

jersey's style magazine \_

number 31 \_ june 07

# GALLERYMAGAZINE

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this month \_ the water issue

**superyachts**

gulfstream, check. supermodel, check. now for a boat.

**advocate x**

we look at the legal cases that make you go 'hmm'

**moto morini**

cuts through the space time continuum

**father's day gadgets**

treat your dad.

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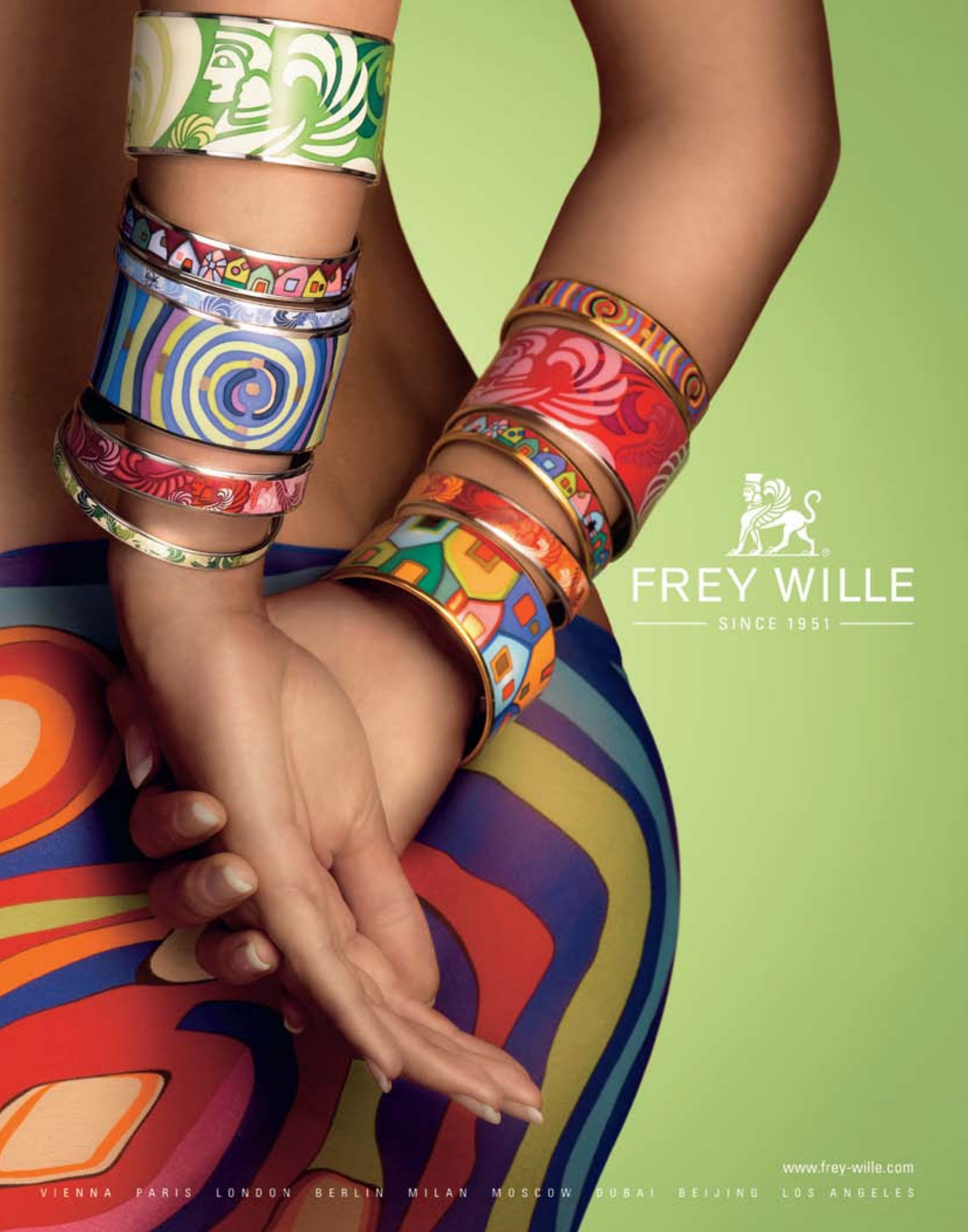
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IN JERSEY



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## jersey news from the last month \_ retrospect

## the Lord works in mysterious ways

Jersey's whirlwind romance with freak weather conditions

No sooner had it arrived, than it disappeared. You can imagine the scene: Jean de St Croix is leaning on his stable door talking to Gerrard Terrin about how the orchard they used to nick apples from during the war has been torn up by a developer - when a mini tornado rips past the barn and flicks two of his prize milkers and a bull from the lower field into a nearby tree....Oh by crie!

In all seriousness though, it wasn't just in Trinity the freak conditions were seen. The roof was nearly raised on prayers at a Catholic Mass in St Helier. The congregation at the Little Sisters of the Poor believed the roof of the chapel was going to come off! Apparently the service was interrupted for about seven minutes. Jersey's Met Office said the weather conditions on the day were ideal for tornadoes to form.



The apocalypse is nigh! Either that or it's just windy.

## marine demolition derby

Something big and expensive went "crunch" in the harbour

It's like the 18:45 arrival from Gatwick taxiing just that wee-bit too close to the arrivals gates and clothes-lining a couple of Trilanders on its way past. Last month an HD Ferries captain was suspended from duty after his vessel hit another ferry. The incident caused its St Malo sailing to be cancelled.

It had already been delayed for technical reasons, but as it was manoeuvring into position the ferry hit the larger Commodore Goodwill. Wind and weather conditions were bad enough but the Deputy Harbourmaster said another technical fault on-board might have caused the collision. The Captain in control of the vessel was suspended whilst an investigation was carried out.



OK, OK, so we're exaggerating a bit...

## what a State(s) to get into

One politician suggests tweaking the election process and all Hell breaks loose

What an itch to scratch! It started with a single set of ideas to change the way politicians are elected into Jersey's government: it became a BIG inconclusive debate - which, when I last looked - is still ongoing. Constable Derek Gray is Chairman of the Privileges and Procedures Committee. After this latest headache, he must be wishing he'd slept through his alarm clock the day he put himself forward for the job of overseeing all ideas put forward about changing the way our government operates.

Early proposals were to move elections, create one General Election day, change who could be elected on which day, change the amount of politicians in the States and change the length of some of their terms. Consensus couldn't be reached on these. But instead of it peacefully being put back to the Committee for review, some bright spark put forward a further set of new ideas as well. Brains. Politicians will revisit the issue this month.



what am i voting for again?



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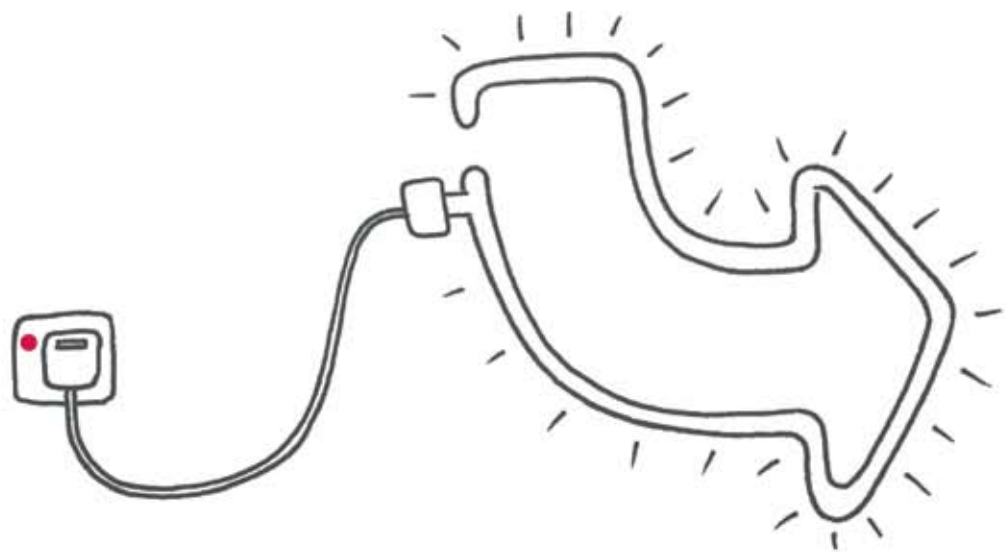






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# Intro

I've always had a need for water in my life. I know that sounds like a pretty obvious statement, after all 60% of my body is made of it and I'd die in 3 days without it.

No, what I mean is that I've always needed to live near the sea and swim or be in the water regularly. Growing up in Jersey, surrounded by the sea, boats and beaches, I am sure this is a feeling strongly held by many of you. I grew up in South Wales so I'm not sure how I got there but still... All I know is that when it comes to deadline day there's nothing more calming than looking out of the window at the waves rolling in.

Over the following 100 odd pages you can read about all sorts of water focused shenanigans. Donna takes our home profile all nautical to show us what it's like living on a 72 foot sunseeker (page 64). If you're thinking that's not quite up to size, perhaps you could charter the 'high energy', the latest and greatest Sunseeker available to charter in Jersey (take a look at it on page 67). And if's that's not enough, check out how the super rich get their kicks on the water with our feature on superyachts (page 64). Some of these private residences afloat have submarines. Yes, submarines.

If your idea of a good time doesn't involve a hull, we've got a water theme through all the usual features. Sarah checked out Sumas and looked at restaurants with a sea view (page 58) for all you foodies and Ceri hunted out some watery gadgets (page 74).

Hopefully by the time you're reading this our 'hiccup' with May's weather after a great April should be long gone and the June sun should be shining. Time to get your boardshorts and bikinis on and get in the water.

BD

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Gallery is published eleven times a year as a lively yet discerning guide to all that happens on the Island and beyond, written by Islanders, for Islanders.

## people who do things \_ (in a sea creature style)

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## thanks

to our project trident student, Tamzin (starfish) Raine, for all her help this month

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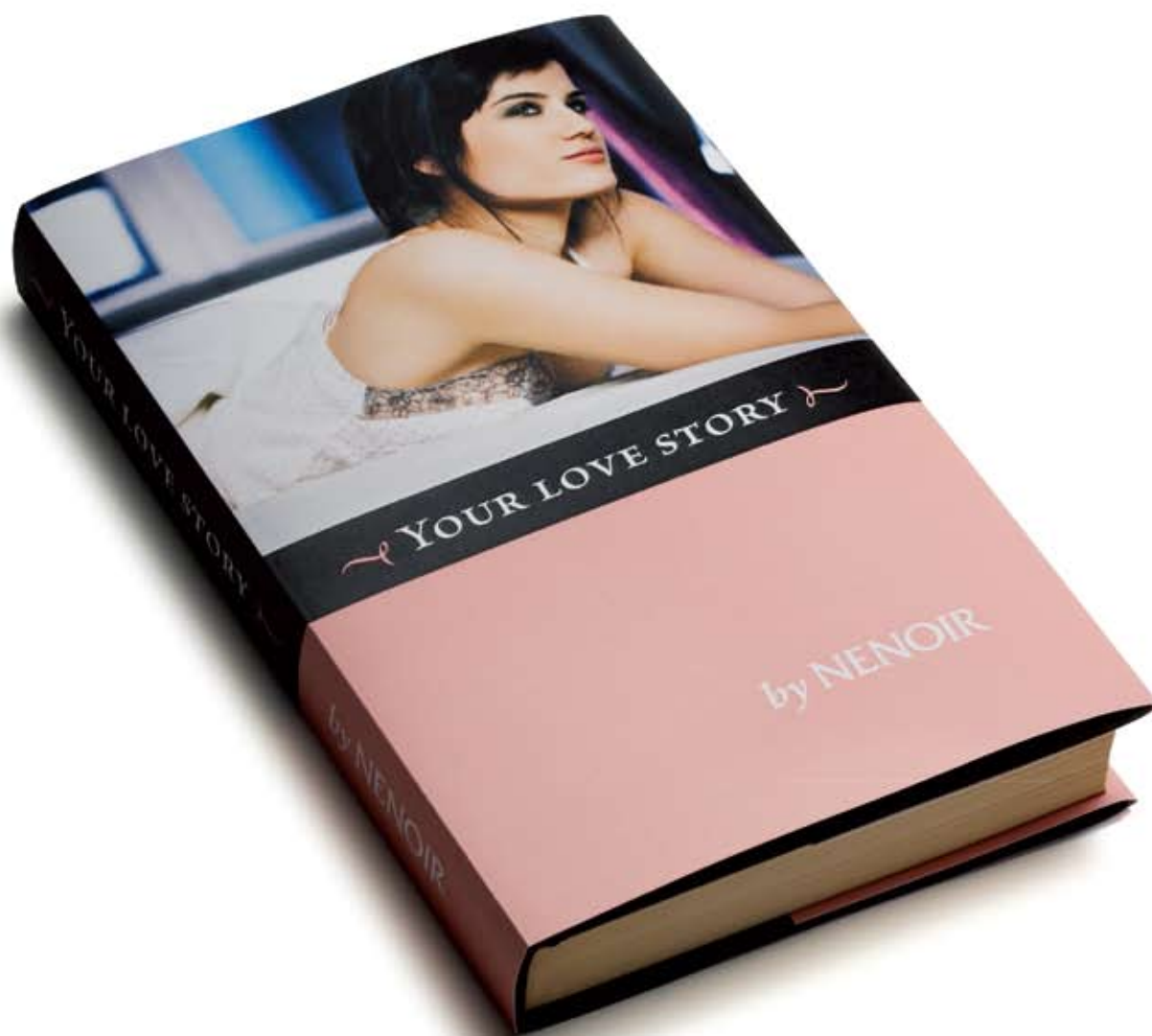
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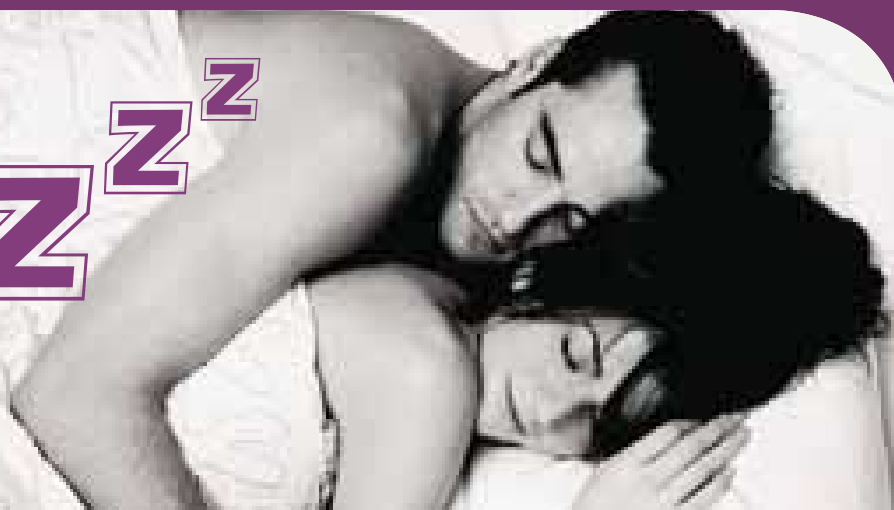
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### cover credits\_

Tabby wears –  
Gold copper leaf earrings, £60 //  
Gold copper necklet, £187, both  
from Letto's

## highlights

10



When you're loaded it would appear that to pass the time you indulge in a light spot of super yacht building, just to prove to your chums how immensely wealthy you are.

58



We look at restaurants with a sea view and Sarah gets to sample the delights of Sumas

25



Jason Butler's 'Outsider' exhibition is on this month. The paintings and drawings in this exhibition will cover the last six years. None have been exhibited in the island before

80



The Corsaro wowee woweee. There should actually be a recording of the sound these exhausts make - the CD would sell!

34/72



As Father's Day is fast approaching we have got four pages of gadgets to help you out with some ideas.



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# Superyachts \_

They are the ultimate indulgence for the uber wealthy. Few use them for more than two months a year, the value drops after three or four years, and running costs can run into millions - a fresh coat of paint alone can cost more than £60,000.

For the super-rich, however, a yacht to entertain family, friends and business contacts brings incalculable social cachet - and possibly lucrative deals.

And super-yachts bring exclusivity, privacy and freedom. Why? Who better to sum it up than Norberto Ferretti, chairman of the Ferretti Group, one of the world's biggest yacht builders. "Rich people can go to a beautiful hotel and pay \$3,000 a night for a suite," he says. "The trouble is when you go down the lift you're in the lobby with people who paid 20 times less. My clients don't like that."

The biggest yacht in the world began to glide into the most fashionable harbours in 2005. The Platinum, built in the Middle East, is the size of a small cruise ship, longer than a Royal Navy destroyer and drips with luxury beyond most people's wildest fantasies. The sleek 525ft vessel, boasts the latest must-have accessory - its own submarine.





There's also a helipad and hangar for small aircraft, and garages for jet-skis and four-wheel-drive vehicles, which can be taken ashore on special landing craft.

The cost of this sumptuous superyacht is estimated at more than £120 million. Its owner is Sheikh Mohammed bin Rashid al-Maktoum, the Crown Prince of Dubai. Inside, the Prince and up to 24 guests enjoy a stylish interior design, believed to be the work of Philippe Starck, and gaze at original works of art. They watch television on giant plasma screens, films in the cinema and shows in the yacht's theatre. A fully equipped gym, squash court and swimming pool help guests stay healthy and work off the calories from the haute cuisine meals prepared by world-class chefs. A health spa offering every conceivable health and beauty treatment completes the pampering. Doctors and nurses are on duty, and electronic security and sophisticated weapons are installed to deter any unwanted guests. At 525ft – it is 40ft longer than a Royal Navy destroyer.

Size definitely matters when it comes to super-yachts. The average length has increased by 3ft each year for the past 10 years. As the number of billionaires grows, megayachts have become the new way for the seriously wealthy to set themselves apart from the merely rich.

**As the number of billionaires grows, megayachts have become the new way for the seriously wealthy to set themselves apart from the merely rich.**

Roman Abramovich, the Russian billionaire owner of Chelsea Football Club, is reported to have bought a new yacht, Ecstasy, just 282ft long and valued at little more than £72 million. It's a mere baby compared to his two other yachts, Le Grand Bleu at 370ft and the 377ft Pelorus, worth a reported total of £122 million. Philip Green, the Arcadia entrepreneur who revitalised BHS, has a yacht worth a mere £20 million moored in Monaco harbour.

It's all about boys' toys. The super-rich are fuelling the boom and the richer they are, the bigger they want their toys to be. Today's super-yachts are packed with toys and technology. Computer-controlled stabilisers keep the vessel perfectly steady. The market for super-yachts is booming, fuelled by a surge in the Middle East and especially Russia.

Charles Dence, of Nigel Burgess yacht brokers in London, said: "The traditional markets in America, Europe and the Middle East are strong but the Russians are definitely coming." The new Russian billionaires see yachts as the ideal way to flaunt their wealth. Megayachts are a serious business now. More and more people are buying them and each one tries to introduce new refinements."



Generally considered to be the biggest privately-owned super yacht – before the Platinum came along – was the 452 ft Rising Sun, owned by software magnate Larry Ellison. Larry is the ninth richest man in the world and founder and CEO of Oracle. He's worth around £10 billion, so he can afford to have a boat of this magnitude - even if it costs over £7 million each year to just maintain it.



The world has almost 1,000 motorised and sail super-yachts - generally defined as those more than 100ft long. More than 200 have been built in the past three years.

Super-yachts have grown from an average 100ft to more than 150ft in the past decade and the market has tripled since 1997. Builders say a yacht has to be getting on for 200ft to make the owner feel special. According to Yachts International, at least 35 yachts are being built on that scale, including five of 290ft or more.

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He increased the yacht's size from 387ft during construction to outdo Octopus, a 414ft vessel being built at the same time by Paul Allen, the co-founder of Microsoft, who had wanted his yacht, which cost an estimated £113 million, to be the world's biggest. With a total living space of 8 000 square metres, Larry's home comforts include an indoor swimming pool, extensive wine cellar, a cinema, basketball court that doubles as a helicopter pad, 16 guest suites, 82 rooms on five storeys and space for a private submarine. Cruising at around 28 knots, the vessel's four diesel engines give it an output of 48,000 horsepower.

Paul Allen, the less famous co-founder of Microsoft, is the sixth richest man in the world and owns an array of toys that would make Bill Gates jealous. Allen, a private man with flamboyant interests, left Microsoft in 1983 when he was diagnosed with cancer that was later cured. His personal life is equally offbeat. Still single at 54, he has been linked to actresses and to tennis pro Monica Seles. He continues to live in his hometown in a compound on Mercer Island with his mother and sister. He plays guitar in an amateur rock band and has a recording studio aboard his yacht. His 416-foot yacht Octopus, with its permanent crew of 60, two helicopters, a submarine and a remote-controlled vehicle for crawling the ocean floor, was completed in 2003. The second largest yacht not owned by a head of state, Octopus has played host to EU commissioner for Trade, Peter Mandelson, who enjoyed New Year's Eve 2004/5 on board.

Forget lavish homes, sleek racing cars or even supermodel girlfriends. There's only one must-have accessory for the billionaire who wants to flaunt his wealth – a superyacht.



With a total living space of 8 000 square metres, Larry's home comforts include an indoor swimming pool, extensive wine cellar, a cinema, basketball court that doubles as a helicopter pad, 16 guest suites, 82 rooms on five storeys and space for a private submarine.



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## axle spring summer fashion show \_

The Axle fashion show is a firm highlight in the party calendar; where fashionable people, party people and models meet (possibly the ultimate combination for one hell of a time!). This year's summer show was no different.

Many were simply blown away by the spectacularness of it all. However most managed to pull themselves together for the after party in Envy where everyone danced and drank into the wee hours.

Richard Clews (Managing Director of Collections Group) said "We are delighted to have produced another amazing fashion show for our Jersey customers. With over 400 people in attendance this was our biggest show yet! I would like to thank all the models for their hard work, all our sponsors for their support and all of the Axle clothing staff, for a huge effort on the night. The biggest thank you goes to our clients for their continued custom".

Richard stressed that he wants to see you all again at their winter show in October! We'll be there with bells on - the Axle fashion shows are unmissable parties.





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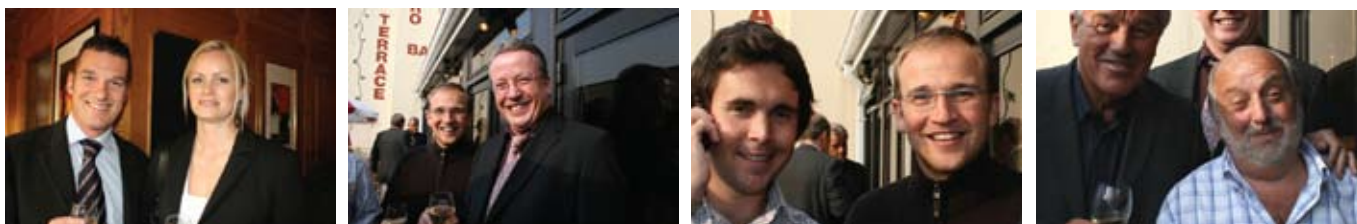
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## fiery \_ elemental fashion show at l'horizon

Ellis Collections and Roulette Clothing held a fashion show encompassing looks inspired by nature's four elements; earth, air, fire and water. The event was in support of Jersey Hospice Care. First down the runway was model Lauren wearing funky, modern, street clothing from Roulette Women. The stars of the night were models Gabrielle and Katrina who were wearing evening dresses from Ellis Collections and always commanded the loudest applause from the audience, with their confident strides and unique flair. Overall the evening was a huge success and a lot of fun was had by all.



## now open \_ Kings Champagne Bar

The much loved town centre venue has had a glamorous make-over and now boasts a champagne bar and alfresco dining area on their top floor bang in the middle of town. The launch party last month was full of very merry people sampling champagne from the extensive choice on the menu.

Our top tip is to nab yourself one of the top floor al fresco tables on a sunny day (or even by starlight if you're trying to impress) and order the half lobster salad or T-Bone steak followed by strawberries and cream for only £11.00. Or try it for a long lunch one day...Call 759420 for more information.

Are you having an opening or event?

Let us know at [openings@gallerymagazine.co.uk](mailto:openings@gallerymagazine.co.uk) and we may be able to cover your opening in the next issue of Gallery Magazine.

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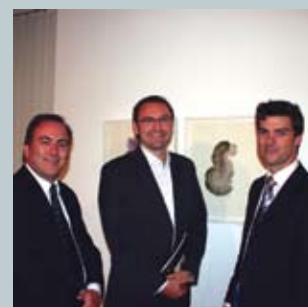
## beyond sensation \_

Deutsche Bank threw a party at the museum to open their fascinating art exhibition. Over the past quarter of a century, Deutsche Bank has built up a collection of over 50,000 contemporary art works.

At Deutsche Bank offices art is displayed to make the office space a more stimulating working environment and to encourage the staff to engage with the latest ideas and the community. This collection, on display between 3 May and 22 July in the Barreau-Le Maistre Art Gallery at the Jersey Museum, is made up of 25 pieces of cutting edge contemporary art from the last ten years.

Notably the collection includes the bright Damien Hirst work entitled "Valium" and the thought-provoking "Sometimes the Dress is worth More Money than the Money" by Tracy Emin. Also two beautiful pieces by the Jersey artist Jason Matin are on display along with the conceptual sculptor Cornelia Parker's work created by melting down a gold cross to create a wire drawing out of people's faith.

An exhibition of this calibre does not grace our shores this often so take advantage of it whilst it is here.




## high energy \_



Sunseeker Channel Islands welcomed "High Energy", a multi-million pound, Sunseeker 82 Yacht, to Jersey last month to celebrate the start of its life at Sunseeker Charters. High Energy is based on the South Coast and will be available for those of you looking to impress your clients / friends / wife on the water:

The welcoming party was great fun; guests loaded with champagne and canapes were let loose to explore the beautiful boat, whilst it was docked in the St Helier Marina. It was lots of fun being some of the first in Jersey to sample the boat's exceptional entertainment areas, which were very impressive. Someone even gave us a 'don't you know who I am!?' when we took their photo which is always amusing.




It has the ability to cater for up to twelve guests during the day or eight overnight in four cabins each with en-suite facilities and flat screen televisions. Some of you with generous employers will hopefully get the opportunity to see the yacht as part of a charter over the summer!

