loved it so much they were sneaking it into the hotel restaurant to add to the food! They ordered more jars as soon as they got home, and have been back to Jersey to pick up even more! I love the idea that they just can't live without it. As a result of that I now regularly send jars to customers in the UK. And the low point? It would have to be December last year, when it started snowing on the day I was due to trade from the much sought after Genuine Jersey market spot just off King Street, and we had to pack up early in a blizzard.

What's been your biggest achievement so far?

Selling every last jar during La Fête de Noué's Christmas Market at Weighbridge Place. It was a great market and I loved meeting and talking to all the people who came down, the feedback was great and has given me the energy to do it all again this year.

How tough is it to run your own food business?

It is hard work – when you're not making or selling your products, you're thinking about them, but I've enjoyed working for myself and getting to know some of the local growers.

Any advice for wannabe food entrepreneurs?

Keep it local. Give my husband (John Garton) a call at Genuine Jersey, he's been a great help to me!

The Chilli Kitchen

Tel: 737277

Email: thechillikitchen@jerseymail.co.uk



Emma Carlton, Sweet Inspirations

Chef Emma Carlton has always had a passion for puddings, and after spending years in pastry kitchens turning out five-star desserts, she launched her own business "Sweet Inspirations" in 2009, producing a range of patisserie products including her award-winning sticky toffee pudding which you can pick up for yourself in the island's Co-op and Waitrose stores.

How did you get into dessert making?

From a young age I loved to bake at home in the family kitchen. I'd always dreamed of being a chef, and after catering college my first chef's position was at a five-star hotel in Newcastle where I was lucky enough to train with a Parisian patissier.

Was it a straightforward transition to running your own business?

Not really. After spending many years working within the catering industry in different roles, I decided to take a break. Working for a telecommunications company was a completely different challenge which gave me a new set of skills and also enabled me to take a step back and consider my future. I had a strong desire to return to my passion, but at the same time, I wanted to work for myself.

What have been the main obstacles and pitfalls?

The main obstacle was finding the right kitchen premises that would suit the business and still be reasonable enough for a start up. There have been plenty of pitfalls, but I'd say one of them has been discovering which advice is sound... or not. The most valuable lesson I've learned has been to listen to myself.

Tell us about the highs...

2010 was an amazing first year for the business. Launching at supermarkets and restaurants across the island, as well as a restaurant in London was incredible. But I'll never forget the Good Taste Awards at Fortnum and Mason where the sticky toffee pudding was awarded three gold stars – the highest rating an artisan food product can achieve. For a first-timer, the result was incredible. I had to pinch myself the whole evening!

And the lows?

It's really hard work and at times, absolutely exhausting. Not everyone sees the same potential as you, so I had to knock harder on some doors to achieve results. Thankfully I've had incredible support from friends, family and customers.

What's it really like to run your own food business?

It takes a lot of hard work and many hours to achieve results. But when those rewards come, sometimes unexpectedly, it's even better than you could have possibly imagined.

Any advice to wannabe food entrepreneurs?

Believe wholeheartedly in your products and your capabilities. Take the rough with the smooth, be prepared to learn and most of all enjoy what you do.

Find out more about Emma Carlton's pudding range at www.sweetinspirationsjersey.com

Paul Talbot, Jersey Coffee Cart

Jersey's brand new pedal-powered Coffee Cart has become a regular sight around the streets of St Helier, selling piping-hot coffees and even freshly made galettes and crêpes. But how did it all begin?

Where did the coffee cart idea come from?

I was visiting my uncle and aunt who live on a barge in St Katherine's Dock in London, and on my way to London Bridge one morning I spotted a three-wheeled Italian coffee car one morning. I started researching them online, found my coffee bike and fell in love with it! Ding ding!

What were you doing before?

Lots of things! I've been a stonemason and a lifeguard, but after studying 3D design at Brighton University, I came back to Jersey and became involved in the Arts Centre where I stayed for three years, organising outdoor events such as the dawn concerts and the summer solstice celebrations. And yes... it was me who brought over the big wheel over!

What have been the obstacles and pitfalls?

Last year's rainy August was definitely a pitfall – I'm praying for a good summer this year! Finding good staff is always a challenge, I've been lucky so far and it's all been by word of mouth, so if there's anyone out there who fancies themselves as a barista and crêpe-maker extraordinaire, then get in touch!

Tell us about the highs and lows...

The highs are anything from observing the children's faces as they watch you make crêpes to the interesting people you meet. I met this really interesting Irish couple last summer who lived on a boat in the harbour. I ended up on their boat a few times over the summer, singing Irish songs and listening to their endless jokes and tales. One of the best things about the coffee cart business has been the friends I've made amongst the other food stall holders. We all look after each other, and trade goods. The lows – cleaning up after an event!

Is running your own food business amazing - or just a lot of hard work?

I really enjoy working for myself and once you start so many doors open. It is very hard work and it is by no means easy, but it's worth it, I would recommend it to anyone!

Biggest achievement so far?

The crêpes. I had the idea on a Thursday, went to France on the Friday to buy equipment and by Saturday I was making and selling them at an event. It's amazing what you can learn on YouTube!

Any advice to wannabe food entrepreneurs?

Do your market research, find your niche and don't put all your eggs in one basket. Try to keep your overheads down in the beginning, don't be afraid to ask your friends and family to help out. Speak to Jersey Enterprise they helped me out a lot. And good luck!

Find out where the Coffee Cart's going to be next by following it on Facebook or checking the website – www.coffeecart.je

and turn over for a local success story...



Jamie Racjan, Fungi Delecti

With 15 years of experience growing and supplying the finest ingredients to chefs here and abroad, Fungi Delecti is truly a local success story of turning your passion into your profession.

Fungi Delecti began...

...almost as a challenge as part of a university trial. Could we grow shiitake mushrooms traditionally – organically and on logs – in the British climate? When my father Mick started growing a fantastic quality of shiitake mushroom, and all our family and friends were sick of eating them all, it was agreed I'd start taking them to Jersey's hotels and restaurants. I was armed with a make shift invoice book, an industrial quantity of mushrooms and a "rabbit in the headlights look" that told everyone I didn't have a clue about what I was doing. I did have a great product though.

And where's Fungi Delecti now?

We're still growing shiitake but also producing our own herbs, baby salads, micro vegetables, hens and duck eggs. We also have a thriving wholesale side to the business sourcing the latest and very best ingredients from around the world.

What have the obstacles been?

The same as everyone – cost. Every twist and turn that our business has taken has had to be invested in from scratch.

The highs and the lows?

There haven't been too many lows, just a few things we would have probably done differently now. The highs are too many to mention. It's thanks to the fantastic chefs and business people we deal with that we are where we are now. Another high is to work with John Garton of Genuine Jersey. It's through John that we are able to host the students from Jamie Oliver's Fifteen restaurant every year, which is an amazing experience.

How much work has it taken to get Fungi Delecti to this point - and is it still fun?

It is still a joy to get up and go to work in the morning! After all, there aren't too many people in Jersey who get to start their days by listening to a request on an answer phone at 3am asking us to source a really good quality Crocodile tail. (Thanks to Danny Moisin from Danny's Restaurant for that one!)

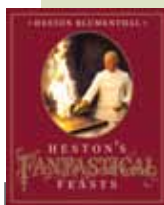
Biggest achievement so far?

Family! Without a second's hesitation, Fungi is and always has been a family business. We all live on site and Fungi has become our way of life. Think of us as the Jersey version of the Waltons and you won't be far wrong...

Any advice to wannabe food entrepreneurs?

Wholeheartedly believe in what you are doing. Show your passion and drive on your sleeve and always be willing to work harder and longer than anyone else.

www.fungidelecti.com



Heston's Advice

And for full on fantasy food, you can't get better than weird and wonderful chef Heston Blumenthal who's dipped into the darkest realms of his imagination to bring us 'Fantastical Feasts' – six feasts from the world of history, fairytale and legend. So if you've ever even fleetingly wondered how to make the lickable wallpaper from Charlie and the Chocolate Factory, your very own golden egg or Hansel and Gretel's edible house from the world of fairytale, or an 80s-inspired savory Zoom lolly, this book will show you Heston's quest to recreate it. There's an edible graveyard with Barbie-shaped chocolate zombies in the 'Gothic Horror Feast' and familiar kitchen equipment put to unusual uses, like the coffee machine that's used to create a lobster cappuccino. And while these may be recipes you'd struggle to follow in your own kitchen, it certainly makes for a witty (and wacky) read!

**Heston's
Fantastical
Feasts,
Heston
Blumenthal
(published by
Bloomsbury
Publishing)**

Chefspeak 'Fantasy Food'

Ever wished you had a recipe for Butterbeer, Bree Van de Kamp's cupcakes or Frobscottle? You're not alone. There seems to be a huge gap in the market for recipes of the more fantastical nature, although where we'd put the lickable wallpaper we have no idea. For this month's Chefspeak we asked some of Jersey's foodies which fantasy food or drink they'd like to whip up in their kitchen...

"I'd like a Master Chef Rat from the film Ratatouille (with an Italian twist). Who wouldn't love a little pet who could cook like the greatest Italian chef of all time while we just sit back! Low labour cost, creativity and unparalleled food quality – it's a winning formula. Sadly I haven't found one at the pet shop yet..."

Marcus Calvani, La Cantina



"My favourite fantasy food has to be the three course meal bubble gum in Charlie and the Chocolate Factory. You could invent a six course variety and offer it to your dinner guests, imagine how much labour it would save! I am not sure about turning all my Tassili diners into blueberries though, that part might need some work!"

Richard Allen, Executive Head Chef, Tassili



"If I did have a fantasy food idea, I think I'd keep it to myself, but I'd know where to find out how to create it! The 'Larousse Gastronomique' is one cookbook I couldn't do without, there's literally no cooking method it doesn't explain!"

Phil Wood, Bento Sushi



"While creating our Liberation Seasonal Ale collection, I was inspired by re-runs of Keith Floyd's cookery programmes. Keith was the original celebrity chef, a raconteur, passionate about food and drink and 'chucking in' only the best quality ingredients. It would have been great to have him joining us in the brewery, having a few 'quick slurps'!"

Pat Dean, Liberation Brewery



Fantasy Wine List

words | Martin Flageul

Maybe it is not only the wine that brings back memories of what a real "fantasy wine list" might contain. The company you are with, the food served, the location and ambience will all add to the enjoyment of great bottles. I have had the great fortune to share some wonderful experiences with many such people, sadly some no longer with us. So my fantasy wine list would have to include the following wines.

Champagne Laurent-Perrier Cuvée Grand Siecle vintage 1990 was served at lunch at Château Louvois, the home of the late Bernard de Nonancourt, past President of Laurent-Perrier and as host of a party from all corners of the world he had invited to see France compete and win the World Cup Final in great style over Brazil in 1998. This champagne was the first production of Grand Siecle to carry a vintage and subsequently only two more vintages of this fantastic cuvée were produced. Always produced with only wines from the finest Grands Crus vineyards Laurent-Perrier Cuvée Grand Siecle is now always a blend of three top vintages. The single vintage which was produced in 1990 was outstanding with tremendous body, structure and backbone yet retaining elegance from the Chardonnay which is the hallmark of Laurent-Perrier's style; truly one of the greatest champagnes I have ever tasted.

On a visit to meet one of the outstanding names in the world of wine, I dined with Monsieur Louis Latour at his Beaune offices in 1981. Having been the importer of his Burgundy wines since 1961, this was an invitation by Louis Latour to continue our trading partnership for the future. The company Victor Hugo Wines had just been formed and a group of directors and their wives from Ann Street Brewery Company were invited to meet the Latour family. A very memorable bottle of Corton-Pougets 1947 was served at lunch and the memory of this wine still lingers. The fact that it had only travelled a few kilometres from its time on the vine to the time it was enjoyed in the glass might have had something to do with it but the wine was so abundantly fruity, with amazing red-berried flavours and still with some soft tannins making it a truly great Burgundy. Today the vintages offered are more recent but the quality of Louis Latour wines, particularly from his own Château Corton Grancey is unsurpassed.

My longest standing friend in the wine trade is John Salvi, Master of Wine; he became my mentor way back in the early 1960s when he introduced me to slightly chilled glass of St Emilion with grilled fillet of bass; fantastic match! Having had the pleasure to visit Bordeaux on many occasions it was in 1981 that we met at the very first Vinexpo wine exhibition and John invited me to Château Palmer in Margaux to taste a range of vintages. The late Peter Sichel, co-owner of Château Palmer, opened a bottle of the 1961 vintage and the amazing complexity of this wine remains with me today; the powerful aromas of blackcurrant, with hints of vanilla and delicate violet scent following through into the mouth were outstanding. Whilst the soft fruit flavours and gentle floral tones were caressing my taste buds a whole powerful explosion of grape and oak tannins were also apparent... this wine will last forever I thought and it is still youthful in its style today... so maybe it will go on forever!

