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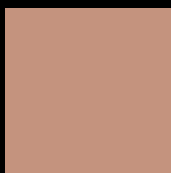
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Feature

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

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Small Print Facts:

Albert Einstein was offered the presidency of Israel in 1952, but he declined.
An earthquake on December 16th 1811 caused parts of the Mississippi River to flow backwards.
Because metal was scarce; the Oscars given out during World War II were made of plaster.
Cleopatra married two of her brothers.
From the age of thirty, humans gradually begin to shrink in size.
Gardening is said to be one of the best exercises for maintaining healthy bones.
Leonardo da Vinci was dyslexic, and he often wrote backwards.
Warner Chappel Music owns the copyright to the song "Happy Birthday". They make over \$1 million in royalties every year from the commercial use of the song.
"Vodka" is Russian for "little water".

save the planet, at a cost.

Eco... all the rage these days isn't it? Eco this, eco that, sustainable, renewable, recyclable, carbon neutral, offset, dolphin friendly, 1% for the planet goodness. We're forever hearing stories of how corporations are planting forests in mass cathartic CSR* campaigns in attempt to cleanse themselves of years of dumping by-product sewage into old ladies' back gardens and clearing football pitches worth of rainforest without even putting up any goalposts.

Don't get me wrong, companies that 'give something back' are doing a damn good thing. Also, from an employee's point of view, there's nothing quite like being sent on a jolly to Borneo for a sponsored litter pick because it makes the company report look more colourful. Unfortunately, on both a corporate and social level the Western world is like a Catholic priest obsessively donating to Save the Children after an altercation with a choirboy in the 80s.

Over the last 30 years society has become more aware of the finite nature of our planet and its natural resources. Consequently the eco-evangelism industry has boomed. I, like many others, gasped as Al Gore talked us through the end of the world in 'An Inconvenient Truth'**, climbing his ladder to show us exactly how far greenhouse gas emissions are going to hump the ozone layer. Remember when everyone had to stop using spray deodorant to prevent that fractious gaseous membrane from degrading completely? Thank heaven for roll-ons. Roll on the noughties and you can now even buy consumer eco guilt relief whenever you book a flight, directly paying for your fuel to 'offset' your effect on the planet and also help offset the airline's worries over not making decent profit.

Unfortunately there are two rather sooty elephants in the eco-awareness clinic waiting room. With exports to the Western world flying out like hotcakes, China and India lost the 'save the planet' memo in a pile of orders. As we in the West became conscious of the affects of our years of neglect, our Eastern neighbours had only just got their looms really churning. We had an industrial revolution and gave a few people the black lung and they'll be damned if they're not going to do the same. Only 1 percent of the country's 560 million city dwellers breathe air considered safe by the European Union. With a power station going up in China every 3-4 days it's going to take a lot of very eco-conscious purchases to combat that level of pollution. However, as Tesco tell us incessantly 'Every little helps'.

BD

*CSR : Customer and Social Responsibility. Giving back to the people.

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contents

highlights



Not content with one variety of Egg, Terry Grimshaw's eco-hens produce a spectrum of goodness.

26


Vibrant colours juxtapose with rubbish mountains as we trash fashion for this month's fashion shoot.

64


The future for Honda. We couldn't get our hands on this little puppy but the trees of the Honda Insight seemed to keep our tester happy.

116

everything

upfront features

Retro.....	8
Rant	10
The Rise Of The Eco Warrior	12
Numbers.....	14
Credits.....	16
Listings	18
Misc.....	20
Letters From London	22
Eco Egg Man	24
Community.....	26
Animal.....	28
Advocate x.....	30
EyeSpy	43

travel

Flight Guide	32
--------------------	----

openings & events

Events	36
--------------	----

art & culture

My Name Is.....	45
Exhibitions.....	46
Speak Out / Myspace	48
Open Studios	42
Drawn Together	50
Comedy Rocks	51
Upload.....	52
Plusminus.....	56

fashion

Brand News	58
Becky & The City	60
Shoot.....	62
International Shoots.....	70

beauty

News flash	74
Product test	76
Guinea Pig.....	78

appetite

Restaurant Profile.....	80
Find a Farm Shop	82
Win a Lunch	85
Food News	86
Eco Eating.....	88
Chef Speak.....	90
5 Ways With Royals.....	92

the business

4 Wharf Street	94
Travelmaker Currency Card.....	96
Movers and Shakers.....	98
Business News	99
Entrepreneur On The Sofa	100
Prime Positions.....	102

home

Property Review	108
Please wait to be seated	112
Water; Our Precious Resource.....	114

hardware

Motoring.....	116
World Cup Gadgets	118
Eco Gadgets	119
Phone Home	120
Switch	122

sport

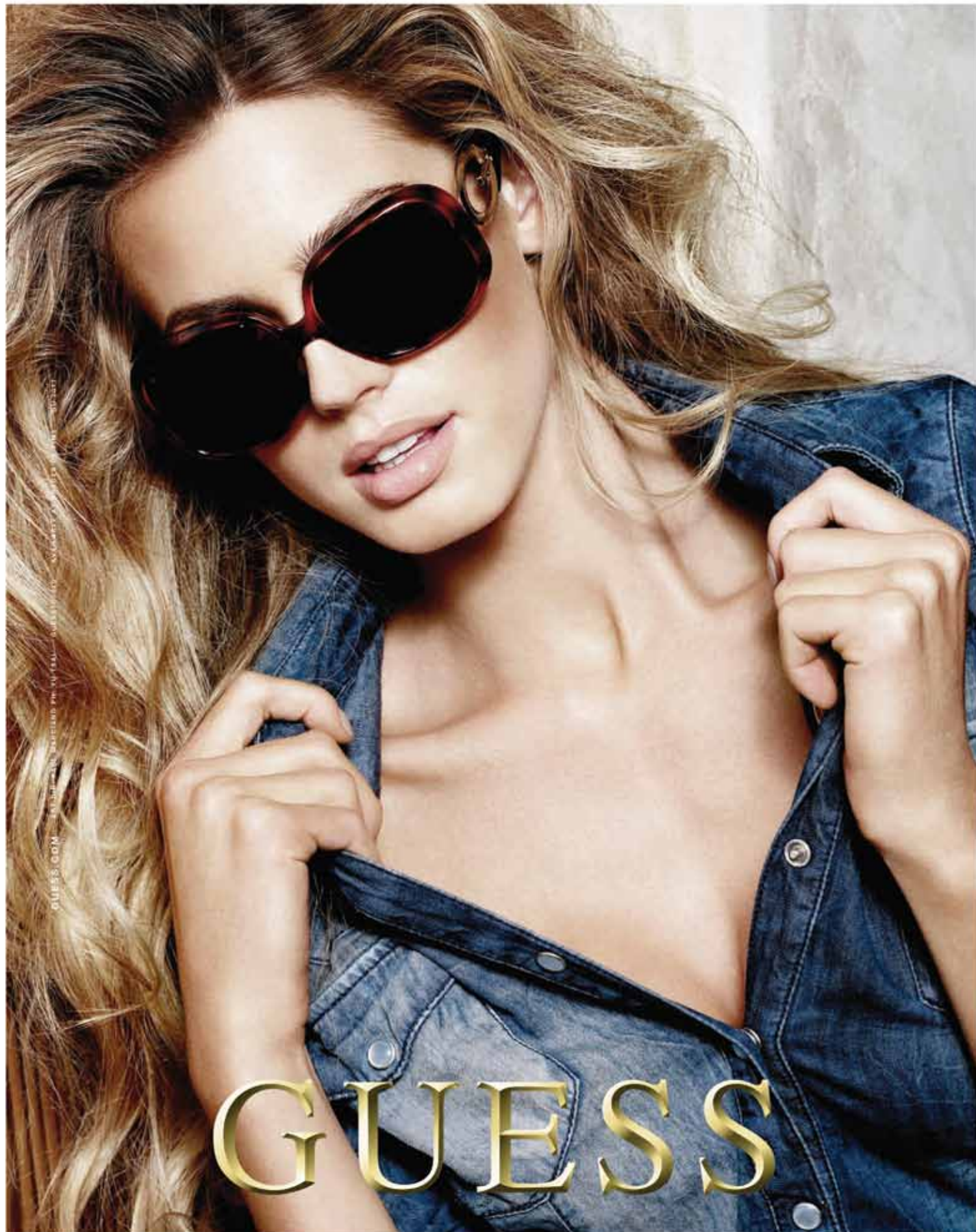
Yoga Review	124
Tim & Tides	125
Balls to Africa.....	126
Meet The Legends.....	128

nightlife

Schema	130
Jersey Live.....	132
Festivals.....	134
Paparazzi	136

the back bit

Directory.....	140
Boardom.....	144



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Voisins

retrospect

For those 0.1% of you that don't subscribe to the JEP, Wilhelm once again tackles the Island's pertinent issues to keep you abreast of the news. OK, it may be from a week or so ago but at least we make it fun....



Pigeons have chosen their diet carefully against Big Brother

Google Street View car:

agent of an Orwellian regime

Some saw it with their own eyes, quickly sucking in their waistlines and flicking their hair as the camera whizzed past.

Last month, the Internet search engine giant, Google, arrived to take pictures of the Island's road network. The images captured will become part of its Street View application, which provides panoramic views from various positions along highways and byways worldwide.

Apart from the elderly, who wondered what the hell a 'Google' was ("is it a fancy new boiled sweet? I like boiled sweets"), it seemed to rub a few locals up the wrong way. Sure, it was rude not to have first consulted the Data Protection Commissioner ("DPC"), but the ensuing debate showed how quickly some people in the Island lose their sense of perspective.

The point being made by the DPC was technically correct - that Google's action in using private unprotected wi-fi connections to help triangulate the position of each photo taken (and the subsequent accidental uploading by the car's computers of fragmented pieces of data that were private to the computers of those people logged in to those connections) was a breach of privacy. The reality appears to be that the wi-fi connections were so brief and with such weak signals that any data received would look more like regurgitated alphabet spaghetti than anything you could email to your man, Obafemi, in Lagos to start a racket with.

Google have scarpered, but the DPC are in hot pursuit.



What Vince would look like at a Halloween party

Vince Cable v Terry Le Sueur:

celebrity death match postponed

On 11 May 2010, Gordon Brown resigned as Prime Minister. A direct descendant of William IV (David Cameron) and the great-great-grandson of the former attorney general to the imperial Russian senate (Nick Clegg) have taken his place.

Many finance bods in Jersey watched nervously as the Conservatives wooed the Liberal Democrats - paying particular attention to the movement of Mr Vince Cable (their main economic spokesperson, and self-confessed hater of tax havens). Previously comments include: "It is to be hoped that straitened fiscal circumstances and a less credulous approach to the City will now persuade the government to turn its guns on the tax havens and tax-avoidance industry" (Vince Cable, The Guardian, 3rd February 2009).

In the early days of the newly formed coalition government, Cabinet positions quickly crystalised. George Osborne got his wish to be Chancellor, leaving Vince Cable to make do with Secretary of State for Business, Innovation and Skills.

So, at the School of National Politics, it appears Terry can keep his gloves on, for now. But with Vinnie in the government's inner-circle, the threat that the UK will pick a fight over its lunch money will never be too far away.



Yes Scott, she will. And so will the rest of Jersey!

Who said romance is dead?

One man's gesture sets high bar for would-be grooms

Typically, a marriage proposal makes one woman's day. Last month, however, one Jersey man gave women throughout the Island (married or not) something to get all gooey about. (He also heaped a shed load of pressure on every other guy looking to pop the question.)

After securing the purchase of a new house, Scott Vautier, proceeded to wrap it in a giant bow with "Debbie, will you marry me?" written above. The bride-to-be rounded the corner to find her man on one knee outside the garden gate.

The romantic gesture received newspaper and radio coverage. Within moments of it being made public, horns could be heard beeping at junctions across the Island - as single men throughout the parishes collapsed against their steering wheels. In the Town's bars, pints slipped out of hands; cigarette ends dropped from quivering lips. In back-gardens, shovels snapped under jolts of rushing male adrenaline. What had this man done?

There will be no more diamond rings in champagne flutes, proposals over the tannoy and windy walks. Oh no. Too passé. Scott's ushered in a whole new era of matrimonial one-upmanship. Future headlines include: "man lost in sky writing jet-pack tragedy", "spooked unicorn impales groom-to-be" and "Jesus bankrupts man, 19, in wedding celebrity appearance-fee fiasco".

Conversation Starter

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In Jersey, HSBC supports essential conservation and environmental education programmes. We are pleased to be Durrell's conservation partner and a supporter of ECO-ACTIVE and the National Trust Coastline Campaign.

For more information on HSBC's commitment to the environment, please go to: www.hsbc.com/sustainability



I am the eco egg man

Who? Terry Grimshaw

What? Eco-Hen, an ecological initiative, breeding rare and endangered poultry and supplying organic Rare Traditional Pure Breed hens' eggs.



Where did it all start?

I suppose I've always been interested in nature conservation, but my career in design and marketing has taken me on many adventures, including working for one of the leading advertising agencies in Rio Brazil, and going on conservation expeditions into the rainforest. In the 90s I started my design and marketing agency, Stewart Redway Communications, and focused solely on design for the last 18 years, but after restructuring the company and redressing a work / life balance, I've been able to explore one of my interests of safeguarding rare and endangered poultry. It's long been a desire of mine to try and bring people closer to wildlife and give them a wider understanding of

ecologically responsible living, and I hope through Eco-hen, I can start to do that.

What makes your hens eco?

Home-grown organic produce, the reduction of harmful chemicals applied to the soil and our crops, good land husbandry and wildlife welfare and following ecologically sustainable practices to improve and maintain our countryside for future generations. These are at the centre of what I stand for.

The provenance of what we eat is becoming ever more relevant - our food supply is becoming globalised and less traceable as food retailers go further afield in search of cheaper produce. The 'carbon footprint' they leave behind

grows, and we don't know where our food comes from. In my view traceability is everything, good provenance gives us the peace of mind that what we eat has been grown/reared in a caring and sustainable manner, without any artificial chemical enhancements. My hens are fed on the best organic, balanced feed along with good old fashioned grass, bugs and grubs as they range over the long established pastures round the farm. No kitchen scraps are allowed, as feed type plays such a major role in quality, and you can really taste the difference in their eggs.

You sell eggs too, so which came first... the chickens or the eggs?!

Both! I'd always wanted to keep hens, and when I finally had the space, I started



We have started a breeding programme, focusing on establishing a “genetic back-up” for rare and endangered poultry, preserving a genetic pool of top pedigree fowl.

out with seven ‘Blackrock’ hens from Jon Hackett. I soon wanted to keep more, and traveled to the UK and imported a small selection of Traditional Pure Breeds. I’ve become fascinated with Pure Breed hens, forging good relationships with some like-minded top breeders in the UK who wish to protect their bird’s bloodline from viruses such as Avian Influenza (Bird Flu). We have started a breeding programme, focusing on establishing a “genetic back-up” for rare and endangered poultry, preserving a genetic pool of top pedigree fowl. Alongside this programme I breed hens to order for anyone who would like to keep hens themselves.

Keeping hens - what’s involved?

Not much. Hens can make very good pets and have the added advantage that they produce eggs. Most people with a garden will have enough room for a few hens and there is nothing more satisfying than collecting home produced eggs from happy and well kept hens.

What are Rare Traditional Pure Breed hens?

There are over 70 rare breeds of British farm animals which are in danger of becoming extinct – some of which are rarer than the Giant Panda. Conserving rare breeds are essential for greener farming systems – helping the environment and improving the quality of the food we eat. Rare breeds are often

types that didn’t suit modern, more intensive systems of production. They often mature more slowly, meaning their meat is of the highest quality. Don’t fall into the trap of thinking that because these breeds are “rare” we should not be eating them. These are farm animals as opposed to tigers or pandas and need a market to encourage people to keep them. The more demand there is for their produce, the less rare they become. In other words, by eating the non-breeding produce of many of these breeds, you are helping to save them.

So what should we be doing?

Support initiatives like Hugh Fearnley-Whittingstall’s ‘Chicken Out’, which campaigns for free-range chickens. Battery cages in the UK are now being phased out as more and more of us are becoming opposed to the welfare implications of keeping hens in cages. You can make a real difference by buying locally produced eggs, stemming the tide of very cheap caged eggs imported into the island from the UK and sometimes via Spain where animal welfare issues have no agenda. Many people prefer to buy free-range eggs and chickens that haven’t been reared in intensive ‘broiler’ type conditions. Buying from farmers’ markets is always a good option, but you can always produce your own free-range eggs and poultry.



Eco-hen – what you need to know

As well as ordering beautiful Rare Breed hens to keep yourself, you can try mixed boxes of Rare Breed eggs, in gorgeous hues of buff, off-white and duck-egg blue with a colour key to tell you which egg was laid by which rare breed hen. They’re so beautiful, it’s a shame to break them... but you really should. The Gallery team tried a box and they made the most gorgeous, rich golden-hued omelette we’d ever tasted.

Boxes of six mixed organic free-range eggs from Terry’s Rare Breed hens are £2.50, with 20p from the £2.50 per box going towards native tree planting, aiming to improve the Island’s landscape in the long-term.

For more information about Terry’s Pure Breed poultry or to order a box of free-range eggs, visit the website. You can place an order for hens this summer, go online and meet the breeds www.eco-hen.co.uk or give him a call on 07797 723823.



credits

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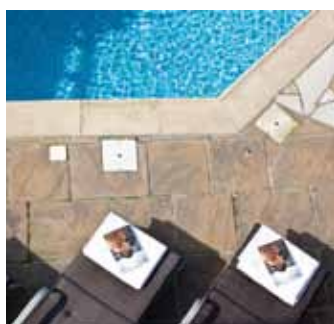
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The Rise of the Eco-Warrior

words | Leon **Fleming**

In 1985 the Greenpeace ship 'Rainbow Warrior', lay in harbour in New Zealand, making ready to protest against French nuclear testing in the Pacific. Her fate was sealed in Paris and she was sunk by French secret service agents. Unfortunately one man was killed. Portuguese-Dutch photographer, Fernando Pereira, was one of the crew members to go back on board to investigate after the first limpet bomb was detonated. He was still there when the second bomb exploded, and in the deluge of incoming water he was drowned. No one else was killed in this government-sponsored act of terrorism.

A worldwide scandal ensued, implicating the high echelons of the French government and forcing the defence minister to resign. Years later it was proven that the hands of President Mitterrand himself were stained with the blood of the murdered man. For the first time eco-politics wasn't just hippies in sandals and new age stoners in VW camper vans; now there was a visible war, and being an eco-warrior could not be mocked because it was obvious to all that being a protector of our planet was not a joke, but was dangerous to the point of being fatal.

Once upon a time the conservative majority could look on eco-warriors as young men and women with no direction, cast-offs from the loony left looking for excuses not to get jobs and not to wash their hair. They were remnants from the hippy movement, only they had been born too late. They had missed out on National Service, and had no sense of discipline. They would not be content until they had saved every useless plot of wasteland, dead tree, and pointless sea creature in the ocean. Always in the way of progress, and challenging the thrust of capitalism. Useless outcasts from society, self-ostracised and wantonly banished, they were people who would amount to nothing, and who would contribute nothing to the country's prosperity.

Of course, there may be no truth in any of that, but that was the shadow that followed those souls that cared enough to do something about the continuing destruction of our planet and the creatures we share it with. And they were not without support. Armchair eco-supporters at odds with the near extinction of so many species, with the burning of rain forests to make way for plantations, and of the CFC aerosol usage that had created a hole in the ozone layer causing the icecaps to start melting, began to write letters and articles, and flirted at the edges of protest movements. So many habitats had been destroyed and so many species had already been lost, and probably many that had



not yet even been discovered. The tide was beginning to turn, and green tinted glasses now sat shakily on so many noses that the eco-warrior could no longer be ignored. They had managed their first sociological victory; they had been seen, heard, and taken notice of.

Roll on the Nineties with dreadlocked hunt saboteurs running around the fields with whistles and scent rags, standing up to shotgun-wielding farmers and horse riding fox hunters in their liveries of blood and bone. Swampy sat up in the trees, daring bulldozers and wrecking machinery to come forward and knock him down so that the Newbury bypass could be laid where woodland reigned. He lost the fight. The tree dwellers were brought to heel, but not until the entire nation had witnessed their battle against the destroyers of the greenbelt. The territory may have been lost to tarmac, but the unwashed in their oddly shaped knitwear calling for a green revolution had become the heroes of a new age. The eco-warrior was popular culture now. The eco-warrior was a creature to be squinted at but admired. The eco-warrior was someone to stand with and have your photo taken with if you were in the market for raising the profile of your green credentials. 'Spider' was on the telly in Coronation Street, bringing a friendly, cuddly persona to the idea of a soldier fighting for nature's survival. And we the public, driving our dirty cars to the shop at the end of the road to save our legs the trouble, leaving our televisions on standby at night so we wouldn't have to get out of bed to turn on GMTV in the morning, using chemical products by the gallon and throwing them down the drains only to poison our rivers and our seas; we lapped it up.

We still laughed at them, but we found we were starting to agree with their protests. Many started to hear the little green eco-warrior in each of them, calling them to arms. 'Recycle' was the new byword, and we no longer bragged of our personal squandering of the earth's resources. What has happened? What has caused this new sense of environmental responsibility?

Technology happened. The modern turn towards accessible media happened. The Swampys of the world now have Blackberrys and smart phones so they can video the injustices, and then they can send the evidence and their interpretation of it whizzing around the world to all manner of outlets in mere seconds. We can all be seen and heard, and we can all publicise those infractions that the powers at be would rather went unseen until it is too late to protest against it; too late to chain yourself to the tree, or sit down in the way of the JCBs.

The rise of personal technology within our media savvy age has created what could very easily have become a divide of chasm-like proportions. Where does the grass-roots-direct-action environmentalist stand when everyone is now taking notice of the slick, suited and booted, lobbyist with their close contact with the media, their finger on the pulse of technology, and their snug little meetings with government officials attempting to secure clandestine handshakes on green issues? There are those who are not entirely comfortable with the new approach; there are still many of the old guard who feel that shouting and marching and sitting and direct action will always be the best way to get seen and heard and to make a difference. But with the global coverage provided by the internet and a culture of mass communication via mobile phone networks and satellites, it would be a waste to ignore this way of convincing so many strangers that it is possible for people to change the world without chaining themselves to a tree. Luckily it seems that rather than factions splitting apart into separate camps and fighting amongst themselves while we watch the world die, the two work well side-by-side without too much animosity. For once the cause is bigger than the methods used to bring awareness and realisation of the plight. There seems to be an acceptance that the different styles must co-exist to create a whole which is greater, stronger, louder, more capable, than the sum of its parts. And while a very smooth suppliant whispers sweet nothings into the ears of MPs about rising levels of carbon emissions and the kinds of investment needed to even start to offset the damage, there are men and women, young and old, students, teachers, parents, office workers and road sweepers, barricading the entrance to Heathrow airport, waving their placards, and being a very noisy, physical obstacle to the creation of a third runway. It is campaign harmony. The soldiers march through the mud into battle, while the diplomats grease the wheels that lead to the enemy's surrender.

So many of us now are aware of what the dangers of our dominance on this planet are to everything else around us, that we are attempting in our own small ways to help reduce the damage we cause. Be it recycling, turning off lights when we don't need them to be on, replacing filament light bulbs with energy saving bulbs, or walking those journeys that don't really require the use of a car. Public transport in the form of buses, trains and trams all cut the amount of carbon dioxide pumped out, as does the limiting of fossil fuel-produced electricity in favour of wind and hydro generation. Planting trees creates mini oxygen factories, while refusing to buy products containing palm

oil lessens the need to burn down vast swathes of the rain forests that are home to our critically endangered cousin the orang-utan. These small and not so small steps towards a more environmentally conscious way of living are triumphs in a movement brought about by those that were once mocked and derided, while our habitat has been victim to our greed-lust; our unending quest to amass financial gain for its own sake.

Jersey is a small island. Miniscule in relation to so many other land masses. Should that mean that our responsibility to the world's natural health is miniscule also? Our island may not have the power to persuade the rest of the world to cease vomiting so much CO2 and stop the greenhouse effect and subsequent global warming in its tracks, but we can have a beneficial impact on our own localised environment. We can use recycled products in the bathroom, use only the electricity we need, fill our cavity walls with heat retaining insulation, and install solar panels on our roofs. As an island we can lobby the States to increase its commitment to recycling, protect our waters from overfishing, and buy more locally grown food to lessen the need for import. Our own gardens and courtyards and allotments can be havens for insects and birds and small mammals, and we can grow some of our own food, going a little way to lessen the need for so much to be shipped or flown in. We can suggest strongly, very strongly, with our ballot papers that our government take issues of environment and ecology as seriously as it does the economy and wealth. The UK, industrialised and with great polluted cities and towns, elected its first Green Party member of parliament in last month's general election, so what is to stop Jersey, our rural and uncongested island home, becoming a forerunner in the environmentalist movement? We can, if we choose to be, the first country to put the environment and real quality of life for our children before the country's GDP.

Because they had predicted what was coming; because they cared about the impact we have on our surroundings; because they made us think seriously about our place on the earth and what we leave to future generations when we have departed; the eco-warrior must be applauded. They may be our only hope against our own destruction, so perhaps it's time we all listened to them with more than just a casual ear in their direction. They are role models for the twenty-first century. The eco-warriors, in all their guises, may just turn out to be our super heroes.

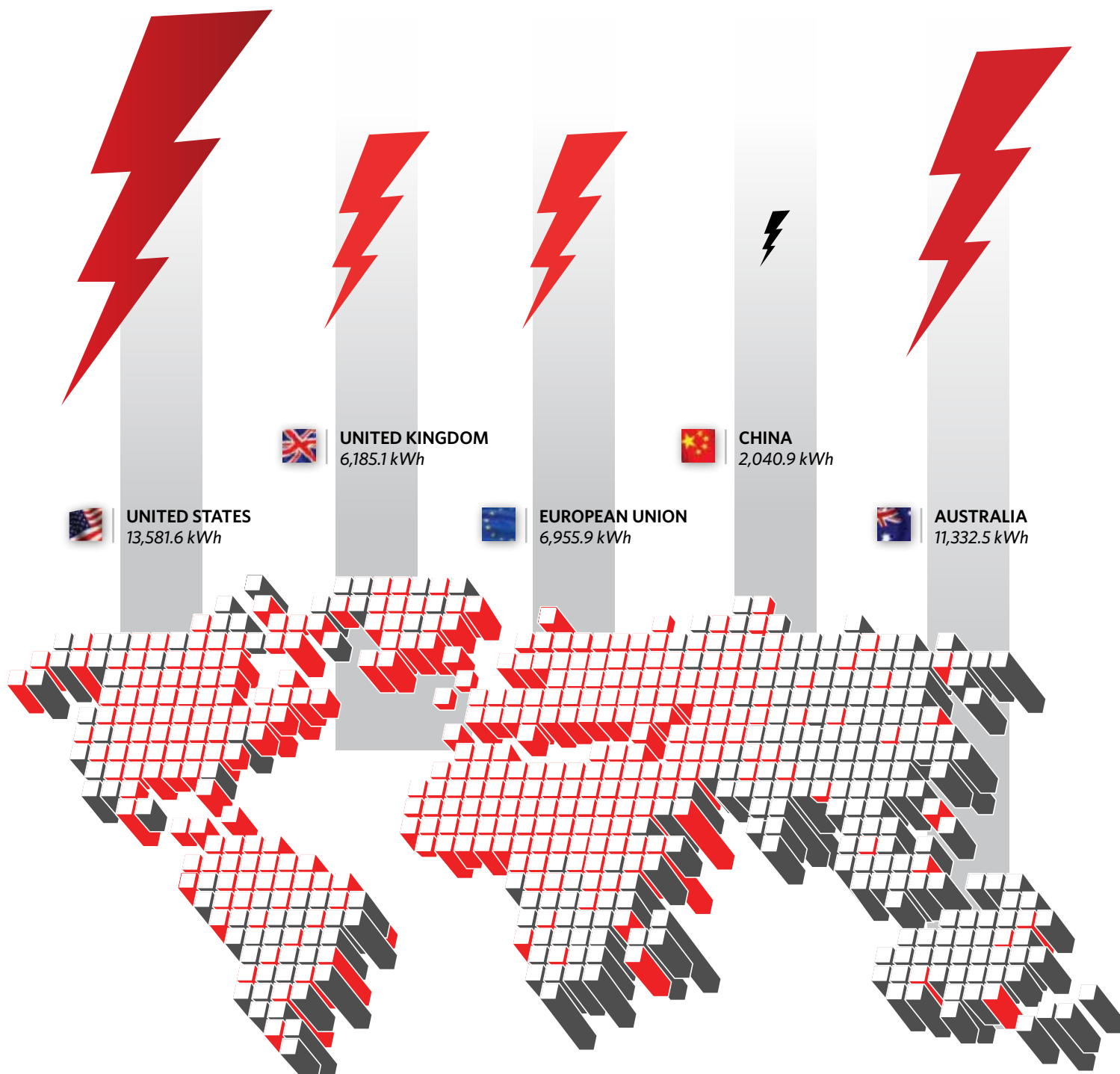


Conversation Starter

Every week about 20 species of plants and animals become extinct.

NEWS IN NUMBERS ECO SPECIAL:

Global Electric Power Consumption (Kilowatt hours per capita during 2006)



Lucky old China manages to slip under the radar in this comparison of electricity consumption between five nations thanks to its high population.

Unsurprisingly, the United States manages to be the greatest consumer of electronic power even despite their large population which is factored into the data used above. Australia however seems to have

a rather high consumption rate, almost on a par with the US. Unfortunately, no comparative data was available for Jersey...

Statistics gathered from <http://data.un.org>

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What's on this month? **Read on...**

THURSDAY 1ST

All That Glitters VIP Lingerie Fashion Show in aid of Jersey Hospice

Girls only until 10pm when men are welcome to join in with the after party. The ticket price includes treats. 19:00 / Club 72 / Tickets can be purchased at Club 72 and All That Glitters / For VIP front row seats please call Laura on 07700 329626

EVERYDAY FROM THURSDAY 1ST

Marilyn Exhibition

An incredible collection of stage and personal costumes worn by the screen idol Marilyn Monroe. On display for the first time, this exhibition combines these iconic costumes with accessories, jewelry, keepsakes and trinkets owned by Marilyn, giving an intimate look into the life of the superstar.

10:00-16:00 / From £1.00-£2.00 / Jersey Museum, St Helier / 633300



EVERYDAY FROM THURSDAY 1ST

Blam the unexpected Blampied

Discover another side of Edmund Blampied, and unearth a hidden treasure of dainty drawings and charming illustrations. Before he gained worldwide recognition as a print maker, Blampied was a freelance artist, illustrating books and magazines. Often signing just as Blam, this exhibition shows the unknown and surprising side of one of Jersey's most celebrated artists.

09:30-17:00 / Jersey Museum / contact Jersey Heritage on 633300 / info@jerseyheritage.org

FRIDAY 4TH - FRIDAY 25TH

Durrell at Dusk

Famed the world over for its inspirational conservation work, discover the fascinating wildlife of Durrell during late-night park opening every Friday throughout the summer. Take the opportunity to view the animals and enjoy the stunning parkland at sunset. Admission prices will be reduced to half price from 16:30. Last entry 19:00.

16:30 - 20:00 Every Friday / £6.45 adult, £4.70 child, £5.25 concession / Durrell Wildlife Conservation Trust, Trinity / 860000 / www.durrell.org

SATURDAY 5TH

A Bit of Midsummer Madness - Jersey Heritage Discovery Day

The days are at their longest, and now is the time when ancient people gathered to celebrate the sun. Discover why the Passage Grave aligns itself with the sun on each equinox and why the seasons were important to our ancestors. Sponsored by David and Anne Crossland 10:00 - 16:00 / £6.70 adult, £4.20 child, £5.70 senior, free under 6 / La Hougue Bie Grouville / Bus: 3a / 633300 / www.jerseyheritage.org

SATURDAY 5TH

Sunshine Festival

Cowshed Promotions presents, direct from Australia, Rob Sawyer. A raw, organic blend of punk folk, and hillbilly reggae. Armed with a voice that has evolved to become strong and compelling and the well-worn fret board of a

much-loved guitar, this is the passion of an eloquent and enthused performer. Also featuring the powerful vocals from two of Jersey's best: Lloyd Yates & Full Band as well as Benny The Moth & The Erogenous Zones. Dance until 2am with Up-Beatska & Reggae from Ziona sound.

Over 18s only - POA required / Watersplash / Tickets from £10, £12.50 on the door / Tickets available from White Label Records & Carob Health Store



SUNDAY 6TH

Jersey's Race for Life

In 2009, a total of 1,397 women walked, jogged and ran the five kilometres and raised £66,808 for Cancer Research UK. This year the organisers are hoping that 1500 women will take part. Race for Life is the UK's largest women-only fundraising event. All women are welcome, as individuals or in groups.

11:30 - 13:00 / £12.99 / Jardins de la Mer, St. Helier / 0871 641 1111 / www.raceforlife.org

WEEKLY FROM SUNDAY 6TH

The Sunday Cycle - Guided Bike Ride

Dust off your bike or hire one, and join a relaxed ride around Jersey's unique cycle network. Each tour is tailored to match the ability, size and interests of the group. Along the way there are several stops to enjoy the island's history and culture, and usually a refreshment stop to recharge the batteries or to allow visitors to set off exploring on their own.

10:00-13:00 / Adults - £5 / Liberation Square / 853525 / enquiries@cycleinjersey.com

SUNDAY 13TH

Beau Desert Open Garden

Mr and Mrs Crane are kindly opening their gardens at Beau Desert, La Rue de la Garenne, Trinity in aid of Jersey Association for Youth and Friendship. Cream Teas. The route for the garden will be signposted at nearby junctions on the day. The Open Garden Scheme is sponsored by Moore Management.

14:00 - 17:00 / £3.00 per adult, children under 12 free / Free Parking / No dogs / La Rue de la Garenne, Trinity

SATURDAY 19TH

The Jersey & Guernsey Hospice Super-Shot Challenge

One of Jersey's most popular sporting challenges is setting its sights on raising funds for Jersey Hospice Care and Les Bourgs Hospice in Guernsey. The SuperShot Challenge has been launched again by the Jersey Shooting Federation (JSF). Now in its 20th year, the organisers want the 2010 event to be the most exciting contest yet, in turn raising funds for the invaluable work of Hospice in the Channel Islands.

Crabbe ranges in St Mary / 888992 / DB@TSLjersey.com

SATURDAY 19TH

IteX 'Around the Island' Charity Walk

Covering a total distance of 48.1 miles this annual event attracts both local and visiting walkers, raising funds for Jersey charities. Walkers can expect to complete the course in anything between 12 to 21 hours.

03:00 / £10 registration, spectators free / Starting from the Elizabeth Terminal, St Helier / 633635 / www.itexoff-shore.com/walk



SATURDAY 19TH

DJ Charlie Edwards and Mixology on The Terrace

The Terrace will host DJ Charlie Edwards, who has been with Hed Kandi for the past five years, playing all over the globe. To tie in with Charlie's DJ set, from 9pm they will also be hosting a special Mixology evening on The Terrace with Sean Muldoon from The Merchant Hotel in Belfast. Sean will be teaming up with Simon Soar (Jersey's local cocktail expert and Grand Jersey's Bar Manager) to give guests the opportunity to learn how to make the perfect cocktail and of course to sample some too!

Grand Jersey has teamed up with iamstereo to bring you a host of live DJ events on The Terrace throughout Summer.

SUNDAY 20TH

The Grove Open Garden

The extensive gardens at The Grove, Le Mont Cambrai, St. Lawrence will be open by kind permission of Mr and Mrs. Frost in aid of Jersey Association for Youth and Friendship. Cream Teas. The route for the garden will be signposted at nearby junctions on the day. The Open Garden Scheme is sponsored by Moore Management.

14:00 - 17:00 / £3.00 per adult, children under 12 free / Free Parking / No dogs / Le Mont Cambrai, St. Lawrence

SATURDAY 26TH - SUNDAY 27TH

Samarès Summer Festival and Jersey Rose Show

Join Samarès Manor and The Jersey Rosarians for this summer festival and spectacle of colour and fragrance, featuring displays, demonstrations, horticultural trade stands and traditional crafts, with food and entertainment throughout the day.

10:00 - 17:00 / £4.50 adult, £1 child / Samarès Manor, St. Clement / 870551

SATURDAY 26TH

Bonne Nuit Harbour Festival

The fun includes a sand castle competition, a treasure hunt, a tug of war competition and more. Musical entertainment, food and drink throughout the day. No parking in the Bay, a Shuttle service will run from Les Platons.

11:00 - 22:30 / £3, under 12's Free / Bonne Nuit Bay, St John / 07797 797834

SATURDAY 5TH JUNE 2010

Calling all car booters!

Come and enjoy a day in the sun with a barbeque, home-made cakes and refreshments, you can even get your car washed! Plenty of parking for stall holders and visitors. In support of Jersey Hospice.

