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MURATTITRIUMPH!

101ST MURATTI WON BY JERSEY AS ISLAND RIVALS BEATEN IN WELL CONTESTED MATCH

It wasn't looking quite so rosy for most of the first half. Despite most crapauds thinking that it was going to be an easy match, for the first 30 minutes or so we were looking extremely ropey, and actually went one-nil down. Two Jersey strikes in the six minutes before half time changed the complexion of the match though, and in the second half we looked as though we could have scored a load more. In the second half, Jersey's Peter Vincenti Jnr scored a great goal from the edge of the box, and although Guernsey pulled one back at the end, Jersey ran out deserved 3-2 winners. The match was great entertainment and the fans of both sides put on an equally impressive performance with an impromptu performance by a steel band being the highlight (who were those guys?!) Well done Jersey, let's have more of the same in 2007.



Footski.

LIBERATION DAY

the Nazis and again the Island came out to give thanks for the freedom we still enjoy. 61 years is a long time to anyone though, and it can be difficult to relate to experiences that most Gallery readers have only encountered through Playstations, Saving Private Ryan and Casablanca. The amazing thing is that it's not really the distant past. Sure it's a long time ago, but the women and men that were around at the time of the liberation are your grandparents, great-grandparents



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iallery Magazine: Because Quality Matters

INTRO

This issue of Gallery is going to last forever! Well, fifty years at least. Gallery 0606 (in our James Bond style numeric organisational code) will go into Bean Around The World's time capsule this month. The capsule will be opened in 50 years when people will fly and our lives will be run by robots. Here's hoping Starbucks haven't taken over all the coffee shops in the world by then and the Bean is still going strong. If you're reading this in 2056, I hope you're enjoying your coffee.

This month is also a big month for Gallery as we move off the printed page and manifest ourselves as a real Gallery, in the traditional sense of the word. Our new 'WhiteSpace' Gallery at the Jersey Pottery is designed to offer Jersey based artists the first Gallery space in the East of the Island to exhibit their work. We've long supported the arts and local culture in Gallery and look forward to assisting new and seasoned artists to create and promote fantastic exhibitions of their work. Get down there and check out 'Threeview', our first exhibition, this month!

The theme for Gallery this month is *holidays* with features dedicated to what you need to consider for your summer trips and also buying a second home abroad. Most of us at Gallery will be skipping the summer holiday this year making the most of what we can do in Jersey. Roll on barbeques and evenings at the beach... all we need is the sun!

BD

JERSEY'S QUALITY MAGAZINE Gallery is published eleven times a year as a lively yet discerning guide to all that happens on the Island and beyond, written by Islanders, for Islanders. For more information about where to get your copy, special subscriptions, advertising enquiries and contributions, get in touch using the details over there >>



WANT TO FEATURE IN GALLERY? If you would like to discuss options for featuring your business in Gallery please call on 01534 811100 or visit www.gallerymagazine.co.uk and download our media pack which contains all the information you need.



RECYCLE Gallery recycles all it's storage and packing materials, boxes and any old magazines that are returned. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the esplanade. If you want to find out more about recycling, call 01534 448586



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THANKS!

To DAMON for doing the cover shot last month and not giving us too much of a hard time over leaving him off the credits! Also Kirstie our incredibly brilliant Project Trident helper (and her friend Trident 2), Danny 'Flick-knife' Photn for his last minute Sunday photo skills and last, but by no means least, the lovely princess Cara for lending us her rubber ring.

CONTACT

If you want to get in touch with us, whether it's to find out more about Gallery, industrial espionage, cooking tips or to discuss interesting party themes, use the details below.

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By phone 01534 811100

By email matt@gallerymagazine.co.uk

On the magic internet www.gallerymagazine.co.uk





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CONTENTS // JUNE 06











FEATURE: HOME FROM HOME MOTORS: NISSAN MURANO GADGETS: BLACKBERRY



KATIE: By Malene Birger silk turqouise dress, £175, from Manna. Gold plated strand necklace, £85, from Ibis.



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The ability to provide a monthly listings service for local entertainment and cultural events in Jersey was one of the principal motivators when we started Gallery. The magazine has long been committed to supporting the arts, having included a section focused on local culture since our inception. We have featured artists in all forms and covered exhibitions and events for the last 22 months.

In order to build on our commitment to the arts, Gallery is proud to announce the opening of WhiteSpace, the Islands' first Easterly Gallery space available to local artists. Beginning this month, Gallery's

WhiteSpace will feature monthly exhibitions from some of the best Jersey based artists. The space is a blank canvas and we hope to present the best showcase of work from a cross section of artistic styles and media. We will be highlighting each monthly exhibition here in Gallery and introducing the artists to you, the reader.

If you have an interest in art, make sure you get down to The Jersey Pottery at some point this month and check out WhiteSpace and our opening exhibition.

THE SPACE

One of the things we miss living in Jersey is the post industrial landscape offered by bigger cities and urban centres. The use of the old to create something new is a characteristic of art and, in particular, architecture that stands out to show how we can embrace and appreciate what has gone before. Consider the redevelopment of Battersea Power Station and the trend for industrial lofts as the new home de rigeur.

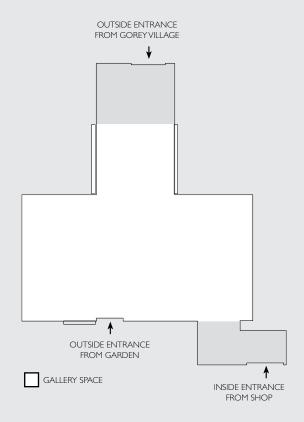
WhiteSpace, located at the Jersey Pottery, offers us a space that was, until recently, used for the production of pottery. As such, it's got some great character, particularly when entering from Gorey Village.

GETTINGTHERE

The greatest thing about the location is that anyone that can find the Jersey Pottery can find WhiteSpace. The Pottery have invested in lots of nice signs pointing to the Pottery that will therefore make your life easier.

Once there, head for the shop and bear to the left of 'Glaze Craze' and you will see signs to the Gallery. Alternatively, if you find yourself in the garden, turn right and head to the garden entrance.

For those of you that haven't ventured out to Gorey for a while, remember it's the first turning into Gorey Village when heading from town, not the second. There is plenty of parking, even if you drive a Hummer sized vehicle. As it's getting toward summer, why not cycle out there for lunch.



ARTISTS! WOULD YOU LIKE YOUR OWN EXHIBITION? If you would like to exhibit at WhiteSpace, drop an email to whitespace@gallerymagazine.co.uk with some examples of your work and a bit about yourself. Gallery promote your exhibition in the magazine, help you to produce promotional material and market yourself too!

THREEVIEW

As this is our first exhibition at WhiteSpace, we thought it best to showcase a number of artists related to Gallery. As it's a preview for both our artists and what we are seeking to achieve with WhiteSpace, the artists have chosen the title 'Threeview', appropriate as we are showcasing three diverse artists and three different media,



Being colour-blind I've always found myself drawn to black & white images, I love colour but don't trust it, I never know if the colours I see are the same as what anyone else is seeing. So, my interest in photography has mostly led me towards Black & White and in particular portraiture. To me, no matter what goes on around us in the world, $\bar{\text{it}}$ is the people that add personality, and what always made taking photographs interesting. And to be happy with a portrait I like to feel that I have captured a hint of what lies beneath, of the subject's character, for them to say "Yes, this is really me" Notwithstanding this, during my travels in 2005 I found myself with some great opportunities to experiment in not just landscapes, but also with colour as well.

The Black & white set shown at Whitespace this month was taken in Seoul, South Korea and I owe this entirely to jet-lag. I was up at dawn wandering the corridors of my hotel until I discovered the pool. The light was partly diffused though the morning haze over the city which gives these shots a peaceful, still quality.



I have made drawings of heads for this exhibition. They are large, dramatic and I hope engaging. My heads are not like conventional portraits. They could be thought of instead as characters or actors in a drama. I have left actually who or what is going on very open, so the viewer is free to invent their own scenario and make their own connections.

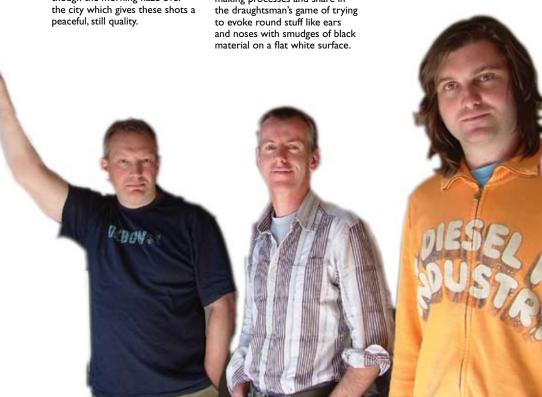
I have borrowed a couple of effects from the cinema to heighten the presence of my "Characters". I have placed them right in the front of the pictures with little space around them so that all their psychological energy is projected out towards the viewer. I have also used strong and dramatic lighting, reminiscent of film noir and early twentieth century black and white photography.

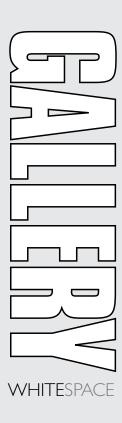
I have created my heads using only black and white media. Very simple and direct. Ink on paper and charcoal on paper. This should allow the viewer to follow the making processes and share in the draughtsman's game of trying to evoke round stuff like ears and noses with smudges of black material on a flat white surface.



The images I have produced for this exhibition have been inspired by single lines of lyrics from various Tom Waits songs. I love the bitter-sweet nature of Tom Waits' work. The bizarre humour that is laced with an elegiac quality. I haven't tried to illustrate the particular songs, but use the single lines as a springboards to create imagery personal to myself.

I am greatly influenced by highly commercial narrative illustration and hand drawn classic animation. I like to create an image of utter legibility with clean lines and flat colours, so no matter how ambiguous the idea is, it is presented with precise visual clarity. Hergé, Chuck Jones, Hayao Miyazaki, George Grosz, Max Ernst Francis Bacon and Paula Rego are the artists whose work I am constantly looking at.





THIS MONTH'S EXHIBITION

THREEVIEW
HEADSTUDIES
RALPHELLIOTT
PHOTOGRAPHY
GERARDFARNHAM
ILLUSTRATION
GILESROBSON

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TO CELEBRATE THE
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WHITESPACE

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DISSEMINATION

DELOITTE PRAGUE CUP

The World Cup started a month early for the Jersey office of accountancy firm Deloitte as they kicked off an international football tournament in the Czech capital Prague. A squad of star players from the Island firm took part in the annual Deloitte World Cup, squaring up against colleagues from other Deloitte offices from around the world. Teams from the US, Russia, Germany, Holland, England and other European countries made up the 32 competitors, with Northern Ireland ultimately lifting the trophy. Deloitte Jersey exited at the group stage but the team has already booked its place for next year's competition with high hopes of bringing some silverware home next time round!



SECOND INNINGS

Jersey Side by Side is celebrating the news that some of the world's greatest cricketers will once again visit the island in July to support it's fundraising work. An inaugural fundraising event took place in 2005, when leading Sri Lankan cricketers Muttiah 'Murali' Muralitharan, the world's greatest spin bowler, and Aravinda de Silva, former Sri Lankan Test Cricket Captain, visited the island for a successful weekend cricket event, including a free public demonstration and a successful dinner and auction. Last year's event raised £30,000 for the charity and organisers are confident of achieving an even higher amount with an exciting programme of events planned over the weekend of 8th and 9th July this year. For 2006, Murali and Aravinda are hoping to be joined by Arjuna Ranatunga, famous for captaining the Sri Lankan World Cup winning team, and Kumar Sangakarra, current Sri Lankan wicket keeper. The weekend would not be possible were it not for the support and sponsorship of PricewaterhouseCoopers. Mike Berry, Head of Operations at PwC comments, "This event will capture the imagination of all of us in Jersey who follow cricket or support Side by Side. I am looking forward to a memorable weekend".





JERSEY ARTS CENTRE REBRANDING

The Jersey Arts Centre has got itself a fancy new visual identity created by local marketing agency Image Group, which has been rolled out over the last few weeks on all promotional and marketing material. The logo has been redesigned to raise brand awareness for this and to generate an image that appeals to new audiences, potential sponsors and business partners, as well as appealing to existing audiences. Susan Aitken, Marketing Manager of Jersey Arts Centre said, "Our new visual identity is dynamic, forward thinking and vibrant, and reflects the high level of internationally acclaimed artists and performers that the Jersey Arts Centre brings to the Island. The look is contemporary and clear, and communicates the creative energy that is associated with our organisation."



Rivoli Jewellers is now stocking the incredibly popular Scandinavian trollbeads collection, an unusual concept in that each bead has its own symbolism and history, so that you can develop bespoke collections and celebrate occasions with individually selected beads. The vast variety of different symbols, flowers, animals, zodiac signs, colours and materials offer you endless variations and combinations, making the jewellery both unique and personal. You can start with just one bead or be bold and begin with a collection. The beads can be worn on a silver or gold chain — as a bracelet or necklace. trollbeads are available from Rivoli Jewellers, 41/43 King Street, St Helier.



TOO BUSY TO FIND YOUR PERFECT HOME?

Moving takes time. Wandering around all the agents, desperately looking on all the websites. Even the sites that try and get everything in one place don't seem to have it quite right yet. You've got to be sharp to identify the right property and get it before anyone else does.

Wouldn't it be good if someone could do all the running around and short listing for you? Edge properties have just launched a new property finding service that will do just that. Edge have good relationships with developers and agents and will work on your behalf to find the house you're looking for.

They act solely for the purchaser providing a professional, non-biased expert advisory service whilst also conducting the search. They'll also oversee the negotiation and the complete conveyancing process. Through research and evaluation they minimize your time commitment, and by acting exclusively for you over the negotiating table try and make sure you find the right property at the right price.



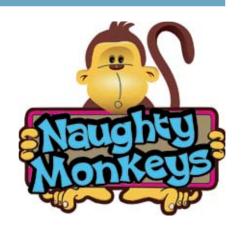


TRUE SPECTACLE.

David Clulow, the UK's most fashionable sunglass store found in Harrods and Selfridges, has now opened in Jersey. Located on the ground floor of De Gruchy's, it stocks a fantastic selection of designer brands including Chanel, Gucci, Prada, Ray-Ban and Dior. If you could do with a 'relaxed and luxurious shopping experience', their friendly staff will be more than happy to advise on style and fit, ensuring that you get a pair that make you look more like George Clooney than Wayne Rooney.

MILKSHAKES AND SMOOTHIES, BAGELS AND DONUTS

New Colomberie-based milkshake and smoothie bar, Naughty Monkeys, has proven a true hit with customers of all ages. Since opening this spring, town-goers have been indulging in whatever their sweet tooths' or health-conscious hearts' desire. With everything from milkshakes, fresh fruit smoothies and juices to bagels and warm donuts, the most luxuriant craving or strictest demand for fresh, flavoursome nutrition can be satisfied. You may be swayed by their weekly special or a peek at the ever-changing Top 10 board. For sure, the swift and friendly service and loyalty card will ensure another visit. The menu's limitless choice, the shop's funky and retro styling, and an anything-goes ethos to achieving the ultimate shake or smoothie make Naughty Monkeys a truly unique experience.





Buddyfit is a cost effective and fun system of personal training which doesn't take place in the sometimes intimidating gym environment. Buddyfit clients take part in fun exercise sessions and are given a personalised nutrition plans to follow to ensure that they achieve the best possible results. The programme is available to everyone, regardless of fitness level, lifestyle, age or financial situation and participants can achieve great results from this cost effective and fun service. In fact, you may have already seen Craig Lowe with individuals or groups on the beach going through a session. If you would like to enjoy exercise again and make positive changes to your lifestyle, please contact Craig on 07797 854854 or e-mail buddyfit@jerseymail.co.uk

LESVAUX GARDENS

This month's fashion shoot took place in the splendid Les Vaux gardens at Rozel, the home of Lady Guthrie. If you want to visit them yourself it'll be open on Sunday, 4th June from 2 - 5 pm as part of the Open Garden Scheme for Jersey Association for Youth and Friendship, a Jersey charity which provides hostels in the Island for 16-21 year olds. Thanks to generous sponsorship from Moore Management, all funds raised will go direct to the JAYF.



FAVOURITE JOKE // THE USA

A man and a friend were playing golf one day at their local golf course. One of the guys is about to chip onto the green when he sees a long funeral procession on the road next to the course. He stops in mid-swing, takes off his golf cap, closes his eyes, and then bows down in prayer.