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## random water facts

The average shower takes between 50 and 100 litres. A nice bath takes at least 200 litres. A toilet flush takes 5 to 15 litres, depending on the model of toilet.

Deepest Point In the Ocean- Marina Trench, Pacific Ocean (11 km down)

70% of the world's surface is water.

The sun evaporates a trillion tones of water each day.

66% of our body is made of water:

A person can't survive for more than around 3 days without water but we can survive 30 days without food.

The heaviest hailstones weighed 1 kg, they fell in 1986 in Bangladesh.

There is the same amount of water in the world today as when the earth was first created. The earth will not gain or lose any water because it is recycled by nature.

Water doesn't smell, is tasteless and colorless.

Fish breathe water like we breathe air.

A rat is the animal that can survive the longest without water:

An iguana can survive underwater for 28 minutes.

Almost all the fresh water on earth is frozen in huge glaciers and blocks of ice.

Brewing a litre of beer takes an average of 25 litres of water!

## geographical world facts \_ water

Fact	Feature	Size
Largest Ocean	Pacific Ocean	area = 166 million sq km (64 million sq miles)
Largest Sea	South China Sea	area = 3 million sq km (1.1 million sq miles)
Biggest Bay	Bay of Bengal	area = 2.2 million sq km (868,000 sq miles)
Deepest point in ocean	Mariana Trench (Pacific Ocean)	11 km (36,000 feet down)
Saltiest Sea	Dead Sea (Israel/Jordan)	9 times saltier than oceanwater
Hottest Seawater	Persian Gulf	35° C (95° F)
Longest River	Nile River (Africa)	6,670 km (4,145 miles)
River that carries most water	Amazon River (South America)	pours 4 million cubic feet every second into Atlantic
Muddiest River	Yellow River (China)	deposits rich silt over 141,645 sq km in its flood plain and delta.
Highest Waterfall	Angel Falls (Venezuela)	Total drop = 980 m (3212 feet)
Deepest and oldest lake	Lake Baikal (Siberia)	Deepest part = 1,940 m (6,365 ft) age = 25 million years old
Largest freshwater lake	Lake Superior (N.America)	area = 82,103 sq km (32,000 sq miles)
Largest salty sea	Caspian Sea	area = 371,841 sq km (143,630 sq miles)
Highest navigable lake	Lake Titicaca (S.America)	height = 3,811 m (12,307 feet)

## this is the water issue so we've got to mention..... Jersey's Largest Water Fight

is our facebook group of the month. It is provisionally set for 14th June. 1.00pm till 1.10pm They give a location but apparently it's subject to change at the last minute.

Join the group for more info. If you don't know what we're talking about you'd better join facebook.com.

facebook

## Wet News Flashes

### Some Dolphins have a Welsh accent!

Scientists say that dolphins off Wales have their own accent. The 240 living in Cardigan Bay have developed different sounds from others around the British Isles, reports the Sun.

Scientists analysed 1,882 noises from Irish Sea dolphins - and found those nearest Wales had a unique whistle. The experts from University of Wales and the Shannon Dolphin Foundation in Ireland are now building a "dictionary" of meanings. Project leader Dr Simon Berrow said: "We're trying to associate whistle types with different behaviour - like foraging."

### World's most embarrassing shark attack

A Folkestone fisherman has told how the world's most embarrassing shark attack left him with a nasty bite on his nose. Tackle-shop owner Phil Tanner was attacked by a lesser-spotted dogfish after he reeled it in off the local pier. He fought for five minutes to wrench the thrashing creature, a member of the shark family, off his nose, reports the Sun.

Phil, 38, was left with a bloody gash and rows of tiny teethmarks round his nostrils after trying to show off his catch to pal Scott Allen.

He said: "I called out, 'Hey mate, look at this whopper'. But somehow Scott nudged my arm and the fish catapulted itself up to my nose with its jaws wide open."

"It clamped around my nostrils and wouldn't let go. It was agony and I was screaming. The fish didn't just hang on, either: I could feel it chomping its teeth as if it wanted me for its last meal."

"Everyone on the pier was watching me jumping up and down with a shark hanging off my nose. People were singing the Jaws theme tune - I've never felt so embarrassed."

Phil finally pulled the fish away and tended to his wound.



“A person can't survive for more than around 3 days without water but we can survive 30 days without food.”



# Monsoon

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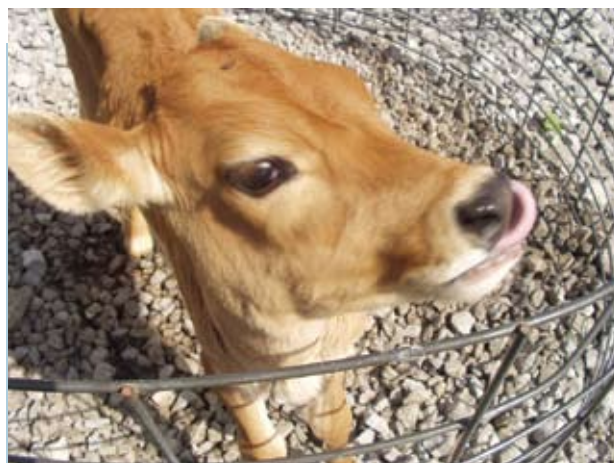
# dissemination \_ spreading information



## parkcasting \_

Park Personnel has launched Parkcasting ... podcasts for jobseekers online at [www.jobs.co.je](http://www.jobs.co.je). Download the latest Parkcast to find out about current vacancies, opportunities for Graduates, CV tips, interview techniques and more. Beaulieu Convent School has assisted the recruitment agency in the production of Parkcasts,

Steve Norman, Music Teacher, Beaulieu Convent School said 'We like to encourage students to become involved in progressing technology, especially while supporting local businesses throughout the Island. This provides students with extra experience before entering the work place. It was promising to see a progressing company approach the school for involvement in this exciting project.'



## In the moooooooooood \_

Jersey Dairy, the commercial arm of the Jersey Milk Marketing Board (a cooperative of Island Dairy Farmers) is pleased to announce the appointment of Eamon Fenlon as Managing Director designate. Mr Fenlon will take over from the departing and current Managing Director, Kevin Keen, who will leave the Dairy at the end of September.

Andrew Le Gallais, Chairman of the JMMB, said: 'We are pleased to be able to appoint Eamon at such an important time for the Dairy Industry. In a comparatively short time he has brought his considerable experience and determination to bear on many of the issues facing us. The next stage of our continued progress will require Eamon to manage the move to the new dairy, lead the export programme and continue the close relationship with the JMMB members in the face of any wider industry changes. Importantly he will also be able to count on the valuable support of a dedicated team at Five Oaks'.

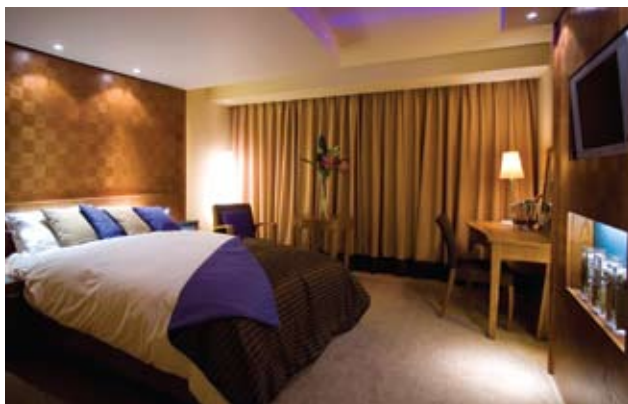


## Go Yellow for Jersey Hospice Care on 15 June 2007

As part of the festivities to celebrate the 25th anniversary, Jersey Hospice Care are asking people to "Go Yellow" and dress down for Hospice on 15th June 2007!

It's up to each company to decide whether to ask employees to make donations, but as it costs £5,500 per day to run the Hospice, every effort is appreciated. Each and every penny raised will help ensure that Jersey Hospice continues to be there for whoever needs it, whenever they need it. As little as £5 makes a difference, as this is what it costs to provide one patient pain relief for one hour:

In addition to dressing down, there are so many other ways to "Go Yellow", but if you organise an event within your company though, please do let Jersey Hospice know about it and send them pictures. Money raised should be sent to: Go Yellow, c/o Jersey Hospice Care, Clarkson House, Mont Cochon, St Helier, JE2 3JB. (Please make cheques payable to Jersey Hospice Care). For more information and to order posters, check out the website: [www.jerseyhospicecare.com](http://www.jerseyhospicecare.com)



### the Royal Yacht's almost ready to sail \_

The multi-million pound redevelopment of what was a well-loved but old-fashioned feature of St Helier into one of the Island's most exclusive hotels is nearing completion. Due to re-open in June 2007, The Royal Yacht is being transformed into a hotel with real personality; sophisticated and glamorous but also a great deal of fun.

Two penthouse suites, the Mooncatcher and Stargazer suites, will offer a new level of luxury and fun, with jacuzzis on their balconies and space for 10 guests to dine comfortably. They both include a selection of luxurious extras. The Royal Yacht aims to create an environment for people to find a little 'me' time and discover what it feels like to be truly spoilt, made all the easier by the Spa Sirène. Located in the basement of the hotel, it will provide the perfect place to be pampered and features exclusive Phytomer products, luxury treatments, a gym and indoor pool.

The hotel's four bars and three restaurants will also cater for every need, whether that is to sit back and unwind in the Lazyjack Lounge, or to sample sophisticated cuisine at Restaurant Sirocco, with views of St Helier's waterfront. All the hotel's food will be overseen by Executive Chef, Fred Tobin, whose CV includes working at Harrods and cooking for a Prime Minister as well as working in two of London's top hotels, The Grove and The Dorchester.



### Somerville goes 4 star \_

Following a multi-million pound refurbishment programme, The Somerville Hotel is celebrating news that it is Jersey's newest four-star property. The investment, which has transformed the Somerville into a deluxe boutique hotel, took 3 years and £2 million to complete and recognises the high standards of accommodation, food and service that are being consistently achieved at the hotel.

"We are dedicated to Jersey's Tourism industry and are investing significant funds into all Dolan properties to ensure they meet the changing needs of Jersey's tourism marketplace," explains Managing Director Bill Dolan.



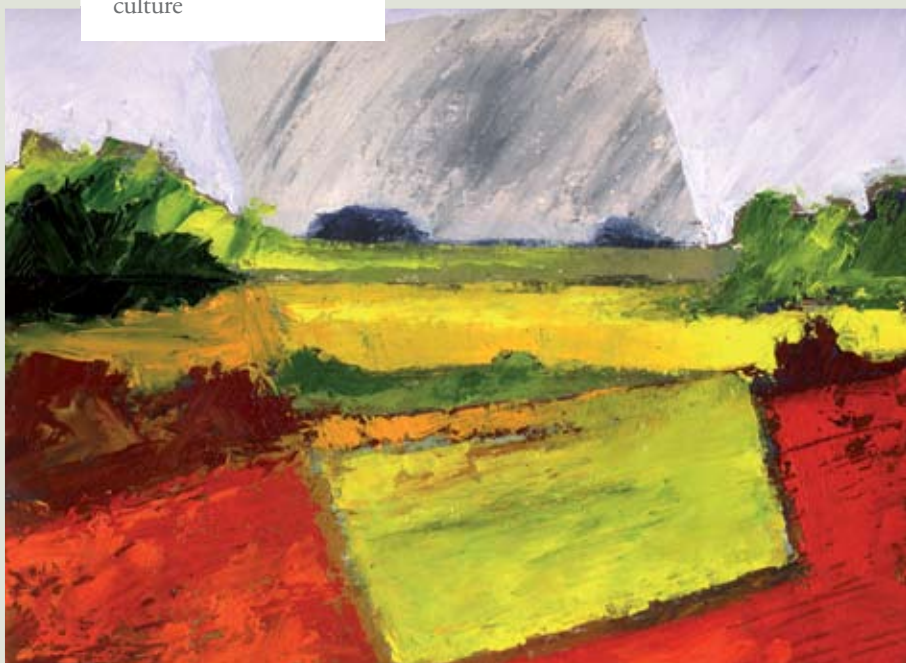
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### Art Exhibition

## Sun, sea & still life \_

Two of Jersey's leading artists, Paul John Kilshaw and Graham Tovey, are again opening their studio to the public. The delightful setting of the studio gallery in Gorey is reason enough to visit the artists.

Their theme this month is sun, sea & still life; Paul is showing still life with landscapes painted in Ronda in southern Spain and both have oil paintings of Brittany and Jersey. Graham's still life paintings have a Moroccan feel. The thing common to both artists is that they show a feast of colour. They invite you to visit them at Studio Gallery for a chat and a cup of coffee.

### "Sun, Sea & Still-life"

Studio Open Weekends :

June 9 & 10, 16 & 17, 22 & 23. 11am to 6pm.

"Studio Gallery" Gorey House Cottage, Les Chemins des Maltieres, Grouville.



## showing

at the Jersey Opera House this month

Wednesday 13th – Saturday 23rd June

The JADC presents

### Fiddler on the Roof

The heartwarming story of the dairyman Tevye, his family and the village of Anatevka in Czarist Russia where faith and love inspire a generation. One of the most successful and long-running musicals of all time the score includes such favourite songs as "If I Were A Rich Man", "Match-Maker", "Tradition" and "Sunrise, Sunset".

**Verdict: You'll be whistling it while you work**



Saturday 16th/23rd &

Sunday 17th/24th June

The JADC present

### James and the Giant Peach

Adapted by David Wood from Roald Dahl's classic book and featuring original music by local musician, Tom Machon, James, a lonely orphan, is sent to live with his horribly wicked aunts, Spiker and Sponge after his parents are killed in a tragic accident. One day James meets a mysterious stranger who gives him a bag containing the strongest magic in the world. When he accidentally spills the magic near an old peach tree the most marvellous things start to happen....

**Verdict: Peachy**



Tuesday 26th & Wednesday 27th June

### Rockin' On Heaven's Door



This show is a slice of musical history that brings together the founding fathers of Rock 'n' Roll: Elvis Presley, Roy Orbison, Eddie Cochran, Buddy Holly and the Big Bopper. Do not miss the chance to watch these great idols as they take you on a musical roller-coaster of thrilling entertainment which will have you convinced you are watching the real thing...

**Verdict: Uhh Huh Huh!**

Thursday 28th June

### Le Rocquier Big Band 30th Anniversary Charity Concert



The Le Rocquier Big Band has provided many local children with the opportunity to create and play music in public concerts both locally and internationally. Their diverse repertoire spans several decades from the 1940's to the present. In this, their 30th year, the Band has decided to donate a large proportion of their profits to the local charity 'Help a Jersey Child' to provide other local young people the opportunity to discover and develop their talents for their own, and others' enjoyment.

**Verdict: Live Music Action!**

JERSEY OPERA HOUSE

For tickets and further information  
please call the box office on  
01534 511115



## Outsider \_

Jason Butler says that his work has always predominantly dealt with the role of the 'outsider' in society and the general public's reaction to them.

Using painting as a way to explore this subject, the work has gone through much experimentation, particularly since 2001 and Jason points out that this is an ongoing body of work. The paintings and drawings in this exhibition will cover the last six years. None have been exhibited in the island before.

Running concurrently with his more concept-led work are his portraits. Since August he has been taking on portrait commissions. Jason tells us that "whilst they are in some ways very different to the other work they do sometimes help to inform one another".

The two paintings Jason had accepted for the British Portrait Award in the National Portrait Gallery in London will also be exhibited.

The exhibition, sponsored by HLB Jackson Fox, runs  
11th June- 30th June 2007

Berni Gallery at The Jersey Arts Centre.

"whilst (my portraits)  
are in some ways very  
different to the other  
work they do some-  
times help to inform  
one another"



## eye-spy... the wannabe surfer \_



Mike's Australian accent was going down a storm with the girls at the Splash. They seemed to think all Aussies were surfer heroes. Of course, he wasn't letting on that his tan really came from riding around the sheep station rather than catching waves on Bondi Beach.

Nobody in Jersey had to know that Mike wasn't from Sydney, but a farm out in the boonies in New South Wales, and the closest he'd come to a real surfboard was the battered one hanging over the bar in Creeper Gate. After all, surf pro sounded so much sexier than sheep farmer. Who would have guessed his battered board shorts and thongs had actually come from the airport shop at Heathrow? In fact, the only surfing Mike had done recently was in the internet café, when he was checking his email.

If anyone looked doubtful, all Mike had to do was drop in a few words picked up from surf magazines and really let his Aussie accent rip, and no one was any the wiser. He'd watched Point Break after all. Before long, Mike was name-dropping all the famous Australian surfers, "...and then Taj Burrow, Margo and I all headed out to Vanuatu together..." and recycling surf stories he'd heard from his friends. Like the time he'd accidentally surfed into a Surfer Magazine photoshoot and ended up on the back page, and then that time on Jeffreys Bay when the shark nets were down and he found himself sharing a barrel with a tiger shark. And that scar on his leg? Of course, it came from a spectacular wipeout on the reef at Strickland Bay and not from falling off his mate's dirt bike after one too many.

In hindsight, Mike probably shouldn't have offered to help out at the surf school. But it sounded a better idea than waiting tables at the Boathouse - he could show off his tan, and of course there'd be plenty of girls around. All he had to do was keep his sunnies on and look the part. After all he was only handing out wetsuits. As the days went by, Mike started to believe he was a real surfer. Surely it couldn't be that difficult. The waves looked pretty unimpressive - nothing like the monsters in Kelly Slater's Pro Surfer that he'd spent all winter playing. How different could the real thing be?

He should have known it was all going to go wrong when the posters for the surfing competition started appearing. "Hey Mike - that surfer guy you're always talking about is in Jersey next month for the Grandmaster. You guys can catch up in the line up - we've entered you..."

“ And that scar on his leg? Of course, it came from a spectacular wipeout on the reef at Strickland Bay and not from falling off his mate's dirt bike after one too many. ”

Gallery Magazine goes undercover to bring you an insider's look at some of Jersey's social stereotypes. Recognise anyone you know?!



## Are you a surf ace or a surf wannabe? Take our quiz and find out...

### 1. You got your board shorts from...

- (a) Burton
- (b) Quiksilver
- (c) the back of your mate's VW camper.

### 2. You get your year-round tan...

- (a) out of a bottle
- (b) snow boarding in Chamonix
- (c) travelling the world in search of the perfect wave

### 3. Your nickname is

- (a) 'Shredder' or 'Maverick' –  
or at least that's what you call yourself
- (b) 'Snapper' after you snapped two boards in one session
- (c) 'Big Al'

### 4. The stickers on your board come from

- (a) your little sister
- (b) surf magazines
- (c) sponsorship deals

### 5. The board on top of your van is there to ...

- (a) impress girls
- (b) keep out the rain from your VW's dodgy roof seal
- (c) catch the perfect wave, anytime, anywhere

### 6. You've never surfed without

- (a) your mum watching from the beach
- (b) a leash
- (c) wiping out spectacularly

Mostly a's – you're a kook. Stick to St Brelade's.  
Mostly b's – you're nearly there. Stop reading this and go and catch some waves  
Mostly c's – you're either the next Kelly Slater or you're lying...

palms



## palms up \_

Our lovely micro climate means that we can, with only slightly green fingers, grow a wealth of unusual and exotic plants from warmer regions such as the Mediterranean, South Africa, New Zealand and California..

Janine Le Pivert who is an expert in all things exotic, including Cordyline Palms, has written a new book, 'Exotic Garden Plants in the Channel Islands'.

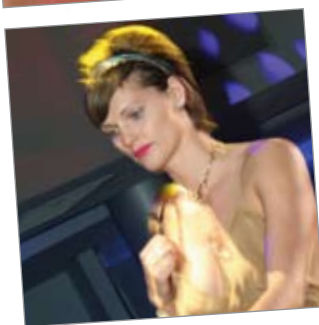
There are over 150 species of plants with growing guide for the enthusiastic amateur. Janine, who works as a technical manager for Fauvic Nurseries, has created a garden of 40 different species of Cordyline palms on site at Grouville.

The nursery has been granted National Collection Status for the only formal collection of Cordyline Palms in the world, so check out the newly-planted garden and get inspired.

'Exotic Garden Plants in the Channel Islands' is published locally by Seaflower Books and retails for £9.95



We've got the island covered



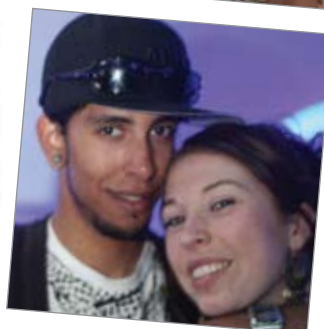
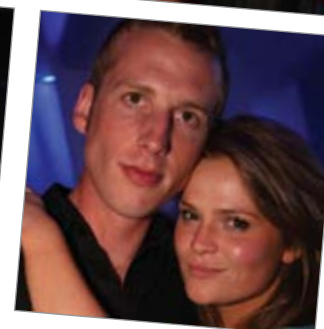
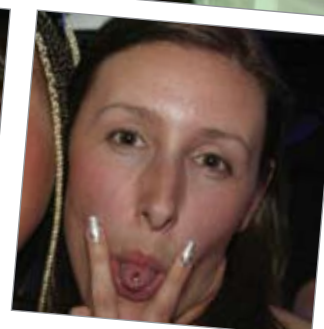
### Best of the bunch

We've picked out a few of our favourite snaps from the nights out we've covered. Looking good!



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smile.



boo!



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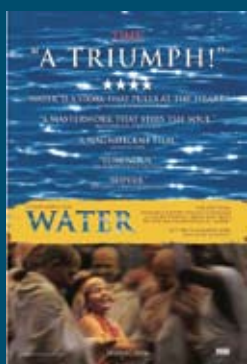
film



## Ocean's 13 \_ James McLachlan

When gambler Reuben Tishkoff (Elliot Gould) builds a hotel with nasty Vegas business man Willy Banks (Al Pacino) he doesn't bet on being cut out of the deal and winding up in hospital with a cardiac arrest. Luckily for Tishkoff his old friend the uber slick Danny Ocean (George Clooney) is on hand to exact some vigilante justice Vegas-style. With Banks' hotel rapidly becoming the number one hotspot for the Vegas glitterati, Ocean and his boys form an audacious plan to bankrupt the Casino on its opening night.

All the big names are back for what we are assured is the final chapter in the tiresome antics of Clooney, Pitt, and Damon etc. With so many gigantic egos to handle, here's hoping director Steve Soderbergh can keep them from running amok this time around. In Ocean's 12 it felt like Hollywood's latter day rat pack were having a much better time making the film than the audience did watching it. Soderbergh has brought in two new characters to make up the baker's dozen that is Ocean's 13. These are, Ellen Barkin who plays Bank's right-hand woman, Abigail Spooner and Ocean's nemesis from the first film, Terry Benedict (Andy Garcia). The casting of Al Pacino as the villain of the piece could well prove to be the film's best addition. Pacino has taken to hamming it up horrendously in the twilight of his career and is sure to have tremendous fun playing the despicable Banks. Clooney has gone on record saying that he would like the series to finish on a high note and all stops are no doubt being pulled out for the final part. Hopefully Ocean's 13 won't drown in its own creative juices.



## Water \_

Set in colonial India in 1938 Deepa Mehta's *Water* begins with child bride Chuyia becoming a widow soon after marrying a frail old man. In an India which is dominated by Hindu traditions this leaves her with three choices, either commit suicide at her husband's funeral pyre, wed his youngest brother or live a life

of celibacy with other widows in the holy city of Banaras. Believing that if she remains at the widow's house her mother will come and collect her Chuyia decides to stay. Here she meets the beautiful Kalyani, the quiet, steely Snehalata and the head of the house Madhumati. The film's focus then shifts to Kalyani who falls for a young Gandhian idealist, Narayan. Unfortunately he and his family are several castes above her on the social pecking order and a new law allowing widows

to remarry is deeply unpopular. Also stirring things up is the return of Gandhi from Africa who is openly challenging not only the British rule but the equally oppressive traditions that bind the Hindus.

*Water* is a film that questions the nature of faith and tradition when pitted against more natural human instincts such as love and a desire for freedom. However Mehta is careful to show, through the various sub plots, the positive aspects of belief and the film is not an out and out attack on the more reactionary elements of Hindu society. Despite this the subject matter upset many in India and due to vociferous protests it was eventually shot in Sri Lanka. *Water* is the third part of Mehta's elements trilogy and the breathtaking cinematography and visual flair which characterised the first two films (*Earth* and *Fire*) is very much in evidence. Add to this Mehta's ability to draw astonishing performances from her cast and you have a film genuinely worthy of its Oscar nomination. IMDB 7.8/10





film



For tickets and further information please call  
Cineworld on 0871 200 2000  
or The Forum on 01534 871611

## Shrek 3\_

Last time we saw him, King Harold of the Land of Far Far Away had been turned into a frog. Now that he looks like he is going to enter the great fishpond in the sky, the search is on to crown a new ruler. This just happens to be Shrek and his beloved princess Fiona. Hang on though comrades, Shrek is a man of the people and would much rather keep it real in his swamp than assume his kingly duties. Rounding up the old gang (Puss in Boots and Donkey) Shrek sets out to find the only other rightful heir to the throne, Fiona's brattish cousin, Arty (Justin Timberlake). Meanwhile the jilted Prince Charming has returned to the Kingdom with an army of fairy tale villains to attempt a coup d'etat. Princess Fiona enlists the help of an equally terrifying band of vacuous royal girlfriends in an attempt to foil his plans.

In addition to the usual suspects namely Myers, Diaz, Murphy etc we have the interesting - and some would say apt - casting of pop muppet, Justin Timberlake playing a whiny annoying teen. Monty Python legend and all round good egg, Eric Idle also joins the party as the Merlin the wizard. Here's hoping he's not wasted. Rumour has it that Banderas and Diaz have been improvising a lot of their lines which suggests that perhaps the script wasn't quite as sharp as it could have been. With its numerous pop culture references and amusing sight gags the first Shrek film was a breath of fresh air. However the second film wasn't quite as funny and it may be that Disney are now flogging the proverbial dead horse. ...or if you like, Donkey.