9am - 2pm / Pitches only £8 / Heathfield (opposite JCG school car park) / call 484826 or email t.johnson08@vcj.sch.je to book a stall

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SUMMER DJ NIGHTS TERRACE COCKTAILS GRAND JERSEY



iamstereo DJ sets & cocktails with Sean Muldoon

DJ Charlie Edwards & Summer Mixology Saturday 19th June

DJ John Jones Friday 2nd July

DJ Paul Hill & Summer Mixology Friday 6th August

Philosophy of House on The Terrace Saturdays

our resident DJs add Summer Saturdays 3rd, 10th, 31st July

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Letters from London

This month's MUST do, see, eat, buy in the country's capital...

Compiled by Nina Hervé



Must See

Peter Pan at Barbican

National Theatre of Scotland present a brand new production of JM Barrie's magical story Peter Pan, to mark the 150th anniversary of the birth of the Scottish novelist. This new version written by Scottish playwright David Greig re-imagines Peter Pan and the Darling family in Victorian Edinburgh with all its mysterious mists, gas-lamps and bridges. Directed by Olivier Award-winning John Tiffany expect to see razor-sharp fights, virtuoso flying sequences, acrobats, ticking crocodiles and one great big hook ensuring adults and children alike are drawn into this other-worldly adventure of epic proportions.

For the full tour, check out...
www.nationaltheatrescotland.com



Must Support

Jason Butler at The National Portrait Gallery

For those of you who didn't know, Jersey's very own portrait painter, Jason Butler, has had a painting accepted in the most prestigious portrait competition in the world, the 'BP Portrait Award.' The painting entitled 'The Rubbishmen' features another Jersey artist Rob Greene with his fellow comedic partner Paul Lawford and will be on display at the National Portrait Gallery from 24th June until 19th September. If you're in London make sure you go and check it out.

For more information... www.jasonbutler.info and www.rubbishmen.org



Local In London

Beta Males' Picnic

Jersey comedy group Beta Males' Picnic moved to London to pursue their dream of being professional comedians. I caught up with the group consisting of ex-Victoria College students, John Henry Falle, Adam Blampied joined by London comedians Jon Gracey and Richard Soames.

Firstly, how did you all get into comedy?

JH: I like trying to make people laugh because the alternative is making people laugh unintentionally. Which hurts.

Our friendship is built on a shaky foundation of laughter. We've always tried far too hard to make each other laugh and at some point during our time at school, Adam and I noticed Rob Pirouet was making films so we talked our way into his A2 Media Studies Coursework and started to write stuff for him to film, gradually exploiting him more and more to a point where he was completely institutionalised. He's still involved, directing this year's show. Sucker!

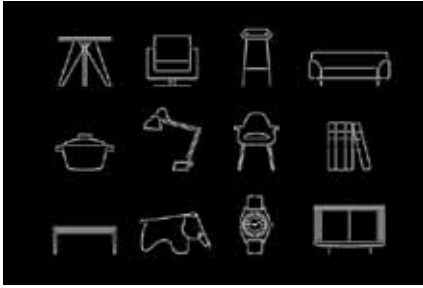
ADAM: I loved both comedy and performing before I went to university, but it was only there that I first really started watching live sketch comedy, in the form of local sketch groups like The Durham Revue and Wittank. I had never really known how to go about starting a comedy career, but there were guys up there who simply booked a theatre, brainstormed a few ideas and just did it, out there, on stage.

After my first year up there, I started writing some ideas down and back on Jersey we filmed a couple. From then on filming sketches and posting them online became a regular thing, but we had never performed live. So I went for that too, collected a bunch of scripts together and some university friends and I performed a one-off show called Sketchy Beast at university. We transferred it to a show at the Edinburgh fringe, bringing in my film-sketch friends from Jersey, and the surviving members of that show became The Beta Males' Picnic. We moved down to London in October and just started gigging.

JON: I've always had an interest in comedy from film through to sitcom, but it was meeting Adam at university that spurred my interest in live, theatrical comedy. We acted together in a few performances up at Durham, and when I was offered a part in 2008's Edinburgh show, I jumped at the chance. Things have just gone from there.

How would you describe the comedy of Beta Males' Picnic?

JH: It's comedy about failure. Catastrophic failures. Occasionally nude failures. Beta Males are always last in the queue for everything. And then they run out of what everyone was queueing for. Just before the Beta Male gets to the front. One of our sketches that people seemed to really connect with at last year's Edinburgh was about Michael Collins, the third astronaut on the Apollo 11 mission. The one who never got to walk on the moon. The one whose name I just had to



Must Buy

The Lollipop Shoppe, Spitalfields Market

If you want design classics look no further than the newly opened Lollipop Shoppe in Spitalfields Market. Providing a carefully chosen range of outstandingly conceived and crafted furniture and accessories, it represents a select group of major international manufacturers plus a range of classic and contemporary pieces by established designers as well as exciting, up and coming talent.

For the full range visit
www.thelollipopshoppe.co.uk



Must Eat

Barrafinna, Frith Street, Soho

The queues for this small Spanish tapas restaurant are surely a sign as to how good it actually is. Designed to be shared, all of the dishes served are prepared with minimum fuss and the food is of the finest quality. The sardines were cooked to perfection, crisp on the outside and very meaty. The chorizo Iberico was fantastic and the ham croquetas were hot and tasty. The eating experience as a whole was very impressive along with the atmosphere and some of the best staff a diner could wish for. A real taste of Spain in London town!

No bookings for this restaurant but to get an idea of the menu check out...
www.barrafinna.co.uk



Must See

Elephant Parade

Look out for the 250 brightly painted life-size elephants dotted throughout central London this summer. A conservation campaign shining a spotlight on the urgent crisis faced by the endangered Asian elephant is London's biggest outdoor art event on record. Each elephant is decorated by a different artist or celebrity and brightens up street corners, buildings and parks all over the capital.

More information can be found...
www.elephantparadelondon.org

explain. A lot of nude failure in those sketches.

ADAM: Surreal storytelling I hope. Gag-work is great, but what I love about writing and performing comedy is the chance to tell as many weird and wonderful 3-minute stories as possible. The comedy outfits that influence me the most - League of Gentlemen, Big Train, The Penny Dreadfuls - don't just use sketches as a shelf for gags but try to infuse each scene with genre awareness, melodrama, atmosphere, narrative, strange and exciting characters. That's the stuff that really excites me about live comedy and that's what I hope is reflected in our strange tales of semi-robotic Shakespeare, bad cops, forgotten astronauts and mad scientists.

JON: Sometimes dark, genre melodrama. Often very silly storytelling, fostering an atmosphere and then undercutting it with an element of the ridiculous.

Has living in London influenced your comedy writing and what have been the highlights so far?

ADAM: Totally, if only because the scene is both so big that you see such a broad spectrum of acts, which broadens your comedy tastes and provides you with new ideas and influence, but is also small enough to recognise people, make friends on the circuit and be able to be sociable enough with the people who impress to be able to not only make plenty of contacts but ask them how it is that they write, how they find their inspiration etc. That's really helpful. Playing in London has provided us with highs and lows to be sure, from playing to deaf ears on a small boat to a group of uninterested business party-cruisers who couldn't even hear us if they wanted to over the sound of the engines, to having a packed room of people in a room above a bar hang on your every word and really let loose and laugh with you.

Edinburgh last year was particularly good, if only because it was the first proper show as the Beta Males' Picnic, our first major step where we threw our hat into the comedy industry and we were well received. We were one of the Guardian's Picks of the Free Fringe and garnered two 4-star reviews. That, and, of course, returning home to Jersey to play some shows last Christmas in front of friends and family. That was an amazing feeling.

JON: Yeah, the London scene has been very welcoming, and meeting like-minded people at the various gigs we've attended has helped shape our comedy voice and has certainly been a huge influence. The boat gig was sh*t (Adam's already mentioned it) but there have been many wonderful nights where the room has come alive and the laughter has been enormous. A hugely, satisfying feeling.

JH: Performing on bills with sketch heroes like Pappy's Fun Club and Clever Peter really makes you want to up your game but some of the best gigs have been really cosy ones where the audience has been lively and excited. Loved playing Camden Crawl with Pappy's! Hot, sweaty, smelling-of-meat, tiny room but happy, ever-so-slightly sloshed audience swaying and laughing along. Magic!

You have a new show called 'The Bunker', what's it all about?

ADAM: For The Beta Males' Picnic's return to the Edinburgh fringe, we hope to capitalise on last year's critical success by creating a show around a single theme, a world contained in concrete, a sketch show set entirely after a world-ending apocalypse. A terrifyingly mutated future; chock full of mad scientists, dystopian dictatorships and half-melted movie stars. We've been previewing the sketches we've written for the show at our new monthly nights, also entitled The Bunker, where we booked several of our comedian friends to perform as we compeere and try to create a night themed around being locked away from the dead world outside. That and we give away prizes. That helps.

You can next see Beta Males' Picnic performing their post-apocalyptic cabaret, The Bunker at The Wilmington Arms, 31st May.

More information can be found at www.betamalespicnic.com



Conversation Starter

On an average day humans produce fifteen million tons of carbon, destroy 115 square miles of rainforest, create seventy-two square miles of desert, erode seventy-one million tons of topsoil, add twenty-seven hundred tons of CFCs to the stratosphere, and increase their population by 263,000.



Derek Bernard gives Louise Reynolds a 'thumbs up' for her James Bond pose.

Louise, get your gun

One of Jersey's most popular sporting challenges is setting its sights on raising funds for Jersey Hospice Care and Les Bourgs Hospice in Guernsey. The SuperShot Challenge has been launched by the Jersey Shooting Federation (JSF).

Now in its 20th year, the organisers want the 2010 event, taking place on Saturday 19th June at the Crabbe ranges in St Mary, to be the most exciting contest yet, in turn raising funds for the invaluable work of Hospice in the Channel Islands.

The SuperShot Challenge is a showcase for the world of sport shooting. As well as raising money for good causes, it shows participants that target shooting is an enjoyable and often fascinating sport for both beginners and experts.

Derek Bernard, one of the organisers of the Supershot Challenge, explained "shooting is a safe, exciting and responsible sport for everyone in the community, not just for dedicated sportspeople. We want to encourage anyone who would like to take part and organise a team. It doesn't matter whether they are experienced or complete beginners, as there are plenty of opportunities to get some practice in first". All of the surplus money raised will be shared between Jersey Hospice Care and Guernsey's Les Bourgs Hospice (pro-rata to the number of island teams taking part in the event) and the JSF, to help send Jersey shooting teams overseas to compete in the Commonwealth Shooting Championships.

Louise Reynolds from Jersey Hospice Care Fundraising Limited was so delighted when she heard the charity would benefit from the money raised from the challenge,

she decided to have a go at some of the disciplines herself. She said: "The JSF is a regular contributor to Jersey Hospice Care. I've had a fantastic time and everyone involved is really welcoming. I would recommend anyone who fancies having a go to contact the club". Each team for the SuperShot Challenge can have four members, helped by an experienced mentor. It's a great team building opportunity and is open to anyone, as long as they have a common relationship, such as working together or belonging to the same club or association. The Jersey Shooting Federation supplies all the instruction and equipment needed for teams to have a great day out.

This year, to make the 20th Anniversary celebrations that little bit more special, an exciting new discipline has been added. The 'Black Powder Musket' organized by the Jersey Muzzleloaders will be held on their purpose-built range. For anyone familiar with the phrase: "lock, stock and barrel", this will be an amazing experience. Other disciplines include:

Air Pistol	Fullbore Rifle
Archery	.22 Pistol
Clay Target	Smallbore Rifle

The SuperShot Challenge began as the Celebrity Supershot in 1990 as part of the celebrations of gold medals won by Channel Island shooters at the Commonwealth Games in Auckland, New Zealand. The late Adrian Breton of Guernsey won Rapid Fire Pistol and Colin Mallett of Jersey won the Fullbore Rifle event.

The 2010 event will be held on Saturday 19th June at the Crabbe ranges in St Mary and anyone interested in taking part should write to Derek Bernard, one of the event organisers, who can be contacted at DB@TSLjersey.com. Further details can be found on the SuperShot Challenge Facebook site.



trees! lawyers! football!

Law firm Carey Olsen has donated 73 trees to Grouville FC which have been planted at Le Boulivot. The trees come courtesy of the Sigma Group's 'Points = Trees' planting scheme where vouchers are earned by companies purchasing office supplies. Gary Philpott, Carey Olsen's facilities manager, said that the scheme was a good idea but what made it stand out was the ability to donate the trees earned to a specific partner.

"As a sponsor of Grouville FC we are always looking for ways to support the club. Our deal with Sigma means that we earn trees to plant with every order we make. Being able to plant our first consignment of 73 trees at Le Boulivot will hopefully make a big difference to the club."

George Noel of Grouville FC said the club were looking forward to planting the trees: "We've been looking to develop the area around our pitch for a while so this donation is helping us in that and it's really improved the look and feel of the place. We're very grateful to Carey Olsen for their ongoing sponsorship of the club and their support." Mr Philpott said that the firm valued the scheme as it enabled them to offset their consumption of supplies, particularly paper.

"As a law firm we use a significant amount of paper and other resources and this is a good way to ensure that we put something back into the environment. The fact that we can do this locally gives us added pleasure."

An order of around £50 is equivalent to 125 or one tree with the Sigma 'Points = Trees' initiative.

Sigma Group's David Adcock said: "This scheme gives our customers the chance to offset some of their consumption. We think it is important to plant these trees locally and help local clubs and associations to develop their land for the benefit of islanders. We hope Grouville FC will enjoy their new trees for many years to come."



a force to be reckoned with....

HSBC tackle the environment

'Biodiversity' takes centre stage at this year's World Environment Day on 5th June. When we planned our 'eco' issue, HSBC got in touch to tell us how much it factors into their CSR strategy and activities. To help bring the theme to life, HSBC's global campaign 'Banking on Survival' aims to raise awareness of the impact our lifestyles can have on the survival chances of the many species on Earth.

In Jersey, they have once again teamed up with Durrell, a natural partner with which to champion biodiversity. Durrell is a fine example of how operating in a small community can have a profound effect in making a difference in a global context.

HSBC in Jersey has a passionate volunteer Environmental Working Group, who work hard to drive activities around events such as World Environment Day. To educate staff on this important issue, HSBC is hosting a workshop, in conjunction with Durrell, to explain to staff the issue of biodiversity and its inextricable link with climate change. Staff will learn how they can reduce their impact on delicate eco-systems and how they can make ethical decisions to minimise their footprint on the planet.

Various information stands will be placed around HSBC buildings on the Island, designed to spread awareness of environmental issues and advise how staff support charities such as Durrell and the National Trust for Jersey. HSBC staff are also encouraged to participate in volunteer programmes, many of which are organised as part of the working day.



Adapt Design branch out

Adapt Design and Advertising have donated two trees to De La Salle College as the result of a green initiative by the Sigma Group. The scheme rewarded points on stationery orders placed between December 2009 and March 2010.

These points could then be redeemed for tree saplings. Leslie Keenan (Deputy Head of De La Salle) chose a Red Oak and a Sweet Chestnut Tree. The trees were planted to replace 3 large fir trees chopped down, due to disease, but also to create light and space for the new sports hall, which is now under construction. Peter Langdon, Managing Director of Adapt Design & Advertising Ltd (pictured left with Leslie Keenan) is a past pupil of De La Salle, attending the school for 11 years.

Peter left De La Salle in 1986 and inspired from studying Graphic Communication and Art 'A'levels, went straight into the design industry, where he worked for three companies before starting up his own agency. Peter said "I am delighted to be able to put this initiative to good use and donate these trees. It's great to be able to give something back that will be enjoyed by generations to come. The original idea was to donate two beech trees but height restrictions applied so we decided to plant the Red Oak and a Sweet Chestnut which will produce healthy treats for the pupils in autumn."

£1000 Grant to help Le Squez

Lloyds TSB reaches out to Le Squez Youth Club, helping it to continue providing support and a safe place to socialise for underprivileged youngsters

Judges from Lloyds TSB and The Jersey Evening Post sifted through a host of impressive entries to decide the winner of the first £1,000 grant awarded as part of Lloyds TSB's 'Small Change - Big Difference' campaign. The panel was looking for organisations able to demonstrate a long-standing and ongoing involvement in community life.

The Le Squez application captivated the panel, providing details of the vital service it provides for a community in the midst of redevelopment. The youth club will use the grant to revitalise its lounge and games room, which it has been unable to improve for some time. The building is regularly used and around 40 youngsters attend the club each evening, 67 per cent of Le Squez members who left school in 2009 remain unemployed today. The club provides activities to keep youngsters motivated and they

are involved in fundraising projects to help the organisation subsidise running costs of its building, trips and activities for its members.

Lloyds TSB created the campaign to make a big difference to not-for-profit / grassroots charity and community support groups - and of course the people whose lives they seek to improve - by awarding a relatively small grant of £1,000. Groups which may be overshadowed by the big names in the charity sector have an opportunity to receive a donation with the potential to assist the work they are doing in the community.

Small Change - Big Difference will continue throughout 2010 and grants will be awarded every three months.

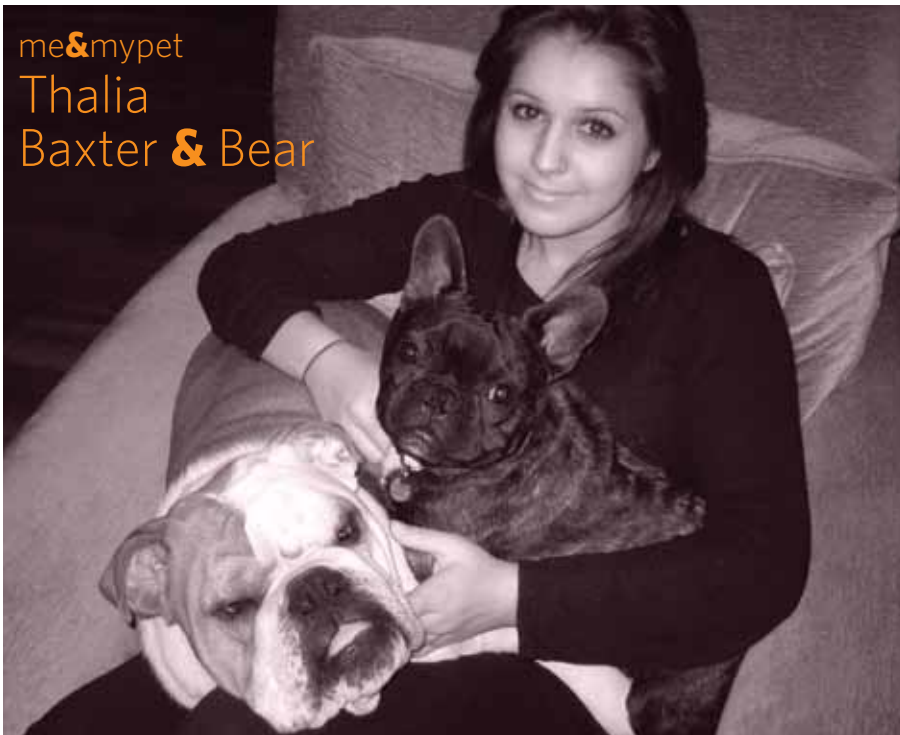
<http://www.lloydstsb-offshore.com/islandpersonal/change/>



Conversation Starter

It takes half a barrel of crude oil to produce the rubber for just one truck tire.

me&mypet Thalia Baxter & Bear



Breed:

Thalia Goddess

Baxter French bulldog

Bear English bulldog

Age:

Thalia 23

Baxter 8 months

Bear 8 months

Likes:

Thalia Spinning and the beach

Baxter Having his temperature taken at the vets... it's the French in him

Bear Preying on innocent seagulls, (still desperate to catch one!)

Hates:

Thalia Scary films and being forced to watch the rugby by my boyfriend

Baxter Being told what to do

Bear His temperature being taken at the vets!

If you could be any human or animal:

Thalia That dog that got left \$20million in Miami and has his own mansion

Baxter Hugh Hefner.

Bear Arnold Schwarzenegger.

Wants:

Thalia Baxter to behave

Baxter World Domination

Bear Baxter to stop stealing his bed

Fascinating facts:

Thalia Trained Miss World contestants

Baxter Marie Antoinette had French bulldogs imported from London

Bear Bulldogs are the second oldest breed of dog in Britain, second to mastiffs

Most impressive thing ever done:

Thalia House trained Baxter!

Baxter Surfs down sand dunes on his tummy

Bear Managed to stay awake for more than an hour once!

send us your pets!

(not the actual pets, we've already got a dog and a penguin... but if you'd like to be featured get in touch ceri@gallerymagazine.co.uk)



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It's a.... lemur!

A healthy ring-tailed lemur has been born at Durrell Wildlife for the first time in 17 years. It's the first infant for the four year old mother Muriel, one of Durrell's two female ring-tailed lemurs, and it was born on Sunday 21st March.

Ring-tailed lemurs first came to Jersey in 1964 and thirty five infants were bred between 1974 – 1993, after which the Trust maintained a male bachelor group. Two new females arrived at Durrell last May to form part of a new breeding group within the recently opened 'Kirindy Forest' exhibit.

Senior keeper Tim Wright commented "We are delighted with the birth of this new infant, and the first-time mum is doing a great job of looking after it. This is a brilliant start for our new Kirindy Forest enclosure, and we hope more lemur births will follow shortly."

Although relatively numerous in zoos, ring-tailed lemurs are declining in the wild and are currently officially classified as 'near threatened'.

Durrell is extremely grateful to Fairbairn Private Bank who generously sponsor the ring-tailed lemurs.

David Stearn, head of business development at Fairbairn Private Bank, commented: "Congratulations to Muriel on her new arrival. We are delighted to support the new lemur breeding programme and it is good to see it off to such a successful start. We hope this will be the first of many new lemurs to be born at the Trust."


Short-term planning can turn into a long-term landmark decision

Performance (to 31.04.10)	YTD	1 Year	5 Year
Global Growth Portfolio Fund	6.14%	26.70%	40.16%

The Global Growth Portfolio Fund is a Jersey based collective investment scheme, investments are split 50% UK Equities & 50% Overseas Equities.

Investment Adviser – SG Hambros Bank (Channel Islands) Limited
 Manager & Administrator – R&H Fund Services (Jersey) Limited
 Trustee – SG Hambros Trust Company (Channel Islands) Limited

If you would like a copy of the most recent Factsheet, Prospectus, Accounts and Application Form then please contact Anna Camacho at anna.camacho@fundadministrators.com or text Anna on 07700 825 200.

 The Global Growth Portfolio Fund

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rant

words | Mean Kitten

If there's one thing I can't stand it's being lectured at by some eco-evangelist determined to right the error of my eco-wrongs. All those self-righteous greenies who are always urging us to reduce, recycle and re-use to save the planet always leave me feeling like I've just suffered a mild concussion without quite knowing why. Save the planet from what exactly?

Personally, I'd rather be saved from their irritating whining and pleadings to be more environmentally friendly. So although I appreciate that loads of you might feel compelled to buy into all this energy conserving crap, please understand that some of us don't! I don't want to spend my time fretting over whether I've left the tv on standby, or trying to think of more ingenious uses for empty plastic ice-cream tubs, or agonising over the biodegradability of every item I purchase.

Today for example, without feeling even the tiniest twinge of guilt, I was a willing participant in mass murder. My kitchen had been invaded by ants and they had to be dealt with. In my defence, before calling in pest control, I looked online for a kinder (cheaper?) way of dealing with the little buggers, but the eco friendly suggestions all seemed a bit suspect. Some of them involved spraying vinegar in all cracks and crevices and then topping this up with coffee grounds. Really! And if that didn't work what next? Should I have sneaked up on them with champagne and canapés in a crazy attempt to wipe them out with the best picnic they've ever had?

"Would you like a bag with that?" Surely this has to be one of the most annoying questions in the history of shopping. Sometimes I'm tempted to squander a quid and casually say "Yeah, I'll take 100

There can be few things more tedious than going out for a meal with one of these eco-worriers. Inevitably, they will hold up proceedings by enquiring as to the exact provenance of their chicken fillet. Was it housed in a 5-star coop and did it receive a relaxing massage and counselling before it had its little neck wrung?

thanks". But no, if you've forgotten to take your own bags with you then expect to be treated with the kind of disdain usually reserved for shoplifters. Actually, on second thoughts, a shoplifter will probably be treated with more respect because, don't forget, they probably didn't need to beg for a carrier bag did they? They're environmentally friendly thieves! So now we're all supposed to run around armed to the teeth with cumbersome, ugly jute eco-bags, and it's mainly for the supermarkets own convenience. They operate under the pretext that they're saving the environment, but we know that they get to save themselves money by providing fewer bags, while cheekily charging us for the ones they do begrudgingly supply!

There can be few things more tedious than going out for a meal with one of these eco-worriers. Inevitably, they will hold up proceedings by enquiring as to the exact provenance of their chicken fillet. Was it housed in a 5-star coop and did it receive a relaxing massage and counselling before it had its little neck wrung? Is their fish sustainably sourced? They tend to react badly if you laugh at their cries of anguish as you cheerfully spear a floret of Spanish broccoli (think of the food miles!) But how they love it if the napkins are white because then they can start preaching about the evil effects of bleach on the environment. I'd happily

drink some at this stage if it rendered me deaf to their whingeing.

And for all you nutcases obsessed with picking up those red rubber bands the postie drops, it was amusing for the first couple of days but I'd like you to stop it now! Why don't you go back into your house and wrap all your electrical items in aluminium foil? Yes, I know that's not exactly an eco-tip but something tells me it'll keep you occupied and off the streets for a while.

I also can't stand it when people insist on wearing hideous vegan leather footwear and t-shirts emblazoned with "Don't Panic, I'm Organic" I'd like to batter them with a blunt instrument. An eco-friendly one of course, made from recyclable materials.

I never knew there was so much fun to be had recycling rubbish into even more useless rubbish. I've come across loads of brilliant suggestions but my favourite one involves recycling old car seatbelts into ordinary belts! Apparently, "it's a great gift idea for anyone who wears belts or likes cars" So, for that special someone in your life who likes both cars and belts you've hit pay dirt! Don't all rush at once now....I can't wait to see the faces of the lucky eco-bores I've earmarked for this particular gift. Stylishly wrapped in biodegradable newspaper of course. And for all you budding eco-fashionistas, don't despair because there's a stunning chopstick handbag you can make if you "just happen" to have thousands of chopsticks that you can't bear to part with lying around the house. They say it's a "great looking accessory"...I say yeah, but only for someone who's in a coma - then they won't have to feel the pain of its ugliness. Oh hold on, I've just seen an eco-recipe for making your own mouthwash and the second ingredient is vodka... Mmm... maybe I'm being too harsh...

born of frustration.
annoying us this month are...

Plane Vaulters

That guy on the aeroplane that uses my seat when he walks by like Dr House uses his cane. When you leverage your whole weight on my seat and then let go, I am horrifically sling-shot in a dead sleep into the seat in front of me. I hate you for this.



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Gallery Misc presents

The World Post



Ninja Warriors Chase Off Muggers

Three muggers in Australia were in the wrong place at the wrong time when their attack was interrupted by five black-clad ninja warriors. The thieves were assaulting a German medical exchange student in an alleyway next to a school for ninja warriors in Sydney.

One of the pupils raised the alarm after noticing the attack. "We just ran outside and started running at them, yelling and everything," said ninja master Kaylan Soto who instructed his students to take action. "These guys have turned around and seen five ninjas in black ninja uniforms running towards them. They just bolted."

The victim suffered minor injuries, and the men stole his mobile phone and iPod, according to police. Police arrested two men and charged them with robbery, and are still looking for a third suspect.



Burglar posted himself to Victims

Police in Poland have arrested a man for a series of raids in which he allegedly climbed into large parcels and posted himself to businesses. Stanislaw Muchy, 39, would then apparently climb out at night after staff had clocked off and burgle the premises, reports Metro.

He made his getaway by sealing both himself and his loot into another box addressed to his Warsaw home, say police.

His scheme came to an end after he fell out with an accomplice, whose job was to deliver him to courier firms, who contacted police. After being tipped off, police said: "We arranged a special delivery of our own."

Evil Clown as a Scary Success

A Swiss actor is carving out a new career as a sinister-looking clown - terrifying children's birthday parties. Dominic Deville had the brainwave after watching his favourite horror movies and set up his Evil Clown service in Lucerne. He says his unlikely new venture is going so well that he's laughing all the way to the bank.

After he is hired to scare a birthday boy or girl, he first contacts his 'victims' to tell them they're being watched. Then he taunts them with texts, phone calls and booby-trapped letters warning them that at sometime in their party he's going to smash a cake into their face. "It's all in fun and if at any point the kids get scared or their parents are concerned we stop right there," he explained. "But most kids absolutely love being scared senseless."

Student got stuck down toilet

A Chinese student had to be rescued by firefighters after he got his arm stuck down a toilet trying to retrieve his mobile phone. The student had dropped his phone while playing with it on the loo - and decided on desperate action to try to get it back.

He wrapped his arm in newspaper in the hope of keeping clean, but the paper expanded in water trapping his arm in the u-tube. The young man, who is a student at Chongqing Technology and Business University, had to shout to his dorm mates for help.

But they too were unable to pull his arm out so they called firefighters who worked with specialist equipment for more than an hour to free him. The embarrassed student, who did not wish to give his name, later admitted: "I dropped the phone down the toilet by accident. Thinking of the filth, I found some newspaper to wrap around my arm but it bulged when soaked with water and I was trapped."



Bikini protest causes gridlock

Four students caused gridlock in a Chinese city when they wore bikinis to sweep the streets outside a power station. The girls were staging an environmental protest against pollution from the plant in Chengdu, Sichuan province.

Dressed in bikinis, high heels and face masks, they swept the street with brooms. A crowd quickly grew and massive traffic jams spread through the area as cars and buses stopped at the unusual scene. Police had to be called and order was only restored after six traffic officers were brought in to get vehicles moving again.

The girls, who wore banners saying "Sweep Jialing power plant out of the city", said they had no regrets.

"This was only a work of performance art - our main concern was being here to promote environmental protection," said one of the women.



joke of the month



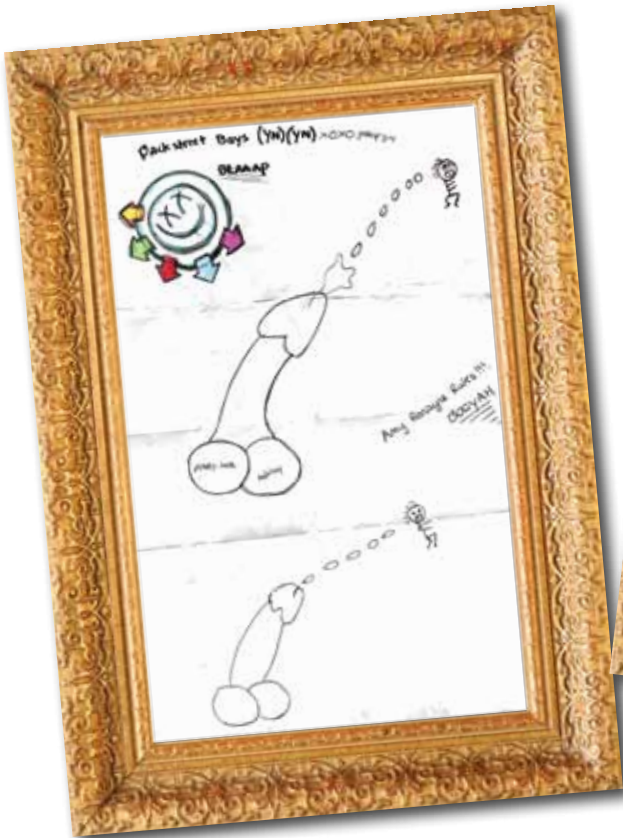
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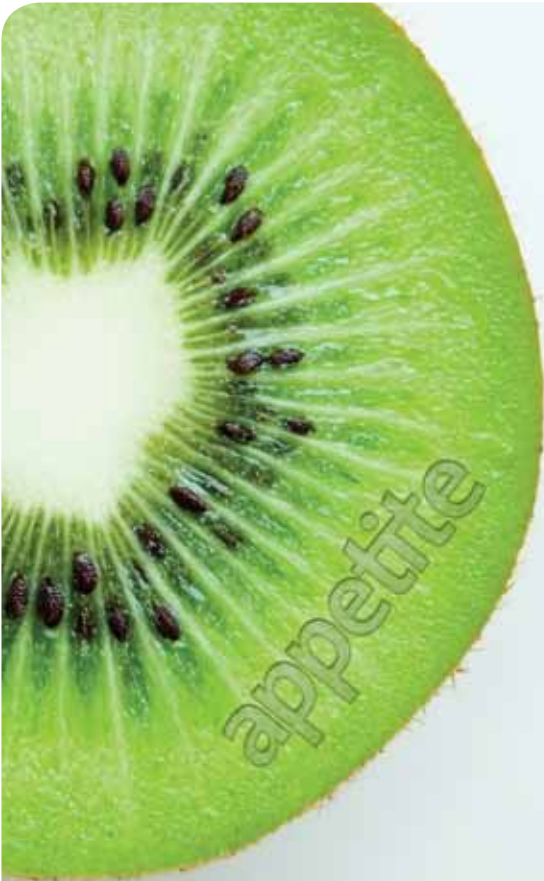
How many environmentalists does it take to change a light bulb?

"Ten. One to write the light bulb a letter requesting that it change. Four to circulate online petitions. One to file a lawsuit demanding it change. One to send the light bulb loving kindness, knowing that this is the only way real change occurs. One to accept the light bulb precisely the way it is, clear in the knowledge that to not accept another is to do great harm to oneself. One to write a book about how and why the light bulb needs to change. And finally one to smash the f***ing light bulb, because we all know it's never going to change."

from the pens of babes...



This month we had a visit from someone learning about design,
and they accidentally left this drawing behind!
The youth of today eh? It was too tempting not to print...
Tracy Emin's of tomorrow...



appetite
JERSEY'S FRESHEST EATING GUIDE



The infinite monkey theorem and the meaning of irony

The infinite monkey theorem states that a monkey hitting keys at random on a typewriter keyboard for an infinite amount of time will almost surely type a given text, such as the complete works of Shakespeare. A now-extinct variant of the same theorem said that, "if you give a million monkeys a million typewriters, eventually one of them will produce Hamlet" – this idea however was killed stone dead by the overwhelming evidence to the contrary contained in internet blogs.

The problem with most blogs is that they start in a blaze of excitement but quickly run out of things to say. Also, 95% are based upon the entirely false premise that the writer has a great sense of humour because either their mum/wife/husband/dog/probation officer dutifully smiles every time they unleash their Wildean wit or they fundamentally can't distinguish between people laughing with them and laughing at them. Also, using 'lol' or ':-)' at the end of a sentence not only means that you have failed to realise that if something is genuinely funny or entertaining, you don't need to put a large signpost next to it, but also qualifies you for guaranteed early extermination when I finally become planetary overlord.

Conversely, I have a sort of twisted respect for the JEP as the challenge of producing forty pages of product almost every single day on an island where absolutely nothing of interest happens 90% of the time would drive me to drink in no time at all. I've even toyed with the idea of helping out by applying (possibly under a different pseudonym) to become a JEP columnist, so that i) people have the chance to see what a reasoned (as opposed to ill-informed and kneejerk) opinion looks like, ii) the muppets who write letters to the editor which

inadvertently advertise their complete stupidity get the public humiliation they so richly deserve and iii) the JEP's libel lawyers will finally earn their pay.

However, neither most blogs nor the JEP even begin to compare to the British press in terms of sheer insanity. Now, we here at Gallery aren't dependent upon using shocking headlines in order to sell more copies for the simple reason that we don't actually charge you for the near-orgasmic pleasure we bring to your grateful eyes each month. Certain national newspapers, however, have tendencies that any psychologist would immediately recognize as paranoid schizophrenia, which results in them displaying on alternate days the persona of a mummified maiden aunt and a sex-crazed teenager, depending on the subject in question. Others continually flip between front page splashes saying "YOU MUST HATE THIS" and "YOU MUST FEAR THIS". Sometimes I think you're supposed to hate and fear things at the same time, but I get easily confused with all the hype and inaccurate reporting.

I'm not the first person to point out the hypocrisy in a newspaper revelling in publishing intrusive photos of any female celebrities who put on weight while simultaneously running endless columns wondering why so many young girls are developing anorexia or bulimia, but has anyone else noticed that considering their well-publicised views on paedophiles, certain tabloids pay a suspicious amount of attention to what Tom Cruise's four year-old daughter is wearing Every. Single. Day?

Also, it's not a particularly edifying spectacle when the destruction of some poor b*gger's entire life or career is ruthlessly effected under cover of a spurious 'public interest' – the implication being that if you're even the tiniest blip on the celebrity radar (or even worse – a footballer), your every word and deed is subject to a level of scrutiny that would almost certainly embarrass a high

court judge. Take the recent furore involving the chap who was head of the FA – all he really did was try to impress a potential girlfriend, and the next thing he knows she's off to Max Clifford with a tape recording of their dinnertime chat (and presumably some industrial detergent to help her get rid of the disgusting stench caused by her actions). The entire World Cup bid is then seriously damaged and all for what? Was it really in the public interest? Or was the real public interest in this case precisely the opposite – ie ensuring that England has the best possible chance of hosting a World Cup for the first time in fifty years?