His friend says: "Wow, that is the most thoughtful and touching thing I have ever seen. You truly are a kind man."

The man then replies: "Yeah, well we were married 35 years."

FAVOURITE JOKE // THE UK

A woman gets onto a bus with her little baby.

The bus driver says: "That must be the ugliest baby that I've ever seen. Ugh!" The woman goes to the rear of the bus and sits down, absolutely fuming.

She says to a man next to her: "The driver just insulted me!"

The man says: "Well, you should go right up there and tell him off – go ahead, I'll hold your monkey for you."

7 FACTS OF // RANDOMNESS

- I. The very first bomb dropped by the Allies during World War II killed the only elephant in the Berlin Zoo.
- 2. Hippopotomonstrosesquippedaliophobia is the fear of long words.
- 3. Ronald Reagan was the only president to have ever worn a Nazi uniform, (He wore it as an actor).
- 4. Astronauts are not allowed to eat beans before they go into space because passing wind in a spacesuit damages them.
- 5. Some of the chariot racers in 'Ben Hur' were seen to be wearing wristwatches.
- **6.** The energy in an average one day hurricane could power the United States for three years.
- 7. The world's most common name is currently Mohammed.

DUBYA SPEAKS!

ENERGY //

"I know we're going to have to do something about energy. I aim to be a competitive nation". Dubya aims not only to be a nation, but a competitive one, too. San Jose, California, Apr. 21, 2006.

"In terms of the CO2 issue... we will not do anything that harms our economy. Because, first things first, are the people who live in America". The rest of us can go and get screwed then huh George? Presidential press conference, Washington, Mar. 29, 2001.

"Do you realize we've got 250 million years of coal?" We do? Washington, Jun. 8, 2005

"The California crunch really is the result of not enough power-generating plants and then not enough power to power the power of generating plants".

Yeah, that makes sense. Interview with the New York Times, Jan. 14, 2001

"There's no such thing as being too closely aligned with the oil industry in West Texas". In 1978, when he was running for U.S. Congress. Time Magazine, Jul. 3, 2000

"We need an energy bill that encourages consumption."

Ah, of course. It's so obvious. Why didn't anyone else come up with this? New Jersey, Sep. 23, 2002



SWISS TO EXTEND MOUNTAIN

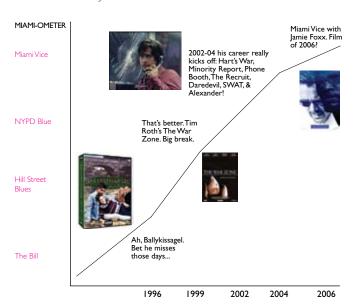
The Little Matterhorn may have to get a new name soon as Swiss officials have announced a dastardly plan to build an 'extension'. Jersey could learn a thing or two from the cunning Swiss boffins as this scheme has absolutely no practical benefits apart from attracting more tourists. The 3,883 metre high Klein Matterhorn is going to get 120 metres added to it's height in the form of a glass pyramid, boosting it's height significantly. Spokeswoman Eva Flatau said: "We're going to build a pyramid on top of the Klein Matterhorn so that it reaches over 4,000 metres. This will give it more prestige among mountain climbers and will increase the number of tourists."



WOMAN FINDS LOVE THROUGH XBOX

It was only a matter of time. A couple are planning on getting married after they 'met' 4,300 miles apart playing golf on Xbox. Claire Wilcox, from Cardiff, chatted online with American Shane Nelson for hours after the game. A month long cyberromance began and a month later they were engaged. Learning support assistant Claire, from Cardiff, and Shane, from Missouri, now talk every day through their headsets and plan to set up their marital home in the US. Bless.

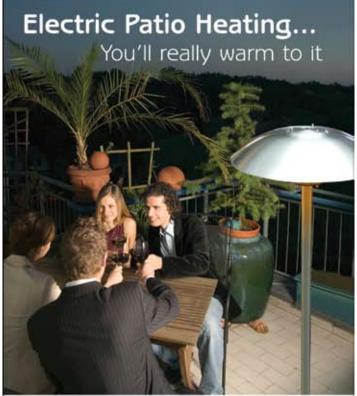
CAREER TRAJECTORY // COLIN FARRELL



Apparently bad-boy Farrell auditioned to become a member of Boyzone, at some point but was rejected (must have been too good a singer). There's something you've just got to like about him though. In an age of squeaky clean celebrity, there are very few mavericks willing to take on the Oliver Reed / Jack Nicholson role and cause some real Hollywood scandal. Getting blitzed for a week straight is just sad if you're working on the tills in Safeway, but if you earn millions per film, have chiselled good looks and a devilmay-care attitude, suddenly it all seems quite heroic. Talented in his own right (Al Pacino called him the best actor of his generation), a major factor in his success has been his ability to go with the flow. As he says himself: "I'm in no hurry to get anywhere. I don't have any plans. I don't have a map. If you did in this business, you'd destroy yourself". See? Have no plans, end up starring in Miami Vice. All that nonsense they told you at school was a lie...

ORIGIN OF THE WORD // HANDICAP

Firstly, the term handicapped (to mean disabled) is not derived from begging. One common misappropriation is that the term derives from days gone by when handicapped people could only make a living from begging, holding out their hats for passers-by to place coins in. The true origin of the phrase does however have it's origins with hands in caps, but it has nothing to do with begging and originally does not refer to disability at all. The word actually comes from betting parlance and refers to an old method of setting odds. Two gamblers would get a neutral umpire to determine the odds in an unequal contest. The gamblers would put money into their hands and put their hands into a hat. The umpire would announce the odds and the gamblers would withdraw their hands. If their hands were full it would mean that they accepted the odds and the bet was on; hands empty meant they didn't accept the bet and were willing to forfeit the money. If one forfeited, then the money went to the other. If both agreed on either forfeiting or going ahead with the wager, the umpire kept the money as payment. The term appeared around the 1650's and was applied to horse racing about a century later. The sense meaning disabled, comes from the horse racing term where the umpire decrees the superior horse should carry extra weight - a handicap. The sense of a disabled person appeared around 1915.



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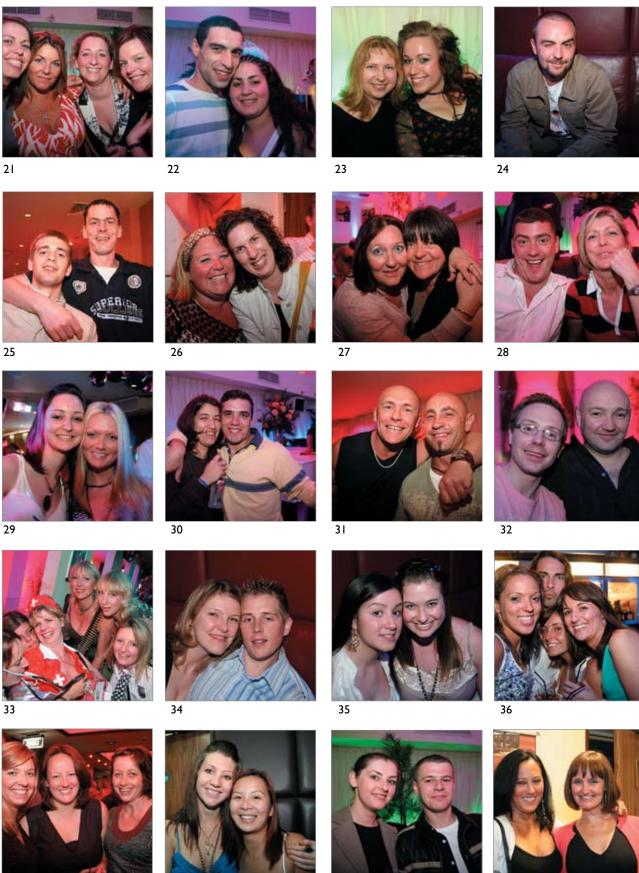






Ve can install an outside power socket for only £99.99

*If the heater is fitted within 3 metres of a suitable power supply.



LA CALA // 13TH MAY // PICTURES BY LEE-ANN VIGUS

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ST HELIER, Freehold

with far reaching views over fields to St Aubin's Bay to the rear and views of Elizabeth Castle to the front. Lawned garden with patio, garage, plus forecourt parking for 2 cars



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A newly built five bedroom luxury home with adjoining two bedroom cottage. Situated on a quiet country lane, the property enjoys superb views over countryside and distant sea views from the first and second floor.

Jetting off on a foreign holiday is the greatest feeling in the world. The chance to break free from the daily grind and explore a new place, meet new people and have some memorable new experiences. But be careful those memories don't haunt you for the rest of your life.

Yes, a vacation can be pure joy. But beware of making those simple travel mistakes which can put a dampener on your break – or worse still, ruin it altogether. If you want to remember Spain for the cocktails rather than the crime, or Mexico for the beaches and NOT the mosquitoes, a few simple precautions are all you'll need to make sure your experience is a happy one.

It's surprising how many of us spend a whole year planning a holiday, and then fail to safeguard against the simple things which can go wrong. Follow our basic guidelines, and you're more likely to be saying a cheery hola! than a miserable hasta la vista.

STORMY WEATHER

Will the sunny photographs in your brochure live up to the reality when you get there? Or worse still, will you get caught up in a force of nature, such as a hurricane or tropical storm? The simple answer is to check the brochure. Find out what the weather will be like for the time of year you intend to travel. For example, between August and the end of October there is always a strong risk of hurricanes in the Caribbean. Some parts of the world are prone to the risk of hurricanes or tsunamis. So if you have any concerns, check with your travel agent or tour operator. Use the internet to research the area you are going to. Search for hurricane or tsunami information centres for that part of the world. Determine the seasons, weather or natural risks and make your own judgement as to when you prefer to travel or whether you wish to visit the area in question at all.

TUMMY TROUBLE

There's nothing worse than spending your dream break doubled over in pain, having a close relationship with the toilet bowl in your apartment, because you're suffering diarrhoea or food poisoning. But you can lower your risk by taking a few simple precautions:

- // Boil water or buy bottled. Avoid ice in your drink in bars and restaurants and don't go for salads or raw vegetables, which may have been washed under the tap.
- // Cooked food must be heated thoroughly and served steaming hot. Avoid raw or undercooked meat and seafood
- // Only eat fruit you can peel yourself
- // Avoid buying from street vendors. Be particularly wary of soft scoop ice cream. If you need to cool off, buy a pre-packaged lolly or ice cream

WISE PACKER

Wearing the same sweaty outfit for the first few days, because the airline has mislaid your suitcase, can ruin the ambience of your holiday. So pack smart and take a few precautions.

If you're travelling with a companion, put half of your packing in their suitcase, and get them to do the same in yours. That way, if one bag goes missing, you've still got half of your belongings. There will be at least five bags that look exactly like yours, label them or stick something on so you can spot them easily. It's a good idea to put contact details inside your bags in case the outside tag gets lost — including the hotel where you'll be staying and the dates you arrive and depart.

Also, remember that it's safer not to have your home address displayed on the outside of your bags. A postcode, email address or mobile phone number is just as good.

SAFE & SECURE

It may look like a tropical paradise with friendly people, but most tourist hotspots are a mecca for pickpockets and muggers. And there's nothing more frightening than finding yourself in a strange country after your money and documents have been lost or stolen. With money, work out the maximum you need to take and then take a bit extra. Take a mixture of cash and credit cards or traveller's cheques. Be sure to get small denomination notes and, if possible, some coins. Divide your money into small piles, and put them in different places. For example, leave a little in your hotel safe, carry some with you, and perhaps get a travelling companion to hold the rest.

Make a note of the number to ring if your credit card goes missing. Keep it separate and leave the same details with someone you can contact quickly if you lose both. A secure way of carrying money and important documents is a pouch on a string that goes around your neck and inside your clothing.

The documents you need to keep safe include: passport, travel tickets, accommodation vouchers and addresses, credit card and bank account details, traveller's cheque numbers, insurance certificate and contact details, driving licence (if you're going to hire a car), innoculation certificates, visas and/or work permits. Furthermore, take two photocopies of all important documents. Keep one with you, separate from your originals. Leave another set with someone who has a fax machine. That way, if you lose everything you'll have fast access to the things that matter.

SUN SAFE

We're all tempted to make the most of the sun while we have it, but this can seriously backfire if you overdo it in the first few days and end up badly burned or suffering sunstroke. Avoid strenuous activity during the hottest hours, and make sure you drink plenty of non-alcoholic liquids to balance the loss of body fluid through perspiration. When it comes to clothing, wear a hat with a brim wide enough to shade your face and loose-fitting clothes made of breathable fabrics such as linen or cotton. Light colours are reflective and therefore cooler than dark colours. Also, consider wearing a T-shirt to protect yourself from the sun while swimming. Re-apply sunscreen frequently after swimming or exercise, and wear sunglasses which filter UV to protect your eyes. Shift to the shade around midday, and keep babies less than 12 months old out of the sun completely.

TRAVEL BUG

If you're going somewhere particularly tropical, don't let the bugs bite. The bites or stings of some insects cause unpleasant reactions, and can even transmit disease. Insect repellents, protective clothing and mosquito netting are advisable in many parts of the world - they're vital for malaria prevention.

One effective option is to use insecticide repellent containing the chemical DEET. Wrist and ankle bands impregnated with DEET are available and provide longer-lasting protection. Many chemists and outdoors shops carry various repellents - shop around. Avoid applying high-concentration - 30 per cent DEET - products to the skin, particularly children's sensitive skin. Don't inhale or ingest repellents - and be careful not to get any in your eyes, and pregnant and nursing women should minimise use of repellents; seek specific advice from your GP and keep legs covered after sunset.

When it comes to sleeping, make sure you're in properly screened beds and use a room repellent spray to kill any mosquitoes already in the room. Essentially, make sure that you use a mosquito net around the bed at night. This works better if impregnated with insecticide. Finally, don't use aftershave, perfumes or scented deodorants - they're mozzie magnets!

"Yes, a vacation can be pure joy. But beware of making those simple travel mistakes which can put a dampener on your break — or worse still, ruin it altogether. If you want to remember Spain for the cocktails rather than the crime, or Mexico for the beaches and NOT the mosquitoes, a few simple precautions are all you'll need to make sure your experience is a happy one."



ART&CULTURE // PAUL JOHN KILSHAW









On entering Paul Kilshaw's studio in Gorey the first thing you notice apart from the sign reading, "Only the brave may enter", is that you're meeting a man who loves colour.

For the past thirty-eight years Paul John Kilshaw has lived and painted on Jersey. During the period he has evolved a technique of painting which is highly individual - apparently, 'the owning of the Kilshaw is not for the faint hearted'!

As a young artist coming from the industrial north of England, he found Jersey with its rocky landscapes immediately inspiring and from the outset this landscape has formed the basis of Paul's recent work.

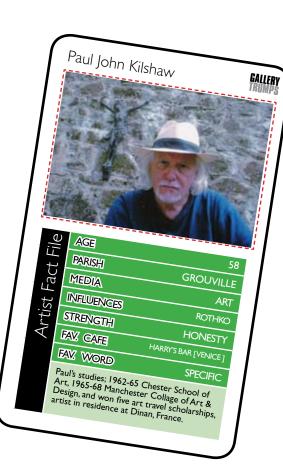
Other factors have certainly influenced him and he has become acquainted with the calligraphy of both Africa and the Middle East. Avoiding the decorative, Paul has reconciled himself to the fascination of colour, using it to express the inner image and celebrate colour in every picture. Some of his images appear to have come from another planet, and are almost spiritual.

His working process often involves the painting being worked on over a period of time. Each layer of paint being allowed to dry before another is applied. Sometimes as many as twenty layers can go into a composition, with each colour reacting with the previous one to create a jewel-like brilliance. Paul believes in art being a kind of journey.

When working, he will often be found listening to his favourite music, Phillip Glass, Eric Satie and in lighter mood the jazz of Jacques Loussier. Paul continually experiments with both expression and technique whether his work is representational or abstract. Some fine examples of this can be seen at "Sumas" restaurant in Gorey.

He has also undertaken commissions and his work can be found in both States building's and many of the Islands banks. Paul's other talent lies in the kitchen and he's a very good cook. Like his painting, he will experiment with food eschewing cookery book and 'juxtaposing' the ingredient's to make his own signature dishes.