So my "Fantasy Wine List" will remain very much a fantasy but my great friends in the wine trade and their wines will live on in my memory forever.



Victor Hugo Wines.
Longueville Road
St Saviour
Tel 764044

www.victor-hugo-wines.com



Hot off the press

There's something very comforting about a brand new cookbook arriving from Amazon. All those pristine pages of perfectly photographed food, that not only looks scrumptious, but feeds the fantasy that you too could recreate perfect suppers and relaxed kitchen feasts (complete with a gang of photogenic mates and a

designer kitchen of course). If like me, you have a back catalogue of saggy soufflés and burnt bourguignons, a new cookbook is a glimmer of hope. A promise of food heaven – if only you can remember to set the oven timer this time. If you want to be living the 'perfect kitchen supper' dream this year, or you just fancy curling up on

your sofa and flicking through pages of delicious food photographs... here's the Gallery food team's pick of the best of the new batch of cookbooks due out over the next few weeks. Get them on pre-order now, and even if you don't turn into the next Masterchef, at least they'll look nice on the kitchen shelf.

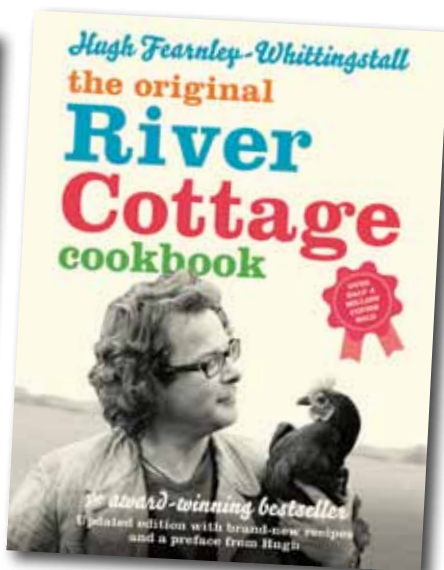


The Hummingbird Bakery Cake Days: baking for all occasions

Here's one for all the sweet-tooths out there. The bestselling, hugely popular Hummingbird Bakery is back with a new cookbook compiling yet more mouth-watering cupcakes, layer cakes, pies and cookies all photographed in their full glossy gorgeousness. If you're a fan of American-style frosting and super sweet cakes, you'll just love the hours of sugar highs this new book will give you. Now where did I put my whisk....

£20 approx.

Available to preorder (due out 17 March)
Best for: closet Bree Van de Kamps

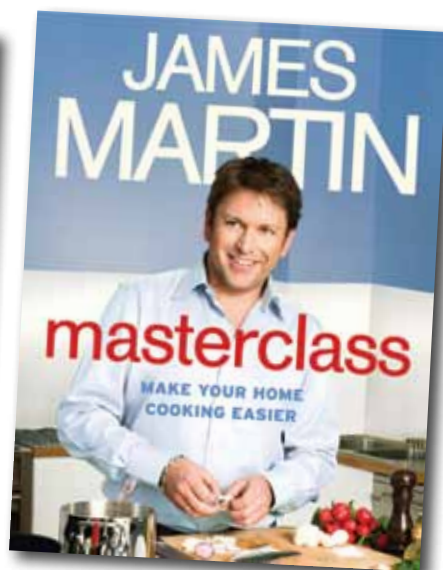


The Original River Cottage Cookbook, Hugh Fearnley-Whittingstall

More of an ode to country life than a cookbook, this updated edition of Hugh's classic tome is 450 pages of rural bliss from the original eco-chef. An engaging manual to life in the country – wellies and all, it makes a great read. All wild food, chickens and earthy veg, it's full of advice on how to grow, gather and cook your own food. It'll even tell you the best way to kill a chicken...

£25 approx (hardback).

New edition due out 3rd February.
Best for: anyone who's a secret fan of 'Escape to the Country'



James Martin's Masterclass: Make Your Home Cooking Easier

All the recipes you'll ever need to impress the girlfriend and easy step-by-step guides to essential kitchen skills like filleting fish, roasting joints and poaching an egg. If you fancy being able to create the ultimate beefburger, perfect pies, a foolproof risotto and pies to die for, while looking like you've been a whizz in the kitchen your whole life, then this is your book.

£20 approx.

Available to preorder (out 31st March)
Best for: kitchen beginners who want to impress

Foodiefantasies

A recent study showed that women think about food twice as much as sex. So guys, it's what you've always suspected. Women really would just prefer a nice bar of Dairy Milk.

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Fantasy properties, everyone's got one. Whether it's a luxury beach house, a super high-spec city pent-house or a Beverley Hills-style mansion, we've all fantasized about the sort of house we'd have if money and mortgages really were no object.

For this month's fantasy issue, take a look at this dream house, designed by Godel Architects for a panoramic setting at the top of Mont a la Brune overlooking St Ouen's Bay and close to

Les Ormes golf and health club. Richard Hollick from Thompson Estates says "This is a rare opportunity to purchase an approved building site, with plans designed by respected local firm Godel Architects to demolish the existing 1930s house and construct a state of the art modern property of some 5000 square feet. The site is situated at the top of a hill overlooking the whole of St Ouen's Bay with views from Corbiere lighthouse to Guernsey." With floor to ceiling glass a feature throughout the state of the art design, Zeelandia will certainly make the most of the all-day sunshine and fantastic sea view sunsets.

The property's been designed with four spacious bedroom suites on the ground floor with floor to ceiling glazing designed to showcase the location's stunning views. The two 'master' suites are either end of the property, with curved floor-to-ceiling glazing framing views to Guernsey and the north of St Ouen's Bay or Corbiere and the south. They've also been designed to feature spacious dressing areas with large ensuite bath and shower rooms. The two central bedrooms are also ensuite and face out due west across the large landscaped garden and pool area toward the sea. All the bedroom suites have their own easy 'step-out-of-bed' access to the swimming pool – perfect for an early morning swim. To the rear of the property on the ground floor is the utility room, cloak room, a three-car garage and an integral one-bedroom apartment.

The two 'master' suites are either end of the property, with curved floor-to-ceiling glazing framing views to Guernsey and the north of St Ouen's Bay or Corbiere and the south.

The central hallway, with its double-storey glazing will always be flooded with light, and this will form the interior access to the first floor. Sweeping stairs lead up to the first floor, where the architect has placed the reception rooms and kitchen to take full advantage of the views. Forming the west wing of the property, the space is divided into three sections – a large kitchen / dining room forming the north-facing end of the property, an informal living / dining space in the centre, and a more formal lounge to the south. All the rooms open out onto a cantilevered balcony overlooking the stunning sea views, which leads back down to the pool area via a spiral staircase.

A 'bridge' links the west wing with the east wing which features another cloakroom and a study, as well as access to the one bedroom flat, designed to be used either as a guest wing or staff accommodation.

Architect Bob Godel, from Godel Architects explains the thought process behind Zeelandia's design: "The design was inspired by the site and by its location. There are fantastic views across St Ouen's Bay to the West, particularly from the first floor, and as a result we decided on an uncompromising approach, which placed the living accommodation at the first floor and concentrated on ensuring





that maximum advantage was taken to exploit the views by developing a design that had significant amounts of glazing. We wanted to keep the design as simple and elegant as possible, so the building is very rational in terms of the simplicity of construction - the West-facing element of the building is a simple frame structure with glazed infill panels. The roof design was developed to reflect the building's location (and therefore draws on aeronautical references) and incorporates a large profiled overhang to provide solar shading to the windows beneath."

The design incorporates a number of innovative features ensuring that Zeelandia will be energy efficient with a low carbon footprint. And as well as being environmentally friendly, the building has been designed to maximize its environment with floor to ceiling glazing showing off those spectacular views from every angle. Clever touches like the curved glass and the cantilevered balcony with its spiral staircase make this building seem super high-tech – it's certainly going to be an amazing architectural addition to the island's west coast. But even with all this space-age

sleekness, the island's heritage hasn't been forgotten. The east wing is clad with Jersey granite, "announcing the modernity of the development, whilst at the same time grounding it in Jersey materiality" as the estate agents explain.

It's certainly a rare chance to snap up your dream property as architect Bob Godel agrees: "Jersey has potential for development of this sort, but opportunities such as these are fairly rare for the reason that sites with such great views tend to be limited in supply." And ok, for the moment, it's only a computer-generated design, but hey, it still looks good to us. Dreams can come true....

The design incorporates a number of innovative features ensuring that Zeelandia will be energy efficient with a low carbon footprint.

Zeelandia

Guide price £1,400,000
For more information, contact
Thompson Estates, 888855

Details:

Approved building plot
5000 sq ft. of contemporary design by
Godel Architects featuring:
4 bedroom suites
3 reception rooms

2 cloakrooms
Study
Integral 1-bedroom apartment
Large double garage
Landscaped garden and swimming pool



Genuine Growers

Bedding plants are quietly growing and propagating behind the scenes for planting out in April and May. **Holmegrown** in St Clement have a huge range, including, new for this season, the deliciously stylish Black Velvet petunias. Their tropical echiums have beaten the frost and will be zooming heavenwards with their mass of bee-loving purple buds. **Belles Fleurs** in Grouville are heroes of the hanging basket and helping to put their parish into the final of Britain in Bloom. They have 17,000 sqft of covered area for plant production and bring on a huge range of bedding plants for spring and summer.

They say good hedges make good neighbours and **Andrew Le Maistre** grows four varieties of hedging plants next to Durrell. They buy them in as tiny plug plants and nurture them for 2-3 years until they are ready to plant out for instant hedging. They have laurel and viburnum and the elegantly-named euonymus and elaeagnus which are hardy enough for our coastal areas.

Black velvet petunias, echiums, elaeagnus and euonymus

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his&fantasy hers furniture

Something for you both at David Hick this month

For him: the PLURA by Rolf Benz. Designed by Norbert Beck

Described as 'more than a sofa', the Rolf Benz PLURA gives you all the options for living exactly the way you want to. Whether that is sitting upright, lounging about or sleeping in total comfort – very little effort is required to adjust this multifunctional sofa to your favourite position; with folding arm sections, swivelling seats and backrests that can recline and extend continuously.

The variety of elements give you the freedom to adapt Rolf Benz PLURA completely to your personal requirements. The variety of functions is impressive, even as a compact individual sofa with two individually adjustable sitting and reclining positions. Elaborate decorative stitch work emphasises the high quality of this sofa. Rolf Benz PLURA is available in three seat heights and the frame is available in black or painted or glossy chrome.

For her: chandeliers by Vaughan

Michael and Lucy Vaughan founded Vaughan Ltd in 1983 to meet the demand in the interior design world for stylish and classical lighting made to the highest standards. Having previously been dealers in decorative antiques they fully appreciated the sort of lighting that was needed. We love their feminine Selwyn mirrored ellipses chandelier with vibrant lipstick pink silk lampshades. However it was too hard just to choose one favourite, so also pictured is the Verbier Crystal Chandelier and Martigny Chandelier with rust beaded crystals. So beautiful and so covetable. Chandelier purchasing may just be better than handbag purchasing! Does this count as being a Domestic Goddess I wonder...

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ST OUEN



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CAT A-J

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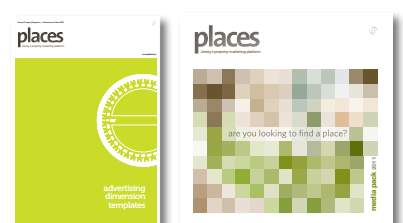
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January Sales!

Properties that have recently gone down in price: pg6

First class views
We take an inside look at the beautiful Furze Close: pg 10

The cost of moving house
Mourant tell us what they do for their fees: pg18

On the rise
Skipton explains why now is a great time to sell in Jersey: pg20

This month featuring property and advice from...



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German fantasies within easy reach.

Exclusive Bulthaup design and installation service for Jersey

I've always fancied a Huf Haus. The precision German engineering, the simple effortless design and the fanatical attention to detail. The only problem is that to look at the range I need to go to Hamburg. It's a bit of a trek. Whilst I'd quite enjoy the excuse to make a designer pilgrimage across Europe in search of that perfect edge and minimalist lines, I'd love to have it closer at hand.

