



# Chantelle

Located in the Lingerie Department on the First Fllor.



#### A. de Gruchy & Co. Ltd.

46-52 King Street, St. Helier, Jersey C.I. JE4 8NN. Tel: +44 (0) 1534 818776 Fax: +44 (0) 1534 818716 Email: info@adegruchy.com





# MEN & WOMEN'S COLLECTIONS NOW IN-STORE



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# gallery

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Winner: Best Brand Campaign



Winner: Marketing Excellence

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond, not too arty farty superior or too serious, written by the people of Jersey for people everywhere.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers. editorial@gallerymagazine.co.uk

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Small Print Facts: Testosterone
As well as women, men go through Menopause. The correct term is 'Viropause' and the symptoms are much more gradual, but only rarely do they get 'hot flushes'. It causes an increase in fatigue but a decrease in their sexual interests... hmmm?

Testosterone is key to a man's health as it plays a large part in preventing osteoporosis. An adult male produces 40-60 times more testosterone than an adult human female body.

An adult male produces 40-90 times more testosterione train an adult numan ternale body.

Testosterone is what develops muscles, turning boys into sexually functional men.

Testosterone therapy increases muscle mass, sharpens your therapy and mental focus, boosts your libido and improves your energy level.

High levels of testosterone are good for men's health as it lowers the risk of high blood pressure and heart attacks, but may cause risky behaviour such as increased aggressiveness.

### man up....

an up' - defined as 'a reminder, usually to a man, to maintain or resume his assigned place within patriarchy. A reminder to a man never to show uncertainty, express feelings or emotion, display lack of skill, give any indication of empathy, give voice to pain or suffering, or otherwise act like a human being rather than an automaton'.

At least that's what my favourite definition in the urban dictionary says. The moments in which that phrase or phrases like it are used are a defining part of life for us guys. Usually when out with the boys; whether jumping off cliffs, paddling into big surf or drinking that 15th tequila of the night. The camaraderie, the brotherhood, the need to let testosterone flow. It's part of what makes a man. In fact, it's the hormone that defines us.

It's been hard growing up as a man over last few decades. The neologisms and perfect media image of man has flown through the rawness of punk and rock to the femininity of the new romantics, the excess of chauvinism, the rebellion of lad culture, the 'new man' and iconic androgeny of the metrosexual noughties male to the guyliner of emos. Retrosexuals, Ubersexuals...where next?

Wrestling with the identity of the perfect male and how to express and present oneself has become tricky. Quite simply, it's how we're meant to attract mates. For full marks we've somehow got to control our testosterone Bruce Banner style and multitask our personas to be Gordon Ramsay in the kitchen, Jack Nicholson at a dinner party, Gok Wan in a shoe shop and still crack out a bit of Wolverine when the need arises. It's a tough call to try and be one of the cast of 300 but still carry a recipe book, some anti-aging cream and a book of Keats in your armoury.

This month's Gallery salutes 'testosterone' as its theme. They say whilst we have 40 - 60 times more of it, females are more sensitive to it. The more of a raw man you are, the more they like you. Like Ron\* said, 'it's science'. We can have geometric hair and skinny jeans, eyeliner and manbags, but remember gentlemen; it's flowing inside you and they can't help but be drawn to it. Man up.

BD

\*I'm back to quoting Ron Burgundy from Anchorman again. Not seen it? Shame on you.



#### **Trollbeads Debut Bracelets**

Choose from the Pretty Pink or Summer Rose, City Style or Wild Fur... the choice is yours!

Each set of two beads & clasp includes a free bracelet.



Exclusive to Rivoli Jewellers 41/43 King Street St. Helier 601930 info@rivoiljewellers.com www.rivolijewellers.com

# credits

get in touch.



#### Gallery 58: Testosterone

#### **Cover credits**

Armani Collezioni Pow Check Waistcoat £175 Armani Collezioni New Line Pow Check Suit £725 Giorgio Armani Reversible belt £139 Giorgio Armani Black Tie £75 | Ted Baker Shoes £189

All available at Beau Monde & wields Makita DPC 6410 Petrol 12" Disc Cutter 64cc Engine, Normans

#### Keeping things in order

<Sales&business enquiries>

publisher

**Ben Davies** 

ben@gallerymagazine.co.uk

client relations manager Ceri Milner 07700 811102 ceri@gallerymagazine.co.uk

#### Words

section editors

culture

Karen Le Roy Harris

karen@gallerymagazine.co.uk

Sarah Cilliers

sarah@gallerymagazine.co.uk

music

Andrew McPhail

andrew@gallerymagazine.co.uk

Steven Lawrence

steve@gallerymagazine.co.uk

fashion, beauty & interiors

Ceri Milner

07700 811102 ceri@gallerymagazine.co.uk

business, gadgets & upfront

Ben Davies

ben@gallerymagazine.co.uk

motoring

Russ Atkinson

russ@gallerymagazine.co.uk

Editorial Intern

Hannah Carolan hannah@gallerymagazine.co.uk

**Project Trident** 

Ryan Lang

contributing writers

Zara Palmer Watkinson

Advocate X

Dan Sharpe

Libby Andrew Angelica Bean

Hannah Carolan

**Leon Fleming** 

Sam Lake **Johnny Pastor** 

Tamojoy Sengupta

Tim Evans

Yasmin Keyani

#### **Pictures**

staff photographer

**Danny Evans** danny@gallerymagazine.co.uk

contributing photographers

Matt Porteous

Katerina Rostocka The Gallery Paparazzi

and all the uploaders!

contributing illustrators Ben Robertson

Ashley Le Quere

Accounts

office manager / accounts

Jessica Jones

jessica@gallerymagazine.co.uk

distribution

Kate Ward

kate@gallerymagazine.co.uk

General Enquiries

call us

01534 811100

email us yo@gallerymagazine.co.uk

send us things **Gallery Magazine** 

La Route de la Haule,

St Lawrence. Jersey JE3 1BA

events coverage

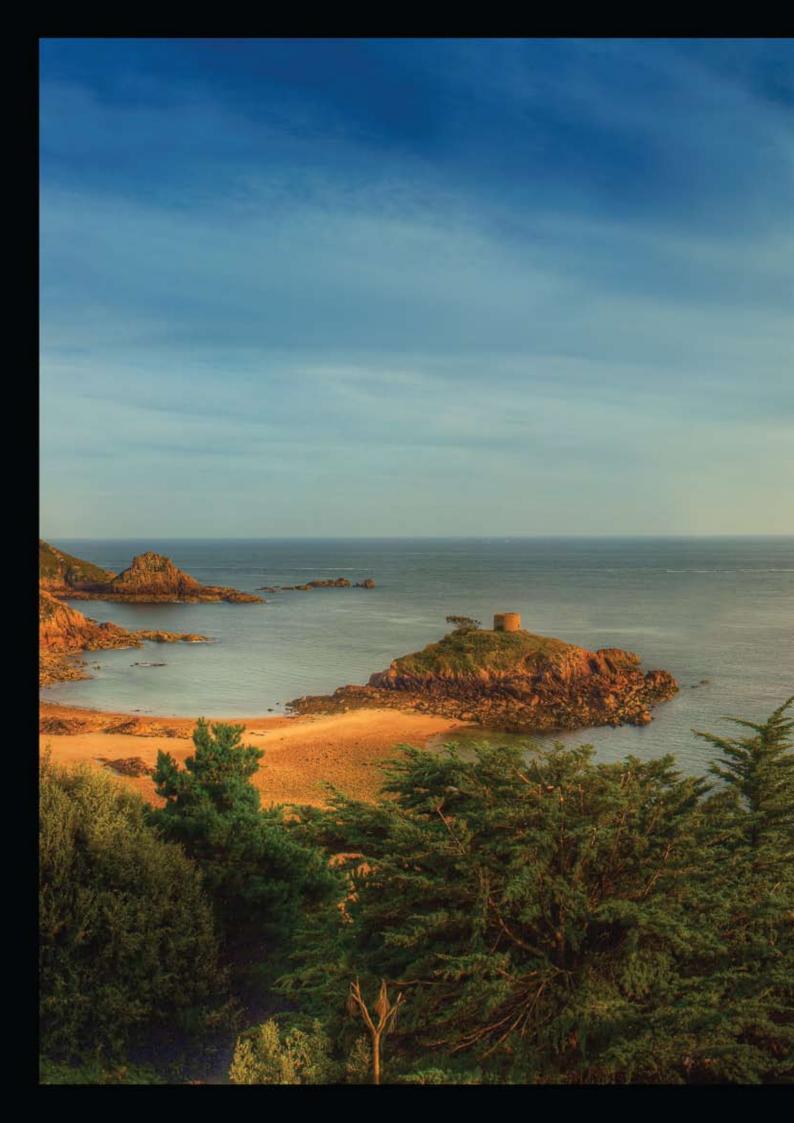
paparazzi@gallerymagazine.co.uk

# Househunting?

Jersey's best quality specialist house hunting magazine is now also Jersey's specialist house hunting website.







Portelet Bay



# NOT TO BE MISSED....

Breathtaking sea views, light filled interiors and a superb specification; new homes don't get any better than this! Make sure you don't miss out on the exclusive collection of two, three and four-bedroom apartments and three and five-bedroom houses at Portelet Bay. Designed by a team of leading consultants and offering easy access to Portelet Bay's sandy cove, voted 10th best beach in the world by Sky Travel, these new homes have been selected as five-star winners in the Best Architecture category of the prestigious Daily Mail UK Property Awards 2009.

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#### Prices from £860,000 to £2,550,000

A - J & K categories available

\*Completions due between December 2010 and July 2011

# gallery Jersey's STYLE MAGAZINE

# contents



The Testosterone issue welcomes Jersey's rugby stars and arms them for serious black tie DIY.

### highlights



We couldn't leave the girls out completely. We mix some elegant coats with some high octane cars and jets.



Russ tests what you get when you add 2+2 in supercar terms. Family motoring at speed?



We check out steak in 5 of the best this month... Mmm, steak...

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## So you're a luxury brand with a niche product aimed at a very select audience?

Giles: That's right, we are practically one of the only Britishowned watch companies. People often don't realise that Britain had a long history of watch making, most of the inventions came from the British, and that singles us out slightly from the big watch companies.

# How does a small luxury watch brand compete on a level with already established companies?

Giles: The Rolexes, Tags, and Breitlings out there sell half a million to a million watches a year and can spend up to five million a year on advertising, and we can't do any of that. So from that perspective, it's difficult, but we don't need to make that many watches a year, and we're a very niche company.

Nick: And you have to approach things differently. As Giles said, it's not just about chucking money at advertising, people have to understand the story and know what goes into a making a watch. Because of that, we get involved in events and do things slightly differently, slightly off centre.

#### Yes, I read recently that you sponsored this year's Goodwood?

N: Things like Goodwood are a perfect example. It's a great British event and we're one of the very few British watch companies out there making high end watches and the two go together fantastically. This year, for example, we had a hundred year-old original Bolero plane on our stand which flew the Channel a week later, exactly one hundred years to the day after the original flight.

# So how has your market share grown and how do you measure your success?

N: We effectively spent five years developing and testing the watches, and when they launched two years ago, someone could go into a shop, Letto's for example, and they'd be sold the brand as something new, a brand they might not have heard of before, but one that makes beautiful timepieces. This year especially in the UK and now the US and a few other countries, we're starting to see awareness of our brand. And winning the 'Best Emerging British Luxury Brand' title was a big accolade, especially when you look at previous winning brands such as Burberry and Links. G: In the modern world it's easy to measure growth - the number of hits on a website for example, or the number of people linking to you. Also the coverage in different newspapers, magazines



**Coming Soon** 



**Coming Soon** 

Nick and I do all the design. We love watches and the whole vintage watch market, it's the reason we got into this in the first place.



and business pages, from the FT to the Sun business pages - if they're interested in the brand it's a huge indicator of our success

# How involved are you both with the creative part of the brand?

G: Nick and I do all the design. We love watches and the whole vintage watch market, it's the reason we got into this in the first place.

N: We have very strong ideas of what we want to do. We come up with the sketches and then we'll talk at length with our technical director, who's an incredible guy with 30 years at Rolex and 10 years at OWC and one of the finest watch makers around. It becomes a very personal process. We don't expect everyone to love every single one of our watches, but we pick what we like and hope other people like it too.

As you've already mentioned, you've been in numerous publications ranging from the FT to the Times Magazine. How do you see your publicity and marketing progressing? Are we likely to see any billboard ads or TV commercials anytime soon?

G: Yes, Nick naked on a billboard in his tight Calvin Kleins!

N: That's a good question. Probably no TV advertising, because our watches are

already on TV, on the wrists of the likes of Bear Grylls and Charlie Boorman. On the whole, luxury isn't really done on TV, you will see sponsorship such as Rolex at Wimbledon and us at Goodwood, but it's not the normal done thing. Tomorrow we're off to India with the BBC for a week for a programme on new companies expanding into new markets and that sort of thing is more interesting for people than the 'hey, buy our watch' advertising.

So survivalist Bear Grylls wouldn't be without one of your watches. If you were marooned on a desert island, what three items would you like to have... apart from one of your watches of course!

N: Items? So rather than my wife and kids? Ok, a guitar would be a good one. Oh this is hard. So many trinkety things but maybe something practical... a water purifier?

G: I'd have Sir Francis Chichester's flying book, full of mishaps and entertaining stories. And probably a pen and pencil to jot down some sketches and record my thoughts.

# Apart from each other, who would your dream flying companion be?

G: Well my wife doesn't like flying with me that much!

N: When I first schmoozed my wife we took off to the Champagne region of

France, it was very romantic, and she loves flying so she'd definitely be up there. Otherwise, someone like Sir Francis Chichester, you'd have such a good chat about these trips and of course he could help you out along the way.

G: I'm fascinated by the World War Two pilots, they were only 19 year old kids, but they had such balls to go and do what they were doing. Or maybe Elvis Presley - he'd be fun to have along!

From a young age you both learnt how to fly and even worked on restoring old planes. What advice would you give to someone wanting to take up flying as a hobby?

N: Getting a licence isn't cheap (around £4-5K), but these days, you can spend that on a new stereo. It's not difficult to get your pilot's licence. And if the passion's there, I think you'll pick it up easily enough.

G: We both joined the air squadron when we were at university. It was the best training in the world, for free, and they even pay you to go away for the weekend! Nick and I were also very lucky in that our father was into flying, and gave us these opportunities which we took up and that made things slightly easier.



The English Brothers pictured with Christine, Colin and Andrew Letto . H Letto & Sons stock the watches exclusively in Jersey.

# gallery Jersey's STYLE MAGAZINE

# Selected

t's not just those of you with a Y chromosone that can enjoy the benefits of this month's Selected. Go all 'grrr' in your diet, activity, gadget choice or embrace your femininity to get someone else's testosterone



#### Make like a **Matador**

Bring out the bullfighter in you with Feast's Spanish night. There'll be four courses of spectacular Spanish dishes matched with the very best Spanish wines from Dunell's. Ole!

Spectacular Spain at Feast, Gorey Pier, Gorey. Thursday 12th November, 7.30pm start To book, tel: 611118 or email info@feast.je



#### Hang out with the **Alpha Males**

What better way to ensure your place in the pack than to adopt Jersey's very own alpha male - Ya Kwanza, the gorgeous silverback gorilla. You'll get plenty of time to observe his chest-beating techniques, and you'll be helping fund worldwide conservation too.

**Durrell adoption packages** £36 for a year.

Check out the website for more information, www.durrell.org.



#### Test vour **Testosterone**

Hungry for adventure? So are Pure Adventure. Try a time trial Blo-Kart race along St Ouen's bay, an adrenaline-pumping abseil, or a thrilling coasteering trip along the cliffs... or combine all three for a day out of the office you'll never forget.

Prices start from £30 per person with group discount offers available. Tel 769165 for more details or check the website www.purejersey.com.



#### ...& make sure everyone knows about it

with the award-winning Lumix G1. It's scooped a whole host of accolades from photo professionals for being light and small enough to carry anywhere, yet powerful enough to deliver stunning pictures. And the Intelligent Auto means you definitely won't miss out on any of those spontaneous moments. Just think how good those pix of you shark-wrestling will look on Facebook...

The Panasonic Lumix G1, £1,099 from Fortuna at De Gruchy.



#### And if you can't join **them...**

Get their pulses racing with these sexy corsets by designer Susie Henson at Eternal Spirits. A favourite of celebrities and stylists, Susie's corsets have been worn by Dita Von Teese, Girls Aloud, Leona Lewis and Britney Spears on her recent Circus tour. See the whole range at Plums and pick your favourite.

Eternal Spirits corsets, from £210 Plums, 7 Colomberie, St Helier 731302, www.plumslingerie.com







# What's on this month? **Read on...**

TUESDAY 1ST -SATURDAY 12TH

#### **Art in Life: Japanese Ceramics and Prints** Art in Life brings together 19th century Ukiyo-e prints and

20th century studio ceramics from York Museums Trust's collections linked through the theme of everyday life. 09:00 - 22:00 / Free / Berni Gallery, Jersey Arts Centre, St Helier / 700444

#### SUNDAY 1ST - MONDAY 30TH

#### **Marilyn Exhibition**

An incredible collection of stage and personal costumes worn by the screen idol Marilyn Monroe, with iconic costumes with accessories, jewellery, keepsakes and trinkets owned by Marilyn. On loan from David Gainsborough Roberts, sponsored by UBS AG.

10:00 – 16:00 / Adult £7, Child £4 / Jersey Museum, St Helier / 633300 or visit www.jerseyheritage.org

#### WEDNESDAY 4TH NOVEMBER

#### An Evening with Eric Knowles

Rivoli invites you to spend an evening with Antique Roadshow's Eric Knowles to talk on the work and history of Réné Lalique at the Grand Jersey. There will be an opportunity to view and purchase current and limited edition Lalique pieces and jewellery. Refreshments will also be served. 9:00 - 21:30 /Tickets will be available at Rivoli, King Street, St Helier / 601930



#### SUNDAY 1ST - SUNDAY 8TH

#### **Tennerfest**

Delight in Jersey's sumptuous cuisine and attractive surroundings as you dine in style from just £10. For lunch or dinner, depending on the establishment, many restaurants in Jersey will be taking part in this popular annual event and will also be offering menus for £12.50, £15.00 &£17.50. A supplement of participating restaurants and menus is also available.

£10.00 - £17.50 / island wide / 448877 or visit www tennerfest.com

#### SATURDAY 7TH

#### FIRETHORN PRESENTS URBAN ARISTOCRACY

Come down to Tanguy's Bar on Saturday 7th November where 'Firethorn' presents URBAN ARISTOCRACY with the DJs Craig Alder and Keith Robinson playing. This is a free event so you only need to bring money for drinks! This event shall give you a taster of what is to come on Saturday 14th with Stephane Pompougnac at The Grand

Jersey......Enjoy! FREE / Tanguy's Bar / 19:00 For more details contact Craig Alder on events@firethorn-productions.com or 07797 741655

#### SATURDAY 7TH & 21ST

#### Jersey Farm & Craft Market

See the best in local produce at a number of organic stalls, including locally made arts and crafts and musical entertainment

09:30 - 13:30 / Free / St Brelade's Parish Hall, St Aubin / Bus 12 - 15 / 853395

#### SATURDAY 7TH NOVEMBER

#### **International Clairvoyant Medium**

Vanessa Steel has published a book, guested on BBC radio and the Paranormal World of Paul McKenna TV Show. Listen to her story and be amazed by her incredible ability to communicate with the spirt world. All proceeds will go to Hope for John - raising money for research into Lafora Body Disease.

This event begins at 19:30. Tickets are £15 each and are available from the Jersey Arts Centre Box Office on 700444

#### SATURDAY 7TH

#### **Moonwalk Tour to Seymour Tower**

Walk the gullies and gutters, cross the sand bars and rock pools and discover Jersey's very own wilderness area and revel in the stillness and expanse of an area that is covered twice a day by the ocean. Participants should be prepared to get wet to the knee (and sometimes higher!).

14:15 – 16:45 / £12.50 / Meeting point advised when booking / Booking essential. Tel: 07797853033 or email info@iersevwalkadventures.co.uk

#### SATURDAY 7TH

#### The Royal Philharmonic Orchestra Gala **Concert for Durrell**

For the grand finale to Durrell's 50th anniversary celebrations, the Gloucester Hall will ring to the sounds of the Royal Philharmonic Orchestra, one of the finest orchestras in the world, with special guest, TV star, Martin Clunes. 20:00 - 22:30 / £37.50 - £47.50 / Fort Regent, St Helier / 449827 or visit www.durrell.org



#### SATURDAY 14TH

#### Stéphane Pompougnac at **Grand Jersey**

For the first time in Jersey, DJ Stéphane Pompougnac of the Hôtel Costes CD Series is to perform at The Grand Jersey bringing his French vibe to the island in what promises to be the most sophisticated event of 2009. The Grand will be taken over by the Hôtel Costes atmosphere, with Stephane Pompougnac supported by URBAN ARISTOCRACY quest DJ Craig Alder. The VIP lounge will be also be taken over by IAMSTEREO Guest DJ Rob Wilder and is supported by local DJ Keith Robinson. Get yourselves tickets quick because there are only limited numbers available from:

Grand Jersey, Seedee Jons & Tanguys Bar Exclusive tickets are priced at £25.00 VIP tickets are priced at £50.00

Booths are priced at £500.00

Be eligible for The Grand Jersey's exclusive offer of £99.00 per night on a B&B basis by calling 722301 to book and quoting COSTES.

The doors are open from 21:00 - 02:00 at the Grand. There is also pre-event drinks at Tanguy's Bar with a chauffeur taking guests to the Grand between 21:00 - 21:30. If you require any further infomation please contact Craig Alder by emailing events@firethornproductions.com or calling 07797 741655

#### SUNDAY 15TH

#### The Modern Hotels Jersey Half Marathon

A scenic one lap course around the east of the island with views of the French coast. The race starts and finishes at the Jersey Athletics track, with drinks stations at St Martin, Gorey Common, Le Hocq and at the finish.

spectators free / FB Fields Athletic Track, St Clement / 631392 or visit www.jerseyspartans.org

#### SATURDAY 21st

#### Jersey Cheshire Home Christmas Bazaar

All welcome. There's a Christmas Stall, bric-a-brac, books, bottle stall, face painting and much more. Taster sessions of reflexology and aromatherapy. Hot food/refreshments

11:00-17:00 / free /Jersey Cheshire Home / 285858 or email margaret@jerseycheshirehome.je

#### SATURDAY 21st - SUNDAY 22ND

#### **Jersey Craft Workers Christmas Fayre**

Come along to a Christmas Craft Fayre with locally made Christmas crafts. Monies will be raised for Jersey Hospice, Parkinson's Disease and Help a Jersey Child.

10:00 - 17:00 / Free / Living Legend, La Rue du Petit Aleval, St Peter / Bus 8 (get off at Greenhills) / 485496



#### WEDNESDAY 2ND DECEMBER:

#### Feel Unique Christmas Shopping

Fancy some festive pampering whilst you shop? Get down to feelunique.com Hair & Beauty on Wednesday from 4pm – 8pm for their Christmas Shopping Event, including complimentary scalp massages, hand massages, mulled wine & mince pies whilst shopping for an array of beautiful gifts from feelunique.com – the destination for beauty this Christmas!

Email salon1@feelunique.com for a complimentary 10% OFF any purchase on the night!

#### Thursday 26th November - Sunday 20th DECEMBER:

#### La Fête dé Noué

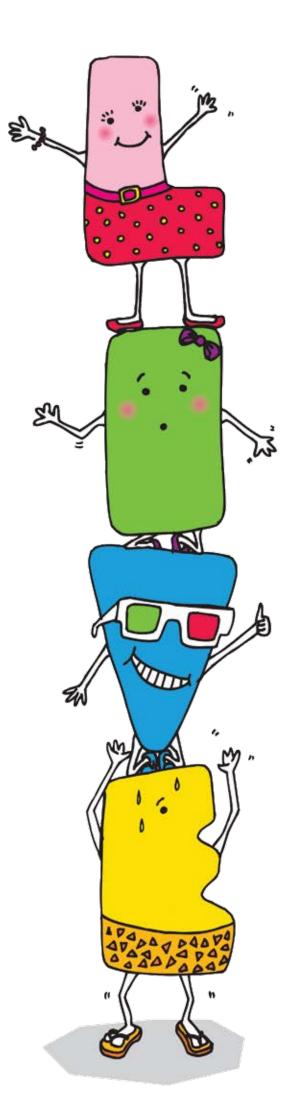
The Island is lit up with a full programme of activities arranged to complement the lead up to the festive period. Meander through the streets of St Helier, under a canopy of brilliant white lights and experience late night shopping and street entertainment. Partake in guided walks covering the island's history and natural environment, enjoy traditional markets, street theatre, a Christmas parade, carol concerts and much more...

Various locations / Separate programme available / 448877 or visit www.jersey.com



**Premium promotion space.** The new listings banner.







# Great 2 for 1 offers every Wednesday!

Share some great **2 for 1 offers** including cinema and meals out with your friends!\* Brought to you by JT and:

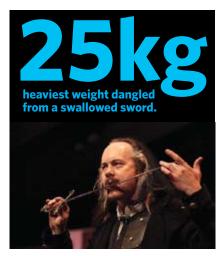
- Cineworld
- Pizza Express
- Ingalills Restaurant on Gorey Pier
- Pomme d'Or Harbour Room Restaurant\*\*
- El Tico Beach Cantina

To find out how to get yours, text 'info' to the shortcode '241' (for the price of a normal text) or visit www.jerseytelecom.com/love





#### grrr....serious testosterone.



The heaviest weight dangled from a swallowed sword is 25 kg (55 lb 1 oz) and was achieved by Thomas Blackthorne (UK) on the set of Lo Show Dei Record, in Italy, on 19 April 2009.



# 241 body piercings

The man with the most body piercings is Briton John Lynch, aka Prince Albert, who was counted as having 241 piercings, including 151 in his head and neck

# 33 seconds balanced on head.

It's death defying, it's daunting and it's downright dangerous. But England's John Evans balanced a 159.6 kg (352 lb) Mini on his head for 33 seconds at The London Studios, UK on May 24, 1999. Balancing cars on his head is all in a day's work for professional 'Head Balancer' Evans. He's balanced people, books and beers, but the car's by far the most deadly trick - a strong wind and it could be the end of the road for John. John's a gigantic guy. He's 2 meters tall and weighs in at 155.7 kg (343 lb). But it's his 60.9cm (24-inch) neck that's the only part of his body strong enough to take such immense weights. This big fella has broken 25 records in 11 categories and is going for more.



# **73kg**



#### heaviest weight lifted by an ear.

The heaviest weight lifted using only the ear is 73 kg (160 lb 15 oz) by Zafar Gill (Pakistan), who lifted gym weights hanging from a clamp attached to his right ear in Lahore, Pakistan, on 3 January 2009. This is the third time Zafar has broken this record.

# 37 tonnes 100metres 43.2 seconds



A team of 10 Royal Marine reserves from all over the UK pulled a Boeing 737-300, weighing 37 tonnes (81,500 lb), a distance of 100 m (328 ft) in 43.2 seconds at Manchester Airport (UK) on January 27, 2001.

number of snakes a man sat in a bath with....



Jackie Bibby (USA), aka The Texas Snake Man, sat in a bathtub with 87 snakes on 5 November 2007 in Dublin, Texas, USA for 45 minutes as part of GWR Day.



#### Push ups using the back of the hand in 1 hour.

The most push-ups using the backs of the hands in one hour is 1,940 and was set by Paddy Doyle (UK) at Stamina's Boxing Self Defence Gym in Erin Go Bragh Sports Centre, Birmingham, on November 8, 2007.

# 923 items ironed 60 hours-



Ladies, here's a keeper! Ben Walton, from Andover, set a new World Record for ironing 923 items in 60 hours raising about £5,000, towards buying an incubator at Winchester's Royal County Hospital. His six-month-old son, Zachary, was born 10 weeks premature at the hospital last December and weighed just 2lb 3oz.

#### 28.8"

#### gap a car travelled through.

A team sponsored by the Sunday Times has set a new record for driving a car through the narrowest gap. In a 2006 Vauxhall Astra VXR, driver Terry Grant (UK) drove on two wheels through a gap 68 cm (26.77 in) wider than the height of the car, at the Santa Pod Raceway, Wellingborough, UK, on 17 October 2006.



# The Long the short of it

conscious of your body? As Robbie says; 'All we ever want is to look good naked'. Here are some of the world's most interesting views in the mirror.



strongest

Mariusz Pudzianowski

weight:142kg/313lbs

height: 6ft 1"

Age: 32

**Poland** 

#### fattest

**Manuel Uribe** weight: 1,316lbs height: Unknown as he cannot stand up Age: 43 Monterrey, Mexico

Known as

'Pudzian',

'Dominator', 'Super

Mariusz' (Super Mario),

'Python', and 'Big Python',

officially the worlds strongest

man. He is 32 years old and

was born in Poland. As well

Strongest Man' competition

5 times and becoming the

Strongman Super Series

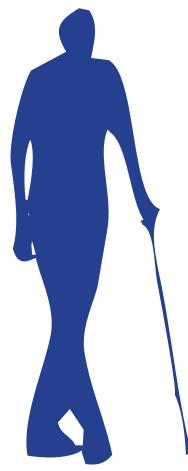
World Champion, Marius is

also an actor and a singer.

as winning the 'World's

Mariusz Pudzianowski is

Yes....This is a human being! At the age of 43, living in Monterrey, Mexico, with a body weight of just over 1,300 lbs, Manuel Uribe Garza is known as the fattest man in the world. His height is unknown as he is unable to stand up and because of this he has not left his bed since 2001! Looking on the brighter side, Manuel Uribe recently got married to Claudia Solís on October 26th 2008 but during their wedding, Manuel was sitting on a nicely decorated four posted bed.



#### tallest

**Mounir Fourar** Weight: 180kg Mongolia

Fourar was born in Tunisia, custom made clothing as well



Height: 8ft 5" Age: 37

Are giants real? Mounir Algeria in 1972 making him 37 years old. He, amoung many others were measured to be in the Guiness Book of Records. He won, being measured at 8ft 5" and weighing 180kg. He suffered from acromegaly gigantism at the age of 12, growing 7cm per month. He went through 5 operations before his growing stopped. Being the size that he is, he needs as specially-made size 27 shoes.



### smallest **PingPing**

Weight: 14lbs Height: 2ft 5" Mongolia

At the age of 21, and weighing only 14lbs comes PingPing. He was born in Mongolia at which point he was small enough to fit in the palm of his parent's hands and is the third child of his family. He has two sisters but they both developed at regular rates. His height was measured three times over the course of ten hours, after which he received the name of being

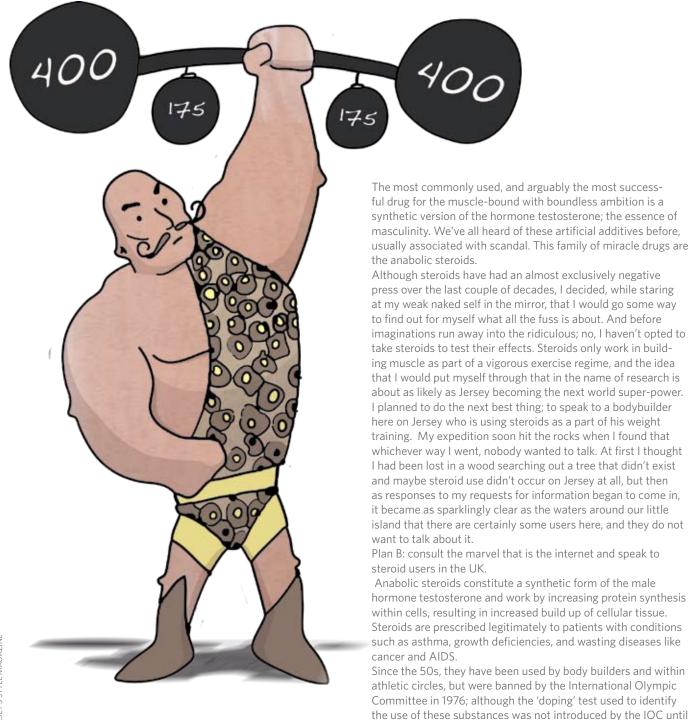


## M is for Muscle, S is for Steroids

words: Leon Fleming

am a bit of a weed. I am not muscle-bound, or hunky. I am not even toned. I don't go to the gym, ever. Just the idea of putting myself through the strain of intense physical exercise has me waking bolt upright in a cold sweat.

