

gallery

www.gallerymagazine.co.uk

#50 'commitment'

for better, for better

If you're thinking of tying the knot we've got a 20 page feature just for you.

smart thinking

We'd love a Lamborghini but let's face it, we live on a 9x5 Island. We make a Smart choice

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inside out

A Jersey art exhibition from behind the bars







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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond, not too arty farty superior or too serious, written by the people of Jersey for people everywhere.

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generic but self explanatory

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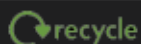
If you are right handed, you will tend to chew your food on your right side. If you are left handed, you will tend to chew your food on your left side.

If you stop getting thirsty, you need to drink more water. For when a human body is dehydrated, its thirst mechanism shuts off. 3

Chewing gum while peeling onions will keep you from crying

Your tongue is germ free only if it is pink. If it is white there is a thin film of bacteria on it.

The Mercedes-Benz motto is "Das Beste oder Nichts" meaning "the best or nothing"



Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586

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dont just think it.
writers wanted.

rip it, scrap it, comment, critique, research, report. opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and want to tell the island? We're here for you baby. **If you'd like to see your name in...er.. print, get in touch!**

édito

the bit an editor would write if we'd ever had one.

Commitment; the sort of word that gets bandied around in motivational speeches and scares men (according to the average woman). We chose commitment as our theme as, according to our editorial plan, this is the month people think most about tying the knot. Wait, don't turn the page just yet. Reading that sentence probably has you eager to turn over; women thinking about potential articles on rings, table centres, venues, bridesmaids, dressmakers and the like. Men probably thinking about the motoring section.

According to the national press the number of people getting married actually went up in January. Register offices and churches have reported a rise in marriages and civil partnerships since the onset of the economic downturn. Experts say the trend could be a result of people seeking greater stability at a time of uncertainty. (Argh!! I may lose my job! let's get married etc) Well, perhaps those thinking of getting married should consider doing so in Jersey. We've been examining the market for our 20 page AtoZ of weddings this month and we certainly have some pretty amazing facilities for our size. As I see it, aside from the religious element, it's a great excuse for a massive party. hmmm.

Well, there's certainly been commitment in the gallery office this month. With the launch of our appetite eating guide coinciding with the launch of this magazine and a week spent in the snow we were well and truly up against it. Lots of late nights and overtime, full power working and designing to get both publications looking their best. Look out for Appetite in Jersey's better restaurants this month and in the usual gallery outlets. Keep it next to your phone as the essential reference to eating in and out in Jersey. Talking of food, we're off for pancakes (it's pancake day) and movies. Catch you on the flipside*.

BD

* I use this expression a lot and thought it might be a bit colloquial to use in my intro so here's the urban dictionary's definition, just in case: ...'catch you on the flip side' > Generally, "see you later." The "flip side" is the reverse side of a vinyl record, a term often used by DJs. They might say "I'll catch you on the flip side" to mean they will let a particular album play through, and won't start talking again until they have to change or flip records. Commonly used as 'See you later' or 'Talk to you soon'

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We're almost there



The Gallery Rally - Barcelona will take competitors through quiet and sleepy French villages, way off the beaten track, following clues of maddening complexity. They will eventually take a perilous drive across the Pyrenees and end up in 5-star splendour in Barcelona on June 29th.

If you ask me, any excuse to go on a treasure hunt rallying around Europe for four days with 60 or 70 people and ending up in a 5- star hotel is a pretty good one. When that excuse is raising money for Jersey Hospice Care, even better.

Last year we took 31 cars from Jersey to Monaco; from taxis and VW Transporters to Ferraris and Aston Martins, a rag tag bunch of adventurers flew around the French countryside, looking for clues, eating good food, going to casinos and having paper aeroplane throwing competitions. We had a fantastic time and (I think I speak for everyone who went when I say) we're excited about the launch of this year's

rally. After the success of Monaco we've decided to push the numbers up a bit to allow even more people to get involved. On June 26th 2009, 40 cars, each filled with a pair of rally stars, will set off from Elizabeth Harbour and put their brains and their driving skills to the test for four days.

The purpose of the rally is to have fun and raise money for one of the Island's best-loved charities, Jersey Hospice Care, which has just celebrated its 25th anniversary. Jersey Hospice Care is a specialist palliative nursing service, providing holistic care for cancer and motor neurone disease patients. Although it costs more than £2 million to run Jersey Hospice Care every year, it receives no funding from the States of Jersey and relies entirely on the generosity of the public.

In addition, this year we are offering reduced rates at a luxury resort 30 miles from Barcelona where contestants can unwind and relax for a couple of days before returning to Jersey.

www.gallerymagazine.co.uk/rally



galleryrally

in aid of
Jersey Hospice Care

BARCELONA2009

**Do you want to rally down to Monaco and raise money for Hospice?
Last chance for entries... get your deposits in!**

What will we be doing?

Each day, competitors will be given a sheet of cryptic clues that they must solve to find out where they are going next. They will also need to find some piece of information in each location before they can move on to the next destination. All the cars meet up each evening in a designated hotel for a dinner and chance to swap stories and adventures over good food and wine.

To the victors.....?

The rally culminates in Barcelona, when competitors will find out which team has won the rally and the prizes are awarded! There is also a special prize for the team that raises the most sponsorship money.

Paying your entry fees

Your entry fee pays for everything except lunch and drinks. The return ferry ticket is paid for, as are all your hotel, breakfast and evening meals. You will need money for fuel and lunches. Some people just snack, others find fancy restaurants along the way. Some wine is included in the evening meal. The total fee is £1,095 per car for all ferry, hotel and evening meal costs.

Raising your sponsorship

This is a charity event so get fundraising! Each car must raise sponsorship of £2000; (Easy! A good cake sale should do it!) 75% to be collected and forwarded to Hospice by the rally date and any additional collected by 13th July 2009.

What is the accommodation like?

On the way down the hotels are of at least Novotel standard. Rooms are shared with your driving partner so you can debrief on your days drive. The hotel on the last night is a 5-star hotel right in the heart of Barcelona.

Do I need a fast car?

No. You don't need to have an expensive car to take part in the Gallery Rally, but you do need a sense of adventure, a sense of humour and a compass – or sat nav, if you're lucky!



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gallery
Jersey's style magazine


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CHARTERED ACCOUNTANTS

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March 2009
'commitment'

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Meet Solo - next month's
'me and my pet contender'

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We know times are tough. So, if you're marketing your business in 2009 then your media choice is more important than ever. Our two awards from the Chartered Institute of Marketing this year are a testament to the commitment we have to providing a quality product and service. Our 2009 media pack is now available for download and delivery, visit www.gallerymagazine.co.uk/media or call 811100.

LISTINGS: MARCH

GOT AN EVENT COMING UP THAT YOU'D LIKE TO SHOUT ABOUT?

EMAIL LISTINGS@GALLERYMAGAZINE.CO.UK BEFORE THE 16TH OF THE MONTH

RUSSELL KANE'S GAPING FLAWS

WEDNESDAY 4TH MARCH

Edinburgh 2007 was a tub-thumping critical success. Edinburgh 2008 was a sell-out run, garnering an Elizabeth Dukedom of glimmering five star reviews and a comedy nomination.

This year, Russell Kane is back with his brilliant new tour Russell Kane's Gaping Flaws. Love. Race. Politics. Class. Strap in for some super-speed sundrings and inconvenient sociology in an hour of self-soiling merriment that will leave you with rickets.

Jersey Arts Centre

8pm

£15 (£10 students) / £12.75 (£7.65)

Members



BODY FORM AN EXHIBITION OF LIFE DRAWINGS BY TEXTILE ARTIST DIANE BATES

TUESDAY 10TH MARCH

This event sees the opening of the annual Jersey Textile Showcase by David de Cateret, director of tourism and Marketing with an exhibition of life drawing by Diane Bates entitled Body Form. There will also be a walk around fashion show by Suki Cartwright, Pari designs and island knitwear from Oban.

6.30 - 8.30pm

The Harbour Gallery

RUFUS STONE ROCK AND POP BAND

THURSDAY 5TH, FRIDAY 6TH SATURDAY 7TH MARCH

Gary Farrell (guitar, lead vocals, Lionel Sardena (bass guitar, vocals) and Jerseyman Dave Diggle (drums) play music from a wide range of artists including: Kiki Dee, Radiohead, Blues Brothers, TLC, Michael Jackson, Kool and the Gang, Robbie Williams and more

11.30pm

Chambers

BARE BONES 6 DX PRODUCTIONS

TUESDAY 10 MARCH + WEDNESDAY 11 MARCH

This brand new show for 2009 unites the talents of internationally renowned choreographers and superb dancers, to bring you the best of contemporary dance in one unique evening of entertainment. Watch as six dancers push themselves to the limits in a dynamic, industrial and edgy show. Container by Rui Horta, one of Europe's most inventive choreographers, opens the evening – a piece created in angular patterns, using space as both territory to be claimed and a place to achieve intimacy. In contrast, Magnification by Australian Dance Theatre's Garry Stewart, puts the inner workings of the body under the magnifying glass accompanied by an evocative sound score using Foley sound effects. A solo piece by Charlotte Vincent, a choreographer renowned for her passionate and emotionally bold choreography for Vincent Dance Theatre, completes the show. Presented in the company's characteristic in-the-round space with the audience on all four sides, Bare Bones is immediate in its appeal, presenting extraordinary choreography in a welcoming and captivating format.

Jersey Arts Centre, 8pm

£15 (£10 students) / £12.75 (£7.65)

Members



DISSOLVING, BURNING AND MANIPULATION

WEDNESDAY 11TH MARCH

Gina Ferrari will be giving a fascinating talk explaining how she started work as a textile artist, giving an insight into inspirations behind her current work and techniques she uses. There will be lots of samples of work to see followed by a discussion and an opportunity to ask any questions.

8pm

The Methodist Church on the Bulwarks

£8 (OAPS £4)

TOTALLY TUCKED UP!

SATURDAY 14TH MARCH

The Canon O'Rafferty School of Irish Dancing will be performing followed by a highly amusing talk from Jennie Rayment. Hilarious anecdotes from the mistress of muslin and calico queen.

St Aubins Parish Hall

£10 (friends £8, students £6)

MOVING SKIES AN EXHIBITION BY GRAHAM TOVEY

SATURDAY 14TH MARCH - 9TH APRIL

Graham has had over 20 one-man shows in Jersey, France, Italy, and London. He had a successful one-man show at Nice and Cannes. His exhibition at the museum in St Paul de Vence ran for three months. This was followed by a one-man show at the prestigious Castello della Lucertola in Italy, who bought a picture for their collection. In 1989 his exhibition, "Martello Towers," at the Polytechnic of Central London, toured the UK. He has work in both private and public collections. Time spent looking at the sky, has become the subject of his latest exhibition. "I am interested in that area where the sky meets the land. I prefer stormy or dramatic skies, where the horizon is always elusive, I allow the outlines merge and blur, letting the colours infuse with one another". It is these elements in the landscape that gave him the idea to entitle the show, 'Moving Skies'.

Falles Fine Art - 18 Hill Street, St Helier

Private view all welcome Saturday 14 March 2009,

Opening times Tuesday to Saturday 10am to 5pm.

MARGARET KNIGHT (HARP) A CHANNEL ISLANDS MUSIC COUNCIL TOUR

MONDAY 16 MARCH

With her performances appreciated by music lovers island-wide, Margaret Knight returns to the Jersey Arts Centre for another stunning evening of acoustic majesty. There will also be a schools performance supported by Education, Sport and Culture

Jersey Arts Centre

8pm

£15 (£10 students) / £12.75 (£8.50)

Members

WHO'S WHO

THURSDAY, 26TH MARCH

The Drift proudly presents, for the first

time, Who's Who, regarded as one of the finest tribute bands for The Who.

Since their formation in 1996, Who's Who have been seen to go from strength to strength in the music industry, gaining critical acclaim and valuable fans including Simon Townshend, Doug Sandom (The Detours), Peter "Dougal" Butler, John Schollar (Beachcombers), Alison Entwistle and the Moon Family. With vocalist Gary receiving praise from Pete Townshend himself, it is considered unsurprising that Who's Who are highly regarded for their emulation of The Who's power, energy and musical talent on stage. Performing hits such as 'Pinball Wizard', 'My Generation' and 'The Kids are Alright', Who's Who will be putting on a highly entertaining show, illustrating exactly why members of the Who itself appreciate them.

The Drift

■ U2UK

TUESDAY 17TH MARCH

Performing hits such as 'I Will Follow', 'I Still Haven't Found What I'm Looking For', 'Beautiful Day' and 'Vertigo', U2UK is guaranteed to provide a powerful performance - fitting of U2 themselves and St Patrick's Day.

The Drift

■ FROCK EXCHANGE

THURSDAY 19TH MARCH

The first Frock Exchange for 2009 takes place at the Lion Park this March and all proceeds will go to Jersey Hospice Care. Spring is in the air, and with Mothers' Day approaching, this is a perfect event for all ladies, with hair and make-up demonstrations from Salon 7, and style tips from our own Gallery fashion team. Items can be dropped off throughout the week until last drop 12 noon on Thursday 19th and a donation of £1 per item will go towards Jersey Hospice Care.

6 – 9pm

Jersey Lion Park

■ PROPHECIES

**23RD MARCH - 18TH APRIL 2009
PREVIEW: MONDAY 23RD MARCH
5.30PM - 7PM - ALL WELCOME**

Clare Ormsby returns to the Berni Gallery with 'Prophecies' a brand new collection of paintings. Described as 'allegorical abstracts' each picture features a biblical narrative portrayed in Clare's distinctively colourful and beautifully detailed style.

**Berni Gallery, Jersey Arts Centre
Free admission**

■ LOLA THE LIFE OF LOLA MONTEZ TRESTLE THEATRE COMPANY

**TUESDAY 24 MARCH +
WEDNESDAY 25 MARCH**

Part of the Drama Series Special; Trestle's new touring production tells the true story of Lola Montez, the famous 19th century Spanish dancer, actress and femme fatale, who stormed her way through life in a tumultuous journey of seduction, sorrow and success. Lola fuses theatre, dance and live flamenco music to deliver a spirited production capturing the maverick life and soul of a remarkable woman who lived like she danced, with all the might of her body and the fire of her soul. Lola's unique tale is told through the wit and passion of her own published words with live music from renowned guitarist Ricardo Garcia – an accomplished Flamenco musician blending the classic Spanish rhythms with his spellbinding signature style. For audiences familiar with Trestle performances, please note that there are no masks in this production.

Jersey Arts Centre, 8pm, £15 (£9 students) / £12.75 (£7.65) Members

■ STEVEN OSBORNE (PIANO)

FRIDAY 27TH MARCH

From exhilarating concertos to delicate chamber works, from mainstream Beethoven, Mozart and Brahms to the rarefied worlds of Messiaen, Tippett and Alkan, Steven Osborne is at home with the widest range of styles. This carefully crafted recital programme and Steven's idiomatic approaches to contrasting works are both publicly and critically acclaimed. "You could have heard a pin drop. Steven Osborne's power over the hall was absolute...the atmosphere was spellbound." (Daily Telegraph) The programme includes: Beethoven: Piano Sonata No. 21 'Waldstein' and 1st set of Bagatelles Op. 33; Debussy: Preludes book 1, nos. 6-10; Rachmaninov: Preludes Op. 32, nos. 9-13.

Jersey Arts Centre, 8pm, £17 (£10 students) / £14.45 (£8.50) Members



■ HATSTAND OPERA: VOCAL VICES A CHANNEL ISLANDS MUSIC COUNCIL TOUR

MONDAY 30 MARCH

Where vice is nice and the singing simply divine... Combining seven deadly sins, a fistful of modern vices, a pride of singers and an almost penitent pianist, Hatstand Opera's naughty new show Vocal Vices is a night of pure entertainment that's greedy for good tunes, lustful for laughter but never too proud to be fun! As with all great Hatstand shows, the music will include a generous helping of opera and operetta, a virtuous portion of show tunes and a deliciously rich dessert of songs you can't help but hum along with, including: adorable avarice from Bernstein's Candide; romance gone wrong in Rossini's Italian Girl in Algiers; gorgeous gluttony from Gilbert & Sullivan; and lots of Money, Money, Money!

There will also be a schools performance supported by Education, Sport and Culture

Jersey Arts Centre, 8pm, £15 (£9 students) / £12.75 (£7.65) Members



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com·mit·ment [kemítment] (plural com·mit·ments) noun

1. **responsibility:** something that takes up time or energy, especially an obligation
 - *family commitments*
2. **loyalty:** devotion or dedication, e.g. to a cause, person, or relationship
3. **previously planned engagement:** a planned arrangement or activity that cannot be avoided

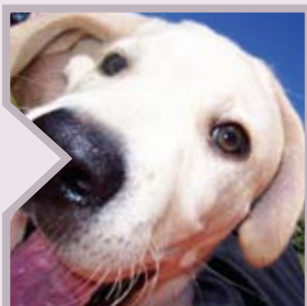
Commitment doesn't have to be a dirty word. This month we think it's time you should...



TELL HER HOW MUCH YOU CARE

Commitment jewellery can be more than just engagement rings. The Fusion range at Georg Jensen includes these beautiful interlocking rings - a perfect symbol of 'together forever'.

www.hettich.co.uk Tel: 734491 Pictured - George Jensen Fusion rings from Hettich. Top ring - white gold and diamonds £2,675.00, middle ring - diamond, white, rose and yellow gold, £2,090.00, bottom ring - white, rose and yellow gold £1,200.00.



RESCUE AN ABANDONED PET

If you can commit time, space and resources to rescuing one of animals at Jersey's Animal Shelter, the JSPCA would love to hear from you. It's certainly a commitment not to be taken lightly, but one of the 11 dogs, 28 cats, 20 rabbits, 6 hamsters, 8 guinea pigs and 10 chinchillas would love to find a caring new home.

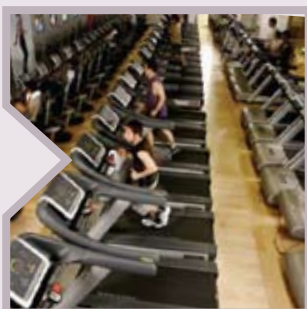
www.jspca.org.je Tel: 724331. Viewing between 2-4pm Monday to Saturday.



ADOPT AN ENDANGERED ANIMAL

If you don't have space for those 10 chinchillas, why don't you think about adopting an animal from Durrell? Saving species from extinction is exactly what Durrell Wildlife Conservation Trust has been doing for fifty years - and you can have a part in that too. Make a commitment to conservation by adopting your favourite Durrell creature - from Bluey the poison dart frog to Ya Kwanza the gorilla - it only costs from £36 (or £3 per month if you opt to pay by monthly direct debit). Better still, there's no long muddy walks or litter tray changing required....

To find out more about Durrell's adoption packages, simply visit them at www.durrell.org or even better, give them a call on 860012.



FIGHT THE FLAB

Fitness First is launching a new eight-week weight management course designed at getting you looking buff just in time for the beach. Through a course of seminars on Wednesday evenings, you'll work with your nutritionist and personal trainer to establish a completely new way of looking at your diet and exercise programme, individually tailored to you.

'Flab to fab' 8 week course (£80) at Fitness First at the Waterfront. Starts Wednesday 4th March. Open to members and non-members. Contact Zac for more details: 752400.



LEARN A NEW SKILL

Turn yourself into a wine expert with one of the hugely popular wine and food feasts at the appropriately-named Feast in Gorey. Vicky Border from the Fresh Fish Company will be on hand to talk you through the loaded menu showcasing what's in season, and wine matches for each course are provided by Dunell's. It's a great chance to learn a few things from local experts with an unfussy approach.

www.feast.je Tickets £45, Thursday 9th March, Feast, Gorey Pier, Gorey. Tel: 611118.



the perfect setting

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www.theclubjersey.com



HOTEL & SPA



Harriet Good

Senior Keeper in Bird Department Durrell

Harriet Good is a Senior Keeper in the Bird Department at Durrell. She was raised in Edinburgh and went to Glasgow University studying geography, biology and archaeology. She then continued with biology and decided that she liked learning about animals so she took her final course in zoology. After studying, Harriet worked in a tourist information office in Edinburgh for about a year whilst she decided what she wanted to do. She wanted a job which related to her degree so she then undertook an internship in a zoo in America for 4 months, working with all different animals including birds. Harriet then returned to Edinburgh and worked as a taxonomist (identifying worms) which she didn't enjoy so she went back to America to complete an externship for a year. It was after this that she obtained a job at Durrell and it happened to be one that involved working with birds.

Describe yourself using three words?

I can only think of one, loud.

What exactly do you do?

Feed the birds, maintain the aviaries, give the birds any medication they need, hand rear some of the babies and some office work. I am also the stud book keeper for the pink pigeons (a stud book is a book containing data about the breeding of different species in different zoos).

What is the first task of each day?

Taking insect feeds to all the birds which is also a good way of checking on them.

What is the best thing about your job?

The animals. I love working with animals and when I stop doing this and have to work in the office I miss handling and feeding them.

What is the funniest thing that has ever happened to you at work?

I was trying to catch one of the birds and it pooped on my face. I wiped most of it off and was walking with another keeper who said that once a bird pooped in her mouth and she remembered how bitter it tasted, and at that moment, I licked the corner of my mouth which had a bitter taste!

What were your ambitions as a child?

I didn't know what I wanted to do, not even when I went to university. I applied for geography and as my subjects became more specialised I discovered I that I liked biology and the animal stuff, so I graduated in zoology.

What is your favourite animal and why?

I have favourite individuals rather than species. There are three: Homer, the Hornbill, because he is very interactive and entertaining; Sweetpea, the Turaco, because she is interested in what you are doing; and Tinkerbell, the Robinchat, because she is a very friendly bird.

Who do you work most closely with?

The bird department is split into two halves, one half is the 'wetlands' which includes the ducks, flamingos, cranes and parrots, and the other half is the 'softbills', which is the one I work on and includes all the smaller perching birds. In my half there are about 4 or 5 people that I work with.

What is the most difficult part of your job?

When a bird is suffering and you have to ask the vet if it is best to put them down. Sometimes you are really attached to them but it's not about you.

If you could work in any other department which one would it be and why?

The mammal department, not the apes though because I think that they are smarter than me! Perhaps the reptiles as well because they look cool.

What is your greatest achievement?

One I can think of is that when I was working in the Galapagos Islands my ability to speak Spanish improved, I was super happy about this.

What advice would you give to someone wanting to be a keeper?

Be prepared to work for free for a while, at some point you will be a volunteer or a student. You have to gain experience to get this job.

If you won the lottery (big money), would you still be a keeper?

I would probably take my work home with me. I would have a big property and have my own animals and donate lots of money to Durrell.

Has dealing with all these birds ever sent you a little cuckoo?

Yes, I'm mental but you have to be.

What are your aspirations for the future?

I have done a lot of travelling already with this job, I spent 6 months working in the Galapagos Islands and 3 and half months working in Mauritius so I can't aspire to much more than that really.

Facts:

Pets: 2 cats, Sunny and Lola

Favourite place in Jersey: Plemont

Favourite food: Pizza

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DOGS HUMP LEGS.... NOW CATS HUMP DOGS.

IT'S GREAT TO GET OFF THE ISLAND. TO GET A GLIMPSE OF THE REAL WORLD, TO SPREAD YOUR WINGS, TO HAVE NEW EXPERIENCES. WHY NOT A WEEKEND IN THE UK, A WEEK IN FRANCE? OH, THAT IS UNLESS YOU HAVE PETS. AS A RECENT NEW ENTRANT TO THE WORLD OF PET OWNERSHIP, THE COST AND COMPLEXITY CAME AS A BIT OF A SHOCK WHEN READYING MY FOUR LEGGED FRIEND FOR HIS FIRST 'VOYAGE'.

As dogs on the continent have the potential to be flea carrying, rabid, infested wild things, our wonderful domesticated '*chiens de manche*' need to jump through a few hoops before they're granted the right to get away. He or she will first need to hit their six-month milestone and visit the vet, scrabbling over the lino and dodging cats with limps and poorly ferrets in order to get the rabies injection necessary for travel. That's going to take you six months. After which, if they pass the test, your hairy companion will be issued with their wonderfully 'EU blue' coloured pet passport. The good thing is you're not going to get stung for a head forward, no smiling, badly taken passport photo; photos for pets are optional, but why not get one taken with comedy glasses and moustaches just for a laugh.

Once you've got a passport you're ready to go... surely? No. There are a few more things to consider. Firstly, due to the aforementioned rabid nature of your pet's continental cousins, you will need to visit a vet *en France* (or wherever you go) 24 to 48 hours prior to your return and get your dog checked to ensure he (or she) hasn't been experimenting and picked up any diseases during their stay. Now... sit down, here comes the good part. Conveniently, this can happen at any vet and takes only about 5 minutes. The bad thing is that it's going to cost you €63. In today's money that's £60. One of the two procedures that took place during this time involved my dog being fed a tablet, cunningly concealed in a dog treat (Dogs are easily fooled by food, idiots) and the vet actually let his 3 year old daughter administer it. I paid £30 for a three year old to feed a treat to my dog. It took her less than a minute. If she could get up to speed and administer them in a production line style she'll be clearing £1500 an hour, I'm sure of it. I never earnt like that at her age. It will no doubt distort her perception of the value of money. You know how kids like that end up - like Drew Barrymore after E.T. A rock star lifestyle or a drink and drug habit, no doubt aided in this case by the easy availability of ketamine in her working environment. Poor girl. Anyway...I digress. £60 to the vet (and his daughter), that much I can handle. Due to our weak pound that's what it costs for a dinner out in France these days anyway, but it was still a shock. Unfortunately that's not where our voyage of discovery ended.

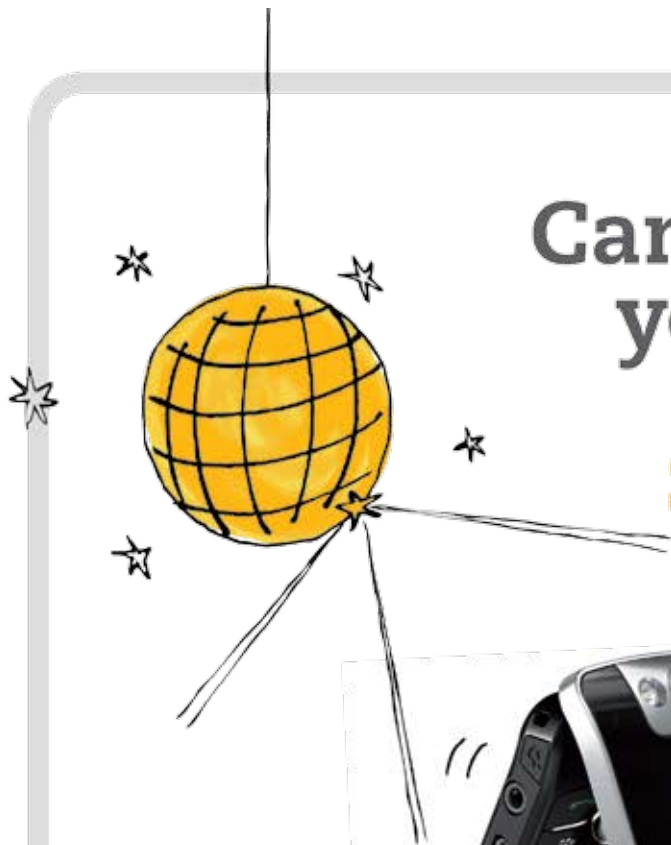
On returning to St Malo, we let the dog have a run on the beach, play with French people and even walk around the

slightly dowdy St Malo fair. Churros and crêpes everywhere, along with carnies and vans full of slightly B-grade consumer electronics, the enticement of which had galette-munching children ambitiously firing pellet guns at anything that moved. The dog looked bemused. So did we. We queued for the ferry. Now, bear in mind we'd already come over from Jersey on Condor. We didn't have much choice, as they're the only operator. Being the only operator affords you some advantages, such as being able to set the cost of your services pretty much without opposition. Services like, say... how much it would cost to leave your dog in the cardeck for a bumpy hour crossing. If you're a dog owner you no doubt already know the hilarious punchline to follow. For those of you that are not dog owners, have a guess. No, more than that. Yes, that's right - €36.

Now, let's put that in perspective. The dog doesn't get a club class seat, he doesn't get a seat at all. He doesn't get to opportunity to purchase a bottomless coffee or browse the duty free bargains. He doesn't get to play on the fruit machines or gaze off the back of the Cat (-amaran) at its impressive wake. To be honest, the onboard experience is sadly lacking for those of a canine persuasion. Why then does it cost £22 return to have a passenger travel in a car to France, utilising the wondrous facilities to their heart's content while poor Fido sits bouncing around in a car for the duration for €36 (one way, although return is the same)? Visitors from the UK to Jersey can get a return trip for about £22.50 these days. That's two crossings including all the benefits mentioned above, access to gift purchases and the offer of a hot dinner, all for almost half the cost of a Jersey dog's carbound trip to Baguetteland. *Sacre bleu*.

I can imagine the defense. Something to do with implementing systems et cetera. I know the 'Dr Sulu from Star Trek' style dog scanners probably cost a bit but once they're there it's a hell of a return on investment at €36 a scan. Why, oh why do Condor charge a dog, with its inability to earn its own living, such a premium for sitting on their car deck? I asked the lovely Condor employee in St Malo why they charged so much. She confessed to being a pet lover and had to charge because 'her supervisor makes her'. It's great to know that she empathises. She did try to console us by telling us that it was the same charge for a cat. A cat is probably half the weight, maybe I should just feel lucky I didn't get charged a canine fuel supplement. Back in Jersey the pet liason here agreed with her French counterpart, calling the price 'crazy'.

Next time you want to take a pet to France, get in touch. I can't help with the vet bill but at €36 a head I think I could create my very own Sunseeker version of Noah's Ark. Dog treats and balls of string would abound. A nautical canine and feline wonderland. I wouldn't even make people book in twos.



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me and
my pet

Jaana Morton & Millicent

Breed:

Millicent Pedigree Miniature Yorky
Jaana Mongrel. Half Finnish/British, bits of Polish, Transylvanian and Swedish thrown in to make a me

Age:

Millicent 2 and a bit
Jaana n/a

Likes:

Millicent Sunny days, smoked salmon, cosy places like my owner's bed preferably under the duvet, my hairdresser and many things pink
Jaana Everything to do with our business especially trade shows in Europe where we find many inspiring ranges and being at home, preparing special meals for all the family and housework gives me a great sense of satisfaction ... The list is endless

Hates:

Millicent Rain and wind interfering with my excursions and hair, men wearing hats, early mornings, being ignored when I look so appealing
Jaana Broken promises and all the things that Millicent dislikes

If you could be any human/animal what would you be:

Millicent Miss Yorkshire preparing to be Miss Britain
Jaana Millicent, her life any day!

Wants:

Millicent World Peace
Jaana Health, happiness and a successful business, sounds simple but not so easy is it?

Fascinating facts:

Millicent Can sleep upside down for enormous lengths of time and have to be really really persuaded to go out to spend a penny
Jaana Could only speak Finnish up to the age of 5

Most impressive thing ever done:

Millicent Tried to scale a vertical seawall at St Ouen to get to my owner
Jaana Took my PADI to prove that it can't be that hard even though I hate putting my head underwater and am claustrophobic

Animal Facts & Figures

A pig's orgasm lasts 30 minutes. (In my next life, I want to be a pig.)

A cockroach will live nine days without its head before it starves to death. (Creepy.)
(I'm still not over the pig.)

The male praying mantis cannot copulate while its head is attached to its body. The female initiates sex by ripping the male's head off. (Honey, I'm home. What the...?!)

The flea can jump 350 times its body length. It's like a human jumping the length of a football field.
(30 minutes... Lucky pig! Can you imagine?)

The catfish has over 27,000 taste buds. (What could be so tasty on the bottom of a pond?)

Some lions mate over 50 times a day.
(I still want to be a pig in my next life...quality over quantity)

Butterflies taste with their feet. (Something I always wanted to know.)

Elephants are the only animals that cannot jump.
(Okay, so that would be a good thing)

A cat's urine glows under a black light. (I wonder who was paid to figure that out?)

An ostrich's eye is bigger than its brain. (I know some people like that.)

Starfish have no brains
(I know some people like that too.)

Humans and dolphins are the only species that have sex for pleasure. (What about that pig??)

send us
your pets!

(not the actual pets, we've already got a dog and a penguin.. but if you'd like to be featured get in touch ceri@gallerymagazine.co.uk)





We have a penguin, they have oodles of animals. We're 50 issues old, they're 50 years old but, hell, it's the same number so we think it's definitely worth mentioning. Indeed, over the course of the last 50 years, Durrell has built up a worldwide reputation for its pioneering conservation techniques, developed under the leadership of its founder, the late renowned author and naturalist Gerald Durrell.

Making the right choice on how best to protect species requires clear, focused planning. Durrell has developed a science-based strategy to target areas of the world that are treasure troves of unique fauna. These TopSpots, covering less than one-fifth of the earth's land surface, harbour more than three-quarters of the world's special amphibians, reptiles, birds and mammals. Durrell has already saved six species from extinction, more than any other institution of comparable size, and is currently ensuring the survival of over 30 endangered species worldwide. This is through a combination of solid science and effective practical work, both undertaken at our headquarters in Jersey, seamlessly linked with our conservation activity at field sites around the world.

It's 2009 and Durrell Wildlife Conservation Trust is 50 years old. But while Durrell will be celebrating 50 years of existence, the Trust is also using this significant landmark as the reason to engage with all audiences, to ensure another 50 years of success in conservation.

Durrell has achieved so much. In Jersey, Durrell's major breeding firsts include: Alaotran gentle lemurs, Rodrigues and Livingstone's fruit bats, Rodrigues fody, Madagascan flat-tailed tortoises, Round Island boas and Montserrat mountain chicken frogs. Thanks to the generous support of our members and friends, the Trust has also brought a number of species back from the brink of extinction.

But this is only the tip of the iceberg. With the planet's biodiversity in desperate peril and in more need of help than ever, what we all do to contribute to the earth's health and wellbeing, including the protection and maintenance of vital species worldwide, will be critical.

**!t's
time**



How super is your mum?

Mother's Day is Sunday 22 March.

Let your mum know how super she really is by sending her a card that's handwritten and posted just for her.

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Cover Me...



Everyone started the year with good intentions. To be fitter, nicer, richer, better. But by March all but the most committed have fallen off the resolution wagon. So here we all are, a bit fatter than we hoped, and more broke than we'd planned. Body and soul are both a little jaded and the whole island is desperate for the first signs of spring. And what about the heart? How are all the relationships faring in 2009? Did Valentine's Day rock you (see February's edition)? Are you happy? Are you ready? Steady...

