gallery #180

GALLERY

/ LIFE & STYLE IN JERSEY





Highcliff, St. John £POA NEW!

A stunning restoration and refurbishment of Highcliff in St. John has transformed this traditional granite country estate, stables & paddocks into a striking and characterful family home with magnificent infinity sea views across 15 acres of land above Bonne Nuit Bay on the North coast of Jersey. Whilst trying to be acutely respectful to the original building, this complete refurbishment has produced a stunning and traditional, yet also strikingly modern in execution and finish. The former garage has been converted into a luxurious two-bedroom en-suite guest cottage for the possibility of multi-generational living whilst also offering fabulous detached home office accommodation if so desired. A boundary pushing refurbishment set on a magical spot with a vista across undulating coastal landscape with the DiCasa hallmark of luxury and highly deserving of closer inspection.



Cedar Valley, St. Martin £POA NEW!

Set by the coast of St. Martin, not far from Rozel, Cedar Valley is secluded and very private - offering that rare combination of a coastal retreat but within seven acres of trees and forestry. Upon passing the slipway into the sea (which is owned by the property) you are met with a sweeping driveway. Being but a stone's throw from the ocean is a remarkable feature for this estate. The property provides stunning, multi-generational accommodation within the main house, a two bedroom guest house and stand-alone gym/home office. The DiCasa designers are masters in their craft for developing the perfect turn-key property, leaving nothing to chance. Their anticipation of their client base is impressive, meeting the needs of the high net worth clientele who very often, simply want to arrive at their new home with just suitcases and personal effects. Truly fabulous!







Le Pont Farm, St. John £POA NEW!

Located in the heart of St. John, the sustainable refurbishment of Le Pont Farm is on par with a first-class new build, a luxury residence of exclusivity with a greener living mission. Some 6,219 sq.ft of luxurious living space across what could be described as a rural enclave - with eight en-suite bedrooms in total - perfect for two or three generational family living. This distinctive period granite farmhouse is located in the much sought-after parish of St. John in Jersey. Situated in the middle of the island, Jersey's beaches and the main town of St. Helier are easily accessible making this country retreat a prime spot in local real estate. A magnificent jewel box of muted elegant nude colours, grand enough to impress, but comfortable enough to relax in. An ultimate multi-generational estate with incredible space for guests and family.



Veslet Lodge, St. Lawrence £POA NEW!

Veslet Lodge is a welcoming and beautifully proportioned family home - perfectly positioned in the heart of the St. Lawrence countryside.

The restoration and refurbishment of this granite stone beauty has delivered a space of beauty and integrity.

The DiCasa designers have turned their artistic hand to every inch of this 5 bedroom turn-key home. The beauty of a DiCasa turn-key property is that they have a natural ability to create a comfortable, homely abode, with warm colour palettes that maximise space and ceilings. The property features a luxurious pool and spa complex, an expansive garden and lake, complete with boat house and separate guest accommodation.

Veslet Lodge is a property that needs to be seen to be truly appreciated and is quite simply a magnificent Jersey home.





EDITO

Chasing Rainbows

A friend of mine describes 'living the dream' as simply having 'wifi, a latte and a rollie'. The first time we witnessed his enjoyment of this trinity of satisfaction, the expression became a mantra - to be used at any point where you've achieved a sense of Zen, no matter how big or small.

Having a goal to work towards or a dream to pursue is part of what makes us human. It doesn't have to be MLK-worthy, just something that gets you up in the morning and gives you a sense that you're not just wasting air. Whether it's artistic fulfilment, business and financial success or the feeling that you're helping your fellow man (or woman), this month we meet a variety of people who are in pursuit of a goal in one form or another, each seeking their own state of 'living the dream'.

Being part of Jersey's biggest ever art exhibition would certainly be a worthy achievement for a local artist. Later this month, Skipton Big Ideas will open to the public in St Helier's Town Church, displaying the creative pursuits of thirty artists and twenty large-scale pieces of work. The faces of those that grouped together to present this project (pg. 30) certainly show how art can be a path to satisfaction. Be sure to go and check it out; it's free to get in.

We also meet the team at Jersey Recovery college (pg.50), individuals who get their satisfaction from helping those with mental health issues find a path to clarity. Given the last 18 months, the ability to relax and maintain a focused and clear mind has certainly not been a given, and it's good to know there are people there to help.

If achieving a Gordon Gecko level of success is on your life-goal list, our wealth feature in this month's agenda section is the one for you (pg.92). We also meet a man who has turned his own personal success into a pursuit of good, developing an app that is both a great business idea and helps victims of domestic abuse.

Whether it's creative output, spiritual clarity or a triple-deck yacht, whatever you're in pursuit of, crack on. Grab a coffee, scroll for some inspiration and you're almost there.

BD

GALLERY

/ LIFE & STYLE IN JERSEY

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Recycle

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this in a green font. It's not made out of leaves, honest.

gallery

#180

THE **PURSUIT** EDITION



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Danny Evans
Model Tania
Jewellery Rosie Lee

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SING TO US

With landline phones an endangered species in these times of home working, if it rings off, please email us. This seems to frustrate some people but...well. That's just how it is!

*our answerphone was on the blink, thanks to the person that pointed that out!

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#180 HIGHLIGHTS









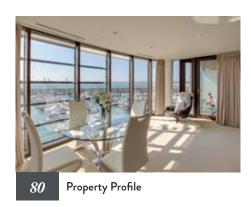
















GALLERY LIFE & STYLE IN JERSEY

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FEATURES

Funktion Folks

them tick.

Cool Beans The stories of two locals who found themselves in unexpected places when lockdown first occurred but set their sights on using their skill set to the fullest. 30 Sobertober Not being off your face is all the rage. Jersey's ambassador of sobriety, Jo Ferbrache, checks out some of the local osber gangs and theur recommended drinks. Skipton Big Ideas It's almost time for Jersey's biggest art show. Meet some of the artists and learn more. The Road to Recovery 54 We meet the staff of Jersey Recovery College and talk post-pandemic routes to positive mental health. Agenda: Wealth 91 Richard Griffiths of Nedbank gives advice on investment strategy and we meet two young entrepreneurs both launching new businesses in two different spaces.

We meet the trainers at one of St Helier's newest gyms and get under the skin of what makes



WWW.GALLERY.JE @GALLERYMAGAZINE

Words, pictures and ideas this month courtesy of...



DANNY EVANS

Danny's fashion shoot this month takes this season's key colour and goes hard. A beautiful, ethereal ode to the colour green. Pg. 56



RUSS ATKINSON

Russ takes us for a test drive in a car that's been pursuing the perfect mix of old and new for 70 years, the Morgan, now with added BMW power, which Russ is always keen on. Pg. 110



ALEX MALLINSON

Alex spoke to the staff at Jersey Recovery college about what keeps them level-headed and able to focus on thier calling to help others. Pg. 50.



TRACIO'DEA

The lastest in culture, including an interview with Glen Perotte about his new exhibiton and body of work, come courtesy of Traci's fair pen (keyboard) this month. Pg. 48



KASIA GUZIK

Kasia teamed up with Oliver Doran to submit a 'Bold and Daring' fashion shoot (pg.64) and also got out on the streets to stalk some of your unique style. Pg. 122



LUCY SANDERSON

Illustrators, MCs and even junior prospective parlimentarians. Lucy met a cross-section of folks and told their stories for this edition. Pg. 16



SABI APATI

We worked Sabi hard this month as the events section expands to meet our newfound joy of being able to get out there and see people again. Pg. 16



The rundown.

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Russ Atkinson Sarah Cilliers Jo Ferbrache Kasia Guzik Alex Mallinson Traci O'Dea **Lucy Sanderson**

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Cameron Aird **Danny Evans** Sabi Apati Oliver Doran Kasia Guzik Stacey Harvey Britta Houiellebecq Elise Kleis

CONTRIBUTE **CREATORS WANTED**

Got a blog? fancy writing in something that gets into print too? We're always looking for contributions from people that are passionate about subject matter close to their hearts. Become a contributor and get paid for your content.

FEATURE WE PROFILE ISLANDERS

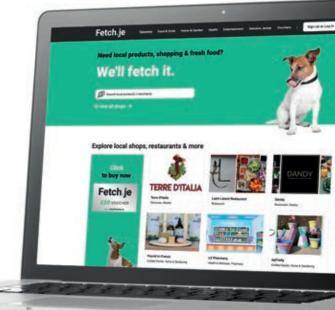
If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up, a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything captivating that will be of interest to the 25,000 or so people that flick through a Gallery each month.



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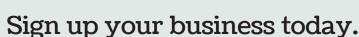
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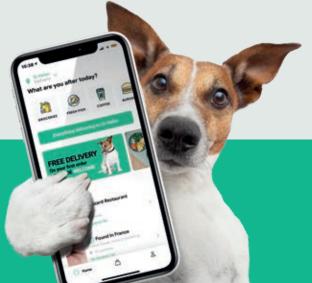
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Oliver

Species: A wannabe golf pro & cricket

Age: 9

Distinguishing features: A scar over his left eye where he had fight with a wall when

Special skills: Annoying his sister.

Pet hates: Maths!!

Favourite thing about dog: She always

makes him laugh.

Eleanor

Species: Bossy, fun loving, animal enthusiast.

Distinguishing features: An infectious

Special skills: Dancing, acting and being especially untidy.

Pet hates: Her mum asking her to look after her dog! Or actually just asking her to do anything.

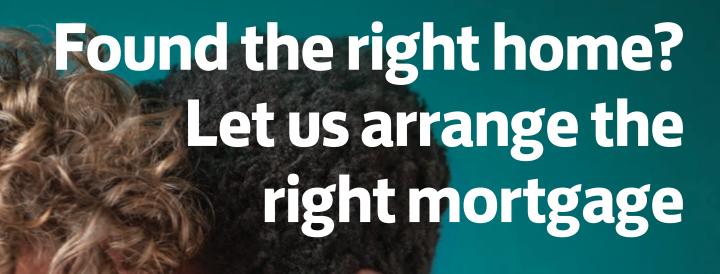
Favourite thing about Coco: Cuddling her at night on her bed.

Species: A miniature Labradoodle

Distinguishing features: A ginger moustache and a very wiggly bottom! Special skills: Rattling the washing basket to get our attention - usually because she wants a chew stick.

Pet hates: Dog food / not being human / anyone getting attention from her dad. Favourite thing about Eleanor and Oliver: Sharing their food, especially ice cream, cake and cheese!!

> editorial@gallery.je and maybe we'll feature you in



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What's On

this edition

If you have people coming to stay or you're hosting Airbnbers, make sure you grab them a copy of What's On from our transit hubs or Visit Jersey at the Liberty Bus station to give them to keep during visits to Jersey. What's On is packed with local information and fresh features each season. Look out for the Autumn/Winter 2021 edition now. If you're a business that wants to attract island visitors, get in touch about being included in What's On, the guide picked up by visitors. Email WHATSON@

FACTORY.JE



■ 03-28 OCTOBER ● £15.00-£20.00 s with Randalls

Feast 4 Less is back this October! From 03 to 28 October, Randalls offers their famous Feast 4 Less menus at 13 of their outlets across the island. Available from Sunday to Thursday for lunch and dinner. Randalls restaurants are offering two courses for £15 or three courses for £17.50*.

Island-wide



■ UNTIL 28 OCTOBER ● 10:30-12:30

FREE guided walks around the beautiful parish of St. Helier. Each week a different experienced guide will take walkers around the town to explore a different aspect. Walks will begin and end at the Town Hall and will run from 10.30am for approximately two hours.

St. Helier Town Hall, St. Helier

+44 (0) 7797 780868



☐ 16-17 OCTOBER ⑤ 10:00-17:00. £9.60-£6.25

Join us for music, cider and sausages, Jersey Wonders, dancing and fun activities for children all in the beautiful surroundings of Hamptonne Country Life Museum. Everyone's favourite autumnal event is back this year on a slightly smaller scale. La Rue de la Patente, St. Lawrence

+44 (0) 1534 633300 info



■ 17 OCTOBER ① 08:00-15:00. £35.00-True Grit Wetwheels Challenge

The True Grit Wetwheels Challenge is a 4.3km running race with a difference. The challenging course is set in a unique and stunning location, taking runners on a challenging adventure through the Ronez Quarry site on Jersey's rugged North coast. St. John

+44 (0) 1534 505926 enquiries@3d-events.co.uk



■ 21 OCTOBER ① 20:00-21:00. £10.20-£18.00 Tavaziva Dance: Boy's Khaya

Tavaziva Dance return to Jersey Arts Centre with their new production 'Boy's Khaya', an immensely beautiful piece using motion-capture technology and cutting-edge digital design that evokes powerful emotions about the human experience.

Phillips Street, St. Helier

+44 (0) 1534 700444 enquiries@artscentre.ie



5. 05-07 NOVEMBER (9.10:00-19:00. Healthy Living Festival

Annual event promoting everything that is great about health and beauty, fitness and lifestyle, body and nutrition, sports and fashion and environmental products and services. Over 40 exhibitors will display their diverse range of 'well-being' products and services, including essential oils, holistic therapies, cryotherapy and skincare.

@ Radisson Blu, St. Helier

+44 (0) 7797 718719 ian@barnespublishing.com



23 OCTOBER-07 NOVEMBER ① Various

BRILLIANCE Festival

The jewellers of Jersey have teamed up to create a two-week festival of events to celebrate the skills in the industry in Jersey. Masterclasses, meet-the-maker events and activities for anyone interested in iewellery and watches. Treat yourself to an experience and something sparkly ahead of the festive season! Island-wide www.brilliance.je



■ 30 OCTOBER ● 10:00-17:00

Halloween at The Trading Point

Join us for some Halloween treats and surprises at The Trading Point. The courtyard will be adorned with pumpkins and hay bales with lots of fun activities for the kids while the adults are shopping. Refreshments will be available all day and parking is easy and free.

Alexandra House, Carrefour Selous, St. Lawrence



■ 06 NOVEMBER ● 14:15. £15.00

Jersey Reds vs Hartpury University

Head to St. Peter to support our Jersey Reds as they host an action-packed afternoon of rugby. The Reds now play in the Greene King IPA Championship, the second tier of English Rugby. The Barclays Pavilion Bar adjacent to the Clubhouse will be open to all supporters from 12 noon, offering a full bar and

Rue des Landes, St. Peter

+44 (0) 1534 499929 enquiries@jerseyreds.je



Printing Workshops with Luddite Press

Join us in the 'People! Power! Protest!' exhibition gallery for a printing workshop hosted by the Luddite Press. Be inspired by the revolutionary posters of the past to create your own poster using traditional printing techniques.

The Weighbridge, St. Helier

+44 (0) 1534 633300 info@jerseyheritage.org



☐ 07 NOVEMBER (11:00-14:30. £12.50

The Cool Science Show

Witness the amazing 'magic' of science with spectacular tricks and experiments performed by award-winning UK act Sublime Science. Expect to see bubbles, smoke and gravity-defying stunts, as well as the chance for children to make and take home homemade slime.

Phillips Street, St. Helier

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£35.00-£59.00

Winter Domes at Grand Jersey

Our amazing arctic experience is back and returning bigger & better as The Terrace at Grand Jersey is transformed into a magical drinking & dining destination from 5th November. Perfect for celebrations or catching up, our Winter Wonder Grand adds style to any occasion.

Grand Jersey Hotel & Spa, St. Helier

+44 (0) 1534 722301 grandjersey@handpicked.co.uk















VIP HOSPITALITY FOR SUPER LEAGUE TRIATHLON

Radisson Blu Waterfront 18th September

Super League Triathlon headed back to Jersey, the spiritual home of the Championship Series, for the fourth time this September as Jersey welcomed back the best athletes in the sport. The team at Super League and staff at the Radisson delivered a day of first-class

entertainment for 250 guests, with outstanding views from the terrace of two action-packed races, including a thrilling sprint finish between Olympic gold medalists, Alex Yee and Jonny Brownlee.













BUTTERFIELD MORTGAGE LAUNCH

Sirocco, Royal Yacht Hotel 2nd September

Butterfield was thrilled to host the launch of its new Channel Islands Mortgage products last month. The launch, which took place on 2 September at the Royal Yacht, was one of the first corporate events following the relaxation of restrictions on the island. Butterfield's mortgage products have been designed with the Channel Islands' professional community in mind and offer a variety of options to suit

your financial situations and lifestyle. With an on-island lending team, decisions are made locally and quickly, with expertise on hand from advisers who know the Channel Island property market. It was great to finally celebrate Butterfield's hard work in managing a seamless introduction of its mortgages, which will no doubt make a difference for many islanders looking for their dream home.













VINTAGE CAR DISPLAY AT GOVERNMENT HOUSE

Government House
25th September

A fantastic collection of vintage cars from the dawn of motoring from the early 20th century to 1950, together with some recent supercars, were displayed in the grounds of Government House this summer in a fundraising day organised by the Jersey Old Motor Club in

conjunction with the Jersey Child Care Trust. Entertainment for all the family included Bouncy Castles, DMGA Gymnastic Group, A Ukulele Band, Lindy Hop, Hot Bananas, JD Dance and The Bubble man! Look out for this family-friendly motoring event next year!













JERSEY'S GREATEST COFFEE MORNING

Across the island
26th September

Macmillan Cancer support Jersey held their second Annual Get Together for Good week in September, culminating in their famous Jersey's Greatest Coffee Morning. With funds raised going towards providing emotional, practical and wellbeing support to anyone affected by cancer in Jersey – the team at Macmillan Jersey were supported by corporates and individuals alike across the island Getting Together for Good. Here are just some of the people helping islanders this year. The event is supported by JT. You can still make a donation to the charity by heading to their website at www.macmillanjersey.com/donate/

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The Yard at Jersey Museum 10th September

PROSPERITY DAY

This great day raised a current total of £12,968.20 with more donations coming in for their chosen charities, Dementia Jersey & Macmillan Jersey. CEO Chris Clark commented "Prosperity 24/7 would like to say thank you to everyone who participated in this year's Prosperity Day. Congratulations to the top 3 teams which made

it onto our Podium finish. Points were awarded based on both race performance on the day, together with fundraising performance. A magnificent well done to Ogier for taking the top spot, followed by Islands Insurance then JTC Group in 3rd."













DRAGONBOAT FESTIVAL

The Albert Pier. 18th September

Since 1997, thousands of people in Jersey have raced dragon boats and raised more than £700,000 for Jersey Hospice Care. September saw the usual day of revelry as teams of corporates and friends alike donned costumes and got paddling in aid of a worthy cause. This year saw 30 boats turn out in teams of sixteen

pit their strength and skill against a bunch of similarly experienced oarsmen. The usual party atmosphere was in evidence as people ate Powerbars and drank water to get their courage, as usual. Don't forget to start picking your team for 2022!











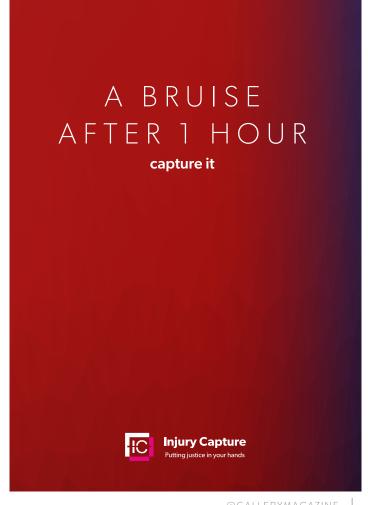


IOD JERSEY AWARDS 2021

The Royal Yacht 17th September

It's great to see large scale events returning to the calender. The black and white dress code extended to the dancefloor for the Institute of Director's annual Director of the Year Awards. recognition was given to, among others, Rebecca Sherrington, the Head of Vaccination Programme for Government of Jersey who was awarded Director of the Year - Public Sector. The event was supported by gold sponsor, Appleby, and silver sponsors, Quilter Cheviot and Jersey Post, and hosted by impressionist and comedian, Rory Bremner who was on-point with his local comedic reference and Boris/Trump impersonations.





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Private and Public Gallery 17th September

GEOMETRICA PRIVATE VIEW

The lure of a Friday evening, some modern art and a few drinks succeeding in whetting the appetite for a good number of islanders as Geometrica, an exhibition of modern and contemporary paintings, sculpture, prints and ceramics by Bridget Riley and artists from Op-Art movement of the 1960's and 70's opened last month. The exhibition will also showcase new works by three outstanding female contemporary artists who have all been influenced by the Op-Art, Minimalism and Dansaekhwa art movements.













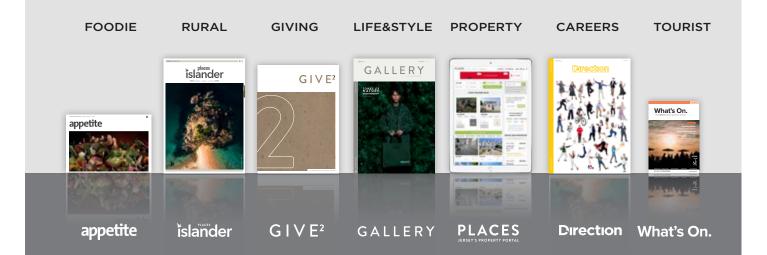
GLEN PEROTTE'S 'REMNANTS OF LIFE' OPEN VIEW

CCA International
29th September

Glen Perotte's latest exhibition is a bold contrast to his 2020 work. The larger-than-life heads have been replaced with macro images of vegitation. The eye-consuming photographs in Remnants of Life are comprised of still-life collages of natural objects—urban wildflowers,

flawed mushrooms, lichen-covered twigs and dead leaves—that Glen collected near his home in St Helier. The open view saw the crowds taken with the images while being taken with a glass or two of CCA's finest.

