

gallery^{JSY}



143
the **NEON** issue

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#143

[NEON]



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www.gallery.je

It's mid July, it's 4pm and I'm writing this next to my window, with a light on. Who turned off the sun? When we moved into this office we got a sweet Anglepoise for each desk and even with that little puppy giving me a hand right now, my desk light situation seems a little bit dickensian. In fact, it's only the temperature hints to the fact that it's not winter. It's dark. Winter dark. And muggy. And we're working on the brightest Gallery we've done for years; the Neon edition.

With associations to both the 80s and retro-futuristic sci-fi, all things neon have been going on in the office this week, whether collecting paraphernalia for our Reasons 'Summer Break' area or watching the trailer to the new Blade Runner (check it out) in spite of the dark skies outside. Here's hoping by the time you're reading this in the flesh it's heated up a bit and the dayglow pink cover is shining proudly on a summer day that we could make into a video and sell to Londoners. There have been a few days that would fit the bill recently when St Ouen was proper 'Jehamas' with perfect clear skies and clean daytime peeling waves. Spending the day on the beach for friends' birthdays and getting into warm Jersey waves was pretty perfect. Package that up, beam it to the UK, Put Jersey in lights. Neon lights.

It transpires that it's not easy to put something in neon lights these days - the glasswork and process has become somewhat of a lost dark art. Even the Gordon's Gin sign that stood proud at Beaumont as a nostalgic nod to the old technique in no more. We were keen to get one made to go with the issue but many signmakers have ceased to use glass and gas in that way, favouring LEDs to get the effect. We went and met three of the island's signmakers to learn more about it and found one that still able to show us how he still creates them in his own private workshop. Watch for a glowing 'G' sometime in the future.

Speaking of putting things in lights, we're looking forward to seeing Trinity alive again in September when Weekender brings some serious musical firepower to the island for a weekend of festival fun. We know that everyone waits to see what the air pressure is on the morning of an event in Jersey but this is a festival people! With a slightly cosier capacity than other festivals on the site, you wouldn't want to get caught short and hear how good Pendulum or Two Door Cinema Club were... make sure you pick up your ticket this month!

BD



#143 [NEON]

gallery

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

THE PEOPLE THAT HELPED WITH THIS ONE...



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YOU'D LIKE TO BE IN GALLERY? GREAT!

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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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AD@GALLERY.JE

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. Call us on 811100 or drop us an email...

FEATURE

FEATURES@GALLERY.JE

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

ENTERTAIN US WITH JOKES, IDEAS, VIDEOS OF CATS AND BOOTS TO... **EVERYONE@GALLERY.JE**

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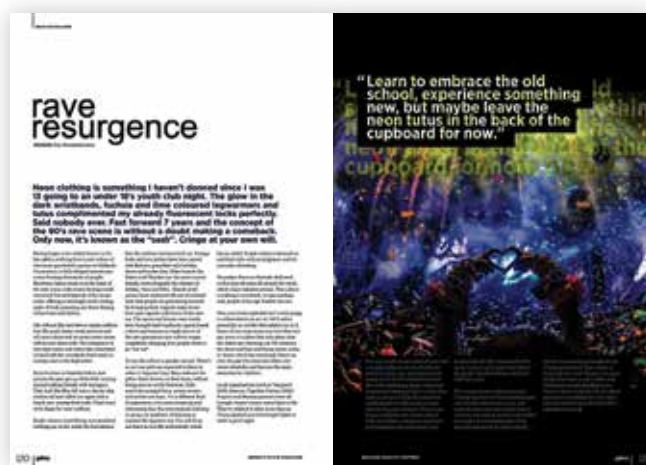
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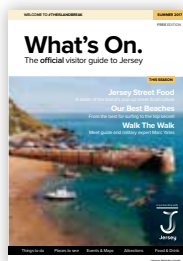
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What's On.

A rundown of key events in Jersey this month.

A selection of events in Jersey this month, taken from our 'What's On' publication. Published quarterly, it's the essential guide for visitors to the Island. If you have people coming to stay or you're hosting AirBnBers, make sure you grab one from our transit hubs or Visit Jersey at Jersey Museum for them to keep as their companion for visits to Jersey. They're packed with local information and fresh each season. Look out for the Autumn edition from September 1st! If you ever want listings in What's On, register and upload details to Visit Jersey's 'Mylistings' portal.



📅 08-AUG 🕒 19:00-22:30

Newton Faulkner supported by Frankie Davies

Jersey is proud to welcome Newton Faulkner, supported by Frankie Davies. You may have caught Newton in previous years when he's played Jersey Festivals Grassroots and JerseyLive but this time he'll be playing to a more intimate audience in the beautiful auditorium at The Opera House.

📍 Jersey Opera House, Gloucester Street, St. Helier JE23QR

☑ 01534 511115
warren.holt@rockit.je
www.jerseyoperahouse.co.uk

📅 UNTIL 09-AUG 🕒 20:00-22:30

Oddsocks: Romeo and Juliet

Oddsocks are delighted to be breathing new life into Shakespeare's Romeo and Juliet by giving it a musical Mods and Rockers twist! There's 'Nowhere to Run To' for the Capulets and Montagues as violent confrontation stalks every meeting, even 'Down in the Tube Station at Midnight'. Meanwhile, Juliet's Nurse is looking forward to a good old 'Twist and Shout' at the Capulet party, which Romeo's mates are planning to gatecrash.

📍 Coronation Park, Millbrook JE3 1LN

☑ 01534 700422
nicole@artscentre.je
www.artscentre.je/event/oddsocks-romeo-and-juliet/

📅 05-AUG 🕒 09:00-15:00

'Genuine Jersey' Market St. Aubin

The regular artisans' market takes place in the pretty harbour village of St. Aubin in front of the parish hall. There will be local wares on display, including goods from producers and craft workers. All goods sold by Genuine Jersey Members will have been crafted, brewed, baked or processed by the stall holder, so come along and soak up the atmosphere while celebrating Jersey's finest. Entrance is Free.

📍 Parish Hall St. Aubin JE3 8BS

☑ 07797 780383
john@genuinejersey.com
www.genuinejersey.com

📅 08-AUG 🕒 20:00-22:30

Jimmy Carr - Greatest Hits Tour

The Best Of, Ultimate, Gold, Greatest Hits Tour - Jimmy is gathering a selection of his very best jokes along with brand new material for the Ultimate Comedy Show. Always notorious for cutting down hecklers and stocking up on good Jersey knowledge as part of his show, Jimmy usually sells out so get yourself a ticket.

📍 Gloucester Hall, Fort Regent JE2 4UX

☑ 01534 449600
active@gov.je
www.fortregent.je

📅 03-AUG & EVERY THURSDAY 🕒 10:00-19:00

STREET FOOD THURSDAY

The Street Food Thursday vans can be found dotted around St Helier. With plenty of delicious flavours to excite the taste buds, choices range from Thai to cupcakes, Mexican to gluten free and vegetarian dishes. Why not combine al fresco dining with late night shopping as many shops in the Town Centre are open until 7pm on Thursdays.

📍 Various Streets in St. Helier JE4 8PA

☑ 01534 811835
anna.renouf@posh.gov.je
www.sthelier.je

📅 05-AUG 🕒 12:00-23:00

Groove de Lecq

The enchanting micro-festival boasts a diverse line-up of musicians, bands and performers, bringing together family friendly activities, creative wonderlands and over forty acts across six live stages appealing to all generations. Groove is an ethically produced festival championing charitable organisations, sustainable initiatives, local produce, food and ales.

📍 Moulin de Lecq Greve de Lecq JE3 2DT

☑ 01534 482818
groovejsy@gmail.com
www.groove.org.je

📅 10-AUG 🕒 12:00-17:00

The Jersey Battle of Flowers 2017

First staged in 1902 in celebration of a Royal Coronation, the Jersey Battle of Flowers has since grown over the past century and more to become one of the largest floral carnivals in Europe and without doubt a major highlight in Jersey's varied summer calendar of festivals and events. With each local parish as well as other community groups competing for awards on the day, the atmosphere is always fun with a competitive twist.

📍 The Avenue and around St Helier!

☑ 01534 730178
battle@battleofflowers.com
www.battleofflowers.com

📅 04-AUG - 06-AUG 🕒 09:00-17:00

St Lawrence Charity Horse Show

St Lawrence Charity Horse Show raises substantial funds for purely local Jersey Charities. During its 60 year history it has raised over £300,000. This year the three day Show will be held on 4, 5 & 6 August at our Showground, Tamarind, Rue des Vignes, St Peter. The Show comprises show jumping and showing classes and attracts competitors from Guernsey and the UK. Free admission for spectators with plenty of parking.

📍 Les rue des Vignes St. Peter JE3 7BY

☑ 01534 483760
jennythomas100@gmail.com
www.slchs.co.uk

📅 06-AUG 🕒 12:00-16:00

El Tico Iron Man Race

Have you got what it takes? This annual event will be taking place at El Tico. Times have yet to be confirmed but as a rough guide Juniors will start at 12pm and the seniors from 1pm. Check in up to an 1 hour before or register through Dan Harris at The Surfyard on +44 (0) 1534 484404. The ~£10 entry fee and all funds raised go to the RNLI and Donna Annand Melanoma Charity. Prize giving, paella & drinks @ 4.30pm

📍 La Grande Route des Mielles
St. Ouen's Bay JE3 7FN

☑ 01534 482009
beachoffice@elticojersey.com
www.elticojersey.com

📅 11-AUG 🕒 21:00-22:30

Battle of Flowers Moonlight Parade 2017

Time for you to get their LED fidget spinners out as The Moonlight Parade takes the Battle of Flowers into the darkness.... The floats will be the same as those participating on the Thursday Day Parade but they'll be getting lit (with tiny fairy lights). The atmosphere is carnival and the spectators and participants are encouraged to join in the fun. The evening concludes with a fantastic fireworks display over St Aubin's Bay.

📍 The Avenue and around St Helier!

☑ 01534 730178
battle@battleofflowers.com
www.battleofflowers.com



Houseracing at Les Landes on the 13th and 28th



No, you first. The Open Water Festival this month



Yeeee ha. If you like hay bails, music and charity, it's time to Hoedown.

📅 12-AUG 🕒 07:30-20:00

Jersey Round Island Challenge

The Jersey Round Island Challenge is an exciting endurance challenge which will see 5 disciplines (Swim, Row, Kayak/Canoe, SUP or run) circumnavigate the outskirts of the island. So impressive is the challenge that Red Bull UK listed the event as one of the top 11 extreme UK fitness challenges in 2016! This event will also raise awareness and valuable funds for the Grace Crocker Family Support Foundation. Head to high and coastal ground and go and spectate!

📍 Island Wide

☎ 01534 505926

enquiries@3dperformance.co.uk

www.jerseyroundislandchallenge.com

📅 13-AUG 🕒 09:00-17:00

Round the Island Yacht Race

Join Go-Sail.je and crew on one of their yachts for the round the island yacht race. Help a professional skipper sail the boat around Jersey waters in this busy race. No experience is needed with basic sailing tuition given while you race. This event is perfect for those who like a more hands on approach while enjoying a sail on board one of our yachts, you will be in the hands of a professional and experienced skipper as well as one of the Go-Sail.je team to assist the crewing of the vessel.

📍 South Pier St Helier JE23NB

☎ 07797 792858

info@go-sail.je

www.go-sail.je

📅 13-AUG & 28TH AUG 🕒 14:30-18:00

Jersey Horse Racing - Les Landes Race Course

Going down to Les Landes in the summer to squander some money on racing horses is a must. Not only do we have one of the most picturesque coastal horse racing tracks imaginable, but we have Crown and Anchor, Jersey's version of a casino. Watch crowds flock to both for the change to back a winning filly or pick the winning square...

📍 Les Landes Race Course, La Route de Grosnez St Ouen JE3 2AD

☎ 01534 863484

secretary@jerseyraceclub.com

www.jerseyraceclub.com

📅 15-AUG 🕒 20:00-22:00

The Jersey Gardening Club ; Autumn in the Garden

Join the Jersey Gardening Club members, along with non-members and visitors to an illustrated talk by Stuart Dixon, horticultural lecturer, writer and broadcaster entitled 'They think it's all over - Autumn in the Garden.' Entry fee of £3 for non-members and visitors.

📍 La Grande Route de St Laurent St Helier JE3 1NG

☎ 01534 861672

jenniferrendell58@gmail.com

📅 17-AUG - 17-AUG 🕒 10:00-23:00

The Gorey Fete

The Jersey Mutual Gorey Fete is one of the largest annual charity events of the year. Set in the picturesque Gorey harbour, there's fun for all the family from beach games & face painting to al fresco eating & fair ground rides. Stage events include live music from local musicians & the famous yard of ale & spaghetti eating competitions. The evening comes to a close with a spectacular fireworks display. ~£1 for children, ~£6 for Adults(16+). All profits from the fete go towards local charities.

📍 Gorey Pier Gorey JE3 6EW

☎ 07797 774038

secretary.gfc@gmail.com

www.facebook.com/GoreyFeteJersey

📅 20-AUG 🕒 14:00-17:00

JAYF Open Garden - St John's Manor

Visit the extensive grounds of this magnificent Manor which include a lake and a chapel as well as Japanese and kitchen gardens. There is also a yew maze and an aviary containing golden pheasants and parakeets. Over 12,000 bedding plants enhance the natural beauty of the gardens. All proceeds will be donated to JAYF (Jersey Association for Youth and Friendship). Delicious Jersey cream teas will be served.

📍 St John's Manor, La Rue de la Mare Ballam St John JE3 4EH

☎ 07797 718592

fionabreeze@hotmail.com

www.facebook.com/JAYFGardens/

📅 25-AUG 🕒 21:00-23:00

Scott Miller The Family Comedian at The Merton Hotel

Scott Miller is allegedly one of the funniest acts on the UK comedy circuit and has wowed audiences with his quick wit, observations, and audience involvement. He's also the comedian who warms up audiences pre air time for some of the nation's favourite TV shows including Celebrity Juice, The Voice, Alan Carr's Chatty Man, Got To Dance, and many more. Includes a 3 course buffet dinner in the Belvedere Restaurant before the show

📍 The Merton Hotel JE4 9PG

☎ 01534 724231

events@mertonhotel.com

www.seymourhotels.com

📅 26-AUG - 27-AUG 🕒 08:00-11:00

1st Jersey Open Water Festival 2017

Whether you're a serious competitor with something to prove, or just want to try a new activity, the action-packed 1st Jersey Open Water Festival has something for you. Taking place over two days at the picturesque Ouaisne beach in St Brelade, the event will see the Island's finest swimmers race for Island honours. It's completely free for spectators, so family and friends can come along to support swimmers and enjoy the atmosphere on the shore.

📍 Ouaisne Bay St. Brelade JE3 8AW

☎ 01534 870788

admin@jersey-swimming-club.org

www.jersey-swimming-club.org

📅 26-AUG - 26-AUG 🕒 09:00-17:00

'Genuine Jersey' Market The Royal Square

This regular artisans' market takes place in The Royal Square, St Helier, in front of the States Chamber. There will be local wares on display, including goods from producers and craft workers. All goods sold by Genuine Jersey Members will have been crafted, brewed, baked or processed by the stall holder, so come along and soak up the atmosphere while celebrating Jersey's finest.

Entry is free.

📍 Royal Square St Helier JE2 4WA

☎ 07797 780383

john@genuinejersey.com

www.genuinejersey.com

📅 26-AUG 🕒 10:30-15:30

Madagascar Adventure at Jersey Zoo

Join us in Jersey Zoo's Kirindy Forest to explore some of our Madagascan species. Marvel at the mongoose, get up close to our lemurs and learn about our beautiful birds. Who: For everyone Cost: Free with zoo admission, no booking required.

📍 Jersey Zoo, La Profonde Rue JE3 5BP

☎ 01534 860000

info@durrell.org

www.durrell.org/latest

📅 27-AUG 🕒 12:00-20:00

The Halkett Hoedown

Join both the residents and businesses of Halkett Street and thousands of islanders for this year's community street party - country, folk, Americana & Blues music, fabulous food, family fun with everything bigger 'n better for 2017. Hay bails and yee ha will permeate the street as fundraising revellers enjoy a heady mix of music and myth.

📍 Halkett Place JE2 4WG

☎ 01534 859000

info@halkethoedown.com

www.halkethoedown.com

📅 27-AUG 🕒 17:30-19:00

Channel Islands World Wrestling

Super slammin' wrestling action. Tongue in cheek fun and excitement as CIW wrestling hit The Merton Hotel's Star Room. Channel Islands World Wrestling shows are 'super slamming fun for the whole family'. Expect serious amounts of sports entertainment goodness, so take plenty of 'boos' and 'cheers'! Meet some of the wrestlers during the intermission. Food and drink available to purchase in the hotel.

📍 The Merton Hotel, Belvedere Hill JE4 9PG

☎ 01534 724231

events@mertonhotel.com

www.seymourhotels.com

NEWS IN NUMBERS

680,000 pounds spent on searches for missing people locally in 2016

85

medals won by Team Jersey athletes during Gotland Island Games

380

ecstasy tablets seized as part of an ongoing drugs investigation

200

metres of sea wall upgrades currently underway near Gunsite to reduce flooding

80

percent of Brits interviewed couldn't tell the difference between the Channel Islands and the Caribbean

39

highly paid professionals from abroad have moved to Jersey through Digital Jersey initiatives since 2016

2

days of closure for Les Quennevais school following rain damage



Neon? Nope, Ne-off. With Hilarious Results.

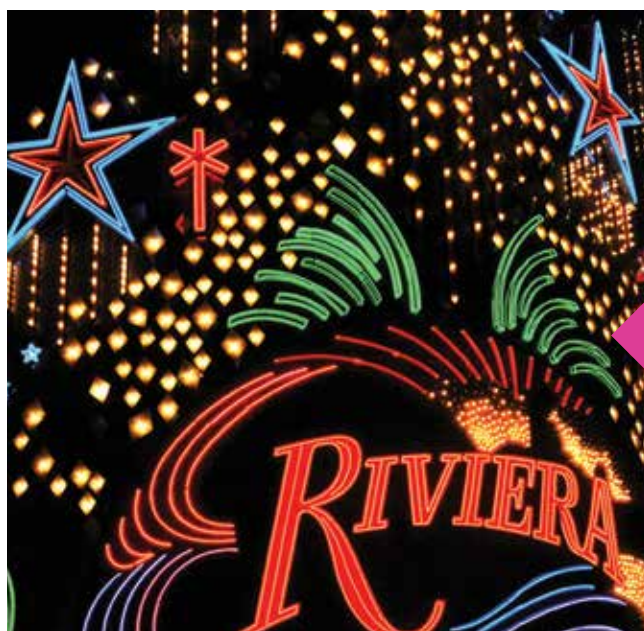
A flickering neon light adds a certain something to a seedy alley and when they're blinking they're bound to draw your attention to whatever it is they're advertising. When they're *on the blink*, however, the results can prove fairly amusing to behold. There are hundreds of these on the internet but here are a few of our favourites.



Quoted:

"I think that the film Clueless was very deep. I think it was deep in the way that it was very light. I think lightness has to come from a very deep place if it's true lightness."

Alicia Silverstone



Here comes the science bit...

The neon lamp was invented by Georges Claude, an engineer, chemist and inventor from France (where else, with a name like that?!) around 1902 when he applied an electrical charge to a sealed tube of neon (derived from the Greek 'neos', meaning 'the new gas') and discovered that it illuminated, but the theory behind it all dates back to well before then.

1675, in fact, when another Frenchman, astronomer Jean Picard observed a faint glow in a mercury barometer tube whilst shaking it. Sadly, without an understanding of static electricity at that point in history it was impossible to illuminate Las Vegas and turn that sleepy desert stop-off into the gambling capital of the world until around 1906. Incidentally, it's important to note that Jean Picard is not to be confused with Jean Luc Picard, a fictional character who was good mates with famous Scottish engineer 'Scotty', inventor of the teleporter.

George Claude first revealed his new lamp to the public in December 1910 in Paris and applied for a US patent in 1915 before selling his first neon signs to a Packard car dealership in Los Angeles in 1923 for the price of \$24,000. So there you have it. Never let it be said that Gallery isn't an educational read!



ELECTRIC DREAMS:

CYBERPUNK SCIENCE FICTION AND OUR SCARY REALITY

WORDS Grant Runyon

A few years ago, before the world went completely mad, dad banter merchants on Facebook were fond of doing jokes about how “we’ve reached the future - where’s my robot butler and my flying car?” I’ve seen forms of this one online since the 90s, and it’s weird that it’s still limping along, because to be old enough for your idea of “the future” to be flying cars and robot butlers you should be telling the joke in your nursing home, not on social media.

My generation actually grew up looking forward to a future that promised something quite different: hackers stealing your identity, environmental destruction, a world controlled by evil corporations, and the possibility that a TV star could become the most powerful man in the world. Our future promised your robot butler would develop free will and use your flying car to murder you. Although we don’t yet have killer androids, for much else the predictions of the science fiction sub-genre known as cyberpunk have been scarily accurate, so I’m studying it like the Book of Revelation in an attempt to work out what might be next. If you’re also interested in our dystopian destiny, come along for the ride. Just put on your mirror shades, crack an ampoule of your favourite artificial stimulant and jack into the ‘net whilst I take you on a lightspeed tour of the near future.

I Wear My Sunglasses At Night

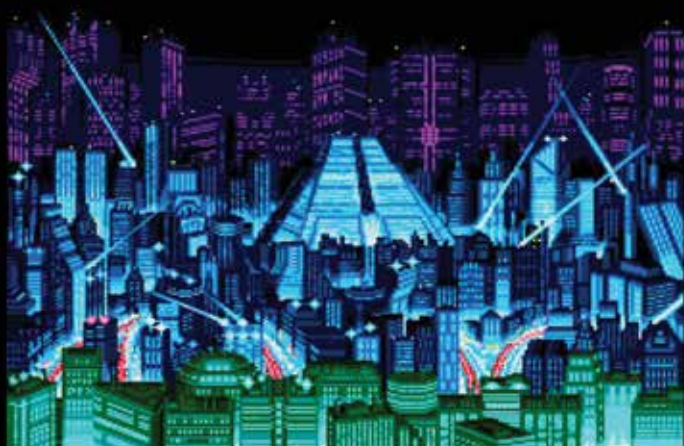
Even if you aren’t a science-fiction nerd and believe cyberpunk has something

to do with Billy Idol, you’re probably more familiar with it than you think. On a superficial level cyberpunk has a distinctive visual style that is appropriate to this issue’s “neon” theme, but is less “Miami Vice strip club” and more “Tokyo noodle stall in a polluted rainstorm.” The gritty, street technology environments of films like *Blade Runner*, *Robocop* and *Akira* have become a visual shorthand for a dirty future, dangerous alleys half-lit by glowing advertisements for strange products and a world where neither business nor government can ever be trusted. The same look crops up in newer films like *The Matrix*, and is omnipresent in video games and Japanese animation, but what all of these worlds have in common runs deeper than their (artificial) skin. In depicting a near(ish) future, with barely exaggerated versions of the problems that face us today, cyberpunk offers a warning of how easily civilisation could get much worse, at least if you’re not an amoral technology billionaire or a virtual popstar.

Unlike the galaxy-spanning epics of sci-fi like *Star Trek*, cyberpunk leans toward stories about how technological change affects real people and their everyday lives. It’s not a remote fantasy but something that could happen to all of us the next time human progress takes a sudden leap forward. Imagine, one minute you live in a wooden house in Nagasaki, almost unchanged since the 1800s, the next minute the future overtakes you in the form of an atomic fireball. The Chinese workers who sleep in the factory that made my computer, and the Russian hackers who tried to ransom its contents, are already living in a cyberpunk future. They could be characters from William Gibson’s *Neuromancer* - arguably the first cyberpunk novel. This fast-paced story of orbital gunplay, hackers and cyber-espionage was actually written on a typewriter in 1984, and because the internet was almost unknown to anybody outside the military research system Gibson needed to coin his own term: cyberspace. Real-life news stories like companies copyrighting the DNA on plants, or quadrupling the price for the only medicine that can keep you alive, are also straight out of the world that cyberpunk predicted. As a result, it tells us more about our real lives than any number of stories where Space Captain french kisses a green lady.

Metal Fingers In My Body

To some people, the idea that science-fiction stories might contain a political message is as weird and horrifying as an



alien parasite gestating in their chest cavity. "Keep politics out of entertainment!" they say, which is difficult in almost all cases but especially challenging in science fiction, influenced by classics like George Orwell's *Nineteen Eighty Four*, the pioneering work of HG Wells, and even *Star Trek*, which is essentially Gene Roddenberry's fantasy about an intergalactic United Nations where nobody needs money any more. It's socialism, but with Klingons and miniskirts. At surface level, films like *Robocop* and *Ghost In The Shell* (the good Japanese one, not the remake) are satisfying action stories where the bad guys get shot, but inbetween gunfights they ask important, sometimes muddled questions about the nature of consciousness, and how free we truly are when powerful corporations control the technology we need to live. This is inherently political, and not for some distant future - you may not be a cyborg but consider the power that Facebook, Google or even Visa could wield over your life and career if they chose to. Think about what would happen if you lived somewhere ever so slightly less stable than western Europe and became the enemy of the government. Australian sex fugitive and head Wikileaker Julian Assange is physically imprisoned in the Ecuadorian embassy but allowed to run free in cyberspace, so in many ways isn't that different to a character from cyberpunk. He probably thinks it's something cool, like Neal Stephenson's *Snow Crash* or maybe Kathryn Bigelow's underrated *Strange Days*, but the annoying way he behaves

means he's really closer to being the villain from a 90s PlayStation game where the lead character has a possessed robot arm. Donald Trump, with one hand on Twitter and the other on the nuclear button, is even more cyberpunk than that, and if Teresa May started emitting sparks during a

short stories. If you're leaning more towards *Robocop* ultraviolence, get stuck into the bloody world of *Altered Carbon*, the first of Richard Morgan's Takeshi Kovacs stories. The sequel to *Blade Runner* is out this summer, but if you're worried it will be as bad as the *Ghost In The Shell* live action film you

"THE CHINESE WORKERS WHO SLEEP IN THE FACTORY THAT MADE MY COMPUTER, AND THE RUSSIAN HACKERS WHO TRIED TO RANSOM ITS CONTENTS, ARE ALREADY LIVING IN A CYBERPUNK FUTURE."

particularly awkward question from Jeremy Corbyn I'd not bat an eyelid. We live in the cyberpunk future, the only question is what comes next.

Do Androids Dream of Electric Sheep?

I don't have a definitive answer to that one, but even cyberpunk written or filmed in what is now the distant past offers a wealth of interesting theories about what might happen tomorrow. William Gibson's novels are increasingly set in periods that come closer and closer to the present day, 90s films about hackers are starting to look like criminals use them as training manuals, and you can learn a lot about our weird world from a voyage through the proto-cyberpunk, drug-fuelled conspiracy theories of Philip K Dick - my tip is to start with the collected

can enjoy some onscreen cyberpunk through Terry Gilliam's *Zero Theorem*, *District 9*, or the weird anime series *Serial Experiments Lain*. The appeal of much science fiction is that it dares to imagine the utopian future we could work towards, whereas the enduring power of cyberpunk is that it depicts a near future we urgently need to avoid. Keep watching, keep reading, and you'll be the first to know when your postman gets replaced with a killer android.





NEON NIGHTS & FLUORESCENT FANTASIES: NATURAL COLOURS ARE OVERRATED

WORDS Grant Runyon
ILLUSTRATION Michael Ferns

If you were at school during the right decade, you'll remember that the only things cooler than BMXs, Nintendo or WWF wrestlers were marked out by their eye-watering artificial colours. Whether it was clothes, toys or food, many of my fondest memories are preserved in a strobelit explosion of green, orange and purple like a catherine wheel going off in the Fort Regent aquarium.

If that sounds like I've got a touch of brain damage, it's probably because health and safety wasn't so great back then and I used to motivate myself in class by sniffing the inside of Woolworths highlighter pens. I also ditched fruit and veg in favour of foodstuffs that glowed like radioactive slime and contained more numbered additives than a sudoku - a couple of Wham bars could speed me through the school day, then I'd cycle home to change into my shellsuit, draw the curtains and spend the evening working on my TV tan to a soundtrack of equally artificial video game music.

To some readers this neon nostalgia trip probably carbon dates me to the early 1980s, but the same bright memories might also be there for somebody who came of age in the 2000s, and then again for young people a couple of years ago. Fluorescent colours always threaten to come back in fashion, so in ten or twenty years time kids will still look back fondly on eye-searing neon, and not just because air pollution will soon blot out all natural night. I think it's because things that glow with bright synthetic colours have the same effect on our animal brains that an electric lamp has on moths; they just light us up in a way that never gets dull, until we beat our heads against them and pass out. I don't agree this is a bad thing - lots of fashionable lifestyle guides tell you to relax your personal space by filling it with natural light, subtle colours and plenty of space, but it might also motivate you to create an environment that resembles the situation room in a nuclear submarine. If you too want your personal aesthetic to resemble a laser battle or a scene from Tron, here's a few places to start.

