

# gallery<sup>JSY</sup>

**# 138**

*the EARTH issue*





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# gallery

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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*published with gusto in Jersey by*

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#138

[EARTH]



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gallery

## ARE YOU IN?

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paparazzi photos on  
our facebook page.Learn more >  
www.gallery.je

**W**e live on an island that we refer to as 'The Rock'. Not a big rock, rather small in fact. A small rock on a small rock, in the infinite scheme of things. It obviously seems pretty snug and homely to us yet when I meet people from elsewhere in the world and begin to tell its story, a 45 square mile island off the coast of France where you live with 100,000 people seems like quite an unusual little part of the planet.

A case in point; travelling last month with people from Texas I had the usual 'wow, that's a small place' conversation. They were quick to point out that you could set off from the west of their state heading due east and, despite putting your foot down, still be in Texas 12 hours later. Over 800 miles, and you'd still be in the same state. Sometimes I have trouble justifying a drive from St Brelade to Gorey. When we're on Island it's like the whole planet is our 12 parishes.

As I sit typing this I have a globe on my desk. When I was at Uni I used to keep an atlas at the side of the bath to consult when I was soaking - testing myself on obscure parts of the Earth. Anything to avoid going to lectures, right? Our planet is there to explore and thankfully, once you flex your passports, it seems Jersey folk are actually a worldly bunch. I once found myself standing on a hang-gliding platform in Rio hassling the person in front of me to hurry up. When they turned around, it was someone we knew from Jersey. Walking down a beach in Sri Lanka on Christmas day, who should yell at us to join them for lunch? Someone from Jersey. A few years ago I was snowed IN to the Alps when there was too much snow on the island to allow a plane to land. Ironic, I know I made a few calls and that evening we managed to assemble a dinner table of 14 random people, all from Jersey. It's not just me. I see you Jersey people. Everywhere.

Maybe it's something about being from somewhere small that makes you appreciate seeing the rest of the Earth when you get the chance. This month our contributors have travelled in person and in their imaginations to consider our place in the world, and even the potential end of it at the hands of another planet. However, if all that sounds a bit scary, we've also profiled some people who can make the earth move for you without leaving the safety of your rock.

Dig in.

BD

# gallery

#138

[EARTH]

## ARE YOU AN ILLUSTRATOR?

We're looking for more illustrators to work with each month, get in touch with [russ@gallery.je](mailto:russ@gallery.je) to find out more.

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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

### ADVERTISE

[AD@GALLERY.JE](mailto:AD@GALLERY.JE)

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. Call us on 811100 or drop us an email...

### FEATURE

[FEATURES@GALLERY.JE](mailto:FEATURES@GALLERY.JE)

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.



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#### Recycle.

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*Renaissance*

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TEL: 01534 617386 • ADDRESS: 26 Hillgrove St, Jersey

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Kate Moss  
EQUIPMENT

TISSA FONTANEDA

BB  
MAN

DtIm don't label me

EQUIPMENT

HALE BOB

annette görtz

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ANNECLAIRE

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MARKUS LUPFER

CHIARA BONI

# CONTENTS

## PICKS



**18 FEATURE:** Leave Earth Behind



**26 FEATURE:** Earth Movers



## THE REST

### UPFRONT

Listings.....	10
News in Numbers.....	14
Misc.....	16
Pet of the Month.....	17
Leave The Earth Behind .....	18
Time To Switch Your Energy Paradigm?.....	20
Friends of The Earth .....	22
Planet X.....	24
Profile: Earth Movers.....	26

### GIVE

Our Community .....	32
Reduce, Reuse, Recycle.....	36

### EVENTS

Atlantic Hotel & Ocean Restaurant Pre-opening.....	38
Sangria Restaurant Opening .....	38
Jersey Association of Directors Dinner .....	40
BNP Paribas Staff Party.....	40

### TRAVEL

Journey To The Centre of The Americas .....	42
It's A Jungle Out There .....	44

### CULTURE

All That Glitters.....	48
Culture News .....	50
The Monthly Upload.....	52
Exhibitions .....	54

### BEAUTY & WELLBEING

Beauty News.....	56
Psychotherapy Column.....	57
Island Retreats .....	58
Gallery Guinea Pig .....	59
Beauty Products.....	60

### FASHION

Brand News .....	62
Trend News.....	63
Gallery Fashion Shoot.....	64
Style Stalker.....	72



64 **FASHION:** Lost City



73 **THE BRIDAL BIBLE**

## THE BRIDAL BIBLE

The A to Z of Getting Married..... 73

## APPETITE

Seeking A Sustainable Sanctuary?..... 98

The Great Vegan Debate..... 100

Appetite News..... 102

The Genuine Articles ..... 104

## PLACES

Property Profile..... 106

Finishing Touches..... 112

Featured Properties ..... 116

Interior News..... 118

## BUSINESS

Business News..... 120

Movers & Shakers..... 122

## SPORT

Raising The Bar..... 126

SPOTM: Eleanor Lister..... 128

## HARDWARE

Efficient Earth Moving..... 130

Power Outage: Off-grid Gadgets..... 132

Phone Home ..... 134

## NIGHTLIFE

Reasons To Be Grateful..... 136

Nightlife Listings..... 137

Paparazzi ..... 138

Directory..... 142

The Back Page ..... 144

Boardom..... 146

# ON THIS MARCH...

## IN JERSEY



### JERSEY WOMEN IN SPORT

**4 MARCH, 7PM**

*Royal Yacht Hotel*

The JFA Women are hosting the first Jersey Women in Sport event with special guest speaker, Olympic Gold Medallist and star of 'I'm a Celebrity' Sam Quek MBE. All monies raised will help send our gold medallist Women footballers to the NatWest Island Games in Gotland. Price is £65 per person which includes drink on arrival, 3 course meal, a raffle and DJ Nelson to finish a fabulous evening.

### BHF HEART AWARDS

**4 MARCH**

*Pomme D'or Hotel*

The winners of the first BHF Jersey Branch Heart Awards will be announced at this night of celebrations and entertainment. The awards recognise the amazing Islanders who have joined the fight against cardiovascular disease - the cause of one in four deaths in Jersey. Tickets for the dinner are £55 and can be purchased through Eventbrite.

### BUILD A HOTEL FOR BEES

**4 MARCH**

*The Elms, St Mary*

Wild bees provide an indispensable service in pollinating crops and wild flowers. Sadly many species appear to be in decline. Building bee hotels provide an easy way of helping them. Why not do your bit by helping Conservation Officer Jon Rault build a brand new bee hotel in the walled garden at The Elms? All the fundamentals will be covered, enabling you to build your own bee hotels at home.



### LIONS CLUB OF JERSEY SWIMARATHON

**8-12 MARCH**

*Les Quennevais Sports Centre.*

The island's longest running charity event will see scores of swimmers raise money for five main beneficiaries this year, all supporting Jersey's youth: Brighter Futures, Brig-y-Don, Brook Jersey, Every Child Our Future and the Jersey Association for Youth & friendship. The five day event, sponsored by RBC Wealth Management has to date raised over £3.3 million for local good causes. Donations can be made on the Lions Swimarathon JustGiving page.



### A CRASH OF RHINOS

**9 MARCH**

*Durrell Wildlife Park*

Make space in your diary for a fantastic evening at Durrell with Cathy Dean, CEO of Save the Rhino, and Susie Ellis, Executive Director at International Rhino Foundation. Hear from the experts about the latest updates in rhino conservation, the threats facing the species and what is being done to tackle these issues. You'll also have the chance to hear some of Cathy and Susie's incredible stories about working with rhinos. Visit their website for more information.

---

## BLOOD, SWEAT & TEARS

**11 MARCH, 7PM**

*Jersey Opera House*

Blood Fitness presents a White Collar Muay Thai Boxing Event raising money for Jersey Cancer Relief. 26 normal people have been pushed to their limits over a 10 week training programme leading to this night. Tickets from Jersey Opera House.

---

## RESOLUTION RUN

**19 MARCH**

*Les Landes*

This is the Stroke Association Jersey's second Resolution Run. This year you can run, jog or walk either 5k or 10k around the fabulous Les Landes Racecourse, St Ouen. Whether you're a keen jogger looking to increase your running distance or just starting out Resolution Runs are for everyone and raise money for a great cause. Entry fee is only £15 online which helps to cover the cost of the event [www.stroke.org.uk](http://www.stroke.org.uk)

---

## HEAT CULINARY COMPETITION

**9 MARCH**

*Hotel de France*

Rising star chefs from Highlands College Jersey, Westminster Kingsway College, London and Bradford College, Yorkshire will go head-to-head in an inter-college Culinary Competition. This Gala Celebration hosted by Resident chef on ITV's 'The Lorraine Show', James Tanner will see the winners announced at a 3-course dinner comprising of the best course from each college's competition menu. Limited tickets are available from Eventbrite.

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## AN EVENING WITH JERSEY BOUNCE

**31 MARCH**

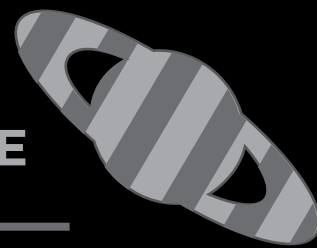
*Freedom Centre*

The Bounce's very own keyboard player, Terri O'Donoghue is running this year's London Marathon and this is a fundraising event for both Jersey Hospice Care and the Freedom Centre. This event is a must for all fans of live music, especially when it comes in the form of a 14 piece band! This is for one night only, tickets are priced at just £11.

---

BECAUSE QUALITY MATTERS

## ELSEWHERE



## FROZEN DEAD GUY DAYS

NEDERLAND, COLORADO

10-12 MARCH, 2017

Known as one of the most unique and quirky festivals in the country (we think the world), Frozen Dead Guy Days takes place in the Colorado mountain town of Nederland — three days of frosty merriment featuring 30 live bands in heated super tents and outrageous events like coffin racing, costumed polar plunging, frozen t-shirt contests and much more. Celebrating its 16th year in 2017, Frozen Dead Guy Days continues to be a world-renowned spectacle. The home-grown frosty fest pays homage to Bredo Morstol, who is frozen in a state of suspended animation and housed in a Tuff Shed on dry ice high above Nederland.

[WWW.FROZENDEADGUYDAYS.ORG](http://WWW.FROZENDEADGUYDAYS.ORG)

## SOUTH BY SOUTHWEST (SXSW)

10-19 MARCH, 2017

AUSTIN, TEXAS

This music festival is so large it has almost single-handedly earned Austin the title of 'live music capital of the world'. Started in 1987, it brings the music industry and performers together for 10 days — bands come to be discovered and music execs come to discover. During the day, industry buffs head to the Austin Convention Center to talk shop at a trade show, and by night more than 1200 acts perform at 50 or so venues across the city. Coupled with the music festival, SXSW has swelled in recent years to include a film festival and conference and a festival for interactive media.

[WWW.SXSW.COM](http://WWW.SXSW.COM)

## LAS FALLAS

12-19 MARCH, 2017

VALENCIA, SPAIN

Exuberant and anarchic, Las Fallas is Europe's wildest spring party, which is a pretty big deal for what is essentially a glorified puppet show. It's a time when the city is all but taken over by the fallas, which are huge sculptures of papier-mâché on wood, built by teams of local artists. Each neighbourhood sponsors its own falla, and when the town wakes after the plantà (overnight placement of the fallas) on the morning of 16 March, more than 350 have been erected. Reaching up to 15m in height, with the most expensive costing more than €350,000 to build, these grotesque, colourful effigies satirise celebrities, current affairs and local customs. It's a week long festival so be prepared to pace yourselves.

[WWW.FALLAS.COM](http://WWW.FALLAS.COM)

## STARKBIERZEIT

TWO WEEKS AROUND ST JOSEPH'S DAY (19 MARCH)

PAULANER KELLER, MUNICH, GERMANY

Meet Oktoberfest's little brother — the tougher, more down-to-earth sibling whose company can be enjoyed without the crowds. For Bavarians, Starkbierzeit is like the opening of the fridge door to a new season of beer drinking, coming just as winter disappears and summer begins to peep over the horizon. For them it's such a momentous occasion that Starkbierzeit has been christened the 'fifth season'. A celebration not just of any old beer but entirely of strong beer (and the only time of year this beer is available in Munich), Starkbierzeit is a time when brewers parade their most lethal amber ales, the doppelbocks, which have alcohol contents above 7%.

[WWW.MUENCHEN.DE](http://WWW.MUENCHEN.DE)





# galleryrally<sup>9</sup> THE ITALIAN MILAN 20TH - 24TH SEPTEMBER 2017 JOB

Spend four days taking in the sights of Europe,  
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Italy - Europe's fashion capital.

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Jersey Hospice Care

# NEWS IN NUMBERS

17

bicycles have been reported stolen in Jersey this January alone

6

month suspended sentence handed to local bodybuilder for illegal steroid possession

29

separate incidences of vandalism caused to cars in the La Pouquelaye area in recent times

2

daily flights planned between Alderney and Jersey by new venture Air Alderney

30

miles from Jersey's coast, a fire at the Flammanville nuclear reactor injured workers on the site

40

plus local Romanians gathered in solidarity with their people protesting government corruption in Bucharest

30

abandoned homes in Pirou's 'village fantôme', visible from the east coast, to be developed into an ecologically appropriate tourist site



# New Jobs



## Gemma is looking for a

### Trust Bookkeeper

We need an experienced Trust Bookkeeper to join our leading client and support their continued growth. This would be an exciting time to join this global business.

PARK.JE/REF/P3352

### Employee Relations Officer - Contract

We are looking for a pro-active HR professional who has worked within an Employee Relations focused role for a minimum of 3 years. You will be well versed in local Employment Law with a pragmatic approach, a 'can do' and positive attitude.

PARK.JE/REF/C3415

### Senior Financial Accountant

We are seeking a Qualified Accountant to join this booming funds business and support their continued growth across various jurisdictions. Strong technical skills are required as well as strong interpersonal skills as the role will require speaking to key stakeholders.

PARK.JE/REF/P3374

### Fund Administrator

Busy and fast growing Real Estate department require an administrator with 18 months+ prior experience. Great long term career prospects for the right candidate.

PARK.JE/REF/P3308

## Carly is looking for a

### Trademark Administrator

A strong Administrator or recent school leaver with office experience is needed to join this global organisation in an interesting and varied role.

PARK.JE/REF/P3438

### Compliance Assistant

A highly organised and efficient Administrator holding at least 18 months compliance experience is required by this growing trust business. Support for study will be fully encouraged.

PARK.JE/REF/P3278

### Business Intelligence Accountant

A qualified accountant with expert technical skills and the proven ability to provide robust analytical services sought to join a leading finance institution. Must be comfortable providing input to the development of strategic business plans, budgets and forecasts and cost management initiatives.

PARK.JE/REF/P3400

### File Reviewer

Seeking someone with an eye for detail paired with excellent knowledge of JFSC regulations to conduct detailed file reviews of Corporate Services' client records. Initially a temporary contract with the scope for extension.

PARK.JE/REF/T3322

## Celia is seeking

### Trainees

We are on the hunt for bright graduates and school leavers to join our clients on a variety of training programmes, whether it's trust, funds or banking we can offer you a route into a career that will challenge and excite you!

### Assistant Relationship Manager

Acting as the main point of contact for a portfolio of clients, this varied and busy role will require a proactive, highly organised individual who enjoys building and nurturing relationships. You will work alongside the Relationship Manager to ensure a quality service is provided at all times.

PARK.JE/REF/P2628

### Contract Marketing Officer

Are you an established marketing professional with a flair for events? If so, this is a not to be missed opportunity to join a progressive financial institution supporting their marketing and communications functions and coordinating industry events.

PARK.JE/REF/C3430

### IT Service Desk Technician

An IT guru with 2+ years experience as a Service Desk Technician sought to provide administration and internal support of the computing environment. The opportunity to undertake ICT recognised qualifications will be offered.

PARK.JE/REF/P3357

**T 871666**  
**E jobs@park.je**  
**W park.je**



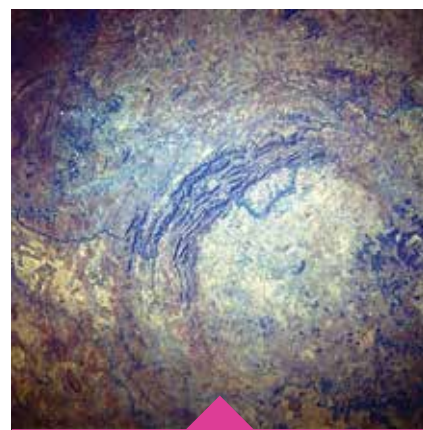
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## IS IT A BIRD? IS IT A PLANE? AN ASTEROID? NO, IT'S A... FACTOID?



