

GALLERY

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MARCH 2006





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POLITICIANS WORKING HARD!

POLITICIANS IN MANUAL LABOUR SHOCKER!

Senators Frank Walker and Stuart Syvret really got stuck in and rolled up their sleeves last month in the name of charity. It's not every day you get to have two highly paid politicians carry out your domestic chores but John Dixon paid a generous £600 for the pleasure of watching the men lather and scrub for his benefit. The Chief Minister and Minister of Health offered the service in the Christmas Charity Auction and were happy to turn their hand to the manual labour, all in the aid of charity. A good 'profile raiser' too! It was a surprise for onlookers in the Royal Square who were more than happy to see politicians hard at work. We hope they can clean up Island politics with the same gusto.



Spongy.

PETROL WAR

BETTER FOR EVERYONE. FIGHT FIGHT FIGHT

We don't have far to drive in Jersey and subsequently our overall petrol / diesel bill should be lower those that of our mainland counterparts. That doesn't change the fact that we don't want to pay over the odds for our fuel. It still seems expensive though doesn't it? Bring on the price war! Recent publicity highlighted the best prices of fuel on the island and it's time to vote with your feet (or wheels). Last month saw a bold competitive move by CI Traders. Even though we're not a fan of their weekly magazine, you can't fault their petrol pricing, slashing the price of their fuel at the Motor Mall to a PR generating 69.9p per litre. We just hope they keep it at that price! What the hell, make it 70p, let them keep the extra 0.1p per litre profit, that will make the maths easier



Stock up while it's cheap!

BIRD FLU

ON IT'S WAY?

Run for shelter! Stay away from the pigeons! Bird flu is on it's way to Jersey. Although England is still clear of the H5N1 virus at time of going to press, it appears that our French friends are under attack already with one duck confirmed as infected in France last month. Avian flu is coming our way but luckily no case of the virus being transferred to humans has been witnessed in Europe. Jersey is following Guernsey in a bid to carry out what would best be described as a 'bird census' so if you've got ducks, geese or any other kind of bird that may interact with wild birds in your possession, be ready to get them on the list. If you think a bird may have died from Avian flu, let the Environment Department know on 866200



Don't do it, it's not worth it.

IDENTITY CARDS

AMERICA WON'T LET YOU IN WITHOUT ONE!

It looks like we may soon be following the lead of the UK and introducing ID cards for Jersey citizens. Despite concerns raised over data protection and human rights implications, it may be a necessary item for future travel. The US for example, in the eye of the storm of their shoe-bombing paranoia, are seeking to take all but a stool sample to allow you to pass through their fair nation in the future. That has repercussions for us all. Whether you like the idea of identity cards, correlate them to an Orwellian view of population management (seek solace at www.no2id.net) or don't care either way, they'll still arrive at some point. Guernsey are getting biometric passports in the summer and ID cards may follow there next year. We probably won't be far behind.



Citizen number 12304, we're watching.

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PUBLISHER'S NOTE

What a month it's been at Gallery! With all the planning for our party on the 17th, twelve hour photo shoot on the 19th and our deadline two days later, it's been all go.

A big thank you to everyone that came down to the bar for Gallery's annual Valentines party. We had a great time and hope you all did too. It was all a lot more organised than last year's, which was a good thing for us but some of you apparently hankered after the anarchy of our 2005 party!! We look forward to seeing you all again at the next one.

Our wedding shoot was a mammoth undertaking with our photographer coming over from the UK for twelve hard hours at Eulah Country House creating the fantastic shots you can see on pages 24-30. This time of year is popular for a guy (or girl these days) to 'pop the question'. It seems like I've got to the age where single people start dropping like flies. Scary.

We also look at the troubles of starting a small business in this edition. Becoming an employer is a tricky undertaking and you'll spend a lot of time dealing with the nitty gritty of setting up and running the business, so read on and take it in.

Add the usual suspects to this month's features and it's another packed edition of Gallery. Thanks for picking it up, I hope you enjoy it.

BD



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Congratulations to:
Danny, Jana and Sonny!

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If you want to get in touch with us, whether it's to find out more about Gallery, industrial espionage, cooking tips or to discuss interesting party themes, use the details below.

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GALLERY

MAGAZINE

JERSEY'S QUALITY MAGAZINE

Gallery is published 11 times a year as a lively yet discerning guide to all that happens on the Island and beyond, written by Islanders, for Islanders. For more information about where to get your copy, special subscriptions, advertising enquiries and contributions, get in touch using the details over there >>

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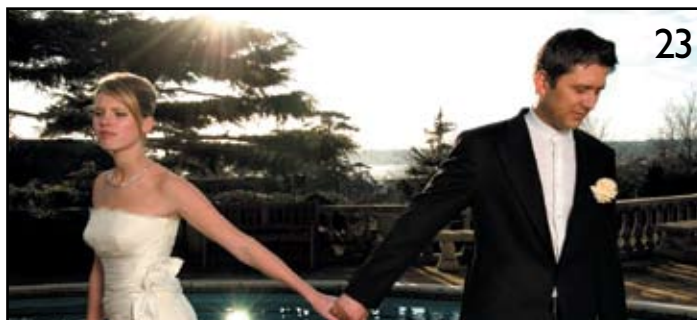
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COVER CREDITS

Klaudia: Ladies Hermes 18ct white gold diamond bezel watch, £7106, Lettos. Baguette cut diamond half channel set wedding ring in 18ct gold 1.66ct, £1323, Diamondology. 0.75ct EVVS2 princess cut diamond with tapered baguette shoulders in platinum, £2420, Diamondology. Sterling silver plated and rhinestone tiara, an exact replica of the one Princess Diana wore on her wedding day, £120, Diamondology.

HIGHLIGHTS MARCH 06



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GALLERY

MAGAZINE ©

A BIG THANK YOU

to everyone that came and celebrated
with us on the 17th February.
We hope you had a good time.



Congratulations to our prize winners who walked away with a new wardrobe of clothes from Axle, fantastic home, contemporary fashion and beauty products from de Gruchy, loveliness from Molton Brown, the finest in dining from Ocean & The Club Cafe and a lovely stay at the L'Horizon. (Also, thanks to ILS for our great canvas wrap covers covers for the night. Our office is now a brighter place!)



And last but by no means least, Royston, our fantastic magician who entertained us with balloons! Get him for your party! Call 07797 717572!



Look out for details of our next party later in the year.

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WEDNESDAY 'Smash & Grab'
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SATURDAY 'Sanctuary'
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FACES & PLACES



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PLATINUM // 10TH & 11TH FEBRUARY // ALL PHOTOS BY JERSEYCLUBBERS.COM // BRUNO & DANNY

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Model shown is Jetta SE 1.6 FSI
with metallic paint: £14,535.

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Official fuel consumption for the Volkswagen range in mpg (litres/100km): urban 49.6 (5.7) – 13.3 (21.2); extra urban 68.9 (4.1) – 24.4 (11.6); combined 61.4 (4.6) – 19.1 (14.8). CO₂ emissions: 355 – 124g/km.

DISSEMINATION



Sure to be warmly received by all followers of fashion is the news that Karen Millen will open its concession in de Gruchy department store on 27th February. Fans of fresh, feminine and perfectly polished, clothing will appreciate Karen Millen's latest collections which offer a unique and sophisticated approach to this spring's trends. Remember, the dress is key this season...

INTERNATIONAL WOMEN'S DAY

In celebration of International Women's Day, a charity breakfast is being held at the Pomme d'Or on Wednesday 8th March from 7.45am-9am with all proceeds going to Jersey Side by Side. There'll be a talk by inspirational guest speaker Rachel Bridge, (Enterprise Editor for the Sunday Times), and a prize draw of luxurious gifts donated by Club Carrefour, Club Hotel & Spa, De Gruchy, Dunnell's, Les Roches, Longueville Manor, Ottakars and The Bodhi Tree. International Women's Day acknowledges the economic, social and cultural achievements of women, inspiring them to reach their full potential. Limited tickets available - women only - £12.00 each. Please contact Sarah on 863201 / 07797 796720 / sarah@thespiralree.com



CYCLE PERU



The Bedell Cristin Cycle Peru Challenge has surpassed all expectations with the final total raised a remarkable £230,863.51. Launched in January 2005, the original aim was to raise enough to fund Jersey Hospice Care for one month. However, the target was subsequently set at £100k in light of the outstanding generosity shown by Islanders in response to the Asian Tsunami. Following the launch, 34 cyclists signed up within the first month, joining the challenge to cycle 445km from Lake Titicaca to Machu Picchu in November last year. The number of volunteers swelled to more than 40 following Bedell Cristin's sponsorship, which also prompted four members of the firm's staff to sign up. Over the next nine months, the number rose to 59 and had it not been for the withdrawal of organiser Richard Harwood due to family illness, the trip would have been sold out. The cyclists climbed a total of 2,300m during the trip, reaching a maximum height of 4,338m at Abra La Raya and climbing 1,000m over 73km on a single day. To add to the volunteers' exertions every single day's cycling took place at a minimum altitude of 3,000m. Highly impressive!



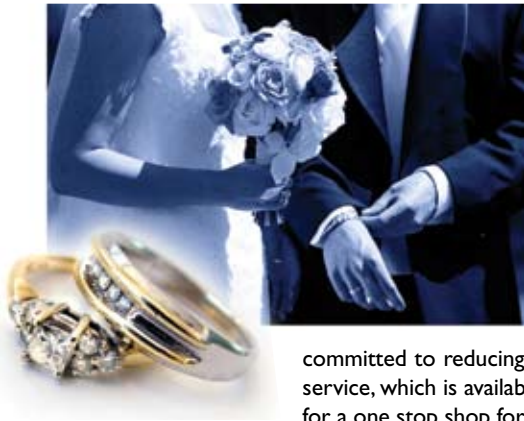
WASABI?

Sushi starved islanders are now able to quench their thirst for raw fish and wasabi at the Pomme Café Bar. They're serving a whole menu of Sushi, freshly prepared every day, so if you know your Sashimi from your Nigiri or simply fancy trying some delicious new tastes you know where to go. The Café Bar is open from 7am to 11pm every day.



MODEL BEHAVIOUR?

Coinciding with the Polish Festival in June, the Polish community are coming together to present the work of creative types in their very own fashion show. You don't have to be Polish to take part though, so if you're interested call Aga on 07797848015. (Gallery Magazine uwarza ze Polacy sa sliczni. Zadzwon do Agi jesli jestes godny uwagi. Bardzo Dobrze!)



STRESSFREE WEDDING PLANNING

Co-op Homemaker has vowed to make getting married a pleasurable experience. Launching the most comprehensive wedding planning package available in Jersey, the company is offering brides and grooms to be, a one-stop-shop for all aspects of their wedding plans. Co-op can offer wedding planners giving a personal service to every customer with the opportunity to enjoy private appointments out of hours, 'Double Dividend' points on all purchases for one year for all those registering with the service, Online wedding list tracking, and the opportunity to arrange stag and hen parties through Co-Op Travelmaker. The launch of the new service coincides with the launch of the Co-op Homemaker's new look website, allowing visitors a chance to see a wedding list and help make a decision before visiting the shop. Paul Clark, Specialist Business Manager for Channel Islands Co-op says: "We're

committed to reducing the stress our customers experience in the run up to their special day. The launch of this service, which is available when our customers want it to be, responds to the increase in demand we have received for a one stop shop for wedding arrangements. We can even book the church if our clients require us to!"



ATLANTIC REFURBISHMENT

Following the completion of a £300k refurbishment, The Atlantic Hotel has recently re-opened with a newly redesigned ground floor featuring a re-styled entrance hall, lounge areas and library. Atlantic Managing Director, Patrick Burke said "As a long standing family business we have worked hard over many years to continually improve our product. The Atlantic is now recognised as one of the top 25 hotels in the country outside London, and our latest initiative updates the look of the hotel, giving us the platform to raise guest service to a new level." In keeping with the work carried out for Ocean, great emphasis has been placed upon unique art-work, with highlight pieces from leading local artists - Atlantic Dunes by Nick Romeril (pictured), La Rocco by Martin Bullivant and Crossing the Sands by Naomi Renouf.

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JOKE // The Over Protective Farmer Father

There was an old Jersey farmer who was very protective of his three lovely daughters. Before every date, he would meet the young man at the front door with his shotgun and if they didn't measure up to his exacting standards, he'd tell them to bugger off in no uncertain terms.

On one particular day, all three of his daughters were going out on the same night. The first young man drove up and nervously approached the porch.

"Hi, my name is Joe, I'm here to get Flo, we're going to the show, is she ready to go?" The farmer decided straight away that he liked this guy, and let him leave with his beautiful daughter Flo.

Shortly after, the next guy drove up and tentatively approached the porch. "Hi, my name is Freddy, I'm here to get Betty, we're going for spaghetti, is she ready?" The farmer liked this guy too, and wished him a good evening with his gorgeous second daughter Betty.

Soon the third guy drove up and approached the porch. "Hi, my name is Chuck..."

The farmer pulled the trigger.

7 FACTS OF // RANDOMNESS

1. Chuck Norris spends a lot of time trying to figure out how to arm wrestle himself.

2. When a female horse and male donkey mate, the offspring is called a mule, but when a male horse and female donkey mate, the offspring is called a hinny.

3. Firestations have circular stairways because the horses that used to pull engines in days of yore were stabled on the ground floor and figured out how to walk up straight staircases.

4. A woodpecker can peck 20 times a second.

5. The fastest bird is the Spine-tailed swift, clocked at speeds of up to 220 miles per hour.

6. One acre of hemp will produce as much paper as four acres of trees (and can be replaced next season).

7. A father sea catfish keeps the eggs of his young in his mouth until they hatch. He won't eat until they're born, which may take several weeks.

DUBYA SPEAKS!

PHILOSOPHY //

"I think war is a dangerous place"

A dangerous place? Where is it exactly? How do we get there? Can I catch a bus? Washington, May 7 2003.

"If you don't stand for anything, you don't stand for anything"

George demonstrating the art of saying something, then saying exactly the same thing again to make it sound like something Samuel L Jackson would say in Pulp Fiction. Washington, Nov 2 2000.

"You know, I don't think there's ever going to be an end to evil"

Very deep George. Dec 4 2001.

"By making the right choices, we can make the right choice for our future"

Now you can't disagree with that. Dallas, Texas, Jul. 18, 2003

"Every life matters, whether it be an American life or the life of an Afghan girl"

How scary is that statement? It's good to know that Dubya thinks the lives of little Afghan girls matter. Arkansas, Aug. 29, 2002.



WOMAN APPEARS AT HER OWN FUNERAL

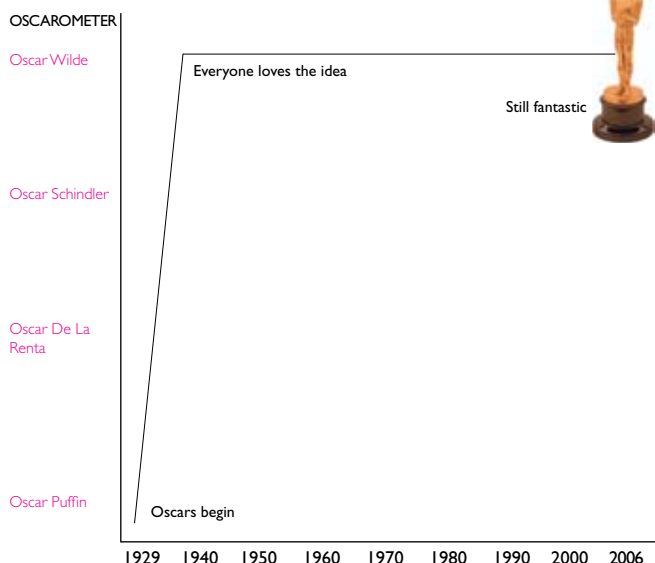
An Argentinian woman who went missing after a New Year's Party turned up at her own funeral. Angela Saraiva, 20, from Salta, was only gone for 20 hours and was amazed to find herself declared dead. Her worried mother mistakenly identified a dead body as being that of her daughter and the funeral was in full swing when Ms Saraiva finally turned up again. She said: "I loved this whole experience, it made me realise how much my friends and family love me and how much they would miss me if I die; that made me feel important!"



SPEED CAMERA CLOCKS 85MPH TRACTOR

Police have apologised to a farmer after they tried to fine him for doing 85mph in a tractor. Steve Crossman, who farms in Wiltshire, was puzzled to receive a ticket saying he'd been snapped by a camera in Wales. He was even more surprised when he realised that he was being fined for speeding in his tractor. He contacted the police to protest that not only was the tractor incapable of racking up such a speed but that he had never taken it over the Severn Bridge. He told BBC Wales: "It's a good tractor, but not that good. It can just about get to 26mph, but that's downhill, with a following wind and with no trailer on the back".

CAREER TRAJECTORY // OSCARS



The Academy Awards take place on March 5th this year with Capote, Brokeback Mountain, Munich, Good Night & Good Luck and Crash battling it out for the top honours. The Oscars, or, Annual Academy Awards to give them their full title, have been around since 1929. They first took place with a banquet in the Hollywood Roosevelt Hotel. They bore little resemblance to today's glitzy and bloated bashes and there was absolutely no suspense - the winners had been announced three months earlier, not by thousands of Academy members (as they are now), but by a committee of five men, overseen by L.B. Mayer, lord of MGM. How very fair. Apart from the dubious beginning there's been no real disasters for the Oscars which makes for a very boring career trajectory but a highly entertaining awards ceremony. One more fact? The origins of the 'Oscar' nickname aren't definite, but some speculate that Bette Davis named it after her first husband.

ORIGIN OF THE WORD // SPAM

It's not absolutely certain where this word for unsolicited commercial email originated, although there is a commonly accepted explanation that is probably correct. The original Spam was coined in 1937 by the Hormel corporation as a brand name for its potted meat product - spice ham. From these humble beginnings it took a scrape with Monty Python's Flying Circus in 1970 to make it the term it is today. The sketch that did it, featured a cafe with a menu that featured items like "egg, bacon, and spam;" "egg, bacon, sausage, and spam;" "spam, bacon, sausage, and spam;" "spam, egg, spam, spam, bacon, and spam;" and finally "lobster thermidor aux crevettes with a mornay sauce garnished with truffle pate, brandy, and a fried egg on top and spam." For no particular reason the cafe was filled with Vikings who periodically broke out into song praising Spam. From here a nerdy computer geek adopted the term (and then told all his IT friends about it) from the Python sketch to mean overrunning a fixed-sized buffer with too much data. Or something. In other words the data was like the Spam in the sketch, something excessive and undesirable. With the commercialization of the Internet, the term expanded to include the unwanted commercial messages and that became the primary meaning.