I know that I probably represent the minority and that so many people do in fact 'enjoy' going to the gym, and some to the point that they put so much effort into working out that they are able to change the shape of their body and make it into something hard and heroic; like the monolithic statues that litter the former Soviet Union. It is the living versions of those giant bronze heroes that have seized my attention. Such is the competition and desire to be the largest, hardest, most chiselled lump of granite in the quarry, that there are those who resort to chemical supplements.



some ten years later.

Anabolic steroids can be taken into the body orally in a diet of many various pills, and although these often produce good results, it is easy to forget which pill you have taken, and when; and this can disrupt your 'cycle'. The tablets also have a habit of causing toxins to build up in the liver. The other method is to inject steroids directly into the muscle; not into the blood stream. Sticking needles into your body does require a certain amount of courage, but on the plus side they work fast and may have a lesser effect on your internal organs. There are steroid creams, often prescribed for eczema, but these are unsuitable as they are not strong enough to create the effects desired and they seriously weaken skin tissue.

Some would argue that there is absolutely nothing wrong with taking steroids; that it is all just a matter of personal choice. And the fact is, they really do work. Because of the rate at which they increase the build up of muscle it is possible through the correct training regime to choose where you want your rocky bulges to protrude on the surface of your body. It could be thought of as a method of self design, just like choosing a hair style, tattooing, piercing, or having cosmetic surgery. The time it takes for steroids to make an obvious difference depends upon your own body and its capacity to build muscle. Other variables are also crucial; like your training schedules, methods of exercise and diet, and the form of steroids that you use. These hormones may not ever produce the effects you're after, but then again for some within only a matter of weeks or months the physique can be obviously and unquestionably changed. This is sounding better and better. Perhaps the prospect of exercise isn't so terrifying when the results could be so good. I'm not sure what my puny frame would look like covered in bulging muscles crossed by snaking veins, but I would certainly be unique; which must be one of the draws to having a body so altered in its appearance.

I have found someone to chat to over the

internet that has used steroids in the past, and I asked him what made him stop. He told me that he had been quite hardcore for a while and had started competing; and although he had been oblivious to his wife's complaining about his mood swings, and had barely noticed when she eventually left him, he had seen a change in his young son's reactions to him. Before using steroids his son would respond as any other small child when told off for being naughty, but that had been replaced by what seemed to be a real stark terror, flinching and crying, and he had even started making excuses for not spending time alone with his dad.

OK, so perhaps things aren't quite as rosy as I imagined. There seems to be more to consuming these chemicals than just working out and waiting for that comicbook superhero body to develop.

And the downsides certainly are quite worrying as there are so many possible side effects of steroids that it wouldn't be practical to list them here. But because there are some which appear to be common in almost all users at some point, irrespective of whether the substance is taken orally or intravenously, I am going to mention them at this juncture.

There are perilously high chances of serious heart and liver problems, and also temporary sterility while taking the drugs. More frightening than this is the fact that steroids act directly on the central nervous system and cannot fail to have major psychological implications; the first effect of these drugs will always be on the personality, causing mood swings which belittle anything brought about during female menstruation and menopause. Generally you will have an increased urge of aggression in response to everyday life. You will probably suffer headaches and periods of lethargy, and your libido will probably go through phases of rampant sexual need and complete absence in desire altogether.

When flicking through some bodybuilding

magazines I bought in a local newsagents, I found that these American periodicals are littered to excess with adverts for many different pharmaceutical aids, and with so little explanation that I am left unable to tell which are steroids and which aren't. Some of the adverts show pictures of the little glass bottles you only ever see handled by doctors and diabetics for use with hypodermic needles. I am positive that these are steroids, and that they are quite easily available for purchase. The adverts do not make any mention of the considerable number of possible side effects.

So, will I at some point decide to stick needles into my pathetic excuses for muscles and start pumping iron, or even tin cans to begin with?

In my fantasies I like the idea of being heavily muscled, snorting steam from my nostrils like a modern day minotaur, but I don't feel that I actually need to be that monster. I really don't need it enough to take synthetic hormones, and I really, really don't need muscles enough to spend my time when not lifting weights, trying to count in a frighteningly aggressive manner, each of the many ill effects that I am suffering from.

Although I am sure the positives are great, and being a unique-looking being with the strength of ten men and arms as wide as oak trees is strangely appealing, the negatives are far too many and far too scary for me to risk. So it looks as though having been born to grow into the weed I am today, I will forever remain that weed.

## calling all Dicks

words: Screwloose

Calling all Dicks to come forth, big or little, fat or thin, brave ones, come out. We don't want to eat "Spotted Richard" on cold winter nights, I for one like the real thing, I was married to one for thirty odd years, he had a lovely mole a la Yves St Laurent on his right cheek. My nephew is C.O.D., very apt as he manages his father's business The Corner Shop, at Sand Street. I was taught at J.C.G. by Mr. Wankling before my days at Convent F.C.J. and know a lovely lady who is a Hoare. What's in a name, we can't help what our parents choose to call us and if you get saddled with a funny surname at least you stand out. Just like my friend Mrs Christmas who has great problems booking a restaurant table in December.

# "QUOTED"

Gallery presents some motivating quotes from some of history's men of note.

Men wake up aroused in the morning.

We can't help it. We just wake up and we want you. And the women are thinking,

"How can he want me the way I look in the morning?"

It's because we can't see you.

We have no blood anywhere near our optic nerve.

ANDY ROONEY

If it can't be fixed by duck tape or WD-40, it's a **FEMALE** problem.

JASON LOVE

God gave men a brain and a **penis**, but only enough blood to run one at a time.

ROBIN WILLIAMS

Women are made to be

LOVED, not understood.

OSCAR WILDE

"Everybody pities the weak; jealousy you have to earn."

ARNOLD SCHWARZENEGGER .

"Sir, you're drunk!" "Yes, Madam, I am. But in the morning, I will be sober and you will still be ugly."

WINSTON CHURCHILL

They say marriages are made in **HEAVEN**. But so is THUNDER AND LIGHTNING."

CLINT EASTWOOD.

If you catch him, just give me four seconds with Saddam Hussein." BRUCE WILLIS

There's only 2 people in your life you should LIE TO ... the police and your girlfriend.

JACK NICHOLSON.

"I love MCKEY MOUSE more

than any woman I have ever known."

WALT DISNEY

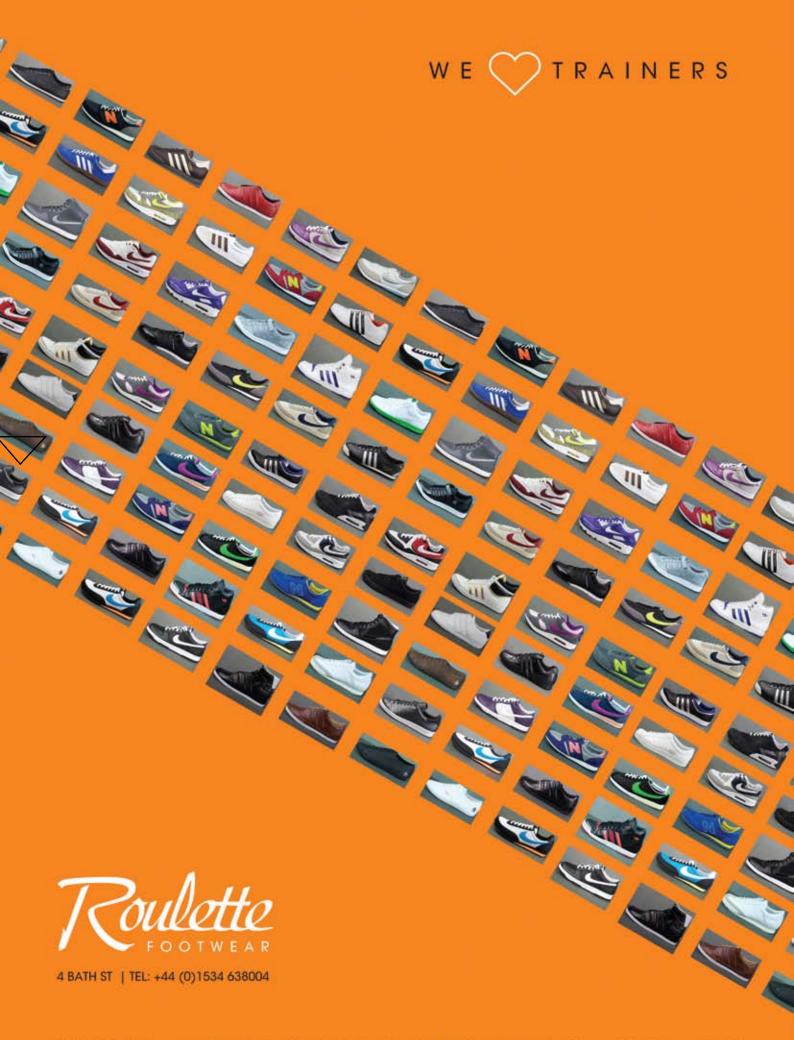
When a man talks

DIRTY to a

woman, it's sexual harassment. When a woman talks dirty to a man, it's \$3.95 a

minute.

UNKNOWN



• not Mrs Robinson, but our very own Nerina Pallot. We caught up with her to see how things have changed since she was a dear frustrated superstar and if she can handle her own interview questions (yes, just to explain, in case you all thing we've gone slighly interview insane at Gallery HQ, these are Nerina's own obscure questions which she posted on her own blog as having never been asked.... Yet...

**G:** Do you look at your poo before you flush? N: Ha ha, well of course, who doesn't?

# G: Would you let someone pee on you if you were actually on fire?

N: Yes I would, although, there are certain people I wouldn't!

G: Twix or Kit Kat?

N: Twix

# G: What do you think is Kerry Katona's favourite song at karaoke?

W: 'I Will Survive' by Gloria Gyanor

# G: If every member of Sugababes' incarnations over the years were to reform, which venue in the world has a stage big enough for it to happen?

N: The only one I think would be possible is the new Wembley Stadium, and that would be a push.

#### G: Why is Jeremy Paxman sexy?

N: I think it's because he's a man in authority and he's stern with it.

G: Is Jeremy Clarkson even sexier?

N: Ha ha, no I don't think he is.

## G: Does answering yes to the above make you a Tory by default?

N: Yes

#### G: Have you ever used anything you learnt in your Maths GCSE (that you had to take 3, THREE, times to just scrape a C) in real life?

N: No nothing, not a thing. Absolutely nothing. That's terrible isn't it?

# G: Why is the number 12 bigger than the number 11?

N: Because it just is!

#### G: Because isn't everyone equal?

N: Not if you're a Tory....

#### G: Why can't everyone play nice?

N: Indeed!

#### G: Sum up your new album 'The Graduate' in

N: Concise.

G: You've just graduated, receiving a First Class Honours Degree in English Literature, but are you a typical student? Do you know roughly how much a pint of Stella Artois is?

N: Well, I'm not really a beer drinker! I like my wine and port, but I'd hazard a guess at about £2.50?

# G: Ok, let's have some album word association. 'I don't want to go out'... What shall we do instead?

N: Let's cook!

#### G: 'Coming Home'.... London or Jersey?

N: Oh that's hard. I guess it would be have to be London as that's where I am at the moment.

#### G: Confession time. 'It was me' who....

N: It was me who was once very mean to an ex-boyfriend.



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#### me&mypet

## Charlotte, Lawrence & Coco



Charlotte girl

Lawrence unclassified Coco pug

#### Age:

Charlotte 12

Lawrence 10 Coco 6 months

**Charlotte** being with friends

**Lawrence** rugby Coco flip flops

Charlotte vegetables

Lawrence latin

**Coco** solitude

#### If you could be any human or animal:

Charlotte puppy Lawrence lion **Coco** chiropodist

Charlotte pink iPhone Lawrence motorbike Coco attention

#### Fascinating facts:

Charlotte 1 in 10 people live on an island **Lawrence** I'm the strongest person in my

Coco before carrier pigeons, messages were tied to pugs who were then catapaulted between medieval forts to warn of danger.

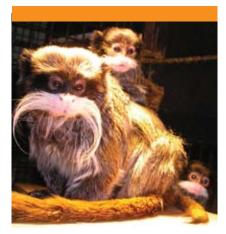
#### Most impressive thing ever done:

**Charlotte** i helped with the St Lawrence float in Battle of Flowers and was in the parade

**Lawrence** I scored 3 tries in one rugby match Coco I was sick in the Prince of Wales

#### Release the monkeys!

Dominic Wormell, Durrell Deputy Head of Mammals.



The Emperor Tamarin (Saguinus imperator) is a tamarin named after its resemblance to the German emperor Wilhelm II. It comes from the southwest Amazon Basin from the countries of Peru, Bolivia and Brazil. Emperor tamarins are tiny primates, weighing in at about 650g. Small does not mean primitive however, they have undergone evolutionary dwarfism so they can feed at the very ends of the branches and exploit foraging habitats that the larger south American monkeys, such as spider monkeys, cannot.

This is the first time that we have had free range Emperors at Durrell, these monkeys are totally free and can, if they, wanted to leave the site. The reason they don't is because they are territorial and will stay in the preferred habitat that we have here on site.

The area of shrubs and dense understory vegetation provides the ideal habitat for these small secretive primates. The group of three have adapted amazingly well to their new life in the wild. This is probably due to the fact that we provide very naturalistic caged enclosures for all our tamarins, so when the group was released into the woods they knew how to use the tiny branches to move around their new environment. The group comprises a mother and father with their 8 month-old son. We hope to have a birth early next year, with the offspring growing up free in the woodland environment.

#### Shoppers vote the co-op as the most animal-friendly supermarket

The Co-operative has won a public vote to officially become the UK's favourite animal welfare-friendly supermarket. It topped a telephone and internet poll organised by the RSPCA, and by doing so won the inaugural People's Choice Supermarket Awards at the RSPCA's Good Business Awards. The Cooperative was a clear winner, with 59% of the vote,



ahead of other shortlisted retailers Sainsbury's and Marks and Spencer. Food writer and TV presenter Richard Johnson, one of the judges who selected the shortlist for the award, said: "As the first ever winner of the People's Choice Award, The Co-operative's continued commitment to animal welfare, which it applies right across its product ranges, has obviously struck a chord with the British public." The Channel Islands Co-operative Society fully endorses the UK Co-operative's animal welfare initiatives and provides Channel Island shoppers with a wide range of animal welfare-friendly products.

**Gallery cracks animal myths no.2.** St Bernard dogs carry beer/brandy around their neck.





#### Why you think that...

It's all because of an English painter named Edwin Landseer in 1820. Landseer was a bit of a child prodigy, beloved by both Queen Victoria and the masses for his landscapes and animal portraits. When, at age 17, he painted "Alpine Mastiffs Reanimating a Distressed Traveller," (Edwin was not the kind of artist who forced you to interpret his meaning), he decided to make it approximately 50 times more awesome by adding a barrel of brandy around the necks of the Alpines (St Bernards). And the people ate it up.

But how did your average Joe Public hear about this myth? Probably the way they learn about everything else, by which we mean old Looney Tunes cartoons. That's right folks, once Looney Tunes decided to depict the St Bernard-as-bartender (inspired by Landseer's painting), the myth was cemented in pop culture history.

What's interesting about this myth is that it wasn't as if Landseer once knew a St Bernard that carried brandy, and it's not like the dogs regularly carried supplies and Landseer wrongly assumed it was brandy;

there was no genuine excuse for Landseer to depict the dogs this way apart from "I felt like it." He was just a 17-year-old kid who thought dogs would be cooler if they were also bars (he's right), and the world just decided to take his word as gospel.

#### Why It's Not True:

Sadly, the world isn't that cool; there are three simple reasons why letting a St Bernard carry brandy around would be absolutely irresponsible (that's 'people die' irresponsible, not 'throwing a party while your parents are gone' irresponsible). First, burdening a rescue animal with a heavy keg would obviously slow it down. Second, since brandy is 36-60 percent alcohol, sub-zero temperatures could make it slushy or freeze it solid. If you're thinking that would be the best Slush Puppy ever, remember that when you're freezing to death, the last thing you want is a snow cone, even if it is beer-flavoured.

Finally, and most importantly, alcohol actually causes you to lose heat faster, which means giving brandy to someone suffering from hypothermia would be about as effective as shoving ice cubes up their a\*\*.

# "Simply Stunning"

The Terrace at L'Horizon

Present this advert and enjoy a glass of Pimms per person with our compliments whilst having lunch or dinner.



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#### Ice, ice, baby.

Ice Party star awards skating pass to local schoolgirl for her campaign for a permanent ice rink in Jersey



yran Bracken, Jersey's star of ITV1 show Dancing on Ice, has declared his support for a local youngster's campaign to secure Jersey a permanent ice rink.

The skating star was in the island to announce that his company and sponsors Sure and Nokia Siemens networks will be running 'Sure Skate', an ice rink based in the Queen's Hall at Fort Regent for three weeks over Christmas. The ice rink will be open for public skating from 17th December to 6th January.

Sure customers will get discounted skating sessions whilst the ice rink is in town. There will also be a number of opportunities for people to win free skating tickets as well as a pair of ice skates signed by Kyran himself.

On Wednesday 7th October, Sure and Kyran Bracken presented local schoolgirl, Rowan Chateau, with an exclusive four-week skating pass so the budding talent can get plenty of practice over the Christmas holidays. Rowan, who's 10, has been campaigning for a permanent ice rink to be erected at Fort Regent, a scheme Kyran says he fully supports.

Kyran Bracken said: "I'm thrilled to be working with Sure to bring Sure Skate to Jersey this Christmas. We saw the enthusiasm for skating in the island during the summer when my Ice Party show was at Fort Regent. Now I hope to see all the island join us on the ice over Christmas!

"I am also thrilled to be able to give Rowan an exclusive skate pass that will help improve her skating skills. I am very proud that she's lobbying local politicians to have a permanent ice rink erected in Jersey. I think it will be fantastic for local youngsters in particular if she succeeds. I will be giving her my full support."

Sure customers can also benefit from special half price sessions which will be available to pre-book online at http://www.sureskate. com from Monday 26th October. Sure customers will receive a 50% ticket discount on weekly 'Sure Skaters' sessions: Monday 6.20pm-7.20pm, Wednesday 5-6pm and Friday 1-2pm.

#### **Star crossed memories**

Jersey Telecom remembers the assistance of the Red Cross for Liberation's 65th anniversary in Jersey.

**n** light of the celebrations next year, Jersey Telecom and the British Red Cross invited islanders to join them at the Pomme d'Or Hotel last month to share their personal collections of photographs, memories and memorabilia from the Occupation.

Jersey has had a very special relationship with the organisations of the Red Cross since the occupation during the Second World War when the International Red Cross ship, the SS Vega, arrived on December 30th 1944 bringing a food parcel for every islander. Bob Le Sueur (pictured below in the centre), a retired school teacher shared with me some of his memories of the Red Cross:

"I was living in St Helier, with no much garden ground for growing. We had one rabbit (Fluffy, who would later be sold for consumption) and a few hens. I don't think we'd have survived without the help of the Red Cross. When I see Red Cross appeals now, I always feel very impatient with people who say 'charity begins at home', if we all did our little bit we could help so many. So in short, please do donate to the British Red Cross."

Eileen Le Sueur remembers being so grateful for the assistance of the Red Cross, that she decided to throw a concert at her big farm shed in St Saviour. "I invited 26 people to the 'Vega Concert' (Variety, Entertainers, Grand, Attraction) and the whole cast were from St Saviour. Every night for four nights we had entertainment and sold items to raise funds for the Red Cross. Many of the items such as eggs, gripe water, candles and vegetables were hard to come by as the shops were empty. We raised a grand total of £306.04."

Debbie Cornish from Jersey Telecom said "We've seen some very fascinating pieces that people have brought in today, including old food packages, photographs and food booklets. The historic image that'll be appearing on the 2010 phone directory will be distributed to nearly 90,000 people, so that'll be fantastic in keeping people's memories alive and making the younger generations aware."

The competition is open now and a decision will hopefully be made by the end of November. Entry forms are available online at www.ierseytelecom. com. Call into the store or phone 882284 for more information.







# Just what you've always dreamed of

Bringing you what you really want from retailers that don't deliver to the Channel Islands



### Helping teenage cancer sufferers



TEENAGE CANCER TRUST

ix teenagers are diagnosed with cancer every day, that's over 2,000 each year. There's never a good time to get cancer, but for a larly cruel. Young people get some of the rarest and most aggressive forms of adolescence can make a cancer diagnosis even harder to deal with.

To make matters worse, teenagers and young adults diagnosed with cancer are cared for either on children's wards, surrounded by crying babies and cartoon characters, or on adult wards filled with elderly cancer patients. Every young person who is diagnosed with cancer in Jersey has to travel to Southampton General Hospital to receive his or her specialist treatment. Teenage Cancer Trust, the charity that helps young people fight cancer, has launched a local appeal to raise at least £100,000 towards a specialist state of the art unit in Southampton, designed specifically



for teenagers with flat screen televisions, sound systems, customised lighting, wall art and internet access along with space for family and friends to stay over. A unit like that would have made all the difference to

Jamie from Maufant who was diagnosed with leukaemia 5 years ago when he was 15. He remembers, "I was treated on a children's ward where the nurses wore clown outfits and a Thomas the Tank Engine trolley brought your lunch". Now in remission, Jamie is supporting the appeal. "It would have really helped to have been around others my age, going through the same thing as me". To be out of a clinical environment into one that feels warm and welcoming, set up with playstations, internet access, flat-screen TVs and space for family and friends to visit, and where teenagers can rest and recover after treatment, makes a huge difference. Teenage Cancer Trust builds units in NHS hospitals that improve the quality of life and chances of survival for young people with cancer. They receive no government funding and rely entirely on donations from the public. There have been a number of events locally to raise money for a teenage unit at Southampton, including the White Collar Boxing evening earlier this year that raised £10,000. Ben Murray, director of Jersey White Collar Boxing said, "I hadn't realised what Teenage Cancer Trust did until I read into it. Then I realised the teenage age group were being missed out, and it was just heartbreaking to hear their stories. We wanted to help make a difference to those young people at such a traumatic time".

For more information about Teenage Cancer Trust and how you can get involved, call Helen Haynes, Regional Appeals Manager on 07943 817 274 or visit www.teenagecancertrust.org/jersey

# help the charity (and have a great night)

If you want to get involved and help raise money for Teenage Cancer Trust's Jersey appeal, tickets are now on sale for another fabulous fund raising event - a black tie dinner and fashion show at the Royal Yacht Hotel on Saturday 28th November.

Tickets for this one off fashion extravaganza and dinner are £100 a ticket or £1000 a table. Space is limited and tickets are selling fast so reserve your table now by calling 721185 or emailing jersey@teenagecancertrust.org



### The Customer is always right

Advocate Christina Hall | Viberts | Protecting Your Pocket

**e** are told that customer service employees pride themselves on the adage that the customer is always right, yet when it comes to returning faulty goods, it appears this saying does not always apply.

The UK has had legislation protecting consumer rights since the 70s and although most Jersey shops follow the same practice in England it was not law. It is therefore a relief that Jersey has finally abandoned its reliance on customary law and recognised the need for a statute setting out the consumer rights. This protection is to be found in the Supply of Goods and Services (Jersey) Law, 2009.

#### So what does this new law mean for the consumer?

Well, let's take a very basic example: one which us women can particularly identify with... the purchase of a new pair of shoes! The shoes

are the type of new shoe which cost a small fortune. You have maxed your credit card to buy them but at least they look good. On their first outing your "killer heels" almost literally kill you as the right heel snaps off. You hobble to a nearby bench and discover that the heel of the left shoe has fine cracks in exactly the same place. Clearly there is a fault, but what rights do vou have?

In a nutshell, the new law states that you have the right to receive goods that are of satisfactory quality and fit for purpose. Clearly your shoes are not fit to walk on so you should go back to the shop. The law states that you have the right to demand that the shop do one of the following;

repair the shoes; replace them; or give a refund for them.

At the shop they will require proof that you bought the shoes from them. Production of a receipt proves that you made a contract with the shop, however, this may be easier said than done if you have thrown the receipt away. If this happens, your credit card bill (which will no doubt hit your doormat with a thud) will provide the necessary evidence to the shop that you purchased the shoes from them.

Any attempt by the shop to direct you to the manufacturer is not appropriate and should not be accepted by you. Your contract is with the shop and your rights of recourse are against them and not the manufacturer. It will be for the shop to take their cause up with the manufacturer, not you.

Even though this law may make little practical difference to some retailers who have already voluntarily adopted this policy, at least with the introduction of the Supply of Goods and Services (Jersey) Law, 2009, we can walk into any Jersey retailer, comfortable in the knowledge that even when we are demanding recourse for our faulty goods, we are right to



If you are looking for somewhere really special to stay, Jersey Heritage has the perfect place. Choose between a 1930's folly, a Napoleonic fort or a German tower. Each property has been brought back to life as self catering accommodation for you to enjoy.

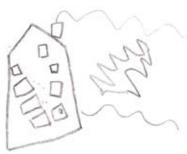
By renting one of these distinctive and irreplaceable properties, you will become the owner for the length of your stay and help us to protect and promote Jersey's historical landscape for the benefit of everyone.



For more information or to book call 01534 633304 or visit www.jerseyheritage.org



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#### **Perfect pressies**

For the ultimate precious gift from a little one, check out udoodle.co.uk. Traditional jewellery techniques are used to turn a child's precious drawing into a piece of silver or gold jewellery to be treasured forever. Handcrafted pendants, charms, cufflinks and tie pins start from as little as £38 and all you need to do is email a scan of your child's drawing to info@udoodle.co.uk

Time to get creative!









#### **Get Real!**

When you think of real nappies, you probablythink about the old terry towelling numbers and awkward safety pins. But it's not like that any more! Today's washables are a practical money-saving and environmentally-friendly alternative to disposables. Washable nappies are now used in Jersey's Maternity Unit and are widely available both on the island and online.

#### Did vou know?

- 13,000 disposable nappies are thrown away in Jersey every single day
- Before your baby is potty trained you will have changed up to 6,000 nappies. This costs over £1,000 in disposables but less than £500 in washables
- Disposable nappies contain up to 200 chemicals

For more info visit www.gov.je/recycling or



According to the Office of National Statistics official report, released on 8th September, the most popular names for babies in 2008 were:

For boys: And girls: 1.Jack 1.Olivia 2.Oliver 2.Ruby 3.Thomas 3.Emily 4.Harry 4.Grace 5.Joshua 5.Jessica

#### **Grubs Up!**

Dinner time with your little ones has got even better with the award winning TRIPP TRAPP® highchair. Designed to provide the correct ergonomic support for your child, this special highchair has unique adjustability of the height and depth of both footrest and seat, meaning that the chair grows with you child from baby to adulthood. So not only do they look funky they are also brilliant for your growing bambino. Available to order in 11 gorgeous colours.

For further advice or to order your **TRIPP TRAPP®** highchair please telephone Penny at the Active **Chiropractic Clinic on 617987.** 



#### It's a Bov!

We love the ultra cute 'boy' playsuit from No Added Sugar. Made in Portugal using 100% premium cotton interlock for a gentle stretch

across baby's body, this funky little playsuit has been redesigned in gorgeous new colours for Autumn/Winter. As well as adorable to look at they are also cleverly created with envelope necks for 'no tears' dressing and nickel-free poppers on the inside legs for simple nappy changing. Genius!

At just £25 the playsuits are perfect for your own little man or a gift for a special someone. Check out the range in AxleJr, 33 Queen Street, St Helier or call 769504 to find out more about this and the other brands stocked at Jersey's coolest kids store.



# Old wives tales or strictly scientific?

#### To make a baby boy...

- Keep your partner's sperm count high. Male sperms are not as strong as female sperm, and so the higher the count, the more chance there is of a male sperm reaching the egg first
- Avoid sex for a week before ovulation and then only have sex once on ovulation day, to keep the sperm count high
- Keep your partner's genitals cool by wearing boxer shorts and loose-fitting trousers

#### A girl this time please?

- Have sex frequently to lower your husband's sperm count, and so increase the chances of the female sperm reaching the egg first
- Keep your partner's genitals warm by wearing close-fitting underwear and tight trousers (although this isn't likely to do his general fertility any good!)
- Make love in the afternoon
- Put a wooden spoon under your bed and a pink ribbon under your pillow



#### profile

# Chris Lagadu

#### Toy Buyer and Expert (Toy Legend) Co-operative Society

#### How long have you been in the toy industry?

I've been in the toy trade for 18 years, and I started with Co-Op as a consultant in February 2009

#### How is the new store going?

Very well, everyone is pleased with the choice and range we have to offer.

#### What is flying out at the moment?

Go Go pet hamsters are running out the door! They are battery-operated hamsters which run about exploring and coo and chirp when you pet them. Also toys from the animated television series Ben 10 are very popular at the moment.

#### What is the best bit of your job?

Going to the toy shows, being one of the first to see all the new products, and choosing all the new lines to put in our shops.

#### What is the most macho toy on the market?

HM Forces, they're a range of soldiers with all the accessories, including stuff for boys to get dressed up in and role play - every thing from night vision goggles to camo netting.

#### If you were a toy what would you be?

Buzz Lightyear from Toy Story... 'To infinity and beyond!'

# What was your favourite toy when you were younger?

Action Man, as I was in the Army for 12 years.

# What do you think will be your Christmas bestseller for girls?

Go Go pet Hamsters, Sylvanian Families, and of course dolls.

#### And for the boys?

Ben 10, HM Forces, Transformers and Lego.

#### What single thing would improve your life most?

I would have said finding happiness, but I've just done that as my new girlfriend Gill has just moved over from the UK to be with me.

#### What's next?

The re-location into new premises at Grand Marche plus the potential roll out of toys in our four major stores.



# Now you simian now you don't

f I was to ask you what you thought the most common tool used by criminals was, you'd probably say something like "knife", "gun", "lockpick", or, if you're a regular reader, "nun" or "dildo". And you'd be wrong. Wronger than a pair of identical teenage brothers recreating the lovey-spoken-word bit from 'Oops I did it again' while dressed in red PVC suits.

If any of you would have answered "car", then award yourself five points and a pack of Percy Pigs. Because I can guarantee you that every single person who has ever owned and driven a car in Jersey is a criminal in the eyes of the law. And if you're reading this and thinking, "Rubbish - I've got a clean licence and the closest I've ever been to the courts in Jersey is when I went to a jumble sale in the Parish Hall", then I'd like you to write to me, c/o "I am a car owner and I have honestly never exceeded the speed limit in a green lane by 1mph or parked my car on a yellow line, Gallery Magazine, Midbeach House, St Lawrence" and until I run out or stop bothering (warning - this may happen quite quickly) I will award you a special Advocate X Certificate of Boringness / Delusion.