Worst of all in my view is when a tabloid sermonises by providing completely made-up quotes attributed to 'a pal' or 'an onlooker'. Simply Google the name of a tabloid and "a pal said" and it immediately becomes clear that each pal is conveniently spouting the opinion of the newspaper in the absence of any actual reporting effort having been put in.

Huge amounts of entertainment can also be had where a hack simply cuts-and-pastes 'facts' from Wikipedia – even when they are clearly rubbish. Recently, a Wikipedia entry for a little-known football team was edited so as to include the following nugget: "A small but loyal group of fans are lovingly called 'The Zany Ones' - they like to wear hats made from discarded shoes and have a song about a little potato". When the team was drawn against Man City in the UEFA Cup, the Daily Mirror promptly published a story about the 'shoe-hat wearing fans'. Even better, under the rules of Wikipedia, the original non-fact could now be verified by a citation reference to the Mirror's article!

Of course, the problem is that when faced with such an appalling fourth estate, someone who actually wants to hear unbiased reports on things that actually matter is left with virtually no option, apart from reading this column. And that is the meaning of irony.

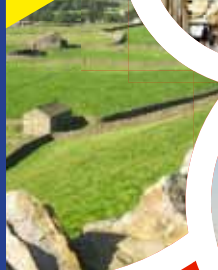


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Way to go

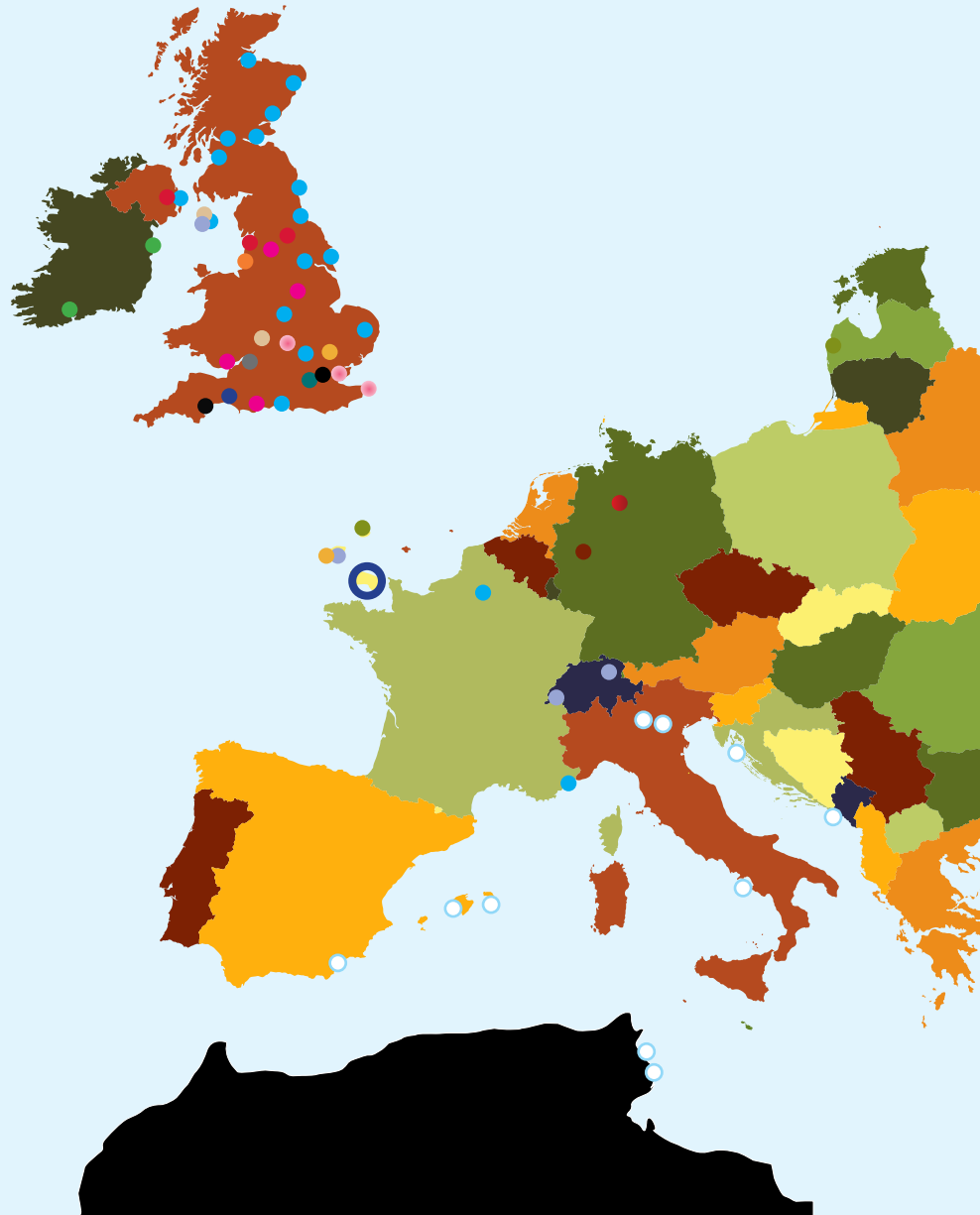
London's great. Pearly Queens, streets paved with gold, Selfridges, Tate Modern et cetera. We love hopping on the plane over for the weekend. Nothing better than sitting on the Gatwick Express, BA nuts in hand, heading for something to do in the city. It really is the easy option though, isn't it? What about all the other places we can get to from Jersey? Thanks to summer schedules there are a load of new routes open to us over the coming months. We're going to be featuring one each month in Gallery from now on. Why not head over to Belfast for the Giant's Causeway, Berlin for the Love Parade, Edinburgh for the Fringe Festival, Frankfurt for....er.....frankfurters.



With the help of the airlines we're going to try and replicate this information every month so don't worry too much about remembering the numbers and colours!

Destinations

Aberdeen	Flybe
Alderney (via Guernsey)	Aurigny, Blue Islands
Belfast City	Flybe
Belfast International	Jet2.com
Berlin (via Düsseldorf)	Air Berlin
Birmingham	Flybe
Blackpool	Jet2.com NEW
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Doncaster Sheffield	Flybe
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Durham Tees Valley	Flybe NEW
Düsseldorf	Air Berlin, Lufthansa
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Exeter	Flybe
Frankfurt (via Guernsey) (C)	Tui-Wolters
Frankfurt (via Guernsey)	Lufthansa
Funchal (C)	Estrela Travel
Geneva	Blue Islands
Glasgow International	Flybe
Glasgow Prestwick (C)	Flybe NEW
Gloucester	Manx2.com
Guernsey	Aurigny, Blue Islands
Hanover (via Guernsey) (C)	Tui Wolters
Humberside	Flybe
Inverness	Flybe
Isle of Man	Blue Islands, Flybe, Manx2
Leeds Bradford	Jet2.com
Liverpool	easyJet
London Ashford (Lydd) (C)	CI Travel Group NEW
London City	Cityjet
London Gatwick	British Airways, Flybe
London Luton	Flybe
London Stansted	Aurigny
Manchester	bmibaby, Flybe
Manston Kent (C)	CI Travel Group
Munich (via Düsseldorf)	Air Berlin
Newcastle	Flybe
Nice	Flybe
Norwich	Flybe
Nottingham East Midlands	bmibaby
Oxford (C)	CI Travel Group
Paris Charles de Gaulle	Flybe
Plymouth	Air Southwest
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Southampton	Blue Islands, Flybe
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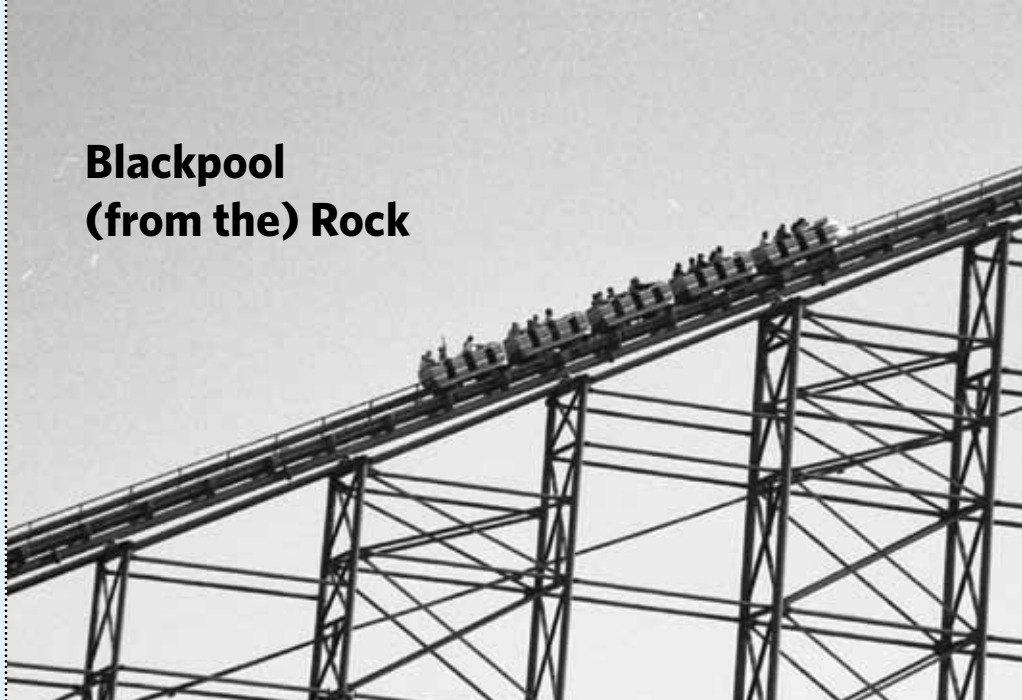
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For days of operations and summer service dates please contact the individual operator

Destinations marked in white are on the schedule for charters. Call Jersey Airport to find out more Call 01534 446000
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Blackpool (from the) Rock



It's great when the summer comes and lots of lovely tourist want to come and get lost in green lanes. Also, it means that we get flights all over the country opened up to us for the summer to enjoy at super competitive rates. Last year Gallery checked out a few destinations with Jet2. This year we welcome them back with their popular direct services to Leeds and Belfast from Jersey with fares starting from just £25.99 (one way inc. taxes) Flights to the new destination of Blackpool are also now all go go go.

Flights operate 4 times a week throughout the season through to 30th October 2010. Flights from Jersey to Belfast have also now begun, operating twice a week on Wednesdays and Saturdays to the end of September. The new route from Jersey to Blackpool operates on Fridays and Mondays to the end of September with perfect times for a weekend break. These direct services will provide us with a valuable new service to the UK, either for a short break to discover a new area or to visit friends, family, Uni folks or to buy ice cream vans you've found on eBay.

Blackpool, in the North-West of England and described as Britain's family friendly holiday capital. With award-winning beaches, the magical Illuminations, Blackpool Tower and the Pleasure Beach theme park there is certainly no shortage of things to do for friends, couples or families. Let me take you back through the list a sec. That's right. Pleasure Beach. Rollercoasters. Blackpool is home to 'The Big One'; one of the biggest, fastest, scariest coasters in Europe which, according to Pepsi 'will have you shaking in anticipation and screaming in delight'. At a towering height of 235 ft it holds the crown as one of Europe's tallest rollercoasters offering three adrenaline packed minutes of coasting. Reason enough to go for us to go for the weekend for sure...

Blackpool airport is also near to the towns and countryside of Lancashire. Within one hour's drive from the airport you can also be in the beautiful Lake District, England's largest National Park and the perfect destination for a relaxing or adrenaline-packed weekend getaway.

Speaking about the route launch, Philip Meeson, boss of Jet2.com, commented: "As a result of the success of our routes from Jersey to Leeds and Belfast in 2009 we are delighted to introduce a third service from Jersey to Blackpool. As well as bringing more visitors to Jersey, the area in and around Blackpool is great for a weekend break. With our low fares starting from £25.99 and leading customer service, there really is no excuse not to go and discover these dynamic areas."

Fares from Jersey to Leeds, Belfast and Blackpool start from £25.99 one way including taxes. We'll be checking out Blackpool in next month's issue.

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FACT FILE

Val de la Mare Reservoir

The reservoir is open all year for the enjoyment of the general public. It holds enough untreated water to supply Jersey with water for approximately five weeks. There are several walking routes around the reservoir; the full circuit is 2.8 miles (4.5 km).

Looks can be deceiving. Even when all the Island's reservoirs are full, there's only enough water supply to last for 90 days.

Did you know that, on average, you use the equivalent of 75 two-litre bottles every day for washing, cooking and flushing the loo?

We can all do our bit to use water more carefully. Simple things like turning the tap off when you brush your teeth, leaving the plug in the sink when you wash your hands and watering indoor plants with the remains of unwanted glasses of water all make a difference.

To find out more handy water saving tips, go to:

www.jerseywater.je


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places.je
The best place to find a place in Jersey.



The Lady Taverners Diamond Jubilee Ball The Hotel de France : 14/05/10



This spectacular event was held to celebrate the Diamond Jubilee of The Lord's Taverners. Strictly Come Dancing stars Lilia Kopylova and Darren Bennett got

everybody in the mood for dancing after they performed some brilliant moves! Julia Williams, manager of Jersey Goldsmiths had everybody on their feet competing to

win a pair of Swarovski champagne flutes. Also Nancy Dell'Olio, did a great job of hosting the evening which raised a jaw dropping £25,000.

Sail Away Charity Launch Party The St Helier Yacht Club: 13/05/10



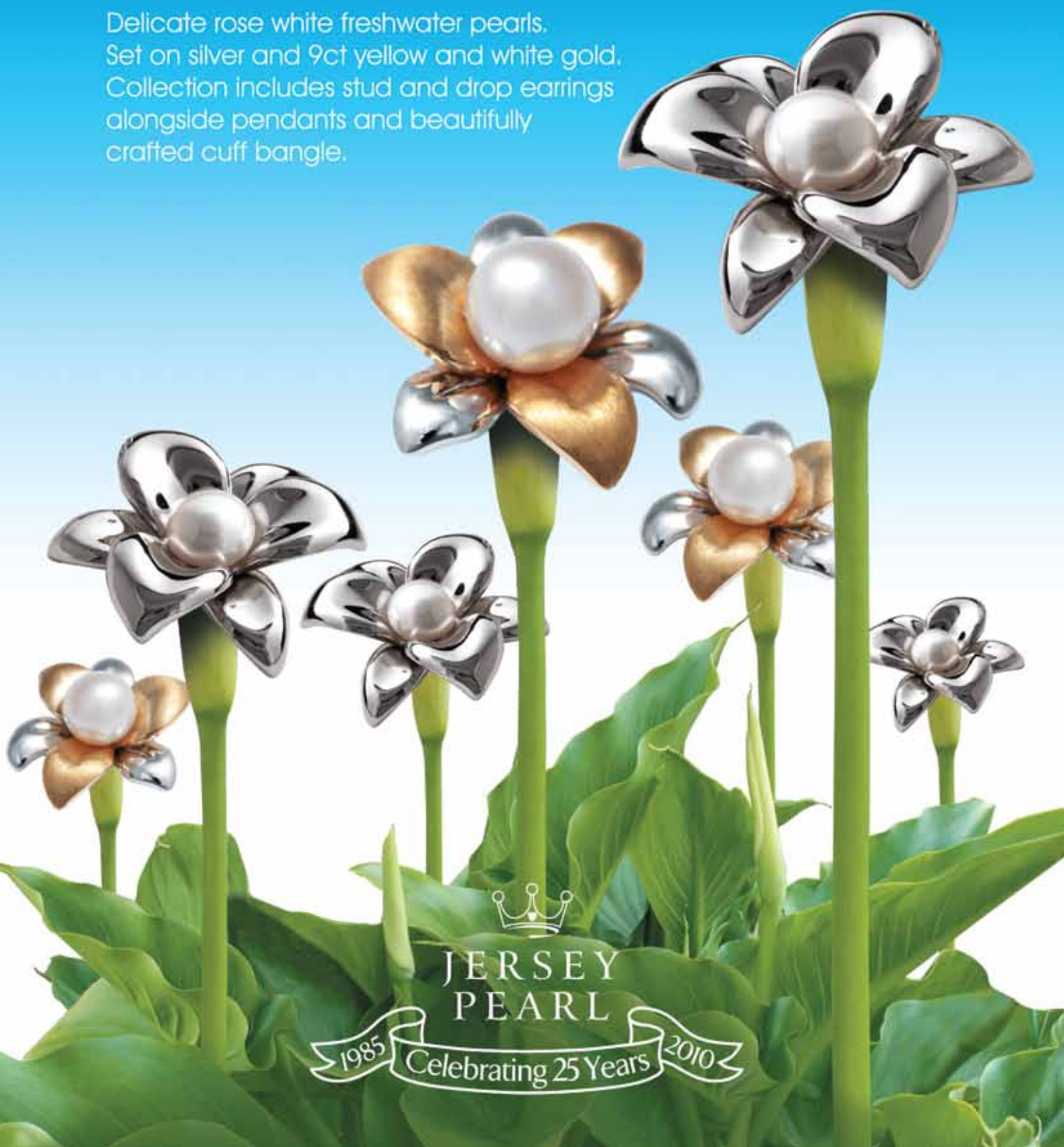
The launch which was 'invite only' was held at St Helier Yacht Club, and sponsored by chartered accountants Moore Stephens. Yusef Bunting Chairman, who runs his own carpentry business, has set up the charity

with his friend Regina Devaney Alves who is Vice-Chairperson. The launch included live music by Matt McManus, a raffle and video presentation which explained that the aims of SailAway was to assist

disadvantaged young Jersey people through the medium of sailing. SailAway would like to thank all those who kindly gave donations, raffle prizes and offered general support on the night.

Our *Lily* collection is now in full bloom

Delicate rose white freshwater pearls.
Set on silver and 9ct yellow and white gold.
Collection includes stud and drop earrings
alongside pendants and beautifully
crafted cuff bangle.



JERSEY
PEARL

1985 Celebrating 25 Years 2010

HSBC Healthier & Wealthier Event HSBC King Street: 28/04/10



HSBC's Premier Banking team hosted a 'Healthier and Wealthier' event for customers in their new Premier Lounge in King Street. The event offered Premier ladies and their friends the opportunity to hear

about new modern approaches to investing with specially trained staff on hand to offer independent financial guidance and advice. In a glamorous evening of champagne and sushi, guests were also treated to mini

treatments and consultations from Elmina Salon and Hotel de France's Ayush Wellness Spa. The event was inspired by the principles of Ayurveda and the importance of adopting a balanced lifestyle and investment portfolio.

New 3D Screen Launch Cineworld: 05/05/10



Cineworld greeted its guests with a glass of champagne to toast the launch of 3D cinema in Jersey. Yes the wait is over! They now have two brand new 3D screens. We were treated to a preview of How

To Train Your Dragon, and unanimously decided it was utterly brilliant. This year will see some great 3D movie releases including Shrek Forever After, Toy Story, Streetdance, Saw VII and Chronicles of

Narnia: Voyage of the Dawn Treader. So, in the unlikely event that it rains one day this summer, head to Cineworld and check it out.

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
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Jersey Goldsmiths 

Jersey Pearl 25th Anniversary Party Jersey Pearl St Ouen : 05/05/10



To mark the occasion a number of loyal friends, work colleagues and family members travelled out west to the Jersey Pearl showroom on the Five Mile Road, St Ouen.

Special guests on the night included Christine Etheridge; one of the Queen's favoured pearl stringers as well as His Excellency Lieutenant General Andrew Ridgway and his wife Valerie.

Also making her first appearance at a Jersey Pearl event was Alice Williams; the newest and youngest member of the Pearl family!

RCIYC Launch Sailing Trust The Boat Show: 01/05/10



The Royal Channel Islands Yacht Club (RCIYC) was at the Boat Show in style this year as it launched its children's Sailing Trust. The purpose of the Trust is to support the sailors of tomorrow by providing

children with equipment, facilities, training, scholarships and assistance to attend competitions. To create awareness, not only of the trust, but of all the Club's activities, the RCIYC provided a stunning hospitality

marquee for its members and guests to take a break at the show. It was the 'must be seen' area of the Boat Show! The marquee was funded through sponsorship led by Rivoli Jewellers.

Working Together Lloyds TSB Breakfast Event : The Royal Yacht : 19/05/10



This well attended event, which was organised by Lloyds TSB, was held to discuss opportunities for Jersey and Guernsey to work more closely together,

with presentations from Deputy Lyndon Trott (Guernsey Chief Minister) and Senator Philip Ozouf (Jersey Minister for Treasury and Resources). After a hearty full English

breakfast, everyone made their way to The Celestial Hall for the discussion which was moderated by Jess Dunsdon from Channel Television.

The Atlantic Hotel 40th Anniversary Media Lunch : Ocean Restaurant : 11/05/10



Gallery Magazine was lucky enough to be invited along to the Atlantic Hotel's 40th anniversary celebrations, which included a lunch in the Michelin-starred Ocean Restaurant with its sweeping views out to

sea. Representatives of the local media were there, along with Jersey Tourism and Darren and Julia Quenault from Manor Farm and Sean Faulkner from Faulkner Fisheries. The sun shone through the restaurant's

classic white shutters, and Head Chef Mark Jordan served a special menu of local produce including maple-baked pork belly and sea bass with crushed Jersey Royals and local crab.

Option Card Customer Account Evening de Gruchy : 20/05/10



A fantastic after hours event kicked off de Gruchy's bicentenary celebrations. The whole store was full to the brim with savvy account card holders browsing the bargains

with a glass of bubbly in one hand! There was a special 10% discount across the store as well as hundreds of pounds worth of sport prizes and five £200 vouchers up for

grabs! There was also some wonderful old memorabilia on display from the last 200 years. We can't wait for what's next!

EFG Offshore Hosts Southbank Sinfonia Concert Jersey Museum : 18/05/10



Gerard Gardner, Managing Director of EFG Offshore Limited commented 'Southbank Sinfonia is a young, vibrant and diverse orchestra, both innovative and successful.

Its approach involves the pursuit of both individual and collective accomplishments, and operates beyond the traditional boundaries associated with its profession.

We like to think that we share many of these values and achievements, and are delighted to be able to support Southbank Sinfonia'

The Eco-eaters

From farm shoppers to fans of Fairtrade, find out which eco foodie tribe you fall into with our handy spotter's guide.

The Organic Shopper

Amelia's swapped the Range Rover for a Prius, and finds it much easier to reverse into those tiny spaces in front of the Organic Shop, even if there's just no room in the back for her collection of hemp bags for life. Still she knows she's helping the environment, and can guarantee the collection of nubby vegetables she buys each week are completely pesticide-free – even if they do take an age to peel. Her teenage boys are taking longer to convince, and wish that she would just buy them Coco Pops instead of the usual Organic Moonshine GM-free Flakes that dissolve into mush in their cereal bowl...

Seen at: the Organic Shop, Stopford Road and Leaders in town.

The Fairtrade Stalwarts

The Carlton-Smythes are fanatics about Fairtrade produce, and hardly buy anything that doesn't carry the little green Fairtrade logo. They're terribly ethical, and often lecture their children over supper (sustainably-sourced fish and chips of course) about the evils of the commercial giants and the poor slave cocoa bean pickers in Africa), so much so that 3-year old Charlie sobs if his nursery doesn't serve Fairtrade chocolate biscuits for snack. Sophie tries to stick to the Fairtrade section in the supermarket, and always stocks up on Fairtrade brands like her morning coffee, but secretly thinks it doesn't taste as good as her favourite Douwe Egberts.

Spotted at: the Co-op

The Farm Shopper

Amy and Dave are proud to be supporting their island by buying local produce, and as Easties, it makes sense for them to swing into Holme-Grown on their way home from work. They try to make their meals as locally-sourced as possible, a fresh crab or two from Captain Lobster, salad leaves from Fungi Delecti, fresh tomatoes from the farmer down the road, a selection of cheeses from Classic Herds and some chutney from La Mare vineyards. Or at least that's what they do in the summer. In the seemingly-endless 'cauliflower and cabbage' months of the winter, their principles slip a bit, and they

gorge on juicy kiwi fruit, bananas and tangerines and try not to think of the food miles...

Spotted at: Rondells, Holme-Grown

The Homegrower

Andy dug up the flowerbeds when GST came in, and planted tomatoes, lettuces and aubergines. After a bumper crop the first year, he's never looked back and now the back garden is a maze of glass cloches, raspberry canes, mini polytunnels and rhubarb forcers. His longsuffering wife has to find ways of cooking all the different vegetables he gets obsessed with growing – the chillies being a particularly painful period. She's put up with most things, but the hydroponic herb garden she's just discovered behind her best sheets in the airing cupboard might be the last straw...

Spotted at: his allotment and the Trinity vegetable show, showing off his giant marrow

The Eager Composter

Ian and Pam at number 24 thought there was something wrong with their drains for weeks, until they noticed the rotting smell was coming from the new wooden contraption next door. 'It's a composter!'

announced their neighbour Brian cheerfully when they called round to investigate. 'Everything goes in it – potato peelings, plate scrapings, household waste...'. Living downwind, Ian and Pam could tell. Perhaps it's a good thing they don't know about Brian's plans to build an enormous wormery... right next door to their fence.

Spotted at: roadside stalls, trying to sell his bags of pungent home-made compost

The Amateur Chicken Keeper

Perhaps a garden flat in St Helier wasn't the best place to keep chickens thinks Emma as she tries to avoid doing serious damage to her fingers with the staple gun she's using to build her Buff Orpingtons a chicken run. Egberta and Eglantine are the two new additions to the family, who'll keep them in freshly-laid eggs, and a tikka masala or two when they get too long in the, er, beak. It'll be a great learning experience for the kids, she thinks to herself, as she dusts off the brand new Egg-lu that her chickens will call home. Shame she hasn't noticed the neighbours' ginger tom looking hungrily at her new purchases over the garden fence.

Spotted at: the library, renewing her copy of 'How to keep your Hens Happy'



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The Harbour Gallery

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Anastasia Piatakhina exhibitions 27th May - 8th July
&

Jane James Coastal Ceramics 27th May - 21st June

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www.mnlg.com/art
Presented by Art in the Frame Foundation



My Name is Matt Falle

My job is Some time Artist

The best job in the world would be a prolific artist

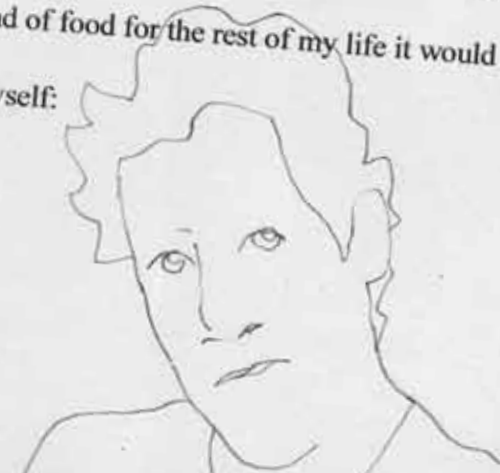
My worst habit is thinking

If I could change one thing in my life it would be more active

to be more active

If I had to only eat one kind of food for the rest of my life it would be food of love

This is a self-portrait of myself:



In bed I wear satin pyjamas

If I could be a celebrity for a day, it would be Dorothy Sumner

The best time of year is Summer

All is fair in love and war. True or false? True - both defy logic.

The best advice I've ever been given is Do what makes you

Happy

If I could have one question answered in the world it would be can't we just be happy?

The 3 most important things in life are Happiness, Health & Harmony.

This is a picture of my dream house:



exhibition of the month

Slow the water falls

Gabrielle Radiguët



Gabrielle has been developing a new collection of paintings that build on her previous work in further exploring a dynamic abstract response to the Jersey landscape. Her exhibition at Falle Fine Art consists of around 50 paintings which she describes as 'interior landscapes which offer a fragile and intimate response to the world around her.'

The show will take you on a flight around the island; dipping down to summer meadows, gliding high over the sand dunes to witness a panorama of flora and fauna, sneaking into a couple of caves and perching on craggy cliffs to feel the fret of the sea and the rush of waterfalls. The painting's titles such as "Marsh Harrier," "Watercress Springs" and the exhibition piece title "Slow the water falls" act as landmarks for this journey.

The exhibition preview on Saturday 12th June will also give visitors the opportunity

to hear cellist Gerard Le Feuvre and bassoonist Sarah Le Feuvre providing an improvised musical accompaniment to the paintings, adding another dynamic to the work. They will be performing between 3pm and 5pm.

When Gabrielle isn't exhibiting and in her studio she also teaches children and adults from 6 years old to 86. Most recently she's been involved with establishing one of the 'Taking Part Making Art' groups with Mencap.

Gabrielle's work can also be found in a number of private and public collections including the Radisson Hotel where one of her paintings, measuring 10ft in length, hangs behind the check-in desk.

Falle Fine Art
12 June > 30 June
Preview: Saturday 12th June, 12 - 5pm
887877
www.gabrielleradiguët.com



JERSEY OPERA HOUSE

showing this month

JALEO

Thursday 10th June

Fusing the essential elements of flamenco with their own inimitable and charismatic brand of Spanish passion and emotion, Jaleo unleash the raw energy and sensuous rhythms inherent within flamenco.



An Evening with Gervase Phinn

Friday 11th June

'An Evening with Gervase Phinn' will have you in stitches, as he shares his hilarious tales of life as a schools inspector in the Yorkshire Dales. Dubbed "the James Herriot of schools" this best selling author, radio and TV personality is not to be missed!



Le Rocquier Big Band - Live in Concert

Saturday 12th June

Making a welcome return to the Opera House, this local band, which has been part of the Jersey music scene for the past 32 years, will be playing musical classics spanning the decades from the Big Band Era of the 40s to the present day. This concert will be supporting the excellent work of the local charity, Autism Jersey.

JADC presents

Disney's Beauty and the Beast

Wednesday 16th - Sunday 27th June

This musical is full of Disney magic, wonderful songs and entertainment. It's a family favourite so why not forget the football and bring yours for a fun time. Of particular mention are the Sunday performances when children are invited to come dressed in costume, or the special "Be Our Guest" night, when the audience are invited to be part of the show.

Joan Armatrading

Tuesday 29th June -

Thursday 1st July

With 19 stunning albums to her credit and a new album released on the 8th March 2010, Joan's subtle and sublime music has touched millions of people all over the world.



Don't forget to check out the rest of our new season - call the Box Office on 01534 511115 or go to our website www.jerseyoperahouse.co.uk

event of the month

The National Trust for Jersey

Artist in residence Virginia Colback



Local artist Virginia Colback has just completed a six-month residency at the National Trust for Jersey.

An exhibition of her new work produced during her residency will be exhibited at The Elms and consists of a variety of landscape paintings inspired by the land owned by the National Trust. There are small oil paintings of Mourier Valley and Devil's Hole, tree and quarry studies, as well as mixed media large scale work incorporating seedheads.

Virginia's work deals with the relationship between humans and their habitat and this theme continues in her studies of the Jersey landscape where she looks in particular at rock strata, seascapes and tree studies.

Virginia Colback was the first student to gain an honours degree in art through Highlands College and was awarded the Rivington Scholarship in 2008 and the resulting study trip influenced her work for the National Trust for Jersey residency.

The exhibition will be held in The Elms, National Trust for Jersey Headquarters, St Mary, in the White Room and Pressoir.

The Elms

4 June > 10 June, 11am - 4pm

Preview: Thursday 3 June, 5.30 - 7.30pm

01534 483193

www.nationaltrustjersey.org.je



onetowatch:

Hugh Dred Rose

Hugh improvises his drawings from start to finish, so every mark made is visible in the final product. Hugh says how his drawings often use a number of repeated patterns and variations, that intend to draw the viewer into the same train of thought he experienced while drawing. "For me, drawing is a very basic act, more basic even than talking or writing, and I feel that it communicates directly with the imagination. I want looking at my drawings to be a creative act in itself, like creating a visual labyrinth for the viewer to find their own escape." (Hugh)

www.flickr.com/photos/dred_rwc
 dredrwc.bigcartel.com

featured five

5



Anastasia Piatakhina: Harbour Gallery

Born in Russia and having lived in Paris and Italy and now living in Jersey, Anastasia has devised her own way of reflecting the island's life through local produce, in still life painting. She believes that everyday objects tell us something about their owner, making still life something of a portrait. Anastasia's influences include Cezanne and Morandi.

Harbour Gallery

27 May > 8 July **743044**



Some Moments of Hope: Bob Booth

"I have long felt that the creative process offers a remarkable insight into the possibilities of human imperfections and virtues. This exhibition is an attempt to explore some of this thinking within the context of the Christian story." Part of the proceeds of this exhibition will be donated to Jersey Mencap.

Berni Gallery, Jersey Arts Centre

3 Jun > 26 Jun **700400**



Kevin Brace: Nature in the Frame

Jersey landscapes, nature photography and images from around the world. Drawing comparisons from different landscapes, the work shows that what Jersey may lack in large-scale grandeur is compensated by the intricate details within the island and its compact beauty.

WhiteSpace Gallery

May 23 > June 19 **850850**

www.kevinbrace-photography.com



Blam: The unexpected Blampied

Opening the pages to some of the books and magazines containing Edmund Blampied's designs to show a hidden treasure of dainty drawings and charming illustrations, often signed 'Blam', revealing a different side to one of Jersey's most celebrated artists.

Jersey Museum

9 Apr > 31 Oct **633300**



Jane James: Coastal Ceramics

Ceramics inspired by Jersey's beautiful coastline. Jane creates coastal themed pieces combining brightly glazed ceramics and locally collected driftwood. The exhibition will include lots of exciting new work and her fish, birds, beach huts and boats.

Harbour Gallery

27 May > 21 Jun **743044**

speakout

Are they artists?
Clare **Ormsby**



KAPOOR, Hirst, Koons, Gormley – to name a few heavyweights of 21st century art. The last time I saw footage of Anish Kapoor he was walking around a Dutch shipyard comparing the gargantuan welded steel structure the shipwrights had made with the original sketch he'd done. Two years ago Koons scooped the grand prize at the Royal Academy for a faultlessly polished blue egg the size of a small room. Hirst made his name with formaldehyde preserved animal cross-sections; whilst Gormley shot into the art stratosphere with 'Angel of the North' – Gateshead's answer to the Eiffel Tower. But are they artists? Visionaries? Maybe. Conceptualists? In Kapoor's visit to the shipyard he played the part of project manager to perfection. It was the first time he'd seen his sculpture and it was virtually finished. Koons famously made his money on Wall Street in the 80s then paid others to make his art – surely this makes him a Patron not an Artist. Gormley is funded by the council so where does that leave him? – Designer? Architect? And Hirst? He's not even hands on with the easy stuff: "The best spot painting you can have by me is one painted by Rachel (Howard)." Many of these sculptures and installations are big projects and not one-person gigs, so without the help of professionals these artworks wouldn't exist, I just wonder how hands off you can be and still call yourself an artist. I call myself an artist and I admit I don't grind minerals to make my own paint, I don't stretch my own canvases and I have never hand-reared a hog for its bristles, but maybe that's because I'm too busy painting.

THE GALLERY GALLERY DIRECTORY

Sir John Cheshire

This contemporary gallery exhibits paintings by both local and international artists. The gallery is located next to St Thomas' Church.

Tue-Sun 10-4, Wed 10-6.30
(Mon closed)

Sir John Cheshire Gallery
St Thomas' Welcome Centre, 19
Val Plaisant, St. Helier
767997

Westmount Studios

Studio spaces for artists working both independently and as a group. The studios give visitors the opportunity to speak to the artists whilst visiting exhibitions in the gallery.

Westmount Road (opposite People's Park playground)

617521

www.jerseyartstrust.com

Jersey Museum

In the art gallery you will find work by Claude Cahun, a leading artist of the Surrealist movement. The link Gallery also hosts a variety of changing exhibitions.

Daily 9.30-5

The Weighbridge

633300

www.jerseyheritage.org

Falle Fine Art

A gallery exhibiting both local and UK artists, in a central location in St Helier.

Tue-Sat, 10-5

18 Hill Street, St Helier

887877

www.fallefineart.com

featuredspace



Harbour Gallery

Featuring over 80 exhibiting artists, craft workers and a textile centre. The gallery also holds over 12 major exhibitions each year.

Open daily 10.30-5.30

Berni Gallery

This large gallery space is an integral part of the Jersey Arts Centre. During the day the gallery receives visits from a broad section of the community.

Mon - Sat 7.30 - 10.30

Jersey Arts Centre
Phillips Street, St Helier

700400

Bar Gallery

This small exhibition space is next to Cafejac where you can have tasty food whilst you observe.

Mon-Sat, 7.30-10.30

Jersey Arts Centre
Phillips Street, St Helier

700400

find us

Harbour Gallery
Art in the Frame,
Le Boulevard, St Aubin
743044

Cost to exhibit
Free

Future News

'A Colourful Event' is a great opportunity to learn from 2 very successful textile artists Kaffe Fassett and Brandon Mabry. Knitting/patchwork workshops will take place from 15-18 July.

