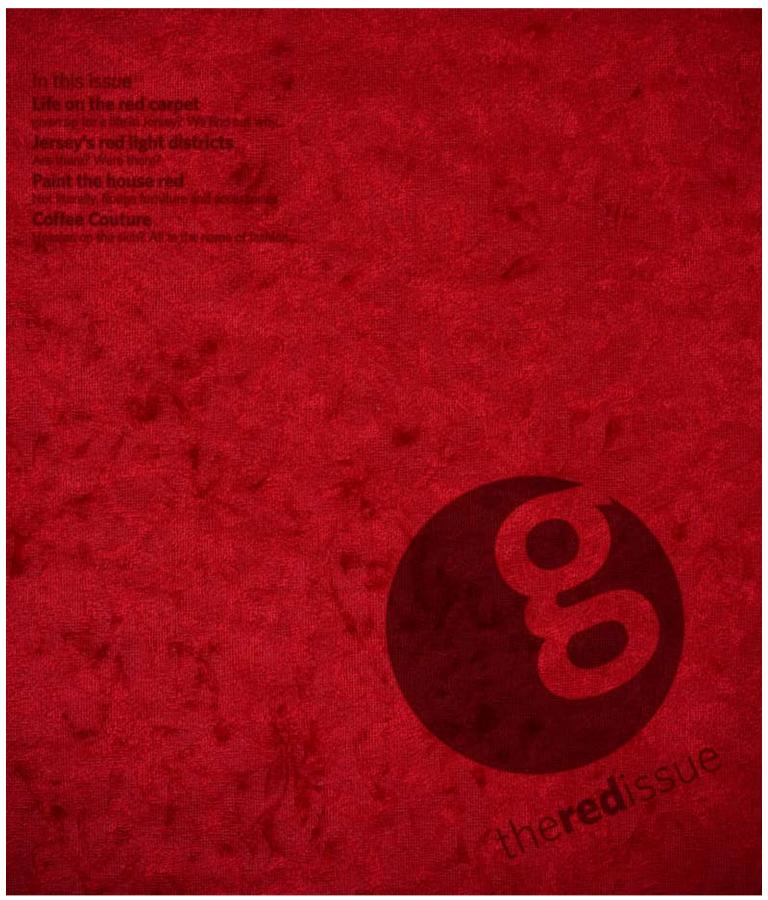
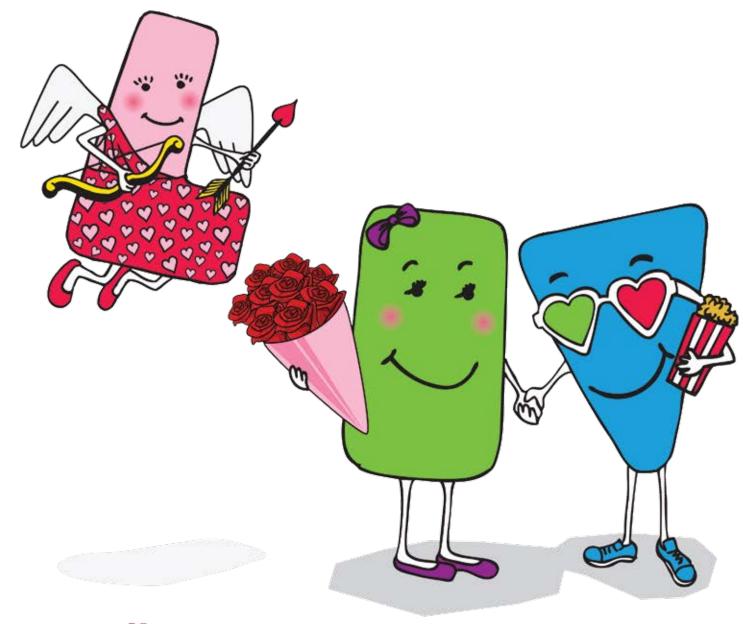
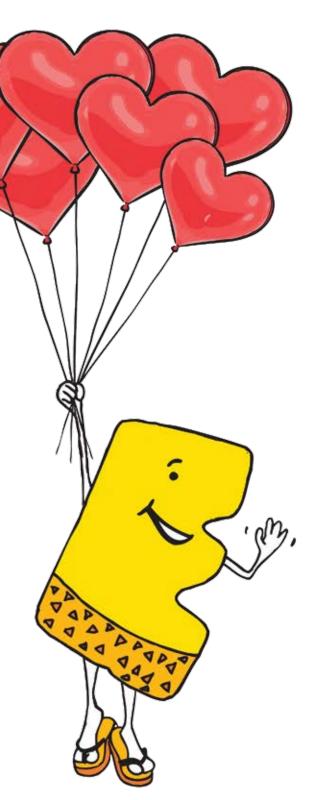
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gallery

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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond, not too arty farty superior or too serious, written by the people of Jersey for people everywhere.

Feature

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers. editorial@gallerymagazine.co.uk

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It's a swear word to some people but it's what ensures Gallery is free for readers each month. If you have a business to promote, call **01534 811100** or visit www.gallerymagazine.co.uk and download our media pack which should contain all the information you need. If not, give us a call. We're not pushy sales people and won't try and badger, coerce, harass or sell you something you don't want.

advertising@gallerymagazine.co.uk

Contribute or write

rip it, scrap it, comment, critique, research, report. opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch!

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Small Print Facts:
Women blink nearly twice as much as men.
In Kentucky, 50 percent of the people who get married
for the first time are teenagers.
Penguins can jump as high as 6 feet in the air.
average person is about a quarter of an inch taller at night.
Most cows give more milk when they listen to music.

a thing of beauty

ay-Z had a Black Album, The Beatles had a White Album; we're not really down with instruments or Cubase so we've stuck to producing a Red Magazine. As the old riddle goes 'What's Black and White and Red all over?....a newspaper'. It's called the 'newspaper riddle'. Well, we're a magazine and it still applies. I've always preferred answering it with 'a sunburnt penguin' myself, which probably says a lot. Red is certainly an emotive colour; passion, war, tribalism, death, money, 'beauty' for Russians; choose your association.

It's actually amazing what you find out in the course of researching a theme. Did you know, for example, that the most common red food colourings are made by crushing beetles? Does that mean vegetarians shouldn't eat red food? Perhaps...especially tomatoes, that were originally thought to be poisonous. There's a load of red influenced content this month. We contrast of island life to life on the red carpet, examine the history of the 'oldest profession' in Jersey and the cars that will keep you away from the red line without compromising on style.

We've got red for the home, red gadgets, and events from the red dot crew. Talking of events, thanks to the hundreds of you that joined us at our Gallery Kidnapped 'Malice in Wonderland' New Year's Eve event. We were amazed by the costumes, the thumping beats and musical skills of Clique and Rocksteady and the talents of 'Jersey Elvis' who brought in 2010 for 600 of us with a memorable rendition of 'Suspicious Minds'. Priceless.

You can see pictures in the paparazzi pages.

It has been a pretty hectic start to the year for Gallery. Our feet still haven't touched the ground since NYE. We've just launched our www.places.je property website and Places magazine will be fortnightly from February for all you house hunters. You'll also shortly be able to get your hands on this years Appetite eating guide. We have a lot planned for Appetite in 2010 so watch this space.

Gallery are not at home in a 'real' office, with real phone lines (we've had one handheld we had to throw about for the last 5 years) that won't be engaged all the time so we're here for you pretty much 24/7. If you're planning on giving us a call bear with us though, we're still learning how to use them.

We look forward to bringing more in every way in 2010

BD





Jersey's specialist property magazine

is now Jersey's specialist property website



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The best place to find a place in Jersey.

gallery Jersey's STYLE MAGAZINE

contents

highlights



Swapping the red carpet for Rouge Bouillon. We find out why a reporter would give up the high life to slum it with us islanders.



60

The old adage says 'she'd even look good if she was wearing a sack'. Well, this month Georgie (with the help of Lorriane Smith and Coopers Coffee) proves it.



Spending too long on your red line? We check out the lineup of the future of alternative powered vehicles. Some look pretty damn good too.

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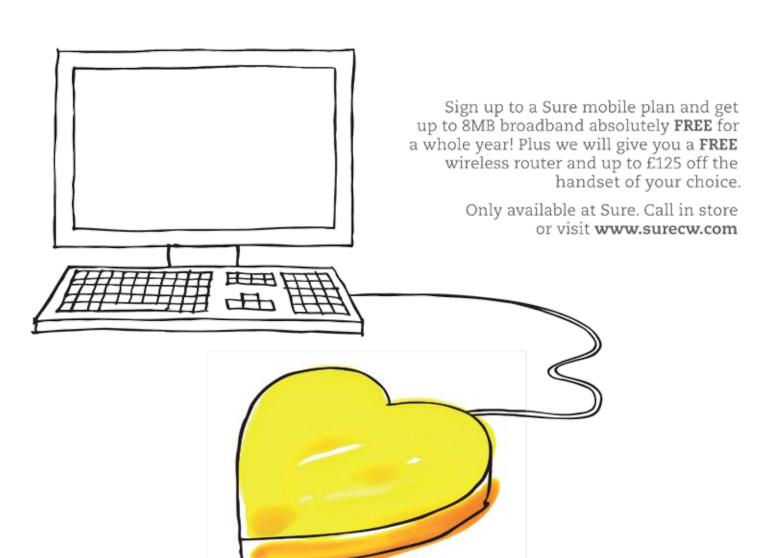
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LondontoJersey

was paid to interview some of the world's biggest stars on the red carpet. Brad, Tom, Katy, Renee, SJP, Madonna. And if that wasn't enough, I'd be handed two VIP tickets, known as 'a plus one', to watch the film with the celebs, and attend the hugely glitzy, no expense spared after party at an achingly trendy London venue.

This is life as a showbiz reporter in the capital. And it wasn't just the film premieres that were jaw-droppingly glam. I remember being shuttled to a very famous racecourse in Sussex on the Orient Express just for the opening of a new wing. Once there, my mum (my plus one on account of Bryan Ferry being a fellow invitee) and I were offered the obligatory glass of champagne, told to help ourselves to a cashmere jumper from the new Ralph Lauren store, and settle ourselves on the front lawn to watch a

thirty minute flying spectacular by the Red Arrows. 'Do you really regularly cover events like this?' my mum asked on the Orient on the way back while tucking into our three-course meal.

And the answer was yes. As a young journalist, if you're prepared to put in hard work in the frighteningly competitive and ruthless world of showbiz, then the spoils can be great. But it is incredibly hard work, and that's what many people fail to realize. For example, when you go to a premiere, you don't just saunter onto the red carpet waiting for the celebs to come to you and answer your every question. You're placed in a press pen where you have to jostle with some of the most ferocious journalists on Fleet Street to get to the front so you at least stand a chance of putting a question to the actors. And at the after party, it is never about standing around just enjoying the canapés and cocktails. You know you have a limited time to grab the celebrities and get a story from them to pitch to your editor the next day, before they either leave (the







credits

get in touch.



Gallery 60: RED **Cover credits**

This month our cover is red velvet; plain and simple. We always produce local cover shots at Gallery. There are a few magazines who just stick on a stock photo of some random girl which we think's pretty weak, so this month we fancied a change...

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meetthecontributors

There's lots or stuff written and illustrated in Gallery. That's what a magazine is really... here are some of the people



Emily Hutchins design grad Emily edited and designed this month's 'Quoted' page. Emily recently moved to Jersey having spent the last 4 years in London studying for a degree in Graphic Design. She is now gaining experience in the 'industry' world of graphic design. She is currently training for a marathon which she says 'I will never do again!'

Favourite red thing:

"My car!"



Louise Hannah writer Louise writes about her former life grilling celebs on the red carpet and reviews Bento Sushi for us.

Louise is a reporter and newsreader for Channel 103. She started life as a showbusiness reporter in London before moving to Jersey to retrain as a broadcast journalist. Her favourite thing about Jersey is being close to the sea, her least favourite thing is that the Sunday papers sometimes don't make it.

Favourite red thing:

"Tomato ketchup. My mum says I turn into a ketchup fiend when I eat it, because I always drip it everywhere..."





Gary Kelly designer Dropped into the thick of it, Gary's been hammering Creative Suite for us this month.

After training at a local ad agency, Gary decided that a break was required and he set off to travel the world. Ten months and nine countries later, Gary landed back in Jersey and took up residence as Gallery's newest graphic designer. Working at Gallery? "Awesome". Gary can't stand early mornings, but he doesn't mind late nights - which is good because he's already had plenty of those in the run up to deadline for this issue!

Favourite red thing:

"Has to be Man United! I'm a huge fan."

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What's on this month? **Read on...**

MONDAY 1ST FEB

The Visitor

McCarthy's follow up to The Station Agent, tells the story of how the life of 60-something professor, Walter Vale, is radically changed for the better when he discovers two immigrants living in his New York apartment. A thoughtful drama of humanity, subtle humour, and a marvellous performance from Richard Jenkins in the lead. Certificate: 15. 20:00 - 22:00 / £15 / Jersey Arts Centre, St Helier 700444

TUESDAY 2ND

Scherzo Brass

Since its foundation in September 2006, Scherzo Brass - a brass quartet based in Greater Manchester - has enjoyed a remarkable run of success and has established itself as one of the leading young ensembles. After winning the title of British Open Quartet Champions in 2007, as well as first prize in the prestigious Philip Jones Ensemble Competition 2008, Scherzo Brass has been in demand nationwide and enjoys a busy schedule of performances. 20:00 – 22:00 / Jersey Arts Centre, St Helier / 700444

WEDNESDAY 3RD

James Sherwood - At The Piano

One of British comedy's finest young comedy writers, James Sherwood visits the Attic as part of his first national tour. As well as being a regular contributor to shows like The News Quiz, The Now Show and Look Away Now, James is also the creator and chief writer of Radio 4's new topical panel show I Guess That's Why They Call It The News. James's live show combines musical skill with diamond-sharp wit, and has already seen him make appearances on shows like 4 Stands Up as well as four sell-out Edinburgh runs. Awards: Sony Award Nominee 2009, Best Comedy (writer, The Now Show). 20:00 - 23:00 / £10 / The Attic, Jersey Opera House, St

Helier / 511115



FRIDAY 5TH - SATURDAY 6TH **3rd Jersey Winter Beer Festival**

Ales from the Crypt

Come along and choose from 40+ ales and ciders, many of them in the Winter style (strong, dark, moreish), and some Cider. Live 6 Nations and music Sgt Pipons on Satur-day. Advance tickets only, no tickets will be available on uay. Auvance tickets only, no tickets will be available on the door, tickets are available from the Arts Centre box office. Strictly over 18s. Please drink responsibly. £15 / St.James Church / 07797 751500 or visitwww.camra-jersey.org.je/festivals.htm

FRIDAY 5TH, FRIDAY 12TH, FRIDAY 19TH & FRIDAY 26TH

Artist in Residence at The Elms

The National Trust has invited Virginia Colback to be their winter Artist in Residence at its headquarters in St Mary. Virginia is currently working on a series of paintings of Jersey dolmens and feels that her work complements the work of the National Trust for Jersey in the way it celebrates Jersey landscape and promotes our cultural heritage.

FREE / Bus 8 / 10:00 - 16:00 / The Elms, National Trust for Jersey Headquarters

FRIDAY 5TH

Jeff Lang

Jeff Lang returns to the Watersplash to astound all live music lovers. Fresh from his UK tour, and soon off to Japan before heading home to Australia, Jeff will lead us on a journey of incredible guitar skills and vocals that just rock your soul. This, as always, is a performance not to missed Annie Law, Rick Jones and Justin Thorne are providing

21:00-01:00 / £8 / Watersplash Beach Bar and Diner / 482885 / Tickets are available from The Watersplash, White Label and The Wharf Bar / Strictly Over 18s.

TUESDAY 9TH & THURSDAY 11TH

Bugsy Malone

Les Quennevais Secondary School presents Bugsy Malone. New York, 1929. A war rages between two rival

gangsters, Fat Sam and Dandy Dan. Dan is in possession of a new and deadly weapon, the dreaded 'splurge gun'.
As the custard pies fly, Bugsy Malone, an all-round nice
guy, falls for Blousey Brown, a singer at Fat Sam's speakeasy. With an all Les Quennevais School cast, armed with custard instead of bullets and belting out some superb songs, this is entertainment at its best! £15 / Jersey Arts Centre, St. Helier / 700444

THURSDAY 11TH & SATURDAY 13TH

The Holly & The Ivy

Award winning Middle Ground Theatre Company bring you their highly acclaimed production of THE HOLLY AND THE IVY. Set in a Norfolk vicarage on Christmas Eve 1947, the vicar's family gather for the festive season. Peace and goodwill radiates from the warm-hearted elderly vicar, cared for by his young daughter. But with the arrival of two irritable aunts and an errant daughter the emotional veneer is skilfully peeled away. As skeletons tumble from closets and stones are turned over, family members are forced to confront their regrets and secret anxieties. Even the lovable vicar is not immune to the stresses and strains of a normal family life.

20:00-22:30/£15 / Jersey Opera House, St. Helier / 511115

THURSDAY 11TH

Legend: 'The Bob Marley Experience'

Legend are seven great musicians and singers dedicated to the life and music of the late, great Bob Marley. This



namic band, led by the charismatic Michael Anton Phillips (Cheesy) has a pedigree second to none, LEGEND'S two hour show covers the very best of Bob Marley's timeless

20:00-02:00 / Free / The Drift Bar, The Royal Yacht / 720511 / strickly over 18s

FRIDAY 12TH

The World's Wife

A new stage version of the acclaimed poems of Carol Ann Duffy that imagine the wives' perspective of famous men through the ages. From Mrs Faust and Frau Freud to Queen Kong and Mrs Midas, this delightful show slices through history and myth, whilst also casting an astute glance over the modern world. Laced with dark humour and acerbic wit, this passionate exposé will enthral lovers of Carol Ann Duffy's poems and newcomers alike.

20:00-22:00 / £15 / Jersey Arts Centre / 700444

FRIDAY 12TH

Club Kamikaze

With the support of Jersey Arts Trust and the IQ Apple Store, comes the latest instalment of Club Kamikaze at St Helier's Live Lounge. Club Kamikaze, showcasing upand-coming local acts as well as established international names, is organised by local promoter and music journalist Chris Bell, and takes place on Friday 12th February. A mouth-watering line up for Valentines weekend includes: Totally Enormous Extinct Dinosaurs (UK), Pevin Kinel (Velofax), The Midnight Expresso, The Experience, The Hats DJ set + Kamikaze DJs

chris@beathappening.co.uk / £6 / Live Lounge, St. Helier

SUNDAY 14TH & TUESDAY 16TH

Moonwalk to Seymour Tower

Take a walk on the sea-bed. Explore gullies, cross sand bars and rock pools to Seymour Tower and discover Jersey's very own wilderness area in the company of local guides. Learn about the history of the area, or just enjoy the chance to be in a wild and remote place. The area is full of wildlife and has a rich maritime history. The exact departure point and time is confirmed at the time of booking. Expect to get wet - perhaps to the knees. Due to the huge 40ft tides you should not venture into this area unless you have local knowledge.
£12.50 / Reservation is essential as all walks are in

small groups / 07797 853033 or email info@jersey walkadventures.co.uk

SATURDAY 21st - SUNDAY 22ND

The Wave

At a German secondary school, a classroom project on fascism runs chillingly out of control. A gripping, unsettling thriller and a cautionary tale for our times.

Certificate: 15 / 20:00-22:00/ £15 / Jersey Arts Centre, St. Helier / 700444

TUESDAY 16TH

Jersey Electronic Organ Society

Enjoy a relaxing evening listening to a variety of music played on the electronic organ by visiting artists. The concerts are held at The Gardeners Tea Rooms at Ransoms at 20:00hrs and admission is £7.00, this includes 'Sweet Treats' All new members, friends and visitors are welcome. £7/ 20:00-00:00 / The Gardeners Tea Rooms, Ransoms Garden Centre / 851247

Monday 15th - Friday 19th

Pirates!

A band of marauding pirates will be invading the Maritime Museum throughout the half term week. Learn to swash your buckle, search for buried treasure and crew a cannon with the scurviest sea dogs around. Join a pirate Captain and his shipmates on the Spanish Main and discover the secret of Davy Jones' Locker. Sponsored by Sinels.

Maritime Museum / 10:00 - 16:00 / 811043

WEDNESDAY 17TH - THURSDAY 18TH

The Chippendales

After a sold out run at the Edinburgh Fringe and a special one-off appearance at London's Shepherds Bush Empire Theatre, the Chippendales return for the first time in over five years with their latest production: The Ultimate Girls' Night Out! Prepare yourselves for a non-stop party of live music, audience interaction, dancing and fantasy that will



excite your senses and leave you breathless. Grab your girlfriends and make $\,$ your way to the hottest party in the UK. Millions of women can't be wrong!

20:00-22:00 / £25 / Jersey Opera House, St. Helier /



SUNDAY 28TH FEBRUARY

The World's Wife

An event to help raise much needed funds for the people of Haiti is being arranged. A one day festival of music under the banner of Help Haiti CI will be held at the end of February. The line up is still being compiled but many top local artists such as Brave Yesterday, Kevin Pallot and Lloyd Yates will play as well as the amazing Nerina Pallot. Other high profile artists have been approached to see if their schedules make it possible for them to appear.

The event is scheduled to take place at Fort Regent in Gloucester Hall - although details are still being finalised and 100% of the net proceeds will go to Haiti. A website www.helphaitici.com has been established to keep the public informed of this and other satellite events as information becomes available. The website will also allow people to donate directly and will carry information regarding the distribution of funds. The intention is to share the funds raised between the Bailiff's Jersey Disaster Appeal, a mainstream charity and perhaps one longer term project. Organisers are also hoping to hold a silent auction during the event and are looking for prizes to be donated from local companies and individuals, these will be promoted in advance via the website. If you or your company have a service, trip, meal, ticket, prize or anything that someone might want please email haitiiersevlou@gmail.com



valentines at grand jersey

Grand Jersey has created three indulgent packages to ensure you and your loved one have an exceptional Valentines experience this year. Our packages range from a seductive three course dinner and overnight 'Indulgent' package to our 'Ultimate Indulgence' package which includes a dozen red roses, fine dining experience in Tassili and an overnight stay in one our luxurious Sea View Rooms and much more!

St. Valentine's Overnight Specials

Indulgence

- Superior room • 3 course dinnner

- Use of Spa

• Breakfast

Seductive Indulgence

- Deluxe ParkView room
- 3 course fine dining £12
- Champagne
- Use of Spa
- Breakfast

Seductive Indulgence

- Sea View room 3 course fine dining £
- Champagne
- 12 red roses and chocolates
- Breakfast

For more information on Grand Jersey's three indulgent Valentines packages or to make a booking, please contact reservations on 722301 or email reservations@grandjersey.com and quote 'GM-FEB' or visit our website www.grandjersey.com.

GRAND JERSEY

Grand Jersey The Esplanade St. Helier JE2 3QA



Selected

For February, we've all gone red! Check out our pick of ways to make this month special in a red sort of way – from sexy suppers to luscious lingerie....



Scatte**RED** showers

See off those showers and put a spring in your step with one of these gorgeous heart-shaped umbrellas from Hi Heels & Handbags. They come in all different colours, but our favourite's the red one – perfect for Valentine's Day!

Heart-shaped umbrella, £18.99 from Hi-Heels & Handbags, 18 Bath Street, St Helier. Tel: 629942



Hot and botheRED

Give your lingerie drawer the wow factor with this gorgeous red underwear set from sexy French brand, Simone Péréle. Sleek and seductive, this is one Valentine's underwear gift guaranteed to go down well...

Red Joséphine bra £68.95, suspender knickers £49.95, at Plums Lingerie, 7 Colomberie, St Helier. Tel: 731302



FnamoRED

Planning to pop the question on the 14th? Make sure you put L'Horizon's Wedding Fayre in the diary to get the low-down on planning your big day and take advantage of some special offers. There'll be information on everything from wedding dresses to diamond rings – with Letto's jewellery experts visiting from the UK.

L'Horizon Hotel Wedding Fayre, 28th February, midday until 4pm. Phone 743101 or www.handpickedhotels.co.uk



Pampe**RED**

JT Love Wednesdays and JT Mobile users can get a great 2 for 1 deal on a romantic hotel stay package at the Grand Hotel - overnight accommodation, dinner in Victorias, use of spa facilities and full breakfast (normally £125 per person) for Wednesday stays in February. For more inspiration, take a look at our round-up of the best of the Valentine's hotel packages in this month's Food section. Supper, sparkling champagne and just a few short steps to your luxury room. Bliss.

For more information about JT offers, www.lovewednesdays.com.



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The Shu Uemura Art of Hair Ceremony is a range of exclusive in-salon treatments with deep Shiatsu-based scalp massages using concentrated, rich precious oils in bespoke blends which help to restore harmony to the scalp and a long-lasting deep shine to your hair. Pick the RED one for the full shimmer experience, it's perfect before a special night

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RED facts

The Selected team's favourite RED film... Krzysztof Kieslowski's 'Three Colours: Red'

we make them

because you pick them up.







and we love you for it.

Although we hate to see our stands empty at the end of the month it makes us happy. While other papers and magazines sit in their stands waiting for a trip to Bellozanne, we rest safe in the knowledge that Gallery finds its way home with you each month. It keeps you entertained, it keeps our contributors creative and it keeps us out of trouble. Thanks, hugs, kisses and valentine's day love.







Red Lamps Shining Through the Fog

It's the oldest profession in the world. The history books are full of it. It features heavily in the Bible. It's everywhere. It could only be one thing. Prostitution.

the mid-nineteenth century there was a man,

George Le Cronier, the then Centenier of Saint

Helier, who decided to take it upon himself to

clean up all of this iniquity. On Sunday the 19th

ocieties are made up of layers that can be seen all around us, all of the time, and of layers that we choose not to see. It is possible that even here on Jersey, just under the surface of our everyday lives, there is prostitution of all kinds going on. And though we may squint to render ourselves blind to it, still it exists, waiting for the moment when we opt to dip our toes into the forbidden and

tioned in the law, it is the nineteenth century

that provides the most compelling evidence of

February 1846 he had been to a very smart house, Mulberry Cottage, well known for its disrepute, and had arrested eleven of the young ladies who resided there. The following Sunday he intended to arrest the master and mistress of the house. On that fateful night, on entering the well-kept establishment on Patriotic Street, he was stabbed by a carving knife in the stomach by the Madame of the house, Marie Le Gendre. Centenier Le Cronier died the next day of internal injuries, and Marie was transported for life to taste the flesh of its fruit. New South Wales, Australia. Jersey has a very rich history of prostitution. In contrast to this incident, around fifty years Although it was in the 1600s that acts pertaining to loose living and ungodliness are first menmany of the island's hotels and small restaurants. And if you were on the lookout for a rent boy you could head towards Westmount and La Collette and find there exactly what you were looking for.