A few purely scientific facts about Earth to prevent embarrassment whilst making polite intellectual conversation dressed up as something amusing as the rest of the page with a strange title. You've started reading now though, so you might as well finish...

- 1 The gravity between the Earth and the Moon causes the tides on Earth. This effect on the Moon means it is tidally locked to Earth – its rotation period is the same as its orbit time so it always presents the same face to Earth.
- 2 Earth is the most dense planet in the solar system. The density of Earth differs in each part of the planet – the core, for example, is denser than the Earth's crust – but the average density of the planet is around 5.52 grams per cubic centimetre.
- 3 The rotation of the Earth is gradually slowing down. The deceleration of the Earth's rotation is very slow, approximately 17 milliseconds per hundred years. Eventually this will lengthen our days but it will take around 140 million years before our day will have increased from 24 to 25 hours.
- 4 A year on Earth lasts just over 365 days. It is actually 1/4 of a day over 365 days which is why we have a leap year every four years.
- 5 Earth has a very powerful magnetic field. This field protects the planet from the effects of solar winds and is believed to be a result of the nickel-iron core of the planet combined with its rapid rotation.
- 6 The highest point found on Earth is Mount Everest which reaches a height of 8.8km.
- 7 The lowest point on Earth is called Challenger Deep and at 10.9 km below sea level, it is further than the peak of Mount Everest.



### Take cover!

With the end of the world apparently just around the corner every other week and a planet far, far away threatening to plunge our planet into another ice age at some point this year it'll be of absolutely no relief whatsoever to learn about the world's largest impact crater, but we're about to tell you anyway. As Prof. Brian Cox, all-round clever cloggs and killer keyboardist (as in he's musically talented, rather than a homicidal maniac) and his chums sang in the nineties; 'things can only get better', right?

Situated in Free State, South Africa, the Vredefort Dome is a crater with an estimated radius of 118 miles (although surely we can accurately measure this in the 21st century given that Eratosthenes managed to calculate the size of Earth before Jesus had even been born) that occurred around two billion years ago. Give or take a fortnight. That's a satellite image of it above. Owing to it being the world's largest known impact structure, and we'd like to think that if there was a bigger one someone would've found it whilst idly browsing Google Earth by now, it was designated as a UNESCO World Heritage Site in 2005.



### Quoted:

*"German? We don't say that in America"*

Justin Bieber

Canadians of the world rejoiced as Justin Bieber uttered an embarrassingly dumb sentence in an interview in 2010 but thankfully referred to 'America' making it far less likely that people would realise that he is in fact Canadian.

<https://youtu.be/ns14jxtTaNA>

*Puerile, old fashioned and potentially offensive,  
but irresistible from a nostalgia standpoint...*

*"Yo' Mama so big, when she wears  
high heels she strikes oil!"*

**Yo' Mama!**

## Boss & Rich



pet  
OF THE  
month



### Boss

**Breed:** Fox Red Labrador

**Age:** 4 months

**Likes:** Rocks, the bigger the better.

**Hates:** I'm a lover, not a hater,

**If human I would be:** A skipper for Jersey Seafaris.

**Wants:** To sit on the sofa like humans.

**interesting facts:** I have an impressive rock collection.

**Most impressive thing you've**

**ever done:** I went stand up paddleboarding at two months old, and promptly learned how to swim without swimming lessons!

### Rich Stevens

**Breed:** Jersey bean

**Age:** 32

**Likes:** Jersey milk (green every time).

**Hates:** Sand in the bed

**If I was an animal I would be:**

A dog called Boss

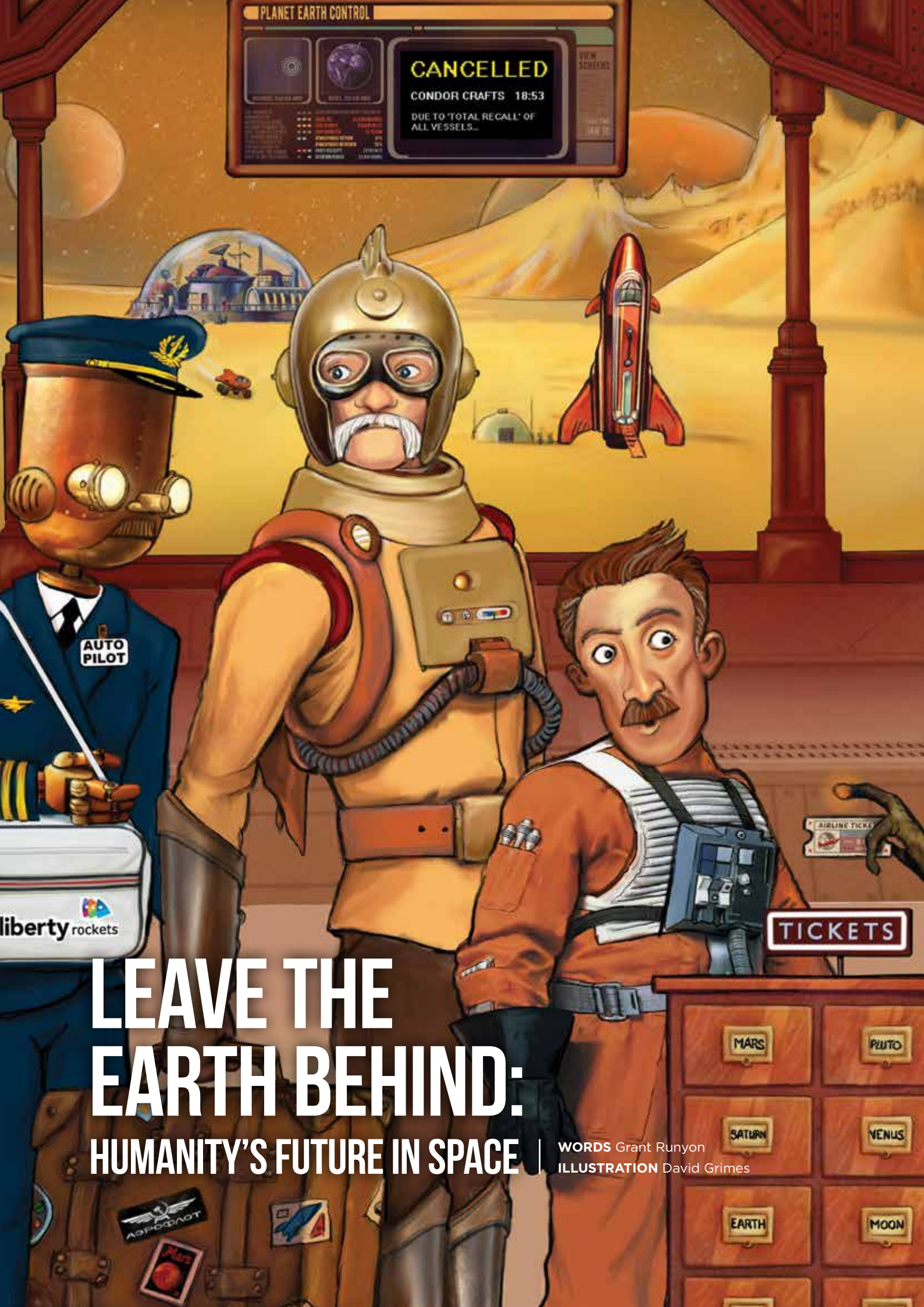
**Wants:** Longer and warmer days...bring on the summer!

**interesting facts:** A lobster can live for 100 years!

**Most impressive thing you've ever done:** Made a job out of doing what I love - showing off the best of our island. from the sea with Jersey Seafaris.

DO YOU HAVE AN INTERESTING PET?  
TELL US ABOUT YOURSELVES - [FEATURES@GALLERY.JE](mailto:FEATURES@GALLERY.JE)





PLANET EARTH CONTROL

DESTINATION	STATUS	ETA
MOON	ON TRACK	12:00 PM
MARS	ON TRACK	03:00 PM
JUPITER	ON TRACK	06:00 PM
SATURN	ON TRACK	09:00 PM
URANUS	ON TRACK	12:00 AM
NEPTUNE	ON TRACK	03:00 AM
PLOUTON	ON TRACK	06:00 AM
VENUS	ON TRACK	09:00 AM
EARTH	ON TRACK	12:00 PM

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CONDOR CRAFTS 18:53

DUE TO 'TOTAL RECALL' OF ALL VESSELS...

VIEW SCREENS

**AUTO PILOT**

liberty rockets

AIRLINE TICKETS

**TICKETS**

MARS	PLUTO
SATURN	VENUS
EARTH	MOON

# LEAVE THE EARTH BEHIND:

## HUMANITY'S FUTURE IN SPACE

WORDS Grant Runyon  
ILLUSTRATION David Grimes

**The people behind Gallery are responsible, so the articles in this earth-themed issue are likely to give the readers a gentle prod in a slightly more sustainable direction. We all know we should recycle more, consume less and generally take better care of our planet - because it's the only one we've got.**

Those who disagree regard our planetary home as an infinite well of resources that must be exploited for maximum profit; they shrug off the evidence of our impact on the globe as questionable, biased or just "alternative facts". In an age of melting glaciers and dying forests those people are starting to look very stupid indeed, but they're in control of the world, and even as we battle them a third viewpoint has emerged. It is held by a faction who definitely agree that our species is ruining the planet, but their preferred solution is that we keep burning up resources, industrialise at a faster rate, and work together for a common goal - not to save our planet, but to leave it behind and find a new one.

### **Moonbase Amazon and the Myspace from Mars**

Colonising new worlds has been a dream of humanity for centuries, a goal expressed eloquently by utopian thinkers who thought that the human race was capable of coming together as one and making a new home amongst the stars. The likes of Arthur C Clarke gazed upwards to the heavens in hope, but today's proponents of interplanetary travel are less socially idealistic. They are predominately drawn from the ranks of the super-rich, specifically California's high-technology billionaires, and are attracted to space travel because they either can't be bothered or lack the capacity to solve any problem on Earth that can't be addressed with an app. These people certainly aren't short on belief in their own abilities, but the only hitch is that establishing an off-world colony is, to put it mildly, somewhat more challenging than arranging to dodge tax on 24-hour delivery of a Sherlock box set. I too want to live on a planet with breathable air, so on the assumption that they are monitoring my email I've listed some roadblocks that our saviours will need to overcome.

### **Challenge 1: the massive level of resources required to leave Earth's orbit**

There's a reason that nobody has been to the moon recently, which is that the trip is incredibly dangerous, requires a highly-trained crew and expends gigantic quantities of fuel just to push a small rocket into orbit. Even once you're in space the moon is still three days away, through a vacuum dotted with radiation and flying rocks - the AA don't offer breakdown coverage out there. The International Space Station is a wonderful achievement, but in space colony terms it's the planetary equivalent of camping at the

Minquiers and telling people you live in the ocean. Russian technology is currently the only way to ride, and nobody wants to put all our space eggs in the basket called "Offworld Aeroflot". So, the dotcom billionaires are first going to need to work out a safe, cost-effective way of lifting millions of tonnes of stuff into orbit without any of it blowing up or falling back down, and then assembling it into the interplanetary equivalent of Virgin Atlantic, Heathrow Airport and those little buses that carry your suitcase. I assume the inventor of Uber is on the job, but they haven't even worked out how to operate in Jersey, let alone deep space.

### **Challenge 2: the immense difficulty of long distance space travel**

At currently achievable speeds, a journey to our nearest potentially inhabitable neighbour (Mars) would take between seven months and a year. This trip would already be several orders of magnitude more dangerous than any journey undertaken by a human crew, and would need to be

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conducted in a vehicle that could contain all of the necessities for habitation, ship repair and eventual long-term survival on a planet with an average temperature of -55°C. When you consider that the vehicle would also need enough space for a large crew to move around, exercise and interact without killing each other you're going to end up with a space rocket at the very least the size of a nuclear submarine, which drastically increases both the fuel requirement and the danger from space debris. There is a possibility that a colony waypoint could be constructed in Mars orbit by robots, and get everything ready for a much smaller human-crewed vehicle, but if we're being lead by Californian techies we'll be expecting this to be done safely by a community who can't even stop Russian teenagers from hacking your fridge.

### **Challenge 3: the unprecedented task of creating a habitable environment**

If challenges #1 and #2 are difficult, but ultimately achievable, engineering tasks,

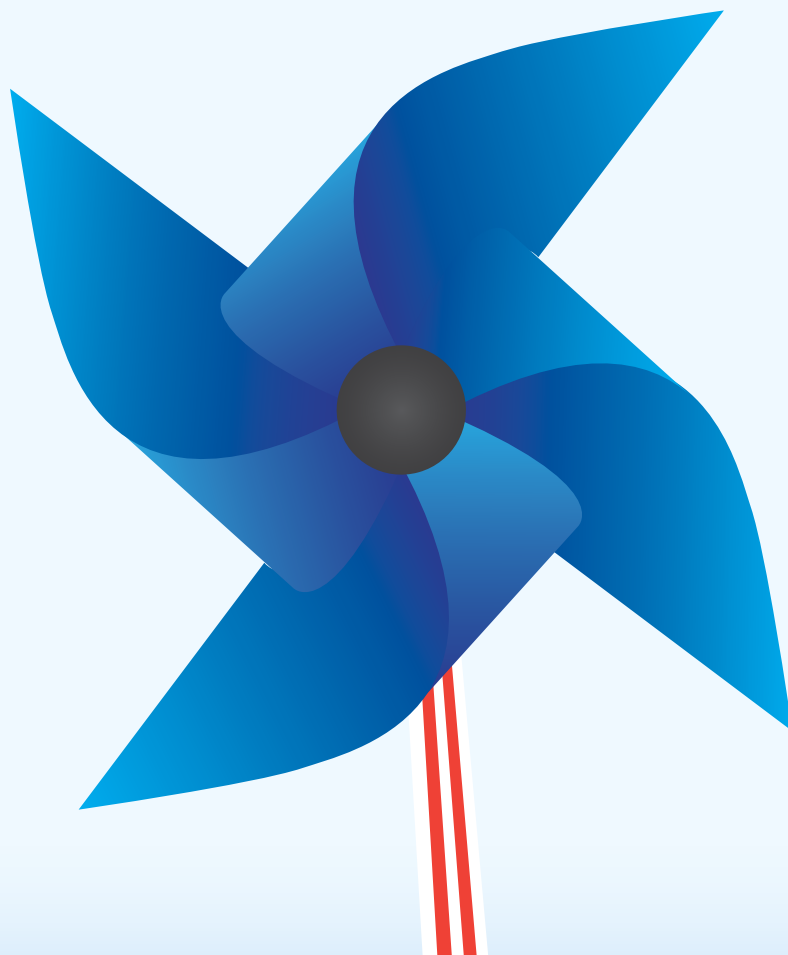
then this one is a whole different ball game. Remember, we are talking about a species that couldn't work out how to safely manage the ecosystem on the one planet perfect to support it, and is nonetheless expecting to develop technology to wholly adapt a hostile foreign environment to its incredibly precise needs. Humans struggle when there's too much pollen in the atmosphere, but colonising space will require us to create a breathable environment and produce food on an entire alien world. What if we get to Mars and discover it's covered in space gluten? We'd be dooming our descendants to bloating, tiredness and bad skin. That's a silly example, but reality holds a million unknown dangers - evolved human germs, unknown Martian bacteria, new toxins. The scientific community can't even agree on whether butter is bad for you, so personally I'm not taking their best guess on whether my descendants can live on Mars without recreating the pyramid scene from Total Recall.

