

# GALLERY

MAGAZINE ©

FEBRUARY 2006





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**ocean**  
R E S T A U R A N T

The Atlantic Hotel St Brelade Telephone 744101

## CHRISTMAS & NEWYEARS

ALL IT WAS CRACK(ER)ED UP TO BE?

Turkey, stuffing, chocolate, vegetables, christmas cake, gravy, sweets, christmas pudding, leftovers.... sound familiar? Christmas is about excess alright. Hopefully Christmas 2005 was a good one and you're reminiscing fondly. And New Years, that emotional evening that probably resulted in at least one of the following: one of your friends crying, an argument, too much alcohol, and starting the new year with a hangover? Why do we do it to ourselves? Next year we're petitioning to get New Years moved to a surprise date so that there's no build up or dissapointment. Sometime in the summer maybe? we'll let you know.



If you go down to the beach today...

## 9 X 5 = ???

THE NUMBERS DIDN'T ADD UP

We love a competitive marketplace here at Gallery, it's better for you readers as it means we've got to try harder to keep you impressed. Sadly, Jersey magazine publishers mourned the death of ninexfive this month as the Ninexfive publishers and Jersey Post shouted at each other in the JEP's letter column. It wasn't our cup of tea but we're sure that some of you out there read Diane Postlethwaite's Horoscopes and the other ninexfive regulars with glee each month. It's a hard act to follow but we're going to try our best and even without that stiff competition, we'll keep pushing the right buttons with Gallery to keep you all entertained.



Love don't live here anymore...

## CRIME SHOULDN'T PAY

HOSPITAL PORTER POCKETS £90K FOR STAYING AT HOME

It's the holy grail of the working world; to make money for doing nothing. A porter at Jersey hospital is allegedly doing just that as he's been suspended for three and a half years on full pay, receiving £90,000 whilst spending time off. It's OK for some! It seems the porter is awaiting a court appearance for allegedly downloading things that he shouldn't onto his work computer. We wouldn't recommend following suit, opening up that dodgy attachment or hitting the download button will more than likely land you in hot water rather than in the money. A good job too, there's only so much taxpayer money to support the lifestyle of the stay at home workers!

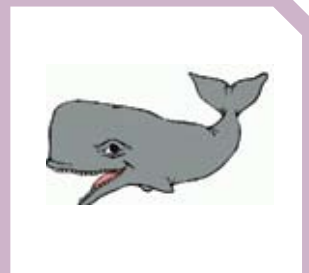


...and your chicks for free

## WHALE OF A TIME

HUGE MAMMAL CHECKS OUT THE LONDON EYE

Someone famous apparently once said that 'if you're bored with London then you're bored with life'. Whoever it was, they obviously emitted it by sonar as a whale turned up in the Thamas last month to see what all the fuss is about. It tried to beach itself in the heart of London and had to be moved using a giant harness and inflatable pontoon. The authorities were testing the animal, leaving it disorientated and obviously not impressed with London at all. And it didn't even take the tube! Sadly the poorly whale didn't have the strength to make it back out to the wild. Bottlenose whales are seldom found in water shallower than 600ft and they don't like to leave pod members Perhaps it just chose the capital as a final resting place...



Take me to the trocadero

our **NEW** website – your questions answered

**Q. where can I use my mobile phone abroad?**

**A. find out at [www.jerseytelecom.com](http://www.jerseytelecom.com)**



# INTRO

Welcome to 2006 and Gallery 16. February marks the start of what is going to be an exciting year for Gallery. We have some new ideas in the pipeline and look forward to sharing them with you in the near future.

The 12th of February marks the anniversary of our storming Gallery party last year and what better way to celebrate than have another one? We want to say thanks to our friends, clients and readers for helping Gallery to firmly position itself as Jersey's best quality magazine. Check out the ad in this issue and apply online. Tickets are limited!

Gallery is getting back to our 'rooooots' this year. Although our local writers have been producing fantastic music and culture reviews, we've decided that local Jersey talent is where it's at. 2006 will see a shift back to local music and culture features. This month we showcase the Valentines, one of Jersey's hottest up and coming bands. How appropriate for this time of year eh? it was a complete co-incidence.

Speaking of valentines, this month our new feature writer Donna White examines the problem of looking for love in Jersey along with strange valentines rituals from around the world. If you're looking for a gift for valentines then our underwear fashion shoot may give you some ideas. We also check out the winter olympics, the latest and greatest phone from motorola and all the usual features including a newly organised listings section so you can locate what's going on by date. So enjoy this month's Gallery and see you at the party.

BD

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Ramsey (hope you're better mate)  
Damon, Rebecca, Agee & Steve (Mary) ,  
Our hair and make up team, Lynn at de  
Gruchy, The Valentines & Shelley.

We also say goodbye to Aimee who's  
off to see if the streets are paved with  
gold in the big smoke. Thanks for all your  
help and good luck!!

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## GALLERY

### JERSEY'S QUALITY MAGAZINE

Gallery is published 11 times a year as a lively yet discerning guide to all that happens on the Island and beyond, written by Islanders, for Islanders. For more information about where to get your copy, special subscriptions, advertising enquiries and contributions

### WANT TO FEATURE YOUR BUSINESS IN GALLERY?

If you would like to discuss options for featuring your business in Gallery please call Matt Fiott on 01534 811100 or visit [www.gallerymagazine.co.uk](http://www.gallerymagazine.co.uk) and download our media pack.

# GALLERY

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THE MATING RITUAL ...



TO BE CONTINUED ...

THE GALLERY PARTY  
FEBRUARY  
REGISTER FOR TICKETS ONLINE AT  
[WWW.GALLERYMAGAZINE.CO.UK](http://WWW.GALLERYMAGAZINE.CO.UK)

NUMBERS ARE LIMITED!

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Elle Macpherson Dentelle Balconette  
Bra £27, de Gruchy  
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Photo: Damon Eastwood

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# Unwind

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# DISSEMINATION



## BOHEMIA RETAIN MICHELIN STAR...

Bohemia Bar & Restaurant is celebrating having retained a Michelin star (the only one to be awarded in the Channel Islands) with the launch of The Michelin Guide Great Britain and Ireland 2006. Bohemia Bar & Restaurant has enjoyed another extremely successful year since its first star was awarded in 2005. The restaurant's reputation for food excellence in stylish, contemporary surroundings is now a well-established feature of Jersey dining. Commenting on the news, Managing Director of Bohemia Bar & Restaurant Lawrence Huggler said: "We're obviously delighted to have retained our star. Last year was an extremely busy time for all the team at Bohemia, with the opening of The Club Hotel & Spa in August, and we worked hard to ensure standards were retained throughout".



## ...AND ATLANTIC EDGE CLOSER

While Bohemia are celebrating winning their Michelin Star, The Atlantic Hotel is edging closer to one themselves. New for this year in the Michelin Guide was the 'Rising star' category which highlights establishments which have the potential to soon gain one star. Three establishments tipped for a star in 2007: Fraiche in Birkenhead, The Harrow near Hungerford, and our very own Atlantic Hotel. It looks as though Jersey will soon be spoilt for choice...



**SITE TAKES AWAY VAT FOR C.I**  
VAT is to be deducted automatically for local customers using the [www.blahdvd.com](http://www.blahdvd.com) site. Products costing less than £18 are VAT free anyway, but Blahdvd has now updated it's website to make sure that Channel Island customers always get VAT deducted at the check-out, irrespective of how much they are spending. "Most of us have probably experienced the frustration of ordering online and struggling to get VAT removed, so with our system if you live in the Channel Islands, and delivery is to the Channel Islands, the VAT is automatically deducted at the checkout," says blahdvd.com's Chief Executive Peter Allen.



## WEDDING FAIR

Some Jersey businesses are putting on a Wedding Fashion Show this Friday 12th February at midday. In aid of Jersey Hospice Care, The Water's Edge Hotel will be the venue with Anna Trigg, Letto's, Creme, Austin Reed, The Flower Studio, Fernlea Hair Design, Sinead Shortt Manicurist, and Nick from Event By Design all participating free of charge. Champagne and canapes are to be served on arrival and there will also be a raffle with exciting prizes. Tickets are available from Autin Reed, Lettos and Creme at £5. For more information contact Marysia Philpott on 862777.



## BREAKTHROUGH FASHION SHOW

Jaeger in conjunction with Breakthrough Jersey for breast cancer research is holding a fashion show on Thursday April 6th 2006. The evening will commence at 6.00pm with a chance to view and purchase the new spring/summer collection. Champagne will be served and any purchase made of £50 or more will be entered into a prize draw with the winner receiving a £500 voucher. Kate Cramb a personal image consultant will also be in attendance to help with any of your beauty or shopping requirements. Please contact Lindsay on 760764 / [ledwards@legallais-luce.com](mailto:ledwards@legallais-luce.com) for tickets.



## L'HORIZON BOSS AWARDED

Julia Hands, chief executive of Hand Picked Hotels (which includes The L'Horizon Hotel), has been chosen as one of the top 10 entrepreneurs in the UK in the National Business Awards – known as the Oscars of the business world. This latest accolade for Sevenoaks-based Hand Picked Hotels was announced at a glittering ceremony at Grosvenor House. The National Business Awards recognise best practice, innovative business processes and overall business success. The former City lawyer, said: "I am delighted to be chosen as one of the UK's top ten entrepreneurs. It is a tremendous compliment, not only for me but for the enormously loyal, talented and enthusiastic team at Hand Picked Hotels. This award is as much for them as for me." In creating Hand Picked Hotels four years ago, Julia Hands set out to "cast off the chain" mentality and encourage the renaissance of highly individual, luxurious country house hotels. All of the collection are former country houses with a long historical lineage and were "built for pleasure" – a tradition Julia is eager to maintain.



## GLC

Jersey used to be capable of getting some great acts over - The Beatles played here once upon a time. After a period in the wilderness we seem to be heading in the right direction with confirmation that Goldie Lookin Chain are playing at Fort Regent on Friday 3rd March. The group's members (Duain Xain Zedong, 2Hats, Maggot, Billy Webb, Eggsy, Mystikal, Mike Balls, Adam Hussain and Rosco P) are unlikely to appeal to everybody (especially if you're offended by profane language) but if you like the sound of Welsh rappers satirising American hip-hop culture and consumer society you're in for a treat. Standing tickets available from £18 - for more info email: [info@positiv.org.uk](mailto:info@positiv.org.uk)

## AURUM

A stunning bespoke diamond necklace, created by Aurum Jewellers and valued at £145,000, took centre stage in a recent episode of Extreme Makeover. Aurum owner, Richard Blampied presented the necklet to the show's subject Carol Fraser. The programme, on the popular LIVINGtv digital channel, regularly reaches more than 1.5 million viewers. The piece consisted of 16 marquise cut white diamonds, 6.92 ct total, h1 cushion cut white diamond, 9.18 ct, surrounded by pavé set natural yellow diamonds, 0.27 ct total all set in 18 carat yellow and white gold suspended from a necklet of faceted black diamond beads, 91.86 carats total. Very nice indeed.

## NEW DANCE ASSOCIATION

The JADA (Jersey Amateur Dancesport Association) was recently inaugurated and aims to support local dancers further their pursuits in dancing at local, UK, and, international level and will offer support, advice, and, hopefully some financial assistance provided. The Association will be affiliated to the UK organisation EADA (English Amateur Dancesport Association) and will allow members to take advantage of discounts on shoes and dancewear. Membership will also ensure that members receive updates and newsletters, and most importantly priority in ticket allocations at future JADA functions, and discounts at JADA, GADA and EADA functions.

our **NEW** website – your questions answered

**Q. which tariffs include free calls and extra discounts?**

**A. find out at [www.jerseytelecom.com](http://www.jerseytelecom.com)**



## JOKE // THE AMERICAN SOLDIER

An American soldier, serving in World War II, had just returned from several weeks of intense action on the German front lines, and having finally been granted leave was bound for London. The train was very crowded, so the soldier had to walk up and down, looking for a seat. The only unoccupied place was directly adjacent to a well dressed middle aged lady and was being used by her little dog. The war weary soldier asked, "Please, ma'am, may I sit here?" The English woman looked down her nose at the soldier and sniffed, "You Americans, such a rude class of people. Can't you see my little Fifi is using that seat?"

The soldier walked away, determined to find a place to rest, but after another trip to the end of the train, found himself again facing the woman with the dog. Again he asked, "Please, lady. May I sit there? I'm very tired." The English woman wrinkled her nose and snorted, "You Americans! Not only are you rude, you're also arrogant!" The soldier didn't say anything else. He leaned over, picked up the little dog, tossed it out of the window and sat down in the empty seat.

The woman shrieked and demanded that someone defend her. An English gentleman sitting across the aisle spoke up, "You know, sir, you Americans do seem to have a penchant for doing the wrong thing. You pronounce tomato incorrectly. You drive your cars on the wrong side of the road. And now, sir, you've thrown the wrong bitch out of the window."

## 8 FACTS OF // RANDOMNESS

1. Only one person in every two billion will live to be 116 years old or more.
2. Thirty-five percent of the people who use personal ads for dating are already married.
3. Elephants can't jump. Every other mammal can.
4. In ten minutes, a hurricane releases more energy than all of the world's nuclear weapons combined.
5. The name Wendy was invented for the book "Peter Pan."
6. Did you know that Michael Keaton's original name was Michael Douglas?
7. An iceberg actually contains more heat than a lit match.
8. In the great state of Texas it's illegal to graffiti someone else's cow. And so it should be.

## DUBYA SPEAKS!

## FAMILY //

"She is a fabulous First Lady. I was a lucky man when she said, yes, I agree to marry you. I love her dearly, and I'm proud of the job she's doing on behalf of all Americans. Just like I love my brother."

-- Um, where did that last bit come from?  
Jacksonville, Florida, Sep. 9, 2003.

"You're working hard to put food on your family."

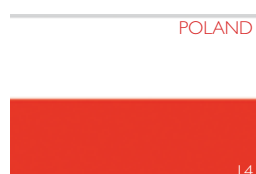
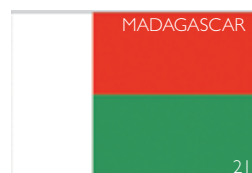
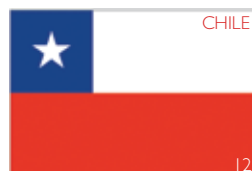
- Huh? Greater Nashua Chamber of Commerce, Nashua, New Hampshire, Jan. 27, 2000.

"I've been to war. I've raised twins. If I had a choice, I'd rather go to war."

- What a family man, what a soldier, Jan. 27, 2002.

I had an interesting opportunity to go see some research and development being done on solar energy. I'm convinced, someday in the relative near future we'll be able to have units on our houses that will be able to power electronics within our houses, and hopefully, with excess energy, be able to feed them back in the system. That's possible. We're not there yet, but it's coming.

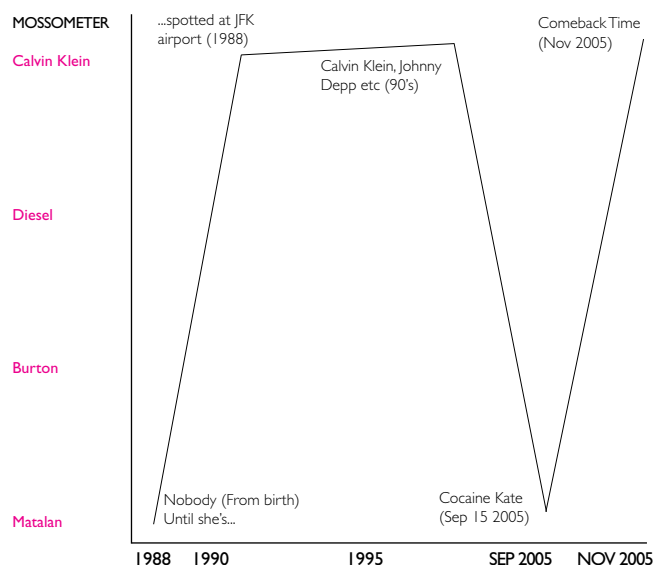
- Well actually Dubya it's been possible since 1996, White House, Oct. 4, 2005.



