

gallery

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#38

the romance issue

status update

the new way to signal the end of a relationship?

competitions

win diamonds, beauty products and tickets. page 95

jason butler

answers our questions questions (yes twice)

fiat 500

the mini car to out-mini the mini?

FASHION

CULTURE

BEAUTY

ENTERTAINMENT

EATING

DRINKING

MUSIC

PROPERTY

HUMOUR

TRAVEL

RECRUITMENT

NIGHTLIFE

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INTERIORS

WHAT'S ON

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THE
Drift

it's a leap year.

so we get an extra day in February.

{sounds like an excuse for a party.}



{gallery's third birthday party}

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Jersey's style magazine

gallery

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Calvin Klein nude briefs £22.50 & bra £28.50 both from Voisins / Oyster pearl long necklace £699 / Double string oyster pearl necklace £580 / Crafted ring £20.99 / South Sea pearl drop earrings £450 / Graduated round freshwater pearl necklace £2,023 all from Jersey Pearl

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person that reads small print facts of the month

According to suicide statistics, Monday is the favourite day for self-destruction.

The word "lethologica" describes the state of not being able to remember the word you want.

It would take 11 Empire State Buildings, stacked one on top of the other, to measure the Gulf of Mexico at its deepest point.



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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond, written **by Islanders, for Islanders.**

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THIS
MONTH'S
THEME IS
ROMANCE



OPENER RESOLUTIONS

Welcome, dear readers, to the first Gallery of 2008. You're all no doubt back in the throws of work by now. However, at the time of writing this year seems like a whirlwind so far in the Gallery office. That's what happens when you get back a week into the year with a deadline two weeks later! Fortunately we've all had our macs working overdrive to get this issue together and out on time, as always.

We're already a whole twelfth of the way into the year. I imagine, therefore, that a great proportion of you are struggling to maintain an exercise regime whilst refraining from smoking, drinking, chocolate, swearing and all other things people tend to enjoy doing. Oh yes, you too could have a bigger, better life this year free of all unhealthy and unworthy influences... if you're strong willed and, well, quite boring. In my opinion no-one should have to feel that on the last day of the year they have to commence the spiritual and behavioural equivalent of a yo-yo diet. Let's face it, if you didn't manage to do it last year, chances are you won't do it this year. My New Year's resolution; don't make any New Years resolutions. That's one that's easy to stick to.

I know this may sound a bit negative, so let me get to the point. Why not just make a concerted effort to do all that kind of positive thinking every day. A wise Greek man called Horace once told us to 'Seize the day'. I therefore think, why not do it with every day, not just the last of the year? Go on, make a profound life resolution today. Who cares if you don't keep it, you can make another one tomorrow. One you should make, however, is to get on to the Gallery website and get your ticket for our third birthday party that's happening on the 29th at the Drift. We've got a whole month to plan so it should be good. Technically we're three and a half, but who's counting. Hopefully I'll see you there.

BD

newyearnewjob?

If you're jobhunting, make sure you remember www.jobs.co.je the recruitment website from Park Personnel. We update vacancies every day so make sure you check us out. Or, if you like a friendly face, you can always pop into one of our two offices at Bel Royal House Hilgrove Street and 19, The Esplanade.

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the romance issue

the gallery rally: a veterans' guide

It's only February, but we've had all entries for this year's first Gallery Rally already and it's getting closer every day. In all the veterans, Gallery Rally and other veterans' events are a great way to get involved in the community and to support our troops. Here's a guide to help you get the most out of the rally.

1. Get your rally card. This is the first step in getting involved. You can get your rally card at the rally or at the Gallery Rally website. The rally card is a small card that you can use to get into the rally and to get a discount on the rally. It's a great way to get involved and to support our troops.

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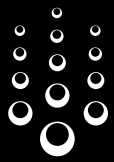
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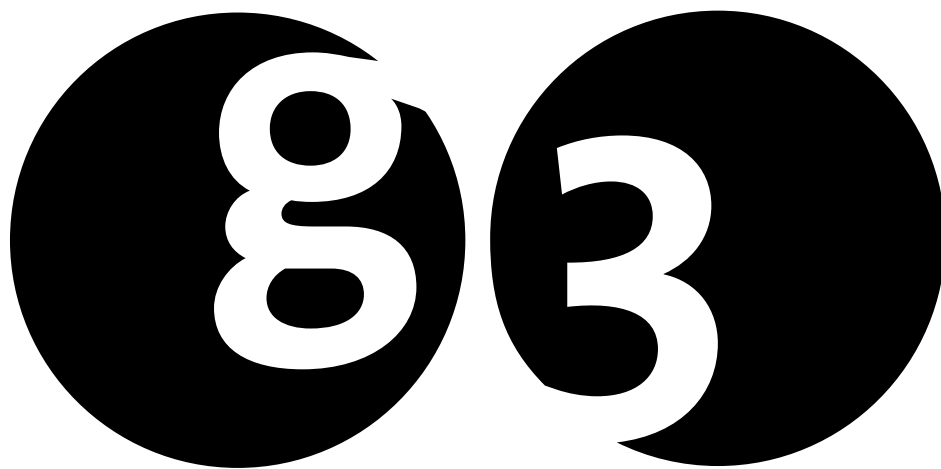
THE
Drift

it's a leap year.

so we get an extra day in February.

{sounds like an excuse for a party.}





{gallery's third birthday party}



the gallery party 2008

29th February

The Drift at The Royal Yacht

want to come?

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gallery
Jersey's style magazine

UP FRONT _

katrina bell

FUNDRAISING MANAGER : JERSEY HOSPICE CARE

What's hot right now?

Masterchef – I'm trying to teach myself how to cook!

If you had to invite two people (alive or dead) to dinner, who would they be?

My friends Kathleen & John, they both died ten years ago when they were 17. I'd love to have one final blow out with them!

Where is your favourite place in Jersey?

For food it would have to be Park House but for somewhere to relax it would have to be Beauport beach in the summer - the cove makes you feel like you could be anywhere in the world.

Where would you go for the perfect holiday?

There's a place called Coconut Island in the Philippines that has a population of about 20 people, a dog and a couple of monkeys. The beach huts are on pristine white sand overlooking the amazing blue waters and it is the most relaxing, beautiful place I've ever been to.

What drives you?

My mum. She was a single parent with not much money so I've always tried to work my hardest to make her proud of me.

What's your next goal?

To put my everything into my position as Fundraising Manager at Jersey Hospice Care. I want to make a difference and I can't think of a better place to do it.

Who did you last receive a text from and what did it say?

My friend Gemma who I met when travelling. It was planning our re-union for St Paddy's Day in London.

What did you most enjoy about school?

Without a doubt it has to be the friendships. I went to nursery, primary and secondary school with the same set of girl friends so we've seen each other through from ABC's to GCSE's and from first boyfriend to first wedding.

What makes you laugh?

My boyfriend Phil (he has the same stupid sense of humour as me); my nanny (we have the knack of cheering each other up); Tickle me Elmo (every time!); and a girls night in (they usually make me cry with laughter).

What is your ideal date?

Being taken to the airport for a surprise weekend trip to Prague, Paris, Barcelona, Vienna... (that's some weekend... Ed.)

What is the scariest thing that has ever happened to you?

While travelling in Oz I did some grape picking in this remote village. We lived in a horrific house with prison camp beds and peeling wallpaper. One day the landlord came round and told us a murder had taken place! He told us not to worry but then said we should sleep with metal pipes that he dished out. After a few days of no sleep and more slave labour we decided to move on!



Born in Belfast, Northern Ireland, Katrina studied a HND in Business Studies in the University of Ulster before completing a degree in Public Service Managements in John Moore's University, Liverpool.

She spent the following two years living and travelling in America, Australia and the Philippines before moving back to the UK to pick up her career in marketing in the film industry. Four years ago, on holiday in Jersey while visiting family, she realised she missed the beach island life and managed to secure a job here. Katrina entered into the charity environment when she got a position in Events and Marketing at Durrell, where she loved raising money for a worthy cause. Recently she gained the much sought after position of Fundraising Manager for Jersey Hospice Care (JHC).

"On my first day at JHC someone told me I had the best job in the world. At the time I laughed at this rather large statement, but now I am settled in the job I really do feel I have the best job in the world! The people who work there are amazing and the place is filled with laughter, despite peoples perceptions. We have so many fundraising projects and so many wonderful volunteers that, although my head may be spinning with the amount of work I have to do, it's still an absolute pleasure to go to work and raise money for such a special place."

Checkout www.jerseyhospicecare.com for forthcoming events.

facts

School?	Dominican College, Belfast
Marital Status?	Single
Favourite CD?	Snow Patrol
Favourite book?	Any of the Shopaholic books
Car you drive?	Do I have to? Mazda Demio

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Vanity Fair

Emma Jane

Voisins
1837

no ordinary
department store

status update: love in the time of facebook

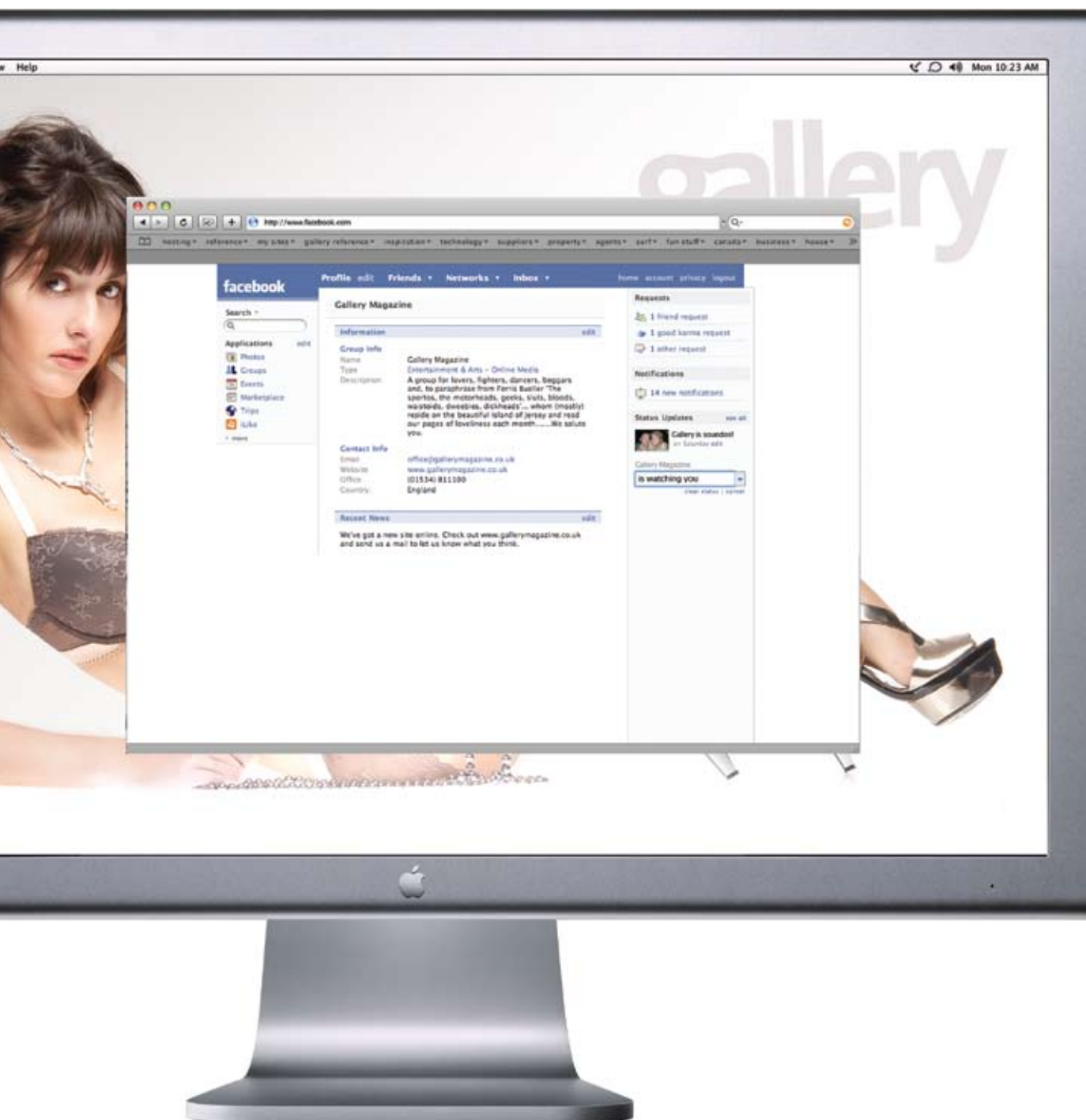
END OF THE ROMANCE? THESE DAYS IT'S ALL ABOUT THE

status update

Breaking up has always been hard to do, but now, thanks to Facebook it's just that little bit harder. In this cruel social network, as soon as a relationship is over, instead of weeping into a pillow and watching re-runs of *Sex and the City* you are forced to change your 'relationship status' on Facebook. The finality of the whole situation will obviously make the break up harder to take, and when your ex also changes their status to 'single' this will be the icing on top of a very bitter cake.

In this crazy age of Facebook, perhaps the first thing you might ask a friend after a break up is - 'Did you take them off of your Facebook yet?'

A friend of mine, who was recently left heartbroken after splitting up with a partner of three years, admitted that the hardest part of the break-up, was declaring themselves as single on their profile. This just solidified the end and although that's in some ways a good thing - we all know the best way to move on is through closure, I could still understand where my heartbroken friend was coming from.



what no chocolates?

On February the 14th there are certain things that we Westerners see fit to do, say, give and receive in the name of tradition. We take our loved one out for dinner, perhaps give them some roses, a nice card, and maybe even a bottle of perfume. And if we are single on this particular day of the year, we will either send a card to someone that we secretly admire and leave it unsigned, or we will fall into a lonely and self loathing pit of depression. Just for one day. This happens every year, In England, America, France and many of the other Christian countries. However, some countries across the world have different customs that they adopt for one day.

According to Jewish tradition the 15th day of the month of Av - Tu B'Av (usually late August) is the festival of love. Girls wear white dresses and dance in the vineyards, where the boys wait for them.

In Finland, Valentine's Day is called Ystävänpäivä which translates into "Friend's Day". Instead of buying gifts for lovers, your friends are the ones that you celebrate.

In Colombia, "Love and Friendship Day" is celebrated on the third Friday and Saturday in September. In this country the Amigo Secreto ("Secret friend") tradition is quite popular, which consists of randomly assigning to each participant a recipient who is to be given an anonymous gift (similar to the Christmas tradition of Secret Santa).

In Korea, Valentine's Day is called White Day and the women give men white gifts. Then there is an additional Black Day on April 14, when males who did not receive anything for Valentine's Day gather together to eat Jajangmyun (Chinese-style noodles in black sauce)

When you do finally pluck up the courage to change your relationship status, it's not exactly a pleasant task. Your choices are: 'Married', 'Engaged', 'In a relationship with...', 'In an open relationship' or 'Single'. And as you go from an 'In a relationship with...' to 'Single' to add salt to the wound, you're asked, 'Are you sure you want to terminate the relationship?' Now if you ask me, that's just cruel.

But it doesn't stop there. Oh no. As if all of this ego-battering wasn't enough, the brutal Facebook Gods have added another relationship option. You can now choose 'It's complicated'. The problem with this pathetic and insignificant option is that you might not even know 'it's complicated'. Picture the situation: one day you happily log on to your profile and check your boyfriend's page. 'Joe Bloggs went from being 'In a relationship' to 'It's complicated'. Cue an angry phone call and perhaps a status change to 'Single' and looking for 'Random play'.

This deceleration of a break up is clearly going to be hard, but when 300 of your on-line friends all write on your wall to check you're ok it may be all a bit much to take. You might even get a sympathetic poke off a couple of people, and a drawing on your graffiti wall of a flower. It's sad but true. I remember my friend Laura once commenting that she had ended her on-line relationship in the morning, and she found it hard to believe that by the afternoon the concerned wall posts had started to flood in.

But it doesn't stop there. Oh no. As if all of this ego-battering wasn't enough, the brutal Facebook Gods have added another relationship option. You can now choose 'It's complicated'.

It doesn't stop there though. After all of this bother with status changing, do you ultimately remove your ex from your friends? You don't want to log on, on a Wednesday lunch time, only to be told in your super feed that so-and-so has been tagged in 30 photos, 19 people have written on their wall and they have been voted the 'most desired for marriage' in some silly application. It's just not necessary. But obviously instead of simply ignoring this, you will look at their profile for at least an hour, perhaps accounting for some of the 233 million office hours lost monthly due to Facebook use.

So here is my advice. Remove them from your friends, leave the network that you are both in and cut off any other way that you may be able to see their new life on-line.

Don't get me wrong though, Facebook is by far the best networking tool I have ever used and I will also say that there is something shamefully fun in looking through photos of someone that you barely know, but as for relationships on Facebook, the best advice I can give is leave your status unmarked.

Facebook has taught me that being in a relationship is complex, but no matter how complicated it gets, you shouldn't need a Facebook label to describe it.

Networks:
Sex:
Interested In:
Relationship Status:
Looking For:
Birthday:
Hometown:
Political Views:
Religious Views:

Channel Islands (should be!)
Hermaphrodite (better odds)
Women / Men
Single
Random play
September 1st 2004
St Helier
Very Liberal
We can see a church from the office

The Gallery Rally a veterans' guide

It's only February, but we've had 28 entries for this year's first Gallery Rally already and it's getting closer every day. In all the excitement we managed to pin down Tour de La Liberation veterans Garry Taylor and Mike Nolan for an interview, to find out what this year's entrants have to look forward to.

1) So, you're a rally veteran, what got you started?

Jan Dart, basically! She used to work at States Computer Services (where I now work) and as an entrant in the very first Tour in 1997, she happened to pop into work and was handing out flyers to recruit potential teams for the 1998 Tour. Having read the info, the idea of a drive around France on a treasure hunt whilst also raising money for charity seemed like a very good way of combining something we both enjoy immensely (i.e. driving on decent roads whilst seeing the beautiful scenery of France). A phone call to Mike that evening, and that was us signed up!

2) How many times have you done the route?

We've taken part ever since the second Tour (if we had known about the first tour in 1997, we'd have been there too) – so that's now 9 & we've never looked back since. We've enjoyed every single moment of every year, and we were obviously at a loss as to what to do this year in its absence.

3) I've heard on the grapevine you've won before.. what did you win!?

We have indeed won a few times – 5 to

be exact, not that we're keeping count! 1998 (3rd), 1999 (2nd), 2000 (1st), 2001 (1st), 2002 (9th – don't ask!), 2003 (1st), 2004 (1st), 2005 (4th) and 2006 (1st). The prize was generally a silver salver and the coveted "Dart Trophy" (named after Jan and Alan Dart who won the first year's Tour and donated this as a prize for every year following) – but basically it's not the winning, it's the taking part!

4) What is your best memory? I'm sure you have a few funny stories you can tell us ...

One of the enjoyable parts of the tour is every evening back at the Hotel discussing the highlights of the day, the route, the fiendishly cunning questions that Chip sets, and also the misfortunes of other competitors' navigational skills over a nice cold beer or two! As the years have gone on, the technology's got better – i.e. Sat Nav became the gadget of choice, which often took us some rather curious routes (not always what we would call "roads") and had people laughing at us for our reliance on technology. There was one occasion where it took us to where it believed the town we were searching for was located, but it turned out to be nothing more than a public lavatory in the middle of nowhere!

6A

gallery

Entrant profile

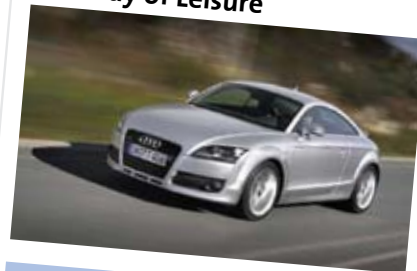


Entrant names	Garry Taylor Mike Nolan
Strengths	Previous experience
Weaknesses	Sat-nav
First entry	1998
Previous attendance	★★★★★ ★★★★★

5B

gallery

The Lady of Leisure



Weapon of choice	Audi TT
Wallet capacity	Credit & store cards
Watch out for	Wrong turns
Weaknesses	Coffee shops
Likely to be found	Applying makeup
Competitiveness	★★★★★
One more..?	Latté

1D

gallery

St. George's tractor



Weapon of choice	Range Rover Vogue
Wallet capacity	High
Watch out for	Sudden lane changes
Weaknesses	Fuel consumption
Likely to be found	On their mobile phone
Competitiveness	★★★★★
One more..?	Litre of unleaded

2C

gallery

Self-made millionaire



Weapon of choice	Lamborghini LP640
Wallet capacity	Extremely high
Watch out for	Sharp suits
Weaknesses	Speed traps
Likely to be found	Everywhere first
Competitiveness	★★★★★
One more..?	MPH

4A

gallery

The Petrolhead



Weapon of choice	BMW M3
Wallet capacity	Moderate
Watch out for	Showing off
Weaknesses	Showing off
Likely to be found	Under the bonnet
Competitiveness	★★★★★
One more..?	Set of tyres

The Trusta



Weapon of choice	
Wallet capacity	
Watch out for	
Weaknesses	
Likely to be found	
Competitiveness	
One more..?	

5) And your worst?

Looking back, we can't really think of any "worst" memories as such, although nearly being taken out by a speeding lorry jack-knifing in a hail storm wasn't one of the best memories. Failing to solve any of Chip's clues is also extremely annoying, but knowing how proud it makes him feel when nobody gets the answer right makes it more acceptable! Generally, the final day when we arrive back at St Malo prior to the return to Jersey, knowing we won't be doing it again for another year, is the low point of every trip.

6) What can people expect who've signed up?

Four days of excellent driving, fantastic scenery, lovely French towns, good company, and fine hotels – not forgetting the questions, which are a cross between a road going version of the famous Channel 4 series hosted by Anneka Rice – "Treasure Hunt", and a cryptic crossword. All that, and it's for a good cause, so what more can anyone ask for?!

7) Any tips to help me win (or all the other treasure hunters out there)?

Tips to help people win; don't follow us! We make it up as we go along and contrary to popular belief, it's mostly luck! Chances are we'd lead you to the wrong town anyway! (not deliberately either!)

2E

gallery

Pipe, Slippers & Accelerator



Weapon of choice	Bentley Continental
Wallet capacity	Rather high
Watch out for	Wafting past at speed
Weaknesses	Reliance upon Sat-nav
Likely to be found	3 days behind
Competitiveness	★★
One more..?	Hour to soak up the view

gallery

The Charitable Lunatic



Weapon of choice	Citroen 2CV
Wallet capacity	No data
Watch out for	Waving children
Weaknesses	Mental instability
Likely to be found	Institutionalised
Competitiveness	★
One more..?	Day to catch up

gallery

far



Weapon of choice	VW Camper
Wallet capacity	Decreasing
Watch out for	Sunglasses glare
Weaknesses	Reliability
Likely to be found	Chillin' out, man
Competitiveness	★
One more..?	Broken down van

Want to join us?

(We have just a few places left)



Who will your passenger be?

Join us on a
fundraising adventure
in May 2008 for the first
Gallery Magazine Monaco Rally
in aid of Jersey Hospice Care.

Join like-minded adventurers on a treasure hunt from Jersey to Monaco, sampling the delights of French chateaux, food and wine en route. Visit the website at www.gallerymagazine.co.uk/rally to learn more and register your interest!