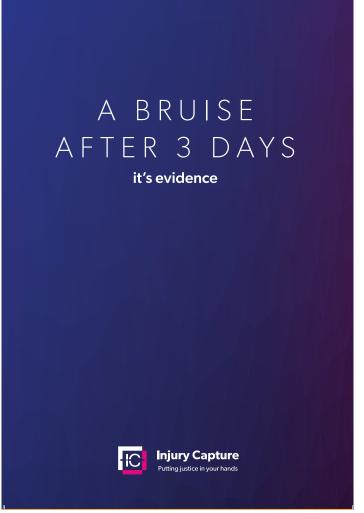
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COL BEANS!

This edition's COOL BEANS is a little bit different... We are celebrating two very different artists; one creative young queen is at the start of her pursuit and the other (who is literally a Bean!), has just hung up his mic to pursue other things. So, without further ado, please give it up for Bean Le Bouc and Olivia Garcia... Cool and very creative pair of beans indeed!



Introducing one of Jersey's favourite MCs an all round lovely fella, Bean (Matt) Le Bouc aka B-EAZY. Known for being the nicest dude on the circuit, he has played pretty much everywhere over the course of the past 21 years and is just about ready to move on to work with other people who are seeking to blow up on the scene.

B-EAZY first started out in the year 2000, making a mixtape and putting his work out there for others to listen (always the most trepidatious time for any emerging artist). Having honed his craft listening to 2Pac, Eminem, Notorious B.I.G, Nas, Westside Gunn, Outkast and MF DOOM (amongst a long list). B-EAZY started to hit live events and his love for talking directly to an audience was borne.

"If I had to highlight three stand-out moments, they would definitely be performing at Jersey Live 2012 with Lloyd Luther (then known as U.G), attending the 2013 BBC Introducing Masterclass at Maida Vale Studios and performing there for Charlie Sloth's 'Live MC Session'. Lastly reaching #1 on 3 Bandcamp bestseller album charts with my final album 'FLOWERS'..."

With a new outlook and fresh focus on others' work, B-EAZY is set to help younger local musicians achieve their dreams. Talking about who's making noise, Matt's blown away by the level of talent over here; Verse 1, Kinz, J Prince, Rebound, The Tarantulips, Samuel Walwyn and Michael Donoghue to name a few.

"I'll still be heavily involved in music but just from behind the scenes. I'll be producing an online radio mix show for Birminghambased record label Bout Dat Music Group and providing content for outlets such as Hiphop4breakfast, Sunken Sounds and Bout Dat Online and much, much, more. If you do fancy a listen, you can stream and purchase my final album 'FLOWERS' from the United Elementz Bandcamp page as well as other projects, not just from me, but other amazing Hip-Hop artists from the island."

So, that's a wrap for now, but B-EAZY... Thank you for the music! \mathbf{x}

A BRUISE AFTER 4 DAYS not too late Injury Capture Putting justice in your hands

CONVERSATION STARTERS: **PURSUIT**In August 2021, American cyclist Ashton Lambie became the first rider to break four minutes in the 4,000-meter individual pursuit, despite his non-aerodynamic moustache.



V) Livía Jarcia



Olivia caught our eye a while back during a scroll through Instagram, where her work lights up the screen. Olivia is currently based in Bournemouth and chatted to us about her upcoming pursuit, where it all stems from and how happy she is that she's embarked on a journey that follows her passion.

"I won't lie, I have always loved cartoons, from Saturday morning Tom & Jerry as a kid to Rick & Morty and Studio Ghibli in the present. But it was never something I felt I could ever pursue. Like most young people in Jersey, I thought finance/academics was my path.

"Although my love for drawing and anime is what you'd assume has led me down the path of animation, it was actually my pursuit of philosophy and psychology that motivated me. I've always been a big reader and aside from animation, reading philosophy and psychology is one of my biggest interests. The complexities and possibilities of human nature intrigue me. Maybe this is why I am so drawn to animation; creatively, it opens a whole world of possibilities - 'animation can explain whatever the mind of man can conceive' (Walt Disney). With Philosophy, I am drawn to concepts of non-duality, fluidity and disregarding



gender norms; animation blurs those lines as well. I believe animation will help me in dismantling prejudices and present different philosophical concepts in coherent ways. And hopefully I'll be able to making people smile at the same time.

"I taught myself to illustrate over the years and whilst I do love illustrating, I want to push myself to really create emotion and cause discussions with my characters, create personalities which those who feel cast out can relate to. I know when I was younger I often recognised myself in fictional characters when I had no creative role models around and I think this was really crucial in helping me see there was an alternate reality where I could be my authentic self and pursue my dreams - I'd like to hope I can pass this down to Jersey youth at some point in the future.

"The past few years, I have spent time working and travelling in different countries. Speaking to so many different people from all different cultures and walks-of-life has really inspired me to use the medium of animation to voice unheard stories, whilst exploring the scope of my imagination, I believe that, 'The meaning of art is to comfort the disturbed and disturb the comfortable.' This encapsulates the work I intend to do.

"I often reflect on the long path I took after school to end up back at university studying animation at 24 and I wonder if it could have been less painful. I realise now the determination and certainty in my pursuit of my dreams I feel today, could only be gained through the path I had to take and I wouldn't change it for the world."

Check out Olivia's artwork on Instagram at @og.artwork If you want to be immortalised as a kick-ass anime character (like she's done for our pal, B-EAZY) or something utterly unique, drop her a DM...

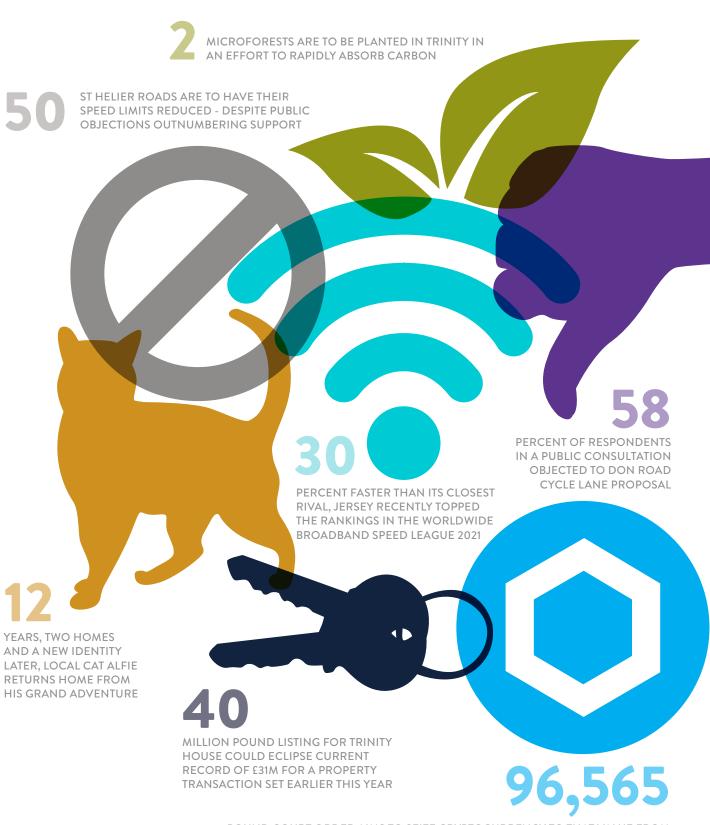
Here's to conquering the world with creativity, Olivia!







NEWS IN NUMBERS



POUND COURT ORDER AIMS TO SEIZE CRYPTOCURRENCY TO THAT VALUE FROM ONE MEMBER OF A RING OF LOCALLY CONVICTED DRUG SMUGGLERS

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A BRUISE AFTER 10 DAYS

Capture it before it fades away

As a victim of violent crime it can be tough to deal with the situation you are in and you might find it difficult to go straight to the police.

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Bruises show in multiple colours and then disappear, but evidence of them doesn't have to – capture the injury before it fades away.



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It's Jersey's young people who will be steering our island's future and it looks like the future starts now. In 2014, Jersey became a signatory on the United Nations Convention on the Rights of the Child, so the recent launch of the Youth Parliament fits in with Article 12 of the Convention: the right to be listened to and taken seriously. Following a recommendation from the care enquiry of 2017, our island's Youth Parliament has been formed this year and recently took their first seats in the States Chambers. We caught up with them and Children and Education minister Scott Wickenden and found out what these motivated young people are up to.

"If we are going to make a better life for the children in Jersey, we need to understand what they see and what the important positive changes they would like to make. This is why groups like the Youth Assembly are so important – so we can really hear the voices of the island's young people."

Scott Wickenden, Minister for Children and Education

Essentially, the Youth Parliament is an island-wide forum for Jersey's young people to discuss, research and connect current issues to the States Assembly. The project involves some 40 young people between the ages of 12-18, who will retain their positions for 18 months. The Youth Parliament members were selected following an application process from a diverse mix of schools, ages, ethnicities, genders and sexualities. All members have a valuable contribution with a range of different life experiences.

During their term, the group will undertake an array of jobs-the overall objective being to consult with their peers in the community (young people) on matters brought to

the forefront and assist with solutions and pathways to betterment. For instance, in March the members came together in a virtual meeting hosted by the Bailiff in which they selected three campaigns to work on over their 18-month term. After a vote, the selected campaigns were: improving mental health facilities, education reform and climate change. The members then selected which campaign to work on and have been busy over the past seven months researching, planning, discussing and consulting...

First up was the climate change group that opened with Youth Parliament member Cal who said - "The world is a

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ticking time bomb - but we don't know when it will blow"...

In Chambers, the group then reflected on what they had done to research, including visiting the recycling centre, having a first look at the citizens' assembly recommendations and providing their own feedback, and organising a sponsored walk that ended in fruit bush planting.

Poppy of Youth Parliament then asked the States Assembly: "We are also respectfully asking you all to be good role models for the people of Jersey, especially for young people, as it is essential that a clear example of sustainability is set as we all take responsibility for our impact on the environment. We need you to take action now, before it is too late. We, as a campaign group, are extremely passionate about caring for our environment and we hope that you will share this enthusiasm and let it be a drive for change. So please join us, starting from today, in protecting our world and making our island a better place."

Cal closed with: "Finally, we need to take a new attitude towards the climate emergency. It may be scary, might seem impossible, but it is something that can be beaten. We just have to start doing something. So we, as members of the Jersey Youth Parliament, are going to do all that we can in our own lives to battle climate change, and we are also going to do all that we can to help others to make changes, but today, here in this chamber, we are asking you, as members of the States Assembly to do all that you can to create a brighter future for our Island of Jersey."

Next on the agenda was mental health. Two members very bravely shared their own, personal stories and experiences. The group reported their findings.

"We discovered that 37% of those that we asked have experienced poor mental health in the past year, which is a huge portion of young people struggling, clearly showing the urgent need for action. 56% said that they felt that the support received was inadequate, something that our group really hopes to change."

It's clear this group of young people are adept at the job in hand. What a breath of fresh air it must feel within Chambers, to hear real talk, to have the opportunity for these incredible young people to be so candid and so committed to their objectives.

The group closed with: "So, what do we want you to do? Listen to what people have to say, put a lot of time, effort and funds into mental health facilities, focus on initiatives to reduce stigma and raise awareness and consider the needs of young people...From our surveys, conversations and wider research, we have

concluded that there is still a lot of room for improvement within mental health, and we need your help to change it. We think it's unacceptable that despite so much emphasis from organisations and charities for the need to change, there is still a lot to be done that hasn't been listened to. Our main concerns being that despite having a new budget to turn things around that the budget is going to be spent on the wrong things. You've heard our experiences, let's try to help all the other young people in crisis and give them the right support. Don't let it happen to anyone else."

And for the record, at Gallery, we concur.

Finally, the largest campaign group were up. Youth Parliament member Oli introduced the campaign and said, "We have since decided over three main sub-agendas within the Education Reform initiative. These include: Peer Support, to create inclusivity within Jersey's community embracing people's cognitive and physical differences; Anti-Discrimination, to make Jersey's society increasingly open-minded and accepting whilst deafening hate against minority communities within schools; Life Skills, to teach Jersey's youth neglected essential skills and

"The members have worked so hard and achieved so much in such a short time. It has been incredible to see the friendships develop and the confidence grow amongst the members. We are incredibly proud of how well they prepared for yesterdays presentation and how heartfelt and genuine it is. We really hope that the states members will take on board their recommendations. These young people are the leaders of the future and I feel inspired every time I am around them. It's exciting to think about how much more they can achieve in the next 10 months"

Lisa Mansell, Senior Youth Worker - Jersey Youth Parliament

to prepare them for adulthood."

Member Emily spoke about the peer support programme that they would like to introduce within schools to help people with cognitive and physical differences.

The anti-discrimination group were up next and they talked about how rife racial discrimination, sexism and LGBTQ+ discrimination is in Jersey. They reflected on a survey that had conducted and shared quite shocking quotes that they had been fed back.

The group called for a more inclusive PSHE system - with members from all different schools, it was recognised in their discussions that they all were having quite different educations.

Oli closed with, "However, I would like to touch up on a key feature of this current Youth Parliament. The 2022 Election. Presently, our term coincides with the end of the Government's, and so we would like to remind States members of the vote of the 16-18 year olds. These votes will be effected by how you react to our proposals, and what you as States members do for young people in the future. Denying recognition of children's voices, wills and necessities is constricting the ideas and ideals of Jersey's youth, and that shouldn't be a justifiable option for any States member or candidate."

We'd like to say well done to this first Youth Parliament group. You're off to a flying start and long may it continue!

Find out more about the Jersey Youth Parliament at jyp.je

BERTOB

Jo Ferbrache, also known as Sober Jo, shares how excited she is about the new dedicated no- and low-alcohol e-commerce stores popping up locally. She is slowly working her way through all of the products that companies have to offer.

The No-Low alcohol market is expected to grow 34% by 2024. A movement is happening, and these guys are leading it locally. More and $more\,people\,are\,standing\,up\,to\,say\,that\,they\,are$ proud not to drink alcohol, sharing the joys of sobriety or drinking mindfully, slowly moving

away from the stigma that not drinking means that you are boring. The wellness trend also means that people are opting for a healthier lifestyle, looking for healthier choices when treating themself, whether at home or out. If you are doing Sober October, look no further!

Follow Jo's Journey on Facebook, Instagram, Twitter & Linkedin @realsoberjo | soberjo.com



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Andy and Charmaine decided to set up Club AF after finding that Jersey's drinks businesses and supermarkets had minimal alcohol-free ranges.

Andy stopped drinking in 2019 as a healthy lifestyle choice and could only find a couple of beer brands, a cider here and there and a small choice of spirits to choose from. You can see their range > ClubAf.je

Emma from Clarity Wines set up her online business this summer to provide a local delivery service of high quality, non-alcoholic wines, which she has researched and sampled from around the world. You can find gorgeous Sparkling Wines, Whites, Reds, Rosés, plus a few Mocktails and Craft Beers > claritywines.je.



Andy's favourite? Gimber, "an oganic alternative" to alcohol.

"This drink has the wow factor and is something different. It's a punchy organic ginger and lemon concentrate which delivers on every level."



Charmaine's favourite is the Lyre's Italian Spritz.

"It's refreshing with sparkling water or tonic and fabulous with AF Prosecco & Tonic for a classic Italian Spritz cocktail."



Emma's choice is the Vinada range of Sparkling wines.

"They taste delicious, the bottles are glamourous and having a chilled glass of Vinada at the end of the day is a deserved treat."

CONVERSATION STARTERS: 'PURSUIT'
The artwork for the board game Trivial
Pursuit was created by an 18-year-old,
Michael Wurstlin.



Get down to the St Helier Town Church this month for a brand new immersive art exhibition featuring over 20 artworks exploring key issues affecting our community today.

What do you get if you cross 40 international and local artists, over 20 art installations, three of society's biggest issues, two special events and one town centre church? The answer is Skipton Big Ideas, the Island's largest ever art exhibition due to open to the public at the St Helier Town Church from Thursday 14 October. Read on to find out what it's all about, and how you can secure your free place ahead of the big launch...

Skipton Big Ideas art exhibition, produced by the arts charity
ArtHouse Jersey, is entirely free for everybody to attend, with over
twenty large-scale 3D installation artworks filling the St Helier Town
Church with art and colour to create a truly immersive experience for
the thousands of expected visitors.

Each installation explores at least one of three key issues affecting our society today. Visitors will find work exploring sustainability. We live in an age of environmental and social emergencies that force us to reexamine what we value most and how we will sustain ourselves. How do we protect what we already have? How do we consume less? How might we repurpose things and what will it take to change our mindsets?

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There will also be work responding to the theme of accessibility. Do we live in an accessible world? Are the arts accessible to all? Do some people feel excluded from the cultural narrative? If so, how might that sense of exclusion look and feel, and how might we better break down barriers in the arts?

And finally identity. Where do we get our sense of identity? Where is home? How important is cultural identity and how do we square this with an increasingly global community?

Alongside the installatory exhibition there will be a number of stunning evening performances, lunchtime lectures and inclusive weekend workshops, all focused on issues relating to three key themes. ArtHouse Jersey hopes to encourage the whole community to come along and soak up this beautiful and thought provoking work and perhaps even go on to engage in a debate around how we might create a more inclusive and sustainable future for our Island home.

EVENTS

The Walking Gallery showcases bespoke, wearable art and sustainable creations alongside a number of special performances, including choreographed dance and aerial performance, set amongst the installory experience of the exhibition. Only three of these exclusive events will take place on Thursday 14, Friday 15 and Saturday 16 October.

The Sound of Colour is a limited run of live music and projection concerts designed by internationally renowned projection designer and creative director Akhila Krishnan in collaboration with Berlin-based music producer Viv le Vav. This unique commission will serve as the headline event for the exhibition, with only five 30-minute performances taking place over three nights on Thursday 21, Friday 22 and Saturday 23 October.

TURN OVER TO LEARN
ABOUT SOME OF THE
EXHIBITING ARTISTS' WORK.



WWW.GALLERY.JE @GALLERYMAGAZINE



Artists: Kerry Jane Warner and Margarida

Lourenco Olivier Artwork title: Phoenix

Themes: Identity; Sustainability

Local artist Kerry Jane Warner and textile designer Margarida Lourenco have joined forces to create 'Phoenix', a large soft sculptural installation. Composed of hundreds of smaller textile works, this piece explores the theme of individual identity within a wider community and the social and cultural networks that maintain them.

Artists: Kyle Moody and Heather Barrette

Title: Atemony Themes: Sustainability

Heather Barette is a fine art painter. Kyle Moody is a textile fashion designer.

'Atemony': Ate is the Greek goddess of folly and poor decisions and is known for leading people to ruin through bad choices. Antimony is a metal used in the production of PET plastic that is actually toxic to humans over time. 'Atemony' is a collection of couture garments crafted exclusively in sustainable materials with eco-friendly construction practices.





Artist: Ben Robertson Title: Spend Time Themes: Accessibility; Identity; Sustainability

Ben Robertson is a visual artist working with paint to create bright and colourful large-scale murals in forgotten areas of Jersey. His 3D collage installation is constructed from rock-like sections, drawing inspiration from Ben's wanderings through the natural landscapes of Jersey and his resulting journals and sketchbooks. The piece reflects the artist's journey through tunnels of trees found on country lanes and the passageways of ancient neolithic shelters.





Artist: Ian Rolls Title: Home

Themes: Accessibility; Identity;

Sustainability

Ian Rolls has considered the significance of the home and our relationship with it as a result of the Covid-19 pandemic. 'Home' is a house-like structure made from reused furniture and household objects fixed together in a seemingly disordered yet carefully considered way and painted in bright colours on the outside but with a different, chaotically domestic feeling on the inside. The project was undertaken with the charity Acorn.

Karen Le Roy Harris (lead artist) with Anthony Lewis

Title: Outside Looking In is a series of boxes created by twelve diverse people in partnership with nine artists:

Anthony has faced many challenges since his stroke. The box reflects the obstacles and his progress to overcome physical, mental and emotional issues and the windows of hope that have supported this transformation. Anthony is now working for change as Disability and Inclusion Officer for the States of Jersey.











Artist: Oliver Le Gresley Title: Refugio Theme: Identity

Oliver Le Gresley is an artist and craft practitioner with a BA in Fine Art and an MA in Textile Design from University College Falmouth. He spent a formative fifteen months living in Japan working with a master silk weaver and a small textile design company. His recent work has explored craft and materiality whilst seeking to represent motifs of place and experience. 'Refugio' is a piece of art designed in response to the way life has changed universally during the pandemic. The work hopes to distil some of these changes.

Artist: Tim Evans Title: All Is Metaphor Theme: Identity

Jersey-born artist Tim Evans has always had a fascination with the deepest workings of nature and has a broad interest in science, philosophy and spirituality. His ideas attempt to illustrate a unifying thread that runs through everything. This light-box-style installation creates the illusion of a portal through time using infinity mirrors and layers of laser cut perspex. The installation explores the constant evolution of fractals in a universe that can never truly be pinned down other than for a brief instance.

To learn more visit www.arthousejersey.je and be sure to follow them on social media @arthousejersey.

To secure your free place at the Skipton Big Ideas exhibition or to buy tickets for these exclusive and limited events visit ArtHouse Jersey's eventbrite page by scanning the QR code conveniently placed just over there >



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16+

O Photography Stacey Harvey

To be a teenager again....when the most complicated things you were pursuing were A-Levels, football goals, and the latest fashion trend. With our theme of 'pursuit' this month, we asked a group of Hautlieu School students what pursuit meant to them.

Joseph Clarke 16

Non-academically, I pursue fun and relaxation through sports. I have been interested in football since I was an infant, and I still play regularly to this day, competing in a six-a-side game on Mondays, playing with my mates most Saturdays, and training for my club on Wednesdays. I am also interested in watching and writing about sports; this weekend I'm going to Liverpool to watch LFC play Crystal Palace. However, the sport I am best at is probably basketball which I've been obsessively playing since I was 10. To me, pursuit is the act of working hard in order to achieve a goal. Usually, we pursue these goals in order to achieve pleasure or happiness.