Whitespace

A nice space showcasing local artists' work in one of the key tourist destinations on the island.

Daily 9-5.30

The Jersey Pottery, Gorey

850850

www.jerseypottery.com

Studio 18

Established for over 30 years and specialising in 20th and 21st century art.

Mon-Sat, 9-5.30

23a Beresford Street, St Helier

734920

www.studio18.co.uk

where they work....

myspace: Ian Rolls



A quirky, beautiful space full of treasures and with abundance of character. Ian's studio literally sits on the sea wall at Corbiere. Ian describes his space as "pretty much the work space of my dreams... it's not that big, it's got damp patches, flaking paint on the walls and plastic frames to the windows, but the view through those frames is nothing short of breathtaking! When I am working I have either the rocks or the sea as company. I could write a whole essay on my studio... it is such a personal, inspiring and special place." Such an inspiring place Ian admitted that at times it can be quite distracting and it's quite understandable why.

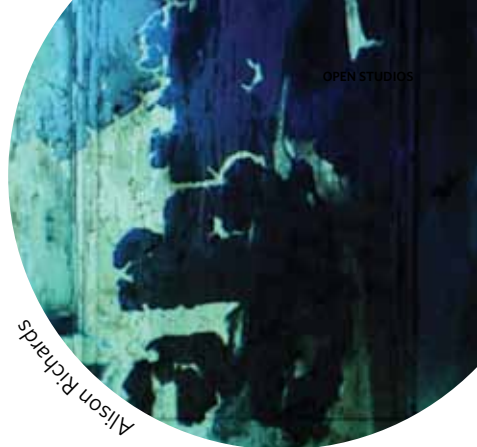
www.ianrolls.co.uk

rolls3@mac.com

Jersey artists **open up** this month

Open studios and artist directory

Jersey Arts Trust is delighted to welcome back Open Studios, Jersey's biggest annual visual arts showcase, for its third year running. Taking place throughout June, you will see the island's artists open their gallery doors to the public and this all kicks off with a week-long exhibition of over 40 Jersey artists' work at Windward House in St Helier. The event is sponsored by HSBC and with the support of BDO Alto and States of Jersey Education, Sport & Culture.



Alison Richards



Glyn Burton



Bianca Padidar

Open Studios will run for the entire month of June, where the public are invited to visit local studios and galleries simply to view or to purchase original artwork. Some of the studios involved include the Harbour Gallery, West-mount Studios and Jersey Oak in Grouville. Coinciding with Open Studios will be the launch of Jersey Arts Trust's...

Artist's Directory. The directory is a free A6 booklet, featuring over 50 profiles of local artists and their services. Ten thousand of these will be distributed throughout the island in the coming months, and can be found at various tourist spots and galleries. The Artist's Directory is also accompanied by the Studio Network website: www.jerseystudionetwork.info an online resource profiling the island's artists. The website also features more information on artists and galleries partaking in Open Studios. Additionally, the site advertises local artists' services and promotes arts in education.

Open Studios organiser Raewyn Greggain, Jersey Arts Trust said, "It's exciting that this is the first publication of its kind which lists creative professionals in Jersey. Looking though it, the variety and capability is amazing. Jersey should be proud, it is a small island producing such a high amount of quality work."

Open studios and the Artist Directory will be launched with an exciting exhibition in a quirky space at Windward House (on the Esplanade beside the Jersey Tourism office) featuring the work of local artists. Drinks and music will be provided on the evening of the launch on June 2nd and the exhibition will run through till 11th June.

Windward House, Ground Floor, The Esplanade (near Jersey Tourism office)
3 June > 11 June, (Mon-Fri, 10am-5pm)
Preview: Wednesday 2nd June, 5.30pm-9pm. Free Entry
01534 617521
raewyn.greggain@jerseyartstrust.com
www.jerseystudionetwork.info

Paul **Kilshaw** and Graham **Tovey**:

Artists in their Residence

Leading artists Paul Kilshaw & Graham Tovey, invite you to the "La Studio Gallery" in Gorey. This is a great opportunity to meet and see the artists at their place of work. A selection of oil paintings, drawings, sculptures, cards and fresh coffee will be served.

Open studios: 5 June & 6 June

La Studio Gallery - Gorey House Cottage - Les Chemins des Maltieres - Grouville



Culture

Vulture



g
gallery

Making childish literal jokes since 2004.



Becky Glover

Drawn together

We were pretty stoked when one day last summer Becky Glover started coming in and drawing the Gallery team. We thought we'd ask her about it and show you some of her work....

Becky, when did you start drawing?

I began drawing portraits when I was a young teenager; covering my school exercise books and pages with certain boy band faces. By the time I hit college I began to draw 'real' people who were far

more interesting to study. My love of art grew and grew and I began to find myself covered in acrylics and all sorts. Once college was over my creative thirst was fed by the delicious milkshake that is film and video. However, I never stopped drawing.

What the process for your drawings?

My portraits begin with a knowledge of the person. The more I know about someone's personality the better I can capture their spirit in a portrait. I combine free hand sketching and digital colouring. The portraits are based on photographs with the intention to create a vibrant and honest representation of the person whilst maintaining a stylistic approach.

So far, who's your favourite subject?

My favourite subject so far has been Plato (Gallery's dog). He was a joy to draw and I think he was pleased with the results!

If you are interested in commissioning a portrait for yourself or as a gift then visit www.beckygllover.co.uk

Becky grew up in Oxford and lived in London for two years before moving to Jersey from the mainland two summers ago 'the best decision I ever made' having studied BA (Hons) Film Production at the Arts Institute at Bournemouth where she received First Class Honours.

Oi Students!

We're pleased to announce we've managed to scrape enough money together to sponsor the Jersey Student Art Awards again this year. We've sent out a load of application forms to all Jersey's talented artistic students and look forward to seeing their work flying in this month as sadly, by the time you read this, we'll already be shortlisting the entrants....

The winner of this year's Student Art Exhibition will receive £600 toward their material costs. The runners up will receive £100 each. The opportunity to submit work for this prestigious exhibition is open to all students taking courses at foundation and degree level in the visual arts and crafts.



COMEDY ROCKS present

Simon Munnery

words | Chris Bell

Simon Munnery is regarded as one of comedy's most brilliant operators, hailed by the Observer as 'one of the most original and talented comics in the country' and as a 'genius' by the Evening Standard, and appearing as part of Stewart Lee's '10 Best Stand Ups in the World Ever' season.

An experimental comedian with a largely alternative comedy audience, he has had brief flirtations with the mainstream with his 1997 Radio One show and his cult BBC2 comedy show *Attention Scum*, which was directed by Stewart Lee. Since first appearing on the scene with the alternative cabaret collective Club Zarathustra alongside a number of comics that have gone on to become some of the most famous names in the business – including Jonny Vegas, Julian Barrett and Kevin Eldon – he has been one of comedy's best-kept secrets, with the respect of his peers who unanimously regard him as one of the best there is. He comes to Jersey this month to perform at the increasingly popular Comedy Rocks night at the Attic venue.

Have you visited Jersey before? What do you know about the island?

I supported Stewart Lee at The Opera House in January. That was my first visit. Before that all I knew was that it had been occupied during WW2, was between England and France, and was the setting for *Bergerac*. Now I know it's very near France, that many shop workers are French and that it has "10,000 alcoholics clinging to a rock". So not much more.

Do you remember your first ever stand up performance? Where was it and what happened?

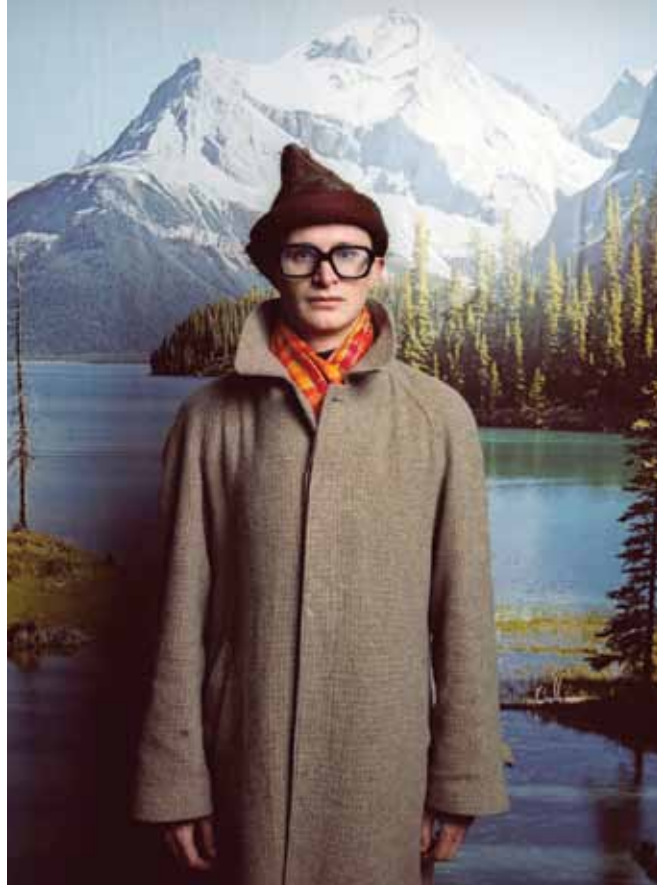
Yes, Cambridge, it went well; or I wouldn't be doing it now, possibly. It began "Hello my name is Matthew. No it isn't. I was only pretending. As a sort of joke." I haven't progressed, necessarily. It was extremely deadpan, and self-deprecating: "...At school I used to stand on a chair and stab myself repeatedly in the genitals with a compass. Even then I was an entertainer." Anyway just as it is a gambler's misfortune to win on his first go, 'twas mine to evoke laughter, then the wind changed and I got stuck like this. Though I love it still.

How do you write material for a show? Do you have a set writing period, or do you gradually accumulate ideas?

Gradual accumulation, a few shards of inspiration, and sometimes I sit down and force myself to write.

At your AGM shows you deviated from pre-written material to encourage crowd involvement. Where did the idea come from and how well did it work?

I've long been a fan of Phil Kay. I used to do the show after him in Adelaide one year; every night he was completely different, and often brilliant. If you've been going a few years you have a huge back pocket full of material so there's never a need to improvise, so the AGM was a way of forcing myself to do that. Some days it worked well, others less so; that is the nature of the beast.



ON JERSEY:

Now I know it's very near France, that manyshop workers are French and that it has "10,000 alcoholics clinging to a rock"

Are there ever any occasions where you have a show, you've had a bad day and just aren't in the mood? How do you get round this?

It's a bit like landing a plane; you just have to come in at the right angle. In dressing rooms people pace, preparing as if for a trial or an execution. Best to be woken up and dragged on. Failing that, a pint.

What makes you laugh on a daily basis?

Nothing. Mostly I laugh once at a thing and move on.

Who have been the most influential people in your career?

Arnold Brown, Gerry Sadowitz, John Hegley, Malcolm Hardee, Andrew Bailey, Martin Soan, Phil Kay, Ian McPherson, Daniel Kitson, Franz Kafka, Samuel Beckett, Soren Kierkegaard. And my mum.

What would profession would you have pursued if you weren't a comedian?

I've built a boat, a boat that floats. I live in a castle so I keep it in the moat. Artist/artisan.

For the Jersey folk that haven't seen you in action before, please can you sum up what to expect from your show in one neatly-packaged, media-friendly sound bite?

A thoughtful, true, funny, honed hour. With possibly some improvisation.

Comedy Rocks

Simon Munnery performs at
Comedy Rocks @ The Attic,
Jersey Opera House,
8pm Wednesday 23rd June.

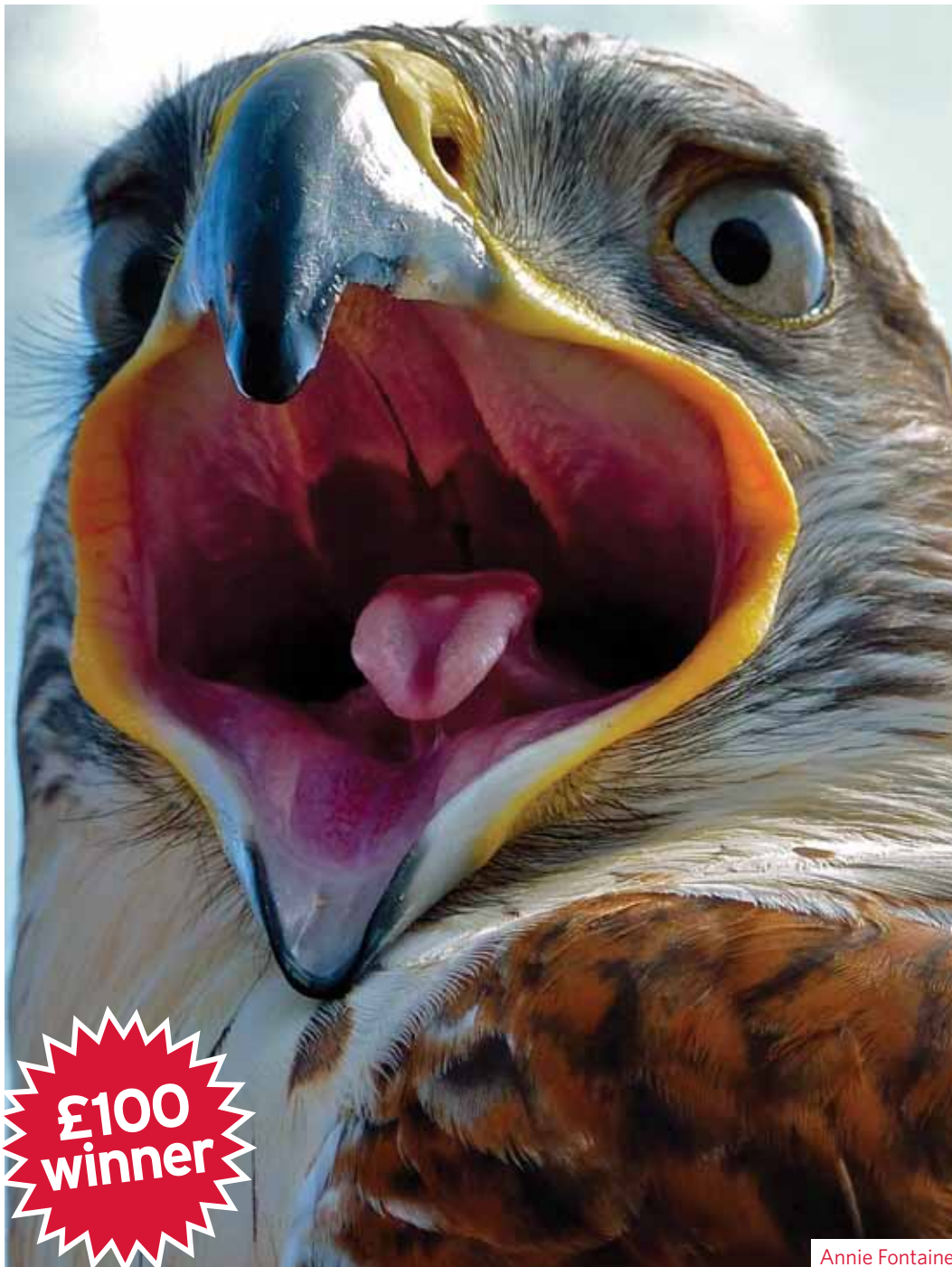
Tickets are £10 from the Opera House Box Office

The Monthly Upload

Picture Editor: **Kate Bertram**

Want to win £100? All you have to do is email your entry with the subject 'upload' to: upload@gallerymagazine.co.uk
Make the files nice and big though, about 4mb is a good size to

aim for as a guide. We print every photo but we can't fit them ALL on the page full size unfortunately - they just wouldn't all fit!



Annie Fontaine





Barney De La Cloche



Natalie Middlehurst



Mark Dempsey



Paul Labesse



Maris Dambis



Karl Block



Toney Moore



Robyne Atkinson



Milly Atkinson

A huge thanks to all you contributors this month, you gave us so much to choose from but it was Annie Fontaine's image of an eagle that immediately caught our attention with its ferocious intensity as well as the minute detail in the feathers. As always we really enjoyed looking at all of your photos so keep 'em coming because next month it could be you walking away with £100. Please don't forget we need an image of about 4 or 5mg to get them a good size.



fresh

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gallery
silent disco
silentmovies

silentmovies

We're back for another year of Blockbusters...

CafeJac is pleased to announce another summer of silent movies in conjunction with Gallery Silent Disco. This year we're dividing the week up and doing a specialist movie area each night of the week and adding a new addition, a Saturday kids' club, showing great kids' movies at 4pm for post-beach family entertainment.

Come along, grab some headphones, grab a snack, zone out.

August 2010



Films start at **8.00pm*** to give you a chance to get in from the beach. Kids' films on Saturdays at 4.00pm

Everyone gets a pair of Gallery Silent Disco wireless headphones so you can still have a conversation! If you're not watching the film that is...

Please call on 879482 to confirm film being shown.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Thrillers	Comedy	Action	Chick Flicks	Classics	Big Kids
2 Memento	3 Python Night*	4 Saving Private Ryan	5 Sex & City	6 Spartacus	7 Up
9 Inglorious Basterds	10 Juno	11 Avatar	12 Mamma Mia	13 God Father Night*	14 Wall E
16 Taken	17 Austin Powers	18 Das Boot	19 Pretty Woman	20 Casablanca	21 Toy Story
23 Bourne Night*	24 The Hangover	25 Braveheart	26 Lost in Translation	27 Vertigo	28 Shrek

* **Voting Nights!** We've selected a number of top movie franchises and we're going to let you decide which you'd like on the night!

"Teddy Bears Picnic Plate" £5.00

sandwich, crisps, choc biscuit, fresh fruit jelly & carton juice for the kids Saturdays (by reservation only) served from 4.00pm



CafeJac, Phillips St, St Helier
(located behind the Royal Bank of Scotland in Bath Street)

Proof of age may be requested for age certified films. Films scheduled may be subject to change.
www.imdb.com: Internet movie database, the biggest collection of film info in the world. Check it out.

**CALL TO RESERVE YOUR TABLE ON
OR ONLINE AT WWW.CAFEJAC.CO.UK**

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plusminus

Andrew McPhail



Big records are coming in thick and fast. Flying Lotus' absolutely massive (MASSIVE) "Cosmogramma" propelled itself into the firm favourites for album of the year with its stratospheric sounds. "Splazsh", the second album from London's Actress distinct brand of Detroit-esque techno creates a genuinely stunning record that has to be heard. Everybody's favourite mix of sardonic wit and indie-dance returned in the form of LCD Soundsystem as well as indie crooners The National gracing us with their re-emergence. Not to forget the handful of this month's singles down below, well the Plus column at least.

pop

techno /
dubstep

indie



Robyn Dancing On My Own

Single - June 13th

Whenever pop divas decide to open up their broken hearts to us humble listeners it often seems insincere, as if some producer somewhere has reminded them that it's been awhile since they reminded the public that even they aren't immune to unrequited love...or whatever. Yet, with "Dancing On My Own", Robyn creates a straight edged atmosphere of heartbreak that sounds so distant from the over emotive ballads of heartache, where the singer seems to be intent on you hearing their pain in every syllable. Harsh, slow burning synths and hair-raising vocals - heartbreak in 2010.

Wolf Parade Ghost Pressure

Single - June 29th

Ever since 2005's breakout album "The Apologies of the Queen Mary", Wolf Parade joined the burgeoning ranks of Canadian indie outfits whose every release you crawl over. So when "Ghost Pressure" hit the internet, it's safe to say the indie blogosphere had a tweenage girl-meeting-Justin Bieber moment. With a collage of keys and guitars "Ghost Pressure" ebbs and flows magically with frontman Spencer Krug's vocals being of the variety that prompt a warm and fuzzy feeling inside. Believe the hype.

James Blake CMYK

Single - Out Now

Hailed as a trailblazer in the ever shapeshifting British electronic scene, every single James Blake release to date has had the tastemakers drooling. "CYMK" continues on right where Blake left off, with his unique production style showing no signs of letting up. Drenched in sub-bass, "CYMK" is almost like a series of controlled synth-charged explosions each one rhythmically dissipating into the next. Blake's use of cut-up vocal samples that shift their pitch throughout and buoyant beats give "CYMK" a distinct aura of hip-hop. Dub-hop? Probably best leave the naming the sub-genres to someone else.

Guilty Simpson O.J. Simpson

Single - Out Now

Released on the prestigious Stones Throw Records that housed the late and legendary J Dilla, it's little surprise that Guilty Simpson's new record draws heavily on the influence of Dilla. Produced by Madlib, long time Dilla collaborator one of the best cuts off the record "O.J. Simpson" perfectly captures the production that Dilla and Madlib became famous for. Drawing heavily on abstract beats, samples and loops, "O.J. Simpson" struts pompously along with Simpson's vocals breezing their way through maze of sampling.



Katy Perry feat. Snoop Dogg California Girls

Single - June 20th

Either Katy Perry's record label has run out of money or they spent all of it on getting Snoop Dogg on board, because this track sounds like it was made on Garage Band by the Californian Tourism Board. They've borrowed the slap bass from Seinfeld and the synths from the house band in Phoenix Nights, Snoop Dogg seems more interested in attending to his porn empire and who can blame him when rapping over this disaster. But don't worry Katy, it's not like there's another track out there called "California Girls" that is actually a classic. Hang on...

Mumford & Sons Rollaway Your Stone

Single - June

I really do hate Mumford & Sons. Yes, hate. Check us out, we're folk. We wear waistcoats and grow scruffy beards. We can sing in harmony, badly and in only one way. We have a banjo player which makes us quirky. Every single song we make has sound like a summery hoedown that ends with a "rousing" climax. So hard do they try to be folksy that I almost half expect to see them on an episode of "Escape to the Country" searching for a rural cottage in Dorset where they can make their own scrumpy and record a second album... God forbid.

Kele Tenderoni

Single - June 14th

While "Tenderoni" doesn't sound particularly good, edgy, or forward thinking, it does show us what Kele wanted Bloc Party to eventually sound like (just listen to "Intimacy"). Now that Kele's free from the reigns of his fellow bandmates he's able to make the electro he always mused about. Safe to say it's as bland as you could make a track of this genre. Over reliant on an uninspiring, heavy sounding synth line, much like Steve Aoki's "In The House" there isn't really the sort of drop you need with a track like this. You can tell that Kele is trying really hard for it all to work, but in reality it just doesn't.

Skepta Rescue Me

Single - June 27th

Skepta has been around for forever. Part of the Boy Better Know crew with other grime MCs such as JME, Tempa T and Wiley. Skepta could and can still be found frequently rhyming brilliantly over the latest dubstep and funky cuts on the legendary Rinse FM. It's because of his history that I'm so disappointed by "Rescue Me". It's got a stock vocal break that could fit in on any second rate hip-hop track which serves to punctuate doses of garish dubstep with a synth line trying to mimic that from Lil Wayne's "Lollipop". And through all of that it's too much of an effort to listen to what Skepta's trying to say.

events
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business
hardware
sport

Style never goes out of fashion.

Gallery: leading where other magazines follow...





Silver Lining

British sterling silver company Kit Heath has launched their first ever jewellery amnesty in association with Save the Children. The 'Jewellery Box Spring Clean' campaign encourages people to donate any of their old silver jewellery to Save the Children through donation packs available at Rivoli. As a reward for the donation, Kit Heath will be offering a discount code for purchases on their website.

Look at those rocks

Granite has many distinct colours from grey granite known as diorite, to a delightful pink from the quarries on the North Coast, however the more yellow and orange stones exude a welcoming warmth and these colours are perfect to match with any seasonal outfit.

We kept each piece in their original shape, then polished and set them in 9ct yellow gold. The pendants, bracelets and rings are totally unique in shape and colour. View the Jersey Granite Collection at the Jersey Goldsmiths showroom set amongst the lakes and gardens of Lion Park.



Sun, sand and sounds

Share your music on the beach, in the sun and on the go with the limited edition, Calvin Klein sunglass case with built in speakers. Available with every pair of Calvin Klein sunglasses purchased at Shades of Time in Voisins. The speaker case features a zipper pouch for money, credit cards and a matching wrist strap and is compatible with all iPods, notebook/pc, MP3, mobile phones and other audio devices.

Also check out their advert for 15% discount!

Is that a bottle in your pocket or are you just happy to be saving the planet?

Billabong continue to move further forwards with being ecologically sound - by using a fabric for their board shorts made out of old soda plastic bottles. Available in SDS, the boardies are made from a new recycled material said to ease landfill and is a revolution in surfwear fabrics. Approximately 10 bottles (calculated by weight) are used to create one pair of the shorts so for £44.99 each they're a bargain!



Name: Julia Williams

Job title: Manager of Jersey Goldsmiths, Director Diamondology

Favourite gemstone: Easy, Diamonds!

Favourite cocktail: Mojitos in the summer, and a Bloody Mary for a hangover.

Favourite quote: "The difference between me and you, is I make this look good...." Will Smith MIB

What was the first thing you changed about Jersey Goldsmiths when you acquired your new role? Once we decided that Jersey

Goldsmiths is the Home of Jersey Jewellery it's been about reminding ourselves actually how good we are. For one, the expertise we have on site especially our goldsmiths and the product knowledge with the qualified diamond graders. Then the experience we have within our team with ladies who have been with us for over 20 years ensuring every customer is in safe hands. Then we looked to our collections and made sure we highlight how they reflect our island and the value of each piece. Visually we've refreshed the venue especially the cafe's outdoor eating area and the gift shops. We've added a new fashion gold collection with really fabulous pieces that don't break the bank. Um I know it was the first thing I was meant to talk about but I tend to get a bit carried away.

How is Jersey Goldsmiths environmentally friendly? We've realised that it takes lots of little changes to be more environmentally friendly. We are more conscious in our waste and recycling, we use 'friendly' cleaning products and try not to waste electricity with the light and air-con (it also keeps the bills down). We received the bronze level for Green Tourism Business Scheme last year.

What have you got planned for the future of Jersey Goldsmiths? Just to keep doing what we're good at, and telling people about it. I want to keep creating new collections inspired by Jersey and using the best materials. Next year in July it's our 25th anniversary so we need to get that planned.

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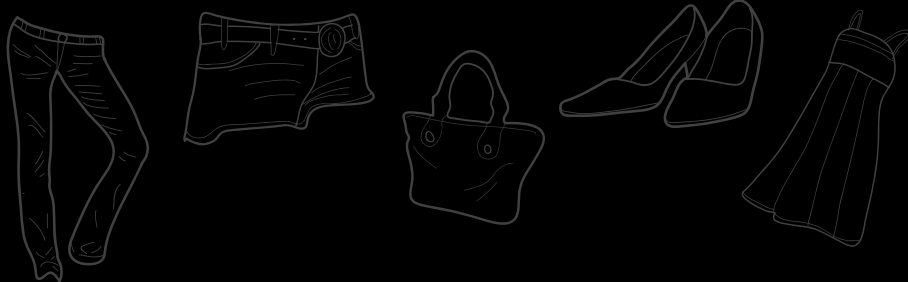
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BECKY AND THE CITY



Was that sunshine I just saw peeping through the ash cloud?
Is summer finally here at last? I can't help but feel that May has very much contributed towards the chill of our 'sprinter' (spring/winter...you heard it here first) which is why I've hit the streets of St Helier, camera in hand to snap all you wonderfully optimistic people braving the cold and sporting the summer fashions. From tribal playsuits to floral tank tops, see whose looks we love and how they've been wearing the latest trends...

Becky x



Questions

1. Best charity or vintage buy?
2. Favourite investment piece?
3. What inspired your outfit today?



Natalie Rodrigues, 20

1. I haven't actually bought anything but I love wearing my Mum's old jewellery.
2. A Tommy Hilfiger dress.
3. Summer, I went for a tropical-Caribbean look.



Leanne Kirkland, 25

1. A pair of green heels, from a market in London.
2. My Mulberry handbag.
3. The sunshine.



Juliet Barratt, 22

1. A handbag from a flea market in New York, Williamsburg.
2. A pair of cowboy boots from Camden Market, London.
3. Last minute and the sun was out!



We were in such a rush to put in these lovely images last month that we forgot to say thank you to Suzi Robinson for her brilliant make up!

Swimwear (left to right) Plums, SDS, Earth Wind & Water and Adorne.
All jewellery from Jersey Pearl.





trashfashion

**Photography & Styling Danny Evans | Styling: Emma Long and Becky Branch | Make Up by: Suzi Robinson
Hair by: Carina Da Sila at Feel Unique | Model: Tessa Lee**

Above: Green silk Traffic People top, Nautilus, £92 | Red, pink and black Diesel leggings, Axle Women, Voisins, £34 | Black waist belt, By Malene Birger, Manna, £90 | Silver diamond-shaped necklace, By Malene Birger, Manna, £65 | Bottle-cap necklace worn as bracelet, Regimented Fury, £15 | Bottle-cap headpiece, Regimented Fury, £15 | Pink army-men necklace worn as keyring, Regimented Fury, £10 | Black wedged Luxury Rebel espadrilles, Hi-Heels and Handbags, £115 | Three striped Jackie Brazil thin bangles, Voisins, £37.50 each | Large striped Jackie Brazil bangle, Voisins, £62.50 | Two striped medium Jackie Brazil bangles, Voisins £52.50 each | Colourful print tights worn as sleeve, Jonathan Aston, DeGruchy, £9.50

this page

Blue, green and grey jumpsuit, Marc Cain, £469
Black lion head Temperley London waist-belt, Renaissance, £245 | Blue wooden, True Religion wedges, Hi-Heels and Handbags, £149
Pink and black print tank top worn under jumpsuit, Twenty8Twelve, Roulette Women, £119 | Granite and silver beaded bracelet, £59, Charm, £42, Aqua and Jersey Silver at Jersey Pearl | Granite and silver pendant necklace, Aqua and Jersey Silver at Jersey Pearl, £105 | Granite and silver drop earrings, Aqua and Jersey Silver at Jersey Pearl, £75.75 | Granite and silver charm bracelet, Aqua and Jersey Silver at Jersey Pearl, £59.90 | Ring-pull necklace, Regimented Fury, £15 | Patterned silk worn as headscarf, Set, Manna £170

left page

Printed Max C tank top, Axle Woman, Voisins, £27
Yellow, green and pink ruffle Desigual scarf, Axle Woman, Voisins, £35 | Patchwork ruffle Just Cavalli skirt, Sweet Pea and Willow, £60 | Yellow Gypsy design tights, DeGruchy, £3.72 | Candy striped wedges, Dune, DeGruchy, £61.75
Pink Missoni cardigan worn as belt, Sweet Pea and Willow, £90 | Multi-colour beaded Bianca Padidar necklace worn as headpiece, Chi Chi Boutique, £74 | Cotton-flower choker worn as belt, Bianca Padidar, Chi Chi Boutique, £74 | Large striped Jackie Brazil bracelet, Voisins, £47.50 | Small striped Jackie Brazil bracelet, Voisins, £39.00
Perspex oval beaded Jackie Brazil bracelet, Voisins, £40.00
Purple and Turquoise chunky beaded bracelets, all Jackie Brazil, Voisins, £27.50 each | Pink plastic and canvas See by Chloe tote, Roulette Women, £115





this page

Blue, red and yellow
Twenty8Twelve tunic
worn as top, Roulette,
£159 | Denim Karen
Millen dress worn as top,
DeGruchy, £111.90
Blue and white Joseph
Camouflage skirt,
Nautilus, £209 | Black
Temperley London waist
belt, Renaissance, £229
Black and white Gestuz,
Roulette, £39
Pink, purple, green,
blue and yellow chunky
beaded bracelets, all
Jackie Brazil, Voisins,
£27.50 each
Stripy bangles, Jackie
Brazil, Voisins, prices
from £24-£62.50
Necklaces, including
those worn as belt,
Jackie Brazil, Voisins,
prices from £67-80
Chipsticks necklace,
Regimented Fury, £15

left page

Red, white and blue Guy
Laroche print dress worn
as top, Sweet Pea and
Willow, £100
Puff-ball By Malene
Birger floral skirt, Sweet
Pea and Willow, £70
Black mesh waist-belt,
Marc Cain, £175
Purple Gypsy design
tights, DeGruchy, £3.72
Green and white striped
Diane Von Furstenberg
wrap dress, Sweet Pea
and Willow, £120
Patterned beaded choker
Jackie Brazil, Voisins,
£80 | Clear and coloured
perspex necklace, Jackie
Brazil, Voisins, £60
Striped cube chunky
bracelet, Jackie Brazil,
Voisins, £47.50
Oval beaded bracelet,
Jackie Brazil, Voisins,
£40 | Small bracelet,
Jackie Brazil, Voisins,
£39 | Cream and black
Charlotte Olympia heels,
Sweet Pea and Willow,
£600







this page

Beaded United Nude Shoes, Chi Chi Boutique £115 | Orange & purple tights, DeGruchy, £3.72 each | Desigual design skirt worn as sleeve, Chi Chi Boutique £64 | Forever Unique body con bandeau, one sleeved dress, Chi Chi Boutique, £220 | Material Flower Necklace worn as bracelet, Bianca Padidar, Chi Chi Boutique £74 | Cotton-flower choker, Bianca Padidar, Chi Chi Boutique, £74 | Bag worn around waist, Chi Chi Boutique, £54 | Perspex thick stripy bangle Jackie Brazil, Voisins, £62.50

left page

Blue ruffle Diane Von Furstenberg dress, Axle Women, Voisins, £320

Orange and pink pleated floral Ted Baker skirt, Axle Women, Voisins, £66 | Multi-coloured Ted Baker wrap dress, Axle Women, Voisins, £122 | Orange Gypsy design tights, DeGruchy, £3.72 | Fingerless pink leather Miss Sixty gloves, Axle Woman, Voisins, £34 | Blue strappy Rebeca Sanver heels, Hi-Heels and Handbags, £229 | Cotton-flower choker, Bianca Padidar, Chi Chi Boutique, £74 | Orange and Blue tribal long necklace, Lena, Chi Chi Boutique, £60 | Multi-colour beaded Bianca Padidar necklace, Chi Chi Boutique, £74 | Pink, purple, green, blue and yellow chunky beaded bracelets, all Jackie Brazil, Voisins, £27.50 each



Green and white floral harem pants, Hoss Intropia, Manna £70 | Purple, orange and cream silk dress worn as top, Hale Bob, Nautilus, £189 | Green and purple silk top worn as belt, Set, Manna £170 | White leopard print shoes, Karen Millen, De Gruchy, £135 | Bianca Padidar Fireflower necklace, Chi Chi Boutique £80 | Yellow wooden bead necklace, Hoss Intropia, Manna, £58 | Short beaded necklace by Bianca Padidar, Chi Chi Boutique, £55 | Flower necklace hanging from belt, Bianca Padidar, Chi Chi Boutique, £80 | Material flower necklace worn as bracelet, Bianca Padidar, Chi Chi Boutique, £74 | Thin patterned Marc Cain belt, Marc Cain £145 | Black mesh waist-belt, Marc Cain, £175 | Patterned capsule clutch bag, Dune, DeGruchy, £61.75





International View 1

MARKÉTA HRITZOVÁ

We got this through from a contact in Poland this month and thought.... What could be more carbon neutral than being model neutral? Surely that fits our eco theme! The shots are from Markéta Hritzová, a professional photographer based in Prague.

The selection of fashion shown is fresh from the streets of Prague and the fashion designer, Mayda, is 'one of the young stars nowadays in Praha'. We thought the juxtaposition of colours and lack of model made for a unique looking shoot.





International View 2

NEREA LURGAIN

We also got a shoot submission from Spanish designer Nerea Lurgain this month that we thought fitted beautifully with our 'eco' theme.

Nerea was born on November 10th, 1977 in San Sebastián. She got her degree in Fine Arts in Lejona, Vizcaya. Then, she moved to Barcelona to study fashion design at the IDEP design school.

As well as her academic education, Nerea's work experience went through different areas in the design world and art in general, imbued with ideas, inspiration, working methods and designing mechanisms that brought her to a unique and personal way of working on her garments.

Her style is described as 'An amusing and original search that culminates in timeless, colourful clothes that drink deep from the well of the designer's artistic experience and cultural heritage'. All we know is we like it.





Did you hide your legs last summer?

Varicose veins? Get VNUS Closure for your legs in Jersey

Varicose veins are not always a cosmetic issue. There is a new solution to the discomfort, swelling and appearance of varicose veins that doesn't involve the more painful treatment and recovery associated with vein stripping or laser.

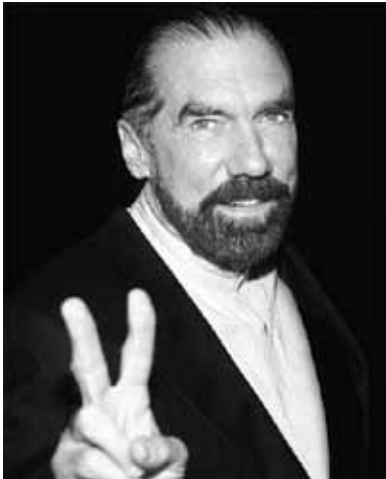
With over 500,000 patients treated since 1998 the VNUS Closure procedure offers a fast and mild recovery with minimal to no pain or bruising and is now available in Jersey.