Over the years those dark places of anonymous meetings change as the urban environment evolves, but if you were that man in the mid-1930s then you might have ventured to the vicinity of Sand Street and have found yourself a very accommodating lady companion standing out taking in the night air. Or for something possibly more sophisticated, or at least indoors, you could have become a guest of the 'Striped Monkey' on Cross Street.

later a protection racket being run by the police was uncovered, where officers would escort gentlemen to the many houses of ill fame and would provide security from the penalties of the Things were to change somewhat though when the German army of the Nazi machine invaded and occupied our island on the 2nd July 1940. All those bright-eyed



boys full of excitement and close to exploding with pent up sexual frustration would be giving all kinds of things away to their captives for a taste of genuine Jersey hospitality; and they weren't interested in cream teas and black butter. As a result this 'horizontal trade' involving the frightened, hungry, curious island girls and these handsome, powerful and homesick boys were banned. Sexually transmitted diseases running rampant through the barracks could, if not kept to a minimum, lose the invading force their hold on power. Any soldier needing to be treated for having acquired a 'dose' would have allowances cut, and yet these young men, afraid of what their symptoms would lead to, flocked to be treated.

The answer was to stop all of the illegal prostitution on the island by opening up their own brothels, just as had they had in Paris and the rest of occupied Europe. They brought over their own 'professional ladies' from France and set them up in the quaint hotel 'Le Maison Victor Hugo' under the medical supervision of the German hierarchy. Still syphilis ran wild and specialist clinics had to be set up, including one at the Merton Hotel.

On signing the surrender to the British, the German command on Jersey pledged in the articles of surrender to provide information on the whereabouts of all the brothels on the island and details of all cases of venereal disease

Unlike its big sister the United Kingdom, the laws in Jersey regarding issues of sex and indecency have until relatively recently only been regarded in common law. The charge of keeping the island clean of these dark sins have been that of the Jurats, and is included in their oath. It wasn't until the 1970s that an amendment to statute law made criminal acts of the procurement of workers for female prostitution. Laws pertaining to the living from immoral earnings do not seem to be included in the law here as they are in the UK. It is interesting to find that acts of indecency between men in public, which would cover rent boys plying their trade out in the open, as well as incest and bestiality are still not provided for in statute law but are made illegal through custom within the bounds of common law.

The answer was to stop all of the illegal prostitution on the island by opening up their own brothels, just as had they had in Paris and the rest of occupied Europe.

And how about now; today? Surely it is all gone now; all fallen into the sea and swept out like a faded embarrassment of what once was. It is true there is no obvious and documented organised sex trade here, and with the laws here being quite vague in this area, other than odd isolated individual cases there haven't been any prosecutions, no red light zones cleaned up and no brothels closed down. It is true also though that Jersey has a very real, and miserably hidden heroin problem. Heroin addiction makes it very difficult to hold a 'proper' job, and as state benefits are not high enough in value to afford a com-

fortable existence, a way to supplement income must be found. This hunting for extra cash almost always means criminal pursuits of some kind, generally various forms of theft. Everywhere else in the world prostitution would also be an attractive option, so there is no reason to think that it is not the case here as well.

In 2006 the states police were issued with investigating rumours, which have still never been corroborated, that men frequenting a certain bar in the centre of St Helier were being propositioned by some very friendly young ladies of eastern European origin. The unverified stories continue with the new friends leaving the pub

with some night-time naughtiness in mind, only for the male to find himself the subject of another proposition, and this time by some rather large and frightening men intent on extorting the money from his wallet in payment for 'services rendered'

I believe the police looked for evidence in the stories by sensitively questioning known consumers of 'personal services', but as yet have been unable to make these tales into anything stronger than gossip.

Such is the phantom-like existence of prostitution on the island. Nothing is concrete, all is conjecture. Rumours and hearsay murmur scandal, but only those in the know hold the keys to the secrets they guard, and they are reluctant to give them up.

If I were to want to indulge myself in a rendezvous with a young woman or a young man, and had it in my mind to offer a little monetary remuneration for my gratification, how could I find out where I should hang about to satisfy my needs?

I don't know. It is well hidden here, so well in fact that at first thought it seems difficult to imagine anyone being able to make a living from it.

I could wander where the whispers draw me of course. I could take a walk around the area of Minden Place and hope to find the brothel there that I have heard mention of, but whether I would find the portal into this wonderland without a guide is questionable.

Or I could promenade the coastal road at

Havre Des Pas in search of rent boys; but would they be there to receive me on cold and windy nights in February or are they only a seasonal attraction? Are they really rent boys at all, or are they just innocent young men also out for a stroll by the sea?

We all feel better choosing not to see the symptoms of degeneracy in society, viewing only a portion of the world we live in. Untroubled. Unaffected. Disconnected. However, if we were to give up this pretence and accept the reality of the human condition we could have a small sex industry that is regulated, free from disease, and kept safe from violence and drug abuse and alcohol misuse. Sex workers could possess rights in their employment as in all other professions, and they too could pay income tax and social security, making them useful and respected members of our society. Prostitution is an ever perpetuating cycle of supply and demand; while ever there are citizens who want to pay for sex, there will be prostitutes; and while there are men and women willing to sell sexual services, there will be clients eagerly queuing up, cash in hand, to buy a piece of the thrill.

Illustration: Ashley Le Quere

rant

is for...

words: Mean Kitten

■ verywhere I go at the moment I'm confronted by big red hearts-and it's not because I'm a cardiac surgeon. No, it's because we're fast approaching St Valentine's Daythe patron saint of restaurants and flower shops everywhere. Soon, most men will be guilted into scurrying around paying out extortionate sums of money for bunches of red roses and the type of lingerie that only looks good on drag acts.

So yes, Valentine's Day does make me quiver, but not with pleasure or anticipation. And it's not because I was cruelly shunned by the objects of my affection either (well not all the time). Nor was I one of those wild-eyed crazies who sent themselves flowers and cards to the office to try and con the rest of us that they had some kind of 'relationship' going (yeah,try imaginary). No, red hearts and flowers are a painful reminder to me that one Valentine's Day long ago, I allowed myself to be talked into a blind date with a workmate's brother. I say blind, but although I had never met the guy, I'd seen him in photos and he looked reasonably attractive. My friend Alison assured me that he was also very funny, intelligent chatty and friendly. In her words he was 'just perfect' for me. Alison lied. Her brother, Jonathan, had just broken up with his girlfriend, and was, if not exactly suicidal, far removed from the hilarious funster I had been led to expect.

That night, there were four of us crammed round the smallest restaurant table in London; Alison and her fiancé, (a monosyllabic dullard with not even one interesting thought rattling around his big empty head), me and Mr Glum. Embarrassingly for me, every time a

waiter had to squeeze past our table. my knees were almost massaging his genitals. Not quite the introduction I'd been aiming for, but it was the only thing he didn't complain about all evening. All around us the walls were festooned with big feather-trimmed hearts and plastic roses, and vomit-inducing love songs were oozing out of an ancient stereo. How could love fail to blossom in such a magical setting?

I was relieved at first to see that he had no alphabetical issues with drinking, so maybe it was all just automatically classed under 'a' for alcohol.

It wasn't until she'd dragged me to to the loo that Alison said she felt that she should mention Jonathan's 'problem' with food. I thought she was going to say he was allergic to shellfish, or God forbid, a vegan. But no. It turned out that he could only eat any food on his plate in alphabetical order! What? Apparently, he'd had this little idiosyncrasy since he was a child and unbelievably (to me) nobody had thought to beat it out of him. Anyway, it would be appreciated if I didn't comment on the way he rearranged and ate his meal. Had his parents force-fed him too much Alphabet Spaghetti? Who knows, by this stage I was already looking for the fire escape.

When the waiter came to take our food order I actually had to clamp my hands over my ears like a hyperactive 5 year old high on E numbers, so that I didn't laugh like a hyena over his menu choices. I was relieved at first to see that he had no alphabetical issues with drinking, so maybe it was all just automatically classed under 'a' for alcohol. He certainly grew more talkative, which was unfortunate because he

was one of the dreariest people I'd ever encountered. All he whined on about was his ex-girlfriend, who in my opinion was probably sat at home with a magnum of champagne toasting her own lucky escape. So I could only amuse myself by watching him push piles of food around his plate. He separated everything into neat little groups arranged like the numbers on a clock face, and chowed his way through it in strict alphabetical order, to the accompaniment of LeAnn Rimes squawking 'How Do I Live' in the background. How indeed.

The alcohol had evidently loosened more than his tongue. As he helped himself to more booze, he pushed the table out, flung his leg up onto my lap and asked me to push up his trouser- leg. He'd rashly decided he 'liked' me (possibly he'd been misled by my unintentional massages) and wanted my opinion on the scars from the metal pins he'd had inserted into his leg following a gruesome motorbike accident a few years previously. Jesus help me, I was torn between wanting to stick a fork in his eye and opening my own jugular. When he briefly left the table, Alison leaned across and confidentially informed me that 'Sandwiches are a minefield for him'. But I'd had enough of them all by now so I told her 'No, a minefield might horribly maim or kill you - what he's frightened of is biting through a slice of cheese and ham at the same time!' I think my lack of sympathy killed stone dead any plans she may have had for a double wedding right there and then.

Of course all this happened some years ago, but I can still hear her silly voice in my head emphasising that her freaky brother was 'just perfect' for me. So what the hell was it about me that made her think that? I'm still hoping it was just desperation and that she was trying to take advantage of my caring, giving nature... Grrrr....I still hate them!

born of frustration.

annoying us this month are.... Cellophane people

The person that just shakes my hand because I can't remember their name... How are you that forgettable that as soon as you utter your name, I have no idea what you just said? You annoy me because you always remember my horribly difficult name and I am forced to call you "buddy", "chief", "bro", "tiger", "dog", "ace", "homey", "man", "dude" for far too long or until I can eventually call over someone whose name I know just so they can introduce themselves to you.

Conversation Starter

The King of Hearts is the only king without a moustache in a pack of standard pack of playing cards.

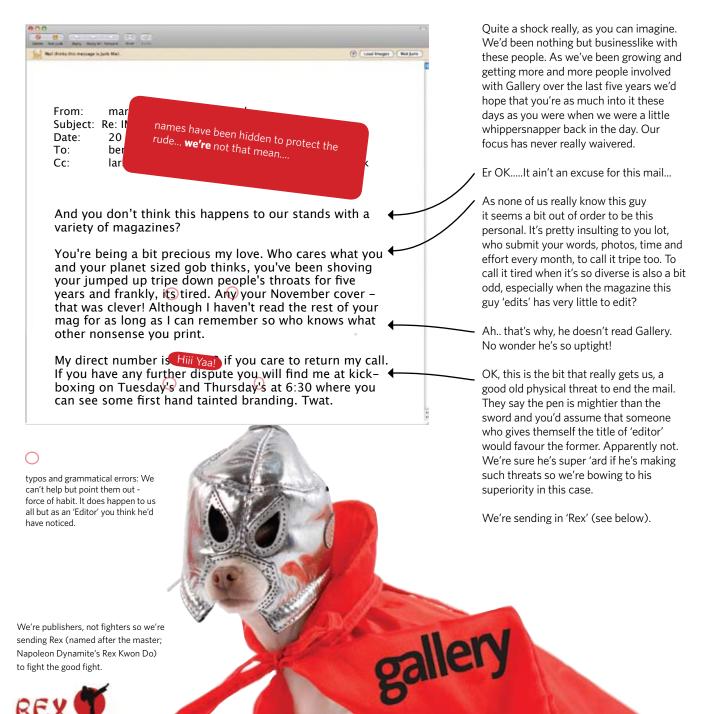


SeeingRed?

"BOW TO YOUR SENSE!"

As Rex Kwon Do would say; 'You think anyone wants a roundhouse kick to the face while I'm wearing this badass costume? **Forget about it'.**

It's amazing what some people think passes as professionalism these days. We're a pretty placid lot at Gallery so when we made a few polite calls to a new Jersey magazine to refrain from filling our lovely stands with their lesser quality (sorry, but it's true) magazine we were pretty aghast to receive this mail back. So much so that we thought we'd share it with you and see what you think...



The Corld Post

Robbers blow away the competition

Darwin Awards: winners revealed

Two bank robbers have been declared winners of the 2009 Darwin Awards after they blew themselves up by using too much explosives while trying to crack open a cash machine. Wendy Northcutt, the founder of the annual awards, declared them the 2009 winners of the Darwin Awards, given to those "doing the most to improve the human gene pool by removing themselves from it".

The bank robbers just edged ahead of their main rival Shawn Motero who was stuck in a traffic in Florida when he needed to answer a call of nature. He got out of the car before jumping over a concrete wall to find a more secluded spot. Unfortunately,



a considerable withdrawal

the 30-year-old had not realised he was on a bridge, and fell 65 feet to his death. Award organisers said it proved you should "look before you leak".

In third place was the first ever woman to be nominated for the award. Rosanne Tippett drove her moped into a flooded river, despite the warning signs. She was rescued by police, but died after jumping back into the river in an attempt to recover the twowheeler.



to celebrate her 67th birthday, but wanted to do something unique.

"Someone said 'Do something you're good at', so I made a card with my 'pen'," he said. "I've just run out of stuff to do for her birthday."

Mr Kleis said it took about three hours and four loads of liquid manure to create the message. "I was going to put a heart out there after the happy birthday, but I ran out of manure," he said.

Burglar 'fried chicken and had a haircut'



short back and sides... and your jewellery Jose Nicolas DeGracia, 27, of Easton, Pennsylvania, is charged with burglary, criminal trespass, theft and criminal mischief, reports the Morning Call. Householder Grace Knaus called police after arriving home just after 5pm to find a man she had never seen before sitting at her kitchen table. Police say the man appeared to have visited every room in the house, going through dresser drawers and cupboards. Family photos had all been laid face down on their shelves. Police found cans of empty and partially consumed beer throughout the house and said some chicken had been fried in the kitchen. The intruder had even taken a shower, cut his hair with some clippers and dressed himself in clothes and boots belonging to Ms Knaus's grandson.



Blood bank offers beer for blood

A US blood bank is offering beer in exchange for blood to try to encourage more people to donate. Donors, who have to be over 21, are given a coupon entitling them to the free pint when they donate blood through the 'Give blood, get beer'

scheme. The blood centre says that the scheme has worked so well that it is being expanded. The coupon can be redeemed at a number of local pubs and restaurants - although, in the interests of health, they have to wait at least four hours after the donation has taken place before they can give the person their beer.

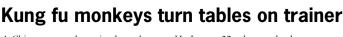
Health club warns aliens will eat 'fatties' first

One of Britain's biggest health clubs has been criticised for putting up a sign warning "fatties" they would be eaten first by aliens.. The sign, which features a green alien, read: "Advance health warning! When the aliens come, they will eat the fatties first. It then goes on to urge people to take up a special offer to join the health club and spa. But it prompted an angry reaction from some people in the local community,

with residents saying it is offensive to those struggling with their weight. Health club manager Jason Eaton said: "The alien campaign has been developed as a tongue in cheek look at the fact that people, generally, over the Christmas period do put on a little weight. "We do not intend to cause any offence to anyone."

Say it with manure

An Iowa farmer has given his wife her 'crappiest' ever birthday present. Dick Kleis used a manure spreader to spell out "HAP B DAY LUV U" in a field visible from the living room of the couple's home. Wife Carole was surprisingly happy with the gift of more than 50 tonnes of dung, reports the local Telegraph Herald. "He's done weird things before for birthdays," she said. "But maybe not this weird." Mr Kleis did also take his wife out for dinner and a movie





'I said get me bananas goddammitt.'

A Chinese man who trained monkeys martial arts to entertain shoppers was shocked when they turned the tables on him. One quick-thinking monkey saw his chance when Lo slipped - and caught him with a perfect flying kung fu kick to the head. The rest then joined in the affray.

Hu Luang, 32, who caught the incident on camera, said: "I saw one punch him in the eye - he grabbed another by the ear and it responded by grabbing his nose."

"They were leaping and jumping all over the place - it was better than a Bruce Lee film."

At one point the monkey trainer grabbed a staff to hit the monkeys, only to find himself facing a stickbrandishing monkey that cracked him over the head. Lo only managed to get the monkeys under control by tangling them up in the rope that had been used to stop them running off.

"QUOTED"

Gallery presents some motivating quotes from some of history's men of note.

WHEN IN DOUBT WEAR

Bill Blass

以其间

"A careful driver is one who honks his horn when he goes through a light."

Henry Morgan

"Roses are RED, violets are blue, I'm schizophrenic, and so am I."

Oscar Levant

"The 'not-giving-a-fuck' meter is as far into the red-zone as ever before." Lars Ulrich

REI) sky at night, sailors delight; **REI)** sky at morning, sailors warning

"HE DID NOT WEAR HIS **SCARLET** COAT, FOR **BLOOD AND WINE** ARE **RED**, AND **BLOOD AND WINE** WERE ON HIS HANDS WHEN THEY FOUND HIM WITH THE DEAD, THE POOR DEAD WOMAN WHOM HE LOVED, AND MURDERED IN HER BED"

OSCAR WILDE

"THE ROSE IS A FLOWER
OF LOVE. THE WORLD HAS
ACCLAIMED IT FOR CENTURIES.
PINK ROSES ARE FOR LOVE
HOPEFUL AND EXPECTANT.
WHITE ROSES ARE FOR LOVE
DEAD OR FORSAKEN, BUT THE
RED ROSES, AH THE RED ROSES
ARE FOR LOVE TRIUMPHANT."

"An optimist is
a person who
sees a green light
everywhere, while a
pessimist sees only
the RED
stoplight... The
truly wise person is
colorblind."

Albert Schweitzer

Beauty, to me, is about being comfortable in your own skin.

That, or a kick-ass

red lipstick.

Gwyneth Paltrow

'Make a remark,' said
the Queen;
'it's ridiculous to leave
all the conversation to
the pudding!'
Lewis Carroll

gallery Jersey's STYLE MAGAZINE

me&mypet



Breed:

Lisa Jersey

Mimi Seal Point Birman

Lisa 30

Mimi 7 months

Likes:

Lisa Sunshine

Mimi Lots of cuddles and Philadelphia cheese

Lisa Brussels sprouts Mimi Santa suits

If you could be any human or animal:

Lisa A tiger or a leopard

Mimi Ninja Street Fighter or Bond Girl

Wants:

Lisa Anything chocolate

Mimi To never be dressed in a Santa suit again

Fascinating facts:

Lisa Cats make over 100 different vocal sounds

Mimi My ancestors originate from Burma

Most impressive thing ever done: Lisa Skydived from 10,000 ft

Mimi Ate a whole tray of sushi



The China Trek & Tiger Challenge!

A fantastic way to support Durrell

Durrell is offering you the opportunity to take part in two exciting overseas challenges in 2011! These inspirational expeditions will be a once in a lifetime experience encountering the most spectacular sites, landscapes and wildlife along the way. Whether your aim is to do something different, get fit or simply visit new places and make new friends, you can achieve all of the above while helping Durrell raise much needed funds to allow it to continue in its mission, to save species from extinction.

There are two trips for you to choose from: The Tiger Challenge (minimum sponsorship £2575 + £395 deposit to pay) is a mountain biking challenge which takes place in Rajasthan, India in February 2011 and The Great Wall of China Trek (minimum sponsorship £2650 + £295 deposit), taking place in May 2011.

Durrell is working in conjunction with Charity Challenge, a reputable overseas challenge company who employ thoroughly trained local guides in order for challenge costs to truly benefit the community. In keeping with the company's responsible tourism policy, both trips are based on a maximum number of 30 people and so are not invasive to the local communities. For every participant taking part in an overseas challenge, Charity Challenge offset the emissions of their international flights. Durrell will support you every step of the way to help you reach your fundraising target, as well as organising training days in preparation for the big trip. Sign-up today and set yourself a challenge like no other for 2011!

For more details and a full itinerary, please visit Durrell's website, www.durrell.org.





Gallery Cracks Animal Myth no.4.

Piranhas will strip a cow to the bone in under a minute

Why You Know This "Fact":

hen it comes to dead Americans, we're big fans for Teddy Roosevelt; without a doubt one of the most awesome people ever to live. Basically, any factoid about Teddy's life contains enough testosterone to kill an ox, and this is no different.

The year was 1913, and Teddy was touring the Brazilian Amazon. At this point, his reputation for badassery had become globally recognized, and the Brazilians realized that to impress someone like Roosevelt, they had to step it up a notch and show him something incredible. So before he came, they roped off a small lake and tossed a couple hundred piranhas in without any food; by the time Teddy arrived, the fish were starving and completely crazv.

When the guides lowered in a juicy cow, the piranhas went after it like tiny guided missiles and reduced it to bones in a little less than 60 seconds. Teddy was quite impressed, and wrote about the ferocity in his 1914 book Through The Brazilian Wilderness, which is how everyone else learned about it (when Teddy Roosevelt tells you something, you pay attention.)

We like to imagine that as soon as Teddy returned to the US, he started breeding his own piranhas in an attempt to finally find an animal that could stand up to him in a fight. Like all other such attempts, this was doomed to failure from the start.

Plenty of cartoons and short stories took Roosevelt's report and ran with it, portraying any body of water rumored to have piranhas as a cross between a hot tub and a garbage disposal. Dip your toe in, on come the boiling piranha jacuzzi jets, and off comes everything but bone. Hollywood picked this myth up in 1978 and created Piranha and Piranha 2, which [SPOILER ALERT] outfitted the piranhas with wings!

Why It's Not True:

Piranhas are really freaking good at eating, there's no question about that. In a large school, they specialize in efficiently organized group-eating that utilizes a system of constant rotation. They're also very fast eaters but, even with all of that in mind, they're still very small, and they still dine almost exclusively on other fish. (For a fish, growing dependent on eager-to-impress Brazilians lowering cows into your home isn't the most reliable dietary plan.)



Yes, despite their fearsome faces, piranhas are just scavengers and most of which are vegetarian. If you're wondering, technically, in cases of extreme drought, schools of piranhas can turn into those swarms of pointy teeth we've all heard about. But (and this is a big but) every animal faced with starvation will do the same thing. In Roosevelt's case, the group of piranhas was much larger than an average school and the Brazilians intentionally starved them.

Also, like all animals, piranhas are inherently predisposed to want to impress Roosevelt. You may act all above piranhas, but if Teddy Roosevelt walked into your house, you'd eat a live cow too if you thought it might make the big guy smile.

On Valentines Day get NAUGHTY!





Naughty Cookie and Muffin baskets are the ideal gift this Valentines. Send your personal message to loved ones in a unique and creative way.

All baskets are freshly baked to order, and come gift wrapped complete with a Valentines gift card. All baskets are available in a variety of sizes.

Delivery is available on Sunday 14th February order online at www.naughtymonkeys.co.uk or give us a call!!



Telephone: 01534 726410 6-mail: sales@naughtymonKeys.co.uK Website: www.naughtymonKeys.co.uK

The Sale Shopper

Habitat: Raking through the 70% off rail, ready to pounce when she sees a bargain. **Signature Behaviour:** Queuing outside Next at 5am, elbows bristling, ready to barge through the doors first. **Distinctive Markings:** An armful of carrier bags and a pair of sharp elbows. **Natural Enemies:** Other sale shoppers

Mating Call: "I saw it first!"

Becky can't help the fact her pulse quickens when she sees a red sale sign. She's spent all of December trying to find the perfect gift for everyone else, and finally the January sales are all about her. So what if it brings out the sales fiend in her...

The truth is that Becky's spent all year cutting back, and now she's not going to let that fat woman in front of her in Dune grab the last pair of leopard-print heels. So she fights her way to the front using all the tricks she's learned from years of bargain-hunting. And Becky takes the hunting bit literally. First there's the retail recon. Spending the last few weeks of December scouring the shops planning all her purchases. When she finds something she likes, Becky tucks the one in her size right at the back of the rail, or double-hangers it under a

size 20 so it won't disappear before the mark-down. Then on sale day, she has to make sure she's at the front of the queue, ready to barge through the doors 'hard, fast and strong', regardless of how many skinny sales assistants she sends flying. Sale rails are there to be ravaged, sharp elbows keeping rival shoppers at bay, and when she's found her bargain... she pounces - grabbing, tearing, snatching, hair-pulling, anything to make sure she gets her hands on it first. And if someone's got there first, they'll suffer the same fate as the woman who got to that fake fur gilet first in Warehouse last year. Becky accidentally-on-purpose stood on her foot - hard - and while the poor woman was hopping about in agony, Becky swiped the gilet and made a run for the cash till.

And if you were stuck in the consumer catastrophe when the tills went down at New Look on the 27th December, the truth was it had nothing to do with the fact there were long sales queues as the poor frazzled assistants tried to tell you. It was all because Becky

was commando-style crawling behind the rails trying to get to that sequined shrug she'd hidden ten hangers back.

Sales signs are like a red flag to the bargain hunter, and Becky absolves her guilt at all her spending by reasoning that actually, the more she buys the better. After all, carrier bags make great weapons - especially the ones with sharp, reinforced corners, and she's heading into Accessorize next so she'd better be ready. There's something about the atmosphere of the sales, especially in the hangoverfuelled frenzy of the first few days after Christmas, that turns everything into a blur, and before she knows it, Becky's home, with her credit card as battered and bruised as her ankles. As she unpacks her purchases, she'll discover that the cushions she bought don't quite match the living room décor, and the skirt she fought for has a weird ruffle at the back that makes her bottom look huge. And she's forgotten she already has a juicer that she bought in the last January sales, and it's still in the cupboard in its packaging. Maybe next year she'll stick to online shopping.



Editor's Disclaimer: The characters, incidents and names portrayed in this article are entirely fictitious, and any similarity to the name, character and history of any person, living or dead, is entirely coincidental. Some of the characters may have certain traits and/or mannerisms that may seem to suggest actual persons you know or have seen down the pub, but Gallery Magazine makes no claims that these traits exist at all or in this combination in any actual person.



The ultimate yummy mummy?

If you have a child then you have surely heard of Annabel Karmel MBE. We are delighted to announce that this queen of everything yummy for your baby's tummy is coming to Jersey!

Leading expert and bestselling author of over 20 books on baby and children's food and nutrition, Annabel Karmel MBE will be giving weaning advice followed by question and answer sessions and book signings on both days at The BabyBarn Family Show 2010.

We LOVE her and can't wait to quiz her with our foodie questions.



for everything 'baby' in Jersey

It may still be chilly out there but we have some 'red' hot news in the world of babies and children!

www.littlelunalu.com

How gorgeous is this? Check out the site when you can and the ultra cool camouflage stroller covers.



Stuck in a rut?