If I translate those desires into the kitchen you'll come across Bulthaup. For those who do not know the Bulthaup brand, it's probably one of the best contemporary kitchen furniture designs in the world. The brand has been a well kept secret, known to architects and

designers in the style capitals of the world. Its pure lines, matchless materials and precision engineering make it the aspirational dream kitchen of those in the know. And the great thing about it is that it lives up to its reputation. No shoddy hidden edges or working parts here. Everything is finished to perfection. And another plus - going to look at the range doesn't involve crossing France.

We found out this month that Bulthaup Winchester are now able to offer Jersey locals the opportunity to view the range, and it's only an hour away. They are passionate about providing inspirational kitchen design and brands normally only available from London or Paris to discerning people across the South and that now includes our fair isle.

Take off from Jersey, land at Southampton, and they promise to meet

you at the airport. Within 60 minutes of leaving Jersey you will be in their showroom, seeing and feeling the full Bulthaup range and starting your own personal design dialogue.

Bulthaup Winchester are working in partnership with the highly regarded Jersey company Regency Installations to make sure every customer receives an attentive professional installation service. Director Stewart Carr told us, "We are now able to provide the same degree of excellence in design, installation and after-sales service to clients on the Channel Islands that we pride ourselves on delivering to the UK mainland."

To judge for yourselves you could contact Stewart and his team through their website at www.bulthaup-winchester.co.uk or call them on 01962 849000.



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Back to the Future

Former CEO of Jersey Finance Ltd, Phil Austin, has been appointed Chairman of Future Group.



Phil Austin has joined Future Group, a collection of locally owned lending businesses offering the widest range of finance available in Jersey. Phil (61) spent most of his career in banking with HSBC in the UK and Jersey. From 1997 to 2001 he was Deputy Chief Executive of the bank's business in the Offshore Islands.

In 2001, Mr Austin became the founding CEO of Jersey Finance Ltd, the body set up as a joint venture between the States of Jersey and its Finance Industry, to represent and promote the industry at home and abroad.

In 2006, he joined Equity Trust as Managing Director of the Channel Islands business and a member of the Group Executive Committee. He retired from Equity Trust at the end of 2009. He is a Fellow of the Chartered Institute of Bankers and a Fellow of the Institute of Management.

He joins Future Group at an exciting time for the Channel Island company. They have recently diversified their services and launched Future Invoice to complement their portfolio of Future Finance and Future Loans. They provide innovative and bespoke finance solutions alongside competitive traditional finance.

Craig Dempster, Director, Future Finance, said: 'Phil's appointment today further strengthens our leadership team. Future Group is now established as a leading local finance business and the introduction of Phil Austin as Chairman demonstrates our resolve to achieve top tier status in all our business sectors.'

Jersey Kayak Adventures gets top marks

Jersey Kayak Adventures has shown itself to be at the top of the class for outdoor adventure activities by being awarded the Learning Outside the Classroom (LOtC) quality badge.

The scheme combines learning and safety into one easily recognisable badge for organisations providing adventure and learning activities. The badge offers both teachers and parents a guarantee of quality and the knowledge that appropriate safety standards are in place through the use of qualified staff and suitable equipment. The badge aims to reduce red tape by creating a single award



You say 'Eh', we say 'Eh'...

Jersey Finance has welcomed the signing of the Tax Information Exchange Agreement (TIEA) with the Canucks.

The agreement was signed last month when the Canadian High Commissioner to the United Kingdom visits Jersey to meet Chief Minister Senator Terry Le Sueur.

The finance industry is fully supportive of the series of TIEAs signed by the Jersey authorities, which are set to continue. They help to reinforce the high standards of Jersey's finance industry and signal Jersey's continuing participation in global initiatives designed to strengthen the financial services system and combat fiscal crime. Geoff Cook, chief executive of Jersey Finance (below), commented:

"This latest TIEA with Canada is another significant step in strengthening Jersey's ties with some of the largest economies in the world. Jersey has now signed agreements with nine of the G20 nations, with a further seven either initiated or fully negotiated. Not only does this reflect the international dynamic of Jersey's finance industry, it also demonstrates how the world's leading countries view the quality and robust nature of Jersey's legislative and regulatory framework."

Jersey has now signed twenty tax information agreements with countries including the UK, USA, France and Germany.



We're into the new photo Geoff. We've been getting the one below for years and the new one is much better. Don't you agree Gallery readers?





Co-op buy local

The Channel Islands Co-operative reaffirmed its commitment to local suppliers by announcing it had spent a massive £10.6 million with local suppliers in Jersey and Guernsey over the last 12 months. Colin Macleod, Chief Executive Designate said "We are delighted to be working with a wide variety of island suppliers and provide a range of local products in our stores. Supporting local is an essential part of what the Channel Island Co-operative is all about."



Fred funds comedy

Funds professionals in Jersey will be entertained by a renowned Scottish comedian and presenter at the annual Jersey Funds Association (JFA) Dinner at the Hotel de France this year. Fred MacAulay, who presents the weekday morning show for BBC Radio Scotland and regularly appears on popular TV programmes including Have I Got News For You, Mock the Week and QI, will be the guest speaker at the dinner, which takes place on 25th March. The lead sponsor of the event is private equity fund services firm Ipes. The evening will begin at 6.45pm with a champagne reception sponsored by Mourant Ozannes. Further musical entertainment, co-sponsored by Bedell Group and JP Morgan, will be provided by Joe Stilgoe, who regularly plays at top jazz clubs around the UK. Local businesses and individuals are invited to attend the black-tie event at a cost of £60 per person. Hopefully Fred will steer clear of the specific fund industry humour, so as not to lose the rest of us....

turn the page

A new business in Jersey has been set-up to help marketers and business owners get the most out of digital marketing and Social Media. Blank Page is an independent digital marketing and digital footprint management consultancy offering expertise in all forms of digital marketing including Search Engine Optimisation (SEO), Search Marketing (SEM), Social Media Monitoring and Management, Electronic Direct Mail (EDM) and Website optimisation. The business also offers structured training and bespoke workshops helping businesses integrate their online marketing efforts with their broader marketing strategy.



Boxing Clever

For local web design company BlueBox Creative, 2011 is shaping up to be a great year.

Founded six years ago, BlueBox has grown into a multi award winning web design agency with an impressive portfolio of both Jersey and international clients ranging across the majority of business sectors. They've rapidly gained a reputation for developing websites and internet applications of the highest quality, driving the business from strength to strength - so much so that they've had to move into larger premises at 5 Britannia Place, Bath Street.

As well as new offices, the coming year heralds other positive changes for BlueBox with the appointment of Oliver Baudains to the board as a Director. Educated at Bournemouth University's infamous Media School, Oliver graduated with a BA (Hons) degree in Interactive Media Production. Specialising in internet technology, Oliver returned to Jersey to pursue his career and, in 2007, joined the company and has not looked back.

BlueBox is currently running over 100 websites in a variety of languages and jurisdictions.

In his new role, Oliver will be playing a key part in the development of new and existing products as well as assisting in the future development of the business.

"We're delighted that Oliver has demonstrated the skills required to take on the responsibilities of Directorship and I'm sure that his drive and enthusiasm will ensure a prosperous future for both himself and the Company" - BlueBox Creative Managing Director Peter Haworth

Combining website development, search engine optimisation, online marketing and sumptuous graphic design, BlueBox Creative's primary focus is on delivering rich, vibrant websites which actively promote and generate business for their clients. At the core of the business is the 'BlueBox Online Management System'; five years in the making and responsible for currently running over 100 websites in a variety of languages and jurisdictions.

"BlueBox OMS enables us to realise a client's business requirements quickly and effectively whilst allowing the client to manage their site themselves, in an intuitive, user-friendly environment." - Peter Haworth

And it's not all amazing design and technical knowhow. BlueBox understand that even the highest standards of creative and technical excellence aren't all you need to build great working relationships.

"We're committed to providing exceptional levels of service to all our clients; in the initial stages of a project, through to day to day optimisations and future enhancements." - Oliver Baudains

Considering this attitude, married with a commitment to sensible pricing and ethical business practices, it's not difficult to see why BlueBox Creative are enjoying continued success.

Interested in what BlueBox Creative can do for you and your business this year? Why not get in touch to discuss the possibilities?

Website: www.blueboxcreative.com - email: info@blueboxcreative.com - phone 01534 859588

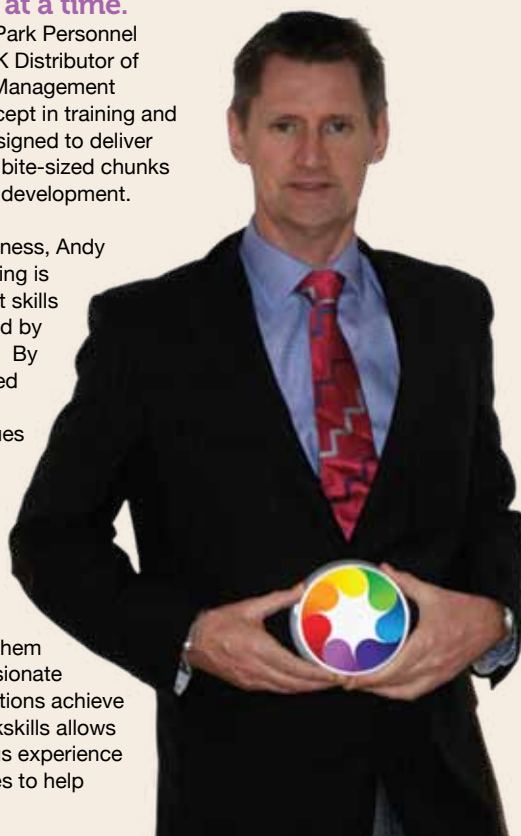


Training to win; one bite at a time.

Andy Voss, the previous owner of Park Personnel and AVG Sales & Marketing, the UK Distributor of GoldMine Customer Relationship Management software, has launched a new concept in training and development. 'Lifeworkskills' is designed to deliver cost effective training in 90 minute bite-sized chunks for both personal and professional development.

Having looked at the needs of business, Andy identified that whilst technical training is still active within organisations, soft skills training has been adversely affected by budget cuts and leaner staff ratios. By offering cost effective highly focused courses in time slots of 90 minutes Lifeworkskills addresses these issues enabling businesses to continue develop their staff and business. Everyone needs to learn!

Andy told us; "When growing my previous businesses I have always believed that success comes from developing the individuals to help them be the best they can be. I am passionate about helping people and organisations achieve the success they deserve. Lifeworkskills allows me to bring together all my previous experience to bear in our wide range of courses to help people do just that".



Increasing flow and team at Fairbairn

In line with increasing business flows (their words, not ours), Fairbairn Private Bank has made two new appointments within its private banking team, Andrew Robins and Alex Jeffries. Andrew has extensive financial experience having worked originally for Barclays and then for the last 10 years at RBC Investment Solutions. Most recently, he worked as an investment consultant providing investment advice directly to trustees and private clients. In his new role at Fairbairn Private Bank, Andrew will focus on private client business development. Alex also joins from RBC where he worked as a wealth manager assistant supporting a team of investment consultants and providing ongoing relationship management. At Fairbairn Private Bank, Alex will be responsible for his own portfolio of private clients.

Trusts lawyers at Mourant Ozannes rated among world's best by ultra high net worth individuals

A number of leading trusts lawyers from international law firm Mourant Ozannes have been named in the Citywealth magazine Leaders List for 2011, including two from Jersey: Jonathan Speck and Giles Corbin. The list is Citywealth's sixth annual guide to the leading advisors in private wealth management. It is compiled through recommendations by private clients and peers in the wealth advisory community and deals only with those considered to be in the one percent of the wealthiest individuals in each country. Seven Mourant Ozannes lawyers in total (four in Guernsey, two in Jersey and one in the Cayman Islands) have been named as leading lawyers and prominent figures for contentious and non-contentious trusts work. As well as the two Jersey partners, the list includes Christopher Edwards, Jeremy Wessels, St John Robillard, Rob Shepherd (Guernsey) and Morven McMillan (Cayman Islands).

Ogier strengthens Private Wealth team

Ogier is delighted to announce that Nick Wakefield has joined the firm to head up the new investment services offering at Ogier and will be part of the growing Ogier Private Wealth team. Ogier is an integrated legal and fiduciary group with a team of over 800 professionals in nine jurisdictions around the world.

Nick Wakefield said "I am excited to join Ogier at a time of significant growth for the company. It is a great opportunity to build this new offering and marks a change in my professional focus. I am really looking forward to working alongside clients helping them formulate achievable strategic goals."