The unpleasant truth is that should the Jersey Police ever decide that i) finding new and interesting ways to describe pieces of coconut and ii) racking up humungous quantities of overtime guarding an empty building site is getting a bit boring and/or the States decide that they need to fund a

fact-finding trip to Afghanistan for Stuart Syvret (although somehow I doubt they'd be able to find the money for a helmet or body armour), all they have to do is set up speed traps around any of the 15 or 20 mph limits and take the law literally – ie if you exceed the speed limit by any amount then you have committed an offence.

The fact that you may only be exceeding the limit by 1pmh is not an excuse but it might mitigate the sentence – unless they decided to follow the UK's lead and introduce a fixed penalty system in which case that'll be a minimum of £50, please.

At least we can be grateful for small mercies – the dreaded GATSO camera has yet to make an appearance on the Island and so hopefully we won't have to follow the awesome example of Dave Vontesmar of Phoenix, Arizona. Dave was so wound up by the number of speed cameras on his 30-mile trip to work that he devised a way to test the system. His solution was so brilliant that I'm led to suspect he might actually be the illegitimate lovechild of Stephen Hawking and Carol Vorderman.\* The test began, and before long, the Arizona police had sent him over thirty speeding tickets.

Of course, Mr Vontesmar disputes that he is liable for the tickets at all – because all the photos show the driver wearing a monkey mask. "Not one of them there is a picture where you can identify the driver," Vontesmar said. "The ball's in their court. I

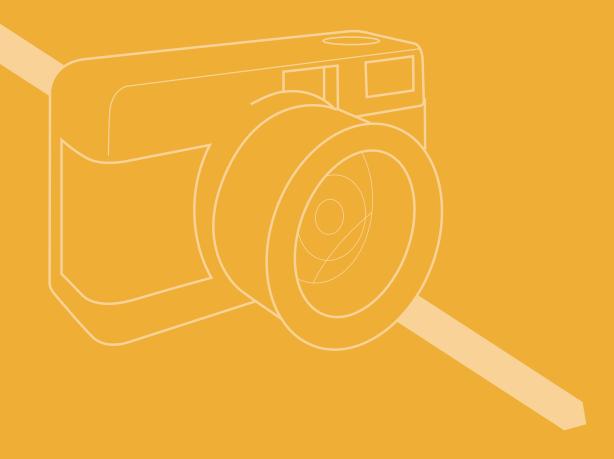
sent back all these ones I got with a copy of my driver's licence and said, 'It's not me. I'm not paying them.'" I'm presuming at this point that the driver's licence in question has a fairly non-simian picture on it. And that the police hadn't first tried to arrest Mark Wahlberg or – in true Jersey police style – declared the local zoo a major crime scene and spent three months (plus overtime) interrogating (and being effortlessly outwitted by) Jub-Jub, a male silverback gorilla.

However, the Arizona police soon worked out that they'd have to use their own animal magic, and using chameleon-like camouflage and, er, panda-like cars they waited outside Mr Vontesmar's house for the next few days and took pictures of him putting on a suspiciously familiar mask before driving off. Curses! It was looking grim for Dave, until he realised that they'd have to do that every single day in order to prove that it was him each time. It would almost be worth driving under the speed limit or bringing a similarly masked friend along on random days so as to render their early morning stakeouts pointless. Also, I reckon that if they ever brought cameras into Jersey, the best way to defeat them would be for absolutely everyone to have an identical mask - say of Terry Le Sueur (or whichever politician proposed the cameras in the first place) - which they could put on when driving. They'd never catch us all....



\* Having conjured that particular mental image, I'd now like you to add your own soundtrack – bonus points for Stephen's mechanovoice croaking "Yeah. Baby. Take. It. Take. It. Take. It." and Carol squeaking "Oh Stephen! I'd like one from the bottom!"

# **EVENTS**





If you would like a professional photographer to cover your event or party, get in touch.

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and in gallery, all for £195. Call Ceri on 811100 or email paparazzi@gallerymagazine.co.uk

paparazzi from gallery

# L'Horizon End of Season BBQ L'Horizon Terrace: 27/09/09













The L'Horizon end of season barbecue was a great success. It was a glorious day, the sun was shining, the music was entertaining and the food was delicious. Ruth Hayes,

Sales and Revenue Manager for L'Horizon Hotel & Spa commented "Meyers High Class Butchers did a great job in supplying the delicious meat, lovingly prepared by

our Head Chef Nicolas Valmagna. We are also delighted to announce that we have donated £350 to Help A Jersey Child from the contributions."

# Computershare Offshore 10th Anniversary Museum Brasserie: 25/09/09













A busy drinks reception was held outdoors at the Museum Brasserie, to celebrate the success and 10 year anniversary of Computershare Offshore in Jersey. The island's team of over 30 people which

operate from their offices in Pier Road, form an integral part of the Computershare Group Worldwide, recognised as the global leader in public company share registry and related shareholder services.

On Friday evening, guests, clients, staff and management enjoyed a drink or two together in the late evening sun - the perfect way to start a weekend!

paparazzi@gallerymagazine.co.uk





# Exhibition La Platte Rocque: 16/09/09













Zimbabwean artists, Wayne Stutchbury and Guy Hammond, held an exhibition at La Platte Rocque House showcasing their paintings and sculptures.

Guy's animal paintings caused quite a stir as people rushed to buy them first. Many of Wayne's sculptures were created using hardwood and old engine parts.

The well attended event was a sell out success for both artists. Next year they will be hosting their exhibition in London having done two years in Jersey.

# Help A Jersey Child Golf Day La Moye Golf Club: 25/09/09













This event sponsored by Lloyds TSB Offshore, raised nearly £10,000 for this extremely worthy cause.

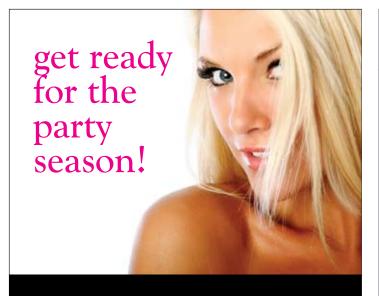
second and third prizes. Martin Fricker, Island director of Lloyds TSB Offshore, wanted to extend a huge thank you to all those who supported the day. Douglas McCabe, a trustee said, "Everyone was

top prize and Dandara and Style taking

The bi-annual fund raising event saw 17 teams tee off with Carey Olsen taking the extremely generous, not only the golfers, but also those that helped behind the scenes to ensure that the day ran as smoothly as possible. One coveted item, a signed Ernie Els golf shirt generously donated by Acorn, raised £600 alone which was fantastic."

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# Oasis Hair Salon Launch Party: 09/10/09













Purple balloons and melodies from the Saxbells quartet blew in the breeze surrounding the entrance of the new and funky centrally located hair salon on 20 Beresford Street. Oasis, which used to be located in St Peter, has recently moved to

town and opened a brand new sophisticated salon for their clients' convenience. Stephanie Coates, the owner of the business said "We are a friendly salon catering for all ages. Oasis is simply all about the hair dressing in elegant, opulent surroundings".

The launch party, with strawberries dipped in vodka and chocolate fondue created the perfect relaxed atmosphere to admire the beautiful orchids and roses on display and the smart purple and white décor of the first floor studio.

# Pre-Rally Drinks Party First Tower Car Centre: 07/10/09













The show room at the First Tower Car Centre was buzzing with excitement as guests admired one extra special motor and had the chance to chat to two celebrities at the annual Paperclix Rally pre-rally drinks party.

Brian Hamilton was not only the host of this fantastic evening but also the sponsor for the three guests of honour- former Colin McRae navigator Nicky Grist, Welsh tarmac specialist Peter Lloyd and their awesome

car, a Subaru Impreza S12 - who went on to win the 27th Jersey Rally 2009. A great bash and a great performance!

Get paparazzi at your events.
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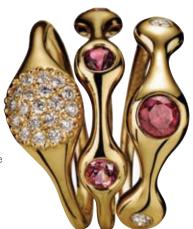
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# Interchangeable and fun,

Pandora Mix & Match earrings are a great way to add a subtle accent – or a bold statement – to your look. Start with 14 carat gold or silver hooks, and thread on your choice of pendant earrings.

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# The Gaspé Jersey Map Exchange The Old Court House: 18/09/09













There was something fishy going on down at St Aubin's Pier last month when His Excellency & Mrs Ridgeway were asked to unveil a stone map of the Canadian Gaspé Peninsula. This event was the 2nd part of a mutual exchange as another map, made from granite in the shape of Jersey, was also

erected recently in the town of Paspebiac in Quebec. These plaques celebrate the role of Jerseymen in developing the cod industry and cement and revive the centuries-old link between the two communities. After the ceremony, a champagne reception was held opposite at The Old Court House, the

perfect location to enjoy a sunny drink over looking the bobbing boats at high tide. As the Canadian and Jersey flags fluttered in the breeze, Doug Ford from Jersey Heritage gave an informative talk and many relatives of the Gaspé fishermen relived stories of their past.

# CRY Jersey's Annual Charity Auction St Helier Town Hall: 18/09/09













This well attended event was led by auctioneer, Tommy A'Court and raised over £4,100. This year, funds will support the 'Home of Hope' children's home and day centre in Albania. Many of the

children supported were living on the streets. CRY are providing a loving home, as well as educational and medical facilities for these children who live in extreme poverty. Thanks go to the Town Hall, our

photographer, Jane Allchin's organizing team, the generous donors and bidders, and the sponsors, including Carey Olsen, Bag It, Zand Benevolent and Image.

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# ICSA Annual Dinner Hotel de France: 02/10/09













The ICSA (Institute of Chartered Secretaries and Administrators) Jersey Branch Annual Dinner attracted a crowd of over 250 people. Attendees enjoyed a champagne reception, a grand dinner, a charity raffle in aid of Leukaemia Research and entertainment.

Former Director of Communications for the Prime Minister's Office, Alastair Campbell, was the guest speaker for the night and enthralled the audience by taking part in specially designed rounds of Question Time, Who Wants To Be An 'Offshore' Millionaire

and Have I Got News For You. The evening was made possible thanks to the sponsors for the night: RBC Wealth Management, BPP Professional Education, Comsure, OTL, Joys and Hotel de France.

# Red Properties Launch Party P.O.S.H Bar, Royal Yacht: 09/10/09













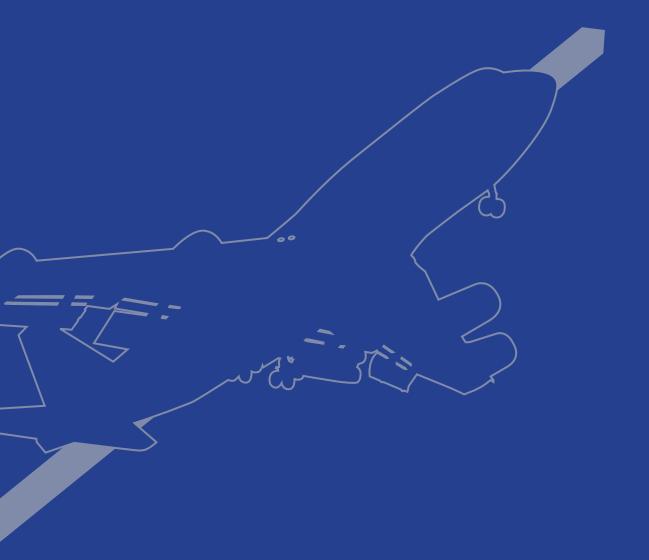
Although winter is on its way, the outdoor terrace at the Royal Yacht was alive with colour for the launch party of Red Properties, Jersey's newest and most dynamic estate agency. Many of the ladies, fantastically dressed in matching red outfits for the

occasion, enjoyed the drinks and nibbles on offer along with the numerous other guests that had come together to celebrate the newly formed company, by two highly experienced estate agents, Graeme Alderson and Ashley Heath. Red aims to provide its clients with a professional, friendly and forward thinking approach in the sales and lettings of both residential and commercial property. It will embrace change and challenge modern day selling in an ever-fluctuating market.

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# **TRAVEL**















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# Destination:Stag

# What **do** you get for waking up in Vegas?

right lights, incredible casinos, spectacular stage shows, adult entertainment a-plenty, 24-hour drinking, beautiful women and more insane fun than you could shake a croupier's stick at, it can only be one place. Las Vegas. Sin City, also named the "debauchery capital of the world" in a recent report, is a sure fire bet for an absolutely unforgettable stag-do. The advertising slogan reads 'What happens here, stays here' and once you've tasted what this incredible city has to offer, you'll see why.

#### In a nutshell:

- The Las Vegas Strip is 7.3 km long.
- The population is approximately 590,000.
- The largest jackpot ever won in Las Vegas was \$39.7 million.
- The luxury and extravagance of Las Vegas as we know it today was started by Benjamin "Bugsy" Siegel - one of the most infamous and feared gangsters of his day

You can fly to Las Vegas from most major UK airports. A whole host of airlines fly to McCarran international airport including Virgin Atlantic and BMI. The airport is located at the southern end of the Strip. Flight time is around 10h:30min.

It's located smack, bang, wallop in the middle of the southern Nevada desert landscape so, unsurprisingly, Las Vegas can be brutally hot. Temperatures in the 90s°F (mid-30s°C) are common in the months of May, June, and September and temperatures normally exceed 100°F (38°C) most days in the months of July and August. In a nutshell, forget the sunscreen and it's blister time.



### short haul alternatives

#### Barcelona.

This beautiful Mediterranean city has a hedonistic feel that is impossible to resist. The late night buzz of restaurants, bars and night clubs throughout Barcelona has to be experienced to the believed, so don't be surprised if your stag night is still going strong at the break of dawn!

While you're in Barcelona, why not fit in a football game at the famous Nou Camp Stadium during your stag weekend. With a crowd capacity of just under 100,000 and a home crowd bordering on the fanatic, home games are always popular. If Barcelona are not playing at home for your planned weekend, why not see Barcelona's second premiership team, RCD Espanyol at the Olympic Stadium. Remember that most home games are on Sunday evenings, so make sure your flight home is either late Sunday or Monday.

Barcelona is the gateway to the Mediterranean Sea. It is for this reason that you will find various ports and marinas here. You can easily hire a yacht charter in Barcelona, sailing yachts, luxury cruisers, catamarans, fishing boats, etc. It is definitely a great choice to give your stag a different twist while discovering the Costa Brava.

#### **Dublin**

The entertainment agenda in Dublin keeps readers, artists, boozers and sportsmen happy with corkers like the Writers Festival, boutique music and arts festival Electric Parade, and the Six Nations Rugby.

No trip to Dublin would be complete without a pint of the black stuff, so a tour of the Guinness brewery is a must! The tour covers the basic ingredients used, a description of the brewing process (each week 100 lucky visitors get to start the brew), the testing involved and advertising.

Nightowls should head to the Temple Bar area of the city promoted as "Dublin's cultural quarter" which has a lively nightlife that is popular with tourists.





# Stay local! Reading this as a visitor? Come here for your stag do!

If you don't fancy leaving the island, staggers should pay a visit to the Les Mielles activity centre. Golf, mini golf, clay pigeon shooting and Segway rallying will provide hours of entertainment. Gallery would pick St Aubin's as a great place to start the night out which will inevitably find you in town bewildered and over the limit,

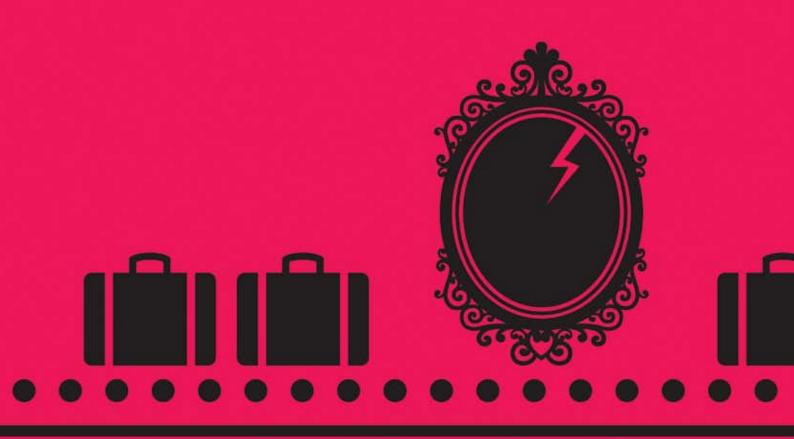
with no recollection of how you even got there in the first place. Start at the Boathouse for alfresco drinks and then line stomachs with a hearty dinner at the Salty Dog. The Old Courthouse, which has not one, but three bars, oozes charm and character so is the perfect final stop.

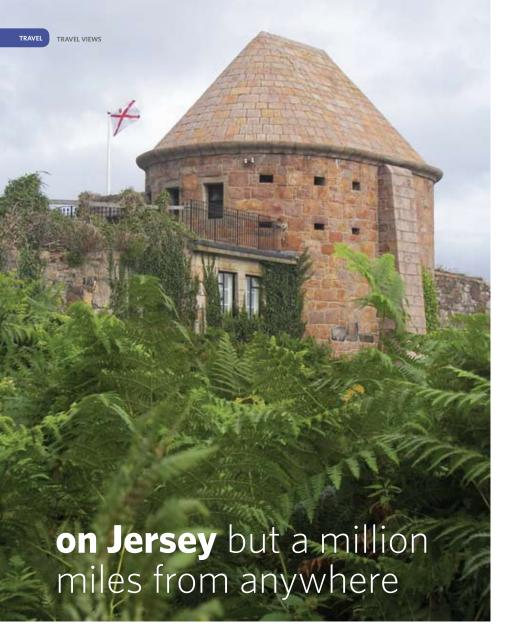


# Want to buy something too fragile to fly home?

# **Problem solved**

Register online with ship2me or call 0845 800 1034 when in the UK.





et overlooking the striking North Coast and secluded Bonne Nuit Harbour, La Crête Fort is your very own luxury fortress. It may only be a few hundred metres from civilisation but it feels a million miles away from anywhere, making it the ideal mini-break getaway.

Even the most un-romantic person can't help but fall in love with the views of the ocean on three sides. La Crête Fort is a Jersey Heritage Trust property which dates back to the 1830s. The fort has its own towers once used by the Germans during the occupation, when it was part of the fortification of the island.

With this secluded getaway not only do you get your very own fort (!) but also the miles of quiet coastline, secret bays & cliff walks which surround the area.

La Crête Fort comprises of a double or twin bedroom, a single bunk room and spacious shower room and large lounge/diner with a double sofa bed. A flight of stone steps will take you up to a large granite room with a vaulted ceiling with access to a secluded private garden terrace sheltered by granite walls.

### **Facilities**

Cliff top property Shower TV/DVD Cooker Fridge Dishwasher

Microwave
Heating
Linen and towels provided
Cot available on request
Private garden
Remote location

Parking Garden furniture

#### Romantic things to do at La Crête Fort:

If you book this as a surprise for your partner, one, you're amazing and two, arriving by night is our top tip; it really is breathtaking. As you wind along the private track all you can see is the sea crashing below you and a lit-up fortress ahead of you. It really looks spectacular.

In the morning wake up to the sound of shingle washing over the beach below.

Sit in the huge window alcoves reading a book looking out of the ivy-clad windows across the secret bays of the North Coast.

As part of staying at La Crête you have to 'hoist the flag'! This is slightly complicated and hilarious for first-time flag-hoisters.

Sit up on the battlements under the stars and drink hot chocolate with Baileys

Go 'old school', have some other couples / friends round for dinner and play a board game by candlelight up in the tower.

Wake up early and walk along the cliff paths whilst watching the sun rise.

Girls, if you've ever had any secret 'I'm-aprincess-in-a-tower-with-a-handsome-knight' fantasies, then you'll just love this.

Bring some binoculars, (swot up on Jersey wildlife) and search out the array of fantastic animals and birds which surround you out to sea and along the coast.

They have a brilliant kitchen, with every utensil you could wish for, so make use of it and prepare a homemade feast.

Spend the evening cuddled up with a bottle of wine watching a new DVD, with the sea swirling around you on three sides.





#### **About Heritage Lets....**

Jersey Heritage looks after ten historic buildings which are available for holiday rental. Ranging from self-catering apartments to basic stone hut accommodation, these landmark buildings are available to book all year round. By taking a heritage holiday let you can discover, from the inside out, some of the Channel Island's finest forts, castles, towers and follies.



# book it!

take a short break and refresh your head....

Kick back with friends or family for a two night stay this winter. Book over the weekend, running from 6th November to 26th March (excluding Christmas and New Year) and it'll cost £340. That sleeps up to four people plus one child under 11.. Think about it - private party, amazing location, a cosy winter evening looking out to sea with a glass of red and a group of friends ...

# **EXCLUSIVELY FOR GALLERY READERS:**

Receive a 10% discount when you book La Crête Fort in St Martin or Barge Aground in St Ouen on weekend hire Just quote GALLERY09. That's like us giving you £34 just because we like you. Think of it as us buying the

\*The discount cannot run with any other promotional offer.

# TOP TIP

Leave this issue, open on this page, strategically about your home, where your partner will definitely see it. Then he/she will book it as their idea and everyone is a winner.

































# **CHOOSE YOUR WEAPON.**

# & JOIN US IN A RALLY TO THE WORLD'S COOLEST CITY\*

The 2009 Gallery Rally raised £32,000 for Jersey Hospice Care.

Friday 4th June 2010 will see the Gallery Rally venture across the Alps to a finale on Lake Geneva. Think Wacky Races meets Gumball with a touch of the Telegraph crossword thrown in. **Come with us.** 

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to the for Highlands C	ellege a
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If I had to only eat one kind of food for the rest of my life it would be . Waga Man

This is a self-portrait of myself:



In bed I wear ... Miss matching PJs, I have an imability to coordinate ..... If I could be a celebrity for a day, it would be .semeene really each ........... The best time of year is .. Spring, um yeah, all seasons are beautiful .though. All is fair in love and war. True or false? .. False? I feel [inced semething good to say The best advice I've ever been given is .Chin up our kid. Werse .things have happened at Oh and also rightie tightie leftie lucie, think about it... ARE THESE WORDS?

If I could have one question answered in the world it would be Be good things really come to those that wait?...and if so how do you know when you have waited too long?

The 3 most important things in life are My. Ded. (he. is . wenderful) y my friends (they are all beautiful) and the person who gave me the best advise ever. This is a picture of my dream house:



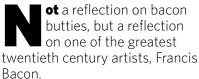
er semething like that ....



#### event of the month

# A reflection on Bacon





2009 is the 100th anniversary of the birth of Francis Bacon and this exhibition will pay tribute to the artist and his work with an exhibition of work by GCSE, A-Level and Highlands students. The work on show will aim to capture some of the qualities of Bacon's work with the students' own interpretation.

Francis Bacon's figurative paintings are known for their very honest representation of the 'human condition.'



The very imminent brush strokes give a very visceral and bodily sensibility. His disfigured forms are both horrific and aggressive, provoking a very physical reaction, yet you can't help but be drawn in by the subject and manner of his both sculptural and sensuous paintings.

So often the student work you see is of such a high quality and has a very refreshing and raw quality to it as they explore new ideas. It will be interesting to see how each of the students approach Bacon in their own individual way.

- Berni Gallery, Jersey Arts Centre
- 1 9th November 5th December
- Preview: 9th Nov, 5.30 7pm
- www.thisisjersey/jac 700400



# **Red** dot sale

For one night only the red dot sale will be held at the Grand Hotel and is a great way of meeting local artists. If you're hungry for some good art, then this event gives you the opportunity to buy an original piece of artwork and even take it home with you. A great idea for a special gift for Christmas. A unique mix of well known artists such as Jason Butler as well as some up and coming young artists will be showing their work at this exciting event.

- f Grand Hotel, St. Helier
- 5.30 9pm Thursday 26th November

# JERSEY OPERA HOUSE

# showing this month

# My Grandfather's Great War

#### Thursday 19th November

This new solo drama interweaves the First World War diaries of Captain Alexander Stewart with the contemporary perspective of his grandson. This is an undeniably powerful account comparing the very different lives led by young men from generations at opposite ends of the twentieth century.



#### Buddy Holly's Winter Dance Party Tour

# **Friday 20th November**January 1959 saw Buddy Holly

undertake his final tour. It was entitled 'The Winter Dance Party Tour'. 50 years on we celebrate the music of these great artists in a spectacular show which will take you back to a time when Peggy Sue really was a "Teenager in Love".



# Stepping Out Tuesday 24th – Saturday 28th November

A well-intentioned but not overly talented troupe all brought together to dance as if no one is watching, and hopefully no-one ever will! But when they're invited to perform at a charity gala, disbelief is replaced by sheer terror, can this bunch of amateurs pull together and put on the performance of a lifetime?



# The Jazz Factor Final

Sunday 29th November
In aid of the Jersey Womens
Refuge and Jersey Hospice
Care. Jazz Factor — The WSJO
plays up to date big band
jazz numbers, arranged for
their line up of five saxes, four
trombones, four trumpets, two
vocalists and the conductor"



Don't forget to check out the rest of our new season - call the Box Office on 01534 511115 or go to our website www.jerseyoperahouse.co.uk

# exhibition of the month Pen in hand James Alan George Carter



A fresh exhibition of work on alternative surfaces; Pen in Hand will be the first exhibition of James' work in Jersey. All the work has been made specifically with this exhibition in mind, for which James has made about 27 pieces.

His exhibition of work is clean and simple with a graffiti meets graphic design and illustration style designed on a real mix of surfaces, making for an exciting exhibition. The work consists of hand-painted canvases using posca paint pens and spray paint, three pairs of shoes, a skateboard deck, a vinyl figure, Russian doll, six digital canvases and with any luck a table which James is currently working towards.

James' fresh and modern style has been developed over the year with influences

coming from his current job as a graphic designer, his pastimes and his years as a graffiti artist in London.

James said he was really pleased with all the work he's done and that he was excited to have the opportunity to exhibit his work, as well as show people what he does and that he's not only a graphic designer.

The exhibition is sponsored by Side-On Creative Communication and the Parish of St Helier

- Westmount Gallery
- 17th 20th November
- (Weekdays 1 3pm, Sat 10am 3pm)
- Taunch night: Friday 6th November 7-10pm with music, wine and beer.



# one**to**watch: **Jamie Cole**

Jamie's paintings incorporate a variety of influences ranging from graphic design to pop art to abstract expressionism. Enjoying the freedom of this approach, it allows him to use whatever material suits the task whilst responding to stimulus material that may just fall into his hands. Jamie's recent paintings were inspired by absurd airline safety cards and the safe, reassuring imagery that they use to convince us that a catastrophic event (like a plane crash) taking place in our lives can actually be taken quite lightly. Jamie has recently turned his focus to photography, which we'll look forward to seeing.

🔊 www.contemporaryjerseyartists.com/ artists/jamie-cole

#### featured five



#### **SNAP:** Jerso

An exhibition of work by first-year photography students at JCG. Seventeen students will be taking part, each showing three of their best pieces of work. The exhibition is a celebration of their great achievements - in which this particular group obtained 15

S Whitespace Gallery

f 9 Nov > 28 Nov 📵 850850



# Contemporary Tapestries: Lisa

Lisa creates densely stitched colourful artwork. Lisa paints designs onto canvas followed by heavy stitching into the painting, creating a 3D effect. Her more abstracted pieces are designed for urban spaces. On display will be Lisa's exciting largest pieces of work

🖫 Harbour Gallery, Le Boulevard, St Aubin

1 22 Oct > 15 Nov 9 743044



#### The Big Green Draw:

As part of the national Campaign for drawing, Jersey Heritage and Mourant du Feu & Jeune are inviting everyone to take part. Whether you're a scientist, architect or environmentalist, use your imagination to draw a green home. Pick up a postcard from any heritage site and get creative. All postcards will be displayed in an exhibition at Jersey Museum in 2010.

🕓 Jersey Heritage 🔕 www.jerseyheritage.org Closing date: 1 Jan 2010



#### Alzheimer's:

Exhibition of students work taken from their project title 'Captivity.' The students have been looking in particular at Alzheimer's and would like to raise awareness of Alzheimer's through the work carried

Sir John Cheshire Gallery 1 Nov > 29 Nov 🗐 767997 🕕 Private View: 9 Nov, 6 - 8.30pm



### 100 days:

An exhibition of painting and drawings which are a response to Jason's trip to Rwanda where he documented the work of the Mines Awareness Trust where he was able to see the de-mining project in action. The work manages to capture both the project's work as well as the life and character of Rwanda and

Berni Gallery, Jersey Arts Centre

**1** 19 Oct > 7 Nov ■ 700400

# speakout

A blank canvas Corey Moore



The esplanade carpark underpass has been whitewashed, turning it once more into a bland and sterile concrete tunnel adjoining a large car park to the main road. For sometime the underpass attracted the attention of local graffiti artists who in turn transformed industrial concrete into something far greater. Through the application of spray-paint we could see a vibrant and growing subculture of graffiti in Jersey. The beauty of the underpass was the fact that it was not in the public eye, it served no purpose other then adjoining a car park to a main road. The artwork there was not simple vandalism, crude and degenerate tags but actual graffiti art, ranging from murals, throw ups and stencil pieces, for a moment it would seem that art in Jersey extended beyond the gallery space and into the public domain. The fact that the States had not moved in and whitewashed the underpass from the very first tag was an amazement. So will there be a resurface of graffiti art? Well it is tempting, once again there is a blank canvas, this area is unofficially a canvas now, and by whitewashing a wall the States have simply presented the graffiti artist with a new challenge and a chance to exhibit new pieces...

#### THE GALLERY GALLERY DIRECTORY

#### Berni Gallery

This large gallery space is an integral part of the Jersey Arts Centre. During the day the gallery receives visits from a broad section of the community.

- Mon Sat 7.30 10.30
- □ Fraction |
   □ Fraction |
- **100400**
- www.thisisjersey/jac

#### **Bar Gallery**

This small exhibition space is next to Cafejac where you can have tasty food whilst you observe.

- Mon-Sat, 7.30-10.30

  Forsey Arts Centre

  Phillips Street, St Helier
- **3** 700400

## Jersey Museum

In the art gallery you will find work by Claude Cahun, a leading artist of the Surrealist movement. The link Gallery also hosts a variety of changing exhibitions.

- **i** Daily 9.30-5
- The Weighbridge
- £ 633300
- 🦠 www.jerseyheritage.org

#### Sir John Cheshire

This contemporary gallery exhibits paintings by both local and international artists. The gallery is located next to St Thomas' Church.

- Tue-Sun 10-4, Wed 10-6.30 (Mon closed)
- St Thomas' Welcome Centre, 19 Val Plaisant, St. Helier
- **3** 767997

# featured**space**



### Harbour Gallery

Featuring over 80 exhibiting artists, craft workers and a textile centre. The gallery also holds over 12 major exhibitions each year.

(i) Daily 10.30-5.30

#### Falle Fine Art

A gallery exhibiting both local and UK artists, in a central location in St Helier.

- (i) Tue-Sat, 10-5
- ♣ 18 Hill Street, St Helier
- **887877**
- www.fallefineart.com

#### Whitespace

A nice space showcasing local artists' work in one of the key tourist destinations on the island.

- (i) Daily 9-5.30
- The Jersey Pottery, Gorey
- **850850**
- www.jerseypottery.com

#### find us

Art in the Frame, Le Boulevard, St Aubin A leading location for art and craft conscious folks in the West of the Island. The cafe also means a visit can be an excuse for a cake too!

#### **Future News**

Textile artist Lisa Macdonald will be exhibiting until the 15th November as well as running workshops.

2010 will once again feature their large and prominent event - the Jersey Textile showcase.

#### **Westmount Studios**

Studio spaces for artists working both independently and as a group. The studios give visitors the opportunity to speak to the artists whilst visiting exhibitions in the gallery.