Jess Buttimer 17

Pursuit is an ambiguous term that can be defined in many different ways. However, for me, pursuit is a metaphor for success and following my dreams and passion.

Lilly Le Tiec 16

As a 16-year-old, the pursuit of my academic journey through sixth form is just beginning. For myself, the idea of pursuing my dreams still seems far yet achievable. Though my young age may be deemed as a setback, it allows me to see clearly how I can take a step forward. I wish to pursue university after Hautlieu, but currently I wish to pursue a balance between learning and a social life.

Ruby Scott 17

Pursuit is about working towards a final goal and being willing to do whatever it takes to achieve it. It is also understanding that the process is not likely to be easy and that being a resilient, hardworking individual is simply all it takes to pursue a goal.

I go to Hautlieu School where I'm pursuing English at A-level along with history, media, and maths. My favourite part about taking A-levels is that I have the opportunity to study English every day as I have always found myself looking forward to my English lessons for as long as I can remember.



GALLERY LIFE & STYLE IN JERSEY



Daisy Shaw 16

In the future, I am looking to study fashion marketing at university. I am hoping to achieve goals throughout my whole life as it is beneficial to my mental health—the serotonin which is released when a goal is completed.

Emily Baker 16

To me, pursuit can mean finding your passion and what you want to do with your life and how you apply yourself to get where you want to be. It means to strive, be proud of yourself, to think outside of the box and to experience things you've never thought of doing. Schools, colleges, universities, and work places all have one thing in common: they encourage you to pursue the best version of yourself.

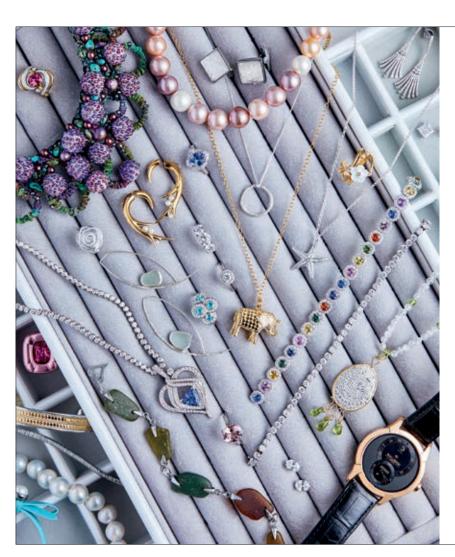


Charlie Dicker 16

For me, pursuit means to chase something that sparks personal interest or passion. It is the act of striving to learn something new or continuing to learn and develop knowledge. I want to pursue my own creativity and happiness as I grow. Personally, I hope to pursue my passion for singing and performing in theatre.

Morgan Macleod 16

Pursuit, to me, means striving for goals you want or need, trying to be the best version of yourself. It's knowing what you want and knowing how to get it in order to achieve. Out of my academic pursuits, I do plenty of theatre. I love performing as it's my biggest passion. I want to pursue acting as it gives me a sense of joy when performing. Pursuing something doesn't just have to be wanting anything extreme or just academic, it could be as simple as wanting a new jumper as long as you have a clear view of what it is you want, you can achieve it.





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Local author Sophie Cousens writes romantic comedies, and not just any romantic comedies, she writes ones which top the New York Times bestsellers list. Her first novel This Time Next Year was a runaway success and her new book, Just Haven't Met You Yet, will be out in November. We can't wait to read more of her swooningly romantic, funny, creative work.

Ahead of the launch we met up with Sophie to find out more...

When and where are you happiest?

On Greve de Lecq beach with my family, a good book, and a carton of chips from the blue van. I think Jersey has the best beaches in the world, but Greve is ones of my favourites because it has sea glass to collect, rock pools to explore, and of course... chips.

What single thing would improve your life most?

My children being less fussy about food. I used to love cooking, and now I just make the same five meals on rotation, which my little ones still moan about. What a joy it would be to cook for children who LOVED food and trying new things (beyond pizza and ice cream!) Besides this, the next greatest thing would be some kind of (invisible, ecofriendly) monorail across the island to avoid thew hellish traffic experience of the daily school run through town.

Fave snack?

Strawberry laces.

What would you wear to a fancy dress party?

I adore fancy dress, and actually had a fancy dress wedding. I got married dressed as a white swan, while my husband dressed as a giant bee. It's my favourite fancy dress outfit to date.

What way would you not like to die?

Falling over in the shower or tripping down the stairs, any kind of trivial domestic mishap. Dead me would be annoyed about dying in such a preventable way. In more inventive scenarios, I also wouldn't want to die in space, or a submarine. Anywhere you'd have too long to contemplate your demise as you slowly ran out of air. You'd probably spend those precious final moments lamenting the fact you didn't get life insurance, and also wondering why the hell you signed up for this dangerous space- or submarine-based holiday in the first place.

Where was your childhood set? Tell us a little about growing up...

I moved all over the place as a child as my father was in the army. I think I went to three schools in eighteen months at one point, and every time I moved school, my new school was just starting to learn about the Viking. On the plus side, to this day, my knowledge of Viking longships is pretty solid, but on the downside, there are huge non-Viking-related gaps in my education. My parents concluded boarding school would be the best solution, so I embarked on a Mallory Towers experience full of dorm feasts and hiding under my bed to avoid choir practise.

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Did you enjoy English at school?

Funnily enough, I didn't. My school was incredibly academic, so my classmates were all superbrains who went on to get firsts from Oxbridge. By comparison, I felt rather a dunce (probably not helped by the fact that some of the holes in my education from the Viking-centric years included grammar and spelling). I also found the curriculum a little stuffy; too much Chaucer and Milton, not enough engaging modern fiction. If someone made me Queen of the English curriculum in schools today, I'd focus on engendering a love of reading, of learning, a passion for the art of storytelling. I would not ask children to learn a hundred Shakespeare quotes to regurgitate in essays.

"I think I went to three schools in eighteen months at one point, and every time I moved school, my new school was just starting to learn about the Viking. On the plus side, to this day, my knowledge of Viking longships is pretty solid, but on the downside, there are huge non-Viking-related gaps in my education."

How did you end up in Jersey?

My husband Tim works in finance and had an opportunity to work here eight years ago. We came for a year, had a family here, and haven't looked back. I very much see Jersey as home now and feel incredibly lucky to live here. My new book is based here, and many early readers have said it i feels like a love story to the island, which perhaps it is.

Did anyone influence you to be a writer, or does anyone inspire you to be a writer?

As a child, I spent a lot of time making up stories to tell my younger brother Edward. It's all we did, for years, using our beds as stages and our stuffed animals as actors. Edward went on to be a drama teacher, and I went on the write, so I do think the joy we took in storytelling as children was a factor in where we both ended up. I was also influenced to write by moving to Jersey - I couldn't work in comedy entertainment TV production over here (which is what I had done in London), so our relocation instigated a career change.

Where do you love to write, what's the space like, why do you like it?

I write at a desk in my bedroom, which is not ideal, as I think ideally I'd have a clearer divide between work and home... and not be tempted to climb back into bed when I can't think of any good ideas. I would love to find a small office, with a sea view and a ready supply of biscuits, so if anyone knows of such a place, do let me know.

What are your top three favourite books?

Recently, I'd say Last One at The Party by Bethany Clift, a highly original dark comedy about a woman who finds herself the only one left alive after a pandemic. Writers and Lovers by Lily King, which is beautifully written. I loved it because it captures the experience of being a writer and earning to write so perfectly. Finally, The Hidden Life of Trees, by Peter Wohlleben, a non-fiction book about how trees communicate using their root networks. It has completely changed the way I look at trees!

What jobs did you do before you became a writer?

I was a TV producer for twelve years, working on shows such as The Graham Norton Show, Big Brother and Ant and Dec. It was lots of fun and I sometimes miss the camaraderie of working as part of a large, creative team. It was incredibly varied; one month you'd be training to be the voice of Big Brother, the next you'd be talking to engineers about how to build a giant pie catapult in a studio.

What's the best bit so far about being a celebrated author?

People emailing me to tell me my book has got them out of a reading slump or helped them through a difficult time. I really didn't expect many people to read my books, let alone take the time to contact me about them, but it's been so wonderful to receive messages from readers. I got several from nursing staff during the pandemic who said my book This Time Next Year helped provide them with some muchneeded escapism. Sometimes working in the arts, you worry you aren't exactly saving the world or finding a cure for cancer, but then you remember books and art can makes people's days a little brighter, and that can't be a bad thing.

Another highlight was the day I found out my debut This Time Next Year had become a instant New York Times Bestseller. It's something I would never have imagined happening even in my wildest dreams!

What's next?

Just Haven't Met You Yet is a romantic comedy that tells the story of Laura Le Quesne, a journalist who travels to Jersey to research her parents' love story. When she accidentally picks up the wrong suitcase at the airport, she finds in the case evidence that the owner might just be her soulmate. He's got a copy of her favourite book, sheet music from her favourite musician and various other objects that indicate he might be her perfect match. She sets off around the island to track down the case's mystery owner, and to uncover the truth about her Jersey family history.

I wanted to set a book in Jersey, as it's always easier to write convincingly about places you know, plus it's a beautifully romantic setting for a love story! I also felt that there is a certain image of Jersey that people who've never been here might have. People think of Bergerac, the Occupation, the finance industry or the Real Housewives swanning around on speedboats. I wanted to write about the side of Jersey I know and love; the incredibly warm and welcoming community we have here, the beautiful coastlines and beaches, the world-class food, the the gorgeous cows! I would love readers to feel inspired to visit, having read my book.

Where and when can people get a copy?

The e-book and audiobook are currently available from Amazon, Apple e-books or anywhere else you buy your digital books. The paperback will be released on 11th November, and copies will be available from Waterstones or any online bookstore.

www.gallery.je @gallerymagazine 43

Geometrica is the current exhibition at the recently reopened Private & Public Gallery at Sommerville House in St Helier. Geometrica features stunningly curated work by modern and contemporary artists Bridget Riley, Richard Allen, Robert Tilling, Claire Haithwaite, Nina Zaech, Nicole Smith, Victor Pasmore, Patrick Heron, Sir Terry Frost, Richard Christensen, George Dannatt, Anton Nickson, Bob Crossley, Olivia Maryon and Mustafa Hulusi. The pieces range from stylised geometric abstracts to texturised sculptures. Until 15 October, weekdays 12-6pm; Saturdays 10am-2pm.

Much of Jersey-inspired artwork focuses on stunning seascapes, fertile farmland or historical hideaways. It's unavoidable. The island is inspiring. Nicola Lucas's work diverts from the norm by highlighting the towering and twisting trees of our rock. She Walks in Beauty, an exhibition of new paintings by Nicola Lucas at Private & Public Gallery, tells the story of each parish through its trees. Clearly influenced by Chinese ink calligraphy, Lucas's work is intricately detailed but still provides open spaces for the trees to stretch out. 22 October to 18 November, weekdays 12-6pm; Saturdays 10am-2pm.

In an exhibition at CCA Galleries International, the work of three pioneers of British abstract painting-Wilhelmina Barns-Graham, Terry Frost and Sandra Blowinterplay and interact. Wilhelmina Barns-Graham is one of the most influential artists of British Modernist painting in the mid- to late-twentieth century. Sir Terry Frost is known for incorporating into his abstract paintings the shapes, shades and shine of Cornwall. In Sandra Blow's large abstract collages, she used upcycled material long before "upcycle" was even a word.

10 November to end of December, weekdays 12 to 6pm; or by appointment.

Motherhood, a photography campaign created by midwife May Bourne (Positive Birth Jersey) and photographer Sophie Darwin celebrates the curves, creases and comforts of the post-partum body. The bodies are textured tapestries that tell the tale of their trials and triumphs. This moving and empowering exhibition is on at the Berni Gallery in Jersey Arts Centre 22 November to 11 December, 7:30am to 10pm.









Genvine Articles

Photography: Danny Evans

DOUG RICHARDSON

Farm Fuels

Can you tell us about your Genuine Jersey Product?

Farm Fuels Kindling Sticks, whether packed in our familiar polythene bags, or packed in our newly developed cardboard boxes are made entirely from Jersey's Timber Packaging Waste. As such, they are both 100% recycled products.

What inspired you to start?

The sight of huge piles of unwanted pallets at La Collette back in 2004 inspired me to process the material into a range of products. We ensure that all saleable and repairable pallets are separated and graded providing an efficient pallet supply service to other Jersey exporters as well as directly exporting significant volumes of pallets for reuse.

How long have you been producing for?

Well, from recycled pallets, 17 years, but kindling in general, 24 years.

Where can we buy it from?

All participating outlets, supermarkets, garden centres, garage forecourts and our website, farmfuels.com

Do you have other Genuine Jersey products?

Yes, our top of the range wood mulch product called Colourbed, it's a favourite not only with homeowners and landscape gardeners but is a popular choice for play areas as it's soft to the touch and is fully certified to industry standards and it comes in four colours which means it's versatile too. It has its own website, Colourbed.com





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Cultural Pursuit

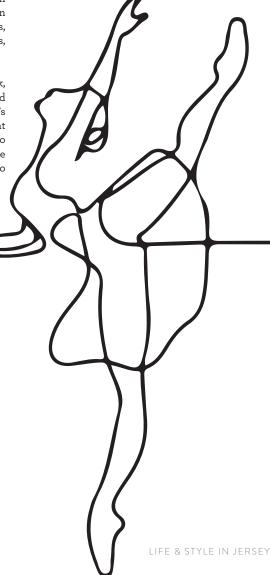
The pursuit of culture to me has always meant pursuing the knowledge of culture-learning about culture through courses, books and documentaries or attending cultural performances and exhibitions.

arolyn Rose Ramsay embodies the actual pursuit of culture.

The former ballerina is aiming to create the Jersey Dance Theatre, a professional ballet company here in Jersey. The creation of a professional ballet company will also, she predicts, pave the way for more culture—professional arts companies from other disciplines.

The idea for a dance company sprung from the fact that the Opera House will be reopening soon. "It's this gorgeous resource and building that can be optimised for use," she says as we chat on a bench by the cows of West's Centre. "It feels like a tremendous opportunity to do something new. There's this venue, this opera house, that doesn't have an opera or a full-time symphony, so I asked myself, 'What about a ballet?'" Ballet, Carolyn believes, is the right project to start with because it touches on so many other disciplines. "It's a dependent art form that cannot exist on its own," she says and adds that a ballet company is more than just the dancers you see on stage. It requires the collaboration of musicians, costume designers, make-up artists, set designers, lighting technicians, seamstresses, physiotherapists, doctors, office staff, a marketing department.

"It will serve as a template," she adds. "If we can make this work, then Jersey's opera singers could make an opera company, and Jersey's musicians could form a full-time symphony, and Jersey's theatre groups could pursue a professional route." She asserts that dance is a good guinea pig for all the other arts. "If you can do ballet in the Opera House, you can do pretty much anything," she says and laughs. The Opera House's stage size is another reason to



have a resident ballet company that can create choreography tailored to that specific stage. Carolyn has been in touch with dance companies abroad about the possibility about performing in Jersey, but many of their existing shows require a larger stage.

A ballet company in Jersey will allow local dancers to pursue their passion to the highest level. Students who study dance in Jersey cannot be professional dancers at home. Carolyn wants to change that. "It's a hard choice for dancers who were born here. Do you want to stay or do you want to be a professional dancer?" It's the same for many of the other arts, and Jersey is losing talent; artists have to leave to pursue their dreams at a professional level. "Performing arts are valued at a school level, but then where do they go?" Carolyn asks. "It's a tragedy. Why not just cross the finish line?"

Carolyn is giving dancers the opportunity to pursue their dreams, here at home. She hopes to start auditioning dancers in Jersey as early as November. "The company is the dancers," she says, and she encourages seventeen and eighteenyear-old dancers in Jersey to audition. Carolyn's pursuit is to bring more culture to Jersey and it also might enable Jersey artists to fulfil the dreams they are pursuing.

PURSUING NEW PASSIONS

Top ten things to try!

ACTING SCHOOL

Love Theatre Jersey

Session times vary Age 4-Adult

www.lovetheatrejersey.com

Acting and musical theatre classes for all ages! The first step in your acting career.

COCKTAIL MAKING

The Secret Bartender

Fridays or Saturdays

www.facebook.com/

thesecretbartenderjersey

Have a private cocktail making session at your home and drink your creative libations.

3

DANCE LESSONS

Simply Ballroom

Six weeks starting first week of

www.simplyballroomjersey.co.uk

Get your wiggle on while learning to samba, jive, waltz, foxtrot, tango, and quickstep.

FESTIVE CROCHET

Highlands College Philip Mourant Centre

Single sessions Monday 1 November, Thursday 4 November, Saturday 20 November

Ages 18+

www.highlands.ac.uk

Learn to crochet while making festive decorations, woolly hats and scarves.

FRENCH CLASS

L'Alliance Française 1 November to 17 December

All Ages

www.afjersey.com

Perfect your French at any level from beginning kids to Debate Class for adults.

INTELLECTUAL **ENDEAVOURS**

The Six at Black's Academy

Free introductory session in November

A set of six online sessions in Shakespeare, Ethics, Kant, the Bronze Age, Boolean Algebra, and Taoism.

PIANO TUTORING

Jenca Music School

All Ages

Times vary

www.jenca.co.uk/piano/

Impress people at parties with your piano prowess.

RAP-OLOGY WITH DEAN LEITH

Jersey Arts Centre

Two sessions Friday 8 October, Friday 12 November Ages 11-14

www.artscentre.je

Hear about the history of rap then bust some rhymes.

RESEARCH WORKSHOPS

Jersey Archive

16 October: House History 20 November: How to Use the **Archives**

www.jerseyheritage.org/whats-on/ jersey-archive-research-workshops

Find those hidden skeletons by perusing Jersey's archaeological, criminal and burial records.

SKYDIVING SESSIONS

Skydive Jersey

Age 16+

Times vary

skydivejersey.net

Fancy freefalling from 10,000 feet? Bookings available through the end of November.



REMNANTS OF LIFE

Hours before the champagne-sipping crowds of opening night arrive, I walk through CCA Galleries International with photographer Glen Perotte to preview his new show, Remnants of Life. Glen's previous fine-art exhibition, 2020 A Year in Vision, consisted of stark, close-up portraits against a black background. Remnants of Life provides a colourful contrast.

The eye-consuming photographs in Remnants of Life are comprised of still-life collages of natural objects—urban wildflowers, flawed mushrooms, lichencovered twigs and dead leaves—that Glen collected near his home in St Helier. In his studio, he arranged the vegetation into tiny compositions on top of trays of water. Glen coloured the water with ink, coffee, red wine, or whatever he needed to create the effect

he wanted. Some of the photographs are as still as outer space. Others feel as bustling as a coral reef. Glen produces that effect with the movement or lack thereof in the water. "It's not about experimenting and seeing what happens, but carefully planning and constructing each aspect of the work," he says as we walk from piece to piece at CCA Galleries.

"Most of these images are straight out of the camera. Very little is done in post-production," he says. With water, camera equipment, and lighting techniques, Glen creates fantastical landscapes from often-discarded or ignored relics. "I originally photographed them in situ in the St Helier streets," he says and crouches down to demonstrate his experience of what it was like shooting weeds in the cracks in the pavement, but "their natural environment didn't project what I wanted to say. I wanted to bring them into their own

little world, so I brought them into my world, my studio." And then he created new worlds. Magical worlds swirled in kaleidoscopic colours.

"These images are all about colour," he says as we stop in front of *Red Valerian*. "My ten-year-old daughter and I share the same creative space at home. She loves arts and crafts—mostly slime—and has a passion about mixing colours." She would come up to him and show him the different shades that she'd created on a scrap of paper or on her palette. "Instinctively she knows about colour without knowing the rules. That was an inspiration for the work. That's how the idea of the mixing of colours came about."

He hopes to highlight the often overlooked natural beauty in urban environments. "The urban landscape is what I know," Glen says. He grew up in Brooklyn and has since lived in Manhattan, London and St Helier. In cities, he says, "If you want to see botanicals, you have to go to the park." The photographs feature decaying flowers and what Glen calls "the most common vegetation in an urban environment"—dead leaves. He insists that he wants to show the plants in every state to highlight the beauty of decay as well.

After visiting Glen's show, I started noticing tiny flowers everywhere—growing out of granite walls, sprouting from gutters, and emerging through gravel beds. I can't ignore them anymore. Neither can Glen. He plans to continue working with urban vegetation in the future, but his next project, which he says he'll probably start immediately, will be concentrated on one specific place in Jersey.





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I've been at job interviews where melodies have popped into my head from the ether and I've had to dash to the toilet to record a sneaky voice note!

IN CONVERSATION...

Von Cassidy's JOSHUA VENTON

Meet Joshua Venton, he's the guy from Von Cassidy - if you've not heard them yet, you will!

Von Cassidy are a local four-piece who've hit the scene with some serious gusto and an album that would sit with ease within a playlist featuring Tame Impala, Black Keys or some kinda crooner compilation. Seriously, it's been a while since a local band came at us with such a sound; so polished, so real and so layered with impeccable production and a genuine intention to engage with an audience.

We chatted to Joshua Venton, writer of songs, maker of music, creator of collaborations and all-round lovely guy. Joshua doesn't have the slightest tinge of ego and his expectation for the album is humble; he has written every song but doesn't wanna brag about just how much of it has stemmed from his own blood, sweat and tears... This album, is a testament to what he's achieved so far in music, but he feels it really came to life when he pulled the band together. Prior to that and in the studio, Joshua writes, sings and plays it all.