Do you keep finding yourself going to the same places and doing the same old activities with your babies? Why don't you take a look at the listings of parent and toddler groups that the Jersey Child Care Trust has online at **www.jcct.org.je.** There are lots of great groups regularly meeting across the island that are not only fun for the kids to attend but also a great way for mums and dads to meet new friends.

Shop till you drop!

With warmer weather just around the corner (we hope!) we can't wait to start buying our little ones some cute new clothes. This month both AxleJr @Voisins and a new 'baby' shop in AxleJr, at the top of Queen Street with a dedicated Mamas & Papas floor, will be opening and we will definitely be queuing up to see what's in store.



Red in the face?

If you are seeing a little festive bulge in places that you want to be svelte again there are some great ways of getting fitter and toning up this spring. Why not join a BuggyFit class with Emma Rondel - www.buggyfit.co.uk or take up some Yummy Mummy Yoga poses with Emma Colston-Weeks; www.yoga4u.org.uk

a big date for the diary!



Plans are now well underway for The BabyBarn Family Show 2010, taking place at the RJA in Trinity on Saturday 8th and Sunday 9th May

Our big Family Show will be informative as well as indulgent with unique goods and services on display from Jersey and UK companies, including birth options, education, fashion, latest trends, entertainment, nutrition and education.

With dedicated fun zones, stage presentations, Café and a charity 'seconds' Sale where you can pick up gorgeous, pre-owned clothes and toys, The BabyBarn Family Show 2010 has something to keep everyone entertained over the entire weekend.

So if you're a parent, mum-to-be, grandparent, childminder, little one or slightly bigger one pop the 8th & 9th May in your calendar now for this event which cannot be missed!

Visit www.babybarn.je/show for more details and sign up to the BB newsletters to keep up-to-date with the latest Show news.



Could your little one be The Face of BabyBarn 2010?

Everyone knows that their little darling is gorgeous and thanks to BabyBarn, you now have the chance to prove it! BabyBarn has partnered with Christian Keenan of CKP Lifestyle to find The Face of BabyBarn 2010. Christian's unique relaxed photographic style results in truly beautiful images and provides the perfect partnership to find The Face of BabyBarn. Christian and his talented team are

offering up to 60 lucky hopefuls a free photo shoot during the week commencing 5th April 2010 at dedicated time slots. All sessions will be shot at a location of the parents' choice – in their home, garden or favourite island spot. Once completed the photos will be available for entrants to view via a private online gallery. You will then simply select your favourite pic and enter it to become 'The Face of BabyBarn 2010'. What's more you'll also receive a 12 x 8 inch unframed copy of your chosen photograph. A panel of three

independent judges will then have the tricky task of whittling the entrants down to just 12 favourites who will be

announced, along with the winner, by Annabel Karmel MBE at The BabyBarn Family Show 2010 on the weekend of 8th and 9th May 2010.

Visit 'The Face of' section on www. babybarn.je/show to find out more.



It's Alive!

arning - the following article contains nudity, swearing and numerous references to bodily fluids. If you are under the age of 18 (or are under 18 but already a parent, in which case congratulations for being able to read at all), then you might not want to read on unless an adult is present.

Last year, I sent a simple yet utterly awesome text message to my friends. It read:

"Lady X pregnant.

Holy Sh*t.

Repeat: Holy Sh*t."

We had made the discovery (with typical good timing) en route to a wine-tasting holiday in Bordeaux. Lady X had woken up following an overnight rest stop feeling slightly funny, and had sneaked out to purchase a pregnancy test from the nearest pharmacie. Despite having taken four years to come to terms with "Une bouteille d'eau plate, s'il vous plait", she was somehow able using the international language of exaggerated girly gestures to acquire a box of little stick things after only half an hour of frantic waving.

Making her way delicately back into the room past a gently snoring and completely-unaware-of-impending-doom husband, she soon discovered that both the instructions

and the result of the test consisted of one word: "Oui". I was then woken up to the sight of a delighted Lady X hopping up and down with delight while shaking the (still dripping) test in my face.

Shamefully, my first thoughts were: "Damn you, karma" as I had only recently written columns on the horror of ginger children and the stupidity of many parents and was convinced that an angry cosmos was about to provide me with the most violent and ginger offspring in history. I immediately resolved to realign my karmic balance and spent the next months doing good deeds including preventing a terrorist attack on America and saving many innocent villagers in Africa from the ravages of a civil war (at least I'm fairly sure that's what I did - unless my sleep-deprived brain has once again failed to distinguish between i) reality and ii) the latest adventures of my alter-ego Jack Bauer). Of course, this didn't stop me on doing the gentlemanly thing and insisting that Lady X take over the driving duties for the remainder of the holiday as it would have been a terrible shame to waste all those pre-paid vineyard tours filled with delicious, delicious wine.

Anyway, several months later a thankfully blond-haired Baby X has arrived and you will shortly be required to join in with the rest of the population of Jersey in swearing allegiance to your new and diminutive overlord. If you fail to comply, it will be at your own risk: he has already mastered the dark arts of projective vomiting and – more

impressively – projectile pooing and take it from me, once he has decided to use these evil powers your curtains may never be the same again.

More disturbingly, he is also progressing his understanding of the human psyche such that not only are his victims forced to obey his every wish, but also being screamed at repeatedly seemingly makes them more frantic in their desire to please him. He has also declared war on the sort of awful baby clothing that says things like "My Grandmother has no originality" and "If you think I'm ugly, you should avoid my parents at all costs", instead preferring to adopt a basic wardrobe of simple vests tastefully dotted with little cars and diggers (which symbolise his understanding of the importance of transport and infrastructure to any good dictator).

He communicates using the aforementioned screams and a selection of cute little mogwai noises, which, combined with his distaste for bright light and water, has made us extremely reluctant to feed him after midnight. He has also filled an astonishing number of nappies with a substance that I have been desperately trying to keep hidden from any passing United Nations WMD inspectors (although the government of Iran has recently shown an interest in helping me "dispose" of them). The future is clearly his, and if you don't jump on the bandwagon now, you and everyone you love may meet with a series of unfortunate accidents. All hail Baby X!

Conversation Starter

In Empire, California, some 400 copies of Little Red Riding Hood are locked away in a storage room of the public school district because the classic Grimm's fairy tale recounts that the little girl took a bottle of wine to her grandmother.







Jersey's **freshest** eating guide.

eating guide | online guide | festivals | cross media promotions

A bit like other Jersey food publications, but made with better ingredients.

out later this month

a **gallery** publication

www.appetiteguides.com

DALLEN IERSEV'S STYLE MAGAZINE

The Perfect Match

partner and with Valentine's Day just around the corner, the big question is just waiting to be popped. But have you thought about the perfect wedding venue?

Many brides already have an idea of where they would like the ceremony and reception to take place, even before the proposal. However, a growing guest list, time of year and expanding budgets often mean the first choice has to be re-thought and in Jersey it's often too much choice of wedding venues rather than a lack of that makes for difficult decisions.

To help with the decision making, the Dolan Hotel group offer three superb and contrasting solutions to finding that venue. All three of the Dolan Hotels are located on the south west coast of the island and each offers superb and uninterrupted views from their restaurants.

For 4 star luxury with views over the yachting harbour of St Aubin's the Somerville Hotel offers wedding lunches all year round and evening functions available off season. If a relaxed lunch right on the beach is more your style, the Golden Sands Hotel, in St Brelade's Bay would be an ideal choice. Whereas for a summer, all day event with dancing as the sun sets over St Aubin's Bay, the Hotel Cristina doesn't fail to impress with its floor to ceiling windows offering spectacular views.

Both the Somerville and Cristina Hotels are also licensed for wedding ceremonies, so the entire wedding day can be spent in one location.





Jetskiing - what a great way to start married life!

top tips

Work out how many people are attending your wedding, not forgetting to take into consideration extra evening guests. This will eliminate certain venues that are too big or too small.

What type of wedding service are you having - a church or civil? If it's civil, do you want the ceremony at the same venue as the reception or separate?

Visit all venues on your shortlist- even if you fall in love with the first one that you visit, their may be others that are just as nice but more practical for your needs.

Below are five top tips from the Somerville Hotel's Wedding Coordinator on how to find your perfect venue:

Take a notepad, pen and camera to each show round. Photograph anything which makes the venue stand out as well as anything that may be a problem. These will help, alongside your notes, when you come to compare venues once your home.

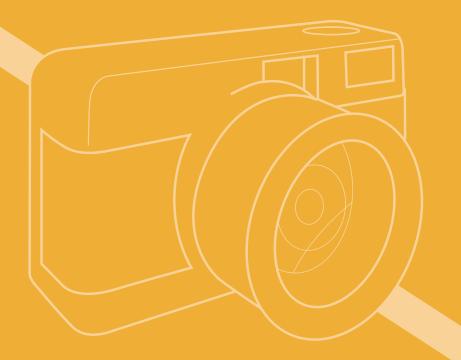
Take a menu and drinks pack from each venue for a guideline price. If you find a venue that's out of your budget, ask if they can cater to it. Out of the summer season some venues maybe willing to do this (within reason!)



If you would more information on the above hotels please contact the following numbers:

Somerville Hotel: **741226** | Hotel Cristina: **758024** | Golden Sands Hotel: **741241** Or Visit: www.dolanhotels.com/weddings

EVENTS







If you would like a professional photographer to cover your event or party, get in touch.

Gallery's paparazzi can attend your event, provide you with all images on CD for your use and also promote your event online

and in Gallery, all for £195.

Call Ceri on 811100 or email

paparazzi@gallerymagazine.co.uk





The Standard Bank Christmas Party Jersey Potteries: 04/12/09





This year's fancy dress theme was 'Pirates', $with over 160 staff members \, getting \, on \, board$ and into character. Prizes for the best fancy dress costumes were awarded throughout





the evening. With best costumes going to Linda Adeler (the treasure map) for Best Female, Anthony Blackman (Jack Sparrow) for Best Male, Finance for Best Group and





Peter Rondel (Tinkerbelle) for Funniest Costume. It was a fun and fantastic evening as the pictures show ... oooh arrrr.

The Acorn Christmas Party The Royal Yacht: 17/12/09







.com were joined by more than 700 guests t their annual Christmas drinks held on hursday 17th December 2009, which roved to be the perfect start to the festive





break. Acorn Directors Andrew Schaffer, David Tupper, Richard Harrop and Steve Ryan joined professional intermediaries, associates and staff to celebrate another





successful year. The Royal Yacht's Drift Bar was packed from 5.30pm with everyone enjoying the hospitality the Acorn Way till late that evening.

paparazzi@gallerymagazine.co.uk



Opening: Bento Sushi 07/01/10

























farmed to within an inch of its life. Crab and avocado urumaki which tastes of crab and

avocado, not some indecipherable mush which needs to be doused in soy sauce for

flavour (you often have to do this in sushi

chains in the UK). And the salmon and tuna

maki, which come out like little black bullets

Bentosushi will quieten cynics who thought

The owner of Bento Sushi, young entrepreneur Phil Wood, has done his homework.

a conveyer belt, you don't feel as selfconscious as you might when walking into a restaurant and asking for a table for one.

When my friends and I walked into the restaurant on the corner of Commercial and Conway Streets, we could have been in London or New York or Sydney, or anywhere in the world that takes its sushi seriously.

Speed's another factor. A constant stream of dishes pumped out from the kitchen via the conveyor belt means customers can start eating immediately. There's no faffing around waiting for your order to be taken and delivered.

Jersey couldn't produce a really authentic sushi restaurant. It looks like 2010 will be the night, but the year of sashimi and saki for islanders.

of fresh, fishy goodness.

Firstly, the layout is small and slick. You immediately feel confident you'll get good service and that you won't have to shout to any dining partners. The set-up's also ideal for people who want to dine alone. As there are twenty eight seats placed around

And then there's the food. There was just a small selection as it was launch night, but what we tried, we really, really liked. Fresh salmon nigiri without the telltale white lines of fat which scream the poor fish was factory



Conversation Starter The Egyptians considered themselves the red race and applied red dve for emphasis.



Barclays Wealth Community Awards Pomme d'Or Hotel















The Barclays Wealth Community Awards were held at the beginning of December in the Pommed'Or Hotel. The evening provided a real surprise as the winning organisations discovered they would receive more money

than had initially been planned. The judges felt the projects were so deserving that they unexpectedly increased the funding from £25,000 to £38,000.

Grace Trust, Jersey Cheshire Home, Women's Headway, Jersey Refuge and Brighter Futures beat a total of 53 organisations to win the awards.

The Standard Bank Annual 10 Pin Bowling Competition: 12/11/09













Seventeen client firms took part this year. Hosted at Jersey Bowl, each firm supplied a team of five players which incorporated a Standard Bank member - which in some cases proved to be more of a hindrance

than a help! This year's winning team was from Osiris Trust (Bernard Le Claire, Jeremy Gogan, Richard O'Connor, Jason Harris and Angela Davies) who were partnered with Standard Bank's Claire Reid, bowling

a magnificent total of 1464 points. There were also individual prizes for the top man and top lady and these went to Ian Vieira and Angela Davies.

paparazzi@gallerymagazine.co.uk



Our Valentine's Packages cater for the perfect romantic stay

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- · Romantic nibble selection
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- · Valentine's Dinner menu for two

Package Two

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- Selection of "Chick Flicks"
- Pamper Kit including eye masks and face packs
- · Selection of nibbles
- . Use of the luxury spa facilities

Available all year round, you can have a 'Girls' Night In' any time!

£100 per person (based on two sharing)

To book either package please call 01534 720511 or email reception@theroyalyacht.com



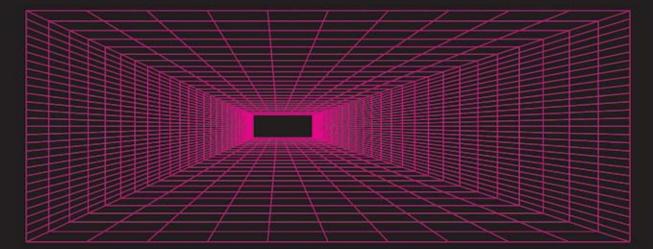




The Royal Yacht-Weighbridge St Helier JE2 3NF T, 01534 720511 E. reception@theroyalyacht.com www.theroyalyacht.com

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People of Uganda Sir John Cheshire Gallery: 18/01/2010













Robert Allen's exhibition preview for 'People of Uganda'. Whilst visiting Uganda on a Jersey Overseas Aid project, Robert sketched the inspiring people that he met. On display are beautiful drawings of the Ugandan children he met at the school, as well as the friends he made whilst working on the Mwangi farm. Robert will be donating two thirds of any sales made back into the next overseas project and the Education Fund for Luweeran Orphans. Make sure you visit the exhibition and support the cause. The exhibtion is on until the 27th at the Sir John Cheshire Gallery, next to St. Thomas' Church. Private viewing is on the Monday. Anybody is invited.

Red Dot Sale The Grand Hotel: 26/11/09













Images of the artists setting up and on the night of the Red Dot Sale, where people had the opportunity to meet local artists and buy an original piece of contemporary artwork. The event was put together by the Red Dot group, who invited 10 other artists to take part and exhibit their work, including a great mix of both well known and up and coming local artists. The work on display was diverse - from painting and drawing to sculpture, ceramics and illustration; each

artist working with their own individual themes and influences, making this an interesting and exciting event. On stage was a new band called The Mulburys playing an acoustic set. The room was mobbed and with good art and good music the buzz in the room was electric. The night was a real success and certaintly won't be the last event for the Red Dot group. This event being a success has only spurred us on to do more and we hope will inspire other

artists to be pro-active and to keep positive about their practice. There was real sense of community amongst the artists involved with everyone helping out and having fun as a group, which was really great to be part of. Being an artist can be rather lonely and it's great to be involved in group projects like this where you begin to feel part of something bigger.

CULTURE





MERCUNDE BLITT Y BERT LE WILL BIND HER HER HER HER HER LE HER LE

Based at the Harbour Gallery and around St Aubin's. Exhibitions, Gala Dinner, Talks, Events, Silent auction and Workshops led by top UK tutors. Free entry to the gallery and exhibitions For further information see our website www.mnlg.com/artinthe frame or contact The Harbour Gallery on 01534 743044, Art in the Frame 01534 853395 or email: artintheframe@yahoo.co.uk



My Name is Clare ORMSBY The best job in the world would be ARTIST who doesn't have to think about Money! My job is ARTIST If I could change one thing in my life it would be ... Have my 'STRESS' gene removed If I had to only eat one kind of food for the rest of my life it would be Count as food

This is a sale. This is a self-portrait of myself: Pour vent In bed I wear . Socks - other Stuff aswell but always the socks If I could be a celebrity for a day, it would be ELVIS of course — then, not now.

The best time of year is SPRING — new beginnings, any getting longer, anticipation of a bright future All is fair in love and war. True or false? True and False, but Mainly FALSE The best advice I've ever been given is You can't change what other people think of you, so just let it go, baby" If I could have one question answered in the world it would be What's the Point ? The 3 most important things in life are .. Happinen; Positive Energy, Man.! This is a picture of my dream house: it needs some work ... hay the fin!

event of the month

Watch this space



rinciples' windows are set to become a new and exciting space for contemporary local talent.

A new innovative project has just been set up by local artist and entrepreneur Paul Talbot who says, 'the old Principles building in Halkett Street has a fantastically high footfall, and I am using the window space to showcase artist's work for everyone to enjoy. The shop has been empty for some time and has been craving some creativity in its brilliant big windows. While they are available, the windows will change regularly to give as many artists as possible a chance to exhibit, I have also left a window free for local art students and special events.'

This project will bring culture into the heart of St Helier. And in a time of economic recession, what better than some inspirational artwork that will uplift the spirit as well as supporting local artists? John Wright of Gaudin & Co Estate Agents who helped facilitate the project on behalf of the local investment company landlord said, 'we hope that more shop owners and estate agents will follow suit and see that art displayed in these environments can not only provide a great attraction for passers by but also uniquely draw attention and interest to the availability of the vacant shop.'

So be inspired and take a stroll past this creative space. The first artists working in this changing exhibiton space are: Nicholas Romeril, Theresa Robinson, Paul Talbot, Karen Le Roy Harris, Jason Butler and Marc Mcarty. Their work comprises of an eclectic mix of pottery, furniture, paintings and glass work, which give everyone wandering by a real visual feast. The artwork on display is also all available to purchase. For more information contact Paul on 07797 829 293 or at paul@pfaconsultants.com.

- Principles shop windows
- 1 28 Halkett Street
- February 2010 > ongoing project



JERSEY OPERA HOUSE showing this month

Carousel School of Dancing

Tues 2nd - Sat 6th Feb Carousel School of Dancing presents The Nutcracker, Snow White & The Seven Dwarfs, 42nd Street and The Lion King in aid of Holidays for Heroes Jersey and Teenage Cancer Trust.



The Holly and The Ivy

Thurs 11th - Sat 13th Feb Starring Philip Madoc this play is set in a Norfolk vicarage on Christmas Eve 1947, the vicar's family gather for the festive season. But with the arrival of two irritable aunts and an errant daughter the emotional veneer is skilfully peeled away.



The Chippendales Wed 17th & Thurs 18th

Prepare yourselves for a non-stop party of live music, audience interaction, dancing and fantasy that will excite your senses and leave you breathless.



Ha Ha Hitler! The Great-ish Escape

Fri 19th & Sat 20th Feb
The Ha Ha Boys bring you
their spin on "The Great
Escape". General Von
Schnitzershitz, Tom, Dick
and Hilary take you on an
unforgettable journey of
ridiculous Luftwaffe laughter
with a plot thicker than Hitler's
moustache.



Edward Fox in An Evening with Anthony Trollope

Thurs 25th Feb
Edward Fox has followed a long and successful career in theatre, films and television and now brings the novelist Anthony Trollope to life on stage.



Lotty's War Fri 26th & Sat 27th Feb Based on true events,

Based on true events, this 'gem of a play' is a 'fascinating examination of how relationships and personalities change in the quest for survival'.



Don't forget to check out the rest of our new season - call the Box Office on 01534 511115 or go to our website www.jerseyoperahouse.co.uk

The People of Uganda





An exhibition of drawings by Robert Allen reflecting on his visit to Uganda in August 2009 is currently on show at the Sir John Cheshire Gallery. He travelled to Uganda as part of a Jersey Overseas Aid team, working in and around a small town called Luweero. The team worked with the locals on a farm; land clearing and helping to build accomodation for the farm workers. They also worked with a school that was mainly for orphans, helping to do essential construction work as well as the more important job of entertaining the children.

Robert said he was struck by the sheer joy and exuberance of the children, most being orphans and all living in quite desperate poverty and how this never seemed to matter to them, as long as there were 'friends to play with, a football



to kick around or music to dance to.' He also greatly admired the local people that the team worked alongside. He has tried to portray their great strength and elegance as well as their wonderful friendliness.

All the artwork is for sale with a third of the proceeds going to the Education Fund for Luweero Orphans and the other third going to the next Overseas Aid team heading back out to Uganda.

Robert studied at Falmouth College of arts in Cornwall and Nuova Academia Belle d'Arte in Milan and has had over 25 exhibitions in Jersey, the UK and Milan.

- Sir John Cheshire Gallery, Val Plaisant, St. Helier (next to St Thomas' church).
- 18th January 27th February
- Private view: Mon 18th Jan 6pm







Personal collection: Jersey Arts Centre

A selection of artwork from a private collector who has built up his collection during the past 25 years living in Jersey. A selection of portraits, figure compositions and landscapes to include paintings. drawings and prints.

🖙 Berni Gallery, Jersey Arts Centre 1 Feb > 20 Feb 📵 700400



Marilyn Exhibition: Jerse

An incredible collection of stage and personal costumes worn by the screen idol Marilyn Monroe. On display are iconic costumes, accessories, jewellery, keepsakes and trinkets owned by Marilyn. A window into the life of the ultimate Hollywood star.

S Jersey Museum, Weighbridge **■** Mar 2009 > 30 Sep 2010 **■** 633300



Roses fom the Heart:

As part of an ongoing international project, a bonnet will be made as a tribute to the memory of each and every one of the 25,566 women transported to Australia often for very small crimes. Most of the bonnets have been made and decorated in Jersey. The exhibition has been co-ordinated by artist Christina Henri.

S Jersey Museum, Weighbridge

■ Sep 2009 - 21 Feb 2010 **■** 633300



A group of 9 textile artists will be exhibiting work based on the title 'City,' each interpreting it in their unique way. The group are from highly qualified backgrounds and push their skills experimenting with new materials, techniques and technologies

🖫 Harbour Gallery, Le Boulevard, St Aubin



Jersey Textile Showcase:

An exciting exhibiton showcasing the work of local textile artists such as Jacki Sanders. Workshops will take place as well as an open art competition, 'All is revealed' where prizes will be awarded. Neil and Angela Watson are sponsoring the event.

B Harbour Gallery, Le Boulevard, St Aubin

f 8 Mar > 14 Mar 📵 743044



Face to Face

The People's Portrait consists of past commissions including portraits of historians, community workers, an environmentalist, a union leader, and an entertainer; including the latest commission of Colin Powell, painted by local artist Jason Butler. Through their portrait image these people have become immortalised for future generations. This exhibition, dedicated to Jersey Heritage portrait commissions, presents a fascinating insight into the art of portraiture.

f Jersey Museum 🗐 633300

1 December 2009 - 28 February 2010

speakout

Art of compromise Karen Le Roy Harris



A conversation that often comes up amongst artists is how to make a living out of your art without compromising the work. With financial pressures of families and paying the bills, artists need to make a living. Getting that fine balance between doing something you love and making it sellable without compromising can have its pressures. Being a recently graduated young artist you want to be part of something different and cutting edge, but then again I'm still without any major ties and no kids to worry about so it's easy for me to say 'stick to your guns' and do what you want. It's a sad fact that many people don't continue their art having left the comforts of university - struggling to make ends meet. However, I'm also glad to say that many of us manage to keep that fire in our belly despite any ups and downs. Many of us juggle lots of things, as do I. I work part time for Crimestoppers, I'm the culture editor for this magazine, I teach art at schools, as well as spending time on my own artwork, and being involved with several other art projects - it can at times be manic, but then again as much as I may moan I think I thrive on it and soon miss the buzz when it's quiet. All I can say is keep going, it's worth it and you know how much you'll miss it when it's

THE GALLERY GALLERY DIRECTORY

Berni Gallery

This large gallery space is an integral part of the Jersey Arts Centre. During the day the gallery receives visits from a broad section of the community.

- 🕠 Mon Sat 7.30 10.30
- 🖟 Jersey Arts Centre Phillips Street, St Helier
- **3700400**
- 🦠 www.thisisjersey/jac

Bar Gallery

This small exhibition space is next to Cafejac where you can have tasty food whilst you observe.

- i Mon-Sat, 7.30-10.30
- Phillips Street, St Helier
- **700400**

Jersey Museum

In the art gallery you will find work by Claude Cahun, a leading artist of the Surrealist movement. The link gallery also hosts a variety of changing exhibitions.

- £ 633300
- www.jerseyheritage.org

Sir John Cheshire

This contemporary gallery exhibits paintings by both local and international artists. The gallery is located next to St Thomas'

- Tue-Sun 10-4, Wed 10-6.30 (Mon closed)
- lack St Thomas' Welcome Centre,
- 19 Val Plaisant, St. Helier
- **367997**

featured**space**



find us

- The Jersey Pottery, Gorey
- 850850
- www.jerseypottery.com

Whitespace Gallery

A contemporary space showcasing local artists' work in one of the key tourist destinations

i Open daily 9.00 - 5.30

Future News

Whitespace will be featuring an Moine from the 28th February till the 27th March.

Falle Fine Art

A gallery exhibiting both local and St Helier.

- (i) Tue-Sat, 10-5
- 3 18 Hill Street, St Helier
- 887877
- 🦠 www.fallefineart.com

Harbour Gallery

Featuring over 80 exhibiting artists, craft workers and a textile centre. The gallery also holds over 12 major exhibitions each year

- (i) Daily 10.30-5.30 Art in the Frame,
- Le Boulevard, St Aubin
- 743044

Westmount Studios

Studio spaces for artists working both independently and as a group. The studios give visitors the opportunity to speak to the artists whilst visiting exhibitions in the gallery.

- Westmount Road (opposite People's Park playground)
- **617521**
- 🦠 www.jerseyartstrust.com

Studio 18

Established for over 30 years and specialising in 20th and 21st century art.

- (i) Mon-Sat, 9-5.30
- 23a Beresford Street, St. Helier
- **734920**
- 🦠 www.studio18.co.uk

where they work....

gone.