AGE OF CONSENT //

WORLD  
WIDE

## MISC // CAREER TRAJECTORY // KATE MOSS



Kate Moss, global modelling sensation. Just to think, if she hadn't been walking through JFK airport at the same time as Sarah Doukas (founder Storm Model Agency) you'd probably be able to find her serving cold meats in Croydon's Tesco. OK, that's a little harsh, but it's tough not to be jealous of this girl. She's been at the top of the game for 18 years and in the famously fickle world of fashion that's nothing to sniff at (get it?). Although she doesn't even fit the model profile (too short), she became the prototypical 'heroin chic' model of the 90's. From there she's had a string of famous boyfriends (Johnny Depp, Jefferson Hack and most recently, Pete Docherty). It seems she can do no wrong. Her much publicised dalliance with cocaine (supermodels with cocaine? Next thing you'll be telling me that darts players lead unhealthy lifestyles) led some to pronounce her career over. As if. After a spot of rehab and a tongue in cheek Vodafone ad her comeback has again seen her crowned fairy princess of fashion. Good on her.



### NEWS // BRAZIL

A gang of robbers were arrested on a beach in Brazil after a man noticed two of them were wearing clothes stolen from his house. A police spokesperson said: "They stole the clothes from a nearby house and ended up at the same beach as the victim. It's surreal."



### NEWS // SPACE

The ban on astronauts drinking alcohol aboard the International Space Station may soon be lifted. It follows pressure from Russia to allow "overworked cosmonauts a chance to restore their strength". Vodka and space - surely a bad combination.

### ORIGIN OF THE WORD // OK

It's been claimed that OK is the most world's most known word. Even so, this colloquial expressions origins are a little sketchy since it's rapid rise to prominence in mid-19th century America. There are many words claiming be a perfect fit but looking at the linguistic and historical evidence it doesn't seem possible that the phrase arose from the Scots expression och aye, the Greek ola kala ('it is good'), the Choctaw Indian okeh ('it is so'), the French aux Cayes ('from Cayes', a port in Haiti with a reputation for good rum) from au quai ('to the quay', as supposedly used by French-speaking dockers), or the initials of a railway freight agent called Obediah Kelly who is said to have written them on lading documents he had checked.

The oldest written references to 'OK' derive from a Democratic party slogan used during the American Presidential election of 1840 where the President Martin Van Buren, nicknamed 'Old Kinderhook', and his supporters formed the 'OK Club'. This undoubtedly helped to popularize the term, though it did not get President Van Buren re-elected! Another strong theory with at least a degree of plausibility is that the term originated among West African slaves, and represents a word meaning 'all right' in various West African languages. Unfortunately, historical evidence enabling the origin of this expression to be finally and firmly established is hard to unearth. The popular choice amongst many distinguished American scholars is the widespread US craze during the late 1830s for humorous misspellings. From this arose the form orl korrekt which eventually became initialised as 'OK'.

our **NEW** website – your questions answered

**Q. how fast is Rapid broadband?**

**A. find out at [www.jerseytelecom.com](http://www.jerseytelecom.com)**



# LOVE ISLAND? // LOOKING FOR LOVE IN JERSEY // DONNA WHITE



As that most feared of days on the romantic calendar approaches, many of us will be contemplating how to express ourselves to our loved ones on February 14. Whether you're of an amorous nature, or from the 'pass me a bucket' school of cynicism, there's no escaping the hearts and flowers that bedeck shops and offices at this time of year. But what if geography has made the task of finding love in the first place near impossible?

Seeking out your heart's desire is difficult enough in a bustling metropolis, where life moves fast and relationships even faster. But for closeknit communities, where the dating pool can be shallow at best, igniting the flames of passion in the first place can be near impossible. Julia and Alan Audsley-Bell found the comfort of living in small communities where everyone knew everyone else's business a little limiting when it came to romance. They met through an internet dating agency, having exhausted their social circles – Alan in Guernsey and Julia in a tiny Hampshire village.

Saleswoman Julia, 49, said: "We are both divorced and lived in areas where everyone was either related to, or friends with, everyone else so meeting new people was hard. And if you did, they usually had connections to your neighbours." At the behest of a friend, Julia signed up to a dating website – and enjoyed the most sociable

six months of her life. "I had more dates than I did in my 20s. You have a chance to make your selection based on criteria that's important to you, instead of hopelessly sitting around in a pub or nightclub". While Julia does feel that you have to be careful when meeting someone you don't know – that's true in any dating circumstance. "A lot of my dates became friendships, which was fine by me. I wasn't sure I'd meet Mr Right."

Then 51-year-old Alan's picture on the website caught her eye – and the rest is history. After a year of commuting, she packed her bags and moved to the Channel Islands last summer. They are so convinced their way of meeting is perfect for modern society, the couple have set up their own dating website [Kissnofrogs.com](http://Kissnofrogs.com), which in just six months has gathered several hundred members from countries across the world. "We had such a wonderful experience, we wanted to share it."

One single person in five – more than two million of the British population – now regularly uses a dating agency, in stark contrast to the days when it was the social equivalent of hanging a leper's bell round one's neck. Because the truth of the matter is, while it sounds wildly romantic to discover love in a remote and rugged part of the world, if Heathcliff were a real person, he'd have about

as much chance of finding Cathy out on the moors as Dirty Den has of climbing out of the grave a second time. Just ask residents of the County Clare village of Lisdoonvarna, where there are seven men to every woman.

Sons who have inherited the family business or farm sadly have no-one to share it with, as most village daughters have left to seek their fortunes in Limerick, Dublin or even overseas. Their plight drew the attentions of Hollywood, who in 2000 made a film about a group of desperate Irish bachelors who advertised in the Miami Herald for single girls from America. Released by the makers of

Having hoped to attract enough interest for weekly matchmaking sessions in a St Helier pub, they had to abandon their plans when 70 women signed up – but no blokes.

The Full Monty, The Closer You Get was no doubt hilarious for cinemagoers, laughing at the supposedly fictitious lovelorn yokels. But long after the camera crews packed up and left, the problem is as real today as it was then. Every year Lisdoonvarna plays host to the Matchmaking Festival, the biggest singles event in Europe, held throughout September. Standing outside pubs in the main street, local matchmakers – usually older married men – try to find the most desperate of young souls a little company in life.

Australia's SBS Channel was also quick to cash in on the plight of the single man in the Western Australian bush, when it ran a reality show last year called Desperately Seeking Sheila. An outback love drought, where men outnumber women three times over, led to the WA Farmer's Federation raising the issue publicly. But it has provided no long-term solution for the Bruces, who are still alone in their billabongs. In the remote Highland communities of Scotland, they have come to recognise prevention is better than cure. The lonely men of North Uist and Berneray have been given hope via the Duthchas project, set up with £711,000 of funding from the European LIFE programme. Duthchas – Gaelic for friend – will set up a framework for Hebridean communities to encourage local women to stay, with proper employment opportunities and better transport links. The cash has also created a causeway between the two islands – thus doubling the locals' choice of a mate.

Thankfully for Jersey, where women account for 51.3 per cent of the population, there is little to worry about. Or at least, the men certainly think so, as organisers of a speed-dating event found to their cost two years ago. Having hoped to attract enough interest for weekly matchmaking sessions in a St Helier pub, they had to abandon their plans when 70 women signed up – but no blokes. One has to wonder what the lovelorn females did next. Sign up to an online dating service, one would expect.

If not, there's always Lisdoonvarna.

\*[www.kissnofrogs.com](http://www.kissnofrogs.com) is currently offering six months full membership, absolutely free.

## *Valentines traditions around the world*



While westerners have long bemoaned the commercialism and sentimentality of Valentine's Day, the east has only just taken up the mantle of celebrating February 14 – with a mixed response.

In **Japan**, it is a day on which women give chocolates to men they like. In fact for female office workers in particular, it is a duty to give sweets to ALL their male co-workers – especially the boss. This is known as giri-choco, meaning “chocolate of obligation.” The reciprocal White Day occurs on March 14, when men are supposed to return the favour by bestowing a gift on those who gave them chocolates the month before. Many, however, give only to their girlfriends. The gift should be white, and is often lingerie.

Valentine's Day has quickly gained popularity in **India** among young urbanites, despite a backlash from conservative Hindus, who frown on public displays of affection and resent Christian and western influences. In 2004, militant Hindu nationalists threatened to beat the faces and shave the heads of those who participated in Valentine's Day customs. Members of the radical Shiv Sena group stole Valentine's cards from stores and ceremonially burned them.

Many Muslim countries have also come out against the day of romance. In **Pakistan** in 2004, the Jamaat-e-Islami party, an Islamist organization, called for a ban on Valentine's Day. One of its leaders dismissed it as a day when westerners “are just fulfilling and satisfying their sex thirst.” In the same year, the government of Saudi Arabia banned Muslims from celebrating February 14. Police closely monitored stores selling roses and some women were arrested for wearing red.

## GOOD NIGHT, AND GOOD LUCK

Movies are getting political again. In the 70's, issues raised by Vietnam and the rise of Communism were the impetus behind a whole raft of politically inspired, crusading films that held up a star encrusted mirror to society. One Hollywood star at least seems keen to continue that tradition... George Clooney. Dr Doug Ross, political crusader, who would have thought?

Clooney directed and starred in the well received *Good Night, and Good Luck* which follows a fearless journalist in the 50's who's blacklisted by McCarthy, and also stars in *Syriana*, looking at the dirty oil business and CIA operations in the Middle East. Both are still to hit our screens, but stateside the critical and public response has been strong with Clooney picking up numerous awards including a Golden Globe and a BAFTA for Best Supporting Actor in *Syriana*.

When he says, "Every citizen has the responsibility to speak out, that's what our country was founded on", he really means it. There's even talk of him running for President although he is on record as saying: "Run for office? No. I've slept with too many women, I've done too many drugs, and I've been to too many parties."

It's not impossible though George, Bill Clinton made it...

NB. If all this doesn't sound like your cup of tea, don't worry. Coming to save the day in 2006 are the new versions of Superman, X-Men and Spider-Man. Brain not required.



## POSEIDON REMAKE



The 70's were for disaster movies what the 80's were for buddy movies. With the likes of Airport, The Swarm, Earthquake and Towering Inferno, Hollywood milked the disaster movie cow until it was dry. 1972's 'The Poseidon Adventure' was one of the first and the finest. Focusing on passengers struggling to escape a capsized cruise ship, a bank holiday feels empty unless you can see Gene Hackman over-acting his wet socks off in "Hell, Upside Down". This summer see's the release of a remake, "oh no" I hear you say "is nothing sacred".... but wait. With Wolfgang Peterson at the helm (Troy, The Perfect Storm and Das Boot), this remake shouldn't automatically be written off under 'The Italian Job' act (2003). After a few years adrift from big budget movies Kurt Russell stars along with Richard Dreyfuss, fresh from doing a bunk last year leaving the West End version of The Producers after feeling washed up and about to Keel over. Part of me hopes the film doesn't sink too soon! But I feel buoyant about it. Puntastic.

## FLUSHED AWAY



Apart from being one of the few things to be proud of about the current British film industry, Nick Park and Aardman Animations are best known for Wallace and Gromit and stop motion animation. Their first feature using CGI animation is scheduled for release in December. Flushed Away is the story of an upmarket rat, Roddy, voiced by Hugh (Wolverine) Jackman who lives in a suitably upmarket rodent penthouse in London. When the supercilious vermin accidentally gets flushed, he finds himself in the sewers of London where he is forced to fend for himself. Written by Ian Le Frenais and Dick Clement and starring a stellar cast of Britain's finest including Ian McKellan, Bill Nighy, Kate Winslet and.....Shane Ritchie! Who said you never amount to anything when you leave Eastenders.

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## ART&amp;CULTURE



**ALANA MANN** **GALLERY TRUMPS**



**Artist Fact File**

AGE	25
PARISH	ST BRELADE / PORTLET
MEDIA	MULTI-MEDIA
INFLUENCES	CROWS
STRENGTH	IN MY TEETH!
FAY CAFE	ST AUBINS DELI
FAY WORD	OOOOOTS (FERRET CALL)

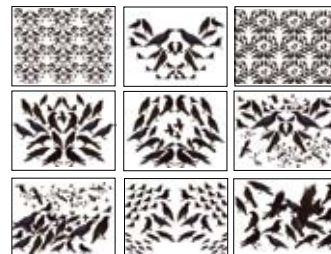
Alana Mann studied Fine Art at The Slade, moved about a lot and specialises in animation and video installations.

Since we started Gallery Magazine in September 2004 we have strived to support local arts and creativity. For 2006, the Culture pages will be profiling a creative person each month. Not necessarily an 'artist', but someone who likes to express their ideas in an interesting and innovative shape or form.

This month it's me. Now, I know that's a little strange, but working on a magazine like Gallery means many late nights, and a girl has to reap the benefits somewhere... Anyway, as you can see we're going to be following a Top-Trump format so that you can find out more about each featured person. As long as you don't dig out an old science project expecting worldwide recognition, feel free to get in touch and find out more.

My work generally starts out as something 3-Dimensional, a sculpture or maquette. Normally there are drawn elements, but eventually the works take the form of a video animation. At the moment, well actually for quite some time, I have been fascinated with birds, especially crows. The social associations and historic reference points of the carrion seem to me to be endless ...

A MURDER.  
ANIMATION STILLS



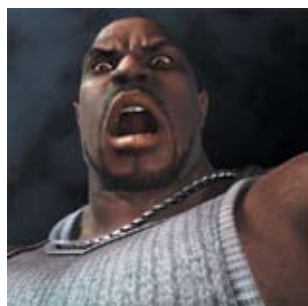
## PLAY



## CINEMA // CAPOTE 15

Philip Seymour Hoffman's performance in Capote is hotly tipped to be in contention for a Golden Globe. How he deserves it. Set in 1959 the film follows Truman Capote, a popular writer for The New Yorker, as he learns about the senseless murder of a family in Kansas. Inspired by the story material, Capote and his partner, Harper Lee, travel to the town to research an article. However, as Capote digs deeper into the story, he is inspired to expand the project into what would be his greatest work, In Cold Blood, a literary account that would redefine modern non-fiction.

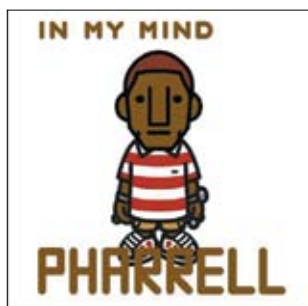
OUT: Friday 24th // IMDB: 8.2 [Performance of the year already?](#)



## GAMES // URBAN REIGN PS2

If you're into games like SimCity because they stretch your mind, pitting mental ingenuity against complex and testing puzzles, this brutal orgy of streetfighting is unlikely to be the one for you. In contrast with the complex combos and tactics of Soulcalibur III and Tekken 5, Urban Reign just asks you to beat people. A lot. And boasting a cast of over 60 playable characters (including Paul Phoenix and Marshall Law), over 100 story-based missions with 30 different kinds of weapons, multiple fighting styles, double team moves, and upgradeable fighters this isn't one you'll get bored of quickly. Unless of course you're missing those puzzles...

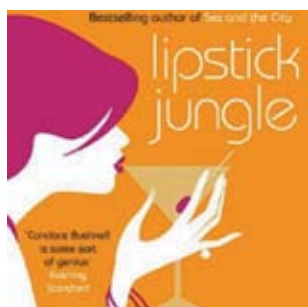
OUT: Friday 3rd // PRICE: £39.99 [Specifically designed for multiplayer fighting. Bring it on.](#)



## MUSIC // IN MY MIND By Pharrell Williams

As one half of white hot producers The Neptunes and a founding member of NERD, Pharrell Williams is a safe pair of hands if you want to resurrect your career as Britney, NSYNC, Snoop Dogg and Nelly are well able to testify. Here though, he gets a chance to put his personal musical philosophy on the front line. Roughly one half hip-hop and one half R&B, In My Mind draws on styles from metal to reggaeton using production wizardry to blend them together seamlessly. Although not an album without flaws, tracks like "Can I Have It Like That", featuring a brief cameo by Gwen Stefani, leave you in no doubt as to his talent.

OUT: Friday 3rd // PRICE: £6.99 [And a cool album cover too.](#)



## BOOK // LIPSTICK JUNGLE By Candace Bushnell

Carrie Bradshaw - who's she? To everyone who's anyone in New York, Victory Ford (hot fashion designer), Wendy Healy (president of Paradour Pictures) and Nico O'Neilly (Editor of Bonfire Magazine) are the beautiful face of success. As always though, appearances can be deceptive. Nico is fitting in guilty extra-marital sex with an underwear model. Victory's last collection bombed and Wendy's marriage to her metrosexual househusband is in freefall. It's just lucky they know how to stay ahead in the toughest town on the planet.