Consort in Space by Paul John Kilshaw will be on show at Falles Fine Art Gallery from 14th June to 1st July. You can also see his work at www.thisisjersey.com/art/pauljohnkilshaw





CINEMA // POSEIDON 12A

The original 'Poseidon Adventure' was one of a long line of 70's disaster movies which ticked all the cliché boxes: big, bloated and star packed (Gene Hackman, Ernest Borgnine, and Shelley Winters) it was a true flag ship of the disaster genre. Battling hell and high water to escape from the titular sinking boat, the cast had to climb Christmas trees, scuttle up up-side-down staircases and push aside bloated corpses in a bid to escape. The remake stars the well cast Kurt Russel as a man on a mission to convince a disparate band of rag-tag survivors that the only way out is to climb to the bottom of the boat. Wouldn't it be great if for once none of them made it? We're guessing it's going to have a happy ending though...

OUT: 1st June // IMDB: 5.6 Don't expect much and you might not be disappointed.



EVENT // TIME CAPSULE

In honour of their tenth anniversary, the lovely forward thinking chaps and chapesses at Bean Around The World are going to be placing a time capsule under the pavement in front of their building for future generations to be amazed at. They cunningly suggested that we write something for them to discover and drop a copy in, suggesting something along the lines of, "I know that the term 'magazine' may seem odd to you now that you are one mass conscience living on nothing but GM Soya latte paste, but we send you this magazine in the hope that it might brighten up your day". Of course, being fantastically lazy we've gone with their suggestion. So, errrm, people of the future, err... welcome to Gallery. And apologies to all you people who are actually alive right now and had to put up with reading this.

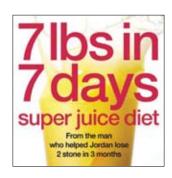
DATE: Saturday 10th June // WHERE: Bean Around The World // COST: Free! Momentous event!



MUSIC // KEANE: UNDERTHE IRON SEA

Not really being big fans of Keane's sound, Gallery weren't eagerly anticipating 'Under the Iron Sea'. The album does however take Keane down a different path from 'Hope And Fears' and this outing has an all-together darker feel. Piano driven ballads are replaced with surprisingly sombre and political themes with songs such as 'Is It Any Wonder' dealing with issues such as the UK's involvement in the Iraqi war. Rice-Oxley believes that fans should find 'Under The Iron Sea' a provocative move in another direction. "We grew up listening to bands like Depeche Mode, the Beatles and the Smiths - people who were always trying to do new things with the set-up they had. We grew up thinking that was what a band was supposed to do."

OUT: 12th June // PRICE: £15.99 Probably going to be best selling album whether you buy it or not.



BOOK // 7LBS IN 7 DAYS |ason Vale

We're not huge believers in diets at Gallery, but as we're including a computer game called '25 To Life' which features gangsters, shotguns and 'hoes', we figured a book for the girls was probably appropriate. Jason Vale, the self proclaimed 'Juice Master' and man who helped Jordan get back in shape after having her baby, has put together this juice diet that claims to help reshape your body in just one week with lasting results. Described as a 'highly motivational and hard-hitting programme for effective speedy weightloss' this diet promises to get you in shape quick. Promoting the benefits of healthy eating in conjunction with exercise '7lbs In 7 Days' promises higher energy levels, clearer skin and freedom from the diet trap forever. Snickers bars included?

OUT: 5th June // PRICE: £6.99 If you have to diet at least do a healthy one



GAME // 25 TO LIFE 18

What is it about 'gangstas' that so fixates juvenile boys? Outlaws and counter-culture revolutionaries have always been used to peddle junk to the masses and '25 To Life' is not about to buck that trend. In this urban based third-person shooter you can play either good or bad guys. Either choice will have you mindlessly following the same frighteningly dull routine of horribly maiming people with your shotgun / machine gun / stun gun / tear gas / fist. If you played it around at your mates house for five minutes, then had to leave suddenly, you might be left wanting to buy it. If you did though chances are you'd be gutted at wasting £40 about 15 minutes later. The best thing to do is to just put down the controls and listen to the tunes which are the only quality thing about this game.

OUT: 30th June // PRICE: £39.99 You deserve to go down for 25 years if you buy this



Although, unless you're Polish it's highly unlikely that you will have heard of them, in their native Poland Myslovitz are as big as Radiohead or Coldplay. One of the biggest acts to play Jersey in recent years, they're playing as part of the Polish Summer Festival at Fort Regent on Wednesday 14th June.

With some estimates saying that there are up to 12,000 Poles in Jersey at present, it's surprising how little Polish culture has permeated into the public consciousness. Well, maybe not that surprising given our seeming inability to get excited about anything that isn't English or American. That can all change this month though with Poland's biggest band coming to play as part of the Polish Summer Festival celebrations. As Poland's most successful contemporary recording artists, it's the equivalent of The Rolling Stones or U2 coming to play at Fort Regent and although not all of their tunes are in English they managed to impress deceased music god John Peel sufficiently for him to sing their praises on his show. Courted by MTV, with a back catalogue of award winning platinum albums and an increasingly large fan base, it's quite a coup for the Polish Summer Festival to get them here. If you're interested in new music, want to take in a bit of Polish culture, or just want a good night we recommend you join our Polish community in their big night on Wednesday 14th.

Tickets are available from Bean Around The World, Sami Swoi & Fort Regent

The Polish Summer Festival 9-14 June

Friday 9th // Official Opening & Piano Recital
Official opening at Town Hall 6pm, with piano recital by Stanislaw
Drzewiecki at The Opera House at 8pm.

Saturday 10th // Traditional Polish Fair & Fashion Show Traditional Polish 'Biesada' in the Royal Square from 11am with folk music and classic Polish foodstuffs. In the evening a Polish Summer Fashion Show at The Jersey MuseumBrasserie from 8pm.

Sunday 11th // Art Exhibition & Polish Pub Night 'Round Trip' art exhibition at West Mount Gallery at 6pm. From 9pm a traditional Polish Pub Night at Sami Swoi (The Blues Bar).

Monday 12th & Tuesday 13th // Polish Movies
Opening night on Monday 12th at Cineworld from 6.30pm with
a screening of 'Warsaw' by Dariusz Gajewski. On Tuesday 13th
screenings of 'The Day Of The Weirdo', 'Love Stories', 'The Welts'
and 'The Debt'.

Wednesday 14th // Germany v Poland & Myslovitz
A huge night with doors opening at Fort Regent at 6.30pm, support band 'The Poise Rights' on stage at 7pm, Poland vs Germany at 8pm and Myslovitz on stage at 10pm. Enjoy.



Gallery is growing. We've established ourselves as Jersey's best magazine but we need help. We are currently looking for CVs from interesting, talented individuals who feel like working for a company that values flexibility and passion over the type of suit you wear to an interview.

We're looking for:

Multi Media Designer (PT/FT)

Are you capable of making things look pretty using Adobe Creative Suite (Illustrator / Photoshop / InDesign). A modicum of understanding of web design using macromedia dreamweaver / fireworks / flash would also be good.

Sales Person/Account Handler/Relationship Builder. (PT/FT)

Ice to eskimos? Sand to Arabs? Oil to Texans? If you can sell we'd like to hear from you. We're not into stomping the street and doing the hard sell, we leave that to our competition, but if you're good at making relationships and thinking of good ideas to offer prospective clients and advertisers that's just the ticket.

Girl Friday (PT/Flexible)

Filing is our downfall. If you have experience as an office administrator / accounts assistant and are looking for a part time position then we'd like to hear from you. Duties include filing,, billing, chasing payments and keeping our accounts up to date using QuickBooks. We'll make the tea but we need you to keep us organised. We'll probably need you a day a week but we can be flexible if you can.

If any of the above positions sound interesting email your CV and a bit about yourself to work@gallerymagazine.co.uk





























MAGAZINE ത



Harbour View

It's that time of year again. Prepare to be inundated with phone calls from distant acquaintances planning to "pop over for the weekend" and could they stay with you... Of course, it's great to catch up with long lost friends, but it can be tricky - especially when they start bringing their children. Two

days into Paul and Claire's long weekend chez moi and I was beginning to realise my flat just wasn't child-friendly. When I0-month old Lola Rose hurled Tinky-Winky at my plasma screen for the fifth time, I decided we could all do with some fresh air.

Strolling along the front at St Aubin's, we popped in to check out Hometime, the new boutique selling an eclectic collection of hip finds; everything from vintage print tablecloths to Indian parasols. But even a retro knitted rabbit wouldn't cheer grizzling Lola Rose up. "She's trying to tell us she's hungry," explained Claire "see that waving fist, that's 'food' in baby sign language". I'll have to take Claire's word for it. Thankfully the Harbour View restaurant was right next door.

Relaxed, laid back and oozing Gallic charm, the Harbour View was exactly what we needed. We found a table under the olive trees and began browsing the menu. Everything at the Harbour View is French, from the staff right down to the jar of Haribo Fraises on the counter. But forget your pre-conceptions because this is French without the attitude. Kelly and Sebastian, the couple responsible for the restaurant's easygoing atmosphere, were on hand to talk us through the menu, and explain that everything was fresh, including the still-warm-from-theoven bread. Paul and I ordered the tarte du jour to start - chicory and goat's cheese, drizzled with balsamic vinegar. You hardly had time to taste the homemade pastry before it melted in your mouth, and the smoky chicory played the perfect foil to the piquant goat's cheese.

Claire's mille feuille of aubergines, mozzarella, grilled peppers and pesto dressing was quintessential Mediterranean fare, clean, fresh and light. It looked terribly impressive; slices of grilled aubergine layered with slabs of buffalo mozzarella into a stack, all topped off with a cherry tomato and sprigs of basil.

To follow, we stuck with fish dishes; grilled cod with tapenade, chorizo sauce and mash and scallops with Serrano ham, tagliatelle and hazelnut butter. There was a wonderful, unexpected layering of flavours to the cod - the fresh fish with deep black olive tapenade and the rich chorizo sauce with the buttery mashed potatoes. The scallops were our favourite though, heavenly mouthfuls of succulent scallops and salty Serrano ham, all tangled up with the divine tagliatelle. Even Lola Rose wasn't left out. Kelly and Seb's own 10-month old, Leno, shared his chef-prepared lunch - courgette, green bean and sweet potato mash. Lola loved it, and chuckled her way through two helpings. As full as we were though, I had to find room for homemade dessert once I'd heard the special - lle Flottante. A terribly pretentious name for a terribly complicated dessert – so much so that I've never seen it attempted outside France. And what an achievement. Soft meringue, poached to perfection, floating in a caramel-streaked crème anglaise and strewn with toasted almonds. Scrummy. And, I have to admit, even better the famous île flottante I tried at Angelina's salon du thè in Paris. Paul tried the chef's crème brulée, which was chestnut cream the day we were there. But forget mouldy chestnuts by the fire at Christmas – this was another authentic French speciality - crème de marron, rich and sweet.

We loved our Harbour View experience. Relaxed, accessible, and great contemporary French food. But don't take our word for it, try it for yourself. Paul and Claire loved it so much they're already planning to come back next year — but this time they're staying in the beautiful guesthouse above the restaurant. What a relief!



Harbour View
Le Boulevard
St Aubins Harbour

Mon - Fri // Lunch 12-2.30m & Dinner 6-9pm Weekends // I-9pm

Online: www.harbourviewjersey.com

Telephone: 741585

This month's star rating guide:

Formidable! Oh la la! Zut alors!

* * * * * * * * *

Sacré bleu! Quelle horreur!

Harbour View

* * *

SUSH!

It's a common misconception that sushi is just raw fish. In Japan the word "sushi" refers to a broad range of foods prepared with vinegared rice. Sushi toppings or fillings can include seafood, meat, vegetables, mushrooms or egg, and may be raw, cooked, or marinated. And what's more if you thought that in Jersey the only sushi available was the small bento boxes you can buy at lunchtime in various coffee shops then you'd also be wrong. Jersey Sushi is a local business that creates fresh, authentic, high quality, handmade, sushi and sashimi. They deliver direct to your work, perfect for meetings, lunches in the Royal Square, and to your home for nights in or dinner parties. Gallery was already a big fan of sushi, so we were stoked when Jersey Sushi offered us a delicious spread of sashimi, nigiri, California and temaki rolls with moreish edamame beans on Saturday night to accompany our night in watching Finnish rockers Lordi win the Eurovision song contest. We didn't have to worry about all the bits you need - chop sticks, wasabi, soy sauce or ginger were all included. Well recommended. Jersey Sushi is open for orders from Monday to Friday 09:00 - 14:30 and Saturday 10:00 - 14:00. Deliveries are made between Monday to Friday 11:00 – 17:00 and Saturday 11:00 - 16:00, free Island wide delivery between these times. For further details visit www.jerseysushi.com or call 616858 but beware, once you try it you might find it difficult to give up!









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Now in its second year, The Jersey Amnesty International Human Rights Film Festival kills two birds with one stone. Not only will your eyes be opened to a world that can seem at times infinitely unfair, but you'll have the opportunity to watch a calibre of films that aren't always available on these shores. Of the five films showing there's an Academy Award Winner (Defending Our Lives), and a Children's Advocacy Award Winner (Stolen Childhoods).

Covering a wide range of human rights related issues from domestic violence to civil resistance, all of the films are going to feature a talk by a guest speaker whose expert knowledge will give the audience some frame of reference. John Lilly, the Amnesty International Israel/ Occupied Territories and Iraq coordinator will talk on Iraq; a local speaker from the women's refuge will talk about domestic violence; there'll be a representative from the Anti-Slavery Campaign speaking about child labour and Richard Wainwright, who has just returned from Congo will be speaking about the effects of gold mining there.

The film that'll open the festival on Wednesday 28th is Stolen Childhoods. The first feature documentary to portray global child labour, Stolen Childhoods explores and re-tells the lives of child labourers in their own words- we meet a child who has been pressed into forced labour fishing in the Sea of Sumatra, a 15 year-old runaway forced into prostitution on the streets of Mexico City and a 9 year-old girl in Kenya who needs to work picking coffee in order to help her family to survive. Shot in eight different countries, including Brazil, India, Pakistan, Indonesia, Kenya, Mexico, Nepal and the US the sheer diversity of child labour encountered in the film serves to show the scale of the task human rights campaigners face. Explaining the causes of child labour, what it costs the global community and how it contributes to global insecurities,

the documentary challenges the viewer to help break the cycle of poverty for the 246 million children labouring at the bottom of the global economy. If you're interested in watching truly illuminating and challenging film making while educating yourself about some of the most difficult issues facing the global community it'll only cost you £4 per film or £12 for all four of the nights. To book tickets contact The Jersey Arts Centre box office on 700444.

The Jersey Amnesty International Human Rights Film Festival

Wednesday 28th June // Stolen Childhoods

The first feature documentary to portray global child labour, Stolen Childhoods was filmed in eight countries and is narrated by Meryl Streep.

Thurssday 29th June // Choropampa - The Price Of Gold Focusing on a devastating mercury spill in Peru's Andean mountains.

Friday 30th June // Iraq Documentary

Introduced by John Lilly, the Amnesty International Israel / Occupied Territories and Iraq coordinator, this looks at life in Iraq during and after the war from the perspective of the Iraqi people

Saturday 1st June // Silent Scream & Defending Our Lives An extraordinary look at struggle, resistance and rebellion, Silent Scream follows the work of The Revolutionary Association of the Women on Afghanistan who have been fighting for women's rights for several years. Defending Our Lives is a groundbreaking doc looking at the magnitude of domestic violence in the USA.

SUIT YOURSELF...



From left to right.

JOHN PAUL: Armani Collezioni blue suit, £715, Armani Collezioni shirt, £99, Paul Smith tie, £59, Paul Smith brown lace up, £149,

JACKSON: Z Zegna two button linen suit, £489, Ermenegildo Zegna stripe cotton shirt, £119, Ermengildo Zegna tan leather moccasin, £205.

CRAIG: Armani Collezioni Prince of Wales check suit, £955, Ermenegildo Zegna leather shoe, £219.

MARTA: Canali pinstripe suit, £650, Armani Collezioni shirt, £139, Gucci tie, £89, Z Zegna belt, £85, Paul Smith lace up shoe, £139.

AARON: Canali blue grey suit, £625, Paul Smith stripe shirt, £109, Paul Smith lace up shoe, £149.

PAUL: Paul Smith sky blue linen suit, £435, Paul Smith floral shirt, £109, Ermenegildo Zegna suede loafer, £215.

ROB: Paul Smith broken stripe suit, £585, Armani Collezioni cotton shirt, £139, Paul Smith silk tie, £59, Paul Smith lace up shoe, £139.

