

JERSEY'S STYLE MAGAZINE // THE SECOND BIRTHDAY ISSUE

GALLERYMAGAZINE

FASHION

CULTURE

BEAUTY

ENTERTAINMENT

PROPERTY

RE

PHOTOGRAPHY

WHAT'S ON

this month //

the gender puzzle

We look at how your brain type effects your gender

group dating

not as dodgy as it sounds

rapid czech

what you get if you cross a gti with a skoda

a taste of florida

we get a taste of florida living from a unique property

NUMBER 23 // SEPTEMBER 2006

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jersey news from the last month // retrospect

red sky at night, guernsey's delight: jersey's on fire!

Bouley Bay blaze booked its place in Jersey furze fires history

So a firework careered into a hedge, so what? Well: three fire fighters injured, four kilometres of North Coast cremated and a week-long battle with re-igniting furze is "what". The only place hotter than Bouley Bay's headland was the area underneath the collar of the person within the States who handles the Fire Department's overtime bill.

Those first on the scene on the night of Saturday 12th August spoke of a gorse-land on the move with raging three-metre high flames whipped up by the strong winds circling the coast. Fire fighters worked tirelessly throughout the night to prevent nearby homes and heritage sites being engulfed. Luckily, fire can be a rejuvenating force and the ground will recover. And let's face it – for those at the firework display down at the hotel that night, it was way more impressive than a banger!



Think of the poor animals! Bouley Bay's animal population feels the heat.

jersey re-branded

The root of our tourism problem is.....the logo!?

After nine months of consultation and £170,000 the States seem happy with the work done by UK agency, Corporate Edge - famed for their hugely successful Pure New Zealand branding campaign. We are told the logo, which is supposed to be a golden dove (native to the Island, apparently) evokes the life enriching experience that is Jersey. Hmmm, 'en-RICH-ing'?

It is somewhat funny that Jersey, a place that seeks to distance itself from all negative sentiments relating to its tax haven status (and global reputation for hiding money) has commissioned a melted lump of gold for its mark. No doubt the emblem will come in handy during Frank and Terry's jaunts to Dubai to meet with the sheiks. But for Des and June from Romford, the logo will only serve to remind them that the cost to get here, for a pint in the hotel bar and for the fuel in their hired car should feel tax-free but damn well doesn't.



'Ooh yesh. Yesh yesh, very toite very toit. Yesh, toit like a toiger. This is a keeper.' Goldmember loves the thought of an 'enriching' new gold dove logo

battle 'bust up'

Jodie's never far from controversy

Am I right in saying there was a tinsy-winsy bit of discord over this year's Battle of Flowers? Possibly surrounding one Miss Jodie Marsh? A nose job aged 15, and fake boobs that rival model Jordan, likened to a spaniel's ears - what's not to love about her?

People were falling out of their armchairs reading of the calibre of celebrity role models on offer - to be paraded in front of impressionable young minds during this year's event. People gasped when they heard about the fees, some people jeered during the day parade, and the JEP reported that Miss Marsh's agent branded event organisers as "a bunch of muppets". Never a dull moment on the Rock.



Andy moves on from the realms of dustbin man fashion with some 'Jodie' glasses.

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Intro

I spent some time today researching, trying to learn how to cope with this stage of development. You see, dear readers, Gallery is now two years old. It's well documented that this is an important time for our baby and 'the terrible twos' are upon us. According to experts, at this age our baby is 'trying to express his growing independence' and this can also mean hitting, biting, and temper tantrums (we're trying to keep those to a minimum in the office). According to some awfully bright people on the magic internet, two year olds are mobile creatures, they 'have the whole world to explore. And want to do it now.' That sounds about right.

As we enter our third year, it's all go at Gallery. We have a birthday party to organise, a JerseyLive VIP area to create, a new exhibition to install in our WhiteSpace gallery and new Gallery projects to develop. God! We've had a change of Editor and will be shaking it up a bit over the coming months. You may also notice a few subtle cosmetic enhancements this month, it was time for a nip and tuck design-wise.

Contained within this new packaging are some great features for September. Deb checks out the new Jersey 'group dating' phenomenon (no car keys involved), while Donna ponders how a different 'type' of brain can determine our gender explaining, among other things, why men watch football and women can show empathy more easily, or something like that...

I hope you'll find something to excite you in this issue. Now that Big Brother and Love Island are over (admit it, you've been watching at least one or the other), you're going to have more time on your hands this month so no excuse for skipping through, read this baby cover to cover.

BD



cover details

Kelly: D&G black suit skirt, £119, D&G Giacca black suit jacket, £329, from Nautilus, Georg Jensen Silver cave pendant, £162, from Hettich Ratus peach face watch with black strap, £195, from Ibis.



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Gallery is published eleven times a year as a lively yet discerning guide to all that happens on the Island and beyond, written by Islanders, for Islanders. If you would like more information on featuring your business in Gallery Magazine, please call on 01534 811100 or, for advertising enquiries, visit www.gallerymagazine.co.uk and download our media pack which contains all the information you need.

credits

acting editor

Sarah Cilliers

sarah@gallerymagazine.co.uk

publisher

Ben Davies

ben@gallerymagazine.co.uk

creative director

Alana Mann

alana@gallerymagazine.co.uk

office manager / accounts

Selina Burby

selina@gallerymagazine.co.uk

staff writers

Donna White

donna@gallerymagazine.co.uk

Will Austin-Vautier

will@gallerymagazine.co.uk

Zara Palmer Watkinson

zara@gallerymagazine.co.uk

Paul Beaumont

paul@gallerymagazine.co.uk

Deborah Harris

deborah@gallerymagazine.co.uk

fashion assistants

Rochelle Brady

Miranda

sales manager

Jack Black

jack@gallerymagazine.co.uk

photographers

Danny Photn, Luke Cilliers, Gerard Farnham, Damon Eastwood, Jersey Events

thanks

to everyone that's helped in our transition month to our third year. Matt, for helping to make this what it is.

contact

If you want to get in touch with us, whether it's to find out more about Gallery or just as something to while away the hours one afternoon, try these methods;

by post

Gallery Magazine Broadcasting House,
Rouge Bouillon St Helier, JE2 3ZA

by phone

01534 811100

by email

office@gallerymagazine.co.uk

on the magic internet

www.gallerymagazine.co.uk

*Gallery have adopted a penguin!

Adopt one too!

www.falklandsconservation.com/



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*As compared with Standard Rate tariff.

 **Jersey Electricity**

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contributors

Donna White

Feature Writer

A Geordie lass who learned her craft in local newspapers, she spent 10 years in Scotland on the nationals before coming to Jersey to enjoy motherhood and freelance journalism. She's been to dinner with Ewan McGregor and travelled to Afghanistan with Tony Blair - but none of it beats a day at the beach with her son Brodie.



Deborah Harris

Feature Writer

'Born in Jersey, brought up in the Big Smoke, Deborah's over here enjoying the island's puckerbeaches. After completing her degree in English she joined the world of publishing and has been a freelance journalist for the past two years. She'd also like to be a singer, pianist, dancer and wants to cook like Jamie Oliver. So, not ambitious at all really.'



Tracey McClurg

Writer / Film

Tracey was born in South Africa to an Irish mother and an English father. Some would say perfect spawn for a career in drinking and scribbling. A short spell onboard the MSC Rhapsody writing up the daily programme for the over 60's and Tracey got itchy feet again. Hence her arrival in Jersey where she continues to write short articles and scripts. She still manages to squeeze in a few drinks too *This month she looks at the contentious new film from Vice President Al Gore in our film pages*



Zara Palmer-Watkinson

Social Butterfly

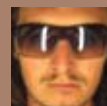
Of course I was thrilled when my editor asked for 50 words about me. There's nothing I like better than talking about myself. In case you hadn't noticed, I'm fabulously attractive, independently wealthy thanks to Daddy's trust fund, newly blonde and 26 (again). And inexplicably single. I can't think why... *Zara has excelled herself this month, looking at self help books in HMW and dining out at Chambers for our food review*



Danny Evans

Photographer

Our house photographer d'excellence found time in his super busy schedule to create another fantastic photo shoot for us. Danny has been given a variety of names in his time here at Gallery (Danny Photo, Out of Focus Photn, Patrick Bateman etc) but at all times has produced stunning photography which we are very lucky to feature



Paul Beaumont

Writer / Au Vent Des Isles

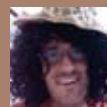
A former marketing man from the world of cable TV and telecoms both in the UK and in the Channel Islands, he resides in French bars by the sea writing Au Vents des Isles. His claim to fame is a live TV interview at the Atlanta HQ of CNN with Ted Turner regarding Rupert Murdoch's evil plans for world domination of television! An enthusiastic wine drinking cyclist struggling with the near impossible task of learning French.



Will Austin-Vautier

Writer / Sub Editor

English Graduate. Former Gallery full-timer and PR knob. Likes films and comedy. Loves surfing and catching up with friends. Heroes include: David Attenborough, Spike Milligan and William Blake. He'd love a one to one with Giselle Bundchen, and would like to Room 101: pikey wheel clampers, Burberry, male Mazda MX5 drivers, and black pudding. Currently a freelance writer and broadcast journalist with plans that are semi top-secret... sort of... ish. *Will drives Skoda's rapid Octavia VRS for us this month*



Tom Verdon

Writer / Tom's African Anecdotes

Tom was born in Kenya and lived there for eighteen years. In that time he met a variety of colourful characters and heard numerous amusing stories. These he has added to whilst travelling around Africa on business in the last fifteen years. If you look for the unusual.....expect the unexpected, you'll not be disappointed! *Check out Tom's first instalment on page 13*



Take a peek
at our new arrivals...



Temperley
LONDON

Feminine, romantic and dramatic, spangly drop-waist dresses, flirty layered skirt and floaty chiffon separates.

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MARCCAIN Marc Cain Collections

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MARCCAIN Marc Cain Sports

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nanette lepore

True gypsy spirit, with a bohemian influence - each collection balances feminine details with a seductive sensibility.

JUSTCavalli

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THIS MONTH AT PLATINUM



FRIDAY 8TH SEPTEMBER:

KATE LAWLER

Winner of Big Brother, star of ITVs Love Island playing an exclusive live 2 hour DJ set



FRIDAY 22ND SEPTEMBER:

MINISTRY OF SOUND CLUBBERS GUIDE

take over Platinum with official Ministry Of Sound DJ.



FRIDAY 15TH SEPTEMBER:

BACK TO THE 90S

A night of full on 90s classics with special guest DJ and loads of giveaways



FRIDAY 29TH SEPTEMBER:

SPENNY

Chinawhite and Umbaba resident DJ (back by popular demand, last Friday of every month)

faces&places

Dreamboys@Platinum

Covered by Lee-Ann



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*Where UK law permits. Models shown are the Fabia vRS 1.9TDI 130 bhp at £13,826 RRP, New Octavia vRS 2.0T FSI 200bhp Hatch and Estate at £18,154 RRP and £18,610 RRP including metallic paint at £350. Official fuel consumption for the vRS Range in mpg [litres/100km]: Urban 25.9 (10.9) - 40.9 (6.9) Extra Urban 45.6 (6.2) - 64.2 (4.4) Combined 35.8 (7.9) - 53.3 (5.3). CO₂ Emissions for the vRS Range (g/km): 143 - 190.

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dissemination // spreading information



Sri Lanka Victorious!

For volleyball players it has been a memorable summer, and an interesting winter season is about to start. The Vision Express Beach Men's Tournament was the highlight because of four Sri Lankans from Seenigama, a village devastated by the 2004 tsunami. It was a once-in-a-lifetime trip for them and the first time that three of them had ever left the country. Their athleticism, talent and sportsmanship made them great to watch – even if they did go home with the tournament trophy having won every game.

Not everyone on the beach was quite so seasoned. Loads of beginners threw themselves around in the fun and friendly Beach Mixed Tournament. Now everyone is being encouraged to join teams for the winter league where players of all abilities compete. For the Island squad it's going to be a challenging season. Jersey has become the first Channel Island team to join a national league. The standard is going to be tough, but it'll prepare players for next year's Island Games. Volleyball is a fun and social game, and getting involved is easy. Mixed teams are always looking for new players, and there are taster sessions for novices. To get involved contact Paul Simon on psimon@jerseymail.co.uk.



Select your new job

A new recruitment agency has recently been established which is focusing its attention on providing the personal touch. Select Recruitment whose offices are located at York Chambers, York Street has been formed by Toni and Sean O'Flaherty. The company will deal with temporary, contract and permanent positions in industries such as trust, accounting, banking, legal, hospitality and retail.

Company Director Mrs O'Flaherty said "the company would be all about providing a high level of professional service, to clients and candidates alike. What drives me is the satisfaction of placing candidates in the right jobs and that our clients have the right person for their business. Being the catalyst for the advancement of a candidate's career is a responsibility which we feel is of paramount importance". Mrs O'Flaherty has previously worked as a human resources officer and recruitment manager and holds the Certificate in Personnel Practice. She works alongside company director Sean O'Flaherty, who also runs his own accountancy practice, and explains that "our experience gives us a unique blend of skills and experience in many industries which benefits both our clients and candidates".

Got something to tell Jersey?

Get it across to us by the 15th September and we'll try and get you in the October issue!
Email: dissemination@gallerymagazine.co.uk

Need a sponsor!

Phil Sharp and his predominantly Jersey team, 'Bean around Britain' have been taking part in a race around Britain. Covering 1750 nautical miles, Sharp hopes to be one of the fastest boats in the race and one of the first back to Cowes.



Whether they win the race on handicap will be down to how much of a lead they can gain on some of the other boats. Sharp will be using the event to fully test out his Groupe Finot designed Pogo 40 Needasponsor.co.uk before competing in the Route du Rhum later this year. It is hoped the Round Britain and Island race will also raise awareness of Phil's Route du Rhum campaign and attract financial support "We have a crew of eight, mostly Jersey residents since we are very much representing the Island in this race. For some of the new crew it has been quite a head-spinning learning curve on such an extreme boat, but all are really enjoying being part of this exciting challenge. They have some interesting people in the team including an ex-BT Round the World skipper, a young record-breaking mountaineer, and a jet-fighter pilot." Phil Sharp.



Downhill for Hospice Care!

One of the biggest cycle races for some time was held in the Jersey last month. Over 70 riders from all disciplines of cycling took part in a Downhill Enduro Race organized in aid of Jersey Hospice Care by local Rider Aaron Lappage and a group of local businesses and individuals. The event attracted large crowds and many competitors. The event was won by Michael Boarer, second place went to Bruce Dingle and third to James Roe.

Aaron who put the event on would like to thank everyone who helped to make the event a huge success. Pentagon Building Merchants have supplied all the wood for the bridges and materials, The Cycle Centre have contributed with costs of marquee, timing, publicity and Tim Thorne was a major help with carpentry skills. Phil, Mark and everyone else....

Ski direct from Jersey in 2007

Coconut7.com is a new Jersey-based air charter company aimed at getting passengers DIRECT to the ski slopes, the best beaches, sporting events, concerts and the most exciting European cities. Coconut 7.com has been launched to provide travellers from the islands with maximum convenience and a first class service but at the most competitive rates. On-line booking services for February half term flights to Geneva, Zurich, Chambery and Grenoble are available right now at Coconut7.com.

Geneva & Zurich: All return flights are priced at £330 for adults and £299 for children. Children under 2 years old are free. **Chambery & Grenoble:** All return flights are priced at £340 for adults and £310 for children. Children under 2 years old are free. Prices are fully inclusive of airport passenger taxes and fuel surcharges. They also include a fully catered cabin service, with food, beverages and duty free service. Any suggestions for new destinations are welcome. Get hold of them at coconut7.com.



Rowlands success

Two consultants at Rowlands Recruitment, Emma Walker and Carla Watson, have passed the Recruitment and Employment Confederation (REC) Diploma in Recruitment Practice. Emma obtained distinctions in all four modules, and also received the highest marks overall to earn the accolade of top student throughout the United Kingdom. This is particularly notable as last year Katherine Banks, another employee of Rowlands, was joint top student in the UK, and the REC has confirmed that no other recruitment agency has achieved this distinction for two years running.

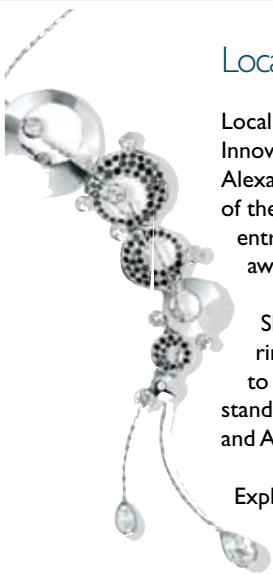
Rowland's Managing Director, Jeralie Pallot, praised the dedication of the consultants: "Carla, Emma and Jo have worked exceptionally hard during a busy period for Rowlands. These exam successes underline our determination to recruit, train and develop only outstanding individuals for our team, bringing better results for our clients."

Local jewellery designer wins top British award

Local jewellery designer Alexa Blampied has won a prestigious Design Innovation Award (DIA) for two platinum jewellery designs. Alexa, the head designer at Aurum Jewellers, is one of eight winners of the award, who fought off strong competition from 80 other entries from around Britain. It is the first time she has won the award, which is now in its fourth year.

She submitted two designs to the competition, a "Whirlwind" ring and "Tranquillity" pendant. Although it is not customary to select two winning pieces from one individual designer, the standard was so high that the judges could not decide between them and Alexa was given the award for both creations.

Explaining how she created her two winning pieces, Alexa says the "Whirlwind" ring was inspired by the dynamic shape and vortex of a whirlwind. It features platinum wire ovals with diamonds. The "Tranquillity" pendant was inspired by water dropping onto still water in a Japanese garden, creating ripples, circles and a sense of tranquillity. It features plain discs of polished platinum, interspersed with black and white diamonds.



Charity Race has international expert at the helm

The Le Tournoi charity, sponsored by Ernst & Young, has secured the services of an international sailing expert who has advised on prestigious races all over the world. Race Director Chris Simon will assist with the management of the inaugural sailing challenge which will involve 30 mostly local crews this month.

A retired chartered accountant, Chris Simon is a member of the Royal Yachting Association, which is the national governing body of sailing. He is the RYA official responsible for race management matters in the Channel Islands and has previously run the two Hobie Cat European Championships held in Jersey and the sailing events in the Jersey Island Games in 1997. On Saturday 30th September the boats will leave Cherbourg for Jersey where they will take part in the Coutts Round Jersey race – a major event in the Channel Island sailing diary. On Monday 2nd October the boats will race from Jersey to Guernsey and then back across the Channel to finish in Portsmouth on Wednesday 4th October.



Undergraduate Internship Scheme

The Economic Development Department's Jersey Undergraduate Internship scheme, launched in May 2006 by the Training & Employment Partnership (TEP). Promoted to all higher education students and employers who could provide meaningful employment. It has been hailed a great success by the Minister for Economic Development Senator Philip Ozouf, with 50 undergraduates finding placements.

Over 220 undergraduates registered on the scheme with over 80 businesses offering opportunities. Internship Project Manager Carla Vidamour from TEP says "I have been thoroughly impressed by the response we received regarding the scheme...The scheme has definitely provided the undergraduates positive exposure to a variety of careers and enhanced their longer term employability."

For further information, please contact: Minister for Economic Development, Senator Philip Ozouf on 07797 713838.

miscellaneous // stuff to entertain and amuse

september's joke // golfing nuns

A nun is sitting with her Mother Superior chatting. "I used some horrible language this week and feel absolutely terrible about it." "When did you use this awful language?" asks the elder nun.

"Well, I was golfing and hit an incredible drive that looked like it was going to go over 260 yards, but it struck a phone line that was hanging over the fairway and fell straight down to the ground after going only about 100 yards."

"Is that when you swore then?"