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## &gt; play



## cinema // Ocean's 13

After the disappointment of Ocean's 12, the movie world has been holding their breaths for Ocean's 13 which will make or break this series as a successful moneymaker. Danny Ocean (George Clooney) and the gang would have only one reason to pull off their most ambitious and risky casino heist—to defend one of their own. When ruthless casino owner Willy Bank (Al Pacino) double-crosses one of the original Ocean's eleven—Reuben Tishkoff (Elliott Gould)—Danny and the gang team up one more time to see if they can break "the Bank." In the new sequel to Ocean's 11 and Ocean's 12, the cast is reunited with director Steven Soderbergh and producer Jerry Weintraub.

Out: 8th June 2007 // As usual the cast reads like a who's who of Hollywood royalty



## event // The Itex Walk

The Itex walk has been running for over a decade now, raising more than £1 million for worthwhile charities within the Channel Islands. This year the main beneficiaries of the Guernsey and Jersey walks will be: Jersey Family Nursing & Home Care, Jersey Headway, Jersey Employment Trust, Guernsey Special Care Unit, Bulstrode House Cancer Care, Guernsey Rotary and the Alderney Mother & Toddler group. As so many islanders take part in the event it has a great sense of community spirit and even if you don't finish, it's the taking part that matters!

23rd June 2007 // starts Jersey Harbour at 3am // free to enter, sponsorship goes to various charities // lace on those trainers, put in the training miles and register for this year



## music // Dizzee Rascal: Maths and English

Rhyme and Reason was widely dubbed the best British hip-hop album ever so this has been a long wait for all Dizzee fans. Many rumoured collaborations have set tongues wagging as which ones will actually happen. It was reported that at the Brit awards in February Joss Stone pleaded with the superstar to let her collaborate with him. Dizzee agreed and Stone can apparently be heard on one of the drum 'n' bass tracks. 'Maths and English' may seem like an old album name for Britain's coolest 19 year-old so Dizzee explains. "Numbers, words: that's what I do. The writing side is the English. The notes, the beats, the deals, the money – that's the maths."

out: 4th June 2007 // price: £13.99 // A must hear



## book // Crystal: Katie Price

This is a glittering and sexy story of passion and betrayal and one woman's search for true love. Crystal is beautiful, talented and ambitious. All her life she has dreamed of making it as a singer. After years of trying to break into the music industry her chance finally comes when her girl band enters a TV reality show contest. But Crystal has a secret. She's fallen for the wrong man and this one mistake could cost her everything - her friendships, her fame and her chance of ever finding love again... I challenge you to find a cornier read this summer: When you're lying on St Brelade's beach and Harry Potter still hasn't come out - reach for this offering of good quality chick lit!

out: 7th June 2007 // price: £9.99 // Written by everyone's favourite glamour girl



## game // Shrek the Third

Everyone's favorite ogre is back and better than ever. The film is at cinema's nationwide from the 24th June but this unusual fairy tale adventure will really put you in the mood for a new dose of Shrek and Fiona. When the King falls ill, it's up to Shrek to find the true heir and save Far Far Away. Journey with Shrek, Donkey, and Puss-in-Boots in this all new twisted fairy tale adventure. Along the way, meet new friends, conquer bold enemies, and visit never before seen lands from the movie and beyond.

out: 22nd June 2007 // price: £39.99 // wii //

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## are you the daddy? \_ father's day gifts\_ Ceri Milner



### Porsche Siemens coffee maker

features a stainless steel heating element designed to reduce scaling and lime deposits and also switches off automatically once filtering is completed. Has a cool touch aroma saving thermos flask, detachable water tank and a brushed stainless steel finish with dark blue trim. A work of art and a design icon if ever there was one.

£127.50 @ FutureVision (Voisins)



### The Wow Wee Dragonfly

This flying robot is powered completely by flapping wings - no propellers. it can fly for 15 minutes within 150 feet of the remote control. This is in the father's day section because if it was given to a kid, he/or she wouldn't get a look in when the dads get their hands on it.

£34.99 @ A Hundred And One Toys



### a picture paints a thousand father's days \_

YUKAi PF - A700B Digital photo Frame, can hold hundreds of different snaps. such a brilliant invention. Also comes in black.

£84.99 @ Euronics



### garden gifts \_

The Felco leather holster comes with a lifetime guarantee, and looks great attached to the belt of any budding gardener father.

£14.50 @ Ransomes

Felco Model No. 2 Securters (Classic for large hands) These are the best in the business and makes a great unusual father's day gift.

£37.50 @ Ransomes



### thalgo mens skincare

For dads who like to take care of themselves, the L'Horizon Spa stock a full range of Thalgo Mens skincare products. The ThalgoMen Intense Hydrating Gel. is a best seller, and great for re-hydrating dry summer skin.

£22.00 @ L'Horizon

### Gimme Skin \_

The best skins on the Planet. GelaSkins are removable vinyl skins for protecting and customizing IPODs and laptops. They feature stunning photo-quality graphics ranging from fine art prints to contemporary urban images. Stand out in the crowd with personalized protection from GelaSkins.

i-pod GelaSkin £8.00  
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**DAD**  
SUNDAY 17 JUNE

YOUR M&S  
JERSEY



## Advocate X \_ bizarre cases from the world of law.

What could be more ridiculous than claiming \$65,000,000 for losing a pair of trousers?

Lets face it - the world is full of idiots. And greedy people. And Americans. When the three elements coincide, the result is what we lawyers call litigation, and this column is going to seek out the finest examples of stupidity and avarice before ruthlessly pointing and laughing at the culprits.



For instance, it has been brought to our attention that a certain Roy L Pearson, Jr has sued his local dry cleaners for the loss and suffering caused to him as a result of them losing his trousers. On the face of it, this ranks fairly low on our stupidometer - after all, maybe they were his favourite trousers ever; the ones that guaranteed he would get lucky on Friday night. Maybe they were impregnated with the pheromones of Hugh Hefner (through a process too disgusting to seriously contemplate) or they were studded with shiny, girl-attracting diamonds in strategic locations. All this could be true, however; but the amount which Mr Pearson is claiming has come as a shock to even the most idiot-friendly legal system in the world - an eye-watering \$65,000,000.

That's right - this guy genuinely believes that the loss of his trousers equates to a sum which, if put into a bank, would give him an annual income of over \$3,250,000 from interest alone. I don't know about you, but I don't think I've ever been that attached to anything - not even my vital organs. If someone offered me that sort of money for a selection of bodily parts, I'd happily remove my own kidney and would think very carefully about whether I'd really need the contents of my boxer shorts in my new Ferrari, champagne and cocaine-fuelled life.

Of course, anyone this stupid probably doesn't even realise what money is for, and lives in some sort of bubble house with no sharp edges anywhere and tastefully padded walls. Part of Mr Pearson's claim relates to the cost of his having to hire a car every weekend for the next ten years to go to another dry cleaner because he just couldn't face going back to the evil, trouser-eating maniacs down the road. This is broadly equivalent to me demanding regular flights to China from the Mandarin Room because of the trauma they caused by forgetting my prawn crackers last time I had a take-away. And that's just plain daft.

However, the really surprising part of all this is that Roy L. Pearson, Jr isn't just your stereotypical vocabulary-challenged trailer denizen whose greatest ambition is to get on the Jerry Springer show - this man is a Washington Judge. That's right - a man in charge of dispensing justice in the capital of the United States is someone who sees no difference in value between a pair of trousers and a stack of \$100 bills large enough to choke a blue whale. Not only that, but the dry cleaners claim that they found the trousers ages ago and have tried, without success, to give them back to Mr Pearson. And so we have the answer to the question above: what could be more ridiculous than claiming \$65,000,000 for losing a pair of trousers? How about \$65,000,000 for not losing a pair of trousers!

# New best friend \_ Ceri Milner

Lesley Baudin,  
Shop Manager and Chief Buyer for Manna

When I first cruised across the West Centre and into the new boutique nestled up in the corner I was instantly in heaven – they sold Marc Jacobs! Hooray! Finally a shop, which has its ear to the New York fashion runways and the icing on what was already my favourite cake is that they also stock Rutzou, By Malene Birger and Velvet – not to mention True Religion and J Brand jeans, which are hands down the coolest labels around.

With Manna on our shores a girl no longer needs to hot foot it to London, and to be honest that forty-minute flight was becoming a bit of a drag. The utter genius behind Manna is Lesley Baudin; tall, slim, enviably fashionable, with a trendy pixie hair cut that only the very lucky, who God blessed with a supermodel's jaw line, can pull off. I know I should naturally hate her, but she is just so darn good with fashion, a true guru. Plus she is really nice. Lesley is a far cry from usual shop staff, who leap on you and boss you around flinging random things at you that will "sooooo suit you" (and it never does). In fact, with Lesley there is an utter role reversal - I ask her for advice. Whatever this girl says goes. She has never been wrong – even when I have huge doubts; she once handed me a plain, boring black, billowing blouse thing. I took it into the changing room with no real intention of trying it on but, after going through all the items I had picked out with no success, I just pulled it on anyway. It was stunning; a classic, very flattering, babydoll-esque top, that could go from the work place to a cocktail bar with ease and it is now an absolute staple of my wardrobe. She has a fantastic eye for unusual pretty pieces, and best of all she genuinely knows what suits a girl.

Tom (Lesley's sister-in-law) has joined Manna and has certainly proved that she has a great eye for fashion – ask her advice and she'll help you all the way matching items which at first appear so random but when put together really work.

The greatest news of all is that when new stock goes out onto the shop floor, this is a truly joyous occasion and is rightfully celebrated with shoppers being treated to champagne, bucks fizz and bellinis – what a way to shop! I don't know whether it was the excitement of the new collections or the bubbles but last time this happened I left with a beauteous pair of 4 inch heel, Jonny Depp-esque pirate boots and a floaty, jewel incrustated Patrizia Pepe top.

Don't let me sway you on how good this girl is, after all I'm no high fashion supremo, however, Vogue magazine is, and Lesley's new Malene Birger top, which was the first item of new stock that she showed me, was showcased in that bible this month – We all love being one step ahead, and with our own island fashion leader on hand it is now a lot easier!



## fashion watch \_ sarah mansell

### When water becomes a fashion accessory

We can all remember back to 2003, when an Evian water bottle was the coolest thing to be seen carrying. It all started when Kate Moss confessed to washing her hair with the iconic H2O and soon after, an outfit wasn't complete without one of those famous pink topped bottles. Now in 2007, water as a fashion accessory has progressed hugely. Evian is now like, so passé and people are now reaching instead for bottles of Fiji water. This water is bottled on the island of Fiji and has gained a cult following ever since it has started appearing in all of the top spa resorts. Carrying a bottle of this will score you instant style credibility.



### Ichi at De Gruchy\_

From June 1st for one week only, Ichi, located in young fashions will be giving away this free belt, worth £10 when you spend £15 or more in the department. The belt is available in three colours and are exclusive to De Gruchy. Well, what are you waiting for?

### Fransa at De Gruchy\_

The new summer collection has recently arrives in store with an item for every occasion. Fransa is located on the First floor, in womens wear fashions.

## Shoe bar-o-meter

### So hot

#### Cork heeled wedges

These are so on trend that it hurts! They match anything from mini's to jeans. These will instantly update any look and will be a solid investment for this summer!

#### Subdued and natural metallics

As always in summer, metallic shoes are hot. This summer however go for a more subtle distressed metallic hue and team it with neutral toned clothes.

#### Ipanemas

The newest and coolest footwear brand to hit Jersey. Made out of PVC they mould to the foot and offer unbelievable comfort.

#### Platform soles

As hemlines rose up the leg this season it was only fair that shoes should also gain some height. A platform sole does wonders for the calves and it adds inches to your height.

#### Vivid prints

With animal print still looking good and tribal patterns ruling over many catwalk shoes it's only natural to want to extend this look to your shoes. Worn with simple straight leg jeans, a pair of vividly printed shoes will add cool to any look!

### So not

#### Ugg boots

Please, just forget about them, why would we purposely give ourselves fat ankles?

#### Stilettoes

My body weight balanced on a tiny spiked heel is simply a disaster waiting to happen. And they're just so uncomfortable.

#### Kitten heels

If your going to wear high heels, then do it. Don't umm and aah between two styles. Plus they make anyone's calves look fat.

## A Piece for All Seasons

Don't wait until it warms up to wear your favourite new buys - we show you how to make them work for you now and right through summer.

**Wardrobe item 1:** "the jeans"; Straight leg denims are a key shape for spring, so opt for a clean dark wash. Go preppy by teaming them with a high-necked blouse and blazer, or add a retro spin with a geometric print camisole and platforms.

**Style tip 1:** For Spring: Add a simple white long/sleeved basic top (we all have them), with a cropped jacket. For accessories, layer up with bangles and some ballet pumps.

**Style tip 2:** For Summer: That hot weather has arrived, so team your jeans with a smock top with layers of long chains to compliment it and also add some wedges for those key shoes of the season.

**Wardrobe item 2:** "The Shirtdress": A luxury take on the utility trend, this piece is ultra-versatile (buy the size that looks slouchy, it's meant to be worn loose).

**Style tip 1:** For Spring: Add a long cardigan to your shirtdress (choose your cardigan in grey, colour of the season) and flat black pumps for an overall chic, casual look.

**Style tip 2:** For Summer: If you want your outfit to go from day to night, keep it simple by adding some jeweled sandals and a long pendant, teamed with a large tote style bag.

**Wardrobe item 3:** "The Top": A paisley printed smock top is key this season and will dress up the most pared down separates. Make the most of your investment by layering it with knits.

**Style tip 1:** For Spring: Layer a bright coloured dress over your top and add some sling back wedges to the look, teaming it all with some gold bangles.

**Style tip 2:** For Summer: Pair your smock top with some shorts for a chic look. Either wear ballet pumps or wedges (both work well) with some large retro sunglasses for a final touch.

## AXLEwoman

Axle Woman, now at  
27 Beresford Street, St Helier  
tel 510088. [www.axleclothing.com](http://www.axleclothing.com)



## brand new(s) \_



### Junk Food T's at Axle clothing\_

Everyone who's anyone has been spotted wearing a Junk Food T over the past year. Paris Hilton, Micha Barton and Jennifer Aniston are just a couple of the celebrity fans. They are fun and funky t-shirts with retro logos such as Mr Men designs and old rock 'n' roll band emblems. There are styles for both men and women available, and they are available now from Axle clothing. Prices range from £24-£36.

### Kikoys at Marc2\_

Kikoys are garments that were traditionally for men, as in many hot countries men wear a wraparound of some sort. Inspired by the abundance of exuberant colours found on the East African coastline, Kikoys are woven of the brightest hue colour combinations that would alarm most people! Now that Kikoys have made their way to Britain they are used for a variety of different things such as baby slings, car seat covers, dishcloths, turbans, wall hangings and of course as a cover up on the beach! Kikoys are available at Marc2 for £24.99.



### Watch this space... Hari at Manna

This fabulous new brand is kind of funky yoga wear - it's already been mentioned in Grazia as the "fashionista's choice" for a/w 07 and has also been in Vogue. The brand's creator is Lainey Sheridan-Young who was a former stylist for Vogue. Her labels are very exclusive and slightly more underground than the majority of designers. The brands that she launches are usually 2-3 years ahead of mainstream fashion and really are at the cutting edge. Look out for Hari at Manna from July....

### Frey Wille at Letto's \_

Frey Wille is an amazing brand that has been around since 1951. All of the jewellery is produced in Vienna and although they have expanded their market in recent years, they still focus mainly on producing the finest enamel jewellery. The best materials are chosen to ensure perfection and long life. The new range of Diva bangles from this cult brand are available from H Letto's & Son.



### Jeepers peepers at Roulette Clothing\_

These fantastic sunglasses will hide even the worst Sunday morning hangover! Loads of major celebrities have been spotted sporting similar styles to these so pick a pair up and step out in style à la Nicole Richie.

They are available at both Roulette stores now and there are styles available for men and women costing between £25-£45.

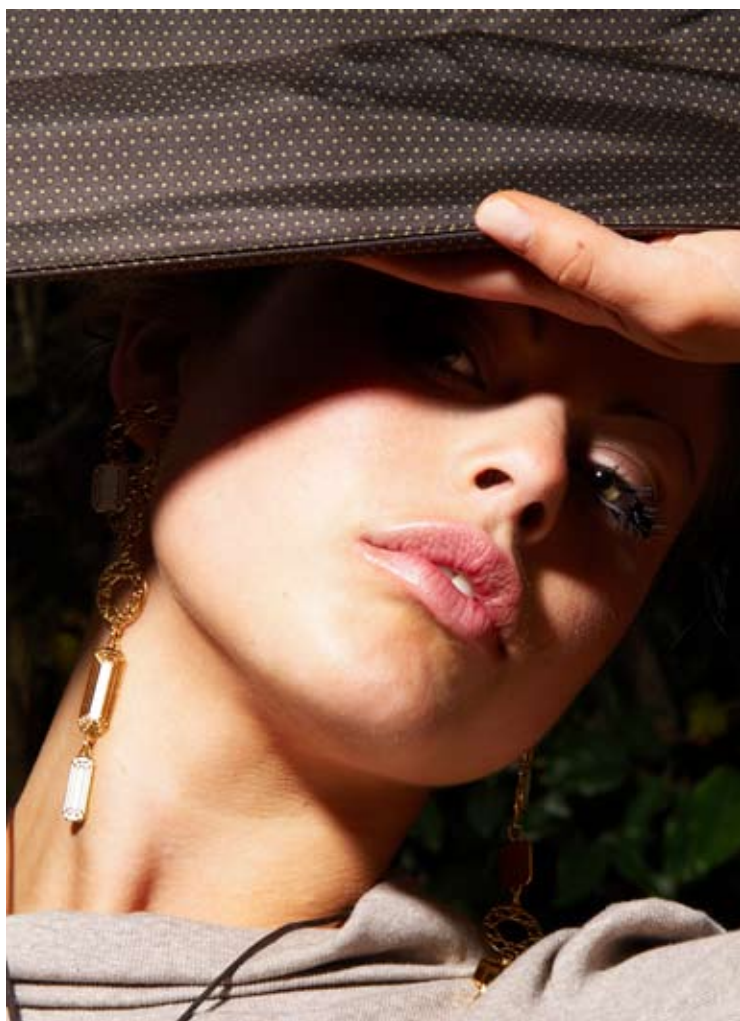


### Unexpected style icon

With the release of Pirates of the Caribbean 3 been and gone, the fashion legacy of the film will live on in to spring. Before you reach for an eye patch and a hook hand, take a peak at Kate Moss's festival look for inspiration. Pirate boots, denim shorts and a baggy top. All of this topped off with velvet accessories and a clashing pattern will leave you looking pirate cool. Ahoy there!!







# It's a Jungle Out There >

Gallery fashion June 2007

Photography Danny Evans  
Creative Direction Alana  
Styling Sarah and Anna  
Hair Vicky at Toni and Guy

**Above** - Tabby: white long dress, £60 // turquoise necklace, £49 // turquoise bracelet, £25, all from Cuba // Mikey locket, £20, from Nautilus // Lara Bohinc bag, £500, from Lettos.

**Right** - Tabby wears - Gold copper leaf earrings, £60 // Gold copper necklet, £187, both from Lettos

**Opposite** - Ollie: Paul Smith washed poplin rope shorts, £69 // Elvis Jesus pearl island t-shirt, £89 // Tootal polka dot scarf, £35 // Paul Smith linen and rayon shirt jacket, £149, all from Massimo





**Below** - Ollie: Energie jeans, £135 // Energie knitwear, £79 // Hilfiger shirt, (underneath jumper), £59 // Energie bag, £45, all from Voisins // Brown straw hat, (for men), £15, from Marks & Spencer

**Right** - Ollie: Rolling Stones t-shirt, by house of the Gods, £49 // YMC blazer, £199, both from Roulette Man

**Opposite** - Tabby: Grey balloon dress by Limited Collection, £39.50 // insola suede heels, £39.50 // Real leather silver bowling bag, £85, all from Marks & Spencer // Swarovski cobra necklace, £161.95, from the Swarovski store // Large striped Jackie Brazil bangle, £45, from Roulette // Long pearl necklace, (worn in hair) £88 // Blue FreyWille silk scarf, (worn on the bag) free gift with the sphinx bangle range // Short pearl necklace, (worn as bracelet) £63, all from Lettos







**This Page** - Tabby: High-waisted white jeans, by Ghost, £69, from Nautilus // Rutzou yellow camisole, £70 // Rutzou embroidered waistcoat, (worn underneath), £73 // Rutzou metallic waistcoat, £73 // brown and gold Claudina shoes, £94, all from Manna // blue and white striped bangle, £28 // brown and white striped bangle, £28 all by Malene Birger from Manna // Gold copper leaf earrings, £60 // Gold copper necklet, £187, both from Letto's

**Ceconomy** - Tabby: Hilfiger shorts, £39 // Ben Sherman top, £32 // Thomas Burberry knitwear, £99 // Part 2 necklace, £25 // Biasia belt, £72 // Biasia wicker bag, £89, Mustard shoes by Carvella, £67.50, all from Voisins // Swarovski bangle, £114.95 // Swarovski hoop earrings, £63.95, both from the Swarovski store







**This Page** - Tabby: Brunello Cucinelli dress, £315 // Temperly brown clutch bag, £319 // Sonia Fortuna white and tan platform sandals, £195, all from Renaissance // tootal green scarf, £27, from AxleMan // Swarovski heart pendant, £55.50, from the Swarovski store // Bohinc gold and white earring, £107, from Lettos

**Opposite Top** - Tabby: blue and white striped skirt by Joseph, £145 // white embroidered bikini, by Maliparmi, £75 // green knitted cardigan, by Nicole Farhi, £195 // Unisa scarlet wedge, £69 // green leather holiday wallet by Tabitha, £49 // Mikey mirrored bracelet, £22, all from Nautilus // Swarovski cube earrings, £84.95 // Rock crystal pearl and silver pendant, £540, from Lettos

**Opposite Bottom** - Ollis: twist leg flap pocket shorts by Yen jeans, £135 // Paul Smith striped belt, £65 // Paul Smith multi fly t-shirt, £39 // Paul Smith comic mini print bag, £225 // Paul Smith green repair detail cardigan £135, all from Massimo









Ollie: grey Ted Baker shorts, £50 // navy Duffer polo shirt, £36 // khaki Diesel jacket, £158 all from Axle

Ollie: White Savona shirt, £37.50 // brown Volcom shorts, £42.99 // Brown Billabong rucksack, £32.99, all from Surf Dive and Ski  
Tabby: LaPele bikini bottoms, £12.60 // LaPele bikini top, £19.80 // B.young t-shirt, £17.99 // Betty Barclay cardigan, £58.50 // Latino white wedges, £50, all from De Gruchy // Swarovski crafty long necklace, £140.50, from the Swarovski store

We are currently in the Bath Street entrance of the arcade awaiting the opening of our new premises.  
watch this space.



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# fashion watch \_ sarah mansell

With summer now in full swing, it's time for your feet to come out of hibernation. This summer metallics are massive with subtle hues being favoured and remember comfort is also key. Birkinstocks again take centre stage and Ipanemas a new footwear brand to Jersey are also at the forefront of footwear fashions. Heidi Klum has continued her exotic collaborations with Birkinstock and they are available at Marc2 but beware, they carry a hefty price tag! This summer there is so much to choose from, we really are spoilt for choice.



Ipanema blue flip flop £14.99 Roulette Men



Abano jewelled white flip flop £64.99 Marc 2



French soul sparkly pump £75 Roulette Woman



Grendha blue pumps £17 Roulette Woman



Carvella jewelled flip flops £27 Voisins



Quicksilver leather upper flip flops £32.99 SDS



Reef branded flip flops £12.99 SDS



Carvella plastic jewelled t-bar £27 Voisins



Ipanema White flip flop £14.99 De Gruchy



Ipanema white strap sandal £17.99 Manna



Super birki's £29.99 Marc 2



Birkinstock Madrid £29.99 Marc 2



Ipanema Gold Flip flop £15.50 Bliss



Paul Smith Deck flip flop £89 Massimo



Unisa chocolate Flat £59 nautilus



Metallic flat from high heels and handbags



Manufacture d'essai Jewelled butterfly sandal £79.99 Marc 2



Yellow Leather sandal £40 De Gruchy



Neil Barrett cross toe flip flop £39 Massimo



Nine West Gold t-bar Sandal £55 De Gruchy



Heidi Klum Gold jewelled Birkinstock £149.99 Marc 2



Blue Harbour leather upper flip flops £15 M &amp; S



Ipanema brown flip flop £14.99 Roulette Men



Ash pink silk satin pumps £49 Nautilus

## Foot Care \_

To wear these beautiful sandals and flip flops you need presentable feet! Read on for all the lovely treats to spoil your feet!

### tulip toe separators \_ @ Bliss

Use these pretty little toe separators to make sure you don't smudge your freshly painted nails.

### reveal your sexy soles \_ by get fresh @ Bliss

This is the perfect three step foot pampering kit. This cute little kit contains a pre-exfoliation foot gel, a moisturizing sugar scrub and an intensive foot repair crème.

### Water therapy foot smoothing cream \_ by Clinique @ Boots

Allergy tested and 100% fragrance free this smoothing cream deeply penetrates the skin so is very good for dried out feet.

### Armor top coat \_ by Zoya

To keep your newly polished nails chip free apply one coat of this nail lacquer.

### Pedicure in a jar \_ by Elle Macpherson @ Boots

Will make your feet silky smooth, lather on this yummy cream before your go to bed then put on the little socks that come with it – Voila in the morning you will have silky soft feet!

### Peppermint cooling foot rescue treatment \_ by The Body Shop

It is almost essential to have a little pot of this stored away for the times when you have been on your feet all day. This lovely cream will cool and sooth your tired feet.

### Power toenail clippers \_ by Tweezerman

These are the best in the business, the ones the professionals use and they come with a lifetime guarantee!

### Foot file \_ by Elite

This double sided pedicure file is great for removing hard rough skin from the balls and heels of your feet (follow with and intensive moisturizer to soften he skin)

### Pink grapefruit nail polish \_ by No 7 @ Boots

This bright pink looks great on summer toes, especially next to lovely tanned feet

### Madison nail polish \_ by Zoya

This opaque light pink gives toes a healthy natural shine.