Senior Marketing Appointment at Jersey Finance

Jersey Finance Limited has appointed David Vieira as its new Head of Marketing.

David is a Chartered Marketer with more than 10 years' experience in marketing including senior roles in both the telecommunications and finance industries.

Born in Jersey, David, 34, graduated from Sheffield University and has since gained considerable experience in brand strategy, marketing communications, public relations and market research. He began his career at Jersey Telecoms in 1998 and was later Head of Marketing for the JT Group of companies for three years until 2008. David was most recently Business Development Manager at the Jersey Trust Company. David replaces Dara Lutes and takes up his new role in January. David lists a number of sports among his interests including football where he has studied to qualify as a Level 1 FA soccer coach. He is also a qualified business coach and mentor.





Nothing like offshore bricks and mortar

The Channel Islands Property Fund Limited acquired 17-21 Seaton Place at the end of last year. Capitalising on the islands' strong commercial property sector, the Channel Islands Property Fund Limited, is an authorised, closed-ended investment company that is listed on the Channel Islands Stock Exchange. At a time where low interest rates are impacting on investor returns, the Company offers an opportunity to invest in a resilient property market with the added advantage of dividend yields anticipated to be at 6% per annum. Not bad.



Left to Right: Sam, Duncan, Allan, Kate.

Orchid sows seeds in London

Orchid Communications has formed a strategic alliance with leading London agency Living Group. Formed seven years ago by Sam Watts, Orchid Communications provides marketing and public relations services to Channel Island businesses. In 2010 Sam's husband Allan joined the business and added training and video services to its range of products. Orchid has just completed production of the new tourism video and UK regional television commercial for Visit Guernsey, working with one of its other key partners, Tigervision. Living Group is also run by a husband and wife team – Kate and Duncan Shaw. Living was founded at around the same time as Orchid and has carved a niche in the financial and professional services industries in the City of London, Switzerland and Asia. Orchid and Living are already working jointly on delivering marketing solutions to Channel Island clients in London and the emerging Asian markets.



Left to Right: Six of the seven Jersey appointees - Martin Keelagher, relationship support manager; Jo Le Var, relationship support manager; Aidan McAvinue, head of IIWS Jersey; Bash Qureshi, director; Michelle Honey, relationship support manager and Jo Singleton, Account Executive.

Seven added to the Barclays Wealth throng.

The relationship team that looks after Barclays Wealth's Intermediary clients with complex and specialist banking and investment requirements, has made seven new appointments in Jersey and a total of 14 across the business, in order to meet customer demand. The Intermediary & Institutional Wealth Solutions team (IIWS), which was launched in the Channel Islands in May 2010, has expanded dramatically thanks to a growing requirement for the team's services. The new appointments in Jersey, a combination of external recruitment and internal promotion, include: Aidan McAvinue, head of IIWS in Jersey; Bash Qureshi, relationship director; Joanna Le Var, relationship support manager; Martin Keelagher, relationship support manager; Fiona Pearson, relationship support manager, Michelle Honey, relationship support manager and Jo Singleton, account executive.



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- A powerful technique for calming presentation nerves.

Delegation

- The benefits of delegation for you and for your team.
- How to decide what you should delegate and to whom.
- Ways to maximize the effectiveness of your delegation.

Stress Busters

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- Adjust your thinking and develop your support network.

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For details of all our courses, timetable, prices and in-house options

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Jersey Entrepreneurs on the sofa

Alex Morel

ALX training

So, tell us what inspired you to get this off the ground?

Discovering that although people use MS Office on a daily basis and that many companies' productivity / efficiency depends on how well their employees use these products, most people do not use the software to its full potential, thus wasting both time and money. I designed a few lessons to address these gaps and the business quickly took off!

What did you do prior to starting this business?

I've been teaching since 1999 and have taught many different subjects from English language, to sexual health, literacy and now IT.

Did that teach you any lessons that helped you succeed?

Over the years, I've learned what people really want from a lesson, regardless of the subject - relevant, practical and easy to digest information delivered in a short lesson by a friendly and knowledgeable teacher.

What's the hardest lesson you've learnt since starting the business?

The importance of saying 'no' and not taking on every contract which comes my way. It's easy to say 'yes' to every request but you've got to keep your eye on your time and the bottom line.

Any funny stories that you have about the business starting out?!

Students meeting me for the first time are regularly confused by my name. When you teach IT and have a name like Alex most people expect to be taught by a man. This is then compounded by the fact that my husband is called Kirsten!

What are your plans for the future?

To establish a permanent base in Guernsey which would then spare me

the regular white knuckle ride to our sister island. We are also moving into e-learning with tailor-made online training sessions which can be incorporated into a company's induction process. This will also make the simultaneous roll-out of new MS Office versions across different jurisdictions much easier for large firms.

What advice would you give to would-be entrepreneurs?

Don't think that being self-employed is any more of a risk than being employed. Remember, you're never going to sack yourself or make yourself redundant. You may go bust but so could the company you currently work for.

About the business

ALX Training delivers Microsoft Office and BlackBerry classes for businesses across the Channel Islands. Using a task-based approach ALX Training delivers courses that are focused on the needs of the individual user and the business as a whole.

In a short time, ALX Training has become the Channel Islands' leading provider of MS Office training, due in part to its flexible approach which means staff can be taught within the workplace in short sessions that keep disruption to a minimum. Importantly, employees don't spend time learning irrelevant topics, instead they leave the session with knowledge and experience that can be immediately applied to their workplace.



Alex Morel

born	Sunny Jersey
marital status	Married
school	St Lukes / JCG
uni	Lancaster
first job	Market Trader
car	Currently being written off
book	Anything by Paul Theroux
music	Reggae
film	Withnail and I
gadget	Sony Reader / BlackBerry
last holiday	Antigua
enjoy	Eating out and travelling

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Pop in and see us in our Bath Street showroom

Visit www.mevanna.com

[Movers&Shakers]

**Louise makes the grade**

Louise Bowden, Marketing and PR Manager at Sure, has been awarded the Professional Postgraduate Diploma in Marketing and Chartered Marketer status from the Chartered Institute of Marketing. The qualification, which has been specifically developed for marketing managers, required Louise to take four exams as well as take part in 35 hours of continuous professional development. The final modules of the course were taught in London, something that Louise felt was an important element for Jersey-based marketers.

"Holding the final sessions in London meant that I was able to meet marketers from a wide range of industries which are not prevalent in Jersey. Speaking to students working in the pharmaceuticals and large retail sectors, for instance, gave me a real insight into the way marketing practice and theories are adapted to work for different circumstances." Louise received her award from the Chartered Institute of Marketing at a ceremony in Birmingham.

**Vistra Group Strengthens Team**

Richard Hughes has been appointed Senior Manager, Business Development, within the Funds and Corporate Services Division of the Vistra Group, based in the Jersey office. Richard will be responsible for advising new and existing clients from across the Vistra Group on alternative investment funds, particularly assisting in the creation and ongoing management of those funds. He joins Vistra from a major European banking institution with which he has spent four years in Guernsey as a relationship and business development manager. Throughout his career he has worked for international banks, specialised in delivering global custody, corporate trust and fund administration solutions. Richard is a Chartered Member of the Chartered Institute for Securities and Investment.

**Global head moves back to Jersey**

Official prize for the coolest name in the movers&shakers section this month goes to global head of Investec Trust, Xavier Isaac. Xavier has relocated to Jersey where he will lead the Jersey operation as managing director. Previously based in Switzerland, Xavier will continue as CEO of the Investec Trust group, a position he has held since September 2009. This is Xavier's second time living and working in Jersey; he was managing director of ABN AMRO's Trust operation between 2001 and 2005. He said: "Jersey and its business community are very much home to me having previously lived and worked on the island. Since then, I have always followed the evolution of the Jersey financial sector." Originally from Belgium, Xavier graduated magna cum laude in law from the Catholic University in Louvain. He speaks French, English, Spanish and Dutch.

**Sean heads to the Gulf**

Jersey Finance has appointed Sean Costello as Head of Business Development for the Gulf Cooperation Council (GCC) and India. In his new role, Sean will head up Jersey Finance's new offices in both Abu Dhabi and Mumbai, which are due to be officially opened in March 2011. He will be responsible for representing Jersey's finance industry in both regions and building on the links Jersey Finance has established with industry leaders, business introducers, public officials and regulators in the GCC and India.

Sean spent his early career as a history teacher and British Army officer, before moving into public relations, taking on a senior management role with Deloitte UK, where he was responsible for PR and communications in the firm's Central region. He then moved to become Head of Marketing and Business Development for PwC in their Northern region until 2008. Born in Bedford, Sean holds a Masters Degree from the University of London and postgraduate teaching qualification from Durham University. Sean lists a range of activities among his interests, including golf, hill-walking, camping, military history and photography.

**Baker Tilly welcome Ewan Spraggon**

Baker Tilly Channel Islands Limited has appointed Ewan Spraggon as Audit Director. Ewan will be focused on the strategic growth of the Assurance and Advisory practice, as well as Tax Planning and Compliance. In particular he will be responsible for building client relationships, new business growth and the development of the professional staff.

A member of the Institute of Chartered Accountants of Scotland, Ewan has moved from PricewaterhouseCoopers. He has over 8 years' experience in the Financial Services industry in the Channel Islands, specialising in alternative asset management.

Baker Tilly Channel Islands managing director David Hopkins said the appointment demonstrates the company's commitment to excellence in client delivery.

"I am delighted we have secured someone of Ewan's calibre and experience to help us take the business forward. We are seeing significant growth and interest in our services and this appointment will strengthen our team to ensure we continue to deliver a high quality service to our clients".

Away from the office Ewan can be found on the golf course or in the gym, satisfying his passion for competition and exercise.

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Our client is seeking to recruit an Accountant to become an investment funds professional. This exciting opportunity would suit a newly qualified or part qualified accountant to join a fresh dynamic team. Our client offers a competitive study and benefits package.

Support Services Administrator

Our client is seeking to recruit a Support Services Administrator for their Securities Department. Responsibilities include monitoring cash positions and completing reconciliations. Potential candidates will be studying towards or hold a Securities & Investment Institute (IAQ) qualification.

Senior Client Relationship Manager

Our client is seeking to recruit a Senior Client Relationship Manager to administer a varied portfolio of Funds and Management Companies. Applicants must have 5 years + fund / trust experience, be ICISA or STEP qualified and have previous experience in running a team.

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Finance Officer £33-36K

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Relationship Manager £45K+

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To deliver exceptional sales & business performance whilst maintaining sound risk management.

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Gallery's new business consultant looks into cutting edge ways to motivate your staff.

I am your team building corporate motivation guru

words | CEO Wendell Stamps

If there's one thing absolutely guaranteed to remind you that you're nothing but an expendable office drone, it's that dismal moment when senior management decide to wring a little more productivity from their employees by subjecting them to a team-building exercise.

Even if you aren't bullied into attending on a weekend, you'll crawl at least 7.4 hours closer to death with a micro-managed session of crude psychology, tedious role-play and ten minutes wearing a blindfold whilst some utter bastard from accounts shepherds you round an assault course like a crap version of Nightmare.

I don't know about you, but I certainly feel more inclined to double my unpaid overtime for the next quarter when I learn that the people with private toilets in their offices have set aside funding for myself and my colleagues to dissolve our repressed mutual loathing with an away-day exercise designed by the type of corporate sociopaths who brought you toilet break time-recording, motivational posters and Who Moved My Cheese?

Throw it against the wall and see what sticks

The problem with these activities is that they are dreamed up by a class of people who view your "team" in much the same way that the Japanese viewed prisoners of war: interchangeable pack animals to be sucked dry in the thankless services of greater minds, before being garrotted at sunrise and fed to the pigs. Nobody feels better about minimum-wage drudgery because they helped win a game of Cranium and got half a free pizza at the end, and you certainly don't bond with co-workers who took a solitary day off from plotting

your downfall just to cheer you on in a Frisbee relay.

Managers everywhere could learn a thing or two by basing their team-building exercises on some situations where people genuinely have bonded as a group, so I'd like to pitch a few carefully managed scenarios that will really help the little people refocus on the deliverables and make those numbers before the next stock report comes through!

Bosses: if you like what you see, my fees are very reasonable, catering is outsourced to the prison cafeteria



Wilderness survival adventure!

Nothing brings a group of people closer together than deciding which sick or injured member of their party they must kill and eat to survive in the barren slopes of a rocky mountain range.

