

GALLERY

/ LIFE & STYLE IN JERSEY



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SOLE AGENT

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2 Bedrooms



**1, PENINSULA,
ST. BRELADE**

JOINT AGENT

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4 Bedrooms



**2 BEL ROYAL VILLAS,
ST. LAWRENCE**

SOLE AGENT

£5,000 PCM

4 Bedrooms



MILLAIS HOUSE, CASTLE QUAY, ST. HELIER SOLE AGENT £1,195,000

SHARE TRANSFER: Located in the award-winning Castle Quay development with marina views, this second-floor apartment offers both privacy and security and lends itself well as either a main residence or an investment property. Castle Quay offers an abundance of lifestyle and leisure opportunities and just a short walk from the town centre of St. Helier. This circa 1,000 sq.ft marina facing apartment offers three double bedrooms (two with en-suite bathrooms), a house bathroom, a store cupboard, a large open plan reception space comprising kitchen/dining/sitting area, perfect for entertaining. Externally the property offers two large balconies and two underground secure parking spaces.



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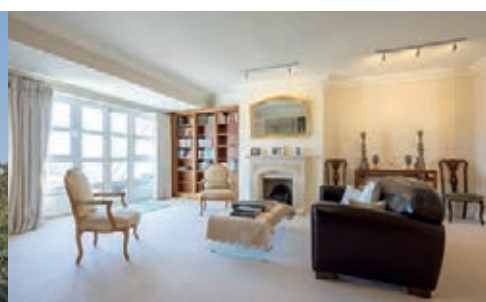
KARINGALE, ST. HELIER **SOLE AGENT** £1,250,000

Karingale is a recently renovated detached dormer bungalow situated down a lane in the quiet location of Mont Cochon. The accommodation comprises; the ground floor, entrance hall, kitchen, sitting room, dining room, downstairs bedroom, bathroom, and snug. The first floor offers a further three bedrooms, one of which is the primary bedroom en-suite. Externally, there is ample parking for four-five vehicles, and to the rear is a delightful low-maintenance garden, together with a garden with a seating area and an awning to the front of the property. Boasting distance sea views and an easy journey to town.



THE PENTHOUSE, 7, CEDAR COURT, GROUVILLE **SOLE AGENT** £1,395,000

This 2,148 sq.ft penthouse apartment is situated within the prestigious Woodlands development in the sought after parish of Grouville. At entry level this reverse plan duplex apartment offers three double bedrooms all en-suite, including a large primary bedroom benefiting from its own private terrace providing views of Gorey Castle and as far as the French coast. On the first floor this impressive apartment boasts a 940 sq.ft sitting/dining room with balcony to the front offering fantastic countryside & sea views and terrace overlooking the beautifully maintained communal gardens to the rear. The property benefits from a garage with store to the rear and allocated parking for an additional two vehicles.



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25 MILLENNIUM COURT, ST. CLEMENT **SOLE AGENT** £1,525,000

Enjoy uninterrupted sea views from kitchen, sitting room and primary bedroom and on the full-length balcony in this second-floor, front-line apartment in the much sought-after Millennium Court development at Greve d'Azette. This prestigious apartment offers 1540 sq. ft. of accommodation and although it would benefit from updating, the layout and proportions are ideal. The apartment further benefits from an abundance of internal storage, private landing area with lift access and an external lock up behind the parking area. There are two secure, side-by-side undercover parking spaces as well as ample visitor spaces. Not only does the development benefit from direct private beach access but it's situated along the number one bus route.



LE VALLON, 2, PETIT PORT CLOSE, ST. BRELADE **SOLE AGENT** £2,250,000

This attractive detached bungalow occupies a large site of approx. 0.75 acres and is situated in an enviable location on a shared private road close to Petit Port. Immaculately presented throughout, this property has been meticulously maintained over the years and although would benefit from some updating in places, it is in walk-in, condition. The accommodation offers a welcoming entrance hall, spacious sitting room with an open fireplace, good sized dining room, sunroom opening up onto the private garden on three sides, study, cloakroom, modern eat in kitchen with utilities in the double garage, three double bedrooms with the primary benefitting from a dressing area and en-suite, house bathroom and pool shower room.



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BRAESIDE, ST. LAWRENCE **SOLE AGENT** £1,895,000

This fantastic four bedroom, three bathroom family home is situated in an elevated position along the private road, La Rue Du Cap Verde and benefits from total privacy and seclusion. Built in 1948 and in need of gentle modernisation throughout, this well balanced home provides superb living space on the ground floor, including a light and airy sitting room, generous dining room with feature bow window and expansive conservatory as well as excellent, flexible sleeping accommodation on the first floor. Externally the property benefits from sprawling South facing gardens to the front of the property as well as a 761 sq. ft. multipurpose garden chalet, perfect for teenagers or visiting guests and an all-weather floodlit tennis court with practice wall to the rear.



2, MELBOURNE PARK ESTATE, ST. JOHN **SOLE AGENT** £1,650,000

A large, detached family home situated along a private road with six similar houses and conveniently located in St. Johns Village. This modern home makes no compromise on space throughout and is presented beautifully. An ideal family home offering spacious accommodation including, on the ground floor: sitting room, dining room, a generously proportioned kitchen/breakfast room, utility room, study and cloakroom. The first floor provides two double and two single bedrooms, all with built in wardrobes, the primary bedroom has an en-suite shower room and there is also a house bathroom on this floor. Externally, in addition to the double garage, there is parking for six vehicles to the front, an enclosed rear garden and a large front garden.



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EDITO

Printed matters.

This edition of Gallery marks eighteen years in print for Gallery. That's seventeen years and nine months more than I'd initially intended. When we first published this magazine, with the goal of being 'slightly less boring than the rest of the media landscape in Jersey', I'd never anticipated that it would make it to adulthood.

Print media was dying, even back in 2004. Having come from digital development background, I thought it would be quirky. I'd made maps as a sideline at Uni and printing things seemed retro. Magazines are a link to the past, a luxury, a dying product in a digital world. They're expensive to produce and if you make a mistake, you can't edit and repost. Print is an unforgiving format.

Nevertheless, I sought to develop Gallery to embrace island creativity and focus on fun, local content. We're advertising-funded, which means we do have to take a diverse approach to content in order to cover costs, but I think we've managed to do it with a reasonable degree of integrity over the years while still doing ludicrous photoshoots, courting controversy and using swearword when required. We still just about run out of stock of each edition as they fly out of our stands. This one desperately needs to get finished, back from the printer and into those stands; they're all pretty much empty as I type.

This edition is titled 'Expandable'. I do wonder what we're thinking when we try and theme each issue, as that was a pretty tough one to match to content. Our feature on a new, expandable venue is having to wait until the next edition; two weeks of rain has prevented us from taking a good shot of it. A feature about how we've expanded Gallery to include media in other areas would have been a bit narcissistic but I'm proud that my team and I over the years have taken a look at what's available and tried to do what others do, but with a quirky edge. Whether our Appetite food guide, our Places property portal, our What's On tourist guides or our contract publishing titles. It's been fun.

It's interesting that as we mark this occasion, there is a potentially watershed moment in local media as our respected but ailing local paper combines with the digital start-up that sought to unseat it. I've always liked the Bailiwick Express idea, although it seems that the digital model doesn't work without print. They announced a paper a few years ago that never came to fruition, so it will be interesting to see how they now permeate the old guard at the new Bailiwick Evening Express Post. Just like the unexpected longevity of Gallery, I've held a fondness for the unexpected continued existence of a local paper. I have to admit I only picked it up a few times a year, but I do think it's something a local community should have for its news. I look forward to seeing how they change it up.

BD

GALLERY

/ LIFE & STYLE IN JERSEY

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Recycle.

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this in a green font. It's not made out of leaves, honest.

gallery #186

THE EXPANDABLE
EDITION



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Danny Evans

Models

Charleen & Charmaine.

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£425.00, From Manna.

Boots by ALDO - £150.00.

From Voisins Dress by

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For the latest news about exhibitions,
events & opportunities, head to
arthousejersey.je



#186 CONTRIBUTORS

Words, pictures and ideas this month courtesy of...



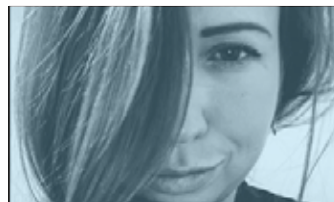
DANNY EVANS

Danny found two 18 year old twins to model for the shoot of our 18th birthday edition and sprinkled his styling and creative genius to produce our fantastic cover and shoot *Pg. 32*



TRACI O'DEA

With her day job as a Team Leader of Adult Education at Highlands College, Traci introduces us to a new course and its tutor, Carolyn Rose Ramsey. *Pg. 22*



KASIA GUZIK

Stylist Kasia chooses her style for the season and her recommendations on how to get the look. *Pg. 50*



THEA FAUVEL

Thea met up with Mandy Webster to learn about her business expansion, from supplying creative performers to teaching people to move and groove. *Pg. 88*



OLIVER DORAN

Oliver goes big on Disco with his shoot this month. He and his team have been busy and using their clash of creativity to present some sparkles for party season *Pg. 44*



SOPHIA MARIE ATKINSON

Our wealth focus sees Sophie examining industry trends and identifying some interesting investment choices for the those wishing to mix up how the spend and invest *Pg. 61*

The rundown.

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CONTRIBUTE

CREATORS WANTED

contribute@gallery.je

Got a blog? fancy writing in something that gets into print too? We're always looking for contributions from people who are passionate about subject matter close to their hearts. Become a contributor and get paid for your content.

FEATURE

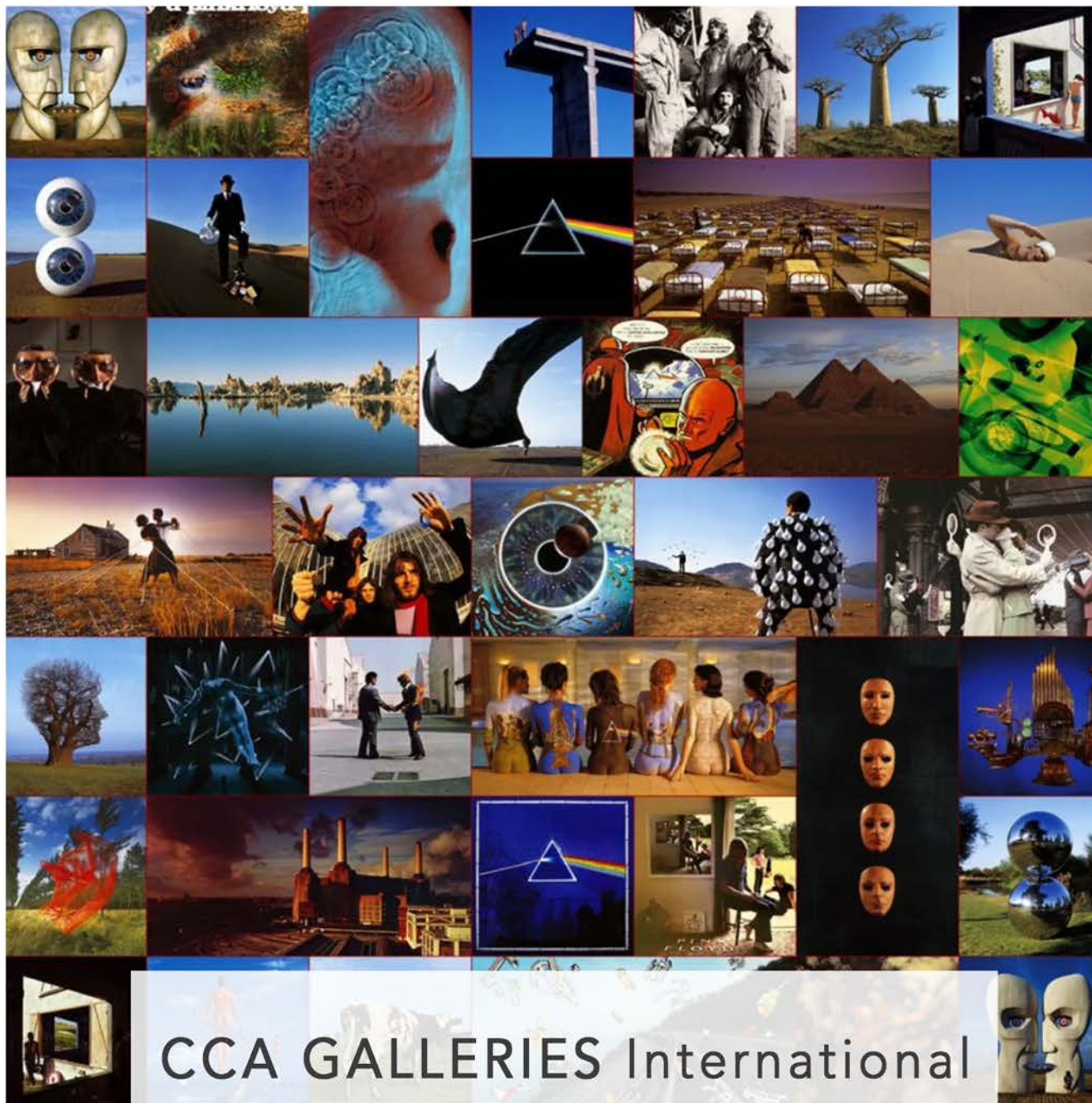
WE PROFILE ISLANDERS

editorial@gallery.je

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up, a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything captivating that will be of interest to the good people of Jersey who flick through a Gallery each month.

EXPANDABLE Conversation starter

An expanding paper file folder is also called an accordion folder due to its folds that are like an accordion's bellows.



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NEWS IN NUMBERS

10

YEARS IN AND THE NEW HOSPITAL SAGA TAKES ANOTHER TURN AS OVERDALE SITE IS DECLARED 'NO LONGER FEASIBLE'

7

RED ARROWS TAKE TO THE SKIES FOR THE JERSEY INTERNATIONAL AIR DISPLAY

1

YEAR LEASE EXTENSION APPLICATION MADE FOR HIDEOUT CAFE AT LA PULENTE

1

AIRCRAFT STRUCK BY LIGHTNING SAFELY RETURNS TO GUERNSEY

56.5

MILLION POUND 'MINI BUDGET' VOTE IS PUSHED BACK

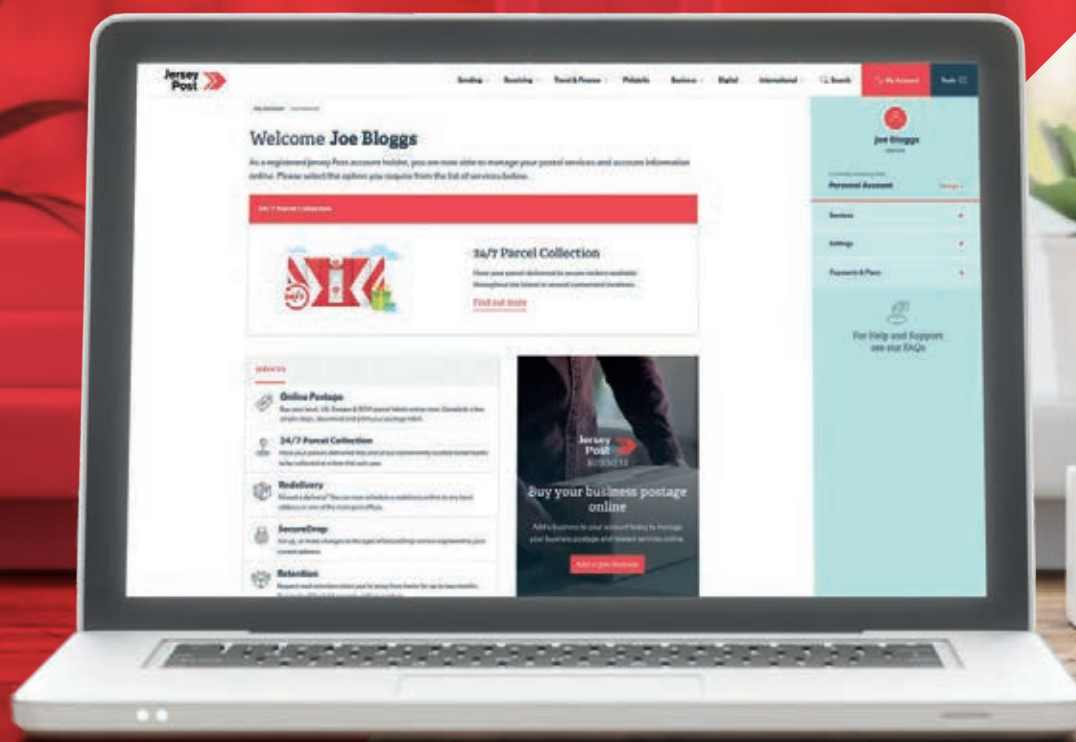
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BROADLANDS 50TH BIRTHDAY SOIREE

The Yard

16th September

The property market has certainly changed in the last 50 years but Jersey has had one constant in the form of Broadlands, who hosted a celebration of their fiftieth year of business at The Yard in September. The team and friends

caught the last of the summer sun as they enjoyed cocktails and platters in the courtyard on a glorious Friday evening at one of our favourite St Helier venues.

IF YOU WOULD LIKE YOUR EVENT COVERED, PLEASE CONTACT US ON PAPARAZZI@FACTORY.JE



JERSEY MUTUAL BIRTHDAY AND RELOCATION PARTY

One Seaton Place

14th September

The team at Jersey Mutual combined a celebration of their birthday with a relocation party in their new office at One Seaton Place. The invite list featured old and new directors, representatives of supported Jersey Mutual-supported charities and the team of businesses who have helped the company with

their move. Attendees were serenaded by live music from Elsie and the Emeralds, incredible food platters from Jersey Kitchen and some 'Home Sweet Home' cupcakes from Victoria Sponge! Congratulations to all the Directors and their team.



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LINDSAY RUTTER 'FIFTY-SEVEN PIECES OF ME' PRIVATE VIEW

CCA International
29th September

The island's artists and art-appreciators came out to see a more unusual private view last month as Lindsay Rutter's ceramics took pride of place in the ground floor gallery spaces at CCA Internationals. Lindsay is a multidisciplinary artist working in ceramics, print and textiles. With the majority of work we see these days

print-based, the chance to see art in three dimensions was a nice change. Lindsay was awarded the Summer Prize at the Jersey Summer Exhibition in 2019 for her piece titled Big Red and has since graduated with a First Class Honours degree in Design from Liverpool Hope university. One to watch!

IF YOU WOULD LIKE YOUR EVENT COVERED, PLEASE CONTACT US ON PAPARAZZI@FACTORY.JE



'ON THE ROAD' PRIVATE VIEW

Private and Public
23rd September

The preview evening and drinks reception of 'On the Road' which showcases new paintings, sculpture and prints by the groundbreaking musician Bob Dylan and local artists Jacques Le Breton was a roaring success. The event took place with the usual merriment at Somerville

House and Gallery Director, Chris Clifford told us it was one of the best-attended events that he'd ever had. If you'd like to own a print of Americana or a Hockney-inspired local scene, the event runs until the 15th October.



COLLAS CRILL OFFSHORE LAW FIRM ANNUAL CLIENT PARTY

ArtHouse Jersey at Capital House
29th September

Collas Crill staff and clients enjoyed an evening at ArtHouse Jersey's Map of Wonders Exhibition. The Exhibition in the new Capital House space, celebrated local children's creativity as part of the States' Genesis Education Programme. Collas Crill's guests were

treated to a humorous talk by the Story Beast, Aka John Henry Falle, who told tales of Jersey Folk Law, and had the crowd moo-ing like the mythical bull of St. Clement. Alongside canapés and bubbles, guests were encouraged to have fun with the interactive exhibition.

Sharina, Patrick &
LIDO



Golden retrievers are intelligent, affectionate, and, well, just such good dogs. As puppies, and even fully grown, they're the pinnacle of a stereotypical cute dog and this little guy is in the prime of his cuteness.

Meet Lido, the 12-week-old golden retriever, and her owners Sharina and Patrick. Sharina and Patrick met at the Lido at Havre des Pas. Little did they know they'd later become owners of their very own Lido. Their adorable golden retriever puppy is named after the place they met. Now tell me that isn't a love story!