"No, Mother Superior," says the nun. "After that, a squirrel ran out of the bushes, grabbed my ball in its mouth and began to run away."

"Is THAT when you swore?" asks the Mother Superior again. Well, no," says the nun. "You see, as the squirrel was running, an eagle came down out of the sky, grabbed the squirrel in his talons and began to fly away!"

"THAT'S when you must have sworn then?" asks the amazed elder nun.

"No, not yet. As the eagle carried the squirrel away in its claws, it flew near the green and the squirrel dropped my ball."

"Did you swear THEN?" said The Mother Superior, now becoming quite impatient.

"No, because the ball fell on a big rock, bounced over the sand trap, rolled onto the green, and stopped about six inches from the hole."

The two nuns were silent for a moment.

Then Mother Superior sighed and said, "You missed the fu*cking putt, didn't you".

pimp your snack

If you're bored in the kitchen, check out www.pimpthatsnack.com. Early in April 2006, some guy called Pete bought a couple of new KitKat Chunky with Peanut Butter bars. Out of a combination boredom and curiosity, he took it upon himself to replace the Peanut Butter inside the bar with some of the store-bought conventional variety. The peanut butter was replaced, the bar reassembled, and taste-tested with favourable results.

Having documented these shenanigans in pictures he then posted it up on a popular website forum which received a lot of interest. At the suggestion of someone else he turned the concept into a website and PimpThatSnack was born.

The site has been a bit of a global success after promotion on TV and people around the world are pimping snacks and putting them on the site. If anyone out there has the skills, get a Jersey entry up there to share with the world!



economic models // explained with cows

SOCIALISM:

You have two cows, and you give one to your neighbour.

COMMUNISM:

You have two cows. The State takes both and gives you some milk.

FASCISM:

You have two cows. The State takes both and sells you some milk.

NAZISM:

You have two cows. The State takes both and shoots you.

BUREAUCRATISM:

You have two cows. The State takes both, shoots one, milks the other, then throws the milk away...

TRADITIONAL CAPITALISM:

You have two cows. You sell one and buy a bull. Your herd multiplies, and the economy grows. You sell them and retire on the income.

AN AMERICAN CORPORATION:

You have two cows. You sell one, and force the other to produce the milk of four cows. Later, you hire a consultant to analyze why the cow has dropped dead.

A FRENCH CORPORATION:

You have two cows. You go on strike, organise a riot, and block the roads, because you want three cows.

A JAPANESE CORPORATION:

You have two cows. You redesign them so they are one-tenth the size of an ordinary cow and produce twenty times the milk. You then create a clever cow cartoon image called Cowkimon and market it worldwide.

A GERMAN CORPORATION:

You have two cows. You re-engineer them so they live for 100 years, eat once a month, and milk themselves.

AN ITALIAN CORPORATION:

You have two cows, but you don't know where they are. You decide to have lunch.

A RUSSIAN CORPORATION:

You have two cows. You count them and learn you have five cows. You count them again and learn you have 42 cows. You count them again and learn you have two cows. You stop counting cows

and open another bottle of vodka.

A SWISS CORPORATION:

You have 5000 cows. None of them belong to you. You charge the owners for storing them.

A CHINESE CORPORATION:

You have two cows. You have 300 people milking them. You claim that you have full employment, and high bovine productivity, and arrest the newsman who reported the real situation.

AN INDIAN CORPORATION:

You have two cows. You worship them.

A BRITISH CORPORATION:

You have two cows. Both are mad.

IRAQI CORPORATION:

Everyone thinks you have lots of cows. You tell them that you have none. No-one believes you, so they bomb the **** out of you and invade your country. You still have no cows, but at least now you are part of a Democracy...

SURREALISM:

You have two giraffes. The government requires you to take harmonica lessons

HONG KONG CAPITALISM:

You have two cows. You sell three of them to your publicly listed company, using letters of credit opened by your brother-in-law at the bank. Then you execute a debt/equity swap with an associated general offer so that you get all four cows back, with a tax deduction for keeping five cows. The milk rights of six cows are transferred via a Panamanian intermediary to a Cayman Islands company secretly owned by the majority shareholder. He sells the rights to all seven cows' milk back to the listed company, and proceeds from the sale are deferred. The annual report says that the company owns eight cows, with an option on one more. Meanwhile, you kill the two cows because the feng shui is bad.

NEW ZEALAND CORPORATION:

You have two cows. The one on the left looks very attractive.

AUSTRALIAN CORPORATION:

You have two cows. Business seems pretty good. You close the office and go for a few beers to celebrate.

tom's african anecdotes //

Phil Dink C.I.A.



Most people in Nairobi knew that Phil Dink was in the C.I.A. For one thing he had been at school with Dubya and for another he knew all about the US invasion of Somalia, before it happened. Final proof, if proof was needed, came at a dinner party hosted by Clive and Patricia Watson Earl.

What only a handful of the guests knew was that the Watson Earl's kept two tame cheetah's. These had been orphaned some years before, when their mother had been killed by poachers in Kenya's Samburu National Park. Tina and Tara as they were known, had been a gift to the Watson Earl's from their daughter Cynthia, whose husband had connections with Kenya Wildlife Services.

The majority of the guests, who included many of Nairobi's well known and well connected, arrived in chauffeur driven cars. On this occasion, all of the cars departed after dropping their owners off, except one. The driver of this vehicle parked under a tree, on the drive, at the front of the Watson Earl's house. Then he put his seat back as far as it would go, pulled his cap over his eyes and settled down for a sleep.

A little over an hour later the Watson Earl's gardener let Tina and Tara out of their pen at the rear of the house, having first checked that nobody who might be alarmed by this, was in the vicinity. He assumed that, as nobody appeared to be sitting in the car parked at the front of the house, it was empty. About ten minutes after this, the chauffeur awoke and feeling the need to urinate, got out of the car and walked a dozen yards into the bushes on the right. It was here, in mid flow, that he was jumped on by Tina. Scrambling to his feet in panic, the chauffeur lurched back towards the car. Luckily he had left the door open and he was able to throw himself in and slam the door. For a moment he leant forward over the wheel, waves of relief flowing through his body. Straightening up, he pulled his seat upright, turned the ignition and engaged first gear, glancing over his shoulder as he did so. Sitting on the back seat of the car was Tina's sister Tara, who had also taken advantage of the car's previously open door. Terror-stricken, the chauffeur collapsed in his seat and slammed his foot hard down on the accelerator. The big sedan lurched off the parking zone and fishtailing wildly, roared across the lawn. It smashed through the Watson Earl's French windows into the dinning room and all the lights in the house went out.

Nobody who attended the party was completely sure of the sequence of events. Many however remember that seconds before the car impacted with the French windows, Phil Dink yelled ; "Take cover, Somali terrorists" and drawing a Beretta pistol from a shoulder holster, jumped onto the table. When the emergency generator kicked in and the lights came on, Dink was in a marksman's crouch on the table and the gibbering chauffeur had a bullet in his shoulder. Proof indeed, if proof were needed, that Phil Dink was in the C.I.A.



bushisms //

"I think -- tide turning -- see, as I remember -- I was raised in the desert, but tides kind of -- it's easy to see a tide turn -- did I say those words?"

George W. Bush, asked if the tide was turning in Iraq, Washington, D.C., June 14, 2006



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group dating?! // deborah harris checks out the 'after 8' club



I hadn't been on a date in, oh let's see, six months and I was getting bored, so when the opportunity arose to meet some new people I jumped at the chance. Well, why not, it's better than sitting at home and brooding over the lack of excitement in my life. 'Go have fun' was my mantra, at least on the Saturday night I attended the After 8 Club group-dating event.

Up until recently I lived in London where numerous types of dating organisations had managed to recruit nearly all of my single friends, they even got me for a short stint. When I arrived in Jersey I thought, being the small size that it is, it would be easier to meet people, and it is, but not necessarily the single, un-married fanciable ones!

I was excited at the prospect of meeting new and interesting people, really, I was, but I had a dilemma, I had nothing to wear, and not the usual 'I have nothing to wear, even though my cupboard is full to burst', more the 'I only brought nine items of clothing over from the mainland'. Considering first impressions count, and the first five seconds are crucial, I decided to make an effort and splash out on a sleek little number from one of the commercial outlets on the High Street.

I arrived at 7.15pm at Mint Bar, a fashionable fifteen minutes late, and I was glammed-up and raring to go. The process was simple, pay a £5 introduction fee and then pick a restaurant out of the appropriate gender-friendly box. A staggering 49 other people turned up for the dating event and we were eventually going to be split off into small groups for dinner. In theory once at the restaurant there should be an equal number of men and women at the table.

I was an awkward customer, not keen on my first choice of restaurant, I politely requested a retry - a practice usually frowned upon. I ended up with The Italian Job, brilliant! Part of me wanted to meet someone nice, while the other part considered that if I did come across the man of my dreams I might lose my appetite and miss out on a great meal. Man, meal, man, meal, which one did I want more, hmmm?

With food on my mind I sat back and watched the steady trickle of people entering the bar. I was, if I'm honest, a little disappointed by the first few specimens that walked through the door, but I repeated two new mantras in my head, 'it's bound to get better' and 'it's good to keep expectations low'. In theory even if Mr Right, or Miss Right, is a no-show, events like this are a good opportunity to make new friends.

The wise or nervous arrived in pairs or groups, while the very brave, like myself, or at least I'd like to think so, turned up on their own. For the first few minutes I took the chicken's way out and sat with the hosts - Michelle and Carol, but I got the feeling I was distracting them from the business of collecting money and coordinating people. So I did what any good investigative journalist should do and mingled. I spotted a slightly nervous-looking, single lady hovering at the bar, clutching a drink. By single, I mean 'alone', in theory everyone at the event should be single, though that's never a certainty!

After striking up a conversation it became clear she was concerned about her ever-so-rash decision to attend the soiree. I'd like to think I managed to reassure her... 'Don't worry, everyone's in the same boat'... 'Treat it like a normal Saturday night out and concentrate on getting well and truly plastered!' were the two bits of advice I chose

to impart on her. Mid conversation a man - the cheek of it, rudely interrupted us! He proceeded to enquire about our selection of dinner venue; I was disappointed to discover he was on my table, though it must have been mutual because he never showed up to the restaurant. He'd clearly done the rounds to find out who was going where and made a restaurant choice of his own.

From one or two previous organised dating experiences I'd discovered that there's always one person who knows the rules of the game well enough to figure out the loopholes. I mean who says we have to go the restaurant we pick out of the box? And who says we have to sit through the whole of dinner with people we might not actually like?

Lucky for me I was sat next to a couple of corks, and I'm sure they'd like a mention - Tahlia and Mark, who attended the event together. Mark was a bit of a charmer, impressing us as he ordered the food in Italian. Yeah, so I was flirting a bit, why not, that was what I was there for, right? The dinner was fun, but I imagine that had I been sitting next to the wrong people it might have been a nightmare! In hindsight I should've anticipated potential disasters, like finding myself next to the boring IT nerd, and arranged for a strategically planned phone call so I could make a hasty exit. Though long term, it would've been a shame to miss out on the after-dinner fun.

All the groups were supposed to reassemble at a designated venue at the end of the night - in this case Caféjac was the place to be. We were running a little late, and so were some of the other 'tables', but that's only to be expected. By the time I arrived at Caféjac I'd consumed two, maybe three glasses of wine and I was feeling a little tipsy. So I was delighted when the first new person I met - a 'surfer dood' let me in on the slice of chocolate cake he'd bought at the bar - a substitute for the dessert he'd missed out on at dinner. I wasn't being mercenary, I didn't just want cake - he was nice company.

At about midnight a procession of us staggered to La Cala, where the night continued. A few people were lost on the way, leaving me with the 'surfer dood'. At La Cala we found space in one of the downstairs booths where I spent the evening sitting dancing - one of my favourite lazy activities and something that works particularly well in cars. In the meantime my landlord, who also happened to be at La Cala, was 'getting jiggy with it' on the dance floor beside me.

I staggered away drunk into the night with a shoe missing, an extra jacket, and, no, not the surfer dood.

All in all I had a fun night out. The next event is on the 26th August, meeting at 7pm at Mint Bar, and is going to be a rare amalgamation of the three different age groups usually catered for; (24 - 39; 40 - 50; 51 +), which should be interesting! Further After 8 Club 'group dating' events may vary slightly in style, depending on any new, quirky ideas Michelle and Carol come up with.

More info at www.after8club.com.



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get creative // Channel Islands Festival of Arts and Crafts



baaaaaa!!! sheep footstool made with real wool!

Thought knitting and crochet was just for fuddy-duddies? You may be missing out on a growing new trend. Making things has never been so fashionable: these days everyone seems to have a sideline selling homemade furnishings, hats, or accessories. Book groups have died a death since they were hijacked by Richard and Judy, now the latest thing is knitting evenings with names like Knitter Natter and Stitch n'Bitch – where you get together with your girlfriends, chat and knit. There was even a Sex & The City episode where Charlotte took up knitting as 'the new yoga'. And forget Family Circle, new publications with names like Scrap City: Scrapbooking for Urban Divas and Small Town Rebels, or Subversive Cross Stitch are designed to appeal to a new generation of urban hip 'craftsters'.

It's a Jersey phenomenon too. Take for example the recent fashion shows where models took to the catwalk in outfits created by talented local designers. Or pop into any of the boutique-style home shops in Jersey and check out the collection of handmade ceramics, jewellery or cards made by local artists. If you've always fancied getting in on the act, why not get some inspiration from the Channel Islands Festival of Arts and Crafts. It runs from the 27th September to the 1st October and brings together more than 80 exhibitors with a whole range of handcrafted items – unusual ceramics right through to rocking horses, homemade hats and jewellery, paintings and mirror art.

Whether you're looking to support local artists, buy environmentally-friendly products or just find an unusual gift – it'll certainly be different to anything King Street can offer. The entrance fee is £5 (£3 concessions, children under 6 free) but 10% of that goes to Jersey Hospice, and it includes two visits so there's no pressure to buy straight away.



Channel Islands
Festival of Arts and Crafts

CHANNEL ISLANDS FESTIVAL OF ARTS & CRAFTS

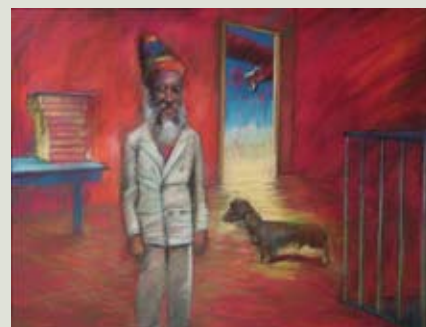
RJA&HS Royal Jersey Showground, Trinity

Wednesday 27th & Friday 29th September, 2pm – 8.30pm

Thursday 28th September, Late Night Shop, 2pm – 10pm

Saturday 30th September & Sunday 1st October 11am – 6pm

www.cifestivalofartsandcrafts.com



Exotica //

AN EXHIBITION OF PAINTINGS BY
SIMON TUPPER AND RALPH ELLIOTT

Exotica brings together two painters, Simon Tupper and Ralph Elliott. Inspired by July's heat wave the two artists talked to find a commonality in the work they wanted to produce and exhibit at the Hometime gallery. Bathers, palms and crocodiles seemed the order of the day. To accompany the exhibition Simon invited Valentina Nova to perform live at the opening to add a tropical flavour to the proceedings.

Simon Tupper was born and grew up in Jersey. He went on to study fine arts in Cornwall and currently lives and works in London. Simon regularly exhibits his work in London and Jersey. In 2006 Simon was commissioned to design and paint a 6 metre by 5 metre backdrop for the Turbine Hall, Tate Modern. The backdrop responded to the change in the surreal collection at the Tate and people were invited to be photographed in the painting.

Tuesday 5th September

6.30pm until 8.30pm

Preview night with live music by bossa nova artist Valentina Nova

exhibitions



The Lock Down

GRADUATE ART SHOW

This year for the first time the talents of Jersey art and design graduates will be on show in the Island at an exhibition entitled 'The Lock Down'. The graduate show, which is open to the public, is being held in the old Magistrate's Court in the Town Hall building from Monday 11th September. The show will feature the works of twelve artists, all of whom graduated this year from a range of UK arts colleges and

universities. Working as an art and design collective, the twelve are known as the 'Upwards Group' for the purposes of the exhibition.

The facilities at the Town Hall have been made available by Constable Simon Crowcroft and Mr Peter Noble. The exhibition runs until 22nd September and will be open Monday to Saturday from 10 am until 4 pm. There will be a private viewing on Friday 8th September to which the media are invited. This will be held between 5 pm and 7 pm.

For further information please contact Anna Shipley, telephone 01534 864579 or 07797 795016 or via e-mail at ashippers@yahoo.co.uk

Rainbow: Colours Of My Life

AN EXHIBITION OF TEXTILE ART FOR THE BLIND AND THOSE WITH IMPAIRED IMAGE BY CARRUS

Throughout her life, Carrus has had contact with the blind, her father an eminent eye surgeon, who had a true love of art and her partner who suffered retinitis pigmentosa who had a love of galleries and art. Due to the shock of her partner's death Carrus became ill and was declared disabled. Often housebound, this allowed her increasing love of art to keep her positive and help her raise money for charity. Having visited exhibitions for the blind, which were never around when her partner was alive, Carrus decided that this was the way forward with her art. Carrus was very surprised as to how many people suffer from sight impairment, colour blindness, long/short sightedness, tunnel vision, reduced vision due to retinal damage etc....

To form the realism of the pictures that Carrus portrays she uses gesso, impasto, wall filler, papier maché, sand, gravel, shingle, shells, slate, wood, wire, metal chain, fabric, feather, string and many more. Carrus will be in Jersey for the whole of the exhibition, she will run workshops for adults and children, demonstrate and talk to those who are blind or visually impaired, individually or in groups. The Harbour Gallery has a Stannah Chair Lift if needed to get to the exhibition in the studio space next to the café.

Showing at The Harbour Gallery, Le Boulevard, St Aubin. Opening 6.30-8.30pm. Wednesday 6th September, opened by Senator Stuart Syvret. Continues 7th to 27th September.

Channel Islands Festival of Arts and Crafts

(Formerly National Crafts Fair)



Channel Islands
Festival of Arts and Crafts

Wednesday 27th September
to
Sunday 1st October

RJA&HS Royal Showground, Trinity

Wednesday 27th & Friday 29th 2.00pm - 8.30pm

Thursday 28th, Late Night Shop 2.00pm - 10.00pm

Saturday 30th & Sunday 1st October 11.00am - 6.00pm

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play



cinema // World Trade Center

As the five year anniversary of 9/11 draws near, film makers are falling over themselves to come up with a suitably sensitive and equally dramatic reminder of the day's events. The poorly received United 93 set the trend, but World Trade Centre seeks to break this trend telling the heroic tale of the survival and rescue of John McLoughlin (Nicolas Cage) and Will Jimeno (Michael Pena). Some have said it is too soon, many have said it is necessary and we say go and see this film to remind yourselves of the courage and conviction shown by the many rescue workers on September 11th 2001.

OUT: 29th September // IMDB: [TBC xxx](#)



event // The Lion, the Witch and the Wardrobe

If you're looking to support Jersey's young, fresh talent then look no further. Back by popular demand, is this exciting production of C.S. Lewis' The Lion, the Witch and the Wardrobe. The classic children's novel has been given a first-rate interpretation by Jersey's youth theatre. Forget how good or bad you thought the recent remake to be and pencil the date into your diary. It's a must see. Although the production is taking place at Mont Orgueil Castle, the event is promoted by Jersey Arts Centre and members will still receive a 15% discount.

