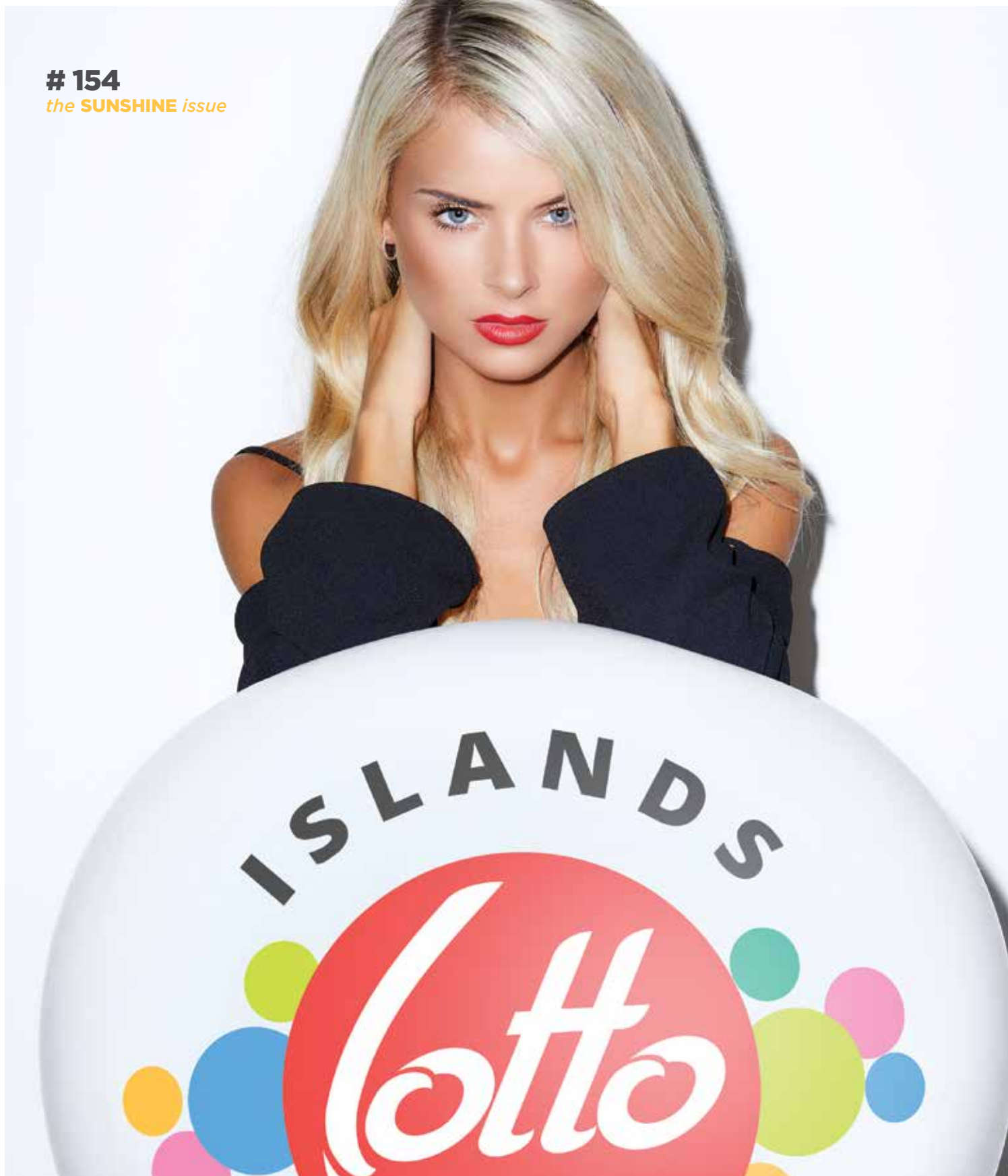


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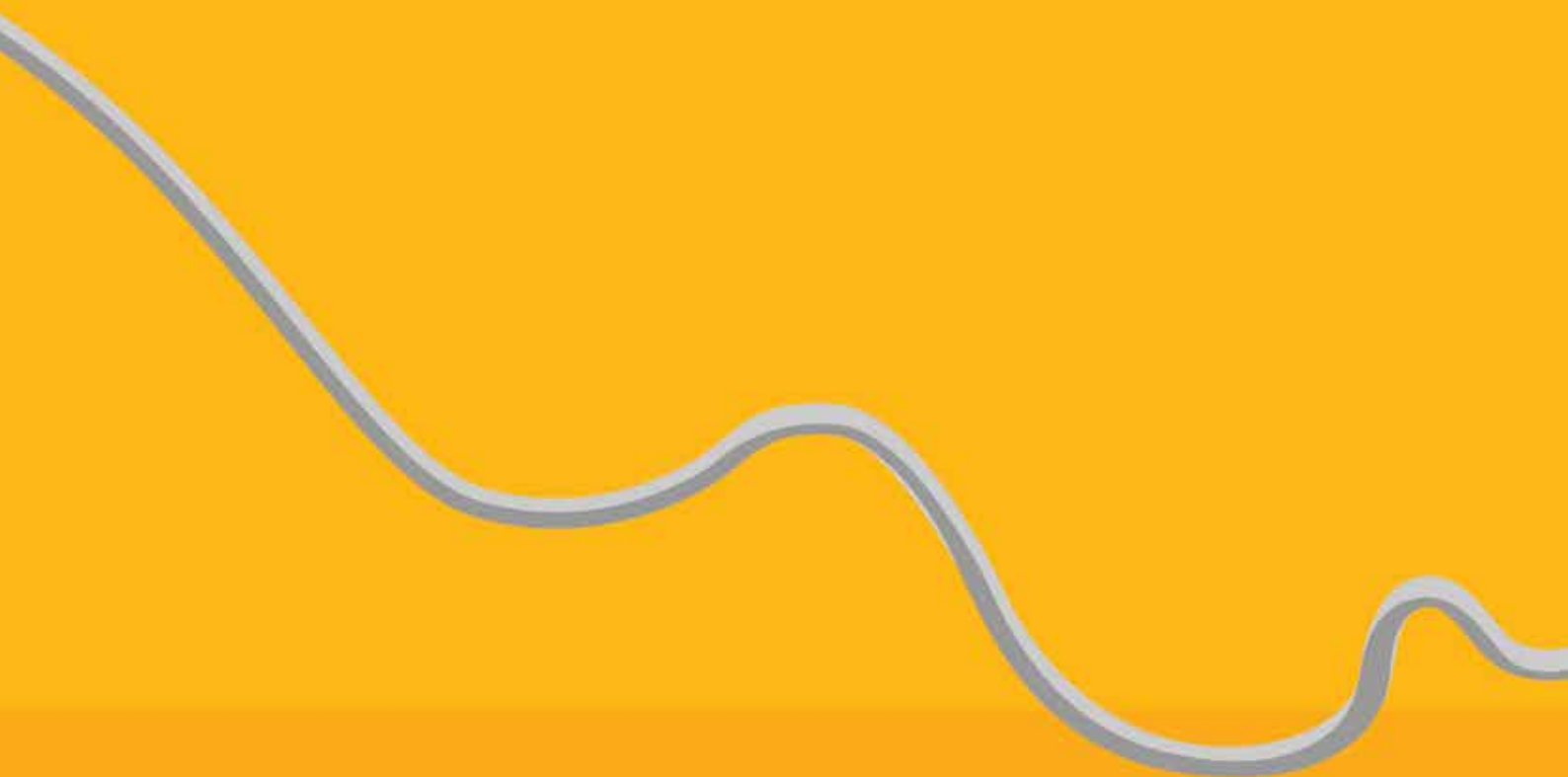
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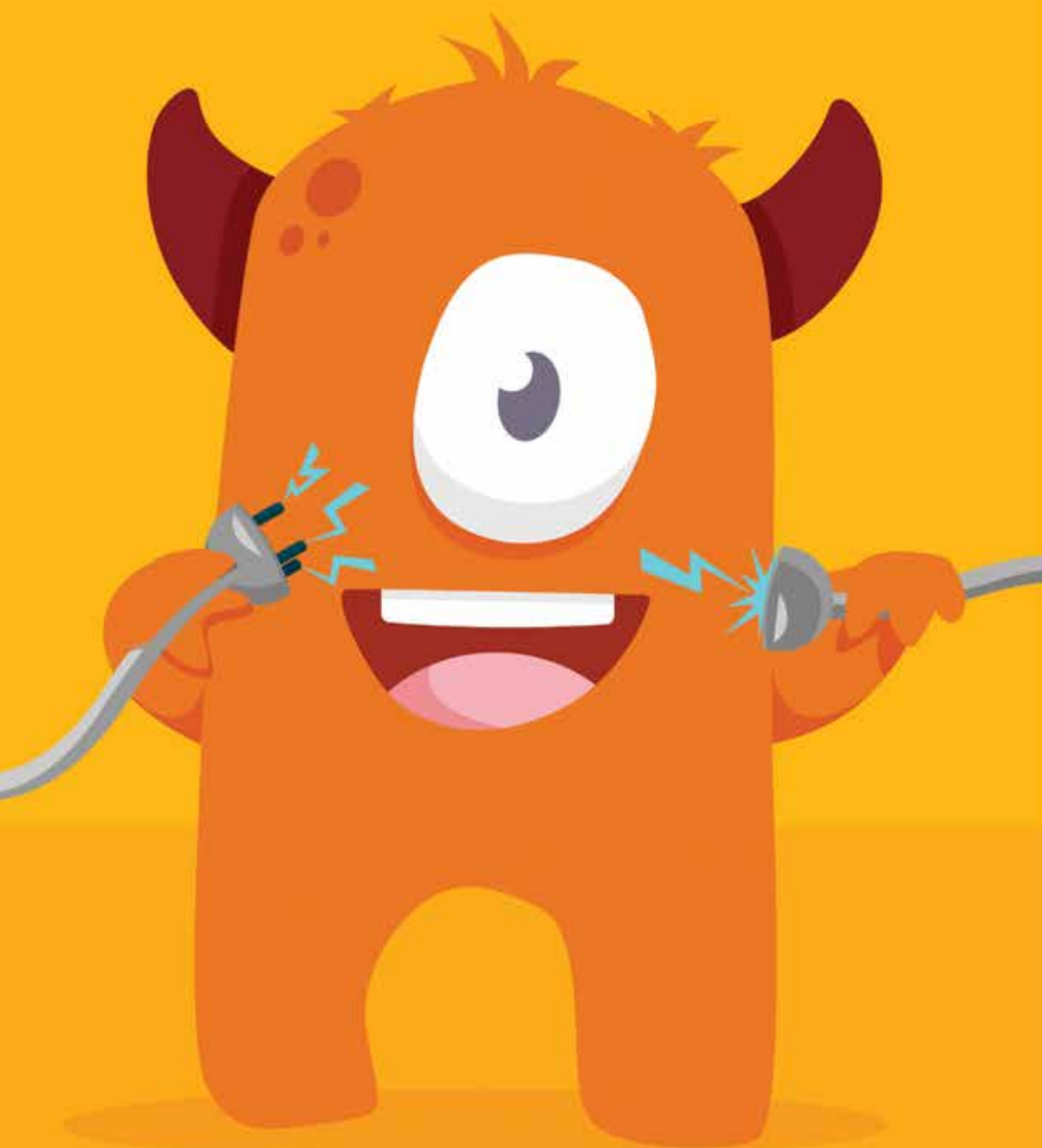


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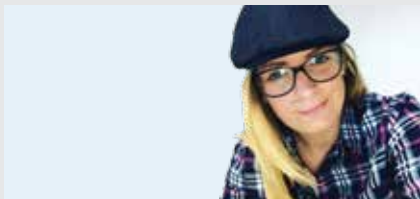
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**#154**  
[SUNSHINE]

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

## SOME PEOPLE THAT HELPED WITH THIS ONE...



### Rebecca Evans

*With the weather hotting up, Rebecca demonstrates how to make the most of Jersey summertime with the ultimate staycation.*



### Ollie Watts

*With the closure of La Siesta, the new Pizzeria Famosa opened its doors. We sent Ollie to check it out and give his expert foodie opinion.*



### Imogen Pickering

*From Jersey's beach boys to local Instagram stars - Imogen profiles those making a living and a difference doing what they love.*



### Laura Morel

*Fresh from the red carpet at the Jersey Style Awards, Laura Morel gives us the fashion & beauty round up for August.*

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### EDITORIAL

Rebecca Evans  
Grant Runyon  
Ollie Watts

### Imogen Pickering

Laura Morel  
Daco Fernandes  
Leroy Hudson

### Bethan Watkins

PHOTOGRAPHERS  
John Liot

### ILLUSTRATIONS

Will Bertram  
Russ Atkinson

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**factory**

10 Minden Street  
St Helier  
Jersey  
JE2 4WR

## WHO DOES THIS?

### SALES / ACCOUNT DIRECTOR

Ceri Baker  
DD: 870082  
M: 07797 744345  
[ceri@factory.je](mailto:ceri@factory.je)

### DESIGN DIRECTOR

Russ Atkinson  
DD: 870268  
[russ@factory.je](mailto:russ@factory.je)

### DISTRIBUTION

DD: 832072  
[distro@factory.je](mailto:distro@factory.je)

### ACCOUNTS

DD: 870237  
[accounts@factory.je](mailto:accounts@factory.je)

### PUBLISHER

Ben Davies  
DD: 870185  
[ben@gallery.je](mailto:ben@gallery.je)

00 44 1534  
**811100**

[hi@factory.je](mailto:hi@factory.je)

[WWW.FACTORY.JE](http://WWW.FACTORY.JE)

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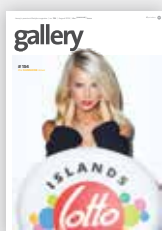
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# edito

**W**e've certainly hit the nail on the head with a theme for August if July has been any sort of indication of the month ahead. As we go to print the Met Office is anticipating that the UK will be getting 35 degree heat next week. That's hotter than the UK's high of 34.5 degrees recorded at Heathrow last summer. As we're the 'warmest place in the British Isles', you'd better get that Hawaiian Tropic ready.

With the thought of summer and Jersey's beaches on our minds as we planned this issue, we sent photographer Robbie Dark out to get some portraits of the locals whose lives are spent in the sun, during the summer at least, as they run their beach-based businesses. Find out who's a horse rider when they're not in the water and who plays the ukulele on page 14. With beach life at its core, we also feature a sun-kissed shoot from local brand Island Threads, created by one of our Gallery alumni, inspired by her travels around the world. With the help of three local photographers, she gives this issue a sunny, fashion-focused disposition on page 64.

As our cover image clearly shows, we fused fashion and fun with a shoot for Island Lotto this month. The local lottery provider gives islanders the ability to enter the UK and European Lotteries and wanted to tell us about that and the good causes they support. Check out the shots in fashion from page 56 onward and read all about it in business on page 99. They've distributed £20,000 locally over the last two years by giving a percentage from every ticket sold to charity.

With the weather we've predicted this month, our travel section looks local as we consider a staycation in Jersey. I mean, it's incredible out there at the moment. It's hard to think of anywhere better for a sunny break than right here at home; beach days, coastal walks, bike rides and hazy sunsets. As I watched the sun set over the Five Mile Road last night with a cruise ship slowly making its way across the bay, I was thinking of the passengers looking back, checking out our amazing island. We're truly lucky to live here - have a great summer!

BD



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# THE SHOUTING MATCH



SHOULD WE SPEND TIME IN THE SUN?



DEBATE MODERATED BY Grant Runyon  
ILLUSTRATION Will Bertram

The month of July has seen Jersey experience the kind of heatwave that we've prayed for since the 90s. Temperatures steadily crept past "girls in the office wearing flip flops", zoomed right through taxi drivers saying "It must be hotter than Magaluf" and appear to have just reached "heat exhaustion at family BBQ now a bigger threat than E Coli" at the time of writing.

This brings us onto a controversy that, to be fair, is often more of an academic question in the British climate: is it healthy to take in a lot of sunshine? If you look around our community you'll see so many tanned people, some bronzed and beautiful, some charred and leathery, that it would seem that sun-worshipping is the people's choice. Others

would argue this is just a surface view, and the silent majority are the unseen masses who preserve themselves from the sun's rays by suffering invisibly indoors. To settle things we locked people from both extremes in a small room with no air-con and made them wrestle it out. In the pink corner is Poppy Brannigan - lifestyle coach, social media animal trainer

and licensed dispenser of kale smoothies. She spends all her free time tanning and aspires to be on Love Island before she retires at thirty. In the dark corner we have Alys Mandrake, a self-styled "thicc goth" who makes silver jewellery, reads Tarot and wears SPF 100 in February. Alys aims to live to 1000 and travel to the moon colony by broomstick.

### Health benefits: is sunlight good for your body?

**Poppy:** Everybody knows that sunshine is good for you? It has vitamin D, healing rays and makes your cells grow and flourish like it would to a banana tree or carrot. A wise man I follow on Instagram said that "the sun is the source of all life on Earth" and so I don't see how exposing myself to it for ten hours a day could possibly be bad. I'm like a (sexy) lizard! Obviously we need a little protection from harmful UV - so I make sure I use at least factor 5 for the first warm weeks of the year, until I develop my natural immunity from burning. After that I rub myself with organic vegetable oil, and the only downside to that is that seagulls sometimes mistake me for a chip.

**Alys:** If the mother goddess had intended me to tan she wouldn't have given me a complexion the colour of an A5 envelope, not to mention superior night vision and the instinctive desire to drink blood-red wine beneath the light of the full moon. I get my vitamin D from moonlight, but also from supplements, which is much healthier than exposing myself to the risk of sunburn, skin cancer and freckles - although I need a parasol just to walk outside and pick up the Amazon parcels. Sunshine actually makes me physically ill; I can feel the wrinkles forming if I forget to go out without a floor-length coat and gloves, as I did this morning to remonstrate with small children who disturbed the tranquility of my restorative noonday slumber with their raucous footballing.

### Beach culture: is sun-worshipping part of Jersey's identity?

**Poppy:** Absolutely! Loving the sunshine is as traditionally Jersey as roadside vegetable boxes, driving a Range Rover and being forced to live with your parents until you are 28. I was going to say that I don't know what our Island would be like without beach parties and barbecues, but obviously I do know what that is like - because I cry myself to sleep every night in winter. My soul dies when it gets dark at 3.30 PM. I literally don't know anybody who doesn't alternate between the beach, the gym and the sunbed - although it's getting harder and harder to tell my friends apart, either because they are all so uniformly gorgeous or because of this weird milky spot in the corner of my vision.

**Alys:** Being forced to endure the sunshine might be part of Jersey identity, but only because throughout history many of us had

no choice but to toil like beasts in the fisheries or potato fields, squinting as we slowly turned into leathery bags that would eventually be stuffed and used for cushions in a country pub where everybody has lobster neck and a moustache. Today I'm lucky enough to work entirely indoors, creating emoji fan-fiction on Tumblr and selling pictures of my feet to Japanese businessmen. In my spare time I play Dungeons & Dragons in a candlelit room, and I would argue this is as valid an expression of Jersey culture as mahogany-faced finance drones passing out in their own chunder on St Aubin's pier. Only last weekend my Eldritch Wizard slew an estate agent and stole the Enchanted Property Ladder of St Peter.

### Too sexy for clothes: is a suntan more attractive?

**Poppy:** I feel naked without a tan, although most of the time I am naked working on my tan, so I guess naked and untanned is the bad kind of naked? I certainly don't feel myself if I'm not the colour of a latte moccachino (almond milk plz!) and so I don't see how anybody could find me sexy if I reverted back to my natural skintone. I would be invisible on the beach, instead of turning heads after a four hour "tropical top-up" on the unlicensed sunbed my cousin imported from China. I feel like my tan evens out my features by obscuring all these moles, and gives me a noticeable inner glow which detracts from the crow's feet and laughter lines I get - from having too much fun! You can tell I am always having fun from my Instagram feed, where I love like I've never been hurt, dance like nobody's watching

and only occasionally fire up the retouch tool in Photoshop. Add me! No dermatologists.

**Alys:** When I look in the mirror I see a strong, confident, sexy body looking back at me - one of the advantages of dwelling in perpetual darkness is that your own form comes to resemble the ivory moon on a still winter's night. Suitors are drawn to me like a bat to the night air, like wolves to the cold tundra, like moths to that pale celestial body - although also like moths they are often bad at finding their destination and get trapped in nearby phone boxes. It's difficult to meet a partner when in summertime you can only leave the house between 10PM and 4AM. I refuse to compromise and expose myself to the horrid sunlight, instead I wait inside my shadowy lair for my true love, my prince of darkness, to seek me out. I desire romance and companionship, but also somebody to help me stop running out of bread and milk until the clocks go back.

*"You can tell I am always having fun from my Instagram feed, where I love like I've never been hurt, dance like nobody's watching and only occasionally fire up the retouch tool in Photoshop."*

# SUN-DAY WORKERS

**WORDS** Imogen Pickering  
**PHOTOS** Robbie Dark

It looks as if summer might be here to stay for a little while, so we headed toward the coast in search of the people peddling seaside activities to find out more about them. Life's a beach, sometimes...

## Joe

### *Little Joe's Surf Shop*

#### **Where do we find you during the summer?**

We're right next to Big Vern's Restaurant in St Ouen's Bay. Little Joe's is a surf school and shop, where we provide surf activity camps for kids from 5 -14 years old and surf lessons for all ages too. The aim is to be a surf school that cares - teaching about the importance of our beach, environment, respect for other surfers and how amazing St Ouen's Bay is!

#### **Favourite thing to do when not working?**

I love to surf myself, so that's what I try to do most when I'm not working at the school. You'll also find me carrying bags around for my wife and daughters - and wouldn't change that for the world!

#### **What do you get up to in the winter months?**

I wouldn't say I get up to that much - it's usually a much more relaxed pace, so I mostly use the time to catch up on admin and prepare for the next summer season.







## Geoff

### *Jersey Sea Sports*

#### **Where do we find you during the summer?**

You'll find me at The Jersey Sea Sport Centre - one of the largest and longest established jet-ski hire centres in Europe (since 1983!). Licenced by the Jersey Maritime Authorities, we are at La Haule Slip, just by St Aubin's Village - look for the jet ski on a plinth at the roadside!

#### **Favourite thing to do when not working?**

I enjoy holidays in Italy and France with my wife and playing the ukulele in the Jersey Ukulele club! I also enjoy a lot of high-speed sports even when I'm not working - like speedboat trips to France and going skiing in the winter.

#### **What do you get up to in the winter months?**

I organise weekend and half-term ski and snowboard trips to the Pyrenees direct from Jersey. We do about 6 trips every winter under the banners [www.weekendskitrips.com](http://www.weekendskitrips.com) and [www.jerseyski.com](http://www.jerseyski.com). I also service the jet-skis, boats and equipment ready for next summer!

---

*"I enjoy holidays in Italy and France with my wife and playing the ukulele in the Jersey Ukulele club!"*

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## Chester

### *Absolute Adventures*

**Where do we find you during the summer?**

You'll find me on the beach or in the water normally. I spend my time between the Splash Surf Centre in St Ouen and Absolute Adventures in St Brelades Bay. I love being out on the water - whether it's giving surf lessons, going paddle boarding or driving our boat tours and inflatable rides in St Brelades Bay.

**Favourite thing to do when not working?**

Even though I work at the beach, it's where I spend my time off too. On my days off I love water skiing, surfing and paddle boarding. I'll even take my dog, Tico, out on the waves with me - he loves it!

**What do you get up to in the winter months?**

Our activities quieten down in the winter months so I spend that time getting both businesses ready for the next summer season and I always try to go back to South Africa for a few weeks; it's where I grew up.

---

*"Even though I work at the beach, it's where I spend my time off too. I'll even take my dog, Tico, out on the waves with me - he loves it!"*

---





## Jono

### *Jono's Water Sports*

#### **Where do we find you during the summer?**

Jono's Watersports is found on the slipway at the Wayside, so St Brelade's Bay is generally my office! You'll find me there where I've been running my business for the past 22 years, offering a huge variety of watersports, RYA approved schooling & training, surf hire and sales - the list goes on!

#### **Favourite thing to do when not working?**

I'm really into stand-up paddleboarding and love doing that in my spare time, but believe it or not, I do like to have a bit of down time away from the beach! It's nice to see a bit of greenery when you spend all day on the sand, so I often enjoy long walks along the North coast too.

#### **What do you get up to in the winter months?**

I'm really into horse riding and learning to jump, so I volunteer at the stables during the winter in return for some free tuition. I also love to travel and see new places, so I sometimes incorporate both interests by visiting some of America's horse ranches - I love seeing and experiencing different things.

*"I'm really into horse riding and learning to jump, so I volunteer at the stables during the winter in return for some free tuition."*



# SCREEN BREAK

## THE UNEXPECTED BENEFITS OF RESTING YOUR EYES

WORDS Leroy Hudson  
ILLUSTRATION Russ Atkinson

**I've been a screen addict since the 80s, and a compulsive reader before that, so it came as a huge shock in my twenties when I temporarily lost the the ability to see. Over the course of a few days my eyesight deteriorated from what felt like 20-20 vision to everything outside a darkened room melting into a hot, painful blur.**

I couldn't read, use screens, drive or even shop, and although I soon learned that I was going to recover I had a period of several weeks where I couldn't risk using my eyes to entertain myself. The worry of potentially losing my sight was replaced by a different kind of anxiety, of wondering if I could handle the boredom. This was melodramatic and seems funny now, but I eventually learned a lot from the experience. I came to understand that there are alternatives to spending all of your time looking at things.

Take sight away and it becomes obvious how much of our lives involve, if not staring slack-jawed at a glowing rectangle, at least being able to focus on faces and basic shapes. Although I was lucky enough to learn that my problems were caused by a combination of severe eyestrain, migraine headache and undiagnosed short-sightedness, I had never spent so long away from screens as an adult. I'm not the type of person who watches TV for hours on end, or even every day, but when you combine a workday based around the computer with an evening routine where spare time could involve video gaming, the cinema or more computer. It requires a big adjustment to entertain yourself for weeks without the use of your eyes. This incident occurred pre-iPhone, but even prior to the smartphone most of my communication was screen-based, so I wasn't just bored, I was also deprived of human interaction. It's hard to get people to visit you when you voice call them for the first time in months, hysterically refuse to get in a car and insist that your house must remain screen-free and darker than Dracula's bedroom.

### SEE NO EVIL, HEAR NO EVIL

After a few days of what we'd now call "first world problems" I managed to pull my head out my bottom and told myself I had no right to wallow in self-pity. Plenty of people suffer from visual impairments, and not temporary ones such as mine, and beyond that millions of humans around the world manage to entertain themselves without screens or even books. I resolved to become less bored by shifting attention to my other senses. My first thought was that I'd spend my time listening to music, but even though I already spent four or five hours a day listening I hadn't appreciated that I usually do that whilst I'm using my eyes to do other things - from cooking and housework to video games and writing. Deprived of accompanying stimulus, listening to non-stop music got dull within a couple of days, although this did lead to a breakthrough. I came to realise that my inability to entertain myself without looking

at things wasn't simply a matter of habit, it was fundamentally an issue with my powers of concentration. After sulking for a few hours in both silence and darkness I began to understand that my problems originated in some deeply-ingrained habits that influence how I process the information I get from the world.