In Jersey, a place where most of the population is committed to pursuit of a high quality lifestyle, where we all like eating out, going to the beach, drinking wine and looking good, how committed are we to love? What does 'committed' even mean here? When you break it down there are a few key stages and I have to say, even though we are still definitely weirder than your average onshore community, I think we might be better at this sort of thing.

STAGE 1 GREAT EXPECTATIONS

This is the first stage of commitment. A certain amount of contact and attention is expected. Patterns of phoning, texting and generally spending time together are established. And you like it. Later, sure, it might become the thing that makes you unable to sleep as you drown in the misery of discontented mediocrity, dreaming of violence and wake gasping for air, but now, at the beginning, it's nice! In Jersey this engaging with each other seems to happen faster than in most places. Maybe we know it's valuable when you meet someone you like, who's also attractive enough to sleep with, and who likes you back. Onshore, with more spread out, wider options, the vague pre-expectation stage can last for literally months while you both shiftily check to see if there's anything better around. In Jersey, you know what's about, not a lot. If you find something good, you go for it. Usually.

STAGE 2 GOING PUBLIC

'Going Public' has 3 sub-stages

- a) Introducing the person to people you know using the term 'girlfriend' or 'boyfriend'
- b) Taking person to an event as a couple
- c) Changing your Facebook status to say "in a relationship with....."

Again, maybe it's our geography that forces the above situations (certainly A and B), but in Jersey this happens faster than the norm. I have a friend in the UK who still has not attended anything "as a couple" 18 months into her relationship. As for the Facebook thing, well, nothing geographical here, it's all about marking your territory, you may as well just wee on them.

STAGE 3 SHARING IS CARING

You now only get invited to things together. You might live together. Everyone says your names in twos – 'thingy and thingy'. Your socks often get mixed up and you're not even bothered! It's love. It's also that you live on a small island where everyone talks about you. But ah, bless!

STAGE 4 FOREVER, AND EVER...

It's permanent. You've gone and married them. Maybe you're even thinking of breeding. In the UK marriage statistics are heading down for the first time ever but in Jersey, we're still on the up, with more and more people getting married than ever. Why is this? Well, for one, we love parties, for two, it's very scenic and for three, we're not the sorts to ignore tax benefits. And, we're clearly a committed lot who believe marriage is a great institution. I hear so is St Saviours, but then, I'm single...

So what am I committed to at the moment? I don't even have a cat. When I think about marriage, the whole for better or for worse thing, in sickness, in health, I can't stop thinking about a quote from one of my all-time favourite films, Butch Cassidy & The Sundance Kid, where Sundance says to Etta "Listen, your job is to back me up, you'd starve without me!". And so, while at the moment I'm committed to nothing and no one, (except for a small posse of friends), I will ask the next man who rolls into town, this: "will you back me up?" and... "do you have a gun?"



THE WEDDING PLANNER

Signature Behaviour: Leaving a trail of artisan-fashioned rose petal confetti behind her as she makes her way back to her Wedding Fayre stand, between the toastmaster and the woman who does handmade wedding favours.

Distinctive Markings: Constantly ringing BlackBerry, an armful of buttonholes and a can of spray paint for the gold doves her latest bride has just requested.

Natural Enemies: Interfering Mothers of Brides

Mating Call: "Of course chocolate's far better than marzipan, but I just saw this divine cupcake wedding cake..."

"Congratulations... you're engaged! You're about to embark on the biggest adventure of your life – starting with your wedding day. It's a day to cherish forever, a fairy tale day you've probably been dreaming about since you were old enough to say 'tiara'. With Confetti, your wedding day dreams can become a reality..."

Arabella gave a deep contented sigh as she finished typing up the words for the new Confetti website and shut her pink laptop for the night. There's nothing Arabella loves more than thinking about weddings. It all began when she got her beloved Wedding Fantasy Barbie for her 7th birthday. With her sparkling veil, serene pink smile and shimmering dress covered in tiny pink roses, Arabella thought the Barbie bride was the most beautiful girl she'd ever seen. Wedding Fantasy Ken - who came with pink-trimmed morning suit – had to marry Barbie over and over again, with Skipper and the ugly Sindy acting as bridesmaids. As the years passed, the weddings got more and more ornate with horse-drawn carriages and wedding chapels made out of Weetabix boxes covered with paper doileys, but two things always remained the same. Wedding Fantasy Barbie had the most perfect day, and she never stopped smiling. And after organizing all her friend's weddings, Arabella realized that they were all just the same as her Barbie – they wanted a fairytale day, with nothing to disturb their perfect pink smile. It's no wonder that Confetti, her wedding planning agency has turned out to be such a success.

Arabella will stop at nothing to make sure her clients have the perfect wedding. Want a Mamma Mia themed

wedding during one of the wettest summers on record? 'No problem' purrs Arabella, as she tries to turn the White Cottage on windy St Ouen's Bay into something resembling a sunny Greek villa, and find a generator big enough to power the karaoke machine. This winter, it was all about Narnia, complete with snow machines and tame reindeer. It all went beautifully, apart from the disastrous wedding where someone left the ice sculpture table centrepieces too close to the heaters...

Everyone wants her as their wedding planner, because she's so meticulously organized. During the wedding day – or 'your special day' as she refers to it, Arabella wears her headpiece constantly to keep tabs on everything. It comes in handy for heading off disaster, like the time when the cake maker woke up hungover on one wedding morning and accidentally iced 'Congratulations on Your Weeding Day' onto all three tiers of the cake. Or when the one of the chihuahuas one bride had insisted on dressing up as her 'pageboys' went missing just before the ceremony. And Arabella always carries a wedding emergency kit in the back of her Range Rover - a hairdryer to dry out champagne stains, a substitute veil for those brides who insist on having their laser peel too close to their wedding day, and spare knickers for overexcited



flower girls, not to mention the powder and touché éclat needed when the bride discovers what the groom really got up to on his stag night. Not that they'll find out from her. She's so determined that her clients' weddings go well that she's provided a morning-after rescue service more than once for an errant groom who's woken up in the wrong place on the morning of his big day.

Arabella's been so busy with Confetti that when it comes to meeting her own Mr Right, she just hasn't had time. She thought it would be easier, after all, aren't weddings supposed to be the place to meet? The trouble is that while everyone else is thinking of love and romance, Arabella's just wondering where the peacocks have got to and whether anyone will notice that the vin d'honneur is cava and not champagne. And someone really ought to tell her that first-date conversation shouldn't revolve around which would be better – a summer or a winter wedding. After all, 'Wedding Fantasy Ken' was just that... a fantasy.

Editor's Disclaimer: The characters, incidents and names portrayed in this article are entirely fictitious, and any similarity to the name, character and history of any person, living or dead, is entirely coincidental. Some of the characters may have certain traits and/or mannerisms that may seem to suggest actual persons you know or have seen down the pub, but Gallery Magazine makes no claims that these traits exist at all or in this combination in any actual person.



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MISCELLANEOUS: QUIRKY STORES FROM AROUND THE WORLD

WARNING! ZOMBIES AHEAD!

US pranksters are hacking into electronic road signs to post hoax warnings such as "Nazi zombies" and "Raptors ahead".

The latest breach came during the morning rush hour near Collinsville, Illinois, where a sign was changed to "Daily lane closures due to zombies".

A day earlier, in Indiana's Hamilton County, the electronic message on a board in Carmel's construction zone warned drivers of "Raptors ahead".

And signs in Austin, Texas, recently flashed: "Nazi zombies! Run!!!" and "Zombies in area! Run".

Officials in Illinois are concerned the rewritten signs could distract motorists from heeding legitimate warnings.

"We understood it was a hoax, but at the same time those boards are there for a reason," said Joe Gasaway, an Illinois Department of Transportation supervisory field engineer.

"We don't want (drivers) being distracted by a funny sign."

Authorities haven't figured out how pranksters access the signs but Mr Gasaway believes the Illinois sign was changed remotely.



failbook

WIFE DUMPED ON FACEBOOK

A wife has spoken of her humiliation after she became the first woman to be "divorced" on Facebook.

Emma Brady claims she only found out her six-year marriage was over when her husband posted a message on the social networking site.

It simply said: "Neil Brady has ended his marriage to Emma Brady."

Emma, 39, only learned she was dumped when her best friend from Denmark phoned to see if she was OK.

Mum-of-one Emma, of Blackburn, said: "We were like any other couple. We had our ups and downs but as far as I knew things were fine between us."

"When I got the phone call I was shell-shocked. My first instinct was to phone him but my friends at work insisted I should speak to him face to face. He acted like everything was fine."

SNOWBALL?

Results of the top three snowmen of the year are in for your viewing pleasure, and what a trio they are!

In at number one this year we've got a composition depicting an amusing low level conga line arrangement where somebody has managed to end up facing the wrong way, the fool!

In second place we seem to have a snowperson attempting to access a hard to reach area.. on the top of a car, most probably for snow-gathering or clearing purposes one would assume.

Last, but of course, by no means least, image number three seems to be of two very tired snowpeople, maybe they've just been jogging. One has even collapsed they're so tired.

Okay, okay - we know, they're all sh*gging, the dirty things.



GIANT THUMB INVADERS PHOTOGRAPH IN USA

We've received shocking photos of a giant thumb getting in the way of an image of three drunken youths in America. We're sure you'll agree, the disturbing image here speaks for itself. The moral of the story? Keep your fingers away from the lense!



RED-FACED POLICE CRACK MYSTERY

Irish police chasing a Polish driver who had apparently committed more than 50 motoring offences have discovered the embarrassing truth.

Officers had been puzzled how the mysterious 'Prawo Jazdy' had always produced his documents - but with a different address each time.

However, they have now discovered that 'Prawo Jazdy' is Polish for driving licence, reports Metro.

An internal Garda memo, reported in Irish papers, said officers taking details of Polish traffic offenders had been mistakenly using 'Prawo Jazdy', printed in the top right corner of the driving licence, as the holder's name.

"Prawo Jazdy is actually the Polish for driving licence and not the first and surname on the licence," the police memo said.

"It is quite embarrassing to see the system has created Prawo Jazdy as a person with over 50 identities."

A Garda spokesman declined to comment on the reports.



Exhibit A, your honour - a Polish driving license. Easy mistake!

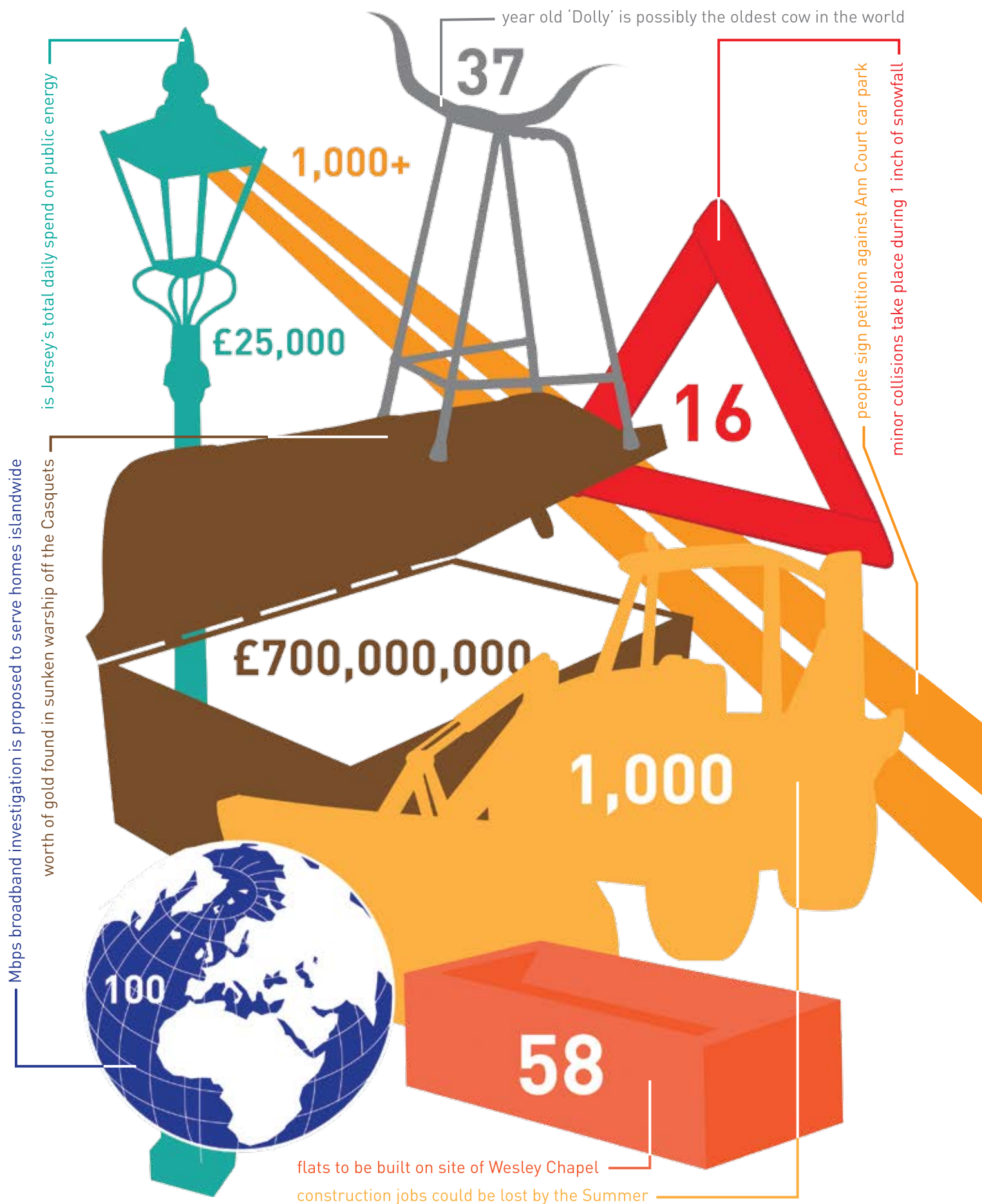
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JERSEY / THE MONTH IN NUMBERS



YOUR M&S



mother's
day

Sunday 22nd March



VAMPIRE SQUIDS AND ANGER MANAGEMENT

I reckon that the vampire squid is the best evidence yet that either i) God doesn't exist or ii) God, like the rest of us, occasionally wakes up in a bad mood and decides to take it out on someone else.

The difference being that instead of reducing a hapless employee to a quivering wreck or spitting in the boss's coffee, God creates and unleashes a horrifying nightmare creature upon an unsuspecting world before taking some ibuprofen and going back to bed.

Am I exaggerating? No. The scientific name for this beastie is *Vampyroteuthis Infernalis*, which literally translates as "vampire squid from hell". Now, if you consider how restrained scientists normally are when naming creatures, the fact that they think that the most accurate way of describing this one is as a blood-drinking monster from the flaming underworld should give you some idea of its awful nature.

Wikipedia helpfully adds: "Its gelatinous body varies in color between velvety jet-black and pale reddish, depending on location and lighting conditions. A webbing of skin connects its eight arms, each lined with rows of fleshy spines; the inside of this "cloak" is black. Its limpid, globular eyes—which appear red or blue, also depending on lighting—are proportionately the largest in the animal kingdom. Vampire Squid "fly" through the water by flapping their fins. Their powerful beak-like jaws are as white as ivory. If threatened, instead of ink, a sticky cloud of bioluminescent mucus containing innumerable orbs of blue light is ejected from the arm tips."

Gelatinous. Webbing. Eight Arms. Fleshy Spines. Giant eyes. Powerful beak-like jaws. Bioluminescent mucus. These are not words to inspire happy, carefree thoughts. These are words used by small children to describe the inhabitants of their most terrifying dreams (although I accept that most seven year olds might struggle with 'bioluminescent mucus'). Now, you may wonder why I have drawn such a delightful picture (and I apologize to any readers who are now going to avoid swimming in the sea for the foreseeable future). Please rest assured that the answer will follow later.

In the meantime, this month's case is a tragic tale – in summary, a nineteen-year-old American called George Baldwin who went to a party with three friends. Beer was drunk at the party. One of the teenagers decided to drive home after having a drink, and gave George a lift. The car crashed, leaving George a paraplegic. The driver was convicted of drink-driving. George sued for \$2.5 million dollars.

So far, so normal. In fact, even if you argue that in getting into the car with

I might even get sued for writing such awesome articles because someone might laugh out loud at the wrong time, end up accidentally offending a passing hypersensitive idiot and subsequently kill them in a bloody brawl.

a drunk driver, George was the partial author of his own misfortune, you can see that this is a case where someone has clearly suffered a great deal through the actions of another, and deserves compensation. However, there is a twist. The person George sued was Lauralee Pfeifer. Who wasn't the driver. Who wasn't at the party. Who didn't even know the party was happening. Who was in fact the mother of the girl who had hosted the party.

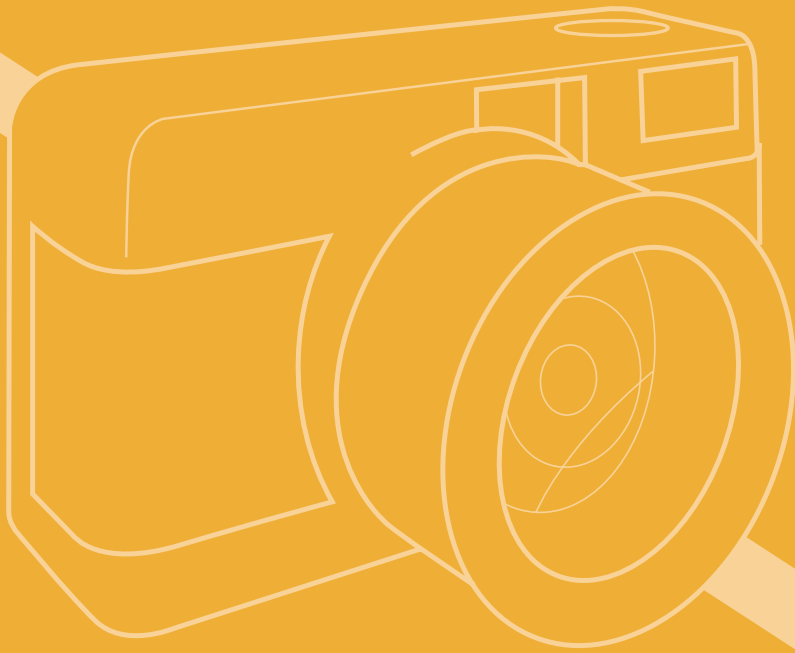
Patrick Salvi, who was Baldwin's lawyer, said Pfeifer's daughters, then 16 and 17, invited his client and other teenage friends for a party. He contended that despite repeated opportunities, Lauralee Pfeifer never tried to stop the teens from drinking beer and becoming intoxicated in an upstairs bedroom, and was therefore responsible for the consequences. He said, "I think the message should be there can be no tolerance of underage drinking in your home whatsoever." Despite Mrs Pfeifer arguing that she had no idea that they had sneaked beer into the house, her insurance company stepped in and settled the claim.

So – in the view of these particular morons, a nineteen-year-old man who can vote, marry, join the army and watch all kinds of freaky porn and horror films has so little responsibility for his own actions that merely allowing him the opportunity to have a drink in your own home makes you liable for anything that may happen to him – even if it's caused by another person's drink-driving. Using that argument, I suppose that at least he hadn't had sex and got someone pregnant – because then poor Mrs Pfeifer would be entirely responsible for the costs of raising the child for the next eighteen years. Because it would obviously be all her fault, and nothing at all to do with some halfwitted teenagers doing what halfwitted teenagers have always done – ie drink and do stupid things, with or without parental consent.

I might even get sued for writing such awesome articles because someone might laugh out loud at the wrong time, end up accidentally offending a passing hypersensitive idiot and subsequently kill them in a bloody brawl. And it would all be my fault – unless of course someone with a brain happened to be involved in the judicial process, in which case the matter would be booted so far from the courtroom that it might end up on Mars.

So, why the vampire squid? Well, after reading about this case, I was almost shaking with rage at the patent stupidity and injustice of it all. I was so angry that I spent a fair amount of time wondering what I would do to the persons involved – bar the Pfeifers, who have clearly suffered enough – if I ever met them (and had access to Dr Evil-style resources). After some consideration, I decided that I would have each of them tied up, suspended from a crane and slowly lowered (head-first) into an enormous tank of water. And what do you think would be in the tank, swarming towards the unprotected faces of the struggling victims? Exactly.

Advocate X has been asked by Jersey Tourism to point out that there have been no confirmed sightings of vampire squid off the coast of Jersey. And that you if you're bored at work, you can read an archive of Advocate X articles on the Gallery website – www.gallerymagazine.co.uk.



EVENTS



put it in your diary....

The event section is a popular one. People looking at people. It's what happens in Jersey and what Gallery is all about. If you've got a message to get across to our readers, you could place it here on a page all of your own. If you're a business looking for bold, cost effective advertising in a premium environment, give us a call and ask about the events banner.

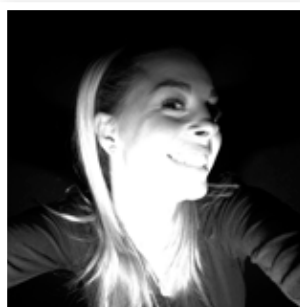
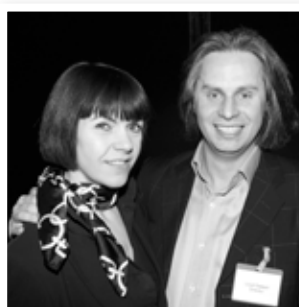
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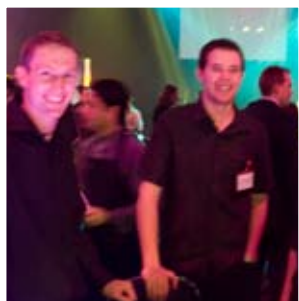
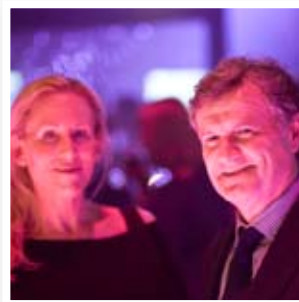
We're not saying that you need to include a girl like this in your advertising but it is our annual underwear shoot issue so we figured 'why not?'



Guns Blazing. Delta re-brand launch / 29•01•09



"After years of watching our clients enhance, change and recreate their brands we thought it was about time we looked at our own. The Delta 'man' logo has been around now for about 15 years. We hope the new brand reflects the evolution that has happened within Delta over the last year. We love it." **Simon Gasston, MD. Delta AV**



Delta AV unveiled their new refreshed brand at an exclusive party hosted by the team in their private lounge bar especially created within the Hotel de France last month.

Over 250 guests attended the event where they were invited to join the 'Pit Girls' and race on the large scale Scaletrix, or for more interactive fun compete against each other at 'Olympic

Sports' on two Nintendo Wii's with enormous 60" plasmas with screens. Specially created fayre included mini burgers, fish and chips and toad in the hole.

The new look, including updated logo was revealed with a spectacular display of 'running men' - The Parkour Guys, using Delta vehicles sporting the new livery as props.

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Airtel

vodafone

Terms And Conditions Berni Gallery : 09.02.09



Terms and Conditions was held to celebrate the launch of the Hautlieu School Creative Arts Exhibition at The Jersey Arts Centre.

The multi-media exhibition the Creative Arts Faculty includes recent work by Jamie Cole, Martin Toft, Jacque Rutter, Sacha Goodwin, Corey Moore and Gary

Grimshaw. The whole of the Berni Gallery was filled with people keen to see the latest work from this group of talented local artists.

Brown Brothers Wines Wine Tasting Salty Dog : 05.02.09



Brown Brothers Wines Wine Tasting and Gourmet Dinner at The Salty Dog

The event kicked off at 6pm, with Brown Brothers' Wine Educator Steve Kline, a founder of the Australian Society of Wine Educators, hosting the tasting to introduce Brown Brothers' innovative new wines. Steve joined Brown Brothers in 1985, and is one

of Australia's most experienced and knowledgeable wine authorities.

Everyone sat around sampling the fantastic wines and choosing their favourites whilst listening to Steve's interesting tales of how the wines were developed. Then several more guests arrived and everyone enjoyed a glass of sparkling wine and moved

through to the restaurant for dinner. Actually, 'dinner' doesn't really do justice to the feast that then followed!

Before each course Steve stood up and talked about the wine which he had chosen to compliment the food. The whole evening was a great success and went on until the small hours.

Quaisne Beach Clean Quaisne : 22.02.09



We are delighted to be able to bring our commitment to the local environment to a wider audience in this way, and are thrilled with the amount of support we have received so far from people who have expressed an interest in taking part in the beach clean initiative," **Iain Williams, CEO of Airtel-Vodafone**

We like to see the big companies on the Island actually getting involved with their increasingly eco stances first hand. That's certainly the case for Airtel-Vodafone, who are taking their commitment to the environment to the parishes this year. The 'Your Parish' campaign focuses on one local parish each month and this year parish residents will also be getting their hands dirty with Airtel-Vodafone in a monthly beach clean. The first beach clean in the series took place on Quaisne beach in St Brelade on 22nd February, in association with Margaret Holland-Becket who campaigns on behalf of St Brelade in Bloom and runs the Jersey Stop the Drop litter campaign.

As part of the eco orientation, each month, they will also be holding a mobile phone surgery in the chosen parish. At the event Airtel-Vodafone will be providing mobile phone recycling bins as part of their partnership with Greener Solutions. Parishioners will be able to bring in old and unwanted phones which will then be recycled for re-use in third world countries. The mobile phone surgery will be an extension of the highly popular "Get Going" courses currently running at Highlands College. Experts will be on hand to answer any questions parishioners might have about using a mobile phone. "We are delighted to be able to bring our

commitment to the local environment to a wider audience in this way, and are thrilled with the amount of support we have received so far from people who have expressed an interest in taking part in the beach clean initiative," says Iain Williams, CEO of Airtel-Vodafone. "The mobile phone surgeries are a good way for us to make use of end of life mobile phones, which we see as part of our responsibilities as a mobile services provider. There is a huge third world market for telecommunications devices and in some instances they can be the difference between life and death. Our partnership with Greener Solutions is a great way in which to facilitate this process."

The beach cleans will be open to all parishioners. Attendees will need to be dressed appropriately, and armed with a pair of Marigolds! Bins and rubbish bags will of course be provided.

As a registered Eco-Active business, Airtel-Vodafone is committed to being an environmentally responsible business, continuously working towards improving its environmental credentials and limiting wherever possible its impact on the environment. Look out for the beach cleans each month

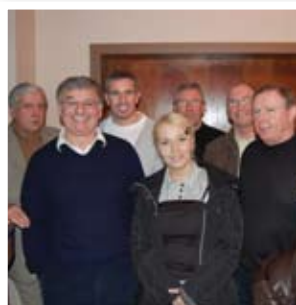
Do you like going out, meeting people, socialising and journalism? we want you.

You don't have to be David Bailey to go out and out take shots like the ones above, you just need to be friendly, outgoing and have a desire to go out to parties and events. We're looking for a new snapper for ad hoc work covering events like the ones shown here. You'll go to events as the gallery representative and choose the shots to go on these pages. Easy as pie. Interested? give us a call on 811100 or email snapper@gallerymagazine.co.uk

you will have to be 18 unfortunately.

gallerysnapper

Weigh In. Royal Yacht : 13.02.09



It's not often Jersey gets the jump on Vegas. Last month's boxing fixture saw Jersey host an event that has been held in Vegas for the last few years. We dropped in to The Royal Yacht to see who was at the weigh-in of Clinton Woods and Elvir Muriqi. The whole of the Royal Yacht Drift Bar was full of excited guests keen to see these two boxing champions going head to head. There was a fantastic buzz as camera crews circled the stage and stunning 'ring-girls' moved through the crowds.

Once on stage Clinton Woods, (wearing just a pair of Union Jack boxers!) and Elvir Muriqi squared up to each other and a lot of 'tough-talk' went on, much to the delight of the excited audience. They handled the comical heckling quite well too.

The whole evening was a prelude to the St Valentine's Day Massacre which was held at the Hotel de France the next day; where Clinton Woods was victorious.

Got an event that you'd like covered? Let us know by emailing events@gallerymagazine.co.uk





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Escape...



The honeymoon of your dreams can easily become a reality. It does not have to be restricted to one destination and it can be adapted to fit your expectations and requirements.

You may be seeking a type of honeymoon which could include, the 'beach honeymoon', if you want to escape to a beautiful or exotic location; the 'active honeymoon', if you like anything from horse riding to bungee jumping; and the 'family honeymoon', if you want to enjoy the company of your children. With Travelmaker, you can tailor-make your honeymoon and they will cater to your every need. Whether you have something specific in mind or just a rough idea, Travelmaker will custom your honeymoon to whatever your budget may be. If you are thinking to yourself, "I'm too busy in my lunch hour to sort this out", they will even come to your house or office free of charge to discuss the options available to you and start creating your honeymoon. Best of all, Travelmaker are experienced in knowing where to go and when, according to the time you get married and the kind of honeymoon you want. Currently, the most popular places to go on honeymoon include: Italy, Mauritius, the Maldives, the Seychelles, the Caribbean, South Africa and Thailand.

Commence your honeymoon instantaneously by tying the knot abroad. Travelmaker can organise your marriage or civil partnership for you and are very familiar with all the legal and other requirements that need to be taken into account and can also advise you on the costs involved. Popular places to get married include Italy, Cyprus and the US. Getting married away from home is generally a more inexpensive option because in most cases, you will not have to pay for the reception, marriage certificates or licence fees and it is usually feasible to have your close family and friends join you without spending a fortune.

Mauritius

Mauritius is an idyllic island situated in the Indian Ocean. If you are looking for heat, beaches with white sand and clear waters, watersports, nightlife and a varied choice of cuisine then it may be the perfect choice for your honeymoon.

Best time to go: January or June.

Example:

A 7 night stay at The Residence (5*) (receive complimentary accommodation for the bride, exotic fresh fruit, champagne, a catamaran cruise excursion and other extras).

Price: Half board basis with return flights business class from London, total cost of approximately £6,000 or, half board basis with return flights economy class from London, total cost of approximately £3,879.

Company: Sunset Faraway Holidays

Kenya

Kenya offers a diverse and dramatic landscape with plenty of wildlife. You are most likely to want to explore Kenya by safari and this will also allow you to get up close and personal to the animals (elephants, lions, flamingos, rhinos, zebras etc). An alternative is to observe the scenery by hot air balloon. Perhaps you want the safari adventure but also some time to unwind and relax, if so, you could head to the coast and enjoy some of Kenya's stunning beaches and pamper yourself by staying in a luxury resort or hotel.

Best time to go: August or November

Example:

A 7 night Samburu Safari followed by a 7 night stay in Mombasa at the Cove Luxury Tree House (5*)

Price: total cost of approximately £5,678 with return flights from London.

Current promotion: for any holiday booked with Somak Holidays: if you purchase a hot air balloon ride for one person, another person can go free (worth £265)

Company: Somak Holidays

Cyprus

Cyprus is the third largest island in the Mediterranean. Here you can lie on the beach, horse ride, play golf, turtle watch, go diving, do some mountain biking, go shopping and have a night out clubbing. This is also an island with plenty of historic sites to visit such as the old cities of Nicosia and Famagusta.

Best time to go: May or October

Example:

A 7 night stay in Paphos at the Elysium Resort (5*)

Price: total cost of approximately £1,394 with return flights from London.

For those wishing to get married in Cyprus and wanting some extras (i.e. photos, cake, wedding car etc) added onto their basic price, there is a choice of a bronze, silver or gold wedding package.

Company: Olympic Holidays.

can organise shore excursions for you. Cruising is a great option for the 'family honeymoon' as there are youth and teen centres on board. There is always a large variety of food and some form of entertainment throughout the day. All cruise ships vary but most of them include shops, discos, theatres, cinemas, casinos, libraries, choice of restaurants and bars, pools and spa. Therefore, your days at sea give you a chance to enjoy what the ship has to offer. If you want to extend your honeymoon and take the time to explore a certain destination, you could combine your cruise with a stay.

Best time to go: December, January, February, March, April or May

Example:

A 14 night Grand Caribbean Cruise on the Sea Princess

Price: Based on a deluxe room with balcony and return flights from London, total cost of approximately £4,000.00

If getting married on board, extra \$1,500 and \$245 for marriage licence (tie the knot harbour side package)

Company: Princess Cruises

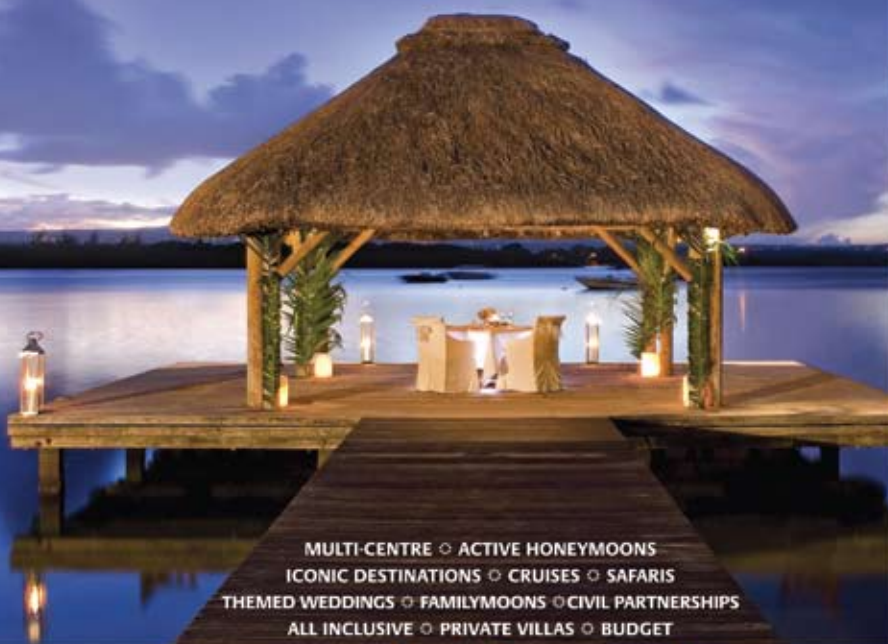
Caribbean Cruise

Wake up to a different tropical island practically every day! You can lie on picturesque beaches and soak up the sun, snorkel, dive, dolphin watch, shop, take island tours either by 4x4/ helicopter/bus, walk through rain forests, see volcanoes etc. The ship



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IT BEGAN... IN AFRICA

Words: Claire Campbell

WHEN I PLANNED TO GO TO SOUTH AFRICA, I HAD NO PRECONCEPTIONS OR HIGH EXPECTATIONS AS IT WAS NEVER TOP OF MY LIST OF COUNTRIES TO VISIT. APARTHEID, SAFARIS AND SHARK ATTACKS WERE ABOUT THE EXTENT OF MY KNOWLEDGE OF THE COUNTRY.