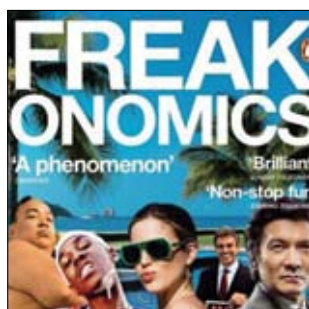
DATE: 4th- 7th September // WHERE: Mont Orgueil Castle // COST: £8 (£6 STUDENTS) [hyy](#)



music // Milburn: Well Well Well

If you are lucky enough to catch Milburn at JerseyLive 2006 then you'll agree that these self-crowned kings of Sheffield indie pop-rock are on to a good thing. The band has attracted numerous comparisons to the hugely successful Arctic Monkeys, and if their show time at this summer's biggest festivals is anything to go by, then they're sure to be massive. Their first album features all of their biggest hits to date, including Cheshire cat smile, Send in the boys and Lipstick licking. The album is sure to be as vibrant and articulate as their current track record and should fail to disappoint.

OUT: 25th September // PRICE: £9.99 [Milburn: great great great!](#)



book // Freakonomics Steven D. Levitt & Stephen J. Dubner

I read this book with the preconceived idea that it would broaden my mind, expand my knowledge of the place I live in and altogether make me a better person. I wouldn't really say it did any of these things but it did definitely offer me a few laughs. Freakonomics uses information from the world around us and attempts to get to the bottom of what's really happening under the surface of every day life. Some of the trivia was so unbelievably random it was worrying and some was so interesting it actually made me stop and think. A book that will make you stop and assess the world you live in? Unheard of! A real winner.

OUT: Now // PRICE: £7.99 [x](#)



game // Test Drive Unlimited

A long awaited automotive experience, Test Drive Unlimited is set to deliver realistic feel and sound from the inside of the car never before experienced in a console video game. There are a massive selection of cars and bikes to choose from to 'test drive' and the game allows you to visit exclusive dealerships to make purchases or to simply test out quality. You are also able to exchange motoring parts to leave you with a one of a kind vehicle to race with. Races take place on diverse terrain making the game all the more exciting. A must play for all hard core gamers.

OUT: 8th September // PRICE: £39.99 // Available for Xbox 360 [x](#)

Bringing the beach to town...

Local singer-songwriters, Justin Thorne and Kevin Pallot will be playing a joint concert for one night only at the Jersey Arts Centre on Friday the 18th August 2006. Both musicians will be releasing these performances as live CDs in the near future.

Justin Thorne & The Chiefs, regular hosts of the Watersplash Sunset Sessions and Kevin Pallot & The Pinnacles who play in live music venues all over the island, will be playing in the main theatre at The Jersey Arts Centre on Friday 18 August 2006.

Justin Thorne who last year, was lucky enough to record his original material in New York with Maroon 5 producer, Tommy Allen and Blondie guitar player, Paul Carbonara, has been playing his new material live as a trio with The Chiefs (Alex Glendining on percussion and Pete Newton on bass and vocals). Justin, who provides acoustic guitar, vocals and writes all lyrics and melodies, said "This is a great opportunity to play at a fantastic local venue and also record and release my new material. My last CD was recorded in 2004 and most people who have heard 'honey...' may be surprised to hear how my material has evolved... plus I love playing with a band as it gives the tunes a whole new dynamic and style."

Kevin Pallot, formerly of The Big Hellos and no relation to Nerina (although Justin has been trying to convince him to claim she is his mum!) has taken his song writing in a new direction with his band The Pinnacles, complete with electric fiddle, drums, bass and keyboards. The official line-up is Vinny Donnelly on violin, Paul Matthews on piano, Rob Thomas on bass and Jonathan Crowther on drums. Kevin, a professional artist, said "I am really excited about playing with the band in a venue like the Arts Centre and I will be playing a blend of brand new material and some of my older songs with a new twist."

When asked about his music, Kevin said "There is definitely a Celtic feel in the band sound, but I can't say who we sound like... I think that's for others to judge. My influences range from Jeff Buckley and Ray Lamontagne to U2 and Crowded House." Kevin writes about his own experiences and the experiences of his close friends and family. 'The sun will split the sky' was written about his cousin who wished to travel and explore the world and 'Greed' is about taking a gamble and was inspired by the ex-Undisputed Heavyweight Boxing Champion of the World, Lennox Lewis!

Tickets will be £5 (£3 for students and OAPs) and are available from the Jersey Arts Centre Box Office.



meet the band // Coast to Coast

COAST2COAST. What springs to mind? A Jersey walk? Westlife's first album? Or a 'Funky reggae' four piece? (As described by lead vocalist Tom Butel). COAST2COAST have been together for over a year now and have played at numerous charity events and feature regularly at Moody Blues, The Blue Note and The Watersplash.

We caught up with the Tom to discuss their music and how they find being a new band in Jersey trying to make a name for themselves.

GM. How long have you been playing together as a band?

C2C: Well, we've all been mates for a couple of years and we've been playing together seriously for about a year. One day we were just hanging at Kenny's and the whole thing just sort of evolved.

GM. Who would you count as your influences?

C2C: This is gonna sound 'cheesy' but probably, Sublime, Bedouin Sound Clash and really just a mix of everything. We're good mates with The Jackson Moody Band and Malarky who we also look up to.

GM. How do you find it, getting places to play in such a small island?

C2C: It's pretty easy. At first it was difficult, but as you make a name for your self it gets easier. We have places where we play regularly and that's usually what we stick to, that helps build up an awareness.

GM. So who are you listening to on your iPods right now?

C2C: I love Dispatch, and Ray Montagne is awesome too. Kenny's listening to this wicked band called Fat Freddy's Drop and obviously we all love Sublime. I also really like Paris Hilton's new music! Is that sad?

GM. Have you been recording anything for release?

C2C: Yup. We've got an album coming out in the next few months with 10 songs on all written by us.

GM. Any last word for your fans?

C2C: Look out for us. Come along to one of our gigs because they're always good fun. Oh, and bring your dancing shoes!

Singer- Tom Butel

bassist- Sarley Najeeb



From Wisteria Lane to The White House

As a star of the critically acclaimed *Desperate Housewives* Eva Longoria has been making a name for herself on both sides of the Atlantic since the show started in 2004. This September Eva will make the jump from the small screen to big screen, starring alongside movie greats such as Michael Douglas, Kiefer Sutherland and Kim Basinger in action film *The Sentinel*.

We caught up with her to discuss her role as tough secret agent Jill Marin in the film, how it contrasts with the shallow but lovable Gabrielle in the internationally successful *Desperate Housewives* and the secret to that amazing body of hers.

GM: What was it like finding out you had the role in *THE SENTINEL* with Michael Douglas and Kiefer Sutherland?

EL: "When I met Michael I could hardly speak I was so star struck. It is so fantastic and a great honour. Just watching Michael working is amazing; he's such a movie star. Michael and Kiefer are such inspiring people as well as actors. They are great people, family men as well as wonderful actors and it's nice to know the business didn't chew them up and spit them out."

GM: I know Michael and Kiefer were surprised by your skills when it came to practicing at the shooting range?

EL: "I think they were a bit surprised that I was so good, yes, much better than them. They kept saying 'You're embarrassing us!' It was funny. We went to the firing range to practice and all my shots were bull's eyes. Kiefer's shots were a little lower and then Michael's weren't even close. He would've killed so many civilians and bystanders if it was real. But I used to go target shooting all the time growing up, so I'm great with a gun, we'd shoot coke cans and anything that exploded really. I can handle a gun, I can skin a deer, I can skin a pig and pluck a quail, you name it I've done it. The training was so easy for me. I am pretty fit too, I work out every day, I do 75 push ups a day"

GM: Why did you choose the role of Jill Marin in *THE SENTINEL*, I know you've been getting lots of film offers?

EL: "There is no sex at all and she's so different from Gabrielle so it was a new kind of image for me. You forget about me playing Gabrielle because Jill is tough; shooting people and protecting the President. She is a very strong woman and I like her. It was refreshing for me to do that and I hope the audience will say 'Wow, I didn't know she could do that'. It was exciting, I'm in a suit the whole time; it's sexy but there are no short skirts. I'm nobody's love interest. I'm not kissing anyone. One of the reasons I picked it was that I got to show the audience that I can do something else."

GM: Can you talk a little more about Jill Marin's character?

EL: "Well she is working in the Secret Service which says a lot about

her determination, because it is such a male dominated world. She looks good but doesn't want to get anywhere using her looks. She wants to be respected for her talent and her skills, and that's why I picked this movie, because it was the exact opposite of Gabrielle. It was a lot of fun."

GM: What was the training like?

EL: "We did firearms and tactical training, but it wasn't that hard for me because I have done a lot of it before for an earlier TV show and I am quite fit."

GM: What is your work out regime?

EL: "I have a trainer. I train every day but I get really bored really easily so we do weight training, balance training, core training, jump rope, everything."

GM: What about diet?

EL: "I have to eat healthily, but I'm lucky that I love eating fish and vegetables, that's my favourite thing to eat and on the set our caterers will make anything I want. So if I feel like meatloaf they'll make it, if I say sea bass they will cook that for me - anything you want they make. But my breakfast is usually scrambled egg white, spinach and turkey bacon I love cottage cheese and pineapple. But I think I am so healthy because I was raised on a ranch and we grew all our own vegetables. Sometimes we couldn't afford meat so we'd just eat veggies."

GM: Do you cook?

EL: "I'm a great cook, Mexican food is my speciality and tortilla soup is probably the best recipe I do, my friends love me to make it."

GM: What are your indulgences?

EL: "I love facials I'm a spa junkie, I love massages and scrubs and I am obsessed with shoes. I do pinch myself when I see how many pairs of shoes I have, Tony can't believe it."

GM: Who is closer to you, Gabrielle or Jill?

EL: "I love Jill Marin because she's a lot closer to me than Gabrielle."

Jill is an ambitious, hard working woman who's trying to climb the career ladder based on her talent. Gabrielle is selfish, she uses her looks to get what she wants, she doesn't want a family and she's very manipulative. I am not at all like that."

GM: Do you have anything in common with your *Desperate Housewives* character?

EL: "Well we do have some things in common - like ambition. But she hates children I want 10. She married for money, I'd never, never marry for money, she's materialistic and I'm not. She uses her looks to get what she wants and I don't do that really - well just to get my boyfriend, I did use them to get Tony (boyfriend)."

GM: How do you handle the hysteria and fascination with *Desperate Housewives*?

EL: "It's sometimes hard to deal with when you're out shopping at the supermarket. It's amazing. But I can't complain. I still can't understand why anyone cares about what I do or what I say. I went to a photo shoot the other day and there were paparazzi outside and we pull up and I go, 'Who's here? And they go "you, that's why they're here". I feel like I am part of the Beatles. I feel like it's going to be very easy to stay grounded. You can't believe your own hype. Or you'd be let down if you blow yourself up. I'm not going to stop going to the supermarket just because the paparazzi follow me though, I love to cook and a cook needs her ingredients."

GM: Why do you think *Desperate Housewives* is so popular?

EL: "People will always be interested in relationships and infidelity and sex and everything connected to things in their own lives. We don't try to shock as much as drawing attention to the pent up frustrations women have to deal with, there's a lot of satire and black humour and we deal with the basic problems facing married women."

GM: You have become a sex symbol and have been voted the sexiest woman in the world in several 'men's magazine' polls. Have you always felt pretty?

EL: "No. I grew up as the ugly duckling, they called me 'la prieta fea', which means ugly dark one, that was my nickname. So when people call me a sex icon, it's flattering but it never goes to my head because I never felt sexy as a teenager. I was a tomboy and any time anyone says something about me being hot, it makes me giggle."

GM: Who's style do you admire?

EL: "I love Jennifer Lopez's style. But I am an individual; I didn't grow up wanting to be like anybody I wanted to be like my mom because she was great. But I do love J Lo because she takes risks and is not afraid to show her curves and she's extremely confident."

GM: You are engaged to American basketball star Tony Parker; how important is your relationship at this point?

EL: "It is my priority, he's amazing and had never even heard of *Desperate Housewives* when we met. He took my breath away, I was just blown away because he is so good looking."

GM: Will you get married?

EL: "I hope so but Tony supports me in ways I've never felt supported so whether I'm Mrs. Parker or just with Tony for the rest of my life, I'm fine."

GM: Tony is a lot younger than you, there were reports recently about you saying you're far more experienced than him, is that true?

EL: "No I was misquoted. Tony's 22 and has been in one relationship. I've made a lot more mistakes and I have been married. But Tony doesn't care about the rumours and reports, he's very secure in his lover status."

GM: How are you balancing your work and love life?

EL: "I'm very efficient and the people who work with me always say that, they know when they have a day with me it's going to be really exhausting because I love to fit as much in as possible. But when it comes to my personal life I am actually very relaxed, I see Tony two or three days a week, I fly home to Texas and come back to work. He was just on the west coast playing, so it has been working out great. We have a lot of time together."

GM: What would like to do next?

EL: "I want to play strong women. I would love to do a romantic comedy next; I love Vince Vaughan, Jim Carrey, and Matthew McConaughey, maybe Hugh Grant. I really want to do more films instead of TV and get the opportunity to meet people like Michael Douglas and Kiefer Sutherland."

THE SENTINEL WILL BE SHOWING AT CINEWORLD
AND THE NEW FORUM FROM SEPTEMBER 8TH



An Inconvenient Truth

(a mind-boggling , well-researched film)

This is perhaps not the most common way to begin a film review- but this is no ordinary movie. I remember once upon a time (roughly a decade or so ago) the way the salt used to taste off the coast of Kwazulu-Natal; pure and almost sweet. I remember the clarity of the water and the cool refreshing feeling a few meters in. It was something I never questioned. But over the years as I have traveled and swum in different seas the world over, I have noticed a subtle change.

Sometimes it's the way the sea tastes , as if some giant bar of soap had drifted past or the way the water sometimes felt slippery and slimy or the colour of the water murky. At these moments I would often think- how long will it be before we find ourselves unable to swim in the oceans at all? Our great grandchildren will listen in awe as we tell them stories about great men we called "surfers" who rode the seas on the back of giant boards...how the girls used to frolic in the crashing waves...and their little faces will be filled with rapture but sadness too for they will never experience that.

It is without a doubt that this world is wearing thin and the man who is bringing this to our big screens is none other than former Vice President Al Gore. Directed by Davis Guggenheim and 'starring' Al Gore, critics are calling it earth shattering, intelligent and well-researched. Having grossed more than ten million dollars in its first week of release in the US , this movie is making an impact. A huge impact. Not bad for a film that started out as a slide-show.

Al Gore used to take it on the road with him whilst he was campaigning. The film offers a passionate and inspirational look at Al Gore's commitment to expose some of the misconceptions about global warming. Yet it's not all doom and gloom.

Surprisingly there are some very inspirational solutions to some of earth's problems -that we can all manage to do. You owe it to your great grand-children to see this film.

AN INCONVENIENT TRUTH OPENS
AT CINEWORLD IN JERSEY ON
SEPTEMBER 8TH



Photo: Gerard Egan

Restaurant Review



Chambers

A word of warning. If your university years are consigned to distant memory – never ever try to relive them by going out drinking with a student. It takes months – sometimes years of intensive training to get your blood alcohol content up to the same levels as that of a third-year medical student. I'm only telling you because I wish someone had warned me of the dire consequences of heading out on the lash with Adam – my soon-to-be doctor friend, back from the Royal Free for the summer. It was only supposed to be a few drinks, but when I woke up the next morning, head thumping and pillow spinning, I realised it had turned into a full session of tequila shots and poker.

Being an expert on hangovers – they're an essential part of his weekend – Adam knew exactly what to do. "We have to have a fry-up", he groaned from somewhere behind the sofa (he needs to work on his bedside manner). Thankfully Chambers serves a wonderful weekend brunch late into the afternoon, with squashy sofas to sink into, and roaring fires to cure that fragile shivery feeling you get after a night out on the town. Adam knew all about that too. "It's actually a mild type of alcohol-induced hypothermia in which body heat is given off too rapidly due to the increased blood flow to the skin." Wow. It was like being on a date with NHS Direct. And it turns out that a fry-up is actually the medical answer to hangover symptoms. After you've been drinking, your blood sugar levels get very low – hypoglycaemia to those in the know, and the best treatment is to eat something that contains as much protein and carbohydrate as possible. The classic fry-up, greasy though it may be, fits the bill perfectly.

Since it was a medical emergency, Adam prescribed himself the full Chambers English breakfast – two sausages, three rashers of bacon, baked beans, mushrooms and loads of toast. There was a slightly smaller "ladies' breakfast" on the menu, but I just couldn't face it. The scrambled eggs with smoked salmon on toasted ciabatta sounded more manageable. "That's probably the best option for a hangover," added Adam, "eggs contain cysteine which

will help your liver deal with all those vodka tonics you knocked back last night".

Adam the fry-up expert pronounced the Chambers breakfast a very good effort – decent sausages, orange-yolked eggs, plenty of bacon and not-too-greasy mushrooms. My scrambled egg was lovely, very eggy eggs laden with smoked salmon and topped with fresh parsley on a toasted ciabatta. And if you're still suffering with the morning-after feeling, there's always the vitamin C-rich Big Tom spicy tomato juice – with or without a dash of vodka.

You can tell our waiter Albi was used to dealing with people who are, let's say, a tad more fragile than normal. He whisked away our empty cups without a word, returning them refilled with steaming fresh coffee. He suggested I try the banana and blueberry pancakes. Don't miss them. A stack of doughy, banana pancakes studded with blueberries and served with a pot of maple syrup, they're ideal for boosting those flagging blood sugar levels.

Chambers is a bit of an institution in St Helier – it's had a lick of paint recently, but the manager Eleanor Blazey (ex-Chicago and Blue Fish) wants to market the place as more of an eating destination. You can still grab a quick pub lunch through the week, but she's also introduced an after-work pasta and pizza menu for those times you just can't face the queue at Marks & Spencer.

As far as brunch goes though, it seems to be a popular destination. With leather sofas, wood panelling and the broadsheets, there's a bit of a gentleman's club feel to the front of Chambers, and a live Sky Sports feed on the big screen at the back. And if you're stuck hangover babysitting – you can even bring the kids in with you, it's licensed for children in the daytime.

So let's get this straight, Chambers isn't going to get a Michelin star anytime soon, but if you're looking for a decent fry-up, Sky Sports and maybe a hair of the dog – you're not going to go far wrong. Trust me, I'm (out with) a doctor.



Chambers

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01534 735405

Brunch: Saturday & Sunday 11 am – 3 pm
Lunch: 12 – 3pm every day
Dinner: 6 pm – 9 pm Mon - Thurs

This month's star rating guide

Prairie oyster	★ ★ ★ ★ ★
Hair of the dog	★ ★ ★ ★
Bloody Mary	★ ★ ★
2 Alka-Selzers & an ice-pack	★ ★
AA on speed-dial	★

Chambers

★ ★ ★

fancy a tippie? go french.

The perception of French wine as 'stuffy' and out-dated is set for a radical shake up as 2006 sees the unprecedented international launch of a brand-driven, thoroughly modern wine range: Chamarré [sha-ma-ray] which is French for 'bursting with colours'. The brand has been available in the UK from June 2006 and Gallery have teamed up with Chamarré for our promotion at this year's JerseyLive.

Bright, lithe and confident, the vivid Chamarré French wine brand represents six of the largest wine co-operatives across France. By joining forces, ditching the French love affair with sacred wine region appellations and over-complicated tiered classifications, Chamarré is boldly courting controversy at every stage of its production.

With a federated sourcing network across France, the company, OVS, potentially has the highest production capacity in the country and the ability to source and produce wines from all regions and varietals. Wine producers themselves, the shareholders have a combined capacity of over 30,000 ha of vineyards and maintain total control of every stage in the wine-making process from vine to bottle. A single dedicated master winemaker, Renaud Rosari, ensures creativity, quality control and consistency.