- Westmount Road (opposite People's Park playground)
- **617521**
- www.jerseyartstrust.com

#### Studio 18

Established for over 30 years and specialising in 20th and 21st century art.

- (i) Mon-Sat, 9-5.30
- 23a Beresford Street, St. Helier
- **1** 734920
- www.studio18.co.uk

where they work....

# my**space:** Sara Pike





Sara has recently moved into her tranquil studio tucked away near St Ouen's bay and she's lucky enough to have great views across the bay, as she's going about her creative day. Sara has a passion for textiles and creates beautiful, unique and handcrafted work. There's an element of serenity that comes across in Sara's work and seems very apt for her setting. Sara's concepts develop from investigating different cultures - the people, places, memories and journeys that have been taken. Her sensitive pieces of works really appeal to the senses.

- www.storm-island.com
- mail@storm-island.com

#### THE GENUINE ARTICLE

# Fabrication creating the genuine stitch



## Linzi Brown

Linzi Brown formed a small textile company 'Dangly Hearts' earlier this year. The clue is in the name - creating everything heart-themed; from heart-shaped padded garlands, wire garlands, lavender bags, textile bags and a variety of handcrafted decorative gifts. Whenever possible Linzi uses locally sourced materials, such as the Jersey Lavender Farm.

These heart-themed textiles are a great gift for all you romantics out there and a great gift for yourself as well. You can find Dangly Hearts at farm and crafts markets throughout the year or you can contact Linzi directly.

**01534 877516** nearts@gmail.com



# Rosemary **Blackmore**

Textiles are just one strand of Rosemary's work, who also paints murals, watercolours and makes three-dimensional ceramic pieces of work. Through her textiles she creates bags and scarves and many other beautifully crafted items, sourcing yarns from Australia, America and Italy. Rosemary finds that although working in a variety of different media, the work still complements each other and all stem from the same influences.

Rosemary is inspired by her surroundings and living in Jersey; "we have some of the highest tides in the world resulting in a dramatically changing coast line. The sea in all its moods from still reflections to wild winter storms provides me with endless raw material for my work." Rosemary who's fascinated with creating a mood within the surface reflects this through her choice of colour and texture.

www.rosemaryblackmore.com



### Beverly **Speck**

Beverley's collection is born out of her passion for vintage style textiles. Her unique and beautiful handmade designs are finished to such a high standard. Her collection ranges from brooches, lavender bags and cushions to larger items for the home such as embroidered pictures and upholstered furniture with gifts for all-sized pockets.

Her one-off pieces of upholstered furniture come highly recommended and use only traditional upholstery methods. Made to measure blinds are also available and with Christmas on its way you'll also find unique handmade decorations. Beverly's quality of work was recognized when she won the 2009 Textile Showcase Soft Furnishings Award. Her unique collection makes for a great gift or something special for your home.

www.beverleyspeck.co.uk

# Branchage round up

After some technical difficulties the closing night gala of Branchage '09 saw the Opera House crowd treated to an unexpected screening of the documentary Big River Man, as well as an extra late-night screening of the scheduled film, Duncan Jones' sci-fi masterpiece Moon, at Cineworld.

Short film, 'Breathe' written by Jacqueline Mezec and produced by Andy Evans and the team at Fortress Island Films was also shown at the start of this closing night. Winner of the Jersey Scriptwriters Competition in 2008, the film was shot throughout March and April this year. Andy Evans said that 'this project has been by far the most involving and challenging we have ever undertaken, it's been both great fun yet stressful, but without doubt everyone involved has enjoyed the unique experience of working as a team. To see its progression from a script to a completed short film that's ready to be shown on a big screen is very exciting!'

The Film Festival was also the public's first chance to try the delicious Jersey Dairy Luxury ice cream mini tubs. Glamorous Ice Cream stewardesses handing the mini tubs out in true old fashion cinema style.



Emma looking Glam



Paul Foot dropped in as he walked to the airport.

# **Comedy Rocks**



Wayne Stewart's new monthly comedy night at the Jersey Opera House's Attic has seen the cream of the critically acclaimed crop grace its stage. After Paul Foot's opener, the comic metal-head Andrew O'Neill recently brought his show "Occult Comedian" over, which has earned him rave reviews from the Edinburgh Fringe Festival critics. As well as the monthly nights at the Attic, the Jersey Arts Centre will also play part host and Wayne hopes that 'if all goes to plan something "big" will be happening at the end of the year'. Upcoming acts confirmed so far are Mike Wozniak on the 8th December at the Attic, and Andrew Lawrence on the 17th February at the Arts Centre.

Visit www.comedyrocks.co.uk and the Facebook page for further details.







# Lisa MacDonald Harbour Gallery: 22/10/09













At the private view of Lisa MacDonald's exhibition of work 'Contemporary Textiles.' which was officially opened by Jurat Sally Le Brocq. Lisa's more abstracted images

are designed with urban spaces in mind and are inspired by the landscape and patterning found in the environment. Lisa MacDonald would like to thank Madeira

Threads UK for sponsoring threads for her exhibition. For those of you who haven't seen the exhibition it's on until the 15th November.

# Elizabeth Bisson & Theresa Thomas Whitespace Gallery: 11/10/09













At an afternoon preview of a joint exhibition of work by Elizabeth Bisson & Theresa Thomas at the Whitespace Gallery at the Jersey Potteries. The exhibition was called 'Small Jersey wonders & skin deep.' The exhibition combined two very different approaches, looking at more traditional

approaches to painting by Elizabeth and more abstract work by Theresa. Elizabeth says that 'painting has weaved throughout my life from an early age... from sketches in my maths books to big paintings. My first real love of paintings was started by Millais - Ophelia, at the age of seventeen.'

Her original plan was to become a portrait painter, but soon discovered a passion for landscapes. In this exhibition Elizabeth says how her work 'looks in at the beauty and the resourceful Jersey Gardener, and like all gardens I have my wild area too.'



#### How did you first meet?

Brobot 1: We are brothers and came from the same female class factory on Brobotica 9.

# When were you first built? Are you from the present, future or ancient past?

Brobot 1: Well we travelled here beyond light speed so I guess we are technically from the past, as time moved very slowly for us whilst it carried on the same here and at home. It doesn't really matter though, time is a concept that robots don't need to really worry about. Brobot 2, when were we born?

Brobot 2: B9 cycle no.1365985.65986

# Have you seen many sci-fi movies since coming to Earth? What's your favourite?

Brobot 2: My favourite film would have to be Back to the Future. I like it when Marty Mc Fly goes back to Earth year 1955 and plays his guitar at the school ball; "I guess you guys aren't ready for that yet... but your kids are gonna love it."

Brobot 1: That's a tough one... I'm going for Flight of the Navigator. That's a great earth movie.

### What music influences your song writing?

Brobot 2: We listen to that Earth band called AIR a lot. We particularly like them because there's only two of them, and they like to make atmospheric spaced-out music like us. Their album 'Moon Safari' is a treat to listen to when you're actually on the Moon.

Brobot 1: I really like their recent album, especially the music video to 'Sing Sang Sung.' I watch that whenever I'm on helium. We like other bands like Boards of Canada, Architecture in Helsinki, Sigur Ros, Radiohead, The Chemical Brothers, The Gaa Gaass and Justice. We really like Jersey bands as well, like Banquet and Falenizza Horsepower.

### Who or what is your biggest inspiration?

Brobot 2: We've very much enjoyed the joyful nature of some music acts on Earth such as

Look out Jersey, there's a brand new band on the horizon, and they're not your run-of-the-mill 'four skinny kids with guitars and asymmetrical haircuts' sort of affair. Meet Brobots, the space-exploring androids who have, in a matter of months, had heads turning far and wide with their cosmic mix of krautrock, bleep-happy electronica and dreamy psychedelia.

Donning their trademark space suits, their shows aren't much like any you'll typically find on these shores – live electronic sequencing, woozy beats and lasers chucked in for good measure – it's a show and a half. They've already performed at Branchage International Film Festival and performed in London's trendy Camden area, and have a busy month ahead, with four gigs to fit into their hectic robot lifestyles (they're consultants for NASA, Mitsubishi and the M.O.D). You'd be a lunar-tic to miss them. Read on, and learn from the wisdom of the Brobots...

The Wizard and the Frog and The Midnight Expresso. They've shown us that music needn't be serious or boring and we should just have fun with it, no matter if others dislike what we make. You can't please everyone! Brobot 1: Our biggest inspiration is to add some variety to Jersey's music scene. Every place has serious Arctic Monkeys or Oasis style guitar bands coming out its ears; people need to embrace their computers and have some fun. At gigs we have heard people saying. "They're rubbish because they are just relying on their computers". Well yes we are, but only as a glorified loop pedal. There are only two of us! Brobot 2: You still catch them dancing though, I think they experience that human emotion you call iealousy.

# Of all the things that you possibly could have done (the possibilities must be endless, what with you being robots and all), why did you choose music?

Brobot 1: I tried everything else but I wasn't very good at it. I read my manual and it turns out that I was made for making music.
Brobot 2: Yes the only thing we're good for is making music. Our existence is similar to yours, as we do not fully understand why we're here. However, many Brobots talk of a Brobot King who fell in love with a space siren, who could only be impressed if the Brobot King played some out of this world music to her. So to please her he created billions of Brobots to explore the billions of galaxies to find all the possible sounds available. Many Brobots stopped believing this a while ago though and are just flying around the universe having fun.

# How many shows have you played? For those that haven't seen you, what should they expect from your live show?

Brobot 2: We've played 3 shows so far.
Brobot 1: Live Lounge, London and Live Lounge again for Branchage Film Festival. Earth people can expect to jump around to some lively beepy nonsense, and then sink down into a musical Space Trip that'll blow your mind. And then jump around even more. Then stop.

# beat**happening**

is supported by



# This month in Chambers Lee Hurst

This month in Chambers, as well as the usual great live music line ups on offer, a very special and exclusive event is in store with very limited tickets available for the visit of muchcelebrated British comic Lee Hurst.

Perhaps best known to you as one of the stars of BBC comedy sports quiz They Think It's All Over, the East Londoner who started his trade in Bethnal Green's Backyard Comedy Club is known for his acid tongue and spontaneous ad-libbed wit. With support from Simon Lipson (described by the Guardian as "brilliant and talented") and Geoff Whiting, whose CV features TV warm-up roles for shows like Shooting Stars and That Mitchell & Webb Look, and musical accompaniment from resident rock n' rollers The John Kimble Experience, the show is just one of the highlights of a packed November schedule which features the likes of

Suzy's Field, Derrin Nauendorf and Matt McManus. Miss out at your peril.

Lee Hurst performs at Chambers on Thursday 26th November. Doors Open 7pm, Show starts 8:30pm Tickets £12.50 if attending comedy club on Monday 2nd November (in exchange for ticket stub), £15 advance sale, £17.50 on the door.



# Why did you choose Jersey? Did you crash land?

What's been your favourite planet that you've visited so far? Brobot 2: The 'Planet of the Femmebots' was my favourite. Third Earth

Brobot 1: Gliese 581c is nice but I'm not allowed to tell humans what's

was pretty cool as well - Thundercats are very nice beings.

Brobot 2: We happened to be passing through your solar system when Space Master Bass from The Wizard and the Frog flew by and stopped to tell us we should check out the island of Jersey on Earth. So he took his bass guitar, strummed a heavy deep chord and a blue flashing beam appeared from the head of his guitar leading us to Earth. We crash landed in Jersey, but it wasn't too bad. We managed to fix the ship in no time at all, and we were spotted by two elderly women in Gorey just recently when we were trying to find somewhere to park on the pier to get a burger. It was in the JEP the next day!

Brobot 1: Apologies if you're reading this ladies, we didn't mean to startle

#### What's the meaning of life?

there. You're not ready yet.

Brobot 1: There is no meaning. You don't need one. Just be silly and have some fun before your expiration date.

Brobots perform at the following shows in November: Live Lounge (13th) with Wizard & the Frog; Live Lounge (21st) with Joe Driscoll; Liquid (28th) with Hadouken (U18s & O18s shows) www.myspace.com/brobotsyeah

# beathappening

Chris Bell

Gallery's new resident local music writer goes out to speak to the people making things move in Jersey's music scene and beyond.

# Golden silvers' dream festival line up

**e've** all fantasized about our dream festival line up, haven't we? Cherry-picking bands from throughout the annals of rock history, we've all wondered what it would be like to have Beatles sharing the bill with Battles, or Doves with Wings (anyone?). Following oddball popsters Golden Silvers' electric performance at this summer's Jersey Live festival, we picked the brains of front man Gwil, who chose his dream line up for the imaginary festival comprised of the artists that have inspired the band's sound.

#### **Bob Dylan:**

"We'd probably have the circa-'66 Dylan during his tour of England; when he made that transition from acoustic to electric. He was one of the first guitarists that I tried to emulate, and I don't know if he had a direct influence on the hand, but there must be some sort of influence that's routed out of naturally. I'd insist on him playing 'Visions of Johanna' from the album 'Blonde on Blonde'."

#### Miles Davis:

"In the mid-to-late 'sixties especially, when Miles Davis was playing with Herbie Hancock and saxophonist Wayne Shaw, his performances were just brilliant - how could you not want him at your festival?"

### Otis Redding:

"I saw some really great footage of

him playing at the 1966 Monterey Pop Festival, and if he played like that, he could play at our festival. I love him, I just wish I could sing like him, too."

#### Sly & the Family Stone:

"Sly & the Family Stone are really inspirational to us, because of their willingness and ability to toy with so many different types of music, which is what we're trying to do all the time. You might have noticed that these are all old bands - we don't only listen to old music; I could have chosen TV on the Radio, but I thought if we only get one chance, we may as well bring back the old ones!'

#### The Beatles:

"There's not really much you can say about the Beatles that hasn't already been said, is there? But I think their peak was around the

time of the Magical Mystery Tour, by that time they had so many great songs but still had that passion about them. Who's my favourite? I think I'll go for George, although despite his bad rep, I like Mc-Cartney a lot too."

### Jimi Hendrix & The Band of **Gypsies:**

"We all agreed on Hendrix, but there was a bit of a debate between whether we'd have the Experience or the Band of Gypsies, but we thought it would be good to surprise everyone by going for the lesser heard-of choice. And also so we could see them play 'Machine Gun'."

#### **Golden Silvers:**

"Who else is going to headline? We have to give the people what they want to see, and that's us surely? Our finale would be

'Arrows of Eros', which is always out set-closer, and we'd have a big horn and string section - it would all be really big and epic. It's only a matter of time, I think."

### **Golden Silver's single** 'Please Venus' is available now on i-Tunes www.myspace.com/ thegoldensilvers



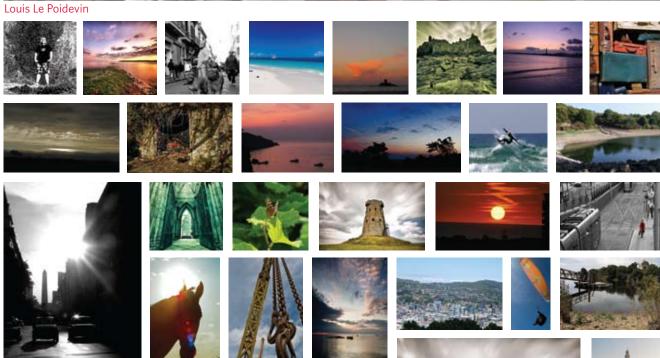
# The Monthly Upload

**ant** to win £100? All you have to do is email your entry with the subject 'upload' to: upload@gallerymagazine.co.uk

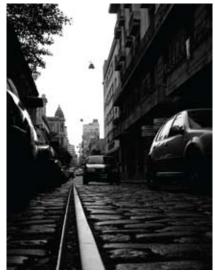
Guest edited by Ryan Lang

Make the files nice and big though, about 4mb is a good size to aim for as a guide. We print every photo but as we can't fit them ALL on the page full size unfortunately - they just wouldn't all fit!





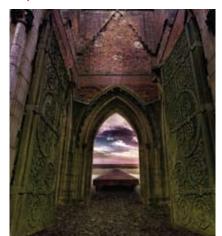




Chris Elward Daniel Hawkshaw



Krzysztof Mielcarek



Nicholas Javed



James Roughly



Dave Evans



Shannon Huby



Martin Huelin

This month was tough! There were many fantastic entries but we felt that Louis's image won because of its beautiful landscape and its many vibrant colours. We enjoyed Krzysztof, Shannon, Martin and Daniel's photos as they were different to the rest of the images with their use of black and white and their different uses of landscape. Thank you for all the photographs and keep'em coming for the next issue!

# CWOTM

The volume of response we've been getting for CWOTM is amazing. Thanks to all the talented writers submitting articles, rants, poems and observations for inclusion. We had so many this month we couldn't bear to leave them on the editorial equivalent of the cutting room floor (not that anyone uses cutting rooms any more). So here are a few of our faves this month. We've mixed it up to include some poetry too.

# Bejewelled Barriers, Adorned Armour

Sam Lake

hen considering clothing, cosmetics or accessories, daily shrouding modern man and woman, the mind often - perhaps to our discredit - slips to those concrete examples of elegant, visibly stunning Adonis figures that proudly display their worth through the glamour of their trappings. But is there more to these desired objects of 'bling' than merely the advertising appeal and financial statements of quality aesthetics? Is there perhaps an alternative to a world of strutting peacocks?

A man walks through town, and though hundreds of people may walk through him, around him or into him, he retains his anonymity - collected and cut off from his surroundings to claim his own space in his world. Aviators dim the light and people become dark smudges as they cross his path. In the same notion as an ostrich burying its head in the sand in a somewhat unsuccessful attempt to hide from a predator, the world is made safer for the man, who now exists in a separate reality of lesser blurs. At the same time, he appears to those of whom he strides or darts amongst as unapproachable. He is not to be disturbed, and he is not of their world, choosing when and to whom he will deign to recognise. Brands are merely an enhancement as a visage is created, a barrier that holds back enquiry. If eyes are the windows to the soul, then this man has drawn down the blinds, leaving in their stead the blackened panes of

A woman walks through town, and the first suggestion is that the cosmetics she has applied act as her shield. She augments herself to rebuff judgement on what might have been felt as an unpolished form, or as war paint in her battle through life. It may equally be for control, or the potential for beauty that a daub of mascara may offer. However, as she splinters the bustle of the crowd, you notice the wires curling in drips from her ears. Headphones offer her true protection. She chooses isolation in a world clustered with others. Music drowns and wipes away the sounds around her, and no person would dare interrupt. Adornments in this sense are not just for display, or to fulfil a base function, but act as wards to enquiry. They dim the senses, impede intrusion, and when headphones and shades combine with a hood, they become the true armour of self-satisfied isolation.

Have you got something to say? A short story, a rant, a GALLERY/ profile, a statement? every month we dedicate a whole BEAN AROUND THE WORLD page to you, Mr or Mrs Writer. We want you to shoot CONTRIBUTING WRITER from the hip with a 400-word article that you think OF THE MONTH our readers should take note of. In return we'll reward you with £50 and a coffee every day that month from The Bean. We're getting a great response and don't want submissions to go to waste so if we use it elsewhere in the magazine we'll give you £25 to spend on coffee or whatever you like! Just email your piece to:

cwotm response

### Disney & the Perfect Prince Sam Lake

In the September issue of Gallery, an article by Tom Clarke entitled 'Disney Magic?' sought to confront and examine issues of sexism within Disney cinema. Whilst such dissections justly examine the overt suggestions of female passivity and feminine cliché, matters of sexism could, in their own right, be applied to underlying male stereotypes that are bolstered within the magical world of Disney.

If you are seeking a character of substance, you will be unlikely to find that in one of the Disney 'Princes', each bearing a title grafted to a generic name. Thus, you have 'Prince Charming', 'Prince Eric', 'Prince Philip', or perhaps worst of all, 'Prince'. In the case of the latter, it seems where Snow White is concerned she liked her man anonymous, mysterious, and unannounced. In this lack of effort concerning the male characters, the Princes become aloof, happy to be glanced at or mentioned, but unable to be read in any depth. If these characters did indeed have deep secrets, ideas or beliefs, you would scarcely be able to know. Their only quality, besides their bravado and ability to tumble when the situation calls is that they are enigmatic in their anonymity, with the viewer, or the Princess herself guestioning the 'there must be more to him' Prince.

This bodes the question: Is there in fact anything of substance to these Princes? In general they are the perfect ideal, the man who would do anything for his Princess, who would climb mountains, slav dragons and shun ugly stepsisters. They have eyes for only one woman, except in the case of Prince Eric from the Little Mermaid, who is 'ensorcelled' into almost marrying some malicious sushi, perhaps showcasing a weak link to men who get tipsy and find themselves betrothed to a hooker in Vegas.

Perhaps the most substantial nature of the Prince is as a developing mixture of two clichés, the caring gentleman and the impassive brute. In earlier films, the stunted portrayal of the Prince leaves no time for this duality of mind, with perhaps the best example being Prince Philip from Sleeping Beauty, singing by day, fighting crime by night. However, by the 90s, when earlier models of masculinity are becoming somewhat dated, a new composite stereotype is born.

Prince Adam is the Beast; he is the strong, all protecting, aggressive and secretive man who slowly shows he can care before turning into his original shape of the effeminate Prince with golden locks and ambiguous beauty. In the language of cavemen, he will drag a woman back to his cave by her hair, but not before it is lovingly plaited. Is this indeed the new stereotype of the perfect man? Two polar opposites fighting in one Prince for a woman they have usually only just met.

# CPOTM

# What'll take us through is trust Tamojoy **Sengupta**

'Nother nite of amber flow Yet long and cold at home 'n thoughts of you drench deep inside 'nother nite alone

Reaching up to neon smoke Scattered matchsticks lie Where's that fire deep inside? Should we jus' let this die?

Claspin smell of nicotine In green hue modem glow Connected to the world outside To those u'd never know

Questions do run across our minds Love? Respect? ... or Lust? Whatever it is, it's built on faith What'll take us through is trust ...



# Big Bad Jockey Johnny Pastor

Big bad jockey,
Miss I want some cocky,
That bitch has everything she doesn't need,
A genuine living doll with baggage,
One revolting package.

My barbaric Barbie, The pin up of old sick men, Your company always sought after, For vomiting, horse rides and suicides.

Look at you and your new mini, Don't you look silly, Your hardly fit in that shiny tin, Loneliness is that empty feeling that comes from within,

If only your fat a\*\* would fit in the bin.

Reaching out with flabby arms to find none there.

The butchers cant help but stop and stare, Your tough hide has submitted them into defeat, Your sexy raw red meat.

You could have all the cellulite sucked out of your thighs,

And recycled onto your chest instead, Perhaps lengthen those sickening legs, But what about your tiny head?

Although if you were a real Barbie, You would never again enjoy a hearty meal, But at least you might gain some sex appeal.







In a month where the X-Factor is dominating every ounce of press coverage, it might be hard to drag yourself away from the hilarity of John and Edward to listen to some of the music that hasn't been made by blonde Irish twins with an apparent ignorance that they are a national joke. Rest assured that the right music is out there, awaiting your eardrums, ready to reinvent your current perception of good music. It's always been a case off separating the wheat from the chaff and this month the likes of Big Boi, Ellie Goulding and 2562 are the artists ready to open eyes whenever you choose to press play. Dare you you take the plunge?



### 2562

#### Unbalance

Album - Out now

After the success of debut album "Aerial", The Hauge's very own 2562 returns with a record that exhibits the various different facets of the dubstep sound. From the dreamy soundscape of "Lost" to the wonky dub of "Like A Dream", it soon becomes clear that 2562's ability to use bass to create different atmospheres is second to none. Being able to switch from high-tempo tracks a kin to the likes of Skream to more ambient tunes a la Burial is no mean feat and something that Unbalance pulls off with ease.



#### The Saturdays

# Forever Is Over (Manhattan Clique Remix)

Single - Out Now

It's not that this track is bad, it's just that it's incredibly boring. Manhattan Clique's remix of "Forever is Over" is as monotonous and pedestrian as a remix can get. A handclap here, a trance-y synth riff there, I'm boring myself writing about it. It's the remix equivalent of copy and pasting an essay from Wikipedia rather than actually putting any work in.



TECHNO /

### Various Artists -

#### The Twilight Saga: New Moon Soundtrack Album - Out now

Everywhere I look, vampires, boring, boring vampires. The blame lies squarely with Twilight for bringing the vampire back in to the mainstream and making girls wish some brooding, carnivorous heartthrob whisked them off their feet. But someone on of the Twilight team seems to have paid an awful lot of money for one of the best soundtracks in recent years. Stand-outs include Thom Yorke's electronically harsh and haunting "Hearing Damage", the beautiful vocal duet of Bon Iver and St Vincent on "Roslyn" and Lykke Li's emotive vocal showcase on "Possibility".

# The Sunshine Underground **Coming To Save**

Single - November 3rd

Once predicted to storm the charts as the UK's next big indie band, it's safe to say that the Leeds quartet have fallen off the radar. Listening to new single "Coming To Save", it feels like they are still stuck in 2005. An over zealous baseline and a vocal performance that sounds alarmingly similar to Matt Bellamy from Muse with annoying bits of jangly guitar thrown in here and there. The Sunshine Underground should brace themselves for some for time in the wilderness



# **Ellie Goulding Under The Sheets**

Single - 9th November

Tipped for big things by bloggers and critics alike, Ellie Goulding's debut single shows that the Welsh singer-songwriter is definitely living up to the hype. Released by the immaculate blog-cum-record label, Neon Gold, "Under The Sheets" is a exemplary piece of perfectly crafted synth-pop. Goulding's soothing vocals are delicately layered and punctuated by dashes of xylophone and harps while creating one of 2009's catchiest choruses.

# Alesha Dixon To Love Again

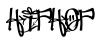
Single - 15th November

Whenever I look at Alesha Dixon, all I see is the MC from Mis-Teeq, who had such classic lines as "Mis-Teeq wid ad bump 'n flex!" But Dixon's latest release "To Love Again" could not be further from her garage-pop roots. "To Love Again" is clearly yearning to be seen as an inspiring, epic song with it's minor key piano riffs and string-accompanied crescendo, yet it simply ends up as another bore-ballad perfectly suited to soundtrack a climatic scene in one of Jennifer Anniston's rom-com flops.



#### Big Boi Shine Blockas ft. Gucci Mane Single - 23rd November

If this track could be a fabric, stay with me here, it would be velvet. Brought to you by Big Boi, aka the other one from OutKast, "Shine Blockas" seems to suggest where the true creative force behind OutKast lay. Fashioned around a gleaming looped vocal sample, the track exudes a swagger found in only the slickest, most enticing hip hop. "Shine Blockas" may even just be one of the best hip hop tracks of this year.



# N-Dubz I Need You Single - 9th November

Sometimes it feels as if N-Dubz are actively courting my hatred. New single "I Need You" is just about a musical incarnation of the way their frontman Dappy looks, hilariously bad. The track is full of generic beats and whiny synth lines with a chorus bereft of hooks. When you think the track can't get much worse, just listen to what they're saying. "I've been searching all over Facebook/And I can't seem to find you." Need I say any more?

# **FASHION**



# Millacreli

a new silver collection that combines beautiful Millefiori patterns with high-quality Murano art grass.



Exclusive to H Letto & Son Jewellers Limited, tel: 730952

Everyone now needs a shopping bag, so instead of dragging out mediocre ones from the boot of your car, get this divine See By Chloe Shopper, and use it with pride. Never has being eco been so fashionable. Comes in 3 colours; pink, black & white.

See By Chloe Shopper. £55, Roulette.

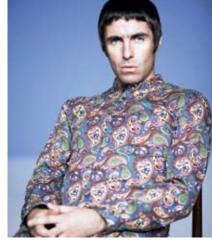


# ← Scrum-tious

Eden Park

Founded by five international rugby players, Eden Park is a clothing range that mixes understated luxury with elegant French styling - perfect for suave sportsmen. The new A/W range is full of beautifully cut jackets, shirts and rugby shirts, many with Eden Park's signature touch of pink. There's plenty of key pieces that work well layered up to give you a pulled together autumn look.

Eden Park. Available from De Gruchy and at the new Eden Park JEEP store, 21 Bath Street, St Helier.



# **Rocking clobber**

Pretty Green

Bad boy of rock, Oasis frontman Liam Gallagher has turned fashion designer with his new range of clothes, 'Pretty Green'. Described as an 'up-front, straight talking, classic clothing range designed by Liam Gallagher', the new range will be launched this month and promises great things. Definitely maybe... To see what the ex-rocker's come up with, check it out in Massimo right now.

Massimo, 18 Halkett Street, St Helier



# Calling all rebels...

Luxury Rebel

The newest brand to reach Hi-Heels & Handbags is the amazing Luxury Rebel by Jean-Michel Cazabat. Cazabat is well known for his use of fiery colours, flirty silhouettes and exotic prints to create the most distinctive styles, spotted on the feet of performers like Madonna, Gwyneth, Jessica Alba, Scarlet Johannsen and Penelope Cruz. This amazing collection is going fast so get yourself to Hi-Heels & Handbags and own your own little piece of Luxury!

Hi-Heels & Handbags, 18 Bath Street, St Helier. Tel: 629942





Brand News is compiled by Sarah at Quintessential Style. Quintessentials www.quintessentialstyle.com



# fashionpicks

Nicky Hambleton-Jones was the star guest at the fabulous 'Axle Woman At Voisins' Fashion Show last month. Before the show we took her around the new first floor area and got her to pick four items that she though would be good for the festive period. Here are her choices and why she picked them.

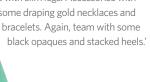
### Red Ted Baker dress £128

'Gorgeous colour and gorgeous frill detail, really highlights a fabulous chest! Pair with opaque tights, patent clutch bag and some



### Green D&G skirt £192.

'A plain top would really draw attention to this jewel coloured satin A-line skirt. Fab for anyone with slim legs. Accessorise with some draping gold necklaces and



#### D&G zip bag £367.

'80s is another tend which is proving very big at the moment. The zip bag is very biker chick and combined with the leather trousers, this would be a perfect match'







# Exclusive **ASH** collections

available now at Hi-Heels & Handbags

Don't miss out on these exclusive boots that you won't find anywhere else in Jersey!



18 Bath Street, St. Helier - tel: 01534 629942 hiheelsandhandbags@jerseymail.co.uk

# Jersey Granite Jewellery







Solid Silver Jewellery encapsulating our stunning island landscape. New designs now arrived! Also available in Aqua, King Street.



Jersey Pearl - St. Ouen - T 865317 - Open 7 days www.jerseysilver.com

# Diamond ology The Diamond Experts







Certificated Diamond Experts
Bespoke Handmade Diamond Jewellery

Lion Park, St. Lawrence, Open 7 days.
The Viewing Office, St Helier, by appointment
T: 869927, M: 07797 771499
www.diamondologygroup.com



### If he's a bit ROBERT PATTINSON he'll love....

UK Jewellery Designer of the year, Shaun Leane's darkly romantic designs have been spotted everywhere from catwalks to red carpets. Get yourself some gothic action with this gorgeous men's leather cuff from this visionary designer, and check out the rest of the range at Lettos.

Black leather and silver horn cuff, H Letto & Son, Tel: 730952



#### If he's a bit GEORGE CLOONEY - he'll love...

Work hard and play hard, today's man has to be both warror and lover and what better way to celebrate your man's unique achievements than with a contemporary design from Italian luxury brand Pianegonda. The sophisticated jewellery range is designed for men who are tough on the outside, but tender on the inside....

Silver Pianegonda cufflinks, £282, Aurum, Tel: 736182. www.aurumjewellers.co.uk



### If he's a bit ZAC EPHRON - he'll love...

In a modern twist on the identity tag necklace, the Links ID jewellery collection is perfect if your man deserves a truly individual look. Attach your chosen urban tags - featuring everything from DJ decks to dumb bells - to a tie chain, and create yourself a street style that's totally unique.