### **Challenge 4: recreating human society on a foreign world**

Based on our history, the biggest challenge to extra-planetary colonisation won't be space travel or the science required to settle a new planet, it will be the part of our brains that has barely evolved from our vicious monkey ancestors. If it's possible that humanity can somehow scrape together enough resources to escape Earth, the prevailing scientific dream has been that this effort will be lead by the best and brightest among us, the selfless elite who see through petty squabbles and work in service of our shared humanity. The problem is that these people will need to bring the rest of us with them, and the likelihood is that the colonists to our new home will be chosen by President Donald Trump and some billionaire sociopaths from San Francisco. If we assume that even a barely functioning Mars colony might take 10 to 30 years for them to build, can you imagine what kind of a place will greet new arrivals once those people have finished work? A freezing, potentially poisonous mass of dead rock, adapted for humanity by the hand-picked servants of a sweet potato fascist and people who spy on their staff during toilet breaks. The Total Recall comparison was supposed to be a joke, but it might not be too far from the truth. We will have ruined a perfectly good planet, travelled across the solar system at the cost of many lives, and the only thing we'll have to show for it is self-driving cars, psychic mutants and a radioactive hooker with three boobs.

# TIME TO SWITCH YOUR ENERGY PARADIGM?

WORDS Lorna Forrester



**Environmentalism creates the unlikeliest of bedfellows. If you put all the environmentalists both living and dead in one sustainably heated room, you'd have the kind of drinks party that wouldn't be out of place in a Coen brothers film. Anyone and everyone would be there: Chico Mendes, Occupy, anti-North Dakota Pipeline activists and, um, Prince Charles. What would they all talk about? Would they manage to not eventually smack each other?**

Environmentalism isn't one 'thing' any more than any of the other 'isms' are one thing. As far as I'm concerned it's enough that we stop messing our planet up and actively try and reverse the damage; other environmentalists aren't quite as vague or forgiving though - check out the Voluntary Human Extinction Movement for more details. While these guys aren't exactly a barrel of laughs, at least their movement doesn't have the mendacity of what Peter Dauvergne dubs the 'environmentalism of the rich' whose basic philosophy is business as usual, just with more wind turbines.

Amid all of the ideological nuances and the terrifying doomsday scenarios (I sometimes can't bring myself to watch David Attenborough shows because I feel I've personally disappointed him), how can we do something positive? Is there something positive that can be done? Should we just crack out the prosecco and try to enjoy life as much as possible while we all go to hell in a handcart?

If I said yes I wouldn't have written this. I mean, we should get the prosecco out by all means, but we must also get to work. While it's easy to become disheartened or to just switch off completely when it comes to our planet and its future, fatalism is lazy and benefits nobody. We should take encouragement from the evidence that humans can be both incredibly destructive but also incredibly clever when we have to be.

One example of this ingenuity being played out is in the creation of alternative

living arrangements and sustainability-centred urban planning. We've seen a proliferation of 'off-grid' designs for homes that create their own energy, and now we're even seeing the world's first high-tech eco-villages being created in Holland. Dubbed ReGen Villages, these communities make use of the Internet of Things and biotech to be fully self-sufficient, from energy to food to waste management.

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AT WAR WITH THEM.**

This is all fantastic for Holland but what about Jersey? Is there a chance here for us to go sustainable too? According to Mark Brandon, founder of local solar energy business Sunworks CI Ltd, the answer is yes, but it's not as simple as just shifting our energy supply; we need to shift the paradigm of how we view energy, by focussing on its value and not just its cost.

We spoke the day before an explosion at the Flamanville nuclear power plant, which is just 30 miles from Jersey. While there was no nuclear leak, it was a reminder that an overly collectivised and centralised

view of energy production is risky for our planet and for us as individuals. Currently, Jersey gets 95% of its energy from nuclear power stations in France, putting us at the mercy of energy production we have no say in protecting or maintaining. In this situation, it's a bit weird that Jersey isn't going more sustainable. As Mark says: "putting appropriately placed renewable power plants on buildings and land owned by islanders puts much more weight on the 'local self-reliance' of our energy supply. It gives people the chance to become their own small energy provider."

Of course not all of us can afford solar panels or wind turbines - I definitely think there is a role for government to play here in subsidising eco-friendly living and working though - but I am interested in this idea of shifting our idea of what has value. Our society is self-destructively acquisitive - we take and take and take from a planet that can't afford to give anymore. Our feverish consumerism is facilitated by

how far removed we are from the impact of our actions. If we begin to see energy as something we produce and not just another thing we consume, we will see the propensity humans have to work in-sync with our surroundings and not at war with them. Why not do it? At the very least it'll be something else to talk about at the next environmentalist drinks party.



# Friends of the earth:

## *how to show the planet you care*

WORDS Grant Runyon  
ILLUSTRATION Roanna Farmer

**I was a teenager when I first became aware of the need to protect our environment, and if you'd asked me then I would have said that after a terrible century the tide was finally turning in favour of the green movement. By 2017 we'd be driving solar-powered cars, the seas would be teeming with humpback whales and the only oil in our homes would be for making stir fry. How wrong I was, with my naive dreams of a windmill outside Pier Road car park.**

Almost 15 years have passed since Michael Jackson released Earth Song, and still we refuse to heed its simple message of respecting the planet, earning the trust of elephants and the idea that MJ might be the second coming of Jesus. The problem has got worse, as MJ has seemingly returned to space and the effects of our reckless consumption are being felt from the smog of Beijing to the droughts of California. Perhaps where Michael went wrong is that his message was too global, too universal, and out of reach for people who just need to start by making a difference in their everyday lives. We need to save the earth, but maybe the best place to start is with ourselves - we need to look at the man in the mirror, and ask him to make a change. If that man in the mirror is you, here are some easily achievable ways you can put yourself on the right path with the planet - perhaps eventually to get those elephants to start taking your calls.

### Recyclopathic tendencies: charity shopper

The biggest way you can make a difference to the environment is in changing your patterns of consumption. In simple terms that means buy less stuff, especially new stuff, and make the stuff that somebody has already bought go a bit further. You can learn to repair your clothes by darning socks and patching things with holes in them, for that 'eighties maths teacher' vibe. Don't buy the latest smartphone, proudly use a Nokia. Dump Xbox One for a Super Nintendo, and buy your books, clothes, DVDs and medicine exclusively from Jersey's massive selection of charity shops. This will mean that you save stacks of money through an entertainment programme made up of the lesser films of Adam Sandler, but also that you will be functionally indistinguishable from a hip art student who's returned to the island from Brighton. That's not a problem if you're in your 20s and like the idea of dating a gender fluid sculptor called "Fox Vortex", but will be a bit harder to pull off if you work in finance and turn up to the golf course dressed like a broke Russell Brand. Stick with it, because Fox Vortex can do things with a chisel that you wouldn't believe.

### Eat local, buy local: mainly vegetables

When you start reducing your footprint through buying everything at charity shops, you'll soon accumulate large collections of last year's fashionable cookbooks. This is fine, as the only difference from this year's fashionable cookbooks is that the celebrity chefs will have had a little more botox, and you can recreate this effect by rubbing warm lard into the Helmsley sisters. There will always be piles of surplus miracle diets, and those are only worth buying to burn as fuel, because the secret to losing weight and saving money boils down to exactly one piece of sensible advice: eat mostly grains and vegetables, and ideally those grown in the parish of St Ouen. You don't need to juice them or eat them raw either, just cook them in basic recipes (with cream and butter if you want them to taste better) and serve yourself smaller portions. Not complex, and you can live well on about £20 of food a week. £20? I heard that sharp intake of breath. Yes, £20, even in Jersey, because the answer to

supplementing your diet is to understand that, with the exception of fresh meat and dairy, sell-by dates are a conspiracy maaaaan - so you can save loads by transforming into one of those people who hang out at the supermarket an hour before closing time. You may have a week eating marked-down Muller-rice for every meal, but it will cost you about 50p a day and you're saving all the fuel needed to ship you something that doesn't taste like wallpaper glue.

### Make love to the land

Well, not literally, but it is worth considering how problems with the global environment are just an extension of bad decisions we make in our own back garden. Most of us work out Jersey is very small by the time we're old enough to ride our BMX further than the next parish, and it should be obvious that we don't have infinite space to bury our rubbish. We clearly don't have any fresh water beyond what falls out of the sky, our roads aren't going to get any bigger and anything we dump into the streams will end up coming out of our taps or floating around in the beaches we all love so much. Given how obvious this is, you'd think we'd all be natural environmentalists, applying the life lessons from a tiny home to the problems of the entire world. Anybody who's seen the 8AM traffic can tell you that we fall well short of being an island of eco-warriors, and the soggy green carpet covering St Aubin's Bay is evidence of our inability to respect our water supplies. But - the change can start with you. Any time you think about binning an object without recycling it, think of that mountain of waste at La Collette, and every time you wash something away try and consider whether you'll be okay drinking its residue in a few years. I'm not suggesting that anybody form a band of masked vigilantes to deal with dog poop and fly tipping, but I promise I'll look the other way if you do.

### Don't go anywhere unless you can get there on foot

Carbon-neutral personal transport is a pipe dream for most places, but in Jersey it really is possible. Any able-bodied adult could technically cycle or walk to work - even if they live in L'Etacq and work in Gorey, and doing that every day would save you time and money from going to the gym. If you're pining for arm day just do your bike commute carrying a couple of bags of (eco-friendly) cement. The wonders of the internet mean you don't actually need to leave the house at all if you don't feel like it, although you musn't cheat and get all your shopping delivered by a stinky big diesel van. Use your environmental conscience as an excuse to skip useless social engagements and family gatherings, and you'll further reduce your footprint by not needing to buy birthday presents because you've become a bearded shut-in. You won't wear shoes, will read only third-hand paperbacks and eat Muller-rice in a hovel decorated with old pictures of Nigella, warmed by a pile of animal skins harvested from irresponsible Chihuahuas and their owners. I guarantee that if you pursue this policy for a year, you'll save enough carbon to enjoy a relatively guilt-free flight to the exotic paradise known as Alderney. Michael Jackson might even collect you from the airport.



**JERSEY**



# PLANET X

IS IT A BIRD, IS IT A PLANE, OR IS IT AN IMPENDING  
INTERPLANETARY CATAclysmic ARMAGEDDON?

WORDS Abigail Ali

**A YEAR ON SINCE THE CALIFORNIA INSTITUTE OF TECHNOLOGY RELEASED EVIDENCE TO SUGGEST A NEW PLANET MAY BE IN ORBIT ON THE CUSP OF OUR SOLAR SYSTEM, ALL MANNER OF CATASTROPHIC INTERGALACTIC PREDICTIONS HAVE FOLLOWED LEAVING US MERE EARTHLINGS DIZZY IN THEIR WAKE.**

The mighty space physicians of NASA study the wonders of the universe; ethereal activity, theories of creation and all manner of compelling wonders in the cosmos. But when an inundation of meteor showers, unusual planetary movement and a barrage of comets were recorded beyond the 9th planet, Pluto (we recognise you Pluto, we're not sizeists here at Gallery) it was bewildering even for those studying the mystic mysteries of the solar system. Using this phenomenal data, the mathematical calculation proposed was that there was a heavy gravitational pull from an unknown high energy mass which was causing misalignment planetary response and 'space' anomalies. And for those non-astrophysicists

among us, that means in basics that the cosmonauts reckon there's some absolutely massive mysterious object in the abyss wreaking havoc with anything that comes within its path. Astrophysicists at CALTECH have pet named the mass 'Planet g' whilst NASA are merely calling it a theory however, like most great hypothesis, take to the internet and you'll find conspiracy theorists and space experts alike spiraling out of control with their own ideas, claims and various alien warding headwear and technology to share with the world. The whisper on the web in this instance is that the culprit for the chaos is in fact the ancient Planet 'Nibiru' infiltrating our solar system once again after some 3,600 years in orbit.

Nibir-who? As legends go this colossal planet, 10X the size of Earth, is home to the Annunaki people who descended Earth 3,600 years ago on Nibiru's last orbit. Stone carvings from the Sumerians, the most ancient civilisation recorded, were discovered in modern day Southern Iraq. Their illustrations portrayed giant like men coming to earth in the bronze age to colonise and create the first civilizations on earth. Of course, challenged against our most familiar theory of the creation of man the stories of the Annunaki don't stand tall, even for giants. But the evidence we do have of Planet X shows it traces an unusual, elongated orbit in the outer solar system wreaking havoc on its headway back toward planet Earth. Accordingly, the flow of plasmatic energy particles sent from Nibiru's atmosphere will disrupt the 'core flows' of the Earth and trigger catastrophic changes in Earth's climate and huge natural disasters. Some theorists believe that the gravitational influence of the 'rogue planet' already disrupted the orbits of other planets thousands of years ago and created a polar shift and a rise in sea levels which resulted in the last Ice Age. If that's not chilling enough, the predicted pathway of this gaseous ball of terror is of course, set for a direct impact with planet Earth which would obliterate the entirety of humanity on its collision totally exterminating all the life on the earth's surface. Not exactly what we had in mind when we called for a clean slate following 2016's desolate series of affairs.

So before we barricade ourselves into the garage and start taking notes from 'The Day After Tomorrow', let's put conspiracy theories aside and take a look at what proof we have here to suggest Nibiru's

presence. Well firstly let's just reiterate that nobody has actually seen this planet in the rock, so it remains a hypothesis as far as NASA are concerned. But there's no argument that strange things are happening in both outer and inner space. Scientists are discovering that the Solar System, the Sun, and life itself are mutating in totally unprecedented ways reporting changes in space that have never been seen before. On Earth too we have been experiencing monumental unpredictable changes. Between 1963-1993 the overall accounts of environmental devastation

from hurricanes, typhoons, tidal waves, earthquakes, landslides to floods, tsunamis and mud slides has increased by 410%. We've experienced more natural disasters and extreme weathers in the last 14 years beyond that which tips the richter scale to alarming heights. Is this the disruptive effects of Planet X, a product of our abuse to planet earth as mankind or just an unfortunate series of events? Either way, the statistics do prove one thing; it's a fine time to be a cockroach.

**"WE'VE EXPERIENCED MORE NATURAL DISASTERS AND EXTREME WEATHERS IN THE LAST 14 YEARS BEYOND THAT WHICH TIPS THE RICHTER SCALE TO ALARMING HEIGHTS. IS THIS THE DISRUPTIVE EFFECTS OF PLANET X, A PRODUCT OF OUR ABUSE TO PLANET EARTH AS MANKIND OR JUST AN UNFORTUNATE SERIES OF EVENTS?"**

So although Planet X may be very far away and dim, our hopes don't have to be! We survived the millennium bug, which turned out to be little more than a sneeze and didn't implode into a dust cloud and end with the Mayan calendar in 2015. And what's another year without a brand new doomsday to pencil into our diaries anyway? In the words of Yoda "Fear is the path to the dark side" So fear not, prior to NASA launching The New Horizons Mission later this year which will further explore the outer regions of the solar system and identify this wild Planet, we reckon you can hold off stockpiling pot noodles until then.

### Want to know more?

On 30 June 30, space physicians, cosmonauts, astronauts and probably a few Star Wars fans band together to raise awareness and discuss issues of impending threats from the void and more on the first ever 'Asteroid Day.'

[asteroidday.org](http://asteroidday.org)

*Has anybody got a Pot Noodle going spare? Hello? Anyone...?*



# EARTH MOVERS

It's a funny thing, earth it's something that surrounds us all and it's also the name of the planet we live on. But for many of us it's probably not something we spend much time thinking about unless it's on the soles of our shoes and we're traipsing it through the house... Well for these three earth movers it features heavily in their lives, in a variety of different guises.

WORDS Sara Felton PHOTOGRAPHY Jason Masterman

## JAMES BARETTE

**JAMES BARETTE IS THE OWNER OF JB GROUNDWORKS, HE STARTED THE BUSINESS IN 2007. THEY OFFER ALL ASPECTS OF GROUND WORKS INCLUDING; DRAINAGE, EXCAVATION, LANDSCAPING, CONCRETE FOUNDATIONS, BRICK PAVING AND CONCRETE WORKS ETC. THEY ALSO OFFER MACHINERY HIRE USING THE MOST UP TO DATE EQUIPMENT.**

As the man in charge his busy days consist of meeting clients and obtaining drawings, which depending on the size of the job he will then go to call upon the expertise of his quantity surveyor to discuss, who will then price. If they are smaller jobs he will price them himself.

James takes a hands on approach to the business "I can be dropping diesel to site or making deliveries on the trucks when we are very busy. There is only a certain amount of planning you can do with construction and we also hire out to other companies so orders can be made at the drop of a hat, so you always have to be ready to get involved when needs be." He has two foreman working for him and they all speak on a daily basis to ensure the smooth running of the business. "I also have a bookkeeper/pa that deals with the accounting side of the business and deals with my HR, which is invaluable."