Myspace: Nicholas Romeril





Nick believes artists' studios to be reflective, steady, private refuges; the artist choosing a place that reflects their approach and their creations directly. Herbert Read described Piet Mondrain's London studio as an 'immaculate white cell', while Robert Hughes recalls Frank Auerbach's studio as being 'a dingy cavern encrusted with paint'. Nick feels that the identity of artists' studios are as distinct as the art that is produced in them. He'd like to invite you to his space. Nick: "It's not very old and it doesn't have thirty years of painted history like Frank Auerbachs', but it will one day." 🔊 www.nicholasromeril.com 🗐 nick@nicholasromeril.com 🗐 07797 759867

Comedy Rocks

Here at Gallery we're always keen to support local promotors who are putting it on the line to bring Jersey something different. This month we catch up with Comedy Rocks organiser Wayne Stewart

describe yourself in a few words?

Must Try Harder.

what makes you laugh?

Most things, mainly simple things like falling over. I still get too much enjoyment out of drawing penises on things. Fish puns are always good and you can't beat some well-placed

when and what got you into stand up?

From the age of about 15
I'd made up my mind that I never
wanted a 'proper job'. I was watching Eddie Izzard when the penny
dropped and I realized that I
could make a living from talking
nonsense. It turns out there's a
bit more to it, but nonetheless
I am still determined to make
my millions with as little effort
as possible, and stand-up

to fit the brief. Please note it is quite hard.

who are your personal comedy greats and why?

There's too many to name. Steve Martin would be near the top of the list. He was performing stand-up before comedy clubs even existed, prancing around on stage with joke-shop toys at a time when the circuit was mostly dominated by Jewish men and their self-deprecating prose. To me he's The Godfather of Silly. Other greats would include Steven Wright and Woody Allen.

you're bringing some fantastic acts over to amuse our island nation, how do you choose them?

Selfishly. I pick acts I like. A lot of the acts I've seen before, others require a bit of research and references from trusted comedian friends. With the bigger gigs I'm putting some consideration towards the comedian's TV credits because unfortunately there are still a lot of people who won't go and see someone they haven't heard of. Jersey folk aren't renowned for being open-minded.

what can people expect to take home from a Comedy Rocks show?

Ideally an experience of "real comedy", away from the world of large theatres and TV, something truly organic, by genuinely talented comedians. If not, perhaps they'll take a flyer for the next gig?

you're putting on some acts at the Opera House's attic space. What was in your attic as a kid?

You've laid down the foundations for a potentially hilarious anecdote but unfortunately the best I can do is: Christmas decorations, a Zed-Bed, and the occasional starling.

what's your view on where the planet and human race are heading?

I believe all creatures on Earth serve a purpose, and as humans we are no exception, so who's to say we aren't fulfilling our purpose, and that everything that is happening is just part of a much bigger process that we couldn't even begin to understand. The planet will be just fine but the human race is inevitably doomed.... Too much?

give us a good short joke.

Not my own but...

Did you hear the one about the huge bird who went to the Small Birds Association meeting? He was massively ostrich-sized!

How can people find out more about Comedy Rocks? (wax lyrical time)

The best way to find out more and stay up to date with everything Comedy Rocks is to join the Facebook page or register for updates on comedyrocks.co.uk. We have some seriously exciting things coming up, including a very special treat for the summer!

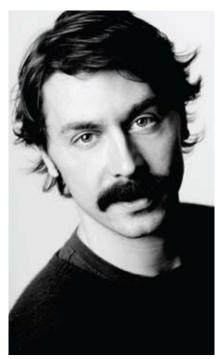
"I still get too much enjoyment out of drawing penises on things"

RAISING THE ROOF

Powers in the Attic









If you would like to book the Attic for an event, just get in touch with Jersey Arts Trust on 617521, or the Opera House on 511110.

Upcoming @ the Attic:

- James Sherwood, supported by Wayne Stewart, 3 February, 8pm
- 🗊 Tony Law, supported by the Midnight Expresso, 10 March, 8pm
- **1** To book tickets for any Attic events, contact the Opera House box office.
- **(III)** 01534 511115

ne complaint you often hear amongst the local music community is that Jersey doesn't have enough live venues to perform in. Well, Jersey Arts Trust and the Opera House have taken a step towards rectifying that with the addition of the Attic to the island's live circuit.

Nestled above the Opera House on Gloucester Street, the Attic has a snug capacity of fifty, making for a cosy and intimate atmosphere, and with its own PA system, is fully equipped for live events. Since opening in September 2009, it has enjoyed a number of fantastic events, including the Poattic live poetry evenings, at which several esteemed visiting poets (including George Ttouli and Rupert Loydell) have performed readings, as well as a number of local writers.

The Attic was also the venue for the recent live debut of flamboyant Jersey cabaret act Bother, as well as being the regular home of the new monthly 'Comedy Rocks' nights. Kicking off in September with acclaimed comic Paul Foot, the comedy nights have also seen the brilliant 'occult comedian' Andrew O'Neill and Time Out 'Newcomer of the Year 2008' Mike Wozniak grace the Attic stage.

Comedy Rocks continues with the live music and razor sharp wit of James Sherwood on February 3rd, and the insanely funny (and insane) Canadian standup Tony Law (whose fans include Sean Lock and Adam Buxton), with support from spandex cabaret-rapper the Midnight Expresso, on March 10th.

This regular event is the brainchild of local standup comedian Wayne Stewart, who you can catch supporting James Sherwood on February 3rd. Wayne says,"the aim is to provide Jersey with a consistent stream of comedy, so we can all have something to laugh about because they say 'laughter is a good medicine', or something like that". With a man at the helm who clearly has his finger on the pulse of cutting edge comedy, Comedy Rocks looks to be in good shape to be a great success, and in the perfect venue too.

The Attic is free to hire for any live performance events, has a fully licensed and staffed bar, and you're welcome to charge for entry to your events. So if you're a musician, comedian, poet, singer or are a promoter with an idea for an event but stuck for a venue to place it, the Attic might be just the ticket.



HARBOUR GALLERY

JerseyTextile Showcase



Once a year Jersey becomes a melting pot for local UK and European textile artists and craftworkers. Now in it's sixth year the Jersey Textile Showcase is a major event on the textile calendar taking place in and around the picturesque harbourside village of St Aubin.

Organized by local charity Art in the Frame Foundation no. 238 this usually quiet village, at this time of year, becomes a vibrant playground bursting with colour and creativity with every conceivable space from The Harbour Gallery to churches, church halls and the parish hall.

Filled with half or full day workshops led by a team of well known and inspirational UK tutors Jean Littlejohn, Jan Beaney, Carol Coleman, Gina Ferrari, Jean Moss, Fiona Kearns and Louis Gardiner, also very popular local tutors Naomi Renouf, Christine Witham, Pam Kubas and Bianca Padidar there is a choice of over 60 workshops to choose from embellishing, free form knitting, felting, jewelery making, book covers, rag ragging, textile portraiture, colourwork and free machine embroidery using the very latest and exciting textile materials.



These workshops are inspirational for art and textile students of all levels and ages and anyone with a love of art and design. All materials are provided and machines if necessary.

View the 9 exhibitions all entrance-free, to include, Bare Stitch Diane Bates, Cities the Diversity Group, Jersey Textile Artists, Young Textile Graduates, 'All Is Revealed' the competition with entries received from world wide and more.

This exciting exhibition of textile artists and work from the open art competition 'All is Revealed' will be on display at the Harbour Gallery, as well as a series of workshops that will also be running to keep you busy in March.

Jacki Sanders from Island Knitwear will be exhibiting, selling and knitting her beautiful hand dyed garments with new colours and new designs.

Jersey Silver will be launching a new collection of jewellery. Visitors to Jersey Textile Showcase will have the first opportunity to view and to purchase these beautiful pieces. You can even



make your own piece of jewellery in the Jersey Silver Studio, who will be providing workshops. Jan Beaney and Jean Littlejohn will once again be joining the Jersey Textile Showcase from 9th - 11th March, where they will be running workshops and presenting the Textile Showcase Awards at The Gala Dinner on Thursday 11th March. Art in the Frame are delighted that Neil and Angela Watson have agreed to sponsor the Jersey Textile Awards for 2010.

Take part in Wrapping St Aubin where an attempt will be made to wrap the railings around St Aubin with the longest scarf to be made in Jersey. Made of 10inch squares the scarf will be taken apart at the end and sewn into blankets to send to the locally established charity Friends of Ecce Homo in Romania. KNITTERS THEY WANT YOUR SQUARES.

- Art in the frame: Harbour Gallery
- 🕞 8th 14th March
- and cafe open from 9am
- **01534 743044**
- www.mnlg.com/artintheframe



onetowatch: **Anna-Louise Shipley**

Anna is currently working on a collaborative histories project. The idea stemmed from a brief for an exhibition called 'Jersey 2100' in 2009 where Anna created a time capsule for future generations to discover. She exhibited an interactive project where the audience could take catalogued objects for their own interpretation. Objects whose purpose could be obscured to confuse the future generations. Giving these objects a different meaning and in a sense changing their history. Anna is looking to exhibit the work of everyone that took part in the project.

- www.ashippers.net
- www.contemporaryjerseyartists.com



2-4-1 **Cinema Tickets**



Jersey Telecom have buddied up with some friends to make Wednesdays twice as nice for all their JT mobile customers! Its all about sharing the love!

Here's how it works...

Text the word 'love' to shortcode 241 and you will receive a special text message, called a text voucher, containing a unique eight-digit voucher code.

On any Wednesday, visit a participating cinema or restaurant, show your text voucher and ask for a Love Wednesday 2-4-1 offer. This free voucher is available to all Jersey Telecom mobile customers every Wednesday so be sure to take advantage of this 'love'ly offer!

- cineworld
- every wednesday
- www.jerseytelecom.com/love



Pining for **Pinel**

One of Jersey's Finest Musical Exports Returns!

Tevin Pinel, aka Pevin Kinel, was a bastion of Jersev's music community, known as one quarter of punk-funkers Velofax, and also for his wildly eccentric solo shows that spanned the genres of jazz, funk, rock and electro. He's now strutting his stuff in London, and returns on February 12th for a Club Kamikaze event at the Live Lounge, supporting hotlytipped UK dance act Totally Enormous Extinct Dinosaurs. Check out his rapier wit, and then pop along to the gig and see him work his magic...

When was the last time you played in Jersey? Describe the last show that you played here...

The last time I played in Jersey was in 2008 for Branchage Festival. I could try to describe the madness, the euphoria, the orgies, the delirium, but to be honest, I doubt words could do the evening justice. Suffice to say I woke up the next morning wearing a balaclava, both pockets full of grated cheese and with a kangaroo in my bed smoking a cigarette.

How would you describe your sound to people who haven't heard or seen you play?

Picture yourself taking a shower, humming a melody as you rub your armpits. Suddenly you realise that you're stuck in loop. You're repeating the same notes again and again. You just can't stop. Then some guy comes in your bathroom and starts beat-boxing

along with your melody. Before you can say "shampoo", another dude walks in with a guitar, then another one carrying a synth and the whole thing gets funkier and funkier until you're boogying like a maniac.

You were in Velofax but have now gone solo - how is that working out? What have been the highlights since going solo?

I played solo for a few years before joining the band, so it's more of a come back, a one-man-band reunion if you like. With Velofax we rehearsed a lot and tried to play very tight gigs, but now my solo sets are mostly improvised. Being part of a group is good but not having to compromise with anyone is pretty good too. One of the highlights was playing alongside Totally Enormous Extinct Dinosaurs and Midnight Expresso in Camden. But what are the chances of such great acts playing on the same bill ever again?

What are you looking forward to seeing when you return to Jersey?

People! You have a lot of lovely people on such a small island and I kinda miss 'em. It's always good to come back and catch up with everybody. Oh, and I want to go and check if that little German souvenir shop by the market is still open. I mean, surely one day they will have to run out of genuine Nazi memorabilia.

Pevin is supporting TOTALLY ENORMOUS EXTINCT DINOSAURS at Club Kamikaze @ The Live Lounge, February 12th, 9pm til late. Entry is £6 on the door.

Derrin Nauendorf

The best thing to come out of New Zealand since Frodo. Flying like the Conchords, Derrin touches down in Jersey this month.

errin Nauendorf, known to Jersey music fans for his many amazing solo acoustic shows will be playing on the Island with his full band for the first time this February. Thelma's Show Lounge, Jersey's brand new music venue located above the Townhouse New Street is proud to present the man who has been called Australia's Bob Dylan.

Derrin's journey into the music industry began around 7 years ago when he left his native Australia to attempt to make a splash in the UK and Europe. He arrived at Heathrow with one telephone number, £1200 and a mountain of energy and enthusiasm. Derrin has opened for Van Morrison and countless others and has always been a major hit whichever stage he graces.

Derrin has recorded 6 albums and sold close to 17000 of them from the back of his van to an army of devoted fans in too many places to mention. Whilst Derrin has recorded 6 albums, his latest record "Skin of the Earth" is only actually his second commercial release. After years of shunning the music industry he released "The Rattling Wheel" on his own label Rising Records Ltd in 2006 to much praise and acclaim. Following this first commercial release,

(BBC Radio 2) also hosted a live session for Derrin and his band at the famous Maida Vale studios.

'The Rattling Wheel' received a 4 star review in the Sunday Express alongside Jools Holland, Tom Waits and The Beatles! Glowing reviews followed in publications such as Blues Matters and Maverick Magazines and Derrin has gone on to feature in many other music publications.

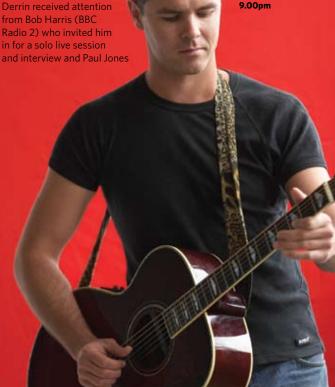
Thelma's opens full time in February 2010, with local bands every Friday and Saturday Night as well as one major international star every month. Saturday March 27th sees Sixties legend Chris Farlowe. Saturday and Sunday April 24th 25th sees the mighty double Grammy award winning Albert Lee and Hogan's Heroes for a weekend of concerts and guitar clinics. On Friday and Saturday May 29th 30th, Thelma's welcome's Ultravox's Midge Ure for two solo acoustic shows.

i Derrin Nauendorf:

February 19th
Thelma's Show lounge
£10.00 advance, £11.50 on door. The
ticket price includes a free buffet served promptly at 8.30pm (First
come first served). Tickets will be
available from the Townhouse and

information please ring the Townhouse on 01534 615000. Doors open at 7.00pm. Bob Vincent the support act for the evening will be on stage at 9.00pm

i-Q the Apple Store. For more



ahambles shambles baby

We sent intrepid Muso Chris Bell all the way to Southampton to catch up with Pete Doherty. Sadly, Pete eluded him but he did manage to have a catch up with Jersey's 'The Valentines' and chat to them about the tour and what they think of the man himself.

ometimes things just don't work out, and you have to make the best of a bad situation; just ask Peter Doherty. After being kicked out of the Libertines just as the band were hitting stellar heights, the man that the NME named number one in their prestigious Cool List and 'Hero of the Year' four years later, formed his new band and launched his own personal assault on indie immortality. Style icon, tabloid favourite and rock n' roll's own public enemy number one, his place in the annals of indie history are secured. As I say, making the best of a bad situation.

The plan was to go to Southampton for Babyshambles' show at the famous Guildhall, in which they were being supported by Jersey boys the Valentines, who are beginning to make ripples, if not full-blown waves, in the UK. We had an interview arranged; I was particularly looking forward to interviewing Peter, who I'd met a couple of times through mutual friends in the early days of the Libertines. Alas, it was not to be; as ever in the topsy-turvy world of Doherty and co, one thing that can't be taken for granted is anything. We were told on the night that they weren't doing any interviews after all, so we had to make do with watching the show, followed by an interview with the Valentines backstage

Since leaving Jersey behind, where they made a name for themselves as one of the island's favourite live acts - the band, now based in Brighton, have gone through numerous upheavals. Several changes to the line up, sonic experiments seeing them dabble with doo-wop, reggae and even metal influences, and four years later, the band have settled on a line up and a honed sound that harks to the likes of the Ramones, Supergrass and at times, a sped-up Glasvegas. They've been taken under the wing of Babyshambles management and there's a mooted major record label single release this spring - with whispers that Suede's Bernard Butler may be the man at the production desk.

Invited by Babyshambles' management to support the band on their UK tour, this represents a massive opportunity for exposure to a wider audience, and they didn't disappoint. Sandwiched between two other support acts, fairly average indie-punk outfit the Supernovas and singer-songwriter Alan Wass (with whom Peter was charged in 2005, after beating up rockumentary filmmaker Max Carlish), the Valentines easily won the biggest share of support from the crowd – apart from Babyshambles, that is. Running through tracks like 'We are the Band' and 'Does She Make Noise?', the audience was suitably warmed-up for what turned out to be a hit-and-miss Babyshambles set. Peter Doherty's devoted fans are always guaranteed to give a rapturous reception to the band, but the truth is that much of the band's time was spent

seemingly jamming through the set. Songs like 'Down in Albion', which should have clocked in at just under four minutes, taking twice that length of time from start to finish. It is said that the band tend not to practice – ever – so perhaps this is to be expected.

After the show ended on a high, with the anthemic 'F*ck Forever' leaving a packed 2,000 fans in good spirits as they left to face the bitter December air, it was time to find the band. Despite having been friends with lead singer Christian for years, now that he's all famous and everything, he wasn't the easiest to track down. But track him down we did. I explained that I had a set of questions planned for Babyshambles, but now that that interview had fallen through, I was going to ask the same questions to the Valentines. The guys (Christian Jegard, Chris Lowe, Chris Leader and Danny Curtis) keenly accepted the challenge...





They should be called the Valentines cool-down band

How's the tour going so far?

CJ Tonight was better than Bath. In Bath, we felt like we were warming up for today. That gig felt like more of a novelty too; it was almost like we'd won a competition to play, whereas tonight we feel more like part of the gang. After Bath a couple of them had seen us and tonight they were really nice to us - the management were saying that a couple of them were raving about us.

We've only seen Pete once, in Bath. He was nice, he came up and said hi and that he was sorry for missing our set. However, Leader thought it would be funny to say that we were better than them, and everyone around us quite rightly thought he was a douchebag. He also thought it would be funny to go up to him like this (twangs imaginary braces), and in a mockney accent start singing 'kipper and eggs, kippers and eggs' over and over again. He was taking the piss basically. We need to shut that one up.

Are things calmer for the band nowadays than when you were younger?

CJ Not in the slightest, they've escalated. When we were younger we were playing gigs in the Q Bar with the Cryptics and Jonny & the Rats yet again, and now we're playing places like this. The response after gigs wasn't so much girls coming up to us flirting; it was the manager of the Q Bar, asking us to get out because it was gone three, or telling us to make sure Gav (their former guitarist) doesn't let a fire extinguisher off in the venue. Everything's got more fun.

And more professional?

CJ Yeah absolutely. I'll make no bones about it - the new line up is much better. The songwriting's got better. We used to have loads of shite songs, because I was trying to rip people off all the time, and now I'm better at writing songs.

The Interview

What would a drug-free Babyshambles be like?

CL Jerry & the Pacemakers.

CJ Status Quo?

Peter gets most attention than the rest of the band. Does that bother you at all?

CJ Well the thing that I've always thought about the Babyshambles...

BH Did you just call them 'the' Babyshambles?

CJ That's what they're called aren't they?.

BH No, they're just Babyshambles. There's no 'the'

CL They should be called 'the Valentines cooldown band'. After we play, the compere could be like, 'calm down everyone, Babyshambles are on now.'

CJ That is absolutely a joke, by the way.

CL That was a joke.

CJ I always felt a bit sorry for them when you see Pete getting all the attention, but at these gigs, you got a sense that if Adam or Mick or any of the band had walked out on stage, regardless of Pete, that the crowd would still go mental.

How do you deal with the hangers on? How do you know who you can trust?

CJ If we did get properly famous, I'd be absolutely fine with fans. If people like me because of my band I don't mind; I want people to like me. On the other hand If there were hangers-on that only wanted to be around us because we were famous, I'd have no problem with doing an absolute Frank Lampard and telling them to do one.

Do you feel like you're yet to record defining work?

CJ Yes. My solo album 'Cockney on a Waterslide' wasn't great, but my next album, called -

CL - called 'Carry on Jegard.'

CJ No, called 'Cockney in a Jar', is going to be great.

Where will you be in ten year's time?

CL Coventry

CJ Seriously – Live Aid 3, because I plan to be stupidly huge.

Finally, any Valentines messages for the ladies of Jersey?

CL Vote Bush. That's not a euphemism.

CJ Look out, we're coming to get you. That's not a euphemism either.

After the show, incidentally, we finally got a quote from Babyshambles guitarist Mick Whitnall. 'See you in Manchester', he said as we were leaving the backstage area with the Valentines. Wasn't really relevant to me and Danny, but at least we got a quote - making the best of a bad situation.

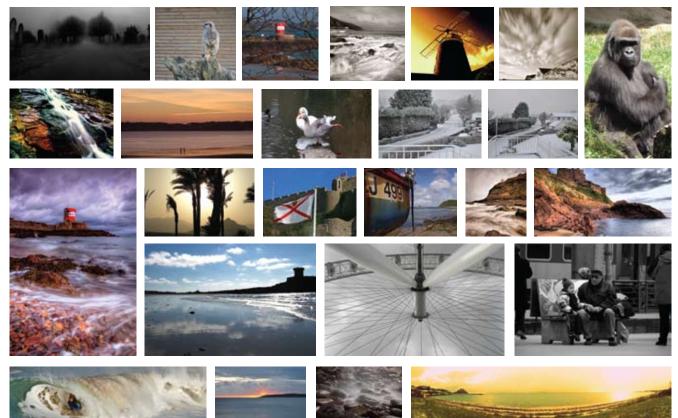
The Monthly Upload

ant to win £100? All you have to do is email your entry with the subject 'upload' to: upload@gallerymagazine.co.uk

Potential uploaders, remember 4mb is a good size to aim for as a guide for submissions. some are a little too small to run anywhere but the thumbnail wall. We try and print every photo but as we can't fit them ALL on the page full size sadly!

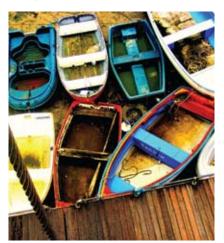


Piers Le Moignan - life through a lens





Davey Sandiford



Robert Luscombe - great colour



Nathan Judge - telling the snow story



Jane Stokes



Joanna Ćwiok: a simple view of Life in Jersey



Justin Hearne - beautifl morning light



Ross Le Cornu - nice capture of light

As you'd imagine, snow and Winter scenes features heavily in this month's upload collection. We've taken a cross section and, although there were some fabulous submissions, moved it away from the landscape scenery this month. Our winner Piers Le Moignan shone out with the amazing macro shot capturing the Winter snow in the eyes of a feline friend. Good Work.



I can only imagine that 35 years ago people envisaged that by 2010 the world would be enthralled by music with a sound like that of Kraftwerk funnelled through a device similar to the Large Hadron Collider, in between our intergalactic flights to a nondescript planet for a "Space-break". While the sound of dubstep/funky/funkitek (yes that really is the name of a new sub-sub-genre) does its best to convince me that teleportation is only a few years away, listening to the quivering folktronica of Ellie Goulding, without a doubt 2010's chosen sensation suggests that maybe we're just over halfway.



Single - 22nd February

Little Freak

While Usher may have his name on the track, "Little Freak" is all about the producer. It should come as no surprise upon hearing the triumphant synths, that this producer goes by the name of "Da Don". Seemingly ditching his sentimental soul singing (case in point "Burn") Usher mans up, giving the instrumentals a vocal performance to match. So good is the track in fact that you almost completely forget that the entire song is about Usher getting some - a



Jay Sean

Do You Remember feat. Sean Paul & Lil' Jon Single - 22nd February

It's hard to think when listening to Jay Sean's airbrushed voice that he is actually British. The entire track is symptomatic of a style of American hip-hop and R&B that is growing staler and staler as the days pass. "Do You Remember" essentially follows the formula of: smooth vocals + forgettable melody + just a normal boy lovin' a normal girl + a handful of Lil' Jon's yelps + 1 stock Sean Paul rap = 1 international hit. Sadly, I think the formula with probably prove to be correct.



Joy Orbison The Shrew

EP - February 22nd

Following up on last years mind-blowing single "Hyph Mngo", Joy Orbison, described as " the golden boy of that spectral territory between house, garage and dubstep" drops The Shrew... EP that only serves to built up his burgeoning reputation as one of best new producers on the scene. From the title track's slow burning synth waves and intertwined bursts of vocal samples to the aquatic sub-bass groove of "So Derobe", Joy Orbison's tracks take you to places you never even thought existed.

Greenlaw Feat. DJ SS After I'm Gone (Tony Anthem & AXL Ender Remix)

Single - Out Now

It was always inevitable that as Dubstep became bigger and began to peer its head up from the underground it would become seized by producers left right and centre looking for 15 minutes of fame. Just like like masses of landfill indie circa. 2005-06, Dubstep remixes are everywhere and a vast majority of them are just the original track with a "filthy" or "dirty" beat unceremoniously and lazily dumped on top, and with "After I'm Gone" Tony Anthem and AXL Ender merely add to the growing landfill.

pop

Marina & The Diamonds Hollywood

Single - February 1st

It looks like 2009's tsunami of girl-pop is going to breach the beginning of the new decade, fortunately when there is a voice as enticing as that of Marina Diamandis' involved you can have no complaints. On "Hollywood" she takes a tongue-in-cheek look at unhealthy obsessions with the glitz and glamour of Tinseltown. Marina's sugar-coated, synth driven chorus and punchy vocals perfectly conveys the enchantment of fame that so many people seek out.

Owl City Fireflies

Single - February 22nd

Genuine horror. That was my first reaction upon hearing this hyped-up single that has been floating around for a few months now after striking gold in the US. Not only is it the most lyrically cringeworthy song of recent history ("Cos I get a 1000 hugs/From 10,000 lightning bugs/ As they tried to teach me how to dance"; but it is also a disgraceful and tacky rip-off of The Postal Service. Fischer-Pricing-ing up the synth and vocoding his soft vocals to the point of nausea, the track essentially whores up The Postal Service. For shame Owl City, for shame.



The Big Pink Velvet

Single - February 15th

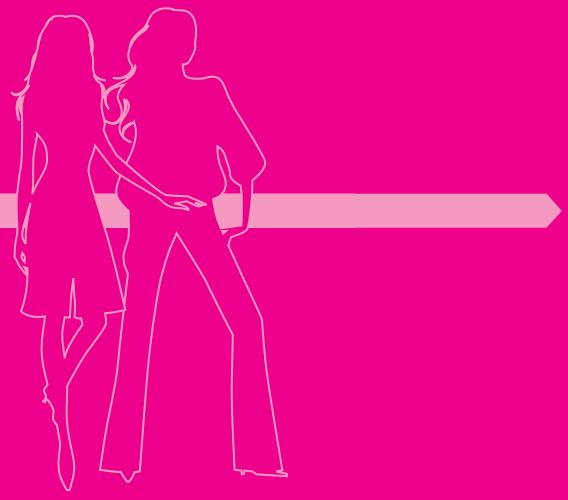
"Velvet" is definitely a special track that showcases The Big Pink's unique combination of indie and harsher cut-up drum machine loops and electronics. The real beauty of the song lies in its ability to blend the intimate vocals of Robbie Furze with the track's vast space and atmosphere. Amongst the track's myriad elements it's all too easy to get lost, lured in by the spectral backing vocals or trapped within the walls of distorted guitars.

