

# GALLERY

/ LIFE & STYLE IN JERSEY

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**LIVINGROOM**  
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# #171 HIGHLIGHTS



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**33** 2020 Bridal Bible



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# #171 CONTRIBUTORS

*Out and about with cameras and laptops were...*



## SARA FELTON

Sara got to indulge her love for all things gin-based as she rounded up the islanders craft alcohol producers for this month's theme shoot *Pg. 20*



## ELIZA ANNA REINE

Our cover this month is a creative collage of colour and femininity, created especailly my Eliza. Read about her art in the culture section. *Pg. 68*



## IMOGEN PICKERING

Imogen caught up with archer Lucy O'Sullivan and talked to her about the Jersey Sports Foundation. *Pg. 112*



## SABI APATI

Sabi partied with lawyers, motoring enthusiasts, stars of the hospitality industry for this month's events *Pg. 28*



## DANNY EVANS

Danny gave us our theme shoot this month, folks who are brewing, blending and distilling delectable boozy delights right here in Jersey *Pg. 20*



## JULIA HUNT

Julia meets Farah Ballands, an award winning, problem-solving, tea-drinking leader who is the Group Chief Executive Officer of Ocorian. *Pg. 94.*



## OLIVIA HANSEN

The first of our Jersey spies in London, Olivia is on placement at Grazis and dives into her Spring/Summer 2020 trends for us this month. *Pg. 80.*



## JESSICA JONES

Jess is pursuing a career in dance in the UK but chose not to opt for student fayre. Instead she cooks up healthy options as 'The Forking Good Student' *Pg. 82.*

## *The rundown.*

### EDITORIAL CONTRIBUTORS

**Russ Atkinson**  
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**Imogen Pickering**  
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**Jersey VIP**  
**Jersey Events**

### CONTRIBUTE

#### CREATORS WANTED

[contribute@gallery.je](mailto:contribute@gallery.je)

Got a blog? fancy writing in something that gets into print too? We're always looking for contributions from people that are passionate about subject matter close to their hearts. Become a contributor and get paid for your content.

### FEATURE

#### WE PROFILE ISLANDERS

[features@gallery.je](mailto:features@gallery.je)

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up; a business with some exciting news or a new product to feature; get in touch. We're keen to feature anything of interest that will be of interest to the 25,000 or so people that flick through a Gallery each month.

gallery #171

FEBRUARY '20 / THE  
BLENDED EDITION

*Cover Image*  
Eliza Anna Reine's collage,  
blended exclusively for  
this edition.

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*If it rings off, call back.*

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# EDITO

## Into the spring spirit.

What do Justin Timberlake, Marilyn Manson, Pharrell Williams, George Clooney and Danny Devito all have in common? Sure, they're all famous.. but who isn't these days? No, they all own a drinks brand. For Timberlake it's Tequila, for Pharrell it was a cream liqueur, for Devito, Limoncello and somewhat unsurprisingly Marilyn Manson has an Absinthe.

**I**t's the ultimate good-time creative project; a physical item that carries with it positive connotations; it can be cheeky, controversial, ambitious. In fact it can be tonnes of adjectives you'd struggle to sell-in at your next corporate branding meeting. Plus you get a solid physical item to hold proudly in your hand, and enjoy consuming, if you feel so inclined.

There's no doubt that drinks marketing can be great fun. My post-graduate dissertation was for Red Bull and one of my favourite ad campaigns is for a vodka (Smirnoff: Lonely Hearts - if you're interested), I've therefore always loved the sector. From Guinness's *Black and White* campaigns to Absolut's art projects, right up to Ryan Reynold's 'The Process' Aviation Gin campaign; they're all fantastic. And now, all of a sudden, we have a load of home-grown Channel Island drink brands. We therefore couldn't resist getting all the producers together for our 'blended' edition.

I worked briefly on the development of a vodka brand a few years back. It, like some of those profiled in our *Perfect Blend* feature (pg. 20), intended to utilise Jersey Royals as the basis for a tasty (or tasteless) white spirit. It didn't seem easy, a process beset by the sort of regulation and bureaucracy that I would see as kryptonite, so a hearty 'cheers' to the producers profiled this month who made it. Shots at the bar....

BD

## GALLERY

/ LIFE &amp; STYLE IN JERSEY

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### Recycle.

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this in a green font. It's not made out of leaves, honest.



# NEWS IN NUMBERS

50

percent reduction in local lobster catches could worsen amid fears that Brexit will push French fishermen into local waters

600

pupils from both Haute Vallée School and Mont à l'Abbé were evacuated to a safe area before being sent home because of bad weather

45

centimetres higher than expected tides wreak havoc islandwide during stormy weather

1,000

plus signatures on a petition to ban the sale of plastic bags locally will now be discussed in States Chamber

10,000

pound fine ordered for window cleaning company owner who breached health and safety laws

133

year old St Thomas' Church spire works hampered by bad weather, with steeplejacks now working 7 days per week where possible

## Rubis launches Renewable Diesel as part of its commitment to reducing carbon emissions

Rubis, the Channel Islands' most forward-thinking fuel distributor, has launched an advanced biofuel, as an immediate solution towards Jersey's objective to reduce carbon emissions.



After Scandinavia and Baltic countries, Jersey will become only the 11th country in the world to offer the new fuel, which is branded locally RD100. Rubis RD100 outperforms other biodiesels and fossil diesel and will cut global carbon emissions from diesel engines by up to 90% over its lifecycle.

RD100 is clear, odourless and is refined from 100% renewable sources, offering better combustion and can replace regular fossil diesel today.

Bertrand Dellinger, Managing Director of Rubis Channel Islands said "We all recognise the need to reduce carbon emissions globally. Electric vehicles are of course one option but, for many, they are expensive, not in plentiful supply and may not be the best long-term solution, due to the environmental and financial cost of building, replacing and recycling the batteries. RD100 is a solution for the transition and can make a difference today. Rubis is also at the forefront of developing hydrocarbon fuel energy, supporting the government and community in their aim for carbon neutrality."

At a local level, air quality will improve, with a significant reduction in smoke, particulates, NOx and carbon monoxide from RD100. Then at a global level the carbon emissions during the lifecycle of the fuel are reduced by up to 90%, because the carbon being released in the atmosphere is offset by the carbon absorbed by plants in the production of the fuel, creating a virtuous global carbon cycle.

RD100 has been on trial in Jersey with heavy commercial vehicle fleets for several months and operators report marked improvement in both engine performance and reduced smoke emissions. The new fuel is compatible with existing diesel engines and there is no need for vehicle modifications.

Nick Crolla, Head of Sales & Marketing said "We have been trialling RD100 in our fleet and have seen a noticeable difference in performance. We even undertook the simple test of placing a white cloth on the exhaust of our trucks; the results are incredible: with diesel the fabric becomes dirty and black within seconds. With RD100, the fabric stays clean. Local businesses driving diesel vans and wanting to reduce their carbon emissions but having difficulty financing an electric vehicle will not hesitate to switch. This is a great opportunity for large fleet users like the States and Parishes

as well as public transport such as bus, coach and taxi operators to consider changing their fuel to be exemplary in Jersey's drive to reduce carbon emissions."

Mr Dellinger added "We are proud to announce two commercial partners, PDFS & 4Hire, who have been working with us to test and launch RD100. Collectively we have responded to the climate emergency call and are aligned with our forward-thinking approach to drive change now."

*"Collectively we have responded to the climate emergency call and are aligned with our forward-thinking approach to drive change now."*

Andy Jehan, CEO of PDFS said, "We have been delighted with the results of our extensive trials and look forward to using RD100 across our Channel Island fleet. PDFS is fully committed to reducing the impact we have on the environment and this is just one of the areas where we can really make a difference," he added, "As a responsible business, we want to be at the forefront of these changes and we are also currently working on a number of other CSR initiatives."

Nigel Blandin, Managing Director 4Hire added, "As a major user of fossil fuels we have decided to call time on the impact we have on the environment. Our goal of achieving a carbon balance by 2022 is starting now with the switch to RD100 in our trucks." Continuing, he said, "Business needs to collectively take responsibility for its actions and can no longer simply search for the cheapest source of fuel or energy possible. We must find ways to deliver a sustainable future for not only our customers but for all of us."

More information on Rubis Renewable Diesel – RD100 - is available at [www.rubis-ci.co.uk](http://www.rubis-ci.co.uk).



Bertrand Dellinger



# What's On.

## KEY EVENTS FROM OUR TOURIST GUIDE THIS MONTH

This selection of events is taken from What's On, our sister publication Tourist Guide. Published quarterly, it's the essential guide for visitors to the Island. If you have people coming to stay or you're hosting AirBnBers, make sure you grab one from our transit hubs or Visit Jersey at the Liberty Bus station for them to keep as their companion during visits to Jersey. They're packed with local information and fresh each season. Look out for the Winter edition now.

*If you ever want listings in What's On, register and upload details to Visit Jersey's 'Mylistings' portal.*



*If you're a business that wants to attract island visitors, get in touch about being included in What's On, the guide picked up by visitors. Email [WHATSON@FACTORY.JE](mailto:WHATSON@FACTORY.JE)*

**1 MAR** 🕒 18:00 - 21:00

### MET OPERA: AGRIPPINA (HANDEL) MET PREMIERE ENCORE SCREENING

Mezzo-soprano, Joyce DiDonato, leads as the imperious title empress in the Met's first-ever performance of this tale of deception and deceit. Set in Ancient Rome, Agrippina plots the downfall of Emperor Claudius to secure the throne for her son Nero, in Handel's first operatic triumph. 🎟 £10 - £20

+44 (0) 1534 511115

[boxoffice@jerseyoperahouse.co.uk](mailto:boxoffice@jerseyoperahouse.co.uk)

**6 MAR** 🕒 20:00 - 21:30

### ANDREAS TOPHOJ AND RUNE BARS LAND

Andreas Tophoj and Rune Barsland are among the leading Danish traditional musicians of their generation. Specialising in fiddle and accordion but also encompassing viola, whistle and vocals. 🎟 £10 - £20

+44 (0) 1534 700444

[enquiries@artscentre.je](mailto:enquiries@artscentre.je) [www.artscentre.je](http://www.artscentre.je)

**12 MAR** 🕒 18:30 - 23:30

### HEAT 2020 - GALA DINNER

The HEAT Gala Celebration is back at St. Brelade's Bay Hotel. Four leading catering colleges will battle it out in Jersey for the Peter Querre Trophy. Meet the rising stars in the industry from Jersey and three other colleges (to be announced). Make sure you book your tickets to avoid disappointment. 🎟 £40+

+44 (0) 1534 746141

[dave@heat.je](mailto:dave@heat.je)

**13 MAR** 🕒 10:00 - 17:00

### DAN BALDWIN EXHIBITION

Dan Baldwin, contemporary British artist, known for his symbolic and iconically bold work illustrating album covers for Paolo Nutini and The White Stripes. This exhibition showcases his recent monotypes and handmade limited edition prints and is in homage to Andy Warhol's iconic flower paintings. 🎟 Free

+44 (0) 1534 739900

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**13 MAR** 🕒 20:00 - 21:30

### BEFORE THE SCREAMING STARTS

In January, the suspiciously unsimilar sisters Flo & Joan – whose songs have racked up over 50 million views online – watched the Bros documentary. Through the tension and arguments of estranged siblings Matt and Luke Goss, Flo & Joan glimpsed a possible future waiting for them; a lot of dog portraits, male pattern baldness and the occasional argument over the use of pyrotechnics. 🎟 £10 - £20

+44 (0) 1534 700444

[enquiries@artscentre.je](mailto:enquiries@artscentre.je)

**14 MAR** 🕒 20:00 - 22:00

### T.REXTASY 2020

Marc Bolan, with his band T.Rex, was one of the most flamboyant and charismatic stars of the original glam rock era. With Bolan's special ingredient of Rock-a-Boogie songs, the band had a string of huge hits throughout the 1970s including Love to Boogie, Telegram Sam, Jeepster and 20th Century Boy. The band is now accepted as the world's only official live tribute band dedicated to Marc Bolan & T.Rex. 🎟 £20 - £40

+44 (0) 1534 511115

[boxoffice@jerseyoperahouse.co.uk](mailto:boxoffice@jerseyoperahouse.co.uk)

**15 MAR** 🕒 18:00 - 21:00

### MET OPERA: DER FLIEGENDE HOLLÄNDER

Inspired by the legend of the Flying Dutchman, the Captain of a ghostly ship who has been condemned to sail the seas for eternity, is offered a chance of redemption by true love. Director François Girard, whose mesmerizing production of Parsifal recently wowed Met audiences, returns to stage Wagner's eerie early masterwork. 🎟 £10 - £20

+44 (0) 1534 511115

[boxoffice@jerseyoperahouse.co.uk](mailto:boxoffice@jerseyoperahouse.co.uk)

**19 MAR** 🕒 10:00 - 18:00

### SIMPLY SPRING 2020

Simply Spring welcomes the change in seasons with a three day celebration bursting with colour and vibrancy! With 50 local exhibitors selling beautiful hand-crafted gifts and food products, entertainment from local music acts, street entertainment and more, it's the perfect place to immerse yourself in the joys of spring and find those perfect gifts. 🎟 Free

+44 (0) 7797 796720

[sarah@thespiraltree.com](mailto:sarah@thespiraltree.com)

**20 MAR** 🕒 15:00 - 21:00

### PABLO ESCOBAR – THE REAL STORY

Shaun Attwood's first visit to Jersey. After three seasons of the cult series on Netflix "Narcos", Shaun Attwood – an author, activist and public speaker – will be presenting the mind-blowing true story of Pablo Escobar and the Medellín Cartel, beyond their portrayal on Netflix. 🎟 £20 - £40

+44 (0) 1534 511115

[boxoffice@jerseyoperahouse.co.uk](mailto:boxoffice@jerseyoperahouse.co.uk)

[www.jerseyoperahouse.co.uk](http://www.jerseyoperahouse.co.uk)

**21 MAR** 🕒 15:00 - 16:30

### MOTHER'S DAY AFTERNOON TEA AT 16 NEW STREET

Treat your mother to a vintage afternoon tea in the magnificent setting of 16 New Street Georgian House. Price includes afternoon tea, including Prosecco, and a tour of The Georgian House. Pre-booking essential. 🎟 £20 - £40

+44 (0) 1534 483193

[enquiries@nationaltrust.je](mailto:enquiries@nationaltrust.je) [www.nationaltrust.je](http://www.nationaltrust.je)

**27 MAR** 🕒 20:00 - 21:30

### JEAN-EFFLAM BAVOUZET

Award-winning pianist Jean-Efflam Bavouzet enjoys a prolific recording and international concert career. "He makes you listen to music as if you are discovering it Eureka!-style..." – Financial Times. 🎟 £10 - £20

+44 (0) 1534 700444

[enquiries@artscentre.je](mailto:enquiries@artscentre.je) [www.artscentre.je](http://www.artscentre.je)

**27 MAR** 🕒 20:00 - 23:30

### FALLE MEDDER BAND PLAY THE HITS OF BUNKER HILL

A night of the 'retro harmony soft rock influenced' original hits of Bunker Hill supporting Mind Jersey, Donna Annand Melanoma Charity, Jersey Alzheimer's Association and Motor Neurone Disease Association (Jersey). Tickets £10 on the door, or available in advance from Seedee Johns, St. Helier. 🎟 £0 - £10

+44 (0) 1534 880110

[enquiries@pommedorhotel.com](mailto:enquiries@pommedorhotel.com) [www.facebook.com/events/803236420175474/](http://www.facebook.com/events/803236420175474/)

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**[ciom.hsbc.com/islandoffers](https://ciom.hsbc.com/islandoffers)**

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Together we thrive



# BLENDED:

## THE LIQUID DIET CHALLENGE

WORDS BY GRANT RUNYON

ILLUSTRATION BY JAMIE LEIGH O'NEILL

Ecstatic reports from the organisers of Veganuary are claiming that this year's plant-based diet challenge has encouraged record numbers of people to experiment with tofu. The lettuce munchers clearly hope a quick dabble with the white stuff will serve as a slippery slope to harder pleasures, like Quorn lasagne and the Wimpy beanburger, but I wonder if people actually just respond on a deep psychological level to strict dietary rules - particularly if they get to break them after a month by smothering themselves in lard and biting the head off a chicken.



Never one to miss an opportunity I've hatched the idea of copyrighting a strict dietary challenge to run a bit later in the year. It's going to be called "Liquid Lent" and will raise awareness of the plight of people who can't or won't chew properly. It has nothing to do with

the Christian festival, my branding consultants just told me that I needed something alliterative and that in any case none of the churches will sue. For the entire period we will join together in promising to eat every meal in liquid form - no lumps, no bumps, no solid

dumps. It might not require teeth but that doesn't mean it's going to be easy to swallow. In conjunction with my sponsors (Nutribullet; Andrex), I've developed a menu for any cafés or restaurants who fancy paying my modest licensing fees to slurp down a bit of the action.

## THE FRED FLINTSTONE

The MMA/Crossfit contingent were very worried about veganuary, but it turns out you can do just as many #inspirational social media posts about #dedication on a plant-based protein powder as you can do when eating bucketloads of poached chicken, with the added bonus that you may start going to the toilet more than once a week. As experienced shake consumers I expect they'll take to Liquid Lent like shredded duck to water, but we'll leave nothing to chance with this high-performance #paleo concoction available from anywhere that does most of its business selling protein bars and Gold's Gym tank tops.

**INGREDIENTS:** WHEY LIQUID, WHEY POWDER, BONE BROTH, RAW BEEF MINCE, CREATINE, CAFFEINE, GINSENG, CBD OIL, TATTOOIST'S INK, THE PURPLE LIQUID FROM THE FOOT BATH AT THE FORT REGENT SWIMMING POOL, HUMAN GROWTH HORMONE, SILICA GEL, VEGETABLE FLAVOURINGS

**NUTRITION:** 1200 CALORIES, 85G PROTEIN, 110% OF YOUR DAILY GAINS

**PRICE:** £6.50

## THE WORKING BREAKFAST

When you toil in an environment where getting in less than an hour early marks you as a quitter, one way to achieve work-life balance is to take some advice from the nice lady that HR brought in after three administrators quit from exhaustion at the end of the financial year. Yes, follow her advice and make fifteen minutes of mindful "you time" in-between driving manically from dropping the kids at nursery and hitting your desk at 7.30 AM. I want to support you, so I'm saying you can achieve this via the time economy saved by chugging both breakfast and lunch during your car journey.

**INGREDIENTS:** FAIRTRADE EXTRA STRONG COFFEE\*, ORGANIC OATS\*\*, HEMP POWDER\*\*, CHIA SEED BLEND\*\*\*, POMEGRANATE SEEDS\*\*\*, ORANGE JUICE\*, MODAFINIL\*\*\*\*

**NOTES:** \*FARMED BY CONTRACTORS FOR A BERMUDAN SHELL COMPANY OWNED OUT OF PANAMA AND TRADED THROUGH LIECHTENSTEIN \*\*MAY CONTAIN GMO \*\*\*POTENTIALLY RADIOACTIVE \*\*\*\*POTENTIALLY ILLEGAL AND/OR FATAL

**PRICE:** £8.95

## THE BEAUTIFUL JERSEY

I haven't checked but I'm confident that Jersey's traditional tourist market was 100% on board with Veganuary, especially in the flexible winter season. I expect the vegan fry-ups were just flying out the door. We mustn't leave them out for Liquid Lent, so I hope all the beach cafés and hotels will consider adding this "Genuine Jersey" mealshake to their menus. You don't even need to put your teeth in to enjoy it.

**INGREDIENTS:** JERSEY MILK, JERSEY WONDERS, JERSEY BLACK BUTTER, JERSEY ICE CREAM, JERSEY CALVADOS, JERSEY BEAN CROCK (CONTAINS BEANS, PIG'S FOOT), JERSEY SEAWEED, PAINT FLAKES FROM BERGERAC'S MOTOR, A TEA TOWEL WITH A COW ON IT

**PRICE:** 16 SHILLINGS AND A PACKET OF ROTHMANS

## THE BREXIT REFERENDUM

It's the controversy of the decade - like rival houses in Game of Thrones the two camps of Leave and Remain are still bitterly divided, even as Britain sets sail into an uncertain future outside the European Union. As "a slice of Britain with a taste of France" Jersey was already outside the EU so we must take the opportunity to offer neutral ground, compromise and perhaps even reconciliation. There's nothing worse than arguing over mealtime so perhaps we can achieve harmony with two liquid meals served together. At Liquid Lunch we respect both sides of the debate.

**THE BREXITEER - INGREDIENTS:** BENDY BANANAS, REAL ALE, ENGLISH WINE, GAMMON PUREE - SERVED WITH A BLUE PASSPORT AND DAILY MAIL SHAVINGS

**PRICE:** 1 EURO - NO TELLING HOW MANY POUNDS THAT'S WORTH

**THE REMOANER - INGREDIENTS:** STRAIGHT BANANAS, BORDEAUX WINE, CYPRIOT HALLOUMI, SUBSIDISED GERMAN CABBAGE, BRITISH FISH - SERVED WITH A PINK PASSPORT AND GUARDIAN EXTRACT

**PRICE:** 10 EUROS

## THE HOLLYWOOD BLOCKBUSTER

Everybody loves the magic of the movies, particularly the magical way that your wallet empties and leaves you with nothing but a bucket of salt, grease and regrets when the curtain comes up. This shake will save valuable time spent queuing for the one teenager who is slowly issuing tickets on the busiest Saturday night of the year. If the restrooms are not to your satisfaction, please notify cinema management.

**INGREDIENTS:** MELTED ICE CREAM DREDS, POPCORN PURÉE, PICK AND MIX POWDER, ORPHANED HOT DOG, NACHO DUST, STEVEN SEAGAL (TRACE AMOUNT)

**PRICE:** £18.99 UNLESS YOU'RE A STUDENT, ON A WEDNESDAY, WITH A MOBILE PHONE CONTRACT WITH ORANGE, BEFORE 7PM - THEN IT'S £18.50

## THE GREEN GRETA

Veganuary was designed to tempt curious newcomers to the planet-friendly yet flatulent lifestyle but let's not forget about the OGs, the people who've been hunting down veggie sausages since the days they tasted like stale bread with soy sauce on it. These people won't be left out of my liquid lifestyle because if anybody needs a break from chewing it's somebody who eats brown rice four times a week.

**INGREDIENTS:** CARBON-NEUTRAL LOCALLY-SOURCED VEGETABLES (KALE, BEETROOT, NETTLES), ENHANCED PROBIOTIC MYCOLOGICAL PROTEIN BLEND (POWDERED MUSHROOMS), MELTED GLACIER, DMT (0.1%)

**PRICE:** 1 KILO OF CARBON OFFSET TAX CREDITS

## THE LOVE ISLAND

There's only one real Love Island, and that's the island where you're reading this magazine. All of my shakes so far have been meal replacements for day-time or evening enjoyment, but what if you were a nutritionist and somebody told you they had a bad case of Saturday night fever? You'd encourage them to take one of these at around midnight, and let the good times roll. 100% guaranteed to insulate against the pain of a broken ankle from stumbling into Mulcaster Street to "feed the seagulls."