Sharina is no stranger to looking after dogs, having become the dedicated dog-sitter for many of her friends and colleagues. With one of her own, she now has her hands full!

Like many dogs in Jersey, Lido is an well-travelled gal. She flew in all the way from Bury St. Edmunds on her own private plane, the favoured mode of transport for all well-heeled young puppies. Now she calls Jersey home and spends most of her time at her home in St. John, chewing shoes, and sleeping on the kitchen floor. What a life.

But Lido won't live the relaxed country life for long. Patrick is a director of Jersey Seafaris and works as a skipper on the boats in the summer. Sharina runs the Three Arches cafe on St. Catherine's Pier. When she's not busy doing that, she is also on one of Seafari boats, so Lido had better like the water and learn to swim! This little pup is set to spend plenty of afternoons on the slipway, having ice creams on the pier, and taking boat trips herself.

When I met Lido I made the unfortunate mistake of taking my shoes off. I'll forgive her as she's still very much in her baby phase, but I turned around to see her chewing my cros. Definitely serves me right for having awful taste in shoes...

Sharina, tell me how did Lido come into your lives?

She was a belated graduation gift when I finished my law degree, Patrick has already had 4 golden retrievers so it wasn't a difficult decision. We wanted to have a dog to bring along on all our adventures - we think she will love the snow and going on hikes very soon! We both love the water so we needed a dog that loves it as much as we do.

What's the cutest thing Lido does?

"She's still young and working everything out, so everything she does is cute, but probably the morning cuddles when she is allowed in bed. Lido and her friend Daphne (a Parsons Russel Terrier) also do the wildest zoomies in the garden, chewing each other's ears and then crashing on the sofa"

What's her favourite food?

"Everything. She loves chewing anything in the garden, preferably the prettiest flowers out there...her own poop is also in the top 3."

What is her favourite thing to chew? (Apart from cros!)

Her purple duck toy. Or probably, your hand!

Has she learnt any tricks yet?

She can sit, paw, and lie down. Very impressed already!

Favourite place in Jersey?

Walks down St. Catherine's Pier, for a Frozzy dog ice cream at the Three Arches!

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Stretch yourself

✍ Interview: Traci O'Dea 📷 Photography Danny Evans

This term, Highlands College Adult & Community Education has expanded its course offerings to include a series of single-session workshops that include topics such as music appreciation, Jersey's biodiversity, children's hairstyling, Wim Hof breathing method, dance appreciation and creative writing.

Carolyn Rose Ramsay, artistic director of Jersey's first professional ballet company, Ballet d'Jèrri, teaches two sessions of Dance Appreciation. We spoke with Carolyn about her passion for dance and what she plans to teach in her workshops.

What aspect of dance are you most excited about introducing to dance newbies?

I am most excited about telling the story of some tenacious people with a soft power that changed the world in its own small way.

Why is it important to teach about the history of dance?

I have always been fascinated by the way political currents and climates affect the development of the culture around them, and vice versa. British ballet, for example, is a product of the immigrants who brought it in, the Brits who embraced it, the wars, the depression...and as a result it is not quite like ballet in any other place, because its road has been different.

Because dancers must dedicate their lives to their craft at such a young age, the dance world tends to become our culture and our colleagues become our family. For me, the history of my art is as much the story of who I am as my grandma, my country, my native language. Anna Pavlova said that every time a little child wobbles into a plié for the first time, they join the same legacy as King Louis XIV, Catherine the Great, Nijinsky, and herself. I love that concept of legacy, and the idea that from here we are building our own.



“My first job as a dancer was in Cuba's national ballet, where the audience has grown up watching ballet and learning about ballet, so they appreciate it the same way they appreciate football or baseball”.

EXPANDABLE Conversation starter

The expansion rate of the universe has been measured to be $H_0 = 73.24 \pm 1.74$ (km/s)/Mpc, whatever that means!

Who are these courses for?

I am biased, but I cannot imagine this subject being uninteresting to anyone! More realistically, I think that anyone with an interest in history or in performing arts would benefit.

Why would non-dancers want to learn about ballet and contemporary dance?

My first job as a dancer was in Cuba's national ballet, where the audience has grown up watching ballet and learning about ballet, so they appreciate it the same way they appreciate football or baseball. They know its history and feel qualified to comment on what they like or don't like. The role of the audience is undervalued in the arts. I'd like to show people that art is not just for artists, and that one doesn't need to be a dancer to have an opinion about dance.

Do you want to share anything notable about Jersey's dance history?

Valerie Guy, who recently passed away, was a local legend. She taught an unfathomable number of kids in Jersey to love dance and express themselves through the performing arts. Her influence was tremendous.

Are you going to make us try out any moves in the courses?

I will demonstrate a little bit of stylistic differences so that hopefully the next time you are watching a show you will be able to recognise influences from different schools, techniques, or countries. If anyone wants to get up and join in, they are welcome!

Dance Appreciation: Ballet in Britain runs on Tuesday 11 October from 7 to 9pm at the Philip Maurant Centre in Trinity. **Dance Appreciation: Origins of Contemporary Dance** takes place on Tuesday 8 November from 7 to 9pm. For more information on the workshops, visit www.highlandsace.com.

ARTIST PROFILE

Zoe Connery



In 1999 Zoe Connery relocated to Jersey as a freelance illustrator, working closely with an art agency in London on commissioned artwork requirements. She spent the next 14 year living in Jersey and raising three children before relocating to London for a short period of time before returning to her home in St Ouen in 2018.

The return to Jersey gave her a renewed energy to find herself as an artist again and create art that she enjoyed without the limitations that a commission or client place on creative work. “I started to enjoy the process of creating a piece of artwork and it became a labour of love for me. I started to look at my art creation as more of a relaxing meditation experience for when I find myself in a happy space”.

In 2019 she was commissioned by Durrell to be involved in the hugely successful 'Go Wild Gorillas' campaign but in 2020 she relocated to Dubai, providing an opportunity to explore the vibrant art scene and culture of the Middle East. She was fortunate enough to participate in the Dubai World Art exhibition, where she represented Jersey and had her artwork exhibited in art galleries in Dubai. “ The Dubai experience of been surrounded by beautiful architecture and luxurious colours and textures has inspired my creative side to explore designing different mediums in my artworks including recycled materials”.

In 2022 Zoe returned to Jersey and is looking forward to the next chapter in her creative journey and reconnecting with the Jersey art scene. We asked her a few questions...



Hi Zoe, what are you creating at the moment?

I have a couple of projects on the go at the moment! I'm currently working on a tortoise design for the Go Wild Trail 2023, which I'm really looking forward to participating in. It's such a good cause and after the success of the last trail it's an honour to be a part of the next chapter as a selected artist. I am also working on some new designs which I'm really excited about; I have been experimenting with alternative mediums in clay, paper and recycled tin to build on my art profile and at the same time highlighting the awareness and importance of recycling opportunities in art. I have also recently collaborated with a new company in Dubai who specialise in bespoke wallpaper designs.

Describe your perfect environment for creating art...

My perfect environment for creating art is in the sunshine near the sea, in peace and tranquility. Having a relaxed state of mind is key for me to flourish in my designs, where I am relaxed and lose myself in the process of the creative mind.

What is the difference between life as an illustrator and life as an artist?

As an illustrator I was tasked with creating artwork to help promote a specific design project whereas as an artist the design comes from within and has a more emotional and personal connection.



You took part in GoWild Gorillas for Durrell, what was your inspiration for that design?

My inspiration was the art of Mandala; the art of mindfulness and the importance of having a happy state of mind in order to create. I started with a simple dot with no idea of where the design would take me and finish with a free-spirited intricate design for which I am well known.

You spent lockdown in Dubai; a pretty polarising place. What were the highs and lows?

The experience I gained from Dubai has definitely helped me grow in confidence and explore a wider variety of art, in a place where there was so much inspiration around me. I was given so many platforms on which I had the opportunity to exhibit and showcase my work, even during COVID. In addition to meeting so many interesting and inspiring people in the local art scene, I definitely grew as an artist in Dubai and it pushed me to create and experiment. Dubai really worked hard to ensure that the art scene and community did not suffer from lockdowns. There were many challenges with logistics in terms of meeting requirements under COVID but I can't complain. If anything, my frustration was that I had so many ideas in my head but couldn't get them out quick enough for the limited exhibitions.

Now you're back on Jersey, what are your plans?

I am now concentrating on getting out new designs and, of course, the Go Wild Trail 2023. My priority since returning to Jersey is to reconnect with island life and enjoy what Jersey has to offer whilst I explore and experiment with new art techniques and allow my artistic flow to take over.

QUICK QUESTIONS

Favourite artist?

Banksy, I love the mysteriousness about him. I also recently met a French Tunisian Artist in Dubai, who when I first arrived, inspired me to push my boundaries and create larger canvas designs up to 3 metres x 2 metres.

Biggest influence?

My husband; he always inspires me and encourages me to pursue my art. Without him I probably wouldn't have completed half the designs I have done, he's my biggest critic.

Favourite Pencil? HB

What's on the wall above your bed?

A large canvas design I created for our home in Dubai which is a mixed media comprising oils and beads with Arabic writing.

What educational class would you like to undertake?

A pottery or sculpture course.

Give us a piece of advice you'd give our readers....

Follow your dreams and don't let anyone put you down. Art is all personal taste and not everyone will like it, but it doesn't mean you aren't talented as an artist.

We're going for a coffee and cake, what's your order and where?

It's simple. Stay local and, as they say, west is best. For me it's Plemont Cafe - a peaceful place to escape, followed by a walk on the beach. As I don't drink coffee it's an ice cream for me I'm afraid, unless it's cold, then it's a good cup of tea!

TOTALLY SOUND. (AND COLOURFUL)

ArtHouse Jersey's 'The Sound of Colour Exhibition' opens to the public this October; a sensory journey through the work of four artists responding to how we perceive and experience the world around us.

From tracking body movements to invisible weather patterns, subatomic particles and a dazzling exploration of 'liquid time' through the music of Monteverdi, *The Sound of Colour* is an invitation to be moved by the micro to the macro, from the smallest sound of an insect to an outer-sensory imagining of bodies and memory moving through space. The show features works by Kimatica (UK), Semiconductor (UK), Adam Busanta (Canada) and a newly commissioned sound score and visual environment by Berlin-based composer Burak Özdemir (Germany).

The opening work 'Relax and Release' by Kimatica uses body tracking technology to create an interactive environment which generates a video wall created by the audience's own movements and presence.

Moving further into the exhibition the audience will discover two works by artist duo Semiconductor whose work translates highly specific scientific data to create short films and richly textured composite visual installations. 'Parting the Waves' uses data from quantum simulations of subatomic and atomic particles to generate a visual pattern that demonstrates how matter is in a constant state of movement.

Heading deeper into the internal spaces of Capital House, the audience will enter the work 'Vertigo' by Berlin-based composer and musician Burak Özdemir who traverses time and space using cross century collaboration with the renowned composer Monteverdi, drawing the audience into a magical digital landscape of evolving visuals accompanied by a spellbinding six part musical composition.

Finally exhibition visitors will arrive to a brightly lit space which houses the work *Curtain (White)* by artist and experimental music composer Adam Busanta. Patterns of white noise sweep across the curtain which, on close listening, are revealed as individual channels of highly sensitive recordings of the sounds of nature.

ArtHouse Jersey says this interactive digital arts exhibition should appeal to everyone in Jersey, from art lovers right through to families with young children. People are encouraged to go along to the show and take colourful and memorable photos to post on social media, using the hashtag #thesoundofcolour and tagging in @arthousejersey.

The Sound of Colour exhibition runs between Wednesday 12 and Saturday 29 October at ArtHouse Jersey at Capital House, 8 Church Street, St Helier. Open Tuesday to Saturday 10.30am to 6pm with a slightly earlier close of 5pm on Sundays. Closed Mondays. Visit arthousejersey.je to learn more.

THE SOUND OF COLOUR EXHIBITION
Wednesday 12 October to Saturday 29 October 2022 at
ArtHouse Jersey at Capital House





More beneath the surface

Jason Butler is pleased to present 'Surface', an exhibition of paintings in his harbourside studio/gallery in commercial buildings.

Following his exhibition at Arthouse Jersey earlier in the year, this showing will consist of a larger number of works and both small to large paintings. Jason has been working on a large body of work for the past several years, building up and sanding down each painting over a long period of time until a certain rich and layered surface is achieved.

Jason Butler - Surface
10 Commercial Buildings
Open to the public from
Tuesday 8th November
Monday - Saturday 10:00 - 17:30
Exhibition continues to Saturday 19th November

Readers - Therapists - Nutrition - Fitness - Environment - Health Products - Workshops

FREE
ADMISSION



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18-20th NOVEMBER

Radisson Blu Hotel
The Waterfront, St Helier

OPENING DAY

OPEN FROM 10am
FRIDAY 18th
 NOVEMBER
 2022

www.barnespublishing.com/events.html

 **HealthyLivingFestivalCI**

• THE • Genuine Articles JERSEY HEMP



The team at Jersey Hemp comprises scientists, agriculturists, firefighters and an ex Royal Marines Commando who in 2017 came together with the shared goal of becoming Channel Islands' pioneers focused on reviving the islands' historic agricultural asset, hemp.

Based on the outskirts of St Helier at Warwick Farm their hemp farm is the first in the Channel Islands' since industrial hemp production was de-legalised in 1993 and they were the first licenced hemp company in the British Isles to be able to harvest and process hemp flowers for CBD extraction.

For hundreds of years, the Island used to be home to fields upon fields of hemp and Jersey Hemp are working to revive this incredible crop and bring their customers the highest quality produce. Back in the 19th century the first hemp crops in Jersey helped make the island the fourth largest ship building area and

whilst they've no interest in building ships anymore, they do have a passion for producing high quality CBD oils and other raw materials and end products from the incredible versatile crop.

They've come a long way in five years and now have the ability to process hemp seeds, hemp flowers and soon the fibre from the hemp plant, which all can be used to create different products. Hemp is an incredibly intriguing plant that produces medicine, food, building materials, textiles when manufactured; over 50,000 products and uses have been found for the Cannabis sativa L. "Hemp", hence, it is probably one of the most versatile plants found on the planet.

Jersey hemp have been scaling up on cultivation over the last four years and they are now are in a position to expand their growing in Jersey. They've been investing in new and bespoke harvesting equipment which will allow them to

increase their efficiencies and capture multiple parts of the hemp plant in one pass of the field.

There is lots of information about the ever-growing popularity of CBD and its ability to help aid relaxation. Hemp is proven to be a powerful source of all manner of nutrients and essential vitamins and minerals, and Jersey Hemp understands how important it is for their customers to know what they are buying and why. This is why you'll find almost all you need to know about CBD and hemp products within their website. They have a series of in-depth guides that make it simple for you to find out what's best for you and your family (including your pets).

You can buy their Genuine Jersey, 100% organic CBD products, both online and in a range of shops, including on site at Warwick Farm, where it's made.

www.jersey-hemp.com

Each month we feature some of Jersey's creators and let them share their creative visions and handmade goods with you lot, our island consumers. If you like what you see, check out genuinejersey.com and hunt them down to support our local industries!



Banking at its best



At Butterfield, we provide financial services with a personal touch, we focus on results and we value relationships. Our team in Jersey connects clients to a world of customised products and services, including local mortgages, savings accounts, treasury, foreign exchange, custody, financial intermediary solutions and more.

*Let's start a conversation
about how we can help you.*

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© Photography Danny Evans

So much to relish at *Relish*

The wonderful delicatessen, Relish, has relocated from Halkett Street to its beautiful new location in the Central Market. Owner, Florian de Poray, took over control of Relish ten years ago, having spent much of his life working and studying around the world. Florian had built up a wealth of knowledge about fine foods and wines; creating Relish was a fantastic opportunity to share all that knowledge and bring the very tastiest of produce to Jersey.

At first Relish specialised in wines and champagnes, however slowly, but surely, Florian built on his knowledge, actively seeking out the very best foods from around Europe, and the shop grew to include the myriad of tasty, tempting treats it has today. One area that Florian focused on is the delicatessen's famous cheese department, with well over a hundred artisan European cheeses on sale, each personally chosen and imported. It's always a delight to pop in and discover a new delicious cheese, as well as seeing the carefully selected produce, which, to the best of their knowledge, isn't sold anywhere else on the island, offering real choice and an amazing, unusual, fine selection. We met with Florian to find out more...

What was behind the recent move?

We were drawn by the fantastic emerging atmosphere in the beautiful covered market. Perhaps unknown to some, the Central Market has changed significantly over the past few years, with new stores and a wider range of goods. There is a fabulous vibe with new, local, small businesses serving the Jersey community; juice bars, cafes, restaurants, takeaway shops, superb florists, bakeries, greengrocers and butchers and a wide range of unique gift opportunities. We wanted to be part of this renaissance of the market, being aware that a market such as this is the envy of communities far larger than that of Jersey. Indeed, since we have moved in, tourists are constantly mentioning how beautiful and unusual the market is. If you shop in Jersey's Central Market, you can get all the freshest of ingredients.

What's unique about Relish?

We are proud of our attention to detail and product knowledge. Being a small, family firm we can easily adapt our products to suit our clients. We try to be perfect for daily shopping, but also make sure that we have superb gifts for the foodie and wine lover in your life. We've become renowned for our gifts which range from internationally-acclaimed chocolates to luxury bespoke hampers that can be delivered anywhere on the island.

What take away food are you doing at the moment?

At lunchtime we provide our famous Filled Ficelle: slim baguettes designed by Relish, made at 11am, to be as fresh as possible, and filled with the finest ingredients. There are also daily Ottolenghi-style salads, our pre-ordered presentation platters of artisan cheeses and charcuterie, and also the popular pre-ordered cheese fondues.



'At lunchtime we provide our famous Filled Ficelle: slim baguettes designed by Relish, made at 11am, to be as fresh as possible, and filled with the finest ingredients. There are also daily Ottolenghi-style salads, our pre-ordered presentation platters of artisan cheeses and charcuterie'

What are some of your personal favourite products that you sell?

I really enjoy designing and preparing our Presentation Platters. We are justifiably proud of these selections of the finest artisan European cheese, charcuterie and pâtés, all artistically presented with crackers, chutneys, vegetable and fruit antipasti. We have been making these for over ten years and with so many foods for us to choose from, two are rarely the same.

What delights do you have coming in for Christmas?

We've really gone all out again this year. It's very exciting, we'll have some of the finest foods in the world; Panettone from Loison in the Veneto, glacé fruit, marrons and fine preserves from Lilamand Confiseur in St Remy. Balsamics from Giuseppe Giusti in Modena, including their divine chocolates and balsamic panettoni, caviars, 12 differing cuvées from Drappier Champagne, an exceptionally fine wine selection from our selected small French producers, chocolates and treats from Charbonnel et Walker, Rococo and Lauden, Niederegger marzipans from

Lübeck. And, of course, superb European artisan cheeses, crackers and chutneys, fine pâtés from Strasbourg, Italian and French treats, Christmas puddings from the Carved Angel, Smoked Salmon from Inverawe.

And you're doing hampers too?

We have been preparing the finest bespoke hampers for our discerning customers in Jersey for many years. Perfect for presents, special occasions or corporate gifts, they are designed with the recipient's personal tastes in mind from the hundreds of luxury food and drink options in the delicatessen. Hampers for Christmas start at £50 to whatever amount you like.

So make the trip to see Florian, and Manager, Romano Pezzali, in the new treasure trove of a store. Their stunning personalised hampers are not just for Christmas, but can be delivered throughout the year as the perfect present, or they would make an incredible corporate gift!

Call them on 618844 to find out more.




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FOREVER

GALLERY
FASHION
09/22

PHOTOGRAPHER/STYLING/DESIGN **DANNY EVANS+**
DEPSTUDIES // MODELS **CHARLEEN & CHARMAINE**
// MUA **SOPHIE CUBBAGE** MAKE UP // 1ST ASSISTANT
ROSIE LEE // 2ND ASSISTANT **SKY PHILLIP**





THIS IS OUR BIRTHDAY ISSUE.
GALLERY WAS BORN 18 YEARS
AGO, WAY BACK IN 2014, SO
WERE CHARLEEN & CHARMAINE.
HAPPY 18TH TO ALL OF YOU
THAT ARE HAVING YOURS TOO!