Your team will be absolutely thrilled to learn that they're being flown to a ski lodge on the company's chequebook, and you can consider these thrills increased 110% as they contemplate mortality in a burning aluminium coffin hurtling madly towards the ground.

When the naked terror of the initial descent and collision begins to fade, participants will have to draw on diverse skillsets to pull each other from the



and your money gets you some very detailed reports on who to fire because they didn't give it 100% in the Dragon Boat racing. I know you'd like to avoid all the employment tribunals that you aren't able to pay off, so contact my legal department first and we'll pack the waiver forms with so much small print that we'll get away with war crimes if you think it will get them at their desks earlier on a Monday.

Going Forward Through The Doors Of Perception!

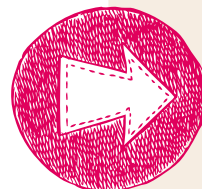
Sometimes, the only way to really unleash the inner creativity of your people is to set them free from the restrictions, rules and hierarchies that will inevitably stratify in any modern workplace. However, to actually treat your employees like thinking beings might weaken your absolute grip over their every conscious moment, so we've devised a unique brainstorming session that will really show your organisation what a paradigm shift is.

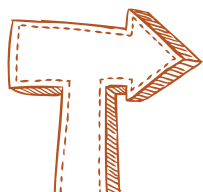
Over the course of several hours, employees attending our secure

conference venue will gradually shed their inhibitions, their clothes and eventually their sanity as they fall under the influence of the colossal doses of psychedelic chemicals that our trainers have used to spike the free buffet and the contents of the coffee urn.

Our chemists are all veterans of distinguished military mind-control programs, and can provide a bespoke mixture of LSD-25, mescaline and the powerful Andean spirit vine ayahuasca. Over 12 to 14 hours, your horrified workforce will confront their greatest fears

as one, see colleagues reflected in the shattered mirror of reality and stumble through a darkened forest of madness into the healing light of a new day. We will provide the necessary chemicals, programme subliminal suggestions to your exact criteria and have a crew on hand to launder the inevitable piles of urine and vomit stained clothing. Each employee will receive a certificate of participation, free of charge!





burning wreckage, erect crude shelters and blue-sky the realisation that there's no god-damn food on these freezing rocks!

This event will incentivise your workforce to unlock the core proficiencies necessary to leverage survival skills in any hostile environment, be it the tough post-recession market or a snow-blasted graveyard on the roof of the world.

We believe that you will be amazed to see how this scenario nurtures skills of persuasiveness, quick-thinking and negotiation; as each individual strives to avoid being the next person clubbed unconscious with a fire extinguisher, butchered by committee and roasted over a pile of burning seat rests.

#2

White water; white knuckle!

Forget golf and brothels, for a small team of goal-oriented middle managers there's no better way to gel than a challenging canoe trip down one of the many rivers of the scenic American south.

Proactive problem-solvers will excel when they master the strongest of physical and mental challenges of backwoods Georgia. They'll ride the white water of the river basin, growing both as individuals and as a team, especially when they pull together to cover up the murder of the creepy mountain men responsible for the dehumanising anal violation of one of

their party.

Once they've completed this once-in-a-lifetime training opportunity, there's no project that your team won't be able to action for 'deliverance'. They may be balls to the wall at crunch time, but one whisper of "squeal piggy" and your people will remember that they can overcome any obstacle, no matter how painful and humiliating.



#3

Learn to be a super supervisor!

All successful managers know that a little healthy competition amongst employees is a guaranteed win-win, but it isn't always so easy to foster that key environment of resentment, bullying and favouritism that really gives productivity a sustained lift.

Our event planners drew on the landmark psychological study known as the Stanford Prison Experiment to create an exercise that will help your staff silently internalise company values, grow into thoughtless accomplices and bury any moral scruples in a shallow grave of mutual denial.

All we need is a two team split, with one group assigned the role of guards and the other group really ready to think outside the box, because they'll be the prisoners in our simulated corporate gulag!

Team A will explore the ways in which casual brutality and the corrupting effects of power can enable them to avoid any responsibility for their actions, whilst Team B are swiftly reduced to nothing more than numbers, passive untermenschen subject to the every whim of their sadistic captors.

You'll be amazed how quickly inconvenient qualities such as compassion and kindness can be discarded on the blinkered descent into a violent, amoral cesspool; an environment in which the violation of every principal of human decency is excused via unthinking subservience to the needs of authority. Remember, "we were just following orders" is the motto of a truly loyal workforce.

#5

Drilling Down (into the basement)!

Don't panic, when we talk about Stockholm Syndrome we're not talking about any fancy Scandinavian notions of paid paternity leave, regulated working hours or a society founded on notions of fairness and respect. Instead, we'll strengthen your relationship with your workforce via the application of a principle that sees the powerless victims of abuse develop a slavish emotional attachment to the sadistic figure that controls every condition of their existence.

After eighteen months as a hostage in

our dingy subterranean prison, even the most difficult employee will crawl towards your presence like a beaten puppy, desperate for the slightest approval from the god-like presence that can turn this air supply off any time you open your smart mouth.

Speak to us about our themed kidnapping events: inject a spicy Latin flavour by having your employees shackled in the jungle hideout

of violent Colombian narco-terrorists, or perhaps you'd prefer the smooth continental sophistication offered by the basement dungeon of a moustachioed Austrian paedophile.

Whatever prison you choose, get ready to progress into a golden era of efficiency with a team that's 100% focused on your every command, be it compiling stock reports, auditing processes or putting that lotion in the f*%*ing basket.



a blank canvas

for your business

The units on the first floor of 4 Wharf Street are filling up fast as more and more businesses take advantage of all that 4 Wharf Street has to offer. The first floor is a stylish and modern environment with vivid Jersey scenes on the walls that create a high impact environment >>



Each unit is a blank canvas to make your own. All suites come furnished with a desk, office chair, drawer units and six electrical plug points. Additional facilities include individual mail boxes to ensure privacy, a kitchen that serves all the suites, showers, phone system that allows for individual phone numbers, a boardroom, air conditioning, CCTV and free online wi-fi access.

4 Wharf Street is designed to help businesses thrive and has 24 hour access so that there's no limitation on the number of hours you're able to work. A cost effective secretarial service is available for when you are away on business, on holiday or just need assistance answering calls.

4 Wharf Street has flexible leasing terms. A three month notice is all that is required to end the lease. A self contained suite costs from only £375 a month and there are no service charges as heating, lighting and water are all included in the lease. With so much of the cost included in the lease it's never been easier for a new business to get up and running.

We continue in our series of meeting some of the new tenants on the recently opened first floor of 4 Wharf Street. This month we quizzed our new 2point4 editor Nicola Eastwood who moved into Wharf Street last month.

Details

Self contained suites from only £375 and office shares from £225

Flexible leasing terms

Flexible leasing. A three month notice is all that is required to end the lease. Three months deposit plus one month's rent in advance.

No service charge

Heating, lighting and water are all included in the lease. Cleaning service supplied in common areas.

Ideal for start-ups

Make the step from home to town and get closer to your clients.

Privacy is important

To ensure privacy each unit has been sound proofed, and each unit is provided with its own mailbox.

24 hour access

Flexible working hours.

Meeting room

Available to all tenants. Fee applies.

Secretarial services

A cost effective solution for when you are away on business, on holiday or need assistance answering calls.

Kitchen and shower facilities

Servicing all suites.

Phone system

Allowing for individual phone numbers.

Air conditioned

First floor equipped with air conditioning.

Wi Fi access

Free online access.

learn more on

01534

888554



Nicola Eastwood of Ruby PR

Give us a brief description of what you do.

Ruby PR is an award-winning lifestyle PR agency delivering refreshing, creative and highly focused PR campaigns for clients. We work with a number of local businesses including The Club Hotel & Spa, Radisson Blu Waterfront Hotel, LifeWorkSkills and Grass Roots, amongst others. More details about our services and clients are on our website at www.rubypr.co.uk

I also run www.BabyBarn.co.uk, an online community and boutique selling gorgeous clothes and accessories for 0 to 3 year olds. We started BabyBarn in 2009 after the birth of our first son Luca and in 2010 held the first ever BabyBarn Family Show. The next one will take place in the summer of 2012.

How long ago since you moved into 4 Wharf Street?

We moved into Suite 36, Wharf Street on 10th January.

How are you finding it so far?

We're loving it. There are many benefits to being situated at 4 Wharf Street – we have a wonderful central town location, are surrounded by other small businesses, many of which are creative agencies, and we get to make use of the services provided, including WiFi and boardroom facilities.

How many people are in the team?

At Ruby PR we have two principals looking after clients on a day-to-day basis and BabyBarn employs one and a half people!

We are currently looking for a part-time Marketing Executive to begin working for Ruby PR and so if anyone reading is interested in finding out more please email me at nicola@rubypr.co.uk

Do you find having a large variety of other businesses so close by convenient?

Yes very convenient. We have a couple of clients in the building so there's no excuse to be late for meetings!

What would you say to someone thinking of moving in? I'd say 'do it' without hesitation.

legalfocus

large personal injury awards in Jersey about to get larger?

words | Simon Hurry

If you've been involved in an accident that was due to someone else's fault, chances are you can pursue a claim for damages for personal injury.

Although financial compensation cannot change the past and people do not always feel they have been fully compensated for the physical and psychological effects of an injury, this is the only relief the Court can order.

But how do you calculate what a personal injury claim is worth? It's difficult to reach a specific figure because each claim is invariably unique and doesn't just include items on which a fixed financial value can be placed. If your bicycle is written off, the replacement cost is easy to calculate. But what if it's you that is damaged? People often ask "what is my claim worth?", but they overlook the important issue of, "how is my claim calculated?"

If the other party's insurers admit liability, recovering immediate losses and expenses can be relatively straightforward providing there is some documentary evidence in support. It is possible, using guidelines recognised by the courts and referring to previous cases where similar injury has been sustained, to provide a range of compensation for, say, breaking a leg, but how do you calculate what an injured person's future care costs may be, or how much money they will have to pay for medication over a number of years?

In England and Wales a formula exists for these sorts of calculations, and up until 11 November 2010, when the Guernsey Court of Appeal thought otherwise, this method was also used by lawyers in the Channel Islands. The English formula is intended to reach an amount reflecting the income an injured person will receive by investing a lump sum damages award, balanced against reduction by taxes, costs of living and inflation; effectively allowing the lump sum to survive the intended period.

On 18 November 1998, Manny Helmut, who had represented the Channel Islands at the Kuala Lumpur Commonwealth Games that year, was cycling in Guernsey when he was involved in a head-on collision with a car. Manny was in hospital for 36 weeks and suffered a serious brain injury, loss of his right arm and partial vision; he continues to require 24-hour care for the rest of his life. The driver of the vehicle was convicted of dangerous driving following the accident.

In January 2010 (some complex personal injury claims can take many years to conclude), Manny was awarded approximately £9 million by the Royal Court of Guernsey which incorporated a significant sum for future care costs based on the English formula. However, Manny's family, now his full-time carers, appealed this amount on the basis that it wasn't going to be sufficient to cover his life-long requirements. The Guernsey Court of Appeal ruled that it was not bound by the English formula and imposed their own local calculations to try to reflect the real and true cost. This resulted in Manny receiving approximately £13.7 million overall, which exceeds any personal injury award made in the UK.

While the decision is currently under appeal to the Privy Council by the defendant's insurers, our neighbour has sparked a movement away from the English formula, not only in the Channel Islands, but in the UK, where the Lord Chancellor has been asked to review it. The Guernsey Court of Appeal's decision is considered ground-breaking, and we await to see if, and when, a test case comes before the Jersey Court for similar consideration.



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financialfocus



New Year – New Solution

words | Adam Dawson,
Managing Director of Close Finance

Christmas may have left you with a financial hangover that could last long after the headache has gone, but it can be fixed. This is a step-by-step guide to debt, and how to manage it.

Imagine that you had a credit card and decided to only pay off the minimum each month – how long would it take to pay off £1,500?

Three years? Ten years? Twenty? Well, if the interest rate were 20% APR, it would take 39 years and 9 months, and you would pay £4,308 in interest.

It's staggering isn't it; you chip away at the total and suddenly realise that those monthly payments are adding up to much more than you actually borrowed.

It's called the payment trap and it's very easy to fall into. You might have a couple of credit cards (which originally had 0% APR), a store card (you got a bargain when you signed up), a loan (can't remember what for), and a little chunk of money leaves your account each month for each one.

The great thing is that, as long as you continue to pay those chunks, nothing will happen. The debts, however, won't get noticeably smaller and you might worry about just how long it'll take to pay them off.