Inspired by Outkast (specifically the Speakerboxxx/Love Below album), Eminem, The White Stripes, Sinatra and Kanye (eclectic as could be), the sounds you hear through the songs and skits on the album are a tip of the hat to those artists and life as it unfurls... The Coming of Age & The World Around is a 12-track masterpiece that began in Jersey, London and Sydney and was finally produced at the legendary Abbey Road Studios!

"I started playing guitar at the age of ten. I had been inspired initially by watching Bart Simpson play on TV and I just thought, "I want a piece of that." So that's where this all really began... I did receive guitar lessons (shout out to Jenca Music School) for some time during my teens, but really I have had no formal training when it comes to understanding production/composition or anything like that. I think that I was listening to music critically from a very young age and I was/still am particularly curious toward lyrical content. I also had a major fascination with melody and how certain syllables fall over the rhythm section.

For me, taking an interest in actually writing songs began at the age of 21 on a road trip with friends. We were traveling through Spain & France and often we would stop and have these little jams.

"With music, it's a never-ending journey in terms of the learning process. I had originally been playing guitar for a few different bands during college and it was only until we were nudged into playing a friend's 21st that I then started to sing in front of people. We found ourselves in this position where each of us in the band was too reluctant to sing before agreeing to revolve and swap instruments every other song... It was after that the fire had been ignited... I got such a buzz out of that night that I thought, 'Wow, I'd love to do this!'

"Von Cassidy's lyrics touch on all manner of topics and scenarios, there's also some ambiguity and imagination that can mean whatever the hell you like... One thing is for sure though, Von Cassidy's music evokes energy. Whether it's a track with a thumping beat and high octane, electric riff or something more like (my personal favourite), 'This is What Happens When...' which is a song that sprinkles gentle kisses up your neck until they nestle as sweet sound in your ear. Much prettier than an earworm, but needless to say, Von Cassidy make songs that stay in your head.

There's lots more to come from Von Cassidy. They are fierce collaborators and are working with some fantastic creatives, like Jacques Le Breton (Big Foot Wizard), Ryan Vautier and Sarah Blomey - all artists who have brought about the visuals. Then of course, there's the band themselves - Chris on drums, Martin on synth, Jordan on bass and our boy, Joshua on lead guitar and vocals... Credit to Art House Jersey for their support and for everyone who has bought tickets, listened to the music and basically supported this superb local band.

Check out Von Cassidy on Spotify and stay tuned for a potential album launch party...

Yes please!

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Creation, collaboration and curation... at Carrefour!

Have you had a chance to check out The Trading Point? It's a literal treasure trove of artisanal produce, clothing, art, homeware, garden goodies, skincare and other beautiful things that will be sure to put a smile on your face. The Trading Point is a culmination of dreams and aspirations, all lovingly wrapped up inside one of the prettiest shops we've ever seen.

The Trading Point is a celebration of creativity and was established by Denise and Salima, who both shared a common vision.

Denise had been traveling to France on many family holidays and after falling in love with all the beautiful products, Found in France was born. Firstly, sourcing and buying some traditional French soaps and ceramics to sell at pop-up events, on her website and in a log cabin at home, but rapidly expanding into a wider range of stunning artisan home accessories and gifts. From tableware, candles, diffusers, baskets and bags.

Denise had been thinking of expanding Found in France but was unsure about taking on a new retail space on her own... Enter, Salima... Salima moved to Jersey with her husband and family in 2018 and had been looking for a new venture after finishing work in the fashion industry when her first child was born in 2009. Heading up a sourcing and product design team in a London head office meant traveling all over the world to visit factories and fabric mills, which unfortunately didn't work well with a young family.

Both had ideas of starting a beautiful destination hub filled with exciting products that were either handcrafted or made in a small traditional way. So, when Salima went to buy some gifts for friends at Denise's home shop and mentioned this, a dog walk and coffee followed... Plans were made and David Hick agreed to the use of the shop at Carrefour Selous, and just like that, some dreams came true.

CONVERSATION STARTERS: 'PURSUIT'
The unconventional spelling of the film The
Pursuit of Happyness comes from a mural
seen by Will Smith's character.



1. Evelyn

Chcoladyllic

Delighted to be providing this wonderful shop local handmade chocolates that taste as good as they look

2. Jaques Le Breton

Big Foot Wizzard artist

It's great to have my work on show at such an interesting store full of so much heritage.

3. Jo, artist

Soul Expression

"Where the spirit does not work with the hand, there is no art" - Leonardo Da Vinci

4. Kat

Rocque, Paper, Scissors

Handmade paper crafted from recycled materials

5. Vanessa Vowden

Willow Home Acessories

always keeping busy, now candle making too It's addictive!!

6. Chloe.

It's a Sign

It's so lovely to be part of a venture that is showing so much support for local businesses and their products

7 / 8 Charlotte and Rochelle

Bloom

On a mission, changing the way flowers are bought, changing the way flowers are used, changing the way flowers in our home impact our environment

9 Lesley Garton

The Chilli Kitchen

Homemade local chutney, relishes, jams and cordials...taste the passion.

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10/11 Michelle and Cardin

The Jersey Tea Company

12 Laraine Swift

Artist and upholsterer

I make 'one-off' interior items . in the way of cushions, footstools, lampshades, etc. inspired by my travels and collected textiles

13 Jess Labey

'Jess' clothing, styling and lifestyle.

14 Jessica Styles

Captain Tweed

We provide high quality blankets, handwoven baskets and tweed products

15 Denise Nicholls

Found in France and The Trading Point

It's amazing to be part of this hub of small local businesses in the heart of the island

16 Salima Kara

The Trading Point

It's been a wonderful journey setting up the shop and meeting all of these talented individuals; they are very inspirational.

17 Cathryn Ward

Skaapie

I am proud to have my felt work in the Trading Point and feel inspired and uplifted to be involved with of such a lovely bunch of creatives.

18 Rian Hotton

Artist

A Jersey-born contemporary artist based in London. His work is inspired by nostalgia – colour and feel, the future – problems and questions and his environment – the here and now.

19 Ruth Rolls

Ceramicist

I love to experiment with my ceramics and this means all of my pieces are one offs.

20 Ian Rolls

Artist

Master of quirk

21 Maryke Harper

Kolle Textiles

Passionate about print, colour and design.

22 Victoria Liddle

Victoria Liddle Jewellery

I create meaningful jewellery, inspired by nature. There are so many local talented arts and crafts in one shop, definitely worth a visit!

23 Giselle Ollson

Photographer

a photographer who loves to play with watercolours, inks, pens and acrylic paint. Sometimes she is the in-house photographer, sometimes card maker for the Trading Point.

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What are you planning to do to look after your mental health over the coming winter?

Seasonal changes can really affect how we feel. Darker and colder days make it harder to keep up the good habits that many of us develop through summer, and our personal resilience has been tested through the past two winters' lockdowns and pandemic. Jersey Recovery College (JRC), a local mental health charity, says that we can all be more proactive in taking care of our wellbeing and that it's never been more important to look after ourselves as we move into this winter. We asked four members of the JRC team what they do to take care of their own mental health as they prepare for the darker months...

Alex Mallinson | O Danny Evans



I've found a big love for long walks over the past two years, on cliff paths and beaches. It's great exercise and so good for balancing my nervous system. I also love getting in the sea but I am not sure how brave I will be doing that in the winter.

Beth Moore /Executive Officer

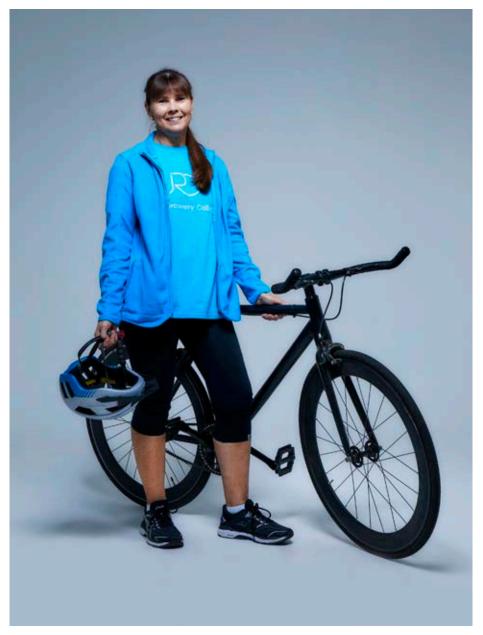
I always struggle going into winter. I hate the shorter days and waking up when it's dark, and I hate feeling cold. The last two winters have been even harder and I have had to manage my mental health very carefully.

Yoga has been a go-to for me since my first experience with depression ten years ago. It's a foundation pillar for me for good mental

The other things that keep me well are a good sleep routine, eating well, not drinking too often, spending time with friends and family, long baths, hugs and exercise. I've found a big love for long walks over the past two years, on cliff paths and beaches. It's great exercise and so good for balancing my nervous system. I also love getting in the sea but am not sure how brave I can be doing that in the winter.

Research shows that between March and June 2020 adult depression rates doubled, along with feelings of fear and a sense of hopelessness. The past 18 months have been hard, and the pandemic touched everyone. The strain it has put on many has led to worsening mental health, and it's so important that people recognise that there are free strategies and tools we can all use right here on our doorstep in Jersey.

GALLERY LIFE & STYLE IN JERSE



It's important to keep your mind busy, and to be open to new things, but it's also important to get out and switch off. I do that by walking, cycling, sea swimming, paddleboarding... just getting out into nature.

Karen Dingle / Peer Facilitator

For me, being busy is important. When I hit 50, I realised that I'd done lots of jobs, and brought up children, but what I hadn't done was become properly qualified in anything.

It took me five years to become a qualified counsellor, and over lockdown, I decided to do more and study for a Level 5 Diploma in Psychotherapeutic Counselling. I began a role as Chair of Jersey Eating Disorders Support and also worked with JRC to create courses that help others. At the moment, I am creating courses on suicide awareness and supporting families with eating disorders.

It's important to keep your mind busy, and to be open to new things, but it's also important to get out and switch off. I do that by walking, cycling, sea swimming, paddleboarding... just getting out into nature.

I see this decade as being about work, but from next year, when I turn 60, I want to take more time to have fun. I want to keep my brain active – there will be some work, but not as much. That work/life balance is so important for everyone.

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My wellbeing is all about nature and dogs. I wasn't looking for a new dog, but I now have Jasper. I love getting involved in community initiatives where I can give something back, so Jasper is always out and about, and part of the community too.

Kevin Proctor / Peer Facilitator

We're all different, and people don't only struggle with winter, summer, or the changing seasons. Some people—like me—struggle with anniversaries of loss and more. It can very individual for everyone.

My last dog Bella passed away last November. I have worked through my grief by celebrating her life, and we've planted trees all over Jersey in her memory. I think acceptance of grief involves accepting who you are, where you are and how you are.

On the courses that I run for JRC, I see a lot of people who are struggling to have self-compassion. Often it can go back to something in their childhood or life experience. I think

many people have suppressed the effects of lockdown and the uncertainty and fear of the times. Not everyone has the resilience to cope with sudden change. I find mindfulness has helped my resilience and recovery journey.

The important thing is to be aware of how you are feeling, and of stress building up, and to reach out if you are struggling.

My wellbeing is all about nature and dogs. I wasn't looking for a new dog, but I now have Jasper. I love getting involved in community initiatives where I can give something back, so Jasper is out and about, and part of the community too.

Love is a huge part of healing and one of the things having an animal in my life has taught me is the importance of unconditional love. It has taught me to love myself again and the importance of gratitude.

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Music is another big part of my wellbeing, every day I pick up my acoustic guitar and sing something. It's part rehearsal and part relaxation; whatever I play, it takes me out of my head and any stress just disappears.

Ronan Benson / Recovery Lead

I try to cover the basics every day; air, water, sleep, nutrition and movement. For me, these are the foundations of wellbeing. I try to be conscious of the quality of each, alongside the quality of my thoughts.

Every day, first thing in the morning and last thing at night, I pause for one minute and think about three things that I'm grateful for that day and why. It helps me to focus on things I do have, rather than the things I don't.

Music is another big part of my wellbeing, every day I pick up my acoustic guitar and sing something. It's part rehearsal and part relaxation; whatever I play, it takes me out of my head and any stress just disappears.

I also meditate and use alternate nostril breathing (breathing in one nostril and out the other) to reset my nervous system. Cold showers also really help me, as well as swimming in the sea.



If you don't know what strategies and tools you can use to help your mental health, look up Jersey Recovery College's free community courses as a place to start www.recovery.je/courses

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[o] Danny Evans

Get Ready for a Brilliant October and November

Jersey has a proud history of jewellery and watch excellence, from internationally renowned brands to local designer makers, goldsmiths, expert horologists and gemologists. Jersey is the home to well-renowned fashion brands, specialist stores and everything in between. To celebrate this diversity of expertise, over 15 local jewellers and support partners have created a series of events to show how brilliant Jersey's jewellery and watch industry is.

Each jeweller will be hosting exclusive events such as demonstrations, showcases, product launches and meet-the-maker sessions in their stores. Event highlights include a Swarovski Styling Session at Story by Rivoli, a Toolbox Tour with local designer-maker Lisa Le Brocq, Pearls the Eco-gem by Jersey Pearl and a Diamond Masterclass with Aurum founder Richard Blampied.

The festival was the gem of an idea by Julia Williams, Director at Jersey Pearl, and Melanie Mayer-Davies, Director at Rivoli, to demonstrate how the industry they loved could work together showcasing the whole profession across the island, re-emerging with positivity after the COVID winter. Julia comments, "We realised how lucky as an island we are to have so many jewellery and watch professionals and wanted to highlight this to locals and visitors. We wanted to present our industry as a whole array of businesses, some local multi-generational, family-owned and possessors of skills honed after many decades in business, some are fresh and new and adding diversity to our profession." Melanie adds, "Jersey has seen generations of locals and visitors celebrate their most memorable

moments, holidays and celebrations with our beautiful jewellery and watches; it's about highlighting to customers past, current and future that we are here, better than ever and open for business after such a turbulent year."

It became apparent that this festival was far more wide-reaching than Julia and Mel first thought. The jewellery industry is intrinsically a part of the island's history and culture so they were very excited when Jersey Heritage and Genuine Jersey came on board. The festival is linking with Rossborough Private Client services who are sponsoring the festival which highlights how both industries interlink when it comes to insuring and safeguarding precious pieces. Mark Vautier, Head of Private Clients at Rossborough Group, said: "We are pleased to be supporting Brilliance Jersey Jewellery & Watch Festival, a high-quality event that will bring clients, jewellers and local businesses together across Jersey's watch and jewellery industry.

"As a local insurance broker with global status as part of Gallagher, Rossborough has a wealth of expertise in offering flexible insurance policies for high-value contents and valuables on behalf of Private Clients, and our dedicated team looks forward to sharing their insights and expertise at this fantastic event."

If you're looking to learn about jewellery or get something lined up ahead of a certain gift-giving season, make sure you check out the events!

@brlliancejersey

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JERSEY JEWELLERY & WATCH FESTIVAL

23 OCTOBER - 7 NOVEMBER 2021

WORKSHOPS | OPEN DAYS | TALKS AND EVENTS | MEET THE MAKER | EXCLUSIVES FROM





CATHERINE MEST AURUM Diamondings HETTICH infiniti Jersey Gents Jersey Pearl USALE BRACO PEOF POETRY RIVOLI STORY







Diary of festival events.

14th-15th October 6pm – 8pm 1st Anniversary Event

Join Infiniti for an evening in-store to celebrate their 1st anniversary, showcasing new and exclusive exquisite jewellery collections. Specialist advice from a selection of suppliers, drinks and canapes.

21st October 6pm onwards
Fine Jewellery Workshop
hosted by expert craftsman from our London
Workshop. Hettich

3rd October 9:00-17:30

World of Colour

world or Colour
Find out more about your favourite gemstones
with one of the UK's most highly regarded
manufacturing jewellers. Representatives from the
company will be in store to showcase their beautiful
jewellery. Please email
shop@rivollijewellers.com

Rivoli Jewellers

23&24th October Afternoon

Demonstration

Shaped by the Ocean will be making jewellery and giving demos in the workspace next to the cafe.

Shaped by the Ocean

26&28th October 11am

2&4th November 11am Diamond Masterclass

Aurum will be running sessions with their in-house diamond expert, Richard Blampied. The talks will span the international world of diamonds and cover topics such as diamond cuts, qualities and certification, as well as how to properly care for and maintain your diamonds. **Aurum of Jersey**

23rd October - 6th November

Complimentary Restringing

Eve will be offering complimentary pearl jewellery valuations and restringing during the BRILLIANCE festival as well as £10.00 off all purchases over

Pearl Poetry

23rd-30th October 12pm

Eco Gem Talk

Booking required via info@jerseypearl.com
Jersey Pearl,St Ouen

Discover Ormer, the island's treasure

Discover more about Jersey Pearl's sustainably sourced ormer collection for a chance to win a piece of this beautiful Jersey heritage.

Jersey Pearl, King Street

26th October 6pm onwards

FOPE Event

An insight into the fine Italian jewellery brand FOPE. Hettich

29th-30th October 9:00-17:30 Love Is Unique - Wedding Event

Rivoli's jewellery designers and manufacturers will be on hand to show how their wedding rings can be adapted to make them your own or design your own ring from scratch, their experts will guide you through the whole process.Booking advised.Please email shop@rivolijewellers.com

Rivoli Jewellers

30th October 1-2pm, 4-5pm Gemstone Talks

Join Jersey Pearl for a friendly talk and learn all about pearls and our locally sourced granite & ormer shell. Finally get to know the history of opal and immerse yourself in the world of amazing black opals from Australia.

Jersey Gems

Meet the Stylist – Swarovski Meet a Swarovski stylist who'll be in store all day to talk through the new Collection I and II and find the perfect pieces for this season. **Story by Rivoli**

Tea and Cake 11:30 – 13:00 An audience with Catherine Best and a chance to hear about her life with some stories along the way. **Catherine Best**

Demonstration

Victoria will be demonstrating how she engraves her personalised jewellery and how to solder a silver ring. She will also be talking about her jewellery workshops and showing examples of what you can make in one of her classes.

Victoria Liddell

31st October 11:00 - 13:00

Demonstration

Join Victoria Bardsley for a demonstration and useful tips on how to drill sea glass for jewellery making. Victoria's Jersey island Sea Glass

31st October-7th November 2pm Your Pearls Reimagined and Afternoon Tea

Booking required via info@jerseypearl.com Jersey Pearl

3rd November 14:30 – 16:00 Redesign and Bubbles Sit with Catherine Best's in-house designer who will show you how to breathe new life into your sentimental

Catherine Best

4th November

Straight from the Source

Breakfast session 8am-9:30am

Lunch session 12.30-2pm

Diamondology guides you through the latest developments in diamonds tracked from mine to finger with GIA diamond Origin reports. FREE limited spaces. Booking essential via lisa@diamondologygroup.com Refreshments provided

Diamondology

Master Class: Stylist Insights:

Layering Techniques 12-2pm

Join Voisins for expert tips on how to layer your favourite pieces to create a look that is uniquely

yours. **Voisins**

Hooks, Talons and Thorns
Meet Carole from Shaun Leane. Carole will be in store to showcase Shaun Leanes iconic jewellery designs

Story by Rivoli

5th-6th November

Meet the Master Craftsman -

Stephen Munro
Have your fingerprint or special messages in your own handwriting engraved by hand onto silver jewellery. As part of the Brilliance festival, Rivoli is offering the first 5 customers each day a free Silver Keyring and engraving. Booking advised. Email shop@rivolijewellers.com

Rivoli Jewellers

6th November 1-2pm, 4-5pm Introducing Moissanite Diamond vs Moissanite - A new era of forever shine within a budget. Join Jersey Gems to learn all about this popular new gem and how to design your own eternity piece with the help of our modern technology.

Jersey Gems

Toolbox Tour

Covering frequently asked questions and live demonstrations of modern and traditional jewellery-making techniques. **Lisa Le Brocq**

ctober 25th till November 6th

Showcasing...
Showcasing a selection of our uncut, rough gem crystals, as well as presenting exquisitely cut rare diamonds and precious gemstones of every hue from our collection.

Aurum of Jersey













Jacket with Hat by MaxiMara, £599.00 from Voisins. Boots by Selected/Femme, £126.00 from Voisins.



Jacket and Bag by Project AJ117, £225.00 from Manna. Boots by Steven Maiden, £160.00 from Voisins.

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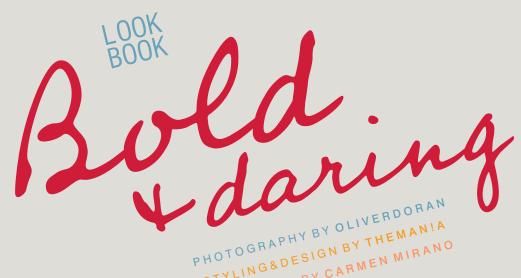
Coat by Baum und Pferdgarten, £519.00 from Manna. Jumper by Baum und Pferdgarten, £259.00 from Manna. Jumper by Baum und P



Dress by 2ndday Edition £200.00 from Manna. Boots £210.00 from Manna.

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STYLING & DESIGN BY THEMAN! A MODELLING BY CARMEN MIRANO

> Dress & Cardigan, Olivia Rubin Boots, Kurt Geiger All from Voisins







Dress, Fabulous Cardigan, Manna Bag & Boots, Kurt Geiger, Voisins

Blouse & Vest, *Kitri* Jeans, *Ba&sh* Boots, *Kurt Geiger* All from Voisins



Blouse & Jeans, Fabulous Vest, Manna Boots, *Kurt Geiger,* Voisins



Dress & Cardigan, Fabulous

Dress, & Sweatshirt, Manna Boots, *Kurt Geiger*, Voisins



Vest & Necklace, Manna Dress, Fabulous Bag & Boots, *Kurt Geiger,* Voisins





Health Point Clinic

Enjoy an active lifestyle pain and injury free in our new clinic with many acupuncture and massage treatments!