ARMANI

CANALI

Paul Smith

Zegna

BEAU MONDE



GRUBBY WEEKEND // HMW // by zara palmer watkinson



I've got a confession to make. I've never been very good at listening. My mind tends to wander, I start thinking about shoes, and before I know it, I'm nodding along and saying things like "yes, yes, quite" but I have no idea what I'm agreeing to. As you can imagine, my listening lapses have got me into trouble quite a few times - most notoriously when I got "spotted" to be a model. I was so thrilled thinking of all the designers who'd want to dress me that I forgot to listen to the details. It was only when I got to the shoot, and asked where the rest of my outfit was, that I found out I'd missed the vital part of the conversation, the bit where the chap told me I was going to be an underwear model. Thankfully I don't think many people saw the Autumn/Winter 1998 issue of the Grattan catalogue, although it did give Uncle Geoff a bit of a shock. That'll teach him for browsing the lingerie section...

Something rather similar happened a couple of weeks ago. The handsome accountant Rob proposed a weekend away. When he mentioned it was by the sea, I automatically assumed we were going to Cannes for the film festival. You can't blame me, after all where else would one go during the last fortnight in May? I was so busy mentally compiling the perfect capsule wardrobe and thinking up witty things to say to Brad/Bruce/Benecio, that I rather forgot to listen to the rest of the conversation. "Yes, yes

that's wonderful — see you at the airport", I beamed at Rob and dashed off to start packing. The next few days were a flurry of activity — tanning, waxing, pedicuring and shopping for the perfect pair of wedges to wear as I strolled along the Croisette...At last I thought, a man who understands me. But I should have known, there's always a catch with these accountants. It was only as we were checking on to our flight that I discovered we were

actually heading for Blackpool.

Now for those of you that haven't had the pleasure of a weekend in Blackpool - I must explain that it's not quite the French Riviera. Forget casinos, think Mecca Bingo. And I must admit I felt a little out of place with all the outfits I'd packed for Cannes. The cocktail dress I'd planned to wear for blackjack at the Carlton casino went down a little too well at the Coral Island amusement arcade. And I'll leave you to imagine what happened on the Pleasure Beach roller coasters. As for the hotel... let's just say it wasn't quite up to Riviera standards. Not so much Nikki Beach as nick your stuff while you go to the beach. In fact it wasn't really a dirty weekend... just rather grubby. You can imagine how thrilled I was when Rob mentioned he was taking me out to lunch with some friends. It was only when we got there, and Rob passed me a notebook and pen and told me to start taking the minutes that I realised our destination wasn't the only thing I hadn't quite caught. I'd also missed the bit where he told me it was a business trip and I was supposed to be there as his personal assistant. Hmm. No wonder he'd raised his eyebrows at my Brigitte Bardot outfit.

It turns out accountant Rob is a bit of a cheapskate after all. I got my own back in the end through. The best thing about Blackpool? It has a cracking Primark store, full of cut-price designer look-a-likes. When Rob sent me out to do some photocopying, I managed to grab an entire Gucci-esque summer collection. I wonder when he'll notice that I charged it all to his platinum Visa...





 $ANNABELLE: Ted\ Baker\ silk\ spotty\ dress, \pounds 108, from\ Axle, Long\ smokey\ quartz\ necklace, \pounds 144, from\ Ibis.\ Umbrella,\ stylists\ own.$

Open Garden

Gallery Fashion June 2006

CREDITS: CREATIVE DIRECTION ALANA MANN PHOTOGRAPHY NATALIE MAYER THANKS TO LADY GUTHRIE AND THE JAYF PART OF OPEN GARDENS 2006 FASHION ASSISTANT ROCHELLE BRADY HAIR & MAKE UP THANKS TO THE ELMINA TEAM SUSAN LENNARD RACHAEL CRAWFORD JOHNNY GURDON BEN ROSSMANITH EDDIE FRIETAS MODELS ANNABELLE KATIE LAUREN RIA AARON AND WILL.















OPPOSITE PAGE: CLOCKWISE FROM BOTTOM:

OPPOSITE PAGE: CLOCKWISE FROM BOTTOM:
LAUREN; Nougat silk floral dress, £115, from Nautilus, Paco Gil croco turquoise shoe, £99, from Hi-heels & Handbags, frosty bead and crystal pendant necklace, £116, White gold drop earring, £190, all from lbis, Butler & Wilson tiara, £78, from Fraiche. AARON: Fiume white linen pant, £59.95, Gant violet polo shirt, £43.95, Joop navy zip-up sweater, £127.50, J Phillip stripe blazer, £185, Giorgio Armani brown square sunglasses, £122 all from de Gruchy, Sebago docksider shoe, £79.99, from Marc 2, FOOTWEAR: Paco Gil leather wedge with wooden heel £105, from Hi-heels & Handbags, Visage bronze watch, £140 from lbis, Claudina cream leather slingback shoe, £120, from Manna RINGS: Heavy silver ring with canary stone and pave shoulders, £160, Large silver ring with canary crystals, £97, Oval silver champagne ring, £96 all from lbis.

THIS PAGE: KATIE: By Malene Birger silk yellow floral dress, £158 from Manna. Prada large tortoise shell sunglasses, £117, from de Gruchy, Heavy silver ring with canary stone and pave shoulders, £16, Lime stud earrings, £48, both from lbis. WILL: Nigel Hall green wool v-neck sweater, £95, Lacoste mint polo shirt, £55, Paul Smith linen slant pant, £109, all from Massimo, Prada aviator sunglasses, £126, from de Gruchy, Ratius brown leather round faced watch, £250, from lbis, Parlane birdscage, £126, Sweet William at de Gruchy.



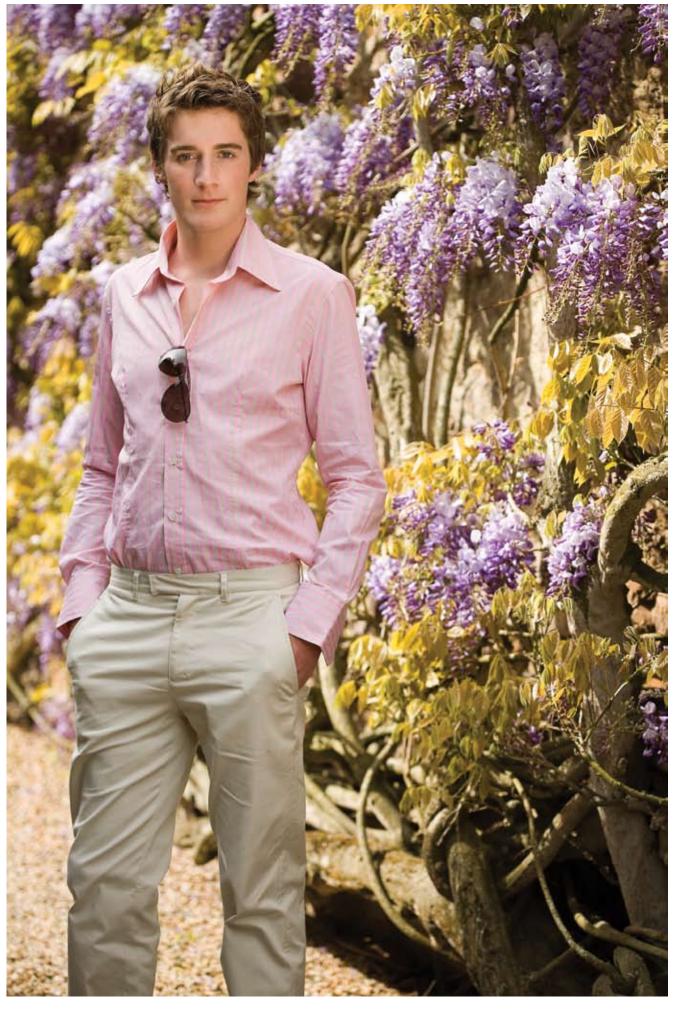


THIS PAGE:
LAUREN: b Young Satin panelled dress, £44.99 from de Gruchy, By Malene Birger silk cream and jewelled scarf, £55, from Manna, Visage bronze watch, £140 from lbis.
FOOTWEAR: Bertie Jackie Gold glitter shoe, £49.50, from de Gruchy, Lime green and gold wedge, £85 from Hi-heels & Handbags, Long smokey quartz necklace, £144, from lbis, RED: Coast polka dot handbag, £32, Roland Cartier red stiletto, £72, all from de Gruchy, Ratius red leather round faced watch, £200, Heavy silver knotted pave ring, £225, Red coral cuff, £49, both from lbis, Butler & Wilson cherry brooch, £18, from Fraiche OPPOSITE PAGE:AARON: Duffer short sleeve shirt, £56, Selected cloudy blue v-neck sweater, £29.99, G-Star 3/4 length pant, £73, Haviana stripe brown flip flop, £18, all from Axle. Barbour waxed hat, £51, de Gruchy, Ratius tank watch, £165, from lbis KATIE: Coast polka dot dress, £170, Ratius red leather round faced watch, £200, Butler & Wilson cherry brooch, £18, from Fraiche.





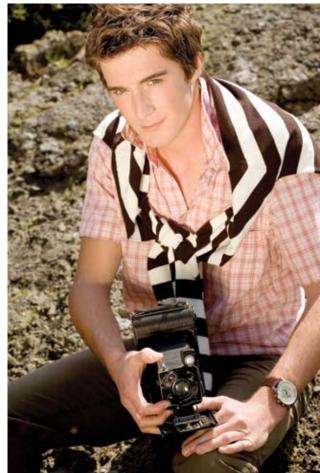




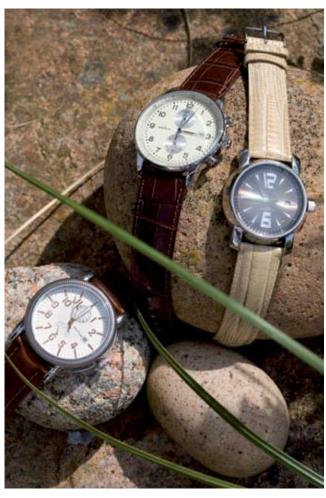
THIS PAGE:

WILL: Daniele Alessandrini stripe shirt, £139, Prada stone trouser, £135, from Massimo, Tom Ford aviator sunglasses, £134, from de Gruchy, Kodak series 3 folding camera, £40, Darrowby Antiques OPPOSITE PAGE: LAUREN: b Young Satin panelled dress, £44.99 from de Gruchy, By Malene Birger silk cream and jewelled scarf, £55, from Manna, Visage bronze watch, £140, set of guilt stacker rings, £89, from Ibis. Mirror, stylists own RIA: Villa Adonis cream button down dress, £27, Villa tan leather maddy belt, £23, both from Axle, Tom Ford large round sunglasses, £161, from de Gruchy FOOTWEAR: Hispanita ribbon pump, £54.99, from Marc 2









CLOCKWISE FROM TOP LEFT:

RIA: 120% Lino embroided flower dress, £175, Nougat pink bolero cardigan, £49, both from Nautilus, Butler & Wilson bejewelled necklace, £128, from Fraiche WILL: Hugo Boss pink check shirt, £58, Hugo Boss v-neck knit, £90, Selected stripe jumper, £27, Hugo Boss khaki trouser, £99 all from Axle. Ratius tan leather watch with cream face, £200, from Ibis. Kodak series 3 folding camera, £40, Darrowby Antiques WATCHES: Ratius brown leather round faced watch, £250, Ratius beige round faced snakeskin watch, £165, Ratius tan leather watch with cream face, £200, all from Ibis WATERING CAN: Butler & Wilson bejewelled necklace, £128, from Fraiche, By Malene Birger silk cream and jewelled scarf, £55, from Manna.





Audley turquoise shoe, £89.99, from Marc 2, Semiprecious necklace of jasper, amethyst and pearl, £130, from ibis.



Metallic turquoise wedge, £85, from Hi-heels & Handbags, Frosty bead and crystal pendant necklace, £116, from lbis.

The models featured in this month's Gallery fashion shot are all shortlisted as the **Face of Elmina**.

Who do you think should win?

VOTE NOW!

www.gallerymagazine.co.uk/elmina

elmina



The Face of Elmina





The final will be held later this summer. We are asking Gallery readers to select the 3 finalists from the 4 models pictured left and in the shoot this month.

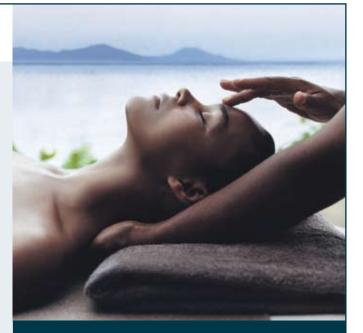


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visit our site to vote for the model you would like to see as the "Face of Elmina"



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BEAUTY MONTHLY // SUMMER HYDRATION



GETTING EXCITED ABOUT GOING DOWN TO YOUR LOCAL BEACH THIS SUMMER! START PLANNING YOUR BODY AND FACE RITUALS BEFORE YOU GO. EVERYONE NEEDS TO REMEMBER **PROTECTION** AND **HYDRATION!**



Crabtree & Evelyn: Sunscreen SPF 30 with Aloe Vera- Is a light, highly protective lotion, it melts on, is water resistant and the aloe vera acts to calm the skin, £10.

Roger & Gallet: Soothing Moisturising Shower Cream with Vanilla Sap - This vanilla indulgence will cleanse the skin leaving a protective veil which helps maintain moisture levels, say goodbye to dry skin, £6.

AVEDA: Dual Nature Face Protection SPF15 - This is an oil-free sunscreen, perfect for everyday. Used alone, with a moisturiser or make-up this formula is quickly absorbed for a fast effective way to protect your face. A great unisex product, £19.80. Burt's Bees: Carrot Nutritive body lotion - Smells delicious and is the ideal potion for mature or sun-exposed skin! It contains Beta Carotene which leaves your skin a beautiful colour, £14. Decleor: Protective Hydrating Spray - Suitable for both your face or body, this easily applied spray contains essential oils and plant extracts and importantly contains SPF 30, £18.50.



Algotherm:

Specific Treatment For Spots – Anyone that has the occasional outbreak and has tried everything from tea-tree to something the doctor has prescribed – it is now time to get hold of this! This Acne-serum contains salicylic acid to help eliminate dead skin cells and smooth the skin. Imperfections will dry out and the best thing is redness is calmed! £21.58.

DARPHIN NEW HYDRATING PRODUCTS:

Hydraskin – Is a potent serum designed specifically to hydrate the skin relieving it of any tightness. Use in the morning before your daily moisturiser and at night for a more intense treatment, I love the feeling on my skin, £45.

Hydrating Kiwi mask – Does pomegranate, kiwi, mango, shea butter and vitamin-E sound good to you? This moisture-rich mask helps rebalance and replenish moisture levels, smells lovely and leaves skin absolutely glowing! Use as often as desired, £25.

FACT: The kiwi Fruit is a powerful anti-oxidant which helps maintain your skin's hydration levels and reduces the signs of ageing.

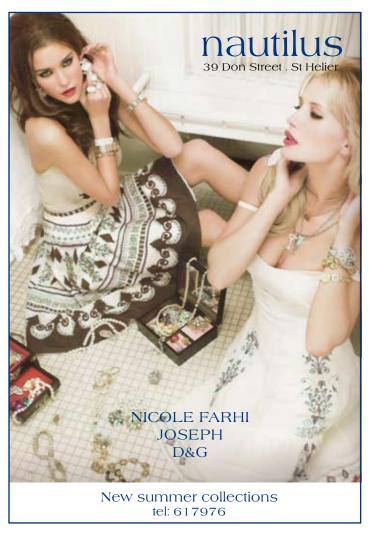
Vitalbalm – Is a great Lip-care product, which will guard against the weather and help combat the drying effects of the sun. May be applied alone, as a balm or under lipstick, £10.

All exclusive at The Retreat



All Photographs by Luke Cilliers

| BEAUTY STOCKISTS | | | | | | | | | | | | | | |
|------------------|--------|--------|--------|---------|---------|-------------------|---------------|----------|--------------|-----------------|--------|-----------------|----------|---------------|
| AVEDA | Elmina | 610082 | 741856 | ALGOT | HERM | The Club Spa 8765 | 00 CRABTREE 8 | & EVELYN | 888446 www.d | crabtree-evelyr | .co.uk | ESTEE LAUDER | De Gru | uchy 818818 |
| ELIZABETH | HARDEN | Boots | 730432 | YSL | Voisins | BENEFIT | De Gruchy | 818818 | DARPHIN | The Retreat | 734845 | BURT'S BEES | Bliss | 789911 |
| DECLEOR | Bliss | 789911 | NARS | Fraiche | 739967 | GUERLAIN | Voisins | 837100 | YSL | Voisins | 837100 | PER UNA Marks & | Spencers | 0845 302 1234 |









New and wearable weapons - to help make you look better than ever. Letting in store beauty consultants show you how the product looks and match the right colour for you can be really helpful - but remember to check your face in natural light before parting with your cash:

Nars: Lipgloss – In Orgasm is a naturally pretty summer colour, with a golden coral iridescence. It is a non tacky formula which stays put, £16.