Links ID range, from £44, H Letto & Son, Tel: 730952



# Streetwear on King St Need a completely new look?

To mark the arrival of three new cult menswear brands, Replay, Superdry and Energie, Voisins is having a launch event on Saturday 14th November, with music from Third Floor Tiger and a free gift when you make any purchase from those brands on launch day (terms and conditions apply).

Voisins menswear department, Saturday 14th November



# Turn up the heat

ancy yourself in a corset? Bet your other half would... We caught up with local corset designer and maker Caterina Carranza from The Cat's Whiskers to find out what's so special about the wasp-waisted look.

#### Why corsets?

It all started a couple of years ago when I saw a girl wearing a corset in a magazine and thought she looked fabulous. I've always been a dab hand with a needle and thread, and before long I was making corsets for myself, and then everyone else!

#### What's the appeal?

I love to feel elegant and feminine and I think corsets really do that for you. They pull in your waist, elongate your posture and show off your curves. I feel so glamourous when I'm wearing a corset, and it really gives me a confidence boost. Every time I put one on, I want to pull my waist in just a little bit tighter.

#### How do you make your corsets?

I get an idea of a person's size then make a mock-up of a corset and ask them to come in for a fitting so I can fit the mock corset to their body and see where there needs to be any changes. The customer then decides on the fabric and I can start working on the second pattern, and add the  $\,$ boning. Then there's a second fitting where I can check the finished corset fits perfectly and make any design alterations.

### And what sort of corsets can you make?

Anything you want! You can have a traditional sweetheart-shaped corset with or without front hook fastenings, a corset with a straight line across the bust, or an under the bust corset (waist cincher) which looks great over a shirt. And as for fabric, it's up to you - the only thing I don't work with is leather or pvc. It's really a time for you to put your creative flair into making something totally you that you're going to love wearing.

### So when can you wear them?

Anytime really. They're great with a pencil skirt for weddings, Christmas and New Year's Eve parties, and even better in the bedroom with a pair of stockings and suspenders....

#### Who would you love to see wearing one of your corsets?

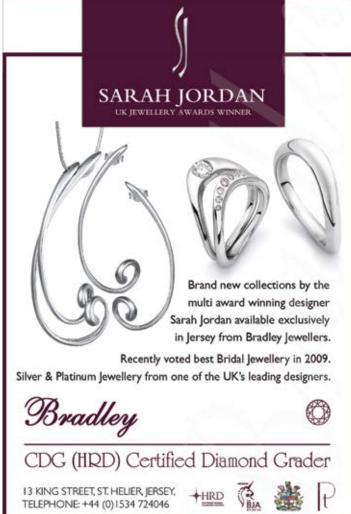
The girl next door. Because us girls need to feel fabulous and that's just what a corset does

#### Sounds great! How do I sign up?

Because every corset is bespoke, you'll need to get in touch with me so that I can find out what you want and give you a price. As a guide, a starting price for a basic under the bust corset would be £100 upwards.







# Realise the impossible!

'Pigs Might Fly' Solid Silver Charm







Jersey Pearl - St. Ouen - T 865317 - Open 7 days www.jerseysilver.com

# a man's man, man.

retty Green is an up-front, straight talking, classic clothing range owned, founded and designed by Liam Gallagher.

So far Liam Gallagher has been famous for music, and attitude. Both of which he has incorporated into his Pretty Green Label; the video for the range (which you can see on YouTube) debuts Liam's solo track Mystery Man and the whole collection has a definite air of the the 'mod' movement. Liam has said that he got his main inspiration from the film Quadrophenia "....it is in my veins, in my blood, I love the whole thing, the scooters, the suits..... Quadrophenia is a big part of my life it always will be."

The collection, which is entirely 'limited edition' includes classic designs across footwear, denim, knitwear, jackets, trench coats, parkas, t-shirts, hats, scarves and accessories; all subject to Liam's final approval, and all bearing the Pretty Green circular logo.

Talking about his new Autumn / Winter range, Liam said "I can't wait for everyone to see it.... I mean obviously you'll get all the hardcore fans buying it but I want people who hate my band to dig it too."

"If you're gonna' do it you've got to get involved, I'm going to be wearing it all. I'm doing it 'cause the things I want I can't really get."

Liam has dedicated a lot of time, not only to the collection but promotion of his new passion. He has spend time answering fans' questions via video responses which can be seen online at new. prettygreen.com - you can even leave questions for him to answer.

On the morning that the brand went on sale, online to pre-registered members, more than 100,000 people overloaded the site and it crashed. This stands as a testament to the effort Liam has put into this and the colossal brand power Pretty Green has already drummed up.

"Clothes and music are my passion. I'm not here to rip anyone off and I'm not doing it for the money either. I'm doing it 'cuz there's a lack of stuff out there of the things I would wear"

Liam on fashion trends...

"I'm not into that skinny look, f\*\*king get rid of that shit, those pointy shoes that come at you like a snooker cue, got a license for them b\*st\*rds or what"

Liam on his clothing range...

"Classic parka, classic shoes, no mad gear, just really plain blacks, browns, nothing wild, not Jean Paul Gautier, just cool"

Pretty Green is stocked exclusively in Jersey by Massimo, Halkett Street.







# DIAMONDS GEEZER

f you want to make a statement and show your girlfriend how much you care, nothing says 'I love you' quite like a diamond. It also says 'I love you more than that home cinema system / luxury holiday / new set of golf clubs I've had my eye on for months'. And when you're considering spending that much money on something that, let's face it, could have come from Accessorize for all you know - you've got to make sure you get it right.

That's where the experts come in. Julia Williams and her team at Diamondology do all the hard work for you, personally sourcing the perfect stone and helping you design your unique piece expertly hand crafted here in Jersey. Follow our guide to choosing a diamond and you'll be a gem expert in no time.

### The insider's guide to diamonds

The Four C's - Every diamond has its own unique peculiarities and this helps to grade them into different types according to the 'four Cs' - cut, colour, carat and clarity. The first thing your girlfriend's friends always want to know about is the carat (how heavy the diamond is). As a general rule it can make the biggest difference to the value of the stone. A diamond's colour and clarity are the easiest technical part of the diamond's grade to explore and use to your advantage to choose the perfect diamond for you. When choosing the shape of the diamond (round or princess cut for example) your girlfriend will usually have an idea of what she wants. A few subtle questions and you should be able to find this out. Some shapes can make the diamond look more brilliant and even bigger than its carat weight. But it's the cut of the diamond that's a measure of the cutter's skill and what you fall in love with. A diamond's fire and brilliance should hit you between the eyes.

### Design

Part of the Diamondology process is designing a setting for your diamond. You can do this by yourself or with your fiancée, and thanks to the in-store CAD design program you can see exactly how the finished ring will look with your chosen stone in place. You can choose from all kinds of precious metals, gold platinum or a combination of both.



Splashing out on a sparkler is still a big step. We spoke to **Scott Dupoy to find** out how Diamondology helped him pop the question...

"I'm not very good at being

romantic but I believe that getting married is one of the most important things that you can do. And when I asked Claire to marry me, I wanted to make sure I did the job properly - by asking for permission beforehand, by getting down on one knee and, most importantly, by having the perfect engagement ring ready.

The only probem was that I'd never bought Claire any jewellery before. But how hard could it be? But after a lunch hour spent looking in a few high street jewellers' windows, I was completely daunted by the wide range of choices, prices and styles. What makes one ring £100 and another £4,000? And what if I got ripped off or bought the wrong thing?

A friend recommended meeting up with Julia from Diamondology. I waited for a weekend when Claire was away - I was living in London at the time - then flew back to Jersey and met up with Julia in her town studio. She quickly realized I didn't know a thing about diamonds, and gave me a glass of champagne to calm my nerves before explaining patiently why diamonds vary in price, so that I could make an informed decision about what I was spending my money on: the clarity, the colour, the cut and the carat size. Each factor affects the price of the diamond.

I told Julia my budget and we started designing the ring by looking at what kinds of bands I could choose. This wasn't so difficult and I quickly chose an elegant, platinum ring with just four clasps. Choosing the diamond was much harder, but Julia pulled out a selection of stones that she thought would be in my price range and that would make the most of the mount I'd chosen. She explained the difference between them and why each one cost what it did. I was being quite indecisive but Julia kept on opening packets with different stones in so I could find the one that was perfect. I almost opted for a larger, slightly yellow stone but in the end went for a smaller stone that was very clear and colourless. Claire likes to be discreet and so I thought that it was more appropriate for her to have something smaller but that was of a higher quality.

When I proposed to Claire she was amazed that I'd bought a ring for her. She absolutely loves it and has said again and again that she wouldn't have chosen anything different. It means so much to me that I took the time to understand what I was buying, and that I know the reasons why I bought the stone that I did. Without Julia I would have been completely lost, but thanks to her help, Claire now wears a ring that feels very special to both of us. I'd recommend anyone planning on getting engaged to get Julia's advice."

The Diamondology experience - Buying a diamond from a local trusted dealer gives you far more security and peace of mind than buying over the internet. You have plenty of time to pick the perfect diamond for you in their private and elegant viewing office in St. Helier, and you can be sure you're buying a conflict-free stone.

If you are thinking of buying anything diamond-related, get in touch with Julia and her team on 869927, visit Diamondology at Lion Park (open 7 days a week) or email on julia@ diamondologygroup.com.

### Still have questions?

#### We asked Julia some of your questions...

#### Q: Why are some diamonds more expensive than others... and will anyone notice the difference?

A: Although a handful of loose diamonds may look similar, they're actually all different. They're a natural product with each rough diamond taking millions of years to form, and several weeks to be painstakingly cut and polished into a finished stone. They each have their own unique peculiarities, and this helps to grade them into different types according to the 'four C's' - cut, colour, carat and clarity. Diamonds have a certificate from an independent diamond grading laboratory to tell you just how they measure up. You'll need all these details for valuation and insurance purposes, but the important thing is which diamond you fall in love with. It's not about statistics, it's about sparkle.

#### Q: I want to make a statement and show my girlfriend how much I love her. Should I go for the biggest diamond I can afford?

A: Although some girls think bigger is better, in the world of diamonds that's not strictly true. Carat (ie how heavy the diamond is) can make a big difference in terms of value, and if you really want a huge rock, you can compromise on a lesser standard of color and clarity and still stay within your budget. But the most important consideration is often the cut or shape of the diamond. It can make the diamond look bigger than it's carat weight, and affects the brilliance. The traditional shape is round brilliant-cut - it reflects the most light, so it'll probably sparkle more on your fiancée's finger. Other popular shapes are emerald (rectangular), princess (square), pear, marquise, oval and heart.

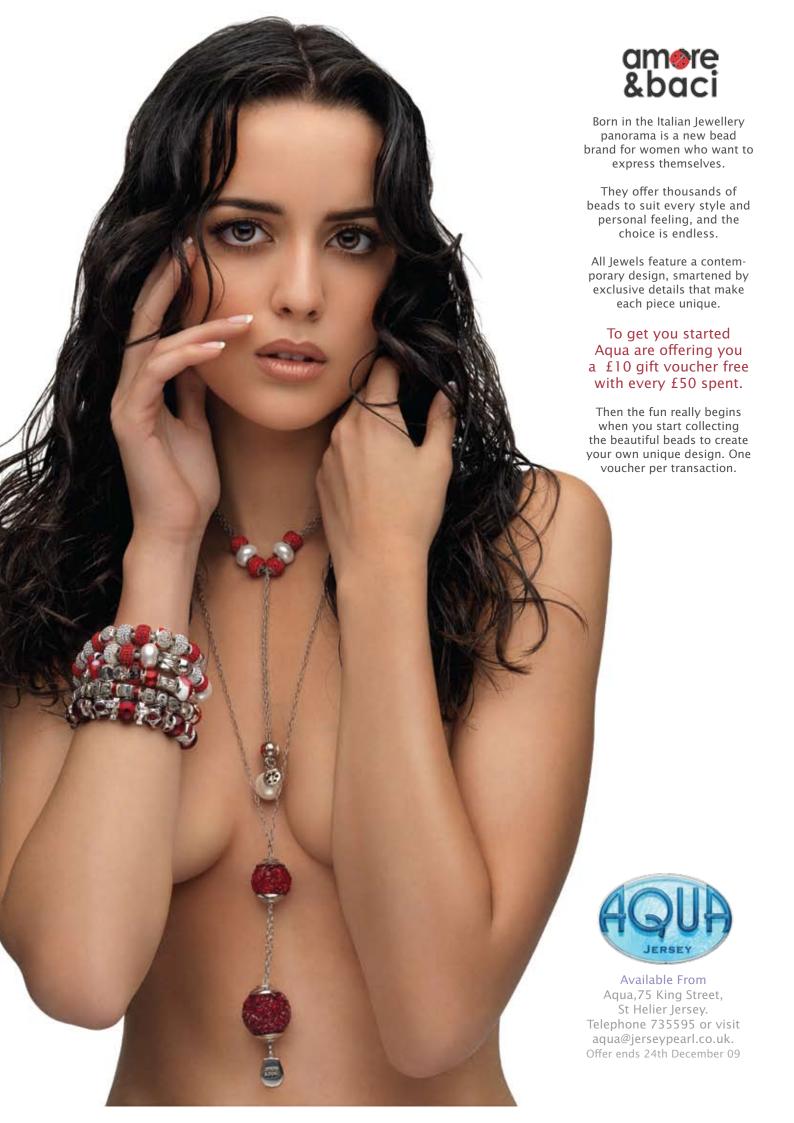
#### Q: What if she hates it?

A: Silly girl. After all that time and effort you've put into choosing her a unique diamond. If you really don't want to dump her and find someone who appreciates you, there are a few ways you can get your girlfriend involved. One customer chose a stone, had it temporarily mounted for the proposal, and then booked a design process the next weekend for his fiancée to choose her own setting. If you want to see how your finished design will look, Diamondology has a nifty computer program that can show you a full 3D view of the ring design with your chosen stone in place. And if she really thinks it's too small (if you have to ask, it's not big enough) then you can always opt for an upgrade. Whether it's a diamond upgrade or a fiancée upgrade is up to you.

#### Q: What's wrong with buying a diamond on the internet?

A; Of course you can purchase diamonds online, like everything else these days. In fact globally the biggest seller of diamonds is Walmart. But it's not very romantic. Clicking a mouse to select your beloved's diamond engagement ring hardly shows you were thinking about her, does it? And even though many internet sites offer a 30-day money back guarantee, you have far more security and peace of mind when you buy from a local,



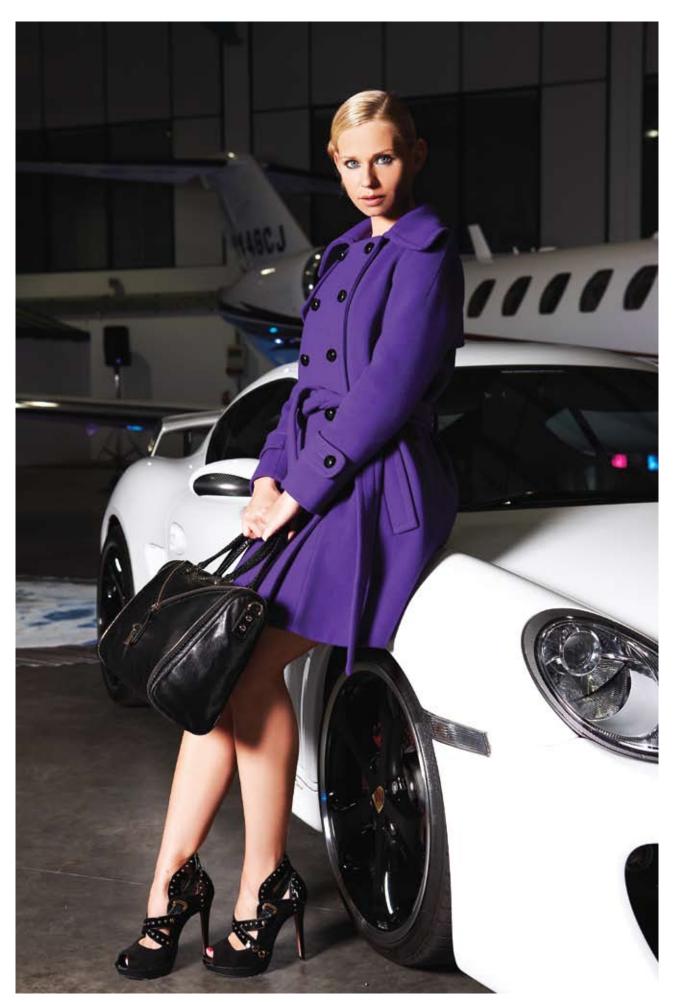




Cashmere and wool camel coat / £819 / Marc Cain Raccoon fur collar / £329 / Marc Cain Taupe and hickory snake print satin heels / Ash / £139 / Hi-Heels & Handbags



Coat / Karen Millen / £185.07 / De Gruchy Yellow leather and black patent detail bag / Karen Millen / £153.45 / De Gruchy Patent black shoe boot Dune / £85.50 / De Gruchy



Rich purple wool and cashmere winter coat / Sonia Rykiel / £460 / Axle at Voisins Black leather bag with gold zip detailing / D&G / £984 / Axle at Voisins Black suede and gold studded open gladiator peep toe / Kurt Geiger / £160 / Voisins



Coat / Patrizia Pepe / £460 / Manna.



PRIV&TE confidential

www.petertrenchard.com Tel: 769933



968 was a year of landmarks. Richard Nixon was elected as president of the USA, Martin Luther King and Robert F Kennedy were both assassinated, 'flower power', peace, and love were embraced worldwide; and Richard Blampied returned to Jersey as a newly qualified goldsmith to open a small jewellery workshop, at that time little more than a shed, behind the existing premises in Charing Cross, St Helier.

The site now owned by Richard, is part of Jersey's history. Dating back to 1693, it was once Jersey's main town prison and the prison cells are still in the basement of the shop today. Aurum now employs 15 staff, of which seven produce the jewellery, six goldsmiths and setters, and one designer. Perhaps its uniqueness amongst St Helier's jewellers is the size and accessibility of the onsite workshop, which, together with the elegant retail shop, has grown and expanded with the purchase of the adjoining properties in 1978 and 1993.

As the workshop's reputation for fine and individual work grew within Jersey, Aurum was selected for many important commissions. Among these was an extremely important piece; the replica 17th century Bailiff's mace that was presented by the States of Jersey to HM Queen Elizabeth II to commemorate her visit to Jersey in 1989. Aurum have made a habit of creating award winning jewellery in recent

years and after winning the prestigious Design Innovation Award for the second time in three years, designer Alexa Blampfied was delighted to be recognised once more in a competition that attracts the finest jewellery designers in the industry.

The sourcing and acquisition of amazing gemstones is of extreme importance to any prospective item of jewellery. They are intrinsic to Aurum's success and certainly only the most breathtakingly beautiful high quality stones are chosen, usually personally by Richard and his daughter Julie, from diamond specilaists in Antwerp and from visits to stone cutters in the far East.

Ambition and the pursuit of excellence have spurred Richard on to seek opportunites further afield and for the past three years Aurum's talented goldsmiths have produced desirable limited edition collections. They have been designed by Richard's wife, Alexa Blampied, and as well as being extremely beautiful, have proven to be highly collectable. All three wonderfully individual collections have been received to great acclaim and have been featured in the national press.

With their relaxed, one-to-one personal touch service, Aurum believe all jewellery purchases to be important and exciting. The acquisition and ownership of beautiful jewellery should be an enjoyable and uplifting experience for everyone, and they sincerely hope that they can help, either with general advice, creating a design, or possibly sourcing a beautiful gemstone. At Aurum there is a range in store for every budget and taste, from the trendy to the traditional, as well as a corporate, christening and wedding gift service.



All of our stones are sourced directly by us, coloured stones from a variety of places, our diamonds are sourced from the cutters in Antwerp. All stones are Kimberley process, guaranteed conflict-free stones.



## How did you first get into jewellery design?

Alexa: "I visited Aurum when I was 16 and was shown around the workshop. Anne Bowman from Andre Le Neindre Jewellers had spoken to my mum and had recommended it. I was hooked on the idea of doing something with my artistic inclinations and the visit to the workshop

then helped to reinforce that this was what I wanted to do. After A levels, an art foundation course with the opportunity to try silversmithing and other three dimensional crafts led to a four-year course in London at Sir John Cass college where I specialized in jewellery, silversmithing and allied crafts. A couple of years' experience, designing in London's Hatton Garden and a three year stay in Italy later and I was back in Jersey, working at Aurum!"

#### What is your inspiration when designing a new jewellery range?

Alexa"The inspiration can come from a film I've watched or a descriptive book I've read, from a walk in the woods in autumn, a piece of piano music or the view across a city. It's as diverse as that! Quite often though, Richard and Julie will come back from a trip to the cutters with a fabulous gem - maybe a wonderful tanzanite or a particularly beautiful natural coloured yellow diamond- and that stone will dictate what it is destined to be made into, just by the look of it."

#### How long, on average, does it take to create a piece?

Goldsmith Mareen Dannehl and apprentice goldsmith Emily Pallot both agreed that from inspiration to creation a piece can take several weeks to a month, if not more, to complete.

Goldsmith Derek Uren talks us through the production process of a piece: "We will be given usually several drawings from Alexa and the stones. From both of these we will work on how the piece will be transformed from 2D to 3D. You work from the centre stone creating a setting from 18ct gold or platinum wire or bar, sawing, hammering and soldering. When your stone fits perfectly, you build up the piece. The stones are then set and finally a series of polishes produce the final finish."

#### **Staff**Favourites

We asked the staff their favourite pieces from the fifth collection, 'Garden of Secrets'

Richards fave piece is the pendant River of Dreams. Alexa's fave piece is the ring Aura. Julie's fave piece is the ring Dream Catcher. Derek's fave piece is the ring Midnight Garden Maureen's fave piece is the ring Thorn. Emmy's fave piece is the ring Aura.

Pop into Aurum to choose your favourite...

## What pieces from the collection have you had the most feedback on?

Alexa: "Probably the rings because they are so colourful and also costwise they are maybe more within most people's reach!"

#### Are there any other designers whose work you admire?

Alexa: "I really like the work of Fulco di Verdura and Réné Lalique, for their naturalistic designs. I admire the use of colour in some of Stephen Webster's work but I don't tend to look to other designers for inspiration."

#### Where do the materials and stones that you use come from?

Alexa: "All of our stones are sourced directly by us, coloured stones from a variety of places, our diamonds are sourced from the cutters in Antwerp. All stones are Kimberley process, guaranteed conflict-free stones."

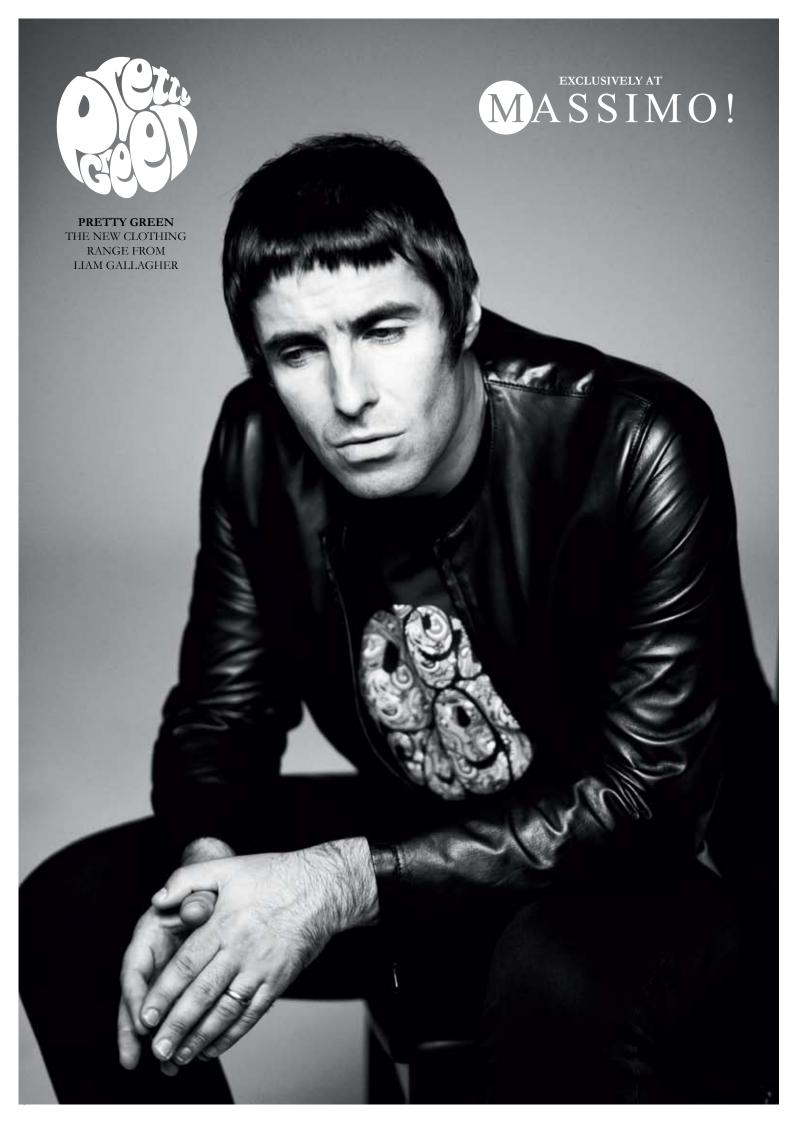
#### Tell us about some of the commissions you've done for people.

Alexa: "We have made a replica of the royal mace commissioned by the States to present to the Queen. An 18ct yellow gold model of a customer's Range Rover, some winners' trophies for a horse race in Dubai, a model of HMS Victory, and Victoria College as it was when is was built for their centenary."

## Would there be a dream client that you'd like to see wearing your designs?

All: "Our dream client is the one who is so totally smitten with the piece of jewellery they have commissioned or purchased that they positively glow with happiness!"



















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## **BEAUTY**





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A. de Gruchy & Co. Ltd.





## Gallery catch up with **Tom Ford**

Tom Ford is widely credited with reviving Gucci and Yves Saint Laurent through influential collections and provocative ad campaigns that pushed the fashion envelope. During his remarkable ten years as Creative Director, sales increased from \$230 million in 1994 to almost \$3 billion in 2004, making Gucci one of the largest and most profitable luxury brands in the world. He has now formed his own company and just launched the new male fragrance Grey Vetiver.

#### G What inspired you to create a vetiver as the third Tom Ford men's fragrance?

**T** Vetiver has always been one of my absolute favourite essences. It's a universal menswear staple - it evokes the 1960's mannish style that I find so elegant and that has shaped my menswear world. It is solid...like the man who wears a custom-made suit or invests in handcrafted shoes.

#### GHow does it reflect your own style?

**T** What I do with clothes and accessories is very classic. As I get older I'm returning more to my preppy origins. It's more natural for me and true to my taste, than being trendy or current, at least in menswear. So Grey Vetiver fits into this world perfectly. It is tailored and iconic.

#### GDo you consider fragrance to be an important accessory?

 ${f T}$  I think fragrance might be more important than clothes. I'm actually not a very materialistic person. I'm so aware that everything we experience is transient.

Grey Vetiver by Tom Ford exclusive to deGruchy 50ml £50.00 approx



#### a close shave

After discussing the merits of beards last month and with Movember upon us, you'll be wanting that perfect shave before long to justify all that nice aftershave you're getting for Xmas.



#### Speed is the essence

Two top tips to make it through your morning routine in record time = more lounging in bed.

- 1. Shave in the shower, the steam from the hot water will open pores and allow for a closer shave.
- 2. Use a two in one shampoo and shower gel, and don't wash your hair every day as daily washing can strip your hair of its natural oils.



#### Acqua di Parma Shaving Brush & Stand £162.75 / Exclusive to Voisins

With the finest quality badger hair, the Collezione Barbiere Shaving Brush and Stand from Acqua Di Parma is entirely hand-made. It's 24 mm in diameter, made of wenge wood and burnished brass for an extremely comfortable shave.

### Hair Treats

#### The Philip Kingsley Hair Spa

exclusive to Feelunique.com Hair & Beauty

- 1. An exfoliation mask is applied to the scalp, this is to calm irritation or inflammation and works to improve overall scalp health and hair growth.
- 2. Elasticizer, which is one of the top selling treatments on the market, is applied all through the hair. This is designed to put moisture deep into the cuticle of the hair providing suppleness, bounce and shine for all hair types.
- 3. Steam is applied to the hair for 20 minutes to intensify the treatment and to provide even more moisture.
- 4. A relaxing massage is applied to stimulate hair growth.
- 5. The hair is then washed using Phillip Kingsley products suited to your hair type.
- 6. A hair tonic is applied to complete the treatment.

Feelunique.com Hair & Beauty, 3 Miladi Parade,

Longueville Road, St Saviour, Call: 280748 Price: £25

We recommend adding a blow dry to this treatment to complete the luxury service! Makes a lovely Christmas gift for the girl or guy who has everything!

## **Express Blowdry & L'Oréal Strengthening Treatment**

Dasis Hair Lounge

Don't you just hate autumn weather? Caught in a shower before a big night out, I ducked into Oasis, the brand new salon on Beresford Street, to see if Stephanie could turn bedraggled into beautiful. Forty minutes later and I was looking shampoo advert glamorous thanks to a L'Oréal strengthening treatment and Stephanie's fabulous blowdrying technique. "If people leave my salon looking great, then I'm happy" says Stephanie. Her first-floor salon has been completely redeveloped into a bright, vibrant space - a perfect backdrop for a total transformation. A colour expert, Stephanie's used to helping people get exactly the look they're after. "It's so important to actually listen to what my clients want. So I really take time on my consultation. Only when I've got a real idea of what they're looking for, do I give advice". With her town-centre location and beautiful salon full of L'Oréal products, I'm sure I'm not the only one who's going to be showing off their brand new look....

Oasis Hair Lounge, First Floor, 20 ½ Beresford Street (above Roulette Menswear) Call: 728200

Price: £25





#### excellent location, expert advice

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### less is sometimes more.

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Call to learn how you can work with Gallery in 2010.



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BEAUTY SHOPPING HAIRDRESSING You're in the beauty section, I know it's usually unknown territory. You're on the way to the back where there are big iMacs and Porsche Panameras ... but before you do, check out the items below, selected just for you by our beauty editors for our Testosterone issue. Skin & hair often need a helping hand to stay in tip top condition, especially over the winter so make sure you find a product which works for you. Ladies love a man who looks after himself.



#### Korres

#### Magnesium & Amino-acids - Anti-Hair Loss Lotion

The active complex of of vitamins, amino-acids and vegetable extracts stimulates new hair growth and increases the hair's life cycle. Healthy hair conditioning is utilized by magnesium, leaving you with good looking hair. £20.00

#### Korres

#### Ruscus & Chestnut - Mens Eye Cream

An intensive, yet light-textured cream that has an SPF of 6, moisturises the delicate eye area and protects it from signs of fatigue and ageing. Say good-bye to dark circles! £22.00

#### YSL

#### Touche Eclat For Men

This erases the slightest sign of fatigue or imperfection of the skin whilst restoring it's natural glow. The ladies love it. You know you've tried theirs so don't act like you don't know the name....  $\pounds$ 19.25

#### Matis

#### Réponse Homme Anti-ageing cream active cream for men

Formed from the ancient Indian plant, Centella Asiatica, this light-weight cream is a high-performance skin care product. Its anti-ageing properties help combat signs of skin ageing and reinforce the skin's natural mechanisms keeping you looking young. £26.05

#### Guerlain

#### Terracotta Male Bronzing Powder

Keep your summer tan with with this Terracotta bronzing agent. If you want to look bronzed you have to bite the bullet, and use this great bronzer. Just dust it on & it washes off. It's completely matte, so no one will ever know! A bit weird I know, but hey. £25.85



Much more than an aftershave, this super cooling treatment balm helps to reduce discomfort brought on by shaving and reduces recovery time without leaving skin feeling heavy or shiny. £19.85

## Dermalogica Daily clean scrub

Need a quick lift? This exfoliating cleanser is a beard-lifting lather containing micro-fine silica beads to help remove oil leaving cleaner looking skin. £18.90

#### Canali

#### Black Diamond

Containing the rare ingredient – Black Leather accord, Canali Black Diamond is a woody floral leather fragrance. Like a diamond this fragrance is powerful and multi-faceted. £49.45







From 'The Male Treatment List' at Spa Sirène, The Royal Yacht Hotel



arrived at the Royal Yacht with some intrepidation, after all I didn't really know what I was letting myself in for and going for some 'treatments' was pretty much out of my usual monthly or even yearly calendar so I felt a little strange at 1.30 on Tuesday afternoon.