Cross-region co-operation, a culture of consumer-driven innovation and clear, uncluttered French branding are all bold new concepts in French wine production. But Chamarré successfully marries this revolutionary approach with an appreciation of tradition.

The wholly French concept of 'terroir' that everything is determined by the location, soil and even climate where it is grown is far from forgotten. Chamarré boasts wine-growers with rich histories of wine production located throughout the country and 'terroir' is critical in shaping the Réserve Spéciale range, bearing Master Winemaker Renaud Rosari's initials.

France has world-class vineyards and an unparalleled heritage in wine production. Chamarré isn't about to throw all that history and knowledge away. It's about bringing it to life; retelling the story of our wine, but in a way that makes it meaningful again for today's wine-lovers. The packaging features a vibrant butterfly synonymous with colour, freedom and spontaneity. Spirited and vibrant, Chamarré believe buying wine should be as much fun as drinking it!!

Chamarré is available at co-op. For stockist requests and price information please contact Clemence de Crecy or Victoria Madden at Clementine Communications on 0870 732 3015



'It's time to get rid of the stuffy pretentiousness that surrounds French wine. Chamarré is about bringing our wines to life for the customer. The brand is lively, uncomplicated and approachable and means consistently high quality wines, with the fresh, easy drinking style customers are looking for.'

Renaud Rosari,
Chamarré's Master Winemaker



SIMPLY GREAT FOOD

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"Seczuan Duck, Pan fried breast w' quince chutney, smoky fig jus and tebboulhi"

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male brain :: female brain //

donna white examines the way the brain determines gender

The moment you discover you're pregnant, it's a question which preys on your mind and interests everyone around you – whether you have a preference or not.

Without question, parents will testify the experience of raising one is very different from the other. People might say “girls are gentler” or “boys are better at maths”. But is the gender gap down to biology – or because society makes us that way? In the past, it was widely considered that parents nurturing girls to play with dolls and boys to use building bricks is what shaped their personalities, their interests and their futures. But new evidence suggests babies start to show signs of male or female behaviour even before they are aware of the sex divide.

And it all comes down to differences in the brain.

For a long time, we divided the brain into the left and right hemispheres, attributing verbal skills and logic to the left, and visual, spatial and creative patterns to the right. We believed girls used more of their left brain, and boys more the right. But the latest research reveals language activity occurs in both sides. However, the large bundle of nerve fibres which connects the two sides of the brain tends to be thicker in girls.

So girls are literally more multi-tasking, using both sides of the brain easily, while boys are more likely to concentrate on one side at a time. In boys, the right side of the brain forms more internal connections and works more independently. Which is why they focus on right-sided activities like maths and taking things apart to see how they work.

Professor John Geake, a member of the Centre for Cognitive Neuroscience at Oxford University, said: “There has been some research in boys who have difficulty reading, which suggested this was down to them having weakening connections between the two sides of the brain. It's certainly the case that the connective tissue is thicker and more robust in females.”

Another area where there seems to be differences is in the parietal cortex – the back of the brain in the area where you tend to scratch your head. Boys have more brain cells back there than girls. And this is the area which deals with spatial awareness – explaining why the male is more drawn to watching football on television.”

These differences explain why girls tend to talk before boys. They process language more easily, and chatter along in their early years, practicing vocabulary and grammar.

They also have more control over their voices, finding it easier to modulate their tone. This leads to little girls who enjoy singing from an early age, unlike their brothers.

But how early is the gender gap apparent?

In one experiment in a hospital maternity ward, when babies were presented with images of a smiling human face and a mechanical mobile, girls were more drawn to the face, while boys were fascinated by the object.

Professor Simon Baron-Cohen claims this is because girls focus more on emotions, while boys are simply interested in how things work. According to his theory, every baby is born with a particular brain type – male, female or balanced. This is outlined in his book *The Essential Difference: Men, Women and the Extreme Male Brain*, published by Penguin.

The empathising brain or E-type

is generally found in baby girls.

They respond more to the distress of others, showing greater concern through sad looks, sympathetic noises and comforting.

The systemising or type S

is more often possessed by boys. They love putting things together, building towers or vehicles. They also react better to toys with clear functions, buttons to press, things that light up, or devices that cause another object to move.



But there is also a “balanced brain”, type B, which is a combination of both. One way to detect if your girl has a typical female brain is to watch how she might approach a group of playing children as a newcomer. Or how she accepts a new child into her group of friends.

If she has an E-type brain, she is more likely to stand and watch, to check out what's going on, and then try to fit in with the game or activity. This usually leads to her being readily accepted. A typical boy with an S-type brain is more likely to hijack the game by trying to change it, grabbing everyone's attention. As a host, girls are more attentive to the newcomer. Boys often ignore the child's attempt to join in.

Certainly, by 12 months, girls make more eye contact than boys. The balanced brain is rare, but combines the male and female traits. Therefore, a child may welcome a newcomer into their group of friends, but be aggressive in the way they show the newcomer who's boss. For example, they might select the toy which the newcomer is allowed to play with - and insist on this as a condition of them being accepted into the group. And Professor Baron-Cohen discovered this is determined by a biological factor: prenatal testosterone. With the help of women having amniocentesis, he was able to measure testosterone levels in the foetus.

The greater the presence of this hormone, the less these babies were able to make eye contact and develop language quickly, traits of the female brain. And the more they went on to display a male brain - direct aggression, such as pushing, hitting and punching.

Professor Baron-Cohen said: “There was a time when women were prescribed a synthetic female hormone (diethylstilbestrol), in an attempt to prevent repeated spontaneous miscarriages. “Boys born to those women were likely to show more female-typical, empathising behaviours, such as caring for dolls.”

As director of the Autism Research Centre at Cambridge University, Professor Baron-Cohen believes people with autism may have an extreme of the male brain - good at systemising, very bad at empathising.

“Two largest sub-groups of autism are classic autism, and Asperger syndrome,” he explained.

“Both share certain features: a difficulty in developing social relationships; a difficulty in communication; the presence of unusually strong, narrow interests; and a strong adherence to routines.”

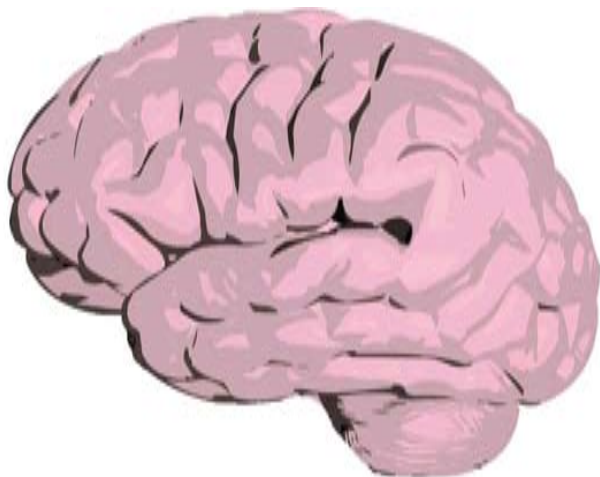
girls are literally more multi-tasking, using both sides of the brain easily, while boys are more likely to concentrate on one side at a time.

It's important to point out not all girls will have E-type brains, and not all boys type S. This explains why some girls are ‘tomboys’ and why a few boys may be more sensitive than their rough-and-tumble friends. There are those with a balanced brain, who have the best of both worlds.

“In the 1960s and 70s these gender differences were put down to parenting,” said Professor Baron-Cohen.

“Today, it is recognised there may be a partly genetic component.”

But before you start to panic that little Ethan isn't going to be the next Robbie Williams, or that baby Jessica will never make a NASA scientist, it's important to remember every child is an individual, and may not follow the same patterns of their gender. Nor does it make them any less special if they do. Professor Baron-Cohen said: “The theory is saying that, on average, males and females differ in what they are drawn to and what they find easy, but that both sexes have their strengths and their weaknesses. Neither sex is superior overall.”



Help Yourself // by zara palmer watkinson




Everyone's got their own guilty little secrets; I just didn't think mine would be quite so shameful. I haven't been able to look my cleaner in the eye since she found my secret stash under the bed. It's time to come clean, stand up and confess. Yes, you've guessed it, I'm addicted to self-help books.

I blame the weather. I would never normally have ended up in Ottakers if it hadn't been the nearest shop to shelter in when it started bucketing down with rain. I thought I'd browse the self-help section – just out of curiosity, to see if they had the one Robbie Williams was spotted with. All the titles looked hilarious: *Me, Myself and I: Learning to Love Yourself*. *How to Push Past Fears and Live Your Dreams*. *You Were Born Invincible*. *Finding Your Inner Goddess*. I thought buying one would be a laugh. I had no idea what I was getting myself into. By the time I'd finished the first few pages of *The Big Book of Me: Become Your Own Life Coach*, I was hooked. Here was a book all about my favourite subject – me, and how wonderful I was. Finally I could focus on myself without guilt. I'd just discovered the power of the ego-massage – no hot stones or essential oils but far more self-indulgent than anything the Club Spa can offer – and incredibly addictive. Before long I was compiling endless lists of my achievements (winning the tug-of-war for the last Missoni bikini at that sample sale, managing to avoid watching Big Brother, creating my own Myspace page), repeating my new positive affirmations ('I walk in beauty', 'I can do anything'), and making my own 'goddess shrine', full of the most flattering photos of me ('see how wonderful you are').

Like any addict, it was soon time for the next fix. And it was so easy. *The Magic of Believing* and *The Ultimate Miracle – You!* got me walking taller than those new L K Bennett stilettos I was planning to buy, and at half the price. But the more self-help books I accumulated, the harder it was to achieve the personal fulfilment each one promised. My life goal of being more punctual was scuppered by having to do a couple of positive visualisations ('imagine yourself as a beautiful flower, stretching out to others...'), four positive affirmations and practising my goddess glow in the mirror before I could leave the house. Eating out was a nightmare. Can you imagine trying to catch up on girlie gossip while taking three deep breaths before every mouthful? ('make every meal a fulfilling experience...'). My serial self-obsession was taking over my life. Even Amazon.com had got me sussed – "Zara we have recommendations for you" brought up *I'm Gorgeous: 101 Mantras to Celebrate You*. But it was only when I found myself going book-shopping in disguise to avoid pitying looks from the shop assistants as I left with yet another cringe-worthy title – that I realised I'd hit rock bottom.

So that's it. I'm going cold turkey. I've hidden my books somewhere the cleaner won't find them, dismantled my shrine and torn up all my positive affirmations. But I think I've found a way to put my self-help expertise to use. I'm going to design a self-help programme of my own – to help people fight their addiction to self-help books. I've even come up with a title: *Stop Moaning and Get a Life: How to Stop feeling Sorry for Yourself and Enjoy Life as It Is*. Trouble is, if it really works, I won't be able to write the incredibly lucrative follow-up: *Still Whining? Get Over It and Find Yourself a Decent Addiction*.

kipling  New to de Gruchy on floor (G)

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LEFT: Kelly:D&G black suit skirt, £119, D&G Giacca black suit jacket, £329, from Nautilus, Principles Avaline leopard print stiletto, £45, from de Gruchy, Georg Jensen silver cave bracelet, £400, from Hettich, Ratus peach face watch with black strap, £195, from Ibis.

ABOVE: Silver strand necklace with gold balls, £120, Drop earrings with yellow pave balls, £120, Pendant necklace with pave balls, £142, all from Ibis, Laura Lee wing pendant necklace, £130, Laura Lee circular pendant necklace, £115, both from H Letto & Son. Silver chain pendant with amber drop, £82, Hoop earrings with 3 pendants, £128, both from Ibis.

RIGHT: Ratus Creme watch with butterfly detail face, £130, Ratus square face watch with Mauve animal strap, £145, Ratus small face watch with 'Milit' green strap, £125 all from Ibis.



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FAR LEFT: Kelly: Patrizia Pepe tweed babydoll dress with neck detail, £170, Large gold bangles, £7.50 each, smaller gold bangle, £5.50, all from Manna, Nine West C-Nitara purple shoe, £58.50, from de Gruchy, Purple & blue ring, £83, from Ibis. George: Saint Hilaire chocolate brown jumbo cords, £79.95, Gant fine stripe multi colour shirt, £76, Gant purple lambswool V neck Sweater, £66.50, all from de Gruchy.

LEFT: Rebecca: Marc Cain lambskin olive flying jacket, £969, Marc Cain olive green gentleman's style pant, £159, Marc Cain fine knit wrap cardigan, £365, all from Renaissance, Pendant necklace with amber drop, £82, Multi stone ring, £112, both from Ibis.

BELOW LEFT: Silver scarf necklace, £255, from Ibis. Georg Jensen silver Infinity necklet, £383, Georg Jensen silver Mobius pendant on rubber collar, £179, Georg Jensen silver Infinity bangle, £238, Georg Jensen silver Mobius brooch, £200, all from Hettich.

BELOW: Paul Smith square face watch with burgundy strap, £310, Paul Smith green round faced watch with orange strap, £234, Paul Smith round face watch with black strap, £251, Paul Smith round face watch with black strap, £424, all from H Letto & Son.





THIS PAGE: Rebecca: Marc Cain mohair wrap knit cardigan, £289, Marc Cain grey check trouser, £205, all from Renaissance, Bertie Arisocrat Black Patent stiletto, £58.50 from de Gruchy, Ratiuss square face watch with mauve animal strap, £145, Silver scarf necklace, £255, from Ibis. Kelly: Hoss cream frill detail shirt, £133, Notify wide leg jean, £145, both from Manna, Principles Avaline leopard print stiletto, £45, from de Gruchy, Marc Cain grey goats' fur bag, £265, from Renaissance.



ABOVE LEFT: Rebecca: Marc Cain wool print cardigan, £395 from Renaissance.
 ABOVE: George: Paul & Shark navy chino, £102, Paul & Shark stone yachting jacket, £495 both from de Gruchy.
 Laura Lee gold bangle £140, from H Letto & Son.
 LEFT: George: Ted Baker satin stripe shirt, £85, Ted Baker tweed charcoal blazer, £167, both from Axle Man.



ABOVE: George: Ben Sherman navy ribbed sweater, £32.99, Ben Sherman Mustard T-shirt, £19.99, Lee Grant Tab jean, £51.99, all from Rock Island, Alexander Von Slobbe Sport Brogue, £165, from Massimo, Ratiuss mens watch with black strap, £165, from Ibis
 Kelly: Fahri Mustard chunky knit cardigan, £155, Coleci industry jean capri pant, £75, both from Nautilus. Lisa Tucci ankle boot with button detail, £99, from Marc 2, Yellow pave ball drop earrings, £120, brown octopus ring, £168, from Ibis.

BELOW: Georg Jensen Silver 3 row Alliance bangle, £221 from Hettich, Citizen Eco-Drive ladies silver watch, £151.95 from H Letto & Son, Georg Jensen steel Viviana quartz bangle watch, £708, Georg Jensen Silver twist bangle, £128, both from Hettich, Smooth large silver bangles, £7.50 each, Round silver beads, £10.50, both from Manna,

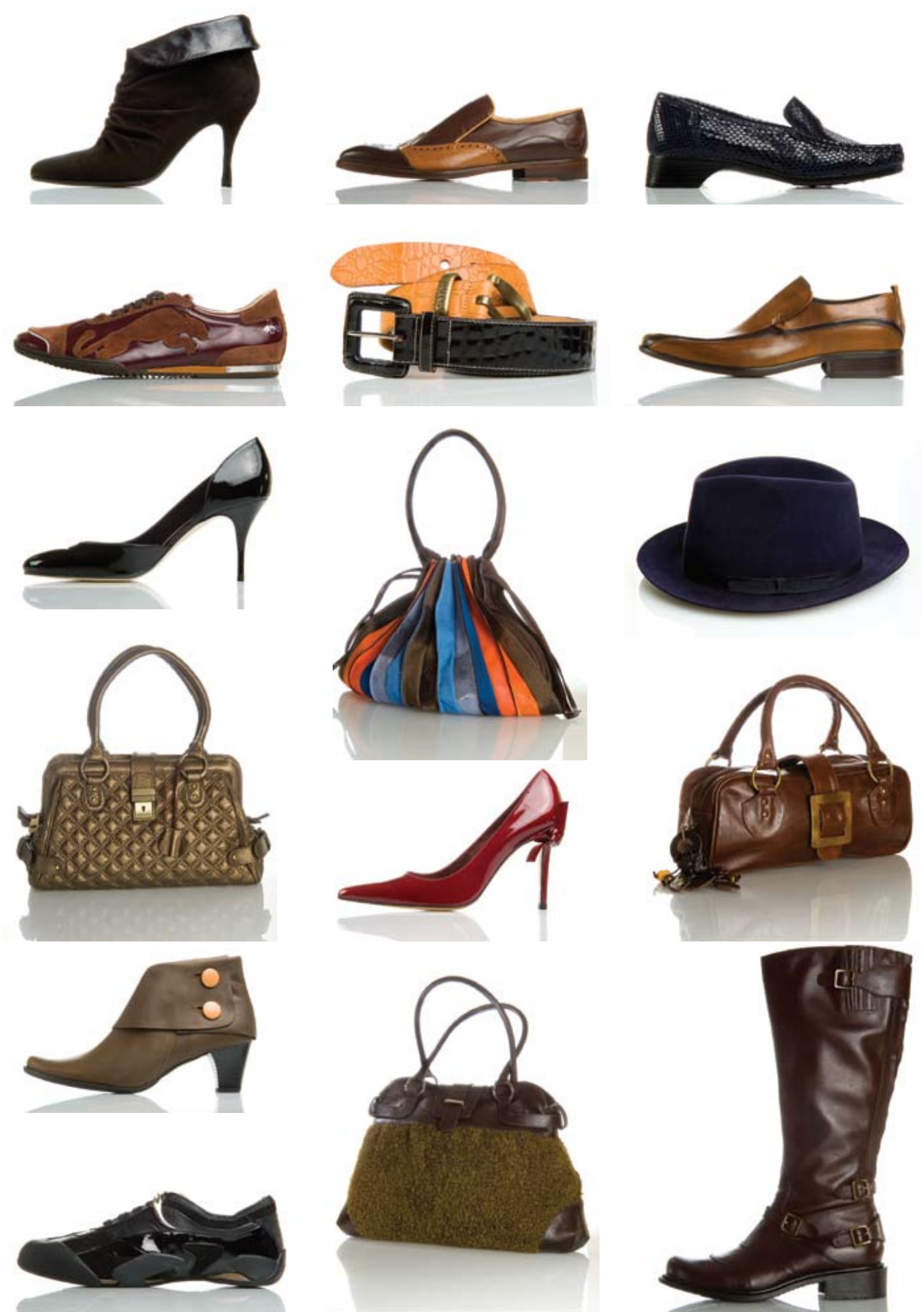




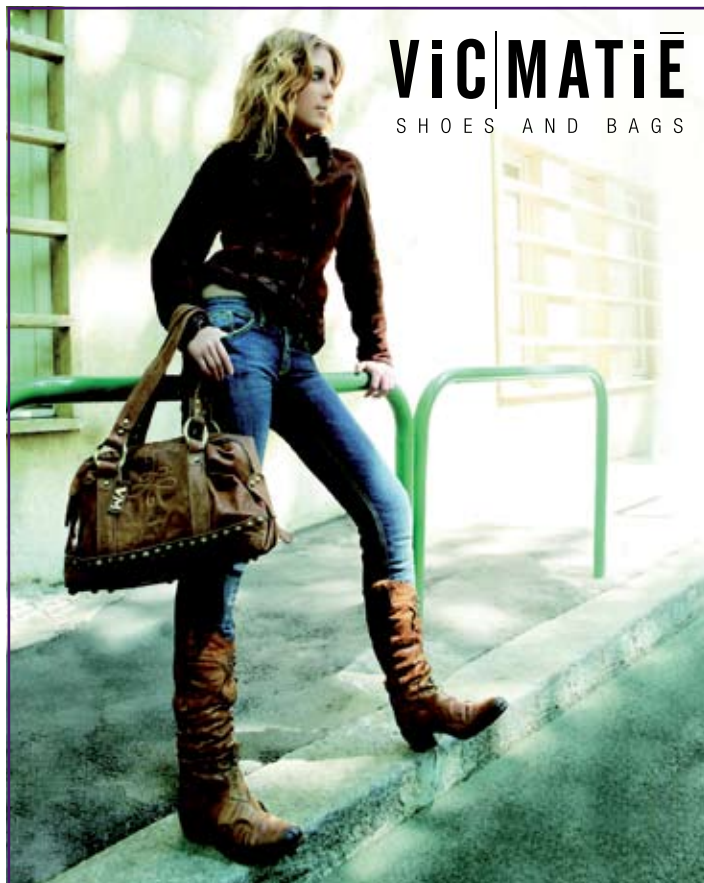
ABOVE: Rebecca: Whistles blue spot cardigan, £80.95, Elle Macpherson cream thong with grey ribbon, £21.60, Cosmopolitan blue quilted bag with bow detail, £31.50 from de Gruchy, Giesswein Lambskin slipper, £44.99, from Marc 2, Silver chunky bangle, £7.50, both from Manna, glove, stylists own.