Get the look: sportswear and artificial fibres

In the days of yore, bright dyes for clothing were many times more valuable than gold, and owning any vestments that weren't the colour of dirt meant you were more or less royalty. A time traveller from the 80s/90s period would be worshipped as a god just for wearing a fluorescent green tracksuit, a Global Hypercolour T Shirt (with armpit sweatmarks) and a pair of bright orange trainers. Let's hope the bald guy from Aqua never gets hold of the Tardis, or history will change beyond all recognition. Even the dullest of commoners can shine like a prince in our modern world, by purchasing some choice 'pieces' from the TK Maxx sale rail - the ones that still hurt your eyes even when you're wearing sunglasses indoors. The best thing about this style is that it's irrelevant whether the colours match or not - you want to look like a hardcore rave on a building site, like you killed and skinned an a coach party of German tourists from 1996. You even have the option of dyeing your hair electric blue or bright purple, although take it too far and you risk looking like a candyfloss unicorn.

Electric leisure: retro video games

At first, video games had to glow because it was the only way you could make anything out on their primitive displays. They offered something thrilling and futuristic if you had the imagination, sketched out with pulsing shapes in red or green and bright white explosions that could trigger seizures in the unwary. The distinctive way that games used the limited colours available to them was staked out in pioneering titles such as Space Invaders, Defender

and Pac-Man, but even as computer technology has become so powerful it can accurately model every bounce of Kim Kardashian's bottom the vintage, 2D pixel styles have lived on. The latest Pac-Man game (Pac-Man Championship Edition 2) is faster, louder and more frantic, but harks back to its 1980s roots by glowing like a seedy Soho back alley. Instead of art, or wallpaper, in your home, purchase a few of the most powerful projectors money can buy, and decorate every wall with a moving mural of Pac-Man, Sonic the Hedgehog 2, or one of those Japanese space shooter games where the screen is 90% bullets.

Unbalanced diet: e-numbers are good for you

All-natural nutrition is great if you want to live to be as old as Gwyneth Paltrow (143), but scientists from the Panda Pops Institute of Technology have shown that artificial colours aren't just pretty to look at, they also have a role in a balanced diet. If you consume sufficient quantities of blue fizzy drink, penny chews and Kraft cheese slices the accumulated chemicals have the same effect on your body as embalming fluid, except you won't actually be dead - just really twitchy. The habitual consumer of Mr Freeze, Mountain Dew and Skittles isn't just treating their taste buds, they're consciously preparing their body for the near-future, when all

plants will be dead and the most nutritious thing on the menu will be violent orange Nik Naks made out of powdered insects. Stay bright - start your day with a bowl of Lucky Charms and banana milk and keep a packet of Fruit Salad in your pocket. You can ride that sugar wave all the way home.

A healthy glow: follow the neon lights

To fully embrace the neon lifestyle, as I have, you should learn to view bright artificial light as a sign that leads you towards good things - like a bee lured to sweet flowers, or a dog attracted to other dogs' bums.

Think of all the great things in life that are advertised by neon signs or those LED ones that tell you the kebab shop is open - massage parlours, 24 hour snooker halls, seedy nightclubs, burgers, unauthorised mobile phone repair services. Many of us in Jersey will associate a giant neon sign with Beaumont Hill, the gateway to the west, which for years advertised Gordon's Gin. You might also remember Waterfront Pizza, Funland and as well as the aquarium I mentioned earlier, Fort Regent's Exploratorium. Although most of these things have vanished into history, proper neon signs are actually making a comeback, so I intend to start buying enough of them that my house resembles a fairground or a nightclub from a David Lynch movie. You won't be able to miss 3 feet of glowing neon tubes signposting my fridge, cocktail bar or toilet, although I hope your aim will still be good after I paint the walls black and replace the bulbs with purple UV ones. If you get disoriented, don't worry. Pulling the flush triggers off a strobelight and a couple of lasers, so just follow the flashing yellow arrows back to my living room and help yourself to a glass of Mountain Dew and some migraine pills.



SHOW YOUR COLOURS!

The second annual Colour Run for Family Nursing & Home Care sponsored by Dandara took place on Saturday 17th of June and saw as many as 1,100 participants being showered with coloured paint as they make their way along the five-kilometre stretch of the beach of St Aubin's Bay. The paint, which is made of biodegradable corn starch and comes in five colours, was joyously thrown from colour stations along the route engulfing all those involved (and a few bystanders!) in a cloud of multi coloured frivolity.

The tradition of throwing coloured powder paints originates from Holi, an ancient Hindu Spring festival on the day after the last full moon of Phalguna, the last month of the Hindu calendar. Also known as the "festival of colours" or the "festival of love", the celebrations signify the victory of good over evil, the arrival of spring, end of winter, and for many a festive day to meet others, play and laugh, forget and forgive, and repair broken relationships. The tradition of

throwing coloured powder and dye around is to create an atmosphere of great humour, and certainly did the job on the day.

Martin Clancy, managing director of Dandara Jersey, said: 'We thoroughly enjoyed being involved with the event and turning St Aubin's Bay in to a riot of colour in support of the important work that FNHC delivers in our community.'





They raised a total of £25,000 which will be used to pay the wages of a paediatric care worker who, once recruited, will be responsible for providing support and respite care for children with short lives. Funding of FNHC's frontline services which touch the lives of more Islanders than any other charity, helping children, their families, the sick, the elderly and the dying, is crucial to its continuing operation for the community.

FNHC's Fundraising Manager, Ivo Le Maistre Smith, commented "I'd like to take

"The Colour Run is a fantastic family event that really captures people's imaginations and makes quite a spectacle for those watching along Victoria Avenue."

this opportunity to thank our headline sponsor, Dandara, and our colour sponsors BNP Paribas, Enhance Group, Hawksford and UBS as without their help the event wouldn't be possible. The Colour Run is a fantastic family event that really captures people's imaginations and makes quite a spectacle for those watching along Victoria

Avenue. A huge thank you as well to our volunteers as putting on an event of this scale requires a significant amount of organisation, so all offers of support were gratefully received."



A HEALTHY GLOW

WORDS Abigail Ali

The very first practical light bulb was produced by Thomas Edison and his team of researchers in 1879, igniting the revolution of how we navigate, advertise, style, travel, protect and of course, see. From thereon out, lighting systems have been advancing from fluorescence to neon, solar and LED for utilisation beyond just purpose and practicalities. We met up with the guys who light up Jersey with their bright ideas long after the sun has gone down.

SEAN GUEGAN - SIGNTECH -A SIGN OF THE TIMES-

Starting from a home garage 21 years ago, Sean Guegan has built Signtech not just in its size but in its reputation, services and expertise. With its extensive team of professionals covering all aspects of the business they have in house designers, sales experts, electricians, fitters and sign writers to point you in the right direction.

Look around you right now and you'll see that signage is literally everywhere; Shop names, street signs, directions, on vans and menus on the wall. And they're all different from each other, different letters, shapes, typography, colours, brands and materials. Why? Well if you ask Sean Guegan, he'll explain how and why 'your sign is your voice'- a title used for their very own informational brochure produced by Sean himself.

"First impressions are important and a lot of people will judge businesses by how it looks from the outside, therefore your signage must extend your brand vision. You can spend all the money in the world on your logo and branding but if you fall short when delivering that, it can completely lose its impact."

As the belief is in the importance of design and layout, the in house design studio offers expert advice on your choice of typography, size, colour, spacing, logo and positioning as "a bad sign can cost more in lost sales than the cost of a quality sign".

They can convert your personalised design onto media screens, window frosting, pavement signs, site board advertising, safety signs and even turn your vehicle into a rolling billboard, a very cost effective way of advertising.

One big advancement in the industry on offer at Signtech is Plexilux, a hugely versatile type of plexi-glass that can be used for touch media screens, flooring, walls and doors, quite phenomenal in terms of progression of the industry. Structural LED lights are fitted behind it so you can create a view, windows or 3D visuals which can change depending on how you're feeling, you just have to program your colours and images to suit! It's a fantastic marketing tool is consideration to creating the right impression on your clientele. "Colour psychologically affects our lives in so many ways so if you can offer a variety of different colours, you can offer a variety of different moods. We often don't realise the impact of these types of choices but they are essential" Sean commented.

The very first light bulbs that were used for signage were used in a Paris shopping area. Lighting has progressed in its technology for use on some of the biggest rolling billboards around the world from Trafalgar Square to Piccadilly Circus. Signtech has a huge array of lighting methods on offer from LED to neon and traditional bulbs, Sean added; "The look of neon has never become less popular at all, were just exploring new ways of creating it. Lighting creates mood and increases sales by 107% apparently! So illuminated Signage can play a big part in increasing your brand awareness and attracting foot flow as even when you are closed, your sign is working for you as passers-by may take interest."

The guys at Signtech have some seriously bright ideas when it comes to your brand so pop in to see them on Lewis Lane, St Helier. As their saying goes "Your sign is your voice, let us help you get it right".



et inspired

LET
CREATIVITY
DRIVE
YOUR DAY

"An illuminated poster or graphic can increase sales by up to an incredible 107% over non-illuminated presentation."

PAUL COUSER - LED LIGHTING TECHNOLOGY -SHINE BRIGHT LIKE A LIGHT EMITTING DIODE-

As the LED specialist and the very first person to bring LED lighting systems to Jersey, Paul Couser of LED Lighting Technology, can shine his expertise on most things that glow. In his LED lit bunker HQ at Fort Regent, Paul talks us through the lighting advances of recent years.

"In the old days of incandescent glass bulbs, our lighting was achieved by heating the live filament inside the glass which glowed brightly to produce light. Not only did this method consume a lot of energy, but was hazardous as the glass could shatter due to the continuous heat exposure and the filament would blow requiring us to change the bulb."

In fact, take the instance of the first ever traffic light for example installed in London as the world's first, manually operated gas-lit traffic signal fitted in 1968. It was very short lived as the bulb exploded less than a month later, injuring its policeman operator! Naturally, this made way for a lot of progression in the lighting industry and LED was discovered in 1962 by Nick Holonyak Jnr, a scientist and inventor. He created the first practical visible light-emitting diode at the General Electric Research Laboratory, they called it 'the magic one'. High brightness LED was not discovered until 1998 which sparked the revolution in LED lighting as we now know it, becoming commercially available in 2001.

It may not be magic, but it is pretty smart, Paul lives up to his specialist title and explains; "LED is a light emitting diode inside a glass dome which glows blue naturally but using phosphors, you can change the colour to create white light. Although it's not created to take away from traditional neon, it replicates the product in a much simpler form like anything that naturally progresses over time."

Incandescent lighting on a large scale is being discouraged in a lot of countries around the world with more restrictions on the types of lighting you can have in congruence with health and safety factors and environmental guidelines. Fluorescent

lighting is especially environmentally offensive as the fluoride powder inside it is highly toxic which makes way for LED replacements. "As LED have characteristically low energy consumption, smaller size, longer lifetime and faster switching than incandescent lamps, they have a wide palette of applicability." The proof of which is evident in Paul's treasure trove of versatile LEDs and how it can be found everywhere from underneath cars to indicators and advertising displays, used for emergency vehicles, in television, theatre and concert show lighting, for the flash on cameras, phone screens and so much more!

LED Lighting Technology specialises in domestic and commercial light fittings so can offer the whole design and programming package to offer a bespoke solution to the clients own specification. In keeping with advances, Paul also looks to computer technology to give flexible control of new lighting systems. "There is software in homes now which is all run from control plates fitted into the walls like a light switch would be. At the touch of a button you can light up the entire back

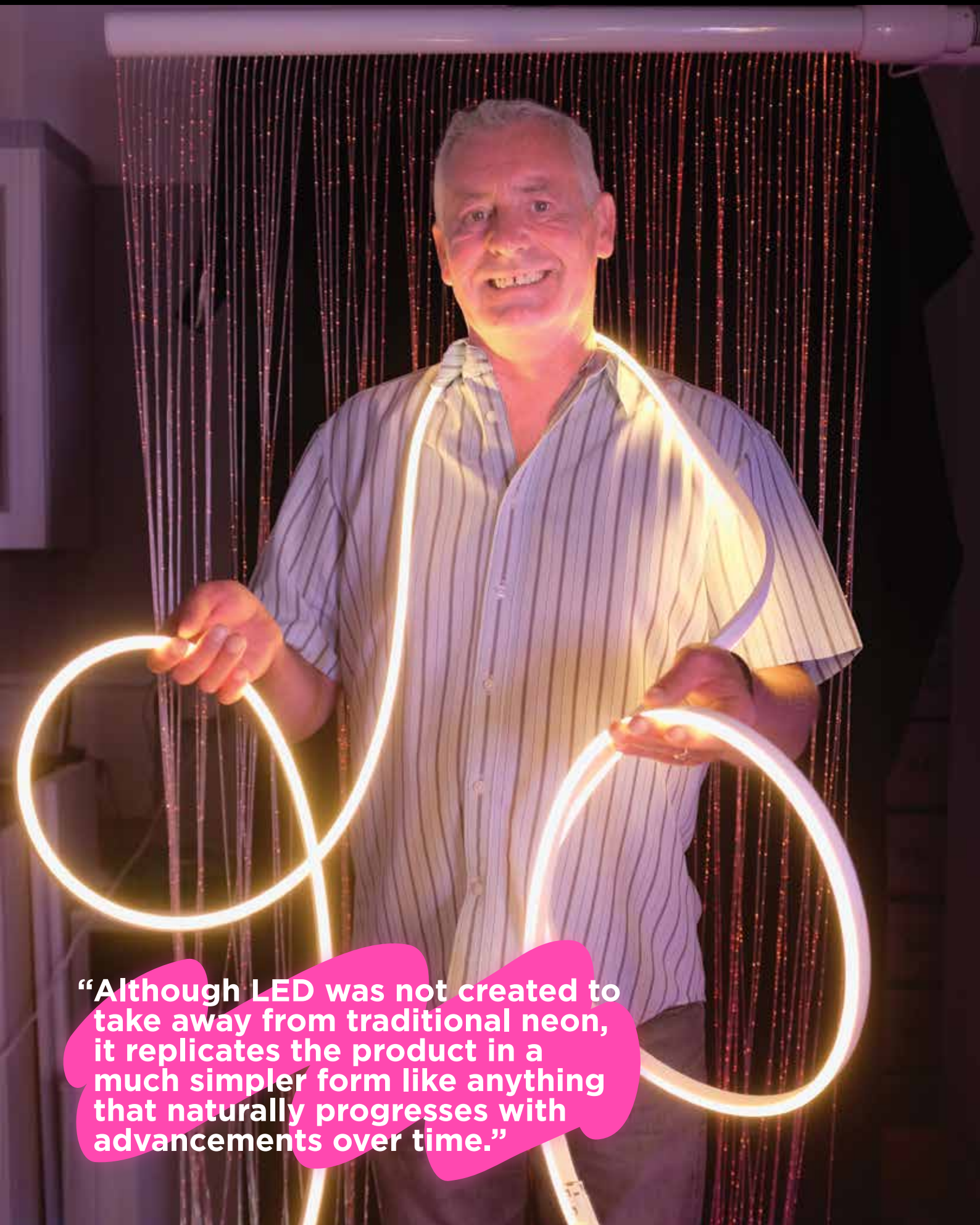
garden, dim the lights to create a mood or setting and use spotlights to create focal point for artwork or highlight special items. LED technology can truly transform the home and can be used for aesthetics as well as functionality and purpose."

Anyone who's travelled through St Helier will have seen Paul's works a glow. "The colour-changing dome on the top of Fort Regent has been one of my most favourite projects to work on. About 10 years ago, we fitted 4 huge LED flood light up there which can change colour using special lighting software. It took two weeks to complete the installation and programming of the project. "It's an amazing thing because we can alter the colour to create or compliment an event, mood or spectacle. After the November 2015 Paris attacks we lit Fort Regent in tri colour to show our support for France."

If you need a little more light shed on your home requirements contact the guys at The Light Bunker, Fort Regent or contact Paul at paul@ledlightingjersey.com.



Fort Regent lit in tricolour following the Paris attacks in 2015 PHOTO: Giles Bois



“Although LED was not created to take away from traditional neon, it replicates the product in a much simpler form like anything that naturally progresses with advancements over time.”

NICK ROUAULT - THE NEON HUT

-KEEPING THE TRADITIONS OF NEON ALIGHT-

As a graduate of the British School of Neon and the only traditional neon glass blower in the Channel Islands, Nick Rouault is 'the go-to guy for neon', keeping the tradition alight in Jersey. In a converted home garage space surrounded by his tools of the trade, Nick tinkers over the bunsen burner beneath the gentle glow of his expertly created works, the path to which started out quite by chance. Nick's neon journey began when he saw an advertisement on a business card "neon glass blower wanted" and went for it thinking it was something a bit different to your average trade.

As a school leaver, he began his apprenticeship in 1989 at Tubeolight Signcraft. An 8 month intensive course at The British School of Neon was followed by a 5 year working programme covering all the intricacies of bending and joining glass equipping Nick with all the master skills needed for the extensive process of neon lighting. Nick enjoyed 18 years at Tubeolight, becoming a Director and Partner in the Company for twelve of these years. Having sold up and taken a change in career in recent years, he is relishing in having time to focus on being creative and hands on in his private workshop. He gives the full fascinating demonstration and explains: "Traditional neon starts off as a glass tube about 1.5m long, you then take a blowtorch with your master bench drawing and using the torch, bend it to that shape. Once the glass is in shape, the electrode is attached and the glass is heated to about 500 degrees. When it is cooled down the neon or argon gas is injected inside depending on what colour you want; argon burns blue, neon burns red and add some fluorescent powders to have the choice of a whole array of colours. Running an electrical charge through the glass makes the gas molecules glow." And voilà, we have neon!

Tube lighting first came to Jersey in 1947 as the gentleman who started it was a scientific glass blower who came to live here after the war. Using neon publicly started to kick off shortly after that but was used mostly in pubs, hotels, arcades, clubs, cinemas and most commonly seen in huge advertising billboards and signs on buildings on the Island (remember the old 'Its got to be Gordon's gin' sign?) Today, with more choice of light forms on the market, Nick stands by the longevity,

low maintenance and versatility of neon through bespoke pieces, signage for events and artwork. "I want to keep a place for neon in the home, garden, workplace, man cave, wherever! It makes such amazing artwork and interior design that can be custom made and totally unique. It is all about being individual and being able to express your personality to make your living space unique. It can be used in a subtle way to add a soft ambiance; several private homes in Jersey have used this effect around their library or dining room ceiling. It can also be used with other materials for various effects or as a centre piece on its own. It's something people love to see and can be a real talking point."

It is clear to see that it's beyond a job but a passion for Nick whose home reflects his love for neon with bursts of fluorescence, a colour popping acrylic canvas with neon inserts on the wall and an illuminated coffee cup mounted on his kitchen wall.

"I come up with designs and drawings and experiment with them. A recent commissioned piece has to be one of my favourites - it is a "relax and breathe" sign for a ceiling in a massage room! So when people look up from the bed, there's a gentle illuminated glow with the message above their heads, the neon fixed to up-cycled white washed oak. Another piece that I enjoyed creating was in collaboration with the nurses from Jersey Hospice at the time of the refurbishment of Clarkson House. Together, we produced a stunning piece of wall art made with acrylic and neon to depict the rising sun glowing above waves in the distance."

So if you fancy your own piece of funky lighting and would like to discuss some ideas or simply find out more about Nick's creations, you'll find him at The Neon Hut on Facebook.



Neon coffee mug designed and fitted by Nick in his home kitchen



“Just like anything traditional you have to reinvent the way it is used and what you utilise it for to evolve the craft for modern day requirements whether that’s in art, for purpose and functionality, or simply fun!”

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Vic Students Excel

Three pupils from Victoria College were commended for their improvement, effort and academic achievement and presented with trophies in a new scheme supported by Deloitte. The Key Stage 4 students were presented with their awards at a special assembly. Jack Leerson, aged 17, won the academic achievement award, recognising his exceptional GCSE grades in Year 11. The most improved student award was given to Viraj Kotedia, aged 17, as throughout Year 11 his effort grades increased steadily over the three terms. Calvin De Louche, who will be 17 years old in July, was awarded for his outstanding effort grades throughout the school year. Siobhan Durcan, a Director at Deloitte, said: 'We are proud to be able to support these new awards and we are pleased to reward students who have demonstrated resilience and commitment towards improvement, something they and the school should be very proud of.'



Cows to Rwanda, by bike.

Gary Holmes, Head of Compliance Monitoring at Standard Bank Wealth International, has raised over £1,500 for the charity Send a Cow by completing a five-day, 320 km cycle through Rwanda's challenging countryside. The charity, which Standard Bank is supporting for the next two years, seeks to reduce poverty in sub-Saharan Africa by running practical programmes to give farmers essential training and their first livestock. Gary's journey took him from Rwandan capital Kigali to Lake Kivu, which borders the Democratic Republic of Congo. Part of a team of 12, which included Send a Cow's CEO and four members of the Rwandan Olympic Cycling Team, the ride took him to remote villages, the country's northern lakes and into communities supported by Send a Cow.



Fourth annual Scarecrow Trail raised £2,000

Participants in the fourth annual FNHC Scarecrow Trail, which took place along the Railway Walk from Les Quennevais to Corbière, raised £2,000 for Family Nursing & Home Care (FNHC). The overall theme for this year's Scarecrow Trail was 'Heroes and Villains' and participants were also asked to vote for their favourite scarecrow. 'Voltron, Legendary Defender' - a seven-foot tall robot made by the Humphrys family was the winner. The family received a cash prize of £100 as a reward for their efforts. The best scarecrows will be on display at the aMaizin! Adventure Park as part of the Maize Maze. 26 teams made 28 scarecrows for the event, with cash prizes also going to second and third place.

RideLondon for Motor Neurone Disease

Lisa Bragg, HR director at Intertrust cycled in the Prudential RideLondon-Surrey 100on traffic-free roads which were used in the 2012 Olympics. The festival, which is in its fifth year, provides a platform to help fulfil The Mayor of London and Transport for London's (TfL) goal of encouraging more people to cycle more safely, more often. TfL anticipates that tens of thousands of spectators and participants will take up regular cycling after each event. Lisa is taking part in the annual three-day festival to raise money to support research into motor neurone disease and those affected by it. Previously she has cycled in London Night Rider and London to Brighton, as well as a number of local rides to raise money for Jersey Hospice and Autism Jersey. She was thrilled that Intertrust has generously offered to support me in taking part in RideLondon, significantly helping her reach her fundraising target of £1,500.



Youth charities awarded swimarathon money

Over £130,000 was raised at this year's Lions Club of Jersey Swimarathon, the island's longest running fundraising event, with 50% of this total going to five local charities which support Jersey's youth in a number of different ways: Brig-y-Don Children's Charity, Every Child Our Future, Brook Jersey, Jersey Association for Youth & Friendship and Brighter Futures. The other 50% will be distributed throughout the year to a number of local good causes supported by the Lions Club of Jersey. As long-term sponsors of the Lions Club of Jersey Swimarathon, RBC Wealth Management's new offices at Gaspé House were the venue for an evening reception to present the 2017 beneficiaries with its donation from this year's big swim.



The Halkett Hoedown is Back!

Thousands of people of all ages are expected to fill Halkett Place on Sunday 27 August for the third Halkett Hoedown. If you've not had the pleasure before then be sure to dosey doe on down to get involved with the fantastic family friendly event. Halkett Place will be closed to traffic and town really will meet country, with straw bales and Western themed decorations all round. Volunteers will build and decorate jails, stores, stocks, bars and signs which set the scene perfectly. Wild West fancy dress is the order of the day and entry was by voluntary donation.

This year BBC Radio & Old Grey Whistle Test Presenter 'Whispering' Bob Harris is coming to Jersey to host the Hoedown. Bob is synonymous with country and Americana music and hailed the world over as an ambassador for the genre. Bob will be bringing his Under The Apple Tree studio with him and recording a few performances by local artists for publication by WBBC (Whispering Bob Broadcasting Company). Upbeat live music will be performed all day and into the night with country, Americana, folk and blues being the main themes. The main stage, a huge decorated trailer jack-knifed across the street (once again this has kindly been provided by Paul Davis Freight) will see acts from Jersey and the UK. New for 2017, Chordz Music School will be running the second stage with some of their best students performing to their biggest audience yet. Once again Dunnells have kindly offered to operate a bar with all profits going to the supported charities. Other activities include: Line Dancing, Western themed games, face-painting, caricatures, prizes for best fancy dress (children & adult categories), food stalls, outdoor bar, Jersey cider, homemade cakes, toffee apples, candy floss, crepes and much, much more. The children and family area will be expanded with even more activities and games that proved so popular in 2015. Another Hoedown favourite, the less conventional 50/50 raffle, is also back. The proceeds from ticket sales are paid out half to the winner and half to charity, their last winner took home a top prize of £4375 so be sure to buy a ticket!

In order to keep the event running the production costs must be met by sponsors and generous benefactors and to help it really grow they are looking for a major sponsor for this year, could that be you? Anyone wishing to volunteer or help support financially in 2017 is urged to contact the organisers at info@halkethoedown.com

THINGS

Close your eyes to the Neon Lights

WORDS Bethany Gallichan

We live in a sell society, the unconscious pull controls our behaviour and in turn our lives. Since marketing became prevalent the practice has become more intelligent, simply by studying our behaviour, marketing is now akin to magic. So are we being tricked?

Debts, borrowing, bankrupt, povert, skint; all evoke an emotion in us that we suppress. People don't talk about money, it's vulgar, right? Its part of everything we do except it now comes on plastic, or even contactless, so it is easier to detach yourself from what you are spending. Most of us will admit to being financially illiterate. What you need and what you simply want are different and in our culture these have merged.

Inequality on the Island is on the rise, the Jersey Statistics 2014/2015 Income Distribution Report found that a third of pensioners, a third of children and over half of single parent families are now living in relative poverty. On an island as rich as ours how do we turn away from the bright shiny lights, the lure to compare yourself to others?

It's simple right, outsmart yourself, lift the veil and be conscious. I made a choice to stop buying 'things'. If I need something for myself I go to a charity shop and try to buy local, seasonal food from the veg-in-the-hedge. It has been hard to recondition myself but as soon as I become conscious of the SALE signs and gloss, that would have seduced me before, I find satisfaction in avoiding it. When in need of a retail fix I have still been known to spend of £90 in the local Hospice shop, walking out with armfuls of sequins, denim and accessories whilst making a generous donation to charity.

The effects of financial crisis can be unbearable, often leading to anxiety, depression, relationship breakdown, social care issues and very possibly crime. It is each our responsibility to manage our own money and spending. Charities like Community Savings provide banking services to those in Jersey who are excluded as well as providing education on debt management. Perhaps if we all avoided the trappings of the 'spend' we would have more time to enjoy time with friends and family on our beautiful island, the best things in life really are free.

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



New homes to be named after Michael "Mitch" Couriard MBE

Andium Homes is delighted to announce that, with the support of his family, the new development of 74 homes on the Summerland site will be named "Le Clos Couriard", in memory of Mitch Couriard MBE, who passed away in October 2015. Mitch was one of Jersey's best known Honorary Police Officers, known to many islanders for his work, both policing high profile events such as the Battle of Flowers, but also for the years he dedicated to the island's Youth Service, and overall passion for encouraging young people to get the best start in life. The Summerland site has, until recently, been the home of the States of Jersey Police, so with that link, and the creation of what will be a completely new community, Andium Homes saw it a fitting memorial for such a much-loved and respected community figure.



Paris to Geneva for Alzheimer's Research

Islander Michelle Goodenough will be cycling the 320 miles from Paris to Geneva in memory of her father Phil, who she lost to vascular dementia on Christmas Eve in 2012 and in aid of Alzheimer's Research UK. The journey will include peddling through the busy city life of Paris before embarking across rural rolling hills and hairpin turns over mountain terrain before arriving at Lake Geneva. Michelle is completing the challenge with a large group of cyclists who will motivate one another along the way. James Warren, Regional Fundraising Officer at Alzheimer's Research UK, said: "Michelle is an inspirational fundraiser and we were thrilled when we found out her plans to raise money for Alzheimer's Research UK through this phenomenal challenge. "There are 850,000 people in the UK living with the condition. At Alzheimer's Research UK we fund the most promising research into the preventions and treatments for dementia, which we couldn't do without supporters like Michelle." To donate to her fundraising, go to www.justgiving.com/fundraising/Michelle-Goodenough1



Pride; The Wedding!