Diamondology

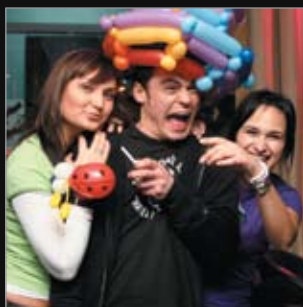


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THE GALLERY PARTY FRIDAY 17TH FEBRUARY // PHOTOS BY BRUNO MELIM / DANNY POLICARPO



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ART&CULTURE



Photo: Rochelle Brady

I turned up an hour late to my meeting with Kate. She was sitting in Gallery's waiting room, with no prima donna reaction to being 'stood-up', quite happily reading a back issue of Gallery. I remember Kate from school, where she played Pinocchio in our school Christmas play! She's gone on to much greater things from there, graduating from Drama school in 2001 and since appearing in several challenging performances.

Kate's credits include: The Complete work of William Shakespeare (broads with swords), Talking Heads, a one woman show, recording a Jazz CD with a group called Rain, performing at the Royal Albert Hall with the London Theatre of Ball Room, The London Fringe Theatre, various short films and playing in Rosencrantz and Guildenstern are Dead opposite Joe Pasquale & Robert Duncan (from Drop the Dead Donkey). Her recent break and biggest role to date came when she was chosen to play the lead female role in the film Love Struck. Here she plays Natasha, a law student who falls in love with a kickboxing thug, a good-guy/bad-guy anti-hero. She explained how acting for the camera is so different to performing on stage and how she had to go through a rapid learning process on set. Without the adrenaline of a watching audience and with so many people working on different things all at the same time, it's very much a case of, you do your job, I'll do mine. Which was great training for Kate. Not only was it a great role, but the film has received some heavyweight recognition.

Nominated for Best Film at this years Portobello film festival, (London's biggest filmic free-for-all), it's a high honour indeed to be featured at this large independent festival. Screening new shorts, features and movies, Portobello has launched careers of such luminaries as Guy Ritchie (Lock Stock) and Shane Meadows (A Room For Romeo Brass, Dead Mans Shoes) with the free screenings making for huge audiences - around 15,000 people every year. Amazingly, IT WON! Of the whole process Kate says, "It was fantastic to work with so many talented and inspiring people, and the whole experience was fun and challenging". With Love Struck also going on to be shown at The New York Film and Video Festival where it closed the day, it's looks sure to act as a great kick start to this Jersey girl's career.

Kate is presently in Jersey waiting for filming on her next feature film, Glass Cities, to begin. She plays homeless American Jazz Fan, Kelly Milby. Whilst here she has sung jazz at La Cala, with George McAllister on piano.

KATE EDEN
GALLERY TRUMPS



Actor Fact File

AGE	26
PARISH	ST HELIER
MEDIA	FILM/THEATER/VOCALIST
INFLUENCES	BLOSSOM DEARIE/YOGA
STRENGTH	JAZZ
FAV. CAFE	TUPELO HONEY (CAMDEN)
FAV. WORD	OBLIVION

Kate Eden studied at Alra (Academy of Live and Recorded Arts) in London, and since has been makin a name for herself as an up and coming actress.



CINEMA // THE WEATHER MAN 15

Dave Spritz (Nicholas Cage), a local weatherman in his home town of Chicago, has a great career but a personal life that seems to be spiralling downwards. He's got a difficult relationship with his perfectionist writer father, a neurotic ex-wife, and kids that aren't the sharpest pencils in the tin. Despite being both loathed and loved in equal measure by the local masses, he's offered an attractive job that presents Dave with a major question: pursue his career in New York City, or remain at home to make his father proud before he dies, try and help his kids, and attempt to get back with his wife. I think I can guess which one he chooses.

OUT: Friday 3rd // IMDB: 7.3 Looks quite good and Cage is usually dependable



GAMES // GHOST RECON 3 XBOX 360

The year is 2013. The U.S. Army has been developing the Integrated Warfighter System (IWS), a complex combination of cutting-edge technologies that transforms an individual soldier into the ultimate fighting force. You play Captain Scott Mitchell, commanding these beasts in a quest to save the president of the United States, recover stolen nuclear codes and eliminate a vicious band of renegade soldiers hell-bent on unleashing catastrophe. Set entirely in Mexico City, Tom Clancy's Ghost Recon 3 will also include multiplayer and cooperative gameplay with exciting new elements continuing the Ghost Recon tradition of setting the bar for multiplayer action. Welcome to the future of urban warfare.

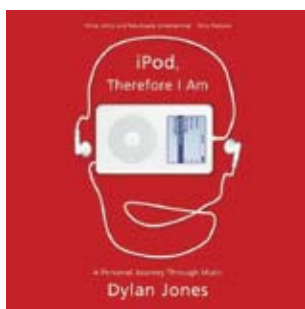
OUT: Friday 10th // PRICE: £49.99 You may never leave the house again...



MUSIC // MASSIVE ATTACK: COLLECTED

Including classic tracks such as Karmacoma, Inertia Creeps, Protection and Unfinished Sympathy, Massive Attack: Collected would not look out of place in anyone's CD collection and this acts as an apt reminder of their musical legacy to date. Featuring all their key tracks and the new single 'Live With Me', the limited edition includes the main disc and a bonus dual-disc featuring additional new tracks, un-released material, rarities, remixes, and all of their videos to date including the new single and rare live footage. The album release is preceded by the new single featuring Terry Callier on vocals and sees a return to a more soulful sound for Massive Attack, while retaining the lush production of their more recent albums.

OUT: Monday 27th // PRICE: £15.99 Well worth checking out



BOOK // IPOD, THEREFORE I AM Dylan Jones

If you've been compulsively collecting records that you (justifiably?) feel show you for the eclectic and interesting person you are, only to find that a little white box has come along and ballsed everything up, then this is a book you should read. Dylan Jones has been regularly buying records since he was 11 in a 30-year binge of glam rock, punk, disco and rap. But now, the iPod has changed everything, because Apple CEO Steve Jobs has enabled listeners to put all their music in one place. If you've wondered what life was like before the iPod, Jones may have the answers. Imagine listening to music without a scroll wheel that has the power to instantly switch you from jazz to industrial metal, from disco to poetry. Dylan Jones' book is about the iPod, its astonishing effect on the music industry, and how to make a superb Beatles compilation.

OUT: Wednesday 8th // PRICE: £7.99



EVENT // THE THREE BIRDS Joanna Laurens

In The Three Birds, Jersey girl Joanna Laurens created a play of such finesse that it enjoyed success not only in London's theatre-land but also in the highly competitive New York scene. Exploring the 'extremes of love', The Three Birds is based upon the 57 surviving lines of Sophocles' lost tragedy Tereus. The original tale sees Tereus rape his virgin sister-in-law Philomela and cut out her tongue to silence her. His wife, Procne, learning of her sister's victimization through a tapestry Philomela has woven, murders her son in retaliation and serves him up as dinner to her husband. Thankfully we're spared such gratuitousness and in Tereus are shown a more sensitive villain. The outcome however is still only suitable for those aged 14 years and over.

DATE: Fri 24th & Sat 25th // PRICE: Adult £10, Student £9 // WHERE: Arts Centre

Don't miss this opportunity to see the work of one of the biggest talents Jersey has produced in recent years.

FILM // V FOR VENDETTA



It's difficult to believe that the shaven headed young lady above is regularly touted as one of the most beautiful and successful actresses in the world. But she certainly is.

Natalie Portman stars in *V for Vendetta* this March playing Evey Hammond, a young girl rescued from a life and death situation by a masked vigilante known only as "V" (played by Hugo Weaving). Set against the landscape of a Britain plunged into chaos in the aftermath of a world war, this dystopian vision of the future sees Britain become a fascist state with the controlling elite using fear, force and "faith" to subdue an entire nation

in an attempt to forge a new, "Greater" Britain. Luckily, "V" happens to be a fantastically charismatic chap and a bit of a dab hand in the arts of combat and deception - just the man to lead his fellow Britons to rise up against tyranny and oppression. As Evey uncovers the truth about his mysterious background, she also finds out quite a lot about herself, eventually emerging as an unlikely ally in his plot to bring freedom and justice back to a society fraught with cruelty and corruption.

V for Vendetta is released on Friday 17th March.



The Persuaders

As we know from our previous observations, when Hollywood and the movie industry find a rich and fruitful vein, it'll quickly bleed it dry before moving on to new flesh. The Dracula effect is currently focusing on the 70's and 80's TV show remake with Miami Vice, Starsky & Hutch, The Dukes of Hazzard and now The Persuaders all getting the green light. Before you screw this notion up and chuck it in the The Dukes of Hazzard waste bin, consider this; a teaming of Ben Stiller in the Tony Curtis role and Steve Coogan as Roger Moore's 'Lord Brett Sinclair'. Arrrrhaaa. Coogan is already a self confessed fan of the original series with both having perfect comedy timing and appeal on respective sides of the Atlantic. With Coogan giving lines in an upper class Alan Partridge style we may yet see hit remake. "Quite frankly, you'll be picking up your teeth with a broken arm"



Night at the Museum

Ben Stiller's work rate is clearly phenomenal; smash hit movies and cutting edge television comedy. Currently being filmed in New York and due for release early next year is Stiller's next project; 'Night at the Museum' directed by Shawn Levy and set in a Natural History museum. In Gumidge like fashion, Stiller puts on his morose, down on his luck loser head (see Along Came Polly, Meet the Parents / Fockers and Mystery Men), and plays the night duty security guard who inadvertently releases a curse which brings to life all of the animals and insects. The director, who is currently receiving mixed reviews for his Pink Panther prequel, has also cast two members of my celebrity fantasy death league, the great Dick Van Dyke and Mickey Rooney, as well as British comic deity Ricky Gervais.



Open Season

Martin Lawrence was hailed as the next big thing after Bad Boys but he made some unusual career decisions and appeared in the woeful Black Knight, National Security and of course Big Mamm'a house. With that record he may have put pay to any opportunity of megastardom. Therefore some would say he is a strange choice for Sony Pictures to cast as the star of their first ever full length, big budget CGI animation outing. 'Open Season' sees the mismatched pairing of a domesticated grizzly bear and a one horned deer named Elliott, voiced by Ashton Kutcher. The Boys in the Wood pair unite their forest friends against a bunch of nasty hunters lead by Gary Sinise. Billy Conolly and Debra Messing (Will and Grace) also lend their vocal talent. Let's hope Sony's gamble pays off.

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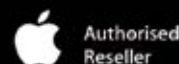


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Photo: Stacey Yates



Gallery Magazine caught up with Velofax to see how things are going in the big smoke, and to find out how one of Jersey's best bands are measuring up against the cream of London's vibrant music scene. The next time you can catch them on home turf is March 3rd when they'll be supporting Goldie Lookin Chain at Fort Regent.

How are you finding London?

Living in London is going fine. We're currently dotted around the city in Highgate, Islington, Chelsea and Kingston and are rehearsing in a studio on Denmark Street (a small road famous for its music shops and industry connections) which is on the edge of Soho. We've also been lucky enough to secure gigs in London as and when we want them.

What's the best gig you've played out there?

The best venue we've played so far has been the Barfly in Camden. Countless well-known bands have trod the boards on their way up and their PA system is hands down the best we've ever played on. When we last played there on 28th January loads of Jersey folk came over for the show and it was a great gig. As for others, we have fond memories of supporting Clor at the Notting Hill Arts Club last year.

Are you missing anything about Jersey?

Family members and friends. Sea views and fresh air.

You loving London?

London's a great city and has so much to offer. We've been to countless other gigs both big and small. Highlights so far have been A Certain Ratio, ESG, Franz Ferdinand and Broken Social Scene. We've also enjoyed live comedy such as The Mighty Boosh and Jersey's own Will Smith. Jim has furthered his obsession with The Who by seeing Pete Townsend live in concert twice, and helping to organise a Who Convention this April.

Has your music changed much with the new influences?

The new location hasn't directly influenced our music, but we are striving to push boundaries to continue our sonic development and are in the process of writing new material.

Who's the new guy?

Our original keyboard player was the legendary Richard Berks. He played synth on our debut album and at some of our most exciting Jersey gigs (the first proper Jersey Live Festival, and our New Years Eve Party and album launch at L'Auberge du Nord). He's taken a place at university and after many months gigging as a 3 piece we've now secured a suitable new synth player, Alex Vernon-Kell who comes from a very musical family. We've been busy rehearsing to get Alex up to speed and he's a welcome addition to the band.

What's the big plans for the future?

In the short term we have gigs lined up in Bournemouth, Jersey, Liverpool and London while in the longer term we hope to get a small number of new songs recorded. We have a producer in mind and if that comes together it would be very exciting. Ultimately we are looking to secure a record deal - we've had interest from small record labels but haven't jumped for the first thing that crossed our path.

Any exciting news you want to share?

We are looking forward to supporting Goldie Lookin Chain at The Opera House in Bournemouth (2nd March) and at Fort Regent in Jersey (3rd March). Tickets are selling well. We are also looking forward to playing at the Korova Bar which is run by the band Ladytron in Liverpool (14 March). Also, our new EP is available now via our website.

For more information check out: www.velofax.com



FOOD



RESTAURANT REVIEW

THE MANDARIN ROOM

Everyone should have a famous friend. They're terribly useful for getting you into exclusive clubs and sold-out concerts, and seeing them in the pages of Hello always brightens up those dull doctor's appointments. You'll know mine of course – anchorwoman Andrea, and yes, you probably have seen her on television. I was thrilled when she told me she was heading over to investigate the tourism industry in Jersey. Well that's the story she sold to her news editor anyway. Truth is, she just wanted an excuse to chill out at the Club Hotel and catch up with me.

When we were both in London, we'd meet for dim sum at Fung Shing and she'd tell me all the green room gossip, so I just had to take her to the island's newest Chinese restaurant – the Mandarin Room. The name might ring a few bells if you're old enough to remember the Mandarin House, and this time it's the turn of daughter Helen Wong and her chef husband Kenny to give the classic recipes a new spin. Their restaurant in the brand-new Spectrum development only opened last month, but has already played host to a couple of wild Opera House after-show parties. I thought Andrea might like it, after all this is the girl who takes her GHD's everywhere. Even on an outside broadcast all the cameramen know she can't stray further than two feet away from the plug point where her straighteners are sitting on standby.

We'd heard the dim sum were out of this world – they're called "gourmet dim sum" on the menu, and it's no exaggeration, the dumplings were heavenly, especially the crisp prawn fan kwok. But be warned, as moreish as a tube of Pringles, the dim sum is addictive – you might not have room for anything else. We managed to restrain ourselves from ordering another helping, and went for an in-between course of scallops with vermicelli noodles, roasted garlic and a soy and ginger dip. Fabulous. Instead of the usual pan-frying, these scallops had been steamed in their shells, retaining all their flavour, and making them as soft as butter. Keen proponents of local produce, the Wongs have adapted the best Chinese recipes to work with locally sourced seafood. As with all good things though, availability can vary so remember to order 24 hours in advance if you want to try the rather special lobster.

Helen's next recommendation was one of her most popular dishes – the sizzling beef with Cantonese sauce, which was dragged steaming and spitting from the kitchen. It's quite a showstopper. We ordered a plate of vegetable Udon noodles on the side, and apparently the Mandarin Room is the only place to get them over here. It was a quite a combination, the meltingly tender steak and the fat Udon noodles swimming in a mushroom sauce – "Wagamamas meets Sin City" quipped Andrea.

If you're feeling brave (we weren't), ask for the speciality baked Fok Kin rice – then when the waitress hurries over and says "there's your fok-kin rice", you can imagine you're back at Won Kei's where the food is rude and the service ruder. But the Mandarin Room is a world apart from rushed Soho cuisine. The night we were there, the restaurant was a family affair with Helen's parents making a guest appearance in the kitchen, the beaming Chinese godmother Shu-ky bringing us our food, and Helen's brother Kett back from travelling to run the bar – ask him about the time he broke his arm...

We think it's worth the walk to Gloucester Street, but if you're feeling lazy the Mandarin Room has a reasonable takeaway menu too. Our verdict? For such a new restaurant, it's already head and shoulders above the competition. Ok, it's still got a bit of a way to go, but as the Chinese say, a journey of a thousand miles begins with a single step.

The Mandarin Room

Spectrum,
Gloucester Street,
St Helier

01534 638010

Mon-Sat:	Lunch	12-2pm
	Dinner	6-11pm
Sun:	Lunch	12-2pm
	Dinner	6-10.30pm

★★★★

This month's
star rating guide:

China Girl: ★★★★★
David Bowie

Kung Fu Fighting: ★★★★★
Carl Douglas

China in Your Hand: ★★★
T'Pau

Puff The Magic Dragon: ★★
Peter, Paul & Mary

Chopsticks: ★

FOR BETTER OR WORSE (OFF) // BY DONNA WHITE



Getting married is all about committing yourself to the one you love for a lifetime. But the very act of becoming man and wife can appear more like committing to an eternity of debt and a first-name basis with your bank manager. The average cost of a wedding is now £19,596, according to a survey by You & Your Wedding magazine. Today's bride and groom spend 68 per cent more than those who tied the knot 10 years back, and typically spent £11,653. And with same sex marriages now legalised, it's predicted couples will be spending even higher in years to come. The extravagant Elton John has a lot to answer for!

Nick Carver, director of Event by Design Ltd, which organises weddings among other special occasions, said: "Keep things simple but elegant, to create a wow factor. Cut back on the things that aren't important, in order to spend more on areas which are. For example, don't waste money on disposable cameras for your reception tables. People often forget to use them, or you end up spending money developing images when only a few will come out. And consider saving on the cost of favours, which often get left behind. The money could be put to much better use."

Having a budget that doesn't quite stretch to a couture wedding gown and smoked salmon canapés doesn't mean you should give up on your big day altogether. By making a few wise choices, and negotiating with suppliers, you can still enjoy a unique and exquisite day without heading for the bankruptcy courts. Here are a few hints that will help:

Have a traditional wedding breakfast

Plan an early wedding with brunch or a proper breakfast of smoked salmon, scrambled eggs and champagne served afterwards. Your menu will be lighter and less expensive than a formal dinner. Or consider a ceremony later in the day, with one reception for ALL guests in the early evening, eliminating the need for a meal and separate buffet.

Consider local venues

Don't knock the local church hall or community centre. Use your imagination and visualise the plainest of venues transformed with great lighting, table decorations, flower arrangements etc. If possible, have the ceremony and reception in one place to cut out the need for transport.

Nearest and dearest

Avoid adding to the guest list with past work colleagues and vague acquaintances. Be realistic. Stick to those who really matter to you, and will remain an important part of your lives for years to come. You don't want to look back at your wedding album in 20 years and be met with a sea of strange faces.