The challenge in losing the ability to see lay in understanding how much we rely on sight as our primary sense. I see the world before I smell or hear it, and so instantly notice the absence of anything to look at. In contrast, I regularly have periods where I'm not conscious of actively hearing very much (being underwater perhaps), and this is equally true of touch, smell and taste. Sight is my active sense, flitting around

but it only began to help me when I was able to accept that it isn't necessary to be intensely stimulated all of the time. Although I came to rediscover the pleasure of audiobooks, podcasts and BBC radio, I also listened to a lot of material about mindfulness and meditation. This helped me realise that it was a choice to be fully concentrated on anything. A common mindfulness exercise is to ask people to close their eyes and very slowly chew a raisin, to feel the texture of a piece of fabric, or to walk slowly without focussing on a destination. The aim is to nudge your mind away from constant activity into a state of calmness and rest, through an appreciation of subtle sensory input. Stimulation can come but it can also go, drifting across your consciousness like a cloud. I'm

**“There has been a corresponding increase in the amount of visual data we’re used to taking in and so we’re habituated not just to staring, but idly glancing at phones, computer screens and televisions for large proportions of our day.”**

from near to far, refocusing constantly on new sites for my attention, whereas I'm used to prioritising the other senses less directly and letting them fill in the background. This has become an issue in modern life for many reasons, one of which is that we've come to rely on the screen as the main way of transmitting information.

There has been a corresponding increase in the amount of visual data we're used to taking in and so we're habituated not just to staring, but idly glancing at phones, computer screens and televisions for large proportions of our day. As our visual bandwidth has increased there are few manmade spaces that haven't kept pace by flooding the slightest gap in our attention with text and images. If the world was as full of sound as it is with visual noise we'd be deafened, but I found that dialling down that visual stimulation initially caused intense boredom and anxiety. We laugh at teenagers glued to their phones on tropical holidays, but the rest of us aren't far off.

### LOOKING WITHOUT SEEING

In dealing with my unscheduled screen break my mistake was that I had tried to get over the anxiety of being unable to see by focussing intently on my other senses,

aware that this might sound like woolly hippy nonsense, but even the most frantic amongst us will hopefully have parts of our lives where we benefit from the same state that the mindfulness people are trying to describe. It might come from dozing in the sun, relaxing quietly after a good meal, or sitting on the toilet with a good book. One of the aims of mindfulness is just to shift the balance so that we have more of that kind of time. I didn't see it this way at the time, but being forced to minimise my most active sense was a valuable opportunity to learn about the ways I concentrate. I was and remain a very anxious person, but I was able to go from being stimulated by visual information almost the entire time I'm awake to sitting quietly for an hour or two, enjoying nothing more than ambient sounds. Whilst for most people it won't be practical to take several weeks to work this out for themselves, mindfulness experts recognise the number of things competing for our time and there is a lot of advice out there tailored to busy, over-stimulated people. You don't need to spend weeks in a darkened room to experience the benefits, not just of resting your eyes, but of learning to experience the world without flooding your senses with information.

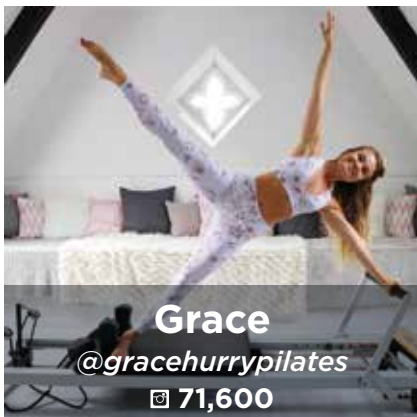
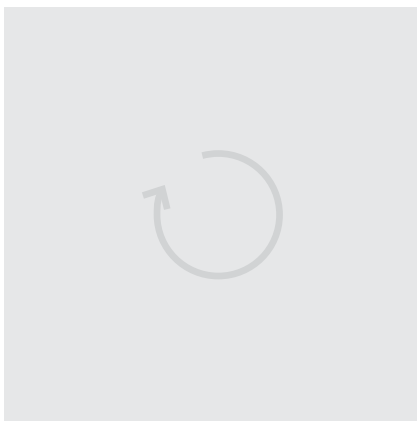




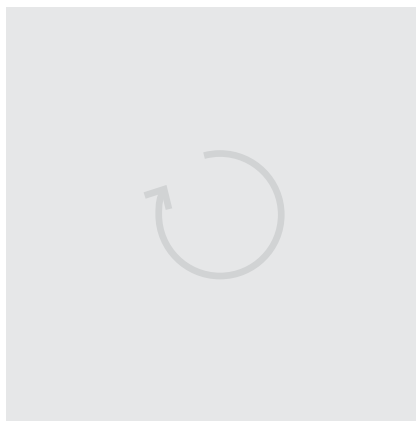
# Instagram Lights the Way

[FOLLOW](#)

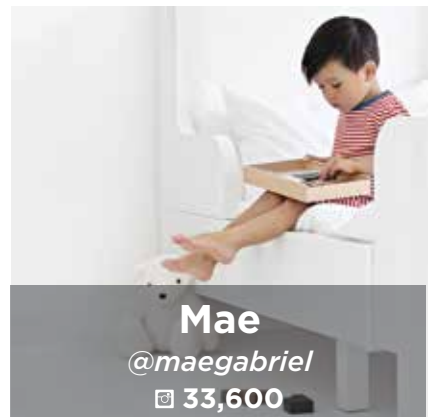
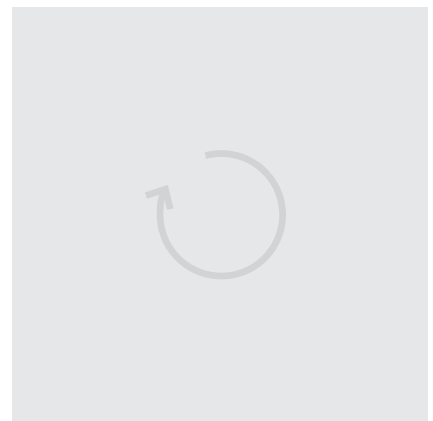
**Instagram** is so much more than a platform for cute dog pics, hilarious memes, or your best #throwbackthursday. With over 500 million active users daily, the potential to be seen is enormous and for some, Instagram is now an integral part of their day-to-day lives. We may be a small place, but Jersey has some incredible people using Instagram as a creative outlet to showcase their passions, make a difference and even pursue their dream careers. We interviewed the people behind some of our favourite local accounts to find out about the important role this platform has to play in their lives.



I started my Instagram account 3 years ago to document my life and progress as a Pilates teacher and practitioner, and because everyone else in the industry was doing it! For the first year, nothing really came of it other than some free activewear. In the second year, I began to meet some of the lovely friends I'd made online in 'real life' and I realised the networking value Instagram has as opportunities started to arise. Thanks to the online exposure from Instagram, we have a buzzing Pilates studio in St. Ouen and I have had the chance to guest teach and run Pilates retreats internationally. Now in my third year of running the account, I am able to enjoy the real life benefits of Instagram!



I became a travel blogger because I wanted to inspire others to explore our incredible planet and Instagram is an amazingly powerful tool to do this. Unlike my written articles, which offer more practical advice, the visual impact of Instagram allows me to tell more of the personal story of my global wanderings. It creates a window that enables people to peer directly into my travels and read behind the scenes insights and incidents that come from backpacking in some pretty off-the-beaten-track spots. From Ethiopia to Sudan, Lebanon to the West Bank, I use Instagram to shed light on the real, personal experiences I have in these very different destinations.



Mae Gabriel is an influencer based in Jersey with +33K followers on Instagram and has been featured in New York, Norway, Belgium, New Zealand and Australian magazines ranging from travel, interior and lifestyle. Her Instagram feed features her son Hayden in the cutest of outfits and her love of interior styling as well as her delicious food. Both Mae and Hayden are brand ambassadors for some well known brands and online shops including The White Company. "It's a lovely feeling when people often say that I inspire them and get asked locally and worldwide for tips and advice on interior styling and where to source items for the home and small business interiors."



Instagram is an important part of my everyday life; it's a place where I can share my passion with others. It's like some kind of portfolio of my life; a new edition of a photo album. I'd like to prove that the most important things in life are those short and sweet moments, the ones we often don't appreciate. Instagram has allowed me to develop as a person, but the best part is that it's only a small detail in the big picture. It's the people we meet along the way that mean the most: my virtual interactions have developed into real life relationships and I'm amazed by it - there will be more coffees happening soon!



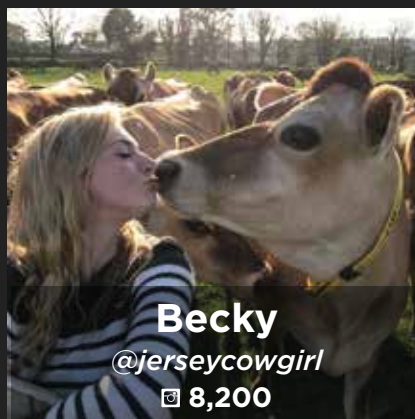
I started my Instagram page in 2017 when my other half (Flavio) and I bought a run down 1930s house that needed complete renovation. We spent a year renovating the house, completely by ourselves, and turning it into a home - it took a lot of blood, sweat and tears but that is what makes it so special! I started my page as a way of sharing renovation and home decor ideas, giving honest reviews of different products I had tried and answering any questions anyone had about my home. I've gained a loyal following of amazing like-minded interior enthusiasts and I've been overwhelmed by the response so far! This led to me start my interior blog [www.labonneviehome.wordpress.com](http://www.labonneviehome.wordpress.com) and also collaborate with many interior related businesses.



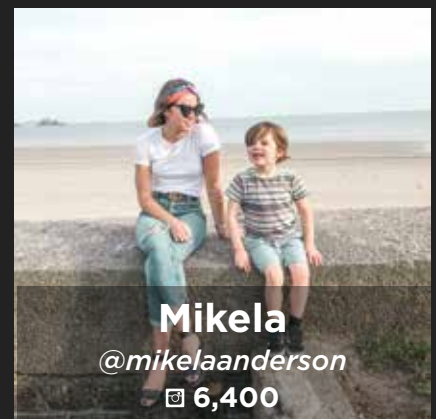
I use Instagram to promote and share my journey having recovered from an eating disorder. I use the platform to help others who need support by trying to set a really good example. Having obsessed over calories and weight for the past 4 years, recovery feels amazing and I have made so many memories and eaten a great number of things I used to strongly avoid before. I also reach out to vegan companies to help expand veganism by marketing their products and brand, as well as cooking my own recipes as I'm a big foodie, hence why my Instagram is covered in delicious food! Maybe one day, I'll open up my own business, who knows?



Travelling is my love and photography & video work is my life, and as of November 2017, I combined the two and created my ideal. Instagram started off as a sideline for my travel shots but inevitably it became the perfect catalyst to inspire people to get out and see the world. Growing to over 10,000 followers this year meant I had the pleasure of chatting with some incredible people from all over the world; some of which are charities I am going to be working with to raise awareness for their cause. My next long-term project will be documenting the lives of the indigenous people in the Himalayas, Serengeti and the Amazon. I can't wait!



Farming for me is more than just a job - it's my passion. I originally set up my Instagram to share with friends and family what farming is all about, but now I'm reaching a global audience, educating non-farming followers and sharing ideas with like-minded professionals, Instagram has proven to be a great communication tool. Due to a wider range of career opportunities and little education given in today's school curriculum, my generation is growing further removed from agriculture. As a blogger, I advocate how farmers strive to provide the nations food to the highest standard of welfare, while achieving the highest nutritional value. Sharing my knowledge, farming practices and current agricultural issues gives people a real insight of the industry from a farmer's perspective.

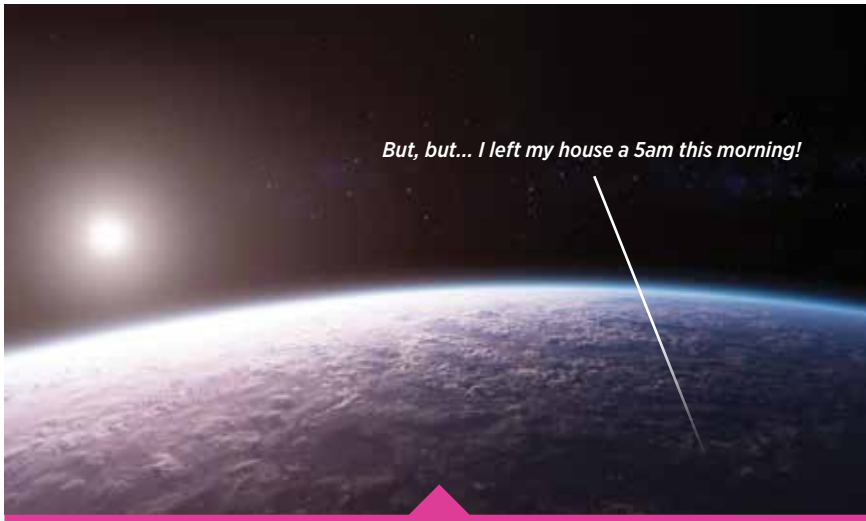


When I first downloaded Instagram it was just an app I used to add filters to my photos and take pictures of my food. It wasn't until I gave birth to my first son that I discovered an online community that would actually be a lifeline for me in more ways than one. I use Instagram to fulfil my creative flare, but to also share the raw reality of being a parent - the darker moments amongst the happy. As an individual who has suffered with mental health issues, battling depression, anxiety and PND, I share in the hope that anyone else having a bad day may take comfort in knowing they're not alone. I want to use the platform to be real and to offer support and kind words to anyone who may need it.

# MI2C

Just random things to amuse you.

**WORDS** Daco Fernandes



## Sunshine: What's it all about, eh?

Why do we turn into dribbling wrecks when the sun comes out? As soon as that little photon hits our collective on this planet we develop a reptile like need to bask in the sun, David Icke must be fuming at the number of reptiles lounging about everywhere.

Light travelling at roughly 186,282 miles per second, takes eight mins 20 seconds to reach the Earth from the sun. That is just about how long it takes to drive from St. Aubin to the Esplanade if there was no traffic. After creation, it can take anything from four thousand to one million years for those photons of light to reach the sun's surface from its core. That is just about how long it takes to drive from St. Aubin to the Esplanade on any weekday morning.

**"After creation, it can take anything from four thousand to one million years for those photons of light to reach the sun's surface from its core. That is just about how long it takes to drive from St. Aubin to the Esplanade on any weekday morning."**

As soon as the mercury reaches anything over 5 °C, there seems to be a flesh storm that stinks of SPF 30 coursing through the streets. Topless fellas necking high strength imported lager, nursing the previous days' sunburn, (I am jealous) complaints within the first three minutes of the day about how hot it is, "I couldn't sleep last night, it was so muggy". No-one is ever happy. This sunlight we so dearly crave and then admonish like naughty galaxy travelling schoolboy for being too inconvenient has been around for quite some time waiting to smash you in your sweaty face. It's free also. Think how much money you could save from needing the fake suntan lotion. Show the light some respect. Get it while it's hot.

## Joke:

*North Korea and the Martians were fighting over who was going to reach Venus first. Trump steps in and says "That doesn't matter, America is going to land on the sun first". The Martians and North Korea said, "you can't land on the sun, it's too hot, and you will die". Trump laughs and says "America is going to land on it at night".*



## Sunniest place on earth?

Have you ever wondered where the sunniest place on earth is? No, of course, you haven't, you've been too busy watching Love Island to even care about anything else. Let's see if we can find out, shall we?

One way to define the sunniest place is to ask which spot gets the most continuous hours of sun. If that is what you want, you might be surprised to find it is not the sunshine parish of St. Clement you should visit, but a destination much further north. Both Eureka and Alert on Ellesmere Island, Canada, have high sunshine statistics. Nobody calls the settlements home precisely, but military and scientific personnel are based there throughout the year, exiled from St. John's. May is the sunniest month, with bright sunshine possible for 65.4 % of the day at Eureka: that is more than 15 hours. But with daily average temperatures of -10C, it is far from sunbathing weather unless you're Teresa May. Cold heart.

That is because these research stations are two of the northernmost settlements in the world, lying within the Arctic Circle. I'm looking forward to seeing Easyjet flights taking off with sun-dried expats already wearing their flip-flops trying to find the newly hidden delight of arctic sun-bathing.

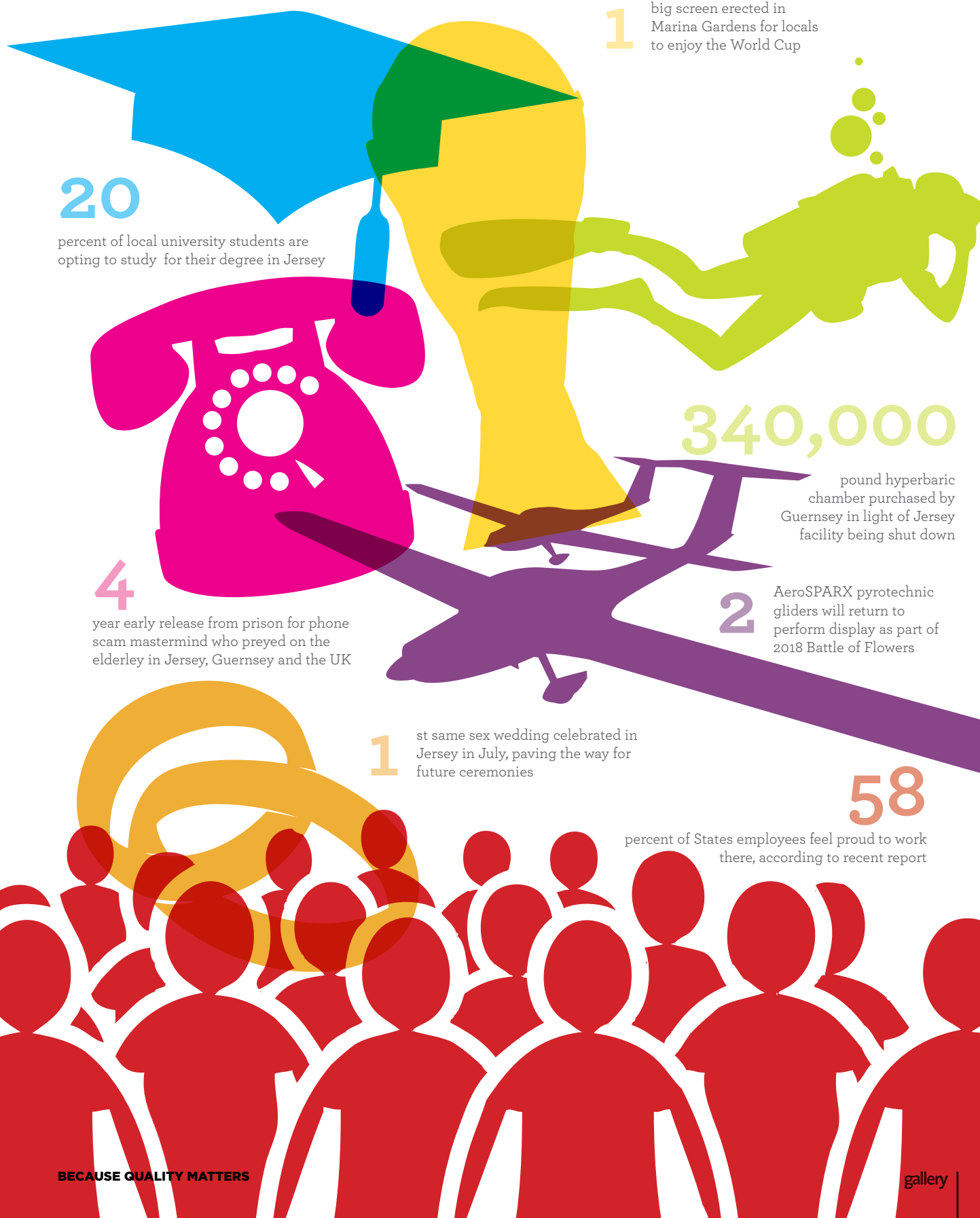
*Truth is like the sun. You can shut it out for a time, but it ain't goin' away.*

Elvis Presley





# NEWS IN NUMBERS



## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY

### Bringing a Cool Wave to Beresford Street Kitchen.

With July showing us what a Jersey summer is made of, even opening all our Gallery office windows did little to lower the temperature. Thankfully for the team at Beresford Street Kitchen, help was at hand. Steve Ferbrache and his team of engineers at Coolwave teamed up with the charity last month to supply and install air conditioning in their catering workshop. BSK Fundraising Manager, Georgie Cottini explained how adaptable and generous the team had been; "The recent warm weather was making the kitchen unbearable to work in. We contacted Steve, who was more than happy to help and to do the job for a discounted rate to help the charity. I would highly recommend Steve and his team, who were very efficient and slotted in around our working hours so as not to cause any disruption in our catering workshop. The crew are all so happy and grateful to Steve and can now continue making their corporate orders in a comfortable working environment". Steve was happy to help in support of their cause, "I think the employment opportunities that Beresford Street Kitchen offers people with learning disabilities and autism is fantastic; providing a great way to offer practical experience in a working environment locally. It was a pleasure to provide them with our service and expertise". Coolwave specialise in Air-conditioning, ventilation and refrigeration. Give them a wave next time you see one of their sweet looking VW Transporters go by and don't forget to call in to BSK to see the fruits of their air-con aided labour!



### Mourant puts mental health in the spotlight

Mourant has continued its work in highlighting the importance of health and wellbeing by committing three years of sponsorship to an annual psychology essay writing competition that aims to raise awareness of mental health issues in the island. The competition requires Jersey's psychology students to write a 1000 word essay on a topic relating to mental health in psychology; thinking independently and critically to demonstrate an understanding of the topic.

It's open to all final year students (year 13) in Jersey studying Psychology at A-Level and through the International Baccalaureate. Mourant Jersey Managing Partner Daniel Birtwistle, said: "We're really proud to partner with Jersey's schools for this initiative which we think has the potential to have a long-lasting, positive impact on our community, and aligns so well with our own values. Maintaining good mental health is essential to living a full, productive life and to realising your full potential which is why, as an employer, we're passionate about raising awareness of mental health in the wider community and supporting the mental and physical wellbeing of our people. This competition encourages young people to talk openly about mental health and to share their thoughts and opinions, which is an essential part of developing an understanding and counteracting stigma."

"It is fantastic that Mourant have joined with us to promote Psychology on the Island with a focus of greater awareness and understanding of mental health. This competition provides students with an opportunity to extend their understanding of Psychology in this area and to go beyond their curricula. It presents them with a platform to critically analyse and evaluate different perspectives in the field of mental health. The competition also equips students with a mechanism to demonstrate to employers or universities a clear interest and passion for the subject." Adrian Moss, Head of Psychology Hautlieu School.

**Students who would like to take part in this competition should contact [a.moss@hautlieu.sch.je](mailto:a.moss@hautlieu.sch.je) or their A-level Psychology teachers for more information.**



### Cycle helmets campaign wins award for Intertrust

Intertrust has won a national award for a campaign that saw the firm donate 400 cycle helmets to Channel Island children. The Citywealth Brand Management & Reputation Awards highlight exceptional work in the internal business development function supporting the wealth management industry and include awards for marketing initiatives, corporate social responsibility (CSR) campaigns and individuals and teams that work in the marketing, communications and business development (BD) roles. As part of its cycle helmets initiative, Intertrust donated 400 children's cycle helmets to local charities, community groups, and employees across the Channel Islands.

The campaign was created by Intertrust's public relations agency Orchard PR and won bronze in the CSR Programme of the Year Award at the Citywealth Brand Management & Reputation Awards earlier this month. Helene Senior, head of CSR for Intertrust in Jersey, said "We're really proud of this initiative and how well it was received. We've built some great relationships with the community and local charities, including Headway who have since approached us to join forces with them to promote Brain Injury Awareness week in early September. The award from Citywealth really highlights our commitment to making a difference in the island through our CSR work."







## Prosperity Day breaks new records

The annual corporate cycling challenge organised by technology firm Prosperity 24.7 has set a new fundraising record for local charities. Over £21,000 was raised at Prosperity Day 2018 for BHF Jersey branch and Jersey Cheshire Home thanks to the incredible efforts of the 15 teams taking part. The event involves corporate teams racing against each other, tackling a simulated tough stage of the Tour de France in a specially erected hi-tech marquee set up in Broad Street. However, success is not judged by cycling prowess alone as fundraising is a key element of the final calculations. The 2018 winners were Fitness First. This year a total of £21,247.00 was shared equally between the British Heart Foundation Jersey and Jersey Cheshire Home. In just four years, Prosperity Day has raised £71,946.00 which has been distributed to a variety of charities across the Channel Islands.

Chris Clark, CEO of Prosperity 24.7 was overjoyed "This year we have exceeded any previous sum raised in a single year. It is simply exceptional to see both the passionate participation on Prosperity Day as well as the most important outcome, the fund raising activity. This year has seen an incredible sum of money raised which will provide vital support to two essential local charities. Every year our event achieves increased backing enabling us, in turn, to offer growing support to our broader community, helping us all to prosper," he said.

## Rebecca's business challenge helps out.

13 year old Haute Vallee student Rebecca Noke is being praised for her tireless efforts in raising money for a home that cares for severely physically disabled Islanders. Rebecca has been involved in a range of fund raising efforts to support Jersey Cheshire Home and she has been particularly active in giving her backing to the £2 million Big Build extension and refurbishment project. The youngster is passionate about helping out because her father Paul Noke has lived at the home for just over three years. She has just finished raising money as part of the Channel Islands Student Business Challenge, where Rebecca was half of a two-person team named Funky Creations that designed a range of coasters, rings, earrings and key rings to sell at a host of events and venues. Part of the Funky Creations range included Jersey Cheshire Home branded key rings. As a result of her efforts, Rebecca raised £230 for the charity.



## The Animals are Winning

Durrell Wildlife Conservation Trust is delighted to have received a whole host of awards recognising the vital and inspiring work that they do both at Jersey Zoo and in the wild.

**Jersey Style Awards;** Jersey Zoo was delighted to win Visitor Attraction of the Year for the second year running at the prestigious red-carpet event that took place last night.

**Insurance Corporation Conservation Awards;** Durrell's project to restore red-billed choughs to Jersey through Birds On The Edge won the Best Conservation Project at yesterday's Jersey awards. The prize money for this collaborative entry between Durrell and Ronez will also go towards improving facilities for visiting school groups, providing children's binoculars and ID information which will allow them to see a conservation project in action. At the same event, Jersey Zoo's Education Officer, Sarah Maguire, who also works at the Jersey Biodiversity Centre, won the Best Conservationist prize, and also the People's Choice Award for Bioblitz Jersey, voted for by the general public.

## National Zoo and Aquarium

**Awards;** Jersey Zoo has been recognised for their work in several categories at the British and Irish Association of Zoos and Aquariums (BIAZA) annual awards ceremony which took place earlier this month in Devon. Durrell's new strategy 'Rewild our World' won the only Gold Award in the PR, Marketing and Events Category and they also received a Bronze Award in the same category for 'Durrell's Underhogs'; a documentary made by Dan Craven about Durrell's work with the world's smallest pig. The expanded Bat Tunnel was given a Silver Award in Behaviour and Welfare for improving the welfare of Livingstone's fruit bats in captivity and Durrell's pioneering work with mountain chicken frogs received a Gold Award in the research category.