BELOW: large wooden cuff with silver edging, £111, wooden bangle, £24, large wooden bangle with silver edging, £99 all from H Letto & Son. Silver strand bracelet with small gold balls, £75 from Ibis, Georg Jensen Silver cave pendant, £162, Georg Jensen Cave bracelet, £400, both from Hettich, Light brown cuff with pave snake detail, £154, from Ibis, black resin bangle with cross detail, £40, Small black Resin bangle with coloured crystals, £50, Larger Resin black bangle with coloured crystals, £60, All from H Letto & Son.





FROM TOP LEFT: Pied A Terre Sooty black ankle boot, £139.50, from de Gruchy, Oliver Sweeney tan & brown shoe, £212, from Axle Man, Navy faux snakeskin loafer, £39.99, from Topaz Shoes, Alexander Von Slobbe for Puma brick red trainer, £145, from Massimo, Levis Mens' beige Huron belt, £24.99, from Rock Island, Whistles leather black patent belt, £40.45, from de Gruchy. Bertie Envious tan leather loafer, £67.50, from de Gruchy, Bertie black patent Aristocrat round toe shoe, £58.50, from de Gruchy. Lupo multi colour pleat handbag, £201.60, from de Gruchy, Failsforth Navy hat, £45, from de Gruchy, Ri2k Natalia quilted metallic olive handbag, £85.50, from de Gruchy. Pied a Terre Articulate deep red patent stiletto, £89, from de Gruchy. Jocasí brown leather buckle bag, £85, Sportmax Tatto bag charm, £45, both from Nautilus. Lisa Tucci ankle boot with button detail, £99, from Marc 2, Alexander McQueen for Puma Dematasse trainer, £145, from Massimo, Marc Cain handbag in goat nappa, £299, from Renaissance. Marc Shoes brown rider boot, £74.99, from Marc 2.



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Georg Jensen 18ct yellow gold Fusion ring, £243, Georg Jensen 18ct white gold & diamond set Fusion ring, £698, Georg Jensen 18ct rose gold Fusion ring, £243, all from Hettich,



CREDITS CREATIVE DIRECTOR ALANA MANN
PHOTOGRAPHY DANNY EVANS HAIR BY LAUREN
MCLEES AT PORTSIDE STUDIOS MAKE UP BY EMMA
AT BLISS FASHION ASSISTANTS ROCHELLE BRADY &
MIRANDA GOUGH MODELS REBECCA, KELLY & GEORGE.



NOUGAT
New Autumn Collection

nautilus

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beauty monthly // pure pores

A daily facial routine seems to have become more and more important in recent years. these little treasures will breathe life into your skin in an instant...



The face is where the most delicate skin lies. If your skin is not treated with the love and affection that it deserves it will let you down. What impression does your skin make?

MAC: Microfine Refinisher - This scrub should only be used 1-3 times a week but straight after use, skin is left feeling fresh and rejuvenated. The microfine crystals gently exfoliate and refinish the skin. £15 for 75ml

Clinique: Turnaround - This is an efficient exfoliating face mask, perfect if you have 15 minutes to spare and are devoted to looking great. It has anti-aging qualities and with continued use, fine lines appear erased, £21.50 for 50ml

Aveda: Botanical Kinetics Exfoliant - As always Aveda delivers a plant based product that not only leaves skin feeling smooth but also has a great aroma to it. To be wiped over the face daily, it's quick and simple to use, £17.55.

Crème de La Mer: The Refining Facial - The natural agents in this product make it all the more appealing. As you massage it onto damp skin the sea muds are released leaving you with an awakened glow. Smells great too! £51.

Dermologica: Daily Microfoliant - this is a powder based product that reacts with water to release enzymes and make the skin instantly smoother. A strange formula but it works a treat! £26.83.

serums are the new cream:

The summer sun may have dried your skin and essential moisture must be replaced. These facial serums will help to put life back into your skin and leave you looking and feeling refreshed.

SkinCeuticals: Phyto Corrective Gel - This is a light, oil-free gel containing a unique combination of plant extracts to help improve the appearance of sun-induced age spots and hyper pigmentation on the face, hands and body. A natural alternative to chemical drug therapies, Phyto Corrective Gel aids in creating a clear, fresh-looking complexion and helps soothe skin and reduce redness. Amazing at healing and abolishing spots, £37.45 for 30ml £21.27 for 15ml.

SkinCeuticals: Hydrating B5 Gel - It contains the bodies natural hydrator, to bind moisture to the skin. This is good for use with your daily moisturizer and can be applied a few times each day to the most dehydrated parts of your face and neck. It works like a charm! Amazing for psoriasis and eczema £55 for 30ml £35 for 15ml.

CHANEL: Precision, Intense Refining Skin Complex - This is a non greasy gel that is quick and easy to apply. It targets the imperfections caused by the imbalance of oils in the skin. It's a great texture that's easily absorbed. It also smells lovely. £28.00 for 30ml.

REN: Omega3 Nourishing Facial Serum - This offers skin its very own beauty sleep, (without actually going to bed). Tired looking skin is a depressing thought but this product stimulates the skin's natural renewal process protecting it against moisture loss and ensures the skin's sustained suppleness. £32 for 50ml.

Aveda: Tourmaline Charged Radiance Fluid - tourmaline is a naturally energizing mineral and it combines with natural plant extracts to boost your skin's ability to shed skin-dulling cells. It sounds complicated but it's basically a quick and easy way to make your skin appear alive. The smell is also sure to awaken you,



beauty stockists

CREME DE LA MER de Gruchy 818818
CLINIQUE de Gruchy 818818
GUERLAIN Voisins 837100
DERMALOGICA The bedroom 880202
DIOR de Gruchy 818818

REN ELIZABETHARDEN
B.KAMINS
AVEDA Elmina
SKINCEUTICALS Bliss 789911

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Boots 730432
Bliss 789911
610082/741856
Bliss 789911

MAC No 7
CHANEL
PERSCRPTIVES
RIMMEL

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Boots 730432
de Gruchy 818818
0870 0342566
Boots 730432

THE LAVENDER FARM 742933
MOLTON BROWN 721904
MS PEDICURE Boots 730432

hydrating masks

We all drink water to hydrate our bodies. We should all use hydrating masks to hydrate our skin. Here's our pick of the best...

Elizabeth Arden: **Hydrating Mask** - From a master of skin care this mask is simple and easy to use and leaves skin looking and feeling refreshed. it takes just 5-10 minutes to get to work, £13.62.

N07: **Heavenly Hydration Moisture Mask** - This lightly whipped gel cream will offer your skin the slice of luxury that it deserves. it quenches thirsty skin and takes just three minutes to get to work, £10.22.

Dermalogica: **Skin Hydrating Masque** - This is excellent for dry skin and is also great around the delicate eye area. The skin is replenished with this soothing gel mask that is

to be left on for 15 minutes before rinsing off with warm water, £22.27.

Guerlain: **Masque Ressource** - This is a genuine moisture soak that literally lets your skin drink up the goodness. After a 10 minute relax wearing the mask the skin feels supple and most importantly hydrated, £18.70.



Anti redness products - As our skin starts to adjust to the more wintry weather it is always a difficult transition. The central heating in winter can cause your skin to become red and blotchy but thank goodness there is a god. These life savers will mean you are never caught in the red!

Perscriptives, PX Custom Concentrates: **Redness Relief Gel** - this gel provides a calming relief to irritated skin. This boosts the skins natural acids locking in moisture. Perfect for those autumn mornings when we're feeling (and often looking!) A little worse for wear, £37.

Clinique: **Colour Corrector, Red Neutralizer** - This is in a handy wand that dispenses the cream so it can easily be popped in your hand bag when out and about. It works really well and redness is noticeably reduced after use, this may seem odd though as the cream is a mint green colour! £13.

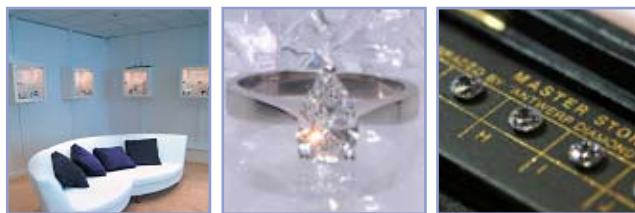
B.Kamins: **Booster Blue Rosacea Treatment** - this product blends into the skin to cosmetically neutralize and reduce the appearance of redness and blotchiness associated with rosacea. Helps restore smoothness while calming and soothing skin. it is fragrance free and definitely worth the price tag. £53 for 50ml.



Diamondology



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The Viewing Office, Broad Street
St Helier, T: 07797 771499
E: julia@diamondologygroup.com

fragrance - his & hers

Kenzo- Amour

The new fragrance from Kenzo exemplifies a journey through the southern parts of Asia. The perfume holds memories of lovely places, vibrant with colours and aromas. It is a soft sensual happy fragrance that will also look great on your dressing table. There are three different sizes and colours to choose from, and each size has its own colour. Its a cool new fragrance that smells good and looks great at the same time, price starts from £24.50 for 30ml.

Jersey Lavender: Eau de Toilette

A beautifully presented classic Lavender fragrance, a bargain at £6.85.

Molton Brown: cool (for him)

Clean crisp and refreshing. Ladies... what is one thing that we love more than a man who can dress? a man who smells like he can dress. Cool is an invigorating fragrance that will keep alive the feeling of summer; no matter how fast the weather fades. £25.50 for 50ml.

Aveda : love (For her)

Especially for the pulse points this is a fragrance that relaxes you and makes you feel like you're standing in a field of flowers on a warm summer's day, £18.



colour



Eye shadow palettes - As autumn falls there is a need for more subtle shades on our ever fading tans.

RIMMEL: Colour Rush, Duo Eye Shadow 640 - this peachy colour compliments the green fabulously and it warms up even the palest of skin tones. Although we won't immediately look like Kate Moss when we wear Rimmel make up, we can dream. £4.49

Dior: 5-colour eyeshadow - if anything buy this make up for the posh packaging! The gorgeous midnight blue case also holds something great inside! The shades in 970 range from plum to a shimmering white/pink. The velvety texture glides on easily and is guaranteed to stay on all day. The high price is worth it for the quality. £27.50.

feet

Foot treatments- slipping back into our winter boots after a long hot summer of flip flop-ping around can seem like a shock to your feet, so ease yourself into the autumn with some of these lovely products....

Clinique: Water Therapy, Foot Soothing cream - This is a cream that boosts moisture reserves in the skin leaving feet feeling hydrated and moisturised. Is a good one to use if you're in a hurry as it doesn't leave you with that sticky feeling that some moisturizers do, £13.

AVEDA: Footrelief - As with all Aveda products this smells great. The herbs and the fruit in this

product work with one another to both soothe tired feet and work off the dead skin, £13.95.

REN: Revivo -Tonic Cool comfort leg and foot gel - This soothing gel reduces the discomforts and the feelings of a heavy load on your feet and lower legs. Massaged into skin it is easily absorbed and leaves you feeling pampered, £18.

Badger: Foot Balm - As it says on the tin, do your feet a favour. this cheap and cheerful product smells good enough to eat and gives your feet a real treat, £3.99.

Ms.Pedicure: 2 in 1 pedicure wand - There is a rough side on the wand that will remove the dead skin on the soles of your feet and then there's also a smoother side for polishing your feet. It takes a while to perfect the rubbing technique but it's well worth it when you do, £6.99.



jersey lavender

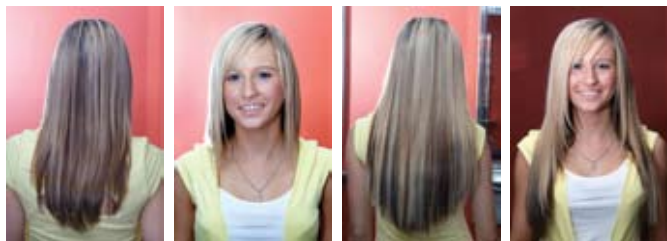
It's here! The long awaited re-vamped packaging from The Lavender Farm.

The lavender fields of Jersey are home to this range. It is the real deal, containing a higher percentage of lavender oil than it's counterparts.

Forget the general misconception that Lavender is just for your gran! Once you try this range and see it sitting in your bathroom you will be in the Lavender posse!

Nothing in the range is more than £10, so you can definitely give it a go!





hair lengthening experience...

Our hair extension competition winner Sophie de la Haye tells us about her new hair. It's amazing I won, I can't believe it. My hair's was quite long as it was, but I wanted it a bit thicker and a tad longer. I was a bit worried at first as I didn't know if the extensions would damage my hair, but all my worries were laid to rest when I was told this was a new way to achieve instant long hair without damaging it. I couldn't do much with my hair before in terms of styling as it was quite thin and limp, it would never hold curls and was very straight, so off I went to meet Lauren at Portside Studio to get my new hair extensions put in. I just wanted to go for the natural look where the colours would match my hair colour already.



The hair Lauren was to put in was American Dream hair which is easy to manage when washing. She attached all the extensions with a special rubber glue which doesn't ruin your own hair. It's not like some extensions that are put in individually which does break and damage your hair, as I have experienced before. After about an hour and a half it was all finished and boy did it look and feel great, you couldn't even notice where they were attached, they looked very real and I was very happy. I was given a guarantee book on how to look after the hair, how to wash it and what to do if you want to go swimming, sun bathing etc. and it was all very straight forward. I do recommend this type of hair extension for anyone looking for a quick and easy way to get longer hair that looks real and is great for curling too.

treatment // pedicure at fraiche

After 8 days of solid trekking in the Indian Himalayas you can probably imagine that my feet were looking a little worse for wear. My nail varnish was chipped, my skin was hard and deadened and my cuticles were in need of some major TLC. A d.i.y manicure just hadn't done the trick and my feet were still left looking beaten and down-trodden. Luckily in my hour of need there is always the salon option. I knew that my feet could be treated, cared for and given the loving care that they deserved so I booked into Fraiche salon for a pedicure.

Taking off my scruffy dirty (and dare I say, smelly) pumps I felt slightly embarrassed by the state of my feet but was soon reassured that the salon had seen worse. As I lay down on the extremely comfortable bed I prepared myself for what was going to be a 'relaxing pedicure', whatever one of those is. First my toe nails were treated with various nail creams and oils and after ten minutes my old nail varnish had finally been removed revealing the true atrocity of my toe nails. Looking sad and yellow they were treated some more with a gorgeous smelling mint foot scrub and some moisturiser. To remove the hard skin on the bottom of my feet a vibrating file was used, being ticklish I found it impossible not to laugh out loud. The two minutes of torture were worth it however, because the skin on my heel was softened and left feeling smoother than a 'baby's bum' as the beautician put it. A foot soak was then in order and I was left to read a magazine and sip on my mineral water. As I listened to the soulful music and looked around the lightly decorated room I began to realise what was meant by a 'relaxing pedicure'. After the foot soak a massage followed. I was definitely getting into it. After some poking and prodding to my feet that felt extremely good the nail varnish was cracked open. From a choice of about 30 shades I went with fire red.

The end result was fantastic, my feet looked new and amazingly, actually clean. They were so clean in fact I'm sure they were sparkling! I used to think a pedicure involved a chair, some varnish and some small talk with a lady wearing too much make up. Gosh, how wrong was I! I was so pleased, that as I waited for the varnish to dry I couldn't help but smile slightly. At last, my feet were no longer an embarrassment. I put my pumps back on and stepped out onto the streets of St Helier a feeling of smugness came over me. Gorgeous feet. I was disappointed that no one could see my beautifully pedicured nails, but hey, there's always tomorrow to go bare foot or whip on some flip-flops!

Time taken - 1 hour // Cost of treatment - £27

Portside studio

Bringing Style to St Aubin's

Get away from the hustle and bustle of town and get down to St Aubin. Pamper yourself in our luxury air conditioned salon with a Kerastase ritual. Then let one of our talented stylists transform you....and there's no need to worry about parking, there's plenty of free parking around St Aubin!

We are currently recruiting for
senior stylist
give us a call!



Portside's brand new extension system does not damage your own hair. A full head of human hair extensions is only £200. See how good they look on our competition winner Sofia above!



2 Bank Place, St Aubin. Telephone 747908
Email portsidestudio@jerseymail.co.uk



Summer is over but don't stop looking good!

Keep your body trim this winter with your own home gym!

Fitness equipment hire & sales > 01534 633109

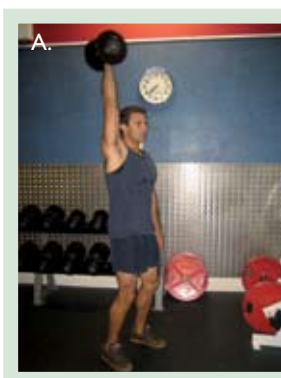
www.thefitnessagency.co.uk



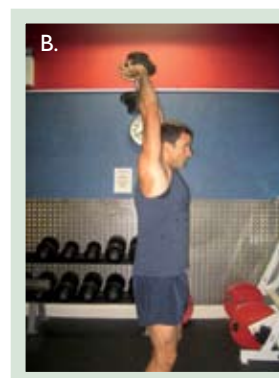
body - compound excercises with dumbbells // Steve Longstaffe

This month we will be looking at some more dumbbell exercises for toning up your muscles. There are a number of techniques with dumbbells that I like to use, and coming up are some of my favourites. The main advantages in using compound exercises are that they utilise a lot of different muscle at the same time, causing you to burn a large amount of energy when performing them. Also by using a couple of compound exercises here and there they will help you to eradicate any weak links in your body, as everything is working

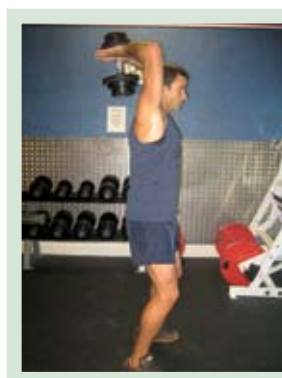
together giving you greater overall stability. Take for example the one handed squat snatch, your legs back and shoulders are working together, using a large amount of muscle mass. With the dumbbell bent over row so many muscles are working to keep yourself holding the position correctly. The last two exercises are both for the arms. Biceps curls on the preacher bench isolates the biceps making it a more effective exercise, and the standing tricep raise has you using many other muscles to stay in a stable position.