Words by Lorna Jackson, Clinical Director of Health Point Clinic, Acupuncturist and Massage Practitioner.

Why Health Point Clinic?

Our goal is to get you back to doing what you enjoy and performing at your physical and mental best. We go beyond just helping you recover from your injury by helping you improve your physical health and well-being and preventing future injuries or reoccurrences.

Whether you're injured, in pain, focused on stress management, wellbeing or women's health, we have a range of solutions for you. We are always happy to answer any questions you may have.

Acupuncture

Acupuncture is at the core of what we do here at Health Point Clinic. If you're injured or in pain, we are here to help guide you out of the frustration, pain and worry of injury, so you can enjoy life to the full! Acupuncture is one of the most effective ways to help you recover from a range of injuries and get you back to doing the things you enjoy.

A personalised approach, with combination of hands-on treatments, guidance, and education.

If you are waiting for a referral and wanting to be proactive in the meantime, or if you just want a second opinion, we are here for you.

If you have a long-standing condition and are in a lot of pain such as sciatica, we can provide help and support to relive your pain and aid recovery.

We offer a detailed, comprehensive assessment where we listen to you and what you want to achieve.

Massage treatments

From Tuina (Chinese medical massage), Chinese cupping massage, deep tissue/ Swedish massage, acupressure through to Reflexology – massage helps to reduce the aches and pains we all experience, whether through sport, injury and the everyday stresses and strains of modern life.

Your Recovery Journey

Get in touch - Book your appointment to start your recovery via phone or online booking.

Your assessment – We'll get to the root of your problem and where needed provide adequate referrals.

Have a plan - We take away any frustration and uncertainty.

Your recovery – We offer a range of acupuncture and massage treatments and services.

Your Wellbeing - Taking you beyond recovery into self care and maintenance.

Health Point Clinic at a Glance...

You - Our care is focused on listening to you, finding out what you want to achieve, providing a comprehensive recovery plan, and achieving your goals.

Referral - no referral is needed from your GP, just call and book.

Insurance covered – many providers cover acupuncture treatment and so do remember to check your policy with your provider.

Great facilities – In fact, we have just refurbished our Lido clinic! Do feel free to pop in!

Free onsite parking - We're easy to get to and find, with free onsite parking.

We have two clinics – one in town at the Lido Medical Centre and one in Fliquet, St. Martin for those who dare not venture into the city!

Evening Appointments – We are open early until late to fit appointments around your busy lifestyle.

Hassle free - From first contacting us, we'll support you every step of the way and make your recovery journey easy.

www.healthpointclinic.co.uk

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A Body of Free Expression

Freedom. Is that not what we are seeking, truly? The freedom to move, to express, to live trusting that our bodies will carry us through the fun, tough and mundane.

Of course, life happens, we find ourselves running from errand, to job, to task and in the spirit of "having so much to do," we allow our thoughts to cycle, our hearts to race, muscles to stiffen, breath shortens and cravings take control. And when the day is done, we spend little time replenishing or listening to the needs of our body who has endured so much throughout our lives!

What happens if we don't step off the rollercoaster? Our tired bodies talk to us; a headache, stiff joint or two, we may even get sick... did you hear it? The call to prioritise your health and what that means in experiencing your life fully.

What is it that brings meaning to your life? I don't believe that you need to accept a developing incapacity to do the things you love, roll around with your kids or feel the way you know you can! You need not hit the low before experiencing the high!

In actual fact, perhaps we don't know how limited or indeed limitless we truly are. What a thought to stew on!

Chiropractic works with the master controller of your body, the nervous system. It controls movement, beats your heart, turns food into nutrients and adapts to stressors. At Human Health, we help find and remove key interferences in this system which is vital for our optimum well-being and brings with it ease, clarity and a sense of greater capacity.

Freedom in the body can be far reaching, giving the innate wisdom of your body and mind space to heal with greater efficiency, to perform mentally and physically at optimum levels and pursue a life that is full of inspiration and vivacity! Is not the pursuit of feeling good in your own body simply the pursuit of happiness?

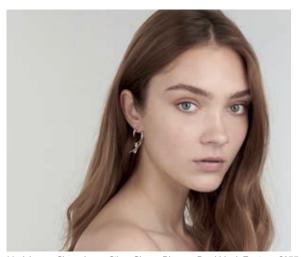
Dr Tacy Wright MChiro DC (Doctor of Chiropractic)





WWW.GALLERY.JE @GALLERYMAGAZINE

Brand News



Model wears Shaun Leane Silver Cherry Blossom Pearl Hook Earrings, £255

We love a good story

If you've been on King Street recently you may have noticed that Swarovski has expanded to now include four new brands in store. The new store, STORY by Rivoli, will continue to stock the full Swarovski range alongside Clogau, Daisy, Maria Black and Shaun Leane.

For over 20 years, Shaun Leane has redefined the standard of British jewellery design. Fusing innovation with exquisite craftsmanship, the house is known for a timeless elegance that epitomises modern romance. Shaun Leane is the creator of some of the most admired jewellery masterpieces of the 21st century. As part of the Brilliance Jersey Jewellery and Watch Festival, STORY will be welcoming Carol, brand ambassador for Shaun Leane, in store to showcase his iconic designs and talk about the inspiration and history behind the collections.

The event takes place on Friday 5th November at STORY by Rivoli, 21 King Street.

Further information online at www.rivolijewellers.com





Time to slip out of your summer Birks and into your winter Birks!

The Birkenstock Stalon, £165, is the obvious winter upgrade. Made of grey leather with a chelsea boot silhouette this boot will take you from blustery beach walks to cocktail-fuelled lunches. Or for the more relaxed look, their London shearling sandals, £155, nail the loungewear look. A sweet suede clog that will mould to your feet.

Birkenstock is available from Schuh.

Check it out!

We popped into Benetton and fell in love with some of their brilliant check pieces which all give off wonderful cosy winter vibes.

Pictured are their casual check overshirt jacket, classic long check flannel shirt and wide leg check flowy trousers

All from The United Colors Of Benetton



MEW BRAND SPOT

London-based Kitri was Founded in 2017 by Haeni Kim. She creates hard-working, wellmade hero pieces that don't break the bank. This clothing is for trailblazers.

Pictured the Kara Checker Knitted Trousers & Cardi,

Available from Voisins



NEW! GIFT MAGIC! GIFT LOVE! GIFT JOY! GIFT KINDNESS!



CharlotteTilbury

Hello

With panoramic views of St Aubin's Bay and the sight of yachts gently bobbing up and down in the marina quite literally on your doorstep, this spacious apartment will leave you with plenty to gaze at through those full-height windows both day and night as the world passes by and the sky fades from blue to black and back to blue again.

The convenience of living in town can often be offset by the uninspiring views from your window; however, with this luxury seafront apartment, you can have it all. Yes, even parking; there are two basement parking spaces reserved for the exclusive use of this property, too. Granted, those working in town might never need such a luxury, but even if you do work just a short stroll from the marina and you enjoy escaping to the more rugged scenery of the north coast - or even, dare we say it, more awe-inspiring beaches that the west of the island has to offer - when the weekend arrives, you can sleep soundly in the knowledge that once five o'clock chimes on a Friday evening you'll be back home, changed and out on the road in no time.

Or simply settle into the lounge or one of the two south-facing balconies and relax as the sun fades away. The choice is yours!

"The convenience of living in town can often be offset by the uninspiring views from your window; however, with this luxury seafront apartment, you can have it all. Yes, even parking!"

Situated on the first floor of Le Capelain House at Castle Quay, this is one of just five sea-facing 'shard' apartments in the complex, with a very comfortable 1,236 sq ft of floorspace. Its floorto-ceiling windows allow for an abundance of light to flow in from outside, and, to counter the heat, the apartment is fitted with air conditioning in the open-plan lounge / kitchen / dining room so you'll always be able to get the balance just right and live in true comfort.

There are two bedrooms, of which the master features an en-suite bathroom, and as you'd

expect from an apartment of this calibre, the rooms are generously sized. The crucial question to ask yourself would be whether you'd potentially prefer a house with a greater number of rooms in a more urban setting, or a spacious apartment with *that* sea view? Rounding up the rooms are a house bathroom and separate utility room to hide away all of those bits that are household essentials. You know; washing machine, tumble dryer, vacuum cleaner, ironing board, feather duster, cuddly toys...

If you enjoy entertaining, then what better way to make the most of the beautiful backdrop than by having your guests gather around the curved bar and worktop area while you cook up a storm? The neutral kitchen features high-quality Miele appliances and there's ample space for onlookers sitting on the lounge side, as well as in the lounge itself although let's be realistic here; your guests will probably be soaking up the scenery with their noses up against the windows or arms resting on the balcony!

To take a look around this stunning seaside apartment for yourself, contact Gaudin & Co. by visiting gaudin.je or calling 01534 730 341.



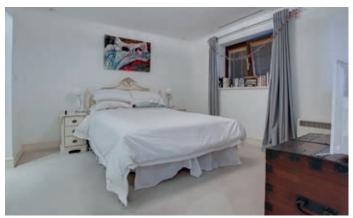


St Helier

2 Bedrooms / 2 Bathrooms / 2 Parking

Priced at £1,095,000 Gaudin & Co. 01534 730 341 Gaudin.je





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We meet some of the team behind the brilliant SunWorks company. SunWorks has undertaken 250 solar projects in Jersey; they are the only major player in the Jersey solar industry as their service and knowledge is unrivalled. They are contracted by all major building firms and Jersey Electricity to handle solar installations. Their projects range from installing a couple of off-grid panels for homes to 1,500 panels for Jersey Dairy. Here we get to know a few of the faces behind the solar products...

MARK BRANDON Managing Director

Favourite way to spend a weekend? Lazy French road trip, good music and fast cars.

Favourite meal? Haha who cares?

Favourite place in Jersey? Anywhere at 6am

What do you do on a typical day? Drink coffee, plan my day, hit the gym, focus on important stuff, keep improving the business each day and have a good time with colleagues.

What do you love about your job? SunWorks are the only company in Jersey actively installing locally generated renewable energy systems. I'm passionate about building a team and driving this forward to deliver improved energy freedom. Our product has useful realworld utility and saves on energy bills. I've always like the simple idea of using the sun for electricity generation.

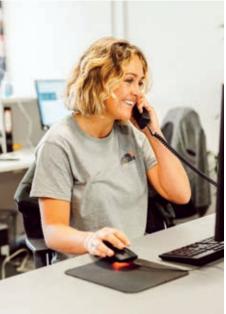
I often attend handovers for our completed installations. I inspect our work and enjoy chatting with customers about how they can use their new solar technology to make the best energy savings.

What's challenging? Challenges with running a business include constant prioritisation and knowing when to stop working, given the constant amount of work to do when developing a business in today's world. There is a lot of content out there about being your own boss and all the benefits that come with it, but there are many difficult challenges and it should not be underestimated.

What motivates you? Developing a business that is making its own dent in the universe and developing energy systems that are in sync with our abundant natural elements. Learning from mistakes and always improving.









ALEX PEARCE Installation Team Supervisor

Favourite way to spend a weekend? A swim off the Perquage at Brelade's, meet some friends, and a DJ gig somewhere if I'm lucky.

Favourite meal? Vegan burger with curly fries.

Favourite place in Jersey? St Ouen's Bay.

What do you do on a typical day? Meet the team in the office and discuss the plan for the day over a coffee, continue or begin a new install, attempt to keep my van tidy (not always successful!).

What do you love about your job? The variety - we're rarely on the same site for more than a week, the views from the roofs, working outdoors with good people.

What's challenging? Staying motivated in the middle of winter when you can't feel your hands.

What motivates you? Every solar panel I install reduces carbon emissions and empowers someone with energy independence.

Tell us something about SunWorks we might not know... At the moment we have installed over 6000 panels on 236 roofs and they will produce about 2.4 million units of electricity annually.

GEORGIE DURELL Solar Project Coordinator

Favourite way to spend a weekend? With friends, good surf and yummy food.

Favourite meal? Chicken and Rib Combo (at Devil's Hole Pub)

Favourite place in Jersey? Greve de Lecq

What do you do on a typical day? Getting solar jobs from paper to on-site projects. In other words lots of organising, ordering and scheduling.

What do you love about your job? Every day is different and the industry is always looking at way to improve renewable energy extraction. Nice to have a job looking into this field.

What's challenging? Every day is different!! Sometimes things can change last minute and that means changing all the things organised, orders and the schedule. It's a challenge is to always try to stay one step ahead.

What motivates you? Doing the things I enjoy. Renewable energy is a big interest and being part of the team that deploys residential and commercial renewable energy solutions.

Tell us something about SunWorks we might not know... We are currently looking to recruit an electrician.

RICHARD ABEL

Favourite way to spend the weekend? Hanging out with friends, exploring the island and riding round on my motorbike.

Favourite meal? Sushi, sushi and more sushi.

Favourite place? Beauport Bay.

What do you do on a typical day? A typical day for me is arriving on site discussing with the client, then installing the Solar PV inverter and energy meter commissioning the system, testing the newly installed circuits and setting up the clients with the app-based monitoring.

What do you love about your job? I love the different challenges I face and the variety of work, and every time a system gets turned on and seeing the property using all or exporting solar energy to the grid gives me an awesome feeling.

What's challenging? One of the more challenging aspects of the job is understanding how different systems work.

What motivates you? To educate, working within a great team to reduce Jersey's use of fossil fuels.

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Finishing Touches



Moskov Black Floor Lamp

This contemporary, 1.5m tall floor lap features a smart little table, which would make the ideal spot for your cuppa, Kindle or good old fashioned book next to your favourite chair.

> £220 from MyPad www.mypad.je



Hex Concrete Table Lamps

Featuring the perfect mix of soft and hard textures and contrasting shapes in the body of the lamp itself and the shade, this beautiful handcrafted lamp is an absolute gem.

> £135 from Pebble www.ilovepebble.com



Sail Shades

Whether you have skylights, an orangerie or conservatory, these sail shades are a beautiful alternative to blinds when it comes to keeping the warmth in or the heat out as seasons change.

> Available from CP Interiors www.cpinteriors.je



Set of 3 Faux Succulents

Succulents are notoriously easy to keep, but if you're notoriously terrible at remembering to water plants, then this set of three artificial succulents will brighten your home indefinitely.

> £59 from Powerhouse www.powerhouse.je



Lema Oculus Mirror

These beautiful mirrors from Lema bulge elegantly out of the wall, creating a focal point that's both aesthetically pleasing and handy to have at your disposal in the home.

> Available from Bauformat www.bauformat.co.je



Gold and White Wall Clock

If you consistently find yourself in pursuit of punctuality yet often fall short of achieving your goals, another clock in the house probably wouldn't go amiss!

> £29.99 from Romerils www.romerils.com

Beautiful belongings need the right insurance. At Jersey Mutual, we've got you covered.

Jersey Mutual has been helping islanders with a personal approach to home and contents insurance since 1869. We understand the value of your home and what is in it. As a Mutual, we also put all our energy into stabilising premiums and providing the best possible service. If you have a property and its contents to insure, talk to real people. Talk to us.



Call us on 01534 734246 quoting 'GALLERY'. Or call in and see us, we're just opposite Bean Around the World.

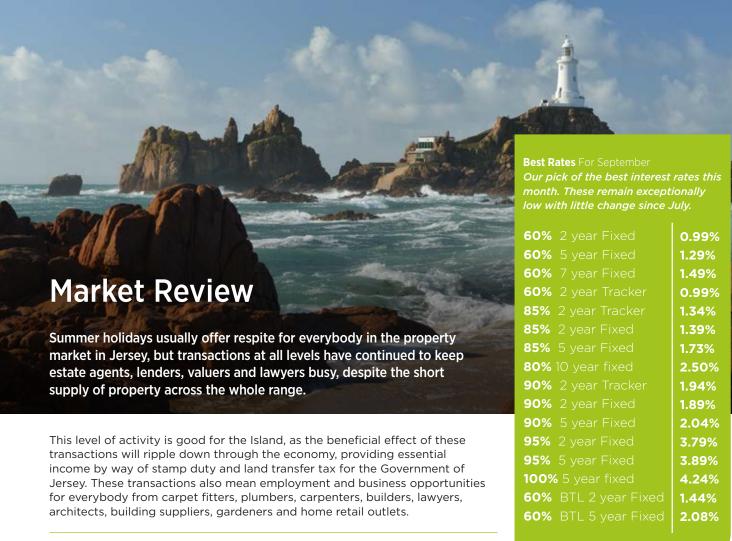
Learn more about us at jerseymutual.com



Exclusive supplier for:



KITCHENS I BATHROOMS I BEDROOMS



DELAYS IN THE PROCESS

Some lenders currently have a backlog that has been caused by holidays, working from home and illness, and this is causing delays which can be frustrating but are often unavoidable.

The time that it used to take from having an offer accepted by an estate agent to completion through the Royal Court used to be between four and six weeks, but we now advise our clients to work on a six- to eight-week lead in.

If a purchaser needs a mortgage, the standard procedure is for the lenders to receive an application, approve it and to then instruct a professional surveyor to undertake a valuation for mortgage purposes - there aren't many local surveyors, so they are always very busy. With the valuation completed, and if the property stands up to scrutiny, not only in respect of market comparisons, but also structure, good repair and with no significant faults or concerns, the mortgage offer is then issued.

Vendors and their agents will usually try to push for a shorter lead-in period, although it is worth remembering just how much work goes in to a transaction – the estate agent, lawyers acting for the purchaser as well as the mortgage provider, the surveyor who undertakes the bank valuation, as well as any specialist reports, if called for, and so on – added to this list could be a duplicate number of people looking after the vendor's sale and possible new purchase and mortgage.

Should you wish to receive a copy of our First-Time Buyers' Guide, be added to our monthly bulletin list, or want to arrange a free consultation to discover how much you could borrow, please contact our offices on 789830 or email info@mortgageshop.je

HOUSE PRICE INDEX

Estate agents and purchasers tell us that things are now starting to slow down with some purchasers struggling to find a suitable property to buy inside of twelve months, as prices have rocketed due to the demand, and fewer people are choosing to place their property on the market. The most recent House Price Index has recorded an increase of 18%, when compared to Quarter 2 of 2020, and this trend shows no sign of slowing, with the latest average prices recorded as:

1 bed flats £315,000 2 bed flats £494,000 2 bed houses £566,000 3 bed houses £806,000 4 bed houses £1,277,000

Whether the market can continue to support these prices remains to be seen, with these latest figures not good for First Time Buyers who have struggled for years to find reasonably priced property to purchase.



www.mortgageshop.je

the mortgage shop

Tel: **789830**



Mortgage Shopping?

Think of us as your home delivery service.

No shopping around, pounding the pavements or endlessly browsing websites.

We've already done all of those tedious tasks for you. So all you have to do is pop in, sit down with a coffee and actually enjoy the start of your homebuying adventure.



Drop us an email info@mortgageshop.je Socialise with us 1 themortgageshopjersey Pop in 31 Broad Street, St Helier

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Registered with The Jersey Financial Services Commission.





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Genvine Articles

Each month we feature some of Jersey's creators and let them share their creative visions and handmade goods with you lot, our island consumers. If you like what you see, check out genuinejersey.com and hunt them down to support our local industries!

O Photography: Danny Evans

MATT OPMAN

Founder and brewer, Stinky Bay Brewing Company



Tell us about how Stinky Bay started?

We began brewing four years ago. I started the brewery with a friend initially; it had been a crazy idea we had one night when we were away travelling together. We literally drew up the idea over beers one night on the back of some napkins, even going as far as looking into prices online and guessing how many millions we could make?! When we woke up the next day, with sore heads, the idea was shelved. Of course, a few months later, the allure of Jersey and making delicious beer proved too hard to resist, and we went about setting up the brewery to give it a go.

We are now producing around 50,000 litres of beer a year in our microbrewery; that's enough for every adult in Jersey to have a pint (I've just worked this out with a massive grin across my face!). I now run the brewery on my own, and I love every day that I do.

Where did the name Stinky Bay come from?

It's a bay on the north coast of the island, near Faulkner Fisheries. Popular with surfers and fishermen, it's somewhere I spent a lot of time when I was growing up. Though it's real name is La Pulec, everyone knows it as Stinky Bay, or simply Stinkies, owing to the heaps of seaweed that build up during the winter. I wanted a catchy local name and it fit the bill perfectly.

On your labels it talks about 1% for good, what does that mean?

We allocate 1% of our revenue to support charities and other good causes. We don't solely give to registered charities, so we have the flexibility to support smaller and impromptu good causes; be that feeding street dogs or sponsoring litter-picking. In summer 2021, I've been proud to support Healing Waves and the RNLI. It's probably the thing I'm most proud of in building this business.

Where can we find it?

You can find our beers on draught in a lot of local establishments, or the bottles in their fridges. You can also buy our mini kegs or bottles in most supermarkets or independent retailers on the island. We're lucky enough to be stocked in more places than I can mention these days. And, of course, you can buy directly from our website too www.stinkybay.com



CONVERSATION STARTERS: 'PURSUIT' The world's longest high-speed pursuit lasted for 16 hours in aland before the police caught the susp



A wine club for the adventurous...

Are you tired of the same old wine selection at the supermarket? Tired of lugging around heavy shopping bags? Let us choose and deliver your wine for you! Discovery by Love Wine is a monthly wine subscription club for unique, delicious, and downright great wine. Each month, we will send you six different wines selected for you by our team of wine people.

We believe everyone should have access to great wine. You don't need to know everything about wine to enjoy it. Discovery will allow you to try loads of different wines and give you hints and tips of what to look for to supplement your enjoyment. Try, learn and love wine of different styles and grape varieties from all over the planet. That way, you can discover more wines that you love!