Kasabian Vlad The Impaler Single - February 15th

In case you hadn't noticed, this past year Kasabian have made a concerted effort to expand their horizons. They gave their album a cah-razy title that was probably supposed to sound artistic and came out with comments like saying their new album was "the soundtrack to an imaginary movie." Thus the stage was set for them to bring out "Vlad The Impaler", an wugly frankenstein of post-punk rip-offs with irritatingly frequent refrains of today's cool phrase such as "get loose, get loose." Maybe next time, eh?

FASHION





Millacreli

a new silver collection that combines beautiful Millefiori patterns with high-quality Murano art grass.



BrandNews

Lucky us. February's definitely a month to spoil yourself - or get someone to do it for you! With new boutiques opening, and exciting new ranges arriving in the shops, here's our ways to brighten up your February in a red sort of way.



Paint the town red \rightarrow

Aurum

Aurum's got some gorgeous Murano Glass jewellery that would make a perfect gift. It's all handcrafted and it's set into sterling silver. We love this chunky set in rich cherry red great for adding an individual touch to outfits.

Murano Glass Silver Jewellery, from £57, .

← Now you see it...

Be My Bra

Now here's something new. Customise your bra with these fabulous accessories from Be My Bra a great way to give your underwear a luxury touch without buying a whole new set. From sexy pirate motifs to sparkly flowers, you can add one, or a whole strap-ful. You choose whether you keep them to yourself, or show them off...

Be My Bra accessories, from £5.75, arriving in time for Valentine's exclusively at Voisins, King Street



We heart Pebble too →

Pehhle

We're very excited about brand-new boutique Pebble which opens on the 19th of February and will be the place to pick up unique pieces from the fash pack's favourite brands - Stylesnob, Aryn K, Mina UK and Stella Forest. Pebble owner Clare Corrigan aims to give us an "individual look at affordable prices" and even offers customized pieces from her in-house designer. We can't wait.

Sterling silver bracelet with red Murano glass heart, £46. Pebble, 5 Market Street, St Helier. Opens 19th February. www. ilovepebble.com

← Lady in red Swarovski

The Swarovski Valentine's Day collection has just arrived into Jersey's King Street store and there's a whole range of stylish pieces that'll make great gifts - like these sparkly pieces, full of red hearts, and perfect to tell the love of your life just how much she means to you.

Lala collar-style necklace, £188.95 Matching red heart earrings, £34.95, Swarovski Boutique, 21 King Street, St Helier. Tel: 722904



Bespoke beauties \rightarrow

Bianca Padidar

Bianca's latest collection of wearable art mixes ecofriendly natural fibres like wool, silk and banana fibre with beads, semi-precious stones, glass and metals

Felt necklace, £50. See the collection online at www. biancapadidar.com and the new St Aubin's boutique Chi Chi.















Ruby ruby ruby! ↑

Jersey Goldsmiths

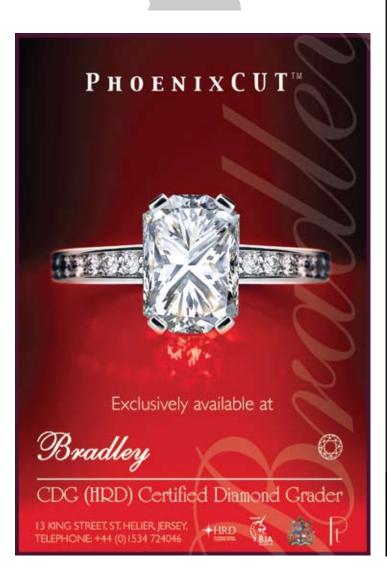
Check out the red hot rubies at Jersey Goldsmiths, there are classic jewellery designs in 9ct and 18ct yellow and white gold set with the deepest of rubies. There are beautiful matching sets of necklace, pendants, earrings and rings on display in the showroom, set amongst the lakes and gardens of Lion Park, St Lawrence.

Jersey Goldsmiths, open 9am-5pm, 7 days a week with free entry and free parking.



Conversation Starter

The word red in Russian also means "beautiful."



Timberland FARHI BY NICOLE FARHI REPLAY EMPORIO ARMANI Staget Control Superdry.

Want to work with top brands?

Voisins Department Store is a key player within the retail industry in Jersey and holds an impressive and highly respected portfolio of Brands and Concessions.

We are looking for experienced 'Managers' and 'Buyers' to join our highly motivated and experienced team.

Attitude is the key ingredient, along with the ability to lead and motivate a sales team, who provide first class customer service and sales to our customers. If you are ready for a new challenge, we would like to hear from you.

Applications should be made in writing only, enclosing an up to date CV and salary expectations to:

Alison Le Vesconte

Personnel Manager Voisins Department Store Tel: 01534 837189 a.levesconte@voisins.com

www.voisins.com

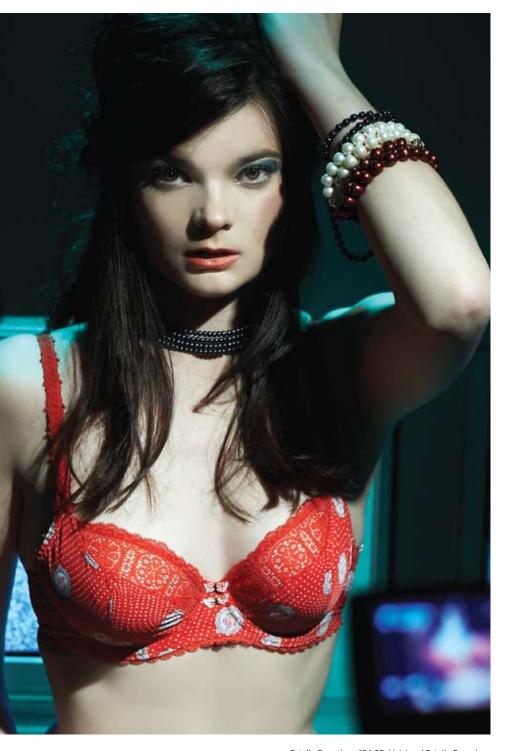




title of the radio star Gallery Fashion February 2010 Photography by Danny Evans hair by: Kylie at Rio Model: Ria Make up by: Emma at Bliss Styling by: Emma Long

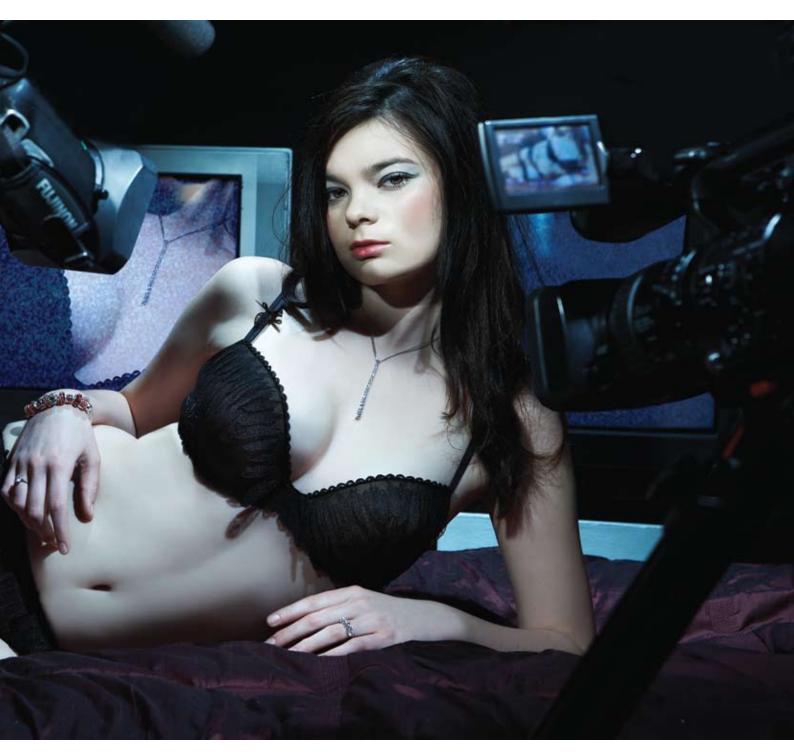








Estelle Freya bra, £26.25, Voisins / Estelle Freya bra, £12.00, Voisins / Red Pearl necklace, £236, Jersey Pearl / White Pearl necklace, £750, Jersey Pearl / Bue Pearl necklace, £225, Jersey Pearl / Blue pearl collar, £69.95, Jersey Pearl



Pendant, 18ct white gold GVS, £5,655, Bradley Jewellers / PhoenixCut™ Platinum ring DVS2 Clarity, £23,510, Bradley Jewellers / 5-stone platinum Eternity Ring GVS 2.66ct £11,520, Bradley Jewellers / Bracelet, beads individual, £45, Aqua / Joséphine Feather bra, £68.95, Plums / Joséphine Feather suspender knickers, £49.95, Plums / Red seamed stockings, £15.95, Plums







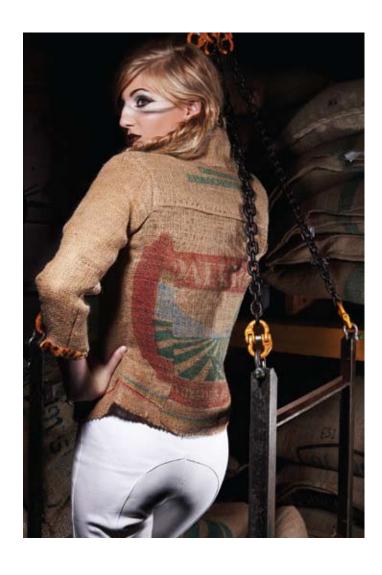
When we first heard about someone making clothing with coffee sacks we were a little apprehensive to see how they'd pull if off. With some considerable vision and creative flair, a customer of Coopers Coffee devised a plan to take the harsh hessian weave and make it into something beautiful. We asked David Warr how it all came about...



Lorraine Swift, a customer of ours asked us for some spare empty coffee sacks that she wanted to use to make a series of outfits as part of her degree course. We do get some odd requests when it comes to the potential usage of our empty coffee sacks. No doubt some of your readers have seen the odd orangutan hanging from them at Durrell! However what Lorraine created was something quite exceptional and has provoked many comments from fellow customers when the pieces were hanging in our window. I really wanted a record kept of what had been created but as usual I can't just take a simple photograph! With the aid of Gallery's talented

photographer, the model, a make-up artist, a roasting room and 5 hours - we ended up with these amazing pictures. Daterra Farm whose sacks were used is particularly dear to me. It was one of the first coffee farms I ever visited and when it comes to a passion for sustainability they must be world leaders. In June I'll hopefully be demonstrating their coffee in London at the world Barista championships and fingers crossed, we'll get to project these images to a wider audience; a great reminder of where our coffee comes from and how important everyone in the chain is. Finally thanks to all involved for allowing this story to be told.











Billionaires Boys Club Cap £49 | Roulette

Hari hooded sweatshirt £52 | Manna



Double-breasted jacket £138.50 | Jesire

Star Tweed A-line jacket £120 | Jesire

Lalique Ring £122 | Mappin & Webb or Rivoli Jewellers





Ray ban Wayfarers £98 | De Gruchy



Avoca One size red scarf £38.95 | Jacks



Alexander McQueen Belt £59 | Roulette



Alexander McQueen Jumper £115 | Roulette



Calvin Klein push up plunge bra £45.75 | Voisins

Calvin Klein thong £31.50 | Voisins



See by Chloe Sac shoulder bag £299 | Roulette Ladies



Avoca Love scarf £12 | Jacks



Cardinal red leather-toe pumps £27 | Hobbs



gallery Jersey's STYLE MAGAZINE

Ria

Sales Assistant Where do you like to shop? Mostly Topshop - I work there What inspired your outfit today? Just threw it on without thinking - I mostly just throw clothes together

You're getting ready, what's music is playing? Radio 1 and I'm really into Biffy Clyro at the moment



Jake

Sales Assistant Where do you like to shop? SDS, the net and Primark for the girls jeans Whose style do you like at the moment? The lead singer of the King Blues You're getting ready, what's music is playing? Kinks - anything 70's & 80's or Rockabilly skank





Susan

Bank Manager
Where do you like to shop?
Local department stores and online Whose style do you like at the moment?
Controversial, but Posh Spice
You're getting ready, what's music is playing?
I can never choose so I just put the iPod on shuffle



Tiago Fashion Student Where do you like to shop? Zara & All saints Whose style do you like at the moment?
Rhianna & Lady Gaga
You're getting ready, what's music is playing? Dirty Electro!



Jana

Sales Assistant
Where do you like to shop?
Mostly Roulette but Topshop sometimes too
Whose style do you like at the moment?
Sienna Miller, Cheryl Cole & Kate Moss
You're getting ready, what's music is playing?
Any type of dance music

BEAUTY







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Beauty News Flash

luxury rouge waxinglyrical

For the new Male and Female Lyric fragrances, Amouage's Creative Director, Christopher Chong, has redefined the use of the rose. Deep, smoky and intense, Lyric features notes of rose in a mysterious and entirely unprecedented fashion.

The male scent is a spicy oriental fragrance for 'the gentleman who dares to desire'. With top notes of bergamot and lime, and a base of pine, sandalwood, vanilla, musk and frankincense. This makes a brilliant signature scent as it is so unique.



For the female fragrance ylang-ylang has been added for the heart note, as well as the distinctive tonka bean and wood with the base notes. It is delicious and feminine and the gorgeous packaging makes this a brilliant present, to receive or give!

Available exclusively at Voisins Amouage Lyric Female £115 Lyric Male £113

O... Valentine

'Especially for Two'

Make this Valentine's Day unforgettable with the 'Especially for Two' package from Les Roches Spa and Beauty.

Enjoy full use of the spa facilities including jacuzzi, sauna and heated pool, whilst you sip on champagne and are treated to strawberries dipped in chocolate for two. Absolutely scrumptious! Then experience a truly indulgent and luxurious back massage using special scented massage candles, that when lit, transform into a gorgeous warm massage oil used to melt away tensions and moisturise the skin. There are two different massage candles to choose from - Relaxing and Energising - each with an irresistible scent and texture.

A wonderful package perfect for Valentine's Day – at £85 per couple this two-hour package must be one of the best Valentine's offers around.

Call Les Roches Spa on 487856 Price: £85

Time: 2 hrs

If you're not free on Valentine's Day to experience this package then you can purchase a gift voucher to present to your loved one on the day, then you can pop along whenever you fancy. Top Tip: leave this strategically placed so your hubby can find it, then he'll think it's his idea! Maybe casually circle the telephone number...

Brand New Express Blowdry

The Lord has heard our prayers and the Elmina Salon in town is now providing super-quick no frills, amazing half-hour blowdries and hair-up dos.



Speed is the of the essence

"We have been asked to do a very quick express service for a while now, so we have refurbished the downstairs of our town salon and now people can walk in off the street, with or without an appointment and get a super speedy blowdry" said Rachael Crawford, Salon Owner.

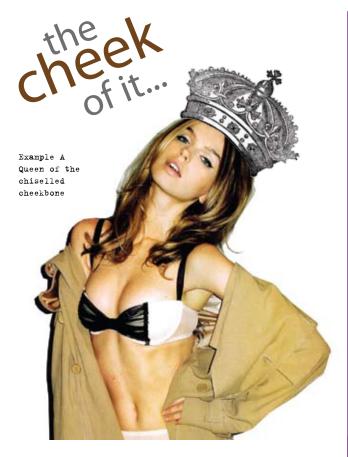
This is ideal if you suddenly find yourself being taken on a suprise Valentine's date, or if you just need a beauty pick-me-up. Either pop in on your lunchtime, or take half an hour off work to treat yourself. To make it quicker they have taken away all the added little luxuries of a real Elmina Salon Appointment, but this also means it is at a fantastic reduced cost:

Express short hair blowdry £20.00 / 30mins
Express long hair blowdry £25.00 / 40mins
Express hair up £27.00 / 30mins
No frills, no fuss, just perfect hair in a flash!
No appointment necessary, however you can make one if you wish.



Perron Rigot massage candles £66.00 Available at Les Roches Spa

Treat your loved one to a luxury gift set of three massage candles (Relaxing, Energising, Firming) to use in the privacy of your own home for true relaxation and pleasure to share. Great for a romantic night in or to give your skin a luxurious treat after a relaxing bath.



Blusher is often left off the everyday-make-up routine, but it is actually a prime secret weapon in the fight for the ultimate accolade of: 'I look like I'm wearing no makeup, I'm just naturally this pretty'.

Take example A (above). This is Gallery's crowned Queen of fantastically subtle, but very (very) sexy cheekbones. Miss Example A looks barefaced, but in actual fact more time has been spent on creating those highlighted cheekbones than has been spent on either the sex kitten eyeliner, or bee stung pout.

To re-create this look you need to focus on the area directly below your own cheekbones. To locate this area there is no need to do the old classic 'suck your cheeks in to look like a weirdo / fish', because if you can't locate it without this aid just give up at this stage.

- 1. Get a matt bronze powder in a darker shade than you would normally use, **Rimmel's Sunshimmer (£5.49)** line has a great range of colours. Use this to create the effect of chiselled cheekbones, by brushing it under your natural cheekbone line, keeping it sloping down diagonally towards your mouth.
- 2. Use a light shimmer powder such as **Too Faced's Papa Don't Peach (£14.00)** on your cheekbones, from right under the outer corner of your eye, this will highlight them.
- 3. Finally create a natural feminine glow using a light pink like **Ruby & Millie's Matte Pearl Cheek Color 50 (£10.50)**, at the edge of your 'darker shaded' area (this area is scientifically sort of just above your nostrils, and down from the centre of your eyes). Also **Smashbox** do an amazing **O-Glow Silky Gel (£15.99)** which turns the perfect rosy shade you would blush naturally!
- 4. Finally, make sure you are in a good light so you can check you are all blended in!



Conversation Starter

Erythrophobia (also Erytophobia or Ereuthophobia) is the fear of redlights, blushing and/ or the colour red.



Special Valentine Treat

very special introduction to DECLEOR

For february only we would like to offer you 50% off Decleor Aromaplasty Facial (adapted to the individual needs of your skin) normally £55, NOW ONLY £27.50

Deep cleansing - exfoliating - relaxing massage

Hydrating linseed + vitamin mask - includes back, hand or feet massage plus in depth skin analysis

1 hour of complete indulgence

suitable for women and men



Gift vouchers available



NOW AVAILABLE GLO

Brailian Keratin Formaldehyde Free Hair Treatment

This natural substance gives hair the ability to return to its original healthly, shiny, smooth state. Results are visable immediately after treatment is completed, clients are amazed to say the least.

Contact a member of our team today for more details.

7 Market Street, St. Helier, Jersey JE2 4WY • Tel: 630443



A seductive red pout will drive men wild. Recent reserch has proven that a full sexy mouth is the number one way to appear younger. Try it out for yourself!

Prestige

Classic Lipstick - Supreme Long lasting so you'll be able to focus on more important things, such as practicing that seductive smile which will be a doss with your new dark red lippy. £5.58 approx

Urban Decay

Lipstick - Revolution

Your lips will flourish with this lipstick as it has been crammed full of vitamins and Hyaluronic Spheres to prevent dehydration. £12.00

Ruby & Millie

Lip Gloss - Sunset 48

This lip gloss has a high shine finish without any tackiness. This colour is best suited for dark skin tones. £11.50

Rimmel London Lasting Finish Vintage Lipstick - In Vogue

Velvety-soft lipstick that glides on your lips, dressing them in a light pink that makes them pop. £4.49

Benefit

Rush Hour

An ideal product to keep in your handbag, adds an instant glow to lips and cheeks, so you are ready to go-go! £15.00

Too-Faced

Lip of Luxury Champagne Essence Lipstick - Runway Red The packaging reads 'Product tested on celebrities, not animals'; we love it. £12.00

Estée Lauder Signature Hydra Lustre Lipstick-Rich Red

This lipstick is perfect for those with pale skin. This hydrating lipstick has a creamy colour that seduces every curve of your lip and his. £15.50

Dior

Rouge Serum Lip Treatment

Enriched with pure colour pigments and a elixir of youth to enhance your lips' appearance. £20.75

Lancôme

L'Absolu Rouge - in Idole Recent research has revealed that full lips make you appear far younger, and this clever lipstick is jammed with state of art antiageing technology. £15.50

Clinique

High Impact Lip colour SPF15

- Red-y to-wear

Protects your delicate lips from harmful ÚV sunrays all year round. £12.50

New Year, New You 'Slimming & Detox Programme'

Take a step towards a new and healthier you with Les Roches Spa's specially designed

'4 Step Slimming & Detox Programme'

- Skin Brushing
 - Energise your body with this amazing detoxifying skin treatment, which removes dead skin cells, increases cell renewal and reduces cellulite.
- Legs, Burns and Turns' Detox Massage Treat your body to a relaxing and detoxifying massage to help drain toxins, boost your lymphatic system and moisturise your skin.
- Detox Tea (optional) Enjoy one of Thalgo's many slimming and detox teas whilst you relax by the pool after your treatment.
- D.I.Y ("Do it Yourself" at home)
 Receive a FREE £5 off Gift Voucher by continuing this programme at home with any of our slimming, detox and body products.

2 hour package

including full use of the Spa facilities

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SPA AND BEAUTY

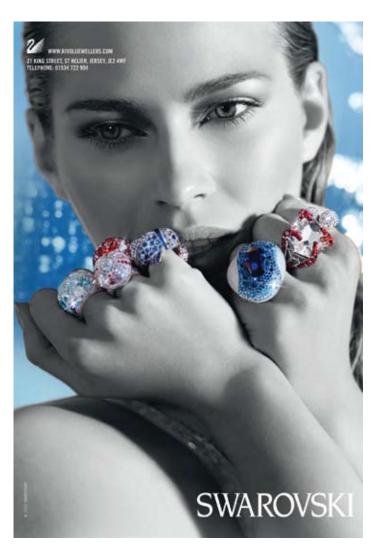






Les Roches Spa Ltd, La Rue Vegueur, St. Ouen, Jersey, Einfo@lesroches.co.uk Wwww.lesroches.co.uk

Terms & Conditions apply - contact reception for further details







Detox In Style

The 4 Step Slimming & Detox Programme at Les Roches Health & Wellbeing Spa, St Ouen.

arrived at the Les Roches Spa an hour before my treatment so that I could take full advantage of the beautiful indoor swimming pool, sauna and Jacuzzi.

I lay back on one of their sumptuous poolside loungers in my huge cosy robe, picked up my favourite fashion magazine and the lovely receptionist brought me a delicious cup of Thalgo slimming tea.

My dull winter skin was desperately in need of a boost, and I felt that this treatment was the perfect way to start the New Year on a good foot! Soon I was called through to a serene treatment room where my treatment began with some vigorous skin brushing, this was to energise and detoxify my skin: skin brushing removes dead skin cells, increases cell renewal and reduces cellulite.

This prepared my skin for the next stage of the treatment; a relaxing and detoxifying massage which drained toxins, boosted my lymphatic system and moisturised my skin leaving it soft and supple.

The detox oil my beauty therapist used smelt delicious and it contained almond, sweet orange, patchouli and juniper.

I then went back to relax by the pool and I enjoyed a Thalgo detox tea. I then met with Jane Bailey, Les Roches Spa's Personal Trainer and we went through some of my body concerns. She gave me some fantastic advice, and I felt ready to take on the year ahead, with a much more positive attitude towards exercise.

At the end I was given a lovely goodie bag containing a professional Skin Brushing mitt, mini shower gel, leaflet LC24, detox tea and a £5.00 voucher to use towards any slimming/detox/body product and personal trainer services.

Before I had this treatment the skin on my legs was definitely lacking moisture. But after the treatment there was a really noticeable difference, there was not one fleck of dry skin, and they felt great, really energised!



details

Detox Treatment: targeting legs, tum and bum Les Roches Spa, St Ouen

2 hours / normally £95.00 - SPECIAL OFFER £55.00 | Tel: 487856



Conversation Starter Redheads require more anesthesia to 'go under' than other



APPETITE



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talian. It's the food of love for a reason. With its saucy tomatoes and sensual, silky linguini, punchy macho flavours and soft, melting cheeses, Italian food is all umph and ahh. Even better, it comes in easy-to-share mouthfuls, forkfuls of spaghetti, fingerfuls of salty olives, and torn-off glistening garlic bread.

No wonder Italian restaurants are a top choice for Valentine's Day. And somewhere that's going to be a popular place to head with your lover on Valentine's weekend is Jersey's newest Italian restaurant, The Tree House. It's the old Landmark Inn on La Marquanderie Hill, and the latest addition to the Boat House group of restaurants, which include the Beach House, the Farm House and the Boat House in St Aubin's.

It's all changed since the old Landmark days. The restaurant's been opened up - the kids play area is gone - and it feels much bigger and buzzier. The focal point is an open kitchen with a view straight onto a wood-burning pizza oven - Jersey's first - where you can watch your pizza being fired, and a behemoth of a chicken rotisserie oven that can roast 48 chooks at a time. And it feels relaxed, there's soft carpet underfoot, cushioned chairs, muted décor and low lighting, certainly more inviting than your usual pizza restaurant with its white marble, hard chairs and cold tiled floors. The menu's been pared down to some real Italian classics; olives, garlic bread, antipasti, pastas, salads and then the famous pizzas and roast chicken. It's everyone's favourites, all on one page.

We started with the popular squid and scampi fritto misto, which comes with a pot of garlic mayonnaise for dipping, and the platter of parma ham with pickles and baby cornichons. Everything tastes authentic, and it should do, the restaurant prides itself on its real Italian ingredients. The pièce de résistance is the huge wood-burning pizza oven that bakes the homemade pizza bases at an incredible 495 degrees - twice as hot as a traditional oven, toasting and crisping the pizzas to perfection.

My date, the gorgeous Jasper went for the hot and spicy (just like him of course) Volcano pizza with pepperoni and hot peppers. With a waft of woodsmoke as the waitress brought the freshly baked pizza over it took me back to wild gap years in Rome and sitting outside in moonlit piazzas with one rascally ragazzo or another. Forget crunchy straight-fromthe-freezer Chicago Towns, these are pizza heaven, soft and moreish but still perfectly toasted on the outside. Yum. One wasn't enough, and I couldn't stop Jasper's wandering eye, checking out the diners leaving with pizza box doggy bags.... There's a good variety of pizzas on the menu, and, in a nice Pizza Express-ish local touch, there's even one that includes a 50p donation to Durrell.