Jersey to Monaco

May 9th - 12th 2008

apply at: www.gallerymagazine.co.uk/rally

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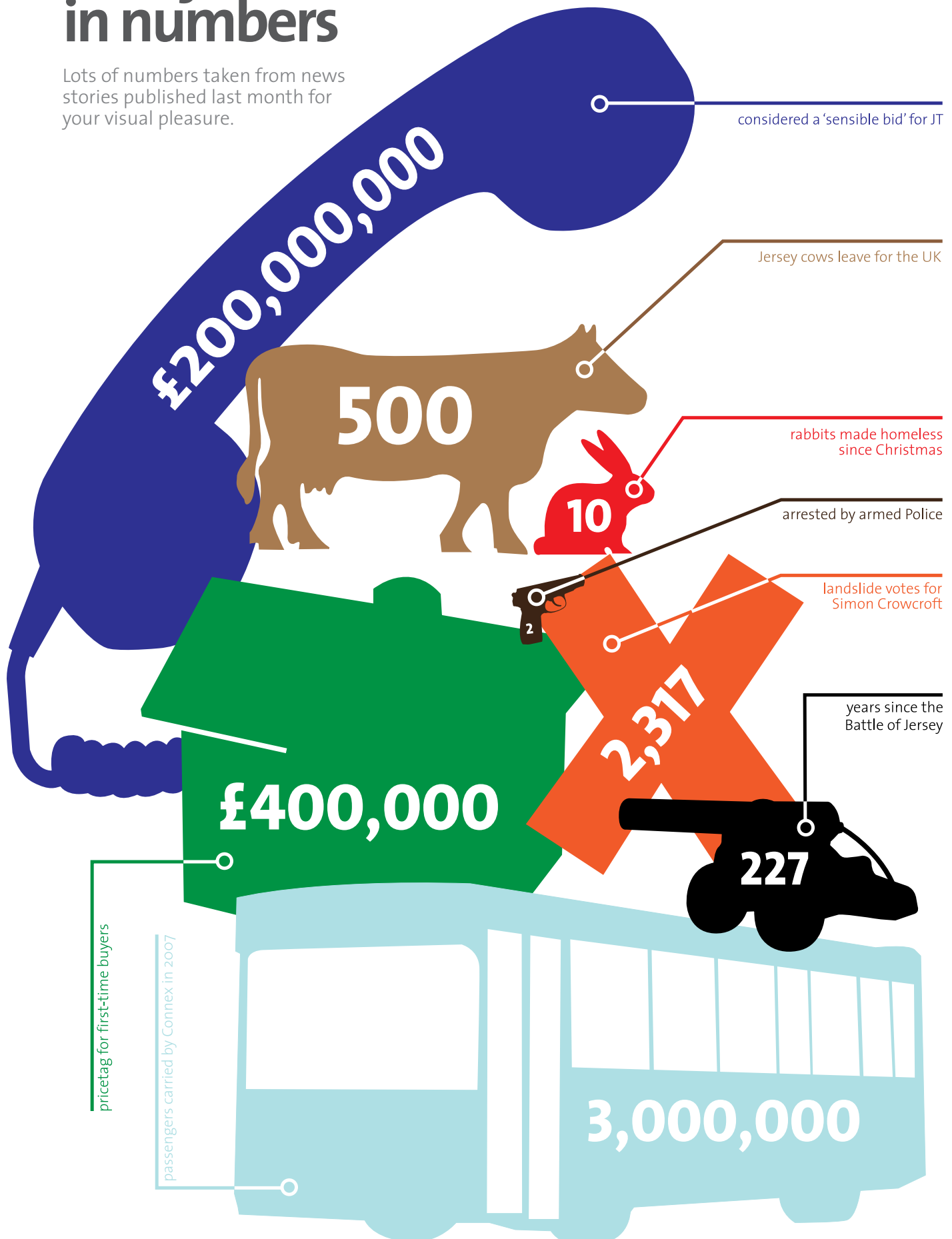
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News in numbers. It's factual, AND pretty.

Jersey: The month in numbers

Lots of numbers taken from news stories published last month for your visual pleasure.



time for the snow?

for a bargain week?



Morzine, only an hour from Geneva

Fly Direct!

fancy skiing or boarding for a week from the 23rd Feb with flights from only £179 direct? Travelmaker have direct flights and holidays to Geneva throughout the season and most are fully booked already but we heard this week that they have some space left on their direct flight to Geneva on the 23rd of February.

The best parts? 1. It's direct and 2. it's cheap. If you have a chalet or friends doing a season you can crash with but don't fancy dragging your skis or board through Gatwick or Heathrow and you're looking for a quick, cheap flight, it's an amazing £179 return flight only.

If you're looking for a more comprehensive holiday service, Travelmaker can tailor a package at any of the local resorts to suit your needs.

Call 784300 for more information.

or an easy weekend?



Escape the winter blues for a weekend in the Pyrenees

In praise of the weekend ski trip!

In a previous edition of Gallery we read about the "reluctant skiers", but what about the mad-keen, dyed in the wool, wish they could jack their job in and be a ski bum types? Those who buy the ski and snowboard magazines in September to read the reviews of the new kit for the coming season, who eagerly await the Ski Club of Great Britain's first e-newsletter in October and anxiously scan the world weather reports to see when the first snow falls in Canada and Europe! Then there's the less loopy but still very keen skiers and boarders who already have one ski holiday in the winter who would like to do more but don't have enough holidays left. Or even the confirmed snow addict who has met a "significant other" who has never been on a mountain holiday.

One answer for all these people to up their on-snow time is the short ski break which gets you to the snow without sacrificing too many of those holiday days! For enthusiastic skiers and snowboarders it's perfect and for those who have never tried it before it's a great opportunity for a "taster session" before blowing two grand on what might be a ghastly mistake!

When planning a short ski break it's best to avoid the French school holidays which this year run from 9th Feb- 9th March. The French school authorities have a simple but effective system to spread the load, in that they split the country into 3 zones, A, B and C and stagger the school holidays accordingly, thereby alleviating the mad rush of the whole country's kids being on holiday at the same time! It's still very busy all through February though!

Weekendskitrips.com offer trips by ferry to St. Malo & overnight sleeper coach to the Pyrenees, with 2 full days skiing on Saturday and Sunday getting back in to Jersey on the Monday. Each year they do 3 or 4 weekend ski trips throughout the winter. This year Easter is early, 20th-24th March and falls outside the school holidays so most people will have Good Friday, Saturday, Sunday and Easter Monday off before going back to work or school on the Tuesday. This gives a great opportunity to go skiing without taking time off. Brilliant!

For details visit www.weekendskitrips.com or call Colbacks Travel on 700500.

What's on in February

If you have any listings or events for next month's magazine, send them to listings@gallerymagazine.co.uk by 16th February

Nightlife

Must see

Friday 1st

Katherine Jenkins

An evening with opera sensation, Katherine Jenkins.

7:45pm.
Fort Regent
£30 - £40

Saturday 2nd

Platinum Nightclub presents the Cream Ibiza Tour

With DJ Allister Whitehead and full Cream club decor, this night is sure to take you back to those summer days in San Antonio.

Admission £5

Saturday 2nd

Rainbow Live!

Stars of the classic children's television programme Rainbow take to the stage in a brand new theatre show. Come and join TV legends Zippy, George and Bungle as they get up to all kinds of fun and frolics in a non-stop live show full of zip!

1pm - 4pm at the Opera House.

Friday 8th

Definitely Maybe

Ryan Reynolds stars as Will Hayes, a 30-something Manhattan dad in the midst of a divorce when his 10 year-old daughter, Maya (Abigail Breslin), starts to question him about his life before marriage. Maya wants to know absolutely everything about how her parents met and fell in love.

Friday 8th

Dance workshops

The Henri Oguike Dance Company will be undertaking dance workshops directly with schools on Friday 8th



Saturday 9th

Henri Oguike Dance Company

Renowned for his vigorous, intricate and strong sense of musicality, Jerwood Choreography Award and Time Out Award winner Henri Oguike, and his company of seven dancers present four contrasting and musically diverse dance pieces on its spring 2008 national tour. Henri Oguike Dance Company is passionate about the relationship between music and dance. All choreography is by Henri Oguike.

7:30pm, Tickets £12 - £25 from Jersey Opera House - 511115



Saturday 9th

Hospice- Handbags & Hats

Handbags & hats for all occasions. Drop off points for donated items are at all Parish halls and Checkers at Longueville & St. Brelade. Refreshments & raffle on the day. 10am till 4pm at the RJA&HS, Trinity.

Sunday 10th

Omid Djalili Live 2008

The star of his own BBC1 series 'The Omid Djalili Show' is on tour with his new and exciting live stand-up show.

Jersey Opera House
£20

Activity

Thursday 14th

Music for lovers - La Cala

Shenton, the original performer at the Apollo in the world wide smash hit musical BUDDY was also featured in the Original Tamla Motown Musical "DANCING IN THE STREETS" and is coming to Jersey to perform Music For Lovers on Valentine's night, a night dedicated to all your favourite lover ballads, Motown and Classics from Lionel Richie, Barry White & Stevie Wonder.

With complimentary champagne and a 3 course set menu for only £19.95

For reservations please call 877225

Friday 15th

Chainsaw Dupon & Giles Robson

A Chicago Blues guitarist who has been described by Blues and Rhythm Magazine as "one of the most gifted performers on the contemporary blues scene", Chainsaw Dupont will be giving an exclusive acoustic performance. He will be accompanied on the harmonica by local musician Giles Robson, who has been described by Blueprint Magazine (UK) as a "harmonica virtuoso."

St. James 8pm
Adult: £12 - Adult Member: £10.20
Student: £7 - Student Member: £5.95

Music

Culture

Cinema

Sunday 3rd

25 Years at the Berni Gallery

If you're stuck for something to do on a Sunday, head to The Arts Centre's Berni Gallery. Four artists, all born in 1983, the year in which the Jersey Arts Centre opened its doors to the public, will be celebrating their 25 years throughout 2008.

Rob Allen, Robert Anderson, Emma Reid and Solomia Zoumaras have been invited to show their most recent work as a celebration of their life commitment to the visual arts as well as to complement the Jersey Arts Centre's celebratory Jubilee year.

Open until the 9th Feb – free admission

Tuesday 5th

Go and see 'Things we lost in the fire'

After an unspeakable tragedy, two people get a second chance at life in "Things We Lost in the Fire." When Audrey Burke (Halle Berry) loses her husband in an act of random violence, she forges an unlikely relationship with Jerry Sunborne (Benicio Del Toro), her husband's best friend from childhood. Jerry is a heroin user; his addiction has destroyed everything that was once important to him. As Audrey discovers that Jerry is the only person who can help her survive her loss, Jerry finds the strength to overcome his own problems.

Wednesday 6th

Silver

Diversions will be staging its jubilee dance performance Silver, an exciting new double bill that allows the audience to witness a stunning range of expression as ten sensational dancers perform world-class choreography

Arts Centre, 8pm £14 (£9 students)

Saturday 9th

A night at the Museum

A rare opportunity for an intrepid band of Flash Card holders to spend the night in Jersey Museum. Explore the exhibitions by torch light and take part in activities and a treasure hunt. There will be a charge for children and adults to attend.

Tuesday 12th

Pathology

Milo Ventimiglia (of the blockbuster TV series Heroes), headlines this dark crime thriller as Ted Gray. Ted is a young intern, newly arrived at the University Hospital in Philadelphia, who was top of his classes and is engaged to a beautiful woman (Alyssa Milano). As he settles in, he stumbles onto a psychopathic group of colleagues playing a vile game. They regularly select one of their members (on a rotational basis) to commit the "perfect murder," while the rest use forensic methods to try to determine exactly how the homicide was executed. However, he's in way over his head and realises they must be stopped. But the only way he can do that is beat them at their own game, before they get to him.

Tuesday 12th

Art in the frame - 3x3

An exhibition of the most exciting up and coming artists, featuring; Alex Arnell, Donna Atkinson, Ana de Oliveira, Trisha Kennedy, Anna Shipley, Nick Socrates, Mark Outhwaite, & Oliver Doran.
Private view - 6.30/8.30pm.

Wednesday 13th

Steven Berkoff's Shakespeare's Villains

Once again Steven Berkoff holds the stage alone – this time with his exploration and analysis of Shakespeare's most villainous characters: Iago, the Macbeths, Shylock, Richard III.
Jersey Arts Centre - £16 (£13 students)

Tuesday 19th

Step up to the streets

In the sequel to Step Up, rebellious street dancer Andie (Briana Evigan) lands at the elite Maryland School of the Arts. She finds herself fighting to fit in until she joins forces with the school's hottest dancer Chase (Robert Hoffman) to form a crew of classmate outcasts to compete in Baltimore's underground dance battle The Streets, she ultimately finds a way to live her dream while building a bridge between her two separate worlds.



{gallery's third birthday party}

Friday 29th

Gallery Rally Launch Party & 3rd Birthday Party

Come down to the Royal Yacht and celebrate our 3rd Birthday with us. We're taking over the The Drift bar from 7pm for whoever wants to come and join in our birthday extravaganza.. Visit our website to find out where to get your tickets. It's free but you will have to get in before 9pm to guarantee entry and a free drink. We look forward to seeing you there!

openings and events

openings and events

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Top Personnel's Client Reception at the Royal Yacht Hotel

The room was filled with chatter and laughter and the drink was flowing freely. A great time was had by all. Nicole Cooney, Temporary Controller at Top Personnel said "The event gave Top Personnel the chance to thank their many clients for making 2007 another extremely successful year and the opportunity for TP's team of Recruitment Consultants to put a face to the

voice and relax with their clients. It was great to meet our clients and chatting to them directly gives us a better chance of understanding their recruitment needs. The decor and ambience of the Royal Yacht Hotel gave the evening an extra special feel."



The King of Swing Cole Page complete with a seven-piece live orchestra entertained guests at Cosmo

We arrived to tables full of delicious tapas which disappeared quickly as we chatted merrily to others on our table. The drink was flowing as well as the conversation and by the time Mr Page stepped up on stage he was happy to find a well warmed-up audience ready and eager to hear his music.

At £18 a ticket it was a brilliant way to start off a Saturday night with good food and good music. The evening put many of us in the mood to carry on revelling well into the early hours. Keep your eyes and ears peeled for the next Cosmo event!



Eden Launch Party Chico, people with fire poi and men with angle grinders – the recipe for a perfect night out

The venue was packed out with curious guests being treated to endless trays of champagne and canapés. There was a fantastic magician going around the tables leaving a trail of dumbstruck fans behind him. And everyone, yes everyone, crowded around when Chico took to the stage to perform his classics such as 'chico time' and 'c.h.i.c.o.' (as in d.i.s.c.o, I kid you not).

Overall everyone seemed to really be 'letting their hair down' and having a brilliant time. It was an excellent excuse for a 'no holds barred' proper party and an excellent evening was had by all.



Make this a night to remember

VALENTINES PACKAGE*

Standard Double	£195
Business Class	£235
Suite	£265

TO INCLUDE PER COUPLE

- A glass of pink champagne and canapés on arrival
- 4 course set menu
- Gift ½ bottle of pink champagne
- Decleor gift bag containing aromatherapy oil and a Decleor gift

Menu cost including pink champagne:
£90 PER COUPLE

Menu cost excluding beverage:
£35 PER COUPLE

* Based on 2 adults sharing. This offer cannot be used in conjunction with any other promotional offer. Valid only for bookings on the 14th February 2008



Treat yourselves at the Radisson SAS Waterfront Jersey with our Valentines Package

The overnight stay also includes a glass of pink champagne on arrival, an opulent meal for two in the Brasserie de Verres en Vers, plus access to the hotel's health spa and cocktail bar which overlook the stunning Elizabeth Marina and St Aubins Bay.

Reservations:

+44 (0) 1534 671 100

reservations.jersey@radissonsas.com

jersey.radissonsas.com

Radisson SAS
WATERFRONT HOTEL
JERSEY

The New Year's Eve Glitterati Ball at the Royal Yacht Hotel

The evening kicked off with glamorously dressed black tie guests enjoying a champagne reception, waiting staff served complimentary drinks and canapés, and groups of ball-goers formed and re-formed for the many eager cameras waiting to record the special night. The Celestial Hall, gorgeously decorated and immaculately laid-out, guests enjoyed stunning courses cooked to perfection by head chef Fred Tobin and his team. To finish, an exquisite dessert buffet - superbly presented and hidden away in the chic LazyJack bar, chocolate fountains, fudges, cakes, crumbles, shot glasses ice creams, heaven....

The atmosphere was unforgettable. "Incognito Artists" cleverly disguised as a waiter, waitress and chef were a great surprise - accompanied by a live band, they casually made their way around guests' tables and soon had everyone on their feet, their chairs - and in a couple of cases, in their laps! Just before midnight, a traditional drum and pipe band entertained and more champagne glasses furiously charged for the countdown to 2008.

With many guests resident for the night, the temptation to cut more shapes downstairs in the buzzing Drift bar proved irresistible for most! With a fantastic atmosphere of its own, enjoyed by those lucky enough to get tickets (yes, they were even going on eBay) the night was a total sell out.

Guests of the hotel still standing retired to the trendy residents' bar to carry on the New Year celebrations - many of whom were spotted soothing their sore heads in the Spa Sirene the following morning!



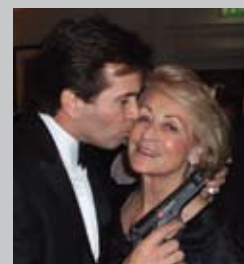
The Jersey Hospice Care Casino Royale Evening at The Grand Hotel

Guests arrived at the James Bond-themed event through a film set on the hotel terrace. Once through the cameramen, lights and film crew, they enjoyed dinner and entertainment by a three-man group called 'Oh James', who specialise in James Bond theme songs!

After dinner the auctioneer Eric Knowles from the BBC's Antique Roadshow started off an auction, with the highlight being a stunning bespoke Catherine Best necklace and earrings.

Guests then tried their luck in the Casino, with the promise of an Aston Martin as a prize if they were dealt a Royal Flush in a game of poker!

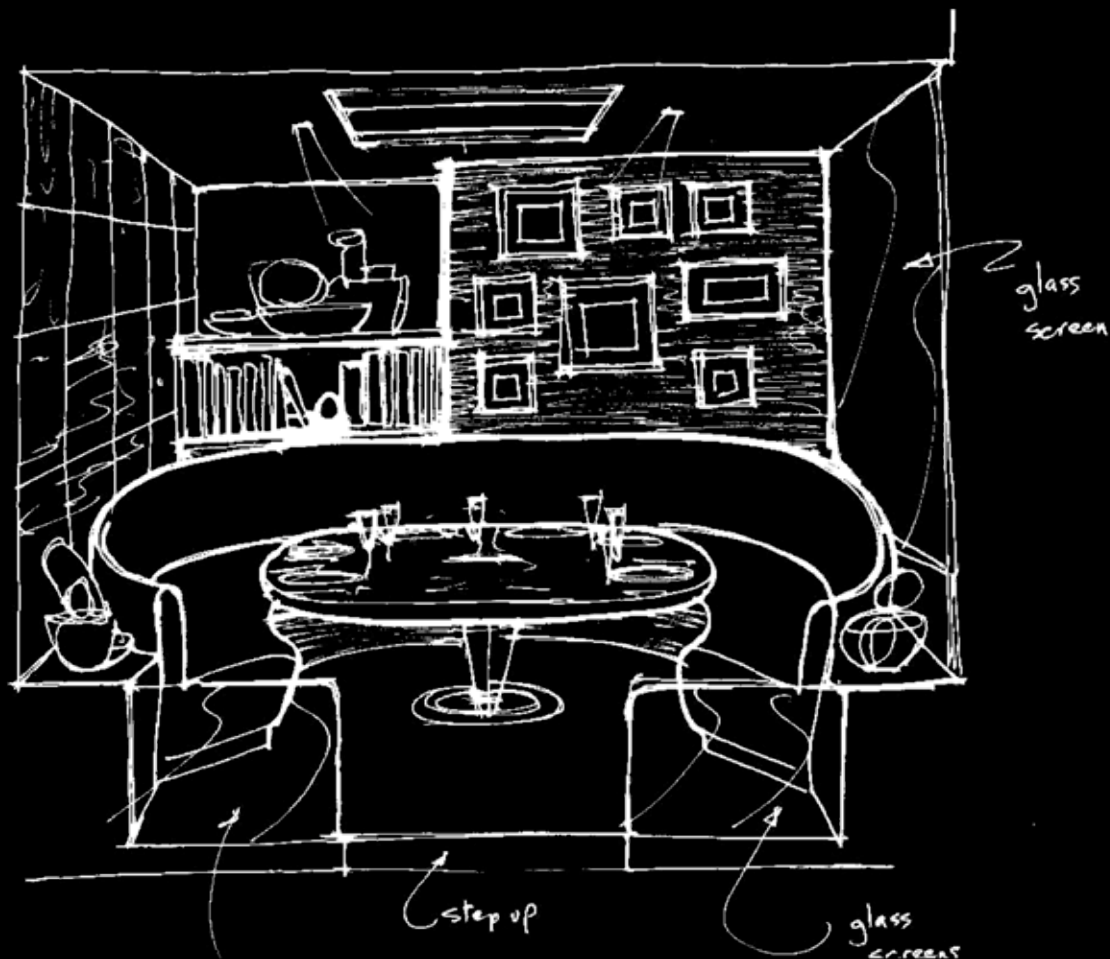
Everybody looked stunning in their black-tie attire and as well as being great fun, all the money raised went to Jersey Hospice Care.



Are you having an opening or event?

Let us know at openings@gallerymagazine.co.uk and we may be able to cover your opening in the next issue of Gallery Magazine.





Bohemia Bar and Restaurant re-opened on Friday 1st February

with a new larger restaurant, three new private dining rooms and fantastic new chef's table in the heart of the kitchen.

Bohemia Bar now offers additional soft seating and is more conducive to lounging in a small group.

We look forward to welcoming you soon.



Green Street, St Helier

call 01534 880588

or visit our website

www.theclubjersey.com

Balloonatic

Bored this winter? So was Kent Couch. In a bid to outdo rival Sir Richard Branson, the 47 year old petrol station owner filled 105 balloons with helium, attached them to his favourite garden chair, then sat back and drifted away.

His bizarre adventure took him from Oregon in the US, to the neighbouring state of Idaho. About nine hours later, he came back to earth in a farmer's field, a little way from home (about 193 miles to be precise). That's roughly the distance from Jersey to London and a much cheaper option than flying. Don't all rush out to Ransom's just yet though, we wouldn't recommend re-creating his balloon adventure at home. In a previous attempt in September, Mr Couch got off

the ground for six hours using a pellet gun to pop the balloons, but he went into a rapid descent and eventually had to parachute to safety.

'When you're a little kid and you're holding a helium balloon, it has to cross your mind'.



Male topi antelope's sex burden

Choosy males and aggressive females - a role reversal has been found in the sexual behaviour of the topi antelope. Some males are so forcefully pursued by pushy females that they refuse the advances of previous partners.

According to research published in the journal Current Biology, this helps males conserve their sperm for the possibility of mating with new females. It therefore increases the chances of fatherhood with the widest possible number of partners.

Dr Jakob Bro-Jorgensen, the scientist conducting the Zoological Society of London (ZSL) research, said: "In cases where the male antelope was free to choose between females, he deliberately went for the most novel mate, rather than the most high-ranking." He added: "However, some pushy females were so aggressive in their pursuit of the male that he actually had physically to attack them to rebuff their advances." The research was undertaken in the Masai Mara area of Kenya, in the traditional breeding grounds of the topi.