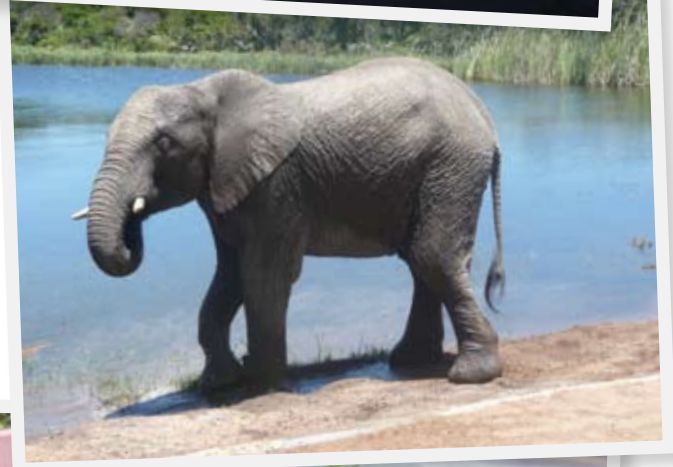
South Africa is a huge country with such diversity. I was overwhelmed by its beauty and unspoilt coastline, and ashamed of my lack of political and cultural history. Despite ongoing problems with racism, which have slowly begun to improve in South Africa, the locals were extremely welcoming and I felt completely safe whilst traveling along the coast. I would still say common sense is important; as a female don't go out at night unless it is in a group, don't travel by car at night and probably avoid trains after a certain time too.

There are so many various types of holidays to choose from but I opted for a coastal adventure. My route was Durban to Cape Town passing through Kwazulu Natal, along the Eastern Cape and Wild Coast, and finally down the Garden Route. A total of 791 miles and just over 3 weeks to do it in.

When I told my South African flatmate I was planning to stay in hostels his reply was 'do you want to get murdered? I have never even heard of a hostel in South Africa'. So to satisfy my inquisitive nature, backpacking and hostels was my method of choice.

You hear of people backpacking around Australia, Europe, Asia and South America but I had only met one person who had done it in South Africa. I felt uneasy, was this because it was so bad no-one wanted to do it or so good they wanted to keep it a secret? We decided to take The Baz Bus, not only for the imaginative name (any bus named Baz deserves to be ridden on), but the hop on hop off option is great for travellers looking for a safe and flexible way to get around. A tip if you choose this option; book each leg several days in advance, it is a small bus and if it is a busy time and you are on a tight schedule you may not always be able to fit on. It also recommends hostels and conveniently drops you from one to another.

After only one night in Durban and re-united with my travel companion, I decided, despite the great curries, it wasn't the place for me and on the Baz Bus we went.



10 MUST DO'S BETWEEN DURBAN AND CAPE TOWN

VISIT A XHOSA VILLAGE ON THE WILD COAST

Our first stop was Coffee Bay, a small community over an hour and a half drive in the hostel taxi away from Umtata. Far removed from the cities of Cape Town and Jo'berg, there is not much more than round huts inhabited by the Xhosa people, a campsite, general store, a pizzeria and several types of accommodation. The coast is stunning, with a must do short hike to the Hole-in-the-Wall - a remarkable piece of rock that's had a huge hole eroded through it. The green hills roll onto the untouched beaches at coffee bay, where the surf is good. We stayed in the Coffee Shack, a hostel well known for its parties, yummy food and probably the cheapest surf lessons in the world (approx £1.50 for a couple of hours). Something you must do whilst on this coast is visit a local village and learn how to click. (the sound they make to speak their language). Joseph our guide took us on a walk through the rolling hills and to the huts where his family lived. We learnt about their day to day life and had lunch with them. He then took us to an intoxicated witch doctor, followed by a trip to the local shebeen to drink homemade beer with some equally intoxicated locals. Shebeens were originally an important place for black Africans to meet in black townships to discuss political issues, dance and listen to music during the apartheid. A must if you want to experience the heart of local culture.

STAY AT ADDO ELEPHANT PARK

Situated in the valley near the Sundays River region of the Eastern Cape, Addo Elephant National Park was proclaimed in 1931 when only 11 elephants remained there. Today it is the third largest park in South Africa - a sanctuary to over 450 elephants Cape buffalo and black rhino. There is a huge range of activities

including 4x4 trails, hiking, horse-riding and the highlight of watching the elephants from your lodge who come to drink from the river.

SURFING IN JEFFERIES BAY

J'Bay has been a world renowned surfing spot since the 60s, creating waves up to 800m in length. The coast is scattered with sand dunes, and between June and August surfers from all around the world come in search of the perfect wave, although the swell can reach the coast as early as April. There isn't a lot of surf in December, which is great for beginners. But if you are dying to get on a board then lots of tour operators offer sand boarding as an alternative way to spend a morning or afternoon. Go when it's dry and hot otherwise you'll end up sticking to the sand.

EAT SEAFOOD IN KNYSNA

Knysna has possibly the most striking geological head lands on the south African coast, through which the sea pours into a pretty lagoon. It is one of the best known holiday destinations offering many attractions including the indigenous forest, the Milwood goldmines and Buffalo Bay if you want to hit the beach. One of my highlights of Knysna was the abundance of seafood restaurants offering a huge variety of fresh dishes. I would highly recommend 34 Degrees South (www.34-south.com); a restaurant / deli / bar, which in my opinion serves some of the most mind blowing seafood and tapas dishes I have ever tasted using combinations of ingredients I had never seen before. With a relaxed café style atmosphere, it's worth a visit.

BUNGEE JUMP IN PLETTENBURG BAY

Not for the faint hearted, BLOUKRANS BRIDGE is set at 216m and is the highest commercially operating bungee in the world. Along the garden route,

it is about 40km east of Plettenburg Bay if you want a nice place to stop over at. Bloukrans utilizes pendulum bungee technology ensuring you the smoothest, most comfortable bungee jump possible.

RIDE AN OSTRICH IN OUTSHORN

Hire an old beetle for the day (from approx £10) and drive through the Karoo mountain range to Outshorn. It is famous for its huge ostrich population and there are an abundance of ostrich farms where you interact with and ride an ostrich - how many people can say they've done that? They are the tallest living birds on the planet and the second fastest animal after the cheetah. Ostriches will peck anything, their claws are sharp, and the only way off is falling off the back into the arms of the jockeys. Riding them is completely at your own risk (we were assured the animals aren't harmed in any way)... but just imagine riding a sprinting chicken. If you're not feeling brave enough - just watch your friends, it will give you a laugh to last a lifetime.

While you're up there, try and visit the Kango caves as well - an underground maze of limestone caves. If you suffer from claustrophobia, avoid the adventure tour though!

WINE-TASTING IN STELLENBOSCH

Have a hearty breakfast before you set off. We did an easyrider day tour of the area. For approximately £30 we visited 5 vineyards in the wine region starting with

Simonsig Wine Farm, then onto Paarl to sample some cheese, Fairview, lunch in Franschhoek, Dieu Donn - a less touristy vineyard with spectacular views and finishing in Boschendal Wine Estate, one of the region's original vineyards. 25 wines later you will get home - well informed and probably drunk.

PICNIC ON TABLE MOUNTAIN AT SUNSET

It's hard to plan anything in Cape Town as many attractions are weather dependant; visiting Table Mountain being one of them. For those of you not hiking inclined, take the revolving cable car up. The time of year also determines opening and closing times. In South African summertime the days are longer and the cable car open later. I can't think of a better time to go up and experience the breathtaking views from the top of Table Mountain other than sunset. Take a picnic and some Savannahs (the local cider) and enjoy the Cape in the day, as the sun goes down and the city starts to light up after dark. It is half the price but remember to take a jumper, once the sun goes down it can get cold all the way up there.

TOUR THE CAPE PENINSULA

Take a day to visit the Cape Peninsula. There are some beautiful bays including Camps and False Bay with Table Mountain as a stunning back drop. Visit the penguin colony at Boulder Bay and walk along from the Cape of Good Hope (the most Southern East point of the country) to Cape Point. Even if you are not a big walker, this is well worth the effort. If it is the right time of year, you may be lucky enough to spot sharks and whales off the coast.

BE TRENDY

The contrast between Cape Town and the villages on the wild coast is so big. Soaking up the atmosphere is a great way to spend your time in Cape Town. Gardens near the foot of Table Mountain is a trendy area of the city, where fashionable and creative people go to eat breakfast in Arnolds, drink cocktails in chic bars and shop in boutiques. We stayed in Ashanti Lodge; a Spanish villa style hostel complete with swimming pool and a loo with a view. To the bottom end of Gardens, the road meets Long Street; one of the oldest streets in Cape Town. Recognised by Victorian buildings and cast iron railings, Long Street is colourful and lively with people, bars, hostels, clubs, shops and restaurants such the 'must eat at' Mama Africa – just make sure you book beforehand. Long Street can get a little seedy at night, so keep your eyes on your money!

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ESCAPE TO CAPE VERDE...

In less than six hours' flying time, you could be relaxing on glorious white sand beaches, under the warm skies of Cape Verde.

Situated off the West coast of Africa, with average year round temperatures rarely falling below the high twenties, Cape Verde is perfect for those seeking spectacular beaches and interesting culture.

Thanks to North East trade winds, the islands are an excellent choice to experience exhilarating water sports, including kite and wind surfing. Sal, the main tourist island offers a good selection of restaurants, alongside beautiful beaches.

For a more tranquil beach holiday, the island of Boa Vista is said to be the third most important loggerhead nesting site in the world.

In contrast, Sao Vicente boasts vibrant nightlife and is classed as the 'cultural' centre of the archipelago. Lively nightlife can also be found on Santiago, the most developed of the islands.

Inter-island day trips by aircraft are an excellent way of experiencing a taste of other islands, and island tours are also available.



Nightlife in Cape Verde generally stems from live music with African, Brazilian and Cape Verdean influences. Grogue, an alcoholic beverage made from sugar cane, is a speciality here, with its sweet variation known as punch. It is distilled on Santa Antao and Santiago, and to soak it up, a well established dish on the menu is tuna with rice and deep-fried potatoes. Langoustines must definitely be given a try: these are to be found in deep waters and weigh up to 5 kg. Whether grilled, eaten raw or 'soado', steamed in a sauce made from tomato puree, garlic and onions, the lobster without pincers remains culinary poetry!

For spectacular mountain scenery and hiking opportunities, choose Santa Antao, or the island of Fogo which is home to an active volcano.

Little Escapes, your independent local online travel agent, can book your holiday to Cape Verde from as little as £699pp.

For more information call 869078, or visit www.littleescapes.travel

Everyone deserves a little escape now and again...



ART & CULTURE

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Visit.....Shop.....relax in the Café



You are invited to come to
the Opening Party of...

Jersey Textile Showcase 2009
Tuesday 10th March, 6.30 - 8.30pm



THE JERSEY TEXTILE SHOWCASE 2009

Yes it's March again! That means time for The Harbour Gallery's Jersey Textile Showcase. 2009, which is the biggest event of its kind in the South of England and Channel Islands.

In case you've missed it for the last five years, Jersey's Textile Showcase is a huge event in the art calendar with a mixture of workshops and nine major exhibitions from both local and guest artists.

The event will be opened on the 10th March by David de Carteret, director of Tourism and Marketing with an exhibition of life drawing by Diane Bates entitled Body Form. There will also be a walk around fashion show by Suki Cartwright, Pari designs and island knitwear from Oban.

Other exhibitions include bonnets made in Jersey as part of Roses from the Heart, a project instigated by Christina Henri from Tasmania celebrating the lives of convict women deported to Australia. Colours in Nature is an exhibition by Jenny Mahy from Guernsey, last year's competition winner and also an exhibition of Primary School Art Textiles and another of A Level Art Textiles.

The Harbour Gallery will also be welcoming back the Diversity textile group for an exhibition of textiles. If you want to give textiles a go yourself then there will be plenty of opportunity

with the organised workshops running through this period.

There will also be a whole host of works by contemporary textile artists from Jersey including Sarah Jordan, Lisa MacDonald, Christine Witham, Naomi Renouf, Rosemary Blackmore, some who now have work exhibited in UK galleries and magazines. That's not forgetting the newcomers as well!

There are five workshops taking place in the mornings and afternoons, taken by experienced tutors from the UK including Ruth Issett, Gina Ferrari, Margaret Beal, Jennie Rayment, Cas Holmes, Karen Veck and Paddy Killer.

There will be a St Aubin Farm and Craft Market on the Square from 10am to 2pm on Saturday 14th and concluding the showcase will be the annual gala dinner at The Somerville Hotel on Thursday the 12th. The showcase is definitely a date for your calendar.

**OPENING TUESDAY 10TH MARCH
6.30 - 8.30PM UNTIL SUNDAY
15TH MARCH AT THE HARBOUR
GALLERY AND ASSOCIATED
VENUES IN ST. AUBIN**



CHAMBERS COMEDY COURTROOM

I had heard there was a comedy night in Jersey but had never mustered up the courage to go to one. You know there is the possibility you may get picked on and even if you don't have anything wrong with you; they WILL find something, and that's precisely what happened in February.

On the first Monday of each month, Chambers hold their monthly comedy night, inviting guest comedians from the UK. The night includes an MC, warm up and main act. The Monday I was there, snow decided to descend on the UK and only the main act Paul Foot made it to Jersey. Great! A whole show from the main act; that very rarely happens.

I had read Paul Foot was a 'surreal and flamboyant one-off', which he indeed was. I couldn't take my eyes off his silver bowling shoes as he warmed up with some silliness which gradually flew off into fantasy and the hunt for a heterosexual male in Jersey. With some audience participation, Chambers became the Chambers homosexual courtroom., and we were eventually reduced to tears of laughter when members of the male audience were subjected to a dry humping from Paul followed by a mime (with words) about a kestrel hunter and a lady on a black horse.....

With acts flown in from the UK each month we recommend this night for anyone with a sense of humour, who isn't easily offended but make sure you book a table in advance if you don't want find yourself standing for the duration. They also do a dinner menu if you fancy a bite beforehand.

My Name is

Lisa MacDonald

My job is

textile artist but I also run Faeries and Frogs at the Harbour Gallery and Art in the Bag with Jo Preston.

The best job in the world would be

the above but with more room and staff!

My worst habit is

blaming dogface

If I could change one thing in my life it would be

the money and lifestyle to go traveling when I wanted

If I had to only eat one kind of food for the rest of my life it would be

fresh vegetables but I'd miss chocolate and Alison's cake.

This is a self-portrait of myself



In bed I wear

myself out

If I could be a celebrity for a day, it would be

wierd

The best time of year is

Christmas

All is fair in love and war. True or false?

False-war rarely fair

The best advice I've ever been given is

"Marry Simon!"

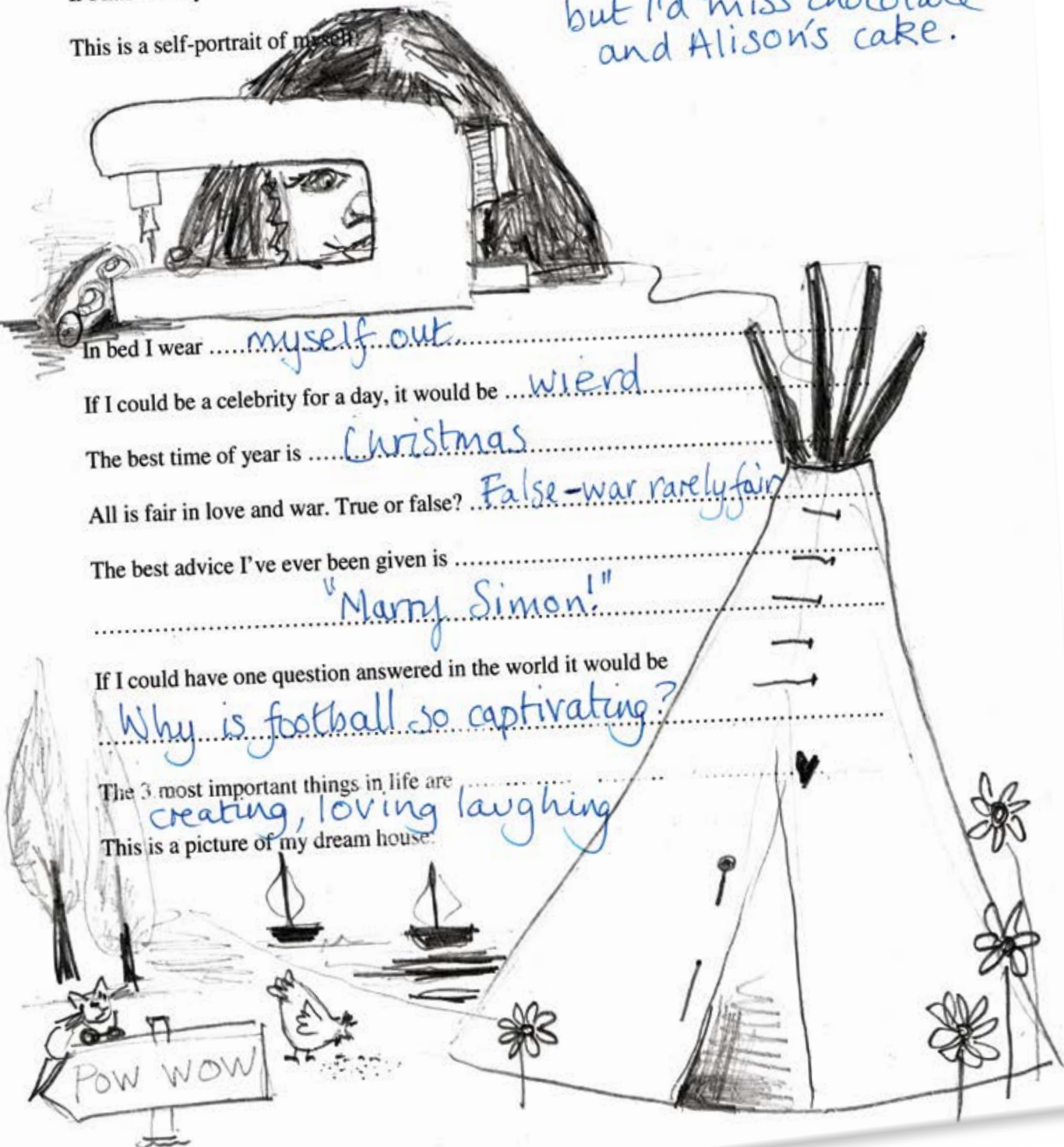
If I could have one question answered in the world it would be

Why is football so captivating?

The 3 most important things in life are

creating, loving laughing

This is a picture of my dream house



INSIDE OUT

The second half of March sees the first exhibition of its kind in Jersey. Under the guidance of art teacher Lucy Blackmore, prisoners at H.M.P La Moye have been working towards an exhibition entitled Inside Out.

With a new education programme, the weekly art classes have given prisoners, some who had no previous art experience, a chance to build their confidence and discover new talents. Using a mixture of mediums, the artists have been working since May 2008 towards open college network certificates.

A recent visit from Lieutenant Andrew Ridgeway and Mrs Valerie Ridgeway to the prison, eventually led to the creation of this exhibition. After seeing some of the work the prisoners were producing, Mrs Ridgeway, a patron of The Harbour Gallery, encouraged them to organise a place for the public to see their work.

Sponsored by the Jersey Arts Trust and Gallery Magazine, Lucy tells me the artists are very excited about this exhibition and having something to work towards has given them all focus. Art classes have been offered to all wings, resulting in

work from different age ranges and varied backgrounds; giving a diverse variety of styles and themes.

Art has been a release for many of these prisoners from their daily routines, with the art room being a relaxed place for them to go. For those that find it difficult to engage in other subjects, it has been a huge confidence builder and something for them to look forward to.

The work will be available to buy with a percentage going towards art materials for the prison and a percentage also going towards the 'Prison? Me? No Way' charity which was set up to educate and dissuade young people from crime.

**PREVIEW THURSDAY 19TH MARCH
6.30 – 8.30PM
CONTINUES UNTIL THE
29TH MARCH AT THE
HARBOUR GALLERY**

CLOCKWISE FROM LEFT:

JOHN LENNON IS PART OF A SERIES OF ICONS AND MUSICAL IDOLS FROM THIS ARTIST. THESE REFLECT DIFFERENT PERIODS IN TIME INCLUDING ONE OF BARACK OBAMA REPRESENTING THE PRESENT.

THIS PIECE IS INSPIRED BY THE FILM TAXI DRIVER. THE ARTIST IS A FAN OF ROBERT DE NIRO AND IS HOPING TO COMPLETE A SERIES OF FILM-INSPIRED PAINTINGS.

THIS ARTIST HAS BEEN INSPIRED BY THE ARTIST RALPH STEADMAN IN HIS INDIAN INK AND ACRYLIC ARTWORK. HE WANTED TO DO SOMETHING DIFFERENT AND NON-CONFORMIST.



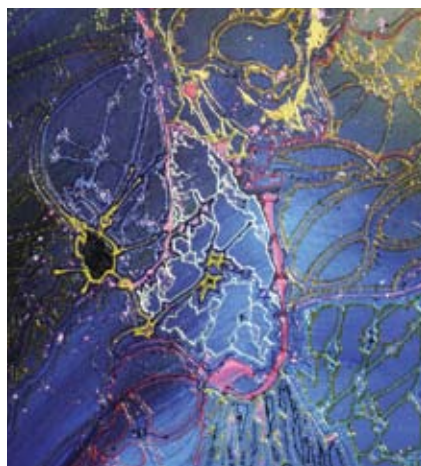
CLAIRE ORMSBY'S PROPHECIES

Several years ago we featured 2006's JJ Fox award winner Claire Ormsby in her Jewelality exhibition. After several months off from her all-consuming work, she's involved herself in other projects including the coastline campaign, exhibiting her work in Portugal, and developing an art retreat just south of St Malo (www.holidaygitesfrance.com), Clare is back with a double whammy of two very different exhibitions at The Arts Centre.

A culmination of six months' hard work, Prophecies at The Berni Gallery is a spiritually based exhibition made up of acrylic and coloured glue detail presented as fine art on large canvases. She wanted a more formal exhibition that would impress and impact on viewers using big and epic pieces with strong themes and key moments behind them. For example one represents the Four Horseman of the Apocalypse, and another Samson destroying the Temple. In a move away from previous work which has been considered beautiful, Clare says, 'I wanted to do something abstract but with a point to it. It's about the individual piece but also about the impact of them as a whole. They have a heart of darkness... edgy but hopefully still beautiful'.

Her second exhibition will also be at The Arts Centre but downstairs in the Bar Gallery. Perfect placed to check out if you are stopping for a coffee or lunch, 'Joy' represents Clare's aim to get some colours down and have some fun with 'an onslaught of colour... some are more peaceful and serene with some hellish ones!'

**PREVIEW MONDAY 23RD MARCH 5.30 - 7PM, ALL WELCOME
23RD MARCH - 18TH APRIL / JERSEY ARTS CENTRE / FREE**



showing

at the Jersey Opera House this month

Jersey Young Musician of the Year 2009 Final Saturday 7th March

The seventeenth Final of this fiercely fought annual event, sponsored once again by PricewaterhouseCoopers and organised by the Jersey Instrumental Service, comes to the Jersey Opera House for the very first time.

Henri Oguike Dance Company Thursday 12th March

Celebrates its 10th Anniversary with a retrospective programme of some of the best works by award-winning choreographer Henri Oguike. Featuring live music from The Pavão Quartet (Classical Brit Award nominees 2008) and a screening of Oguike's mesmerising dance-film FALLING.

Paul Jones and Digby Fairweather Saturday 14th March

Don't miss this top-of-the-bill presentation setting a rock icon alongside Britain's newest poll winning jazz band.



Raymond Gubbay presents Swan Lake/Giselle/The Nutcracker Performed by The Russian State Ballet and Orchestra of Siberia

Monday 16th - 21st March

Do not miss this opportunity to relish in the splendour and beauty of three magnificent, magical and breathtaking ballets accompanied by a live orchestra.



Calibre Productions present The 25th Anniversary Production of 'Allo 'Allo! Monday 23rd - Friday 27th March

With a star-studded cast including Vicki Michelle (Yvette in the original series) and Jeffrey Holland (Hi-De-Hi), this stunning new stage production follows the hilarious adventures of René, a hapless café owner in war-torn occupied France, as he and his wife Edith struggle to keep a priceless portrait stolen by the Nazis and hidden in a sausage in their cellar.



Pilot Theatre presents Lord of the Flies Tuesday 31st March - Saturday 4th April

William Golding's most definitive and celebrated novel of modern times is vividly brought to life in Pilot Theatre's award-winning production.



JERSEY OPERA HOUSE

Don't forget to check out the rest of our season - call the Box Office on 01534 511115 or go to our website www.jerseyoperahouse.co.uk

What's on in The Smoke

OUR LONDON BASED INSIDER NINA HERVÉ, ENJOYED THE CAPITAL'S SNOWFALL LAST MONTH WITH A TRIP UP TO HAMPSTEAD HEATH TO CHECK OUT JOHN GAY'S PHOTOGRAPHY. ALONG WITH A FEW VISITS TO SOME OF THE SMALLER MUSEUMS THE CITY HAS TO OFFER, A DRIVE TO WALTHAMSTOW TO SEE THE WOOD EXHIBITION WAS ALSO ON THE HIT LIST, AS WELL AS LIVE MUSIC IN ROUGH TRADE RECORD STORE.

Wood

Wood is an exhibition of witty, innovative and ethically designed products for the home and garden. From a bird feeder that serves to capture a fleeting moment in time to a toy car that functions as a doorstop, this exhibition focuses on one specific material – wood. The exhibition presents 11 desirable products created by TEN, a group of ten designers who are united through the shared vision of Chris Jackson. They collaborate once a year to create products that reflect the TEN ethos; that is, to take a responsible approach to design that offers a timely antidote to society's high levels of consumption and throwaway culture. The exhibition is on display at William Morris Gallery until 19th April.

More information can be found at www.craftscouncil.org.uk



Sherlock Holmes Museum

Stepping into 221b Baker Street is like stepping into one of Sir Arthur Conan Doyle's yarns. You can sit in Holmes's fireside armchair in his study, look out over the street, and check out his deerstalker, magnifying glass, calabash pipe and disguises. The museum is housed at famous Victorian address where author Doyle housed his hero. The building has been restored to look exactly as described in the stories and is a must see for any fan of the detective.

More information can be found at www.sherlockholmesmuseum.com



Pollock's Toy Museum

Pollock's Toy Museum takes its name from Benjamin Pollock, the last of the Victorian Toy Theatre printers. Set up by Marguerite Fawdry who bought up the stock of Benjamin Pollock Ltd, after trying to buy one small item for her son's toy theatre. Nearly every kind of toy imaginable turns up here from all over the world and from all different time periods. The exhibition includes toy theatres, teddy bears, wax and china dolls, board games, optical toys, folk toys, nursery furniture, mechanical toys and doll's houses. The Museum occupies two houses joined together in the heart of Fitzrovia, one 18th century, one 19th; the rooms are small and connected by narrow winding staircases. The whole place exudes the atmosphere and evocations of those special times of childhood where every corner is filled with visual delight.

More information can be found at www.pollockstoymuseum.com

John Gay

To mark the centenary of John Gay's birth and to celebrate his work, an exhibition of his photographs are on display at Kenwood House, Hampstead until 29th March. Born Hans Gohler in 1909, Gay attended Art College in Paris and became a commercial photographer in his native Germany. He fled the country in 1933 for a new life in Britain, horrified by the treatment of his Jewish friends at the hands of the Nazi regime, and served in the Pioneer Corps during the Second World War. Best known for his architectural photographs and celebrity portraits, John Gay's pictures also provide a fascinating chronicle of a life which has long since vanished; when Blackpool was the ultimate summer holiday destination and London bobbies directed traffic. A way of life that simply does not exist anymore, unfortunately!

More information can be found at www.english-heritage.org.uk



A Museum Of Architecture With A Twist

Sir John Soane's Museum houses an intriguing collection of architectural artefacts and other curios. Soane was born in 1753 and was a renowned English architect. The Museum, situated near Lincoln's Inn in central London, was formerly his house and today it is still crammed full of his many architectural projects as well as the extensive collection of paintings, sculptures, books and antiquities that he assembled until his death in 1837. These range from valuable paintings by Hogarth (including satirical depictions of corrupt politicians) through to a collection of gargoyles and an Egyptian sarcophagus (coffin) complete with hieroglyphic instructions detailing how to make the best of the after-life! The Museum is open from Tuesdays to Saturdays and entry is free. Also on the first Tuesday evening of each month the inside of the Museum is lit by candlelight.

More information can be found at www.soane.org

The Museum Of Brands

The Museum of Brands, Packaging and Advertising is the result of consumer historian, Robert Opie, who saw the need to record the history of the products around us. Starting at the age of sixteen with a packet of Munchies, the Collection now extends to all aspects of daily life – toys, comics, magazines, newspapers, technology, travel, royal souvenirs, fashion and design from the 1890's to the present day. Robert says, 'Whilst families tend to save mementoes from special occasions, it struck me that little was being done to keep the everyday material. When the thousands of pieces of this social history are assembled into some giant jigsaw, the picture becomes clearer as to the remarkable journey we have all come through'.

More information can be found at: www.museumofbrands.com



Counter Culture

Last month, winner of best independent record shop 2008, Rough Trade brought out their annual 'best of' in the form of Counter Culture 08 CD. To celebrate the release, Rough Trade lined up a series of special in store events throughout the month of February. Acts including Laura Marling, Gang Gang Dance, The Acorn and Franz Ferdinand took to the stage warming it up nicely for Record Store Day taking place on 18th April. If you happen to be in London that weekend, make sure you don't miss out on a day of live music and special one off singles to be sold in store on the day. A special 7" of Beck and Sonic will be on sale along with other amazing exclusives.

More information can be found at www.roughtrade.com



Harmonious

At Gallery we love rock, adore breakbeat, work to drum and bass and love a bit of hip hop but we think there's always room for some Jazz. A true blues legend is stopping in town for one night only this month and this Grammy Award-winning artist sure is sweet... Sugar Blue, a harmonica virtuoso - best known as the "Jimi Hendrix" of the harmonica - is bringing his full touring band with him for an evening of visionary blues from the master.

James Whiting was raised in Harlem, the heart of blues in New York. With his mother singing at the Apollo, his childhood was spent amongst musicians, who naturally led him towards it.

Starting out as a street musician, a move to France on the advice of the great pianist Memphis Slim, really kick-started his career. Here he met The Rolling Stones, who instantly fell in love with his sound and invited him to join them in the studio. Besides his work on the *Some Girls* album, he can be heard on *Emotional Rescue* and *Tattoo You*, as well as appearing live with them. He returned to the USA after turning down an indefinite session spot and put his own band together.

He went to Chicago to learn more of the harmonica from the experts, and proceeded to sit in with the likes of Big Walter Horton, Carey Bell, James Cotton and Junior Wells. He toured for two years with his friend and mentor Willie Dixon as part of the Chicago Blues All Stars before setting about creating his own band in 1983. 1985 was the year in which he won a Grammy Award for his work on the Atlantic album, *Blues Explosion*, recorded live at the Montreux Jazz Festival.

HOMEGROWN HEROES

For something a bit mellow hop onto www.myspace.com/lloyd Yates. Lloyd Yates' unique sound has a lot of meaning; inspired by St Ouen's his influences include Goo Goo Dolls, Ben Harper, John Butler Trio, Ray La Montagne and Cat Stevens but to name a few. Along with his band Lloyd has been working on tracks at Cowshed Acoustics. Lloyd is playing a series of gigs this month if you want to chill out and check it out.

2nd March 6pm @ The Arts Centre
7th March 8pm @ The Bridge
27th March 9pm @ The Live Lounge

Download the new Martelo x Trinotron - The Champion Mixtape from Martelo. He has been making waves in London over the last couple of years, recently finishing both a European and World Tour with Santo Gold and is quickly becoming popular over Europe and further afield, jetting off to play sets at every opportunity.

www.myspace.com/mrmartelo
Download link: <http://www.zshare.net/download/557685101e4f422c/>



Are you in a local band and have something to say? Maybe you just like answering questions? Then get in touch with claire@gallerymagazine.co.uk



ON THE GALLERY Hi-Fi (WELL, ITUNES)

This month, we have mostly been listening to... Airborne Toxic Event, which Ben described as 'sounding a bit like U2 at first' and then went on to explain how this is both good AND bad due to U2's popularity, yet some people's pre-conceptions about the band get in the way, and that where ATE seem to excel is with their use of an orchestral element. He's just put the album on again now.

At other times, Russ (who most definitely ISN'T a U2 fan and therefore hasn't been enjoying ATE quite as much) has been listening to anything by 'Baddies' (particularly 'Open One Eye') and the song 'My Rock & Roll' by Dinosaur Pile-Up. On repeat.

Got something new for us to play really loud throughout the night as this month's deadline approaches? Get in touch!



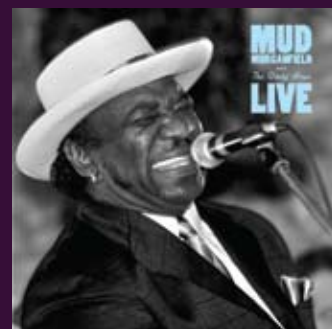
He also recorded on Dixon's Grammy-winning Hidden Charms album in 1989, has performed on festival stages with classic artists like Muddy Waters, B.B. King, Art Blakey and Lionel Hampton. He sat in with Fats Domino, Ray Charles, and Jerry Lee Lewis for the Cinemax special, Fats Domino and Friends, and has appeared on screen and in the musical score of Alan Parker's acclaimed 1987 thriller Angel Heart, starring Robert De Niro.

He has been described by the Rolling Stones as "one of the foremost harmonica blowers in all of Modern blues..." and the Chicago Tribune describes him best when they say, "There's no mistaking Sugar Blue incendiary virtuosity. The speed and ferocity of his playing are matched by its inventiveness. Intense, melodically ornate, punctuated by growls and swooping pitches, it's the sound of a musician who transcends the

limitations of his instrument." The concert's organiser Giles Robson says of the upcoming show "Sugar Blue is considered internationally as being the best of the best. He is seen as the most visionary, technically accomplished harmonica player in the world today - and it is an honour to have him as a guest in Jersey. He has done us a very special deal to allow us to get him over here and to be able to see such talent with his highly charged and accomplished band will be an experience not easily forgotten!"

You're sure to hear him playing from his latest album Code Blue. To check it out visit www.myspace.com/sugarblueharp Support on the night from Jersey's very own Dirty Aces.