Such a perfect day

Saturdays in summer are always expensive. Be fashionably different. Think winter wedding, candlelight, red wine and evening dress. Or if you prefer the warmer months, opt for a Friday or Sunday wedding – or even a weekday if your guests won't mind taking time off work. Avoid special days, such as Valentine's or Mother's Day.

Have your cake... and eat it

Three courses followed by a slab of cake is too much. Cut your cake before you sit down to eat (as many couples do) and serve it as pudding. A chocolate cake or fruit sponge will be successful, especially if you put ice cream, fruit coulis and chocolate sauce in the centre of each table.

Choose a simple menu

A beautifully cooked yet simple menu is better than a poor quality attempt at something 'fancy'. Spend your budget on delicious sausages and mash, even fish and chips or cottage pie instead of a poor cut of steak. In the evening, ravenous guests might appreciate bacon sandwiches or croque monsieur more than expensive vol au vents which don't fill them up.

Haggle

Don't pay over the odds. Shop around for your venue, dress, photographer and so on. Ask for quotations in writing and make sure you know exactly what the agreed price covers. A venue may seem cheap – until they charge you for waiting staff, corkage on wine, etc.

Drinks

If you can supply your own champagne and wine, hop across to France for some great deals, or look out for savings in the supermarkets. Remember you'll probably have to pay corkage, but negotiate with your venue to keep the cost low.

Be seasonal

Check your flowers are in season. Peonies, for example, are only widely available in May and June. At other times they'll have to be imported or grown in a greenhouse, and will be costly and probably poorer quality. Floral decorator Mark Howe says: "Jersey has an abundance of local blooms, such as daffodils and tulips in the spring, or lilies and gerberas later in the summer. These can be complimented with lots of foliage and berries, which are inexpensive but effective. When decorating your church or reception, I would advise spending money on one or two large displays, rather than lots of little ones which don't have the same impact."

Hit the sales

Check out designer collections in department stores for your dress, attend end of season sales, or even opt for a non-bridal gown. And look out for sample sales. Bridalwear specialist Stella Liliana says: "If your dream dress is over your budget, don't be afraid to speak to the store and ask if they'd let you have the sample at a reduced price. Or look out for sales. We usually get rid of old stock from September to December, in preparation for new lines coming in over the Christmas season. Otherwise, a really simple dress which has been carefully accessorised with killer shoes and a knockout head-dress or jewellery can create a stunning effect while keeping costs low."

Call in the contacts

If your aunt makes great cakes, or your cousin is a photographer, this is the time to call in the favours. Be creative and get the artist in your family to design your invitations. Make use of friends with posh cars. You can also save money by approaching local colleges. A photography student might relish the opportunity to take your wedding photographs, or a beauty school may do your hair and make-up – but ask to see evidence of their work first.

Be yourself

This is your day, so do things your way. If you don't want favours, don't have them. Guests usually discard them anyway. If you want an adults-only knees-up, don't invite children. Kids get bored at these occasions, and it costs extra to keep them fed and entertained. Not a fan of champagne? Get your venue to create a special cocktail to serve to guests. Splash out on the things that matter – not the ones that don't.

Prioritise

Choose three or four aspects of the day that are really important to you – for example the dress, the photographer, and the music. Buy the very best of these, and make cutbacks in other areas. Little touches of class are what people will remember – rather than the fact you didn't have any favours on the tables.

Online art

If you are willing to depart from the traditional printed invitations you can save money, time and anxiety by creating your own stationery on the computer and printing it onto special wedding paper, available in most supply stores. For the even more adventurous or computer-savvy, why not email friends and family an invitation to your private wedding website where they can get an invite, as well as directions and wedding gift information.

Be decorative

Get inspiration from interiors magazines and go wild with fairy lights that look brilliant at night, candles and simple glass bowls filled with floating flowers.

Honeymoon heaven

Bear in mind what is low and high season for your chosen honeymoon destination, and try to time it right so prices aren't astronomical. Look into all-inclusive packages, which can be well worth it if you're planning to live the high life for a few weeks – especially if you're including sporting activities like scuba diving or water-skiing – but check this is part of the package. Or if your budget is already stretched to the limit, consider a romantic break somewhere local just after the wedding, and save for your dream trip a few months later. It will give you something to look forward to once your big day becomes a distant memory.



ZARA PALMER WATKINSON'S
HIGH MAINTAINANCE WOMAN //

ALWAYS A BRIDESMAID...

Do you know what the colour puce looks like? Replace the 'c' with a 'k' and you've got a pretty good idea of how I feel about it. Shame then that it's the colour of my bridesmaid's dress for my best friend's wedding in June. Well I say she's my best friend, but truth is she's rapidly sliding down my list of favourite people with all the palaver surrounding her summer wedding. When it comes to weddings, I've always gone by the three M's – Millionaire, Mustique and then Maybe – but Julia's got her heart set on a real Jane Austen meets Thomas Hardy affair at Trinity Church. I knew something was up when she got all misty-eyed halfway through 'Under the Greenwood Tree'.

I wouldn't mind in the slightest, but for the fact that I've got roped in to being a bridesmaid. I'm sure she's still trying to get me back for that unfortunate incident at university involving her ex-boyfriend... well how was I supposed to know they'd just got back together! Anyway her revenge is coming in the form of a seriously awful bridesmaid's dress. Apparently in the world of weddings, colour's in this season for bridesmaid's dresses – so that means Pronuptia is awash in shades of green, orange and the terribly popular fuchsia ... otherwise known as puce. Add in the fact that I'm wearing the same style dress as the five year-old flower girl... and it looks better on her... you can imagine the problem. I've definitely got no chance of upstaging the bride. Apparently, statistics say that weddings are a really popular place to meet your future partner. Maybe it's the matchmaking bride and groom juggling the seating plan. Or maybe it's just too many glasses of champagne. But one thing you can be sure of is that none of the lucky ladies was a bridesmaid at the time. Bridesmaid's dresses just aren't designed to attract, they're designed to make the bride look good. You remember that saying "always a bridesmaid, never a bride"? Well I'm not surprised, I wouldn't get asked out to Jersey Bowl wearing my particular puce, sorry 'bordeaux' number. I can see there'll be tears at Julia's wedding – but only when I catch a glimpse of myself reflected in the collection plate.

The truth is that I never really enjoy weddings. I always seem to commit some etiquette faux pas. Take for instance those disposable cameras left on the tables at the reception for guests to take impromptu photos. Great idea, except I didn't really work it out. I went home with mine, thinking it was a present. When the bride rang up to find out what photos I'd taken, I had to confess they were all of my holiday in Ibiza. Of course that's nothing to the scale of embarrassment I'm going to face at Julia's wedding. Perhaps I could keep my super sized Chanel wrap-arounds on as we walk down the aisle, and hopefully no one will recognize me. If the Norwalk virus is still doing the rounds, I could always claim to be taken ill suddenly and avoid the whole thing.

But I just can't let Julia down. So I've hatched a plan. I'm going to be a great bridesmaid on the day, keep Julia calm with a couple of Voltirol, make sure her zany future mother-in-law doesn't go on about her son's wonderful past girlfriends, and keep the flower girls away from the Piper-Heidsieck. I'll even smile for the photos. Ok, grimace then. But as soon as all that official stuff is over, I'm getting changed. The Prada sundress should do the trick. If Julia really wants to wear a big flouncy meringue of a dress all night, she can do that on her own. I'm getting my legs out.





↑ **KLAUDIA:** Bibi Dahl Italian silk zibeline & slipper satin gown with crystal button fastening by Anna Christina at Stella Liliانا. 18ct white gold 3.69ct diamond necklace, £5718, and 0.9ct diamond bracelet, £1575, both at Lettos.

IT'S JUST A PERFECT DAY GALLERY FASHION MARCH 06

You know how it goes. All you have to do is choose a dress that fits, make-up that suits and a hair-do that doesn't resemble a meringue. Have the one you love on your arm, pray for a little sunshine and hey presto things should work out fine! To ensure you look stunning call on experts for honest and effective advice and guidance. These days it doesn't have to be an overly matching, 'too twee for twee' affair - bespoke seems to be a word on the tip of everyone's tongue. However, it does bode well to hold everything together with specific touches; flowers should be the essence! And try to think beyond churches... there are lots of alternative venues with a more relaxed feel. I recommend, research! The photographs... how many times have you looked through a giant sized album, with fewer shots than pages, a whole lot of soft focus and not much else? Fashion styled bridal shots are huge in London, and now you can get this style in Jersey.

PHOTOGRAPHY **MORGAN O'DRISCOLL** CREATIVE DIRECTION **ALANA MANN** SHOT AT **EULAH COUNTRY HOUSE** MAKE-UP **SUZIE ROBINSON** HAIR **DEBBIE HARRINGTON** AT **EXPERIENCE, THE DE VERE GRAND HOTEL** FLOWERS **MARK HOWE** PHOTOGRAPHERS ASSISTANT **KAREN ALLEN** MODELS **KLAUDIA, LAUREN, MELANIE, PHIL, MARIUSZ**



2006 WEDDING BANDS

BETHE FIRST TO SEE THE NEW COLLECTION THIS MONTH AT LETTOS

On Thursday 9th and Friday 10th February Rob Bates from Charles Green will be at Letto's. He will be bringing with him the new 2006 collection of Charles Green rings plus diamond and colour stone jewellery. Special prices will be available on pieces bought or ordered on those days.

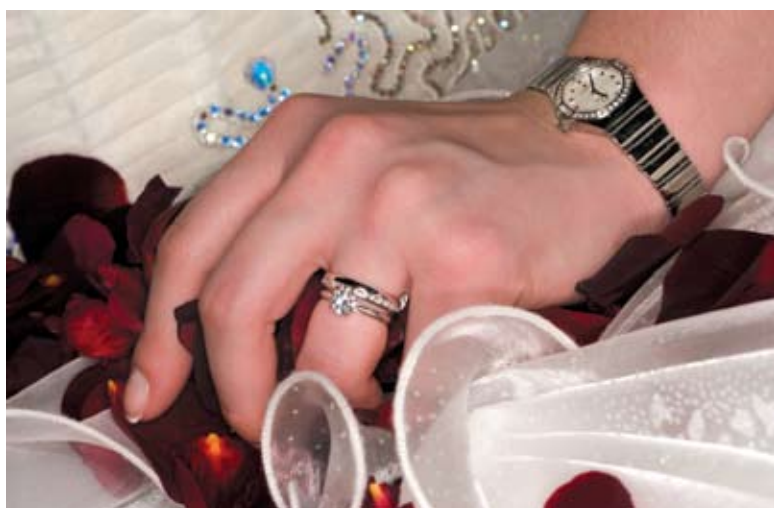
WIN A PAIR OF WEDDING RINGS

In conjunction with the special event, there will be a free draw in store to win a matching pair of Charles Green wedding rings to the value of £600. Call into Letto's in Charing Cross to enter this free draw and learn more about the collection.



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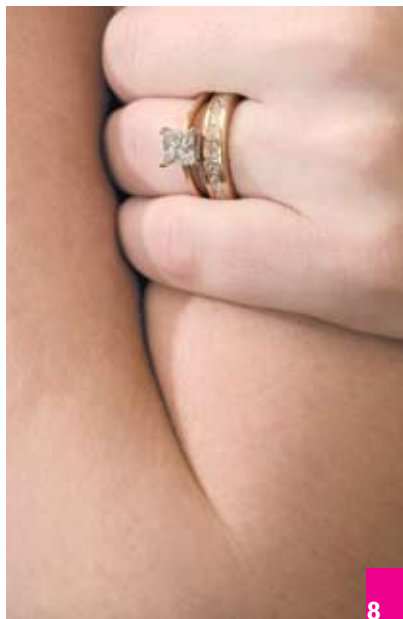


↑
KLAUDIA: Swarovski crystal bodice, Tulle skirt both by My Lady, Feather hair piece, Amanda Wyatt, all from Ellis Bridal. Ladies Constellations watch, with mother of pearl face and diamond bezel, Omega, £1430, Lettos. 18ct white gold wedding band with diamonds by David Michaels £639. 18ct white gold engagement ring with 1.07 carat single diamond, £5742, all from Lettos. 2.09ct pear shaped diamond drop pendant, £8600, Diamondology. Red Bouquet, a dramatic combination of amaryllis deep red 'grand prix' roses, aubergine calla lilies and feathers, Mark howe.



PHIL: Grey suit, Benvenuto, £295. Shirt, Eterna, £47.50. Tie, Valentino, £65. Belt, Feraud, £58 all from de Gruchy. De Ville watch, Omega, £2075, Lettos. Gents 18ct White gold Bevelled wedding band from £160, Diamondology. Hot pink camelia and tulip buttonhole. Hot pink camelia and tulip bouquet, a vivid spring bouquet of pink camelias and parrot tulips both by Mark Howe.





1 KLAUDIA: Channing light gold matte satin draped dress with vintage brooch by Maggie Sottero, Diana soft gold veil with scatter pearl detail, Antique azalea headress by Nikki Campbell all from Stella Liliana. Lovestruck necklace £357 and matching bracelet with white topaz, £294 by Links of London, Lettos. Cream Rose bouquet, A classical style bouquet of cream 'Vendekka' roses, scented jasmine blossom, sparkly crystals and trowls of deep green ivy, Mark Howe. **4** MELANIE: Satin champagne beaded wedding gown by La Sposa, with tiara by Amanda Wyatt, both from Ellis Bridal. Matching 18ct Necklace, £336, 18ct Earrings, £163, 18ct Bracelet, £176, all by Links of London, Lettos. **5** 1.33ct Princess cut diamond ring, set in yellow gold & platinum, £8000, Princess cut full channel set wedding ring in 18ct yellow gold 1.66ct, £1323, both from Diamondology. Vintage Pink rose bouquet, A delicate combination of vintage style 'cool water' and 'cezanne' roses with lilac blossom and lime green rose, Mark Howe. LAUREN: Burgandy chiffon two piece Bridesmaid dress with corset pleated bodice. Fishtail skirt with puddle train, Stella Liliana. Three string cultured Pearl necklace, £620, Lettos. Swivel collection ring with gold calypso £158, 18ct yellow ball £181, & white freshwater pearl £120, from Diamondology. MARIUSZ: Consulcoat 3/4 frockcoat £275, Regent morning trousers £90, Piscador wing collar shirt, £29.95 - £59.95, Gold Fleur-de-Lys Brocade waistcoat from £70, Cravat & handkerchief set from £35, all available to hire from Axle Man, (Tailcoat Package £88, weekend charge) Crystal cufflinks, Alexandre, £70, Oliver Sweeney repairable all leather Terni shoes (UK £205, Jersey price £185), Both Axle Man. Hermes watch, £846, Lettos.


2/3 LAUREN: Swivel collection ring with gold calypso £158, 18ct yellow ball £181, & white freshwater pearl £120, from Diamondology. Three string cultured Pearl necklace, £620, Lettos. Vintage Pink rose bouquet, a delicate combination of vintage style 'cool water' and 'cezanne' roses with lilac blossom and lime green rose, Mark Howe.

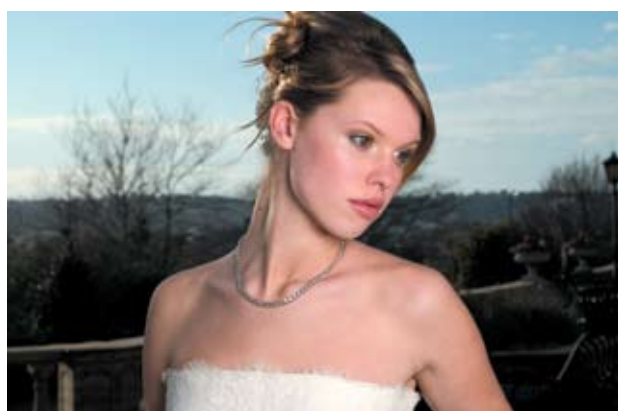
6 KLAUDIA: Lovestruck necklace £357 by Links of London, Lettos.

7/8 MELANIE: 18ct Necklace, £336 by Links of London, Lettos. 1.33ct Princess cut diamond ring, set in yellow gold & platinum, £8000, Princess cut full channel set wedding ring in 18ct yellow gold 1.66ct, £1323, Both from Diamondology.

9 MARIUSZ: Hermes watch, £846, Lettos. 'Cezanne' rose trimmed with hypencim berries and ivy leaf buttonhole, Mark Howe.




 MELANIE: Capri Lynette fushia tafetta gown with pin tucked skirt embellished with seed pearls & crystals, Stella Liliana. String cultured pearls, £1100, 18ct white gold single stone 1.02ct diamond earrings, £2600, Both from Lettos.





LAUREN: Ivory lace and silk gown (option of detachable train) by Pronovias. White shoes by Paradox, & Hair comb by Amanda Wyatt, all from Ellis Bridal. Diamond & white gold collar, 12.06ct of diamonds, £11,700, Diamondology. 18ct white gold eternity ring with 1.8ct diamond, £2619, Lettos. White Lilac and Hydrangea posy, simple and chic combination of white lilac blossom, surrounded by white hydrangeas, Mark Howe. MARIUSZ: Morning suit, £595, Collarshirt, £49.95, both from de Gruchy. Oliver Sweeney repairable all leather Terni shoes (UK £205, Jersey price £185), Axle Man. Christian Bauer platinum wedding band, £1015, Lettos



↑ MELANIE: Belesario silk satin gown with boned bodice & chiffon silk sash by Suzanne Neville, & Sydney Ivory satin shoes by Rainbow Club, both from Stella Liliana. Charles Green 18ct white gold with diamonds heart shaped locket, £825, 18ct white gold single stone 1.02ct diamond earrings, £2600, Both from Lettos. PHIL: Black Consul Coat £275, Regent Morning Trousers £90, Brocade Waistcoat from £70, cravat & handkerchief set from £35, Piscador wing collar shirt £29.95 - £59.95, all available to hire from Axle Man (Tailcoat Package, £88 weekend charge). Gents 18ct White gold Bevelled wedding band from £160, Diamondology. Vintage style 'cool water' rose boutonniere, Mark Howe.

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BEAUTY MONTHLY // HAVE YOU GOT PROTECTION?

WE'VE CHOSEN THE SIX BEST MOISTURISERS WHICH CONTAIN AN SPF, THEY ALL HAVE THEIR OWN UNIQUE FORMULA AND ARE PACKAGED FOR BOTH MEN AND WOMEN...