This year Pride is back but with a twist! As 2017 will see the introduction of same-sex marriage in both Jersey and Guernsey, the theme of this year's Pride parade in September is marriage. But before you go getting all Four Weddings, let's take a moment to think about why this is important. Marriage, in whatever form, represents a potential force for good in the world through the support those two people give each other, through the children it might produce, and through the strength that comes from being in a partnership that can be then shared with others. As such many same-sex couples want to embrace this institution and share their love with the world, just like any heterosexual couple would do. This legislation is a long-awaited milestone that will allow them to do just that. The Pride team think that's worth commemorating.

They want to celebrate love in all its forms this Pride, and to do that they're looking for you to get involved in the parade, and share your day on social media using the hashtag: #IDO. The Pride parade will take place on Saturday 9 September 2017, and will start at 14:30 from West's Centre. The parade will then take its usual route through town led by the vintage Char-a-Banc coach. All are welcome to come and join in the fun of both the parade and the festivities at Weighbridge Square where the parade concludes. But don't just turn up - this is your opportunity to go nuts! No Pride parade would be complete without rainbow colours by the truck load: flags, balloons, dummies in t-shirts - the works. And why not partake in their colourful marriage theme - beg, buy or borrow a wedding outfit for the day, and customise it with glitter, rainbow paint and sequins. Bring on the glitterati! Learn more at: www.channelislandspride.org



New Clinic for FNHC

Family Nursing & Home Care (FNHC) has opened the Bechelet Clinic in St Peter, thanks to a legacy left by the late, Florence Bechelet. The clinic, which was officially opened by Lady Dalton, will serve as a base for the west district nursing team and will increase their capacity to see more patients, and in particular those who don't require home visits. Ivo Le Maistre Smith, fundraising manager at FNHC said: 'Jersey district nurses manage care within the community, rather than in the hospital or in doctors' surgeries. They visit patients in their homes and provide advice and care. They play a vital role in keeping hospital admissions and readmissions to a minimum and ensuring that patients can return to their own homes as soon as possible.' Florence Bechelet, described as 'an institution', was the longest-serving Battle of Flowers exhibitor, who took great pride in getting young people involved in float building. The Battle stalwart was only 16 when she entered her first exhibit into the annual parade in 1934, and over the course of her Battle career went on to build a total of 70 floats.



EVENTS



Good Vibrations 80s Surf Festival

WATERSPLASH JERSEY

THE WEEKEND 3-4TH JUNE

The Mango Tree & Splash Surf Centre joined together to create an outdoor beach festival this summer. Good Vibrations is centred around promoting a healthy outdoor lifestyle and encouraging people to partake in activities such as Surfing, Football and other outdoor sports.

The weekend was filled with many surfing and football competitions and activities for both beginners and pros as well as

funky fancy dress competitions and much more. The festival was given an 80s theme and everyone was encouraged to wear something bright and colourful. The event supported local charity Mind Jersey and helped to raise awareness of mental health through encouraging positive attitude and lifestyle. A very lively and fun-filled weekend for everyone who went.... definitely lots of good vibrations!



Caesarean 150th Anniversary Gala Dinner

CAESAREAN TENNIS CLUB

SATURDAY 20TH MAY

This year marks 150 years since the Caesarean Croquet and Archery Club was established, making it one of the oldest tennis clubs in not only the UK but the world.

To commemorate this significant milestone in the club's history, the club held a black tie gala dinner which saw guests of honour;

His Excellency the LT governor, Sir Stephen Dalton, and Mr Martin Corrie, President of the LTA, who all came to celebrate the occasion with a collection of mixed doubles drawn from the members roster and supporters of the Caesarean Tennis Club.

Thank FUNK its Friday!

The ultimate after works drinks party!
5pm - late every Friday

*Start your weekend off right at our Waterfront Bar and Terrace,
and unwind with cocktails and live entertainment!*

Enjoy our free Photo Booth, Beer of the Week, Wine and Prosecco Wheel of Fortune and order some of our street food options from the kitchen.

Don't forget to bring your details for our Business Card Bowl! Every time you visit leave your card in the business bowl and we will draw one company on the last Friday of the month for a prize.

Street Food Menu (£5 per dish)

I wish they were long ribs
Korean short ribs served with steamed rice, kimchee, coriander

Chef's daughter calls them yummy pockets

Lamb doner Kebab served
with pitta bread

Greek feta heaven in a bowl

Greek salad served with lettuce,
tomato, cucumber, olives and
feta cheese

A Cracking Start

Pork crackling

Imposter prawns

Scampi served with skinny
fries and mayo

The one that didn't cross the road

Thai chili chicken, lettuce, jalapeno
and chili sauce

Call The Fire Brigade

Chicken Tikka Masala, served with
rice and cucumber raita

Indian & Asian mash up

Spring roll and samosa on a bed
of iceberg lettuce

the
Waterfront

To make your reservation or for more information,
Call 01534 671 100 or email waterfront.jersey@radissonblu.com

Radisson BLU
WATERFRONT HOTEL
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IFCAWARDS

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Appleby Law at the America's Cup GRAND JERSEY

TUESDAY 6TH JUNE

Appleby was announced as the Official Law Firm of the 2017 America's Cup.

On the 6th of June, an event was held at the Grand Hotel Jersey which saw members of the local branch uniting together to commend the partnership made with the Cup and to celebrate the race.

The event was one of many that occurred throughout the month-long period during which the boats race. The Appleby branch based in Jersey hosted several clients onboard Alfie Buoy, as well as supported local cadets Finlay and Tom, from the Royal Channel Islands Yacht Club, who participated in the America's Cup Endeavour Program.



International Motor Festival ST HELIER

1ST-4TH JUNE

We love the smell of burning rubber in the evening. Once again the avenue was transformed from Jersey's commuter super-highway to the location for Jersey's biggest petrolhead-friendly event, allowing those with a penchant for all manner of vehicle to swoon. From GT3s and GT4s thundering

up and down to the amazing nostalgic retro police car parade that visited again this year, there was something for all and it was enjoyed by islanders of all ages.



Sunset Concert

GRANTEZ

23RD-24TH JUNE

More than 4000 music lovers overcame their Achilles heels to dance in the moonlight for the annual Sunset Concert this year. The usual heady mix of picnic food and wine were all around while the assembled masses listened to music and watched the sunset. Those who attended enjoyed live music in the beautiful setting of the natural amphitheatre at Grantez

overlooking St Ouen's Bay throughout the weekend. With two local bands, The Word on the Street and Kings of Swing on the Friday and blast from the past Toploader on the Saturday. It was smiles all round for those who listened blissfully in the sunset. The event is run by The National Trust and supported by Ashburton.



BDO Greenlight Summer Party

GRAND JERSEY

THURSDAY 15TH JUNE

BDO Greenlight's Summer Event saw a gathering of clients on the terrace to consider futurism ahead of a talk by Ray Hammond, International Futurist and U.N

Gold medal Winner, about the future of business in Jersey. Jugs of cocktails flowed and the sun shone for their assembled group of staff and clients.



Highlands Student Art Exhibition

HIGHLANDS

TUESDAY 6TH JUNE

16 students completing their Certificate in Foundation Studies or Foundation Degree in Art & Design at Highland College exhibited their work in a week-long exhibition hosted by The School of Art.

The Preview evening was open to all with both students attending to see their hard work on display along with family and friends

who came to support their achievements.

There were many exquisite pieces on display ranging from paintings, sculptures, textiles pieces, photographs and much more. It was a pleasant evening spent appreciating the talent that the students have.



Canaccord Summer Event

GRAND JERSEY

6TH JULY

Staff and clients of Canaccord Genuity Wealth (International) Ltd enjoyed summer drinks together on the terrace at the Grand Hotel on Wednesday 6th July.

It was a beautiful evening spent enjoying the summer sunshine whilst catching up with colleagues, valued clients and friends. The

evening was such a success that Canaccord Genuity Wealth (International) Limited will repeat the event in 2018



Jersey Association of Directors and Officers Annual Summer Event

THE MERCHANT HOUSE BRASSERIE

THURSDAY 6TH JULY

The Merchant House Brasserie was the venue for the 2017 Jersey Association of Directors and Officers Summer event. The annual event provided a fantastic networking opportunity for our members and friends of the Association who enjoyed delicious food whilst enjoying the summer sounds of Matt and Adam.

Before the event the AGM of the Association was held and we are delighted to announce that Zoe Dixon-Smith has been appointed our new Chairman.

Thank you to Dave Evans from West.je for the pictures. For more information about the Association please visit www.jado.je



Rawlinson & Hunter 45 Year Anniversary Party

MERCHANT HOUSE BRASSERIE

THURSDAY 22ND JUNE

This wonderful event celebrated 45 years of Rawlinson & Hunter in Jersey with a reception at the Merchant House Brasserie at the Jersey Museum.

Rawlinson & Hunter has grown organically to employ in excess of 150 staff providing Private Client and Fund Administration services.

Among those congratulating Rawlinson & Hunter on its anniversary was the Island's Chief Minister, Senator Ian Gorst. David Goar (Senior Partner) described how proud the firm is of its achievements over this period and reinforced the firm's commitment to Jersey and continuing goal of providing a high quality, independent service to its clients.



CP Interiors 40 years Celebrations

THE GRAND HOTEL

FRIDAY 23RD JUNE

CP Interiors (formerly CP Sunblinds & Curtains) of Rue des Pres Trading Estate were recently joined by customers and business partners to celebrate their 40 years in business milestone!

The Grand Hotel's Terrace was beautifully adapted to showcase Romo's Hana collection of wallpapers and fabrics. Beautiful aprons were worn by bar staff, poset tables covered in a variety of fabrics, stunning cushions

enhanced couches and wallpaper scrolls acted as flowers in sand filled vases to complete the look!

A gin bar offering 17 different gins enabled guests to enjoy delicious cocktails and CP's baby photograph competition resulted in client, Jane Sappé, winning a Gin Experience Weekend for two in London. A great evening was had by all!



Quilter Cheviot Race Night

LES LANDES RACECOURSE

FRIDAY 23 JUNE 2017

The sun was shining for Quilter Cheviot Investment Management, who hosted their 18th annual Race Night. The firm were delighted to welcome over 300 guests at their marquee to enjoy the races in style with drinks, dinner and live music. After six exciting races, Quilter Cheviot's Head

of Jersey & International, Tim Childe, presented the winner's trophies. On the evening Tim said, 'We are delighted to be a dedicated supporter of Les Landes Race Course and have enjoyed a great relationship over the years.'



Factory 'On a Boat' Party THE JERSEY DUTCHESS

FRIDAY 7TH JULY



THE 'ON A BOAT' PARTY

Even though we'd had the date pencilled in our diaries for a while, we used the weather to guide us as we sent out invites to an impromptu 'On a boat' party last month. It was to tie in with Gallery's theme for clients who supported that edition and summer editions of our other publications.

We found out that the *Jersey Duchess* cruise boat is now taking private parties. As we'd just published our 'On a Boat' themed issue, we thought we would take a last minute opportunity to jump onboard and check it out for a little boat party around the coast.

Thanks to our friends at LoveWine, we'd sampled 'Pirate Life' beer at their open evening a few months back and it seemed the perfect fit. We therefore teamed up with the fantastic (and very appropriate) craft beer brand and also the great *Skinny Prosecco* to get our clients drinking and thinking like a sophisticated pirate or pirate princess. With a bar on board, perfect flat sea and the staff providing an excellent barbeque, it was the perfect Jersey summer evening to anchor in St Brelade before cruising back as the sun set. It won't be our last boat party, that's for sure!

gallery places What's On.



BECAUSE QUALITY MATTERS

gallery

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AN AWARD WINNING PARTY

THE INAUGURAL JERSEY STYLE AWARDS

Hats off to Hartmann Media. When we heard the first news of the 'Jersey Style Awards' with just a few months to go before the event date, it sounded like quite a task to bring such a high profile event to the Trinity Showground. With a flurry of excitement, submissions were made by hopeful local businesses and after a well orchestrated blitzkrieg of social media coverage, it became clear that this was actually going to be an event to be reckoned with.

In recent years, Jersey has been wanting for a more party-like black tie event. The Chartered Institute of Marketing (CIM) Awards always held the crown with the Enterprise Awards also pulling in some great speakers and setting a tone and endorsement to which local businesses could aspire. With neither of those events happening in 2017, there was a want, nay a need, for those that like their black tie a little more on trend to be able to fix up and look sharp. With the Scottish Style Awards under their belt for Tessa Hartmann and her team, it was clear this wasn't the organisers' first rodeo. The new take on the Showground building presented guests with a new entrance, new room arrangement and the longest red carpet we've seen recently. Plus it was the only such carpet where you could find Professor Green standing humbly in the queue behind you, waiting for his turn to be papp'd at the logo wall.

The event's theme was to 'celebrate and honour the island's wealth of culinary, art, retail, leisure, style and heritage organisations from the people who shape its character, personality and individuality as one of the best kept secrets in the British Isles'. Obviously as passionate islanders, we're on side with that one. With the support of some cherry picked premium brands, the event managed to bridge the gap between the celebs that flew in courtesy of Gama Aviation and arrived in chauffeured Porsches and local business owners hoping to have their shot at the title of Inaugural Jersey Style Awards Winner. Arriving through some damn impressive floral work by Mark Howe to be greeted by branded assistants distributing Devaux Champagne and cabinets presenting the latest and most famous collections from Chopard, it was clear a bar had been raised. The whole vibe of the evening felt just that little bit more accomplished than other local events. The presence of bottles of sponsors Dewars and Lanique's spirits on each table certainly got the party started as guests watched and cheered local businesses who were presented with awards.

From best restaurants to best attractions, a cross section of local business owners and operators were honoured in an efficiently run and organised ceremony. Sir David Kirch was also honoured as 'Philanthropist of the Year'.

In addition to the locals, the honourees including Dame Shirley Bassey who was inducted into the 'Style Hall of Fame' and did a pretty excellent off the cuff rendition of 'Diamonds are Forever', designer Julien Macdonald OBE who was the recipient of 'Designer of the Year' and, randomly, 'Beachwear Designer of the Year' for Melissa Odabash and one for Jacey Elthalion, who claimed the title of 'Style Icon'. Even if you've not heard of them, it's great that their social media space made Jersey look like the place to be when their coverage got posted.

As stars local and global celebrated, the lights went down and the room lit up as Professor Green took to the stage to get everyone up and moving. We're not talking one person at a time getting enough courage to get on the floor either, this was a proper show and the audience stepped up. The event was undoubtedly a success and was supported by Visit Jersey, Locate Jersey, and the Economic Development, Tourism Sport and Culture Department. Here's hoping they support another next year. The only question we're left asking - who will be the *tastemaker*!?

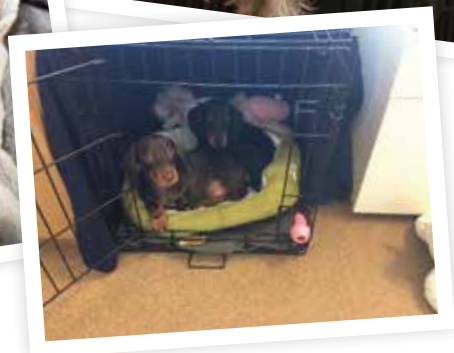
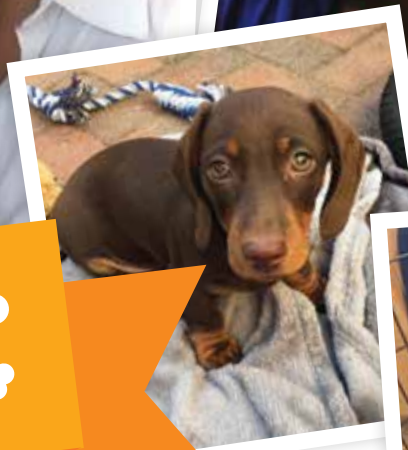
2017 WINNERS - FROM TOP LEFT OVERLEAF

1. Fine Dining Restaurant of the Year - Ormer Restaurant
2. Casual Dining Restaurant of the Year - Jersey Crab Shack
3. High Street Retailer of the Year - Voisins
4. Independent Retailer of the Year - Elizabeth Howell Lifestyle Boutique
5. Visitor Attraction of the Year - Jersey Zoo
6. Cultural Attraction of the Year - Jersey War Tunnels
7. Hotel of the Year - Longueville Manor
8. Boutique Hotel/Guest Accommodation of the Year - Old Court House
9. Active and Sports Experience Brand of the Year - Jersey Seafaris
10. Spa and Wellbeing Brand of the Year - Spa Sirene at The Royal Yacht
11. Tastemaker of the Year - Matt Porteous, Photographer
12. Philanthropist of the Year - Sir David Kirch
13. Style Icon of the Year - Jacey Elthalion
14. Beachwear Designer of the Year - Melissa Odabash
15. Womenswear Designer of the Year - Julien Macdonald OBE
16. Style Hall of Fame - Dame Shirley Bassey
17. Professor Green, no award but a damn nice chap.

BECAUSE QUALITY MATTERS



Professor Green doing his thing.



pet
OF THE
month



Kelly Keating

Breed: Human

Age: A lady never tells.

Likes: My family, time with the hubby, kids and Chopper and the rest of the clan, my Align family and summertime.

Hates: Wind, rain and negative people.

If I was an animal I would be: A wolverine according to my other half...

Wants: For nothing as I have all I need.

interesting facts: I ran for my county.

Most impressive thing you've ever done: Paragliding in Australia.

Chopper

Breed: Miniature smooth haired dachshund.

Age: 5 months

Likes: Playing with my half-sister Lady Lexie, Kelly's son Vinnie and Pippa my Westy cousin.

Hates: The Hoover and Kelly leaving me.

If human I would be: Joey Essex because he talks a lot of nonsense but is fun loving, just like me.

Wants: An endless supply of food and to go running in the grass.

interesting facts: I have very large ears for my tiny size which apparently makes me look like Dumbo the elephant from the back.

Most impressive thing you've ever done: Flown in a plane.

DO YOU HAVE AN INTERESTING PET?
TELL US ABOUT YOURSELVES - FEATURES@GALLERY.JE



The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL



Glastonbury by bus

— A volunteer's story —

WORDS: Jess Stanier

When my Boss asked what I thought about us getting involved in Glastonbury Festival's Disabled Access Minibus Service I nearly exploded. I'd always wanted to go to Glastonbury, but had never managed to get tickets – and this year my best friend and I had sworn we'd go... only to not be able to get tickets once again. When my Manager said if we took on the project, each volunteer would need a 'plus one' I couldn't believe our luck!

Of course, the whole project was voluntary – which means unpaid. However, we did get our Glastonbury tickets and travel free. So of course my first port of call was to ask my bestie if she fancied 9 days at Glastonbury... I bet you can guess the answer to that.

Nine days unpaid, living in tents with your colleagues (not to mention without a shower) doesn't sound like much fun to many... but, when you add the world's best

music festival to the mix, opinions change – and we soon had 20 volunteers ready to commit to the project. Harry Hambrook, our Operations Manager, took on the role of PM and began with trips to the site to work out routes and meet with festival organisers.

Ahead of Glastonbury, all volunteers gave up a day at the weekend to train as a minibus driver. Obviously for some volunteers, who were already professional

drivers, this training was slightly amended – for securing wheelchairs only. Those who do not drive for a living, had both minibus and wheelchair training. After all, the project was to transport disabled people around Glastonbury festival, and with over 500 registered individuals with disabilities it was paramount our training was five star.

After our trainer had signed off on each volunteer, we all began to prep for Glasto. We left Jersey on the morning of 18th June 2017 and travelled to our sister depot in Bristol. Here we collected the five minibuses that we used to run the service, along with a couple of extra volunteers who were keen to get their teeth into the project.

We arrived on site after a final day of training – loading, securing and





transporting wheelchair users and disabled passengers, and a disability awareness presentation. After setting up our 18 tents, we started work. Straight away there were disabled volunteers and punters arriving – who needed to get themselves plus all their kit from car park to campsite.

Over the next seven days we transported over 500 disabled people around Glastonbury festival from the carpark to campsite and then campsite to Circus, Cinemarmagaddon, Theatre and Park areas. We met some wild and fantastic characters, zany volunteers and even head honcho Michael Eavis! During the week we had absolutely fantastic feedback, and it was wonderful to hear how much of an impact we had on festival-goers, including one who said, 'Without this service I wouldn't be able to come to Glastonbury. You guys make this possible.'

We worked in pairs for six hours each day, for shifts which ran anytime between 7am and 4am. In time off, we explored the grand festival and caught as many of our favourite acts as possible. Nikki Withe, HR & Training & Community Manager at LibertyBus, probably had the most impressive claims of the weekend. She was up front and centre for Foo Fighters, and caught on TV by friends jamming out to their set. The lucky duck also spotted Johnny Depp, Bradley Cooper and Brad Pitt! Our volunteer Esher Howard managed to get backstage after making friends with some security guards, and met the grime & hip hop artist Stormzy. Bar that, all the volunteers saw some of their most

“It was wonderful to hear how much of an impact we had on festival-goers, including one who said, ‘Without this service I wouldn’t be able to come to Glastonbury. You guys make this possible.’”

favourite musicians and adventured across the huge site – finding all kinds of weird and wonderful things. One of my favourite days was when myself and Lucy went on a 'Freebie Hunt'. We had our portraits done, got a moon-light photo shoot, Glastonbury backpacks, posters, stickers and lots of laughs whilst we danced to 70s music in front of a bubble machine.... don't ask. Even when you aren't watching artists, there is just so much to do and see at the festival – and a huge community spirit too.

For those who've been, you may be well versed with imaginative lands like Shangri-La, Avalon, The Park, Unfairground, Block9 and Theatre & Circus (there are so many more). If you don't know, I urge you to get googling as I don't have enough words to go into it. Mind blowing, let me tell you.

My final thought is just that Glastonbury holds this magical feeling of power through bringing all kinds of people together, to the same place - and it was absolutely amazing to be a part of the logistics which help make that happen. Fingers crossed we can be a part of the next one in 2019. 🚍

STRAIGHT OUTTA JERSEY

DIRECT FLIGHTS THIS SUMMER

WORDS Abigail Ali

The countdown is over and it's finally here; the time to don your linens and the factor 15. The sweet caress of summer sunshine is upon us (along with a slight chance of overcast skies and showers at lunchtime).

The sweet French-tinged British summer that our fair Isle is tickled with is sometimes divine. However, packing your bags for a mini-break to realms beyond our nine miles by five brings summer joys that a St Ouen sunset could struggle to contend with.

As TS Elliot wrote; "The journey, Not the destination matters..." but that isn't always the case for us islanders. 5 hour stop-over in Gatwick anyone? A sweat inducing

rush to the other terminal in your brand new Havaianas, consumed with the fear of missing your connection? Not exactly on the top of our vacation itinerary.

We've therefore scanned the skies for direct routes from Jersey this month that allow you to make the most of your time. Just enough journey to grab a mile high gin-infused relax before touching down with maximum ease at, surprisingly, relatively low cost.



FlyDirect

Majorca (Palma, Spain)

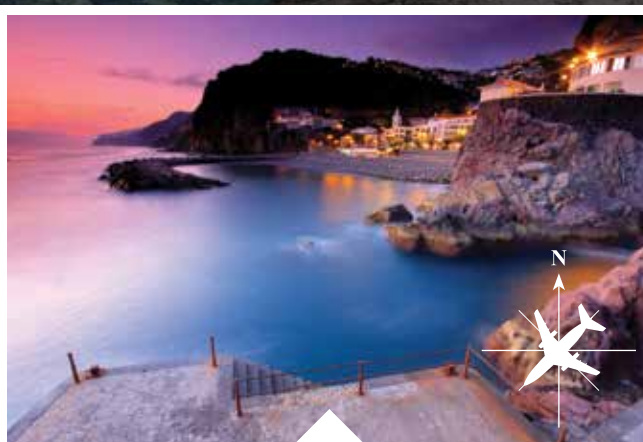
C.I Travel Group's Flydirect subsidiary is currently offering a charter flight to Mallorca (Majorca), one of Spain's Balearic Islands in the Mediterranean, a Brits favourite loved for its beach resorts, sheltered coves, limestone mountains and Roman and Moorish remains. Capital Palma has a huge nightlife scene with big clubs and alfresco pubs and for those looking for that authentic tapas experience, you can wander its cobbled backstreets and find lanes dedicated to mini bites and wine tasting. But when you fancy a break from land, there are boat trips a plenty around the beautiful bay of Alcudia where you can swim in crystal clear waters, explore paradisiacal caves and laze in the sun over lunch on board.

Available: Wednesdays now until September

Flight time: 2 hours

From: £259

At: www.flydirect.je



Estrela Travel

Madeira

The archipelago of Portugal comprising 4 islands is off the northwest coast of Africa. It's known for its namesake wine and warm, subtropical climate so days can be spend meandering in the generous sunshine sampling a grape or two. The main island of Madeira is volcanic, green and rugged, with high cliffs, pebbly beaches and settlements on deltas of the Fajã River. There is wonderful trekking to be found on these stunning coastlines for those seeking a little more adventure in their step!

Available: Every Tuesday now until 3rd October

Flight Time: 3 hours 25 mins

From: £279 return

At: www.estrelatravel.co.uk



Estrela Travel

Algarve (Portugal)

The Algarve, Portugal's southernmost region, is known for its Mediterranean beaches and golf resorts great for couples wanting to get away for a bit of putting. Whitewashed fishing villages on low cliffs overlooking sandy coves were transformed in the 1960s, and now it's central coast between Lagos and Faro is lined with villas, hotels, bars and restaurants. The region also offers historical attractions in former Moorish capital Silves and fascinating Tavira and fabulous beaches from Praia da Luz to Armacao de Pera, thermal springs at Caldas de Monchique, and miles of limestone caves and grottoes, cliffs and bays along its rugged coastline.

Available: 12th-21st and 21st-29th October

Flight Time: 4 hours

From: £199 flights return only and packages from £329

At: www.estreletravel.co.uk



Eurowings

Dusseldorf (Germany)

Change it up from your Oxford Street shopping trip and head to Düsseldorf, the city in Western Germany known for its fashion industry and art scene. So don your lederhosen and wander the streets of Königsallee and Schadowstrasse, lined with boutique shops and designer outlets! It's divided by the Rhine River, with its bank and modern commercial areas to the West and cobbled old town on the East. Here, St. Lambertus Church and Schlossturm (Castle Tower) both dating to the 13th century, are a must see in this German hub of cultural arts and history.

Available: Saturdays throughout August and September

Flight time: 1 hour 40 mins

From: £120 return

At: www.eurowings.com



Lufthansa

Munich (Germany)

Deutsche Lufthansa, the largest German airline, have recently blessed us with direct flights straight into the city of Munich.... Did someone say Oktoberfest? But if the world renowned annual drinking festival doesn't tickle your bratwurst then grab yourself a flagon and wonder Bavaria's capital, home to centuries-old buildings and numerous museums and beer halls, including the famed Hofbräuhaus, founded in 1589. In the Altstadt (Old Town), central Marienplatz square contains landmarks such as Neo-Gothic Neues Rathaus, their dramatic town hall, complete with a glockenspiel show that chimes and reenacts stories from the 16th century and, of course, chocolate. Lots of it.

Available: Saturdays from now until the last weekend of October 2017

Flight Time: 1 hour 50 mins

From: £220 return

At: www.lufthansa.com



Flybe

Geneva (Switzerland)

Lying on the southern tip of expansive Lac Léman (Lake Geneva) and surrounded by the Alps and Jura mountains is Geneva, graced with dramatic views of Mont Blanc. Although Switzerland is littered with world renowned ski resorts itself, Geneva airport is a major hub for skiers travelling to the Northern French Alps, as the easy access is perfect for long ski weekends. Most of the French ski resorts within easy reach of Geneva are in Haute Savoie, an area characterised by attractive traditional villages and year-round communities. For time off the slopes in Geneva however, you'll find the utmost in Swiss exuberance with luxury shopping and dining in the main city itself and of course chocolate, and lots of it.

Available: Saturdays from 16th December to the end of March 2018-

Flight time: 1 hour 45 mins

From: £147 return

At: www.flybe.com



Fly Direct

Costa Del Sol (Malaga, Spain)

This port city on southern Spain's Costa del Sol is known for its high-rise hotels and resorts jutting up from yellow-sand beaches but one of the oldest cities in the world with a history spanning about 2,800 years. It's frequented by more night owls than historians as life in Malaga is as happening as it can get with many attracted by the warm seductive climate. Like our domestic cuisine, proximity to the sea dominates Malaga cuisine, with some special exotic seafood dishes that cannot be found elsewhere. Places such as El Caleno, Cañadú and La Reserva 12 will satisfy your tummy whilst trendy night spots like Discoteca Andén and Liceo will gratify the party animal in you. Naturally, on a place dubbed 'The Costa Del Sol' (the coast of the sun) there are sandy stretches of beach aplenty for you to soak up the andalusian sun.