He's always been a driven and enterprising individual, from the age of 11 he persuaded his mother to buy six hens which he kept on their farm, so that he could then box, sell and deliver their eggs to customers every Saturday morning. "I've always had Saturday jobs which allowed me to gain the experience I needed when leaving college, this included driving tractors in fields at a young age. I left Victoria College to go and work in a trust company and I quickly

realised it wasn't for me. I spent the next 12 months driving a dumper truck for Barette Plant Hire up and down the zoo dredging lakes."

He spent the next five years working for three different companies until he reached a point where he spotted a niche in the market for a more specialised service and realised he could do it himself and so JB Groundworks was born. Whilst the sense of achievement of a job well done is his main driver the 24/7 telephone calls are the area of the job James likes the least, we can't say we blame him either!

The company has completed many projects over the years including Vinchelez Farm in St Ouen, which allowed him to expand the business early on. Then there was the opportunity to renovate four

granite cottages which allowed him to start up the construction side of the business. More recently he's built two New England style houses for Skyway Developments on old Beaumont Hill. JB Groundworks also specialise in the construction of sand schools, 16 to date, the main one being the British Showjumping Association ground on Mont Cochon. "We also did the excavation works

at Liberty wharf and the avenue. Demolished Hotel des Pierres in Greve de Lecq for Summit, I took the building down myself with one of my 14 tracked excavators in one day. Very satisfying!"

So you can also hire equipment from JB Groundworks, the largest pieces of which are the 14 ton tracked excavator which features in the picture with James, and also a six wheeler truck which carries 16 ton. And his favourite bit of kit "That'll have to be the 14ton excavator, especially on demolitions!" and he'd love to own "a Piste Basher which they use to groom the slopes for skiers, unfortunately Jersey weather doesn't warrant one of those." Maybe one day James, maybe one day...





# ALAN LANGLOIS

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**AAL RECYCLING LIMITED (AAL) ARE CELEBRATING THEIR 25TH ANNIVERSARY THIS YEAR. AN INCREDIBLE MILESTONE FOR A COMPANY WHICH ALAN LANGLOIS STARTED IN 1992 WITH JUST ONE-MAN (HIM), ONE LORRY AND ONE DIGGER. THEY ARE NOW THE CHANNEL ISLANDS' LARGEST COMMERCIAL AND DOMESTIC DEMOLITION, HAULAGE, RECYCLING AND EXCAVATION CONTRACTOR, EMPLOYING OVER 60 PEOPLE AND WITH A FLEET OF 40 LORRIES AND 23 PLANT MACHINES.**

If you haven't been down to the commercial and domestic building waste Recycling Centre at La Collette run by AAL, then you should add it to your list of things to do as the work they're doing is quite incredible. We spent a few very happy hours down there getting a tour of the facility which occupies a large area of reclaimed land, unique in many ways including not having a postcode. At their facility they take commercial and building waste, it is then inspected, graded and, using on-site crushers and other recycling processes, turned into various materials to be used again for both commercial and domestic building and landscaping needs.

AAL Recycling also accept all of the island's glass, we've seen it it's like a mountain. Once on site it is crushed and currently used to line the outer wall of the La Collette Reclamation. It basically becomes a sand filter preventing the egress into the sea. "We're also looking at other ways to use the glass including; new patented thermal floor suitable for any new build, mixing it with aggregates such as pipe bedding and for sand-blasting too. I've used it in my floors at home, it heats up so much faster than concrete does."

From La Collette, and their commercial Plant Hire and Haulage operations based in St Lawrence, Alan and his team offer a high level of personal service to their long-standing and extensive client base. "We have a reputation for excellence and professionalism,

which means that we have become the total solutions contractor in Jersey. We pride ourselves on being reliable and delivering a quality service at a competitive price."

Just one of their recent projects, which won the Jersey Construction Council's Project of the Year Award (up to £1 million) was the restoration of the headland on the site of the former holiday village at Plemont, undertaken in conjunction with the National Trust for Jersey (The Trust). Alan explained "With an overall footprint of 6,205.20 sq mtrs, we had to survey and assess the contaminated land, protect the natural environment and inhabitant species, carry out demolition works of the entire holiday village and restore the headland to its natural state. The end result of this project was we were able to reuse 75% of materials from the demolition."

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If you go down and visit the site you can see why they're is such an emphasis on providing clean glass and separating your other recyclable goods too, it means that it can be easily sorted into the different materials for reusing. All of their recycled aggregates meet international standards, complying with the strict quality criteria laid down for recycled aggregates.

They're also members of Genuine Jersey and "We are one of only a few companies recognised as a Level 3 Eco-Active Businesses Leader in the island for our environmental performance." something Alan is obviously very proud. "We are constantly looking at ways to improve our environmentally aware practices, to become increasingly efficient and to lower our environmental footprint." Education is also something that's really important to Alan and his team and an area they hope to be able to expand in the future, there really is no stopping this guy!

# URSZULA KOCHANOWSKA

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**URSZULA KOCHANOWSKA CMLI, MSC ENG IS A CHARTERED LANDSCAPE ARCHITECT FOR LOCAL PRACTICE WADDINGTON. WHILST AN ARCHITECT DESIGNS BUILDINGS, AN INTERIOR DESIGNER TAKES CARE OF THE INSIDE SHE IS RESPONSIBLE FOR PROVIDING THE "OUTDOOR ARCHITECTURE". THIS CAN RANGE FROM BROAD MASTER PLANNING, TOWN AND COUNTRYSIDE PLANNING, TO LARGE SCALE PUBLIC PROJECTS OR SIMPLE GARDEN DESIGN**

It isn't often that Urszula will actually get her hands dirty "for those wondering it's mainly an office job, with the majority of my time spent at the computer (designing) with occasional site visits." she explained but the earth does feature heavily in her role.

"I love being creative both with the aesthetic and the problem-solving." She enjoys working through the process of transforming her 2D drawings and 3-D models into a four-dimensional landscape which changes with time. "Seeing a project come to life is really exciting, but the greatest satisfaction is knowing that I have made a small contribution to people's (and the Earth's!) well-being."

Urszula has spent the last 10 years working on a variety of projects from large commercial developments to private gardens, taking them from inception to completion. "Regardless of the scale, the process is similar. It all starts with the clients needs and a brief, feasibility studies, initial sketch design and then this is followed by detailed construction drawings and site supervision until the project is complete."

Whilst she has enjoyed all of the projects she's worked on she feels her career favourite is yet to come, "There are many variables which contribute to the enjoyment of the design process, as well as the

outcome. I really enjoyed working on the Jersey Hospice project the cause and the location gives this garden a unique sense of space. At Waddington we are currently working on a few exciting projects with three-dimensional landscapes, including green facades, green roofs, and an exciting public realm. So watch this space!"

Landscapes exist all around us and are often taken for granted but exciting things are happening in some of the world's major cities "considering how rapidly cities grow and how greatly their landscapes contribute to climate change and how they affect the mass population who live there this is an important area of focus" explained Urszula.

Stepping away from Jersey what are Urszula's favourites around the world "I really enjoyed exploring Sydney and strolling around New York's green spaces, The Highline, 9/11 memorial and pier parks by Hudson River are some of my favourites. Singapore is on my bucket list. But there is also lots to see in Europe from the classical gardens of Italy or France, the parks in London, to more modern and innovative projects like the Eden Project."

What about the one landscape she'd love to have on her project list "Mars! It would be an empty canvas and the greatest challenge! But before we get there I hope to be involved in more sustainable developments here, on Earth."

Rather than focusing on a global scale, she hopes we can start here and now with Jersey. "With so many great projects on the horizon, I hope everyone will use the full potential of the sites and take into account the visual impact of the surroundings. So that they create the sense of space and wholeness, rather than becoming a landscape or urban island. We should also take the opportunity to provide pedestrian and cycle links to reduce our dependence on cars and promote healthy lifestyles."



## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



### Dandara Colour Run in aid of FNHC returns with significantly increased capacity

The Dandara Colour Run in aid of Family Nursing & Home Care (FNHC) will return in June with around 400 extra spaces available compared to the inaugural event.

As many as 1,200 people will be able to participate in this year's event, which will take place on Saturday 17 June and will see participants being showered with coloured paint as they make their way along a five-kilometre stretch of St Aubin's Bay. Registration is open from 24 March via the charity's website [www.fnhc.org.je](http://www.fnhc.org.je).

Martin Clancy, managing director of Dandara Jersey, said: 'Dandara is thrilled that the Colour Run is returning, and that so many more people will be able to participate. We thoroughly enjoyed being involved with the launch event and look forward to

turning St Aubin's Bay in to a riot of colour in support of the important work that FNHC delivers in our community.'

The paint, which is made of biodegradable corn starch and comes in five colours, will be thrown from colour stations along the route.

Tickets for the Dandara Colour Run will remain £20. All proceeds from the run will go towards the funding of FNHC's frontline services. FNHC touches the lives of more Islanders than any other charity, helping children, their families, the sick, the elderly and the dying.

In addition to the entry fee, participants will be encouraged to raise money for the charity through sponsorships from friends, family and colleagues.

### Close Finance partners with St Martin's School

Staff from Close Finance were planting trees with Year 3 children at St Martin's Primary School at the end of last year as part of a continuing group-wide CSR initiative focusing on environmental issues and sustainability.

Under the Schools Tree Planting Programme, run in partnership with Carbon Footprint, Close Brothers Motor Finance has committed to sponsoring the planting of hundreds of trees at a mix of primary and secondary schools across 16 different locations around the British Isles.

The trees being planted are all native British species, such as oak, silver birch and hazel, and, as well as offsetting the carbon footprint created by business and commerce, these native trees also promote biodiversity by supporting an assortment of different wildlife species.

Just as importantly, the project aims to promote education and co-operation among pupils in schools and encourages them to engage in the longer term management and conservation of the foliage, thereby increasing their understanding of the importance of trees to our environment.



### Cancer Research UK welcomes new chairman of the Jersey Committee

After 25 years of service to Cancer Research UK, Jurat Robert Christensen has retired from his position as Chairman of the Jersey Committee. The charity now welcomes Richard Hughes as the new Chairman and Anita Brown as Vice-Chairman of the local fundraising team.

During his time as Chairman, Jurat Christensen has overseen numerous events and fundraisers in Jersey, leading initiatives that have raised around £28 million for the charity. In 2015, Jurat Christensen was honoured in the Queen's New Year Honours list by being appointed a Member of the Order of the British Empire (MBE) in recognition of his incredible work. Although Jurat Christensen is stepping down from his role as Chairman, he will remain involved as an Ambassador for the charity and will continue to work on major fundraising initiatives.

Mr Hughes and Ms Brown will officially take over as Chairman and Vice-Chairman of the committee during February 2017. Their appointments will begin in line with World Cancer Day on Saturday 4 February. In their new roles, Mr Hughes and Ms Brown will be working with the committee members to continue managing the local charity shop, as well as a busy programme of fundraising events. They will be recruiting additional volunteer committee members to help improve and evolve the community fundraising initiatives, as well as raising awareness of cancer research and its impact on local cancer patients.



### Standard Chartered Jersey Marathon to support Macmillan Cancer Support Jersey

Macmillan Cancer Support Jersey has been chosen as the local charity partner of the Standard Chartered Jersey Marathon 2017. The event will benefit the charity, which provides free practical, emotional and social support to Islanders living with cancer and their families and friends.

Andy Smith, director of Macmillan Jersey, said: "We are delighted to have been chosen to be a beneficiary of this year's Standard Chartered Jersey Marathon. Macmillan Jersey relies on the generosity and support of Islanders to enable us to help anyone affected by cancer on the Island. Being the Marathon's chosen charity will allow us to build greater awareness of our services and provide practical and emotional support to anyone touched by cancer."

Each year, funds raised from the Standard Chartered Jersey Marathon are channeled to Seeing Is Believing (SiB), an initiative launched by Standard Chartered in 2003 to tackle avoidable blindness around the world and a local charity. For 2017, the staff of Standard Chartered voted to support Macmillan Jersey.

The Standard Chartered Jersey Marathon 2017 will take place on Sunday 1 October. Registration is now open for the Full Marathon, Mourant Ozannes Relay and the 3k Fun Run at [www.jersey-marathon.com](http://www.jersey-marathon.com).

Runners are encouraged to donate to the event's official charities during the registration process. After signing up to the race, runners will receive an email with a link to a personal or team fundraising page which they can share with family, friends, and colleagues and keep track of how much they have raised.



### RBC's record-breaking fundraising year for Macmillan Cancer Support Jersey

A varied and busy year of fundraising from RBC Wealth Management staff has resulted in a record-breaking amount going to Macmillan Cancer Support Jersey.

Rock'n' Roll Bingo, a Row-a-thon and raffling off a parking space at Gaspé House, RBC's new offices, were just some of the activities resulting in a total of £57,824; the highest amount of funds ever raised for its nominated Charity of the Year.

Pam Aubert, head of fundraising & communications at Macmillan Cancer Support Jersey said the charity was thrilled to receive so much support, 'Throughout 2016 our fundraising team has worked with RBC's fundraising committee and their staff have shown real motivation and drive in supporting us.

'The funds raised by RBC will go towards our drop-in centre at the Lido Medical Centre, St Saviours Road. We provide cancer support every step of the way to anyone touched by cancer, whether they have been diagnosed themselves or are a relative, friend or colleague of someone living with cancer. There's a host of information available, expert help, emotional support and opportunities to ask questions about cancer, its treatment, the side effects and how it affects your life and the lives of your loved ones.'

Charley Clarke, RBC Wealth Management's Sports & Social Charity of the Year Coordinator for 2016 said, 'We set ourselves a target of £50,000 so we're absolutely delighted to have beaten it. I'd like to thank everyone who supported all the fundraising events we put on during 2016. Cancer affects so many people, including some of our own staff and we are really pleased that such a large sum of money is going to a cause very close to our hearts.'



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## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



### New tablets for local schools as a reward for recycling

Primary schools across the island have been helping JT to collect and recycle last year's telephone directories, in return for new tech, as part of their 'Books for Tablets' annual campaign.

Fifteen schools participated in the competition, collecting a total of 8,312 directories. JT pledged to give one tablet for every 150 phone books collected by each school, meaning they have donated a total of 60 tablets this year.

St Luke's Primary school's pupils, parents, teachers and supporters collected 2,250 directories, the most collected this year by any school. Natasha Marriott from JT presented St Luke's with 15 brand new Alcatel tablets and, as an extra prize, the school also received a free coding workshop, run by Richard Rolfe and Jonathan Channing, organisers of National Coding Week which JT sponsors.



### Exciting new inter-college culinary competition for 2017 launches in Jersey

Rising star chefs from Highlands College Jersey, Westminster Kingsway College London and Bradford College in Yorkshire will go head-to-head this March in a new and exciting inter-college Culinary Competition called 'Heat' brought to you by the Jersey Craft Guild of Chefs. A high profile chef from each college location will join each team and lead their team to battle it out in Jersey for the Peter Queree Trophy. Come and taste their delicious creations!

Each college will cook a three-course lunch or dinner that will be judged by four top chefs in the UK catering industry on 7 and 8 March at the Highlands Academy Restaurant. Front of house students from each college will also be judged on their level of service.

A prestigious Gala Celebration dinner will be held on 9 March at the Hotel de France where we will show highlights of the competition, the winners will be announced and guests will get a chance to enjoy a 3-course dinner comprising of the best course from each college competition menu. Limited tickets are available through Eventbrite.

Michelin Star Chef Mark Jordan and Chef Lecturer Dominic Farrell will lead the students on the Jersey Team and resident chef on ITV's 'The Lorraine Show' James Tanner will host Heat's Gala Celebration. James has owned a number of very successful restaurants and his latest venture is 'The Kentish Hare' pub restaurant near Tunbridge Wells, which has received several industry accolades.

Visiting student chefs will get a chance to explore the Island while they are here for the competition and they will be taken out and about to three local suppliers to see our best local produce at its source.



### J2A improving young lives in Africa off the field in partnership with Jersey schools

Pupils and staff from Janvrin and Springfield Schools recently collected over 1,000 children's books for children living in a slum district of Nairobi, Kenya. The project was organised by Jersey 2 Africa 4 Football (J2A), a Jersey charity working hard to improve the lives of young people in the slums both on and off the pitch.

