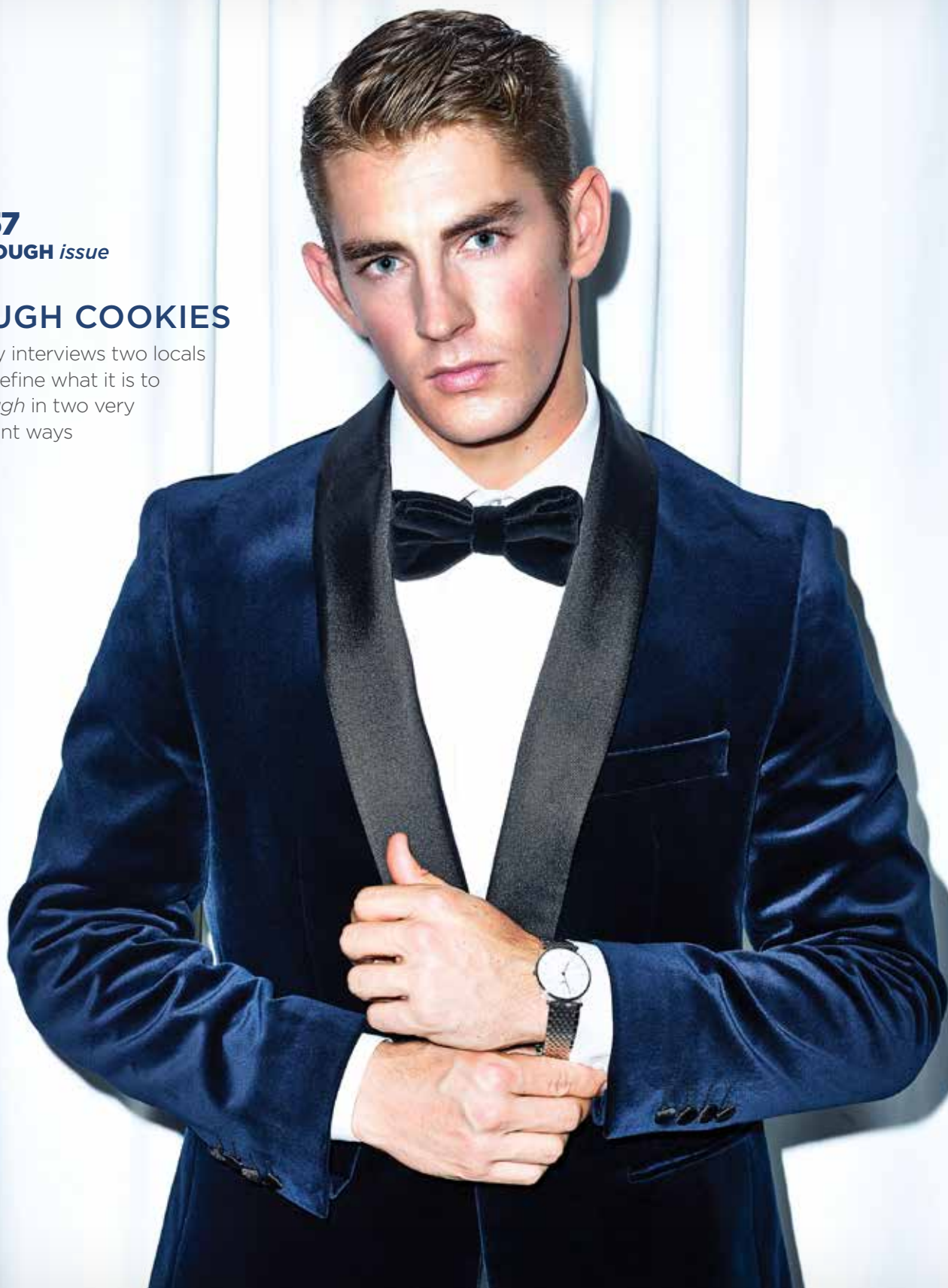


# gallery

**# 157**  
*the TOUGH issue*

## TOUGH COOKIES

Gallery interviews two locals who define what it is to be *tough* in two very different ways



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# gallery

**#157**  
**[TOUGH]**

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

## SOME PEOPLE THAT HELPED WITH THIS ONE...



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**Ollie Watts**  
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**Russ Atkinson**

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# edito

**#157**  
[TOUGH]



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**paparazzi**  
gallery

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**M**ost of us spend a great deal of our working life sitting as I am now, planted behind a screen, fingertips poised, rationalising our productivity and working life in contrast to those that get less ocular discomfort. If the burn started at 9am and finished at 5.30pm, that would be OK, but, since we've all started spending our free time on a screen too, it can get quite intense. The average person now spends 3 hours and 35 minutes on a mobile device each day. It can be tough on the eyes.

If you're self employed or an entrepreneur then chances are you're at a screen more than most. It's mentally draining but something drives you to do it. I justify it myself that if I were a 'gamer' it would be worse. I guess kids are willing to stare at the screen to live the life of someone in Call of Duty without breaking a sweat. Back in the real world, any office based role can result in the need to find other avenues to offer the physical toughness that your sedentary daytime means you lack. Grant takes a wry look at this new league *White Collar Extremists* on page 20.

As draining as screen time can be, there are other professions that take a toll that screens can't touch. This month we see that from two different perspectives, meeting a local scaffolder and a funeral director, and learn how challenges can be mental as well as physical in the way they tackle their perceptibly tough job roles. We also meet a couple of tough locals of a different nature on our sports pages; two sisters that represent the island at Brazilian Ju-Jitsu. Tough indeed, especially considering the elder of the two is seven years old! After four consecutive opponents pulled out of previous bouts, our contributor Laura Morel also got her day in the ring last month as she won her first amateur boxing match. Read all about it on page 115.

If you've procreated you'll undoubtedly be going through, or have gone through, some sleepless nights. Growing teeth is tough on them, but the subsequent gut-wrenching night time screams is also tough on parents, amiright? With an 18 month old that's still keen on some form of socialising during the wee small hours, it was amazing this month to get a night off and enjoy an overnight stay at The Atlantic Hotel (pg44). A staycation is something a lot of people simply don't consider but taking yourself out of the everyday, if only a few miles away from home, is something we should all take the time to do. A St Ouen sunset, a relaxing evening, fantastic meal, drink in the bar, deep sleep and breakfast in bed. Treat yourself to an early Christmas present, I bet you don't regret it.

BD

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*So you think you're tough, eh? Tougher than a seagull? Tougher than a nightclub door man? Tougher than the pair of Clark's shoes that your mum bought you and you just couldn't wear them out quickly enough? Think again. Let's see how tough you are in comparison with these...*



### Tough Animals

As far as animals go, nightclub door staff are up there as some of the toughest; it isn't easy telling someone not to wear trainers nor is it easy to stand with your legs so far apart that it looks as though they've found the zen position for defecation. The only thing tougher is the Honey Badger. It sounds cute, but it isn't. If Bodger had teamed up with a Honey Badger, he would have been battered. Check them out, they are fiercer than any kebab shop owner.



### Toughest language to learn?

The honey badger (*Mellivora capensis*), also known as the Ratel, persists as I'm sure it will, but I have one more tough bit of armour for it to contend with... Chinese. Yep, I will attempt to teach it Chinese and it will be well and truly beaten. Known as one of the toughest languages to learn in the world, (according to people who've never been to China) Ratel will be amazed at my Shaolin Horse stance, my acute ability to order chow mein and my superior knowledge of Wu-Tang classics.

Nǐ shì yīgè cházǎo interenet de báichī



### Toughest Sport

I was expecting to find out that the only way to fend off a Honey badger was to learn Mixed Martial Arts (MMA) from my mate Conor McGregor, but even that gobby leprechaun told me to "feck off" and said it wasn't worth the money to get in the badgers ring. I then discovered that a Decathlon is considered the worlds toughest sport due to combining ten track and field athletic events over two days. I reckon learning how to pole vault or even a good discus throw may well come in handy for the Badger Battle.

### Toughest Metal

What if Barry the Badger evolves rapidly and decides that it wants to launch a Javelin at me? I'm gonna need more defence. The best defence is to strike first, as my old mate Tony Blair use to say. I need some solid steel, but this is a boring old alloy and just won't do. Adamantium seems to work well for Wolverine but I'm talking reality here, none of that comic book stuff. As far as pure metal goes, it would have to be Tungsten but, even this stuff isn't that practical to use, so I'm going to have to go with Titanium. When Honey Badger Boo Boo comes for me, I will add a healthy dose of seminal thrash metal band, "Slayer" to soundtrack the whole event.



### Joke:

*How many tough guys does it take to change a lightbulb?*

*Three. One to hold the bulb, and the woah, wait... hold on a second. You looking at my girl? You looking at my girl, bro? I'll seriously knock you out.*

*"I'm tough when I have to be, tender when I should be. When you find a really tough guy, he's not a predator. He doesn't have to prove himself. Guys who have to pretend to be tough, they ain't. I'm tough."*

Mr. T





# RECOMMENDED LAST POSTING DATES



## LETTERS, CARDS & DOCUMENTS

From Jersey to these destinations:

Jersey .....	<b>Sunday 23 Dec</b> (By noon)
Jersey .....	<b>Monday 24 Dec</b> (By 6am)
Broad Street and Rue Des Pres only	
UK, IOM and other CI .....	<b>Wednesday 19 Dec</b>
UK, IOM and other CI .....	<b>Friday 21 Dec</b> (By 4pm)
Tracked & Signed**	
Europe .....	<b>Friday 7 Dec*</b>
Rest of world .....	<b>Friday 7 Dec*</b>

## PARCELS, GIFTS & MERCHANDISE

From Jersey to these destinations:

Jersey .....	<b>Saturday 22 Dec</b> (By noon)
UK, IOM and other CI .....	<b>Tuesday 18 Dec</b>
UK, IOM and other CI .....	<b>Thursday 20 Dec</b> (By 4pm)
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# A DAY IN THE LIFE: **TOUGH COOKIES**

**WORDS** Imogen Pickering  
**PHOTOS** Danny Evans

## The word 'tough' has two definitions:

**Strong enough to handle adverse conditions or rough handling**  
**Ability to endure hardship and pain**

At some point in our lives, we all have to face tough conditions, be they emotionally or physically. But, in certain careers, dealing with difficult circumstances is a daily occurrence. We met two gentlemen; Alex from A&A Scaffolding Solutions and Julian from Maillard's Funerals, whose daily routines see them face tough working conditions, in two entirely different spectrums.



# ALEX

**Managing Director, Founder**  
*A&A Scaffolding Solutions Ltd.*

## **What does a typical working day involve for you?**

It's an early morning start, getting to the yard to schedule the day's jobs for the team and having the wagons either loaded with scaffold gear or emptied from the day before. The main aspect of my job nowadays is in pricing up jobs and managing schedules, but I'm sometimes required to jump back on the tools. This would mean either stripping/dismantling scaffolding or assisting in erecting jobs, however that is usually delegated to the fantastic team I have working for me at A&A Scaffolding Solutions Ltd.

## **What possessed you to pursue a career in scaffolding?**

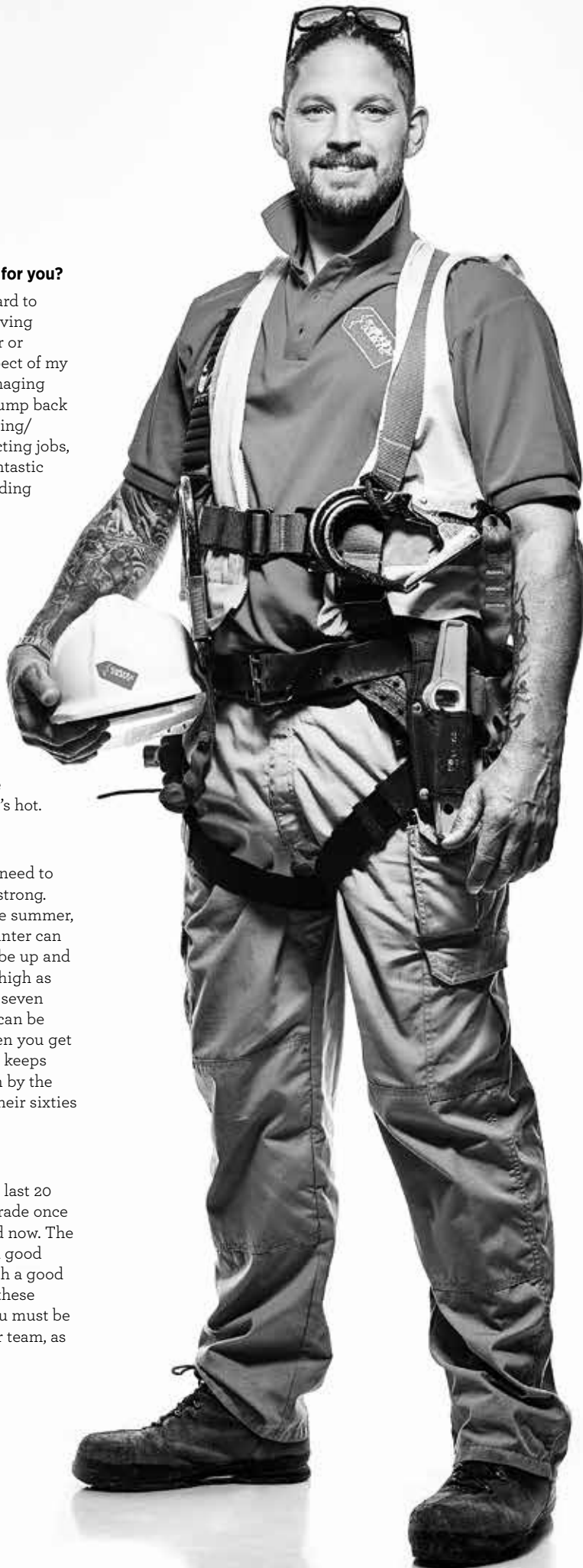
I was never someone who enjoyed school, since I loathed paperwork and being stuck indoors, so I knew I wanted to pursue a career which meant I could be outside. To be honest, I thought Scaffolding looked easy, but I soon realised it was far from it. I've stuck at it for so long because of the banter and camaraderie you get with working in a team, as well as the fact you get to spend all of your time outdoors, especially in the summer when it's hot.

## **What is the toughest aspect of your job?**

Scaffolding is a manual job, for which you need to have a head for heights and be physically strong. Although it's great working outdoors in the summer, on the flip side, working throughout the winter can be bitterly cold. In any given day, you can be up and down scaffolding structures which can be high as the tallest buildings Jersey, lugging about seven tonnes of scaffolding tubes and boards. It can be hard on the back and joints, especially when you get as old as me! Having said this, it definitely keeps you fit, healthy and strong, which is proven by the fact that we still have a couple of guys in their sixties working on the tools for us.

## **What does it take to do your job well?**

Scaffolding has evolved massively over the last 20 years, so the skill sets and techniques the trade once required are very different to what's needed now. The most important thing you need to have is a good sense of awareness and common sense, with a good regard for health and safety guidelines; as these keep the public and us safe. In addition, you must be reliable, be able to work with and trust your team, as well as having a good head for heights.



# JULIAN

**Managing Funeral Director**  
*Maillard's Funerals Ltd.*

## **What does a typical working day look like for you?**

Every day is different, there is no set routine. Much of the time you are involved in arranging funerals which consists of sending numerous emails or phone calls and attending to paperwork. Then there are the days you are officiating at a funeral which can take up quite a few hours and then there are the times when you are meeting families to discuss making funeral arrangements. There is so much variation to your day and it can all change with one phone call, one minute you can be at your desk the next you can be out and about on a variety of different tasks.

## **What possessed you to pursue a career in funerals?**

I had been in the jewellery trade for many years and decided it was time for a new challenge. The funeral business has always held an interest for me, I consider it a very noble and quite an elite career which not many people would think of doing as a profession. My skills in dealing with people over many years have proved useful to help support and guide them through a hugely emotional time in their lives. I have found it to be a tremendously rewarding career and I am so pleased I accepted the offer to join the Maillards team.

## **What is the toughest aspect of your job?**

There are a number of difficult aspects in this job and certainly one of the hardest is witnessing an individual or family totally distraught at the loss of their loved one. You have to remain professional but give strength, support and guidance to them even if inside you are feeling their grief. Having said that, if there comes a time when you are not emotionally affected anymore then perhaps that is the time to seek another career. When you are dealing with a number of funerals all at once there are numerous fine details, arrangements and legal paperwork all to be done within limited time constraints, forget just one element and it can disastrous. You only get one chance to get a funeral right.

## **What does it take to do your job well?**

You must be empathetic, a very good listener, have strong organisational skills and be able to work under pressure to achieve deadlines. You will need to be an excellent timekeeper, attention to detail is paramount and have the desire to go that extra step to help people through possibly the worst time of their lives. Finally and strangely, you may think, you must have a good sense of humour because on a bad day that is the one thing that will help you to get through it.



# NEWS IN NUMBERS



10

hour power outage for Guernsey following damage to electricity cable at Greve de Lecq

2,000

ecstasy tablets imported by a 20 year old this April will see sentencing by Jurats in December

70,000

pounds worth of heroin found in a tupperware container in a wooded public area leads to the arrest of two people

570

drivers stopped by police and DVS during 'traffic focus week'

350,000

pounds raised by islanders to help with recent tsunami relief effort

6.9

percent minimum wage increase agreed for 2019





# WHITE COLLAR EXTREME: GET **TOUGH** ON YOUR CV

WORDS Grant Runyon

**I'M TOLD THAT THE CORE SKILL REQUIREMENTS FOR LANDING AN OFFICE JOB IN JERSEY ARE LITERACY, NUMERACY AND A CLEAN CRIMINAL RECORD. IN A WELL-EDUCATED POPULATION THIS DOES LITTLE TO NARROW DOWN THE COMPETITION, SO AS WELL AS PROMISING THE INTERVIEW PANEL THAT YOU DEFINITELY HAVEN'T MURDERED ANYBODY IT HAS BECOME COMMON TO BE QUIZZED AT LENGTH ABOUT HOW YOUR NON-WORK SKILLS TRANSLATE TO THE OFFICE.**

When I was last unemployed this might have been as simple as elaborating on the paragraph tacked on your CV that says you play squash, like reading, or that old classic "socialising with friends," but competition for today's best jobs is cut-throat and you're unlikely to stand out simply by announcing that, yes, you do really enjoy human company when you're not at work. Instead we're starting to see the winning candidates stake their claims to the prime positions by demonstrating

the career relevance of running a marathon through a desert, deadlifting a Fiat 500, or maybe strangling an adversary to submission with just the muscles in their thighs. I know that Jason-Statham-levels of hardness is a quality I personally demand in the person who administers my mortgage, so it's good to see management taking an interest in the candidates who aren't afraid to go that extra mile - especially if that mile is through a filthy ditch covered in barbed wire.

## KNOCKOUT CANDIDATE: THE MARTIAL ARTS FAN

When I was growing up, being “into martial arts” meant that you owned a Bruce Lee box set and might have taken a few karate lessons at Fort Regent. Most of the guys who did this grew luxurious pony tails, and it definitely wasn’t something you’d talk about to a prospective employer unless they ran a shop that sold video games or nunchuks. This all changed when Mixed Martial Arts exploded in popularity, uniting fans of boxing, roundhouse kicks and Hulk Hogan in one socially acceptable and Instagram-friendly lifestyle. It’s now unremarkable to make water-cooler conversation about how you spent Saturday night being kneed in the back by a doorman from Bristol, so telling the interview panel that you’re a cage fighter underlines your dedication to dull, painful training as well as a high tolerance to a working environment that runs the risk of permanently damaging your brain. When I’m in a boundary dispute with my neighbours it’s also reassuring to know that my advocate could, if needed, smash a pile of bricks or planks with just a single blow of their fist.

### WHAT DO YOU BRING TO THE TEAM?

Strong under pressure, know how to exploit weakness, good at ignoring a crowd that might be baying for your blood.

**IDEAL JOB:** Lawyer - no loyalties in the ring. Will mercilessly inflict pain and damage on their opponent, but will still shake hands with them afterwards.

## ADRENALINE JUNKIE: THE EXTREME SPORTS ENTHUSIAST

You would think that somebody who enjoys wingsuit flying or free climbing might not choose to work in an office, but those corporate health plans come in very handy if you’re unlucky over the weekend and your lung gets impaled on a tree branch. There’s also a limit to how much adrenaline most people can take, so a working environment that many of us might consider dull could represent a lovely calm alternative to a person who spends their off-time jumping out of planes or hunting sharks with a speargun. HR professionals have also realised that there’s a kind of Darwinism at work - if you’re into this kind of stuff and still alive you’re probably skilled and organised, or perhaps just lucky. There’s also the chance that these adrenaline seekers might demonstrate the “motorsport effect,” where one of the main skills needed to operate a tiny car at incredibly dangerous speeds appears to be having the off-grid

personality of an accountant who likes to spend Saturday night ironing their socks.

**WHAT DO YOU BRING TO THE TEAM?** An intense understanding of the fine print in insurance liability, the ability to make snap life or death decisions, the hard-won knowledge that man is the deadliest prey of all.

**IDEAL JOB:** International currency trader - take dangerous gambles at high speeds, try to avoid causing a gigantic crash.

## GOING THE DISTANCE: THE ENDURANCE RUNNER

I often liken working life to crawling through a muddy trench, whilst being shouted at by sadists, only to receive a pathetic and ultimately worthless reward at the end. For some people, this is also what they like to do on their days off. Going for a normal run stopped being impressive

in our daily lives - comforts we’ll happily return to after a measured and character building amount of hardship. There is a much smaller group of people out there who’ll endure every activity on this page - not because they enjoy it, but because they see it as essential training for a grim and uncertain future. They have built their lives around a philosophy that predicts the imminent collapse of human society, and the lack of consensus amongst their ranks over whether this will be caused by climate change, zombies or pandemic flu means they need a preparedness plan for any situation. Having to deal with late accounts and IT problems is unlikely to have much effect on a person whose definition of “calm under fire” refers to their feelings about being shot at by masked goons whilst looting Benest’s of Millbrook. They will definitely work hard in the office, but don’t expect to be invited around for drinks and nibbles because they live in a blacked out

**“When I was growing up, being “into martial arts” meant that you owned a Bruce Lee box set and might have taken a few karate lessons at Fort Regent.”**

a few years ago - if you want to stand out you either need to run hundreds of miles in one go, or do a normal distance run in a field that resembles a game show obstacle course themed around the first hour of Saving Private Ryan. With names like Tough Mudder, Nuclear Racing and the Chocolate Starfish Egg and Spoon Race, these feats of mucky endurance are sure to impress management by demonstrating your willingness to endure any amount of filth and punishment if there’s a chance you might come out in first place.

### WHAT DO YOU BRING TO THE TEAM:

stamina, a degree of masochism, and willingness to crawl through a ditch somebody else has dug for you.

**IDEAL JOB:** Generic office drone - you don’t ask where you’re going, or why, you just try and get there a bit faster than anybody else.

## ELITE CANDIDATE: THE DOOMSDAY SURVIVOR

Most of these activities, whilst extreme, represent a deliberate alternative to the type of comforts we’ve become used to

bedsit full of machetes and dried foods, and are only working to earn enough money for a down payment on a bunker somewhere in Canada. Never, ever get them involved in a conversation about the ethics of cannibalism.

### WHAT DO YOU BRING TO THE TEAM:

extreme resourcefulness, cool and composed in the face of certain disaster, the ability to make the best out of any situation (if salt and pepper are available).

**IDEAL JOB:** Business continuity expert - ensures your invoices will still be sent out whether the delay is caused by rain, snow or the inevitable fall of mankind.





# Mellow Yellow Mission



The carpark of this small French hotel was more used to little Renaults than a DB11, McLaren 720 or our Lexus LC500h.