OUT: Thursday 2nd // PRICE: £6.99 [Perfect if you're desperate for more SATC \(If you're male, have just read that, and have no idea what we're on about, don't stress. You wouldn't be interested anyway.\)](#)



## EVENT // PAVÃO STRING QUARTET Performing at St James

We could tell you that The Pavão Quartet have twice been awarded the Sir John Barbirolli Memorial Prize. You might be very impressed. Of course, and this is far more likely, you've got no idea what that means - and neither did we until we did some research. In a nutshell they're very very good indeed as demonstrated by the fact that in the past few years alone they have performed with Sir Paul McCartney, Eric Clapton, Bryan Adams, Rod Stewart, Annie Lennox, Elton John, Harry Connick Jr and Katie Melua while finding time to record with Coldplay, Robbie Williams and, on the classical side, Katherine Jenkins, Andrea Bocelli and Pavarotti.

DATE: Friday 14th // PRICE: £15 [INTERNATIONALLY A.C.C.L.A.I.M.E.D.](#) There, we spelt it out for you.



# MUSIC // THE VALENTINES



The Valentines: Johnnie Hill on drums // Christian Jegard on vocals // Gavin Gaa Gaa on guitar // Tom Jordan on bass.

The Valentines, an appropriate band to cover in the February issue...

...and if you're a fan you'll be glad to hear that they're going to be competing in the first heat of the Jersey Live showdown on 24th February (against Kudu, Peggy Patch, Ungenerics, De Nova Blues, Leash, Benny & The Moth, Jackson Moody Band, Blacklight, Von Papen & Martha High). They'll be performing two new songs: 'Don't Get Me Arrested For Nothing' & 'Head In The Ground' and with the whole ethos behind their songwriting being 'don't put it out unless it improves in some way on what we've done already', we expect some solid additions to their repertoire. The band feel that these songs sound like their second album should have. Influenced by groups such as Interpol and The Strokes, they're progressive but still The Valentines, pop songs, but with a darker edge.

Their plans for the future are all concentrated on the music. Off to Brighton sometime in April, they're looking to start picking up gigs there and in London. They have already had some success with their EP which has sold over 700 copies. Being well reviewed by the influential Artrock magazine is a good start and they look set to make a Valentines shaped dent in the London music scene.

Copies of their EP (£4) are available from Bean Around The World, Music & Video Exchange, White Label and The Live Lounge. If you like their tunes it's probably also worth checking out Jegard's solo project 'Lazy EP' due sometime in March, and Gavin and Johnnie's 80's / synth-pop / disco EP 'Mascara Masquerade'.



**MONDAY 'Noite Portuguesa' Big**  
Euro dance tunes and some Latin flavour to spice up the beginning of the week.



**WEDNESDAY 'Smash & Grab'**  
£500 cash and prizes blasted over the dancefloor. 10pm – 2am £1 entry with flyer £2 without



**FRIDAY 'Fresh & Funky Friday'**  
The biggest Friday night out in Jersey with the sexiest RnB, funky commercial house and all-time Club Classics. 10pm -2am. £2 with a flyer £4 without.



**SATURDAY 'Sanctuary'**  
The one EVERYONE is talking about. All the biggest funky commercial house tunes, Classic Dance Anthems and sexy RnB. 10pm – 2am.



## FACES & PLACES



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# FOOD



## RESTAURANT REVIEW

### CLUB CAFÉ

So you had a bad Christmas. Turkey frozen in the middle? No X-box under the Xmas tree? Rubbish on TV? That's bad, but it was nothing on mine. If you too can notch up flash floods, fornication and a random electrocution – then I'll buy you a drink... you deserve one. Let's just say Christmas at the Palmer-Watkinsons' was legendary. Half the family aren't speaking – and the other half still can't speak, what with jaws wired shut, feeding tubes and the shock of it all.

I met up with a few of my more lucid relatives to try and do some damage limitation. It just wouldn't be good if the media heard about my States Member uncle's dalliance with the Ukrainian au pair, and the broken jaw given to him by his wife when she found out. He still can't talk properly. Not that anyone has noticed, he only mumbles in ministers' question time anyway. Discretion being essential, we plumped for the Club Café, the still relatively undiscovered restaurant at the achingly trendy Club Hotel.

The Club Hotel & Spa has only been open since August, and has already appeared in all the best Spa guides. Boot camp-style health clubs are so 2005 – it's all about spas this year, and the Club's Shankara Bliss treatment is second to none. And the food's not bad either. The Club Café is the place to try a menu graced with the Midas touch of Michelin-starred chef Shaun Rankin without braving Bohemia's waiting list. Jean-Jacques, the charming French head waiter, gave us the best table overlooking the pool. At first sight, the menu seems compact and a tad predictable. On second reading, you'll find all your favourites given a new twist. The Club burger is lovingly shaped from the finest Angus beef, the chips are sea salt encrusted, hand-cut fries, the oysters are fresh from Grouville Bay. And to misquote M&S – 'this isn't just food. It's Shaun Rankin food'.

My cousins Jack and Lucy threw themselves into the spirit of things with a few of the Club Café specials. Half a dozen Royal bay oysters for Lucy, which she described as "creamy but a bit chewy". (You can

tell they don't get out much). Jack went for the venison terrine which he thought had "lots of texture". My mad auntie Rosie had the rich and indulgent woodland mushroom risotto, which tasted like it wanted to be a dessert. Still trying to rest my liver from the Xmas excesses, I went for the Miso noodle broth with the fresh local crab. As cleansing and Zen as it was, I must admit to being a little disappointed when auntie Rosie stole all my prawn crackers. I regretted not going for Tom's yummy herb gnocchi – I think I was put off when Jean-Jacques kept pronouncing it "nookie".

For the main course, sirloin with sauce béarnaise and the crunchy sea salt chips was a popular choice but the boys complained it cooled down too quickly on the restaurant's lovely large plates. They also thought it should have been fillet. Steak snobs! They're obviously from Mum's side of the family. And Dr Atkins (may he rest in peace) would have been proud of me; I chose the tuna steak with a cheeky little tart salsa, which was terribly tasty for healthy food. Yum yum. Lucy's lobster and crab salad (local of course) with Jersey royals was terribly

impressive – that's the one I want next time. As for the moules, auntie Rosie could only mutter "mmm, herby, leeky" before she started crying again. She hasn't been the same since dear old Auntie Ethel got electrocuted during the Queen's speech. We didn't think the leaky roof would short-circuit the Christmas tree, and it would have been ok, if her zimmer frame hadn't been touching that bauble.

Auntie Rosie recovered just in time to order pudding. She'd had her eye on the profiteroles, and they were delicious, arriving with their own jug of chocolate sauce. The milk chocolate semi-fredo with cinnamon doughnut was great, but one to save for after a light main course. Lucy and I had the strawberry crème brûlée which we both agreed tasted suspiciously like Petit Filous, but the scrummy mini strawberry shortcake on the side made up for it.

Our verdict – great food – but the atmosphere may be a little quiet for some. At the moment you're more likely to see city-weary celebs fresh from their Rasul mud treatment, or a few recovering pop stars lounging by the (dis)honesty bar than locals. Go if discretion is your thing, or if you've got a risky business deal to discuss. But go quickly. Once the news gets out that the Club's so hot, le tout Jersey will be there, fighting to catch a glimpse of Sven and Nancy by the pool.

**Club Café**  
The Club Hotel & Spa,  
St Helier;  
01534 876500

[www.theclubjersey.com](http://www.theclubjersey.com)

★ ★ ★ ★

This month's

star rating guide:

Ace of Clubs: ★ ★ ★ ★ ★

Gentleman's Club: ★ ★ ★ ★

Club Med: ★ ★ ★

Club Sandwich: ★ ★

Club Foot: ★

# HORNY?

Some aphrodisiacs appear to gain their reputation due to their shape. This also explains the trade in the phallic-looking **rhinoceros horn**, which is endangering the animal. Other animal-based aphrodisiacs gain their reputation from the apparent virility or aggressiveness of the animal source - such as **tiger penis** - also endangering the species. The use of rhino horn and tiger penis to enhance male sexuality is popular among the Chinese (although no scientific basis has been established). **Turtle eggs**, eaten raw with salt and lime juice, are also said to be an aphrodisiac, leading to the poaching of many turtles, which are cut up to extract their eggs. Gallery wouldn't recommend any one these courses of action so here are a few of the more accessible cooking

## ASPARAGUS

Given it's phallic shape, asparagus is frequently enjoyed as an aphrodisiac food. Feed your lover boiled or steamed spears for a sensuous experience. The Vegetarian Society suggests "eating asparagus for three days for the most powerful affect".

## ALMOND

A symbol of fertility throughout the ages. The aroma is thought to induce passion in a female. Try serving Marzipan (almond paste) in the shapes of fruits for a special after-dinner treat.

## ARUGULA (ROCKET)

Arugula or "rocket" seed has been documented as an aphrodisiac since the first century A.D. It was added to grated orchid bulbs and parsnips and also combined with pine nuts and pistachios.

## AVOCADO

The Aztecs called the avocado tree "Ahuacuatl which translated means "testicle tree". The ancients thought the fruit hanging in pairs on the tree resembled the male's testicles.

## BANANAS

The banana flower has a marvelous phallic shape and is partially responsible for popularity of the banana as an aphrodisiac food. From a more practical standpoint bananas are rich in potassium and B vitamins, necessities for sex hormone production.

## CUCUMBERS

Not just phallic in shape and aphrodisiac in nature, these cool vegetables also stimulate a woman's olfactory senses, according to recent research. Slice raw cucumbers onto a salad, or served them pureed in a chilled soup.

## CHOCOLATE

The Aztecs referred to chocolate "nourishment of the Gods". Chocolate contains chemicals thought to effect neurotransmitters in the brain and a related substance to caffeine called theobromine. Chocolate contains more antioxidant (cancer preventing enzymes) than does red wine. The secret for passion is to combine the two. Try a glass of Cabernet with a bit of dark chocolate.

## CARROTS

The phallus shaped carrot has been associated with stimulation since ancient times and was used by early Middle Eastern royalty to aid seduction. High vitamins and beta-carotene. Perhaps a justification for a piece of carrot cake in the bean or potteries cafe??

## COFFEE

Caffeine is a well-know stimulant but remember, too much and it becomes a depressant. Serve small amounts of rich dark coffee in special little demitasse cups. Coffee stimulates both the body and the mind so partake of a little in preparation for an "all-nighter".

## FIGS

An open fig is thought to emulate the female sex organs and traditionally thought of as sexual stimulant. A man breaking open a fig and eating it in front of his lover is a powerful erotic act.

## GARLIC

The 'heat' in garlic is said to stir sexual desires. Make sure you and your partner share it together. Enjoy a pasta with a lightly garlicky sauce and it and lead up to something spicy in the bedroom later.

## HONEY

Many medicines in Egyptian times were based on honey including cures for sterility and impotence. Medieval seducers plied their partners with Mead, a fermented drink made from honey. Lovers on their "Honeymoon" drank mead and it was thought to s "sweeten" the marriage.

## MUSTARD

Believed to stimulate the sexual glands and increase desire. Prepare a tenderloin roast (filet mignon) for two with a mustard and peppercorn sauce.

## MUSSELS

Believe it or not, these mollusks pack a bigger punch than their notorious oyster cousins and we have the added benefit of having easy access to them all around the island. Try them steamed with garlic and white wine for a quick fix.

## OYSTERS

Oysters were documented as a aphrodisiac food by the Romans in the second century A.D as mentioned in a satire by Juvenal. He described the wanton ways of women after ingesting wine and eating "giant oysters". An additional

hypotheses is that the oyster resembles the "female" genitals. In reality oysters are a very nutritious and high in protein.

## PINE NUTS

The staple of every good pesto dish, these tiny tree seeds have been used as an aphrodisiac since Roman times. Toss a handful into a food processor with fresh basil, olive oil, salt, pepper and parmesan cheese for a light, lusty pasta topper.

## RASPBERRIES AND STRAWBERRIES

Perfect foods for hand feeding your lover: "Both invite love and are described in erotic literature as fruit nipples" Both are high in vitamin C.

## TRUFFLES

Napoleon, the Marquis de Sade and Madame Pompadour ate them for their amatory powers. A little on the pricey side but worth it if it gets results!

## WINE

Wine relaxes and helps to stimulate our senses. Do remember that a bit too much will mak you drowsy for the after-dinner romance. A moderate amount of wine has been said to "arouse" but much more than that amount with have the reverse affect. See also 'Chocolate'

**So it's an avocado and cucumber rocket salad with pine nuts with honey and mustard followed by mussels and oysters with garlic and wine sauce. Finishoff with rasberries, strawberries and bananas and coffee and dark chocolates. IF you can still move after all that then you should be in for the tim eof your lives.**



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ZARA PALMER WATKINSON'S  
HIGH MAINTENANCE WOMAN //

# INTERNET DATING

I'd really like to strangle whoever it was at Hallmark that first came up with the idea of Valentine's Day. I'm sure they were just trying to brighten up what is probably the duller month of the year, but surely they could have thought of something better - what about National Sunbed Week or Buy a New Pair of Shoes Day? Even cosy couples admit the 14th is full of minefields - but just imagine for a minute how it feels to be single on a day that's completely focused on romance. It's like turning up to a party wearing last year's boho look when everyone else has moved on to sharp trouser suits and sleek hair. Just awful. Of course now that I'm an independent woman (that's one of my New Year's resolutions), I decided to take the matter into my own hands and go man shopping.

It all started when I wandered into the "personal development" section in Ottakars. People always say literature is inspirational - and when I saw Weekend Love Coach, Superflirt and How to Get the Man you Deserve - I started to understand what they meant. I decided to try out some of the techniques straight away, and homed in on a rather arty type browsing the biography section. I didn't get very far though, he started backing away once he'd noticed the titles of the books I was carrying. I suppose that's why they call it self-help ... you're supposed to keep it to yourself.

My new books gave me lots of ideas of where to meet the right sort of men. Art galleries for instance. Trouble is, when I tried to lounge around artistically, like the book suggested, at the Harbour View Gallery, I just ended up knocking over a rather fragile sculpture. I attracted attention all right - but not quite the right kind. Next on the list was the supermarket - apparently heaving with men desperate for a nice girl to rustle them up a risotto. I wandered around Checkers for ages and was thrilled when I spotted a mature sort of chap following me up and down the aisles - older men are so 'in' these days. Turned out it was the store detective. He did ask me out, but it was just to accompany him outside the store - apparently I'd been loitering around the ready meals section too long.

The next place to try was an internet café. No, not to chat up the nerdy types in the corner entrenched in endless games of Everquest, but to try internet dating. Despite my first reservations, I must admit I really enjoyed it. It was such a relief not to have to put up with dodgy chat-up lines, cheap aftershave and being bought those disgusting Bacardi Breezer things. And no more leering from the other side of the bar, if you don't like the look of someone, you just hit delete. It was all going so well. I had lots of responses to my ad and one of them was charming, or at least he sounded perfect on screen ... tall, dark, handsome, loves puppies and works as a fireman. I only asked for a photo. Simple request, or so I thought until I got his email. I'll spare you the details, but let's just say that his definition of a "head shot" was rather different to mine. After his email set off the pornographic-content alarm, I've been too embarrassed to go back to the internet café, so I guess that's it for my internet dating.

But I think I might have hit on the perfect solution. If you really want to meet fit guys, the answer is to join a health spa. Of course you don't actually bother with the exercising part, you just sit by the pool looking fabulous and check out the guys going into the spa after the workout. And the best bit? If you don't meet anyone you can always ease the pain of being single with a nice facial or one of those lovely hot stone massages. Just the excuse I needed to buy that new Chanel waterproof mascara. Hmm... Club Spa or L'Horizon?