Estee Lauder: $Ideal\ light-Is$ a brush on illuminator, great at brightening shadows, retouching make-up and highlighting features, a must have for your handbag, £17.

Benefit: Gilded – A soft gold highlighting pencil perfect to enhance eyes, lips or cheeks. Admittedly, not everyone's cup of tea but if you like warm golds this is the best, £10.50.

Aveda: Cheek Tint – This new stunning pink shade (Phlox) is perfect for multiuse. Cheeks, eyelids and lips are all given a light pretty pinky glow. This make-up also smells beautiful and feels like a treatment on your skin, £16.20.

Paul & Joe: Eye Gloss – Powder eye shadow can begin to look too heavy in the summer so these much awaited little beauties are a refreshing change. Available in a selection of adorable colours, perfect to take your look into the summer. They glide on effortlessly, can be built up and there is a sparkly colour for any skin tone, £14.

Per Una: Cream Eye Colour – If you like a little less sparkle and more sheer colour, this version is ideal. It is extremely long lasting and will not crease, I love number 03, £6.50.

Guerlain Terracotta: Loose Powder Kohl – The new colour is Brun Dore, a flattering chocolate intense shade. Use in the day alone and at night add another colour to the outer corner and use a highlighting note in the inner corner of the eyes to create a stunning look, £17.

Nars: Liquid eyeliner – Provides intense colour which is longwearing. Neverland is a shimmering turquoise, beautiful for a stunning look this summer. This cream based liner comes with a brush ensuring ultimate control for application, £21.



HOW BENEFIT, BENEFITS

Benefit has long been a favourite of many beauty addicts, these are three perfect for summer days:

Glamazon – A tinted liquid stain for the face. Any complexion will appear naturally tanned without harmful exposure to the sun. It also looks fab on lips, £18.50.

Hollywoodglow – One of my favourite liquid glows. It ensures an instant radiance to the skin, perfect applied alone or on top of your normal make-up. Wear day or night £14. Moon beam – A subtle golden highlighter. Cheekbones will glisten with a unique iriedescene. Great when mixed with your foundation, £13.

All exclusive at de Gruchy's

FRAGRANCE

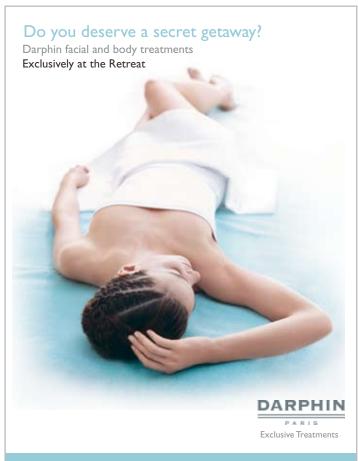
Fresh and fruity numbers and/or floral blends for you to choose from:

Davidoff Cool Water: Summer Fizz – To expand on the cooling refreshing original, this is even more zesty! An exceptionally refreshing spray, £35.75 (100ml) YSL: Paris Roses Des Vergers – A mix of roses and pear-trees this is a fresh and fruity floral blend, £28.90 (125ml)

Lacoste: Touch of Sun – Another fruity number, this one however is on the sweeter side. A refreshing blend of grapefruit and jasmine, £24.80 (50ml).







how would you like a professional

Next month Gallery will be joining forces with some of the Islands' leading brands to offer a Gallery reader a full makeover.

To enter, simply send a recent photo and 50 words that say why you should get a makeover to makeover@gallerymagazine.co.uk by the 14th June.

theretreat

iallery Magazine: Because Quality Matters

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BODY - CYTRAINING - BY STEVE LONGSTAFFE

As we approach summer many people are hoping to shed that final bit of weight to get into their shorts or bikinis, and are constantly asking me what is the fastest way of getting rid of body fat. There are really a combination of processes for burning fat most effectively. Good nutrition, lifting some weights and a good cardiovascular workout. This month we will be looking at enhancing your CV workout. This is a very effective way of getting fit and burning fat at the same time. Basically you can do intervals on any bit of CV equipment. What it is, is sprinting or going as hard as you can for a set interval of time, then resting or taking it easier for a period, then sprinting again.



Or on the Treadmill or X-trainer, I may sprint for 30 seconds on a higher level, then rest for 30 seconds on a lower level.

How the whole process benefits you as opposed to just going steadily, is that by raising your heart rate dramatically in the sprints this will help increase your metabolism. However as well as this you will be forcing your muscles to work harder, taking them longer to repair which involves using energy which is stored as fat.



As I get fitter at it I can then adjust my sprint or rest times or just increase the level on the machine accordingly.

On the rowing machine, I may set myself up to do 10 intervals consisting of a 20 second sprint followed by a resting period of 20 seconds, and repeat 10 times.

NUTRITION - BURN FAT NOT MUSCLE!

To enhance your fat burning further you want to make sure you have a suitable recovery drink. Basically after training it is reckoned that you have about a 30 minute window where your body will absorb pretty much anything to replace the energy you have used. However for optimum performance try and have a drink with some protein in it to aid muscle repair. A usual misconception is that people believe that by not having anything their body will be burning up fat, this unfortunately is not true, your body will first begin to burn muscle to replace the lost energy, as it considers fat its emergency supply, and muscle is what we want to maintain, as we burn energy just to sustain our muscle mass. So remember eat and snack regularly to keep your metabolism high and burn more fat in the long run.

For any tips or sessions in any aspect of fitness, nutrition or rehabilitation contact: Steve Longstaff, Personal Trainer on 07797886575

TREATMENT - THE SENSORY FIVE ELEMENTS

Lucky me - I've just been for the elemental nature facial for self renewal. The treatment leaves you feeling calmed and balanced, like all my worries and pressures had been released. Nothing seems rushed during this indulgence and I found it to be a highly satisfying, relaxing and reviving experience. You're given a full hour and a half treatment which feels more like three and from start to finish it feels like a very smooth journey. I felt that one of the reasons for this was the fundamental use of hot towels throughout the treatment - these were used several times to remove excesses from the face and to steam the skin.

All of the products are customised to your individual needs and you begin by filling out a questionnaire to determine your skin and body type and state of mind. Sensory oils are selected and you're given a choice of three to finally choose from which suit your personal needs. Simultaneously Geraldine began my foot ritual where the feet are soaked and exfoliated with walnut shells. Your face is then cleansed, toned and refined and a liquid exfoliator mixed with clay left on the skin to draw

out impurities. A relaxing alternative to a harsh exfoliator. Your feet are massaged whilst this does its magic. Next, the skin is cleared using hot towels and balancing infusions are applied. The facial massage with pressure point technique then takes hold of you which is followed with a hot oils scalp massage. Pen ultimately, a deep hydrating masque is applied and as this takes effect the hand ritual begins. Finally a balancing infusion (blended essential oils specific to my skin type) for dry skin and hydrating lotion were selected for me.

I thoroughly enjoyed this treatment and appreciated the larger than normal treatment room which felt less claustrophobic than the usual. It's also good to know that a shower is available after if you wish to wash your hair. Alternatively you could just pop downstairs for a wash and blow dry!

Elemental nature facial for self renewal - £70 from ELMINA Telephone 610082 for appointments with Geraldine

TRY IT YOURSELF!

ALL FACIALS AND BODY TREATMENTS AT ELMINA WITH A COPY OF THIS MAGAZINE.TREAT YOURSELF!



Take one seriously souped-up three-wheeled go-kart, pop a windsurf sail on top and you've got a pretty good idea of what a blo-kart looks like. Add in a five-mile stretch of golden sand, a force 4 wind, and the fact that these karts have no brakes and you have the ingredients for the latest adrenaline craze to hit Jersey. The wind was already whistling along the beach at St Ouen's as we walked to meet Mick Cullinane, our blo-karting instructor. With his help, we assembled our blo-karts (think Meccano), and then it was time for a quick tutorial on the basics of blo-karting. "It's rather like sailing," explained Mick "the sail is your engine, the wind is your fuel". A few good pushes on the wheels until the wind caught the sails, and then we were off, tugging furiously on the sail pull-cord to tack and gybe our way around the track Mick had marked out for us.

It only took a few minutes for us to become blo-karting professionals, hurtling down the beach at what felt like breakneck speeds and whipping round corners on two wheels. An hour later and we were windswept, breathless and grinning from ear to ear. If you've ever come close to describing yourself as an adrenaline junkie or speed freak, this is the sport for you. And being completely wind-powered, the blo-karts are environmentally friendly too. The whole kart and sail even pack up small enough to fit in the back of your X5. It's the ultimate boy's toy – even for those of us who aren't boys. I want one... wonder if it comes in pink?



It's June and summer is finally here for real - to make the most of it you need to get outside. But just because you're no at home it doesn't mean that you've got to do without some creature comforts. Check below for some great ideas that will make the great outdoors that little bit more comfortable...

Believe it or not you can have too much of a good thing. Although the World Cup will no doubt be amazing, you shouldn't forget that summer is also going on outside and that sitting on the grass, with a nice drink, listening

to some tunes is also a great way to spend June. Check out some of the products featured below to make your summer outside a nice and comfortable one.









JVC EVERIO GZ-MG77

Hard disk Camcorder, £599.99. Coop Homemaker.

The JVC Everio GZ-MG77 has a 30GB Hard Drive giving easy connection to computer or TV, it also has wide screen record and play back and was awarded the Best Buy Award by Digital Video Magazine and What Digital Magazine

PENGUIN DECKCHAIR

www.iwantoneofthose.com

Deckchairs don't just come in stripes any more and there are a huge range of really cool ones available. One of the best is this one which features 'The Garden Party' by Katherine Mansfield. If you're looking for one for a guy check out 'The Big Sleen' in green

LEC DRINKS FRIDGE

£89.99, Coop Homemaker.

The prefect thing to have keep your bee and wine cool as you lounge around the side of the pool, the Lec drinks fridge ever comes in larger sizes should you need to really stock up for a day in the sur



WORLD CUP SMOOTHIE MAKER £26.99,

Coop Homemaker.

Cup Smoothie Maker can make cocktails and healthy smoothies. If you're relaxing in the garden listening to the World Cup this June, you're going to need a nice refreshing drink - this machine will make it for you



TUNE-FREE FM TRANSMITTER

Seedee Jons, The Powerhouse.

If you're getting bored of your playlists while sitting outside and want a FM transmitter for your PSP, laptop, CD player or iPod you should check out this universal version that plugs into anything with a headphone socket.

OPTIMA PICNIC BASKET

RRP £67.99 de Gruchy price £59.99, de Gruchy.

Also available in a more masculine blue a picnic basket means you can have a civilized meal on a beach. Rather than trying to eat coleslaw with your fingers you can be quaffing champagne and nibbling hors d'oeuvres with style.







ROBERTS DESIGNER RADIO

£89.99, Coop Homemaker.

GEORGE FOREMAN GRILL & GRIDDLE

£69.99, Coop Homemaker.

512MB PHILIPS SHOQBOX

£89.99, Coop Homemaker.







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Gallery Magazine: Because Ouality Matters

HOME AWAY FROM HOME BY DONNAWHITE

With the high cost of property in the UK, our often unpredictable climate and the boom in low-cost air travel to Europe, it's no surprise more people are choosing to purchase homes overseas. TV programmes about places in the sun have whetted our appetite for affordable properties - whether as a second home or part of a complete lifestyle change.

With some countries starting to experience a tourism boom, it's possible to get in early and make a killing before property prices start rising. In fact, many young househunters who can't afford to get on the property ladder over here are buying their first home abroad. Dubbed the 'jet to let' generation, they are attracted to Eastern European countries where homes can cost less than £10,000 – cheaper than a second hand car.

A survey by think tank YouGov discovered 47 per cent of under 30s quizzed are considering buying homes abroad. Of those, 67 per cent would be taking their first step on the property ladder and eight out of 10 plan to rent that property out in the hope of making enough profit to one day buy a place back home. But whether you're a young investor looking to make that first foray into property, or a family seeking a bolthole in the sun, you no longer have to be rich to afford the luxury of a place overseas. Countries such as Bulgaria, Turkey, Poland, Estonia and Latvia are proving a major draw for investors, with a growing tourist market and properties going for a song.

Clair Tatlici, of estate agents Turkish Homes, said a change in the law four years ago allowing foreigners to have the title deeds in their own names has seen a flood of Brits purchasing a holiday pad. Altinkum in particular has proved a sound investment for buyers, with apartments starting from £20,000. She explained: "Before the law came into force, title deeds had to be in the names of Turkish residents."

"You have to bear in mind Turkey is still not in the EU. Acceleration into the union will send house prices soaring, so now really is a good time to buy."

Another non EU country experiencing a tourism boom is Bulgaria, where homes can be purchased for as little as £3,000. Stephane Lambert, of Stara Planina Properties, said: "We have a significant amount of Brits buying in Bulgaria. "They are drawn to the beautiful landscape and friendly people." Property investment specialists Assetz predicts that overseas investors will be looking closer to home in 2006, with European destinations set to be strong.

Managing director Stuart Law believes as well as Bulgaria and Turkey, southern Cyprus and France will be popular. He said: "Southern Cyprus is set to become the overseas investment hotspot of 2006, with deposit levels falling to just 15 per cent in many areas for higher income clients and with Swiss Franc mortgages now available with rates of just 3.25 per cent, making borrowing even more affordable. The complete redevelopment of Paphos airport, due for completion in 2008, will bring increased levels of tourism to the country and additional investment opportunities, prompting an increase in house prices."

"Entry to the Euro is beckoning in 2007/8 which will pre-empt further price growth. Rental yields remain at a confident 8-9 per cent with a year round rental market in some parts of island. Growth

levels in France were 10.9 per cent for the 12 months to the end of November, which is slower than the previous year."

"But despite the rate of growth being in a downward trend it is likely to level out at 10 per cent in 2006, which is still high. I expect to see significant growth in the Languedoc region where prices are considerably lower than in the surrounding area and which is becoming even more accessible with cheap flight routes. The French leaseback scheme will remain popular with French investors now new interest-only mortgage deals are available."

Whatever your plans concerning a place in the sun, it's important to do your homework first as there are many different ways you can buy property abroad. If you have some budgetary constraints, apartments or small houses might be what you're looking for. Smaller conversion projects might be tempting, but you are unlikely to have the time or money to devote to a major restoration.

If you have children or are thinking of renting your property out for part of the year, go for somewhere with a pool if at all possible - even if it is near the sea. Accessibility will also be a major consideration, both for yourselves and anyone renting the property.

And if money is tight and you are looking to buy a holiday home to use for part of the year but no more, one option may be co-ownership - whereby you establish a consortium of owners, who each buy a share of the property. It is vital to set this up properly - even if it involves only friends or family. Take legal advice before you do anything. There are many issues to consider: such as who is responsible for maintenance and what happens if someone wants to pull out.

Another way of gaining access to a holiday home is timeshare. Timeshare is not a way of owning property. What it does is give you access to a holiday home for a relatively low cost. The downside is that, rather than buying a property outright, or even a share of it, timeshare gives you only the right to use a property for a proportion of the year. If you are looking for a timeshare in Europe, you should check the company you deal with is part of the Organisation for Timeshare in Europe, which represents around 170 out of an estimated 600-plus companies and has a voluntary ethical code.

When buying abroad, you can get mortgage advice from the usual high street banks and building societies or use a specialist, overseas mortgage broker, which should have inside knowledge of property law and lending regulations where you're hoping to buy, as well as local contacts.

Once your finances are in place, you can begin your hunt.

Trade organisation, the Federation of Overseas Property Developers and Consultants (FOPDAC) lists accredited agents and builders on its website (see below). All its members have been in business for at least five years and were proposed and seconded by an existing member. The website has a broad choice of developers, listing several designs of property in a wide range of price brackets. You can often view their floor plans and, in some cases, take a virtual tour. It's no substitute for the real thing, but should give you a taste of what to expect before you shell out for a plane ticket.

Property expos are a good way of finding out about relocating abroad, with the added benefit that you'll get to meet the companies face-to-face. Another avenue is Homes Overseas, a monthly property magazine that regularly hosts shows of this type - you'll find a full calendar of events on its website (see below). Similarly, New Skys magazine also lists exhibitions on its website.