Choose from three packages: White, Red or Mixed at three different price points CRU (£66), 1er CRU (£99) or the big bad Grand CRU (£180)! Each box contains six bottles of specially selected wines.

Sign up for a monthly recurring subscription for yourself, or you can gift a membership to someone special. They, too, can enjoy great wine delivered directly to their door! Did someone say Christmas present? There's no minimum sign-up term, and if you find you are well-stocked for one month, just skip a box.

Join our Discovery Club and be the first in line to receive new wines, get exclusive video tastings from the team and the winemakers and much more. When you find that gem of a wine you like, take a note and order more online or pop in store to see us at Longueville Road.

There are a multitude of wines out there to discover with Discovery by Love Wine!



This Christmas, show them you know them with gifts as unique as they are.



We have something for everyone you love, from stocking fillers for the 5am stocking-openers to swoon-worthy chocolate boxes for the hopeless romantic in your life.

Visit our store on Queen Street to pick up all you need for the perfect Christmas.

For corporate gift ideas, please contact Sacha on (01534) 780265 or HotelChocolatJsy@sandpiperci.com

Imaght to you by SandpiperCl Locally Owned, Locally Managed

Restaurants.

Cut through in 2022.

Do you want to share your menus and set menus with customers, promoting your quality menus with seasonal ingredients?

Do you want to do so without having to pay to do so or reduce your menu prices to fit a fest?

We're building our appetite platform to promote your venues and quality menus. Plus, you can do it all yourself, just add them in and we'll share them.

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PURSUIT OF THE PERFECT PIZZA PIE

It's a Friday evening, and we're craving pizza. But we're also craving a pint. So we dial up four different pizza delivery joints and have eight thincrust pizzas—four cheese and four pepperoni—delivered to Krafty J's. Five friends eat and rate the pizzas while sipping on craft beers.

Here are the results in order of time it took for them to arrive. They were all ordered online at approximately 5:20pm.



DOMINO'S (5:35PM)

The Techie: It's better than I remembered.
The Snowboarder: I think the garlic sauce is there because it's too doughy to eat otherwise.
The Poet: I like that the sauce is sweet.
The DJ: The pepperoni is way too salty.
Verdict: If you're in a hurry, it'll do.

PIZZA QUARTER (6:10PM)

The Techie: This tastes like a grilled cheese sandwich.

The Bartender: Pepperoni is very perky! The Poet: Did we ask for no sauce? The Snowboarder: This is where Domino's garlic sauce comes in handy.

Verdict: Pretty pepperoni pattern, pretty thick.









ALVIN'S HOT STUFF (5:50PM)

The DJ: There's a surprising amount of crisp considering it came in a box.

The Techie: This tastes like fresh ingredients. The Bartender: I love the herby action on top! The Snowboarder: Crust is thinner. More flavour. I'm satisfied with this pepperoni.

Verdict: sniff above average.

PIZZERIA FAMOSA (6:30PM)

The Poet: That fresh basil makes the pizza. Chewy crust but a little burnt.

The Snowboarder: Tastes like it has flavours in its own right.

The Bartender: Worth the wait.

The Techie: The pepperoni. The sauce. The best.

Verdict: The real deal.

CONVERSATION STARTERS: 'PURSUIT'
The phrase "hot pursuit" was first used to describe Queen
Elizabeth's hounds chasing a deer in a 1575 letter by courtier
and historian William Patten.



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THE GLOBAL PRIVATE WEALTH **INDUSTRY**

in a post-Covid world



Alison Parry Head of Private Wealth at Intertrust Group

There's no doubt that Covid-19 has profoundly impacted the global economy - not to mention people's lives and livelihoods.

We at Intertrust Group have helped our clients to navigate these challenges and made a concerted effort to support our colleagues too - from wellness initiatives to a 24/7 help desk in India. Now it seems one key legacy of the pandemic, in the context of the global private wealth industry, has been to accelerate trends that were already driving the evolution of the sector. The firms, advisors and jurisdictions best able to meet these demands and cater to the changing needs of clients will likely succeed in a post-Covid-19 world.

What are these trends? As part of our latest Global Wealth Trends Report, Intertrust Group canvassed the views of private wealth management professionals located across the world and identified the following stand-out themes. We expect these to escalate in importance as we look forwards across the next few years.

Private capital funds are becoming more popular

Private capital funds are becoming more popular as a means to manage private wealth - and financial centres that cater for this demand remain well positioned to grow. As Intertrust Group has cited before, the world of private wealth is continuing to merge into the more regulated world of private capital and investment funds, particularly with regards to family offices.

Private capital fund structures represent an increasingly attractive option for many in the private wealth space. This was reflected in our survey, with the number of private clients setting up private fund structures in the future expected to be higher than currently seen.

The rise of private capital funds also shows how wealthy clients are looking for vehicles that allow them to invest 'anywhere in anything at any time' – and, increasingly, in a regulated environment. Our research found that more and more clients understand the benefits that come with regulated structures. This, we believe, is set to be a huge industry growth driver over the next two years.

Technology and data analytics are driving change

Technology remains at the centre of the evolution of the private wealth market industry - including for the jurisdictions and service providers that cater for wealthy clients. Covid-19 and the rise of remote communications and service propositions has added further momentum to this industrial shift.

Consolidated reporting requirements, compliance and portfolio transparency, rich analytics, and giving clients greater control over their wealth have fuelled the rise of sophisticated tech platforms and reporting tools. Cybersecurity and AML concerns are expected to drive further tech innovation in the short term, according to the research.

However, it is the intense focus on ESG and the switch to more ESG-compliant asset allocation among private clients that will likely accelerate the tech focus. As data around ESG investing develops and matures, the need to reflect, accommodate and audit this in private client portfolios and assets will be significant. This cannot be viewed simply as a 'box-ticking' exercise for clients - but as a real transformational shift; those who don't prioritise ESG today will likely lose competitive advantage in the years to come. Effective data management and use of the right platforms and reporting tools - and partners - will underpin the success of refocusing portfolios towards greater ESG exposure.

Importantly, clients themselves are placing more emphasis on service provider tech skills: almost a third of respondents said this was now 'critical' in terms of the firms they use to help manage and structure their wealth.

Conclusion

The private wealth sector has largely managed the Covid-19 period well. But it has done so by constantly adapting and meeting new requirements. As an industry, it has continued to grow and evolve, and represents a dynamic, truly globalised marketplace where best practice - particularly with regards to technology and service adaptability - will continue to attract the greatest numbers of clients.

In this environment, dedicated service providers such as Intertrust Group will be instrumental in providing the right data, reports and analysis to help clients navigate the complexity of these new norms. Ultimately, though, our strong client relationships will always be at the heart of everything we do. That's one thing that will never change about private wealth: its focus on people and their families.



WHY SHOULD I PAY SOMEONE ELSE

TO MANAGE MY MONEY?

Richie Griffiths, Private Banker in the Nedbank Private Bank Jersey office

The volume and ease of access to information in the media can give the illusion that investing is easy. There are two main ways you can go about it: you can do it yourself and create your own execution-only investment portfolio; or you can appoint a discretionary manager who will select and manage your investments for you.

This first option is fine if you have knowledge or an interest in finance, or time on your hands. But timing the market is impossible for multiple stocks, while copying someone else doesn't work given past performance is not necessarily a predictor of future returns!

The alternative is to delegate your financial decisions to an established discretionary manager, who can work with you to design a portfolio that meets your specific financial needs and appetite for risk, and then manage it for you. Inevitably, this will incur costs over and above the standard dealing costs associated with managing your own portfolio, but a good discretionary manager should be worth the investment.

FIVE THINGS TO LOOK FOR IN A DISCRETIONARY MANAGER

A long-term focus

Taking a long-term view means you should not need to take more risk than you are comfortable with. Investments that promise to achieve a lot in a short period of time are almost certainly too good to be true. You could even lose some of your original investment given the close relationship between risk and reward.

Investing over the long term also allows you to benefit the most from equities – a type of investment that can really help your portfolio grow. Unfortunately, equity investments also tend to react the most to short-term events and markets can, of course, go down, as well as up – hence the need for a long-term focus and a clear investment process to remove the emotions associated with investing.

Understanding of risk

It is easy to be deterred by the necessary discussions about risk, but a good investment manager will mitigate risk on your behalf. However, risk is important, as without it (and investments), you could run the risk of not achieving your financial goals. As such, make sure inflation or longevity risks are also factored into your portfolio.

Diversification

An investment manager should be properly diversified and different types of diversification can include:

- Multiple investments of funds rather than a very small number of direct company investments.
- Different types of assets, including a blend of equities, bonds, cash, property and alternative assets.
- Different geographies, with countries at different stages of development all around the world.
- Different industry sectors, such as communication services, energy, healthcare and information technology.
- Different investment styles, including active versus passive; growth versus value and small capitalisation stocks versus their larger peers.
- Different currencies, which is an approach not many investment managers currently take, but makes sense for a global investment portfolio.

All investments are affected by what is happening in the world, but different types behave in different ways. This means the manager can seek to maximise your investments returns, within the range of risk you are comfortable with.

Asset allocation approach

This is how the manager decides what percentage of your investments should be invested in which type or class of investment. The approach should take a long-term or strategic view, as well as a short-term or tactical view to respond to the world events unfolding, or expected to unfold, over the next few years. They should draw on an extensive investment research capability to advise on the most appropriate asset allocation for you, from both a strategic and tactical perspective.

By actively managing the investments that are bought on your behalf, the manager seeks to benefit from how each of these investments is expected to behave. An investment manager should not be limited by the country you call home. After all, your salary, family home and any number of your other assets are already affected by what is happening in that country. Why should your investments be in the same boat?

Managing costs is key

Every investment manager will say that cost is an important factor in their approach, but it really is crucial. A good manager can provide wider market access, to primary markets and institutional rates that are not available to an individual investor. However, money paid in fees and charges is not just money you will not have in the future, it is also money you will no longer be able to use for investing and compounding returns.

AN INVESTMENT IN KNOWLEDGE PAYS THE BEST INTEREST

A good discretionary manager can add value by applying their experience and expertise to meet your investment goals. Most importantly, they can take an objective view and remove some of the emotion from financial decision making, which should provide peace of mind and free up your time for better things.



RELATIVE VALUES

Lauren Rimeur joined Rathbones in November 2020 as Senior Client Service Executive.

Lauren has a diverse and varied role - as well as being hands on in many aspects of the business, Lauren manages a busy team of four to ensure that Rathbones' client service is consistently high.

When not in the office, you are likely to find Lauren on the netball court or in a restaurant Jodie Hassett joined Rathbones in September 2020 as an Assistant Investment Manager, after returning from living and working in Australia.

Jodie assists with the day-to-day management of investment portfolios and sits on the local ESG committee, as well as the local Research & Analysis committee, where she covers Europe and the UK. She has a degree in International Financial Services and has completed the CFA Diploma in Investment Management (ESG) and the CISI Investment Advice Diploma.



Lauren Rimeur

Jodie Hassett

It's got to be my new cordless Dyson hoover	— Favourite possession		_	My Dyson hairdryer, couldn't live without it now
Blue	_	Favourite colour		Pink
Dogs	_	Favourite animal	_	My cat, Mitsy
Anything by Tom Ford		Favourite smell		My friends' newborn baby!
Sunshine, friends and espresso martinis	-	Favourite way to spend a weekend	_	A city break spent shopping and trying new places to eat out
Thai	_	Favourite food	-	I love a good cheese board
Strawberry	_	Favourite ice cream flavour	_	Ben & Jerry's cookie dough
Netball	-	Favourite pastime		Reading a good book or bingeing on a crime drama
I don't have one but I love true crime documentaries!	_	Favourite film	_	Dirty Dancing
Ones that help me fall asleep		Favourite book	-	Good Vibes, Good Life by Vex King, such a good read for encouraging a positive mindset
Ed Sheeran – Bad Habits	s —	Favourite song	_	Lord It's a Feeling by London Grammar
It's too hard to pick. I don't want to cause any arguments	-	Favourite person	_	My mum is my best friend!
Barbados		Favourite place		Sydney, Australia
Bass and Lobster	-	Favourite restaurant		Quayside

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NEW HEAD OF RISK & COMPLIANCE AT IQ-EQ JERSEY

IQ-EQ is pleased to announce the appointment of Nadia Lewis as IQ-EQJersey's new Head of Risk and Compliance, as it continues to grow and strengthen its Jersey business.

Nadia brings with her over two decades of industry experience. She joins from a Jersey-based privately owned business, where she headed up their Group Risk Function. She has also worked for a number of household name financial institutions and has held several senior positions in the UK and Jersey, encompassing both global and regional reach. Nadia is both a qualified solicitor and an MBA graduate.

In her new role, Nadia will be responsible for all risk and compliance matters across the Jersey business, bringing with her excellent working relationships with regulators and the wider industry. A Jersey native, Nadia has worked on and off the island since 1997, frequently with responsibility for the Channel Islands, so is well familiar with the region where she will be based.

Commenting on her appointment Nadia said, "IQ-EQ is a dynamic a fast paced business, which has a significant global footprint with a brand that is recognised around the world. I am delighted to have joined the Group and I look forward to leading such a core part of the business, while also adding my own wealth of experience and expertise to an

incredible senior management team. It's great to have joined a business with such a strong compliance culture where people are focused on clients and want to do the right thing".

"A Jersey native, Nadia has worked on and off the island since 1997, frequently with responsibility for the Channel Islands, so is well familiar with the region where she will be based."

Ben Newman, Managing Director IQ-EQ, Jersey added, "Nadia joining reflects our commitment to recruiting the best of the best. We are delighted to welcome Nadia to the team to lead our risk and compliance function and wish her every success in the role".

Nadia joins IQ-EQ Jersey during a period of rapid growth for the business, with a number of key senior appointments in the last year. These include Michael Thomas who joined IQ-EQ Jersey as Head of Finance, Mirek Gruna as Chief Commercial Officer, Jersey and Andy Mallet as Jersey's new Head of Operations.

Pictured are Nadia Lewis and Ben Newman.





HIGH FLYER

Tom Hiles, Trainee Investment Manager

Tom Hiles, Trainee Investment Manager with Quilter Cheviot

Jersey, has recently been awarded the Jersey Finance Rising Stars

Award – Investment Management. The Rising Stars awards, now in their

second year, were created to give Jersey Finance members the opportunity to reward and

recognise the young talent within Jersey's international finance centre. A special ceremony

took place in Jersey on Friday 10th September where Tom was presented with his award.

Tom is originally from the UK and moved to Jersey five years ago. Having completed the graduate scheme with a local fiduciary firm, Tom joined Quilter Cheviot in March 2020 to commence a career in investment management. Tom's dedication to his career and gaining the required qualifications has seen him complete the CISI Investment Advice Diploma in Offshore Finance in only 8 months and he is currently working towards the Chartered Wealth Manager qualification.

Tom's role as a Trainee Investment Manager involves working closely with the more experienced members of the Team to construct and review investment portfolios. Tom also works closely with Investment Managers when presenting to clients, including trustees, and providing them with market insights. Tom, together with a colleague from the Quilter Cheviot London office, now takes charge of Quilter Cheviot's lending and short-term deposit relationships.

Outside of work, Tom is an avid tennis player and will most often be found down at the Caesarean Tennis Club. Quilter Cheviot sponsor Caesarean Tennis Club facilities and continues to support junior and adult tennis.

Quilter Cheviot, which is this year celebrating its 250th anniversary, continues to support the Durrell Wildlife Conservation Trust and is the official launch partner of Durrell's ReWild Carbon initiative, focussed on reducing carbon in the atmosphere. This partnership outlines Quilter Cheviot's focus for the next 250 years which will see the company work with future generations with an emphasis on sustainability.

"Tom's dedication to his career and gaining the required qualifications has seen him complete the CISI Investment Advice Diploma in Offshore Finance in only 8 months"

As a business which tailors its service to the specific needs of clients, Quilter Cheviot recognises its role in being able to help clients who want to invest knowing that they are generating more than just a financial return on their investments. Quilter Cheviot offers a range of different approaches to meet the responsible investment goals of its clients including the award-winning Quilter Cheviot Climate Assets Fund which was launched in 2010 and invests in the growth markets of sustainability and environmental technologies, with a strong underpinning of ethical values. Five positive investment themes are at the heart of the fund's stock selection: low carbon energy, food, health, resource management and water.

As part of Quilter plc, Quilter Cheviot is amongst the first wave of asset managers who achieved signatory status of the 2020 UK Stewardship Code and is a signatory to the UN-backed Principles for Responsible Investment and achieved an A rating for strategy and governance as well as for active ownership.

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BRAND:NEW MAILLARD & CO

Voisin Hunter, Buckley & Company, Maillards Estates and MDW Building Surveyors have joined forces to bring their property expertise under one roof, directly uniting to create one cohesive team as Maillard & Co. The new brand will now represent their strengths across property management, commercial and residential sales and lettings and surveying, Maillard & Co will now be able "to offer a more efficient, intelligent and seamless service to property owners, occupiers and developers."

With more than 40 experts under one roof, and a history of property expertise dating back to 1928, Maillard & Co now becomes the Channel Islands' largest and longest-standing team of property professionals. This will enable local, national and international customers to benefit from a strong and experienced end-to-end service across a wide range of property services.

Managing Director of Maillard & Co, Simon Buckley said: "I am delighted to be announcing the new Maillard & Co identity to our customers and the industry. We are proud to have held a strong reputation as

a trusted partner in the property sector for almost a century, due to the fact that we have always endeavoured to treat our clients with the highest levels of care, service and professionalism. We believe that the role of a property partner is to put our customers' interests first, and work with intelligence, integrity and professional expertise across the full range of property services."

Maillard & Co customers will benefit from the expertise and professionalism of the firm's team of RICS-qualified chartered surveyors and property managers. The Royal Institute of Chartered Surveyors (RICS) enforces

highest professional qualifications and standards in the development and management of land, real estate, construction and infrastructure. This globally-recognised standard of excellence provides Maillard & Co customers with the confidence that every aspect of their property requirements will be handled with the highest level of professionalism. The extensive expertise and depth of knowledge held within Maillard & Co's team means that they can offer the benefits of a trusted partner relationship to their customers, guiding them through even the most complex property processes with the professionalism, advice and insights to make the journey smoother.

Maillard & Co occupies a sizable share of the Jersey property sector, with over £1 billion of property under management, including over 4,500 managed tenancies and 130 housing association or share transfer residential blocks with an annual rental collection of more than £20 million.

The new identity represents the next step in the evolution for the four companies - Buckley and Company Limited (commercial agency, investment and professional services), Voisin Hunter Limited (residential and commercial property management), Maillards Estates Limited (residential sales and lettings agency) and MDW Limited (building surveying) - which were previously held by Real Property Limited, and acquired by Rialto Investment Partners in February 2021.

Oliver Mourant, Partner at Rialto said: "We have been very impressed with the strong results from Real Property Limited since our acquisition earlier this year. As the team now joins forces to combine their expertise as Maillard & Co, it presents an exciting opportunity to accelerate their shared mission to raise the standards of the Jersey professional property services sector for the benefit of their customers. We are looking forward to working closely with the team as they leverage their strengths to deliver more value to the Jersey property sector."

The new Maillard & Co brand identity has been designed by The Observatory and will be visible at the company's main headquarters at 31-33 New Street, St Helier, as well as across the island on sale boards and at development sites. Local digital agency iPOP Digital has developed the new Maillard & Co website which will present the firm's wide range of residential and commercial properties for sale and rent, as well as offer customer-focused benefits such as online rental payment and valuation booking.

i: www.maillardandco.com

Time to plan your next adventure?

With Rathbones, our individual investment management gives you the freedom to enjoy today, safe in the knowledge that your objectives for tomorrow are taken care of. And because we give you direct access to the person managing your money, right here in Jersey, you can be certain your financial plans are always based on a deep understanding of you and your ambitions.

So whatever your investment objectives, and whatever your circumstances, talk to us today.

For further information, please contact Chris Woodward locally on 01534 740 550 or email chris.woodward@rathbones.com

Rathbones

Look forward

rathboneimi.com

@Rathbones1742

in Rathbone Brothers Plc

The value of investments and the income from them may go down as well as up and you may not get back what you originally invested.

Rathbone Investment Management International Limited is regulated by the Jersey Financial Services Commission.



Jersey Finance is delighted to announce its 2021 Rising Stars Awards Winners.

The awards, now in their second year, were created to give our Members the opportunity to reward and recognise the young Jersey talent within our international finance centre. The winners were announced at a prestigious event ceremony last month.

The passion, commitment and dedication shown by these young professionals to both their employers and the community have really shone through, making them worthy winners. Congratulations to this year's winners and those shortlisted nominees – they are all a true inspiration to the next generation of Islanders considering a career in the finance industry.