Available: Saturdays from the 30th September until 4th November

Flight Time: 2 and a half hours

From: £259 return

At: www.flydirect.je



Skywork Airlines

Basel & Bern (Switzerland)

The curious city of Basel is located where the Swiss, French and German borders meet so it also has suburbs in France and Germany. The city is known for its many internationally renowned museums, ranging from the Kunst Museum, the first collection of art accessible to the public in Europe (1661) and the largest museum of art in the whole of Switzerland! Today the city of Basel, together with Zürich and Geneva, is counted among the cities with the highest standards of living in the world. Bern's flag-bedecked medieval centre is an attraction in its own right, with 6km of covered arcades and cellar shops/bars descending from the streets. Bern's clock tower Zytglogge is a focal point; crowds congregate to watch its revolving figures twirl at four minutes before the hour, after which the actual chimes begin.

Available: Now until mid October

Flight Time: 1 hour 35 minutes

From: £300 return

At: www.flyskywork.com

CONTINUED...

...CONTINUED

**Aer Lingus****Dublin (The Republic of Ireland)**

Wonderful Dublin, on the east coast of Ireland is rife with energy and culture. Historic buildings include Dublin Castle which dates back to the 13th century, and imposing St Patrick's Cathedral, founded in 1191. You can cover a lot of the city on foot, passing through the landscaped St Stephen's Green, the huge Phoenix Park (containing Dublin Zoo) and along Dublin's leafy canal. You may even pass by statues of Molly Malone and Oscar Wilde on the way. A trip to Dublin wouldn't be complete without a pint of Guinness. Although a visit isn't complete without a trip to the Guinness Storehouse and the panoramic views from its gravity bar, check out The Gravediggers, pouring Guinness since 1833, for what is reputedly Dublin's best pint.

Available: Now until 1st October**Flight time:** 1 hour 40 mins**From:** £180**At:** www.aerlingus.com**Co-operative Travel Maker****Tenerife (Spain)**

Due to their proximity to Africa, the wondrous Canary Islands are blessed with year round heat and rugged, natural beauty. Tenerife is the largest of the archipelago, dominated by Mt. Teide and best known for its Carnaval de Santa Cruz, a huge pre-Lent festival with parades, music, dancing and colourful costumes. The coastline here is truly versatile so whether your sand preference is soft white or black volcanic, you can have it all. Make sure you stop for a rest and look out to sea, the south west coast of Tenerife is a spectacular spot for watching whales, with up to 26 species found just off the coast, including baleen whales, killer whales, dolphins, pilot whales and even blue whales. Although the direct charter goes straight into the airport in the South of the Island, you can hop across to neighbouring Islands and experiences all shades of sunshine.

Available: Fridays from February 2018**Flight Time:** 4 hours**From:** £299**At:** www.travelmaker.co.uk**Easyjet****Glasgow (Scotland)**

Heading North for your holiday break may not see the most logical choice but Glasgow offers a city drenched in history, culture and hot spots for tourists. The port city on the River Clyde in Scotland's western Lowlands is famed for its Victorian and art nouveau architecture, a rich legacy of the city's 18th-20th-century prosperity due to trade and shipbuilding. Today it's a national cultural hub, home to institutions such as The Scottish Opera, Scottish Ballet and National Theatre of Scotland, as well as acclaimed museums and a thriving music scene. It's also a bit of a retailers paradise with over 1,500 shops, Glasgow city centre is recognised as the second largest retail centre in the UK. No wonder it's quickly climbing the ranks of city break locations.

Available: Now until December**Flight time:** 1 hour 35 mins**From:** £59 return**At:** www.easyjet.com**Flybe****Cardiff (Wales)**

It's about time the option to visit our Welsh cousins made the list of weekend break options for Jersey residents. With the deal that Flybe has on offer this summer, National Parks, mountain ranges, lazy rivers and Roman fort castles are at your Brecon call (see what I did there?), all for just £61 return! Wales' National Park, The Brecon Beacons, is a natural adventure hub. Complete with its own tabletop mountain and waterfall, you can kayak, trek, horse ride and mountain bike all just an hour outside of Cardiff. Travel a few hours North and the largest National Park in Wales, Snowdonia, boasts the highest mountain in England and Wales, the largest natural lake in Wales and a wealth of picturesque villages like. Pack your hiking boots and get ready to hear your voice echo in the mountains!

Available: Monday, Wednesday, Friday from now- end of December**Flight Time:** 1 hour 10 mins**From:** £61 return**At:** www.flybe.com

CULTURE



Oddsocks
Romeo and Juliet

Monday 31 July – Wednesday 9 August
(No performance Friday 4 August)

Venue: Coronation Park

8pm *(park open for picnics from 6.30pm)*

Box Office: 700444
www.artscentre.je

arts centre
jersey

Culture News

Exhibition



Walkin' the walk

This month sees the first solo art exhibition by Brian Marr, President of the Jersey Society of Artists. His exhibition is inspired by the 795 kilometres charity walk of the Camino del Norte for Headway Jersey that he and his wife, Mary, walked in 2016. For an average of 7 hours a day they were in constant motion, only having time to glance and capture the mood, atmosphere and impressions of the wonderful views. Brian hopes his paintings reflect those feelings. The exhibition takes place at the Berni Gallery at the Jersey Arts Centre this month.

Views of the Camino del Norte Jersey Arts Centre. 21 August - 16 September. Preview: Monday 21 August 5.30pm-7pm

Family Show



Making a Splash

Islanders have been treated to a mermaid swimming in Jersey waters of late and now the classic tale of the little mermaid is brought to the stage in a brand new production by the internationally acclaimed 'Panto Company', following their sell-out tour of China. The classic story of Ariel is brought to life with stunning scenery, eye catching costumes, original songs plus up to date chart songs, not forgetting loads of audience participation, this show will make for an entertaining afternoon out.

The Little Mermaid. 13/14th August. The Jersey Opera House. Tickets at jerseyoperahouse.com

Walkin' the line

Show

If you're looking for the light and fancy a burning ring of fire, look no further than the Opera House this month. Just don't fall in. The only show to be endorsed by the CASH family! Welcome back the Johnny Cash Roadshow featuring respected singer/songwriter Clive John. Also now an even bigger show than ever, introducing the 'Carter Sisters' and brass section the 'JC Horns' accompanied by emotive screen visuals. Pegged as 'simply the best celebration of Johnny Cash in the world'.

The Johnny Cash Roadshow. 24-25 August 8pm. Tickets at jerseyoperahouse.com



Cinema

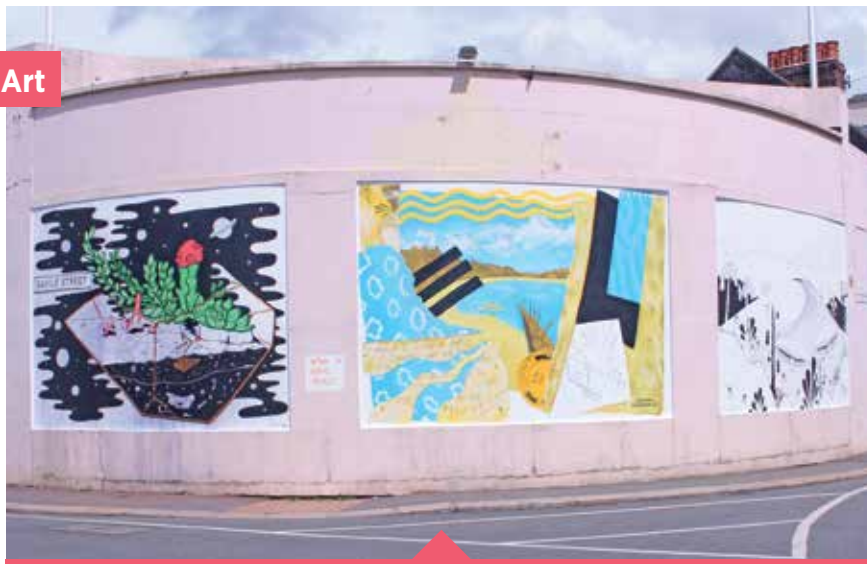
Summer Cinema Lineup Blows the doors off.

The comfortable surroundings of our local, CafeJac, once again get their cinema screen out for the summer with a different film each evening. The lineup this year has something for everyone and you'll be able to immerse yourself in the sounds of the movie with a set of wireless headphones. Join us on the 11th for a showing of The Italian Job, ahead of our charity Galleryrally to Milan in September.

- Tues 1st Aug Hidden Figures (PG)
- Wed 2nd Aug Rogue One (PG)
- Thu 3rd Aug Catfight (15)
- Fri 4th Aug Moonlight (18)
- Mon 7th Aug Life (15)
- Tue 8th Aug The Lost City of Z (15)
- Wed 9th Aug Little Big Lies (15)
- Thu 10th Aug Guardians of the Galaxy (12)
- Fri 11th Aug The Italian Job (PG)
- Mon 14th Aug Point Break (15)
- Tue 15th Aug How to Kill a Zombie (15)
- Wed 16th Aug Another Mothers Son (12)
- Thu 17th Aug A Monsters Call (PG)
- Fri 18th Aug I am not your Negro (18)
- Mon 21st Aug The Hippopotamus (15)
- Tue 22nd Aug The Other Side of Hope (18)
- Wed 23rd Aug Frantz (12)
- Thu 24th Aug London Heist (15)
- Fri 25th Aug Viceroy House (15)
- Tue 29th Aug Free Fire (15)
- Thu 31st Aug Their Finest (15)

CafeJac Summer Cinema Lineup. Daily in August. CafeJac at The Jersey Arts Centre

Art



Big Art on the streets of St Helier

Anyone that's seen the side of our Factory office with a two story high Gallery Minnie Mouse styled cover girl will know we're all for bright public art. As part of this year's Skipton Art Series, Jersey Arts Trust created a central commissioning pot for visual arts projects in 2017 around creating new work and engaging the community. Last month a small team of local artists, led by Ben Robertson, who did our mural, worked with members of the public at sites around St Helier to create a series of new murals based on questions of identity and personal inspiration. The mural sites - the West-facing façade of 23 Colomberie Street and the side of the Randalls owned building between Seville St and Cannon St - are areas that have been selected by the artists to give them new life. Working alongside Ben, artists Abi Overland and Will Bertram used their original designs to bring large-scale art onto the streets of Jersey.

Check out the work at 23 Colomberie and between Seville St and Canon St

Event



Spice up your Life

Now in its seventh year Spice has developed into a fantastic family and community event packed full of entertainment for both adults and children. This year Sitas Circus, Chordz, Stop Motion, Total Mayhem, Relax Kids and many more local companies will be offering interactive workshops and entertainment for children. Bianca Padidar and Sarah Jordan set Spice up as a charity to promote the wealth of local creative talent that Jersey has to offer. The event has been relocated to the beautiful Coronation Park at Millbrook, offering a beautiful new environment that the organisers hope will bring new visitors to Spice. Alongside established practitioners, Spice has also developed a number of educational projects where students and the public produce experimental work exploring their creativity through collaborating with others. Renowned Milliner and Artist, Lucy Hodges, will be running interactive recycled projects with kids. There will also be an exciting Creative Woodland Area where Kazz Padidar will be doing Bushcraft and Shelter Building and Alcindo Pinto will be creating willow sculptures for both kids and adults to get involved with. There will be interactive poetry, spoken word and storytelling from Jersey Festival of Words, a selection of Therapists offering advice and taster sessions within their chosen field and of course there will be a great range of musicians playing throughout the weekend. Alongside the locally made arts and crafts, visitors will also be able to purchase Genuine Jersey produce or enjoy the wide variety of food and drink in the exciting new food village. Entrance to Spice is free, however donations are welcome in order to continue supporting this lovely event.

**Spice Festival. Saturday 9th September 10am-7pm
AND Sunday 10th September 10am-5pm**



Theatre:

From Bergerac to Miss Marple

Louise Jameson will be familiar in name, but not in appearance as she transforms into Miss Marple for 'A Murder is Announced' this month. The actress, who played Susan Young in Bergerac, has been touring with the Middle Ground Theatre Company Ltd in this acclaimed production of a classic Miss Marple mystery, taking the role of detective herself this time. As Miss Marple she'll be doing what Miss Marple does best; unravel a complex series of relationships and events to solve the mystery of whodunnit after a local paper announces a murder is to take place in the village of Chipping Cleghorn.

Agatha Christie's 'A Murder was Announced'. 28-31st August. The Jersey Opera House. Tickets at jerseyoperahouse.com



Handicrafts:

A Stitch in Time

16 New Street is normally closed to the public on a Saturday but this month The National Trust for Jersey is opening it up, teaming up with The Embroiderers' Guild to celebrate National Stitch Day, a celebration of stitching. A wide programme of activities is planned to include stitching demonstrations and clinics, a small exhibition, and workshops for both adults and children. There's also an embroidery workshop from 11-1.

National Stitch Day at 16 New Street. 5th August 10-4pm www.nationaltrust.je/events

JERSEY OPERA HOUSE



THE MAGIC OF MOTOWN

THU 3RD - SAT 5TH AUGUST | 8.00pm

TICKETS: £23.50 - £27.50, Concessions £2 off



THE SIMON & GARFUNKEL STORY

THU 10TH - SAT 12TH AUGUST | 8.00pm

TICKETS: £22 - £24, Concessions £2 off



HELLO AGAIN - NEIL DIAMOND

THU 17TH - SAT 19TH AUGUST | 8.00pm

TICKETS: Full: £22.50, Concessions £20.50



JOHNNY CASH ROAD

The only show to be endorsed by the CASH family!

THU 24TH - FRI 25TH AUGUST | 8.00pm

TICKETS: Full £22, Concessions £20



THE BEE GEES STORY

A tribute to the Bee Gees through a fantastic live concert, featuring their incredible songs, from over four decades, from the 60s to the 90s.

SAT 26TH AUGUST | 8.00pm

TICKETS: Full £22.50, Concessions £20.50

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BOX OFFICE: (01534) 511 115

www.jerseyoperahouse.co.uk



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Jason Dodd



Abigail Griffiths



Leila Anderson



Nigel Grieves



Leila Anderson



Leila Anderson



Jason Dodd



quote of the month from Bean Around the World
See more quotes at www.facebook.com/BATWjersey



Jason Dodd



Jessica Burby



Nigel Grieves



Jason Dodd



Thierry Fillieul



Jason Dodd



JERSEY'S BIGGEST FEEL-GOOD-FESTIVAL

GROOVE DE LECQ

What is Groove? You've obviously had your head in the sand. Groove is Jersey's most creative and community focused music and arts festival that notoriously sells out each year.

It is a happy little mecca of local musical talent, Island culture and good will which echoes a soulful rhythm and musical beat that resonates with Islanders of all ages and interests. Groove is an ethically produced festival championing charitable organizations, sustainable initiatives, local produce, food and ales.

LOCAL, MUSIC, FOOD & DRINKS, CHARITY, DANCE-OFF'S, THEATRE STAGE, WRESTLING, HUMAN HUNGRY HIPPOS &.... DISCO TRANNY VANNY? WHAT'S NOT TO LOVE!?

With six stages ranging from reggae to rock, the valley will be truly tickled by the tunes of multiple musical genres inviting all ages to tap their toes and have little wiggle. Groove prides itself in offering various platforms for the Islands' freshest local talent alongside heritage bands. Thanks to the festival's amazing sponsors at iQ - Apple Premium Reseller, this year is no different as it is set to host over 70 local performers, including the likes of Mozaics, Joe Young & The Bandits, Robert J Hunter Band, The Watsons & Howl.

This year, Groove is adding even more colourful bits to the mix - with Jumbo Human Hippo Games (register now!), a centre stage Wrestling Competition, an Ultimate Dance-Off Battle, ?Carnival, a Flick the Bean competition...and much much more!

[NEW] GROOVE EXPERIENCE HOSPITALITY TICKETS

Anyone game for a step-up from the groove to enjoy a sumptuous spread of groovilicious bubbles (prosecco or ale) a seafood buffet or traditional espetadas with full trimmings, private bar with your

own waiting staff, private bathroom & cloakroom, a complimentary Eco Goody-Bag and wait for it...your very own private talent stage?? The "Groove Experience Ticket" is for those lovely people who wish to give a little more & get a lot more in return. With only 100 tickets available at £99 each, these are hot potatoes so fix up & look sharp or you'll miss out.

[NEW] JERSEY UTOPIA AT THE BARRACKS - FREE ENTRY & EXTRA ENTERTAINMENT!

As well as an amazing selection of family fun activities and entertainment on-site at the Moulin De Lecq, 2017 festival is set to grow even bigger as it branches across to the neighbouring premises of the Greve De Lecq Barracks, managed by one of this year's charitable partners, the National Trust for Jersey. This impressive new 'Jersey Utopia' will be abuzz with live music curated by the Songwriters Society, interactive eco & music workshops, heaps of local produce & art supported with thought-provoking speakers. What's more - this whole area is open to the public absolutely free - no tickets required!

GROOVE AFTER-PARTY GOES INTERNATIONAL

Tickets for the Groove after-party are also up for grabs with international act The Skints joined by the likes of Honest Crooks,

a reggae/ska 3 piece hailing from Guernsey, Axon Bower headed up by the Song Writer Society's David Keenan, The Reason's DJ's, SPIM, C-Phonics and JE3! Tickets include FREE transport from the festival to the Watersplash so this after-party is a no brainer in our opinion.

GROOVE IS GREEN

Groove is all about their green & ethical policies, actively using recycled materials wherever possible, encourage suppliers, partners & Islanders to join the green party & imposing minimal waste policies; selling super eco-cups & can crushing on the day as well as going strong on their digital promotions with tickets to this year's event only be available online.

...AND IT'S ALL FOR CHARITY

To date, Groove has raised over £150,000 for charitable causes because charity is at the heart of everything Groove does. Every ticket sale, every hour donated by its volunteers and every free performance by local artists helps Groove put money back into worthy charitable causes which aid the local community. This year, Groove will be supporting not one but two local charities, The National Trust for Jersey and Acorn Enterprises, with further opportunities for other charities and organisations to benefit on the day.

To find out more and book your tickets, just visit www.Groove.org.je

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EXCLUSIVE

Beauty News



Acupuncture And Anxiety

WORDS: Lorna Jackson *1st BSc (Hons) Acupuncture, BAcC, AFN.*

You are not alone! More than 1 in 10 people are likely to have a disabling anxiety disorder at some stage in their life. A recent World Health Organization study compared depression with angina, asthma and diabetes; it concluded that the impact of depression on a person's functioning was 50% more serious than the impact of any of the four physical conditions. At present 40% of disability worldwide is due to depression and anxiety.

When the body feels it is under stress, the sympathetic nervous system switches on and it goes into a state of panic or "fight or flight". Anxiety is experienced as a result, and can become chronic with prolonged exposure to this stress.

Acupuncture may help by stimulating the nervous system to release neurochemical messenger molecules helping to regulate the body's homeostatic mechanisms resulting in a physical and emotional change. Health Point Clinic treatments also aim to activate the parasympathetic nervous system (or the "rest and digest" function of the body) to maximise self-healing.

Research has shown Acupuncture may positively impact on the symptoms of anxiety disorders by:

Promoting relaxation and deactivating the 'analytical' brain, responsible for anxiety and overthinking/worry.

Positively altering and benefiting the brain's mood chemistry to combat negative mind-set. This is achieved via the regulation of hormones and neurotransmitters related to our mood.

Reversing stress induced changes in behaviour and biochemistry.

Enhancing the beneficial effects as well as reducing/managing unwanted side effects of conventional treatment approaches including medication and psycho-educational therapy.

With the right approach to healing, one that encompasses environment, lifestyle and dietary changes, living with anxiety does not need to adversely or negatively affect your lifestyle. Health Point Clinic treatments are designed to facilitate healing by reducing the frequency and severity of the symptoms you are experiencing, and help you to heal at the source of the problem.

www.healthpointclinic.co.uk



Louise Dare
*Senior Stylist at
Feelunique Longueville*

Since qualifying as a hairdresser nine years ago, Louise has never lost her passion for all things hair. She has attended creative cutting courses at the Vidal Sassoon Academy and even appeared at the Hair Show for his 80th birthday. She has also been colour trained at L'Oréal, and it's here that she fell in love with the balayage technique which is a favourite with her clients.

We popped in to see Louise for a cuppa and a chat about hair, hair and, well... more hair.

What cut do you think is most current?

Long choppy layers are everywhere at the moment! They're great for any length of hair and work particularly well with the natural beach wave that is very popular right now.

What colour trends are you seeing for 2017?

Balayage [a technique that involves the stylist sweeping colour onto the hair freehand to create a graduated, natural-looking effect] is still growing in popularity here in Jersey. People love it because there are so many possibilities! You can try a few sun-kissed highlights or go wild and really experiment with colour.

Which celebrity always nails it with their hair do?

For me, Kate Middleton always looks amazing! Whether she's sporting her go to curly blowdry or an elegant updo, her hair always looks immaculate and glossy.



You'll find Louise at Feelunique's Hair and Beauty Salon at Longueville.

Call 280748 to book an appointment.

Who gets to define perfect?

WORDS Christopher Journeaux,
Quiet Room Therapy



I have been going to an early morning bootcamp in the pursuit of fitness. On Sunday the trainer shared online some pictures of us all and I must admit I was not happy with the result. I mentioned my horror at the images to a friend who asked why I cared what others thought. She was right, of course, my discomfort was as much about what others might think as it was about wanting to get fit. So why do we care?

Consider this context for many girls and women that form a view of how they should look based on some else's view of perfection. Wikipedia defines one reason for a woman seeking Labiaplasty as driven by the 'wish to alter the appearance of their genitals because they believe they do not fall within a normal range'. A normal range? Who decided on a normal range that would see a woman, some as young as 14 according to one report, seek surgery.

"Is it any wonder that body image is such a driver of anxiety and depression when the concept of perfect ignores the reality of being us, of being unique."

Search for the term thigh gap and page after page of exercise tips will pop up assuming that it is essential for the perfect woman. It was mentioned on Naked Attraction, a Channel 4 programme loosely based on a dating concept where all participants are naked. Their bodies are viewed and commented upon as though meat in a butchers. Referring to the women, whose faces were still obscured, the presenter commented on how 'clean' they all were because they had shaved off their pubic hair.

These are powerful messages that are trying to tell women how they should look. The implication, it appears, is that failure to comply is to be subnormal, dirty, not perfect. Is it any wonder that body image is such a driver of anxiety and depression when the concept of perfect ignores the reality of being us, of being unique.

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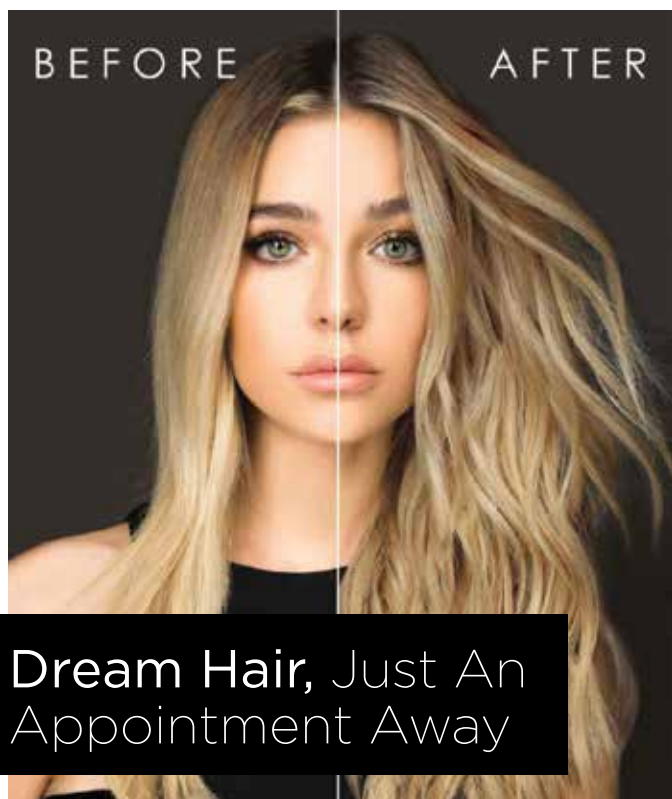
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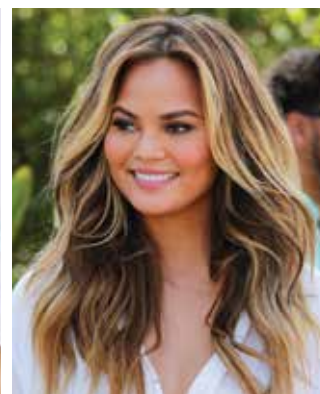
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Dream Hair, Just An Appointment Away



Jen Atkin Invisi-Tape Hair Extensions at Toni & Guy

With over 2 million followers on Instagram, Jen Atkin has been dubbed by the New York Times as “The Most Influential Hairstylist in the World”. This power house of the hair world has a host of loyal celebrity clientele including the Kardashian/Jenner sisters, Chrissy Teigen, Jessica Alba, and the extension queen herself, Miss Jennifer Lopez.

The latest collection of Jen Atkin hair extensions are now available at Toni & Guy here in Jersey so you too can get a weft of Hollywood glam designed by one of the most sought after stylists in the world and expertly fitted by the fantastic Hair Stylist Chantal, who has recently returned to Toni & Guy after spending years gaining incredible experience, salon hopping her way around London, Glasgow, Sydney and Melbourne.

Chantal is back in Jersey colour matching, fitting and styling the Jen Atkin range to make your full bodied, voluptuous hair dreams a reality.

Available in a range of lengths, weights and 20 colours (including 5 new unique colour blends and balayage) the all natural hair strips are fitted using new Invisi-Tape, a silk weft with integrated hair, mimicking the natural hairline.

“This pioneering technology makes the attachment transparent, flexible and very resistant, blending seamlessly and undetectably into the hair. The tapes are flat so they shape naturally with your hair and sit comfortably against the scalp. This gives these extensions a very natural look that clients love.” Chantal Commented.

In comparison to traditional methods, the benefits of Invisi-Tape are revolutionary for extension enthusiasts. Each strip is so easily fitted that an entire head of extensions can take just an hour to fit, but they fasten so securely that they can last for up to 6-8 weeks! As they grow out naturally with your own hair the extensions can be removed, using a gentle orange oil, and then re-used and re-secured back at the root. This not only gives a huge economic benefit as you just pay for the time to remove and re-fit, but it also gives the freedom to experiment with different lengths, colours and looks, for those feeling stylishly versatile.

Most notably, there is no heat, bonds or glue involved in fitting them and the tape is all natural so it won't damage the hair at all. Great for not only increasing length, but also ideal to fill in sparse spots, create thicker styles and to allow damaged hair to grow out, recover and repair under the guise of thick, healthy locks.

Chantal advises that you can extend the life of your extensions by making sure they do not clump, dread or damage. “Use sulphate free products to keep them shiny, brush them out gently and avoid conditioner at the roots. Most importantly, braid your hair extensions before bed to stop hair tangling. For gym goers, or those that love rocking the high pony, these extensions are perfect for you as the tape flips naturally with the direction of the hair so there is no tearing or damage at the base!”

To get your very own head of Kim K shiny locks, book in with Chantal @ Toni&Guy, pricing available on consultation.

“This pioneering technology makes the attachment transparent, flexible and very resistant, blending seamlessly and undetectably into the hair.”

TONI&GUY
HAIRDRESSING

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Neon in bright lights...

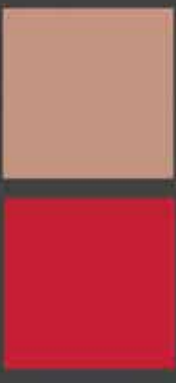
We couldn't resist this news for our neon edition.... The Neon Salon & School in St Helier has been named as a finalist in the Training Award, sponsored by Wella, at the British Hairdressing Business Awards, hosted by Hairdressers Journal International. The awards, which are now in their 19th year, seek to find and celebrate the very best salon businesses in the country – an industry which contributes an estimated £7bn to the British economy and one which employs more than 300,000 people. Having opened the doors to NEON Salon & School just 11 months ago owner Victoria Queree wanted to offer a new style of hairdressing training with an intense focus on the practical skills needed by the industry and to provide that training in a shorter time frame.

The Training Award celebrates the best educators in the country; those salons or groups of salons, which train up to NVQ Level 3 or equivalent. They put education first and deliver tangible results that make a difference to their learners' lives. With 17 categories celebrating all aspects of the business side of hair, the awards are a proven platform for raising a salon's profile. Even finalising in one of the prestigious categories marks a business out as one of the finest providers in the country; a win catapults them to the very top, providing unrivalled recognition that they are at the pinnacle of their profession and raising their profile to give an edge over competitors.