The books were presented to delighted children at the Maendeleo Learning Centre, who previously had barely a dozen books at their disposal, and to a small community library being run in the area by Slums Information, Development and Research Education Centre (SIDAREC), a youth development project, during J2A founder Ricky Weir's most recent visit last month. The initiative marks the start of what will hopefully be a longer term relationship between the Jersey schools and these Nairobi communities, through their partnership with J2A.



## Les Amis chosen as AFM's charitable partner for 2017

The facilities management company launched its search for a charity to support in October of last year. After studying dozens of applications, staff chose Les Amis, a Jersey charity that supports people with a learning disability.

'Les Amis does an incredible job for a number of people with learning disabilities and we want to be able to help raise their profile even more in the community,' said Karen Girdlestone, AFM's commercial manager.

'The charity does a fantastic job supporting and empowering people in the island with

learning disabilities. Les Amis provides residential, outreach and respite care, and its aim is to encourage and support. We hope that our partnership, providing practical and fundraising help, will allow them to reach even more people in the community.'

Throughout the year, AFM will work alongside Les Amis on a number of fundraising initiatives. The charity also has a number of events planned, including bingo and karaoke evenings and an art auction, which AFM staff will help out with.



## L'Horizon team make a splash with pampering, family fun and pool safety day

The team at L'Horizon Beach Hotel & Spa recently joined forces with the RNLI, their charity of choice once again in 2017, to help raise awareness of the importance of staying safe in the water.

The four AA Silver Star beachside hotel in St Brelade opened its doors to islanders on Sunday 15 January for a day full of pampering for adults, fun for the children and a few lessons in pool safety, thanks to double Channel swimmer Sally Minty-Gravett and Chris Rothery, both RNLI lifeguards as well as swimming instructors.

The big Open Day got underway with a free family swim, followed by aqua-fit sessions and Sally and Chris were both poolside giving children lessons in water safety and passing on some lifeguarding skills.

Meanwhile the Hotel's qualified team of therapists were kept very busy giving grown up guests Elemis facial treatment demonstrations, skin consultations as well as a complimentary hand and arm massage in the Spa's beautiful Relaxation Room.



## Howzat! Record number of young cricketers for Rathbones Spring Term Courses

A record number of school children from Years 2 to 8 will be playing cricket and being coached new skills and techniques thanks to the 2017 Rathbones Spring Term Cricket Courses.

The sessions have proved hugely popular over the last 10 years and this Spring's run has exceeded expectations with sessions already fully booked and a number of children on the waiting list.

Lee Meloy, Jersey Cricket Development Manager, commented "It's fantastic to see the numbers of children taking part increasing every year and we will be reviewing the courses to see what more can be done in the future. We're really grateful to Rathbones for helping to provide these youngsters with the first step on the pathway towards playing international cricket."

Thrilled to be supporting the courses again this season, Rathbones Managing Director, Jonathan Giles added "We are delighted to continue our support of this fantastic development programme.

These Courses are an important part of our on-going commitment to promoting sporting activities in the Island and we look forward to seeing our home grown cricketers develop this season."



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# Reduce, Reuse, Recycle

**The island's new Household Reuse and Recycling Centre is now open at La Collette. The site replaces the Household Recycling Centre at Bellozanne which is now closed.**

If you've not been down to visit the site yet then the first difference you'll notice is the Acorn Reuse Centre. The Department for Infrastructure who run the centre have partnered with local charity Acorn so you can drop off anything and everything that could be reused by someone else.

The site includes all of the household recycling and waste facilities you'll be familiar with, but with far easier drive through access and parking in front of the drop off points. Which means that you'll no longer experience any delays caused by the department collecting recycling banks as there is separate access for customer and operational traffic.

Emma Richardson-Calladine is the Recycling Manager at the Department for Infrastructure she explains how the site has been developed "We have brought the 'reduce, reuse, recycle' message to life to encourage customers to think differently about waste. Customers will notice the cladding created by Ian Rolls that uses

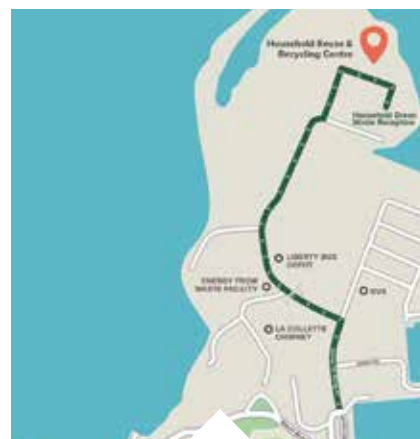
reclaimed materials and colourful items collected from local school children that otherwise would have been thrown away.

Reused and recycled items have also been used in the site's construction, for example the building takes its shape from the steel frame saved from the demolition of the Jersey Potteries building in Gorey and recycled aggregate, glass, tyres and timber have also been included in the build. The site is powered from the nearby Energy from Waste facility and also includes photovoltaic panels and rainwater harvesting to meet the facility's needs."

All of the island's waste management facilities are being relocated to La Collette to create a Recycling Park. This will not only have many operational benefits for the Department but will also enable customers to see how their waste and recycling is being managed. For example, when you're traveling to the new Household Reuse and Recycling Centre you will drive past the commercial composting facility and see

construction waste being reprocessed to create recycled aggregate, it's a real hive of activity down here and definitely worth a visit to see the amazing work being done..

The new Household Reuse and Recycling Centre is open Monday - Saturday 7.30am-4.15pm and Sunday 8am-12.45pm. Customers making their first visit should look for the Recycling Park road signs and then follow the directional banners at La Collette.



**More information about the new site can be found at [www.gov.je/recycling](http://www.gov.je/recycling) or find Rethink your Waste Jersey on Facebook.**

## **They accept the following household waste and recyclables:**

batteries  
bulky waste  
car batteries  
cardboard  
cooking oil  
cooling appliances  
electricals  
engine oil  
fire extinguishers  
flammable pressurised canisters

flat glass  
hardcore and rubble  
household and garden chemicals  
kitchen waste  
laptops, tablets and PDAs  
large appliances  
metal packaging  
metals  
mixed glass (bottles and jars)  
mixed light bulbs and tubes  
mixed textiles and clothes  
mobile phones

non-flammable pressurised canisters  
non-recyclable hardcore and rubble  
paint  
paper  
plasterboard  
plastic bottles  
printer cartridges  
smoke alarms  
soil  
spectacles  
telephone directories  
tvs and monitors



# EVENTS



### Atlantic Hotel & Ocean Restaurant pre-opening

THURSDAY 2ND FEBRUARY

The Atlantic Hotel & Ocean Restaurant were joined by friends and partners last month for their pre-opening event which showcased the newly refurbished hotel following a five week programme to prepare it for the forthcoming season. Guests were treated to canapes and drinks whilst hearing from Managing

Director and Owner, Patrick Burke who outlined the key successes The Atlantic Hotel achieved in 2016. The Atlantic Hotel also presented Mark Brayshaw, Head of Animal Collection at Durrell with a cheque for £6,162 which was raised at the Eat Jersey Food Festival 2016.



### Sangria Restaurant Opening THE ROYAL SQUARE

THURSDAY 9TH FEBRUARY

A quick three-month turnaround has seen the former home of Le Petit Greek in the Royal Square transformed into the fantastic Spanish inspired Sangria, a traditional tapas bar and restaurant which opened last month.

As a thank you friends, family and some of the tradesmen who helped to bring together this little taste of Spain were welcomed to trial dishes from the menu and enjoy a glass of Sangria before the restaurant officially opened to the public.

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### Jersey Association of Directors and Officers Annual Black Tie Dinner

THE L'HORIZON HOTEL

FRIDAY 3RD FEBRUARY

Members and friends of the Association gathered for their Annual Black Tie Dinner. The event grows every year with 165 people attending this year's event, enjoying the fantastic networking opportunities, with industry leaders from a variety of sectors attending.

The chosen charity for the event was the Acorn Reuse Centre and a brilliant £2,257 was raised for the charity.

The event was kindly sponsored by Rossborough Professional Risks and the pictures were supplied by Kay Patrick. For more information please visit [www.jado.je](http://www.jado.je)



### BNP Paribas Staff Party

THE ROYAL YACHT

FRIDAY 27TH JANUARY

More than 160 Jersey and Guernsey BNP Paribas staff enjoyed a Circus themed celebration for this year's annual party.

Throughout 2016 BNP Paribas staff had been raising money for their two chosen charities, and at the beginning of the evening both charities were presented with cheques for funds raised. Both Jersey

Alzheimer's Association and Jersey Hospice Care received £5,600 each.

BNP Paribas raised a further £1,033 from their raffle held on the night, which will now be donated to their chosen charities for 2017, Family Nursing & Home Care and Jersey Hospice Care.

The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL

# JOURNEY TO THE CENTRE OF THE AMERICAS

WORDS Bethany Gallichan



Between the two great landmasses of North and South America lies Central America with borders reaching from the Caribbean to the Pacific coast. Made up of countries dominated by beautiful scenery including palm-fringed beaches, volcanic peaks, enormous lakes, colonial towns and a rich Mayan culture.

I updated my CouchSurfing profile, a community of travelers who can connect with each other to meet up or offer a place to stay. Jose from Madrid contacted me before arriving in Jersey; he had visited 188 of the 196 countries in the world and became my personal travel guide, inspiring me to explore further than my destination Nicaragua.

After a plane, taxi, local bus and boat journey I met with my friend Carolina on the island of Ometepe, formed by two volcanoes in the middle of lake Managua. Carolina writes a blog about the impacts of climate change. A meat loving Spaniard she has made a resolution to go vegetarian and is very conscious of the impact tourism has on the places we travel, especially our thoughtless use of plastic bottles. This conversation stayed with me throughout my journey.

Travelling on your own may seem daunting but it provides such great freedom. You cross paths with people who shape your experience. I met Vanessa when we hiked Volcano Maderas together. We spent Christmas recovering in the traditional town of Granada as local people celebrated whilst keeping their front doors open to the street; the sounds of firecrackers and church bells rang throughout the day and night. We enjoyed travelling on local 'Chicken' buses; they are the cheapest method of transport and a window into local life with the opportunity to sample street food.

At New Year, after visiting the surfer's paradises of El Gigante and the very pretty Las Penitas, I spent the evening in the University city of Leon, watching the sky explode with fireworks at midnight. In the hill top town of Matagalpa I found a cheap room with a balcony overlooking the most

spectacular view of a mountain valley. I bought a map for \$1 from a children's disability charity and after a local breakfast of eggs, beans, plantains and tortilla I set off on my own for a seven hour trek into the wilderness. This exhilarating route took me off the beaten track to the highest peak and through mountain villages that produced coffee for the export market. Majestic birds and monkeys inhabited the forests and plantations.

Travelling from Nicaragua to El Salvador, I met a Salvadorian that has worked for 20 years in California as a postman. We discussed the revolution that had shaped the future of his country, forcing him to flee to the US. I arrived in La Tortuga Verde at sunset, a beach resort with yoga, pelican rescue and a turtle sanctuary, popular with locals who enjoy beach life. One bus journey took me in to the capital, San Salvador, one

of the most dangerous cities in Central America, infamous for the highest murder rate in the world. I passed through without a hitch and arrived in the village of Juayua on the Ruta de las Flores, which was experiencing a cool and windy afternoon. Two local guides helped me discover seven spectacular waterfalls, abseiling into the rainbow filled cascades. Santa Ana, a trading town close to the border, stole my heart with its rich markets, textiles and restored theatre. I discovered a hostel named La Casa Verde with spacious dorms, a pool, roof top terrace and beer fridge.

The Copan Temples in Honduras are home to macaws and discovered by very few tourists. The carved temples rise from the green jungle, home to the ancient Mayan civilisation that disappeared in 900AD. The most likely explanation was an increase in population that led to a crippling famine caused by deforestation, decimation of food production, disease and flooding. In the afternoon I hired a horse and guide to meet remaining decedents of the Mayans in their rural community.

I crossed into Guatemala by shuttle bus to get to Antigua, a 17th Century UNESCO world heritage site over looked by a ring of volcanoes and a large cross on the hillside. This tourist must-see provided streets filled with a lively night scene of restaurants and dark bars that by day transformed into yoga studios, vegetarian cafes, smart clothing stalls with local traders.

A two-day trek up Acatenango to witness the active volcano, Fuego, is not to be missed. The advice is to always take a recommended tour and very warm clothing; six people had died from hypothermia the week before when they had attempted the summit without a guide. The climb to base camp took five hours over loose ash, volcanic rocks, cloud forest and plunging cliff paths. Camping on a cliff above the clouds we watched Fuego smoke, the clearing vista across Antigua and Guatemala City lit up as darkness fell and the stars appeared. Each of us was captivated by the sight of red-hot lava spewing from the centre of the earth. Explosions thundered throughout the night and at 4am we climbed the final summit to an altitude of 4,000m. Beyond the shadows of the volcano we were standing on I could see Lake Atitlan glisten.

A boat taxi took us skipping across the bays to San Marcos on Lake Atitlan. A hippy like culture has exploded up the mountainside reminiscent of the Greenfields at Glastonbury Festival. I experienced the famous market in full swing in the town of Chichicastenango, a textile and craft delight for any keen shopper or admirer of artisans.

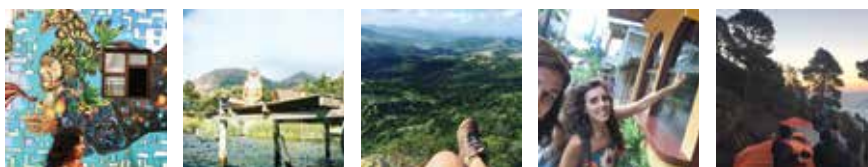
On my journey I met a group of ladies with protest signs, Trump had become president of the most powerful country in the world and the danger seemed too close to home. Americans from the north to the south were enjoying the freedom of travel and the joys of a global community and on that day women were uniting across the globe.

In El Paradon on the Pacific coast I met friends who had set up La Chuza Chola, a social enterprise providing education and enterprise training to local people as surf tourism increased. With an offer of a lift to the airport in time for my flight to Miami I savored the days before I left the beach. The contents of my bag gifted away and replaced with new memories, souvenirs, woven clothing and my spirit filled with a commitment to not eat meat, to continue to stand up for the beauty and diversity of humanity and the earth we live on.

[www.bethspoke.com](http://www.bethspoke.com)



**“Travelling on your own may seem daunting but it provides such great freedom. You cross paths with people who shape your experience”**



# It's a JUNGLE out there.

WORDS & PHOTOS Hannah Carolan

**I have a lot to thank Durrell Wildlife Conservation Trust for. Having moved to the island over 11 years ago it provided me with an opportunity to volunteer whilst I was searching for work, learn more about the critical conservation work they do, and to be able to spend time with some of the endangered species they protect and nurture.**

I have always had a fascination with the orangutan. Maybe it was my childhood love (and still adult love, if I'm honest...) for Disney, with The Jungle Book staple weekend viewing, or being allowed to stay up later than usual on a Sunday to watch David Attenborough's 'Living Planet' series. Their shaggy orange hair and grimacing faces had me daydreaming from a young age about what it would be like to 'hang out' with them (excuse the pun).

I was fortunate enough last year to turn that dream into a reality. My boyfriend's parents live in Singapore, and after a week of exploring the bustling neighbourhoods and walking in the shadows of skyscrapers, we booked a flight to Borneo to continue our Asian adventure.

Our first stop was Kota Kinabalu, named after Mount Kinabalu and the capital city of Sabah. Being relatively fit, as well as competitive, we decided that we would attempt to climb the mountain. Standing at just over 4,000m and rated as the 20th most prominent mountain in the world, we knew it wouldn't be easy.

The two-day climb saw us start at Timpohon Gate climbing up to our

overnight stay point, Laban Rata. With the help of our experienced mountain goat-esque guide John-Wynn (or John Wayne as we called him), we navigated through some of the staggering 5-6,000 plant species found on the mountain, of Himalayan, Australasian and Indomalaya origin, from the lowland fig trees to the shrubs, mosses and ferns, to finally many of the world's richest collection of orchids at the higher slopes. The mountain is also home to some 100 species of mammals mostly living high in the trees, including one of the four great apes and my Durrell favourite, the orangutan (although sightings of these are uncommon, as we found out). Our snack-stops provided an opportunity to feed the cheeky mountain squirrels, and to watch in amazement at the mountain Sherpas who would casually breeze past carrying the evening's dinner, planks of wood, and probably the kitchen sink on their backs.