**INGREDIENTS:** SUPERMARKET ENERGY DRINK, SPARKLING NON-VINTAGE WINE, CAFFEINE, TAURINE, JELLYFISH TOXIN, KEBAB BITS, HORMONAL CONTRACEPTIVE, ANTIBIOTIC BLEND

**PRICE:** AN HOUR'S QUEUE OR ONE NUDE SELFIE TO THE BOUNCERS





## THIS AMAZING BUNCH RALLIED TO MONACO WITH US....

After ten amazing years of galleryrally we had a fallow year in 2019, but our annual adventure across Europe is back for 2020 with a new destination country, new route, new clues, new jokes, new challenges and a load of great memories to be made.

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## Rbc Raises Over £54,000 For Mind Jersey

*RBC Wealth Management is proud to announce that its employees raised over £54,000 in 2019 for its charity of the year, Mind Jersey in support of the work it undertakes with children and young people.*

The money, which was raised through a variety of fundraising activities, including RBC Race for the Kids, will be used by Mind Jersey to fund a number of initiatives. The charity hopes to partner with local film/video production company, The Observatory, and local drama production company, Love Theatre, to commission productions relating to children and young people with a focus on the Youthful Minds group in particular. Mind Jersey is also planning to use the money raised to extend the contracts of the part-time youth participation worker, develop Wellness Toolboxes, produce educational materials and train new Youthful Minds recruits as Mental Health First Aiders (MHFA).



## Earsay's Achievement Award

*Earsay, Jersey's society for deaf children and young adults, created 'The Pat Bougeard Achievement Award' in 2012, to be presented annually to the dDeaf child or young person who has achieved something special during the year.*

The 2019 winner is Gabriella Calaca (15), nominated by Rupi Dhami, Teacher of the Deaf at Le Rocquier School. Ms Dhami was very proud of Gabriella gaining her GCSE in English Literature, Grade 4, and persevering through many challenges to achieve this. Gabriella also speaks fluent Portuguese and English, as well as taking Spanish GCSE, which is an impressive feat for any young person.

Gabriella is a positive role model to other deaf students at school offering advice and practical support, and during Deaf Awareness week at Le Rocquier Gabriella was very welcoming to visiting deaf/hard of hearing children from other schools and kept in touch with them afterwards. Earsay are very proud to award this year's Pat Bougeard Achievement Award to Gabriella and wish her well for the bright future ahead. The other nomination for the Award was Clarissa Jeffrey (3), nominated by her dad Dale, for surpassing every target set by nursery and thriving in everything she does. She is a great example of what can be achieved regardless of ability or disability – which is exactly what Earsay hopes for all Jersey's deaf and hard of hearing children.

**Nominations for Earsay's 2020 Award can be made later in the year, by anyone; teacher/parent/club leader etc , please see Earsay's website [www.earsay.je](http://www.earsay.je)**

## Jersey wins in Swim Safe Awards!



*Swim Safe, the water safety programme for children created by Swim England and the RNLI, has named Jersey as School Delivery Site of the Year in its 2019 Swim Safe Awards.*

Since launching with a single site in 2013, Swim Safe has grown to include more than 30 sites across England, Scotland, Wales, the Channel Islands and the Isle of Man. Last summer, in Jersey, over 950 children from

28 schools across the island took part in the free swim safety sessions run by qualified Swim Safe instructors and beach lifeguards, at various beaches around the island. The UK body's accolade for the Swim Safe programme delivered in partnership by Jersey Sport and the Bosdet Foundation stated, "every year Team Jersey deliver fantastic sessions to all year 5 children across the island. Alan, Martine and the teaching team ensure that all children have the opportunity to take part in a session by travelling all over the island to bring Swim Safe closer to schools."

Martine Le Guilcher, Jersey Sport's Swimming Development Officer said, "we're extremely proud to win this national award, which demonstrates Jersey Sport's commitment to ensuring local children receive the correct messages about how to stay safe in and around Jersey's waters."

**The Swim Safe programme will return to Jersey this summer, providing more vital water safety skills to the island's children.**





## Mission Possible.

*He dressed as a squirrel. He flung himself out of a plane. And he ran two marathons. Last year Greg Morrison undertook 12 challenges in 12 months to raise money for the Jersey Employment Trust – and he successfully raised more than £4,000, enough to buy a small van for Acorn Enterprises.*

He fought pain, injury and nerves to achieve all the challenges, including abseiling and a Christmas Day swim, but the worst, he says, was the boredom of running a half-marathon on a treadmill at Acorn Reuse in Trinity one Saturday in November. 'It was terrible,' he said. 'It seemed to go on for ever. It was very difficult trying to get the mind distracted to get me through. It was worth it, but not to be done again!'

His favourite challenge, however, was the skydive, so much that he did it again a couple of months later. 'It's something I'd never done before, and I loved the sheer adrenaline rush,' said Greg, who is construction director at ROK. 'It was a great way to see the island.'

Acorn, which provides work and training opportunities for people with a disability or long-term health condition, will now buy a small van. General manager Steve Pearce said that it was needed for collections and deliveries, particularly in areas of Jersey where their larger vehicles are too big. 'The new van will have several uses and it will be put to good use,' Steve said. 'This will be good for smaller loads and will be better for some of the Island's smaller lanes. We are very grateful for Greg's continuing support and his enthusiasm, for raising funds as well as awareness about what we do.'



Now that he has the bug, Greg said that he wants to carry on fundraising for the charity as he has had personal experience of their work in securing placements for clients. 'It's a case of "mission accomplished" for the 12 Challenges, but I am driven by this organisation, everything it stands for and everything it does for its clients,' he said. 'I've never seen anything like it before and I think the more we do and the more we raise to make sure that these facilities at Acorn thrive can only be a good thing. And how I feel about that will never change, I don't think. It struck a chord with me several years ago and it doesn't leave me. I just want to carry on helping. I'd like to thank everyone who donated and supported, especially in the cold, wind and rain. I want to carry on and I am open to ideas... Famous last words!'



## Ocean Advocate school initiative

*Butterfield Bank is reinforcing its commitment to the environment with a new school initiative highlighting the damage that plastic pollution is having on the ocean and marine life.*

Each child will become a Butterfield Junior Ocean Advocate and have the opportunity to take home a cuddly dolphin called Darla to look after for a week. But behind the cute, soft exterior lies the sad reality that Darla's insides are crammed with indigestible plastic items. Working in partnership with Plastic Free communities in Jersey, Guernsey and Alderney, Butterfield is helping to educate primary school children in the Islands about what it means to be an ocean advocate and how single use plastic is negatively impacting the ocean.



## Film Festival; still a blockbuster.

*Six Jersey charities have benefitted from the generosity of the sponsors of last year's Jersey Film Festival despite it having to be cancelled due to health and safety reasons.*

Autism Jersey, Beresford Street Kitchen, Brighter Futures, Durrell, Jersey Hospice Care and the NSPCC Jersey have all received £1,250 after the four sponsors – Dandara, Rathbones, Saltgate and The Idea Works – agreed that the monies they had pledged in support of the event should still go to these worthy causes.

Founded in 1994 by Kevin Lewis, the Film Festival has become a staple of the summer entertainment calendar with outdoor screenings having been staged at several venues over the years before eventually finding a permanent home at Howard Davis Park.

Such has been its popularity, with thousands of filmgoers attending some of the screenings, it's become a victim of its own success, resulting in the cancellation of last year's event due to health and safety concerns. Despite this, the four sponsors agreed that the six charities chosen to be the beneficiaries of the 2019 shouldn't lose out and so their sponsorship monies have been shared equally.

'The feedback we've had from locals and visitors, and from everyone involved in staging it, is that it was much-missed in 2019, not just because of the opportunity it affords local charities but also because of the fantastic atmosphere generated at what is a hugely popular and family-friendly event,' said Sponsor Richard Lumborg. 'We're really looking forward to welcoming everyone back to Howard Davis Park later this summer.'



# The perfect *blend*



WORDS Sara Felton

On such a small island it's hard to believe we have so many incredible craft alcohol producers. We've brought you a selection of just some of the folks who are brewing, blending and distilling delectable boozy delights here in Jersey.



## Ben & Leah Bliss

### Bliss Brew Co.

The Channel Islands' first ever crowdfunded company and craft brewery. Bliss Brew Co. was created through a passion (bordering on obsession) for beer. For the best part of a decade, these guys have been brewing, drinking, travelling and talking all things beer. The result is a book bulging with over 200 recipes that they had to share!

**Describe your product in three words:**  
Brings people together.

**What prompted you to start producing?**  
Home brewing started 10 years ago following a tour of Liberation brewery. Fast forward a decade, hundreds of recipes later and a passion for the craft we took the plunge to go professional.

**What's your favourite way to enjoy what you produce?**

With others. Beer culture has always been a social one. There's no better feeling than seeing others enjoy your product.

**Where can we buy/find your products?**

Our home is in JB's Brewhouse where we endeavour to always have Bliss on tap. Keep an eye on the lineup at festivals, Biere Atelier and KraftyJ's too!



# Jane & Neil Pinel

## Pink Granite Gin

Being surrounded by some of the very best alcohol brands in the world on a daily basis, Jane and Neil wanted to create a new gin brand that stood out from the ever-increasing crowd. Pink Granite combines two fresh ingredients of raspberry and pink grapefruit and combines it with the 12 other dried botanicals.

**Describe your product in three words:**  
Handcrafted, pure, sophisticated.

**What prompted you to start producing?**

We run Dunell's, a local, independent wine and spirit merchant and as part of our 50th anniversary celebrations in 2019, we thought it would be a great idea to create a new product we could call our own, which is when we released Pink Granite gin.

**What's your favourite way to enjoy what you produce?**

It's fantastic neat but our favourite G&T combination is 50ml of Pink Granite, ice, a few fresh raspberries, a fresh basil leaf and topped with Fever Tree Aromatic Tonic.

**Where can we buy/find your products?**

Available at Dunell's, Love Wine, Victor Hugo, Corkscrew, Co-op, Vinifera, Rondel's Farm Shop, Woodside Flowers, Gallery Café, Condor Ferries and is also available to enjoy in over 50 hotels, bars and restaurants in Jersey.



# Luke Wheadon & Will Byrne

## Channel Islands Liquor Company



Luke and apprentice distiller Will produce unique premium hand-crafted gin and rum, which are distilled in very small batches on the islands of Guernsey and Jersey. This ever-growing business started life as a result of Luke simply experimenting with making gin for his own bar in Guernsey, and the rest is history!

**Describe your product in three words:**

Innovative, distinctive, local.

**What prompted you to start producing?**

Having been a professional chef, I've always been drawn to flavour, in fact I'm infatuated with it. Five years ago I bought a two-litre still and started playing around with different gin flavours and launched Wheadon's Gin in June 2016. We now have a distillery in Guernsey and opened the Sail Loft Distillery in Jersey last year and currently produce four gins and a rum.

**What's your favourite way to enjoy what you produce?**

All of our products are designed to be drunk neat, as simple serves or in cocktails. My favourite pour for Indica Rum is in an Old Fashioned, Rock Samphire and Pink Grapefruit gin in a GnT, Mandarin Lime and Hibiscus with Fever Tree Aromatic and Yuzu gin in a Yuzu martini.

**Where can we buy/find your products?**

Wheadon's Gins and Indica Rum are available in most bars on island and you can buy bottles from Dunell's, LoveWine, Victor Hugo and Randall's and are also featured in some Co-Ops and Morrissons stores.



## Tim Crowley

### La Mare Wine Estate



La Mare Wine Estate is a 20 acre working estate nestled in the heart of the St Mary countryside. Well known for their wines, they also produce a range of spirits and liqueurs, all made in their in-house distillery which you can see their processes in action.

#### Describe your product in three words

Royal Gin - traditional, delicate, delicious and Jersey Apple Brandy - aromatic, refined, elegant.

#### What prompted you to start producing?

The inspiration really comes for the Jersey terroir. The Brandy's made from locally grown apples since 1994, and about 10 years ago the Royal Vodka and Royal Gin brands were inspired by the Jersey Royal potato. I simply love all things Jersey!

#### What's your favourite way to enjoy what you produce?

I do love a Royal Pink Gin and tonic just about any time to be honest and a glass of Jersey Apple Brandy is my treat after a really nice dinner.

#### Where can we buy/find your products?

At most bars and restaurants around the island as well as the Co-op and Waitrose stores and of course not forgetting our own stores, Maison De Jersey in King Street, our Duty Free store at Jersey Airport and at the La Mare Wine Estate in St Mary where you can enjoy a tour to see the process.

# Alex Curtis

## La Cote Distillery

La Cote Distillery is a small batch artisan distillery in Jersey. They specialise in making craft spirits from “Grain to Glass” and all their products are recognised by Genuine Jersey for their local production.

**Describe your product in three words:**  
Genuine Jersey spirits.

**What prompted you to start producing?**

I enjoyed speciality coffee and tea and became interested in the variety that small distillers and brewers provide and the opportunities to share these in the community. After small-scale brewing from grain I believe I became Britain's youngest legitimate independent distiller.

**What's your favourite way to enjoy what you produce?**

Our spirits are made from British barley in Jersey, they're extremely smooth and complex. I like them straight or with ice, or our gins with a sharp tonic and citrus.

**Where can we buy/find your products?**

You can find our spirits on sale at Corkscrew in the Central Market but listen out for more locations soon!





## Dany Lancaster

### Sippin Gin



The Rhubarb Gin is created by Sumas Restaurant executive chef Dany Lancaster and restaurateurs Paul and Tara Dufty. Sipping includes eight different botanicals focusing on juniper and citrus flavours, which enhance the locally-sourced rhubarb flavour.

**Describe your product in three words:**  
Local flavour driven.

**What prompted you to start producing?**

I hated gin and could never understand why people liked it, I always thought it was a Nan's drink. Then a good friend introduced me to Monkey 47 about six years ago. From then on I bought every gin I liked the look of, studied the flavours and learnt to understand the

complexities of gin. Then one day I bought a small, 10-litre alembic still and a few months later I created Sippin, using rhubarb from the island.

**What's your favourite way to enjoy what you produce?**

For me the best way to serve Sippin is keep it simple, no bouquets of herbs, no elaborate garnishes, just ginger ale with a slice of pink grapefruit or a simple Indian tonic with a wedge of orange, and ice.

**Where can we buy/find your products?**

Love Wine has always been a great supporter of what we do, as have JB's and KraftyJ's. We've just started working with The Liberation Group and Randall's too, so hopefully you'll be able to drink it in every bar on the island!

We're working on  
something sweet...



BRAND  
NEW  
LOOK!

appetite

COMING THIS EASTER





## GREENHILLS COUNTRY HOUSE HOTEL EVENT

*Le Mont de L'Ecole, St Peter*

Thursday 6th February

Greenhills Country House Hotel opened its doors for a special VIP event last month to thank those partners that had supported the hotel over the past year. Guests were welcomed with Centenary cocktails; the George Frederick and the Adelina Beatrice, especially created and named after the founders of Seymour Hotels. After a brief introduction by David Seymour and screening of the Seymour

Hotels Centenary film the guests made their way through to the restaurant to enjoy a masterclass in flambé cooking by the talented Greenhills team. Oliver Appleyard, Group Marketing Manager for the Seymour Group said "this event is all about thanks, allowing our guests to enjoy superb hospitality and demonstrate the flexibility the hotel has to provide outstanding events."



## THE ATLANTIC HOTEL OPENING EVENT

*At the hotel*

Thursday 6th February

Celebrating its 50th anniversary this year, The Atlantic Hotel welcomed in 2020 with an exclusive opening event on Thursday 6th February. Guests were greeted by a spectacular sunset over the headland and ushered into the hotel with music from the Jessica Lloyd Duo on the hotel's baby grand piano. Executive

Chef Will Holland and his brigade created delicious canapés as a taster of the fresh locally sourced cuisine from Ocean Restaurant. A raffle featuring luxury prizes concluded the celebratory evening. It was the perfect start to the hotel's golden year!



IF YOU WOULD LIKE YOUR EVENT COVERED, PLEASE CONTACT US ON [PAPARAZZI@FACTORY.JE](mailto:PAPARAZZI@FACTORY.JE)

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## JERSEY NETBALL ASSOCIATION NET 'BALL'

*Radisson Blu Waterfront Hotel*  
31st January

The Oak-sponsored Jersey Netball Association's Net 'Ball' took place on 31 January at the Radisson Blu Waterfront Hotel to recognise academy players and Team Jets for their accomplishments throughout the 2018/2019 season.

Netball star Serena Guthrie MBE attended the ceremony as a special guest to present the prizes and was also awarded Honorary Life

Member and Ambassador of the Association. Serena grew up in Jersey playing for Team Jets before helping secure gold in the 2018 Commonwealth Games and captain England to bronze in the 2019 Netball World Cup.

During the celebration Serena took part in a Q&A session and £7,450 was raised to support the JNA's offering to young players.



## JERSEY JUNIOR LAWYERS ASSOCIATION BLACK TIE BALL

*Pomme d'Or Hotel*  
7th February

The future stars of Jersey's legal sector gathered once again for their annual black tie event last month, showing that the sector is as capable of looking like they're at the Oscars as they are carefully scrutinising the finer elements of your conveyancing contract. With over 60 attendees from the majority of firms

in the island, the JJLA tell us it's one of many exciting events they have lined up for the year. If you would like to become a member, please contact the JJLA Committee at: [contact@jjla.events](mailto:contact@jjla.events)



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## THE MANSELL COLLECTION RAMP LAUNCH

*St Aubin's Road*  
21st February

The Mansell Collection ushered in a new era on Friday 21st of February, as guests were invited to experience the reimagining of the enterprise. DJ Ben Newman performed to the glowing backdrop of the on-site workshop and catering company, Truffle, served guests refreshments from the back of an award-winning pickup truck. New CEO, Greg Mansell, officially

launched The Ramp, now home to BMW Motorrad and pre-loved motorbikes, framed by the history of his father's Formula One World Championship. The space, with a new service centre being built, bike tours being planned, and major events being showcased, is expected to attract a new crowd through its doors.



## THE CONNOR BROTHERS EXHIBITION PREVIEW

*Private & Public - Sommerville House*  
13th February

As we're just over the road, we always pop over to see exhibition launches at Private and Public. Last month we cruised over to check out the 1950s-inspired satirical works of The Connor Brothers, with the amusingly titled 'I Can Resist Everything Except Temptation'. The exhibition's title refers to the 'social-media obsessed and post-truth age we live in'.

The images are bold and canvases large; truly statement pieces from a pair of brothers who have gained strong notoriety in the art world, taking the visual images of Pulp Fiction novels and juxtaposing them with sometimes provocative annotations. Swing by and check them out, the exhibition runs until the 13th March.

# BRIDALBIBLE

/ WEDDINGS IN JERSEY





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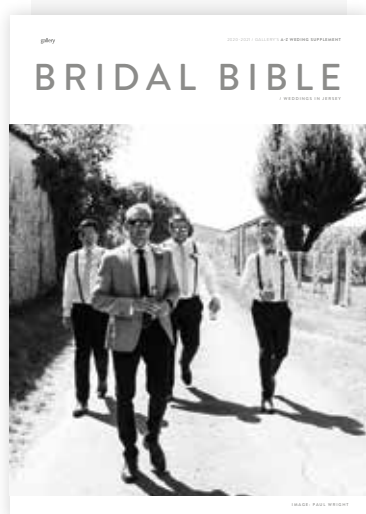
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## COVER CREDITS

The wedding of  
Amy & Mark

Photo by  
Paul Wright Photography

## PHOTOGRAPHERS

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Max Burnett  
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Nigel John  
Paul Wright  
Robbie Dark  
Weddings\_M

## PRETTY BRIDAL DRAWINGS

Rosie Evans



## Welcome to gallery's 2020 Bridal Bible

So you're getting married! Eek, wahoo and good luck!

It is our mission to inspire you with new ideas and help with the practicalities of planning a wedding in Jersey.

The next twenty-eight pages are full to the brim with expert advice, top tips and a whole plethora of prettiness and wonder that you can incorporate into your big day. From beauty basics to finding 'the' dress, we've tracked down the best people to help guide you through this fantastic time.

Our handy A-Z format means that everything is laid out as easy to absorb bite-size information. We've tried to make this guide useful for all ages, so if you're being swept off your feet at 16 or have only just met Mr Right at 81 then there should still be something in here for you.

Make sure you check out the fab make up guide from Kiss And Make Up and also we've included lots of amazing local weddings to swoon over. Our wedding checklist is one of the best in the business, so, as long as you've checked off all those boxes, then you are ready to tie the knot.

Enjoy your planning and try and refrain from being too much of a bridezilla, although this is your moment, so milk it!

## Team Gallery

*Newly refurbished, why settle for anything less than Grand?*

Our Grand Suite has undergone a €400,000 makeover and two large skylights now flood the area with natural daylight. The new purpose built bar and colour changing lights further enhance the ambiance, making it the perfect venue for your special day.

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**GRAND JERSEY**  
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A

## Amazing Anna

We met up with a few Jersey Brides who all have one thing in common; the oh-so-talented Anna Trigg and her brilliant bridal wear.



## Claire Cracknell

"I had an idea of what I wanted but I never expected for it to turn out how it did. This is all down to one special lady.

I went along to see Anna and she said that whatever I wanted she would be able to create - and that she did! My wish was for a design where I could incorporate a 'boat neckline' with an off the shoulder look. Over the weeks and months leading up to the wedding the dress evolved into something so beautiful.

Anna worked tirelessly, hand stitching the crystals onto my dress and I had numerous fittings getting the length and fit perfect. Anna goes that extra mile to make the whole experience amazing and one I will never forget. The result was my beautiful wedding gown which I will cherish always."

Photography by Weddings\_M Matt Porteous



## Natasha Doublard

"I always had a vision of what my ideal wedding dress would look like, the only problem was I couldn't find the right dress. Anna really listened to me when I explained the style of dress wanted to wear. I found an image of the most perfect Sottero and Midgley dress on Pinterest and was amazed when Anna said she was able to order it for me to try on.

Anna and I worked as a team to customise the dress and she also created a bespoke veil to match the detailing on my dress which gave me the traditional look I was after for my church ceremony, but when taken off gave me the perfect 1940's Hollywood glam look for the evening reception.

I loved our dress fitting appointments and really appreciated the time she spent making sure everything was absolutely perfect."

Photography by Britta Marie



## Lynda McKenna

"When it came to my wedding dress Anna Trigg was the only person I was going to see. I loved every part of the experience, from the minute I walked through her shop door.

Anna made my dream become reality. She started with a simple dress and with her amazing seamstress skills and creative vision I walked down the aisle in the most stunning dress. I often take my dress out at home just to look at it!

Anna made an incredible detachable train which I took off for the evening and replaced it with a beautiful jewelled belt - I felt a million dollars."

Photography by Ted Murphy

# Anna Trigg

Anna is an amazing lady and I would recommend all brides to be to go to see her. To book an appointment call 877304 or visit [annatrigg.com](http://annatrigg.com) for more information.

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## B

## Beautiful

St Brelade's Bay Hotel can have your whole wedding covered, down to the finest detail. What we love most is that they put the bride at the very heart of things, so you can indulge in a glass of champagne looking out to sea before your all-important pre-wedding pampering gets underway. What better way for a bride and her bridesmaids to prepare for the big day than with a wonderful bit of R&R at their amazing spa and hair salon?

From a quick mani-pedi and blow-dry, to a full spa day, finishing with an up-do, they can tailor a package to suit your needs. Designed to reflect the elegance of its surroundings, St Brelade's Bay Hotel Spa and Salon has a welcoming and friendly atmosphere, which is sure to put you at ease on your big day. Bliss.



Your wedding day is so much more than just a day. From engagement to vows to glorious honeymoon, Chateau Le Chaire will make every moment unforgettable.