"JUST BECAUSE YOU'RE NOT ON HOLIDAY IN AUSTRALIA, DON'T THINK IT'S ACCEPTABLE NOT TO PROTECT YOUR SKIN! APPLY PROTECTION EVERYDAY"

Every day our skin is exposed to the harmful rays of the sun, environmental damage and pollution. Dermatologists now know that protecting your skin from the environment is fundamental in maintaining our skin's health and retaining its youthfulness. These moisturisers all contain an SPF so there is no excuse - apply your moisturiser in the morning and you'll be shielded from damage! Choose a formula that suits your skin and you will be even more pleased with the results:

B.KAMINS: Bio-Maple Day Lotion SPF15 - A breakthrough oil free formula, this lotion is light and quickly absorbed, and also has a matifying quality. Perfect for oily skin! £56 (60ml)

Eve Lom: Moisturiser + SPF15 - Eve Lom is renowned for its 'simple' approach to skincare, and this light quickly absorbed cream is no exception. Containing extracts of red, green and white tea it has a very refreshing smell and feel, £32.30 (50ml)

La Prairie: Cellular Anti-Wrinkle Sun Cream - With an SPF of 30 this is a luxurious protecting cream which is also suitable as a daily moisturiser. The pot will also look fantastic in anyone's designer bathroom! £67 (50ml)

Creme De La Mer: The SPF18 Fluid Tint - Perfect for daily use, and for those of us who prefer an all in one product, this is the one. Available in three natural shades, this incredibly light water-borne formula is quickly absorbed whilst providing a beautiful natural base, protection and a unique formula to benefit the skin, £42.50 (50ml)

Caudalie: Radiance Day Fluid SPF8 - Offers firming, anti-wrinkle action and ensures optimum moisture. It comes in a handy tube so is very portable, £33 (30ml)

Dermalogica: Sheer moisture SPF15 - An oil-free formula containing anti-oxidants to protect against free radicals, this cream will combat dehydration and is equipped with a no waste nozzle £19.67 (44ml)

COMING: Guerlain have launched an exceptional highly concentrated anti-ageing day/night cream - I have heard nothing but amazing reports! Containing the roots of orchids, **Orchidee Imperiale** symbolises eternal youth. This prestigious product does have a price tag to match! Retailing NOW exclusively with Harrods for £200! This pot of magic will be with us in May minus the VAT!



FRAGRANCE

Clinique: Happy in bloom - A limited edition, fresh, floral scent with notes of yellow plum and a cocktail of frozen fruit, £25

HUGO: Pure Purple - Is sure to give you a sugar rush that will sweep you off your feet. Based around four main ingredients, nectarine, black violet, sweet white marzipan and white suede if these take your fancy, £24.80 (50ml)

Nicole Farhi: Femme - Is a contemporary floral oriental fragrance, a modern blend of seductive warmth and captivating energy. Femme comprises notes of neroli and petitgrain, £52.50 (100ml)

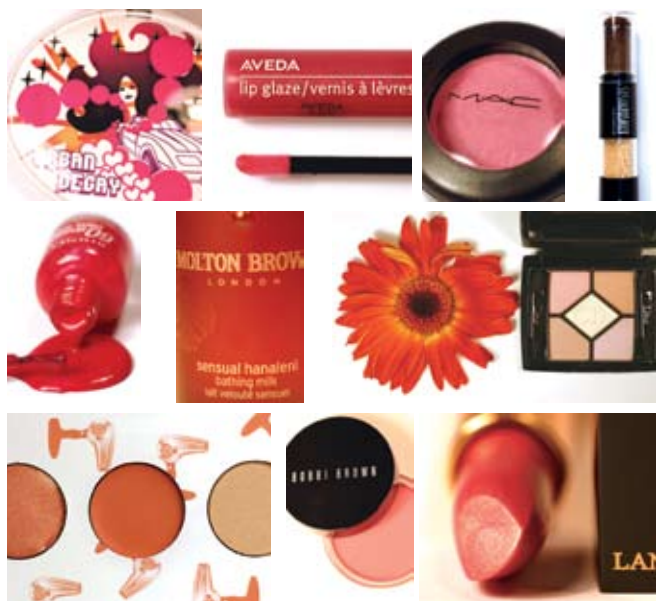
Clarins: Par Amour - Meaning 'for love' makes a lovely mothers day gift, £29.50 (50ml)

Bulgari: Eau Parfume au The Rouge - Is a vibrant eau de cologne with unique notes from around the world.

BEAUTY STOCKISTS

AVEDA Elmina 610082 **B.KAMINS** Bliss 789911 **BENEFIT** De Gruchy 818818, **CAUDALIE** Fraiche 739967, **CLARINS** Au Caprice 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **CLINIQUE** AuCaprice 732380, De Gruchy 818818, Voisins 837100, **CREME DE LA MER** De Gruchy 818818, **DERMALOGICA** The Bedroom 88020, **DIOR** Au Caprice 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **EVE LOM** De Gruchy 818818, **GUERLAIN** Voisins 837100, **HUGO** De Gruchy 818818, **LANCÔME** Au Caprice 732380, De Gruchy 818818, Voisins 837100, **LA PRAIRIE** De Gruchy 818818, **MAC** 0207 534 9222, **MOLTON BROWN** 721904, **NICOLE FARHI** De Gruchy 818818, **PENHALIGONS** www.penhaligons.com or freephone orderline 0800 716108, **RIMMEL** Boots 730432, **SUSAN POSNICK** Bliss 789911, **URBAN DECAY** Boots 730432

PINK IS PERFECT FOR SPRING



DON'T FORGET MOTHERS DAY!



Urban Decay: **Deluxe Eyeshadow** - Provides rich and vibrant colour in a creamy powder, I love the funky packaging and although Sting won't suit everyone, the rich pink will work wonders on those that it suits

Aveda: **Lip Glaze** - In loomed fuchsia is a lovely understated colour, not sticky nor overly glossy, just adds even colour. £11.50

MAC: **Eye Shadow** - Budding Beauty is something of a perfect pink shade suitable for any time of day, £9

Rimmel: **60 Seconds Vinyl Shine Nail Polish** - No32 is hot pink, perfect for this time of year, £2.68

Susan Posnick: **Colorflo** - Is an amazing primer, containing minerals and vitamins. The brush is made from supergoat hair which ensures even coverage. Colorflo will conceal and heals the skin! £38.50 with a refill at £22

Molton Brown: **Sensual Hanaleni Bathing milk** - Fine oils cleanse, hydrate and soothe the skin. Contains orchid, mandarin and cinnamon oils, £21

Dior: **5-Colour Eyeshadow** - No690, Flower Blossom provides stunning floral shades lovely for Mothers Day, £27.20

Benefit: **Look Me Up & Comb Me Over** - Contains a trio of lip, cheek and eye colour in beautiful peach shades, £14

Bobbi Brown: - Pale pink pot rouge for lips and cheeks - Has a beautiful sheer satin finish, I love this on my lips, £16

Lancome: **Le Rouge Absolu** - No 320 provided soft pink shimmer, with an added feminine fragrance, £12.75

Guerlain: **The French Manicure Kit** - A perfect Mothers Day gift, this beautifully packaged kit, offers long lasting and natural nails. Reasonably priced at £24.70

Penhaligon's: **Bluebell Solid Fragrance Compact** - Perfect Mothers Day keep sake, this is a solid fragrance with a light iridescent shimmer, £35

All Photographs by Luke Cilliers



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HEALTH//

BODY - ALLEVIATE BACK PROBLEMS - BY STEVE LONGSTAFFE

More and more people these days are affected by back trouble. This is usually caused by our bodies adapting to our environment, i.e. finding itself in the sitting position for greater periods than at any time before, which has had a detrimental effect on our posture. A lot of lower back pain is caused by pelvic tilt which causes our hip flexor muscles to shorten due to too much time in the sitting position. The following are stretches to help lengthen them again:

1. Adopt a kneeling stride stance, then tilt the pelvis stretching the hip flexor of the leg that is behind you. Hold the stretch for 30 seconds and repeat three times. Then switch legs and repeat as before. →
2. As a lot of people spend a great deal of time working at desks, we are seeing more and more kyphotic postures. This basically means the top of the spine curves forwards. A great way to offset this and alleviate some of the stiffness that ensues is to use a foam roller. Whilst lying on your back, position the foam roller behind you across the shoulder blades. Then using your legs to push roll slowly back over the roller. Repeat at least three times. →
3. Another good method of stretching the lower back and keeping it supple is to get on your hands and knees on the floor and arch your spine up as much as possible, hold this for around 30 seconds then stretch your arms out in front of you arching the spine the other way and hold for a similar length of time. →



NUTRITION - FAT BURNING

My tips this month would be to print off a foods list from the internet, showing how they have been rated on the Glycemic Index (GI), then try and use foods that have a very low GI rating. Basically, those with a low rating take a lot longer for our bodies to digest causing us to use a lot of energy in the process. In turn this causes us to utilise our fat storage for the energy process. Another tip is, instead of relying on pills for our vitamins and minerals, try and obtain them from a natural source. One of the simple ways of doing this is to use the "traffic light" method, where you try and make sure your meal has the colours red, green and yellow/orange. Each colour tends to encompass certain vitamins, so by having those three colours you will be covering a wider group of the most important types that our bodies naturally need.

<http://www.glycemicindex.com>

Contact: Steve Longstaffe @ Fitness First Personal Trainer (fitness, nutrition or rehabilitation). M:07797886575

PERFECTLY POLISHED - MICRODERMABRASION

Everyone loves a facial, so when Emma at Bliss offered me a microdermabrasion treatment, I happily obliged. To be honest I had no idea what it was, but it did sound very scientific!

Gorgeously soft and supple skin is every woman's dream, but it's something to be worked on if you want to keep that glow and involves sloughing away dull dead cells to reveal fresh, evenly toned skin. Facial skin resurfacing can be traced all the way back to ancient Egypt where the likes of Cleopatra applied abrasive masks of alabaster particles to help refine skin's texture. Throughout beauty history, various ingredients have been used to peel, buff, exfoliate and rejuvenate the skin including acids, poultices of minerals & plants and more obvious irritants such as fire and sandpaper-like materials. Ouch!!!!

Luckily for us, after years of development the Microdermabrasion treatments of today can give spectacular results which leave your skin refreshed and repaired from the effects of pollution, toxins, and the signs of aging. Emma used a device like a fine sandblaster to spray a shower of tiny crystals across the face, neck and décolleté, mixing gentle abrasion with suction to mop up the dead outer

layer of the skin. She told me that the key to a good treatment is placing the skin under gentle tension so that an effective vacuum is achieved. Because the facial skin is so fine and delicate, Emma only uses the finest crystals - Aluminium oxide are the hardest available and can be made extremely fine - and these are used in the Power-peel system at Bliss.

A sign of a good microdermabrasion treatment is "erythema", reddening of the skin and a bit like mild sunburn that disappears in a few hours. I was a bit worried at first but Emma assured me that as the treatment is removing a layer of dead, damaged skin cells thereby exposing the younger skin underneath, this was entirely natural. I found that the effects after just one treatment were visibly noticeable - skin appears softer, smoother and looks more toned. Having tried it I'm not at all surprised to hear that microdermabrasion is a must-have skin care treat of stars including Cameron Diaz and Victoria Beckham. Overall, microdermabrasion improved my skin tone and texture leaving me fresh-faced and with brighter, clearer skin. Apparently, repeated treatments give excellent results and can work wonders for scar revision, deep discolourations and tattoo removal. I think I'll pop along again soon!

Available at Bliss, for more information call Emma on 789911

Powerpeel exclusive to Bliss: £500 for a course of six or £85 for an individual treatment



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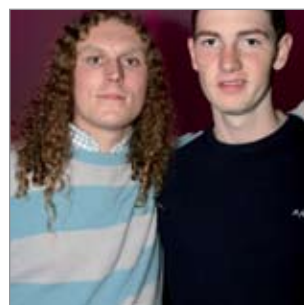
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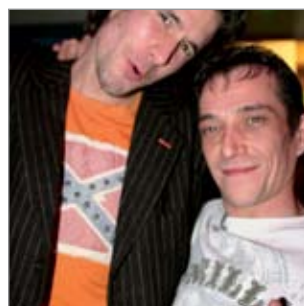
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SPORT // SKY DIVING



Photos: Henry Wiggers

'The World Team' have managed to set numerous world records in creating the largest freefall formation including in 1999 and 2004, but in their latest successful attempt, one proud Jerseyman also managed to take part.

The World Team is a skydive outfit which this year comprised of members from over 30 different countries making it the largest multi-national sports team ever to unite in pursuit of a common goal. Skydive Jersey's chief instructor, Andy Montriou, was one of the participants in World Team 2006 where a world first took place. The goal was to create the largest freefall formation, where individual skydivers link up by holding hands in a specific pattern. They successfully completed their mission to establish a new world record of 400 people. By way of comparison the Jersey formation record currently stands at 12. The World Team event was held in Thailand, in conjunction with the Thai Air Force who provided the 5 herculeus C-130 aircraft needed to haul the 412 skydivers (including the camera and video team) to an altitude of 27,000ft and formed part of an event to celebrate 60 years of rule by the king. The world record jump came at the end of a 13 day schedule where larger and larger formations were attempted with the individual sectors practicing their respective aspects of the jump.

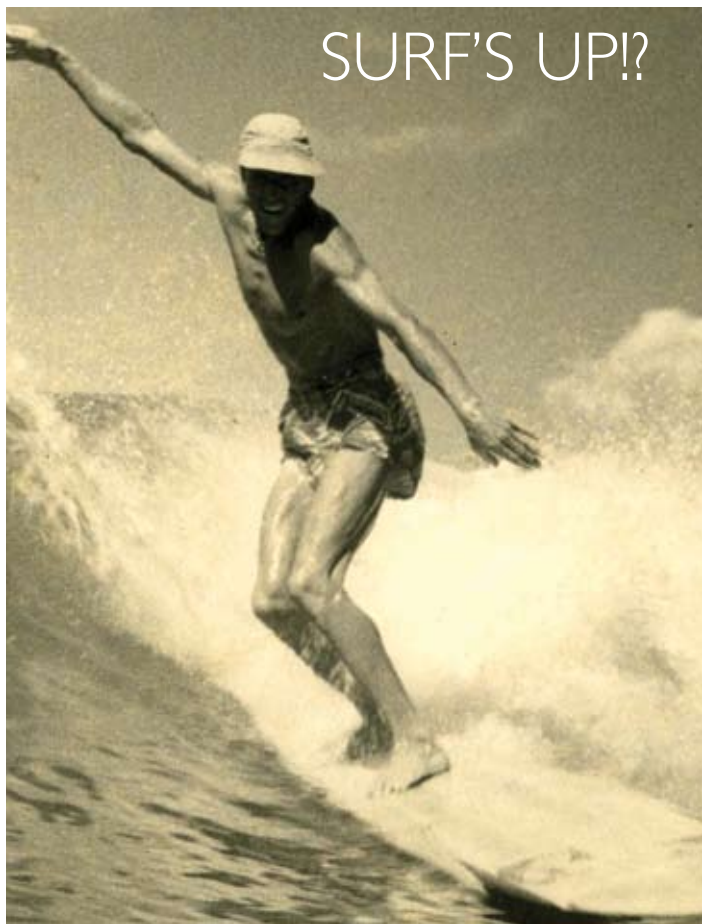
Skydive Jersey's manager Alun Griffiths said "We are all very proud and pleased that Andy is coming back as a world record holder. He brings a wealth of experience and knowledge to the club here and this is a just and deserving reward for the amount of time and effort he has put into to his sport and for helping to ensure the safety of everyone who jumps with the club. We look forward to seeing him again when we next open on 31st March."

For more local information call 07797 740170 or email info@skydivejersey.net

World Record Chronology

- 1973** // 12, Arantchi Tachkent, Ouzbekistan (Former USSR)
- 1974** // 28, Ontario, California, USA
- 1975** // 32, Tahlequah, Oklahoma, USA
- 1979** // 36, Muskogee, Oklahoma, USA
- 1980** // 40, Davis, California, USA
- 1983** // 45, DeLand, Florida, USA
- 1983** // 72, DeLand, Florida, USA
- 1986** // 100, Muskogee, Oklahoma, USA
- 1986** // 120, Quincy, Illinois, USA
- 1987** // 126, Koksijde, Belgium
- 1988** // 144, Quincy, Illinois, USA
- 1992** // 150, Koksijde, Belgium
- 1992** // 200, Myrtle Beach, South Carolina, USA
- 1994** // 216, Bratislava, Slovakia World Team '94 (unofficial)
- 1996** // 297, Anapa, Russia World Team '96 (unofficial)
- 1998** // 246, Ottawa, Illinois, USA
- 1999** // 282, Ubon Ratchathani, Thailand World Team 1999
- 2002** // 300, Eloy, Arizona, USA
- 2004** // 357, Korat, Thailand World Team 2004
- 2006** // 400, Thailand World Team 2006





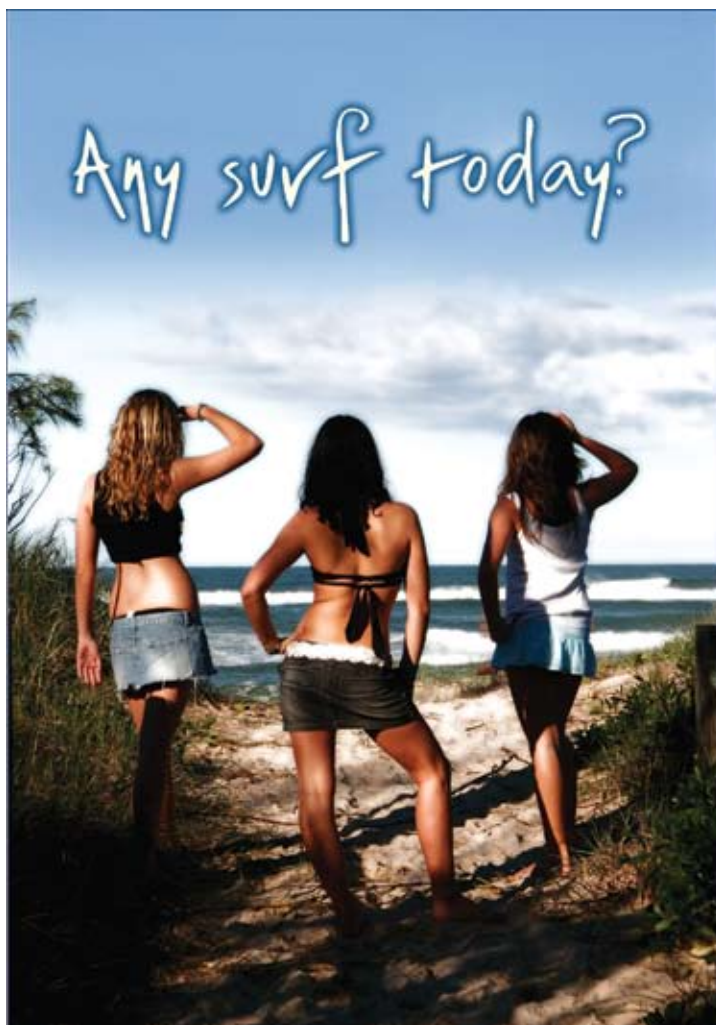
Something new is coming to anyone that likes to surf the breaks at St Ouens. We know it's a hassle getting out of bed at the moment to go in the water. Even checking the 'Splash webcam means getting up and going to your computer etc. Well, no more excuses.