There is an alternative: take a proper look at the debt. If you are making repayments to several credit and store cards, and are paying off loans too, then you'll be paying a variety of different interest rates. One option is to amalgamate them into a consolidation loan. All your cards and loans will be paid off, leaving you with one lower monthly payment. For some people, the difference between paying all those chunks and a consolidation loan can be thousands of pounds.

At Close Finance we give all of our customers a free and confidential borrowing review that help people to manage their debts and monthly budgets, and also see if a consolidation loan is right for them. We believe in responsible lending, are up front about how much it will cost, and give advice on how to manage your money.

And don't worry, you're not alone. Our research recently found that almost three quarters of islanders plan to borrow money at some point in the future, so you're in good company.



travel
events
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hardware

sport

Now there are three more reasons to love a Mac.

The new iPhoto, iMovie and GarageBand. All part of iLife '11. And all part of every new Mac.



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ANYONE FOR A LITTLE... S&M?



AUDI SPORT QUATTRO S1:

Manufactured 1985 - 1986
Power output of 470 - 591+ bhp
200 examples produced



Concept cars, whilst just as their name suggests, are for the most part mere design studies penned to showcase the manufacturers' creative skills, advancements in technology, materials and manufacturing processes, do on occasion manage to float gracefully through the particulate filter of possibility and firmly into reality.

Cast your minds back to the turn of the century and to the unveiling of two defining cars that took styling cues courtesy of a rear-view glance into motoring past but with a futuristic twist: the 'new' Volkswagen Beetle and BMW-built Mini. These retro-throwbacks were contextually accurate, yet looked as if they'd just landed from another planet, especially the bubbly take on the Beetle – I could scarcely imagine them floating along our roads at the time and yet they're commonplace but ten years later. Given our de-sensitization to thought-provoking aesthetics in all areas of design, how far will manufacturers have to go to grab our attention? Not just pushing the envelope, but opening it up and turning it inside-out to test our perception of what is possible today, tomorrow and far beyond.

Whatever your motoring fantasies this year, surely nobody can deny the temptation of a little S&M? By that, of course, I make reference to Audi & BMW's long awaited and brand new offerings for 2011, both of which are guaranteed to pack plenty of pint-sized punch; the S1 and 1M respectively.

Audi recently unveiled a one-off 'A1 Quattro' in a decidedly snowy Canada presumably as a taster and the test-bed for the S1 variant due later this year and early indications suggest they'll turn the boost up slightly on the current A1 range flagship's 1.4TFSI engine to achieve around 180bhp, coupling it to the obligatory Quattro four wheel drive system and a 7 speed DSG twin-clutch gearbox to put their new S1 head to head up against the Fiat 500 Abarth, Mini John Cooper Works and upcoming Alfa Romeo MiTo Cloverleaf.

The epinephrine-injected heart being transplanted into the S1 will no doubt provide the perfect accompaniment to the A1's positively evil looking rear lights and audacious overall silhouette. Audi make the best contemporary rear lights, and I consider this to be fact. Narrowly pipping Maserati's 'boomerang' lights from the 3200GT and the Mk1 Cortina's inverted 'ban the bomb' rear clusters to the post, modern Audi rear lights are undoubtedly pick of the bunch in my eyes, whilst their use of clever styling cues throughout the ranges compliments this near perfectly.

**BMW M1:**

Manufactured 1978 - 1981

Power output of 273 - 850+ bhp

456 examples produced

No polar bears were spared during the recycling of model names that Audi seem happy to have exercised, but BMW staunchly refused to re-use the M1 moniker used on their late seventies GT car, instead opting for the rather typically straightforward, efficient and very German decision to reverse the characters, calling their new baby the 1M.

Shrewdly positioned below the M3 in size as well as power and price, so we are told, I'm confident that the 1M won't fail to tick all of the boxes on your uber-hot coupe checklist. 335bhp from its 3 litre twin-turbo straight six powerplant? Check. A 0-60 sprint of 4.7 seconds? Check. Lightweight M-specific cross-spoke style alloy wheels from the M3 GTS? Check. Flared arches to set your car apart from any 'lesser' 1 series? Check. BMW seem to have dramatically poured a generous phial of synthesised testosterone into the injection moulding machines that will produce the bumpers to get the results we're shown in the teaser images and renderings that have been unveiled and I for one can't wait to see this car in the metal. And plastic.

Available exclusively with a six speed manual gearbox and with the obligatory and very necessary limited slip differential tucked neatly between the rear wheels, the 1M will also sport an 'overboost' function, providing an extra 37lb ft of torque for a brief moment when you realise that enough just isn't enough. The proof of the pudding, they say, is in the eating, and I'm sure it won't take too long to eat away at the rear tyres once anyone gets behind the wheel of one of these miniature machines, swiftly demoting those driving in front of you to those now driving behind, drowning in your efflux. Where do I sign?

Whether you're looking for a hot-hatch or tyre-smoking coupe this year I doubt you could go far wrong with either of these two - let's just hope they both make it to the showrooms without any delays, although thankfully they're both from German manufacturers so there shouldn't be too much chance of that.



Spending £1000s of pounds on a base model Saxo seemed such a good idea at the time for so many.

next month:

We take a look at first cars, both old and new. A buying guide for modern first steps on the accelerator and popular first car horror stories from the past - everyone has one, and we'll be re-living the headaches and heart-breaks. Pre-booking a full course of psychiatric therapy is wholly advised.

3D glasses are SO last year



If you agree with the title above then prepare to change your mind, as Sony unveiled a working prototype of the next generation of three-dimensional specs at last month's International Consumer Electronics Show in Las Vegas.

Not content with wearing the retro throwaway glasses handed out at cinemas, nor wearing your very own set of rather expensive 3D specs to compliment your brand new 3D telly, the pint-sized boffins at Sony have developed an entire three-dimensional viewing experience that you can wear on your head, blissfully unaware of your actual surroundings whilst also looking like an extra from the recent sequel to Tron which, quite frankly, is probably one of the coolest things imaginable. Aside from having your very own, fully functional Optimus Prime, of course.

Using an organic light emitting diode display (or OLED if you're out of your depth and trying to bluff your way through a tech-headed conversation) with a resolution of 1280 x 720 they're not quite full HD but I'm sure they'll manage to cram in the extra pixels given time. Apparently, this kind of display looks and feels so more natural as it offers such high refresh rates. This in turn prevents the loss of fluidity, causing eye strain and headaches, so commonly experienced when viewing in 3D is completely eliminated which, if your eyes are as worn out as mine could be a godsend.

OLED seems like it will prove itself as the ultimate medium for 3D displays thanks not only to the incredible sub-millisecond refresh rates but also the 24-bit RGB spectrum they are capable of. That's a lot of colours.

According to people who have worn the prototypes, the viewing experience is akin to looking at an 80 inch display from a distance of around fifteen feet (I wouldn't recommend actually doing that in real life as your eyes would almost certainly turn square) which sounds nothing short of breathtaking, and verging on total cinematic immersion.



The promise of 'cinematic surround sound' will help perch the audio-visual cherry atop your virtual pie, be that a new film, watching your football team be annihilated by their least favourite competitor or getting destroyed at Call Of Duty by a twelve year old squealing American child. Again.

Let's just hope Sony decide that these headsets are a viable product and manage to put them on shelves within the next year or so as opposed to 'doing a Gran Turismo' on us and making everybody wait the best part of a decade for the next big thing.



'Pfft, all of this 3D lark is just a fad - just like the ten minutes last year when stuff from the eighties was actually cool...'



x2

JT Mobile broadband speed DOUBLES!

Jersey Telecom has now doubled the quickest mobile broadband speeds available in the Island from 7.2 Megabits (Mb) per second to 14.4 Mb. This puts the island ahead of many areas in the UK. 14.4 Mb is available via JT's mobile network and makes

it even smoother and quicker to use the internet on a mobile device; so for anyone who wants to check e-mails with large attachments, download music/tv/films, use social networking sites, take part in online gaming, or make a video call using a webcam, the experience will now be even better.

Mobile broadband is particularly useful in areas of the island where JT is working to improve the fixed broadband speed. With a device called a dongle, customers can connect their computer to the internet using the mobile network instead, and remove the need to use underground cabling. JT is midway through an £11m network upgrading program which will see more than 50%

of island homes receiving between 15 & 20Mb fixed broadband speeds by Easter 2012. Similarly, it has announced plans to invest £40m to upgrade the copper cable network to fibre-optic cabling over the next five years. Fibre-optic cabling allows customers to access speeds in excess of 1Gb (1024 Mb). But while that program is running, 14.4Mb Mobile Broadband is another option for customers wanting quicker speeds on the move.

So head on down to JT if you fancy having iPlayer on, uploading to Facebook, downloading some music and updating your blog while you're chatting on Skype - all in double-quick time.

FriskyFun

As this *is* Gallery's fantasy issue it'd be rude not to include a handful of some of the more stimulating gadgets out there.

There isn't so much taboo surrounding 'pleasure objects' as they are quite shrewdly called, these days but that doesn't stop some of them looking almost too graphic or seedy, not that I'm at all prudish.

It doesn't have to be that way though, as manufacturer Lelo have proved with their sleek and aesthetically-conscious products, here's a quick look at just a few of them, for more information navigate your way to their website:

www.lelo.com

Top right is Liv, described as an elegant mid-size vibrator that delivers prolonged sensations through both delicate and not so delicate touch and boasts five stimulation modes. Available in a range of bright colours that compliment the glossy white base, she looks as exquisite as she is exciting.

Tor, a so-called 'gentleman's ring' inherited his name from Norse mythology - what did you expect from a company born of the country that brought us the simplicity and efficiency of Ikea? Containing a microprocessor, Tor switches between six different stimulation modes and has a lifespan of around 10,000 disposable rings to justify the hefty £69 price tag.

Furthering Lelo's eye for detail, the 'Nea' personal massager looks as cute, smooth and sleek as she is discreet. With a porcelain-like finish and floral pattern detail, Nea is marketed as 'the perfect handbag accessory' and comes armed with five modes. Could you ask for much more?



Beyond Computers Gadget of the month



Panasonic FP3 digital camera

Beyond Computers have taken the hard work out of Valentine's gifts this year. The Compact Digital Camera FP3 makes the ideal present for your loved one.

In an array of great colours and with Futuristic Flat Design, The DMC-FP3 features a 4x optical zoom LUMIX DC VARIO lens. The Extra Optical Zoom function uses the centre part of the CCD to extend this 4x zoom ratio to powerful 8.4x zoom at a resolution of 3-megapixel or less.

In Intelligent Auto Mode, 4 detection functions work automatically and simultaneously to optimise your settings. In a split second the camera will reduce the impact of your hand shaking as you take the picture, it will remain focused on the subject even if they are moving slightly, the face detection will make sure you get a perfect 'in focus' shot and, as well as all of this, the camera's Intelligent Scene Selector will detect your surrounding conditions. This altogether makes it easier than ever to take beautiful photos every time.

This LCD provides sharp, clear images in virtually all shooting situations, ranging from nighttime to bright daylight scenes.

The camera can also record motion pictures in high-definition. The pixel mixed readout method enables bright motion-picture recording even in low-light settings which is perfect for when you are out and about at night with friends.

Available for £119.99 with a free memory card and carry case.

Hello (again) Moto

Yes, it's time to say 'Hello Moto' once again. Following the success of the RAZR Motorola, the American handset manufacturer has spent a few years languishing in the mobile phone wilderness. But not any more...

The Motorola DEFY is a smartphone designed to tackle the fickle nature of phone fashions... and come out firmly on top. The designers at Motorola have looked past the need to just pack the phone full of technology and have looked at how smartphones really get used – on the go. To this end, they've designed the DEFY for durability, giving it an impact and scratch resistant screen and making it water-resistant and dustproof.

DEFY runs on the massively popular Android operating system, giving you access to thousands of apps. It also incorporates MOTOBLUR technology that enables you to feed all your emails and social networks into one stream that's backed up on a secure server.

If that's not enough to convince you that the DEFY has been made for busy lives, then the addition of CrystalTalk Plus technology certainly should. This natty bit of tech amplifies your voice and filters out background noise, making the DEFY perfect for conversations on the move.

Of course, the DEFY comes with a 5 megapixel camera, WiFi connectivity, games and everything else you'd expect from a smartphone.

The handset costs £285, or if you sign up to the Smart200 plan or higher, you'll get this tough little phone for FREE!