Leather Camo by 2NDDAY - £230.00, from
Manna. *Leather Skirt* by SELECTED/FEMME
- £108.00 from Voisins, *White Button Up Top* by
2NDDAY - £130.00 From Manna.
- *Boots* by ALDO - £120.00. From Voisins.

Leather Dress by SELECTED/FEMME - £261.00
Boots by ALDO - £120.00. Both from Voisins.
Bag by Kurt Geiger from Voisins.

BELOW Jacket/Gilet by Marc Cain Sports - £485.00, **Top Multi Colour** by Marc Cain Sports - £149.00, **Black Leggings** by Marc Cain Sports - £149.00, all from Renaissance. **Boots** by Kurt Geiger - £149.00 from Voisins. **Puffer Coat** by Marc Cain Sports - £439.00, **Orange Turtle Neck** by Marc Cain Sports - £89.00, **Trousers** by Marc Cain Sports - £179.00, all from Renaissance. **Boots** by Kurt Geiger - £149.00 from Voisins.



PINK **Pink Top / Kimono** by Essential Antwerp - £160.00, **Pink Trousers** by Essential Antwerp - £180.00, **Trainers** by D.A.T.E All from Manna. **Pink Jumper** by American Vintage - £130.00, **Pink Trousers** by American Vintage - £199.00, **Trainers** by Essential Antwerp, **Bag** by Essentials - £165.00 All from Manna.





BELOW Dress by GESTUZ - £190.00, Shirt by MUNTHE - £175.00 both from Manna, Boots by ALDO from Voisins.
 Dress by SELECTED / FEMME - £104.00, Shirt by SELECTED / FEMME - £50.00, Boots by ALDO all from Voisins.



LEFT Tweed Trousers by Weekend/MaxMara - £158.00, Brown Leather Jacket by Weekend/MaxMara - £535.00, Boots by ALDO - £150.00. All from Voisins. Tweed Jacket by Weekend/MaxMara - £347.00, Brown Leather Trousers by Weekend/MaxMara - £185.00, Boots by Steve Madden - £140.00 All from Voisins.

BELOW Hoody by Marc Cain Sports - £309.00, Turtle Neck Top by Marc Cain Sports - £109.00, Leather Trousers by Marc Cain Sports - £219.00, all from Renaissance. Puffer Coat by Marc Cain Sports - £439.00, Camo Mesh Turtle Neck Top by Marc Cain Sports - £89.00, Camo Trousers by Marc Cain Sports - £209.00 all from Renaissance.



RIGHT Denim Jacket by Aligne - £62.00, Denim Jeans by Aligne - £62.00, Trainers by Kurt Geiger - £129.00 all from Voisins. Denim Jumpsuit by American Vintage - £195.00 from Manna. Trainers by Kurt Geiger - £129.00 from Voisins.



The Edit

✍ Words: Ceri Baker

Jaeger Pure Wool Longline Wrap Coat.
£399, M&S.

This wonderfully sophisticated coat gives a very flattering sleek silhouette.



GRAB YOUR COA

Autumn is now very much upon us, so we've pottered about town to find you a fab line up of coats to keep you cosy.



Rains A-line rain jacket.

£95, Elizabeth Howell.

Smart, functional, waterproof and great looking. You can get the hugely popular brand Rains from Elizabeth Howell Boutique which is always such a joy to visit.

EXPANDABLE Conversation starter
Peacocks train of feathers can expand to over two metres!



Superdry, Longline Duvet Padded Coat, £145, Next.
Because sometimes wearing a duvet outside the house is all that's needed.



Per Una Quilted Collarless Longline Puffer Coat, £69, M&S.
Jump on the hot autumn trend of collarlessness.

T, LOVE.



Grey Flossy Funnel Hood Padded Coat, £190, Monsoon.
For girls who love a proper big hood.



Wool Rich Belted Longline Coat with Cashmere, £149, M&S.
Soft and warm with a lapel collar to instantly smarten up any look.



Maura Puffer Coat, £328, Reiss.
Gosh this looks snug. A jacket you can hibernate in.

ISLAND DISCO

PHOTOGRAPHER: OLIVER DORAN
STYLING: KASIA GUZIK / HAIR: ALLAN R HENRY
ESQ / MAKE-UP: JESSICA SHELLEY MODEL:
MERELITA TODD / PRODUCTION ASSISTANTS:
THEA FAUVEL & ANA LUCIA ALTAMIRANO

SILVER SEQUIN DRESS £98, MINT VELVET, DE GRUCHY

PINK SEQUIN DRESS £90, FOREVER NEW, DE GRUCHY





BLOUSE £107, REISS, VOISINS : BRACELET £35.10, MINT VELVET, DE GRUCHY



BLOUSE £31.50, FOREVER NEW ; NECKLACE £35.10, MINT VELVET, BOTH FROM DE GRUCHY; SKIRT £179, REISS, VOISINS

TOP £133 & PANTS £149, BA-SH
SHOES £144.54, KURT GEIGER
ALL FROM VOISINS





DRESS £131, KITRI, VOISINS,
SUNGLASSES £146.70, MICHAEL
KORS, DE GRUCHY

fashion hunter

Words and styling **Kasia Guzik** / @themanajersey
Model **Carmen Milano**

Are you also looking forward to saying goodbye to shorts and sleeveless tops and welcoming layers into your lives again? Well, it's about time to start getting your wardrobe sorted; the autumn trends will be ruled by camel, emerald green & bold red colours. You will notice a strong presence of check patterns, furry items and knitted pieces in the shops along with must-have sunglass chains and berets.

Here are my favourite picks from our local highstreet.



Trainers £76.50 & Bag £40.50, Dune, DE GRUCHY
Skirt £39.95, BENETTON



Sunglasses ££117, Missoma, VOISINS
Sunglasses Chain £54, VOISINS
Blazer Dress £30, FABULOUS
Roll Neck Jumper £26, NEXT
Belt £25.95, BENETTON
Bag £67.50 & Loafers £81, Dune, DE GRUCHY





Beret £29.95, Shirt £39.95, Jumper £69.95, All From BENETTON

PROFILE

Amala Aesthetics



Dr. Shaun Mahadi, MBChB, MBA, 'The Doctor in the Red Soles'

When you get to a certain age, it's logical that you start to see the wrinkles in the mirror and want to tweak the aging process. Amala Aesthetics is a local aesthetic clinic whose goal is to help their clients treat the signs of aging in a clinical but approachable way. Amala offers a comprehensive range of customised unrivalled therapeutic and aesthetic treatment tools for optimum facial rejuvenation for women and men.

Situated on the first floor above Blades Hair Salon in St. Helier, Amala was established with the aim of providing the discerning patient with a highly private and personalised aesthetic care within the realms of a warm, comforting and relaxing sanctuary. Managed under the medical expertise of Dr. Shaun Mahadi, MBChB, MBA, PGDip (Cantab), Amala endeavour to devise and deliver results-oriented and minimally invasive solutions to help achieve each patient's goal of improved skin quality and management of the ageing process. The approach goes in tandem with the professionalism and dedication of their staff who ensure the journey with them is memorable from the moment you walk through their doors. They provide clients with the highest level of privacy, safety and comfort.

The highest standards

Amala offer a comprehensive range of customised and unrivalled therapeutic and aesthetic treatment tools for optimum facial rejuvenation. They specialise in non-surgical facial treatments offering expert solutions using high standard dermal fillers, treatment of fine line and wrinkles, PDO thread facial lifts and Profilo® Treatment, "Everyone is unique and has a potential to look and feel their best and their aim is to help you to improve your appearance by reducing, improving and preventing the visible signs of ageing".



The treatment room

Derma-filler injections

Dr Mahadi specialises in natural looking, undetectable aesthetics and uses the Cannula technique to perform his lip filler treatments. A cannula needle has a blunt, rounded tip; with no sharp end. This means that it is unable to pierce blood vessels and is less likely to pierce arteries than regular needles. This is due to the fact that it pushes past blood vessels in the skin's layer as the filler is injected. Prior to treatment, 'dental block' injections will be applied, meaning that your lips will be numbed. The lips are then filled using one entry point which is outside of the lip's border. This allows the doctor to fill the lips from this one entry point and avoid multiple injection sites, unlike traditional lip filler methods. The lip filler that they use at Amala is Aliaxin, which provides the most natural, undetectable results.



The Recovery Lounge

THE PRIVATE AMALA RECOVERY LOUNGE

To offer the most comfortable of settings, the Amala relaxation lounge provides privacy and a chance for patients to recuperate after a treatment.

A sanctuary away from the noise and chaos of the outside world, the lounge takes inspiration from the very best of modern design and craftsmanship, with elegant lighting and contemporary settings. They offer a selection of the finest teas and coffees, soft natural drinks and selection of luxury cookies and chocolates. Choose your own music and unwind in our luxury lounge at your leisure. The relaxation lounge can be used before and after treatments so if your a little early, pop in and relax or if your waiting for a lift home after your treatment relax until you're ready to depart.



Product Spotlight: Prophilu

What is and how does it work?

Prophilu® is an injectable treatment that combines two types of hyaluronic acid to rejuvenate your skin. It is both preventative and corrective in combating the signs of ageing. There are no added chemicals in Prophilo®, meaning that it is extremely safe and that there is nothing to react to. It is made of ultrapure hyaluronic acid. Prophilo® works by engaging the body's receptors to induce the stimulation of collagen, the protein that strengthens our skin and gives it structure. As a non-cross linked hyaluronic acid, Prophilo® delivers hyaluronic acid with the absence of additives. Prophilo® is injected uniformly into the superficial subcutaneous layer of skin and the product disperses within 24 hours, treating the whole area for lasting results.

What happens during the treatment?

During the treatment, we will determine precise injection points to allow for even distribution of the product. When administering Prophilo® there is no need for local anaesthetic. We simply administer the treatment according to the plan we've created for you. Of course, before any treatment takes place, we meet with you in an initial consultation to discuss your desired look and how we can help you achieve it. With your needs in mind, we develop a bespoke treatment plan that will give you subtle, stunning results.

What can Prophilo® be used to treat?

Prophilu® is used in treating and preventing the signs of ageing. It improves general skin quality and facial structure, Prophilo® is not just a facial treatment. It can be used on many parts of the body, including the neck, décolleté and hands, to restore the skin's elasticity and increase its firmness.

How long will the Prophilo® treatment take?

Prophilu® requires no anaesthetic and just a few injection points. The treatment is over in a matter of minutes.

How many Prophilo® treatments will I need?

For best results, clients are recommended to have either 2 or 3 treatments one month apart. This can be repeated in 6 months' time to maintain results.

Case Studies



Men's Skin Treatment

Dr Mahadi uses muscle-relaxing injections to reduce the signs of ageing and wrinkles to the forehead and crow's feet areas. The injections work by stopping nerve signals from reaching the muscles so that they do not contract as often. When using for crow's feet, the injections relax muscles surrounding your eye corners, so your skin smooths out.



Non-surgical chin rejuvenation

Dr Shaun added a little rejuvenation to this client's chin with 1ml of Aliaxin fillers and it made a firm difference to her profile, keeping it natural, soft and sculptured. Amala use good quality fillers like Aliaxin, containing ultra pure hyaluronic acid with the ability seamlessly integrate into the skin. A non-invasive, innovative treatment for natural contouring, lifting and hydration.



Aliaxin fillers & Prophilo

This client recently visited Amala for her yearly non-surgical facial rejuvenation. She first came to us at the end of 2019. As you can see over the 2 years for a fresh & natural look. Before (left) and after (right) of upper face rejuvenation, mid & lower face sculpting, chin/jawline structural rejuvenation and baby fresh lips. All these create lift and definition while maintaining her facial proportions. No surgery, great results, fresh looking face.

Giving Back

Amala Aesthetics is not only interested in providing good quality aesthetic services, but also in social causes & responsibilities. We are proud to have a donation-based partnership with Bali Caring Community (BCC) charity organisation, a non-profit voluntary organisation based in Bali, Indonesia helping poor Balinese families and individuals in need. They provide hand-on support as well as financial assistance to ensure basic family needs are met, like schooling for children, clothing, basic housing, a cow or pig to increase income opportunities, a pushbike to get to school, toys for the kids to play with, or even a mattress to sleep on. We are passionate about supporting organisation that share our ethos of helping the underprivileged with the aim to ensure their long-term sustainability, welfare and self-reliant. A proportion of the monthly profit from Amala Aesthetics is donated to BCC so that the less fortunate people and kids of Bali could have a better chance in life.



Bali Caring Community

CONTACT AMALA AESTHETICS ON 01534 525566 OR VISIT
AMALAAESTHETICS.COM

Please note, results may vary according to individuals, metabolic rate and lifestyle factors. Informed consent gained from patient to share their photos.

Pause for thought.

Considering early menopause

✍ Words Trudi Roscouet, Menopause Educator and Ambassador.

Welcome to the Menopause! October is Menopause Awareness month and its "TIME TO TALK". What do you think of when you conjure up the word "menopause"? Old... 50s.... The End..

The issue is more and more ladies are experiencing early menopause. The definition of early is officially under 45 years – however we are seeing ladies with premature ovarian failure or surgical menopause from the age of 30 years old.

What is the Menopause? It's the decline and eventually stopping of the eggs in the ovaries and having no periods for 12 months. There is no blood test to get a significant diagnosis. The major factor is genetic. This is why it is so important to start having the conversation with your mum or eldest sister early. Due to external financial and career pressures, more women are leaving it to early 30s to have their first baby. We know that hormones decline from around 35. However if your mum had started early menopause at 42, that doesn't leave a large window for any errors.

Having established why the Menopause starts early, perhaps we should look at some of the first symptoms that may appear during the Perimenopause. Periods may become irregular but in some cases, periods can remain as

normal, even in your 50s. You may start to get hot flushes/ flashes. I define these like spontaneous combustion – an internal heat that comes from within and erupts through to the skin. Insomnia is a common symptom and is probably the one that has the greatest impact with work performance. Oestrogen affects all the body: the neurotransmitters in the brain, the digestive and the endocrine system as well as obviously the sex hormones.

Psychological symptoms – like forgetting things, feeling "cloudy" – like having an eternal hangover, anxiety and/or panic attacks for no reason, sadness and depression may suddenly appear.

Physical symptoms – like migraines, high cholesterol, muscle and joint pain, digestive issues like bloating and weight gain. You may notice an increase in facial hair, acne or dry eyes.

There are many symptoms – probably pushing 50! This is why I designed THE BOOKMARK. Check out www.vitality40plus.com – these will also be found in pharmacies and doctor surgeries so women can pick them up and complete them. This gives the doctors in your 10 minute consultation, a real true idea of how you are feeling and also a true picture of all of your symptoms. It is sometimes so difficult to recall everything and we often say we are "feeling sad" or "no energy".

One piece of advice that I would give is: Start looking after yourself now! If you have a BMI over 30 (Check out NHS website) it's time to start considering losing weight. This is not a beauty thing but is essential for your good health. Weight gain occurs very easily during perimenopause and also losing weight becomes much more difficult. Focus on eating healthy – cut out processed meals and think colours! Drink more water – essential for hydration, skin texture as well as your digestive system. Alcohol and menopause are a nightmare! Hangovers are horrendous – primarily as the liver slows down the digestion process and it becomes harder to detox the system. Increase your movement. We have become very sedentary since home working. Get out and try to do 10,000 steps. Join an exercise class you enjoy. Yoga and Pilates is great for the mind, strength and body conditioning. Finally get a decent 7-8 hours quality sleep. Do you feel refreshed when you wake up? No? Consider reducing blue light and try not to eat 2 hours before bedtime.

Don't think of it as THE END – think of it as the new BEGINNING. Time to start living and enjoying life.

Vitality40plus.com



BEAUTY PICKS

After that lovely hot summer it's time to treat your skin to some soothing, hydrating products...



Y Theorem Bio Cellulose Facial Mask, 111SKIN

Seen donning the faces of many an influencer, this cool London brand is available from the Voisins Beauty Hall. Designed to soothe, support and strengthen stressed skin, their reformulated bio-cellulose mask is infused with ingredients that hydrate, protect and perfect, for a truly calm complexion.

£78.50, Voisins



Pro-Collagen Marine Cream 50ml, Elemis

A much loved brand for a reason; its devotees see results. This anti-ageing cream uses the marine extract Padina Pavonica to transform the complexion in just over 2 weeks. Trials proved that the appearance in wrinkle depth was reduced by up to 78%, with skin firmness and elasticity dramatically increased.

£59.95, feelunique.com



Midnight Recovery Omega Rich Cloud Cream Kiehl's

This new product has had beauty aficionados talking because it follows on from the famous Midnight Recovery Serum. A night cream that helps visibly plump and replenish your skin's protective lipid barrier. Cloud-like and lightweight, this cream is 98.6% naturally derived and infused with Omega 3 & 6 Fatty Acids and their proprietary blend of rejuvenating botanicals that sink right into the skin, delivering visible radiance. The spiel says "Wake up with plumper, more youthful looking skin by morning". Take our money.

£32.80, Voisins

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Lorna Jackson
1st BSc (Hons) MBACC, AFN

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www.healthpointclinic.co.uk

BACC Member
www.baccuk.org.uk



Health Point Clinic

GETTING TO THE *Point*

Why should you consider acupuncture alongside massage?
Lorna Jackson of Healthpoint Clinic tells us why.



Words: Lorna Jackson | ST BSc (Hons) Acupuncture, MBAC, AFN

Members of the British Acupuncture Council (BAC) practise acupuncture based on Chinese medicine principles that have been researched and refined for over 2,000 years. Acupuncture is widely used all over the world, as a stand-alone treatment or in combination with other forms of medicine, and in East Asian countries it is fully part of mainstream healthcare.

People of all ages can benefit from having acupuncture, including pregnant women and children, and acupuncture can be used effectively alongside conventional medicine. Acupuncture with a trained and fully qualified practitioner is one of the safest forms of healthcare you can choose.

Who has acupuncture?

A wide variety of people use acupuncture from the very young to the very old. Some women use acupuncture for support throughout their pregnancy. Elite athletes use acupuncture. It is also used alongside western medicine and in palliative care. Many people first seek acupuncture for help with painful conditions such as osteoarthritis of the knee, headaches, or lower back pain. Other people choose acupuncture when their body systems are out of balance, even though they have no obvious diagnosis. Some choose to have regular treatment because they find it beneficial and relaxing.

Is there evidence that acupuncture works?

Evidence of acupuncture's effectiveness is growing. A large systematic review concluded that acupuncture was effective for chronic pain: osteoarthritis, back pain, neck pain, headaches, and shoulder pain. This review also showed that acupuncture was not a placebo and the effects persisted over time. Acupuncture has been included in the National Institute for Health and Care Excellence (NICE) guidelines for Headaches (CG150) and for Chronic Primary Pain (CG193). The Scottish

Intercollegiate Guidelines Network (SIGN): Management of Chronic Pain (136) guidelines include acupuncture for lower back pain and osteoarthritis.

Does the NHS recommend acupuncture?

Acupuncture on the NHS is recommended by NICE (National Institute for Health and Care Excellence) for primary chronic pain, migraines and headaches, and by the Scottish Intercollegiate Guidelines Network (SIGN) for chronic pain, including low back pain and knee pain.

Under General Medical Council guidelines, GPs may refer patients to practitioners listed on a Professional Standards Authority (PSA) accredited register. The BAC is the accredited register for traditional acupuncture. The PSA recommends that the public only see practitioners on an accredited or statutory register, giving you the confidence you need.

Will my health insurance pay for acupuncture?

Many health policies cover treatment with BAC registered acupuncturists so check with your insurer.

www.healthpointclinic.co.uk

Healthy Living
& Lifestyle Show.
Radisson Blu Hotel
18-20 November

Healthy living *live*

After a very busy show last year the Healthy Living & Lifestyle event returns in all its glory this November, with the additional branding of Lifestyle to reflect the diversity of exhibitors.