You may remember back in November of last year we ran an article about getting free offers and news by text. M-marketing, the people behind all of this clever technology, have just put together an exciting project for the Watersplash in St. Ouen's bay. If you're a surfer, windsurfer, kitesurfer, Blo-karter... you get the idea, then this is one for you. It has been dubbed the 'Watersplash Surf Report' but it's not only about surf. To be in the know about what's happening with the conditions at St Ouens, all you have to do is text in to become a member of the 'WaterSplash Surf Report Community'.

Just by sending a text to kick it off, you'll receive, like clock-work, a detailed three-day surf and weather report to your mobile on a Friday to prepare you for the weekend. We're talking wind speed and direction, high and low tide times, wave heights and timing intervals; everything you need to decide if its worth getting wet, straight to your pocket.

So now there's no excuse for not making the most of your weekend, you know it's good for you! Not only do you get this excellent info, a couple of times a month the but Watersplash will also send you, via text, goodies such as free club entry vouchers, money off deals for the restaurant, just useful stuff to brighten your day. So, even if you're not one of the wetsuit army, and just fancy knowing what the weather is doing for the weekend and getting some useful goodies, check it out.

Details on how to get a piece of this great action are below (not too complicated... you just send a text).



Just text 'SPLASH'
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The Watersplash has launched an exclusive service, which gives you a free 3-day weekend surf report directly to your phone!

You'll also benefit from unique offers from the 'Splash and be the first to know about any upcoming events.

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You will not be charged to send or receive any messages. Only standard network charges apply. You will receive the weekend surf report every Friday. For full T&C's please see our website www.watersplashjersey.com



AU VENT DES ISLES

“Sausages and mash from the Old Court House and a couple of pints of real ale from the Smugglers” were, you might think, ridiculous thoughts to have dominated my mind as I cycled along the historic Vallée des Rois through the Loire last year. Fabulous Chateaux and beautiful waterside restaurants decked in flowers for mile after mile but it was my old haunts and favourite food from Jersey that I craved.

As I approach the second anniversary of becoming a resident of France, I often look at Jersey, close enough to walk across to from my local bar “Au Vent des Isles”, and reflect that “la difference” is only too apparent.

La Manche is less than twenty miles away but it is another planet. It is said that Jersey visitors to France hurry off the ferry at St Malo and head quickly south looking for the sun or “deep France”. There is however, no deeper France than right here. It is a world passed by; a lifestyle considered to be similar to that of Britain fifty or sixty years ago, with people demonstrating a politeness and respect for one and other that was usual at that time. No apparent yobbos, drunkenness or drugs, virtually no crime to speak of with miles and miles of fine open roads which remain fairly deserted for most of the year. For those who enjoy peddling on two wheels there can be no better place on earth!

The difference with life on Jersey can be well illustrated by a recent occurrence when walking with my dogs along the endless country lanes. I encountered a dead cow! Amazingly this is now the third one; could it be strontium 90 fall-out from “that place” up the coast? It was lying as if asleep, just inside the entrance to a field. Having lobbed a couple of small stones on it its head to wake it up I concluded it was indeed a dead one!

Being new and naïve I thought this must be a “big deal” and ran to a neighbouring house where I knew Henry the local “cow person” lived with his ancient dog. I explained that I had found a “vache morte” and he must come quickly. This was at about seven in the morning and he was watching a TV quiz show with the volume turned up high as possible. He was dressed in a long night shirt with Dutch style clogs on his feet. As we made our way back up the road Henry demanded “quel champ? quel champ?” and I managed to convey the general direction after first suggesting “les champs élysées” being the only “champ” that I could think of. Henry suddenly declared “not my cow” (amazingly in English!) spun round; and with surprising speed considering his footwear, hurried home to his early morning telly.

Undaunted by this setback I proceeded to phone around the few people I could think of who might be interested. After a couple of days a local farmer met me at the scene and declared that the cow belonged to another farmer who lived some distance away near Caen. He is apparently renowned for his “Calva” (the unofficial version of Calvados) and was probably “very involved” with sampling the new vintage!

The cow remained in position for about another two weeks becoming distinctly unsavoury, until late one afternoon a huge fork lift truck arrived and scooped it up, speeding off with the carcass speared on its forks. Just imagine this happening in Jersey or the UK; it would undoubtedly become a matter of public concern. Being relaxed (even horizontal!) can take on a new meaning living here.

Vive la difference!
A bientôt,

Paul Beaumont



OVERSEAS WEDDING?



Not so long ago it was only the rich and famous that would ever dream of getting married abroad.

Now however, with the help of wedding planners and specialist companies, islanders that weren't looking forward to the ordeal of organising a big family wedding, or that wanted more than a dreary registry office ceremony on a rainy day, are upping sticks to get hitched overseas.

If you were trying to organise it all yourself you could find that putting together an overseas wedding involves an immense amount of bureaucracy - and if you did your research badly you may find that wedding ceremonies performed in your country of choice aren't legally recognised in the UK. The clever option is to use a company that has expertise in organising overseas weddings.

There are many advantages to using professionals to organise such an important occasion. Apart from the simple fact that you can put your mind at rest in the safe knowledge that everything is in hand, there are also more tangible advantages. One surprising benefit is cost. Although you're having a wedding abroad the lower marriage fees and certificate costs could mean you don't have to spend as much as you may have thought. It's also worth bearing in mind that you can combine the ceremony and the honeymoon thereby reducing costs even more. Maybe the overseas wedding of your dreams is possible after all...

The biggest benefit of all though has to be how memorable your ceremony will be. Rather than emerging into the Royal Square, you could be anyway in the world to tie the knot with your loved one. Favourites destinations include the sun drenched beaches of the Indian Ocean and the Caribbean, the beauty of Cyprus and of course, at sea on a luxurious cruise. For some couples though, nothing can compare with the glamour and excitement of Las Vegas where Britney Spears, Joan Collins, Demi Moore and Bruce Willis have all tied the knot in the 'Little White Wedding Chapel'. The more adventurous among you could even go for the 'Tunnel of Vows' - the world's first drive-through wedding. If your guests can't make it for the ceremony they can always log on and watch via a special webcam... Not for every couple but certainly different!

Whatever your budget, it's worth considering getting married overseas as you don't have to fly to Honolulu. If Guernsey is your ideal location, a wedding planning service will no doubt be able to help you organise it. After all, you want your perfect day to be as perfect as it can be.

THE Wedding PLANNER



WEDDING OVERSEAS

Let us help you get away from it all. We can organise your wedding on a cruise, an exotic beach, in Vegas...
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STAG & HEN PARTIES

We offer a range of destinations to suit all budgets, without the hassle.



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for the group leader on all overseas stag and hen weekends.



TRAVEL VOUCHERS

For that all important honeymoon or wedding abroad.



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GLOBALUPDATE //



EACH MONTH GLOBAL UPDATE PROFILES A SUBJECT OF PUBLIC INTEREST GIVING YOU AMMUNITION SHOULD YOU EVER NEED TO ARGUE ABOUT IT...

'War, what is it good for? Absolutely nothing,' said the late Edwin Starr. Of course Edwin was wrong. War is good for business and business is booming. It is estimated that yearly, over 900 billion dollars is spent around the world on arms, either for the manufacturing country in question or to be exported to other nations.

According to the organizers of the arms fair SOFEX, 'the Middle East has emerged as the largest importing region for security and military defence equipment, representing approximately 60 per cent of the global defence expenditure.' So close to two-thirds of the arms than are being exported are going to the one region on earth that we are currently fighting a war to disarm. Since the end of the Cold War, the Middle East has become the world's dominant arms market and a US congress report published in 2002 calculated that the region imported \$75.5 billion of arms between 1994 and 2001 alone.

The Middle East is unstable at the best of times and, frankly, the last thing the world needs is billions of dollars of arms being sold to countries in this region. In fact, it's one of the main reasons that Coalition forces, including the British Army, invaded Iraq – to disarm these people. However, Britain and the US are largely responsible for arming many of the world's nations in the first place. Iraq was armed by the US during the 80s to help them fight Iran – a war that saw over one million people killed. Germany, the United Kingdom, France, Spain and Italy among others also provided Iraq with biological and chemical weapons technology and the precursors to nuclear capabilities as well as smaller conventional arms. Arms exports to Iraq had been restricted by a United Nations embargo imposed after Saddam Hussein invaded Kuwait in 1990 and before Saddam was toppled last year, the only exports allowed were strictly for humanitarian purposes, under the 'oil-for-food' programme. But it was easy to get the arms from elsewhere, often from countries that had just bought them from the US or Britain.

And here's the big whammy: The United States is by far the largest exporter of weapons in the world, selling almost twice as many weapons as the next 14 countries combined. Go back and read that sentence again and consider what that means. The very nation that has been portraying itself as the sheriff that wants to clean up this town is the very source of the majority of instruments of death in the first place. From 1989 to 1996, the global value of direct commercial arms sales was US\$257 billion, of which 45 per cent was exported from the US. According to the 2005 annual US congress reports, 58 per cent of all US arms trade contracts are made with developing countries – the very countries where governments are quite often unstable. The kind that murder, torture and perform the kind of oppressive acts that go completely against America's supposed notion of exporting democracy. And it's not just our cousins across the pond that are cashing in on war. Between 1999 and 2001, UK licensing authorities granted permission for £1.4 billion worth of arms and dual goods to the Middle East and North Africa. Of course that's nothing new. In defiance of UN guidelines, Margaret Thatcher's government in the 1980s, and then John Major's in the 90s, covertly approved arms sales to Saddam Hussein. These were used in the Iran-Iraq war, against rebel Kurdish villagers and to aid Saddam's nuclear program. Thatcher's son Mark, carrying with him the obvious approval of the 'Iron Lady', became an unofficial roaming salesman for British arms companies. Mark Thatcher reportedly earned himself an estimated \$160 million in commissions in the process, including up to \$40 million from a single deal with Saudi Arabia – a country with an appalling record on human rights.

In one of life's sick ironic twists, those who profit most from the global arms trade are also the five permanent members of the UN security council – the USA, UK, France, Russia and China. According to www.controlarms.org, these five countries are responsible for more than 80 per cent of all reported conventional arms exports. Of course, war means boom time for arms dealers. When bombs are dropped and bullets fired they have to be replaced, and at a great cost. The cost of invading and occupying Iraq, in purely financial terms, has now become so great that most people would have to stop and count the digits in the figure before being able to tell what the number actually was. There's no point in us printing the figure here because it will be completely out of date within a day or two but www.costofwar.com keeps a live running total and it really is quite staggering to see.

Bad news for the thousands of people who are being killed, maimed, made homeless and tortured during the conflicts, but great news for the arms dealers, manufacturers and their shareholders. Many of whom are the very people that are voted into power in democratic elections across the globe. It's big business and no amount of moralizing politicians will cover the fact that it's their governments that are arming these nations in the first place.

MAKE PROFIT,
NOT PEACE.



Donald Rumsfeld meeting Saddam Hussein in December 1983

GADGETS // PS3 NOT ARRIVING ANYTIME SOON...



The images you see above are things of beauty for some people, and it's probably fair to say that the PS3 is one of the most hotly anticipated gaming machines in history. Unfortunately, for those that are awaiting its release they're going to have to hang on a little longer. It looks as though Sony's next-generation game console might not appear in key markets at any time in 2006. Such a delay may potentially mean that the cost to the electronics giant of producing each unit jumps to \$900. The news sent shockwaves through the Tokyo stock-exchange where Sony's stock dropped 3.6% of its value in February.

The company had initially indicated that the console would be released in Japan in the spring with most industry insiders speculating that it would likely hit the streets stateside in November. Hitoshi Kuriyama of Merrill Lynch in Japan has stated however that there are reports that the PS3 could be delayed by between six and 12 months, meaning an autumn launch in Japan and a late 2006 or early 2007 launch in the US. God knows when we in the UK will receive ours. It's all serious business of course and Bill Gates is sure to be rubbing his billion dollar hands with glee at the news. Merrill Lynch analysts in San Francisco have estimated that the initial bill of materials for PS3 could approach \$900, falling to \$320 by three years after launch. Gates' Microsoft manufactured Xbox 360 next-generation console is therefore likely to be first to market, and unless Sony decide to make substantial losses through subsidising the PS3 until costs start to subside, will be cheaper also.

Don't write it off though. The PS3 looks like being a powerful piece of kit and Sony is likely to reveal more on its plans for the console at the Game Developers Conference in San Jose in March and the E3 video games show in Los Angeles in May. Watch this space.






EXPECTED PS3 GAMES

Metal Gear Solid 4 // Konami
Devil May Cry 4 // Capcom
Vision Gran Turismo // Polyphony Digital
Killzone // Guerilla
Tekken // Namco.
Super Gory // Insomniac
Mobile Suit Gundam // Bandai
Formula One // Sony Liverpool
Untitled Old West Game // Rockstar
Oh-Ni // Koei
Fifth Phantom Saga // Sega
Heavenly Sword // Sony
Warhawk // Incognito
Killing Day // Ubisoft
Motor Storm // Evolution

PRODUCT OF THE MONTH!

Exclusive HD Ready S-series BRAVIA LCD from Sony



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-  HD Ready
-  HDMI Input
-  1366 x 768 resolution

A great choice for people who want a combination of superior technology, features and style, the new S Series offers a fantastic viewing experience with premium sound and increased functionality through the supported PC input. Connecting a PC or notebook allows for fast, clear browsing of the internet or enjoying high-end PC games, all on the big wide screen. Also, the base mounted speakers feature a high aperture grille for better sound output and its slim and sleek profile makes it perfect for mounting on the wall (with an optional bracket). For more details visit www.sony.co.uk or go and see one for yourself at the JEC Powerhouse, Queens Road.

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Viners Contemporary Leather bound 58 piece Cutlery Canteen, £99.99. Available from Coop Homemaker.



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When choosing your Wedding List, think about the practicalities of everyday living and what you really need going forward. Choose a store that can offer you a wide range of products, personal service and all at a time that suits you. Think about getting your guests to contribute towards larger items such as dishwashers or furniture as these products are sometimes overlooked as Wedding gifts due to the expense. Do you really need another kettle and toaster? With the popularity of internet shopping you should also choose a store with this service so that your overseas guests can shop on line.



Expert's Tip
Paul Clark
@ Coop
Homemaker

”

Magimix M200 Automatic

Espresso, Cappuccino and café latte Coffee Machine, £214.99. Available from Coop Homemaker.



Hotpoint Fridge Freezer 1731 frost free, £629.99. Available from Coop Homemaker

Magimix 5200 Food Processor & Juicing System, £224.99. Available from Coop Homemaker:



Orb fork & spoon in petals by Laurence Llewelyn Bowen, 24 Piece set from £115. Available from de Gruchy.



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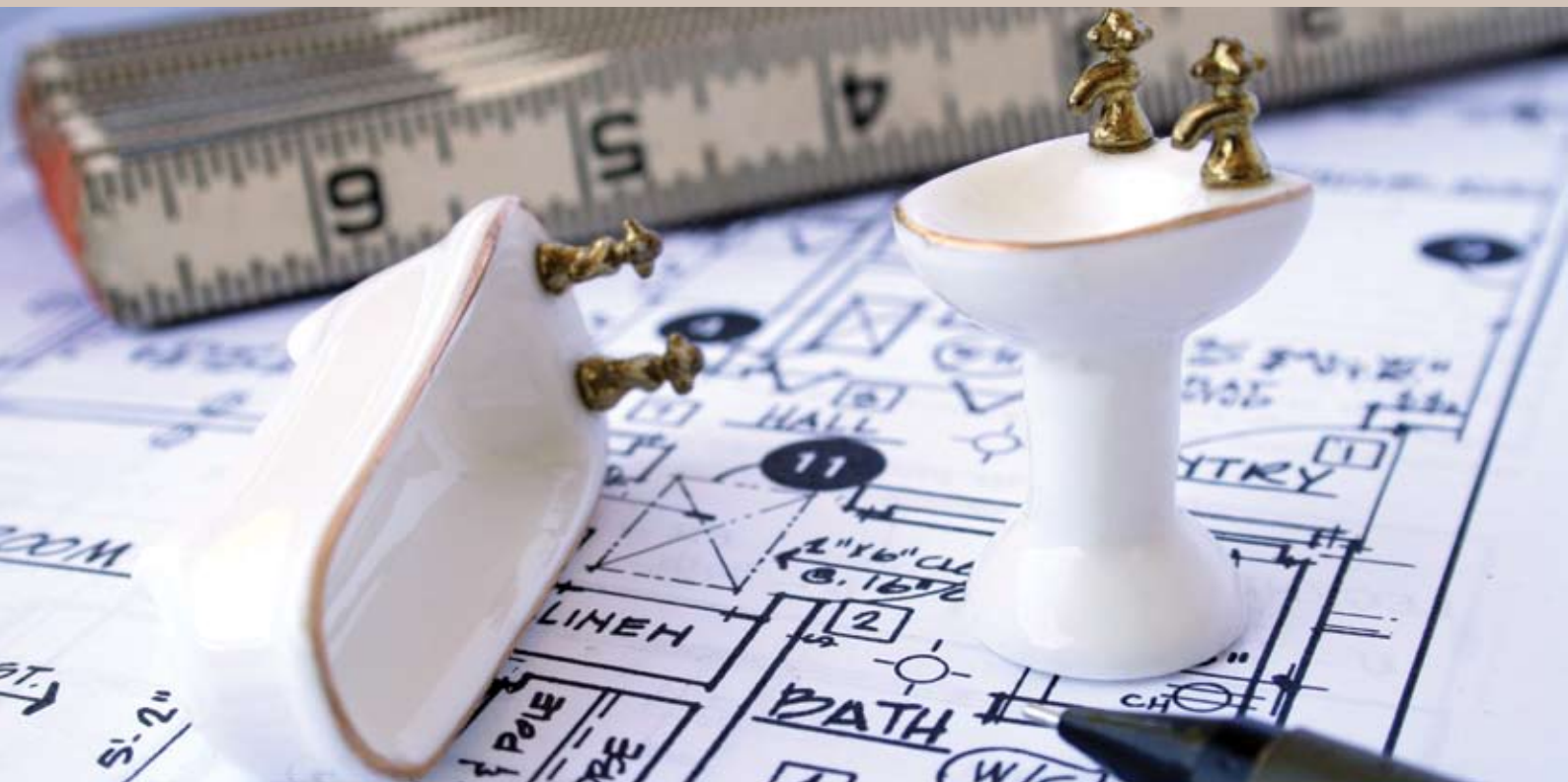
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RENOVATE // BATHROOMS

ABODE A LITTLE TOO HUMBLE? REVITALISE YOUR RESIDENCE AS GALLERY PRESENT THE SIXTH INSTALMENT OF OUR MONTHLY GUIDE TO PROPERTY RENOVATION. THIS MONTH WE LOOK AT BATHROOMS.