**I AM
POWERFUL.**

PAUL MITCHELL



RIO

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TEL 734458

BEAUTY
SHOPPING
HAIRDRESSING

Beauty Products

VIVID PRODUCTS AND PALETTES TO BRIGHTEN UP YOUR MAKE UP CASE THIS SUMMER



M.A.C

Atlantic Blue Eye Shadow

Available from Voisins

This highly pigmented powder in bright blue is the ideal first step in being brave with eye shadow colour - plus it makes green and blue eyes look amazingly bright and striking! Give bright colours a go this summer!



Hei Poa

Sunscreen SPF 15

Available from Ellipse

This wonderful smelling dry oil is waterproof, non-greasy and specially designed to prevent annoying sand sticking to your skin! Genius! Contains lots of magic Monoi oil from Tahiti, which is a super moisturiser, so your skin will be nourished and sun kissed after a day in the sunshine.



Rita Hazan

Pop Colour Neon Pink Temporary Hair Colour

Available from ritahazan.com

You can add vibrant streaks, tips, and all-over colour to hair without using tints, bleaches or peroxide. This very easy to use temporary spray simply washes out at the end of the day. Fab for fun holidays and gigs!



Bobbi Brown

Neon Pink Lip Colour

Available from Voisins

The legends at BB bring you this super neon lippy for those that want their pretty pout noticed. It will make any outfit look fabulous - this is the easiest way to look glam in an instant!



American Apparel

Neon Yellow Nail Colour

Available from asos.com

With a tan this is the coolest colour around. Perfect for the height of summer, this looks just as good on beach days as it does on the dance floor. We're BIG fans! They've got some brilliant other neon shades in the range too.



Too Faced

Melted Latex Lipstick in Twilight Zoe

Available from toofaced.com

Melted Latex redefines the lips with honey-like texture that ensures gloss clings to lips with a latex shine. Comes in so many exciting colours this line is a beauty aficionado's dream!

FASHION



GANT Navy Blazer
UK RRP £195, **de Gruchy** £175.50

DISCOVER OUR NEW ARRIVALS

HUGO BOSS | GANT | TOMMY HILFGER | HACKETT

TED BAKER | LK BENNETT | KAREN MILLEN | MINT VELVET
COAST | OASIS | PHASE EIGHT... *and many more*

de
GRUCHY
FOREVER INSPIRED




GANT Diamond G Printed Pencil Dress
UK RRP £185, **de Gruchy** £166.50

HIGH



SCORE

ADIDAS WHITE CLASSIC ADIDAS T-SHIRT / TOPSHOP / £25
PFERDGARTEN GOLD METALLIC PLEATED SHIRT / MANNA / £160
ROUND DOUBLE BRIDGED RAYBANS / DEGRUCHY / £152

A woman with long, straight red hair is leaning on a glass-topped counter in what appears to be an arcade or a retro-themed cafe at night. She is wearing a black Adidas t-shirt with white stripes on the sleeves. On the counter in front of her is a small, realistic-looking fish figurine. The background is filled with the colorful, out-of-focus lights of arcade games and neon signs. A large, illuminated donut sign is visible on the left side of the frame. The overall mood is nostalgic and vibrant.

**ADIDAS WHITE CLASSIC ADIDAS T-SHIRT / TOPSHOP / £25
BOMBER / MODELS OWN**

**PHOTOGRAPHY: MAX BURNETT
PHOTOGRAPHY ASSISTANT: OLLIE JONES
MODEL: CAROLINE
STYLING: LUCY SANDERSON
HAIR BY: SOPHIA HILTON (NOT ANOTHER ACADEMY)
REFRESHED BY NEON SALON & SCHOOL
SHOT ON LOCATION AT: TAMBA ARCADE**



COAST WINGED WHITE TOP / DEGRUCHY / £63
TOPSHOP RED FLARED TROUSERS / TOPSHOP / £42



CUSTOM MADE WHITE T-SHIRT / MANNA / £25
MOTO COLLECTION BLUE DENIM DUNGAREE DRESS / TOPSHOP / £36

Brand News

These shoes are AMAZING.



Lisa & Jessica Kistermann



The stylish sisters behind this young dynamic brand, Lisa and Jessica Kistermann, were inspired by the alternative and edgy rock scene of Shoreditch, Camden Town and the heady cultural clash of Brick Lane.

Crime London Sneakers state on their website that "Groove is the sensation experienced when certain music is listened intensely, it's the capacity to feel the past, it's like getting the shivers upon experiencing something for the first time - Groove is the sensation of Crime London." We don't know about shivers, but these epic sneaks definitely set our pulses racing! **It would be a crime not to buy a pair! Head to Manna to see the latest collections.**

Stylish Simplicity

Established in Denmark in 1986, Part Two offers a signature style of clean aesthetic, sensual femininity and simplicity, which lets you create an effortless everyday wardrobe.

Their pieces are timeless and their inspiration is derived from high fashion. The brand essentials are must haves and the wonderful collections have an exclusive feel that walking past them is not an option.

Available from deGruchy



Easy-to-wear

Fashion staple favourite London brand Great Plains is arriving a deGruchy just in time for their acclaimed new A/W season. Launched in 1989 Great Plains offers easy-to-wear, contemporary wear that celebrates comfort and simplicity in a stylish and modern way. With beautiful free flowing fabrics and romantic style this is definitely a brand that fits the island life.

Available from deGruchy

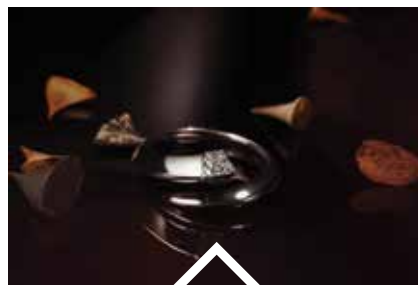
One for the lust list

If you aren't lusting over the award winning Shaun Leane jewellery in Rivoli Jewellers yet then you should be.

The Signature Tusk collection re-imagines the silhouette that lies at the very heart of the House's heritage and DNA. In 1995, Shaun Leane, a close friend and collaborator of Alexander McQueen, designed the iconic Tusk earring for McQueen's SS96 show, The Hunger. A daring silhouette was created that was both primal and elegant and has since been recognised worldwide as belonging to Shaun Leane.

The Tusk Collection is in gold, rose gold vermeil and silver with and without diamonds.

Pictured above:
Signature Tusk Ring in Silver, £345



Trend News



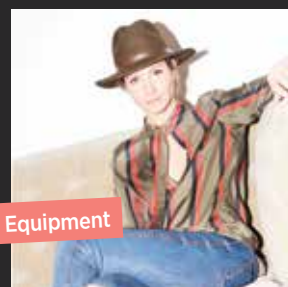
Marc Cain



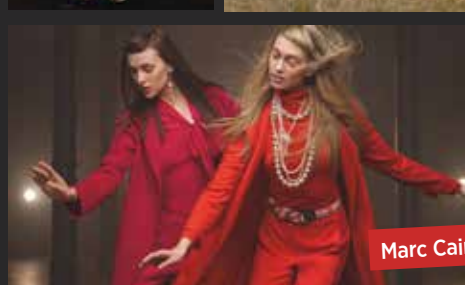
Pinko



Chinti and Parker



Equipment



Marc Cain



Riani

Whilst this edition of Gallery arrives slap bang in the middle of summer, in fashion terms summer is already yesterday's news. But this isn't a reason to mourn your summer look. Instead it's time to celebrate what to look out for this Autumn. With new Fall looks from major labels already hitting the rails, we paid a visit to Lesley at the heavenly boutique Renaissance and asked her to guide us through what's in store.

"Ladies you better be ready for it as we're set to see the revival of dressing up. It's time to ramp up the drama and take control of your wardrobe. This Fall it's all about putting yourself first and feeling absolutely amazing in everything you wear" She tells us.

Fashion and politics have long had a relationship and the ongoing feminist movement has heavily influenced catwalk trends this season; "it's time to take control ladies and really own this look. Think back to the 80s. Think Dynasty. We're talking power dressing ladies, shoulder pads, fishnets and strong tailored pieces in sumptuous luxurious fabrics". The aim is a look that will take you seamlessly from the office to drinks to wherever you need to go. This focus has united brands this season with designers' looks aligned; "they're set to bring us an androgynous approach full of wide leg trousers worn long, or cropped. And skirts, skirts are back!" she tells us.

In terms of colour, dusky moody blue features heavily, and there are lots of small delicate flower prints but in September

it's all about making a statement. That statement is RED with a variety of strong looks going bold and rouge.

If you haven't already discovered it then you must come in and see the beautiful collection from Equipment; "Their timeless, sexy silk shirts that feel like a second skin are the perfect addition to your Fall wardrobe, whether you pair them with your tailored trousers, a pencil skirt or jeans they have a place in every woman's life". Lesley currently has more than 30 of them in her wardrobe!

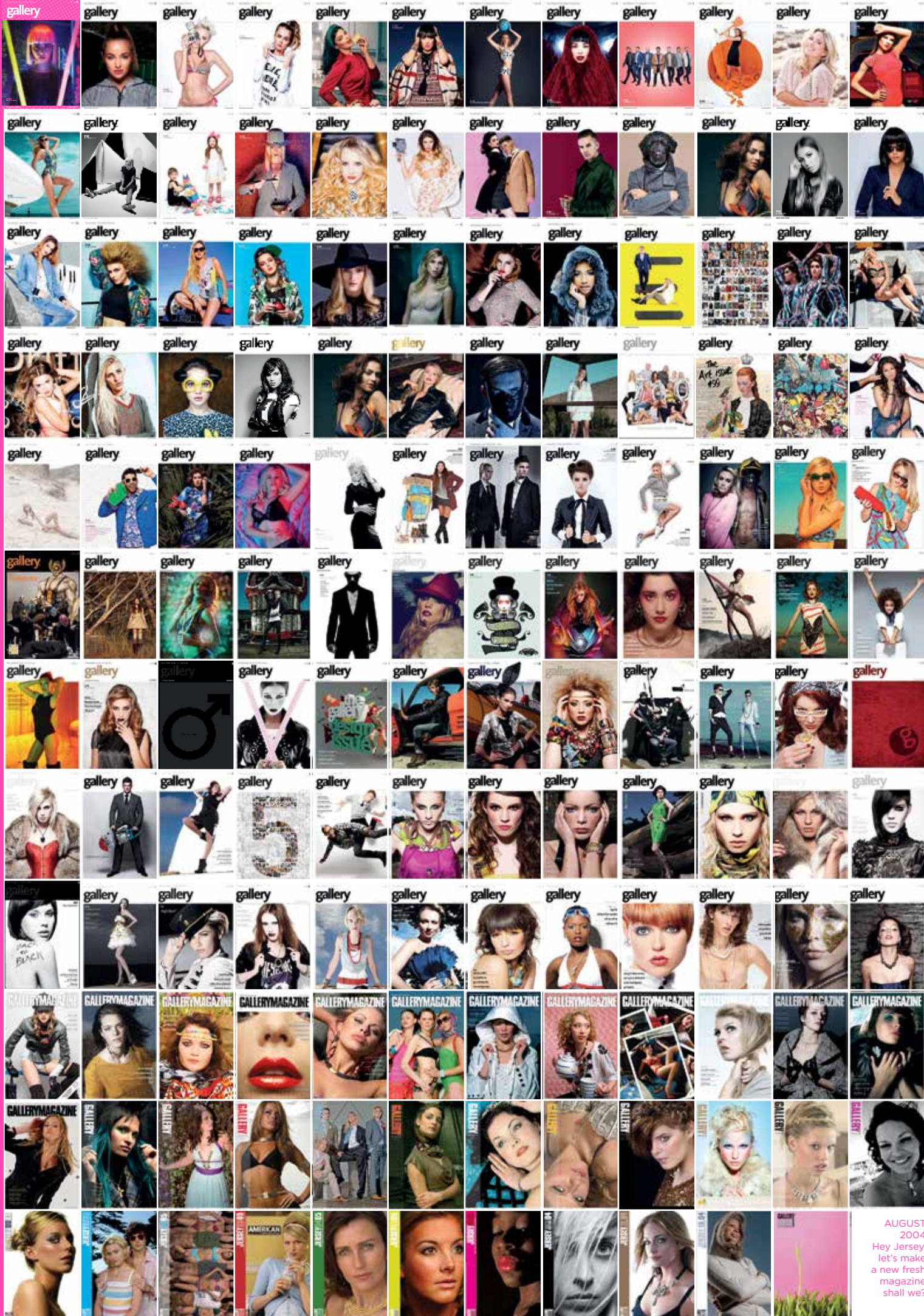
"Everyone deserves to have a piece from the amazing quirky collection from Chinti and Parker. Their beautiful cashmere pieces are sumptuous, frivolous and fun. Both Cara Delevingne and Margot Robbie were wearing it at Glastonbury this summer, all of the top girls are massive fans and so are we at Renaissance". This seasons collection has been inspired by an English tea party where cherries, ladybirds and scalloped detailing take centre stage. Lesley also absolutely loves the collection from Riani. "The sweet seductive prints are

perfectly combined with an eclectic mix of uniformed styles, it really works and has completely captured this season's look".

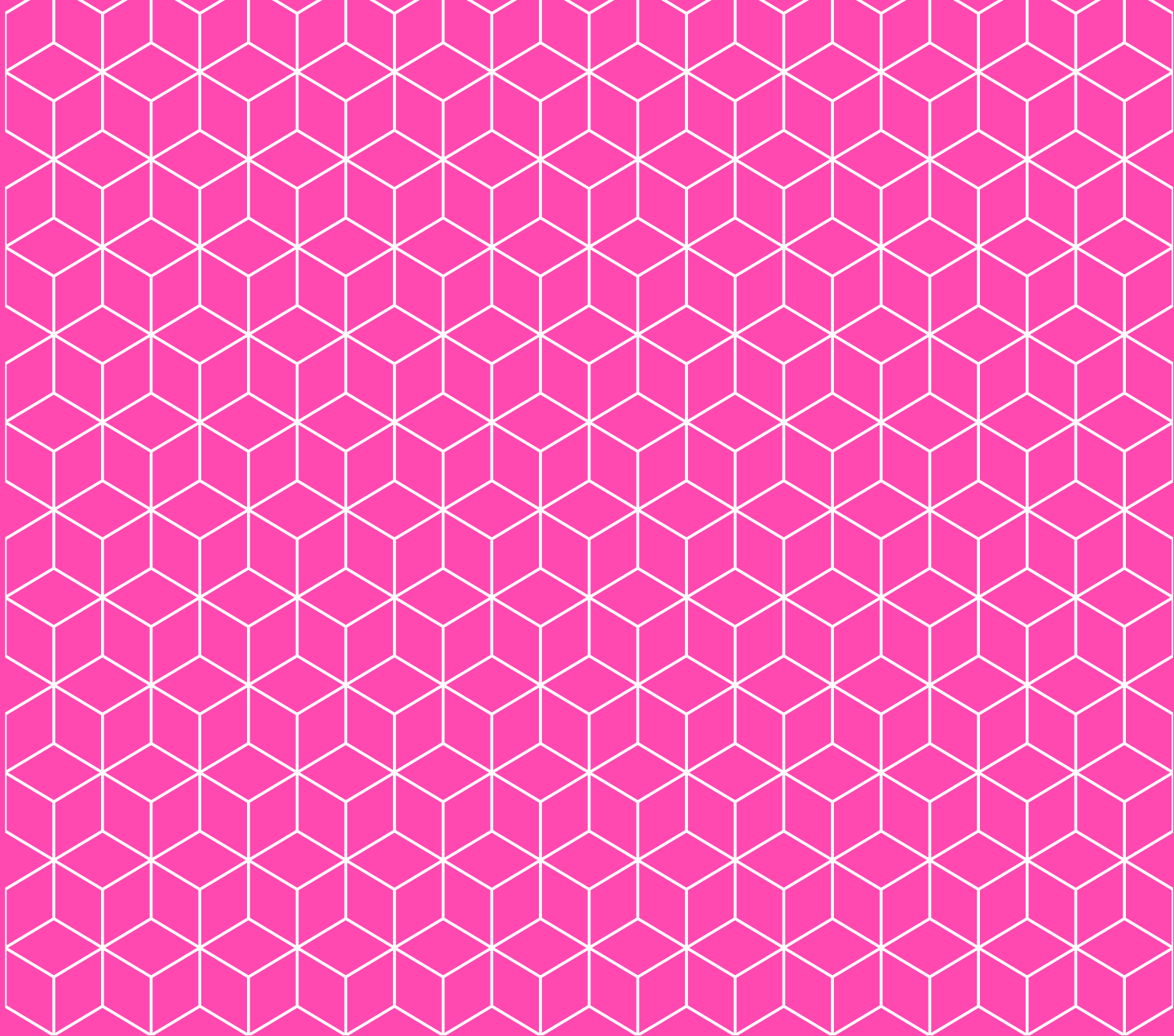
Marc Cain have outdone themselves again, they just never fail to nail the season perfectly. "The collection is so versatile and we all love wearing it. Their Fall collection is the perfect mix of masculine and femininity from beautiful suiting to more of their fabulous athleisure wear". The Marc Cain Fall look also included a range of playful and sharp chic dresses in a mix of prints and materials, really worth popping in to have a look at yourself.

Pinko's collection echoes the wide adoption of androgynous tailored pieces with soft fabrics. "We've a full range of Pinko's structured tops and wide legged trousers, which are being worn both long and cropped". Pinched in waists are also key, but "don't worry!" Lesley tells us, "you can cheat this with a lovely waspie belt, which we have for you to try too."

A changing season simply means a new look to embrace. So if you love the chance to dress up and feel fantastic, head in the Renaissance and get Lesley's advice and see if there's something you Fall for.



AUGUST
2004
Hey Jersey,
let's make
a new fresh
magazine
shall we?



**FASHION CHANGES,
BUT STYLE ENDURES.**

COCO CHANEL

gallery

KEEPING AN EYE ON JERSEY'S UNIQUE STYLE SINCE 2004



SECTION 9



Photography & styling: **Danny Evans**
Make up: **Decia at Kiss & Make up**
Model: **Ellysia**

LEFT: Jacket by **Pinko** £569 from **Renaissance**
ABOVE: Coat by **Malene Birger** £380 from **Manna**



Dress by Karen Millen £41.85 from deGruchy / Coat by Malene Birger £225 from Manna



Top by Baum Und Pferdgarten £65 / Leggings by Baum Und Pferdgarten £65 both from Manna

StyleStalker

'This month we sent our project Trident Student Jess out to stalk style. It's a tough job and she did us proud.'

WORDS
Jess Burby



Patricia Hewitt

Patricia's outfit really stood out for me with her bold red top as her statement piece. She complemented it with a pair of pinstriped straight leg trousers which are bang on trend. I felt that the combination of silver jewellery and sandals were the perfect finishing touch.



Christa Roberts

I noticed Christa with her gorgeous pair of floral trousers which had a lovely loose and cool fit, with a matching orange strappy top which really complimented her skin tone. To match her top Christa had her nails painted orange which she displayed in a simple pair of bronze sandals which gave the outfit a subtle touch along with a few pieces of jewellery.



Oreane Richards

Oreane's outfit was very colour co-ordinated, using green as his feature colour with a touch of yellow which I thought looked really fresh, especially against his skin tone. He had a very casual look with sliders and a necklace but still used statement sunglasses to give him a 'wow' factor.



Vania Hendes

I thought this outfit was school cool. Vania definitely pulls off the double denim look, with a very on-trend light denim skirt and oversized denim jacket. She made this outfit even more bold with her choice of red top, handbag and lipstick. Overall a very retro look which I really liked.



Javier Gomez

Javier achieved a very stylish outfit with his floral print t-shirt and shorts. He then added bold shoes which I thought were one of the main features of the outfit which also matched his top. His choice to wear TOMS really made the outfit very summery and cool.



Grace Llyod

Grace stood out in her yellow bold branded Tommy Hilfiger Top. She offset this with a black denim skirt and a pair of black Nike Janoski, both fashionable and comfy. She wore several pieces of silver jewellery to take this look from sportswear to streetwear.

APPETITE

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Register today for your card at www.inndulgenceclub.com

Earn points every time you eat or drink at our pubs, bars & eateries. Redeem them for FREE food and drink on a future visit



Receive 25% off your food bill every Wednesday



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Be the first to see all our latest deals and offers



Register online now and we will credit you 500 points... that's £5 FREE for use on a future visit*



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MERMAIDS & UNICORNS

WORDS Hannah Carolan

While fashion trends seem to come and go with every passing season, staying ahead of the next big thing in the food world feels more like a game played by the second. Between the inventive minds of chefs, the availability of certain types of produce and celebrity endorsements for various diets and dishes, staying on-trend in the food industry can mean diving head-first into sugar coated, deep-fried foods one second and advocating for the consumption of nothing but kale juice the next.

Although it first crept on to our social media walls in late 2016, we have now officially hit the very peak of the unicorn/mermaid/neon trend – the trippy top of the rainbow where Katy Perry’s ‘California Gurls’ is stuck on repeat and the clouds are made of ice cream with a cotton candy topping. On Instagram, feeds are flooded with users showing off everything from their unicorn meringues (also unfortunately nicknamed “unicorn poo”) to their mermaid bagels, macaroons, grilled cheese sandwiches and neon sushi rolls.

With the trend showing no current signs of slowing down, my view is that if you can’t beat them, join them. It’ll be back to the raw coconut crisps and celery shots next month, so you may as well enjoy it whilst you can.

So, I hear you cry, how do I get on-board the neon trend train? Well, below are a few of my favourite recipes for both the health conscious and not so health conscious foodies, so there’s something for everyone to enjoy.

First-up: magical mermaid toast...

Ingredients:

100g soft cream cheese
1 tsp Bioglan Superfoods Tropical Spirulina (*available from most health food stores and online*)
One slice of your favourite bread

Optional: adding turmeric, beetroot juice or blueberry powder will create a rainbow of spreads.

Method:

1. Take three bowls and split the cream cheese equally between them.
2. In one bowl, add 1/4 tsp of Bioglan Superfoods Tropical Spirulina and mix together so it becomes a light turquoise.
3. In the second bowl, add the rest of the Bioglan Superfoods Tropical Spirulina and mix together until it becomes a darker turquoise.
4. Leave the third bowl natural, but make sure you give it a stir so it has a whipped texture.
5. Toast your slice of bread and once golden brown, smear on the cream cheese mixtures, making sure you use a combination of all three colours to get a mermaid effect.
6. Leave plain, or add on some toppings such as coconut, fruit and vegetable cut-out star shapes or if you’re feeling flush and fancy, some edible gold leaf.

Next up: Naughty
neon cake pops...



"We have now officially hit the very peak of the unicorn/mermaid/neon trend – the trippy top of the rainbow where Katy Perry's 'California Gurls' is stuck on repeat and the clouds are made of ice cream with a cotton candy topping."

Ingredients:

185g softened butter
185g caster sugar
275g plain flour
3 medium eggs, beaten
1 tsp baking powder
2-3 drops of lemon extract
Neon sugar (*Dr Oetker brand comes highly recommended*)
6 tbsp of vanilla buttercream
450g of fine cooks' white chocolate
Pack of 15 (20 cm) lolly sticks

Method:

1. Preheat the oven to 160°C (140°C Fan, 325°F, Gas Mark 3). Line an 11cm x 22cm loaf tin with baking parchment.
2. Cream the butter and sugar until light and fluffy. Add the eggs one at a time with a spoon of flour and mix well.
3. Add the rest of the flour and Baking Powder and mix until all of the ingredients are incorporated. Add a few drops of Sicilian Lemon Extract to taste.
4. Bake in the oven for 75-90 mins until firm to the touch. Remove from the tin, place on a cooling rack and cool completely.
5. Remove all of the outer surfaces of the cake to leave just the pale coloured cake and break into crumbs.
6. Mix the crumbs and the buttercream together to form balls – if they are a little crumbly add a little more buttercream. Roll into 14 balls and place on a tray, cover with cling film and chill for at least 30 minutes.
7. Melt the bars of Fine Cooks' Chocolate and dip a lolly stick into the melted chocolate to coat about 2cm of each stick. Gently push a stick into the centre of each cake ball.
8. Dip the ball into the melted chocolate, cover completely and roll in the neon sugar. Secure the stick into a block of polystyrene or florists oasis and allow them to set.



Don't fancy trying it yourself at home?

Pop in and see the lovely people at Moo in New Street, who supply the tastiest and healthiest brightly coloured bowls. My favourite is the blue bowl which comes loaded with blueberries, goji berries, coconut water, banana and bee pollen. The fresh raw dragon fruit and cashew cake will not only up your likes on Instagram, but is also made with the freshest ingredients for optimum nutrition.



Long weekend in London?

Pay a visit to the Meringue Girls at Broadway Market Mews to get your fix of edible unicorns and rainbow brownies. You can also take part in one of their meringue masterclasses, which were rated as one of London's best foodie masterclasses by the Evening Standard.



Holiday Down Under?

Black Star Pastry in Sydney has launched a new range of doughnuts that glow in the dark. The neon doughnuts are officially called 'glonuts' and are made using all natural ingredients. The doughnuts' icing is a yuzu glaze that gets it glows from Vitamin B, which is often used to create glow in the dark food. If there was ever an excuse to book a trip to Australia....

OH, I DO LIKE TO BE BESIDE THE SEASIDE



This year sees Le Braye celebrate their fifth birthday. Yes, fifth. Crazy huh? It's hard to remember a time when the southernmost of the beachside eateries along the Five Mile Road was less..er...polished? Long gone are the days when all you'd be able to get on a visit to Le Braye was a greasy fry up. Annie and Jolyon Baker have certainly brought with them a collection of new ingredients, both in terms of menu and the material nature of the venue. This summer sees them presenting, quite literally, a new direction - and it's beach-facing.

To celebrate their fifth year in business, the Bakers have invested in the fabric of the restaurant, enhancing the dining area inside through a relocation of the kitchen that has also enabled their pièce de résistance - a new elevated beach facing deck that offers uninterrupted views of Rocco Tower and St Ouen's Bay.

Enter at the front door and you'd be forgiven for not noticing the change right away. Walk further inside, however, and you'll notice that to the left, where the kitchen once sat, are an additional 16 seats in a fabulous new dining room. This space also provides access directly out onto their new raised outdoor terrace. Fear not group diners and dog lovers,

the large sand blasted tables and benches are still there too.

With twice the room to work with, staff are certainly enjoying their new kitchen workspace. With additional space and room to prepare, it has also meant things have changed for diners too. The team tell us that the introduction of induction hobs means that cooking at Le Braye is now both more environmentally friendly and healthier, thanks to a reduction in the amount of oil needed to cook.

The menu at La Braye has been strong from the get-go, with culinary variety for all manner of hungry beach lovers. It's one thing that they haven't changed a great deal, with firm favourites such as the darling





“ If you’re feeling a little more San Sebastian than St Ouen, sample their new selection of tapas and small plates accompanied by a glass of vino tinto - the beachside food of Spanish dreams.”

of the modern breakfast; Poached eggs, avocado and sourdough, currently hitting the spot. If you’re making a day of it, head to the beach for a run around or see Jersey Surf school on the slip for a quick lesson and then come back for lunch. Their excellent seafood specials include fish sourced locally, where possible, thanks to an excellent relationship with local fishermen. If you’re feeling a little more San Sebastian than St Ouen, sample their new selection of tapas and small plates accompanied by a glass of vino tinto - the beachside food of Spanish dreams.

Le Braye is very much a family affair with dishes being created in collaboration with their son Joe, chef at their sister restaurant, Number 10, in St Helier. The Pork Schnitzel, a new addition to the

menu, nods to Annie’s German heritage and features ‘Oma(Grandma) Ella’s potato salad recipe’. As we struggle to ponder Jersey’s association with Europe, La Braye offers up Spanish tapas, German Schnitzel and, to complete the Euro trinity, a great selection of French wines, chosen directly at vineyards. The family love to travel and explore, resulting in a varied wine list.

Whether it’s post sunrise snacks or pre sunset drinks, the newly developed La Braye is more formidable than ever in the Five Mile Road restaurant shortlist. If you’ve never paid them a visit then expect to find great food in an even more exceptional location, coupled with great design and friendly people who absolutely love what they do and where they do it.



**Le Braye, St Ouen’s Bay
Open 7 days a week.
www.lebraye.com
T 481395**



Guilt Free Chocolate Treats



From delicate truffles to crunchy chocolate biscuits, cocoa-centric treats are the ultimate guilty pleasure. While chocolate cakes, mousses and cheesecakes are common dinner party desserts, cooking with cocoa is notoriously tricky and remains a skill many of us are yet to fully master.

Fortunately, for those tired of reluctantly pouring away thick, lumpy bowls of chocolate, Ellen de Jager, head pastry chef at Michelin starred Bohemia Restaurant, is on hand to solve the cocoa-conundrum once and for all.

Here are Ellen's top tips for making your own chocolate creations at home and also a super simple recipe for a delicious, healthy, gluten-free chocolate cake - which includes no cream, butter or sugar but heaps of taste!