Where: Chambers
Thursday 26th March
Tickets: £15.00
from Chambers and I-Q the Apple store



Win Win Win

iQ are giving away 3 copies of the Mud Morganfield and Dirty Aces Live album we featured several months ago. All you have to do is answer this question,

"What State in America is Chicago, the home of blues situated?"

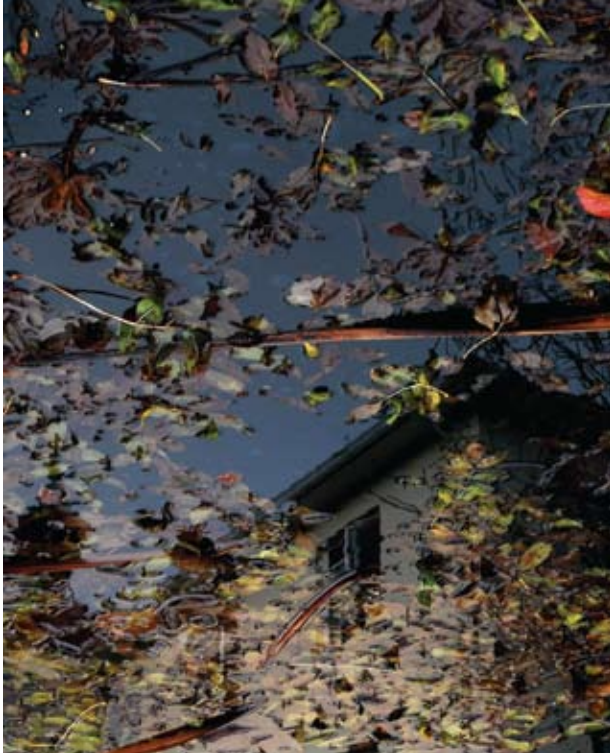
Email your answers to competitions@gallerymagazine.co.uk

Visit the exclusive album website: www.myspace.com/mudandthedirtyaces

THE MONTHLY UPLOAD

If you're a budding artist or photographer you may have noticed that now you can get your work featured on these very pages in Gallery each month. Better still, each month we choose one winner who gets £100.

All you have to do is email your entry to; upload@gallerymagazine.co.uk and tell us a little about it. Make the files nice and big though, about 4mb is a good size to aim for as a guide. We print every photo but as we can't fit them ALL on the page full size, we print a selection of our favourites slightly bigger. What are you waiting for?!



Janusz Sopinka caught our eyes with this captivating reflection



Blackcomb mountain in Whistler was where Paul Pattison snapped this moment before it was effaced forever.



Tom Kilick has decided to pop his upload cherry this month with the intention of becoming a serial uploader - do it Tom!



It's Quintin Wilton who snaps the prize this month for his images of smoke - this one reminds me of a very tall ant.

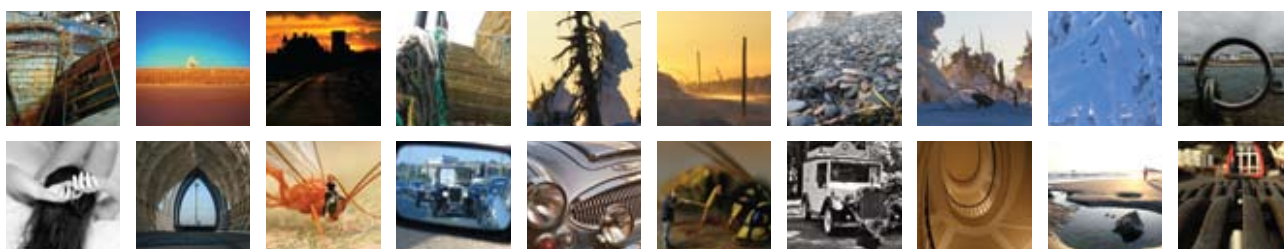


Rob Rive shot this one in Perth (I'm sure he'll be glad that we resisted the urge to print it upside-down as a cheap gag about Australia)



Kevin Brace is a local 'semi-pro' landscape photographer and has sent in the epic photo of Beinn nah-Uamha taken during a walk about Glen Gour

Tough as ever this month, here are the entires we couldn't squeeze in any bigger! **Keep 'em coming, you uploaders, you...**





WATCHMEN → DIRECTOR: ZACK SNYDER
 | WRITERS: DAVID HAYTER & ALEX TSE |
 STARRING: JACKIE EARLE HALEY, PATRICK
 WILSON, BILLY CRUDUP, CARLA GUGINO,
 MALIN AKERMAN, MATTHEW GOODE, STEPHEN
 MCHATTIE, JEFFREY DEAN MORGAN.

It begins with a blood stained smiley face and from that moment on it never lets you go. One of Time's top 100 novels of all time, recognised by list after list as the comic book art-form's greatest achievement, I shouldn't need to ask the question 'Who Watches the Watchmen?' because frankly everyone should go and see this film.

Released in the years 1986 and 1987 Watchmen was a 12 part limited series created by writer Alan Moore (Also responsible for 'V for Vendetta', 'The League of Extraordinary Gentlemen' and 'From Hell' amongst other things.), artist Dave Gibbons and colourist John Higgins and published by DC Comics. Set in the real world it places superheroes in more than just a vaguely real world setting. There is no Metropolis, no Gotham and only one of the characters possesses superhuman

abilities. The existence of these beings tips the balance in Vietnam, keeps Reagan in power and pushes the United States ever closer to nuclear war. The story itself involves these heroes being pulled out of retirement or government employ by the death of one of their own. With their personal journeys interwoven with various different narrative strands Moore demonstrates how this society lost faith in their self appointed saviours and poses the question of what must really be sacrificed to be a hero in troubling times. With the current economic and political climate it is as relevant as it was when it was first released. Needless to say the ending doesn't involve any character flying around the world to reverse time.

But as any comic book fan (And Alan Moore) will attest, a great comic book doesn't necessarily make a great film. There have been more hits than misses in previous years but for every

Dark Knight there is an Elektra (To be fair to Elektra it does have Jennifer Garner wandering around in skin tight leather for 90 minutes). Watchmen is celebrated because of the way it utilises the comic book format. Moore himself said that he used it to demonstrate the things the comic book medium can do that other media cannot. Its strict nine panel grids allow its creators to control the pacing and give particular emphasis to certain images and motifs. It uses character archetypes inviting the reader to bring a wealth of personal meaning to their own reading. It even has a separate comic within a comic that deconstructs the trappings of the genre and introduces the possibility of a separate past and future for the form. Many fans have questioned why it's taken so long for an adaptation to be made. Many more have questioned whether an adaptation could and should be made at all. The project passed hands from studio to studio and director to director with Darren

also rans.....

Also out this month is the adaptation of David Peace's football novel 'The Damned United'. Michael Sheen looks absolutely spot on as the tortured and charismatic Brian Clough as he walks the thin line between genius and insanity. The novel is an absolute

masterpiece and the success of the film will depend on how well the filmmakers manage to combine the parallel stories of Clough's rise at the helm of Derby County and the fall of his 44 day reign at Leeds. With the writer of Frost / Nixon and The Last King of Scotland involved I think it stands a good chance.

For Gavin & Stacey fans James Corden and Matt Horne take on their first leading film roles going down the Shaun of the Dead route as the stars of Lesbian Vampire Killers. It is unknown whether it is Corden and Horne or the Vampires or even both who will be munching the proverbial rug but it sounds a whole lot

THIS MONTH'S THEME FILMS

Commitment - a word that strikes fear into the heart of most men and women. A word with so many different meanings, always ready to be misinterpreted and misunderstood. Not Hollywood though, they understand the meaning of commitment. They know it can mean big bucks. This month I look at some wedding films you might want to commit yourself to seeing (Huh? Whaddya think of that one?) and some films that might just make you want to get yourself committed (I'm on fire this month!).

NOTE: I realise this is a perfect opportunity to indulge my morbid fascination with Hugh Grant but I am choosing instead to wait for Gallery's Hugh Grant month which I presume is going to be in the not too distant future.

Wedding Crashers

Director: David Dobkin

Writers: Steve Faber & Bob Fisher

Starring: Vince Vaughn, Owen Wilson, Isla Fisher, Rachel McAdams. Vince Vaughn and Owen Wilson bring the funny in this story of two divorce mediators who use their natural charm to crash weddings and romance women all across the country. Of course they meet girls and are forced to question their lifestyle choices. Leaving them to choose between what they perceive as their freedom and the possibility of embracing they have defined themselves against. Wilson and Vaughn are as usual great but it is Isla Fisher as one of their crazy girlfriends who really steals the show. Add an inspired Will Ferrell cameo as a funeral crasher and you've got a consistently funny movie.



American Pie: The Wedding

Director: Jesse Dylan | Writer: Adam Herz

Starring: Jason Biggs, Alyson Hannigan, Sean William Scott

Yes it's definitely the worst of the original trilogy. Yes it's in many ways a deeply flawed film. But as a satisfying conclusion (the less said about the straight to DVD sequels that followed the better) to the American Pie saga you can't fault it. The gang are back (apart from Oz who I can only presume was disowned by the others after he turned into the sappiest sap ever in the second film and never mentioned again on pain of death) and they're up to the same old wacky / sexy shenanigans in the build up to Jim and Michelle's wedding. There's very little here that will surprise any who has seen the first two but it does deliver plenty of laughs and the same heart that has helped the American Pie movies deliver where so many other teen comedies have failed.



The Last Kiss

Director: Andrew Morgan | Writer: Paul Haggis | Based on: L'Ultimo Bacio

Starring: Zach Braff, Rachel Bilson, Jacinda Barrett.

The ever loveable Zach Braff stars in this film about the fears and trappings that can go hand in hand with making a commitment to a single person. It is a complex offering with some great performances pulling the audience in a number of different directions. I imagine depending on where you are in your life will dictate which character you side with as the drama unfolds and Braff's characters on the surface perfect life unfolds. Overall, the film is an emotionally engaging coming of age story about accepting and dealing with the pressures of adulthood. Worth a watch and maybe even a bit of a weep if you're a girl or some kind of wuss... or me.



Aronofsky at one point attached. Finally the stars have aligned. The man stepping up to the plate is Zach Snyder director of the hugely successful Frank Miller adaptation 300. In the same manner as his previous film he has used the comic book panels as storyboards and brought aboard Dave Gibbons as a consultant to help him evoke the dark and moody atmosphere of the artwork. Judging by the trailers it appears as if he has managed to replicate the aesthetic and tone of the source material. It is yet to be seen whether Snyder can do the impossible and produce a film that is equal to the book.

Some critics have seen the book as Moore's final word on super-heroes. Ironically it is this and Frank Miller's Dark Knight Returns that actually breathed life back into the genre. Watchmen was a milestone for super-hero comics as an art form. Here's hoping it can be the same thing for their film counterparts.

more interesting than the light hearted comedy of two families from different places meeting for the first time.

There are probably other films out too but I am too excited about Watchmen to have much of an opinion on them.

It was a bit difficult this month to pick out decent wedding films. Normally the titles and trailers of these sort of films completely repulse me. I haven't actually seen the following films but based on the trailers I wouldn't wish them on my worst enemy. Feel free to tell me I'm wrong but I never want to see...

The Accidental Husband, Bride Wars, Made of Honour, 27 Dresses, The Wedding Planner, Runaway Bride... would add Jason Biggs' Wedding Daze to the list but as far as I can tell he has just remade American Pie: The Wedding with a different cast.

FASTEN YOUR SEATBELTS

words | Chloe de la Cloche

I'm standing at the aircraft doors, perfectly manicured hands at the ready. Not one silky blonde hair out of place, and last but not least my pillar box red lips are glistening in the artificial light. I'm ready for action now.

The gangway starts to rumble, four simple words escape from my mouth..... Here we go again! 5,4,3,2, the leaders of the stampede hurtle around the corner and this is where the fun begins. 'Good morning Sir', 'Welcome on board', 'Take the first right and follow the signs'.

I'm working at a good pace now but my heart drops when I dare to let my eyes stray up the gangway which attaches this enormous aluminum tube with wings to the rest of the outside world. There to meet my hopeful gaze is what appears to be a never ending jungle of brightly coloured shirts and sock clad feet with dodgy open toed sandals.

At this moment in time, I would give anything to just start crying. I would let my mascara ruin my perfectly made up cheeks and I'd take the back of my hand and smudge the god awful red lipstick right off my face. But the reality is that I can't do this, as the rest of the crew would probably have me sectioned for going completely mad.

As carrying on like a sane person seems to be my only option right now, I take a deep breath and get ready to 'welcome on board' the next eagerly awaiting, hideously dressed, ticket waving customer through the door.

By this point I've welcomed 400 people through the door, which also translates into; I've had to listen to 400 people make ridiculous jokes that range from things like 'Do you think anyone would mind if I just go and sit in upper class for the flight' (Hmm, let me think about that.... Yes) to 'Do you think the pilot would mind if I go and sit on his lap so that I can get a better view?' (Yup, and don't you think I've had to listen to everyone else making the same joke?).

I'm screaming inside by now, but as my eyes begin to wander again I can see that the last straggler is hurrying onboard.

Relief floods through me.

Finally, the door slams shut and right on cue 'Good morning ladies and gentlemen, this is your Captain speaking. Fasten your seatbelts, it's time to rock and roll.'



GALLERY/ BEAN AROUND THE WORLD CONTRIBUTING WRITER OF THE MONTH

HAVE YOU GOT SOMETHING TO SAY? A SHORT STORY, A RANT, A PROFILE, A STATEMENT? EVERY MONTH WE DEDICATE A WHOLE PAGE TO YOU, MR OR MRS AMATEUR WRITER. WE WANT YOU TO SHOOT FROM THE HIP WITH A 400 WORD ARTICLE THAT YOU THINK OUR READERS SHOULD TAKE NOTE OF. IN RETURN WE'LL REWARD YOU WITH £100 AND A COFFEE EVERY DAY THAT MONTH FROM THE BEAN. JUST EMAIL YOUR PIECE TO: IWANTTOBEHEARD@GALLERYMAGAZINE.CO.UK

EXTRA EXTRA!!!
DAVE AT THE BEAN HAS JUST ADDED TO THE REWARD SO, STARTING THIS MONTH, OUT WINNERS WILL ALSO GET A BATW BEANIE (ITS A CANADIAN BRAND SO WE'LL CALL IT A 'TOQUE' MAYBE?!) BATW TOQUES ALL ROUND!



Cultural Hunger

we've spent our last three years promoting the arts in Jersey and we launched these new initiatives to get local creative juices flowing onto our pages. If you're a writer or photographer that would like to show us what you can do and be rewarded using praise, coverage, money and coffee, get in touch!



Gallery's AtoZ of Jersey Weddings

20 pages of advice and information

YOUR WEDDING DAY – ONE OF THE MOST IMPORTANT DAYS OF YOUR LIFE, AND POTENTIALLY ONE OF THE MOST STRESSFUL AS WELL.

Making sure that your wedding is memorable for all the right reasons takes some careful planning. With couples nowadays prepared to spend around £20,000 on their big day, organising your wedding can turn into a full time job. And with everything else to balance – your job, friends, your family and social life – it's easy to lose perspective. With so many hopes and dreams brought together by a wedding, there's a lot of pressure to get it right.

So what's the secret? How do you get your dream wedding day and still manage to enjoy yourself?

Gallery's guide to getting married makes it easy. It covers all the key elements around planning your wedding – everything from unique wedding locations to finding the best photographer. We'll tell you how to find that dream wedding dress, and the most luxurious lingerie to wear under it. We've got ideas for alternative wedding lists and exclusive entertainment to make your wedding reception a party to remember. And if you need inspiration, you'll love our stunning wedding fashion shoot. We've also rounded up all the contacts you'll need for organising the details - everything from bridesmaid dresses to bouquets, confetti to wedding cake.

By taking all the hassle out of getting hitched, you'll be free to enjoy the stuff that makes a wedding so special – choosing the flowers, tasting cakes, catching up with old friends and long lost family and having lots of fun. And best of all, your wedding day will give you the chance to bring together everyone you love to watch you make a commitment to each other. And whether you choose to make that commitment at one of the island's castles, a historic chapel or a luxury hotel, it's an amazing way to start your journey together.

A

Adventurous marriages

For those who are not so traditional there are some weird and wonderful ways to get married. For example, whilst skydiving, scuba diving, on horseback or perhaps something less extreme like getting married on St Brelade's Bay.

B

Best Man

Don't mess with the Best Man! Traditionally the role of the Best Man was to fend off anyone who tried to steal the bride, therefore, he stands to the right of the groom during the wedding ready to defend his friend and the bride. The Best Man has to keep the groom from panicking and make sure he gets to the church on time. He also needs to be relied upon to pay the church fees on behalf of the groom and deal with any problems.

Bespoke

"We don't tell people what we will do, they let us know what they want; and we make it happen." Lynne Capie, Business Development Manager at The Grand

From hosting the ceremony, through exquisite fine dining, to the 122 luxurious rooms for your guests to stay in, The Grand offers exclusivity, opulence and decadence for your special day.

One of the most unique features that The Grand can boast is that they have not one but two experienced event managers! So you will have access to two 'little black books' full of all the best contacts you will need to create your dream wedding. From ice sculptures to chocolate fountains to these two can conjure anything up to make sure your day is not only memorable but unforgettable!

Also when you have your wedding at The Grand their gift to you is an overnight stay on your first wedding anniversary!

A wedding at The Grand gives you access to everything from Michelin-starred chefs to internationally acclaimed DJs. The Grand Jersey is a seductive venue where you and your guests are assured of an exquisite experience, where they take care of all the details to allow you to enjoy yourself.

Visit www.grandjersey.com



Bridesmaids

Bridesmaids have to be chosen wisely as they are not only a support network but also have to have good organisational skills. Some of their tasks include: shopping with the bride to find her dress and their own dresses, jewellery, shoes etc; organising the bridal shower together with the Maid of Honor; and being responsible for collecting the gifts and envelopes at the reception. Emotional duties include listening to the bride's concerns and hand holding.

The Potting Shed has a lovely range of Truth Bracelets and Charms which make ideal presents for your helpful Bridesmaids. What is nice about the Truth Bracelets is that you can hand pick your charms making them a much more personal gift.





Champagne & alcohol

Victor Hugo Wines always have special offers on and great deals for weddings. As well as delivering for free, they also have free glass hire and they can supply ice. What is really handy is that you can purchase more alcohol than you need, and then bring any left over back, so you will not have to worry about running out of alcohol!

Cakes

From traditional fruit wedding cakes to unique chocolate masterpieces Sarah and her team at the Ransoms Bakery can do it all. Call 856666 to chat to Sarah and come up with ideas for your own bespoke wedding cake.

Ann Pallett at Bake Me a Cake also has some great ideas with wedding cakes starting from £350. She can make any cake or any flavour so if you want a cupcake tiered cake or a VW cake then it will be possible. She has been cake baking for 27 years and is an expert cake painter. Check out her works of art below.



Decorations

It's all the little things that make the overall effect; the flowers, plants, colourful decorations. Panache Event & Wedding Plant & Décor Hire supplies plants and decoration for hire and offer a delivering, dressing and displaying service also. It is a great option if you don't want to spend all your money on decorations for one day only. You are looking at prices from around £7.50 for plants and £1.50 for decor. In

terms of decor you may want to think about vases for indoor events and pretty lanterns for beautiful outdoor summer evenings. Panache will decorate your wedding from start to finish.



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& RED HOUSES, ST. BRELADE TEL: 741856

Dress

The wedding dress you've always dreamed of on the most important day of your life.

Choosing your wedding gown is one of the most important elements of your big day. Ellis Cullen has over 23 years experience in the fashion retail industry and her bridal services are one of the most renowned on the island. Customer Service is principal at Ellis, with a philosophy that aims to ensure the bride and her party relax and enjoy the whole experience of choosing that dream dress.

Tucked away above Ellis Clothing is Ellis Bridal. Rows of gowns for women sized 6 to 32 are displayed to view with ease and include some of the leading bridal designers such as Essence, Ellis Bridals, Amanda Wyatt, Pronovias, Romantic, My Lady, Benjamin Roberts, Forever Yours – with a dress to suit every sort of budget.

The Bride

The dress is going to reflect your personality and style and be completely personal to you. It needs to flatter your size and shape, and be a colour that suits you. The venue, kind of ceremony and also time of year are going to have an impact on the dress you choose. The bridal experts at Ellis will guide you through the type of neckline, sleeve length, skirt style and colour that looks best on you.

Dresses need to be ordered six months before the wedding in order to ensure you have it for the day, although there is a ready to wear collection which can be bought straight away.

The Bridesmaids

Once you have chosen your dress and have a colour scheme for the wedding, you need to be choosing dresses for your bridesmaids. Several trying on sessions are important in finding a dress style that suits them all. Length, fabric and necklines all need to be taken into consideration and altered accordingly.

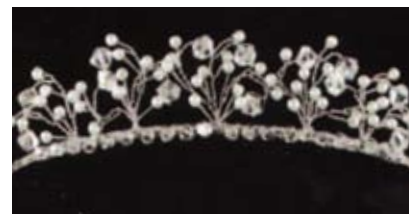
We also have gorgeous dresses for flower girls, and shoes ranging from tiny ballet pumps to elegant court shoes – a selection of which can be dyed to match the dresses.

Finishing touches

The finishing touches are often left till last although they are just as important in creating an overall statement. Ellis



Bridal has a range of accessories to complement your gown including jewellery, tiaras, a stunning selection of veils, stoles, and a full range of bridal shoes. Accessorising should be one of the most fun parts!



The Wedding Party

Not forgetting the all-important Mother of the Bride and Mother of the Groom, they will be spoilt for choice at Ellis Clothing. Here they will discover fabulous outfits from Coterie, Frank Usher, Dusk, John Charles, Ispirato, Pressen, Peter Martin and many more. Expert and friendly assistance will guide you to creating a co-coordinated outfit including shoes, hats and fascinators. Ellis also has a huge selection of wedding attire for the rest of the party and guests.

TO BOOK A PRIVATE ONE-TO-ONE APPOINTMENT AT ELLIS CONTACT ELLIS BRIDAL ON 01534 732465 10 LA COLOMBERIE, ST HELIER



Entertainment

At Incognito Artists we want your special day to be everything you dreamed of. We appreciate that when you choose entertainment for the biggest day of your life you need to feel confident that it's going to be spectacular.

With more than 2.5 million album sales to our name, our performances have taken us to some of the most exotic wedding locations and venues around the globe. We are an entertainment company that provides stunning professional West-End and classical performers to produce unique, prestigious, surprising acts for any type of celebration.

Incognito Artists have performed to royalty, stadiums and high profile corporate and private events – always guaranteeing a great time and leaving the audience wanting more."

Our shows are ideal for weddings with teams delighting and surprising guests with romantic arias, well known ballads and contemporary hits that are guaranteed to have your guests on their feet and having the time of their lives.



Incognito Artists have performed to royalty, stadiums and high profile corporate and private events – always guaranteeing a great time and leaving the audience wanting more. Our experienced wedding specialist will be delighted to discuss your requirements and help with any questions you may have.



CONTACT DETAILS
WWW.INCOGNITOARTISTS.COM
ENQUIRIES@INCOGNITOARTISTS.COM
TEL: 0207 291 5350

Flowers

For our wedding shoot we used Mark Howe Flowers. They were so beautiful and unique that everybody (without fail) who walked past commented on how incredible they looked.



Whether you know exactly what flowers you want or you need someone to take over and do it all; Mark Howe can cater for you. Having a Florist who is so experienced and highly acclaimed guarantees you a beautiful-looking wedding with no stress or worry.



Flower girls

Flower girls are placed either before the maid of honour, or right before the bride in the procession. Sometimes the flower girl and the ring bearer walk down the aisle together. The flower girls symbolically scatter rose petals for the bride to walk upon as a token of beauty.



First Dance

The all-important, all-eyes-on-you first dance. It's traditionally a little swaying to an Al Green love song or maybe even Luther Vandross. If you have a sense of humour you could try and fake your guests like the 'big butt' stars of YouTube.

Favours

Wedding favours are small gifts given as a gesture of appreciation to guests from the bride and groom during the wedding ceremony or a wedding reception. Le Petit Cochon provide bespoke favours including handmade truffles... yum yum. But they can be anything from peppermint creams to candles.

G

Groom

You may think the role of the groom is just to turn up and marry the bride. If so, you would be mistaken. There is a lot of preparatory work involved. Duties of the groom include choosing the best man and groomsmen and deciding what wedding attire they are all going to wear, arranging transportation for the entire wedding party from the ceremony to the reception and planning the rehearsal dinner.

Guest Book

The guest book does not just have to be a book to remember who came to your wedding, it can be made more personal by having your own choice of book which could then be passed around the tables so people have more time to write comments or messages rather than just signing their name. You may want to designate certain pages for pictures and put a friend or member of the bridal party in charge of the book.

H

Hair and Make up

Elmina, who did the amazing wedding hair and make-up for our shoot, are masters at creating a style and look which will suit 'you'. They don't just have a range of 'looks' that they do, instead they take into account your jawline, face shape, neck length, type of dress, colouring (and a whole host of other things individual to you) - and then they create a style which enhances your natural beauty.

Whether you are after a simple or a statement look; Elmina can do it all. When you go into the salon for your first Trial Appointment you will probably be armed with a whole host of wedding and hair magazines. What Elmina manage to do, time and time again, is achieve the look you want but make it better! They have so many great ideas and the whole team are as enthusiastic and excited about your wedding as you are. Call Elmina on either 610085 / 741856

If it's only make-up you are looking for on the big day then Suzi Robinson is the lady to contact. She is a trained make-up artist with 10 years experience in the field of beauty and is a qualified CIDESCO make up artist and therapist. Using the best brands and products your make-up will be set to last the day and stay perfect for all those photographs, and she can do all this from the comfort of your own home. She has done several of our shoots previously, and if you want to see examples of her work, visit her website: www.suzirobinson.co.uk



Hiring

If you would rather spend your money on a honeymoon than on your wedding attire, there are several hiring options in Jersey. Elaine and Wilma operate The Dressing Room for the ladies from the comfort of an actual dressing room. As well as offering dresses for balls, cocktail parties, evening events and wedding guests, they have a beautiful selection of wedding gowns. As with all their dresses, they change stock regularly and the bridal wear is available to hire from £150 in sizes 8-24. Their service is discreet, and the personal touch means The Dressing Room experience is an enjoyable one. There are also accessories for sale for those finishing touches.

For the guys, Attire 4 Hire is the place to head to. They offer everything from shoes for your big day to cufflinks and everything in between. Top hat and tails, Prince Edwards and full Highland suits are available, with the largest stock collection for menswear in Jersey. Andy, who runs the business has been in menswear for some time and knows his stuff! If you're planning a Scottish affair and he hasn't got the Highland outfit you want, it can be ordered, and if you're planning a wedding away then you are able to take items away for an additional cost. Shirts are also for sale, and personalised cufflinks for the best man and ushers are a nice touch to finish your outfit. He has a great promotion on at the moment; when you hire 5 or more suits the groom goes free so if you are planning on a large party it may be a great money saving option.

Both services are by appointment only, and with plenty of parking, you don't feel like you need to rush.

Honeymoon

It's a great excuse to jet off on the holiday of your dreams without that guilty feeling. Whether you want a week on safari or a cruise of the Caribbean islands, there are a whole host of holidays tailor-made for newlyweds. Honeymoon vouchers are a great present idea and several people can chip in towards your trip. Check out our honeymoon feature in this month's Travel section for inspiration.

Hen night

Traditionally organised by the maid of honour or one or more of the wedding party and the participants are usually all women. It's a great opportunity to have a girly get together before your big day, and one which might be the last. If you want to avoid the usual drunken, blow-up doll-holding affair, The Royal Yacht offer a great package for a girl's night in. For £100 each enjoy champagne on arrival, a selection of chick flicks, pampering kit, a selection of nibbles, a night's stay with breakfast, and use of the luxury spa facilities. You don't even have to leave the island! www.royalyacht.co.uk

Participating in a bachelorette party is always optional, and many brides decline these parties altogether.[2] Neither bridesmaids nor other friends can be required either to attend or to pay for any part of this party.[5]

Since it is derived from a formal dinner, a bachelorette party is properly held in the evening,[3] usually about a week (or at least a few days) before the wedding,[2] and usually includes dinner, although alternative approaches are not uncommon.



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The Perfect Venue for the Perfect Day

Cardington House offers everything you could ask for in a privately-owned boutique hotel, stylish luxury, unique contemporary interiors, all accompanied by exceptional service.

Stunning seascapes and sweeping views across the mature gardens and St Aubin's Bay, provide spectacular backdrops for all your wedding photographs. Cardington House offers a truly special setting to exchange your wedding vows, with the ability to hold events for up to 60 people and a license to perform civil wedding ceremonies.

Stay on after your guests leave and indulge in the romance of Cardington for your honeymoon. Plunge into the heated swimming pool, unwind in the hot tub.




CARDINGTON HOUSE
JERSEY

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To discover more about this exclusive new hotel in Jersey, please contact Simon Dufty on +44 (0)1534 748000, email enquiries@cardingtonhouse.com or visit our website on www.cardingtonhouse.com

Intimate

The Club Hotel & Spa provides the ideal setting for an exclusive, intimate town house wedding and they now have a wedding license so you can have your whole day within their beautiful hotel.

Whether you require a bespoke service or an inclusive price you can be sure of the best traditions of service. All dining for your special day will be created by their Michelin-starred restaurant, Bohemia.

The Club Hotel and Spa understand that for you and your family, this is your most important day. They focus all their energies solely on giving you the attention you deserve - delivering a quality, seamless service from your initial enquiry to the moment your guests wave you goodbye and you set off together into your new life.

Whether you want a Bohemia dinner for you and your close family in a private room or perhaps to take over The Club Hotel & Spa to be "Exclusively Yours" or any size event in between with tailored menus and drinks packages, they are delighted to arrange your wedding with you. The Club Hotel & Spa have Bohemia's stunning roof top terrace for al fresco champagne and canapés as well as their Champagne Suite - an elegant, contemporary space which includes exclusive use of sitting room, function room and the roof terrace.

"Exclusively Yours" is the ultimate takeover at this luxury Town House hotel, and it is available on a private basis for groups or wedding couples searching for that extra bit of exclusivity. "Exclusive Use" at The Club guarantees total privacy of the main hotel with the restaurant and lounge areas being closed to non-residents as well as use of all 46 luxurious bedrooms, including 8 suites.

They have room capacities for up to 70 for ceremony and dinner and up to 150 for reception, with menus starting from £29.50 per person. Make sure you pop and see their Wedding Open Day in April!

VISIT WWW.THECLUBJERSEY.COM







Make your wedding a truly historic event

Mont Orgueil Castle

Built in the 13th century to protect the Island against the French, this dramatic castle towers over the harbour at Gorey.

La Hougue Bie

In use approximately 6,000 years ago, La Hougue Bie is one of the largest and best-preserved examples of a Neolithic site in Europe.

The Merchant's House

No 9 Pier Road adjoins the Jersey Museum and is one of the finest examples of a 19th century town house in Jersey.

Elizabeth Castle

For 300 years Jersey was defended by this impressive fortress built on an islet in St Aubin's Bay.

Hamptonne

Hamptonne is a collection of fine traditional Jersey farmhouses dating back to the 17th century, which have been restored to their original beauty.




For further information please contact the Heritage Wedding Co-ordinator
 Telephone 01534 633312 Facsimile 01534 633301 Email weddings@jerseyheritage.org
www.jerseyheritage.org





Wedding Wish List

with a twist

Couples who already have the essentials for life together, often choose **Ransoms** Garden Centre as the place to go for a Wedding List that will literally add the icing on the cake. Your friends and family can contribute towards a Weber barbeque, a stunning set of garden furniture, plants to revamp the garden. **The Potting Shed** exclusive tableware and linens, charm bracelets, lockets – thank you gifts for the little helpers that make the day so special.

RANSOMS

La Grande Route de Faldouet, St. Martin. Telephone: 856699 Open Monday - Saturday 9.00am - 5.30pm. Late nights Wednesday until 8.00pm.



M

Jewellery

We are lucky enough in Jersey to have a great choice of jewellery. Pearls and diamonds are a popular choice, but at the end of the day, whatever suits your dress is the thing you should choose. Try not to take attention away from you - after all it is your day. Many shops now let you take jewellery away on appo so you can match it up at home, and Jersey Pearl have just introduced a great new service where you can take your dress in and try it all on there.



Lingerie

This may sometimes be left as a last thought. Either your dress is so supportive in the bust you don't need a bra or you may be determined to hold yourselves in with tummy tuck pants. Whatever your decision, be prepared. At the end of day; the dress needs to come off and there is only one person who should be seeing what's underneath. There are an array of places which provide lingerie ideal for weddings including Voisins, De Gruchy, Plums, Adorne and Marks and Spencer. Just like any underwear it is going to come down to personal choice but it needs to fit well under your dress - no VPLs please.



Maid of Honour

The Maid of Honour (aka 'the go to girl') is the person who the bride will need to depend upon to keep her on schedule and calm. She also has to make sure that the bridesmaids have transportation and a place to stay on the big day as well as holding the bride's bouquet during the ceremony and signing the wedding certificate as a witness of the wedding.



Master of Ceremonies

The MC will not actually be doing any MC-ing like Ms Dynamite! They will have to make sure that all audio equipment is working so guests can hear the speeches/toast as well as ensure that the events after the ceremony are conducted in an orderly fashion. Other duties include directing the wedding attendants as to where they should stand in the receiving line and announcing the entrance of the bride and groom.

One stop wedding shop

Your wedding is one of the most important events in your life and at M&S, their aim is to assist you in any way possible to ensure that your day is perfect.

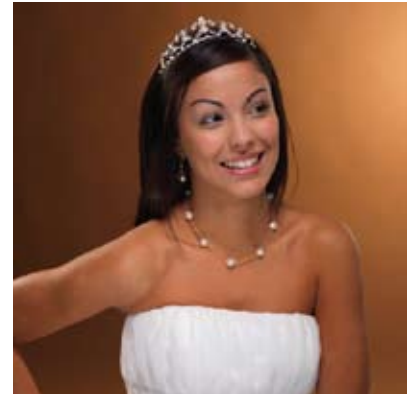
From selecting your stationery or wedding cake, to choosing your bridal underwear, M&S really is a one stop wedding shop. Your guests will enjoy using their wonderful new website to select and purchase from a wide range of gifts personally selected by you to fill your new home with memories of your special day.

All you need to do is visit their store and let their experienced staff help you set up your wedding list. If you're setting up home together for the first time or refreshing your love nest then their friendly and knowledgeable team can guide you through their stunning home collections including kitchens, bathrooms, bedding and living accessories - and they then wrap and deliver all of your gifts at a time requested by you.

For more information give them a call on 508781



E



Although many brides still love the classic creamy white pearls, recent developments within the pearl industry have led to a wider range available when considering colour.