From utility room to personal spa, contemporary bathrooms are designed to cleanse the body and soul. Have you ever dreamt of turning your tired bathroom with its 1980's avocado coloured suite into your own personal spa? A room where you could empty your mind, relaxing and pampering your body for hours on end without having to pay hundreds of pounds for the pleasure at an overpriced spa resort?

SANCTUARY

Well, the time may just be here for my own personal pampering paradise. The bathroom, I am told, is now the second most important room in the house and forms the final part of my renovation project. I want it to be my sanctuary of rest and relaxation, where I can lock the door, light my candles and imagine that I'm chilling out in a five star spa resort.

You can't leave anything to chance in the quest to creating your perfect home spa. Everything from the shower and bath to sink and even the toilet has to be carefully considered. I'm looking for simple, clean lines, absolutely no fuss. Many bathroom manufacturers will offer an in house design service. So whilst I had a clear idea of what I wanted from my new suite, I decided to speak to a few bathroom suppliers' designers to talk about the best layout for the space available in my bathroom. It's amazing what a difference can be made by experimenting with the layout of the suite.

RESEARCH, RESEARCH, RESEARCH...

Research of spas and contemporary bathrooms has shown me that the use of shimmering surfaces like glass, stone and marble can provoke a sense of peacefulness and space. For a modern look chrome is the obvious choice, but a satin chrome or steel finish can give a more subtle, yet equally contemporary effect.

FITTINGS

Sinks come in a variety of shapes and sizes, and are no longer confined to the pedestal mounted units traditionally seen in bathrooms.

It is becoming increasingly common to have a sink installed on a piece of furniture such as vanity unit or on a table top. My favourite is the round bowls placed on top of a vanity unit creating both a functional and stylish addition to the bathroom.

The taps used can also make a huge amount of different. I didn't want to settle for the bog standard mixer taps with red and blue markers on them, so looked for taps with a more artistic feel. Again, sculptured lines and sleek polished finishes added to the luxurious effect that I am trying to create.

CONSIDER THE ENVIRONMENT

For the environmentally friendly conscious amongst us there are also some "green" issues to consider when installing a new bathroom. The National Bathroom Association provide helpful advice on saving water used by toilets, and no, this does not mean that you are not allowed to flush! Today's dual flush toilets use nearly half the water used in designs from the 1980's (another reason to dump the avocado suite). All new toilets should conform to the NBA specifications.

ACCESSORIES

Once, I'd decided on the style of suite that I wanted in the new bathroom, it was time to look at accessorizing my new home spa. The final touches to a bathroom are often the most important. Bathroom accessories and the finishing touches can pull the design together to create the visual harmony and effect that I am striving to achieve.

Heated towel rails no longer have to be the boring square heaters that many old bathrooms still feature but are fashionable pieces of art with sweeping curves and sharp geometric lines. Towels themselves can also make a difference to the feel of the bathroom. Luxurious, thick towels will make you feel much more special than your old washed out, threadbare ones.



FINAL TOUCHES

Finally consider soap dishes, toilet roll and tooth brush holders, cupboards and hooks. It is the small details that can make your bathroom a pleasure to use or a nightmarish, stress creating little room. If you find yourself wondering where to store your bathrobe whilst you are taking a bath, balancing your toothbrush in an old mug on the windowsill, or longing for a magnifying mirror to apply your make-up (ladies), or have a shave (gents), then you are not creating yourself a haven of relaxation.

AND REMEMBER...

It's important to spend that little bit of extra time getting the detail right and ensuring that your bathroom truly is the sanctuary that you've been looking for. As L'Oreal would say - you're worth it.

USEFUL LINKS

<http://www.planning.gov.je/>

For information about planning regulations in Jersey

<http://www.bbc.co.uk/homes/>

For BBC advice on how to make the most of your home



£195,000

2 | 1 | A-H

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3 | 2 | A-H

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Immaculate 3 bed detached house. A-J, £2000pcm.

MAISON FÉERIQUE

STEP INTO A WORLD OF OPULENCE



Maison Féérique is not a run of the mill furniture showroom. Set in a newly renovated building, across the cobbled Ordnance Yard from the Jersey Museum, this ambitious project offers islanders the chance to adorn their home with the furniture of their dreams. Designed to resemble the lay-out of a home comprising lounge, dining room, and bedrooms, the entire space has an opulent manor house feel. Since its opening in January, Maison Féérique has been entertaining clients that appreciate the finer things in life. If you've had enough of the utilitarian blandness of most contemporary design, this is the place to indulge yourself. Stunning gold-leaf armchairs, stately four poster beds and dining tables worthy of Michelin star meals abound. The whole ethos of Maison Féérique seems to be of exclusivity and a celebration of originality in an increasingly homogenised world.

THE RAISON D'ETRE

PROPRIETOR NATALIE CLARE EXPLAINS THE MOTIVATION BEHIND MAISON FÉERIQUE

You don't take on a project as ambitious as Maison Féérique unless you enjoy a challenge. Luckily Natalie Clare does.

Stemming from her passion for homemaking and a strong interest in interior design and furnishings, the idea first came to her 6 years ago. "Maison Féérique has been two years in the making, and has been a learning process from start to finish. The ideas at the start of the project were significantly different from how Maison Féérique has turned out and I am so happy with the results. It's amazing how the more you get into a project such as this, the more you learn to develop your ideas, continually revising and improving as you go".

Natalie has spent a lot of her holidays travelling to the big cities to see what is happening in the world of interiors and furniture across Europe, the Middle East and North America. "Seeing what is being done in cultural centres such as Paris, Barcelona, New York and Dubai has allowed me to realise the power of mixing and matching contrasting styles. Inspiration drawn

from my travels, coupled with my lifelong passion for furniture and interiors have developed my creation of Maison Féérique. I love the whole process and although it's a hobby for me I'm lucky enough to be able to feed one of my passions into such a big project as this". For Natalie it's something that she believes in 100%.

"What's important is being able to appreciate a piece of furniture even if it's not to my own personal taste. It's important that the furniture available in Maison Féérique caters to a variety of tastes. We provide fantastic quality fine furnishings that serve to accentuate a home and are capable of making a statement. There's a real and tangible difference between a chair made from MDF and one hand-crafted from hard woods that our discerning clientele appreciate".



THE FURNITURE

The sheer range and quality of products available at Maison Féérique is astounding. Broadly speaking there are two separate ranges available.

MAISON FÉRIQUE RANGE

All of the items in the Maison Féérique range have been hand-picked by Natalie herself. Right down to the style, colours, finish, and fabric, they're chosen as exclusive one-off pieces never to be reproduced. Pieces range from European styles, including Italian, Spanish and French to Middle Eastern. The real link between all of the pieces in the Maison Féérique range is the clientele who appreciate the high quality workmanship and opulence available. Many of the exclusive pieces are coated in gold leaf - literally sheets of gold applied directly onto the wood and then glazed to protect from chipping and wear & tear - and all are hand-crafted from hard-woods. Nothing is factory produced. Natalie knows that these products will only appeal to a certain niche, although as she says, "a contemporary room can be enlivened by just one fantastic piece". All pieces come with the discreet Maison Féérique plaque, your guarantee of quality and individuality.

BESPOKE RANGE

A new service that Maison Féérique will be able to offer from April is the provision of bespoke furniture created exactly to a client's specifications. For example, a client that has a hand painted bedroom they love, but are still looking for a bed, would be able to select a style they like from the bare wood range and from there individualise and decorate it to compliment the existing bedroom furniture. Natalie explains, "I'll actually go along to a client's house and work with them to choose the style and colours. We'll choose from a range of faux finishes including, antique, rag rolled, marbled, dragged, gilded, distressed and mahogany, while using samples, brochures and shade cards to make sure we create the perfect bespoke piece for the particular home finished to the clients own exact requirements.

Maison Féérique also offer a complete interior design service including curtain making, fabrics, carpets, cushions, and throws. Superior fabrics from the Designers Guild, Swaffer, Braquenie and Fadini Borghi range, amongst others, are available to view in the showroom.



RESTORATION

Almost two years of work have gone into transforming Maison Féérique renovating the building from agricultural goods storage and a tobacco importer's warehouse to the splendour of today was no small task.

A huge amount of work was undertaken with all of the walls and ceilings requiring extensive reworking. The project started in April 2004 with the first major task being the removal of agricultural and tobacco

machinery. The second job was decommissioning a lift from the back of the building. From there the layout was designed, creating new walls, putting in the ceilings, lighting, panelling and finally, the décor. Finishing

touches were then added with the piece de resistance being an original National Cash Register dating back over one hundred years. You'll see it next time you visit...



EXPERIENCE IT YOURSELF

Maison Féérique
La Cour de Casernes,
No 2 Ordnance Yard,
just behind Jersey Museum

Maison Féérique is open Tuesday to Saturday from 10.30am until 5.30pm with late opening until 8.30pm on Thursday.

To call for a private viewing out of hours on 01534 767087



STARTING YOUR OWN BUSINESS //

By donna White

So you have an idea to set up a small business, and the thought of being your own boss appeals. Getting it right from the outset can mean the difference between a pie-in-the-sky dream and reality. Negotiating the minefield of legal jargon, planning every possible outcome and knowing the exact direction you want to take is vital before jumping in with both feet. Thankfully, help is out there to guide you every step of the way.

Bill Sarre, chairman of Jersey Business Venture, said: "A map is essential for any long journey and the same can be said of business. If you want a successful outcome you need to plan each step, taking into account where you will end up and how long it will take to arrive there. While it's not always easy, arming yourself with the right knowledge and support at the outset will dramatically improve your chances of success. With this in mind, here's a mini guide to everything you'll need to know before embarking on your very own entrepreneurial expedition."

A taxing issue

In the course of starting out, you will need to advise the Income Tax Office, giving details of the type of business, date of commencement and an estimate of your first-year profits. Depending on the size of your firm and the amount of money changing hands, an administrator will tell you whether you need to employ an accountant to provide certified accounts, or whether you can handle matters yourself. You must keep proper records, including all invoices and receipts. If you employ staff, the Income Tax Office will explain how to calculate and deduct tax from wages. You must also pay your own tax half-yearly. And if you sell goods outside Jersey you may be liable to other taxes and duties. It is always best to check with a qualified accountant.

Market research

Find out all you can about the market you are in. Examine what your competitors do well – and what they do badly. Understand who your customers will be, and how you will communicate or sell your product to them effectively. Even in a relatively small area like Jersey, don't fool yourself into thinking advertising isn't important. Consider taking on a professional marketing or advertising agency. Many offer useful favours to new businesses, in return for more work as your organisation grows.

Planning ahead

Twenty per cent of new businesses in the UK fail within their first year, and 50 per cent within three years. Not because the owners planned to fail – but because they failed to plan. A business plan should be a formal document which considers issues such as premises, marketing, staffing, equipment and most importantly financial issues such as cash flow management and accounting. It doesn't have to be set in stone, but can be revised and updated to reflect changes. An accountant or 'business coach' would have access to a variety of business planning tools to help you with this.



SMALL BUSINESS DEFINITIONS

Business Plan

A business plan is a summary of how a business owner, manager, or entrepreneur intends to organize an entrepreneurial endeavour and implement activities necessary for the venture to be a success. It is a written explanation of the company's business model. Business plans are used internally for management and planning, but in this instance would be used to convince outsiders such as banks or venture capitalists to invest.

Cashflow forecast

An estimate of when, and how much money will be received and paid out of a business. It usually records cash flow on a month-by-month basis, for a period of two years. The cashflow forecast is important because it can show your bank manager whether your figures for how you expect money to flow into and out of the business are realistic.

Money matters

If you don't need finance for your venture, it is simply a matter of opening up your business account and providing the bank with an outline of your business plan and an estimate of the sales turnover likely to pass through your account. If you do need a cash start-up, a bank would require the following:

- Business plan
- Cash-flow forecast
- Personal bank statements for six months
- Schedule of set-up/expansion costs
- Details of your financial contribution

Social security

You will need to pay your States Social Security contributions, and be fully aware of the responsibilities you have towards your staff. Contributions are payable if you work eight hours or more a week. Your contributions will be estimated by the department when you start your business, and your payments adjusted once the Income Tax office confirms your earnings for that year. If you employ staff, you will have to pay their contribution on a quarterly basis.

Make it legal

You can go into business as a sole trader, as part of a partnership, or incorporate a limited company. All have legal implications and involving an advocate would be a wise move to draw up proper contracts, making it clear who owns the firm and what will happen in the event of a dispute, or if you decide to sell. A legal expert will also help you deal with property leases, contracts of employment and planning laws as you set up your company. Protecting yourself from unforeseen problems by taking out insurance is also advisable. Employers' liability is required by law, to cover you for any accidental injury to staff, or damage to property.

Health check

Even if you're happy with how your business performs, every company needs to grow and develop, and you should be constantly monitoring your progress. If you don't, your competitors might just sneak up and steal the market share from you. Just as your personal health deserves a regular check-up, so does your business. Set aside time to take stock and examine what you could do better, to keep improving. Regular brainstorming sessions with staff, a suggestion box, or customer satisfaction questionnaires might help. Have you achieved all your goals? Are you where you thought you would be at this stage? If you could start again, would you change anything? It might even be worth buying a product from your competition, to gauge their customer service levels and examine how they are doing. Never take your eye off the ball, and you'll be sure to stay in the game.

For a start-up pack and free advice on setting up your own business, check out the Jersey Business Venture website on www.jbv.org.je or call 619222.



...a few key questions to assess your readiness for this challenge. Take time to think these through and have detailed, written answers before you go on. Bear in mind that you may need to present them to a bank or investor.

The who...

Who will my customers be? Am I sticking to Jersey, or will I sell abroad? Who will I work with? Will I employ staff or work alone? Who will help me get started? Who's my competition?

The what...

What is my product/service? What will my prices be? What is my company name or brand? What States departments will I have to be in contact with? What is my expected income and expenditure?

The how...

How big do I want this business to grow? How do I raise and repay any funding I will need? How will I operate – from home or business premises? How do I go about dealing with tax, social security, etc?

The when...

Is this the right time to sell my product? When do I expect to make a profit?

The why...

Why me? Am I confident enough to make this work? Can I take risks, if necessary? Will I survive failure?

Employers Liability

The Law requires employers to take out and keep up approved insurance policies with authorised insurers. This is to cover against liability for bodily injury or disease their employees may suffer in the course of their employment. Employers must display the certificate, or a copy, at each place of business for the information of the employees. An employer must be insured for at least £2 million to cover claims arising out of any one incident.

Brainstorming

A technique for generating, developing and refining developing ideas that can be undertaken by individuals, but is more effective when undertaken by a group of people. In group sessions, the participants are encouraged, and often expected, to share their ideas with one another as soon as they are generated. The key to brainstorming is not to interrupt the thought process.



CAREERS // JOB-HOPPER?

The start of a new year made many of us think about switching jobs. Gallery looks at whether it's always a good idea to job hop.

UNHAPPY? //

So your boss makes Hitler look compassionate, your colleagues are about as loyal as Judas Iscariot, and the last time you asked about having more responsibilities you were charged with making sure there was always at least one pint of blue milk in the office kitchen - maybe it's time to think about switching jobs?

Or is it? Although a recent study conducted by ING Direct in November 2005 revealed that many of us aren't happy with our jobs, don't make the mistake of thinking that quitting yours will solve everything.

There's no doubt that switching jobs regularly can be one of the best ways to quickly gain experience and career breadth adding real meat to your CV. Indeed, a Chartered Institute of Personnel & Development (CIPD) study of career management practices in 2003 found that employers value experience and performance over qualifications and that employees will need to move between organisations, departments and countries to fast track their careers. A total of 60% agreed that "increasingly employees will have to change organisations to move up the career ladder" and that "moving to work in a different country or business unit will become a key way to progress your career". After all, these days no-one expects you to spend your entire career with the same company, and while ten years ago switching roles every two years would have been a real problem, that isn't necessarily the case in the present environment.

WHAT'S THE PROBLEM? //

However, the 22% of 30-50 year olds currently considering switching roles should bear in mind that it might not be their job that they need to change. It may be their attitude. That's exactly what Melanie Whitford found after six months of trying to decide whether to leave her trust administrator role. "I thought that I hated my job and everything to do with it, but after exploring what it was that I didn't like, it became clear that they were relatively small things. In fact, it was more my attitude that needed changing as I hadn't realised what opportunities were open to me." After speaking to her boss, who set her some new challenges, she began to remember what she liked about her role in the beginning. "Now," she says, "I feel much more settled."

One major thing to bear in mind is that a new position won't be all about the good things. If you are seriously thinking about leaving your job research is key. Find out exactly what the new position actually involves, and ask yourself if you're happy to do that on a long-term basis. A bit of soul-searching before switching jobs is all important says Gill Wilson, chief executive of CRAC, the Careers Research Advisory Centre. "Quite often, disillusionment can be something that sits within you. Reflect on the cause of your unhappiness. You need to be honest about how you see the world, and have a more can-do attitude." If you hate the gossiping that goes on over the photocopier, for example, consider whether things would be any better in a new career. "Office politics is a fact of life. Do you really think it's going to be better somewhere else?" asks Wilson.

IT JUST DOESN'T ADD UP //

With some surveys reporting that up to 75% of us aren't happy with our jobs, and employee turnover at its highest level in nearly 20 years, the conclusion has to be that just switching jobs isn't guaranteed to make you happy. All the proof points towards the fact that people are hopping into jobs that they dislike as much as the one they left - people basically don't seem to know what they need in their careers.

RESEARCH IS THE KEY //

When talking about finding 'the perfect career' it is worth considering the amount of people you know who are truly happy with their job. Not that many. Finding meaningful and satisfying work is not easy and for that reason it's rare. The fact is that you simply are not likely to blindly walk into a career that excites and satisfies you. Finding the right career for will take a lot of analysis, introspection and research. The scary thing is that the average person is likely to spend more time researching fuel consumption stats for their new BMW, or figuring out this seasons make-up must haves than finding the path to a potential lifelong career.

Most of us, instead of investing in ourselves (probably the most valuable investment it's possible to make), would rather play the odds and job-hop with the increasingly unlikely expectation that the next one will bring happiness. What happens when the next one doesn't work out? You become disenchanted, again, and start planning the next hop.

Just ask any of the old blokes in the betting shops how to improve your odds - research. Ask yourself what you're doing to give yourself a better chance of success. Start by focusing on yourself and try to identify the type of environment you flourish in - you're a living creature, and like all living things you have specific environments that you thrive in. The key to breaking the vicious job-hop cycle is to identify the environment that best fits you.