After managing to conquer the mountain at sunrise, aided by ropes, our head torches and stubborn determination, we slowly headed back down to our Timpohon Gate start point to be taken back to Kota Kinabalu. The following day the sense of achievement was overwhelming...as was the pain in my shins!



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## ...CONTINUED

Our next carefully planned post-mountain stop took us to Gaya Island resort, a short speedboat ride from Kota Kinabalu. Nestled amongst protected mangroves, sheltered coral reefs and curled around the sandy coast of Malohom Bay, Gaya Island commits itself to ecologically-sustainable practices to minimise its carbon footprint. It also forms part of the protected Tunku Abdul Rahman Marine Park. The resort offers guests a weekly programme of free and chargeable activities, with the highlight being the guided nature trail. Walking boots

a good rummage around for something that took their fancy. As well as the proboscis monkeys we were treated to sightings of white cranes, monitor lizards, and bearded pigs within the short time that we stayed on the beach.

Our plan to get away from it all and rest our weary legs came to an end after five days at Gaya, and we were eager to get back into action. I was also mindful that I hadn't yet managed to see the one thing we'd come all this way to find...

Proboscis monkeys jumped from tree to tree, but no orangutans came into sight.

The Gomantong Cave is described by the WWF as the 'best-managed edible birds' nest cave in the world'. It is found in the heartland of the Gomantong Rainforest Reserve, accessible via a boardwalk. We were fortunate enough to visit whilst the nest harvesting was taking place, and see the harvesters at work. Edible birds' nests are among the most expensive animal products consumed by humans, with an average nest retailing for around US\$2,500 per kg in Asia. The smell hit you as soon as you walked in, so we were happy to admire the delicate nests before retreating back into the fresh air.

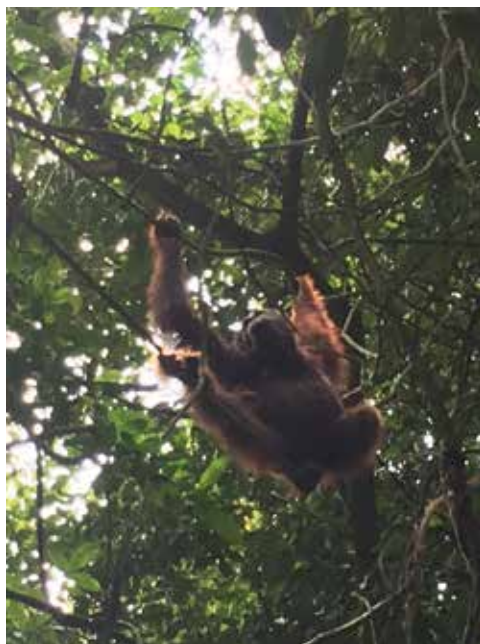
Then it happened. On our way back to the bus we were alerted by our guide to something in the trees that was too large to be a bird or squirrel. A mad tourist scramble ensued. Silent, with my GoPro poised ready, a female orangutan appeared slowly through the trees. Heart racing, she sat directly above our heads watching us for a good five minutes or so (it felt like forever). Our guide reminded us how lucky we were to have this opportunity, with the numbers of orangutans in the wild rapidly diminishing due to deforestation, land conservation, wildlife trading and mining. Whilst I was elated to have finally seen my Durrell friend in the wild, it was a stark reminder of just how endangered they are, and the race against time for Borneo's biodiversity.

## **"Then it happened. On our way back to the bus we were alerted by our guide to something in the trees that was too large to be a bird or squirrel. A mad tourist scramble ensued."**

back on we trekked through the mangroves observing the plant species surrounding us, as well as listening out for any sound in the trees for potential orangutan sightings (...as well as nervously scanning for any snakes). The conclusion of the trail was ending up on a secluded private beach on the other side of the resort. Here you could paddle board and snorkel using kit provided by the resort as well as dine on the beach with one of their pre-packed picnic hampers. The romantic feeling was short lived when a pack of proboscis monkeys (yes, the ones with the unfortunate shaped noses) descended from the trees to come and have

With the rainforest being home to 10 species of primate, and more than 60 species of birds, a trip to the Kinabatangan River (or 'Corridor of life' as it is known to locals) and Gomantong Cave was a must.

Upon arrival at the river jetty we carefully stepped into the narrow boat and donned our life jackets. We had chosen the perfect day for our tour – the water was calm, the air humid and the air so silent you could have heard a pin drop. We were told that a group who had gone out earlier in the day had managed to spot a female orangutan nest building, so our hopes were raised.



### **Links for more info:**

[www.gayaislandresort.com](http://www.gayaislandresort.com)  
[www.mountkinabalu.com](http://www.mountkinabalu.com)

[www.sabahtourism.com](http://www.sabahtourism.com)  
[secure.greenpeace.org.uk/page/s/orangutan-endangered-signup](https://secure.greenpeace.org.uk/page/s/orangutan-endangered-signup)



CULTURE

CULTURE



## All that glitters...



*There's a great old saying that perfectly sums up local artist Ian Rolls latest project "one man's trash, is another man's treasure". Ian was the artist chosen to adorn the walls of the new Household Reuse and Recycling Centre at La Collette which opened in January this year. This facility replaces the household recycling centre at Bellozanne and here Ian tells us about the process involved in creating beauty from trash.*

"The process started well over a year ago when the Department for Infrastructure launched a submission and selection procedure for ideas from local artists, architects and makers to clad the building at the centre with some sort of artwork or design. And my ideas were chosen as the preferred project, which was fantastic.

Once I knew that I'd secured the project I started to collect objects, mainly small plastic toys and coloured bottle-tops, by going into primary schools to talk about the installation I had planned and asking the children to donate unwanted items. I soon had a mountain of stuff with which to clad the letters I made to spell out the

message which runs the length of one side of the household reuse and recycling centre

On the other side of the building I used old tyres of different sizes to frame circular windows and strips of tyre rubber to wind around pillars supporting the porch roof.

Paint spattered recycled floorboards were used to form a cladding plinth around the whole building, expertly fitted by my working partner on this project Jonny Swift (he's the person in the photograph with me).



**“The whole effect is to make the increasingly important business of waste disposal and recycling in the island a much more pleasant and fun experience.”**

A great deal of recycled items were used in the whole project, the building itself takes its shape from the steel frame saved from the demolition of the Jersey Potteries building and was clad with timber salvaged from the site too. There are also thousands of coloured plastic bottle tops which have been fixed in vertical stripes, each one had to be nailed in place by hand.

The whole effect is to make the increasingly important business of waste disposal and recycling in the island a much more pleasant and fun experience. It was great to be involved by helping to change the public perception of “rubbish” through my art.”

To find out more about the household reuse and recycling centre turn back to page 34 where you can read all about the work they do on site.

[www.ianrolls.com](http://www.ianrolls.com)




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## Culture News



**'OFFSHORE' Nic West**



'Offshore', a solo exhibition featuring the latest original paintings by artist Nic West opens on Friday 17 March running until Thursday 6 April 2017 at CCA Galleries International, Hill Street.

Two years ago, after selling all her possessions, Nic left the UK and moved to the remote tiny island of Alderney. Inspired by her new island life (and renting an old palm house perched on top of a Victorian fort battered by the elements) she started to paint. Her abstract works are a personal expression of this unique life experience and an immersion into her new surroundings.

Since moving to the island she has explored every part of it either by foot or in a kayak.

'I've always loved the outdoors but this place has a unique, unusual beauty. During storms, I've headed out to abandoned forts, seen sunsets through bunkers, scrambled over cliffs, watched gale force storms pounding the breakwater. I've lived 'in' the weather in a building whose timbers creak and windows rattle relentlessly in any storm. I've experienced the extremes of the weather, bleak winters, an island blanketed in fog, violent storms, warm summers and turquoise seas. I've developed a great appreciation of the natural world, a need to live by the sea, and an admiration for people living in a small remote community'.

'I am delighted to exhibit at CCA Galleries International and to have the opportunity to show my work for the first time in Jersey'.

### Pirates, puppets and pianos at Jersey Arts Centre!

For those who enjoy classical music, pianist Louis Lortie performs for the first time in the island on 28 March. Famed for his interpretations of Ravel and Chopin, as well as his broad repertoire, Lortie's concert at Jersey Arts Centre is the perfect chance to experience beautiful music played by a true master. Described as "ever immaculate, ever imaginative" by The London Times, Lortie has attracted worldwide critical acclaim, and has performed complete Beethoven Sonata cycles at London's Wigmore Hall, Berlin's Philharmonie, and the Sala Grande del Conservatorio Giuseppe Verdi in Milan. For a rare chance to see Louis Lortie in action on Jersey Arts Centre's stunning Steinway piano, make sure to catch this one-night-only concert.

For those interested in puppetry, prepare to be amazed by I Am Beast, from theatre company Sparkle and Dark. What happens when the wildest parts of your imagination take control? After the death of her mother, Ellie escapes into a flickering world of comic books and wild fantasies. However, as the walls of her new world begin to blur, Ellie must finally face the truth behind her fantasies...A visually stunning new show from the company who brought Killing Roger to Jersey Arts Centre in 2014, I Am Beast features UV landscapes, life-size puppetry and live music to tell a story all about the power of grief and the strength of imagination on 29 March - not to be missed!

Finally, Jersey Arts Centre is offering an adventure like no other this Easter Holiday, courtesy of the award-winning youtheatre and Treasure Island! Full of murder, mutiny, mayhem and far-flung voyages, Bryony Lavery's adaptation of the classic by Robert Louis Stevenson sees heroine Jim Hawkins embark on a life-altering quest for buried treasure. When a stricken stranger shows up at the Admiral Benbow Inn with a chest full of secrets, Jim is drawn into a world of grog, parrots, pirates and one-legged nightmares in the search for Edward Flint's sought-after treasure. Surrounded by friends, and foes, who can Jim trust? Suitable for the whole family, and the perfect Easter treat, make sure to keep a weathered eye out for Treasure Island at Jersey Arts Centre from 4 - 8 April - Yo Ho Ho and a bottle of rum!

*Pictured right, top to bottom:  
I Am Beast, Treasure Island & Louis Lortie*

**For more information about performances, courses and exhibitions that are coming up at Jersey Arts Centre throughout March and beyond, visit: [www.artscentre.je](http://www.artscentre.je) or give their Box Office a call on: 700444.**





## The Importance of Being Earnest

16 New Street, 27 March – 2 April

Following the success of last year's sell-out production at 16 New Street, Butterfly Theatre Company is returning to Jersey to perform Oscar Wilde's hilarious comedy drama, *The Importance of Being Earnest*. Be transported to a world of handbags and cucumber sandwiches and relish in the misbehaviour of the young aristocracy as they endeavour to add a little excitement to their burdensome lives. Watch the drama unfold in the unique setting of 16 New Street. Performances at 1pm, 6pm and 8pm (lunchtime performances 45 mins – evening performances 1 hour, 15 mins)

Price: £15 evening performances; £12 lunchtime performances (+ booking fee)

Visit [www.nationaltrust.je](http://www.nationaltrust.je) or call 483193



## Edmund Blampied: Pencil, Paint and Print Exhibition

Edmund Blampied (1886-1966) is famous for capturing the spirit of the Jersey way of life and people, particularly in his rural scenes. But he was also responsible for quiet acts of defiance during the German Occupation and this exhibition includes his designs for bank notes in which he cleverly incorporated patriotic symbols like the V for Victory sign and the initials of King George VI

In 2014 Jersey Heritage bought eight sketchbooks by Edmund Blampied. These sketchbooks have revealed some of Blampied's working methods and favourite subjects. In this exhibition, which runs until 23 April at the Jersey Museum, they display these sketches alongside finished paintings and prints, showing Blampied's process from start to finish.

**Jersey Museum & Art Gallery - Merchant's House until 23 April. Free entry.**

**Kindly sponsored by Credit Suisse.**

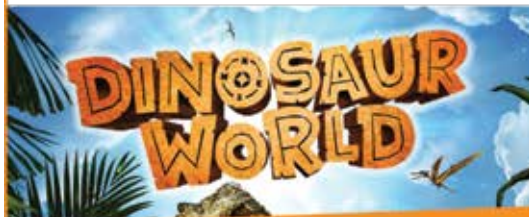
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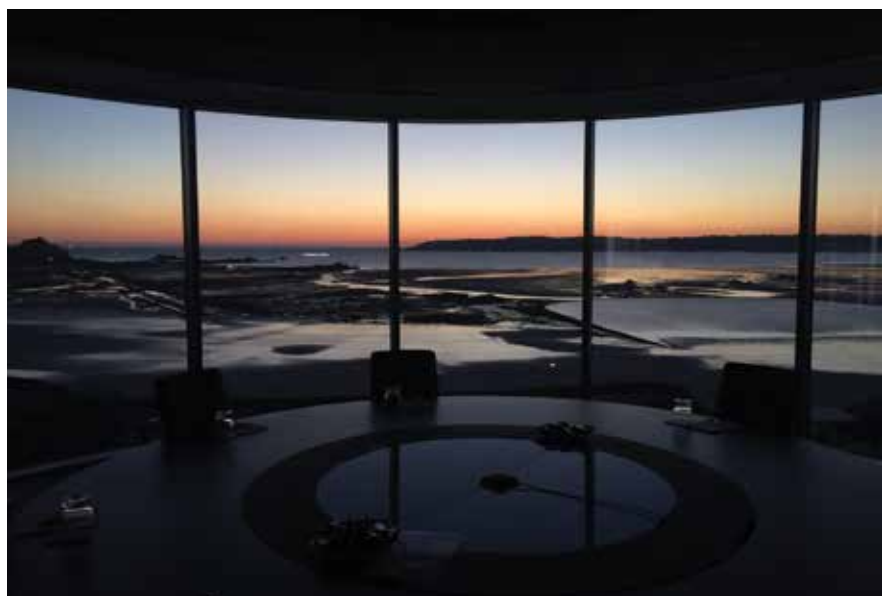
Jason Dodd



Rohan Vandenborn



Norma Molloy



Jo Krupowicz-Malyszko



Norma Molloy



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See more quotes at [www.facebook.com/BATWjersey](http://www.facebook.com/BATWjersey)



CULTURE

Jason Masterman



Jason Dodd



Jason Masterman

Nigel Grièves



Bradley de la Cloche



## Courtney Pine featuring Omar



If you're a fan of multi instrumentalist British born Jazz giant Courtney Pine CBE then you'll be delighted to hear that he's performing his latest project, *Black Notes From the Deep* featuring special guest vocalist Omar at the Jersey Opera House on Wednesday 26 April at 8pm.

In the 80's he was one of the first black British jazz artists to make a serious mark on the jazz scene when his first album charted the top 40 and since then he's had numerous BBC Jazz Awards, MOBO's, a Mercury Music Prize nomination and remained at the forefront of UK jazz with a contemporary jazz style that integrates modern British sounds like drum n bass and UK garage alongside soul, hip-hop and deep rooted influences from across the Caribbean.

For his latest project, *Black Notes From the Deep* (Freestyle Records) he returns to the tenor saxophone for the first time in a decade and features the vocal talents of UK soul star Omar, whose 1992 hit single "There's Nothing Like This" established a truly unique and instantly recognisable "signature" sound that has since earned him widespread critical acclaim and seen him collaborate with the likes of Stevie Wonder, Erykah Badu, Carleen Anderson and Angie Stone.

This very special project brings together two of the UK's finest jazz and soul talents composing, recording and performing new original material together for the first

time. We caught up with Courtney ahead of his appearance at Jersey Opera House to find out more about his latest project and the collaboration with Omar

***For those who aren't familiar with the different types of saxophone, four I believe, what makes the tenor so special?***

The instrument fits into the middle of the saxophone family and sounds the most individual. It is capable of a wider palette of expression than the other instruments due to its range.

***And why have you chosen it for this concert?***

I have not performed on this instrument for a while now and having returned to it with fresh ideas I feel very excited about making music again.

***Do you play any other instruments?***

Yes and I am looking at adding the bass flute to my arsenal. There are many

instruments out there that make you feel better when you play them so the list of instruments that I perform on is long.