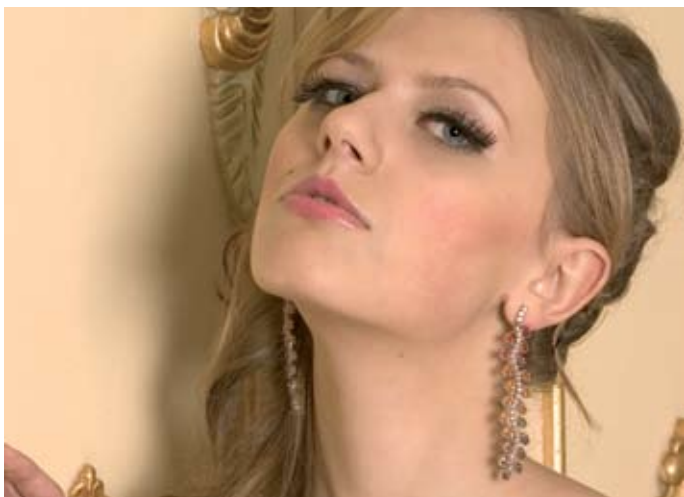
# UNVEIL FOR VALENTINES

GALLERY FASHION FEBRUARY 2006

CREATIVE DIRECTION: ALANA MANN  
PHOTOGRAPHS: DAMON EASTWOOD  
ON LOCATION AT MAISON FEERIQUE

This Valentines Day, don't fall into the cliched trap of red and black lace, tacky acrylic or fake satin. Instead, choose something that actually suits your skin tone. With colour and texture in abundance take your time, and above all choose something that fits. Think adornment: real jewels to set off the look and heels to elongate your legs. Also, don't shy from adding your own personal touch - quirky cut-offs, fake eye-lashes or a wig to give him something to get really excited about! And guys, believe it or not, girls would like to see you get dressed up too. And no, M&S boxers just won't cut it...

AGNEASZKA: Passionata Striped Bra £21.75 & Thong £12.15, de Gruchy // Coral Reef Earrings £13,000, Aurum // Brown Court Shoe, Wwre £60 Now £35, by Hi-Heels & Handbags. Belt & Socks, Stylists Own





←  
AGNEASZKA: Chantelle Embroidered Motif Bra  
£33.75 & matching knickers £25, de Gruchy  
Leopardprint Cowhide knee-high boots, Were £150  
Now £75, by Hi-Heels & Handbags

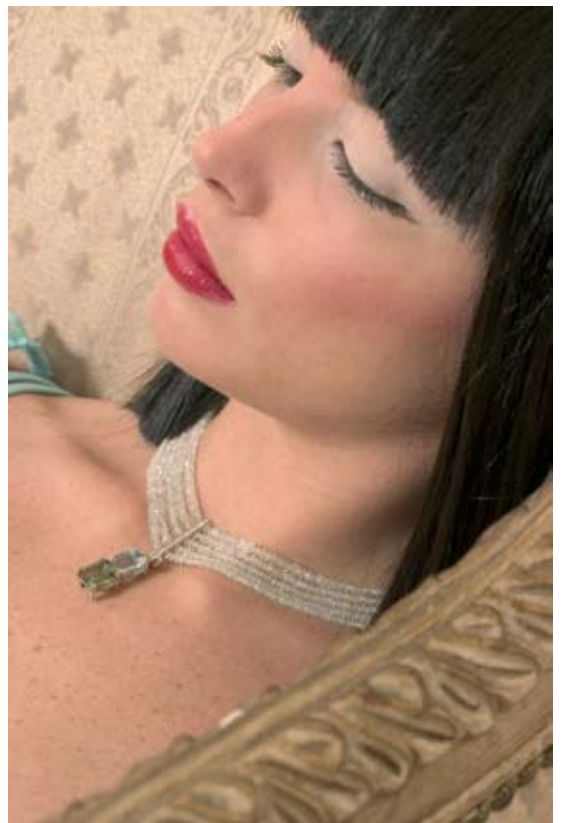
↓ STEVE: Steel Eterna-matic Watch on brown crocodile  
strap, £1,145, Aurum  
Ralph Lauren Stripy Boxers £25, Axle Man  
BECKY: Elle Macpherson Bra £28.80 & Short Knick-  
ers £19.80, de Gruchy  
Plum Patent Stilettoes, Were £55 now £25, by Hi-  
Heels & Handbags  
Peridot and Diamond Dress Ring in 18ct white gold,  
£420, Aurum  
Peridot and Diamond Pendant in 18ct white gold,  
£327, Aurum





STEVE: Ralph Lauren Striped T-Shirt £20, Axle Man  
 Ralph Lauren Boxers, 2 pairs for £30, Axle Man  
 Chanel J-12 Superleggera, £2,872, Aurum  
 BECKY: Elle Macpherson Silk Camisole £54 & Knickers £27, de Gruchy  
 Tahitian Pearl and Diamond Dress Ring in 18ct white gold £700, Aurum  
 Bright Water, Black Tahitian pearls with detachable diamond set wave in 18ct white gold, £4,325, Aurum





←  
 BECKY: Verdissima Turquoise Frill Top £57.50, Adorne  
 Verdissima Turquoise Frill Bra £30, Adorne  
 Verdissima Turquoise Frill Brief £17.50, Adorne  
 Briolette Aquamarine and Diamond Necklet in 18ct  
 white gold £1,700, Aurum  
 STEVE: G-Star Raw Jeans £76, Axle  
 Diesel Superstud Belt £58, Axle  
 Calvin Klein 365 Boxers £15.30, de Gruchy





BECKY: Lejaby Satin Basque £99, Adorne  
 Lejaby Satin Brief £99, Adorne  
 Le Bourget stockings Adorne  
 L. K. Bennett Freda Pink Satin Shoes £62, de Gruchy  
 Sea Tendrils Earrings, £4,400, Aurum  
 Sea Tendrils Pendant, £4,350, Aurum  
 STEVE: Sloggi Basic Tanga £6.50, de Gruchy  
 AGNEASZKA: Elle Macpherson Dentelle Balconette Bra £27  
 & matching Briefs £14.50, de Gruchy  
 L. K. Bennett Freda Taupe Satin Shoes £62, de Gruchy  
 Sea Change Pendant £27,500, Aurum  
 Pink Gloves, Stylists Own





- ↑ AGNEASZKA: Lepel Bra £12.15  
& matching Briefs £6.99, de Gruchy  
Ted Baker Silk Pyjamas £45, de Gruchy  
Pink Sapphire Ladies Chanel J12 watch  
on pink crocodile strap, £3,064, Aurum  
STEVE: Ralph Lauren Pyjama bottoms  
£39.90, Axle Man  
BECKY: Tad Baker Bustier £40.50  
& matching Thong £13.50, de Gruchy  
Amethyst and Diamond Dress Ring  
in 18ct gold, £1,410, Aurum  
← STEVE: Ralph Lauren Pyjama Bottoms  
Black £39.90, Axle Man  
Ralph Lauren Robe £99, de Gruchy



AGNEASZKA: Aubude Soleil D'Automne Collection Top £47.90, Briefs £39.90, & Bra £49, Adorne Plum Mock Croc Leather Boots, Were £95 Now £60, by Hi-Heels & Handbags

#### MODELS

Agneaszka, Rebecca Jones  
Steve Longstaffe

#### HAIR

Kimberley Morris, Tara Corkery,  
Esther Rodrigues all @ Blades

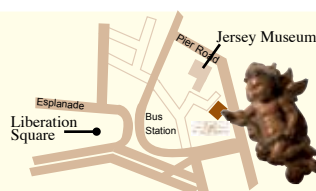
#### MAKE-UP

Kasia Zielinska



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*Nestled in a cobbled courtyard, step into a world of classic furniture, collected from around the world. In addition to the collections in our showroom, Maison Féerique will soon be offering a bespoke furniture finishing service, enabling clients to select the design and finish of their chosen piece. Why not call in and find some truly original items to enhance your home. We are located at La Cour de Casernes, No 2 Ordnance Yard, just behind the Jersey Museum. Open Tuesday - Saturday 10.30am - 5.30pm Late night opening on Thursday until 8.30pm. Or call for a private viewing out of hours on 01534 767087*



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## BEAUTY MONTHLY // A FRESH APPROACH

ALANA MANN TAKES A LOOK AT EXCELLENT REMEDIES TO FIGHT THE HARMFUL EFFECTS OF CENTRAL-HEATING AND HELP WAKEN THE SKIN FROM XMAS SLUMBER...



"CENTRAL-HEATING CAN TAKE A SERIOUS TOLL ON THE SKIN. WHEN IT FEELS TIGHT OR NEEDS A PICK-ME-UP, DON'T WAIT TILL YOU GET HOME. TAKE PORTABLE ACTION".

**The Body Shop: Facial Brush** - Is a dinky soft bristled brush, perfect for softly exfoliating tired winter skin whilst at the same time improving circulation, £2 ONLY!

**Estee Lauder: Sparkling Clean** - A purifying natural mud foam cleanser, great if you like the fresh feeling of water on your skin, £13.50

**The Body Shop: Vitamin E Hydrating Toner** - Reasonably priced, this toner removes make-up, is alcohol-free and offers antioxidant protection, £5

**Lancome: Sensation Totale** - Works with Vitamin C to even skin tone and a patented technology boosts dried out skin's recovery potential, £25.80

**Caudalie: Eau De Raisin** - A great value rehydrating spray - used throughout the day (and perfect for the office), it keeps skin feeling soothed and refreshed, £8

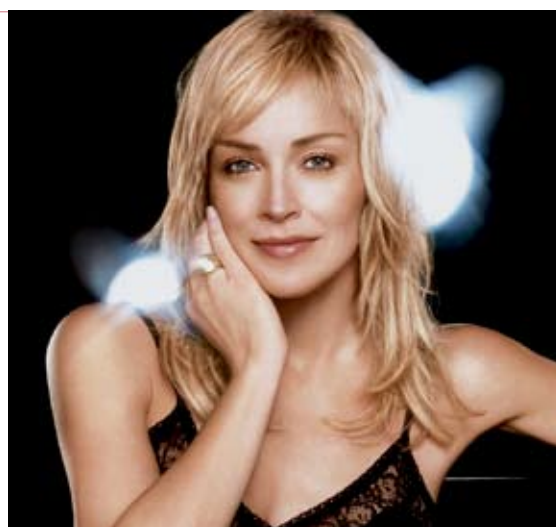
**Bead Head: Chocolate Head** - Fantastic stressed out hair repair treatment. Leave in your hair for 5 minutes after shampooing and it boosts protein levels making hair stronger whilst deeply conditioning. Perfect for a Valentines treat without the calories! £11.60

**Clinique: Moisture Surge Extra refreshing Eye Gel** - Can be used over make-up to give rapid relief to the eye area from indoor heating systems, £17.50

### SHARON STONE IS DIOR'S LATEST CELEBRITY MODEL, BUT WHICH PRODUCT IS SHE PROMOTING?

At the age of 48, Sharon Stone has lent her face to Dior for anti-ageing range Capture Totale. Stone, who seems to epitomise the sentiment that things only get better with age is looking more gorgeous than ever. She gives hope to women who seem to impose 'sell-by' dates on themselves.

Dior's first 'time capture' anti-ageing skincare is based on in-depth technological and sociological research. Despite containing a powerful concentration of high-tech, high-performance ingredients this is a wonderfully soothing and easily absorbed product. It literally glides onto skin and melts in almost instantaneously, ensuring an immediate restructuring effect. Capture Totale offers high-performance multi-correction of all signs of ageing - including wrinkles, slackening, lacklustre skin and enlarged pores. Launching nationwide soon!



### BEAUTY STOCKISTS

**BED HEAD** Blades 735919, Toni & Guy 878487, **BENEFIT** De Gruchy 818818, **THE BODY SHOP** The Body Shop 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **CLINIQUE** Au Caprice 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **CAUDALIE** Fraiche 739967, **CLARINS** Au Caprice 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **DIOR** Au Caprice 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **ESTÉE LAUDER** Au Caprice 732380, Boots 730432, De Gruchy 818818, Voisins 837100, **GUERLAIN** Voisins 837100, **LANCÔME** Au Caprice 732380, De Gruchy 818818, Voisins 837100, **MAC** 0207 534 9222, **RIMMEL** Boots 730432.

## GREAT PACKAGING, HOT PRODUCTS!



**Rimmel: Volume Extend Mascara** - The white primer is nothing new, however I am very impressed with this lengthening mascara. It clicks rather than twists open, sucking off excess gloops, controlling the amount you actually apply. Try brown, £6.25

**Dior: 2 Couleurs** - New Diormind is a bohemian blend of violet and mauve, £17

**Lancome: Color Focus** - In 312 comes in a pretty floral compact and contains four complimentary shades to sculpt your eyes, £24.25

**Rimmel: Milk Chocolate French Manicure** - Is one of my favourite new colours and if like me, your nails aren't the least bit long this is a nice change to clear varnish, £2.68

**Clarins: Plum Eye Pencil** - Is a great replacement black offering a similar dark tone, but also enhancing your eye colour, £9.80

**Lancome: Waterproof Eye Pencil** - In Anis is one to grab before it sells out! A soft mint green, perfect to highlight the inner eye, £12.75

**Clarins: Soft Cream Eye Colour** - A good alternative to powder, this cream formula is long-lasting and glides on without being patchy, £9.80

**Lancome: Petite Boheme** - Is a portable loose powder in a small jar with integrated applicator and mirror. Number 01 is perfect for highlighting cheekbones, £14.45

**Mac: Mineralize Skinfinish** - In Petticoat (Rose with gold and amber) is part of Mac's New Lingerie range. A luxurious velvet-soft powder with a high-frost metallic finish, £16

**Benefit: Body lustre** - Perfect as a Valentines gift, this rose gold body balm is great all over for that shameless glow, £18.50

**Dior Addict: Ultra-Gloss** - Is still one of the best glosses around, giving a smoothed and plumped look. Vibrant Mauve may not be everyones cup of tea, but when it works, it really works! £12.30

**Guerlain: KissKiss Gloss** - Very hydrating, smells of lavender and is on the warm side of icy pink. Quality packaging! £12.35



## SOAP IS EVERYWHERE AND NOWHERE...

Imperial Leather is quickly becoming endangered with liquid soap quickly becoming the common choice. Although in Checkers 'liquids' take up more shelf space, the bar of soap is going through something of a renaissance, becoming something of a cult product. **SYAHDAN** have created an entirely natural organic range of handmade soaps. Made in batches of only 12 and taking a whole month to cure - they're a quality product that doesn't turn to mush in the soap dish! Presented in a beautiful hand-made box (perfect to recycle and use on your dressing table) there are seven lines - my favorite two are the Jasmine Green Tea soap and the Lemongrass Body Scrub soap. Launching this spring at selected boutiques in London, **SYAHDAN** is also coming soon to Jersey. Keep an eye out, and keep away from Checkers!

## Hot stone Massage

A powerful aid for manipulation of sore & tired muscles.



Once experiencing this treatment, you'll never want regular massage again!

Available at



Experience 2 | Fitness First | Telephone 758241

Also available at

Experience at The Grand De Vere | Telephone 507859





# HEALTH// PRE AND APRES SKI

## BODY - PRE SKI PREP - BY STEVE LONGSTAFFE

The ski season is upon us once again, and with many of my clients wanting to improve fitness for their coming holidays in the mountains, I thought it would be good to share some of my essential tips. Having worked for a couple of seasons in the Austrian Alps, I know that you can enhance the experience if you are prepared to put in a little effort before you leave. As most people's holidays are focused around recreational skiing, it is stamina and endurance you should be striving for. The following is a simple routine to help you attain this:

1. The squat should form the basis of your main exercise, either using the bar or a stability ball placed behind the back for those less competent. Aim for:

**1a** Squats: 3 sets of 15 reps (higher reps = more stamina and endurance)

**1b** Lunges: 2 sets of 15 reps each leg (hold dumbbells either side to increase the effort if necessary)



2. Another great exercise for the more experienced is to hold a medicine ball whilst standing on a Bosu ball. Twist the medicine ball from side to side with outstretched arms. Try 2 sets of 15 reps each side. Great for balance and stability.



3. Finally, for a final leg exercise it is hard to beat the right-angled sit against the wall. Repeat it 3 times during a session trying to improve your performance.

*Remember to stretch out properly after an exercise routine, and also after skiing.*

## NUTRITION - SKIING REQUIRES FUEL

Without doubt breakfast is the most essential meal of the day. It gets your body's metabolism fired up, providing energy for your initial activities. Simple oats are one of the best sources for low GI carbohydrates and will keep you going for longer throughout the morning. You can also add chopped nuts or honey to enhance it. The problem with many processed cereals is that they are very high in sugar and salt, and tend to be digested quicker leading to a shorter energy supply. Once skiing, snacks I'd take would include mixed nuts and raisins or chocolate. Even though they are high in sugar they'll replace lost energy quickly, with fat storage being unlikely due to the intense activity of skiing. It is also important to remember that muscles need protein for repair, and your leg muscles especially will be getting a great deal of use - don't skimp on protein in your meals. Meats, eggs and fish should be considered, with beans and pulses a good source for the vegetarian option. Finally, fluids are extremely important. Avoid alcohol and too many drinks high in caffeine, as they will enhance the effects of dehydration. Soup, hot chocolate, sports drinks or plain old water would be my choices for keeping you at your optimum levels. Finally stay safe and have a great time...