Pearls can now be found in shades ranging from hot pink and warm lavender through to sunshine yellow and peacock purple. The introduction of these new colourways means that matching jewellery to bridesmaid dresses or Mother of the Bride outfits is now much easier, and the results outstanding.

The shape of a single pearl has also seen much change over the years, with the classic round and rice style now being accompanied by 'cornflake' shaped pearls as well as ovals, triangles and long delicate stick-shaped pearls. Clients who love more than one shape are now opting to twist two or three different styles together; therefore blending complimentary colours and shapes together into one necklace.

Jersey Pearl has embraced the new stylistic developments whilst at the same time remaining true to pearl traditions. Their showroom in St Ouen hosts the largest range of pearl jewellery in the world and caters for those who are looking for traditional as well as uniquely modern pieces.

Alongside collections within the showcases, the design workshops in Jersey Pearl St Ouen and St Helier have vast arrays of loose pearls which can easily be transformed into bespoke pieces of jewellery especially for your wedding day. Alternatively if you have the perfect pearls ready for your perfect day but feel they are in need of a little TLC the professional workshop teams are always on hand to offer restringing advice.

"Every woman needs ropes and ropes of pearls"
Gabrielle 'Coco' Chanel

The new consultation suite in St Ouen means that brides can now bring flowers, veils and even dresses into the showroom allowing the Jersey Pearl team to work through their collections to find the most suitable pieces for your special day.

With such a magnitude of flexibility and versatility, pearls have never been more suited to bridal attire and are ideally suited when considering wedding jewellery.




JERSEY
PEARL

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Photography: Danny Evans
Beautiful Bouquets by Mark Howe Flowers
Hair and Make up by Rachel at Elmina
Models: Guy, Kelly, Louis, Lauren, Richard, Janine

Models: Guy, Kelly, Louis, Lauren, Richard, Janine

Three quarter frock coat package £65 / fancy waistcoats £18 / cravats £8 all to hire / Red Rose waistcoat from £69.95 to buy all from Mens Club / Groom wears black Pied a Terre shoes £112.50 / Best Man wears black Barker shoes £121.50 / Usher wears black patent Richard Cartier shoes £67.50 all from De Gruchy / White handkerchiefs from Marks and Spencer



Photos

Choosing your wedding photographer is a major decision, they'll be the person responsible for turning your big day into treasured memories.

There are many talented photographers in Jersey all offering a unique style, although at the moment there seems to be a huge trend for wedding photojournalism. Of course you still need the classic family photos with aunt Ethel and your third cousin once removed, but photojournalism is a good way to see the moments you perhaps missed on your day.

We asked Christian Keenan of CKP Weddings to give us five reasons why people choose wedding photojournalism.

1. Wedding photojournalism focuses on capturing the reality, emotion, and spontaneity of your wedding day. When you look back at your wedding photographs in twenty years time, you should be able to remember what you felt at the time, not just what you looked like.

2. Many traditional wedding photographers often have very established views on certain 'must have' shots and often co-ordinate events, asking people to stand in certain positions and working to the routine of how the photographer thinks the wedding day should proceed. You will have spent time planning your wedding to reflect your own personality and your wedding photographs should reflect this. A wedding photojournalist will not stage manage your wedding day but will quietly document events as they happen, recording your day rather than being in charge and directing events.

3. Just because wedding photojournalists capture moments, doesn't mean they can't use their creativity to capture a fantastic portrait as well. Portraits have historically always been a skill of a good photojournalist and portraits taken by a wedding photojournalists will often be artistic and natural looking and will fit the way they take the rest of the pictures. They are still portraits; it's just a different style. Good wedding photojournalists should be able to achieve great portraits in minutes rather than hours which will ensure that you do not spend hours in front of the camera and the natural flow of your day is not interrupted.

4. Wedding photojournalists tend to have experience working as newspaper and/or editorial photographers and will therefore be skilled at covering large events where there are lots of things happening. Such experience is invaluable when photographing a wedding.

5. Finally, remember that there is more to choosing a photographer than simply picking a style! Each photographer will bring characteristics to the job that will influence the images they take. When considering any wedding photographer, take time to have a thorough look at their website, meet with them to discuss your wedding day and, most importantly, ask to view at least two full weddings on-line so that you can see exactly what you can expect to receive. If you have decided that you would prefer a photojournalistic style, look for a wedding photojournalist who is able to tell the story from start to finish.

Christian is an international award winning photojournalist and has been working professionally as a photographer for over ten years. Having learnt his trade working for the JEP, he moved to China to work as an editorial and documentary photographer where he won a World Press Photo Award for his work, one of the most prestigious accolades in photojournalism. He now focuses on wedding photojournalism. He is an award winning member of the Wedding Photojournalist Association (www.wpjia.com), an exclusive international organization representing photographers who are skilled in the documentation of weddings in a candid, unobtrusive style and was placed fourth worldwide in the 2007 WPJA Photographer of the Year competition. In 2008 he was named one of the top ten wedding photographers in the UK.



Planners

Some people love nothing better than organising and planning. Others either don't have the time or the inclination. This is where a wedding or event planner comes in. They have the creativity to organise, design and co-ordinate your wedding and perhaps think of things you may have not. Claire Bradbury from Chique Events tells me it is a trend that originally started in the US and has been growing in more cosmopolitan areas. She offers a range of services depending on what the client wants, and whether it's something unique or traditional, an intimate gathering or a lavish affair, each wedding is individual and personal. Expect every detail to be taken care of from start to finish, with involvement from Chique being as little or as much as you like. It is a great hassle-free option if you need a pressure release.

Private

Cardington House can provide you with the ultimate bespoke wedding. Any wedding set in this stunning majestic property is guaranteed to create once-in-a-lifetime memories.

This five bedroom boutique hotel radiates timeless sophisticated charm and truly embodies an exclusive, luxurious retreat. With its picture-perfect views this intimate setting lends itself perfectly to weddings.

What is lovely about Cardington is that you can tailor everything, down to the smallest detail, to your specific requirements. You let them know what your wishes are and they will produce something above and beyond your expectations. When they say they are a 'bespoke' venue, they really mean bespoke.



Reception

There is a whole host of things to consider when planning your reception. Many people spend a huge chunk of the budget on this event - after all this is where all your close friends and family come together to celebrate. Do you want outside catering at home or in a hired marquee? Do you want to use a hotel or restaurant? Throughout this feature we have included several ideas for reception locations, including some very unique ones. We can't forget to mention La Mare Vineyards and Durrell for their beautiful settings and surroundings.



YOUR M&S

Rings

'Together Forever'

Choosing the right engagement or wedding ring does not mean that you have to spend a fortune or have the same kind of ring as someone else. There is a wide selection available and lots to think about but don't panic, Gallery has made life easier by taking a look at some of the more classic, bespoke and interesting designs.

As we know, everyone's taste and budget is different. One option is to keep it simple and classic with a diamond solitaire ring in yellow gold together with a yellow gold band wedding ring. The diamond can be as understated or as overstated as you wish. The modern version would be something similar, but in white gold, coupled with perhaps a white gold wedding band set with

you want white, yellow, or rose gold, platinum, set with diamonds, engraved, tire tread or flag detail, you too can have a unique wedding ring at a reasonable price. This option comes with a word of warning however, make sure you leave plenty of time for the design and production of your ring and be cautious of using opals and emeralds as they tend to chip easily.

What colour, clarity, cut or shape of diamond should I choose? You are likely to be nervous and excited when walking into the jewellers and the special 'diamond chart' can look daunting upon first glance. Essentially it comes down to the following: 'Colour', the whiter the diamond, the more rare it is. 'Carat',

Interesting fact: evidence shows that in times of recession there is an increase in the purchase of engagement rings and of couples deciding to tie the knot because people are searching for social stability.

diamonds in a full eternity design and a satin and polished finish. Those who want a potential investment for the future may want to consider the very vibrant purple/blue tanzanite stone. Tanzanite is only sourced from one mine in the world and is 1000 times more rare than diamonds. If you are searching for an engagement ring that is slightly different, you may like a beautiful white or yellow gold pearl ring that can be set alone, or together with diamonds, rubies or sapphires.

Wedding rings can have a round or flat edge and can be made to complement the engagement ring. It is becoming fashionable to have diamonds set in a wedding ring, either grouped or all the way around the ring. This can maintain the 'wow' factor, particularly if your daily routine requires you to remove your engagement ring. The trend for men is to have white and black diamonds set on either white gold or platinum and you should bear in mind that platinum is more durable.

What about having a wedding ring designed for you? This is not just for the rich and famous. Whether

this is the weight of the stone. 'Clarity', diamonds are mined from the earth and therefore have what are known as inclusions, small natural specks (you're unlikely to find a diamond in which you could not see any inclusions at 10x magnification). The chart measures the rarity of the diamond and the price of the diamond is relative to how rare it is. Therefore you can use the chart to help you to choose a diamond according to your price range and taste. For example, a large diamond with less clarity would be a similar price to a smaller diamond with greater clarity. 'Cut', this is simply the cutting of 57 facets on the diamond and provides the 'sparkle' element to the ring. The shape of the diamond is personal choice, the most popular being 'Round'.

Having said all this, try not to become too obsessed with the quality or type of ring or diamond, and remember that you want a ring that suits you and best symbolizes the love between you and your partner. As a result, you should be able to maintain the enjoyment of the selection process.



Round brilliant solitaire diamond rings set in platinum, from £800 / Diamond channel set wedding rings in 18kt gold or platinum from £300 Diamondology



A selection of Bien wedding rings, available from Rivoli Jewellers. Prices for 18ct white gold wedding bands with diamonds from £1395.00



18ct yellow gold and 18ct white gold with pavé set diamonds £350 each handmade to order at The Bench





Christian Bauer 950 platinum, 585 red gold, brilliant cut diamonds and 950 platinum, 750 rose gold, brilliant cut diamonds - prices range from approximately £200 to £2,000 depending upon finish & size from Letto's.



9ct white gold with freshwater pearl and rubies £173.50 / 9ct gold oyster pearl ring £125 both Jersey Pearl



18ct white gold diamond set, brushed finish Bride's wedding ring £800, Jersey Goldsmiths

18ct white and rose gold Bride's diamond set, £758, Bridegroom's plain, brushed and polished finish £938, Jersey Goldsmiths

18ct yellow gold wedding rings diamond set with half matt and half polished finish. Bride's £873. Groom's £1,023, Jersey Goldsmiths



Centre ring mounted centre natural pink radiant cut diamond (1.16ct) offset with trilliant cut diamonds (0.51ct) set in 18ct white gold mount, £25,235 by Aurum

18ct yellow gold and platinum wedding band, available in 3-8mm width, price varying according to size. (6mm - £577) Aurum

Love Letto's...

March sees the arrival of a whole host of stylish new collections from some leading jewellery designers.

Silver set with semi-precious stones along with bespoke pearl and crystal ranges are the way to make a style statement this spring. And remember that Letto's is the place to go for that special Mothering Sunday gift.



The new Breuning silver collection is a collection of modern designs, select stones and superb finishes.

Another fabulous new collection, exclusively available from Letto's, is jewellery by Nina Ricci.



Choose from a comprehensive selection of Omega timepieces for men and women, including the popular Seamaster Planet Ocean. Interest free credit available.

For helpful, friendly advice call into Letto's in Charing Cross.

H. Letto & Son Jewellers Limited
Tel: 730952

H&S

Stag

There are so many options of places to go and things to do on your stag night. It is traditionally supposed to be up to the best man to organise, but nowadays the groom either organises it himself or at least gets to pick where he would like it to be and the best man can do all the organising. You can choose from adrenaline pumping activities to relaxation weekends. The standard pub, club and curry stag nights are being replaced with crazy weekends away or going on adventure/activity weekends. Cheap beer in Poland seems to be a popular one at the moment!

Shoes

As always this is probably going to be easier for the guys, as long as they are smart and comfortable. The ladies may decide to choose anything from strappy sandals to pumps to walk down the aisle. Bear in mind you will be wearing these all day and with a longer dress may not be seen as often. Think about the material when buying them... will they stain on grass? Is leather too hot in summer? Remember less is sometimes more, especially when accessorising a beaded and intricate dress.

Stationery

There are an array of options for stationery including generic which are available from places such as De Gruchy or personalised sets. Remember to get your save the date card out up to a year before the wedding and order the rest several months before the date ready to send out ahead of time. You are going to need to consider everything from place names to thank you cards.

Toastmasters

Toastmasters are able to apply their skills to any type of wedding occasion. They help throughout the day to make sure things go to plan, greeting the bride and groom on their arrival at the wedding reception and directing guests to all the facilities available at the wedding venue.

Transportation

How are the bride and groom going to get there? Hopefully your budget is not so strict that you have to resort to a wheelbarrow! You could choose anything from a horse-drawn carriage, a vintage or classic car from Jersey Classic Car Hire, or perhaps a limousine available from Curwoods. They even have limousine bikes these days. That's not forgetting your guests; you may have to organise a coach to get them from the church to the reception.

Ushers

The role of the usher was traditionally given to a family member of the groom but in these modern times ushers have also been members of the bride's family or close friends. To every 50 guests there should be an usher. The usher is required to wear either what the groomsmen are wearing (perhaps tuxedos) or a suit.

Unique

Heritage Weddings. On an island as beautiful and romantic as Jersey it is a very clever idea to actually capture the essence of Jersey in your wedding day. Jersey Heritage has a choice of beautiful and fascinating venues available for hire, from castles to a Victorian merchant's house. These are truly magical and individual wedding destinations.

Mont Orgueil Castle

Built in the 13th century to protect the Island against the French, this dramatic castle towers over the harbour at Gorey. The jewel in Jersey's crown, it is one of the best-preserved castles in Britain and one of the most photographed sites in the Island. With spectacular views of the east coast and across the sea to France, it makes the perfect backdrop for a wedding ceremony or reception.

La Hougue Bie

In use approximately 6,000 years ago, La Hougue Bie is one of the largest and best-preserved examples of a Neolithic site in Europe. Set in beautiful and peaceful grounds, it is dominated by a grassed mound, which is topped by the chapel of Notre Dame de la Clarté, built in the 12th century. Small religious ceremonies can be held in the chapel, with wedding receptions taking place in a marquee in the shade of mature trees in the grounds.

Hamptonne

Hamptonne is a collection of fine traditional Jersey farmhouses dating back to the 17th century, which have been restored to their original beauty. Located in the heart of the Island's countryside, it is an idyllic site and a perfect venue for a civil wedding ceremony in the Langlois House, which boasts some of the oldest architectural features in the Island, along with an open fire and original beams. Wedding receptions can be held in a marquee overlooking the meadow.

Jersey Museum

No 9 Pier Road adjoins the Jersey Museum and is one of the finest examples of a 19th century town house in Jersey. It has been fully restored to how it would have looked in 1861 when it was home to a prosperous family in Victorian St Helier. Civil marriage ceremonies are held in the beautiful gas-lit Victorian drawing room. The Museum Brasserie is an ideal location for wedding receptions. In the summer the walled courtyard, adorned with lavender and vines, is a beautiful and peaceful refuge in the heart of St Helier.

Elizabeth Castle

For 300 years Jersey was defended by this impressive fortress built on an islet in St Aubin's Bay. Civil wedding ceremonies are held in the Governor's House, which was built in the 1590s. Sir Walter Raleigh was its first resident and it was where Charles II lived during his short stay in the 1640s. This beautiful building, with a large terrace, is located near the top of the castle and the views are fantastic. Wedding receptions for up to 200 guests can be held in a marquee on the Castle Green, which has excellent views across the bay to St Helier and St Aubin.

For further information visit www.jerseyheritage.org
images from ckpweddings.com



Veil

A wedding may be the only time a Western woman is likely to wear a veil, if she follows the traditions of a white wedding. Brides used once wore their hair flowing down their back to symbolise their virginity, nowadays the white diaphanous veil is often said to represent this. Ellis Bridal have a huge selection of veils from simple styles to lace, beaded and embellished. Again this needs to match your dress and be fitted into your hair style on the day.

Weather

Prepare! As much as we would love to, no-one can change or predict the weather. It is a lovely idea to have a wedding outside in the summer sun but when the dark clouds roll over you don't want to be a soaking wet bride stuck in the mud. Think about having a venue with both outdoor and indoor options, or hire a marquee. La Mare Vineyards have become one of the most popular venues for their beautifully set lawn and indoor restaurant with an outdoor terrace overlooking the vineyard. And keep your fingers crossed, there really is nothing like a summer wedding here when the sun is shining.

Wedding Lists

What's the best thing about getting married? Everybody knows it's the err... gifts! It could be your first, second, or perhaps even third time going up the aisle, and if it is more than your third time, it's probably a bit cheeky to have a lengthy gift list. But there are several places on the island that provide a fantastic wedding list service.

De Gruchy's Gift List is located in the furniture section on the 1st floor. They offer everything from a sofa to a blender, and with the new Fortuna electronic store you could even try your luck with a 52" HDTV. It's all about everything home but if you are struggling to choose you can always opt for vouchers. A bonus here is that you get 5% back on the total amount spent on your list, which is a great incentive.

Wedding Wish Lists with a Twist

The Ransoms Wedding List is a perfect idea for couples who already live together and have accumulated all the usual household items. Couples can go around Ransoms and choose items such as their dream Garden Chair & Table Set, Chalet Sheds or their favourite top of the range BBQ; then family and friends can gift money

towards these amazing presents. This sort of wedding list is such a clever idea as it enables newlyweds to get fantastic luxury items for their home that they genuinely need and will love.

If the bride feels that it's all a bit too male-orientated then they can pop across to The Potting Shed and choose some gorgeous Emma Bridgewater or Suzie Watson Crockery and pop that on her own Wedding Wish List.

We have found some fantastic gift ideas which you may want to add to your wedding list if you're the lucky couple, or if you're a guest and stuck for ideas, will make great wedding presents.

Whole shebang

If planning a wedding seems like a nightmare to you, the best option is to opt for something that incorporates all the elements with the least level of stress. Les Charrières Hotel is licensed for civil weddings, so if avoiding a church is high on your agenda then this is a great place to start. Being at a hotel means there are rooms available for getting ready in the morning before the ceremony, and it also means that if you have any guests coming from further afield, they have somewhere to stay. As well as being able to get married at Les Charrières, you can then go on to have your photographs taken in the stunning St Peter countryside, followed by a reception in one of their 3 function suites. It saves on transport and also means you can enjoy your champagne and dance the evening away without having to worry about getting everyone from A to B. Another bonus is their free wedding consultation and planning service. If you can't choose what colour balloons you want, they will do it all for you!

Zzzzzzz

There really is nowhere like the Executive suite at The Atlantic Hotel to spend your wedding night. What a perfect way to end your day - with privacy, quiet and views looking over the gardens and ocean.



Susie Watson Crockery Set: Tea pot £35.00, dinner plate £16.99, pasta dish £19.99, dessert bowl £13.99, side plate £12.99, mug £12.99, The Potting Shed.

TOP TEN TIPS FOR PLANNING YOUR WEDDING

Allow yourself plenty of planning time. You want it to be an enjoyable process, not a fraught one!

Sit down with your immediate family from the onset to see if anyone has any strong feelings about any aspect of the wedding. It is better to resolve any issues during the initial stages of planning.

But remember...it's your wedding, so DON'T feel pressured to comply with what other people want or expect. You can't please all the people all of the time.

Set a budget. It's very easy to overspend and get carried away so meticulous financial planning is a must!

Check the availability of BOTH your ceremony venue and reception location before confirming a booking.

In case of bad weather make a contingency plan for elements of your wedding that will take place outside i.e. the location of your photography or reception drinks.

DON'T forget the power of sound and lighting. In their own right and when used correctly each can transform the look and feel of a room.

Creatively think out of the box to make your wedding personal and unique to you.

Plan for and expect the unexpected. Even the most organised day can have accidents and mishaps.

The assistance of a professional wedding planner not only saves you time but saves you money as well!

Claire Bradbury

Chique Events



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Your Rings . . .

the lasting symbol of your commitment to each other. Letto's can offer you help and advice on choosing the right rings. There is always a superb collection in stock, including diamond set options. If you are looking for something to complement your wedding gown, try diamonds or pearls from simple diamond solitaire pendants or exquisitely-crafted diamond suites.

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The Bench

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thebench@worldgold.com
www.thebenchdesign.com

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Attire 4 Hire

Located at Beuvelande in St. Martin Attire 4 Hire is a specialist service providing the gents with a huge option of wedding and formal wear with the largest stock collection of menswear in Jersey. Hire suits from £40, complete highland wear from £80 and Prince Edward's from £65. Accessories and children's wear is also available for hire, and shirts to buy.

Attire 4 Hire
Beauvelande, Rue de
Beuvelande, St. Martin
Telephone: 01534 768430
andy-munro@hotmail.com



The Gift List

Thinking of setting up a Gift List? Be it for a Wedding, Birthday or any other special occasion, at de Gruchy Gift Centre we offer a comprehensive Gift Registry service. You have the pleasure of selecting the gifts you want, then we do the rest. We will sell your gifts, wrap them and deliver them. Plus Receive 5% back on the total amount spent in vouchers.

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FASHION

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DUNE @ DE GRUCHY

Shoe lovers prepare yourselves, one of our fave shoe shops will be landing in De Gruchy any day now. Dune's concession will be based on the ground floor opposite LK Bennett in the area Jesire previously occupies.

Known for its celebrity-worn styles the new S/S 09 season collection from Dune includes a range of high heeled gladiator sandals, super wedges, platform courts and embellished flat sandals. The bright colours are really cheering us up ... Spring is coming!



Sub Couture @ De Gruchy

This season sees the launch of a brand new contemporary fashion label, Sub Couture and De Gruchy's first-floor womenswear department has it! There are some very strong edgy looks in the collection, with feminine chic pieces to give a real mix for everyone. The silk, linen and new cotton fabrics give it a sophisticated appearance.

Lime green dress £167 available in sizes 8-18 De Gruchy



Roulette Loves Trainers

Here's a teaser for those of you who like your kicks! Roulette Clothing is about to launch its new trainer store any time now and it's going to be the first dedicated trainer store Jersey has ever seen. Based on the New York and city styles of contemporary footwear, there is going to be some new brands as well as some old favourites. Think slick, premium footwear!

Brands to look out for: Nike, Adidas Originals, Y-3, New Balance, Creative Recreation, PF Flyers, Diadora and Puma



Marlies Dekkers @ Plums

Plums have just received the new collection from Dutch lingerie designer Marlies Dekkers. The statement pieces are meant to be seen - especially the bras, which are a firm favourite with the Gallery girls at the moment!



Made and Adored bra £78.95 thong £43.50, Plums Lingerie



Give and Take bra £84 and thong £43.50 Plums Lingerie



Tina Lilienthal @ Letto's

New to Letto's is this fun jewellery from award winning designer Tina Lilienthal. Having graduated from the Royal College of Art in 2003, Tina Lilienthal quickly established herself as designer for bespoke fashion jewellery with an edge. Her pieces use a mix of unconventional materials such as plastics and fabrics, with precious elements like silver, gold, and pearls.

The likes of Kelly Osbourne, Denise Van Outen, Brittany Murphy and Davina McCall have already been spotted wearing her jewellery!

C.R.A.F.T @ Manna

Kate Moss has been rocking them already and it's about time we got a piece of the action. New last year, cult denim brand C.R.A.F.T (Can't remember a f***ing thing) has just arrived at Manna. Inspired by edgy icons of the past and a bit of rock and roll soul, these are the must have jeans this season - especially the tie-dyed skinnies for all you trendsetters.



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Model Agnes



Eberjey Animal Bralet (under cardigan)

Sea Biscuit £30.00

All Saints Shadow Cardigan

Voisins £65.00

Graham Spencer Vest Coat

Manna £290.00

Malene Birger Alonsa Trousers

Manna £120.00

Carvela Athens Sandals

Voisins £100.00

Malene Birger Bone Necklace

Manna £60.00

Rivali Bracelets £206.00 (for chain)

£29.95 (for individual charms)



Rutzou Silk Eden Dress

Manna £165.00

Malene Birger Cut-Out Boots

Manna £320.00

Coccinelle Body Bag

Voisins £115.00

Brunello Cucinelli Brown Canvas Bag

Renaissance £1,112.00

Necklace/Earrings/Ring

Swarovski £118.95/£87.95/£69.95



All Saints Carabella Dress

Voisins £95.00

Dimoni Pink Handbag

Hi Heels & Handbags £159.00

Brown Leather Belt by Amanda Wakeley

Renaissance £179.00

Malene Birger Jiva Bone Necklace

Manna £120.00

Brunello Cucinelli Silk Top
 Renaissance £419.00
 Cotton and Silk Trousers
 Renaissance £335.00
 Philosophy Di Alberta Ferretti Light Blue Suede Shoes
 Renaissance £285.00
 Marc Cain Spotted Scarf with Silver Sequins
 Marc Cain £69.00
 Brunello Cucinelli Canvas off white Bag
 Renaissance £1029.00
 Msiamo Pale Horn Necklace
 Renaissance £115.00
 18ct White Gold Pebble Dia/Hematite Drop Earrings/
 Necklace/Bracelet
 Jersey Goldsmiths £294.58/£283.87/£224.94



Alberta Ferretti Dress

Renaissance £415.00

18ct Multi-Coloured Tormaline Necklace

Jersey Goldsmiths £956.43



Silk Shadow Kimono Dress

De Gruchy £64.17

Rebeca Sanver Navy Suede Shoes

Hi Heels & Handbags £169.00

Emporio Armani Body Bag

Voisins £125.00

Msiamo three tier nugget necklace (worn as belt)

From Renaissance £99

Msiamo Necklace

From Renaissance £115.00



WARDROBE COMMITMENT

BY JULIE HURST

Stockpiling the latest trends each season has left many of us with wardrobes full of unworn and unwanted clothes. This spring it's time to reassess our shopping strategies.

Blowing our budgets on wear-today-gone-tomorrow fashion has not only clogged up our closets, but also suffocated our personal style. While today's tough economic climate may force many of us to rethink our sartorial spending habits, a commitment to invest in fewer, better quality clothes that work harder for our money will also refocus our attention on those individual pieces that are worth cherishing.

This shift in focus has not been lost on designers. Many have worked on refining their own signature styles this season and produced pieces with staying power, rather than collections of one hit wonders. So if you are looking to update your wardrobe this spring, seek out those items without wear by dates that complement and enhance your individual style.

The new 'trophy' jackets are a great example of a covetable classic with a wow factor, and are as versatile as they are dramatic.

Statement necklaces now have a new rival in the adornment stakes, with oversized earrings featuring in many collections. These daring pieces will instantly transform your look, without breaking the bank.

And if you simply want to inject a bit of fun into your wardrobe, to counter the global gloom, then a splash of bold, bright colour will provide that essential feel good factor.

Signature Style Consultancy
www.signaturestyleconsultancy.com

The new 'it' bag

If there is one bag you're going to buy this season, let it be the natural coloured one. It'll go with every outfit and the light colour has summer written all over it. We love this leather one from Mischa Barton's new handbag range exclusive to De Gruchy, £61.75.



Natural Woven Handbag £54.00 Eclat

Brown military style jacket
 £165 Karen Millen

Wood Pendant Circular
 Earrings £10.50 Eclat

Aqua and Bronze Double Hoop
 Earrings £19.50 Eclat

Mega Gold Black Pendant
 Earrings £17.50 Eclat

Tweed £199
 Karen Millen

Lime Moschino Cheap & Chic patent
 peep toe £359 Renaissance



BEAUTY & WELLBEING



hey, good looking!

There's nothing wrong with trying to look and feel your best. We strive to make the magazine better and better as each month passes and we do it all for you - the readers. If you're a business that would benefit from the gorgeous Gallery readers seeing your message here then why not get in touch today? And don't forget to stay beautiful.

call us > 01534 811100

We're not saying that you need to include a girl like this in your advertising but it is our annual underwear shoot issue so we figured 'why not?'

Beauty News Flash

The Spiral Tree CD

Journey Inward Through The Breath: Part 1 is a CD to nurture and nourish the body, mind and soul.

Blended with beautiful music to soothe and relax, this journey reconnects the body and mind through the breath to bring deeper levels of awareness and calm.

"Students have always asked for a series of CDs to follow on from the classes I teach, so it is fantastic to see Part I available for sale. This project is an ongoing collaboration with Tudor Moore (Third Floor Tiger) bringing together his incredible music and production skills and Kathy Rondel who has creates the most inspiring artwork...we're currently working on Parts II and III which should be available later this year."

£12.99, available at www.thespiraltree.com



Keith Ealey Hypnosis

Hypnosis is a phenomena, with its roots going back thousands of years to Ancient Greece and Egyptian times. People go to Keith with an initial problem or issue, and then as the session progresses they work out the roots of those issues.

The sensation during one of Keith's sessions can be likened to drifting off into a daydream (as you do naturally day to day). When you enter this state - somewhere between conscious and un-conscious - you can access a wider breadth of feelings and emotions which can help you come to decisions and find answers more easily.

"So many people can benefit from Hypnotherapy. It is a very gentle, faith form, of therapy and clients have come to me with an amazing vast variety of issues such as anxiety, panic attacks, phobias, low self esteem, exam nerves, life direction, sleep deprivation and burn out - to name a few!" Keith Ealey

1hr - £80, Matisse, St.Aubin 741731



Mindlift Prescription for Wellbeing CD - Solutions for Stress

Catherine Jackson has created this relaxation CD which is designed to calm the mind and soothe the soul. Solutions for stress helps you find your own special relaxation place, whilst giving you techniques to take control of your stress levels and regain balance in your life.

"I really wanted to record the CD in response to requests from my clients. And then I was lucky enough to meet Marc Mitchell and he composed the music around my script!" Catherine Jackson.

£12.00, www.mindlift.co.uk or downloadable from iTunes

Jayne Cullen Emotional Freedom Technique

EFT is renowned for helping people deal with their problems, and truly resolve issues. However another fantastic benefit of EFT is the wonderful effect it can have on your appearance!

Anything getting you down will be written all over your face, especially if it has continued for years. To maintain youthful looks it is essential to deal with whatever it is weighing on your mind. Not only will you have the weight of your problems lifted off your shoulders, but you will save yourself a furrowed brow and worry lines.

Jayne uses a combination of Auricular Acupuncture and Emotional Freedom Therapy to help people achieve this.

"I developed an interest in self improvement after getting ill and finding a way to recover myself, after Doctor's attempts had failed. The success of my own recovery started a life long interest in self-development and my belief is that if you want to change in some way permanently then you must always go back to the cause, rather than treating the symptoms. This belief is reflected in my work; whether it is to rid someone of an unwanted habit or to help de-stress someone, the answers and healing process is all locked within, EFT just coaxes it out."

1hr, £35, Call 07829804302 for more information



TONI & GUY TRYOUT

My hair was in desperate need of some mid-winter attention and I was lucky enough to book an appointment with Damien, the new Art Director at Toni and Guy. I had heard he had worked for Trevor Sorbie and Toni and Guy London so I knew I would be in good hands.



Before

Looking over my hair, Damien told me that looking at my face shape I wouldn't suit long hair, and because of my slightly square jaw line I would need to put more volume in at the top and not accentuate the sides. It was also in pretty poor condition, which he told me could work in my favour for the type of cut he wanted to do.

The first step was washing my hair using colour stay shampoo and a light surface conditioner, which he matched to my hair type.

"I absolutely love my new haircut and I'm so excited! It's much more on-trend, and manageable. The bonus is I can wear it in several different ways – now I just need to perfect my styling techniques!"

Then Damien set to work on the cut. Starting with an undercut through the hair, Damien left length on the top by cutting long layers, and making it quite textured and choppy. He likened it to Victoria Beckham's hair and assured me it was very fashionable at the moment. As I am always on the go, I need a haircut that is easy to manage and Damien told me that suitability to the client and style is more important than fashion. Once the hair was dry, Damien decided to cut in a sweeping fringe as it suits me, and then using a back cutting method on the crown personalised the hair by creating a backcombing effect. This took weight off the hair without affecting the length. He told me that he believes a haircut doesn't end with the hair being wet.



The Cut



Styling

I have naturally wavy hair and so Damien wanted to show me two different ways to style it. Both were using dry styling products. Using Label M sea salt spray on wet hair gives a dry texture without drying out the hair itself, giving it more texture and movement with a bohemian feel.

Tip: Blast the hair with a hair dryer until it is 80% dry; there is no need to even touch it with a brush until then.

- Straighten sections from the mid length to ends to lengthen the hair.
- Spray a bit of hairspray on fringe for support.
- Using Resurrection Dust, apply to the roots for hold and volume (this comes in a white powder formula)
- Finish with Matt Paste (like a dry wax) to give texture without making the hair greasy.

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www.experiencethehouseofbeauty.co.uk

Experience The House of Beauty, 30 Hue Street, St Helier, Jersey, JE2 3PE

Exclusive GOLD facial

Carita's Perfect Gold Sculpting Facial, a new anti-aging facial which promises great results, even after one treatment with none of the pain and all of the gain of a face-lift. This is the same treatment that certain members of French Royalty can't live without!

During the month of March have this fantastic treatment for £100, usually £125.



Book now on 507859 or just call in

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7 Market Street, St. Helier, Jersey, JE2 4WY

COLOUR AT YOUR FINGERTIPS

With the weather so dull and dark breakout and put on some beautiful bright nail varnish!



Richard Cartier

You may have noticed the new Richard Cartier Salon in town opposite Lloyds Bank. You may even be one of the hundreds of people who have felt so drawn to the salon window, that curiosity has got the better of you, and you've popped in to find out what's going on inside!



many people are coming through the door. Other salons, people just walk by, but they are seeing something special here and coming in to find out more about us."

To find out more, call 722777 or pop into the Broad Street salon, where Richard will be only too pleased to show you round.

Richard and his team of talented girls are causing quite a buzz. His aim is to create an environment where all the client's needs are catered for. Whether those needs are a late night appointment, top to toe pampering, a bottle of wine to enjoy whilst having a make-up session with your friends, or advice and samples of hair products - Richard and his team are able to provide it all!

From the moment you enter the beautifully restored Victorian building you are made to feel relaxed and 'at home', there are chocolates on the counter and gossip on the walls. The atmosphere is buzzing and up-beat as clients enjoy the experience and the Richard Cartier team show off their talents.

The team is made up of Lucia Man, Salon Manager; Jamie De Gruchy, Senior Hair Consultant / Team Leader; Enia De Sousa, Senior Hair Consultant; Natalie Griffin, Artistic Hair Consultant; Natasha Boni, Artistic Hair Consultant; Fatima Ribeiro, Beauty Therapist and Clarissa Negro, Beauty Therapist. This young, international team are either young, talented and enthusiastic or experienced and well regarded in their field - just the right mix for this progressive salon.