Copious copulations

Females are fertile for a single day only. The topi antelope (*Damaliscus lunatus jimela*) come together once a year, for just over a month to mate.

Dr Bro-Jorgensen said: "It is not uncommon to see males collapsing with exhaustion as the demands of the females get too much for them."

He observed that each female would mate, on average, with four males, while some reached 12 different partners. And each individual would be mated with approximately 11 times, although one pair was observed together on 36 occasions.

Unexpected behaviour

These findings are contrary to conventional sexual selection theory which says males are competitive and females are choosy. Talking to the BBC News website, Dr Bro-Jorgensen said: "We may not have our eyes open to the fact that opposite sexual conflicts may occur more commonly than we think. Normally, males are persistent and females resistant. What I saw in African topi was unexpected."

The synchronised mating activity, and the species' promiscuity, makes males the limited resource and females the competitive ones.

It is thought the females are interested in mating with several partners to ensure fertilisation, in case their first choice happens to have reduced sperm supply, or is genetically incompatible with them.

Words for 2008

Swipeout

When the magnetic strip on a credit card wears out due to use. "I just called my credit card company because my old card had a swipeout."

Friendilience

The amount of time it takes to maintain friend requests on social networks such as MySpace and Facebook. "I just don't have time for all of this friendilience!"

Prehab

A program to prevent young stars from behaving inappropriately. "Looks like Miley Cyrus is the only one who's been to prehab."

Irritainment

A celebrity spectacle that, like a car wreck, you just can't turn away from. "Brittney Spears provided enough irritainment for 2007."

Bromance

Combination of brother and romance used to describe a strong heterosexual relationship between two males. "Ben Affleck and Matt Damon have a great bromance."

Earjacking

Eavesdropping on a conversation. "That guy at that table over there is earjacking us!"

Ginormous

Combination of gigantic and enormous. "That sandwich I just ate was ginormous."

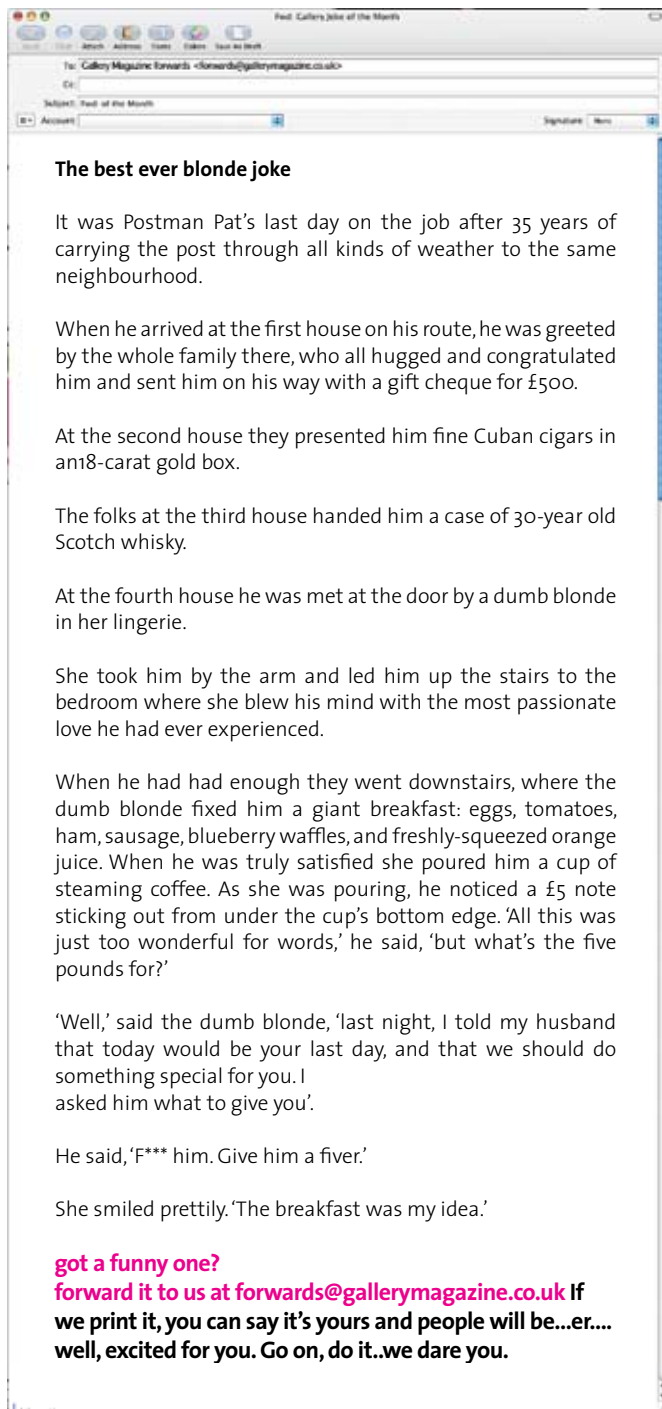
"It is not uncommon to see males collapsing with exhaustion as the demands of the females get too much for them"



Left-handed Retraction!

We fed you a bit of mis-information in the last issue. We stated that left-handed people were heading for their graves on average 9 years before right-handed people. It turns out our research was out of date and more recent research suggests your fate is the same regardless of your anatomical orientation. Wave your dominant left hand in the air in joy!

Joke of the month



Website of the month

www.stuffonmycat.com
www.stuffonmymutt.com

People putting strange things on their pets and posting the photos. It's 5 minutes worth of entertainment to avoid doing any work.



Improve your financial fitness - ask the experts!

We can show you how to repay your credit card balances and other debts instantly and reduce your monthly outgoings!

We understand that it's easy to lose a grip on your personal finances and sometimes you need a helping hand, so follow our five easy steps on how you can get yourself finance fit with an EQR consolidation loan.

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Total Debt £6,050*	Debts	Minimum Monthly Repayment
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Total monthly payments		£249

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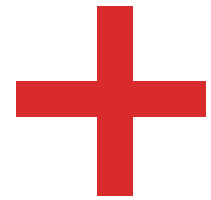
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*All loans are subject to status, terms and conditions apply. Typical APR 14.00%. Security may be requested for larger loans. Your home may be at risk if you do not keep up repayments on any loans secured against it. Think carefully before securing other debts against your home. Early repayment charges apply. Equipment Rental Finance is a registered business name of Close Finance (CI) Limited, which is a subsidiary of Close Brothers Plc. Regulated by The Jersey Financial Services Commission for the conduct of General Insurance mediation. **Source: www.moneyfacts.co.uk

PO Box 483, Conway House, Conway Street, St Helier, JERSEY, JE4 5SR



Getting Cross

On the whole, I approve of property rights. The whole communism movement has never really floated my boat – partly because I like to see some connection between my labour and my (entirely reasonable) salary, but also because I am unable to think of a single car or building (or boat for that matter) built by socialists which has had an ounce of aesthetic merit. I can appreciate that pure utilitarian design can have a certain beauty, but a system which incarcerates novelists, artists and thinkers for their political views is always going to struggle to get the best out of people.

Of course, in an ideal communist state, everybody would be provided for according to their needs (which is fine so long as they realise that my needs extend to a wine cellar, racing yacht and car collection), and so there would be no need for charities. Clearly, this would be catastrophic in Jersey as it would result in a legion of ladies of a certain age who had hitherto kept themselves entertained with charitable activities having absolutely nothing to do – causing a predictably devastating effect on the alcoholism, domestic violence and divorce statistics. In fact, the whole fabric of society would quickly crumble into a morass of drinking, fighting and fornicating (thus fulfilling the JEP's dearest wish as all its complaints about behaviour in town on a Friday night finally become reality).

As it is, charitable causes get a particularly warm reception over here as wallets laden with cash and guilt are lightened in equal measure by teams of fundraisers desperate to do the right thing. However, in my view the problems start when charities become businesses and start paying out thousands or even millions of pounds on advertising and wages – funds which frankly would be better spent elsewhere. Fortunately there are websites out there (such as <http://www.charitynavigator.org>) which identify which charities spend the most and the least on administration thus enabling people to make sure that the money they donate actually does what they want it to.

Now, I'm not naïve to the extent that I expect multi-million pound projects to be managed entirely by volunteers and I'm perfectly happy to accept that a charity such as the NSPCC should pay money to corporate behemoths so as to ensure that people are aware of child abuse and the need to stop it, but is a minute-long advert setting out gruesome tales of abuse really helping anyone? I reckon that if someone is actively abusing children, they've probably reached a mental state where watching an advert on TV, no matter how harrowing, isn't going to make a jot of difference.

I know that this is probably the wrong message, but all I get from the process is that the NSPCC would like to let us know how horrible child abuse is, so we then donate money to them, so that they can pay for more adverts about how horrible child abuse is. I can save them the trouble – if you are reading this and are somehow in two minds over whether child abuse is or isn't a bad thing, you should know that i) it is a very bad thing and ii) if you do it, you will go to jail where you will be introduced

“ I know that this is probably the wrong message, but all I get from the process is that the NSPCC would like to let us know how horrible child abuse is, so we then donate money to them, so that they can pay for more adverts about how horrible child abuse is. ”

to a man called Bubba who will make you realise how deeply unpleasant a romantic evening in can be.

So what do charities have to do with property rights, you might ask (if you haven't stopped bothering looking for joined-up discussion long ago)? Simple. The Red Cross in America is currently engaged in a dispute with Johnson & Johnson (a major US manufacturer of health supplies) over the use of the red cross symbol. You may think that as the Red Cross is called, well, the Red Cross, that they had the right to use the red cross symbol as they liked. In which case you'd be wrong. And you'd be severely overestimating the morals of American lawyers.

Although the organisations which popularised the red cross as a sign for medics in wartime predate our friends at Johnson x2, it was the latter who registered a trademark application for the symbol in 1887, a whole thirteen years before the American Red Cross received its charter from the US Congress. Apparently, the founder of the Red Cross had in 1895

entered into an agreement with J&J which gave it the exclusive use of the symbol for drug, chemical and surgical products.

This arrangement worked fine for a hundred years or so, but recently the Red Cross have started trying to licence the symbol to other companies to raise money – their funds having dried up in the last year due to, ironically, a lack of high-profile American disasters (apparently the sight of homeless millionaires after the Malibu fires provoked more *schadenfreude* than anything else). Jsquared have taken exception to this development and their lawyers are demanding that the Red Cross should hand over the profits it has made together with any unsold stocks. The whole thing sounds like a recipe for PR suicide (even considering that JJ have donated US\$5m to the Red Cross over the last three years), but it throws into relief the problems caused where intellectual property rights are claimed over an image or phrase that, to all intents and purposes, is already in the public domain.

You've probably heard of daft publicity-courting efforts like Posh Spice trying to copyright the word 'Posh' or Paris Hilton trying to copyright the phrase 'That's Hot' but imagine if someone were to try to claim the image of Mont Orgueil or Corbiere as their own property and stop others using it. Sounds mad? If I set up Corbiere Studios limited and had an image of the lighthouse as my logo at the start of every film, what's to stop me claiming that the use of that image in connection with films as a trademark? People would associate the image with my business and so surely I should be able to protect it from exploitation? It's this balancing act of public and private interests that keeps us lawyers thinking – and for every hour we spend thinking, someone ends up getting the bill...



COMPETITION



This month one lucky reader will **WIN...**

A pair of tickets to see the Motionhouse Dance theatre's production of 'DRIVEN' on Friday 29th February!

Just visit www.gallerymagazine.co.uk/competitions before 25th February to enter

JERSEY OPERA HOUSE



Did you see....?

WHO: The Moscow Ballet La Classique

WHAT: Sleeping Beauty

WHERE: The Jersey Opera House

The Moscow Ballet La Classique were last in Jersey five years ago and they received a welcome return this time around; with full audiences for every performance! They played out the tale of Princess Aurora the Sleeping Beauty. Tchaikovsky's music was brought to life with a flurry of tutus and fascinating Ballet. Mayya Zhyskovskaia who played Princess Aurora the first night said that "the performance went really well, it was great! I love to dance, it is like, for me, having to breathe. I really love my job so much."



During her rehearsal Gallery managed to nab a quick interview with the leading lady:

Q - How long have you been doing ballet?

A - Since I was very little, 5 years old.

Q - Where is your favourite place in the world?

A - I think Moscow. Because it is my home. There are so many beautiful places there and the city itself is just beautiful.

Q - What animal would you be?

A - A dolphin as they are clever and I like them.

Q - What is your favourite food?

A - Any homemade food, you know like food Grandma makes!

Q - What is your most favourite role that you have ever played?

A - I can't choose. I really can't. I put myself into each role so I love them all.

The Gallery

The Gallery – 9-11 Mill, Street St Peter Port
gen@thegallery.gg / 713135

'The Gallery' in St. Peter Port, Guernsey is a new and exciting creative space, which is proud to be staging a one-man exhibition by Jersey based artist Jason Butler from the 2nd February 2008 for 4 weeks.

The work on show will consist of Jason's concept based work and portraits produced since 2001.

Among the portraits are the two paintings Jason has had exhibited as part of the British Portrait Award in The National Portrait Gallery in London. Also on show are many of the countless commissions Jason has received, with special emphasis on work produced in 2007.

Among the concept-based work are several large-scale paintings and a large number of drawings. This is an ongoing body of work, which explores the role of the outsider and general public's reaction to them. Drawing also plays a large part in the working process.

Jason is currently working on a number of commissions and continues to work on the 'Outsider' series. If you wish to commission Jason or would like to view the paintings, you can make an appointment to visit Jason's studio by calling 07797727257 or e-mailing Jason@jasonbutler.info. Alternatively you can visit www.jasonbutler.info.

When Gallery received this letter from the lovely people at 'The Gallery' in Guernsey recently we thought it'd be rude not to give their latest exhibition a mention. Nice name..

showing

at the Jersey Opera House this February

Rainbow Live! Zippy Superstar DJ

Saturday 2nd February

Stars of the classic children's television programme Rainbow take to the stage in this brand new live theatre show. Zippy Superstar DJ features all of the fun ingredients associated with the popular Rainbow TV show and includes lots of sing-along songs, games and giggles.



Henri Oguike Dance Company

Saturday 9th February

Energy, inventiveness and bold theatrical colour define Oguike's mixed bill. Joined by his troupe of powerful, captivating dancers, he delivers a wide-ranging and potent combination of music and movement. It features live music from internationally renowned saxophonist and composer Iain Ballamy and three leading jazz musicians.



Omid Djalili Live 2008

Sunday 10th & Monday 11th February

The star of his own BBC1 series 'The Omid Djalili Show' is on tour with his new and exciting live stand-up show. Omid Djalili is an award-winning British-Iranian comedian and star of the stage, television and films.



SUPERTROUPERS

Friday 15th & Saturday 16th February

Celebrating the very best of ABBA and The BEE GEES on one sensational night. 70's dress is encouraged, plus a strong pair of lungs to join in with favourites such as Night Fever, Jive Talking, More than a Woman, Mama Mia, Knowing Me Knowing You & many more...



Motionhouse Dance Theatre
DRIVEN

Friday 29th February

Motionhouse explodes on stage in a head-on collision with reality. Five performers race in the fast lane, dodging the flying debris, as their lives literally fall apart around them. Driven fuses live action and film, seamlessly integrating highly physical dance, breathtaking flying and striking theatrical imagery.



JERSEY OPERA HOUSE

Don't forget to check out our brand new season - call the Box Office on 01534 511115 or go to our website www.jerseyoperahouse.co.uk

My Name is Jason Butler

My job is Artist

The best job in the world would be Being an Artist!

My worst habit is Liking fry-ups & lager too much.

If I could change one thing in my life it would be Not having to stretch my own canvases & pay someone else to do it!

If I had to only eat one kind of food for the rest of my life it would be Bacon & Egg Butties.

This is a self-portrait of myself:



In bed I wear Nothing

If I could be a celebrity for a day, it would be George Clooney - Dream on!

The best time of year is Summer - Kayaking, Beach, Fishing, Nice warm studio

All is fair in love and war. True or false? False

The best advice I've ever been given is Take people as you find them & keep your eye on the ball.

If I could one question answered in the world it would be What will my daughters be when they grow up.

The 3 most important things in life are My family, my work, my kayak (+ new dog Otis)

This is a picture of my dream house:

Sorry, no picture. It's all in my head!

Bio – Peter Thomson

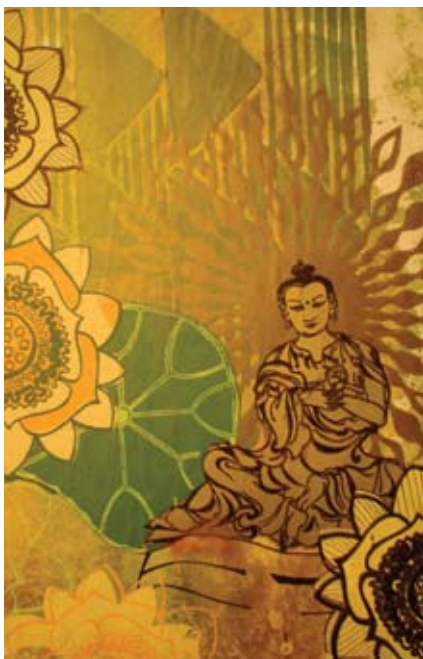


Local artist Peter Thomson has recently returned to the island after completing a bachelor of science, first class honours degree in Textile design for Fashion and Interiors at Huddersfield University. He will be exhibiting a selection of prints and textiles made while studying at University called 'Sample' at the Jersey Pottery in Whitespace this month. The opening night is the 18th February, 6pm till 8pm, and after that the exhibition is open to the public for approximately 2 weeks finishing on 29th February.

"During my time at university, I challenged myself to keep my work as original and fresh as possible, from each module to the next. Thanks to this there is a good juxtaposition of design content, fabric, paper pieces, colour and technique. Substrates used, were heat transferable dyes, manutex dyestuffs, oil paint, foils, tissue and inks. Textiles were produced using CAD design then digital printing onto various textiles such as wool, cotton silk and polyester silks. Some textiles were then printed onto

using opaque dyes and metallic. Subjects that inspired me have been driven from both light and dark places."

The exhibit will include pieces from various modules of his studies including print which he specialised in. We look forward to seeing his original themed work 'winter garden', 'stone the crows' and 'the frivolity of Buddha'.



Events in February and March

at the Jersey Arts Centre

Silver

Diversions (The Dance Company of Wales)

Wednesday 6 February +
Thursday 7 February 8pm

Celebrating its 25th anniversary year, Diversions will be staging its Jubilee dance performance *Silver*, an exciting new double bill that allows the audience to witness a stunning range of power and expression as ten sensational dancers perform world-class choreography.

£14 (£9 students)*



Steven Berkoff's Shakespeare's Villains

A masterclass in evil

Steven Berkoff's East Productions

Wednesday 13 February 8pm

Steven Berkoff holds the stage alone with an analysis of Shakespeare's most villainous characters: Iago, the Macbeths, Shylock, Richard III. "Evil relished in all its variety." (The Times)

£16 (£13 students)*



Richard Herring - Oh F**k I'm 40!

Friday 7 March 8pm

Richard Herring waves goodbye to his youth and awaits the blessed relief of death as he celebrates 40 years of life and the 20th anniversary of his first Edinburgh Fringe Festival. "Herring simply improves with age." (The List)

£14 (£9 students)*

Suitable for 18 years +



Chatsva (means 'Explosion' in Shona) Tavaziva Dance

Tuesday 11 March 8pm

Exploring new territories in combining the rich and diverse traditional dance forms of Africa within a contemporary Western base. The company inspires and entertaining audiences with a high-energy dance.

£14 (£9 students)*



Performances will be at the Benjamin Meaker Theatre at Phillips Street, St. Helier
*15% discount for JAC members

Box Office: 700444

Book online: www.artscentre.je



Bedazzled

A bonanza of beautiful jewellery will be on available at the Harbour Gallery especially for Valentine's Day from February 1st to the 18th. Designers from Jersey including Minette, Micheline Leverrier, Lisa Le Brocq, Christine Witham, David Papon, Jacki Braid, Aye Do, Aileen Simmonds, Adele Denton, Louise Isaacs, Susan Greenall, Gemma Biard, Annetta Norris, Stones and Sarah Coutanche will be exhibiting some recent pieces from their collections.

The Harbour Gallery is open 7 days a week 10.30am-5.30pm
Le Boulevard, St. Aubin, Jersey.
Tel: 743044



Play



screen _ Be Kind Rewind

Jerry (Jack Black), a junkyard worker who attempts to sabotage a power plant that he believes is melting his brain. But when his plan goes awry, the magnetic field that he creates accidentally erases all of the videotapes in a local video store where his best friend Mike (Mos Def) works. The two friends then team up to keep the store's only loyal customer - a little old lady with a tenuous grasp on reality - from realizing what has happened by recreating and re-filming every movie that she decides to rent. From "Back to the Future," to "Robocop," to "Rush Hour," to "The Lion King," Jerry and Mike become the biggest stars in their neighborhood. Funny and lighthearted if you're a movie buff and a Jack Black fan.



book _ 20 Times a lady, Karen Bosnak

What's your number? You know, the number of men you've had in your life. Delilah wakes up one morning in someone else's bed with that feeling of disgust and regret. Now she's hit her self-imposed 'number limit' (20) she embarks on a stalker like search of 19 guys from her past in the hope that she has let the 'one' slip through her fingers, she even goes as far as checking into rehab and visiting prison. A light-hearted romantic comedy that women can relate to. It's set to be released in film later this year, so be one of the first to jump on the hype.



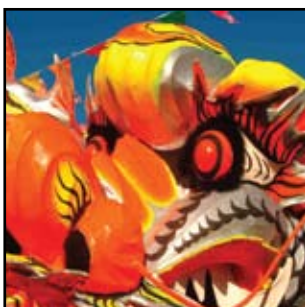
music _ Adele 19

The much anticipated debut album from London-based singer/songwriter Adele is finally here! '19' contains both her debut limited edition track 'Hometown Glory' and her forthcoming single 'Chasing Pavements'. Blues tinged and melancholic, 'Chasing Pavements' is a simply beautiful hymn to lost love, as Adele describes it as "me being hopeful for a relationship that's very much over. The sort of relationship you hate when you're in it, but miss when you're not". With influences as diverse as Etta James, Jill Scott, Bjork, Dusty Springfield, Billy Bragg, Billie Holiday, Jeff Buckley, The Cure and Peggy Lee, Adele is set to make it big this year. Definitely the best album to drown your sorrows to on Valentine's Day.



console _ Burnout Paradise

The Fast and Furious on speed. This game is another excuse to wreak havoc in Paradise City. With a huge infrastructure to play with, the potential for trouble is constant. Break as many rules as you can, speed, crash and come face to face with the infamous burners of the city. With beach and downtown scenes, explore the city. There is also online opportunities, setting a new standard for social gameplay, by setting records with your friends. It's a fast game, with a smooth quality, and a great way to relieve some pressure. There are great graphics and it looks like a truly real experience.



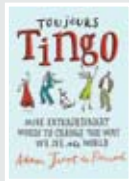
off island activity _ Chinese New Year, around the globe

If the 31st of December wasn't enough for you, you can go and do it all again by celebrating the Chinese New Year (2008 is the "year of the rat") in every Chinatown around the globe. If you can't get as far as China itself, perhaps London is a more feasible option. The main events are in Gerrard Street, Leicester Square and Trafalgar Square with entertainment including lion and dragon dances, martial art demonstrations, Chinese food and music, and firecrackers.