Following the Covid pandemic, wellness and wellbeing has never been more important, both from a physical and mental standpoint and this year there will be exhibitors representing many forms of health and therapies.

Since the event started six years ago, they have never had such a wide and diverse range of exhibitors; plenty for visitors to the event to enjoy and experience. It's also free admission. Organiser Ian Barnes tells us, "This year as we are close to Christmas, we have encouraged lifestyle exhibitors to the event also, so that our public can enjoy buying Christmas gifts all under one roof, with plenty of time to browse as they can come back as often as they like over the 3 day period".

As workshops have been popular in the past, they have re-introduced them in the Noirmont Room at the Radisson on the Saturday and Sunday, and the list of topics and presenters will be published in due course!



Exhibitors from the UK

Adjustamatic beds & recliner chairs - high quality, british-made adjustable beds come with built in unique nhc cyclotherapy® massage technology.

The Orthotic Works - people who put foot care first with customised orthotic footwear.

Eurotherapy - a new range of hand-held oscillating-pad therapy products to relieve pain.

Berghoff Cookware GB - fat-free, non stick pans and cookware.

Maxhealth fitness board - 360 degree full-body workout.

Opatra Skincare - skincare products including non-invasive beauty devices.

Serenity Spa - Tropic skincare products.

Ktea Kombucha - Channel Islands brewed Kombucha tea.

Bailiwick Botanicals - Providing the Medicinal Cannabis Community with all their lifestyle and consumption product needs.

Local Exhibitors

Diabetes Jersey - the only diabetes charity in the island, Diabetes Jersey works tirelessly to support the work of the jersey diabetes centre.

Trudi Roscouet - vitality40plus app for menopause

Martin Osment - ZED affordable eco homes

The Bom Life Company - sustainable sourcing and quality products

Oxygen Therapy Centre - support for people with neurological conditions.

Pyrdlove - Sustainable period products & clothing.

The Green Machine - CBD products.

ClubAf - no and low alcohol beverages.

Suzie Webb Wellness - holistic therapies and essential oils.

Jersey Laser Plus - laser hair removal, facial-rejuvenation, pigmentation, thread vein removal, repairing sun damaged skin & skin tightening.

Jersey Hemp - pure organic, handcrafted British CBD oil.

Active Sports - Springfield Sports Centre & Gym.

Stephen Davies - graphic artist and illustrator.

Philip Blake - hypnotherapist & psychotherapist.

Kathryn Troy Goddard - complementary health practitioner.

Clarity Wines - Non-alcoholic wines.

CI Jewellery - affordable jewellery and magnetic bracelets.

Event Hours

Friday 18th November, 10am - 7pm

Saturday 19th November, 10am - 6pm.

Sunday 20th November, 10am - 5pm

EXPANDABLE Conversation starter

Waistlines are expanding in the UK and beyond partially because healthy food gets marked up in price whilst junk food is less expensive.



When Tom Martin Hughes got in touch to tell us about the last few years of life, it was quite the tale and one worth sharing...he had us at 'Chuck Norris'....

EXPAND YOUR HORIZONS

Life can take some funny turns. Most teenagers have a job getting out of bed, let alone dedicate their life to charity work. Tom Martin Hughes' life has taken him on a roller coaster from volunteering to Gucci, via endorsements from a Texan town and Chuck Norris. Not bad by the age of 21. Here's how it happened...

Tom grew up engaged in charitable work. At the grand old age of eight, he joined the ranks of volunteers at St John Ambulance and spent time with the charity for over a decade, giving thousands of hours volunteering with the organisation. Whether it was attending regular training nights, teaching young people First Aid or providing medical cover at public events, Tom was involved. He was honoured for his work with the Charity with The Sovereign's Award by the late Queen Elizabeth II in 2018.

While Tom was studying for his exams at school, he wanted to help his peers and people across the island learn how to perform CPR to ensure they knew the life-saving skill. He trained many students and was recognised with a Point of Light Award by Theresa May. Two of Tom's teachers nominated him for a Diana Award, which he received for helping to transform the lives of others. After receiving the award, Tom engaged with the charity, bringing their Anti-Bullying Programme to Jersey, later founding a programme in collaboration with The Diana Award and Jersey Police. Officers provide mentorship to young people in the hope of improving youth-police relations and helping provide young people with life skills. The programme is now entering its fourth year and has since expanded to involve Mentors from Jersey Ambulance Service. Tom has successfully helped to secure funding in the region of £90,000 for charities and programmes.





Programme. Whilst Tom was building his profile in Italy, the pandemic struck and Tom returned to his volunteering routes. He began volunteering with the Italian non-profit Pubblica Assistenza, Signa. As a result of the pandemic, Tom couldn't travel to Texas for his Navasota proclamation. Instead he had a social media campaign for the day with his own handle, #TomMartinHughesDay, which got online support. Tom secured some influential figures to support the campaign, including his Texan Mentor, Chuck Norris, who was filmed challenging people to engage in volunteering as Tom has done.

Next month Tom will be returning to Texas to celebrate his proclamation, meeting with students, the public and officials to discuss the importance of active citizenship and the difference it can make. If you or your children need an impetus to get up and get on with something, it's stories like that of Tom that show the merit in following your heart and your dreams.

Tom was asked to host the Diana Awards in London in 2018. In need of an appropriate outfit for such an event, he reached out to Gucci CEO, Marco Bizzarri to ask about borrowing a suit. Tom knew Gucci had a connection with the Late Princess of Wales and Marco agreed, commencing a special relationship between the Italian Fashion House and the young Jerseyman.

Throughout Tom's life, he has admired Chuck Norris as a role model for his charitable work and success in achieving the American dream. Rather than moaning about it, when Tom need advice in 2017, he wrote to Chuck. Chuck responded, with a handwritten two-page letter. This started a mentoring relationship between the actor and the islander, despite the 4,500 miles between them. In 2019, Chuck and his wife Gena invited Tom to meet them in person at their UFAF Conference in Las Vegas. Word got back to Mayor Bert Miller of Navasota in Texas, where the Norris family live. After hearing about Tom's volunteering story and connection with the couple, Bert invited him to the City.

In October 2019, Tom visited the city and spoke with over a thousand students about the power of volunteering; he also spent time with emergency service personnel learning about they engage with their local community. Tom also visited the Norris' Water Company, CForce and spent time with their Foundation, Kickstart Kids. To Tom's surprise, during the visit, Mayor Miller proclaimed a Day in his Honour – October 28th, calling upon citizens "to show appreciation for all of Tom Martin Hughes' dedication and hard work towards volunteering and encourage you to follow in his footsteps and make a difference in our community."

Not content with his newfound stateside stardom, Tom went in search of something slightly more stylish. Two years after first being gifted a suit by the brand, Tom began working for Gucci and moved to Florence. Tom's role was to support them in re-designing their CSR Pillars, particularly with delivering the brand's Gucci Changemaker





Top trends IN THE WORLD OF WEALTH

✍ Words: Sophie Marie Atkinson

Even ahead of the current economic crisis, we were seeing huge shifts in the wealth space. Here, we explore the transfer of wealth, the relocation of Chinese money to the UK, as well as the fact that more and more high net worth individuals want to use their finances to make a difference to the world.

The state of affairs today

First, let's take a brief look at the broad economic picture as it stands.

To say that markets around the world are in turmoil might be somewhat of an understatement, and the reasons behind this are as vast as they are troubling. Globally, we are still reeling from Covid, as well as the protracted war in Ukraine and the ever-spiralling rate of inflation. But in the UK, Liz Truss and Kwasi Kwarteng's 'mini-budget' – which most notably saw tax cuts for the highest earners, with their rate dropping from 45% to 40% – has plunged the country into a state of sheer panic, with the pound hitting an all-time low against the dollar. At the time of writing, 40% of mortgage products have been pulled by banks and building societies, and some people have reported that their initial mortgage offers of 4.5% could rise to 10.4% as a result of the mayhem that is currently unfolding. House prices are said to be flatlining, and a stronger slowdown is expected to take hold in the coming months.

Eastern wealth heads west

As sanctioned Russian oligarchs vacate London, Chinese high net worth individuals (HNWIs) are stepping in to fill the gap. In fact, such is the scale of their investment in high-end property in London, the city has now been dubbed Beijing-on-Thames.

Research conducted by the private wealth law firm Boodle Hatfield last year found that mainland China and Hong Kong provided the two biggest cohorts of non-domiciled HNWIs relocating to the UK in the last 12 months. Recent reports have also suggested that Chinese investments in the UK now have an accumulated value of £135 billion.

Why is this the case? It's thought that Chinese HNWIs are drawn to the UK for its high-quality private schools and universities on offer for their children, as well as its investment opportunities. And despite Brexit, Chinese investors continue to view the UK as one of the most secure jurisdictions in which to hold assets. Boodle Hatfield also says that the existing international make-up of London acts as a magnet to other mobile HNWIs. Additionally, London has built itself a reputation as Europe's leading tech and innovation hub, providing numerous start-up opportunities that HNWIs can invest in.

The impending great wealth transfer



It's believed that in the next 20-30 years, a record £5.5 trillion will transfer between generations – either as inheritance or gifts. At present, in the UK, more than 80% of household wealth is held by the over-45s, but this is set to change as an unprecedented amount is passed on from baby boomers to millennials. In fact, it's estimated that 300,000 younger Brits will acquire £327 billion in the next decade alone.

This, however, isn't the only shift taking place. With a third of the world's wealth now under their control, women have become a very sizable economic force. They are increasing their wealth faster than ever before – adding \$5 trillion to the pool globally every year – and outpacing the growth of the overall wealth market.

The next gen and their attitudes

We know that millennials and gen Z have significantly different expectations, aspirations, and priorities to those of their forbears.

The next gen are more global, more tech focussed, and they place greater emphasis on wellbeing – their own, that of their families and that of the environment. They are socially conscious, less risk averse than their parents and grandparents and are increasingly looking to place purpose alongside returns in their list of priorities. Their interests, meanwhile, are diverse, and include cryptocurrency, AI, and digitalisation.

They are also engaged – a notion that can be particularly applied to entrepreneurial clients (globally, it's thought that 129,557 UHNWIs are self-made and under the age of 40).



Knight Frank's Wealth Report Attitudes Survey uncovered that 70% of UHNWIs under the age of 40 had different views to their parents when it comes to property. Whether it's being considered as a home or as an investment, the economic case, for them, must stack up. They are global buyers who want to hold assets across a range of geographies, and they put emphasis on service provision, open space, amenities and room for entertaining. They are also willing to refurbish and reimagine space.

Notably, this generation are getting wealthier – this is demonstrated by the fact that in London's super-prime (£10 million plus) market, there has been a fundamental shift towards younger buyers.



A general desire to do good

It's not just the next gen who are increasingly concerned by the general welfare of the world and those living in it. Increasingly, post-pandemic, we're all more acutely aware of the need to support those around us than before. Covid, for all of the havoc that it wreaked, changed our perceptions and shone a light on the strengths that can be found in a society that looks out for each other. This means that today, HNWI's tend to be less motivated by huge returns and reward, and more by improving the lives of others and addressing wealth inequality, which is now a more routine part of public discourse than it ever has been.

As a result of all of these factors, those with funds are often looking for ways that they can make a difference – with philanthropy, impact and angel investing all acting as vehicles for achieving much-needed change.



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Experts highlight human element of international wealth planning at flagship Jersey Finance Conference

INNOVATION IN INVESTING



Sustainability, technology, and the ‘human side’ of private wealth were among the topics discussed by panellists at Jersey Finance’s recent flagship Private Wealth Conference, entitled “Change, Challenge, and Opportunity”.

The event took place in October to a crowd of over 400 delegates and included a keynote speech from Lord Chris Patten, two panel sessions featuring UK-based private wealth specialists, and an endnote fireside chat with retail expert Mary Portas.

Speaking in a session entitled ‘Innovation in Investing’, panellists discussed issues including the value of data and technology in making investment decisions which are positive for the planet, but which can also prioritise each investor’s own beliefs. The panel also explored innovative solutions to meeting philanthropic objectives and considered the ongoing issues that wealth advisers face, such as greenwashing and the duty of trustees.

Meanwhile, in a second session entitled ‘Risk Mitigation in a Transparent World’, panellists discussed the global, social, political, and reputational risks faced by private investors today.

The conversation examined the role of technology both as a disruptor and as a powerful positive tool, as well as the growing focus on ESG criteria when approaching investments, with Jersey Finance’s own efforts in promoting sustainable finance being highlighted as a demonstration of how IFCs should be tackling such issues. The panel also explored the need for governments, law enforcement, regulators, and the industry to work together in order to effectively tackle financial crime.

“focussing on the sustainability of our own skilled financial services workforce in Jersey is one of Jersey Finance’s three priorities this year, alongside sustainable finance, and digital innovation”

Also speaking at the event, Lord Chris Patten drew upon knowledge and expertise gained through his political career to provide insights into current developments in Russia, Ukraine, and China in his keynote speech. The endnote fireside chat with Mary Portas echoed sentiments from the panel sessions regarding the importance of values through her discussion on the impact of good retail and business practices and how high streets will be transformed in line with the priorities of local communities.

Commenting on the event, Joe Moynihan, Chief Executive Officer, Jersey Finance, said:

“A key message to emerge from our flagship conference in London this year was the importance of understanding the human element in private wealth decision making, both in terms of how private wealth professionals communicate with clients and how clients’ values should be understood and prioritised. Our panellists put forward a strong case for ‘getting away from spreadsheets’ and remembering our origins as storytellers, which was a fitting reminder that at the heart of our industry is people.

“Indeed, focussing on the sustainability of our own skilled financial services workforce in Jersey is one of Jersey Finance’s three priorities this year, alongside sustainable finance, and digital innovation - all areas which were explored over the course of the event.

“The conference covered a huge amount of ground, including topics ranging from family governance and the impact of the next generation on investment decisions, to consumer duty and technology’s role in risk and transparency. My thanks go to our panellists, our team at Jersey Finance, our sponsors, and our guests, who all contributed to making the event such a success.”

The ‘Innovation in Investing’ panel consisted of moderator John Pepin, Chief Executive, Philanthropy Impact; James Lawson, Managing Partner and Co-founder, Tribe Impact Capital; Jordan Williams, Client Partner, Artorius; Rosie Bullard, Partner and Portfolio Manager, James Hambro & Partners; and Charlotte Thorne, Founding Partner, Capital Generation Partners.

Speakers on the ‘Risk Mitigation in a Transparent World’ session were moderator Aidan Holloway, Senior Director & UK Head of Financial Services, Edelman Smithfield; Dickon Johnstone, Chief Executive Officer, Themis; Peter Headden, Co-founder and Managing Director, Farrant Group; Emily Osborne, Partner, Stephenson Harwood; and Matthew Braithwaite, Partner, Wedlake Bell.

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For further information, please contact [Peter Musker](#) locally on [01534 740 550](#) or email peter.musker@rathbones.com



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RELATIVE VALUES

Lisa Ronayne and Mark Rondel work together within the discretionary investment management business of global investment company abrdn. Compliance Advisory Manager, Lisa, has been with the team almost a year, and is responsible for all regulatory aspects of abrdn's discretionary investment management business here in Jersey. Whereas relative veteran Mark, a Senior Business Development Manager, has been at abrdn for 8 years, undertaking abrdn's marketing and developing intermediary relationships in Jersey, Guernsey, Isle of Man and Switzerland and developing private client relationships in Jersey.



LISA RONAYNE

FAVOURITE POSSESSION

My health

FAVOURITE PLACE

Plemont Bay

FAVOURITE COLOUR

Pink & black

FAVOURITE ANIMAL

Guinea pig

FAVOURITE SMELL

Sweetpea flowers

FAVOURITE WAY TO SPEND A WEEKEND

With my family

FAVOURITE FOOD

Seafood

FAVOURITE ICE CREAM FLAVOUR

Vanilla

FAVOURITE RESTAURANT

Lazin Lizard

FAVOURITE PASTIME

Walking the dog with my husband

FAVOURITE FILM

The Lovely Bones

FAVOURITE BOOK

The Lovely Bones (the book better than the film)

FAVOURITE SONG

Let it be by the Beatles

FAVOURITE PERSON

Too many to mention

FAVOURITE CELEBRITY

None

FAVOURITE THINGS TO SPLURGE ON

Food / wine / friends (preferably all together)

FAVOURITE MEMORY

French holidays as kid with my mum, dad and sister

MARK RONDEL

FAVOURITE POSSESSION

My kindle – wherever I go, this goes with me.

FAVOURITE PLACE

At my desk at work (in case my boss looks at this!) but really Queens Valley with my dog.

FAVOURITE COLOUR

Has to be red for Liverpool FC

FAVOURITE ANIMAL

My Cockerpoo – Archie

FAVOURITE SMELL

Fresh sea air

FAVOURITE WAY TO SPEND A WEEKEND

On the beach with my family and dog

FAVOURITE FOOD

Chicken roast dinner

FAVOURITE ICE CREAM FLAVOUR

Mint choc chip

FAVOURITE RESTAURANT

Anna's in Halkett Place – I have only been a couple of times but the food and service was absolutely brilliant and at a reasonable price.

FAVOURITE PASTIME

Freemasonry

FAVOURITE FILM

Stigmata – a mind provoking film.

FAVOURITE BOOK

Magpies by Mark Edwards – a great author who has written some fantastic fictional thrillers – highly recommended

FAVOURITE SONG

Hotel California by the Eagles

FAVOURITE PERSON

Not one person, but all my entire family

FAVOURITE CELEBRITY

Michael McIntyre

FAVOURITE THINGS TO SPLURGE ON

I'm with Lisa on this – food / wine with friends and family

FAVOURITE MEMORY

Holding my daughter for the very first time

RELATIVE VALUES

High Flyer

PETER MUSKER

Client Development Director, Rathbone Investment Management International

As Client Development Director, Peter Musker's job sounds as though it requires a rather large business card. Speak to him about it, though, and suddenly it's much simpler.

"I meet a lot of people," Peter said. "Mostly face-to-face. It's about finding out what people want to achieve and finding a solution that is good for their circumstances and goals. It's also understanding what people like and don't like and finding an investment manager who is the right fit." The 'people' Peter refers to are his clients – family offices, Trustees, Charities and professional intermediaries.

"I want to see local people get good products and services. This means I also spend time assessing new opportunities to evolve our service to keep us at the forefront of client's needs, taking advantage of technological innovations whilst always meeting our regulatory requirements. Rathbones has a great reputation, both within financial services and the wider community, and I want to continue to maintain that"

Rathbones, as Rathbone Investment Management International is more commonly known, traces its history back to 1742 when it began life as a timber merchant in Liverpool. Today, the firm has grown from a family business to a FTSE 250 listed company, with 14 offices around the British Isles. Its focus responsible investing for the longer term. "We see ourselves as custodians of clients' wealth," Peter said. "Our focus is to maintain and enhance that wealth in real terms."

These values sit well with Peter personally too. At 34, he is a father of twin boys. He met his wife Emily, an interior architect, when he was 18. And, like many Islanders who enjoy working in financial services today, Peter didn't always envisage a career in finance.

"Emily and I were working in Greece as windsurf instructors for a year after graduating when she got a job offer with an architecture firm in Jersey. I had a degree in business and marketing and was looking for a job in marketing, but it was the global economic crisis of 2008/2009, and no one was hiring. I decided to learn about finance in Jersey and move into marketing later."

Peter initially worked in asset management for Capita, in a marketing position with Jersey Finance, and latterly in business development for Brooks Macdonald International. "Jersey has been home for a long time and it's where we're raising our family. I did a lot of research before joining Rathbones this summer. You want to be yourself and need to know a company is right for you if you are going to be authentic and enjoy your job. We have ambitious growth targets but it's important for me to achieve them in a sustainable way with strong organic growth, looking after clients and delivering suitable investments."

Beyond work, Peter enjoys walking his dog, running, cycling, and swimming, each year taking on a new sporting challenge to raise funds for a charity. 15 years after starting his career during a recession the world has come full cycle and Peter's early studies of cognitive bias from a marketing perspective take on new significance.