Start from scratch

To make your own raw chocolate, you'll need are grated cocoa butter, coconut oil, raw organic cocoa powder and agave syrup. Place the grated cocoa butter and coconut oil in a small, heat-safe bowl. Then place the bowl in a shallow pan containing a small amount of warm water stirring occasionally. Lastly, add the dry ingredients and place the chocolate in the freezer for 30 minutes.

Steer clear of the wooden spoon

As tempting as it may be, stay away from wooden spoons when stirring chocolate, as they retain odour and moisture which will ruin the chocolate. Seizing is a common problem when melting chocolate, so it's essential to eliminate any chance of the chocolate coming into contact with water.

Always make sure the bowls and utensils you use are perfectly dry.

Watch the clock

Timing is key when working with chocolate. Only leave it in the refrigerator until set - no longer as overly chilled chocolate can create problems. When removing your chocolate from the fridge, it's important to keep your hands off the surface as fingerprints can easily make a mark.

Method

- Sieve all of the dry ingredients together
- Whisk the eggs and add the maple syrup
- Blend the almond milk, dates, grated courgettes and olive oil together
- Melt the dark chocolate
- Add the dry ingredients to egg mixture to create a smooth batter
- Fold the almond milk mixture carefully into the batter and pour in the dark chocolate
- Preheat the oven to 160°C
- Pour the mixture into a lined tin
- Bake for 15 to 20 minutes for cupcakes and 40 to 50 minutes for a cake

For the icing

- Blend everything (except the dark chocolate) in a food processor
- Add the dark chocolate whilst blending
- Decorate, as you please!



For the guilt free chocolate cake mixture (To make 10 cupcakes or 1 small cake)

- 100g Ground almonds
- 45g Cocoa powder
- 5g Baking soda
- 5g Gluten free baking powder
- 3 Eggs
- 140g Maple syrup
- 200g Almond milk
- 200g Pitted dates
- 50g Grated courgette
- 200g Olive oil
- 150g Dark Chocolate

For the chocolate, avocado and date icing

- 2 Avocados
- 250g Dates
- 15g Cocoa powder
- 60g Maple syrup
- 350g Almond milk
- A pinch of salt
- 400g Melted dark chocolate



Al Fresco Flavours at Ormer

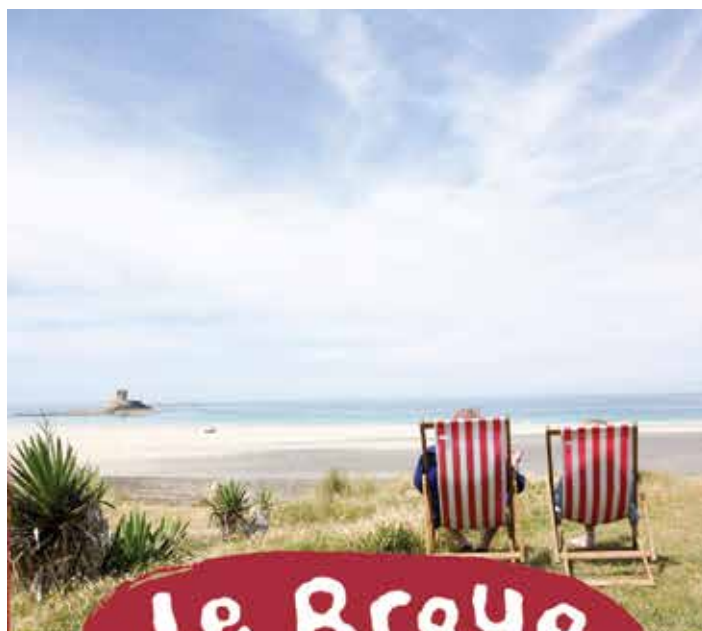
With its intimate setting and sumptuous furnishings, Ormer's Roof Garden allows guests to savour Michelin-starred menus and mouth-watering cocktails in relaxed luxury.

The idyllic setting is perfect for Saturday Brunch when you can welcome the weekend with an al fresco feast. From the classic Eggs Benedict and American Pancakes with peanut butter, banana, and salt caramel, to the signature Beef Tartare and Chorizo and Pork Pupusas. The brunch menu includes tasty classics and innovative treats to suit everyone's taste buds.

Alternatively, you can begin your evening with the new bar menu. Head Chef Lee Smith and the kitchen team have created an array of light bites and grazing platters that are perfect for sharing. From Royal Bay Oysters, to Crab Mornay and Loch Fyne Salmon, to the delicious Ploughman's platter.

For the perfect end to the week, make sure you book a table on the roof garden for 'Al Fresco Fridays'. Kicking off at 4PM every Friday, you can choose either a prosecco, champagne or craft beer table and receive a selection of complimentary flatbreads throughout the evening. Fresh mixes from the terrace DJ start at 5PM, making Ormer's Roof Garden a hot spot for summer vibes.

To book your experience on Ormer's roof garden, please call 01534 725100



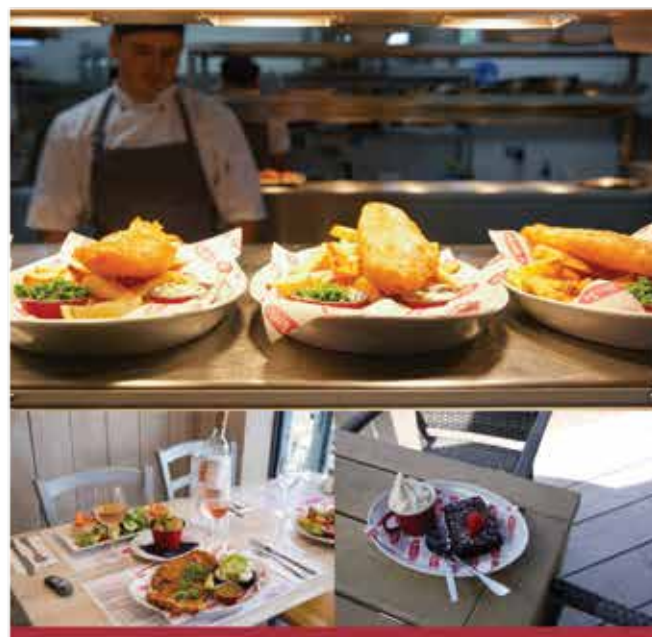
SUPER SUMMER AT LE BRAYE

Sit back relax, take in the view and enjoy our delicious menu

SUMMER OPENING HOURS

Monday to Saturday 9.00am to 8.30pm

Sunday 9.00am to 5.00pm



La Grande Route des Mielles
St Brelade, Jersey, JE3 8FN

01534 481395

lebraye.com



Chefspeak

You don't really get neon coloured food and if you do, it's probably full of additives and not the stuff most of our local chefs would be cooking! With our theme as 'neon' we therefore focused on colour and asked our chefs;

What is the most colourful dish you cook?



That's a hard question for me to answer because I'm colour blind! I'd have to say our ostrich dish; marinated ostrich fillet with creamed spinach, potato salad, apricot and pepper salsa and a peppadew sauce

BEDE CORR
The Lazin Lizard

The most colourful dish at the moment are our fabulous fish tacos! Crispy golden battered fish with bright purple red cabbage coleslaw, green avo and red chillies!

ANNIE BAKER
La Braye



The seafood platter as it has all the different colours from the 6 different fish.

ANDREW SODDY
L'Horizon



SUPER FOOD RAW SALAD. made with Avocado, home-made raw nut Cheeze, Raw crackers, fresh basil nut pesto, spiralised zucchini, spiralised carrot, sliced radish, fresh mixed leaves...

STEFAN VALKOV
Ransoms Tearooms & Restaurant

Roast Mediterranean vegetables served on a bed of homemade smoked hummus and jeweled cous cous with an aged balsamic and extra virgin olive oil drizzle.

PATRICK HOGGE
Cafe Connect at Highlands

Red mullet!

MARK TAFT
Sangria



Our Heritage tomato dish - it's a starter and it consists of 7 different tomatoes, with thai basil, basil mayonnaise and lobster foam.

NICOLAS VALMAGNA
Grand Jersey



'Cous Cous & Summer Squash Wrap' filled with spinach and moringa infused cous cous, roasted squash, baby spinach and guacamole.

SIMON MAGIRI
Bean Around the World

Passion-Fruit Tart, Lime Meringue, Vanilla Ice Cream (V)

CHRIS WITHAM
Tides Restaurant



Sous Vide Rump of Lamb Served Pink with Peas & Broad Beans, New Potatoes & Lamb Jus

RADU DAN
Merchant House

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PRACTICAL & Stylish

WORDS Sara Felton

This spacious six bedroom detached family home has been extended and refurbished to a very high specification by the current vendors. Standing on the north side of La Route du Francfief, Trelawney is surrounded by open fields, on a quiet country road, yet only minutes from the airport and St Ouen's Bay.





“Thanks to the clever use of glass throughout Trelawney, with higher than normal windows, this house is flooded with natural light throughout, making all the rooms bright and welcoming.”

The surrounding lanes take you with ease to the delightful village of St Aubin with its bustling shops, restaurants, and bars. And, furthermore, St George's school is less than a ten-minute drive, while to the east, town is just 15 minutes away. Thanks to the clever use of glass throughout Trelawney, with higher than normal windows, this house is flooded with natural light throughout, making all the rooms bright and welcoming. Bi-fold doors off the large open plan living area, give access to a huge paved terrace with steps down to the lawned garden and countryside beyond.

The house has been designed in such a way that it's easy to enter through either the more formal front entrance or through the back of the house where the large garage is situated. Either way, you are greeted by natural stone flooring and access to the rooms on the ground floor of the house. There are a number of reception rooms which lend themselves to a variety of versatile uses, all of them finished the very highest standard.

The stunning and spacious kitchen is contemporary in style and has been finished to the highest of standards, complete with NEFF appliances which include multiple ovens, a large full sized fridge, and separate freezer and that all important wine fridge. The central island is finished off with a natural wood breakfast bar, which offers not only a practical but a stylish addition to this already fantastic kitchen.

This space then further opens out into what is referred to in the details as a family room with direct access to the sun terrace and garden thanks to the installation of bi-fold doors. This is yet another of the versatile spaces which would be utilised however the new owner wishes, one thing is for certain though, this is the perfect space for entertaining friends and family. Off the kitchen, there is a large utility room and access back into the double garage and parking to the rear of the house.

...CONTINUED

...CONTINUED



“The property has been renovated to an incredibly high standard and decorated internally in a neutral palette that will enable the new owners to very easily add their own personality throughout.”

Moving up to the first floor you will find four large en suite double bedrooms, three of which have walk in wardrobes or dressing areas and, on the second floor, there are a further two bedrooms, one with a second area that could either be a large dressing room or study/storage area. These two rooms share a house shower room.

With oil fired underfloor heating and up to date levels of insulation, you can guarantee that Trelawney will stay warm and cozy whatever the season. And, in the large living area off the kitchen, there is a large Stovax studio wood burner, a stylish and practical addition for when the evenings become cooler.

The north wing of the property has the potential to be adapted in order to provide

secondary accommodation if required, making Trelawney the perfect two generation property. Currently, within this area, there is a generous double garage and a series of rooms which could easily become a cinema room or the perfect man den or even a sizeable home gym. There are also rooms here that would make very useful storage options too.

Trelawney is a conveniently located modern property within easy access to the beaches, restaurants, and amenities in St Brelade, St Aubin, Ouaisne and St Ouen. The property has been renovated to an incredibly high standard and decorated internally in a neutral palette that will enable the new owners to very easily add their own personality throughout. It's a must view for lovers of the western parishes.



Trelawney

St Brelade

£2,249,000

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FINISH YOUR HOME WITH AN AWARD WINNER

The inaugural Jersey Style Awards took place in late June at the Royal Jersey Showground, celebrating 'the best of living, working & visiting in Jersey'. From retailers and restaurateurs to sporting and stylists, Jerseys most notable were honoured by celebrity judges.

The "Tastemaker of the Year" award was rightfully picked up by Royal photographer Matt Porteous. It set out to honour an artist, musicians and designers whose unique and inspiring works have not only influenced the creative

scene in Jersey but far beyond. As this is our places section we thought we'd highlight two of the nominees whose work wouldn't look out of place in your home. Would they suit your house? You be the judge.

JASON BUTLER - ARTIST

Jason described Jerseys creative scene as developing, shifting, promising, exciting and unique, which if his work is anything to go by, we couldn't argue. As well as being a nominee at The Jersey Style Awards, Jason has also had his work accepted for various exhibitions in the UK including The BP Award at the National Portrait Gallery, London in 2002, 2004 & 2010. He was shortlisted for the BP Travel Award in 2010 and he has twice been commissioned by the States of Jersey to make paintings commemorating Royal visits and also painted Colin Powell OBE for Jersey Heritage in 2009.

Having studied at Bristol University for his Art Foundation Course and Cheltenham Art College for his degree in Fine Art he is now a professional painter focusing on the human figure influenced by the likes of Titian, Rembrandt, Velazquez and Goya. "My concept work explores the idea of how we live out our beliefs and ideas through various behaviours and actions. The work attempts to play with various ideas through the process of painting." Alongside his conceptual based work, Jason also accepts portrait commissions to bring an exceptionally unique piece of art to your home.



ABI OVERLAND- ILLUSTRATOR

Abi Overland Jersey is a dinnerware brand founded in 2015 by illustrator Abi Overland. Abi graduated with a BA (Hons) Illustration from the University of Brighton in 2014 and freelanced for a short while before embarking on her own business.

She specialises in drawing aggressively detailed images of natural and organic matter creating surreal and other-worldly landscapes to get lost in. The aim of the business was to create a range of intricately illustrated designs that are both contemporary and unique but still maintain a classic elegance. Her work would turn the dinner table into a gallery as it can be used for its function in its practical sense, but it seems almost criminal to us to eat off something so divine!

Hand crafted to the finest quality in Stoke-on-Trent, the historic English home of fine bone china, this collection of dinnerware and tea sets are screen-printed and hand decorated with Abi's delicate illustrations. Browse the sumptuous and exotic range of dinnerware and discover wonderfully unusual tabletop designs on her website at www.abioverland.com or visit by appointment at her studio in town at 3 New Street (through a secret door in the back of the mens clothes shop and up four flights of stairs!) Side Plates £40, Dinner Plates £45, Tea Cup and Saucer £50





Privileged position and breathtaking views

Elegant Penthouse, Gorey Harbour

Offering an enviable lifestyle in the heart of Gorey, built in 1992 and located in the East, in Gorey, with terrific 180 degree views out to sea up the Grouville coast and as far back as the harbour. The views can be appreciated from a large private balcony and also the large windows from the living space, kitchen and bedrooms.

Occupying an enviable and elevated location, within walking distance of Gorey harbour and its restaurants, Gorey Village shops, Common and Royal Jersey Golf Course. This prime site residence commands amazing sea and harbour views.

Penthouse D, La Colline Court is a third and fourth floor penthouse duplex apartment and is one of 14 luxury apartments. Accommodation comprises 3 bedrooms, 3 bathrooms, downstairs wc, large sitting room, separate dining room, study, walk in store room, good sized south west facing balcony off the living space, Approx 2605 sq ft.

There is a double garage (tandem style) with parking for 2 cars with store at the rear and it also benefits from ample visitor space and landscaped communal gardens.

Guide Price £2,150,000

Sara Kempster-Smyth
Savills Jersey
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The Jersey Market

The market remains steady, although some clients are concerned about the lack of choice in the three sectors of the market that generate the greatest activity: first time buyer flats, first time buyer houses and second time trade-ups to around £750,000.

Sellers tell us that they are frequently finding that asking prices are being met, whilst purchasers find that it is becoming difficult to negotiate a lower price, as demand is so high.

The final word comes from the professional valuers, who tell us that prices are just starting to rise, which is not surprising as demand begins to outstrip supply.

This is great news for existing property owners and investors.

Best Rates - Pick of the Bunch
(% loan to property value/price)

60%	Tracker	1.18%
60%	2 Year Fixed	1.14%
60%	5 Year Fixed	1.69%
85%	Tracker	1.84%
85%	3 Year Fixed	1.74%
85%	5 Year Fixed	2.14%
90%	Tracker	2.50%
90%	5 Year Fixed	2.74%
100%	5 Year Fixed	4.74%
60%	BTL 2 Year Fixed	1.69%
60%	BTL 5 Year Fixed	2.49%
60%	Interest Only Var.	2.24%

Rates correct as at 6th July 2017

BTL = Buy to let mortgage.

MORTGAGES IN JERSEY

There has been no change in the interest rates available from the leading lenders this month.

The media is full of stories about when base rate will rise following the results of the General Election and the move towards Brexit.

Looking behind the scenes, current indications suggest that a rise of perhaps 0.25% could occur in the next few months, although the economic scene, both in the UK and further afield is changing so rapidly that nothing is certain. Even the Bank of England is sending out mixed messages!

Our advice for this month continues to be to lock into a fixed rate for up to five years to avoid any unexpected rate increases in the next few years.

AND NOW FOR SOMETHING COMPLETELY DIFFERENT...

As the Island's economy improves, more people are showing interest in buying a holiday home in France, and it is surprising how little a good-sized family home with a swimming pool will cost.

Mortgage rates are very competitive, ranging from 1.85% to a maximum of 2.65% with innovative options to cap, or to fix, for terms up to 25 years.

Funding can also be arranged by way of equity release on a Jersey property, avoiding any worries about exchange rate fluctuations.

To be added to our monthly bulletin list please send your request to: kerrie@mortgageshop.je

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Finishing Touches

Each month we check out what the Islands interior and home suppliers have on offer so you can complete your interior with those 'finishing touches' that makes a house, your home. This month, our picks are inspired by our NEON theme, bringing vibrant accents, bright lights and an enhancing punch of colour onto the palette of your interior.



Barbantia Neon Pop Lid Bin
£67.65 Romerils Home Interiors

Neon Colour Changing Sign Box
£20 Paperchase



Millefiori Natural Home Scents
£17.95 de Gruchy



Seletti Linea Neon Fluorescent Lamp
£60 The Loving Chair Company



Rust-Oleum Neon Paints 0.125L
£4.09 each B&Q



Eeieio Colour Burst Butterfly Wall Panel
£119.95 Romerils Home Interiors



Joseph Joseph Nest 9 Plus Kitchen Set
£33 Voisins



Neon Multicolour Light Shade
£20 B&Q



Seletti I-WARES I Mug
£20 each The Loving Chair Company



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FEATURED SELECTION

St Helier £245,000



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Free parking space for 1 year
Direct access to the beach
No onward chain
Approx 476 sq ft

01534 722227



St Helier £425,000



3 bed 1 bath 1 car ✗

Terraced house
Enclosed sun trap garden
Short walk to town
Double glazed
Large loft adds potential

01534 880544



St Lawrence £750,000



3 bed 2 bath 2 car ✓

Beautifully presented throughout
New kitchen and bathroom
Separate utility room
Enclosed garden
Close to the beach

01534 722227



St Clement £890,000



4 bed 3 bath 3 car ✓

Spacious family home
Bespoke David Hick kitchen family room
Large living room with wood burner
Study / playroom and cloakroom
Sunny South facing garden

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St Peter £935,000



5 bed 3 bath 3 car ✓

Oozing character and charm
Set in a small country hamlet
Spacious receptions
Possible two Generation
Overlooking National Trust woodland

01534 737293



Grouville £975,000



4 bed 3 bath 3 car ✓

Large detached family home
Good sized sitting/dining room
Spacious kitchen/breakfast room
Generous sized garden & patio
Exclusive close with access to beach

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property views on the island's no. 1 property platform in 2016.



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JERSEY'S SPECIALIST PROPERTY MAGAZINE & PORTAL

* technically a property page view so it's an average. No one wants 0.19 of a house.

Interior News



Cloth & Clay make incredibly cool bed linen. Their intention is to create art - and that is what they do - their designs are simply beautiful. They create bed linen like you've never seen before, each piece is a

statement and can transform the look of a whole room.

Vibrant yet timeless, the Cloth & Clay ranges are curated by a collection of artists

around the world. It's current, it's modern and it's something very different.

If you'd like to get your hands on some pieces head to deGruchy to see their range.



Colour of the moment - GREY

Much more gentle than the monochrome madness which swept the world of interiors in 2016, grey, in all its different guises, from gentle country 'paris grey' to hard deep 'cobalt grey', is the colour of the moment, and we're loving it.

A brand that has always had its finger firmly on the fashion pulse, BoConcept, is a champion of grey, which works so well with their modern furniture design.

Their Osaka sofa pictured here shows how even a hard grey can work beautifully in a light room and will act as the perfect backdrop for pops of softer colours.

The softer grey Adelaide chairs compliment the glass and wood combination of the Monza table with a palette that works just as well by the seaside as it would in a city apartment.

So don't dismiss this versatile colour that has the most amazing range, from a nursery to a study grey is a colour which can bring your home together.

BoConcept is available from Beaumont Home Centre where their lovely, recently refurbished, showroom is now full of brand new BoConcept products.



Trend spot; galvanized planters

Planters in this material have a distinctive industrial aesthetic with a bright and metallic silver-grey, with a slight shimmer from variations in the surface shading.

Often they are immersed in a molten zinc bath, giving significantly enhanced corrosion protection so they are great for both indoor and outdoor use.

Planters pictured are from a selection from NotOnTheHighstreet.com





BUSINESS

Business News

EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



COLLAS CRILL TAKES HOME TWO BRAND AWARDS

Collas Crill took home two awards at the Citywealth Brand Management and Reputation Awards; 'Marketing/Business Development Team of the Year' and 'Best Social Media Marketing Campaign'. The firm was also shortlisted for 'Brand of the Year'. The awards were judged by a panel of marketing, business development and PR practitioners from across the private wealth industry. Additionally, members of the public contributed through an online vote that carried the weight of one additional judge. Collas Crill's chief business development & marketing officer, Iain Beresford, said: "This is great news for our team and for our brand. Our business development and marketing team has been instrumental in creating the right brand, values, culture and underlying operational model to contribute to the delivery the significant growth that the firm has experienced. We recognise that our brand is a promise to our clients and needs to be supported by a strong operational model which focuses on delivering an exceptional client experience."



LOOKING FOR A LONDON WINDMILL

The world-renowned Channel Island-based jewellery company, Catherine Best, will be opening its first store beyond the Islands in Mayfair this year. Whilst their clients are already global, the move will integrate the business into a new market, bring fresh opportunities for the company, and place it in a prestigious location in close shopping-proximity to some of the world's most famous jewellery brands. The expansion was assisted by HSBC, who provided the lending facilities for the expansion. The business was founded over 20 years ago by jewellery designer Catherine Best. Having started out selling her designs at craft fairs, she eventually bought her Guernsey studio, The Mill, and then the Jersey studio at The Windmill. In 2012, Catherine was accepted as a Fellow of the Institute of Professional Goldsmiths. Our Island locations are both within amazing windmills. We're not sure how many there are in Mayfair...

LOCAL TRAVEL AGENT PICKS UP 2 UK AWARDS

In the last two months, locally based Personal Travel Agent, Dani Jewell, has recently won two UK National Awards within the travel industry. The first was presented to her in Spain at the Midcounties Co-operative's annual conference in May. Operating in Jersey, Dani is the agent for the ABTA & ATOL bonded Midcounties Group, which is the largest independent co-operative in the UK. The award was for recognition of the volume of business within the luxury holiday market. The second was presented to her at the Mar Hall Hotel on the banks of the Clyde in Scotland last week, and this was presented by the luxury tour operator "If Only..." This again was a Company National award and was in recognition for being their best performing home based agent in the UK. Commenting on her achievements, Dani, said: "I am delighted and proud to receive both awards. I set up my business in 2009 as I wanted to offer the residents of Jersey a truly personal, professional and dedicated travel service, which I think is essential and deserved when clients are planning luxury trips."



PIPPA LAUNCHES JERSEY'S FIRST LEAN IN CIRCLE

Pippa Davidson, Head of Funds at Fairway Group and this year's IoD Young Director of the Year, is launching Jersey's first Lean In circle to support women in business. The initiative was founded after the success of Sheryl Sandberg's book 'Lean in: Women, Work and the Will to Lead', a bestseller which has sold more than one million copies and, since its launch in 2013, has seen 33,000 lean in circles set up in over 150 countries. The circles concept was created to provide women with a forum to support each other in fulfilling their ambitions. Regular meetings are held to encourage members to take on new challenges and opportunities and to step outside their comfort zones. The first event took place last month at CCA Galleries.



THE ATLANTIC; 'HOME FROM HOME' HOTEL

The Atlantic Hotel has been named 'Home from Home' hotel of the year in the National Geographic Traveller's inaugural Big Sleep Awards 2017. The Atlantic, which is one of just four hotels in the British Isles to feature in these prestigious awards, is described as having 'breathtaking views and being the perfect choice for a relaxing break'. Winners are selected with the help of readers and a panel of judges, including freelance travel writer Julia Buckley, Tom Chesshyre, travel writer for The Times, Pippa Jacks, group editor of Travel Trade Gazette, James and Tamara Lohan, founders of Mr & Mrs Smith, along with other high profile travel experts. The awards recognise hotels in 20 categories and focus on a range of aspects including service, food, design and value for money. Readers described The Atlantic Hotel as having a superb cliff-top location overlooking a five-mile sandy beach. The personal levels of service also caught the attention of visitors. 'Waking up to the sound of waves and far-stretching views over the island was magical,' said one.



NATWEST INTERNATIONAL STRENGTHENS

NatWest International has recently strengthened its Wealth Office team through two senior banking appointments. Marcus Nobes and Tina Carter, both local to Jersey, have been recruited from the Bank's Financial and Corporate Services team, where each managed a portfolio of local regulated trust and intermediary clients. Marcus has worked for RBS International for nearly 30 years and has extensive experience in relationship management. In addition to working for the Financial and Corporate Services team, Marcus managed a portfolio of NatWest Premium Banking clients as well as holding the position of Branch Manager. Tina, who has 13 years' experience as a Relationship Manager, worked for Standard Chartered Bank for 20 years, where she built up a strong and comprehensive knowledge of banking. She joined RBS International in 2014. The NatWest International Wealth Office was established in 2013 in recognition of the Bank's wish to provide a highly-personalised service to its local high net worth customers. In addition to the traditional banking facilities associated with a High-Street Bank – transactional banking through a range of current and savings accounts – the team also offers flexible mortgages to meet the changing needs of its clients.



HUBA HUBA

Tom Le Sueur and Sam Bullock of Snapje, and Tim McGuinness and Ben Le Brocq of Virtual Reality Jersey are the winning entrepreneurs in a competition organised by Digital Jersey, in association with NatWest International. Their prize is a year's small business membership and a workspace at the Hub. The two emerging businesses will be able to take advantage of the facilities available to members including dedicated desk space. Additionally, the winners will receive financial mentoring from the team at NatWest International, who work closely with many local businesses across the Island. All entrants to the competition submitted a two-page business plan. Short-listed entrants were then interviewed by a judging panel, before the winners were selected. Snapje is a creative agency providing digital design and marketing services. Virtual Reality Jersey is at the cutting edge of IT, providing virtual reality entertainment and experiences to private individuals, companies, schools, healthcare and more.

SURE CUSTOMER SERVICE AWARDS - NOMINATE NOW!

The awards are now in their seventh year and reward exceptional customer service across a variety of sectors in the island. A ceremony will be held at the Radisson Hotel to announce the winners on Thursday 5 October, during National Customer Service week.

This year sees the introduction of a trophy in honour of the local telecoms company's late CEO Eddie Saints, who died suddenly earlier this year, which will celebrate entrepreneurship. The award will be presented to an individual who has shown initiative and been proactive in developing and implementing new ideas relating to the delivery of customer service in their organisation. Mr Saints was a keen supporter of entrepreneurial spirit and Sure has supported this with its academy programme, which provides a route into the telecoms industry for school-leavers. The 2017 awards are comprised of 12 categories covering multiple business sectors. The categories are: aspiring star (under 25), self-employed, best team, overall customer experience, States employee, humble volunteer (charitable/caring), best service at a visitor attraction, food/hospitality award, best service in tourism, innovation in customer service, best use of social media and the new entrepreneurial spirit category. One overall winner is then selected from the 12 category winners for the overall customer service award.

Sure chief customer officer Charlotte Dunsterville, said: "Eddie was an inspirational leader in our business and we wanted to honour him at the 2017 Customer Service Awards as he was so supportive of the awards. "The addition of the entrepreneurial spirit award in his memory is a great tribute as Eddie was passionate about entrepreneurialism and developing ideas to improve and grow our business. Rewarding those who are innovative and really go the extra mile with a can-do attitude to offer a great customer experience, which is vital for business success, is very appropriate." Nominations for the 2017 Jersey Customer Service Awards are open until Friday 8 September. Nominate online at www.thecustomerserviceawards.com



Email your news to business@gallery.je

Business Leaders Profile

The Don of Hyundai - Nigel Harrington

How did the business man go from flower salesman in East London to franchise owner of one of the worlds biggest car brands?