***Do you still have to practice, if so how often?***

Having to run a record company takes time and energy so my answer to that is simple yes I still practice and not enough.

***What can audiences expect from your collaboration with Omar?***

We are artists with much in common. For a few decades now we have gone around the world representing who we are as members of the United Kingdom, crafting concerts that unite people for the common good so it

***"There are many instruments out there that make you feel better when you play them so the list of instruments that I perform on is long."***

makes sense in this day and age that Omar and I pool our resources, philosophies and musical concepts to strengthen our message that together united human beings are stronger as opposed to those who try to label, divide, subjugate, victimise and exploit. Jazz music has been uniting people ever since its inception and even in this day and age still does.

To book your tickets call the Jersey Opera House box office on 511115 or visit their website [www.jerseyoperahouse.co.uk](http://www.jerseyoperahouse.co.uk)

# BEAUTY & WELLBEING

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FIRMER FEELING SKIN

OR



COMFORTING HYDRATION

# Beauty News

## Shhhhhhhh....

Everybody loves a secret, so I'm going to let you in on the best one I've heard in a while.

Have you noticed anything mysterious inside the beauty hall of de Gruchy? No? Look closer.

Browsing around the Darphin counter everything looks normal. There's beautiful products displayed neatly in place and the beauty consultants are smiling back at us, but hidden behind the mint and cream exterior is something special. What looks like a plain wall, invisible to the naked eye, is actually a door leading to Jersey's only beauty speakeasy!

Instead of cocktails you'll find calm, as a perfect little beauty room awaits, inviting you to relax and unwind.

Available by appointment only, to unlock this secret simply visit one of de Gruchy's beauty counters; Crème de la Mer, La Prairie, Darphin, Clarins, Clinique, Lancome and Estee Lauder each offer their own unique treatment or consultation.

Treat yourself to a facial or indulge in a hand, shoulder or arm massage, learn about all the best products for your skin, receive a demonstration or even a private makeup lesson.

*Pop in store to book your place today... and remember, it's our little secret!*



The latest perfume from the masters of scent Sisley. Izia is a feminine radiant fragrance, like walking through a dewy garden, it's timeless and it's unforgettable! With sophisticated floral top notes and a warm woody base; pop into Voisins to try it out.



## Problem solved

We popped along to meet the fabulous Olivia Wintour, owner of Luminosity Laser. Olivia is a fully qualified and registered Laser Tattoo Removal and IPL Technician and having just celebrated her first anniversary she has already developed a great reputation for her work.

Working from her base at Sanctum Tattoo Studio, 102 Halkett Place, she is perfectly situated to help those wanting to either remove or fade old tattoos ready for a cover up and works closely with the team.

It isn't just about tattoos though as her IPL hair removal and acne treatments have also seen many happy clients leave with smiles on their faces.

With a course of laser hair removal seeing an amazing 70% of hair never returning it's a sure fire winner for those of you looking to get beach ready ahead of the summer. Of course it isn't just for ladies as Olivia sees a great deal of men coming into the studio too.

If you're interested in finding out more about Luminosity Laser then Olivia is happy to offer you a free consultation, where you can talk through a treatment plan. You can also head to Facebook: luminositylaser to see pictures of her work.

*Call 07829 852773 to book your FREE consultation.*



## The dangers of a normalising environment



**WORDS** Christopher Journeaux,  
Quiet Room Therapy

*So the radio comes on and the track is Blurred Lines by Robin Thicke, featuring T.I. and Pharrell. The beat is infectious and without thinking much about it my hands are tapping away at the steering wheel.*

I think I may have begun singing the chorus, the words kind of lost in the beat. Then fast forward a few weeks and I am at Le Rocquier School supporting one of the trainers for Jersey Action Against Rape with their outreach programme. The session is going well; 41 boys fully engaged in thinking about rape, sexual assault and the media environment in which we live. No giggling and some serious, intelligent questions. Then the trainer starts playing Blurred Lines.

*"We can stop this; reject an entertainment culture that normalises an environment of disempowerment. If we don't, and society normalises in this way, we are all in danger of becoming numb to the damage it can inflict."*

I wasn't fully concentrating on this because I'd been talking to one of the break-out groups. Within a few seconds my feet were tapping to the beat. That is until I look at the screen. The slide made the point that the lyrics were mirroring the kind of language that might be used by someone committing a sexual assault.

*I know you want it  
But you're a good girl  
The way you grab me  
Must wanna get nasty*

The assumptions bound up in these lyrics suddenly hit me in an entirely different way. It occurred to me that this is one part of the normalising environment in which we live. Are lyrics not playing out the whole debate around consent. How society can apparently make assumptions about someone else's sexual intention without actually asking them. It reduces that person to an object of another's unchecked desire.

We can stop this; reject an entertainment culture that normalises an environment of disempowerment. If we don't, and society normalises in this way, we are all in danger of becoming numb to the damage it can inflict.



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# Feel a million miles away on your doorstep



*Are you looking for something to entice your friends and family to visit you over the next few months, if so then look no further than Island Retreats, who are passionate about creating the very best health and fitness team the island has to offer. Of course, it isn't just for visitors, the retreats are also the perfect solution for those wanting to devote some valuable time to themselves right on your doorstep.*

These guys won't just put you through your paces physically and mentally but they'll also work to show you and your visitors the very best the island has to offer too. Island Retreats is the brainchild of well-known local trainer Lewis Smith, he explains "Our focus is to rejuvenate, spending as much time outdoors as possible and making the most of what our beautiful little island has to offer."

At Island Retreats they want to share with you the healthy island lifestyle and the importance of having variety in your

fitness regime. During your retreat, they will provide you with the knowledge and tools to condition and nourish your body whilst focusing on the importance of balance and sustainability. There'll be no fad diets; no juicing or starvation; just moving your body naturally and fuelling it with exactly what it needs. Their 'Lifestyle Retreats' are the perfect balance between work and relaxation.

You can expect fun packed active days, and workshops and spa treatments by night. The lifestyle retreats are hugely varied and offer a

wide range of activities such as picturesque cliff path runs, yoga on some of Europe's most beautiful beaches and surfing in clear waters.

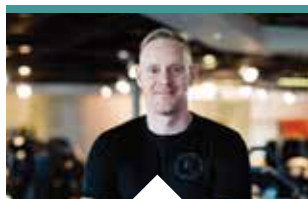
Lewis went on to explain "Our aim is to offer a complete package, assessing all areas of the term 'fitness'. Invigorating your body through exercise, relaxing your mind with mindfulness sessions and refueling you with a carefully tailored healthy menu using the highest quality local produce."

## The team includes;



**LEWIS**  
TRAINER

Lewis will help provide you with the knowledge and mindset it takes to achieve your goals, whether that be in sport at the highest level or simply adopting a healthier, more active lifestyle.



**ADAM**  
TRAINER

Never scared of a physical challenge, Adam took on a career as an elite soldier and became a Royal Marines Commando. His style and delivery of instruction is professional, sympathetic and tough as you would expect considering his career history.



**NATASHA**  
NUTRITIONIST/ PILATES

As a registered nutritional therapist Natasha she will provide practical Nutritional Advice to support people's busy lifestyles, and offer corporate wellness programs including Nutritional talks and workshops.



**MEGAN**  
SURF COACH / TRAINER

Having grown up at the beach, surfing for Megan quickly became second nature and has always been a huge part of her life. Her love of surfing has propelled her to compete at both British and European levels.



**MICHAEL**  
MUAY THAI / TRAINER

It's safe to say that Michael lives and breathes his sport, and has earned a reputation through pure commitment on both the national and world stages; fighting his way through the ranks to become a British champion and competing against world champions too.



**REECE**  
MUAY THAI / TRAINER

Reece has had an extremely successful career in professional Muay Thai, earning a number of titles along the way. He now takes tremendous pride in passing on that knowledge and understanding, of performance at the highest level to his clients and helping achieve their goals.



**GEMMA**  
WELLBEING & PERFORMANCE

Gemma is an Elite track athlete, wellbeing mentor, and performance coach who is passionate about empowering people to help themselves fulfill their potential and be their best.



**VANESSA**  
YOGA

Vanessa loves to support yogis through all levels of their yoga journey through cultivating clarity, confidence and ensuring Yoga is accessible to all.



## 12 Weeks To Align Your Health



Being told your body shape is changing and you look taller is, for me, one of the nicest compliments I think I've received in a long time! It was totally unsolicited too, I promise.

Well, it's all thanks to the incredible 12 Weeks To Align Your Health (#12wtayh) programme, which I embarked on at the start of January. The programme takes a physical, chemical and emotional, 360 view of your health to start you on the path to a healthier version of yourself over 12 weeks and so far it's absolutely awesome! I'm going to talk you through the last six weeks but I already know I'm going to struggle to explain just how amazing the whole experience has been, but I'll try.

Now this isn't your typical transformation programme, it's about so much more than weight loss although of course that seems to be a great added bonus. You set your own specific goals and the course is tailored to you. It can cater for anyone who is looking to realign their health, whether you are looking for a kick-start on to the right path, you are looking to develop long lasting good habits and make a positive change, or you feel your health and fitness may have plateaued.

For me this was an incredible chance to focus entirely on myself and being no stranger to injury, after years of playing a physically demanding sport, I was looking forward to having the chance to work on the countless niggles I have acquired. The beauty of the whole programme is that each one of those involved in your care is under the same roof, so they all have access to your notes and they all talk to each other. This means that if you're having a problem in the gym, then you can be sure that your chiropractor and sports masseur will know about it and be able to work on it straight away so that it doesn't hold you back.

There are five of us on the programme, we first met in December to book in our appointments for the full 12 weeks so that there were no chances we'd miss out on any of our sessions. We also had full bloods taken which included a homocysteine testing (the first time this has been offered in the island and provides an earlier indicator of potential heart issues later in life and allows you the chance to correct things that may be influencing them), functional

genuinely taller at the end of my 12 weeks.

I see personal trainer Nick Dingle for two 30 minute sessions, one focussing on strength and the other on mobility. I've had PTs in the past but not one like Nick, his focus is on form and technique as much as it is about building strength. He's helping me to build great habits for the future and I'm already achieving results in the gym like never before. He also posts two home workouts, a HIIT and stretching one, on our closed Facebook group too.

Ciara Ahern is the lady who gives me a weekly sports massage and man alive, I now know that my response to pain is hysterical laughter, but she's made a huge difference

**“Now this isn't your typical transformation programme, it's about so much more than weight loss although of course that seems to be a great added bonus.”**

movement screening, blood pressure, BMI, body measurements and posture pro - spinal alignment check. All of these tests provide you with an overall wellness score, which is your benchmark with the aim being to improve that by the end of the programme.

Each week I see Marie-Christine Dix for a Chiropractic session, having never experienced it before all I can say is wow! It's remarkable how much better I'm already feeling, I'm far more aware of my postural alignment and so many of my niggles are already subsiding, I can't wait to see if I'm

to many long-standing issues that have impacted my training in the past. This isn't the kind of massage many people will be used to but it is truly magical, if sometimes rather painful it's definitely worth it.

The programme also involves cognitive therapy sessions and nutritional guidance, it really is the whole package. Once I have completed my 12 weeks I shall write again and let you know how much I've improved on my wellness score, I'm excited to find out!

[www.align.je](http://www.align.je) #12wtayh

# Conscientious consuming

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*Available from Boots*

This brand sticks to a carefully edited list of non-toxic, eco-friendly plant extracts. 97% natural and sulphate, paraben and petrochemical free. Full of nutritious ingredients, this body lotion immediately moisturises and energises dry, thirsty skin back to happiness.



## Elemental Herbology

Shiny Locks Shampoo and Hair Soufflé Conditioner

*Available from [elementalherbology.com](http://elementalherbology.com)*

High performance and bio-nutritious skincare made in England. These products contain zero synthetic fragrance, artificial colour, mineral oils, sulphates, paraben preservatives and are not tested on animals. Rich in natural ingredients, this high performance haircare duo not only smells beautiful but will leave your hair glossy and revitalised.



## St. Tropez

Self Tan Bronzing Mousse

*Available from de Gruchy*

Suitable for vegans and vegetarians, anti animal testing and paraben free. One St Tropez product is sold every 15 seconds around the world! This oh so soft, easy to use mousse will turn your pasty limbs a light golden brown, making life that little bit better!



## Aromatherapy Associates

Revive Body Wash

*Available from de Gruchy*

Energise your mind and body with this invigorating body wash containing some amazing smelling essential oils. The ingredients in this product are 'wild crafted', which means they are sourced from their place of origin to ensure they're of the purest highest quality, for example the lavender will be picked from fields in France!



## Origins

Drink Up

*Available online*

Origins is the No.1 company in the UK for masks and this one will put dry skin to bed with its ultra-rich, hydrating formula. Origins only uses plant ingredients which come from renewable resources and their Plant A Tree initiative has already seen half a million trees planted around the world!



## Jessica

Custom Nail Colour Midnight Mist

*Available from de Gruchy*

Jessica Custom Colours are made without all the usual nasties found in nail varnishes. They are Formaldehyde, Toluene and DBP Free. So they're even safe to use when you're pregnant. The lovely new de Gruchy nail bar uses Jessica products so why not book yourself in and treat yourself to a manicure on your lunch break?

# FASHION



DISCOVER  
THE NEW SEASON COLLECTIONS

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HUGO BOSS | GANT | TOMMY HILFIGER | OLYMP  
HACKETT | TED BAKER | ROY ROBSON

de  
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## Brand News



**Sunday 26th March - note it down!**

With Mother's Day just around the corner, there is no better excuse to pop into Swarovski to find something for yourself and your mum.

As part of the Spring Summer 2017 collections Swarovski have launched the new Crystal Wishes pendants. Wear the set of two pendants together for an on-trend layered look, or give one away to a loved one as a symbol of the unique bond you share.

Both pieces combine different metal platings and would make an ideal Mothers Day gift. *From £70.00, available from Swarovski Jersey, 21 King Street.*

### AHOY THERE!

The 1st floor in de Gruchy is now brimming with the latest new season fashions, but there's one trend that is standing out. This wardrobe staple has been given a fresh look with different styles and new ways to wear - this spring, it's all about seeing stripes.



Mint Velvet offers simple lines angled with a chic sleeve cut. *Fluted Sleeve Blouse UK RRP £79.00, de Gruchy £73.00*

Mix up the classic nautical look with this playful dress from Karen Millen. *Fine Stripe Knit Dress £140.00, de Gruchy £130.20*

Opt for something bolder with big block colours from Phase Eight. *Blanche Colour Block Dress UK RRP £110, de Gruchy £102.30*

Pretty florals and colourful stripes are blended effortlessly in this cute jumper from Oasis. *Collar Jumper UK RRP £40.00, de Gruchy £36.00*



*Gant The Windcheater Jacket UK RRP £160.00, de Gruchy £144.00*

*Barbour Harrington Casual Jacket UK RRP £149.00, de Gruchy price £134.10*



*Ted Baker Apollo Moulin Bomber Jacket UK RRP £199.00, de Gruchy £179.10*



**MEN'S TREND SPOT**

The lightweight jacket March - the sun is beginning to work its way back into our day and there's more light on the horizon, but it can be a strange month for your wardrobe. Too hot for a big winter coat, too cold to brave it in just a shirt. The answer is the humble lightweight jacket and here is our round up of the top three from the latest SS17 collections. Perfect to stylishly see you through the season!

*All available from deGruchy*

How do you get your kicks?

Simply head to Pebble on Market Street and check out their awesome range of skaters. Ideal for the transitional weather and oh-so-comfy!



# Trend News **from Renaissance**

*If you haven't been lucky enough to discover the heavenly Renaissance on Hilgrove Street then you are in for a treat. Set over two floors this beautiful boutique is home to some of the most incredible brands and comes complete with a vibrant, enthusiastic and knowledgeable team ready to give you their honest and open advice on this season's fashion trends. We popped in to see owner Lesley, who was fresh off the plane after one of her frequent buying trips, to ask for her top picks for SS'17.*

*"We pride ourselves on always offering our customers something fresh and new so there are constantly items arriving for them to discover but here are just a few of my highlights;*

We have the **Kate Moss** collection for **Equipment**, which is only stocked in 10 stores throughout the whole of the UK, we're so lucky to have it. You can expect timeless, sexy silk shirts that feel like a second skin when you're wearing them, you'll never want to take them off. At last count I had 28, but I have been buying them for the last four seasons. This collection has both amazing prints and plains to choose from and the focus is on pajama tops as outerwear. They're the perfect item to dress up your jeans.