"Sometimes you must make decisions about getting out of something you have been invested in for a long time. Cognitive bias plays a big role in many decisions, but discretionary investment managers can take the emotive level out of investing. Economic changes may mean discounts which make certain investments more attractive over the longer term. Whatever the financial situation, there are always opportunities – our role is to help clients find suitable ones."

Peter pictured with his twin boys and dog Bella

*"Whatever the financial
situation, there are always
opportunities – our role is to
help clients find suitable one"*





Kanye West's Grammy-worn Nike Air Yeezy 1 prototype sold for \$1.8 million; the most valuable sneakers ever.

✍ Words: Sophie Marie Atkinson

THE ART OF INVESTING IN COLLECTIBLES

In these volatile times, it's understandable that investors are wary of putting their money into traditional stocks, bonds and funds. So, what are the latest luxury trends for those looking to purchase highly sought-after goods that might also, over time, appreciate in value instead?

We're all familiar with the 'putting all your eggs in one basket' adage, one that can be neatly tied to investing and the importance of a well-diversified portfolio. Today, however, given the current state of affairs, many people are adding to the equation with a less traditional approach to growing their wealth – one that involves spending their money on tangible and highly desirable goods such as accessories, whisky and even NFTs. These items will not only bring the buyers joy in the short term, they could also prove to be profitable as and when they are sold in the future. Here, we explore what savvy investors are buying, and why.

When it comes to recent sales, a 1995 McLaren F1 in a 'time capsule' state with just 390km on the clock sold for staggering \$20.5 million with Gooding & Company's Monterey auction – the highest price fetched by a car at auction in 2021. A 1955 Mercedes-Benz 300 SLR Uhlenhaut Coup, meanwhile, sold for a \$142.3M USD.



BMW E30 M3: Future investment star?

And according to Knight Frank's most recent wealth report, early supercars or motorsport homologation road versions – such as the Mercedes-Benz 190 Evo II, Lamborghini Countach, Bugatti EB 110, Porsche 959, Ferrari 288 GTO and BMW E30 M3 – are the cars that the experts predicts will fare particularly well in the future.

Handbags and gladrags

In 2021 alone, Hermès bags increased 17% in value. And in February of this year, The Telegraph stated that the price of a Chanel 2.55 handbag has soared a remarkable 50% since 2019 – from just under £3,104 to £4,583. That's more than houses in the Cotswolds, which rose by 23% during the same period.

This boom looks to by no means be a flash in the pan trend, either. If we look back over the last decade, some brands have experienced a valuation spike of an average of 83%. By way of a comparison, first-edition books have increased by 42% and watches by 72%. Meanwhile, a 2022 study from the Business of Fashion said that 40% of US consumers had bought or were planning to buy a luxury handbag. This will help bolster the category from a global market of \$72 billion this year to a predicted \$100 billion in 2026.



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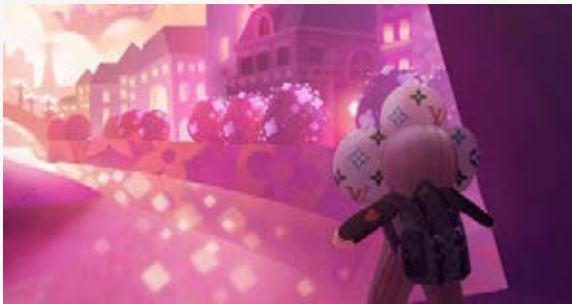
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In terms of investments that could prove to be lucrative, as well as the aforementioned Hermès and Chanel, Balenciaga, Dior and Louis Vuitton remain the most highly sought-after handbag brands.

The past five years has also seen an explosion in the rare shoes market, which is said to already be worth \$10 billion and is predicted to climb to nearly \$30 billion by 2030. A pair of trainers that Kanye West wore to the Grammys in 2008 fetched an incredible \$1.8 million in April last year. And in September, it was announced that the auction house Christie's is launching a new department to capitalise on the burgeoning market for collectible sneakers, streetwear and sports history.



"Louis the game". Bleep x Louis Vuitton

The art of tomorrow

If you've yet to truly get your head around the Metaverse and nonfungible tokens (NFTs), now might be the time. Not only are they continuing to make headlines globally, but they are upending the art world and becoming a multi-billion-dollar industry at the same time.

NFTs started as a way to legitimise digital art and allow people to buy and sell ownership of unique digital items and keep track of who owns them. Technically, they can contain anything digital – from drawings and animated GIFs to songs or even items in video games; they can either be one-of-a-kind, or one copy of many, but the blockchain technology keeps track of who possesses the file.

This is a new market that is showing no signs of abating. In fact, it's thought that the world's main auction houses sold an estimated \$235 million of crypto art in the form of NFTs last year alone, while more than \$25 billion of NFT artworks were sold in total via online platforms. That being said, given its extremely early state, both caution and expertise is recommended when dipping a toe in the NFTs water.

It's crucial to remember that that wine, unlike most other alternative asset classes, is not subject to tax. So long as you buy the wines in bond – meaning it is stored in a bonded warehouse approved by HM Customs & Excise – you don't have to pay duty or VAT. And it isn't currently subject to capital gains tax (CGT), either.

A fine vine

Wine was one of the top-billing alternative investments in 2021. In July last year, a rare bottle of 1951 Penfolds Grange sold at auction for a record-breaking \$122,001 – making it the most expensive bottle of Australian wine to ever sell under the hammer. The broader market, meanwhile, rose by around 1% per month on average, with Champagne and Burgundy doing exceptionally well – increasing 31% and 25% respectively.



It's crucial to remember that that wine, unlike most other alternative asset classes, is not subject to tax. So long as you buy the wines in bond – meaning it is stored in a bonded warehouse approved by HM Customs & Excise – you don't have to pay duty or VAT. And it isn't currently subject to capital gains tax (CGT), either. This has in fact come under review several times in the last five years but the Revenue and the Exchequer are currently showing no interest in applying CGT to wine because it's considered a chattel – or wasting – asset.

And although it suffered a slight dip in 2020, rare whisky has seen a 478% growth in value over the past decade. Christie's sold a bottle for a whopping £1.2 million, setting a new world-record for a single spirit.

A driving force

Unlike wine, handbags and even toys, classic cars are one of the few collectibles that can be enjoyed – at least a little – without losing value. And while the majority of everyday cars depreciate almost as soon as they leave a dealership, classic ones appreciate over time owing to factors such as rarity, performance and occasionally provenance.

According to Classic.com, since June 2021, the top ten vehicle types produced return on investments (ROIs) that ranged from a 58% to a whopping 95%. It's thought that online auctions were the main driver behind this trend.



The thing of 80s dreams. The Countach is a future investment pick.



Is a Nest Best?

What is “nesting” after relationship breakdown and is it right for your family?

Words | Rose Colley, Partner in Viberts Family Law team



Many of us will have watched ‘The Split’ on TV recently. This is the tale of high-end divorce lawyers and where 2 of the central characters, Hannah and Nathan, come to an arrangement for their three children known as “nesting” or sometimes “revolving door” arrangements. The drama series

has brought the concept of ‘nesting’ after separation or divorce, firmly into the public eye.

What is ‘nesting’?

This is a transitional or temporary arrangement after the parents have separated or divorced where the children stay in the family home while the parents rotate on and off duty by agreement. There will also need to be an agreement in relation to the nesting plan about care of the house, finances, communication about the children and parenting generally.

What are the advantages of “nesting”?

- During the period of separation or divorce the nesting arrangement can stabilise the family during what is certainly a really difficult period in their lives.
- Parents will hopefully also learn how to co-parent and see how important this can be for the children.
- Nesting may also give parents the space and time to ensure that their relationship is finally over before taking steps to sell the family home.

Are there any disadvantages?

- Parents need to be very careful that the nesting arrangement does not give the children a false sense of security that they are able in the longer term to remain in the home if this is not a real possibility.
- It does need to be financially viable to maintain the arrangement and this may not be possible even in the short term.
- Nesting does not alleviate the need to find the financial means to provide a second property for the parents when they are not living in the family home.

- There can be issues if either parent is in a new relationship and the new partner also needs to be part of the nesting arrangement.

Other Considerations?

For such an arrangement to work, the parents need to be in complete agreement that nesting is a solution and for how long it should be in place for. Communication between the parents does need to be good and effective and a way found of dealing with any disagreements between them so these do not impact on the children in a negative way. The arrangement should not be entered into if either parent feels that they have been subjected to any domestic abuse or coercive control during the relationship.

Has “nesting” been considered by the Family Courts?

There is not any caselaw that has considered nesting in Jersey but the Court of Appeal in England recently considered the concept of nesting in the case of A, B and C (Children Nesting Arrangement) [2022] EWCA Civ 68.

This case involved an interim “nesting” arrangement and the court indicated when the judiciary are likely to consider it an appropriate arrangement. One of the factors in the case was the high level of parental conflict and the fact that the independent social worker felt that the coercive and controlling behaviour of the father was a reason as to why the arrangement was not the best one for the children in this family.

The court concluded that whilst nesting allows the children to remain settled in familiar surroundings, providing them with valuable stability and consistency, the parents must fully consider the practical and financial implications. The case indicates that there is a view in the family courts that nesting arrangements are only likely to serve the children’s best interests in the short term.

Will “nesting” become more common in Jersey?

Given the price of housing in Jersey in many cases, nesting may be a suitable short-term solution for many families whilst they are resolving what to do in the longer term. However, it is important to remember that nesting is not a one-size-fits all solution for all the reasons discussed above. Some parents will lack the financial resources or support networks to find alternative accommodation during the ‘off-duty time’ or there is too much conflict or too many disagreements between the parents to make the arrangement work. The supporters of nesting (which is very commonplace in countries such as Sweden), feel that nesting can be a really positive alternative for parents and their children. Most will agree, however, that at some point, the family does

need to be properly separate and find other solutions in the longer term and move to a scenario where hopefully the children can enjoy time with both of their parents in their own homes.

Finally, it is essential to see nesting as one of the possible ways for divorcing or separating families to move forward even if this is only a short-term solution. It remains essential that whatever agreement parents come to in the short or indeed the longer term that this is worked out as collaboratively as possible after taking advice from a specialist family team such as Viberts.

Viberts Family Law team are recognised as one of the leading teams on the island. We asked some of the members of the team ‘Why did you choose a career in family law?’



Jamie Orchard, Partner

I initially started my career, as most young lawyers do, trying out a variety of different areas of law. However, I found that I always gravitated towards family law cases. The work was always diverse and interesting but I found the people and the raw human elements made it even more so. Family law creates some of the most emotive subjects that people can litigate and requires proportionate, pragmatic and often sensitive problem solving. I feel that I am very lucky to be able to help navigate people through such difficult times and that makes it hugely rewarding.



Emma Hollywood, Senior Associate / Advocate

I have only ever wanted to work in an area of law which helps people and has direct involvement with the clients. As a family lawyer I am constantly in Court which is the best part of my job, trying to convince the Court of different legal arguments and ensuring that someone stands up for the rights of the client whoever that may be whilst helping create good law and guiding clients through sometimes emotional and complex court proceedings.



April Hargreaves, Legal Assistant

I was recently seconded to the Family Law team at Viberts, not knowing what to expect. Having now been in the team for around four months, I can honestly say I love my job. I enjoy working with the clients, who are from all walks of life, helping them on their journeys to resolve their family issues. It is humbling to know that the support and effort given to the clients and their cases can be so positively impacting on their lives. I look forward to the years ahead with such a fantastic team.



Alexandra Cohen, Associate / English Solicitor

When I first started to think about what area of law to work in I really wanted to work on children cases but I soon realised that my real skills lie in dealing with finances on divorce and separation as I love numbers. Every family law case is different and I won't now be tempted by any other area of law.



Jonathan Bernardino, Legal Assistant

I always wanted to work in an area of law where I could help people. I enjoy seeing the changes in many of our client's lives from when they first come and see me for their initial meeting, to the end.



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Non-matrimonial property; How it will be treated by the Court

Catia Tavares, Sinels

A concern to divorcing parties is often how will the Court treat any non-matrimonial property. Non-matrimonial property is property (which can include immovable and movable property) which was acquired before or after the marriage.

The starting point is that the Court will consider all resources available to the parties, including non-matrimonial property, when assessing the division of property between the parties. However, the Court has a wide discretion generally and this extends to whether it is appropriate to include, or exclude, non-matrimonial property as part of the assets available for distribution.

The Court's main objective is to achieve fairness as between the parties and ultimately to give each party an equal start on the road to independent living.

The distinction between non-matrimonial and matrimonial property becomes more of an issue, or dilemma, for the Court where the parties' property exceeds their needs. In such cases, the Court may more readily find that non-matrimonial property should not form part of the matrimonial pot.

In cases where the assets in the matrimonial pot fall short of meeting the parties' needs, then non-matrimonial property (in part or full) will likely fall to be dealt with as if it were matrimonial property. Here, the distinction between matrimonial and non-matrimonial are of little, if any, relevance, as the Court is concerned with meeting the parties' needs and in doing so it will consider all the available assets – whether acquired before, during, or after the marriage.

Accordingly, and in particularly in higher net worth cases, it is of importance to ensure that the property received before and/or after the marriage is protected and remains distinguishable/separate from the family wealth.

The way in which the non-matrimonial property has been used during the marriage has the potential to affect whether, in the Court's eyes, it remains non-matrimonial. The Court may consider the extent to which the non-matrimonial property has been mingled with matrimonial property and the length of time over which that mingling has taken place.

In order to protect property generated before and/or after the marriage from being considered matrimonial property, it should seek to remain separate and distinctive from the family wealth and should not to be utilised for the welfare of the family. This can be achieved by way of pre/post nuptial settlements, making clear financial provisions to ensure the separation of non-matrimonial and matrimonial property.

Conclusion

Whether assets acquired prior to or after the marriage will be taken into consideration on the division of the family wealth is fact specific and dependent on, amongst other things, whether that property has remained wholly separate from other family assets or family usage, or whether the property has been mingled and used to such an extent that it has converted/changed to matrimonial property overtime.

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For further information on your individual situation please contact Advocate Catia Tavares.



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Parental Alienation – or is it?

Advocate Chris Hillier, Partner and Head of Family Law at Ingram Advocates, explores parental alienation within family proceedings.

Divorce is a landmark event in life and can be fraught with emotion. How can separating couples protect their children during a period of immense change, and avoid parental alienation (PA)?

The short definition of parental alienation, is: “When a child’s resistance or hostility towards one parent is not justified and is the result of psychological manipulation by the other parent.”

In certain cases, the negative feelings of a couple can be absorbed by the children. Some parents may become implacably hostile towards the other. Children’s behaviour may then change, so as to “alienate” one parent, by professing a sudden wish not to see them, or making accusations against them, which are without good reason.

Alienating one parent from their children causes significant emotional harm. When the Court makes an Order, the welfare of the child is its paramount consideration, under Article 2 (1) of the Children (Jersey) Law 2002. In some cases of PA, it will make an Order for contact (setting out where and when a child will see their parent(s)) or even residence (ruling on where a child shall live), having considered the welfare checklist and the views of the child, the parents and professionals.

Differing parenting styles can be at the root of PA, as can the feeling of need by children to “protect” one parent’s feelings by saying that they do not wish to have a relationship with the other parent. The child might state that they do not wish to have contact, or to spend time with that parent, as they are anxious about protecting their remaining family unit.

The case of *R v S* [2021] JRC332 considered PA, noting that it is characterised by “a child’s strong alignment, or enmeshment, with one parent whilst stridently and vehemently rejecting a relationship with the other, or presenting with an almost phobic fear of that parent. It noted that “Alienation often co-exists with high levels of acrimony or adult conflict surrounding the relationship breakdown, or at a later point in time, often where particular triggers are evident.”

The essential need for contact was discussed in *Re M (Children)* [2017] EWCA civ 2164, in which Mr Justice Munby dealt with the importance of contact between children and parents, stating:

Contact between parent and child is a fundamental element of family life and is almost always in the interests of the child.

Contact is to be terminated only if it will be detrimental to the child’s welfare.

The manipulation of the child by the other parent need not be malicious or even deliberate. It is the process that matters, not the motive.

Every case of divorce is unique, and each family dynamic is different. Divorcing parents should remind themselves that the emotional welfare of the children is paramount in the process. The damage done by parental alienation cannot be underestimated and can take years to repair.

Please contact Chris, in confidence, to discuss any family law issues.



The article above does not constitute legal advice.

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The rise in the cost of living and the impact on maintenance orders

Words Clare Woodhouse, Benest and Syvret

As we recover from the pandemic we are faced with a significant rise in the cost of living. This is putting a strain on so many families across Jersey. However, when you have a maintenance agreement with an ex-partner, whether for child maintenance or spousal maintenance, this hike may be taking an additional toll.

Orders for maintenance will have an annual increase in line with the Jersey Retail Prices Index. This is standard practice and is there to protect the recipient from inflation. Whilst the increase may provide protection to the recipient it can be devastating for the payer as they find themselves on the same income, with the rising cost of living and now an increased maintenance payment to meet on top. The current sharp and rapid rise in inflation, however, is meaning that the annual cost of living increase is failing to keep pace with the recipient's rising living costs. Both payer and payee are feeling the pinch and may feel dissatisfied with the application of the order.

For many, the hike in inflation will mean checking over court orders to see how to manage the situation. They may consider whether they can seek a variation to the order to assist with making ends meet.

When clients come to us to ask us about varying their orders for maintenance we have to advise them of the following.

Whilst "need" is a consideration, the reality is that there must be "a material change of circumstances" for the Court to consider a variation. There is an unfettered discretion as to what constitutes a material change. It is not the time to try and right the wrongs of the previous order. Case law makes it clear that the Court will not always vary an order. The starting point will be the original order, however would a variation be fair and reasonable in light of the changed circumstances.

In addition, we ask clients to consider the legal costs for an application to vary. Often, they will outweigh any variation they may achieve. In any event variations may go up as well as down!

For many families it is becoming much harder to make ends meet. This will hit separated parties more than most. However, the cost of pursuing a variation of a maintenance order can be high and the emotional cost of re-opening matters that have been decided upon, even more so. It should only be pursued with care.



The Former Matrimonial Home – a unique class of asset

Words Barbara Littler, Le Gallais and Luce

When separating from a spouse, the nature of your assets can be a source of conflict when reaching a financial settlement. Often the largest asset in the "matrimonial pot" is the family home ("Former Matrimonial Home"). How it is dealt with in the financial settlement (immediate sale, deferred sale, or buy-out) is often emotive enough, and can be exacerbated depending on the origin of the property.

Assets are classed as "matrimonial property", or "non-matrimonial property". Matrimonial assets are generally those that are acquired during the marriage and non-matrimonial assets are those acquired before the marriage (pre-marital) or post-separation that have not been mixed/mingled with marital assets.

The distinction is important; the starting point for dividing matrimonial assets is 50/50, unless one party's financial needs require a larger share (i.e. to house minor children). Conversely, non-matrimonial property will not be shared. To quote a well-known UK family law Judge (Mostyn J in *JL v SL* [2015] EWHC 360 (Fam)) such an occurrence "is as rare as a white leopard!" Non-matrimonial property can only be used when necessary to meet the financial needs of the

less well-off spouse, it is otherwise "ring-fenced" out of the matrimonial pot. The Former Matrimonial Home will not usually be ring-fenced. In the well-known cases of *Miller v Miller*; *McFarlane v McFarlane* UKHL 24: "The starting point is 50/50 of the net equity as it is matrimonial property."

parties' matrimonial home, even if this was brought into the marriage at the outset by one of the parties, usually has a central place in any marriage."

Whether the property is:-

1. owned outright by one party before the marriage,
2. bought jointly during the marriage, with vastly unequal purchase contributions or,
3. bought during the marriage in one party's sole name, and the purchase wholly funded by them.

The starting point is 50/50 of the net equity as it is matrimonial property.

Marriage is possibly the single biggest financial decision in life. Pre-nuptial agreements are a good way of ensuring some certainty as to how your finances may be treated in the unfortunate event of a divorce, but they must be properly drafted and follow certain requirements to be enforceable and you should obtain legal advice to best ensure that the terms of any agreement are upheld by the court. Equally, if you are considering separating, or have separated and would like some advice, please do contact us.