Nigel, you've worked your way to a successful career, but how did it all start for you?

It started many many years ago with a trip over to Jersey to visit my parents and I loved it here so much that I never left! I found myself a job working for Derek Warwick at his garage and learnt everything I needed to know about the industry over the 15 years of my employment there.

So what was a big pivotal point in your career?

I was poached by Jacksons to set up Motor Mall which I enjoyed for a few years but decided that being your own boss seemed like an even better gig. I started working for myself and dealing from home and then in 2007, I moved out of home office into a garage when the Hyundai franchise became available.

How did you come about winning the tender?

I heard that the franchise for Hyundai was up in Jersey and I knew I had to go for it. The brand has come a long way in the last decade, consistently upping their game by offering new vehicles and refreshing existing models. I was up against some stiff competition but gunned for it and won in 2010.

What's your favourite model in the showroom at the moment?

Hyundai I10 (retailing at £8,995) as not only do I think its the best car for driving in Jersey, but its also won car of the year for 4 years and that's pretty unarguable. Hyundai have just taken two Audi designers and one from BMW so I think there are going to be some exciting new models to look out for.

What would your advice be to a young person wishing to start out?

Work really hard and have focus on what it is you want to achieve. Derek Warwick steered me in the right direction because I was driven, I asked questions, asked for advise and listened to his industry knowledge and expertise. We are with the Trackers and Back To Work Scheme;

"Work really hard and have focus on what it is you want to achieve. Derek Warwick steered me in the right direction because I was driven, I asked questions, asked for advise and listened to his industry knowledge and expertise."

Other than Hyundai sales, what do you offer at your Cheapside garage and showroom?

Anything automotive we take care of it. Reason being, our cars are so reliable that we are available to open our services up to other brands for services, valets and repairs.

You see a lot of return clients, what's the secret?

There's no secret. We are simply honest, consistent and reliable; I've had some of the same mechanics and employees with me from the very beginning. Customer service at Hyundai is rated as one of the top in dealers across the UK, with 100% satisfaction on service and sales.

taking individuals on who want to get into mechanics and car sales because we believe in helping people start out too.

And finally, when you're not wheelin' and dealin' where will we find you?

Spending time with my lovely wife Rebecca and my beautiful babies.

A photograph of two men standing in a field. The man on the left is wearing a blue blazer, grey trousers, and black rubber boots. The man on the right is wearing a dark puffer vest over a grey shirt and blue jeans. They are both looking at each other. In the background, there is a red potato harrow and a wooden basket filled with potatoes. The scene is outdoors with trees and a building in the distance.

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BUSINESS FINANCE

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RELATIVE VALUES

Neon is our theme this month, it was one we chose back in the dark days of December when we were longing for bright summery days. It was that same bright association that inspired two ladies when naming their two very different businesses here in Jersey.

Victoria Queree, owner of Neon Salon and School wanted a name that people immediately associate with colour and could work for both parts of her business; a hairdressing salon and training school. The business was launched in 2016 and she is now training her "NEON" students and developing a new generation of hairdressers, they're all bright young things!

Charlotte Gill, digital director at Neon Daisy likes to use marketing techniques that will make her clients stand out from their competitors. To align with her vision for her clients she chose a daisy combined with the neon to represent a classic flower that stands out from others to align with her business goals.

Charlotte Gill

Digital Director, Neon Daisy

Victoria Queree

Owner, Neon Salon and School

Freshly cooked bread	Favourite smell	Issey Miyake perfume
My iPhone	Favourite possession	A bracelet from a little shop in Brighton that has my daughters name engraved on it
Probably the field where I keep my horses	Favourite place in the world	Whistler in Canada
Yellow. I love the bright happy vibes associated with it	Favourite colour	Purple
This was the toughest one as I love most animals but my favourite would have to be horses, and particularly mine!	Favourite animal	Monkey
It would involve a glass of wine (or three), brunch with my friends, spending time with my family and bingeing on a Netflix documentary on a Sunday evening	Favourite way to spend a weekend	Exploring with family and friends, all play no work!
Robin Bay in Grouville	Favourite Jersey Beach	St Ouens
Any type of Chocolate	Favourite Food	Anything Italian
Mint Chocolate chip	Favourite Ice cream flavour	Raspberry & Mascarpone
I really enjoy going to Five Oaks restaurant	Favourite restaurant	Breakfast - Coleen's. Lunch - El Tico. Dinner - Salty Dog
Horse riding	Favourite Pastime	Reading, geeky I know
Love Actually	Favourite film	Pulp Fiction
I Hope They Serve Beer In Hell by Tucker Max	Favourite book	Too many to mention, currently reading Alexandra Shulman's Inside Vogue
I'd have to say Freddie Le Grand Put your Hands up for Detroit as it reminds me of lots of happy memories	Favourite song	Depends on the day, today Marvin Gaye - Got to give it up
My Grandmother	Favourite Person	My daughter Poppy Matilda
JK Rowling. I'm a big Harry Potter fan	Favourite celebrity	I can't say I have a favourite...



Charlotte Gill

Victoria Queree



Meet the Team Shawbrook International

Lending with logic.



2017 has been a busy year for the team at Shawbrook. They hit the ground running in January as our local subsidiary of 'challenger bank' Shawbrook Bank. What is a challenger bank? Since the 2008 crash, traditional banks have had a tough time. Asking all your customers for their personal information or monthly spending habits for the tenth time and annoying them has had forward thinking consumers looking at different sources of lending. This environment has allowed new smaller, modern banks to grow into the space, without the legacy challenges that traditional banks have had to overcome. More agile and able to adapt to the needs of the consumer, it's shaking up the environment for both consumers and businesses looking for financial services.

Ironically, as Adam Dawson of Shawbrook tells us it "...makes us behave more like an old bank - built more as a 'storybook' lender that listens to a customer or business and gets to know them" rather than relying on boxes on forms or computer algorithms to assess whether you're a worthy person to lend to. This approach enables Shawbrook to make decisions and use knowledge locally, with an understanding of you and island life, without having to explain it and meet the criteria of a big bank off-island. Shawbrook are a specialist lender for both consumers and businesses and they understand and structure repayments and finance outside of the traditional monthly repayment model too. With clients in the farming industry affected by seasonal income, their finance model can adapt to accommodate them with repayments seasonally. They use the same understanding approach to the consumer market too. This month we meet the team that they have in place to help you;

The Shawbrook Team: Above from left

Claire Dempsey

SALES SUPPORT MANAGER

Claire joined Shawbrook having spent a long career in banking with both banks and specialist finance providers in Jersey. Claire manages our day to day client liaison, ensuring our team provides quick and efficient service for our clients. Outside of her career, Claire loves to travel, having trekked across the Himalayas and also slept on the ice in Antarctica.

Ben Davis

CLIENT RELATIONSHIP MANAGER

Ben joined Shawbrook International Limited in early 2017, bringing with him 9 years of experience in the finance and lending sectors in Jersey. He started as an account manager in 2007 and has spent the last decade building his expertise and network. When he is not helping businesses with their finance requirements or individuals find the right personal loan, Ben is a dab hand in the kitchen and in the boxing ring.

Andrew MacDonald

BUSINESS DEVELOPMENT MANAGER

Andrew brings 10 years of finance industry experience to Shawbrook International, ranging from real estate administration to private equity, banking to corporate finance. With a preference for working in fast paced environments, Andrew's well placed to deliver on our commitment to quick, thoughtful decision making. ICSA qualified, Andrew's expertise and experience brings further strength to the Shawbrook International team.

Adam Dawson

MANAGING DIRECTOR

Adam joined in 2016 to set up and manage Shawbrook International Limited. Prior to this, Adam spent 7 years building and managing a significant finance house for an established group, after working for 10 years as a Management Consultant where he worked across all areas of Financial Services. Adam is an experienced business leader with a strong focus on specialist lending in the Consumer and SME space. He holds an MA in Leadership from Exeter University, where he also mentors first year undergraduates. A resident in Jersey, Adam juggles work with a busy family life and marathon running.

Christian Henderson-Bell

CREDIT MANAGER

Christian is a highly experienced credit professional, having managed credit facilities for unsecured, secured, motor and asset finance business. Previously Christian worked as a Credit Manager for 7 years. He also has extensive knowledge of the Mortgage industry and holds a professional qualification in CeMAP (Certificate in Mortgage Advice and Practice). In his spare time, Christian enjoys spending time with his family and playing football.

With approachability as a core facet of their operation, Shawbrook championed 'Coffee with Ben' for those that would like to discuss their requirements, allowing potential customers to meet them for a coffee. This approach enables prospective clients to get a sense of how Shawbrook's approach could fit where other forms of financing from other providers hasn't been able to fit. If you're keen, search #coffeewithben

learn more about Shawbrook at
shawbrookinternational.com

Top 10 interview fails

Top 10 Interview fails

Park help to coordinate interviews with employers in Jersey on a daily basis so we are in the know of their main interview bugbears. So, land the job you want by avoiding these all too common interview faux pas!

1

Lack of preparation

You must read the job description; check out the company website & LinkedIn profiles of the interviewers. Think about why you want to work for the organisation and how your skills and experience match their vacancy.

2

Zero enthusiasm

Interviewers love enthusiastic people. They love them because they convey a sense that they will go the extra mile to excel in the role. A lack of enthusiasm can often be seen as a lack of interest which is a deal breaker. So, be positive and prove that you want and are the right person for the job.

3

Not providing specific examples

It's easy to say that you can do the job, but employers want you to provide clear examples of when you have demonstrated the skills or behaviours required to fulfil the role instead of making vague claims. Practice your answers in advance and use 'I' not 'we' wherever possible.

4

Bad mouthing former colleagues & employees

Nobody wants to work with a complainer or a backstabber. Never criticise a previous manager, colleague or employer. Aim to give the impression of a capable, team-playing professional who would fit in and not be difficult to manage.

5

Dressing inappropriately

Always err on the side of caution. Leggings, jeggings and flip-flops are not acceptable ladies even if you have a dress down day at work and guys should always wear a jacket, which can be taken off once you have greeted the interviewer.

6

Failing to ask any questions

Ask intelligent questions at the interview to clarify your responsibilities and to show that you're someone who wants to make an impact. Ask about short and long-term priorities and how the role affects the organisation as a whole.

7

Appearing arrogant

Arrogance is not the same as confidence. While confidence is appreciated and received well by interviewers, arrogance serves as a turnoff. Remember the interviewer is evaluating you as a potential co-worker. Behave like someone you would want to work with.

8

Winging the interview

If you haven't prepared and don't even know which role you are interviewing for, don't bother showing up as it's a waste of everyone's time.

9

Failure to talk through your CV!

You should know your CV inside out and be able to talk through it with ease. Remember to explain any gaps in employment, drill down on previous roles and responsibilities relevant to the post you are applying for and most importantly highlight your achievements, these can be both in and out of the workplace.

10

Poor body language!

Greet the interviewer with a smile, no need for a hug or air kisses but make eye contact and offer a firm handshake when you arrive. Then sit upright during the interview, don't slouch or fidget.

A few final words from the team..

Don't bomb the weakness question and ensure you know your strengths. 'I am a perfectionist' or 'I work too hard' are cliché answers; think harder! Don't mention salary in the 1st interview and always ensure your phone is on silent. Finally- Relax and try to enjoy the experience, this is your time to shine...Good luck! Work happy :)

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Work Happy :)

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NEW CREATIVE HEAD AT WEBREALITY

Jersey-based digital agency Webreality has appointed London agency veteran Richard Hardy as its Creative Director. In this new role, Richard will be responsible for ensuring that Webreality's client work is of the highest standard across all aspects of creative output, including web and application design, brand development, and content production. Richard, who was born and educated in Jersey, has worked at Webreality since September 2015, when he returned to the island with his young family after 20 years living and working in the UK. Richard spent eight years in London design and digital agencies managing creative teams on projects for clients including Vodafone, Sony, Channel 4 and the BBC, and compiling an impressive list of awards, including two BAFTAs. In 2009 he joined The Guardian's digital production team as a producer. During his three years there he directed substantial projects for clients including EDF Energy, The Wellcome Trust and the British Council. For the next three years he ran his own furniture design and manufacture business in Somerset. Since joining Webreality as Digital Marketing Manager in September 2015, he has led the team through some of its most ambitious and successful projects to date. These have included the redesign of the Seymour Hotels suite of websites, the redevelopment of the online booking user experience for Les Ormes' self-catering resort, and the creation of a completely new brand for Royal Haslar, a large real estate development in Hampshire by Irish developers Harcourt.



BENNIE BURGER; NEW GROUP PARTNER AT HATSTONE

Hatstone have appointed Bennie Burger to Group Partner in their Jersey office. Bennie specialises in corporate and commercial, private wealth, trust law, banking and finance, and alternative dispute resolution. Bennie is admitted to practise as a solicitor in England & Wales, Anguilla in the British West Indies and as an attorney in South Africa with higher rights. He has significant experience in cross border acquisitions, dispositions, joint ventures and financing transactions and advises a wide range of companies, banks and private clients. In addition to his transactional practice, Bennie advises boards of directors and senior management on a broad range of governance, compliance, and other sensitive matters. He also works closely with top law firms in London, the British Virgin Islands, Mauritius, South Africa and Botswana.



VIBERTS PROMOTES WITHIN ITS FAMILY LAW TEAM

Viberts has promoted Barbara Littler to Associate in the family law department. Barbara joined Viberts in 2012 and qualified as an English Solicitor in 2015. She advises on finances, both in a matrimonial context and between un-married ex-partners, and has experience in matters involving European legislation such as the Hague Convention in contested child custody matters relating to the retention and removal of children. Barbara also advises on other areas of family law, including private law children work such as disputes relating to residence, contact and parental responsibility.



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We're backing local business

Take it to the next level with an affordable, easy, fee-free business loan

Take your business to the next level with easy, affordable, fee-free finance. We're committed to lending £9 million in 2017 to support local businesses in Jersey. Our Relationship Managers, with local knowledge and expertise, are ready to discuss how we can work together to achieve your business ambitions.

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BRIG-Y-DON CHILDREN'S CHARITY APPOINTS ITS FIRST CHIEF EXECUTIVE

Steve Harvey, a previous Chief Executive of Jersey Hospice Care, has been appointed as Brig-y-Don Children's Charity first chief executive. Steve has worked in roles spanning the health, education and charity sectors as well as serving in a voluntary capacity for numerous not-for-profit organisations. The long established local charity Brig-y-Don Children's Charity uses its funds to buy goods, services and life-enhancing experiences to improve the lives of children and young people in residential care in Jersey. It continues to help when, as young adults, residents leave care to live independently in the wider community, by for example, sponsoring further education and items to promote independence; by so doing the charity seeks to encourage self-sufficiency. Steve will manage the charity's staff and volunteers, help the charity to further raise awareness of its work and develop effective working partnerships, as well as working with the Board of Trustees to ensure the continued success of Brig-y-Don Children's Charity.



NEW HEAD OF RETAIL BANKING AND WEALTH MANAGEMENT AT HSBC

HSBC has appointed Chris Langford as Head of Retail Banking and Wealth Management in Jersey, to oversee the Bank's branch network and lead its Premier, wealth and mortgage teams in Jersey. In Chris' new role, he will draw on his over 20 years' experience in the financial services industry to ensure that the best service and solutions will be delivered to the Bank's local customers. Prior to taking up his role in Jersey, Chris was Area Director for HSBC UK covering numerous parts of the country including Dorset, Wiltshire and Southampton. Having started his career with Prudential Assurance in 1994, he subsequently worked for a number of wealth management and banking organisations both in the UK and Europe, including two years in Luxembourg. Before joining HSBC in 2011, Chris held a director position at Nationwide Building Society with responsibilities spanning across the south of England. In his spare time, Chris is a keen cyclist and rugby fan, and has already joined a cycling club since moving to the island, and regularly attends Jersey Rugby Club matches.



SHINING STARS

Estera has strengthened its Jersey team with several key appointments. Melanie McEnery, who has worked for Estera since 2006, has been promoted from Client Director to Executive Director. Her principal focus is the management of the Jersey office along with global operational projects; she also provides director services to client structures across services lines within the Jersey office. In addition to Melanie's promotion, Hannah Le Claire and Luke Philpott have been appointed as Administrators and Peter Neuschaffer has been promoted to Senior Manager of Data Management and IT Solutions. These changes, coupled with several other promotions recently announced across the Estera group, underline the firm's commitment to employee development and the provision of excellent service to clients.



• THE • Genuine Articles

Genuine Jersey sponsors help Jersey shine

Genuine Jersey looks to shine a light on local talent, showcasing the best produce and products the island has to offer. So who better to partner this community through sponsorship than Signtech, the island's largest visual communications company. As a local business that started out as one man's vision, Signtech understands the importance of guidance and backing from the local community when first starting out. Here's why supporting Genuine Jersey gives its sponsors that warm and fuzzy glow inside.

The work of Genuine Jersey is of huge importance to its members, providing small businesses with a platform to launch their produce and increasing their chances of success. Their continued efforts are in part down to the support of Genuine Jersey's sponsor members to whom they are hugely grateful. The organisation opened up membership to sponsors in 2010 to allow businesses that wouldn't normally meet the qualifying criteria access to the community and to display the Genuine Jersey sponsor mark with pride. The organisation now has 11 sponsors, including Jersey Electricity, Parslows and Normans.

Signtech is just one of a growing number of firms backing the producer's organisation as a way of giving something

back to the Island. As sign makers providing services from design to print, manufacture and installation, creativity is at the heart of what they do and they felt naturally aligned to the Genuine Jersey brand. Signtech Managing Director Sean Guegan said: "We are inspired by innovative ideas and the possibilities that exist when local economies develop and

"The work of Genuine Jersey is of huge importance to its members, providing small businesses with a platform to launch their produce and increasing their chances of success."

thrive. Loving local events, such as Simply Christmas, Spice and Skipton Open Studios, becoming a sponsor seemed a logical step to become more involved and support the organisation."

With Genuine Jersey's robust charter and strong management committee, sponsors can be assured that their contributions go directly where they are needed most: championing local growth, sustainability and innovation. Businesses can use the distinctive Genuine Jersey sponsor mark, which is widely recognised as a hallmark of local quality, in their branding. The mark acknowledges the part sponsors play

to support local jobs, boost the Island's economy and embrace seasonality. Public relations agency Direct Input is Genuine Jersey's longest running sponsor, having supported them since 2010. James Filleul, its Managing Director, said: "Genuine Jersey have a long-standing track record of celebrating local producers and their success. We are so happy to be part of an organisation that is very much part of the fabric of our island."

Financial support is not the only route to becoming a sponsor as many businesses opt to donate services directly to events or Genuine Jersey members, such as Islands Insurance and Webreality. Genuine Jersey Chief Executive John Garton said: "The contribution from sponsors, in whatever form it is given, helps us to develop the Genuine Jersey brand, which is now a byword for the best that the island has to offer. It allows us greater reach with which to promote brands both within Jersey and on an international platform. It really is a celebration about all that is great in Jersey!"

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3 NEW FACES IN CASH MANAGEMENT AT BARCLAYS

Jed Jeffries, Leigh Wade and Lynne-Marie Rudd have joined Barclays cash and liquidity team to advise clients on the most appropriate solutions for cash and liquidity management and foreign exchange. Jed has joined Barclays in Guernsey having previously worked as a manager in FX sales and treasury management with HSBC in London and the Cayman Islands. Leigh has worked for Barclays for over 12 years, mostly with fiduciaries and international trading corporates across Treasury and FX markets. He has joined the team in Jersey and will support the fund administration and fiduciary sector to help improve operational efficiency and financial risk management. Leigh holds several relevant qualifications including a Certificate in Derivatives, Investment Management Certificate, Certificate for Private Client Investment Advice and Management (PCIAM) and he is working towards his Certificate in International Cash Management this year. In her new role with Barclays in Jersey, Lynne-Marie will be working with corporate and family office clients. She holds the ACT Certificate in International Cash Management and has worked in a number of cash management roles with Barclays Corporate Banking in the UK as well as HSBC in New York and London and has more than 14 years' experience in the industry.



TRIPLE THREAT AT JTC

Three private wealth professionals within JTC's Fiduciary Services division have been recognised as rising stars of the future in a list recently published by leading wealth management publication Citywealth. The Citywealth 2017 Future Leaders 100 List has named Jersey-based Darren English, Director, Paulina Harvey, Manager, and Karen Burton, Manager, within the 100-strong list of wealth professionals based across the UK, Europe, Crown Dependencies and Overseas Territories. Now in its third year, the List recognises rising stars under 40 in the private wealth industry and their commitment to their profession, and is created based on extensive editorial research, as well as recommendation from industry peers and clients.



ROBERT LUCAS TO ZEDRA

Zedra has hired a new Head of Funds Jersey to join the expanding team. Robert Lucas, who comes to the firm with over 16 years experience, has worked across a wide range of Trust, Fund Administrators, Corporate Funds and Private Equity firms, affording him a wealth of industry knowledge and understanding needed to build success and maintain company growth. In his previous experience before joining, Robert served as the Head of Fund and Corporate Services for a Jersey based provider for five years, and prior to that, for six years Robert served as a Director of a Global Fund Administrator and custodian heading up their Real Estate and Infrastructure Fund Administration Business. Robert has also served as a Private Equity Fund accountant in the Cayman Islands, and spent two years as a Trust Officer in his earlier career in Jersey. He trained to be a Chartered Accountant in England qualifying in 2001. Robert is a fellow of the Institute of Chartered Accountants in England and Wales who has more than 15 years' of wide ranging offshore fund and trust experience in both Jersey and the Cayman Islands.



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HARDWARE

NEON OR NEOFF?

WORDS Laura Morel

There's been a lot of buzz lately about turning off your buzz. Escaping from the world of technology for a defined period to re-connect with the physical world around you. Detoxes are no longer limited to fruit juices and colonic irrigation, now to fully recharge we are led to believe that you must be prepared to pull the plug. As if living in Jersey doesn't make you feel cut off enough from the rest of the world, is a digital detox just one step too far?

I'll try most things that offer the promise of better health and wellbeing, but this was not a detox that attracted me. As a blogger and a writer I prescribe heavily to the merits of social media and was less than thrilled at the prospect of disconnecting for a whole weekend. Would my successes even count if they aren't posted and shared multiple times? How will people understand what I'm saying if it's not punctuated with emojis? Will I be liked if I can't be 'liked'?

I fall into the same camp as the average person, who checks their phone every six minutes and would feel limbless if I had to go a day without it. Rumours of life revelations and boundless creativity from a detox were enough to whet my appetite and I fully expected to finish the weekend with my first complete novel or a euphoric experience over Jersey's sunsets.

Sadly this was not the case and in fact being phone-less was more of a distraction and nuisance than being glued to it! The only way to swap contact details with someone was to scrawl them on a scrap of paper, leaving me longing for Facebook. I was incapable of making plans with anyone and

felt as if I had been transported back 20 years to a time where you are desperately hunting for near-by phone booths to make contact (of which I can tell you there are now none!)

Ed Sheeran has publicly slammed the use of social media, claiming he was starting to "see the world through my screen and not my eyes." He was closely followed by Kanye West who also needed "air to create."

"Treated with caution, why can't social media be our dirty pleasure? When did escapism become so bad?"

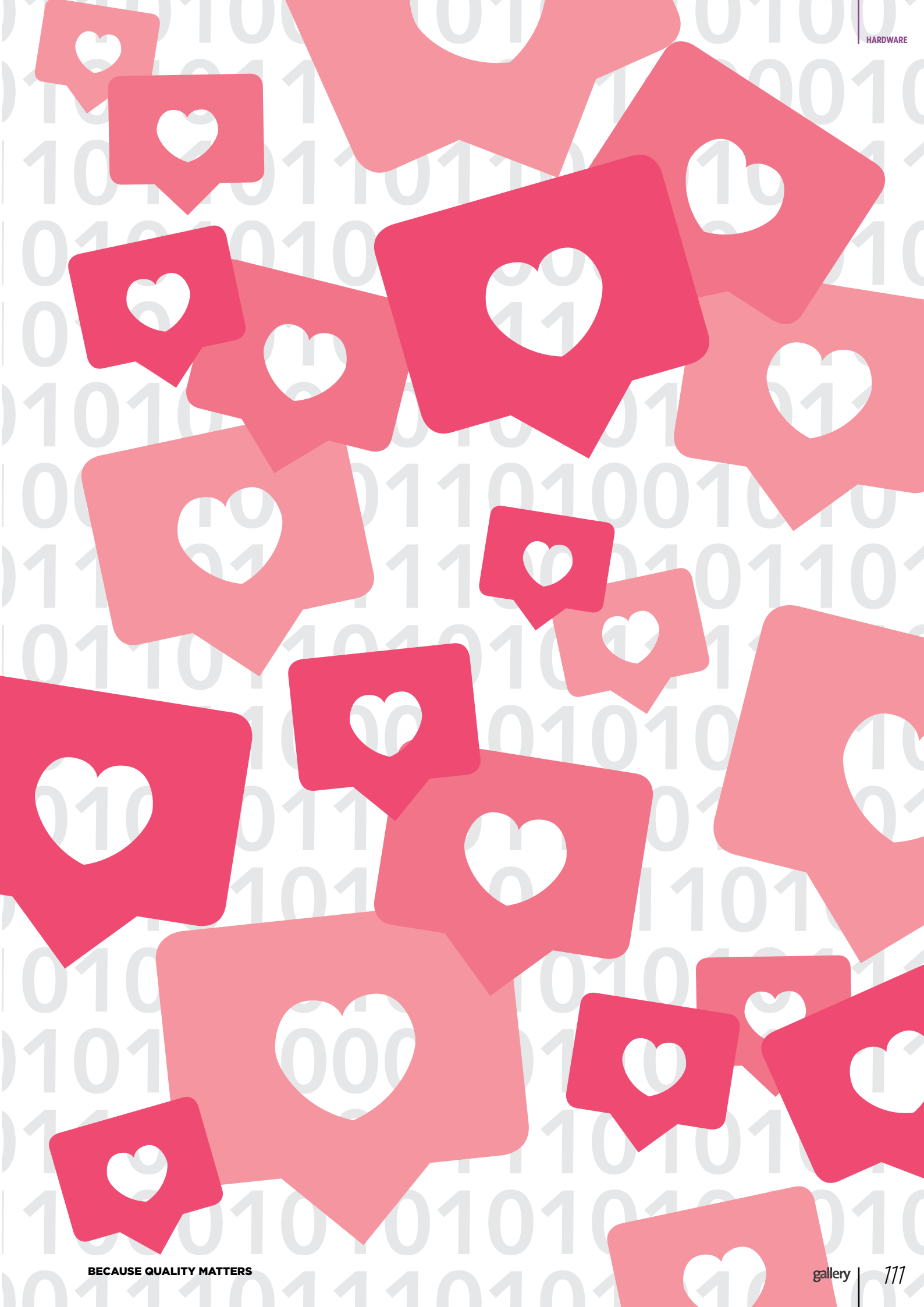
Experts claim dependency on social media can stifle creativity along with increasing stress levels and distract you from your job, family or education. We all know that the world portrayed on our screens is not real, it is carefully controlled and manipulated, but does it then follow that it should be abandoned? Treated with caution, why can't social media be our dirty pleasure? When did escapism become so bad?

For many, the world can seem all too real a place and social interactions difficult. Far from unhealthy, the web can be a place to connect with like-minded people, to support and share their successes. It's where people can learn to abandon insecurities and build confidence. Prof John Powell, a public health researcher at Oxford University claims, "social media is invaluable for people with health conditions to know that they're not alone,

that there are other people who have gone through this and got better." For those who feel lost in the real world, it is a lifeline.

Like anything with a human element it is open to misuse and there are countless negative stories of trolling and bullying. But as a blogger and a writer

I feel like I have to buy into the hype that comes with the digital age, it makes writing accessible and provides me with a larger platform and audience. And yes, sometimes I like to retreat to a world that is filtered. One that is perhaps unrealistic, but makes me feel so good. Like me, tweet me, follow me, just please don't try to turn me off!





CUSTOMERS VOTE BAGOT ROAD GARAGE DEALER OF THE YEAR

Bagot Road Garage has scooped a top dealership award, thanks mainly to the positive feedback received from its local customers.

The recognition comes from Renault-owned Dacia, which decided the local family-owned business deserved the accolade of being UK Gold Dealer for 2016.

Judging for the award is based on several factors, including sales numbers and communications. Most importantly, however, is the quality of service offered by the Dacia dealer to its customers. In this standard, measured through an independent survey, Bagot Road achieved a winning score, to the delight of its group director, Craig Seager.