Originally built in 1843 the hotel is a hidden gem which boasts historical beauty and is a listed site of special interest by local heritage. The hotel today offers a modern twist to the original building whilst maintaining the charm and warmth you would expect from such a venue.

The hotel is the perfect place to host an elegant wedding and reception, they are

also a Jersey approved venue for civil ceremonies and partnerships. Their team offer advice and recommendations to you during planning and they are on hand throughout your big day to ensure your event goes smoothly. The hotel is set in 8 acres of terraced woodland and a two minute stroll from the beach and sea at Rozel Bay so it's also the perfect place to capture those romantic moments for your photo album.

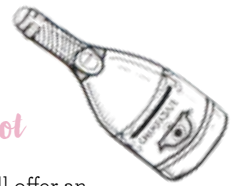
Visit their website to see their brilliant packages or you can custom your own dream wedding.

[www.chateau-la-chaire.co.uk](http://www.chateau-la-chaire.co.uk)



## E

## Engagement Shoot



Many photographers will offer an engagement photoshoot before the wedding so that you can start to feel relaxed in front of the camera, head off to a favourite spot with your loved one and get some fun snaps to treasure.

D  
Design

Wedding stationery sets the whole tone of the wedding and it doesn't just stop at the invites, your designer will be able to create stunning table plans and orders of services as well as a whole host of pretty extras. We've got lots of talented people to choose from here in Jersey, so get googling.

*Image showcasing Paper Vows bespoke stationery designs / Image of a wedding invite by Maisie Moo Designs*



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## G

## Get Gorgeous

With lip enhancement becoming more popular by the minute, more women than ever are helping themselves to a Kylie Jenner worthy pout.

The wonderful team at The Laser Centre can give you a fuller, soft and natural looking pout for your wedding photos and of course that all important first kiss!

Try this treatment ahead of time to make sure that you will like the way you look on your wedding day. It's always best to take a conservative approach and start small, you can increase your dosage next time if you decide you want a more dramatic look. Lip fillers normally last between 4 and 7 months, so keep that in mind as you're planning your timeline.

[www.thelasercentrejersey.co.uk](http://www.thelasercentrejersey.co.uk)

## H

## Hello There!

Are you going to see your loved one before you tie the knot, or keep it traditional and see them at the altar?



Images

A fantastic way to get some great photos is to have a Jersey Party Booth at your wedding, with simple touch screen technology it will also entertain guest of all ages!

Pictures are instantly printed so that your guests can have a lovely keepsake reminding them of the fun they had at your wedding, and you'll also get to see all the digital versions.

[jerseypartybooth.com](http://jerseypartybooth.com)

## J

## Jewellery



Looking for something very particular for yourself or your loved one? Aurum have been designing and creating unique engagement rings with a personal twist for 50 years, in their workshop. Working closely with our designer, Alexa Blampied, you can create the engagement ring of your dreams.

Looking for something other than diamonds? They also have fun and contemporary jewellery to complement any outfit, making perfect gifts for all tastes and budgets.

## Keep calm they've got it covered – the Radisson Blu



## K

Boasting enviable views over the sun-kissed Elizabeth Marina, Elizabeth Castle and St Aubin's Bay coupled with their Yes I Can service, the Radisson Blu Waterfront Hotel, Jersey has something for you.

Whether you wish to hold your entire ceremony at the fully wedding licensed hotel or simply a stunning reception, the sparkling marina provides the idyllic backdrop. Exceeding expectations, the venue, views and staff combine to make your day as special as it should be. The exquisite Le Hocq Suite, residing on the top floor of the

hotel, offers the wow factor with panoramic views over Elizabeth Castle. The perfect romantic setting for intimate ceremonies and receptions for up to 80 guests, Le Hocq is flanked by two luxury bedroom suites which can accommodate the bride and groom and other VIP guests.

In addition to this, the hotel's south-facing Waterfront Terrace is ideal for chilled welcome drinks and a beautiful setting for stunning photos. Adjoining the restaurant, the modern glass-fronted Elizabeth Room accommodates up to 80 guests for private dining and benefits from a private terrace area with uninterrupted views of the marina. For larger ceremonies and receptions the Rocco Suite can cater for up to 250 friends and family who wish to celebrate the big day.

Their Executive Chef delivers a medley of indulgent menus in their suggested wedding packages. For couples with their own proposals the chef can offer creative suggestions to suit your theme or tradition. With 195 luxuriously-appointed bedrooms and suites, a state of the art health suite, a first class restaurant and cocktail bar, guests can take advantage of the views, service and amenities on your big day.

For civil ceremonies and intimate dinners, chic receptions and sparkling parties, their sole aim is making the perfect day for you.

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Photo credits: Max Burnett Photography

Please ask for Polly or Claire to help with your enquiry





Love of your life – of course  
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## **Sanela & Jamie Stevenson**

*Married on 6th July 2019  
at La Mare Vineyards*

### ***The Wow-Factor Dress***

*The 'Milady' Dress by Pronovias  
from Ellis Collections.*

A dream dress in crepe with mermaid cut, V-neck and cap sleeves. Subtle sequins dot this delicate bodice of scalloped Chantilly lace, which travels into the sleek skirt of fitted crepe for a sweet peplum effect.

*Photography by Andy Le Gresley.*







CONTINUED...





CONTINUED...

## Gemma & Martin Pallot

Married on 4th October  
at Stodola Suška in the  
Czech Republic

### The Show Stopper Dress

The 'Lavender' Dress by Enzoani  
from Ellis Collections.

As sweet as can be with an undeniable allure, this modified A-line beauty is captivating. The unlined V-neckline bodice has a beautiful scalloped lace edge that is complemented with the prettiest floral motif appliques. A bejeweled belt dazzles at the waistline as delicately placed lace appliques and tulle form a cascading, dreamy skirt. A lace-framed, low open back is the high impact detail that makes this dress shine!

Photography by Honza Martinec.







YOUR ULTIMATE  
*Bridal Beauty*  
COUNTDOWN





For many brides, perfecting the ideal beauty routine is often something that is easily forgotten about in favour of the other important planning and preparation that goes into organising a wedding.

However, this is equally important and shouldn't be missed out on!

Because we understand you'll want to look picture-perfect for your wedding day, we've put together a countdown for brides to look at when you should start considering different beauty treatments, so you don't leave everything last minute.

### 3 Months: *Cristal Cryolipolysis Body Contouring*

To achieve a perfect, beautiful silhouette in your wedding gown, treatments such as Cristal will help to sculpt your body and give you a boost of confidence. Non-invasive and giving you only slight downtime, it will treat those smaller areas of fatty deposits in your body that are hard to target and the best thing is that you can keep the results of the treatment forever by adjusting to a healthy lifestyle and diet!

In addition, results continue to improve for up to 12 weeks, so make sure to undergo Cristal treatments around 3 months before your big day to ensure the best results. Diet-resistant areas, such as your tummy, back, thighs and underarms, will look fantastic (especially as Cristal will help to tighten your skin too) and help you to feel confident enough to take a thousand photos on your wedding day!

### 2 Months: *Semi-permanent Makeup*

Sitting down to get your makeup done on the day of your wedding can take up a lot of precious time, especially when you're eager to get it done so that you can move on to what really matters, getting married.

Why not bypass all this by opting for semi-permanent makeup instead? At our clinics, we offer a procedure that implants pigment into the dermal layers of the skin, mimicking the look of makeup or natural eyebrows. This simple procedure is a favourite of many celebrities, as it enhances your natural features and creates flattering shapes tailored to each individual.

Because semi-permanent makeup offers long-lasting results, it's no wonder this is also a treatment favoured by brides around the world. No more worrying about getting ready on time or stressing about smudging your makeup right before walking down the aisle – get it done 2 months in advance to give yourself time for potential touch-ups or revisions.

### 1 Month: *Augment your Natural Beauty*

For those wanting to enhance their features on their special day – as well as enjoy beautiful pictures for posterity – dermal fillers are a great choice.

In addition to enhancing your facial structure, this treatment will also smooth the appearance of fine lines and wrinkles and restore any lost volume.

The result? A smooth, more youthful complexion that we're confident you'll love!

You can also complete the look with some subtle lip definition, which will ensure fuller, more sensuous lips that complement your facial proportions.

The minimal downtime associated with our dermal fillers procedure – as well as their duration – means that you can cross it off your wedding to-do list four weeks ahead of the big day; this way, you can simply focus on the million other things you need to complete before saying 'I do'.

### A few days before: *The Ultimate Glowing Skin*

As the star of the show you'll want to make sure that your complexion looks fantastic in pictures that will last a lifetime. A hydrafacial treatment can help you achieve the clear skin and glowing complexion you've always dreamed of for your wedding day. This treatment is far from generic skin therapy; on the contrary, hydrafacial has a cult celebrity following due to leaving your skin brighter and refreshed and your pores unclogged; it also removes dead skin and dirt during its deep extraction process. This treatment is the only one to combine cleansing, exfoliation, extraction, hydration, antioxidant protection and red led light therapy.

You'll get instant results in the form of a healthier and more youthful-looking complexion – perfect for a whole day of having your photo taken!



This bridal beauty countdown is designed to prevent any eleventh-hour issues from cropping up. The last thing you want is to have everything to do before the big day because you ran out of time or something unexpected came up – by handling your beauty treatments ahead of time, you can save yourself a world of trouble and wedding-related anxiety!

At our clinics, we specialise in offering world-class treatments that will give you the look you've always wanted to achieve – whether or not you left them for those last-minute moments before your wedding. Just talk to our friendly team who will be more than happy to discuss your needs with you.

For more info or to book an appointment please call us on **01534 625090**.

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**Mr Liaquat Verjee** FRCS(Plast)  
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By choosing a marquee, you have a completely blank canvas, on a picturesque site of your choice, where you can create a bespoke and magical experience for yourself and your guests. Whether you are holding your wedding at home or at one of their many venues, the Marquee Solutions team are here to ensure that your needs are dealt with in a professional and enthusiastic manner as they pride ourselves on making your big day one to remember.

The distinctive style of marquees is complimented by a wide range of interiors that will reflect and enhance the atmosphere of the occasion, creating an unforgettable experience for you and your guests.

*Photo credits clockwise from left; Robbie Dark, Max Burnett, Nigel John.*



On your wedding day your hair and make up should be flawless. You may want something subtle and pretty or glamorously vintage for your big day. Decia de Jesus from Kiss & Make Up works with brides to make them look and feel the very best version of themselves. Each bride's vision is unique, so Decia will start the process with a one-on-one consultation to chat over all the details and work together to achieve your perfect look.

*Visit [www.kissandmake-up.co](http://www.kissandmake-up.co) to see examples of her beautiful work.*



## Oh Wow!

Whether you're planning a simple, intimate ceremony or a lavish banquet, your day will be made even more memorable set against the backdrop of an historic site. Jersey Heritage are amongst the catalogue of approved suppliers on the well-respected Rock My Wedding blog.

With a great choice of outside and inside locations, ranging in capacity from 20-250 guests for ceremonies & receptions, including a wedding coordinator on hand, your day will be everything you have dreamed of.

Jersey Heritage are proud to host both religious and civil ceremonies, from the intimate setting of La Hougue Bie chapel for 25 guests, to the impressive Great Hall at Victoria College. You

can even add some adventure to your special day by taking a ferry across to Elizabeth castle for your ceremony.

If you are looking for an impressive venue for a marquee reception then you are spoiled for choice at our Hamptonne Country Life museum with its idyllic surrounding meadows. Ancient La Hougue Bie is home to a canopy of mature trees offering a peaceful and organic setting. Mont Orgueil with spectacular views across to the twinkling lights of France.

Jersey Heritage sites offer several stunning indoor reception areas, including the Medieval Great Hall at the top of Mont Orgueil with its striking vaulted ceiling or the intimate surroundings of the gas-lit Victorian House at the Jersey Museum with an outside courtyard.



*Contact Jersey Heritage to discuss how to make your Wedding day an historic occasion. 01534 633332.*

*Photos, left to right, by Robbie Dark, Melissa Rodrigues and Natalie Mayer.*



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AA





*With wedding season fast approaching we are super excited here at La Mare Wine Estate.*

Romance is most certainly in the air and we're looking forward to hosting some fantastic weddings and civil ceremonies in 2020.

Our new function room has already proved a big hit with couples. A stunning blend of beautiful natural oak and glass incorporating large floor to ceiling windows the space certainly make the most of the natural light with magnificent views of the vineyard, orchards and gardens.

Nestled quietly in the St Mary countryside the Estate offers a range of fabulous event spaces, perfect whatever your needs; be that drinks on the lawn, the picturesque garden room for an intimate ceremony through to a grander affair in a marquee attached to the stunning 18th Century Jersey granite farmhouse. Plus, there are endless elegant photo opportunities, it's a perfect spot to capture some of those memorable moments and exclusive use makes it even more personal.

Menus, as you would expect are bursting with local produce and wines are supplied directly from La Mare Wine Estate's carefully chosen wine list, which includes an excellent selection from around the world.

Every celebration, be it lavish and decadent or elegant and intimate, is special and our friendly experienced team are well versed in them all! We'd be delighted to help guide you every step of the way. We don't only focus on the big day either; we can also assist with ideas for the fun in the run-up such as hen and stag parties, why not try a chocolate-making workshop where you can make your own luxury truffles with lots of take home treats too!

And don't forget the favours. For something special how about delicious hand-made chocolate favours; or Royal Gin, Royal Vodka, Jersey Apple Brandy and Jersey Apple Brandy Cream miniatures? There are a range of table gift options all created on the estate to give your guests a personal thank you.

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# Weddings



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# A new lease of life, how to recycle jewellery

**WORDS** Iona Wiseman

Open any jewellery box and, without doubt, lurking in its depths will be several pieces inherited or gifted from beloved relatives, that, while of huge sentimental value, never see the light of day. Many may well feature stunning gemstones but the design or style of the piece is either dated or not to your taste, or there is the danger of losing the stones due to thin shanks or worn out claws.

Recycling the metal and gemstones from old jewellery is a great way of retaining all the memories and significance that go with them but creating a piece of jewellery that is true to the owner's own taste and style.

## Recycling jewellery

Jewellery and gemstones have been recycled for hundreds of years. One of the most famous stones that has lived on across the centuries is the Sapphire set in the Maltese Cross on top of the Imperial State Crown. Legend has it that it belonged to Edward the Confessor in the 11th Century and was buried with him, but in Tudor times, while he was being reinterred, it was removed.

A more recent example of recycling gemstones is Meghan Markle, the Duchess of Sussex's engagement ring, which features two small diamonds from Princess Diana's personal collection.

Redesigning or remodelling jewellery can also give it a new lease of life. Among the inherited jewellery languishing in dusty jewellery boxes will be brooches. Once hugely popular at a time when no outfit was complete without

one, these items are now considered very old-fashioned and rarely worn. But by reusing the materials and stones the brooch was made from, a whole new and unique piece, such as a ring, earrings or a pendant, can be created. In this way both the financial and emotional value of the original is retained, while making it a more wearable piece. However, if you love the brooch but just wouldn't wear it as a brooch then making it into a pendant and keeping the design is relatively easy alteration to achieve.

## Reselling gemstones

Far from restricting a jewellery designer's creativity, an old piece of jewellery and the sentiment and story that comes with it can be a huge source of inspiration. Local jewellers, Rivoli, offers a remodelling service and relishes the challenge of taking an existing piece and turning it into something modern and wearable, while retaining the essence of the old.

"Remodelling older pieces of jewellery and reusing gemstones such as diamonds, sapphires or rubies in engagement rings is a trend that we are seeing more and more" says Deb Macklin, jewellery designer at Rivoli

Jewellers. "It makes the jewellery very personal".

## Keeping Memories Alive

Jewellery inherited from loved ones or handed down from previous generations is precious and may simply be in need of a new lease of life. A simple alteration or re-design around the original stones or metal will retain any sentimental value while creating a piece that suits your style.

Having made a beautiful new piece of jewellery don't forget to make a note of its significance and provenance. A handwritten note in your jewellery box will ensure that generations to come will know that, for example, your pendant features diamonds from Granny's engagement ring. That way the memories and the significance of the stones live on.



For further information on redesigning or remodelling your jewellery, please contact Rivoli Jewellers on 01534 601930, email [shop@rivolijewellers.co.uk](mailto:shop@rivolijewellers.co.uk).

For further information on redesigning or remodelling your jewellery, please contact Rivoli Jewellers on 01534 601930, email [shop@rivolijewellers.co.uk](mailto:shop@rivolijewellers.co.uk) or have a look online at [www.rivolijewellers.co.uk/bespoke](http://www.rivolijewellers.co.uk/bespoke).

# Choose your ring with Jersey's Award-winning Wedding Jewellers.

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Join us at the St Brelade's Bay Hotel Wedding Fayre on Sunday 15th March 2020 and at our in-store events that run throughout the year.  
For more information see [facebook.com/rivolijewellers](https://facebook.com/rivolijewellers)

**RIVOLI**  
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Andy is an experienced and personable photographer who is truly passionate about telling stories through his imagery.

He prides himself on his highly-organised approach to the day so that everything runs smoothly, whilst ensuring his clients are able to feel relaxed and have fun with the photography and all elements of their special day.



#### Here are a few words from Andy about his style of photography:

"I've always felt really privileged to be asked to photograph someone's wedding, as it's one of the most personal and special events of their lives. When the day comes, I like to get close to the action but in a discreet and informal way, capturing the real story as it unfolds. The collection of images and stunning album that I will create for you will reflect the genuine heartfelt emotion and incredible memories of the day. They will have an intimacy that will make anyone who is looking at them feel as if they were there, reliving the story, even if they weren't."

[www.andylegresleyweddings.com](http://www.andylegresleyweddings.com)





## Paul Wright

"I've always had a passion for photography and consider myself lucky to have a career doing what I love. Weddings are wonderful, especially as you are celebrating your love with all the closest, most special people around you.

The day whizzes by like a whirlwind of beautiful, heartwarming and funny moments. The photographs are always there to cherish forever and remind you of your fabulous day.

From the moment we first meet up I can dedicate whatever time is needed to make the process perfect. On the day I like to be as unobtrusive as possible, a 'Fly on the wall', so to speak, to capture candid and

natural images reflecting the true feelings and emotions of your wedding from start to finish."

**Here is a selection of our favourite photos of Paul's from some recent local weddings:**



AMY & MARK



KAREN & PEDRO



AMY & MARK



KELLY & BEN



CAT & JOE



KAREN & PEDRO

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P

Photographer

## Danny Richardson Photography

Danny aims to provide you with a set of images that will bring back all of the emotions of your wedding day.

With a relaxed and candid approach, his style of photography is unobtrusive and looks to capture the natural story of your day - combining subtle portraits, beautiful interactions, small details and genuine reactions to weave a photographic tapestry of the most important day of your life.

*Photos from the wedding of Petra & John Lane, aka 'Lanefest Festival 2019', 7th September 2019  
They were married at St. John's Church and held their reception on private land near Sorel Point, St John.*

[dannyrichardsonphotography.com](http://dannyrichardsonphotography.com)







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# Q

## Quintessentially British Flowers

Following on from our love affair with a more relaxed wedding and boho chic brides, this year we are seeing a big trend towards wild flower wedding bouquets, full of life and colour, these bouquets will make your wedding photos pop!



# T

## Teeth Whitening

If you've been thinking about getting your teeth lightened then now is the time to head to your Dentist and discuss options.



# R

## Radiance

### Look Your Best On Your Big Day With Amala Aesthetics

There is so much to do for your wedding day, but the one thing you must not forget is to look after yourself. You need to be looking fresh and at your most beautiful for this one special day.

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*Their top 5 facial rejuvenation through non-surgical procedures for brides are:*

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3. PDO Threadlifts
4. PROFHILOSkin Bio-remodelling Treatment
5. VISCODERMSkin Hydrobooster

As every client is an individual requiring different treatments, they will provide an accurate quotation of costs following your full consultation with their aesthetic doctor.

# S

## Seymour Group

### Three perfect venues for your big day

Choosing the right venue for your big day can be one of the most time-consuming parts of wedding planning. That's why Seymour Hotels would like to propose three perfect venues, all with their own unique style to suit all budgets and occasions.



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With its central town location and superb state of the art facilities, the hotel caters for small, intimate weddings or large elaborate celebrations. It is also licensed to host Civil Ceremonies.

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#### The Greenhills Country House Hotel

This four star country house hotel oozes with rural charm. Licensed for Civil Ceremonies and with beautiful gardens, Greenhills makes the perfect setting for your special day.

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The Seymour Group have created a unique wedding package whereby a Civil Ceremony is held in the beautiful surroundings of Greenhills, followed by an evening celebration at the elegant and centrally located Pomme d'Or Hotel.

To discuss this package please contact either one of the teams at The Greenhills or Pomme d'Or hotels who will be happy to discuss your exact requirements.

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IMAGE: Andy Le Gresley Photography

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U

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Whether your wedding is elegantly traditional, smart and low key, or cool and quirky they have something for you.

They also offer a service for wedding and partygoers wishing to hire Moss Bros products in the UK for pick-up in Jersey. Similarly, for guests attending events in the UK, customers can be fitted for Moss Hire orders in Jersey and collect and/or return at stores closer to the event in mainland UK. For further details go and see their suit experts at our Moss Bros. Liberty Wharf store.  
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V  
Vino

Getting to choose the wine for the wedding is surely one of the most fun bits of the whole planning process. Book in with the teams at Dunells or Love Wine and let their pros help you choose the perfect mix to make your wedding go with a swing!

X

## The Kiss!

Our top tip is to practice the kiss! Too long and slobbery is weird, too short is awkward.



W

## Wedding Traditions

Three sweet traditions from around the world:

## Japan

The bride and groom each take three sips of sake from three cups then let their parents take sips. With everyone drinking from the same cup, a familial bond is born.

## Russia

Russian brides and grooms take bites out of a decorated sweetbread called karavaya, and whoever takes the biggest bite is declared the head of their family.

## Ireland

Couples clasp their hands together and a ribbon or rope is wrapped around their wrists to signify that the union is bound forever.



Y

## Your event, covered

As the name suggests, Vibert Marquees are a local, family run business. They pride themselves on holding family values at the heart of their approach and value the importance of communication. A friendly, experienced professional team provide a first class service and they tell us 'no question or request is too big or small', offering a personal service where no detail is overlooked.

This year they enter their 38th year in business and, with that heritage, it's easy to see why so many choose to use their

services on the island. The firm work closely with a portfolio of venues island wide from picturesque gardens, sweeping country views and locations with outstanding sea views.

Their product range includes the largest selection of marquee styles on the island, the most recent addition for 2019 is the magnificent 'Will's Tent'. They pride themselves on strong feedback, with one recent client stating, "From the first meeting to the final clear up Nigel, Georgina and their staff were professional, friendly and incredibly helpful and left no stone unturned in their attention to detail. They make a great team. I wouldn't hesitate to recommend Vibert Marquees for a wedding or any other celebration." No matter what the location or atmosphere you're looking for with your event, Vibert Marquees literally have you covered. Get in touch to meet up for a no-obligation conversation!



# beautiful weddings

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# Wedding *Zen*



## Your wedding time line checklist

### 12 months+ before your wedding

- Plan your engagement party.
- Discuss your budget with your parents or look up tips on saving for a wedding.
- Think about themes and colours for your wedding.
- Start your guest list.
- Choose wedding rings.
- Meet with and book your wedding officiant or clergyman.
- Select a date and reserve your ceremony and reception site.
- Check availability of places to stay for guests.
- Hire a wedding consultant if you're using one.
- Choose bridesmaids, groomsmen and ushers.
- Meet photographers, florists, caterers and entertainment.