Family Law.

At Benest & Syvret we approach issues arising from family breakdown in a constructive way designed to preserve people's dignity and encourage agreements between separating parties. Our experience means that we are well placed to guide you through all of the steps involved in divorce proceedings or children matters.

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Please contact Advocate Nina Benest
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Maintenance?

Words **Claire Davies**, Principal of Claire Davies, Advocate

There is no doubt that inflation, particularly combined with a threat of recession, will worry anyone contemplating separation or divorce. House prices are through the roof, borrowing is increasingly expensive and we now have deferred tax bills to pay - with little clarity as to the rules that will apply to separating couples. It becomes all the more important to think about your reasonable needs in the short, medium and long term.

Very few people emerge from divorce unscathed, for the simple reason that two households are more expensive than one. To craft a financial settlement that is fair and meets everyone's needs your adviser has to consider both capital and income. A settlement may include child maintenance, and/or spousal maintenance. In England, child maintenance is calculated using a child support agency formula which no longer applies in Jersey. Instead, we look at the needs of children and their parents' ability to meet them. Spousal maintenance is paid for the benefit of the spouse themselves. It can be paid for a short time, or a long time - the emphasis is on making a transition to independence without too much hardship.

Most maintenance payments are index linked annually and that is significant when the cost of living is on the increase.

The amount and duration will depend on your individual circumstances and needs. It may be that you need spousal maintenance for a short time to make ends meet, or for a longer period while your children are young - or until you can increase your income at work. It is reviewable if there is a significant change, and former spouses with old orders may need to go back to court. Most maintenance payments are index linked annually and that is significant when the cost of living is on the increase. The Government have reported an RPI increase in the year to June 2022 of 7.9% - the largest since September 1991. Don't just think about now, consider the future.



Let's end the blame game and consciously uncouple

Words **Emma Wakeling** Partner and Head of Family Law, BCR Law

Ever since Gwyneth Paltrow announced that she and Chris Martin were consciously uncoupling in 2014 it has put the limelight on the way to separate. A way that is amicable, constructive and allows each person to move forward with his or her life. But, can it be done?

In Jersey we do not yet have "no-fault" divorce - a process whereby people can end their marriage because they both want to. Unless a couple has been separated for at least a year, the only other option to get divorced sooner is to, sadly, play the blame game. Even the most bland of petitions, with minor examples of the unreasonable behaviour, can understandably cause upset even if that is not the intention. Is this really the way we should be getting divorced in the 21st century? I, and many other family lawyers, think not.

The concept of conscious uncoupling aligns very well with "no-fault" divorce. Two adults entered into a marriage or civil partnership. Two adults can decide if they no longer wish to be in that union. Why then should one be required to prove the other has done something wrong if they want to dissolve that relationship before they have been separated for the requisite time?

As a lawyer, we want to do our best to make the separation process as painless as possible (both emotionally and financially) but there is inevitably a cost to both those aspects.

What we must not do is make the process harder for those within it. No-fault divorce is now possible in England and Wales. Many family lawyers hope that Jersey will also introduce no-fault divorce sooner than later. Ending a marriage is hard enough. Sometimes things just don't work out. Removing the need to apportion blame in some way to get a quick divorce will also hopefully have a positive effect on financial negotiations and, more importantly, arrangements for the children.

No fault divorce goes hand in hand with conscious uncoupling. Conscious uncoupling goes hand in hand with a collaborative approach towards the resolution of matters. Mediation, meetings, alternative dispute resolution are all options that should be considered. The door of the court is always open but separating couples need not see it as the only route after separation.

Owning the outcome is both important and empowering. Be reasonable. Be realistic. Be kind in your approach. You will look back and feel pleased that you were.





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Movers & Shakers

Appleby appoints magnificent seven



Tracey Stephen Kate Johanna Nichola Michael Inyeneobong

Appleby has made a number of recent appointments across its practice areas in Jersey.

The Group's growing Property team has welcomed Kate Westwater as Counsel and Tracey Walsh as Senior Legal Assistant. **Kate** was sworn in as a Solicitor of the Royal Court of Jersey in November 2013 after 10 years of conveyancing practice, and was then sworn in as an Advocate of the Royal Court on in October 2017. Kate has substantial experience in residential transactions, lending, commercial property transactions, conveyancing research and advice. **Tracey** Walsh joins Appleby as Senior Legal Assistant in the Property Department and brings extensive experience in flying freehold sales and purchases, freehold sales, equity releases, share transfer transactions and refinances.

In addition to these appointments Appleby has also welcomed **Nichola** Aldridge as Counsel, **Johanna** Murphy as Senior Associate and **Stephen** Le Cornu, **Michael** Davies and **Inyeneobong** Udoh, all as Associates to its expanding Corporate team. Nichola was admitted as a Solicitor of the Royal Court of Jersey in October 2017 and was later admitted to the Bar of the Royal

Court in March 2021. Nichola has over 14 years' experience of specialising in non-contentious trust, foundation and company matters in a private wealth context. Johanna was admitted as a Solicitor in Scotland in 2014 and the British Virgin Islands in 2018. After qualifying in Edinburgh, Johanna relocated to Jersey and specialised in real estate and fund finance transactions involving large financial institutions and corporate borrowers. In 2018, she relocated to the BVI to continue acting on real estate financing transactions and a broad range of corporate transactions.

Stephen was admitted as a Solicitor of the Royal Court of Jersey in September 2018. Stephen has experience of advising on debt finance matters, mergers and acquisitions and private equity transactions. Prior to joining Appleby, Michael completed his training contract and subsequently qualified with another firm in Jersey. Inyeneobong was called to the Nigerian Bar in December 2017 and started out representing organisations in commercial dispute processes. Inyeneobong has been responsible for advising on local and cross-border mergers acquisitions and restructurings, as well as negotiating and drafting operational contracts, corporate documents and advising boards of major companies.

Jersey Chamber of Commerce appoints a new President

Adam Budworth, Managing Director of Grant Thornton, has been announced as the new President of the Jersey Chamber of Commerce. Adam will succeed Jennifer Carnegie, COO of Amicus.

Adam has been integral to the successful running and growth of Chamber over the last five years having served as Honorary Treasurer to Chamber since 2017. Following his appointment Adam commented: "I am a proud supporter of the Jersey Chamber of Commerce and value its important role in bringing economic opportunity and support to its members, as well as prosperity and employment opportunities to the wider local community. I am looking forward to bringing my experience and fresh vision to Chamber in tackling pertinent local issues such as affordable housing, the skills shortage, and local migration and population policies. To be appointed President of the Chamber is a great personal honour for me, and I look forward to my three-year term in representing the best interests of our thriving membership." Daphne East has been appointed as Vice President of Chamber and supersedes John Shenton who has held the role of Vice President for three years. Daphne is experienced in management consulting and retail supply sectors, and will also become the new Chair of the Chamber Retail and Supply Committee. The newly appointed Treasurer of Chamber is Tim Barnes, Chief Financial Officer at Jersey Post. The role of Chamber of Commerce President and Vice President is voluntary and is supported by a Chamber Executive team which includes the Chief Executive Officer, Marketing and Events Manager and Office Manager.



From Jersey to Africa, we're unlocking potential

We're creating a wealth of opportunity for talent with a passion for progress. Supporting Africa's growth from Jersey for over 30 years, we believe it's through a culture of inclusivity, balance and performance that we can find new ways to make dreams possible. Scan the QR code to see our latest opportunities.

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Adam is Head Chef

The Atlantic Hotel and Ocean Restaurant has announced that Adam Braithwaite has been promoted to Head Chef.

Alongside Executive Chef, Will Holland, Adam will head up the 13 strong brigade in the 4 AA Rosette Ocean Restaurant. Adam began his career at La Bécasse in Ludlow where he first teamed up with Will Holland before moving on to The Samling Hotel, Windermere and The Isle of Eriska, Scotland. The pair reunited in 2017 when they moved to Jersey and joined The Atlantic.

Will Holland, Executive Chef said: "Adam and I started at The Atlantic on the same day and since then he has given the hotel five dedicated years of service. He is a hugely talented and respected member of the team who was intrinsic to us achieving 4 AA Rosettes in 2021. He is all I could ask for in a right-hand man and this is a very well-deserved promotion." Patrick Burke, Owner and Managing Director said: "Adam has served as Will's Senior Sous Chef since he joined the hotel, showing dedication and professionalism at all times. It is with great pleasure that we have been able to promote him to the position of Head Chef, giving him the recognition he truly deserves. This is also testament to Will's continued success as Executive Chef, being the first time in his career he has been able to appoint a Head Chef within his team. Adam's promotion further strengthens the team of talented chefs we have in Ocean Restaurant as we continue to build and develop our luxury dining offering."



Movers & Shakers

FACES OF RECRUITMENT

Meet....

Claudia Sutton

Claudia is originally from Jersey, and has been an integral part of the team at Rowlands since 2012. Over the last decade she has provided recruitment and coaching services to people at all stages in their career journey; from graduates to senior executives and everyone in-between. Claudia strives to positively impact everything she does, whether helping clients and candidates with their ideal outcome or starring in an abseiling promo video!

What made you choose a career in recruitment?

After my studies, I was considering whether I may be interested in a marketing role and sought some advice at Rowlands. I was so impressed with the process that I asked about recruitment roles instead! The rest, as they say, is history.

Do you have any hobbies?

My favourite pastimes are sea swimming, yoga, travelling, and spending time with friends and family. I also love trying out new things and have recently been to a beautiful sound bath class, and I'm hoping to try out a Wim Hof (the ice bath therapy) workshop soon! I am also a seasoned pet sitter - I've looked after dogs, cats, fish, birds and tortoises in the last 12 months.

Tell us about your tastes - films, music, food?

I enjoy an eclectic mix of music, basically anything I can sing along to. I also love watching all classic romantic comedies - Notting Hill, Sliding Doors, Four Weddings and A Funeral, to name a few. In terms of food, I'm not the best cook, so I like to eat out a lot. My favourite dish is anything not cooked by me. Thai, Indian, Italian... not fussy as long as someone else has made it.

Tell us something that most people don't know about you!

I once abseiled face-first down a building while travelling in South America for free so they could film a promo video. You can find it online, and it is CRINGE! No, I'm not telling you where...





2022 IoD Jersey Director of the Year Awards Shortlist Announced

Did you want to go to the 2022 IoD Jersey Director of the Year Awards? Well, you can't. With 30 shortlisted people's buddies wanting to woop and cheer for their friend, the event is already sold out! However, you can check out the shortlist (below) and see who you're rooting for.

The event, on the 24th November, will be hosted by comedian and impressionist, Jon Culshaw, who is best known for his work on radio comedy, *Dead Ringers*, as well as numerous TV appearances. The Awards, sponsored by Appleby Jersey, are an opportunity to recognise the directors of organisations small and large, who are helping to lead their teams through the current difficult economic climate, and to also celebrate equality, diversity and inclusion, sustainability, and young directors.

The judges were: Kevin Keen, Heather MacCallum, Dan Hare, Helen Hatton, Kate Wright, Kate Nutt, and Chris Ambler. Chair of the Judges, Kevin Keen said: "The judging panel are privileged to have been able to read through and consider the tremendous variety and talent evidenced in the nominations. It's always a difficult task to whittle those down to just three names, but we are now looking forward to celebrating the best of the best and announcing the winners at the gala dinner in November. Huge congratulations to everyone who was nominated, and in particular to our shortlisted candidates who once again prove that Jersey has a wealth of talented leaders at the helm of our organisations.

The shortlists.

Director of the Year – Large Business

Alasdair Gardner (Lloyds Bank International)
Carol Graham (JTC Group)
Paul Murphy (Onogo)

Director of the Year – SME Business

Luke Heynes (Jersey Evening Post)
Chris Le Masurier (Jersey Oyster Co.)
Nathan Nicholls (Switch Digital)

Family Business Director of the Year

Mark Brandon (SunWorks Ltd)
Brian McCarthy (C Le Masurier Ltd)
Gerald Voisin (Voisins)

Start-up Director of the Year

Rob McCombie (TCA Digital)
Ben Symonds (The Summit)
Kaspar Wimberley (SCOOP)

Third Sector Director of the Year

Donna Abel (Jersey Cheshire Home)
Cris Lakeman (Every Child Our Future)
Beth Moore (Jersey Recovery College)

Public Sector Director of the Year

Stephen Jackson (Government of Jersey)
Tim Ringsdore (JCRA)
Amy Taylor (Digital Jersey)

Young Director of the Year

Nathan Nicholls (Switch Digital)
Alexander Noel (Suntera Global)
Beau Waugh (Pinpoint Nutrition)

Director of the Year – Equality, Diversity & Inclusion

Tim Ringsdore (JCRA)
Gerlind Smith (PwC)
Julia Warrander (Affinity Private Wealth)

Director of the Year – Sustainability

Mark Brandon (SunWorks Ltd)
India Hamilton (SCOOP)
Michelle Ryan (True Ltd)

Non-Executive Director of the Year

Judith Beaumont (Andium Homes Ltd)
Mike Jeacock (Caring Cooks)
Alan Merry (Jersey Post)

“

Pick a career that you love as you're a long time working

”



IOD Director of the Month

Fiona Vacher

Executive Director, Jersey Child Care Trust

What does your company/organisation do?

As a local charity putting families first, we deliver a variety of programmes to enable all children to have their best start in life.

What does a typical day look like for you? I

definitely don't have a 'typical day'! My days include visiting nurseries, interacting with children, parents, practitioners, colleagues and many other professionals, speaking at events, chairing multi-agency panels to consider referrals to our programmes, reviewing finances, applying to and liaising with funders, accrediting nannies at employer's homes or meeting with and reporting to our board of Trustees.

What's the best piece of advice you've ever been given?

My mum advised me to "Pick a career that you love as you're a long time working" - At the time I loved coaching young children in gymnastics and so I chose working with children and families. It feels incredible to lead such an amazing team that makes such a difference for them here in Jersey.

Describe yourself in three words: extrovert, optimistic, inclusive.



Jersey shines in London

At a gala event in London earlier last month, surrounded by the best businesses, designers and retailers the UK jewellery industry has to offer, Jersey's Brilliance festival came away as winners in the Customer Event of the Year category at the UK Jewellery Awards.

A hotly contested category featuring six other shortlisted UK jewellers, the Brilliance Festival organisers Julia Williams Director at Jersey Pearl and Melanie Mayer Davies, Director at Rivoli represented the group of local jewellers who combined forces in October last year to bring a two week festival, highlighting to islanders, and visitors the depth and breadth of the jewellery offering we have here in Jersey.

Fundamental to the success of the festival was the support from Visit Jersey, through the Visit Jersey Incubator Marketing Fund and main sponsor Rossborough Private Client. Stephen Rafferty, Business Development Executive at Rossborough said: "As the main sponsor of the Brilliance Festival in 2021, we are thrilled that Julia, Mel and the Brilliance team have won the prestigious Customer Event of the Year at the National Jewellery Awards in London. This achievement puts the industry in Jersey firmly on the map at a national level and we are proud to support this thriving jewellery and watch sector."

EXPANDABLE Conversation starter

With the establishment of the East India Company in 1600, Queen Elizabeth I began the expansion of England into overseas settlements.

BUSINESS NEWS



Broadlands - 50 years and counting

Broadlands first opened its doors in 1972 and fast became a major player in the property arena for islanders hoping to buy and sell, with many purchasing their first home through the company.

Over the years the company has grown into a driving force in Jersey's property landscape. Through time the company has helped many generations buy and sell, worked with many local families, their children, grandchildren, and great grandchildren after that. Indeed, it's difficult to find someone who hasn't used the company's services at one time or another. Always keeping up to date with the latest sales technologies, marketing and working best for their clients.

The company's name was influenced by its original location in Broad Street. When it started the staff head count was 3, including a secretary who typed up all property details ready for posting to interested buyers, and for publication in the JEP which was the only vehicle at the time for property searches. Clients would receive the newspaper and telephone/visit the agency to arrange a viewing often the following day. There were no mobile phones and computers were extremely basic. The landscape was very different then with few flats, less housing developments, a "States Loan Scheme" for first time buyers, offering lower interest rates, price control on the value of properties and tough housing regulations and controls. Chief Executive Roger Trower remembers that everything was done manually: handwritten letters of instruction to lawyers given to your secretary or dictated, telephone calls, home visits and most importantly decent fees of at least 2% on all sales.

Fast forward fifty years and many of the principles important at the time are still very much the backbone of the company today including professionalism, excellent communication, and a strong knowledge base. Today Broadlands has a settled team of 16 including 10 negotiators with a combined experience of over 350 years. Now fully family run, they look forward to continuing this tradition for the next 50 years!



A FLAIR FOR CREATIVE BUSINESS EXPANSION

✂ Words: Thea Fauvel

As an ex-teacher of drama and musical theatre, Megan Webster recognised a common theme. Students felt that they didn't have a career path locally. Lack of local opportunities for them to use their talents saw students going to university and not returning to Jersey because the events industry they wanted to be part of wasn't present here. Her response? To create creating Flair Entertainment and their very first studio, Studio Flair.

With travel and work restrictions as a result of the Covid pandemic, many people who would usually work on cruise ships, perform in the West End, or attend performing arts universities were all back in Jersey. There was a new collective of talented entertainers on island and Megan knew it was time for her to do something. She set up Flair and asked her actor, performer, and musician friends if they'd sign be keen to work in a new kind of team, "I was brave and just messaged people, telling them I was setting up a collaborative entertainment agency and asked if they'd be interested in joining."

"It's run by performers, for performers, so we just get it, that's the whole ethos behind the collaborative nature of Flair".

Eighteen months after launch, Flair has grown at a pace Megan never thought possible. Flair now has about one hundred and fifty people on its books, and Megan is thankful that so many people who would normally have left Jersey again have chosen to stay on island. "It's run by performers, for performers, so we just get it, that's the whole ethos behind the collaborative nature of Flair".

"I work with so many amazing people and friends. The talent on island is incredible, I'm so grateful that all the performers and clients took a chance on us, on me. When I launched I never imagined it would be what it is."

Megan, along with her A-Game team - Ollie, Andre and Lany, strive to create a collaborative and creative space where performers and friends know they have the opportunity to be themselves and be creatively open, "One of the biggest things and a core ethos for Flair was that I wanted to remove the stigma around

the performance industry and misconceptions around it being a nasty, negative environment that isn't great for our mental health. I wanted to create a space that's really open and collaborative."

"When people sign up to work with Flair, there's no exclusivity clause, they can work with other performers and other agencies, but we give good rates, and I think when you feel a part of something, you want to stay. Flair doesn't take commissions from the performers. Performers set their own fees, and commissions are passed on to the client. We're very transparent about that."

Megan already had a first-floor office space on Hill St. and her 5-year plan included the opening of a studio, and when the ground floor space below her office came up for rent, Megan took a chance, "It's my biggest achievement!" Flair Studio is an innovative, creative, collective of extremely talented beings, and now they can pass that on to you! With the opening of Flair Studio, these talented performers are teaching other talented performers and aspiring performers, "It's so

important to have a range of choreographers who can use their specialised skills to create something more amazing than just one person could do alone."

With dance technique classes like Latin Jazz and Contemporary on offer, they'll have you swinging, shaking, moving, making, spice-girls style. There are classes for people of all skills, from beginners to professionals. They offer advanced classes for people who are already in the industry to advance their skills (self-development is really important as a performer).

Megan is optimistic and expanding her business is a passion, from entertainment services to the studio, "I want Studio Flair to be full, a place with creative energy and juices flowing!" So if you're looking for something a little different, drop in.

@flairentertainment

MEGAN WEBSTER QUICKFIRE Q&A

What's a Studio Flair Favourite song?

Dancing Queen - we like anything ABBA

Favourite dress-up?

Probably the bubble ballerina, for outdoor large-scale events it's amazing.

Do you have a hidden talent?

Recently discovered that I'm an amazing live mannequin!

How did you feel making the leap, quitting your job to start Flair?