Accountancy



WINNER
Reiss Khawaja
KPMG Channel



SHORTLISTED Shamalie Elkin Langham Hall Fund Management



SHORTLISTED
Shelly Abreu
Deloitte LLP

Banking



WINNER

Catia Teixeira Machado

Santander International



SHORTLISTED

Joshua Reed

HSBC Bank plc Jersey Branch



SHORTLISTED Rosie Lee HSBC Bank plc -Jersey Branch

Compliance



WINNER
Lydia Stephens
Affinity Private
Wealth



SHORTLISTED

Daniel Pezet

Crestbridge



SHORTLISTED
Carina Santos

CSR and Employee Morale



WINNER
Jordan Stott
Deloitte LLP



SHORTLISTED

Glenn Horman

KPMG Channel
Islands



SHORTLISTED

Jared White

KPMG Channel
Islands

Digital



WINNER

James Walwyn

Puritas Limited –

Software Solutions



SHORTUSTED
Sandra Blaga
RBS International



SHORTLISTED Scott Renouf Bedell Cristin

Awards Sponsors:

















Funds



WINNER Tristan Norbury Langham Hall Fund Management



SHORTLISTED Lauren Murphy IQ-EQ



SHORTLISTED Olivia Moss

Human Resources



WINNER **Ana Martins**



SHORTLISTED Nicola Boult JTC Group



SHORTLISTED Ryan Williams Santander International

Investment Management



WINNER Tom Hiles Quilter Cheviot



SHORTLISTED Harry Gallichan CoinShares International



SHORTLISTED **Matthew Richards Brooks Macdonald** Asset Management (International)

Law



WINNER Holly Thebault Mourant



SHORTLISTED James Peart Bedell Cristin



SHORTLISTED Meg McAuley Walkers Global

Marketing



WINNER **Fallon Saussey**



Megan Hearne IQ-EQ



SHORTLISTED Courtney L'Enfant HSBC Bank plc -Jersey Branch

Operations and Secretarial



WINNER **Ross Pringle** Vistra



Hannah Beaumont Intertrust Group



SHORTLISTED Hannah Falvey

Trust and Corporate Services



WINNER Joana Marques Teixeira Intertrust Group



SHORTLISTED Liliana Rodrigues Computershare



SHORTLISTED Lizzy Leedham Hawksford









Sarah is keeping things compliant.

Jersey Mutual Insurance Society are pleased to announce the appointment of its Compliance Manager, Sarah Troy. Sarah has been involved with a broad array of matters during her time in compliance, with the objective of ensuring business functions in a legal, ethical, and efficient manner while meeting its business goals. Sarah is solution driven, and joins the Society's Executive Committee with the primary responsibility of developing its compliance program.

> Sarah's career spans 15 years working in the financial services industry. Beginning her career at an international offshore law firm, Sarah worked within the Group Compliance department, advising on regulatory requirements for multiple offshore jurisdictions and managing the client onboarding team. As she progressed her way up the career ladder, Sarah graduated from the University of Manchester with an honours degree in Management with Compliance. Most recently, Sarah worked at another local law firm as Compliance Officer and Money Laundering Reporting Officer, ensuring the firm's regulatory obligations and risk management objectives were fulfilled.

> > Sarah is a Member of the Jersey Compliance Officer's Association and a Fellow of the International Compliance Association, holding the following professional qualifications in addition to her degree; ICA Diploma in Anti Money Laundering, ICA Advanced Cert in Financial Crime Prevention and CMI Level 5 Award in Management and Leadership.

> > > In her spare time, Sarah loves to get outdoors, and when not in the office, will most likely be found in St. Ouen's Bay, sat outside her campervan, catching some rays, or riding around the coastal roads on her motorcycle. Sarah also enjoys running and keeping fit, and as a keen member of the National Trust and Jersey Heritage, loves to get off the beaten tracks and explore the island.



Chris is part of Voisin's Commercial Department and works on a range of company, trust and commercial together with establishment of and ongoing advice to Jersey funds. Chris joined Voisin in September 2010 as a trainee solicitor, having previously been a member of the firm's bursary scheme. He was admitted as an English solicitor in October 2012 and the following year undertook the Jersey Law Course and was sworn in as an Advocate in February 2014.





Chris Row joins SystemLabs

SystemLabs have appointed Chris Rowe as Senior Infrastructure Consultant. The local IT service and solutions provider have added Chris to its team to meet the growing demands of present and new

Chris brings with him over 8 years' experience in designing and implementing IT infrastructure. His background spans several years in the financial services sector, as well as time with a local start up.



New Manager at The Atlantic

The Atlantic Hotel and Ocean Restaurant appointmented Dror Danino-Forsyth as Hotel Manager.

Dror brings with him over 12 years' experience as a Hotel Manager in luxury and boutique properties. Born in Israel and educated both in Jerusalem and the UK, Dror was the Hotel Manager for the King David Hotel, hosting many of the world's most powerful and famous people. In London, Dror worked for the PPHE hotel group first as a Hotel Manager and later in the opening and repositioning of several luxury and lifestyle hotels across Europe.



Steven Slater and Janet Walton head to BCR Law LLP

BCR Law LLP has announced that Advocate Steven Slater and his team have joined BCR Law LLP, further strengthening the firm's full-service offering and providing clients with top tier advice.

Steven Slater specialises in property and conveyancing, business and commercial advice, wills and probate, and private client work. Joining the team at BCR Law as a Consultant, Steven has more than 30 years' experience in the legal sector, and is joining with Janet Walton, Residential Property Senior Administrator. Steven and Janet will be working closely with Partner and Head of Residential Property Michelle Leverington and Advocate Stephen Crane supporting clients with residential property matters, including buying and selling their homes, commercial conveyancing, and services to private clients.



Tess will work closely with candidates searching for the ideal career move and support clients searching for the perfect appointment. She brings a wealth of HR and recruitment experience, having spent over six years in fast-paced companies within the financial services sector. During this time, Tess gained valuable experience in managing recruitment, onboarding, remuneration, employee relations, as well as data analytics and management reporting. Tess's expertise will further strengthen Rowland's focus on people and partnerships.

Editah joins Grant Thornton

Editah Nakamya has joined Grant Thornton Channel Islands as a Senior Manager in the Audit practice. Editah joins Grant Thornton from KPMG Channel Islands. She has deep expertise in financial services and her role will focus on clients in the industry including but not limited to real estate funds, private equity and debt funds, fiduciary businesses and special purpose vehicles. Editah holds a BA Sc degree in Agribusiness Management from the Makerere University Kampala, Uganda and is also a Fellow of the Association of Chartered Certified Accountants (ACCA). In addition, she has also qualified with the Institute of Certified Public Accountants. Uganda.





Promotions at Fairway

Fairway Group has promoted seven team members as the company shows strong results for the full financial year against a challenging Covid-19 backdrop.

In the Trust business Chris Mourant becomes Associate Director and Daniel Harrison is promoted to Senior Trust Officer. On the Funds side, Vanessa Ferreira has been promoted to Assistant Manager and Danielle Bowden to Senior Fund Administrator. The Pensions business sees two promotions for Mark Wernham to Assistant Manager and Katie Davey-Williams to Senior Pensions Administrator. Finally, Ana Freitas located in Fairway's Madeira Office is promoted to Senior Secretarial Support Officer for the Company Secretarial team.



Highvern's two in Top 35 and new senior hire

Two members of Highvern's private client team have been featured in eprivate client's UK Top 35 Under 35. Ellen Hibbs and Stefan Le Marquand were both included in the listing of the private client sector's most elite and inspiring young industry leaders. They have also appointed Ava Gallagher as Associate Client Director.

Ava has over 12 years' experience working in international administration with a range of corporate and institutional clients and across alternative investments funds and private client structures. She also brings a valuable skill set in business development and experience in the expansion of operations. She is a qualified Chartered Secretary and an Associate of ICSA.



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EVIDENT BUSINESS SENSE

Simon Franc is hoping to change the way that violent crimes are reported in Jersey by giving power to the victims. His company's new app, Injury Capture, allows users to collect images of their injuries, together with other supporting media, and store them as secure, legally admissible evidence.

The victims can then choose to report the crime or to hold on to the evidence in a secure place for a later time when they might feel ready to report it. Or not. It's up to them. Injury Capture could revolutionise the way violent crimes — including assault, domestic abuse and sexual offences — are recorded, reported, investigated and prosecuted.

"After 11 years of running a forensic science company in the UK, what I saw were significant issues which hadn't been overcome," Simon said. "This app allows anyone to capture forensic evidence in the form of forensic imagery and allows anyone to collect and store supporting evidence, all of which will be legally admissible. In cases of violence, it's all about capturing injuries first and all the associated data. That's the first step. If you don't want to report it, at least record it."

"The facts are that a lot of people are not reporting crimes that they suffer or there is a delay between when the offense happened and when they report it." The app—which shows up only as 'Capture' on a device—serves as a place to record supporting evidence as well as forensic imagery. The app can store medical reports, video, historic images, text messages, audio recordings, screenshots or any other form of digital file. Additionally, users are able to keep a journal of evidence or make a statement directly on the app. It eliminates the trauma of going to the police initially. "It's about making people aware; this is your safe space. It's personal to you," Simon said.

Injury Capture allows users to take images to scale so that they are admissible forensic evidence. Once a user chooses to submit the evidence, the police can use it immediately. The app also puts the data into a format that is legally compliant. "It's everything in one place and making sure that everything is legally admissible and seamless," Simon said. The app does not connect to the police until the user decides to submit. But once the user does submit, the app connects directly to the police without the user having to go to the police station to make the initial report. This is especially helpful on a small island like Jersey where a victim may not want to be seen going to the police station.

Injury Capture also allows the user to invite other people to contribute evidence, and they can do so through their phones or by using the app online through their computers. The app also has a chat function that allows the victim, once they have chosen to report the crime, to communicate with the officer in charge directly on the app in a secure setting where the conversations are recorded.

All of the evidence is stored within the app, not stored on a device, so if a user loses a device, if it's stolen, or if the app is deleted from their device, they can still log in to their account to access the evidence. Injury Capture will also reduce the need for the police to download the entire device of a victim or witness as the data submitted through the app is already authenticated and legally admissible. If the victim is not comfortable having Injury Capture on their own device, anyone can use it to help them—friends, family, medical professionals, police or support workers.

"Jersey has been a really great place to launch. I wouldn't be launching this in Jersey if I wasn't 100% confident of it," Simon said. JAAR (Jersey Action Against Rape) has helped to write some of the app's messaging to make people feel safe and secure, knowing that they have the power to collect the evidence without having to report it if they do not feel safe doing so. The app also encourages and reminds users to access support services.

Injury Capture is available in Jersey in English and in Portuguese and will soon be translated into the other major languages on the island. "I've given the app to Jersey for free," Simon said. "I'm a resident here, and I want to see this type of crime eradicated on Jersey. It shouldn't exist as far as I'm concerned." We could not agree more, and we encourage everyone to download the app and to record injuries and securely save any and all supporting evidence.

(*) @injurycapture

Injury Capture allows users to take images to scale so that they are admissible forensic evidence. Once a user chooses to submit the evidence, the police can use it immediately. The app also puts the data into a format that is legally compliant. "It's everything in one place and making sure that everything is legally admissible and seamless"

Why don't you come on over...

Sometimes you want to sit in a chair before you buy it. Or touch the velvet of a new couch. See the wood of the dining table where your family will spend most of their time. In an era when so many people are buying online, Michael Borowski, the visionary behind Vallorie, decided to open a furniture showroom for clients who want a sensory experience.

Michael's love for bespoke furniture started at a young age. "Whenever my family moved flats in Jersey—and we moved

a lot since I first came here when I was seven-I wanted to put my own signature stamp on my bedroom. At age 14, I saw a floating platform bed with built-in lights in a magazine, and I wanted to build one for myself. My mum would indulge me and take me to B&Q," Michael tells me as we sip coffee from Chordz in his showroom in West's Centre. He built beds, bookshelves and side tables for himself, but it wasn't until he worked for Jersey Post Group that he realised that this hobby was a true passion. At Jersey Post Group, Michael was put in charge of a large-scale renovation project to design the innovation hub that would serve as the product development centre for the group's diversification strategy to branch out into other areas, such as digital services for the financial industry. Michael had just come back from three years of traveling where he soaked in the interiors and furniture solutions of other cultures. "I had a free hand," he says. "It seemed a bit surreal. I wanted it to have this cool, start-up feel with industrial furniture and surprising features—we incorporated 100-year-old post boxes into the design—but as I sourced all the bespoke furniture, I realised how hard it was to get what I wanted and to bring it over, even for Jersey Post who own most of the logistic routes in Jersey."

He had found a gap in Jersey's furniture market: bespoke industrial furniture. But first he needed a name. "I always had an intention to create a brand. I wanted that brand to be universal enough to be able to move into various industries. A clean brand with no other conflicting listings," he says while seated at an oak-top table in front of a wall of various chairs. "There was a girl in America whose name was Vallorie, spelt this way, and I liked it for a brand. Vallorie.com was available. We are what comes up when you type in Vallorie online." The stag head logo comes from his days at Jersey Post Group. He had incorporated a painted wooden stag head into the office, and he got a second one when starting Vallorie. "I call him Digby, and now he follows us everywhere," he adds while pointing to the golden-antlered stag's head on the wall.

After finding the perfect name, Michael teamed up with his business partner Peter and started the business as a website from his bedroom. "We found suppliers who made furniture with oak tops and metal bases or hardware, and we started with thirty or forty customisable products. We still have the same philosophy of creating bespoke pieces, all designed in virtual 3D," Michael says as we walk to the front of the showroom. "When it comes to oak and metal, we can do anything." The most popular items are bespoke live-edge oak tables, stunning sliding doors and unique modern chairs. Each item would be a statement piece in any home.

As we walk upstairs to see the bedroom models, Michael reinforces the fact that everything in the shop can be

"We're not a furniture store. Our main objective is to deal with customers and to be able to source any interior style that the customer would like. We're happy to work with that the client already has and find suggestions outside of our own product range."

customised and modified, just like his bespoke bedroom furniture as a teenager. He wants his customers to be able to have exactly what they want. "Taller customers might want a deeper sofa. Beds can be made to size. Smaller houses might need furniture that can come apart to fit through tight doorways," he says.

Vallorie, Michael insists, is not a shop but a showroom. And he is expanding beyond furniture. "We're not a furniture store. Our main objective is to deal with customers and to be able to source any interior style that the customer would like. We're happy to work with that the client already has and find suggestions outside of our own product range." He hopes to expand the brand beyond interiors, and I wouldn't be surprised to see Vallorie Property Development, Vallorie Hotels or even Vallorie Investments as future businesses in Jersey.

@walloriedesign



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The Jersey Institute of Directors (IoD) held their 2021 Director of the Year Awards last month, the sell-out black tie dinner was a welcome addition to the Autumn events calendar. The event was supported by gold sponsor, Appleby, and silver sponsors, Quilter Cheviot and Jersey Post, and hosted by impressionist and comedian, Rory Bremner.

The awards celebrate strong leadership and recognise excellence across the private, public and third sectors of Jersey's community. An expanded ten categories were opened to nominations for the inspirational individuals who have led their organisations through this unprecedented and challenging year.

The Chief Minister, Senator John Le Fondré, the Bailiff, Timothy Le Cocq, and Lieutenant-Governor, Air Chief Marshal Sir Stephen Dalton, attended the Awards dinner, which took sustainability as its theme. The 240

guests enjoyed a drinks reception where they were able to view a selection of pieces from the Glen Perotte Exhibition, 'A Year in Vision', which featured portraits of well-known Islanders reflecting on 2020.

During dinner, Rory Bremner entertained guests before introducing the awards. Rory is known for his appearances on Spitting Image, Mock The Week, Whose Line is it Anyway, as well as having had his own show on BBC 2.

The judging panel was chaired by Kevin Keen, with: John Henwood MBE, Brendan McMahon, Dr Lesley Dickie, Kate Wright, Kristina Le Feuvre, and Tom Hacquoil. In further recognition of excellence in challenging times, Chair of the IoD Jersey, Lisa Springate, also presented three special Chair's awards this year, to: Tony Moretta, CEO, Digital Jersey, Simon Soar, CEO, Jersey Hospitality Association, and Graeme Smith, CEO, Jersey Business.

The winners of the 2021 IoD Director of the Year Awards are as follows:

Director of the Year - Sustainability - Sponsored by Jersey Water: Thomas Noel, Director of Corporate Affairs and Sustainability, JT Group Limited

Young Director of the Year, sponsored by Quilter Cheviot: Lee Bosio, MD, Vaiie

Director of the Year - **SME Business** - Sponsored by JJ Fox Trading Limited: Dan Hare, Founder, MD, Continuum

Director of the Year - Public Sector: Rebecca Sherrington, Head of Vaccination Programme, Government of Jersey

Director of the Year - Start-up - Sponsored by Butterfield Bank (Jersey) Limited: Michelle Ryan, Commercial Director, True Limited



Director of the Year - Diversity & Inclusion -Sponsored by Highvern: **Heather MacCallum**, Co-Chair, The Jersey Community Foundation

Director of the Year - Third Sector - Sponsored by Accuro Trust (Jersey) Limited: Ruth Brunton, CEO, Brighter Futures Limited

Non-Executive Director of the Year - Sponsored by Club NED: Phil Male, Chairman, JT Group Limited

Director of the Year - Large Business - Sponsored by Jersey Post: Mark Cox, CEO, The Channel Islands Co-operative Society Limited

Director of the Year - Family Business - Sponsored by Voisins Department Store: Gavin Reid, MD, Randalls Limited

"

"The best way to predict the future is to create it" - I believe Abraham Lincoln originally said it, but it really resonates with me.



IoD Director of the Month

Claire Graves

Director at the School of International Financial Services (SIFS).

What does the School do:

SIFS is a provider of training, tailored to professionals working in IFCs. We are based in Jersey but work with organisations in other jurisdictions including: the Crown Dependencies, Cayman & Mauritius. We provide an innovative approach to professional development, embracing digitalisation, whilst leveraging the foundations of a traditional training business.

What does a typical day look like for you:

My typical day will start with a team call. Because we are growing exponentially, with many competing priorities, it's essential for us to ensure we stay focussed on the right tasks. I like to run at lunchtime when I can, as it is important for wellbeing. As we operate on an international scale, I prefer to use my afternoons for developing partnerships and relationships in markets such as Cayman as this works well with the time difference. Work-life balance is important to me and every day, in the late afternoon, I like to pick my daughters up from school.

What is the best piece of advice you have been given:

"The best way to predict the future is to create it" - I believe Abraham Lincoln originally said it, but it really resonates with me.

Describe yourself in three words:

- · Caring
- · Methodical

CONVERSATION STARTERS: 'PURSUIT' Kid Cudi's trippy tune "Pursuit of Happiness" has sold over 600,000 copies in the USA.

WHATAREYOU CHASING?

We're all in pursuit of something; whether it's fitness, selfimprovement or just a way to enjoy attempting to 'complete' Netflix even more. What are you chasing? We've picked an array of different bits of tech to help you reach your goals.

GARMIN VIVOMOVE ANALOGUE WATCH



You're health conscious, but not about to sign up for your first triathlon. You'd like to be able to track activities throughout the day and night, but an Apple Watch or similar digital wearable is either an extravagaznce, price-wise, or just not your style. If that resonates with you, the Vivomove analogue could be for you. With a timeless-looking bezel and leather strap combination, as well as a true analogue face, this smart wearable also counts your steps as a percentage of your daily target beneath the hands of the watch to the left hand side and also features an activity monitor with a red bar that builds with every fifteen minutes of activity. If it reaches the top, you know you should take a break and go for a little walk around for a few minutes to reset it. There are also a whole host of other features accessible via the Garmin Connect mobile app, such as sleep monitoring, so you can still benefit from all of the useful health-tracking data you're aiming for, without the visual overload of a fully-blown sports watch.

The Garmin Vivomove Anologue costs £69 from Powerhouse | www.powerhouse.je





KENWOOD 5-LITRE K-MIX STAND MIXER

Sure, you could craft all manner of healthy snacks using one of these, but let's put that aside and consider the progress you could make upping your cooking game by baking cakes, bread and all other tasty goodness instead! With a generous, 5 litre capacity, dishwasher-safe parts and a dough hook, K-beater and whisk included you'll have everything you need to fill your home with the sweet smell of freshly crafted culinary masterpieces. Nobody here at Gallery is qualified to provide medical advice, but what we can be pretty sure of is that you only live once - so cook up a storm this autumn and winter when the weather's too disappointing for outdoor pursuits in any case. Go on, do it!

The Kenwood KMX754RD K-Mix stand mixer costs £299.99 from Romerils | www.romerils.com

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LG 55" 8K NANOCELL TV

8K. Yes, 8K. EIGHT. If you thought that your 4K telly was crisp, think again because your viewing experience can be twice as clear now. With models ranging from £657.95 all the way up to in excess of £10k (that's the price, not the pixel count - we're still 'only' at 8K resolution-wise at the moment - keep up!) Fortuna have a wide range of 8K TVs available for local delivery. Take this LG 55" model, for example, featuring a powerful new processor for seamless upscaling of Full HD and UHD 4K sources, as well as NanoCell technology for enhanced colour, detail and wider viewing angles than ever.

The LG 55NANO996PA.AEK costs £1,224.95 from Fortuna | www.fortunajersey.com

TREK DOMANE+ LT 7 ELECTRIC ROAD BIKE



Balance is important. Whether that's in the mix of items on these page - inspiring you to count your steps, fill your home with the smell of baking or indulge in outdoor pursuits - or your actual physical ability to balance, which cycling is excellent for improving, or being able to enjoy the open road without living in fear of the many hills to be found around our island's coastline.

That's where this electric roadie comes in. Enjoy the road-bike experience with the added benefit of Trek's Fauza drive system kicking in to give you a little boost when you're struggling with a climb or battling a nasty headwind, yet it won't cause any drag when not in use. This model also features Shimano's Ultegra Di2 wireless shifting. Packed with top-of-the-range tech, it also looks pretty sleek too, and at a glance, it doesn't even look like an e-bike, so you can wear a smugh smile secretly knowing that, strictly speaking, you are cheating as you pass other cyclists with ease, but who cares? At least you're out there, and enjoying the outdoors is the perfect tonic after a busy week at work.

Speaking of work, you'd also be able to skip the traffic, get a bit of exercise and save the environment by commuting on one of these bad boys... Jus' sayin'.