‘Excellent customer service is something a lot of motor businesses talk about, but then fall short when it comes to actual delivery. Over the years, the team here at Bagot Road have built up an excellent reputation of always putting our customers first. It doesn’t matter which make of car is being sold or serviced, we aim for the same level of care and attention to detail. What’s great with this award is receiving confirmation from our customers that we are getting things right as far as they are concerned, and that the fantastic effort of our team is recognised.’

Craig received the award from Renault UK managing director Paul Flanagan at a special ceremony held at London’s St Paul’s Cathedral in January.

In March this year, at another event held in Paris, he represented Bagot Road when it achieved further recognition. Renault’s annual ‘Dealer of the Year’ awards are given to the best dealers of the Group’s global sales network. Only six of the 106 winning dealerships were UK-based, including Falles Bagot Road.

Speaking at the event, Thierry Koskas, Executive Vice-President, Sales and Marketing of Groupe Renault, acknowledged the commitment and performance of the winning dealerships.



Pictured page opposite: The Dacia Stepway

Pictured above: The Dacia Duster

Pictured far left: The awarding-winning team at Bagot Road Garage with their trophies from Dacia

Pictured near left: Falles Motor Group director Craig Seager (right) picking up the UK Dacia Gold Dealer of the Year at an awards ceremony at St Paul's Cathedral in January from Groupe Renault UK managing director Paul Flanagan

“Only six of the 106 winning dealerships were UK-based, including Falles Bagot Road.”

‘Groupe Renault achieved excellent sales results last year thanks to the performance of its teams, especially that of the sales network, who accompanied and represented the Groupe with enthusiasm and professionalism. I would like to congratulate them for their daily work, always looking to improve customer satisfaction.’

Bagot Road Garage launched the Dacia franchise in 2013, to complement its existing range. Since then, the Renault-

manufactured vehicles have proved very popular with local motorists, who welcome the excellent quality at affordable prices. Among the models out this year is a new automatic version of the Duster that starts from £13,840, and the new Logan MCV Stepway, an SUV-style estate priced from just under £10,500.

To book a test drive call the team at Bagot on 815134

LIGHT UP YOUR LIFE

WORDS Rebecca Evans

When I heard that this would be the 'Neon' issue I must admit my imagination was initially pretty inert, but noble as ever I put my head down and herewith bring you a selection of gadgets guaranteed to light up your life.



Firefly Megaglow Marker

For those of us who always struggle to find their keys in a capacious handbag, can never lay hands on the torch just when you need it most, or regularly fumble cross-legged for the bathroom light cord there's a handy little solution.

The Firefly MegaGlow safety marker is small on size at just over 4cm long and 1cm wide, but big on impact, packing a punchy neon-coloured light that can be identified in darkness up to 40m away. Requiring no bulbs, batteries or charging, these markers incorporate a gaseous tritium light source (or GTLS) that is scientifically guaranteed to last for an astounding 10 years. Using a split ring to discreetly attach to your keys, zip, pull-cord or anywhere else you require an emergency light marker, this little gadget requires no maintenance or attention, and will just quietly get on with the job.

Lightweight at only 8 grams and leaving no heat signature, the MegaGlow marker is suitable for use in all climatic conditions. Oh and it comes in a handy choice of 9 colours, which is nice.

Firefly MegaGlow markers are available from www.fireflymarkers.co.uk at £13.99 each



Playbulb Solar Garden Lights

Bring a little 80s neon vibe to your next BBQ or garden party with these stylish and durable solar-powered lights from Playbulb. Super simple to install they can either be popped on a table or wall, or pushed securely into the ground using the multi-height spike supplied. The solar panel immediately starts soaking up the sun and a full charge provides up to 20 hours of light, more than enough to see you right through until dawn.

But how are these different to any other garden lights? I'm glad you asked. Playbulb have changed the game with a free to download compatible app, allowing you to switch the lights on and off, and change the colour, brightness or lighting effects directly from your smartphone. The group control facility allows you to seamlessly manage several lights at once. Discreetly alter the mood from 'disco' to 'romance' or back again at your whim.

These lights offer a whole rainbow of dazzling colours to choose from, or opt for classic white light if razzle-dazzle is not your thing. Hard-wearing and totally portable they'll make a great addition to a late evening beach BBQ or camping trip too.

Playbulb Solar Garden Lights are available from www.glow.co.uk at £39.95 each



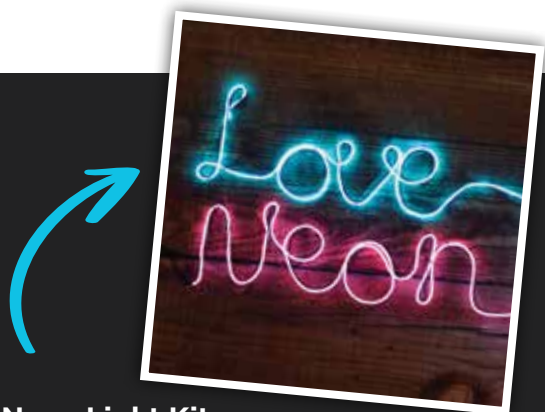
LED Welly lights

Although thankfully we don't have to worry about long dark evenings for another month or two, it makes sense to get yourself a set of LED welly lights now; come October they'll keep you visible and safe whilst walking the dog, and in the meantime they'll make sure you're centre of attention after dark at Groove De Lecq or Weekender.

Available in 3 different sizes and a choice of 3 eye-popping neon colours these strips of bright LED lights straddle that tricky void between sensible and fun. Choose between static light, slow flash or fast flash settings depending on your mood, these light strips are water resistant and require 2 x CR2025 batteries (included).

If wellies aren't your style these funky light strips can also be clipped to a bag or jacket. Be Safe, Be Seen.

LED Welly Lights are available from www.glow.co.uk at £9.99 per pair



DIY Neon Light Kit

If you've ever worried that your lounge could do with a little more Las Vegas largesse, or that your garage lacks some grungy Gods Own Junkyard atmosphere, then this DIY neon kit might just be the thing for you.

Each kit contains 3 metres of super flexible shaping wire, 3 metres of neon flex, and some thin fixing wire to secure the two together, plus a battery pack requiring 2 x AA batteries (not included). Easy to bend and manipulate into any shape or word your heart desires, your novelty neon artwork is only limited by your imagination. Why not combine two or more kits to make one fun and eye-catching conversation starter?

The DIY Neon Light Kit is available from www.thefowndry.com at £14.99 per kit



Night Ize Spoke Lights

On an Island of dark country lanes and whole parishes devoid of street lights (I'm looking at you, Grouville) it's of paramount importance that those who favour a self-propelled commute on two wheels make themselves as visible as possible to other road users. Nite Ize spoke lights offer a blindingly obvious answer in the form of clip on lights compatible with just about any type of spoke.

Install in seconds and simply squeeze to toggle through on, flashing and off modes. The powerful LED light inside will render you impossible to miss, with a selection of super-bright colours to choose from creating a brilliant arc of light as you pedal along.

Designed to be used in conjunction with your existing lights and reflectors, rather than instead of, 2 x CR2016 batteries are provided and the lights are of course water resistant, so rainy nights are no problem.

Nite Ize Spoke Lights are available from www.glow.co.uk at £6.95 each



The award-winning Dacia Sandero at national award-winning Bagot Road

(Don't act like you're not impressed)



New Dacia Sandero = from £5,527*

Car shown: New Sandero Ambiance SCe 75
with optional metallic paint = £7,185

You do the maths

DACIA

Bagot Road garage

BAGOT ROAD GARAGE BAGOT ROAD, ST. SAVIOUR
TEL 01534 815120 www.BAGOTJE

The official fuel consumption figures in mpg (l/100km) for the car shown are: urban 43.5 (6.5); extra-urban 62.7 (4.5); combined 54.3 (3.2). The official CO₂ emissions are 117g/km. Figures are obtained for comparative purposes in accordance with EU legislation and may not reflect real-life driving results.

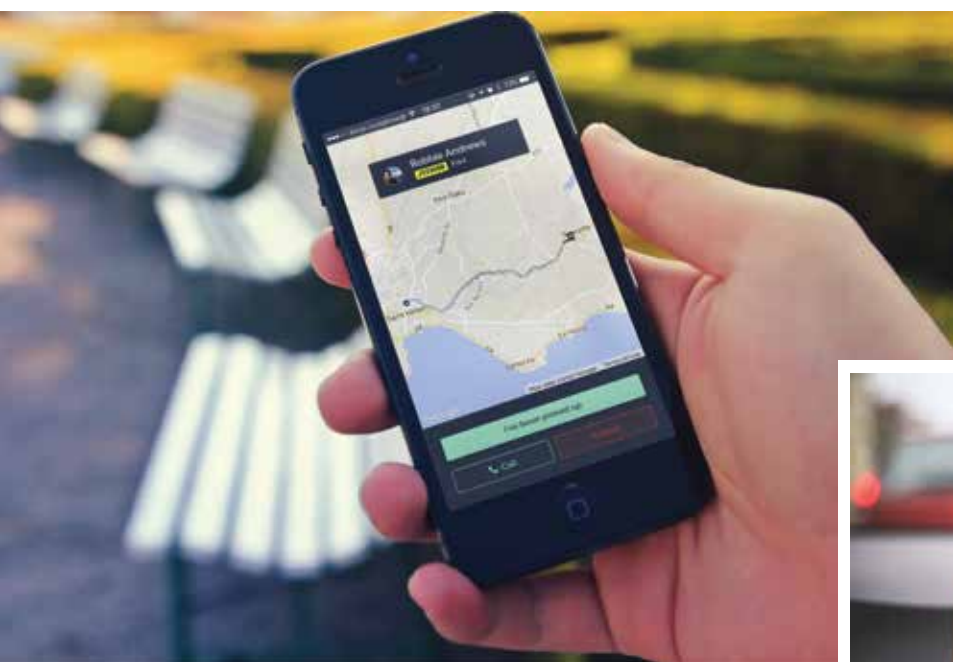
*Prices shown include delivery to dealer, number plates, first registration fee, full valet, full tank of fuel and £28 first registration fee. Prices shown are manufacturer's recommended retail prices, available on featured new vehicles ordered by 30 September 2017. Vehicles shown with optional metallic paint at an additional £433.13 including GST.



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ANYONE DOING LIFTS?

What a hot potato the famed Jersey Lifts facebook group has been in recent months. The nemesis of moaning taxi drivers, the facebook based group matched people who had cars with people that wanted lifts. Great!

However, the powers that be are a bit suss about the legitimacy of facebook as a reliable platform for such a service, with concerns expressed about the way that such arrangements are organised and, understandably, safety. Regardless, it is understood that there are over 16,000 members in Jersey who regularly plan their travel in this way.

With this level of demand, a team of developers and entrepreneurs going by the name of Itineris have announced a legitimate 'Jersey Lifts' mobile ride-sharing app for iOS, which will shortly be able to be downloaded for free by visiting jerseylifts.uk or by searching for 'Jersey Lifts' in the iOS App Store. This mobile experience allows passengers and drivers to organise "Uber-style ridesharing" based on the popularity of the various "Jersey Lifts" Facebook Pages.

The free app is aimed at commuters who wish to rideshare as well as those who may wish to organise transport home after an evening out socialising. It will address concerns over the safety of such arrangements and so help to keep Islanders safe. Features of the app include user ratings, driver reports, identity and car verification, and optional SMS alerts to family or friends. By using Facebook to

sign into the app, users can request lifts from and to anywhere in Jersey. The app's intelligent formula will suggest how much passengers might contribute towards the cost of a lift, based on fuel price and distance to be travelled. Drivers can see all lift requests, along with their distance, number of passengers and the passengers' ratings. After every lift, both the driver and

"They have developed this app based on feedback from drivers, passengers and members of the public, and discussions with government officials and the States of Jersey Police, with the aim of improving the experience of Jersey's ridesharing community."

passenger can rate each other, ensuring users maintain good community standards and behaviour. Users who fail to behave appropriately may be barred from accessing the platform.

They have developed this app based on feedback from drivers, passengers and members of the public, and discussions with government officials and the States of Jersey Police, with the aim of improving the experience of Jersey's ridesharing community. Itineris has no financial involvement in the arrangement reached between the driver and the passenger.

The app merely serves as a platform to introduce potential users. Itineris will receive no payment at all for providing this platform and has no commercial relationship with any of the users of the platform. By encouraging ridesharing to be adopted more widely, we would hope to see a decrease in the amount of traffic on our roads, especially during rush hour, where it seems to us that a large majority of cars heading to and from St Helier, usually have only 1 or 2 occupants.

The group see Jersey as a perfect location to encourage ride-sharing, due to a high number of cars and drivers, a compact geographic location, great

mobile connectivity and a high number of smartphones. They also believe that there is also a widely-held view amongst Islanders that we should be trying to improve our environment for the generations to come. Reducing the number of cars on the roads and in town car parks is surely something to be encouraged. They're hoping to work with multiple taxi companies and the States of Jersey Infrastructure Department to build a reliable, community-driven transport platform, reducing congestion during rush hour and improving parking at peak times whilst improving safety for users.

CHECK IT OUT AT JERSEYLIFTS.UK

PHONE HOME



Nokia's a Great Place to Begin

If you've never owned a smartphone, then the new Nokia 3 is a great place to start. Stylish and packed full of features, the Nokia 3 does everything you could want, apart from break the bank.

The Nokia 3 is the latest addition to the Nokia smartphone range and whilst there's no doubt that it's affordable in comparison to many similar phones, it is also stunningly stylish and well-equipped to deliver the quality services that you want from your mobile device.

Built around a durable aluminium frame that supports the smooth lines of a strong polycarbonate body, the Nokia 3 has the looks of a premium phone but for a price that won't leave you struggling to justify them.

Powered by Google's smart and intuitive Android 7.0 Nougat operating system, the Nokia 3 gives you access to Google's Play store as well as media and productivity apps that will keep you entertained and organised in all aspects of your life.

Crucially, for a well-priced phone, the Nokia 3 comes with a superb 8MP auto-focus camera on both front and back, along with 16GB of storage that will ensure you can keep your precious memories for years to come.

Come and see us in the Sure store to find out more about the Nokia 3.

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Available for free from the App Store and Google Play.



The Squeezable Phone

Aleisha Weeks, writing for Airtel-Vodafone, reviews the HTC U11.

These days it can be hard for smartphone manufacturers to design a phone that's unique and stands out in today's crowded market. However, HTC have raised the bar, creating a flagship phone like no other - the HTC U11.

With a polished design, this eye-catching phone is a sleek combination of glass and metal, giving it a two-tone finish, with varying colour shades in different light. This material also makes the phone very light, which takes a bit of getting used to. The U11 also has a first-rate camera which takes stunning photos with rich detail, deep colour and excellent low-light performance. Added to this, the U11 is IP67 water-resistant, which is great if you're a bit clumsy like me.

Best of all, HTC have changed the game by adding the innovative Edge Sense "squeezability" feature to the U11. Built-in pressure sensors are incorporated into the lower half of the phone, which means that by squeezing the phone's edges you can launch the camera, take pics, and launch apps, all with just a squeeze! This is a phone not to be missed - pop in-store today and give it a spin.

The HTC U11 is available in Black and Silver 64GB, with prices starting from only £24 per month with no upfront costs when you take out an airtime plan. Price correct at time of print.



Sport News



Aren't Yoga and Pilates the same thing?

WORDS:

Pilates Instructor Jenna Lamorna
& Yoga Teacher Vanessa Garret

Yoga and Pilates were created and have developed independently. While Yoga seeks to create awareness in your body and space in your mind, Pilates aims to condition and balance your muscles, emphasising a supple, supported spine. Together, they are ying and yang for a holistically well body, helping your energy shine from the inside, out.

Pilates, created by Joseph Pilates (a man, who knew!), is a practice that physically conditions through targeted exercises, to develop strength, flexibility, balance, and use of the breath. Building a deep core creates a powerhouse within our bodies, that not only improves our performance ability but our stabilisation too. In Pilates, we work to equalise imbalanced muscles, which can be due to anything from occupational habits (sitting at a desk) to handedness (a dominant side) to injury. In developing correct muscle mechanics the posture becomes properly supported and the body works more efficiently as a whole.

Cresting lean muscle, however, requires a combination of strengthening and stretching. Enter, Yoga.

Yoga is a practice that combines physical postures, meditation and a focus on the breath to work deeper into the body and relax the mind. The physical practice helps to unwind tight muscles, increase strength, improve flexibility and allows us to enjoy our body for many years to come. On a deeper level, Yoga creates space in not only our body but importantly, in our mind; we learn to find that elusive balance between always pushing for more and learning when to accept what we have. This self-awareness and acceptance begins to creep into our life off the mat into everyday life. In essence, Yoga is a support system, which enables us to find peace of mind, body and heart.

Vanessa Garrett and Jenna Lamorna run energising yoga and pilates classes in St Ouen. Call Jenna on 07700 770021 or Vanessa on 07797792321.



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You also don't need to worry about investing in lots of fancy new gym gear as Jack will bring with him all you need for your 20 minute session, which he recommends you complete at least twice a week. Don't think you won't sweat because you will as this is an intense workout. But it is also an easier way to train, requiring minimum effort from you whilst being able to enjoy maximum impact and fast results.

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rave resurgence

WORDS Ria Wolstenholme

Neon clothing is something I haven't donned since I was 13 going to an under 18's youth club night. The glow in the dark wristbands, fuchsia and lime coloured legwarmers and tutus complimented my already fluorescent locks perfectly. Said nobody ever. Fast forward 7 years and the concept of the 90's rave scene is without a doubt making a comeback. Only now, it's known as the "sesh". Cringe at your own will.

Raving began to be widely known in the late 1980's, evolving from a sub culture of electronic psychedelic parties in Midlands Universities, to fully fledged mainstream events hosting thousands of people. Electronic dance music is at the heart of the rave scene, with events hosting world renowned DJs and legends of the music scene, offering a seemingly never ending night of body pulsating, ear drum blazing techno beat and rhythm.

Sub cultures like rave have a certain uniform. Just like punk, heavy metal, and rock and roll, rave culture and its music scene comes with its own dress code. The resurgence of rave style music and events has come hand in hand with the comeback of 90's style on runways and on the high-street.

If you've been to festivals before, just picture the 5am get up of the kids running around making friends with strangers. They look like they fell into a charity shop clothes rail and rolled out again with a brand new, mismatched outfit. That's kind of the basis for 'rave' uniform.

Bright colours, loose fitting, non gendered clothing are, in my mind, the foundations

that the uniform has been built on. Vintage finds and Levi jackets have been paired with fishnets, granddad style holiday shirts and bucket hats. Skate brands like Palace and Thrasher are the more current brands, worn alongside the classics of Adidas, Vans and Nike. Brands of all genres have embraced the 90s throwback style that people are gravitating towards by bringing back original staple items from past capsule collections of the rave era. The sports and leisure wear trends have brought back tracksuits, sports brand t-shirts and trainers as staple pieces of the new generation rave culture image, completely changing how people dress to go "out out".

To me, the culture is gender neutral. There's no set way girls are expected to dress in order to 'impress' boys. Boys embrace the glitter that's thrown on their faces, without being seen as overly feminine. Girls aren't discouraged from certain events, and neither are boys. It's a different kind of experience, a lot more accepting and welcoming than the stereotypical clubbing or going out aesthetic of dressing to impress the opposite sex. You can be as out there as you like and nobody would

bat an eyelid. People embrace themselves and their style without judgment, and it's seriously refreshing.

Nowadays there are festivals dedicated to this type of scene all around the world, which many islanders attend. This culture is making a comeback, in ways perhaps only people of my age bracket can see.

Now, your local nightclub isn't worth going to unless there's an act on. We'd rather spend £25 on a ticket that admits you to 3 hours of non-stop music you love than not pay entry to a place that only plays what the charts are churning out. For instance, the drum and bass and house music scene in Jersey which has seemingly blown up over the past few years has taken over event schedules and become the main attraction for clubbers.

Local organisations such as Vanguard DNB, Reasons, Together Parties, MASS Projects and Havana presents have all brought Jersey's music scene back to life. They've realised it takes more than an iTunes playlist and some bright lights to make a good night.

“Learn to embrace the old school, experience something new, but maybe leave the neon tutus in the back of the cupboard for now.”



Not only has the music scene at home had a massive influence on the 18 and over crowd, but those who have experienced going out in the UK and places around the world, traveling to music events and festivals and having a choice in what their night is going to be like, have had their minds opened to what is seen as more alternative genres of music. They are no longer confined to the sweaty walls of Koko and Kasbar, seeing the same faces and listening to the same music week

in and week out. This has propelled the music scene to up its game, and deliver the goods, which have been welcomed with open arms.

The concept of rave culture is a unity. Coming together with like minded people who love the same music as you, and aren't there for any other reason than to enjoy the atmosphere and lose themselves for a night. It's something that I think gets misunderstood by a lot of people,

who see it as a seedy and outdated way of being entertained. Rave culture is more inclusive, more fun and a lot more unique than many people realise, and I think more people should give it a chance. Learn to embrace the old school, experience something new, but maybe leave the neon tutus in the back of the cupboard for now. ●

MUSIC & NIGHTLIFE AUGUST



SATURDAY 19 ROJO **RHUMBA RE-UNION // SEB FONTAINE**

Support: Craig Alder, Carl McConnell, Ross Hunter, Del McKeown

Rojo's annual Rhumba Re-Union returns once again. This year it welcomes 90's superstar DJ Seb Fontaine. Seb is an English house music DJ and is currently a resident at one of the UK's largest club nights, Cream. With a very strong local support lineup in the shape of Craig Alder, Carl McConnell, Ross Hunter and Del McKeown which will all be familiar names for those who are familiar with Jersey nightlife.

Tickets: Donations on the door // Rojo// 18+ // R.O.A.R // Photographic ID



SATURDAY 5 WATERSPLASH **Groove After Party**

Main: The Skints, DBridge
Support: Honest Crooks, Axon Bower, Reasons DJs, Spim, C-Phonics, JE3
Not much to say about this, except it's really the only place to be if you want to carry on the fun after Groove de Lecq. Two rooms and double the action with DBridge and The Skints as the featured acts. Along with many other amazing support acts playing in both rooms. So come along and groove your socks off till the early hours. The Groove after party is in association with Reasons, The Mango Tree and Blip Productions and are so excited to welcome The Skints back to rock the Splash once more. I mean where else would you want to be after the great festival that is Groove de Lecq.

Tickets: Eventbrite // THE SPLASH//18+// R.O.A.R// Photographic ID



FRIDAY 25 WATERSPLASH **The Splash Rumble Tree**

Support: Unfinished Business

The Splash Rumble is back for its third edition of heavy hitting, breda drinking, dj spinning boxing carnage! The Mango Tree are on hosting duties this year and have been graced with some absolute tasty match ups including Harben vs Manners 2 AKA Unfinished Businesses. The night will start with the islands finest cult heroes getting stuck in. Things will move on downstairs for the after party after the last bout. Get ready for a night of mayhem, Not to be missed... All money raised from sponsorship of the boxers goes towards the Jersey Surfboard Club and the teams trip to Norway in October. Lets get ready to rumble!!!

Tickets: Eventbrite // THE SPLASH//18+// R.O.A.R// Photographic ID



SATURDAY 5 ROJO **Vanguard DNB present Aries**

Vanguard DNB invites the legend that is ARIES, recently crowned The World's No. 1 Jungle DJ. Aries' sound combines vintage Jungle sensibilities with traditional Reggae music polished off with modern day production techniques. The finished product is his own Dubwise strain of the UK's one true homegrown genre, Jungle. Vanguard DNB are usually drum and bass event organisers however they have broadened their genres to jungle with this act.

Tickets: Donations on the door // Rojo// 18+ // R.O.A.R // Photographic ID



FRIDAY 18 HAVANA **SLIPMATT**

Support: Spim, Andy Manson, Reeni

This event for all those who love the classics. We're going back to the Old Skool. Legendary Rave DJ/producer/re-mixer & member of SL2. SLIPMATT dubbed the "Godfather of Hardcore" is here and playing at havana for a good night of the 'old stuff'. He was one of the key figures in the development of the UK Rave sound and will definatly bring the house down. Along with local support acts which are playing a mix of subfactory Bassdrive, Amped, Baked Beats and Vinyl Set. So for anyone who enjoys good, classic rave music, Havana is the place to be on the 18th.

Tickets: Eventbrite // Havana// 18+ // R.O.A.R // Photographic ID



BOOK YOUR TICKETS NOW: **TUESDAY 8 AUGUST**

JERSEY OPERA HOUSE
NEWTON FAULKNER

Support: Frankie Davies

Rockit present to you the phenomenal Newton Faulkner, if you've not had the pleasure of seeing this man live before then book your tickets now, as this will sell out in no time! Moving away from the theme of his previous two full-length releases, Newton wrote his current album to be played live, with a positive, upbeat feel. Faulkner worked with many contributors on this release, including BBC Fame Academy winner David Sneddon and production partner James Bauer-Mein who make up The Nexus (Lana Del Rey, Matt Cardle, Hurts) and bass guitarist Sam Farrar (Phantom Planet).

Tickets: Eventbrite // Jersey Opera House



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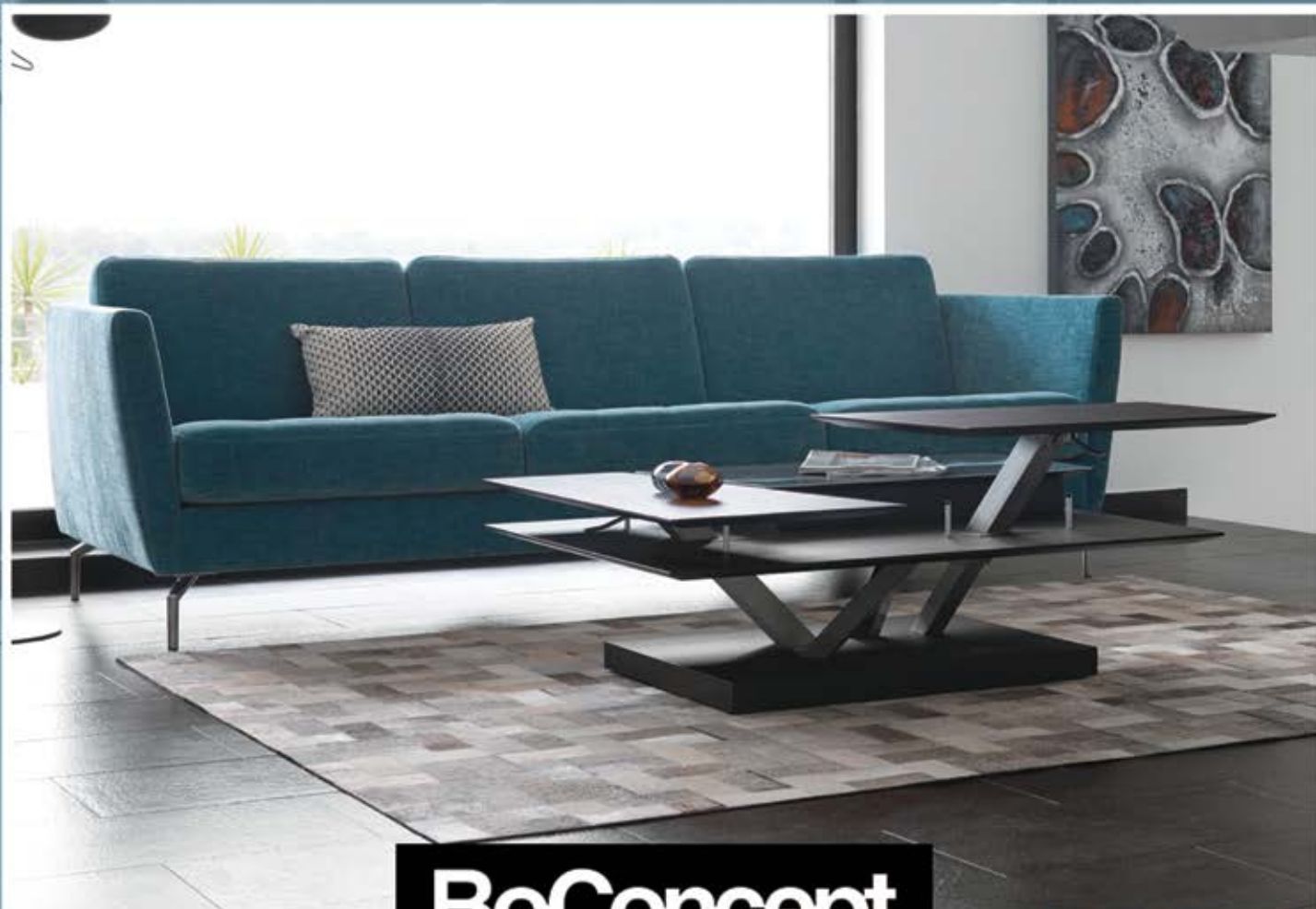
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