Contact: Steve Longstaffe @ Fitness First Personal Trainer (fitness, nutrition or rehabilitation). M:07797886575

## APRES SKI TREAT - HOT STONE FULL BODY MASSAGE

Skiing is one of those holidays that can make you wonder, 'what in hell's name am I doing up here!' Stuck at the top of a black run, fearfully peering over the edge, getting bodychecked by young french hooligans, freezing your arse off on a ski lift and struggling to see through your goggles don't generally constitute a soothing holiday. On the whole, they're not that relaxing and after a days skiing you may be too tired (or schnapped-out!) to be able to do anything relaxing but collapse in bed. The point is that apres ski can be taken home. Boys, if you roped your lady into a skiing holiday I recommend that you book a massage on her return. You'll make her very happy and may find that all the hard feelings for the snowball that nearly broke her nose suddenly melt away...

I always imagined that a hot stone treatment would involve placing stones on specific body points whilst you lie, relaxed and expectant, waiting for them to do something profound. I have to admit that this notion didn't really float my boat. However, when I went along for a Hot Stone full body massage with Suzi at Experience 2, I found I was completely wrong. Yes, the stones are hot and very smooth, but in actual fact, they're used as a tool to massage you with. Harnessing the properties of volcanic basalt, they retain heat for much longer than normal stone allowing the intense heat to penetrate, helping loosen and soothe tightened muscles. The basic principle for any massage after all is to generate heat and in turn relax the muscle tissue (although macho boyfriends proving their manliness can go too far, bruising is not relaxing!) Suzi concentrates on the feet, legs, shoulders, neck, arms, and back, so if you find that having your breast, stomach or bottom rubbed makes you feel uneasy, rest assured that this treatment will leave you to relax. Rather than having to worry that your tummy sticks out too much or your derriere's a little dimply, you'll remain covered up throughout. True relaxation!

Available at Experience @ The Grand Hotel & Experience 2 @ Fitness First. Call Suzi ON 758241

60 min Full Body Massage

// £50

30 min Back, Neck and Shoulder Massage

// £30 (Fitness first members also receive a discount)

This year sees the the Winter Olympics take place in Torino, Italy from the 10th - 26th February. The sixteen days of competition represent the cream of alpine athletes battling for the honour of their country and is by many seen as even more spectacular than it's summer based sibling. The Winter Games were first planned for 1916 with a week of competition including speed skating, figure skating, ice hockey and Nordic skiing but was cancelled after a slight hiccup; the outbreak of the First World War. The first games were actually held in France in 1924 as an "International Winter Sports Week". Since then they have gone from strength to strength.

With the football World Cup you know that Brazil are going to be the favourites, Argentina will be there or thereabouts, and England will have loads of hype, show great potential but never actually get anywhere. The same really applies for us in the Winter Olympics. At least we fare better than Argentina and Brazil in that respect. In the All-Time Medal Standings since the games inauguration, Norway are champions supreme with a haul of 263, their nearest competition are the now defunct USSR with 194. Even if you added Russia's haul of 58 since it began competing in 1994 they still wouldn't catch the Norwegians. The United States have amassed 193, the Austrians are fourth with 162 and the crazy vodka drinking Finns (NB. this isn't the official opinion of Gallery Magazine - just a personal opinion) are close behind with 142. Interestingly enough, Germany could be top of the tree if they'd have been able to stop invading it's neighbours. Adding together the scores for East, West and modern Germany they have attained a mighty 300 medals despite being banned from the 1924 and 1948 Olympics as an aggressor nation in both World Wars. If only anger management classes had been around in those days.

In terms of star athletes there's more than one Terminator from Austria. Hermann Maier is a beast. An explosive and dynamic skier, well known for his strength and willingness to take risks, he dominated alpine skiing until a near fatal motorbike accident in 2001. Colliding with a car on his way home from a summer practice session, doctors were close to amputating his leg. Maier instead underwent massive reconstructive surgery. Although many thought his career over while he recuperated in 2001-03 (thereby missing the 2002 Winter Olympics in Salt Lake City), the seemingly indestructible Maier returned in 2003. Not only did he compete in the super-G World Cup - he won the overall competition for the fourth time in his career a feat that is widely acclaimed as the greatest comeback in sporting history. Torino 2006 represents his return to the Olympics and although hopes are high, Bode Miller from the U.S. looks likely to present a strong challenge. Miller took home the overall honors in the 2005 World Cup - the first American to do so in 22 years - and seems to be in his prime going into these Olympics.

One of the headline sports of the Winter Olympics is undoubtedly Ice Hockey. Since 1998 professionals have been allowed to compete and as a result the world's top players will be on show and in

competition against each other. It's a sport that was dominated by Canada and the old Soviet Union. Canada took the gold in 2002 and Team Canada executive director Wayne Gretzky will once again have a formidable team of NHL all-stars wanting to make sure the gold stays in the birthplace of hockey. Russia meanwhile will be hoping to improve on their third place finish from 2002. The U.S. team will probably be competing for third place this time around with some tough competition coming from Sweden, the Czech Republic, and Slovakia.

at work in added. For the cross, has been added. The new snowboard cross event has a course made up of different sections: whoops (moguls), waves, banks, kickers, and spines (jumps with 90° angles), with a series of blue and red gates and triangular flags marking the course and indicating entrances to obstacles. Each run is scored on a scale of 0.1 to 10.0 by a panel of five judges with falls and other mistakes leading to deductions. Seems sure to be one of the events to watch this February.

If after reading this you're thinking of going to see the world's greatest snow based athletes in action you shouldn't have any problem getting there. Although Italians aren't noted for their organisational capabilities, the Olympic Committee have ensured that air, rail and road links are up to scratch. If you're coming in by air, the International Airport Sandro Pertini of Torino Caselle is the official 2006 Winter Olympics airport located just 16 km away from the city centre. By rail, Torino is linked up to the main Italian and transalpine destinations, and by road, the motorway network rapidly links Torino to the major Italian cities: Genoa, Milan, Bologna, Rome and Naples. Easy enough.

One tip though, if you're going to support the UK, don't get too excited. They're not likely to win much...

For more information go to: [www.torino2006.org](http://www.torino2006.org)

## TORINO 2006 IN FIGURES

**14** competition venues  
**84** gold medals  
**2,500** athletes from **85** countries  
**1,000,000** spectators  
**7** sports with **15** disciplines: Skiing (alpine skiing, cross country skiing, ski jumping, Nordic combined, freestyle skiing, and snowboard) // Skating (speed skating, figure skating, and short track speed skating) // Bobsleigh (bobsleigh and skeleton) // Luge // Biathlon // Ice Hockey // Curling.

# AU VENT DES ISLES

I have recently noticed an increase in Jersey and Guernsey registered 4x4s parked outside the numerous *Immobiliers* in our small town. They would be difficult to miss in this land of small diesel 'Citperrens'. It is odd that where roads are small and narrow it is nice to drive "large and petrol" but where there is wide tarmac to the horizon locals choose to drive "small and diesel".

But the interesting point here is not the vehicle but the driver's licence. Should those islanders end up buying a house in Manche and choose to make it their "*maison principale*" (as opposed to "*secondaire*") they will discover an interesting problem facing them regarding their driving licence. Until a year or so ago France and Jersey had an agreement whereby licences would be accepted for exchange as if Jersey were an EU member state. No longer! It seems that France has rescinded this agreement, apparently without consultation with the island authorities who claim it still exists. It does not. If you passed your test in the UK and can obtain a letter from Swansea to that effect you are in the clear. If not then an "interesting" French driving test awaits you!

There is another, some may say benefit, in the driving laws here and that relates to the ability to drive a tiny micro car with a lawn mower under the bonnet without any licence at all. There are plenty of these strange devices crawling around the countryside driven either by those who have reached a great age and can no longer see and thus have had their licence revoked or those of a younger age who could not see very well when returning from a lunch that had ended with Calva and have also lost their legal right to drive!

Whilst in Jersey you only have to drive a matter of yards to find excellent Indian cuisine, here curry addicts think nothing of a hundred mile roundtrip for a Chicken Madras. I dream of The New Raj in St Helier, as good a Tandoori restaurant as can be found anywhere in the world. Having travelled a great distance for an "authentic Indian" this being Normandie you will be served "Indian à la Normand". Whether it is the Madras or the Rogan the Bhoona or the Balti it will come very mild in a thick cream sauce. I am desperate so I always enjoy but my more discerning wife is much less enthusiastic about the trillion calories in every dish. Here must lay a great opportunity for a breakaway New Raj or curry delivery service to St Malo perhaps?

Whilst on the subject of food the new shellfish season is upon us. I agree the fish market in St Helier is fantastic but if you enjoy "fruits de mer" Manche is the place. Supermarkets offer an endless range of sizes and content, from huge baskets that include everything from lobsters to winkles down to small wicker boxes containing beautiful local oysters. You can order your own basket, a few days in advance, made up with the fish of your choice and it will arrive covered in clear plastic with red and blue ribbons and bows complete with all the "kit" to eat the contents. You will need to set aside a few quiet hours for the repast, not to mention a few bottles of Mascadet (less than 2 Euros for Sevre-et-Maine!) and you will have one of those "best meals of my life" occasions.

There is no doubt that life in France could be not more different to that of the Islands, but being able to flit between the two worlds whenever we choose makes it perfect!

A bientôt,

*Paul Beaumont*





## PLANNING A GET AWAY?

If you look out of the window at any time during February the odds are that some combination of rain/drizzle/mist will be making Jersey look like the world's least likely holiday destination. We all know that in summer going to the beach after work can make you feel very smug indeed. The thing is, if you went to the beach after work at the moment you'd probably just feel the onset of hypothermia. Isn't it time you planned a get-away?

Jersey is increasingly well served when it comes to links to the outside world and with the huge boom in tourism of recent years there are no lack of destinations to choose from. Here's a short guide to give you a few ideas:

### MALLORCA //

So close and easy to get to, a beautiful island that has much more to offer than all night drinking. Visitors can fan out in the direction of either Palma de Mallorca, the main centre, or the northwest coast with the Serra de Tramuntana mountain ranges, or the north and east coast beaches.

### GREEK ISLANDS //

Want to really get away from it all? The Cyclades are what Greek island dreams are made of - rugged, multicoloured outcrops of rock, set adrift in brilliant blue seas and strewn with snow-white cubist buildings and blue-domed Byzantine churches.

### IBIZA //

What's there to say about Ibiza? Clubbing capital of the world, perfect beaches and amazing countryside filled with hospitable locals, this is the place to come and forget all your worries that's not all the way across the other side of the world.

### THAILAND //

In many ways the ultimate in getting away from it all. As long as you don't mind being surrounded by 10 million of the people you wanted to get away from in the first place. Having said that, a Thai holiday is ideal whether you want to recharge the batteries or dance all night every night.

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# FACES & PLACES



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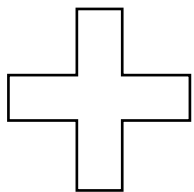
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# GADGETS // MOTOROLA Q: PHONE OF THE FUTURE?

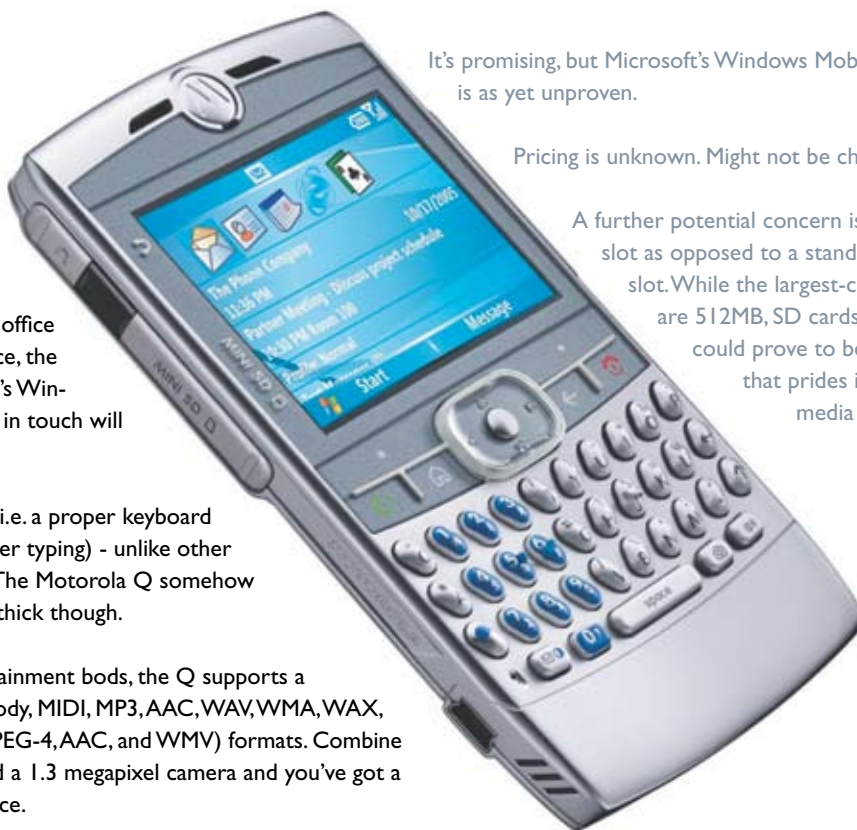
It's one of the most highly anticipated phones on the horizon (having taken the CES show in Las Vegas by storm) and it'll be with us within a few months. The Motorola Q hopes to not only look stylish and be supercompact, but to merge form with function. Set for release in early 2006, it's described as razor thin at 0.45 inches, a direct reference to Motorola's popular Razr V3, but will be the first smart phone to use Microsoft's Windows Mobile 5.0 operating system - it could take the phone-world by storm. In addition, it promises to have a host of high-end features: a 1.3-megapixel camera, Bluetooth, compatibility with Razrwire Bluetooth eyewear, a large 320x240-pixel screen and a TFT display that supports some 65,000 colors. Is there any reason to believe this isn't THE phone?



Will allow you to be at the office when you're out of the office, the Motorola Q runs Microsoft's Windows Mobile 5.0, so staying in touch will not be a problem.

A full QWERTY keyboard (i.e. a proper keyboard to type on, no texting, proper typing) - unlike other similarly equipped devices. The Motorola Q somehow manages to be only 1 cm thick though.

For you audio visual entertainment bods, the Q supports a huge variety of audio (iMelody, MIDI, MP3, AAC, WAV, WMA, WAX, and QCELP) and video (MPEG-4, AAC, and WMV) formats. Combine that with a large screen and a 1.3 megapixel camera and you've got a superlative multimedia device.



It's promising, but Microsoft's Windows Mobile 5.0 operating system is as yet unproven.

Pricing is unknown. Might not be cheap.

A further potential concern is that Q uses a Mini SD slot as opposed to a standard Secure Digital (SD) slot. While the largest-capacity Mini SD cards are 512MB, SD cards have reached 1GB. This could prove to be significant for a device that prides itself on so many multimedia features.



## PRODUCT OF THE MONTH ACER L200 MEDIA CENTRE

The ground-breaking Acer Aspire L200 is a powerful and stylish entertainment system for all the family. Thanks to Microsoft Windows XP Media Centre 2005 you can now enjoy all-in-one digital entertainment at the click of a button: Download and listen to music; watch videos; Burn and play DVDs; watch "Freeview" digital TV (not available in Jersey). Pause and record live TV; organise your digital photos, and much, much more - all with a single remote control from the comfort of your sofa!



**ACER L200 Media Centre // £729.99**

Available from Beyond Computers at The Powerhouse & Halkett Street (opposite McDonalds)

## HOME



**Stoves Genus range, 1249.99.**  
Available from Co-op Homemaker.

## Cook!

*It's cold outside, so the time's right to stay in and practice your Jamie Oliver moves...*



**Jamie Oliver Professional Series Pan, from £33.**  
Available from Co-op Homemaker.



**Sommelier**  
Range of trays,  
canapé dishes,  
place mats and  
textiles, from  
£2.95. Available  
from Jersey  
Pottery.