A decade ago seems a significant amount of time. Ten years ago the stock market crashed, the world went into chaos and the US elected a decent presidential candidate. So much has changed in ten years. Amidst those significant global events, we got into a bunch of cars and headed to Monaco, raising funds for local charities in the process and the galleryrally was born.

It seems the time since has accelerated at the pace of one of the supercars we're lucky enough to see take part each year. 2018 saw us return to Monaco having crossed Europe



Some of this year's more interesting vehicles.

in many different ways over the years; from Monaco to Barcelona, Geneva, Biarritz, San Sebastian, Paris, St Tropez and Milan. Over that time we've seen incredible places, solved a lot of cryptic clues, undertaken some crazy tasks and raised hundreds of thousands of pounds for local charities.

As our rally cluemaster changed in 2017, my role changed from sponsor and participant to organiser and marshall. Whilst I miss being on the leaderboard, it's been rewarding to see the rally go from strength to strength. Cluemasters Phil and Emma Balderson have guided the event for the last two years, setting the routes and clues that attracted much praise from ralliers and also activities all enjoyed!

There's no blueprint for a galleryrallier. They come in all ages, shapes and sizes and drive anything from a Mini to a McLaren. One of the best compliments we can get is the fact that many return; maybe not every year, but whenever the time fits and they're available. The rally has created many friendships and even new businesses. This year we had strong representation from last year's event and also a team from just about every other rally. One team have taken part in every event (kudos to 'Grey Matters').

This year's event was the largest since the first, with 24 teams vying for the win. At least three teams had won previous rallies and with two previous rally teams both working for one of our 2018 partners, CPA Global, there were some significant competitive streaks coming out! Whether it was word searches, James Bond quizzes, our four daily rally answers, geocache hunting or performances to Abba songs, the competition was fierce.

A common misconception is that the rally is a race. It's far from it. Sure, one of the goals is to show ralliers some of Europe's best roads and that certainly attracts those of a petrolhead nature, but it's as much about taking people to amazing historic points of interest and taking them out of themselves for four days. Seeing people exchange stories each night at the hotel and how they form allegiances and bonds is always fantastic to watch. Despite being larger than usual, the field this year bonded incredibly well and my co-marshall's job of 'social secretary' - managing affairs after hours and ensuring everyone gets along and finds their rooms - was, thankfully, a relatively simple task!

Our Marshalling this year was also aided by an upgrade to our marshall vehicle. Thanks to Freelance and Lexus, we were the stand-out car of the field, a Lexus LC500h finished in 'Naples Yellow'. These was nothing subtle about this LC (Luxury Coupe). The Lexus flagship looks like a spaceship, all contrasting angles, sharp lines and an aggressive stance. This one, though, spends part of its life running silent as the 'h' suffix signifies 'hybrid'.

## The 2018 Galleryrally Field

- 1 J129327 **BMW M4**  
**ONE MORE WIN FOR THE HATRICK**  
Simon Webster & Graham Buckle
- 2 J4140 **Aston Martin Vantage**  
**BB**  
Tim Barnes & Stuart Barnes
- 3 J121777 **BMW i8**  
**I8 GOT NOTHING**  
Asa Le Fustec & Mike Wood
- 4 J88993 **Porsche 911**  
**TEAM NEVERLAND**  
Pierre Ali-Noor & Wendy Field
- 5 J108004 **DB 11**  
**DOUBLE BALDY 11**  
Mark Smith & Matthew Dean
- 6 J1654 **Audi R8**  
**SIX APPEAL**  
Matthew Robins & Isabel Robins
- 7 J412 **Bentley Continental GTC**  
**THE MONEY SHOT**  
Dominic Robson & Liam Coles
- 8 J124750 **Porsche Cayman GTS**  
**THE GRUESOME TWOSOME**  
Goetz Eggelhofer & David Sass
- 9 **Ferrari 355 / Citroen C4!**  
**FERRARI SAFARI**  
James Elliott & Tom Taylor
- 10 J9511 **Porsche 911**  
**GREY MATTERS**  
Nigel Hurst & David Hall
- 11 J125215 **VW Polo**  
**CUNNING STUNTS**  
Roger Small & Sophie Small
- 12 J70888 **AMG E63S**  
**BLACK THURSDAY**  
Rob Felton & David Randall
- 13 J191103 **Porsche 997**  
**DAS BOOT**  
Chris Clark & Nick Jones
- 14 J145464 **Mini John Cooper Works**  
**BLOODSHOT**  
Peter Mossop & Jo Mossop
- 15 **Ferrari California**  
**CALIFORNIA DREAMIN**  
Jensen Nixon & Nigel Elliott
- 16 JSY720 **McLaren 720LT**  
**THE ROBINSONS**  
Bruce Robinson & Andrea Robinson
- 17 J92421 **Porsche 997**  
**MIDDLE - CLASS DREAM**  
Dillon Ruellan & Anna Johnson
- 18 X11 MEW **GLC C63 AMG**  
**THE LUNCH BUNCH**  
Ally Young & Mark Wainwright
- 19 **BMW Z4**  
**'BLACK CAT CHARGERS'**  
Bob Pangali & James Draper
- 20 J5603 **Audi R8**  
**THE DINGLEBERRIES**  
Hugo Butlin & Maximus Hugo
- 21 J131496 **Mini Clubman Cooper S**  
**IT'S A SHAW THING**  
Adam Dawson & Chris Smith
- 22 **Ssang Yong Tivoli**  
**ENGINE-ERING TO THE BAR**  
Leigh Turpin & Caroline Dutot
- 23 J930 **Ferrari California**  
**THORNDYKE SPECIAL**  
Nathan Robson & James Wilson
- 24 J286 **Porsche 964 Turbo S**  
**BAKER'S BEETLE**  
James Baker & Liesel Baker
- Q J4896 **Audi SQ7**  
**CLUEMASTERS**  
Phil Balderson & Emma Balderson
- M **Lexus LC500h**  
**MARSHALLS**  
Ben Davies & Richard Gilpin



Together in electric dreams. Hybrids en France



Arriving in Monaco to a classic reception



Our Lexus certainly attracted some attention



We topped up a little less than the rest!



## A warm rally relationship...

Not only have strong friendship bonds been made over the last ten years of rallying, but also some business relationships. Jensen Nixon and Nigel Elliott met on the rally in 2011, hitting it off right away during our 'ferry' quiz. Jensen took a shine to Nigel's Ferrari 355 as Nigel told us; "Jensen's Irish and made full use of his charm, pushing the boundaries of looking at the car, to driving it for the day". Jensen was clearly stoked; "We were up in the Alps and were like little boys, we took the roof down and arrived 500 miles later, having got a little lost, opted out of the clues and just cruised in the car".

On the way home, the two bonded again and it turned out to be a fortunate meeting. Jensen sold the idea of living in Jersey so much that Nigel's son moved over (he took part in the rally this year) and is now a member of Jersey Police. On getting back to Jersey the two talked about working together and Warm Solutions was established in 2012. Joined by a friend, Claude, the team has now grown to ten people. They set up with the goal of taking old technology and fusing it with modern methods, modernising legacy databases and adding a custom layer to make old technology talk to new. And business is good.

Apparently this year, the two found our rally clues a little easier. "The rally was thoroughly enjoyable, the final night was incredible. The humour was good and the ralliers this year bonded really well. Obviously we had a lot of time to talk business, whilst putting the car through its paces" said Nigel. During their roof-down business meeting, the two discussed growth. They've taken on a native Hindi speaker, set up a development centre in India and now combine a team in Jersey, the UK and India. The future for Warm will see a focus on growing their blue-chip client base in the local market, moving things from warm to hot!

[www.warm.je](http://www.warm.je)



Jensen and Nigel setting off for this year's event

## Marshalling in the LEXUS LC500h.

The team at Freelance were keen to see how a supercar that didn't rely solely on petrol fared in a petrolhead's world. For the LC, it's more than that though. The rally field this year had some big hitters; Ferraris, Bentleys, Aston Martins and a whole load of Porsches. From a performance and car purchase standpoint, the LC is in the same ballpark, so our job was to see how it compared over the four days in terms of performance, comfort and, of course, economy.

The LC's cabin is too luxurious to consider this a solely sports-driven car. Sure, the dash mounted mode selector offers up both 'Sport' and 'Sport Plus' but the focus for me was a fully featured and comfortable drive, in a car that effortlessly eats up long distances. We obviously had to spend some time seeing how well it kept alongside the other cars in the field and the LC performed admirably. It's definitely able to keep up with the pace but the way in which it accelerates is certainly a little different from its petrol only counterparts, using the V6 and its two electric motors to propel the LC at pace, but in a way that takes the car through its ten

gears, assisted by some AI technology. As with all automatic boxes, the car sometimes catches you by surprise and the automatic downshifts can be quite aggressive, but you can always over-ride with the paddles. We gave Sport Mode some time, but actually ended up using the Comfort Mode more than any other, providing a slightly softer suspension and still perfectly crowd-beating acceleration.

As you travel at speed it's sometimes easy to forget that this LC is a Hybrid. That is until the dash animations move to show that you're operating on electric or charging. The Multi Stage Hybrid System enables the car to drive with its petrol engine off at speeds of up to 87mph. It was the movement around town, running on silent electric that turned most heads. I think the undeniably powerful looking exterior, further enhanced by the colour choice was such a juxtaposition. The whisper with which the LC rolled past the residents of the small French towns left many a local taken aback.

Despite driving the LC to its full potential





The start of our final night celebrations in Monaco



And the end. Well, for me. Some pushed on through!

we still managed to get to Monaco on two tanks of petrol. We had the car set to metric, trying to stick to the speed limit in European friendly kmph, which meant we tracked our fuel economy in litres per 100km. We averaged 9.7 - which means that for a car that happily sits in the 'supercar' club, we were getting thirty miles to the gallon.

After four days of fun and our exercise in test-drive comfort and frugality, we arrived in Monaco. Our teams had traversed France and driven down the amazing Route Napoleon, they'd danced in the cone of a volcanic crater, hiked up classic French towers, posed as James Bond characters, collected cricket balls and even had to blag their way onto yachts at the Monaco Boat Show. All that AND had to solve Phil and Emma's clues every day, all in the interest of their place on the leaderboard. Much was reported in our rally Whatsapp group. There were some corks, but what goes on the rally Whatsapp group... well, it's not for sharing elsewhere!

I'd like to give a massive thanks to our sponsors and partners; CPA Global and Freelance and mostly to our cluemaster and cluemistress Phil and Emma Balderson, whose energy and minds are what have made our last two events so incredible. Ultimately the event was designed to be Gallery's CSR charity event and through the support of our ralliers we're able to do so much more than a team of just a few staff could otherwise do for local good causes. This year's event raised £12,830 to divid between our three designated charities.

As we go to print I'm looking forward to having time to organise a reunion for this month and get our 2019 event launched. We'll be surveying ralliers for a suitable destination. Look out for information on that soon!

# galleryrally

## Galleryrally 2018: The Results Table.

#	Team name	pts
24	Baker's Beetle	1545
1	One more win for the hattrick	1482
10	Grey Matters	1457
13	Das Boot	1233
14	Bloodshot	1220
21	It's a Shaw thing	1069
19	Black Cat Chargers	1068
3	i8 Got Nothing	1033
6	Six Appeal	1019
22	Engine-ering to the Bar	989
12	Black Thursday	962
23	Thorndyke Special	960
5	Double Baldy 11	912
11	Cunning Stunts	886
16	The Robinsons	869
2	BB	852
15	California Dreamin	810
7	The Money Shot	782
8	The Gruesome Twosome	741
4	Team Neverland	733
9	Ferrari Safari	574
18	The Lunch Bunch	557
17	Middle - Class dream	465
20	The Dingleberries	442

### 2018 WINNERS Baker's Beetle

24



It goes to show that you don't need to have done the rally before to be victorious. Anyone that reads up on the first rally and brings associated props and items 'just in case' was clearly not messing around. Congratulations James and Liesel Baker. Their classic 911 Turbo S made it to Monaco with ease. It did need a little bit of a rest overnight just after leaving but then did Monaco to St Malo in one blast. Not bad for a 30 year old supercar.

This year's dry run and marshalling was supported by these great businesses

**CPA GLOBAL** ***Freelance***

Ralliers split their fundraising as they see fit between our local Jersey causes.



The rally made quite the Condor queue.



## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



### RBC Race for the Kids raises £20,000 for Mind Jersey

Royal Bank of Canada (RBC) raised £20,000 for Mind Jersey through its inaugural RBC Race for the Kids Jersey. The funds will go to Mind Jersey's Youthful Minds participation group, enabling them to continue the valuable work the organisation does in identifying and supporting young islanders with mental health issues. The RBC Race for the Kids brings together local communities with RBC employees, their families and friends, to raise money for youth-focused charities. The global family fun run, takes place in cities including London, New York, Chicago, Toronto, Sydney and Hong Kong, and has so far raised over CAD \$38 million for youth-focused charities. The inaugural RBC Race for the Kids Jersey brought together over 700 participants who together with friends, family, colleagues and dogs walked, ran, jogged and wheeled the 2.5K and 5K courses.

David Bailey, Chief Financial Officer at RBC Wealth Management International, said: "We are delighted that Jersey is now part of the RBC Race for the Kids family. It was fantastic to see so many islanders of all ages, from one to 71, out in support of our community's youth. We want to say a big thank you to everyone that took part in supporting and raising money for this important cause. Young people are a key focus for the bank, whether through charitable initiatives or working with like-minded organisations. The next generation is hugely important, and we are determined to support them wherever we can. We are now very much looking forward to an even bigger race next year."



### Stonehage Fleming get the wheels rolling...

Jersey Sports Association for the Disabled (JSAD) announced last month that the Jersey Wheelers, in association with Stonehage Fleming, will be delivering the Wheelchair Basketball Schools Outreach Programme for 2018. The Outreach programme will run from Monday 12 to Friday 16 November, visiting a number of schools and giving up to 500 students the opportunity to experience wheelchair basketball. The programme aims to give students an opportunity to experience for themselves what it is like to play sport in a wheelchair. It also aims to improve their awareness of the everyday obstacles that people with disabilities have to overcome and the difficulties involved. In previous years the programme has received wonderful reviews from students.



### Co-op supports mental health awareness

The Channel Islands Co-operative Society supported staff, alongside local charities for this year's World Mental Health Day last month, running events in its stores to help promote the services available to staff. Across the Islands the Co-op encouraged staff to meet with charity representatives to hear what support the groups can offer around mental health and wellbeing within the community. The stores worked with the Jersey Recovery College, a community-based independent mental health charity, who offer education and training opportunities to people experiencing mental health difficulties and the family, friends and professionals who support them. The charity's courses support adults to enhance their knowledge and understanding of mental health conditions, recovery, wellbeing and life skills.



### AFM donates time and materials to Acorn

Facilities management company, AFM has donated time and materials to build a new toilet block at the charity, Acorn Enterprises, as part of its eco-active community support activity. A full team of volunteers from AFM Jersey carried out the community support project at Acorn's Reuse Centre, which involved the creation of welfare facilities. The team built a new toilet structure, installing mechanical and electrical services, that will be used by the staff and service users of the centre. The project involved staff from across AFM's service lines, including their building fabric, electrical, plumbing, decorating, floor laying and office management divisions. The team worked together during weekends and evenings, along with a number of AFM's suppliers who gifted labour and materials for the project. AFM's Managing Director, Mark Edgar, said: 'It is always so rewarding to give back to our local community. The charity's work is incredibly important to many islanders as well as the environment and therefore, when the opportunity arose to assist with the expansion project, we were delighted to help'.



### HSBC's mammoth marathon entry!

Nearly 130 staff from HSBC entered the Jersey Marathon this year, making it the largest entry of corporate runners in both the relay and full race. The Bank put forward 22 relay teams comprising 110 individuals, and 19 full-distance runners and also had a number of staff volunteering to help look after everybody on the day. This year, all funds raised were split equally between the Marathon's nominated charities, Jersey Hospice Care and Seeing is Believing. Commenting on the Bank's entry to the race, Tracy Garrad, CEO HSBC Channel Islands and Isle of Man, said: 'The Marathon is such a key fundraising event for Jersey and HSBC is always pleased to take part and contribute to the chosen charities. We are proud to be entering the highest number of runners, including staff and senior members from across the Bank's network, and I wish them the very best of luck. Taking part in events such as this is good for your health, mentally and physically, but also helps build valuable teamwork skills and friendships within the Bank.'



### Pioneering Call&Check service rolls out Island-wide

Originally developed by Jersey Post, Call&Check is now available Island-wide. Successful trials funded by Jersey Post have been running in three parishes since 2013, delivering 30,000 Call&Checks since the launch. This autumn sees the Call&Check service working closely with local communities to provide this pioneering service across the Island. Call&Check enables people to live independently in their own homes for longer. Regular visits are made by their postal worker (daily, weekly or ad hoc, as required). When they 'Call&Check', the postal worker asks five short questions to find out how the customer is and if they need anything. Responses are sent for action via the Call&Check Engine on the postal worker's digital handset to the customer's approved contacts (family, carers, GP etc.) Call&Check is a simple, accountable support service based around a conversation which connects the customer and the community. The Department of Health and Community Services is backing the service by providing £100,000 of funds until the end of July 2019 to support members of the public who have been recognised as likely to benefit from receiving Call&Check. The service can also be purchased privately at a charge of £6.75 per visit.

**For further information please contact the Call&Check team on 280800 or by email [hello@callandcheck.com](mailto:hello@callandcheck.com)**



## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



### Hawksford Castle Chase raises more than £2,700

Over 160 runners took part in the second Hawksford Castle Chase, raising more than £2,700 for the Jersey Heritage restoration fund, in aid of the Jersey Heritage 'Love Your Castle' campaign. A total of 87 teams took part in the race which was increased on last year's total of 72 teams. The teams of two ran two miles in relay from West Park to Elizabeth Castle Parade Ground and back. The first team home was the all-male team from Ogier, Jake Prince and Stephen Gray, in a combined time of 19 minutes and 41 seconds. Less than one minute behind were Hawksford's David Carswell and Stefano Passarello. The winning all-female team was Mourant's Emma Pallot and Carly McIver with a time of 25 minutes and 27 seconds. The winning mixed team was David Searle and Rachel Needham,

also from Mourant, with a time of 22 minutes and 49 seconds. Daniel Hainsworth, Director at Hawksford, said: 'It was a great turn out for the second Hawksford Castle Chase and we're thrilled that there was an increase in the number of runners in comparison with last year. The event is a great chance to get involved in some healthy competition whilst doing something to help the community. At Hawksford, we're delighted to be able to make this event happen and we're grateful to our neighbouring businesses and firms in St Helier for taking part. We hope the funds raised help Jersey Heritage in their on-going 'Love Your Castle' campaign.' The Hawksford Castle Chase raises funds to restore and reinterpret areas of the castle that are currently closed to the public.



### Arthouse supports local talent

ArtHouse Jersey has awarded Jessica Jones, a talented local actress, funding that will enable her to take up a place at prestigious Bird College to study Musical Theatre. ArtHouse Jersey, previously known as the Jersey Arts Trust, supports artists from Jersey and across the world to create ambitious work that has a positive impact on our Island community and international audiences. This is the tenth year ArtHouse Jersey has been awarding the Olive Brown Bursary to gifted performing arts students. Recipients get £1,000 for up to three years to assist with tuition costs at higher-education level.

Alice Bravery, Producer at ArtHouse Jersey, said: "It was abundantly clear from this years applications that Jersey is brimming with talent worthy of support, but Jessica stood out from the rest. Not only is she a gifted actress, but she has demonstrated great determination to succeed despite personal challenges. Jessica has been

*very proactive in securing her own future, working summer jobs to pay school fees and lobbying local politicians for more financial support for low-income students."*

On being chosen for the 2018 award, Jessica said: "ArtHouse Jersey's support means that I will be able to fulfil my ambition to study at Bird College which has an amazing reputation for preparing its students for careers on West End stages. I started dancing aged three and later began singing and drama lessons and my passion has grown from there. Despite being partially deaf, I have always been determined that this wouldn't hold me back; I have been very lucky to have had such supportive teachers - and of course my mum. Jonny Labey, who also won the Olive Brown Bursary, only graduated from Bird in 2014 but has already enjoyed significant success on TV and on stage. I hope to be a role model like him; to represent Jersey and inspire others to not let anything stand in their way."





# Careers in Finance **Unwrapped!**

**Saturday 8 December, 11:00 am – 4:00 pm**  
**Don Monument, Parade Gardens, St. Helier**

**At School? At Uni? Career Switcher?**

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# What's On.

A rundown of key events from the official tourist guide to Jersey this month

This selection of events is taken from What's On. Published quarterly, it's the essential guide for visitors to the Island. If you have people coming to stay or you're hosting AirBnBers, make sure you grab one from our transit hubs or Visit Jersey at Jersey Museum for them to keep as their companion during visits to Jersey. They're packed with local information, and fresh each season. Look out for the Autumn edition now. If you ever want listings in What's On, register and upload details to Visit Jersey's 'Mylistings' portal.



3/11

3 NOV 14:00

## Jersey Reds vs London Irish

Come and watch the Jersey Reds and enjoy the family atmosphere at St. Peter. The Reds were promoted five times between 2005-2012 and now play in the Greene King IPA Championship, the second tier of English Rugby. Rue des Landes, St. Peter JE3 8AD

£10 - £29

0044 1534 499929

enquiries@jerseyreds.je

www.jerseyreds.je



19/11

19 NOV 18:00 > 22:00

## MET OPERA: Marnie

A young woman lies, cheats, and steals her way through life, propelled by compulsions she can neither control nor understand. A wealthy man catches her red-handed and blackmails her into marrying him. Will the truth about her past send her to jail or set her free? Based on the novel that also inspired Hitchcock's celebrated thriller. Gloucester Street, St. Helier JE2 3QR n/a £10 - £20

0044 1534 511115

boxoffice@jerseyoperahouse.co.uk

www.jerseyoperahouse.co.uk



23/11

23 NOV 20:00 > 22:30

## The Knot

UMANOOVE, IDIDY VELDMAN. You're invited to a completely different wedding celebration where the bride, groom, best man and bridesmaids are all world-class dancers and audience members are the wedding guests. The Knot is about ritual, doubt, nerves and the sheer magic of weddings. This is Didy Veldman's latest dance creation. Gloucester Street, St. Helier JE2 3QR n/a £10 - £20

0044 1534 511115

boxoffice@jerseyoperahouse.co.uk

www.jerseyoperahouse.co.uk



5/11

6 NOV (UNTIL 12/11) 9:00 > 19:00

## Roll of Honour

The Roll of Honour, compiled by Barrie Bertram, is a digital commemoration of the soldiers who lost their lives in The Boer War : 1880 1881; 1899 1902, The Great War : 1914 1918 and The Second World War : 1939 1945. The screen can be viewed in de Gruchy's King Street window, from noon on Monday 6 November until Sunday 12 November. de Gruchy, King Street JE4 8NN n/a Free of charge

0044 1534 811835

daphne.east@posh.gov.je



20/11

20 NOV 19:00 > 22:00

## RSC LIVE: TROILUS AND CRESSIDA

ENCORE SCREENING. Lechery, lechery, still wars and lechery: nothing else holds fashion. Troilus and Cressida swear they will always be true to one another. But in the seventh year of the siege of Troy their innocence is tested, and exposed to the savage corrupting influence of war, with tragic consequences. Gloucester Street, St. Helier JE2 3QR n/a TBC

0044 1534 511115

boxoffice@jerseyoperahouse.co.uk

www.jerseyoperahouse.co.uk



23/11

23 NOV 19:00 > 23:00

## Flambee Evening at Greenhills Country House Hotel

Flambee is a very different way of cooking. Cooked and served at your table, the food, together with a complementing alcohol, is added to a hot pan to create a burst of flames. It's quite a sight, and the aromas are amazing! Come and enjoy a unique evening at this AA Rosette Restaurant. Le Mont de l'Ecole St. Peter JE3 7EL 8 £40.00

0044 1534 481042

events@greenhillshotel.com

www.seymourhotels.com/greenhills-hotel/events/



18/11

18 NOV 10:00 > 16:00

## Mermaids and Monsters - Discovery Day

The open sea is a mysterious place. Miles from shore on storm-tossed seas, with nothing but water in all directions including 'straight down-a sailor' or 'fisherman cannot help but wonder what lurks in the depths'. Join us at the Maritime Museum where we'll be creating some monsters of our own. Normal admission fees apply. JH members go free. Maritime Museum, New North Quay, St. Helier JE2 3ND n/a Price to be advised

0044 1534 811043

info@jerseyheritage.org

www.jerseyheritage.org



22/11

22 NOV 18:00 > 19:30

## St Helier's Christmas Lights Switch On

Come to see Santa's Parade, accompanied by a brass band, Le Petit Train and festive characters, as they travel from Millennium Town Park at 18:00, through the town centre, switching on the lights as they go. The parade will pause at West's Centre, King Street, the Royal Square and the Weighbridge for Santa to switch on the Christmas lights. Town Hall St. Helier JE4 8PA n/a, 20 Free of charge

0044 1534 811835

anna.renouv@posh.gov.je

www.sthelier.je



24/11

24 NOV 20:00 > 22:00

## The Definitive Rat Pack at Christmas

Following sell-out performances across the globe, The Definitive Rat Pack brings you an evening of festive classics, including White Christmas, Baby It's Cold Outside, The Christmas Song and Let It Snow plus all-time favourites including I've Got You Under My Skin, That's Amore, Mr Bojangles and New York, New York. Gloucester Street, St. Helier JE2 3QR n/a £20 - £40

0044 1534 511115

boxoffice@jerseyoperahouse.co.uk

www.jerseyoperahouse.co.uk



# EVENTS





## ICSA Jersey Annual Dinner

### ROYAL JERSEY SHOWGROUND

FRIDAY 28 SEPTEMBER

Winners of the ICSA Jersey Awards 2018 were celebrated along with the recent academic achievements of ICSA graduates and students at the sell-out black tie ICSA Jersey Annual Dinner. The Awards were judged by a panel of industry experts and the shortlisted nominees included: Accuro Trust (Jersey); Axio Capital Solutions; Aztec Group; Computershare;

Consortia Partnership; Estera; First Names; Hawksford; Highvern; Intertrust; Link Asset Services; Mourant Governance Services; Ocorian; Praxis IFM, RBC Wealth Management; and SANNE. There was also a charity draw which raised £2,100.00 for the Jersey Heart Support Group. Images by Gary Grimshaw Photo Reportage.