GO FOR IT //

If you think switching roles is the answer for you, and you've made your decision based on self scrutiny backed up with adequate research, the results can be hugely beneficial.

The key is to focus in on three things:

- 1) What you really love doing,
- 2) What you're good at, and
- 3) Where you fit

Research the sector you want to move into as thoroughly as possible. Look at opportunities, and how they match up with your strengths, and consider how it'll impact on you financially and in your personal life. It won't be easy, but once you take the time to reflect on where you're going, great things can happen.

At the very least, you won't have to put up with Hitler every day...





JOBS IN FINANCE

SECURITIES ADMINISTRATOR – REF 26688

This role is within the Securities team of a major world-wide bank responsible for the accurate set-up of securities data. Ideal if you have Securities experience and particularly working with systems and problem solving. Call Kim on 876214.

FINANCIAL ANALYST

Providing technical advice, expertise and information to the business, undertaking technical projects. Applicants will have graduated with a numeracy discipline and have a minimum 2 years post grad experience. Call Paul on 875444

BANKING MANAGER – £40-60K

To oversee Affluent and Corporate Banking in Jersey/Guernsey/London/Dubai for global bank. 10yrs in international banking and investment qualifications essential! Email in confidence to Kelly@toppersonnel-jobs.com

ADMINISTRATION ASSISTANT – REF 26400

Speed and accuracy on the keyboard are essential for this busy role. You'll enjoy back office work and have a great team spirit. If you want to change careers this could be an exciting starting point. Call Kim on 876214.

CREDIT CONTROL OFFICER – £35K

Customer-focused individual needed with excellent communication skills to settle overdue accounts. A challenging & varied role requiring back bone! Sound like you? Call Nicole 727323

INVESTMENT OFFICER

To support an existing team, maintaining an investment infrastructure incorporating risk management and performance analysis. Experience required. Call Andy on 875444.

SENIOR FUND ADMINISTRATOR

Experienced Fund Administrator needed to work within a small busy team preparing daily valuations. Excellent salary. Call Paul on 875444

COMPLIANCE OFFICERS/ASSISTANTS

Required to assist the Compliance Manager with operation/development procedures. Previous KYC/Due Diligence experience essential. Call Paul on 875444.

RECONCILIATIONS OFFICER – £24K

Sound reconciliations experience, attention to detail & strong numeric skills essential for this busy, varied role with established private bank. Ring Kelly today 727323

PAYMENTS – £17-24K

Team player for accurate data input. Attention to detail needed to prepare payments, check balances etc in this friendly team. Salary to match experience. Call Kelly 727323

JOBS IN TRUST

SENIOR TRUST – 35K

We are looking for a dynamic team player with good industry practice (6 yrs+) preferably part/fully qualified. Call Sue/Danny now! 727323

TRUST ACCOUNTS ASSISTANT

This leading company seeks experienced candidates to liaise with the accounting team to ensure all relevant information for account preparation is provided. Call Andy on 875444.

GRADUATE TRUST TRAINEE

An opportunity for a graduate holding a 2:1 or a Masters looking to begin a career in Trust. Call Andy on 875444.

TRUST ADMINISTRATORS

Candidates with varying levels of experience sought by several well-established trust organisations. Ideally possess or willing to study towards relevant qualification and be looking for career advancement. Call Paul on 875444.

TRUST ADMINISTRATOR – REF 26872

A smaller trust company are seeking an additional administrator to join their professional and committed team. If you have around 2 years' trust experience and are familiar with most aspects of basic trust and company administration, this will provide you with an excellent opportunity to progress. Call Kim on 876214.

ASSISTANT TRUST ADMINISTRATOR – £20K

18 months in trust? Want more responsibility? We have great companies looking for bright sparks in private clients or share plan administration. Studies supported. Call Sue/ Danny 727323

TRUST ASSISTANT MANAGER – £40K

We have 2 positions that urgently need filling with qualified trust managers to run teams whilst managing own portfolios. Interested? Call Sue or Danny to find out more! 727323

TRUST/FUND ADMINISTRATORS – £TOPS!

Trust People- Need a change? If you are analytical and have bags of initiative then we have interesting & rewarding positions in a variety of areas. Call today to find out more 727323.

KYC ADMINISTRATOR

The role deals with all aspects of KYC and DD items for the Client Services area. Experience essential. Call Jenni on 875444.

FUNDS MANAGER – £TOPS!

A dual focus role where you're primary contact for both client and intermediaries. Excellent interpersonal skills and 2yrs exp within Third Party Administration, call now to further your career! 727323

JOBS IN ACCOUNTS

CONTRACT CLIENT ACCOUNTANTS/BOOKKEEPERS

Experienced trust bookkeepers/accountants sought by well-established organisation to assist in the timely production of client accounts. Call Jenni on 875444.

BOOKKEEPER – REF 26205

An exciting opportunity for an experienced book-keeper from a Trust & Company environment, to work for this independent, modern fiduciary services organisation, either on a contract or permanently. Call Kim on 876214.

FUND ACCOUNTANT

Ideally would suit a part qualified or experienced Accountant with good knowledge of the Funds industry to include Collective Investments Funds legislation. Excellent salary and package available. Call Jenni on 875444

JOBS IN IT

SYSTEMS ANALYST/DEVELOPER – £40K+

Work well under pressure and have confidence to deal with difficult situations? In return a generous benefits package within a successful & expanding company.VB.VB.Net, SQL Server. Call Rachael 727323

CONTRACTS & TEMPS

TEMPS!

Banking? Secretarial? Customer Service?Accounts? We've got the lot! Temp assignments to suit your skills in a wide range of environments. Call Kim on 876214.

RECEPTIONISTS

On the ball, sassy receptionists for temp/contract vacancies! Varied duties. Can Nicole TEMPT you...727323

RECEPTIONISTS

On the ball, sassy receptionists for temp/contract vacancies! Varied duties. Can Nicole TEMPT you...727323

TEMPS TEMPS TEMPS!

Various assignments on offer. Strong Administrators / Bankers / KYC Officers / Secretaries / Data Inputters. Call Denise on 875444

JOBS IN SECRETARIAL

SECRETARY – REF 26799

This is a great role if you like the variety of working for a team of people. Every day is different and the role allows plenty of opportunities to use your excellent typing and admin skills. Call Kim on 876214.

MAINTENANCE CO-ORDINATOR – £18K

If you have good, general office skills & can work exceptionally well both on your own and as part of a friendly team then we want to hear from you! Must have transport! Call Lindsay 727323

SECRETARY – £28K

A busy, vibrant team requiring a committed & bright personality! Duties include audio typing, diary management, dealing with telephone queries & updating databases. Call Rachael 727323

SECRETARIAL

Personal Assistant – £30K High levels of commitment, professionalism and enthusiasm along with ability to multi-task & cope with a high workload for this role! Call Rachael now for details! 727323

CUSTOMER SERVICE

CLIENT SERVICE ADVISOR – £20K

A challenging and varied role for someone with outstanding customer service to deal with client's world wide, quickly, professionally and efficiently. Think you can do it? Call Lindsay 727323

RELATIONSHIP MANAGERS/RM SUPPORT

Providing high quality client service/relationship management to client base. Holding/studying towards relevant qualification with banking experience. Call Andy on 875444.

CUSTOMER ADVISOR – REF 26722

A flair for customer service, ideally with experience from a Call Centre or similar makes you the perfect applicant! Knowledge of retail banking a distinct advantage. Call Kim on 876214.

CUSTOMER SERVICE SUPERVISOR

Supervising a team of 5 staff responsible for the Dealing verification and registration of Funds. Must have a proven Supervisory background within a finance environment. Call Jenni on 875444.

JOBS IN HR

HR ADMINISTRATOR – £25K

CIPD qualified/part qualified HR professional required for varied role with dynamic, prestigious firm. Ring Kelly 727323

JOBS FOR GRADUATES

GRADUATE MANAGEMENT TRAINEE – £20-22K

This is an excellent role for that graduate craving some responsibility and good progression. Excellent training opportunity for aspiring, hardworking individual! Call Lindsay/Rachael 727323

1st Recruitment

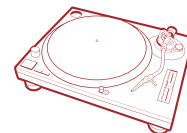
Charles House,
Charles Street,
St Helier, JE2 4SF
Call: 875444 /
Email: jobs@1strecruit.co.uk
Web: www.1strecruit.co.uk

Top Personnel

33 Hill Street
St. Helier
JE2 4UA
Call: 727323
Email us:work@toppersonnel-jobs.com
Web: www.toppersonnel-jobs.com

Rowlands

Trinity House,
Bath Street
JE2 4SI
Call: 876214
Email: kim@rowlands.co.uk
Web: www.rowlands.co.uk



DEAD!DEAD!DEAD!



Photo: Mark Holloway

Dead!Dead!Dead! are playing at The Live Lounge on Sat 25th @ 9pm. £5 members/ £6 non members. Proceeds go to The Jersey Musicians Trust.

For Dead!Dead!Dead! 2006 looks destined to be a good year. Their second national tour at the end of last year and a host of support gigs have increased their profile considerably with the band headlining and supporting successful dates at The Water Rats, The Marquee and Barfly London and playing alongside bands such as Arctic Monkeys, Ash, The Delays, The Departure, Forward Russia, The Young Knives and Tom Vek. To coincide with their first single release 'George Lassoes The Moon/Mightiest Melodrama Of Them All', the band are embarking on their most ambitious tour yet throughout March and April with dates all over the UK and Ireland (including lucky little old Jersey...)



THE POMME CAFE BAR COCKTAIL OF THE MONTH // Frozen Berry Daiquiri



WHAT TO MIX //

50ml Bacardi Rum
15ml De Kuyper Lime Syrup
1 Sachet Brown Sugar
50ml De Kuyper Strawberry Syrup
2 Fresh Strawberries
3 service spoons (75g) of frozen berries.
100g of crushed ice

HOW TO MIX IT //

In a blender, add the frozen berries, crushed ice, fruit syrups, sugar and the rum then blend until smooth.

PRESENTATION //

Pour the mixture into a chilled cocktail glass and garnish with the two remaining fresh strawberries on the rim of the glass. Serve with a black cocktail straw. All that remains is to allow the tantalizing Frozen Berry Daiquiri to seduce your tastebuds!

COCKTAIL OF THE MONTH IS SPONSORED BY

**CAFÉ
BAR**

THE CAFÉ BAR AT THE POMME D'OR
HOTEL IS OPEN EVERY DAY FROM 7AM TO
11PM SERVING GREAT FOOD & DRINK AS
WELL AS COCKTAILS!



NIGHTLIFE NEWS



TREVOR ROCKLIFFE

On Saturday 25th, Synergy and Cl!que are hosting Trevor Rockcliffe for what looks sure to be a popular event. The guy's a legend: he began DJ'ing in the mid-80's and through playing at the infamous Trade and Garage nights in London, earned a top spot in the international techno scene. Trevor has delivered his tech-funk sound around the globe for many years and is a regular at top clubs like Fabric, Turnmills, The End & Slinky. It's on from 10-2.30am, entry £7, for more info visit: www.cliquism.com



FRIDAY 10th MARCH...

It's Platinum and Mint's 1st Birthday.... After an eventful year that has seen live performances by BodyRockers, Basement Jaxx, Ministry of Sound, Hed Kandi, Freemasons, Uniting Nations, Studio B, the Eric Prydz 'Call On Me' girls and many more Platinum & Mint are pleased to announce the what they think is going to be the BIGGEST birthday party in Jersey in 2006. It's FREE entry for everyone in both Platinum and Mint till 11.30pm, (and even after only £2 in Platinum, but still FREE all night in Mint). There's also a free glass of bubbly for everyone in before 11.30pm. They're also promising loads of give-aways throughout the night. In Platinum award winning UK chart Top 10 DJ Adam B (www.djadamb.com) will be playing the best mix around of funky commercial house, sexy RnB and all-time Club-Classics. In Mint resident DJ Sly's playing all the big RnB and Party anthems. It's been an awesome year so why not head down and join them to celebrate their 1st birthday in style?

Photo of the Month with JerseyClubbers.com! This month jerseyclubbers.com are highlighting one photo in blue - if you're in the shot, drop an email to photoingallery@jerseyclubbers.com with your name(s) and a contact telephone number and you'll be supplied with a superb night out for you courtesy of Platinum: Qjump and Free entry into Platinum before 11pm, VIP area for you and your friends and a bottle of bubbly to get you started. Please note free entry is only for the winners on the photo. ID is required at the reception to confirm your identity.

FACES & PLACES



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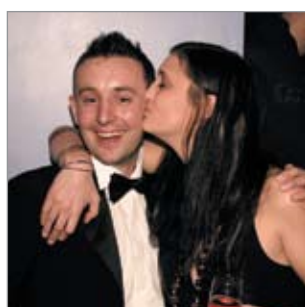
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OUT & ABOUT // JERSEY LIVE SESSIONS, BBAR AND MINT // 10TH & 11TH FEBRUARY // ALL PHOTOS BY BRUNO MELIM & DANNY POLICARPO AT JERSEYCLUBBERS.COM //

When we're looking for something to do, we sometimes fancy a night of culture, sometimes a night of eating, sometimes drinking, sometimes movies. Therefore, we figured that our listings sections should reflect this. We've re-designed it to include all our listings sorted by date so whatever night it is that you're looking for entertainment, we can show you all the options! If you have any listings or events for April's magazine, send them to listings@gallerymagazine.co.uk by the 20th March

WEDNESDAY 1ST

JERSEY ARTS CENTRE

GIGS, GIGGLES AND GOSSIP

Rosemary Squires is joined by international pianist, Brian Dee, to present an amusing anecdotal caper in words and music of her life of song with the Stars. Having worked with the Greats on both sides of the Atlantic, from Cliff Richard to Sammy Davis Jr., Rosemary holds a unique place in popular entertainment.
Time: 20:00, Tickets: £13 (£7 students)

FRIDAY 3RD

FORT REGENT

GOLDIE LOOKIN' CHAIN (UK TOUR)

Support: DJ Greenpeace, Velofax & The Veras Time: 20:00 - 12.30am (Live & Dance Event) Limited advance tickets on sale now at @ CaféJAC (Arts Centre), Usetheinternet (Charing Cross), Carob, Music & Video, Fort Regent, and online : www.positiv.org

JERSEY ARTS CENTRE

LOVE AND OTHER FAIRY TAILS

Based on Chaucer's 'The Wife of Bath's Tale' Deaf in one ear from a husbandly clout, The Wife of Bath tells her tale about the transforming power of love. Geoffrey Chaucer looks on worriedly and wonders where his imagination will lead him next. "A magical piece... intelligent, physically demanding and deliciously romantic." The Guardian Time: 20:00, tickets: £13 (£7 students)

THE MATADOR (15)

A chance encounter between a travelling salesman and a lonely hitman triggers a strangely profound relationship which provokes each to act in ways neither would have imagined possible. Fate steps in to form a friendship between two men from irreconcilable worlds that will alter the lives of both forever.

SYRIANA (15)

From writer/director Stephen Gaghan, winner of the Best Screenplay Academy Award for Traffic, comes Syriana, a political thriller that unfolds against the intrigue of the global oil industry. From the players brokering back-room deals in Washington to the men toiling in the oil fields of the Persian Gulf, the film's multiple storylines weave together to illuminate the human consequences of the fierce pursuit of wealth and power.

SATURDAY 4TH

JERSEY ARTS CENTRE

LOVE AND OTHER FAIRY TAILS

Based on Chaucer's 'The Wife of Bath's Tale' Deaf in one ear from a husbandly clout, The Wife of Bath tells her tale about the transforming power of love. Geoffrey Chaucer looks on worriedly and wonders where his imagination will lead him next.
Time: 20:00, tickets: £13 (£7 students)

IQ APPLE SHOP

iLIFE

From 12am, Tim and staff will be demonstrating various products including iTunes for beginners, providing tuition for iMovie, iDVD and iPhoto.
For further times and details, please call on 01534 769320.

Sunday 5th

JERSEY ARTS CENTRE

PWC YOUNG MUSICIAN OF THE YEAR

From percussion to piano, the Young Musician finalists never fail to amaze both judges and audience with their maturity and skill. Book early for this annual showcase of Jersey's finest young musicians – it's normally a sell-out evening.
Time: 19:30 Admission Free with a Retiring Collection, but please book tickets in advance.

MONDAY 6TH

CHAMBERS COMEDY COURT ROOM

Another night of laughter courtesy of Chambers. Featuring George Egg as the headline act and BBC2's Ninia Benjamin of Three Non Blonds fame. Dave Lemkin will be MC for the night. Tickets as ever are a bargain £5.00 and doors open at 19:00.

WEDNESDAY 8TH

JERSEY ARTS CENTRE

THE LIBRARIAN'S JOKE

If you have always suspected that there's more going on in a library than turning pages and tutting grannies, this show will prove it. The romance that never was is rediscovered with Fascinating Aida-style songs, live instruments and a rare insight into the shocking after-hours pursuit that is... Dewey Decimal Bingo. You'll never go to a library just for the books again!
Time: 20:00, tickets: £11 (£6 students)

THURSDAY 9TH

JERSEY ARTS CENTRE

LE ROCQUIER BIG BAND

They keep coming back, because they keep selling out! If you've swung with Le Rocquier before, you'll know that an evening with them is never a silent night. If you've yet to enjoy the Big Band experience, book early.
Time: 20:00, tickets: £6 (£4 students & senior citizens)

FRIDAY 10TH

PLATINUM AND MINT

1ST BIRTHDAY PARTY!

Free glass of bubbly for everyone in before 23:30 and loads of give-aways. Platinum sees award winning DJ Adam B playing the best mix around of funky commercial house, sexy RnB and all-time Club-Classics and Mint resident DJ Sly will be playing all the big RnB and party anthems. Time: 22:00 - 02:00. Free entry for everyone in both Platinum and Mint till 23:30 then

its £2 in Platinum, but still free all night in Mint.

THE HILLS HAVE EYES

The screenplay is by Wes Craven and the tagline reads, "the lucky ones die first". If that makes you excited read on... A suburban American family is stalked by a group of psychotics who live in the desert, far away from civilization. What fun!

TWO FOR THE MONEY (15)

Starring Al Pacino and Matthew McConaughey, Two For The Money sees a former college football star align himself with one of the most renowned touts in the sports-gambling business after suffering a career-ending injury.

SATURDAY 11TH

LIVE LOUNGE - SOUNDCLASH

Top Floor- Hip Hop, Funk, Soul, Disco One minute you could be grooving to classic Michael Jackson the next bouncing to the sounds of the Beastie Boys. Middle Floor Indie, Punk, EMO, Rock, Alternative TRASH FASHION (uk), Benny The Moth, Personal Trainer Supported by The Moroccan Roll DJ's Bottom Floor - Indie tronic / Electro / Breaks / Drum & Bass / are the order of the night. Dark dirty and filthy beats; through to twisted electro grooves.