Richard Cartier uses Wella hair products as well as Du body products; which are exclusive to them and Illamasqua make up. It is one of only 25 prestigious Wella Professional salons in the UK.

Richard commented "it's great how





- Nails Inc Yellow Brick Lane £5.00
- M.A.C Black Nocturnelle £7.00
- Nails Inc Pink Belgrave £5.00
- Zoya Purple Charisma £7.45
- Zoya Purple Hope £7.45
- Zoya Silver Trixie £7.45
- Zoya Red Haley £7.45
- Zoya Blue Tart £7.45
- Zoya Red Alix £7.45
- Zoya Petrol Ki £7.45
- Zoya Pink Sylvie £7.45
- Zoya Green Tangy £7.45
- Zoya Yellow Creamy £7.45
- M.A.C Pink Pretty Miss £7.00
- Nails Inc Red St.James £5.00
- Nails Inc Pink Brook Street £5.00
- Nails Inc Pink Slone Avenue £5.00
- Estée Lauder Beige Honey Flower £10.30

Damian Philpott offers a warm welcome to all his clients at Toni and Guy Jersey



Damian Philpott, has worked with celebrity clients such as Robbie Williams, Sophie Anderton, Pete Doherty and Eddie Izzard. His authority is confirmed by his contemporaries such as Trevor Sorbie, Eugene Souleiman and Antoinette Beeneders all of whom he has worked with.

Drawing on 20 years of experience, working around the globe on photo shoots and fashion shows, he now wishes to bring his depth of knowledge to the salon; as he states "provenance establishes character and quality. Couture functions entirely through a process in which a team of people recognize and facilitate the expression of the individual. the creative skills of the stylist, technician as well as the desires of the guest contribute to the creative process"

To book an appointment or for a free consultation with Damien call 878487



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A Les Roches Gift Voucher is the perfect way to treat your Mum this Mother's Day. It is specially presented and can include your own personal message. You can purchase it for the 'Mother's Day Deluxe' package or select from our other Spa packages. Or, they can be purchased for a specific amount.

They are valid for 12 months and can be bought over the telephone and posted to you or direct to your Mum. Or, you can call into the Spa to purchase one.

3 hour 'Mother's Day Deluxe' package* includes...

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- Glass of Champagne
- Full use of the Spa facilities, indoor heated pool, sauna and Jacuzzi
- Relaxation session in the Alpha OxySpa Pod

Worth £86.50 Special Offer Price £49.95

Order your Gift Voucher before the 22nd of March, by telephoning the Spa on 487856, or call into reception: La Rue Vegueur, St Ouen (behind St Ouen's Manor)

* Terms and Conditions apply



Tel: 487856 Email: info@lesroches.co.uk

www.lesroches.co.uk

BE COMMITTED TO YOUR SKIN

However many wrinkles, bumps, furrows and lines your skin may throw at you throughout your life, you must not give up hope! "But there are so many anti-ageing gimmicks out there!" I hear you cry. Finding the right cream for your skin can be a disheartening journey, until, that is, you find THE ONE! There ARE products out there that deliver the benefits they promise. Here is a list of our favourites:

Benefit - Dear John, a Movin' On Facial Cream (£22.50)

Give your skin all it deserves by applying this smooth, rich cream to your face and throat... day or night.

Benefit - Depuffing Action Eye Gel (£17.50)

This cooling gel helps to soothe the exhausted eye area.

Benefit - Firmology (£22.25)

Helps to make the skin appear more youthful, brighter & smoother.

Philosophy - Retinol Night Treatment (£31.65)

Retinol is intended help minimise the appearance of fine lines, discolouration and surface roughness.

Dermalogica - Multivitamin Power Concentrate (£31.88)

This delivers a concentrated dose of pure vitamins A, C, E and F to help firm and strengthen skin.

Clinique - Youth Surge SPF 15 Age Decelerating Moisturizer (£27.80)

Lines and wrinkles appear to evaporate, and are replaced by plump, vibrant skin alive with natural collagen and elastin.

Aveda - Green Science Line Minimizer (£51.00)

Helps to minimize the appearance of lines and wrinkles.

Barefoot Botanicals - Rosa Fina Anti-Ageing Day Cream (£20.10)

This precious ingredient has a dramatic effect on wrinkles, stretch marks and scar tissue leaving skin smooth, firm and radiant.

Guerlain - Success Future (£53.00)

This perfecter zaps wrinkles and allows for easier make-up application.

Thalgo Exceptional Body Total Radiance Cream (£92.70)

This brand new indulgent, silky cream sinks into your skin and makes it glow!

Guerlain - Success Future Body (£57.50)

Super indulgent cream that firms and smoothes wobbly bits!



AN EXCLUSIVE GIVEAWAY

Phytomer, the beauty product range exclusive to Spa Sirène at The Royal Yacht, is offering Gallery readers the chance to win a beautiful Phytomer product hamper worth £100.

Founded in 1971, from its very start in Saint Malo, Phytomer has maintained a pertinent and futuristic approach to beauty and is the first cosmetics brand in the world to transpose the benefits of the marine world to modern cosmetology. The Brittany seas with their invigorating and relaxing powers have inspired Phytomer laboratories to create a unique beauty philosophy: marine based cosmetics.

The sea and algae are the biggest research fields in the world for Phytomer. The sea, a source of life, covers 80% of the world's surface area and contains all of the elements, minerals and vitamins indispensable to the skin's vitality and the body's balance providing a skin care range that is ideal for even the most sensitive skin.

All of the highly experienced and trained

therapists at the beautiful Spa Sirène at The Royal Yacht use a wide range of the marine based cosmetics in their treatments which they say provide more than just results; they offer well-being and serenity as the fragrances, textures, and ingredients of the Phytomer products are all selected to provide maximum comfort and well being that rejuvenates the body and mind.

To be in with a chance of winning a Phytomer hamper worth £100, go to www.spasirene.com/phytomer and answer the following questions:

What does the word "Phytomer" mean?

Name the unique active ingredient which consists of freeze-dried seawater.

At the time of the draw for the winner, all unsuccessful entrants to the competition will receive a £20.00 voucher to spend on treatments at Spa Sirène, subject to terms and conditions.

Toning Body Scrub Marine Salt Crystals

Rich in Oligomer and marine salts, this toning scrub eliminates the dead skin cells, and provides the mineral salts and trace elements essential for the vitality of the epidermis. Your skin will be infinitely softened, smoother and hydrated £26.00

Seaweed Soap

A multi-action soap that refines skin texture and helps keep skin soft and supple £10.00

HydraContinue Moisturising Body Milk

This fresh, light milk generously moisturises the body and helps to maintain skin's natural hydrating functions. Your skin is more comfortable, satiny and beautiful looking £19.00

HydraContinue Moisturising Hand Cream

Apply a small amount daily to the back of the hand gently massaging into each finger to keep your hands perfectly moisturised . £15.00

Body Relaxing Bath Crystals

The delightfully scented effervescent crystals release relaxing bubbles, which will bewitch your senses and offer you total well-being. £24.00

Terms & Conditions

Closing date for entries is Monday 23rd March and the draw for the winner will take place on Tuesday 31st March.

Voucher only redeemable between Mondays to Thursdays 9am – 9pm. Valid from 1st of April 2009 to 30th April 2009. Excluding bank holidays over Easter. Subject to availability.



GALLERY GUINEA PIG



Hollywood 'A' listers have them all the time, any self-respecting American women over 35 has tried them and now ladies in Jersey can get them... what exactly am I talking about, I hear you ask?

Instead of seeking out the surgeon's scalpel, savvy women of a certain age are having Carita's Perfect Gold Sculpting Facial, a new anti-ageing facial which promises great results, even after one treatment with none of the pain and all the gain of a face-lift. It may sound too good to be true, but the facial is now being offered at Experience, and it's all the rage for ladies who need a little 'boost'.

Conveniently tucked away in the centre of St Helier is Experience, a tranquil haven where I am hoping the effects of time will be turned back and my rather tired-looking face will be brought back to life, all thanks to Carita's new Anti-Aging facial.

This blissful treatment begins with a personal consultation where I discuss with my therapist which areas of my face most need help. Then after climbing under the sumptuous duvet my treatment begins with a unique relaxation ritual to de-stress, rebalance energy and improve well-being.

My skin is then treated to an intense deep cleansing and amazing exfoliation with Carita's anti-ageing products containing sunflower seeds and lemon. Then the real magic begins, a unique massage eases away facial tension and improves skin firmness, as well as stimulating hyaluronic acid production, my therapist explains that this is the body's natural skin plumper, the first step to reducing my lines.

Then phase two, a gentle electrical current is then used on my face by the Pro-lifting machine, this feels tingly but I ask the therapist to turn the machine to the highest setting, a few tingles are worth it in the quest to help eradicate my lines. After completing the facial on one side I am handed a mirror, the results are remarkable, my lines and

wrinkles are definitely softer and the lifting effect in less than 15 minutes is amazing.

The facial continues with the same magic being worked on the other side of my face. Once she has finished the therapist then hands me back the mirror and I take another look at my newly lifted, smoothed and revitalised face. This really is an anti-ageing facial that delivers what it claims to, perfect for anyone who wants to look revitalised before a special event. Finally the treatment finishes with a relaxing back massage, the perfect end to this two-hour facial.

This treatment is usually £125, but during the month of March there is a special offer for Gallery readers - you can have this amazing treatment for £100 (on a first come first served basis). If however you are lucky enough not to need an anti-ageing facial, there are plenty of other luxurious Carita facials to sample. Give Experience a call on 507859 and they can recommend which one is best suited for you.



feeling hungry?
it's time to eat.

appetite
spring food festival
a month that makes the most of eating in Jersey

appetite
eating guide
highlighting the best in Jersey eating



made you look, made you stare...

It's a cheap promotional trick but now you're reading this, along with 26,000 others. That's because it's an advertisement in full colour in an award winning magazine. If you're a business looking to advertise this year don't leave it to chance, get your message seen for a whole month. Gallery's specialist editorial sections offer more scope for marketing than any other local magazine at the lowest rate card costs. And we try hard too. If you want to promote your business in the right way in 2009 then give us a call. Go on, we're really friendly.

call us > 01534 811100

We're not saying that you need to include a girl like this in your advertising but we figured 'why not?'



Rooting for the veg!

Don't get me wrong...by no means am I a vegetarian. I do need my weekly meat fix, whether it's in the form of a bowl full of spicy chili, a piece of succulent chicken or a juicy salmon fillet but I can go without for the rest of the week.

I am here once again, rooting for the simple vegetables and to show that they can stand up and take centre stage in their own right in almost any dish. I'm not talking nut roasts here, oh no, I'm taking it to the next level... I'm talking curries, burgers and stews!

When the question "what's for dinner" pops into your day, why should the answer be based around chicken, red meat and fish. Yes, they are vital to our diets and as a nation, we love them all but there is nothing wrong with replacing a few carnivorous meals with a few veggies one. Not only are we bumping up our vitamin intake but we are also helping our carbon footprint by reducing our food mileage.

For example, meat might make its way to our plates by air or boat, whereby the butternut squash that might be in your curry, or the wild mushrooms in your risotto, may have only come for the farm down the road. As well as being fresh produce, it will not require a valid ID to get through customs! You will also be doing your bit for our local farmers, the only trick is to make sure you buy seasonally.

As our taste buds begin to desire more and more exotic flavours, we do have

to expand what we import to the island but if you know your markets you will be aware that we do grow a large exotic range here on our own turf. Fungi Delecti grow a fantastic range of tempting foods, including wild mushrooms, bean sprouts and herbs and these are all sold in our local markets.

Whist cooking for some friends recently and being a bit pushed for time, I decided to rustle up a curry using butternut squash, green French beans, onions and chick peas. The curry can be cooked in almost the same time as the rice and is really tasty and satisfying. My friends didn't even comment about the lack of meat in the dish, they simply requested more!!

Ok, so maybe I don't expect to convince the whole island straight away and I can hear some people saying, "Forget it, a meal is not a meal without meat" but I beg you to give it a go before criticizing it. The flavours that you can get out of an aubergine in a Thai curry or pumpkin in a stew are delicious ... and it's economical! A pack of chicken breasts cost around £5, where as a butternut squash in a curry will set you back under £2 and will feed a crowd.

So, maybe it's worth a try for a mid-week meal, maybe leave the succulent steaks for a Saturday night and the roast lamb for Sunday's family get together? Again, I am not saying cut out the fish and meat all together but just try replacing a few old favorites with some new ones. I'm sure you will be rooting for the vegetables on a regular basis.



Libby's Butternut squash and Chick pea Curry Feeds 4 hungry people...

1 Butternut Squash, 1 large onion, 1 pack of green French beans, 1 can of chickpeas, 2 garlic cloves, 3 tbsps of curry paste (either home-made or a good shop bought one) a knob of fresh ginger, chili powder, large bunch of fresh coriander, 2 tins of tomatoes, 1 tsp sugar.

Chop the squash into large cubes and steam in a steamer for 10 minutes, alternatively, roast for 30-40 mins in the oven (steaming is quicker, but roasting is equally as delicious). While this is steaming, in a large pan, fry off the onion and garlic until soft. Add the curry paste and fry for another 2 minutes. Pour in the tomatoes, grate the ginger, add the chili powder with the green beans and chickpeas. Leave to bubble for 10 mins until the squash is ready. Add the squash to the pan, season to taste and add the fresh chopped coriander.

Serve with rice (that has boiled with a few cardamom pods, then drained - not forgetting to remove the pods) and some yummy mango chutney!

The Co-operative was the first retailer to switch all its own-brand roast and ground coffee to Fairtrade five years ago...

Co-operative backing for fairtrade fortnight

The Channel Islands Co-operative Society is once again supporting this year's Fairtrade Fortnight with a series of initiatives, as well as savings of up to 20 per cent on selected Fairtrade products.

The Co-operative Society stocks the widest range of Fairtrade grocery products of any Channel Island supermarket with 230 different Fairtrade lines, and was the first Channel Island retailer to list Cafedirect back in 1992. The Society has the largest selection of Fairtrade wine, with new offerings being added to the range to give our customers more choice. See in store for a full list of Fairtrade products available. The Co-operative was the first retailer to switch all its own-brand roast and ground coffee to Fairtrade five years ago, and last year it became the first retailer to switch its entire own-brand hot beverage range, including its iconic 99 Tea, to Fairtrade.

Fairtrade sales at the Co-operative stores continue to grow from strength to strength and were up 44 per cent in 2008*. 2008 Sales of Fairtrade products in The Channel Islands Co-operative Society stores in Jersey and Guernsey alone exceeded one million pounds. Brad Hill, The Co-operative's Fairtrade Strategic Development Manager, said: "As the UK's largest mutual retailer, we have been at the vanguard of developing Fairtrade products and promoting the principles of Fairtrade. Our sales figures show how important Fairtrade is to our customers and, thanks to their continued support, we can ensure a better deal for growers in developing countries whose families can also look forward to a better future". Plus you can save 20% on fair trade chocolate. Feelgood junk food! go get some! Fairtrade fortnight runs until 8th March



PASSIONATE ABOUT AUTHENTIC PIZZA SINCE 1965

Welcome to PizzaExpress



TWO FOR ONE ON MAIN MEALS AT PIZZAEXPRESS JERSEY

This voucher entitles the bearer to a complimentary main course when another is ordered. The least expensive main course will be free. Valid at PizzaExpress Jersey St Helier and Jersey West only until 30th April 2009. Please tear off this voucher and present to your waiter when ordering. Photocopies cannot be accepted.

dinner in law

Boy meets girl, they fall in love and before too long ... the inevitable happens. Boy or girl has to meet girl or boy's parents.

Meeting the prospective in-laws is down as one of the most intimidating things you can do. You worry about whether they'll like you (probably not) ... whether they'll think you're worthy of their son or daughter (definitely not) and whether they'll offer to pay for the wedding... (not a chance).

The first rule of meeting the in-laws: don't attempt to cook them dinner yourself. You'll be nervous enough, and likely to find even the simplest of operations difficult, so it's best not to introduce sharp knives, hot ovens and the possibility of food poisoning into the equation. Head for a restaurant. That way you can talk about the menu for ages, and if the worst comes to the worst, you can always stage the emergency phone call: 'sorry, got to go, the flat's flooded / the budgie's died / granny's escaped from the nursing home'. And when it comes to choosing your restaurant, we've made it simple for you. Just identify your in-laws and follow our recommendations. It couldn't be easier...



Home Counties Types

Instantly recognisable thanks to their Barbours and black labradors, these in-laws might look friendly enough, but don't trust the bluster – they've got a fully-stocked gun cupboard back at the estate. Distract them with the island's great views and great food.

Sumas.

Castle views and a fresh Modern British menu.

Oyster Box.

Swish and stylish with beach views and ethically sourced local seafood.

The Boathouse.

Contemporary building with excellent food and harbour views.



Jersey Royalty

The Le Feuvre-Joneses own half the island anyway so you need to make sure you take them somewhere incredibly impressive. To score as a serious player – choose one of these three options, and extra points if you're on first-name terms with the sommelier...

Bohemia.

You can't go wrong with this Michelin-starred classic. Book the chef's table if you're not frightened of seeing sparks fly...

Ocean at the Atlantic Hotel.

Chic and timeless, everyone loves Mark Jordan's cuisine.

Longueville Manor.

The ultimate in chintzy-cool, a meal at Longueville will set you back, but it'll be worth it.



Irish Extended Family

It'll certainly be lively when you meet the Murphys – especially as they've turned up en masse. With Uncle Fergus, granny and lots of cousins, there's about 25 of them. You need a relaxed-style place that serves good food and lots of Guinness.

Le Hocq.

Bright and light, pub-style food on the coast.

Gradees.

Relaxed and friendly seafood restaurant, with a patio for the whole family

Castle Green.

Gastropub food with perfect castle views.



The Out-Laws

Just your luck, you've scored the in-laws from hell. A monster of a mother-in-law, and a fussy father-in-law. You need somewhere so great, they won't be able to find anything to complain about...

Tides at the Somerville Hotel.

Excellent food and a stunning view.

Pomme d'Or buffet.

Ideal for fussy types as there's plenty of choice.

Tassili.

From the service to the sumptuous food, everything's done so perfectly they'll never be able to complain.

And for the ones you really don't want to take out anywhere....

Order a takeaway. The Mandarin Room delivers a top quality Chinese. And if you really insist on cooking yourself, make sure you cheat. Rondel's Farm Shop serves a great range of ready meals from Cook that taste absolutely homemade. Just make sure you hide the packaging...

appetite

restaurant profiles | menus | interviews | features | takeaway directory

take me home baby

www.gallerymagazine.co.uk/appetite

incorporating
appetite
spring food festival

Bear in mind that you
should conduct yourself
in life as at a feast.
Epictetus
See other famous quotes on page 101.

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appetite

eating guide

the new eating guide from

gallery

tasty

pick up your free appetite guide, out this month.

As Jersey residents we know we're spoilt for choice when it comes to all things culinary but it's amazing how there is still so much to learn. We wanted to produce a decent food guide to offer more information and actual content than any before it.

We've got features, restaurant profiles, interviews with the Island's top chefs and a few snippets of features you may recognise from Gallery too. We've done a poll amongst our friends and confidantes and included a full directory of all the places we think are half decent to go and grab something to eat. Whether you have an urge to book in for some Jersey shellfish ravioli at Tassili, a steak at Wildfire or a night in with some lettuce wraps from the Noble House, this is the chance to flick through and try something new. We've also included all the take-away numbers with recommended dishes.

We're not stopping there either.

As part of Appetite each year we'll be encouraging restaurants to offer a special menu over the month of March to coincide with the launch of the guide. We know it's been done before, but why not encourage it, all the better for foodie explorers and the restaurants hoping to greet them.

So go on, put me next to your sofa / phone / bed / jacuzzi and use me as reference next time you're thinking of trying somewhere new to eat or ordering in.

Visit our website at www.appetiteguides.com too and register to receive offers from our participating restaurants all year!



beach cafes



fine dining



cafe style



restaurants



asian



seafood / vegetarian



european



pubs



entertainment



takeaway directory

appetite eating guide **appetite** food festival

HOME & INTERIORS



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property profile

Tree House

Constantia
A Versatile Family Home

Imagine having a driveway that takes you on a journey past an idyllic lake, through an abundance of trees and arriving at a secluded house with plenty of charm on many different levels, literally. Built in around 1963, Constantia is one of four quirky and unique houses immersed in the woodland of St. Saviour.

The site used to comprise of one granite cottage with vineyards/greenhouses before the four unusual properties were constructed. Present owners, Trudie and Nigel, have lived in the house since 1997 and have used it to bring up a family, entertain and enjoy the serenity of the valley. The couple have two daughters, Louisa, who is at Imperial College London studying Geology and Sarah, who is an A-Level student at Jersey College for Girls. The household also consists of three cats and a dog.



Once you approach the house, you notice the meadow opposite, the single garage with its red door and US mail box attached, and the trees overhead. A wooden gate provides access to steps that lead up to the front door.

As you enter the house, the initial impression is 'open plan', fresh and light. The interior is decorated in a New England style that "just sort of evolved", explains Trudie. The guest bathroom and stairs to the first floor are to the right and the kitchen, dining area and sitting room are immediately accessible. There is also a functional fireplace in the centre of the room creating a cosy feel.

Double doors lead out onto a fenced and decked area with a tree protruding in the centre of the decking. "We just decked around the tree, in the summer we normally have a table and chairs outside and the tree acts as a natural shade."

For the most part, the house has remained the same as when Trudie and Nigel first moved in. Aside from modernising the house and giving it a New England look, the couple added a slight extension to the property about six years ago that extended the sitting room and provided a roof terrace on the first floor. This was made structurally

sound so that further extensions or rooms could be built upon it at any point in the future. Therefore, "the spare room on the first floor could be extended or perhaps another room or office could be built." Alternatively, the roof terrace could continue to be used for sunbathing during the summer months.

Taking the stairs up to the first floor, on your left is the spacious house bathroom, which is directly outside the master room. So, despite the fact that the master room does not have an en-suite, you do not have to travel far to laze in the large bath. In the master



As you enter the house, the initial impression is 'open plan', fresh and light. The interior is decorated in a New England style that "just sort of evolved", explains Trudie.



room, the existing window has been replaced with a large picture window. "We put in a lot of windows because it is so private and we wanted to exploit that". Indeed, the windows and doors are plentiful and allow for a bright and functional house.

The first floor also contains a playroom that leads to the girls' bedrooms, which are positioned either side of another bathroom. One room has access onto a terraced area and the other has access to a garden. "The girls would often go outside with their friends and also climb onto the roof and lie down looking up at the





stars.” This part of the house would be ideal for a couple with children or, on the other hand, some cosmetic work could transform it into a guest wing, teenage wing or even provide an income by becoming a rentable self contained section.

The various doors throughout the house enable you to enjoy the outdoors and nature. “The wildlife is abundant; there are lots of ducks, geese, chickens, squirrels and birds.” Surrounding the property at different levels are many decked or terraced areas (one of which is linked by a bridge), various gardens and even a vegetable patch. This is due to the way the house is positioned in the valley. Some of the space has potential for further developments to the property (subject to approval), like a swimming pool for example.

The house is not a listed building and all the property owners of the four houses have a share of the small quarry nearby and joint ownership of the private drive. There are also

covenants on the adjoining land so it will not be developed. Constantia is a particular taste. It is a house that could remain as it is and be home to an adventurous family, or it could be adapted to suit your requirements. “There is so much you can do, it’s ideal for parties because there are so many different levels, you can mingle and move around, and it’s great for kids to explore. It’s also quiet and safe.” The house offers privacy both externally, via its wooded location, and internally, due to its choice of rooms.

“It’s quite emotional to say that we are selling, and to think that someone will be living in our house,” says Trudie, but the couple want to downsize as the girls begin to leave the nest and are looking for a property with a similar setting and with the scope to be a project.

Constantia is on the market with Choice Properties at £925,000 and is freehold A-H & JCall 620620





savills.co.uk/jersey

savills



St Clement Jersey

4 Reception Rooms ■ 4 Bedrooms
2 Bathrooms ■ 2 Garages ■ Swimming
Pool ■ Requires Modernisation ■
A-K category

Savills Jersey
jersey@savills.com
01534 722227

Offers invited £2m



St Peter Jersey

4 Reception Rooms ■ 5 Bedrooms ■ 3
Bathroom ■ Separate 1 Bed Apartment
■ For sale as a whole or in part ■ A-K
Category ■ For sale by tender

Savills Jersey
jersey@savills.com
01534 722227

Tender Closes 1pm Friday 20th March



St Ouen Jersey

3 Reception Rooms ■ 4 Bedrooms ■ 3
Bathrooms ■ 2 Bedroom Integral Apart-
ment ■ 2 Bedroom Separate Cottage ■
A-J category

Savills Jersey
jersey@savills.com
01534 722227

Offers invited £1,575,000



St Saviour Jersey

2 Reception Rooms ■ 2 Bedrooms ■ 2
Bathrooms ■ Lovely country location ■
Generous enclosed garden ■ Sole Agents
■ A-J Category

Savills Jersey
jersey@savills.com
01534 722227

Offers invited £525,000

Trinity £258,000



1 1 1 CAT A-H

- New development
- Far reaching rural views
- Designated and visitor parking
- Communal garden
- Top of Bouley Bay

St Helier £245,000



1 1 1 CAT A-H

- Private balcony & communal garden
- Designated and visitor parking
- Walk-in condition
- Outskirts of St Helier
- Purpose built only 5 years ago

St Helier £415,000



2 2 1 CAT A-J

- Front and rear courtyards
- Parking for two cars plus visitor
- Short walk to town
- Near village shops & supermarket
- Available immediately

St Saviour £415,000



2 1 1 CAT A-J

- Great location for schools
- Situated in a small cul-de-sac
- Short drive/walk to train
- South facing garden
- Parking for two cars plus visitor

St Martin £465,000



2 2 1 CAT A-J

- Recently renovated
- Peacefully located in Rozel bay
- Private patio terrace
- Parking for two cars
- Short walk to the beach

St Helier £467,000



3 1 1 CAT A-H

- First time buyer home
- Far reaching views
- Garage & parking
- Roof conversion potential
- Sunny rear garden

St Helier £485,000



3 1 1 CAT A-J

- Refurbished family home
- Modernised to a high standard
- Front and rear gardens
- Family kitchen
- Single garage and parking

St Brelade £515,000



3 2 2 CAT A-J

- Near to railway walk
- Close to local amenities
- South facing garden
- Single garage and parking
- Available immediately

St John £535,000



4 2 1 CAT A-J

- Welcoming family home
- In a quiet, friendly and private close
- South West facing garden
- Available immediately
- Ample parking

Grouville £615,000



3 2 2 CAT A-H

- Spacious purpose built apartment
- On the edge of the Royal Jersey Golf Course
- Large balcony
- Available immediatly

St Martin £695,000



5 2 1 CAT A-J

- Three storey family home
- Superb rural views
- South facing garden
- Single garage and parking
- Available immediately

St Saviour £725,000



4 1 3 CAT A-J

- Spacious inside and out
- Requires some minor works
- Private cul-de-sac
- Available immediately
- No on-going chain

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A SELECTION OF JAYF OPEN GARDENS 2009

If you are in need of some inspiration for your gardening then pop along to one on these fantastic gardens and see what they Pros are up to!

These Open Gardens will be raising money for the Jersey Association for Youth and Friendship (JAYF) which is an independent Jersey charity founded in 1961 to provide homes for young people between the ages of fifteen and twenty one who, through no fault of their own, were denied normal home life and were in need of 'home security and help.'

The Open Gardens for 2009 are:

Sunday 19th April -
cream teas and plant stall
Mr. & Mrs. M. Binney
Domaine des Vaux
La Rue des Bas
Ballam
St. Lawrence

Sunday 26th July -
cream teas
Mr. & Mrs. R. Astridge
Gracelands
La Rue de la Croiserie
Trinity

Sunday 2nd August -
cream teas
Mrs. C. Skinner
Grey Gables
La Rue du Bocage
St. Brelade

Sunday 16th August -
cream teas and cake stall
Mr. J. W. Dick
St. John's Manor
Rue de la Mare
St. John

Shaping up for a brighter summer

Winter is the time to think about pruning many plants in the garden. However, never prune for the sake of pruning, prune only the plants that need pruning. Roses are a good example of plants that need pruning to get the best results.

Why Prune Rose?

Encourage new growth and bloom
Remove dead wood
Improve air circulation
Shape the plant

Tools You'll Need:

Sharp Secateurs
Long-handled Loppers
Thick Gloves (preferably long ones)

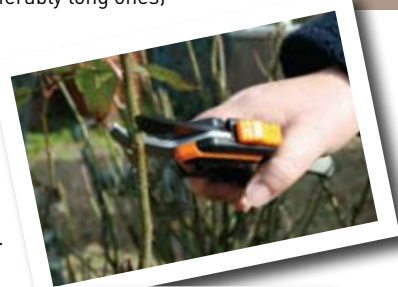
Ransoms Guide to the basics of Pruning roses –

The "3Ds": remove all damaged, dead or diseased wood.

When starting, use clean, sharp tools and look at the overall plant, begin pruning from the base of the plant. Prune to open the centre of the plant to light and air circulation. You prune or cut, hold your secateurs in such a way that the best bud is left behind. Don't use secateurs that tend to crush the stem as they cut.

The cut angle should be 45 degrees so that it slopes slightly back and away from the bud. In this way any moisture forming on the stem will run away. The bud should also face outward. Be careful not to make your cut too close to the growth bud. It is also wrong to make it too far from the bud. The cut should be 4 to 5 mm above a bud that is facing toward the outside of the plant.

When you remove a complete stem, use sharp secateurs to cut them as close to the main stem as possible. Trim the stem with a sharp knife flush with the main stem. Watch out that you don't damage the main stem when pruning roses. Larger stems may be trimmed with long-handled loppers.



Telephone: 856699 • Open Monday - Saturday 9.00am - 5.30pm • Late nights Wednesday until 8.00pm

RANSOMS



new home

de Gruchy is very excited about the launch of their new home concept department, Fortuna @ de Gruchy. The new department is situated on the ground floor at the Dumaresq Street Entrance. The showroom looks very stylish and contains the very latest in Miele kitchen appliances, award winning Panasonic flat screen TVs and amazing state of the art surround sound systems. Plus they sell the very cool and sophisticated Lumix Digital Cameras which will make your photos look amazing.

The whole showroom is fully functional, and therefore every product and appliance can be fully demonstrated to customers by the Fortuna team, who are all trained to answer any of your questions. My personal favourite is the built in Miele coffee machine, which is a must for any kitchen, and a perfect for starting the day with an amazing coffee!

Go in and have a look for yourself, something's sure to catch your eye!



The Bank of Mum & Dad

When the economy takes a downward turn and interest rates fall, there is no better way to get a good return on your money than to invest in property.

Bricks and mortar are a sound investment at any time but none more so than now, when interest rates on savings are at an all time low and there are far more sellers than buyers - even in such a buoyant property market as Jersey's. Notwithstanding the excellent opportunities, it has never been more important to make sure that you have a squeaky clean financial history. If you want a mortgage then a lender has to be sure that you are as sound an investment as the property you want to buy.

Whatever the state of the economy there are basic requirements which have to be met before any first time buyer can get a foot on the property ladder: you need a sizeable deposit and you need to show that you are not a credit risk and that you can live within your means. Common sense and back to basics are now the order of the day. This is a far cry from the 'spend, spend, spend' attitude and living on credit that has existed for far too long and fuelled the false perception of wealth for many. Downsizing, buying to let and purchasers with a healthy cash deposit are now able to seek out many good opportunities. The reality check is for sellers not achieving ambitious asking prices and the fact that obtaining local finance is not as easy as it once was.

The first step in buying a property is to find out what you can afford and where you stand. The Property Team at Crill Canavan is a 'one-stop-shop' in that initial process, even if you are just thinking about buying a property or later down the line when you are considering selling, as we offer free advice on both processes and can also guide you through all the stages by recommending the best financial advisers, mortgage providers, surveyors and estate agents.

In the current economic climate the best source for loans and deposits is the good old dependable 'Bank of Mum and Dad' as who else can you turn to in hard times but your family? And, when parents or other close relatives are looking for a sound investment for savings, insurance premiums or pension lump sums - and bank interest rates are so abysmally low - what better way to keep the cash in the family than to support the aspirations of the next generation?

If you would like advice about buying or selling a property, please call the Crill Canavan property team on 601727.



SHAUN O'CONNOR,
CONVEYANCER
MANAGER
CRILL CANAVAN

St Clement £625,000



2 2 ✓ CAT A-H

Summer days on the beach – Balmy evenings on the balcony. Truly fabulous seafront apartment with sublime sea views.

St Clement £525,000



3 2 ✓ CAT A-J

Stones throw from beach. Very well presented. Double garage. Sunny decked garden.

St Saviour £465,000



3 1 ✓ CAT A-H

Enjoy the school run – family home within easy reach of schools. Good sized kitchen, cloakroom and safe garden.

St Saviour £430,000



2 2 ✓ CAT A-J

Lots of parking!!! with potential for more. Large sitting room. Great garden

St Saviour £410,000



3 1 ✓ CAT A-J

Great home for the kids or growing family. Suntrap south facing garden. Large floored & lined loft space.

St Helier £365,000



3 2 res CAT A-H

Tasteful interior décor. Family eat in kitchen. Walk to work.

Gorey £355,000



1 1 CAT A-J

Dreamy cottage with wonderful view. Conservatory leading on to terraced garden area. Artist's dream.

St Saviour £295,000



2 1 ✓ CAT A-H

Enjoy scenic country walks. Bright and airy rooms. Could be perfect for the professional couple

St Helier £263,000



2 1 res CAT A-H

Smart town apartment. New kitchen. Decked patio area. Ideal as investment or first step on property ladder.

Giving you Choice, 24 hours a day, 7 days a week.

Visit choicejersey.com to see full property details for all the above properties and more.



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07797 712722



Gill
07797 721881



Paul
07797 757885



Sabrina
07797 756527



Dennis
07797 716430



Angela
01534 620620

Maison Victor Hugo | Greve d'Azette | St Clement

Grouville

£940,000



A beautifully presented family home situated in the much sought after parish of Grouville. Ideally located for the beach, restaurants and on a good bus route, this versatile property lends itself to either a superior two generation home or spacious home for the growing family. Full of character, the property is tastefully decorated throughout and further benefits from a secure rear garden, double garage and forecourt parking. Freehold A - J category.