### 10 months to go

- Order your wedding dress and accessories.
- Get a Pinterest account and search for lots of inspiration.
- Plan your honeymoon (book any jabs you need and check passport dates!)
- Arrange wedding transport.
- If you're planning on making anything start doing it now.
- Order your invitations and plan your order of service.
- Buy bridesmaid dresses.
- Book wedding night hotel.
- Arrange venue decor.

### 6 months to go

- Organise a hen party / stag do.
- Finalise all details with your photographers, florists, caterers and entertainment.
- Send out your invites.
- Purchase any presents for your parents and attendees.
- Select groom's tuxedo and book your hire or buy attire for groomsmen.
- Write your vows.
- Order wedding favours for your guests.
- Choose outfits for Mother of the Bride and Mother of the Groom.
- Check marriage licence requirements.
- Start thinking about your favourite music for the party.
- Purchase wedding lingerie.

### 1 month to go

- Plan a surprise, present or note for your partner for when they are getting ready without you on the morning of your wedding.
- Meet with your hairdresser and make up artist for a consultation.
- Book manicure, pedicure and spa treatment to relax.
- Break in your shoes.
- Buy a guest book.

### 1 week to go

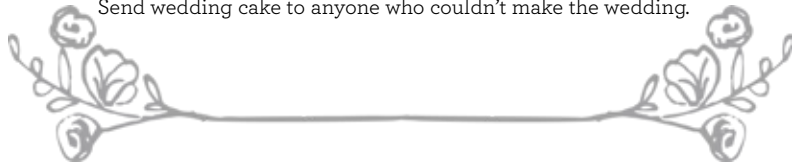
- Give final guest count to reception venue and caterer.
- Start packing for your honeymoon.
- Make sure everything fits!
- Send you wedding announcement to the JEP.
- Write any cheques required for the wedding day.
- Arrange for wedding gifts to be transported to your home.

### 1 day to go

- As Frankie says... RELAX.
- Have fun with your friends and family who have come over early.
- Start getting snap happy.
- Ensure your overnight bag is packed and delivered to your hotel.
- Speak to your attendants - check everyone knows what they need to do and when.

### After the wedding

- Make a gift list and send out your thank you notes.
- Make sure everything is sorted out for your name change.
- Send wedding cake to anyone who couldn't make the wedding.



# THE GALLERY BRIDAL BIBLE DIRECTORY



## The Bridal Boutique

This large and elegant boutique houses a large selection of wedding gowns by fabulous designers across all categories, together with an abundance of wedding accessories from veils and shoes to wedding lingerie and umbrellas! You will be hard pushed not to find the gown of your dreams inside these pretty walls. Owner Caroline will ensure that you have a magical experience that you will never forget.

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Tony & Helen Sargeant run the phenomenally successful Jersey Kitchen, renowned for its amazing food and friendly staff. Personal service and attention to detail are their hallmarks and they will oversee every aspect of your wedding from an initial informal meeting to personalised menu planning and complimentary wedding tasting right through to ensuring that everything runs seamlessly for you on the big day.

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www.jerseypartybooth.com



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Make-up shouldn't be a mask to hide behind; but rather a tool to enhance your best features, revealing your natural beauty. This is especially true for brides and this is the philosophy that makeup artist Decia swears by.

A consultation with Decia will expose her keen eye for detail as she works with you to create that signature look for your big day.

T: 07797 832851  
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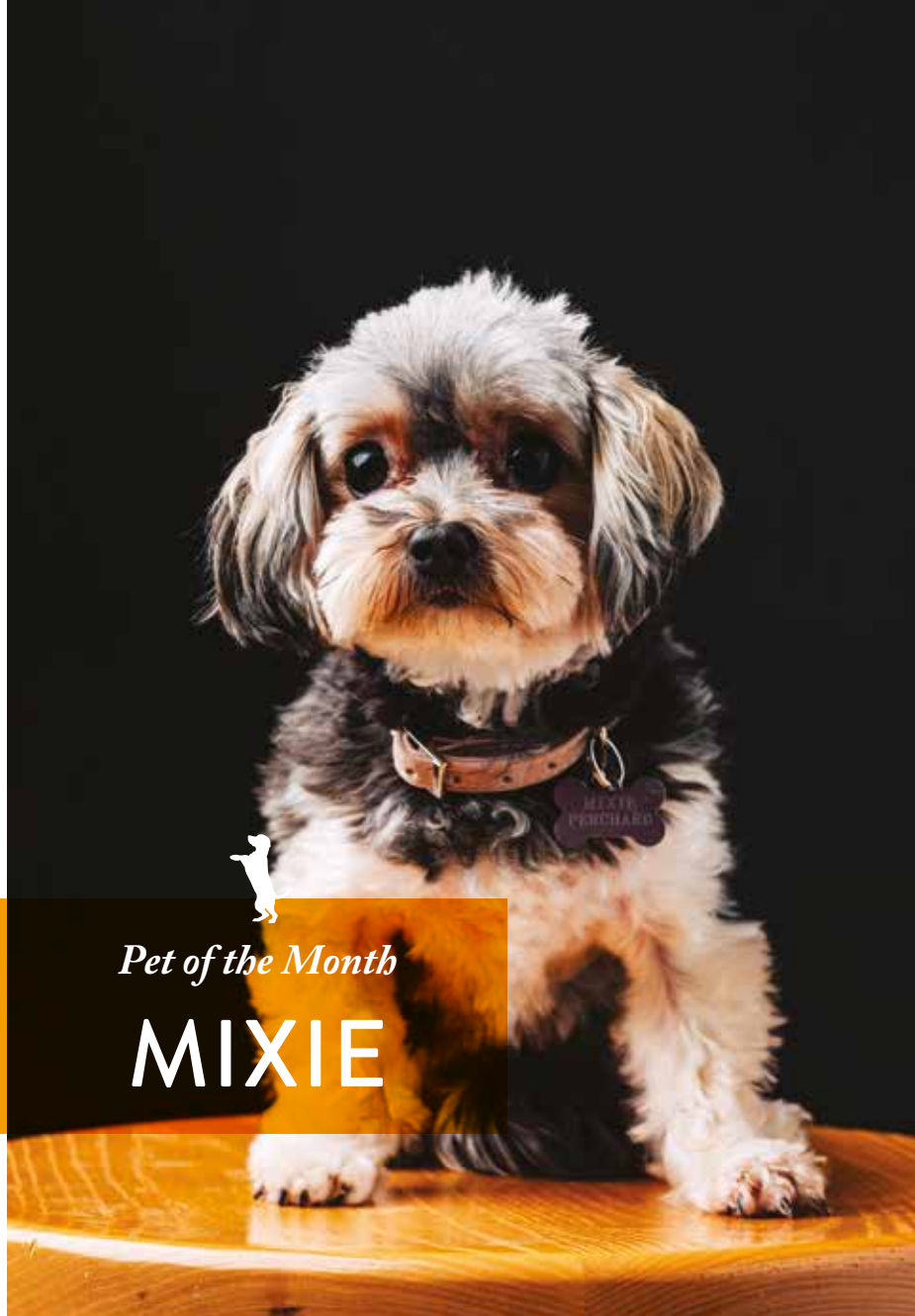
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MIKIMOTO

TUDOR

ROYAL  
ASSCHER

OMEGA



*Pet of the Month*

**MIXIE**

Photography Ollie Jones | Studio\_M

For our 'blended' edition, we went on the hunt for a mixed breed pet to feature as our Pet of the Month. We were lucky enough to meet the appropriately named Mixie, a Maltese/Yorkshire Terrier and her human, Ellie, who have a very special bond.

*How, when and why did Mixie come into your life?*

My mum got Mixie for me because I have Tuberous Sclerosis - a rare illness that can affect any organ of the body. I have non-malignant tumours in my brain and heart, causing epilepsy and heart arrhythmia, and I also suffer from anxiety. I left school at 15 because of my anxiety and I now can't leave the house unless accompanied by my mum or grandparents. Since I've got Mixie, however, I don't feel so lonely and she has become my best friend.

*Describe your perfect day together?*

Our perfect day would be going to the beach at St Brelade on a warm summer's day. We'd go paddle boarding with Mixie sat on the front of the board.

*What's the funniest memory you have of Mixie?*

The funniest memory I have of Mixie is from her first attempt at swimming in a rock pool at Plemont beach. She didn't realise how deep it was and jumped straight in!



**Mixie**

**Age:** 1.5 years

**Breed:** Maltese/Yorkshire Terrier

**Favourite food:** Chicken

**Happiest when:** Running off the lead on the beach

**Pet peeve:** Travelling in the car

**Specialist skill:** Being so cute and small. Everyone I meet loves me!

**Ellie**

**Age:** 17

**Breed:** Human

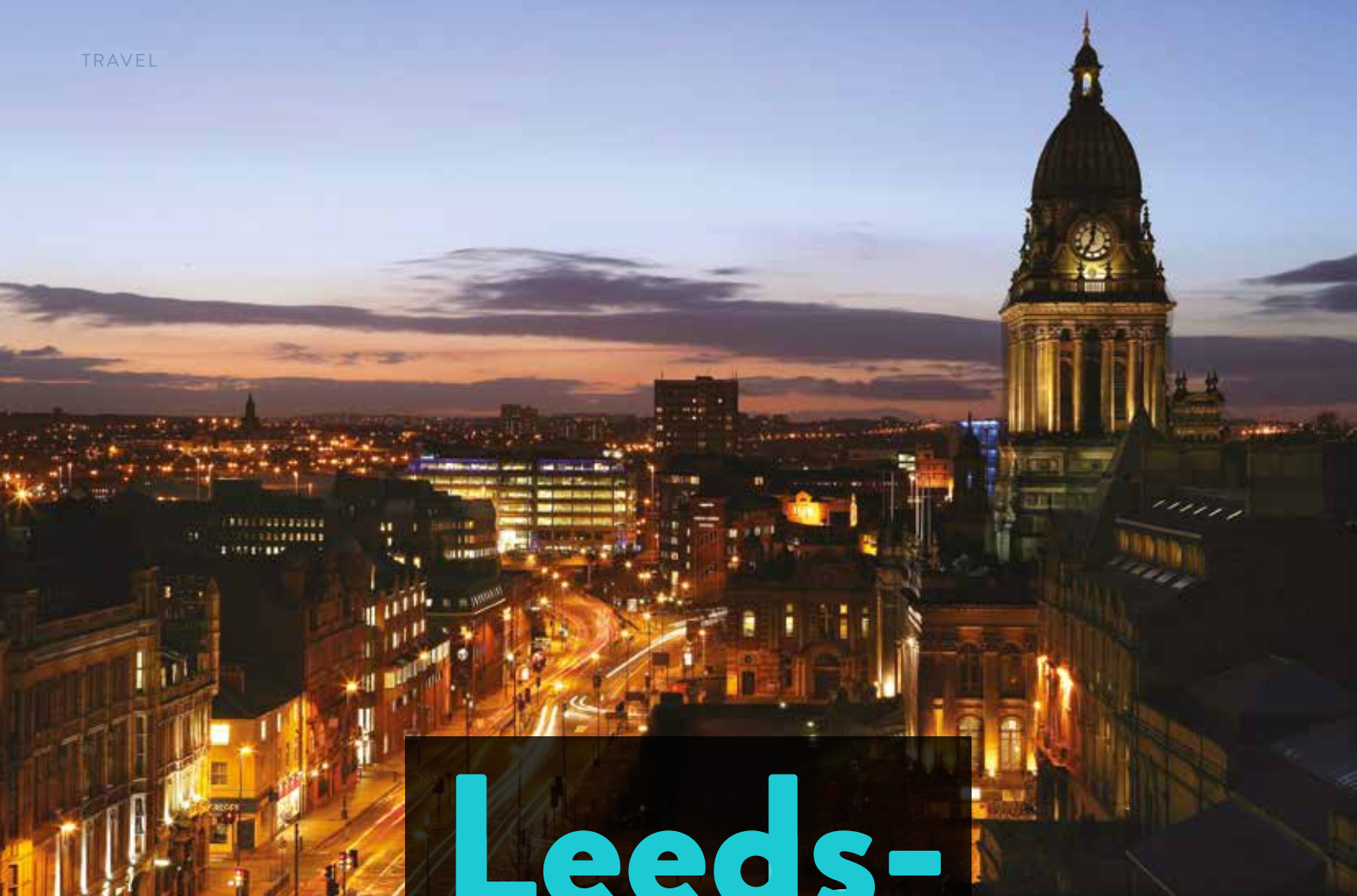
**Favourite food:** Pizza

**Happiest when:** Swimming in the sea in the summer

**Pet peeve:** When people say they have OCD when they don't

**Specialist skill:** Photography





# Leeds = Leeds

Words Rebecca Evans

*“A good banana daiquiri is hard to come by. I’ve only ever found one place in this country that makes a proper one, and that’s in Leeds”*

– Terry Pratchett

If I were biased (which, as a born and bred Loiner\*, I undoubtedly am) I’d say that Leeds, the third largest city in the UK and one of the most culturally exciting, is well worth a weekend of anyone’s time. Sadly, it often seems to be overlooked in favour of London, Southampton, Liverpool and others. So here I am on a one-woman mission to change that.

While admittedly some of the exports Leeds is best known for aren’t ideal (Jimmy Saville, Keith Lemon, a football team of questionable skill) we have plenty of more impressive claims to fame. The first commercial railway opened in Middleton in 1758, Hollywood has Leeds to thank, as the very first moving pictures were filmed in the city, and where would we buy our pants & Christmas food had Mr Marks & Mr

Spencer not joined forces in Kirkgate Market back in 1894?

The boom years began in the mid-nineteenth century with thriving manufacturing industries enabled by canal and rail links to the docks of Liverpool. Known at the time as ‘The city that makes everything’, the diversity in skills meant that Leeds was cushioned from

the worst of the post-industrial economic decline that sadly affected so many other Northern powerhouses, and these days is the wealthiest city in the North of England and home to a vibrant, eclectic and welcoming community.

Take a stroll through the compact pedestrianised city centre and the markers of affluence are there. Once referred to as 'The Knightsbridge of the North' the shopping opportunities in Leeds are unmatched outside of London. The elegant twin arcades of the Victoria Quarter and brand new stylish Victoria Gate are packed to the gold-leaf gills with designer brands, and the vast Trinity Centre is home to over 120 high street favourites and plenty of restaurants and cocktail bars for emergency mid-splurge refuelling. Pop into the beautifully preserved Corn Exchange building for 3 floors of independent businesses selling everything from unique handmade dresses to hard-to-find vinyl records or kitsch Japanese imports.

If a weekend of shopping isn't your bag (pun intended) then stash your wallet away and head for the (absolutely free) Leeds City Museum and adjacent Art Gallery, the latter of which features work by local heroes including Henry Moore and controversial cow-presenter Damien Hirst. Equally great value is the waterside Royal Armouries, where the national collection of arms & armour includes full metal suits designed for everybody from an 8 year old boy to an elephant, and more besides.

As much as there is with which to occupy oneself in Leeds by day, it's by night when the fun really ramps up. A city containing 3 universities and 65,000 students was always going to have a vibrant nightlife scene, but add to that a thriving finance and legal sector along with a friendly 'anything goes' attitude and you end up with more glamorous cocktail bars, atmospheric live music venues and hip-as-hell clubs than you can shake a stick at, along with a generous selection of cosy pubs serving so-cheap-you-question-it pints.

If watching students drink £2 snakebites isn't enough in the way of entertainment, then check listings at the First Direct Arena, Grand Theatre or the renowned City Varieties Music



Hall (whose stage was once graced by our very own Lillie Langtry) for major artists, touring West End productions and brilliant stand-up comedy.

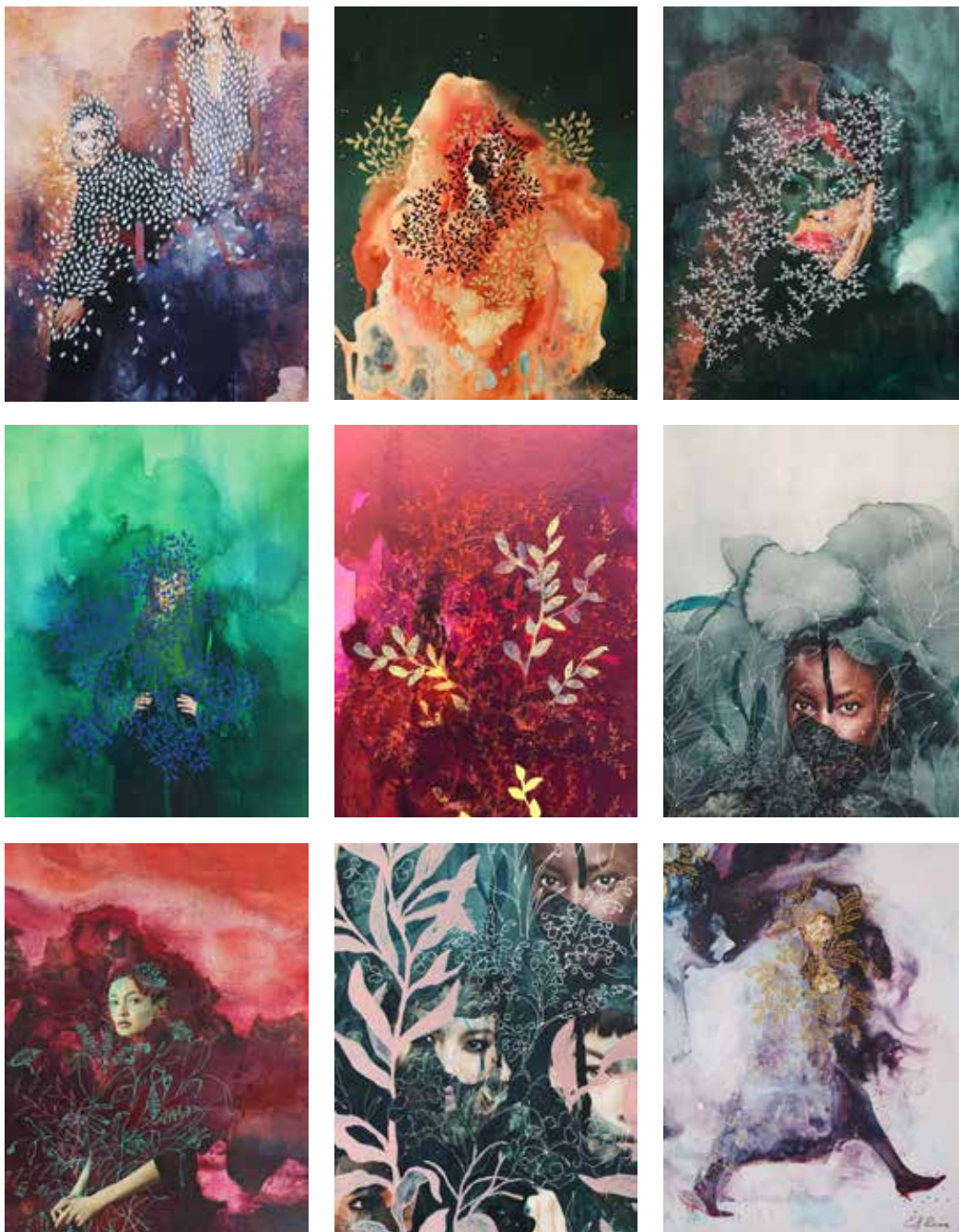
If you can manage to drag yourself away from everything that the City itself has to offer, a short train journey or brief car ride transports you into the heart of the beautiful Yorkshire Dales National Park, where steam trains chug happily across great stone viaducts and hikers set out from picturesque market-towns in search of rolling hills, tumbling waterfalls and ruined abbeys. Take your fill of clean fresh air and awe-inspiring nature, relaxed in the knowledge that you'll be back in your plush city hotel in less time than it takes to drive to from Gorey to St. Ouen.



**How to get there:** Jet2 flies from Jersey direct to Leeds Bradford Airport 3 times a week from May to September. Easyjet and Flybe both offer regular services to Manchester Airport year round, which is an easy direct train hop to Leeds City Station.

*\*Loirer: A native of Leeds.*





## SpecialBlend

*Eliza Anna Reine didn't originally plan to base herself in Jersey. It was her boyfriend, a videographer, who initially fell in love with the island, having hitch-hiked with his twin brother all the way from Latvia when he was 18. Eliza always planned to travel after she graduated, so after a year of a long distance relationship, she also decided to move to our shores, falling in love with the location and proximity to nature.*

Eliza's path to art wasn't too much of a surprise; with her Mum both an artist and opera singer, she grew up in artistic environment. Some of her first memories were 'holding a paintbrush and drawing with petals'. A love of all expressive artforms followed and Eliza initially wanted to be an artist or an actor, although she is quick

to clarify that the latter was more aligned to her thoughts as a 12 year old than her interests as she got older; acting is now far from her mind as she develops her career as a visual artist who now specialises in collage.

She never considered collage an artform but having doodled in sketchbooks and developed her interest, she's enhanced her style over seven years. The focus of Eliza's art is femininity. Experimenting with different techniques, she creates mixed media collages focusing on the female form. She combines 'silhouettes found in magazines and photographs, covering them with 'confidently loose brush strokes and delicate details'. The desire is to rewire the associations we have with the context in which woman are portrayed in advertising and media.

When recycling images, she gives them another life, taking them out of context to tell another story. Eliza plays with models' images and recreates environments around them that 'fit the women more than the scene in which they're portrayed', recoding them into a new natural world, blending their image with a new context, 'With clouds and nature you bring them a new sense of belonging. It feels like they're sending me messages in their poses to get them out of there'.

Her artwork includes vibrant color combinations, oscillating between the warm oranges, rich reds and deep purples and the cooler tones of blues, grays and whites, her collages seek to collectively represent different facets of women everywhere, like an ode to the female form. Starting with the cut-outs, which she places on a primed canvas, Eliza works in layers of color clouds, which she picks according to what she wants to attract in her life, whether it is calm or energy. Then comes the last stage which "brings it all together and gives it a formality"; delicate detailing with ink. The process of painting for Eliza is 'akin to meditation' allowing her to reflect upon her own 'internal landscape'. If, whilst painting, she is carried away and wondering through thoughts, the canvas can be quickly impasto'd but when her mind is clear only a few thin washes of layered paint will tell their own story.

Eliza's latest body of work is inspired by an ancient Latvian tradition - the celebration of summer solstice with the body of work being exhibited at Private and Public in July. Growing up in Latvia the festivity has left an immense impact on Eliza's world-view. Some of the traditions include women harvesting flowers and grasses from the meadow to weave crowns and decorate their countryside farms. Latvians believe that grasses picked during the Solstice have magical power because it is the time when nature is most active.

As Eliza puts it 'The summer solstice represents change. It signifies the changing of the seasons, acknowledging that part of the sun's cycle and its impact on earth'. Midsummer is the highpoint of nature during the year in which feminine energy is expressed and which Eliza portrays in her collages. It all returns to what originally attracted Eliza to Jersey; a celebration of nature around us that is truly mindful; "Now more than ever we need to remind each other of the importance of the alignment with it".

**See Eliza's work in her exhibition later this summer and look out for previews in our June edition.**



**JERSEY OPERA HOUSE**



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*Turn back time and celebrate the Goddess of Pop, Cher.*

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# INSIDE OUT **XII**

**06th March-15th March 2020**

**THE HARBOUR GALLERY**

In March the Harbour Gallery, St Aubin on Jersey, will be hosting the 12th annual exhibition of Prisoners' art and craft work, for the States of Jersey Prison Service (SoJPS). There will be a contribution raised from the sale of prison art which will go to The Sanctuary Trust and The Shelter Trust.