## Trackers Graduation Ceremony

### HAUTLIEU SCHOOL

THURSDAY 4TH OCTOBER

Family, friends, employers, industry professionals and the proud team of Trackers mentors celebrated 101 people graduating from the Trackers Apprentice Programme. The successful level 2 and level 3 graduates came from a range of industries, including construction, hairdressing, digital and retail. Trackers, part of Children, Young People, Education

and Skills, enables people aged 16 to 65 to continue their education and training whilst in paid employment. The uniqueness of the apprenticeship programme lies in the mentoring model that provides a tailored framework of support, whilst also funding apprentice's training fees.

# SPARKLE & SHINE

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\*FREE UK data roaming available on MED, LRG and XL plans on 24 month contracts. Ts&Cs apply. FREE data to be used by 31/01/19.





### 'Where our Shadows Were' launch

#### JASON BUTLER'S STUDIO

TUESDAY 2ND OCTOBER

Jason Butler's first solo exhibition since his highly acclaimed 'Seekers' show in 2016 opened last month. 'Where our Shadows Were' was opened with a Private View attended by many familiar faces from the Jersey art world, the creative community and long term supporters of Jason's incredible work. Viewers were

clearly captivated, taking in the work and analysing the development of Jason's style and its evolution over the last two years. The exhibition was supported by UBS and Jason did an incredible job of turning his working studio into a beautiful Gallery space that provided the perfect backdrop to his new work.



### Bellingham Travel Client Event

#### SOMERVILLE HOTEL

THURSDAY 4TH OCTOBER

The brilliant team at Bellingham Travel hosted a successful client event on the 4th October at the Somerville Hotel which included a fantastic raffle in aid of After Breast Cancer Charity. Lucky guests enjoyed a delicious dinner and over £760 was raised on the night. Raffle prizes were

generously donated by Azure, SeaDream Yacht Club, Uniworld, Feelunique, Regent Seven Seas, UGA Escapes, ABC Charity and Bellingham Travel and included a luxury top prize of a two-night stay in a five star Country Boutique Hotel in the foothills of Mount Etna.





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01534 744101 reservations@theatlantichotel.com www.theatlantichotel.com

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places  
[www.places.je](http://www.places.je)



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### Roberts Garages Pitstop Reception

#### RJA&HS SHOWGROUND

THURSDAY 11TH OCTOBER

Roberts Garages were once again proud to sponsor the Jersey Rally 2018 and this year they hosted all the teams and sponsors at their inaugural Roberts Pitstop Reception. Phil the Tank took centre stage and the brilliant catering was taken care of by Roberts' supported charity, The Beresford Street Kitchen.

The winners this year were Ross Le Noa and Dominic Volante, 2nd place to Darryl Morris and Steve Gully and 3rd place to Simon Le Noa and Katie Le Blancq. Huge congratulations to them all and everyone that took part and organised this awesome local event.



### Sure 2018 Customer Service Awards

#### THE RADISSON BLU WATERFRONT HOTEL

THURSDAY 4TH OCTOBER

The Sure Customer Service Awards, held during National Customer Service Week, celebrated excellent customer experiences and recognised those businesses and individuals who go the extra mile. Twelve winners were announced in categories ranging from 'best service from a sole trader' to 'best service from professional services'. Sure Chief Customer Officer Charlotte Dunsterville commented: "Sure

is proud to sponsor the Customer Service Awards and be a part of celebrating those individuals, teams and businesses who work so hard to provide an excellent customer experience in Jersey. Congratulations to the worthy winners and all the finalists."

The full list of winners can be found at [www.thecustomerserviceawards.com](http://www.thecustomerserviceawards.com).



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### The 2nd Annual Robin Ball

**ST BRELADE'S BAY HOTEL**

SATURDAY 13TH OCTOBER

The event was held to raise money for Robin Ward and to assist with improvements to areas of the hospital where children receive treatment including the new Paediatric Clinic in the Gwyneth Huelin wing and the children's waiting

area and treatment room in the Accident & Emergency Department. Guests were treated to a fantastic dinner and musical entertainment from Issie Marsh, Bossa Baseline and international recording artist, Ru Vmusic.



### Standard Bank Mark of Excellence Awards

**THE ROYAL YACHT HOTEL**

FRIDAY 21ST SEPTEMBER

Last month Standard bank gathered for their annual celebration that recognises and rewards employees which constantly go above and beyond the call of duty. Their La Motte Street office is part of Standard Bank's Wealth International

division and supports thousands of clients around the world and the event was also an opportunity for the bank to say 'thank you' to the whole Jersey team and their families.



### Kitchen Confidential in aid of Macmillan

**27TH SEPTEMBER & 18TH OCTOBER**

SIROCCOS RESTAURANT,  
AT THE ROYAL YACHT

Steve Walker, Head Chef at Restaurant Sirocco, recently hosted two “Kitchen Confidential” events, one sponsored by Mercury Distribution, and both in aid of Macmillan Cancer Support Jersey. Similar to the TV show Master Chef, eight amateur chefs were given an opportunity to learn how to create a selection of dishes by Steve

and his team in the professional kitchen during the day, then, in the evening, run a full restaurant service for 48 of their invited guests, who enjoyed a delicious six course tasting menu with paired wines to compliment the dishes. A fantastic time was had by all! The total amount raised was £6,302.



### Galleryrally Departure

**26TH SEPTEMBER**

ALBERT PIER

It was quite an interesting car-park outside the Albert Pier lifeboat station last month as our ralliers got set for our tenth Galleryrally. We try and get 15 cars to take part each year but the lure of Monaco and a fantastic event last year meant we took a bumper 26 cars for this

year's event. Participants mostly cracked the code, finding a clue on a USB stick and deciphering it so that they knew to turn up in a bow tie. That set the tone for a fantastic trip across France. Read all about in this edition!





pet  
OF THE  
month



## Peggy & Michelle

**Peggy is an English Springer Spaniel training to be one of Jersey's first search and rescue dogs. Very determined by nature, owner Michelle knew from a young pup that Peggy had something special to offer. We spoke to Michelle to find out how it all started.**

"It started with a Facebook post (as so many things in our lives now do!). I was flicking through my newsfeed and came across a post by Search Dogs Buckinghamshire that caught my eye - a picture of beautiful black and white spaniel. Unfortunately, the post was to inform people that their trainee search dog, Oscar, had been tragically killed in a road collision.

The post struck the hearts of hundreds of people, especially mine, and after a couple of days mulling things over and doing some research, the decision was made. I made contact via Facebook with Search Dogs Buckinghamshire, offering their handler the pick of two eight-month-old spaniel pups I had bred.

A few emails later, the date was set and my life was never going to be the same again! Pauline (Handler) and Mandy (National Assessor) made the journey to Jersey in April 2016 to meet me, the pups (Atom and Morse) and the rest of my canine family. Morse was passed as suitable for a search dog and as Pauline's new right-hand-canine, the real fun started.

With Morse and my sister Louisa's young German Shepherd, Ecco, we were taught how to train the them to become ground scenting/trailing dogs. We all had a blast, and so the seed was sown: I had a renewed zest for training and soon realised that we had the ability to offer the community of Jersey something of great value.

A few months later, I organised a workshop in France with Ann-Jo Proos (one of the best trailing instructors in Europe) for three local handlers and some UK handlers with dogs I had bred, including Pauline and Morse.

With trailing, the idea is that the dog learns to follow a specific scent, provided by their handler. Peggy was my youngest spaniel at the time; a very determined little dog with a huge heart and full of character, but our start in France was a little slow - Peggy and I both took a little while to learn the ropes and build our confidence.

Upon our return from France, something clicked for little Peggy. All of a sudden, she understood the game and ran with it! Her confidence grew, as did her trailing speed,

and we trained regularly for several months until the dogs and their handlers were ready to demonstrate what they could do.

Our friends from Lowland Rescue in the UK came to Jersey to help demonstrate the benefits of search dogs to Jersey Search and Rescue. The dogs ability to assist in searches was undeniable, so we were soon welcomed into the team and the search dog unit was born.

'Little Peg' as she's known will stop at nothing to find her ball (that's her reward for finding someone). No matter where we go, she is always ready to work and will work her paws off to find anyone. She does like to show off a little sometimes - her favourite demo is taking scent from a vehicle that has contained several people; she checks who is still on the scene and then finds the missing person's trail.

We are off to train in the UK in October as part of the Dreamfund Search Dog Hero's Project and we hope to qualify as an operational search dog team soon after."



The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL



# GO HARD OR GO HOME

WORDS Rebecca Evans

**The dictionary definition of holiday is 'a short period of leisure or recreation', and for many of us it's the leisure aspect that defines our getaways. Two weeks out of otherwise busy lives spent largely horizontal on a sun-lounger, with the occasional stroll to the pool bar, beach or buffet being the most energy we're willing to exert.**

Of course that's not the case for everyone. You only have to hang around the Harbour in January or July to notice the huge amount of skis or surfboards heading off to France, where holiday over indulgences are offset by a daily dose of exercise. But what of trips where physical exertion and mental challenges are not just an enjoyable diversion between beers, but the entire point of the jaunt?

Adventure Tourism is one of the biggest growing sectors of the travel industry, with the trend showing no signs of slowing down. Whether it's white-water rafting, getting up close and personal with the Big 5 on safari or jumping out of aeroplanes, people all over the world are swapping inactivity for adrenaline. For the Tough issue I've taken a look at holidays designed to raise the heart rate.

## HIKING KILIMANJARO

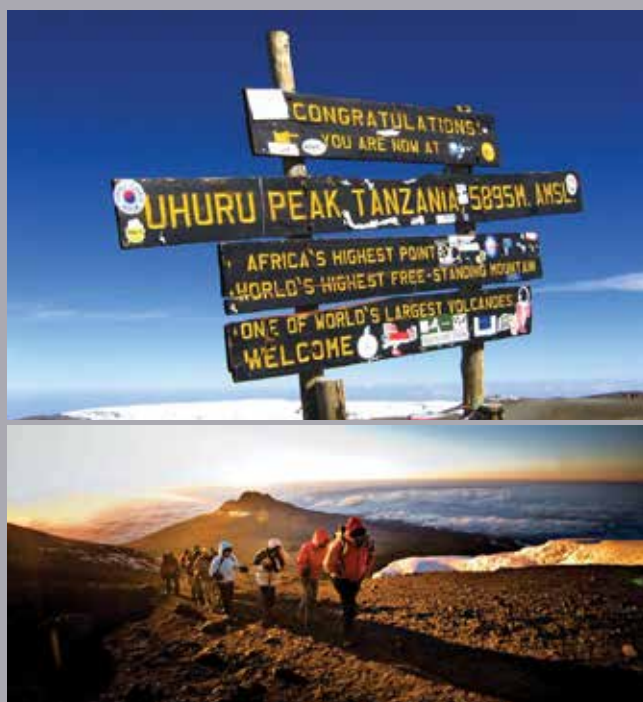
Standing a shade under 6000m above sea level and dominating the skyline, Kilimanjaro is Africa's highest peak, and attracts over 50,000 hopeful adventurers to Tanzania each year, although only around half of those make it to the summit, fondly known as the 'roof of Africa'.

With ascents taking 5-9 days dependent on route, potential summiteers can expect to hike 6-8 hours a day uphill, through an awe-inspiring and varied landscape including verdant cloud forest on the lower reaches, and arid rock-fields higher up. The plains surrounding the dormant volcano are home to wildlife including giraffe and elephants.

Accommodation on most routes is rough and ready campsites, although the Marangu route offers wooden huts with the comparative luxury of flushing toilets or long-drop latrines. A multitude of companies offer organised trips and all include trained guides, luggage porters and cooks, allowing hikers to concentrate purely on putting one foot in front of the other and watching out for signs of dreaded altitude sickness.

Whilst no particular mountaineering experience is required for Kilimanjaro, a decent level of general fitness and some acclivitous hiking training will put you at a distinct advantage.

[www.intrepidtravel.com](http://www.intrepidtravel.com)



## KAYAK THE CAMINO DE SANTIAGO

The Camino de Santiago, or 'way of St James' is a network of pilgrimage routes across Spain, France and Portugal all leading to the tomb of St James, within the impressive cathedral of Santiago de Compostela in Northwestern Spain.

With routes ranging between 110km and 1000km, it's not uncommon for travellers to walk for a month or more through spectacular countryside to reach their end goal. If a month out of the office seems like a bit much to slide past your boss, it's possible instead to undertake a 77km section of the trail by sea kayak, passing by areas of outstanding natural beauty along the Galician coast such as Cortegada National Park and Arousa Island.

If paddling 20km per day on open water doesn't sound like enough of a workout, the final 25km stretch to the cathedral is undertaken on foot, joining the famous Camino Portugues route. Accommodation for the week-long journey is a mix of scenic waterfront campsites and hotels, equipment rental and tasty locally inspired meals are included on most tours.

[www.responsibletravel.com](http://www.responsibletravel.com)



**"WHETHER IT'S WHITE-WATER RAFTING, GETTING UP CLOSE AND PERSONAL WITH THE BIG 5 ON SAFARI OR JUMPING OUT OF AEROPLANES, PEOPLE ALL OVER THE WORLD ARE SWAPPING INACTIVITY FOR ADRENALINE."**



## THE TROLL TRAIL

For those who already ski, but fancy a change from the well-trodden resorts of the French or Swiss Alps; the Troll Trail is hailed by those in the know as one of Europe's most wonderful adventures. A 165km cross-country skiing route linking Høvringen to the Olympic city of Lillehammer, this challenging journey passes through a magnificent snowy landscape, across frozen lakes and through the habitat of Norway's last wild Reindeer.

Not for the faint-hearted, a good level of fitness and some cross-country experience is required in order to cover 20-40km per day of undulating terrain at a steady pace, but the views alone will make every aching limb seem worth it.

Accommodation throughout this week-long expedition is arranged in comfortable and cosy hotels and guesthouses, apart from one night spent in the 'wild' camping in a traditional hut on the tundra. On most days luggage is transferred separately between accommodations, allowing hardy skiers to (snow)plough on unhindered.

[www.cloud9adventure.com](http://www.cloud9adventure.com)



## CYCLING THE PACIFIC COAST

Renowned as one of the World's ultimate road trips due to the dramatic coastline scenery, the US Pacific Coast stretching from Oregon to California offers over 1500 miles of breath-taking views. A couple of days of non-stop driving would get you from one end to the other, but if you've got time to spare and a strong pair of legs then selecting a section to cycle is a more immersive and invigorating way to explore.

Whilst hills can be expected along the entire coastline, Northern California is where they're at their most common, so expect your thighs to burn between San Francisco and Santa Maria, whilst Oregon offers slightly easier going.

From fertile farmland to the lavish celebrity hideaways of the Malibu beachfront, every section of the route offers something new to see. Accommodation along the route is plentiful, from campsites to 5\* hotels, so the level of luxury, and length of trip, is entirely up to you (or at least how many pairs of clean pants you can pack into your panniers)

[www.adventurecycling.org](http://www.adventurecycling.org)





# PICTURE POSTCARD PERFECT

WORDS Ben Davies

**WHEN I FIRST MOVED TO JERSEY I WAS ALWAYS AMAZED TO HEAR PEOPLE EXCLAIMING HOW THEY NEEDED TO 'GET OFF THE ROCK'. DURING A SERIOUS HONEYMOON PHASE AS A WIDE-EYED AND NEWLY-ROMANCED ISLANDER, I FAILED TO SEE WHY ANYONE WOULD WANT TO LEAVE SUCH A BEAUTIFUL PLACE. UNLESS YOU'RE SEEKING SNOWY MOUNTAINS (A LANDFORM AND WINTER SPORTS OPPORTUNITY JERSEY SADLY LACKS), OUR ISLAND IS A VERY MUCH A PLACE TO COME TO, NOT LEAVE.**

We established an editorial series a few years back called 'Mr and Mrs Syvret', highlighting the island hotels we felt fitted the Mr and Mrs Smith hotel guide and which provided a great place for a staycation. Mr and Mrs Smith seem to have overlooked Jersey completely, they clearly don't know what they're missing. Since I last wrote for that series I've had two kids. The chance to make time to indulge in such things has therefore become harder to achieve. However, when The Atlantic got in touch to tell us about their new 'Champagne Overnight Stay', it was time to call in the big guns (get a stay at Nanny's dialled in), allowing Mrs D and I to escape out west.

There was no need for picture ID and 100ml restrictions for this short break. We made the fifteen minute transfer from the bustling metropolis of St Helier to the wilds of St Ouen, arriving just as the sun began to turn the sky a beautiful autumnal red. There is no denying the beauty of The Atlantic Hotel; the picture-postcard clean lines of its art-deco-inspired exterior look beautiful in any condition but bathed in the light of the sunset, made it the perfect place to arrive for a relaxing escape.

I used to get nervous when staff at hotels offered to help to take my bags. The backpacker in me has never really left so I've maintained a certain suspicion about my bag disappearing when I arrive somewhere, despite staying at some incredible hotels with incredibly friendly and attentive concierge. The smiling face that greeted us at the car was disarming and we checked in as our bags were treated to their own trip to the room. The hotel has recently upgraded a selection of rooms with some new technology. Your 'do not disturb' now takes the form of a subtle red light in a chrome plate on the wall outside, no more bits of paper hanging from doorknobs. As we were shown around the room the party piece was the 'reveal', Automatic blinds rising up to present the pool area basked in sunlight and the sun setting over the bay. The half bottle of champagne was promptly opened and I settled into a chaise longue, positioned perfectly for watching the view. Despite the time taken to drop off the children, we got to the hotel with enough time to relax in the comfort of our room for an hour before the time we'd reserved for dinner.

All freshened up and my 'smart casual' playing second fiddle to my wife's dinner outfit, we ambled downstairs with thoughts of gin and tonic. Guests were assembled in the bar and around the lobby in a variety of cosy areas but we opted to enjoy the last of a warm evening and ventured outside. As we were seated and greeted by Naz, a young bartender with a snappy demeanour and a fine knowledge of the gin menu. With choices made (one pink pepper and one grapefruit), we browsed the menu. The Champagne overnight stay includes dinner and with Jersey beef fillet Wellington on the menu, it was an easy choice. The *market* menu offers recommended wine pairings by the glass, selectable by course. This was the perfect option as, after our champagne and G&Ts, a bottle of white and one of red could have left us failing to savour our desserts.

We were talked through the menu and wine list in something of a dry-wit comedy routine by Istvan, the restaurant manager. Istvan has been in the role eighteen months and he exemplifies a change in staff style I've detected at the Atlantic on my handful of visits over the last few years. The 'polite and friendly' you would expect is still there, but there also seems to be a bit more 'oomph' in just about every member. From Naz's approachable charm to Istvan's indisputable presence to Chef de Rang Marta Czarnota's light hearted and bubbly demeanor, all delivered with a comedic edge.

CONTINUED...





CONTINUED...

It was a pleasure to get a visit from head chef Will Holland to check how our meal was. It was the best Beef Wellington I've had at a restaurant in recent memory, simple as that. A winter-getaway deserves winter food and Beef Wellington is cosy eating royalty; the pastry was perfect, the local beef tender and the simple broccoli, wild mushroom and potato puree just enough of your seven-a-day to make it feel balanced. We both simply had to have it, but it wasn't even my favourite dish. The Wellington was perfect but it was what I'd expected, having cheated and looked at the dishes being served to the next table. My favourite course was reserved for the 'cheesecake' which was as delicious as it was unlike the cheesecake you're thinking of; a smooth and delicious combination of flavours and textures that was the perfect finish to a relaxed and enjoyable dinner.

**A WINTER GETAWAY DESERVES WINTER FOOD AND BEEF WELLINGTON IS COSY EATING ROYALTY; THE PASTRY WAS PERFECT, THE LOCAL BEEF TENDER AND THE SIMPLE BROCCOLI, WILD MUSHROOM AND POTATO PUREE JUST ENOUGH OF YOUR SEVEN-A-DAY TO MAKE IT FEEL BALANCED.**

With the prospect of a lie-in beyond 7am and no need to get up and make a toddler's milk at who-knows-when-o'clock, we finished off the evening admiring the selection of spirits at the cosy bar, nursing a couple of Old Fashioned nightcaps - the Rum Zacapa kind. Despite being only a few miles from our house, it felt a million miles from the everyday. We didn't keep the staff up too late, retiring to the room and going to bed with the door open so we could hear the waves of St Ouen crashing and see the moonlit sea view in the distance.

Maximising our lie-in, we made it downstairs just in time for breakfast. Considering our usual Sunday morning routine, 9.30am could almost be viewed as brunch. As we passed the trays of room service, we did slightly regret not having ordered breakfast to our room. There are a few more options on the restaurant breakfast menu, so we went a little wild, selecting 'Chorizo and Eggs' which was simply that and 'The Mexican' - poached eggs with bacon and avocado on muffins with sriracha-style chilli. The latter was my first choice, but I have to admit that plate envy did occur.

It never ceases to amaze me how hotel staff that you see last thing before you head up to your room are up and glowing for breakfast service. Marta bid us farewell as we left our dinner and was there again, wide-smiled and fresh faced to greet us as we arrived in the restaurant. She was not only up but was charming and entertaining, chatting and joking about the fact I had poured my wife coffee, then milk and then stirred it, Marta mimicking my actions dutifully with a wry smile as she did the same to mine.