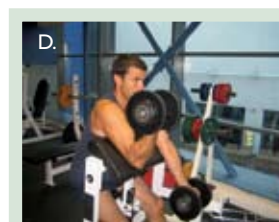
A. Single handed squat snatch



C. Bicep curl with preacher bench



B. Standing Tricep raise



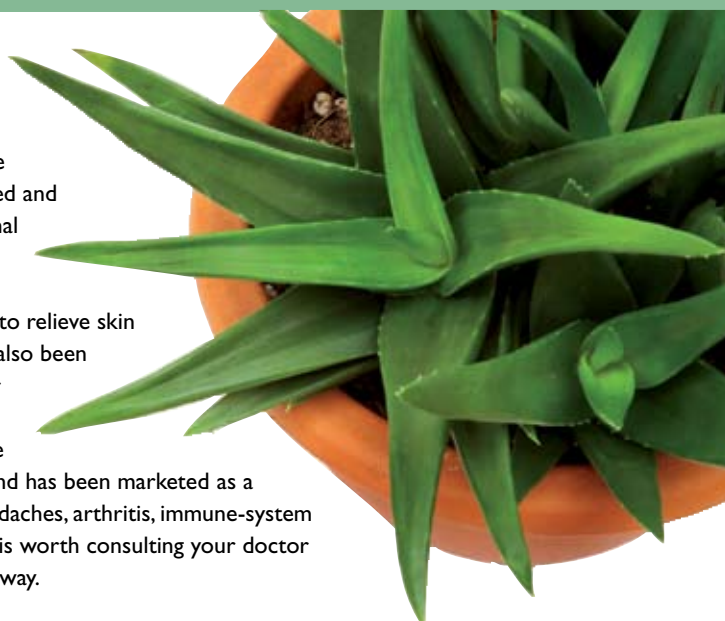
D. Dumbbell bent over row



For any tips or sessions in any aspect of fitness, nutrition or rehabilitation contact: Steve Longstaffe, Personal Trainer on 07797886575

nutrition - aloe

Aloe, also written Aloë, is a genus containing about four hundred species of flowering succulent plants native to Africa - common in South Africa's Cape Province and the mountains of tropical Africa. Aloes is the expressed juice of the leaves of the plant. When the leaves are cut, the juice that flows out is collected and evaporated. One species, Aloe vera, is purported to have medicinal properties, include its role in alternative medicines and in home first aid. Both the translucent inner pulp as well as the resinous yellow exudate from wounding the Aloe plant is used externally to relieve skin discomforts and internally as a laxative. Some Aloe species have also been used for human consumption. For example, drinks made from or containing chunks of aloe pulp are popular in Asia as commercial beverages and as a tea additive; this is notably true in Korea. Aloe contains a number of medicinal substances used as a purgative and has been marketed as a remedy for coughs, wounds, ulcers, gastritis, diabetes, cancer, headaches, arthritis, immune-system deficiencies, and many other conditions when taken internally. It is worth consulting your doctor prior to consumption - if you are considering taking Aloe in this way.



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faces&places

Battle of Flowers 2006
 10th & 11th August

Covered By Ben, Nigel & Tom



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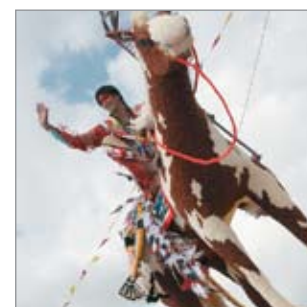
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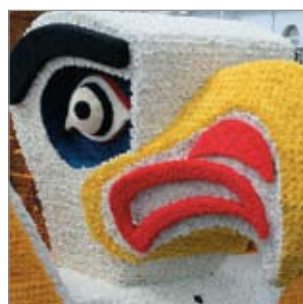
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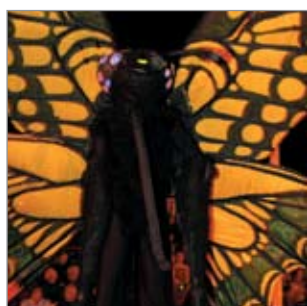
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ribbed for your pleasure

Complaining that you don't get off the rock enough? Then why not try a trip to an even smaller island. Jersey will seem positively continent-sized once you get back from a trip across to Les Minquiers. Barren and deserted, this group of small islands nine miles south of Jersey, with its collection of ramshackle granite houses has an eerie, ghostly air about it – helped no doubt by the smuggler tales recounted by our guide Phil. There's plenty of legend and mythology surrounding the rocks – they were first recorded in 933 then squabbled over for centuries by Britain and France until finally being awarded to Jersey in 1953. There was even an attempted 'invasion' recently, by an eccentric French writer who was seen off by a Jersey advocate having lunch on his yacht.

Unfortunately Les Minquiers are a little lacking in cultural sights - take in the view from the island's helipad, or spend a penny in Britain's most southerly WC - there's not much else to do. Nature enthusiasts will enjoy the chance to see Atlantic grey seals, along with the occasional dolphin, although we only saw a few cormorants and a couple of oystercatchers. But the main reason to go is for the trip itself – a thrilling powerboat ride. You'll speed across on a ten-metre rib, its twin 200 horsepower engines giving a top speed of 40 knots. Never the smoothest stretch of water – on a really choppy day, you'll ramp up waves, almost flying through the air, hanging on for dear life to the hand rails. It's a real life roller coaster ride that leaves you breathless, wind-swept and grinning from ear to ear. So take the trip – it's worth it to see a far-flung corner of Grouville – and you get a thrills 'n spills rib trip thrown in. And I guarantee, once you head back into St Helier harbour, Jersey will seem like a much larger place.

Power boating is available through Pure Adventure. A two-hour skippered expedition to Les Minquiers is £35 per person and includes wet weather and safety gear. See the website for more information www.purejersey.com or phone to book on 769165

riding for charity



At the end of the month this young man will channel his passion for cycling toward a good cause and is looking for others to join him on his journey. Alois (pronounced Aloyce) Rettenbacher, a family friend of a Mont a l'Abbe pupil, is cycling from Jersey to Salzburg in October to raise funds for the school. Covering over 1000 kilometres, the challenge will take him across three countries and around the northern Alps to his homeland, Austria. Alois, who is a keen cyclist, plans to stop off in several cultural hotspots - including Paris and Munich - en route to his destination, Salzburg. Talking about his reasons for taking up the challenge, he commented:

"I have seen first hand the great work done by Mont a l'Abbe on behalf of its pupils, and the high standard of care and teaching they receive. As the only school in Jersey for

children with severe learning difficulties and sensory or physical impairments, it provides an essential role within our community. I hope the funds raised from this cycle challenge may go toward the continuation of its good work."

Although the journey is Alois' idea, he is hopeful that others may join him and share in the experience. **Condor Ferries is supporting the initiative, providing free passage to St Malo.** The challenge will take approximately three weeks, covering 100km a day.

Those considering joining Alois on his challenge or interested in sponsoring him can contact him at alois@barbarahof.com or by calling 07797 912057



segway rally

The Segway is described as a 'self-balancing human transporter'. This miracle of modern engineering is like a one-person Roman chariot, but without the horses. The clever thing about a Segway is that it balances for you. To go forward you lean forward and to slow down or go backwards you lean back - its as easy as that. I tested a segway in Canada last year and was pretty impressed, the ability to control the movement in such a unique way is an interesting experience.

Not only is this now available to buy in Jersey but you can also ride this beast on the new Segway rally at Les Mielles Golf Club in St Ouen. The model used on the rally, the Segway XT has been specifically developed for stability, comfort and performance on uneven and tough terrain. This model is designed to cushion the ride on bumpy surfaces and minimize trail impact. The wider track increases stability on uneven ground, and the Segway XT happily navigates a variety of surfaces including sand, grass, gravel, dirt and pavement. If you want to try it out, get down to the rally and give it a go, with slopes, bumps and tight corners you can really test your balance and your nerve. Call to book a rally on 485984



cycling tech // rockshox revalation

The days of mountain bike suspension reacting to bumps like a pogo stick are long gone. Today's adjustable suspension forks are as high tech as they come. These revelation forks from Rockshox Suspension offer the rider a choice of dual air adjustment, motion control and optional poploc which can adjust the forks sensitivity to bumps on the fly (or moving to you and !!).

The forks offer 5" of travel or movement and this can be adjusted by the means of a "u-turn" which allows the rider to adjust the height of the fork to suit terrain, different rider styles or different tyres. The forks weigh in at under 4lbs or 1695 grams so are lightweight too! So go on treat yourself and your bike to today's high tech replacement for your old fork and see the experts at The Cycle Centre for help and advice.

Revalation 426 Air U-Turn

prices start from:

UK SRP	JSY SRP
£349.99	£297

Revalation 426 Dual Air

prices start from:

UK SRP	JSY SRP
£299.99	£255



gadgets // what the early adopter should get their mitts on this month



Nokia N93

Boasting a 3.2 megapixel camera with Carl Zeiss optics, 3x optical zoom and DVD-like video capture, the Nokia N93 also offers advanced connectivity and editing options. You can connect the Nokia N93 directly to your compatible TV for a widescreen movie experience, upload your images and video directly from the handset to select online albums or blogs, and even create high-quality home movies and burn them to DVD with the included Adobe Premiere Elements 2.0 software.

Available for £365 on contract or £486.99 without, from Fotosound and Jersey Telecom



Pyramat
Sound Rocker

Ergonomically designed gaming seat containing Personal Surround Sound™ technology so you can get that booming home theatre effect in your very own sitting room. Compatible with all game consoles, audio devices, TVs, VCRs, DVDs and MP3 players, the Pyramats contain a 5", 50W Audio Response Technology™ subwoofer that's aimed at your back so you can 'feel' the noise, and two 4" co-axial speakers located at either side of the headrests.

Available from
www.iwantoneofthose.com and
www.gameplay.co.uk
priced £149.99.

Olympus [mju:] Digital 720 SW Blurb

Which Digital Camera Recommended Waterproof to three metres and resistant to falls from up to 1.5 metres, the rugged Olympus 720 SW provides protection against the knocks and bumps of everyday life. Its shock and waterproof attributes truly let this model be taken anywhere, thereby opening up an entirely new array of shooting possibilities. Of course, the camera convinces through outstanding image quality too.

With 7.1 million pixels, stunningly detailed compositions are guaranteed. And thanks to BrightCapture Technology, the 720 SW not only produces amazing results – even in low-light conditions – but also provides a significantly brighter view on the 6.4cm LCD.

Available from Camera Corner on Colomberie priced £225.



The Pilotfish C-pod

Developed by Swedish-based Pilotfish Marine AB, C-pod offers boat owners an effective way to secure their investment using the very latest in wireless technology.

The C-pod acts as the owners 'eyes and ears'. Should intruders break in to your vessel, power fail, fire, gas, high water or motion incidences occur, instantaneous message alerts are sent via GPRS to C-pod's central server. These alerts trigger a number of predetermined procedures; text messages and emails can be sent to the owner or an appointed third party to respond to individual alarms. In addition to alarms, a "GeoFence" surrounds the boat – the C-pod's built-in GPS receiver detects if the boat's position has changed more than 250 metres from its supposed location. If the boat moves outside this GeoFence, full tracking and monitoring of the boat ensues.

A standard C-pod system retails for £685.00 including VAT. A range of C-pod accessories, a remote control and additional sensors are also available. Find out more at www.pilotfish.net



phone factory

gadget of the month // motorola PEBL



- Bluetooth technology
- External display with elegant clock
- Integrated Digital VGA Camera with 4 x digital zoom

Luxury meets fresh and bold style with the Motorola PEBL Colours. Stretching the boundaries of traditional design, the colourful PEBL boasts a unique oval shape, distinctive vertical external display, innovative one-handed opening hinge design and tactile soft-touch finish. And now available in vibrant shades of green, orange, pink and blue, the Motorola PEBL is sure to be the centre of attention everywhere you go.



Phone Factory

11th September

18 Queen Street

Walk this way

Due to our expanding range of products and services we're now about to take our place on the high street in our bigger and brighter concept store, ready to serve all your communication needs.

Our new shop opens on
Monday 11th September,
come and take a look.

Worldsmart, Homegrown
www.jerseytelecom.com



Czech it out // Will Austin Vautier test drives Skoda's fastest ever production car.



Throughout the Eighties Skoda was treading water in the car industry. More drivers had a soft spot for the ridiculed Sinclair C5 than for anything four-wheeled chugging out of Czechoslovakia. But having closely observed the notable progress of this car manufacturer in recent years, test-driving their latest offering was a must.

Before shedding light on the credentials of the new Octavia VRS, I feel I must first stray into Skoda's past in order to contextualise just how high this phoenix has risen from the flames of popular opinion.

Though a hit in Eastern Europe, British Skodas acquired an unshakeable reputation for conking out and quickly became an institution in comedy circles. Jokes about the car's 'heated rear window' were as commonplace as quips about the Conservatives or the comedian's monster-in-law. Its Hippo-in-a-pram style handling was only championed by the infamous Lada – which really did have all the auto attributes of a top-heavy kitchen cupboard.

Supposedly, Skodas were like the car world's week day boarders – spending Monday to Friday getting an education with the local mechanic, in time for a frolic with the family on Saturday afternoon.

But 1991 marked a turning point, whereby those who'd made a living whipping hysteria about the brand had little dirt to dig: Skoda became a subsidiary of Volkswagen Group. From this point on the manufacturer never looked back.

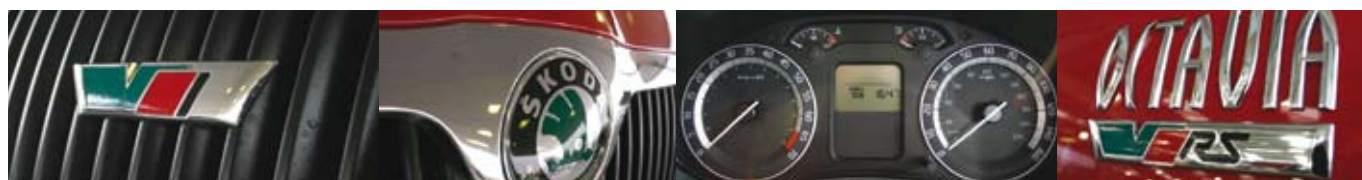
So what of the Octavia VRS? As Skoda's fastest-ever production car, with 200bhp and a 2.0-litre turbocharged engine, it is itself a landmark achievement. Though up against the hottest hatches, including the VW Golf and Audi A3, What Car? "Car of the Year" still named it "best hot hatch" for 2006.

The only criticism of the VRS would be that Skoda has been a little lazy around the dash area – but so many manufacturers are guilty of this (and for a higher price). For around £17,000 you get a lot of car for your money; it comes in at £3,000 less than a five door Golf! The boot is so large it has two time zones and the cabin will seat 5 comfortably.

At the end of the day, it's not a dashboard's inventiveness that gets you from A to B. Importantly, it has the brains and brawn of an Audi and VW combined but for, well, Skoda prices. The sporty handling is reminiscent of the Golf GTi test driven earlier in the year – poised, responsive yet controlled. As for the engine, one or two throaty hatchbacks may be pokier but sound like Brian Blessed on vodka Red Bull through the gears. The Octavia VRS was different: I named its first three, Carreras, Domingo and Pavarotti in light of its pitch-perfect acceleration.

Yet regardless of Skoda's efforts some would suggest the VRS' price is indicative that the brand has a little way to go in unpicking the tangled web of hyperbole within which industry commentators, and Eighties popular culture at-large, ensnared it. My feeling is different. The generation that constitutes today's spenders, although no doubt of an impressionable age during Skoda's forgettable years, peruse a car market that is more varied, progressive and surprising than ever before. They want value for money, and build quality. They want to invest in a manufacturer on-the-up, not one that is complacent or in the midst of a dodgy takeover. Skoda made its mistakes in the last century: today they are pacing double time in an industry where others are ambling.

Brand addicts will continue to pay through the nose for quality they feel comes at a premium. Discerning buyers will see past a badge and what it used to mean, and buy a car that does the same job as one retailing for thousands more.



OUR MONTHLY JOBS BULLETIN. THIS MONTH FEATURING POSITIONS FROM:



JOBS IN FINANCE

FUNDS ADMINISTRATOR

A funds administrator is sought to look after a portfolio of funds clients. Call Toni 888866 or e-mail toni@selectrecruitment.je at Select Recruitment.

FUND ACCOUNTANT 27787

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No hustle or bustle at this out of town

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JOBS IN SECRETARIAL

SECRETARY 25K

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FINANCE OFFICER BANKING 20-25K

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jersey careers fair //

Sadly, decisions about your future start at 14 with the choice of GCSE subjects. It's tough to imagine what you want to do for the rest of your life at 14! even at 16 (for A Levels) and at 20 or 21 (on Graduating), it's still a mystery to some people. There's no need to worry of course, things will figure themselves out. We're taught that a sound education is the key, regardless of discipline. This is true and no matter what path you take, you can always change. Such is the nature of the modern workplace with first, second and even third careers being an option to people.

If you're wondering what to do with your life, the Jersey Careers Fair 2006, organised by the Jersey Careers Service, is being held on Thursday 21st September. It aims to promote careers in all sectors of Jersey's economy to potential employees of the future. The event is focused on 'career' and 'employment' options that are available to people of all ages and at all stages of their own career development.

The main aim of the event is to raise public awareness of the range of opportunities that are available on the Island. Those attending will have the chance to talk to people from different areas and gain some understanding of what their jobs involve and get information about the routes into different careers. It is useful for those who have a clear idea of the area they want to build a career in to make contacts and find out in depth information, but equally useful for people who are unsure of which area would suit them best as it offers an opportunity to compare and contrast a variety of occupations available.

Career areas that will be represented are diverse and will include areas such as engineering, construction and architecture, health, social services and emergency services, education, and sport, as well as journalism, marketing, retail, finance, law, telecoms, hospitality and the armed forces. A programme of specific presentations will be run throughout the event by different career area experts, giving further opportunity for in depth information.

The Careers Service is being sponsored by Jersey Finance this year. Beverley Le Cuirot, Marketing & Communications Director of Jersey Finance see it like this: "The Careers Fair is an excellent showcase for all of Jersey's many industry sectors, not least the Finance Industry which in itself is made up of several entirely different sectors and professions. In total nearly a quarter of the entire workforce is involved with the Finance Industry in some way or another and there is a far greater variety of jobs and roles available than many people realise. We see the event as an opportunity to show to people of all ages the extraordinary array of jobs and skills that are required within the world of Finance, in an informal and friendly environment, and hope that as many people as possible take the chance to attend." So if you're afraid of the world of finance, don't be.

At all these stages accurate information about employment opportunities and the requirements for particular careers is a vital factor in the decision. As many of the island's university students will not yet have returned to college, it is hoped that many of those who will be graduating within the next two years will come along.

The event is designed for students, their parents and also people thinking of returning to the workplace and also those who are simply unhappy in their current employment who are unaware of all the options that may be open to them. As well as the range of employers, advisors from the Jersey Careers Service and Employment and Social Security will also be on hand for general careers advice.

The Jersey Careers Fair

Thursday 21st September

open between 3pm and 7pm at the Langford Sports Hall of Victoria College and JCG. Parking is available at nearby Heathfield playing fields and entrance is free.



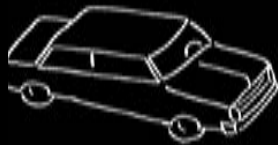
Oprah started like this and now she's a gazillionaire

do you live out of town?

do you some of these?



and one of these?



would you like some of this?



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looking for a

New England?

Gallery looks at a property that mixes rural Jersey beauty with American living



Drive past Meadow View, and from the road, you'd be forgiven for dismissing it as nothing more than a country cottage. It's only when you walk inside that you realise you're stepping into a tardis of a house, an architectural masterpiece, surrounded by trees and standing on a frame out over the lake. For local restaurateur Tony Sargeant it's been his dream house.