**P**rison Governor and Head of SoJPS Mr. Nick Cameron explains. "The SoJPS provides a range of interventions to support rehabilitation and a reduction in post-sentence reoffending, ranging from work and vocational skills, educational skills and offence specific programmes and 1 to 1 support. The Art exhibition also provides prisoners with an opportunity to raise money for community charities, and showcase the good work prisoners do whilst in custody, preparing for their release and successful re-integration on our island".

As part of SoJPS's education provision, art provides a means of improving the individual's resilience, provides a coping mechanism, a positive way of expressing themselves, and offers skills and knowledge that help an individual change. It can also stimulate a sense of personal well-being and improve self-esteem, so increasing the likelihood of a successful reintegration into the community.

The SoJPS has a team of teachers, one of whom is Lucy Blackmore, a qualified art teacher, who has worked for SoJPS for nearly 12 years. She says "The enthusiasm and talent amongst our prisoners is considerable and continues to grow every year. The chance to showcase prisoner work is a motivating way of engaging prisoners in creative activity. This raises individual self-esteem and opens minds to engage in other educational opportunities, and behaviour management programmes, all geared towards helping prisoners to make life improving decisions."

According to Lesley Harrison, Head of Reducing Reoffending SoJPS, 'Prisoners exhibit increased motivation and social skills after participating in art classes. Education in art at the prison has proven to have a therapeutic effect, assisting with improved thinking and social skills and greater emotional self-regulation, which as part of a

prisoners rehabilitation programme can act as a gateway to further learning through building confidence and self-esteem, and contribute to reducing reoffending'.

**"Education in art at the prison has proven to have a therapeutic effect, assisting with improved thinking and social skills and greater emotional self-regulation"**

The exhibitions so far have been a resounding success with excellent support from families, friends and the general public. The prisoners at SoJPS HMP La Moye, are producing between 60 to 100 items, ranging from paintings, to drawings, ceramics and woodwork. The exhibition is a welcome opportunity for us to display work from the inside to the outside.

We are delighted to announce the exhibition will be opened by His Excellency Sir Stephen and Lady Dalton on Friday 6th March and will be open to the public 7 days a week at the Harbour Gallery until 15th March.

## ARTHOUSE JERSEY ARTIST IN RESIDENCE

## Thomas Buckley

*"Making people feel human in a digital swaddle"*

Thomas Buckley is a projection installation artist and creative technologist. He creates immersive multimedia installations for events, festivals and fine art exhibitions. In March he will be in residence at ArtHouse Jersey with collaborators Ned Lawlor and Renske Vroonhoven, where he will be working with Islanders who remember Liberation Day to turn their memories into immersive projection experiences.

#### So what does a 'projection installation artist and creative technologist' mean exactly?

I work with technology to create art. A lot of my straight artwork is large projection work. I go into a found space, not a typical gallery, or somewhere you would usually see art, and then I come up with a concept for that space. As a creative technologist, I use technology to tell a story, to make someone feel something.

#### How did you get into this kind of work?

I signed up to do this projection event six years ago. I planned this masterpiece that included lots of different types of projections, including an old-fashioned eight millimetre one. I was setting it up and got my finger stuck in the projector and it all broke and made a hole in my finger which was a disaster! I decided to make something to calm me down - something therapeutic - so I made a digital forest projection. Now I plant digital forests all around the country. I figured if it makes me feel okay then someone else might feel okay too. My work is about making people feel human in a digital swaddle - I use technology as a poultice to draw out humanity.

#### Sound forms as much a part of your work as the visuals, is this just as important for creating the atmosphere you want in a space?

Yes absolutely. When I created a rainstorm in a grade 2 listed chapel, the visuals in a big space can create awe, but the sound of a raindrop on an umbrella is what makes it intimate.

#### You originally came to Jersey as part of ArtHouse Jersey's Artist Lock In. What was that experience like?

It was great. Working with other artists over the course of a week offered such an amazing

opportunity to collaborate. I met Renske (perfumer Renske Vroonhoven) on the Artist Lock In and we are now working together. An experience like that allows you to make strong artist connections with people and respond to the island, the culture; it feels like a real Jersey bond.

#### You currently have a digital fellowship with the RSC, what does that involve?

RSC is a powerhouse of narrative. We're working with the RSC and Magic Leap spatial computing - to expose artists to cutting edge tech. Things like motion capture, augmented reality or mixed reality. We're looking at how technology can heighten theatre and what happens there. The oldest thing we have is stories - we're looking at how we can use the tech to give us those narrative moments that people love.

#### You work in an art form that didn't exist twenty years ago. What career do you think you would have had if you were born in a different decade? Would you still be an artist?

Definitely. There is an anecdote Sarah Ellis, a leader on the fellowship told me: in Shakespeare's day, his technology was candles and he would ask audience members to come wearing glass beads and all their jewellery, so the light would reflect off the stage and heighten the experience. There have always been tools, now we just have different tools - they are just a means to an end.

#### Tell us about the Memory Bar - a concept you have created and will be bringing to Jersey. How did it come about?

So the Memory Bar is a curation of memories that have been lent to us. We interpret them

in an immersive sight and sound experience. You come into a space and you will be served a person's memory as a drink, you will become immersed in it. The idea came about when I spent some time volunteering for a loneliness charity, Together Co. A lady told me this memory she had and it made me think about ways to communicate and share that.

#### What makes a good memory for use in this way?

The memory bar is about pulling in all the senses; hearing, tasting, smelling. A good memory is something intimate and personal, and maybe a bit exposing to share, that's the moment people connect with. Perhaps it's the sadness of losing someone. People think those memories are very private but it's actually what connects people. For example, one woman shared the last memory of her mother before she passed away. It was of being on holiday, her mother feeding her oranges and the smell of her mother's perfume. Ned (Thomas' collaborator Ned Lawlor) worked to make an edible version of that perfume. It was an intense process, it was going to be healing or triggering. It turned out to be a really beautiful moment and a very poignant experience for her. People sipped that drink slowly, appreciating their own shared memories of people they had lost, it allowed people to relate and realise they are not alone.

#### Do you have any other examples of the kind of tools you use to create immersive memories?

I've created a micro projection in a biscuit tin before - you looked through a keyhole and saw a miniature room with Snow White being projected on the wall. I had a childhood memory of collecting frogspawn in a jar from ponds, so I got some vintage wind-up frog toys, and the drink was served in a jar with all these wind up toys jumping around. I like to bring out the childlike-ness of memories. If you can surprise someone with novelty and humour it makes people more open.

**WORDS** Sophie Ridgeway

Thomas Buckley, Ned Lawlor and Renske Vroonhoven will be in residence with ArtHouse Jersey during March. He will be working on *The Taste of Liberation*, creating a Memory Bar themed around recollections of Liberation Day.



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Each month, we'll be featuring a profile from the current *Direction* magazine to give you some insight into local career options.

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# Career Choices

CARPENTER & BUILDER

## Dane Sutton

Multiply Design & Build

What I do daily ranges widely depending what project we are working on at the time. I could be decking someone's garden or building a loft conversion, to designing, building and fitting a bespoke kitchen or walk-in wardrobe!

### How did you get your job?

My dad and both older brothers are also carpenters and also have their own building companies. We grew up on building sites so it would have been difficult for me to go down any other road.

### What motivates you in this role?

Progression and seeing our finished product. Hearing our client's feedback. Coming across new problems to figure out. Learning new tricks, and finding new materials, tools or techniques that can help our work quality or speed. All these things motivate me!

### Are there any future skills you will need to learn for your role?

Yes always,  $4+5=9$  but so is  $7+2$ ! There's always a different way to do things which people will find easier or better.

### What are the three most important skills required for your role?

Reliability, efficiency and an eye for detail.

### What advice would you give someone interested in a career in your profession?

Have an open mind, knowledge is power. Always look for ways to be better and get ahead. Listen, and think.

### FUN FACT

I am a big fan of mixed martial arts fighter Conor McGregor.



**Direction**  
The official annual careers publication for Skills Jersey



# Beauty *news*

## HIGH STRESS? ANXIETY? TRY ACUPUNCTURE

Words Lorna Jackson, MBAC, AFN – Health Point Clinic

Approximately 1 in 4 people in the UK will experience a mental health problem each year. 1 in 6 people in the UK report experiencing a common mental health problem (such as anxiety and depression) in any given week.

When the body feels it is under stress, the sympathetic nervous system switches on and it goes into a state of panic or “fight or flight”. Anxiety is experienced as a result, and can become chronic with prolonged exposure to this stress.

Acupuncture may help by stimulating the nervous system to release neurochemical messenger molecules, helping to regulate the body's homeostatic mechanisms, resulting in a physical and emotional change. Health Point Clinic treatments also aim to activate the parasympathetic nervous system (or the “rest and digest” function of the body) to maximise self-healing.

Research has shown Acupuncture may positively impact on the symptoms of anxiety disorders by:

*Promoting relaxation.*

*Deactivating the ‘analytical’ brain, responsible for anxiety and overthinking/worry.*

*Positively altering and benefiting the brain's mood chemistry to combat negative mindset. This is achieved via the regulation of hormones and neurotransmitters related to our mood.*

Reversing stress induced changes in behaviour and biochemistry.

Enhancing the beneficial effects as well as reducing/managing unwanted side effects of conventional treatment



approaches including medication and psycho-educational therapy.

With the right approach to healing, one that encompasses environment, lifestyle and dietary changes, living with anxiety does not need to adversely or negatively affect your lifestyle. Book in for a New Patient Consultation and Treatment today to come in and discuss your concerns. Come and see just how effective, enjoyable and relaxing Health Point Clinic treatments can be for you.

[www.healthpointclinic.co.uk](http://www.healthpointclinic.co.uk)  
01534 859348

For our **BLENDED** edition we take a look at some lovely new products perfect for concealing, correcting and highlighting; to leave you with natural looking, glowing skin.



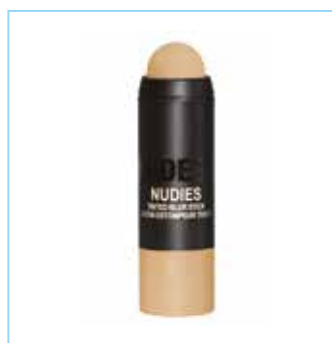
**LA MER**  
The Soft Fluid Long Wear  
Foundation SPF 20 | £79  
[deGruchy](http://deGruchy.com)

A weightless touch and natural, buildable coverage for luxurious, long wear. It's pricy, but incredible looking skin is worth paying for. Blending, healing and hydrating your skin, this gorgeous product refines the look of skin, smoothing imperfections while enhancing skin's natural beauty. Head to the de Gruchy counter to find your perfect shade.



**KIEHL'S**  
Ultra Light Daily UV Defense  
CC Cream | £25.75  
[Voisins](http://Voisins.com)

Visibly evens out skin tone while protecting skin from pollution and UV rays SPF50. Formulated with Lychee Extract, this sheer, tinted complexion-correcting formula provides coverage for a healthy-looking glow. Brightens skin's appearance and helps diminish the look of dullness and imperfections for a healthy-looking appearance



**NUDESTIX**  
Nudies Tinted Blur | £28  
[spacenk.com](http://spacenk.com)

This cool little brand is really starting to make waves in the world of beauty with their hard working, multitasking products. Their tinted blur stick creates a 'soft-focus' effect with its light reflecting mineral formula. Smoothing and blurring blemishes, discolouration, lines and pores. Well worth trying out.



**TOO FACED**  
Born This Way Turn Up The  
Light | £34  
[toofaced.com](http://toofaced.com)

Turn up the light and add dimension, lift, and luminosity with this complexion-enhancing highlighting palette created to bring out the inner radiance of your skin tone. This baked trio diffuses and refracts light for a perfectly-lit complexion anywhere you go.



# LIBERTY LOVES Mums

## MOTHER'S DAY GIFT GUIDE

1



**Hapi**

Billabong Big Trip Pant  
£58.50

2



**George**

Pink Leopard Print Satin Pyjamas  
£15.50

3



**Rococo Art & Gifts**

Bee's Knees Cushion & Message Pebble  
C: £11.95 | P: £4.50 each

4



**Laura Ashley Home**

Sweet Pea & Freesia Fragrance Set  
£22.50

5



**Pearl Poetry**

Blwa Pearl Necklace, Bracelet & Earrings  
N: £465 | B: £264 | E: £89

6



**Little Star**

Cradle & Tonic Motherhood Candle Set  
£49

7



**IQ**

Beats Solo3 Wireless Headphones  
£220



2 Minute  
Walk From the  
Bus Station & Harbour

## Discover

Stroll along the cobbled walkways and discover Liberty Wharf's eclectic range of local boutique shops, assorted eateries and high-street retailers.



**LIBERTY WHARF**

shop dine meet relax

## Opening Times

Monday - Saturday: 08:00 - 18:00

Sunday: 09:00 - 17:00

Liberty Wharf,  
St Helier, JE2 3NY

**M&S**

EST. 1884

**LAURA ASHLEY**  
HOME

**Quayside**  
SEAFOOD RESTAURANT

**VITTORIA**

**George.**

**hapi**  
lifestyle



**Rococo**  
ART & GIFTS  
Gifts from Jersey

**THE CORNISH BAKERY**

EST. 1851  
**MOSS BROS.**  
BESPOKE | READY-TO-WEAR | HIRE

**Pearl Poetry**

**BODYROX**  
LIBERTY WHARF

**GLAMOUR**  
HOUSE

**COSTA**

**little star**  
BABY & NURSERY

**SeaFish Café**

**Meat & Eat**

libertywharf.je

@LibertyWharfCI

@LibertyWharfjsy



# Brand News



## DATE FOR THE DIARY! MOTHER'S DAY IS SUNDAY 22<sup>ND</sup> MARCH

As the Spice Girls so perfectly put it "Mama I love you, Mama I care..." Show your mum some love this Mothering Sunday by treating her to something beautiful that she'll feel a million dollars in. The fashion team at de Gruchy have put together a line up of some pretty, flattering pieces which will be sure-fire hits with the mumma bears out there.

Mint Velvet | Ivory Floral Burnout Shirt | £71

Forever New | Jody Smocked tie Front Blouse | £65

L.K. Bennett | Isobel Crew Neck Blouse | £135

Phase Eight | Ikat Print Dress | £80.10

Wallis | Women's Blue Floral Print Ruffle Midi Dress | £58

*All available from de Gruchy.*



## CELEBRATE GOOD TIMES!

The beautiful Éclat Boutique in Gorey Village turned 15 last month. Full to the brim of jewellery, accessories, clothing, cosmetics, stationery, homeware and gifts. It's such a lovely shop where you can find everything from vintage and sparkly, to curious and quirky. An ideal place to pick up presents, OR treat yourself!



Devotion, Bohemian Relax Mini Dress, £210

## TREND SPOT PRETTY IN PINK

We popped into Manna this month and were struck by all the stunning pink pieces that they've got in stock. From shocking pink, to bright pastels, we are LOVING this punchy trend.



By Malene Birger, Ribbed Sleeve Knitted Jumper, £170



Essential Antwerp, Polka Dot Wrap Dress, £215

# NineBY5

Words: Laura Morel

The first few months of the year are always an enormous effort. The gloomy weather and never-ending sales make it seem like the new Spring season is a far off dream. To make matters worse I get to celebrate my birthday in these winter days, usually when no-one can afford, or has the inclination to, go out.

So this year I decided to mark the occasion with a trip to the newly revamped Square restaurant, where they truly appreciate that the best things in life are slowly aged and well worth the wait! In a new interior that provides a feast for the eyes, we enjoyed cocktails, musical entertainment and some of the best cuisine that St Helier has to offer. Maybe the one good thing about winter is the excuse to indulge in the finer things in life.

Forever New is the latest brand to drop into De Gruchy department store, providing us with a dose of Australian aesthetic that will have you longing for the summer sun and reaching for the fake tan. Think floaty and romantic designs with plenty of florals, ruffles and lace all at a very accessible price point. This pretty pale-blue mini-dress from famous Australian designer Zimmermann could be straight off the catwalk and is a steal at under £100. The only hard decision you have to

make is whether to choose the pink, the blue or to buy both?

New Look have been quietly meeting our greatest desires for up-to-the-minute-trends for some time now, but this season they have really upped the ante, producing some modern classics that are anything but fast fashion. In particular, polka dots have returned for the spring - with a vengeance which would even impress Steven Spielberg. This puff-sleeved cotton top has been a firm favourite with bloggers and instagramers, teamed perfectly with the label's new mum-style jeans. As if that wasn't enough to whet your appetite, the high-street chain has also teamed up with Jersey Hospice to offer discount vouchers to anyone that donates a bag of preloved clothes to one of their fundraising stores. The partnership is on now and running until the end of March.

One of the few ways to put some razzle-dazzle into my March is through accessories and nothing turns heads better than some statement earrings. Top of my list are Topshop who have delivered these show-stopping star drop earrings guaranteed to draw some 'oos' and 'ahhs'. I also picked up this planetary pair from Eclat boutique, reflecting this seasons trend for all things mis-matched. Expect to find odd-coloured shoes dropping into stores along with jeans with different denim hues on each leg. Those who aren't as brave should maybe stick to un-paired earrings?



The Square



Snapseed



Forever New



Topshop



New Look



# Imogen's picks



*We're on the brink of spring, which means florals are creeping back onto the high street.*

## ...for the girls

1. Eseoese Frida Dress, Pebble Boutique, £95.00
2. Black Floral Midi Skirt, New Look, £12.99
3. River Island Embroidered Blouse, Voisins, £36.00
4. Warehouse Floral Mini Tea Dress, Voisins, £49.00
5. Reiss Gabriella Floral Dress, Voisins, £149.00
6. Floral Pleated Midi Skirt, Topshop, £35.00
7. Floral Ruched Midi Dress, Topshop, £55.00
8. Black And White Floral Midi Skirt, Topshop, £35.00



1



6



5



## ...for the boys

1. Guide London Floral Shirt, General Clothing Store, £80.00
2. Superdry Shoreditch Print Shirt, Voisins, £40.00
3. All Saints Black Garland Shirt, Voisins, £86.00
4. Slim Fit Floral Long Sleeve Shirt, Next, £32.00
5. Ted Baker Floral Long Sleeve T-shirt, de Gruchy, £45.00
6. Ted Baker Wewill Shirt, de Gruchy, £95.00
7. Ecrú Floral Print Long Sleeve T-Shirt, Topman, £24.99
8. Nudie Jeans Floral Shirt, Roulette, £99.00

4



8



3



7



2





Olivia is currently on a fashion placement with Grazia Magazine in London on her quest to become a fashion features writer. As she did some work experience with us before she went off to the big city, we're happy to have a Jersey-born's word on the street out in the real world. This month she dives into her favourite Spring/Summer 2020 trends that you can incorporate into your summer wardrobe. And even though she could talk for days about her favourite brands and trends, she fiercely promotes investing in pieces that will last a lifetime.

## SPRING/SUMMER 20 TRENDS

✍ Words: Olivia Hansen

The winter months can often feel like they linger for too long. I, for one, like to use this time to get excited about the year ahead. Booking a holiday, planning a dinner date with friends, or looking out for pieces that I can invest in for my spring/summer wardrobe. It is important to mention that trends may come and go, so when investing in an item of clothing, think about your pound per wear. For example, if you've found a pair of jeans that cost £60, the cost per wear over a lifetime can be less than 5p. I have selected my favourite trends from the Spring/Summer 2020 fashion shows to help you kick the winter blues.



### BCE (BIG COLLAR ENERGY)

The shirt is making a return and this time with collars; big ones. A number of shirt-styles appeared on the walk-way; small ones with sharp edges and some, big and billowy - my favourites. I don't often wear a lot of colour, so this is the perfect way to make a subtle statement. Ganni have released my dream big collar shirt, but while this is expensive, Zara have a good alternative (and as it's cotton, is ecologically sourced!) If you are worried that you might look like you've stepped off the set of Little Women, layering these exaggerated collars with a soft jumper (preferably a pastel tone) will pull the look together in a modern way. Wear with jeans or a skirt and proudly radiate your big collar energy.

Zara, £25.99, [www.zara.com](http://www.zara.com)

Ganni, £120, [www.matchesfashion.com](http://www.matchesfashion.com)

### THE 'IT' SHOE: SQUARE TOE

I am extremely happy that these 90s styled shoe is back on trend, and it's proved popular so don't expect them to be disappearing any time soon. The variation of styles are endless, so if you prefer a mule, lace up, closed toe or sling back there is a style for everyone. They can make any outfit elegant and effortless. I would style them with jeans and a shirt for an everyday look, or dress up with your best summer dress. By Far's lily leather mules will be this season's most sought-after shoe, while Topshop's radiant black heel provides a cheaper alternative. You could lean towards the shorter heel for a more wearable shoe that won't leave you dreading to wear them.

By Far, £310, [www.net-a-poter.com](http://www.net-a-poter.com)

Topshop, £36, [www.topshop.com](http://www.topshop.com)





## OFF-DUTY: THE BOILER SUIT

Boiler suits may make you look as though you've just come back from helping conceal hazardous waste, or that you have just been fighting off ghosts in an 80's sitcom. This fast approaching trend is turning heads for the right reasons. My opinion? I love the boiler suit. Although offensive at a first glance, there is much more to it than just a rugged pair of overalls. You are able to dress for literally any occasion, while being able to conquer any task for the day. Pick a soft satin for an evening style or a hard denim for a real boiler suit moment. It doesn't matter if you like subtle, neutral colours or a bold orange or pink, there is one for everyone out there.

& Other Stories, £79  
[www.stories.com](http://www.stories.com)  
 L.F. Markey £180,  
[www.net-a-porter.com](http://www.net-a-porter.com)



## GINGHAM, BUT MAKE IT BRIGHT

Gingham may not be a revolutionary print, but let me persuade you why this is the perfect addition to your summer wardrobe. This well loved print is associated with Dorothy (from the Wizard of Oz), Brigitte Bardot, and let us not forget, almost any primary school summer uniform. Don't worry, long gone are the days of dressing for school because this much-loved print has been transformed; bright show-stopping colours styled into a prairie dress, blazer of skirt will be a stand-out item for your summer wardrobe. My personal favourite is the bright green statement colour, which can be worn with layered jewellery or glimpses of white from a pair of trainers or a t-shirt.

Topshop, £35, [www.topshop.com](http://www.topshop.com)  
 Mira Mikati, £585, [www.farfetch.com](http://www.farfetch.com)



## OVERSIZED BLAZER

The suit may be a powerful outfit, but forget the fitted blazer and trouser combo, this oversized interpretation of a classic will transform any outfit. Throw it on with a pair of jeans or shorts - whatever you have in your wardrobe - for the perfect grab-and-go essential. Simple to wear, the relaxed cuts and effortless attitude mean that you can dress it for an evening out or slip into for a day of errands. It's not only great for summer but as a trans-seasonal piece that you can layer with a vest in summer or over a jumper in autumn. I suggest styling it like Rosie Huntington-Whitley by wearing a bright blazer with a neutral tone trouser or a checked blazer than can go with anything.

Everlane, £140, [www.everlane.com](http://www.everlane.com)  
 Zara, £59.99, [www.zara.com](http://www.zara.com)





# Forking Good Student

WORDS Jessica Jones

Who am I? Hello there 'forkers', I'm Jess, the 'Forking Good Student' this is my first article for Gallery. Back in October, I set up an Instagram page to post about the recipes & food I make.