**Jersey Director of the Year Awards;** Recently, Durrell's CEO, Dr Lesley Dickie was awarded the Chairman's Award for Excellence in Leadership. This annual awards, supported by the Institute of Directors in Jersey, celebrated exceptional leaders across the private, public and volunteer sectors.



# On your bike

- a **cycle-friendly** Island

**Some of us are seasoned cyclists, others are not quite as adept on two wheels. However, HSBC wants us all to get on our bikes this summer and is holding a free and fun community cycling event 'Let's Ride Jersey' on 19th August to help us do just that.**

The event at Les Jardins de la Mer 9.30am - 5.00pm is for everyone, whatever your age or ability. During the day there will be a number of activities, including leisurely ride-outs along the sea front and sprints for the sporty (places must be booked in advance [www.letsride.co.uk/events/jersey](http://www.letsride.co.uk/events/jersey)). The event hub, at Les Jardins de la Mer will

host trial bike displays, bike maintenance, a children's obstacle course, food stalls and local cycle shop and club stalls.

The bank wants people to get on their bikes more often because it has so many benefits. We know that cycling keeps you healthy, it's cheaper than driving, reduces pollution and,

of course, traffic for those who cannot cycle.

HSBC is one of many businesses locally which has a number of keen cyclists under its roof and here's a selection to tell us why they enjoy getting in the saddle...



**Claire Lilley**

*Head of Communications,  
HSBC:*

I'm definitely a leisure cyclist and enjoy being outdoors, getting some exercise. Since becoming a mum, I bought a cargo bike to go on adventures with my son (Edward, pictured) - we call it our 'ice cream bike'. It's a tricycle with a box on the front that has bench seats, storage, and electric assist.

We regularly pile all our beach things in, plus Edward, and pop over to Green Island. Sometimes, we even fit his little bike in the box with him so he can cycle in safe areas.



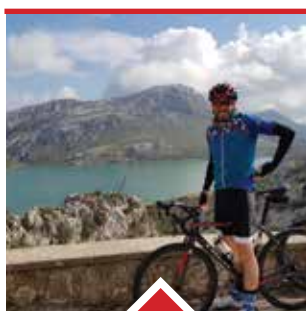
**Helen Child**

*Product Manager,  
HSBC:*

My parents ride a tandem bike because my mum is partially sighted. When they upgraded and asked if we would like it, we were very quickly converted!

You get some great quality time with the other person, in my case that's my husband Martin. It gives you time to chat and builds trust when you're going down a hill at 40mph!

Last month we took it to Granville, France, and did our first 100km ride. It was very hilly but the crepes and cider made it worthwhile.



**Joseph Hanford**

*Regulatory Compliance  
Manager, HSBC:*

When I was a teenager, cycling enabled me to get my first job as a paper boy - a weekly wage of £10.

Now, I find cycling really beneficial for my physical and mental wellbeing. You can see friends while exercising and it reduces stress.

My favourite cycling trips have been to Majorca, France and the Lake District. In September, I'm cycling from Venice to Rome to raise funds for charity - I can't wait.



**Joe Igoe**

*Business Support Manager,  
HSBC:*

As well as the obvious health aspects, the social side is most important to me. I've made numerous friends through cycling and we meet on a regular basis to take on new challenges...often with a beer involved.

Challenges I've completed include London to Brussels in three days, 'Coast 2 Coast' across the north of the UK, and cycling around the Isle of Wight and the New Forest, to name a few.

## THE WEIRD AND WONDERFUL BIKES OF JERSEY

### The 'recumbent bike':

One of the more unusual bikes out there, it places the rider in a lying down position. This is both ergonomically more comfortable for some people as it spreads the riders weight more evenly, supporting the back and bottom more than a 'normal' bicycle, but it is also a lot speedier due to its reduced height. The reason for using a recumbent bike is clearly personal to the rider, but either way it seems like a win-win.



### The stand-up bike:

Also known as an elliptical bike, it combines running, cycling and the elliptical trainer in the gym, all whilst getting to your destination. Although it sounds like an exhausting combination of three forms of exercise, it is actually quite low impact and easy on the joints as well as giving riders a great core workout. If you have been behind one of these elliptical bikes, you will know it looks a bit unusual, but the rider thinks otherwise – they have much better visibility than those on traditional bikes and, apparently, feel like they are walking on air. Well, in that case...



### The cargo bike:

"Have kids, can't cycle?" – that's no excuse. Although cargo bikes take a number of forms, here we refer to the ones with kids in the front, often with smug parents beaming as they pedal their angels to school or nursery. A very European, romantic vision of transporting children and shopping around the island, they actually make a lot of sense. The children love it, it skips traffic, and gives the parent their daily dose of exercise and some serious brownie points from their little ones. However, we do wonder how they deal with a junction – can you get mirrors at the front?



### Everyday cycling hacks

Wear sunglasses, sunny or not – nobody likes flies in the eyes.

When cycling at night, don't wear dark clothes or go without lights.

For the hair conscious, wear a plastic shower cap under your helmet to fight the frizz and the rain. Better still, it doubles as a seat cover when you park up.

For the non-hair conscious – still take a shower cap to protect your seat from the rain.

To protect your smartphone, put it in a zip-lock bag, even if your coat is apparently water-proof. You can still use the touch screen through the plastic but do reuse the bag- we don't want any more plastic pollution.

Select pants carefully. Ill placed seams can cause some serious saddle-sores. In cold weather, wear a nice head bandana to keep your forehead and ears warm.

For the more competitive, when using 'clip in' pedals for the first time, don't try to tackle those hills!

Jersey's cycle network is improving. Forget the traffic and use the cycle paths – try the track around La Collette and Havre des Pas instead of the tunnel, the St. Peter's Valley cycle track, and the path from Corbiere to town via St. Aubin.

Tuck trousers into your socks, especially on the inside of the ankle. You don't want any oil stains or chain tangles.

Be mindful – cycling doubles up as an opportunity for 'mindfulness', proven to energise and destress. Simply listen to what's around you like the birdsong; feel the pedals under your feet, the terrain under your wheels and the breeze on your cheeks; and ensure steady breathing.



## A FUN, FREE CYCLING FESTIVAL

Sunday 19 August 9:30am - 5.00pm  
[www.letsride.co.uk](http://www.letsride.co.uk)





# What's On.

A rundown of key events from jersey.com this month (and beyond).

This selection of events is taken from What's On. Published quarterly, it's the essential guide for visitors to the Island. If you have people coming to stay or you're hosting AirBnBers, make sure you grab one from our transit hubs or Visit Jersey at Jersey Museum for them to keep as their companion for visits to Jersey. They're packed with local information and fresh each season. Look out for the Autumn edition now. If you ever want listings in What's On, register and upload details to Visit Jersey's 'Mylistings' portal.



📅 04 - 09 AUG 🕒 20:30 - 23:30

## Jersey Film Festival at Howard Davis Park

Howard Davis Park will once again host the Jersey Film Festival, with visitors being invited to bring a picnic and a rug to enjoy their favourite films under the stars. There will be nightly shows, with free admission. A fantastic community atmosphere makes this an enjoyable evening of entertainment for all the family. Check website for details.

📍 Howard Davis Park Don Road 🚗 2/16 🆓 Free

+44 (0) 7797 717982

K.lewis@gov.je

jerseyfilmfestival.com

📅 04-AUG 🕒 All evening

## Singles Night

Are you single and looking for the one? Head to the Radisson Blu Waterfront Hotel, for a fabulous evening of delicious food, cocktail making, interactive entertainment and the opportunity to meet new friends.

📍 Radisson Hotel, La Rue De L'etau St. Helier

🚗 NA 📞 £45.00 per person.

+44 (0) 1534 671180

jacqueline.mcdermott@radissonblu.com

www.radissonblu.com/en/hotel-jersey

📅 05-AUG 🕒 14:00 - 17:00

## JAYF Open Garden - St John's Manor

The Manor stands in 10 acres of land, with an additional 40 acres of farmland and surrounding woodland. The magnificent grounds incorporate a lake, a chapel, Japanese and kitchen gardens. Open by kind permission of the owner in aid of JAYF. Entrance £4, Children under 12 free. Regret no dogs. Delicious Jersey cream teas will be served.

📍 St John's Manor Rue de la Mare Ballam JE3 4EH

🚗 5/7 📞 £0 - £10

+44 (0) 7829 712279

jayfgardens@gmail.com

facebook.com/JAYFgardens

📅 06-09 AUG 🕒 11:00 - 15:00

## Creative Castle

Join Jersey Heritage at La Hougue Bie to discover how stone age people built their homes. Meet the experts who are building the Longhouse and are keen to share their skills with youngsters. They'll be weaving, chopping, making and doing it all day. A fun learning experience for all the family. Normal admission fees apply. Jersey Heritage members go free.

📍 Mont Orgueil Castle, Gorey JE3 6ET

🚗 1/1a/2/13 📞 TBA

+44 (0) 1534 853 292

info@jerseyheritage.org

jerseyheritage.org

📅 09-AUG 🕒 14:30 - 18:00

## The Jersey Battle of Flowers

First staged in 1902 in celebration of a Royal Coronation, the Jersey Battle of Flowers has since grown over the past century and more to become one of the largest floral carnivals in Europe and without doubt a major highlight in Jersey's varied summer calendar of festivals and events. The atmosphere is always fun. Visit our website for more info. 📍 Victoria Avenue St. Aubin's Bay, St. Helier JE3 1EE 🚗 NA 📞 TBA

+44 (0) 1534 730178

battle@battleofflowers.com

battleofflowers.com

📅 10-AUG 🕒 19:30 - 22:30

## Battle of Flowers Moonlight Parade

The Moonlight Parade is an amazing evening parade. The floats will be the same as those participating on the Thursday Day Parade but will be lit up with tiny fairy lights. The atmosphere is carnival and the spectators and participants are encouraged to join in the fun. The evening concludes with a fantastic fireworks display over St. Aubin's Bay.

📍 St Aubin's Bay Victoria Avenue, St. Helier JE2 3QA

🚗 NA 📞 TBA

+44 (0) 1534 730178

battle@battleofflowers.com

battleofflowers.com

📅 21-AUG 🕒 20:00 - 22:00

## Annual Grow & Show Competition

Join members and guests of The Jersey Gardening Club for the annual Grow & Show competition which takes place at St. Lawrence Parish Hall. Non members and visitors welcome for an entrance fee of £5 per person per visit.

📍 La Grande Route de St Laurent JE3 1NG

🚗 7/7a 📞 £0 - £10

+44 (0) 1534 861672

jenniferrendell58@gmail.com

parish.gov.je/stlawrence

23 AUG 🕒 19:30 - 21:00

## Jersey Premier Brass in Concert

Jersey Premier Brass will perform a series of concerts at the Howard Davis Park. Premier Brass play in the Championship section of the National Brass Band Association of Great Britain. The band consists of between 30 and 35 local musicians from all walks of life who take great pride in their performances.

📍 Howard Davis Park, Don Road, St. Helier

JE4 8UY 🚗 2 📞 Free

+44 (0) 1534 747725

keithandbabs@hotmail.com

jerseypremierbrass.org.je

📅 25-AUG 🕒 19:30 - 23:00

## Taking Care of Elvis - The King is Back

Ben, a multi talented musician, singer and songwriter had Elvis's DNA in his blood from an early age. His father was an avid Elvis fan and Ben grew up on a diet of Elvis songs.

📍 Fort Regent Leisure Centre Mount Bingham JE2

4UX 🚗 NA 📞 £20 - £40

+44 (0) 1534 449600

FortRegentEvents@gov.je

📅 26 AUGUST 🕒 17:30 - 19:00

## Channel Islands World Wrestling

Super slammin' wrestling action. Come and enjoy the fun and excitement of CIW wrestling at The Merton Hotel's Star Room entertainment venue. These shows are fun for the whole family. There's a wide choice of food and drink in the hotel's restaurants and bars. Tickets are only available at JT Ticket Booth www.jtrewards.com/offers/

📍 The Merton Hotel Belvedere Hil JE4 9PG

🚗 1/1a/1g/2/2a 📞 £0 - £10

+44 (0) 1534 724231

events@mertonhotel.com

seymourhotels.com

📅 27-AUG 27 - 31 AUGUST 2018 🕒 11:00 - 15:00

## Creative Castle - Summer of Fun

Something to do at Jersey Heritage sites every weekday of the summer holidays. Join them for some creative capers, this week they'll be inspired by the magnificent Elizabeth Castle. Jersey Heritage will provide the inspiration but together we can make something amazing! Normal admission fees apply. Jersey Heritage members go free.

📍 Elizabeth Castle St Aubin's Bay JE3 3NU

🚗 NA 📞 TBA

+44 (0) 1534 723 971

info@jerseyheritage.org

jerseyheritage.org

📅 29-AUG 🕒 20:00 - 23:00

## Danny Foster & The Big Soul Corporation

Former Hear'Say star Danny performs some of the classic songs of Soul, Motown & Funk. this show will have you up dancing out of your seat, complete with two talented dancers "The Big Soul Corporation Girls" & stunning guest star vocalist Victoria Goddard. Three Course Buffet Dinner and Show package £32.00 and £16.00 for children under 12.

📍 Belvedere Hill St. Saviour JE4 9PG

🚗 1/1a/1g/2/2a/3 📞 £20 - £40

+44 (0) 1534 724231

events@mertonhotel.com

seymourhotels.com

📅 27 AUGUST 🕒 10:00 - 16:00

## Bouley Bay Hill Climb

The first hill climb was held in 1920 when the road surface was concrete. Today the club organises a number of hillclimbs a year and has a membership in excess of 500. Demanding, technical and challenging are just a few of the descriptions used by the UK competitors who visit each year for the British National Hillclimb championship.

📍 Bouley Bay Trinity JE3 5AS 🚗 4 📞 TBA

+44 (0) 1534 852952

secretary@jerseymotorsport.com

jerseymotorsport.com/hillclimb



# EVENTS

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---

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### Canaccord Client Event

#### SO BAR

THURSDAY 28TH JUNE

Canaccord Genuity Wealth Management recently hosted a client event to watch the compelling World Cup Football from Russia on big screens at the So Bar. It provided a superb opportunity to catch up with clients whilst supporting the progress of England in the tournament. Canaccord

Genuity Wealth Management offers services including Portfolio Management, Stockbroking and Treasury and is part of Canaccord Genuity Group Inc. which has offices in 10 countries across the globe.



### National Trust for Jersey Sunset Concerts

#### GRANTEZ

22ND & 23RD JUNE

Celebrating its 10th year of sponsorship for the event and the National Trust's Coastline Campaign, Ashburton Investments welcomed over 4,000 people through the gates to hear a selection of home-grown Jersey talent. Spectacular sunsets on both days gave a wonderful glow to the Grantez venue for this

fantastic music event. This year saw a record amount raised from donations given during the event, designed to promote awareness of the need to protect Jersey's unique coastal habitats.



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JERSEY

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**Galaxy - A Sci-Fi Celebration Event**  
**RADISSON BLU HOTEL**  
 23RD & 24TH JUNE

The first Galaxy Event was a fantastic success with hundreds heading down to the Radisson Blu to get involved in all the fun. People got to meet some of the real actors from the original Star Wars Trilogy as well as have a seat in the DeLorean from Back to the Future and ride the bike from E.T! Younger ones enjoyed the Jedi

Academy training from Archon Academy and also meeting Iron Man was a real treat for many. Keep an eye on the Prestige Events Jersey Facebook page for more information about their next event.



**The ROiyal Pop-up Pub**  
**OI JERSEY, LIBERTY WHARF**  
 THURSDAY 5TH JULY

Leading Channel Island advertising and digital agency Oi turned their Liberty Wharf office into pop-up pub "The ROiyal" for their client summer party. Complete with beer matt flipping, giant Jenga, a pool table, darts and other games the summer pub theme ensured a relaxed atmosphere

away from the day-to-day. Marking the agency's 7th year in Jersey the event hosted a range of Oi's clients and supply partners who were encouraged to let their playful side out by getting involved with the pub games, jukebox and of course, an ice cold beer!





### BNP Paribas Annual Drinks Party

#### TIFFIN AT THE MUSEUM

THURSDAY 5TH JULY

Roland-Garros, Wimbledon and conclusion of the BNP Paribas locally sponsored 'We Are Tennis' schools tennis programme are indicators that summer has arrived and it's time for BNP Paribas' annual client drinks party. Held in July within the attractive courtyard of Tiffin

at The Museum, the weather was perfect for this year's theme "After Sunset". BNP Paribas staff were delighted to see so many valued clients and business introducers, who were welcomed to the event by Head of Territory, David Myatt.



### Fairway Jersey Personal Pension Scheme Launch

#### THE MUSEUM BRASSERIE

THURSDAY 12TH JULY

Guests from the Jersey pension industry were invited to celebrate the ten year anniversary of the Fairway Jersey Personal Pension Scheme (FJPPS). Created by Peter Culnane, Head of Pensions, the scheme manages retirement provisions for over 5,000 Jersey residents. Rugby World

Cup winner and Dancing on Ice champion Kyran Bracken entertained the guests with stories from his very different careers and challenged those brave enough to a rugby ball catching competition.





## Lexus Golf Day

### LES MIELLES

SATURDAY 21ST JULY

If you've got time for golf, chances are that you're doing pretty well in life. It's therefore no wonder Lexus have incorporated golf heavily into their brand promotion. They are, after all, an elite luxury car brand. Last month the two combined for the 'Lexus Open'. The tournament itself was open to everyone with a golf club/ society handicap but Lexus was pushing the boat out for select VIP customers. The day kicked off around 12

(a later start for Lexus VIPs). Buggies were provided for each of us, making zipping around the beautiful course situated right beside the beach a breeze. But there was tension in the air throughout the day going beyond just friendly competition. The stakes had been raised even further as there was a brand new Lexus CT200H on the line to anyone who got a hole in one on the 8th hole. Logic and all reason told all of us that it was an impossible task, but still each of us held our breath on every tee off on that hole.

With an afternoon of golf behind us, it was onto dinner and the prize giving. Even with our hole in one dreams dashed, there were still plenty of other prizes to go around, along with a raffle whose proceeds went to Jersey Hospice Care. The main prize was particularly buzz-worthy, especially amongst assembled golf lovers; a place at the Lexus 'Monty' Day at the Bearwood Lakes Golf Club and an opportunity to golf with legend Colin Montgomerie. A fun day for all and the chance to have a few beers, thanks to an offer to travel home by chauffeured Lexus. Nice.

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PHOTOS Ollie Jones at Studio\_M

## Bobby

**Breed:** Cockapoo

**Age:** 10 months

**Distinguishing features:**

Ears and coat

**Special skills:** Ball robbing

**Pet hates:** Hoover

**Creature comforts:**

Mummy and Daddy's bed

**Human look alike:** Lionel Richie

**Favourite thing about owner:**

Gives me treats

## Vickie

**Occupation:** PA

**Age:** 39

**Distinguishing features:** Lips

**Special skills:** Baking

**Pet hates:** Mess

**Creature comforts:** Bleach

**Animal look alike:** Meerkat

**Favourite thing about pet:**

Cuddles and kisses



### Describe your perfect weekend together?

If Bobby had his way, his perfect weekend would consist of waking up in our bed, under the covers, before spending the whole day with his Mum and eating lots of chicken!

### If Bobby could speak, what would he say?

He'd be like an excitable little child - running around and going up to all of the pups he meets on the beach saying "Hi, I'm Bobby. What's your favourite colour?" or just simply asking, "Where's Mum?"

### What's the naughtiest thing Bobby's ever done?

Not many students can get away with the phrase "the dog ate my homework" - except for my daughter, Megan. Bobby has been known to eat her homework on many occasions!

### What's one of your favourite memories of Bobby?

I love Christmas and my pride and joy is my tree. I was upstairs once, when Bobby momentarily disappeared. I came downstairs to find him destroying my tree - feathers were everywhere and he looked a bit like a chicken!

### What do you do to spoil and pamper him?

I do spoil him and buy him a lot of toys - he tests them out and they last about 5 minutes though! I'm also guilty of buying him treats whenever I do the food shop, so when I come back his little head is straight in the shopping bags trying to sniff them out!



The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL



# LET'S STAY HOME

WORDS Rebecca Evans

At the time of writing, Jersey is basking in the longest period of great weather that I can remember, school is about to be out for the summer, and thousands of holidaymakers are flocking in to enjoy our undeniably beautiful Island home.

With gorgeous beaches, endless options for adventure & more sunshine than anywhere else in Great Britain (Sorry Scilly Isles, but it's a fact) we have the perfect holiday spot

right on our doorstep. So why not take a staycation this summer, get off the beaten track and explore what secrets our own slice of Paradise has to offer?

## PLACES TO STAY

### Durrell Wildlife Camp

There aren't many places on Earth that you can be woken from slumber by the morning calls of a troop of lemur, but one of them is right here in Jersey. The Wildlife Camp at Jersey Zoo offers comfortable yurts on the banks of Lemur Lake. Camping it might be, but there's no 'roughing it' here. Each yurt has proper beds, a carpeted floor and a wood burning stove to keep things cosy when the sun goes down, along with a private bathroom and fully equipped kitchen. The neighbours are a little rowdy, but at least they're cute.



[www.durrell.org/wildlife/visit/hospitality/camp/](http://www.durrell.org/wildlife/visit/hospitality/camp/) From £480 for 3 nights.

### Jersey Heritage Lets

Ever fancied staying in a remote coastal fort, off-shore tower or being the King of your own private Castle? Jersey Heritage Lets offers all these options and more, with accommodation ranging from rough & ready camp-outs for up to 30 people at Fort Leicester to a comfortable apartment at Elizabeth Castle or a beach break at the Barge in St

Ouen. The adventurous can, with a guide, hike out to Seymour or La Rocco Tower and spend a memorable night off-shore, cut off from civilization by the incoming tide.

[www.jerseyheritage.org/holiday](http://www.jerseyheritage.org/holiday) Prices vary

## Jersey Camper Hire

Who hasn't dreamt of cruising around in an iconic VW Campervan, dropping down to Le Port for a BBQ and a surf, before cosying up for the night? Jersey Campervan Hire can make the dream a reality with a fleet of classic campers to hire for a day or a weekend. See the Island in a new light from behind the wheel of a 1967 split screen or 1970 Westfalia. (Gallery reminds you that it's illegal to camp in Jersey outside of a designated campsite, so book a pitch at Beuvelande or Daisy Cottage for the full holiday experience, or just kip on your own driveway).

[www.jerseycamperhire.com](http://www.jerseycamperhire.com)  
from £150 per day plus insurance



## THINGS TO DO

### Jersey Turbot Farm

Tucked away in a bunker at St Catherine's is Jersey's best kept secret. Operating daily as a Turbot Vivarium supplying Island shops & restaurants, on Sundays through the Summer owner Dave Cowburn throws open the doors and welcomes visitors to take a tour of his fascinating business. Housing around 6500 Turbot in sea-water tanks, venture inside and discover how they are reared over several years from 50p coin sized youngsters to full-sized market-ready fish weighing over a kilo. The unique location, small entrance fee, interesting subject matter and lively and engaging tour given by Dave himself makes this a must-visit.

[www.jersey.com/jersey-turbot](http://www.jersey.com/jersey-turbot)



### Go Sail Catamaran Tours

Ever watched the boats sail into St Brelades Bay on a sunny day and wished you were on board? Take a south coast catamaran tour with Go Sail and it could be! Departing daily April to September from the Albert Pier, it's a snip at £40 per person to hop aboard, kick back and enjoy a 3 hour cruise past some of Jersey's most beautiful bays. On favourable tides, a full day round the Island tour is offered which includes the chance to dive in for a swim at Beauport. The catamaran carries just 10 passengers so it's small enough to feel exclusive, but if sun seeking with strangers isn't your thing, gather some friends together and charter privately, without having to splash too much cash.

[www.go-sail.je/daily-trips.html](http://www.go-sail.je/daily-trips.html)

CONTINUED...



CONTINUED...



### Jersey War Tunnels - Escape Room

One of Jersey's newest attractions having opened in 2016, and hidden deep within the War Tunnels, is the Escape Room. Round up a group of 4-8 of your smartest buddies, and venture into the Commandant's office, where you have just one hour to find the clues, crack the codes and solve the puzzles in order to find the location of newly-constructed fortifications and save the day. Complete the mission within 60 minutes to claim a certificate and bragging rights; I'm told that only around 20% of groups make it out in time. Already taken-on the challenge? A brand new room is due to open later in 2018.

[www.jerseywartunnels.com/escape-rooms/](http://www.jerseywartunnels.com/escape-rooms/)



### Guided Walks

Think you know everything there is to know about Jersey? Pop your tourist hat on and take one of the many guided walks available on the Island, and I can guarantee that you'll learn something new. There is a walk to suit everyone, many led by Blue or Bronze Badge Guides. Discover secrets of the Occupation, forage for edible seaweed, explore Corbiere Lighthouse inside and out or hike out across the moonlit seabed in search of elusive yet breath-taking bioluminescence. The full range of guided walks are listed in the What's On guide, available at the Harbour and Tourist Information Centre.

[www.jersey.com/guided-walks-in-jersey](http://www.jersey.com/guided-walks-in-jersey)

**“Round up a group of 4-8 of your smartest buddies, and venture into the Commandant's office, where you have just one hour to find the clues, crack the codes and solve the puzzles in order to find the location of newly constructed fortifications and save the day.”**

### Falconry Experience

Spread your wings and try something new with a private falconry experience in the charming surrounds of St John's Manor grounds. Boasting 27 years of experience, Richard Hall will introduce you to these handsome birds of prey, including Zach the Eurasian Eagle Owl, Jazz the Harris Hawk, Hemlock the Steppe Eagle and over 25 more of their feathered friends. Visitors will have the opportunity to get up close & personal with these graceful and powerful birds, whilst learning about the fascinating history and art of falconry. The experience is just £90 for up to 4 people.

[www.jersey.com/jersey-falconry](http://www.jersey.com/jersey-falconry)

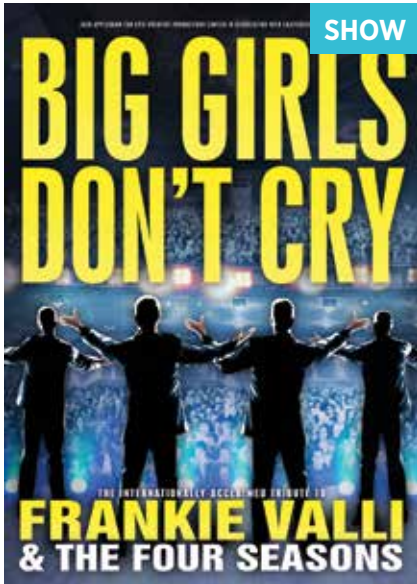


# CULTURE



# Culture News

## Jersey Opera House



*Big Girls Don't Cry: Celebrating the music of Frankie Valli & The Four Seasons, 9th - 11st August, £26.50 - £28.50*

Step back in time, to the era of romance. Where gents were gents, and gals were gals! Come and experience the iconic sounds of Frankie Valli & The Four Seasons authentically recreated by a phenomenal cast and live band. After selling an incredible 100 million records worldwide, there's a Four Seasons song that shares a special place in everyone's heart. This internationally acclaimed show authentically revives the sublime harmonies of New Jersey's finest.