For more information, see: http://www.london.gov.uk/mayor/chinese_ny/index.jsp or <http://www.chinatownchinese.co.uk>

Toujours Tingo!

Having researched 300 dictionaries and 140 websites, Adam Jacot de Boinod has identified bizarre and brilliant words or expressions with meanings that only exist in certain languages. We're going to feature a category each month.



This month: **Angry women..**

The Finnish use the word '**knapsu**' for anything that's not male behaviour.

Other cultures are quick to notice the gender-specific:

Stutenbeißen (German)

The special behaviours of women in a rivalry situation. (literally, mare biting)

Dzinana (Tsonga, South Africa)

To pummel one another with the sides of the fists, away from the thumb, as fighting women do

Agarrar(se) del chongo (Latin American Spanish)

To brawl, to fight - applied to women (literally, to grab each other by the bun of the hair)

Vongola (Tsonga, South Africa)

To expose the buttocks (which is done by women as the ultimate insult when they run out of invective)

Ho!

Cow!

B*@ch!

Look out for Toujours Tingo - in bookshops now!



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*gallery target audience: 20 - 50 years olds in Jersey. Source: Jersey Census

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film: Cloverfield



There are many film directors who long to achieve the success of the 1999 film cult classic 'The Blair Witch Project' and according to the hype 'Cloverfield' may do exactly that. Words: Kate Sloan

The poster for it features a decapitated statue of liberty - enticing enough for action film junkies like myself. Adding to the hype it also has a large blockbuster budget and is produced by J.J. Abrams (creator of 'Lost') who has also directed 'Mission Impossible 3' and will be directing the up and coming eleventh Star Trek movie (very exciting!) so you know there will be some nice Hollywood violence thrown in.

It's a story of five young New Yorkers who throw their friend, Rob (played by Michael Stahl-David), a going away party and decide to document it the same night a giant monster invades the city. The ode to Blair Witch comes from the fact that nearly all the story is told from the point of view of their camera. Now I know that sounds like quite a nauseous point of view but if you have seen the trailer you will see that this has the potential to make for quite interesting viewing as unlike Blair Witch there is a lot more going on than people running into trees. Just from watching a two minute extract, you are already getting drawn in, leaning over to try and see what the hell just brought down a sixty-storey skyscraper but clever amateur angles that let you see just enough to keep you in suspense. There is a love story at the centre of this film as there always is between Rob and Beth (played by Ordette Yustman) although a third of the way in it gets forgotten due to the mass of screaming and explosions happening in the centre of New York, depicting the mass hysteria of 9/11.

In between the main story are quick fifteen-minute scenes from footage between Beth and Rob on Coney Island giving the viewer some background information on the main characters, which adds some focus to the story.

I find you can't beat a good scary action thriller with lots of noise and dramatic action. I know it's only February so it's early to say this but so far this is set to be top of the chart in this category in 2008.



'Sweeney Todd', the latest big-screen musical adaptation from director Tim Burton starring his favourite actor, Johnny Depp is set to be a delightfully dark and gothic story of the 'The Demon Barber of Fleet Street'.

The evil genius Tim Burton, accompanied by musical director Stephen Sondheim, delivers the nightmarish story of a wrongfully judged barber who comes back to set up shop in London cutting the hair and throats of his 'customers' while his partner-in-crime Mrs Lovett (played by Helena Bonham Carter) disposes of the bodies by making them into pies.

As this is based on the musical, singing is to be expected from the famous Johnny Depp providing an almost rock and roll quality to his character with his harsh, thin voice. The musical musings of this film could be heralded as some of the finest in the last 40 years making the bloody story even more enjoyably dark to watch. This is a horror movie and there is definitely a dark, dingy shadow hanging over Mr Burton's London Town accompanied by a lot of bright red blood from Sweeney's victims.

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Valentine's Day!

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music: Chainsaw Dupont

Mississippi magic



Chicago Blues Guitarist Chainsaw Dupont, “an extraordinarily gifted performer with something new to say” according to Blues and Rhythm magazine is set to play three dates in Jersey in February.

The guitarist, who has at one time or another played with all the major Chicago blues artists has been getting rave reviews from all the major international blues magazines for his last three solo albums. He will be backed, whilst visiting the island, by local Blues band The Dirty Aces.

Friday 15th sees him giving a rare and exclusive acoustic gig at The Arts Centre's venue St James Church. He will be backed by The Dirty Aces harmonica player and front man Giles Robson - who has himself been described as a “Harmonica virtuoso” by the UK's Blueprint magazine. On Saturday the 16th he will be playing at The Blue Note with The Dirty Aces as a warm up for his big Sunday night gig at The Royal Yacht Hotel on the Sunday the 17th.

These are a set of gigs not to missed. The chance to see a Mississippi born and bred bluesman backed by the Island's premier blues musicians.



From the city, to the sea, something needs to change

The Merge moved to Manchester and Velofax to London, there must be something in the air and it sounds like music. There is one band though, that has been hiding in the dark and I managed to catch up with the bass player Ryan Mulhern on one of his recent trips back to Jersey. After completing his Media Production degree at Lincoln University, he moved to Leeds, and through friends met the rest of his band to be, Jack Simpson (vocals and guitar) and Big Jimmy (drums). He's been telling me about his band 'Rivers', for some time but only now did I actually sit up and take notice.

So how did you guys get together? Through friends really - Drinking and being out and about in the Leeds music scene

You're based in Leeds, how are things taking off up there? Things are going really well, we have a few good support slots lined up and we are signed to a small Indie label called SoundPeople

And what sort of sound would you say you have? Indie Soul or Sonic Soul, We like to think our sound has some longevity.

I hear you recently recorded a track with a good producer, can you tell us about it? Yeah we've just been recording with the Pigeon Detectives sound engineer. It was great, but we had to wait some time as Andy Hawkins, who co-produced part of their album was away with the Pigeons but it is sounding amazing. We Just have to put down the vocals.

Whats the track called? Shine

You're still unsigned, do you think these new tracks will push you towards the top dogs? We're releasing the single through a new Leeds label and have some people waiting to hear it as far as America and Japan so who knows what to expect. We have a single coming out in April that will be available on iTunes - we'd love some local support to see how well our single can do.

Are you planning on coming over to Jersey anytime soon? We're hoping to get a gig in Jersey with our mate Micky P Kerr late March (still needs to be confirmed) during the Easter holidays for all those students out there. It would also be cool to play Jersey Live sometime, instead of just putting up the marquees!

Where can people go to find out more about Rivers?

We now have an official page on Facebook with songs and gig dates etc at <http://www.facebook.com/pages/Rivers> or go onto www.myspace.com/theriversband

Our theme this month is romance, are you romantics or just plain rock and roll? Romance is Rock and Roll!



“Every area has it's band, we'd like to be the band for Jersey and put the local music scene on the map.”

COMPETITION



This month one lucky reader will **WIN...**

Guerlain's Orchidée Impériale Exceptional Complete Care Fluid worth £125!!

Gallery have teamed up with Voisins for the year to get our readers the best beauty products money can buy - ABSOLUTELY FREE!

Just visit www.gallerymagazine.co.uk/competitions or visit the Voisins Beauty Hall & fill out a questionnaire

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Beauty News Flash

Bringing you the latest beauty updates



Power up your lashes

Clinique has created a new 24 hour mascara that actually lasts with the new lash power mascara. The long wearing formula was developed for humid Asian environments, and has better resistance against rain, tears, sweat, sebum and humidity. So no more looking like a goth in a rainstorm!

Lash Power Mascara £10.50



Subtly defined lips

New this month are these Pure Colour UltraLight Glosses and Lip Shaping Gloss Pencils from Estée Lauder. With a new, limited edition lightweight gloss formula, the glosses glide onto lips ready for puckering up. With 2 limited edition shades, you're going to have to be quick before they go.

Pure Colour UltraLight Glosses and Lip Shaping Gloss Pencils £12 each



Stripped Down

The new N collection from M-A-C is for those of you daring enough to strip your make up down to natural shades, with mineralised skinfinishes. It's a seductive and sensual way to wear make-up, when you want a more subtle look.

M-A-C lipstick Creamy Light Pink £9.50



TS2 Detailer @ Rio

Paul Mitchell has recently designed these nifty little ceramic straighteners. Measuring only 15 cm long, they are a perfect size to slip into your handbag (or manbag). They heat up to 200 degrees celsius, so despite their size, there is no compromise on the quality and results they produce.

Paul Mitchell TS2 Detailer ceramic flat iron £17



Kérastase @ Toni & Guy

Sold in only the most prestigious salons, our favourite French haircare brand is finally available from Toni & Guy. Check out the new range of products, Noctogenist, an overnight treatment to revitalise your hair. It's perfect for those of you who can't find the time of day to treat your hair. Just apply before bed and wake up in the morning with soft nourished locks.

Kerastase Noctogenist Serum Nuit & Voile Nuit both £24 each



Fragrances

As always, fragrances are the ideal gift for Valentine's Day and important if you want to attract (or repel) a member of the opposite sex.

Agent Provocateur Maitresse perfume £39

50ml. Enjoy the seductive scent of white Lotus Petals and delicate white Ylang Ylang.



Sean John Unforgivable Woman £30

75ml. The Unforgivable Woman scent is warm, with a combination of creamy, floral, and luscious notes.



DKNY Delicious Night £23 30ml

An exciting, tantalizing fragrance with a seductive energy.



Clarins Par Amour £22.10 30ml

Meaning 'for love', this is a seductive, caressing fragrance with a floral-woody scent. A perfume for all women.



Beauty Stockists

AGENT PROVOCOTEUR	de Gruchy	818818
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ESTEE LAUDER	Voisins	837100
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SEAN JOHN	de Gruchy	818818
TIGI	Blades	735919
ZUM LOVE	www.victoriahealth.com	
ZEGNA	Au Caprice	732380

Step into Spring this February

There is so much going on in the Voisins Beauty Hall that we had to write it all down! Make sure you take notes, as there are lots of new products and exciting offers to entice you and make you even more beautiful.

Benefit

Cocktail Party! - "Shake It with Fake It Cocktails". From 18th February - 1st March, we are going Cocktail Crazy, & shaking up our most popular & amazing products. Create a completely unique look with one of our original recipes or "take away" our cocktail menu to choose your favourite recipe for different occasions. Ask for Sandra or Emma for more details.

☐ To do!

Chanel

Is your winter skin getting you down? Just book a make-over with Jan or Lynne at the Chanel counter & discover the identity of your skin with a personalised beauty routine from the Chanel Precision Skincare range... complete the new you with an application of the latest Chanel spring colours. If you don't want to stop there, illuminate & tone your body with Chanel's luxurious Body Excellence Firming & Revitalizing Body Spray & Body Serum, the ideal product to get that body into shape.

☐ To do!

Clarins

Fizz into 2008 by booking a makeover with Kate & uncover our spring colour collection "Colour Fizz". Plus when you purchase two or more products, one to be skincare, you will receive an Instant Smooth Perfecting Touch & a Wonder Length Mascara with a choice of silver or gold "metal" finish purse, absolutely FREE (While stocks last).

☐ To do!

Clinique

Book your complimentary make over with Alicia to experience our Spring Trend 2008 NOW! This wearable collection allows you to create a 'no make-up make-up' a look that is perfectly natural, perfectly Clinique. We will introduce you to our New Lash Power Mascara, which delivers beautifully long & curled lashes in a longwearing superior formula that will not smudge. You'll also receive a skincare consultation & complimentary 3-step skin care deluxe samples with any purchase. While stocks last.

☐ To do!

Dior

Visit Lisa on the Dior counter today & discover the 'Total Beauty Experience' - Capture R60/80 XP skincare range. Why not ask for a makeover & be dazzled by the Dior Spring look colour collection, introducing their STAR product, the All Over Highlighter.

☐ To do!

Estee lauder

Spring Clean your face with Estee Lauder's new spring colours & be introduced to the new Pure White Linen - Light Breeze fragrance. Plus buy two products and receive a 15ml moisturiser & 30ml cleanser absolutely FREE. (While stocks last.) Ask Elia for more details.

☐ To do!

Guerlain

Dry winter skin is comforted & protected by new Orchidée Impériale Rich cream - our consultants, Kathy & Anna, will recommend the best textures to suit your skin concerns then complete the consultation with an application of the Spring Colour Collection - textures are: glossy & shiny, colourful & fruity, smooth & comfortable.

☐ To do!

Lancôme

Book a makeover with Paula & look like the stars!! - Lancôme, sponsors of the Bafta Awards, launch their Bafta collection, featuring Hypnose Onyx Custom-Wear Volume Mascara. Plus receive a luxury brush set when you purchase two or more products, (while stocks last). Being glamorous isn't reserved for the stars so reserve your Bafta makeover now!

☐ To do!

M.A.C

Learn from the M.A.C professionals in a M.A.C Technique Workshop designed to teach you the techniques to enhance your skill of make-up application. Sign up in store or call 837153. Limited capacity, so please book early. Location: Voisins Department Store Date: Saturday 23rd February 2008. Time: 10.00am - 12.00pm or 1.30pm - 4.00pm. £25 redeemable against same day purchase of M.A.C products.

☐ To do!

YSL

Eye Must Have consultations - discover YSL's instant beauty system of 3 magic pens & revolutionize your eyes. Plus receive a complimentary makeup brush set when you purchase these must have magic pens. (While stocks last). Ask Zeneta for more details.

☐ To do!

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Love is in the air

If you're looking for Valentine's Day gifts that show someone special just how much you love them, we've found a few things that may just put you in the good books for a while.

Men need to look after their hands too
Clarins Men Active Hand care £9.80



Italian brand Zegna has this new intensely sensual fragrance - ideal for making your man smell nice
Zegna Intenso £27



This 5 minute skin regime for men comes with a special Cleansing Gel, Scrub, Shaving oil, Active Moisturiser, and Medicated Clearing Gel - perfect for the busy metrosexual male.
Dermalogica Skin Kit for Men £16.90



For both of you

**Restful Resolutions for 2
@ The Club Spa**

Spend a heavenly day luxuriating in The Club Spa. Enjoy the 'Rasul Experience' for two followed by a fresh essence facial and massage in the double treatment room, and then a delicious lunch in the Club Cafe. Enjoy full use of the Spa facilities for the day and finish with a glass of champagne in the hotel lounge. This spa day experience is available until April but it would make a lovely treat for Valentine's. It's priced at £90 per person and you will need to book well in advance to avoid disappointment.

Telephone: 876500
or visit:
www.theclubjersey.com/spa.cfm

**Get Mucky
@ Spa Sirene**

For something different, treat your loved one and yourself to the Royal Yacht's Spa Sirene "Are You In The Mud" cleansing treatment. Have fun with your valentine in their Mud Rasul Chamber! As the steam builds, breathe in the herbal essences and enjoy the calming music and starlight therapy sky. To finish, the heavens will open and a monsoon shower of warm rain will engulf you and remove the mud leaving your skin silky smooth and radiant. This 45 minute rejuvenating treatment is just £50 for two people or £30 for one.

Tel:ephone: 615425
or visit:
<http://www.theroyal yacht.com/Spa/>

**Make a Night of it
@ The L'Horizon**

With the hotel L'Horizon's Bed and Breakfast Valentine's Day special including a Champagne Dinner in the Grill, 1 mini Spa treatment per person and rose petal turn down. The price is £240.00 per room, per night, based on double occupancy in a Classic Double Inland View Room. Book to stay in between the 8th and 17th February.

Telephone: 494433
or visit:
<http://www.handpicked.co.uk/opencms/sites/default/HPH/hotels/lhorizon/spas/>

Agent Provocateur Rose Massage oil

This rich and luxurious rose oil should put some passion into Valentine's Day
£27.25



Clinique Heart-to-Heart

This cute Clinique Happy Heart gift set includes a Perfume Spray and Body Cream with a pretty pink carton.
£17



Japanese Cherry Blossom Body Butter

This cherry blossom body butter is part of a special Limited Edition set at The Body Shop. Enter into the Japanese traditional custom of Hanami with delicate floral and romantic scents. The collection is inspired by Sakura, a renowned Japanese cherry blossom festival, which symbolises the start of spring and bringing loved ones together!

£14.00



Zum Love Aphrodisi Pack

Contains soap Bar, Love Oil, Glo soy candle - perfect for a night in!
£25



Korres Wild Rose skincare set

For that radiant look on Valentine's Day, look no further than the Korres Wild Rose Kit made with natural products. The mask is suitable for all skin types, and will brighten up the face, whilst the serum will firm up the skin. The Wild Rose oil will leave skin feeling soft, and apply the moisturiser for long lasting hydration.

£39.50



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Re-fresh yourself in 2008

It's winter, and beauty regimes have started to slip. Start taking a bit of time to pamper and preen yourself and remember it's all about finding a regime that's right for your skin and fits in with your lifestyle.

Face

Looking after your face is important. It is the first thing people see, and it's going to be with you forever. You tend to let things slide in the winter, since it's not summer, your glow has long gone and you forget to moisturize. Spots seem to appear more regularly and stick around for longer. It's tempting, but don't pick them, you will just aggravate them, spread bacteria further into the skin and cause scarring. Spots can appear because of hormones, poor diet and clogged up pores. There are various treatments out there for blemishes. I would recommend the Aveda Acne Spot Relief at £13.55 or Blemish Relief pads at £17.10 both in the Outer Peace range from Aveda. Use once a day after cleansing to exfoliate and unclog pores. For best results, use alongside the other products in the range. Prevention however, is the best way to say goodbye to spots. Don't leave your make-up on before you go to the gym or go to bed (Clarins new Pure Melt Cleansing Gel £13.20 dissolves all traces of make-up in one easy wash and leave your skin peachy clean), wash your make-up brushes regularly and try to drink more water.

The best secret of consistently good skin though, is a daily skin care routine consisting of cleansing, toning and moisturizing twice a day. These 3 steps apply to men as well as women. It's best to get a beauty expert to analyse your skin in order to determine the best cleansers, toners and moisturisers for your skin tone. Salons specializing in Dermalogica, offer a free Face Mapping service, using a microscope to look at the different zones of your face and recommend products special to your skin type. Having a thorough facial before starting your new regime is a good idea. If you suffer from mild cases of acne, the Dermalogica medicated cleansing facial priced at £48.50 in Rio is excellent for exfoliation, deep cleansing and extraction. It leaves your skin feeling completely clean and soft.

Clinique has an easy twice a day 3 step skin care system developed by dermatologists, including a cleanser, exfoliant and moisturizer for different skin types. If you prefer to use a toner, the Everyday Tonic from Comfort Zone £18.95 is good to use after cleansing to rebalance skin pH and tone. It is important to keep moisturizing your face. Using the same moisturizer on your face as on your body is a definite no.-no. It's a case of trial and error to find one that suits your skin. Many skin care experts recommend that a moisturiser containing a UV filter should be used, in order to filter out the harmful rays of the sun that still reach us, even in the winter. Benefit's You Rebel tinted moisturiser with SPF 15 £16 contains antioxidants, aloe vera and gives you a healthy looking complexion.

As well as a daily routine, make the time, at least once a week, for a pampering session, including a mask and relaxation time, both of which will improve the appearance of the skin no end. Aveda's new Outer Peace™ Cooling Mask is great to use at home if you have 10 minutes, for soothing skin, and unclogging pores priced at £22.50. Clarins face and body oils are also good for hydration. Use In the evening, after thoroughly cleansing, and toning, apply a small amount, dabbing excess oil away with a soft facial tissue. They will leave your skin feeling extra soft.



Gallery guinea pig



'We go and experience things and give you the scoop'



After a month traveling round India, I was convinced that nothing short of a hammer and chisel was going to be able to remove the dirt that had encased itself in my skin. My pores were clogged, my face was sun damaged and blemished, and I was desperately in need of a thorough facial.

I'd heard from a friend that Aveda's Outer Peace range was great for acne, both in the short and long term, and I had been using the Blemish Relief cream from this range for several months, so decided to give the treatment a go. Using a combination of modern botanical sciences, the facial is aimed at unclogging pores, controlling excess oil and calming irritated skin.

The treatment began with a consultation & foot bath, and within minutes I was relaxed. Over the next hour and a quarter I was cleansed, refined, extracted, massaged and moisturized using a mixture of techniques and oils. The therapist concentrated on the areas of my face where breakouts occur more. I found the facial penetrated my face completely, leaving a feeling of thorough cleanliness that day to day regimes do not do. My skin felt less oily and softer than it had done in months. I wanted to see improved results on a long term basis and have been using the 4 step home regime for several weeks now. My skin has noticeably cleared from blemishes and feels cleaner and smoother.

I would highly recommend The Outer Peace™ facial for anyone suffering from spots and acne problems, and those wanting a deep cleansing treatment. Available at Elmina salons, prices start at £55 (45min), £75 (1hr 15), £90 (1hr 45).

Body

Just because you cover up in the winter, doesn't mean you can get away without looking after the bits nobody sees. You should still be exfoliating your skin at least twice a week to remove dead skin cells. Sanctuary Kyphi Nourishing Hot Sugar Scrub £8 is an award winning self-heating Hot Sugar Scrub containing natural sugar to exfoliate and smooth the skin. It is moisturising and leaves your skin smelling fantastic. A good moisturiser is key, try the Dermalogica Ultrarich Body Cream £26.85 for extra dry skin.

With our feet tucked away into socks, tights, shoes and boots it's easy to neglect them. Some people say if your feet feel great, so will you. Treat yourself to a pedicure, Toni & Guy beauty salon offers ones from £31 using Jessica products. It's important to remove hard and dead skin, but there are things you can do at home yourself. Sanctuary have a whole footcare range including an Intensive Rescue Heel Balm £4.43 that will leave your feet feeling as soft as silk.



Hair Care

The winter can be harsh on your hair and you shouldn't forget to look after it. The wind and cold can be very drying, and after leaving the house with a glamorous do - it can often turn into a bush in a matter of seconds. Try washing your hair less frequently - it's hard, but washing it daily can have a very drying effect. When you do wash it, try using a good quality shampoo (not a harsh shampoo) that's suitable for your hair type and a good hair conditioner. Professional products don't necessarily have to be expensive, Charles Worthington, Toni & Guy, and Nicky Clarke to name but a few are available at affordable prices. Spending a little bit more will make all the difference. A final rinse in cold water will add shine as well. If you use heated styling tools regularly, make sure you use a heat protecting spray such as Toni & Guy's Protein Protection Mist £4.91, which conditions and detangles hair, whilst adding shine. Paul Mitchell's Heat Seal from £8.70 with humidity resistance is also good if you want longer lasting style. Regular intensive conditioning treatments will also keep your hair in a healthy state. L'Oréal Kérastase Nutritive Enriching Treatment £21.60 produces consistently good results for very dry hair. TIGI Bed Head's Ego Boost £11.10 is good for split ends and as a leave-in conditioner for dry and damaged hair.



COMPETITION

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See page 95 for details

RIVOLI



LADY HEART®
COLLECTION

Say hello to Parisma

She's a Mediterranean size ten with class and a touch of glamour.

Parisma has been keeping a low profile up until now, as over the last few years, a lot of hard work has been going into creating this lifestyle concept ready for its launch this month.

You may wonder why I'm referring to Parisma as a person. Creator Michelle likes to think of Parisma as a woman, a normal girl who's 'got it going on'. And after months of hunting for the face of Parisma, Gallery was instrumental in helping Michelle discover Enia, a local girl working in a hairdresser that personified Parisma and all that it stands for. She had the dark hair and exotic Mediterranean features that Michelle was looking for, and now Enia is the face of Parisma. Gallery's staff photographer, Danny Evans produced the photographs for Parisma's marketing campaign, and Enia's face will be seen in the industry across Europe, even as far as Japan.