IQ APPLE SHOP

iLIFE

From 12am, Tim and staff will be demonstrating iTunes for beginners, providing tuition for iMovie, iDVD, GarageBand and iPhoto.
For further times and details, please call on 01534 769320.

JERSEY ARTS CENTRE

CHILINGIRIAN QUARTET

A career of over 30 years has seen these individually virtuoso musicians become more than the sum of their parts – and earned them the coveted Royal Philharmonic Society Chamber Ensemble Award. Time: 20:00, tickets: £15 (£8 students)

MONDAY 13TH

JERSEY ARTS CENTRE

JERSEY FILM SOCIETY PRESENTS

ONLY HUMAN (2004), 89 MINUTES (SUBTITLES). Leni, a Jewish television presenter living in Madrid, brings her new boyfriend home to meet her dysfunctional family. Belatedly it comes out that he is Palestinian and chaos ensues.
Time: 20:00, tickets: £5 (£3 students) only available on the door.

TUESDAY 14TH

JERSEY ARTS CENTRE

A SLICE OF SATURDAY NIGHT

Follow the rituals of pubescent teenagers through a Saturday night out at 'the club.' Sixties music poached from Cliff and the Shads, The Animals, Bob Dylan and the Beatles along with humour and an endearing naivety typical of the Swinging Sixties.
Time: 20:00, tickets: £14 suitable for 13yrs+

JERSEY OPERA HOUSE

MARRYING THE MISTRESS

After forty years of marriage Guy Stockdale, a distinguished judge, announces that he is leaving his wife Laura, to marry his younger mistress. This decision has a shattering effect on his entire family. Guy has some difficult decisions to make as he treads the path between family loyalty and his own happiness. Time: 20:00, tickets: £16

WEDNESDAY 15TH

JERSEY ARTS CENTRE

A SLICE OF SATURDAY NIGHT

See previous for details.
Time: 20:00, tickets: £14 suitable for 13yrs+

JERSEY OPERA HOUSE

MARRYING THE MISTRESS

See previous for details.
Time: 20:00, tickets: Stalls & Dress Circle £16, £21, £23, Upper Circle £9, £14, £16

THURSDAY 16TH

JERSEY ARTS CENTRE

A SLICE OF SATURDAY NIGHT

See previous for details.
Time: 20:00, tickets: £14 suitable for 13yrs+

JERSEY OPERA HOUSE

MARRYING THE MISTRESS

See previous for details.
Time: 20:00, matinee 15:00. Stalls & Dress Circle £19, £22, £25, Upper Circle £12, £17, £19, matinee £18

FRIDAY 17TH

JERSEY ARTS CENTRE

A SLICE OF SATURDAY NIGHT

See previous for details.
Time: 20:00, tickets: £14 suitable for 13yrs+

JERSEY OPERA HOUSE

MARRYING THE MISTRESS

See previous for details.
Time: 20:00. Stalls & Dress Circle £19, £22, £25, Upper Circle £12, £17, £19.

THE PINK PANTHER (PG)

A prequel to the 1964 Peter Sellers original film, where the detective must solve the murder of a famous soccer coach and find out who stole the infamous Pink Panther diamond. Starring Steve Martin, Kevin Kline, Beyonce and Jean Reno. Why?

V FOR VENDETTA (15)

A shadowy freedom fighter known only as "V" uses terrorist tactics to fight against his totalitarian society. Upon rescuing a girl from the secret police, he also finds his best chance at having an ally.

SATURDAY 18TH

LIVE LOUNGE

REAL JERSEY RECORDS PRESENTS HIFI SUSHI 'ALL

FOUR CORNERS EP' LAUNCH

Deadly Avenger (fabric:LIVE/Wall of Sound), Hifi Sushi (Live PA & DJ Set),

Culture

Nightlife

Cinema

Learning

Recommended

Asylum Seekaz (Live Hip Hop Act), DJ Spim (Innersoul), Terminal State (Formation Records), DJ Drift (Logical Progression), Andy Manson (Innersoul), Nelson (Digital Dredd). Across 2 Floors Time: 21:00 – 02:00, Entry: £5 on door. ROAR

JERSEY ARTS CENTRE
A SLICE OF SATURDAY NIGHT
See previous for details.
Time: 20:00, matinee at 14:30, tickets: £14 suitable for 13yrs+

JERSEY OPERA HOUSE
MARRYING THE MISTRESS
See previous for details.
Time: 20:00, matinee 15:00. Stalls & Dress Circle £19, £22, £25, Upper Circle £12, £17, £19, matinee £18

SUNDAY 19TH

JERSEY ARTS CENTRE
A SLICE OF SATURDAY NIGHT
See previous for details.
Time: 20:00, matinee at 17:00, tickets: £14 suitable for 13yrs+

MONDAY 20TH

JERSEY ARTS CENTRE
THE FUJITA PIANO TRIO
Playing together since childhood in their native Japan, the Fujita sisters have appeared in concerts from Canada to Casablanca and have wowed Western audiences with interpretations of traditional classical music and Japanese compositions.
Time: 20:00, tickets: £15 (£8 students)

JERSEY OPERA HOUSE
THIS IS ELVIS!
A brand new musical featuring more than 30 of Elvis' greatest hits! This is Elvis recreates all the drama leading up to the comeback as well as re-staging the monumental concert itself, and features Elvis' greatest ever hits including Heartbreak Hotel, Jailhouse Rock, Suspicious Minds and many more... Time: 20:00, tickets: Stalls £22.50, Dress Circle £17, £25.50, £27.50, Upper Circle £10, £15.50, £17.

TUESDAY 21ST

JERSEY OPERA HOUSE
THIS IS ELVIS!
Time: 20:00, tickets: Stalls £22.50, Dress Circle £17, £25.50, £27.50, Upper Circle £10, £15.50, £17.

WEDNESDAY 22ND

JERSEY ARTS CENTRE
ROSEMARY HAWTHORNE – THE KNICKER LADY
How could you refuse? Internationally renowned actress, fashion historian and author Rosemary Hawthorne offers an evening described as "a wonderful romp through the history of knickers." Surrounded by old trunks, cases and boxes, Rosemary charges through three hundred years of the humble knicker and the ladies who wore them. "...we laughed until the tears ran down our cheeks." SAGA Magazine
Time: 20:00, tickets: £11 (£6 students)

JERSEY OPERA HOUSE
THIS IS ELVIS!
Time: 20:00, tickets: Stalls £22.50, Dress Circle £17, £25.50, £27.50, Upper Circle £10, £15.50, £17.

THURSDAY 23RD

JERSEY OPERA HOUSE
THIS IS ELVIS!
Time: 20:00, tickets: Stalls £25, Dress Circle £20, £27.50, £29.50, Upper Circle £12, £17, £20

FRIDAY 24TH

RECOMMENDED

St. James
SEES PRESENTS JOANNA LAURENS' THE THREE BIRDS
This beautifully passionate tale from one of Jersey's best-known modern playwrights explores the extremes of love. Two Athenian sisters are torn apart by a man who marries one and desires the other...
Time: 20:00, tickets: £10 (£9 students)
Suitable for ages 14yrs+

JERSEY OPERA HOUSE
THIS IS ELVIS!
Time: 17:30 and 21:00, tickets: early show - Stalls £22.50, Dress Circle £17, £25.50, £27.50, Upper Circle £10, £15.50, £17. Late show: Stalls £25, Dress Circle £20, £27.50, £29.50, Upper Circle £12, £17, £20

THE RINGER (12A)
Highly dubious. A young guy with a really bad debt decides that his only way out is to rig the Special Olympics by posing as a contestant.

ROMANCE & CIGARETTES (15)
A down-and-dirty musical set in the world of working-class New York, tells a story of a husband's journey into infidelity and redemption when he must choose between his seductive mistress and his beleaguered wife.

SATURDAY 25TH

iQ APPLE SHOP
iLIFE
From 12am, Tim and staff will be demonstrating iTunes, providing tuition for iMovie and OSX. For further times and details, please call on 01534 769320.

SYNERGY
CLIQUE PROUDLY PRESENTS...
TREVOR ROCKCLIFFE (MENTOR/FABRIC/INTEC)
With residents Carl Scott and Pete de Momme. For more info, visit: www.cliquism.com Time: 22:00 – 02:30.
Entry £7

St. James
SEES PRESENTS JOANNA LAURENS' THE THREE BIRDS
See previous for details.
Time: 20:00, tickets: £10 (£9 students)
Suitable for ages 14yrs+

JERSEY ARTS CENTRE
JERSEY FILM SOCIETY PRESENTS EFFI BRIEST (1974)
Effi Briest tells the story of a young girl's lonely marriage and the consequences of her brief affair with

a soldier. The gorgeous black and white cinematography captures Effi's stark, stratified world. This elegant and meticulous analysis of a rigid, hypocritical society won great acclaim.
Time: 20:00, tickets: £5 (£3 students) on the door.

JERSEY OPERA HOUSE
THIS IS ELVIS!
Time: 16:00 and 20:00, tickets: early show - Stalls £22.50, Dress Circle £17, £25.50, £27.50, Upper Circle £10, £15.50, £17. Late show: Stalls £25, Dress Circle £20, £27.50, £29.50, Upper Circle £12, £17, £20

TUESDAY 28TH

JERSEY ARTS CENTRE
WALKING WOUNDED
The JADC in association with Harry Patterson presents the world premiere of the Jack Higgins drama *Walking Wounded*. A post Falklands' drama that explores how ordinary men who became extraordinary soldiers cope with the price to be paid for heroism. For the first time through live theatre, Jack Higgins paints a picture of the personal issues that people face following every major conflict.
Time: 20:00, tickets: £10.50 (£7.50 students & senior citizens)

WEDNESDAY 29TH

JERSEY ARTS CENTRE
WALKING WOUNDED
See previous for details.
Time: 20:00, tickets: £10.50 (£7.50 students & senior citizens)

THURSDAY 30TH

JERSEY ARTS CENTRE
WALKING WOUNDED
See previous for details.
Time: 20:00, tickets: £10.50 (£7.50 students & senior citizens)

REGULAR NIGHTS

EVERY MONDAY

PLATINUM
NOITE PORTUGUESA
Big Euro dance tunes with some Latin flavour to spice up the beginning of the week.
Free before 12am with flyer/member. £1 discount after 12am flyers/members.

EVERY TUESDAY

MINT
SIN NIGHT
'Service Industry Night' for all SI workers including waiters, waitresses, bar staff, hotel staff. Make Tuesday night your weekend. Free entry all night, over 18s. Special Mint bar. Time: 21:00 – 02:00. Free entry all night.

EVERY WEDNESDAY

PLATINUM
SMASH AND GRAB
Blasting over £500 worth of cash and prizes across the dance floor

throughout the night'. Time: 22:00 – 02:00
Entry: £1 before 23:00 with flyer/members, £2 after 23:00 with flyer/member.

MINT
RnB NIGHT
With new resident DJ Simon Marshall. Free entry all night
Time: 21:00 – 02:00. Free entry all night.

EVERY THURSDAY

MINT
THE WEEKEND WARM UP
All the biggest tunes around in the mix all night long. Something for everyone from 22:00 – 02:00. Free entry all night.

EVERY FRIDAY

MINT
THE WEEKEND STARTS HERE...
With the new resident DJ Simon Marshall
Time: 21:00 – 02:00. Free entry all night.

PLATINUM
FRESH & FUNKY FRIDAYS
The sexiest RnB, funky commercial dance and all time club classics. Time: 22:00 – 02:00.

LIQUID
RELEASE
The biggest Pop/Chart Dance, Anthems and RnB with DJ Hugo.
Time: 22:00 – 02:00. Free entry before 11.30pm with a flyer

EVERY SATURDAY

MINT
BIG NIGHT OUT
Dance the night away at Mint
Time: 21:00 – 02:00. Free entry all night.

PLATINUM
SANCTUARY
The best selection of dance tunes around and some quality RnB thrown in the mix resident DJ Adam B (www.djadamb.com). Catch the Saturday warm-up on Channel 103 from 18:00 – 22:00 as Platinum sponsor Floorfillers. Time: 22:00 – 02:00

LIQUID
EMBRACE
Embrace the finer things in life and join the glamorous crowd with the finest grooves for people who like to party in style. Champagne reception from 22:00 – 23:00.
Time: 22:00 – 02:00. Free entry before 11.30pm with a flyer

EVERY SUNDAY

MINT
POLE IDOL
Free entry all night long. Dancing competition with £100 cash prize for the winner. Special Pole Idol bar. Time: 22:00 – 02:00

B BAR
COHIBA
Dark, smooth, classy house music with DJ's Justin De Gruchy and Paul Radford. Time: 20:00 – 23:00

Q&C

3 QUESTIONS

This month we've been out asking our usual three questions and getting the views of the Jersey public down on paper for all to see.

A: Where did/would you go on your honeymoon?

B: Will you be watching the World Cup?

C: Do you have a pet?

REGINA MARCOS

AGE: 20

Occupation: Coffee shop girl

A: Paris

B: Yeah, I love football

C: Rabbits, cats, dogs. And errrr; a frog...



Paulo faim

AGE: 25

Occupation: Driver

A: Brazil, definitely.

B: Yeah, supporting Portugal!

C: No, but used to have a dog and a cat when I was younger.



Anna castanhiera

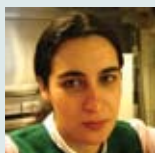
AGE: 25

Occupation: Waitress

A: Portugal, Aveiro!

B: No way!

C: Not now but I used to have a dog called 'Faisca' (lightning).



COMPETITIONS

Simply go to our website and answer the questions!

www.gallerymagazine.co.uk/competitions



Escada Beauty goodies

The Fragrance: Fresh, sensual, floral. Distinguished by a promise of extravagance, Escada's new scent boasts a new indulgence, a refreshing scent of luxury that captivates the decadent ambience of yesteryear... transformed with a modern virtuous elegance. Win the fragrance and also the Luxurious bath and shower gel.



iTrip of your choice! Sexy little iPod accessory! courtesy of iQ

If you're loving your iPod and want to hear the tunes from your stereo at home or car this is the one for you. This competition for an iTrip, an FM transmitter made by Griffin Technology which plugs into the headphone socket, converts the audio output into an FM radio signal so you can pick your iPod music up as a radio station! You can get an iTrip mini, nano or iPod. Good luck!

3Q

WIN!

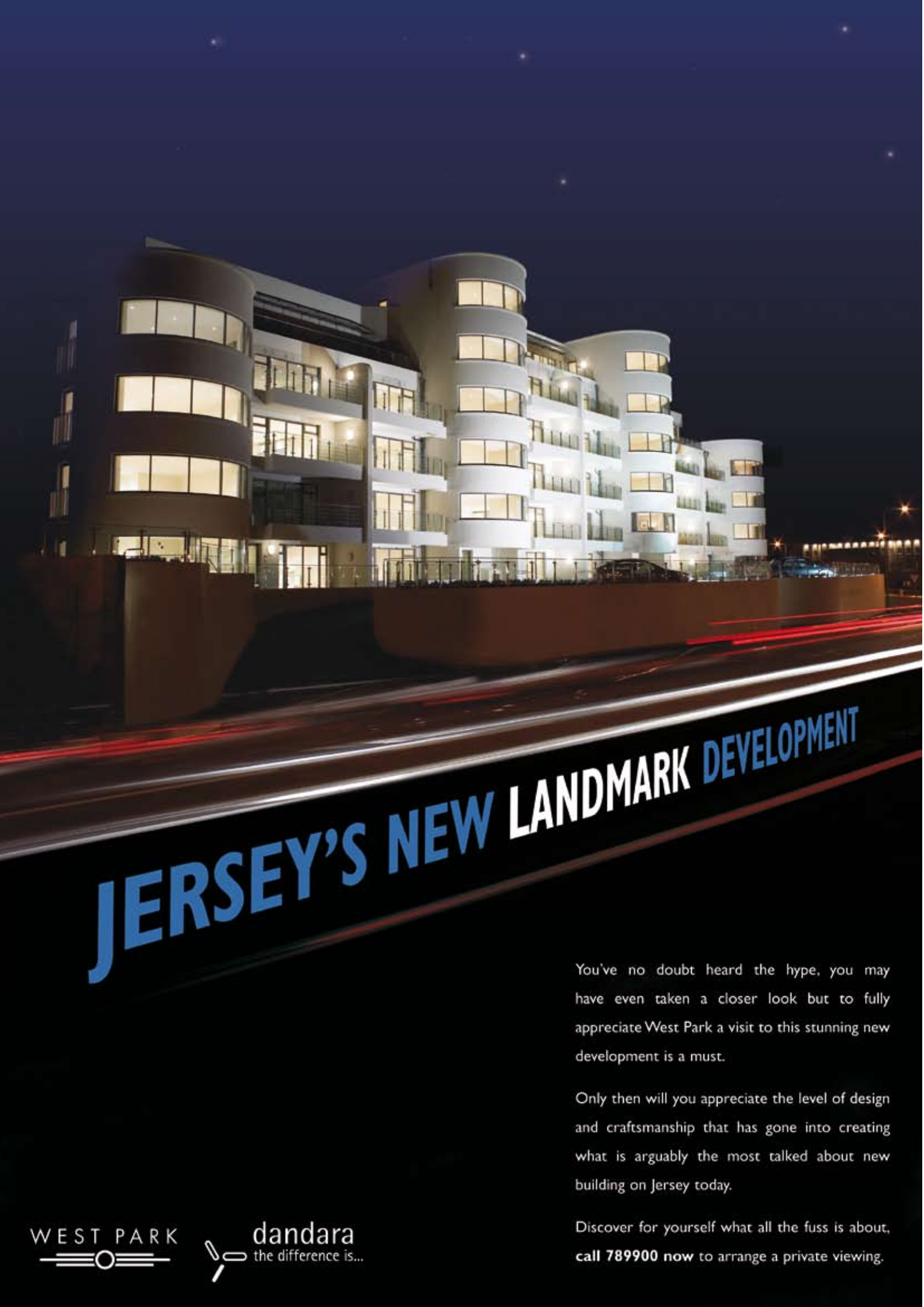
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worth of free credit and no bills,
no contract, no fuss.*

*Pay-as-you-go mobile for £9.99
Happy talking!*



JERSEY'S NEW LANDMARK DEVELOPMENT

You've no doubt heard the hype, you may have even taken a closer look but to fully appreciate West Park a visit to this stunning new development is a must.

Only then will you appreciate the level of design and craftsmanship that has gone into creating what is arguably the most talked about new building on Jersey today.

Discover for yourself what all the fuss is about, **call 789900 now** to arrange a private viewing.

WEST PARK
—○—

 **dandara**
the difference is...