## Jersey Opera House



SHOW

*Thoroughly Modern Millie, 31st July - 4th August, £30.50 +*

The winner of six Tony Awards including Best Musical, *Thoroughly Modern Millie* is based on the Academy Award-winning film starring Julie Andrews, taking you back to the height of the Jazz Age in New York City, when 'moderns' including a flapper names Millie Millmount were bobbing their hair, raising their hemlines and rewriting the rules of love.

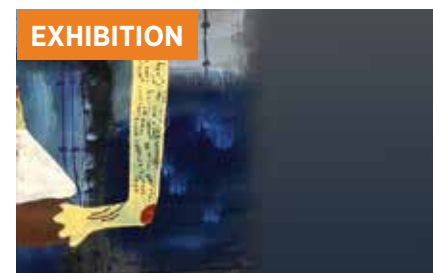
## Arts Centre



*Oddsocks: The Tempest, 30th July - 8th August, £11.05, Coronation Park*  
Shakespeare's tale of illusion and revenge is brought vividly to life in *Oddsocks'* musical, sci-fi adaptation. From the company who brought you the "bonkers and brilliant" *'Romeo and Juliet'*, experience *'The Tempest'* like never before as you're transported far off to a distant universe!

On board the spaceship you'll find ageing Astronaut, Prospero, his fearless daughter Miranda, and a host of madcap aliens, some of whom have murder on their mind! Prepare for launch, get on your space suits and take one small step for man, one giant leap for Shakespeare! Please bring warm and waterproof clothing as performances will go ahead whatever the weather.

## Arts Centre



*Student Art Exhibition: Retrospective, 20th August - 15th September, FREE*

A special exhibition which will feature artists that have exhibited in the Student Art Exhibition since it began in 1983. Artists will include Jason Butler, Robert Green, Solomia Zoumaras, and Kirstie Fulton. With many artists now working in the UK, it will be an opportunity to view recent works by the artists since they first exhibited in the Student Art Exhibition.

## Jersey Film Festival

*4th - 9th August, Howard Davis Park, FREE*

The Jersey Film Festival is back and will be returning to Howard Davis Park to offer islanders an array of films every night for six nights from 4th August. The films being displayed on the big screen this year are *Ferris Bueller's Day Off* (1986), *Top Gun* (1986), *The Greatest Showman* (2017), *Close Encounters of the Third Kind* (1977), *Grease* (1978) and *Peter Rabbit* (2018). Admission is free and attendees are encouraged to bring a picnic and a rug to enjoy watching your favourite films under the stars.



FILM FESTIVAL





## PROJECT

### Horsiculture

A horse trailer becomes Jersey's newest and most unique art space! Launching this month, the Morning Boat invite local artists, researchers and activists to propose ideas for pop up events and activities that explore our relationship with the land. Throughout the month of August, the trailer will travel around the island for the first project, 'The Global Milk Map', giving out unusual ice cream flavours and becoming a hub which encourages questions about global trading and the export of dairy products. The trailer can be completely transformed, re-imagined and re-designed, so if you would like to get involved and propose an idea, please contact Susanne Kudielka and Kaspar Wimberley by sending a message to [morningboat@arts.je](mailto:morningboat@arts.je). Horsiculture is sponsored by HSBC Bank and supported by Normans Ltd and Signtech.

[morningboat.com](http://morningboat.com)

[facebook.com/morningboat](https://facebook.com/morningboat)



## MARKET

### Genuine Jersey

*Genuine Jersey Market, St Aubin, 11th August, FREE*

Browse stalls from some of Jersey's leading craftsmen and artisans in the idyllic location of St Aubin's harbour. From jams to toys, candles to cakes, all products at the market will bear the hallmark of Genuine Jersey ensuring authenticity and that high standards of quality are maintained. Embrace the best talent in Jersey and support our local businessmen and women by buying local. The event is sponsored by Islands Insurance.

## JERSEY OPERA HOUSE



### BIG GIRLS DON'T CRY

*Featuring The East Coast Boys*

*The Music of Frankie Valli & The Four Seasons*

THU 9 - SAT 11 AUG | 8PM TICKETS: £28.50\*



### FASTLOVE – A TRIBUTE TO GEORGE MICHAEL

*A spellbinding experience not to be missed!*

THU 16 AUG - SAT 18 AUG | 8PM TICKETS: £28.50\*



### THEATRE TOURS & AFTERNOON TEAS

*The real story! Behind-the-scenes, history & cake!*

6 - 29 AUG | 2PM TICKETS: £19.50



### HELLO AGAIN – THE STORY OF NEIL DIAMOND

*With the Brooklyn Horns & Ascending Strings LIVE*

THU 23 - SAT 25 AUG | 8PM TICKETS: £23.50\*



### NASHVILLE LIVE

*Country Music at its best LIVE on stage.*

THU 30 AUG - SAT 1 SEPT | 8PM TICKETS: £28.50\*

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\*Check for concessions and/or member discounts

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## ART, FOOD & DRINK

### A RECIPE FOR SUCCESS!

**ArtHouse Jersey, the team behind artistic residencies, exhibitions, and wide-scale public art events, enjoyed a particularly successful year of Skipton Open Studios.**

In June and July, Skipton Open Studios completed its ninth year, celebrating the wealth of artistic talent on the Island. Thousands of Islanders and tourists were encouraged to go out and explore pop-up exhibitions and the working studios of over 70 participating Jersey-based artists dotted around the island. The event was the largest ArtHouse Jersey have hosted to date, with over 200 individual artists, groups, galleries and independent businesses taking part.

However this year ArtHouse Jersey wanted to do something a little bit different with Skipton Open Studios, and grew their wider programme of events and projects to provide opportunities for more people

to engage with the local arts scene. By collaborating with food and wine experts, they gave a whole new meaning to the culinary arts by blending together the love of food with unique art events, celebrating both Jersey's culture and cuisine.

This included a Food Styling and Photography Workshop with Holly Smith Photography and the Bean Pot, and also the 'Re-Wild my Plate' initiative that considered edible infrastructures and invited the public to create deliciously sustainable menus. A 'Food as Art' dinner curated by Ian Rolls, James Lingard, Love Wine and Nourish transformed Greve de Lecq Barracks into a communal dining

space that was a feast for all the senses. Last but not least, a 'Drink & Draw' co-hosted by Abi Overland took place at Project 52. The event saw over fifty people attend a night of drawing models in costumes designed by Alice Bravery, all while sipping cocktails as they sketched.

The Producer of the Skipton Open Studios, Alice Bravery, said: *"We wanted to be adventurous and appeal to a broader audience than those that would typically engage in arts events. Art, food and drink naturally go hand-in-hand as part of cultural experiences, and have much to offer one another. We cannot wait to offer more of these kind of events in the future, and will be announcing future projects such as 'Drink & Draws' on our social media channels and via our newsletter"*





ArtHouse Jersey also ran several events at its “pop-up hub” for Skipton Open Studios, Picquet House, in the Royal Square. The former police station, which was visited by over a thousand people, became the location of numerous art installations and workshops. This included a sealed-bid auction raising funds to support local Jersey artists and exhibitions, including those by Nicholas Romeril and Gabriella Street, and participatory workshops and projects by Sarah Taylor and The Morning Boat.

Ten new murals now adorn the streets of St Helier, thanks to the continuation of ArtHouse Jersey’s Mural Project III, curated by Ben Roberstson (BOKRA) in locations including the central and fish markets, Rue de Funchal and Parade Gardens. These can all be discovered on self-guided walks thanks to maps available on the Open Studios website, which includes information on the artists behind each of the works.

***“However this year ArtHouse Jersey wanted to do something a little bit different with Skipton Open Studios, and grew their wider programme of events and projects to provide opportunities for more people to engage with the local arts scene.”***

ArtHouse Jersey nurtures new creative content by providing a supportive environment for artists from around the world to develop new ideas and encourage new collaborations to flourish. To find out more about their work, as well as upcoming opportunities to take part by visiting [arthouse.je](http://arthouse.je).





# ART SKILL UP

**During August local artist Julia Renault will be doing summer holiday art sessions with a difference. Her 'Art Skill Up' and 'Art Pairs' will focus on the skills of drawing and painting, rather than on themes and the idea is that people can take a three or four hour session to improve their skills. The sessions are tailored to individuals in a group setting, so that they have all the benefits of one to one tutoring with the added benefit of being more affordable and sociable.**

Art Skill Up sessions are for 7 to 16 year olds and Art Pairs are for two adults or two family members, and can include an adult and a child from age 6. Art Skill Up is studio based but with Art Pairs students go out on location to draw and paint, there are sessions at historic buildings in St Helier, some rural spots and one at the Jersey Lavender Farm. For the first time this autumn, Julia is also offering weekday afternoon classes for adults, in addition to her popular evening sessions. There are options to learn watercolours, acrylics and oil painting in her studio at Communicare, St Brelade. The start dates are staggered over early autumn but early enrolment is required because, like the children's classes, numbers will be kept small to ensure attention.

Julia's Art For Young People groups, one of which meets in St Paul's Centre, St Helier, are very popular as they teach art in a relaxed atmosphere and promote concentration through the precise skills

**“Her ‘Art Skill Up’ and ‘Art Pairs’ will focus on the skills of drawing and painting, rather than on themes and the idea is that people can take a three or four hour session to improve their skills.”**

taught. There are spaces for 7 to 16 year olds in these small groups, starting at the beginning of September. her students have enjoyed success in the Jersey Eistedfodd Creative Arts, regularly winning trophies. Julia seeks out international and local competitions for them, and opportunities to display their art in the island. These children will take part in the St Helier Christmas Window Competition again. Last year they had a window in Romeril's shop where their sculptures and mock stained glass made a Christmas scene. Plans for the autumn include painting, drawing, sculpture and textile art.

This autumn sees the launch of a class for under sevens at Communicare. An opportunity to take age appropriate art lessons from the start, with art games and art stories. Art Start is something different from messy play. It will be fun, working with four year old artists, exploring materials and their creative possibilities! Carers welcome. This is what people have been asking for, so we are going to offer a shortened nine week term initially.

**Information:**  
[www.juliarenault.com](http://www.juliarenault.com)  
**07797 766302**



# ENTRÉ NOUS

**Next month Archisle: The Jersey Contemporary Photography Programme, hosted by the Société Jersiaise, will be bringing a European Premiere of a New Exhibition to CCA International. *Entre Nous*: Claude Cahun and Clare Rae brings together photographs by the French artist Claude Cahun (1894-1954) and Australian contemporary artist Clare Rae in an exhibition that reflects a dialogue between two performative photographic practices created some 70 years apart.**

Since the posthumous rediscovery of her photographs in the 1980s Claude Cahun has acquired cult status among artists dealing with issues of gender, identity and self-representation. Cahun is best known for the radical self-portraits she produced, in collaboration with her partner Marcel Moore, against a backdrop of the 1920s Parisian avant-garde. In 1937 the pair moved to Jersey, attempting to escape the threat of Nazism (Cahun's family were Jewish). Here the island's coast and landscape were assimilated into a private archive of photographs figuring Cahun in a compelling mix of overtly performative, vernacular and domestic modes and contexts. After Moore's death in 1972, Cahun's estate, including the photographs, was sold at a local auction house. Many of these photographs were later acquired by Jersey Heritage who now hold largest collection of Cahun works in the world. The dissemination of the Cahun archive has had a significant impact on the international art scene and has drawn artists, curators and researchers to Jersey to view her photographs.

Clare Rae is an artist based in Melbourne, Australia. In her photographic practice Rae explores ideas of performance and gesture to interrogate and subvert dominant modes of representation. Her work is informed by feminist theory, and presents an alternate and often awkward experience

of subjectivity and the female body. In 2017 Rae undertook an artist's residency with Archisle: The Jersey Contemporary Photography Programme to research the Cahun archive. In Jersey she produced new photographs responding to the archive and the sites inhabited and imaged by Cahun and Moore on the island. The resulting series of images titled *Never standing on two feet* was produced in locations that in some cases echo those chosen by Cahun - across a temporal space of 70 years - while elsewhere they are the product of Rae's own discovery. Extending a recursive practice of bodily engagement with institutional architectures, a number of these photographs explore the reading rooms and storage stacks at Jersey Archive where Cahun's photographs are preserved and accessed today.

*Entre Nous* includes a series of Cahun photographs selected from the archive by Rae, alongside the artist's contemporary works produced in Jersey in 2017. The Jersey exhibition follows its first showing at the Centre for Contemporary Photography, Melbourne from March - May 2018. Talking about the project Rae says: 'My series, *Never standing on two feet*, considers Cahun's engagement with the physical and cultural landscapes of Jersey, an aspect of her work that has received little analysis to date. The photographs Cahun produced in Jersey are intimate. They explore ideas of self within the

immediate environment and were produced in collaboration with her lover, Marcel Moore. Many threads of inquiry emerged for me while viewing the archive: Cahun's performative photographic gestures; the nature of photographic performance for a lover; and the repercussions of imaging a woman's body aging over time, to name a few.

Like Cahun's, my photographs depict my body in relation to place; in these instances sites of coastal geography and Jersey's Neolithic ritual monuments among others. I enact a visual dialogue between the body and these environments, and test how their photographic histories impact upon contemporary engagements. Cahun used self-portraiture to subvert the dominance of the male gaze in photographic depictions of the female body in the landscape. My practice is invested in the feminist act of self-representation and I draw parallels between my performances of an expanding vocabulary of gesture and Cahun's overtly performative images of the body expressing a multiplicity of identity. In this series, I tease out the interpretations inherent in landscape photography. I utilise gesture and the performing body to contrast and unsettle traditional representations of the female figure in the landscape.'

To coincide with the exhibition an extended series of Rae's *Never standing on two feet* has been published as a photobook by Perimeter Editions. The book features a foreword by the celebrated curator Susan Bright and an essay by Archisle Project Leader and Société Jersiaise Photographic Archivist, Gareth Syvret. Copies will be on sale throughout the exhibition and the artist will be present for a special book signing at the preview on Friday 7 September.

**The exhibition *Entre Nous*: Claude Cahun and Clare Rae will be showing at CCA Galleries International, St Helier, Jersey from 7 - 28 September 2018. Images courtesy of the Jersey Heritage Collections and Archive**



# • THE • Genuine Articles



## Rachel Concannon

### *Rachel's Textiles Studio*

*Rachel set up her Studio to help encourage more people to get stitching. She left a long-term post as head of Textiles at Jersey College for Girls in July 2014 where she had inspired many pupils from there and from Victoria College to enjoy sewing and textile art, up to A-level standard.*

The Studio offers sewing and creative textile workshops for students and adults of all levels; demonstrations, general chat and nice things to purchase. Rachel, when not teaching, is usually to be found making a wide range of hand-made gifts and textile art. Even if you don't sew, you can usually find a perfect ready made present in her shop for that special occasion.

As a member of Genuine Jersey, her own work is unique. There are no production lines or repeat products, her pin cushions for example may have similar features but each is, made with a different material, and decorated in a characteristic way.

Textile art: there are lots of exciting products in-store for Rachel or anyone to experiment with. Beautiful threads and fabrics, bondaweb, tyvec and many vilene products for brooch and bag making. You can find various fabric paints and sticks. She also has a heat-press and mug press for sublimation printing. Rachel belongs to the Diversity group and exhibits with them on a yearly basis, developing her distinctive style for each exhibition.

Fabric gifts: Rachel has a large cupboard full of scraps to sort through in the studio as well as fabulous new fabrics in store. She constructs 3D soft sculptures; for example fabric sewing machines and flowers. She produces hand made encaustic art or stitched cards and functional items such as doorstops and bags; many different styles of pincushions and key rings and sometimes items of clothing. Rachel uses the fabulous Janome machines (also for sale) for machining, machine embroidery, over locking and embellishing.

Visit [www.RachelsTextilesStudio.com](http://www.RachelsTextilesStudio.com) to find out more.



## Stephanie Auckland

### *The Memory Mix*

*Stephanie, the Founder and Designer of The Memory Mix completed a B.Sc. (Hons) Degree in Social Sciences and since graduating has developed this Graphic Design business producing a wide range of products to suit most occasions.*

Having previously studied Art & Design and Media Studies, Stephanie has always had a real passion for Mixed Media and Graphic Design and carried out some design work on a freelance basis throughout her studies.

The initial products were designed on a bespoke basis as gifts for family and friends to suit various special celebrations and these soon became extremely popular.

The business was only launched in October 2014 and has since generated considerable interest via Social Media Network sites and Genuine Jersey craft markets and now has many customers.

The designs often start with a simple idea, a photograph or sketch and are further developed using programmes such as Photoshop and Illustrator to create the finished products.

Many of our prints include a mixture of Typography, Vector Art and Graphics to create eye catching designs.

A small selection of products are available at Chi Chi Boutique, St Aubin, Lacerta Restaurant, at Les Ormes, Black Label Studio, Bath Street and Turtle Doves Gift Shop at the Devil's Hole.

**The full range of graphic design prints are available to purchase online and to view on our web site [www.thememorymix.com](http://www.thememorymix.com) and also on the local website [Anina.je](http://Anina.je).**





# BEAUTY & WELLBEING



La Vie est Belle L'éclat L'eau de Toilette, 50ml  
UK RRP £56  
de Gruchy £49

## BEAUTY LANCÔME LUXURIES

Radiate sophistication with La Vie est Belle L'éclat, its sparkling heart composed of the most luminous flower, the Orange Blossom, is enlightened by a smile of fruity delicacies. Perhaps try Lancôme's rose gold Custom Highlight Drop, blend it with your daily foundation for a healthy, dewy and radiant glow this Summer.

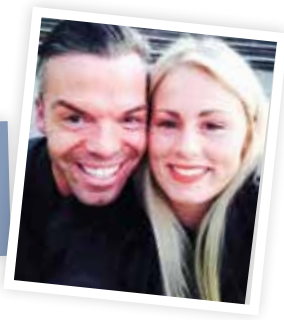
de  
**GRUCHY**  
degruchys.com



Custom Highlight Drop, Rose Glow  
UK RRP £26  
de Gruchy £22.75

# Beauty News

## MEET THE EXPERTS



Hair stylists Jade Saunders and David Stevenson have worked together for 11 years, building a great friendship and work partnership over that time. Just under two years ago they opened their own salon together, Dirty Blondes, on Colombarie. The cool industrial space has a real wow-factor that their dedicated client base adore.

We met up with them to find out about the latest hair trends for 2018.

### What do you guys think is the most current cut?

A clean cut blunt bob gets 10/10 every time from us! It gives that edgy look to the hair, whether it's straight or wavy, it's versatile and very on trend.

### What are your favourite colour trends this year?

Grey metallic tones can be stunning.



## 4 Ways Acupuncture Can Add Some Shine To Your Summer.

**WORDS** Lorna Jackson

*BSc (Hons) MBAC, AFN owner of Health Point Clinic*

### Stress Reduction

Acupuncture is one of the most effective non-pharmaceutical ways to activate your parasympathetic nervous system - the nerves that allow you to rest, digest, and heal - helping you to relax fully and sleep deeply. Certain acupuncture points have been shown to affect areas of the brain that are known to reduce sensitivity to pain and stress, as well as promoting relaxation and deactivating the 'analytical' brain, which is responsible for anxiety.

### Natural Pain Relief

Inserting a fine, pain-free needle sends a signal through the nervous system to the brain, where chemicals such as endorphins, norepinephrine and enkephalin are released. Some of these substances are 10-200 times more potent than morphine!

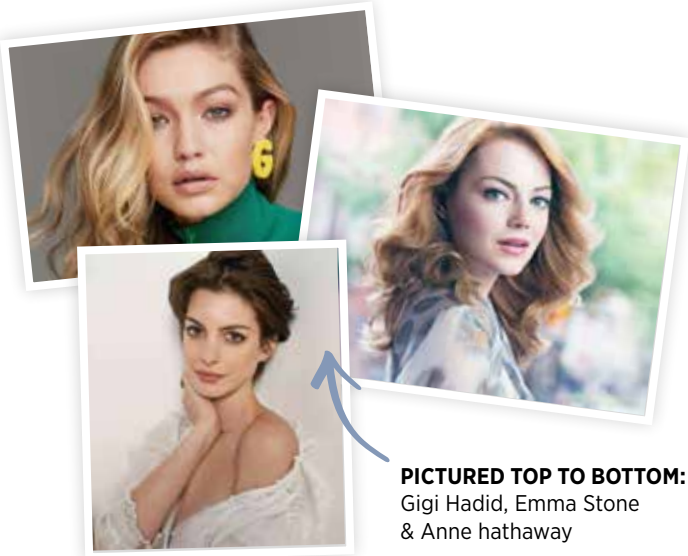
### Pregnancy Support

Concepts of cultivating and supporting wellness are likely to make the most sense to us during pregnancy. Following your initial consultation treatments are designed to support your medical care as well as you and your baby through the different stages of pregnancy. Health Point Clinic works to assist in preventing common pregnancy ailments such as nausea, fatigue and back pain as well as maintaining your general wellbeing. Acupuncture can play a very useful role throughout each stage of pregnancy.

### Wear And Tear

Without general maintenance, injury, pain and stiffness can accumulate and trail throughout the body. Many become accustomed to living with low to medium grade pain and restricted movement. Living a sedentary lifestyle will also often increase injury, recovery time and can lead to further aches and pains. Acupuncture is a fantastic tool not only for pain relief but also to help alleviate the symptoms of wear and tear.

**For more information on how acupuncture can help you visit [www.healthpointclinic.co.uk](http://www.healthpointclinic.co.uk)**



**PICTURED TOP TO BOTTOM:**  
Gigi Hadid, Emma Stone  
& Anne hathaway

### Which celebrity nails their hair every time?

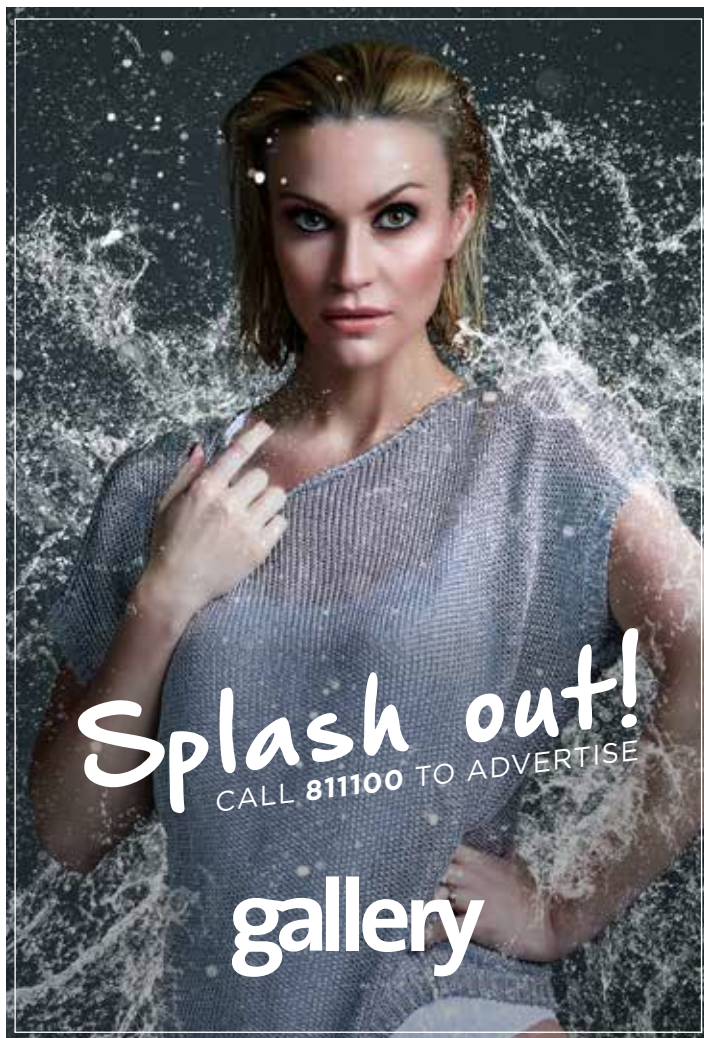
We have a few favourites; Gigi Hadid, Emma Stone and Anne Hathaway are all really adventurous with their hair and suit so many different styles and colours - we love seeing what they're doing next!

### Do you have an all time greatest hair product?

Yes it's the L'Oréal Super Dust, perfect for volume and adding texture.







**Splash out!**  
CALL 811100 TO ADVERTISE

**gallery**

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with a twist.

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# SUN'S OUT, BUNS OUT!

A round up of wonderful and ingenious products to keep you skin in tip top condition this summer



## Sisley

### After Sun Care Tan Extender

*Available from Voisins*

Oh, to be able to slather this wonderful lotion on all year. It's a little expensive but, boy is it worth it. Your skin will glow with the best tan of your life. Ideal if you're planning a snap-happy holiday or want to achieve the perfect natural tan for a special occasion.



## Dermalogica

### Calm Water Gel

*Available from RIO Hair & Beauty*

This weightless water-gel moisturiser hydrates dry, sensitive skin. It's refreshing and skin-quenching with dual Hyaluronic Acid technology which works in different skin surface layers to increase and lock in moisture. Clever and much needed over the summer months.



## Eve Lom

### Daily Protection + SPF 50

*Available from DeGruchy*

Desperate not to look old before your time? Prevention is the cure, so treat your face to this skin saviour and protect your looks. Brightens, hydrates and lifts the skin whilst preventing further damage from this hot hot sun we've been experiencing.



## Jo Malone London

### Lime Basil & Mandarin Body & Hair Oil

*Available from Voisins*

You can now wear this much-loved fragrance head to toe. The sun and humidity can play havoc with your hair so make sure it's protected and kept in-check with this stunning-smelling dry oil, to leave your mane soft, shiny and tamed! A holiday essential.



## bareMinerals

### Complexion Rescue Defense SPF 30

*Available from Voisins*

You know how you stare at your phone / computer / the telly all day long, and if you're out you're probably sunbathing? ALL of this is damaging your skin and this clever little product can save you! It contains cacao extract to help protect against the damaging effects of blue light from screens as well as mineral SPF to protect against sun damage for indoor and outdoor protection.



## Filorga

### UV Bronze Tan Simulator Sun Oil SPF 30

*Available from feelunique.je*

Contains an anti-aging cocktail combined with hyaluronic acid to wrap the skin in nourishment all whilst boosting your tanning potential. Gives you a high factor of protection which is needed for anyone over 30 who's skin is starting to go down hill \*picture the crying face emoji\*. Save your skin!

# FASHION



Lillian Print Ruffled Dress  
UK RRP £119  
de Gruchy £107

## FASHION SUMMER LOVIN'

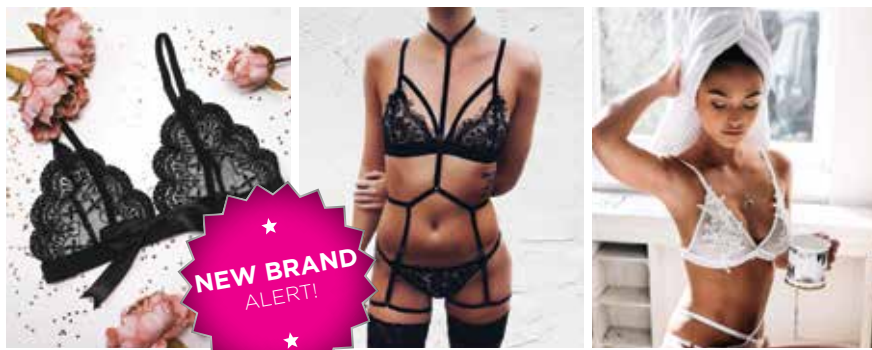
Mint Velvet are all about patterns this season. This Lillian Print Ruffled Dress, has all over exuberant colourful blooms and falls loosely over your frame, what a treat! Alternatively, the Roxy Print Chiffon Tunic is printed with hazy charcoal and ivory motifs, another effortlessly stylish piece from Mint Velvet.

de  
**GRUCHY**  
degruchys.com



Roxy Print Chiffon Tunic  
UK RRP £99  
de Gruchy £89

## Brand News



★  
NEW BRAND  
ALERT!  
★

Local brand Imogen Apparel was born out of a love for creativity and the desire to make beautiful, comfortable and stylish pieces of lingerie.