### 60 second fix for feet \_ by Crabtree and Evelyn

This super mini kit is perfect to take on holiday for a bit of extra pampering, comes with foot scrub and extreme moisturizer that both smell delicious.



## Basic Pedicure

### Step 1

Soak your feet in warm water (for extra pampering add a few drops of your favourite bath oil!)

### Step 2

Tackle any hard skin with a foot file and use an exfoliator over the whole foot to remove any dead skin.

### Step 3

Trim your nails with toenail clippers (toenails should be cut straight-ish

as opposed to the more curved fingernails.) Put on a toe separator and paint your nails your chosen colour (paler skin tones can pull off stronger colours especially rich pinkish browns, and more tanned skins look good with pinks and peachy colours – but it is good to experiment!)

### Step 4

Apply a rich moisturizer before bed and pop on some old socks. By the morning you will have soft silky feet.

## Foot fetish \_

foot fetishism encompasses a wide range of predilections; one foot fetishist may be aroused by scenarios that another fetishist finds unerotic or even repulsive. Websites exist that cater to a number of specialized scenarios, including: women walking barefoot in the street with dirty soles or on uncomfortable surfaces such as hot pavement, feet pushing down on gas or brake pedals, feet crushing objects like balloons or toy cars, feet being pushed into mud or food, female foot torture (i.e. having the soles of their feet tortured or punished by whippings, hot wax, burnt with cigarettes, etc. see bastinado and falaka), feet being bound and tickled, and feet sexually stimulating the male or female sex organs through direct contact such as rubbing.

### Foot note foot advice

Get into a good routine of foot filing and intensive moisturizing once or twice a week to keep your tootsies in top tip condition. Feet can get some real nasties such as corns, verrucas and fungal infections (which make feet smell) treat any of these problems quickly and stop them in their tracks before they develop into anything more gross.

## men's skin care\_



### Men's skin care

Since the turn of this century more and more men have been discovering the benefits of beauty products; moisturisers, pore minimisers, hair straighteners and tanning products. Good on them, I say! No girl likes a dodgy mono-brow, fluffy hair and blemished skin. Men who take a little care of themselves reap the benefits, not only by feeling good in themselves, but through the reaction of the ladies.

**Zegna Intenso hair and body wash £14.45 @ Voisins**

This is a hassle free product, that saves time in the shower - plus it smells great.

**Lancome high definition shave foam £22.95 @ De Gruchy**

This rich foam softens & prepares the beard for shaving, as well as helping prevent irritation.

**Skin eye cream for men £38.50 @ Bliss**

This product is designed by doctors to help prevent wrinkles and dark circles.

**Joop! Summer Temptation fragrance (100ml) £21.30 @ Voisins**

The new fresh summer smell by Joop!

**Guerlain ultra matte bronzer for men £28.95 @ Voisins**

Comes with its own little brush to give an even, subtle tan.

**Comfort zone travel kit £28.04 @ The Club Spa**

Comes with shaving gel, after shave and eye gel all in a handy khaki travel bag.

### Guerlain Terracotta

The name Guerlain is synonymous with luxurious, high-quality make-up and their new range of Terracotta products is no different – pop along to Voisins and let the lovely woman on the Guerlain counter show you the ropes of gentle bronzing and clever highlighting.

**Sun Elixir, tan magnifier bronzing veil** - This is the perfect product to emphasize your collar bones; just push your shoulders forward and dab a line along your collar bones, to give you that supermodel definition £25.60

**Sun Gold, body illuminating gel** - This gel adds a glamorous golden gleam to summer skin. It is perfect for highlighting the areas you want to get noticed. £16.60

**Terracotta light, sheer bronzing powder** - This is an ingenious mosaic of five shades of compact powder, with both matt and pearly effects. It lasts for ages, and we have found that this is the most hardcore of beauty products, in the way that, despite us dragging it around for weeks on end in our handbags, it miraculously does not break up like other compact powders – our beauty assistant Tamzin's has been going strong since February! £23.00



### WHY MEN NEED THEIR OWN SKIN CARE PRODUCTS

Often the situation I hear is how husbands, boy-friends and brothers secretly sneak into bathroom cabinets and poach all your lovely lotions & potions. Your new beauty cream is disappearing and you don't quite know how the bottom of the jar is so near!

It is fantastic that men are now becoming aware of the need to care for their skin, but we don't really want them using our lovely skin care products .... (THEY ALWAYS USE FAR TOO MUCH!)

Male & female skin has the same essential structure but there is one BIG factor that has to be taken into account – is that MEN SHAVE !! Shaving removes essential lipids (which are protective and important for the skin to function), causes visible & non-visible abrasions and causes dryness & irritation

These skin problems can be easily solved through the use of a high quality shave cream and a good quality blade. Followed with an immediate application of a moisturizer preferably one rich in humectants –which assist the skin's ability to retain moisture and remain hydrated. Ingredients to look for are aloe vera and green tea which calm and soothe the skin.

Research shows that men are more likely to stay in the sun longer and use fewer spf and skin protectors ie hats and sunglasses ... leaving them more vulnerable to the harmful effects of the sun – premature –aging. Therefore anti–ageing products are becoming essential for them.

A good male regime @ THE VERY MINIMUM I WOULD ADVISE.....

AM

CLEANSE with a cleanser that doubles up as a shave cream

MOISTURIZE this is essential to nourish and protect - it should become as routine as brushing your teeth (try and find one with sunscreen in to give added protection)

PM

CLEANSE again and follow with a specific night cream to relax and rejuvenate whilst you sleep.

Also if you are going to spend prolonged periods of time exposed to the sun (ie lazing in the garden or for the more active sporting types keep re-applying a high factor sunscreen through out the day to keep sun damage to a minimum. The skin will still tan, but you will have a more gradual build up of colour as opposed to burning!

## Bliss



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waxing, la stone therapy plus many other aspects of  
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NO FEAR  
Being tango-ed  
and patchy are  
now things of the  
past – the fake tan-  
ning industry has  
come on in leaps  
and bounds, so  
if you set enough  
time aside and take  
due care you can  
definitely achieve  
a healthy bronzed  
glow which no-one  
will suspect of be-  
ing fake.



**Reasons you need fake tan:** Being brown is one of the best quick-fix slimming tools that there is; To get a tan in the first place you need to let your pasty winter flesh loose on the world – by disguising it with a fake tan you can secretly do this! Apply LANCASTER TAN MAXIMISER £19.90 to help accelerate this process. God chooses which days are sunny according to whatever days you are in the office (it IS a conspiracy). So beat the system with a bit of fake tan.

## Fake Tanning Problems Solved:

**Streaky tan** this happens when you don't rub the fake tan in well enough. Make sure you apply the tan in good natural light and preferably in front of a mirror, so you can make sure you thoroughly rub all the product in evenly.

**Patch** you need to exfoliate all over (using a different exfoliator for face & body), then apply moisturiser and leave it to sink in for 1 hour minimum.

**Orange not brown** If you have had a bad experience with a fake tan, do not be put off, just try another one. Or alternatively try a tan which builds gradually day by day till you get your chosen level of tannage. DECLEOR PERFECT SCULPT £32.00 is great for this and you get all the benefits of a firming gel at the same time!

**Ginger eyebrows** Face tanning can be very scary because unlike your body, where if you have a disaster you can just cover up, it is a lot harder to casually cover your face - balaclavas in summer aren't all that inconspicuous. Try ESTEE LAUDER'S SELF TANNER FOR FACE £24.00 which you can see as it goes on, so you can be certain to get even coverage, and it has the bonus factor of SPF 15. Once it is on take a cotton bud and carefully run it over your eyebrows, back and forth, to take off any excess tan.

**Dodgy coloured hands** My top way to combat this is: once you have applied your fake tan all over, wash your hands thoroughly with an exfoliator, making sure you don't splash your newly-applied tan! Then apply a really mild fake tan (such as daily moisturiser with tanning agents in it) mixed with a normal moisturiser, coat your hands in this concoction

then wipe it off just your palms with an old towel, and lightly dust the towel over your knuckles. After 15 minutes when it is all dried in apply more moisturiser to and around your nails.

**Smells sickly** Try the POUT BEYOND PARADISE KIT £25.00 - these products are specifically designed to have a light pleasant smell.

**Doesn't develop quick enough** Try a make-up tan such as JIFFY TAN BY BENEFIT £15.00 which you can put on for a party and have your golden sparkling glow, then simply wash off at the end of the evening.

**Too expensive to fake tan** Not true - pop into Boots and there are loads of inexpensive tanners such as RIMMEL'S SUN SHIMMER TAN GEL £4.99, try them out and find a good one for you.

## Bronze goddess - Get that healthy glow!

I.D BAREMINERALS FACE COLOR £10.12 @ [www.ulta.com](http://www.ulta.com).

This is lightweight and gives a natural luminosity.

DIOR BRONZING POWDER 020 £20.40 @ de Gruchy.

This light shimmery bronzer is excellent for highlighting cheekbones.

THE BODY SHOP SHIMMER WAVES £14.00 @ [www.thebodyshop.co.uk](http://www.thebodyshop.co.uk).

One word. Versatile.

ESTEE LAUDER BRONZE GODESS £20.00 @ Boots.

Has a unique oil-control complex that keeps skin shine-free.

CLARINS BRONZING COMPACT £18.00 @ de Gruchy.

Comes in a cute little pouch and gives a subtle, tanned appearance.



### beauty stockists

GUERLAIN	Voisins	837100	DECLEOR	Bliss	789911	ELLE MACPHERSON	Boots	730432	THALGO	L'Horizon	743101
ESTEE LAUDER	de Gruchy	818818	COMFORT ZONE	The Club Spa	876609	CLARINS	de Gruchy	818818			
ESTEE LAUDER	boots	730432	JOOP!	Voisins	837100	RIMMEL LONDON	Boots	730432			
BENEFIT	De Gruchy	818818	ZEGNA	Voisins	837100	SKINN	Bliss	789911			
LANCASTER	De Druchy	818818	THE BODY SHOP	<a href="http://www.thebodyshop.co.uk">www.thebodyshop.co.uk</a>		CREME DE LA MER	de Gruchy	818818			
I.D BAREMINERALS	<a href="http://www.ulta.com">www.ulta.com</a>		DIOR	de Gruchy	818818	AVEDA	Elmina	610082			
LANCOME	De Gruchy	818818	GET FRESH SPA	Bliss	789911	POUT	<a href="http://www.pout.co.uk">www.pout.co.uk</a>				

## gallery guinea pig — we go and experience things and give you the scoop!

### Pedicure —

Emma Watson at Bliss

Pedicure, £45, 1 hour

Tel: 789911

As a waitress I am on my feet for the best part of the day. So now that summer is coming and I am eager to slip into some sandals I know that the only thing for it is a pedicure. My feet have been left looking tired and worn after hours of hard work so I called up Emma at Bliss to book an appointment.

In the salon there was no ridiculous chair that would have made me feel like I was at the dentist but instead a comfortable place to rest, and overall the atmosphere in the salon was so relaxed I felt as though I could have fallen asleep!

The first part of the treatment was a footbath. This was no ordinary bath - designed for optimum hygiene the plastic liners are only used once. It contained Essie salts with eucalyptus and menthol that hydrate the feet and as I sat there and soaked up the moisture I read the Beauty bible that Emma stocks in her shop to occupy me.

Emma is simply a fountain of knowledge when it comes to beauty and skincare and as we chatted I picked up some fabulous tips that really gave me insider's knowledge.

My toenails were then filed to tidy them up, and I have to say even at this early stage in the treatment my feet were already looking better!

A down and dirty Get Fresh foot scrub was then used which also contains pumice stone - for maximum effects! This was massaged in circular massage motions over the whole of my feet. Emma let me in on a secret here, telling me that doing this step yourself is best as it exfoliates the hands at the same time. The exfoliator that she used is intended for nightly use and it encourages dead skin renewal on the feet.

The treatment didn't stop there - I was then given a further massage with the Lush Rescue Me cream which also exfoliates the skin using alpha hydroxy acid. This was followed by a final rasp.

The final part of the pedicure was of course the nail painting. Emma does do French pedicures but prefers a solid colour which I agree is far more sophisticated. Two coats of colour were applied then I waited as my feet dried to perfection!

Leaving the store in my usual closed toe flats felt pointless so I treated myself to a pair of Ipanemas from the shop for £15.50, in order to show off my pedicure! I walked down the street in my first pair of flip flops of the year.



### Reflexology

Helen Moore at Shine Reflexology

£35 for a one hour appointment

£175 for a course of six

Tel: 736916

Reflexology is an Asian healing tradition, in which the feet are manipulated and studied to understand what is happening in the rest of the body.

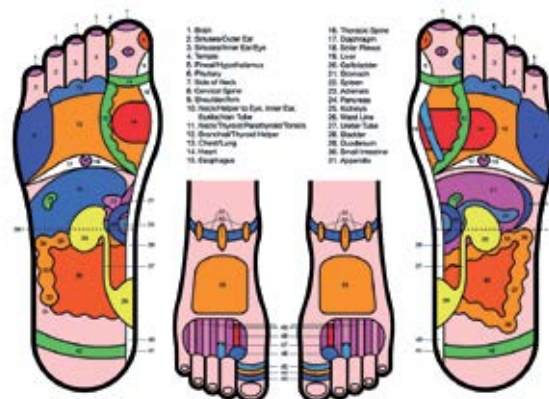
In the same way that if you are feeling ill your facial skin complexion will change (i.e look pale, blotchy, spotty) your feet also bear tell tale signs of what is occurring in your body system. Calluses, pain, swelling or irritation in certain areas of the feet may indicate trouble in specific corresponding organs or glands. Through massage the body is re-balanced, and ailments are healed. Kneading specific pressure points on the feet frees energy and encourages toxins to leave the body. The bottoms of our feet are actually road maps of our energy zones; they can tell us a lot about the condition of its various parts and systems

I went along to the Shine Reflexology treatment room in town to give it a go! My reflexologist was a lovely girl called Helen, who immediately made me feel at ease with her bright open nature. We started the session by running through a questionnaire so that she could establish any problem areas to work on. Then it was just a case of lying back and relaxing whilst she got to work on my feet.

I was worried because I have ticklish feet, but the pressure she applied was firm and did not tickle at all. It was really nice to have my feet massaged, as they are a very neglected part of my body; the treatment really made them feel light and soothed.

Many people go to Helen for the relaxation aspect of reflexology, and I can see why; it was easy to just close my eyes and forget about the stresses of the day - Helen was specifically working on my stress points so this may have been why I felt able to relax to such a degree. After the treatment Helen told me about the problem areas which she had found in my feet. She said that she had worked on my lower instep on one side where the bladder is linked to, and that I should drink more water to prevent any bladder problems occurring.

After the treatment I felt deeply relaxed, this would be a great treatment to have after a busy period of work, or if you are just feeling a bit run down as a pampering pick me up.



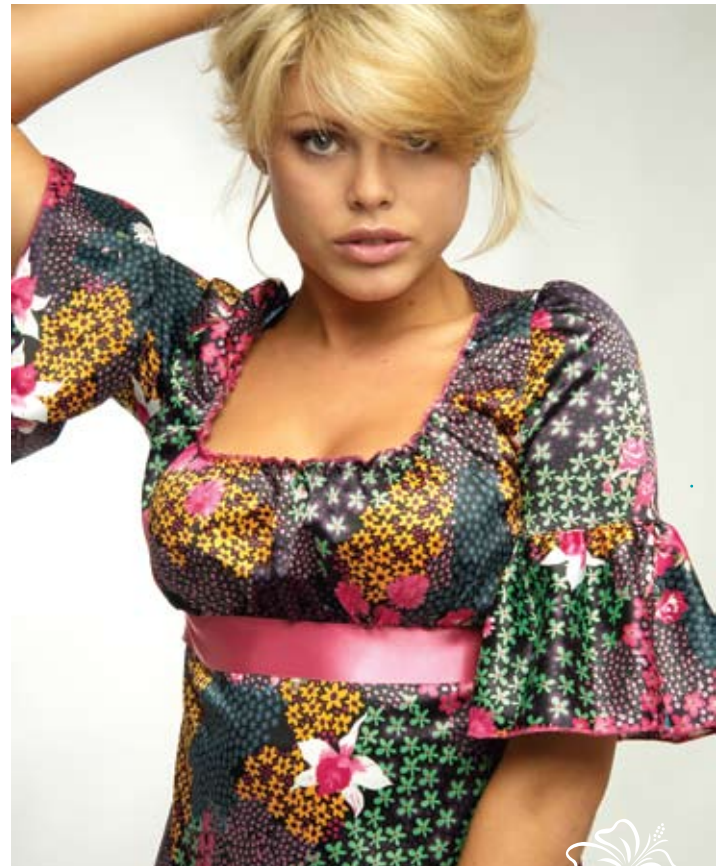


## Experience Crème de la Mer

There is a opportunity at De Gruchy's the week of June 18th – June 22nd to have an exclusive Crème de la Mer pampering facial with Sonia Cristo for only £25 (redeemable against any products purchased that day!). The lucky few who book their appointments early will be some of the first to discover Crème de la Mer's new skincare miracle, The Radiant Infusion.

## Mac attack \_

the new Mac tendertones will be in soon , these pretty little gloss/balm/tints are perfect for the summer as they have an SPF of 12 so your lips will protected as well as have a silky summer sheen.



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REVIVE  
REFRESH  
RENEW**



## choosing a personal trainer — Steve Longstaffe

I am constantly asked about the different techniques of personal trainers, such as where we do our qualifications. This month I have therefore decided to look at the criteria the individual should consider before choosing a particular trainer.

More and more people are choosing to work with a personal trainer. This can be for many reasons; they may need the motivational support, or to learn proper training techniques, they may feel self conscious about training by themselves, or they want to enhance a particular part of their body, and want to do it quickly.

As you will be spending quite a bit of time in your trainer's company it is definitely worth considering the following:

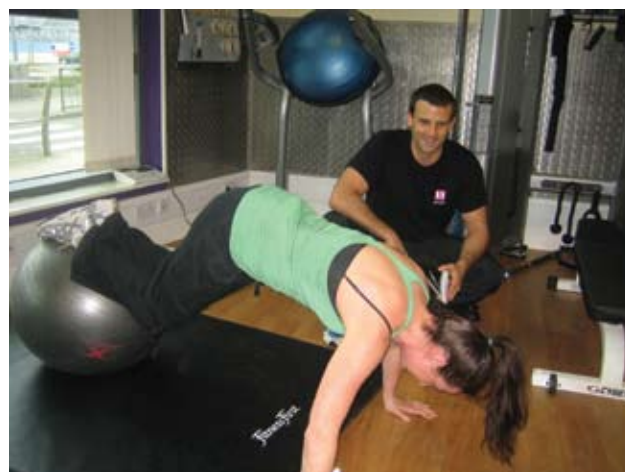
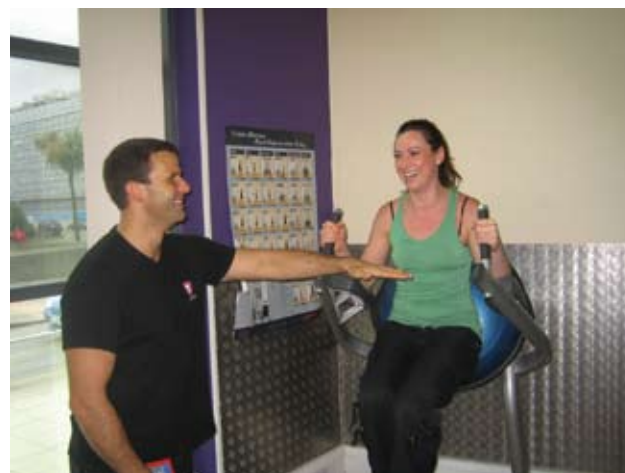
- Experience
- Education
- Personality
- Business Practices

Experience is of key importance, because the trainers themselves will have needed time to fine tune their skills and utilise the techniques that really get results. Poor experience can lead to poor techniques which, in turn, can lead to injuries. Experience in other sports and activities outside the gym is also important. Often the client will want to enhance their abilities in various sporting activities, it is good that your personal trainer can therefore have a breadth of knowledge that can help. A good trainer should also possess critical thinking skills. They shouldn't simply do what all the other trainers are doing or copy workouts and exercises straight from a book or website.

The personal trainer's education is also extremely important and worthy of scrutiny. With such a growth industry there are many training companies out there willing to pass people with basic qualifications, so be aware. As a client it makes much more sense if you have a trainer who has extra qualifications in disciplines such as nutrition or sports injuries as you will then have access to a fuller 'package'. Always check the trainer is covered by the Registrar of Exercise Professionals (Reps) and to what skill level as this will mean you are covered by insurance. Personality is more of a factor and you will discover how much so once you have tried a few sessions, although the more questions you ask at your initial meeting, will help you discover whether you get on with your potential training partner. Personality clashes can arise! Therefore don't feel worried about trying trainers until you find one most comfortable with. Often your chosen personal trainer could end up training you in your own home, or sometimes end up socialising with you, so do consider this before settling for somebody you are not at ease with.

Good Business practices are also extremely important. You may get along but if a trainer is always late, or does not keep a good track of your or seem disorganised it will soon prove tiresome. Remember after all you are the client! You are the one who is paying for a good all round service, and your needs should be met to a standard that surpasses your expectations.

Steve Longstaffe, Personal Trainer, Fitness First





## To drink or not to drink: the effects of dehydration

As this is the 'water' issue we asked our resident nutritionalist Mandy Barton about what to do if we don't get enough of it!

**Q: So Mandy, give us the gory details: what happens to your body when you don't drink enough water?**

To put it bluntly your wee turns a darker shade of yellow and it may have a stronger odour. You may go to the loo less often as your urine output decreases. In extreme cases the kidneys will suffer as they try hard to maintain the correct salt and fluid balance in the body.

**Q: So what kind of effect does this have on your performance?**

Dehydrating your body is performance suicide. Dehydrate a muscle by only 3% and you cause a 10% loss of strength and an 8% loss of speed. Performance literally dries up! Dehydration, as you can imagine, is one of the biggest drains on your body and can leave you feeling weak and light-headed.

**Q: So how much are we supposed to drink each day?**

The minimum recommended amount is one litre per day - which can be pure water - but you can also have diluted fruit juices, herbal teas, fresh fruit, vegetables and soups. Tea and coffee can be included but as caffeine is a well-known energy sapper, which can affect mineral absorption, these should be limited. Take it easy on the double caps!

**Q: What are your top tips for staying hydrated?**

Buy a 1-litre bottle of water to keep on your desk or table at home and sip throughout the day. Stick to water when training. You can also have a good quality sports drink - one that contains the right combination of carbs and electrolyte minerals - great for endurance events to give you that extra edge! Finally remember: Thirst is one of the first signs of dehydration!

Mandy Barton, Nutritionalist, Active

### Interesting facts \_

Your bones that support you are 25% water

Muscles that drive performance are 75% water

Blood that carries nutrients is 82% water

Lungs that oxygenate are 90% water

The brain that motivates you is 76% water



restaurant review

## sumas

It was a tough call this month to decide on a restaurant to feature in the water issue. A restaurant with stunning sea views? Hmm. We were spoilt for choice. But for incredible views, a castle and yachts bobbing in the harbour, it just has to be Sumas. After all, it's hard to beat a restaurant where you can see the boat that brought in your seafood...



Sumas certainly has an impressive vintage – the restaurant celebrates its tenth birthday this month. Before Sumas was Sumas, it was a Tudor-style tearoom for Mont Orgueil day-trippers, complete with lurid red carpet and fake black-painted beams. And then the Longueville team came along and in a makeover worthy of the House Doctor, turned it into a chic and contemporary restaurant complete with whitewashed walls, wooden floors, Conran chairs and bespoke artwork from local artist Paul Kilshaw.

As Longueville's "baby sister" restaurant, Sumas is in a great position to benefit from the hotel's expertise. Sumas' chef Daniel Ward started out in Longueville's kitchens, and the hotel's manager Pedro Benton handpicks the extensive wine list. Unsurprisingly, it's the regular haunt of the Gorey great and good – a restaurant that aims to offer fine dining in a fresh and airy atmosphere.

We started with a couple of glasses of Sumas' own label champagne. Dry and crisp, it was closer to Krug than your average house bubbly, and at £7.50 a glass, probably a touch cheaper too. Our waiter brought us over a generous platter of homemade breads, with a goat's cheese, anchovy and parmesan dip. We'd already checked out Sumas menu online ([www.sumasrestaurant.com](http://www.sumasrestaurant.com) if you want to make yourself feel hungry) and decided we'd go for the lobster ravioli with shellfish foam and the quail and foie gras platter to start. The lobster ravioli was light and soft – a touch on the soggy side – but still delicious, with a good strong lobstery flavour. The

duo of quail was fabulous – I was expecting to struggle with those fiddly bones, but Sumas solves the problem by giving you just the breast. All the full flavour of the dark gamey meat, served wrapped in bacon, without any of the fuss. The melting foie gras comes with a great sweet accompaniment of pumpkin jam and a brioche 'finger' but be sure to add the optional glass of Sauternes if you want the classic rich and sweet foie gras experience.

Our main courses were the fillet of Scotch beef with a slow roast beef tomato, and the delicious sounding breast of Gressingham duck with sweet potato and plum jam. The charming restaurant manager and "maitresse d'" Susan Rossell was on hand to give wine recommendations. The wine list is an adventurous mix of New World discoveries and exciting new finds, with most of the bottles exclusive to Sumas. It's a great opportunity to try something new – Susan suggested we sample two of their best-selling reds – the elegant Portuguese Conde de Cantanehede (2001) to go with the beef, and a fruity well rounded organic Merlot (Les Grands Arbres 2005) for the duck.

The boyfriend didn't even let me get a fork in edgeways to try his main course; it all disappeared very quickly, as he chuckled about the witty pairing of beef with beef tomatoes. It was beautifully presented, a good size slab of meat topped with a Parma ham parcel of salty mushrooms. Big and bold with a delicate side – bit like him really. My duck breast with sweet potato was a good fit, taste-wise – with a great oriental edge from the spring greens, piquant plum jam and crispy wontons – although the wontons were a little too crispy for my liking.