My only regret during our stay is that I forgot to take my swim shorts. I would love to have made use of the pool(s). Despite it being Autumn, a brisk dip in the outside pool would have been great, if for nothing but the Instagram comedy. There is also an indoor pool and gym, so you can feel all virtuous after your dinnertime indulgences if required or ahead of them (you can check in from 3pm). Sadly for us, the children were calling us back to town or else I'd quite happily have spent the morning. I think next time we'll stay put, have the kids brought out to meet us and push through to enjoy Sunday lunch at Ocean. Next time...



**The Champagne Overnight Stay is available from £100 per person and includes a full English Breakfast, a three course market menu dinner served in Ocean Restaurant and a half bottle of Taittinger Champagne. Valid for local guests only until 30 April 2019 (excluding dates 24th, 25th, 26th, 31st December 2018 plus 1st January 2019 until 8th February 2019 inclusive). Call to reserve on 01534 744101 or e-mail [reservations@theatlantichotel.com](mailto:reservations@theatlantichotel.com)**



CULTURE



## Culture News



SHOW

### Sunset Boulevard

*Jersey Opera House, 31st October - 3rd November, £25+*

TimpanAli Productions present Andrew Lloyd Webber's Tony Award®-winning masterpiece, *Sunset Boulevard*, based on the Oscar-winning Billy Wilder film.

In her mansion on Sunset Boulevard faded silent-screen goddess, Norma Desmond, lives in a fantasy world. Impoverished screenwriter Joe Gillis stumbles into her reclusive world and is seduced by her and her luxurious lifestyle. Joe becomes trapped in a claustrophobic world until his love for another woman leads him to try and break free, with dramatic consequences. The much-loved score includes *Sunset Boulevard*, *With One Look*, *As If We Never Said Goodbye* and *The Perfect Year*.

### The Knot

*Jersey Opera House, 23rd November, £14+*

You're invited to a completely different wedding celebration where the bride, groom, best man and bridesmaids are all world-class dancers and audience members are the wedding guests. *The Knot* is about ritual, doubt, nerves and the sheer magic of weddings. This is Didy Veldman's latest dance creation following on from the huge success of *The Happiness Project*. A cast of seven perform to *LES NOCES*, Stravinsky's gorgeous music from a Russian folk wedding and a specially commissioned score by Ben Foskett. The work is supremely physical and theatrical with beautiful costumes and moments of participation to ensure you're at the heart of the celebration.



PERFORMANCE

### An Evening With Alan Titchmarsh

*Jersey Opera House, 26th November, £15*

In a special postscript to Jersey Festival of Words 2018, join Alan Titchmarsh MBE, bestselling author of nine novels, four volumes of memoirs and more than 50 gardening books, as he discusses his work. His forthcoming novel *The Scarlet Nightingale*, set in wartime London and occupied France, is a thrilling story of love, danger and sacrifice.

Alan was the presenter of *Gardeners' World*, the hugely popular *Ground Force* and *The Alan Titchmarsh Show*. He writes regularly in *BBC Gardeners' World Magazine*, *Country Life* and *The Sunday Telegraph*, is a Vice President of the Royal Horticultural Society and patron or president of over 50 charities. Alan Titchmarsh will be signing books after the event.



TALK

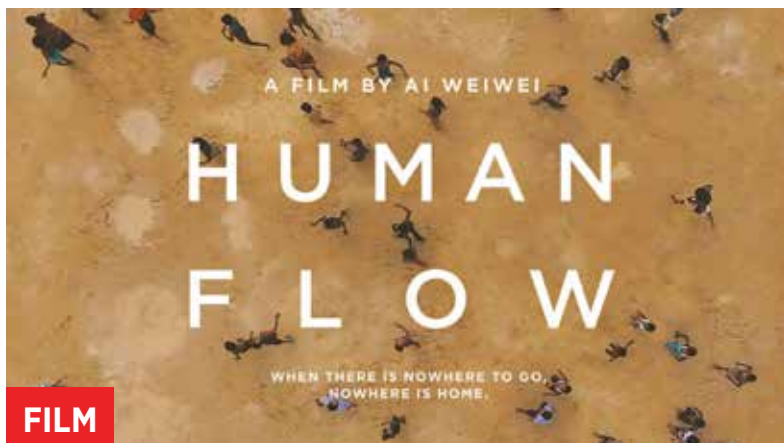
### Mermaids & Monsters

*Maritime Museum Discovery Day, Maritime Museum, 18th November*

Discovery Days are days dedicated to family fun and learning; an opportunity to find out more about Jersey's history at every Jersey Heritage site. Aimed at children from reception to Year 6, they are an interactive, fun and family friendly way of exploring Jersey's past. When the oceans were still unexplored, fishermen and sailors alike feared what lurked in the depths and these fears often took the form of mermaids and monsters. The Maritime Museum will be hosting a family-fun day, where they'll be exploring these myths and creating some monsters of their own!



DISCOVERY DAY



## Human Flow

*Jersey Film Society, Arts Centre, 5th November, £5*

To kick off the 14th Human Rights Festival, taking place across five days from 5th - 9th November, the Jersey Arts Centre will be showing Human Flow. Shot across 23 countries, this is Ai Weiwei's panoramic take on the global refugee crisis. Making extensive use of drones to photograph huge vistas but never losing sight of individual human stories, this is a visually arresting work, that brings new insights and compassion for its subjects.



## Gina Socrates Photography Exhibition

*CCA Galleries International, 2nd - 23rd November*

Built by the Nazis during the Second World War, Gina Socrates' photography exhibition is based on the Jersey sea wall. As she explains, "This series of photographs contrasts the horrors of war implicit in the wall with the beauty of Jersey's coast and the life which goes about upon it. Through the use of multiple exposures, other surrounding elements are brought into relief; elements which both modify the wall's surface and its meaning: the beach, the sea, deckchairs, and shadows."



## Art Teacher's Exhibition

*Arts Centre, 12th November - 8th December, FREE*

A rare chance to see artwork by some of the Island's Secondary School teachers. Most Art teachers are also practicing artists, and this exhibition showcases a variety of styles and approaches. The versatility and exploration on display here reflects the way that Art is currently delivered in our schools. Students are encouraged to be inventive and ambitious, but their work is also underpinned by a clear understanding of the formal elements, as is evident in this collection by their mentors.

*Image: Tim Barnett 'Strictly Rockers' (mixed media)*

## JERSEY OPERA HOUSE



### NT LIVE: ALLELUJAH!

*Alan Bennett's rousing chorus line for the NHS*

TUE 6 NOV | 7PM TICKETS: £13.50\*



### MICHAEL GRANDAGE COMPANY - RED

*Alfred Molina as the American painter*

*Mark Rothko*

WED 7 NOV | 7PM TICKETS: £13.50\*



### RSC LIVE: TROILUS & CRESSIDA

*Mad Max meets Ancient Greece - a play of love, war and celebrity!*

TUE 20 NOV | 7PM TICKETS: £13.50\*



### THE KNOT - UMANOOVE | DIDY VELDMAN

*Wedding fever! Dancers explore ritual, religion and gender - with you as the guests.*

FRI 23 NOV | 8PM TICKETS: £14-16\*



### MARK WATSON: THE INFINITE SHOW

*"Unstoppably funny" THE TIMES*

FRI 7 DEC | 8PM TICKETS: £19

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\*Check for concessions and/or member discounts

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# FRANKIE GOES TO RUBY'S

*"Wherever I Go is me, encapsulated," says Frankie Davies, Jersey-born songwriter, on her highly anticipated debut album. This is an important release for Davies, in fact, she has said that "this represents me, my journey and experiences over the last 4 years."*

In 2015 Frankie released her debut EP 'Dancing All Night' out of which came 3 singles, critical praise and national airplay. In 2017 she began work on her debut album, recording with renowned Nashville musicians in the home of Country, and back in the UK with her all-female band. Davies has visited Nashville on many occasions to write and perform, once notably with BBC Radio 2's Bob Harris as one of just 3 UK artists selected to represent BBC Introducing in Nashville at the Americana Music Festival. She continues to enjoy support from Bob and his team on his radio shows and festival stages. In 2016, Davies was invited back to Nashville to perform at an international showcase at one of the world's biggest Country festivals, CMA Fest.

Davies performs at the highest level touring the UK and wider Europe with some of the biggest names in Country Music including Maddie & Tae, Chris Young, Charlie Worsham, Mo Pitney & Josh Kelley. Closer to home Frankie has appeared regularly at the UK's biggest Country Music Festival 'C2C', toured with UK favourites The Shires, supported Ward Thomas & completed her first headline tour in 2017.

2018 marks an important step in her story, the release of 'Wherever I Go', Davies' debut album on the 26th of

October, something fans have been waiting to hear for a long time. Its variety of influences are tied together by Davies' evocative vocals and addictive melodies that transport listeners through both painful and joyful moments in her life.

"In one sense this album is a showcase of lessons learnt from my beginnings and being young and naive in the music industry. From the rockier, You Don't Know Me, written with Emily Linden, where I let my frustration pour out, to the contrasting Front Row Seat. The latter song is about an experience that broke me. I had been led to believe that a show I had been booked for would suddenly change my life. When it came to showtime there was only one person in the audience." This confrontation with a harsh world at such a young age only pushed Frankie forward and adds a grit to her songwriting as well as moments of heart-breaking honesty.

"I went out and I played and from my disappointment, I discovered something truly valuable. Even if there is only one person to listen to my music they deserve my performance. I am always grateful to anyone who wants to listen."

**ALBUM LAUNCH RAISING MONEY FOR FOJO (FRIENDS OF JERSEY ONCOLOGY)**

**RUBY'S, JERSEY  
WEDNESDAY 7TH NOVEMBER**

Frankie will be celebrating the release of the album with an intimate launch at Ruby's on Wednesday 7th November with all proceeds going to FOJO - Friends of Jersey Oncology. Frankie will be playing songs from the album and sharing the stories behind the songs.

**Doors 7pm, with local support TBC.**

**£10 (Advance) £15 (On the door)**

[www.365tickets.je/](http://www.365tickets.je/)

[frankie-davies-friends-at-rubys](https://www.facebook.com/frankie-davies-friends-at-rubys)

[@frankiedaviesmusic](https://www.instagram.com/frankiedaviesmusic)

**Social Media**

FB: [frankiedaviesmusic](https://www.facebook.com/frankiedaviesmusic)

Twitter: [FrankieDaviesUK](https://twitter.com/frankiedavies)

Instagram: [frankiedavies](https://www.instagram.com/frankiedavies)

[www.frankiedavies.co.uk](http://www.frankiedavies.co.uk)

**Stoked Music Management:**

[mac@stokedmusic.co.uk](mailto:mac@stokedmusic.co.uk)

**For press enquiries,** please contact Ellie

Thompson at Prescription PR via

[ellie@prescriptionpr.co.uk](mailto:ellie@prescriptionpr.co.uk)

BEAUTY  
GIFT IDEAS



Give the gift of fragrance this season with the Viktor & Rolf perfume gift set for her. It includes the Flowerbomb EDP and a 7.5ml purse spray. This 'sweet' Benefit gift set contains Benefit's bestselling curling mascara, smoothing and mattifying pore primer, matte bronzer and liquid highlighter. Perfect!



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Sequined Velvet Dress  
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Coast Minelli  
Sequin Top Jumpsuit  
UK RRP £149  
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# Beauty News

## THE DREAM TREATMENT

Not getting enough sleep? No, I hear you cry! Well, we've found just the tonic. The wonderful spa team at Longueville have worked with skincare brand de Mamiel's Sleep Series to produce a lovely, luxury lulling treatment called 'rest easy'.



The experience starts with a 15-minute consultation in their stunning Cottage Garden Spa, to understand your specific needs and sleep issues, they then get underway with a truly blissful, hour-long whole body experience.

A Sleep Oil formulated to target your particular sleep concerns is selected before moving on to breathing techniques, meditation and a tension relieving back-massage. The delicious smelling restorative cleansing balm is applied to the face, neck and décolleté to deeply cleanse the skin. Their specialised massage focuses on relieving tension, increasing circulation and lymph drainage and for the finalé a hydrating facial mask locks in moisture and soothes the skin.

This is literally a top to toe treatment, with scalp massage and reflexology included. It's like a tick list of everything you'd need to feel utterly pampered and relaxed.

The founder of de Mamiel, Année de Mamiel, is a leading authority on high-performance natural skincare and the effects of stress on the skin. Année says, 'In developing the botaniques Sleep Series, I have looked at the causes of what keeps us awake and how holding that stress in our bodies prevents quality sleep. A lack of quality sleep is one of the biggest contributors to daily stress. Creating a product that makes you sleepy wasn't enough; my intention has always been to create a product that supports quality sleep by addressing the root cause and not the symptom.'

The 'Rest Easy' Treatment is a blissful delight and would make a wonderful present for the busy bee in your life.

**de Mamiel full body and face treatment. 1hr 15mins, £95.**  
To book contact the Cottage Garden Spa, Longueville Manor, on 01534 725501.



## MAINTAIN GOOD HEALTH NATURALLY AT HEALTH POINT CLINIC

At Health Point Clinic our goal is to help support you with step-by-step personalised treatment plan to suit your own personal health goals. Specialist treatments include:

**Acupuncture** – is the insertion of ultra-fine, single use, sterile needles into specific acupuncture points on the body. This frees up the normal flow of blood, energy and nutrients by releasing myofascial and musculoskeletal constrictions and flooding pain-relieving endorphins into your bloodstream. From sports, to pain management to stress relief and pregnancy, acupuncture can provide a safe, effective way to maintain good health naturally.

**Pregnancy acupressure classes** – During this class you will learn natural pain relief and relaxation techniques for childbirth. This can be a great way to encourage partner involvement and provide you with an extra set of tools to complement your birth plan.

**Cupping** - involves negative pressure and suction within a glass, bamboo or silicone cup. By creating a vacuum within the cup it lifts the skin and releases soft tissue rather than the tissue compression you have during a massage. Some of the techniques involve:

**Static cupping** – can be used over a joint or trigger point to encourage blood flow to the area and promote soft tissue release.

**Sliding cupping** – massage oil is placed over an injured site and the cups are slid to further promote the lift and release of soft tissue, energy and blood flow.

**Massage treatments** - include:  
Tui-na (Chinese massage)  
Swedish / Deep tissue massage  
Reflexology  
Acupressure

**Gift vouchers** - treat a friend or loved one to a tailor-made gift voucher for that special occasion.

**For more information visit**  
[www.healthpointclinic.co.uk](http://www.healthpointclinic.co.uk)  
Lorna Jackson 1st BSc (Hons) MBAcC AFN



The Potting Shed is a unique boutique, set in the relaxed courtyard at Ransoms Garden centre. Stocking Dapper Chap, Ted Baker, Dalaco Cufflinks and lots of other fun and fashion forward brands perfect for the men in your life!  
It's your one stop shop for fantastic Christmas shopping.

### The Potting Shed

at Ransoms Garden Centre, St. Martin  
Tel: 854203

Open 7 days a week 9.30-6pm



**Look your best for the festive season**

Personalise your own skin care with a choice of 100% non surgical procedures, tailor made Medical skin treatments and pharmacy strength products not seen on the high street, along with the increasingly popular "Hydrafacial". The Laser Centre has also recently introduced the NEW REVOLUTIONARY PLASMA PEN, the most up to date facial anti ageing device.

Give Julie Naidu, Elizabeth Butler or Kathrin Baumert a call on 888272 to book your consultation

**the • laser centre**

[enquiries@thelasercentrejersey.co.uk](mailto:enquiries@thelasercentrejersey.co.uk)  
[www.thelasercentrejersey.co.uk](http://www.thelasercentrejersey.co.uk)

**The Laser Centre** (established in Jersey since 1997)  
Island Medical Centre  
14 Gloucester Street, St Helier



**RIVOLI**  
Jewellers & Silversmiths

41/43 King Street St Helier  
01534 601930 [www.rivolijewellers.com](http://www.rivolijewellers.com)



# MEN!

Stop here on your way to the motoring section, this month's beauty product page is just for you.

Please don't tell us that you're still stealing your wife, girlfriend or mother's lotions and potions. They're not designed for your skin, they're probably doing more harm than good. You need to get yourself to a beauty counter and make the manly leap into the world of men's cosmetics. We're not talking fake tan and back-sack-and-crack waxes, just run of the mill essential items you need in the bathroom cabinet to keep that rugged handsomeness going for as long as possible, as you gracefully transform into a silver fox.



## Acqua di Parma

Revitalising Face Cream for Men

*Available from deGruchy*

So you're looking in the mirror and thinking how your brow is getting more furrowed each and every morning, and those smile lines are looking more like crevasses. This face cream designed specifically for male skin provides lasting hydration, enriched with skin-strengthening ingredients, it's an anti-wrinkle cream which will make fine lines, wrinkles and dull skin disappear.



## Tom Ford

Oil Free Daily Moisturiser

*Available from deGruchy*

This product is every bit as good as its goddamn-sexy packaging. A hydrating and conditioning moisturiser; lightweight, quick-absorbing, and skin calming. Its luxurious ingredients help reverse dullness and reduce the look of fine lines and pores. It leaves your face looking toned, polished and re-energised. Keeping you fresh faced and bushy tailed.



## Jo Malone London

Whisky & Cedarwood Cologne

*Available from Voisins*

This is a scent for a gent. Created by Jo Malone London in collaboration with Huntsman Savile Row; this is a sharply dressed cologne. Made of whiskey and wood this is for a manly man! The smell of fine whisky, edged with spicy pimento, finished with warm cedarwood. Quintessentially British this'll have you ready for an enigmatic nightcap.



## Sisley

Energising Foaming Body Exfoliant

*Available from Voisins*

As a modern man moisturising may be something that you've got your head around already, but exfoliating? It's actually the answer to many of your needs; Want toned smooth skin? Exfoliate. Want a deeper tan? Exfoliate. Want to repel mosquitos? Exfoliate. You see the picture, it's going to improve your life, give it a go.



## ClarinsMen

Multi-protection SPF 50 UVA/UVB

*Available from Voisins*

Whether you're heading to the sun or the slopes this winter you'll need a strong sunscreen to maintain your youthful complexion. This is oil-free formula goes on invisible with no whitening effects as so many others do! And it's water resistant so you can swim and sweat to your heart's content.



## Marram Co

Wake Up Call Shaving Cream

*marramco.com*

This company make great shaving products for the business traveller, with collapsable shaving bowls and this; an amazing smelling shaving cream to help get you up and out in a new time zone, blasting away your jet lag and having you looking spick and span ready to woo clients.

# FASHION



Mint Velvet Black  
Sequined Velvet Dress  
UK RRP £149  
**de Gruchy £134.10**

## FASHION GET SET FOR SEQUINS

A little black dress is a must-have for the upcoming party season. This piece from Mint Velvet is cut with a satin bodice and a split pencil skirt that's made from sequined velvet for some added sparkle. The Coast jumpsuit is an alternative to chic suiting. It features a sequin top and wide leg tuxedo trousers for a statement, standout look.

de  
**GRUCHY**  
degruchys.com



Coast Minelli  
Sequin Top Jumpsuit  
UK RRP £149  
**de Gruchy £134.10**



## Brand News

**BRAND  
NEW  
SHOP  
OPENING!**



A stunning new lifestyle shop is coming to the high street. Pour Toi will be opening early this month for all your gifting needs. Whether its something for a friend or family member, or something to spoil yourself, this gorgeous shop is full to the brim with elegant, cool and unique gifts at a great price point.

From the iconic Katie Loxton bags and accessories, to super fabulous Sara Miller gift wrap this is what the high street has been needing for a while and we're so excited that it's arrived in time for Christmas shopping! Make sure you check out the brilliant Lu Bella jewellery too - so many divine pieces for the wish list.

**Located next door to Coffee Republic. See you there.**

Here's to sparkle, sequins and outfits you can't wait to wear

Bring on the dancing, Karen Millen's new season party range has been designed with dancing in mind! Their fabulous collection of sequins, metallics and fringing is perfect for moving under the disco lights and feeling every bit the dancing queen. Like the glamorous sequin mini dress, we can't get enough of the sparkle on this dress, comfortable and easy to move in, this dress is perfect for all night boogying.

For something a bit more edgy this season it's all about the statement top, such as this sequin stripe cami. Simply pair with leather trousers and embellished heels.

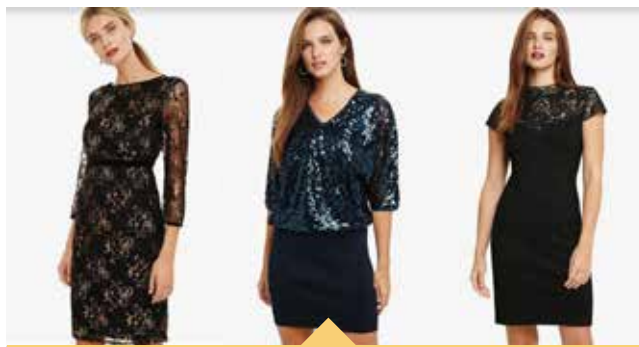
The 70's inspired Metallic Linear dress is everything you have ever wanted to turn heads as you sashay to the dancefloor. It's perfect, figure-hugging fit is designed for catching the light, making you feel flirtatious and footloose. The party season has arrived!

**Karen Millen is available at deGruchy**

**Linear Metallic Full Skirt Midi Dress** UK RRP £250 de Gruchy **£225**

**Sequin Mini Dress** UK RRP £175 de Gruchy **£157.50**

**Striped Sequin Cami** UK RRP £75 de Gruchy **£67.50**



### All That Glitters

Hurray! It's that wonderful time of year when being overdressed is the only way to arrive. The more sparkle you can achieve on your attire is applauded and appreciated by all.

Phase Eight's latest collection brings us an array of sparkle that will see you through the party season. The fantastic, flattering Becca sequin bodice dress, ticks all our party boxes. It's jewel tone, sparkling, sequins deliver luxury, whilst the fitted shimmer knit skirt keeps the balance in check. Perfect for hassle free dressing up.

The stunning Jules lace dress has glamour poured all over it. This sophisticated re-vamp of the LBD will see you through many an office party or evening do.

This is Phase Eight's most decadent collection yet, so make sure you head to deGruchy to check out what's arrived, so far, for the festive season.

**Jules Lace Dress Black/Gold** UK price £120 de Gruchy price **£108**

**Becca Dress Petrol** UK price £120 de Gruchy price **£108**

**Ursula Dress Pine** UK price £110 de Gruchy price **£99**



### Tailor me

Nothing feels as great as tailoring that's been crafted just for you. Moss Bros are now offering a fantastic bespoke suit service, they'll custom make your suit from a range of 140 different coloured, textured and patterned fabrics, with the fit and styling details that work perfectly for you. Imagine your best ever suit. Now create it! **Visit their Liberty Wharf store to find out more.**

*Fashion and lifestyle blogger Laura Morel of Nineby5 rounds up the best buys on the Island for this month.*

## NINEby5

**November is here with the promise of Christmas not far away and the heavy threat of picking the perfect presents hanging over our heads. To ease the stress, I'm keen to get in there early and sort out the perfect festive party wardrobe.**

As soon as I saw the latest Rixo London collection which had arrived in Voisins department store, I knew I had found the perfect party dress. With a range of knockout vintage designs, it was this starry number that truly felt and looked like heaven. With only one size stocked per design it's a comfort to know that you're unlikely to run into anyone else in the same outfit.



With a feminine dress sorted, I'm keen to balance out my style options with one of this season's androgynous statement suits. There are so many options in stores at the moment from velvet to corduroy, in bright hues and eye-catching designs. This relaxed suit from Idano at Manna Boutique can be easily dressed up, but looks equally great with a white tee and some chunky trainers. The perfect day to evening look.



I've recently found renewed vigour for fashion on the island, through our few stores that sell second-hand and pre-loved clothing. The thrill of finding second-hand designer wear at bargain prices is second to none. At Tresor boutique I was blown away by the range of exciting pieces they stock, all in great quality for second-hand wear. This Opening Ceremony jumpsuit is a great structural piece that would look fantastic at a festival or teamed with some black tights for winter.