Learn more by visiting www.vnus.co.uk or call 01534 625000 for information about VNUS Closure which can be performed on a walk-in walk-out basis, and is covered by all private medical insurers.

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Paul Mitchell 30 years of giving

Over the years they have planted forests of trees, helped preserve our natural resources, campaigned for equal rights, and much more!

Here's our timeline of the fabbest Paul Mitchell bits! 1980 - Always looking out for their furry friends, Paul Mitchell is the first professional beauty company to announce that they do not conduct or endorse animal testing. 1987 - Paul Mitchell pioneers one of the world's first solar and wind-powered race cars. 1989 - Cut Hair, Not Trees! Paul Mitchell partners with The Rainforest Foundation to help native people stand up for their environment and their rights. 2004 - John Paul DeJoria (CEO of Paul Mitchell) becomes a patron of Mineseeker Foundation along with other notables including Nelson Mandela and Brad Pitt. 2005 - The world's most expensive haircut? John Paul DeJoria agrees to cut off his signature ponytail to raise \$50,000 for the Red Cross Tsunami Relief Effort. 2009 - Paul Mitchell receive the Beauty Gives Back Philanthropy Award from Teen Vogue. **Paul Mitchell Products are available at RIO Hair & Beauty**

World Oceans Day June 8th

Crème de la Mer goes Blue in Honour of the Fifth Anniversary of Partnership with Oceana

World Oceans Day takes place annually on June 8th and is a day to recognize the sea's importance as a vital ecosystem and take action to preserve its delicate habitats and wildlife. With over 300,000 members in 150 countries, Oceana's science-based policies have greatly reduced over-fishing and protected threatened marine habitats. With a heritage deeply rooted to the beauty and power of the sea, Crème de la Mer has actively supported the efforts of Oceana in the protection and preservation of the oceans as a tribute to its founder, Dr. Max Huber. Inspired by the rejuvenating and renewing powers of the sea, Crème de la Mer has created a limited-edition 100 ml World Oceans Day "blue" Crème de la Mer jar and will make a \$200,000 donation to Oceana. This is the first time the look of Crème de la Mer's signature jar has been changed; "going blue" signifies the brand's continued commitment to the oceans.

**Available at deGruchy 100ml
£178.75 (UK price £204)**



NEW

Time to expose

It is just so dull to have to constantly shave, wax and pluck. Short of moving to France, we have endeavoured to find a less-laboursome way to rid ourselves of unsightly body hair. During our mission we discovered the Softlight low energy laser, which not only reduces the amount of hair you have, slowing down the natural hair growth process and creating a finer more velvety hair, it will also improve the quality of your skin leaving it hair-free and silky smooth. Perfect. And well worth a try in the pursuit of hairlessness. Each area of the body needs a minimum of five treatments within a pre-specified time period, for example: legs, arms, back, chest, buttocks - 2-3 months, bikini, underarm - 6-8 weeks. The longer the course, the longer the time between treatments will extend, so continuous treatment will gradually reduce the number of visits required to sustain the hair free results. Treatments for the face are of a more individual nature and can depend on a number of factors including; hair type, age, gender, and hormonal conditions. **From £25 Contact Jayde Lawlor at Hatleys Hair and Beauty Salon on 733176**



Conversation Starter Styrofoam/polystyrene is non-recyclable.

hello girls!

did he get your attention?

We couldn't resist hiding this guy in the beauty section. Firethorn Productions have organised an event designed especially to bring a well-deserved session of light relief for the ladies during the World Cup season!

The Dreamboys phenomenon was launched by entrepreneur Bari Bacco, who was the first person in the UK to give women of all ages 'eye-candy'! Bari still owns and manages the Dreamboys, keeping their show to the highest standard, and engaging the best looking boys with firm toned and defined physiques. Every time The Dreamboys appear, thousands of screaming women drool, taking deep breaths, as the Dreamboys strip off fantasy costumes, revealing their polished muscular physiques! Their enormous success over 20 years has led to sell out tours, and their fame has spread to many other countries - Denmark, Dubai, France, Germany, Greece, Holland, Malta, Norway, Russia, Spain, Sweden, Turkey. As celebrities, the Dreamboys often make guest appearances on television shows, adding the right mix of masculine sexy glamour. Ruby Wax, Jonathan Ross, Dame Edna, Elton John, Charlotte Church are just a few of the major stars who have invited the Dreamboys onto our TV screens.

WIN!

Firethorn are giving us five sets of two tickets to give to readers. Just email your details to competitions@gallerymagazine.co.uk



Firethorn Productions proudly presents

DREAMBOYS

INTERNATIONAL

"ULTIMATE GIRLS NIGHT OUT"

Always striving to bring you something different, Firethorn Productions are back with an event designed especially to bring a well-deserved session of light relief for the ladies during the World Cup season!



THE
Drift



THE ROYAL YACHT
HOTEL - SPA - RESTAURANTS



THURSDAY 1ST JULY 2010

The Drift / The Royal Yacht: Doors open 8pm

Show Times: 9pm & 10pm. Tickets £15 / £20 on The Door

Tickets available from The Royal Yacht Hotel Reception & White Label Records

it's getting **hot in here**

so take off all your clothes, but, obviously, make sure you are wearing sunscreen.



crème de la mer **UV protecting fluid spf 30**

The behemoth of beauty, renowned for its healing products, has come up with this silky lightweight fluid which helps prevent the appearance of future discolorations whilst providing UVA and UVB protection. £44.30 exclusive to deGruchy



dermalogica **waterblock solar spray spf 30**

Its easy to apply spray absorbs rapidly to provide an invisible full-body shield! It also contains Vitamin A and Organic Silicones to condition the skin and protect it from drying out in the harsh sunshine (which will materialise soon!) £25.90



l'occitane **sunscreen milk spf 15**

Comes in very cool Brazilian style packaging. This is a nonchemical mineral sunscreen which ensures protection with a broad UVA/UVB spectrum. £15.00



dr sebahg **sun-city protection spf 30**

This brand is a secret of beautiful people the world over; and it is fantastic that deGruchy have got it in. This is their anti-pollution and anti-oxidant UVA-UVB high protection sunscreen; which is a must for Dr Sebahg addicts. £42.55 exclusive to deGruchy



clinique **target protection stick spf 35**

This handy stick is ideal for fragile skin, like the eye area, lips, nose, earlobes and even scars. Even though it's little it's still mighty: water-resistant, sweat-resistant, oil-free and a perfect purse size. £13.00



dr nick lowe **the secret is out lifting cream spf 15**

A multi-benefit lifting day cream to moisturise, protect, firm and tone. Perfect for everyday use. If you have more mature skin it is so important to choose a moisturiser with spf, to prevent sun damage (think the old sunbathing lady in There's Something About Mary). £24.95



la roche-posay **high protection extreme fluid spf 50+**

These guys dominate the European suncare market, and produce high quality suncare products. This is their non-perfumed and paraben-free high protection suncream; perfect for protecting sensitive skin. £15.00



Conversation Starter

Rainforests are being cut down at the rate of 100 acres per minute.



FREE

10 MINUTE FOOT CHECK

FITNESS FOR YOUR FEET

After 3 years in the NHS and recent experience in a diabetic clinic in Hong Kong, Claire Forbes is back in Jersey practicing as a Podiatrist. Having represented both Jersey and Great Britain in Athletics, Claire realises the importance of healthy feet. She will be offering treatments ranging from the indulgence of a surgical pedicure to persistent corns or troublesome toenails

- ✦ Cracked heels
- ✦ Diabetic foot health checks
- ✦ Ingrowing toenails
- ✦ Verrucae treatment
- ✦ Footwear advice and orthosis
- ✦ Hard skin / Corn reduction

11 David Place
St Helier

Ms Claire Forbes BSc (Hons), HPC
registered, Chiropodist/Podiatrist

For an appointment please
call Kelly on 01534 759599

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About Face

This month we review the Clarins Red Room Facial at Voisins

Let's face it. Department stores are targeted at women for a reason. I think the time spent shopping on a Saturday is directly proportional to the amount of time consuming Grazia, Asos.com and the myriad of makeover and fashion shows that crowd the TV landscape. That, in addition to Gallery's fashion shoots and beauty pages, of course.

Nevertheless, there are men out there that find themselves stomping King Street at the weekend, either pursuing their own retail therapy or, more likely, accompanying their betrothed / beloved / desired on a shopping or browsing quest. Whilst we all know that offering supportive comments, nods and grunts as your ladyfriend rattles the rails and shelves will gain you favour, it's a tiring pursuit. Particularly if you've had a 'full' Friday night and are feeling a bit of malaise.

Department stores definitely offer a better solution for couples browsing. As they're trying on Tommy, you can mooch about in Marc O'Polo and as they mull over Mulberry you can peruse the PS3s. If you're reaching breaking point there's always a coffee and cake at the café but this month we discovered another solution.

The beauty hall is a scary place for most men. At home you'll take care of your appearance - style your hair, shave, aftershave, moisturise. I bet a lot of you even have some sort of age-defying elixir that helps men like George Clooney and that guy from Lost get rid of laughter lines and get big cheques from cosmetic companies. Despite the fact that a lot of you probably have the products in your bathroom cupboard there are a smaller proportion who are brave enough to enter into any form of conversation with the smiling, tanned and intimidating looking beauty counter girls.

Entering the average beauty hall feels like running the gauntlet through an oestrogen den of mascara and nail polish, desperately hoping to break out into the technology or music department. But wait. What if I told you there is a secret room adjacent to the Voisins beauty hall? A 'red' room in which you can have a lie down, relax and have a lady treat your face to the equivalent of a full valet. The room is actually white, which I thought more appropriate as I lay back and closed my eyes as my Clarins Men product treatment began. The red room was a relief. When I was asked to sample the Clarins Men product treatment I thought I would be on one of those stools in the beauty hall in full view of the tanned ladies and French tourists. Faye, the Clarins Specialist, talked me through skin types and assured me that I had good skin. What a relief.

I felt a million miles away from Voisins as Faye began washing my face with the Clarins Men Active Face Wash. I've always liked Clarins Men products. I'm not just saying that; some men's products are pretty overpowering and the Clarins scent is fresh and light. The headline ingredients are the likes of Bison Grass, Chinese Ginger, Ginseng and Ginkgo Biloba. It even feels healthy writing the words. I felt my breaths deepening and my pulse slowing slightly as Faye worked the

face wash into my skin and then removed it with a warm flannel. I've always thought the adjectives used to describe cosmetic products are quite ridiculous but the scent of the wash is invigorating; fresh, clean, natural smelling. Next was the scrub. I've had this type of product before and hammered it every day. Apparently twice a week is good for a face scrub, otherwise you're stripping off more than dead skin, which clearly isn't good... sort of t-cutting your car every time instead of just washing it. There's also something ultimately relaxing about allowing yourself to be pampered. Having removed the scrub Faye applied a face mask. I'm not talking Batman. This was a clay, ideally left on for 10 minutes, that left my skin matte and clear when washed off.

The next stage of the Skin Check is usually to test the different varieties of shaving product which are tested on the skin. I've not shaved for about 8 months so this particular section was a little wasted on me. The skin check doesn't involve an actual shave so I remained unkempt to shave another day. I'm in my thirties (early, I hasten to add) so I got to try the younger of the age control range of moisturising products. There are a variety of products for a range of ages and you'll be treated to the one that best suits your skin. We started with the Revitalising Gel which Faye worked into my whole face followed by the Anti Fatigue Eye Serum to combat my (baby) crows' feet. Getting rid of fatigue seems to be a theme of this sort of product as the final moisturising stage began with the 'Fatigue Fighter'. The cream gel firms and makes your skin feel softer to the touch. Having spent all weekend in the sun I was also recommended the SPF20 UV protection and SPF15 Lip Guard. I was now clean, soft and sunproof. Somebody stop me.

As the bench raised and I opened my eyes I was almost reluctant to make it back out into the real world. My 15 minute window of relaxation really was a welcome surprise. I wasn't in the role of amateur personal shopper / boyfriend today but I imagine that, if I were, I would now easily be able to continue on for another few hours of positive nods and bag browsing without incident. If you're in town and are reaching breaking point or just fancy half an hour of relaxation then go and see Fay at Clarins and ask about the Red Room and free facial. You won't be disappointed.

Fathers day Gift with Purchase starts Mon 31st May and runs for 2 weeks (free mens grooming bag and products with any two purchases - one to be from the mens range).

Also, during this period we will be offering complimentary mens facials in the Redroom.

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**Look for the
Mark before
you buy**

A taste of

Luxury

Local food goes luxury with Mark Jordan's exclusive seven-course tasting menu matched with seven carefully chosen wines at Ocean Restaurant at The Atlantic Hotel. It's heaven. There's just one downside for Zara Palmer-Watkinson... that she can't go every night.



Where do you go when you want to feel special? When you've got something important to say, when you want to make an impression, or when you've got something to celebrate? Well if you're anything like my friend Dee who's just landed a post-recession big promotion, it has to be Ocean Restaurant at The Atlantic Hotel. After all, it's not every day you get to toast your friend's success with not one, but seven carefully chosen glasses of wine to accompany Mark Jordan's gourmet seven course tasting menu...

And you can't get much more special than the treatment at The Atlantic Hotel - greeted at the door like an old friend, escorted to the hotel's sophisticated lounge, where the barman's waiting to take your cocktail order. It's what I imagine life as a celebrity must be like - without having to worry about paparazzi (or ex-husbands) jumping out of the shrubbery.

While you're still sipping your French Martini, Martinho the restaurant manager - think a continental version of George Clooney - arrives to run through the menus and ask about food preferences and if you'd like anything changed. Sergio the head sommelier explains his wine choices, seven different wines all from different countries to accompany each of the seven courses. It's like a wine masterclass, but with cocktails and comfortable sofas. Completely civilized. And that's how the whole evening proceeds at Ocean. The restaurant is light, bright and peaceful with its white shutters framing sea views with the sunset in the distance, and the waiters seem to glide around; everything's quiet, calm and unhurried. It feels exclusive and effortless. 'Don't you feel like you're on holiday?' asked Dee, and I couldn't agree more - the 9 to 5 routine of work, missed deadlines and urgent emails seemed like a world away.

And then there's the tasting menu. It's always completely unique, changing constantly to showcase the very best in seasonal food. Head chef Mark Jordan's

style is simple yet sophisticated, with clean, fresh flavours making it perfect for summery, best-of-Jersey dishes, and everything's served on clear glass plates that show off the food perfectly.

After a smoked salmon and horseradish bon bon for an amuse-bouche, it was on to the first in a procession of beautifully presented courses to be brought to our table. Miniature local spring vegetables topped with a silky poached quail's egg with hollandaise sauce. To accompany it, an English wine - the first I'd seen on a menu of this calibre, and a complete surprise. Fresh and summery with apple-orchard flavours, it completely balanced out the dish. Course followed course, a sweet and melting construction of local ham, langoustine and maple-baked foie gras was teamed with a clean German Riesling that came alive with the flavours of the food, and a rich and creamy truffle risotto topped with melt-in-the-mouth shavings of fresh truffle was matched with a glass of golden Grand Cru dry prosecco to cut through the earthy, salty truffle flavours.

Having a different wine matched with

MeetTheTeam



Head Chef,
Mark Jordan says

Before I came here, I didn't know anything about Jersey. I thought all the food was shipped in. There's so much more to it though – the local produce, the lamb, the Jersey cheeses, local beef – we're so fortunate.

Genuine Jersey produce is really big news these days and 90% of my menu is local. Because my suppliers are just down the road, I know them really well and that makes a huge difference. I tune into them and get the best of what they have to offer, then cook it simply, so that it'll be the best sea bass, lamb or ham you'll have ever tasted. And due to the rise in the quality of food all across the island, Jersey's become a foodie destination rather than just a bucket and spade destination. It's good to be part of it.



Head Sommelier,
Sergio dos Santos says

What interests me is how the wine relates to the food. Wine should be special and matched with a special dish.

The food has to help the wine and the wine has to give something special to the food. That's what I like about Mark's cooking, it's clear, well-presented and easy to discover. When you've got that sort of clarity in the food, pairing a wine with it is very enjoyable.



Restaurant Manager,
Martinho de Sousa says

The Atlantic Hotel is unique, not only because of the location but also the ambiance and the atmosphere, and it's important to keep that right. I look at individuals

not tables and it's the details that make the difference. I know how I like to feel when I go out to a restaurant, and everyone deserves that. It's a special occasion if people go out for dinner, and they should be treated the way I like to be treated. It should feel like a second home.

each course adds a completely different dimension to the meal. Each glass of wine comes alive with its food pairing, and you focus on the flavour combinations, the texture and the feel of the wine and the food. And of course the fact that you get to drink seven different top-class wines. It's gastronomic heaven. And it's great to play 'choose your favourite', although for those as fickle as me, each new wine seems even better than the last!

Next a signature Mark Jordan classic, a tasting-size dish of sea bass with scallops, lemon grass and a tangle of egg linguini. It was absolutely delicious, paired with a crisp Austrian wine that brought a hint of pepper to the dish. Then the first red wine, a lingering velvety blackberry-flavoured 'tutti-frutti' red Zinfandel to go with perfectly cooked thyme-roasted lamb, tiny potato gnocchi and soft lentil cassoulet. Wow.

A staggering selection of cheeses from local Classic Herd cheeses to English and French classics all arrived on a trolley, and this far down the line of wine glasses on our table, it was best to leave it to the experts and have Sergio choose us a selection that he paired with an innovative tawny port, smooth and very modern. And finally, 'ze final  ', a French rose-tinted dessert wine – not over-sweet, just fresh and light to match the 'three ways with

apple' dessert, crispy Space Dust-infused apple nougatine with Calvados cream and black butter ice-cream.

Ocean Restaurant, with its Michelin-starred menu and silky smooth service is a top choice for special occasions, and it's well worth it. With its relaxed atmosphere, it's not surprising it's the scene for so many proposals. Sergio is used to recommending champagne to accompany your declaration, and 'she always says yes', he promises. Better

“ Each glass of wine comes alive with its food pairing ”

still, sleep off your dinner upstairs in the luxury hotel rooms and pad downstairs in slippers and dressing gown for a couple of laps in the pool or a soak in the hot tub before breakfast.

It couldn't have been better, so sophisticated, yet simple and relaxed at the same time. We left having tasted the best of the island's spring produce and discovered some amazing and unusual wines. But I have to admit to a pang of regret. I didn't want it to end. I think I've found my new second home. Now all I have to find is someone else to take me there...

Ocean Restaurant at The Atlantic Hotel
Le Mont de la Pulente
St Brelade

Tel 744101

www.theatlantichotel.com
Open for lunch and dinner every day.

We had the tasting menu, seven courses for £70. With wines (125 ml glass with each course) £120. The tasting menu is only available for the entire table. Ocean Restaurant's a la carte menu, three courses £60, two courses £50. Table d'h  te dinner menu, three courses £50.





Find a farm shop

Nourish your inner Jamie or Nigella and pop to your local farm shop to pick up some amazing local ingredients. They're perfect places to browse for a lazy weekend lunch or supper, or find one on your way home from work and pick up a 'fresh from the field' selection of vegetables or a few Jersey-raised pork sausages. From roadside 'hedge veg' stalls to proper farm shops selling everything from Jersey cheeses to homemade chutney, here are a few of our favourite places to buy local.



Classic Farm Shop

Manor Farm, La Route de Manoir,
St Peter. Tel: 485562

What you'll find: a full-of-character farm shop just off the main road in St Peter serving a select range of dairy products, vegetables, meat and bijou foodie gifts.

Good for: the amazing Jersey beef (on the menu at the Michelin-starred Ocean Restaurant at The Atlantic Hotel)

Fill up your basket with: Classic Herd cheeses, local brie and camembert along with the new Jersey Cache which is a local semi-hard cheese, and delicious ice-cream and Jersey clotted cream for summer afternoon tea.

When to go: 8.30am - 5.30pm Mon-Sat. Closed on Sundays.



Homefields

Homefield Growers, La Grande Route de
St Clement, St Clement. Tel: 852949

What you'll find: just about everything. Homefields grows the largest range of produce in Jersey, and it all ends up in the farm shop, along with Jersey Dairy products, home-made cakes, and a range of bread and croissants.

Good for: straight-from-the field freshness.

Fill up your basket with: just-dug-up Jersey Royals, fresh every day and ten different types of salad leaves, grown in Jersey sunshine, for the freshest, tastiest summer salads.

When to go: Mon-Sat 8.30am-5.30pm. Closed Sundays and Bank Holidays.



Jersey Strawberries

Roadside outlet, La Hougette Farm,
La Route de St Jean, St Lawrence
www.jerseystrawberries.com

What you'll find: a roadside stall packed with punnets of freshly picked, fragrant strawberries.

Good for: summer snacking. We defy you to get home without eating any on the way!

Fill up your basket with: sweet and juicy strawberries, grown by farmer Joe Freire. If you want them field-fresh, you can pick yourself a punnet from the field behind the stall.

When to go: 9am-6pm every day.



Farm Fresh Organics

La Bienvenue Farm
La Grande Route de St Laurent
St Lawrence
Tel: 861773
www.farmfreshorganics.com

What you'll find: organic seasonal vegetables - everything from aubergines to salad leaves, organic eggs and organic groceries including cereals, soups and jams. There's also a range of frozen organic meat from Graig Farm in Wales.

Good for: all your organic shopping under one roof.

Fill up your basket with: organic lamb - it's available to order, phone Linda at the shop for more details.

When to go: 8am-6pm Mon-Fri, Sat 8am-5pm and Sun 8am-12pm.



Holme-Grown

La Rue au Long
Fauvic
Grouville
Tel: 851881
www.holmegrown.com

What you'll find: more of a store than a shop, along with the usual farm-fresh produce, there's a huge selection of unique and speciality ranges including gluten and wheat-free products, freshly baked bread, home made cakes, homeware and gifts. The Captain Lobster fresh fish trailer is there every Saturday and Sunday, and there's a great café, 'Stanley's' which serves lots of freshly made, local and seasonal food.

Good for: doing all your shopping in one place. And having a great fruit smoothie at Stanley's afterwards.

Fill up your basket with: unique and unusual products.

When to go: 7.30am - 7pm, weekdays and 7.30am - 6pm at the weekends.



Me and the Farmer

Brooklands Farm
Longfield Avenue
St Brelade
Tel: 745270
www.meandthefarmer.com

What you'll find: a trailer farm stall 'by the pigs' just past the turning down to St Brelade's bay. It'll be full of local meat, pork and sausages from Jon Hackett's rare breed saddleback pigs, and if you're lucky you might meet Farmer Jon himself.

Good for: amazing ribs and delicious sausages - many of the sausages are flavoured with local ingredients like Jersey lavender and black butter.

Fill up your basket with: locally-produced beefburgers for a Genuine Jersey BBQ.

When to go: Friday, Saturday and Sunday. You'll also catch the trailer at the Farmers' Markets where Jon is normally cooking up a mean beefburger.



Vermont Farm

Route du Coin, St Brelade.
Tel: 742383

www.vermontfarmorganic.com

What you'll find: an amazing range of organic fruit and vegetables from Soil Association-certified organic producers Vermont Farm, and fresh organic meat and eggs. The shop's expanding, so watch out for bigger premises coming soon.

Good for: keen organic shoppers looking to support local growers.

Fill up your basket with: delicious organic Jersey Royals, spinach and rocket and organic eggs – they really do taste better!

When to go: Monday – Saturday 8am – 6pm.



Woodside Farm Shop

La Hocquarderie, La Rue Coutanche,
Trinity. Tel: 865969

What you'll find: a quintessential farm store with a florist, wine selection, and quirky larder products as well as delicious cheeses, freshly baked bread, local fruit and vegetables.

Good for: lovely foodie gifts and special cheeses. Kids love Woodside too – there are kid-sized shopping trolleys and an Ella's Organic baby range.

Fill up your basket with: loose olives, soft cheese, local tomatoes and freshly-baked bread for an amazing picnic.

When to go: 8.30am-6pm Mon-Fri, Sat 8.30am-5pm, Sun 9am-1pm



Lucas Brothers Farm Shop

La Haule Farm, Le Mont au Roux,
St Aubin. Tel: 745199

What you'll find: a huge range of locally grown produce, either from the Lucas' fields or other local growers as well as essentials like milk, bread and cakes. There's a florist too, and the Jersey Fresh Fish trailer selling freshly-caught fish on Friday and Saturday.

Good for: the real farm shop experience.

Fill up your basket with: seasonal vegetables, grown in Jersey sunshine.

When to go: 8am-5.30pm Mon-Sat. Open on Sundays (summer months only) 9am-12.30pm.



Cooke's Roses Farm Shop

Le Passage Farm, Le Passage
St Lawrence. Tel: 863124
www.cookesrosefarm.com

What you'll find: Jersey honey, eggs and locally grown vegetables and plenty of roses and other types of flowers.

Good for: picking up supplies on the way home from work.

Fill up your basket with: a bunch of Jersey-grown roses – our favourite's the Pink Beauty.

When to go: Monday to Saturday, 8am-6pm.



Didier Hellio's Farm Stall

Manor Farm, Route de Vinchelez
St Ouen. Tel: 482734

What you'll find: homegrown fruit and vegetables direct from Didier's farm. He also supplies St Peter's Co-op as well as various other farm shops.

Good for: picking up local veg on your way home from work.

Fill up your basket with: delicious seasonal crops – this month look out for Jersey Royals, lettuce, courgettes and tomatoes.

When to go: every day.



Rondel's

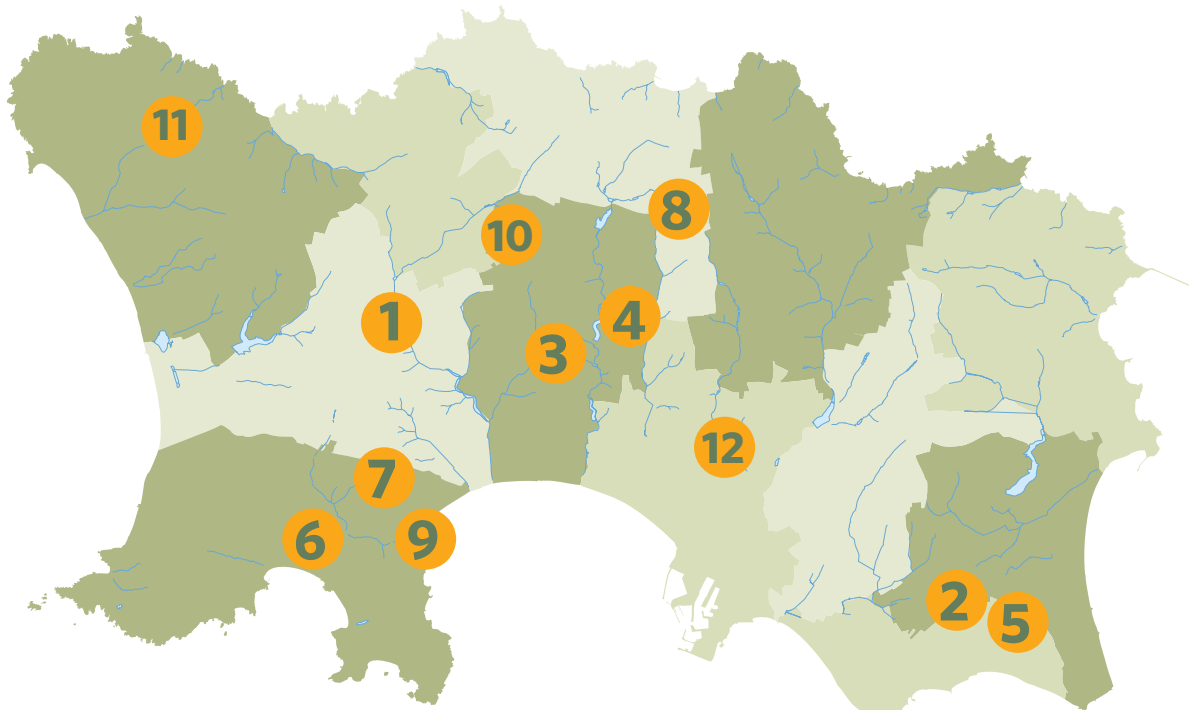
La Rue du Becquet Vincent, Trinity.
Tel: 863566. www.rondels.co.uk

What you'll find: a one-stop farm shop, with speciality products, local butcher, a good café, a range of 'bestseller' wine from Dunell's, and a florist along with fresh fruit and vegetables.

Good for: stocking up for supper parties

Fill up your basket with: the delicious COOK gourmet frozen ready-meal range and the tubs of loose olives.

When to go: Mon-Sat 8am – 6.30pm,
Sun 8am – 5pm



appetite

have you got one?

Appetite, the eating guide from Gallery.
2010 issue out now.

The perfect thing to keep at home for all things foodie. Pick one up in local venues and check www.appetite.je or listen on Channel 103 to win a meal for two every day for the next six weeks!



this isn't just
any food to order...



WIN WIN WIN !!!

Win a Board Room Meeting Lunch up to the value of £50.00. To be in for a chance of winning, simply email Mandy at mandylefeuvre@marks-and-spencer.je and say why your next board room meeting needs her delicious food!

Whether you're hosting a buffet, corporate event, planning a party or celebrating a wedding; M&S have an array of mouth watering dishes to help you serve up a stylish spread with the minimum of fuss. The party starts here...

Mandy le Feuvre, Sales Manager at M&S Food To Order, is always on hand to help. Whether you are planning a last minute party, or even need a wedding cake; Mandy has it all covered.

If you are looking for a cake for your special day, they have a new and growing range of cakes that can match any theme; so you'll be able to find your dream cake in their luxurious and stylish wedding cake collection.

As well as wedding cakes they have ones for every occasion - from new arrivals to birthdays, engagements to anniversaries - a made-to-order cake,

hand finished with a personal message, is sure to make someone's special day. Plus they have just brought back (by popular demand!) their sumptuous cupcakes!

Mandy commented "I'm very excited about the new array of products, which will easily suit most catering occasions from business to pleasure. The products available are just getting better and better. I know that the wedding cakes will be very well received and so glad that the cupcakes have been added back into the product range. Give me a call for any information you require."

Just give Mandy a buzz if you want to celebrate in style. She will have your catering covered even at short notice, so there is no need to panic (let her do that!) M&S Food To Order is here to help. Just choose from the selection of sushi, sandwiches, roll and wrap platters available in their two-day collection service. As they're all table-presentable, you simply need to unwrap

them and you're ready to entertain.

Also their website now offers World Pay so you can pay online as you order or Mandy can invoice you.

For more information contact Mandy le Feuvre:

direct dial 508724

mobile 07700704667

email mandylefeuvre@marks-and-spencer.je

web www.marks-and-spencer.je



we have world pay

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M&S food to order www.marks-and-spencer.je



M&S

GIVE AWAY
a board room meeting
lunch up to £50.00
see above for
details

foodnews

This little piggy went to market

It's getting even easier to eat local - just pick up some locally-grown produce on your way home from work as the bustling Farmers' Market pitches camp in the Weighbridge. With live music, delicious food and local crafts all on offer, don't miss your chance to browse through a bustling market square and pick up some real Jersey produce.

June 10th & 24th, 5-8pm,
Weighbridge Square.
www.jersey.com for more details.



Mark Jordan's in the Kitchen

Tune in on June 19th and watch out for Michelin-starred Atlantic chef Mark Jordan in the top BBC show Saturday Kitchen with James Martin. It's 90 minutes of live cooking action, so perfect lazy Saturday morning viewing - and don't miss the chef's challenge, where the visiting chef has to cook an omelette as quickly as possible. Break an egg, Mark!

Saturday Kitchen, Saturday June 19th at 10am on BBC One.

They're smokin'...

Did you know that Longueville Manor smokes their own smoked salmon? Neither did I, until I popped in for a long and luxurious brunch - creamy scrambled eggs mixed with the most delicious subtly-flavoured oak-smoked salmon ever, and topped with a sprinkle of caviar. Head Chef Emmanuel Ollivier learnt the art of smoking produce in France, and has built a smokery in a crypt under Longueville's kitchen garden. The salmon is marinated then smoked for a couple of hours over oak chips (and sometimes a blend of cherry and apple wood too) to give the fish a unique delicate flavour. Owner Malcolm Lewis says 'It's great fun to fire up the smokery and guests enjoy seeing it in action. We use the fish for lots of things. It's available at breakfast, in open sandwiches or salads at lunch and appears in more extravagant dishes in the evening. Our guests have been raving about it and we've had to start smoking more frequently to keep up with demand!' With the hotel's huge kitchen garden, smokery and beehives providing much of the produce for the menu, this is one place you don't have to worry about the food miles!

Longueville Manor, tel: 725501.
www.longuevillemanor.com

Oops...

We got Head Chef's Christian Gott's surname wrong in our St Mary's Country Inn review last month. Sorry Christian! Head Chef at St Mary's Country Inn since November 2009, Christian's an island veteran after working on Alderney and the Scillies where he gained two AA rosettes at the New Inn, Tresco. He loves retro dishes - look out for Southern Fried Chicken and Knickerbocker Glories at St Mary's Country Inn, and is best known for his Dr Who addiction... and for wearing his 10 foot Dr Who knitted scarf! Christian's been working on a new menu, it'll be arriving soon at St Mary's Country Inn.

St Mary's Country Inn, tel: 482897



Who pinched our potatoes?

A trail of muddy footprints last month was the only clue as a crack team of potato rustlers allegedly ravaged fields and cotils across the island, snaffling our spuds and costing farmers thousands of pounds in lost revenue. Security guards dubbed 'Vegilantes' have been keeping an eye on the Jersey Royal fields ever since, but we'd like to know where the pilfered potatoes have got to. So if you see a man on a street corner, flogging bags of Jersey Royals with a couple of gold watches, let us know, won't you...



Classic Herd Cheeses go national

Genuine Jersey cheese from Classic Herd is now featuring on the menu of UK pub chain Mitchell & Butler's fine dining country pubs. Award-winning local cheese producers Julia and Darren Quenault from Manor Farm are thrilled that Classic Herd's Jersey Golden Blue has gone national and are being enjoyed throughout the country. Of course, we don't have to go all the way to the UK for a taste of Classic Herd cheeses – you can pick them up for yourself at farm shops across the island or at the three main Co-op stores.



The One to Try - Bento Sushi

We've been running into just about everyone we know on a Friday night around the conveyor belt at Bento Sushi, and now that Jersey's first sushi & noodle bar is open until 10pm, it means we can enjoy even more late-night sushi and sashimi. It's the perfect bloat-free summer supper for slinky cocktail dresses, and the hot food is delicious – try the chicken katsu curry or prawn tempura which are just two of their range of 16 hot dishes. And if you're short on time or can't wait till supper, try Bento's 'Express' range; choose from their vast array of individually wrapped pieces of sushi, fill your Bento box, and go!

Bento Sushi, 1 Commercial Street,
St Helier Tel: 887577
Open Mon-Sat 11.30am – 10pm
www.bentosushi.co.uk

What's great in Jersey this month:

Asparagus - get the local sort right now, and feast on it with dripping melted butter - it won't be around for ever.

Tomatoes - round, plum, vine, beef, cherry - sweet and juicy.

Fennel - great with crab and fish.

Beans - flat, french, runner and round.

Herbs - basil, parsley, coriander, lavender, mint, oregano, rocket, rosemary, thyme, sorrel - all fresh and green and add loads of taste and flavour.

Jersey Royals - the dry weather hasn't helped the volume, delicious with mint and butter.

Peppers - orange, red, yellow and green.

Fruit - raspberries, strawberries, red currants - yum!

Salads - cos, frisée, pousse, little gem, rocket, mizuna, oakleaf, radicchio.

Seafood - Lobster, crab, mussels, oysters, scallops, turbot, brill, sole, plaice, skate - the seas are warmer and the catch is plentiful.

For more information on what's in season see www.genuinejersey.com/seasonal



Conversation Starter

Recycling 1 ton of paper saves 17 mature trees, 7,000 gallons of water, 3 cubic yards of landfill space, 2 barrels of oil, and 4,100 kilowatt-hours of electricity.

New management at Restaurant de la Poste

Hans Hiller – previously the executive Head Chef at the popular Borsalino Rocque for 28 years – has just taken over the Italian and French Restaurant de la Poste in St Helier. The popular town centre restaurant will continue to serve its continental-style menu using fresh local produce to lunch and supper diners, and has a private room for business lunches.

Restaurant de la Poste, King Street,
St Helier (opposite Marks & Spencer)
tel: 871071.



Milk on the move

After being at Five Oaks since 1966, Jersey Dairy have relocated to Trinity where their new neighbours are the Royal Jersey Agricultural and Horticultural Society. Unlike the dairy at Five Oaks there is the possibility for expansion. This means that future generations of Jersey dairy farmers have the ability to expand the local industry and it secures their livelihood. The new dairy has been designed to be more eco-friendly; it uses energy more efficiently as well as reducing its CO₂ emissions.

Foodmiles

Eating seasonally is the key. Visiting chefs and buyers are the first to say how fantastic the ingredients are coming from our fair shores. Believe them, they know what they are talking about and now is the time of year when when Jersey produce is at its best.