I'm back on the low carb diet, so it was one of the free-range rotisserie chickens for me. You get a choice of marinades, I went for the piri-piri one - spot on if you're suffering Nando's withdrawal - and you can choose different sizes; quarter, half or a whole chicken. They all come with chips or perfectly-crispy roast







potatoes. You can't beat a good rotisserie chicken, and this one was extra special, plump and juicy after a good roasting in the oven.

66

With a waft of woodsmoke as the waitress brought the freshly baked pizza over it took me back to wild gap years in Rome and sitting outside in moonlit piazzas with one rascally ragazzo or another.

"

The dessert menu is a roll call of favourites; banoffee pie, bread and butter pudding, sticky toffee pudding and some delicious ice-cream flavours. My banoffee pie was homemade, with fresh banana, caramel sauce and some proper vanilla ice-cream. And the ice-cream really does taste as good as it sounds – try the Maple & Walnut if you don't believe me.

My money's on this being an incredibly popular supper destination, whether it's Valentine's night or not. It's easy dining, with everyone's favourite Italian classics on the menu. The atmosphere's relaxed enough to put everyone at ease, but smart enough to dress up for. It's not expensive - there were plenty of families taking Nan and Gramps out for supper the night we were there, and the Tree House does a 3-course kids menu for £6.95. And although you're not going to find haute cuisine here, what you will get is fresh, top-quality ingredients, cooked perfectly and served in a warm, welcoming environment. And isn't that really what we all want...

The Tree House
La Marquanderie Hill
St Brelade
Tel: 741177
www.theboathousegroup.com
Open for lunch and dinner every day.
(Sundays 12-8pm for food)

lovepotion



This is The Royal Yacht's very own alluring love potion, created to enrapture all those whose lips it passes with its exquisite flavour. Citrus vodka, rose petal vodka, cranberry juice, Maraschino liqueur and a drop of cream make this fresh cocktail a real delight.

Claudio, Restaurants Manager at The Royal Yacht says, 'The Love Potion was created with Valentine's Day in mind; garnished with rose petals and boasting a subtle, sweet fragrance, it inspires romance. However, its wonderful taste means that this cocktail should not be limited to just one day and so will be available throughout February'.

Whether you're meeting your current / prospective love of your life or just fancy an indulgent sit at the bar, treat yourself to a love potion. Who knows what if could lead to...



Conversation Starter The red triangle of Bass beers is oldest patented logo.



Inseason



Flowers to go

With Valentine's day around the corner, you can't possibly go wrong when you say it with flowers. And one of Woodside's stunning hand-tied bouquets of fresh, locally grown flowers is sure not to disappoint. They grow over 25 different flower and foliage crops including lilies, gerberas, lisianthus, phlox, a large variety of daffodils and of course the de rigueur, red rose.

Woodside's large selection of flowers are all home grown in their own nurseries in Trinity, so have a superior freshness and will last longer than flowers grown and shipped from outside the Island. This might also ease your conscience, as it means no airmiles or the huge carbon footprint that over 85% of the flowers sold in the UK are responsible for. Woodside's team of innovative florists, based in their farm shop in Trinity, always have a selection of bouquets freshly made for you to 'grab and go' if you're in a hurry, or you can have a bouquet made for you while you wait. They can even sort postage to your loved one in the UK or beyond through their website, www. flowerexpressjersey.com.

Woodside Flowers at the Woodside Farm shop, la Hocquarderie, Rue Coutanche, Trinity. Tel: 863451 www.flowerexpressjersey.com



Frozen **fish** fingers

Spare a thought for our chilly fisherman, battling the wintery wild high seas to bring us lovely fresh fish. February is miserable for fisherman as the sea temperature reaches its lowest but it is good for some species and those brave enough to haul them back to dry land. Peter Gay is Captain Lobster: "Deep water female lobsters are very good at the moment. Deep water bass and pollack are in prime condition for breeding and can be caught on rod and line in good numbers at certain locations. Skate and the occasional cod can be netted close to shore." Captain Lobster sells direct from the vivier tanks in Victoria Pier, from his trailer at Holme Grown (Thursdays and Fridays) and alongside Jon Hackett's pigs in St Brelade (Saturdays and Sundays), for more information on their catch, see www.captainlobster.co.uk.

Experienced fisherman, Kevin Holden from Jersey Fresh Fish, has recently started selling direct from his stall at Lucas Bros Farm Shop on Fridays and Saturdays. Highly recommended, he fishes from his boat the 'Kirsty Lin' and has the freshest scallops, skate, squid and whatever the local seas yield. In February their catch will include turbot, sole, plaice, skate and squid. He has recently been promoting the sale of lesser known species that are abundant in our waters and are extremely good value. For example red gurnard and the curiously-named, pouting and smooth hounds. Kevin says, "Red gurnard tastes similar to chicken, pouting is similar to cod and smooth hounds similar to tuna."

Check out www.jerseyfreshfish.com and leave your email and Kevin will let you know what he has caught each week.



The One to Try Blush

Gallery's style team have been enjoying dropping into St Helier's newest bar Blush to rest our feet after all the sale shopping. It's a great space, chic and contemporary, where you can stop for lunch, supper or cocktails. Everything's luxurious and slightly pink-tinged (it suits our RED issue perfectly!), and you get a birds-eye view of shoppers on King Street from the cosy low-slung booths – perfect for spotting who's been shopping where! The food is predominantly Asian with one of the bestsellers a delicious Wagamamas-style chilli chicken ramen – a one-bowl dish with noodles and vegetables – although there's plenty of familiar favourites on the menu as well. And for cocktail hour grazing, there's a 'Nibbles' bar snacks menu which serves mini versions of some of the most popular dishes on the menu – £3 each or £10 for four.

Blush, 36 King Street, St Helier. Tel: 759420.

Open Mon-Tues 11am-6.30pm, Wed - Sat 11am-11pm. Closed on Sundays. Party bookings also available. Set menu - £15.95 for two courses, £19.95 for three courses - lunch and dinner.





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Been stuck in an meeting? Grab a friend, grab a bite.

At Cafejac we know that sometimes you don't get a chance to get out at lunchtime or sometimes fancy eating mid afternoon.

As part of our new missed lunch afternoon special, you can pick two dishes from our main menu for £10...

Just bring this flyer with you.

See our menu and book online at www.cafejac.co.uk or call 879482







Seasonal Recipe

Spice it up



This has got to be the simplest soup going, but it's perfect for warming up drizzly February days, and using up the local root veg that are in the shops at the moment. The only hard work is peeling and chopping the squash – after that just give it a stir now and again as you relax with a glass of wine and wait for your gorgeous soup!

what you'll need;

A good-sized butternut squash peeled and chopped 3-4 cloves of garlic, peeled but whole 2 tsp chinese five-spice powder 1 tbsp caster sugar 500ml chicken stock 50ml jersey dairy double cream

what you'll need to do;

Put everything except the cream in a big saucepan. Bring to the boil, then simmer for about 20 minutes until everything's soft and squidgy. Blitz with a hand-held blender or pour into a liquidizer. Stir in the cream, then ladle into bowls and sprinkle another pinch of five-spice on top before serving. Mmm.

Foodbites



Causing a stir at the Savoy

New Head Chef, Philip
Kleinschmidt has worked across
the globe from prestigious
restaurants in London to famous
restaurants such as Swizzle Inn
in Bermuda. His menu will offer
unpretentious but elegant British
and French gastronomy at the four
star hotel's fine dining restaurant,
Montana and more casual dining
in the hotel's live iazz bar.

Stars in their eyes

Both the Atlantic Hotel and Bohemia have been awarded a much-coveted Michelin star in the 2010 Michelin guide, again establishing Jersey's place as the only Channel Island with two Michelin-starred restaurants. The much sought after star rating is based on five main criteria; the quality of the products, the mastery of the flavour and cooking, the 'personality' of the cuisine, the value for money along with the consistency

Hard to believe this was the guy that started the word's standard for fine food...



Foodbites: red



Jammy tarts....

A tasty bit of food news here... the producers of the Shaun Rankin Range, Gaudins Patisserie, have revealed that they are launching a new product - a delicious Bakewell Tart. Shaun has been hard at work with the Gaudins bakers to produce a tart with buttery pastry and a sticky jam centre. It will soon be available in local shops and supermarkets so keep a look out and be one of the first to taste it!

Martina McGibney, Head of Retail Sales and Marketing, Cimandis, savs: 'The Shaun Rankin Range has been a huge success for Cimandis with the Treacle Tart continuing to sell unprecedented amounts. The Bakewell Tart is another take on a British classic and we promise you won't be disappointed - Shaun has created an absolutely delicious product and our Gaudins bakers are proud to be producing it for sale in all our outlets."

Snippets

RED snapper

Some of the best for us at Gallery has to be at Danny's at the Harbour View, where his Indian Ocean red snapper is vanillabaked and served with pesto mash and hummus. Yum. www.dannys.je



Red red wine

We've found quite possibly the most appropriate red wine for your romantic suppers this month! 'D'Arenberg's The Love Grass' Shiraz 2004 looks great, has a perfect name and tastes amazing. It's named after a wild grass, the lovegrass which grows in vineyards. During vintage, the sticky, velcro-like, longstemmed flowers of the Lovegrass affectionately attach themselves to the d'Arenbeg vineyard workers' socks. They even manage to get caught in Coco, the winery dog's coat and have to be brushed out. This shiraz will linger with you much the same way as the sticky flowers do which is why the family named the wine. Wine Spectator gives it 89 points and says: "Firm and frankly gamy, but plenty of blackberry and plum fruit comes through, emerging and persisting on the finish. A rugged wine that needs cellaring to bring some polish to it."

D'Arenberg 'The Love Grass' Shiraz (2004), £9.95 at Dunell's. Tel: 736418. www.dunells.com

Conversation Starter

The lip of a red wine glass is sloped inward to capture the aromas of the wine and deliver them to your nose.







- T: [01534] 744226
- E: boat@theboathousegroup.cor

THE BEACH HOUSE

- T: (01534) 498605
- E: beach@rheboathousegroup.com

4

THE TREE HOUSE

T: (01534) 741177

7

THE FARM HOUSE

T: (01534) 861697 E: farm@theboathousearoup.c



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Five of the best...

Valentine's supper& stay packages

Valentine's Day - it's the eternal quandary. Stay in or go out? Thankfully, Jersey's hotels always come up with a winning solution. A romantic dinner at a top quality restaurant, gazing into your lover's eyes, then instead of having to call a taxi, simply stroll (or stagger) upstairs to vour luxurious hotel room. Heaven. And some of them even throw in a spa treatment or two...

Indulge yourselves at the Grand Jersey

How much do you love your other half? Choose from three amazing overnight Valentine's packages – Indulgence with champagne and supper at Victoria's, Seductive Indulgence with dinner at Tassili, Park View room, champagne and rose petal turndown, and then Ultimate Indulgence which also includes dinner at Tassili and rose petal turndown but adds an upgrade to a Sea View room, a dozen red roses and chocolates and an hour's spa treatment for each of you in a VIP twin treatment room. All packages include full English breakfast and use of the Grand's spa facilities.

Valentine's packages: Indulgence – from £95 per person, Seductive Indulgence – from £125 per person, Ultimate Indulgence – from £199 per person. All packages available Friday 12th, Saturday 13th and Sunday 14th February, subject to availability. The Grand Jersey, Esplanade, St Helier. Tel: 722301. www.grandjersey.com. Tel: 722301

Romance at the Royal Yacht

Take some time out together at the Royal Yacht, they're offering one night in a Gold double room with a bottle of champagne, romantic nibble selection, rose petal turndown, use of the spa facilities and a Valentine's dinner menu for two – all for £175 per couple. Get even closer with option two: all of the above, plus a mud rasul and 'one of a kind' back neck and shoulder massages for you and your partner, and all for £295 per couple.

Valentine's packages: £175 / £295 per couple. Upgrades available. The Royal Yacht, Weighbridge, St Helier. www.theroyalyacht.com. Tel: 720511.

Escape to the Atlantic

Where better to hide away with your lover than the luxurious Atlantic Hotel. Their Overnight Stay over the Valentine's weekend includes full English breakfast, a five-course passion-themed gourmet dinner served in the Michelin-starred Ocean Restaurant as well as a half-bottle of Taittinger champagne and home-made chocolates. You'll also enjoy complimentary use of the Palm Club where the facilities include an indoor swimming pool, spa pool, saunas and mini gym.

Valentine's packages: rates start from £260 per night for a Golf View room and are valid on both Sat 13th and Sun 14th February. (Valentine's dinner menu is also available for dining only from £70 per head on the 13th and 14th February) Atlantic Hotel & Ocean Restaurant. Le Mont de la Pulente, St Brelade. www.theatlantichotel.com. Tel: 744101.

Love-in at L'Horizon

Spoil yourselves at L'Horizon, they're offering a gourmet five-course dinner along with chocolates and a bottle of champagne in your luxury Ocean View room and a romantic gift for your partner for £190 per couple per night between the 12th-15th February.

Valentine's package: £190 per couple, per night. L'Horizon Hotel & Spa, St Brelade's Bay, tel: 743101. www.handpickedhotels.co.uk.

Luxury at Longueville Manor

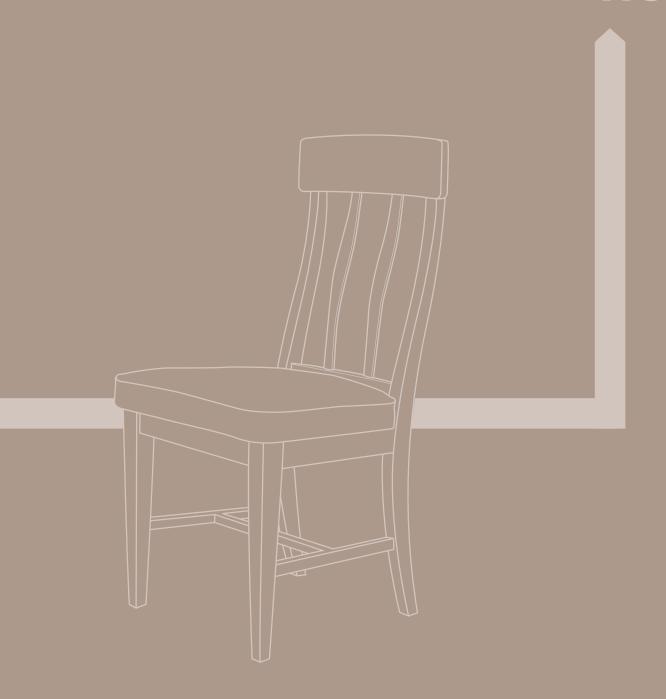
Jersey's Relais & Chateau manor house hotel is offering champagne and chocolates on arrival, luxury accommodation and an upgrade to the best room available (subject to availability), a special 5-course Valentine's menu and full English breakfast for you and your lover, all for less than \pounds 150 each...

Valentine's package: £147.50 per person (based on 2 persons sharing) per night on either the 13th or 14th February. Longueville Manor, St Saviour. www.longuevillemanor.com. Tel: 725501.



Conversation Starter Red food colouring produced by the

HOME









Sea views and cutting edge architecture - what more could you want? Set at the top of the cliffs at secluded Portelet Bay, the panoramic sea views are the backdrop to this contemporary light-filled home with its magnificent glass-fronted design.

A coded gate keeps the property secure, and from the front, the property retains its private, feel but the rear, sea-facing part of the house has been almost completely opened up with floor to ceiling windows over all three floors allowing the sun to stream in. And to say this property boasts 'magnificent sea views' is an understatement.

From the outside, the property is self-contained, with a secure coded gate leading onto the double garage and parking forecourt. The ground floor is home to three double bedrooms with one ensuite bathroom, the house bathroom, a

study, utility room and an integral garage. Climb the spiral staircase to the first floor, where the space opens out to an airy living room with concertina doors through to the open-plan dining room and kitchen, so that the space can be opened up for impressive dinner parties. Step outside onto a wide sea-facing balcony with its own staircase spiralling down to the immaculate lawned patio garden. The top floor, with its breathtaking views, is reserved for the master suite with its exquisite ensuite bathroom - it's a light-filled sanctuary right at the top of this stunning house.

At the southerly tip of the island, this Portelet property really is 'living by the sea', with the colours of the sea providing a constantly changing backdrop to the clean lines of the modern interior. Everything's been provided for in this home with its spacious living areas, top-spec finishes and sophisticated design details. Rooms are finished to a high quality, and feature state of the art technology, as you'd expect in a property of this standard.







66

the rear, sea-facing part of the house has been almost completely opened up with floor to ceiling windows over all three floors allowing the sun to stream in

There are A stunning property in a desirable location, with sea views that have to be seen to be believed - this property would make an incredibly contemporary family home that maximises its perfect Jersey setting.

Property details:

2 lounges

4 bedrooms

3 bathrooms

Double garage Balconies

£1,750,000

Le Gallais Estate Agents,

Tel: 766689

"

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- Bright & airy
- Walk to townQuiet location
- Walk-in condition

£442,0000

ST SAVIOUR



- Quiet Location
- Rural Views
- Available immediately
- Wrap-around garden
 Modernisation required

• Modernisation required

99.000 CAT.

ST SAVIOUR



- Available to over 50's
- Communal grounds
- Ample Parking
- Warm & Friendly feel
- Available Immediately

(205 000



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Charming Country House ■ 4 bedroom suites ■ Extensive guest/ staff wing ■ Garden, pool & tennis court

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asking £3.5m freehold or share transfer, A-K category.





Contemporary Coastal Property Corbiere

Unique New House ■ Spacious Reception Rooms ■ 4 Bedroom Suites ■ Sea Views on 3 Sides

new price £2.55m, A-K Category, joint sole agents.

Step Onto The Beach La Rocque

Direct beach access ■ 3 reception rooms ■ Double garage + ample parking ■ 4 bedrooms ■ 4 bathrooms

offers invited £2.5m Freehold, A-K Category.



Michael Dean Associate 01534 870074 07700 859159 mgdean@savills.com

gallery Jersey's STYLE MAGAZINE

sitting pretty





Cool Concept. BoConcept have a great new bright red

fabric for all their sofas. The Lugo sofa pictured is also available in different sizes and and with chaise pieces.

BoConcept available at Beaumont Home Centre Lugo sofa £850 (special price 20% off rrp) Pictured in Red Ica fabric, also available in many other fabrics.

Italian Stallion.

The striking Megatizzi Panca sofa is handmade in Italy, and now available at Morton & Morton

Creazioni's new collection floats in the ether between interior design, visual evocations and theatre

available from Morton & Morton £2,720

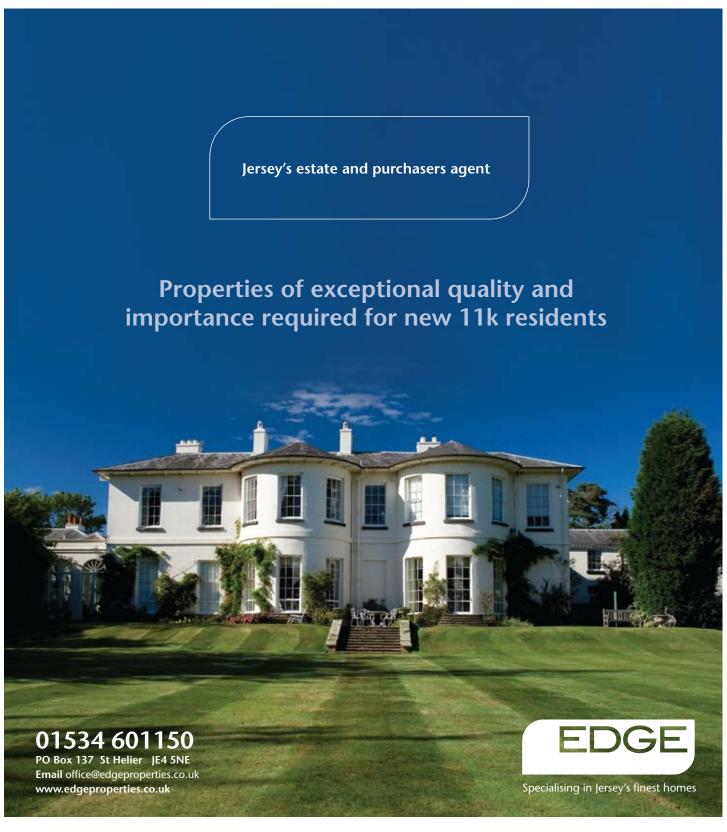
Action.

Websites such as www.newel.com sell off props used in Hollywood blockbusters. So you can pick up a piece for your home with a great story behind it.

You can own chairs from The Godfather movies, paintings from Iron Man and Ocean's 13, and elaborate weaponry from the new Sherlock Holmes movie. There are thousands of items from hundreds of films to choose from. If you love a certain film you will probably be able to own part of the set. This makes a brilliant unusual present for the movie buff in the family!

www.newel.com/movie_props









BUSINESS







of 100% evisited revisited

Move in, start out

Jersey's contemporary business centre gives small businesses room to grow.

f you're a small business starting out, you know that having a space of your own, somewhere to meet clients and work on projects in a modern, professional environment, is vital if you want to move forward. But bridging that gap between 'working from home' to a fully equipped office in the centre of town can often seem like an impossible step.

4 Wharf Street is an ideal solution - a convenient range of business suites in the heart of town with flexible and affordable leasing terms that include utilities. The business centre is the brainchild of property developer and entrepreneur

Spencer Bourne who realized that flexible models of working were available to small businesses in the UK, but not in Jersey. The old Home Ideas building next to Buddha Bar in Wharf Street became the base for Jersey's newest business centre, with a complete redesign by architects Naish Waddington, turning it into an exciting, modern space tailored to meet the needs of forward-thinking new businesses.

Thespace

4 Wharf Street is built for impact, and from the moment you walk through the huge front door, with its modern glass front and bold graphic signage, 4 Wharf Street communicates a strong message of contemporary professionalism.

Upstairs on the top floor, the light, bright effect continues with skylights running along the roof letting plenty of natural daylight stream in. Huge pendant lights hang along the central street-like corridor, with office suites either side They're set at a 'shark tooth' angle, so each office

suite, or 'pod' has a visual presence as you look down the corridor. That effect is reinforced by the use of colour – although all the office interiors are white, each one has a pane of different bright-coloured glass jutting out onto the corridor – giving each office its own distinct personality and creating individuality; "I'm in the blue office".

The office suites are designed for flexibility with partition walls allowing two pods to be made into one as businesses expand – and there is a boardroom with free one-hour use for each tenant each week.

The people

Andy Ozouf, who runs Ozouf Advertising Limited has been at 4 Wharf Street since the beginning. "It's been genuinely exciting to move into the hub of St Helier. The offices are full of bright colours and bright personalities, it's a pleasure to be able to bring clients into such an optimistic and creative space".



The lowdown

From only £250

Suites from only £250 per month Flexible leasing terms
Minimum one year lease, after which a three month notice is all that is required to end the lease.
Three months deposit plus one months rent in advance.
No service charge
Heating, lighting and water are all included in the lease. Cleaning service supplied for common areas.

Ideal for start-ups Make the step from home to town and get closer to your clients.

clients.
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Free one hour use per week.
Individual mailboxes
Assuring privacy of mail.
Kitchen
Servicing all suites.
Phone system
Allowing for individual phone numbers.

Wi Fi access Free online access.

www.4wharfstreet.com t: 888554

Next month:

We focus on the new businesses that call 4 Wharf Street 'home'.



Eddie McGrath worked from home for ten years before moving EWM Design & Advertising into his 4 Wharf Street office. "When you're working from home, you find you work all hours of the day and night. But here, when you finish, that's it, you can leave it behind. For me it's been a fantastic move. First there's the wow factor of the building, and secondly because it's so reasonable, my overheads are a lot lower than my competitors and I can pass that saving onto my clients."



The second phase of the development is to extend the light, modern design of the top floor down to the first floor of the building, and create a community of larger 3 to 8-person occupancy units (completion May 2010).

The future

The second phase of the development is to extend the light, modern design of the top floor down to the first floor of the building, and create a community of larger 3 to 8-person occupancy units (completion May 2010). "It was important when I started this that Wharf Street became a business community, a meeting place for different types of businesses, and it's great to see it happening" explains Spencer Bourne. "Because all the businesses are so different, people have been doing business with each other, and recommending each other. And it's been very easy to grow your business, with clients coming in to see one business, and then simply walking across to see someone else". With the top floor businesses thriving and expanding, the second phase will create slightly larger units to suit their growth. "It's a natural progression, as the top floor businesses move down into larger units, that'll free up the smaller units, allowing new businesses to move into the centre".

To add your name to the waiting list, call 888554 or visit www.4wharfstreet.com



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Cobra loose at the enterprise awards

Founder and Chairman of Cobra Beer to give key note address

The entrepreneur and life peer who co-founded Cobra Beer will address islanders at one of Jersey's most prestigious awards evenings.

'We always aim to provide high profile and inspiring speakers for our annual event,' said Senator Alan Maclean, Minister for Economic Development. 'Thanks to the generous sponsorship of this year's keynote speaker by the Garenne Group, we have once again been able to secure a fantastic speaker who is a successful entrepreneur in his own right.

The Awards, coordinated by Jersey Enterprise, are designed to recognise the achievements of local businesses, excellence in management and the contribution individuals and organisations make to the island. This year two further awards have been added to enable organisa-

tions and individuals to showcase their environmental credentials and management skills.

The Awards would not be possible without the loyal support of long standing sponsors Play.com, Natwest, Jersey Telecom, Garenne Group, Indigo Lighthouse, Guiton Group, Altis Partners and BPP Professional Education plus new sponsors, Jersey Electricity Company and Condor Ferries. Andy Hall, Chief Executive of the Garenne Group, said he was looking forward to the evening: 'Lord Bilimoria is an inspirational speaker with a wealth of experience and knowledge. We're all absolutely delighted that he has accepted our invitation to speak at the Jersey Enterprise Awards evening, which promises to be a lively and thought provoking event.' He added: 'He is a good motivator who can really engage the audience, adding energy and impact.' Karan Faridoon Bilimoria, Baron Bilimoria CBE DL founded Cobra Beer in 1989 with the aim of creating a less gassy lager, more suitable for drinking with curry and other foods. It is now exported to over 45 countries. The brand has a current retail value turnover of £178 million, is sold in nearly 6,000 Indian restaurants and is available to more than 6,000 bars, pubs, clubs,

In 2009 Cobra Beer entered into a Joint Venture with Molson Coors, the largest family

supermarkets and off-licences across the UK.