They create luxury underwear that is too good to hide; we suggest pairing Imogen Apparel items with low cut t-shirts and drop arm hole vests for the perfect summer look.

Their mission is to make women look and feel their best, giving them the confidence

to go about their day with that 'my outfit is banging and so is my bra' feeling. When a woman feels great about herself, she has the world at her feet. Each of Imogen Apparel's stunning pieces are handmade here in Jersey and specifically designed to make their customers feel amazing.

Their philosophy is simple – give a woman the right bra and she shall conquer the world...happy boobs, happy mood!

**PICTURED:** The Posey Bralette, £26.00 | The Body Harness, £20.00 | The Freya Bralette, £35.00  
**All available from [imogenapparel.com](http://imogenapparel.com)**

## Get it right!

*Having correct fitting underwear is essential to your happiness. Fact! It's a total game-changer, so when you're next in deGruchy make sure you chat to one of their in-house experts to arrange your fitting.*

Pictured are two very pretty options by Chantelle. Both with a smooth contour cup for full coverage, they will also sit beautifully under clothes!

**To arrange a fitting call de Gruchy Lingerie Department: 01534 818 772**

**CHANTELLE COURCELLES CONVERTIBLE**  
UK Price £52.00 / de Gruchy Price £46.80  
**CHANTELLE PYRAMIDE HALF CUP** UK Price £56.00 / de Gruchy Price £50.40



Surfs Up!

Is there anything better than long beach days and having sun-kissed skin? Piha don't seem to think so, The New Zealand swimwear brand have a new totally bodacious range for summer.

There's something for every beach lover, with tri shapes, full cups and swimsuits, all sporting their unique Piha details; tie sides, zips, tassels and cut outs that keep the range on trend.

Their Medina collection (pictured) is simply stunning with its subtle maroon tones that are reminiscent of summer sunsets and will make for the perfect beach selfie.

**PIHA MEDINA REVERSIBLE TRI TOP** (UK Price £29.00 / de Gruchy Price £26.10),  
**STRING PANT** (UK Price £34 / de Gruchy Price £30.60).



Love is in the air

Rivoli on King Street, has launched a brand new engagement ring collection. The Love Heart collection, designed by in-house designer Deb Macklin, features 18ct British made solitaire engagement rings with a heart setting cradling the diamond.

The love heart is a secret that will only be known by the wearer and her partner adding to the romance of this beautiful new collection.

In addition to the usual hallmarks found, The Love Heart Collection also features the Rivoli Jewellers hallmark (RJ) as a sign of quality.

**The Love Heart diamond engagement rings are now in store and online at [www.rivolijewellers.co.uk](http://www.rivolijewellers.co.uk), loveheart priced from £1,375.**



Fantastically flattering - rock your curves!

The brilliant team at Plums know that one size does not fit all, so they've got in the incredible PrimaDonna Swim brand, so you can mix and match their pieces to create the most flattering look for you.

You'll be able to find the perfect swimwear for your body type; tankini, bikini or swimsuit! It's all about getting you out in the sunshine feeling fab.

Pictured is from their India collection, available in a huge range of cup sizes.

**PrimaDonna is available at Plums on Colomberie**



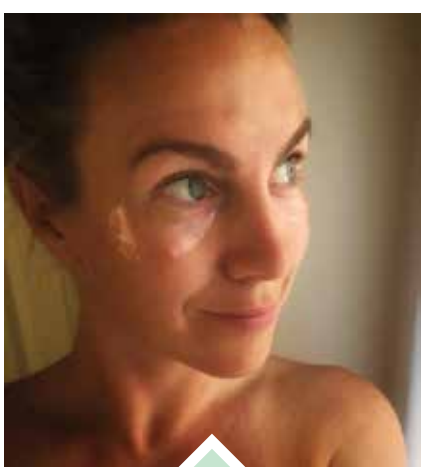


*Fashion and lifestyle blogger Laura Morel of Nineby5 rounds up the best buys on the Island for this month.*

## NINEby5

**I was totally dazzled by my first experience of the Jersey Style Awards. Not only by the conveyor belt of celebrity guests, but from the the crème de la crème of Jersey's most stylish on parade. With fashion stakes the highest they've possibly ever been, I settled for a long, backless, silver sequined gown which is available for hire from Katwalk Hire at Georgetown.**

My back-up dress for the event did not go to waste, as it was the perfect slice of summer for a glorious evening at the Jersey races. Rico London's vintage designs are becoming the most copied design on the high street, but there's no beating their unique mix of clashing prints. Not only is it fabulous that Voisins Department Store are now stocking this popular brand, but as they only buy one of each size in a style you can be assured you won't be seeing it on anyone else.



With all these summer events, I could really do with something to perk me up in the mornings. As I don't drink tea or coffee, I was intrigued enough to try taking my caffeine in the form of Hello Jo's caffeine-fuelled eye masks now on sale at Feel Unique. The saturated jelly masks promise to reduce dark circles and puffiness, like a morning coffee for your face! Their cooling effect certainly left me feeling brighter as I started my day.

I continue to wear jumpsuits whenever and wherever I can. They are so versatile and forgiving for any shape and size. My favourite in our stores at the moment is

this blue print design from Metamorphosis. A soft and comfortable fabric, the elegant cut of this piece makes it perfect for dressing up with heels or worn with sandals for a more casual vibe. Destined to provide a great cost per wear ratio!

As new stock slowly starts to arrive in stores, I'm looking ahead to pieces that will transition from summer into autumn/winter. This punchy red leopard print blouse from Mint Velvet at De Gruchys is just the ticket. Light and sheer enough for the summer, but the perfect colouring to carry you into the cooler seasons when we all start to layer up.

I could possibly be the last person in Jersey that didn't realise that The Loving Chair Company did more than just chairs. I was thrilled to discover

their unique and eye-catching fabrics were also available on a range of ladieswear including tunics, tops, headbands and scarves. These wooden clogs were so beautiful I couldn't decide if they should be worn or displayed as a piece of art. I guess that's the beauty of fashion!



Follow Laura's style journey on [www.nineby5.com](http://www.nineby5.com)



**GET**  
**LUCKY**

Dress by River Island £46 from Voisins  
Shoes By Kurt Geiger £69 from Voisins



Dress by Karen Millen **£103** from deGruchy  
Shoes By Kurt Geiger **£149** from Voisins





Dress by River Island **£45** from Voisins  
Shoes by Carvela **£69** from Voisins

Dress by Coast **£30** from deGruchy  
Shoes By Kurt Geiger **£149** from Voisins





Jumpsuit by Miss Selfridge **£49** from Voisins  
Shoes by Carvela **£69** from Voisins





Playsuit by Miss Selfridge **£35** from Voisins  
Shoes By Kurt Geiger **£149** from Voisins



Dress by River Island **£36** from Voisins  
Shoes By Kurt Geiger **£69** from Voisins



# Imogen's picks

...for the girls

When is there ever a better time to celebrate COLOUR?! It's time to be brave, embrace summer and inject some bold into your wardrobe with the help of the brightest picks from the high street this month!



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7



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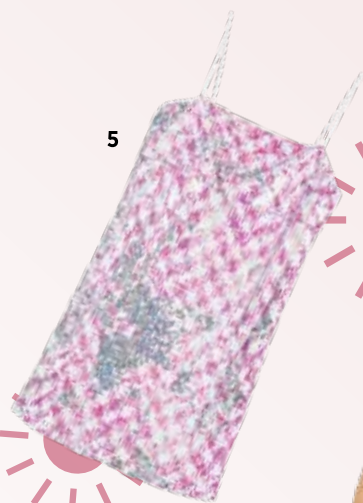
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5



8

1. Mustard Suedette Biker Jacket, New Look, **£39.99**
2. Pink Denim Jacket, Topshop, **£42**
3. Blue Tassel Earrings, New Look, **£6.99**
4. Red Scallop Bikini, Accessorize, Top **£15** Bottoms **£15**
5. Sequin Mini Slip Dress, Topshop, **£36**
6. Stripe Linen Mini Dress, Topshop, **£35**
7. Oasis Sunshine T-shirt, deGruchy, **£22**
8. Red Lace Bodysuit, New Look, **£17.99**

*...for the boys*

1. Henri Lloyd Polo, Redvers, **£55**
2. Tommy Hilfiger Chino Shorts, Voisins, **£48.13**
3. Lacoste Swimming Shorts, Redvers, **£45**
4. Mustard T-shirt, New Look, **£5.99**
5. River Island Pink Linen Shirt, Voisins, **£22**
6. Hype T-shirt, Redvers, **£22**
7. Calvin Klein Jumper, Voisins, **£81**
8. Stripe Multi Shirt, Topman, **£30**



4



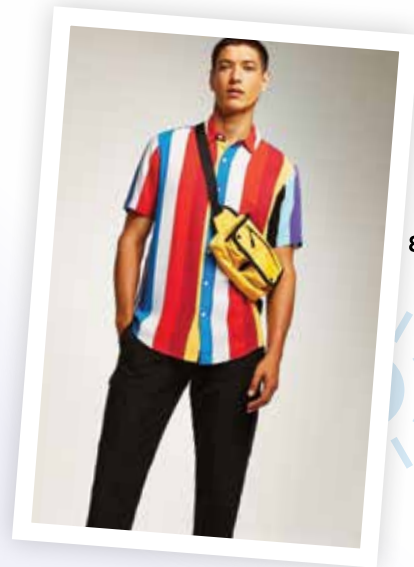
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*Photography* Daisy Barnard, Holly Smith, Robbie Dark *Styling* Claire Campbell *Hair & MUA* Kiera Tompkins  
*Model* Amy Gee



## threads of beauty.

It's over ten years since **Claire Campbell** worked with us at Gallery and in the years since she's travelled and worked around the world. A keen interest in fashion and a firm wanderlust combined during a sabbatical in 2012 when Claire began hand printing her own t-shirts to create an individual style that was a cost effective way to create her own unique items. Moving back to Jersey in 2013, **Island Threads** was born.

Inspired by island living, travel and beach life, the brand Claire has developed since has been embraced on the island on beyond by those seeking some boho beach style and individuality. Inspired by Jersey, Bali and beyond, it's a local brand with global appeal.

Claire says; 'I'm trying not to be trend led and part of the fast fashion movement, but rather slowing things down and trying to source more sustainable fabrics like linens & cottons, and using classic styles that last longer than a season. My own collections are ethically produced, which is really important to me. The people that make Island Threads have access to fresh air, views over rice paddies, 9-5 working hours and I know their names.

Last month Claire took her new season range to the sand dunes with three of Jersey's young photographers to let them loose with her brand. The results are beautiful, so we thought we'd share them with you and their different take on the range.

PHOTOGRAPHY THIS SPREAD **DAISY BARNARD**

*"My work has always been very natural, often using the subjects' subtle movement and expression to create an effortless image. The collection blended perfectly with the sunset setting, showing off the beautiful bold colours and soft patterns against the neutral backdrop".*

Above Left; Product Osaka Kimono Wrap Dress £58.00

Above Centre; Sorrel Dress £58

Above Right; Coral Kea Camisole £28 / Bingin Beach Pants £28

Right page; Calipso Red Linen Trousers £48 / Butterly Crop Top £28











PHOTOGRAPHY THIS SPREAD **HOLLY SMITH**

*"I naturally capture a lot of lifestyle and documentary photography so I like the style to be natural and just wanted to keep the shots simple and focus on the patterns and colours of the clothes as well as playing with shadows and light"*

Left page; Owen Swim Bam Bam One Piece Swimsuit £45

Above Left : Owen Swim Peach Bardot Bikini £45 / Animal Print Shirt £28

Above Centre : Black Triangle Cheeky Short £28 / Cali Ribbed Tee £18

Above Right : Zulu Kimono Dress £35 / Fan Earrings £10.99







PHOTOGRAPHY THIS SPREAD **ROBBIE DARK**

*"I aim to shoot authentic moments with a nod to Australian beach culture. I'm inspired by the simplicity, and effortless style over there."*

Left page; Capri Striped Mini Dress £38

Top left; Butterfly Crop Top £28

Top right; Lila Linen Waistcoat Top £42

Left; Owen Swim in Mint Texture £38

The collection is available to buy at Splash Surf Centre and Absolute Adventure.



SEE THE COLLECTION AT [WWW.ISLAND-THREADS.COM](http://WWW.ISLAND-THREADS.COM)



# Style Stalker

*If ever there was an event to bring your A game to, the Jersey Style Awards was it! An abundance of head-turing gowns floated across the red carpet at the Royal Jersey Showground for one night only, as the best of the Island's fashionistas rubbed shoulders with the glitterati. People used the floor length dress code to experiment with colour, sequinned and floral embellishments, making sure they all had the only accessory to be seen with - a glass of champagne! We were there to round up the best looks from the evening.*



**Emma Marshall**

The fitness instructor from Club Soulgenic showed off her perfectly toned body with a dazzling navy dress from Ellis Boutique.

Navy is a much easier colour to wear in the summer months than black, which contrary to popular opinion does not suit everyone. Emma distracted onlookers from a dangerously low décolletage with her simple metallic accessories. A bronze box clutch bag and matching tasselled earrings set off the embellishment on her dress's collar.



**Jane Fraser**

Jane stood out from the crowd thanks to her bold feather necklace from Tory Burch.

With such a large statement piece it's important to play down the rest of your look, which Jane has done fabulously with a cotton Max Mara dress. Her look is fresh and summery, especially with her white rimmed glasses. Top marks also go to her pink toned crop, this is a woman obviously not scared to flirt with fashion!



**Elizabeth Howell & Elizabeth Roe**

Style Award nominee Elizabeth Howell brought colour to the evening with a yellow layered dress by Munthe. Her look was a real summer showstopper worn with rose tinted glass and a black tote. The two friends co-ordinated perfectly, both wearing a selection of layered necklaces. Elizabeth Roe was wearing a soft brown dress from Twinset with gold polka dots and an underlying lace slip. These two proved that it wasn't only the blondes having fun!



**India Sewell**

India matched the red carpet at the prestigious event, with a wrap-effect silk dress from My Way boutique. The bronzed beauty chose to keep her jewellery subtle with a delicate diamond necklace and matching earrings. India wore her long blonde hair down and natural, a recurring theme amongst guests for the evening.



**Freya Richmond**

The London based textile designer was the guest of the fashion man of the hour, Richard Quinn. It therefore made sense that she don one of his unique designs with a striking monochrome polka dot skirt teamed with a black vest and high-heeled pointed courts. With a Spanish flamenco influence, the skirt perfectly captured the fun and playful attitude of Quinn's designs which comes across in those who choose to wear them.



**Lucy Le Quesne**

Lucy embraced the latest trend for metallics with a foil gold dress from BA&SH. The dress was perfect for reflecting the evening's setting sun and was simply accessorised with black sandals and a cross body black bag with gold chain. Jewellery would have made this look too fussy, so Lucy kept the dress as the focus with her billowing wavy curls completing the outfit.

yum!

# APPETITE

Jersey's most established, full of flavour, organic, home grown eating guide. Our 20,000 annual editions have been satisfying the hunger and thirst of visitors and locals alike for ten years. Don't settle for less.

**appetite**

Jersey's foodie annual

Jersey's foodie annual | Tenth Edition | 2018  
**appetite**





# THE Restaurant Review

WORDS Ollie Watts

*Tradition does not mean to look after the ash,  
but to keep the flame alive.*

*Jean Jaures*

**Authenticity is a word that I definitely hear more today than I have in the past. Restaurant goers are happy to admit that when something is authentic, it is, by definition, superior. The only thing that can match ‘authenticity’, in Jersey, is when something is locally sourced. The problem with authenticity is that it can sometimes come at a price, and in the case of Pizzeria Famosa, that ‘price’ is local produce.**

Now I’m not saying that Jersey produce isn’t fantastic, because that just wouldn’t be true. Chefs around the island pride themselves on using only Jersey produce, from meat to veg to dairy, and so they should. I would never say that this wasn’t a good thing. I personally believe that Jersey has some incredible people, producing incredible products and we are lucky to be at the heart of such great agricultural history.

No, the reason, as I’m sure you’ll have already guessed, that local produce doesn’t work at an authentic Pizzeria is that pizza wasn’t created in Jersey. To guarantee an actual authentic pizza experience, David Negro (Head-chef & Master Pizzaiolo), makes sure that the flour comes from Bologna, the mozzarella from Campania, the tomatoes come from a valley in Nocerino and my god can you tell the difference. There is no choice of deep pan or stuffed crust here, what you are given is exactly what you are promised – Authentic Neapolitan-style pizza.

Before telling you about the food I feel that I should explain Mr Negro’s background, because his experience and mastery of his craft is exceptional. Born in Italy, a graduate of Basilico Pizza Academy and 2nd prize award winner at a 2016 Pizza and Pasta competition ahead of some top level Italian Pizzaiolos. Upon finding this out, I was aware that this wouldn’t be your average faux-Italian/anglicised pizza joint, and I was ready to get my hands dirty.

I was accompanied to dinner by two lovely ladies. Their presence is inconsequential to this review, I just felt the need to see that

sentence in writing, as my 14-year-old self wouldn’t have believed it. We were lead from the entrance to our table, past the bar and a dining room *full* of diners. A full restaurant is always an excellent sign.

The first thing you notice on entering Pizzeria Famosa is the stark white interior, and although this fresh coat of paint is a positive change from the colour that proceeded it whilst the restaurant was ‘La Siesta’, I found it slightly clinical and, well... stark?

**“It is sometimes a bit of a battle to convince people that local doesn’t always mean better, but never has there been more proof of this than at Pizzeria Famosa!”**

Menus were handed out, orders were taken and whilst I sat with a big bottle of Peroni I sampled all 3 of the garlic breads that are on offer as starters. The regular, the Taleggio Cheese and Onion and the Lardo, Garlic and Rosemary. This was a great opportunity to try the 72-hour dough that I’d been hearing about and whilst the dough was just perfect, it could have used more garlic oil. The Taleggio cheese perfectly complements the garlic and red onion and the Lardo, whilst being a bit ‘Marmite’ in the cured meats world (I adore it), was another excellent addition.

The 72 hour dough has a certain funk to it, and that is in no way a bad thing. Like aged meat, the aged dough has a complex flavour and texture that is just to die for.

Our pizzas arrived and were a thing of beauty. They really looked authentic with their slightly blackened crust that had bubbled in the heat of the brick oven. I was told, by the Italian waitress who placed my pizza in front of me, that what I ordered was strikingly similar to the pizzas she had grown up with in her home town. I would usually write this off as sales-patter but considering the effort and love that has gone into making these dishes genuinely authentic, it would be impossible not to believe her. I ordered the La Piccante,

which is topped with tomato sauce, basil, fior di latte, pork sausage, chorizo, n’duja and fresh chilli. This spicy and beautifully presented dish transforms your idea of how pizza should taste by sending your taste buds off with a one way ticket to Naples.

There is little evidence to deny that David Negro really knows what he is doing in the kitchen, his passion for Italian cuisine undoubtedly shines through on the plate. It is sometimes a bit of a battle to convince people that local doesn’t always mean better, but never has there been more proof of this than at Pizzeria Famosa!



# 5 ALFRESCO BITES TO TRY THIS SUMMER

WORDS Laura Dauny

It's glorious outside and your belly is rumbling, so instead of lunching al-desko or picnicking on a sweaty cheese sandwich it's time to stretch those legs, dust off your sunglasses and choose one of the many establishments that allow you to fill your boots without hiding from the sun. To be honest, we are pretty spoilt for open air eateries, but this issue we are throwing the sunlight onto 5 of the newest dishes you can enjoy alfresco, whether you are out east, catching the western rays or maximising your lunch break in town.



## KISMET CABANA

This rustic and globally inspired beachside favourite packs a punch that far exceeds its size and its new summer Shawarma special is no different; with Pulled chicken or Jackfruit and beans in a moorish sweet and spicy marinade jammed between flat bread along with beetroot hummus, iceberg tabbouleh and a side of sautéed sweet potatoes. That'll keep you going until autumn! Watch out for live acoustic music from local acts so you can maximise the chill out factor while tasting the best of the world's flavours.



## GREEN ISLAND RESTAURANT

Green Island's summer menu aims to wow by using the best of our rock's summer produce. If you aren't tempted by the stalwart seafood offering of local crab and lobster, then a flaming red bowl of chilled gazpacho or their light summer pork dish will no doubt tempt you. A roasted fillet of pork wrapped in Serrano ham served on a warm summer bean salad and pea shoot pesto; a perfect plate for a hot day. The restaurant terrace is relaxed and informal and looks out over Green Island beach, so once you have filled your belly you can paddle your toes in the water until your heart is content too.



## THE LOOKOUT BEACH CAFÉ

With a view across the expansive St Aubin's bay the Lookout is the perfect stop at any time of day with a menu packed full of family favourites and holiday treats. Throughout the summer season, keep a beady eye on their specials board which aims to make the most of the freshest produce their fishmonger can supply. Dishes will change daily to reflect the freshness of the ingredients but think grilled sea bass with dauphinois potatoes, seasonal vegetables with red pepper dressing, hand dived scallops with pancetta and tempura calamari with fries. Make sure to be quick or they may have sold out!



## PIZZA PROJEKT

Crack out an Aperol spritz and prepare yourself for some strong holiday vibes as you venture towards the Central Market. Pizza Projekt's permanent spot has outside tables at all times but this alfresco space really comes into its own at night once the Market has closed and the Projekt conquers the cobbles outside. The street has the feel of a French holiday find, but the pizza is as if it comes straight out of Naples. The first of their new specials, the Green Goddess, is a vegan dream but don't let the v-word dissuade you. Packed with vegan pesto, artichokes, asparagus, onion, courgette spirals, hemp seeds and rocket, you may just have room left to tuck into their famous banana and Nutella sweet pizza for afters. But if a heartier option is calling you (or you are dealing with the previous days overindulgence of rosé), The Cure, chock full of scamorza (smoked mozzarella), rich baked beans, black pudding, prosciutto, peppered eggs and cherry tomatoes should get you singing again. With free vintage arcade games, a relaxed and always friendly crew and a BYO policy, you'll be a regular before you know it.



## LE BIERE ATELIER

A new tapas offering is changing what's on offer at this bar which could have been transported from a pastoral, French village. If time in the sun has dried you out and you're gagging for something cold and refreshing, then you could certainly do worse than 'rehydrating' with one of the many guest beers and ciders on offer. The little brother of La Bastille is, however, also now seeking to satiate your hunger. A small selection of sharing plates on a Mediterranean theme and a frosted glass of something hoppy make a nice change for a mid week lunch or a pre-dinner munch. With plates around the £5-£7 mark, take a friend (make sure it's one you knows how to share) and go crazy. The chorizo roll is worth a stop on its own, plus you can indulge in some people-watching as the masses stroll by.

**We are spoilt for choice for beautiful eating spots here, so wherever you spend your sunshine time make sure you are eating something delicious!**

# Appetite News



## RISING TO THE CHALLENGE

WORDS Bethan Watkins

***After five months' worth of travelling, I returned home feeling fully nourished, excited and ready to better connect with the island I'm from. Coming from one island to another, Hawaii and its local community inspired a change within me and the way I relate to the land.***

I saw first-hand how living off the land organically and sharing that with the community around you through local farmers markets, shops and festivals, you bring back that connection between the land, produce, farmer and the people. It was a real celebration which brought with it a sense of belonging, one which I felt could be easily recreated within Jersey.

I first heard about the local food challenge after leaving the Hawaiian Islands, but was keen to participate with my friends remotely from Jersey. I realised Jersey's local food would be very different to that which I had become accustomed, but was up for the challenge and keen to explore what was locally available. With so much fast food available to us in the western world, I felt as if we have lost the ability to live sustainably from the land. This is a skill that I personally, now wish to reclaim. The challenge is to eat locally caught, grown, reared, brewed, baked and crafted food for one week, with one (optional) food item that's not local as your trade item. The challenge welcomes all people no matter what your diet or lifestyle needs may be. I will be using my website to highlight to people the huge variety of local produce available to us on island, whether shopping in supermarkets or stores, foraging, growing your own or eating out.

Not only does taking part mean you help support a sustainable future environmentally, but your body will thank you too as locally sourced produce contains far more nutrients than imported alternatives. We often forget that our first defence against illness is what we are putting into our bodies and that the best way to heal is to look to our diet. Simple choices like choosing local vegetables, or locally caught fish, can really impact our health and lifestyles for the better.

As a society, I feel we have become disconnected as to where our food comes from, becoming so used to a huge range of food being readily available that we forget what it takes to get it onto our plates and how that has impacted the earth. Committing to buying local produce helps support our local economy, helping more islanders share their gifts with the community. I feel there is no better time than now to start consciously eating, for the benefit of our bodies and the earth.

In support of the challenge, local restaurants and food outlets including Wild Health, Nude food, JB's Brewhouse, Samphire, Moo, Portelet Café and the Bastille will all be offering a fully local option on their menus for the week. Those taking on the challenge can therefore easily eat out, making healthier choices with ease and confidence.

Visit my blog [www.jerseyfoodchallenge.weebly.com](http://www.jerseyfoodchallenge.weebly.com) for many tips on where to buy local produce and the tastiest ways to pull it all together on a plate. If you're not the best creative chef you can find inspiration with plenty of tried and tested local recipes that will help you explore more fully what is locally available. There's nothing better than eating great tasting food that you know is helping the local environment and improving your health.

## The perfect sunny spot

The Prince of Wales at Greve de Lecq is the ideal spot for a summery meal out west. It has an award winning breakfasts as well as great delicious lunch and dinner offerings, and an ever-changing fresh and local specials menu too. The restaurant sits looking over the bay of Greve de Lecq, and the large sun-facing terrace is the place to sit and enjoy the sunshine in the summer months.

To book your table call 482278. or visit [www.princeofwalesjersey.com](http://www.princeofwalesjersey.com).



## TRY SOMEWHERE NEW!

The 4 star Greenhills Country Hotel and Restaurant is in the Green Lane heart of St Peter's countryside. Experience the atmosphere and intimacy of a small country house hotel, built of Jersey granite, with charming gardens and the highest standards of hospitality and cuisine. The Restaurant is an AA Rosette award winner with an emphasis on local produce and seafood, beautifully presented in our restaurant overlooking the terrace and gardens. Afternoon teas, lunches, drinks and light bites can all be enjoyed outside in fine weather and the cosy lounges, with a log fire on cooler days, offer indoor space to relax.

## Health Chef

Having spent ten years running her own wellbeing business in central London, Chloë Bowler moved to Jersey in 2017, and set up the healthy meal delivery business, Health Chef.



Grown organically out of a love of food, cooking and wellbeing, Chloë saw that despite good intentions, people can struggle to find the time to shop, prepare and cook healthy, nutritious meals. "People these days are time-poor. Working long hours, looking after family or having to cook just for yourself, there are many reasons why people turn to convenience food. I was determined to make it easier for everyone to enjoy healthy food that tastes amazing".