Every winter without fail I look to invest in a good winter statement coat. Having shopped around, I couldn't find a better range than at Eclectic Boutique. With a large range of autumnal colours, they have some great faux fur and super soft coats such as this one from Yaya. I'm opting for simple colours like mustard, rust or chartreuse and dressing them up with punchy accessories like this leopard printed Rixo & Pelle scarf (*main image, above*).

With a leopard print overload having landed in every high street store, it's becoming hard to wear the trend in distinctly unique ways. However, I loved the idea of this leopard print evening bag from Topshop. The trend is kept fresh with intricate beading and added fringing, putting the swish in every fashionable step I take!



For more style ideas and to explore the best Jersey has to offer, follow my blogging adventures on [www.nineby5.com](http://www.nineby5.com).



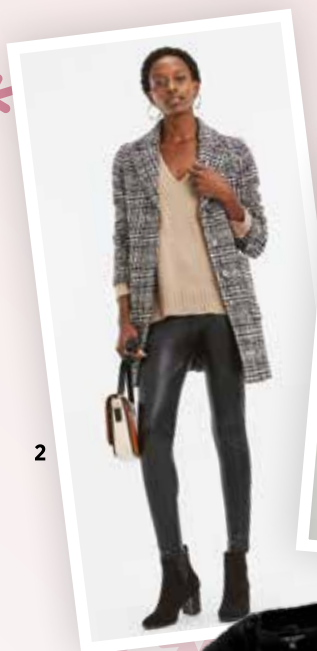


# Imogen's picks



...for the girls

There's no escaping it; the year is almost over, so it's time to invest in a new winter coat. With warmth being your primary mission, we've tracked down the best options from the high street that are going to keep you toasty and looking good all winter long.



2



6



1



4



5



8



7



3

1. Mint Velvet Camel Boyfriend Coat, deGruchy, **£206.00**
2. Oasis Check Relaxed Coat, deGruchy, **£81.00**
3. Cream Teddy Coat, Topshop, **£59.00**
4. Faux Fur Biker Jacket, Topshop, **£65.00**
5. Miss Selfridge Grey Wrap Coat, Voisins, **£69.00**
6. River Island Fallaway Jacket, Voisins, **£85.00**
7. River Island Blue Teddy Coat, Voisins, **£95.00**
8. Patched Faux Fur Coat, New Look, **£49.99**

...for the boys

1. Hype Mono Puffer Jacket, Redvers, **£70.00**
2. Gant Cloud Jacket, deGruchy, **£202.50**
3. Gant Weather Coat, deGruchy, **£247.50**
4. River Island Camel Overcoat, Voisins, **£80.00**
5. River Island Hooded Parka, Voisins, **£90.00**
6. Smart Overcoat, New Look, **£59.99**
7. Hype Explorer Puffer Jacket, Redvers, **£80.00**





# TOUGHING IT.

PHOTOGRAPHY & STYLING **DANNY EVANS**  
MODEL **CHAZ**



Suit by Roy Robson **£440.00**. Blue Eton Shirt by Roy Robson **£112.50**.  
Eton Tie **£67.50** by Roy Robson. Shoes by Dune **£94.50** All from de Gruchy.  
Raymond Weil Tocatto Rose Gold watch 12-18-189, **£605.00** from Rivoli.







Suit Jacket by Moss Bros **£99.00**. Shirt by Moss Bros **£30.00**.  
Suit trousers by Moss Bros **£70.00**. Gold tie by Moss Bros **£15.00**.



Huawei P20 Pro, **£26 p/m over 24 months** (plus a FREE Huawei MediaPad T3 10") while stocks last from JT Global.  
Gucci Dive Watch 12-28-077, **£595.00** from Rivoli.



Jacket by Ted Baker **£242.10**. Shirt By Ted Baker **£58.50**. Denim Jeans by Hugo Boss **£125.10** All from de Gruchy.





Jacket by Moss Bros **£179.00**. Shirt by Moss Bros **£30.00**. Bow tie by Moss Bros **£30.00**.  
Trousers by Moss Bros **£90.00**. shoes by Dune **£76.50** from de Gruchy.  
Longines La Grande Classique watch 12-16-145, **£709.00** from Rivoli.





Sony Xperia XZ3, **£25 p/m over 24 months**  
from JT Global. Raymond Weil Tocatto Rose Gold  
watch 12-18-189, **£605.00** from Rivoli.



Tailored 3 piece suit by Moss Bros starting from **£200 to £400**.  
Tie by Moss Bros **£15.00**. Shoes by Dune **£99.00** from de Gruchy.  
Rado Coupole XL Automatic watch **£893.00** from Rivoli.



# Style Stalker

*With winter drawing upon us, the true challenge is letting our sense of style shine through the grey weather, whilst wrapping up from the cold. This month the girls of Jersey showed us how it's best done, transitioning effortlessly into this seasons must-have looks. Time to up your style game, guys - we'll be watching!*



**Martha McDonald**

Dreary weather needn't mean dreary clothes, especially if you take a leaf out of Martha's book. Her polka dot anorak adds punch to her outfit with a beret from a charity shop lending her look a very stylish european edge. She definitely has that "je na sais quoi!"



**Oana Patrascu**

Stay on trend this autumn by mastering the art of layering for the changeable weather. Oana has perfected this look with a sleeveless throw, worn over a simple but classic combination of high-waisted jeans and a white shirt. Her accessories elevate the look with gleaming silver brogues and a very on-trend leather waist-belt bag from a

Romanian designer.



**Jen O'Brien**

Jen's outfit was a cheery sight to see on a grey day, with a colourful heart printed midi dress - from Oasis - making her stand out from the crowd. Her look was balanced with a white blazer and matching pointed sling-backs from French Connection. This is a fresh look for the office which would easily take you into the evening.



**Ashley Rodrigues**

It is possible to wrap up warm and still look feminine and on trend, as Ashley shows us to impeccable effect. Wearing a head-to-toe outfit from New Look, we are loving the softness of Ashley's pale pink faux fur coat. Pink is a great colour to give warmth for an otherwise grey outfit and a popular colour this winter season.



**Ruta**

Ruta's laid-back style is very chic-in-St-Helier. Her metallic midi skirt is one trend we should all be adopting this season and we love how she has combined this with edgy black boots. In order to stop this look appearing overly dressy, she is wearing it with a white tee and a great grey marl jacket from Mexx.



**Magdalena Thebault**

We nearly managed to get by this month without an appearance from brand Zara, but couldn't resist snapping this cute mini denim dress from the high street giant. Magdalena transforms the dress for winter with a polo neck jumper and some knee high boots handed down from her mother. Stacks of coloured bracelets and a gold necklace from Accessorize top this look off perfectly.



**Leanne Kirkland**

Leanne is ticking major style boxes this month with her trench coat ensemble. We are loving the tartan accents on this Mango coat's cuffs, giving the outfit a pop of colour along with her Monki dress just spied under her jumper. She is brave enough to still be baring her legs, channeling summer with her trendy Topshop sunglasses.



**Luke Bromgate-Henry**

There's still hope for the boys yet, with Luke rocking a great winter look! His shearling aviator jacket is from vintage store, Retro Mania, in Pimlico - a piece that never truly goes out of style. He's teamed this with corduroy trousers which are huge this autumn. We also love that he's added a pop of colour with his striped wool jumper.

yum!

# APPETITE

Jersey's most established, full of flavour, organic, home grown eating guide. Our 20,000 annual editions have been satisfying the hunger and thirst of visitors and locals alike for ten years. Don't settle for less.

**appetite**

Jersey's foodie annual

Jersey's foodie annual | Tenth Edition | 2018  
**appetite**







# THE Restaurant Review

WORDS Ollie Watts

## *Pizza makes me think that anything is possible...*

*Henry Rollins*

Hold on to your hats everyone because there's a new pizza place in town. – This is now something I've said 3 times in the past 6 months. Apparently, the pizza resurgence of 2018 is well and truly upon us. Not that I think the sale or want for pizza has ever really dipped since its creation, but according to the facts, Jersey is now 3 times richer in pizza places than it was in December 2017.

First off, this year we had Pizza Projekt, a true love of mine. Then we had Pizzeria Famosa, another instant classic, and now? We have PBC2. These gourmet “see: real” pizza joints now essentially mean that there's no reason to go to Domino's, Pizza Quarter, Robin Hood, hell, even Pizza Express doesn't deserve a look in anymore. I'm not picking on Express here; I'm just saying that considerably smaller businesses than yours are providing provably superior pizza at the same cost. Either keep up or bow out.

I hope you're picking up the subtle subtext that I really like pizza, and if you haven't, then know it now. I really like pizza. Jersey has been blessed recently with some fantastic places to go and chase that cheesy dragon, and with the addition of one more, I can confirm that St. Helier is now a pizza hotspot. That's it, it's official. End of.

So, from what I can gather, PBC2 stands for Portelet Bay Café 2. Starting life in its namesake's bay, this café has gone from strength to strength. Offering more than your typical ice cream on a sunny Saturday afternoon and then closing as soon as the sun sets, Portelet Bay Café is a firm favourite throughout the island. With a small, seasonal and constantly changing menu, this café is set within a unique location, but is famed for its authentic wood-fired pizzas.

Due to the café's demanding methods of access, either by steps or by boat, it seems logical that, given their success, they should move to a more prominent and central location - and this is exactly what they have done. Just opposite the Parade Park, by the hospital and Cheapside, PBC2 is a welcome addition to Jersey's foodie fanfare.

Upon entering the restaurant, it was clear that it was new. The furniture still has that freshly made smell, and the walls are painted in a deep grey which really makes the bare wood tables and chairs stand out. My dining partner and I arrived 2 minutes after opening at 5.02pm on a Saturday and weren't really

surprised that we were the first ones in. The staff even seemed rather surprised that we were (figuratively) banging on the door urging them to feed us.

We had our pick of the tables, and chose to sit by the window. From here you get a nice view of Parade Park outside, and also of the open kitchen where a large cast iron wood-

product here, and they produce a solid pizza.

It's difficult to not compare PBC2 to the other new pizza places that have opened this year, because essentially they are producing the same product, but it's a different entity in itself. This is pizza in a different context to its Neapolitan brethren. It would be like comparing roast beef to a rib eye steak.

**“I chose a simple Margarita; I find it's always important to sample the classics, because after all, if the classics aren't up to code, then the foundations for further creations are ruined.”**

fired oven sits proudly in the corner. Chilli oil and black pepper grinders populate each table throughout the restaurant. This means you never have to have that awkward moment with a waiter, where you clumsily lean back and inevitably end up with far more or far less cracked black pepper than you require. The smell of burning wood permeates the restaurant, almost preparing your taste buds for the gastronomic delight you're about to experience. We started, as you so often would, with garlic bread. This arrived in no time, and consisted of an extremely thin and crispy crust with that sweet, fragrant and familiar garlic butter topping. The smokiness of the burnt wood really adds a depth of flavour to the pizza that just can't be obtained in regular ovens. We quickly demolished the garlic bread, and eagerly sat awaiting our mains.

I chose a simple Margarita; I find it's always important to sample the classics, because after all, if the classics aren't up to code, then the foundations for further creations are ruined. This was tried with a Diavolo, which quite simply means the Devil's pizza, and what a spicy little devil it was with its pepperoni and jalapeños. The thin, crispy base and crust are the fundamentals of the

They are essentially the same thing, but oh so different. This is honest, simple pizza without the bells and whistles of aged dough and specifically sourced tomatoes, but that doesn't mean it should be overlooked.



# The foodie 5 : top meaty treats

Food blogger Laura Dauny of *theislandplate* recommends her top meaty treats...



**WORDS** Laura Dauny

You've had a tough and exhausting day and all you can think about is something to satiate that serious hunger inside you. What is called for is a big plate of meat so that you can re-enact a medieval banquet and feel like a king tearing chicken off the bone with his teeth. Or you could pop down to one of these fine island establishments and order their best meaty treat while wearing a crown.



## The Tomahawk at Banjos:

a gigantic hunk of meat on a bone – there is little that that makes a dish more rugged even if you are in grand brasserie surroundings. If you can find a friend who's in a meaty mood then the 900g Tomahawk steak rib on the bone is a perfect sharing plate. Cooked to order and served with your choice of sauces, watercress and grilled vine tomatoes this beefy beauty will tackle your hunger head on.



## The Hungry Man special:

the pretty harbour location is hard to beat but even as the weather turns cold a venture to Rozel bay and the Hungry Man is always worth the effort. The chunky breakfast rolls are legendary but a true protein filled blow-out calls for you to order the beef burger. Each patty is made from 6oz of perfectly seasoned local Jersey beef with a regularly changing choice of special toppings. If you finish it all, you will happily lick your fingers clean so you don't waste a drop.



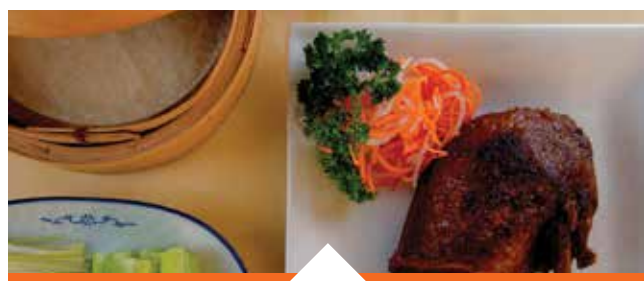
## Reef and Beef at The Salty Dog:

yes you might want some meat, but you're on an island surrounded by the sea so maybe you want something salty on the side. The Salty Dog's Reef and Beef is there to help you tick both boxes. A chargrilled prime Irish sirloin steak is topped with seared scallops and king prawns and a tasty chilli, garlic and coriander butter sauce. A delicious taste of the land and sea with a signature Salty Dog twist.



## The Grill at The Royal Yacht:

if chargrilled meat is your aim then the historic Grill at the Royal Yacht is ready for you. With a whole range of cuts on offer your ideal chunk of beef is only an order away, cooked to perfection and with all the classic accompanying sauces and sides to choose from. Grab a seat at the bar and enjoy a delicious, meaty mouthful with well-honed service.



## Szechuan crispy aromatic duck at The Mandarin Room:

a curveball option that delivers a serious amount of flavor and a finger licking meatiness. Thin and crispy skin flavoured, with spice and sweetness hiding unctuous meat, which is pulled apart into an addictive pile. Grab a warm pancake, slather in hoisin sauce, add cucumber, spring onions and a healthy dose of duck and then tuck in. You won't stop until the plate is clean.

Check out Laura's island food journey on [theislandplate.com](http://theislandplate.com) or follow [theislandplatejersey](https://www.instagram.com/theislandplatejersey) on instagram





# • THE • Genuine Articles



PHOTO Glen Perotte

## John & Angela Sowerby - *Jerriaise D'or Goat Farm*

*John and Angela of Jerriaise D'or Goat Farm in St Ouen are currently the only goat's cheese producers on the Island.*

The farm started in 2010 when the Golden Guernsey goats were reintroduced into Jersey by John and Angela and the process of organically increasing the size of the herd began. There is a history goatherds in Jersey, most of which died out during the Second World War, and many locals have fond memories of goats and particularly Golden Guernseys being kept by their families in their youth.

The Golden Guernsey are still a rare breed and John and Angela were delighted with the birth of 11 kids this year. The welfare of their goats is paramount. The kids remain with their Mums until weaned and

they continue to milk their girls by hand. Jerriaise D'or is the only goat farm in the Channel Islands which is a member of KIWA, the goat farming equivalent of Red Tractor. The KIWA assessor commended Jerriaise D'or on the farm for the wonderful environment created resulting in very happy and healthy goats.

Golden Guernseys are a relatively low yield dairy goat but the milk is high quality, creamy, but fresh tasting. There is an increasing demand for untreated dairy produce and Jerriaise D'or's hand crafted artisan products are unique - unlike the commercially-farmed goat products

available in the supermarkets. The milk is twice filtered, remains raw and is used to produce cheese, yoghurt, kefir and ice cream.

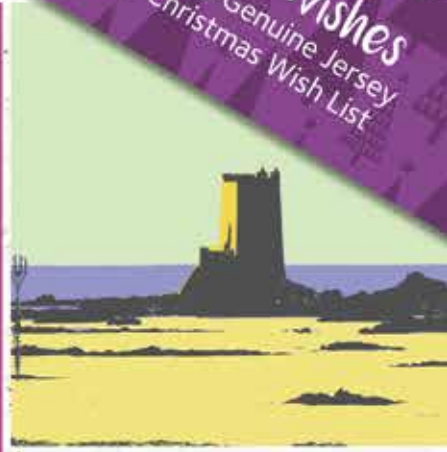
The fresh cheeses include the popular Jerriaise D'or Rosemary and extra virgin olive oil, Jerriaise D'or honey infused with Jerriaise D'or Lavender, Jerriaise D'or thyme, smoked spicy paprika and cracked black pepper or for those who prefer their goat's cheese unadulterated there is Au Naturel. In addition there is a aged goat's cheese which is a little special called Saulire (aka Fluffy Fuhka!) which improves with age to produce a more complex and fuller flavour.

The cheeses are available from the farm and from Relish in St Helier.





MARKETS | FARM SHOPS | RESTAURANTS

Christmas Wishes  
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# Appetite News



## Fantastic success!

Mark Jordan at the Beach has been awarded a Michelin Bib Gourmand for the seventh year running – the only restaurant in the Channel Islands to receive this honour. A Bib Gourmand might not be as well-known as the Michelin Star but is hugely popular with followers of the Michelin Guide. It's a value-for-money award which proves that great food doesn't have to come with a hefty price tag. And more good news is that Mark Jordan at the Beach will be open every day for lunch and dinner throughout November this year.

**To book call 01534 780180 or email [bookings@markjordanatthebeach.com](mailto:bookings@markjordanatthebeach.com)**

## Local talent recognised at a national level

The team from Tassili at Grand Jersey are celebrating, having been awarded four Rosettes by the AA at a gala event at Grosvenor House in London. This accolade, which ranks Tassili amongst the very best restaurants in the UK, is awarded to very few establishments.

It's a fantastic achievement for Nicolas Valmagna, Executive Chef and Luis Silvestre, Sous Chef at the AA Five Star St Helier hotel, who have been working tirelessly to put Tassili firmly on the map as one of the island's best gastronomic experiences.

Four Rosettes are awarded to restaurants, which, according to the AA 'exhibit intense ambition, a passion for excellence, superb technical skills and remarkable consistency' and where 'the cooking



demands national recognition'.

Nicolas' style is largely French with overtones of British cuisine. Simplicity, taste, produce and technique are all key to his philosophy as he strives to showcase the exceptional quality of produce available on the island.



## THE PERFECT SPOT FOR YOUR FAVOURITE TIPPLE

Roberto's Bar at The Savoy Jersey is a hidden gem on the outskirts of town serving a sumptuous, refreshed menu with an understated focus on quality of produce and service.

From its unrivaled collection of over 175 bottles of gin and an equally impressive collection of tonics and accompaniments, to the four nights a week of sophisticated music from some of the islands most well-known and talented musicians. You will be pleasantly surprised by the diverse musical offerings; from soothing latin and Jazz to punchy blues and funk, you'll struggle to find a more eclectic music calendar in St Helier.

The hotels' public areas, including the main restaurant -1840 and Roberto's bar have seen significant investment over recent years to the delight of its patrons.

If you are looking for an event venue for your family or work Christmas party, any day throughout December, be sure to get in touch with the Hotel Manager Robert Mitache.

**More details about upcoming events and party menus are available on The Savoy Jersey website. [www.hotelsavoyjersey.com](http://www.hotelsavoyjersey.com)**



## Raclette Parties

The fantastic team at CocoRico are ready to sate your Raclette cravings with their brilliant private parties. If you're looking for a more unique dinner venue for your birthday or christmas event then look no further. Delicious food and great wine all in a beautiful cosy setting - this bespoke event will be enjoyed by the whole party.

**There is a minimum booking of 15 people to a max of 30, very reasonably priced at £20 per head (wine not included). Email Sebastien at: [sebastien@cocoricojersey.com](mailto:sebastien@cocoricojersey.com) for more details.**

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# A TASTY LITTLE VRAIC-KET

WORDS & PHOTOS Russ Atkinson

If you go down to St Ouen today, you're in for a big surprise... Because if you're familiar with the beach at the end of a slipway notorious for its often knee-high seaweed that also happens to be the namesake of a local craft brewery, you won't find anything being brewed down there. Unless you count the vast mass of fermenting seaweed which gives the bay its unofficial name.



You see, Digby and Matt - the duo behind Stinky Bay Brewery - may happen to spend their time enjoying all that St Ouen's bay has to offer when they're not grafting away shovelling grain into vats and fermenting the fruits of their labour, but their impressive little brewery is hidden away elsewhere.

It's probably fair to say that almost every great success story, no matter how ridiculous or sublime, generally tends to have begun in a pub. Taking a break from working boats in Bermuda, Digby paid a visit to Matt, working in Canada at the time, and having consumed a fair bit of ale themselves one night these twenty-something childhood friends found themselves discussing the sheer volume of different craft beers out there and soon reached the point where they were asking themselves *'how hard can it be?'*

Easier than they thought, in fact - their first brew was pretty good, if they did say so themselves. Rather than getting blind drunk though, they soon discovered that it was more a case of blind luck. Their next few experimental brews were awful. This was May 2017, and having left their jobs abroad to focus on beer (and enjoy the Jersey lifestyle, of course) they spent nearly a year perfecting their recipe before being satisfied that they'd concocted a choice craft brew; the Session IPA.

Brewing four times a week - back to back - from out of a small garage, they frantically bottled enough batches to just about quench the thirst of their first few stockists, but were soon exhausted trying to keep up with the demand. Hand bottling and labelling also proved a chore, especially after a long day brewing, so they lured in friends with the promise of free beer and takeaways to help out. Slowly but surely, less and less of them turned up. After weeks of non-stop slaving, they calculated that even if they could work around the clock, they already had more orders to fill than they could possibly achieve in the next four weeks as it stood. They needed to come up with a plan.

Taking this summer to take a step back and re-assess their approach, they've now scaled-up their set-up with an investment in some not inconsiderably-sized, brand

new brewing kit, manufactured in England, and the bottling process has been outsourced to avoid RSIs. They've built it all into a much bigger shed, planning and executing the build themselves to 'take it to the next level'. Industrial racking houses clean kegs and the raw ingredients, ordered in bulk every six weeks (except the hops - a key ingredient - ordered on demand to ensure maximum freshness), as well as a workstation for keeping track of orders and organising deliveries.

Delve deeper and you'll discover the business end of the shed; vast stainless steel vats interconnected with a labyrinth of pipes, elevated on a slick-looking raised platform that belies its humble upcycled roots, built using pallet boards that were destined for incineration. They've also made sure that their water filtration and mineralisation system is on-point too - after all, beer is 99% water, they point out. 'It's been an emotional rollercoaster, but we're pretty optimistic', Digby assures me.

**"It's probably fair to say that almost every great success story, no matter how ridiculous or sublime, generally tends to have begun in a pub."**

Now capable of producing around 13,500 pints per month, the Stinky Bay Brewing Company brew in bulk every ten days, leaving enough time to also market their beers, experiment with new ones and fulfil orders islandwide making deliveries in their van - all of this while adhering to the *'four star rule'*: if Magic Seaweed gives the surf four stars or more, they swap beer for boards without hesitation. Striking the perfect work/life balance is their reward for all of the hard graft, and a great way of keeping focussed on achieving what they set out to do in the first place: make great beer, and the kind of beer that they enjoy drinking themselves.

And make great beer, they do. Earlier this year their Session IPA was joined by a slightly stronger brother;

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## CONTINUED...

Beached-Whale Pale Ale, which they describe as 'a craft beer that won't blow your head off'. What makes their brews so great, though? Stinky Bay's beers are all about easy drinking - channeling 'sitting outside down the Five Mile on a sunny day' and adding twists using non-traditional ingredients, such as orange peel for a bit of citrus zing. They told me that being in a position to use local ingredients would be a dream come true, but sadly even a full year's worth of Hamptons's yield of locally-grown hops wouldn't even be sufficient for one brew.