The company diversified into wine in 1999.

owned brewer in the world. Cobra Beer was awarded 19 Gold Medals at the 2008 Monde Selection, Vienna, World Selection of Quality Awards - including the International High Quality Trophy.

Lord Bilimoria was born in Hyderabad, India, of Parsi Zoroastrian descent (see note 1). He received the Bachelor of Commerce degree from Osmania University; (Indian Institute of Management and Commerce, Hyderabad) in 1981. After working as a chartered accountant for Ernst & Young, he studied for a Bachelor of Arts degree in Law at Sidney Sussex College, University of Cambridge. In 2005, he became Chancellor of Thames Valley University - the United Kingdom's youngest university chancellor at the time - and in 2006

he was chosen as a cross-bench life peer with the title Baron Bilimoria, of Chelsea in the Royal Borough of Kensington and Chelsea by the House of Lords Appointments Commission, becoming the first-ever Parsi in the House of Lords.

The Jersey Enterprise Awards now in their eighth year attract an audience of around 800 people, drawn from all sectors and sizes of local businesses, including politicians, the media, award judges and sponsors. The gala night at which the awards will be presented is planned for 26th February 2010 and will be staged in the Queens Hall, Fort Regent. Guests on the night will be able to enjoy a pre-dinner aperitif thanks to the generosity of Rothschild.





New IOD **Director of the Year Awards**.

stitute of Directors (IoD) has launched a search to find the top executive and non-executive directors in Jersey's private, public and voluntary sectors for the inaugural 'Director of the Year Awards'. The Awards, which are sponsored by Appleby – one of the largest providers of offshore legal, fiduciary and administrative services – will culminate in nominees and winners being celebrated at a Gala dinner and awards ceremony on Friday 11th June at Hotel de France.

Jersey has a high calibre of individuals in its boardrooms, loungerooms, farmhouses and all manner of locations; men and women who lead their companies forward with courage and dynamism in often difficult trading conditions. The IoD is keen to recognise their achievements, whether members or not. These awards will not only focus on individual achievement, but also on the importance of the director's role in the community and the commitment and expertise contributed to businesses large and small. The definition of 'Director' for the IoD includes anyone that has the responsibilities of a Director but does not carry that specific title e.g. Partner, MD, Chief Executive or President.

The category titles for the Director of the Year Awards 2010 are as follows: Emerging Director Award Established Director Award Female Director Award Public/Not for Profit Sector Director Award Non-Executive Director Award Global Director Award The Gala dinner and awards ceremony will bring together business leaders for an evening of celebration; offering an excellent opportunity to network with business colleagues and clients and forge new links. A high profile UK business personality has been booked to speak at the awards and details of the speaker and the judging panel will be released in the near future.

Nomination forms, awards criteria and guidelines for entry, will be found on www.iod.com/ jersey in the near future. Closing date for nominations is Friday 9th April.

Please note: ENTRIES ARE INVITED FROM BOTH IOD MEMBERS AND NON IOD MEM-BERS. Tickets are priced at £75 and the dress code is black tie.

To reserve your place at the Gala Dinner, please contact Kirsten Higgins on 610799 or jedirector@localdial.com.



The Global Growth Portfolio Fund is a Jersey based collective investment scheme, investments are split 50% UK Equities & 50% Overseas Equities. Fund performance over 1 year to 31/12/09 returning +19.87% & over 5 years + 29%.

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If you would like a copy of the most recent Factsheet, Prospectus, Accounts and Application Form then please contact Anna Camacho at anna.camacho@fundadministrators.com or text Anna on 07700 825 200.

Issued by R&H Fund Services (Jersey) Limited, PO Box 83, Ordnance House, 31 Pier Road, St Helier, Jersey JE4 8PW. The Global Growth Portfolio Fund is a Jersey unclassified fund and holds a certificate under the Collective Investment Funds (Jersey) law 1988, Both the Fund and its Fund Service Providers are regulated by the Jersey Financial Services Commission. The value of the investment and the income from them can fall as well as rise and investors may not get back the full amount invested. Past performance is not necessarily a guide to future returns. If unsure, please consult your financial advisor.

gallery JERSEY'S STYLE MAGAZINE

movers&shakers 🗸 🦄



topmarks



Ten colleagues in the Private Banking Channel islands team received an early Christmas present when they found out that they had passed various exams.

Marc Roxby, Craig Whitworth, Steve Cullinane, Jackie Turner, Steve Kett, Amanda Youinou and Rob O'Connor (not pictured), all passed the Investment principles unit of the Diploma in Financial Services and are all well on the way to achieving the Diploma in Financial Services. Indeed in Steve Cullinane's instance he has now achieved this financial planning advanced qualification.

Marc Nightingale was successful in unit 2 of the Investment Management Certificate and has now achieved the full qualification. Ian Farmer (not pictured) and Adrian Hick both sat Institute of Directors exams with lan passing the Certificate in Company Directorship and Adrian gaining success in the Diploma in Company Directorship.

Adrian Hick (Branch Manager) said "I am delighted with so many successes in what are all very demanding exams. We very much encourage colleagues to consider either starting or building on their professional qualifications and this really helps to demonstrate and build their knowledge, confidence and professionalism in their roles. With the focus on the Diploma in Financial Services we are looking to stay ahead of the curve, as the UK FSA has already stated the intention for all Financial Advisers to reach this standard by 2012 and whilst this does not apply to the Islands yet, it does keep us in line with the move to higher level qualifications, enhancing professionalism of investment advisers".



Ellie Stoddart - Exam Success

Ellie Stoddart, a trainee accountant with BDO Alto in Jersey, has been awarded the Sir William McLintock Prize for her performance in the recent sitting of the Institute of Chartered Accountants of Scotland exams. Ellie achieved the award in recognition of her result in the Assurance & Business Systems paper at Test of Professional Skills (TPS) level. Ellie was also awarded a Commendation from ICAS for her overall performance in the TPS examinations which places her in the top 5% of students at this examination sitting. Ellie is a second year audit trainee with BDO Alto and commenced her ICAS studies in October 2008. Ellie's course is delivered locally in Jersey by ICAS tutors and she was amongst 730 students sitting the exam nationally.

career advancements



In Bloom

Orchid Communications, the award-winning Jersey PR agency, is pleased to announce the appointment of Andrea Mackenzie as PR Executive. Andrea recently graduated with a first class honours degree from Brighton University in Communications and Media Studies. Whilst at University she was exposed to a broad range of communication sectors within the media and her studies included visual analysis, media law and marketing for media and communication organisations. Andrea also gained experience through a placement with ITV Channel Television. Having tasted the world of accountancy after school, Andrea decided this wasn't the path for her and is now relishing developing her skills in the world of PR and Marketing. Andrea is a core member of the team, providing PR support and undertaking training as a PR Executive. She brings valuable new skills to the team, helping to develop the overall Orchid offering.



New senior role at RBS International to build its funds business

The significance of The Royal Bank of Scotland International's (RBS International) services to the offshore funds market has been recognised with a new senior appointment. Mike Gray, who is currently Deputy Regional Managing Director of Corporate Banking for RBS International offshore, will now have extended responsibilities as Head of Funds for London and Scotland together with the offshore jurisdictions of Jersey, Guernsey, Isle of Man and Gibraltar

Mike has worked for the RBS group for over 25 years, the last 15 in Corporate Banking. He has been based in Jersey for four years and will travel between the offshore jurisdictions as well as London and Scotland in his new role.



Robert Dingle returns to Mourant

The property law team at Mourant du Feu & Jeune is delighted to welcome back former employee, Robert Dingle, who began his career at the firm in 1973. Robert, who re-joined Mourant du Feu & Jeune as a Senior Conveyancer last month, has a remarkable 37 years' conveyancing experience in Jersey and is highly regarded in the industry. He has held senior positions for a number of property firms in the Island specialising in commercial property and residential developments. Partner Wendy Lambert, head of Mourant du Feu & Jeune's expanding Jersey property law team, said: "We are extremely pleased to welcome Robert back to the Mourant du Feu & Jeune property law team. He is one of the most experienced and skilful conveyancers in Jersey and he will provide our clients with the timely and thorough service they expect in today's highly competitive commercial and residential property market." In his spare time Robert is a keen runner and has run the Jersey Marathon for the past two years, raising money for the Anthony Nolan Bone Marrow Trust. He is also a fan of Formula 1.

Nicholas Cabot joins Ogier

Nicholas Cabot has joined Ogier as a Senior Conveyancer in the firm's Jersey property law team, where he will specialise in residential property. Nick began his career with Le Gallais and Luce in 1974, working in the property and litigation departments. He then moved to Jenners, heading up the conveyancing department which specialised in residential and commercial property as well as securitisation for high street banks. In 2005, Nick joined Crill Canavan as a senior conveyancer. He took a sabbatical in June 2009 before joining Ogier at the beginning of the year. Chris Renouf, head of Ogier's property law group said: "I'm delighted to welcome Nick to the team. With over 35 years' experience, he further adds to our existing knowledge and expertise." Outside of conveyancing Nick is the principal conductor of the Jersey Island Singers, the chorus master of the Jersey Symphony Chorus and the co-director of the International Choir Festival of Jersey. He is also the organist and choir master at Trinity Parish Church and was made an MBE for services to choral music in Jersey in the Christmas Honours list of 2005.





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Two for one personal shopping trips in February



Local style consultancy Quintessential Style is offering you a perfect way to tell your friends they're special this Valentine's Day. Book one personal shopping trip and bring your friend along for free. You'll get all the benefit of a team of stylists, personal shoppers and makeup experts working on a new look for you and your best friend - all for the price of one. A personal shopping trip with Quintessential Style costs £30 an hour (minimum outing - 3 hours) and includes:-

- An analysis of your personal style ... over coffee of course.
- A tour of Jersey's shops and boutiques to find the perfect clothes and accessories, in the right sizes and styles to suit you.
- And if you really want them to stay shopping all day (maximum 5 hours) they'll even buy

As your personal stylists, Quintessential Style do all the thinking and running around for you. You won't even have to leave the changing room! They'll give you honest opinions to ensure that everything you buy makes you look and feel gorgeous. Their aim - to help you to choose the right sizes and find you clothes and accessories in the colours and cuts that suit you so that you can mix and match and make the most out of your wardrobe. Quintessential Style say 'We work with all body shapes, ages and budgets - our aim is to build up your style confidence and bring out your unique beauty.' To take advantage of this amazing offer, book your personal shopping outing with Quintessential Style during the month of February.

Call JoAnne on 07797 821460 or Sarah on 07700 753595 or email jo@quintessentialstyle.com /sarah@quintessentialstyle.com

HARDWARE





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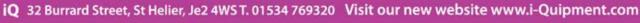
Loves me lots.



This Valentine's Day, let your loved one know how you feel with a new iPod. Our Apple experts can guide you through the gaming, video and music capabilities of the iPod touch, or show you how to shoot movies with the iPod nano.









motor brand news



BMW X₁

Whether it's a trip to the snow, lugging the shopping around or fitting your mountain bike into the back, the BMW X1 is more than capable. Lightweight bodywork, stop-start and brake energy regeneration technology keeps your conscience clean and your wallet at ease. Available in both two wheel 'sDrive' and four wheel 'Xdrive'.



Jacksons Airport La Rue Fondon, St. Peters, JE3 7BF 497777 | www.bmw.co.uk



BMW 5 Series GT

Initially available with a choice of a 3 litre turbo-diesel and 3 litre twin turbo six cylinder or 4.4 litre twin turbo V8 petrol engines coupled to an 8-speed automatic gearbox the 5 Series Gran Turismo will swallow up both continents and luggage. Thanks to the movable rear seats you can choose between legroom or luggage space with ease. Both these BMW types have been recently launched and are available now.



Jacksons Airport
La Rue Fondon, St. Peters, JE3 7BF
497777 | www.bmw.co.uk



Lexus RX 450h

Returning 44.8mpg and emitting a mere 148g/km of CO₂, the RX 450 hybrid is the most environmentally conscious SUV currently available. It's no slouch though, thanks to the 3.5 litre V6 powerplant on top of the electric motors and can be equipped with adaptive air suspension, a heads up display & Mark Levinson premium surround.



Lexus Jersey
Longueville Road, St. Saviour, JE2 7SA
703377 | www.lexus.co.uk



dreaming of raw, fast, high revving, noisy cars that get the blood coursing through your veins faster than an industrial-strength shot of epinephrine administered directly into your heart.

On the flip-side of that, if you've been having a bad year and would rather prefer a cash injection, are desperately clawing onto the hope that 2010 will be more financially stable and the title cast your thoughts more toward how often you've been playing fuel light bingo lately then this article might go further up your street.

In a similar vein, America's 'Motor City' (known as Detroit to the nonpetrolheaded public) is famous for producing some of America's big irongas guzzling monsters more concerned with their sheer size rather than the size of El Nino - was recently home to more electric and hybrid concepts than you could shake a 1970's gearstick at as they were unveiled at the annual Detroit Motor Show. Hybrids? I know, I'm as little a fan of them as most who aren't obsessing over global warming (still coming out of an ice age, anyone?) but the future seems brighter than you'd think. Here's a roundup:

HONDA CR-Z

Almost disappointingly, the only 100% guaranteed production vehicle we've got here is this one. Now I'm not doubting either its technical or build qualities but let's just say it's not quite as inspiring as the others on the page what with looking like a slightly cut 'n' shut Honda Insight / CRX combo. Hardly groundbreaking, especially considering that's pretty much exactly what it is. What they've done is combined the 1.5 litre engine from the Jazz with an electric motor whizzing out an additional 13bhp to give an overall figure of 122bhp which I guess isn't too bad in a small car that will help save the rainforest. So that future generations can go back to gas guzzlers in a few thousand years, that is...



ALIDI E-TRON

Here's a concept that even the most die-hard of fossil fuel burning motoring fans cannot help but get excited by. Just look at it! Not convinced? How does a staggering 1954lb ft of torque take your fancy? Smaller than a TT, weighing in at a mere 1350kg (not to be sniffed at considering the weight of the requisite heavy batteries) and with rear wheel drive, Audi say the E-Tron can get you to sixty-two in 5.9 seconds which is reasonable, but I'm sure all of that torque would make acceleration from around 40 to 80mph nothing short of phenomenal. Plus, if you can find a 400v power supply it'll only take two hours to charge. Electricity substation skeleton key not included.

FIAT 500 BEV

Ingeniously named, the Fiat 500 Battery Electric Vehicle is purely a concept that Fiat are using to suss out whether or not a sporty, compact electric car could work. If they deduce that it does work, using the 500 probably wouldn't be a bad move, although they'd probably have more flamboyant plans being the Italians that they are. Let's not forget this is a purely battery powered vehicle and not a hybrid but nonetheless, seemingly against all odds the 500 has managed to hit the retro spot far better than the BMW Mini did in my opinion and both hide impressive underpinnings when it comes to ride and handling. Go on Fiat, you know you want to...



BMW 1 SERIES ACTIVEE

Like a second generation follow up to BMW's Mini ActiveE that was unveiled in Geneva last year, this model is only going to be supplied on a lease basis at first, with a fleet potentially servicing the London 2012 Olympics. Unlike their Mini ActiveE concept the 1 Series ActiveE manages to seat four thanks to the ingenious game of hide and seek BMW have played with the batteries. If you ever find yourself playing that game, they're under the boot floor and beneath the bonnet, but don't tell anyone I told you. They're promising 168bhp and 184lb ft of torque too which is on par with the current 120i. It will take a little longer to 'fill up' though.



PEUGEOT SR1 CONCEPT

Is it just me, or should somebody at Aston Martin potentially check to see if Marek Reichman's (their head of design) emails have been intercepted recently? Whilst the odds of Peugeot producing cars featuring one-piece carbon fibre bodywork is unlikely, this concept could be an indicator of what's to come both aesthetically and mechanically. The 1.6 litre turbodiesel and 95hp electric motor combination they call the 'Hybrid4' powertrain will make its way into the RCZ and 3008 Crossover being produced imminently and with any luck the rather weird 'nose' we've been seeing on recent Peugeots will be ousted in favour of the sleeker look you see here.







CHOOSE YOUR WEAPON.

& JOIN US IN A RALLY TO THE WORLD'S COOLEST CITY*

The 2009 Gallery Rally raised £32,000 for Jersey Hospice Care.

Friday 4th June 2010 will see the Gallery Rally venture across the Alps to a finale on Lake Geneva. Think Wacky Races meets Gumball with a touch of the Telegraph crossword thrown in. **Come with us.**

Download a sponsor pack at www.galleryrally.com



official partners











eat, sleep, facebook, twitter....

is there anything else?

With one-click links to all your favourite networking and boredom busting sites, this is the perfect phone for all networking addicts!

The Samsung S5350 is one of a trilogy of the Samsung 'shark' family boasting impressively simple ways of accessing a wealth of multimedia content in the palm of your hand. With a 3.2 megapixel camera with autofocus, smile detection and good sound quality, the phone allows you to capture and upload audiovisual material to multimedia sites.

As well as helping you keep up with all that's going on, the phone is equipped with quad band GSM connectivity enabling the phone to be used anywhere in the world with GSM connectivity and Google maps preinstalled in case you lose your way whilst in unknown murky waters.

Available soon throughout Sure stores.

gallery wants...

A red arrow

The Red Arrows do not use front-line aircraft because of operating costs. The team uses the RAF's advanced jet trainer, the BAE Hawk T1A. While the Hawk is very basic compared to the much more modern Eurofighter Typhoon, it is still fast enough and very manoeuvrable, ideal for low-altitude aerobatics. The plane also does not have a sat nav or radar or onboard computer. The Red Arrows normally cruise at 360 knots (one nautical mile every 10 seconds).

The facts

Wing span: 9.39 m Length: 11.85 m Height: 4.0 m

Maximum altitude: 48.000 ft (15.900 m) Empty weight: 8,000 lb (3,630 kg) Maximum weight: 18,390 lb (8,330 kg) Powerplant: one Rolls-Royce Adour Mk 151

Maximum speed sea level: 800 mph (1,037 km/h)

Thrust: 5,200 lbf (23 kN)



featured five

in the red

Every since Apple broke the monochrome stranglehold with its release of the iPod Mini back in 2004 with all those bag-of-Skittles colour options, gadgets have got a lot more colourful. You can even match your TV to your scatter cushions these days, and for gadgets that are still stuck in the black old days, there's always cases and skins.

So why not match your colour to your mood? Heat things up with an injection of hot red -and for our RED issue, here's our choice of stuff that channels this month's hottest colour perfectly...

Our selected top 5 iPod Nano RED

This year we've seen the release of the new iPod nano. Not only did those clever people at Apple add a suave new video camera, but they also added nine new metallic colours including this lush red!



Nintendo DSi

Valentine's Day is fast approaching and instead of giving your sweetheart the usual unimaginative box of chocolates and flowers combo, what better way to say 'I love you'

than with a Nintendo DSi - in hot pink (well it's red for girls isn't it...)



Sony Ericsson

Apart from being sexy red, the Sony Ericsson W995 is the first handset to feature the new SE MediaGo service which can transfer data seamlessly between your mobile phone and PC. Clever thing.



The Ladybug II

With its unique flip-down speaker wings, digital amp and built-in sub woofer, the red Ladybug II gives you big sound with lots of bass in a small package. Add to that stylish design and a soft-touch finish and you've got a new favourite way to listen to music or videos at home or on the



Sony's eBook Reader

you can install up to 160 books on it's inbuilt memory and turn 7500 pages before it's battery runs out! This is ideal for people with bad eyesight as you can zoom into make the words bigger.



amazing Vodafone competition

WIN this Samsung J700 and PAYG connection with £5 credit included + UNLIMITED FREE worldwide text messages (available until 30 June 2010) + UNLIMITED FREE mobile internet data usage (available until 30 June 2010)

To win simply text 07829 960565 with the answer to this question:

"When you buy any of the handsets in the January and February pay-as-you-go sale, how many texts do you receive as part of the deal?"

See www.airtel-vodafone.com/handsetsale for more information

The Samsung J700 is a compact slide opening mobile phone which comes in a desirable black coloured casing. A two inch colour screen can be viewed when the handset is slide open or slide closed and the phone comes with easy access external keys for ease of use. The built in features include a MP4, 2GP video player, recorder, MIDI player, HTLM browser, Tri band handset and up to 25hrs standby time.



New Year pay-as-you-go handset sale. All handsets in this sale come with Unlimited Free worldwide text messages (available until 30 June 2010). Unlimited free mobile internet data usage (available until 30 June 2010), a free pay-as-you-go SIM card and £5 credit. If you are not a winner in this competition, why not come instore and take full advantage of this amazing offer - available in January and February only. This offer is only valid whilst stocks last, so hurry, visit our store today to avoid disappointment. Handsets start from just £39!

See www.airtel-vodafone.com/ handsetsale for more information

Terms and conditions apply. Texts and data used when roaming are not included in this offer, these will be charged at standard roaming rates.



Help is at hand

The guys at iQ are always happy to provide ad hoc advice and support for all their customers, but if you require more formalised help then their fab one hour Support Voucher £61.80 (inc GST) will buy you time with a Mac genius to help you set up up your email, learn more about iPhoto, iMovie, or any of the iLife apps, or just the operating system in general. They will help you with absolutely any questions you have basically, and they're all yours for one hour. The Support Lesson is the difference between owning a Mac and actually getting the most from this cutting edge technology.

Here's what people had to say about it...

"I was loving my new Mac, but wanted to know more about some of the cool features, and also wanted to transfer some of my old stuff from my old windows computer - I was thrilled when my partner gave me the iQ Store 1 hr Support Voucher; a member of their support team, Zeb, came to my house and helped me sort everything out, and showed me how to be a computer whizz."

Jenny, 26

"This year I vowed to learn how to use my iMac, after having it for years. I knew I wasn't getting the most out of the computer, I was only scratching the surface on all the applications and not using them to their full potential. I popped into the iQ Store for an hours training, over two days and am so glad I did!"

Phil, 39

"I had been using a PC all my life at work, but for my home computer I chose an iMac, after hearing rave reviews about them. I really needed this Ihr Support Training, and it made the whole transition from PC to Mac so easy. I'm enjoying iPhoto, creating photo albums of my newly extended family and grandson!"

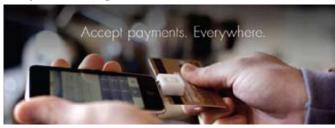
Lydia, 61



Welcome to Gallery's tech page, brought to you by Switch Apps. At Switch we drown ourselves in web technology so we can empower clients with the latest web applications. We're here to help clients make the most out of their online potential and would like to share some of the latest and coolest technologies and features out there.

WEB TECHNOLOGY

SquareUp



Lwitter co-founder, Jack Dorsey, has launched a new mobile payment service, which looks set to take off in a big way in 2010.

The SquareUp service allows anyone to quickly and easily accept physical credit card payments from their mobile phones. The service works by attaching a small device to the phone which swipes the card details and processes the payment online with receipts being sent by SMS and email. Initial support is targeting the iPhone but other devices are to follow shortly, keep a close eye on



SWITCH

www.squareup.com

WEBSITE PROFILE

BentoSushi.co.uk

Client: Bento Sushi Design: Side-on

Switch have collaborated with Side-on to launch www.bentosushi.co.uk for Jersey's very first conveyor belt sushi bar, Bento Sushi. The website provides an overview of each sushi dish via an interactive conveyor

belt, as well as latest news, menus, current promotions and the health benefits of sushi. Did you know the Japanese have the highest average life expectancy? See you there soon!

.....

.....

ABC of WWW

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

is for **eCommerce** Electronic Commerce is the buying and selling of goods using secure digital systems, the internet being the most common platform and has transformed the way we buy and sell all manner of goods.

Ecommerce can be used to sell virtual items, such as access to additional website content, but it is the availability of everyday items that has seen extraordinary and widespread growth through websites such as Amazon, lastminute.com, eBay and Jersey's own Play.com. Online sales are increasing globally approximately 18% each year and in 2008, US eCommerce transactions totalled over \$204 billion.

> Switch SiteBuilder has built-in ecommerce facilities. Call us on 866638 to get started selling online.





Tablets

Dell and Acer both announced tablets at CES and by the time you read this, Apple might have also introduced theirs. 2010 is gearing up to be all about the tablet, multi-touch and gestures.

switch SiteBuilder

Switch Apps

We've just launched version 2 of our SiteBuilder website management system and have lots more exciting developments this year. Keep an eye on

www.switchapps.com



Mobile Ticketing

More companies will adopt paperless tickets, so get used to flashing your mobile phone to scan a ticket at an event or when boarding a plane.

Google Nexus One

In association with HTC, Google have launched a new smartphone running

the latest version of the Android operating system. In comparison to the iPhone 3GS, the N1 features a faster processor, better screen and an improved camera. Could this be the first phone to rival the iPhone's dominance? See



www.google.com/phone

Foursquare

Location-based gaming will soar in 2010 with Foursquare leading the charge. Using geo-tagging, Foursquare helps users find and share venues, bars, restaurants and explore an increasing number of cities. Having just introduced geo-location. Twitter will either be their best friend or worst enemy, get started at

www.foursquare.com

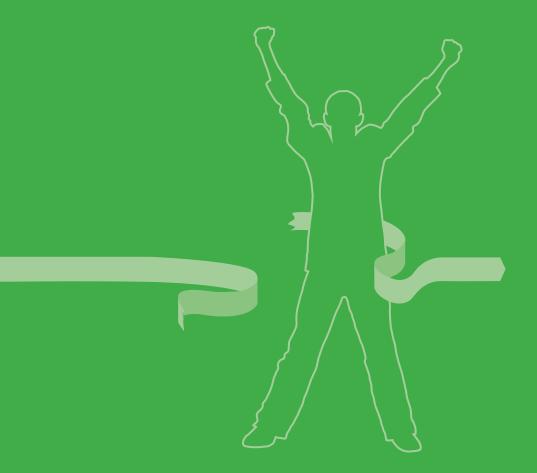
Want more great web facts?

Follow us on Twitter at www.twitter.com/ switchapps for more technology news and general Switch activity or visit

gallery Jersey's STYLE MAGAZINE



SPORT











I'd been putting it off for too long. My new-found addiction to pasta carbonara, all that raiding the Gallery biscuit tin, and polishing off the leftover mince pies has left me with a bit of a tummy that even my trusty Spanx can't hide. People don't say I'm skinny any more, they say I'm looking 'bonny' which everyone knows means 'on the plump side'. I needed someone to get me back into a size 8 pronto. Enter Rai - Jersey's newest personal trainer who promises incredible results with his Spartan-style outdoor training. He's already whipping the Jersey rugby team into shape – so how would he deal with a gym drop-out like me?



Training - Month One

I'm nervous. And I'm right to be. My new trainer's preferred habitat? Outside in a field, with what looks like various instruments of torture lying around. After a warm-up, Rai constructs a circuit for me. We start with ...