But never jump on a plane before you've sorted out your finances and researched the legalities of buying property abroad. The Law Society of England and Wales offers a searchable online database of solicitors in England and Wales as well as registered European lawyers. Once you've done your homework, you're ready to go. With any luck, you'll be sipping margaritas on the terrace of your very own villa in no time.

For more information, check out:

The Federation of Overseas Property Developers and Consultants // www.fopdac.com

The Organisation for Timeshare in Europe // www.ote-info.com

Homes Overseas magazine //

www.homesoverseas.co.uk

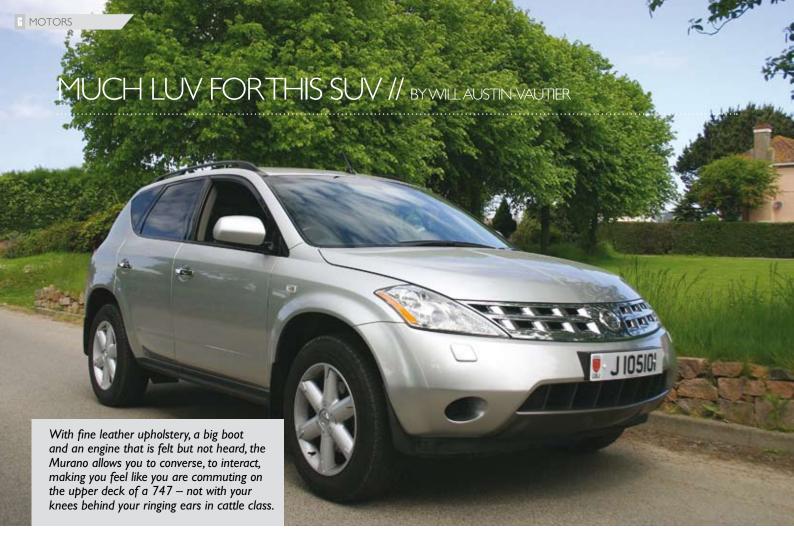
New Skys magazine //

www.newskys.co.uk

The Law Society of England and Wales //

www.solicitors-online.com





Vehicles passing in the street used to be so clearly defined. Big rear spoiler – must be a sports coupe or roadster; sliding door and shaped like a slug – evidently a people carrier; bull bars and an African beast stencilled to the spare tyre – obviously a 4x4. How things have changed. Today, 6-seater people carriers can become convertibles, Porsches can traverse the Gobi Desert and Vitaras carry rear spoilers.

The lines have been truly blurred, and it is hard keeping up. The character traits that defined a thoroughbred 4x4 have been mongrelised. At some point in the not-too-distant past a jeep was left abandoned in a sex therapy kennels for nympho car manufacturers with its cell door unlocked. After a decade of rum tum tuggery the industry has spawned a litter of vehicles that don't know their place or purpose.

In recent times, a glut of companies have tried to muscle in on this 4x4 and SUV phenomenon. The likes of Volvo, Kia, Mercedes and BMW have taken root and flourished in the formerly Spartan roundabout island that was the 4x4 market. In between the chevrons and road signage, palm-tree X5s and ever-green M-Classes have colonised - and now cast long, penetrating shadows over the Mits-isuzu-ki' rockery.

In addition to this there also lies the fact that many of the old-guard models have, for one reason or another, stunned the critics. Take the Hummer: after a period of HRT, the macho military SUV has become a camp Hip Hop mobile. Having taken early retirement, today's model is the car equivalent of a star NFL defenseman-turned-Jarhead who, having served his tour of duty in some desert Hell, founded a record label. Gaining weight, the Hummer sits in private car parks eating Tim Bits whilst the owner hotfoots it to the rental shop for a copy of Half Baked. But there have been some success stories: both the Porsche Cayenne and the Land Rover Sport have exquisitely bridged the gap between road and off-road performance.

So where does the new Nissan Murano fit in? Well, it doesn't, and that is brilliant - and I'll tell you why. Unlike many manufacturers eager for a piece of this market, Nissan haven't tried to kid the consumer. It has enough off-road capability to see you through a Yorkshire pass in mid-winter but would cry at the sight of an entry ticket to the Paris Dakar - but then again, that's not why the Murano exists. Nissan understands what consumers in this hybridised market want, and that is why it stands out. On the road for under £30K, it has internal and external assets that would make the top priced vehicles in the class green with envy. Aside from the fact that it has the same award-winning 3.5 litre V6 engine used in the acclaimed Nissan 350Z sports car - and is capable of silly 0-60 and top-end speeds - the Murano is both beautiful and talented. When driving this vehicle I realised that it delivered what I wanted. If I have passengers, I want the interior to be spacious, comfortable and sociable. With fine leather upholstery, a big boot and an engine that is felt but not heard, the Murano allows you to converse, to interact, making you feel like you are commuting on the upper deck of a 747 - not with your knees behind your ringing ears in cattle class.

With the potential for 25 mpg, enough power to get you out of most motorway predicaments, good driver position and a boot that'll swallow the contents of a Louis Vuitton factory, the Murano is great value for money.

And finally, I would also want those I am driving to be safe. There are too many cars of similar disposition that boast safety and control but, in reality, handle like a Red Setter on roller-skates. The Murano's Electronic Stability Program is linked to an active brake Limited Slip Differential to manage engine power and brake pressure, maximising traction and control at all times. This, coupled with the fact that it has more sets of airbags lying in wait than the Heffner Mansion constitutes a very desirable vehicle. The Murano should be a serious consideration for anyone currently browsing the 4x4 and SUV market.

If you haven't heard of a BlackBerry yet, prepare to feel a strong sense of desire. A BlackBerry is a wireless handheld device on which you can email, phone, text message, and web browse over wireless data networks. In other words, you're permanantly in touch anywhere you can get reception.

Named by Lexicon Branding Inc (the firm that came up with the names for both the Pentium micro-processor and the Apple PowerBook), one of their experts thought that

the buttons looked like the tiny seeds in a berry and so the name BlackBerry was born. Famously, the BlackBerry proved itself in the wake of the 9/11 tragedy. After the attacks many of the traditional forms of communication, including mobile phones and email, became ineffective - the BlackBerry suffered no such issues however and since proving itself under such testing circumstances, has become an indispensable piece of kit for professionals worldwide. So well regarded are they, that in the USA the Defence Department insisted that black devices be manufactured for their staff rather than the standard blue ones to fit in with mandatory dress codes for service members.

The good news is that if you'd like your very own CrackBerry, they're now available over here through Cable & Wireless. With a choice between the 7100G and 7290 just contact their sales team on 888291.

For more information go to: www.cw.com/jersey www.blackberry.com



BlackBerry Terminology

CrackBerry //

The ability to read e-mails anytime, anywhere makes it fiendishly addictive, earning the nickname 'CrackBerry' with reference to the highly addictive form of cocaine. Heavy users are referred to as 'addicts'.

BlackBerry Prayer //

Refers to a surreptitious glance downward, head bowed, to check for e-mails during a meeting.

DrunkBerrying //

When you've got a BlackBerry drunken emailing is something you're going to have to learn to refrain from.

BlackBerrythumb //

So addictive are these little beasts that RSI can strike. Never fear, in the good old USA a few high-end spas offer special BlackBerry hand massages.

PERFECT FOR SUMMER EVENINGS!

Electric Patio Heaters

- Simple design
- Provides warm light
- Easy to maintain, clean and safe
- Can be used inside and on the centre of a table

// £129.99

Summer is most definitely here and if you're lucky enough to have an outside space you should make the most of it by eating outside in the evenings. Of course, being Jersey, although it may have been a nice day, the evening can still be cool. The answer to turning your outside evening meal into a warm and comfortable night under the stars is one of these electric patio heaters you won't regret it when you're comfortably drinking a glass of white wine in your garden after a hard day at work. If you're interested, visit **The JEC Powerhouse, Queens Road.**







Watching the long-hairs hanging out at the beach, it struck me that I'd always thought of them as tree hugging, planet earth loving, ecowarriors. People that travelled the earth spreading the message that 'we're only looking after the planet for the next generation (man)'. Being into tofu, wearing lots of beads and talking about Buddha (man) seemed to me to be pretty damn ecologically friendly for some reason. Then I realised that I was well off the mark.

You see, planes are the big, dirty, kerosene munching, environment destroying devils of the sky and every time you fly you're effectively pumping carbon and nitrogen oxide directly into the atmosphere. The really bad news is that this has a far more damaging effect than emissions made at ground level and it's becoming a growing concern. Although at present air travel accounts for between 3-5% of carbon emissions, as the fastest growing cause of global warming it's estimated that by 2020 it'll be the single biggest contributor with one EU report even suggesting that it'll be bigger than all the other sources of carbon emissions combined. Anyone who's jetting about between Jersey and India/Brazil/Bangkok is contributing in a very real sense to some pretty mean global warming. When you're flying off to Courcheval for a weekend of snow-boarding you're melting the 'powder' (man); jetting out to Papua New Guinea means you're contributing to it being swallowed by the sea; visiting the Great Barrier Reef means adding to it's transformation from natural coral wonder to rubble covered in unsightly algae; and your weekend in Cape Town is causing some really pretty devastating drought, famine and disease. Hmmmm... enjoy your holiday. Something needs to be done and fast. The long-hairs are probably right that we've got some kind of responsibility to not completely knacker the planet before we pass it on (man), and luckily, it's not too late to start putting things right.

A good start would be holidaying closer to home. Living in Jersey there are some amazing places to visit right on our doorstep. If you're looking for white sandy beaches, crazy nightlife, adventure holidays or just about anything really, there's nothing you can't find a boat trip and train ride away which will only contribute 1/8 of the emissions of a flight. We're one hour from France after all and Spain, Italy and Switzerland are only a relaxing train ride from St Malo with it's new high-speed TGV connection. Of course, there's a big world out there and most of us aren't willing to miss out on Asia, the USA and Australia. If you do want to travel to these destinations there are ways to do it in an environmentally friendly way.

First of all, consider using an agency that specialises in eco-friendly trips to plan a holiday that gives more to the environment than it takes. One of the best is the Eco Tour website (below) which offers eco-friendly trips to Morocco, Costa Rica and beyond that benefits you, the hosts and their environments. By choosing such a holiday you'll be able to enjoy an authentic holiday that maximises the benefits to local communities, minimises the negative social or environmental impacts of tourism, and helps local people conserve fragile cultures and species. Another way to travel guilt free is to use a carbon calculator and offset the damage through contributions. For example, a return flight to Paris emits 0.05 tonnes and would cost £5 to offset via contributions to schemes such as providing low emissions stoves to people in India that burn crop waste, low energy light bulbs for hotels in St. Lucia, or tree planting. In this way, if you contribute to a scheme that heals the planet in proportion to the amount of carbon damage that your flights are doing, you'll be able to go where you please without wrecking the party for generations to come.

So next time you meet a long-hair who's just back from Asia and is banging on about 'Mother Earth' (man), check if their principals extend as far as their wallet. And you've got no excuse yourself...



Each Month Global update profiles A subject of public interest, giving you ammunition should you ever need to argue about it

For more information:

www.responsibletourism.com

Simply enter your flight details into the carbon calculator to figure out your emissions and the cost to offset them.

www.ecotourdirectory.com

Great site detailing holidays, tours and trips with links to ecotourism and sustainable tourism issues.

OUR MONTHLY JOBS BULLETIN. THIS MONTH FEATURING POSITIONS FROM:



Top Personnel and Temp Centre



.....

JOBSINFINANCE

SECURITIES

If you have sound settlements, corporate actions, dividends or valuations experience, explore the possibilities to progress with this highly- regarded employer. Call Kelly @TOP

BANKING ADMINISTRATORS

A new customer services 'back office' team requires applicants who want to secure a banking career: 5-year residency applies. Call Denise on 875444.

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Working within a team of 3, providing administrative services to include KYC, reports, and Excel spreadsheets. Previous experience required. Call Paul on 875444.

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23-27K

Are you a real team player who thrives under pressure? If the answer is yes, then register today for a career with real progression. 3-5 yrs spent in a Trust environment vital! Call Sue/ Danny @ TOP 727323

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A motivated and fun environment requires candidates who posses customer service skills a fast and accurate data entry speed with 5 years residency. Call Denise now!

EMPLOYEE BENEFITS ADMINISTRATOR

This friendly & lively company is looking to enhance their busy team! Dedicated client focus and strong understanding EBTs vital. Call Sue/Danny now @TOP 727323

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ASST A/C 27403

Couple of year's accounts experience needed for this highly successful company. Experience of foreign exchange, debit & credit needed. Great perks. Call Kate on 876214 or e: recruit@rowlands.co.uk Bookkeeper - 27404

ACCOUNT PREPARER

Ideal candidates will possess 3 years Accounting / Bookkeeping experience within Trust and Fiduciary.

Call Jenni on 875444.

ASSISTANT FINANCE MANAGER

Small company locally, huge globally is looking for outstanding individual to assist in preparation of accounts, budget & forecasting, variance reporting & management accounting. Call Sue/Danny @TOP 727323 now!

This small company is looking for an experienced Bookkeeper, ideally having used Sage Line 50.Will look at full time or reduced hours. Call Jo on 876214 or e: recruit@rowlands. co.uk

TRAINEE 27344

Funds is the place to be at the moment, and this company can offer you the chance to learn from scratch if you are a bright graduate or A level student bursting with enthusiasm. Call Kate on 876214 or e: recruit@rowlands.co.uk

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GRADUATES

£TOPS!

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This one year contract will suit a Graduate looking to gain office experience. Good IT skills are a key for this varied Administration role. Call Jo on 876214 or e: recruit@ rowlands.co.uk

JOBSINIT

IT ADMINISTRATOR

Provide technical assistance to end-users. Install systems + troubleshoot, MS Office Suite 2003, Windows XP, ArcServe. Call Rachael @ TOP 727323 to find out more!

IUNIOR SYSTEMS ANALYST

Consisting of implementation, development and maintenance of systems within Private Banking, Treasury and Retail Banking. IT and Globus experience required. Call Andy on 875444.

CONTRACTS&TEMPS

SECRETARIES!

£TOPS!

Can you further complement this 1st class team with your vigour, hard-work & professional attitude? Register today for this & other fantastic secretarial opportunities we have right now! Nicole @TOP 727323

MIANALYST - CONTRACT

To assist in the production of MI reports for approximately I year: Excel skills including Macros and Pivot tables, an accounting background is essential.

Call Denise on 875444.

OFFICE ADMINISTRATORS

We need your office skills, office skills and office skills! Call Nicole @TOP today to see what we have to offer. You won't be disappointed! 727323

RECEPTIONISTS!

£TOPS!

Proven office skills, glowing personality and outstanding customer focus? Call Nicole @ TOP and see what she can tempt you with!

TEMPS TEMPS TEMPS!

Various assignments on offer. Strong Administrators / Bankers / KYC Officers / Secretaries / Data Inputters. Call Denise on 875444.

JOBSINLAW

IN HOUSE LAWYER (0-4YEARS' PQE)-

Rare opportunity for a qualified lawyer to work in-house, assisting corporate & fund administration teams. A broad, interesting role involving liaison with clients' in-house and external advisors. Call Emma on 876214 or e: recruit@rowlands.co.uk

JOBSINSECRETARIAL

SECRETARY - 27326

Working within the Trust Company of a Law Firm, you will be involved in copy/audio typing. An exciting career step in the Trust environment for someone with secretarial experience. Call Kim on 876214 or e: recruit@rowlands. co.uk

AUDIO SECRETARY

22K

Good typing & dash of common sense will secure you this role! Some reception cover. Out of town. Call Rachael @TOP 727323

PERSONAL ASSISTANT

28K

Efficient & well organised? Excellent role for someone who doesn't like to be bored! Call Rachael @TOP 727323

JOBSINTRUST

SENIOR TRUST OFFICER 27220

A fiduciary services company is looking for you to be responsible for a variety of property entities.A relevant qualification and experience in trust is required to join this expanding company. Call Kim on 876214 or e: recruit@ rowlands.co.uk

TRUST ACCOUNTS PREPARER

£TOPS!

CAT/ACCA to prepare more complex accounts for large, successful company! 2-4 yrs proven track record in T&C accounting.
Provide guidance & assistance to more junior staff. Call Sue/Danny now @TOP 727323

TRUST ADMINISTRATORS

Candidates with varying levels of experience sought by several well-established trust organisations. Ideally possess or willing to study towards relevant qualification. Call Paul on 875444.