And to finish - share if you dare the assiette of not-so-mini desserts, but be prepared to fight over the melting Valhrona chocolate fondant and the gorgeous nougat semifreddo. There's also a classic crème brûlée, a fabulously retro brandy snap basket with homemade raspberry icecream and delicious poached pears.

Our verdict? A la carte dining at Sumas doesn't come cheap, and some of the dishes are more memorable than others – but the view is outstanding. Our advice: make the most of the restaurant's surroundings - pick a gorgeous summer's evening when the tide is high, and book a table outside. The terrace is fully kitted out with electric heaters and chic rugs so you can stay outside and keep cozy as you watch the castle light up after sunset. If you're really lucky you might even catch a firework display for free. And if that's not value for money, I don't know what is.

And the rest...

## Restaurants with sea views

We're spoilt in Jersey. No, we really are. Almost every bay has its own impressive waterfront bistro or cliff top restaurant. We're so blasé about it, we can even choose the restaurant according to the romantic effect. Here are a few suggestions...

Nothing's more flattering than the soft golden light of a summer sunset. Head out west to Elly's and watch the sun set right in front of you – with a cracking curry thrown in.

**Elly's Bar and Bistro, Le Mont de la Pulente, St Brelade. Tel: 746444**

Show off the trophy girlfriend/boyfriend at the glamorous Terrace at L'Horizon. They can pose to their heart's content, you can settle down with some seriously good food.

**L'Horizon Hotel, St Brelade's Bay. Tel: 743101**

Looking to dazzle? The Boathouse's backdrop of twinkling St Aubin lights make a perfect setting to show off your sparklers – real or fake.

**The Boathouse, North Quay, St Aubin. Tel: 744226**

Going through a rough patch? If it's drama you want – crashing waves and all - book your table at the cliff top Le Frère. Just try not to look down...

**Le Frère Restaurant, Le Mont du Rozel, St Martin. Tel: 861000**

Impress your date with your impeccable taste at the Navigator – one of the best places to eat seafood in the island. Picture window sea views come free of charge.

**The Navigator Restaurant, Rozel Harbour, Trinity. Tel: 861444**

Morning-after brunches are the order of the day at the Driftwood Café. Fresh fish specials served to the calming sound of gentle waves – and there's always time for a pebble-skimming competition...

**Driftwood Café, Archirondel. Tel: 852157**

### This month's ratings

value for money	★ ★ ★
location	★ ★ ★ ★ ★
food	★ ★ ★ ★
service	★ ★ ★ ★
date potential	★ ★ ★ ★ ★

#### Sumas

Gorey Hill, Gorey

Breakfast : Saturday only

from 9.30 am to 10.30 am

Lunch : 12pm– 2.30pm

Early Supper : 6.15pm – 7.00pm,

table vacated by 8pm

(£15 for 2 courses, £17 for 3 courses)

Dinner : 7pm – 10pm

**Reservations : 01534 853291**

**[www.sumasrestaurant.com](http://www.sumasrestaurant.com)**

**“Good morning”**

Whatever side of the bed you got out of, the Café Bar at the Pomme d'Or has the perfect wake up for you to take-away between 7am and 12 noon.

**CAFÉ BAR**

**Are you feeling Naughty or Good?**

**Breakfast Take-away Naughty**

Bacon Roll	£2.50
Bacon & Egg Roll	£2.95
Croissant, Butter & Jam (2)	£2.00
Pain au Chocolate (2)	£2.00
Danish Pastries (2)	£2.00
Muffin	£1.75
Mixed basket	£4.50
Cappuccino	£1.75
Espresso	£1.60
Regular Coffee	£1.20
Latte	£1.75
Tea	£1.25
Hot chocolate	£1.65

**Good**

Fresh Fruit Salad	£2.50
Fresh Fruit Salad with Yogurt	£2.95
Freshly squeezed Orange juice	£2.00



## Homegrown Harvest \_

Jersey strawberries are well in season now and if you haven't tried them yet, make sure you get your hands on some. Compare them to the imported ones, mainly Dutch, and there's no contest. Picked when they are very hard and unripe for transporting and then exposed to ethylene gas to colour them up, they are watery and tasteless. Really you're better off not bothering. Our homegrown fruit is a different matter: Joe Freire grows 120 tonnes a season on his farm in St Lawrence and supplies only locally. His plants are grown outside in soil as they should be and he has plans to introduce that childhood treat of Pick Your Own so we can all get involved.

### Pour Over It

Once you have your bowl of ripe red fruit, your next dilemma is which cream to choose - single, double or whipping? Blessed with the best from our lovely herd, our creams are homogenised (a process in which the fat globules are evenly distributed) and then packaged with nothing added. The fat content and thickness determine the best uses for different types of cream.

**Single** It is great for spooning if you want decadent dollops on your fruit and puds. With a fat content of 18 per cent, it's practically a diet option.

**Double** A fat content of 48 per cent means double cream is really versatile. It can be indulgently dolloped over desserts or used in cooking, (the high fat content means it won't split or curdle when boiled). It can also be whipped up to one-and-a-half times its volume, but take care not to over-whip or it will suddenly heave into a solid buttery ball. You are aiming for a fluffy consistency and, if using an electric whisk, turn it off as soon as the cream starts to thicken and finish it off by hand.

**Whipping** With a 38 per cent fat content, this comes somewhere between the two. A lighter alternative to double cream, it will double in volume when whipped so it's perfect for puds such as strawberry pavlova.

### Try these simple additions...

#### Mint and strawberries

Roughly chop a few fresh mint leaves on top of some crushed strawberries and allow all the flavours to infuse and combine.

#### Strawberries marinated in balsamic vinegar

At first, this sounds suspect but give it a go. Sprinkle the fruit generously with sugar then three tablespoons of balsamic. Give it a good stir and leave to marinade for a couple of hours.



## The War on Terroir \_

There are more reasons to tempt you to eat out this summer with the Menu du Terroir now in its fourth year. The competition, which celebrates Jersey produce and recognises island restaurants for using locally sourced ingredients, is back. Chefs must use at least 80% fresh, local produce and demonstrate their inventive culinary flair. We can appreciate the stunning diversity of Jersey produce, whether it's bream or beetroot, turbot or tomatoes.

The competition is organised by Genuine Jersey, in association with Victor Hugo Wines and Laurent-Perrier Champagne. This year, 30 venues are taking part from pubs and gastropubs to the Island's best restaurants, with menus ranging from £9 to £65, so there is something for everyone.

The competition will be judged this month and the winners will be announced in early July, but you can have your say by leaving a review online. Check out [www.genuinejersey.com](http://www.genuinejersey.com) for venues and menus.

## past masters \_

### 2006

Hotel/restaurant category  
Winner - Jersey Pottery Garden Restaurant  
Runner-up - Longueville Manor Hotel

Brasserie/café category  
Winner - the Olive Branch  
Runner-up - Mary Rose

### 2005

Restaurant category  
Winner - Green Olive

Highly commended  
Jersey Pottery Garden Restaurant  
Ocean Restaurant at the Atlantic Hotel  
Short-listed - Olive Branch

Pub category  
Winner - Castle Green  
Short-listed - Tipsy Toad Townhouse





## A Grand Opening \_

foodie events



Albert Roux \_ making it 'magnifique'.

The new owners of the Grand are not doing anything by halves. They're quite clear that they want to have the best restaurant in Jersey and they know how to go about it. They have gone into partnership with no less than the full-blown French culinary institution, Albert Roux.

The original celebrity chef, he is a legend who has been head of the game for four decades. With his brother, Michel, he opened Le Gavroche 40 years ago and introduced London to serious French cooking. He was turning out perfectly risen soufflés when Gordon Ramsey was in nappies and Ramsey went on to train under Roux. Le Gavroche was the first restaurant in the UK to get three Michelin stars. We are talking big boys.

Monsieur Roux is consulting on all the food and its service at the new Grand Hotel. The repositioned brasserie, Victoria's, offers comfort dishes such as fisherman's pie and saddle of lamb and Tassili proposes the finest dining. He firmly believes that every aspect of a restaurant that he puts his name to should be 100%. "I will not suffer from staff any mistake." (One imagines that things might be a little sweaty behind the scenes.) Part of the ongoing training is to whisk staff off to Le Gavroche, now run by Roux's nephew Michel, to see how it should be done.

He says we are "truly blessed" here with the quality of our local produce. The menus have been developed with experienced Head Chef, Adrian Doolan and the focus is seasonal with a commitment to 80% of what is on the plate being local. A glance at the menus shows asparagus, lobster, scallops, rhubarb, strawberries, Classic Herd cheese and clotted cream ice cream.

It all starts with the ingredients but it is the alchemy that goes on in the kitchens that results in such mind-blowing food. The just-pink circle of duck stuffed with foie gras - its smooth richness balanced with the slight sharpness of the apple caviar (tiny red and green apples that look like caviar - something molecular apparently). The lobster tail on a spoon of risotto was sublime and wonderfully light with the pink champagne. Next came four perfect, sweet morsels of pinkish lamb with two soft tortellini and an excellent Pinot Noir. The dishes are perfectly balanced and the right size, so by the end you are replete and groaning only with pleasure. It is an absolute privilege to eat food cooked under the watchful eye of such a genius.

Tassili is intimate and has only 35 covers. It is all in black with high ceilings and good lighting. The tablecloths are black and the glasses with all those wines are beautifully elegant but overall it is still minus a few finishing touches. However, with the current owners everything will be attended to. Jersey's restaurants have upped their game in recent years, with two Michelin stars within our shores. If the opening night is anything to go by, Tassili is without doubt stratospheric and will confirm Jersey as a gastrodestination, which is good for all of us. These guys are unswerving in their vision to put the Great back into the Grand and they've got very deep pockets.

tassili



### Tassili Tasting Menu

Ballotine of Gressingham Duck with  
Apple Cider Caviar and Pear Chutney  
Chablis 1er Cru Domaine Des Maroniers 2003

--  
Jersey Lobster with Summer Truffle Risotto  
Perrier Jouët Rose Brut NV

--  
Cannon of New Season Lamb, saffron  
Tortellini and Baby artichokes  
Felton Road Pinot Noir, New Zealand 2001

--  
Truffled Classic Herd Jersey Artisan Brie  
Rioja Reserva Dinastia Vivanco 1998

--  
Poached Rhubarb, Clementine Compote  
and Fresh Jersey Strawberries  
Moët Chandon Rose Brut

--  
Coffee  
Petit fours

£65 per guest  
Minimum Two Persons  
Tassili is open from Wednesday to Saturday, evenings  
only

There is also a three course à la carte menu at  
£45



## The Wine Regions of France - Bordeaux \_ Eric Rombaut

This month we are touring the world's biggest and best wine-producing region. Home of the legendary reds - some of the world's most expensive wines - and also a diverse range of other excellent wines, including sweet whites from the famous Sauternes region, and powerful rosés.



Over a quarter of a million acres make the geographically defined Appellation d'Origine Contrôlée (AOC) of the region. Dominated by the historic and beautiful city of Bordeaux, the region's climate is influenced by its two rivers, the Garonne and Dordogne, which merge to form the Gironde, which then flows out into the Atlantic Ocean. Those vineyards lying to the west of the Garonne and

Gironde are designated wines of the Left Bank, and those to the east, Right Bank. In the Middle Ages it was ruled by the English for more than 200 years and so began the British love affair with reds they called Clarets. Contrary to popular thought, not every bottle of Bordeaux needs to be stored for 15 or 20 years in a cool damp cellar. The vast majority of all Bordeaux wines, red, rosé or white, are meant to be enjoyed young. In 1855 the Bordeaux wine merchants classified the region's vineyards into five top classes or growths, below which sit Cru Bourgeois and, recently also, Cru Artisans. Many consider this classification to be outdated as it was based then on the price of the wines, and many of the vineyards involved have changed hands. But it still carries much weight and classified wines command huge premiums. These exclusive wines can be bought only through the recognised Bordeaux wine merchants and most is allocated en Primeur (before it is bottled) and later traded as the wine takes age and even more premium. Many of these wines are not ready to drink in less than 5 – 20 years.

### Grapes of Bordeaux

The red wines of Bordeaux are a blend of mainly Merlot, Cabernet Sauvignon and Cabernet Franc grape varieties.

**Cabernet Sauvignon** – has a deep red colour and a strong tannic structure. Its flavours take more time to mature but develop into blackcurrant and black cherry, with hints of cedar wood, cigars and mint.

**Merlot** – gives colour and richness to the alcohol. It's a softer grape, producing succulent, juicy wines with aromas of ripe, red fruit.

**Cabernet Franc** – is lighter bodied adding soft gentleness and fresh summer pudding aromas of red fruits. Also used in Chinon (see last issue on the Loire Valley). The white wines are a blend of Sauvignon Blanc and Sémillon grape varieties.

**Sauvignon Blanc** – provides good acidity and sugar. It has huge aromatic potential ranging from grassy notes to citrus and exotic fruits. Sémillon – is identifiable by aromas of apricots and peaches. It produces rich, soft and slightly oily wines, ideal for making dessert wines.



## 6 of the best Bordeaux wines



### Château Beau-Site Saint Estèphe Cru Bourgeois 1999

This powerful Merlot is beautifully made being both intensely fruity but balanced with tannins to give it a plenty to fill the mouth. Good now but still improving in the bottle if you can bear to keep your hands off it for a couple of years.

**£10.30**

**Vins Direct**

### Château Lardit 2003 Premières Côtes De Castillon

You'll see from the map that Côtes de Castillon is bang next door to the famous St Emilion and this delightful find is one of the best wines in the region. Aged in oak barrels, you'll find this powerful, robust and fruity wine (it's 80% Merlot) on the wine lists of some of the best restaurants on the Island. Wonderful with game, poultry and lamb as well as cheeses / spicy foods.

**£83.40 per case of 12 (£6.95)  
French Imports**

## The Vineyards



To understand the region's diversity we can group the vineyards into six types which roughly correspond to geographical areas and styles of wines. (see map)

Médoc and Graves: Left Bank wines with Medoc are predominantly Cabernet Sauvignon grapes whose vines thrive in the gravelly soil. Graves also produce fine white wines as well as reds.

**Saint-Émilion: St Emilion, Pomerol and Fronsac**, are on the Right Bank near the town of Libourne. This region produces mainly Merlot-based red wines.

**Côtes de Bordeaux:** Vineyards in this group take their name from the hillsides along the right banks of the Garonne and the Dordogne rivers and are spread across the entire region, producing red and white wines.

**Bordeaux and Bordeaux Supérieur:** Produced throughout the Bordeaux region in red, rosé and white. This is the largest and most diverse of the types with the wines' character depending on the different soils and growing conditions.

**Entre-deux-Mers:** Elegant dry whites are produced, literally "between the two tidal seas." This area is also a source of good regional (Bordeaux and Bordeaux Supérieur) reds.

**Sauternes and Barsac:** Golden sweet white wines, famous throughout the world, are only produced in this small part of Southern Bordeaux.

Thus ends a very quick tour of Bordeaux. I have recently attended the trade tasting of 2006 and am now receiving 2006 en Primeur offers from the Bordeaux merchants. If you would like to register with me for the latest offers please email me at [eric@frenchimports.biz](mailto:eric@frenchimports.biz). A votre Santé.

**Eric is founder of French Imports Ltd**

### Château Gressina 2005

This ripe, smooth, easy drinking red is ideal for every day. Soft and fruity, it slips down easily with roast lamb, comforting red meat dishes and sausages.

**£ 6.06**

**Marks and Spencer**

### Château de Gironville Haut Medoc Cru Bourgeois 1998

This tiny and exclusive vineyard covers just 12 hectares between Chateaux Cantemerle and Chateau Giscours, on the edge of the area famous for Margaux. They produce just 6000 cases of this beautiful wine each year and have been winning medals with it for the past 10 years. A delicious treat now but if you've got the will power, it'll be even better in a few years' time.

**£143.40 per case of 12 (£11.95)**  
**French Imports**

### Terre de Lion 2000

From the hallowed Left Bank this wine from St Julien packs a powerful, full-bodied punch. Nicely-balanced, it is aged in oak barrels and will enhance the flavours of red meat and chicken. Notice the absence of the word "Château" on the label means that this wine is made from grapes from a number of different growers rather than a single estate.

**£12.11**


**Marks and Spencer**

### Château Tour de Marbuzet Saint Estèphe 2002

A very nice bottle from the Left bank, a blend of 40% Cabernet-Sauvignon, 40% Merlot, 20% Cabernet-Franc. Great with a well hung steak and some fine cheese.

**£10.65**

**Vins Direct**




Louis Roederer, Maison Albert Bichot  
Kressmann, Guy Saget, Martine Thevenet  
Robert Giraud, McGuigan Wines, Carmen  
Wente, Chateau Musar, Casa Lapostolle  
Finca Flichman, Taupenot-Merme, Ott  
Alain Gautheron, Paul Jaboulet Aine  
Cave De Lugny, Vieux Telegraphe  
Selaks, Bruno Paillard, Pol Roger  
de Ladoucette, Joseph Drouhin  
Saumaize-Michelin, Meerlust  
Cave de Turckheim  
Peacock Ridge  
Weinert  
Cane  
Masi  
Deutz  
Listel  
Domaine des Clos, Torres  
Buitenverwachting, Schmitt Sohne

## The new Vins Direct shop

Opening in St Aubin's early June  
Next to The Tenby

Try before you buy with  
Wine Tastings Saturdays 12-4pm



**VINS  
DIRECT**



home profile

# all aboard \_

A life on the ocean wave, to most of us, conjures up images of roughing it on a ramshackle boat with basic amenities. But not so for some, who can expect en-suite bathrooms, flat-screen TVs and built-in dishwashers. This month Donna White takes our home profile all nautical for the water issue.





Nils' Predator 75 is a fantastic example of a home from home, and he is more than happy to give a tour. A widower from Norway with two grown-up sons, Nils enjoys three or four months of the year aboard his motor yacht, named the Atlantic Eagle. The vessel blends traditional comforts with the latest in marine technology.

Generously equipped for entertaining, the interior is luxuriously finished down to every last detail. It comes highly recommended, having won Motorboat of the Year in the 1999 BT British Nautical Awards.

But at roughly £1.5 million, you would expect every comfort of home to be there – and it certainly is. They come with a lot of kit and then you customise them to whatever you want. Every cabin generally comes with a flat screen TV and DVD, for example. But some customers like a Playstation in every cabin.

With twin 1550hp engines and a fuel capacity of 8,000 litres, the vessel can reach breathtaking top speeds of up to 37 knots (that's about 43 miles per hour), and takes Nils from his home in Norway to Jersey comfortably in around five days. "I tend to cruise at about 25 knots – I only take her up to top speed to test the engine." A state-of-the-art control room meets you as you step onboard. This is the area where Nils likes to study his copy of Reeds Nautical Almanac – his sailor's bible which contains navigational details for the whole of Europe.

**Descend to the living quarters and you find yourself in a saloon-cum-galley which combines luxurious style with every practical convenience. A flat screen TV and extendable dining table are the focal points of the room.**

The kitchen, to the right (or should that be starboard?) has all modern cons including a dishwasher and fridge freezer, which allows Nils to indulge his hobby of fine cuisine. "I like to cook Bacalao – Spanish for codfish – for some friends who I visit every year. "I enjoy dinner parties and the boat is equipped with everything I need to entertain family and friends." As he opens the many cupboards – all of which lock at the push of a button to ensure safety – he reveals a full set of crockery bearing the Sunseeker logo, all held in place on a special stand so nothing can be smashed. "It's got everything a good chef might need." And the vessel itself has everything a good host might need. Pass through the living area and you arrive at the VIP stateroom – a grand name for the guest bedroom, but when you see it for yourself it merits the name.

Nils and his sons selected the navy and gold colourscheme with a cherry gloss wood finish. Sunseeker offers its customers up to 150 different fabrics and a variety of woods. This is just the first of three bedrooms, all with en-suite bathrooms.

The owner's stateroom is on the port side, and comes with a music system set into the wall and surround sound, so Nils can be rocked to sleep by his favourite tunes – and not just the waves.



There are the luxuries you can see, and the cleverly hidden ones that you can't. For example, every cabin is fully air conditioned. But there's no loud unit buzzing away. "We have our own electric generator, which is very quiet," explains Nils. "You can hardly hear it." A third bedroom has two bunk beds, plenty of cupboard space and again it's own en-suite shower room.

Not the largest in the range – there is a Predator 82 (see over) and 108, Nils' yacht is certainly big enough to accommodate him, his sons and their families comfortably whenever they wish to come aboard. "I've been into boating since the mid 1960s," says Nils, who had his own telecoms company which took him all over the world.

And he's kept his hobby in the family – his son Sven owns his own navigational systems company while his other son Jan used to be a powerboat racing champion. In the winter, the Atlantic Eagle berths in Jersey, looked after by Channel Island Marine. Berthing costs in Jersey are around £4,000 a year.

**It is usually advised that a novice purchase a secondhand boat to use for the first year or so as their expectations and requirements are generally completely different to what they think they are.**

A boat like the Predator 75 also costs around £25,000 to maintain annually. This would include an annual engine and systems service, a thorough annual clean, antifoul and polish. A weekly boat maintenance plan is generally advised, unless the owners plan to spend a lot of time on board and are happy to do the cleaning themselves.





You don't have to be a millionaire to get a taste of a life on the water: Channel Island Marine have vessels starting from £4,000 and going right up to their largest brand new yacht – the Portofino 37m Yacht – which costs a cool £9.2 million.

It is usually advised that a novice purchase a secondhand boat to use for the first year or so as their expectations and requirements are generally completely different to what they think they are. Once you have spent a season boating then you will have far more definite ideas about what you want and a local yacht broker can then guide you into a more suitable vessel.

With beautiful coastlines to explore both in the Channel Islands and across to France, being on the water is a tempting prospect for many locals, and the social life among the yachting fraternity is an added bonus for anyone lucky enough to own their own boat. You also get total privacy, you can just find a quiet anchorage and chill out.

Nils agrees. And as he sets sail in his Atlantic Eagle, bound for Norway, he's the master of his ship, the king of his castle.... relaxed and totally at home.

### if you fancy a taste of the life \_ 'High Energy' is now available to charter.

If you're fortunate enough to be the recipient of a city style bonus or have a couple of good friends who feel like being frivolous this summer you could live the playboy lifestyle by chartering the new 'High Energy' Sunseeker 82 Yacht (right). Failing that, perhaps drop this copy of Gallery to your head of events organisation at work. Sarah Matlock of Channel Island Marine told us; "As the boat is based on the South Coast, she is ideal for corporate charter in the Islands and, as we are receiving an increased volume of enquiries for this 'bespoke' style of corporate charter, the individual service which 'High Energy' and her crew offers is ideal for this market." If your bonus is performance related, you better get working...



## fire it up — Vicky Fawcett

Barbies should no longer be about standing in the dark with a charred raw sausage. Warm weather and the longest days demand fun food in the open air. So come outside and get ready for a grilling.

### Gas or Charcoal?

Old-school classic or jet engine blaster? You decide. Either way the taste won't vary a lot but the way you cook it will.

### Top tips for coals

If you opt for purists' charcoal, you will need at least 45mins before you can start cooking (guys, pay attention and get it lit). You will need to be familiar with the how the air vents warm and cool and how to move the grill over the coals. Spread charcoal in an even 5cm layer. Beware of diving in too soon – the coals will only be ready when the flames have died down and they have turned a light, glowing grey. If you can only hold your hand above the grill for a second, you're hot. If you need to cool it, spread out the coals.

With the lid on, heat rises and reflects evenly around the food so that the natural flavours are sealed in. Keeping the lid on has the added advantage of preventing flare-ups (when the hot fat spits off the meat, hits the hot coals and flames char the food)

### Top tips for gas

Not totally foolproof. You do have to check you have enough gas – running out can put a dampener on your evening – and that you know how to connect it.

### The heat is on

We have checked out the best of the grills for your summer fun.

## Outclass

At last a grill which lends tone to your patio and garden. Designed by those pioneers in industrial design, the Danes, this slick Barbie is made of stainless steel and is both beautiful and functional. It comes with a fab range of accessories for pincing and daubing.

Eva Solo barbecue £276.60

and domed lid £67.23

istc.co.uk



## The Alien has landed

How pretty is this little turquoise number? Ditch those nasty readymade jobs that mess up the planet and take this cool and styley one with you to St Ouen's. You can position the lid to best effect with the wind.

Finished in turquoise enamel

it is 37cm across, so perfect for plenty of party food.

Weber Smokey Joe Gold  
£46.80 Ransom's



## In for a roasting

Marinated, Butterflied Leg of Lamb  
with Jersey Royals and Green salad  
serves 6

For the toppest of barbie nosh, you can't beat this dish for entertaining. You'll need to prepare it a little ahead of time but that makes it all the better for an after work feast.

300ml olive oil  
4 large cloves of garlic  
a couple of sprigs of rosemary  
zest and juice of a lemon  
6 juniper berries (Spice House in the Market sells little bags)

### Preparation

Ask your butcher to remove the bone from the leg of lamb, so you have a flattened piece of meat which, opened up, makes a vaguely butterfly shape. A 2.5kg leg will leave you with roughly 2kg joint.

In a bowl combine all the above marinade ingredients. Pour them into a hole-free plastic bag (far better than a bowl to get the meat in contact with the marinade) and add the lamb. Leave in the fridge overnight for all the flavours to infuse and, if it's not too hot get it out of the fridge four hours before cooking to let the oil loosen and warm.

### Cooking

Think of this as a big steak. Your cooking time will depend on the thickness rather than weight. If you're cooking over charcoal, make sure you push the white coals to the side so the meat isn't over direct heat, otherwise it will spit and make flames and you'll end up with a charred offering. Cook with the lid on for 10 mins each side. Give the



interiors: exteriors

## Stokin'

An all-time classic kettle, the iconic barbecue whose origins go back 50 years. If you're going to have a charcoal barbie, make sure it's this one and the new season's soft green fits well in the garden. The grill is a huge 57cm across, so room for a large slab of meat. The cooking grate is hinged and the aluminium vent on top won't rust. The ash catcher underneath makes cleaning up easier too.

**Weber One Touch Gold**  
**£144.99 Ransom's**



## Life's a Beach

This super-portable gas barbie is modest on the outside, but packs a powerful grilling wallop underneath that cute exterior. Proof that good things do come in small packages. Take it down to the beach with its tiny gas can and you'll have plenty of friends dropping by.