4 bedrooms, 4 bathrooms, CAT A-J

Gorey

£655,000



4 bedrooms, 3 bathrooms, CAT A-J

- Immaculate family home in Gorey Village - walk to restaurants & the beach
- Four double beds, large kitchen
- Secure garden
- Garage & forecourt parking

Grouville

£450,000



3 bedrooms, 1 bathroom, CAT A-J

- Terraced granite cottage
- Refurbished to a high standard throughout
- Large eat in kitchen
- Peaceful rural location

St Saviour

£659,000



4 bedrooms, 2 bathrooms, CAT A-J

- Spacious detached home
- Beautifully refurbished-stylish interior
- Decked balcony and secure garden
- Double garage

St.Helier

£285,000



2 bedrooms, 1 bathroom, CAT A-H

- Spacious top floor flat
- In excellent order throughout
- Good size eat in kitchen & two large bedrooms
- Located on the Inner Road - close to beach & town

Grouville

£1,600 PCM



2 bedrooms, 2 bathrooms, CAT A-H

- Luxury furnished first floor apartment
- Stylish living accommodation with large balcony
- Fabulous sea views
- Exclusive development

St Helier

£1,750 PCM



3 bedrooms, 2 bathrooms, CAT A-J

- Newly built townhouse - immaculate interior
- Spacious open plan living area
- Two timber decked terraces
- Undercover parking for 2 cars

St Saviour

£2,833 PCM



3 bedrooms, 2 bathrooms, CAT A-J

- New detached home
- Great location - close to major schools
- High quality finishes throughout
- Garage and patio garden

The Waterfront

£5K PCM



2 bedrooms, 2 bathrooms, CAT A-J&K

- Luxurious penthouse in prestigious development
- Two double bedroom suites
- Large balcony with views over the whole of St Aubin's Bay

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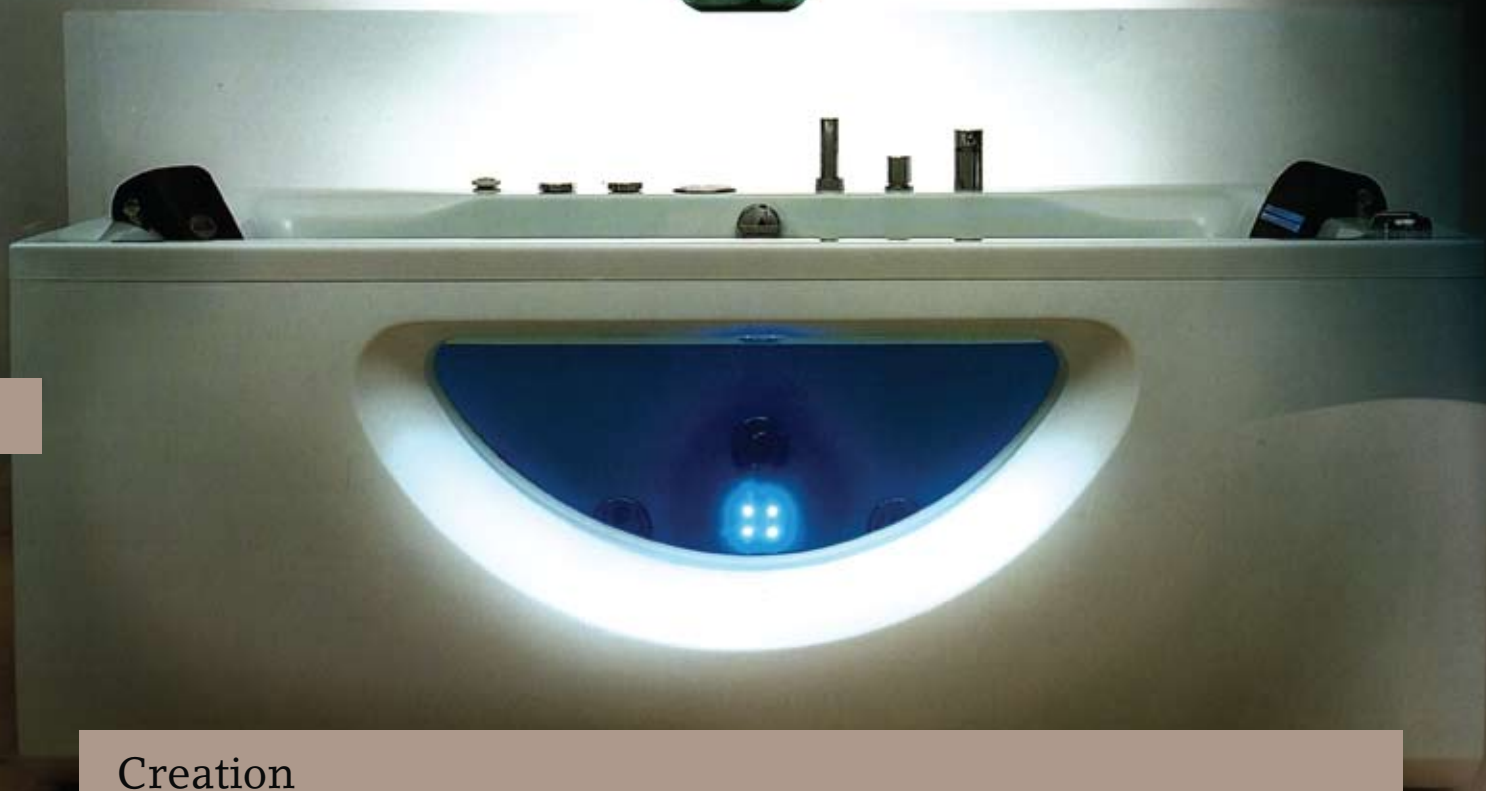




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Creation

The all singing all dancing Creation Spa Baths have triple healing; movement, colour and sound are brought together to achieve luxury relaxation and wellbeing. The Eris by Victory Spa is relaxing before you even get in; it fills itself with a soothing cascading waterfall. Once full it is both a whirlpool bath and an air bath - so you can have the ultimate hyromassage. As the sunken jets gently pummel away your stresses, the light display will calm your mind. How did you ever live without one? **Exclusively at Beaumont Home Centre £3,750**



The Classic

This Victoria + Albert double-ended slipper bath is ideal for cosy nights in and/or making up with your partner - a hot bubble bath goes a long way towards forgiveness.

The Marlborough is made from Volcanic Limestone, and in today's mass market of plastic baths, this high quality natural material really stands out.

**Available from Pastella and
Beaumont Home Centre £1,400**

beautiful plantation shutters



blinds ≡ awnings ≡ plantation shutters ≡ conservatory specialists



Lucca Collection

A sturdy and sleek modern oiled oak range, featuring stylish detailing on the front of the cabinet pieces. Lucca comes with a choice of 2 dining table sizes and 2 sideboard options, as well as many other supporting pieces for the dining and living area of your home, creating excellent versatility.

Furniture at de Gruchy

Our furniture departments have the piece of furniture that's lacking from your home to make it complete! Be it a sofa or bed, to a dining table or side board, pop into de Gruchy and see what you are missing!

Accessories for your home

What better way to complete the perfect look to your home? Take a walk through our Home Accessories Departments on the first floor and discover those finishing touches you are missing!

**Prices always lower than
the UK High Street.***

*UK High Street full priced purchases only. Excludes internet and mail order purchases

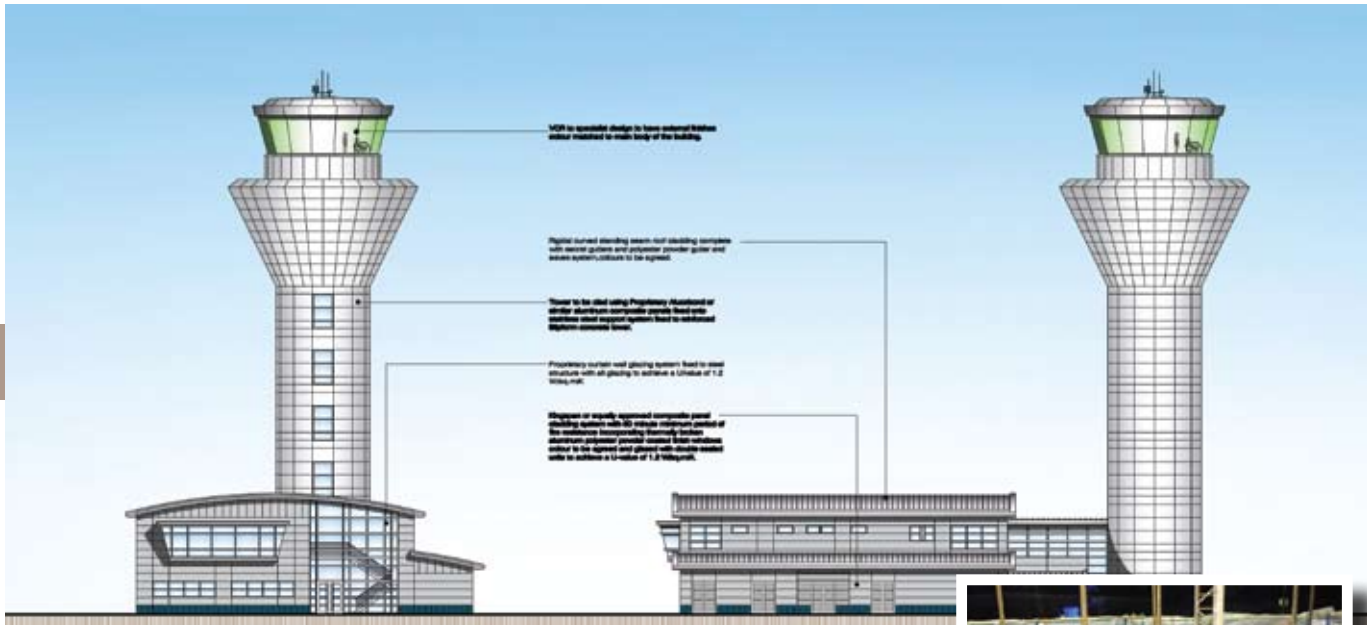
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de Gruchy
The Islands' Store of Choice

Getting Structured

From next month Gallery will be working with the AJA (that's the Association of Jersey Architects) to add a new string to our property section bow. With this in mind, and thinking all form and structure we thought we'd draw your attention to one of Jersey's latest civil engineering marvels.



Those of you that make a priority of observing all that happens at the airport will have probably noticed the latest addition: 10,000 tonnes of concrete that is being fashioned into a rather excellent new control tower.

This concrete will be poured to form the base and then the columns. The walls from the first floor to the roof will then be formed with the steelwork to the roof which is due to arrive this month. Then the roof and cladding works to the main operations building will also take place. The main stem of the tower was formed using the Slipform method, which involved working twenty-four hours a day for five days and nights and finished on time (phew). A structural scaffold was erected and used to help form the concrete walls, slabs and sixteen fins that form the structure that will eventually shape the tower. Once the concrete works are finished, the VCR (Visual Control Unit) will be made and lifted into place, with the rain screen aluminium cladding taking place around the same time. This impressive structure will be the new home to Jersey's air traffic controllers. Give them a wave next time you're on your way back to the island.



BUSINESS & RECRUITMENT



We mean business. Do you?

We know that Gallery is a predominantly a leisure magazine. That doesn't mean it's not read in the towers of power. Our business section is people-focused and just a dip into the world of work without being too heavy. If you'd like to talk to progressive firms that feature within these pages then ask about the business banner, on a page of your very own.

call us >

01534 811100

We're not saying that you need to include a girl like this in your advertising but we figured 'why not?'

BEVERLEY LE CUIROT

Executive Director: Immediate Impact



Vital Statistics

Born: Yes, rather a long time ago – anyone remember the Beatniks!!

Marital status: Married to John

School: Yorkshire, UK

Uni: Marketing of Financial Services, University of Singapore.

First Job: Buying raw wool at auction in the UK and selling it on to carpet manufacturers in Europe (not so exciting) – I was lucky in that there was an Advertising Agency in the same building and I had the opportunity of getting to know what they did instead! This eventually took me to London ... and the rest is history! Just imagine how wrong that could have gone!

Car: BMW Cabriolet 323i (can't wait for the summer).

Book: About 1,000 separate titles in the Immediate Impact Resource Library.

Music: An eclectic mix from the Sugababes to Buddha Bar Chill to James Morrison. I'm also a little partial to the hits of the 50s and 60s!!

Film: 'Away From Her', a beautiful film about Alzheimer's, brilliantly acted by Julie Christie, and telling the story of the most self-less gesture a man could ever make for his wife.

Gadget: My BlackBerry goes everywhere with me.

Last Holiday: Dubai for my Big Birthday in December last year!

What do you like to do in your downtime?: Boating (to Les Ecrehous, Guernsey or Granville); visiting friends overseas (Dubai, Cape Town or Miami are firm favourites); reading James Patterson* novels, or watching Murder Mysteries.

So, tell us what inspired you to get this off the ground?

I would like to say that 'the time was right in my career to go out on my own' along with 'a desire to help organisations and individuals to transform and grow' ... but the truth is probably nearer to 'a crazy midlife moment!' – particularly in these economic times. Having said that, now is the time for the greatest marketing challenge of my career, and I am ready!

What did you do prior to starting this business?

I have spent the last 30 years in international financial, B2B and retail marketing, business development, service delivery and organisational leadership, initially in London and for the last 17 years in Jersey.

In the early years, I worked for a number of international Advertising and MarComms agency groups, including Young & Rubicam and Ogilvy & Mather (where I worked with the young David Furnish who went on to become Elton John's beau!).

In Jersey, I was a Director at Standard Chartered Bank and most recently the Director of Marketing at Jersey Finance where I was responsible for promoting the Island's Finance Industry internationally.

Did that teach you any lessons that helped you succeed?

More than anything, I believe that success in business means recognising that relationships with people – your customers, your employees, your suppliers and the local community – are crucial, and will make the difference between being mediocre and being world class.

What's the hardest lesson you've learnt since starting Immediate impact?

That if I thought I worked hard before, I was wrong! I have learned that working for oneself is very, very challenging – although enjoyable and immensely rewarding!

Any funny stories that you have about the business starting out?!

Starting out in an office at home is a particular challenge – although it keeps the overheads manageable in the early years. I think my excuse of 'the traffic was bad this morning' wears a little thin some days!

What are your plans for the future?

I would like to develop the Immediate Impact Network so it becomes a central 'port of call' for businesses, large and small. I am constantly looking for like-minded service partners and I get the most pleasure when I can see that their involvement benefits everyone.

What advice would you give to would be entrepreneurs?

Once you've got your idea – plan, plan and plan again! Never stop learning – learn from your customers and your business trends; they are the key to your success. And above all, ensure you understand how challenging, yet how rewarding, your life is about to become!

*Now an award winning author, James Patterson was the Chairman of advertising agency, JW Thompson, in the early 1990s and the person responsible for the slogan 'Toys R Us Kid'.

ABOUT THE COMPANY:

Immediate Impact was launched in April 2008 by Beverley Le Cuirot. Marketing, in its true sense of the word, puts the customer at the very core of the entire organisation, thus the Immediate Impact business concept revolves around the philosophy of 'Marketing Through People.'

There are three central aspects to the Immediate Impact business model:

1. Marketing Consultancy Services
2. Immediate Impact Partnerships
3. The Resource Library

All of the above are brought together under the umbrella of the Immediate Impact Network, a membership community for individuals and businesses, providing a range of benefits, including free consultancy or mentoring hours from Immediate Impact and/or the Preferred Service Partner of choice.

Learn more at www.immediateimpact.je



FIRM FAVOURITE: LEANDA GUY

A strong background in marketing and passion for Jersey has inspired local bean Leanda Guy to create www.myfj.je, a new community website for the island.

My Favourite Jersey allows Jersey to communicate its uniqueness both on and off the Island. The MYFJ community recognised that what makes Jersey unique is its complexity, and that can be attributed to anyone enthusiastic about 'the rock'. It was recognised that the most personal thing, is your favourite thing! MYFJ begins life as a community portal and it is people's personal experiences and opinions of Jersey which forms the heart of the website.

www.myfj.je communicates just how amazing and complex our 9x5 mile island is through the eyes and ears of the community in personalised interviews. As an interviewee, being asked what your favourite restaurant, shop, beach, hobby, charity etc is, you are able to express your viewpoint and love of Jersey. As a member of the MYFJ community you are able to nominate new favourites or support existing ones. Potential visitors or those who want to know more about Jersey can log on and read the in-depth and genuine local, national and international recommendations. Interviews are via an audition process to maintain the ethos of MYFJ, and only those businesses/ services nominated as favourites feature on their own page that can be customized to include further information or offers.

All interviews are categorised by which parish you are from and there is a wannabe resident and abroad bean section. Every parish has its own page that will detail its news and events. The 'Favourites' section allows you to go directly to those nominated and the page dedicated to that favourite containing a link to the favourite's website. There is also a 'Blog' section evoking comments and thoughts as well as providing useful information, and a 'Quick Links' section covering Parishes, General Information and News & Media.



AT THE HELM
ALEX PHILLIPS

We mentioned this last month and are now pleased to include our indepth interview. As the only female skipper ever to win a leg of the BT Global Challenge yacht race, Business Consultant Alex Phillips certainly knows a bit about management. As part of the official launch of Cybèle Offshore, working in partnership with Optimus Recruitment, Alex Phillips from Cybèle Offshore was in Jersey so we went along to meet her to find out what Cybèle Offshore is all about.

Why attend a Cybèle course?

Our training helps people who do things well do them even better, with a focus on helping them develop even more effective relationships with the people who matter to them in business. A Cybèle course can also help clients clarify what they want and how they can achieve it. We provide business skills training in areas including Customer Service, Coaching Skills, Leadership and Management, Performance Management, Relationship Management and Effective Communication.

What is your role within Cybèle?

As a member of the Cybèle team, I offer one to one coaching, training courses (focusing on leadership, developing teams and communication) and motivational talks. I often find that clients will make their own connections between their own challenges in business and the challenges we faced on the Global Challenge.

How would a client benefit from a Cybèle course?

We seek to develop long term relationships with our clients, which enables us to really get to know their business, and then design a bespoke training and consultancy service for them. It's really important for us to make sure we can measure the difference our training and courses make to our clients.

As part of your qualifications, you are an NLP (Neuro Linguistic Programming) Master Practitioner, and SDI (Strength Deployment Inventory) Practitioner. What do these qualifications entail?

NLP has a great track record for enabling quick and lasting change in individuals and groups. It is a powerful coaching and training methodology to help people become better at what they do – and to interact more effectively with the people they come into contact with.

SDI is a powerful tool for improving team effectiveness and reducing the costs of conflict. It is based on Relationship Awareness — a model which helps us understand the motive behind our behaviour – why we do what we do. When people discover the unique motivation of themselves and others, they greatly enhance their ability to communicate more effectively and handle personal and interpersonal conflict more productively.

If you want to find out more information on Cybèle Offshore, their website is: www.cybele.uk.com or call 01534 832665

the business MOVERS AND SHAKERS



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CHAIRMAN OF CIM JERSEY BRANCH AWARDED FELLOWSHIP

Steve Cartwright, the recently appointed Chairman of the Jersey Branch of the Chartered Institute of Marketing (CIM), has been made a Fellow of the Institute. The award comes as recognition for Steve's career achievements over the past 17 years and his contribution to the development of CIM activities in Jersey. Mr Cartwright becomes one of only 10 marketers in Jersey to attain the highest level of CIM accreditation.



NEW APPOINTMENTS BRING SPEARPOINT'S JERSEY TEAM TO 17

Spearpoint is delighted to announce the appointments of Sarah Whelan and Jason Stolte, to its growing team in Jersey. Sarah Whelan joined Spearpoint in January after nearly eight years at Collins Stewart where she was a Director of the Channel Island Board and chaired the Investment Performance Measurement and Monitoring Committee. She has particular responsibility for Risk Management and Control within the Portfolio Management Division. Sarah is a Fellow of the Securities and Investment Institute. Jason Stolte, also from Collins Stewart, has joined Spearpoint as a Portfolio Manager, specialising in fixed interest markets and with skills in technical charting. Prior to Collins Stewart he spent ten years with the trading team of broker Insinger De Beaufort, before moving into Portfolio Management.



NEW GROUP MANAGEMENT TEAM AT OGIER

Nick Kershaw has been appointed Group Chief Executive Officer. Nick was previously Managing Partner of Ogier's Jersey legal business and has been a member of the Group Management Board for the past six years. Nick joined Ogier in 1993 from Clifford Chance and became a partner in 1997. Helen Bunbury will continue in her role as Group Chief Operating Officer. Helen joined Ogier in 2007 from Royal and Sun Alliance where she held a number of senior management roles. Clive Chaplin has been appointed Non-Executive Group Chairman. Clive was previously Head of Ogier Jersey's Business Trust and Law Group and joined Ogier as a partner in 1994. Commenting on the new management team Nick Kershaw stated: Ogier has doubled in size over the past five years as a result of pursuing a highly focused client-driven strategy. We now employ 850 professional and support staff, across the globe, through a network of offices that serves all time zones and key financial markets. We remain focused on our goal which is to be the leading offshore legal and administration firm providing the very highest levels of client service across a very broad range of professional services.



NEW APPOINTMENTS IN PLACE AT THE ROYAL YACHT

The Royal Yacht hotel in Jersey is pleased to announce the appointments of Denise Prowse and Isabelle Delvallee to the management team. Denise and Isabelle have both been appointed as Sales Managers and will be responsible for driving and maintaining sales by developing effective and successful business strategies to maximise occupancy and profitability, helping to achieve the hotel's targets. They will each focus on different segments of the market, Denise overseeing UK related business and Isabelle Europe and the Channel Islands.



NEW ENGLISH SOLICITOR AND HEAD OF HUMAN RESOURCES FOR VOISIN

Emma Territt (right) has been appointed as Head of Human Resources for both Voisin and Volaw. Jersey born Emma Territt is a member of the Chartered Institute of Personnel and Development. She is currently completing a Masters in Human Resources in conjunction with London Southbank University and Jersey Business School. Voisin have also developed their Private Client department with the appointment of Janina Porter (left), an English Solicitor, who specialises in Wills, Probates, Powers of Attorney and Administration of Estates. Miss Porter completed the Legal Practice Course at the University of the West of England, Bristol in 2004. She then joined a solicitors firm in Truro, Cornwall where she completed her training contract and was admitted in September 2006.



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something in the air



HIGH FLYING DIRECTOR

The Institute of Directors is delighted to announce Tim Pedley's qualification as the Island's newest Chartered Director. Tim is the Managing Director of Easenmyne (AE Surcouf & Sons Limited), the Channel Island's leading wholesale food distribution company, and a Director of Martin O'Meara Limited in Guernsey, their sister Company. He is responsible for more than 100 employees across the Islands. Previous positions include Sales and Marketing Director for Jersey Dairy. As well as implementing a number of company-wide reforms, he was responsible for the launch of Jersey ice cream to the market, as part of his overall responsibility for the company's sales and marketing operations. His other expertise in the food industry was gained over 16 years as Financial and then Managing Director of Pedley's (The Pedley Agencies Ltd), one of Jersey's leading catering wholesalers specialising in niche delicatessen and French imports.

The other strand to his professional career is in aviation. Still maintaining the professional qualifications now as a hobby, he spent five years in aviation. As a Captain on executive business aircraft at Aviation Beauport and also as Chief Pilot of SISMA Aviation, he travelled widely in Europe and undertook several transatlantic deliveries of new jets.

Tim studied for the Chartered Director qualification through Highlands College and received his Diploma in April 2007. He applied to the Chartered Director Professional Review Board in September 2008 and, following a rigorous interview in November, was subsequently advised of his successful award of Chartered Director.

"Chartered Directors lead organisations whether in the private, public or third sectors, at the highest strategic level. A Chartered Director has been recognised for his ability to demonstrate the expertise and integrity needed to meet the challenges of business today. It is the IoD's highest qualification, and we congratulate Tim on his achievement. Chartered Directors have a dramatic and positive effect on their organisations and we would strongly encourage other organisations to develop their senior management to IoD qualification standard," says Mary Curtis, Vice-Chairman of the IoD Jersey Branch.



CHANNEL ISLANDS AIR SEARCH CHOSEN AS SWIMARATHON MAIN BENEFICIARY

Teams in next month's Swimathon will be raising money for vital equipment for the Channel Islands Air Search plane, Lion's Pride.

The money raised will be used to purchase and fit a new anti-collision system to the plane, which is required for search and rescue operations in the waters around the Channel Islands.

'The Lions Club and event sponsor RBC Wealth Management are delighted to be supporting Channel Islands Air Search in the 2009 Swimathon. It is an essential service to Channel Islanders and well deserving of our support,' said Lion Nick Sangar, president of Lions Club of Jersey.

'So many people involved with Channel Islands Air Search selflessly give up their own time to take to the skies in often terrible conditions to carry out search and rescue missions. We hope that this new equipment will allow them to respond to an emergency as quickly as possible and make their jobs easier and safer once airborne.'

Channel Islands Air Search chairman Derek Short said the new equipment would make a huge difference to the charity.

'Having a modern and reliable way of contacting our crew is absolutely essential. An anti-collision system has now become a necessity as there can often be a number of aircraft joining Lions Pride in a search. Obviously many searches take place either at night or in cloud and fog which makes visibility very difficult and so this new equipment will ensure the safety of our pilots and crew,' he said.

'We are enormously grateful to the Lions Club and RBC Wealth Management for choosing the Channel Island Air Search as we are 100% reliant on charity donations. We hope that everyone taking part has fun whilst raising money for our organisation.'

With just three weeks to go until the event, which takes place at Les Quennevais Pool from the 4th March – 8th March 2009, entry forms for the 456 slots are still being received. Anyone wishing to take part should email swimathon@jerseymail.co.uk or telephone 01534 878078.

Jersey Post beats all of its delivery targets

JERSEY POST HAS RELEASED ITS LATEST PERFORMANCE STATISTICS WHICH SHOW THAT OVER THE LAST SIX MONTH PERIOD, MORE THAN 97% OF LOCAL MAIL WAS DELIVERED WITHIN 24HRS. THE COMPANY ALSO BEAT ITS DELIVERY TARGETS FOR MAIL TO/FROM GUERNSEY AND THE UK.

"As an island based postal operator we are clearly dependent on the weather, transport links, and our partner networks to make sure all mail is delivered as quickly as possible", says Jersey Post's General Manager of Postal Services, Andy Jehan. "Despite all of those factors we have still achieved some excellent results, and I would like to take this opportunity to pay tribute to all our staff who have worked hard to achieve these very high standards".

"If the mail plane is late because of the weather, or if the airport has to close for whatever reason, our performance levels are affected – but despite those factors outside of our control, our staff have still achieved some excellent results, with 99.9% of local mail reaching its destination within three days. We are not complacent though, and are always looking to improve; we will be working to even higher targets for 2009".

Over the course of the whole year, Jersey Post handled 97.7million items of mail, delivering 6 days a week and collecting from 187 post boxes twice a day, with postal workers walking the equivalent of 31 ITEX walks (i.e. walking around the Island twice every month!).



Kerb-side recycling to begin in St Lawrence

This isn't technically a business story is it? OK, you've got us. But we wanted to include this but didn't have a space. We'll mention it again in our natural eco issue next month but this is a starter for 10.....As proud St Lawrence residents, Gallery are now proud to have kerb-side recycling and are the first parish in the island to have kerb-side recycling for cardboard.

Every household in St Lawrence will receive four receptacles to be used exclusively for the purpose of separating out their household waste for recycling. They will receive two stacking boxes, the first will be used for newspapers and magazines and the second will be for metal packaging. They will also be given two reinforced plastic bags, one for plastic bottles and one for cardboard.

St Lawrence will now be the second parish in Jersey to have such a scheme. The project follows the successful pilot scheme in St John, which began in 2006.

HIGHER GROUND.

Does the university lifestyle appeal to you? Do you want to study at a higher level and get a good degree which will open various career paths to you? Are you so passionate about an academic subject that you can see yourself studying it every day for three years or more? Or does trying a completely new subject such as Arabic, Environmental Forensics, Politics or Special Effects Development appeal to you?

If you think that university features at some point on your horizon, there is a great deal of research that needs to be done before turning up for 'Fresher's Week'. You need to choose a course that is right for you, at an institution that offers what you are looking for in terms of size, location, social life, teaching style and many more factors. You then need to make as strong an application as possible so that you can beat off the competition for getting to the place of your choice.

The ideal place to start this research, whether you be in Year 11 or 12 at school, studying at Highlands College, or be a mature student who is thinking of coming back to education after some time in the workplace, is the Higher Education Fair which is taking place on Thursday 12th March. 2009's Fair looks set to be the biggest, and best, yet. More than 70 universities from the UK, as well as representatives from Australian and New Zealand universities on-island degree providers and gap year organisations will be coming to Jersey to take part in the annual exhibition, making this the most comprehensive fair to date in the Island. Taking place at Hautlieu School, the event has secured significant sponsorship for a second year from leading Channel Island law firm, Carey Olsen.

Simon Nash, Director of Human Resources at Carey Olsen said, "As a law firm with a long tradition in the Channel Islands we recognise the importance of Higher Education to local people, and fully support the HE Fair in its goals of educating islanders on the options available to them.

"It is important that we encourage young people to develop their skills at university, and hopefully they will return to the Islands to employ those skills in making local business a success."

With over 50000 courses on offer at a Higher Education level, research is not only advisable, but essential. This event gives an excellent opportunity for local students to gain the information that they require about specific courses, as well as having the chance to find out what a university is really like by talking to someone who knows, rather than just reading a prospectus or website.

In addition to giving the Island's students a chance to find out more about the various universities, there will be a range of special seminars giving people the opportunity to hear more on a range of subjects. Subjects covered are listed above to the right.

There will also be a presentation by Oxford and Cambridge Admissions Tutors who will discuss how to best go about getting into their universities and this will take place on Wednesday 11th March at 3.45pm at Victoria College and is open to both students and parents.

The Jersey HE Fair will be of interest to anyone, regardless of age, who is interested in Higher Education opportunities and will be open from 1.30-6.30pm on Thursday March 12th. The exhibition stands will close between 4.30 and 5pm when the first series of talks is taking place. For more information about higher education or the event in general contact Sophie Le Sueur, Education Liaison Manager at Careers Jersey on 449465.



talk programme

4.30PM

How to choose a course and University (City University)
Veterinary Medicine (Royal Veterinary College)
Journalism (University of Gloucestershire)
Architecture (Portsmouth University)
Studying in London (Queen Mary, University of London)
Higher Education in Jersey (Highlands College)
Gap Years (Projects Abroad)

5.15PM

Law (Queen Mary, University of London)
Psychology (Portsmouth University)
Sport & Exercise Science (University of Bath)
Art & Design (University College, Falmouth)
How to choose a course and University (University of Essex)
University Grants & Funding – the Jersey system (Careers Jersey)
The Advantages of Studying Overseas (Degrees Ahead)

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COMPLIANCE OFFICER

Our client has a vacancy for a pro-active compliance officer. Relevant qualifications and a minimum of 3 years experience required. You will have exposure to the wide range of business lines including managing the compliance monitoring framework. Please contact Marie on 832660 or marie.thaureux@optimus.je





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HALF PINT

Half price sales, pay half now, pay half later, half the fat, half the calories – things that come in halves are generally too good to be true. You have to take the good with the bad.

This new Smart ForTwo CDi may be almost half the size of the average family runaround and thanks to its uber low emissions you now only have to pay half the price to park it over here but it's also manufactured by Mercedes, and we all know they don't do things by halves. It seems the only bad news is that they're not available over here in right hand drive until April, but like I said, you DO have to take the good with the bad.

Recently released in ze-fatherland, the model we tested has been brought over by Jacksons from Germany to give islanders an idea of what to expect from this pint-sized petrol-pump pugilist. It's an all new generation of Smart ForTwo you see, and although the quirky looks remain with the exterior re-design, the differences between this and the previous generation ForTwo are vast.

For starters, the old ForTwo had a bootspace that could only be described as abysmal. The curious raised section that covered the engine has now been made flat, meaning that the Smart is now a realistic urban delivery vehicle. Believe it or not, we've heard from a reliable source that you can now fit a full size washing machine in there (albeit with the passenger seat folded forward). Still available in both glass top coupé and convertible versions, the latter will undoubtedly be a godsend to businesses distributing parasols, fishing rods, flag poles, cabers (it's sure to be a hit in Scotland) or surfboards. You saw it here first.

Despite now packing a choice of massively increased displacement petrol and diesel engines (proportionately I'd say that going

from 600cc to 1 litre is fairly massive) the Smart ForTwo would wipe the floor with pretty much anything else on the market in a kind of emissions limbo competition. The CDi produces a meagre 88g/km of carbon dioxide, and that's the lowest figure for any production diesel engine. I can almost see El Nino's scowl from here.

Aside from saving the environment this now means that owners will be eligible for half price parking in Jersey whilst they're whizzing around taking full advantage of its compact size and squillion miles per gallon fuel consumption (unofficial figures). Speaking of whizzing, that classic whizzing noise that Smart owners have become accustomed to is far, far quieter now.

Out there in the sprawling metropolis of St Helier the ForTwo CDi proved nimble, and as you can see from the photos proved plenty of fun squeezing into the smallest of parking spots, mostly head on, although I'm not convinced of the legality of some of them as its length is slightly more than the width of even a reasonably large car.

They've definitely improved the new generation Smart in all departments bar one, and that's the gearbox. Serial Smart drivers will be used to it but I'd even opt for an automatic only gearbox should the option ever exist if it meant avoiding the 'surge' that you experience when pulling off and changing gears. It's almost as if you're driving a car with a huge single turbocharger, except you aren't. Don't get me wrong, the driving experience is still good, just don't expect instant, smooth gearchanges in either automatic or semi-auto driving modes.

Tiny fuel consumption, cut price parking, relieved environmental guilt - good, gearbox not so good. Oh well, like I said... you have to take the good with the bad.







A BREATH OF FRESH AIR?

It seems that gone are the days when car manufacturers release a new concept or design study at the worlds' motorshows only to rarely put even a vaguely similar vehicle into production.

This is good news, especially in the case of the Saab 9-X Air concept billed to make it into showrooms hopefully later this year.

A breath of fresh air it may be, and what you see is what you get because at the heart of this 200hp roadster is a 1.4 litre Saab BioPower engine that uses petrol,

ethanol, turbocharging and a electric hybrid system featuring regenerative braking, fuel cut-off, automatic engine stop-start and of course, an electric motor. That means sixty in six seconds and 140 miles per hour, officer.

Bucking the trend for hard-topped coupé-cabriolets whose designs are heavily influenced and often ruined by the need for a large bootspace, the 9-X Air's traditional cloth roof cantilevers out from behind the rear seats to cover the pillarless wraparound windows should you be fortunate enough to live in, say, Jersey with its tropical climate -

during the current monsoon season.