TRUST MANAGERS' ASSISTANT

Candidates with approx 18 months exp in a Trust support role required. An excellent opportunity to take that next step in your career!

Call Jenni on 875444.

JOBSINBANKING

RECONCILIATIONS CLERK

A great opportunity to join a small busy team. Acting as a focal point, candidates must have previous reconciliations experience. Call Jenni on 875444.

SENIOR BUSINESS DEVELOPMENT/ RM £TOPS!

Merchant bank seeks dynamic, talented high-flier with a proven record in senior sales. Oualification needed. Fantastic remuneration & package. Email in confidence Kelly@top-

BANKERS REQUIRED 26970

personnel-jobs.com

Are you looking for a new banking experience? This general banking role could be right for you. Processing, KYC and payments would be an advantage. Call Katherine on 876214 or e: recruit@rowlands.co.uk

Banking Administrators - 27317 We need people with banking experience to join this dynamic, evolving team. Maybe you have FX,Visa or payments experience? Talk to us - all levels catered for! Call Carla on 876214 or e: recruit@rowlands.co.uk

CONTRACTS & TEMPS

An Administration Vacancy for you! 26040 An exciting temporary opportunity in an international bank has arisen for a general administrator. Office experience required but training will be given. Call Katherine on 876214 or e:recruit@rowlands.co.uk

PROJECT OFFICER 27016

Organised, analytical, able to work independently? Project experience from a strategic viewpoint beneficial for this exciting opportunity, getting involved with this conceptual bank. Call Carla on 876214 or e: recruit@ rowlands.co.uk

ASSISTANT RM

24K

Assist RM's in maintaining client portfolios. Must have 3yrs+ banking, proven clienthandling skills & lots of initiative. Investmen qualification an advantage. Call Kelly @TOP

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Self-motivated individual is required to join a thriving Corporate Banking Team. Confident to work closely with Relationship Managers and their portfolio of clients. Call Andy 875444.

Ist Recruitment

Ist Recruic Charles House, Charles Street, St Helier, JE2 48F Call: 875444 Email: jobs@lstrecruit.co.uk Web: www.lstrecruit.co.uk

Top Personnel
33 Hill Street

St. Helier JE2 4UA Call: 727323

Rowlands

Trinity House, Bath Street JE2 4SI Call: 876214 Email: kim@rowlands.co.u Web: www.rowlands.co.uk

WIRELESS MARSHLAND // AUVENT DES ISLES

If it was announced that the launch of a much needed new public service was to take place in St Ouen before St Helier you might question that decision, but here in France such things happen all the time and apparently without question! Whilst Jersey and the UK arguably lead the world with advanced, competitive and available internet technology, the situation in La Manche is a very different story. But that is all about to change!

It has been announced by the Président of the Conseil Général that High Speed internet access, or 'le haut debit' as it is known here, will be made available to each and every home within La Manche by the 31st December 2006! This will make it the first Department, outside of Paris, to be 100% fully covered. Considering at least one third of the region comprises a marshland nature park and where next-door neighbours are often kilometres apart, you would be forgiven for thinking that any one of a number more highly populated départments might have appeared more commercially attractive! But I'm not complaining. After two years of pretty hopeless and intermittent 'dial-up' Internet, I can't wait for the new service to reach my obscure backwater.

For those 'techy types' who may be wondering how the service is to be delivered, I will briefly outline the plan. It seems that new underground optical fibres have been introduced along all major road routes and these will carry it to strategically positioned 'hubs'. From these locations a I or 2 Meg service will be delivered to each home via one of three methods: 'local loop' telephone wires, electricity supply lines or wireless WiFi / WiMax links. Interestingly these will utilise radio transmitters positioned on the water towers that are such familiar landmarks across the French countryside.

I recall back in December 2003 the Jersey Post reporting on this new fibre network and also stating that the French Telecommunications Regulatory Authority had given a licence to Newtel Solutions in St Helier to provide services in this part of Normandy, when the network was ready. Well it is now! And I think the people of La Manche (particularly the large British contingent) would welcome a bi-lingual service from Jersey (Les iles Anglo-Normandes) to compete with the likes of American AOL and Italian Alice (Tiscali)!

On a less technical note; whilst out walking recently I encountered two ladies gathering what appeared to be weeds from the banks beside the road. I thought this may be a useful opportunity to try out some hard learnt French and asked them what they were picking; "Qe'est-ce que l'herbs, pour la cuisine?" They understood the question which surprised and delighted me but their response was "Non, ils sont pour le wabbit!" I now understand M. Chirac's concern as Bugs Bunny seems to be hopping his way into local parlance!

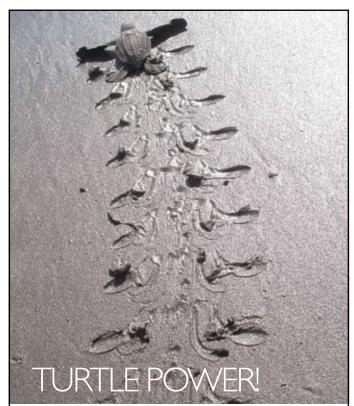
And talking of cuisine a, labour saving and delicious practise that occurs all year on Sundays throughout this region is the custom of buying spit roasts, just a few minutes before lunch! Local butchers set-up large, log fired barbeques beside the road in most villages. Sometimes in larger towns you may even see two or three competing with each other. This excellent custom involves preparing your vegetables etc, leisurely eating your entrées and then sending someone out to fetch the hot roast (pre-ordered and paid for earlier during the week). This must be a good idea for Jersey butchers and a new way of preparing Sunday lunch in future!

One final point and with reference to April's Gallery, a small Jersey flag now flies atop Mont Ventoux, it has been conquered!

A bientôt!

Paul Beaumont





Mehdi Padidar and Sonia Medroa are two Islanders who've been involved in an endangered sea turtle conservation project in Costa Rica for the past 6 months. The project aims to protect and increase their numbers and luckily for us, Mehdi's a photographer who has been documenting their work. They have both been offered positions as co-ordinators of one of three main projects on the Pacific coast located in a tiny 200 inhabitant village bordering Panama called Punta Banco. Their job entails training and working with volunteers coming from different parts of the world, patrolling the beach every night, and monitoring the hatchery where a certain amount of nests are relocated to a protected area for research.

Sonia explains, "Turtles lay their nests on the beach after dark, and thus much of the project work is done during 3-6 hour shifts at night. You pair up and walk the 4km stretch of Punta Banco beach searching for nesting turtles. When a turtle is found, it is tagged, measured, and the newly laid eggs are transfered to a nearby hatchery where the eggs are reburied and monitored until they hatch. When the eggs hatch about 50 days after the nest is buried, hatching success rates are recorded and the baby turtles are released back into the sea."

Mehdi goes on to say. "Even though we are working with marine animals on the other side of the globe instead of on our doorstep, we believe these creatures affect the whole eco-system. The main source of food for the Leatherback Turtle is jellyfish and there have been many sightings of them around Scotland and even the South-west of England, so they may even come to Jersey beaches in the near future!"

Medhi and Sonia will be starting as co-ordinators of the sea turtle project in July and will remain there for the rest of the season until December. The Organisation PRETOMA they are working for is a non profit organisation, for more information

check out their website on www.tortugamarina.org If you're interested in making a donation to the project, either go to the website or contact them directly at:

mehdiantoine@hotmail.com or, sonia_medroa@hotmail.com





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ATTACK OFTHETONG!

It's not often that Jersey receives visits from world-famous performers at the top of their game. Tom Cruise doesn't often perform at the Arts Centre, we can't remember the last time Pavarotti was at the Opera House, and it seems unlikely that there's a Picasso exhibition around the corner.What we do have is Pete Tong coming to play at the Castle.

It's Rhumba's tenth anniversary and as it's their last event they're glad they're going out with a huge one. They were the first to put on a dance event at Elizabeth Castle in 1996, and they're planning on going out in style with the biggest act they've ever booked.

"We've been trying to get Pete Tong for the last ten years," says Chris Sokrati of Rhumba. "It's taken a long time but once he'd seen the pictures of the Castle and realised it was our 10th anniversary he was wetter than an otter's pocket". Tong is going to be flying in directly from the legendary Pacha in Ibiza to play the Castle and by all accounts is looking forward to it. No doubt it's going to sell out, so if you're interested, check out the inside back cover for details of how to get your ticket and for what times those massive DUKW

boaty thingys are going to be jetting over there. Oh, and for all you nay-sayers, sceptics, pessimists and conspiracy theorists, if you're not convinced he's actually going to be coming over, check out his tour dates on www.petetong.com or www.myspace.com/petetong for confirmation. Satisfied now?



THE POMME CAFÉ BAR COCKTAIL OF THE MONTH // COSMOPOLITAN





WHAT TO MIX //

25ml Vodka 25ml Cointreau Dash of cranberry juice Dash of lime syrup

HOW TO MIX IT //

Not difficult. Put the Vodka, Cointreau, Cranberry juice and lime syrup into a shaker together with crushed ice and go to work.

PRESENTATION //

Strain the concoction out into a chilled Martini glass, garnish the results with a twist of lime and you're done...

COCKTAIL OF THE MONTH IS SPONSORED BY



The Café Bar at the Pomme d'Or TO 1 PM SERVING GREAT FOOD & DRINK



NIGHTLIFE





HED KANDI

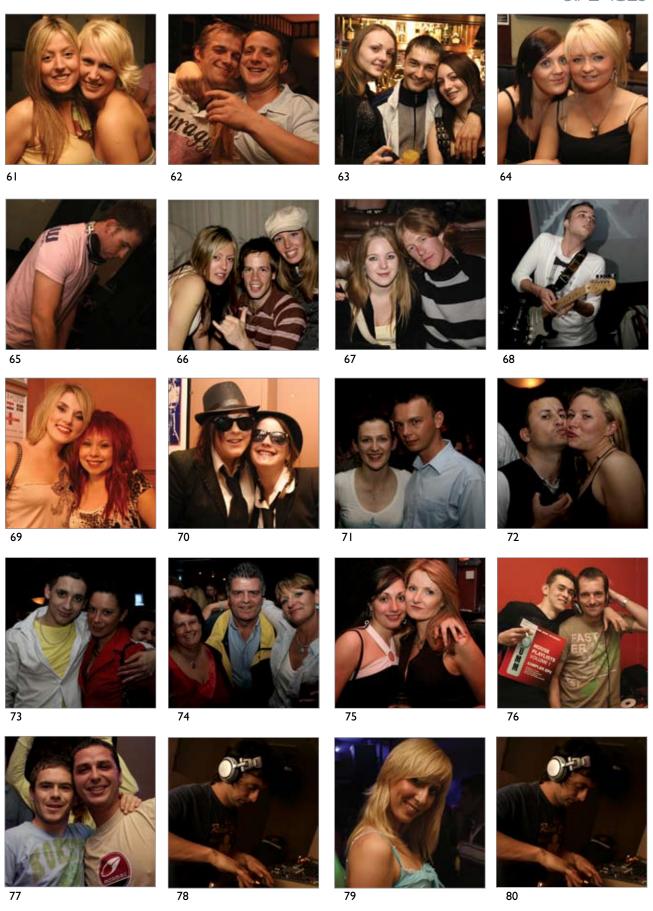
Sunday 4th June sees the launch of Kandi Shop at Platinum. Every Sunday official Hed Kandi DJ's will be playing all the hottest Kandi tunes from 10pm till 2am. The 4th June sees Hed Kandi's Wes Clarke live in Platinum, Sunday 11th June is David Dunne and Sunday 18th and Sunday 25th June is Rob Wilder. According to Platinum all of these guys are world renowned official Hed Kandi DJ's who play in some of the biggest clubs all over the world and mix the Hed Kandi albums. The best thing about it is, it's FREE ENTRY all night long EVERY Sunday.



LIQUID ENVY

You may have noticed that Liquid has been shut for the past few months. Behind the scenes they've been busy completing a £2 million refurbishment which is going to transform the venue into one of the most advanced, state-of-the-art venues in the UK. Renamed as Liquid Envy, it has been designed to appeal to all age groups with Liquid focusing on the 18-24 years old while Envy be strictly over 25s. General manager, Allan Bale said, "With two completely different venues with their own entrances, we can now offer a venue designed for these very different age groups. Liquid will be a fun and upbeat venue for young revellers to party, meet people and have a good time while Envy will be more like a stylish bar with a dance floor and live DJ." It'll also have 360° projection and video surround which is capable of displaying 'total immersion' music videos and stunning visual effects to synchronize with the DI's beats. The new venue is set to open its doors to the public on Saturday 1st July 2006.

FACES &PLACES



ROYAL YACHT, SOUNDCLASH, SYNERGY, HAVANA// JUNE 06 // PICTURES BY BRUNO MELIM @ JERSEYCLUBBERS.COM



When we're looking for something to do, we sometimes fancy a night of culture, sometimes a night of eating, sometimes drinking, sometimes movies Therefore, we figured that our listings sections should reflect this. We've re-designed it to include all our listings sorted by date so whatever night it is that you're looking for entertainment, we can show you all the options! If you have any listings or events for July's magazine, send them to listings@gallerymagazine.co.uk by 16th June.

THURSDAY I JUNE

Chambers Martha High

Time: 22:45, free entry

Platinum

UNDER 18'S FOAM PARTY

RnB, Hip-Hop and Dance Time: 19:00 – 23:00, £5.00 entry with

FRIDAY 2 JUNE

Chambers HIM AND I

Time: 18.00, free entry

Time: 22:45, free entry

ASK THE DUST (15) IMDB: 5.8

Starring Selma Hayek and Colin Farrell, Ask The Dust is a Robert Townedirected adaptation of John Fante's Depression Era novel. Hayek plays the fiery Mexican beauty Camilla who hopes to rise above her station by marrying a wealthy American but finds the situation complicated by meeting Arturo Bandini (Farrell), a first-generation Italian hoping to land a writing career and a blue-eyed blonde on his arm. Two decent performances, fantastic photography, but doesn't really gel. Shame considering Towne's illustrious back-catalogue.

POSEDON (12A) IMDB:TBA A remake of the 70's Shelley Winters disaster fest, Poseidon sees a rogue wave smash into the side of the Poseidon, flipping it upside down. Kurt Russell and a misfit gang of stragglers realize that their only chance is to make their way to the deepest bowels of the ship, now at the top, if they are going to have any chance of getting out. Don't expect too much.

SATURDAY 3 JUNE

Chambers

Time: 22:45, free entry

St James

GAMBIA BEAT BAND

Formed in 2003, the Gambia Beat Band are a multi-cultural group with members from the Gambia, Netherlands, Germany, South Africa, the UK and Jersey.
Time: 20:00, tickets £8.00

SUNDAY 4 JUNE

Chambers Suzy's FIELD

Time: 22:45, free entry

With DJ Wes Clark (UK) Time: 22:00 - 02:00, free entry

lersey Lavender Farm

Celebrate this most colourful and fragrant of Jersey's harvests with a visit to the Lavender Farm. Each morning at 11:00 there will be a special tour by the owner to provide an insight into the world of lavender growing

and the processes of distillation. Each

afternoon at 15:30 there is a talk on Beekeeping and at various times in the week the chance to try your hand at making lavender wands! Normal admission prices apply.

OPEN GARDEN: LES VAUX, ROZEL In aid of JAYF

Cream teas, no dogs and unsuitable for wheelchairs and pushchairs. Signposted from major junctions. Time: 14:00 – 17:00, entrance £3 (children under 12 free).

MONDAY 5 JUNE

Chambers

COMEDY COURT ROOM @ 20:00

Followed by Derrin Nauendorf Time: 22:45, free entry

TUESDAY 6 JUNE

Chambers

Moog & Martha High Time: 22:45, free entry

THE OMEN (TBC) IMDB:TBA

Yet another holiday remake and judging from the trailer it's almost a shot by shot, paint by numbers affair.

WEDNESDAY 7 JUNE

Chambers

DERRIN NAUENDORF & SUZY'S FIELD

Time: 22:45, free entry

THURSDAY 8TH JUNE

Time: 22:45, free entry

FRIDAY 9 JUNE

Chambers

SUZY'S FIELD

Time: 18:00, free entry

Chambers

THE BANDITS (UK)

Time: 22:45, free entry

RV (PG) IMDB:TBA

Bob Munro played by Robin Williams, and his dysfunctional family rent an RV for a road trip to the Colorado Rockies, where they ultimately have to contend with a bizarre community of campers.