**Arani Collection of pottery,**  
from £11.90. Available from  
Jersey Pottery.



**Handcrafted rooster range, from £19.95.**  
Available from Jersey Pottery.

“

These days the kitchen is the central hub of the modern house. With convenience foods in everyone's fridge, the ranges of cooking appliances that are available to meet this demand are huge. From Lean Fat cooking grills to pizza ovens, from compact convection microwaves to toasters. For something really different, take a look at the new Stoves Genus double oven. It can cook up to eight times faster than a conventional oven and does not compromise cooking results. No pre heating of the oven is necessary and it also uses around 50% less energy. Magic? No it's just Genus technology.



**Expert's Tip**  
**Paul Clark**  
**@Coop**  
**Homemaker**

”



**Dualit Toaster from £44.99.**  
Available from Co-op Homemaker.



**Arc 42 Pans, from £39.99.**  
Available from Co-op Homemaker.



**Panasonic Microwaves, from £54.99.**  
Available from Co-op Homemaker.



**Belling EW93G  
Cooker, £469.99.**  
Available from  
Co-op Homemaker.

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# RENOVATE // KITCHENS

ABODE A LITTLE TOO HUMBLE? REVITALISE YOUR RESIDENCE AS GALLERY PRESENT THE FIFTH INSTALMENT OF OUR MONTHLY GUIDE TO PROPERTY RENOVATION. THIS MONTH WE LOOK AT KITCHENS



Your kitchen is probably the most used room in your house. Although the traditional family meal around the kitchen table may have fallen out of fashion thanks to modern living trends, Jamie Oliver et al have ensured that our attention has been firmly centred back on the kitchen. Poor layout, inadequate lighting, cramped spaces, outdated fixtures and old cabinets just don't cut it any more. Before you decide to go ahead with a kitchen renovation, it is important to clearly identify the features you want in your new kitchen. Just as important is a thorough pre-renovation inspection to identify any existing problems. Below I tackle some of the more pertinent areas of consideration.

## SIZE AND DESIGN

Is your existing kitchen may be too small or poorly laid out? How much workspace do you need? You will also need to consider the 'traffic patterns' of how you move around the space. Never underestimate the importance of storage space! If you're renovating, have a long think about how everything fitted (or didn't fit) in your previous arrangement and alter the space accordingly. If you eat in your kitchen, this will also be an important factor, will the newly modelled space along for current and future family needs? There's nothing like being caught out for an extra chair when you have people round for dinner.

## FIXTURES AND APPLIANCES

If you're working on a renovation then chances are the fixtures and appliances may be worn out, inefficient or outdated. When I moved into my last house I was blessed with a 25 year old cooker! A nice new hob and oven can really be a centrepiece of a modern kitchen. Cooker hoods in particular have become more form than function in recent years. Lighting is also an important consideration. The rise in low voltage lighting and spotlights mean that you can really give some thought to several lighting patterns in the room, depending on what you are doing.

## CABINETS

We live in the times of flatpack kitchens and Ikea have a lot to answer for, even in Jersey. The ability to build the cabinet and apply a multitude of design options on top, combined with a simple to follow (usually) set of instructions, appeals to the modern amateur property developer. The budget for your kitchen development

will obviously be the principle determinant for cabinet and fittings selection. If you're early on in the property ladder then using the Swedish option or B&Q may serve the purpose but those who have found their long term home will probably want to consider spending a little more to ensure quality, more Colsten & Co or Bauformat for example. If you are looking to stay put for over 10 years, a bespoke option from Hammonds or Clive Christian will enable you to really find the perfect solution.

## STRUCTURAL PROBLEMS

Many new Jersey properties seem to be adopting the lounge-diner approach this year. Looking at other new houses for inspiration showed me that opening up to open plan could be an option, particularly with the limited space available in our expensive Jersey properties. This is something that shouldn't be tackled lightly. Consult with the Planning department and enlist the help of a professional builder before you start knocking down walls. I had a friend that once had to replace the whole stone wall of his farmhouse after the planning department came knocking on his door.

## PLUMBING AND ELECTRICAL

The 25 year old cooker mentioned earlier was linked to a wooden fuse box and wooden style fuses, so this had to go! I was also left with only two plug sockets, which may have sufficed 25 years ago but microwaves, dishwashers and tumble driers mean I was left a little short. Older plumbing and plumbing fixtures may include lead or galvanized steel piping. Is the electrical service adequate for the number of outlets and circuits required and for future expectations? Check for water pressure and suitable drainage, it's better to get those problems solved right at the start of your project. If the house is pre-1950, are there any lead or galvanized steel water pipes? I unfortunately experienced the downside of this problem as a neighbour had neglected to replace their pipes and attached new modern pipes to them. I was left without a ceiling when it leaked! If you want to avoid claims on your home insurance, make sure you update your pipes.

## HEATING AND VENTILATION

There have been great advances in the technology used to keep your kitchen a smoke free zone. A good quality extractor fan will

be an essential part of your renovation plan, particularly if your kitchen is small and close to other areas of the house. Also consider the ventilation of the room in general, are there lingering musty smells? A damp kitchen will foster mould and bacteria and create an unpleasant environment. Investing in ventilation and door and window seals will limit the chances of the kitchen becoming damp.

## FINISHES

Counter tops and flooring can really change the appearance of your kitchen space. Consider the use of the space and wear and tear. I don't have toys and the belongings of children to clutter my kitchen at present but if you do, quality will be a consideration. You may not be able to afford Corian on every surface but you'll also not want to scrimp and save on flooring, work surfaces and finish.

Kitchen renovation can be expensive. The first estimate we got on our kitchen was almost half what we paid for the house! Talk about shock. Regardless of your budget, don't skim on design, appliances, or labour. These are the basis for a functional kitchen and you should get the best you can afford. Instead, to cut costs, use stock cabinets instead of custom work, laminates instead of Corian, and keep your current appliances if it's a purely cosmetic renovation. Try to keep existing plumbing and electricals if they're in good working order and maybe consider a few extras; a new tap, some cabinet underlights, that won't cost the earth.. Make the most of small improvements like new paint, new wallpaper, new blinds or curtains and decoration.

It needn't cost the earth to completely change your mood. If a tidy room makes a tidy mind then perhaps a fresh new kitchen will enable you to embrace Nigella, Jamie, Gordon, Delia and Nigel and all those cookery books you've been bought over the last few years and take a fresh new approach to cookery too.



## USEFUL LINKS

<http://www.planning.gov.je/>

For information about planning regulations in Jersey




**£399,000**

3 | 2 | A-H

ST MARTIN Share transfer  
Ground floor apartment within walking distance of village amenities. Good decorative order throughout. Three large reception rooms. Three double bedrooms. Rear garden and ample parking.

Call on 879787  
[www.slomans.co.uk](http://www.slomans.co.uk)




**£259,000**

2 | 1 | A-H

ST HELIER Flying Freehold  
Bright and spacious penthouse apartment with double height ceilings and magnificent views. Both bedrooms have built-in wardrobes, the kitchen is modern and fully appliances. One designated undercover parking space. First time buyers only.

Call on 879787  
[www.slomans.co.uk](http://www.slomans.co.uk)



**£280,000**

2 | 1 | A-J

ST HELIER Freehold  
Immaculate home in pristine condition with modern features. Solid oak floors. Quality fitted kitchen and bathroom. Timber decked courtyard. Parking for one car on cobbled driveway.

Call on 879787  
[www.slomans.co.uk](http://www.slomans.co.uk)



**£220,000**

2 | 2 | A-H

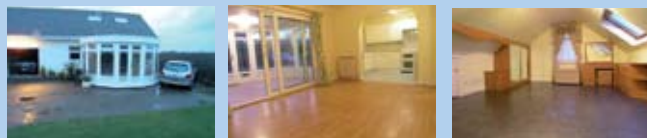
ST HELIER Share transfer  
First floor apartment constructed only four years ago and one of only three in the block. The accommodation is in excellent walk-in condition throughout and in addition to a balcony there are two in-line parking spaces. Walking distance of town centre.

Call on 879787  
[www.slomans.co.uk](http://www.slomans.co.uk)

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## Latest Rentals: Now Available



2 bed cottage in good decorative order throughout. A-H, £975pcm



3 bed, 2 bath family home. Parking & patio garden. A-J £1,550pcm



4 bed detached home. Conservatory, garage & garden. A-J £1,833pcm



4 bed, 4 bath + study new build detached luxury home. A-J £3,000pcm



IN GLOBAL UPDATE WE HIGHLIGHT SOME KEY FACTS AND WORLD EVENTS THAT WE SHOULD ALL BE AWARE OF.

Physically and mentally, mankind has evolved. We got our opposable thumbs, came down from the trees, discovered the world isn't flat, proved that planet earth isn't the centre of the universe, stopped burning people at the stake for being a witch and consistently understood more and more about ourselves and the universe that we live in. One of the countries most responsible for this is America. No country has produced more Nobel Prize winners than the USA and in the fields of medicine, information technology, space exploration and most other disciplines. It's our cousins across the pond that have been leading the way.

But now, the nation that has given the world so many great things is increasingly turning away from reason, scientific fact, empirical evidence and is regressing to beliefs that most of us left behind in the Middle Ages. Evolution is being increasingly refuted and Creationism is on the rise. The American Government is doing little to prevent this and in some cases, supporting it. After all, their leader George W Bush is a man who said: 'I believe that God wants me to be president,' and courted the Christian right-wing to ensure a second term in power. For those of you who are unaware of this train of thought, a Creationist is a person who rejects the theory of evolution and believes instead that each species on earth was put here by a God fully formed and in its present state. Man didn't evolve from apes, he descended from Adam and Eve. They believe the Bible is the definitive record of mankind's history and, as such, when you trace back whom begat whom from the bible it 'proves' the world is around 6,000 years old. And dinosaurs? They didn't exist; God put the fossils and bones in the ground.

Ok, so what's the problem? After all, there are still fully paid-up members of the Flat Earth Society telling anyone who'll listen that if you sail to far you'll drop off the end. A few fruit loops in the population are nothing to worry about. But now, Creationism is being taught in schools as the country becomes increasingly fundamentalist. Worrying as the future of America is, to a great extent, the future of the planet.

A CBS poll in November 2004 revealed that only 13 per cent of Americans believe that humans evolved without divine intervention, and 35 per cent favour replacing evolution with Creationism in schools. Even more worrying is the fact that 65 per cent of Americans favour teaching Creationism alongside evolution – over half those polled want Creationism taught to their children. The 18th American president, Ulysses S. Grant, called for Americans to 'keep the church and state forever separate.' The separation of church and state is what prevents governments from becoming theocracies which we see in countries such as Iran – and look how well they're integrating themselves with the rest of the planet. The 43rd, and current, American president is bringing church and state ever closer together.

The comedian Bill Hicks once said: 'Do you ever notice that the people who believe in Creationism look really unevolved?' This was a swipe at the Southern, dare we say redneck states, that are pushing for Creationism to be taught in schools. The influence of the religious right is growing however and it's not just the Bible belt towns that are pushing this view. The controversy extends far beyond the classroom. In March 2005, IMAX cinemas in some of the southern states reportedly refused to show several scientific films, after test audiences objected to the presentation of evolutionary theory as fact, describing it instead as 'blasphemous'. Last year, the National Centre for Science Education has tracked 70 new controversies over evolution in 26 states, some in school districts, others in the state legislatures. President Bush joined the debate in August, telling reporters that both evolution and the theory of intelligent design should be taught in schools. Interesting times lay ahead.

America has given the world so many great things; of that there can be no doubt. But increasingly the country is turning towards a right-wing Christian fundamentalism that refutes scientific fact and empirical evidence in favour of dogma and superstition. Reach into your pocket and take out the bank notes. Do you have an English tenner? Turn it over. The English £10 note has a picture of Charles Darwin on the back. This would never be allowed in America and any attempt to celebrate the man who wrote 'The Origin Of Species' in such a way would be opposed so vehemently that most would never even try and introduce such a thing in the first place. If you do one thing today, celebrate the fact that us British are forward thinking, a nation of inventors and innovators from Stephenson to Darwin to Brunel. We should revel in that. The Americans may be rejecting factual discovery and science in increasingly numbers, but we Brits celebrate it.

IN AMERICA,  
SCIENTIFIC  
REASON IS  
INCREASINGLY  
BEING REPLACED  
WITH RELIGIOUS  
DOGMA



## JOBSIN...

OUR MONTHLY JOBS BULLETIN. THIS MONTH FEATURING POSITIONS FROM:



## JOBSIN FINANCE

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£TOPS!

Dynamic, proven salesperson wanted to deliver results in this target-driven department. Successful candidate with in-depth product knowledge, sound market awareness and IAC/FPC/IMC. Call Kelly.

**SECURITIES**  
£NEG

Do you have 1yr+ in settlements with initiative and attention to detail second-to-none? Ready for that next move and an opportunity to advance your career? Excellent prospects! Ring Kelly to find out more! 727323

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Sound banking, payments and reconciliations knowledge required for varied cash recs role. Inquisitive mind to undertake nostro and securities investigations. Call Kelly today for more information. 727323

**Compliance Officers/Assistants**  
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**Senior Securities**  
Assisting in all aspects of securities processes. Candidates with at least 5 years experience within securities. Call Paul on 875444

## JOBSIN TRUST

**CORPORATE TRUST MANAGER**  
£55K

Ideal role for someone looking to work and develop within a growing trust company. Deliver results? Demonstrate excellent services to both company & client? We want to hear from you! Call Sue/Danny 727323

**TRUST**  
£TOPS!

Where will you be this time next year? We need young, driven administrators who want to get on in life!! It's an employee's market, so strike when the iron is HOT and call Danny now... you'll be surprised how in demand you are! 727323

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Must love figures & take a pride in producing quality accounts. If you're mature and reliable then we need to talk. Call Sue. 727 323

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**Trainee Client Accountant**  
Excellent opportunity to join a friendly client accounting team at a well established private bank. Would suit graduates. Call Paul on 875444.

**ACCOUNTANTS**  
£TOPS!

We need Qualified/Part Qualified accountants for many contract positions. If you're a high-flyer & dedicated to providing the best service in accountancy then call Nicole to find out about these opportunities. 727323

**Fund Accountant**  
Will suit a part qualified or experienced Accountant with good knowledge of the Funds industry. Call Jenni on 875444

**FUND ACCOUNTANT**  
£40-48K  
ACCA qld/part qld to join this progressive new team. Property funds must form part of your practical exp. Make an immediate contribution! Call Danny/ Sue 727323

**SENIOR AUDIT MANAGER**  
£45-55K  
To manage and organise a small team, deal with clients and handle complex cases. Great chance to join a friendly organisation! Call Sue/ Danny 727323

**Senior Fund Administrator**  
Experienced Fund Administrator needed to work within a small busy team preparing daily valuations. Excellent salary. Call Jenni on 875444

## JOBSIN RETAIL

**ASSISTANT MANAGER- RETAIL**  
£NEG

Do you possess excellent customer service skills and thrive in a retail environment? Organised & responsible individual needed! Call Lindsay now to find out more about what this fun, High Street retailer has to offer! 727323

## JOBSIN IT

**SERIES ANALYST**  
£35-40K

Key role for an ambitious, self-motivated individual to work in private bank. 3 Years iSeries admin & knowledge of bank and trust systems an advantage. Travel involved. Call Rachael! 727323

**Systems Analyst**  
Application development and maintenance with Technical and 2nd line user support, MS SQL server administration. Call Andy on 875444.

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**Client Services Officer - Temp**  
Previous Client Services / Custody experience required to join a busy, dynamic team. Call Denise or Beth on 875444

**TEMPS TEMPS TEMPS!**  
Various assignments on offer. Strong Administrators / Bankers / KYC Officers / Secretaries / Data Inputters. Call Denise on 875444.