It was scary, but it was so exciting, I really believed in the company so I went against everyone else's advice and launched.

Best place in Jersey to dance?

Studio flair party obviously!

What did you want to be when you grew up?

A Teacher

Do you have a motto?

Create, Collaborate, Innovate.

Strangest/most quirky event?

We recently posed as lived mannequins in a window display for De Gruchy's autumn/ winter campaign, that was hilarious. We also did an undercover heist where we "stole" diamonds.

Anything exciting coming up you can tell us about?

Well, watch this space, for a grinchy-themed Drag Queen and Cindy Lou duo. Also, a human puppet controlled by a stilt walker might be on its way...



Bright blue skies & deep blue seas

PORTELET BAY HAS GOT TO BE ONE OF THE MOST UNDENIABLY STUNNING LOCATIONS TO GAZE OUT OVER THAT JERSEY HAS TO OVER - COME RAIN OR SHINE - AND THAT'S EXACTLY WHAT THE NEXT OWNERS OF THIS PROPERTY WILL BE ABLE TO ENJOY DAY IN, DAY OUT FROM THEIR WINDOWS AND TERRACES.

Situated on an exclusive gated development with direct access down to the beach, it's quite literally a stone's throw away from the sand. But if you're not into mingling with the masses that's absolutely fine too, as there are also generously-sized private terraces set across two floors from which to enjoy the view out to sea from their elevated positions. Imagine waking every morning to *that* view. They say that 'you can't live in a view' but whoever *they* are presumably don't have the means to do so. If you do have the means though, surely the view is as good as priceless?

With five bedrooms there's plenty of space for family and guests alike to rest in comfort, and the entire property has been designed to allow an abundance of natural light to flow through its large seafront

windows and into the living spaces for an airy feel as you move through the spaces. A recently-fitted Bauformat kitchen adds an element of contemporary class with extraction integrated into the hob for an uninterrupted view from your dinner-in-progress to the bay beyond those huge windows. Facing the workspace on the kitchen island is breakfast bar with ample seating for four - perfect for casual dining or interacting with your guests as you cook and they enjoy a glass of wine. Behind the breakfast bar is a more formal dining area, again taking advantage of those stunning views out over one of the terraces.

Moving into the primary reception of three in total, you'll be struck by the sheer size

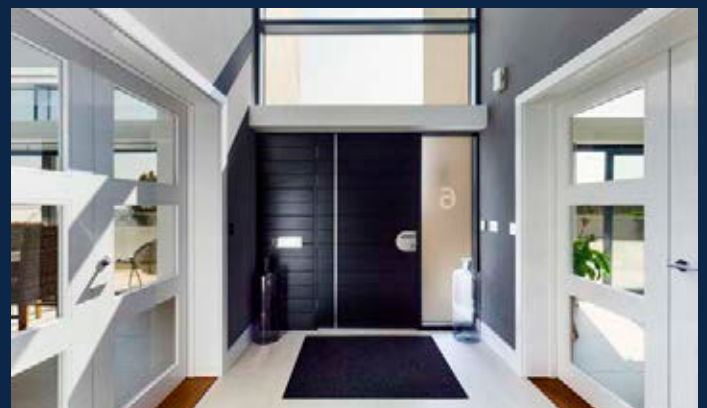
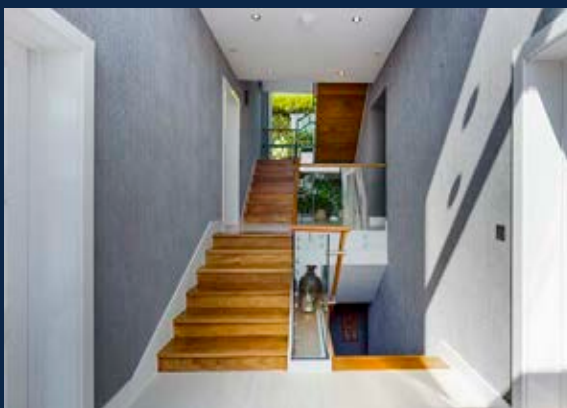


of the room - 'large' would be putting it lightly, with the incredible ceiling height contributing to the sense of size. Elsewhere, mirrored glass panels provide the illusion of even more space, really taking things to a higher level. The home gym also opens out onto the terraces, but if tennis is more your thing the development includes communal tennis courts on which to play for fun or settle scores with your new neighbours!

There's been a lot of talk about those terraces, but to the rear of the property you'll also find a very decent-sized, private garden laid to lawn with low-maintenance borders.



"Imagine waking every morning to *that* view. They say that 'you can't live in a view' but whoever *they* are presumably don't have the means to do so. If you do have the means though, surely the view is as good as priceless?"





While we're outside, it's worth touching upon that all-important question of parking arrangements. As you might expect, there's both a good amount of forecourt parking in addition to the double garage, so plenty for a home of this size located between town and the airport for the perfect balance of convenient access to both on and off-island engagements. The restaurants and bars of St Aubin are closer still, of course, and the Portelet Inn and Portelet Bay Café's excellent pizzas are as good as on your doorstep.

Four bright, minimalist bathrooms complement the five bedrooms and a beautiful wood-panelled and glass staircase leads you from floor to floor via an atrium featuring full-width glass that's a real focal point. It's all part of a timeless and in-demand development where no detail has been overlooked - could it be your next home? Contact Wilsons Knight Frank to arrange a viewing.

"It's all part of a timeless and in-demand development where no detail has been overlooked - could it be your next home?"

6, Portelet Bay, La Rue Voisin, St Brelade

Gated development

Stunning 5 bedroom home

Newly fitted kitchen and home gym

Direct access to beach and amenities

Paved terraces and enclosed garden area

Forecourt parking and double garage

Asking price

£4,250,000

Wilsons Knight Frank

01534 877977

wilsons.je

Taking the homework out of making your home work

Whether you're thinking buy-to-let, or let-to-buy, finding the right mortgage for your investment doesn't need to be hard work



Buying a property isn't always about finding a home to live in right now. If you're keen to stay invested in the Jersey property market while working overseas, would like to move house without selling your current property, or are building a property portfolio, you'll want to make your assets work for you.

Over the past decade house prices across all categories in Jersey have increased significantly. Figures from Statistics Jersey* show the Jersey House Price Index, which includes share transfer properties, has gone up from 151.1 for Q2 2012 to 245.9 for Q2 2022. Over the same period, the mean price of a one-bedroom flat increased from £204,000 to £353,000, while the average price of a four-bedroom house rose from £654,000 to £1,329,000.

Whether you're buying a property to rent out (buy-to-let) or are renting out your home and buying a new home (let-to-buy), getting the right mortgage can be an important part of your investment strategy. Wayne Stanley, Head of Private and Personal Banking, Santander International, explains. "Many people have significant equity tied up in their homes that may no longer generate the best return if capital growth slows. It's

possible to use equity from a property to leverage into other investment opportunities. When customers come to us for a mortgage, the first question is what are you going to do with your existing property? Rather than selling and incurring fees, some people decide to release equity for a deposit and upgrade to a new home, while keeping the original property as an investment. We do this on a routine basis for customers, helping people to diversify their portfolios for investment purposes and retirement planning."

While properties have risen in value over the past decade, so have rents. The Jersey Private Sector Rental Index* has increased from 145.2 in Q2 2012 to 220.3 for Q2 2022. Last year, rents went up an average of 2% from Q2 2021 to Q2 2022, however, rental index figures vary between quarters due to seasonal availability. For new residents, first time buyers, or people who are living away from Jersey temporarily, getting a mortgage on an investment property can sometimes be tricky. Add in the prospect of a property you want to let that also requires renovations, and many lenders will simply say 'no'. Santander International's flexible approach starts with face-to-face meetings with mortgage specialists to talk about your individual circumstances.

"It's possible to use equity from a property to leverage into other investment opportunities."

Wayne Stanley, Head of Private and Personal Banking, Santander International

Santander International can also refer Jersey residents who are looking to buy a second home in Spain or Portugal to colleagues in those countries and will soon be launching investment mortgages on UK properties for Islanders.

Wayne said: "Historically buy-to-let mortgages have depended entirely upon projected rental income. However, at Santander International we take a more flexible approach. Our policies allow us to look at a customer's overall financial circumstances and consider affordability in relation to overall wealth and assets. This means we can help clients meet their objectives in a wider range of cases, even where a property needs light renovations for example. Whether you're thinking of investing in property in Jersey, the UK, or even a holiday home abroad, it's worth having a chat."

All applications are subject to status and criteria

YOUR HOME MAY BE AT RISK IF YOU DO NOT KEEP UP THE PAYMENTS ON YOUR MORTGAGE

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Finishing Touches

With this edition's theme of 'expandable', we look at a variety of home and garden extras that offer, well, that little bit extra....



Titans of relaxation

This weatherproof, durable 3m square pergola constructed entirely from aluminium is an undeniably chic and modern way to protect your family and guests from harmful UV rays.

Titan aluminium pergola as pictured £2,395
romerils.com



Expand your storage space, stealthily

We all acquire an abundance of 'stuff' fairly consistently throughout life, and sometimes it's difficult to squirrel it all away. The solution? A storage bed, of which MyPad has a good range!

Munich storage bed from £360 to £404
mypad.com



Room for a little one (or four)?!

If, like most of us, you aren't producing a banquet daily but do occasionally like to have people round for dinner, a table that's flexible to suit your needs - like this one - is almost essential!

Churchgate Ivory extending table £749
dunelm.com



Up, up and away from your chair

Standing desks seem to be the Marmite of office furniture, so if you're on the fence (a weird place to work from unless you're a gardener, admittedly) why not have the best of both worlds?

Carver lift-top desk £229
powerhouse.je



Take cover!

Whether it's due to be hot or cold, if you need extra space for an event at home this month B&Q have a range of gazebos and marquees that'll be just the ticket!

Outsunny 6x3m gazebo / marquee £94.99
diy.com



Pop-up perfection

Functional, yet with an element of utilitarian chic that'd look great in a utility room or outdoor kitchen, these folding crates stack and store easily, whether they're up or down.

Chickadee folding crates from £7 to £15
ilovepebble.com

EXPANDABLE Conversation starter

When people are said to be "in an expansive mood," it means they are relaxed and easy to talk to.

rowlands

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For a recruitment journey that is all about you.

Speak to your dedicated Recruitment Partner on 626777
or email jobs@rowlands.co.uk



*There's no
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home*

*Get yours
covered*

As the Island's only Insurance Society, we are proud of our record and reputation in Jersey, established in 1869.

Our local knowledge and considerable financial strength enables the Society to deliver an unrivalled insurance package for your property and its Contents.

Crucially, Jersey Mutual's level of personal care means there will be no stalling tactics, delays or phone queues – Just a genuine desire to handle your claim efficiently, quickly and above all sympathetically.

If you'd like to meet the team, pop in to see us to discuss cover for your home.

 **Jersey Mutual**
The home of home insurance

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stalling tactics or
delays. Just real
people who care.

EXPAND YOUR

WORDS Russ Atkinson

THIS MONTH'S THEME SEEMED LIKE THE PERFECT EXCUSE TO INDULGE IN A BIT OF WANDERLUST, DAYDREAMING ABOUT CAMPERS BIG AND SMALL, AND BY PURE COINCIDENCE ALL OF THE BEST CANDIDATES FOR THIS ROUNDUP HAILED FROM STUTTGART AND BORE A THREE-POINTED STAR EMBLEM ON THEIR GRILLES, SO WE'VE GONE WITH STICKING TO JUST ONE-MAKE AS WE ROLL VICARIOUSLY TOWARD THE IMAGINARY HORIZON ALONG THE ROAD LESS TRAVELLED (BECAUSE IT'S AN IMAGINARY ONE, AFTER ALL) VIA THE IMAGES ON THESE PAGES. BUCKLE UP...



MARCO POLO ACTIVITY

Qualifying for a spot on our list of go-almost-anywhere adventure machines, the Mercedes Marco Polo in 'ACTIVITY' trim is, believe it or not, available in all wheel drive, helping it earn its place on this page. Despite being small enough to drive daily and measuring under two metres in height to allow it to fit into most garages and car parks, don't be fooled by its compact size as there's room for the family thanks to a pop-top, providing enough space to sleep five, apparently. Presumably not five adults - although this will depend on what kind of car parks you're used to parking in after dark - but it's impressive nonetheless.

If your adventure involves bicycles or other bulky bits of kit and you're willing to send three potential passengers packing, removing the rear bench seat is quick and easy, and regardless of whether you've spent your day climbing cliff faces, hitting the trails hard or simply soaking up the scenery, when the time comes to hit the road you'll be assured of comfort thanks to the adaptive 'AIRMATIC' suspension and all of the driver aids and multimedia mod-cons you'd expect from a high end manufacturer.

APPROXIMATE COST FROM £69,980

HYMER GRAND CANYON S CROSSOVER

Better known for their more tarmac-and-campsite-oriented traffic tailback-causing models, you mightn't have known that Hymer also produce off-road campers like this one, based on a Mercedes Sprinter chassis. I didn't either, until some friends mentioned their lust for one recently. All of the 4x4 models seem to creep in at just over the 3.5 tonne limit for driving on a car license though, with this one being the lightest and coming in at a maximum authorised mass of 3,880kg. That isn't to say it actually weighs that much, but it's allowed to, so if you don't have a C1 license you're out of luck.

The Sprinter is, in my humble opinion, the 'king of vans' though, so I dare say one of these would be worth taking another driving test for if you fancy the idea of being able to travel entirely self-sufficiently and off-grid for up to ten days, according to product manager 'Jens D.' at Hymer - and who are we to judge people who work at the company who build these lifted, live-in leviathans?!

With space for four to live in comfort and the power and reliability of the venerable Sprinter, if you're dreaming of an adventure to the middle of nowhere give the configurator on the hymer.com website a whirl. Make sure you're sitting down when the final cost of your dream build pops up on the screen though, just to be safe.

APPROXIMATE COST FROM £106,370



OUR HORIZONS

BOCKLET DAKAR U690

No selection of go-anywhere homes on wheels would be complete without at least one Unimog making the cut. Originally conceived for military and agricultural use, the good news for many is that a Unimog can be registered as a tractor and driven on a tractor license by anyone who might care to stroll into their local parish hall and hand over a few quid for a license. The bad news, however, is that if your 'Mog looks like the one pictured and is in fact not used as an alternative to a tractor, you'll need to have passed a heavy-goods test as this U690 camper tips the scales at just shy of ten tonne. What a machine though!

With all the fittings, fixtures and features of a small apartment as well as a 220 litre fresh water tank and 110 litres of grey water storage plus a roof-mounted spare tyre that not even an Icelandic strongman would look forward to fetching down, its frost-proof GRP box has 50mm of insulation sandwiched between its layers to keep the cabin temperature under control and a three-point mounting system allows the body to move relatively independently of the chassis to avoid damage when the going gets tough and the chassis starts to twist.

APPROXIMATE COST FROM 'IF YOU HAVE TO ASK...'



BOCKLET DAKAR 835

Weighing in at eighteen - yes, eighteen - tonnes and with a 5.8m by 2.4m main living area, if the Unimog above is equivalent to a small flat, this off-road motorhome based on an all-wheel-drive Arocs 4x4 chassis is more akin to a penthouse apartment owing to both its spacious interior and impressive height. Much like many a sought-after apartment it also comes with parking in the form of a garage that'll happily accommodate a motorbike inside the vehicle for added security plus an additional storage compartment for two bicycles.

Picture yourself deploying the electric, automatic staircase to enter or pushing the soft-touch drawers, settling down surrounded by teak furniture, visiting the vacuum toilet when the other kind of nature calls or preparing a meal on a 3-ring hob set within mineral stone counter-tops once inside and you're already half way to living life on the road in absolute luxury. Of course, there's diesel heating and air conditioning, a choice of gas or electric hot water systems, satellite TV, and a monster 500 litre fresh water tank plus 250 litres of grey and 200 litres of black water storage to complement the monster 500 litre diesel tank that'll enable you to roam far, far from civilization (and back to refill) for a considerable amount of time. Goodbye, daily grind - if you need me, I'll be uncontactable. Especially if you're calling from a credit card company.

APPROXIMATE COST FROM 'DISGUSTINGLY EXCESSIVE'



GO BIG

IF YOU'VE MADE IT THIS FAR INTO THE MAGAZINE WITHOUT REALISING THAT THE THEME IS 'EXPANDABLE' YOU'VE PROBABLY NOT BEEN PAYING ATTENTION, IN WHICH CASE THESE PAGES WILL LIKELY BE EQUALLY UNMEMORABLE, BUT IF YOU'VE ARRIVED HERE AND FEEL CONFUSED AT THE ECLECTIC ARRAY OF GADGETS WE'RE SHOWCASING, IT'S BECAUSE, WELL, IT'S ON-THEME!



ANALOGUE INSTRUMENT, DIGITAL SOUND?

If, when it comes to accordions, you have limited knowledge then fear not - you're not alone, because we were in the same situation before a bit of Googling*. What began as a joke grew (see what we did there) into the surprising discovery that digital accordions - like this Roland FR-1xb - exist. Yes, that's right. A digital accordion.

Compact enough to fit inside most aircraft overhead luggage bins for all of you aspiring buskers with international-scale dreams, battery powered and with over a dozen different accordion sounds available at your fingertips, there's also

a host of onboard manual percussion sounds too, activated by the bass and chord buttons. You can also upload new sounds using a USB flash drive to really bring your live performances together. What are you waiting for? There's a spot in a Parisian metro station with your name on it! Just remember to take your SumUp along with you... Nobody carries cash anymore.

As the only music shop in the island, Island Music are your best bet for all things accordion-related. Visit them at 72 Bath Street or visit their website islandmusic.co.uk

*Other search engines are available, we're just not sure what they're called so stick to what we know.



ONCE YOU POP...

...You should probably stop, before you become embroiled in litigation as the result of using a completely unrelated brand's tagline. On a more serious note though, when it comes to this month's *expandable* theme we felt that a popcorn machine is not only relevant, but also the perfect way to take your home movie nights to the next level. Sweet or savoury? It's up to you to argue it out with your family or mates, but what we can tell you is that it'll pop the perfect kernels in just three minutes and doesn't use any oil, so there's about as much mess as there is fat (none, until you start adding your toppings, of course)!

Available from Dunelm for £22.
Davina McCall lookalike available separately.

KEEP YOUR DRAWERS IN ORDER

It sounds simple, and we're all familiar with plastic cutlery inserts commonly available at your favourite DIY and homewares stores, but if you also happen to be familiar with the Joseph Joseph brand, you'll know that they're renowned for adding clever little details to items we take for granted. In this case, your knives, forks and spoons all have their own trays that overlap for a more effective use of space, and the outer trays slide in and out so that you can both adjust their size in relation to each other and make sure you fill the entire width of the drawer. No more losing teaspoons into the abyss...

Joseph Joseph products are available from Voisins.