The Trek Domane+ LT 7 starts at £6,666 from The Cycle Centre | www.thecyclecentrejsy.co.uk



WORDS & PHOTOS Russ Atkinson Morgan is one of those brands that's easy to forget about. Broadly speaking, over the past seven decades they've been hand-building essentially the same model with a few different engine options and a slowly increasing track-width, but the iconic silhouette of their '+4 and +8'sports cars has remained just that; iconic. And for good reason, too - other than the Caterham 7, which evolved from the Lotus 7, I can't think of any other vehicles that have remained in production without significant aesthetic changes since the 1950s.

They've also always felt relatively unobtainable, with waiting lists for these hand-built machines sometimes reaching up to ten years, but the good news is that you can take delivery of their latest model - the Plus Four (as opposed to the +4) - in around four months, and what's more, Jacksons also currently have two in stock.

When I learned this, I transported myself to a faraway place in my mind where I was burbling along in a vintage Morgan +8 that looked cool, sounded cooler, probably rattled a bit and wanted to kill me every time I accelerated hard, despite that Rover V8 engine's distinct lack of power by today's standards. But then I remembered the words 'plus four' and came crashing back down, imagining instead a choice of now painful-sounding Triumph and Rover four-bangers. Once I'd spent all of four minutes swotting up on my phone, however -

you know, just to check - I realised that there'd been a new model released to minimal fanfare no thanks to COVID cancelling its planned grand Geneva Motor Show launch, and that they'd stuffed a BMW B48 under that long, slender, louvred bonnet. At this point, I was fully-invested.

An old car with a what many would consider an outdated design, a handful of technical updates and a turbocharged BMW motor, you say? That's my jam. Seriously. That's an accurate summary of exactly what I'm into. And from the moment you set eyes on the new Plus Four (no, not the golfing attire of yesteryear), it just looks right. Something's different, but you can't pinpoint it. Then, when the engine turns over and you hear it idling it just sounds right, too. It sounds, well, proper. As it should. Like a classic car, and not at all like an F56 Mini Cooper, which is one of the platforms you'll find the engine in when it isn't to be found in something quite so elegant. I'm not sure what they've done with the exhaust to achieve this, but whatever it was; it works, and the rolled, twin pipes look mean, too.



Once you get going, however, the cacophony of spooling, whooshing and fluttering noises is distinctly more modern, and infinitely more enjoyable to boot. Morgan also offer a 'Plus Six' with BMW's B58 engine, but in all honesty, I think the Plus Four's circa 250bhp per tonne is more than enough, and bolted up to the ZF 8 speed automatic gearbox in the model I drove, it's absolutely blissful. So much so that I'm not sure I'd even want to try the manual version. It's the perfect accompaniment for a car like this; smooth but responsive when it needs to be and with gear changes so fast it makes you wonder if it might actually be a DCT at times. It isn't though, it's just that good, and combined with the low-end torque when the engine gets on boost and eight speeds it's perfect when cruising with surprisingly little throttle input yet also ideal for a spot of more spirited driving. The hand-built ash and aluminium chassis' rigidity has been improved by 100% over the previous incarnation, making the Plus Four handle well enough not to try killing you at every opportunity, but just to the point of allowing you to remember that you're in a car that was essentially designed seventy years ago with a chassis partly made of wood if you do decide to squeeze the throttle a bit harder than you probably should have. Sure, the steering and brakes could possibly do with feeling a little sharper for my personal taste, but overall, this little roadster strikes an incredible balance between vintage and modern motoring and I can imagine it'd be as easy to jump into and set off for a jaunt across Europe as it would be to take to grab an ice cream on a Sunday afternoon. It's just very good fun.

"The way I see it, this is the perfect car for somebody who fawns over the builds that roll out of the likes of Retropower, Alfaholics or Singer's workshops but lacks the extra few hundred thousand pounds required to commission such a build."

> Outside, the centre-lock wire wheels on the model tested looked absolutely bang on, as did the LED headlights and Cibié-branded spotlight covers, and that's coming from somebody who usually despises LED headlamps on periodlooking vehicles. The soft-top, doors and windows can all be removed if the skies are looking blue and it's certainly the only car I've ever driven and found myself plucking a recently fallen leaf from behind my head and dropping it over the door top only for it to immediately re-enter through the window before, which made me laugh. The truly opentop nature of it provides both excellent visibility and just the right amount of wind in your hair or area where your hair once was, although ironically the only place you can't see much is in the mirrors, which are more of a box-ticking exercise. Did I care though? Absolutely not. Combined with the elegance of the wooden and leather-clad interior - with quilting on the supportive and comfortable seats and even leather-wrapped sun visors - it's the perfect balance of modern-day usability and vintage charm. I was thoroughly







surprised, because in all honesty I was intrigued yet not expecting to be particularly enamoured, but as it turned out I really wasn't in any rush to hand the keys back.

The way I see it, this is the perfect car for somebody who fawns over the builds that roll out of the likes of Retropower, Alfaholics or Singer's workshops but lacks the extra few hundred thousand pounds required to commission such a build. Think of it as an 'off-the-shelf restomod', albeit one that you can customise to your own specification when ordering. If that sounds like *your jam*, I'd say it's well worth swinging by the Jacksons showroom to see one close up.

The Morgan range is available at Jacksons La Rue Fondon, St Peter www.jacksonsci.com

www.gallery.je @gallerymagazine 113







Kevin Mars

A former Royal Marine, Kevin is known for creating ultimate workouts that achieve results. He was a cross country runner from the age of nine and has always loved sport, but it was during his time in the military that he realised he wanted to make it his career once he left. After travelling the world for both work and fun, he decided to settle in Jersey. He worked in special needs services and for many years was a firefighter. He then got his PT qualifications so he could teach, motivate and train people.

If you are looking for a PT who's going to give you plenty of positive reinforcement whilst pushing you to get just one more rep done, Kevin is the coach you've been looking for. He is also a mine of information when it comes to nutrition. He works with a lot of his clients in this area, giving them advice, support and all the encouragement they need to achieve.

In his spare time, Kevin enjoys running, and one day plans to cycle around the world. He also loves riding his motorbike and likes a bit of baking; his lemon drizzle cake is famous amongst friends.

Favourite food: My mean lemon drizzle cake.

Best dance move: The bootneck shuffle.

Favourite neon colour: Blue.

Favourite tune to work out to: Heavy metal, alternative indie and 90s/2000s dance.

Favourite thing about Funktion: The people. It is a really great team, and they are just so welcoming.

Girl crush: Michelle Pfeiffer.

Boy crush: The Rock.

Favourite motivational catchphrase: "Get comfortable with being uncomfortable."



Beth Rainbow

Before her life as a personal trainer, Beth trained and qualified as a chartered accountant at one of the Big 4 accountancy firms. After five years in finance, however, Beth decided it was time to pursue her real passion in life – sport and fitness. Some of her favourite clients work in finance, so that world will not be completely forgotten

Beth is a runner. And when we say a runner, we mean top-level crazy stuff. Ultra-marathons, ideally in deserts, are Beth's idea of fun. She practises what she preaches and knows her stuff when it comes to coaching running. The Funktion Running Club has slowly increased in popularity and is now attracting around 20 runners every week with couch-to-5K runners mixing with seasoned runners focused on PBs for short runs to marathon distances. Not surprisingly, Beth has yet to persuade anyone to join her in an ultra-marathon

Beth is also a self-confessed adrenalin junkie who has an obsession with rollercoasters (the scarier, the better) and has been known to jump from a plane at 15,000ft.

Favourite food: Sushi and chocolate – life is about balance.

Best dance move: The worm and the shuffle.

Favourite neon colour: Yellow.

Favourite tunes to work out to: Sub Focus & Wilkinson – Illuminate.

Favourite thing about Funktion: The people ... closely followed by doughnut Thursdays.

Girl crush: Miley Cyrus.

Boy crush: Justin Bieber.



Nick Dingle

Nick has always been into sport and fitness. When he was young, he was an athlete. In fact, you may recognise his face from the sports pages of the JEP back in the 90s. Nick knew he wanted to be in the business of helping people to get fit and understand what their bodies are capable of, so he got a sports science degree, personal training qualifications and a job as a receptionist at a local gym. Within weeks he moved from behind the desk to training people, and he's never looked back.

If you are on a journey to recovery from an injury, Nick is your man. He specialises in rehabilitation as well as strength training and injury prevention.

Favourite way to spend his spare time: In the water. I just love being in the sea – swimming, surfing and paddleboarding with my family.

Favourite food: Gotta be burger. I love a lamb burger.

Best dance move: Dancing like a princess to Disney music (with his two young daughters).

Favourite neon colour: Pink.

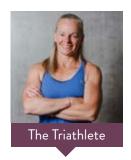
Favourite tunes to work out to: Chilled dance music.

Favourite thing about Funktion:
The team and the support crew. They're a brilliant bunch to work with.

Girl crush: Mila Kunis.

Boy crush: Chris Hemsworth, aka Thor from Marvel.

Nick's go-to motivational catchphrase: "Results happen over time, not overnight. Work hard, stay consistent."



Sam Horsfall

Sam has always been into fitness. She was a sprinter at primary school (she even had a training session with the legend Linford Christie), and she has a natural talent for long-distance running. Sam has represented Jersey in half marathons and triathlons at the Island Games. She now coaches people of all abilities and ages, from beginners to amateur athletes, who are looking to push themselves and achieve.

In her spare time, Sam volunteers as the co-event Director & Run Director at the park run, in which 400 runners are now taking part weekly. At Funktion, you'll find Sam teaching kettlebells, circuit classes, HIIT and core. Her aim is for everyone to enjoy themselves when they're training and for them not to take things too seriously. Sam believes that nothing should be a barrier. She understands what it is like to have health issues as she has a heart condition herself, but she hasn't let that stop her. Sam's favourite motivational catchphrase is 'believe and you can achieve.' She also is a big fan of the 'Thank Funktion it's Friday' session featuring beers and bubbles!

Favourite food: Halloumi.

Best dance move: I have been known to smash out a TikTok video. I am an enthusiastic dancer!

Favourite neon colour: Purple.

Favourite tune to work out to: I love a bit of Pink. I do love an 80s rock track too!

Favourite thing about Funktion: I love the vibe and I just love the team. All the trainers are very inclusive and encouraging and really knowledgeable.

Girl crush: Jennifer Aniston.

Boy crush: So many – the list is endless. But if I have to pick just a couple ... Tom Hiddleston and Chris Martin from Coldplay.

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Scott Welsh

Scott is sold out for sport, and you will always find him in a pair of shorts, whatever the weather. He played every sport under the sun as a teenager and has a passion for football which he coached from the age of 15. Working in fitness and training is something that he always wanted to do, and he started his career as a children's health and fitness practitioner for the government, creating initiatives to promote healthier lifestyles.

Scott knows nutrition, and he can help you make smart lifestyle choices. He won't be the guy screaming at you; he wants to make training achievable and accessible for all. He specialises in strength and condition and teaches both boot camps and personal training sessions one-to-one and for small groups. And Scott has some skills too when it comes to playing computer games. He is not joking when he tells you that he is the Mario Kart King.

Favourite food: Pizza and anything potatoes.

Best dance move: I'm that guy who sits in the corner or at the bar.

Favourite neon colour: Blue.

Favourite tune to work out to: Rock. I like something heavy and fast.

Favourite thing about Funktion: The team. And doughnut Thursday.

Girl crush: Dua Lipa.

Favourite motivational catchphrase: Where does one begin...



Steph Mourant

Steph's passion is dancing, which began for her at the age of three. She loved it so much that she auditioned for dance school when she was a teenager and, through rigorous audition rounds, was awarded a scholarship to train professionally in the UK. Once qualified, Steph embarked on a journey around the world, dancing on cruise ships.

Steph is a good listener and an encourager. Her goal is for clients to enjoy themselves and feel better after her sessions, tailoring them to each individual's needs. She also works with people to improve their flexibility which assists with injury prevention. If you are just embarking on a fitness journey, Steph is a personal trainer who can help you find a form of exercise that you will enjoy.

Whether you are working towards a specific goal or if you just want to move more, Steph is committed to you having fun and leaving happier. She is building her client base and will be taking a range of classes.

Favourite food: Avocados and salmon. I eat half an avo a day with poached eggs!

Best dance move: Full splits! .

Favourite neon colour: Pink.

Favourite tune to work out to: Feel good classics. I love a bit of Whitney and Kylie.

Favourite thing about Funktion: The team. And doughnut Thursday.

Girl crush: Nicole Scherzinger

Boy crush: Leonardo DiCaprio

Favourite motivational catchphrase: "You are nearly there, keep going – you've got this." And... "no pain, no gain."



Nathan Fischer

Born and bred in Durban, South Africa, Nathan is a surfer and self-confessed shoe-shopaholic who really knows his stuff when it comes to food and fitness. From 2003, he worked as a head chef for 11 years here in Jersey, and he also coached Tae Kwon Do – he is a black belt, so no messing! Nathan realised his passion was teaching rather than being in the kitchen, so he made the switch, got qualified and became a full-time personal trainer.

Nathan is a true motivator. Some might say 'nasty, but nice'. When you complain about the pain you are in, you're likely to get the response 'you're welcome.' He is all about making boot camp classes and one-to-one sessions fun, but don't think he'll let you off the hook. You will work hard, and he will drive you. Nathan's favourite motivational catchphrase is "keep breathing!"

Favourite food: Mexican. Anything Mexican. My favourite easy healthy breakfast has to be chia seeds soaked in coconut milk with honey. So good.

Best dance move: The lawnmower.

Favourite neon colour: Pink.

Favourite tune to work out to: Kanye West for workouts. Bastille when I run.

Favourite thing about Funktion: The team. And doughnut Thursday.

Girl crush: Jennifer Lawrence.

Boy crush: World-champion surfer Kelly Slater.



Lucy O'Sullivan

Lucy is an athlete, and when we say that Lucy is an athlete, she's no average athlete. Lucy competes for Team GB in archery! From a young age, she knew that she wanted to pursue a career in the industry, so she studied coaching and sports science at uni and then went on to complete a further year in Nottingham as a strength & conditioning and corrective exercise & performance enhancement coach. And it doesn't end there... Lucy is also a sports massage therapist, boxing instructor and yoga instructor.

Lucy works with people of all ages and abilities, from fitness beginners to Team GB athletes. If you are looking for a coach who can assist you with corrective exercise (pre-& post-injury), performance enhancement and strength and conditioning, Lucy can help. But, just a heads up, she takes no prisoners. Lucy's favourite place to hang out in the gym is at the deadlift platforms, so be prepared to lift big!

Favourite food: Margarita pizza and steak salad.

Best dance move: 'The tandem lunge'

Favourite neon colour: Yellow.

Favourite tune to work out to: Eminem or Slipknot. I also love a bit of jazz. (Eclectic, I know!)

Favourite thing about Funktion: I love the vibe and I just love the team. All the trainers are very inclusive and encouraging and really knowledgeable.

Girl crush: Natalie Portman.

Boy crush: The Rock.

Learn more about Funktion's PAYG appproach to gym life at funktion.je

All the right moves. Words: Lucy Sanderson



Kerrie-Anne Bradley is the founder of Move More Moves and Pilates at Your Desk - two exciting businesses that promote health and wellness through movement. This Jersey girl has stretched more than her bod, Kerrie-Anne is reaching out to a global audience with her straight-forward approach to a life less sedentary.

Did you know that sitting on your butt is actually really bad for you? More than just a case of, 'you gotta move more to be healthy.' It's crazy how many illnesses and aches and pains are down to simply being on your ass all day. From posture to heart disease, really... a still life is not a healthy one!

As someone who was working steadily from home during lockdown, I definitely found my back, neck and 'sit bones' as Kerrie-Anne calls them, feeling the pressure and pain. Now, employing some of the tricks of Kerrie-Anne's trade, I exercise at my desk! It's obviously advisable to do a bit more than that, but hey, it's a start.

Delivering solutions to sit-down sufferers, Kerrie-Anne has worked with some huge names in business; ASOS, Bank of England, Google, PayPal, Facebook, Santander,

ITV and lots more. She's also been bringing it home to Jersey and working with companies like State Street, Aztec and Durrell to name a few.

The pursuit of the perfect bod is, in Kerrie-Anne's experience, the pursuit of a healthy, supple, energetic bod and she absolutely practices what she preaches. It all started after she had her daughter; like lots of people, Kerrie-Anne wanted to find a way to get rid of pain and stiffness and also, she sought more fulfilment in her job. So, from economist to exercise expert - here she is!

"I had wanted to leave my job as an economist for a long time as it wasn't something I was passionate about. I just didn't know what to do instead. I started going to a Pilates studio next to where I worked and got pretty into it. The woman who ran the studio played to my ego and convinced me I should train as a teacher.

"I quit my job end embarked on a year-long training programme. I soon realised that I wasn't as good as my teacher had made out and so it really was a steep learning curve! Swven days at the studio practicing and getting the moves into my body. Monthly anatomy exams. Visit to a cadaver dissection. Five days of practical exams. A lot!

"I actually hadn't gone into the training thinking I would become a teacher. It was only when I started working with actual people that I realised that I had been looking at bodies my whole life. Too many lunch breaks sat on a Queen Street bench (and then benches in Sydney,

Birmingham and London), watching people walk by. I had all this subconscious knowledge about why people move the way they do and I knew, because of this weird innate knowledge, how to fix them. It's been around six or seven years now and I haven't looked back."

Admittedly competitive by nature, Kerrie-Anne feels that the pursuit of happiness doesn't have to check the big boxes. Often, it's the little things that go along in every day life that make the pursuit of happiness just that;

I've worked with lots of big companies - actually a highlight has been working with the likes of Google, Facebook, the NHS and the Bank of England. These are all places I had thought I would like to work back in my desk days and so to work with them doing something I love is a definite high!

happy. Whilst every day is a hard work day, finding happiness in work is really important

"I've learned to take pleasure in the simple things. The sea, walking out in fresh air, a nice cup of coffee, reading, taking a nap here and there, reading a book. Being grateful for the things I have rather than what I don't have. Movement is a massive happiness inducer. It doesn't have to be crazy fast movement; just slow and steady, in the ways your body can move. I try to supplement my Pilates with yoga. I think that yoga is excellent for calming the mind... and I'm a big fan of walking too. Got a cute dog help with that, ha! Oh, and the other thing I would say is remind yourself of your achievements each day. No matter how big or small. Write them down perhaps.

And cuddles - either your family, friends or even yourself. Give yourself a cuddle. It's nice!"

Kerrie-Anne's Pilates pursuit has brought her to the point of writing a book... you can pick one up on Amazon on pre-order right now! It's titled, 'Move More At Your Desk' and I for one





Healthy Living Festival

Following the cancellation of the event last year due to Covid, the Healthy Living Festival opens again at the Radisson Blu Hotel at the Waterfront from 5-7th November.

The Festival is normally in September but with so many cancelled events being carried forward from last year, the only dates available were in November. The benefit of this is people can start their Christmas shopping early and what better way to buy some unique gifts all under one roof withwowlddigdlylrengerrange of bit of that, so book early, will be Janice products and services available to view.

(# @pilatesatyourdesk In terms of exhibitors, popular this year are CBD products from Green Machine, Jersey Hemp and Vapes Jersey, with expert advice on Medicinal Cannabis available from the Medicann Clinic. Sophie Anderson is returning again and she has recently launched an online health store with a focus on sustainable sourcing and quality products that support optimal living under the lifestyle brand Bom Life. Another regular is Suzy Webb Wellness with her holistic therapies and essential oils and Rachna Stear who is an Eczema Health Coach from Essentially All You Need. New this year will be Liz Sheehan who is a Nutritional Therapist and will teach you how to use food as a medicine. Another new exhibitor is Kate Goddard who is a Complementary Health Practitioner, working with the Asrya Pro (bio-energetic screening), she can support you in bringing about your body's own natural healing. With more people working from home these days BlueSky Office will be promoting their modern ergonomic office furniture. They can also assist in planning your space and can design furniture to suit.

In terms of refreshments Charmaine Delaney and her husband will be showcasing their alcohol free beverages, and Kate Attieh all the way from Guernsey will be exhibiting her Ktea Kombucha, which is made from using the finest ethically sourced tea leaves, botanicals bursting with flavour and pure, clear Channel Islands filtered water. Kate is looking for stockists in

Jersey to sell her brand if you are interested. Our regulars from the UK are returning, namely Adjustamatic Beds, exhibiting their adjustable beds and riser recliner chairs, Eurotherapy, helping you to lead a pain free & active life with their high quality cyclo oscillating pad massager, Carolyn from the Orthotic Works who make customised orthotics the same day, to help rebalance your feet and reduce your pain in the rest of your body. Also exhibiting from the UK will be Berghoff Cookware with their fat free, PFOA-free, non-stick, pan sets and cookware to suit everyone from starter to gourmet cooks and hopefully the Maxburn Fitness Plate company will be returning subject to them finding staff to man the stand! Always Cooke our visiting Medium Psychic Clairvoyant.

Trudie Roscouet will be exhibiting for the first time and she will be launching her vitality40plus app which helps women over 40 heading through menopause and wanting to regain fitness and weight loss, and also Nathalie Walker from Balarwellness who is the distributor for Forever Living Products and Aloe Vera. Another new and talented exhibitor is Stephen Davies, who is a local Graphic Artist and illustrator specialising in highly detailed black and white pencil drawings, which make great Christmas gifts.

There are some exhibitors who are yet to confirm their stand and if you are interested in exhibiting and you are involved in anything health or environment related I am sure we can squeeze you in, even very last minute. Please apply for a Pack to ian@ barnespublishing.com

Dates and Times of Festival Open to Public Friday 5th November 2021, 10am - 7pm

Saturday 6th November 2021, 10am - 6pm Sunday 7th November 2021, 10am - 5pm

Look out for the Festival Programme which will include a Classified List and Workshop details, with contact details of all the exhibitors, which is being delivered to over 43,000 homes mid October.

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