I was directed to the basement of the newly built and rather swish Royal Yacht to find a space of peace and tranquility which, when

compared to my hectic morning was, I must say, most welcome. The lighting is subdued with blues and purples and the decor modern without being pretentious or clinical, all warm and inviting. I was

able to use the pool or sauna and many other of the facilities on offer so I opted for a few laps front crawl alternating with a relaxing back stroke so as not to overdo it.

After more than enough exercise I enter the cedar clad sauna. Now saunas I usually find agitating because the super heated steamy air gets right up my nose, but not so this one it would seem. The heat is nice and even, it feels good. Something else I would never normally dare is an ice-cold shower but the bucket suspended by a rope to the ceiling of a walk in shower looks like fun so I give it a pull... and yowzers! That's refreshing!

Feeling all limbered up, I then get the call to the massage room where I'm invited to lay on a heated massage bed. The whole process (for want of a better word) is very professional and easy as I drift off, face down and loving it. First of all, there's a gentle exfoliation of my back followed by a head massage and then the legs get the treatment. Various potions are applied and massaged in at various levels that I can't honestly remember because now I'm drifting off and finding it difficult to stay awake - the stresses of life gradually lifting from me as I drift off.... ZZZzzzzz.

I awake from my reverie (I think I was dreaming about chasing rabbits around fields?) as I'm asked to turn over and sit up when a mud pack is applied to my spine to 'absorb toxins and regenerate' so I'm told. Well I'm not sure about the science but the sensation of this bubbling under my spine after I have laid back down, is really quite something. I feel like a boil in the bag lobster that's just died and gone to heaven! Some more relaxing, a facial to moisturise my ageing face in this dimly lit room with the sound of the sea washing against the shore, backed by gently harping music and an hour later I'm ready to take on the world!

#### details

#### **Spending Time On Your Back (Mud Treatment)**

This incredible back facial includes a deep cleansing and exfoliation followed by the application of self-heating marine mud to the back, to detoxify and release tension. A masque is then applied while you relax and enjoy a blissful scalp massage.

1hr / £67.00 | Tel: 615 425



## **APPETITE**



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## Eating in. Eating out.

Whether it's reared, grown, caught or made in Jersey, Genuine Jersey is the guarantee of local provenance. In a nutshell, the Mark allows you to make an informed choice to support the local economy, embrace seasonality and reduce your carbon footprint. www.genuinejersey.com



Look for the Mark before you buy Vegetarians, look away now. Zara's gone all carnivorous for the Testosterone issue...

## Steak**out**

There's something about steak. Just think about it for a second, right now. Steak and chips. Medium rare fillet steak and a glass of red. See? Your mouth's watering just at the thought. Maybe it's a primeval thing, or maybe it's the perfect taste and texture combination between the charcoal exterior, with its ferrous tang and the soft juicy centre with its rich, meaty mouth-feel. Mmm. Man food at its best.

#### one to try:

The Grill The Royal Yacht Hotel



f we've got your juices going, you won't have to go far to get your steak fix. The Grill at the Royal Yacht is one of those oldstyle hotel grills, like the American Grill at the Savoy, where you can sit around the bar, order a steak and read the paper, without having to make small talk. No wonder it's a popular lunch destination for local alpha males who want to enjoy their T-bone in peace.

There's a reasonably priced weekday lunch menu that offers steak, steak and more steak (with a concessionary omelette for non-carnivores) in every guise from steak and mushroom pie to a steak sandwich and chips. Our brand new staff writer, Hannah and I got all macho and ordered ourselves the 6oz rump steak and a mixed grill.

Service was quick and efficient - we watched the chef cooking our steak and in seemingly no time, we had our food, huge portions of succulent steak. Hannah's rump steak was a good size and came with mushrooms, a grilled tomato, chips and crispy onion rings. 'Succulent and tender', was her verdict. I had the mixed grill - a large plate of steak, pork sausage and beef liver served with chips, onion rings, mushrooms and a chargrilled tomato. Another good thing about the

Grill is that you can choose your sauce béarnaise, diane or pepper.

On the wine list - a range of goodwith-steak wines, along with plenty of champagne to toast alpha male victories (I'd definitely recommend the vintage Dom Perignon at £175). If you're lunching on your own, your glass of red will be one of the beefy Chilean house wines that are sold by the glass - the Merlot and Cabernet-Sauvignon looked particularly good.

Desserts are fairly simple, masculine affairs - a chocoate tart, cheesecake icecream or cheese selection. For us, the chocolate tart with blood orange sorbet really stood out. Dark, sweet and very rich (just how I like my men...) it was perfect next to the tangy and tart blood orange sorbet.

It's food without the fuss, an uncomplicated, masculine way of enjoying the ultimate man's dish. And if you've wondered where all the men seem to disappear to at lunchtimes, I think we might have discovered it. Are we going back? You betcha...

The Grill, Royal Yacht Hotel Weighbridge, St Helier Tel: 720511 www.theroyalyacht.com Open from 11am - 11pm every day. Lunch menu served from 11 to 3 Mon - Fri

#### best of the rest...

#### Wildfire Steak House Grill

Paradise for steak aficionados, the chic and contemporary Wildfire serves a range of different breeds and cuts of beef cooked over coal and done any way you want.

14 Mulcaster Street, St Helier Tel: 625555 | www.wildfirejersey. com

#### Best for luxury

#### Bohemia

Bohemia's fillet of Angus beef is the best around according to our foodies - and you can't argue with a Michelin star...

Green Street, St Helier Tel: 880588 | www.bohemiajersey.

#### Best for location

#### Sails Brasserie at The Boathouse

Their 21 day aged 10oz Rib Eye comes highly recommended by our steak experts - and of course you've got those gorgeous harbour views while you dine

1 North Quay, St Aubin Tel: 744226 | www.jerseyboathouse.

#### . Best for relaxed suppers

#### Bass & Lobster

A master at turning out meaty mains, chef Roger White doesn't disappoint with his popular fillet of Irish beef served with sauté Jersey royals and a delicious red wine sauce.

Gorey Coast Road, St Martin Tel: 859590 | www.bassandlobster.

#### Best for classic atmosphere

#### **Candlelight Restaurant**

Hurry and you'll catch the Candlelight's Steak Tennerfest menu until the 12th - choose from a whole range of steaks all served in a very traditional setting

The Revere Hotel, Kensington Place Tel: 611111 | www.revere.co.uk





Eat, drink and be merry...

## manly meatballs

This recipe was inspired by the London chain - Leon, opened by Allegra McEvedy where they serve fantastic, healthy, tasty fast-food options. Amongst their numerous delicious treats is this brilliant dish, great made with autumn lamb and a couscous and pomegranate side dish!

Meatballs: 1 wholemeal pitta, 750g minced lamb, 2 garlic cloves, a handful each of fresh parsley, mint and coriander and a sprinkling of dried oregano and a little water.

Sauce: Olive oil, 2 crushed garlic cloves, 3 tins of chopped tomatoes, a large tablespoon of harissa paste, a tablespoon of honey, a handful each of coriander, basil and parsley, salt and pepper and a squeeze of lemon

Soak your pitta in a little water and wait until it is all absorbed, then in a bowl, mix all the ingredients for the meatballs, adding the pitta and season and set aside.

To make the sauce, heat the oil and gently fry the garlic, once soft, simply add the tomatoes, harissa and honey and simmer for 30 minutes, so the sauce reduces and thickens.

Whilst the sauce is reducing, the meatballs need to be sealed off in a frying pan to get colouring. Once they are all sealed, add to the finished sauce and simmer for 25 minutes.

Once cooked, gently stir in the chopped herbs, squeeze half a lemon and season to taste.

Serve with roasted vegetables and couscous, made with pomegranate seeds, sultanas, chopped almonds and bundles of chopped herbs. It makes a great looking dish!

### Wash it down with....

A rich, full bodied Rioja. The flavours are quite intense in this dish, so you want something that cuts through the lamb and also compliments the sweet flavours included in the couscous. Try the Campo Veijo Reserva (2004) which is ruby red in colour, with aromas of red fruits, cherries and plums. It is a rich, oaky red, with hints of cloves, cinnamon, liquorice, pepper and vanilla. A reasonably priced red, so stock up as it will go down a treat with your diners!

Campo Veijo Reserva (2004)





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## **In**season

#### **Clementines**

A very festive fruit, which can often be seen in the bags of trick or treaters, or in abundance on the Christmas table. Sweet and tangy, it is a cross between a sweet orange and a Chinese mandarin. One third of the world's citrus production is turned straight into juice – however, within 24 hours of being juiced, it loses 90% of its nutritional value! A good lunch box addition for kids as it comes in its own case, is usually seedless and is packed to the rafters with vitamin C. Kids will happily plough their way through them, so stock up while they are sweet and tangy.

#### Chestnuts

The chestnut defines winter and the smell of them roasting entices many childhood festive memories. Once cooked, the inside offers a sweet and nutty flavour with a light floury texture. The colder months are more renowned for the naughty treats, but open roasted chestnuts are healthy and nutritious and beautifully warming for a late night Christmas shopping trip on the high street. Used for both sweet and savoury cooking – a good partner to chocolate or equally as scrumptious served traditionally with sprouts or in stuffing...and especially good with game and roasted squash!

#### Leeks

A slightly more subtle member of the onion family, it's a good background flavour to autumnal and winter soups and stews. Leeks tend to benefit from a longer cooking time but sautéed in a little butter, they can be very tasty. Leek and potato soup is a firm family favourite and perfect for a nutritious and energising mid week meal on the run and leeks really make a beautiful chicken and leek pie, which can be prepared, frozen, cooked and enjoyed when needed. Providing a valuable source of iron and calcium, they really are a good all-round vegetable.

#### **Pomegranate**

With the outer appearance of a slightly off-colour orange, a pomegranate opens up to deliver dozens of little buds of sweet, pink juice. Due to the high levels of anti-oxidants, the pomegranate was given super food status a few years ago and was seen as a fashionable food. It is packed with intense flavour and is great with meats such as lamb, when mixed through a couscous salad, or lovely sprinkled on porridge or cereals. Alternatively, the juice can be extracted to add to power juices or to make sorbets or granitas. They make a good snack to nibble on throughout the day and as they are bursting with goodness and flavour, you'll be hooked in no time.

#### **Parsnips**

A great winter root veg as flavour and sweetness are increased by the frost. It offers a delicious tasty flavour, which is powerful and fragrant and is brilliant when roasted and adds a warming touch to soups. It matches well with cumin and coriander seeds and is a perfect partner with honey, creating a lovely crisp texture, great with a good Sunday roast. In the past, parsnips have been used to sweeten cakes and jams, before sugar was commonly used. It is useful to know that they are high in fibre, vitamin C and potassium, which can help to lower blood pressure.

#### **Autumn Lamb**

After a summer of grazing and fattening up on the sun-soaked grass fields, the spring lamb have built up a darker, richer meat, marbled with a more obvious creamy coloured fat. Autumn lamb takes on a whole new flavour and holds a slightly more intense flavour. This lends itself well to the robust autumnal and winter root veggies that are around. Ideal for slow cooking, beautiful in stews and tagines and it certainly produces a tasty roast. When minced try making Moroccan meatballs (see recipe) – an alternative to the Italian favourite.



#### The One to Try

#### North Point Bistro

We were tipped off about this place by a keen cyclist friend who always stops in here for a pizza when he's finished his Saturday cycle ride. 'It's a cracking little place' he said, 'you should write it up'. North Point Bistro's gaining a bit of a reputation amongst the St Ouennais for its 'authentic Italian pizzas', handmade by the authentic Italian owner – Giuliano, who runs the restaurant with wife Simone. Pizzas are served on Sundays and in the evening along with an a la carte menu. On the lunch menu – moules, pasta, Italian risottos and the delicious Cajun chicken Caesar salad. We caught the last of the autumn sunshine in the alfresco courtyard, and overheard some of the local regulars explaining the North Point Bistro's appeal: 'We like it because you can come here at 6 and have supper with your family', said one, 'it's not a pub, but it feels just as relaxed'.

North Point Bistro, La Route de la Porte, St Ouen Tel: 483174 Open Wed-Sat 10am-4pm, 6pm-8.30pm (9pm last orders Fri and Sat) and Sunday 9.30am-5pm. Closed Christmas Day and Boxing Day.



#### home grown special

Those of you with a foodie streak and a desire to be cooked for later in life are probably familiar with Minichefs, the cookery school for children of all ages founded by Claire McAvoy nine years age. Since the classes started, Claire has taught thousands of children during the school holidays and at weekends, to prepare modern, healthy recipes in a fun and safe environment. Claire has now put all her experience into a book, the result of her years of helping 'Minichef' children develop kitchen skills through taste, smell, touch, sight and sound. It contains Claire's personally developed child-friendly recipes and guidance on teaching your children to enjoy food and cooking.

There is so much processed food and so many ready meals around today that children have become divorced from the hands on experience of cooking fresh ingredients. Claire and the army of Minichefs are changing all that and here they share their favourite recipes and kitchen tips with all those other parents and children who want to become part of this exciting club.

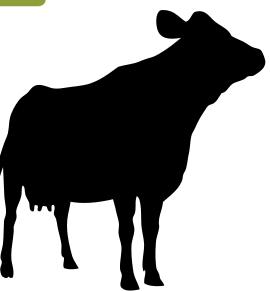
#### mmmmchocolate!

For some chocolate is not an option, but a necessity. We therefore thought it of the utmost importance to tell you about a new addition to St Helier. The Chocolate Bar has a full stock of many different brands of chocolate bar, including Michel Cluizel, Valrhona, Willies World Class Cacao (as featured on Channel 4), The Chocolate Alchemist, Conscious Chocolate and many more, all waiting for you to come and try! You will also find a wide range of loose filled chocolates from Belgium, ranging from rich dark chocolate to

creamy milk to smooth
silky white and all your favourites such as
pralines, ganaches and truffles to name but a few. The Chocolate
Bar will be serving Ciocchino - an Italian style traditional sipping
chocolate. Silky smooth and decadent this warm chocolate drink

comes in an espresso-style shot that is certain to get you addicted! A dedicated chocolate shop for all devoted chocolate lovers! 10 Conway Street, St Helier Tel: 730094





#### Woodside Farm...

Walk round Woodside Farm shop and it is obvious that good produce is at the top of their agenda. Ben, the manager of the butchery counter has every reason to be proud to stand behind his produce. The meat counter showcases brilliant, fresh produce and it is hard to walk away without buying a banger, chop or a joint of something. They have homemade sausages, (and Ben even makes his own square sausage), local lamb chops, mince, pork chops and steak. He has a strong fan base, as people return time and time again and greet him by name, so you can be sure that the meat and the service at Woodside is of top quality.

Visit them in Trinity or call 865969

#### The **Genuine** Article

November is packed full of fresh Jersey meat, bred by some of the best farmers around, all members of Genuine Jersey. So if you are stocking up the freezers from Christmas, make sure you have the GJ stamp of approval. Buy local and maybe meet some of the producers below – get down to the farm shop and get spending!

#### Classic Herd...

Darren and Julia Quenault believe that "there are so many benefits to buying meat locally, that it seems a terrible shame to do anything else". This is really at the heart of all the Genuine Jersey members, but at Classic Herd, it is evident that they focus on the best of local produce. Classic Herd has their own full-time butcher, Mick Neagle, along with a fully kitted butchery on site, with cold rooms and hanging facilities. It is here that Mick creates the delicious produce that they have on sale. All the pork is from the farm itself and on occasions they sell their own yeal. The beef is mainly bought in from other local farmers, the lamb is from Martin Shipley and the chicken is from Vers Les Monts organic farm. So not only does Classic Herd focus on their own produce, they are part of a community where producers come together to celebrate what Jersev has to offer. You will find all cuts of beef at Classic Herd. including skirt, shin, tongue and more! They prepare all their own burgers and bacon, and their sausages have won the Slow Food sausage competition for the past two years.

Well worth a visit if you are in St Peter's. Classic Herd at Manor Farm | 485692.

#### Me and the Farmer...

is run by Jon and Jenny Halkett at Brooklands farm, St Brelade. What was once a hobby, keeping farm animals has now turned into a thriving business, where the farm now boasts rare breed saddleback pigs and Jacob's sheep, plus chickens, ducks and Galaxy the goat. All the animals lead a happy outdoor life and the produce from the farm is of exceptional quality. The farm shop is open on Fridays and Saturdays and there is a brilliant array of produce available. Try their pure pork breakfast bangers, rosemary and thyme, lavender, Cajun, the list goes on! They also produce hand-cured green back bacon, black pudding, pies, air-dried hams, saucisson, burgers and a variety of beef and port cuts. Jon's meat produce is very sought after, with The Castle Green, The Bass and Lobster, Bistro Soleil, Royal Channels Island Yacht Club and Plemont bay cafe all using it. It really is a meaty wonder at Brooklands Farm and well worth a visit, even if it is just to say hello and have a look at the animals.

Visit www.meandthefarmer.co.uk call 07797714567 e-mail info@meandthefarmer.com

### **food fight** philanthropy!

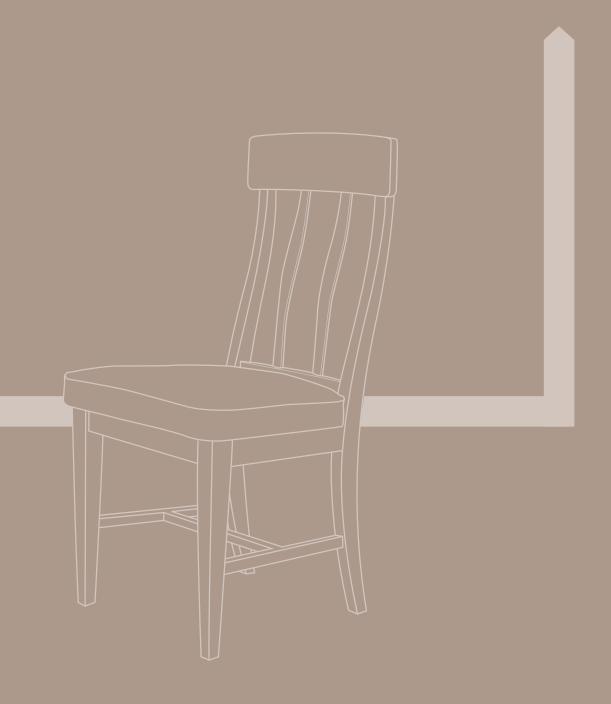
The Channel Island Co-operative Society Senior Management Team (Jim Hopley Chief Executive, Colin Macleod Retail Controller, Jim Plumley Head of Sales & Marketing, David Rees Society Secretary and Trevor Clutton Head of Food Sales) were set a challenge by their staff to raise funds for Help a Jersey Child on Friday 18th September at Weighbridge Square.

Celebrity Chef Shaun Rankin decorated a cake and true Generation Game Style the Management Team had to try their best to decorate a cake in the same style in a limited amount of time. There was a lot of cheating, a few laughs as well as the odd cream pie in the face.

This and other Co-operative fund raising events on the day raised over £15,000 for Help A Jersey Child. Good going Co-op!



## HOME





Come along to the EXCLUSIVE re-vamped Halo showroom throughout the month of November and take advantage of the fantastic offers from the UK's leading Dining, lounge and bedroom furniture supplier.

Solid ash table & 4 chairs only £899 plus 2 FREE CHAIRS (rrp £199)

Selection of soft supple italian leather sofas from £799 plus

FREE SOLID ASH COFFEE TABLE

Many fantastic offers throughout the store for one month only with **PRE-XMAS delivery guaranteed** 

WIN AN EXCLUSIVE HALO SOFA BY ENTERING OUR FREE

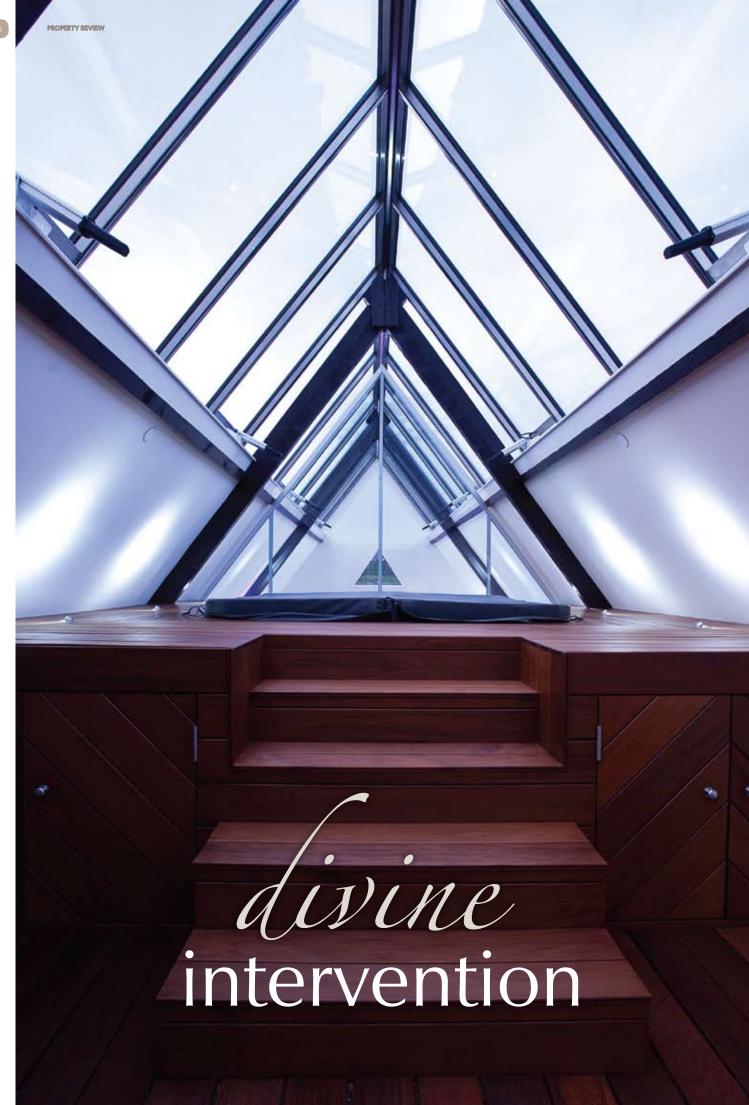
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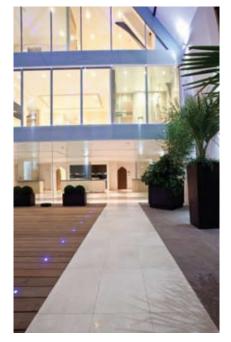
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hen Larsen undertook this development eighteen months ago it is clear that they were planning on making a statement. The result is a house of the future created in a building of the past. Gorey's former place of worship has undergone a byzantine conversion to create a breathtaking five bedroom and five bathroom modern home.

Many of the property's high tech elements have had to be imported in from the UK whilst many of the original features have been retained. The original form and feel of the church, including its timber beams and the arched topped gothic doors all remain.

As you walk through the dual doors to enter the building you enter an oasis; a Zen-inspired internal garden courtyard, overlooked by an imposing structure of three floors of rooms faced with floor-to-celing glass walls. The garden is programmed with an irrigation system,

maintaining the calming 'meditation' mood; the chore of watering plants having been made a thing of the past. There is also ample space for a dining or seating area on the hardwood decking that rests inside the character walls of the building.

Leaving the peace of the courtyard you enter through the dividing glass screen to the open plan kitchen, fitted with white and grey units, granite worktops and the latest appliances including two conventional ovens, a combination microwave, coffee machine and ceramic hob.

The open plan layout is segmented to include an area for food preparation with a seperate sink and a breakfast bar. A doorway leads through to the utility room which houses a washer and more fridge / freezer storage, and side access to the lawn, driveway and small patio at the rear. The gated driveway offers parking space for up to six cars which, even on an island with globally impressive figures for car ownership, should be plenty.

With all that open space and glass one might assume the property could be a cold environment. Quite the contrary. All

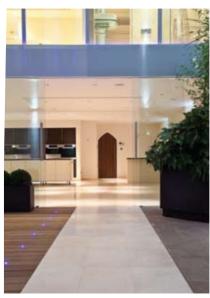
The top of the house boasts incredible 360-degree views of Gorey from the atrium in the roof space. Nestled in the middle of the decking is a hot tub with a bar and small kitchenette area, perfect for entertaining in any weather and any occasion!

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the heating in the property is maintained via a 'Better Planet' air sourced heat pump, which is cost effective and feeds an under floor heating system designed to operate at low temperatures giving the best possible overall efficiency, as well as also producing all the hot water for the building,

The upstairs bedrooms are reached via a contemporary staircase of walnut treads and hand-cut glass rails, with blue spot lighting in each step to help guide your way. The master bedroom has both 'his and hers' bathroms, once with rain shower facility and the other with an oval freestanding bath and basin unit that overlooks the atrium. You don't need to be an exhibitionist, as privacy is maintained with remotely operated blinds. All of the five bathrooms are natural stone and black slate finished.



The house also benefits from a complete audio distribution and control. A multitude of speakers and amplifiers could easily be fitted into the downstairs communications cupboard for use within any room of the house, with sound which could even be accessed in the garden.

Another unique and advanced technology aspect to the property is the Nikobus home automation system. it allows any switch in the house to be programmed with an 'off' function, switching off all the lights or any other integrated item in the building. Very useful for those rushed moments in which you suddenly panic mid-car journey that you've left all the lights on. You can save many an argument and rushing back, by using your mobile phone (if pre-setup) linked to the system, to turn everything off with the simple click of a button.

A video/intercom system connects room to room and also at door entry allowing the occupant to communicate via audio and video links. A sprinkler system also operates throughout the whole house.

A few finishing touches that make this property a true work of art include the Vacuamaid central vacuum system which takes the effort out of hoovering and emptying the bags, venting all exhausts outdoors. And the piece de resistance; presence-sensored blue lights that operate on the hanging rails of the wardrobes in the master bedroom. This house even ensures its owners are well dressed.

All photography courtesy of Matt Porteous. matt@beobserved.com

Gorey Methodist Church is currently on the market with Red Properties. This property must be seen to be believed, so to arrange a viewing or for further information please contact Ashley Heath on 710710.



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### ST SAVIOUR



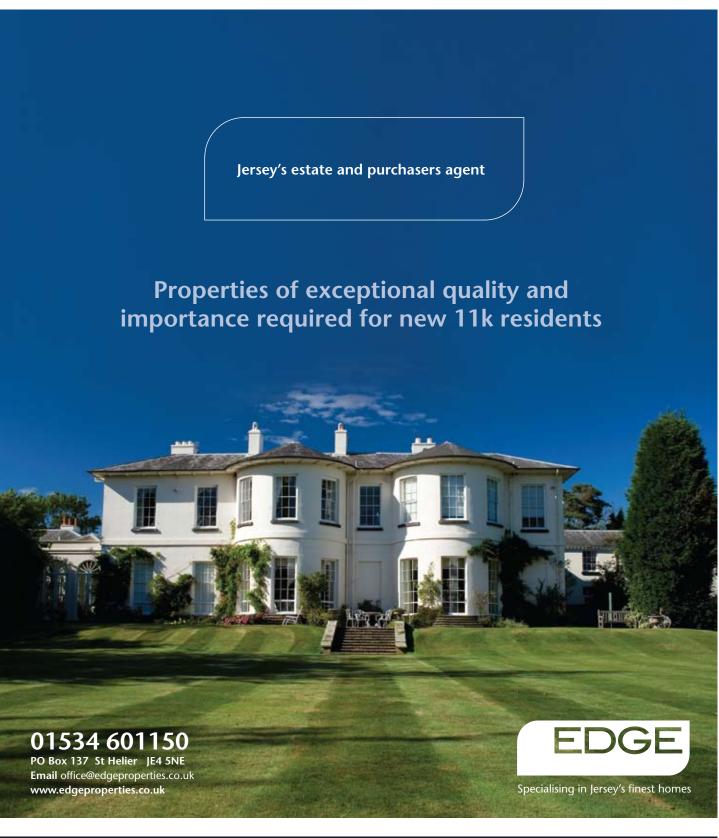
- · Detached family home
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· Quiet rural location

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### **Rewarding** Award

Dandara's stunning scheme at Portelet Bay received national recognition last Friday 16th October 2009 at the Daily Mail UK Property Awards when it beat off stiff competition from a number of UK developments to win the much coveted title of 'Best Architecture (Multiple Units). The Portelet Bay scheme which was highly praised at the Awards ceremony has also been chosen to represent the British Isles in the International Property Awards which take place shortly in San Diego.

Commenting on the award, Dandara's Managing Director Martin Clancy said, "These awards have been established since 1995 and are considered the most prestigious in the UK, we are therefore delighted that the architecture at Portelet Bay has been judged the best in the whole of the British Isles and is now being put forward to compete at international level.

The importance of excellent architecture cannot be underestimated, particularly within a beautiful island community such as ours and we are delighted that our commitment to achieving such excellence has been recognised by our peers in what is a very competitive industry.

Working together with world renowned architect, Sir Richard MacCormac, we are now producing a development which will not only improve considerably the vista associated with the previous buildings on the site, but will also provide beautiful homes with unrivaled views. We are sure that this award will delight both current and potential purchasers"

### an estate agent & a conveyancer?

As we mentioned in Places last month, there are a number of new entrants into the estate agency market this year. As a home buyer or seller it's sometimes hard to identify what added value they offer.

"Nick Dodsley Estates" is a Jersey based estate agency formed by Nick Dodsley, a senior conveyancer of 28 years experience. Nick has worked for major Jersey law firms over this time and has dealt with high net worth residential transactions and developments. He possesses a thorough knowledge of the local conveyancing process. Handy when you're looking to clarify those niggly issues about a property.

Nick has been also been joined in business by Peter de las Casas, as an exclusive consultant, and Jasmine Brochet, as a Sales Agent. A familiar name to those used to dealing in the high end of the market, Peter de las Casas brings 26 years local and international Real Estate experience having previously held the positions of Managing Director of Hamptons, Gothard and Trevor and subsequently executive director of Hamptons International and as owner for the past 11 years of Peter de las Casas Estates. Peter will continue dealing with his high net worth clients as well as also operating as retained agent for buyers of local and international property. Jasmine has for the past 20 years has been

involved in the running of local interior design, lighting and furnishing business "Light & Shade". Jasmine continues to work closely with Light & Shade which is run by her partner, Graeme Mauger and will work in all areas of the local market.

Home selling and buying can be stressful but Nick feels that with the combined experience of the team, the business will offer customers a new and different level of professional expertise when buying or selling a property on any level assisting in the transaction from start to finish.



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### hotting up the kitchen





### Aaaah (ga).

The Masterchef Deluxe is a truly luxurious cooker for the serious cook, or for those who just prefer the finer things in life.