If worrying about food miles all sounds a bit knit-your-own muesli, try looking at it this way...

3 reasons for eating seasonal, locally-produced food:

1. Costs less - food in season is in abundance. Try farm shops, the Market and roadside stalls, they are cheaper and mostly fresher than supermarkets (yes, really).
2. Supports local, sustainable farming - keep those fields green, the reason why we love Jersey.
3. Recycles your pound - make sure your hard-earned goes back to supporting farmers and growers and the way we like to live.



Eco-eating round the island

So we're all trying to buy local, but what about when we go out to eat? All of the island's many restaurants try to use local produce wherever possible – it makes sense after all – but some go the extra mile to make sure your meal is as locally and ethically sourced as possible. Here are four of our favourites.

North - Plemont Beach Café

Tuck in with a conscience as clear as the sea view from this gorgeous cliff-top beach café above beautiful Plemont beach, which serves a whole range of locally-sourced food. With burgers made from locally-reared beef, organic free-range local eggs, freshly-caught crab sandwiches, locally produced relishes and pickles, home-made cakes baked just up the road and Jersey clotted cream, you're really eating local food at Plemont. You can even leave with some art from local artists and photographers, and a bag of Jersey-produced 'Sue's Fudge'. Oh, and the beach isn't bad either!

Plemont Beach Café, open from 9am-5pm every day.
Tel 482005

South - The Green Olive Restaurant

Restaurateur and chef-with-a-conscience Paul Le Brocq believes the food he serves in the Green Olive should be straight from the field or sea, and of the best possible quality. Produce is delivered daily from local growers to make sure it's field-fresh, and the hand-dived scallops on the menu are picked up from the sea bed by diver Tom McGinn, and delivered to the restaurant straight from the boat. Paul says it's all about supporting local farmers and fisherman, as well as creating the best tasting vegetarian, fish and poultry dishes for his lucky diners.

The Green Olive Restaurant. Tel: 728198 Lunch Tues-Fri 12-2.30pm, Dinner Tues-Thurs 6-9.30pm, Fri-Sat 6-10pm.
www.greenoliverestaurant.co.uk

East - The Navigator

'Catch of the day' at the Navigator means just that - your fish was swimming in the sea that morning. Supplied by three or four local fisherman, the Navigator is all about fish – and the freshest possible. Specials are written up on the blackboards (and frequently rubbed out as the restaurant sells out) and the a la carte menu changes every month. "Everyone knows it's going to be fresh," says Alex the restaurant owner, "there's an open kitchen, the fish on display and I normally advise people on the best way to have their fish". Add the stunning harbour views, and you can see why the locals love the Navigator.

The Navigator Restaurant, Rozel. Open every day, for lunch 12-3pm, and dinner 6-10.30pm. Tel: 861444. www.navigatorrestaurant.co.uk

West - The Oyster Box

Experts in using locally-caught fish and seafood in their stunning St Brelade's Bay restaurant, the Oyster Box team have gone one step further, and now serve the latest in ethical catches – the sustainably-sourced but unfortunately-named pollock – caught in its local habitat, off the wrecks around Jersey. It tastes very similar to cod, especially when prepared by the Oyster Box kitchen. Catch it on the menu as the Oyster Box's fish and chips with pea purée and salad, and eat it with a clear conscience knowing you're supporting local fishermen as well as getting all your essential Omega-3s!

Oyster Box, St Brelade's Bay. Closed Monday lunch and Sunday evenings. Tel: 743311 www.oysterbox.co.uk



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chefspeak

Patrick Tweedie 40

Head Chef, Oyster Box

Patrick's career began as an apprentice at Albert Roux's 3 Michelin-starred Le Gavroche, and took him all over the world, from India to the US, the French Alps to Amsterdam working first under the Albert Roux consultancy arm, then for Relais et Châteaux, and various luxury hotels and private members clubs, before arriving in Jersey in 2008.

What's the most fun dish to cook on your menu?

The passion fruit Marsh Mallow and Pina Colada parfait that used to be on the menu - not so much in the cooking but in the customer's reaction when they see the plate presented in front of them. Let's say it looks like a mushroom and I'll leave the rest up to your imagination. Having an open kitchen here, you really become part of the restaurant.

Where do you go to eat on your nights off?

I'm still working my way round what's on the island and have a fair few to taste yet. I didn't expect there to be so much choice! I do prefer venues where you can clearly see effort and love has been put in.

Midnight feast - what would you choose?

I love French pancakes with fresh sliced banana, vanilla ice cream and dark chocolate sauce. So simple, but just great.

Who would you love to cook for?

Anyone who loves food and is going to enjoy their time round the table, whether with me at home or here in the restaurant.

What's your foodie guilty pleasure?

Great bread and cheese.

What's your favourite local product and how do you like it cooked?

It has to be bass, pan-fried with crisp skin served just shy of being pink.

Patrick fights with...

Oyster Box Fruits de Mer



recipecard



Andrew Baird's

Summer Pudding with Jersey Dairy Crème Fraîche



Longueville's summer pudding, served with Jersey Dairy crème fraîche, is by far our most popular dessert during the summer months. It is also one of the easiest to make. All the ingredients come from our own kitchen garden.

What you'll need (for four portions)

- 4 cups of mixed garden berries - strawberries, alpine strawberries, raspberries, blackberries, tayberries, local berries, blackcurrants and redcurrants
- 10 slices of medium white sliced bread (not too fresh - it can be one day old)
- 1 cup of sugar

Method

1. Place the berries in a saucepan with the sugar and half a cup of water. Gently bring to simmering point and cook for two to three minutes. Drain in a colander and leave to cool, keeping the liquid separate.
2. The next step is to prepare four ramekins by lining them with the bread. To prepare the bread, cut eight discs to fit perfectly into your ramekins, one for the bottom and one for the top, and four strips for around the sides.
3. Once this has been done soak all the bread in the liquid from the summer berries. Line the ramekins, keeping 4 discs aside for the lids.
4. Next spoon your berries into your bread-lined ramekins and press down quite firmly. Top with the last disc and refrigerate, preferably overnight.

To prepare coulis and garnish you will need:

- 3 cups of berries and
- 1 cup of icing sugar for the sauce
- 2 cups of berries for garnish
- 2 cups of Jersey Dairy crème fraîche

Coulis: Heat the berries in a saucepan and add the icing sugar. Once all the sugar has dissolved (this may happen before it has boiled), place in a liquidiser and purée, then pass through a fine strainer. Leave to cool.

To serve: Remove the summer pudding from the ramekin and place on a plate. Pour over the sauce, letting it flood the plate. Then carefully arrange the remainder of your summer berries around the pudding. Top with Jersey Dairy crème fraîche, a sprig of mint and a vanilla stick.

Andrew Baird is Executive Head Chef at Longueville Manor

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5 ways with Jersey Royals

Make the most of the island's famous export and grab these gorgeous little potatoes while you can. Buy them from farm shops or Jersey roadside stalls to ensure you're getting real fresh-from-the-field produce. Once you've got your bag of earthy spuds, keep them in a cool, dark cupboard – preferably in a paper bag – and eat them as soon as you can. And remember, don't peel them, just give them a good scrub before cooking. Cook them until tender and serve with butter, sea salt, fresh mint or parsley or try a few of these more adventurous ways to bring out the Royal's delicious buttery flavour.

Mini jacket potato canapés with anchovy & olive mayonnaise

Sprinkle your Jersey Royals with Maldon sea salt and oven-bake them (200C) for 30-40 minutes. While they're cooking, chop up some anchovies, olives and capers and mix in some mayonnaise. Serve the potatoes as canapés, still warm from the oven, with cocktail sticks to dip them in the anchovy, olive and caper mayonnaise.

American-style potato salad Bring a pan of water to the boil, then drop in your Jersey Royals and a couple of eggs. Remove the eggs when they're hard-boiled and cook the Royals until tender, then drain and mix with the chopped hard-boiled eggs. In another bowl, mix some mayo with a teaspoon of horseradish sauce and Dijon mustard, some capers, mini gherkins or cornichons, a finely chopped red onion and a squeeze of lemon. Toss it with the potatoes and eggs, and sprinkle some chopped spring onions and parsley over the top with a grind of salt and pepper.

Jersey Royal stack Fry up some red onion slices in butter and a splash of oil while you cook your Jersey Royals until tender. Lightly mash the potatoes with butter, salt and pepper, and arrange in a round shape on a baking tray. Put a few leaves of rocket on top, and three or four slices of tomato. Then add the cooked red onion slices, a sprinkle of capers and crumble some goat's cheese on top. Grill your stack for two or three minutes, then drizzle a bit of olive oil over it and serve with a few more rocket leaves.

Garlicky new potatoes While your Jersey Royals are bubbling away in a pot of boiling water, heat two tablespoons of olive oil in a pan, cut a whole garlic bulb in half and put both halves in the pan, cut side down. Cook over a moderate heat for 10 minutes, or until the garlic caramelizes, then squeeze the cooked garlic out and mash with olive oil and parsley. Toss the potatoes in the garlic mixture and season with salt and freshly ground black pepper.

Roast pepper, mozzarella and new potato salad Cook your Jersey Royals and mix up a fresh dressing using the juice of half a lemon, a tablespoon of wholegrain mustard and a few tablespoons of olive oil. Add some roasted red peppers from a jar or a deli-style pot, a few torn pieces of mozzarella, and a bag of baby leaf spinach and mix it all together with your drained Jersey Royals and a handful of chopped fresh basil.

Winetime

By Martin Flageul



South Africa versus France:

You may not have heard – the World Cup is taking place in South Africa this month so you can judge for yourself – should France be there? Maybe not on the merit of their football – but on the merit of their wines!

June's Winetime compares two famous French wines with two South Africans. The whites are made with Chardonnay and the reds are both predominantly Cabernet-Sauvignon and Merlot blends.

Chablis, Simonnet-Febvre 2008

Traditional wine making methods since 1840 coupled with modern winemaking methods combine to bring you this bright golden-green hued wine with lively fruit aromas and firm, steely structure from the unique limestone soils of Chablis. Perfect with oysters and other seafood and particularly enjoyable with pan-fried scallops.



£11.49 per bottle

Chardonnay, Stellenbosch, Thelema Mountain Vineyards 2006

This wine has a pale straw colour with hints of green and on the nose some marmalade fruit and delicate but complex yeasty aromas. Rose petals harmonise with fragrant pepper and there is some toasty oak from the 11 months ageing in French barrels. A clean yet buttery texture and a long finish will find it complementing Emmenthal or Gruyere cheeses and partnering poached salmon with caper & butter sauce exceptionally well.



£12.25 per bottle

Trilogy, Simonsberg-Stellenbosch, Warwick Estate 2007

Dark brick red colour with intense liquorice prunes and blackberries on the nose; Trilogy's silky palate offers undertones of coffee & chocolate with roasted almonds included in its complex flavour profile. A lingering soft aftertaste includes hints of leather and cigar box. Serve with strong game dishes and intensely flavoured stews; this wine can also match well with bitter chocolate desserts!



£18.95 per bottle

Chateau Potensac, Medoc, Cru Bourgeois Exceptionnel 2006

This consistently impressive Chateau has produced wines punching way above their weight for many years. 2006 is no exception with its attractive garnet colour and sweet cherries on the nose coupled with violet, herbs, liquorice and cassis; the medium to full bodied palate has firm tannins which will partner entrecôte steak, lamb cutlets, duck dishes and calves liver.



£18.95 per bottle

Next month the usual offers for American Independence Day will no doubt take place but for Winetime we will celebrate the Tour de France – with four French wines for summer enjoyment – one red, one white, one rosé and a sparkler!



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Flexible leasing terms mean that if you've outgrown your office you can move on up... or in this case downstairs. Some of the businesses already operating at 4 Wharf Street are looking to expand and are arranging to move into some of the larger offices available downstairs.

Open 4 Business



With its central location and rent starting from £225 a month for a shared office and £375 a month for a self contained office, 4 Wharf Street is perfect for new and small businesses looking for a professional environment. Better still, the first floor of 4 Wharf Street is now open for business with units capable of housing up to eight people, so if you're a small business looking to expand, we've got a new home for you.

Flexible leasing terms mean that if you've outgrown your office you can move on up... or in this case downstairs. Some of the businesses already operating at 4 Wharf Street are looking to expand and are arranging to move into some of the larger offices available downstairs. It's easy to expand, and businesses will suffer no loss of rent by moving like this, as it'll simply be transferred to their new office.

The building nurtures the 21 businesses it currently houses with its 'business village' atmosphere. Proprietor Spencer Bourne said he's "really pleased with the space and how it works. A client can come in to see one business and can end up seeing several other businesses in the building, because of one company recommending another. It's great for the businesses and it's convenient for the client."

The new units are big and bright, and are designed to be a blank canvas for you to make your own. Each office comes with a desk and office chair, which saves the cost of furniture and are fully air conditioned. Tenants have 24 hour access to the building and are given use of a kitchen, shower and use of a boardroom. Because so much is included in the price, it makes it much easier for businesses to get up on their feet and to start thriving.

"It's been a fantastic success, we've let 25% of the space already!"

"It's been a fantastic success, we've let 25% of the space already!"

Details

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We spoke to Colin Macleod, Retail Controller at The Channel Islands Co-operative Society to find out more.

Who would the Currency Card suit?

Anyone, from holidaymakers wanting an easy way to take cash abroad on holiday, to students who want the safety net of knowing their parents can get money to them cheaply, wherever they are in the world. You do not need a bank account and because there is no credit involved, your past credit history is not needed. You just need to be 18 or over to purchase a primary card with additional cards available to persons from 13 years upwards.

Why choose a Currency Card? You can preload your currency card with money, (cards are available in pounds, euros or dollars) at any Co-operative in store Post Office counter or the Members' Service Office in the Don Street store quickly and easily, and then leave it there until you need to use it. The exchange rate is fixed when you load the card, so you can use it to save up holiday cash or gap year traveling money on your currency card, ready to spend when you're away. You only use the money loaded on the card, so there's no danger of accidentally overspending. It's safe and secure - no personal details on the card, and no late payment fees, hidden charges or complicated statements waiting for you when you get back home. You

can check your currency card balance easily at any time by logging in to the dedicated website, at any Co-operative in store Post Office or by the special telephone number provided.

It's a safe way for your relatives to give you money to spend on holiday or while you're travelling - all they have to do is load the primary card with the desired amount, and give the secondary card to you. The primary card can be topped up with funds at any time as needed. When you load the card with money, it's there instantly (on both the primary and any secondary cards); making it an ideal method of transferring money quickly and simply, without incurring large fees or delays. And drawing out cash with your currency card while you're abroad is a lot cheaper and safer than using a credit card!

Where will it work? Anywhere in the world where there's a MasterCard symbol, including ATMs where you can withdraw cash and you can also use your currency card for online and telephone payments. The cards can be used perfectly safely for internet purchases or telephone mail order.

What's involved? Bring some photographic ID and a proof of address (utility bill, etc) to your Co-operative in store Post Office counter, or the Members' Service Office, answer some simple identity questions and we'll be able to give you your currency card that you can

load up at any time using cash, cheque, a debit or credit card. It comes with a pre-assigned pin that you can change at any ATM with the MasterCard symbol. As the secondary card is attached to the primary card, it is an ideal secure option for parents to give to children studying or traveling abroad, or used as a means to pay allowances, pocket money or transfer funds quickly and easily.

How much will it cost?

The Travelmaker Currency Card normally costs £9.95 - but for Gallery readers it's half price during June and July. To take advantage of this fabulous offer, simply bring along this page when purchasing your currency card, and you'll only pay £5 until July 31st. Usage fees for the card are very low compared to other similar money transfer options, there's a £1 ATM fee, and a 35p sterling card fee. Terms and conditions apply, and there's more information available at Co-operative in store Post Office counters located at Grand Marché St Helier and St Peter, Locale stores at Beaumont, Georgetown, Maufant, Pontac, St Brelades and Val Plaisant, or the Members' Service Office in the Don Street store.

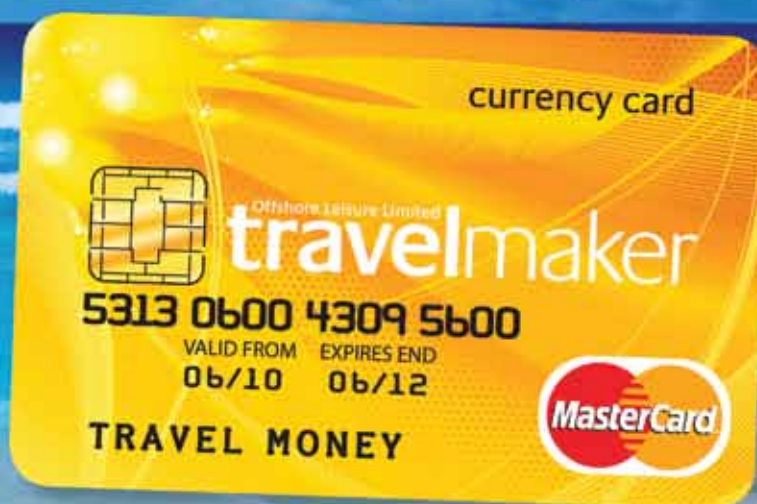
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[Movers&Shakers]



Do these men look familiar?

That's because they're the new faces of local television. Two new presenters have joined Channel Television's editorial team across news and sport. Mark McQuillan has been appointed news presenter joining Jess Dunsdon on the Channel Report sofa from 12th April. He is a former presenter for Setanta Sports News and was previously a broadcast journalist with LBC Radio in London. More recently Mark has worked for Sky Sports News and Omnisport TV. Channel Television has also announced the promotion of Andy Richards as the station's new sports editor and presenter. Andy has been a news reporter for Channel Television in Guernsey for the past two years. He was previously news and sports editor for Island FM Radio in Guernsey. Andy will be responsible for Channel Television's sports coverage across all the islands and the production and presentation of Report Sport. He will present the twice weekly sports programme from Channel's Guernsey studios on Bulwer Avenue.

New CFO at Standard Bank

Duncan Wattam has been promoted to Chief Financial Officer for Standard Bank Offshore Group. Mr Wattam, who will be based in Jersey, takes over responsibility from Julian Davies for the finance functions of the Bank's Offshore Group and private clients business in South Africa. Meanwhile Mr Davies has moved to the Bank's Brazil office to take over as Chief Operating Officer for the Americas.

Joining Standard Bank in 2005 as part of the Finance Team, Mr Wattam moved a year later into the treasury and product team as the structured products manager. Since June 2007 he has been business manager for the Offshore Group's Chief Executive, primarily focusing on strategy and corporate finance type activities. He was appointed Director in April 2009.

The Group Chief Executive of Standard Bank Offshore, Ian Gibson, said: "Duncan's promotion to CFO is a natural progression for him as he has gained experience across the business and we are delighted with this very positive appointment. With Duncan on board as CFO we are well equipped to manage the ongoing expansion of our wealth business. In recent years we have developed our private client capability and with the Group's focus on emerging markets, we are predicting strong growth during 2010."



New business alliance

A business alliance has been launched in Jersey to bring an integrated solution to Channel Island businesses. Novus Complement is an alliance of five innovative and respected companies brought together to combine expertise and offer a unified business service. The new group includes: AJH Chartered Accountants & Consultants, Future Finance, Heritage Group, Law At Work (CI) Ltd, and OTL Marketing. The alliance offers a cross-section of extensive expertise in areas of Finance, Insurance & Pensions, Marketing & Design, Public Relations, Accounting, Human Resources, Employment Law and Health & Safety. The dynamic team can advise and assist established and new businesses, offering a cost-effective and succinct service.

The group is particularly effective in aiding the launch process of a new business. With the assistance of the alliance, new start-ups can gain access to financial backing, secure the services of a trusted accountant, devise their marketing and launch strategy and establish essential insurance, pension, legal, Health & Safety and HR frameworks. The alliance members also have a proven track record in working with medium to large businesses. As a collective, they can now combine their experience to offer a stronger comprehensive solution. Clients can use as few or as many Novus services as required, the business solution will always be tailor-made to suit the client's individual needs.

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Partner Promotion For Appleby

Appleby has announced the promotion of Naomi Rive to the position of Partner in the Jersey Office. Naomi was named as a Leader in her Field by Chambers Europe 2010. She was highlighted as an Associate to watch in the 2009 edition of Chambers UK 2009. The directory described her as "definitely one to watch, due to her technical nous and marketing abilities". Legal 500 UK 2008 described Naomi as "quick thinking and clever - really very, very good". She was recommended for private client work by PLC Which Lawyer 2009. Naomi was also named as one of the top 35 private client professionals under 35 by Private Client Practitioner magazine in September 2009. Naomi qualified as an English Barrister in 1999, and re-qualified as a Jersey Advocate in 2003. She joined Bailhache Labesse, one of the predecessor firms of Appleby, in June 2006. Naomi is a member of the International Bar Association, Jersey Law Society and Society of Trust and Estate Practitioners.



a team of stars gets five extra

ONE of Jersey's longest established hotels, Grand Jersey, is celebrating securing five star status. The hotel, which opened on 13th June 1890, has long been one of the most fashionable hotels in Jersey and over the years has been selected to host some of the most exciting events in Jersey's history including the Liberation 60 State Banquet in 2005 with honoured guests Her Majesty Queen Elizabeth II and his Royal Highness Prince Philip.

Following a recent inspection by the AA, the property has become only the second hotel in Jersey to be awarded the much coveted

accolade of five stars. Securing five star status requires a property to offer luxurious accommodation and public areas and a high quality menu and wine list in its restaurants in addition to all of the expected standards of a four star property. There are currently 92 five star AA-listed hotels in the UK, of which the majority are in England.

Anna-Marie Dowling, Managing Director of Grand Jersey, commented: 'We are delighted to have been awarded five star status by the AA. It is testament to the hard work, dedication and commitment of our team that we have achieved this premier ranking. Following the hotel's refurbishment we have spent the last 12 months working very hard to ensure that we achieve this aspirational fifth star. We have continued to invest in training, product standards and maintain staffing levels despite the difficult economic

climate. It has always been our aim to provide guests with an exceptional experience by striving to give the highest levels of service.'

In October 2006, £15.2 million was invested in an extensive refurbishment which took 21 months to complete. This substantial investment allowed the hotel in its entirety to be upgraded with many new features added including the Champagne Lounge, fine dining restaurant Tassili and the Park Suites. The hotel's Spa has also been recognised nationally, scooping the UK Residential Spa of the Year award in the Professional Beauty Awards 2009 and 2010 with judges pointing to the exceptional combination of decadent treatments and its devotion to sensory bliss.



Young Enterprise team moves into music industry

Young Enterprise company Instinct has made its first move into the music industry with the release of a CD of Jersey bands. Instinct has been supported in the production of the CD, 'Instinct Presents...', by telecoms provider Sure which has part-funded the production costs.

Instinct has produced 1,000 CDs which are now for sale at Island Music, IQ, White Label Records, East Coast Music, Bean Around the World, SDS and Freedom. It features the original work of 12 local acts including: Just Muz, Mike Teruggi, Patrick Star, Omerta, Salem's Lot and The Foogie Brothers.

Chief Executive of Sure Jersey, Graham Hughes, said that his company is keen to support enterprise opportunities for young people and sponsors the Young Enterprise scheme in Guernsey as well as the Sure Apprentice in Jersey, Guernsey and the Isle of Man.

"Enterprise education is enormously important for our young people. It gives them a real chance to see how business works, first hand. We are very supportive of schemes like Young Enterprise which make business fun and arm young people with skills which will benefit them and the island," said Mr Hughes.



Jersey Entrepreneurs on the sofa



Phil Wood Bento Sushi

Vital Statistics

Name - Phil Wood
Born - 19.08.83 Liverpool
Marital status - Single (but not single!)
School - Hautlieu
Uni - Liverpool John Moores
First Job - Till operator in McDonalds!
Car - Bento branded Toyota I-q
Book - 'Anyone Can Do It', Bobby & Sahar Hashemi

Music - Anything from Marvin Gaye to Billy Joel to Michael Jackson to Kanye West. An eclectic mix!
Film - Gladiator
Gadget - My Blackberry
Last Holiday - Sardinia
What do you like to do in your downtime? - I enjoy going to the gym and keeping active. I'm not very good at relaxing!

About the business

Bento Sushi is Jersey's first conveyor belt sushi and noodle bar based on the 'kaiten' sushi bars in Japan. Serving fast, healthy & delicious sushi and hot Japanese cuisine in a stylish and vibrant atmosphere. We also serve Japanese beers, sake, wine and champagne for those looking to indulge! If you're short on time, pop in and choose from our vast array of individually wrapped sushi pieces from our Bento Express fridge.

So, tell us what inspired you to get this off the ground?

Every time I went over to the UK, going for sushi would literally be the first port of call after the airport. It used to frustrate me that it wasn't readily available in Jersey, so I decided to open Bento. You could say it was for selfish reasons really!

What did you do prior to starting this business?

I was developing properties locally.

Did that teach you any lessons that helped you succeed?

Renovating property as a first venture was a baptism of fire in terms of organisation and project management. The skills I picked up during those two years have proved invaluable in setting up Bento, especially during the fit-out.

What's the hardest lesson you've learnt since starting the business?

I would say that I took on too much at the start. I was trying to do too many jobs and spreading myself too thinly across the business. Work out what you are good at, and try and stick to it. It can often be a false economy not to get good people in to help you along the way.

Any funny stories that you have about the business starting out?!

I wouldn't say anything particularly funny, but as it was busy from day one, we were all running round like headless chickens for the first few weeks. We had a flag system that we used for hot food orders that involved a lot of cocktail sticks, sticky labels and marker pens. Suffice to say, we have a more efficient system of delivering food orders now!

What are your plans for the future?

We have just launched our new late opening hours (11.30-22.00 Mon-Sat) and are looking to improve the range of hot and cold dishes on the menu including a range which will incorporate the finest local ingredients such as lobster, scallops and oysters. I am also planning to expand the Bento Express range to include sushi boxes, salads and 100% natural smoothies, amongst other things with a lunch-time delivery service for offices.

What advice would you give to would be entrepreneurs?

Listen to all the advice offered to you. There will be plenty of people queuing up to tell you that your idea won't work, so learn to take on board the good advice, and filter out the unconstructive rubbish. Be confident in what you are doing and above all, don't give up!!

IoD Judges Reveal Award Finalists

The Jersey branch of the Institute of Directors (IoD) is delighted to reveal that judging has now taken place and has disclosed the finalists for each category of the inaugural 'Director of the Year Awards' 2010.

The judging panel comprising of Chris Swinson (Judging Panel Chairman), Charles Clarke, John Henwood and Tammy Menteshvili had a challenging day reading through all the nomination forms as Charles Clarke, President of the IoD Jersey branch explains: "the quality and range of the nominations we received met and exceeded our expectations. The list of finalists reveals a high calibre of top directors leading the way in Jersey's private, public and voluntary sectors." The finalists from each category will be announced at the Gala Dinner on 11 June at Hotel de France and guest speaker at the awards Karren Brady, the new vice-chairman of West Ham United football club and star of the current series of 'The Junior Apprentice' with Lord Sugar, will reveal the winners.

The Gala dinner and awards ceremony, which is sponsored by Appleby and Jersey Telecom, will bring together business leaders for an evening of celebration, offering an excellent opportunity to network with business colleagues and clients and forge new links.

The winners from each of the categories will automatically be entered into the IoD's national 'Director of the Year Awards UK Finals' to be held at the Lancaster London Hotel on Friday 1st October.

Finalist	Company
Emerging Director	
Kevin Allen	Investec Bank CI Ltd.
Paul Battrick	Pitcher & Le Quesne
Chris Clark	C5 Alliance
Louise Cram	Standard Bank
Anna Dowling	Grand Hotel
Graham Hughes	Cable & Wireless
Eliot Lincoln	Greenlight

Global Director	
Hans Baerlocher	UBS AG Jersey
Geoff Cook	Jersey Finance
Nick Marshall	Herald Trust
David Myatt	BNP Paribas
Peter Sewell	CPA Global

Female Director	
Helen Bunbury	Ogier
Louise Cram	Standard Bank
Mary Curtis	Jersey Water
Rosy Dessain	Thomas & Dessain
Anna Dowling	Grand Hotel
Rosemary Marr	STEP
Gill Roantree	Schroders Property Managers

Finalist	Company
Public Sector/Not For Profit Award	
Geoff Cook	Jersey Finance
Brian Curtis	Community Savings & Credit Ltd.
Dr Gary Jones	Highlands College
Richard Plaster	Chairman, Skills Board
Neil Wells	States of Jersey
David Witherington	JACS

Established Director	
Hans Baerlocher	UBS AG Jersey
Mark Crowther	Liberation Group
Andrew Dann	Ernst & Young LLP
Andrew Hosegood	Mange Tout
David Myatt	BNP Paribas
Paul Savery	Barclays Wealth
David Warr	Cooper & Co.

To reserve your place at the Gala Dinner, please contact Kirsten Higgins on 610799 or jedirector@localdial.com.

Tickets are priced at £75 and the dress code is black tie. Expect 'hilarious' braces though.



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Fed up of the market for financial advice being directed toward men?

Shani Clark is spearheading a new campaign to change the situation, launching financial advice specifically tailored for women.

With more than 20 years experience in the financial industry, Shani has been working as a financial adviser for over 14 years. She decided to establish a financial planning service for women following encouragement from female friends and clients who were keen to understand more about financial matters and take control of their own long-term financial goals.

Shani said 'in recent years I have met more and more women as a result of separation, bereavement and divorce who have found it easier discussing their financial requirements with a women. Many women also have separate financial needs to a partner and prefer to discuss their specific requirements with me. Perhaps the reason for this is that a women can better relate to the needs, ambitions and fears of another women.'

Shani is a busy working mum herself and can totally understand the pressure on time in today's fast pace lifestyle trying to juggle, children, the home and a career. 'My aim is to provide an easy path to allow women to identify their long term financial goals and the best way of achieving them. It is also important to educate women to the advantages, disadvantages, cost and necessity of specific financial products such as protection, pensions, savings and investments that they may require in the future.'

'As more women take charge of the finances in the home, I want to offer women the opportunity to seek confidential financial planning advice through simple financial

solutions and ensure life long financial security for the whole family.'

Shani offers an initial 'financial health check' free to all new clients so call 724241 or email shani.clark@advia.je to arrange an appointment.



Jersey Trust Company expands into Luxembourg

Jersey Trust Company is delighted to announce the opening of its Luxembourg office, a move which will improve the flexibility for international structuring and enhance the range of services provided by the JTC Group. The opening of the Luxembourg office means that the JTC Group now operates in six jurisdictions worldwide.

JTC Luxembourg, which is licensed and regulated by the Commission de Surveillance du Secteur Financier (CSSF) as a Domiciliation and Registrar Agent, will be headed up by Cliff Langford and Roel Schrijen as joint Managing Directors.

Existing client demand for local services and the continued expansion of Luxembourg as one of the largest fund administration centres in the world are the key criteria that have driven the establishment of the new office which is a very important addition to the JTC Group network.

JTC Luxembourg will provide a full range of services across its Real Estate, Fund & Employee Services, Corporate and Private Wealth divisions, including the formation and domiciliation of companies and investment funds and the provision of directors and accounting/administration services.

Cliff Langford, a Chartered Surveyor with over 30 years experience in UK and international property markets, has been recruited to focus on international real estate client matters.

Roel Schrijen is a Dutch tax lawyer who has worked directly in the trust industry in both Luxembourg and Switzerland for the last 6 years. Roel is fluent in a number of languages including Dutch, English, French, German and Luxembourgish.

Nigel Le Quesne, Group Managing Director, believes that JTC's focus on customer service and fund administration expertise will be important assets in Luxembourg:

"We are looking forward to bringing Jersey Trust Company's special brand of service excellence and value added philosophy to the Grand Duchy. Luxembourg has established itself as the prime jurisdiction in Europe for the management and administration of investment vehicles and funds. This is, therefore, an excellent time for Jersey Trust Company to open in Luxembourg, where there is continued growth in the demand for fund administration".



Channel 4's Restoration Man announced as speaker for the Jersey Construction Awards 2010

Award-winning architect, TV presenter, writer and lecturer George Clarke will be the keynote speaker at the Jersey Construction Awards 2010, which will be held at the Hotel de France on Saturday 11 September.

A new award to be voted for by the Jersey public - the JeCC Tradesperson of the Year - was also revealed this morning, as were changes to some of the more established awards and to the judging process.

George Clarke is one of national television's most successful property presenters and The Home Show, first aired in 2008, established him as the TV face of architecture. He followed The Home Show with the hugely successful Restoration Man last year, a programme which tapped into the nation's desire to renovate and restore historic buildings and make the most of their homes.

'Construction and architecture are at the heart of any community and it's great to see Jersey celebrating the best that the industry has to offer. I am looking forward to the award ceremony in September and also having the chance to see what the island's approach is to development and restoration,' said George.

The JeCC Tradesperson of the Year Award is the first to give the Jersey public the chance to vote for a tradesperson who they believe has offered a high standard of service.

The award, supported by Romerils Home Interiors, allows Jersey Evening Post readers to nominate a tradesperson from any industry linked with construction for a number of qualities, including workmanship, professionalism and value for money.

Nomination forms will be printed in the JEP in June and the reader who nominates the eventual award-winner stands to win a £500 voucher for Romerils.

The categories are: Jersey Electricity Company Sustainability Award, Comprom Apprentices/Student of the Year, Marrant de Feu & Jeune Industry Achiever of the Year, Rossborough and Insurance Corporation Sub-Contractor/Supplier of the Year, Law at Work Business of the Year, Harco Infrastructure Project of the Year under £1 million, Condor Logistics Project of the Year over £1 million, JeCC Lifetime Achiever Award.

The closing date for nominations for the awards is Friday 11 June. Nomination forms can be found and downloaded from the JeCC website www.jerseyconstruction.org




legalfoCus

What about the Grandparents?

Alison **Brown**

Few would dispute that grandparents are valuable. They can provide financial, emotional and practical support, guidance and affection. Therefore why is it that they so often lose out on a good relationship with their grandchildren where there is a separation of the parents?

Grandparents may be hugely beneficial when a separation is occurring in the family by providing channels of communication between the parties, guidance and a calming influence, not to mention unpaid childcare. They can also provide an important element of consistency and security for children in these troubled times.

Few grandparents make direct applications to Court on their own account, often preferring to support their offspring's applications or position. This may be a wish not to be seen to be interfering or through a lack of confidence in their own position. However it seems more likely to be that they simply do not realise that the Children (Jersey) Law 2002 enables them to make a range of applications. This would have to have the prior permission of the Court (leave) but where a grandparent has been involved in a child's life in a constructive way and enjoys a close bond with their grandchild, it is difficult to envisage a situation where this would not be given. The usual applications are for Contact with a child, previously referred to as access, which allows the child to see its grandparent during the daytime or for overnight contact, and secondly, for a Residence Order, which stipulates with whom a child shall live.

A Residence Order in favour of a non parent, automatically gives that person 'Parental Responsibility' (PR) for that child. Such an order does not remove PR from anybody else. PR is the rights and obligations to that child that the child's married parents both have. This is common sense since the person with whom a child lives must be able to make sensible day to day decisions. The more significant decisions, such as education, absences from school, religion and medical treatment, should always be taken after consultation with all those people who have PR for the child in question. Sadly, there are some situations where children are not being adequately cared for by their parent/s and the 'next best solution' for those children would be care by a close relative, commonly a grandparent.

Under Article 2 of the Children Law (Jersey) 2002, the child's welfare must be the Court's paramount consideration, or put another way, that the Court must always act in the child's best interest. The Court has a wide discretion to provide what is best for a child, including placing the child in the care of a person who is not their parent. To be able to exercise that discretion the Court needs to have parties with a connection to the child who are willing to be considered as a full time carer and the Court and Welfare services are often pleased to have willing grandparents putting themselves forward in these situations.

Generally speaking, it remains the case that a child should live with their parents where ever possible. This is the general presumption or starting point, however since the child's welfare is the Court's paramount consideration that presumption can be rebutted in some cases. Each case will be decided on its own facts. A recent example can be seen in the English case involving a 3 year old child who had lived with its grandmother since birth and had never lived with the father. The UK Supreme Court had to consider an application by the father for a Residence Order and the Court decided that the child must continue living with the grandmother.

Grandparents can and often do have an important role to play in their grandchildren's lives, which role can survive the breakdown of the parents' relationship and in some cases must do so for the child's best interests to be served.

Got a legal question?

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Two of the most important benefits of Life Insurance are protecting loved ones against the financial consequences of the Insured's death and the living benefits of Life Insurance.

Financial Consequences of Death

The financial consequences of death can be devastating. Nothing can replace a spouse, a parent, child, brother, or sister. But, the practical and financial consequences of death are another matter.

Without life insurance, surviving dependents can suffer extreme financial hardship as a result of an individual's death. There exists the possible loss of future income as well as a number of sudden expenses that occur as a result of death.

The Consequences of Dying Too Soon

According to mortality statistics, a certain number of people will die each year before reaching their normal life expectancy.