Of course, or at least as I've learnt during my lifetime, good news invariably seems to come packaged with bad news and in the case of the 9-X Air those propeller-esque wheels will unfortunately not make it into production according to Saab due to both manufacturing costs and safety issues. I can only assume that whilst they probably draw in a good amount of cold air to cool the brakes they'd also be effective in slicing up small children and red squirrels from the pavements. Good news for cyclists then, who can sleep easy for now.



“Of course, or at least as I've learnt during my lifetime, good news invariably seems to come packaged with bad news and in the case of the 9-X Air those propeller-esque wheels will unfortunately not make it into production according to Saab”

A NECESSARY EVIL

With all this talk of environmentally sound vehicles putting out low CO2 emissions, fitted with hybrid and stop-start systems I've decided that the most important consideration during these times of environmental and financial peril is most definitely carbon offsetting.

Take either the Smart ForTwo CDi or the Saab 9X-Air seen on the previous pages or even the recently delivered electric Smart cars taken on by Jersey Electricity this month for example; even taking into consideration that a vast amount of the world's electricity is still produced by burning things - their emissions are almost unfeasibly low to the point that something MUST be done to redress the balance.

I've decided that the most important consideration during these times of environmental and financial peril is most definitely carbon offsetting.

Thankfully, Brabus have managed to take care of this whilst also sticking two fingers squarely in the face of tuning house AMG by building this - the Brabus G V12 S BiTurbo.

I'm neither a farmer, militant rebel, international political figure, pope or gangsta rapper but I've still lusted after a Mercedes G-Wagen for as long as I can remember and until now there's been nothing more awe-inspiring than the ridiculous AMG G55, complete with an ozone-annihilating 5.5 litre V8 shoehorned into its 40 year old engine bay. It's disgusting, filthy excess. I love it.

Audi have missed a trick by 'unboxing the box' in my eyes (despite the nice advertising campaign) - why not just spend months working out how to fit a 6.3 litre V12 into what was most likely the box that all of the constituent parts for Panzer tanks were once delivered in. And then add two turbos for good measure.

You must be gagging to know by now - seven hundred horse power. Yes, 700. It only takes 4.3 seconds to get to sixty (so cancel that 911 turbo order - you need something bigger anyway, you know, for the dog...) Unfortunately the laws of physics will create an aerodynamic wall for you at about 163mph though. Oh well.

All of this for a mere £400,000. I wonder if they take Maestro..?



motor brand news



Porsche Boxster

All the best sports are enjoyed outdoors. In the pure, open air. The Boxster and Boxster S are two prime examples - at their best under open skies. Each of our cars combines power and agility with economy, cleanliness and exceptional recyclability. The many standard features include Porsche Stability Management (PSM) as well as generous head and thorax airbags.



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New Mercedes E-Class

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Lexus IS 250c

Prepare yourself for top-down motoring in style this summer with the Lexus IS 250c. Packing a 205hp 2.5 litre V6 in the front moving you forward through a six speed automatic gearbox with manual shift capability, this hard top convertible also features a speed sensing airflow system to keep you aerodynamic with the roof down.



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thepick →



Whether you are looking for something to relax you, make your life easier, or just show off with, then a few of these gadgets might be for you! Go on... spoil yourself - you don't really need an excuse.

Samsung Netbook NC10:

This funky, lightweight wireless laptop is ideal for use when travelling, on business or as a second computer. It weighs just over a kilo, has a 160 GB hard drive, Windows XP, Bluetooth, Inbuilt Webcam and Pen Drive. **£333, NSEW.**

BOSE Sounddock Digital Music System:

Groove to your music by docking your iPod or iPhone into this speaker. This is currently the 'bestseller' because it has a great sound/base quality for a reasonable price. It comes with a remote control and is available in white or black (should be available in silver around March). You can also get a portable version. **£169.99, NSEW**

HoMedics Shiatsu Plus Massager:

This is a massage pad that you can attach to almost any chair at home. It has six programmes that can massage your full upper and lower back including a heated massage. This is much better than you might expect considering the price and is perfect for unwinding after a stressful day at work. **£132.87, Homemaker**

Kodak Zi6 High Definition Pocket Video

Camera: This really is a 'handy cam', ideal for keeping in your bag or even your pocket for when you want to capture an opportune moment... or even an inopportune moment that could be posted on YouTube! **£117.42, Homemaker**

1950s Design Classic Princess Phone from

Wild & Wolf Telecommunications: Add a touch of retro with this cool phone. It has a rotary dial fashion plate with push button technology and is available in white, stainless steel or pink. **£52, De Gruchy**

Nescafé Dolce Gusto Coffee Machine: Fancy a fancy coffee? You can choose up to 6 ground and roast coffee blends made from 100% Arabica beans in pre-filled capsules so it's nice and easy to use. Just right for your next dinner party. Available in black, red or ivory. **£83.69, De Gruchy**

Fortuna at De Gruchy

To celebrate the opening of the new Fortuna Store at De Gruchy, we have picked 3 of our favourite gadgets ... a camera, television and coffee maker ... what would we do without them?! For prices visit the new showroom next to the stationery department.

Sharp Shooter

Panasonic Lumix G1 World's First Full-time Live View Digital Interchangeable Lens Camera Adopting New-Generation Micro Four Thirds System Standard DMC-G1 from LUMIX G Micro System



Plasma

Panasonic Plasma Television TH-50PZ80B 50 inches! And they say size doesn't matter... Obviously the bigger the better.



Hot stuff

Miele Freestanding Coffee Machine

If you're a workaholic and enjoy a good coffee, then this slick coffee machine is the one for you. It needs Nespresso Capsule Coffee to get going; choose from a range of various coffees and espressos.





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Official government fuel consumption figures (mpg/litres per 100km) for the smart fortwo cdi: urban 83.1/3.4, extra urban 88.3/3.2, combined 85.6/3.3, CO₂ emissions 88 g/km.

Model featured is the new smart fortwo coupé passion cdi at £9,137.00 on the road (on the road price includes GST, delivery, number plates, first registration fee and fuel). smart range starts from €7,527.00.

phone round up

As we get a lot of information about phones sent in to us here at Gallery we're dedicating a page to all things cellular and portable. here's a start>



fun for kids

SAMSUNG TOBI

The new Samsung Tobi offers a great value fresh and funky eco-friendly mobile phone for the younger generation. Made from recyclable and biodegradable bio-plastic, non-allergic materials and non-toxic paints, the Tobi is not only friendly to the environment but is also designed with the safety of the user in mind. And with built in safety features including SOS calls, SOS messages and a 'fake call' button which allows users in difficult situations to pretend to receive a phone call, the Tobi is a welcome accessory for today's concerned parent.

As for features, the Samsung S3030 Tobi range weighs in at less than 100 grams and features a 144x176 pixel resolution on its 1.9 inch colour display screen. The phone is GSM compatible and its 15MB internal memory can be enhanced with the use of its microSD card slot to a maximum of 8GB. The Tobi has a 1.3 megapixel camera, music player and Bluetooth, and the changeable back plates can be personalised to create a unique fascia or to hold a photo.



GGGRRRR...

The latest from the makers of 'indestructible phones'. Waterproof up to 1 metre, with an antiglare and shock resistant screen, mil spec for salt fog, and humidity, this one is perfect for outdoor, on the go, accident-prone types who may have a tendency to break or damage phones on a regular basis. You know who you are...



music

Sony Ericsson W705

The latest Walkman phone from Sony Ericsson will be in stores later this month. It is a slider version of its predecessors and much more dedicated towards the music, with clear bass, clear stereo and premium earphones. The Sony Ericsson W 705 comes with a 2.4" QVGA display capable of showing up to 256K colors. It is enhanced with a 3.2mp camera, and FM radio with a RDS. It uses quad-band GSM and dual-band 3G support and includes WiFi facility. It features shake control which is vital with a Walkman and has 120 MB of internal memory which can be extended by M2 card slot



touch me

LG Arena KM900

One of the first toucheverything bad boys has launched its latest edition to the collection. The new multimedia phone from LG produces "powerful sound, cinema like viewing, quality image capture, unmatched multimedia features" and it's pretty stylish too. It is also about usability with a 3D cube to enter 4 different screens, shortcuts and customisable home screen. There's also a 4x zoom, 5 megapixel camera.



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SYNCHRONICITY YOGA

A FUN WAY TO NURTURE MIND AND BODY

"There can be few things more soul destroying than embarking on a recommended exercise regime only to find it's too difficult because it hasn't been tailored to your specific needs. Synchronicity Yoga is a way of achieving a healthier more supple body, and a positive outlook that is both enjoyable, uplifting and bespoke for you." Sammie, Karma Yoga

Synchronicity Yoga offers something for everybody whatever your age or level of fitness, and has been developed through observation. Sammie noticed that sport or repetitive strain injuries were following a distinct pattern in their effect on people's ability to carry out their Yoga practice: 'The different restrictions individuals faced became increasingly apparent, making it difficult to plan lessons,' explained Sammie.

Sammie believes passionately that anybody can be taught yoga – whatever their age and however inflexible they believe themselves to be: 'Inside is that youthful, supple body wanting to emerge and make you feel flexible again,' said Sammie.

Yoga is a regime for both mind and body. As well as creating a general sense of well-being and clarity of thought it provides an excellent workout for the body. It can create better muscle definition and tone.

Sammie promotes the concept of perpetual motion which is an aid to the elimination of disease and toxins from the body as well as being a cure all for stiff, unresponsive joints: 'A stagnant body means a stagnant mind,' explained Sammie. 'We want to change all that for people of all ages.'

Sammie is on a mission to destroy the myth that yoga is boring and dull: 'I believe that by teaching this centuries old tradition in a more upbeat and less formal, westernised way, we can sweep people off their feet from the moment they walk through the door to the end of the lesson,' she says. Yoga is a regime for both mind and body. As well as creating a general sense of well-being and clarity of thought it provides an excellent workout for the body. It can create better muscle definition and tone or simply get the juices flowing!

SAMMIE IS INVITING PEOPLE TO JOIN KARMA AT A YOGA RETREAT FROM THURSDAY, MARCH 26TH TO MONDAY MARCH 30TH.

It will take place at the L'Horizon Hotel and Spa and promises to be a relaxing and rejuvenating experience with morning and late afternoon Yoga sessions taken by Sammie and other qualified teachers. The rest of the day is given over to pampering, sightseeing, shopping or swimming. The retreat costs £690 per person. For full details call Sammie at Karma on 07624 470522.

CHARITY GYM TEAM CHALLENGE

Saturday 28th March & Sunday 29th March

MAS Training presents, in affiliation with Jersey Mencap and Fitness First, the first charity gym team challenge to be held in Jersey.

Mark Stewart, Regional Fitness Manager at Fitness First, has devised the challenges. They are to test all aspects of fitness - speed, endurance, upper and lower extremity strength, explosive power, and agility and balance.

There will be 8 teams in 4 different categories. All the pre-heats will be held on Saturday 28th March and the top 3 teams from each category will be invited back to the Ultimate Showdown, where teams will go head to head for a place in the four-team final, all to be held on Sunday 29th March.

The categories are: Special Needs; Family and Friends; Corporate and Industry teams; Sporting clubs. For more information visit www.jerseymencap.org



GET TO THE BEACH FOR CHARITY

Thursday 5th April

Two events are being held between 10am - 4pm at St Ouen to raise money for Jersey Hospice Care.

Second Hand Sale of Watersports Equipment at The Watersplash. There will be surfboards, kayaks, wetsuits, kite surfing kits, snorkels, board bags, booties etc for you to try and buy ready for your summer enjoyment!

Activities Day at Le Braye. This is sponsored by Pure Adventure and everyone is invited to pop down and try BloKarting, Beach Volleyball, Trampoline, Beach Rounders, Kwik Cricket, and the brand new Hydro-Core Ball experience.

For more information, or If you have items you would like to sell contact John Larty on either 07797711524 or email abbeyjoinery@hotmail.com



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Yoga Retreat at L'Horizon
 Thursday March 26th to Monday March 30th

The Retreat promises to be a relaxing and rejuvenating experience. Morning and late afternoon Yoga sessions will be taken by Sammie, founder of Synchronicity Yoga, along with the Synchronicity teachers.

The rest of the day is given over to pampering, shopping or swimming

The retreat costs £690 per person
 Classes can be attended as a non-resident, subject to availability

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Top Golfing Advice

The new golfing season is just about to begin and by using the 5 tips below you can make sure you get this one off to the best possible start.

1. Equipment, new and old.

At this time of year it is a good idea to take a look at all the new golf equipment that's come out over winter and see if there is something new for you. Drivers in particular have improved greatly for this coming season. I recently put a scratch handicap golfer through a driver fitting in the studio and managed to get his average driver carry distance up by 10yds, just by adding 1 degree extra in loft! Your old equipment will need checking too. Chances are it's been sitting in the corner of your garage for the last few months feeling thoroughly neglected. Cheer it up by adding some new grips and giving them a clean, and believe me they will reward you for it.

2. Lessons.

Even if it is just a quick session with your local professional to check that your fundamentals are still in place - it's worthwhile making sure that your technique hasn't got rusty.

3. Practice.

With the lighter evenings starting to make a difference, now's the time to tune your game at the range. Make sure you practice with a purpose. Ball-beaters beware, practice makes permanent, not necessarily perfect. Limit your hitting to 50 balls over 30 minutes, to be sure you are working effectively.

4. Short Game.

For those of you that have been brave enough to hit balls over the winter now is a good time to sharpen up your short game. Bear in mind that we are still some weeks off good quality putting surfaces so indoor practice is preferable at this time of year. Practising on carpets at home will definitely give you better feedback than bumpy practice greens.

5. Finally, set your goals for '09.

Take a look back at last year and try to identify your strengths and weaknesses. Work out an action plan for improvement and stick to it.

Good luck and enjoy your golf!



have you got
game?

If you're a sporting events organiser and would like to promote your club or players, let us know. We're keen on growing our coverage of local sport each month but we need your help. Email sport@gallerymagazine.co.uk

gallery



SPORTSPROFILE

John Scriven [26]

Strength and Conditioning Coach and Personal Training Tutor.

Education: MSc in Sports Science specialising in Sports Performance

Favourite indulgence: Passion Fruit Sorbet

Favourite exercise: Overhand Grip Pull Up

What do you do?

I work mostly with athletes, sports teams and personal clients in helping improve some physical side of their performance. Some of the people I have worked with are household names and some just want to achieve a PB or want to be able to ski again, so I work across a broad range. As a preliminary, I plan, design and conduct individualised strength training programmes. On a day to day basis, I help run an elite support program for athletes competing at national or international level - we have 26 athletes across 8 sports. I have also recently set up my own facility where anyone can now come and benefit from strength training. On top of this I also tutor for CYQ at Highlands College on their Personal Training courses.

Why did you get into strength training?

As far back as I can remember I've always been intrigued as to what makes someone a top performer. I can remember copying my brother lift weights in the garage! Over the last few years its been the acknowledgement that strength training is generally overlooked. The positive impact it can have on your health is massive and not many people realise it. It's also the nuts and bolts of sports performance, and for this reason, I've made it my life.

What do your clients like about their sessions with you?

Strength training is quite different from other forms of training. It is not the massive weights that you would expect. It is more about the ability to deal with your own body weight in an effective way. For example, my clients are always pleasantly surprised when I tell them that they don't need to lift any weights. Strength training is a modern application of old school methods; and I think this is what people love about it. Body weight exercises provide a real tangible goal for people that are safe and achievable, and my clients have been getting terrific results.

Who would benefit from strength training?

Strength training is taking off! There are many benefits that functional strength training has on health, such as increased bone strength, reduction of injury rate and improved physical performance (not to mention the great improvements to physical appearance!) What is great is that modern strength training is good for both men and women across a broad age range. Whether you're an athlete, or just someone who might want to be able to get back into physical activity, strength training can benefit you.

Tel: 07797845446 or john.scriven@gmail.com

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BEEN AROUND THE BLOCK

AND AROUND THE BLOCK INDEED HE'S BEEN.
HE'S NO STRANGER ON THE CLUBBING SCENE!

Hugely popular in the 90s, Block started his career in a London pub in 1985 when funk and soul were big. It was during the acid house period though that the DJing began properly, and when clubbing really took off, so did Brandon ... to Ibiza.

It was 1990 when Brandon first went to Ibiza and fell in love with the island. The following summer he packed some bags, a bit of money and stayed there for as long as he could. Fast forward to 2001 and along with his DJ partner Alex P, the pair had become somewhat part of the scenery.

With a five year Sunday session residency at the Space terrace, Up Yer Ronson in Leeds, FUBAR at the Milk Bar in London, Club For Life and Malibu Stacey in London, nowadays you will find him playing regularly at the Ministry of Sound, Turnmills, Miss Money Penny's, Golden, Republica, Progress, Karanga, Colours, Clockwork Orange and Kelly's. That's not to mention his globe-trotting.... he was reported as having been seen in Majorca in '99 with the crowd going mental - just the way he likes it apparently. 'It just makes it so good to see the happy faces, enjoying themselves... everyone's in there, waving their arms in the air. It's a DJ's dream'.

As for the music, it's all about uplifting party house music. His taste is eclectic so be prepared for anything (on both sides of the turntable).

TICKETS: £6 OTD

WHERE: PURE NIGHTCLUB

DATE: SATURDAY 7TH MARCH 2009

BLAST FROM THE PAST



Boogaloo is bringing its second big name to our island this month: Graeme Park - the man who proclaims, "I haven't had a weekend to myself in 20 years". And he's probably right.

Graeme found himself working in a Nottingham record shop in the early 80s, when the very first house records began to filter through from Detroit and Chicago. He was one of the first to showcase this new style of music, and his reputation soon led him to Mike Pickering at Hacienda Manchester. His house pioneering meant he was one of the first British DJs to play places like Australia and some South American countries, as well as producing and remixing tracks for the dancefloor.

He has just recently celebrated his 20th anniversary in 2004, and he is still going strong. The Hacienda however is now an apartment building and at the back of the building there is a time-line, carved into steel, detailing the history of the club from Madonna's early performance to its closure. And there's Graeme's name not once, but twice - carved into the metal for time immemorial.

TICKETS: £4 BEFORE 11 / £6 AFTER

WHERE: PURE NIGHTCLUB

DATE: SATURDAY 14TH MARCH 2009

Claudio's Column

Claudio Abreu, Restaurants Manager of The Royal Yacht has been busy putting together a new list of cocktails to reflect the hotel's fun & easy-going atmosphere.

Claudio's mission is to create unique cocktails, matchless in their delicious flavours, as well as to ensure that the classics keep their high standard.

This renewed focus comes with the arrival of the new cocktails and shooters bar in the Drift and the recent restructure of P.O.S.H. as a champagne and cocktails bar



Claudio's choice

Claudio has chosen 'Foam Party' as his cocktail of the month because it epitomises his team's originality through their experimentation with different flavours. This is made by blending The Royal Yacht's vanilla-infused vodka, Frangelico and Kahlua, and topped off with orange foam. Claudio says, 'this cocktail will really blow people away - it's a cool new drink, which sets itself apart from others both in taste and texture. Tasting like a Jaffa Cake in a glass, it has a distinct flavour - everyone who has tried it so far has raved about how delicious it is'. This exciting new drink is exclusive to P.O.S.H.

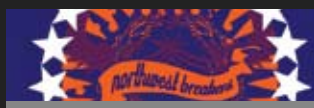


THE ROYAL YACHT
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Nightlife listings



06.03.08

NORTHWEST BREAKERS FEMALE ASSASINS

The first guests of the year for The Northwest Breakers are female break beat duo Lost & Found aka Whirley & 'Lil Shaz. With their ferocious and eclectic break beat style comes the thirst to party, these girls don't mess about. In room 2, it's a return to club land with the one and only Shakti Dread, Jersey's original roots & dub selector. Support in the main room from Audiologist & Sean Farrell.

WHERE: PURE NIGHTCLUB

TICKETS: £6 OTD



06.03.08

DRIFT MEETS THE SOULMAKERS

The Drift present for the first time in Jersey, The Soulmakers. The boys put the funky, soulful and uplifting sounds into their house productions, that conjure up the summer vibe. Their latest tracks have found homes on the infamous Hed Kandi and Stereo Sushi compilations. Support from Craig Alder on the night.

WHERE: THE DRIFT

TICKETS: FREE



07.03.08

HIT THE BREAKS

A brand new breaks night created from the minds of local boys Andy Manson and DJ Spim. With a new club to play at too, they join forces with local guests within the breaks scene on rotation, expect only the finest in phat breaks mixed seamlessly and with style. More info to be added soon...

WHERE: CLUB 72



07.03.08

REMINISCE MADISONS STYLE

After the success of the last Madison style Reminisce night with Warren Holt at the controls. It was agreed on the night that another get together would be on the cards. This time Holt digs even deeper into his 12 inch house collection from the legendary club where he was resident all those years.

WHERE: ENVY NIGHTCLUB

TICKETS: £5 OTD



07.03.08

BOOGALOO WITH BLOCKO

Brandon is probably one of, if not the most entertaining and unique DJ and personality you'll ever find. He's best known for his uplifting party house music behind the decks, and his infamous havoc-causing antics on the other side of the turntables. Boogaloo residents Paul Shoer and Keith Robinson are on main room warm up duties. On the top floor Michael Hooker presents the Family Records in association with Out Of This World party with Ashley Ford and De Freitas with free giveaways on the night.

TICKETS: £6 OTD

WHERE: PURE NIGHTCLUB



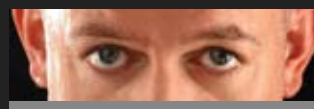
14.03.08

TERMINOLOGY COLOSSUS VOL. 1

Terminology proved at New Year they are not scared of putting on a huge show, so this time they are using the same formula. The Waterfront complex is taken over once again, with every bar and room occupied by this crew. The massive line up boasts two headliners and a backing of various local DJ talents, plus top local bands also complete the line up in Bar Rock. Every style of music is catered for...if you skipped the NYE gig then this night is not to be missed.

WHERE: THE WATERFRONT COMPLEX

TICKETS: £10 ADVANCE | WHITE LABEL RECORDS | BAR ROCK



14.03.08

BOOGALOO HACIENDA

Legendary house DJ Graham Park returns to Jersey once again to play his signature and mature sound. From the early days of playing at the Hacienda in Manchester to present day, his touring schedule has not stopped. With regular radio slots and various house compilations under his belt, there seems no stopping the man. Joined by Boogaloo residents Paul Shoer and Keith Robinson.

WHERE: PURE NIGHTCLUB

TICKETS: £4 BEFORE 11PM, £6 AFTER



20.03.09

RESIDENT INSOLE

Insole are really starting to find their consistency of late, with regular shows and guests, and the residents proving month in month out that fresh tunes and solid beats are what's needed. Andy M, Richard E and Nick R take to the decks once again for another Friday filled with phat badass breaks to chunky electro tinged house.

TICKETS: £4

WHERE: PURE NIGHTCLUB



21.03.08

AUDIO TURN 2

Audio celebrate two years of promoting top notch world class talent with a night of music provided by the residents. The audio DJs are amongst some of the most consistent, revered and inspirational DJs on this island. With over 15 years of experience and numerous labels and clubs around the globe pushing the house sound of Jersey. Stuart King, Paul Mack, Mikey Ashford and Dan Sharpe take over the main room. Whilst in room two the Rocksteady DJs are joined by DJ Shep from the UK, playing a mixture of breaks, funk and soul.

WHERE: PURE NIGHTCLUB

TICKETS: £6 OTD



21.03.08

BOOGALOO AT CLUB 72

Boogaloo residents Keith Robinson and Paul Shoer take their house brand over to Club 72, for a change of scene and soundsystem! The usual blend of funky, uplifting house will no doubt have a new dance floor grooving away. With a new link up with The Budda Bar for pre club warm up tunes again with Keith and Paul sharing the duties.

WHERE: PCLUB 72

TICKETS: £4 OTD



21.03.08

SUBFACTORY ENVY

DJ Spim returns to his bi monthly residency at new found home of Envy Nightclub. As always his usual and consistent blend

of soulful, liquid drum and bass will fill the room, your ears and your minds !!. His Subfactory show on Bassdrive.com, which goes out every Monday night will feature part of the set recorded live. Check out the show on Bassdrive.com

WHERE: ENVY NIGHTCLUB

TICKETS: TBA



27.03.08

ELEMENTZ 9 YEARS STRONG

It's quite a milestone that the Elementz crew have reached, they are one of the longest running nights on the island now. With 9 years behind them and still going strong, the Elementz crew are out in full force with all of the residents and MC's on duty. If you like your drum and bass with plenty of flava, then show your support for this one.

WHERE: PURE NIGHTCLUB

TICKETS: £4 OTD



27.03.08

LLOYD YATES AT THE LIVE LOUNGE

Catch Lloyds Yates with his armful of new songs and his full band down at The Live Lounge. This talented singer, song writer and guest vocalist has appeared many a time at The Watersplash over the years. This time he brings his distinctive vocal to The Live lounge.

WHERE: LIVE LOUNGE

TICKETS: £4 OTD



28.03.08

RESIDENT CLIQUE

Pete de Momme and Carl Scott take on Pure for another Cliquism residents night. Four whole hours of the freshest deep house, tech house and Techno. After the last residents night which was a full house, these boys know how to set the mood and move the room.

WHERE: PURE NIGHTCLUB

TICKETS: £5 OTD

for more information
on these events,
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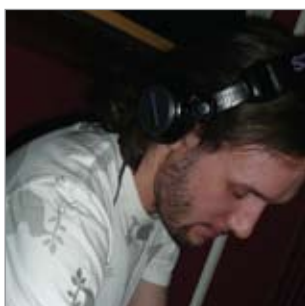
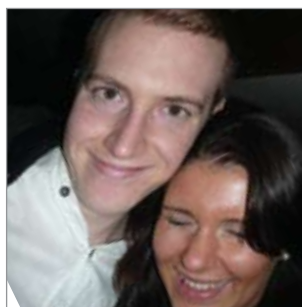


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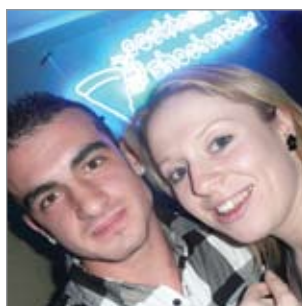
You don't have to be David Bailey to go and out take shots like the ones above, you just need to be friendly, outgoing and have a desire to go out to parties and events. We're looking for a new snapper for a few hours a week work. You'll go to events as the gallery representative and choose the shots to go on these pages. Easy as pie. Interested? give us a call on 811100 or email snapper@gallerymagazine.co.uk you will have to be 18 unfortunately.

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did you get shot?

The Drift Saturday 21st February



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did you get shot?

The Drift Friday 20th February



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fashion

Offering what you deserve...

Our professional stylists and team bring you leading branded products and services in a friendly relaxed atmosphere and luxury environment. Contact a member of our team today to book an appointment you won't regret making.

Hair Central
Tel: 630443
7 Market Street St. Helier,

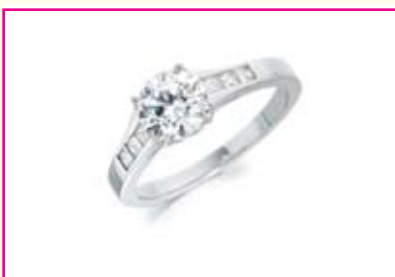


beauty

Experience The House of Beauty

Our team of professional, friendly staff perform premium treatments at affordable prices in a unique, private and relaxed environment. We have the largest range of treatments in the Channel Islands. You get the best treatments possible which really show results.

Suzi Robinson
10 The Parade, St Helier.
758896
07797 781364
www.suzirobinson.co.uk



fashion

H Letto & Son Jewellers

Established for over ninety years, Lettos pride themselves in supplying jewellery and watches from international designers and manufacturers. So if it's the perfect gift from Links of London or a bespoke item made from certificated stones and materials by the finest jewellers in the United Kingdom, the family and staff will be more than happy to help you with your requirements.

H Letto & Son Jewellers
18 Charing Cross, St Helier,
Tel 730952
andrewletto@mac.com



fashion

Jersey Goldsmiths

Situated in the heart of the island, Jersey Goldsmiths has a modern and luxurious showroom making it a pleasure to browse with comfort and ease all year round. We provide our customers with the widest choice of jewellery in unique and distinctive designs, with the largest selection of colour and cuts influenced by the finest precious and semi-precious gemstones.

Jersey Goldsmiths,
Lion Park, St. Lawrence
Tel 482098
www.jerseygoldsmiths.com



culture

Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". Home to "Evolve" one off fashion designs from Jersey, Jersey Soap and Wood Turners and Painter's Palette Café.

Harbour Gallery
Open 7 days a week
10.30am - 5.30pm. Tel: 743044

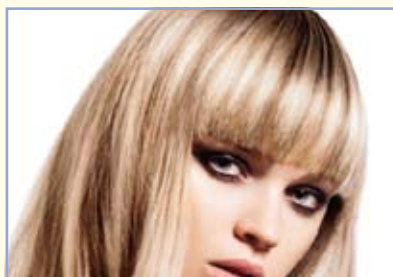


fashion

Hi-Heels & Handbags

The Shoe Boutique worth visiting. We have a collection of all styles - high, low, sexy and stylish, just what you're looking for this Spring/Summer 2009. Our latest supplier is the very famous Lisa Kay and Feud as featured in all the UK glossies. Don't miss out.

Hi-Heels & Handbags
18 Bath Street, St. Helier
01534 629942
hiheelsandhandbags
@jerseyemail.co.uk



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Tel 630443
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hardware

We know our Apples

Apple keep innovating and PC users are switching faster than you can say 'Vista downgrade'. Did you know that 80% of the Macs we sell are to Apple virgins? Join the revolution and test drive one at iQ 32

iQ
Burrard Street
St Helier 769320
shop@i-Quipment.com



hey beautiful!

Brand stockists



AVEDA Elmina	610082
BAREFOOT BOTANICALS de Gruchy	818818
BED HEAD TIGI www.tigihaircare.com	
BENEFIT de Gruchy	818818
BENEFIT Voisins	837100
CLINIQUE de Gruchy	818818
Boots	730432
Voisins	837100
CRÈME DE LA MER de Gruchy	818818
DECLEOR Bliss	789911
Experience	507859
DERMALOGICA Rio	734458
ESTÉE LAUDER de Gruchy	818818
Voisins	837100
LA PRAIRIE de Gruchy	818818
M.A.C Voisins	837100
PHYTOMER Spa Sirene	615425
THALGO L'Horizon	743101
Les Roches	487856
TIGI 4YorkStreet	638000
VICHY them you saw them in gallery!! www.escentual.co.uk	
VIDAL SASSOON Elan Hair Studio	726500
ZOYA Voisins	837100
Gelaires	837100

blackbook

Useful numbers



CI ENGRAVERS	482872
get brownie points and personalise presents!	
118	118 345
For any number you could ever wish for.	
THE ROYAL YACHT	720511
Jersey's new hot spot	
PIZZA EXPRESS	733291
pizzzza mmmmm	
POLICE	612612
hello Police?	
THE CLUB HOTEL AND SPA	876500
and.....relax...	
HARBOUR VIEW	741585
friendly and French	
ROJO	729904
book a table for dinner and drinks	
GOING PLACES TRAVEL AGENTS	507990
get a tan!	
HOME JAMES	630700
Collects you and your car!	
JERSEY TOURISM	448800
they know everything	
ALCOHOLICS ANONYMOUS	726681
it is bad	
BROOK CENTRE	0800 735 0222
for all you horny little monkeys	
FITNESS FIRST	752400
become 'really really really good looking'	
JERSEY SURF SCHOOL	484005

GOT A NUMBER YOU THINK WE SHOULD
TELL EVERYONE OR HAVE AS A HANDY
REFERENCE IN GALLERY EACH MONTH?
EMAIL IT TO **BLACKBOOK@GALLERYMAGAZINE.CO.UK**

appetite

Restaurant Directory



ASIAN	
Mandarin Room	638010
Café Spice	737377
Noble House	878181
BEACH CAFE / LUNCH STOPS	
Murrays	747963
Plemont Cafe	482005
BEACH CAFE / LUNCH STOPS	
Waves	280161
CAFE STYLE	
Cafe Jac	879482
ENTERTAINMENT	
La Cala	877225
EUROPEAN	
The Olive Branch	615993
RESTAURANTS	
Ad Lib	615639
Bistro Soleil	720249
Radisson	671100
Signature	510096
FINE DINING	
Bentleys	615141
Bohemia	880588
Ocean	744101
Tassili	722301
SEAFOOD	
Bass and Lobster	859590
Navigator	861444



appetite

the Jersey food guide with bite

special menus available at selected restaurants this month

3questions

1. Have you ever forgotten to do something important?
2. Commitment is..?
3. Which would you prefer a horse or a goldfish?



Lauren
14, Student

1. Clean my room
2. ... good and brings love to many
3. Goldfish



Zara
21, Trainee dental nurse

1. I forgot to buy my boyfriend an Xmas present. That's pretty bad!
2. ...being trustworthy
3. Goldfish. I just wouldn't want a horse



Danielle
16, Next retail worker

1. I forgot to feed my hamster for a week
2. ...showing someone you care and not cheating on your boyfriend
3. Goldfish

boardom

Scores on the board for the following question:
Where would your ideal wedding be?



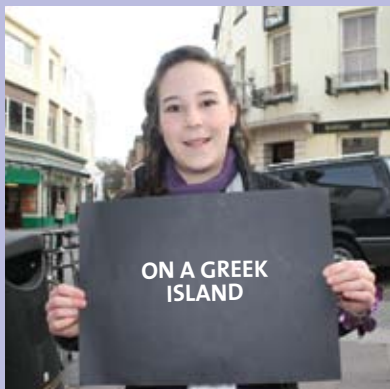
Alex, 18, Student



Charlie, 17, Student



Jacob, 17, Student



Rosie, 14, Student



Amber, 17, Student



Angharad, 25, Earth Wind and Water

Rural Tranquility

St Martin



A bright and spacious traditional, period, granite home offering four bedrooms, three bathrooms and good sized reception room, as well as a mature south facing garden and separate, large orchard. The whole is beautifully restored with many traditional features including beamed ceilings, wooden lintels and exposed granite. The detached property is ideally located for easy access to all the major schools, St Helier and the east and north of the island. There is a double garage and parking for approximately 4/5 cars. All of the accommodation is of generous proportions and benefits from double glazing and oil fired central heating.

VIEWING IS A MUST.

£1,195,000

01534 620620

www.choicejersey.com



Click back to see more properties available from Choice in the property section this month.

Maison Victor Hugo | Greve d'Azette | St Clement

CASTLE QUAY



PREPARE TO BE CAPTIVATED

VIEW BY APPOINTMENT ONLY
PLEASE CONTACT THE SALES TEAM ON 789900

www.castlequay.co.jp