## JOBSIN SECRETARIAL

**PA \ Senior Secretary**  
Providing full support to Compliance Officer / Company Secretary. Must have relevant experience and excellent typing skills. Call Jenni 875444

**GROUP SECRETARY**  
£NEG  
All rounder required to assist with the day-to-day secretarial & admin needs of 3 managers. No day the same! Call Rachael 727323

**PA/ SECRETARIAL**  
£25K+

Prestigious law firm seeks very switched-on person! If you can offer excellent customer service, juggle secretarial/admin duties, deal with basic queries then this challenging role will suit you! Call Rachael today to find out more! 727323

## JOBSIN MARKETING

**MARKETING OFFICER**  
£25-27K

Looking for a diverse role where using your initiative & being self-motivated is key? If taking on projects excite you and you are keen to develop your career then call Nicole today! 727323

## SCHOOL LEAVERS

**TRAINEE TRUST & COMPANY ADMINISTRATOR**  
£18K+  
Calling all good graduates/ school leavers!! Highly respected trust firms expect quick learning, keen & hard-working individuals. If you're eager to start a career in trust then contact Rachael to find out more! 727323

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**CLIENT SERVICES OFFICER**  
£26K  
Busy & rewarding role that offers diversity for an enthusiastic individual. Your excellent communication skills and great customer focus will secure you this role! 727323

**NEW BUSINESS ADVISOR**  
£18.5K  
Well-known bank needs your selling and banking expertise! High achiever, who can exceed sales targets! Proven commitment to customer service, in-depth knowledge of BOSI sales procedures, processes & working patterns. Call Lindsay! 727323



# CAREERS // THE FUTURE // BY IAN PEARSON

Quite a coup for Gallery Magazine this month. BT's official futurologist, Ian Pearson, talks to us about how he sees the future of careers. It makes for some interesting reading...

## ARCHITECTS //

Information technology will change all the professions. Some will be almost wiped out in the onslaught by smart machines and e-commerce, others will change dramatically. For architects, the overall changes will be unusually favourable. As specialists they will thrive and be much more valued in an information economy dominated world. Knowledge guilds will guarantee the quality of work, and opportunities will be abundant as development accelerates around the world as wealth increases. As we move towards greater internet penetration, community networks will spring up everywhere, and will allow ordinary people to participate more fully in decisions affecting the design of their local environment. The interaction between the architect and actual users will be much closer than it has ever been. User's will be happier and architects will be more valued.

## FASHION AT WORK //

At the moment fashion designers are not generally expected to know a great deal about the latest advances in science. In the future this is set to change. Fashion designers will find that DIY fashion increases as computer packages allow people to make the artistic decisions while letting the computer figure out the technical stuff. How much DIY design affects the fortunes of designers will depend in large part on how much relative skill and creativity they really have (as well as how much effort people can be bothered to invest in designing themselves). Fashion is often at the forefront of technology usage, and this trend looks set to continue with the gradual convergence of nanotechnology, biotechnology, cognitive technologies and fashion. Typical results will be materials with different tensile, thermal and optical properties, integration of information technology into fabrics, and linkage of our bodies to the network for medical and communication purposes, via clothing or skin-wearables.

## ADVERTISING INDUSTRY //

The internet will have more and more of an impact on how the advertising industry works. If you're working in the advertising industry in the future, you could well find yourself relying on information captured by computers - what people do, who they talk to, what they buy. With this level of knowledge digitised and potentially available, agencies may decide that although humans are the ultimate target, computers are the initial target. The computer may thus be able to suggest potential purchases to the human operator and eventually, when a high degree of trust exists between the human and his machine, it may even have a budget to buy some things automatically. The notion of brands in such a world will take a severe beating and there will be substantial changes in market structure.

## INVESTMENT BANKING //

Today's commercial world is a very hostile evolutionary environment, where no-one but the very fittest is guaranteed to survive. Every week we see previously strong companies going bankrupt. Even large finance houses are suffering because of promises they made years ago without sufficient foresight. Many large investors were caught up in dot-com hype and lost their shirts. Clearly, economic, social and technological turbulence have increased the value of speed of reaction, flexibility and customer vision, but have reduced the value of experience. It is a simple fact of life that being good at doing something yesterday makes us prejudiced when we try to figure out the best way of doing it tomorrow. Experience has become a liability. Investment banks have to get it doubly right to survive and flourish. They must not only make their own companies agile and competitive, but also work out which other companies and sectors will do well. They therefore need to understand all the contributory issues better than anyone else. The agile bank will be a key player in

the future, other banks will vanish from the market. There are some potential rich pickings, especially in regions where major government investments are being made. Agile companies will be able to make the most competitive tenders for such work.

## CALL CENTRES //

Almost one in fifty people work in a call centre. Such work varies from highly automated routine calls, through to calls where the operator is giving advice on major problems to distressed callers. Recently, there has been some debate whether interactive voice response (IVR) would eliminate many of the routine jobs. I believe it will automate much routine work, but won't result in unemployment. Certainly, many routine enquiries such as billing, train times etc, can be dealt with by computers, but many calls are more complex and need people to be involved. As our lives get more complicated, we need more assistance more often, and being able to get almost instant response for routine enquiries enabled by IVR will make people more likely to use call centres. When they do call, even if the computer can't help them on its own, experts systems and general artificial intelligence will enable the operator to give much better assistance. This is the key. Increasing computer intelligence allows even a relatively unskilled operator to do what used to be a more highly skilled job, moving them up the value chain. When used correctly, computers up-skill people.

## CONCLUSION //

"Over the next two decades, we will see computers and robots automate many of today's jobs, leaving those jobs that rely on human contact, interpersonal or caring skills. This care economy will still include jobs such as nursing, child care, teaching, policing and other personal services, as well as future equivalents to today's lifestyle consultancy and personal trainers. Those parts of other jobs that are human oriented will grow (e.g. leadership, entertainment, inspiration), while their intellectual components will shrink (analysis, administration, creativity etc). Jobs that rely mainly on intellect or precision manual skills will be replaced by smart machines and sophisticated robots. Only a small elite will still get work in these fields, for which they will be very highly paid, providing the very few skills that computers still can't manage."

Learn more about futurology: visit Ian's site:  
[www.btinternet.com/~ian.pearson/](http://www.btinternet.com/~ian.pearson/)



# SUPPORT

Ogier is one of the world's leading providers of offshore legal and administration services with offices in the Cayman Islands, Guernsey, Jersey and London and an associated trust company in New Zealand.

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The successful candidates will have:-

- accurate and efficient secretarial and administration skills;
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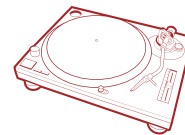
If you are self motivated with drive and enthusiasm, able to use your own initiative and are confident in your ability, someone who seeks a real challenge and would like to work in a dynamic forward thinking organisation, we would like to hear from you.

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# THE DELAYS



The Delays come to Jersey on Friday 10th February on the first leg of their UK tour. They're looking forward to getting back out on the road after completing their second album 'You See Colours' which looks to be more vibrant and direct than their debut 'Faded Seaside Glamour'. As a lesson to all bands, The Delays started out as a kick-ass outfit hampered only by the fact that they weren't actually that good. However, two years of extensive practicing soon meant they were capable of soiling A&R trousers from half a mile away. Come see the results for yourself. JERSEY LIVE SESSIONS: Support from The Merge & Benny The Moth. Friday 10th February 2006, 7pm - 11pm @ Havana Nightclub, Bath St, St. Helier. Tickets available from Bean Around The World, T: 619977

## THE POMME CAFE BAR COCKTAIL OF THE MONTH // Fizz Pops



### WHAT TO MIX //

25ml Archers Peach  
50ml Apple sourz  
150ml Lemonade

### HOW TO MIX IT //

Pour the Archers and Sourz into a tall glass and fill with ice then top it up with lemonade. Garnish with a slice of lime on the edge of the glass and some mint leaves in the drink. Serve with a smile.

Pop into Café Bar and get the FIZZ...

COCKTAIL OF THE MONTH IS SPONSORED BY

# CAFÉ BAR

The Café Bar at the Pomme d'Or Hotel is open every day from 7am to 11pm serving great food & drink as well as cocktails!



## NIGHTLIFE NEWS



### LAUGH //

Chambers Comedy Court Room  
Rex Boyd, the headline act at this months Comedy Court Room, is a rare example of a performer who is extremely popular both indoors in the comedy clubs and outdoors on the street festival circuit. Year round you will find him topping the bill at comedy clubs all over the UK. There's not much else to do on a Monday night, so get yourself down to Chambers and have a laugh. Monday 6th February Show 20:30, tickets £5



### LISTINGS //

Don't forget. If you want to keep in touch with Jersey send your listings into: [listings@gallerymagazine.co.uk](mailto:listings@gallerymagazine.co.uk) - if you get them to us by the 15th of the month we'll make sure they're in the next magazine. Also, if you've got any events that you think deserve major coverage, drop an email to: [matt@gallerymagazine.co.uk](mailto:matt@gallerymagazine.co.uk) to see whether there's potential for running a feature.

### PLATINUM UNDER 18's //

Thursday 16th sees one of Jersey's premier under-18 events (as seen on TV) return. Following the road-block success of the previous events, it's back from 7pm - 11pm for all 13 to 17 year olds. Award winning UK chart top 10 DJ Adam B ([www.djadamb.com](http://www.djadamb.com)) will be playing all the best RnB & Hip-Hop and funky house. If you fancy taking his place you should think about getting a mix tape together - Platinum are looking for the next Paul Oakenfold to take over for the next event. If you think you're up to it, drop an email to [mail@platinum.je](mailto:mail@platinum.je) and await further instructions. Good luck.





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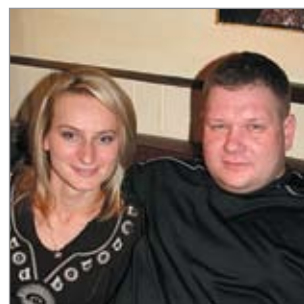
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LA CALA // 21ST JANUARY // ALL PHOTOS BY JERSEYEVENTS.COM

When we're looking for something to do, we sometimes fancy a night of culture, sometimes a night of eating, sometimes drinking, sometimes movies. Therefore, we figured that our listings sections should reflect this. We've re-designed it to include all our listings sorted by date so whatever night it is that you're looking for entertainment, we can show you all the options! If you have any listings or events for March's magazine, send them to [listings@gallerymagazine.co.uk](mailto:listings@gallerymagazine.co.uk) by the 20th February

## WEDNESDAY 1ST

**JERSEY OPERA HOUSE**  
**OVER THE RAINBOW - THE LIFE STORY OF EVA CASSIDY**  
This compelling musical play tells the story of the legendary artist Eva Cassidy, who tragically died of cancer at the age of 33. This show follows her life through dramatic scenes and 27 stunning live renditions of her songs. The Guardian recently quoted Eva as having "one of the greatest voices of her generation".  
Performance Times: 20:00, Tickets: £18, Concessions: £2.00 off

**JERSEY ARTS CENTRE**  
**THE DANCE COMPANY OF WALES**  
With twelve charismatic dancers, 2 brand new creations and a favourite piece for the spring. Chase The Glowing Hours With Flying Feet from Québec's Hélène Blackburn is a witty, dynamic production accompanied by Bach piano music and Juan Carlos Garcias piece is so new it isn't written yet – you'll have to come along to find out more! "Transfixing" The Times  
Time: 20:00, Tickets: £13 (£8 students),

**PLATINUM**  
**SMASH AND GRAB**  
Blasting over £500 worth of cash and prizes across the dance floor throughout the night'. Time: 22:00 - 02:00  
Entry: £1 before 23:00 with flyer/members, £2 after 23:00 with flyer/member.

**MINT**  
**RnB NIGHT**  
With new resident DJ Simon Marshall. Free entry all night  
Time: 21:00 - 02:00. Free entry all night.

## THURSDAY 2ND

**JERSEY ARTS CENTRE**  
**AMICI ARTIUM PRESENTS PIERS LANE (PIANO)**  
Soloist at the BBC Promenade Concerts on no less than five occasions, Piers' concerto repertoire of over 70 works includes many rarities by European and British composers.  
Time: 20:00, Tickets: £15 (£8 students)

**MINT**  
**THE WEEKEND WARM UP**  
All the biggest tunes around in the mix all night long. Something for everyone from 22:00 – 02:00. Free entry all night.

## FRIDAY 3RD

**MINT**  
**THE WEEKEND STARTS HERE...**  
With the new resident DJ Simon Marshall  
Time: 21:00 - 02:00. Free entry all night.

**PLATINUM**  
**FRESH & FUNKY FRIDAYS**  
The sexiest RnB, funky commercial dance and all time club classics.

### DERAILED (15)

When two married business executives (Owen and Aniston) having an affair are blackmailed by a violent criminal, the two must turn the tables on him to save their families. Good cast including Vincent Casel, Clive Owen and Jennifer Aniston.

### GRIZZLY MAN (15)

ilmmaker Werner Herzog, longtime student of crazy eccentric loners on heroic doomed quests presents this devastating and heartrending take on grizzly bear activist Timothy Treadwell who was killed in 2003 while living among grizzlies in Alaska.

### THE ICE HARVEST (15)

Starring John Cusack and Billy-Bob Thornton, The Ice Harvest sees follows a dumb lawyer's attempting a Christmas Eve crime, hoping to swindle the local mob out of some money. His partner, a strip club owner, seems to have different plans for the cash...

### NORTH COUNTRY (15)

Charlize Theron again shuns model looks in this fictionalized account of the first major successful sexual harassment case in the United States - Jenson vs. Eveleth Mines. A woman who endured a range of abuse while working as a miner filed and won the landmark 1984 lawsuit.

### WALK THE LINE (12A)

Hotly tipped for Oscar success, Walk The Line star Joaquin Phoenix in this chronicle of country music legend Johnny Cash's life, from his early days on an Arkansas cotton farm to his rise to fame with Sun Records in Memphis, where he recorded alongside Elvis Presley, Jerry Lee Lewis and Carl Perkins. Also stars Reese Witherspoon.

## SATURDAY 4TH

**JERSEY ARTS CENTRE**  
**SPIKEDRIVERS**  
Taking inspiration from their American roots, the Spikedrivers' song writing, vocal harmonies and unique instrumentation make their sound fresh and exciting. This blues trio will stage an evening of upbeat rhythm and swinging melodies. "...they improve with every viewing; with a unique sound and absolutely thrilling playing"  
- Orkney Blues Festival, 2003  
Time: 20:00, Tickets: £12 (£7 students)

**MINT**  
**BIG NIGHT OUT**  
Dance the night away at Mint  
Time: 21:00 - 02:00. Free entry all night.

**PLATINUM**  
**SANCTUARY**  
The best selection of dance tunes around and some quality RnB thrown in the mix resident DJ Adam B ([www.djadamb.com](http://www.djadamb.com)). Catch the Saturday warm-up on Channel 103 from 18:00 - 22:00 as Platinum sponsor Floorfillers.  
Time: 22:00 - 02:00

## SUNDAY 5TH

**JERSEY ARTS CENTRE**  
**EMMA COLES STREET DANCE SCHOOL : FUSION**  
An exciting fusion of traditional and contemporary dancing, singing and theatre. All proceeds will be donated to the Special Care Baby Unit at Jersey's General Hospital.  
Time: 17:00, Tickets: £10 (£4.50 students & senior citizens)

**JERSEY OPERA HOUSE**  
**SIDE BY SIDE CONCERT**  
This concert in aid of the Tsunami victims, featuring young people from: Musical Originals, Beaulieu Junior Choir, De La Salle/Beaulieu Big Band and the Cannon O'Rafferty Irish Dancers.  
Performance Time: 14:30, Tickets: £4.00

**MINT**  
**POLE IDOL**  
Free entry all night long. Dancing competition with £100 cash prize for the winner. Special Pole Idol bar. Time: 22:00 – 02:00

## MONDAY 6TH

**JERSEY ARTS CENTRE**  
**JERSEY FILM SOCIETY PRESENTS UZAK** (Turkey / Netherlands 2003, 105 min - subtitles).  
The life of a successful, city-dwelling photographer is disrupted by a country cousin coming to stay, hoping to find a job. A quiet film with very little dialogue, it is a beautifully told story about the distance between hope and reality. Melancholic but not without humour.  
Time: 20:00, Tickets: £5 (£3 students), only available on the door.

**PLATINUM**  
**NOITE PORTUGUESA**  
Big Euro dance tunes with some Latin flavour to spice up the beginning of the week. Free before 12am with flyer/member. £1 discount after 12am flyers/members.

## TUESDAY 7TH

**MINT**  
**SIN NIGHT**  
'Service Industry Night' for all SI workers including waiters, waitresses, bar staff, hotel staff. Make Tuesday night your weekend. Free entry all night, over 18s. Special Mint bar. Time: 21:00 - 02:00. Free entry all night.

## WEDNESDAY 8TH

**PLATINUM**  
**SMASH AND GRAB**  
Blasting over £500 worth of cash and prizes across the dance floor throughout the night'. Time: 22:00 - 02:00. Entry: £1 before 23:00 with flyer/members, £2 after 23:00 with flyer/member.