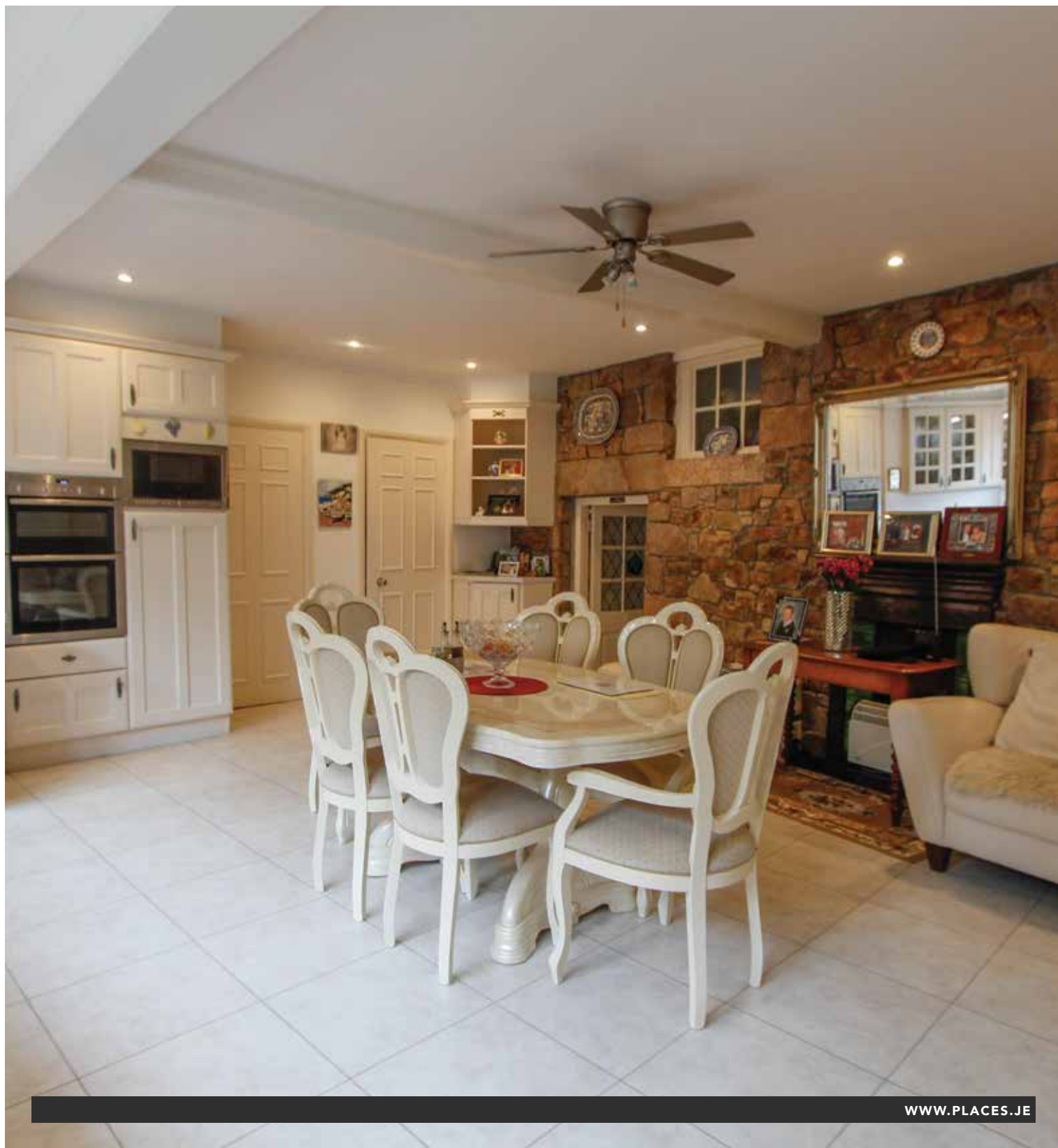
Health Chef offers weekly packages of delicious, portion-controlled meals, packed full of nutrients. Meals are freshly prepared and delivered to your door three times a week. Chloë grows her own vegetables at home, and uses local, organic produce as much as possible. Menus change weekly, and include dishes such as Banana & Blueberry Muffins, Salmon Teriyaki, and Lemon & Tarragon Chicken Linguine.

Health Chef is proving popular across the island, and as well as weekly adult packages, can also cater for children's meals, dinner parties, fridge fills, and much more.

For more information contact Chloë on 07797 858 484 or [info@healthchef.je](mailto:info@healthchef.je)

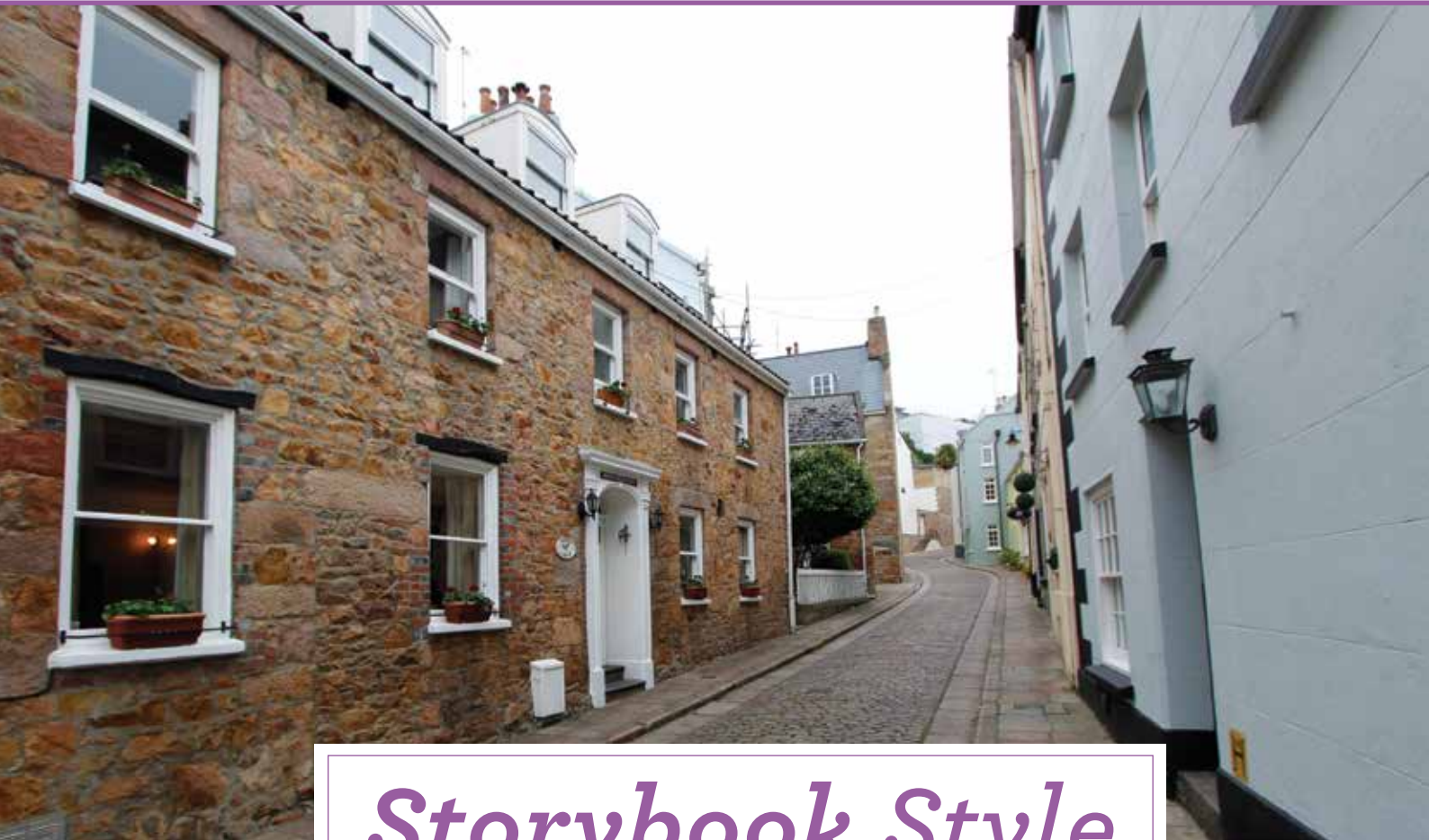


## places #195



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## Storybook Style

**WORDS** Imogen Pickering

**T**here's something about St Aubin's high street, with its cobbled road lined with pastel coloured houses, that makes it feel like something out of a storybook.

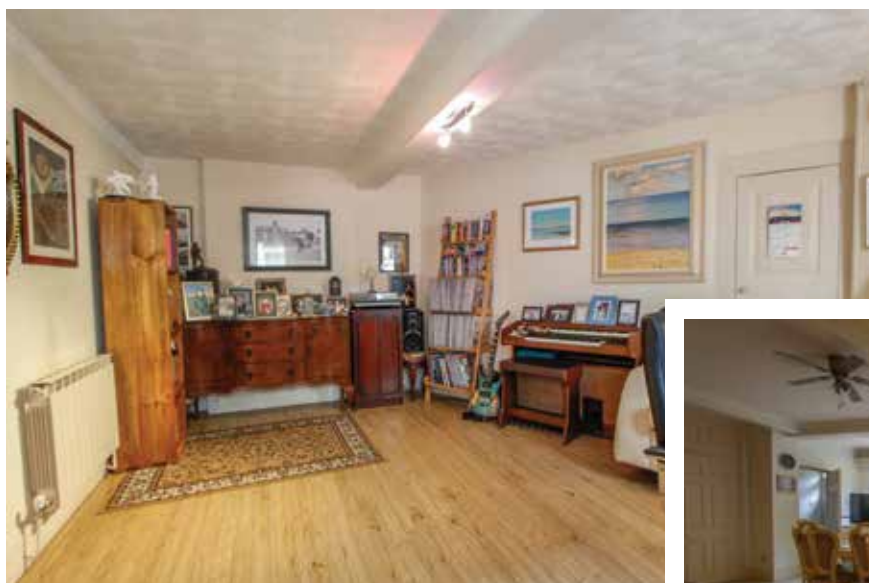
As someone who has lived in Jersey all of my life, I couldn't believe that I had never come across this hidden gem before visiting this property. As I made my way up the quiet side-street on a beautiful summer's morning, the beaming sun lit up the colours, hanging baskets and granite

paving, and it was as if I was looking at a canvas belonging to the Harbour Gallery down the road.

Halfway up the road sits Maison Alexandre. Arguably the most handsome property on the street, it's granite facade

with contrasting white painted windows, lined with beautifully kept flower pots makes it something extremely special to look at. Named after a former constable of St Aubin from the early 19th century, the listed 1805 building radiates character from its exterior and throughout, immersing its visitors in traditional Jersey history from the onset.

Entering via the front door of the property, fitted with a quaint copper bell on the wall,



you are welcomed into a wide entrance hall, with two large reception rooms, one either side and the original staircase in front of you. To the left is the room currently being used as the living area - a bright and sizeable room, complete with open fireplace, overlooking the beauty of the high street through its original sash windows. The second, slightly smaller reception room sits on the opposite side of the entrance hall, offering the ideal space for a study, playroom or music room.

This property is no doubt exceptionally suited for a family, with its kitchen comprising the central hub of the house. Light, spacious and with views overlooking the garden, it would be difficult not to fall in love with this room and spend the majority of your time there. The granite wall on one side of the space has been left exposed, perfectly complimenting the cream tiled floor and fitted units. With plenty of space, there are opportunities to create additional seating areas in addition to a family dining table, currently positioned in the centre of the room. I think only a certain type of person would get excited about the concept of a large walk-in pantry, but if you're like me and you love nothing more than to potter around the kitchen of an afternoon, then this property is for you.

As the vendor led me through to the garden, which can only be accessed via the house, I was surprised to find an additional room outside, which he fondly referred to as 'the party room'. A granite outbuilding, complete with an exceptional feature fireplace and conservatory roof, makes this area ideal for entertaining, or converting into a second generation living space. The garden itself offers a high degree of privacy with a myriad of mature trees and plants lining the paved area, with little to be heard except the sound of birds.

The first floor of the house provides the space for the home's impressive large ensuite bedrooms. On the right-hand side sits the master bedroom; beautifully decorated and oozing with charm. A cast iron fireplace with intricate detailing sits at the far end of the room, painted white to complement the colour scheme, offset by copious amounts of natural light that stream in through windows overlooking the high street. Built-in wardrobes do not detract from the space, providing a minimalist yet characterful interior in keeping with the rest of the house. The



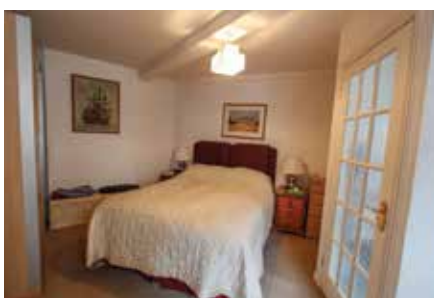
**“As the vendor led me through to the garden, which can only be accessed via the house, I was surprised to find an additional room outside, which he fondly referred to as ‘the party room’”**



CONTINUED...



CONTINUED...



bedroom ensuite bursts with character, with a huge rose-tinted mirror on the far wall, patterned tiled floor and vintage gold chain flush toilet. Beautifully finished and filled with natural light, it's the kind of room you would find lifted from the pages of an interior design magazine, and one that I would not want to tamper with. On the other side of the landing, another large bedroom, complete with en suite bathroom, makes an ideal guest room, or extra bedroom.

Another set of stairs lead you to the property's additional bedrooms located in the loft of the house. Separated by a bathroom found at the top of the landing, two bedrooms sit either side offering the perfect space for guests or children. Old ship beams run across and throughout both rooms, and an original granite feature

wall in one of the rooms gives this level of the house a great deal of character. Windows on either side in both rooms offer wonderful views over the garden and high street, allowing for plenty of natural light to fill the space.

I say it quite often when it comes to reviewing property, but the level of charm that this building possesses is not something that can be captured through a photograph. A home that has been so lovingly looked after, there is no doubt in my mind that its future residents will fall in love and continue to enjoy this property for all that it has to offer. Viewing comes highly recommended.



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## Finishing Touches

We all know about the recent obsessions with brass, copper, steel and bronze when it comes to homeware, but of late, interior designers have come around to the use of gold. The secret to introducing gold accents to your home is all about balance - too much and you're in Trump Tower, but too little and it becomes lost. We've scoured the shops and have found some of the best statement pieces available in Jersey that'll have you going for gold!



**Cup Coral Gold**  
Interior Design Jersey  
£736



**16 Piece Gold Cutlery Set**  
NEXT  
£38



**Gold Dorma Swept Bevelled Mirror**  
Dunelm  
£69.99



**Gold Oud 100ml Diffuser**  
NEXT  
£12



**Deco Round Mirror Tray**  
M&S  
£39.50



**Tom Dixon Bone Bowl**  
Interior Design Jersey  
£90



**Denby Gold Wine Glasses 2 Pack**  
deGruchy  
£17.99



**Round Woven Table Mats**  
M&S  
£6.25



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*Brand new waterfront development Horizon is leading the way when it comes to being able to see yourself in your new home. New technology is changing the way home buyers experience off-plan property, letting you see yourself there, and allowing you to opt into popular developments like Horizon at the early stages with confidence.*

Available to download now, the Jersey Development Company app\* will provide an insider's view into the waterfront's newest address. The app has it all, from floor plans to image galleries, as well as an interactive concierge service between the management agency and new Horizon residents.

Image galleries show an artist's impression of what the finished development will look like, as well as apartment interiors and actual views from various balconies. The new app also allows you to explore each

of the three Horizon buildings, as they become available for sale, see the floor plans for every apartment, fly through the development complex and watch the short films from Horizon architects

***The app has it all, from floor plans to image galleries, as well as an interactive concierge service between the management agency and new Horizon residents.***

SOM, recently named one of the most influential architectural firms in the world. And now you can discover this sumptuous

development from the luxury of your own home, making the JDC app an invaluable interactive tool for anyone buying a home at Horizon.

Horizon is more than just a residential development - it will create a whole new neighbourhood at the waterfront. From brand new restaurants and cafés to pedestrian avenues, stylish lobbies and contemporary sculpture, Horizon will bring new life and personality to the area. To find

out more about living at Horizon, download the JDC app (search JDC Jersey on the App Store) or visit [www.horizon.je](http://www.horizon.je)

**\*Best used on an iPad**

**One-bedroom apartments at Horizon start from £275,000. Phase 1 completion - Summer 2021.**

**For marketing suite opening hours or to book your appointment visit [www.horizon.je](http://www.horizon.je) or call 01534 721097**



# MORTGAGES IN JERSEY

The market is now predicting the Bank of England will raise its Base Rate to 0.75% later in 2018, possibly as soon as August after weak economic data and falling inflation caused delays in the anticipated interest rate rise in May.

The Bank of England's own forecast suggests that there will still be at least three interest rate rises between now and 2021, although it must be remembered that virtually every forecast in relation to Base Rate has been incorrect for the last 10 years!

Our chart this month shows three interest rates which have reduced

slightly whilst five have remained the same and four have increased. These changes are attributable more to lenders jockeying for position in the market place, although the ripple effect of increased Base Rate at sometime in the future, might also be having a modest impact.

**Best Rates - Pick of the Bunch**  
(% loan to property value/price)

<b>60%</b>	Tracker	<b>1.14%</b>
<b>60%</b>	2 Year Fixed	<b>1.49%</b>
<b>60%</b>	5 Year Fixed	<b>1.89%</b>
<b>60%</b>	10 Year Fixed	<b>2.49%</b>
<b>85%</b>	Tracker	<b>1.39%</b>
<b>85%</b>	3 Year Fixed	<b>1.89%</b>
<b>85%</b>	5 Year Fixed	<b>2.09%</b>
<b>90%</b>	Tracker	<b>1.69%</b>
<b>90%</b>	5 Year Fixed	<b>2.39%</b>
<b>95%</b>	2 Year Fixed	<b>3.49%</b>
<b>95%</b>	5 Year Fixed	<b>3.89%</b>
<b>100%</b>	5 Year Fixed	<b>4.74%</b>
<b>60%</b>	BTL 2 Year Fixed	<b>1.69%</b>
<b>60%</b>	BTL 5 Year Fixed	<b>2.49%</b>
<b>60%</b>	Interest Only Var.	<b>2.49%</b>

Rates correct as at 5 July 2018  
BTL = Buy to let mortgage

## HOUSE PRICES

Due to the shortage of stock that is coming onto the market, house prices are on the rise as evidenced not just by the Jersey House Price Index which is published quarterly, but also by what clients tell us on a daily basis, which in turn is confirmed by both estate agents and professional valuers.

First Time Buyers will continue to struggle to get their foot on the property ladder, although if parents or close relatives are unable to help with contributing towards a deposit, several lenders are able to offer an alternative option with 95% or even 100% mortgages.

The 100% facility is expensive at 4.74% with a rate that is locked in for 5 years and there is a requirement

for the borrower to have a relative who owns a local property and is able to act as a guarantor.

If a 5% deposit is available, then there are four mortgage options which are available, with the best of these being a 2-year fixed at 3.49% and a 5-year fixed at a very reasonable 3.89%.

Whilst it is always best advice to lock into a fixed rate for as long as possible, there is a good argument in the current rising market for borrowers to take the 2-year fixed rate and then review their situation at the end of that time, when they have not only paid down a certain amount of the outstanding mortgage but also may have seen the value of their property increase. This will then give them access to lower rates, based upon their greater loan to value margin.

**To be added to our monthly bulletin list please send your request to: [kerrie@mortgageshop.je](mailto:kerrie@mortgageshop.je)**  
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# Interior News



Summer is here, and while it's great to have the sun streaming into our homes, sometimes it's necessary to keep it out! Prepare your home for the longer days and warmer temperatures with some made to measure blinds and shutters from some of Jersey's top interior companies.

## 1 CASSETTE PATIO AWNING SUNSHADE BLINDS LTD.

This is one of five types of Awnings available at Sunshade Blinds. A very popular model, the attractive Aluminium Cassette protects both the fabric and the folding arms. It can be made to fit the desired area up to a maximum of 7m wide and 3.5m projection.

## 2 PERFECT FIT PLEATED BLINDS SUNSHADE BLINDS LTD.

These are a great new system that allow the blinds to fit perfectly onto most double glazed windows and doors with no holes drilled into the uPVC frames, and no gaps at the edge of blinds allows for increased privacy.

## 3 ROLLER BLINDS SUNSHADE BLINDS LTD.

Roller Blinds are an easy way to refresh and update a room - fabrics are available

in a variety of colours which can create a striking feature or used purely for functional purposes. If too much light is the issue, blackout fabrics can solve the problem.

## 4 S-CRAFT BATHROOM SHUTTERS CP INTERIORS

S:CRAFT shutters can help turn your bathroom into an elegant living space. Simply bring your vision to light, then lie back and soak up the atmosphere. You can look forward to ultimate privacy, in the room where you need it most, without shutting out the light. Split level panels give you privacy at standing height, while letting in the full amount of light above.

## 5 S-CRAFT KITCHEN PLANTATION SHUTTERS CP INTERIORS

Cook-up a new look kitchen. Functional, as well as stylish, shutters complete the look

of any room, and can easily be opened to let off some steam. Unlike other window coverings, plantation shutters let in light, even when the panels are closed. Shutters help breathe new life into your space, completing both contemporary and classic look kitchens.

## 6 LUXAFLEX PIROUETTE SHADES CP INTERIORS

Pirouette Shades feature a beautiful sheer fabric design that creates enhanced views to the outside while maintaining privacy and the full beauty of the fabric appearance on the inside of your room.

## 7 LUXAFLEX DUETTE SHADES CP INTERIORS

Luxaflex's Duette Shades are as beautifully stylish as they are energy-efficient. Enjoy stunning designs and colours with a unique honeycomb design that helps insulate your home all year round.



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# places **FEATURED**

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## **Wake up to the sound of the sea...**

**£520,000**

Commanding panoramic views across the whole of St Aubin's bay, a forever changing vista. Located along the Esplanade, just a five minute walk out of town, Boulevard Villa is a very attractive purpose built development, contemporary and stylish in its presentation, newly refurbished by a local developer to the highest of specification. Sliding doors open onto the sunny balcony providing a delightful space in which to entertain guests or simply take in the exceptional sea views. Parking is provided with two designated spaces, accessed via its own private entrance providing some secure space for bikes and personal belongings in addition to the generous under-stair cupboard.

**LEARN MORE: 01534 639955**



## **Bright, spacious and modern property**

**£689,000**

Bright and spacious modern lounge with full length bi-fold doors to the private sunny garden. Tiled-effect flooring, feature electric fire, ornamental lights, underfloor heating and wall mounted radiator. Open plan kitchen / dining room, recently fitted modern kitchen with a range of high and low level units, integrated appliances to include Bosch double oven with microwave above, 4 ring Neff hob with extractor above, dishwasher, Corian work tops, under-mount sink, tiled flooring, double sliding doors to the front of the property. Large sunny South West facing garden with raised deck, direct access from the Bi-fold lounge doors with steps down to the lawned area. Parking for 5 cars.

**LEARN MORE: 01534 710710**



## **Close to Green Island beach**

**£890,000**

Fabulous spacious family home in a fantastic location close to Green Island beach, a 10 minute drive to town and a few minutes' drive to Holme Grown, Waitrose and Marks and Spencer. Redeveloped approximately 15 years ago to a very high specification. The first floor consists of an extremely spacious master bedroom with built-in wardrobes and en-suite bathroom, second double bedroom with en-suite and a house bathroom. The second floor consists of two double bedrooms. It has a good-sized very sunny, south facing garden, with patio area, single garage, parking for 3 cars and additional visitor parking.

**LEARN MORE: 01534 877977**



## **Combining character and charm**

**£3,500,000**

Greenfields is an outstanding country house, combining character and charm with style and efficiency. Set within 26 verges, the gardens and views beyond are beautifully rural, yet Greenfields is still easily accessible to village amenities and good schools. The overall package of the house and beautiful grounds offers a family lifestyle rarely found, combined with such a favourable country location. The well fitted kitchen/breakfast room overlooks the lovely gardens and a range of reception rooms provide for a functional flowing layout with sets of glazed doors, opening onto garden and paved terrace, a glorious sunny spot for al fresco meals, parties or simply relaxing with a glass of wine and a good book.

**LEARN MORE: 01534 722227**





# agenda

## ON THE AGENDA THIS EDITION: **Business**

We speak to key figures locally, to find out what they pack into their suitcases, grab lunch on the go and profile people and their industry.

Plus all of the movers, shakers and business news brought to you in Gallery every month...



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96 First Names on the Move



100 Relative Values



Vantage is an innovative **group of companies** providing a wide, yet associated range of specialist services to our professional, corporate and private clients.

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- Remuneration Surveys, Recruitment & HR Advisory
- Serviced Offices & Property Management
- Insurance Broking
- Captive Insurance Management
- Pensions & Retirement Planning

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Vantage Pension Trustees Limited is regulated by the Jersey Financial Services Commission for the conduct of Trust Company Business.



## Meet The Team at Vantage Group

**VANTAGE OVERVIEW** Richard Packman, CEO, Vantage Group

Vantage is an innovative group of companies providing a wide, yet associated, range of specialist services to our professional and corporate clients.

Since our formation in 2006 we have grown to offer an extensive range of business solutions to meet the expanding and ever-changing needs of our clients – to solve their problems and to improve efficiencies.

Our roots lie in insurance, with our first business established in Jersey being a general insurance brokerage, but we have since expanded to now provide a comprehensive range of professional services for our Channel Island clients.

We can insure a firm's buildings, contents and liabilities, arrange the company pension scheme, advise on life assurance, or provide medical insurance for all staff members. We can source new staff and advise on employment matters, and consult on salary levels and employee benefits.

Our growth has mainly been organic, as our client base has grown, which is testament to the calibre of our employees and the high level of service we provide, with many new clients joining us on recommendation from an existing client.

**VWM OVERVIEW** by Chris Hall, Director of Vantage Pensions Trustees Limited and Vantage Wealth Vantage Wealth provides a bespoke service helping to provide a clear view on financial wellbeing. Our professionally qualified team

provides a wide range of services aimed at private and corporate clients;  
*Investments and Life Assurance*  
*Retirement and Pension Planning*  
*Employee Benefits*  
*Company Benefits*  
*True Investments and Financial Planning*

As a leading independent advisory business, we understand the need for the provision of an inclusive, cost effective benefits package without creating additional pressures for employers and their HR departments.

We provide all-inclusive solution proposals for our corporate and private clients with the aim to make it easy managing the process of replacing current arrangements with a new fit for purpose package.

**VIBL OVERVIEW** by Tim Rattray, Managing Director of Vantage Insurance Brokers Limited

Vantage Insurance Brokers Limited are an experienced group of qualified insurance brokers who specialise in the placement of:-  
*Professional Indemnity*  
*Directors and Officers Liability*  
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*Property Owners*  
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In addition to the above, Vantage Premier is a newly launched specialist service aimed at mid & high net worth individuals and families, family offices and trust companies. We provide bespoke products under one portfolio for the main residence, cars, holiday homes, yachts, aircraft, private medical, life assurance and more.