When a breadwinner dies prematurely, the loss to the family can be tragic in so many ways. The survivors are suffering deep personal grief and must face some very serious financial consequences because they can no longer rely on the breadwinner's income. The consequences include:

Loved Ones' Future Security

In most cases, there are also obligations that extend into the future - security for those left behind. There may be a spouse who needs living expenses, mortgage payments to be made or children to raise and educate. If the deceased was an income earner, surviving dependents will have to manage without that income. If the deceased stayed at home caring for children, the surviving partner will likely face a substantial increase in expenses to replace the deceased's contributions to the family lifestyle.

No matter how many or what kind of financial obligations an individual leaves at death, there's only one thing that will satisfy them - money. For this reason, a person who wants to relieve his or her family of these obligations will plan to leave them with money sufficient to cover all these needs.

Mortgage Payments/Rent Fund

The emotional effects of losing a loved one takes a long time to get over. Coupled with the need to uproot the family, it could make a difficult time even worse. So, when planning on family financial needs, things to look at are either paying off a mortgage or having enough funds available to make mortgage/rent payments for a period of time.



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The green house



Welcome to Fairways, an eco house that uses the latest technologies to work with the environment, creating a stunning family home.

With its clean, contemporary timbered lines, Fairways is already a striking property, but it's when you take a closer look at this eco renovation project that you see the clever details that make this house so special.

"Our main aim was to make this house really easy to run, keeping it light warm and energy-efficient and making sure that it sat sympathetically in its environment, right next to the sand dunes," says Fairways owner Anna van Oordt.

It's in a stunning position, surrounded by La Moye golf course and the railway walk with uninterrupted views straight across the

fairway over St Ouen's Bay to the sea with Guernsey and Sark in the distance. "The first thing we did was to open the back of the house up so from every room you see these beautiful views and you could enjoy the garden." Hans, Anna's husband is a garden designer and put in many man-hours redesigning and reclaiming the garden, turning it into a modern space that would echo its environment. "Because we're on pure sand we've had to bring a lot of soil in, and we were lucky enough to have a borehole, so we put irrigation in for the lawn. If you're going to spend money on doing up a garden, you want to know that the plants aren't going to die. In the borders, Hans put in plants that suit the location; hardy prairie-style plants, alliums and grasses, and, a living sedum roof on the shed".

The large doors from the open-plan kitchen and lounge lead straight out onto a wooden deck created using wood sourced from Wales and France. "That was important to us. We wanted



to avoid tropical hardwoods. We used larch for the deck, which needs no treatment and is hardwearing. The verandas are made of cedar and green oak so you don't need to paint anything, it all weathers and turns a soft silver hue over time." Inside, solid ash flooring from Wales has been used. The aim was to create a home that would be easy to run. "We put in heaps of insulation, and a Swedish ground source heat pump. It provides all the underfloor heating and hot water. The whole point is that you didn't have to burn oil or gas. It's about getting the structure right in terms of what you can't see". Every detail has been carefully thought out to ensure the home is energy-efficient, so there are separate heating controls in each room that can be individually temperature-regulated. The timber and aluminium windows are all thermally efficient.

Anna has become passionate about environmental choices in architecture. "I got into the whole environmental side of things for health reasons. I spent some time researching different green building techniques on courses at the Centre for Alternative Technology in Wales which is an inspirational place. I also visited different eco developments in Europe and the UK and spent time with several UK based Green architects. We've got the added issue of importing most all our materials, so if you're doing that already you might as well make them good quality, environmentally-sound choices."

Anna's ecological choices have also created a safe space for her three children. The soft white walls upstairs are all painted with plant and clay-based paints, to avoid damaging chemicals. The carpets are 100% wool and there's a powerful and efficient 'Beam' central vacuum system installed throughout the house, so you can just plug the hose into special wall sockets. With no bags and mess, it's ideal for asthma or allergy sufferers. A heat recovery system is installed in every potential wet or damp room that sucks out the moisture and brings in the fresh air, as well as a carbon water filter in the kitchen.

“ Every detail has been carefully thought out to ensure the home is energy-efficient ”





Everything is beautifully finished. The bathrooms are limestone with underfloor heating and there are outside rooms of private patios, verandas and sheltered sun lounge areas on all four sides of the house. And light floods in from every angle, thanks to the high ceilings and all the windows through the house. "The back of the house is north-west facing so it's good light if you're an artist. It's perfect for Hans when he's working on his designs".

Fairways is an ideal family home, but the construction means the layout can be very flexible. "We designed it so you could move the bedrooms around - all the upstairs interior walls are non-load bearing. So you could make one of the bedrooms into an ensuite or dressing room very easily - there's already plumbing in place for that - or change the shape and make it an upside-down house with the lounge upstairs." There's also a fifth bedroom and separate lounge / study at the front of the house, that could easily be used as a private spare room or a separate granny flat or letting unit.

The master bedroom's balcony is the perfect place to admire the stunning views of the sunset. "It's a gorgeous view. You see the sea changing every day, and you can watch all the weather fronts coming in. I've never lived in a house

and been quite so aware of the weather before. If you're a surfer, nature lover or a cyclist this is an amazing location". It's definitely a house for keen golfers, with views of La Moye's eighth tee. But most of all, this is a house that's been designed to sit sympathetically within its natural environment, with clever ecological choices to benefit its occupants. "I didn't do this house up as a developer," explains Anna, "I did it to suit us. It is a house with a soul. If you're careful and make the right choices, there's no reason why an eco-renovation should cost any more than an ordinary renovation."

In designing a house to suit her family's needs, Anna has ended up redeveloping a property in a stunning location into an extraordinary eco-home that's both energy and cost-efficient.

Property details

5 bedrooms
3 bathrooms
Study
Open plan kitchen / living area
2 wooden decks
2 patio / sun lounge areas
Large upstairs balcony
Two-generation / easily separated guest accommodation or separate unit.
Large garden
Ground source heat pump
Central vacuum, carbon water filter

Further information

available from joint sole agents
Red Properties 710710 &
Gaudin & Co: 730341



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Häcker
Kitchen - German Made

Travelling from Town, take a right at Beaumont roundabout
and drive towards the cannon on Beaumont Hill...



...as you reach the cannon in front of you,
take a right on to Rue du Craslin...

...approximately 200 yards down Rue du Craslin, look out
for the freestanding Beaumont sign and take a right...



...drive down to the bottom of the road and take a left
leaving Jersey Steel Works on your right hand side.
Beaumont Home Centre is right in front of you.



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Rue du Craslin, Beaumont,
St. Peter JE3 7BU
Telephone: 822822
www.beaumonthomecentre.com

goodwood

Tom Raffield only uses local timber where possible from renewable resources. Also all the timber carries the FSC Certification, meaning it is from sustainable managed woodlands where more trees are planted than cut down. Any wood wasted in the production is taken to the local smoke house, who use it to cure their fresh mackerel and salmon.

Tom says, "my ethos is to create products that will be cherished, enjoyed and loved. I also strongly feel, in our disposable culture longevity is the basis for sustainability. In an ideal world, sustainability is a by-product of good design. Running a business in a sustainable way should naturally be sound business practice. Having a comprehensive knowledge of the production process; from the selection of a tree to the final finishes, provides me with the skills to minimise the environmental impact and make the work economically viable."

Light Shade Pendant No.1 in Ash from £195
Arc Chair (£POA)
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Rooms ■ 2 Bathrooms (1 En-Suite)
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Parking ■ Garden and Patio
■ Freehold A-J

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Michael Dean
Head of Office
01534 870 074
07700 859 159
MGDean@savills.com



Matt Davenport-Brown
Associate Negotiator
01534 870 075
07797 848 864
MDBrown@savills.com

please wait to be seated

This month we look beyond the traditional at a selection of alternative locations for your deriere.

Fit for a trend King

Less is more. This chair is an example of simple design being far more economical and effective. It was originally designed with lots of coloured panels, but the designer, Julianne Magliaro, was advised to make the design more dynamic, which resulted in her using only one solid red rectangle. Elaborate trendy designers often go out of fashion, so choose well thought out pieces for your home which will last a lifetime.

Julianne Magliaro Dynasty Inspired Chair.



Mr Soft

This fabric creation is one of a series of work by the up and coming European designer Tejo Remy who has an impressive collection of work all made with creative reuse of materials.

Rag Chair by Tejo Remy



Local Heroes

Old Java only uses wood from Trees-4-Trees which is a non-profit foundation established in Indonesia by responsible timber manufacturers. Trees-4-Trees empowers local communities through partnership reforestation initiatives and related education programmes.

Old Java table and chairs, available at Morton & Morton

Sit on the lawn

This concrete garden chair looks fantastic, and is usable as well as a pretty damn cool sculpture piece for the garden.

Unfortunately, it's not available in the shops - it's a design by an un-named 3rd year architect student at Lund University - but it was too nice not to feature.



Conversation Starter

At most, 35 percent of coal's energy in a power plant converts to electricity. The remaining two thirds is lost as waste heat, benefiting no one and often harming surrounding ecosystems.



ST CLEMENT



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Water

Our Precious Resource

The majority of water which we consume in Jersey is supplied by Jersey Water. This is rainwater ('raw' water) that has been collected, stored and, through an extensive network of reservoirs, pumping stations, treatment works and pipe work is delivered as safe drinking water to our taps.

As an island with limited underground reserves of water and no links to external water networks, we rely on the collection and storage of surface water for most of the mains water supplied. The supply of water in Jersey is therefore vulnerable to periods of low rainfall or drought.

With global trends in climate change affecting rainfall patterns, temperatures and the availability of water resources, and with predicted population increases in the next 25 years, Jersey is potentially facing future water shortages. A two year study commissioned by Jersey Water predicts that, if nothing is done over the next 25 years, with the predicted demand increase of 15% and parallel 11% decrease in the water available for use, the Island could face significant water shortages.

Jersey Water says: "In order to meet the challenges of both climate change and population, we are implementing a number of measures, both to increase supply of water and manage demand by reducing waste. One of the key initiatives is a programme of metering mains water connections (excluding boreholes and other private supplies). The switch to metering will help to keep the price of water in the Island down for as long as possible, by helping to defer significant costs of securing additional water resources. Metering is also a key factor in helping encourage water efficiency, identify leakage and reduce waste. We are also trying to help customers manage consumption and so reduce waste. Small changes in routines, whether in the home, the garden, at work or at school, can add up to significant savings, both of water and on water bills."

We can all do our bit to help keep the cost of water as low as possible for as long as possible and help the environment by appreciating that Jersey has a limited, and very precious resource, and it is in everyone's best interests to use it wisely.

For more water saving tips, please visit www.jerseywater.je

Factors that can affect water consumption

A dripping tap can waste as much as 90 litres per week; leaking hot water taps also waste energy.

Avoid leaving the tap running when brushing your teeth, as this waste between 5 and 9 litres of water a minute.

A sprinkler can use as much water in an hour as a family of four will use in a day. Consider what time of day you water, as the heat of the midday sun will evaporate much of the water.

A typical swimming pool loses up to 1.5 inches of water per week by evaporation. A pool cover will save water and help reduce the energy cost of heating your pool. When friends or family visit ask them to be water conscious too!

Water Saving Taps

Some taps have built in 'click' cartridges which encourage the user to only lift the tap to the first 'click' which is 50% of the tap's maximum flow potential.

Bristan's ecosmart spray taps offer an ingenious way to save water; the spray mechanism aerates the water to give bubbly flow while using much less water. They also have self-closing taps which work for between 9-15 seconds before turning themselves off. Pictured is the Quadrato tap with a polished chrome finish that has 'click' technology to reduce water usage by up to 72%

A. Bristan Eco Smart £80 approx with flow limiter available from Beaumont Home Centre and Pentagon

Also you can buy little water flow reducers from just £1.51 available at Pentagon; and these clever little devices will minimise the water flow from your tap!

B: Hudson Reed from £125 available from Beaumont Home Centre and Pentagon
C: Ideal Standard £80 approx Pentagon



B

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C



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Save the world, get the... Shopping?



But don't you *dare* ask for one of those 5 penny carrier bags – you *must* equip yourself with a recycled Hessian bag for life. I have to admit, I'm typing this with only one hand as my other arm is raised firmly into the air. Forgive me Mother Nature, for I have sinned, and continue to do so.

I must confess that yesterday I visited a popular grocery outlet with an ampersand in their logo and yes, I asked for a plastic carrier bag. Worse still, instead of walking to my closest outlet, I chose to drive there in my gas-guzzling 20-miles-per-gallon-if-you're-lucky-on-a-good-day-going-mostly-downhill steed of choice. I guess I'm just a product of modern society then, because surely as it's now 2010 almost all of us should be either teleporting to work, hoverboarding to the pub or at the very least driving

hybrid cars.

I've managed to make up for all of this a tiny bit today though, because I've been mostly driving this – the Honda Insight. First impressions? I don't think this is going to be my cup of herbal tea. But then I found out about the trees. Shortly afterward, I forged an obsession with the trees. When I returned the keys, I spoke of the trees. Not everybody in the room thought I was sane. I should probably explain – the Insight may look as if it were pressed from the same mould as its closest competitor, Toyota's Prius, but it doesn't share the same kitsch looking display which whizzes coloured blocks and arrows around to distract you from the road in the name of saving Polar Bears. Instead there's a smaller display that simply shows five 'twigs'. As you drive, depending on how good you're being to the Ozone Layer you are awarded leaves – up to two on each twig. I was told that 'most people get about

three or four' and so I made it my sworn mission to acquire five, fully flowering trees before I was done. It's a bit like a fun game that doesn't distract you too much from driving, and it was also rumoured that if you're *really* good, you get a trophy too, the concept of which sounded positively awesome.

Driving along with imaginary helium balloons tied to my right shoe I was surprised at how stiff, yet not uncomfortable the suspension was. This is good, because not only are our roads generally about as flat and predictable as Iceland's now infamous Eyjafjallajökull, but it enables you to carry a bit more speed than you might have expected around corners which cuts down on heavy acceleration and braking, a constant reminder of which is presented to you by the colour of the speedometer surround – green if you're being good, blue if you're being not so good. Where normally I'd feel no reluctance to overtake a cyclist,



NEW!

Honda's High-speed Hybrid has arrived.

If the Insight doesn't quite float your (hydro) electric boat because you're after something sportier to save the universe from certain carbon emissions-based destruction then the CR-Z could be the solution. Hopefully available by the time you're reading this (that'll be now, then) the CR-Z uses a similar engine to the Insight but with a displacement of 1.5 litres and packing 122 ponies of hybrid oomph. Expect a quarter mile time of only around 17 seconds but with handling to overcome the power deficit. CVT transmission will be available but a six-speed manual comes as standard. It will also have the ability to reduce the guilt you feel for buying those 5p carrier bags at the supermarket.

now I was concerned that the Insight might strip me of one of my leaves. Thankfully the leaves remained in full bloom (three, at this point) and the cyclist was passed with ease. Nippier than I was expecting, too. Good work Honda.

Okay, so the interior looks a little bit on the overtly plastic side and the seats don't look amazing but at least this adds up to a hard wearing interior if you've got kids. The seats are actually surprisingly comfortable to park yourself in too, leaving your full attention to growing trees. And driving, of course. There are plenty of gizmos and displays to scroll through at the rock of a thumb from the steering wheel and even a button to change the digital speed readout from MPH to KPH which is ideal for those intending to save France from impending environmental peril

whilst avoiding opening one's wallet for either the Station-Service OR speed gun 'pistolet vitesse'-toting Gendarmes.

Here comes the bit you've all no doubt been waiting for, drum roll please... Over the day I managed to average a healthy 56mpg. Oh, and four and a half trees. Yes, I know - the elusive fifth tree escaped my grasp. I promise I'll walk to the shops tomorrow, and I'll even take my own bag with me. Happy now?

The model tested was the Honda Insight ES, priced at £16,099. The Honda Insight is priced from £14,845 and available from Derek Warwick Honda, Longueville.

FORGOTTEN HEROES:

PORSCHE 914



Porsche purists (notably those who pronounce Porsche correctly, with an 'uh' sound at the end) might want to look away and turn the page about now, because this mid-engined, targa-topped two-seater in four-cylinder guise is about as pure as cocaine fresh off of the cistern lid of the majority of London's late night social venues. But I don't think that's necessarily a bad thing. About the car, of course.

Originally intended to be badged as both a Volkswagen *and* a Porsche, the more pedestrian version of the 914 outsold the more performance oriented 914-6 by motorway miles. Why? Purely because of the price - the 914-6 cost almost as much as the 911T when it hit showrooms in 1969. The cheaper 914 was available in 1.7, 1.8 and 2 litre guises as it evolved and was Porsche's biggest seller at the time. Unfortunately they're a fairly rare sight these days, in fact I've only ever seen one in the metal. Apparently they're quite good at catching fire.

But look at it - it's so obscure that it's simply beautiful. Take the steering wheel and seats out and at first glance you'd be hard pushed to tell which end is which, but with subtle styling cues translated from the front of the 911 yet far boxier, the then contemporary rear end provides the vital clues.

I want one, but you'd better make that the 6 pot version - it's a Por-sh-uh darling, not a Vokes-vargen.



WORLD CUP GADGETS

In case you haven't heard, it's World Cup time, and what better way to get prepared for the event than stocking up on all the best gadgets to have for a perfect Football Day...



10:00AM

Meet the lads down at the park and show them your true skills with ...

Nike Mercurial Superfly II

I know what you're thinking - how is this a gadget? While most boots have either moulded or screw-in studs, these offer the benefits of both by extending or retracting by up to 3mm depending on your playing surface.

£275 : www.prodirectsoccer.com

12:30PM

There's only one thing on your mind now after running around the park, a nice cold pint, and where better to get one than a...

Beer Keg Chiller

This mains-powered chiller can hold a five litre keg of your favourite beer, ready to pour when you want.

£150 : www.gadgetshop.com



01:00PM

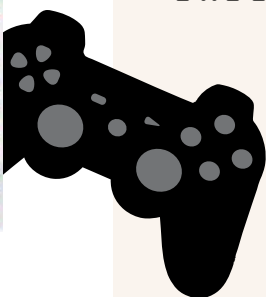
You have 2 hours till kick off and the guys are all looking for something to do. This calls for only one thing, hold your own World Cup tournament with ...

2010 Fifa World Cup

Pick your team, select your squad and enter the biggest tournament in the world. With the option of multi player and online games you can relive your dream over and over again.

PS3-80GB - £250 : www.hmv.com

Fifa World Cup 2010 - £40 : www.hmv.com



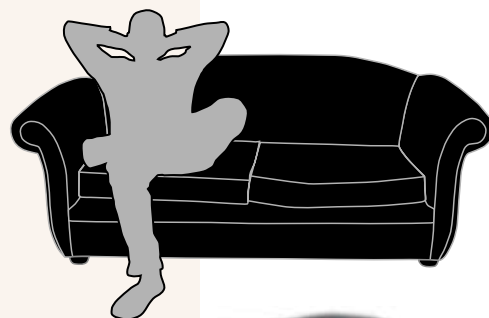
03:00PM

GAME TIME! Kick back and try to relax as your team battles through with ...

Sky+HD 1TB

Sky Sports isn't showing the World Cup, but Sky still offers the best footy-watching hardware platform available. With 240 hours of HD storage space, you'll never have to miss a moment.

Sky+HD £280 : www.techradar.com



09:00PM

What a day! Nothing left to do now than jump into bed and watch the highlights on...

LG 15EL9500

Dubbed 'the world's best bedroom telly' this tv has a lot to live up to but measuring only 3.2mm thick and supporting 720dpi you can see why.

£1750, www.lge.com

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ECOTECH

EyeMax Wind Up/Solar Powered Radio by Freeplay

This multi powered FM/AM radio is also equipped with a LED torch that only produces a small amount of electrical drain on the battery. When fully charged the battery can last up to 25 hours with 30 seconds of winding the handle providing 35 minutes of playing time. So your beach party can continue after dark and all you have to do is flip on the LED torch, maybe top up the battery by cranking the handle and the music doesn't have to stop!

£39.95 | Amazon.co.uk



MacBook Pro...

now available in green

Apple's biggest green line-up of notebooks yet. The new Apple notebooks have been improved for the benefit of the environment. The battery lasts up to five years instead of two, reducing the number of batteries becoming used up and discarded, and also saving your money. With highly recyclable raw materials used in the new MacBook Pro, these parts can also be reused in other products and the display is made of unique recyclable glass. Macbook Pro notebooks use a precision unibody enclosure that is formed from a piece of solid, recyclable aluminium, replacing dozens of parts. Also the new MacBook Pro packaging is smaller than it used to be, allowing more products to fit on boats and planes, and reducing the carbon footprint. These reasonably priced MacBooks are an essential purchase for this year.

Available from: The iQ Store, Burrard St



Time for a drink?

H2O Water Powered Clock

This clock uses state of the art water technology to power a large high contrast display (LCD) meaning there is no damage done to the environment by disposable batteries. The water will need replacing due to evaporation but you should only need to top it up every 6 to 12 months.

£9.99 | Amazon.co.uk,



Long Life Goodness

Sharp LED T.v

Sharp's full screen LC40LE700 LED television is the new generation for high definition pictures. With its high-tech mega contrast, mercury free, 100Hz, built in speakers, 120Hz Fine Motion Enhanced and new X-GEN panel, you get a superior entertainment experience, and it's eco too. Sharp's LED technology will deliver brighter images with vibrant colours and deeper blacks. This LED has two extra features - an Aquos link which enables convenient control to Blu-Ray Disc players and Aquos net which delivers customized internet content and live customer support via Ethernet, viewable in widget, full-screen or split-screen mode. The LED lighting gives eco benefits with a 40% power reduction from usual LCD TVs. Another eco benefit is that Sharp's 40 inch television has a longer life expectancy than other televisions, so it won't be heading to a land-fill any time soon.

£919 | Co-op Homemaker

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**3G modem and data from
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* 3GB Data bundle + Huawei E5830 3G Wireless Modem = £18.99 per month.
UNLIMITED Data bundle + Huawei E5830 3G Wireless Modem = £32.99 per month.
Offers on 18 month contracts. Fair usage applies to UNLIMITED Data bundle.
iPad not included. Price excludes GST.





Nuts for the environment

Sony Ericsson Hazel

The Hazel is a member of the Green-Heart range which means it's made from recyclable resources. This phone is made of recycled plastics and uses waterbourne paint. There's a power-efficient charger in the tiny, shipping-optimized retail box and no user guide (it's on the phone's memory instead of being printed on paper). The camera has a 5 mega pixel auto focus feature with LED flash. It has a splash-resistant body and the screen, 240 x 320 pixels, has a scratch-resistant surface and nice sunlight legibility. The Sony Ericsson Hazel knows social networking is essential these days and it gives you it all - right on the home screen. The nifty widget set gives you on-screen live updates from Facebook, Twitter and MySpace so you don't need to make a call to stay in touch.

Available from: Jersey Telecom £TBC



Named after another tree...

Sony Ericsson Elm

Another member of the GreenHeart range, the trendy slim Elm is almost entirely made from recycled plastic that provides a secure grip. Elm is aimed at eco-conscious people providing a high quality phone and an elegant mainstream device. With Elm's many features you'll be entertained for hours.: a 5MP camera with 4x digital zoom, auto focus, LED flash, face detection, smile detection and geo tagging features 3G and Wi-Fi capable, easy-to-use social networks and a Noise Shield that filters out the sound around you, making having a conversation on your Elm clearer and more enjoyable. Included is a Sony Ericsson Elm, an energy-efficient charger and headphones.

£169.99 | Beyond Computers at the Powerhouse,



Engage 'eco' mode. No, really...

Samsung Blue Earth

Blue Earth is the first solar powered full-touch screen phone. By charging with the solar panel located on the back of the phone, users can generate enough electronic power to call anytime, anywhere.

Blue Earth is made from recycled plastic called PCM, which is extracted from water bottles, helping to reduce fuel consumption and carbon emissions in the manufacturing process. The device, including charger, is free from harmful substances such as Brominated Flame Retardants, Beryllium and Phthalate.

The new user interface allows the user to be energy-efficient with just one click of 'Eco mode'. Through the 'eco walk' function the user can count their steps with an in-built pedometer, calculating how much CO2 emissions have been reduced by walking as opposed to using motor transport. This unique function allows the user to calculate the value of their footprint through the number of trees that have been saved.

Coming soon to Airtel-Vodafone



White is the new black

BlackBerry Bold 9700 White.

Following premium brands like Chanel, Dior and Audi, BlackBerry are bang on trend this season with the BlackBerry Bold 9700 White. This is an updated version of the original flagship Bold but looks sleeker and is certainly up there with the best high-end smartphones around. It's jam-packed with all the very best BlackBerry features including Wi-Fi and Bluetooth, HSDPA, 3G technology, Push Email and BlackBerry's 3.2 MP digital camera.

FREE on selected tariffs as part of JT's Jersey Live promotion



When you upgrade your phone with Me:Mo they offer to take your old one off your hands. They'll either send it off to Jersey Hospice who have a recycling program for phones or they send it back to the manufacturer who recycles it and reuses any still-functioning parts. Good on them eh?





3G or not 3G

that is the question

So, you're an avid Apple fan, and somehow you managed to get your hands on the iPad Wi-Fi before it officially hit the UK market place. Aren't you resourceful eh? Apple is techno porn and, like us, you probably love using it around the house and wherever you can find a Wi-Fi hotspot. So much easier than balancing a laptop on your lap on the sofa. But when you're out and about, "FREE" Wi-Fi hotspots aren't always that easy to come across - and deep down, you kinda wished you'd waited for the 3G version. So what to do? You could sell it on Jersey Insight and put the cash towards a 3G version... But that may not be necessary.... JT have another answer and it's available in store already; the unusually named 'Huawei E5830 3G Wireless Modem' - let's call it the 3G pill for easy reference.

What is it?

This tiny little dongle (which looks distinctly like an MP3 player) offers the ability for multiple users to connect to the island's fastest mobile broadband network at speeds of up to 7.2 Meg on a portable Wi-Fi unit, such as your iPad, PSP or laptop; it's as simple as that. What's even simpler is operating the device, which is just a matter of pressing three buttons on the E5830 and you're connected.

Compared to having a 3G dongle hanging out the side of your laptop it is a blessing, as the Huawei 3G modem product is discreet enough to be in a pocket where it also contains its own power supply. Of course, the iPad doesn't come with any USB ports so you couldn't plug a USB modem in anyway!

This 3G modem fits neatly into your pocket or handbag, offering Wi-Fi wireless connectivity at your fingertips, and even functions as a storage device equipped with a microSD card with a storage capacity of up to 32GB.

Compared to having a 3G dongle hanging out the side of your laptop it is a blessing, as the Huawei 3G modem product is discreet enough to be in a pocket where it also contains its own power supply.

The E5830 also comes with onboard software that starts each time you connect it to a PC or laptop using the USB cable. The software allows you to send and receive text messages and change settings for your Wi-Fi connection. While the iPad will come in a 3G compatible version, a device like this Huawei modem will allow your other devices to benefit as well; PSPs, laptops, you name it....

Interested?

If you want to connect your iPad Wi-Fi or any other portable Wi-Fi device, you can get a Huawei dongle and 3GB of data for £18.99 a month (18 months). For more info, pop into their shop on Queen Street for a demo or visit www.jerseytelecom.com/ipad



The complete entertainment experience

Nokia X3

Stand out from the crowd with this high tech and energetic Nokia X3. This FREE handset* gives Jersey Live festival goers all the music they want from the artists they love. Download music from the Nokia Music Store to your PC or over the air to your device. Build your ideal music collection, create playlists and listen wherever you go. With the one touch access to quality speakers, you can also listen to music out loud, no headphones needed.

*Handsets are free on selected tariffs for the JT Jersey Live promotion whilst stocks last. Promotion starts 19th June, see you there!



Eco on the go

The Surge Case - iPhone and iPod Touch Solar Charger

This great gadget charges your iPhone or iPod on the go. It also more than doubles your battery's capacity with its own battery unit storing up 120% more power than the iPhone or iPod battery can. To determine how much charge is left in the battery, the Surge features a 4 LED display which indicates the current charge status. The case also features a USB socket so that you can charge up the iPod via USB or sync with iTunes without needing to take it out of the Surge case too. So all you eco warriors can go listen to your music and make important calls without the fear of running out of battery.

Having trouble getting these delivered to Jersey? Check out www.ship2me.co.uk.

Welcome to Gallery's tech page, brought to you by Switch Apps.

At Switch we drown ourselves in web technology so we can empower clients with the latest web applications. We're here to help clients make the most out of their online potential and would like to share some of the latest and coolest technologies and features out there.

Google TV

This year's Google I/O conference saw the search giant make a number of announcements. One of the more interesting ones was Google TV, which merges the internet and the TV allowing you to surf the web using Chrome, watch and record regular TV, run Android applications and take advantage of online content. With the entire Internet in your living room, your TV becomes more than a TV — it can be a photo slideshow viewer, a gaming console, a music player and much more.

Google are working with Sony and Logitech to put Google TV inside of televisions, media players and companion boxes and will be available later in the year.



Website Profile

www.side-on.co.uk

Client: Side-on
Agency: Side-on

Switch Apps has recently worked with Side-on to create their brilliant new online world at www.side-on.co.uk. Explore what keeps their creative minds ticking through their 'latest' blog and eNewsletters, see the stunning work they're producing for their clients through interactive slides, image slideshows and videos, just enjoy the visual extravaganza. We're delighted to see how Side-on have utilised the flexibility of our SiteBuilder system to produce such an interactive website that remains fully editable and content managed.

Make sure you subscribe to their RSS feed and have a look around their world at www.side-on.co.uk.

ABC of WWW

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

is for MAC



I for Internet was the obvious choice, but then I looked around our office and realised that Apple Mac have done a pretty comprehensive job of claiming the letter 'i'. There's the iPhone, iPad, iPod, iTouch, iMac, iBook, iLife, iWork, iCal, iTunes, iPhoto, iChat, iMovie and the MacBookPro, oh, well almost a full house. It was the candy coloured iMac G3 that started the iFamily of products back in 1998, leading through to their latest piece of wizardry, the iPad.



switch

5 things web

WWDC 2010

Apple holds their worldwide developer conference on the 7th June. Tune in to find out what's new in Apple's world, including the iPhone 4G, and expect to hear Steve Jobs have a dig at Google and Adobe. Fight!



BumpTop 3D Desktop Acquired

Google have acquired BumpTop, an application that transforms your desktop into a multi-touch gesture 3d interface, so keep an eye on the Chrome OS and Android interfaces.



Google Wave

One year after the preview version, Google Wave has now been made available to the public. Visit wave.google.com to start waving!



Hands on an iPad

We finally did it and got our hands on an iPad, web browsing and playing Angry Bird has reached new heights.



TypeKit web fonts

We've recently used TypeKit to introduce non-standard web fonts to several sites, refreshing! Font snobs check out www.typekit.com



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building brighter apps



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culture
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beauty
appetite
business
home
hardware
sport



first place?

In addition to picking up Places every fortnight you can now see all property on www.places.je. Slide the sliders, select your parish, view results as a grid, map or list. Throw ones you don't like in the bin, shortlist your favourite properties and open viewings and download them as a shortlist PDF. It's the best place to find your first place.

places.je
The best place to find a place in Jersey.

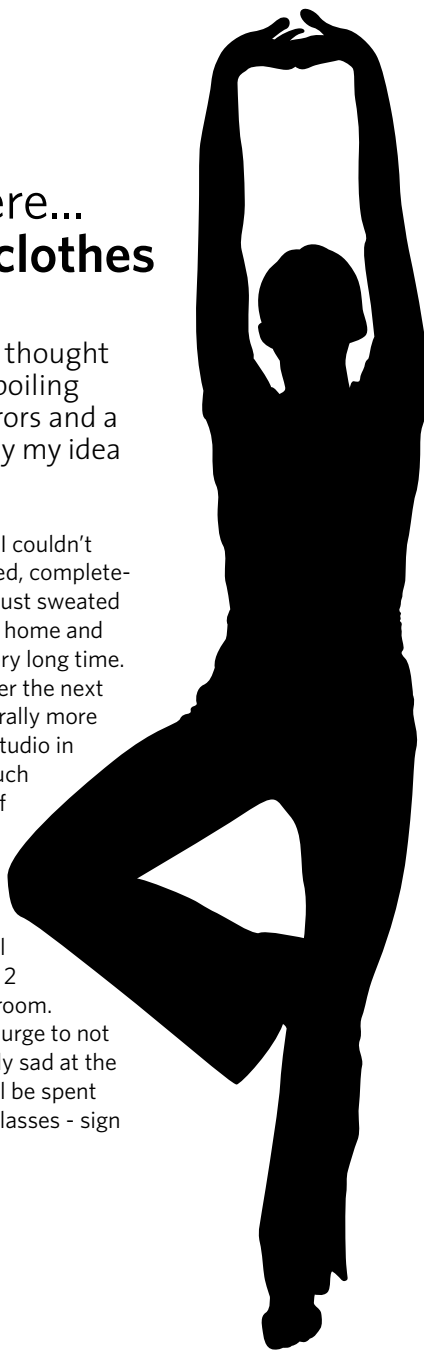
it's getting hot in here... I'm keeping on my clothes

words | **Becky Branch**

Being a complete Yoga novice, the thought of having to bend and sweat in a boiling hot studio in front of a line of mirrors and a room full of people was not exactly my idea of relaxation.

Ninety minutes of hot HathaYoga later and I couldn't have been more wrong; I feel supple, detoxed, completely shattered to be sure but in a satisfying 'I just sweated out my body weight' kind of way. I returned home and fell into the deepest sleep I have had in a very long time. Aside from my improved sleep patterns, over the next few days I notice I'm beginning to feel generally more relaxed and I'm raring to get back into the studio in the vain hope that today I will be able to touch my toes whilst standing. Over the course of my free 10-day trial (available for anyone wanting to give Yoga a spin) I experience not only Hatha but also Ashtanga yoga which involves synchronizing the breath with a progressive series of postures as well as Bikram yoga, a series of 26 postures and 2 breathing exercises completed in a heated room. By my eighth lesson I've finally resisted the urge to not laugh during 'Camel' pose and feel genuinely sad at the thought that my evenings and mornings will be spent yoga-free. £75 for thirty days of unlimited classes - sign me up please!

For more information call: 07700 721473
www.hotyoga@centralyoga.co.uk



RETRO

sport special we couldn't fit it on
Retro so here you go...



Banahan for President: Jersey 1st XV to form new Council of Ministers (with a few subs)

2010 continues to be a tough year. Austere talk of cost cutting and further job losses continue to permeate everyday life here in Jersey.

Success stories had been hard to come by. That was until Jersey RFC lit the blue-touch paper for a triumphant spell of sporting excellence on the Rock. On Saturday 1st May, 4,000 people watched Jersey's 1st XV spank Guernsey 0-36 in the Siam Cup. This was quickly followed on the 8th May by their win at Twickenham against Amptill to become RFU National III League Champions. Further good news followed after it was announced that Bath and England winger, Matt Banahan, had secured his place in a 44-man squad to tour Australia this summer.

Later in the month, word of other exceptional achievements also filtered through. 17-year old Jersey surfer, Josh Le Marquand, claimed the European Junior Surfing Championship longboard title in Viana, Portugal. Also, the JEP reported that Jersey resident, Doc Snook, finished 5th in the 30-34 age category of an Ironman endurance event in his native South Africa. Despite being his first attempt, Snook finished the 3.8km swim, 180km cycle and 42 km run in 9 hours and 32 minutes – a fraction outside the World Championship qualifying time.

About the Yogis....

FionaHugh

Qualification: certified Hatha yoga in heat instructor

Favourite Yoga posture: Balancing stick

Best way to relax: Apart from yoga... para-gliding

What are the benefits of yoga: It's a great form of physical exercise but the after effect is a calm mind.

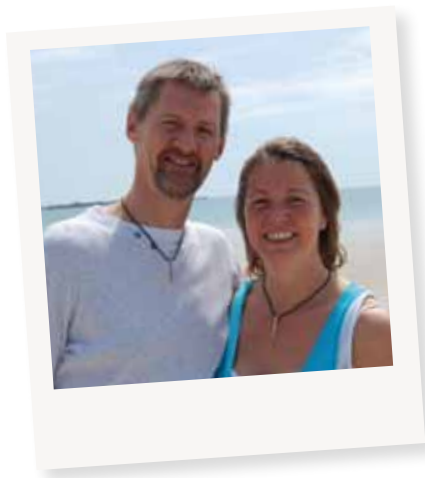
AndyVoss

Qualification: certified Hatha yoga in heat instructor

Favourite Yoga posture: Standing bow

Best way to relax: Solitary hiking

What are the benefits of yoga: You become much more in touch with your purer authentic self, you gain inner peace.



Conversation Starter

A refrigerator built 20 years ago uses 70% more energy than today's energy-efficient models.

Matt Seymour

Age: 23

School: Vic College

Job: Jersey Surf School Manager

Favourite ice cream: Can't go wrong with a Fab.

Favourite Animal: "A liger.... it's a mix between a lion and a tiger... It's pretty much my favourite animal."

Favourite food: Fish and Chips from the Splash.... mmmmmmmmmmm.