**MINT**  
**RnB NIGHT**  
With new resident DJ Simon Marshall. Free entry all night Time: 21:00 - 02:00. Free entry all night.

## THURSDAY 9TH

**JERSEY ARTS CENTRE**  
**SAMARES PLAYERS PRESENTS THE HOMECOMING BY H. PINTER**  
Pinter was recently awarded the Nobel Prize for Literature, and in The Homecoming, his men - who both need and hate one another - are fascinated by the arrival, glamour and allure of Ruth. She controls them all but submits to their plans to use her sexually. Menace and brutality, masculine supremacy, dysfunctional families and abuse - a compelling and disturbing power struggle.  
Time: 20:00, Tickets: £9 (£7.50 students), suitable for 14+

**MINT**  
**THE WEEKEND WARM UP**  
All the biggest tunes around in the mix all night long. Something for everyone from 22:00 – 02:00. Free entry all night.

## FRIDAY 10TH

**JERSEY ARTS CENTRE**  
**SAMARES PLAYERS PRESENTS THE HOMECOMING BY HAROLD PINTER**  
Time: 20:00, Tickets: £9 (£7.50 students), suitable for 14+

**PLATINUM**  
**FRESH & FUNKY FRIDAYS**  
The sexiest RnB, funky commercial dance and all time club classics. Time: 22:00 - 02:00.

**MINT**  
**THE WEEKEND STARTS HERE...**  
With the new resident DJ Simon Marshall  
Time: 21:00 - 02:00. Free entry all night.

**HAVANA**  
**JERSEY LIVE SESSIONS**  
**DELAYS (UK)**  
With support from The Merge and Benny the Moth and, interlude music compiled by PIP / Mark Melting Pot. Time: 19:00 - 23:00, limited adv 300 tickets, tickets £8 (Adv). £10 door. Available from Bean around the World, CafeJAC and Usetheinternet. People who purchase advance tickets gain free entry to the official Delays After Show Party @ Synergy! 1st come 1st served basis.

**BIG MOMMA'S HOUSE 2 (PG)**  
On his latest assignment, FBI agent Malcolm Turner (Martin Lawrence) goes undercover as Big Momma, and works as a nanny for an unhappily woman (Procter) who is under investigation for murder.

**CHICKEN LITTLE (U)**  
An animated tale following the courageous Chicken little who, after ruining his reputation with the town, must come to the rescue of his fellow citizens when aliens start an invasion.

### FINAL DESTINATION 3 (18)

The third film follows high school student Wendy Christensen who fails to stop the fated roller coaster ride that she predicted would cause the deaths of several of her friends. She teams with schoolmate Kevin Fischer in a race against time to prevent death from revisiting the survivors of the accident.

### PROOF (12A)

The third film follows high school student Wendy Christensen who fails to stop the fated roller coaster ride that she predicted would cause the deaths of several of her friends. She teams with schoolmate Kevin Fischer in a race against time to prevent death from revisiting the survivors of the accident.

## SATURDAY 11TH

**JERSEY ARTS CENTRE**  
**SAMARES PLAYERS PRESENTS THE HOMECOMING BY H. PINTER**  
Time: 20:00, Tickets: £9 (£7.50 students), suitable for 14+

**MINT**  
**BIG NIGHT OUT**  
Dance the night away at Mint  
Time: 21:00 - 02:00. Free entry all night.

**PLATINUM**  
**SANCTUARY**  
The best selection of dance tunes around and some quality RnB thrown in the mix resident DJ Adam B). Catch the Saturday warm-up on Channel 103 from 18:00 - 22:00 as Platinum sponsor Floorfillers.  
Time: 22:00 - 02:00

## MONDAY 13TH

**JERSEY OPERA HOUSE**  
**AGATHA CHRISTIE'S THE HOLLOW**  
This witty and devious thriller from the undisputed first lady of crime features an all-star cast, including British stage and screen icon, Kate O'Mara (Dynasty, Bad Girls and Noel Coward's The Marquise) and celebrated stage actor Tony Britton.  
Performance Times: 20:00, Tickets: £16.00

**PLATINUM**  
**NOITE PORTUGUESA**  
Big Euro dance tunes with some Latin flavour to spice up the beginning of the week. Free before 12am with flyer/member. £1 discount after 12am flyers/members.

## TUESDAY 14TH

**MINT**  
**SIN NIGHT**  
'Service Industry Night' for all SI workers including waiters, waitresses, bar staff, hotel staff. Make Tuesday night your weekend. Free entry all night, over 18s. Special Mint bar. Time: 21:00 - 02:00. Free entry all night.

## WEDNESDAY 15TH

**JERSEY OPERA HOUSE**  
**AGATHA CHRISTIE'S THE HOLLOW**  
Performance Times: 20:00, Tickets: Stalls & Dress Circle £16, £21, £23 Upper Circle £9, £14, £16

**ST JAMES**  
**PAVÃO STRING QUARTET**  
Few quartets can claim credits as varied as recitals at the International Chamber Music Festival in Latvia; the Party at the Palace for the Queen's Golden Jubilee; and a CD of James Bond film music. "Absolutely flawless technique, combined with a wonderful sense of ensemble, as well as real passion for the music, left us all nearly breathless with admiration." Forfar Dispatch  
Time: 20:00, Tickets: £15 (£8 students)

Culture

Nightlife

Cinema

Recommended

**PLATINUM  
SMASH AND GRAB**

Blasting over £500 worth of cash and prizes across the dance floor throughout the night'. Time: 22:00 - 02:00  
Entry: £1 before 23:00 with flyer/members, £2 after 23:00 with flyer/member.

**MINT  
RnB NIGHT**

With new resident DJ Simon Marshall. Free entry all night. Time: 21:00 - 02:00. Free entry all night.

## THURSDAY 16TH

**JERSEY OPERA HOUSE  
AGATHA CHRISTIE'S THE HOLLOW**

Performance Times: 20:00. Tickets: Stalls & Dress Circle £16, £21, £23, Upper Circle £9, £14, £16

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Written and directed by G. Thomas  
What has happened to the Babes? What heavenly disguise awaits the entire cast? Are all the menfolk really at the crusades? Come along to the Blue Boar Inn-ternet Café to find out... This brand new pantomime promises fun for children and entertainment for adults in one tightly-wrapped package. Book early!  
Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens). Preview Night: 2 for 1!

**MINT  
THE WEEKEND WARM UP**

All the biggest tunes around in the mix all night long. Something for everyone from 22:00 - 02:00. Free entry all night.

**PLATINUM NIGHTCLUB  
UNDER 18'S NIGHT**

After the road-block success of the last 2 events (as seen on TV), Platinum is proud to present its next Under 18 event for all the 13-17 year olds. All the best RnB, Hip-Hop and funky house with the chart topping DJ, Adam B.  
Time: 19:00 - 23:00, entry £5.00 and everyone who brings a flyer to the front door gets themselves a voucher for a free cola or lemonade.

## FRIDAY 17TH

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Written and directed by Gareth Thomas  
Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens).

**JERSEY OPERA HOUSE  
AGATHA CHRISTIE'S THE HOLLOW**

Performance Times: 20:00. Tickets: Stalls & Dress Circle £19, £22, £25, Upper Circle £12, £17, £19.

**PLATINUM  
FRESH & FUNKY FRIDAYS**

The sexiest RnB, funky commercial dance and all time club classics.

**MINT  
THE WEEKEND STARTS HERE...**

With the new resident DJ Simon Marshall  
Time: 21:00 - 02:00. Free entry all night.

**GALLERY MAGAZINE PARTY**

Log on to [www.gallerymagazine.co.uk](http://www.gallerymagazine.co.uk) for details

**AEON FLUX (15)**

Aeon Flux is a mysterious assassin working for the Monicans, a group of rebels trying to overthrow the government. When she is sent on a mission to kill the "chairman" a whole new mystery is found.

**CASANOVA (12A)**

Heath Ledger plays the fabled romantic as a man who, after failing to win the affection of a particular Venetian woman, strives to discover the real meaning of love.

**GOOD NIGHT, AND GOOD LUCK (PG)**

George Clooney directs this well received tale of how broadcast journalist Edward Murrow tried to bring down Senator Joseph McCarthy.

**IMAGINE ME AND YOU (12A)**

Right before she's to say "I do," a bride-to-be steals away from her wedding after spotting an unexpected guest

## SATURDAY 18TH

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens). Matinee: 14:30.

**JERSEY OPERA HOUSE  
AGATHA CHRISTIE'S THE HOLLOW**

Performance Times: 20:00. Tickets: Stalls & Dress Circle £19, £22, £25, Upper Circle £12, £17, £19. Matinee 15:00. Tickets: £18.00

**MINT  
BIG NIGHT OUT**

Dance the night away at Mint  
Time: 21:00 - 02:00. Free entry all night.

**PLATINUM  
SANCTUARY**

The best selection of dance tunes around and some quality RnB thrown in the mix resident DJ Adam B ([www.djadamb.com](http://www.djadamb.com)). Catch the Saturday warm-up on Channel 103 from 18:00 - 22:00 as Platinum sponsor Floorfillers.  
Time: 22:00 - 02:00

## SUNDAY 19TH

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens). Matinee: 17:00.

**MINT  
POLE IDOL**

Free entry all night long. Dancing competition with £100 cash prize for the winner. Special Pole Idol bar. Time: 22:00 - 02:00

Monday 20th

**PLATINUM  
NOITE PORTUGUESA**

Big Euro dance tunes with some Latin flavour to spice up the beginning of the week. Free before 12am with flyer/member. £1 discount after 12am flyers/members.

## TUESDAY 21ST

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens).

**MINT  
SIN NIGHT**

'Service Industry Night' for all SI workers including waiters, waitresses, bar staff, hotel staff. Make Tuesday night your weekend. Free entry all night, over 18s. Special Mint bar. Time: 21:00 - 02:00. Free entry all night.

## WEDNESDAY 22ND

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens).

**PLATINUM  
SMASH AND GRAB**

Blasting over £500 worth of cash and prizes across the dance floor throughout the night'. Time: 22:00 - 02:00. Entry: £1 before 23:00 with flyer/members, £2 after 23:00 with flyer/member.

**MINT  
RnB NIGHT**

With new resident DJ Simon Marshall. Free entry all night. Time: 21:00 - 02:00. Free entry all night.

## THURSDAY 23RD

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens).

**JERSEY OPERA HOUSE  
FUN SONG FACTORY**

Join Melody, O.J. Page, Cookie and Cal as they put you through your musical paces at the Fun Song Factory! This wonderful show for young children not only explores well-known action songs but also offers brand new pop songs especially written for the pre-school age range and performed by the fun song crew. Performance Times: 13:45 & 16:15. Tickets: Adults £10 Child £8.50, Family Ticket £30 (Any group of four)

**MINT  
THE WEEKEND WARM UP**

All the biggest tunes around in the mix all night long. Something for everyone from 22:00 - 02:00. Free entry all night.

## FRIDAY 24TH

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens).

**JERSEY OPERA HOUSE  
FUN SONG FACTORY**

Performance Times: 1.45 & 4.15pm. Tickets: Adults £10 Child £8.50, Family Ticket £30 (Any group of four)

**PLATINUM  
FRESH & FUNKY FRIDAYS**

The sexiest RnB, funky commercial dance and all time club classics. Time: 22:00 - 02:00.

**MINT  
THE WEEKEND STARTS HERE...**

With the new resident DJ Simon Marshall  
Time: 21:00 - 02:00. Free entry all night.

**HAVANA  
JERSEY LIVE  
LOCAL BANDS COMP HEAT 1**

Time: 19:00 - 23:00  
Special guests: Vincent Vincent & The Villains (London, UK) and 12 local bands. Tickets £6 available at CafeJAC and UseTheInternet.

**CAPOTE (15)**

It could be film of the year: Truman Capote (Hoffman), conducts research for his book, In Cold Blood - an account of the murder of a Kansas family. During this time the writer develops a close relationship with Perry Smith, one of the killers.

**THE FOG (15)**

The buzz is that this is an absolute stinker of a remake. Exactly one hundred years ago, off the rocky shore of an isolated Northern California town, a ship of lepers seeking refuge was betrayed by the town's founding fathers and burned, dooming everyone aboard. Now, tonight, the ghosts of the long-dead mariners have returned from their watery graves to exact revenge. Shrouded within a supernatural fog, the ghosts trap the residents of the remote community, intent on seeking out the

descendants of those who founded the town...and killing anyone who stands in their murderous path.

**THE MATADOR (15)**

Pierce Brosnan stars as a globetrotting hitman who befriends a crestfallen businessman in a hotel bar in Mexico City, an encounter that draws them together in a way neither had expected.

## SATURDAY 25TH

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens). Matinee: 14:30.

**JERSEY OPERA HOUSE  
FUN SONG FACTORY**

Performance Times: 1.45 & 4.15pm. Tickets: Adults £10 Child £8.50, Family Ticket £30 (Any group of four)

**MINT  
BIG NIGHT OUT**

Dance the night away at Mint  
Time: 21:00 - 02:00. Free entry all night.

**PLATINUM  
SANCTUARY**

The best selection of dance tunes around and some quality RnB thrown in the mix resident DJ Adam B ([www.djadamb.com](http://www.djadamb.com)). Catch the Saturday warm-up on Channel 103 from 18:00 - 22:00 as Platinum sponsor Floorfillers. Time: 22:00 - 02:00

## SUNDAY 26TH

**JERSEY ARTS CENTRE  
JADC PRESENTS ROBIN HOOD AND BABES  
IN THE WOOD**

Time: 19:30. Tickets: £10.50 (£7.50 students & senior citizens). Matinee: 17:00.

**JERSEY OPERA HOUSE  
FUN SONG FACTORY**

Performance Times: 1.45 & 4.15pm. Tickets: Adults £10 Child £8.50, Family Ticket £30 (Any group of four)

**MINT  
POLE IDOL**

Free entry all night long. Dancing competition with £100 cash prize for the winner. Special Pole Idol bar. Time: 22:00 - 02:00

## MONDAY 27TH

**JERSEY ARTS CENTRE  
JERSEY FILM SOCIETY PRESENTS KINSEY (USA/  
Germany 2004, 118 min)**

This controversial film about the instigator of the so-called Sexual Revolution, A. Kinsey, traces his early years, the birth of his radical ideas and the impact they had on society and those around him. Full of observation and history, this is a fascinating story told with insight and imagination. Time: 20:00. Tickets: £5 (£3 students), only available on door.

**JERSEY ARTS CENTRE, BERNI GALLERY  
A TOURING EXHIBITION - WINTER EXPOSED**  
This exhibition brings together the work of over 30 artists, proves the variety and collectibility of British landscape photography. Admission Free. Until 25th March.**PLATINUM  
NOITE PORTUGUESA**

Big Euro dance tunes with some Latin flavour to spice up the beginning of the week. Free before 12am with flyer/member. £1 discount after 12am flyers/members.

# Q&C

## 3 QUESTIONS

This month we've been out asking our usual three questions and getting the views of the Jersey public down on paper.

A: What would you cook for somebody on Valentines Day?

B: What will you miss most about 9x5?

C: What's your favourite dunking biscuit?

1

Jody Stoddart

AGE: 18

Occupation: Photographers Assistant

A: Errr, maybe Veal and potatoes?

B: What? Could you explain the questions please.

C: I really like those Marks & Spencer dunking thingys.



2

Steve Roberts

AGE: 22

Occupation: Phone Salesman

A: I'd probably be best off doing a curry. My speciality.

B: What's that?

C: Rich Tea



3

Dominika Swiech

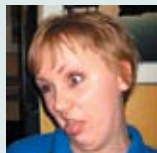
AGE: 24

Occupation: Sales Assistant

A: Bigod (Kind of Sauerkraut with meat & vegetables)

B: 9 by what?

C: Delicje Szampoinskie



## COMPETITIONS

Simply go to our website and answer the questions!

[www.gallerymagazine.co.uk/competitions](http://www.gallerymagazine.co.uk/competitions)



A



L'Horizon Hotel

Meal for two?

The L'Horizon Hotel are pleased to offer a meal for two in the 2 Rosette award winning Grill Restaurant along with a bottle of house champagne.

B



Club Cafe

Meal for four?

The Club Cafe are pleased to offer a meal for two in the new the new restaurant (reviewed on page 18).

C



A Crate of Coca-Cola

Courtesy of Gallery Magazine

None too healthy but very tasty!

# 3Q

# WIN!

# THINKING OF DEVELOPING YOUR PROPERTY?



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