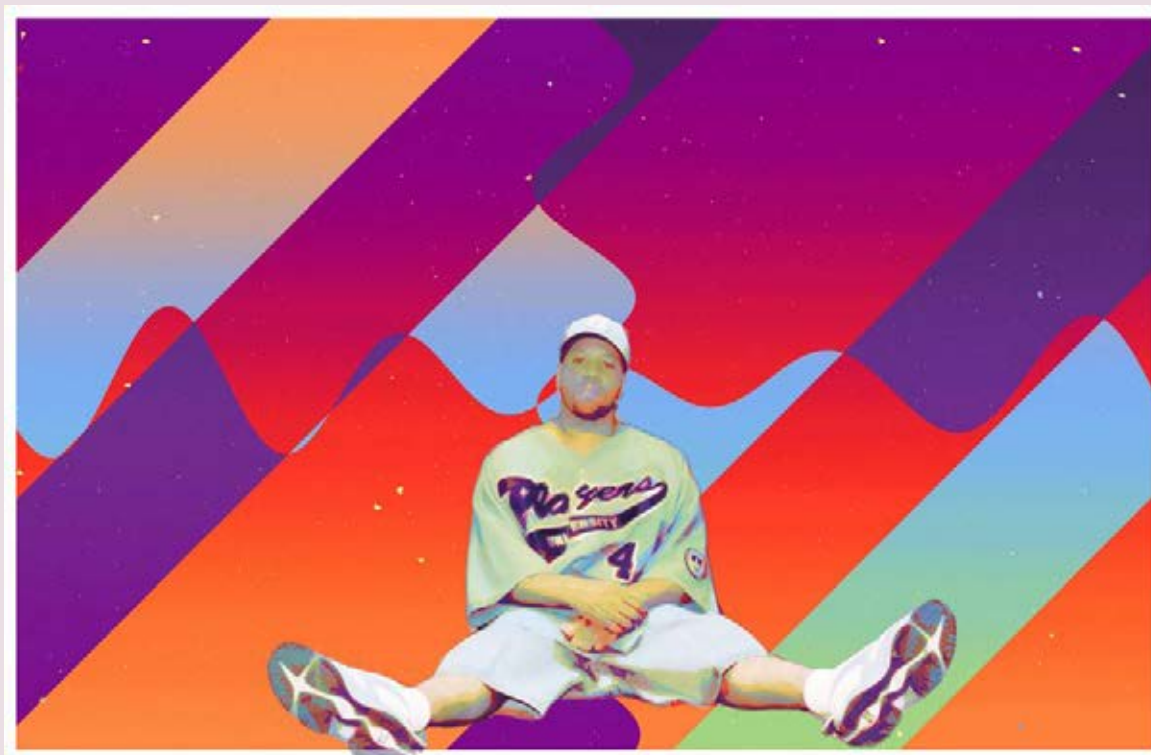
CHECK YOUR CALENDAR

No, it isn't the 1st April - this almost-too-absurd-to-be-true gadget will see your legs expanding while your wobbly bits contract while you work, assuming you either work from home or have a very easy-going office environment. Redefine what it means to have back-to-back Zooms as you pedal your way through your work day on this exercise bike masquerading as an office chair - people will never know! They might wonder why you're so sweaty or out of breath all the time though, or what the whirring noise it presumably makes as you clock up the miles without leaving your desk. There are plenty of great background noise suppression software products available these days though, so to hell with it - ditch the gym membership and get paid to achieve your fitness goals instead. Don't forget to add 'multitasking' to your CV when you're inevitably fired for looking like you're otherwise occupied by something inappropriate during video calls though.

The Flexispot Sit2Go costs £299.99 from flexispot.co.uk

EXPANDABLE Conversation starter

Things expand when heated and contract when chilled. This is because the average kinetic energy of particles increases, and the increase in motion increases the average distance between its atoms.



AN ASSAULT ON HAVANA

DJ Lucozade Presents... began on the August Bank Holiday with their event 'Boats & Yeos'. An up-and-coming Belfast DJ fronted the odyssey with some high-octane techno. The Yeos followed. The event got a great reception, with fantastic crowd and an electric atmosphere. Ordinarily water and electricity tend not to mix but this event was an exception.

For the next series the team wanted to push the boat out further with the booking of a well-respected DJ. After some deliberation, who better than renowned Detroit veteran *DJ Assault*; a pioneer of booty bass, blending hip hop, electro and techno. His most famous record "Sex on the Beach" has amassed over 8 million listens online. His sound, coupled with the live vocal element, has made him a staple across the underground music scene for 25 years.

Craig Diamonds (DJ Assault) has played amongst well-respected DJs in the scene including; Hector Oaks, DJ Gigola, MCR-T and Ceephax Acid Crew. Assault has had recent outings. *Boiler Room NYC*, *Else* (Berlin), *Fabric* (London) and Rotterdam's *Perron*. Jersey is a place that hasn't seen the likeness of DJ Assault and maybe he hasn't seen the like of Jersey! As the organiser tells us; "The scene over here is really strong at the moment and there are many young locals putting on great events and making a name

for themselves on the island. The only problem I find is that festivals are usually the only time established DJs play over here and standalone events with a big headlining name are few and far between". *DJ Lucozade Presents...* is a chance for them to 'go against the grain of what's offered' and create a unique party experience.

The team are going to be fitting Havana with the latest sound system to ensure the event is sonically optimal. Supporting DJ Assault will be local duo, *2XONE* who will shell out some of their usual hard hitting electro and *DJ YT* who will be back due to the success of his Jersey debut for the Boats & Yeos party. "We are really excited to be putting on this event and hope that people here can appreciate how lucky we are to have such a world renowned performer coming the island".

There will be a pre-party at Krafty J's on the night showcasing some of the finest talent in Jersey's electronic music scene. We were there for the one at the start of October and, whilst it's a compact venue, the doors were certainly blown off.

@dj.lucozade

Tickets are out now and available at [ticketboojersey.com](https://www.ticketboojersey.com)

DJ ASSAULT, DJ YT, DJ LUCOZADE, 2XONE
16 DECEMBER 2022
HAVANA
22:00-02:00



THE NIGHT OF THE LIVING BEARPIG

What's the best way to celebrate 40 years on this world...? For a friend of ours, the perfect solution was to throw a night at the Watersplash and invite everyone and anyone to 'Jump around to stupidly good music'. The good times at Good Vibrations reminded us that whether you're in your teens, 20s, 30s or 40s, the riffs of some punkpop or deep vibrations of drum&bass in a dark, sweaty room on the beachfront at St Ouen is something you can't really match. I've been fortunate enough to visit some of the world's best clubs and there really is nothing like a good 'splash night'.

Whether you're the present 'splash generation' or it's been a few decades since you spent every weekend in the pit, getting covered in Breda, sweat and a whole lot more, this is a night for you. The sprint from the coach to the entrance so you didn't have to queue for 45 minutes in the howling wind of St Ouen? Walking in and knowing everyone but not their names? Ramming yourself onto the coach and making future friends chatting nonsense as you're thrown one side to the other on the way back to town? It's something you hold dear. Or maybe you're young enough to have missed the core of the dirty splash night days and want to experience it for the first time...

The night is free. Yes, free. Robbie is fronting all the costs for the soundsystem, bands and coaches to make the night as much like his best nights of old as possible. He's invited his friends but he wants it as rammed as a splash night should be, filled to the brim with likeminded people, so you're all invited. The line-up of bands is set, with local favourites 88 Bunkface, Howl and The Dropheads setting the mood for the evening with DJ's to boot. So, if you fancy a solid night out in your November schedule that's a little out of the ordinary, get your name down. The more people that book tickets, the more of the splash they can open up, so tell your friends and get that vital coach seat locked down!

TICKETS WILL BE FREE, COACHES TO & FROM TOWN WILL BE FREE BUT, TO GAUGE NUMBERS, YOU'LL NEED TO GET A TICKET ON EVENTBRITE. ONCE IT'S FULL, IT'S FULL.

VISIT BEARPIG.COM TO GET YOURS. THEY'RE FILLING UP FAST.

THE BANDS



88 BUNKFACE

What started as a pandemic passion-project has developed into one of Jersey's most active and exciting live bands. 88 Bunkface are here to deliver the alternative sounds of millennial youth to local stages and beyond, covering everything your 90s/00s teenager self pirated from Napster or watched on KerrangTV.



HOWL

HOWL are made up of Nick Caunce (guitar / vocals), Chris Mousdale (bass / keys) and Justin Vooles (drums) they are known for their raw, riff driven rock. Taking inspiration from the likes of Queens of the Stone Age, Royal Blood and Tigercub - their live shows are loud, energetic and impressively powerful, for a three piece.



THE DROPHEADS

An eclectic mix of delinquents playing an equally eclectic mix of tunes. Guitar driven filth sprinkled with an air of spacey keys backed by hefty drum rhythms, eloquent bass lines and smoke stained vocals. Taking inspiration, and direct songs, from Sticky Fingers, Ocean Alley, Fleetwood Mac, The War on Drugs and just about everything else. Get involved.



**SKA
EMO
PUNK
ROCK
METAL**



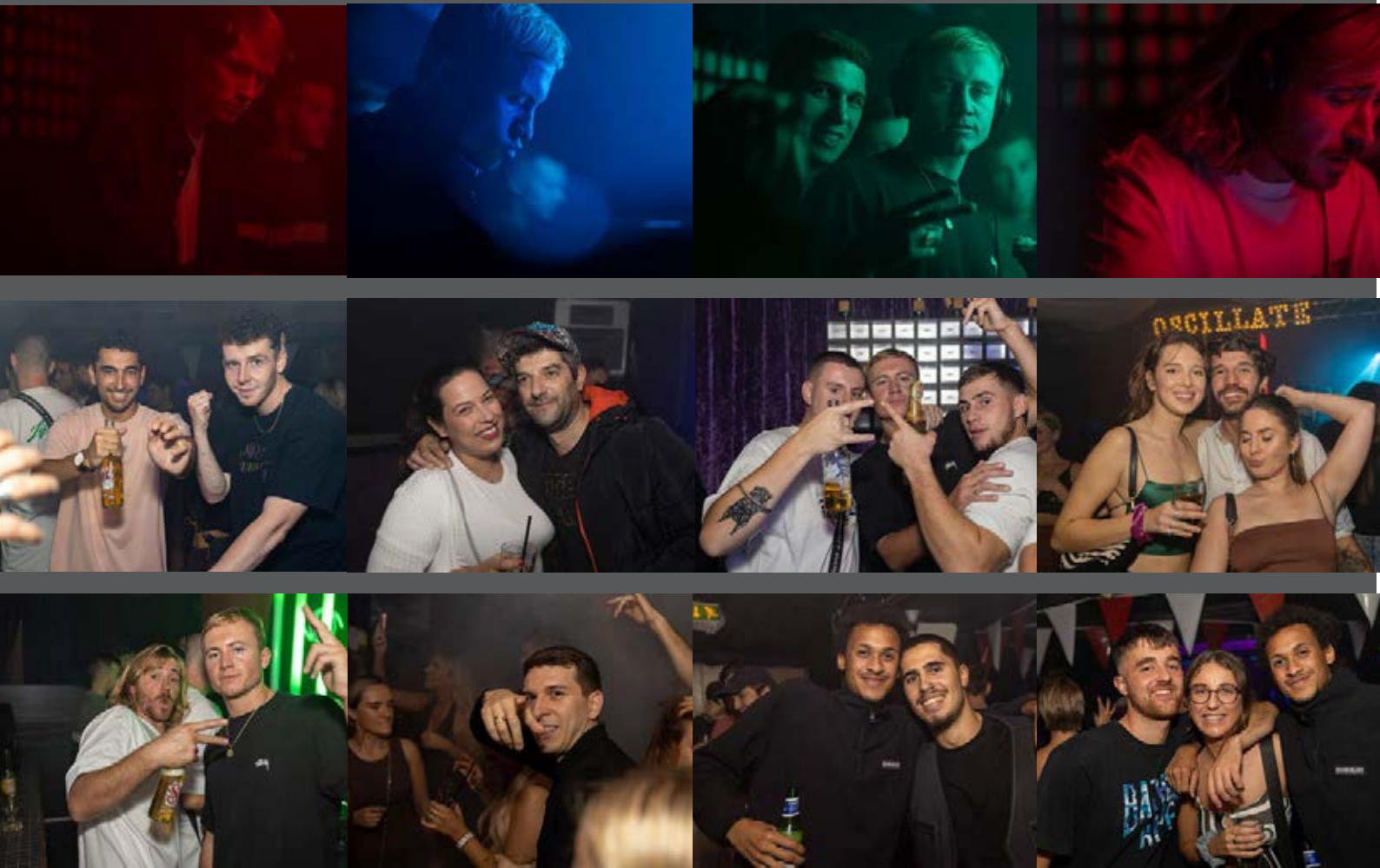
FREE

**FREE ENTRY
& COACHES**

NIGHT OF THE BEARPIG
WATERSPLASH
TICKETS : BEARPIG.COM

12 NOV
10PM-2AM

88 BUNKFACE / HOWL / THE DROPHEADS



ARL GALLIE

PHOTOGRAPHY & VIDEOGRAPHY





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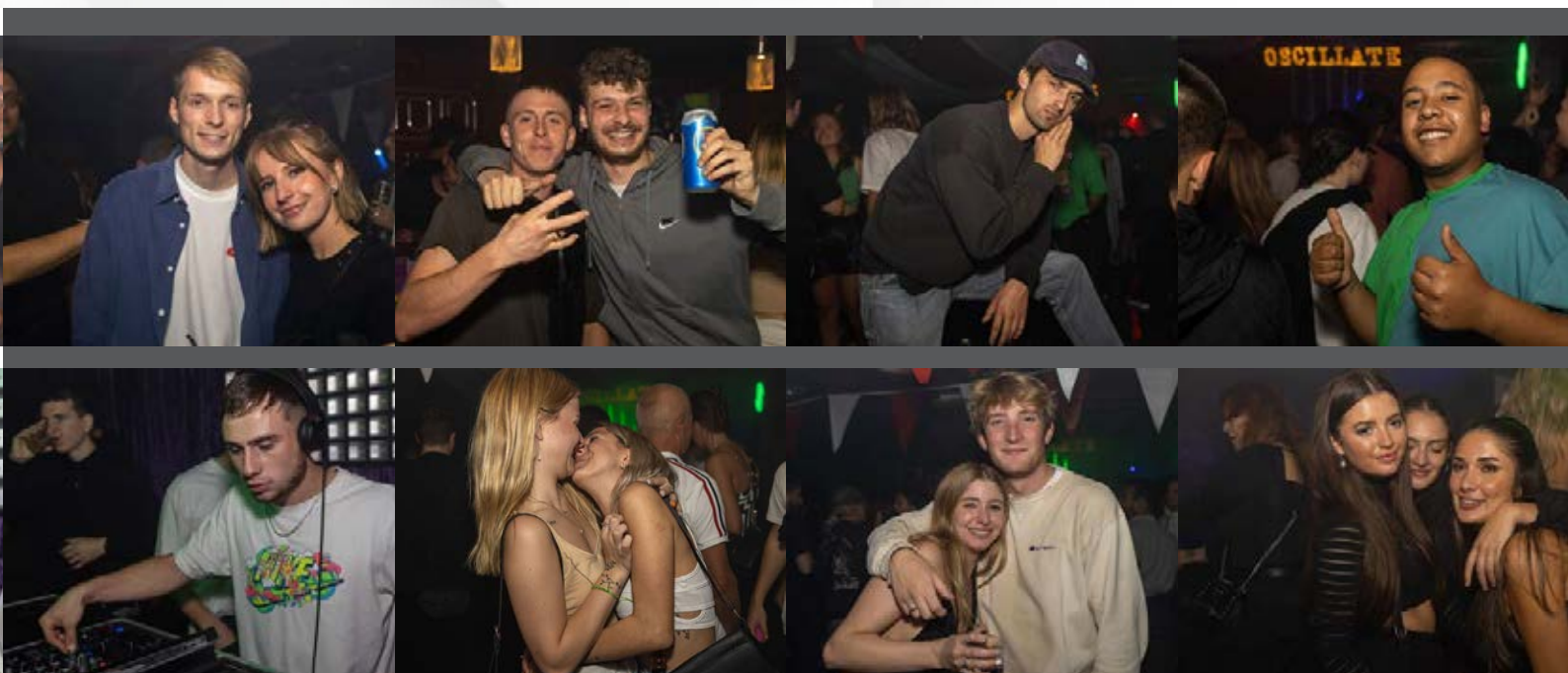


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Living with a Nut Allergy

✍ Words: Sky Phillip

“ I have been living with a severe anaphylactic nut and sesame seed allergy for 12 years; over half my lifetime. It has been a challenging and difficult path, one that I would not wish on anyone.

According to The Journal of Allergy and Clinical Immunology Food, food allergies now affect 3-6% of children in the developed world. Legislation is coming into force all over the world to help protect those who suffer from these food allergies, so is it now time that Jersey steps up to the mark? In 2021 Natasha's Law was introduced in the UK, which requires all food retailers to display full ingredients and allergen information on labels of every food item that is assembled on the premises and on pre-packed food for direct sale. This law was introduced after Natasha Ednan-Laperouse tragically lost her life in 2017 after she suffered from an allergic reaction after eating a baguette from Pret a Manger that contained sesame seeds which had not been advertised on the label.

Having had two serious allergic reactions that have both ended up with me in hospital my heart breaks for her, knowing the fear and terror that she would have experienced in those final moments. Living with an allergy in any form is hard. It affects every single day of a person's life and there is not a day that passes without thinking about it. It requires you to constantly be preparing and thinking ahead, preparing your own food, triple-checking food labels, and fussing over whether you simply have an itchy throat or you have mistakenly eaten something you are allergic to.

Eating food that you haven't prepared yourself begins to feel like a game of Russian Roulette. Simple things such as going out for a coffee with a friend end up with meticulously watching the barista to ensure the correct milk has been put into your coffee, creating what should be an enjoyable experience into something incredibly stressful. I know people say 'Don't eat out at restaurants then', which many

with food allergies do, but there are numerous situations in which it is unavoidable; Birthdays, Leaving-dos, Wedding Anniversaries, and Christmas Celebrations, many of which centre around food. It seems cruel that many are isolated from these events or do attend whilst suffering with an enormous amount of anxiety when there are procedures that can easily be put in place to relieve some of these fears.

Trying to describe an allergy attack is difficult for those who have never suffered one, but it feels like you are drowning slowly in your own body. Every breath you take makes it increasingly difficult to breathe. Panic then begins to set in as you realise there is nothing that you can do to take control of the situation apart from administering an Epi-Pen and getting to a hospital as fast as possible. Restaurants

Eating food that you haven't prepared yourself begins to feel like a game of Russian Roulette. Simple things such as going out for a coffee with a friend end up with meticulously watching the barista to ensure the correct milk has been put into your coffee

in Jersey are taking steps to ensure that their dining experience is as safe as possible for individuals who suffer from allergies. I approached many for comment for this article but only really managed to get a response from TGI Fridays. They have various stages of preparation, beginning with an automated system that filters out the meals that contain the customer's allergy. The manager comes and takes their order to the kitchen, which is then prepared in a designated allergy preparation station. The order is topped with a stick to notify everyone in the kitchen that this is a dish with allergy requirements. This is an ideal example of a restaurant catering to the dietary requirements of all its customers, but this level of preparation is needed in restaurants across the island. I hope that in the near future the Government of Jersey will come inline with the rest of the UK and make the protection of those with food allergies mandatory.

”

References

Rona RJ, Keil T, Summers C, Gislason D, Zuidmeer L, Sodergren E, et al. The prevalence of food allergy: a meta-analysis. The Journal of Allergy and Clinical Immunology, 2007

EXPANDABLE Conversation starter
During low tide, the topographical area of Jersey expands to nearly twice its size.



AMALA

— AESTHETICS —

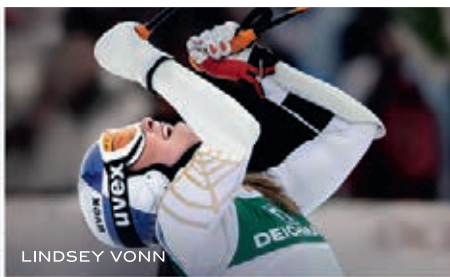


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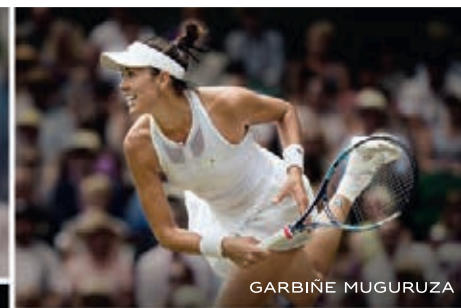




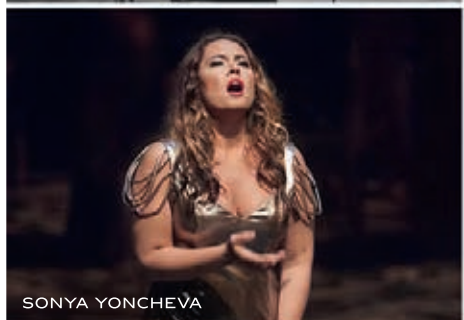
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LINDSEY VONN



GARBIÑE MUGURUZA



SONYA YONCHEVA



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