Sled-dragging It's a technique used by sportsmen to get them conditioned superquickly. It works all the body muscles and burns fat fast, really hitting the glutes, quads and hamstrings. Just what I need.

Sledge-hammering There's something about swinging a sledgehammer that feels great. It works out every part of your body, but especially your core muscles, shifting those stubborn pounds in no time.

The Battle Rope It looks like a giant tugof-war rope, but in my training session, I

have to use it as if I'm shaking a sheet out, shaking a wave along it. It's incredibly hard, and pushes me to the limit, but I can feel it working straight away. It hits the core muscles and it's used for muscle endurance and cardiovascular training.

Cardio-boxing This uses boxing techniques and sprints to give you a complete cardiovascular workout, as well as conditioning arms and abs. It's also a great stress-reliever. By the end of it, you feel all punched-out, but your adrenalin and confidence levels are sky high!

Rai's constructed a workout specifically for me, focusing on total body conditioning with brand-new fat-burning techniques that will work fast. Over the first month, he keeps introducing new exercises, routines and equipment so that I don't get bored. In fact the hour we spend training seems to fly by. And there's something about working outside, with the wind in your face, that's so much more invigorating than sitting in a gym. I started off thinking I'd hate it. But by the end of the first month, I'm looking forward to the challenge of every session. Rai's built up my confidence in my own abilities, and having him there, constantly encouraging me to push myself has made a huge difference. And then there's the results! I'm leaner, meaner and much stronger. I've lost half a stone – and I can fit into my skinny jeans again, and it's only been five weeks.

Next month: we add an indoor workout for some ground-breaking core training that promises to get rid of my pot belly... for good.



About Rai

Former British Bodybuilder champion Rai may look like a big softie, but don't be fooled. He was nicknamed 'El Toro' when he was a kid because he was so headstrong. These days, he puts all that

determination and drive into training his clients. Qualified as a personal trainer and a strength and conditioning coach, he's currently working with the Rugby Club to get the Jersey team in top shape. Rai specializes in outdoor functional training and has clients ranging from full time mums to managing directors who all get personally tailored one-on-one training sessions.

Rai is also the trainer at St Helier's newest gym, BodyRox in Seaton Place. Get in touch with Rai to find out details of training sessions on 07829 991966. www.teameltoro.co.uk



Men v Women in 5-a-side Fitness Challenge to Raise readies for Refuge

MAJOR fundraising event for Jersey
Women's Refuge starts this month with
two teams of men and women ready to go
head-to-head in a weight loss and fitness challenge.
The teams of five men and five women will work
for eight weeks to lose as much weight as possible
following a strict diet and exercise programme.

The team with the highest combined weight loss will be declared the winners but there will also be prizes for the teams and individuals who raise the most money. Among those taking part are Channel 103 presenter Peter Mac, JEP business editor Harry McRandle and even someone from Gallery (eek).

The women's team is captained by Jersey Rowing Club member and estate agent Alison Gallichan and includes Jersey Finance public relations manager Emma Mathew. The event is the brainchild of Ben Boakye, the manager of the Pace Health Club at the Radisson Blu Hotel on the Waterfront. He is devising the diet and exercise programme for each team member and providing both personal and team training sessions throughout the challenge.

'It will be hard for the guys and girls. I am going to make sure it is tough so that both they and the Refuge get the maximum benefit out of what they are doing' he said. Jersey Women's Refuge manager Lorna Kearney said that she was delighted that the challenge had been arranged to support the charity.

'Last year it became clear that we could really struggle to continue unless we found new forms of fundraising.

'I am therefore extremely pleased to be able to urge everyone to support the teams in their fundraising endeavours,'. Mrs Kearney will be able to play her part directly by ensuring that her prison officer husband and member of the men's team, Alan Kearney, sticks closely to his diet when he eats at home!!

The eight week challenge will close with a party following the final weigh-in of the two teams on the evening of Friday 26 March at the Radisson. Women's team captain Alison Gallichan said: 'We will beat those boys because women work better together and can multi-task more effectively.' However, men's captain Chris Tanguy was not having that. 'Men are more single-minded and that will see us through,' he said.

Look our for an update next month

On your bike.

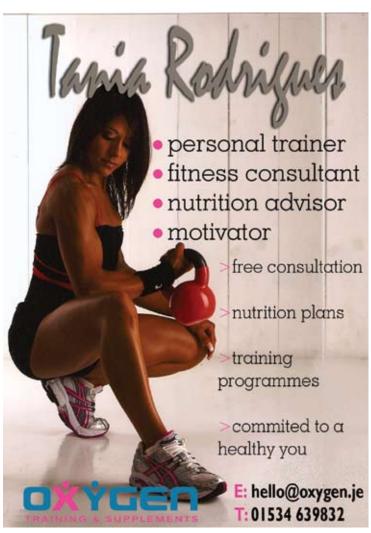
The Good Health Trixter X-Dream Bike

What do you get when you cross an interactive fitness bike with an advanced computer system? The ultimate in mountain biking simulation. The Xdream indoor bike created by Trixter, incorporates cutting edge gaming technology with the only indoor fitness bike to work both the upper and lower body for a challenging workout that engages both the mind and the body.

The Xdream brings the thrill of mountain biking indoors with its patented laterally moving X-Bar handlebars accurately simulating the action of cycling outdoors. The Xdream allows you to steer through more than 400 cycling trails, from arid desert to densely forested highlands and race alongside virtual competitors who set the pace and push you to your limits. An LCD screen fixed above the X-bars displays the chosen terrain and an on-screen avatar. Sensors are embedded in the seat,

handlebars and pedals, so your every movement is replicated on screen. When you turn right, your virtual avatar turns right on screen. This is gaming technology at its best, allowing users to become fully immersed in their workout, shifting their focus towards completing the courses and beating the other riders.

£5,213 available at Good Health, Harbour Reach, St Helier call 875057



SPORTPROFILE

BEN MURRAY

AGE: 25

SCHOOL: St Luke's and Le Rocquier

FAVOURITE ANIMAL: sharks

FAVOURITE FOOD: pasta or fillet steak **FAVOURITE BOXING EXPRESSION:**

If in doubt, stick the jab out!

When did you start boxing?

First started boxing aged 11, but had my first fight aged 12.

Was there anything that inspired you to start boxing?

A few of my friends were doing it and we had a friend of the family who was a professional boxer. (Billy Schwer)

What is your worst boxing accident?

I have not really received any major injuries from boxing yet - apart from a few bumps and scraps. However, I do remember I badly sprained my ankle on my way to the ring for a fight.

Who is your favourite boxer and why?

Ricky 'Hitman' Hatton. He is a great boxer and a great servant to the sport, but most of all because he always has time for his fans and is a true warrior.

Are you a big fan of Rocky?

Of course! You've got to love Rocky!

Where and when was your favourite boxing moment?

I was going to Philadelphia in the US with with an Irish select team for one week of training. It finished with a fight against an American team, and I won.

How can people get into boxing in Jersey?

They can get involved with my boxing classes (males and females) or can visit Southill Boxing club.

What competition have you done most recently, and how did you do?

My most recent competition was the ABA Championships, in which I reached the Western Counties Final.





New you. Words Tania Rodriguez

ts that time of the New Year where we are keen to stick by our New Year's resolution. Probably the most popular resolution is to get fit and lose weight.

Take some time and consider all these reasons. It could be for self-confidence, a health issue, the opposite sex, or money. Whatever your reasons are, as long as they are important to you, then that is what matters.

The best way to keep you motivated is to set yourself short-term goals and once reached, set yourself another short-term goal. This will keep you positive and successful in what you are aiming to achieve.

Transforming ourselves physically is an achievement and staying proactive gives you focus to stay on the right path. If you find getting started in fitness is hard, hire yourself a personal trainer to get the support and clear instructions you need. They will help educate and motivate

you while being committed to improving your lifestyle.

Whether you're just getting started or if you're at a routine plateau, a personal trainer can suggest different methods of training. Most personal trainers will offer lots of choice, such as outdoor training, boot camp style, in home training, kettle bell training which will all keep you seeing changes. Having support from a friend or family member always helps you stay in the right frame of mind, it will help keep you positive.

Why not try an activity, class or personal training session with a friend, you will more than likely have a lot of fun and you will be inspired to try more sports and stay determined in achieving a healthy active lifestyle.

2010 isn't just another year for you. 2010 is the year. All the past failures don't matter from now on. I want to close by wishing you the best of luck and congratulations in advance for making 2010 your year.

Conversation Starter

Referee Jose Manuel Barro Escandón made history by sending off 19 players in a regional first division match between Recreativo Linense and Saladillo de Algeciras.

Scrum!

Coaching Camps At Half Term To Introduce Children To Rugby

Children of primary school age have the opportunity to take part in a rugby coaching session during the half term holiday with Jersey's Rugby Club professionals. Sponsored by FirstRand Private Wealth Management, the sessions are intended for children from School Years 3 - 6 (ages 7 - 11) and will be led by David McCormack, the Jersey Rugby Development Officer.

Players will participate in a wide range of activities aimed at increasing the skill level required for the game in its various forms. The youngest group will be able to practice tag rugby skills while Year 4 and above will participate in contact situations so gum shields will be a necessity. David McCormack said: 'This course is ideal for children



who have never played rugby before or those who may have enjoyed their first taste of the game at school or on a previous course, and would like another opportunity to learn more about the skills needed to play.'

Application forms can be downloaded from: jerseyrugbydevelopment.com or can be collected from the main office of the Jersey Rugby Football Club, or the majority of schools and sports centres. Sessions start at 10 a.m. and are of three hours duration. The fee is £15. They take place on Monday, February 15 (Grainville School), Wednesday, February 17 (Jersey Rugby Football Club) or Thursday, February 18 (Les Quennevais School).



Crosstrainers, treadmills, cycles, rowers, powerplates and much more for sale or rental, visit our website at

www.goodhealth.je



Visit the showroom: Harbour Reach, La Rue de Carteret St. Helier Tel: 875057 www.goodhealth.je



Heidi **Hi**

ustle are kick starting the new year later this month with a new face to the Roster, in fact a new face to Jersey's club scene - BBC Radio 1's Heidi. Heidi will play for the first time in Jersey at the newly refurbished Pure Nightclub which has just reopened its doors.

Heidi originates from Canada and spent most of her teenage years traveling to and from gigs in Detroit, across the Michigan border. This left a deep impression on Heidi and her record collection which in turn lead her into the electronic side of music which gradually moved into a love for techno and house music. Regular slots at London's Fabric and releases on the number 1 label Get Physical label as well as touring world wide and holding a residency in Berlin have lead to Heidi playing alongside some of the world's greatest and now this talented lady is easily a headliner in some of the biggest and best club nights globally.

Heidi is now into her second term at Radio 1 in which she hosts the infamous 'In New DJs We Trust' alongside four other gifted DJs - an acknowledgment from the industry of just how good this house and techno-driven hardworking DJ is. After last month headlining for Renaissance at the launch of their new residency at London's Cable Nightclub Hustle welcome Heidi to Jersey for a night for all the real music lovers!

1 20th February - Support on the night from Suze Rosser

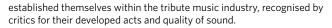
- € £8.00
- Pure Nightclub



'MADCHESTER REVISITED'

n Thursday 25th February 2010, The Drift will be hosting 'Madchester Revisited', involving a 'double header' tribute to both Oasis and Stone Roses, as Definitely Mightbe and Adored, respectively.

'Definitely Mightbe' and 'Adored' are made up of the same five piece band, covering the drums, rhythm guitar, lead guitar and vocals. With over nine years' experience of performing together, they have firmly



The band have had a number of achievements to validate their position as an authentic and reputable tribute band, including playing at The Matthew Street Festival in Liverpool to crowds of over 25,000 for the last four years running. Moreover, the band's lan Bares' physical likeness to Liam Gallagher is so unmistakable that he has worked as a lookalike, appearing on channels such as Channel 4, Sky TV, Richard and Judy. Ian has also been used in advertising campaigns, which have appeared in Q Magazine and Loaded.

The Stone Roses are regarded as one of the most influential rock bands active in England during the 1980s and early 1990s, with many hailing them as the instigators of Britpop, a genre that was subsequently developed by Oasis. Along with other bands, such as Happy Mondays, they unconsciously comprised the core of the 'Madchester Baggy Scene', centred round Manchester, where the latter band would also form in 1991. With 'Adored' also originating from Manchester, the early influence of Stone Roses and exposure to Oasis has ensured that their reproduction of the original bands' performances are both accurate and well-developed. Since the Stone Roses are cited as a significant influence to the music of Oasis, it is of little surprise that the tribute band has been able to put together such skilled and accomplished performances in imitation of both bands with neither tribute act coming at the expense of the other.

With 'Definitely Mightbe' performing hits such as 'Roll With It', 'Wonderwall' and 'What's the Story', and Adored playing hits such as 'Waterfall', 'She Bangs the Drums' and 'I am the Resurrection', 'Madchester Revisited' will be offering two highly impressive shows, certain to please all those who are after a taste of the Manchester music scene.

'Madchester Revisited', live at The Drift, Thursday, 25th February. Free entry.



Nightlife highlights





05.02.10 JEFF LANG

The astounding Jeff Lang returns to the Watersplash to astound all live music lovers. Fresh from his UK tour and soon off to Japan before heading home to Australia Jeff will lead us on a journey of incredible guitar skills and vocals that just rock your soul. With support from Annie Law , Rick Jones and the redoubtable Justin Thorne!

Where: The Waterplash Tickets: £8 - White Label &



11.02.10 **DRIFT PRESENT LEGEND**

Renowned across the UK for the leading 'Bob Marley Experience', Legend are eight highly talented and motivated musicians, dedicated to reproducing the music of the late Bob Marley through their much celebrated two hour performances. 'Unrivalled' as a tribute

IT'S FREE TO GET IN! Where: The drift



12 02 10 **CLUB KAMIKAZE PRESENTS TOTALLY ENORMOUS EXTINCT DINOSAURS**

Totally Enormous Extinct Dinosaurs, aka Orlando Higginbottom, is a master of freaky beats and fat bass lines to make your teeth rattle and your internal organs shake. Having played alongside the likes of Mr Hudson, The Whip, Mike Snow and Aphex Twin, he's one of the most sought-after dance acts in the UK right now. Dino-tastic. Support from Jersey fav London-based Pevin Kinel, Midnight Espresso, The Experience and The Hats on DJ interlude duties.

Tickets: f6 Where: The Live Lounge



27.02.10 THEOLOGY PRESENTS ANNIE MAC

The Radio 1 DJ Annie Mac has just completed her annual DJ tour 'Annie Mac Presents' with support from Warren Le Sueur and Simon Gasston and is now in Jersey to play.

Tickets: £10 In Advance - White Label/

Bar Rock £15 OTD Where: Liquid Nightclub



19/20/21.02.10 LA ROUTE DU ROCK COLLECTION HIVER.

 $The 5th \, Route \, Du \, Rock \, winter \, collection \, in \,$ Saint Malo gets underway with an eclectic line up of bands and DJs. 19th>>The Horrors, Beak, Beach House, Turzi, Fiery Furnaces, Jackie-O-Motherf*cker, Magnetic Friends. In L'Escalier Club: Mondkopf. | 20th>>L'Omnibus: The XX, Local Natives, Shearwater, Clues, Clara Clara, Magnetic Friends. In L'Escalier Club: Krikor. | 21st>> La Chapelle Saint-Sauveur: Winter Family, The Tallest Man

Tickets: €34 Buy Online Where: Saint Malo 28.11.09



HUSTLE GET PHYSICAL WITH HEIDI.

In 2008, her impeccable tune selection combined with a charismatic and energetic personality landed her a monthly slot on the BBC's 'In New DJ's We Trust' on Radio 1. Support from Hustle residents Suze Rosser.

Tickets: £7 OTD Where: Pure Nightclub



20.02.10

MADCHESTER RULES.

'Definitely Mightbe' and 'Adored' are made up of the same five piece band, covering the drums, rhythm guitar, lead guitar and vocals. With over nine years' experience of performing together, they have firmly established themselves within the tribute music industry, recognised by critics for their developed acts and quality of sound.

IT'S FREE TO GET IN!! Where: Drift Bar



27.02.10 **ULTRAFUNKULA PRESENT** PIMPSOUL.

Formerly known as the artist "Darftphunk" Pimpsoul have been firmly putting their stamp on the music scene for over 10 years. This 5-piece funk project are totally unique as it is comprises of two DJs, a vocalist, an MC and a saxophonist, who between them have over forty years worth of experience in the music scene

Tickets: £5 OTD Where: Pure Nightclub

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If you would like a professional photographer to cover your event or party, get in touch.

Gallery's paparazzi can attend your event, provide you with all images on CD for your use and also promote your event online

and in Gallery, all for £195.

Call Ceri on 811100 or email paparazzi@gallerymagazine.co.uk



Gallery & Kidnapped's Malice in Wonderland Radisson Blu Hotel: 31/12/09

A massive thank you to all of you that joined us for New Year's Eve. A big thanks to the DJs, crew, staff and to WKD blue for their giving us all a drink!











































gallery





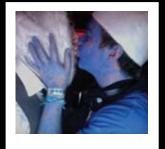








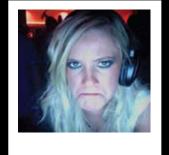
















































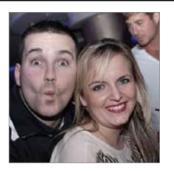














































The DRIFT have lined-up two great nights of live music for February.

Thursday 11th February LEGEND

The Bob Marley Experience

Thursday 25th February Definitely Mightbe & ADORED Madchester Revisited



On Stage from 9pm Supported by DJ NELSON FREE ENTRY OVER 18s ONLY www.thedriftjersey.com

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paparazzi at Club Kamikaze, Live Lounge

















Seen at the the best events.... paparazzi@gallerymagazine.co.uk









































paparazzi gallery











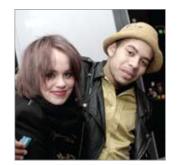














bigger, better: the directory

A load of little snippity bits about local businesses that might be of interest. If you see something you like, give them a call and and tell them you saw them in Gallery! We'll love you forever...



Morton and Morton

Our collections are sourced from all corners of the globe with an eye for exceptional design and individuality. The results can be discovered in our St Peter's showroom. Stylish designs for your home living and dining for inside and out, lamps, rugs, art, candles, cushions and accessories to give and keep.

Morton and Morton www.mortonandmorton.co.uk 9.30am-5.30pm Mon-Sat Open late by appointment





Swedish Style

Charming ranges of painted furniture, stylish homeware, gentle florals, candles and vintage inspired pieces. If you're looking for lovely bits for your home or easy gift ideas for loved ones - useful storage, something floral, a stylish lamp or some charming decorative pieces - step in for a browse and it'll be impossible to come out empty handed. Open Mon-Fri 9am-5pm (Thurs till 2pm) Sat 10am-5pm

Linnea of Sweden 12 Market Street St Helier 736449 www.linneaofsweden.com





Just Dance

Fun and professional dance classes for adults. From 8 week courses to Dance Parties! Funk Hip Hop, Freestyle and Contemporary Fusion. Promoting dance as a passion, a lifestyle and a way of improving self-confidence and wellbeing. Book now!

Uberedge Dance Company Call Nikki on 07700 354 104 uberedge@hotmail.com www.uberedgedance.com





The Gooseberry Bush

Want to be different? Then it has to be the Gooseberry Bush, with clothing shoes and accessories from companies such as Oska, Mais il est ou le Soleil, Lauren Videl and Ultimate Miks, and gifts and interiors from all over Europe - you won't be disappointed... And for the new arrivals in your life we have organic babywear, wooden toys and loads of gorgeous gifts. For women who love life - their way.

The Gooseberry Bush St. Aubins Inner Road Tel: 726224



H Letto & Son Jewellers

Established for over ninety years, Letto's pride themselves in supplying jewellery and watches from international designers and manufacturers. So if it's the perfect gift from Links of London or a bespoke item made from certificated stones and materials by the finest jewellers in the United Kingdom, the family and staff will be more than happy to help you with vour requirements.

H Letto & Son Jewellers 18 Charing Cross, St Helier 730952





If your home doesn't stand out...

don't blame us! BoConcept furniture is modern in design and offers customisation to ensure your functional and aesthetic needs are catered for. Visit Beaumont Home Centre to see our versatile range of furniture. Open Monday - Friday, 9am-5.30pm Saturday 9.30am-12.30pm

BoConcept

Beaumont, St Peter. Tel: 822822 • Fax: 822823 beaumonthomecentre.com www.boconcept.co.uk





The Jersey Sports & Spinal Clinic

Chartered Physiotherapists offering Physiotherapy, Pre-ski MOTs, Post-ski treatments, Pilates and Occupational Health Solutions. Clinics at Health+, Les Saisons Surgery, Cleveland Clinic, Lister Surgery the Parade and Quennevais. Evening appointments available.

Nigel Mann 07700 700024, Lisa Mann 07700 700025, Quennevais Surgery 741641 www.physiojersey.com.





Hi-Heels & Handbags

The Shoe Boutique worth visiting. We have a collection of all styles - high, low, sexy and stylish, just what you're looking for this Autumn/Winter 09/10. Look out for new brands Ash and Luxury Rebel as featured in all the UK glossies. Don't miss out on these exclusive collections.

Hi-Heels & Handbags

18 Bath Street, St. Helier 629942 hiheelsandhandbags @jerseymail.co.uk



Manna

Manna stocks only exclusive lines which you won't find in any other Jersey store including -By Malene Birger (regularly featured in Vogue), Rutzou, Velvet, Patrizia Pepe, Hoss Intropia and denim by True Religion, C.R.A.F.T and Notify. Manna's style is 'classy with a bit of kitsch' with a relaxed atmosphere in the store.

Manna

619985

7 West's Centre



MANNA



Plums Lingerie

Beautiful lingerie shouldn't be kept just for special occasions. A well fitting bra should be the staple of every woman's wardrobe and at Plums Lingerie you will get the best advice on what is right for you whether you are an A or an H cup. Stockists of Prima Donna, Marie Jo. Simone Pérèle, Marlies Dekkers with swimwear from Gottex and Gideon Oberson. Nightwear from Marjolaine and Jonquil.

Plums Lingerie 7 Colomberie www.plumslingerie.com





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Experience the House of Beauty 3a Hue Street, St Helier.

experience@jerseymail.co.uk experiencethehouseofbeauty.co.uk





Jersey Goldsmiths

ituated in the heart of the island, Jersey Goldsmiths has a modern and luxurious showroom, making it a pleasure to browse with comfort and ease all year round. We provide our customers with the widest choice of jewellery in unique and distinctive designs, with the largest selection of colour and cuts influenced by the finest precious and semi-precious aemstones

Jersey Goldsmiths Lion Park, St.Lawrence 482098 www.jerseygoldsmiths.com Goldsmiths







CHICHI BOUTIQUE

Gorgeous new boutique ChiChi is now open in St Aubin's. Offering unique fashion and jewellery brands. ChiChi is a welcome retreat, ideal for out of town shopping. Located in the heart of St Aubins. The bright pink boutique is a welcoming and stunning addition.Come and check it out for yourself!

Chi Chi Boutique La Nueve Route, St Aubin, JE3 8BS 490021





RIO • HAIR • BEAUTY

Rio conveniently situated in the heart of St Helier, this dynamic salon has something for every one, quality hairdressing and beauty services in modern contemporary surroundings. A great retail shop for all your hair/skin cleansing and conditioning needs, our knowledgeable staff have the answers.

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55 Halkett Place, St Helier





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Quick Silver

Tel - 860922 zamauk@me.com Lion Park, St Lawrence

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Hair Central

630443

7 Market Street St. Helier,





Oasis Hair Lounge

At Oasis, consultation is key to achieving a perfect result. Thats why before we do anything, we establish your exact needs and wants. For peace of mind & 100% satisfaction guaranteed - choose Oasis Hair Lounge.

Oasis Hair Lounge, First Floor, 20 ½ Beresford Street (above Roulette Menswear)





Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersey.

Harbour Gallery

Open 7 days a week 10.30am – 5.30pm Tel: 743044

and Studios



Jersey Kayak Adventures

Explore Jersey's beautiful coastline by sit-on-top kayak. Our tours and courses are suitable for all ages and abilities, including novices. Discover caves, remote beaches and observe wild life. Individual and group bookings are welcome. All equipment including wetsuits - supplied.

Jersey Kayak Adventures 07797 853033

www.jerseykayakadventures.co.uk info@jerseykayakadventures.co.uk





Blush

Blush is a stylish bar and restaurant set in the heart of St Helier, the perfect place to enjoy fine food and cocktails with excellent service in comfortable surroundings. Our newly refurbished venue is perfect for a wide range of private and corporate events. Enjoy a light snack or sit-down meal and choose from a selection of healthy Asian and traditional dishes.

Blush

36 King Street, St. Helier 759420 blush36@gmail.com Open Mon-Sat 11am till 11pm





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the real souvenir company

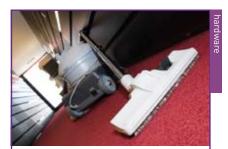
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Serving our famous big Scottish breakfast, homemade cakes and afternoon teas, and a great selection of hot dishes to satisfy everyone's taste.

Harbour Bar & Café

Elizabeth Terminal, La Route du Port Elizabeth, S Helier

Tel: 769992 / Fax: 720809



Cooper & Co.

We get guite emotional about coffee, how it's handled, how it's stored, where it comes from, what we do with it, even what you do with it which is why we go to so much effort over the choice of machines we stock, the cups we sell and all the other products that will enhance your enjoyment of our coffee.

Cooper & Co.

57 Halkett Place, St Helier www.cooper.co.je

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EMILIA GOWNS

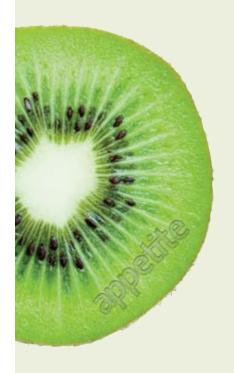
JERSEY SURF SCHOOL

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Jersey's **freshest** eating guide.

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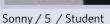
gallery Jersey's STYLE MAGAZINE

BOARDOM

What was your last red moment...?









Hailey / 21 / Veterinary Nurse



George / 31 / Gardener



Leila / 19 / Waitress



Robert / 33 / Admin



Pierre / 15 / Student



Salmin / 27 / IT



Amanda / 40 / Domestic Engineer



Hannah / 16 / Student



Emma / 38 / Owns Bliss



Fay / 12 / Student



Conversation Starter

Red Eye (slang for cheap/strong whisky -possibly because it often left you red-eyed in the morning), was alternatively named for its crimson tint, which, in lieu of ageing it in a barrel, saloon-keepers would conspire by adding whatever was on hand, including soap, red ink, red peppers, chewing tobacco, Jamaica ginger, tea, coffee, molasses and bitters.

120



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