All the beauty of an Aga but with the instant control of a conventional range cooker. The Masterchef Deluxe is available with either a gas or a ceramic hotplate. The main oven doors are side opening, with handy slam-catches, convenient for handling larger dishes. They are made from cast aluminium for lightness and strength and the cast iron pan supports are coated with durable matt black enamel, making them easy to clean and stunning to look at.

available from Normans & David Hick Interiors

### Wolf

ou can create a cooktop customised for the cooking methods you prefere with the ingenious Wolf 38cm intergrated cooking modules. This is one household item that not only looks amazing but is actually incredibly practical.

### The pictured cooktop includes (left to right):

Gas Cooktop, dual stacked sealed burners. Mulitfunction Cooktop, the 5.3 kWh burner shapes its powerful flames to concentrate heat in precisely the right spot for stir-frying or to boil water quickly.

Grill, enjoy delicious grilling indoors, year round. Two 1,400 watt elements ensure precise control.

Steamer, healthy cooking made simple. The powerful 2,600watt heat element is hidden and it has auto drain for easy cleaning!

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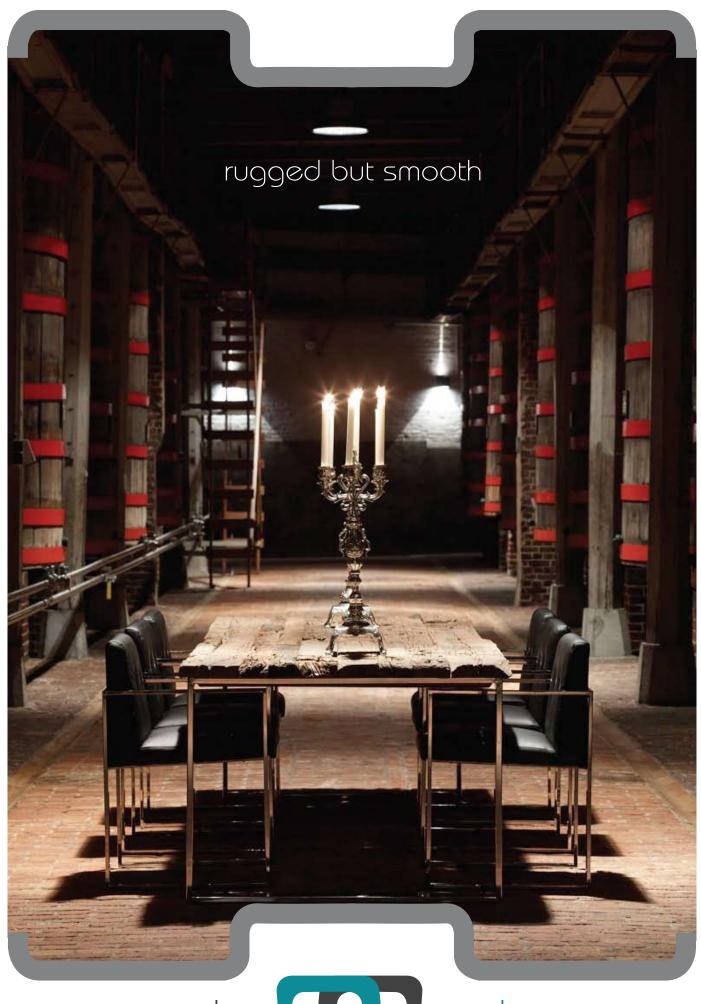


### Rayburn

**he** Cookmaster Classic has a beautiful enamelled exterior that is available in a range of colours from Racing Green to Royal

This Rayburn comes in a whole range, offering you a choice of fuel, size and design options to match your needs. Most models are thermostatically controlled to automatically maintain a constant temperature. With new 'radiant heat' technology, food doesn't dry out, instead it seals in the flavours and natural juices, creating healthier, more delicious dishes.

available from Normans



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Out of the ordinary

### King of the swingers

Perfect for any bachelor pad, this leather swivel chair is currently on sale at an amazing price as an ex-display model... was £1,139.00 now only £700! Don't sit on it though guys, as there is currently only one available in store!

The lovely people at Beaumont Home Centre are, however, generously offering a 20% discount off the original price on every order of a new chair for Gallery readers.





### King of the country

Enjoy lounging with a touch of history now with this classical yet contemporary sofa by Andrew Martin. A beautiful vintage distressed leather Chesterfield sofa with an aged union jack printed on the back rest. This design is absolutely stunning with a shabby, battered style and will become a much loved and treasured piece within your home. If you love historical concept, go and grab one now.

Andrew Martin Sofa £3,995. Morton & Morton

### King of form.

Many of Tom Schneider's designs are inspired by nature and the female form. This chair features the perfect curves synonymous with the Tom Schneider brand. Handmade to order in a choice of the finest natural veneers (shown here in Walnut), it can be made with a padded seat uphoistered in our full range of luxurious leathers or sumptuous fabrics.

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### **BUSINESS**





through the regulation of undertaking, accountants, the JFSC, business plans and banks you need to find a place to work. For most tertiary office / computer based embyonic businesses the obvious choice is the spare room. Home working is great in some respects... easy to lie in , work late, walk the dog and make lunch. Beyond that it's definitely got limitations. No socialisation makes Mr New Business a dull boy and there's definitely something to be said for having a divide between your work and personal life.

4 Wharf Street is the perfect solution for small business starting out. It offers a central location, a working environment that is conducive to productivity, a fresh and bright community of young businesses to operate within.

The business suites provide convenience for both small and large businesses. A typical suite offers any start-up business the ideal flexibility, with affordable leasing terms that include utilities. The neighbourly, yet private, arrangement of suites opens up the opportunity for businesses to network. Larger businesses can use the suite as a temporary office or a location for overseas partners.



Your blank canvas to make your own...

Currently there are a total of twenty suites all furnished in a contemporary style with a desk, office chair, drawer units, storage facilities and six electrical plug points. Additional facilities include individual mailboxes for assuring privacy of mail, a kitchen servicing all suites, phone system which allows for individual phone numbers, CCTV, and free online Wi Fi access.

We have occupants ranging from stockbrokers to image consultants, to a local hotelier, and this is facility is perfect for cross business communication. With twenty four hour access, it offers the ultimate flexible working hours in a central location, in comfortable, contemporary surroundings.

Suites are available from only £350 per month with heating, lighting and water are all included in the lease. There is a main boardroom which can room up to around eight people and is available for one hour's free use per week.

4 Wharf Street suites require only a minimum one year lease, after which a three month notice is all that is required to end the lease. To secure one of the suites, three months' deposit plus one month's rent in advance needs to be put down.

Proprietor Spencer Bourne wanted 4 Wharf Street to have a 'business village mentality'. He told us "We have occupants ranging from stockbrokers to image consultants, to a local hotelier, and this is facility is perfect for cross business communication. With twenty four hour access, it offers the ultimate flexible working hours in a central location, in comfortable, contemporary surroundings.

We'd have definitely been in there when we started Gallery, it would have been exactly what we were looking for (before we got the dog!) - a great idea executed in a brilliant way... go and join the community!

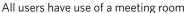
### **Get involved.**

Suites are available from only £350 per month with heating, lighting and water all included in the lease.

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Current occupant, freelance graphic designer Eddie McGrath said that "After working from home for ten years, this was the perfect moving solution for me as it's affordable, gives room to expand, and offers a nice working environment. It's major benefit is the flexible leasing terms, and with utilities and and electricity included in the rent, and in a central location, I feel very much at home. It also offers fantastic cross selling and networking opportunities with the potential of up to a further nineteen business located here.

### movers&shakers 🗸 🦄





### Image Group appoint new Creative Director

Image Group have appointed Steve Turner as Creative Director with effect from the 1st October. Steve has worked as a Senior Creative with Image Group since 2004. During that time he has taken responsibility for a large number of complex design projects and has worked on a number of successful high profile campaigns. Steve graduated from Croydon College of Art & Design with an HND in Graphic Design. He then worked at Portobello Press in London for 12 years, initially as a Graphic Designer and then as a senior designer heading up projects for Honda (UK), Utell International and the BBC at White City. A busy family man, Steve's outside interests revolve around his creative talents and include collecting old computers and video games consoles, films, cooking and motorsport.



### Moore Management celebrates double exam success

Two Jersey educated employees from Moore Management have recently passed senior exams. Hannah Hickey has passed the final papers of the Association of Chartered Certified Accountants. Miss Hickey, who works in Moore Management's Client Service Delivery team, joined the company in 2008 from Mourant and has seven years' experience in the Island's finance industry. Miss Hickey was educated at Beaulieu and Hautlieu Schools. Lucy Morris has gained a merit in the Jersey Funds Association Certificate in Fund Administration. Miss Morris, who attended Grainville School, has nearly 10 years' experience in the finance industry and has held various roles including a seven year spell as a fund administrator for Gartmore Fund Managers. She joined Moore Management in 2007.



### PWC welcomes recruits for class of 2009

Fourteen new recruits are about to commence PWC's three year training programme. In addition to strong home-grown local talent, in the form of school leavers who excelled at A-Level grade and local graduates with strong degrees, they have also snagged high quality graduates from countries including Austria, Ireland, Wales and Scotland as well as England, further enhancing the diversity of the firm.

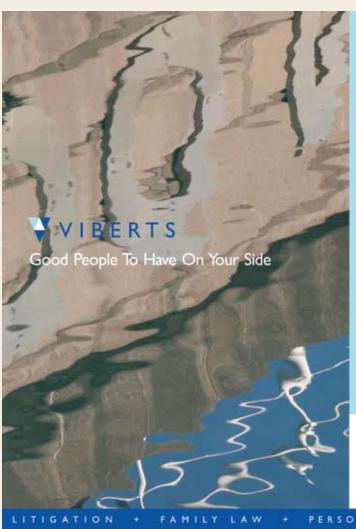
Rabea Abdulaziz, who was born in Austria and holds a degree in Accountancy, Banking and Finance from Durham University; Adam Harvie-Clark, a graduate from Exeter University in Accountancy, Banking and Finance; Michael Byrne, who moves to Jersey from Ireland and is a graduate in Business and Management from University College Dublin; Stephanie Donoghue, who is from Jersey and was educated at Hautlieu School; Chloe Bisson, who was born in Jersey and educated at Jersey College for Girls; Tobias Cook, who is from Wales and studied Business and Management at Cardiff University; James Walker, who is from Jersey and was educated at De La Salle College; Rebecca Wilson, who moves to Jersey from Manchester and is a graduate in Arts and Humanities from Sheffield University; Kirsty Le Marquand, who is from Jersey and studied Physical Earth and Biological Sciences at Bath University; John Mehigan, who has lived in Manchester, Madrid and Jersey and is a graduate in Business and Management from Manchester University; Douglas Ross, who is undertaking a placement as part of his Accountancy, Banking and Finance degree from Loughborough University; Silke Wood, who moves to Jersey from London and studied Pharmacology at Bristol University; and Jeremy Carter, who studied Economics at Exeter University and Business and Management at Oxford Brookes. Will Dupre, who was born in Jersey and is a graduate in Social Sciences from Lancaster University, joins the Tax team in Jersey. In addition, Charlotte Chown joins the Jersey office on a six month internship before re-joining the office permanently next year as part of the class of 2010

### Gavin Renault joins Mourant du Feu & Jeune

A significant appointment to the property legal team, Gavin Renault, formerly of Ogier, joins Mourant du Feu & Jeune as Property Practice Area Manager. Gavin has worked for a number of local firms including Fiott & Huelin, Crill Cubitt - Sowden and Tomes, Andrew Begg & Co and most recently Ogier, where he has accumulated a wealth of experience in the preparation of legal documentation for complex co-ownership in flying freehold transactions and assisting developers with their acquisition and subsequent sale of development sites on the Island. Gavin has successfully worked on a wide range of local property transactions from share transfer first time homes to multi-million pound estates and a £4.15 million purchase of potential development property.

Gavin will be working alongside Wendy Lambert, who continues as Property Practice Area Head, to strengthen and grow the Mourant du Feu & Jeune Property Practice. Gavin is available to provide clients with advice on buying and selling all types of residential and commercial property in Jersey utilising his highly respected customer service skills and local property contact knowledge. Gavin also specialises in development and commercial work, giving the timely service required in today's highly competitive commercial and residential property market. Gavin was educated at Hautlieu School and holds a Graduate Diploma in Law from the College of Law in Birmingham. When not working hard in his new role, he likes to spend his relaxation time fitness training. He also enjoys first division cricket and is proud to have represented the Island in football competitions.





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**TEMPTED:** A day in the life of a Jersey Temp Angelica Bean explores the trials and tribulations of the temp life.

### What doesn't kill you...

• Love. What's that all about? No really. Tell me. I'm curious to know what your definition is. Do you adhere to the 'I don't fecking care if I'm miserable as I feel pain, therefore I live' school of thought? Or are you a member of the 'equilibrium equals utopia' society? Or are you somewhere in between, depending upon whether your period is due / if your boyfriend is being a knob / whether Romeo and Juliet is showing on Sky? Star crossed lovers my a\* Homer and Marge. Now there's romance. Yep. This is what I have been reduced to. Thinking Homer is somewhat of a catch. But you know it's important to have things in common with your amour apparently. Like beer.

Right. The reason I started this whole (rather one-sided debate) is because it's all me and the girls ever seem to talk about in the office these days. Love. Not Homer. What it means, what it doesn't mean, should we be looking for it, would we recognize it if we found it and were sober enough to do anything about it, is it still acceptable to fancy Brad now he's gotten fat and sports a dodgy beard, etc, etc. Although if I'm honest the last one wasn't really anything to do with love. That branched out of a drunken bitching session about his missus and how she apparently 'forgets to eat'. Yeah right. Who forgets to eat? Next she'll be saying she does wolf down seven courses but simply has 'a fast metabolism'. Yawn. Tell it to the hand. Which is simultaneously feeding own face as I speak, with fat-encrusted 'chicken' from a well known fast food chain....

Anyway. I digress. The conclusions we came to after that particular conversation (the love one not the

chicken one) were very complex and diverse. And couldn't possibly be explained in layman's terms (although the terms of a layman could be another interesting topic for rosé plus fried chicken with untouched token salad on the side) Other than the very straightforward scientific explanation... We're all f\*\*\*ing nuts. That's it really. F\*\*\*. Ing. Nuts. Why else would we be sat here drinking wine on a school night, dissecting the ins and outs of a fart (not literally) instead of me just accepting Hottie's invitation to go move to London? Hmm?

There's obviously a catch. Or a child hidden somewhere. I mean what the feck is wrong with him that he's never been married by 38? Now I know I'VE never married (shudder) or populated the earth with mini-Angelicas (triple shudder) but you know that's different. That's out of choice. I'm perfectly normal... apart from a life inhibiting inability to commit - unless it's a relationship between my credit card and the nearest shoe shop. Then I go all gooey and rose-cheeked and positively dripping with romance at the sheer wonderfulness of it all. Actually maybe that's the answer. I should just marry a shoe shop. That's love. But not in the icky way that programme showed other week on C4 about how some men 'love their cars'. Feeek.

Now this is where our resident 'relationship expert' comes in. Helen. Otherwise known as The Ball Breaker. Simply because. Well. She is. Many men have quailed at the mere sight of her curled lip and disdainful expression. In fact sometimes we get her to do it in the office at Nigel - just for a laugh if we're bored. It's quite amusing to see his carefully stacked up elastic bands (fecking weirdo - get a job) falling to the floor and unravelling into a dishevelled heap in his haste at getting away from her. Heh heh. Oh how we larf. In fact if we time it just right we can get Norma to put the kettle on and crack open the

chocolatey Hob Nobs at the crucial point, so we can properly enjoy the show... awww, good times...

Anyway Helen's theory is that all men are gay. Or still surgically attached to their mothers. Thereby meaning none can ever have a fulfilling relationship with someone who isn't a man or who didn't squeeze them out at birth. So we're all f\*\*\*ed basically. I think this theory may have been borne of her last bloke who got panic attacks every time she tried to wean him off (no I'm not THAT sick) his 'six days a week dinner at Mum's' habit... and he was 42)

Right. Back to business. So to speak. (Now gagging at thought of car programme. FREAKS). I blame my terrible cynicism on one thing and one thing only. This fecking island. Why can't I just accept Hottie at face value and go skipping off to London (ideally wearing beeeyootiful new snug winter boots)? You know why. I've clearly lived in Jersey too long. It's really that simple. I've gotten so used to men being crap completely unable to show any real genuine affection (translation - sober) that when someone wonderfully cool rocks up I am immediately suspicious. What's his game? So he thinks he can lull me into a false sense of security by being all kind and nice and clever, does he? What a love rat! I'll show him! Who does he think he is? Coming over here from The Big Smoke acting like some City Slicker trying to confuse me with dates and dinners and flowers... There's obviously SOMETHING wrong with him, I just have to figure out exactly what it

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### **Communicators learn how to blog and tweet**

**social** media expert Andy Gibson enlightened 20 Channel Islands communications professionals at seminars organised in Guernsey and Jersey by the Cl group of the Chartered Institute of Public Relations.

Mr Gibson is a social entrepreneur, campaigner and consultant specialising in the social uses of technology. He is the author of Social by Social, a comprehensive practical guide to using social technologies for social good. Social media encompasses the use of free online tools, such as Twitter and Facebook, to connect with like-minded audiences. All those strange invites you get from people to be their 'friend'.

Speaking to the local audiences spanning the PR, marketing, web, legal and tourism sectors, he emphasised that the use of social media is no longer a matter of choice. It is used by third parties to talk about organisations and individuals.

"In order to win at social media, things need to be remarkable. Remarkable things are passed around and discussed so this is a great way to get a message or brand out into the open," he said. Jason MacKenzie, Chair of the CIPR group, said: "The tide of new media is advancing and it is critical to communications professionals that we keep abreast of developments. Andy offered our members an excellent insight into what can be achieved by harnessing these technologies."

We couldn't agree more. We're at www.twitter.com/gallerymag

### 10 years of success for training the 'KAT' way!

**During** this current economic climate, when training has perhaps never been so important, one local training provider is celebrating 10 years of delivering IT training solutions to local individuals and businesses.

KAT Business Services, operating from a dedicated state of the art training centre on the Esplanade, continues to help bridge the skills gaps by offering a varied and flexible approach to IT training. Latest reports suggest that in an ever increasingly competitive world of recruitment, individuals must look at increasing their skill sets by investing in training. The prestigious and internationally accepted European Computer Driving Licence (ECDL) is still a popular choice as it raises the general level of competency in an office environment. Studying for the ECDL the KAT way, offers the student a flexible training schedule, delivered by professional highly-trained tutors, and if necessary on a one-to-one tutorial basis. KAT Business Services guarantees a pass for everyone who embarks on and completes the ECDL with them.

### **Centre of excellence confirmed for law house**

Local commercial property specialists, Buckley and Company Limited, have recently negotiated the letting of the top two floors of Law House at the corner of Seale Street and York Street to the Institute of Law on behalf of Falles Holdings Limited. The Institute of Law offers a course for lawyers planning to qualify as advocates and Jersey solicitors and provides a focus for the study and development of Jersey law. It seeks to promote the continuance of Jersey's legal heritage and make Jersey law more accessible to the public. The premises will house a teaching room for the Institute and Jersey's law library

### Islanders encouraged to get Savvy.

**LAUNCHED** last month, Savvy offers smart, shrewd, well-informed Islanders an informative, free, weekly e-newsletter featuring exclusive offers, promotions, shopping events and competitions from an array of shops, services and suppliers.



The concept has been developed by local marketer and self-confessed shopaholic, Jenny O'Brien. She explains her motivation behind the business "Always keen to hear about the latest trends and offers out there, over the last few years I've subscribed to receive e-newsletters from more and more shops, spas, bars and restaurants, etc." She continued "However the

volume of emails I was starting to receive meant I didn't have time to open, let alone read them all. This prompted me to come up with the concept for Savvy.je – one e-newsletter with the best of what's out there, from fashion to finance, bars to beauty."

Anything that gets us a good deal souds worth it to us. We've been planning something like this for Gallery readers so fully support the idea!!



### future tech... a Sure thing?

**Mark** Dearnley, Chief Information Officer (CIO) at Cable & Wireless International Group, addressed local businesses at a seminar at the Grand Jersey, discussing the importance of optimising IT to improve service.

Mark is responsible for leading IT, security and customer experience across a portfolio of thirty nine full service consumer telecoms companies across the world, His presentation discussed the Cable & Wireless International journey and covered some important topics for IT Directors at businesses of all sizes. The presentation included topics such as the rationalisation and optimisation of data centres, application modernisation across multiple geographies, self-service and IT-linked customer service and remote access using mobile and fixed technology.

New technologies such as location-based sims, are currently being trailed in the UK by Local Councils for bin collections and road gritters. If the council receives a call from a customer saying their bins haven't been collected, for example, it can track the vehicle on that route to check its location. Sure recently used location-based sims in the Jersey Rally cars to transmit data back to the race teams and officials, and it was an all-round success. From an island point of view, Mr Dearnley says that 'applications such as TV streaming and phone calling would open some different options for local businesses, and these applications are far and wide depending on business needs'.

'Lifestyles have changed with the workplace now merging into the home-place and vice-versa, so we want to offer the whole access spectrum in these location based lifestyle locations. With DLNA (Digital Living Network Alliance, a standard used by manufacturers of consumer electronics to allow entertainment devices within the home to share their content with each other across a home network) you're able to create a digital village within your home.'

Mark also stresses the importance of home security. Backing up data and content he highlights as key areas that should be done on a regular basis. Welcome to the Martini future. Anytime, any place, anywhere. Mine's with an olive.

### **HARDWARE**





GALLERY <u>ONLY</u> TEST DRIVE CARS FROM LOCAL DEALERS ON JERSEY ROADS

STOCK PHOTOS & REVIEWS FROM THE INTERNET? NO THANKS, OFFICER.

gallery

### High performance has never looked better.



Come in and see the new iMac, the ultimate all-in-one. Now with the ultimate display.

Beauty and brains come together in the new iMac. The amazingly slim, all-in-one desktop features an LEO-backlit display with ultra-high resolution, a 16:9 widescreen aspect ratio, more power than ever, the world's first Multi-Touch mouse and more. Whether you're watching an HD movie, looking at photos or just browsing the web, the view is stunning. Stop by iQ and see the new iMac for yourself.







eing British, you just can't help but lust over any Aston Martin that comes into focus. Even if the company itself isn't exactly 100% British these days but more of an Anglo-Kuwaiti-American kind of affair, I defy you to find anyone who disagrees with that statement, and what's not to like?

That eager, tilting grille and long sweeping nose over its V12 powerplant, raked doors that open at quite the bold angle and a low roofline that culminates in a set of muscular shoulders and a chiselled rear-end featuring partially obscured LED lighting that can only be described as stunning. Not quite Audi R8 stunning, but don't forget this car has been around just that bit longer. The debonair interior reeks of English country gentlemen's charm but with a modern twist, fusing beautifully stitched leather and brushed metal with wooden veneers, a suede headlining and tiny, tiny suede covered sun visors with chrome detailing reminiscent of Seventies cigar cases. Spiffing!

Then there's the noise. THAT noise. The noise that petrolheaded childhood dreams are made of. It's a roar that screams down your spine and signals every hair on your neck to polish their boots and stand to attention. The only thing that surpasses it is knowing that it's under your command. If you've got the windows up, you're not really living.

Actually though, now I come to think of it there IS one thing that isn't so great unless you have a couple of friends who aren't blessed with legs. Sitting in the rear is a non-starter – the DB9 isn't so much a 2+2 but a 2+½+½ that even children would struggle to find comfort in and let's face it, even if your passengers' lower appendages were absent there isn't really enough space to stow a couple of wheelchairs in any case.

Luckily, Porsche's latest addition to the family was launched last month and its Marmite looks have ruffled a few feathers so far but don't be put off because pictures don't do this machine justice – once you see one in the metal you'll understand why. And that's where the first difference lies. In its very efficient and productive German

nature the Panamera comes across as more of a MACHINE than the DB9 which is full of character. You feel as if you're sitting ON it rather than within at first and that the superabundance of switches and buttons look indistinguishable. Believe me, you get over it pretty sharpish. On the outside, the Panamera S appears as if it may as well be the Amoco Cadiz and we all know how that tale ended but fortunately once behind the wheel it seems no bigger than say, a 5-series. If you do find yourself in a tight squeeze, the exterior is peppered with proximity sensors and you'll be the first to know how close you are to, well, anything. Just waiting at a junction the Porsche gave me a progressively escalating audible warning that there was a rather large articulated vehicle becoming ever closer as it made the corner. Fortunately, in this case I had eyes, but I'd confidently say that even in a tight space you could manoeuvre your way out with them closed if you were feeling brave.

Contrary to the DB9 and rightly so the cabin space in the Panamera is astounding, with more legroom than you could shake a frankfurter at and room to swing your lederhosen. The front, bucket-esque

reclining seats are, dare I say it, more comfortable than that of the Aston's which I found lacked any upper back support. The legroom is verging on infinite, as is the headroom even despite the sloping rear roofline. Add to that the full-length glass sunroof and the sense of infinity can only be heightened.

The Panamera tested was fitted with Porsche's PDK (Double Clutch) gearbox which is a joy to use, shifting smoothly and quietly through the cogs during normal use keeping the revs low and hopefully preserving the ozone layer. You don't realise that you're essentially driving an auto until you think about it. I'm still not sold on pushing the shift buttons forward for a higher gear and backward for lower and did manage to accidentally shift by putting pressure from my palm on the right hand one whilst cornering once or twice but that once you focus your attention forward to the dials. The speedometer is set off to the left with Porsche reminding you that this four door is no slouch through the far larger, centrally mounted rev counter. The dial to the right made me smile the most though, roll your thumb over a steering-wheel mounted switch and the digital display within flicks from economy statistics, tyre pressures, radio settings and the piece de resistance - a GPS map.

Porsche lifted the centre console from the Carrera GT for this one, and the ergonomic attention to detail is staggering. Too hot? Extend your left arm along the centre rest to find the fan speed and temperature settings are just a rock of a switch away and easily noted thanks to their own little LCD display. As much as I said earlier that all the buttons look the same, when you need to use them they just make sense.

The Porsche luggage that came with this particular model is a phenomenally nice touch, the four cases fitting exactly into the rear luggage compartment and peeking through the glass hatch, letting the world know you've arrived, and most probably bang on time too.

Believe it or not, during our test drive the Panamera drew more inquisitive and adoring looks from passers by, even when driving behind the DB9. One chap even exclaimed that it was a 'beautiful machine', casting the DB9 off as 'ten year old technology' as he slid into his Maserati Quattroporte. No word of a lie. Is this a product of our society whereby we're used to seeing Bentleys, Aston Martins\_ and Ferraris to the point where it takes something new to make us look? Quite

So how do they compare behind the wheel? Both are surprisingly easy to toodle about in given the Panamera's exterior size and the DB9's restricted view from the cabin, but it's the more spirited driving you're interested in hearing about, is it not?

Both are fitted with 'sport' buttons that are well worth pressing with the Porsche also having two damper settings to play with and as you'd expect, they are both more than confidence inspiring on local roads. I'd be intrigued to see how they compare around a track though as the Porsche didn't seem much slower than the DB9 despite having a 74hp deficit and seems a bit more planted – so much so that you'd be forgiven for thinking the S was four wheel drive. Of course, there is a 4S version available as well as a 'turbo' version that adds two turbochargers to the 4.8 litre V8 to give you close to 500hp.

The thing is, it all depends on what you're looking for. I'd like to see a manual 'box in the DB9 as opposed to paddles and must admit that when you try to make it work hard it makes you work hard in return and that makes it incredible fun but for point to point progress without breaking a sweat... The Panamera is functional, yes, comfortable, that too and enjoyable to drive, definitely so.

Still, only one of the two has 'power, beauty and soul' and that's the one I'd choose if I were fortunate enough to have a spare £110,000. When it comes to having to seat four in comfort with luggage whilst crossing vast expanses of tarmac though there's only one choice. It'll set you back from around £45,000 less too, with prices starting at around a mere £65,000. Get up to Jacksons and see them both for yourself.

Jacksons Airport @ 497777

### motor brand news



### BMW X<sub>1</sub>

Whether it's a trip to the snow, lugging the shopping around or fitting your mountain bike into the back the BMW X1 is more than capable. Lightweight bodywork, stop-start and brake energy regeneration technology keeps your conscience clean and your wallet at ease. Available in both two wheel 'sDrive' and four wheel 'Xdrive'.



Jacksons Airport La Rue Fondon, St. Peters, JE3 7BF 497777 | www.bmw.co.uk



### BMW 5 Series GT

Initially available with a choice of a 3 litre turbo-diesel and 3 litre twin turbo six cylinder or 4.4 litre twin turbo V8 petrol engines coupled to an 8-speed automatic gearbox the 5 Series Gran Turismo will swallow up both continents and luggage. Thanks to the movable rear seats you can choose between legroom or luggage space with ease. Both these BMW types have been recently launched and are available now.



**Jacksons Airport** La Rue Fondon, St. Peters, JE3 7BF 497777 | www.bmw.co.uk



### Lexus RX 450h

Returning 44.8mpg and emitting a mere 148g/ km of CO2, the RX 450 hybrid is the most environmentally conscious SUV currently available. It's no slouch though, thanks to the 3.5 litre V6 powerplant on top of the electric motors and can be equipped with adaptive air suspension, a heads up display & Mark Levinson premium surround.



Lexus Jersey Longueville Road, St. Saviour, JE27SA 703377 | www.lexus.co.uk

### mansize

Apple take the iMac to 27". Oo-er.





Those of you that are fans of the Mac will remember the revelation that came in 1998 in the shape of the original iMac in all it's 'bondi' glory. The stats now sound incredible. Using up-to-date technology, Apple created a worthy successor to the original Macintosh as a fully integrated computer. No separate monitor, no rat's nest of power cords, and no external drives necessary. 32meg of RAM and a whopping 4Gig hard drive (that's probably less than you now have in your phone). Fast forward to the Christmas rush 2009 and the iMac takes home computing to a new level, building on the same 'all in one' clean principle but aided by a screen that will make Cineworld start to feel uneasy. At 27 inches for men and 21.5 for girls (just kidding), this baby is more than just a pretty face. The iMac now has a wireless keyboard as standard and the new

magic mouse. The top service of the mouse has no buttons, bobbles or wheels. It's touch sensitive. Yes, touch sensitive. The top of the mouse responds to being stroked with one, two or three fingers with different functions for different directions. I know what you're thinking. Stop it.

♠ Apple iMac iQ 21.s" from £825.22+GST 27" from £1,173.04+GST 





### **Bose Soundlink**

Wireless Music System

The SoundLink™ wireless music system allows you to listen to any computer-based music almost anywhere in and around your home, wirelessly. No software is required. Just plug the SoundLink USB key into a free USB port on your computer and you are ready to go. In addition, the rechargeable lithium-ion battery allows you to enjoy quality sound almost anywhere in your home, even outdoors. The SoundLink™ wireless music system plays any and all content that is available from or through the computer, including copy-protected content. You can listen to your stored digital music library, through iTunes or Windows Media Player, or to an Internet radio service such as Pandora or npr.org. You can pick up the unit with one hand and carry it to another location in or around your home. And without even plugging it in, you are ready to enjoy your favourite music. Or, you can slip the entire unit into the slim bag and take it to an entirely new location, such as an office or vacation home. You can plug it in or play it on battery power almost anywhere within wireless range of your computer.

■ Bose Soundlink Wireless Music System 
■ Fortuna Stores 
■ £466.00

### featured five

### subwoofers

The Subwoofer. An individual speaker unit that is dedicated solely to reproducing lowfrequency sounds. While this may not be the most glamorous job in a stereo or home theatre system, the subwoofer can be a crucial part of your overall listening experience.