PRETTY PERSUASION (18) IMDB: 6.5

A black comedy starring Evan Rachael Wood as Kimberly Joyce. A fifteen-year-old girl incites chaos among her friends and a media frenzy when she excuses her drama teacher of sexual harassment. Also staring Adi Schnall as Randa and Elisabeth Harnois as Brittany.

SATURDAY 10 JUNE Chambers

THE BANDITS (UK)

Time: 22:45, free entry

The Live Lounge

Soundclash

An eclectic night of classics and party and anthems, drum 'n Bass, breaks and

Entry £5 before 23:00 / £6 thereafter

SUNDAY II JUNE

Platinum HED KANDI

With DJ David Dunn (UK) Time: 22:00 – 02:00, free entry

MONDAY 12 JUNE

Chambers

Time: 22:45, free entry

TUESDAY 13 JUNE

DENOVA BLUES

Time: 22:45, free entry

WEDNESDAY 14 JUNE

SUZY'S FIELD

Time: 22:45, free entry

THURSDAY 15 JUNE

Chambers MARTHA HIGH

Time: 22:45, free entry

FRIDAY 16 JUNE

Chambers

SUZY'S FIELD

Time: 18:00, free entry

Chambers

SUZY'S FIELD Time: 22:45, free entry

STAY ALIVE (15) IMDB: 3.1

After the brutal death of a friend, a group of friends find themselves in possession of a video-game called "Stay Alive," a blood-curdling true story of a 17th century noblewoman known as the Blood Countess. After playing the game when they know they shouldn't, however, the friends realize that once they die in the game they die for real. As their numbers begin dropping and as they begin dying in the ways they died in the game, the remaining friends realize they must defeat the Blood Countess or accept their fates. Starring Sophia Bush, Frankie Muniz, Jon Foster and Samaire Armstrong

THANK YOU FOR SMOKING (15) IMDB: 8.0

Comedy follows the machinations of Big Tobacco's chief spokesman, Nick Naylor who is played by Aaron Eckhart, who spins on behalf of cigarettes while trying to remain a role model for his twelve-year-old son.

AN UNFINISHED LIFE (12A) IMDB: 7.2

Drama, starring Robert Redford, Jennifer Lopez, Morgan Freeman and Josh Lucas. A down on her luck woman. desperate to provide care for her daughter, moves in with her father in-law from whom she is estranged. Through time, they learn to forgive each other and heal old wounds.

SATURDAY 17 JUNE Chambers

ROGUE LEADER

Time: 22:45, free entry

SUNDAY 18 JUNE Chambers

Time: 22:45, free entry

Platinum HED KANDI With DI Rob Wilder (UK) Time: 22:00 - 02:00, free entry

OPEN GARDEN: DOMAIN DESVAUX

In aid of JAYF. Cream teas, free parking and no dogs. Sign posted from major junctions.

Time: 14:00 – 17:00, entrance £3 (children under 12 free).

DAWN CHORUS: THE HARMONY MEN Enjoy an uplifting repertoire by Jersey's only male voice choir, The Harmony Men. The choir have toured across Europe and have sung at many different venues including the Minquiers (!) and St. Stephen's Cathedral in Prague Followed by a walk with M. Stentiford. Cafe du Port (at the end of Gorey Pier) will be open at 4am to serve refreshments.

Time: 04:30, admission free

MONDAY 19 JUNE

Chambers

ROGUE LEADER (ACOUSTIC SET) Time: 22:45, free entry

TUESDAY 20 JUNE

Liberation Square

Listen to stories about the murkier side of Jersey's capital, St. Helier, with an evening's guided walk around the

old town. Time: 19:30 - 21:30, tickets £4.00

WEDNESDAY 21 JUNE

Chambers

SUZY'S FIELD Time: 22:45, free entry

Catel Fort, Gréve de Lecq

SUMMER SOLSTICE

Emfeb's string trio and wind quintet will be performing for the open-air Summer Solstice event at Greve de Lecq. The evening will end with a parade down to the sea by candlelight, with Emfeb as accompaniment. Thus sending our peaceful wishes to the

Time: 18:00 – 22:00, admission free.

THURSDAY 22 JUNE Chambers

Time: 22:45, free entry

FRIDAY 23 JUNE Chambers

SUZY'S FIELD Time: 22:45, free entry

Le Dolmen des Monts Grantez SUNSET SYMPHONY

A programme of light classics performed by the young and vibrant Emfeb Chamber Orchestra. Bring a picnic and torch and watch the day drift away to a glorious selection of symphonic music. Please wear suitable clothing. Time: 20:00, admission free

Les Landes Race Course HORSE RACING

Place a bet or two or just soak up the atmosphere and enjoy the horse racing. Organised by the Jersey Race Club. www.jerseyracing.co.uk Time: From 18:30 hrs, entry £8.00

THE LAKE HOUSE (TBC) IMDB:TBA

A lonely doctor (Sandra Bullock) who once occupied an unusual lakeside home begins exchanging love letters with its newest resident, a frustrated architect (Keanu Reeves). When they discover that they're actually living two years apart, they must try to unravel the mystery behind their extraordinary romance before it's too late.

SATURDAY 24 JUNE

Covering a total distance of 48.1 miles this annual event attracts both local and visiting walkers, raising funds for Jersey charities. For further information visit www.itex.je/walk

SUNDAY 25 JUNE

Chambers SUZY'S FIELD

Time: 22:45, free entry

Jersey Kayak Adventures

Travel down on a 42ft charter boat and then get dropped off to explore the reefs at low water. Paddling east between the sand banks & rock gullies towards the main Island. See seals and dolphins! For details see www.jerseykayakadventures.co.uk

SUNDAY 25 JUNE

Platinum HED KANDI

With DJ Rob Wilder (UK) Time: 22:00 - 02:00, free entry

MONDAY 26 JUNE

Chambers HIM AND I

Time: 22:45, free entry

GHOST WALK

Venue TBA

Explore Jersey's most haunted sites as your 'spirit guide' invites you to experience the unexplained and witness the macabre. As the experience takes place in the dark, please bring a torch, wear sensible outdoor clothing/shoes. Numbers are limited so booking is essential.

Time: 21:45 - 23:45, price: £5.00.

TUESDAY 27 JUNE

Chambers
DENOVA BLUES

Time: 22:45, free entry

Jersey Arts Centre

A young female pet-sitter is discovered floating on a buoy in the middle of the ocean. As she slowly reveals her version of events, it is clear that what begins as a straightforward task of moving an old lady's pet escalates to biblical proportions. A brilliantly surreal comedy where bizarre and absurd characters inhabit a gloriously skewed

Time: 20:00, tickets £11 (£6 students)

WEDNESDAY 28 JUNE

Chambers Suzy's FIELD

Time: 22:45, free entry

THURSDAY 29 JUNE

Chambers

Time: 22:45, free entry

FRIDAY 30 JUNE

LITTLE MANHATTAN (PG) IMDB: 7.4

Ten-year-old Gabe (Josh Hutcherson) was just a normal kid growing up in Manhattan, until Rosemary (Charlie Ray) walked into his life actually into his karate class. But, before Gabe can tell Rosemary how he feels, she tells him she will not be going to public school any more. Gabe has a lot more to learn about life, love and girls.

REGULAR EVENTS

EVERY MONDAY

Platinum

Noite Portuguesa

Big Euro dance tunes with some Latin flavour to spice things up. Free before I2am with flyer/member. £1 discount after 12am flyers/mem-

EVERY TUESDAY

Mint

KARAOKE NIGHT

Spot prizes throughout the night. Don't worry if you can't sing, we have ear

Time: 22:00 – 02:00. Free entry

EVERY WEDNESDAY

From 10 May to 5 July) PUFFIN AND WILDLIFE SEA KAYAKING TOURS

A chance to observe coastal wildlife and see Puffins from a sea kayak. Contact www.jerseykayakadventures. co.uk

Platinum

IBIZA FOAM PARTY

All the current big tunes plus some great party anthems and rock monsters, if you're up for it, we'll play it! Dress to get wet!!!!! Time: 22:00 - 02:00

MINT

Join resident DJ Sly as he plays all the big RnB and Hip-Hop tunes. Time: 22:00 - 02:00, free entry

EVERY THURSDAY

GRIND

All the biggest RnB and Hip-Hop tracks throughout the night with DJ Adam B and special guest DJs. Time: 22:00 - 02:00, free entry all night

EVERY FRIDAY

Platinum FRESH AND FUNKY FRIDAY

All the big RnB tunes, funky house and club-classics Time: 21:00 - 02:00, £2.00 entry

with flyer.

BIG NIGHT OUT

Dance the night away at Mint. Time: 21:00 - 02:00, free entry all night

EVERY SATURDAY

Platinum

SANCTI IARY

The one everyone is talking about. Classic Anthems, the sexiest RnB and all the big dance tunes with resident

Time: 21:00 - 02:00

EVERY DAY

MENU DE TERROIR 2006

If you need a reason to dine out this summer then this event will surely convince you. A total of 28 restaurants, cafes and pubs around the Island are competing to create the best menu using fresh, local produce. Between now and 18th September, diners will be able to select the Menu de Terroir in any of the participating venues and enjoy the seasonal flavours of highquality local produce.

For participating venue details see www.genuineiersey.com

GOLDEN LIONS OF POLISH CIN cineworld.

Monday, 12 JUNE 2006

6:30 pm - Opening Reception at the CineWorld Bar

7:30 pm - Official Opening of the "Golden Lions of Polish Cinema"

Special Guest - Mr. Janusz Kijowski. Vice Chairman of the Association of Polish Filmmakers

8:00 pm - Opening Night Movie "Warsaw", Directed by Dariusz Gajewski

Tuesday, 13 JUNE 2006

3:00 pm - "The Day of the Weirdo", Directed by Marek Koterski

5:00 pm - "Love Stories", Directed by Jerzy Stuhr

7:00 pm - "The Welts", Directed by Magdalena Piekora

9:00 pm - "The Debt", Directed by Krzysztof Krauze

All films with English subtitles

cooperation with:



The Association of Polish Filmmakers

The Honorary Consulate of the Republic of Poland in the Channel Islands

3 QUESTIONS

This month our Project Trident student Kirstie has been out asking our usual three questions and getting the views of the Jersey public on paper.

A: Did you do project trident, if so where did you go?

B: Can you cry under water?

C: If a deaf person has to go to court, is it still called a hearing?

CHRISTINA PRIESTLEY

Occupation: Student

A: Yes, I am doing it at Samares School - it's good.

B: I haven't felt the need to cry under water actually (laughs).

C: Yes, but they would have a sign language man or woman, I think.....





DAVID PHILLIPS

Age: 70

A: What's that? Never heard of it. B: (Repeats the question slowly) I don't know but next time I come in contact with water I will have a go.

C: (Laughs) Yes, I guess it would be.





SANDRA PHILLIPS

Occupation: Support worker

A: Yes, I was at Kleinwort Benson B: I've never tried. C: (Laughs) I have no idea.





COMPETITIONS

.....

For your chance to win simply go to our website and answer the not too difficult questions!





BLO-KARTING Wind powered racing!

If you read the sports page and thought that Blo-Karting sounded like fun, enter this competition for the chance to win a free session for you and three friends.

pureADVENTURE



HEY GRINGO!

Win two tickets to see this great Arts Centre show

Peter Serles takes us with him on his journey around Peru, turning the Arts Centre stage into a wild and unexplored landscape meeting drug-smugglers, Carmelite monks and Maoist guerillas. This South American adventure is crammed with hilariously true travel tales and takes place on Tuesday 11th July - enter for your chance to win two tickets.





RHUMBA'S 10TH ANNIVERSARY

E TONG www.petetong.com www.myspace.com/petetong

ELIZABETH CASTLE JUNE 24TH 5:00pm - 2:30am

All Tickets except 5pm sailing times are priced at £30 5pm tickets are priced at £25. Tickets are only available in advance so please hurry to secure your preferred sailing time. We expect this event to sell out in advance so don't miss the boat!

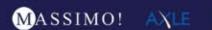
SUPPORTING DJ'S MONKEY ROBERTS THE CROSS / SPACE JIMMY GRAHAM SUZE ROSSER STEVE FERBRACHE DAVE SMITH HI-FI SUSHI TICKETS WILL BE AVAILABLE FROM THE FOLLOWING OUTLETS FOR VARIOUS SAILING TIMES;

WHITELABEL RECORDS **DUKW TICKETS ONLY! TEL: 725256** DUKW DEPART FROM LA FREGATE®: 5:00 / 6:00 / 7:00 / 8:00 / 9:00PM

AXLE CLOTHING BOAT TICKETS ONLY! TEL: 510088 BOATS DEPART FROM ALBERT QUAY®: 5:00 / 6:00 / 7:00 / 8:00 / 9:00PM



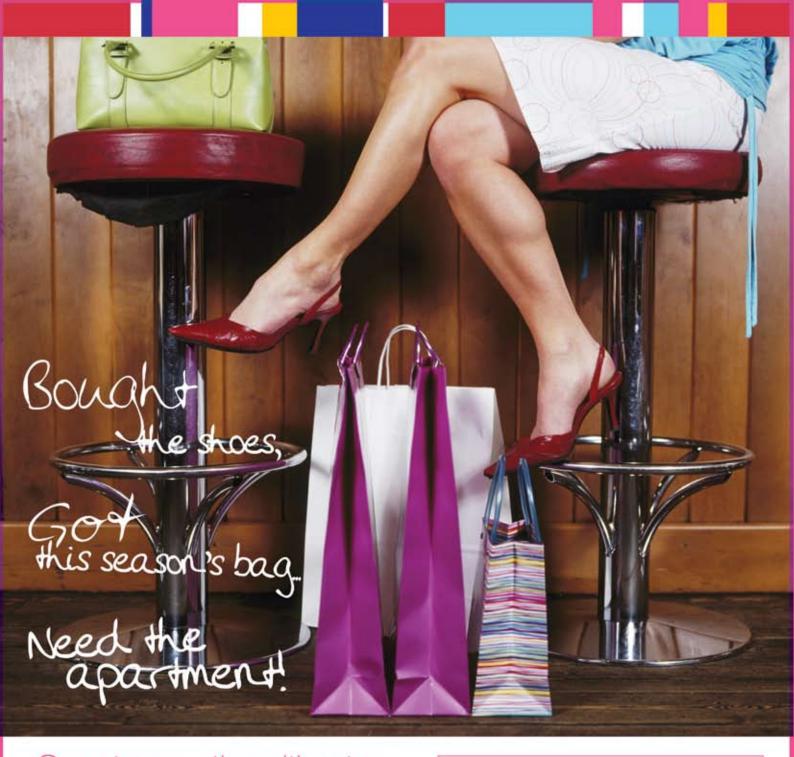
www.jerseyevents.com











Spectrum... the ultimate lifestyle accessory

You know about style, you appreciate good design and you enjoy life. Which is why Spectrum is the ideal place for you to live. This designer label comes with all of the style and quality you'd expect from Dandara, but without a designer price tag!

With shops and restaurants on the doorstep, a thriving new community of like-minded individuals... AND financial deals available to suit your needs, there's never been a better time to buy your first home at Spectrum.

Make the first step towards property ownership. Call 789900 or pop into the Sales and Marketing Suite to view one of the stylish show apartments.

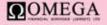
Spectrum



John and Jane are looking to purchase one of the Spectrum apartments for £125,000. John is 26 and Jane is 23. They want to keep their mortgage repayments to a minimum and shall arrange a repayment mortgage through Omega Financial Services (Jersey) Ltd. They are surprised at how low current repayments can be!

| Purchase price Deposit required Mortgage required | £125,000 £ 6,250 £118,750 Joint cost for Single cost | | | | | |
|---|---|---------------|--|--|--|--|
| | John and Jane | for Jane only | | | | |
| Monthly mortgage repayment (30 year term mortgage) | £630.24° | £630.24* | | | | |
| Monthly Mortgage Protection cover | € 47.04** | € 25.77*** | | | | |
| Total monthly cost | £677.28 | £656.01 | | | | |
| Weekly cost per person | £78.15 | £151.39 | | | | |

- Mortgage calculation based on current 2 year fixed rate of 4.90%. Rates correct at time of going to press. Mortgage protection cover based on non smoker joint life policy including Critical liness cover & Total and Permanent Disability benefit. Mortgage protection cover based on non smoker single life policy including Critical liness cover & Total and Permanent Disability benefit.



FOR FREE MORTGAGE ADVICE CONTACT OMEGA FINANCIAL SERVICES ON 634028

Regulated by the Jersey Financial Services Commission under the Financial Services (Jersey) Law 1998