Sure Mobile, King Street



HTC Wildfire White

Consider the Wildfire as the 'skinny' version of HTC's Delight. More compact, but retaining the optical trackpad of its larger cousin this is the perfect introduction to Android smartphones. You'll also enjoy the 5 megapixel camera and LED flash.

Handset Only - £270
Free On - Green 24 Month from Jersey Telecom

Nokia X3-02

Super sleek and stylish, the Nokia X3-02 is a handset so featherlight that you wouldn't want to attach to a helium balloon for fear of it floating away - thankfully Nokia have taken this into account and attached a handy lanyard. Although small, the 2.2 inch touch display is extremely responsive and quad band network-compatibility means there's nowhere in the world it can't be used. Well, maybe at the bottom of the sea, but you catch my drift...

Handset Only - £133
(available in black only)
Free On Green 18 Month from Jersey Telecom



Samsung Galaxy Europa

If you're looking for an Android phone but don't need to make attempts to hack into the Pentagon's mainframe, this entry level handset will more than serve your needs. Not content with tapping the screen when you're texting at a billion miles per hour? This little beauty comes equipped with Swype, allowing you to simply drag your finger across the keys to type. A bit like magic.

Handset Only - £167
Free On Green 24 Month from Jersey Telecom





'Looks like I'm going to need an umbrella... I'm sure there's an app for that'

Cloudy, with a chance of downloads...

Islanders can now access faster and more secure public access WiFi in a number of locations thanks to a new partnership between Jersey Telecom and The Cloud.

The Cloud, not to be confused with cloud computing, is Europe's leading wireless internet service provider with 22,000 access points across Europe. In Jersey it will be available in a wide variety of public places including Jersey Airport, Liberation Station and Fort Regent. The Cloud also allows for Jersey's first outdoor sites to be introduced and the first of such places will be the Weighbridge Park and Broad Street with more to follow in the near future.

Users will benefit from increased security through The Cloud's filtering system, faster connections due to the better bandwidth available and use of The Cloud's network in any of its locations across the Channel Islands and the UK.

Tim Ringsdore, managing director of the CI Division of Jersey Telecom, said: "In direct response to increased usage of JT's public WiFi hotspots over the last twelve months, we have partnered with The Cloud to bring secure and easy to access WiFi to our customers while in Jersey or while traveling. Mobile roaming customers are already using up to 125% more data in the UK than last year, The Cloud means they won't have to pay data roaming charges and for business customers access at the majority of UK train stations, Canary Wharf & City of London is sure to be a huge benefit."

Mr. Ringsdore added: "Despite there being charges associated with The Cloud, we have ensured that usage is free for the first half hour which will suit the majority of customers' usage, and after that an affordable one off charge or monthly subscription option will be available. Thanks to the many advancements being offered through this partnership, JT is able to support a faster more efficient service, meaning that end-users are not only getting a safer experience but also fundamentally a better one."

Subscription will be £5 / month for a 12 month contract. Anyone signing up to The Cloud will get the first three month's usage free.

Blackberry OS6

words | Gary Kelly



Finally, Blackberry have updated their operating system in an attempt to keep up with Apple's growing list of features - but does it meet the expectations of Blackberry's fans? We took a look at the new system on the new BlackBerry Bold 9700...

The first thing you'll notice is the new look home screen which, to be honest, I don't like at all. The guys at Blackberry thought it would be a great idea to put all of your applications on the home screen in a scroll system for quick and easy access. While it's easy to understand, it covers three-quarters of the screen, making it look far too busy.

On the other hand though, the new quick search system is great! By simply scrolling to the right hand corner of the home screen and typing the first few letters of what you need, your Blackberry will search contacts, messages, your calendar, music and pictures. In addition, you can extend your search to Google, YouTube, BlackBerry App World and third-party apps, so you're getting a very robust search experience here.

One of the main features on OS6 is the new Social Feed application, which keeps you updated with the latest from all your friends. Not only can you update your status via all conceivable routes at the same time, but it also keeps you up to date with anything else you might care about through RSS feeds.

Blackberry have listened to the request of users by adding the small things that make all the difference, key examples being the ability to now scroll through images, a pre-installed YouTube application and 'cover flow', which enables you to view album artwork whilst enjoying your MP3 collection. All in all, Blackberry OS6 is a step up from the previous version of their operating system without changing the basic features which all Blackberry users know and love.

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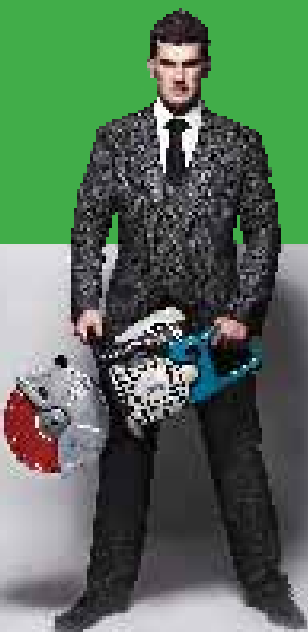
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Nick Trower

Age:
24

School attended:
Victoria College

Favourite ice cream flavour:
Chocolate

Favourite Animal:
Tiger

Favourite food:
Salad

Favourite rugby expression:
Subdue and Penetrate

What would you wear to a fancy dress party?
Depending on theme, probably a dress

Hypothetically, how would you not like to die?
Drowning in Michael Barrymore's pool

Favourite song?
Everlong by Foo Fighters

What competition have you entered recently?
Movember - I did fairly well, but I should have grown more interesting facial hair. I just went for the traditional tache.

When did you start rugby?
About 7 years old at the mini rugby at the Rugby Club. I think my dad had me running around with a rugby ball well before that though.

What is your worst rugby accident?
I fractured my ribs playing for Jersey in a pre-season match in August.

Where do you think is the best place to play rugby in the world?

Australia for the weather or Biarritz in SW France as it has good weather, beaches and surf.

Where and when was your favourite rugby moment?

There's two really. Winning the National 3 Championship at Twickenham and win-



Depending on theme, probably a dress



ning a 7's tournament in Coutances with the Men of Leisure. We had been beaten in the final the year before but 2010 was our year.

What do you think was the best game of rugby ever?

1972 Barbarians vs New Zealand. This showcased what is great about rugby with some amazing play. It also showed some of the best hairdos and facial hair to ever grace the rugby pitch.

How can people get into rugby in Jersey?

Youngsters can go to Jersey Rugby Club on a Sunday morning. Any person over 17 can train and play with any of the Junior rugby teams in the Island like Banks, Beaches, Les Quennevais or Jersey 2's (I played for Banks Rugby club before playing for Jersey).

Bring the gym to you.

If it is within easy reach you are more likely to do it. Theoretically. At the very least having gym equipment at home will definitely up the 'guilt factor' and hopefully spur you into working out. Also it is convenient for when you suddenly get a burst of energy at home.

One of the most effective pieces you can get for the home is a simple workout ball. Try doing a press up using one of these for a complete arm work out. Lie prone with your hands on top of the exercise ball, legs and back fully extended. Push yourself up by extending your arms and slowly lower yourself back down after a short pause. Breathe out while pushing and breathe in while returning to starting position.

Adidas equipment is available from Good Health at Harbour Reach (next door to Castle Quay on the water front)



YogaDetoxification



It's a new year, and if you've always wanted to give yoga a go, Central Yoga are making it as easy as possible for you to try it out. Their current offer is for 10 days of unlimited classes for just £15.

If you have embarked on a New Year's detox then yoga is for you. By gently stretching muscles and joints, yoga ensures the optimum blood supply to various parts of the body. This helps in the flushing out of toxins from every nook and cranny as well as providing nourishment so you get a complete detoxification.

Also yoga is brilliant for stress reduction, so if 2011 has already got off to a

turbulent start then Yoga can help soothe the mind and lower stress levels by focusing the mind on the moment and the movements rather than on external distractions. We also love the added flexibility that a yoga session can give you. It keeps us feeling young!

Give it a try - sessions are 6pm Mon - Thurs and 10am on Sundays.

www.centralyoga.co.uk

Call 07797717775 or if you are sitting at your desk craving a boost of energy then e-mail them at hotyoga@centralyoga.co.uk

ZumbaZumba!

The latest and greatest fitness trend to hit Jersey is Zumba. Gyms up and down the island have incorporated a Zumba fitness routine into their class schedules for 2011.

With so many to choose from, it can be a bit daunting. However when we heard that Curves (the women only gym) were doing a Curves Circuit with Zumba, we thought that would be the perfect way to get a taste and feel for Zumba.

I arrived at Curves for my introductory session to the normal Curves circuit as a prelude to my Curves Circuit with Zumba scheduled for the next day. On entering I was immediately impressed with the fantastic attitude of the staff; I don't think I've ever been anywhere where everyone seems to love their job. You felt like they would be there regardless of being paid because they are having such a great time. It created a genuinely lovely atmosphere.

I was shown around all the circuit machines, and got the hang of them on my second round, the staff are there encouraging you and giving tips, so it wouldn't have mattered if I'd made mistakes. It is such a nice concept to be able to whizz around all the machines, and complete the Curves circuit, and have your exercise done and dusted in 30 minutes. In gyms I tend to constantly clock watch, willing my session to be over, however the fast pace kept my attention focused on the equipment and my fat burning at all times. Afterwards I was shown how to do correct stretches and waved goodbye by the whole team, who all had learnt my name!

I bounded into Curves the next day in my lunchbreak ready for their new Curves Circuit with Zumba. It's just like the traditional Curves workout, but with a few fun new twists. It was nice to see that my class had people of all ages and fitness levels, and everyone just goes at their own pace. You alternate between strength-training machines and Zumba moves for a high-energy burst of focused movement. The intervals are set at one minute. The one-minute intervals also provide benefits for muscular endurance because participants push and pull at a low intensity with more repetitions. So it is the whole Curves circuits, but with Latin dance-fitness moves between each machine.

The whole class was very high energy, with everyone laughing and partying along to the music between their turn on the machines. I says "participants can easily burn hundreds of calories without even realising it - they're too busy having fun!" and I did. And for that reason I signed up for 6 months straight after my lesson.

Curves
circuit
with ZUMBA
fitness



Walker working with young talent from Jersey

As he continues to make his own racing plans for 2011, James Walker has announced that he has also taken a young driver under his wing in a driver management capacity.

Struan Moore is a young karter from Jersey who James first spotted last summer at a kart race on the island. The two racers struck up a friendship and Struan is now going to benefit from having a manager who has been through the racing ranks before him.

"I have a great manager in Tim Sugden and know how important it is to have someone who knows the teams and knows the industry on your side," said James. "It helps you to get the right deals and take the right steps with your career. Struan is an exciting talent and I think with the right management he will go a long way."

James Walker's own race programme is taking shape and an announcement can be expected in the next few weeks. His new role as a driver manager will run alongside his own racing as he has pledged his commitment to mentoring young talent from Jersey.



1,2,3...sponsor...

Fairbairn Private Bank has entered into a one-year sponsorship agreement with the Jersey Junior Triathlon Club. Part of the well-established Jersey Triathlon Club, the junior section aims to encourage children under 16 years of age to get involved in the sport.

As well as promoting sporting excellence, the club is recognised for the quality of its coaching, training and participation in the community. The junior section of the club provides a varied programme of events

during the course of the year and offers members specialist training and support. Last year's programme of duathlon, aquathlon and triathlon events attracted over 50 children eager to take part.

Commenting on the sponsorship agreement, David Stearn, head of business development, said: "As a Jersey-based bank, we are delighted to support the Jersey Junior Triathlon Club in its efforts to get the Island's children involved in such a rigorous and demanding sport. The beauty of triathlon is that it offers the variety of three different sports, which makes it an extremely effective way of getting children out and about, whatever their abilities and backgrounds."

If you would like to find out more about the Jersey Junior Triathlon Club, contact Daniel Halksworth at danhalksworth@hotmail.com or visit www.jerseytriclub.com

The sport of triathlon, which involves swimming, cycling and then running, was created in the island of Hawaii and this first race consisted of a 2.4 mile swim, 112 mile cycle followed by a 26.2 mile run. This length of race is now known as the Ironman distance and is still run in Hawaii every October for those brave enough to attempt it.

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Somewhere after midnight

Britain's got... Midnight Expresso?

On October 31st 2010, I submitted an application to audition for one of the UK's biggest shows, Britain's Got Talent. Three months on and a lot has happened in between, but first, I should give you some background.