I am currently a student at Bird College in London, studying Musical Theatre; I didn't want to fall into the student trap of living on junk food, but had a tight student budget. I love experimenting with new flavours and combinations, these recipes are not just for students but for anyone who wants affordable, flavoursome and easy to make dishes. I have been lucky enough to get some fab followers already, including @thisgirlcanorganise, @shirleyballas, @sr\_nutrition, @lucywyndhamread, @goustocooking so to all you forkers reading this, your support would be appreciated.

## Start at the beginning...

As a young child I loved baking with my mum, mostly chocolatey things! After progressing to cooking the odd meal with mum, I then started home economics at school. However, I was 'forking' awful and I thought a stir-fry was my culinary limit!! With auditions for dance college looming I decided I needed to eat more healthily, so serious experimenting began. Moving away from home at 16, I quickly realised the fridge didn't fill itself and became creative - cooking on a student budget - and that's when the Forking Good Student began.

*\*Prices and calories for both recipes may vary depending on portion size and where ingredients are purchased*

For this month's Blended theme, I have a double whammy:



## FEELING A BIT RUN DOWN?

Skin looking dull? Your diet needing help? Try my blended Goodness Galore Green Smoothie. The idea of drinking something green used to turn me green. I don't even like avocados, but I promise you this is super-refreshing, tastes great and is packed with goodness! With winter bugs still about give your immune system a boost. This recipe does require a blender (an initial outlay).

**COSTS\*** under £10 for 6 portions

## INGREDIENTS

1 avocado  
2 kiwi  
1 bag of spinach (100g)  
2 limes  
½ pineapple, fresh  
1-2 x handful of Mint  
2 Tbsp Spirulina powder (optional)  
1 carton of Apple Juice (not from concentrate)

## METHOD

Chop all the fruit into chunks removing all skin and peel (size depending on strength of blender) and place into the blender

Put half the bag of spinach in and pour apple juice over it all so that the fruit is submerged & blend

Add the remaining spinach, pour more apple juice in and blend

Cut the limes in half and either using a handheld juicer or just your hands squeeze all the juice into the blender

Remove the mint leaves from the stem, add to the blender (the more leaves the mintier), and blend

Finally add two tablespoons of spirulina powder & blend

Continue to add as much or as little juice as you want for desired thickness... Or just throw everything in, whizz it up, and enjoy!

## Top Tips:

Cut up all the pineapple and freeze the other half and you can use it next time (this can also be done with the kiwi) Consume within 4-5 days, You'll know by the smell if it goes off!! Spirulina is quite expensive but totally worth it as it lasts ages and has so many health benefits (watch the video on my insta page).

## FEELING HUNGRY?

Chorizo and Chipotle traybake, boasting a smoky and slightly spicy flavour, it's full of goodness; your five-a-day in one easy dish. Once you have bought the spices the cost goes down because you can reuse them for other recipes. For Vegetarian and Vegans just swap the chorizo for chickpeas or lentils.

**CALORIES\*** under 225 per portion

**COSTS\*** under £15 for 10 portions

## INGREDIENTS

8 Sweet Potatoes (roughly 3kg)  
3 Courgettes  
2 Peppers  
1 red onion  
1 Chorizo Ring  
2 Packets of Baby sweetcorn (130g)  
1 bag of Spinach (100g)  
1 iceberg Lettuce  
1 Cucumber  
1 tbsp. Smoked Paprika  
4 tsp of Chipotle Paste

## METHOD

Put large roasting tin in oven with a few tbsps. of olive oil.

Chop up all veg and chorizo (leave the skin on the sweet potatoes)

Put the sweet potatoes in a dish and cover with cling film, microwave for approx. 3 mins till softened slightly.

Once the oil is hot put all veg in the roasting tin, sprinkle with smoked paprika and chipotle paste and mix well

Roast for 30 mins till veg is cooked & blackening, keep on mixing throughout cooking

## My serving suggestion:

Serve with crispy lettuce, spinach and cucumber (and optionally lemon and oregano chicken, recipe can be found on my Insta page). Enjoy!



## Foodie gossip

with Sara Felton

*The clocks spring forward this month (Sunday 8 March, to be precise!), which is music to my ears as it means that we can finally start looking forward to lighter evenings and the start of al fresco eating season.*

The arrival of spring means menus will be changing throughout the island and lighter options will no doubt be appearing to replace the beloved comfort foods of winter. I actually spied the first new season Jersey Royal potatoes on my instagram feed only the other day, along with some wild garlic, both courtesy of posts by local foodie wholesalers Fungi Delecti. It's worth noting that Fungi don't just supply restaurants - you can order from them too.

The arrival of spring also heralds the reopening of some of our favourites who have taken time off over the winter to get ready for the season. Kismet Cabana has a newly constructed 'chalet kitchen' bringing promises of new specials, alongside their well established favourites. And staying on the coast, there's a new face down at the former Cafe De Pas. New owner Kate is set to open The Good Egg Beach Cafe in March, bringing a newly-built all-weather seating area alongside their popular sun terrace, and will be serving up 'fresh, simple, loving food' on the Havre des Pas promenade.

**"I spied a Bloody Mary on the menu, so that's massive bonus points from me."**

There are some more new foodie faces popping up too. I haven't managed to pay a visit to any of them as yet but I have spied that the much loved Bon Viver on the Bullwarks at St Aubin's has been taken over by the nephew of the former owner, and is now called Sorrento.je. Having been in the same family for over 30 years when the former owners retired Sorrento-born cousins Alessandro and Salvatore La Ragione stepped in to take over the business. They've launched an updated menu bursting with the flavours of Sorrento, but worry not they've kept the classics and there'll be excellent specials appearing frequently.

Aha, cafe lounge and restaurant has only been open a few short weeks and according to the reviews on Facebook is already making diners happy. The new owners of what was a former quaint tearoom set right in the heart of Howard Davis Park have opened a relaxed oasis where, depending on the time of day, you can choose from cooked breakfasts and brunch items to seasonal specials and tapas sharing



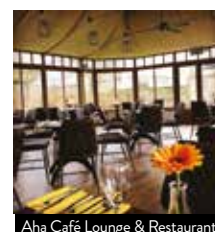
It's Royals O'Clock!



Kismet Cabana



Fungi Delecti



Aha Cafe Lounge & Restaurant

platters, and they're licenced too. I spied a Bloody Mary on the menu, so that's massive bonus points from me.

A little further afield and I just want to give a shout of support to chef Lee Smith, who after living on our isle for many years is set to open Restaurant Lovage, in Bakewell. To raise the final funds he needs he's launched a Kickstarter project, something I'm a big fan of as it means you can feel warm and fuzzy about helping to bring the project to life in exchange for seats at dinners cooked by him and fellow excellent chefs. To pledge head to [www.kickstarter.com/projects/restaurantlovage/bakewell](http://www.kickstarter.com/projects/restaurantlovage/bakewell) but you'll need to be quick as the Kickstarter expires on 11 March, 2020.



Sorrento.je



## • THE • Genuine Articles

Each month we feature some of Jersey's creators and let them share their creative visions and handmade goods with you lot, our island consumers. If you like what you see, check out [genuinejersey.com](http://genuinejersey.com) and hunt them down to support our local industries!

# LIBERATION BREWING COMPANY

Photography:  
Danny Evans

### How did it all get going?

Liberation Brewery Company is the descendant of the Ann Street Brewery which was founded in 1871. We are owned by Caledonia Investments PLC and the Liberation Group comprises 110 predominantly freehold pubs, located in Jersey (42 pubs), Guernsey (25 pubs), Alderney (3 pubs) and UK (40 pubs). Two breweries; Liberation (CI) and Butcombe, (UK), and also two drinks distribution businesses Liberation Drinks & Wholesale (CI) and Butcombe Beer Store (UK).

### What do you produce?

We brew our beers in three core ranges. Cask Ale- Liberation Ale 4%, Herm Gold 4.2% and IPA 4.8% Craft Keg - Liberation Best 3.6%, Craft Lager 3.8% and Pale Ale 4.2% and Bottle - Liberation Ale, Herm Gold, IPA and EPA. All the beers are brewed using local water, our own yeast strain, the finest Crisp Malt (Maris Otter, Pilsner, Chocolate etc) and hops (Citra, Nelson Sauvin, Fuggles etc) from around the world sourced from Charles Faram.

### What makes your products unique?

Quality ingredients. Everything from the water which is pumped from the bore hole below the brewery, to the malt, hops and yeast; we buy the best. It gives our beers a unique blend of local and global brewing ingredients. We feel that the number of International Brewing awards which the brewery has won over the years bears testament to this belief in using only the best ingredients.

### What's a typical day like for your business?

We mash in at **6.00am**, - Start of brewing process, mixing malt with hot liquor

**7.00am** commence sparging - washing the grain to flush out all the malts and sugars

**10.00am** end of sparge - dig out mash tun!  
(grain goes for cattle feed)

**10.30am** Kettle is on the boil - add hops and boil for an hour

**12pm** Transfer beer into hop back (hops for aroma)

**1.15pm** Transfer beer from hop back to fermenting vessel via heat exchanger

**2.30pm** Add yeast to the cooled beer and complete final checks

**2.45pm** Begin to wash out remainder of brew plant

**4.30pm** Crush malt for the next day's brew

**5.00pm** Go home for a well-earned pint of Liberation Ale!

As well as brewing, most days consist of racking beer into casks, kegging beer and generally cleaning and maintaining the brewing equipment.

### Best bit of your job?

Meeting customers, suppliers, sourcing new ingredients, brewing different styles and also tasting the finished product!

### Where do you work?

The brewery is located at Tregear House in Longueville and we have two brewing plants, one for 40 brewers barrels and one for 10 brewers barrels, which gives us flexibility on how much we brew and the opportunity to experiment with new beers. Recently we have invested in a new kegging plant and two new processing tanks.

### What's something people might not know about your products?

We will be celebrating our 150th birthday next year and Liberation Best is the oldest beer we produce - the recipe can be traced back to before World War 2. We export our beer to most major pub operators in the UK, we are proud to have our beers in pubs run by Wetherspoons, Mitchell & Butlers, Molson Coors, Fullers and Carlsberg.

### What are you working on at the moment?

Milkshake Pineapple IPA, which we are brewing specifically for the South West burgeoning craft beer scene. It may be available in a few Channel Island bars also. It is brewed with El Dorado/Pekko hops, Lactose, Malt and pineapple

### Where can people buy your products?

In Liberation Brewing Company pubs and bars and our partner pubs across the islands. Our bottled range is available in most supermarkets, hotels and restaurants across the Channel Islands.



*“We will be celebrating our 150th birthday next year and Liberation Best is the oldest beer we produce - the recipe can be traced back to before World War 2”*

**Pictured left to right:**  
Patrick Dean Head Brewer  
Peter Corcoran Quality Control Manager  
Christopher Boudier Packaging Operative  
Nigel Dowden Filtration and Processing Operative  
Steve Neil Process Brewer







# A CLEAR VISION

We met with Kristian Hansen, Owner of Clear Living, a company that undertakes structural glass projects both nationally and internationally using the very highest quality, cutting-edge, performance products to stunning effect...



## PROJECT FOCUS

We recently worked on an amazing new build property overlooking Rocquaine Bay in Guernsey. Our package included Sky-Frame glazing, slimline windows and large panoramic structural glass screens. We worked closely alongside both the client and their designers from an early stage to ensure successful implementation of the vision.

### Some people's futures are clear, your choice to work with glass, was that always the vision?

No pun intended with that question, hey?! My family, going back 3 generations, have always been involved in the commercial façade industry in Denmark, so I have been involved with the industry all my life. I started working with my family company on the commercial side, but quickly saw there was a gap in the market apparent for a company to have the knowledge and skill-set of the larger façade contractors, but to do it in a bespoke design-led manner to residential properties, so I started Clear Living.

### What was your career path like to this point?

As above I started with the family and then moved across to start Clear Living independently. We are a family business started by my wife Jane and I in 2007, we didn't have an office back then and we started in our dining room at home! Jane and I both work in the office in Cheshire and we also have our three family dogs, two labradors and a springer spaniel that come to the office every day to keep all the staff and visitors in check!

### What are the essential tools of the trade for your day-to-day work?

Design and people skills. We very much pride ourselves on only offering the highest quality of products on the market. The systems and solutions we do are the best in industry. The cost can be prohibitive, but for clients and architects who want the best solutions then we are their go-to contractor. On the Channel Islands this is particularly important due to the vicinity of many of the properties to the seaside. Special consideration has to be given from system selection, to the design process which many companies on the UK mainland simply don't have to consider. It helps also that I grew up on the brutal West Coast of Denmark, so all products are highly thermally efficient with an emphasised look on weather resistance.

CONTINUED...





CONTINUED...



**“We have recently taken on a partnership to supply minimal thermally-efficient steel windows to create the classic heritage look.”**

#### **Best bit of your job?**

We are very fortunate to deal with some highly exclusive properties and get to meet and deal with the best designers and contractors available, as well as some lovely and often high profile clients. As our products are very much used on exclusive properties, it is amazing what can be done and achieved when working on a design-led project rather than cost driven. We also get to visit and work in some beautiful locations around the UK, Channel Islands and into Europe.

#### **What is the most bold or ambitious item or project you've worked on?**

We have worked on some amazing installations. We are currently working on a new-build residence in Mayfair, London which is believed to be the most valuable new-build private residence in the UK with a total build cost in excess of £100 million. Our package involves unique and bespoke glazing systems throughout the property including bronze anodised aluminium profiles, which will look stunning.

#### **Structural glass has had a profound influence on modern architecture, what do people have to consider when planning to use it?**

It is critical that the glazing contractor is engaged at the design stage, and preferably prior to commencement onsite, along with an experienced architect. To achieve the invisible frame, the construction details need considering before any steelwork is designed or installed. It is therefore crucial that the architects are fully involved from the outset, and are part of the detailing process.

#### **What is your vision for the business in 2020?**

We are looking to grow our portfolio of products and offerings. We have recently taken on a partnership to supply minimal thermally-efficient steel windows to create the classic heritage look. These aren't the more basic and cheaper aluminium alternatives, but the beautiful heritage windows in an amazing selection of metallic finishes. We also have a partnership with Solarlux on their portfolio of bifolding doors and glass houses to fit into our portfolio of high-end solutions. We have seen growth regionally on turnover in the UK and the channel islands as a whole. We have great experience in operating throughout the Channel Islands so are well placed to serve the market here. It also helps that it is such a beautiful place so our staff always want to visit and work here!

**clear-living.co.uk**

# MEET THE TEAM

*We met up with some of the Heads of Department at the brilliant Waddington Architects to find out more about their day-to-day work.*



*Emily Musker*

**Head of Interiors**

**How long have you been with the company?**  
9 years

**What is your career path so far?**

I completed my degree in Interior Architecture in 2009. In 2010 the opportunity to join Waddington Interiors came up. Since then, I have lead a number of large commercial projects, as well as developed our residential offering.

**What do you do day-to-day?**

My team tends to have 10-20 projects on the go at once so usually I have a couple of meetings a day alongside putting together design schemes, sourcing new finishes and products for our projects, and overseeing technical detail packages.

**What's the most challenging part of your job?**

Sometimes it's necessary for us to challenge our clients requirements and expectations. People don't always know what they want, or how to achieve it (even when they think they do) - so we work hard to understand the 'why' in their brief, so that we can still make their vision for a project a reality.

**What's the most rewarding part of your job?**

There's nothing like seeing your design come to life, and be able to watch something go from an idea, to a sketch, to an actual built form.

**Outside of work I...**

love travelling and experiencing different cultures - particularly finding interesting design hotels, unusual restaurants and beautiful scenery. All part of the inspiration process of course!



*Bruno Francisco*

**Head of Architecture**

**How long have you been with the company?**  
18 years.

**What is your career path so far?**

I graduated from University in South Africa in 2002 and then qualified as a UK architect in 2006.

**What do you do day-to-day?**

Mainly colouring in! Well actually, the full spectrum really, from initial planning advice, detailed design, researching alternative construction methods, inspecting site works and occasionally dealing with appeals.

**What's the most challenging part of your job?**

Making sure the initial concept is not lost through the evolution of the design process to construction.

**What's the most rewarding part of your job?**

Surprising client's expectations and seeing the finished project through.

**Outside of work I...**

enjoy a bit of running and take part in a couple of marathons a year!



*Urszula Kochanowska*

**Head of Landscape Department**

**How long have you been with the company?**

I joined the company almost 8 years ago and help to set up the Landscape Department.

**What is your career path so far?**

After graduating with a master's degree in Landscape Architecture and following work experience in Poland and Hungary, I moved to Jersey in 2008 and since then gained the Landscape Institute Chartership (the London branch).

**What do you do day-to-day?**

It can be quite diverse, but most of the time it's a mix of a typical office work, sketch and CAD design, meeting clients, liaising with the Planning Department and design team as well as regular site visits.

**What's the most challenging part of your job?**

Wintertime surveys! Wet and windy outdoors are not very drawing-friendly and identifying trees species without leaves can be tricky.

**What's the most rewarding part of your job?**

The greatest job satisfaction for me, is the moment vision becomes reality and the client is happy with the final result.

**Outside of work I...**

travel (I love discovering different cultures), I also enjoy diving and photography. All my passions are a great source for inspiration for projects.



# MARKET UPDATE

**In the most talked about decision in recent months, the Bank of England decided, at its meeting at the end of January, to hold Base Rate at 0.75%, a level at which it has remained since August 2018.**

In the days and weeks before this meeting, there had been much speculation that Base Rate would have to be lowered based upon the poor performance of the economy in the lead up to the General Election. Projections for the British economy for this year, however, suggest that we will see modest growth and it is this that no doubt resulted in the Bank deciding to keep the key rate unchanged.

This decision will be reviewed every month, which means that there is no guarantee that the rate will not fall later this year, if the economy does falter.

Closer to home, the property market slowed toward the end of last year, which was understandable as we all witnessed history in the making. With all of that now behind us it is encouraging to see so many home movers now making the decision to trade up to larger properties, so freeing up flats and houses for First Time Buyers, many of whom are being supported by family to provide the essential deposit funds that are needed.

For those who do not have a large deposit, it is possible to obtain both 95% and 100% mortgages, although we have found the take-up on these

to be much lower than expected, due in part to the higher interest rates that are charged and also their somewhat limited scope. These products are there for a reason though and form part of a much wider range of mortgage options which embrace residential mortgages, buy to let and commercial facilities.

Jersey is served extremely well by the small number of mortgage providers who help to sustain what can generally be described as a buoyant housing market, although changing expectations of the borrowing public mean that lenders must always look to improve and modify not only their product range but also their lending criteria.

This is easier said than done, as all mortgage lending on both sides of the Channel is controlled by UK regulators, whose restrictions are in place to ensure that borrowers do not default on their mortgage.

It has been apparent in recent months that some lenders are slowly modifying their operations to provide more user-friendly products. Extending loan terms to a maximum of 40 years, increasing income multiples, permitting overpayment on fixed rates with no penalty, taking into account overtime and bonuses,

requesting only two years trading figures for self employed applicants and much more, and this is great news for anybody who already has a mortgage or is thinking of getting onto the property ladder.

Other good news is that one local mortgage provider has aggressively reduced some of their fixed rates as shown in our comparison table and it will be interesting to see if this challenge will be taken up by the other lenders in the next four weeks.

## Best Rate - Market Leaders (% loan to property value/price)

60%	Tracker	1.49%
60%	2 Year Fixed	1.28%
60%	5 Year Fixed	1.65%
60%	10 Year Fixed	2.74%
85%	Tracker	1.74%
85%	3 Year Fixed	1.99%
85%	5 Year Fixed	2.03%
90%	Tracker	2.19%
90%	2 Year Fixed	1.94%
90%	5 Year Fixed	2.29%
95%	2 Year Fixed	2.99%
95%	5 Year Fixed	3.49%
100%	5 Year Fixed	3.99%
60%	BTL 2 Year Fixed	1.69%
60%	BTL 5 Year Fixed	2.30%

Rates correct as at 05/02/2020 BTL = Buy to let mortgage

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**Visit [www.mortgageshop.je](http://www.mortgageshop.je) to find out more.**



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Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Registered with The Jersey Financial Services Commission.

## Trading up or making your first purchase

Down to Earth advice on what  
every bank in the island has to  
offer - all during one appointment



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## Finishing Touches

# Bounce into spring

Spring is just around the corner.  
Put a spring in your step with these seasonal home accessories.

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*Sara Miller Patchouli,  
Cedar & Thyme Diffuser*  
**Pour Toi, £28.00**



*Pheasant and Acorn Cushion*  
**Jersey Oak, £32.00**



*Amelie Decal Vase*  
**M&S, £15.00**



*Floral Orb Candle*  
**Paperchase, £10.00**



*Mustard/Grey Floral Table Lamp*  
**Jersey Oak, £55.00**



*Message Board & Letters*  
**Pebble Boutique, board £45.00  
letters £32.00**



*Lavender Hearts*  
**Pebble Boutique, £6.50 each**







# Energy for Georgina

## A generation with an appetite for renewables

Georgina loves nothing more than inviting friends for dinner in the great outdoors. And as Jersey's carbon emissions tumble, she's eager to work together on initiatives that drive it down further. **Energy for everyone.**

**Find out more online - [EnergyForEveryone.je](http://EnergyForEveryone.je)**

Approx  
**30,000**  
**JSY HOMES**  
are served by  
renewable energy  
sources



**Jersey Electricity**



# Ambitious Assets

*Interview with Farah Ballands, Group Chief Executive Officer, Ocorian*

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WORDS Julia Hunt

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*Ambition, agility, and collaboration are three powerful words. But when spoken by the new Group Chief Executive of a major global financial services firm, the words have even greater impact.*

With over \$260 billion of assets under administration following its recent merger with Estera, Ocorian is now the seventh largest corporate, funds, and trusts business in the world by revenue. It employs over 1,250 professionals in 20 jurisdictions and manages more than 17,000 structures for 8,000 clients.

It's therefore appropriate that the individual running all this, Farah Ballands, embodies all the values without even thinking about it.

She has been agile throughout her career, moving through roles with the business as it grew and developed. She understands collaboration, working with teams and setting up programmes to share the benefits of success with all who have participated. And she is clearly very ambitious.

"We live the values as a business, and they drive our success," Farah said. "They are all important but if you don't have ambition you don't have a goal to aspire to. You can be collaborative but if you don't have a goal you are chatting about nothing. And while agility is important for running a nimble business where decisions can be made quickly and painlessly, it is still all down to your drive to achieve a goal."

Farah began her career as a lawyer, working with Mourant, then with Appleby, where she became Partner in 2003. From 2006 Farah led the firm's global fiduciary practice, heading the MBO (Management Buy Out) in 2016

with Bridgepoint to create Estera. And just as Bridgepoint asked Farah to lead Estera, the firm's new private equity owners, Inflexion, asked Farah to remain as CEO for the whole group.

"Estera and Ocorian were a very good fit," Farah said. "Together we operate in 20 jurisdictions and there are only three where there is overlap: Jersey, Luxembourg, and Mauritius. This means there will be some role duplication, however, we are strengthening our presence in these jurisdictions and amplifying our business growth as a result. We have ambitious growth aspirations and want to target new clients and do more M&A (Mergers and Acquisitions). Everything is driven by our client focus – we offer the services clients tell us they want, in jurisdictions where they want them."