"We travelled a lot in the States, and wanted to recreate that sort of easy lifestyle here", explains Tony. The couple instantly saw the potential of the original plot – a tiny one-bedroomed farmworker's cottage, just before their wedding, ten years ago. It was already under offer, but when they got back from their honeymoon, they found out the deal had fallen through, and their offer was accepted. Today just the shell of the original cottage remains, making up the entrance hall, ground floor guest room and part of the kitchen – the rest of the house has been built around it.

"We told an architect friend the ideas we had for the house, and he came up with it. We wanted something that would blend in with the surroundings, something that would grow with us". And as their family expanded, so did their house. Up to the master suite which Tony and Helen are currently sharing with their six-week old twins, Phoebe and Scarlett, and down to a lower ground floor level where four-year old Emelia and three-year old Poppy have their double bedroom.

continued overleaf



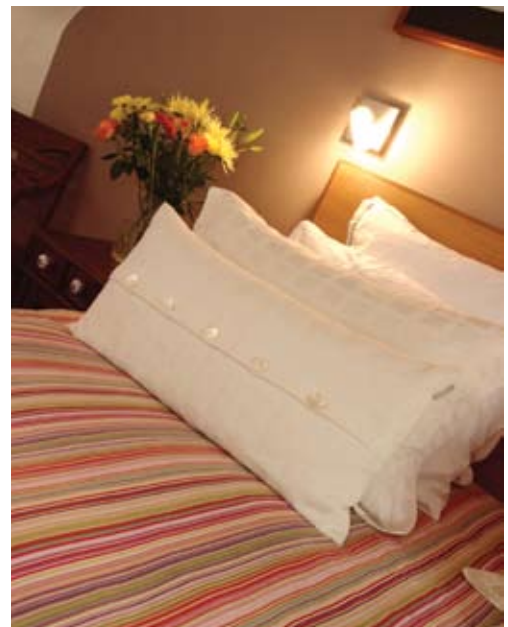
The 'chapel' room with its vaulted ceiling.



Walk in wet room with bubble glass tile in the master ensuite.



Jersey granite fireplace, a copy of an original design seen in France with a unique solid oak mantel.





property contd

The result – a generously proportioned New England-style home with a relaxed, informal feel. “This is a family house,” explains Helen, “we love entertaining, so we tend to spend most of our time in the kitchen.” And they certainly put their restaurant experience to use when designing their Italian stone-floored kitchen diner. Custom-built units, twin Belfast sinks, double Smeg range oven, Fisher & Paykel two-drawer dishwasher and a huge American-style fridge-freezer – everything is geared around entertaining.

There’s even a second kitchen with another double oven and dishwasher, as well as a large American top-loader washing machine. Next-door is the living room, with a huge Jersey granite fireplace, solid oak mantel and large windows with a stunning view out into the valley. At the same height as the surrounding trees, you could almost be in a tree house, looking down at the lake below. Also on the ground floor is a double guest room – ‘the Chapel room’ as the family call it, with vaulted ceiling and ensuite Villeroy & Boch bathroom.

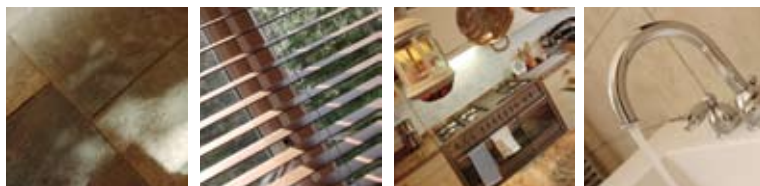


From the entrance hall, it’s up a curving staircase to the top floor and the master suite with views out over the treetops. “This is my favourite room,” explains Helen, “it’s so peaceful up here”. A luxuriously large bathroom is ensuite; with an oversized ceramic washbasin, bath and walk-in wet room with a bubble-glass tile wall. Across the hallway is a large walk-in wardrobe and another room the Sargeants currently use as an office, but which could easily be converted into a fifth double bedroom.



On the lower ground floor are two more bedrooms, each with en-suite bathrooms and one with another walk-in wardrobe. Outside the beautifully landscaped garden paths wind their way down towards the lake, but it’s the two raised decks standing out over the lake that really catch the eye. The first is the entertaining deck with its own outdoor kitchen complete with fully wired-in barbeque and fridge. Next to it and surrounded by trees, is the second deck with a sunken hot tub. “It feels like you’re out in the woods, there’s owls nesting nearby and it’s completely secluded. We love sitting out here on a warm summer’s evening”.

After ten years in their beautiful home, the Sargeant family are moving on to another project and Meadow View is for sale through Slomans.



Meadow View

£795,000

freehold A-J.

for sale through Slomans.

Enquiries 879787



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architectural / interior / panoramic / 360vr / photography

au vent des îles // Fete du Salad

It's party time here and come September I might be well and truly partied out as I am currently managing at least three a week! Beach parties, curry evenings, 60s nights, wine and cheese (that's bring a cellar not a bottle), folk / rock / classical nights, you name it we are having it. However, the really fun thing about all these 'happenings' is not so much the music or refreshments but the never ending supply of new and interesting people that I meet and who live here in La Manche. The other night I was at a 'salad' party! Sounds mad I know but we all grow acres of the stuff and can't give it away so we may as well invent a reason for eating tons of it. Anyway I met the former wife of Ian McShane, currently making millions from 'Deadwood' having already made millions from 'Lovejoy'. It turns out that Ruth McShane is a neighbour of mine and a lovelier person you could not hope to meet and she really has got an interesting story to tell. It is amazing just how many fascinating people have settled down in this corner of France and there is nothing quite like the Party Season to bring them out of the woodwork.

Talking of 'parties', the other day the big Round the Islands yacht race arrived at Carteret and I stood with all the locals to watch and admire the magnificent sight of so many fine boats making their way into the marina for the night. We then watched the endless stream of Hooray Henrys (and Ooray Onrees) make their way along the harbour wall to the massive marquees set up for their barbeque and all night dancing. I managed to chat to quite a few 'sailors' from both Jersey and Guernsey and was amazed that none that I spoke to had ever visited Carteret before and were consequently surprised by its smallness. It seems the little high speed ferry between St Helier and Carteret is used more for French shopping expeditions than Jersey gastronomic visits the other way. Carteret has some of the best restaurants in La Manche all able to provide a seafood lunch to remember for a very long time! And talking of seafood, there is a very unpretentious little place in St Germain, imaginatively called Bar de la Plage and situated very close to Au Vent des Îles, that only opens for about six weeks during July and August. It specialises in "moules frites" as there is a huge mussel and oyster fishing and distribution centre just down the road. I think they are both owned by the same family so you always get the best. Anyway, if you are in this area and fancy this local delicacy then this is definitely the place to come to.

Another 'attraction' that you will inevitably encounter if you visit during the summer is the weekly markets. These do of course take place all year round and form a vital outlet for vegetable growers and other small traders. However during July and August they increase in size tenfold to accommodate all the usual souvenir and jewellery trinkets that people like to buy when on holiday. But, in addition there always appear a good half dozen stalls selling brassieres (or bras as I am told I must call them). These items are heaped in vast multicoloured piles of loose garments. Of course I don't spend time ferreting through them but they are hard to avoid as you amble through the densely crowded avenues of market stalls. I always thought 'bras' had to come from M&S in small packs with masses of sizing data thereon. How do women shoppers get the right size in the market? Do they surreptitiously try them on? Clearly I need to spend more time in the vicinity (without being arrested) in order to get answers to these important questions. Life is so much more exciting here than pushing that old pen in the office!

Vive la différence!

A bientôt!

Paul Beaumont



Meet the agent // Victoria de Veulle



gives us her thoughts on the market

The local property market continues to be buoyant with exceptional demand in all price ranges. At Slomans we have experienced an upturn in the number of properties selling. This is consistent with the findings of the latest Jersey House Prices Index, which reported the turnover of properties in the last quarter year to be the highest for the past three years. In addition the first half of 2006 has seen the overall average price of property in Jersey continue to rise at a similar rate, 3 to 4%, to that seen during the previous two years.

We currently have a shortage of three bedroom family homes for sale as well as apartments with parking and properties at the top end of the market. If you are considering selling your property, please contact Slomans on 879787 to arrange a current market valuation without obligation.

This Month's Selected Property

ST HELIER

£245,000



2 | 1 | X | **A-H freehold**

Charming property with a bright and airy living space leading out to a private patio garden area and a separate sunroom. Finished to a very high standard throughout and situated in a quiet location only a stone's throw from the beach.

This Month's Properties from Slomans

ST HELIER

£265,000



3 | 2 | X | **A-H flying freehold**

Extremely spacious three bedroom maisonette on two floors forming part of a renovation project completed in 1994. Conveniently situated within a few yards of the town centre but away from the main precinct.

ST SAVIOUR

£365,000



4 | 2 | ✓ | **A-H freehold**

Immaculate home with all modern fixtures and fittings. Situated in a well-designed close conveniently located for major schools and local amenities. Rear enclosed paved garden. **FIRST TIME BUYERS ONLY.**

TRINITY

£525,000



3 | 2 | ✓ | **A-J freehold**

Detached property in a quiet country location in excellent order throughout. Luxury fitted and appliances kitchen/breakfast room. Two further reception rooms. Garage, and totally private rear garden with decked area and lawn.

ST MARTIN

£547,000



3 | 3 | ✓ | **A-J freehold**

Situated in picturesque Rozel Bay and just a stone's throw from the beach this charming granite cottage has two large receptions rooms, conservatory, kitchen and separate utility. Enclosed patio garden and car port.

ST BRELADE

£725,000



5 | 3 | ✓ | **A-J freehold**

Detached family home with spacious accommodation and rear lawned garden plus swimming pool area with hot tub. The property would benefit from some degree of re-decoration and modernisation.

GROUVILLE

£998,500



5 | 3 | ✓ | **A-H freehold**

Newly built luxury home situated on a quiet country lane enjoying superb views. Adjoining two bedroom cottage. Excellent walk-in condition.

If you are interested in any of the above properties, call Slomans on **879787** now



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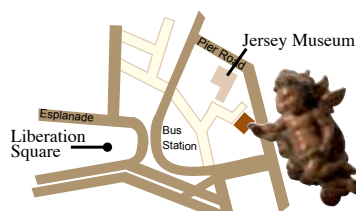
Maison Féerique is a shopping experience designed for you to appreciate and enjoy the finer things in life, luxurious, sumptuous living.

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Maison Féerique
La Cour de Casernes,
No 2 Ordnance Yard,
just behind Jersey Museum

GALLERYMAGAZINE WHITESPACE

CONTEMPORARY ART GALLERY

this month's exhibition //

anan: 'emotional fusion'



Emotional Fusion is a collection of abstract works by Thai artist Anan, being exhibited for the first time at WhiteSpace. The works meld striking and bold statements with muted allusions to Asian and European influences. They are visually powerful and demand attention, offering multiple interpretations to the viewer, yet never disappointing. The use of gloss and acrylic paint on large swathes of canvas has allowed Anan to freely express his new-found inspiration.

"The intensity of culture clash within Europe fascinates me" says Anan, explaining his influences behind Emotional Fusion. "Not only of the many differing European nationalities, but of all of the world's races and creeds." It is this fascination which drove Anan to create a body of work highlighting the positive aspects of cultural juxta-

position within Europe. Energetic setpieces are thus balanced with understated observations to allow for contemplation.

WhiteSpace, Jersey's newest and freshest gallery, provides the ideal backdrop for Anan's exhibition – the space acts as a large blank canvas, allowing Anan to maximise the effect of his largest works. A brilliant white environment, flooded with natural light, perfectly balances the vibrant images presented, and offers multiple perspectives. The building's industrial character blends into lush greenery, adding to the sense of paradox. Eschewing more traditional galleries, Anan loves the freedom WhiteSpace offers to the artist; "I appreciate the clean lines of WhiteSpace, as they frame the pieces perfectly without creating distraction" says Anan.

Having spent his childhood living and studying in a Thai Buddhist temple, Anan went on to study art at the prestigious Alliance Française in Bangkok. Anan's first public exhibition, held in the surroundings of Bangkok's stunning Sukhothai Hotel, opened to wide critical acclaim and commercial success. This was followed soon after by a members-only exhibition in the British Club of Bangkok, which saw him being adopted by the expatriate and international community. Anan was quickly embraced by Thailand's King Rama IX Art Foundation to highlight and promote Thai contemporary art throughout Asia and internationally.

After many years of exhibiting in Asia, Anan decided to take time out to expand his artistic horizons, and has spent the last three years travelling Europe and immersing himself into the varied artistic cultures and history of Europe. Anan set about incorporating these influences into several new works over this time, initially for private collections in Europe and North America, and finally creating this new collection, Emotional Fusion.

NOW SHOWING AT
GALLERYMAGAZINE WHITESPACE,
THE JERSEY POTTERY, GOREY

EMAIL WHITESPACE@GALLERYMAGAZINE.CO.UK FOR INFORMATION

anan
'emotional
fusion'

exhibition
now showing at
whitespace



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CONTEMPORARY ART GALLERY

THE JERSEY POTTERY, GOREY



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60

direct from love island to platinum

The winner of Big Brother 3, the face of Ann Summers, and star of this summer's Celebrity Love Island. Kate has been DJing in Ibiza this year with huge acclaim when she hasn't been on TV, and she is bringing her unique style to Platinum. It's sure to be a full house so make sure you get down early to guarantee entry



ROJO new bar opening!

Jersey is not exactly the global hub of nightlife so when a new bar opens, everyone should be interested! Rojo is a new stylish cocktail bar and lounge opening across 2 floors serving exquisite cocktails, business lunches and all day tapas. Launching in 2 stages, **Stage 1** sees the opening of the basement bar in September, **Stage 2** will see the opening of the ground floor lounge and introduce food across both floors.

Stage 1 of Rojo is the basement bar, boasting an amazing selection of over 60 well-built cocktails set in chic surroundings and stylishly lit. Featuring a champagne snug, walnut bar backed by an impressive bottle stack in opal acrylic and loaded with over 200 premium spirits to reinforce the luxurious theme.

The bar is aiming to set high standards with excellent service, knowledgeable bar staff who can certainly mix a fine cocktail, along with cool décor and an eclectic range of tunes incorporating soul, funk, hip-hop, jazz, vocal house and disco at the weekend. Ideal for an early livener, Rojo is equally ideal for a late night reviver.

Rojo opens to the public on Friday September 15th.

cocktail of the month



Fluffy Duck,

This month we are offering a cocktail with somewhat unusual ingredients which combine to form a great-tasting drink that is suitable at any time of the day. It is best served in a coupe glass though a martini glass works well also.

Over crushed ice, pour in one measure of crème de cacao and then one measure of advocaat in that order. Slowly top up the glass with lemonade as it does like to fizz up a little.

Finally, give it all a gentle stir to mix the ingredients properly and serve with a smile.



COCKTAIL OF THE MONTH IS SPONSORED BY

**CAFÉ
BAR**

THE CAFÉ BAR AT THE POMME D'OR
HOTEL IS OPEN EVERY DAY FROM 7AM
TO 11PM SERVING GREAT FOOD & DRINK
AS WELL AS COCKTAILS!



nightlife
extra



james lavelle

Going / Been to JerseyLive?! Here's what you should know about James Lavelle, this year's big name and firm favourite on the Gallery ghetto blaster (well, sound dock).

According to NNDB, James Lavelle quotes "I became a DJ because I couldn't breakdance and I was no good at graffiti." If that is the case then I'm glad. Lavelle and his associated UNKLE and mowax personas have been a revolution in

James Lavelle (born 1974 in Oxford, England) is a DJ, electronic recording artist and record label boss. He is best known for producing work in the trip hop, breakbeat and house music genres.

While attending Cherwell Middle School, Lavelle's music career started at 15 when he ran block parties in Oxford. At only 19 he started the Mo' Wax label, taking the name from his club night at the time, Mo' Wax Please. Around the same time he started the That's How It Is night with Gilles Peterson, which went on to become one of London's longest running nights.

In 1996 Mo' Wax released one of electronic music's most celebrated albums, DJ Shadow's seminal Endtroducing..... Soon after this Lavelle started work on an album with DJ Shadow under the name UNKLE. The resulting release Psyence Fiction featured collaborations with Richard Ashcroft, Mike D, Badly Drawn Boy and Thom Yorke. In 2003, he released a follow up to Psyence Fiction, titled Never, Never, Land, though this album saw DJ Shadow replaced by Richard File as the second full time member of UNKLE. It featured collaborations with 3D of Massive Attack and Josh Homme of Queens of the Stone Age among others.

He is a long time resident at Fabric in London, mixing the inaugural Fabric Live mix album. He has also mixed two progressive house albums for Global Underground.

He has produced a number of film soundtracks, including Sexy Beast. Also an in demand remixer, he has reworked tracks by Garbage, The Verve, Beck and Massive Attack.

Make sure you take time out from the bands to check out his set...



hop connoisseurs unite // the 18th jersey beer and cider festival.

The Jersey Beer and Cider Festival is organised by the Jersey Branch of the Campaign for Real Ale (CAMRA). The 2006 festival will be the 18th that the branch has run. This year's event will be held over the weekend of Thursday 14th to Saturday 16th September 2006. This year they hope to have over a 1,000 festival-goers so 2006 should prove to be the best yet!

when is the festival?

thursday 14th to saturday 16th september 2006

what are the opening hours?

the festival is open from 12 noon to 11pm thursday to saturday.

will food be available?

yes. food will be available during the duration of the festival. this year the caterers are the jersey pottery food company.

what is there to drink?

they will have over 140 different real ales varying in style from milds and stouts to bitters, they will also have real lagers, and fruit beers. a large range of ciders and perries (made from pears) and continental beers and lagers.



I say! it's all about the
aroma for Charlie.
He loves his real ale.

my better half doesn't like beer or cider (i don't know why I married her) is there anything else she can drink?

yes. there will be a small selection of wines available by the glass and soft drinks will be available at the food counter. or there is plenty of water in the tap.

I have never been to a beer festival before. do I need to grow a beard to be allowed entry?

no. they'll let anyone in. provided they pay the entrance fee.

you mean I have to pay to get in?

yes. unless you are a child then it is free. adults dressed as children as an attempt to circumvent the entrance charge will be ridiculed and then charge double. They're not falling for that old trick.

I am a camra member - do I have to pay to get in?

no. because you are such nice nice people to part with your money every year they'll let you in for free! Remember to bring your membership card or you'll have to cough up.

ok. so I don't want to join. will I have to mortgage my house to afford the entrance charge?

probably not. if you enter before 5pm it will cost you the princely sum of £2.50 for entrance. this will include your glass and programme which gives details of the beers. After 5pm it will cost you an extra £1 (that's £3.50). if you intend to visit on more than one occasion you can purchase a weekend pass on the door which will entitle you to access on all days

why do you charge an entrance fee?

the costs of setting up the marquee, the toilets, fencing and security is almost £20,000! if they did not charge an entry fee they would be losing money hand over fist.

now I am in. will the beer cost a fortune?

not really. obviously they do not want to undermine the local hosteleries by undercharging for our beer, therefore the price varies between £1.80 and £2.80 a pint.

is there any entertainment?

a local band "theyt theyt le geyt" will be playing a two hour set from 7 until 9 on saturday night or just laugh at all the drunken fools who think it is cool to try and drink all the beers in one night!

can I buy tickets in advance?

no. They don't do that. they have a capacity of 1,000 and they operate on a first come first serve basis. there can be a queue at times but do not despair this does clear quickly.

last year they ran out of beer - will this happen again?