We offer a highly personalised and confidential service which allows us to really understand our clients lifestyles, insuring what is important to you.

**VHBA OVERVIEW** Verienne Belcher, Managing Director of Vantage HBA Vantage HBA is a specialist remuneration, recruitment and HR advisory firm providing a full range of services to the Channel Islands' and Isle of Man, private, commercial and public sectors.

We focus on providing tailored and personalised services and have the expertise to understand client needs whether they are looking to ensure their reward strategy is effective, find the right people for key roles or make savings on time, cost or process to give them a real competitive edge.

Whatever your needs are in finding, keeping and motivating key employees, contact one of our senior consultants to discuss your needs.

**PICTURED FROM LEFT TO RIGHT;**  
**Tim Rattray, Chris Hall, Richard Packman and Verienne Belcher.**

# Movers & Shakers

EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



## Valla marks significant growth with senior appointments

Valla, an independent Jersey Trust Company, is marking significant growth with four senior appointments to strengthen their client management team and a promotion. This includes the recruitment of two managers with a combined experience in Financial Services of over 44 years. David Haines has been appointed Manager to lead a team of administrators, working closely with the directors to ensure a strong focus on client relationships. A member of STEP David has held a number of senior roles within the Wealth Management and Funds Industry, specialising in the management of sensitive Trust matters and Real Estate transactions. Heather Barker has been working in the finance industry since 2005, specialising in the private client sector. She joins Valla as a manager and is experienced in administering multi-jurisdictional structures involving trusts, companies, foundations and limited partnerships. She holds a BSc (Hons) in Ocean Science, and after returning from university to Jersey she attained her ICSA Diploma in Offshore Finance and Administration, and went on to complete ICSA CSQS, qualifying as a Chartered Secretary. Jon Donald has been appointed to the role of client director. He has held a range of other senior roles within the industry over the last 13 years and specialises in business operational matters as well as Wealth Management and Administrative Services for High Net Worth Individuals and corporate clients. Jon holds an MA (Hons) in Economics, is FCCA qualified and is a member of the Chartered Institute for Securities & Investments. Karen Ruderham joins Valla as an assistant manager having worked in the Trust and Corporate Services sectors for over 30 years. She has a wealth of experience in the administration and management of trusts and companies. Karen holds the ICSA diploma in offshore finance. Maintaining Valla's commitment to Jersey recruitment Curtis Chilvers has been promoted to the position of Senior Trust Officer administering corporate clients and real estate entities, together with more complex private client structures.



## NBD focus for Nigel Pascoe at Skipton

After helping Skipton International become one of the leading providers of Expat Mortgages, Nigel Pascoe is now undertaking a broader Business Development role within the bank that will widen Skipton International's deposit introducer base and enhance its appeal to high net worth savers. As Director of Business Development, Nigel will be responsible for a growing team of mortgage associates and business development managers, expanding Skipton International's deposit base as well as addressing the Expat Mortgage Markets. Following 16 years with the Guernsey-regulated bank, Nigel will be looking to develop the bank's deposit relationships with organisations such as trust companies, family offices and independent financial advisors.



## Stenham strengthens local investment team

Stenham, an independently owned asset management and private wealth management group, has recruited local investment professional Tracey Walker as Director. Tracey has more than twenty years' investment management experience, through senior roles with RBC Wealth Management, and before that with Standard Bank. Tracey will be based in Jersey working alongside the existing investment team, managing investment portfolios and building business relationships with high net worth individuals, advisers and intermediaries. A Chartered Fellow and Chartered Wealth Manager of the Chartered Institute for Securities & Investment, Tracey holds the Investment Advice Certificate, CISI Diploma and the Investment Management Certificate (CFA UK). She is currently in the final year of her MBA at Durham University Business School.





### Three senior promotions for Carey Olsen

Carey Olsen has made three senior promotions last month. The move sees Claire Le Quesne become counsel in the corporate practice, while Nichola Aldridge of the trusts and private wealth team and Tarina Le Boutillier of the employment team have both moved up to senior associate level. Claire has been at Carey Olsen since 2006. She is a member of the Jersey corporate team and has considerable experience advising clients in respect of corporate, funds and banking matters. Her principal practice area focuses on corporate real estate and investment funds, both listed and non-listed. Nichola joined Carey Olsen's Jersey trusts and private wealth team in 2013. Nichola specialises in

trust law with a primary focus on non-contentious matters, acting for many Channel Islands trust businesses, private trust companies and family offices. In particular, she advises on the establishment and operation of private and commercial trust structures and has experience in dealing with complex restructuring. Tarina specialises in employment law, dealing with global, multinational and local clients and advising on all aspects of contentious and non-contentious employment law. Tarina also has a keen interest in and frequently advises on data protection legislation and privacy related matters. She is a member of the International Association of Privacy Practitioners and is CIPP/E and CIPM qualified.

### New MD of client services for SANNE

SANNE is pleased to announce the appointment of Jonathan Ferrara as SANNE's new Managing Director of its client services business in Jersey. Based in SANNE's Jersey headquarters, Jonathan will be responsible for providing expert guidance and support to the local client service leadership teams based on the island. SANNE's office in Jersey is the largest staffed office across the firm's global network and is home to more than 200 client services professionals who specialise in funds, corporate and private client services. In this new role, Jonathan will help each of these specialist businesses to deliver organic growth and will be responsible for continuing to drive best practise throughout day-to-day activities within client services. He will work with other country and regional managing directors to encourage continued collaboration and knowledge sharing across the group. Jonathan joins SANNE having built a career in professional financial services and has held a range of senior positions in Jersey, Switzerland and the UK, most recently UBS and Bank of America. Jonathan is a Chartered Accountant with more than 30 years' experience in the professional financial services industry.



# Movers & Shakers

EMAIL YOUR NEWS TO [BUSINESS@GALLERY.JE](mailto:BUSINESS@GALLERY.JE)



## Optimus Recruitment strengthen team

Optimus is pleased to announce the appointment of Natalie McMullen to their team of experienced consultants. Natalie joins the leading recruitment agency as a Senior Consultant, responsible for searching out talent for local Funds and Accounting vacancies. Natalie has had extensive experience working in recruitment in Hong Kong and Jersey, bringing to the role a rounded network of contacts. She will be looking to explore creative ways at finding qualified candidates, as well as getting to know her clients and the market more intimately. Having previously worked within HR teams in Jersey finance firms, Natalie is relishing the chance to approach recruitment from the other side of the fence. Jamie Guyer, Managing Director of Optimus Recruitment, said: "Having worked with Natalie historically I am delighted that she has decided to join us! Natalie has a unique background in talent acquisition through her role as a Global Head of Resourcing. Our model of recruiting those who have solid experience working within the finance industry has served us well, so I'm sure Natalie will prove to be a great fit within the existing team. These are exciting times for Optimus as we look to drive forward with a fresh and modern approach whilst maintaining our professionalism and high working standards."

## Anna Winiarska promoted to Executive Housekeeper

The Radisson Blu Waterfront Hotel are proud to promote Anna Winiarska to Executive Housekeeper. Anna has 13 years of experience in the hospitality industry, with 11 of those being at The Radisson Blu Waterfront Hotel, where she joined in 2008.

General Manager, Christopher Peach said "It gives me great pleasure to congratulate Anna in her promotion to Executive Housekeeper. Anna has been pivotal in the hotel to ensure the housekeeping team runs well and effectively." Speaking of her promotion, Anna said "I am extremely excited about the new role. Being promoted

to a manager is wonderful learning experience. I love working at such a diverse hotel and meeting people from all across the world. As Executive Housekeeper, I look forward to ensuring all our guests are happy and satisfied with their stays when they visit."

The whole team at the Radisson Blu Waterfront Hotel, recently shortlisted for Hotel of The Year 2018 at the Jersey Style Awards, would like to congratulate Anna in her promotion to Executive Housekeeper, and wish her every success in her new role in the business. #EveryMomentMatters



## New F&B Manager at L'Horizon

Hand Picked Hotels has appointed a new Food & Beverage Services Manager at L'Horizon Beach Hotel & Spa. James Burke, who has worked for the group for the past two and a half years, initially as the Assistant Food and Beverage Manager before becoming Conference and Banqueting Manager, has recently received a further promotion. In his new role, James is responsible for managing the AA Four Red Star hotel's five Food and Beverage outlets. James will be working alongside Executive Head Chef Andrew Soddy, keeping abreast of trends in the food and beverage industries and implementing new menus in the hotel as well as developing his fellow team members through training and coaching. Before joining the Hand Picked Hotels group, James worked as Restaurant Manager for a 4 star hotel in Ireland.





## SGG Group acquires Augentius

SGG Group, a leading global investor services firm, is pleased to announce the acquisition of Augentius, a leading global provider of alternative investment solutions to the Private Equity and Real Estate communities. Augentius, who employs over 650 professionals, offers a complete suite of fund administration, depositary, regulatory and compliance solutions to institutional investors across 13 jurisdictions including the UK, Guernsey, the US, Luxembourg, Singapore and Hong-Kong.

The transaction, which is subject to regulatory approval, reinforces SGG Group's position as the 4th leading investor services firm in the world with the deal growing its assets under administration (AuA) to over USD 400 billion and further strengthens its reach and footprint. The services offered by Augentius will complement SGG Group's current funds offering, including a state-of-the-art technological platform and experienced team with the reputation of providing high quality service.

Backed by Astorg, SGG Group has made a number of acquisitions over the last two years to extend its lead in the investor services industry through a complete offering across a number of jurisdictions, technologically advanced services and expert teams, and has an ambitious strategy for continued growth.



## Room for Tripadvisor at the INN

THE INN is very proud to be celebrating two recent awards, both received for outstanding visitor feedback. They've once again been welcomed into the Trip Advisor Hall of Fame, an award for businesses that have earned the Certificate of Excellence Award for five consecutive years. Trip Advisor's Certificate of Excellence accolade is awarded annually to around the top 10% of all businesses, when a traveller review rating of four or higher out of five is consistently achieved. The hotel and restaurant has also received the Diner's Choice Award from Open Table, the Restaurant reservation site, for the past consecutive three months.

This is a significant achievement considering the Restaurant has not yet been using the system for a year. The award celebrates top rated Restaurants according to diner's comments. Stephen Clipp, Managing Director said, "The team at THE INN are delighted to achieve recognition from our customers by receiving these two visitor voted awards. THE INN's customers regularly use review sites after their experience with us - which are read and replied to individually - and we are extremely grateful for every single one taking the time to share their views. All feedback helps us to shape the business going forward and it motivates to continue providing excellence every day."



## Aztec Shortlisted Twice

The Aztec Group is delighted to announce that it has been shortlisted for 'Corporate Services Team of the Year' and 'Administration Team of the Year' at the 2018 Institute of Chartered Secretaries and Administrators (ICSA) Awards. The Awards celebrate the achievements of local Jersey ICSA professionals and the value they deliver to their organisations. Aztec Group has been recognised in both the corporate and administration services categories. The double ICSA nominations in Jersey follows the Group's success at the ICSA awards in Guernsey, where they claimed the 2017 'Corporate Services Team of the Year' award. The winners will be decided on by an expert judging panel and announced at the ICSA awards ceremony on Friday 28 September at the Royal Jersey Showground.

Geraldine O'Rourke, Group Head of Corporate Services at the Aztec Group, said: "I'm incredibly proud of the team and what they have achieved over the year. Not only do they consistently provide an excellent service to our clients, but they've worked tirelessly to grow and enhance our offering; implementing new systems and onboarding some significant new clients. To have their efforts endorsed by our industry body is richly deserved."

## JT shortlisted for top national Customer Experience Awards

JT is a finalist in two categories of this year's UK Customer Experience Awards, the biggest 'CX' event of its kind in the world. Now in its ninth year, the UK Customer Experience Awards recognise those inspiring organisations who are delivering an outstanding customer experience. JT has been shortlisted in the 'Best International Business' and 'CX Team of the Year' categories.

JT's submissions focus on how it introduced new, far-reaching and innovative Customer Experience standards and training to focus on 'delighting' customers. JT began a journey in 2015 to improve customers experience as part of a strategy to transform the business from an on-island telecoms provider to a world-class communications brand, pioneering digital technology supported by first-

class customer experience. This was implemented throughout the organisation by a specially trained committed and focused team and led to a positive increase in levels of customer, client and employee satisfaction and engagement.

The other shortlisted organisations in the Best International Business Category are: Medallia in partnership with Generali, Barclays, CPM International (New Tech Division), Airbnb and Thomson Reuters. In the CX Team of the Year category, JT is alongside Cross Country, Lowell, O2 Telefonica and BT Group.

The winners will be announced at an awards ceremony on 11 October at Wembley Stadium.







## The Retail Champion

*Lorie Rault,  
Chief Executive,  
Jersey Retail Association*

**WORDS** Julia Hunt

Theatre and Taekwondo seem an unlikely combo for developing the voice of retail in Jersey, but in the form of Lorie Rault they could land a few well-aimed kicks.

As the first head of Jersey Retail Association (JRA) Lorie is tasked with uniting retailers around important issues such as what retail does for the economy, and what it can offer as a career.

"Retail is not about products, it's about people," Lorie said. "Customers don't come into a shop just to buy a product, they come in for the experience and interaction. If you give great customer service, customers come back."

The growth of internet shopping plays a big role in the shift towards making the experience a more important part of high-street shopping. From 2016 to 2018 online retail grew its market share from 15 to 17.2% in the UK. Lorie would love to quote figures for Jersey, but getting accurate data is another issue.

"The latest figures date back to 2015, when retail took £720 million a year. The UK has an accurate picture of sales and shopping trends because retailers automatically give data to the British Retail Confederation every week. Lack of available data in Jersey is a challenge but as a long-term goal we would like to be able to collect better data to help show the value of the sector to the economy."



Born in Somerset, Lorie grew up near Glastonbury, camping at the festival site during summer holidays and attending school with the festival founder's children. Her taste for performance led to a degree in Theatre and Performing Arts, although she preferred organising actors to appearing on stage. Lorie moved to Jersey in her early 20s after falling for a Jerseyman at a Taekwondo Championship training camp. She began working in retail nearly 20 years' ago, first in the UK, then Jersey, managing stores for Warehouse, Principles, Oasis, and River Island. In her denim dress and tan leather sandals, Lorie could be wearing any of these brands. But it's certainly not TK Maxx, or Jersey's discount store equivalent.

"I picked things up from charity shops when I was on maternity leave but somewhere like TK Maxx is my idea of hell – I would always be tidying things up. But a good retail sector has something for everyone and we all like a bargain. The perks of working in retail are very good in terms of the discounts and free clothes so you have to love the brand if you're going to be able to run a store well and know what customers will want.

"Jersey fashion is more casual than many places; we're fitter and have an outdoorsy

lifestyle with the beach and good climate – yet because we're a finance centre people also want good quality smart suits. The lines we need are specific and you must be strong as a store manager to get what you think will sell well from brands rather than the package for South West England."

Our brunch at Locke's ends up as Chai Latte, because Lorie eats a cooked breakfast before leaving the house – a habit from days when fuelling up could mean the difference between flying through the store, or flagging.

"Places like this are part of Jersey's retail proposition," Lorie said, "People don't just want to shop, they want to stop somewhere for coffee, have lunch, or do other things at the same time and make it a social experience. Jersey does that really well, in fact, we have so many great places to eat and drink close to the shops we do it a lot better than many towns in the UK.

"People might still go off Island to shop but they bring trendy things back that their friends want and they will buy equivalents here. Jersey offers a high end shopping experience. It's safe, the streets are clean, and everything is convenient. That gives us a head start on many other places."

In May 2018 the vacancy rate for retail premises in Jersey was just 2.2%, while in the UK, this was 12.5%. Clearly there will be huge differences across areas of the UK, however, it indicates retail here has adapted and is in scale with demand.

“There was a huge buzz in retail before the recession as brands expanded. 10 years’ ago store spaces were four times bigger than today. After the recession stores scaled back and looked at what they really needed. Shops have also got a lot smarter; there is more tech available that allows stores to keep track of what is selling almost in real time and replenish items as needed. As rent is such a huge outlay for retail this helps reduce overheads.”

It can take up to 18 months to bring a large brand to the Island and the new Retail Tax is still a sore point. Lorie won’t be drawn on what brands we might expect in the future, but despite rumours, she’s clear it won’t be Zara.

“Bringing a large brand to a new place involves a lot of number crunching and waiting for the right premises to come up. There’s no interest from Zara. I’m never

negative but the Retail Tax has taken us from a destination to set up shop, to a real numbers game because so many retailers are over the £500,000 threshold. It sounds like a lot of money but it’s not a lot in retail and when you add this to costs brands face

*“People don’t just want to shop, they want to stop somewhere for coffee, have lunch, or do other things at the same time and make it a social experience. Jersey does that really well, in fact, we have so many great places to eat and drink close to the shops we do it a lot better than many towns in the UK.”*

getting stock over, and problems finding staff it’s a challenge.”

Retail is still the second biggest employer in Jersey, employing over 8,000 people. And for retail advocates such as Lorie, it’s the best career in the world, especially for young people starting their career.

“There’s still a bit of a stigma about working in retail and that’s sad. Retail is such a dynamic career with lots of opportunities.

It’s a brilliant choice for young people in particular as it can teach them so many skills that open up other careers in the future. I know people in banking who learnt about customer service from retail. It teaches you discipline, how to communicate with people,

and a lot of social skills in a way many other industries don’t. It’s also a thriving industry. Amazon may control 49% of online shopping but they have also opened 490 bricks and mortar stores. Many Jersey shops have invested in online outlets, and people are selling in different ways.”

We might be sitting in a café, but listening to Lorie, Island retail is not standing still.



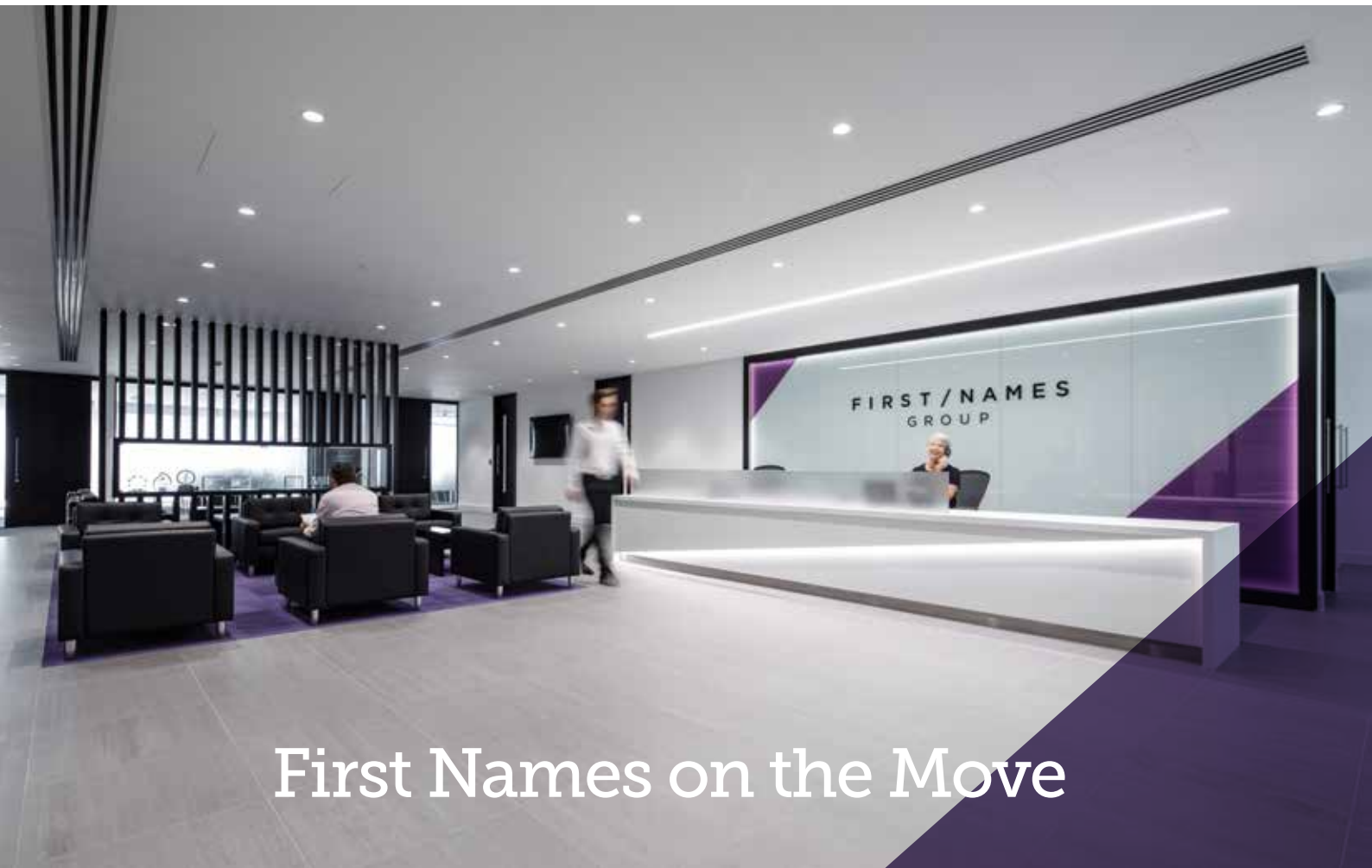
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# First Names on the Move

First Names Group has moved, and what a space they've moved to!

Last month, the Jersey-based operations of the global trust, corporate, and fund services provider became the newest residents of what is arguably the financial district's hottest address: Gaspé House.

Owing to the exceptional growth of First Names Group over the past few years, office moves are something that the business has become well accustomed to across its worldwide jurisdictions. But the Gaspé House move in Jersey stands out as the Group's biggest move to date, bringing just shy of 300 'First Names' - including those working within the Group's specialist fund services business, Moore Management - together under one roof for the first time.

Previously, Jersey operations had been split across three separate offices, spanning the Esplanade and both ends of Castle Street.

There was significant desire to relocate to an office that could accommodate everyone, whilst still having room to grow, but the challenge was finding the right space.

That space turned out to be the entire second floor of Gaspé House, with its incredible views across St Aubin's Bay. The fantastic 'Grade A' office space seats all of the Group's Jersey-based First Names in 36,000 sq.ft of space, across two wings, East and West. It includes a large client suite area featuring seven meeting rooms, four of which are front-facing, as well as ten internal meeting rooms and various breakout areas. Showers and changing facilities are also available for staff, and an additional space on the ground floor houses a new dedicated training room.

The jewel in the crown, however, is the state-of-the-art staff café taking pride of place in





**"The jewel in the crown, however, is the state-of-the-art staff café taking pride of place in the south-west corner of the office, offering unrivalled bay views and sunshine."**



the south-west corner of the office, offering unrivalled bay views and sunshine. To further reflect the Group's people-focused ethos they chose to allocate this prime spot to its own people rather than assigning it to client meeting space.

In planning the Gaspé House move, the project team decided early on that rather than a phased approach they would 'go big' and move everyone at the same time – allowing everyone to enjoy their first day in the new premises together. The move of all three offices was planned with military precision and, after months of planning and preparation, the weekend of 21-22 July saw a carefully coordinated army of First Names come together to complete the job in good time for business to resume as normal on Monday morning.



Email addresses and telephone numbers remain the same, but from now on First Names Group is proud to be based at:

**2nd Floor, Gaspé House  
66-72 Esplanade  
St Helier  
Jersey  
JE1 1GH**

**[www.firstnames.com](http://www.firstnames.com)**





## Cherry picked.

Some take the decision to follow in the family business with a mild reticence; this wasn't the case for Tanzy Cherry. This 25 year old Group Marketing and Operations Director has had the family business in her sights ever since she first witnessed her parents building their financial services business around the kitchen table.



To say her life and the business go hand in hand is not an overstatement. Combining their married name and her mother's maiden name, Cherry Godfrey was formed the day before Tanzy was born, back in 1993 and has grown over her life to provide her with the perfect role.

This year not only marks the business's 25th anniversary milestone but also the realisation of a dream career in finance for Tanzy. When Tanzy says 'I've always wanted to work in finance!', she does so with an honesty and enthusiasm that could only come from witnessing the rewards of building a business from the ground up and wanting to be part of it. She didn't rush in though; a degree in Economics, Finance and International Business gave her a grounding, along with a position at Credit Suisse that she held during and after her studies. When the opportunity and right position arose, she jumped at the chance to move back to the islands and help drive forward the business that already bore her name.

With humble beginnings on the aforementioned table, the company started as a finance brokerage in Guernsey, expanded to Jersey in 2000. The company further expanded into an insurance brokerage across the channel islands. As the financial world went a little haywire in 2008 and with a similar funding model as Northern Rock, it led Cherry Godfrey to seek alternative models. It resulted in the establishment of a loan note investment product. Launched in 2013, the strategy was to allow locals to support locals, offering a market leading 6.5% return for investors in the process. The freedom of having their own funding lines allowed the business to be

nimble and retain autonomy, building local relationships with a cross section of business and consumers alike.

With financial services being at the core of their product offering, initially their move to add the Isle of Man as a third territory was one in pursuit of offering finance products, not insurance. Starting at the deep end, the establishment in 2016 was 'eye opening'. Charged with everything from meeting regulators to getting the office fitted out,

***"As both Tanzy and the business grow beyond their 25th year, managing the nine trading companies and further developing their offerings are keeping this entrepreneurial and motivated businesswoman focused."***

Tanzy set about learning a new local market and its challenges; 'Getting wifi was one of the hardest parts of setting up!'. The whole experience she describes as 'humbling'. As we met for our interview, an IoM trip was on the cards, with inter-island travel being part of the job.

Despite being relatively new to the business, the Isle of Man wasn't Tanzy's first off-Guernsey posting. Back in 2016 she relocated to Jersey for three months to get a sense of the requirements of our market. Learning and developing on the job are paramount with current new product developments such as the student loan product for island students is one of her latest projects; 'We know it's the middle Jersey and middle Guernsey people that are suffering with the current system and we want to develop products that can help'. Despite being a Guernsey girl, I had to ask

what differentiated Jersey. 'The Energy' was the response, 'I really enjoyed the weekday vibrance. Plus the shopping is better!'

As both Tanzy and the business grow beyond their 25th year, managing the nine trading companies and further developing their offerings are keeping this entrepreneurial and motivated businesswoman focused. 'You're not just competing on price anymore', she told us, 'It's customer service that needs to keep us ahead'. If this Cherry's positive

and confident outlook is anything to go by, they've got the right approach.

### Tanzy Cherry

**Age:** 25

**Business:** Cherry Godfrey

**Role:** Group Marketing and Operations Director

**Born:** 1993, Guernsey

**Favourite food:** steak

**Favourite place to eat in Jersey:** Wildfire

**Favourite film or book:** Harry Potter - all of them!

**Last holiday:** Santorini

**Attended:** Oxford Brookes

**Studied:** Economics, Finance and International Business

**Dream alternate career:** Law

**Likes:** sleeping and looking after her new kittens, Norman and Darcy.



# Relative Values

Ben Newman, Managing Director of First Names Group's private client business in Jersey, and Jon Trigg, Head of Global Fund Services for the Group's funds business, Moore Management, have worked together to achieve a recent milestone office move to new state-of-the-art premises in Gaspé House. This move brings together all areas of First Names Group's Jersey operations under one roof for the first time (which you can see a few pages back).