It isn't all bad news though, because their own specific blend of hops, sourced from farms in both the UK and USA, are sent to the Classic Herd farm in St Peter to be used as fertiliser once they're done with them, and the soaked grain painstakingly scooped out of their equipment before the meticulous cleaning process starts has been an instant hit with the cows at the farm come feeding time, too.

With a third beer, a coffee-ripened red ale (what was it I was saying about non-traditional ingredients?) coming to their line-up in the new year, they've also invested in a commercial grade, gasless twin-tap serving machine which is available for hire so that you can pour out Stinky Bay's finest at your event with ease. That's something that's well worth keeping in mind with the festive season approaching, and even into next summer, for those of you who are hideously organised individuals.

So, the beer is spot on - but what's been the worst part of growing their business so far? Delays. The new brewing kit arrived ten weeks late and their first outsourced bottle run was two weeks late, but they've received huge support locally and are eternally grateful for it.

Having ticked off the very important task of sampling their wares, talk turned to what might be the second most important aspect of their brand; the name. It's pretty bold in my eyes, as it sounds repulsive, yet the beers themselves are reassuringly tasty. I'm no expert, but I've certainly consumed beer before and I'll certainly be consuming Stinky Bay's offering again. They've hit the mark when it comes to easy drinking, with a noticeable hint of citrus, but it isn't overpowering - just refreshingly different. But why *Stinky Bay*? With a desire to adopt the name of a local landmark, they struggled to come up with anything that didn't sound painfully twee. That was, until they translated their penchant for non-traditional ingredients into one for non-traditional landmark names, settling on the lesser-visited bay behind L'Etacq where they played as kids. With a modern trend for outrageous craft beer names (anyone for a cheeky bottle of Tactical Nuclear Penguin?) they're first to admit that they're 'hardly out-there' when it comes to the brand and beer names, but they're still intriguing enough to get attention - even from locals who have absolutely no idea where Stinky Bay is!

Use of the term 'inspiring' seems played out these days, but having the ambition and drive to dive in and make a success of an idea that was hatched over a few pints on the other side of the world is admirable. It's the kind of venture that your mates are 100% behind (because they'd like free beer) yet none of them probably expect to ever work commercially. It goes to show that if you're passionate enough about something then you've probably already taken those vital first few steps on the road to accomplishment. As these guys kept reminding me, they're just in it to make great beer, whilst avoiding any of the pretentious stuff that's commonplace in craft beer circles. A simple recipe for success? I'll let you be the judge of that. ■

# places

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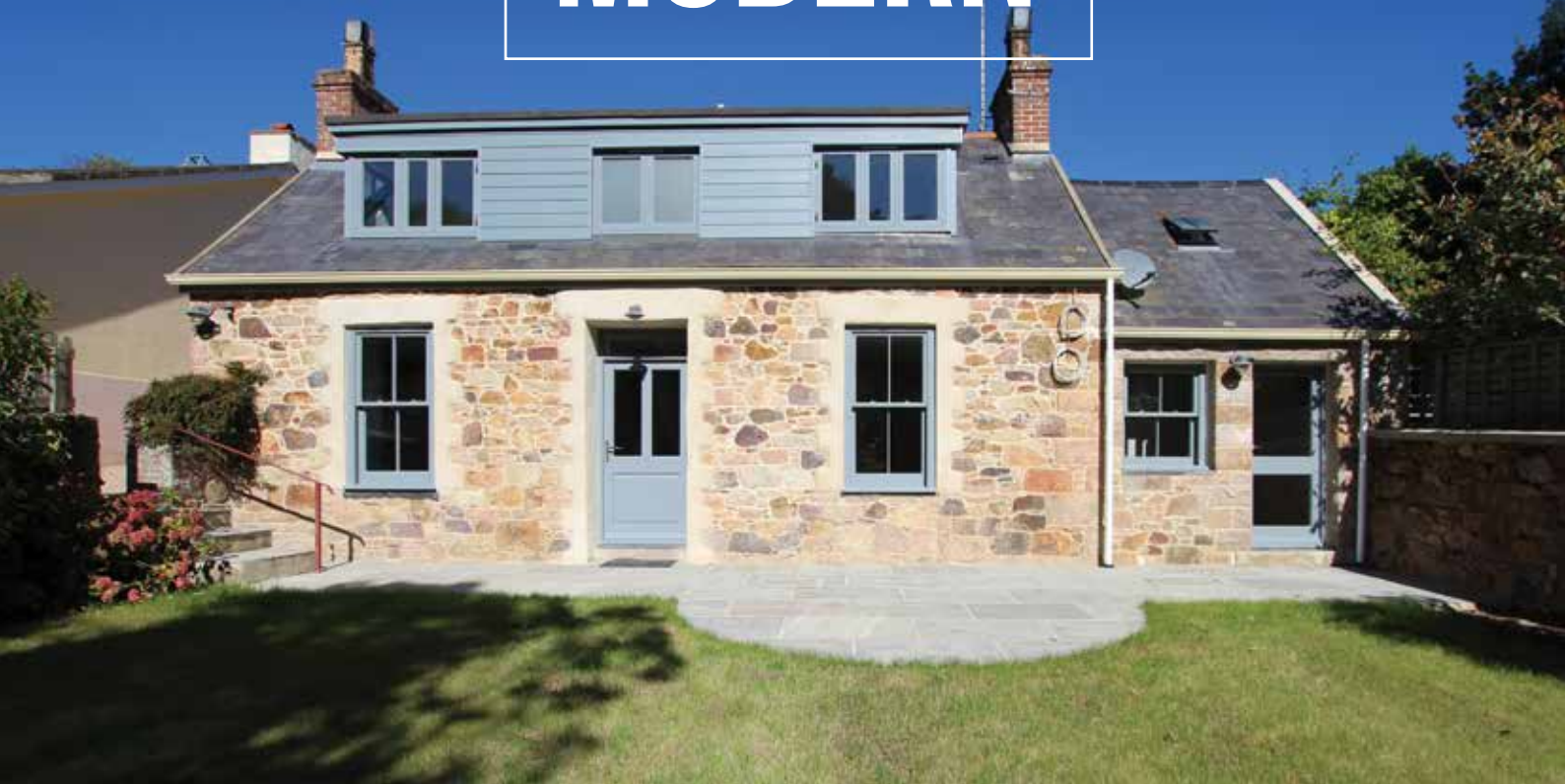
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# MERGED

*with the*

# MODERN



WORDS Imogen Pickering

Rose Valley is a newly renovated traditional Jersey granite cottage, offering a fantastic combination of traditional and contemporary design while providing all of the luxuries of a modern family home, without compromising on character.

Set in an idyllic location at the heart of St Martin's, Rose Valley is in walking distance of St Catherine's Woods, Rozel Harbour and beautiful country lanes. Virtually silent, the property sits amongst picturesque fields and rolling countryside, so as soon as you arrive, you truly gauge a sense of being away from it all.

When looking at Rose Valley from its gravel driveway, with parking for up to eight cars, you are met with a delightful south-facing garden at the front of the property. A plethora of mature trees and plants, garden shed and sandstone patio area make it the ideal space for family living and alfresco entertaining. Another garden



at the rear offers even more privacy, with its tiered design providing the space for a large vegetable garden, adjacent to the property's separate garage and workshop.

A slate grey door sets the tone at the entrance, with the neutral shade perfectly complimenting the solid oak and granite interior which runs throughout the rest of the house. A light-filled entrance hall sits between the living and dining room, where the quaint, original fireplaces contrast with the large glass panels which open up the space to add a modern touch whilst allowing even more light to filter through. Large wooden beams run across the ceiling of both rooms to remind you of the property's former state, providing a perfect blend of favourable features from both contemporary and traditional design.

Accessed via the entrance hall, or through the archway leading from the dining room, the property's long, rectangular-shaped kitchen is found at the rear of the house and overlooks the back garden. A stone tiled floor beautifully compliments the solid oak worktops and exposed granite wall, and the high-specification Miele appliances make this space a cookery-lover's dream. A separate utility is located at the far end of the kitchen which blends seamlessly into the rest of the room, with a back door opening out into the garden.

**“Large wooden beams run across the ceiling of both rooms to remind you of the property's former state, providing a perfect blend of favourable features from both contemporary and traditional design.”**

Following on from the kitchen and with its own access at the front of the house, there is a highly versatile annex within this property that offers an ideal space for a snug, home office, or guest wing. The mezzanine level is large enough to accommodate a double bedroom, study or teenage hideaway, with the space below also sizeable enough for lounge furniture, additional office space or storage units. The downstairs bathroom is shared with the rest of the house - beautifully decorated with a slate floor and monochrome hexagonal decor. It's truly impressive and sure to be appreciated by all design-savvy visitors.

Along with the double bedroom on the ground floor located across from the kitchen, the two additional double bedrooms are found on the top floor of the property. A striking glass panelled staircase, complete with LED wall lights, leads the way from the entrance hall and adds real wow-factor to the space.



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## CONTINUED



At the top of the stairs, the stark contrast between traditional and contemporary styling can be truly appreciated. With the state-of-the-art staircase behind you, traditional wood-paneled cottage doors, complete with cast iron thumb-latches and hinges, make the entrances to both bedrooms. Open those doors and you are met by two sizeable attic bedrooms, filled with natural light and with uninterrupted views over the front garden and fields beyond.

Between the two bedrooms, another house bathroom is located at the top of the stairs. Again, lover's of contemporary design will be greatly enthused by this polished limestone space - including walk-in rainfall shower, black marble wash basin and illuminated mirror. Timeless and elegant, it oozes luxury and commitment to quality, resulting in a modern sanctuary for relaxation and comfort.

When defining your design style, many will argue that modern is often too sleek and traditional too tired. A marriage of the two, combining traditional and modern furniture, finishes, materials and fabrics, will often result in an elegant, enduring design that is both comfortable and classic. Rose Valley incorporates exactly that, where even though traditional and contemporary schemes will often introduce opposing elements in design, this property strikes the perfect balance between the two. No expense has been spared on ensuring this level of design is as exceptionally beautiful as it is functional.

Rose Valley is a property bursting with character on multiple levels. It encompasses everything from the warm welcome of a traditional family house, to the modern luxuries of a contemporary show home. Perfectly suited to the homeowner that wants the best of both worlds, viewing of this property is not to be missed.



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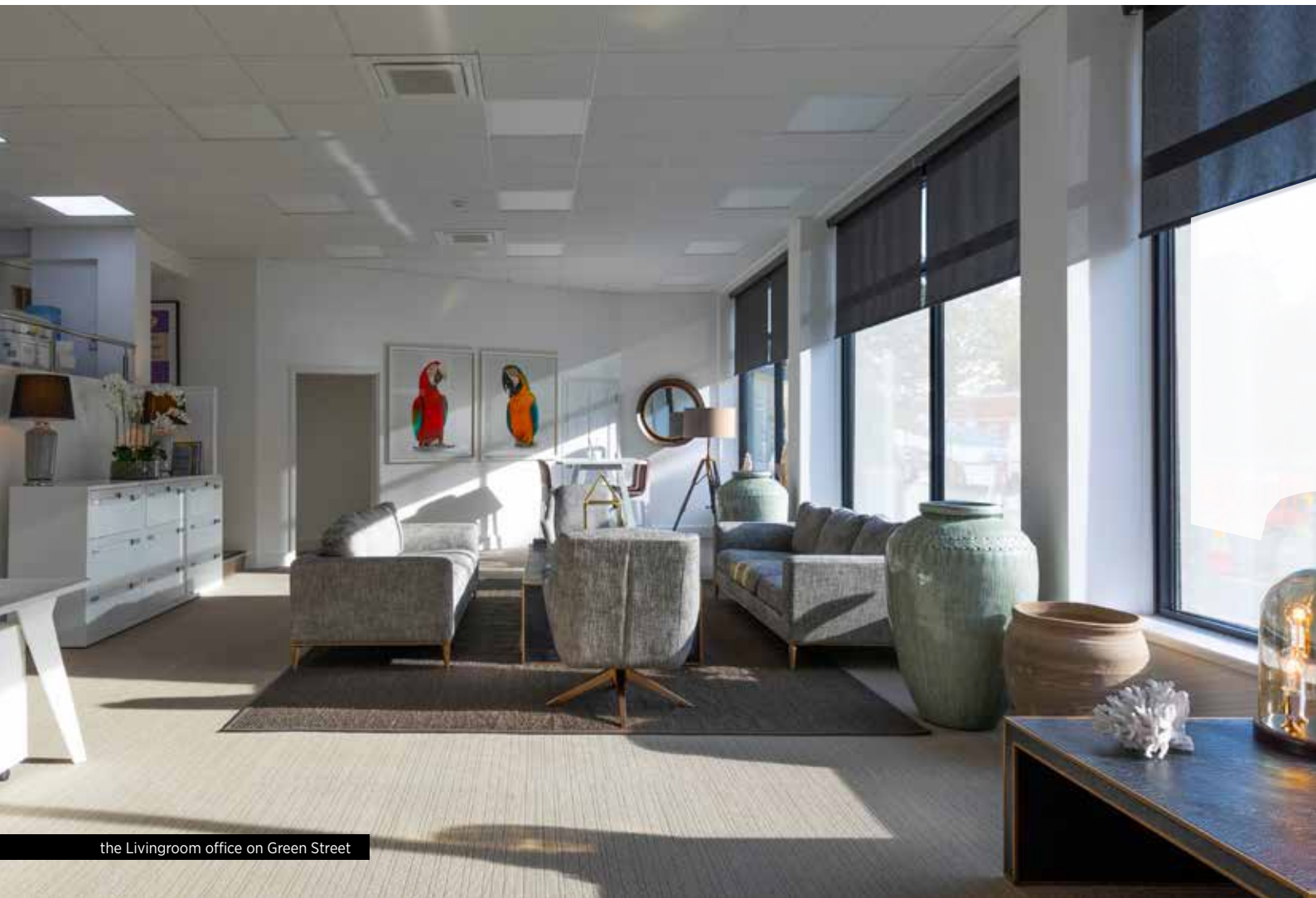


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the Livingroom office on Green Street

## ROOM WITH A VIEW TO SUCCEED

**When you meet Simon Torode you instantly understand why his brand, Livingroom, has set itself apart from its competition and become an award winning property business. As we meet at his office, his design led, marketing driven approach is clearly evident; clean lines, good technology, engaging art and considered soft furnishings; designed in a way that only a man who also has an interior design business would approach the issue of office layout. Coffee in hand, sitting across the comfy couches from him in what could, quite literally, be a living room, he tells me that he's just got back from California.**

That's right. Not content with building a crack team of staff ahead of Livingroom's Jersey launch, rebuilding a new website, designing and installing a cutting edge office in a former law firm's space on Green Street and moving into a new house at Green Island, Simon found time to take a break. He tells me that it was booked 'way in advance' and that going was the right thing to do. I'm with him. I sometimes focus best when away from the office. It seems like the new team is already gelling and despite his geographic distance, he still managed to get everything ready for launch last month.

I first met Simon when we established a Gallery franchise in Guernsey. We were essentially on a similar quest; to take a quality led, design conscious proposition in a market often fraught with reputations to the contrary. We tried to manage Gallery Guernsey with a commute. This is, however, no outpost for Simon. Despite Livingroom still leading the way in Guernsey, he is now very much on this side of the water and a new Jersey resident. Why now? Well, having operated in Guernsey since 2006 and with a raft of property industry awards to his name, he wants to position the business as the strap-line implies; 'The Channel Island Estate Agent'.

It's a smart proposition. Whilst real estate will always be a business driven by one-to-one local relationships, the pan-island, international approach makes a lot of sense - particularly when you invest in the presentation of your business and the means to market that Simon and his team employ. Having a full time creative and drone-pilot to ensure quality photography and also embracing digital marketing in an intelligent yet not automated way, means the company is out to raise the bar. Simon also tells me their paperwork procedure ensures every i is dotted and t crossed, ensuring a service level. They even keep paperwork in the former law firm's underground vault.

All industries benefit from a new entrant with the Livingroom kind of approach and I think we, as property hunters and sellers, will too.

## MEET THE TEAM / LIVINGROOM

**SIMON TORODE**

FOUNDER, CEO

Simon returned to the Islands following a successful career in London as an advertising creative. While working for an estate agency, Simon realised there was a way to integrate creative skills with his passion for property. His applied knowledge of property, photography and brand design has always been the driving force in Livingroom's unique brand position.

*"Our principles at Livingroom apply to all. Whether selling or buying a £150k studio or a £25m mansion - everyone should feel they are the focus of our work and we are determined to make sure our clients stay with Livingroom because of the innovative quality of service they receive."*

**CLARE TIMLIN**

RESIDENTIAL LETTINGS

Clare's Jersey story is a familiar one - she came to the island for six months more than 25 years ago and has simply never left. With more than a decade spent in estate agency, across both sales and rental, her love of the island is now expressed through helping others to find their dream homes here, whether they are locals or those moving to Jersey.

*"Building relationships is all about the level of service you provide. Client service is at the heart of Livingroom's ethos and our strong work ethic is going to ensure we continue to grow the company we're proud to represent."*

**ANGELA BINNIE**

RESIDENTIAL SALES

Angela may be Scottish by birth but she's adopted Jersey as her home and has family links to the island. She is experienced in the sales profession and has combined her passion for dedicated customer service with a love for property. Angela's knowledge of Jersey and enthusiasm for matching someone to their dream home is infectious.

*"We're trying to refresh the Jersey market and restore some faith in the industry in the island through hard work and a professional approach - that's something to be proud of."*

**MARK VIBERT**

RESIDENTIAL SALES

Jersey-born Mark is a consummate professional bringing exceptional connectivity to Livingroom. After starting life extracting local granite and importing fine stone for use in luxury homes, Mark transferred his skillset of handling precious goods to selling property. Mark has sculpted a great reputation for prioritising clients' wellbeing and satisfaction.

*"An agency that puts the client first prides itself on its levels of service and does things differently is exactly what Jersey needs. I'm excited to be part of Livingroom - connecting a lifetime of Jersey contacts to a very new and refreshing approach to property sales."*

**ANDREW HABIN**

CREATIVE

Andrew brings more than 10 years' experience in professional photography to the Livingroom creative team. Andrew boasts an enviable CV, travelling the world working for prestigious clients. His work is pre-meditated and planned, ensuring he provides the best images to all clients of Livingroom irrespective of property value.

*"Livingroom's focus on creativity and design is what makes the company truly unique. I have no doubt that Livingroom will add great impact to the property market in Jersey, like it did in Guernsey, and that is something I am proud to be a part of."*

**CLARE MILNE**

OFFICE MANAGER

Having grown up in Jersey, the island has always been home to Clare. With more than 20 years experience in the property industry across construction, admin, sales and lettings, Clare brings enormous experience to Livingroom. She prides herself on excellent customer relations making her an invaluable anchor to the Jersey team.

*"I am so proud to work for Livingroom because of what they have achieved to date. I have watched their evolution and creative, innovative approach hoping they would one day move to Jersey and now I am pleased to be part of a team that hopes to reinvent how agents are perceived and how property is presented."*

If you're looking to sell, it's really worth a trip to go and see the Livingroom office on Green Street for an example of how their approach manifests itself physically with a homely and welcoming interior design led space and the super friendly team above!



# MORTGAGES IN JERSEY

There have been five changes in our Best Rates chart this month, with only two nudging up by a few basis points, whilst three have been marginally reduced. This is yet again a clear indication that the market is stable for the time being, although the outcome of Brexit presents a very real threat to this stability as the deadline of March 2019 approaches.

What happens next? The Bank of England have maintained that any future increases in base rate are likely to be at a "gradual pace" and to a "limited extent", which can be interpreted in a number of ways. Certainly, if Britain ends up with no deal and the economy takes a nose dive, rates are just as likely to fall again, as they are to rise. The general consensus however, is that Brexit will move forward in some form or other and this will result in gradual increases of 0.25% during the next few years.

In comparison to ten years ago, mortgage interest rates are a fraction of what they used to be and a whole new generation of borrowers has grown up without experiencing the trauma of interest rates rising to double digits. With a buoyant local economy, any increases, especially for homeowners who have locked into fixed rates, are unlikely to be felt for several years and should be cushioned by rising salaries.

## Best Rates - Pick of the Bunch (% loan to property value/price)

60%	Tracker	1.39%
60%	2 Year Fixed	1.39%
60%	5 Year Fixed	1.84%
60%	10 Year Fixed	2.49%
85%	Tracker	1.82%
85%	3 Year Fixed	2.04%
85%	5 Year Fixed	2.14%
90%	Tracker	1.94%
90%	5 Year Fixed	2.34%
95%	2 Year Fixed	3.29%
95%	5 Year Fixed	3.59%
100%	5 Year Fixed	4.74%
60%	BTL 2 Year Fixed	1.69%
60%	BTL 5 Year Fixed	2.49%

Rates correct as at 1 October 2018  
BTL = Buy to let mortgage

## THE PROPERTY MARKET

This year has been exceptionally busy for everybody involved in the property market, and it is only now, with an end to the summer holidays and a return to work that things have started to slow down. This in turn means that the pressure on prices has reduced, which is not a bad thing, considering the significant increases in selling prices that were recorded earlier this year, and which were surely unsustainable.

An interesting by product of higher property prices is that many house owners are daunted by the prospect

of spending several hundred thousand pounds to upgrade to a larger property with extra bedrooms they are instead staying put and building extensions or generally upgrading their existing homes at a fraction of the cost. Paying for home improvements is usually done by releasing equity from the property and this in turn will give the owners the opportunity of thinking about a remortgage to another lender, frequently at a significant saving on what they are currently paying - why not give the team at The Mortgage Shop a call on 789830?

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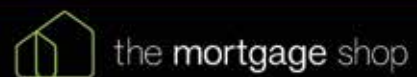
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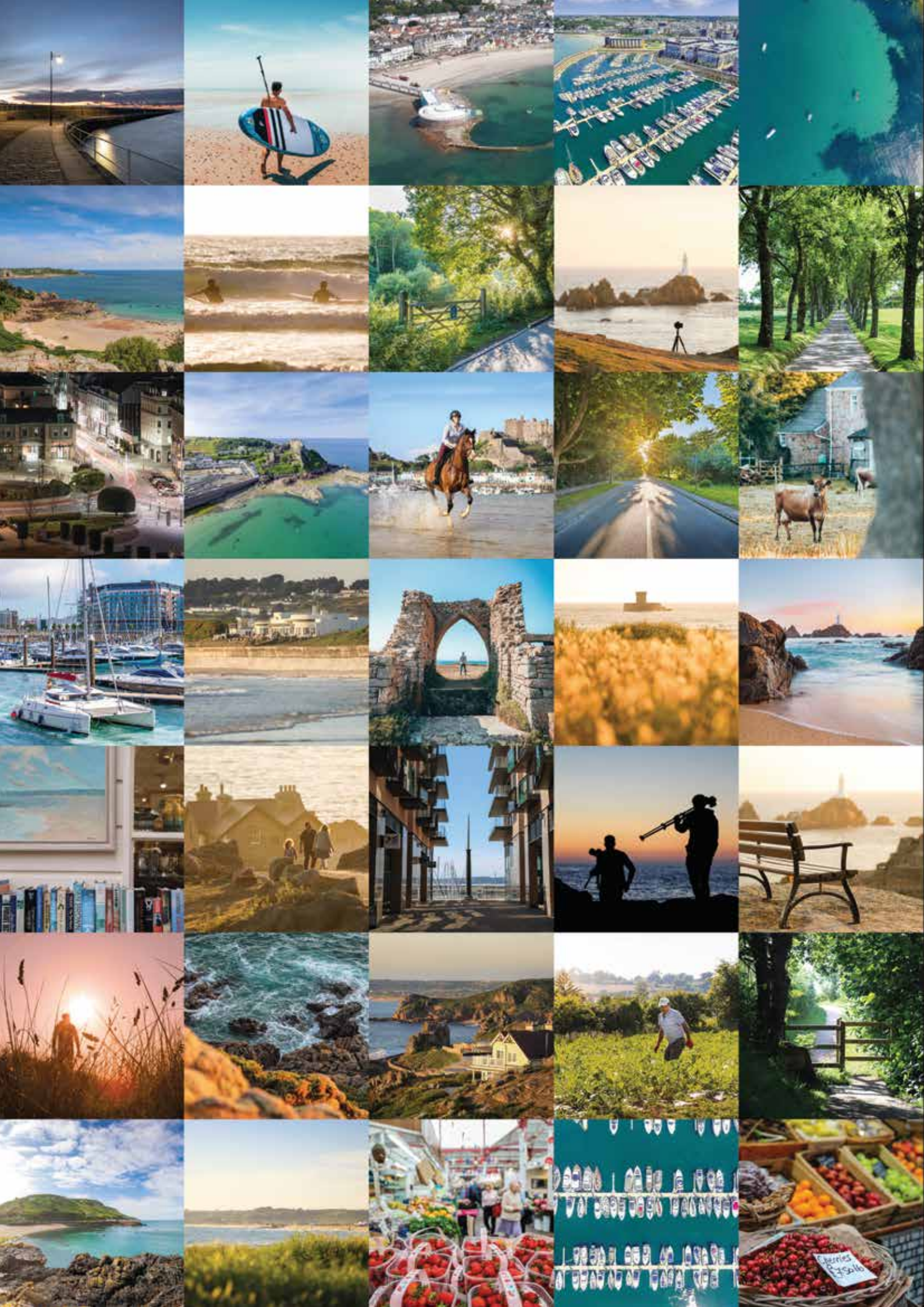
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# Interior News



4



5



2



6



3



1

Your home office is a quiet haven where you work hard, make plans and get organised. The right environment is vital for efficiency and when you introduce a desk that blends form and function to meet your needs, your office becomes all the more effective. With a variety of products available here in Jersey, it's easy to find a piece with all of the key features you need for day-to-day use that complements your existing decor.