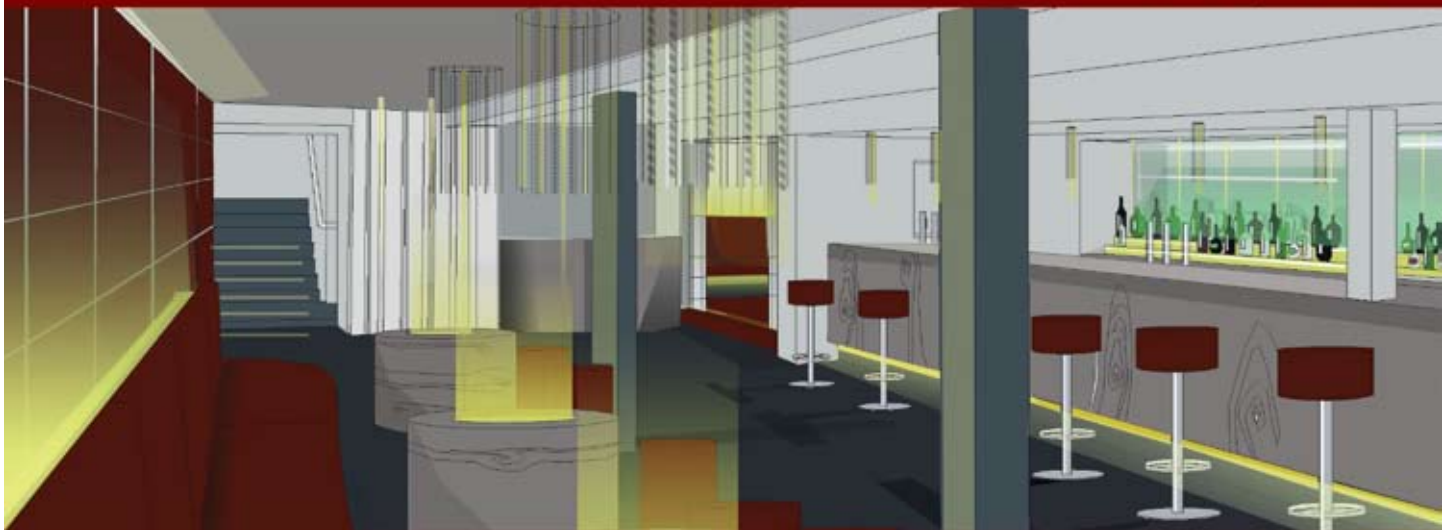
no, because I am a pessimist and I have ordered far too much beer for this year.

can I bring my own flagon?

unfortunately the parish have banned them from serving beverages in glass glasses (long story) so therefore all beer is served in a solid plastic glass (none of your cheap rubbish here). You may want to bring your own pewter tankard if you dislike the idea of drinking from plastic.

Spanking new boutique cocktail bar - unveiling September 06

10 Bond Street St Helier Telephone: 729904



Opening soon...



listings

When we're looking for something to do, we sometimes fancy a night of culture, sometimes a night of eating, sometimes drinking, sometimes movies. Therefore, we figured that our listings sections should reflect this. We've re-designed it to include all our listings sorted by date so whatever night it is that you're looking for entertainment, we can show you all the options! If you have any listings or events for September's magazine, send them to listings@gallerymagazine.co.uk by 18th September.

1st – 17th

Art in Small Places

A two week Island-wide Arts Festival celebrating locally based talent including: live music, exhibitions, theatre, workshops, poetry readings, comedy performances and much more. Organised by the Jersey Arts Trust. Tel: 617521 or www.jerseyartstrust.com

1st – 2nd

Various locations
Jersey Open Shore Angling Festival
£10,000 reward for anyone who breaks a British Shore based record during this festival! Visiting and local anglers alike are welcome. Tel: 07797 774794

1st – 3rd

St Aubins Bay
Jersey Telecom Regatta 2006
The Islands 'Flagship' sailing event, welcomes visiting yachts to the Island for a programme of races. www.rciyc.org
Various times, tel: 732229

1st – 2nd

Jersey Opera House
Joseph
Following his hugely successful London run, 'H' from pop group STEPS will be returning to play the title role in Bill Kenwright's smash hit West End production of Tim Rice and Andrew Lloyd Webber's sparkling family musical.
Time: Fri 17:00 & 20:00, Sat 14:00, 17:00 & 20:00, tickets: £12.00 - £27.50. Tel: 511115

1st & 2nd

RJA & HS
Jersey Live Music Festival
Featuring Snow Patrol and many more top UK bands
Fri 17:30 – 22:30, Sat 11:00 – 23:00, tickets: Fri £18.50, Sat £35.00
www.jerseylive.org.uk

friday 1st

Proms in Howard Davis Park
Join the Milton Keynes City Orchestra, Russell Watson and Julian Lloyd Webber and enjoy the sounds of the orchestra al fresco in the park with a fantastic laser and firework finale. All proceeds to Family Nursing and Homecare.
Time: 19:30 – 23:00, tickets: £30.00, £35.00 or £75.00 (includes champagne & canape s) available from the main post office. Tel: 623630

Chambers
Suzy's Field
Time: 18:00, free entry

saturday 2nd

Albert Pier
Dragon Boat Challenge
Enjoy a 'Fast & Furious' Day as this seventh annual race takes to the water. A great day out is assured for all the family with beer tent, food and entertaining activities for children. Sponsored by Condor Ferries.
Time: 10:00 – 17:00, entry: Free of charge

Chambers
Phoenix
Time: 23:00, free entry

sunday 3rd

Chambers
Suzy's Field
Time: 23:00, free entry

monday 4th

Howard Davis Park
The Band of the Island of Jersey
Enjoy an evening of Big Band music, free of charge al fresco in the park.
Time: 20:00

Chambers
Comedy Courtroom
followed by Suzy's Field
Time: 20:00

tuesday 5th

Chambers
White Noise
Time: 23:00, free entry

Maritime Museum
Jersey Heritage Trust Flash Day
Stories of the Sea
Learn about myths and legends that have come from the sea and the people who live near it. Usual opening times and admissions appl. Tel: 633300 or visit www.jerseyheritagetrust.org

wednesday 6th

Chambers
Suzy's Field
Time: 23:00, free entry

Liquid
Midweek Madness
Back 2 Skool Leavers Party
Open 10 pm - 2 am
Free Entry All Night

thursday 7th

International Air Display
St. Aubin's Bay
The skies above Jersey come alive today to the sights and sounds of arguably one of the largest free air displays in Europe.
Time: 13:00 – 17:00

Chambers
White Noise
Time: 23:00, free entry

friday 8th

Kate Lawler (winner of Big Brother, star of ITVs Love Island playing an exclusive live 2hour DJ set)
Time: 22:00 – 02:00, free entry before 23:00.

Chambers
Martha High and Take This
18:00 and 23:15, free entry

saturday 9th - 10th

Heritage Open Days
A chance to gain historical insight into Jersey's unique built heritage with several sites to explore. Various locations, time: 10:00 - 17:00, Free admission, tel: 483193 or visit www.nationaltrustjersey.org.je

saturday 9th

Chambers
Take This
Time: 23:00, free entry

sunday 10th

Howard Davis Park
The Barnstormers
Enjoy an evening concert of country music, free of charge, al fresco in the park.

Time: 20:00
Chambers
Martha High
Time: 23:00, free entry

monday 11th

Chambers
Frank Tausney
Time: 23:00, free entry

tuesday 12th

Chambers
Martha High
Time: 23:00, free entry

wednesday 13th

Chambers
Suzy's Field
Time: 23:00, free entry

thursday 14th

Chambers
Rogue Leader (UK Band)
Time: 23:00, free entry

thursday 14th – 17th

Peoples Park, St. Helier
CAMRA Real Ale Festival
Enjoy a great selection of beers and ciders at this popular Real Ale Festival. Thu, Fri & Sat: 12:00 – 23:00, Sun: 12:00 – 17:00. Admission £2.50 until 17:00, £3.50 after 17:00, weekend pass £6.00, tel: 07797 751500

friday 15th

Chambers
Martha High and Rogue Leader
18:00 and 23:15, free entry

Back To The 90s

(a night of full on 90s classics with special guest DJ and loads of giveaways)

saturday 16th – 23rd

Autumn Walking Week
Experience the wonderful autumnal colours of Jersey and participate in a full programme of unique countryside, coastal and historic walks. Organised by Jersey Tourism. Separate programme available, tel: 500777

saturday 16th

'Sloe, Sloe, Quick, Quick, Sloe'
Greve de Lecq Barracks, St Mary
Bring along a bottle of gin and forage for sloes around Le Ca tel, before heading back to the Barracks to make your very own sloe gin. Time: 14:00 – 16:00, Free of charge, tel: 483193

Chambers
Rogue Leader (UK Band)
Time: 23:00, free entry

sunday 17th

The Great North Coast Charity Challenge
Visitors and locals alike have a chance to join together in a 20-mile challenge with all proceeds raised to 'Help an African Schoolchild'. Spectators welcome. Starting at St Catherine's Breakwater

time: 08:00, tel: 498650
Chambers
White Noise
Time: 23:00, free entry

monday 18th

Chambers
Frank Tausney
Time: 23:00, free entry

tuesday 19th

Chambers
Martha High & DeNova Blues
Time: 23:00, free entry

wednesday 20th

Chambers
Suzy's Field
Time: 23:00, free entry

thursday 21st

Chambers
Martha High
Time: 23:00, free entry

Ken Yu Kai Karate Open Evening
Fort Regent

Learn a new sport, get fit or just come along for the fun. Ken Yu Kai Karate at Fort Regent, St Helier are having an open evening for all levels - all ages and all levels welcome - including beginners. For further details, phone Doug Joseph on 07797 831576 or Dave Clark on 07797 718522. Time: 19.45 to 21:30

friday 22nd

Chambers
White Noise and Element (UK Band)
18:00 and 23:15, free entry

Platinum

Ministry Of Sound Clubbers Guide

saturday 23rd

St Aubin's Traders Market
St Brelade's Parish Hall, St Aubin
Come along to one of a number of stalls, specialising in promoting local produce and goods. Includes fruit, vegetables and flowers, plus locally made art & craft, food, antiques and collectables. Time: 09:00 - 13:00

Synergy

With resident DJ's Carl Scott, Sean Varian & Pete de Momme
Hip Hop, Breaks & Electro
Lounge? downstairs in the bar from 21:00 with residents Uber, LC and Dj Drift. Time: 22:00 – 02:30, Free entry before 22:00, £3 after. For more info, visit: www.cliquism.com.

Chambers
Element (UK Band)
Time: 23:00, free entry

sunday 24th

Chambers
Martha High
Time: 23:00, free entry

monday 25th

Chambers
Derrin Naurendorf
Time: 23:00, free entry

tuesday 26th

Chambers
Martha High
Time: 23:00, free entry

wednesday 27th

Chambers
Suzy's Field
Time: 23:00, free entry

off island activities

When money's no object and fun is your motivation, there are always things to put in your diary to amuse yourself. why not try some of these or check out more on www.whatsonwhen.com 9the 'bizarre' section is best.

10th september

Black Pudding Throwing Championships

Ramsbottom, Lancashire

Several uses spring to mind when wondering what to do with a black pudding. Up in Lancashire there's a fashion for hurling them at a wall - during the Black Pudding Throwing Championships, held at the Royal Oak Public House in Ramsbottom.

As part of the tournament, the "Golden Grid" is transported from Bury town centre by the ELR steam train and carried up to Bridge Street with much pomp and ceremony, to be laid in the road next to the wall on which the Yorkshire puddings are mounted. With one foot on the grid, competitors (young and old) attempt to knock a pile of Yorkshire puddings from a wooden platform 20ft up the pub wall with three throws of the pudding. The winner is simply the person to dislodge the most Yorkshire puddings.

This historic tradition has been on the go for 150 years and attracts spectators and competitors from around the world. It's thought that the contest is a revival of old clashes between the people of Lancashire and those from Yorkshire, during which Lancastrians hurled black puddings at their counterparts from the white pudding county of Yorkshire.

16th september

Henley-on-Todd Regatta

Henley-on-Todd, Australia

Eights, yacht races and a multitude of other nautical pursuits are undertaken here, but with a twist - 1500km (900 miles) separates the ASSA ABLOY Henley-on-Todd Regatta from the nearest large body of water. Nevertheless, the people of Alice Springs, undeterred by geographical trifles, have been battling it out on dry land for decades, providing a unique spectacle amongst world sporting events.

Since 1962, teams of four or eight crazy people have been running up the dried-up Todd river bed inside a variety of bottomless vessels - yachts, bathtubs and rowing boats each have their own races - and indulging spectators with the hilarious spectacle of grown men and women engaging in flour, mortar and water cannon-fuelled boat battles. Don't question it, just enjoy it.

Based (albeit it loosely, or just plain sarcastically) on the Henley-on-Thames Regatta back in Blighty, the ASSA ABLOY Henley-on-Todd Regatta has to be cancelled (as, regrettably it was in 2003) if it rains and the river bed floods!

17th september

The UK Air Guitar Championship

Madeira Shelter Hall, Madeira St, Brighton

Yes, the time is fast approaching. Flex those fingertips and dig deep into the wardrobe to find your spandex pants. This final heat of the UK Air Guitar Championships is at Brighton's Concorde 2.

The UK Air Guitar Championships is Slack Sabbath's monstrous Hair Metal Baby - not only a club night and annual event but a musical movement that has conquered the world, spawned a major motion picture, compilations, a thousand imitators, rivalries and retributions. Tel+44 (0) 1273 697888

27th - 30th

RJA & HS
Channel Islands Festival of Arts and Crafts (until 1st Oct)

Enjoy this annual craft fair, with unique crafts from a range of Channel Island and UK exhibitors including workshops, demonstrations and entertainment. Details: Wed & Fri 14:00 - 20:30, Thu 14:00 - 22:00, Sat & Sun 11:00 - 18:00. £5.00 adults, £3.00 students, seniors and children, under 6's free, 10% of proceeds to Jersey Hospice. Free parking and hoppla bus service from town

thursday 28th

Chambers

Derrin Naurendorf and Sugar Train

Time: 21:00 - 23:00 and 23:00 - 01:00

friday 29th

Chambers

Marthas High and Sugar Train

Time: 18:00 and 23:15, free entry

Platinum

Chinawhite and Umbaba resident

DJ Spenny

(back by popular demand, last Friday of every month)

saturday 30th

Chambers

Sugartrain

Time: 23:00, free entry

regular nights

Fridays

Release

The ultimate Friday night after work experience. Pop, Rock, R'n'B, Hip Hop, Dance Classics with resident DJ Richard Hughes. Catch DJ Ross in Envy playing the finest funky house
10:00 - 02:00 Free admission b4 11 pm

Saturdays

Embrace

It's never been easier to embrace the finer things in life. Enjoy the champagne reception from ten pm to eleven pm. Serving only the finest grooves for people who like to party in style. Resident DJs Richard Hughes & DJ Paul Curtis in Envy,
10:00 - 02:00 Free admission before 11pm

Sunday's

The After Party with Sundaze

Join Steve Ferbrache on the balcony from 6pm. The party continues in Liquid until 2 am
18:00 - 02:00

Free party anyone?

Join us to celebrate the launch of Sure, our brand new mobile service. The Party will be held in the evening on Saturday 16th September. Listen to Channel 103 for more details of where and when.

In association with

NOKIA

103 FM

Raising money for

Help a Jersey Child
St. John Ambulance

sure Mobile

CABLE & WIRELESS

3 questions

We ask the public some pertinent questions and see what they think about the world.....

A: It's the careers fair this month. What did you want to be when you grew up?

B: If you could sum up your life in a word, what would it be?

C: If you were Gallerymagazine's war reporter, where should we send you; Lebanon, Gaza or Israel and why?



carla martini

occupation: advertising / marketing

A: Wonderwoman.... or spiderman.... I dont mind.... anything with a tight costume...

B: Sh*t!...no, no, no.....mmmm unpredictable

C: I wouldn't go to any of those places! unless I could wear a little outfit, like florence nightingale and look after the troops



mr de feu

occupation: ice cream man

A: A pilot!

B: Not too bad... worked very hard

C: None of them. Although I'm sure they'd all be nice in peace time



ket ip

occupation: restaurant manager

A: Nothing, a slacker..

B: Relaxed

C: Gaza, why not...If there fighting over it there's got to be a reason.

ask

would you like to know more?

Gerard Famham answers your questions



Why do houses look like they are being built from timber and yellow plastic sheeting now?

Well, traditionally houses in the British Isles are built of two layers of blockwork with a gap of about 50mm between them. But with ever rising standards of energy efficiency being demanded, new building methods are being utilised.

This method, which originated in the USA and Scandinavia, involves the inner layer being made of timber instead of blockwork. The timber layer is preformed off site and has insulation sandwiched between layers of wood and incorporates breathable a membrane. It is more energy efficient, and is much quicker to build, so could mean construction savings. And this also explains why they seem to be not there one day, and there the next. For more info visit www.trada.co.uk or, for local information, The association of Jersey Architects.

We thought we'd add a section to invite questions you may have about local affairs and see if we could answer them. We'll pick one question each month so if you have a question for next issue email questions@gallerymagazine.co.uk

competition



Start your build up to Christmas with our monthly competition in association with blahdvd.com

This month they are giving a £20 Voucher to 3 lucky winners. Just log on to their site and figure out the rather simple answer:

Q. What is the new section on the Blahdvd website?

- a. CDs
- b. Store
- c. Games

For your chance to win simply go to our website at www.gallerymagazine.co.uk/competitions

blah!
www.blahdvd.com

VAT Free online shopping for Channel Island Customers.

Blahdvd.com for DVDs CDs Computer Games, and now toys and gifts. Easy online shopping with Free Delivery!

Y O U A R E

I N V I T E D

TO THE *Fabulous*
GALLERYMAGAZINE
2ND BIRTHDAY
PARTY



*fantastic prizes for
the highest chip winner
on the night!*



Vegas Baby...
14th September : BBar

Gallery is joining up with Bbar to bring Vegas to Jersey to celebrate Gallery's second birthday in style. Real Vegas style casino tables, showgirls, cabaret and fantastic Vegas decor will create the mood for an anything goes party.

Go all VIP and book a table for dinner. You can enjoy 3 course luxury meal for £15 per person, Limited Seating! Book on 888115

Dress: Anything Vegas: think Elvis, Hunter S Thompson, Cabaret, Gangster, Cheesy Florida Holidaymakers and strippers (just kidding).

RSVP for a ticket at gallerymagazine.co.uk/vegas

Profit from chip sales will go to Cancer Research UK Jersey

GALLERYMAGAZINE

B+BAR



Gallery Magazine. More '70's Elvis' than Celine Dion. www.gallerymagazine.co.uk

hotproperty

the latest developments
from dandara...



only 3 remaining!

west park st helier

- a limited selection of 3 bedroom, 3 bathroom apartments
- open plan kitchen/lounge/dining room
- spectacular views of Elizabeth Castle and St Aubin's Bay
- separate utility room
- dressing room to bedroom 1
- 2 undercover parking spaces and basement storage
- prices from £505,000 - £675,000
J category share transfer



only 5 remaining!

clos des charmes st peter

- a selection of 3 bedroom houses
- quality modern kitchens and bathrooms
- versatile open-plan living spaces offer maximum flexibility for today's modern lifestyles
- designed with the first time buyer or young family in mind
- garage and parking
- freehold
- prices £294,950
- completion January 2007



only 3 remaining!

clos des charmes st peter

- a selection of 3 bedroom houses
- quality modern kitchens and bathrooms
- designed with the first time buyer or young family in mind
- garage and parking
- freehold
- prices £299,950
- completion Summer 2007



only 1 remaining!

clos du verger st brelade

- house 12 - 4 bedroom, 3 bathroom detached home
- large separate kitchen
- separate lounge and dining room
- single garage with additional parking for up to 2 cars
- cloakroom
- separate utility room
- garden
- £690,000
- A - H category freehold

interested?

To view any of the properties featured above,
or for information on any of our other
developments, please call into the Dandara
Sales & Marketing Suite in Gloucester Street,
or call 789900

dandara
the difference is...