In 2004 at the Live Lounge (then named The Q Bar) in St Helier, I made my debut performance as cabaret crooner-rapper The Midnight Expresso. The idea of the act was to perform comedy ballads in the style of an overly dramatic lounge singer with delusions of grandeur whilst clearly been completely rubbish – but hopefully so rubbish that it was good. Armed with a cheap Yamaha keyboard with an array of cheesy pre-programmed demo tracks, my early performances were completely improvised, and if a little (i.e. very) ramshackle, were a huge amount of fun., and what was supposed to be a one-off gig got a little out of hand and here I am in 2011, still performing the act on a regular basis here in London.

Three years ago I was introduced to a documentary filmmaker at the inaugural Branchage Film Festival who, after seeing me perform at the festival, approached me about making a film with him; he had been commissioned by satellite channel Current TV (whose CEO is none other than former US Presidential candidate Al Gore) to produce a documentary about the nature of fame and thought I would be an interesting act to base the film around. The aim of the project was to see how famous I could get in the space of three months, by flagrantly abusing a well-populated music industry contact book, built up throughout my time as publisher of indie music magazine Beat Happening. The results

were mixed, but I scored some notable successes, achieving Radio One airplay by one of my favourite DJs, the influential Rob Da Bank and gaining support slots with bands such as Pete & the Pirates and Mr Hudson. The documentary was eventually screened in the US and UK, and off the back of the exposure this gained me, I was subsequently booked to perform at major UK festivals Latitude and Bestival, on lineups that included such luminaries as The Flaming Lips, Thom Yorke and Grace Jones.

I recently returned to London after having lived in Jersey for a brief period, and began to toy with the idea of making a sequel to the film, but this time, going down the route of many hapless and hopeless variety acts. Yes, ladies and gentlemen, I opted to apply to appear on Britain's Got Talent.

Not expecting to hear back from them, I was pleasantly surprised to receive an email in mid-November, inviting me to a non-televised audition in front of the shows producers at London Docklands' Excel Centre. Realising that my best route to following in the footsteps of the likes of Susan Boyle, Paul Potts and co was to play the novelty card (in other words, be one of those acts that gets three buzzes from the judges in under a minute, but be entertaining at the same time), I formulated a cunning plan to convince the producers that my act was entirely ad-libbed. I wrote a song especially for the audition, and worked mistakes in, so as to create the impression that I was making it all up on the spot, right there and then.

December 6th, 2010, and it's audition day. Making my way through a snow-covered London in sub-zero temperatures, I arrive at the Excel Centre with my keyboard in tow, and my tightest spandex suit, shiny red cape and Mexican wrestling mask packed in my bag. Apparently 50,000 people apply to audition for Britain's Got Talent, and my audition session is just one of three that day, the sessions taking place for the entire week in London before moving on to five

Surveying the scene and my competition, I saw a Polynesian dance duo, a group of youngsters each dressed as Edward Scissorhands, a beatboxing collective and dozens of oddball acts, including a hilariously rubbish singer going by the name of M-Zyne

other major cities. Several hundred hopeful acts are there, and it's some bunch; scores of teenage girl groups, street dancers, and the obligatory 'wacky' contingent are in attendance, dressed to the nines in fancy dress costumes and face paint. I realise at this point, I'm one of them. What have I let myself in for?

After performing my piece, I was encouraged to be asked to film some extra shots of 'B-Roll' (supplemental shots used to intercut with interview or performance footage), and also by the fact that the producers seemed to find the act very funny. It was probably the costume more than anything. Two weeks later, I received a telephone call to tell me that I had been shortlisted to appear on the show, and carried out an interview with one of the production team, answering questions about my background, my aspirations, my inspirations and all manner of other subjects, with the intention of building a character profile and decide if I would make good television. There seem to be two types of people on the show – mentalists and those with a sob story – so I tried my very best to toe both lines. I even told them I was a stripper, to give a comedic slant to my backstory.

On Christmas Eve, I received the call I'd been hoping for: I was through to the first round of Britain's Got Talent, and would perform on January 6th at the Hammersmith Apollo in front of a packed theatre and the TV judges – Amanda Holden, Michael McIntyre and Louis Walsh.. I immediately went to work, swotting up on Youtube clips of the show, which I must confess, I hadn't really watched very much of before then. It was at this time that I began to consider the potential consequences of appearing on the show. What if I crashed and burned and became a figure of ridicule on the internet? What if it became a viral hit and gig offers started rolling in? What if I somehow got lucky and sneaked through to the next round? After some umming-and-ahhing, I decided to go for it.



Chris arriving at the Venue, surveying the competition and in stage guise.

On the big day, I arrived at the Hammersmith Novatel to check-in for the audition, accompanied by my girlfriend, friends and family. We would wait for an unspecified length of time (keeping participants informed doesn't seem to be BGT's strong point) and be interviewed on camera before being bussed over to the nearby Apollo theatre to perform. Surveying the scene and my competition, I saw a Polynesian dance duo, a group of youngsters each dressed as Edward Scissorhands, a beatboxing collective and dozens of oddball acts, including a hilariously rubbish singer going by the name of M-Zyne. Aged only eighteen or thereabouts, he spent the entire afternoon strolling around the waiting room, singing – badly – into a torch he had employed as a pretend microphone. With a seemingly bottomless bank of confidence, he explained to me this wasn't too huge a deal for him, as he had "already done a crowd of 5,000 before." When? I enquired. "I was in the Pied Piper at a theatre in Sussex when I was eight", was his response, without a hint of irony.

After seven hours of waiting, taking part interviewed for both Britain's Got Talent and ITV2's Britain's Got More Talent, and sinking more than my fair share of whiskey's in an attempt to muster up some courage, it was time to head over to the Apollo and do my thing for the panel of judges. Waiting in the cavernous underbelly of the theatre, it was impossible not to feel apprehensive, hearing the deafening sound of 3,500 audience members roaring applause or booing in disapproval. I was to perform after the aforementioned beatbox group, and would be followed by an Amy Winehouse-impersonating drag act called Baga Chipz. In the hectic moments before heading onstage, the scene was abuzz with sound engineers, camera operators and production staff frantically working to keep the huge show running smoothly. After the beatboxers won over the judges and proceeded to the next round, it was my turn. Waiting in the wings of the stage, I was greeted by Geordie cheeky chappies Ant and Dec. 'So, what are you going to be do for the judges then?', they asked me. "No idea, just going to wing it" I told them, keeping up the pretence of being an improv act. In fact, I was going to sing a song about preserving the world's stocks of fossil fuels by banning Michael McIntyre from having a limousine – because it would be a waste of petrol. Heading out to the centre stage, I exchanged some pleasantries with the judges. I even received chants of 'Off, Off, Off' immediately, after explaining that my day job was that of a stripper. And then I launched into my act. A confidentiality agreement prevents me from revealing the result, but I can tell you that one director of the show told me excitedly that 'this is going to be a massive hit on Youtube', and Michael McIntyre assured me that he was going to remember me. Whether we'll be meeting again in the next round will have to remain a mystery for now, but be sure to tune into the show on ITV in April to find out. It may just be the start of a big adventure.

www.myspace.com/themidnightexpresso

andrew's brutally honest album review

We were approached to review an album this month for a couple of guys from Jersey and it was stressed that we don't approach it with kid gloves but give an honest Jeremy Clarkson / AA Gill style no holds barred review. We there fore let our trusy music maestro Andrew give it the once over...



Selectalldelletesaveas

Selectalldelletesaveas

I like to think I have a good sense of humour but the eponymous debut album from Selectalldelletesaveas appears to be a joke that I just don't get. After listening to the musical twelve-car-pile-up that is "Join The Navy", it's hard not to come to the conclusion that the album must have been made with the intention of creating a musical comedy in the vein of Flight on the Conchords. Listening to the comic ballads written into the nursery rhyme melodies of "Best Damn Wolf" and the whiny refrain of "Land of the Dinosaurs" you have to ask yourself if Selectalldelletesaveas are seeking to build up a male tween fan base who like to daydream of surreal and silly world's filled with creatures who say rude and naughty words. It's a shame that the musical vehicle for the duo's unique brand of humour is equally as gauche. From the monotonous power chords of "Binman" to the somewhat bi-polar shift between styles and tempo in "Restaurant", the bad jokes seem to be in fitting musical company. "My Dabid Icke", an odd homage to the less than sane conspiracy theorist David Icke, provides a morsel of respite with its Death Cab-eque guitars, yet the track's competence is overwhelmed in an album overflowing with cringe inducing voiceovers, tacky synths and repeated attempts to parody the vocals of Placebo's Brian Molko. "Selectalldelletesaveas" is a record that is devoid of any sense of cohesion or coherence lurching from lame joke to lame joke while stumbling over a contaminated melting pot of genres in the process. Never have the words select, all, delete seemed more appropriate.

see what you think:
www.selectalldelletesaveas.com

If you'd like your album critiqued, email music@gallery.je

CHAMBERS
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February Playlist

- Tues 1 Karaoke
- Wed 2 Suzy's Field
- Thurs 3 Comedy Night followed by John Kimble Experience
- Fri 4 6pm Chris and Craig 11pm Suzy's Field
- Sat 5 The Reasons
- Sun 6 Open Mic followed by The Reminders
- Mon 7 Jono
- Tues 8 Karaoke
- Wed 9 Suzy's Field
- Thurs 10 Quiz Night / Oases (UK Tribute Act to Oasis)
- Fri 11 6pm Ali O'Keefe 11pm Oases
- Sat 12 John Kimble Experience
- Sun 13 Open Mic followed by Annette
- Mon 14 Frank Tausney
- Tues 15 Karaoke
- Wed 16 Suzy's Field
- Thurs 17 Quiz Night followed by Frank and Jono
- Fri 18 6pm Rick Jones 11pm Suzy's Field
- Sat 19 The Reasons
- Sun 20 Open Mic followed by The Temps
- Mon 21 Jono
- Tues 22 Karaoke
- Wed 23 The Reasons
- Thurs 24 Quiz Night followed by The Reminders
- Fri 25 6pm Matt Holcroft 11pm Suzy's Field
- Sat 26 The Sirens
- Sun 27 Open Mic followed by The Reasons
- Mon 28 Frank Tausney

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The directory is designed with small businesses in mind with inclusion from as little as £44. Each annual booking also receives a triple size entry at one point during their booking.

	single booking	3 issues	6 issues	11 issues pay monthly	11 issues prepay
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(01534) 759 420
blush36@gmail.com
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home&interiors

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The Gooseberry Bush
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Tel: 726224



culture

Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersey.

Harbour Gallery
Open 7 days a week
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Tel: 743044



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beauty

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appetite



Jersey's annual foodie directory

Beach Cafes

Big Vans	481705
Bonne Nuit Beach Café.....	861656
El Tico Beach Cantina	482009
Pleasant Café.....	482005

Casual Dining

Cafe Jac	879482
Dix Neuf	724065

Pubs

Cock and Bottle.....	722184
Five Oaks.....	726278
The Halkett.....	732769
St Mary's Country Inn	482897

Restaurants

Bass and Lobster	859590
The Beach House	498605
Castle Green.....	840218
Corbiere Phare	484222
Crab Shack	744611
Danny's at Harbour View.....	747306
The Farm House	861697
Ingall's.....	840678
Murray's	747963
Pizza Express.....	733291
Spinnakers.....	850831
Suma's	853291
The Tree House.....	741177
The Vineyard Restaurant.....	484536

Asian

Bonne Nuit Thai	861656
Café Spice.....	737377

Fine Dining

Ocean Restaurant	744101
Oyster Box	743311
Salty Dog Bar & Bistro	742760
Tassili.....	722301
Longueville Manor	725501

Private Event Venues

The Atlantic Hotel	744101
The Club Hotel	880588
Radisson Blu Waterfront Hotel	671172
Best Western Royal Hotel.....	601935
Sails Brasserie @ The Boat House	744226

Food to go

Jersey Pottery	789866
Mange Tout.....	636857
Loaf	505956

Takeaways

Big J	285961
Mandarin Room	638010

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www.choicejersey.com



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www.dandara.com



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Gaudin & Company
i 730341
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Indigo Estates
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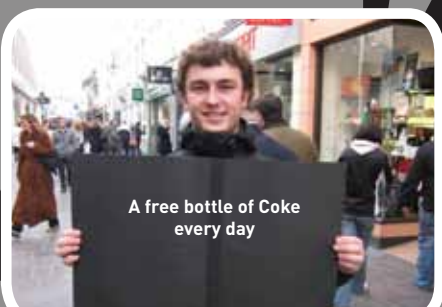
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Scott / 19 / Abbey International



Lynn / mid 40s Administrator



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