Although Farah qualified as an English Barrister and became a member of the Jersey Law Society, she moved into administration early on and specialised in the implementation and administration of corporate employee benefit arrangements. When Estera was formed she created a scheme so employees at the time could invest in the business and share in its success.

"You can never forget being a lawyer. It was a great training for running a business like this – you are always aware of the legal implications and pay attention to the details. I haven't ended up here through a big plan, though. It has been an iterative process through the evolution of



**“Some people can be quite shy about voicing their ambition. This can change as we get older and more confident. However, for the business, it’s about being ambitious for the collective, and with that, your actions can speak louder than your words.”**

“Gender doesn’t really play a big role for me. Maybe I’ve been lucky during my career, or perhaps I’ve been surrounded by good men, but I honestly haven’t had to fight, I have had people pushing me.

“Administration has a lot of women in it and I always think you should look beyond the words spoken. A woman may be more reticent so you should look at the actions rather than waiting for someone to ask for something.

the businesses I have worked with. My career path has been that of the businesses. I never set out to be a CEO, I just love this business and love leading this business.”

Farah may not be motivated by titles, but she is driven by a passion for what she does, and a desire to do it very well. The number of awards Farah has received over the years give a small indication of how well. These include: WealthBriefing’s European Awards, Women in Wealth Management, Citywealth Power Women Awards, Citywealth Leaders List, and Private Client Practitioner’s Top 50 Most Influential List.

“You need to care about what you do to do it well.” Farah said. “And I’m very fortunate that I have a passion for what I do, and I’m driven by wanting the business to do well. At school and at university I was always focused on getting the best results. I love success. I love achieving success. And I love people participating in the success of the business.”

Despite running a global business, Farah, who has two teenage children, manages to keep decent hours – usually working in the office from 8.30am to 6.30pm, then picking up calls and emails from other time zones as required. She modestly describes a typical day as speaking to a lot of people, solving problems, and drinking a lot of tea.

“I like people and I love talking to people.” Farah explains. “I’m quite calm and try to be fair – not making judgements. It’s about getting the right result for the collective if a business is to succeed.”

Looking at Ocorian’s team page, Farah appears to be the only woman in the top 15 positions, however, during our time in the offices, we only spot one man!

“Some people can be quite shy about voicing their ambition. This can change as we get older and more confident. However, for the business, it’s about being ambitious for the collective, and with that, your actions can speak louder than your words.”

Farah may have started out in a profession in Jersey, but she has ended up an entrepreneur ... bringing the discipline of her training and early career into an international business.

“If I were to do it all over again, I wouldn’t change what I’ve done. And if I were to give any advice to people starting their career, I’d probably say the same – get the best qualifications and experience you can while remaining open to learning, and open to opportunities. Ultimately, don’t worry about what people think but invest in yourself, and keep persevering.”



# Compliance

Don't hit the snooze button just yet!



*Compliance....Some people hear this dreaded word and immediately start snoring, but there are so many layers to the term. AML, CDD, Risk and Financial Crime all fall under this category.*

AML & Financial Crime are seen by some to be on the sexier side dealing with internal SAR's (Suspicious Activity Reports), outside intelligence requests from the police, regulator and even different countries tax departments. It can be intriguing to be involved in investigation cases of money laundering or fraud or even terrorist financing investigations.

Governance, Risk Management and Compliance, also known as GRC, is an umbrella term for the way organisations deal with the three areas that help them achieve their regulatory requirements. The main purpose of GRC as a business practice is to create a synchronized approach, avoiding repetition of tasks and ensuring that the approach used is effective, efficient and regulatory compliant.

Compliance isn't only about preventing problems and ensuring that everyone is abiding by laws, rules, and regulations. It's also about the positive impact a robust and ethical compliance program can have on a business or organisation. Not sticking to compliance can lead to damage towards both the company and its clients and of course not forgetting the impact it could have to the Islands reputation. Compliance is all about making sure that an organisation's financial conduct follows the rules and is reporting clear information to the regulator.

We continue to see numerous requests for candidates with CDD experience. The term "Customer Due Diligence" applies specifically to enquiries made about the customers of a business, in order to support a decision as to whether business (or a relationship) should be undertaken or

continued. In financial services CDD is a key part of any firm's AML and CFT (Combating the Financing of Terrorism) framework. It ensures that they know who their customers are and prevents criminals from gaining access to the financial system. It also means that money laundering and terrorist financing risks associated with customer relationships can be identified and mitigated on a continuous basis.

With the consequences of failing to comply with laws, regulations, and standards having such a high potential personal and corporate cost, compliance is clearly a very big issue for businesses, which is why we have seen a huge increase in companies recruiting for staff across all levels of Compliance and Risk, AML and Financial Crime from junior levels to senior and director appointments. Optimus Recruitment works with a broad

*"Compliance isn't only about preventing problems and ensuring that everyone is abiding by laws, rules, and regulations. It's also about the positive impact a robust and ethical compliance program can have on a business or organisation."*

range of clients within the financial services. If you are looking to take the next step in your compliance career or seeking to change roles, we would love to hear from you to arrange a confidential chat.

**Vikki McKendrick**  
Consultant at Optimus Recruitment

**Vikki.mckendrick@optimus.je**  
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## The NEXT Generation

Planning for the future is something we all have to do in all parts of our life. But, how do we prepare our workplaces for the arrival of the next generation, a generation that is yet to be fully defined...

Many people felt that the arrival of the Generation Z cohort would mark the end of this kind of labeling, we've reached the end so where could we go next? But as long as people are continuing to procreate, there must be a name for the generation that follows and some sense of its defining characteristics, will this be Generation Alpha? And if it is what do we need to know about them?

Professor Joe Nellis, Deputy Dean and Professor of Global Economy at Cranfield University, is coming to the Royal Yacht this month to share his thoughts and research to date on this fascinating subject. Joe has published 19 research and subject-based books and over 200 academic and practitioner journal articles. His research encompasses analysis of business developments in a changing world in terms of the macroeconomy, the role of government, the impact of technology, societal and demographic trends.

If you're an employer, this latest categorisation could be the most significant yet. How will workplaces need to adapt to accommodate a generation who have only ever known



digital technology and instant communication? And, what do we need to do now to prepare for this change?

Joe will give a keynote presentation, which will be followed by a Q&A, joining him will be two locally employed members of Generation Z who will give their perspective on today's workplace and the environment they work in.

Tickets for the event are priced at £10 which is being donated to Mind Jersey, an incredible local charity providing advice and support to empower anyone experiencing mental health problems.

Tickets for 'Who are generation alpha, and what do we need to know about them?' are available on Eventbrite.

**Wednesday 11 March, 5.30pm, Royal Yacht Hotel**

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## THE IoD UPDATE

### Identifying Inspiring Leaders: IoD Jersey Awards 2020

*The Jersey branch of the Institute of Directors (IoD) has launched its annual search to identify the Island's top leaders across the private, public and voluntary sectors.*

Nominations for the 2020 Jersey Director of the Year Awards have now been collated and candidates are being contacted to move forward to stage two of the judging process. The Awards will culminate in a black-tie dinner on Friday 15th May at the Royal Yacht Hotel & Spa, designed to celebrate the achievements of shortlisted nominees and winners. Tickets are now on sale for this flagship event via Eventbrite.

The Jersey Director of the Year Awards celebrates the best of the best across Jersey businesses and directors at the forefront of leadership excellence. The judging process is thorough and completed by recognised and respected industry leaders.

Awards are won each year by both members and non-members of IoD Jersey. The eight award categories for 2020 are as follows:

- Director of the Year – Small-Medium Business (below 50 million turnover)
- Director of the Year – Large Business (50 million+ turnover)
- Director of the Year – Start Up
- Young Director of the Year
- Third Sector Director of the Year
- Public Sector Director of the Year
- International Director of the Year
- Director of the Year – Social Value & Sustainability



Lisa Springate, IoD Jersey Chair, says:

*'Our annual Awards have grown over the past decade to represent the pinnacle of leadership and business excellence, highlighting the significant contribution business leaders can make to society and economic prosperity in the region.'*

*'The IoD Jersey Awards black-tie dinner is a stand out event for us each year and a wonderful opportunity to celebrate all those nominated who deserve recognition for their hard work, leadership, inspiration and ability to empower change.'*



For more information on the award categories, sponsorship opportunities and tickets, please visit: <https://www.iodawards.com/jersey>



### *IoD Jersey Champions Diversity & Inclusion Vision for Island*

More than 150 people attended the first event in the IoD Jersey '2020 Diversity Series' on Valentine's Day, held in association with The Diversity Network and Lean In Jersey.

At the pioneering event, Dr. Emiko Caerlewy-Smith, Chair of the IoD Jersey Diversity Sub-Committee, presented the 2020 Diversity and Inclusion Leadership Vision Statement, aimed at promoting and embedding progressive diversity and inclusion (D&I) activity across Jersey organisations.

In addition, Co-Founder of the Diversity Network Kate Wright offered practical advice on how to approach D&I implementation within organisations; and Founder of Lean In Jersey Pippa Davidson facilitated an in-audience panel to share case-study experiences of D&I activity on-island.

At the event, which was sponsored by Smith and Williamson, 55 individuals and businesses signed a statement of support for the Vision, to signal their intention to collaborate with IoD Jersey and drive the D&I agenda across the Island.

Paul Coleshill, Head of Professional Services at Smith and Williamson, commented: 'At Smith and Williamson, embracing diversity is in our DNA and we reap the tangible benefits that this brings from idea creation to opening up new markets. It is our strategy to continue to be one of the excellent team of sponsors on the Island to make positive changes in Jersey.'

## Coming Up!

### *19th March:*

Secrets of Self Belief - Confidence & Physical Wellbeing in the Workplace Renowned TV producer and Executive Coach Tracy Forsyth is coming to Jersey to hold a ground breaking IoD workshop. She will teach attendees how to feel powerfully calm, increase personal impact and confidence and demonstrate ways to enhance physical and mental wellbeing in the workplace. This event is brought to you in collaboration with Lean-In Jersey and has been kindly sponsored by EY.

### *27th April:*

IoD Leaders' Lunch with Martin Moloney Director General at the JFSC, Martin Moloney, will be in the hot seat at the first IoD Leaders' Lunch for 2020. A new format for the IoD will see news presenter, Jess Dunsdon, from ITV, conducting a live Q&A session with Martin Moloney before taking questions from the audience.

Both events are being held at the Royal Yacht Hotel and Spa. Tickets for all events are available now through Eventbrite.



# Inspiring Women...

**We believe that Prosperity 24/7 has the highest gender neutrality in the IT sector in the Islands. Why?**

Because everything we do revolves around inclusivity from the outset. There are no glass ceilings, pay discrepancies, or bias. This starts with leaders like Geraldine Evans and Chris Clark, living, breathing, advocating and demonstrating that when you work in a trusted environment, empowering every person, young or old, you can be the best you can be.

This International Women's Day, we're celebrating the fantastic achievements of the women at Prosperity 24/7.

If we look after our clients, our colleagues and our community equally, then we will all prosper.

## Regitze Petersen

A certified straight-talking Business Analyst with knowledge spanning Banking as well as Public Services. Work has taken me across the world, from looking for rocks in Norway, Canada and Angola to chasing sheep in the Falkland Islands and now IT and Change in Jersey. I prefer to spend my weekends climbing the sea-cliffs in Jersey.

## Hollie Allen

A certified Business Analyst and a master of business process mapping. I love running around European cities whilst working for our diverse clients. I have been known to frequent the gym or hit our CEO whilst training for White Collar Boxing - how inclusive is that as an employer!

## Natalie Jardine

I support the team with HR as well as Marketing. I did my first marathon in Jersey in October and when not at work I can be found running on the cliff paths or encouraging my children and dozens of others to get active at the Waterfront junior parkrun.

## Laura Rebours

I'm a certified Project Manager, Business Analyst and Change Practitioner who flourishes in implementing change and supporting others throw out the old and embrace the new. I've worked in financial services, teaching and now tech and am a determined Consultant by day, a totally focused fitness fanatic by night.

## Faryaal Shami

I'm a junior Business Analyst championing diversity in our workplace and delivering creative projects for clients. In my spare time, I love playing the drums as well as watching Scandinavian dramas.

## Skye Hawley

I'm a Junior Developer in our Data & Analytics team. I'm a former swimmer and have competed for Jersey. I have since moved into competitive gaming and streaming.



Great Minds, Always... **On. Evolve. Innovate. Inspire.**

# ...in Technology

## Join in our Prosperity

If you love innovation and want to be a part of something bigger and better, working for a dynamic and rapidly growing business with an unparalleled reputation and ethics, then you need look no further.

We are recruiting across all Service Areas. Please don't hesitate to contact [talent@prosperity247.com](mailto:talent@prosperity247.com) or any one of us for a chat on 01534 877247 then you too could join our award winning, digital enterprise.

## Our Service Areas

- Strategy and Change Services
- Technical Solutions
- Business Solutions
- Learning & Engagement Services

### Rose Gray

I help our clients in my capacity as a Learning & Engagement specialist either to adopt and embrace leading edge technology through to soft skills and culture. When not at work, I am training for my first marathon in London or running around with my girls.

### Geraldine Evans

Director for Learning & Engagement, it is my responsibility to empower my colleagues as well as our clients to thrive when they use technology. Being a mum of a tween and a teen keeps me busy and when I'm not chauffeuring them around the island, I'm out running in all weathers training for the London Marathon.

### Jane Egge

Jane is a working mum of two bright and busy young children and her days are spent balancing their varied needs with her role as Head of Data Management. Jane works primarily in the field of information privacy and protection, in which she has an in-depth knowledge and particular interest. Jane is a classically trained musician, and when she finds time she enjoys singing in Jersey's beautiful churches as a soloist and along with the deeply admired Cantabile singers. She also loves to paint and has strong interests in art, books and nature.

### Marisa Hamon

As Head of HR, I help keep our colleagues and our community engaged through their personal development and events such as Prosperity Day, whilst ensuring we are the employer of choice in IT. Working flexibly allows me to balance work, family and a new puppy!

### Simona Mortì

Specialising in Data Protection and Data Governance by day as well as studying to become a qualified lawyer, superstar mum of a toddler who loves yomping in the woods at the weekend.

### Katie Falle

I am a DPO, Data Manager and Statistician with experience of working in most sectors. I help our clients to understand and get value from their data through appropriate policies, strategies and processes ensuring accuracy, accessibility, privacy and security are paramount. Outside of work, you'll often find me on my yoga mat. I also love to hike the cliff paths and go on outdoor adventures with my little boy.





## BUSINESS PROFILE

# High Flyer

*Quilter Cheviot is one of the UK's largest discretionary investment management firms offering bespoke portfolio management with over £24.2 billion of assets under management (as at 31 December 2019). Based in 13 locations across the UK and with offshore presences in Jersey and Dubai, they offer a comprehensive range of investment services.*

Quilter Cheviot have developed investment solutions to meet the needs of more than 36,000 clients and designs portfolios which are tailored specifically to their requirements and risk profile.

Transparency and trust are at the very heart of everything they do for their clients. We met up with their Non-Executive Chairman, Geoff Cook, to find out more...

## Geoff Cook *Non-Executive Chairman at Quilter Cheviot*

*How long have you been with the company?*

One year.

*What is your career path so far?*

I was formerly CEO of Jersey Finance and before that, Head of Wealth management for HSBC UK.

*What do you do day-to-day?*

I am the Non-executive Chairman of Quilter Cheviot International Limited.

*What's the most challenging part of your job?*

Navigating a way through the increasingly uncertain global political and economic backdrop.

*What's the most rewarding part of your job?*

Meeting clients and working with an outstanding team of highly knowledgeable and client driven investment managers.

*Favourite possession?*

iPhone – it's my portable office

*Favourite colour?*

Blue – It reminds me of wonderful Jersey summers where views of the sea and sky can be spectacularly beautiful

*Favourite animal?*

Our two springer spaniel dogs - Eric and Ernie, they are part of the family

*Favourite smell?*

Freshly mown hay, it reminds me of growing up on a small hill farm

*Favourite way to spend a weekend?*

Having spent years travelling the globe promoting Jersey, it's a delight just to be at home and spend time with my wife Pippa.

*Favourite food?*

Porridge!

*Favourite ice cream flavour?*

Vanilla

*Favourite pastime?*

Watching the English cricket team beat Australia

*Favourite film?*

Kingdom of Heaven – I love historical drama

*Favourite book?*

The old man and the sea – awakened an interest in reading as a teenager

*Favourite song?*

'You Say' by Laura Daigle

*Favourite person?*

My wife Pippa, she's been my best friend since we were teenagers



*“Having spent years travelling the globe promoting Jersey, it’s a delight just to be at home and spend time with my wife Pippa [at the weekend]”*



# Movers & Shakers



Left: Catia Tavares receives the Richard Pirie Prize, sponsored by Collas Crill, for the Trust Law examination from Deputy Bailiff Robert MacRae. Right: Greg Herold-Howes and Stephen O'Neill jointly receive the Bedell Cristin trophy for the Law of Security Interests and Bankruptcy examination from Deputy Bailiff Robert MacRae.

## Jersey Law Course Annual Prizegiving

*The Law Society of Jersey has held its annual prizegiving for those students who achieved the highest marks in the Jersey Law Course examinations in 2019.*

The Prizegiving took place at The Law Society of Jersey's Annual Dinner on 7 February 2020. The prizes were presented by the Deputy Bailiff, Robert MacRae, in his capacity as President of the Board of Examiners.

The prizewinners were:

*Law of Contract – Sponsor: Appleby*

**Winner: Lynne Calder**

*Law of Security Interests and Bankruptcy – Sponsor: Bedell Cristin*

**Winner: Stephen O'Neill and Greg Herold-Howes**

*Testate and Intestate Succession – Sponsor: Benest & Syrett*

**Winner: Michael Edwards**

*Law of Immovable Property and Conveyancing – The Hazel Bailey Prize, sponsored by Baker & Partners*

**Winner: William Burnell**

*Civil and Criminal Procedure – Sponsor: Viberts*

**Winner: Catia Tavares**

*Trust Law – The Richard Pirie Prize – Sponsor: Collas Crill*

**Winner: Catia Tavares**

*Company Law – Sponsor: Mourant Ozannes*

**Winner: Lynne Gregory**



## Jonathan is now Senior Partner

*Jonathan Speck has been elected Senior Partner of Mourant. He succeeds Robert Shepherd who retired from the partnership at the end of January.*

Jonathan, a former President of the Jersey Law Society and a pre-eminent lawyer in the private client world, will continue to manage his successful practice in tandem with the Senior Partner role.

Commenting on the appointment, Mourant Global Managing Partner, Jonathan Rigby, said: "I'd like to congratulate Jonathan on his appointment, he will make an excellent Senior Partner for the firm. During his career at Mourant, he has demonstrated a deep commitment to our clients and an astute understanding of the world in which they operate, translating that for our firm, our clients and our markets. As we focus on refreshing our strategy this year, integrating this perspective with the firm's vision and strategic goals will be really valuable. I'm very much looking forward to working with him."

The leading firm remains the largest law firm in the Channel Islands and, in recent years, it has also successfully built an award winning affiliated business, Mourant Governance Services. In addition, the firm has seen significant growth in the Asia and North America market.

The Senior Partner appointment is for a four year term and takes effect immediately.

## Grant Thornton expands

*Susie Crowder has been appointed as Director of Human Capital at Grant Thornton Channel Islands as the firm expands the services it offers to clients.*

This new appointment continues Grant Thornton's expansion in the Channel Islands. Susie joins with a wealth of experience in organisational (re)design, human capital planning and performance focused people strategy development.

"I look forward to establishing and growing our human capital service across the Island's to complement Grant Thornton's existing service lines," said Susie. "Human capital needs to be part of the boardroom agenda and supported with a thriving culture. The people and cultures involved in mergers and acquisitions are often overlooked. With the number of amalgamations forecast to increase, this presents us with an opportunity to prepare clients, pre and post transition, with guidance and support on the human capital aspects of the deal."







## New structure at T&G

*After a focused succession planning effort, T&G Structural Engineers have appointed two directors to eventually succeed the existing management team.*

Marcus Taylor and Tom McCarthy will work alongside long-standing directors Ian Bashforth and Johnny Moffett for the next five years, gaining the learning and experience needed to ensure continued business success.

Having gone through the challenge of taking over responsibility for running a company without the necessary experience, director Ian Bashforth was determined to avoid a similar future situation. So when he and partner Johnny Moffett began thinking about stepping down in five years' time, they embarked on some advanced people planning.

Both new appointees are existing members of T&G's staff. Associate Director Marcus Taylor joined in 2005, having come to Jersey following training and experience in the UK. After completing A-Levels at De La Salle College and a degree at Leeds, Engineer Manager Tom McCarthy joined T&G in 2013, having worked elsewhere in the local structural engineering sector for several years. Under the new structure, Tom will focus primarily on customer facing activities while Marcus will have responsibility for the organisation's office-based functions.

Helping Marcus and Tom adjust to their new roles are two further appointments. T&G's present Operations Manager Alex Farrow and Structural Engineer Cátia Caetano have been promoted to associate director. Under the new structure, Alex will provide direct support to Tom while Cátia performs the same role with Marcus.

## What's been Brewin...

*Brewin Dolphin have appointed Gary Le Quesne as a Divisional Director, as the company looks to expand the investment team in Jersey.*

Gary joins the company having worked within investment management and equity dealing for over 35 years. Gary was previously managing and investment Director at Aberdeen Private Wealth Management in Jersey, where he had spent over 19 years.



Gary said: "When you move employer it is important that you seek to work in an organisation and environment you will enjoy and one with which you share its values and ethics. Brewin Dolphin is known for having a professional and nurturing work culture with a strong team emphasis which is important to me."

"I feel I have been very lucky in my career choice; I remain as keen and engaged as I was when I started out looking after client portfolios in my early twenties (some while ago now!!). I have always been fascinated by the challenges and opportunities that working in financial markets present. As the world perpetually changes it is important to be able to recognise the direction of travel, to seek out the new winners and ask yourself as to what the company's you are currently invested in are doing to embrace these challenges."

Gary and his partner Kim have two children, Charlotte 18 is studying Economics at Exeter University and Harvey 14 is at De La Salle College. When not spending time with the family he enjoys socialising, trying to improve his golf at La Moye GC, walking his dog Cid, supporting Tottenham Hotspur FC and listening to a wide variety of music.

Mark Miles, head of office, Brewin Dolphin Jersey, said: "Gary is a highly experienced investment professional who is well-known in the local community. We continually strive to meet the growing needs of our valued clients and so having someone of Gary's calibre onboard will help us to reach even more people in order to help them plan for their futures".



## Moves at Myersons

*Advocate Carly James has been made a Partner of Myersons, the first appointment of this kind for the firm. Carly takes partnership alongside Founder and the firm's namesake Victoria Myerson. The firm has also announced a second promotion, with Advocate Celanne Scally becoming Senior Associate.*

Victoria Myerson commented: "Carly and Celanne are both thoroughly deserving of these promotions. We have worked together for a long time, which makes us an incredibly strong unit. This is an exciting time for Myersons and I am looking forward to continuing to give support to our clients with this extremely talented and motivated team."

Carly has been practicing in family law for 15 years and has specialist expertise in divorce and separation proceedings, as well as dealing with complex children matters, a practice which continues to grow. Named as a "Rising Star" in the 2020 edition of The Legal 500 Carly has said she is "delighted" to take this next step in her career at Myersons. Celanne Scally has worked in the field of family law for almost a decade and, like her colleagues Victoria and Carly, has significant experience dealing with both matrimonial and private children law matters. She too was named as a "Rising Star" this year by The Legal 500, and in 2019 was announced as one of eprivateclient's "Top 35 Under 35" in the Channel Islands, for the second year running.