Ben is responsible for the day-to-day management of the Group's Jersey private client portfolio. He joined First Names Group in 2008 as a client services director and was made managing director in 2014. Since then he has led the Jersey business through significant growth, including the full integration of three acquisitions which has seen the local headcount grow to just under 300 'First Names'. Ben has over two decades of industry experience in both trust and treasury management.

Over the past few years Jon has led the Moore global business, whilst also having been an integral member of the wider Group's leadership team. With over 18 years in the private equity sector, Jon's knowledge and expertise spans the full client, technical and operational spectrum. He joined Moore as a director in 2013 and was quickly promoted to head up the company's European operations before his remit expanded to include Asia in 2016.



## Jon Trigg

Alexa. I am avid listener to "TalkSport" and Radio 5 Live

Somewhere I have never been but would love to go to Australia!

Blue

Log fire

I love a "list" so a weekend ticking off my jobs makes me very proud!

A quaint restaurant called Chez Dany in Switzerland that looks out over the mountains

Seafood, we are very blessed to live on an island that provides so much of this fresh produce

Caramel. (I am an ice creamaholic!)

I love to track property advertised and being bought and sold

The Sound of Music

I am not an avid reader but I have recently read "Legacy" by James Kerr. A leadership book about the All Blacks success

Sweet Caroline!

Rugby star Jonny Wilkinson, a true legend on and off the field

Heli-skiing with a mountain guide

Long summer days surfing down St Ouen as a child from sunrise to sunset

There have been so many. From seeing individuals within the business succeeding in their careers, to winning new funds business and of course working to find a suitable purchaser for the First Names business

## Ben Newman

I am a classic car enthusiast – so my 1988 white 3.2 Carrera complete with whale tail!

Amalfi Coast, Italy

Orange

Success! Or wet, tired dog

Drive, arrive, ramble, restaurant, wine, and chill. Or Lords (cricket)

Tough one – I have a special anniversary coming up and am going to Daphne's in Chelsea. Locally, Samphire, at the moment!

Sunday Roast

Coffee

Exploring, driving, thinking

Waking Ned Devine

Biographies (as a genre not title)

Pink Floyd – Shine on you crazy diamond (tribute to Syd Barrett)

Peter Kay

Dining – sometimes fine, sometimes not so

Travelling in USA with my family aged 13

It would have to be signing the lease for Gaspé House and bringing us all together for the first time



# Power Play

Not all of us have a chance at our dream career. For Mark Brandon, his first calling was the music industry. I mean... who doesn't want to be in a band? Having scored some memories of life travelling and living in the city, he returned to qualify and work as an electrician while discovering a calling that gave him a different kind of satisfaction.

Establishing Sun Works in 2013, he wanted to grow a business with a purpose and conscience, harnessing emerging technology in order to contribute to a new self sufficiency for Jersey through the potential of solar power. With over 60 installs and thousands of solar panels installed to date in both domestic and commercial settings under their belts, Sun Works are bringing a new age of self sufficient power to Jersey.

Utilising our nearest star to heat and power our homes is not a new idea. The principles of solar water heating first appeared over 100 years ago when people began painting boxes black and using the power of the sun to heat their homes. The 1920s saw the first discussion of the 'photovoltaic effect' and developed by NASA in the 50's for satellites, but it wasn't until the oil price hikes in the 1970s that a commercial pressure, as well as growing environmental concerns prompted technology that existed principally for the space race to be harnessed and developed for our use. The only problem? It was expensive.

It's that belief and the change in status that Mark and his team at Sun Works are keen to get straight. The cost of installing a Solar PV system has come down considerably and the ability to now store, harness and even re-sell electricity your home generates has meant the team have seen their business grow considerably year-on-year. A Which? Survey in the UK last year found the cost of installation has dropped from an average of almost £10,000 before 2015 to a nudge under £7000 now. Checking that with Mark, it actually looks like there isn't a Jersey premium either, with the average Sun Works PV install coming in at 'between six and eight thousand pounds'.

As an island community that relies on off island power, this sort of renewable energy Mark sees as an important part of our environmental responsibility and future growth as an island economy; 'When

energy sources preserve the environment, save us money and enable us to become more independent it really is a great move to take a longer view and invest in smart infrastructure'. As we met Mark to check out one of their recent installs I must admit, I was already on-side. Tesla's marketing hype around their Powerwall and solar roof tiles have already been on my radar and whilst the latter isn't available yet, Mark is already appointed as a Tesla agent, able to supply their storage solutions alongside other units from LG. Installing a battery does bump the price up a little as the batteries themselves

systems shouldn't require any real looking after but maintenance packages are available, along with finance to spread the cost of the install. When we discussed the cost, Mark was quick to align the cost with other household improvements. New windows for insulation, new roof tiles to keep in heat; Solar power is another addition to the home and one that pays back in both financial and environmental ways, as Sun Works' ethos describes; "Energy generation built into the fabric of buildings is the future. Buildings are now connected, integrated and we are striving to make a better and more diverse energy

*"With over 60 installs and thousands of solar panels installed to date in both domestic and commercial settings under their belts, Sun Works are bringing a new age of self sufficient power to Jersey."*

are several thousand pounds but it means you have the potential to be self-sufficient for much of the year. The accompanying App lets you see how much power you're generating, how much you're using and, interestingly, how much you're selling back to the grid. You can use that with the JEC as credit against extra power you need when you need that extra boost, allowing you to recoup the cost of the storage over time.

Talking to Mark and his team it's clear the enthusiasm for the technology and the benefits it can bring are paramount. Despite being a relatively small operation, they have strategic relationships in place that allow them to handle all aspects of the install, from build to scaffold to finish, ensuring one point of contact. The house we visited had chosen to opt for an LG battery along with a charging point for an electric car, also installed by Sun Works as part of the project. Once in place the

future for Jersey by providing the best advice, service and solar technology. We look forward to a time when Jersey can say it makes the best use of what it has and is an example to other offshore jurisdictions."



A new installation with LG Battery >



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# Are you sitting comfortably?

In work today, people are less accepting of uninspiring office environments focused on uniformity and are seeking greater choice and control over where and how to work.

Forward thinking organisations are creating more informal, authentic and inspiring spaces that blur the edges of what the office means; less of a place to park their people and more focused on meeting people's needs for sustained wellbeing, smart and connected technology and access to a diverse range of spaces.

Thoughtfully-designed workplaces should deliver a more human-centred experience that enriches the emotional, cognitive and physical wellbeing of people, helps them get through their workday with more engagement and gives them freedom to choose where and how they work when concentrating, connecting or collaborating with their colleagues.

Style Office are skilled at helping to create inspiring workspaces that help companies motivate their staff and that people want to work in – enabling companies to attract the best and brightest talent.

**Offer Choice + Control** – give people the freedom to work in spaces that match their changing needs throughout the day.

*“Thoughtfully-designed workplaces should deliver a more human-centred experience that enriches the emotional, cognitive and physical wellbeing of people”*

**Make it Authentic** – create places where people feel free to be themselves, informal spaces with different tools and atmospheres, whilst communicating company culture.

**Keep Them Nourished** – think about physical and emotional needs. Create spaces for people to meet for coffee and get to know each other.

**Provide Top Technology** – without easy-to-use accessible technology, workers can't do their jobs and can get frustrated and distracted. It's important to provide mobile and integrated technology in spaces to make it easy to share ideas and information.

**Support Solitude** – help keep distractions low with respite spaces for private moments or focused heads-down work throughout the day.

PRODUCTS PICTURED ARE AVAILABLE FROM STYLE OFFICE. TEL; 744281



# HARDWARE

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2018



# Six reasons to go **Topless** this summer!

IT'S (UN)OFFICIAL AND YOU PROBABLY DIDN'T HEAR IT HERE FIRST, BUT JERSEY HAS EXPERIENCED SLIGHTLY MORE HOURS OF SUNSHINE THAN THE 2018 AVERAGE SO FAR THIS MONTH AND WE WANTED YOU TO BE PREPARED!



## MINI CABRIOLET

Possibly even more popular locally than a 99 Flake at the height of summer in St Ouen's bay, BMW's Mini has been immensely popular in Jersey since launch and I've no reason to doubt this will remain so - even in drop-top form. The chassis is excellent, making them perfect to chuck around Jersey's lanes at speeds that aren't silly, the modern-retro (which is, strictly speaking, a contradiction in terms) bodywork is set to become almost as timeless as the design of the original Mini that Sir Alec Issigonis' famously sketched out on the back of a cigarette packet (those things that people used to buy before vaping became *a thing*) and the choice of naturally aspirated and turbocharged engines has something to offer every potential owner whether it's the economy of a diesel or the performance of a Cooper S.

**AVAILABLE FROM JACKSONS**  
[www.jacksonsci.com](http://www.jacksonsci.com)



## CITROËN DS3

Strictly speaking, I'm dubious about giving the DS3 the convertible mantle, because if you look carefully (in fact, not even too carefully) you'll see that the B and C pillars are still there. It's more of a very long sunroof. Don't rule it out quite yet though, because this design offers a very useful advantage - you can retract it at speeds of up to 75mph! No more trundling around wreaking havoc with the traffic flow if the sun takes his hat off, just press the button, keep driving and, crucially, keep dry too!

**AVAILABLE FROM MOTOR MALL**  
[www.motor-mall.co.uk](http://www.motor-mall.co.uk)



### ALFA 4C

The Alfa Romeo website informs us that the 4C is a combination of Alfa engineering and Maserati manufacturing in one, before stating simply 'Pure Alfa Romeo'. A contradictory statement, but one that I'll ignore because Maserati taking care of building them is definitely not something to be sniffed at. Produced in Modena and fitted with a dual-clutch transmission, the chassis itself weighs just 73kg. Seventy three! The entire car tips the scales at 940kg, is incredibly beautiful and all of this has made me want to have a drive of one so much that I've completely forgotten to mention anything relating to it not having a roof!

**AVAILABLE FROM MOTOR MALL**  
[www.motor-mall.co.uk](http://www.motor-mall.co.uk)



### FIAT 500

Even more abundant than MINIs on Jersey's roads, and arguably just as *not-much-of-a-cabriolet* as the Citroen DS3, this diminutive drive is popular for good reason. Retro styling and a wide use of plastics in a way that manages to come over classy-looking, the 500 looks great without costing the earth. Both metaphorically and physically, that is; with the Twinair engined version pushing out over 100 horsepower from a sub-one litre engine! It's a good job, too, because someone's got to make the effort to save what remains of the ozone layer before the UV levels get too high for convertibles altogether.

**AVAILABLE FROM POLAR AUTO ITALIA**  
[www.polarauto-italia.co.uk](http://www.polarauto-italia.co.uk)



### FIAT 124 SPYDER

Whilst they probably won't manage to recreate the success of bringing back the 500, Fiat's new take on their classic 124 Spider has been receiving some pretty positive reviews. So it should have done though, given it's basically a Mazda MX-5 underneath - a car famed for being fun to drive and handling impeccably. Power levels from the turbocharged 1.4 MultiAir engines is on a par with that of its two-litre engined Japanese cousin, and with retro styling rather than Mazda's futuristic angles it's got to be an appealing alternative to the little roadster that's stolen the hearts of many since 1989.

**AVAILABLE FROM POLAR AUTO ITALIA**  
[www.polarauto-italia.co.uk](http://www.polarauto-italia.co.uk)



### BMW 2-Series Cabriolet

Cut me, and I'll bleed BMW, there's no denying that, but for some reason I've not been able to connect with their contemporary range of vehicles much. Don't get me started on the GT and Active Tourer models, but as much as the 2 Series seems to plug a hole that I wasn't aware needed plugging, the cabriolet version is an undeniably beautiful car. It has a hint of Z1 about it from the rear (but thankfully not those contraptions that sunk into the sills in lieu of doors), and what could be cooler than that? Aside from the wind in your hair after the sun has set, or a very British summer rain storm.

**AVAILABLE FROM JACKSONS**  
[www.jacksonsci.com](http://www.jacksonsci.com)

# CHILL OUT

WORDS Rebecca Evans

At the time of going to press Jersey has barely seen a cloud or a drop of rain for almost a month, the sun has definitely got his hat on (hip hip hip hooray!) and with August historically being warmer than July, there's a good chance of more to come.

Now don't get me wrong, I love the sunshine and have been happily soaking up enough vitamin D to see me right through the winter, but even I have started to tire of being ever so slightly sweaty 24/7. So for the sunshine issue I've investigated the tech that can take the edge off the heat, at work, at home and on the go.



## HOSTESS ICE CUBE MAKER

Nothing typifies a long summer's day like relaxing in the garden with a long cold drink. Whether your preferred tipple is a G&T or a cloudy lemonade, the common ingredient marking them out as sunshine staples is a generous shovel of ice, but we've all experienced the struggle of trying to extract the slippery little cubes from their trays. Eliminate the chance of firing them all over your kitchen (and impress your friends) with a Hostess Ice Cube Maker. Capable of producing up to 12kg of ice in 24 hours, and storing up to 700g at a time, the LCD display allows you to select on-demand production in just 25 minutes, or set a timer for cocktail hour. Storage full and water low warning buzzers ensure you'll never unexpectedly run out, and a jug and scoop are supplied.

**The Hostess Ice Cube Maker is £148**  
from *The Powerhouse*



## CHILLMAX PILLOW

I don't know about you, but during these long hot nights it's been non-stop action after dark in my bedroom. I'm talking, of course, about countless hours of pillow flipping. Waking up regularly from dreams of the Sahara Desert, and fruitlessly searching for a cool patch of bed to move to. Or at least that was the case until I discovered the Chillmax Pillow. Slide the mat into your pillowcase and the Chillmax gel will react to and absorb your body heat, creating a natural cooling effect for you. Wipe clean and portable the mat is perfect for travel, can be used as a seat cushion or cooling base for a laptop, and can be popped in the fridge before use for an extra effective chill.

**The Chillmax Pillow is £9.99**  
from *JMLdirect.com*



## STAY COOL ICE TOWEL

It's all very well plonking yourself in front of a fan or taking cold showers to bring the temperature down if you're indoors, but when you're outdoors and the sun is beating down it's a little harder to keep cool. The Stay Cool Ice Towel comes to the rescue. Lightweight and easy to carry around, simply wet, wring out and shake for 5-10 seconds and the fabric will remain cool for up to 2 hours, before being ready for immediate reactivation. It's like having an ice pack with you all the time, but without the need to re-freeze. Use it as a cool pillow on the beach, wrap it around your shoulders during a run or bike ride or just keep it in your bag ready to spring into action when the heat gets too much.

**The Stay Cool Ice Towel is £7.49**  
from *www.findmeagift.co.uk*



## DYSON HOT + COOL DESK FAN

Anyone who has worked in an office during summer must have experienced the long-fought battle for the temperature control. Air-con off, air-con on. Windows open, windows closed. Susan on reception wears a scarf year-round and Mike in accounts is constantly mopping his brow. It's impossible to please everyone. Become the Switzerland of your office by picking up a Dyson desk fan. Choose between personal or diffused mode, and experience powerful air cooling with minimal noise. Energy efficient and featuring sleep timer and automatic safety cut out, this is pricey for a desk fan but will pay for itself year round, cooling your personal space in summer and keeping it toasty in winter.

**The Dyson Hot + Cool Desk Fan is £399.99 from Boots**



## O2COOL MIST 'N' SIP BOTTLE

Hydration is the name of the game when it comes to surviving in the sun, and the Mist & Sip Bottle will keep you refreshed inside and out. Featuring double insulated walls to keep the contents cold, a neck wide enough to accommodate ice cubes and a no leak pull top spout. What separates this from other insulated bottles on the market is the mist system; pull the trigger and release a fine spray of chilled water to provide relief on a baking hot day. Ideal for athletes, walkers, or anyone who spends a lot of time working up a sweat outdoors.

**The O2Cool Mist n Sip Bottle is £9.93 from [www.amazon.co.uk](http://www.amazon.co.uk)**



## MAGIMIX ICE CREAM MAKER

EVERYONE knows that the very best way to cool down on a warm day is with an ice cream. It's (probably) a scientific fact, so when the sun comes out its only sensible that we keep a constant supply on hand at all times. Pick up a Magimix Ice Cream Maker and create 1.5 litres of your favourite ice creams and sorbets at home in as little as 20 minutes. Whether your tastes are for exotic fruits, rich Belgian chocolate or traditional vanilla, the choice is all yours. Simply pre-freeze the stainless steel mixing bowl, then pour in your ingredients and get churning. The paddle is removable for easy cleaning, and a 1 year warranty is included. If you need any more convincing, it also makes a mean Frozen Daiquiri.

**The Magimix Le Glacier 1.5L Ice Cream Maker is £33 from The Powerhouse**

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# PHONE HOME



## Sure's top tips for roaming

*Summer holidays are here but before you set off on your travels check out our roaming tips to make the most of your mobile while you're away.*

1. As Jersey isn't in the EU, the EU roaming rules (i.e. no roaming charges) don't apply to us but we've lowered our standard pricing and introduced roaming boosters to make it more cost-effective for you to use your phone when off island.
  2. We realise you probably don't know how much data a particular activity uses so we protect our customers with a data roaming cap to ensure you don't receive unexpected bills. Most customers already have a data roaming spend limit in place and you can call us to check yours.
  3. Our £5 'away booster' is ideal for when you go on holiday. It halves the price of calls and texts and brings data prices down to just 10p per MB in the UK, France and Ireland (where islanders travel to most!).
  4. When you get to your destination, read the text from Sure as this will tell you the
- standard roaming prices. Don't forget, whether you're a Pay Monthly or PAYG customer your usual allocation of minutes, texts and data don't apply when roaming!
5. Make sure you know how to turn data roaming on and off on your phone and turn it off when you're not using it! Use Wi-Fi to cut down on costs.
  6. Don't forget to disable location services, background updates and Wi-Fi assist while roaming (unless these are needed for maps) as they can be charged even if your mobile data is turned off.
  7. You might want to turn your voicemail off. Accessing your voicemail while abroad is different to accessing it when at home and you may be charged for receiving a voicemail.
- Follow these tips and you can enjoy using your phone abroad wherever you choose to roam. Happy holidays!

**PICTURED:** Sure employees ready for their summer holidays!



**Sound**  
HomePod is a powerful speaker that sounds amazing and adapts to wherever it's playing. It's the ultimate music authority, bringing together Apple Music and Siri to learn your taste in music. It's also an intelligent home assistant, capable of handling everyday tasks — and controlling your smart home. HomePod takes the listening experience to a whole new level. Visit the team at the iQ Store, 10-14 Beresford Street to find out more.



## The Samsung Galaxy A6 gives you more

*If the Samsung Galaxy A5 was "elegant, reliable and secure", then the Galaxy A6, is quite simply, "more"!*

With a near bezel-less 5.6 inch Super AMOLED display, the A6 is an incredibly elegant device that looks the part, whether you're using it for work or play. The 16MP camera comes with a faster, wider aperture than its predecessor, letting in more light and helping you capture fantastic images, no matter what the weather. When it comes to photography, the A6 is the camera that won't let you down.

In terms of security, Samsung's personalised protection gives you the flexibility of choosing how to unlock your A6, whilst ensuring that nobody else can. Whether you want to protect apps with fingerprint recognition or the device itself with face ID, the A6 is designed to ensure you're always in control.

*The Samsung Galaxy A6 is in store now, so pop into the Sure store to try it today.*

The background is a solid green color with a repeating pattern of tennis rackets. The rackets are oriented diagonally and are rendered in a lighter shade of green, creating a subtle texture. In the center, the word "SPORT" is written in a large, bold, white, sans-serif font. The letters are slightly transparent, allowing the racket pattern to be visible through them.

SPORT



# ON TOP-OF HIS GAME

WORDS & PHOTOS John Liot

**A life-long martial artist that found a passion for competitive fighting in his mid-20's, guided by his close friend and original Karate instructor, Stuart McIntyre, Andrew Toporis, known by his nickname, 'Topo', has competed in sport jiu-jitsu and grappling contests all over the world – representing Jersey and the Channel Islands on many occasions.**

Recently Topo returned from a successful trip to Spain where he won a first place in his division and brought back a gold belt for his troubles at one of the North American Grappling Association (NAGA) tournaments that are held throughout the year all over the world.

My own introduction to martial arts came from the tutelage of both Topo and Stu as well as and Rob Staples. So when Gallery asked for someone to speak to Topo about his recent victories in Spain I was only too happy to chat martial arts in Jersey with one of our island's most interesting characters. As luck would have it I was joined by both Topo and Stu when I visited Topo up at his home gym, affectionately named 'The Spud

Shed', which is a small 15 square foot space at his home in St Mary.

To understand the journey Topo has had in martial arts is to also learn about how Jersey was once, and actually still is, highly regarded in the worldwide sport jiu-jitsu scene.

"When we started (in the mid 90's) there were three superpowers of sport jiu-jitsu; England were far and away the best, no one could touch them. The second best team at the time was the USA, and the third team was Canada, and it had been like that for about 5-6 years. We (the Channel Islands Sport Jiu-Jitsu team) come along and knock Canada off and we got third place, and then we did

it again at the next championship, and then the Worlds after that we beat America and got to second. So for over a 10 year period we were a Top-3 team in the world."

That unexpected rise to prominence in those early days has cemented itself within the sport jiu-jitsu landscape. Even today, some 20 years later, Topo is still being asked to pass on his knowledge to a new generation of fighters.

"The British Sport Jiu-Jitsu team, they want to come over and do a training camp with me, they know my background in sport jiu-jitsu and with Brazilian jiu-jitsu becoming more relevant they want to improve that aspect to their game and because I know how (the two) translate they want to come and train with me and Stuart."

Competing throughout his 20's and 30's, eventually Topo moved away from competition and instead took on a position as a teacher to other fighters. This isn't to say the desire to compete had left Topo but that it felt like a natural transition for his martial



## “A martial artist who isn’t able to compete is akin to a football team that never plays any matches. Competing is the original purpose of sport and for many of our island’s burgeoning fighters they’re simply unable to put their skills to the test.”

artist tenure. But after close to a decade of teaching, both Topo and Stu felt like their own growth was being hindered as a result of their dedication to their students.

“It was enjoyable and it was great because we got to teach some lovely people who’ve gone on and done well for themselves. It was satisfying, but once you start teaching you stop advancing.”

Topo and Stu both recognised that, though rewarding, spending their training time working on what their students needed to work on meant, naturally, less time was able to be spent developing their own skills.

“That’s why I’m competing again because I’m back improving myself and I want to test myself. We’ve always tested ourselves. We’ve been fighting 30 years now.”

For the development of martial artists in Jersey, sponsorship is the answer. Though Jersey is no stranger to hosting events, the lion’s share of competitions require islanders to head off to the mainland and beyond. Topo and Stu believe a lack of sponsorship is stopping many talented fighters from realising their true potential. Indeed, it is through the sponsorship of his boss, Tom Matthews of Pallot Glass and Windows, that Topo has been able to compete overseas this past year.

“The future of martial arts in Jersey is sponsorship,” says Stu, “You’ve got so many (fighters) who are not getting out there, and it’s only because of money. For a young man who wants to compete, he’s paying huge rents or trying to pay for a mortgage and he can’t do it. You can’t just jump on a train to go to London for the weekend.”

An interesting point in our conversation is raised. A martial artist who isn’t able to compete is akin to a football team that never plays any matches. Competing is

the original purpose of sport and for many of our island’s burgeoning fighters they’re simply unable to put their skills to the test. The only other answer to this problem would be for Jersey to step up and act as a host for organisations to bring their competitions to.

I asked the veteran martial artists if Jersey could ever identify as a jiu-jitsu hotspot, a place that attracts competitors and competitions from all over the world.

Topo: “Easily”

Stu: “Martial arts can cater for everyone; history, tradition, grace, health, you don’t just have to be a banger, that’s the beauty of it.”

Topo: “Martial arts offers everything, there’s something for everyone.”

At age 55 many might assume that inner fire to compete would be long since extinguished, especially within a sport as brutal as fighting. And yet Topo, along with a squad of likeminded men and women, with a true passion for martial arts, have found a way to not only train, not only to compete, but also to win prestigious grappling tournaments.







## SPORTSTEAM OF THE MONTH THUNDERCATS

**2018 was the fifth year that Robin Tadier has taken a team of Jersey softballers to the ever popular Bristol DD Cup tournament in the UK. This year would be the third year that he combined players from two or three different teams from the Sunday league here in Jersey to create the Thundercats.**

Each year the team consists of slightly different players that make up the team and is attractive to new players of the sport as it offers them great game experience playing nearly twelve games in one weekend. Each year the Thundercats perform phenomenally by making it to the Cup final of the tournament but have since lost in the final match. It's only this past year that Robin and his Thundercats were able to take home the silverware and win the Cup final in a gruelling battle against a team with an MVP pitcher.

The Thundercats came out of the first day winning all six games including a close match against the team they would soon see again in the Cup final. The first day saw some expert field play from players new and old. Newbie Rhys Benest, for example, had an outstanding diving catch off a line drive hit down the third base line in his first ever game. An even more exciting play came in the fifth game of the day when Scott Roberts caught a deep pop-up in right center field and fired it home to Kelly Tadier at catcher who tagged out the runner stealing home. She then quickly threw it to third basemen Chesley Warner who tagged out the runner stealing third resulting in a rare triple play to close out the inning.

The second day saw Thundercats drop a game from their winning record as they

struggled to get the bats going against a strong defensive opponent. They met the same team in the semi-finals which was a tense and very competitive game, where both sides were tied on runs for three innings before Anthony O'Grady hit a home run, bringing in another runner on base to come ahead. A further home run by Niall Boylan sealed the victory. Thundercats finished strong on the defensive side by holding their opponents to no runs to make it into the Cup final.

Thundercats met a tough team in the Cup final and faced some very difficult but expert pitching against the female MVP from their opponents. It was back and forth on the runs in the first few innings but Thundercats kept their bats going and came out ahead later in the game whilst simultaneously holding their opponents in the field. They won the final 14-5.

After the Cup final was played the tournament organisers hosted a trophy ceremony where a male and female MVP were nominated for both the Cup and Plate finals. Anthony O'Grady, Thundercats Shortstop, was named the male MVP for the Cup final for his excellent batting and clutch field play. Meanwhile the pitcher on the opposing team was named female MVP for her extremely talented and challenging pitching style.



**“Each year the Thundercats perform phenomenally by making it to the Cup final of the tournament but have since lost in the final match.”**

Each year the team also nominates and votes for its own male and female MVP's. This year Leah Cunningham won female MVP and Niall Boylan won male MVP for his insanely consistent batting which kept the team going during dry spells on offense, as well as amazing field play in outfield and infield.

Robin Tadier and the Thundercats will compete abroad again towards the end of the season in October this year as they return to their annual American tournament, Ad World Series, due to take place in Orlando, Florida.





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### Rebecca

Les Laveurs Car Park, St Ouen

◀ *"Chocolate is my favourite, so for me the right way is to push the flake down to the bottom of the cone and save it until last!"*

### Bob

Castle Kiosk, West Park

◀ *"Jersey ice cream melts super quickly, so you have to eat it from the bottom up. It's all about gravity - there's no other way!"*



### Dean & Linda

The Van at West Park

◀ *"There's no point in trying to enjoy it and lick it slowly. Eat the flake first and then get it down before it melts!"*

### Sonia

Le Port Car Park, St Ouen ▶

*"I couldn't tell you - I'm lactose intolerant."*





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