Michelle started as an online wholesaler of high end Italian and leather handbags and stunning jewellery. Michelle's hard work began as a hobby, and has now turned into a move to Jersey and a successful business, which is set to be seen at all the prestigious trade fairs this year, including this month's Birmingham NEC.

Despite being a wholesaler of handcrafted jewellery and glamorous handbags, Michelle wanted to do something for the people of Jersey. Michelle has developed a pilot scheme to offer all Jersey residents the opportunity to buy her products at wholesale prices from her newly renovated showroom in Charles Street. Her service is friendly and approachable and with all this support from Parisma for the locals, we thought we should support Parisma too!

For more information on Parisma visit her website at <http://www.parisma.co.uk/>



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I'm a Lady

With Christmas just a distant memory and the sales finally coming to an end, it's the perfect time to re-vamp your wardrobe. Keep your sequins in the closet until next year, the shops are stocking all the latest trends this season and with romance in the air, it's about time we celebrate the feminine things in fashion.

Cinch It

Smock tops are most definitely to be left in 2007, it's all about accentuating your waist and curves with belts and high waisted items. Think glamorous old Hollywood with ladylike shapes. Narrow belts give off a feminine appearance, while the wide and structured belts define the waist. High waisted skirts and trousers give you endless legs and an added sex appeal.



Flirt with a skirt

The hemline of skirts and dresses are up, down and all the way round at the moment, but the key skirt to buy is both short and full, teamed with a tight cropped jacket - and don't forget to tuck yourself in! It's a sure way to make you feel like a lady.



Soft as Silk

It's a bit early but why not get ahead of the fashion mob in this in-between season must-have. Spring will see delicate, sheer silk dresses with an abundance of floral designs. It's going to be feminine, flared and flirty. Topshop and Miss Selfridge already have some cute ones in. Team up with jeans until the sun starts shining.

The Super Clutch

They have been around for a while but are staying through spring. They look great on the end of your arm, & the bigger the better (you're going to need the space for all your wordly goods). Hi-Heels & Handbags have a stylish one.



It's a man's world

Here's a few trends we will be seeing the next year if you want to get a headstart.

Worn-in denim

Raw, undistressed denim has been in for a while now so it's no surprise the worn in look is coming back round again. Embrace the jeans you bought 5 years ago or invest in some new ones like Z Brand in Massimo or PRPS in Roulette.



Splash some colour



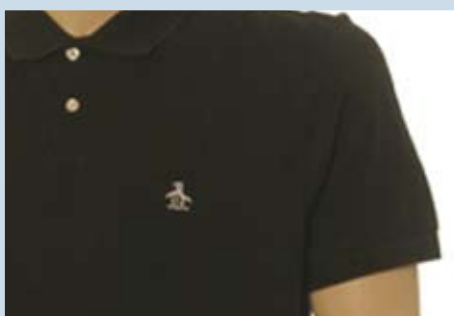
Salvatore Ferragamo
Photograph by Marcio
Madeira



Paul Smith
Photograph by Marcio
Madeira

Preppy Polo

Don't try anything too complicated (leave the stripes at home) a plain button-down collar will do, it's subtle and chic. Try Penguin at Roulette or Lyle & Scott at AxleMan for some stylish ones.



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The must-have bag

If you're looking to buy one bag this season, make sure it's brown, leather and looks worn in. This one from Melissa Howards boutique in New York 'Stock Vintage' has been through a special process to get this look. Vintage ones will look distressed already and uber cool. It will be a staple part of your wardrobe and carry you through spring and summer.



Plums Lingerie
7 Colomberie
St Helier
Jersey
JE2 4QB
731 302



PLUMS
LINGERIE

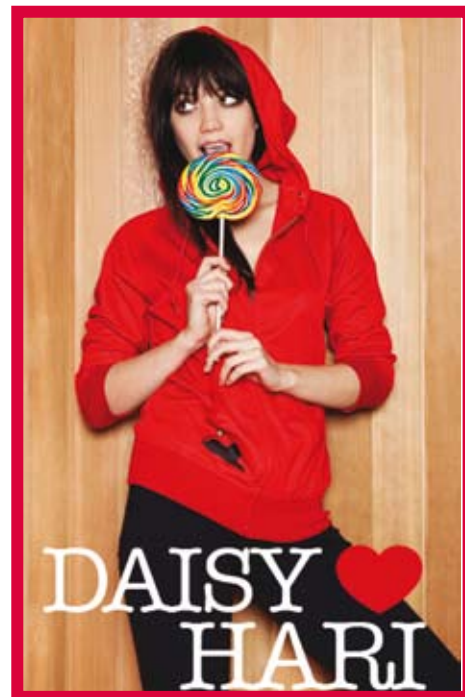
New Brands at AxleWoman

Over the next couple of months there are going to be loads of new trends hitting the shops, and for Axle, some new brands are coming to town including Luella, See by Chole, Black Milk denim, and LA brands Serfontaine denim and we love the cute tops from Zoeezy tees.



Stella McCartney & LeSportsac

Designer Stella McCartney has partnered with LeSportsac, a leading manufacturer of functional and iconic nylon handbags to design a series of limited edition lifestyle collections available exclusively at Roulette Ladies this season. With a variety of fashionable sizes from carry on cases to travel clutches, they are made to fit your lifestyle. Every handbag, regardless of size, features a snap out mesh cosmetics pouch (what more could us ladies need?!)



Arriving anytime to Manna

The new Spring/Summer 08 Collection from uber cool label Hari will Be in Manna anytime soon. Model of the moment, Daisy Lowe is heading up the campaign, including bright hoodies, T-shirt dresses and cashmere tops.

Pura Lopez

Spanish shoe designer Pura Lopez, is now available for the first time in Hi-Heels & Handbags. The highly recognised designer has been sought after by her country's Royal family, clothes designers, and was recently snapped up to design shoes for Penelope Cruz's film Manolete. Her stunning collection in luxurious fabrics and cutting edge designs have to be seen this season!



Kaffe & Cream @ De Gruchy's

This will be the first season for several new brands including Kaffe and Cream at De Gruchy. Kaffe is modern styling with a fresh look and Cream has its very own distinct style, mixing feminine shapes with quirky details. This season's look is all about details, with every piece having the "special something" extra, even down to your t-shirt. Navy, red and white come through in mini dresses, coats and geometric skirts. Stay ultra-sophisticated and add that individual style. Fransa (as pictured left) is a new stylish, feminine day wear brand, for the office or leisure. New arrivals show a new romantic look with soft pastel colours as a fresh and feminine statement that springtime is just around the corner.



'NEARLY NUDE'

GALLERY FASHION 0208

PHOTOGRAPHY: DANNY EVANS

CREATIVE DIRECTION: ALANA MANN

MODEL: KATHERINE

Calvin Klein nude briefs £22.50 & bra £28.50
both from Voisins / Aristoc ultra sheer hold
ups £5.46 from De Gruchy / Oyster pearl long
necklace £699 / Double string oyster pearl
necklace £580 / Crafted ring £20.99 / South
Sea pearl drop earrings £450 / Graduated
round freshwater pearl necklace £2,023 all
from Jersey Pearl



Calvin Klein bra £28 & briefs £19 from Voisins / Aristoc ultra sheer hold ups £5.46 from De Gruchy / Paco Gil pewter platform shoes £179 from Hi-Heels & Handbags / Crafted pearl & crystal necklace £36.95 / Crafted pearl earrings £12.99 / Glass based pearl necklace £18.99 all from Jersey Pearl



Simone Perele Spadus briefs £39 / Simone Perele corset £97 / Aristoc ultra sheer hold ups £5.46 from De Gruchy / Mabe pearl gold necklace £260 from Jersey Pearl



Fayreform bra £36 and knickers £16 both from De Gruchy / Long crafted pearl necklace £18.99 / Short crafted pearl necklace £16.95 / Freshwater pearl necklace with semi-precious stones £59 all from Jersey Pearl



Masquerade Pearla thong £14.25 / Masquerade Pearla bra £28.50 / Pied a Terre gold shoes £110 / Aristoc ultra sheer hold ups £5.46 all from De Gruchy / Paco Gil patent bronze clutch £99 from Hi-Heels & Handbags / Coloured freshwater pearl necklace £69.99 / Coloured freshwater three row cuff £18.99 all from Jersey Pearl



Jon Quil satin nightie £113 from Plums / Freshwater pearl necklace with semi-precious stones £37.99 from Jersey Pearl



Aubade bra £85 / Aubade g-string £35 both from Adorne / Oval mother of pearl ring £35 / Multicoloured crafted pearl necklace (as belt) £40.99 / Crafted pearl earrings £22.95 from Jersey Pearl



Malizia by La Perla French knickers £37.90 & bra £69.90 from Adorne / chocolate brown fur coat £835 from Marc Cain / Aristoc ultra sheer hold ups £5.46 from De Gruchy / Freshwater bracelet with gold clasp £280 / Freshwater bracelet with silver clasp x 2 £21.95 / Multicoloured freshwater pearl necklace £55 all from Jersey Pearl

Blah Blah Bra

There is no denying it, nothing makes you feel sexier than buying brand new underwear that you look good and feel comfortable in. As women and men rush out in their hundreds this month, the shops are laden with every sort of under garment you could wish for, and as important as ever is the bra – it's undeniably a focal point. If you're buying for someone else, make sure you know her size, favourite colour, body shape and personality; there isn't much point in buying Madonna style cones if they are out of her comfort zone.

For cleavage

Liquid, Gel & Air bras have small, sometimes removable, pockets in each cup which help to enhance the bust and cleavage.



© Wonderbra at Voisins

For small busts

Balcony bras are great if the bust is a bit shallow at the top, it creates wonderful uplift and cleavage with a sexier more luxurious look - it's a bra that's really meant to be seen.



© Marie Jo at Plums

For everyday wear

Plunge bras are great for lower-cut tops or under t-shirts, and are a lot less fussy.



© Marie Jo at Plums

To get the pulses racing

Lace and luxurious fabrics are going to be the most seductive bras, and come in a variety of styles. If you want to try something different, basques are an extremely sexy alternative, especially when paired with matching knickers and suspenders.



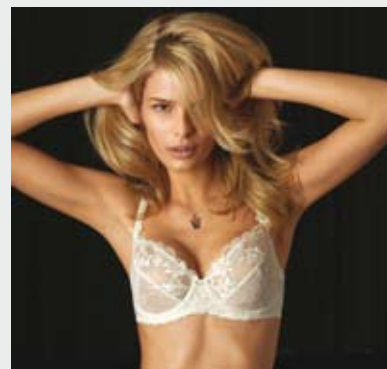
© Aubade at Adorne

Chances are, you aren't wearing the right bra size — roughly 85% of women are in the wrong bra, and for the other 15%, it is almost impossible to just have one bra size due to weight fluctuations throughout the year, and difference in brand & style sizing. Adorne, De Gruchy, Marks & Spencer, Plums and Voisins all offer a professional bra fitting service, with experienced fitters. Taking an hour to experiment with a variety of types and brands will be beneficial in the long run, you will feel more comfortable and your breasts will look even better. Voisins are also offering a 10% discount on all lingerie for the month of February, so it's definitely worth popping in.

The trend throughout the lingerie industry is heading towards larger sizes. Over the last 20 years, breast sizes have increased by an average of 2 bra sizes. There are some elegant bras out there for curvaceous women, that don't necessarily involve multiple hooks and giant straps.

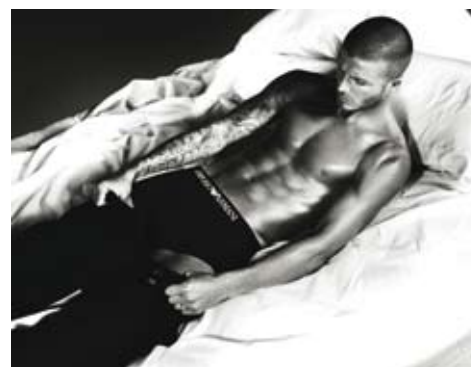
Up to a G cup

Fayreform offers bras for every occasion, that contour the bust for a beautiful feminine curvaceous shape without compromising on support. Masquerade is an ultra sexy and luxurious brand encompassing retro glamour fashion lingerie, with basques and balconette bras, that only enhance the fuller figure with lace and satin fabrics. Fantasie is a sophisticated brand which focuses on great support and comfort in soft colours, lace and delicate floral embroidery (all available at De Gruchy). Lingerie brand leader Triumph are offering some good support bras that don't compromise on detail, using clever visual tricks that add terrific sex appeal.



Triumph Luxury Desire £29 Voisins

And for the ladies ...



© Emporio Armani at Massimo and Voisins

food&drink ►



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gallery



Victoria's at the Grand brasserie chic

Don't you just love going out for a good old gossip? Especially with someone as famously indiscreet as my friend Veronica. Dear old Ronnie only needs a couple of glasses of Dom, and she'll tell you what everyone's been up to, who with, and how often.

Ronnie and I had dodged the drizzle to catch the Friday night DJ set at the Champagne Bar, and she was full of scandalous secrets about our fellow cocktail-drinkers. She'd just finished telling me about the restaurateur who'd dropped a lighted match into his lap at a party the previous week and set his trousers on fire. 'I was right beside him and tried to put it out with the contents of my glass. Shame it was a double brandy – he got rather flambé-ed'. Unfortunately the 'laid-back Latino funk' didn't quite drown out Ronnie's voice and we escaped the glares from the next table and moved into the calmer environment of Victoria's.

It's been a year since Victoria's had its legendary revamp, turning it from classic hotel dining room into something closer to contemporary casino chic. The décor echoes the warm wine colours of the hotel – think a ruby-red Beaujolais Nouveau, with chiffon burgundy drapes and velvet banquettes. It certainly ticks all the boxes for anyone looking for a

luxurioustake on a hotel dining room. And if you've never experienced the Supper Club on Saturday evenings, you've missed out – there's a swing band playing Sinatra classics while you dine. Catch the next Supper Clubs on the 16th and 23rd February.

The famous chef Albert Roux is a consultant for all the menus at the Grand – from room service to fine dining – and he certainly brings a dash of Francophone chic to the menu at Victoria's, reinventing brasserie classics with a Jersey twist. With breakfast, lunch and dinner available, head chef Adrian Doolan can whip up anything from French-style salads and vegetarian pastas to steaks and fish dishes, all presented in a fresh, uncomplicated way. There's even a rather chic little children's menu (2 courses £6.50, 3 courses £8.50) with fabulous kiddie food like melon sorbet, chicken curry, steak and profiteroles for your budding gastronomes.

Veronica started with the garlic

king prawn Caesar salad from the set dinner menu (£25.95 for 3 courses). It was light and tasty, with fresh anchovies but the prawns arrived unpeeled and topping and tailing them was a bit too much for Ronnie's new manicure. Still she did get a finger bowl. My smoked salmon with blinis and horseradish was slightly disappointing, with the blinis looking like they'd been made the day before, and then refried to heat them up. More bleugh than blini – but the smoked salmon was delicious, and was served with heaps of salad.

The service was excellent – our Polish waitress really was charming, helpful but never intrusive. She recommended a classic Sancerre (Le Manoir Andre Neveu 2005, £27.50), which turned out to be a very good choice – on the affordable side of the wine list but crisp and fruity enough to stand out.

Ronnie had the baked artichoke with a ratatouille-esque arrangement of

Mediterranean vegetables and a rice pilaff. At first sight the dish looked a bit odd - the baked artichoke heart was rather grey, but that could have just been the lighting because it tasted delicious. My fish, mussel, cider and leek pie was yummy, just like Nanny used to make. Creamy, salty and filling, it's the perfect solution to post-Champagne Bar munchies when the canapé menu just isn't enough.

My fish, mussel, cider and leek pie was yummy, just like Nanny used to make. Creamy, salty and filling, it's the perfect solution to post-Champagne Bar munchies when the canapé menu just isn't enough.

As for the desserts, well you're going to have to forget your diet I'm afraid - they're all comfort food favourites. From dark chocolate crème brûlée to sticky toffee pudding and even a cheese trolley - it's worth saving space. I tried an cinnamon-heavy apple crumble with vanilla sauce and ice-cream that I loved but Veronica thought was a bit too rich. But don't trust her opinion, I wonder she can taste anything after her diet of champagne cocktails. We also went for a caramelized lemon tart that had come straight from the imagination of Albert Roux - or so the menu said. It was an interesting hybrid of tarte au citron and crème brûlée - very French patisserie.

So don't forget about Victoria's. Tasilli's great of course for a special occasion, but Victoria's a failsafe option. It's one of those places that could find you a table for a group of garrulous girls as well as an intimate corner for a romantic dinner. And you can always retire to the Champagne Bar for post-prandial drinks. Which is of course what Ronnie and I did. Until it was time to go home, and ignoring an over-friendly financier's offer of a lift, we jumped into a cab. Her botox might have slipped, but it's good to know Veronica still has her standards.

Victoria's

The Grand Jersey
The Esplanade
St Helier
www.grandjersey.com

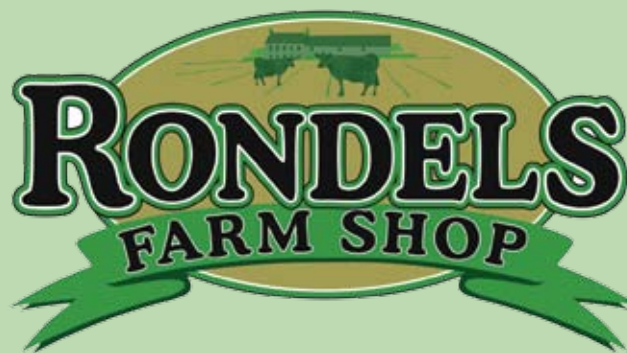
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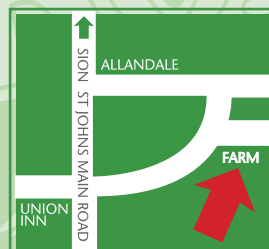
THIS MONTH'S RATINGS

location	★★★★	value for money	★★★★
food	★★★★	date potential	★★★★
service	★★★★		



Valentine goodies from Rondels

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Seasonal Food



Frozen fish fingers

Spare a thought for our chilly fishermen, battling the wintry high seas, to bring us lovely fresh fish. February is miserable for fisherman but good for fish and local catches this month include brill, skate, whiting, turbot, sole, crab and lobster.

All available at our fabulous fish market (so called by Rick Stein)

Purple Highness

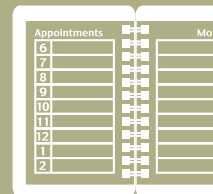
Purple sprouting broccoli, this god of green veg, is now in season. It has a much finer taste than year-round calebrese broccoli and makes the perfect partner to almost any fish or meat dish.

Look for darkly coloured specimens with crisp stalks, no bigger than 1cm in diameter, which snap cleanly when broken. (Always avoid bendy broccoli.) Packed full of vitamins A and C, iron, calcium and fibre, it is as healthy as it is tasty. Lightly boil or steam until tender and top with a melting knob of yellow butter, a squeeze of lemon and a grind of black pepper. Farm shops and the Market are your best bet.



Local Foodie Dates for the diary 2008

Some tasty days planned, more still in the pipeline...



Winter Warmers

16th February-29th March.

Look for the signs in participating restaurants as they urge us to eat out after 14th February.

Genuine Jersey Farmers' Markets, selected Saturdays from April.

These chilled St Aubin markets are perfect for buying local sausages, fruit, vegetables, strawberries and eggs.

Slow Food Annual Conference "Food and Farming in the Community" 15th March.

Plenty of meaty talks and seminars on real food from UK speakers.

18th World Jersey Cattle Bureau Conference 18th-25th May

More than 200 Jersey cow delegates from more than 20 countries descend on Jersey to discuss gorgeous udders and bull semen.

Foire de Jersey 24th, 25th, 26th May

Jersey's traditional country fayre with cattle shows, flower displays, and the chance to graze.

Maritime Festival 5th-6th July

Alfresco dining and the French market for honey and cheese and white peaches.

West Show 12th and 13th July

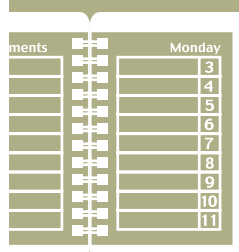
Jersey's biannual celebration of all things local. Check out the Genuine Jersey tent for cheese, chilli and sausage tastings.

International Food Festival 11th-17th August

A good excuse to eat alfresco, let's hope the rain holds off this year.

Tennerfest 1st October-12th November

Round again and an excellent excuse for an extra lunch...





Pizza Facelift

Many of us will have to think again as that reliable solution to meals out and nights in is closed for a refurb until the end of the month. The Halkett Street Pizza Express is going for a full-on makeover. Downstairs will be decorated and updated, whilst upstairs will have a stylish new bar. This smart new space can be hired for parties and corporate dos and will offer multimedia solutions along with your Romana. It'll also be a much better spot to wait for your table or takeaway.



Bohemia's Michelin Star Shines

2008 is set to be an exciting year for Bohemia Bar & Restaurant with the introduction of the fantastic Chef's Table on 1st February; hot on the heels of last month's announcement that the restaurant's talented and dedicated team have retained a Michelin star for the fourth year running. Chef Shaun Rankin commented on the news: "As we prepare to begin work in our brand new kitchen and launch the Chef's table next week, news of our Michelin star has given the whole team a fantastic fantastic boost. We are honoured to be viewed amongst the best in our field



Sheep and Pigs

Are you a PIG (poor ingredient guzzler) or a SHEEP (shopper with healthy and environmentally-engaged principles)? Interested to know more about the food debate, check out Jersey girl Emma Hardcastle's latest slim volume, Food, that lifts the lid on food production and what we are really eating. Is organic better for us? Do we care about Fairtrade or food miles? Should we shop locally or at the supermarket? Part of the Pocket Issue series that distills arguments and clarifies the debate. Get better informed in 2008. Pocketissue.com £4.99

What do you think?

email us your foodie feedback to vicky@gallerymagazine.co.uk



(this isn't Vicky, it's
Captain Birdseye)



Chicken and Egg

Anyone who saw Hugh Fearnley-Whittingstall's and Jamie Oliver's programmes highlighting the plight of the humble chicken, probably found themselves drawn, wide-eyed to the screen, with all the horror of watching a car crash. Intensively farmed birds make up to 95% of the chicken eaten in the UK. Sir Jamie introduced us to the Frankenstein bird - a cheaper than chips chicken that gains 60g a day - which goes from chick to cling wrap in a staggering 38 days. An animal so top heavy and cramped that it can't stand and spends most of the day sitting in chicken shit. Contrast that with happy healthy birds, scratching around outside and taking up basket weaving. The message is buy the best you can afford and look for labels that say organic, free range or RSPCA Freedom Food.

To get better informed, check out www.chickenout.tv and www.jamieoliver.com/jamiesfowldinners

Lovely local birds

Le Marinel Farm St John for good free range birds, tel 865958
Vermont Farm, happy and organic, tel 742383

Sure as eggs are eggs

Get good free range eggs locally - Happy Hens from supermarkets and local shops Fungi Delecti and Farm Fresh Organics for yellowest yolks. Tel 863591 and 861773 for stockists.

Mind Expansion

Vicky Fawcett



Beans from Brazil, two chickens for a fiver, organic free range hand-knitted eggs, Egyptian strawberries in Fairtrade chocolate for Valentine's day. Why is it that our food choices seems to get more and more difficult? What we eat and where we shop has never been more talked about - helped along by the likes of Jamie, Hugh and Gordon and a large dollop of obesity.