**Weber Q120 £119 Ransom's**

## Have a Cow!

The Aussies are used to cooking up a storm and with so many macho features, this Beefeater monster makes you feel hot just thinking about it. A fab rotisserie for perfectly cooked birds, a window for spying on your meat without reducing the heat and even bits for your sauces and towels. Definitely separates the men from the boys.

**Beefeater S3000 5 burner £2699**  
**Morton & Morton**



meat a good prod – it should be firmish but give a little. You want it to be still a touch pink on the inside.

Remove the meat to a warm dish and cover with foil to let it rest for 10 mins – remember it will still be cooking.

While it's resting cook a big pan of Jersey Royals with a couple of sprigs of mint and a sprinkling of salt. Serve with a melting knob of yellow Jersey butter.

Toss a mixed bag of Fauvic leaves (their Mediterranean bag has baby spinach, lamb's lettuce, baby beets and chards and salad Burnet) in a seasoned dressing of 4 spoons of olive oil and 1 balsamic vinegar.

Carve the meat and feast!



### Barbecues are not just for the carnivores.... grilled vegetables are delicious too....

Slice courgettes lengthways into 5mm strips, paint with olive oil and grill. Delicious with crumbly feta and a sprinkling of toasted pine nuts.

Slice aubergines in the same way, score both sides with a criss-cross pattern, oil and grill. Crush a small clove of garlic, chop a handful of flat leaf parsley, mix them into some olive oil and spoon over.

Grill Jersey asparagus and serve with golden melted butter and a squeeze of lemon.

Cut up a whole load of veg in chunks: red and yellow peppers, red onions, courgettes, asparagus – toss in olive oil and grill.



### Barbecued Bananas and Chocolate

While your grill is still warm here's a winning combination to try that's not just for kids. Run a knife along the length of the banana, through the skin and into the flesh. Stuff the gap with chocolate and put on the barbecue. The skin will blacken, peel it off and you'll have warmed banana with gooey melted chocolate.



# property finder



## St. Saviour Renovated Bungalow £465,000

A lovely detached 2/3 bedroom bungalow which has been completely redecorated throughout with the added benefit of new kitchen and bathroom installations. The property has front and rear gardens enjoying all day sunshine with stunning views over surrounding fields. The property has a bright and airy feel and is close to all schools and amenities. Truly walk in condition

Agent: Aspen

Call 781781 email: admin@aspenstates.je



## Grouville Character Cottage £299,000

An absolutely charming detached two bedroom cottage in immaculate condition throughout. Situated in a rural hamlet Le Coin Cottage is a property of immense charm and character. To the exterior is an enclosed decked garden and parking for two cars.

Agent: Slomans

Call 879787 email: sales@slomans.co.uk



## Grouville Can you keep a secret? POA

A very popular and well known coastal restaurant/coffee shop/tea room, with delightful 'al fresco' eating together with an attached 4 bedroom house offering spacious living accommodation. This property has been maintained and decorated with utmost care and attention by the current owners. Genuine reason for sale.

Agent: Oakland

Call: 720072 email: info@oakland.je



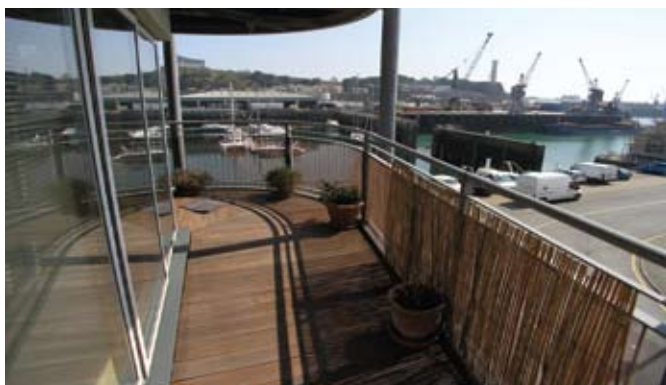
## St. Brelade Elegant living £1,150,000

This large, elegantly designed, ground floor, 2 bedroom apartment is in a prestigious development in a much sought after location, close to the beach, shops and on a bus route. The apartments are surrounded by beautifully manicured communal gardens. Private balcony or patio area, undercover parking for two, storage cupboard and ample visitor parking. Gas central heating, security access, lift access and enjoy the benefits of a caretaker.

Agent: Oakland

Call: 720072 email: info@oakland.je

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**St. Helier****£369,000**

An immaculate three bedroom apartment situated on the second floor of this prestigious block. Benefiting from a large balcony, two undercover parking spaces, a lock-up store and stunning marina views, this property warrants early viewing.

Agent: **Slomans**

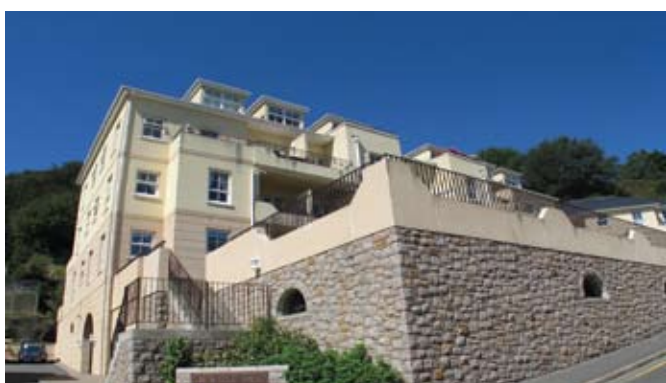
Call: **879787** email: [sales@slomans.co.uk](mailto:sales@slomans.co.uk)

**St Lawrence Luxurious Living****£1,950,000**

Set on an elevated site with outstanding sea and country views this stunning property has been renovated to the very highest standards. The luxurious accommodation briefly comprises:- Entrance Hall, Drawing Room, Dining Room, Snug/TV Room, Kitchen & Utility Room, Three Bedrooms, Three Bathrooms (all en suite), Office, & Integral Flat. Outside; a large courtyard, Gardens, Swim Spa, Hot tub, Double Garage and parking.

Agent: **JPL**

Call: **788788** email: [enquiries@jerseyproperties.je](mailto:enquiries@jerseyproperties.je)

**St. Helier Non qualified****£525,000**

Available to non jersey residents a non qualified beautifully presented 2 bedroom apartment, situated on the outskirts of St Helier within easy walking distance of all amenities. Light and airy accommodation with double aspect to the main living area. There are two balconies, two bedrooms, one ensuite bathroom and house shower room, fully fitted kitchen, lift service, secure tandem parking for two cars, visitor parking and caretaker.

Agent **Choice**

Call: **620620** email: [enquiries@choicejersey.com](mailto:enquiries@choicejersey.com)

**St Brelades Family Home**

**£795,000** Situated in a convenient location near to bus stops, shops and beaches, this stunning 4 bedroom detached property warrants very early inspection. Set on a large site and surrounded by sunny and safe gardens the property also benefits from a self contained bedsit. Many original features have been retained in the house with solid oak doors, stained glass windows and functional fireplaces.

Agent: **Jersey properties limited**

Call: **788788** email: [enquiries@jerseyproperties.je](mailto:enquiries@jerseyproperties.je)

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## projected \_

It may look like it has a mind of its own a la 2001 but this is the first DILA projector specifically designed for the home market. And it's brilliant. Think all your mates coming round to play on your game console on a massive projection screen. Think home cinema.

JVC's newly developed Direct Drive Image Light Amplification (D-ILA) technology is far superior to the old Liquid Crystal On Silicon (LCOS) technology. The DLA – HD1 is made for domestic use, living-room friendly, sleek & black. It has two HDMI's, a component video input, plus video and composite video options. However it lacks a D-sub PC input. But it's full hi-def 1920x1080 native resolution and astounding contrast ratio of 15,000:1 more than make up for this. Every other projector out there currently boasting contrast ratios of anything like this can only claim such figures because they use Auto Iris Systems – however the DLA-HD1 claims this 15,000:1 ratio without compromising the images brightness in any way!

The key to such a dazzling leap forward in black level is a combination of two innovations to the D-ILA engine. First, the latest 0.7in D-ILA device carries new ultra-smoothing technology that reduces irregularities in the liquid crystal alignment to reduce stray light. Secondly, it introduces new, next-generation liquid crystal materials and improved alignment technology to reduce the gap between liquid crystals so that light loss from the liquid crystal layer is reduced dramatically.

The picture quality of this blows all the others out of the water, more expensive models pale in comparison. It has definitely overcome the teething problems of JVC's past D-ILA projectors.

The fact that the DLA-HD1 has been designed for home use means that it is very simple to use. The on screen menus are surprisingly comprehensive (the people who normally create this high level of technology do not like us mortals to understand any part of it). The remote has actually been criticised for its simplicity!! Where as in fact I see usable technology as an excellent step forward. It looks a lot better being able to show off your new toys without having to resort to banging them against a wall in frustration.

Approx £4,000 may sound a lot, but in the world of projectors it is a fantastic price tag, and all the reviews on this machine rave about it's low price.

Overall this machine is truly unbeatable, the picture quality is stunning. Go along to Future Vision in Voisins and check it out.

**The JVC DLA – HD1**  
Home D-ILA Projector, Approx £4,000 from FutureVision





## audio visual gadgetry



### Slouchpod

Sit back and enjoy not only the comfort but thrill of the all-new slouch pod interactive bean-bag. Compatible with most games consoles as well as MP3, DVD/CD players and iPods, this bean-bag has built-in speakers and sub-woofer for a real surround sound...

£269 @ Futurevision at Voisins, Reegill, Les Quennevais & Morton & Morton, St Peter

### Samsung LE32 R71 EX

Boasting a combination of striking design with meticulous attention to detail, the new addition to the Samsung R7 range provides users with an unrivalled viewing experience, maximised through HDTV and Game Mode features. However, the real feature of the LE32R71 is its white colour, allowing fashion and style conscious trend setters to achieve the ultimate in interior décor.

£599 @ Homemaker



### JVC LT - 46DZ7

#### HD ready 46" LCD Flatscreen TV

JVC widescreen TV's are generally very high performance machines but with this one they've gone a step further. MaxxBass technology allows a rich resonant sound even at low volume. boosting low frequency output MaxxBass has a more powerful and dynamic soundstage than the rest. Along with this the twin oblique cone speaker system reproduces optimum sound quality without distortion.

We especially like the ecomode which allows screen brightness to be automatically adjusted according to the ambient light levels in the room - this means it is better for your vision as well as being energy saving. Also this is a 2 megapixel screen, so it is a jump and a leap ahead of most TV's which are a mere 1.2 megapixels

£1999 @ Futurevision in Voisins



### Philips Cineos 42"

Enjoy the ultimate viewing experience of this Philips Cineos Flat TV with Pixel Plus 3 HD, Ambilight Full Surround and Clear LCD technology. The Digital Media Reader with PC link gives you full access to multimedia content. This is seriously clever as it changes colour by knowing what is on the screen, like a chameleon.

£2529.99 @ Euronics



### LG 15LC1RB

Provides crystal clear images with all signal sources. By connecting to a High Definition receiver you can easily enjoy the picture quality of HD Broadcast. It has a unique table stand that pivots to provide integrated wall mount. Advanced Connectivity Includes inputs for the most advanced components. And it's a bargain!

£199 @ Homemaker

## get wet \_ water based gadgets for the summer \_ Ceri Milner



### power up your swimming

So much fun when snorkelling!! The SEA-DOO® Sea Scooter EXPLORER Zs7A, introduced in 2006, is the highest specification Sea-Doo® water scooter available - ideal for swimming, snorkelling and diving, both in the SWIMMING POOL and the SEA. What's more, SEA-DOO® is part of Bombardier - one of the world's most respected engineering companies - so you know you are buying a quality product from a quality company.

Sea Scooter EXPLORER overview:  
5.3km/h max scooter speed at a depth of up to 50m\*  
Extra running time - up to one and a half hours on a single charge  
Weight 14.5kg (incl. battery)  
Age range: teenage-adult  
Manual, charger and bag included  
Very low maintenance  
Satisfaction guaranteed!\*\*

£540 @ Apnea



### Mick Fanning sandals

These are WATER FRIENDLY and have a CONTOURED COMPRESSION FOOT-PAD WITH ANATOMICAL ARCH SUPPORT to make them extra comfy. But the best bit about these puppies is the secret bottle opener in the base!

£39.99 @ Freedom

the new Olympus 770 SW has a HyperCrystal LCD screen for great viewing even in bright sunlight. And it would be an excellent choice of camera for a superhero as it is waterproof up to 10m, freezeproof up to -10, shockproof and even Crushproof against loads of up to 100kg!! 7.1 Megapixels and 3x optical zoom - looks stylish in dark blue for the discerning superhero.

£225.97 @ Fotosound



### wet and warm \_ PSYCHO II Z.E.N. ZIP 3/2MM

The guys at O'Neil went into the Area 52 lab and developed the next generation in superstretch neoprene: Ultraflex™ XDS - the most gumballistic and insulative neoprene available. Combined with O'Neil's exclusive Double Fluid Seam Weld, the Psycho II is the only choice for the surfer seeking the most advanced cold water technology available.

HIGHLIGHTS : Firewall Chest and Lumbar Panels

£225 @ freedom



### Sing in the shower \_

A fun MW/FM shower resistant radio in the form of a jaunty Penguin. His flippers change the wave band or select a station. One foot is the volume control and the mask is an on/off control!

£9.99 @ Euronics

### soak your friends \_

Soaking victory is best served cold! The AQUASHOCK ARCTIC BLAST blaster gives you more than one way to shock and surprise your opponents: soak 'em in a stream or add ice to blast 'em with an all-out burst of freezing cold water!

£13.99 @ A Hundred And One Toys





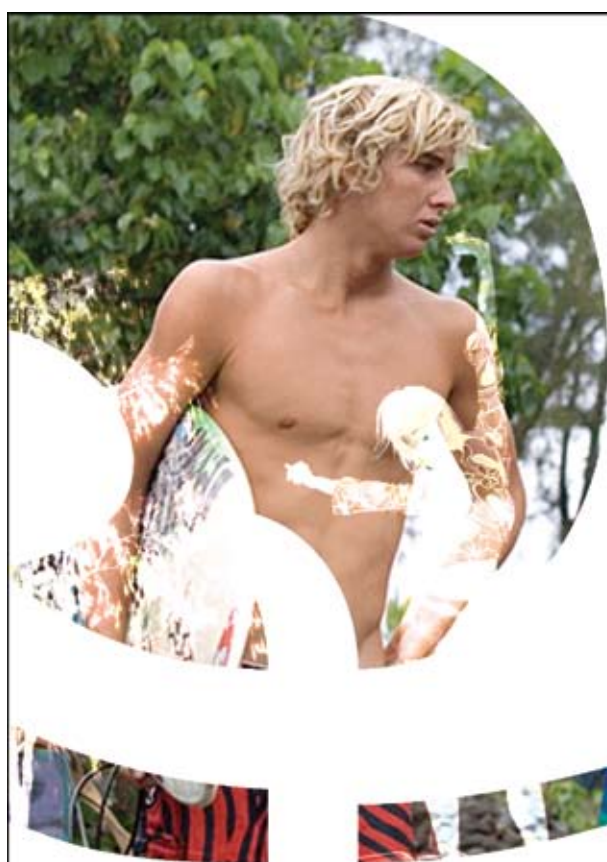
warm water, warm sand, ice cream,  
beach balls, flip flops, sunglasses,  
boardshorts, bikinis, surfboards, water,

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## EXTREME PEOPLE

## OLIVER HOLMES

Age? 27

## BEAN?

Sure am... Born in Jersey in 1979 and educated at Victoria College, then went on to De Montfort University in Leicester for three years where I completed a BA (Hons) degree in Multimedia Design. Now back in Jersey and working at Jersey Telecom...

## WHAT'S YOUR POISON?

Supermoto, hill climbing, sprints, motocross... in fact, if it has wheels or an engine I'm there! Oh yeah and I've just got into jet skiing - I can see that going somewhere too. If only the island still had a club to organise events!

## HOW EXTREME?

I don't like to be beaten! If I'm going to do something I'll make sure that I'm going to be the best at it. It doesn't matter what it takes... more training, more time on the bike, or generally more determination - I'll do it. As a wise man once told me: "Second place is the first loser". I've only recently got back on the bike after an accident I had at the final round of the French Supermoto Championship in 2005 in which I tore my ACL - ouch! Good news is that thanks to surgeons and physiotherapists at the hospital and an awful lot of training, everything's now fixed and stronger than before!

## WHERE?

I started this season with a two week training camp in Fortuna, Spain. It made sense to throw myself straight back in at the deep end after a year off. This season I'm concentrating on both the 450 and Open classes in the British National Supermoto Championship. At present I am 2nd overall in the 450 Championship and 3rd in the Open Championship, but I'm gaining on the top runners each meeting and hope to be at the top come the end of the year. I'll also be competing locally in the hill climbs at Bouley Bay. I currently hold the outright bike record with a time of 43.83 seconds, but watch out as I'll be out to lower that at the National in July. There are a couple of other events that I might be able to do in France and Belgium later in the year, but we'll have to see how the funds are doing nearer the time...

## FAN MAIL?

Can't say I've ever received any fan mail as such, but there's always a first time. Check out my website: [www.oliverholmes.com](http://www.oliverholmes.com), or email me: [oliver@oliverholmes.com](mailto:oliver@oliverholmes.com)

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this month's  
tides (st helier)

Date	High Water		Low Water	
1	07:22	32.3ft	19:40	33.1ft
2	07:57	32.6ft	20:15	33.3ft
3	08:33	32.6ft	20:51	33.2ft
4	09:11	32.1ft	21:29	32.7ft
5	09:51	31.4ft	22:10	31.9ft
6	10:35	30.4ft	22:56	30.8ft
7	11:26	29.4ft	23:50	29.9ft
8			12:24	28.7ft
9	00:53	29.3ft	13:31	28.6ft
10	02:02	29.3ft	14:40	29.1ft
11	03:13	30ft	15:47	30.2ft
12	04:20	31ft	16:51	31.6ft
13	05:23	32.3ft	17:50	33ft
14	06:21	33.3ft	18:44	34.2ft
15	07:14	34.1ft	19:34	34.9ft
16	08:03	34.2ft	20:21	35ft
17	08:49	33.9ft	21:06	34.5ft
18	09:33	33ft	21:49	33.6ft
19	10:16	31.8ft	22:31	32.2ft
20	10:59	29.9ft	23:13	30.7ft
21	11:43	28.9ft	23:57	29.2ft
22			12:29	27.7ft
23	00:46	27.9ft	13:21	26.8ft
24	01:40	27ft	14:19	26.5ft
25	02:41	26.6ft	15:21	26.8ft
26	03:44	27ft	16:20	27.7ft
27	04:43	27.9ft	17:13	28.9ft
28	05:35	29ft	18:00	30.3ft
29	06:21	30.2ft	18:43	31.5ft

All times shown are local time

## Disclaimer

While every effort has been made to ensure the accuracy of the information provided, no responsibility can be accepted by Gallery Magazine or Funky Puffin for any consequential loss or damage arising from its use.

FUNKYPUFFIN  
BE EXTREME

## One Relentless Weekend!

It's official! July 14th & 15th is the weekend of 'No Half Measures'.

The Watersplash will host 'The Relentless Weekend' with an array of extreme activities including a massive Freestyle Moto X demo on the beach, sk8 displays and loads more.

**To win a VIP pass** just tell us what Relentless is....  
(google will help!) answers on an email to  
[wave@funkypuffin.com](mailto:wave@funkypuffin.com)



WTF? Extreme Ironing is an extreme sport and a performance art in which people take an ironing board to remote locations and iron a few items of clothing. According to the official website, extreme ironing is "the latest danger sport that combines the thrills of an extreme outdoor activity with the satisfaction of a well-pressed shirt." Part of the attraction and interest the media has towards extreme ironing seems to centre on the issue of whether it is really a sport or not. We want to see your pics of extreme ironing. Best ones will win VIP passes to the 'Relentless Weekend' and may even be featured in Gallery. Email pics to [wave@funkypuffin.com](mailto:wave@funkypuffin.com)

If u need ideas locations have included a mountainside of a difficult climb, a forest, in a canoe, while skiing or snowboarding, on top of large statue, in the middle of a street, underwater, while parachuting and under the ice cover of a lake. Check out [www.funkypuffin.com](http://www.funkypuffin.com) for some more info and links.

2	9	16	23
DJ HYPE & MC DADDY EARL	AQUASKY & MERKA	ADAM FREEDLAND	RENNIE PILGREM
MANI, GROOVERIDER, JON CARTER, KRAFTY KUTS, PENDULUM			
£10 ADV	£5 DOOR	£12 ADV	£8 ADV
			COMING SOON



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## TEMPS, TEMPS, TEMPS!

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## Oh. My. God.

You may not have heard of motorcycle manufacturers Moto Morini but they have been around a long time, and whilst they were out of site for a few years, they're back. They are so back.

### Quick History (for the sensible reader):

Moto Morini, was started by the Italian Alfonso Morini, a gifted engineer with a great love of motorbikes. Alfonso had spent his earlier years learning his trade repairing bikes until in 1925 he was asked by his employer to design and build a 2 stroke single cylinder 125cc bike for racing, which was an immediate success. By 1927 he was achieving great success, with his bikes setting no less than 6 world records at one event alone, the Grand Prix of Nations at Monza. Records which stood for 20 years, then in 1933 one of his bikes went on to set the world speed record for a 175cc bike at 162kph.

In 1937 Alfonso Morini decided it was time to set out on his own, and created Moto Morini which in pre war Italy found itself manufacturing motorised tricycles. Not exactly what he had in mind, but it paid the wages.

Moto Morini progressed through the decades with a few interruptions, WWII being one of them, which saw his factory converted to war production, and subsequently bombed by the allies. But within a year of the end of the war it was back with a new factory and a new motorbike, the "125 Competition" which heralded Morini's domination of light motorcycle competition in the late forties and fifties.

That's almost enough history for one day, other than to say that until the mid eighties Morini continued to succeed and innovate with mostly small capacity bikes. But, times change and after a long decline through the eighties the Company finally closed down in 1993. The name was bought by Cagiva-Ducati but the momentum was lost. That seemed the end for Motor Morini.

In 1999 however the fun started again - the brand name was bought by the nephew of Morini who, with his Company Morini Franco Motori, experts in engine manufacture, set about restoring the name and traditions created by his Uncle Alfonso.

It took them 7 years but they did it. 3 models; The Corsaro (140bhp - mad) The Corsaro Veloce (155 bhp - Even mAdDer) and the 9½ (105bhp - quite sensible in comparison).

### So we had a TEST RIDE, which went rather like this:

1. Wheel beautiful yellow Corsaro out of shop
2. Start engine (note clever engine management when starting)
3. Stand with mouth gaping open at the unbelievable sound.
4. Whiz throttle every few seconds to make amazing sound even more amazing.
5. Close mouth, whiz throttle another fifty times
6. Wonder what riding a 1200cc and 140bhp bike does to the space time continuum
7. Release clutch and accelerate sensibly up the road, whizzing throttle (except when riding past policemen)
8. Never want to come back.

The Corsaro, despite having a huge engine is delightfully comfortable and nimble to ride. Seating position is good, with a lovely handlebar position, and the foot pegs quite high, tucking you in nicely. Good, except the footrest has a habit of catching your shin when you put the side stand down. A small price to pay.



If you, like me are used to riding a big trailie, you will probably find it makes your bike feel like a cross between a combine harvester and a rubber sofa in comparison.

**“There should actually be a recording of the sound these exhausts make - the CD would sell!”**

The ride is firm and sure and delightfully balanced, not that you really notice much because you are still listening to the exhaust more than anything. The engine, thanks to its locomotive level of power and torque is immensely responsive at low revs, making slow relaxed riding very comfortable and surprisingly easy. It is perfectly in its element riding around Jersey, even with the dratted 40mph speed limit.

However, if you were to be somewhere other than Jersey, where the speed limit was higher, like a race track, or France, or the salt flats in America where they do land speed records, then the rest of what the Corsaro can do, I'm sure, would impress you too.

I don't know what would happen if you really wound this bike up, but using a bit of the low end grunt it performs in an arm pulling out of sockets sort of way. The awesome power matched with the effortless handling, and that sound, all combines to make an incredible riding experience. You will never want to stop. I know I didn't, which is how I managed to get the bike back from the test ride an hour after the bike shop was supposed to close. (Sorry) That, or as I suspected when I first got on it, perhaps it did something to the space time continuum.

For more details check out the website – [www.motomorini.com](http://www.motomorini.com) or local stockist: Motorama, Great Union Road, St. Helier Tel: 722819

## motoring news \_ the what's what this month

### JAGUAR C-XF WINS EDITOR'S SPECIAL AWARD

The Jaguar C-XF concept car has won the Editor's Special Award at the 2007 Fleet World Honours which took place on Thursday 17 May at the RAC Club in Pall Mall, London. The C-XF is a stunning, four-door sports saloon which blends design purity with unmistakable dynamism and is a clear indication of the design direction that the next generations of Jaguar saloons will take.



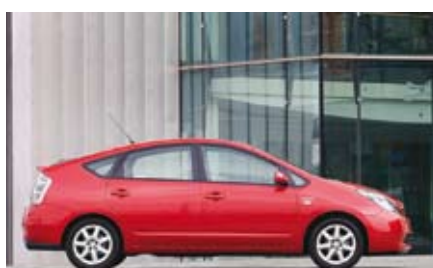
### SUNDERLAND SHIPS SECOND MODEL TO JAPAN

Nissan's Sunderland Plant has started exporting its second model to Japan in the space of just 10 weeks. In March, QASHQAI became the first Sunderland-built model in over a decade to be exported back to Nissan's home market. Now, the plant's Micra C+C convertible will join it on dealer forecourts across the country.



### HYBRIDS MAKE YOU HAPPY

Prius is top model in 2007 J.D. Power and Associates customer satisfaction study. Three other Toyota models ranked in top 10. Toyota retains overall position as fourth highest-ranked manufacturer. The Toyota Prius has earned many plaudits worldwide since its launch in 2004, but its latest accolade demonstrates the high esteem in which it is held by the most demanding of judges – owners.