## 1 TOM SCHNEIDER LARGE SWIRL DINING TABLE, DAVID HICK, £2,930

This aesthetically striking table with its rolling curves shows off the natural beauty of the wood on this simple, uncluttered design. The Swirl dining table has become a Tom Schneider design classic.

## 2 SWAN DESK, MYPAD, £225

This beautiful desk has a timeless shaker design. Perfect for home offices and children's bedrooms alike, the solid pine frames ensure a sturdy and durable construction. The handy storage drawer, cupboard and option for additional shelving makes this desk highly versatile and its stone white lacquered finish makes it the perfect accompaniment to any interior style.

## 3 JULES OFFICE DESK, MYPAD, £779

Made from recycled boat wood, with each piece possessing unique details of the original features, paint, and etchings on the timber, this unique office desk would make a great piece for any home office. It's steel frame pairs beautifully with its wooden exterior, creating an industrial look that complements a variety of contemporary interiors.

## 4 CLOSE WALL DESK, MYPAD, £470

Perfect for kids and teenagers who don't require a permanent workspace, this compact desk saves space by folding up against the wall. With a choice of decorative melamine wall covers, including a range of fun patterns or just blank, this handy little console allows you to make it your own.

## 5 STICK DESK, MYPAD, £460

For lovers of minimalist design, this modern and sleek Scandinavian-style desk makes the perfect addition to your home office. With its white lacquered fiberwood top and natural finish solid ash legs, design meets functionality for this classic Nordic-inspired staple.

## 6 TREXUS CORNER DESK, PAPERCLIX, £136.29

Functionality meets style with this simple and effective desk by Trexus. This perfect no-frills console features silver coated double strut legs, complete with a heat resistant white melamine finish, height adjustment and three cable ports to provide everything you need for your office.



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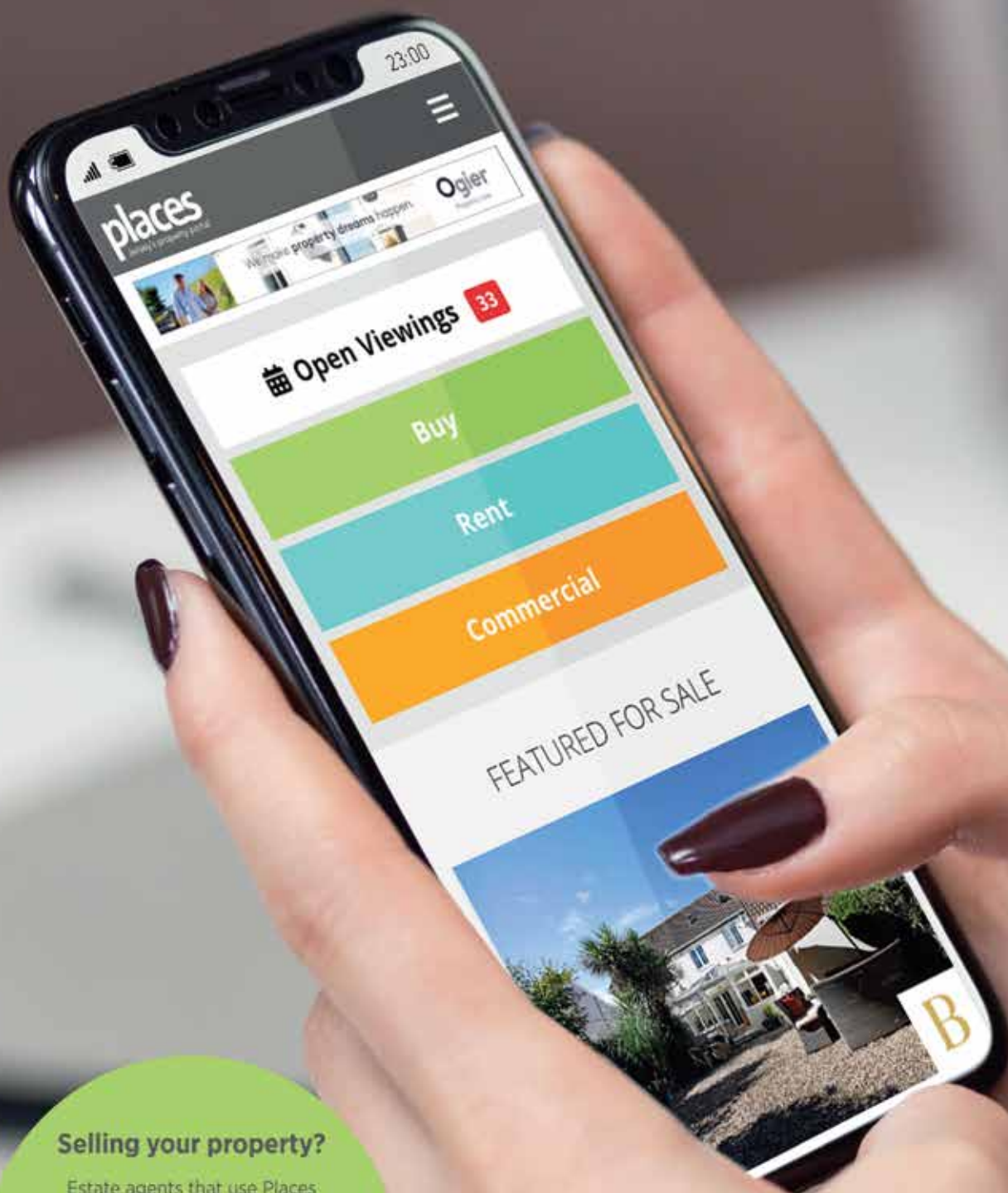
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# places **FEATURED**

Here are some of the latest family-friendly instructions from these great agents...



**Family home on the outskirts of town**

**£535,000**

This family home is ideally located on the outskirts of town and within minutes from St Andrew's and Millbrook Park, the beach, cycle tracks and schools. The property comprises four bedrooms, two bathrooms, each with bath and shower cubicles, living room with functional granite fireplace, large kitchen/diner, study/office and the master bedroom benefits from a fantastic balcony which looks over the roof-tops and out to sea; enclosed private decked garden and off-road parking. Early viewing is essential for this popular property.

**LEARN MORE: 01534 888139**

**Bluebon Homes**



**Terraced granite family home**

**£699,000**

This granite terraced family home is presented for sale in pristine order throughout. Constructed only 9 years ago, it is of high specification and has been well maintained throughout by the current owners, offering excellent accommodation arranged over three floors. The open plan living room/diner is generous, and overlooks the delightful garden. Oak wood flooring has been laid throughout this floor, giving the property that 'country' feel. Fully fitted with quality Neff appliances is the kitchen, providing ample space to accommodate family meals together and is the heart of the home.

**LEARN MORE: 01534 639955**

**NOAC**



**Detached bungalow on a substantial plot**

**£725,000**

This detached dormer bungalow occupies a substantial plot near to all of the amenities at Red Houses and Quennevais yet is quietly tucked away in a private lane of similar houses. The property offers generous living accommodation for the growing family and has the added benefit of possible guest accommodation or additional living space. The property briefly comprises of 4 bedrooms, 3 bathrooms, large lounge, fitted kitchen / dining room, large south west facing decked garden and parking for 7 cars.

**LEARN MORE: 01534 710710**

**Red Properties**



**Immaculate detached family home**

**£1,050,000**

Situated in a private quiet cul de sac in St Saviour. A detached family home which is presented in immaculate walk in condition throughout. It comprises a good-sized living-room; family-room with an arch through to the kitchen and a conservatory; utility-room, cloakroom and children's bedroom; a main bedroom suite with balcony, dressing-room and ensuite bathroom. There are 3 further double bedrooms and a house bathroom. There is a good sized child friendly safe private patio and garden. To the rear and to the side there is a decked area with hot tub. To the front of the property there is a heated pool surround by lawns ideal for sun bathing and a further entertaining area. There is also a integral garage and parking for 5 cars.

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# BUSINESS

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# Business News

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## Finance Industry Figures Reveal an Upbeat Picture for First Half of 2018



Latest figures on the size of the finance industry in Jersey show banking deposits are rising and the value of the funds industry is at a record high. The net asset value of regulated funds under administration grew by £15 billion during the second quarter of 2018 to stand at £296 billion at 30 June 2018, the highest recorded figure to date, while banking deposits are also higher at £121.2 billion, the most since March 2016 and £5.7 billion higher than in March 2018.

Private equity fund values rose by nearly £4 billion to £86.5 billion and real estate

increased by £2 billion to £39.5. Hedge funds values increased by nearly £4 billion to £54 billion and the combined total of infrastructure, credit and debt funds was nearly £10 billion higher at £59.6 billion.

To add to the encouraging picture, live companies on the JFSC register have also climbed since December 2017 by more than 500 to stand at 32,618 companies. Company returns increased from £150 to £210 this year (if you get them in on time) which is a cheeky £2m extra income. We hope JFSC staff got a free coffee machine at least...

## Aztec supports Butterfield

Aztec Group, has supported Butterfield Bank with the incorporation of their new office in Jersey. This follows the bank's announcement in February that they had reached an agreement with Deutsche Bank to acquire its banking and custody businesses in the Cayman Islands, Jersey and Guernsey. Listed on the New York and Bermudian stock exchanges, Butterfield provides a range of banking, wealth management, custody and trust services to clients from offices in Bermuda, the Cayman Islands, Guernsey, Switzerland, Singapore, The Bahamas and the United Kingdom. Aztec Group was appointed to support with the incorporation process, including the set-up of the relevant entities and the provision of company secretarial services and interim directors. Going forward, the Group will continue to provide a range of corporate administration services to the bank. Grant Collins, Director and Head of the Group's Corporate Services team in Jersey, said:

"Jersey has a well-established and mature banking sector, so the incorporation of new banks on the Island, particularly those of Butterfield's stature, is certainly not something we see every day. It needed a collaborative effort to deliver a successful outcome that not only met the requirements of the bank, but also aligned with the Island's existing regulatory framework. Working alongside their advisors, Carey Olsen, we are proud to have played a central role in this process and congratulations to all involved for their hard work and dedication."



## Samphire celebrates first six months with a Michelin star

Samphire is celebrating the award of the Michelin Star, an amazing achievement, just six months after opening. The world's highest gastronomic award is given only to those restaurants that can demonstrate excellence, consistently, in the creation and serving of their food. With the highest quality ingredients, professional staff and an outstanding ambience, Samphire stood out for the Michelin judges. Samphire and its sister restaurant Street, which is pioneering street food, get full marks at Gallery. The team that manages both venues has served up comfortable and appealing experiences when compared to Jersey's hospitality sector, consistently recognised with fantastic customer feedback. Head Chef Lee Smith's individual blend of traditionalism and innovation in his cuisine and his focus on producing simple, well cooked food has gained him an enviable reputation among local chefs.

Samphire Chief Executive Chula Whelan said, "I cannot describe just how proud and excited we are to have been named in this year's Michelin Star awards. We have worked so hard on every detail of the business. It is important to say that even with this incredible award, Samphire is a vibrant venue for all people, whether they are dropping by for a coffee and a chat with friends or sitting down for an exquisite dining experience. Of course, we have to ensure our food is of the highest standard, not just on one day but every day. The Star is recognition of the whole experience and for that I have to thank each member of my team - they have been outstanding'.



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# Business News

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## Best Customer Service goes to Rivoli...

Rivoli Jewellers, Jersey has been awarded Best Service in Retail at the Sure Jersey Customer Service Awards last month. Thousands of Jersey customers took the time to nominate individuals, teams and businesses for their amazing service. Rivoli was delighted to have been nominated and subsequently win the Retail category thanks to nominations from customers with fantastic stories of the Jersey team going the extra mile. The Jersey Customer Service Awards recognise and celebrate those who do a brilliant job – and inspire others to do even better. David Speed, Managing Director commented; “The team at Rivoli were all thrilled to receive this award. We have been shortlisted for a number of awards this year, however winning a local Customer Service award, voted for by our customers, is arguably the most important. Great customer service is the key to survival on the high street, now and in the future, and we are thankful to our customers to receive recognition for our efforts”.

## Intertrust STEPs up to Platinum

Intertrust has been accredited as a Platinum Employer Partner across six jurisdictions by the Society of Trust and Estate Practitioners (STEP), across its offices in Jersey, Guernsey, Switzerland, Hong Kong, Singapore and China. STEP's Employer Partnership Programme (EPP) has been designed to help employers maximise the learning of their STEP members. It provides a set of quality standards and a variety of additional support to help organisations enhance their employee's developmental journey.

The three-month process involved meeting with STEP, collating relevant data, providing evidence of Intertrust's work culture, the learning opportunities available for employees and appraisal and development information. The team also had to evidence how they structure their training, mentoring and monthly check-ins. An employee from each of the jurisdictions completed a telephone interview with STEP to explain what they do and the training support they receive. Intertrust's One Journey initiative was a further key component to its accreditation. The initiative focuses on the theme of building trust within teams and across the organisation by exploring core building blocks of listening, developing a feedback culture and empowerment.

Intertrust also submitted an article on the work they have done in the office around mental health. In Jersey, Intertrust has taken part in activities like yoga, walking and listening to daily podcasts which provide tips and tools to support good mental health. Intertrust also teamed up with local charity Mind Jersey to give talks to employees to encourage them to think and talk about their own mental health and wellbeing. Lisa Bragg, HR Director at Intertrust in Jersey, said “At Intertrust our employees' health and wellbeing is a priority for us so we have a session on mental health as part of the hiring process so that employees know from the start of their journey with us that we have an open and supportive environment.”

The programme also provides companies with a toolkit to help them deploy high-quality learning and development, thereby enhancing the engagement of employees and improving organisational capability. The standards are designed to support the integration of learning into working practice and therefore performance at individual, team and organisational levels.



## Stars, Rosettes and Duck beating for Bohemia

Michelin starred Bohemia has for the second year running been awarded five AA rosettes. Last year Bohemia set a record for Jersey as being the first restaurant in the Channel Islands to receive five AA Rosettes and is continuing this success for another year.

17 restaurants in the UK hold five AA rosettes and Bohemia is the only restaurant in the Channel Islands to have achieved this award. This supreme accolade is the highest AA rosette ranking that a restaurant can achieve. Five AA rosettes are only awarded when the cooking is at the pinnacle of achievement and when flavours, combinations and textures show a faultless sense of balance, giving each dish an extra dimension.

Head Chef Steve Smith said: “I am absolutely delighted and lost for words at receiving this highly prestigious accolade. To receive this award again is an enormous accomplishment and I will be celebrating with my whole team at Bohemia. We strive to create unique and innovative menus for our customers so that they have an exceptional dining experience; therefore I am truly delighted that the hard work of our fantastic team at Bohemia has been rewarded.”

Bohemia has also been listed as the best restaurant in the Channel Islands, at an outstanding No. 14, in the Waitrose Good Food Guide's Top 50 Restaurants 2019. This is a great achievement for Bohemia as it has the same score as Heston Blumenthal's The Fat Duck (3 Michelin Stars).



## Charming and Traditional Granite New Build

An exciting opportunity to purchase a charming traditionally built property in the heart of St Ouen. This detached granite farmhouse style building was built only two years ago with no expense spared providing a high quality finish combining old and new. This 4/5 bed, 3 bathroom house offers exceptional modern living accommodation. The kitchen is the heart of the home with solid oak cabinetry, granite worktops and quality appliances. The Oak theme is continued throughout the house in the skirting boards, doors and stair case.

There is a low maintenance garden to the rear with a large patio area, perfect for enjoying the sun. To the front there is a very large paved area providing plentiful parking and there is a triple garage which is currently utilised as a workshop/hobby/craft room plus upstairs floored storage area.

Providing around 4,700 sq ft of living space, West Winds is a spacious, light family home set in a large plot and bordered by farmland. For those wanting the ultimate country living abode, look no further.

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# THE EXTREME CYCLIST

*Enduro Cyclist Richard Payne explains how he runs two businesses while competing at an elite level*

WORDS Julia Hunt

**It's 35C in the shade, but there's no shade on your track. You've ridden over 40km but have many more to go. You're hot and thirsty, exhausted and in severe pain. This is the point where most of us would give up; check in to a hospital or at least a bar.**

For Enduro Cyclist Richard Payne, pushing your body to the max is just part of the sport. As one of the top 100 ranked Enduro Cyclists in the world, and one of the top 15 in Britain, Richard is used to toughing it out. Despite fracturing his wrist during a competition in Spain, Richard finished the

race, and his biggest concern was missing the end of the season.

In 20 years of racing, Richard has built up a reputation on the Enduro circuit, competing across Europe, plus places such as Chile and New Zealand. Over the past five years

Richard has also built up his own businesses – as a stonemason with I Love Masonry and as a designer of cycle clothing with Remap Clothing – businesses that combine his love for the outdoors and his passion for cycling.

“It can be a love-hate relationship with the different businesses,” Richard said. “I really enjoy the stonemasonry and running my own business gives me the flexibility I need for training and competitions. However, sometimes when you've been outside in the rain and cold all day working in winter, the last thing you want to do is go out on the bike to train. Stonemasonry is a physical job and there are days I envy people who work in offices.”

Richard began working as a stonemason when he moved to Jersey 10 years ago, setting up his own business after he was laid off.

“My favourite part of the stonemasonry work is restoring old granite farmhouses. There are some beautiful properties here which require traditional lime work, and I’ve also been lucky to work on some cool new builds. I began the craft learning on the job, and still regard every day as a school day.

“I work by myself and have to time jobs around competitions, so I don’t start something just before going away. Some trips can be up to three weeks, and there are lots of weekend competitions too. I also train for at least an hour a day – going out for a ride or using a static turbo trainer for interval sprints if the weather is too grim.

“The sport has a positive effect on the business side. It makes you more disciplined and better organised. You learn to manage a budget for races, and manage your time and training efficiently, all things which help when running your own business.”

Richard set up his second business, an online cycle clothes shop, two years ago with a business partner because he couldn’t find anything he wanted to wear on the track.

“A lot of the kit out there was a bit boring and I wondered how hard it would be to create my own. I’m not a fashion icon and didn’t know anything about clothing manufacture so it was harder than I thought. I knew what I wanted, I just needed to find someone to make it. I researched cut, fabric and sizing and compared manufacturers in China, India, the UK, and Italy. In the end we went with Italy because they offered the best balance between quality and reliability. The UK was too expensive; the quality wasn’t what we wanted from India, and sizing was always wrong from China. We’re now selling kit to riders all over the world – in Europe, China, Canada and the USA.”

At 33 Richard is aware he probably only has a couple of years left at Elite level before moving down to his age category, so he’s determined to make the most of it.

“You can’t stay at this level forever. I’m not admitting defeat, but I know there will be a point where things change, so it’s good to have the businesses as part of my life too. Enduro Cycling puts your body through a lot. I’ve had several concussions and shoulder dislocations, and once broke my ribs. That was the most painful thing – I passed out in hospital when I sneezed.

“Most rides are up to three hours and races can be 40 to 50Km so you have to be really fit. I’ve got a fitness programme with Jersey Sports Foundation, which is

great for motivation and it helps me monitor my fitness during the season.

“October is normally a rest month, which fits with my fractured wrist this year. We train from November to March, then compete over the summer. The Sports Foundation also helps with nutrition, and planning, and with other things like dealing with stress. It’s really good to be able to talk to other athletes who do different sports but who have a lot of the same concerns.”

Although Richard eats healthily, like many of us, he has a weakness for chocolate. I’m sorry not to be able to offer him cake, but the beach café where we meet is closed, so we make do with sunshine and a sea view.

**“You can’t stay at this level forever. I’m not admitting defeat, but I know there will be a point where things change, so it’s good to have the businesses as part of my life too.”**

“Chocolate is kryptonite.” Richard said. “I have to fuel up before and during a race, but it’s always about getting the right balance of carbs and protein and fats. I wear a heart rate monitor to keep track of how much energy I’m using and how much I need to eat, but a lot is about knowing your body. I’ve been cycling since I was 11 or 12, and competing since I was 13, so I generally know what I need.”

Mindset is just as important as training or diet, with the balance between fitness and skill shifting the harder the course.

“Competitions at this level are probably 40% fitness and 60% skill. As the races get more difficult you need more skill to be able to keep the speed up without getting hurt. You have to forget the fear if you’re going to have any chance of succeeding. If you worry about crashing, you can’t do it. I’ve been racing for so long I just black it out.”

Sport versus business? Richard may prioritise sport, but his businesses still get plenty of time and attention, especially while he recovers from an injury.

“You can still run a business and compete in a sport.” Richard said. “You’ve just got to keep cracking on. Whether it’s the business side or the athletics side, hard work pays off and you will get there eventually.”



# Movers & Shakers

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Neil Black, David McNay Head of Funds ZEDRA Guernsey and Adam Buckholt

## Promotion and a new senior hire at ZEDRA.

ZEDRA Group has announced the promotion of Adam Buckholt to the board of ZEDRA Fund Managers, recognising his significant operational contribution to the business over the past three years. In this new role, Adam will be responsible for overseeing and managing the production process for fund accounting, valuations and transfer of agency. Adam has over 15 years experience in the Funds sector. To further support our growth, Neil Black has also been appointed as an Associate Director and Head of Governance and Compliance within the Guernsey funds team. Neil's previous role prior to joining ZEDRA was as a Director of Mid Europa Fund Management Limited, a Guernsey based designated manager. Neil has a broad range of senior funds experience and specialises in corporate governance and compliance. David McNay, Head of Funds in Guernsey commented "Adam and Neil are key members of our senior management team and their combined experience and skills will be instrumental in helping to build the right structure to enable us to maintain our reputation for growth, innovation and excellent customer service. Both individuals are highly respected members of the industry and we are looking forward to seeing them develop and drive the business forward over the coming years".