Closer to home the debate has been simmering about a new supermarket chain coming to the Island. Global retail giant Tesco has been suggested. More stores would mean better competition and lower prices, we're told. The States appear to support this notion, so they asked people if they wanted cheaper food and more choice. As long as there are bears and woods we know the answer to this. These are important questions, but life, as we know, is more complicated. Money off our weekly staples sounds very appealing but where would this food come from and where would the profits go? Not here.

Let's look at the expansion of Farm Shops on the Island in the last 5 years, ranging from the side-of-the-road honesty boxes (long may they last) right up to those shops on farms that sell almost anything. These are Jersey farmers who have diversified, either by going organic, like Vermont Farm, creating delicious cheeses and milk, like Classic Farm or by growing into one-stop shops selling bread, meat, fish alongside fruit, vegetables, herbs and interesting grocery bits, like Holme Grown and Rondel's.

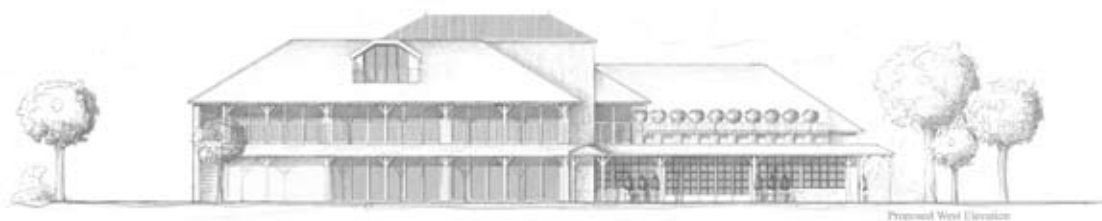
Richard Rondel has been running his farm shop in St John since April 05, and turned over an impressive £1m in the first full year of trading. Keen to build on his success and create something more, he visited farm shops in Daylesford in Gloucestershire and Chatsworth, on the Duke of Devonshire's estate, to see how their model could be brought to Jersey. It is a philosophy of sustainability, working with local growers, suppliers and smaller independent companies, here and in the UK, to create a friendly shopping experience.

Working in consultation with architect Saskia Lee and conservation expert, Aaron Le Couteur, Richard has a holistic vision to create a new site on the field in front of his farm. Saskia has drawn up plans of a light, organic structure made of timber, stone, slate, glass and granite. One that is human in scale rather than a slab of a shed or the lymeswold vernacular favoured by supermarket chains. She says, "I wanted to create a building that sits as peacefully in the environment as possible. Some elevations have been designed to be as transparent as possible, bringing down the barriers between 'inside and outside' ". Energy efficiency and using eco products in the build have also been important considerations. Aaron has recommended that nesting boxes for barn owls and house martins, orchards of native trees and a wild flower meadow be introduced to the new site to encourage wildlife.

“

Do we want to push our trolleys down endless lonely supermarket aisles or chat to the butcher about his homemade sausages?

”



Richard is committed to pursuing education facilities for children and adults through schemes such as school allotments in the surrounding fields, an exhibition and seminar space in the new building and cameras in the nesting boxes. Rondel's would be more than somewhere to pop in and buy supper, it would be a pleasing shopping environment that involved the community in the seasons and the countryside.

Last month, Jersey Chamber of Commerce commissioned Prof Sparks from the Institute of Retail Studies to analyse the viability of introducing a third supermarket. His recommendation was overwhelmingly against the proposal on all counts, adding that a major new operator, which may well develop a monopoly position (Tesco have 28% of the UK market), would end up diminishing choice for local consumers.

Rondel's new building hasn't yet received planning consent. Meanwhile the Waterfont is being cleared. Which way do we want to go in Jersey? We have local shops and markets that are the envy of towns and cities in the UK, desperate to reverse 80s and 90s retail policy that favoured out-of-town shopping. Do we want local businesses to grow and flourish, thereby increasing competition and sustainability, or do we want cheaper food whatever the cost? Do we want to push our trolleys down endless lonely supermarket aisles or chat to the butcher about his homemade sausages? The questions aren't straightforward but the answer is up to each of us.



hey you

What do you think of the expansion of farm shops and having a new supermarket chain in Jersey?

We would welcome your feedback. Please email us vicky@gallerymagazine.co.uk.

Further details of Rondel's expansion plans are in the farm shop, and you can also leave your comments.



Valentine out



Those deserving restaurant staff, who spent December rushed off their feet serving an endless stream of over-refreshed diners, have been enjoying a well earned break. Many of them are back to the grindstone now as the first major dining date in the calendar looms. Valentine's Day this year falls on a Thursday and many restaurants are cashing in and extending the hand-holding and single stems till Saturday night in the hope of pressuring more of us to get loved up.

Here are our red hot tips for hot love spots...

Best for intimate glamour

Both **Rojo**, with its snug tables and sparkly interior, and **Tassili**, with its black decor and good lighting, make for very glamorous night out. Tassili is only running its 7 course Valentine menu on 14th, so look lively.

Best for view

Boathouse, get a table upstairs by the windows, Valentine menu £32.00
Sumas just reopened after the winter break, menu £42.50

Best for fantastic food

Bohemia have just introduced the Chef's Table in the kitchen for hot action, menu at £49
Atlantic five courses for £65 and an excellent chocolate assiette to share.
Sirocco, steamed lobster with crab and fennel cannelloni - food to make you swoon £50

Best for great dining and overnighting

Stay at the **Royal Yacht** and enjoy champagne on arrival, "seductive nibbles and rose petal turn down", dinner, breakfast and use of the spa, £289 per couple Thurs 14th - Saturday 16th.

The Grand are offering a luxury room, with a bottle of champagne, dinner, breakfast for £90 per person, staying a minimum of two nights from Weds 13th to Sunday 17th.

At the **Atlantic** they are running their winter rates for locals until 20th March, £215 gets you dinner from the table d'hôte menu, bed and breakfast and use of the spa.

Who says it stops there?

Fancy the chance of winning a champagne dinner for two? Subscribe to the Revere Group newsletter and keep up to date on offers and menus at the Candlelight, Doran's and Cyrano's and every month you will enter their draw. Find out more at www.jerseyrestaurants.co.uk



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Gilt & Gloss

homefront: red light **Vicky Fawcett**

These dull, dark, winter days are made for hunkering down at home and enjoying your space. Fight the gloom with some warm, red light and banish those winter blues. Turn it on, Roxanne.

This cute little nightlight from Ikea guarantees not to scare the little ones as it glows in the corner. It can be plugged in or freestanding, lasting 4-6 hours when fully charged. Tap the wee ghoulie on the head and it lights up.

SPÖKA light £7.99 likeashop.com



This excellent floor lamp is designed by Mattias Ståhlbom for Swedish lighting manufacturer, Zero. Made out of turned aluminum, it has the feeling of the industrial spot but with a lightness and elegance that makes it ultimately desirable. Named "Last" because it is designed to be durable too. Ståhlbom says, "Keep it for life, or give it away. It will not break" Definitely too good to part with.

Last floor lamp £723
informfurniture.co.uk



These over-scaled floor lamps in red PVC are not for the faint hearted.

Making an amusing statement, they were created by Dutch designer Marcel Wanders for Italian furniture giant Cappellini. They start at 1.2m and go up to just over 2m high, if you think you're man enough.

Red floor lamps from £263 cappellini.it



Interiors news - No news is good news

This time of year has retailers planning for the new season and visiting the international trade shows to buy and to get inspired. Top Drawer in London, Maison et Objet in Paris and the Cologne Furniture Fair all take place in January and from there the orders and deals take place. Watch this space for exciting new pieces for your home.

Don't follow the herd

Every year Valentine's Day comes around and every year out come the dozen red roses. Teensy bit of a cliché? Every woman loves flowers so why not dare to be different this year. If you're concerned about what to choose, have a chat with Mark Howe and he can put something lovely together to suit your pocket and personality. They can also wrap up the bouquet with some gorgeous chocs or retro sweets from Hope and Greenwood or some lovely French soaps from their new shop by the brown cows in West's Centre.



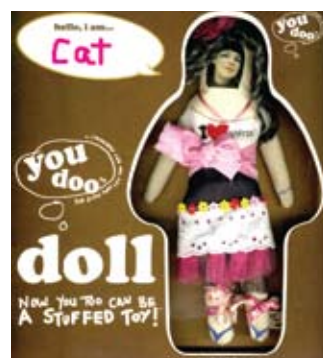
Still a seat

For those of you who were slow off the mark or couldn't face shopping after the Christmas madness, Romeril's sale is running till the end of February. They have 20% discount off all their free-standing furniture and there is some really lovely stuff like this funky brown leather sofa and Eames style chairs.



Iloveyoudo

Make your own personal Valentine mini-me or mini-you gift. You may have seen creator Sarah Lu negotiating (successfully) in the Dragon's Den for her investment. You buy the blank canvas and let rip with your own creativity. Print the photo of the face of your (un)loved one onto the transfer sheet and iron it onto the naked head. Dress, decorate, pierce and personalise and upload your finished pictures. It's proper crafty fun and it'll outlive the flowers. Check them out at Goat and Pencil.



Guilty Pleasures



Imagine a space inspired by life experiences, travel, and luxury - and you'll be somewhere in the midst of design consultant Anouska Anquetil's work.

Originating from a fashion & marketing background at London College of Fashion, Anouska decided to go back to college to retrain as an Interior Designer. After completing her studies, she went on to work for prestigious design consultancy David Collins in London, and began her involvement in projects including The Fountain Restaurant at Fortnum & Mason and their 1707 Wine Bar. Anouska currently provides trend & design consultancy services through her company Gilt&Gloss, to some of the largest fashion retailers in the US, and in more recent years her expertise has been channelled into developing concepts for world-renowned interior design companies, as well as for her own residential projects.

If you're a frequenter of Rojo's cocktail bar in town you may be familiar with her work. Alongside her brother (who co-owns the bar), Anouska came up with the concepts and collected the materials

'I'm crazy about hotels'



and samples from his ideas of having a red, passionate, and sexy theme for the downstairs bar and delicate fabrics and a luxury high-end style for the restaurant upstairs. Rojo, meaning red in Spanish, is the ultimate bar in terms of a romantic ambiance with a warm winter feeling. Anouska believes that each house or room has a feel, and from walking in and gauging the mood, this ultimately influences her designs.

Anouska recently rescued a residence from an ugly 1980's renovation (as pictured). The concept for the house was Modern Parisian Vintage. She told me she wanted to 'put a very luxury but individual Parisian edge into the bedrooms and then more of a South of France mood in the garden and bathroom to work with the warmth and light.

'I wanted to bring out the personality of the house that had been stripped when it was modernized in the 1980's. I did this by using a very soft vintage palette of Farrow & Ball colours, by using slightly different tonal shades I managed to put back the three dimensional sense of space and brought out the character of the house. I think it's very important to work with the spatial, atmospheric and architectural elements of the property and to work with what you have rather than try to make it something it absolutely is not. Therefore each project is completely individual and unique but still with my style blueprint.'

Through travelling to places including Morocco, Rome, Ibiza, Florence, and Paris,

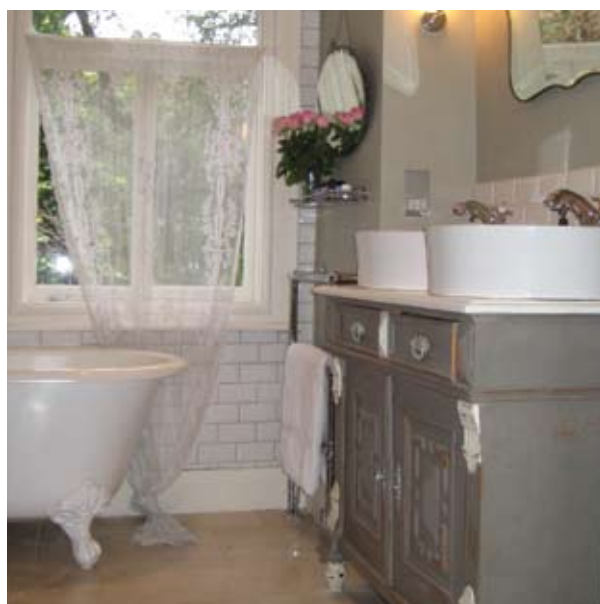



she told me 'I love the outdoor living and bright colours which are reflected in the french country kitchen and sub tropical garden of this refurbished house.'

With inspirations including architecture, the Art Deco period, elements of modernism, extensive travel and designers such as David Collins and Anouska Hampel, Anouska understands the language of design, but more significantly understands the importance of the total design package. 'I am totally inspired by high-end living, and am obsessed with luxury hotels. Through my extensive travels I've journeyed to

many of the best hotels and this love of luxury from many different cultures is really reflected in my work, although I manage to achieve it on a substantially lower budget!"

This year Anouska is completing a large residential project in London, and hopes to move away from the fashion industry completely to concentrate on this type of work. With strong ties on the island, she is frequently here and I for one, am looking forward to seeing more of her interior work here in Jersey.





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Free Wi-Fi hotspots introduced at key transport hubs

Jersey Telecom has announced the launch of free Wi-Fi zones at all of Jersey's main transport hubs.

Bus users will be able to pass the time by surfing the net while waiting for their bus to arrive at Liberation Station. Boat passengers and private boat owners are able to gain access to the Worldwide Web at the Elizabeth Terminal and the Elizabeth Marina, whilst air passengers can get free Wi-Fi access while in the public 'airside' areas of the airport.

Access to all of the Wi-Fi zones is free, so travellers just need a Wi-Fi enabled laptop, handheld computer or mobile phone to access the Internet. Now you can look at YouTube and update your Facebook status right up until your flight leaves! Er... I mean check the business news and share prices, of course.

Open Evening

Intending to go to University this year? Want to get ahead in the Finance Industry? Want to know how you can do both in Jersey?

Come along to Highlands College on the 25th February 2008 at 6.30pm until 8pm and Jersey Finance and Highlands College will tell you all about the new Foundation Degree in Financial Services.

If you would like to know more please contact Jeff Reed, Head of Faculty Professional Studies at Highlands College on tel. 01534 608528 or e-mail him at jeffrey.reed@highlands.ac.uk.

Slam Dunk Sponsorship

Cronus get into some B-ball action

Cronus, a leading local IT consultancy and software development company have teamed up with Microgen Plc, a global provider of Wealth Management Solutions to jointly sponsor four basketball leagues. This financial assistance is a massive help to the Jersey Basketball Association, and has helped to expand the number of leagues and people playing the sport.

Cronus and Microgen will sponsor the two Men's leagues, a Junior league and a Fun league that runs in the summer. One of the Jersey Basketball Association's primary goals is to encourage more people to play basketball locally. This expansion is the culmination of a lot of hard work by all of the coaches and people involved in organising the sport over the past few years.

It is planned that some of the sponsorship funds will also be used to improve the standard and qualifications of the local coaches, and to benefit the island teams in the lead up to the interinsulars on the 19th April.

The leagues will be of varying abilities, and if anyone is interested in playing, please e-mail your contact details to Francis Rocha at fvrio1@hotmail.com.



(l-r) Rob Honey (Jersey Basketball Association) 6ft 7in, Dave Cochrane (Cronus) 4ft 7in, Mike Whitfield (Cronus) 6ft 6in

Gallery's new six month management course.

If there's one thing the business world needs it's consultants. The more the merrier in fact. Even if you've already got a fair rosta we thought we'd share our own form of management consultancy with you and save you the £200 an hour. Using real world situations we'll be discussing important business concepts each month.



Lesson One : Respect the boss,

A sales rep, an administration clerk, and the manager are walking to lunch when they find an antique oil lamp. They rub it and a Genie comes out. The Genie says, "I'll give each of you just one wish."

"Me first!" says the admin clerk. "I want to be in the Bahamas, driving a speedboat, without a care in the world." Puff! She's gone.

"Me next! Me next!" says the sales rep. "I want to be in Hawaii, relaxing on the beach with my personal masseuse, an endless supply of Pina Coladas and the love of my life." Puff! He's gone.

"OK, you're up," the Genie says to the manager.

The manager says, "I want those two back in the office after lunch."

Moral of the story:
Always let your boss have the first say

The Business movers and shakers

Are you moving on up? Why keep it to yourself? Be proud and tell the world what you're up to. Email thebusiness@gallerymagazine.co.uk

Moving in new circles

Gavin goes global



Gavin Fraser has been appointed Ashburton's new Global Sales Director to support the continuing growth of the firm world-wide. Currently a Director of Ashburton, based in Dubai, Gavin has been responsible for driving the firm's business development strategy in the Gulf region since 2005. He joined Ashburton in 1997 in Jersey and was initially involved in the development of the firm's South African business. He has over 20 years' financial services experience, having worked for leading financial institutions such as Abbey Life Assurance and Midland Bank Offshore, now HSBC Offshore.

Karl set to take on Dubai



Volaw Trust and Corporate Services Limited is exporting its trust expertise to the company's Dubai office with the promotion of Karl Bekusch to Senior Executive Officer. This exciting move by the company means that Mr Bekusch will be relocating his whole family to Dubai in the New Year. He will still be working regularly with the Jersey team as well as his new team in Dubai. The promotion is testament to the great training and career development offered to all staff at Volaw. Mr Bekusch, who joined Volaw in 2006 as a Manager in the Private Client department, has benefited from Volaw's in-house training and staff development policies to be promoted to a senior position within the company.

Geoff takes control



Cable & Wireless is restructuring its International business so that its Bermuda unit will become linked to the Channel Islands & Isle of Man portfolio, to create a better experience for pan-island corporate customers. This move is designed to help the company to create a more cohesive system to service those accounts, in line

with its focus on improving the customer experience across Cable & Wireless International. All four business units sit in Cable & Wireless' Monaco & Islands portfolio within its International division. Subsequently, Geoff Houston is now Chief Executive of the Channel Islands, Isle of Man and Bermuda.

Andy keeps things afloat



Jersey Telecom's Business Continuity Manager, Andy Eeles has been elected as the Chairman for the Business Continuity Institute (BCI) in the Channel Islands. Andy, who has worked at Jersey Telecom for 20 years, has been an active member of the BCI Forum over recent years and will dedicate his chairmanship to growing the Institute's membership in the Channel Islands as well as encouraging greater member involvement. Having been a crew member of the RNLI for the past 15 years, as well as a member of the States of Jersey Major Incident Team, Andy has a great deal of experience in dealing with real emergency situations and planning to both avoid and cope with them should they occur.

Allan steps down

Following 45 years of dedicated service to the Co-operative movement, Allan Smith finally retired on Friday, 11th January. Working for The Channel Islands Co-op since 1973, Allan has stepped down as Chief Executive to take on a part time consultancy role as Head of Major Developments.

Allan started his career as a 15 year old grocery assistant with the Lancastrian Co-operative Society. He was based in a small grocery store with just three staff, and his training began with packing 2lb bags of soda, boning bacon, cutting butter into 1lb tablets and weighing out many more commodities that still came loose in those days. He began his life with The Channel Islands Co-operative Society in 1973 as Assistant Food Manager at a time when The Society's sales were £3.3 million. In 1980 he was appointed General Manager and then in March 1998 saw the appointment of Allan as Society Chief Executive, where as you might expect, he continued to grow sales and profit for The Society. Sales at his appointment as Chief Executive were a more than healthy £66,662,653, which now some 10 years later are approaching £140 million.

Career newsbits

Time for the Fair!

Thursday 6th March sees the return of the annual Higher Education Fair, which takes place at Hautlieu School and promises to be bigger and better than ever. The Careers Service is delighted that this year's event is being sponsored by Carey Olsen.

Over 70 Universities and Colleges from all over the UK will be represented as well as companies representing universities around the world including Australia & New Zealand, on-island degree providers and gap year organisations. With over 50,000 courses on offer at a Higher Education level, research is not only advisable, but essential. This event gives an excellent opportunity for local students to gain the information that they require about specific courses, as well as having the chance to find out what a university is really like by talking to someone who knows, rather than just reading a prospectus or website.

During the fair there will be subject specific talks for any students to find out more about possible degree areas they may pursue. These include Teaching, Law, Sport, Media, Art, Criminology, Veterinary Science and many more as well as more general presentations on Student Finance, how to write a personal statement and how to choose a course and university.

The Fair will be of interest to anyone, regardless of age, who is interested in Higher Education opportunities and will be open from 1.30-3.30pm and 4-6.30pm on Thursday March 6th. For more information contact the Careers Service on 449440.



Hip hip hooray

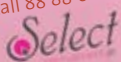
Exam success for Ernst & Young trainee accountants

Two audit executives at Ernst & Young have recently passed the Institute of Chartered Accountants of Scotland (ICAS) Test of Professional Excellence exams. Alison Auber and Scott Danks have been studying for the prestigious professional qualification for two years and have taken exams which include tax, bookkeeping and finance. They now have to undertake a year of practical work experience before qualifying as Chartered Accountants in September 2008.

Job notices..

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Introducing Sharon Campbell



Sharon Campbell used to work in TV - now she's become something of a finance guru! Evidence that, even if you don't work in the Finance Industry at the moment, there are opportunities to 'switch' career paths:

"Having worked in media for some time on and off screen, in presentation, sales & marketing and client management, I felt that I needed a change of direction", explained Sharon. "I was offered the role of Business Development Manager in NatWest's Business Centre and recognised this role in Finance as an opportunity to broaden my professional development in a highly rewarding career structured environment."

"Business development encompasses the whole spectrum of business and marketing. No day is alike. I am constantly on a fact finding mission, talking to personal and business clients and their intermediaries to identify their needs and provide solutions. Whether it is a business or club wishing to expand, a new business start-up, or someone wanting to make more from their investment I can contribute to their development. Engaging pro-actively in this way also keeps me abreast of the economy and aware of its impact on the community and helps identify new product and service development areas for NatWest. I find it all very satisfying.

"Boring? No way. The client contact and variety of responsibilities that the role demands provides me with a challenging environment. By its nature each day presents new learning and allows me to improve in everything I do. I have learnt all about the different and vast areas within banking and the many roles my various colleagues play in handling, protecting and investing its customers' money. Delivering a world class service to each and every client is equally as important to me as it is to NatWest."

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banks rank high

The Business deutsche top the charts...

Deutsche Bank claims top spot at private bank awards for second successive year



The Bucks Fizz was flowing as Deutsche Bank earned the accolade of the best private bank in Jersey for the second year running in the prestigious Euromoney Private Banking and Wealth Management survey 2008.

The survey reflects the opinions of both advisors to private clients and other wealth management companies and takes into account a wide range of factors including assets under management, profitability, ratio of clients to relationship managers and the range of services offered. The results of the survey, considered to be the benchmark poll in global private banking, were announced this week and include an impressive list of the world's best private banks, fund and investment management houses and private client stockbrokers. Divided into areas of service and geographical regions, the survey provides a qualitative and quantitative review of the best services in private banking around the world.

This is the second successive year that Deutsche Bank has been named in the top spot in Jersey. The award comes at a particularly significant time for Deutsche Bank in Jersey, as the Bank continues to go from strength to strength. Last year it celebrated its 35th anniversary of being in the Island and established a new Private Clients team.

The survey proved a success for all four jurisdictions that form Deutsche Bank's Offshore Group, with its offices in Guernsey, Cayman and Mauritius also being named top in the regional section of the survey. On a global scale, the Bank came 5th in the overall worldwide rankings, up one place from 2007.