### SUZUKI SPLASH

Premiered at the International Motor Show in Frankfurt / Available with three engines with CO2 emissions below 140 g/km. With the Splash, a new fresh and exciting small passenger car, Suzuki intends to gain a significant market share in this growing market segment in Europe. The new flexible compact car combines the sportiness of Suzuki's successful model Swift with the technologies and immense know-how of the Japanese world market leader in the mini car segment.



### SV1000 CLASSIC COMES TO THE UK

Making its encore following two years away from the UK market, Suzuki GB have unveiled a special edition, limited quantity SV1000, featuring a cafe racer inspired specification, named the SV1000 Classic. A popular model in the Suzuki range for a number of years, the SV1000 features the proven 996cc V-Twin engine with a traditional upright riding position, but is boosted on the Classic with the addition of Renthal handlebars and a single seat cowl.





## Jersey Live: The Local Bands \_ Annie Law

With Jersey Live 2007 becoming closer all the time, everyone is feeling the excitement. With the local bands and some of the UK acts confirmed everyone seems to be talking about the upcoming festival.

Kasabian and The Fratellis will be headlining and UK acts such as The Rakes, The Enemy, Goose, The Alter Kicks and The Veez have been confirmed and there are more acts to be confirmed soon.

Check out these bands at the following addresses to hear some of their music.

<http://www.myspace.com/therakes>  
<http://www.myspace.com/theenemycoventry>  
<http://www.myspace.com/goosemusic>  
<http://www.myspace.com/alterkicks>  
<http://www.myspace.com/theveez>

After the battle of the bands that has been taking place at Havana recently, Marvel, The Author, The Ok's and Tramp Sinatra have been put in the running for the mainstage at the festival in September.

we asked them a few questions...

How does it feel to be chosen to play at Jersey Live?

**The Author:** We feel really privileged to be playing the festival this year. Every band in the whole competition looked as though they were going through. The talent this year was the best we've ever seen it. So based on the competition, and the fact that we get to play on the same stage as acts like Kasabian and The Rakes, we're pretty damn chuffed. So we'd like to thank everyone who supported us through the heats and of course the judges for choosing us for the festival!

**Tramp Sinatra:** Elated & Optimistic.

**Marvel:** We are pretty chuffed to be recognised and chosen for two consecutive years, especially now as we have changed our music and had to rebuild a fan base from scratch.

**The Ok's:** Itchy with excitement. We're doing some other festivals here in Ireland during the summer but Jersey Live was the one we really wanted bad...think it's something to do with the vibe around the site.

If you could choose two bands to headline the festival, who would it be?

**The Author:** Given the current musical climate at the moment: Klaxons (because the kids love to whack out some glow sticks and jump around in fluorescent clothing) and Arctic Monkeys because their second album is the nuts. You just can't beat those monkeys.





**Tramp Sinatra:** The Good, The Bad & The Queen and Big Youth.

**Marvel:** We would choose Mika, lovely guy, and Natasha Bedingfield as we love the song I Wanna Have Your Babies

**The Ok's:** U2 on the Saturday. (its an Irish thing!!) and Muse on the Sunday (its an OK's thing!)

**What will you be doing in the next few months to prepare for the festival?**

**The Author:** Hopefully rehearsing for a change..... and Jim might re-string his guitar if we're lucky

**Tramp Sinatra:** Playing a load of gigs, write some more songs, stay up to all hours drinking and jamming, record an album and get haircuts.

**Marvel:** Nick wants to get a new hair cut to impress the UK bands and myspace kids. Sam will be doing philosophy course-work. And Dom and Todd will be chilling on the beach with Calippos and Orange Ribena.

**The Ok's:** We shall be writing lots over the course of the summer and doing some festivals as mentioned. We'll arrive on the Friday night before and just hang out and catch up with some friends over there. Its going to be a special weekend for us as its the last time we'll enter the 'Battle of the bands' and get to play with the unsigned acts.

If you want to check out the local bands out you'll find them on good ol' myspace...

<http://www.myspace.com/oksofficial>

<http://www.myspace.com/theauthormusic>

<http://www.myspace.com/trampsinatra>

<http://www.myspace.com/marveljersey>

**don't forget**

Tickets for the festival go on sale on the 1st June. For more details check out [www.positiv.org.uk](http://www.positiv.org.uk)

**congratulations to the local bands that made it through \_**



the author



tramp sinatra



the OKs



marvel



## get quivvering \_



if you'd ever been to the venue in the 90's you would have probably heard one of John Graham (QUIVER)'s sets. He was a regular fixture at 'unknown pleasures' @THEVENUE, the biggest and best club night in Jersey at that time. Under the alias Quiver, John was signed to A&M Records, along with writing partner Neil Barry. The likes of Sasha, Oakenfold, Digweed and many, many more became fans and Quiver became a household name. A shake up at A&M left Quiver free to move onto pastures and Paul Oakenfold was first off the mark in the Quiver chase. Already a huge fan who now saw the extreme talent ripe for the taking, Paul snapped up John and signed him to his own Perfecto label. He was Resident

for 2 Years with Oakenfold at Cream and also took up a U.S. residency (bi-monthly) @Twilo N.Y.C. John was placed NO 69 in the top 100 djs in the world this year: be sure to catch him on what is set to be AUDIOS biggest night yet.

Audio featuring Quiver . June 2nd Pure Nightclub 10pm-2.30am 18yrs & above

## micky slim \_



As one of the most charismatic individuals to smash his way onto the house music scene in recent years, Micky Slim is the Birmingham-bred bad boy that has arrived and is ready to take over. With an outstanding production portfolio that has had a phenomenal success rate of being heard on BBC Radio 1, an international residency that gives Micky global exposure, and a few helping hands, it's clear that Micky is not just one of the UK's finest up-and-coming talents, he is getting recognition the world over. In 2006 we

saw a collaboration with Chris Lake which saw the release of 'Shake', as well as remixes of Calvin Harris's 'Girls', Seb Fontaine & Jay P 'Do The Do', Jaydee's 'Plastic Dreams' and Adonis 'Rockin Down the House', all of which have been smashed on dancefloors worldwide. This year Micky has been snapped up by top London DJ agency IMD, who represent some of the top talent in the World, plus being offered an eight gig residency at the infamous 'Judgment Sundays' in Ibiza plus a residency at the fabulous 'Le Mix' in Paris. On top of this Micky has been busy in the studio reworking House of Pain's 'Jump Around' and 2 remixes for Skint Records and a further remix of the colossal The Freaks 'The Creeps'.

DJ Micky Slim. June 9th. Pure Nightclub

## cocktail of the month \_

### Watermelon and Basil Martini

A delicate mix of premium gin, fresh watermelon and basil. This is an interesting combination of exotic fruit, botanicals and herbs.

As pleasing to your eyes as it is to your palate,

### Ingredients

Crushed Fresh Watermelon  
Bruised Basil Leaves  
50ml Miller's Gin  
Lemon Juice  
Simple Syrup  
Garnish: A floating basil leaf

New ground floor lounge-restaurant serving express lunches and contemporary tapas now open, call 729904 to make a reservation.



“Candy is dandy but liquor is quicker”

Whisk(e)y: Bell's, Chival's Regal, Famous Grouse, Johnnie Walker, Jameson's, Bushmill's, Balvenie, Glenmorangie, Glenfiddich, Laphroaig, Monkey Shoulder, Canadian Club, Jack Daniels Old No.7 brand, Jim Beam, Southern Comfort, Buffalo Trace, Knob Creek, 9 yr Old Woodford Reserve, Makers Mark, Gentleman Jack, Jack Daniels Single Barrel, Jack Daniels Silver select, Wild Turkey 8 yr Old, Wild Turkey Rare Breed

Rojo Boutique Cocktail Bar, 10 Bond Street.

For table reservations call 729904

## Jersey DJs' top tracks

Each and every month we keep you up to date on the DJ's favourite tracks. Here's what's on the decks for June:

### Dj: Pete de Momme

Track: Weekend Billionaire on Welt - Shaun King  
Club/Event: Splash / Pure &  
Hush at Synergy [www.myspace.com/diquism](http://www.myspace.com/diquism)

### Dj: Sam George

Track: Lethal Industry - Tiesto - (Richard Durand Remix)  
Club/Event: Disorder @ Synergy

### Dj: Sephira

Track: Floating In Liquid - Sephira  
Club/Event: MerKaBa Tribe ([www.merkabartibe.com](http://www.merkabartibe.com))

### Dj: Dave Smith

Track: Tom Novy - My House  
Club/Event: Off The Record

### Dj: Drift

Track: Space Hopper - alex metric & sick rick  
Club/Event: Clque @ the Watersplash

### DJ: Coalition

Track: Break & Survival - Cronk  
Club/Event: Elementz @ Synergy

### Dj: Who Me

Track: Perfect Motion 2007 - Stuart King - (CDR)  
Club/Event: Pure Presents

### Dj: DJ Salinger

Track: Blood Sugar by Pendulum, Breakbeat Kaos promo (BBK020)  
Club/Event/Night: Elementz @ Synergy / JMCT & DJ's  
Without Borders @ Live Lounge

### Dj: Colin Moore

Track: Mooque - Supacat Police  
Club/Night: Hifi Sushi

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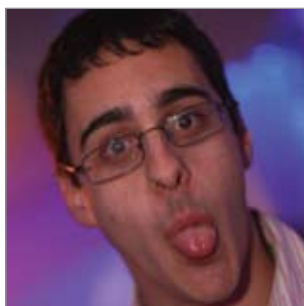
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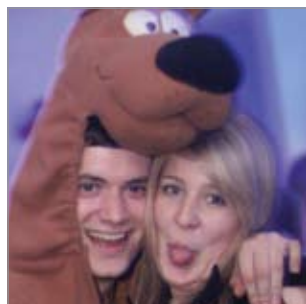
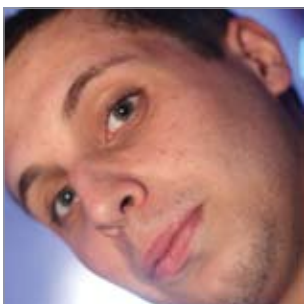
 **snapper.je**  
see more event photos online now



Round off your evening with friends with a relaxing drink in the Cafe Bar at the Pomme d'Or Hotel. A group of six can enjoy a cocktail each from our menu for £24 - that's just £4 each.

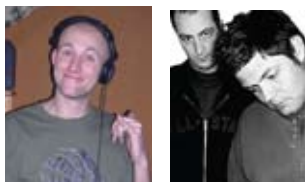
**Café  
BAR**

The perfect end to an evening



are you having an event or party? get snapper there. call 07700 334 253 or email [shot@snapper.je](mailto:shot@snapper.je)





Last month we managed to grab ten mins with SLAM (Stuart McMillan and Orde Meikle) & Local boy done good Scott Nixon when they played Cl!que's night at the Watersplash. Slam synonymous with Glasgow's underground club scene and their sound-searching record label, Soma, The duo have garnered a reputation as international DJs, accomplished recording artists and respected collaborators. Their schedule regularly takes them to clubs worldwide confirming their status as one of a handful of artists that truly shape their genre. Resident at Fabric, London and Pressure, Glasgow, they are about to undergo their 8th annual Slam tent at Scotland's T in the Park festival (15 000 capacity)  
Here is what they had to say:

Do you prefer playing in clubs or at big festivals?

**Orde:** Ummmm, you know what each different thing is a different experience, the clubs I prefer them they are my comfort zone. In the clubs I can build it up from start to finish, a festival is another deal, no matter how long you have been DJing. Festivals can be a bit daunting sometimes. You have to go on after another DJ. Its a whole different vibe. Festivals are great though - we did SouthFest in Buenos Aires last week and it was f\*\*\*ing amazing it was the best festival we have ever done. Instead of the crowd cheering & and going crazy it was almost like a (hard for me to tell you but he screwed up his face smiled and waved his arms) there were 20 thousand people doing it.

**Scott:** Ahhhhh Aahhhhh I don't prefer big clubs or festivals I like the smaller more personal gigs... intimate and grimy... I love it....

**Orde:** The biggest and best festival for me so far was Exit Festival in Belgrade 250,000 revellers over 4 days, as far as the eye could see it was massive and such a rush getting up in front, I was buzzing so much...

Who are the dj's/producers you most respect?

**Stuart:** I like Laurent Garnier as my main dj because he has a lot of passion for it, another guy and friend Richie Hawtin is a guy I really admire.

**Scott:** At the moment I'm firing off Rouge Element and Soft Focus. Their productions are well up there at the moment for me. Plus of course my own stuff.

What does music mean to you?

**Orde:** What it means to me is I have to be selfish and have to put my musical tastes on other people, I love music I grew up with music, for me its paradise, I couldn't imagine a life without it, for me its pleasurable as an experience. Music is my life....

**Stuart:** Christ, it's my f\*\*\*ing life so ummmm... it's just everything. It was the first thing I took too....

**Scott:** What does it mean to anyone? Is there a meaning to music? If anything it's the vibe if you want to nail it down. When I hear a tune it makes me feel good - it's the rush.

What types of music do you listen to out side of dance music ?

**Orde:** That's a difficult one because I am so engrossed with music whether it be in the studio on a production or remix or music for a video. Or trying to keep up with all the new music that's around. That's a full time job in itself, I do like oldschool, reggae, funk, dub, things like King Tubby, Toasted Pablo and The Clash, The Clash is well up there for me.

**Stuart:** I listen to film soundtracks I really love film music, because there is no preconceptions, things like American Beauty and an artist called

## interview \_ slam/scott nixon

Craig Armstrong he does music for films like the Twin Towers and Moulin Rouge and stuff like that. I have a couple of albums melancholic, Massive Attack's sister label, I also like reggae I grew up listening to it my dad was a Rasta. I also got into funk... I have a wide range of things I like to listen to.

**Scott:** Coming from the thrash days and metal there was a lot of riffs, I'm well into my power riffs also break beat drum and bass. I'm always walking around with a little riff in my head and now these days with technology I can get my phone out and I may sound like an idiot afterwards when I listen back but then go into the studio and play it back. A riff may come around for 5 mins and if you don't record it it's gone.

What, from your experience, is the best advice you can give to up and coming dj's?

**Orde:** That's another hard one... Ummmm the best advice I can give is to do your own thing, try take influences, mould your own thing because then you're unique, eventually you'll get there and to be a producer is paramount, you have to make the music to be able to understand it to be able to play it. Not only that people hear it and that's what makes you stand out from the crowd.

**Stuart:** Live the music go for the limit. The scene comes and goes I mean you have to live it. If you want to make an indentation you have to live it and breathe it...

What's been the most embarrassing moment in your career so far?

**Orde:** Ohhhhh ummmmm..... I'll need to think about that one there has been a few, give me a min to think about that one, (M: Answers on a postcard?) Maybe we will do that one by email. Give us another.. Ha hahah.

**Stuart:** Ummmm switching off sound systems, blowing up sound systems.. Ha ha ha ha ummmmm the list goes on, I cant remember, they are all medico.

**Scott:** digg deep... Ummmmmm dnt know? Prob the most embarrassing moment is going snowboarding and in front of a big crowd with high expectations and just being a punter, going off the jump with arms all over the place not even managing to pull a trick off... Orrr or... DJing and getting a bit of fluff on the needle in the middle of a wicked set, the arm slips across the record and you look up and see a few thousand people looking at you and I'm stood there thinking fluff on my needle there is nothing you can do apart from put your hands up and carry on...

In your opinion who are the next up and coming Dj's people should be looking out for?

**Stuart:** Ummm I think ummmm Matthew deyer, audiomix (I think that's what he said) are really up there at the moment, ummmm beyond that I would say guys like jamie jones he is going to do really well.

**Scott:** I hate to say it but I have not heard anyone who are going to take over the big guns on the scene at the moment, I have herd a lot of dj's and your not going to beat the likes of Djqubert, scratch perverts, andy c they have set a very high level and its old boys doing it, young guys have got such a lot to do to get up there...because of the history, most of these guys grew up in the rave days & the old hip hop days its not about putting a cd in a bloody machine and it calculates the beat for you, its about the whole skill of djing its an art form. Kids these day just put it in and they think they can mix its not like that....

*"All I can say is jersey Dj's/Producers. Keep on going... You will take the world by storm" Scott Nixon*



clubs\_bars\_promoters \_ submit your july nights for inclusion next month. email [listings@gallerymagazine.co.uk](mailto:listings@gallerymagazine.co.uk) by 16\_06\_07 (it's free).



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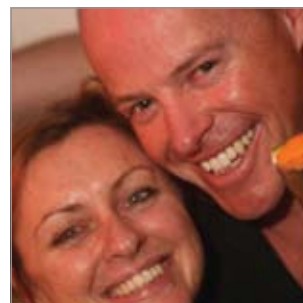
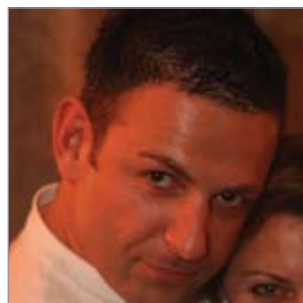
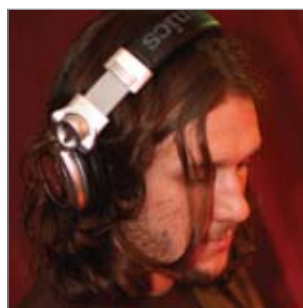
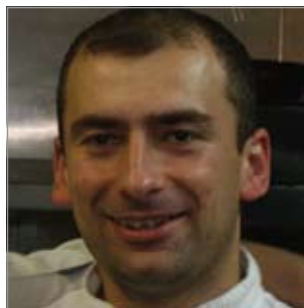


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Rojo



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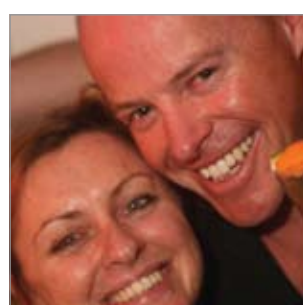
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New ground floor lounge-restaurant serving express lunches and contemporary tapas now open, call 729904 to make a reservation.

Rojo Boutique Cocktail Bar: 10 Bond Street.  
For table reservations call 729904

*"Candy is dandy but liquor is quicker"*



holding an event or party? get snapper there. call 07700334253 or email [shot@snapper.je](mailto:shot@snapper.je)

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# What's on in June

If you have any listings or events for July's magazine, send them to [listings@gallerymagazine.co.uk](mailto:listings@gallerymagazine.co.uk) by 18th June

**SATURDAY 2nd**  
Genuine Jersey Farm and Craft Market

See the best in local produce at a number of organic stalls, including locally made arts and crafts and musical entertainment.  
St Brelade's Parish Hall  
09:00 – 13:00

(Also on the 16th & 30th)

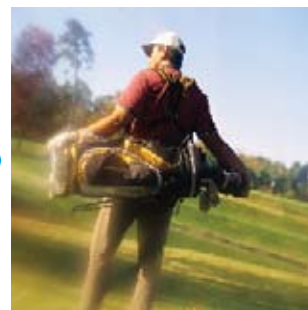
**WEDNESDAY 6th**  
Jana Nováková (Violin) + Petr Novák (Piano)  
A Channel Islands Music Council Tour

8pm  
Venue: Jersey Arts Centre  
Tickets: £13 (£8 students)

**THURSDAY 7th (to the 10th)**

**The Jersey Seniors Classics**

Jersey plays host to this annual prestige golfing tournament that attracts professionals from around the world. The event is held at La Moye Golf Club, Spectators welcome



**FRIDAY 8th (to the 10th)**

Jersey Festival of Motoring Sprints, hill climbs, treasure hunts, cavalcades and static displays give participants and spectators the opportunity to come together in an extravaganza of motoring from yesteryear. Island wide  
From 10:00  
visit [www.jerseyoldmotorclub.com](http://www.jerseyoldmotorclub.com)

**Ocean's Thirteen**

Danny Ocean (George Clooney) and the gang would have only one reason to pull off their most ambitious and risky casino heist—to defend one of their own. When ruthless casino owner Willy Bank (Al Pacino) double-crosses one of the original Ocean's eleven—Reuben Tishkoff (Elliott Gould)—Danny and the gang team up one more time to see if they can break “the Bank”.  
Out at cinemas today.



**SATURDAY 9th (to the 10th)**  
BLU Longboard Series Classic Surfing Competition

The British Longboard Association host their competition series in Jersey, come and enjoy the action from the sand or the sea wall.  
St Ouen's Bay  
10:00 – 18:00

**SATURDAY 9th**

Bob Dylan and the Poetry of the Blues

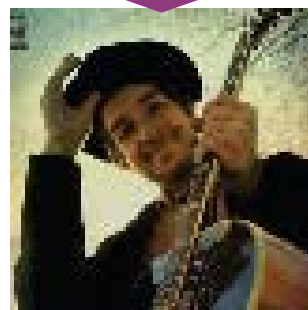
An evening with writer Michael Gray; thoroughly entertaining account of Bob Dylan's achievements.

Performance Date: Saturday 9 June, 8pm  
Venue: Jersey Arts Centre  
Tickets: £9 (£5 students)



**SUNDAY 10th**  
Open Garden  
Lady Guthrie will open the doors to her garden in La Vallée de Rozel on the 10th of June.

A highlight of the beautiful grounds is the water garden which has a stream running through a series of pools



**MONDAY 11th (to the 30th)**  
Jason Butler's Recent Work  
Preview: Monday 11 June, 5.30pm-7pm  
Venue: Jersey Arts Centre  
Berni Gallery  
Admission Free

Jason Butler presents a selection of new figurative based paintings. Also contain some portraits of his collaboration with Richard Downes, consultant ophthalmic surgeon.





Music Culture Sport Nightlife Cinema Activity Recommended

**TUESDAY 12th**  
**South East Coast Kayaking Tour**

Drift through the gullies on a rising tide as you head out on a tour of the south-east coast

11:00 – 14:00  
£35.00 adults, £20.00 children  
07797 853033

info:@jerseykayadventures.co.uk



**THURSDAY 14th**  
**Kevin Tomlinson: Unmasked**  
**Kepow Theatre Company**

8pm  
Venue: Jersey Arts Centre  
Tickets: £14 (£8 students)

The comedy theatre show that shocks and thrills in equal measure!

**FRIDAY 15th**  
**Fantastic Four**  
The Fantastic Four learn that they aren't the only super-powered beings in the universe.  
Out on general release today.

**Horse Racing**  
Place a bet or two or just soak up the atmosphere and enjoy the horse racing.  
Les Landes Racecourse, St. Ouen. 18:30 – 21:30  
£10.00, under 15's free



**SATURDAY 16th**  
**Sand Racing**

Enjoy the thrills and spills of local motor sport on the beach.  
West Park Beach, St Helier, on the 2nd and Millbrook, St. Aubin's Bay, on the 16th  
14:30  
Free

**Jersey Rose & Flower Show**  
The Jersey Rosarians present this annual show, there will be musical entertainment and displays throughout the two day event.  
Radier Manor, Le Chemin de Radier, Grouville.  
Saturday 11:00 - 17:00, Sunday 10:00 - 17:00  
£3.50 adults, under 16's free, £5.00 weekend ticket available

**Pop to the Top**  
Jersey's young talent will be showcasing the different styles and techniques of performing arts. A fun packed performance of dance, drama and singing.  
Jersey Arts Centre  
14:00 & 19:30  
£10.00



**SUNDAY 17th**  
**Dawn Concert**  
Watch the sun rise in spectacular fashion with a dynamic concert of light classics. The Eclectic Quartet and pianist Christopher George will perform a mixed programme of classical music suitable for all tastes.  
St. Catherine's Breakwater  
04:30  
Free

**TUESDAY 19th**

**Walking**  
"Murder, Muck and Mayhem is returning to the streets of St Helier"  
Explore the murkier side of Jersey's capital and find out about some of the stranger events that have occurred there.  
7.30 p.m. Only £4 per adult or £10 per family. For further information call 482822.

**THURSDAY 21st**  
**Summer Solstice**  
To mark the longest day of the year, the Jersey Arts Centre has programmed an evening filled with drumming and dance music performed by the Gambia Beat Band, sand castle building and the burning of a giant wicker man  
Grève de Lecq Beach,  
20:00 – 22:00  
Free

**Saturday 23rd**  
**The JADC Present**  
James and the Giant Peach  
Fantastic family fun!  
Jersey Opera House, St Helier.  
Saturdays 10:30 & 14:30, Sundays 14:30 £9.50 - £12.50  
511115

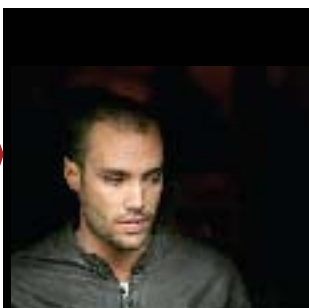
**Itex 'Around the Island' Charity Walk**  
Covering a total distance of 48.1 miles this annual event attracts both local and visiting walkers, raising funds for Jersey charities. Walkers can expect to complete the course in anything between 12 to 21 hours. Spectators very welcome.  
Starting from the Elizabeth Terminal,  
02:00

**THURSDAY 28th**  
**Salsa & Latino Lessons at La Cala**  
beginners 7- 8pm advanced 8.30pm - late.

**Platinum**  
Brand new for the summer - "Mud Wrestling", yes it's here, it's filthy & it's free!! Free admission all night

**SATURDAY 30th**  
Star of celebrity love island, general ladies man "Callum Best" will be in Platinum  
Go down and meet Callum, get your photo taken, get an autograph and say hi.

Doors 10pm til 2am £5 entry with a flyer.