## Rosborough Healthcare appoints medical insurance expert

ROSSBOROUGH is delighted to announce that Kim Davies has joined its healthcare team as Health and Wellbeing Manager. Kim has 13 years' UK industry experience, specifically within employee benefits including pensions. She also has experience in managing company dental and cash plans from Simplyhealth (previously Denplan). In her new role, Kim will work alongside clients to help create and shape corporate health and wellbeing strategies, centred on the physical, mental and financial wellbeing of employees. Kim will also be responsible for developing Rosborough's health and wellbeing strategy for its employees across the Channel Islands and Isle of Man.



## Two new faces at Pinel

Pinel Advocates is delighted to announce the recent addition of two new recruits to its Corporate and Commercial team. Both Roisin Hocking and Adam Diamond have joined as a Legal Assistants and will undertake a range of corporate and commercial work. Roisin joins Pinel Advocates from a larger Jersey law firm and brings employment and probate experience to the team. Roisin completed a law degree and the Legal Practice Course at the University of the West of England, Bristol. Adam completed a history degree before the Post-Graduate Diploma in Law at BPP Law School, Cambridge.

"I've worked closely with Rosborough and its healthcare team since my early days at Denplan and I've always found them to be very professional, with a real integrity and desire to do what's best for the client," she said. "I'm very excited to be in this new role, especially at a time where health and wellbeing is being pushed up the corporate agenda. My experience as both provider of health plans and insurance broker enables me to understand how companies can proactively achieve their health and wellbeing objectives. I am looking forward to helping make a meaningful difference to employees' health and happiness".

## Moore Management appoints new Funds Director

Moore Management has appointed Matthew Satchell as Funds Director. Matthew's appointment constitutes a continued strengthening of the group's senior funds team in Jersey following Moore's recent acquisition by Luxembourg-headquartered investor services firm SGG Group. Before joining Moore, Matthew had spent over ten years successfully developing his career with a top tier offshore law firm, where he gained extensive experience advising on the full spectrum of collective investment funds, from unregulated vehicles and joint venture arrangements to non-domiciled and regulated funds. In addition to completing a secondment to an international private equity house, Matthew advised a number of private equity, real estate and hedge funds and fund promoters on an ongoing basis and assisted with the establishment of multiple high-profile investment funds and structures.

Matthew is a Jersey Advocate and a Member of the Law Society of Jersey (non-practising). He holds a Bachelor of Laws degree from the University of the West of England and a Diploma in Legal Practice from the Bristol Institute of Legal Practice. In his new role, Matthew will be responsible for delivering product and operational support and expertise to the alternative funds team in Jersey and across the wider Moore business, as well as managing the development and delivery of services in support of the group's ambitious organic growth plans.



## Matt Fiott is Executive Producer at ArtHouse Jersey

Matt took up the role this summer and is set to oversee branding, marketing and communications activity with responsibility for strategic planning. He will take the lead on building relationships with key stakeholders, including government and corporate partners, alongside modernising operations and diversifying income streams.

Matt joined ArtHouse Jersey after significant experience of working in government and business development. Prior to his appointment he worked in Jersey's Ministry of External Relations for eight years in a variety of roles, most recently as Head of Brexit Coordination and EU. Before that, Matt led on business development for the Branchage Film Festival and in various roles in television and publishing. Matt grew up and was educated in Jersey at Victoria College. He studied for his degree in International Business at the University of Plymouth, and gained his Masters in International Relations at the University of Hong Kong.

Matt has a nine-year-old daughter, Suki.

Matt comments; "I am delighted to join ArtHouse Jersey. The arts have the potential to play a very important role in our Island community. I look forward to helping provide a sustainable platform from which we will be able to support artists from Jersey and across the world to create inspiring, high-quality work that has a positive impact on Islanders, particularly young people, the elderly and the disadvantaged."

Tom Dingle, Director of ArtHouse Jersey, said: "Matt has a wealth of senior operational experience and a proven track record of outstanding achievement. I'm delighted that he is taking up his role at this critical time in ArtHouse Jersey's evolution. We have great plans for the future, and I am sure that Matt will make a significant contribution as we continue to deliver projects that enrich the lives of those in our local community and international audiences."



# Movers & Shakers

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## EY welcomes new trainee associates to their Channel Islands offices

EY has welcomed 21 trainee associates across the Channel Islands to begin their professional training in the financial services industry. Before beginning their studies, the associates, who are a mix of graduates and A-level students, came together to take part in an induction programme to learn more about what their careers at EY will entail and how their roles will support both the local and global industry. They also took part in a number of team building exercises and a corporate responsibility day. They will shortly begin studying towards either the Association of Chartered Certified Accountants (ACCA) or the Institute

of Chartered Accountants of Scotland (ICAS) professional qualification.

Andrew Dann, EY's Channel Islands Managing Partner, said; "We are delighted to welcome our new associates to the firm. We pride ourselves on our leading people culture and providing all our people with the foundations to progress. Upon completing their qualifications they will have a number of opportunities to further their careers with EY in the Channel Islands or one of our global offices."

## MOD leader joins the Alliance

The former Chief Operating Officer at the Ministry of Defence's Information Systems and Services (ISS) division has been appointed Chief Executive Officer of Channel Island technology business C5 Alliance. Scott Workman OBE has extensive experience in defining technology requirements for demanding information and communication users working in the world's most challenging environments. His high level roles have seen him lead in the adoption of new technologies and he has a reputation for advising senior decision-makers on complex issues. At the MOD Mr Workman led a team of military, public service and technology industry specialists in the delivery of an ambitious programme to transform information services. After gaining his commission from Sandhurst in 1982, he completed a degree and an MBA at Cranfield University while serving in the Royal Signals where he progressed to the rank of colonel. He then joined the General Staff and rose to the rank of brigadier. Mr Workman, who left the army in July 2018, will succeed Managing Director, Rob Leader who retires at the end of the year after a 40 year career in management, the last 20 years in the Channel Islands' technology sector. Matthew Corbin, Chief Executive Officer of BDO in Jersey, which acquired the C5 Alliance Group earlier this year, said: "I believe that Scott's experience in technology, transformation and leadership development in particular will be invaluable to our business. I relish the opportunity to work with him."





# HARDWARE



# DELIVERING THE HEAVY GOODS

WORDS & PHOTOS Russ Atkinson

**SOME PEOPLE WILL TRY TO ASSURE YOU THAT BIGGER ISN'T ALWAYS BETTER - BUT SOMETIMES BIG JUST ISN'T QUITE BIG ENOUGH. AND IT'S TIMES LIKE THOSE THAT YOU'LL BE GLAD THAT HAULAGE TITANS FETCH & KARRIE HAVE TURNED IT UP TO ELEVEN WITH A BRAND NEW ADDITION TO THEIR FLEET.**

Let's get down to business. The crane bolted behind the cab of this truck is HIAB's second-largest vehicle mounted offering, with the crane itself weighing in at a hefty eight and a half tonnes alone - and that's before you even consider the behemoth it's bolted to. Even at a reach of over 30 metres it'll still pick up 800kg from underneath its hook, which is worlds apart from your average grab truck. Put simply, it's a seriously serious bit of kit, and I didn't hesitate at the chance to take a closer look at it in action.

You see, whilst the other kids at school used to look forward to a bit of Live & Kicking followed by a kick-around in the park on a Saturday morning, eight year old me was up early and itching to tag along with my old man to join him at work, because that's where the trucks were. And eight year old me really, really liked trucks. More than dinosaurs, even. If there was a line up of stuff that boys tend to gravitate to, nothing held a candle to trucks. Twenty-five or so years later, I'd be lying if I said I'd gone off of them.

To a lot of people, Fetch & Karrie's latest investment in equipment, which rolled off the ferry and onto island roads just a few weeks ago, would probably be seen as nothing more than something else to get stuck behind on the school run. To those in the know, though, it's a powerful tool to have at your disposal.

Not just a heavy-hitting weight lifter, this graceful giant is also packing accuracy and flexibility that's worlds apart from the comparatively clunky HIAB cranes I was always pleading to have a go on in my youth. Long gone are the clunky truck-mounted levers in favour of a wireless controller that allows the operator to get up close and personal with whatever it is they're lifting, and hydraulic pumps so powerful they allow multitasking by automatically diverting pressure to where it's needed most exactly when it's needed to ensure not only faster, but smoother and,



**HAVING TO REPOSITION THE TRUCK LESS MEANS MORE EFFICIENT WORKING, WHICH IN TURN MEANS THAT THIS IMPRESSIVE MACHINE WILL SAVE TIME AND MONEY WHILST SIMULTANEOUSLY TELLING 'IMPOSSIBLE' WHERE TO GO.**



ultimately, safer lifting and shifting. Or should that be *fetching and carrying*?

Need something heavy moving? It'll do it. Need something that's far away moving? It'll do it. Need a load of different things moving to different areas on the same site? It'll do that too, all without having to reposition a handful of times - that's the beauty of having the impressive reach that this machine offers. Just because you've got it, doesn't mean you have to use it - but at least you know you can if the time comes. Having to reposition the truck less means more efficient working, which in turn means that this impressive machine will save time and money whilst simultaneously telling 'impossible' where to go.

I watched the operator effortlessly pluck not inconsiderably-sized branches from a tree being tended to by tree-surgeons and place them carefully down to be chipped and taken away, all at a distance and accuracy that looked so great in relation to the truck that quantifying it all was bordering the absurd. No less so given how quiet the entire operation was. Well, apart from the wood-chipping part, but I was there to find out about the crane, not the fate of a tree that'd seen better days. The noisy trucks of yesteryear that whined and hissed as the hydraulics worked away, clattering and jolting the vehicle around like a child's toy as it earned its keep are now but a distant memory - this herculean hauler is nothing but silent and smooth. The king is dead, long live the king.



## BIKE & BREIZH

Despite coincidentally being in exactly the right place at exactly the right time, I wasn't able to check out the third Bike & Breizh Café Racer show that took place this September in Dinan, France, but one Jerseyman that did was Mike Etienne. Here's what he had to say about it:

Taking place in the square outside the Municipal Centre in Dinan, Mayor Didier Lechien not only gave permission, but was also present to see the impact of the new wave phenomenon that surrounds motorcycles of character. Thirty stands were present, from the hobby builders to the large dealers, all around a Circus Tent in the middle of the square. Our stand, suitably adorned with small Jersey flags, showcased Tronti, a 'Travail en Cours' (Work in progress) 1953 BSA and Sean's Triumph Street Triple road-bike.

Saturday afternoon saw the Concours Amateurs for custom builds, for both male and female builders. The judges were spoilt for choice and I was honoured to take 1st place.

All in all a great long weekend away, meeting like minded individuals, making new friends and enjoying the very pleasant French culture with plenty of Bonne Cuisine and beaucoup de Biere et du Vin.





# TOUGHEN UP YOUR TECH

WORDS Rebecca Evans

*I can't be the only one who has owned a gadget that was my pride and joy, until one quick slip of the hand sent it to the great scrapyards in the sky? I've spilt coca-cola on keyboards, dropped cameras on the floor, and snapped the screen off a Nintendo DS. Whilst it's clear that I shouldn't be allowed near an expensive piece of technology ever again, for the Tough issue I've researched a few items that even I'd struggle to destroy.*



## IO SAFE G3

It's all very well buying indestructible bits of tech to minimise the potential for breakages, but what about all those important bits and pieces that are harder to protect? Family photographs, home videos, vital documents and irreplaceable correspondence would be heart-breaking to lose, but even when you've made back-up copies and popped them in the cloud, how safe are they really?

The IO Safe G3 is a personal use hard-drive for the home that stores up to 6TB of data, and offers the reassurance of being fire-proof up to 840 degrees Celsius for half an hour, water-proof to a depth of 3 metres for over 72 hours, and can be bolted to the floor or a hard to move item of furniture to keep it safe from sticky fingers.

If that wasn't enough to set your mind at rest, the makers of IO Safe include 1 years data recovery service with every sale, covering costs of up to £1895 to retrieve your stuff if the very worst should happen. More expensive than your average hard drive, but surely a small price to pay for total peace of mind?

**The IO Safe G3 starts from £351.17 on [www.amazon.co.uk](http://www.amazon.co.uk)**

## MAKITA RADIO DMR106B

Designed with building sites in mind, it won't come as a surprise to learn that Makita Radios are about as durable a gadget as you can get. Resistant to dust and water, and hardy enough to survive a drop of up to 1 metre, this is device which can take quite a beating before it stops broadcasting beats.

Whilst a Makita might be most at home around scaffolding and high-viz vests, they are also perfect for throwing in the camper van or car boot for beach parties, camp-outs and barbecues.

Two 89mm stereo speakers pump out high quality sound and AM/FM radio frequencies are supplemented by Bluetooth connectivity allowing audio streaming from a phone up to 10m away. Power comes from a compatible rechargeable Makita battery or the included AC adaptor, and a built-in USB port allows charging for other devices.

**The Makita DMR106B is £147.99 from Normans. Compatible batteries sold separately.**



## VSSL FIRST AID FLASHLIGHT

Regular readers of the Gadget section will know how much I favour a multi-function gadget, and the VSSL Flashlight has several selling points, whilst being practically indestructible. Formed from military grade anodised aluminium it's water and impact resistant and easy to carry on hiking, adventure sports (see page 42 for inspiration) or camping excursions at just 22cm long by 5cm wide and a little under 400g in weight.

If the 200 lumen dual mode LED light and integrated compass and emergency whistle weren't handy enough to have about your person, opening the tube by unscrewing the base reveals a compact yet complete first aid kit, including (but not limited to) antiseptic wipes, pain-killers, bandages, medical tape, dressings, gloves, tweezers and a razor blade.

Whether I'm climbing Kilimanjaro or taking a stroll on the north Coast, I'm never leaving home without it.

**The VSSL First Aid Flashlight is £69.99 from [www.thefowndry.com](http://www.thefowndry.com)**

## G-SHOCK MUDMASTER

Back in the late 90s, the official uniform list at my Northern Secondary School may as well have included a pair of Kickers, a Kappa Jacket and a Casio G-Shock Watch. The latter was an item of which ownership could make or break your social status. The boys wore black or silver versions the size of bin lids, whilst the girls' miniature 'Baby-G' versions came in pastel tones so vivid they'd make a unicorn twitch.

With this overt sexism in mind, I'm more than a little G-Shocked to find that they are still around two decades on, which must surely be testament to their hardiness? The ladies versions are now available in more muted and stylish colours, however styles such as 'Mudmaster' and full functionality are still strictly reserved for the chaps.

Water resistant up to 200m, shock proof, and featuring various date and time display options on the light-up digital screen, higher-end versions feature such extras as step-trackers, Bluetooth connectivity, solar powered charging, digital compass and thermometer. If you need a watch that can take a real hammering, but don't want to pay through the nose, then G-Shock may meet the brief; depending on what lurks inside your briefs.

*The Casio G-Shock range starts from £96 at H Samuel*



## CAT S61 SMARTPHONE

If I had £1 for every smartphone screen I've smashed, I'd almost have enough money to get one of them replaced. Whilst Apple and Samsung are out there leading the market in brilliantly functioning 'phones, they're not exactly flying the flag for hard wearing tech are they?

CAT on the other hand, maker of heavy duty machinery, industrial power systems, and sturdy footwear have turned their attention to mobile communications, and now offer a range of phones and smartphones.

The CAT S61 is drop-proof on to concrete from 1.8m, features a strengthened die-cast frame, can survive an hour underwater to 3m, and is sand, dust and dirt resistant. Operating on the Android system and featuring front and back cameras, 64gb of internal memory and up to 35 hours talk time, this 'phone will give you everything an iPhone does, with the added benefits (should they come in handy) of an integrated thermal imaging camera, laser assisted measuring and an indoor air quality monitor.

Sure it's not as pretty to look at or as ergonomic to hold, but you won't need to replace the screen every two weeks.

*The S61 is £799.99 from [www.catphones.com](http://www.catphones.com)*

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# PHONE HOME



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Running watchOS4, the Series 3 has a dual-core processor that delivers great performance, meaning Siri will respond faster and talk back to you. A loud speaker produces excellent sound for making and receiving calls, plus messages can be sent and received by SMS and your favourite chat applications such as WhatsApp.

With the Watch 3, you can track a huge number of different activities, from gym sessions to hiking and cycling, plus a whole load more. Unlike previous versions of the watch which were a little redundant without a phone, you can go running, track data and listen to music without having to worry about strapping a phone to your arm or having one in your bag. Also, it has an updated Heart Rate app that lets you track your pulse more accurately than before, you can also choose to receive a notification when your heart rate becomes elevated above a specified threshold while inactive.

You can also shower wearing the watch, swim with it in pools and the sea at shallow depths. The Watch 3 works just as well in water as out of it; even the touchscreen continues to work. It tracks your laps and lengths and it even takes a guess at the swimming stroke you're doing, while the added heart rate data gives you an all-round summary of your activity.

But most importantly, if you're a fan of the Mickey and Minnie watch faces, you will be delighted to find that they can actually speak to you. When using either of these faces you can tap on the characters for them to read to you the current time.

*If you're a JT Pay Monthly or JT One customer, you can get your Apple Watch 3 online at [shop.jtglobal.com](http://shop.jtglobal.com) from as little as £11 per month.*



## A World of Entertainment in Your Pocket

There's no two ways about it, the Sony Xperia XZ3 is designed to give you an unbeatable multimedia entertainment experience. From the 6" HDR OLED display that delivers exceptional contrast, colour and clarity, through to the *High-Resolution Audio* sound system that gives your music the quality it deserves, the XZ3 is the perfect fusion of technology and entertainment.

Powered by the Qualcomm® Snapdragon™ 845 Mobile Platform, the XZ3 handles all your apps, videos and games with ease, making it ideal for gamers. In fact, it's ideal for anyone who likes to put their smartphone through its paces.

Take photographers, for instance. They'll be delighted with the 19MP main Motion Eye™ camera that comes with AI that is so powerful, it knows what you want to capture before you do! The 13MP auxiliary camera is perfect for hi-res selfies, particularly as it comes with beauty effects, Bokeh and a display flash to capture your great nights out.

Naturally, a device this powerful needs a steady and constant energy supply that will keep it working for days between charges and that's exactly what you get with the Xperia's long-lasting battery, Smart Stamina system and Qnovo adaptive charging and battery care.

*The Xperia XZ3 is in the Sure store now and comes with a free Sony speaker that makes sure you get the best from the phone's incredible sound system.*

The background is a solid green color with a repeating pattern of tennis rackets. The rackets are oriented diagonally and are rendered in a lighter shade of green, creating a subtle texture. In the center, the word "SPORT" is written in a large, white, sans-serif font. The letters are slightly transparent, allowing the racket pattern to be visible through them.

SPORT



# SPORTSPEOPLE — OF THE — MONTH

## Bethany & Ava

Siblings Bethany (7) and Ava (6) fight often, but this is not a case of sibling rivalry. When the girls fight, they're not going at each other; they're representing Jersey in the world of Brazilian Jiu-Jitsu.



The sisters have been training at Gracie Barra Jersey since they were both just aged three, under the tutelage of head coach, Rob Staples, and the girls' father, Alan Corke. Over the years, the girls have grown from participants to champions, recently returning from a European competition in Wolverhampton with gold, silver and

bronze medals in tow. The girls are a shining example of the young members of the Gracie Barra academy (and to be fair, the adults as well) because of their attitude and commitment to the sport of jiu-jitsu. We asked the sisters what they love about jiu-jitsu and why they think it's important to play sport.

### What do you love most about jiu-jitsu?

**Bethany:** Training and making new friends

**Ava:** Playing with different children

### Why is jiu-jitsu better than other sports?

**Bethany:** Because you learn to defend yourself

**Ava:** Because there is so much to learn

### What do you like most about competing?

**Bethany:** Winning

**Ava:** Making new friends

### How does jiu-jitsu make you feel?

**Bethany:** Tired

**Ava:** Happy

### Why do you think it's important that children play sport?

**Bethany:** To learn new skills

**Ava:** To keep fit

# TOUGH GIRL

WORDS Laura Morel

**I'M A GIRLIE-GIRL, I LIKE FASHION, WEARING HIGH HEELS AND GOING FOR LONG DAYS AT THE SPA. I ALSO LIKE GETTING PUNCHED IN THE FACE EVERY ONCE IN A WHILE! PERHAPS I'M NOT YOUR TYPICAL STEREOTYPE OF A FEMALE BOXER, BUT I DO QUITE ENJOY CHALLENGING ASSUMPTIONS ABOUT WHAT THAT IS AND LOOKS LIKE. FOR ME, BOXING ISN'T BEING ABOUT TOUGH, ACTUALLY ITS PROBABLY WHEN I FEEL AT MY MOST VULNERABLE. BUT MAKING IT INTO THE RING FOR MY FIRST BOUT HAS CERTAINLY TAKEN SOME TRUE GRIT.**

I started boxing as a whim. It was my son's fault really, for getting me so out of shape while I was pregnant with him. To get my fitness and figure back I started going to boxing fitness classes, because there really is no comparison when it comes to the training. Because I am so competitive, I found myself signed up to a White Collar match before long. Stepping in the ring is a long way from a fitness class and it wasn't an experience I'll cherish, but there was something about the sport that drew me in. It was so technical, so all-consuming. When you box nothing else matters and I wanted that escapism in my life.

I've been training with Jersey Leonis for about four years now and trying to get into the ring for close to two. I've had four cancelled bouts in a row and been matched with at least six different women in the past. I'd like to think they were intimidated at the sight of me, but the truth is I never even got to see them! I think I've thrown in the towel on the sport at least twice, but was always pulled back by the thought that I couldn't and wouldn't let disappointment beat me.

They say boxing is as much a mental sport as it is physical, but nothing really prepares you for what you go through ahead of a show. You train so much that some days it's

hard to raise your arms, constantly watch what you eat and knock the alcohol on the head. For this bout I had to drop quite a few kilos which meant not eating or drinking for 24 hours prior to my weigh-in to shift that last bit of weight. By far the hardest part, for me, by far is maintaining a positive attitude: believing that you can win and that you're capable, fit and strong. I'm not sure it can be

**"I think I've thrown in the towel on the sport at least twice, but was always pulled back by the thought that I couldn't and wouldn't let disappointment beat me."**

possible to box without being in the right headspace and the coaches are responsible for that along with everything else.

The evening of the show at the Radisson was a whirlwind of emotions; nervous anticipation, excitement and the feeling of 'what the hell have I signed up for here!'. These feelings are the things that fuel you once you take a step in the ring. Coupled with the fact that I'd waited so long to finally get a match, I was certainly going to do everything I could to do the job well. I was convinced that I had lost the bout by the end since my opponent was a lot

stronger than I, so was shocked to hear I'd won by a unanimous decision. One of the many things that I'm learning is that your perception inside the ring, doesn't always match what appears on the outside.

Surprisingly, the number of female boxers at our club is now creeping up, probably because it's more socially acceptable these

days. It's a close community of girls that choose to box and I love meeting new people through it and having support through social media. There's still a lot of criticism out there, many people don't think women should box and a lot of my family and friends don't agree with my decision to do so.

If you spoke to any of us boxers, you'd quickly realise we aren't really tough girls. Focused, driven, competitive and at times necessarily selfish. But mostly we're just a crazy bunch of adrenaline junkies, looking for our next high inside that square circle.







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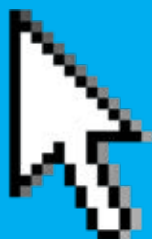
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In light of our TOUGH edition, we asked our Facebook followers:

**“What is the toughest thing about living in Jersey?”**

# boardom



◀ **Karina Da Silva**  
“The cost of living”

**Steven Wiseman** ▶  
“None of my favourite bands play here”



**Carla Nunes** ▶  
“The long cold winter”



◀ **Sandra Jasmine**  
“Being self-employed. No help and high taxes - it's a constant battle”

**Josh Bisson** ▶  
“Property prices”



**Ryan Finchley**  
“The beer isn't cheap like in the UK”



▲ **Rena Nelson**  
“People not realising how lucky we are to live here!”

**David Peck**  
“Living so close to Guernsey”



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