GRADU8

egg on our faces (retraction)

In all the stress of compiling the biggest Gallery ever at Christmas we made a bit of an error. In our Gradu8 careers special we accidentally mixed up two of the photos of our respondents. Therefore Stephanie Marriott became Fiona Connolly and vice versa. We'd like to apologise to both the girls and thank Deloitte and KPMG for being so understanding. We thought that as an apology we'd send them and a friend or partner off to the spa at the Club Hotel and Spa for one of their amazing Rasul Mud Treatment for two (right). We had egg on our face, they get mud on theirs. Sorry again girls, we hope you enjoy the treatment!



...and so do Mourant...

Triple Channel Island Success for
Mourant in Private Banking Awards

Mourant was also named the best specialist provider in the Channel Islands in three categories of the Euromoney Private Banking and Wealth Management Survey 2008.

Mourant Private Wealth, the wealth management division of international specialist services firm Mourant, has come top in the annual survey in the Channel Islands categories for 'Best Non-Bank Provider of Trust Services Channel Islands', 'Best Non-Bank Provider of Family Office Services Channel Islands' and 'Best Non-Bank Provider of Offshore Services in Jersey'.

This is the fourth year that Mourant has come top in the Channel Islands categories of the Euromoney Private Banking survey. Since 2005, the firm has been named as the best specialist provider of trust services, philanthropy services, family office services, offshore services and inheritance and succession planning in the Channel Islands.

The results of the Euromoney survey aim to provide a qualitative and quantitative review of banking services targeted at wealthy clients and act as a guide of service providers for high net worth individuals. The global survey, a 'peer's poll', is conducted by asking professionals in the private wealth industry to identify the companies they consider to be the top service providers. The results are then divided by business area and by geographical location.



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BNP Paribas Securities Services are looking for temporary workers who are dynamic and self-motivated professionals from junior to senior level, to assist in an integration project we are currently undertaking.

You'll be working within the Securities Services department of BNP Paribas, the number one Securities Services provider in Europe.

Ideally, you'll have at least 2 years' experience in Securities Services from all areas, including Global Custody, Corporate Actions, Trade Settlement, CIF Execution, Fund Accounting and Fund Administration.

This excellent short-term opportunity offers highly competitive hourly rates, for a minimum assignment of 5 months and will provide you with a wealth of experience to help you achieve your goal for the future.

The 5 years' residency does not apply on temporary contracts, therefore applicants who have only been resident on the island for a short space of time can still apply.

If you're looking for a temporary assignment with excellent hourly rates, please send your CV to Nathalie Le Barz, Group Human Resources Manager nathalie.lebarz@je.bnpparibas.com



BNP PARIBAS
SECURITIES SERVICES

www.securities.bnpparibas.com

inside finance brought to you by Jersey Finance



It's February, which of course means that love is in the air. What's more, a career in Jersey's Finance Industry has never been more 'attractive'. This month, we focus on the wide range of jobs on offer in Finance to people just starting out on their careers and to those thinking about switching their career path to help everyone find their 'perfect match'...

Transferable Skills

A career in the Finance Industry can be for anybody with the right skills. You never know, you might already have them – the first step is to identify which skills you have at your disposal ...

'Transferable skills' or 'soft skills' are important buzz words this year. As well as the crucial academic skills required to work in the Finance Industry, qualities such as drive and commitment, initiative, enthusiasm, reliability and knowledge of the Industry or organisation are indispensable in the work place. Highlighting these could be the difference between you being lonely and jobless or passionate about your new loveable Finance career.

There's much more to working in the Finance Industry than juggling numbers. Whether you want to run a high-street bank, look after the finances of a Trust Company, or work as an investment banker, there are numerous opportunities available and each one demands a different set of skills. The trick is find out which area you and your skills are most suited for.

Finance is a competitive career area, but for good reason – it's well-rewarded, there is a wide range of qualifications on offer and most employers recruit people who show boundless energy and enthusiasm.

Look on any Finance Industry recruiter's website and you'll see lists of personal skills that the ideal applicant should have. These could include:

- Oral & written communication
- Literacy
- Numeracy
- Analytical skills
- Creativity

Other common requirements include having an ability to pay attention to detail, being able to work as a team and having good negotiation skills.

In addition, commercial awareness and sensitivity are becoming increasingly important. Large financial companies are global organisations so employers will want to look to recruit people who are interested in and have an understanding of international business. Because of this, some lucky, hard working, dynamic individuals can expect to benefit from being posted overseas, while others will work in Jersey with colleagues of other nationalities and backgrounds. In both cases, a mature approach towards cultural understanding is really important.



Reasons to Love Finance

Employing around 23% of Jersey's workforce, the Finance Industry has proved highly popular amongst those from all walks of life. A wide range of people, from sixth-formers right through to those deciding to switch careers, have discovered that the Finance Industry in Jersey offers incredible scope when it comes to career opportunities.

As well as its six dominant sectors, which include Banking, Trusts, Funds, Accountancy, Insurance and Law, Jersey's Finance Industry also boasts huge opportunities within IT, Marketing & Sales, Secretarial administration and HR and Recruitment. Beverley Le Cuirot, Director of Marketing at Jersey Finance, explains:

"Jersey's Finance Industry is a vibrant business that is constantly expanding its reach. A career in Finance in Jersey can offer some really exciting experiences – dealing with people all over the globe, advising some of the world's wealthiest people and undertaking varied, challenging roles. It could even lead to a chance to work abroad. The good news is that Finance firms in Jersey are on the lookout for local people who are willing to train and develop their skills for the wide range of jobs they have on offer."

For more information and guidance on your career, visit the careers in Finance section at www.jerseyfinance.je, or email info@jerseyfinance.je

Review your Career Direction >> think about a career in Finance

Reflect on what opportunities there are within the Finance Industry for YOU

Set goals on what you want to have achieved by the end of March

Prioritise all the above actions and speak to the right people who can help you and point you in the right direction

Be realistic about what you what you want to achieve

Career development is important and only you can take the responsibility and know what you need to do – so get started. Need help or inspiration? Please visit our Careers in Finance website at www.jerseyfinance.je. We hope you have a great year!



Importance of Work Experience

Making sure you have as much knowledge as possible about the Industry is really important and the best way of doing that is through relevant work experience. Whether you have aspirations to work as a cashier in one of Jersey's premier banks or as a trainee accountant in one of the 'Big Four' firms, having prior experience will help you decide whether a job in that area is really for you and will certainly help you get your foot in the door.

Introducing ...

A number of students have recently used their initiative and managed to arrange some work experience at different firms. Here's what a couple of them had to say about their time in the office ...



Jamie McDonald at UBS

"I had the opportunity to take an optional year out - an 'industrial placement'. I could have done one anywhere in the world, however I chose the IT department at UBS Jersey because I'd worked there previously during a few school summer holidays and I liked the atmosphere. I already knew most of the people and I had a good idea about what to expect before I started.

One thing that I really enjoyed was being given time to work on my own software projects. I was allowed to make mostly my own decisions regarding design, implementation and project management, although these were of course kept in check by some of the more experienced members of IT. It's also quite a nice feeling to know that some of the projects I've worked on will continue to be used at UBS long after I've gone."

Stephanie Sanderson at Voisin

"While studying law as an A-level subject at school I decided to try to find out more about the opportunities available, as I was becoming more and more interested in pursuing a career in law. After a friend recommended that I apply to Voisin for a work experience placement in the summer of 2006, I was offered a two week placement in the litigation department.

This was a great experience for me, as the staff were welcoming and keen to get me involved. They were all very friendly and at no point did I feel intimidated. They took time out to explain various aspects of their work to me and set me small tasks related to their workload, which made me feel valued and part of the team. This really helped to focus my thoughts and confirmed my aspirations to apply to University to study law."

Make the Most of Work Experience

An increasing number of students are learning that relevant work experience can be invaluable to developing new skills, creating networking opportunities, enhancing their CV and may even lead to a full-time position upon graduation.

Having landed a work experience opportunity, how do you make the most of it? How do you ensure a successful experience? Here are a few tips to help you on your way:

Purpose: Set goals you want to accomplish. Is it learning a particular accounting or marketing skill, learning a new software application, improving your customer service skills, or building your network?

Keep a positive attitude at all times: This will demonstrate your ability to go the extra mile and your commitment to the work at hand.

Ask questions! Work experience is a learning opportunity. The employer does not expect you to know everything. Always seek advice and raise questions whenever you encounter something unfamiliar.

Ask for feedback: Make sure you communicate frequently with your supervisor or manager. Ask for feedback on your work performance and share experiences and lessons learned – both good and bad.

Find a mentor: Someone higher in the company who can look out for you, help you through the system and act as a sounding board for ideas, questions etc. A good mentor is worth their weight in gold.

Network: Meet people outside your section or department by personally delivering material to them and taking an interest in what they do.

Take initiative: Don't be afraid to contribute your ideas; thinking outside the box is a much sought after attribute – just be make sure you listen carefully.

Keep notes: A journal/diary of your achievements and skills learned. Use this to build up your CV and provide evidence of your performance.

Above all ... Enjoy yourself and have fun! Remember employers look for people who not only can do the work, but also really love what they are doing.



Jargon Busting

We're here to help. The world of Finance is full of words, acronyms and other jargon which often need explaining. To help you along we have put together this 'Jargon Buster' section to help unravel the words of finance.

This month: J

JERSEY ASSOCIATION OF TRUST COMPANIES (JATCo) www.jatco.org

An organisation that represents the majority of trust companies in Jersey.

JERSEY BANKERS ASSOCIATION (JBA)

www.jerseybankersassociation.com

An organisation that represents the interests of the banking community and financial institutions in Jersey.

JERSEY FINANCE www.jerseyfinance.je

Jersey Finance is the official body established between Jersey's Government and the Finance Industry to represent and promote the Island as an international finance centre of excellence, both within and outside the Island.

JERSEY FINANCIAL SERVICES COMMISSION (JFSC) www.jerseyfsc.org

Often referred to as 'the Regulator', the Jersey Financial Services Commission is the Finance Industry's regulatory authority. It aims to maintain Jersey's position as an international finance centre with high regulatory standards.

JERSEY FUNDS ASSOCIATION (JFA)

www.jerseyfunds.org

An organisation that represents the Island's funds industry. It works with the industry, regulators and legislators locally and globally.

JERSEY LEGAL INFORMATION BOARD

www.jerseylegalinfo.je The official source of legal information in Jersey.

JERSEY LAW SOCIETY

www.jerseylawsociety.je

The governing body of lawyers practising as Advocates and Solicitors of the Royal Court of Jersey.

THE JERSEY SOCIETY OF CHARTERED AND CERTIFIED ACCOUNTANTS

www.jscca.org A society that promotes and serves the accountancy profession in Jersey.



Thinking about borrowing?

Make sure you get the most out of your finances.

Sarah Audrain, Client Relationship Manager, Equipment Rental Finance

Credit is on the up with UK consumers borrowing an extra £318 million – that's the latest report from finance facts website Moneybasics UK.

At Equipment Rental Finance, (EQR) we understand how easy it is to lose track of your finances, especially if you have several credit cards and loans with different lenders. The temptation to sign up to the glossy credit card offers that land on your doormat each week, offering you zero balance transfers and interest-free credit is often too difficult to resist.

Research before you decide to commit to any borrowing

Credit card companies often emphasise how easy it is to apply for credit cards, but it's worth doing a little research before you commit. Moneybasics UK states that the average interest rate on credit card lending is currently 17.09%, around 11.85% above base rate. Yet if you were to apply for a personal loan locally, you could benefit from a much lower rate of interest.

Personal loan rates are often much lower than credit card standard interest rates

Lenders like EQR offer personal loans with different interest rates, so always ask for a quotation – it's free and you're not obliged to proceed. A good lender will create a repayment plan that suits your budget – we offer repayment terms from 6 to 84 months, so we can calculate a loan to suit every lifestyle. As with any agreement, always make sure you check the small print. Ask your lender about their charging structure, interest rates and any extras like late payment fees or early settlement charges. As an ethical lender, EQR will be able to provide you with the interest rate and if requested, the total interest payable over the course of the loan. If you are provided with a rate, ask for the APR equivalent, as it's much easier to compare this with other quotations.



There are more credit cards in the UK than people!

Credit card use also appears to be growing steadily - according to APACS (the UK trade associate for payments), there are more credit cards in the UK than people! Average consumer borrowing via credit cards, motor and retail finance deals, overdrafts and unsecured personal loans rose to £4,525 per average UK adult at the end of February 2007.

Credit Cards: Beware of the minimum payment trap

If you own a credit card and are opting to pay the minimum amount stated on your bill – did you know that it could take you many years to settle your outstanding debt? Credit cards are a popular way of borrowing money, but using them to pay for the cost of everyday living may leave you with mounting monthly payments and rising debt that could take years to repay.

Plan to repay what you owe at the end of each month

If you're going to take out a credit card, plan to repay what you owe in full at the end of each month. If this is not an affordable option, then we'd recommend

you consider consolidating your credit card balance and any other outstanding debts into a consolidation loan.

If you have several debts then you'll be paying varying rates of interest

If you use a number of credit cards, or have loans elsewhere, you may be paying different rates of interest on each one. Why pay more than you need to? You could consolidate all your outstanding debts including credit card balances and household bills into an affordable personal loan with just one rate of interest that could be a lot lower than you currently pay. Instead of paying several lenders each month, you'll be making just one fixed payment, and a lender like EQR should also be able to reduce your monthly outgoings.

Don't let your personal finances spiral out of control. Talk to the professionals and discover the options available to help you manage your money and debt more effectively.

Equipment Rental Finance offers both personal lending to people living locally and funding for businesses operating in Jersey, for anything from £300 upwards. (We also offer larger lending subject to credit status). If you're thinking about finance you can apply for a free no obligation quote by calling us (737341), emailing enquiries@eqrfinance.com, or visiting our website www.eqrfinance.com (we have a quick quote calculator which provides you with an instant no obligation quote for any amount). Or simply pop into our centrally located offices in Conway Street (just 100 yards from Library Place).

gallery

fun stuff ►



Introducing **MacBook Air**.
The world's thinnest notebook.



from 19.4mm..

iQ 32 Burrard Street St Helier • 769320 • www.i-Quipment.com • shop@i-Quipment.com

..to 4mm

if you're stuck for romantic ideas, you can't go wrong with these new...

gadgets for him

The JCB Tough Phone

It may remind you of a digger but it's arguably the most durable mobile phone ever made. It's shock resistant, dust resistant, water resistant, and also drop resistant, with a scratch resistant screen. If you or someone you know is prone to dropping mobile phones, or spend a lot of time working outdoors in tough conditions, this would make the ideal gift.

Available at Jersey Telecom from £68.99 on the blue tariff



HP TouchSmart PC

This computer has everything you want from a desktop computer with the added bonus of using a touchscreen for schedules, TV, music, movies, photos and information on a chic new PC.

£699 from NSEW



Bowers & Wilkins Zeppelin iPod speakers

Bowers & Wilkins has created its first integrated iPod® speaker system, taking sound quality to a whole new level. The shape has been inspired & designed according to principles pioneered on high-performance B&W models, from the extraordinary shape of its shell to the special technologies within.

It's a totally new creation, slick and definitely eye-catching, but carrying 16lbs of steel makes this a monster of weight. It will make a great gift for any tech lover who knows what a Zeppelin is!

£360 from BASE



...or what about these gadgets for her

X Rated

Since our readership is based on 18 years upwards, we've managed to find some extra special gadgets of the adult variety this month. Njoy toys have designed these deluxe and quality adult toys to work. All the toys are cast in 316 grade stainless steel, and hand-polished to a mirror shine. If you're partial to temperature/sensation play, a few minutes in the fridge (not the freezer!) will provide a 'chilling' experience; and likewise a short dip in a bowl of warm water will create a warm experience. Check out their website <http://www.njoytoys.com/toys.php> to see what this American company have in-stock.

You don't have to look as far as America for some toys to spice up your life, Plums lingerie are stocking silk whips by Madame V priced at £49 and nipple tassels by Miss Bellasis priced at £45



This slick Nokia Prism is the ultimate handset for the fashion conscious user. Its striking design and individual style will be the ideal gift for the coolest of the cool.

Available from Jersey Telecom. Handset only £259.99 or £134.99 on the blue tariff



Fun Wand \$95 (£48)



Pure Wand \$110 (£55.50)



Pure Plug Large \$85 (£43)

Sony Vaio luxury pink laptops

If the lady loves pink then this Sony VAIO C Series laptop is a sure fire hit. Designed to express your personality, with slick lines, and a chic design.

Available from jersey Telecoms £849



Nokia Dangly

Choose from one of these cute phone accessories to add a bit of individual style to your phone.

Available at Jersey Telecoms from £3.99



Fiat 500

Prices from £7,895 to £10,263 on the road.

This is easy – you can't have missed the ad campaign for the new Fiat 500, there's been stuff everywhere, plus an amazing interactive community website and a massive launch event at the London Eye. I'm wondering at the time of writing how they got it in there?! Fiat have really done a great job this time.

It used to be that Fiats were, well Fiats. They had their place and I've always liked them as they had character, but build quality and styling did sometimes let them down. The quality has improved over the years but the last couple of years in particular have seen a dramatic change, and this is the clever bit, Fiat have decided to get the style back, and they've done it really well.

Thinking about it, they were sitting on a great opportunity waiting to happen. Small cars have been boring for a long time. Only the new Mini has made any serious attempt in the style department and you could say that it's based more on retro style generally than much of its own heritage. The new 500 really maintains the character of the original.

There are several engine options for the 500; 1.2 litre to 1.4, and 3 main levels of trim "Pop", "Lounge" and "Sport".

Pop is the entry level though still very well kitted out with power steering, remote central locking, electric windows and door mirrors, ABS, seven airbags, height adjustable driver's seat and steering wheel and CD Radio with MP3 connectivity.

Lounge is the comfy version, with a soft, more opulent interior, leather steering wheel with built in audio controls, air conditioning, something called "Blue and Me" - Microsoft Bluetooth connectivity, voice recognition (which is great!) steering wheel audio controls and digital audio connectivity, 15 inch alloy wheels, and fancier trim.

And Sport, which includes air conditioning, leather steering wheel, sport trim, front foglights and tinted glass.

These are just the basic differences, there are thousands of optional extras too – it's best to look at the website: fiat500.com/eng where you can actually configure your car, from wheels upwards.

From the outside the 500 brought a smile to my face, and first impression getting in was of how impressive the interior is, and that goes for all models, from the Pop upwards. The dash is amazing, and the finish and materials are solid with a nice quality feel. The driving position is excellent with the gear lever positioned well and the height adjustable seat and steering wheel adding the final touches.

On the road the first thing you notice driving the 500 is the precise and certain feel to it. It isn't the quietest car in the world on acceleration, but the feel is very solid and assuring. The steering is easy with the very effective and well balanced power assistance, and the gearbox clutch and brakes are all superb.

The best way of describing the performance is "well mannered". It feels particularly ideal for Jersey because it is nice and sedate until you want to put your foot down.

As for space? Well, it's a small car that manages to give a hugely comfortable driving position, plenty of front passenger room, and still have more room than you'd expect in the back.

Fiat 500 / Car of the Year 2008 / Euro Ncap 5 Star safety rating / Euro 4 and Euro 5 emission standards

For more info and a test drive: Polar Auto Italia / Beaumont / Tel: 491188



"Expect to see quite a few of these around this year but don't worry, with the fact that there are actually 500,000 different possible variations, I think finding two the same will be quite a challenge"



'All white on top?' Seat says so.

When it comes to the haute couture topic of car colours, it seems that white is set to be the must-have shade among the beautiful people.

Never mind the outdated image of 'three-month white' – the time sceptical car dealers once reckoned a vehicle would sit, unloved and unsold, on their forecourt before heading off to the auctions. Today, white is being tipped as the hot hue among buyers keen to show they're more Prada than Primark.

'It's here' - The world's first boxer diesel passenger car - The Legacy Sports Tourer & Outback

Sporting exceptional smoothness, refinement, lightness, rigidity and throttle response together with a low centre-of-gravity coupled with all-wheel drive provides the Legacy Sports Tourer with superb handling and stability. Under the bonnet there's a two-litre horizontally-opposed engine which develops 150 PS and 258 lb ft torque which provides class-leading fuel economy (almost 50 mpg Combined) and low emissions at only 151 g/km CO₂. The Legacy Sports Tourer will reach 126 mph top speed and completes the 0-60 mph sprint in 8.5 seconds. Moving sound levels are claimed at a staggering 70.5 dB - even lower than the Rolls-Royce Phantom's 72.0 dB!

Outstanding standard equipment includes HID headlamps with pop-out washers, electrically-folding door mirrors, front projector foglamps, CD player with MP3 facility, dual-zone climate control & cruise control along with active front head-restraints, dual-stage front airbags, head and chest-protecting side airbags, curtain airbags and ABS with EBD. **On sale Feb '08.**

Honda launches 'Problem Playground' campaign

Honda (UK) today launches its new brand campaign developed by Wieden and Kennedy London, showcasing the many engineering innovations that the company has developed in order to create products that are less impactful on the environment.

Ian Armstrong, Honda (UK) Communications Manager comments: "For the past few years our campaigns have told different stories about Honda. This campaign takes this to the next level and allows us to showcase some of the many environmentally focused technology innovations we have been developing since the 1950s, as well as some of our future products."

The creative idea, developed by Sam Heath and Frank Ginger, uses a variety of popular puzzles and reworks them to demonstrate Honda's passion for solving problems. In the print and outdoor activity, hand-illustrated puzzles ask the viewer to solve simple visual teasers, and in doing so, demonstrate some of the different environmental products that Honda has developed in the last 10 years, with the main focus being the Honda Civic Hybrid.



The new BMW M3 Convertible

Third M3 derivative confirmed for April launch

Brand new seven-speed M DCT Double Clutch Transmission makes car cleaner, more frugal, and quicker to 62

BMW UK has announced details of the third M3 derivative, the new BMW M3 Convertible. The fourth generation of BMW's open-topped M3 becomes the first M car to feature a Retractable Hard-Top.

Main Workout for ski training

Steve Longstaffe

Happy New Year to everyone! Welcome to part two of the ski fitness routine. It seems like with the great snow conditions this year, more people than ever are heading off to go skiing or boarding, so I will show you a few of the tricks and techniques that I am using with my clients in the gym. Remember whatever effort you make now, will be paid back on the mountainside. (15-20 reps for stamina and endurance for legs and core stability)



1.

1. One Legged Bosu Squat

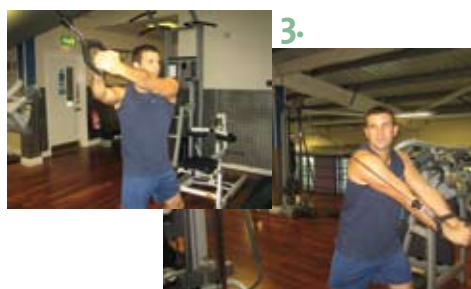
Stand with one foot on the rounded side of the bosu ball, hold a medicine ball out at arms length and squat up and down putting most pressure on the foot that is on the bosu.



2.

2. One Legged Squat

Great for balance and strength, stand on one leg, hold the medicine ball out in front of you and slowly lower and raise your body.



3.

3. Step Jumps

Essential for getting a bit of spring into legs, jump from the floor onto to the step landing with bent legs, then from the step to floor landing in a squat position. Use your flexibility to make the landings as soft as possible.



4.

4. Cable Chops

Grasp the cable up high, and pull it diagonally across your body, making sure you twist at the waist when drawing it across your body.

Finally have a great time, and stay safe!