One of the first things to consider when shopping for a subwoofer is how much power you need. If you have a large room (or if you just crave serious, room-shaking bass) then you should look for a sub with a more powerful built-in amp. Plus, as a general rule, the larger the driver, the deeper the bass so go for a sub with a big 10" or 12" woofer cone (or a multi-woofer sub) for serious bass response.

### Our selected top 5

### **B&W ASW610XP**

B&W's new ASW610XP subwoofer may be compact, but it delivers a mighty punch. Formidable extension and ability from a surprisingly compact box; sounds as exciting with music as it does with films

- www.hifigear.co.uk
- @ £684.12

### Tannoy TS-10

It's smooth, musical, well-defined and supremely capable - what more could you need from a subwoofer?

- www.laserlinehifi.co.uk
- @ £299.99

### Velodyne Impact-12

American brand Velodyne can readily deliver great bass from a small enclosure, but with its Impact-12, it's adopted a more traditional

This is a big ol'box designed to deliver big ol' bass, fitted with a hefty 30cm drive unit.

- www.divineaudio.co.uk
- **1** £385.00

### BK Gemini II

The Gemini II is one of four subwoofers manufactured in the UK by BK Electronics. The company has previously been involved in disco amplifiers and cinema systems, so it knows a thing or two about filling a room. Good depth and weight; goes nice and loud

- www.bkelec.com
- Start at £199.90

### Wharfedale Diamond SW150

A true champion of subwoofers, in terms of performance and price - it's a quality piece of budget equipment. The bass has detail and definition, and it's delivered in a controlled and cohesive manner

- www.superfi.co.uk
- Special offer price £149.95



### Last night a DJ saved my life...

DJ any party anywhere with this portable MP3 mixing deck! Simply plug in two MP3 players, iPods or anything with an earphone out jack, a pair of headphones and you're ready to go!

The mixing deck will allow you to flip and fade between two songs, hear the next one you're selected, and mix them in as you please.

With a cross fader, a channel selector, two MP3 Ports, and two volume controls this is great for the budding

- MP3 Mini Mixer
- www.boysstuff.co.uk
- € £19.95



### the BIG deal

has crammed the 50D's sensor and 5D-Mark-II-like 1080p video capture into an entry-level DSLR. What we have here is almost the exact sensor from the 50D—a 15.1 megapixel CMOS and almost the exact same HD capture from the 5D Mark IIthe only change is that 1080p video is captured at 20fps, down from the 5D Mark II's 30fps.

- Canon 500D
- www.fotosounddirect.com
- 1 £615 (Incl 18-55 Lens Kit)



### **Canon give prosumers**

The rumours were true. Canon



### WE'VE READ ALL THE MANUALS...

form factor and very attractive pricing, but also the power of Acer's distribution system. Clearly, then, not having a 10in netbook hasn't been a barrier to Acer's success, but that hasn't stopped the Taiwanese computing giant opting to move into this market. Its

effort, titled the Aspire One D150, is available in a variety of colours,

For processing there's an Intel Atom N280 running at 1.66GHz and

this is supported by 1GB DDR2 RAM and a 160GB hard drive. Wire-

2.0, while wired networking is catered for by 10/100 Fast Ethernet,

so you're not stuck with just Wi-Fi. As ever there's a 0.3-megapixel

have a glossy finish, so reflections are an issue, but it's exceptionally

webcam above the screen and the screen itself is a very good one.

Measuring 10.1in, with the usual 1,024 x 600 resolution - it does

bright, has nice colour rendition and surprisingly good horizontal

Acer Aspire D150 🐶 Jersey Telecom 🖲 £339 (retail) or available

for £99.99 on the Mobile Broadband promotion on a £24.99 mobile

less connectivity is delivered by Wireless-G Wi-Fi and Bluetooth

including white, black, blue and red.

viewing angles.

broadband 24 month contract.

expectations, but despite its dominance it hasn't until now had a 10in Netbook even though the market has been moving in this direction. This is partly testament







### on your marks, get set....Go

Expanding the PSP universe, PSPgo is the smallest, lightest PSP yet, weighing in at just 160g. Boasting all of the PSP-3000's best features, the extremely portable PSPgo slides open to reveal the familiar PSP button layout and feature set - complete with analog stick and built-in microphone.

With Bluetooth 2.0 technology now added to the mix, PSP Go also retains the critically acclaimed wireless features that PSP fans love. Small and sleek so it can easily fit in your Nudie jean pocket.

- Psp: Go Black
- www.hmv.com
- £199.99 (Free delivery) Also available in white



# **gallery** Jersey's style magazine

### phonehome



### holding out for a hero?

The HTC Hero smartphone takes the Google Android platform to new heights. Featuring HTC's Sense user interface, the HTC Hero feels like a proper rival to the Apple iPhone 3GS, leaving the T-Mobile G1 in its wake

The HTC Hero's design is distinctive. Apart from the stylish white casing with an etched silver finish, the Hero distinguishes itself thanks to a unique angled lip at the bottom of the phone (often referred to as a Jay Leno chin in the US). The angled design houses the Hero's controls, including a BlackBerrylike trackball, answer and end call keys and dedicated home, menu, search and back buttons.

The HTC Hero's build quality is impressive and the Teflon coating is a highlight. The HTC Hero can be handled without leaving any fingerprint marks. In comparison to the iPhone 3GS' glossy, fingerprint-magnet coating, the Hero definitely wins. The Hero's 3.2in screen is slightly smaller than the iPhone 3GS display, but it's as good. The screen has an antifingerprint coating which makes it easy to keep clean and viewing angles are good. However, it can be difficult to see in direct sunlight.

The big selling point of the HTC Hero is HTC's Sense UI, developed specifically for the Android platform. Unlike many other smartphone UIs, Sense isn't just a layer on top of the regular Android interface; almost every aspect of the interface has been upgraded or tweaked since the HTC Magic. The good news is that most of the changes look superb: the graphics are rich and colourful and the end result is an extremely user-friendly smartphone that is full of eye candy.

### **HTCHero**

Retail: £ 399.99 Pay as you Go Available from Airtel Vodafone on 12 & 18 month contracts.

### **HTC Tattoo**

### an android with a radio

Following on from the Hero, another latest Android device from HTC is the HTC Tattoo. The Tattoo is a standard tablet design smartphone, a design commonly associated with PDA style devices. Just 14mm thick, the HTC Tattoo has a large QVGA touchscreen, measuring 2.8 inches across and supporting up to 65,000 colours. Auto rotate facility is included, allowing the display to automatically switch between portrait and landscape mode, depending on the application being used at

Running on the latest current version of Android, called Cupcake, the HTC Tattoo brings a few extra features, that so far have not been commonly found on Android devices, including a 3.5mm Audio jack, which allows you to use your own headphones of choice when listening to music playback, and also we find a stereo FM radio included, with RDS support. The Tattoo also comes complete with a 3.2 Megapixel camera, with autofocus and video recording capability.

Overall the Tattoo can be described as a solid device, with a good feature set once features like the media player and camera have been upgraded in performance, Android devices can start to take on the heavyweight hitters in the smartphone market, such as the Nokia Nseries range.

HTC Tattoo Retail: £344.99 Available From Jersey Telecom FREE on Blue 18 month tariff



### **Nokia 3720**

One for the road?

If you need a tough and durable mobile phone to match your active lifestyle, the Nokia 3720 is the handset for you.

This rugged handset is shock proof and is designed to resist dust, water jets, bumps and drops making it an ideal partner for the adventurous at heart. In addition to its ultra durability, the Nokia 3720 has a smart, simple design without the distraction of flashy applications and unnecessary extras.

Among its features are a 2MP camera with auto focus and LED flash, VGA video recording, Bluetooth and a flashlight button for cave explorations and dark winter nights.

The handset boasts integrated OVI maps and an excellent battery life making it the ultimate phone to you help you stay on track and to stay safe. Tough on the outside and equally functional on the inside, no longer will you have to battle the elements alone. Finally a phone that allows you to get out and see the world and capture it at the same time!

### **Nokia 3720**

Available FREE from Sure on Sure 200 (£15 per calendar month) with a 24 month contract.

# I wish it could be Christmas every day

It can be with FREE gifts like these:



### FREE 1080p HDTV plus Blu-ray Player or FREE PS3

Sign up to Sure800 (£35pm) or Sure1200 (£50pm) this Christmas and you can choose one or more **FREE** gifts and one of five amazing **FREE** handsets, plus your choice of unlimited **FREE** calls, texts or data.

Switch to Sure now and keep your number.

Come in store or visit www.surecw.com to find out more.

sure. Kate

Half price skating sessions for Sure customers this Christmas – go to www.sureskate.com





### This is a **Low**

### The Last Music System in our World

words | Yasmin **Keyani** Illustration | Ashley Le **Quere** 

his week we reached a new low in our recorded music listening experience. It was when we dusted off the old, second-hand CD/tape/radio player that had previously been hidden in the loft and welcomed it back into our lives. Balanced on an open drawer, over the bin in the kitchen, it looks outsize and grotesque. Its black, rectangular box shape resembling more a coffin than a seat of aural wonders.

When my mother first bequeathed this item to us over ten years ago we laughed cruelly.

'That will be good when we're decorating this poorly maintained rented house or having an outrageous paint ball party!' Not that we ever had any outrageous paint ball parties, or decorated the house, but you understand the general idea. It was an unloved machine only to be used in extremis.

But now that extremis has been reached. All our other music machines have done what modern machines do; computers, cameras, iPods, digital cameras, they run out-of-steam. And that has to happen before they can go completely out-of-date, or out-of-fashion. They start to fail in small, irritating, lingering cough ways. The CD that skips, the tuner that doesn't tune, the logon that no longer logs. And then they just don't work at all. If you ask for help you're told the item is so old it's not worth fixing. It sounds cruel, like refusing to save a dog with a bad leg, especially when you only bought it the year before (not the dog, everyone knows they're for life).

Obviously, all consumer items have a sell by date, and that starts ticking even before you've passed your card details to the seller. It must be part of their machine DNA, they're doomed to fail! Maybe some have an inbuilt off-switch with this in mind? These aren't the malingering cough items, these are more the Blade Runner items that just tip over and die immediately.

And so back to the kitchen coffin. It isn't dead yet, even though the tape player has lost its top, so any of our precious old cassettes could quite feasibly jump out and spool their last hit. The CD player was never perfect anyway, often refusing to acknowledge a disc, an audio version of snubbing.

As a result of the other failed options, the main function of the (so dated it is now possibly a classic) 'Panasonic Sound Visualizer' is to listen to the radio.

Shame it can't get any of the digital stations.



### Have you met me mate Stanley 12-in-1 Multi-Tool?

This 12-function multi-tool, including bottle opener and miniature saw, comes complete with holster. A must for all tool enthusiasts, it's got a top quality finish. Perfectly-sized to slip into the Christmas stocking and for any aspiring Ray Mears.

Available at Normans for only £9.99

### **app**attack

Take control of your Mac computer with just your iPhone. This application, Rowmote is just like your Mac's remote control but over the wireless network. By tapping the Apps button, you get bonus abilities, switching between most controlled programs and toggling the iTunes Visualizer. Rowmote controls Front Row, Airfoil Video, Boxee, eyeTV, iPhoto, iStopMotion, iTunes, Quicktime, DVD Player, Keynote '08 and '09, PandoraJam, Plex, Powerpoint 2004 and 2008, Safari, Skim, Spotify, and VLC. Rowmote can even sleep and wake your computer!

Rowmote Pro adds a wireless touchpad and keyboard, also available with landscape mode, two finger scrolling and right clicking, dragging, accented / extended character support, and more.

From only £2.99 from App Store, take full control with that extra bit of kick!

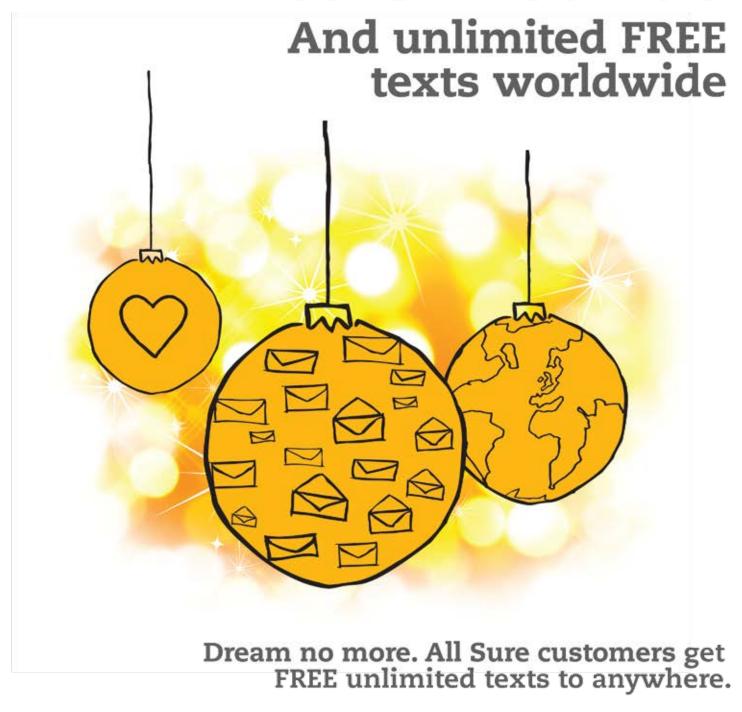


We made a bit of a boo boo last month and put the wrong prices for the iPods Nanos we featured. They are, in fact, available from the lovely people at iQ from just £103 rather than the £115 we stated. That's enough spare to buy a fetching case or 4 beers. Mmmmm

f) iPod Nano Video: Available in 9 electrifyingly vivid colours.

f) iQ from £103

# I'm dreaming of a white Christmas



Switch to Sure now and keep your number. Come in store or visit **www.surecw.com** to find out more.

sure, skole

Half price skating for Sure customers this Christmas – go to www.sureskate.com





Welcome to Gallery's tech page, brought to you by Switch Apps. At Switch we drown ourselves in web technology so we can empower clients with the latest web applications. We're here to help clients make the most out of their online potential and would like to share some of the latest and coolest technologies and features out there.

WEB TECHNOLOGY

### Verizon **Droid** Mobile Phone



ver the past few months there has been a big buzz in the mobile market about a joint effort between Verizon, Motorola and Google.



Now the curtain has finally been lifted on their new Droid Android Phone. This is the first real threat to the iPhone's recent dominance of the mobile and mobile internet market. The Droid is even thinner than the 3GS, has a

slide-out physical keyboard, a 5 megapixel camera, video recording, the fully opensource Android 2.0 operating system and is also rumoured to be powered by the same TI OMAP3430 core as the iPhone.

Google searches made on mobile devices increased 30% in the last quarter and the iPhone has a 40% market share of mobile internet usage. Verizon has launched a direct attack on the iPhone with a marketing campaign that mimics Apple's black text on a white backdrop and a host of 'I don't' phrases, see www.droiddoes.com

.....



WEBSITE PROFILE

### Babybarn.je

Client: Babybarn

**Design: Side-on Creative** 

BabyBarn.je's purpose is to make life for mums, dads and their little ones a whole lot easier. The site includes listings for a wide range of local and online shops and services, from maternity wear, chiropractic services and pregnancy yoga to clothing for newborns, baby massage, nursery furniture and family-

friendly restaurants, quickly earning it a reputation for being 'an indispensible guide for Jersey parents'.

.....

### **ABC of WWW**



is for **CSS** 



CSS is a language used to present elements of a mark-up language such as HTML, so its most common use is to layout and style web pages. The huge benefit of using CSS is that it keeps the data of your website separate to the styling, this enables consistent styling of elements like fonts and colours across your website. CSS also allows greater layout flexibility, interactive styling and agent specific rendering, such as fixing layout issues in different browsers, mobile specific layout or styling of your site to layout differently when printed. Using CSS also improves the accessibility of your website, you can enable text only or high contrast versions of your site and CSS greatly reduces the amount of code in your web pages, improving download speeds and search engine readability.

featured five





### Apple Magic Mouse

Great new wireless multi touch and gesture mouse from Apple, find out more on www.apple.com/magicmouse

### BumpTop 3D Multi-Touch Desktop

Touch screens and multi-gesture support is the future of usability, this is an interesting concept for home computing.

www.bumptop.com



### Free Mac?!

Apple launch 27" Display with free Mac included! A 30" Cinema display retails on the Apple Store at £1,173.00, a brand new 27"LED iMac (including display port) starts at just £1,349.00, I know which I'd choose



### iEmergency lite

ICE (in case of emergency) contacts are becoming a standard for peoples mobiles, this is a simple but effective App for the iPhone.

### Copilot

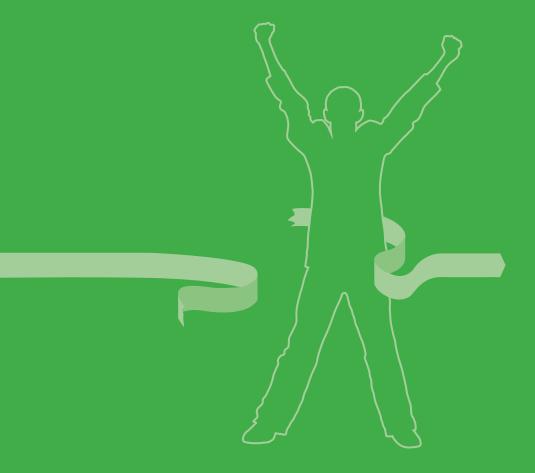
IT people don't like to leave their comfy surroundings very often. this great service enables us to remotely control a client's computer to fix a problem or run a demonstration,

see www.copilot.com

### Want more great web facts?

Follow us on Twitter on www.twitter.com/ switchapps for more technology news and general Switch activity or visit

### **SPORT**





### Why join a gym?! Total Sport stock a large range of exercise equipment

Total Sport stock a large range of exercise equipment available for immediate delivery, all top brands including Kettler, Golds Gym, Reebok. With free parking and stress free shopping at your leisure, come and browse a huge range of fashion & footwear covering all sports.

With home gym equipment from as little as £350 using our 0% free credit plan means it's less than £7 per week to pay your equipment off within a year. Why join a gym?"

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Since Sky TV came into it, football financially has gone bigger and bigger. Kids, but more so their parents, can be pushy with it, but the most important thing from my point of view is that they enjoy themselves. If they don't, they won't produce the best football they can.

### Rushjob

he Welsh former footballer was announced as the mystery football legend who would be accompanying the Barclays Premier League trophy on its visit to Jersey this month. Rush played as a striker and is best known for playing with Liverpool. He was also a regular goalscorer for Liverpool FC and the Welsh national football team during the 1980s and 1990s.

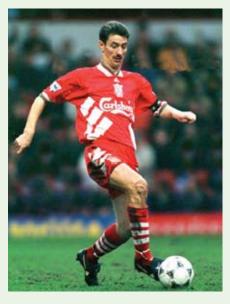
lan was over on the island as part of the Barclays Premier league trophy tour and to train local kids at the primary schools football tournament.

It was schoolboy football where Rush's skills as a marksman were first spotted. He played for Hawarden Rangers, in the shadow of Shotton Steelworks where his father worked, and went on to represent Deeside Schoolboys.

As a youngster Rush held the record for the number of goals scored in one season, a record which would be broken by his successor Michael Owen. He made his debut as a 17 year old for Chester City in the 79-80 season he scored 14 goals which prompted Liverpool to snap him up for a record £300,000

**Gallery:** You've played for Juventus and Sydney Olympic, how were those footballing experiences different from playing in the UK?

Rush: Completely different yes, especially in Italy. At the time in Italy, there were only two foreign players allowed in the county, so it really was very different. Football is very defensive in Italy and very much as an individual style game, different from what I was used to at Liverpool. Sydney Olympic was more English style play, more team playing, but just at a different level.



lan back in the day.

### We talk to Ian James Rush, MBE

Gallery: You were once the most expensive teenager in football, when Bob Paisley paid £300,000 for you from Chester. That was obviously very expensive at the time, probably not so much these days. Do you worry that today's aspiring footballers may be trying to get into the game for a love of money rather than a love of the game?

Rush: I think that's just the way life's gone now. People want to make money. Nothing you can really do about it. Since Sky TV came into it, football financially has gone bigger and bigger. Kids, but more so their parents, can be pushy with it, but the most important thing from my point of view is that they enjoy themselves. If they don't, they won't produce the best football they can.

**Gallery**: Especially, when you have all these major football stars with sponsorships and product endorsements these days...

Rush: Yes and what they don't realize is how much preparation and hard work that these footballers do to do that. They don't just go out and play, it's all the hard working, training both on and off the pitch and discipline.

**Gallery**: The current Liverpool manager, Rifael Benetiz has recently expressed

### **Gym Essentials:**

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Kettlebells look like shot putts with a handle and have been used in training the Russian army for centuries.

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- **Displaced centre of gravity** a kettlebells centre of gravity is approximately 6in below the centre of your hand. This offset increases the difficulty and benefit of many of the exercises.
- Variety and versatility a kettlebell can do anything a dumbbell can do plus more and they can be used anywhere to provide a full body workout.

These Jordan Kettlebells have cast iron handles with colour coded Neoprene for easy weight indentification. They make great Christmas presents!

From 4kg £ 14 to 40kg £130 Available at Good Health I 875057



his concerns in the press about new player quotas on homegrown players that will be introduced into the premiership. There's been some support for the new quotas, but also some criticism from managers too. What are your views?

**Rush**: I think it's the right way forward, otherwise how are you going to get your homegrown players coming through? I think Scotland, Ireland and Wales have not had so many coming through because of the current system, and it has to come back on track, so I'd support that.

**Gallery**: For many people you are a football idol, but who is your footballing idol?

**Rush**: I used to support Everton as a kid and my hero then was a fella called Bob Lachtford who scored 30 goals in a season! When I went to Liverpool, I was lucky enough to play with some of my idols, one of them being Kenny Daglish who was the best player I've ever played with.

**Gallery**: You're in charge of the grass roots coaching for the Welsh FA. How did you get involved with that and what future stars can we start looking out for?

Rush: There's loads coming through! I wanted to give something back to Wales. I was managing the Welsh U17'S, then went to Chester, when I left there I still wanted to stay involved in football, and that's when I was offered this opportunity. We prepare them to be ready for life in a professional club. We teach them everything from nutrition to training, and how much they have to practise. Now it's not such a shock to the system for them in comparison to a few years ago.



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### Sacré Bleu

**The** decadence of a Parisian night touches down in the sumptuous surroundings of the Grand Jersey on Saturday 14th November. World famous DJ Stéphane Pompougnac, pioneer of lounge music and the creator of the internationally acclaimed Hôtel Costes CD series will add his French touch of class and transform the venue into what could be the most sophisticated event of the year.

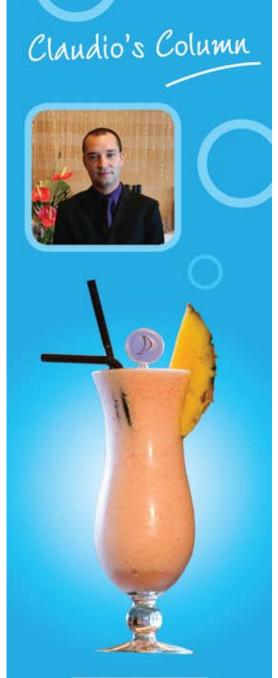
At the age of 18, Stéphane Pompougnac made his DJ debut in clubs such as the Ubu, the Colony, and the Dream in Bordeaux, France, during the mid-80s. After finishing his studies and national service, he spent six months in London before returning to Paris in 1992 where he mixed at clubs, such as Queen, Folies Pigalle, the Locomotive, and Privilege. One year later, he became the resident DJ at Les Bains et Douche . Albert De Paname ostensibly first introducedhim to Jean-Louis Costes although Pompougnac had worked as a waiter for Costes some ten years prior at Café Costes in Les Halles. This time, however, Costes offered Pompougnac a more coveted position: resident DJ at the famous Hôtel Costes. He accepted.



The event will be set across two rooms and will encapsulate the Hôtel Costes atmosphere. Stéphane will be supported by Urban Aristocracy guest DJ Craig Alder. The VIP Champagne lounge is hosted by IAMSTEREO Guest DJ Rob Wilder and supported by local Boogaloo DJ Keith Robinson.

Tickets available from Grand Jersey, Seedee Jons & Tanguys Bar. (VIP tickets available from Grand Jersey only)

- Saturday 14th November
- €25.00 / VIP £50.00
- The Grand Jersey



### Putting the **drum** in drum'n'bass

Deviant presents a night of live drum & bass with DJ Fu featuring the Jungle Drummer, a unique live performer who has developed his own style through musical awareness and experience over ten years of playing with the biggest live acts in Turntablism, dance music and D&B. His stamina makes him able to drum at 180 BPM for 2 hours plus.

DJ Fu is fast becoming one of the rising stars of D&B and Turntablism, due to his musicality, tight mixing and scratching ability. His approach, originality and skills when working with the Jungle Drummer has not only taken his DJ-ing to another level but has evolved into one of the most successful drummer / DJ combinations

yet. In less than two years, he has gone from being a resident at local nights to playing some of the biggest events in the world. Put this together and you get Jungle vs Fu a live project that is always developing, pushing boundaries, smashing crowds all over the UK, Europe and the USA. Not to be missed.

- Saturday 7th November
- € £12.00 advanced (+ booking fee) £15 on the door
- The Watersplash

### Strawberry Colada

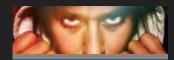
Bacardi, strawberries, coconut puree and a dash of pineapple juice make this cocktail a drink for all the seasons.

Claudio says: 'This is one of our takes on the traditional Pina Colada. The combination of fresh strawberries and coconut puree gives it a lovely thick consistency and a delicious flavour. Like an alcoholic smoothie, drinking this is like having one of your five a day!'



### Nightlife highlights





### 07.11.09 RICHARD DINSDALE

It's all too easy to endlessly list Richard Dinsdale's accomplishments. It's all too easy to wax lyrical about his Ministry Of Sound residency, his genre bending productions or his rapid rise to the top of house music's well spread table. But where's the fun in that? Of course Richard's one of the UK house music's recent heroes.

Support from the Boogaloo residents Keith Robsinson and Paul Shoer, while the middle floor is taken over by the FuzzBox Inc soundsystem. The top floor see's the return of the Merkaba Tribe with their psy-trance sounds.!

WHERE: PURE NIGHTCLUB TICKETS: £4 BEFORE 11PM, £6 AFTER



### 12.11.09 <u>JOHNN</u>Y2BAD : UB40 TRIBUTE

Two hours of classic UB40 tracks ALL LIVE, from seven world class musicians and singers. Johnny 2 Bad formed just over 2 years ago (2005) have rapidly established itself as not only the number one live Tribute show to global superstars UB40 but also as one of the premier and most exciting new reggae bands in Europe Today. Private shows for Peter Gabriel and

Womad as well as being the first ever Reggae band not only to perform at the SYDNEY OPERA HOUSE but also the first band to get the crowd up dancing ever as it had a strict no standing up policy until that night!!.

IT'S FREE TO GET IN!!
WHERE: THE DRIFT



### 14.11.09 ASYLUM @ LIVE LOUNGE

Featuring six very heavy bands, with styles ranging from hard core punk to death metal, are performing at this rare Saturday booking for Asylum at Live Lounge. Brutus Stonefist, Nocturnum, Bulletproof, We Bury Our Own, Chaos Theory and Nailed To The Furnace will rock your socks off.

TICKETS: £5
WHERE: THE LIVE LOUNGE

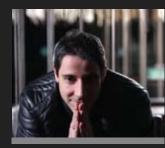


### 14.11.09 JODY WISTERNOFF

Audio are proud to welcome back one of Audio's favourite dj/producers, Mr Jody Wisternoff. So what connects the dots between this Global DJ, the teenage Hip Hop prodigy, the Hardcore rave act, the mega selling progressive house act (Way Out West) and the solo nu disco offerings of this year's hit "Starstrings"? Well obviously it's Jody, but more than that it's his quest for the perfect beat and bass line, the need to layer the best string, to squeeze the most perfect note from the technology available, to match the best track for the best

moment at the right party. And it's that constant desire for perfection that drives him on and on. Support on the night as always from Stuart King, with room 2 to be confirmed.

TICKETS: £5 B4 11PM | £7 AFTER WHERE: PURE



### 21.11.09 TONI RIOS

Cliquism present a new face to the Jersey scene, Cocoon resident and international techno star, Toni Rios. Tony played his very first gig on his 18th birthday at a small club in Limburg, Germany named 'Easy At that time Toni was already the Resident DJ at the 'Soma' and the 'Spin Club' in Giessen. After the end of the Omen. Toni was offered a new chance: Sven Väth signed him, not only as an artist for his Cocoon booking agency, but also asked him some time later to take the responsibility upon Cocoon Recordings, together with Pauli Steinbach. His name appears on flyers all over Germany and the neighboring countries. He also plays in regions more far away, such as Spain, UK, USA, Dominican Republic, South America and Far East. Support from Cliquism residents Pete De Momme and Ashley Ford

TICKETS: TBC WHERE: PURE



### 28.11.09 HADOUKEN (LIVE)

The band will be stopping off on the island as part of a nineteen-date tour and have been amassing a cult following since their formative days as a band, when they received one of their first radio plays by Mike Skinner (aka The Streets) on Radio One, as well as receiving multiple plays on MTV2 and the NME Chart Show. The band will get a chance to showcase their talents twice whilst in Jersey at Liquid nightclub, performing an early evening set for Under-18s only, whilst the second show sees them perform to Liquid's more traditional adult crowd.

TICKETS: U18'S GIG: £12
(SUBJECT TO B/FEE)
OVER 18'S: £15
(SUBJECT TO B/FEE)
WHERE: LIQUID NIGHTCLUB
TICKETS AVAILABLE FROM SDS, LIQUID/
BAR ROCK AND ONLINE AT WWW.
TICKETLINE.CO.UK

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As a business looking to promote a quality brand we're sure that your brand values are like ours. Commercial messages in Gallery sit in tailored editorial environments specific to your brand.

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In any business there's nothing worse than a low cost jack of all trades approach. In publishing that means a publication of ads, ads, ads with hardly anything to read and a pile it high, sell it cheap image. Don't loose brand credibility!

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# **BOARDOM**



What was the last thing somebody or your partner made you do that you didn't enjoy ...?







Richard / 45 / Farmer

Dom / 24 / Student

Neil / 23 / Unemployed







Joel /26 / Rocket Scientist

Rod / 56 / Hepburns

Steven / 18 / Helpdesk administrator: AFM







Ryan / 21 / Trainee Technician

Cåtålin / 22 / Student

Gallery's Postman





Adam / 18 / Roulette

Jake / 16 / Student































## **CHOOSE YOUR WEAPON.**

# & JOIN US IN A RALLY TO THE WORLD'S COOLEST CITY\*

The 2009 Gallery Rally raised £32,000 for Jersey Hospice Care.

Friday 4th June 2010 will see the Gallery Rally venture across the Alps to a finale on Lake Geneva. Think Wacky Races meets Gumball with a touch of the Telegraph crossword thrown in. **Come with us.** 

Download a sponsor pack at www.galleryrally.com





# CRITICAL TIMES CRITICAL EQUIPMENT

TESTED BEYOND ENDURANCE



The MBII is the latest automatic mechanical watch from Bremont which has been tested and designed in conjunction with the iconic British aviation company Martin-Baker. Bremont's unique rubberised anti-vibration mount absorbs extreme shocks and the Faraday cage protects the movement against magnetic forces. This is the only watch ever to have been subjected to a live ejection testing program.