**Gorey Regatta & Food Fair**  
Local and visiting sailors enjoy the opportunity of sailing in one of the oldest Regattas in the world! Celebrating their 150th birthday there will also be plenty to do for non-sailors, including alfresco food and entertainment  
12:00 – 22:00 Free



# the \_ directory

## fashion & beauty



### MARC2

#### Marc 2

For exclusive shoes and accessories Marc2 is the only place to go. Experience a fantastic range of shoes, bags, scarves and other goodies at prices that won't shock or stop you. From daytime to designer, Marc2 has it all. We all deserve a treat for our feet, so step into Marc 2 for shoes that stand out from the rest.  
**marc2 Limited 19 Bath Street St Helier 01534 870761**



### image

#### Image Male Grooming

If you want to look your best then get yourself down to West's Centre and visit us at Image Male Grooming. Whether you want a haircut for the weekend or a hot towel shave to impress the ladies. If you're feeling stressed, why not nip out from your Saturday shopping trip and get a relaxing sports massage. Ladies, our gift vouchers make a great gift for your man! **Call 605030 or visit us at 1st Floor, 7 West's Centre**



### H&S

#### H Letto & Son Jewellers

Established for over ninety years, Lettos' pride themselves in supplying jewellery and watches from international designers and manufacturers. So if it's the perfect gift from Links of London or a bespoke item made from certificated stones and materials by the finest jewellers in the United Kingdom, the family and staff will be more than happy to help you with your requirements. **18 Charing Cross, St Helier, Tel. 730952 Email. andrewletto@mac.com**



### MANNA

#### Manna

Manna stocks only exclusive lines which you won't find in any other Jersey store including - By Malene Birger (whose designs are regularly featured in Vogue), Rutzou, Velvet, Patrizia Pepe, Hoss Intropia and denim by: True Religion, J Brand and Notify. Manna's style is 'classy with a little bit of kitsch' with a relaxed atmosphere in the store so that people feel comfortable and welcome.  
**Call 619985 or visit us at 7 West's Centre**



#### Hi Heels and Handbags

Denise Paland has always had a passion for shoes. She thought the Island needed some footwear with a little difference, something sexy, fun and wearable on any occasion. She loves going to Madrid, to see all the fantastic ranges, she mainly focuses on Spanish footwear. Paco Gil is one of her favourite designers who is hitting the UK market with a force. Denise has also acquired some new suppliers for this Spring so don't forget to pop along to Hi-Heels & Handbags. **The Arcade Halkett Street T:01534 629942 M:07700 729760 Email: hiheelsandhandbags@jerseymail.co.uk**



#### Get Blissed

A must for beauty junkies, Bliss Bespoke Beauty is a skincare and lifestyle store with a luxury twist to all the products sold. Like a grown-up sweet shop, you can pick and mix from the amazing products on offer to create a beauty regime unique to yourself. Whether it's the wonder skin products from Skinceuticals, B.kamins and Ole Henriksen or the flawless, easy to apply makeup from Susan Posnick; these products deliver real results.  
**Bliss, La Motte Street, St Helier.tel: e-mail emma@blissjersey.co.uk**



#### Roulette Menswear

Roulette Menswear next door to La Cala offers an eclectic mix of brands which is further complemented by a friendly, reliable and functional service. Our brands are unique and innovative with classic and effortless style. We stock, Y-3, Vivienne Westwood, Maharishi, Junk de luxe, Blue blood, YMC, Adidas originals, J.Lindeberg, Swear, Religion, Nudie, PRPS, Juicy Couture, Levis Vintage, Rare, Penguin. You can now buy online @ [www.rouletteclothing.co.uk](http://www.rouletteclothing.co.uk)  
**Roulette Menswear, Beresford Street. tel 601020 www.rouletteclothing.co.uk**



#### Roulette Womenswear

You'll find our sister store facing Lido's wine bar on Market street. Our brands cross the board and look after a wide range of customers. Feel free to pop in, the staff will provide expert advice on this season's trends and the must have brands. We stock J.Lindeberg, Mc Q, Paul&Joe Sister, Blue blood, Vivienne Westwood, Yesterday never dies, Blue Blood, Cheap Monday, Mina, Religion, Laura Lees, French sole, Arrogant Cat. You can now buy online @ [www.rouletteclothing.co.uk](http://www.rouletteclothing.co.uk)  
**Roulette Womenswear 5 Market Street. tel 733658 www.rouletteclothing.co.uk**



#### Aveda Lifestyle Salon

ELMINA at Aveda Lifestyle Salon and Spa. Aveda retail store with the full Aveda product range made with the Art and Science of Pure Plant and Flower Essences. Hair styling by top International Hairstylists with complimentary Aveda rituals. Aveda Ayurvedic body and skin treatments in All beauty treatments.

**71 King St., St. Helier. Tel: 610082**



### RENAISSANCE

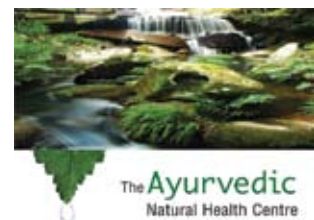
#### Renaissance

Renaissance has gained an envied reputation as the most exclusive store in Jersey. Offering only leading designer labels such as Moschino (Cheap and Chic), Temperly, Cavalli, Amanda Wakeley, Nanette Lepore, Brunello Cucinelli, Missoni and Theory. A modern, bright and airy shop with committed, knowledgeable and enthusiastic staff, Renaissance has a hard earned reputation for being honest and forthright, offering outstanding customer service. **26 Halkett Street, St Helier. Tel 617386**



#### Marc Cain Store

The Marc Cain Store is housed in a listed building on Hilgrove Street. Minimalistic and modern in Design setting the scene perfectly for the Marc Cain collection. Marc Cain separates are innovative, diverse and versatile with an Italian edge which makes it a perfect co-ordinated collection for the fashion conscious and chic woman of today. Our enthusiastic, fully trained staff can assist in creating your perfect outfit. **26 Hilgrove Street, St Helier. Tel 873626**



#### Ayurvedic Health Centre

Ayurveda, known as the science of life, is a complementary and alternative health system. Its aims are to maintain health in the healthy and improve health in the unhealthy. Ayurveda advises that each of us has a unique constitution; being a combination of three doshas, Vata, Pitta, and Kapha. Treatments include diet and lifestyle advice, herbal preparations and oil treatments. For more information call

**The Ayurvedic Natural Health Centre Tel: 01534 744 111 / 07700 771 771**



below you will find a selection of quality Jersey businesses categorised that may be of interest to you. Don't forget to tell them you saw them in the Gallery directory!  
If you would like to be included in the directory call Mike Nixon on 811100

## home & interiors



### Le Quesne's Garden Centre, Florist & Tearooms.

For all your shrubs, trees, soft fruit, roses, bedding plants & climbers. We also stock a wide range of glassware, gifts, garden furniture and items for outdoor living. The tearoom serves home-made cakes, scones, quiches, pies. Breakfasts, lunches and afternoon tea. Follow the signs from St Saviour's School, Five Oaks. Ample parking.  
**Open 8am - 5pm Mon - Sat**  
**Tel: 626878 Or Fax: 874419**



### Linnea of Sweden

Linnea of Sweden offers a unique shopping experience with an extensive range of Cushions, Quilts, Fabrics, Pottery, Traditional Toys, Candles, Table Lamps and Furniture ... hand-picked from the best suppliers in Scandinavia.  
**Linnea of Sweden, 9 James Street, St. Helier, JE2 4TT**  
**Tel: 736449**



### The Gooseberry Bush

Want to be different? Then it has to be The Gooseberry Bush, with clothing from Companies like Oska, Jackpot and Ultimate Miks, and gifts and interiors from all over Europe you won't be disappointed.....  
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**St Aubins Inner Road Tel 726224**

## sport and fitness



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**Tel 01534 633109**  
**Mob 07797 747262**  
**www.thefitnessagency.co.uk**



### Pure Adventure

The widest range of outdoor pursuits in Jersey, from unique one-off experiences to tailor made courses. Specialising in Group Bookings, Corporate Events, Team Building and Incentives, Pure Adventure is your one-stop-shop for adventure in Jersey. Abseiling | Blo-Karting | Coasteering | Clay Pigeon Shooting | Hovercrafting | Jet-Skiing | RIB Charters | Rock Climbing | Sea Kayaking | Watersports. **Gift Vouchers and Bookings can be purchased online. Contact Pure Adventure. Tel. 769165**  
**www.purejersey.com**



### Jersey Sea Sports

With 25 years experience the Jersey Sea Sport Centre has the biggest thrills in Jersey! They have 8 three-seater jet skis, 1 sports model, 2 "stand-up" jet skis, a Surf-Jet, wakeboarding, waterskiing and banana rides. Stag and hen parties, corporate, incentive and team building events a speciality! Wetsuits, lifejackets and all equipment provided.. Open May- September. **Tel 07797 738 180**  
**www.jerseyseasport.com**



### The Channel Islands Premier Cycle & Triathlon Shop.

We cater for all levels of cyclists, from children's bikes to the finest custom build bikes in the world. Come and talk to the experts, where customer service is first and foremost, and our prices the best in Europe. Our brands include: Litespeed, Merlin, Orbea, BMC, Cervelo, Felt, Orca TORQ energy products, and much more. **Call 739385 or log onto**  
**www.pedalpowerjersey.com**  
**57 Bath Street, St Helier**



### Classic Farm Shop

#### at Manor Farm, St Peter

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**Manor Farm, St Peter, JE3 7DD**  
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### Fest

Fest is a shop unique to the island, stocking a range of select and exclusive designers for those who like to dress with style without following the herd. Stop by and visit our boutique for a range of original clothes and gifts that will delight your senses.  
**Fest, 51 Bath Street, St. Helier, tel. 766090, email: festclothing@hotmail.com**

## food and drink



### Fine Wines : Free delivery

French Imports pride themselves on delivering fine French wines at sensible prices. Suppliers to all the top restaurants, they also supply private clients who wish to buy full cases at trade prices! They hold regular free tastings and have a full money back guarantee if anything fails to delight for any reason! Tastings are held on Saturdays from 10.30am - 5.00pm and will be at Rondel's Farm Shop on 12th May and at St Peter's Garden Centre on 19th May. Deliveries are free and up till 9pm. **For more detail and 24 hour ordering, check out their excellent web site on www.frenchimports.biz**



### Always offering you just that little bit more!!

Holme Grown, famous for our fresh tomatoes and our Genuine Jersey' seasonal fresh fruit and vegetables. Offers you traditional & speciality beers and ales, sparkling vintage cider, selected wines, houseplants, fresh & frozen fruit and vegetables, milk, gift hampers, bread & pastries baked daily, specialist provisions and lots more.  
**Fauvic Nurseries, Rue au Long Fauvic, Grouville Tel 858826**  
**Web www.holmegrown.com**

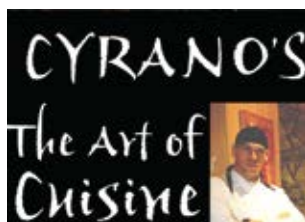
# the \_ directory

## food and drink contd.



### Get some goodness

Stanley's Café & Juice Bar is open 7 days a week for breakfasts, snacks, light meals, juices, smoothies, milkshakes and a whole lot more. P.S. Plenty of parking! **Holme Grown, Fauvic Nurseries** Rue au Long Fauvic, Grouville Tel 01534 633010 M: 07797740855 Web [www.holmegrown.com](http://www.holmegrown.com)



### Party with a Difference.

Invite your friends to your own private cooking demonstration; learn a few delicious recipes, drink some good wines and then party in the privacy of your own restaurant for the rest of the evening. The demo is £25.00 p.p. and includes a slap-up 3-course meal, a demonstration of each course, 1/2 bottle of wine per person and your own restaurant to play in! Web. [www.cyranos.co.uk](http://www.cyranos.co.uk) Tel. 611111 (functions dept) Email. [functions@cyranos.co.uk](mailto:functions@cyranos.co.uk)

## services



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### Ivory pictures

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## galleries



### Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". Home to "Evolve" one off fashion designs from Jersey, Jersey Soap and Wood Turners and Painter's Palette Café **Open 7 days a week, 10.30am – 5.30pm. Jersey Charity no 238. [www.mnlg.com](http://www.mnlg.com) Tel 01534 743044 Fax 01534 854690. As part of Art In The Frame Foundation.**

## gadgets



### iQ - we know our apples.

iQ is much more than just a shop, it's the place to go for free and friendly advice on all things Apple and iPod. A wide range of Apple software & accessories available and we usually have the entire range of Apple products in stock. iQ - Premium Reseller in the Channel Islands. **32 Burrard Street Jersey, 14 The Pollet Guernsey. Tel 769320 [www.i-quipment.com](http://www.i-quipment.com)**

## motoring



### Motorama

New for 2007 - New Bikes, New Clothing, New Accessories. Official Dealers for Yamaha, Giller, Aprilia, Moto Guzzi, Moto Morini, and Sym Scooters. Stylish bike clothing from Tucano Urbano, Helmets from Davida, Momo, Vemar. Plus lots more! Sales, Service, Scooter Hire and friendly advice on all of your biking needs. **Motorama, 18 Great Union Road St. Helier Tel. 722819 [www.motorama-jersey.co.uk](http://www.motorama-jersey.co.uk)**

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# Family Nursing & Home Care

The days when nurses couldn't be married are gone, but not the need for their care, which is as important now as it ever was. Family Nursing & Home Care is celebrating 100 years in Jersey and Director Karen Huchet hopes that Islanders will mark the occasion by becoming members.

Considering that Family Nursing & Home Care (FN&HC) has helped most islanders in one way or another, it's surprising how little people know about this charity which cares for everyone – from soon-to-be mothers and new-born babies to the elderly and infirm.

Family Nursing & Home Care is responsible for the school nurses in Jersey, and these days their role includes testing everything from hearing to sight; providing immunisations; and offering health advice to teachers and pupils. Anyone who has received care after being treated in hospital is also likely to have been cared for by Family Nursing & Home Care's army of district nurses, occupational therapists and physiotherapists.

The child health visitors who run mother and well baby clinics and give advice and support on everything from diet to coping with a new baby are also provided by FN&HC. There is even a paediatric team which provides specialist care for chronically sick children, giving them as normal a life as possible in their own home.

However, the charity is probably best well known for its Home Care Service which enables many of Jersey's elderly to continue to live independently. This not only frees up hospital beds for more urgent cases but it also reduces the stress placed on the person needing care.

The States has outsourced a lot of services to Family Nursing & Home Care, and pays the charity to provide them. However, FN&HC still needs to raise money, which it does through fund raising and – most importantly – by getting people to become members. Current membership stands at 7,000 but this isn't enough to cover all of the costs incurred in providing these services, which is why FN&HC is focusing on recruiting 2,000 new members during 2007, the charity's centenary year.



## 100 years of caring

Family Nursing & Home Care's roots lie in the parishes, which, 100 years ago, set up nursing associations. In 1907, it was normal for Islanders to be cared for in their homes – they had been for centuries – but new nursing associations, and the district nurses that they employed, set higher standards of care.

The nurses came from the Queen Victoria Jubilee Institute for Nurses, which set high standards for its staff. As well as passing rigorous training, and having to wear severe uniforms, Queen's Nurses had to be single and were forced to resign on marriage. Grouville and St Helier were the first parishes to employ them but within 20 years most parishes had their own nursing associations, each one independent and funded by subscriptions, donations and the parish rates. Nurses would cycle around their district, carrying everything they needed on two wheels and only charging those who could afford to pay.

The Jersey District Nursing Association was founded in 1926 to help coordinate the parish associations, but many did not join, and remained totally independent.

At the start of the Second World War the many district nurses working in Jersey felt cut off. However many stayed, rather than returning to their native England, and spent the Occupation in Jersey caring for their patients. The Nazi forces ordered that nurses could not help maternity cases, but many ignored the restriction and helped at births.

## How you can Help

Join the club: Membership of FN&HC brings many extra benefits. Just show your card and businesses will slash their prices! There's 12% off fuel at Robert's Garage, 28% off membership of the Merton Leisure Club, 10% off bedding plants at Bonny's Country Garden, 10% off treatments at Experience Hair & Beauty, and many more. You'll also benefit from a free annual health check and health advice. Telephone 443648 for an application form.

Volunteering opportunities: The charity's shop at 43 Belmont Road is looking for volunteers between 10am and 4pm, Monday to Friday. If you think you can spare a couple of hours a week please call 443648. The shop also accepts donations of clothing, books, glass and other items. Telephone the charity shop on 888887. Well Baby Clinics require volunteers to welcome parents and babies at the sessions, record the babies' names and weigh them. Telephone 443625 if you think you can help out at any of the clinics which take place six days a week.

Forthcoming events: A fabulous gala ball is being held on Saturday 7 July at the Hotel de France as part of Family Nursing & Home Care's centenary celebrations. Tickets include drinks on arrival, a three course meal, a band, and many other surprises, including an auction and a raffle. The cost is £70 per head, or £650 for a table of 10. To reserve tickets, call 443666

# Liberation day Questionnaire \_

1. What is liberation day?
2. What is the best thing here.
3. What is your favourite local foods product in jersey.
4. What do you think of the band?
5. What do you wish they had here today to make liberation day better?

6. Who would you rather shake hands with: Royalty or Celebrity?
7. Who would you like too see here next year?
8. How would you make liberation day better or more successful Then it already is ?
9. Who is the Juke of Kent?
10. What is the best Jersey event of the year?



- Dorothy More: Age 70.
- 1) Jersey being liberated from the War.
  - 2) Jhonney Dankrith, service in square also the band was excellent
  - 3) Jersey royal potatoes !
  - 4) Really pleased with it, bought back allot of memories.
  - 5) mm... more seating
  - 6) It would have to be my favourite celebrity: Veteran
  - 7) The Queen herself
  - 8) I think we should get kids more involved in liberation day.
  - 9) The Queens cousin.
  - 10) Jersey Tapestry



- Micheal Guerrier: Age 58
- 1) It is a celebration of the end of the occupation.
  - 2) Defiantly the atmosphere.
  - 3) Jersey fish and the Jersey royal potatoes.
  - 4) Excellent
  - 5) Nothing.
  - 6) Shake hands with anybody who appreciates me.
  - 7) Prince Charles or Prince Harry.
  - 8) More Family orientated. Introduce more families and children to the event.
  - 9) The Queens cousin.
  - 10) Jersey Live and also of course Liberation Day.



- Luck Nerac: Age 17
- 1) Celebrating the end of the war in Jersey, Celebrating many Years of freedom.
  - 2) The people themselves.
  - 3) Has to be defiantly Jersey Milk.
  - 4) Excellent
  - 5) Somebody to meliorated War times., for example: Dane Veralynn. (Famous Singer)
  - 6) Princess Ann.
  - 7) Prince William or Prince Harry.
  - 8) Nothing Really maybe a few more stalls and more kids involved.
  - 9) Queens Cousin.
  - 10) Jersey Live



- Steve Twyman : Age 41
- 1) Celebrating getting the island back from the Germans. Being liberated from the Germans.
  - 2) Atmosphere.
  - 3) Jersey fish
  - 4) OK, So far so good.
  - 5) More variety of stalls. And defi- nitely more stuff for kids to get Involved with.
  - 6) The Queen personally.
  - 7) Queen.
  - 8) Marketed more. And more stuff advertised. Also more stores.
  - 9) Queens cousin who looks after Kent.
  - 10) Party in the park! (Keep it going!!)



- Suzanne Follain: Age 37
- 1) When the island was liberated in 1945.
  - 2) Atmosphere
  - 3) Jersey wonders and bean crock.
  - 4) Very good.
  - 5) More obvious things to do for children.
  - 6) Alex Ferguson.
  - 7) The Queen.
  - 8) More things around the island to celebrate Liberation not just in one specific place.
  - 9) The Queen.
  - 10) Air show.



- Megan Morley. Age: 12
- 1) Liberation of Jersey.
  - 2) The puppet show.
  - 3) Jersey wonders.
  - 4) Not too good.
  - 5) Better music more stuff for kids.
  - 6) Celeb: Justin Timberlake.
  - 7) Justin Timberlake.
  - 8) The Queen.
  - 9) A Juke in Kent.
  - 10) Jersey Live.



- Megan Hamalton. Age 14
- 1) Celebration of jersey being liber- ated.
  - 2) The potato stall.
  - 3) Jersey ice cream.
  - 4) Not bad for adults. But it is boring.
  - 5) Have better music maybe more involvement for people my age (More education about liberation day because allot of people my age don't know anything about it.)
  - 6) Celeb!: Channing Tatum obviously!
  - 7) Prince William.
  - 8) Get kids more involved and more music.
  - 9) Queens mate.
  - 10) Jersey live !!



- Rebecca Morris. Age 16
- 1) Don't know!
  - 2) My boyfriend and food stalls.
  - 3) Jersey whipped cream.
  - 4) Not good. Bit boring.
  - 5) Snow Pertrol.
  - 6) Chad Micheal Murry.
  - 7) Prince Harry
  - 8) Make it allot more interesting for teenages.
  - 9) A important person who lives in Kent.
  - 10) Harve De Par Festival.



## we'll get them next time \_ Siam Cup



The original Siam Cup sits in the Rugby Museum at Twickenham and is one of the three oldest Rugby Union Trophies in the world (along with the Calcutta Cup and the Hospitals Cup). Rumour has it that the islanders served together in Siam as part of the Durham Light Infantry alongside the future King of Siam (which is now Thailand).

When the Prince came to power he ordered the court silversmith to melt down Ticals (Siamese silver dollars) in order to craft the cup - this would explain the name and the decorations of dancing girls and elephant heads which adorn the trophy. Since 1928 the cup has been competed for by the members of Jersey and Guernsey RFC in an event which has now become a highlight of the island's sporting calendar.

This is how we found ourselves, along with several thousand other supporters, at the JRFC ground in St Peter on the 5th May shouting ourselves hoarse! The Guernsey team repelled wave after wave of Jersey attack to record a famous victory.

Throughout 80 minutes of tense excitement even Jersey's professional players could make no headway through the Guernseymen (including a smattering of Australians, New Zealanders and South Africans!). Guernsey won and Jersey took their opponents to the bar to bask in the memories of the day. Despite the absence of the entertaining annual fisticuffs I know that I, for one, will be making the trip to Guernsey to watch Jersey win the trophy back next year!

## charity water sports \_ le Tournoi 2007



Following the enormous success of the Le Tournoi offshore yacht racing challenge in October 2006 the organisers have extended the race, adjusted the dates and included even more social and training elements.

The 2007 challenge now offers team development sessions by former professional sailor and leadership trainer Will Carnegie. Will, who was born and educated in Jersey skippered Veritas in the BT Global Challenge in 200. Will gained respect in the yachting community for re motivating his crew to race back across the Southern Ocean to Cape Town following a horrific accident of the coast of Australia which nearly killed two crew members.

Will and his family have recently returned to Jersey where he continues to provides leadership and team development training globally and as sailing is particularly close to his heart is delighted to be involved with the Le Tournoi Challenge.

On offer for Jersey teams is a tailored half day (or two evenings) workshop. This training is included in the cost of the boat and will enable the crews, as individuals and as a team, to prepare themselves for the challenge ahead including modules on Crew Formation - The key principles behind forming and developing teams, First Storm - Preparing for and leading through high pressure

situations, Sustaining High Performance - Sustaining success and effectiveness and Integrating New Team Members - Developing new team players effectively.

Andy Le Seelleur, co-organiser explained "2006 was an outstanding success and for 2007 we have introduced this new training element to continue to develop the race and its competitors. We've also increased the number of races and social events to make the challenge a bit more interactive too, keeping the races fresh for last year's participants. We are also offering places for individuals to take part as we appreciate that smaller businesses may only be able to one or two participants - although you don't need to be sponsored by your company anyone wanting to take part is welcome."

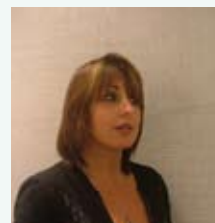
New for 2007 is a date change from October to August. However this does not mean that it will be relaxed cruising, the weather is unpredictable and crews will have to work together to get the most out of their boat to win, be it in light or moderate winds.

The social activities in 2006 were very well received and therefore 2007 will see more of these. In 2007 they are looking at some extra events in Jersey and also an event in Guernsey. Places for the challenge are already filling up with crews from NatWest, Coutts, Maurant, RBSI, Jersey Deaf Children's Society, Ernst & Young. A crew of eight is needed to enter the race, consisting of a qualified Yachtmaster and 2 competent crew, the remainder can be a blend of novice and experienced sailors. Crews can be changed at each stage of the race enabling the maximum number of individuals to experience the challenge.

The cost of each boat entered is £4,950 covering crew development and leadership training, yacht charter, foul weather clothing, corporate banners, corporate forestay flag, corporate hull stickers, corporate photo pack, marina fees, social events in Guernsey, Jersey, Cherbourg and Portsmouth. Crews will be required to raise an additional minimum of £1,000 which will be ringfenced for charitable purposes.

## 3 questions

1. Where's your favourite place in the whole world?
2. Will Gordon Brown make a good Prime Minister?
3. Will you be watching the new series of Big Brother?



### Adam Russell, 18

student

1. Umm, Barbados probably, old Trafford as well.
2. Yeah I think so, I don't want to be too political.
3. Yeah, hopefully I'll be trying to revise as well.

### Alan John, 25

assistant manager of Men's Club

1. Home, the Algarve
2. No, none of them are good
3. No, rubbish

### Liz Hutchinson, 36

Marccain sales person

1. Northumberland
2. Anything's got to be better than Tony Blair
3. I'd rather watch paint dry

## boardom

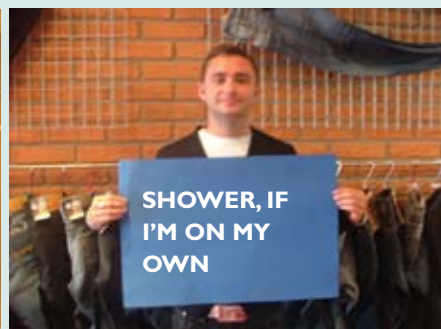
scores on the board for the following question:  
What do you prefer, a bath or a shower?



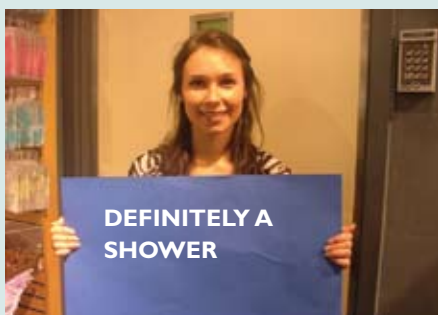
Stef, Scarlett, Sam, Oasis girls



John Ellis, Cuba owner



David Cullen, director of Roulette



Emma Watkinss, Accessorise Saturday girl



Sharon Croke, whistles sales assistant



Amanda Cathpole, florist

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