Favourite surfing expression: Just hooting. A whole lot of hooting.

Favourite dance move: It's a new one, that's just recently been unleashed, I call it "Lifeguard picking up casualty"... look out for it summer 2010.

Favourite quote: "Get your umbrellas ready people, I'm about to make it rain!" (T.Mcaviny, 2007).... it's deep.

When did you start surfing? When I was about 10. I vaguely remember my dad helping me into some summer waves at Secrets. I think I had my first full year surfing when I was about 14

What is your worst surfing accident?

Not directly related to the surf, but on my first surf trip abroad I skated / fell down a hill; covering myself head to toe in cuts and bruises ruling me out of the surf for the remainder of the trip. From the next day onwards until the day we left the surf pumped and I had to watch from the beach. Do not skate on surf trips.

Where do you think is the best place to surf in the world?

The best waves I've ever had in my life were earlier this year in Noosa, Australia. However you can't beat Bali for the consistency of waves and lifestyle.

Where and when was your favourite Jersey surf?

Too many good days to remember! Jersey get's a lot better waves than most people give it credit for and when all the conditions come together there's no better place to surf than here with your mates.



What is the most important surfing etiquette?

The best piece of advice I could offer to anybody surfing is to respect all the different beach and water users. With limited surfing beaches in the island and with so many people using the sea it is really important to acknowledge that other people are trying to enjoy the surf too. The most common cause of aggravation in the sea is dropping in. This is when a surfer who has priority on a wave is obstructed by another surfer taking off on the shoulder of the same wave. Basically you need to look before you take off.

How can people get into Surfing?

With just one quick phone call! The Jersey Surf School is the longest established surf school in the Channel Islands. We offer a wide range of surf camps and programmes for juniors as well as a selection of lesson's for adults of all ages and sizes. If you're looking for something in particular we can tailor lessons to suit your needs and time requirements. For surfboards and surf equipment such as wetsuits, look no further than Freedom or Surf Dive and Ski Surf Shops.

time&tides

Add one hour
28/3 > 31/10

Date	High		Low	
1	08:54	31ft	21:06	31.3ft
2	09:29	29.7ft	21:43	29.8ft
3	10:08	28.4ft	22:24	28.4ft
4	10:53	27.2ft	23:14	27.1ft
5	11:49	26.3ft	***	
6	00:19	26.3ft	12:57	26.1ft
7	01:29	26.4ft	14:04	26.8ft
8	02:34	27.3ft	15:02	28.1ft
9	03:29	28.7ft	15:54	29.8ft
10	04:19	30.3ft	16:42	31.6ft
11	05:09	31.9ft	17:28	33.2ft
12	05:56	33.2ft	18:15	34.5ft
13	06:44	34.2ft	19:01	35.4ft
14	07:31	34.8ft	19:48	35.9ft
15	08:19	34.9ft	20:34	35.8ft
16	09:06	34.4ft	21:20	35.1ft
17	09:53	33.4ft	22:08	33.9ft
18	10:42	32.1ft	22:59	32.4ft
19	11:34	30.7ft	23:55	30.8ft
20	***		12:34	29.6ft
21	01:00	29.6ft	13:42	29ft
22	02:10	29ft	14:52	29.3ft
23	03:22	29.3ft	15:57	30.2ft
24	04:25	30.1ft	16:53	31.4ft
25	05:20	31.1ft	17:41	32.5
26	06:08	31.9ft	18:25	33.3ft
27	06:50	32.4ft	19:04	33.6ft
28	07:28	32.6ft	19:42	33.6ft
29	08:03	32.4ft	20:16	33.3ft
30	08:35	32.0ft	20:48	32.6ft
31				

All times shown are local time

While every effort has been made to ensure the accuracy of the information provided, we're not Mother Nature and, as such, have to rely on human approximation. Don't shoot us if it's not pumping. Check magicseaweed.com for the latest and pray for 3 stars....

Jersey's best bar, diner, nightclub & surf spot is ready for summer!

Watersplash
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THE HEART OF ST. JAMES'S BAY
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MAIN BAR
18th June The Longboard Rider Summer Series Splash Party (Tickets £8)

TERRACE
13th June Sgt. Pippin's Lonely Hearts Club Band + DJ Nelson

OPEN MIC FRIDAYS
4th June Rick Jones + 'BONES'
11th June Rick Jones + 'KJB'
18th June Rick Jones + TBA
25th June Rick Jones + Annie Law

NIGHTCLUB
5th June 'Sunshine' with Rob Sawyer (top room only - 350 tickets)
12th June DJ TC + support
26th June DJ Slipmatt with YODA (700 tickets)

- Fish 'n' Chip Shop open from 6pm - 9pm serving home made chips!
- Spit roast every Sunday from 1pm - 3pm

f t

Balls to Africa

words | Will AV

Recollections of past experiences fade in our minds; some wash away completely. Others, however, leave an indelible mark. For the participants of one particular spectacle – and many of their followers – the latter will almost certainly be true. Many months before the first ticket is sold, stadium is filled, face painted, banner waved, or anthem sung, the world gears up for a show that it knows will live long in the memory.

But what will those memories be? In all, an estimated 5.6 billion people watched the live matches at the last World Cup. Each of the 93 million people that tuned in to watch a single match of Germany '06, wished for the same feeling: to have witnessed the greatest single-sport event on the planet, and to be victorious; to be the greatest.

For a handful, that dream will be realised. And, like the Italians since 2006, they will know it; they will feel it and boast about it for years to come. For millions of others (football fans and simple patriots alike) the mark will be a scar that will hurt.

No country has hurt more than France, following their emotional defeat by Italy in the final four years ago. Who can forget the fall from grace of the most gifted footballer of a generation, Zizou (a hero amongst his fellow professionals), and his moment of madness toward the 'villain', Materazzi, and 'that headbutt'.

The global effect of the World Cup is legend. In the UK it is widely believed that more than a quarter of those that do not follow football will be drawn in by it. It is for this reason that there are people among us who do not have a club shirt hanging in their wardrobe, or a particular affinity to their national team, who are unable to listen to Pavarotti's Nessun

Dorma without the hair on the back of their neck standing on end – because one year they watched the World Cup.

This time, Poland misses out. England and Portugal, however, march on. In the spirit of this month's 'Eco' theme, Gallery looks ahead to kick off on June 11 and asks: to what extent has 'green' been a focus for the Rainbow Nation in the build up to the tournament?

A cultural understanding

In 1994, following Nelson Mandela's election as President, a new national flag was adopted. It signified the dawn of a new democratic South Africa and reflected the country's political transformation. (Talking about any country's flag can be quite delicate: it is a national symbol and often represents closely defended ideals.) It is acknowledged that the South African flag is a blend of those that have gone before. Past meanings of the colours were: red for bloodshed, blue of open skies, green for the land, and yellow for the natural resources such as gold. The flag alone demonstrates that, historically, the people of South Africa have a close affinity toward their environment.





When Cape Town's Green Point Stadium was replaced, it re-used and re-cycled 95% of the demolished structure. The stadium design also promotes energy efficiency. The mesh fabric around it allows for natural ventilation and has a state of the art energy efficient air conditioning system. The stadium is equipped with a Building Management System (BMS) with manual and automatic controls. The BMS can monitor if areas within the stadium are occupied. It can decide to reduce or switch off lighting and air conditioning in rooms not used for certain periods.

Eco kits

Brazil, Portugal and the Netherlands (to name a few) will be donning eco-friendly kits during the tournament designed by Nike. Zoolander-lovers may be forgiven for thinking the sports-apparel giant has actually recruited Mugatu for its very own "Derelict" campaign. It went rummaging for recyclable polyester in landfills across Japan and Taiwan. As a result it diverted 13 million plastic bottles (or nearly 560,000 pounds of polyester waste) from these tips - enough to cover more than 29 football pitches. Each shirt comprises up to eight recycled plastic bottles, a move that reduces energy consumption by up to 30 percent compared with manufacturing virgin polyester.

Green cabs

Following South Africa's victory in securing the bid, the issue of public transport within the host cities became, and in many respects still is, a major concern. If you go to Cape Town today and ask a local to direct you to Canal Walk (a large mall on the outskirts of the city) they'd probably mumble something about the N2, wiggle their hands like a darting Kingklip and shrug their shoulders. The fact is that, in recent years, Cape Town has gone nuts with millions of tonnes of concrete and girders. Some stretches of the road network are unrecognisable.

One Cape Town carrier capitalising on the freshly laid tarmac is The Green Cab, an eco-friendly taxi service. Its fleet uses liquefied petroleum gas, a fuel mix that emits about 10 percent less carbon dioxide than petrol.

The theatres of dreams

The design of Johannesburg's Soccer City Stadium (94,000 seats) was selected from a vast range of concepts. However, what united the short-listed schemes was the extent to which they celebrated and represented the natural world.

The finished structure symbolises the calabash, or African pot, and was considered the most recognizable object to represent what would automatically be associated with the African continent. It rises, exposed, 60 metres into the air. Its arid and desiccated colourings make the stadium appear almost weathered, blasted and sculpted from the elements.



The JRFCA awards and presentation ceremony

On Sunday 9th May, the Jersey Rugby Club Academy held an awards and presentation ceremony to help bring the current rugby season to a close, and to celebrate the players' achievements. The event saw a number of the players awarded for their commitment to rugby over the past season. The event also included a special presentation to the U16 players. Nigel Truscott from St John Ambulance presented a defibrillator device to the Under 16 Academy players and, in turn, the Club and Academy. The U16 players, as a gesture of their appreciation to the Club and its valuable supporters, raised the funds for the defibrillator with fund raising efforts including a 'Bring & Buy' sale of rugby kit, a cake sale, car washes and a Co-op bag pack which they organised.



Richard Krajcek to coach Jersey children this summer

Leading Jersey based Private Bank, ABN AMRO Bank N.V., is bringing the legendary Wimbledon tennis champion, Richard Krajcek to Jersey on Wednesday 9th June to support Les Mielles Club's successful Schools Tennis Programme. We had some pictures of Richard but the picture of this lot with tennis raquets was so much cuter. Repeat after me... 'aaaaarrrrr'

simpletraining

Stride adjusting elliptical trainers or weight adjustable pull up machines. Not really the most portable equipment for a great workout. Going back to basics seems like the best way forward to get that toned trim body. Using a resistance band and nature can give you everything the gym can, and more!

Running up sand dunes can be an immense cardio work out. It's similar to a stair master but has more impact as it's more of a full body work out, activating your glute muscles along with quads, hamstrings, gastrocnemius, and your core.

Jogging along the beach, or up a hill is a great way to get fit. If you're just starting out then taking a 30 minute bike ride is a good way to get started. Having 3-4 cardio sessions a week is what you want to aim for, along with 3-4 resistance sessions. For resistance training you can use a resistance band, which is a long lasting cheap piece of equipment.

Do the following exercises by standing straight with the band placed under your feet with one handle in either hand.

Lateral raises - Holding the handles at your hips, keep your arms straight and raise your arms up till they are at shoulder height. Then slowly bring back to your hips. Do 3 sets at 12-15 repetitions.

Frontal raises - Holding the handles at the front of your thighs, keep your arms straight, raise your arms up directly in front of you till at shoulder height then slowly lower your arms. Do 3 sets at 12-15 repetitions.

Bicep curls - Starting with your hands at your hips, curl your arm so your hand comes up to your shoulder. Keep a nice steady tempo of 2-1-2. Raise-hold-lower. Do 3 sets at 12-15 repetitions.

Tricep Extensions - Loop the band around a tree or lamp post, (something sturdy) once you have a handle in either hand take a split

stance with one foot further forward than the other and facing the tree. Activate your core and lean forward with your elbows bent at a 90 degree angle.

Slowly extend your arm down and backwards till almost straight. Do 3 sets at 12-15 repetitions.

Tube walking - With the band looped under your feet cross the handle over in front of you, raise the handle up to your waist. Start by taking a step to your right. Make sure the step is controlled and when you bring your left foot in to close it's nice and smooth. Increase size of step for more effect. 4 sets of 15-20 steps.

Side plank - Lying on your side raise yourself off the floor by holding yourself up on your forearm and place one foot on top of the other. Hold for between 30-60 secs. Then swap sides. (4 x 30-60 secs)

The cycle - Lying on your back on the floor, raise knees up to a 90 degree angle. Place hand on your temples. Extend one leg out and bring your elbow in to touch your knee. Do 3 sets at 15-20 repetitions.

Side tap - Lying on your back bring your feet in close to your bottom, activate your core then bend slightly at the waist and touch your fingers to your heels.

Ab Crunch - Lying down with your knees bent and feet on the floor, activate your core muscles then slowly lift your head, shoulder, and shoulder blades off the floor. Then lower yourself back down slowly. Do 3 sets at 15-20 repetitions.

Try the above. See the results. Feel great.

Optimum Fitness
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Gallery meets The Legends

This year Le Tournoi went all out and got some of the greatest footballers ever to grace the beautiful game as guest speakers at their 10th anniversary event. Guests included Ossie Ardilles (1978 World Cup winner with Argentina) Carlos Alberto (1970 World Cup Winner with Brazil) and Kenny Sansom (won over 80 caps for England). With all that said we managed to get a quick word with Carlos and Ossie...

First of all welcome to Jersey and how is your trip going so far?

CA: Great! You have a beautiful island and the weather is great. I think I brought it from Brazil.

You both won the World Cup which has to be the greatest feeling. Do you still remember it all or is it a bit of a blur?

OA: I remember it. Playing for my country in the Final is something I will always appreciate and remember for years to come.

CA: The best feeling in the world. To captain my team in the Final and win... Nothing can compare.

Were do you keep your Winners medal?

OA: I keep mine in the Bank.

Do you go have a look at it every now and then?

OA: Ha no. I haven't seen it in a while.

I think I would sleep with mine every night! But anyway you both played with some real legends, Ossie you played alongside Diego Maradona. How was that?

OA: He was the best player ever in my

opinion. He was out of this world.

How would you compare him to the likes of Cristiano Ronaldo and Lionel Messi?

OA: Well Ronaldo no but Messi is doing very well at only 22 years old. He is getting there and could be the next Maradona but we will see. This year's World Cup will tell.

And Carlos you played with the great Pelé! How was that?

CA: Pelé was unbelievable. His awareness and technic made him the greatest and to play with him was an honour.

Carlos you also scored what was voted the Greatest World Cup Goal of all time against Italy in the 1970 World Cup Final. That must be a great feeling?

CA: Yes I am very happy about that. It was actually Pelé who passed me the ball to score that goal. It topped it off for me.

Finally, who do you think will go all the way this year?

OA: I think it is going to be a great World Cup. I think having it in South Africa will add some colour and music and I think Brazil and Spain will make the final.

CA: Well I don't want to be biased but I



think Brazil have the heart to go all the way and also Argentina. I think England have some great individual players but we will have to see.

Le Tournoi managed to raise over £10,000.





Since emerging in the early noughties as an experimental branch of the UK garage scene, the dubstep genre – pioneered by the likes of electronic producers such as Plastician, Skream and Benga – has truly become one of the most exciting and important developments in the evolution of popular music. Starting off as an underground phenomenon in clubs such as Plastic People in East London, it's now big business, with producers like Rusko, Caspa and Nero household names to dance music fans. With its fusion of dub, garage and drum & bass elements, it's appeal reaches to clubs worldwide.

The spearheads of Jersey's dubstep scene are undoubtedly the hugely exciting (and hugely talented) Schema. The four-piece consists of Mark Smith, Lee Davis, Lee Dorrington and Sean Lamy, and since forming in 2008, their fusion of breakbeat, dubstep and drum & bass has been thrilling local clubbers and attracting attention nationally. After making a live appearance and guest mix on Jay Cuning's Breakbeat Sessions show on Kiss FM, they went on to play an electrifying set at the famous Glade Festival, as well as releasing their first single on the Wicky Lindows label. Following national airplay on Kissy Sellout's Radio 1 show, the collective were signed to Jay Cuning's Sub Slayers label; their first release with Sub Slayers was named Single of the Month in DJ Mag, International DJ Magazine and Tittilate Magazine in March this year.

With a busy festival and gig calendar lined up this summer, as well as an upcoming EP release, the future certainly looks bright for them.

Gallery caught up with Schema's Sean Lamy to find out more...

How did you all meet and start making music together?

We've known each other for a long time, shared the same tastes in music, and been involved in the same nights and parties as individuals so it was inevitable we'd end up as a collective at some point.

What's the creative process? With four of you making music together, I can imagine much squabbling to get your ideas heard...

Each one of us has our own lives and commitments, so usually someone will start a project on their own when they are free and when others have time they'll pop down the studio and add to it. Nearer the final stages of a track we'll all meet together and bounce ideas around and see what works best. No one argues about Schema stuff, just who's round it is at the bar every now and then! We all get on very well and respect each other's views, teamwork is essential, as is having fun in the process.

What music were you all brought up on and how does that influence Schema?

We're all into loads of different styles of music, but the root influence of Schema's sound is bass music. Be it jungle, dub, breakbeat, D&B, future garage, electro, whatever you want to call it, it's in there. Schema is not about one thing, but an amalgamation of lots of sounds; we write many different styles in the studio, and play all sorts in our sets too.

The dubstep genre has been around for a long time in the UK but seems to have taken a long time to catch on in Jersey – would you agree? Why do you think that it's taken so long?

No surprise there, everything seems to take a long time to catch on over here, but the local people definitely love it, which is the important thing. It's probably down to accessibility; in the UK it's been rammed down clubbers' throats in almost every underground club for years, whereas here, we've been the only people to really push it over the last few years and now it's become an integral part of local clubbing. I think the freshness of a new wave of sounds and a new generation of clubbers has been the main appeal to us.

You've turned the heads of some major players like Jay Cuning and more recently XL Recordings (the label that is home to Radiohead and Vampire Weekend amongst others). How do you get your name out there?

We've been pushing our music at club events, festivals and various parties these people have been at for ages, and over time the ball started rolling. It's been huge having Jay sign us to his Sub Slayers label; Caspa, CTRL-Z, Cut La Roc, and many more have given us advice, production tips and valuable studio time too, which has been a massive confidence boost, and gives us the belief that we are doing the right thing, knowing these guys are behind us.

What have you got planned for the rest of the year?

The release of our 4 track EP, titled 'The Du-brave EP' in the first week of September on Sub Slayers is exciting, a few remixes on various other labels are due out between now and then, several UK shows including the Drop Beats Not Bombs Summer Camp festival, where we are playing on Cut La Roc's stage and of course we have our ongoing residency at Theology, who have some massive parties lined up for the summer, the huge Northwest Breakers 3rd Birthday at Splash in August and Jersey Live Festival's dance arena, so we have a busy summer.

mer ahead and we're looking forward to it too!

What's your ultimate ambition with Schema, and do you think you'll have to leave Jersey to achieve it?

The idea has always been to write tunes, get exciting gigs and have fun, and we are, so we'll carry on and once the EP is out we'll get our heads down in the studio and start working on a new batch of tracks and bring the Schema sound forward once again. We're all very happy here, and we spend quite a lot of time in the UK with gigs and studio collaborations so we don't need to move away, sorry Jersey, you're stuck with us!

What's the best thing about the Jersey dance music scene?

Without a shadow of a doubt, the hundreds of young - and some not so young - clubbers, party heads, and hardcore music fans who week in week out, month after month support us, what we do, our nights and events, and indeed the entire scene over here. Without them there would be nothing and for that we are eternally grateful. We know who they are, and so do they!

Complete this sentence: 'Schema will change your life because...'

We'll turn up at your house party uninvited in the middle of the night, and not leave for days!

SUPERLACALAR'N'BLICIOUSSTUDENTSALSADOCIOUS

La Cala is now under new management with Roxy Hutton (Assistant Manager) and Tony Pollock (Restaurant Manager), and they are making sure that there is something good going on every night of the week.

Monday night : Belly dancing with Lily from 7pm-8pm - these classes are the perfect way to learn a new talent, get in shape and have fun! Guest DJ's from 10pm for Hospitality Night.

Tuesday night : Latino Night with Trish and Anthony (www.latinoloversjsy.co.uk) offering free lessons from 8pm until 9pm, then Latino style open floor until 11pm from beginners to advanced. So if you know anyone who loves Strictly, head on down. This is then followed by DJ P.C. with all the latest chart music.

Wednesday night : Student Night with new DJ Steve Mouat (who used to play in Bar Rock) from 10pm playing chart/commercial/cheese to suit the students.

Thursday Night : Commercial Night with DJ P.C playing all the chart toppers.

Friday Night : Warm up DJ is Morton Stanton playing from 8pm until 10pm

playing tunes to get you ready for the night ahead followed by DJ Tam playing the best in new music/dance/chart.

Saturday Night : Warm up DJ is Dave Harkin playing the best house music followed by DJ Tam to make the most of your weekend with the best dance tracks.

Sunday Night : RnB Night with DJ's Michael Agrela and Gerry Calisto playing RnB all night from 10pm to help you wind down from the busy summer weekends you have ahead of you. It really is the perfect place to make the very most of the last bits of great weekends!

Also the Roof Terrace is now open with a new chef Julian Nielson who has previously worked in Buckingham Palace and Windsor Castle. Serving food Monday - Saturday 12-6, smokers welcome, terrace open 12-11pm, kids allowed during the daytime.



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La Cala

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Roof Terrace Menu		
	Small	Large
Caesar Salad Gem lettuce with crispy pancetta, parmesan shavings, garlic croutons, Boquerone anchovy fillets, boiled hen's egg & a creamy Caesar dressing	4.75	7.50
Chicken Caesar Salad Caesar salad with the addition of char-grilled breast of chicken	5.75	8.95
King Prawn Caesar Salad Caesar salad with the addition of chargrilled king prawns	6.95	9.95
Penne Pasta (v) Basil pesto, spinach, mushrooms & pine nuts	4.95	8.50
Chargrilled Scallop & Prawn Skewers King scallops & tiger prawns marinated in Thai spices with a lime & coriander noodle salad	6.95	12.95
Scottish Rope Grown Mussels Steamed mussels in a light coconut cream with spring onions & coriander served with crusty bread & Jersey butter	5.50	7.95
Jersey Crab Cakes Crispy fried crab cakes with minted crushed peas, tartare sauce & pea shoots	5.95	9.50
Indonesian Chicken Satay Skewers Chargrilled marinated chicken breast with a cucumber & yoghurt salad, caramelized peanuts & rizuna	4.95	8.50
La Cala House Burger Prime 8oz burger served in a rustic roll with baby gem, beef tomato, grilled back bacon & Cheddar. Chips & salad		8.95
Chargrilled Harmony Farm Rib Eye Steak Cooked to your liking and served with home dried tomatoes, sautéed onions, salad & chips		13.95
Fish & Chips Beer battered catch of the day with chips & homemade tartar sauce		9.50
Thai Chicken Wrap Succulent chicken breast with a sweet chilli mayonnaise, chips & salad		6.95

enter in the dance, plug it in



take the pieces and build the

Groove Armada and Biffy Clyro set to rock Jersey Live's main stage

words | Chris Bell

Since its inception in 2004, Jersey Live, by far and away the biggest music event in the Channel Islands' increasingly busy events calendar, has seen some of the biggest names in indie and dance music grace its stages at the Royal Jersey Showground in Trinity.

International stars such as Kasabian, The Prodigy, Dizzee Rascal and Razorlight have been among the highlights of the festival's six year history, and this summer's event looks to be as big as ever. With heavyweights like Paul Weller, Kate Nash, Calvin Harris, The Magic Numbers and Chase & Status already confirmed, speculation as to who will fill the final remaining slots has been rife for months; it has finally been announced that the Main Stage Saturday headliner will be legendary dance act Groove Armada, with Scottish rockers Biffy Clyro playing on the slot beneath them.

Groove Armada are electronic producer duo Andy Cato (a former winner of the Young Jazz Musician of the Year award) and Tom Findlay, and are true heavyweights of the

dance scene with nine albums released in their fourteen year history, which began when they launched their own club, also called Groove Armada, in 1996. They released their first album Northern Star in 1998, as well as breakthrough single 'At the River', which has featured on practically every chill-out album ever released since, and have collaborated with some of the biggest names in music. Neneh Cherry, Bryan Ferry, Richie Havens, Boy George and Mutya Buena are just some of the artists to have worked with the duo, whose latest single 'History' features the vocals of singer Will Young – who, coincidentally, will be performing on the island this summer.

With eleven Top Forty singles to their credit the duo are well established as one of the biggest names in music, and fans can expect hits such as 'I See You Baby', 'Get Down' and 'Superstylin' at Jersey Live in a headline slot that rounds off a busy summer for Groove Armada. They will be appearing at major festivals in the coming months including Glastonbury, Oxegen, T in the Park and V Festival. They recently headlined Brighton's Great Escape Festival, drawing the biggest crowds of the four day showcase event and winning plaudits for a storming live set. Their eclectic fusion of house, rock, hip-hop and funk influences are emblematic of Jersey Live's diverse and varied bill,

and organiser Warren Le Sueur said, "after having huge performances from the Prodigy and Basement Jaxx on the Main Stage in previous years, we felt that it was appropriate that we had a big name dance act to provide a contrast to Sunday's big name rock act, which this year, as I'm sure people are aware, is the legendary Paul Weller. We're thrilled to bits to have secured Groove Armada and we're really looking forward to seeing their huge back catalogue performed live this September."

Joining Groove Armada on the Jersey Live Main Stage line up on Saturday night are Scottish rockers Biffy Clyro. Anyone who attended 2008's Guernsey Live festival will be familiar with the band's all-action riff-heavy style. Starting out as fifteen-year olds in 1995 with the modest ambition of sounding a bit like Nirvana, they've gone on to be one of the most successful Scottish rock bands ever, playing sell out arena tours and supporting the likes of Muse, Red Hot Chilli Peppers, The Who and The Rolling Stones in stadium shows. Influenced by punk, metal and grunge bands like The Foo Fighters, Metallica and The Pixies, they have successfully crossed over to mainstream audiences whilst retaining their credibility, with their unusual time signatures and complex song structures admired by their loyal fan base. Since departing independent record label

and we begin...



em skyward...



Beggars Banquet (the former home of the likes of The Charlatans and The Fall) for 14th Floor, an offshoot of Warner Records, the band have gone from strength to strength, scoring two Gold-selling albums, the latest of which, *Only Revolutions*, was released to huge critical and commercial success last year, winning the Album of the Year award in Kerrang magazine and going Gold with over 125,000 copies sold. The band were also nominated for the coveted 'Best British Band' category at the NME Awards earlier this year, narrowly beaten by prog-rock titans Muse.

An explosive live set awaits the many festival-goers that are expected at this year's Jersey Live, after which they embark on a huge UK Arena tour. Unsurprisingly, Jersey Live co-director Warren Le Sueur was suitably pleased to have booked the trio: "Biffy Clyro are one of the biggest and most exciting bands in the UK right now, and have been for some time now. If you haven't got their last record, I suggest you buy it! They're a great addition to the Jersey Live line up, which is as strong as ever."

Jersey Live takes place on September 4th & 5th at Royal Jersey Showground, Trinity. Tickets are available from Jersey Telecom in Queen Street and from www.jerseylive.org.uk

Tickets: Weekend: £84 | Single day: £54

U13's Weekend £10 Single: £5 | Coach return: £5 per day

Limited Hospitality Tickets: Weekend £175 | Single Day £100

trivia!

BIFFY CLYRO'S SHOW ON THE MAIN STAGE OF THIS SUMMER'S T IN THE PARK FESTIVAL WILL BE A RECORD SEVENTH APPEARANCE

trivia!

GROOVE ARMADA'S NEW VOCALIST GOES BY THE STAGE NAME 'SAINT SAVIOUR'





grande? non, ils sont **massive**

It's been a turbulent career for Massive Attack. After commanding their genre in the late 80s and early 90s there's definitely been a wilderness period that's seen the group break up, reform, generate a few solo projects and some excellent movie scores. We're stoked to see them back together and back on the stage touring this summer and they'll be just over the water in August at Route du Rock

In the JerseyLive and Grassroots vein, La Route du Rock is a great little boutique festival just across the water. We caught the Smashing Pumpkins there a few years back and it was epic. There's something really unique about LRDR with its fairground style paid drinks tokens, midnight gallettes and superbly French Atmosphere.

This year is the 20th birthday of the festival has a characteristically daring lineup of internationally renowned artists. Along with Massive Attack, The Flaming Lips, Two Door Cinema Club and Foals.

Over the years, La Route du Rock has carved out a place in the cultural landscape of European festivals, becoming an unmissable summer gathering for curious, open minded festival goers who are eager for exciting sounds.

Held in and around the beautiful walled seaside city of St. Malo on Brittany's Emerald Coast, La Route Du Rock has seen headline sets from Sonic Youth, Portishead, PJ Harvey, The Cure, Sigur Ros, My Bloody Valentine, Mogwai, The National, TV On The Radio and Tindersticks in recent years, and always has a great international supporting bill of up-and-coming bands. With a beach stage in the daytime and a spectacular castle stage by night, La Route Du Rock mixes amazing lineups with a truly stunning setting. It's so close it's rude not to go.

<http://www.laroutedurock.com>



Back for a third year, Jersey's other music festival is set to rock the reservoir again this summer. The line up's better than ever!

LINE-UP...

Fun Lovin' Criminals- www.funlovincriminals.tv

The multi platinum funk soul brothers, with 4 Top 10 albums to their name, return for the first time in five years, with the first classic, fantastic party album of the decade, featuring collaborations with Roots Manuva and Paul Kaye. Their new album, Classic Fantastic is a phenomenal testament to the power of unbound optimism, check out their most recent track 'Mr Sun' available on their website.

Bedouin Sound Clash- www.bedouinsoundclash.com

An innovative fusion of Reggae, Rock, Punk and Soul, the band exploded onto the scene in 2005 with the hit track 'When the Night Feels My Song.' Having sold out shows across Canada, and performances all over the world including the renowned Leeds and Reading Festivals, London's V-Fest, and PuklePop, Bedouin Soundclash are bringing their soulful, energetic live show to Grassroots this year. You'd be a fool to miss out.

Jose Gonzalez- www.jose-gonzalez.com

Another bright talent from the UK music scene, expect acoustic guitar and a voice that marries mature assurance and poignant delicacy. His songs are so timeless - you feel like they've always been around - yet there's a clean freshness to Jose's music that makes repeated listening an endlessly revivifying delight. Download the lyrics to 'In Our Nature' available on his website and get to learning....

Lloyd Yates- www.myspace.com/lloydyates

Despite being completely untrained this local talent has a completely unique sound. Expect to be amazed at his extraordinary tones and beautiful lyrics. If you hadn't checked him out at The WaterSplash or The Purple Lounge yet, get down to Grassroots and prepare to fall in love with Lloyd and his band's soft melodies and soulful vocals.

Isaac Evans- www.myspace.com/isaacevansmusic

Isaac started playing guitar in February 2009 and since then he has had an almost meteoric rise to local acclaim performing his own material to various audiences across the island. At just 14 his loose mix of folkie pop, reggae and rock, with a smattering of beat-boxing is seriously impressive. If you haven't yet seen this star in the making you won't fail to be impressed by his fearless, heartfelt, honest and original music.

Tom Frager & Gwayav'- www.myspace.com/tomfrager

Having formed the group Gwayav' with four of his friends, musicians and surfers they went on to achieve national notability in September 2009 with his song "Lady Melody", which entered the French singles chart at number one and stayed there for four weeks. With influences ranging from Bob Marley to Sublime and Jason Mraz, they're one act we can't wait to see.

Frankie Davies- www.myspace.com/frankiedavies

Frankie's beautifully self-penned lyrics and melodies combined with effortless skill on her guitar are the perfect soundtrack to a soulful summer. An acoustic diva on the stage and in the comfort of her own home, her cheeky smile alone will win you over. Don't be surprised if she steals your heart, as well as your attention.

Other Eco-Festivals

WOOD, May 21-23

Braziers Park, Goring, Oxfordshire, £70

WOOD is Britain's greenest festival running entirely on renewable energy with composting toilets, showers heated by wood-burning stove and a solar-powered stage. You can even spend your time dancing into the night in a bicycle powered 'discotheque'. Workshops including singing, woodcraft, yoga and a fashion dress parade.

(thisistruck.com/about-wood-festival.aspx)

SECRET GARDEN PARTY, July 22-25

Grange Farm, Huntingdon, Cambridgeshire, £150

Known as one of the most creative family festivals, the SGP pays as much attention to its art installations as to its line-up. Despite an increase in size (there are now 14 stages) the festival hasn't lost its rebel roots. This year's theme is Fact or Fiction - whatever that means and acts include Gorillaz and Marina and the Diamonds. Buy your ticket, pitch your tent, turn off your phone and relax.

(secretgardenparty.com)

BIG TENT FESTIVAL, July 23-25

Falkland, Fife, £56 for 3 days camping, Under 12's- FREE

Billed as Scotland's largest eco-festival, the Big Tent is a three-dayer offering gardening workshops and local wine tastings, as well as poetry, theatre and exhibitions. Kids' activities include willow weaving, storytelling, jewellery workshops and the terrifying Call of the Loon Bird puppet show; music comes from the mighty Rosanne Cash, King Cresote and Aberfeldy.

(bigtentfestival.co.uk)

SOUNDWAVE, 23-25 July

Petrcane, Croatia, £75

Expect some serious parties in venues such as the Terraced Amphitheatre, the Tiki Bar, Barbarella's 70s Discotheque and the Soundwave Party Boat. With performances from Zero 7, DJ Format and Alexander Nut you may want to check into the brand new 4* hotel, opening its doors in July, Falkensteiner Family Hotel Diadora, in Punta Skala, a 15 minute stroll around the bay to the festival site for some relaxation time. In an effort to limit air travel, Soundwave also offers a Sunshine bus service from Manchester, Leeds and London (return £125) Expect all the qualities of Festival but in a far more beautiful and sunny setting.

(www.soundwavecroatia.com)

CROISSANT NEUF SUMMER PARTY, August 13-15

Near Usk, Monmouthshire, £80

Croissant Neuf is a multi-award winning, independent, family festival boasting the world's largest solar-powered sound and lighting rig. The 30 artists include The Magic Numbers, Stan Webb's Chicken Shack and Martha Tilston to name but a few. With a market place selling fair trade goods, a crafts area, a campfire, poetry and yoga classes- you're gonna be spoilt for choice for things to do! (partyneuf.co.uk)

GREEN MAN FESTIVAL, August 20-22

Glamsk Park, Brecon Beacon, £120, Under 12's FREE, Teen Tickets available.

Acts such as Doves, Flaming Lips and Mumford and Sons will be performing alongside acclaimed stand-up performances from Robin Ince and Josie Long - sure to have you chuckling all the way back to your tent.

(greenman.net)

ELECTRIC PICNIC, September 3-5

Stradbally Hall, Co Laois, Ireland, £206

Ireland's complete music and arts festival that offers an array of fine music, theatre, comedy, holistic health and art. Musically it's a more eclectic mix of artists than the other Irish mainstream events, headliners are Massive Attack and Roxy Music.

(electricpicnic.ie)

3 ECO-FACTS ABOUT GRASSROOTS

1. The Grassroots team recycle old surfboards and have them sprayed and branded to use as posters in shop windows, re-using the same boards every year.

2. The Green Police provide a friendly service at Grassroots, guiding people to the recycling centres and handing out Boodi ashtrays to smokers.

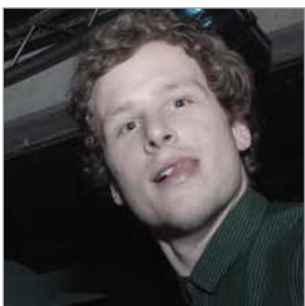
3. The Bucket Scheme: simply grab a bucket from the Green Police tent, pick up 15 cans from the ground, hand the bucket back in and receive a free drinks voucher! Quick someone get us a bucket....

paparazzi at "Club Kamikaze" - Live Lounge

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Seen at the the best events....
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gallery



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So we thought we'd give select businesses the ability to tell you all about their services in our monthly Gallery directory. We've even categorised them and arranged them for easy perusal. If you see something you like, give them a call and and tell them you saw them in Gallery! We'll love you forever...



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fashion



home&interiors

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www.mortonandmorton.co.uk
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home&interiors

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fashion

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home&interiors

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sport

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fashion

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beauty

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beauty

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appetite

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got a number you think we should tell everyone or have as a handy reference in Gallery each month?

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Next Edition Hello Sailor!

July's magazine 'The Big Blue' will be all about the wet stuff

We'll be looking at things on water, in water, maybe even around water? Watch this space for mega yachts, and gallons of gallery articles with a nautical twist.

If you've got any wet and wild products or stories you'd like to see in the next edition let us know at office@gallerymagazine.co.uk





BOARDOM

1. How long does a disposable nappy take to decompose? (550 years)
2. How long does a glass take to decompose? (1-2 million years)
3. How long does an aluminium can take to decompose? (500 years)
4. How long does a golf ball take to decompose? (1000 years)



Stacey / 19 / Child Care Officer



Andrew / 19 / Super Hero



Ollie / 22 / Sales Assistant



Mike / 18 / Student



Joana / 21 / Sales Assistant



Lydia / Sales Adviser



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