# Motoring *news*

A round-up of the latest news snippets from the motoring world

✍ Words: Russ Atkinson



## Das original, updated

The archetypal hot-hatch is about to reach another generation milestone with the release of the Mk 8 Volkswagen Golf GTi at this year's Geneva Motorshow. So far, all they're giving away is the teaser-image below, but you can be assured that the iconic chequered seat fabric is here to stay. Phew.

With an entirely digitised interior and 'Travel Assist' allowing the Golf to speak to its surrounding vehicles using a technology called Car2X in order to ensure that it's just as relevant as a modern vehicle in the digital age as it is as an iconic hatchback famed for its performance. Except the Mk3 and Mk4. They were a bit crap, even if they both still looked cool in their own right.



## Daddy cool

When I fired up the motor industry newsfeed this month, there was absolutely no way this one wasn't going to get a mention. Just look at it! Only the other day I was discussing how trends that were never cool to the point of disgust a few years down the line are now achingly cool. This very sweeping statement was applied to a Mercedes C300 estate in two-tone paint with three spoke wheels - heinously un-cool, until now. Estates are cool. Gold wheels, once the reserve of Subaru Imprezas - I'm bracing for impact as I say that they're not particularly cool - are now also cool (take note - you know who you are), as are the gold wheels on this Cupra Leon. Or Leon Cupra. I'm still confused with Seat's sub-branding strategy. All of that aside, this car - in grey with gold wheels, and in my opinion - looks absolutely bang on.

Not only is it practical, but the interior looks purposeful yet inoffensive - an unbeatable combination - and it's available as an eHybrid so you can do at least a tiny part when it comes to trying to save the planet (even if the extraction of lithium from the earth is a somewhat dubious and unsustainable practice). Power outputs range from 245 to 310PS and allow you to smash the 0-60mph sprint in under five seconds, which translates to the more island-appropriate 0-40mph sprint in less than under five seconds. Let's keep this relevant here. The 310PS version of the 2 litre TSI petrol engines fitted across the range is only available on the estate, which makes it an even more appealing option, and all of the models come with a DSG gearbox so you can pretend you're an F1 driver and savour the blips as you downshift using the paddles during the school run, too.

Speaking of the school run, it's also allegedly one of the safest vehicles Seat, or should that be Cupra, have ever produced. The plug-in hybrid version combines a 1.4 TSI petrol engine with a 13kWh battery for a combined power output of 245PS and an impressive 400Nm of torque. Used solely on electrical power, the batteries take 3.5 hours to charge and offer a 60km range, but you can, of course, charge the batteries using the petrol engine while driving, too.



## How many, sorry?

Skoda have just announced the manufacture of their seven-millionth Octavia. Yes, that's right - seven million of them.

That said, they have been producing them since 1959 and, unlike the VW Golf in the story above, are currently only on their 4th generation. Why change the recipe if you're clearly doing something right though, right?

Trivia: the name comes from the Latin 'octo', meaning eight, as it was the eighth Skoda to feature independent suspension on all wheels.

## How are you pronouncing that?

Here's a new one for you - LA-based manufacturer Czinger, and I'm guessing that C is a silent one, have announced this animal; the 21C hypercar. They're only making a total of 80 vehicles, with both road and track-focused variants available, and will be using 3D printing technology to manufacture many of the parts.

They've developed their very own V8 engine with a displacement of just 2.88 litres and two turbos feeding it fresh air that sends power to the rear wheels, as well as two electric motors powering the front wheels and taking care of torque vectoring (presumably eliminating understeer completely) for a total combined power output of a staggering 1233bhp. That's roughly the same as its weight in kilograms, which translates into a quarter-mile time of just 8.1 seconds and 0-100kph in just 1.9 seconds. Blink and you'll miss it. And by 'it', I mean the police officer holding the speed gun. That's probably less of an issue than you may think, however, as if you keep your foot to the floor and use all seven of the gear ratios in the automated manual gearbox you'll be able to hit 400kph before it runs out of puff. That's 248mph, in old money.



I can't help but think it sounds like it's trying to be a Koenigsegg creation, but could also end up being the next 'last edition' Pagani Zonda if the demand presents itself, but as I'm very unlikely to be offered a drive in a hypercar of any description at any point ever, I'm not even slightly afraid to say that. But if you're reading this, Christian Von Koenigsegg, my email address is in the front of the magazine...



# Dacia Duster

Rugged, Robust and Rebellious








**Prices from £10,111–£17,251\***

**Bagot Road**  **garage**

**Bagot Road, St. Saviour**  
Tel 01534 815120 [www.bagot.je](http://www.bagot.je)

The official combined fuel consumption figures in mpg (l/100km) for the Dacia Duster are 44.4–64.2 (6.4–4.4). The official CO<sub>2</sub> emissions are 145–115g/km. WLTP figures shown are for comparability purposes; only compare figures with vehicles tested to the same technical procedures. Actual real-world driving results may vary depending on factors such as weather conditions, driving styles, vehicle load or any accessories fitted after registration. WLTP is a new test used for fuel consumption and CO<sub>2</sub> figures; however, until April 2020, the CO<sub>2</sub> figures are based on the outgoing (NEDC) test cycle, which will be used to calculate vehicle tax on first registration. Please visit [dacia.co.uk/configure](http://dacia.co.uk/configure) for WLTP figures for any selected options.

\*Prices shown are manufacturer's recommended retail prices, available on featured new vehicles ordered between 18th December 2019 and 31st January 2020 and registered before 30th June 2020. Prices shown include delivery to dealer, number plates, 5% GST, VED, full valet, full tank of fuel and £31 first registration fee. Cars shown with optional metallic paint at an extra £441.87 inc GST.



# Smooth(ie) OPERATORS

✍ Words: Rebecca Evans

Whether you want to whip up homemade soups for lunch, mix a protein shake after the gym or sneak some fresh fruit into the kids' ice cream, chances are that a blender will be one of the handiest kitchen implements you ever buy. But the sheer choice of them is astounding; every 'Best Blenders 2020' list is completely different to the last, and the variations in everything from potential functions to price bracket are vast. For the blended issue I've done the leg-work for you, and present a perfectly mixed selection of the best on the market.



## BREVILLE VBL062 BLEND ACTIVE

If your blending aspirations are limited to making yourself a morning fruit smoothie or the occasional milk-shake then you could do worse than the cheap but cheerful Breville Blend Active.

Supplied with two 600ml sports bottles (although spares can be bought separately) this isn't one for mass-production, but does its limited job very well. Pop your ingredients into the bottle, screw on the easy-to-clean blade cap

and invert on to the blender base. No fancy settings here, this is a one-button, no-frills operation that incorporates a powerful chopper (Oo-er missus) to reduce fruit, ice and nuts to smooth tasty drinks. Once your liquid refreshment is ready, replace the blend cap with a sports lid and you're good to go.

**THE BREVILLE VBL062 BLEND ACTIVE IS £22 FROM THE POWERHOUSE**

## BRAUN MQ745 MULTIQUICK 750W HAND BLENDER

Ideal for small kitchens where counter-top space is too limited for a hefty device, the Braun Multiquick combines the space-saving qualities of a hand blender with the versatility of a food processor.

Supplied with a large beaker for pureeing and chopping, a whisk for quick and efficient baking, and a jug big enough for party cocktails, the Braun Multiquick features patented Smart Speed technology, meaning the harder you squeeze the handle-mounted control, the more power you'll get out; perfect for super responsive one-handed use, with subtle speed changes made in real-time and without interruptions.

**THE BRAUN MQ745 MULTIQUICK IS £89 FROM THE POWERHOUSE**





## THERMOMIX TM6

If Vitamix is the BMW of the blender world, the Thermomix TM6 is the Bugatti. If you want to blend it like the Beckhams, I'd hazard a guess that this is the model you need.

More of an entire commercial kitchen than a basic blender, the German engineered Thermomix TM6 offers no less than 20 individual functions, including a sous-vide option, slow cooker, rice cooker and fermentation setting to name but a few, along with chopping, slicing, blending and kneading that you'd expect from a top-end food processor.

Thermomix's own online platform is integrated into the full-colour flour & grease-resistant touchscreen display and includes over 40,000 recipes from around the world, along with precise instructions on how to create them using what is essentially a robot version of Gordon Ramsay (but hopefully less swears). From simple milkshakes to 6 course Michelin standard meals, there's really nothing that this little beauty can't do.

Weighing in at a chunky 8kg and taking up a decent amount of counter-space this isn't the kind of kitchen device you can stash in a drawer, but given that you should be able to get rid of everything else bar the fridge it'll probably balance out.

**THE THERMOMIX TM6  
IS £1099 FROM  
VORWERK.CO.UK**

## VITAMIX A2500I ASCENT SERIES BLENDER

With a model names like 'Explorian' and the 'Ascent Series' you'd be forgiven for thinking that Vitamix were selling high end 4x4s instead of fancy food processors, but then these are the BMWs of the liquidising world.

Boasting a 2.2 horsepower motor, variable speed control and digital timer, the Vitamix 2500i comes with pre-set blending cycles designed for smoothies, frozen desserts, and soups. The latter setting transforms fresh unpeeled veg into a steaming hot ready-to-serve lunch inside 5 minutes by harnessing friction from the super-fast motor, and automatically stopping when your meal is ready. No more slopping boiling liquid from pan to blender and back into your bowl.

Wireless connectivity future-proofs the Vitamix to be compatible with future technological innovations, and a generous 10 year guarantee means the not inconsiderable initial layout will become a bargain when you calculate cost-per-potential-use.

The heavy-duty blender base communicates with compatible containers and automatically



adjusts speed and times to suit the size of jug attached and recipe you're making, plus the BPA free shatterproof jug and Interlock technology are designed to avoid those 'soup on the ceiling' accidents.

**THE VITAMIX A2500I IS £549 FROM  
JOHN LEWIS**

## SMEG 50S RETRO BLENDER

If you prefer your smoothie maker to be stylish rather than packed with settings, the Smeg 50s Retro Blender could be the one for you.

Following the same iconic vintage style as the popular fridges, the 800 watt motor and stainless steel blades make short work of frozen fruit, tough vegetables and ice to create easy smoothies and fruit juices, while 4 different speed settings and an extra pulse mode mean purees, soups and salsas are also a breeze to make.

The sizeable 1.5 litre jug holds enough frozen margarita for all your friends, while the anti-slip feet and safety lock mean this option is safe around the family too.

If you like your kitchen machinery to be matchy-matchy, Smeg also produce a full range of counter-top devices in a rainbow of cool colours.

**THE SMEG 50S RETRO BLENDER IS £150  
FROM THE POWERHOUSE**





# PULLING NO PUNCHES



Words: Ian Heath

Photography: Danny Evans

AFTER years spent mixing it with the guys in the boxing gym, playing street basketball and windsurfing, fitness instructor Marta Szyman wants to take other women to the places where only men usually tread.

Having had a passion for sport her entire life she has become one of Jersey's best known coaches with her high energy boxercise, spinning and cardio classes regularly attracting more than 50 students.

Now a senior instructor at Club Soulgenic, the self-confessed tomboy is planning to get a full boxing licence and even to train as a bouncer. And she would like to get more women to follow in her footsteps by taking part in white collar boxing under her guidance, perhaps in an event she will organise herself.

The confident Pole said that her sports teaching career started when she was spotted performing tricks while playing street basketball in her hometown of Olsztyn in the north of the country.

'When I was at school I used to play street basketball with the guys. One day when I was training a teacher saw me doing my tricks, which was what street basketball was all about,' she said.

'They picked up on me and told me that I should start teaching. I have been teaching and doing sports all my life. I also used to do windsurfing on the lake in Poland. I was never afraid to go in with the guys. I was always a tomboy.

'People would look at me and think she's a blonde girl, she wears heels and make-up – she can't do this. But I did. It was just me being me.'

After coming to work in Jersey in her early 20s she was eventually asked to start taking over aerobic and boxercise classes before taking part in a 'white collar' boxing event five years ago that fuelled her passion for pugilism.

'I was teaching back in Poland but it was more like aerobic classes. Then I came over here and I did different jobs. Everyone said to me go and teach and an instructor I had been covering for left for the UK and I took over from her,' she said.

'I always had a passion for boxing and I did white collar, then I started Thai boxing and other classes. That's when I really started learning.

'The great thing about boxing is it gives confidence to people. It has built up my confidence and encouraged me to do more. A lot of people, especially women, don't have confidence and it is great to see the change it can make.

'I have seen it happen – people start from nowhere. Now I look at some of my students and think they would be ready for white collar boxing. I would be scared to fight them now!'

Anyone who had taken one of Marta's classes will tell you one thing – there is plenty of energy involved! Marta said that her aim is to share her own natural energy with anyone who comes to her classes.

'I am always on the go. I'm not a person who can sit down. I try to give my energy to other people. Caring is sharing,' she said.

'It was never about the money for me. It's about making people happy and getting the best out of them. That's what me happy – when I see someone achieving something and when they leave my class smiling and saying that they want to do more classes. I love it when they show that commitment.

'When I do classes what you see is the real me. I can be tired or knackered but when I do the class I always give all my energy and I want people to absorb it.

'That's how my classes run. That's what people say to me – it's not even what I teach, it's the way I do it. I love people and I'm a people person. When I teach it's a different world. I do this because it's my passion and my hobby. I do it because I care and I think the best teacher is the one who cares.'

**'People would look at me and think she's a blonde girl, she wears heels and make-up – she can't do this. But I did. It was just me being me.'**

Marta added that one of the best moments of her life was teaching boxing to a teenage girl who lived next door to her and was being bullied at school. She said the transformation she witnessed was 'amazing'.

'She was so depressed when I first met her and she was suffering family issues,' she said.

'I used to teach her boxing in my backyard and a couple of years later she was a completely different person. It was brilliant. She was so much more confident and stronger, and not getting bullied. It made me so proud to see that I could make that difference to her life.

'But that's what I love about boxing – it is not about training bullies who can hurt people. It is about training people who show respect and are confident. And that's why I love it.'

Taking about her future plans she said she has 'dreams' to put on a major boxing event but it is a 'long shot' at this stage and needs plenty of work.

She added that her instructing career had 'really developed' recently with the guidance and support of Glenda Rivoallan and Kenny Manson at Club Soulgenic.

'They have been fantastic and have really helped me. I really want to thank them for what they have done for me,' she said.

Marta teaches regularly through her Rave Aeroclub business at the Havana Club and La Colomberie, and soon at Club Soulgenic, where she also teaches various classes, including the signature Gears nGloves boxing and spinning dual sessions!



## SPORTSPERSON OF THE MONTH

## Lucy O'Sullivan

✍ Words: Imogen Pickering

Lucy O'Sullivan is a Jersey Sports Foundation supported athlete, who regularly travels both nationally and internationally in a bid to widen her sporting experience and advance in her archery career. Having recently taken part in the "Vegas Shoot" - a world famous archery tournament in the US - we caught up with Lucy to hear more of her story.

**So Lucy tell us - when did this all start?**

I started archery 20 years ago, when I was 10 years old. At the age of 14 I was talent-spotted for the Great Britain team (2004) and I haven't looked back since! I shoot a compound bow and have shot for Jersey, Hampshire and Great Britain for 15 years. In my archery career there have been highs and lows, as in any sport. The lows make you try harder and aim for greater things and the highs are what we all do it for! My best achievements were winning the commonwealth games test event for Jersey in Delhi, coming third in the world as a junior and winning medals on the world stage for Great Britain many times. I have had national records and European records and those things just keep me wanting more!

**You recently took part in the world famous "Vegas Shoot" - how did that come about?**

The world famous archery shoot in Vegas is a world open event and part of the world indoor series. I have always wanted to do it, but never had the confidence to sign up for it before! Many of my friends from the UK circuit and Jersey club were making the trip this year, so I decided, as I wouldn't be alone, I would join them! I took part in the pro division which is an all-or-nothing event. I did okay the first day, slipped down the ranks a little on the second day and then pulled it back a bit on the third. Not one of my favourite performances, but boy, what an experience! All of my sponsors were there, as well as a few fans too, so it was great to catch up with everyone!

**How has your work with the Jersey Sports Foundation helped in progressing your career?**

My work with the Jersey Sport Foundation has helped tremendously, as I get access to sports management, sport psychology (which are huge factors in my sport) and I have access to the high performance gym, which was instrumental for my shoulder rehabilitation last year!

**What would be your advice to any young sportsperson wanting to take up archery?**

I would suggest joining the local clubs and get used to shooting tournaments, as well as travelling to the UK shoots as much as possible. I do about 16 trips both nationally and internationally every year!

**Besides archery, do you have any other hidden talents?!**

Besides archery I wouldn't say I have any specific talents, but I am a highly competitive person, so if someone wants to do an activity with me - be prepared for me treating it like I'm in the Olympics! At least you know I do my all!

“

**I am a highly competitive person, so if someone wants to do an activity with me - be prepared for me treating it like I'm in the Olympics!**

”



Image courtesy of World Archery

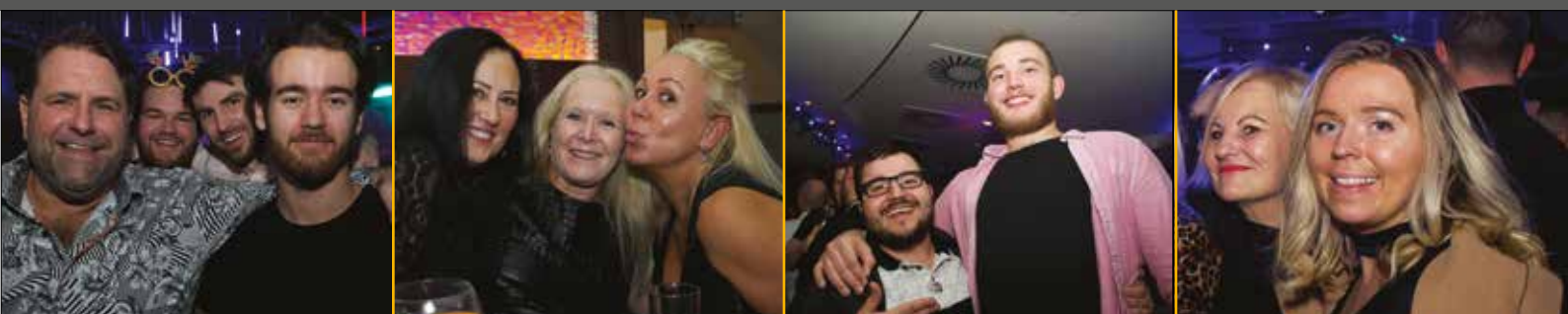




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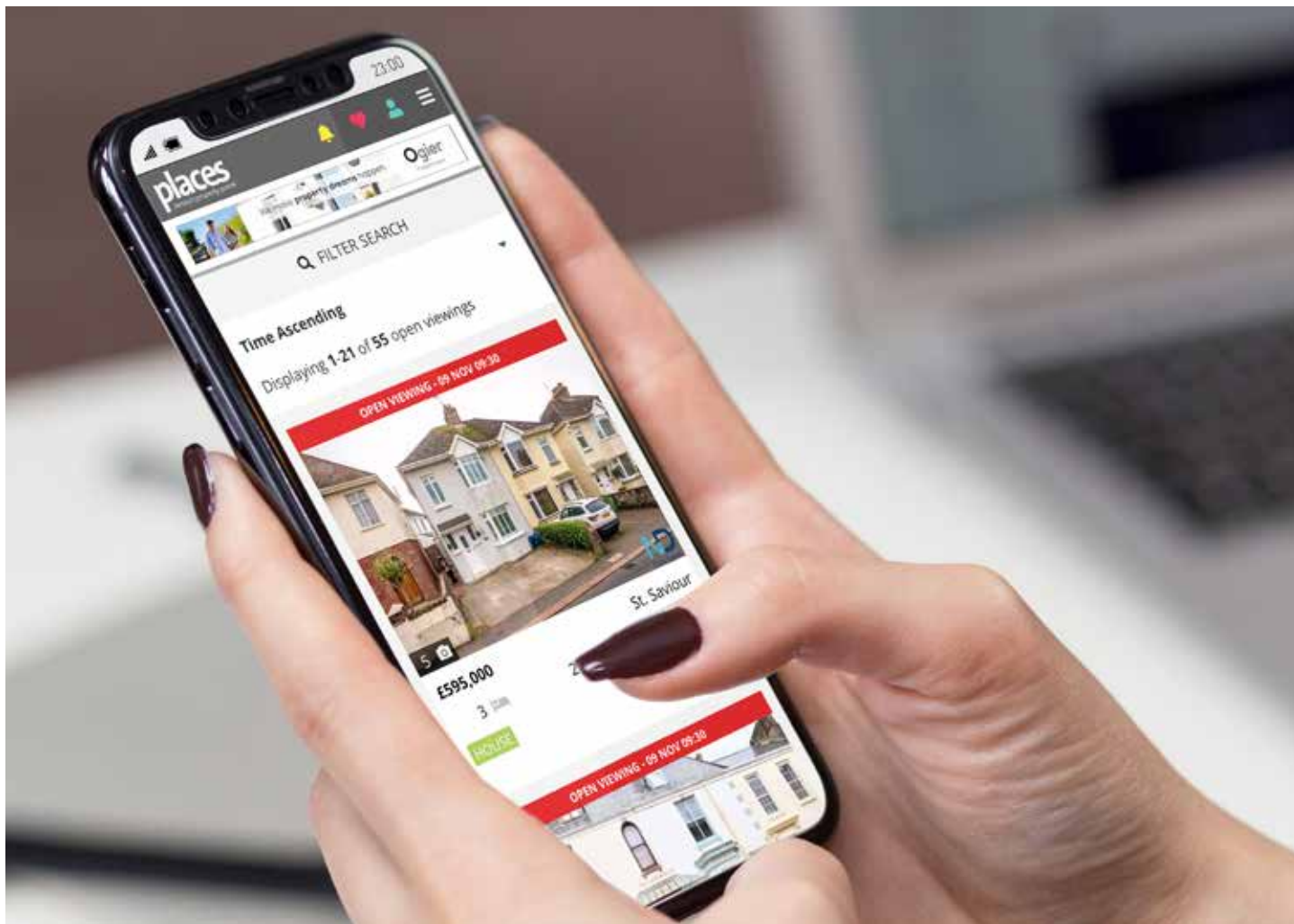
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**AMANDA JOHNSON**  
*My roots.....*



**LORNA PURDIE**  
*Lorna Purdie Crisps and ice-cream. Yum.*



**LUCY SANDERSON**  
*Me and Tom Hardy.*



**MIKE ETIENNE**  
*Wild Turkey and Tomato Juice.*



**SIMON JONES**  
*The new hospital and a plan!*



**TIMOTHY J RICE**  
*Money and my wallet*



**SHEILA LONG**  
*Vodka and lemonade*



**SILVIA FOX**  
*Bacon sarnies drizzled with sweet chilli sauce*



**PAUL BELBEN**  
*Fillet Steak (med / rare) covered with pepper sauce. A classic. Yes please.*



**PHIL RENASCENT**  
*Scallops, garlic, mushrooms - flambeed in Calvados and doused with cream. Thank you and good night*



**T RICIA BARRETT**  
*Cheese & Onion crisps with milk chocolate!*



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