Totally Home Gyntastic

How are the New Year's resolutions going? Five weeks in and no doubt the perfectly toned arms and six pack are looking good?

If one of the problems is a general dislike of getting sweaty in public and you have a room at home, then a home gym could be the answer. Manager of Total Sport in Beaumont, Gerry Flynn, is a home gym consultant. A trained fitness instructor, he finds out what you want to achieve - all round fitness, weight-loss or toning, then comes to your house to measure up your space and assess your shape. He recommends equipment to meet your needs and does a tailor-made exercise programme. Gerry says, "Discipline is important if you are exercising on your own, people need to be realistic and committed." So he can put you in touch with a personal trainer to keep the pressure on.

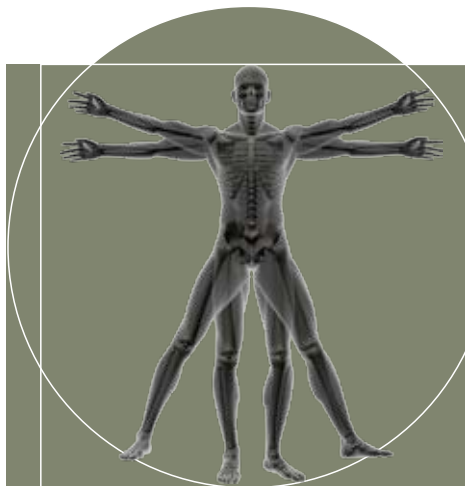
Total Sport have expanded their home gym department. "Demand for fitness machines has been growing over the last two to three years and so we wanted to create a gym-style area of the store", said Gerry. They have expanded their ranges from Kettler, Reebok and Bremshey and have equipment to help achieve whatever you want - it might end up being cheaper than a gym membership that you never use.





are you sitting comfortably?

{diary of trying to correct some serious neck and shoulder pain}



When I was younger I was heavily encouraged by my Mum to learn to play the piano. I learnt a few things, played a few Beatles tunes but then discovered skateboarding and alcohol. Therein lies the reason that today, unfortunately, I don't know my C from my C sharp, I didn't stick with it. What I learnt over the Christmas period is the same is true of sorting out a physical ailment. With a few weeks holiday thrown into the seasonal mix I found that by the time I got home from my 'break' my neck had stiffened up and poor Lisa was almost starting from scratch! However, with some regular visits in January I'm once again turning my neck a little more like a human being and feeling better with every session. I've said every session so far that if I suddenly invented a more satisfying alternative to air and made a fortune I'd have a personal physio. They could come on holiday too!



First visit back in the New Year and although all my thoughts are positive about making this the year to get myself flexible and healthy, my neck

and shoulders appear to think otherwise. As you'd expect, with a good few weeks since my last visit to Lisa, my body has tightened up despite some stretching and swimming. I really feel there's nothing that can compete with the intense muscle massage and mobilisation I get from my visits here. I've discovered that the principle source of my woes is my left trap (trapezius muscle) that connects from my middle back to shoulder to neck in a sort of triangular sail shape. My long held shoulder injury, coupled with my 'stuck to a Mac designing a magazine' posture, when combined with underactive middle and lower back muscles seems to have left everything well out of kilter. We worked hard on the part of my trap running from my shoulder up to the top of my neck today which, although mildly painful, felt sooooo good. Lisa tests my head rotation at the beginning of each session and then again throughout the process to check our progress. I'm happy to say that after 45 minutes I was beginning to show some marked improvements.



I've definitely felt better since my last visit. My niggles have been there, the slight headaches and neck ache but there's been a marked

improvement. After realising how important it is to maintain my programme of recovery, I'm considering, on Lisa's recommendation, visiting a sports massage therapist between my sessions to keep me limber. That is going to allow

“Not only does Lisa know exactly where the muscles I need work on are, she knows how to position my neck and head in such a way to improve my movement and keep the muscles working to recover my flexibility long-term.”

Lisa to get to the serious stuff of correcting my problems rather than just keeping my muscles loose. Today's session worked further on the upper areas of my neck that feel as if they literally attach right into the base of my skull. It feels pretty weird having someone massage up in there!

It's certainly effective. If there's one thing that bothers me it's thinking I've gone for a massage and having someone just run their fingers over my back with some oil to the sound of some panpipe mood music. If it's not actually going to help my muscles I'm not interested! Not only does Lisa know exactly where the muscles I need work on are, she knows how to position my neck and head in such a way to improve my movement and keep the muscles working to recover my flexibility long term. It's amazing the difference that correcting other parts of your body can have on restricted movement. By tucking my head right into my neck and shrugging my shoulders slightly, I get a much wider range of neck movement. This apparently indicates to what degree there is tension and knotting in my trap.



That last session really worked and I've had no ill feeling since. Hopefully this bodes well for the rest of my sessions this year.

With a little more work today I was feeling looser with an improved range of movement. The moral of this month's sessions: keep up the good work. There may be no quick fix to problems like mine but sticking with it will be the answer.

It's all about Rehab

Today, there is more sport played in Jersey than at any other time. Lots of people take their sport seriously. If you have been injured and are ready to start training again the last thing in the world you want is for the injury to recur. Physiotherapists specialise in the area of movement of the body. Poor posture and weak muscles are often responsible for aches and pains. Treatment may involve a combination of manipulation, mobilization, acupuncture, taping, massage or exercise. Exercise rehabilitation helps to strengthen the specific muscles that support your body and keep you healthy.

When recovering from injury, it is important to carry out specific strengthening exercises that mimic the demands of the sport to bolster the part of the body which has been injured. To do this, the physiotherapist needs to fully understand your working position/sport and your needs. Specific graded exercise programmes will shore up muscles and connective tissues that have been weakened by trauma or disuse. The problem painful areas can then be stabilised to help avoid recurrence of pain and flare-ups. This allows you to perform at your best.

Rehab is the key to success. It has to be right for you.

Contact Lisa at The Jersey Sports and Spinal Clinic Ltd on 07700700025





Fuzzbox @ Club:Lounge

Go Home Productions

He's a Remixer / Producer / DJ (put in any order you see fit). 6'00 / 14st. He's a Englishman currently living in Watford, United Kingdom. He supports Arsenal Football Club.

Notorious for creating Bootlegs / Mash-ups that have been played in clubs and radio stations the world over for the past 3 years or more. "Ray Of Gob" Madonna vs Sex Pistols // "Rapture Riders" Blondie vs The Doors // "A Slim McShady" Eminem vs Wings // "The Weather Episode" Dre & Snoop vs Crowded House // "Work It Out With A Foxy Lady" Beyonce vs Jimi Hendrix etc...

Major mix sessions for Radio 1, XFM, BBC6, Hed Kandi (UK) and KMSU (USA) just to name a few.

Mark's also created mixes for EMI, Columbia, BMG, MTV Mash and QMix (The list goes on...) Has produced the first official Bootleg / Mash-Up album for EMI Records called 'Mashed'. Set for release Feb 12th 2007.

Fuzzbox @ Club:Lounge present.....
Mark Vidler (Go Home Productions) support by Joe Pope & Colin Moore
D: 23.02.08
T: 2200-0230
£: 5 Entry On The Door
For more info, please visit:
www.gohomeproductions.co.uk



Chainsaw Dupont

Chainsaw Dupont has built a strong following in Chicago by swimming against the tide, performing original material rather than the slew of preferred "classic blues" covers that are favored on the touristy blues circuit. Updating the classic blues with modern sounds, they still retain the soulful underpinnings that have always made the blues work

Dupont made his mark as the 90s touring guitarist for the late great Junior Wells, and has attracted some of the best young musicians in Chicago to his live band.

Chainsaw Dupont will be supported on the night by local Blues Band Band, "The Dirty Aces", who together are set to make this an unforgettable evening of amazing music....

The Drift Present, for the first time in Jersey
Chainsaw Dupont
support by the dirty Aces
D: 17.02.08
T: 2000-0230
£: Free Entry All Night
For More Info, Visit www.theroyalyacht.com



Derrin Nauendorf @ The Drift

Australia's Finest Roots Artist!

Derrin Nauendorf is a singer/songwriter who really has built his reputation and fan base from the ground up. In the past 5 years, he has played close to 1000 shows around the globe, most of them in the UK.

Renowned for his intense live shows and raw emotive music he has been invited to play in hundreds of towns and venues, has played dozens of festivals and is now a main stage act at these events. He has done all of this simply by

word of mouth. No management, no publicity, nothing. Just an intense spirit for the music he plays and the people he plays for!

The Drift Present The Return of
Derrin Nauendorf - Australia's Finest Roots Artist
support by La Cala Residents
D: 24.02.08
T: 2000-0230
£: Free Entry All Night
For More Info, Visit www.theroyalyacht.com



Norman Jay @ The Drift

Norman Jay is arguably one of the finest and most respected deejays in the world today whose talents and many years of dedicated service to his profession have now seen him rightfully acknowledged by the highest authority in the land.

Norman established himself through the London pirate radio station Kiss 100, which he co-managed alongside Gordon Mac and George Power. Kiss 100 was launched in 1990 and Norman's show became legendary, and he soon joined Gilles Peterson at his label Talkin' Loud.

On Tuesday 12th November 2002, Norman was officially invited to attend a royal investiture at

Buckingham Palace (London) where he was duly invested and presented with the highly coveted MBE medal by Her Majesty, Queen Elizabeth II herself. A very fitting tribute in recognition of his many outstanding musical achievements and invaluable contributions to music in a career spanning well over two decades

The Drift Present....
DJ Norman Jay MBE
support by Craig Alder
D: 09.02.08
T: 2000-0230
£: Free Entry All Night
More info @ www.theroyalyacht.com



The lighter side of D'n'B has finally touched down in Jersey!

The Subfactory night has now leapt the channel from England & spread its wings, starting up in Jersey's very own Club:Lounge. Dj Spim & Terminalstate are running the night and are hoping to spread the more soulful side of Drum and Bass to the Jersey massive. The music is a fusion of soul, jazz, bass, and drums. This style is sweeping the UK and the rest of the world right now. There is a whole movement that's the total opposite of the darker side of dnb. It just shares some of the beats with its darker brother. Liquid dnb is so uplifting even some people who say they don't like dnb will after listening to some liquid dnb, admit they like the 'jazzy stuff'.

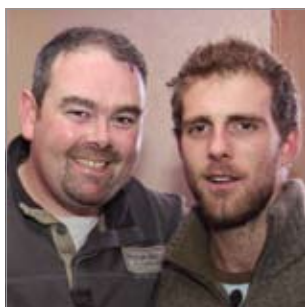
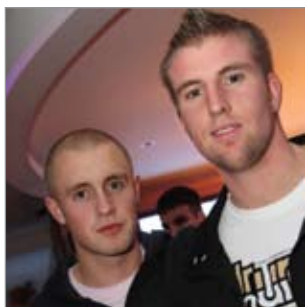
After the hugely successful entry into 2008 the Subfactory night will be a permanent addition to the wide range of musical styles now being showcased at the Club:Lounge. There is also the fortnightly radio show, The Subfactory show hosted by DJ Spim. It's aired live from Jersey 8-10pm 2nd and 4th Monday of each month on www.bassdrive.com.

Club:Lounge Present.....
SubFactory Feat. DJ Spim & Terminalstate
D: 08.02.08
T: 2200-0230
£: 3 All Night - tickets on the door
NB - free Subfactory mix cds to the first 50 through the door



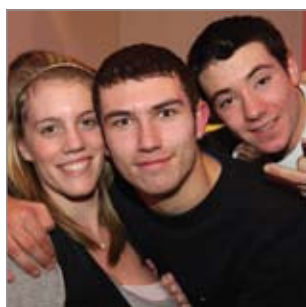
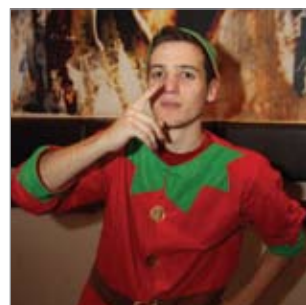
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The Scissor Sisterz @ La Cala

The Ultimate Tribute Band!

Take Elton John, multiply him by five, add a pinch of 70's disco, maybe a little Keane & some Coldplay, a dash of Punk Rock and you have the UK's No1 Tribute to the Scissor Sisters

The Scissor SisterZ, whose previous gigs have seen them perform with McFly, Chico and Journey South among others, made their debut on stage at The Palace performing to an appreciative near-capacity crowd. The singers and dancers deliver an energetic one hour-long set featuring well-known Scissor Sisters singles.

The Scissor Sisterz lead vocalists are stunningly delivered by Matt Walker, as golden boy Jake Shears. His stage presence and ability to hit and keep the high notes have certainly caught both the eye and ear of the previous crowds, and his costume proves that all that glitters is golden.

La Cala Nightclub Present.....
The Scissor Sisterz - The Ultimate Tribute Band!
D: 08.02.08
T: 2200-0230
£: Free Entry All Night
For More Info, Visit www.lacala.je



Booty Luv @ La Cala

Direct from Hed Kandi

Booty Luv is a British dance music group formed in June 2006 via the Hed Kandi label.

It is fronted by two R&B vocalists, Cherise Roberts and Nadia Shepherd, both of whom were in the original line-up of the successful hip-hop band Big Brovaz.

Booty Luv's 'breakthrough' came when their debut single stormed the charts, spending fifteen weeks inside the UK Top 20. Since then they have released three follow up singles and their debut album peaked at #11 on the UK Album Chart. They will be performing live on stage hits such as Boogie 2nite, Shine, Don't Mess With My Man, Some Kind of Rush + Lots more Funky Dance tracks from their massively successful album

For more information on Booty Luv or the Hed Kandi Dance Label, simply visit > www.bootyluvmusic.com / beta.hedkandi.com en.wikipedia.org/wiki/Booty_Luv

La Cala Nightclub Present.....
Booty Luv (Hed Kandi)
support by La Cala Residents
D: 23.02.08
T: 2200-0230
£: Free Entry All Night



CLIQUE's 2008 Kick Start 2 The Year @ Pure.....

.....in style with one of the UK's finest DJ/Producers as they present Fabric regular, Stealth resident and Leftroom label boss, Matt Tolfrey.

After an outstanding programme of events in 2007 which saw the likes of Andrew Weatherall, Slam, Meat Katie, Damian Lazarus, Mauro Picotto, Billy Nasty and Mr C, the CLIQUE crew are aiming to bring you more top class underground entertainment this year including Ralph Lawson, Smokin Jo & Ewan Pearson and start off with a real legend in the making. For the last few years, everything has been falling into place for Matt Tolfrey who quickly stepped up from playing at local bars to holding down residencies at The Bomb and Stealth in Nottingham, two of the country's most respected underground clubs.

So how did he come so far so quickly? The answer is simple, Matt is a workaholic with a seemingly tireless dedication to forging his own unique style. Drawing on everything from deep house and techno, through to stripped down bleeps and Germanic mayhem, he's spawned his own hybrid strain of electronic funk.

CLIQUEPresent..... Fabric regular Matt Tolfrey
D: 23.02.08 T: 2200-0230
£: 4 B4 2300, 6 thereafter
For more info, Visit: www.myspace.com/cliqueism



Radisson SAS
WATERFRONT HOTEL
JERSEY

cocktail of the month



Martello Cocktail

1 1/2 shots
Absolut Vodka Blue
1 shot
Amaretto Di Saronno Liqueur
1/2 shot
Lime Juice
3 shots
Cranberry Juice

to make

Squeeze the slices of lime in a mixing glass, add the other ingredients and shake with ice cubes. Fine strain into a hurricane glass. Garnish with slice of lime & cherries.

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did you get shot?
on the town

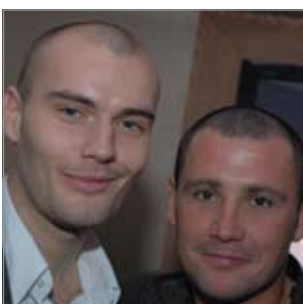
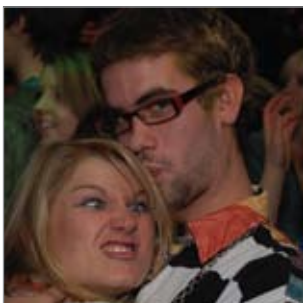
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We've got the island covered



Best of the bunch

We've picked out a few of our favourite snaps from the nights out we've covered. Looking good!



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the gallery directory

fashion & beauty



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MANNA

Manna

Manna stocks only exclusive lines which you won't find in any other Jersey store including - By Malene Birger (whose designs are regularly featured in Vogue), Rutzou, Velvet, Patrizia Pepe, Hoss Intropia and denim by: True Religion, J Brand and Notify. Manna's style is 'classy with a little bit of kitsch' with a relaxed atmosphere in the store so that people feel comfortable and welcome. **Call 619985 or visit us at 7 West's Centre**



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hiheelsandhandbags@jerseymail.co.uk
Tel: 00 44 1534 629942**



Roulette Menswear

Roulette Menswear next door to La Cala offers an eclectic mix of brands which is further complemented by a friendly, reliable and functional service. Our brands are unique and innovative with classic and effortless style. We stock, Y-3, Vivienne Westwood, Maharishi, Junk de luxe, Blue Blood, YMC, Adidas originals, J.Lindeberg, Swear, Religion, Nudie, PRPS, Juicy Couture, Levis Vintage, Rare and Penguin. You can now buy online @ www.rouletteclothing.co.uk

**Roulette Menswear,
Beresford Street. tel 601020
www.rouletteclothing.co.uk**



Roulette Womenswear

You'll find our sister store opposite the men's store on Beresford Street. Our brands cross the board and look after a wide range of customers. Feel free to pop in, the staff will provide expert advice on this season's trends and the must have brands. We stock J.Lindeberg, Mc Q, Paul&Joe Sister, Blue Blood, Vivienne Westwood, Yesterday never dies, Blue Blood, Cheap Monday, Mina, Religion, Laura Lees, French Sole and Arrogant Cat. You can now buy online @ www.rouletteclothing.co.uk
**Roulette Womenswear
15 Beresford Street. tel 733658
www.rouletteclothing.co.uk**



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ELMINA at Aveda Lifestyle Salon and Spa. Aveda retail store with the full Aveda product range made with the Art and Science of Pure Plant and Flower Essences. Hair styling by top International Hairstylists with complimentary Aveda rituals. Aveda Ayurvedic body and skin treatments in calm and comfortable surroundings. All beauty treatments.

71 King St, St. Helier. Tel: 610082



RENAISSANCE

Renaissance

Renaissance has gained an envied reputation as the most exclusive store in Jersey. Offering only leading designer labels such as Moschino (Cheap and Chic), Temperley, Cavalli, Amanda Wakeley, Nanette Lepore, Brunello Cucinelli, Missoni and Theory. A modern, bright and airy shop with committed, knowledgeable and enthusiastic staff, Renaissance has a hard earned reputation for being honest and forthright, offering outstanding customer service. **26 Halkett Street, St Helier. Tel 617386**



Marc Cain Store

The Marc Cain Store is housed in a listed building on Hilgrove Street. Minimalistic and modern in design setting the scene perfectly for the Marc Cain collection. Marc Cain separates are innovative, diverse and versatile with an Italian edge which makes it a perfect co-ordinated collection for the fashion conscious and chic woman of today. Our enthusiastic, fully trained staff can assist in creating your perfect outfit. **26 Hilgrove Street, St Helier. Tel 873626**



Cuba Womenswear

Cuba Womenswear is rapidly earning its reputation as an essential destination in the fashion market place. Our brands Wal-G, TFNC, and Lipsy (as featured on WAGS BOUTIQUE) follow key trends throughout the season with new styles arriving weekly, complimented by must have fashion accessories. Most importantly our prices reflect value for money without compromising on quality, design and selection.

**30 Burrard Street
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www.myspace.com/cubaclothes



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www.plumslingerie.com**



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www.feelunique.com**

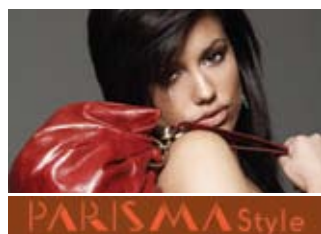
Below you will find a selection of quality Jersey businesses categorised that may be of interest to you. **Don't forget to tell them you saw them in the Gallery Directory!** If you would like to be included in the directory call us on 811100



RIO • HAIR • BEAUTY

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3 Charles Street, St Helier
Telephone: 738562
<http://www.parisma.co.uk>



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Toni&Guy retail stores stocks all the label M products, the full range of Kerastase treatments & products. Our beauty salon has full range of beauty products from Dermalogica & Jessica.

7 Halkett street
hair: 878487 / beauty: 729766
salon@jerseytoniandguy.co.uk



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GOAT&PENCIL

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Goat & Pencil
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Tel 632173. Open: Mon-Sat 10-4



Jersey Pottery

Imagine finding all your gift ideas under one roof. Welcome to Jersey Pottery, where you will find a whole array of tempting gift and home ideas. We have travelled far and worked hard to select inspirational pieces. You'll also be pleased to know that many of our products are exclusive to Jersey Pottery. From contemporary homeware to beautifully crafted ceramics, Jersey Pottery has something for all tastes. Located right in the centre of town, be sure to come and visit us soon.

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home & interiors



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sport and fitness



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food and drink



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the gallery directory

Leaders



Leaders

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Fauvic Nurseries, Rue au Long Fauvic, Grouville Tel 858826 Web www.holmegrown.com



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Holme Grown, Fauvic Nurseries

Rue au Long Fauvic, Grouville

Tel 858826

Web www.holmegrown.com



Mange Tout

Mange Tout is up to something... there isn't just the inviting aroma of fresh ground coffee or just baked pastries. something is in the air, we've heard rumours and we'll find out. The food though, is as good, fresh and healthy as ever with great coffee. They handmake all their own products with each shop having its own dedicated kitchen to ensure freshness and quality, something they are absolutely passionate about. Colomberie, New St and Sand St with Conway St opening soon, you won't be disappointed. **Tel 637857 office or email abbie@mangetout.je if you want to talk anything foodie**



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galleries



Harbour Gallery

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motoring



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Motorama, 18 Great Union Road

St. Helier Tel. 722819

www.motorama-jersey.co.uk

TRIUMPH



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Bob's Motorcycles

9-11 Devonshire Place.

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shopping



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services



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gallery
competition
page!!

did somebody say 'competition'?

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To enter visit www.rivolijewellers.com, tune into Channel 103 from the 4th February
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Just visit www.gallerymagazine.co.uk/competitions

JERSEY OPERA HOUSE



3 questions

1. What was the last thing you bought?
2. What is the oldest thing you own?
3. New Zealand or New York?



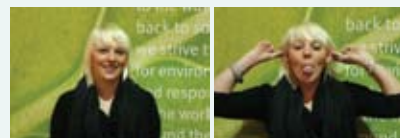
Rachael McVay
Sales assistant

1. PS3
2. My boyfriend
3. New York, I'm going there in November



Robert Campbell
Student

1. My lunch
2. A pair of trainers
3. New Zealand, it's just better



Sandra Silva
Works in BHS coffee shop

1. Playboy mini skirt
2. A teddy I've had since I was 9
3. New York

boardom

SCORES ON THE BOARD FOR THE FOLLOWING QUESTION:

If you could invent something new, what would it be?



Arzu, works in the body shop



Toni, works in FCUK



Chantelle, Accountant



Charlotte, Student



Jose, works for Modern hotels



James, Graphic designer

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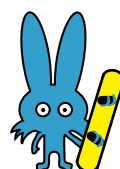
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CASTLE QUAY

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