Which moves me perfectly onto our **Current Elliot** jeans from LA, I guarantee you're going to want a least one pair of these jeans in your wardrobe. They're cut to sit higher on the waist and once you wear them they don't change shape, honestly! We stock skinny, boyfriend and bootcut versions too.



Onto **Marc Cain**, well what can I say they've done it again this brand never fails to impress me. We started off with soft pastels and flower prints and now we're coming in to the brighter colours, as you know our drops are constant through the season which means you're going to be right up to date keep an eye out for their Caribbean inspired Good Vibes collection, stripes and beautiful brights too.

**Marc Cain** also have an incredible sport luxe collection which they call **athleisure** wear as it can just as easily be worn in or out of the gym and we'll also be stocking their embellished trainers, which are huge this season.

A piece of cashmere has a place in every woman's wardrobe and thanks to English designer **Chinti & Parker** you'll be spoilt for choice as you can choose from a vast array of amazing sunshine colours and designs. Their amazing quirky cashmere collection is fun, young and luxe. It's fuelled by a passion for innovative knit design.



Moving on to accessories then you'll want to check out **Tissa Fontaneda**, she has great pedigree having designed for Louis Vuitton. Her unique Bubble Nappa leather bags are the perfect way to add an instant pop of colour and texture to your outfit. I often get stopped by people wanting to know where I got my **Tissa** bags from, I absolutely love them (we can see why, they're amazing). We always carry the classics but this season we've also added a huge pop of bright colour, we're talking yellow, orange and bright blues."



*We had to restrict Lesley to just five of her top picks but it really was just the tip of the iceberg. We highly recommend you head along to discover more for yourselves, the experience is guaranteed to be just as incredible as their collections.*

# LOST CITY

---

**Photography & Styling** Danny Evans

**Make up** Jo Baran

**Model** Jessica

---

Coat by Essentiel **£325** from Manna

Shirt by Baum Und Pferdgarten **£145** from Manna

Shoes by Essentiel **£145** from Manna





Coat by Baum Und Pferdgarten **£234** from Manna  
Shirt dress by SET **£145** from Manna  
Bracelets by Balar from Manna  
Scarves by Oasis **£11** from de Gruchy  
Shoes by Essentiel **£145** from Manna



Cape by Karen Millen **£116.25** from de Gruchy  
Top by Karen Millen **£83.70** from de Gruchy  
Skirt by Oasis **£34** from de Gruchy  
Bracelets by Balar from Manna  
Scarf by Oasis **£14.50** from de Gruchy  
Bag by Antik Batik **£175** from Renaissance

Jacket By Marc Cain **£289** from Marc Cain  
Jumper By Equipment **£249** from Renaissance  
Shirt By Equipment **£195** from Renaissance  
Bracelets by Balar from Manna



Jacket by Riani **£435** from Renaissance  
Tank top By Karen Millen **£74.40** from de Gruchy  
Bracelets by Balar from Manna  
Skirt by Oasis **£34** fro de Gruchy  
Shoes By Antik Batik **£185** from Renaissance



Dress by Antik Batik **£245** from Renaissance  
Cape by Karen Millen **£130.20** from de Gruchy  
Bracelets by Balar from Manna  
Shoes By Antik Batik **£169** from Renaissance



Dress by Karen Millen **£148.80** from de Gruchy  
Kimono by 5 Preview **£125** from Manna  
Shoes by Essentiel **£145** from Manna



# StyleStalker

**WORDS**  
Lauren Burnett



**Lina Freitas**

Lina was dressed smart yet looked casual and when I spotted her in a car park (no, really!) I thought to myself how cool she looked. Her shoes were what caught my eye first, the suede style brogues with thick soles are from Dune as was her scarf.



**Aurelie Gaudin**

As she was wearing the furry coat from my shop Aurelie was an easy one to style stalk. She teamed it perfectly with her nude over the knee boots and a nude bodycon, cut out shoulder dress! She was so on point!



**Tiago De Sousa**

Out for the night Tiago looked sharp yet casual. His cut off khaki trousers threw light on his Red Wing sand coloured boots. I think men always look amazing in the winter with a good pair of boots on and Tiago nailed this look.



**Chantal Quiniou**

Chantal looked every inch the glamour puss! Her coat is from Etsy and unbelievably accessorised with a feathered fan and stunning velvet dress. Her centre parted hair, glamorous make up and silver Mary-Jane court shoes were all a style stalkers dream!



**Olivia Rossi**

Olivia's navy, red and cream striped shirt dress teamed with high ankle boots are totally on trend this season and she looked both stylish and demure in this outfit. Her navy Burberry mac tied the whole look together perfectly!



**Leanna Ebanks**

Leanna caught my eye as she was achingly on trend with her t-shirt dress and over the knee boots. She'd accessorised the look with a black and gold Moschino belt and matching gold metallic bag, topped by her grey faux fur to keep the cold away!

gallery  
bridabible



IMAGE: MATT PORTEOUS, WEDDING\_M

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## COVER CREDITS

**Couple:**

Dan &amp; Polly Butler Hawkes

**Image:**

Matt Porteous

**Dress:**

Anna Trigg

## PHOTOGRAPHERS

Danny Evans

Andy Le Gresley

Matt Porteous

Danny Richardson

Paul Wright

## PRETTY BRIDAL ILLUSTRATIONS

Rosie Evans

Paul Mann Conway

## CONTRIBUTORS

Decia De Jesus

*(Kiss & Make Up)*

Tania Castro

*(Jersey Post)*

Paul Wright

*(Paul Wright Photography)*

Paul Mann Conway

Ceri Baker



## Welcome to Gallery's Bridal Bible

So you're getting married! Eek, wahoo and good luck!

It is our mission to inspire you with new ideas and help with the practicalities of planning a wedding in Jersey.

The next 24 pages are full to the brim with expert advice, top tips and a whole plethora of prettiness and wonder that you can incorporate into your big day. From beauty basics to suiting and booting the groom, we've tracked down the best people to help guide you through this fantastic time.

Our handy A-Z format means that everything is laid out as easy to absorb bite-sized pieces of information. We've tried to make this guide useful for all ages, so if you're being swept off your feet at 16 or have only just met Mr Right at 81 then there should still be something in here for you.

Make sure you check out the fab make-up guide from Kiss And Make Up and also the gorgeous jewellery shoot with sparkly treats for your wedding day. Our wedding checklist is one of the best in the business, so, as long as you've checked off all those boxes, then you are ready to tie the knot.

Enjoy your planning and try and refrain from being too much of a bridezilla, although this is your moment, so milk it!

## Team Gallery

A

## Amazing Anna

We met up with a few Jersey Brides who all have one thing in common; the oh-so-talented Anna Trigg and her brilliant bridal wear.

**Polly Butler Hawkes**

"Anna truly was my fairy godmother! I had a really difficult time finding "THE ONE" but Anna made me feel so relaxed and that anything was possible; creating a bespoke dress that suited me, rather than having to just settle for something on the hanger. I was pushed on time but she never rushed me or made me feel under pressure. My wedding day would not have been the same without Anna's help along the way and I have found a true friend, I can't recommend her highly enough!!"

*Images by Matt Porteous.*

**Rachel Godel**

"When it came to choosing a dress, it was both exciting and daunting. Anna was amazing at helping me pick one that was not only to my taste, but that also flattered my shape. She really is such an incredible seamstress. I looked forward to each fitting as Anna really listened to what I wanted, whilst also sharing with me her invaluable wedding advice and experiences. I couldn't have been happier that I chose Anna."

*Images by Danny Richardson.*

**Fiona Day**

"Anna is such a talented and hard working person. She really listened to me and not only did she pick out the perfect dress for me within minutes, she then altered and recreated it to become the most wonderful dress. Thank you so much Anna - you really made my dream dress which my husband also loved and gave me an experience I will never forget!"

*Images by Matt Porteous.*

# Anna Trigg

To book an appointment call 877304 or email [info@annatrigg.com](mailto:info@annatrigg.com). For more information visit [annatrigg.com](http://annatrigg.com) or find her on facebook at Anna Trigg Haute Couture.

# B

## Bubbles!

The Prosecco Van is a unique little bar serving wonderful flash-cooled Frizzante 1754 on tap, so you don't have to pre chill hundreds of bottles.

The Frizzante 1754 comes by the barrel with each barrel containing 160 glasses of lovely ready-to-drink bubbly. There are no bottles to open (or dispose of) and the special layout of the bar means that guests can either be served by a member of staff, or help themselves to a glass without wasting a drop!

Call 07829 818690 for more information



# C

## Cufflinks



These little beauties allow the groom to add a touch of personal flare to his outfit. They're also going to be one of his most treasured possessions for years to come and will one day be handed down to your children. So make sure he takes the time to choose a pair he really loves and he'll wear them for the rest of his life and remember your wedding day.



Bright Aqua coloured cufflinks. Handmade in Italy with Murano glass set in sterling silver, £80, Aurum.



Bean cufflinks, from Aurum's Jersey Bean collection, designed and handcrafted in Aurum's workshop in sterling silver, £315.



Round black diamond contemporary cufflinks, designed and handmade in Aurum's workshop in sterling silver set with 42 brilliant cut black diamonds, £440.



The BLK MRKT is a local company offering a variety of unique and creative wedding services including prop hire, custom signs and bespoke gifts. It's all these small thoughtful touches which make your wedding special and this fab company have so many great bits and bobs which will set the scene for your big day!

Everything is handmade here in Jersey by their team and they also have a full design and web department offering stationery design, print and wedding websites.

Check them out at [blk-mrkt.co.uk](http://blk-mrkt.co.uk)

# E

## Eden by Claire & Lovely Days Studio

This extremely talented dynamic duo, made up of Claire Evans from Eden by Claire and Natasha Blasco from Lovely Days Studio Event Design, are the girls to go to for your wedding day setting. From the bouquets and candles to the lanterns and pretty finishing touches on your top table they've got you covered with all the latest looks and trends as well as classic and beachy vibes - they can do it all!



## F

## Favours

## Luxury Chocolate Gifting for any occasion.

If you're looking for exclusive wedding favours, gorgeous wedding gifts or something to set your big day apart, you'll find Hotel Chocolat bursting with ideas to help make your day unforgettable - from individual chocolate wedding favours and little, ribbon-tied boxes of chocolates to champagne truffles and impressive hampers.

Hotel Chocolat is a Luxury British chocolatier and cocoa grower specialising in gifts and treats, rare cocoa, beauty products and much more.

For more information call 780265, visit them at 26 Queen Street or find them on Facebook.

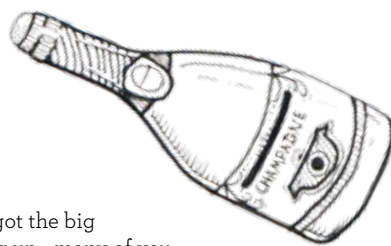


## G

## Goals

So you've got the big day coming up - many of you will be looking to tone up and slim down, so that you can start your married life in the best shape possible. Well the brilliant team at Fitness First Jersey are here to help you. They've got a whole host of fun classes which make getting in shape that bit easier - why not get your bridesmaids involved and all head to the gym at the same time so you can discuss wedding details, whilst powering it up on a crosstrainer? Or we love the idea of couples PT sessions, where you can get in shape together helping to set you off on a path to a happier healthier lifestyle as Mr & Mrs!

For more information on joining Fitness First or to arrange a free day pass give them a buzz on 752400



Whether you're planning a simple, intimate ceremony or a lavish banquet, your day will be made even more memorable set against the backdrop of a historic site. Jersey Heritage are also an approved supplier on the well respected Rock My Wedding blog.

With a great choice of locations with outside areas ranging in capacity from 20-250 guests for ceremonies, civil partnerships and receptions, including a wedding coordinator on hand, your day will be everything you have dreamed of.

Jersey Heritage have several locations for both religious and civil ceremonies and partnerships from the intimate setting of La Hougue Bie Chapel for 25 guests to the impressive Great Hall at Victoria College. You can even add some adventure to your special day by taking a ferry across to Elizabeth Castle for your ceremony.

Contact Jersey Heritage on [weddings@jerseyheritage.org](mailto:weddings@jerseyheritage.org) or call 01534 633312 to discuss how they can create memories that will stay with you forever.

If you're looking for an impressive venue for a marquee reception then you are spoiled for choice with Hamptonne and its surrounding meadows, ancient La Hougue Bie in the shade of mature trees and Mont Orgueil with spectacular views across to the twinkling lights of France.

They also have several stunning indoor reception areas including the Medieval Great Hall at the top of Mont Orgueil with its striking vaulted ceiling or the intimate surroundings of the Merchant House at Jersey Museum with an outside courtyard.



Photo credits: Le Hougue Bie by CKP and Jersey Museum staircase by Matt Porteous.

# Your day, your way...



Choosing the right venue for your special occasion can prove to be one of the most time-consuming. That's why Seymour Hotels would like to propose three perfect venues, each with their own unique style to suit all budgets and occasions.



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L

## Image

A wedding is a great motivator to get in shape, whether you're the Bride or Mother of the Bride, but sometimes with all the will in the world you just can't budge that bit of bulge which makes you self conscious. So why not head for a consultation with the Medical Aesthetic Clinic Jersey (MACJ). Their state of the art 'CoolSculpting' fat freezing machine is magical (or seems like magic but actually involves years of research and has FDA approval).

They can permanently eliminate it all, from double chins to bingo wings. Operated by doctors who are also GP's in a brand new state of the art surgery at 7 David Place they can have you more body confident in a matter of months.

To find out more contact Joanne on 01534 858743.

K

Keep calm they've got it covered – the Radisson Blu

Boasting enviable views over the sun kissed Elizabeth Marina, Elizabeth Castle and St Aubin's Bay coupled with their Yes I Can service, the Radisson Blu Waterfront Hotel, Jersey has something for you.

Whether you wish to hold your entire ceremony at the fully wedding licensed hotel or simply a stunning reception, the sparkling marina provides the idyllic backdrop. Exceeding expectations, the venue, views and staff combine to make your day as special as it should be. The exquisite Le Hocq Suite, residing on the top floor of the hotel, offers the wow factor with panoramic views over Elizabeth Castle. The perfect romantic

setting for intimate ceremonies and receptions for up to 80 guests, Le Hocq is flanked by two luxury bedroom suites which can accommodate the bride and groom and other VIP guests.

In addition to this, the hotel's south facing Waterfront Terrace is ideal for chilled welcome drinks and a beautiful setting for stunning photos. Adjoining the restaurant, the modern glass-fronted Elizabeth Room accommodates up to 80 guests for private dining and benefits from a private terrace area with uninterrupted views of the marina. For larger ceremonies and receptions the Rocco Suite can cater for up to 250 friends and family who wish to celebrate the big day.

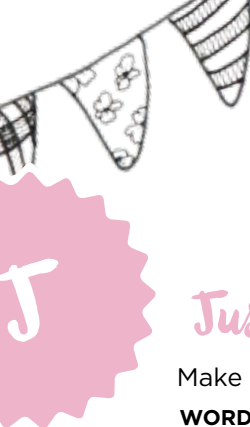
Their Executive Chef delivers a medley of indulgent menus in their suggested wedding packages. For couples with their own proposals the chef can offer creative suggestions to suit your theme or tradition. With 195 luxuriously appointed bedrooms and suites, a state of the art health suite, a first class restaurant and cocktail bar, guests can take advantage of the views, service and amenities on your big day.

For civil ceremonies and intimate dinners, chic receptions and sparkling parties, their sole aim is making the perfect day for you.

All you have to do is arrive on time. Let them be your Something Blu...



PHOTO Andy Le Gresley



## Just what you need

Make your wedding dreams a reality!

**WORDS** Tania Castro, Jersey Post Client Relationship Manager



Has 2017 set wedding bells chiming? Are you already dreaming of that perfect wedding venue and honeymoon destination? It's no secret that the cost of a wedding can soon add up. So, if you're planning the wedding of your dreams, Jersey Post can offer support with an affordable and manageable way to help fund your big day.

Applying for a Jersey Post loan is quick and easy and we offer a range of repayment options so that you can spread the cost over fixed monthly installments to suit your budget. With so many decisions to make before your big day, an affordable loan can remove some of the financial pressure of wedding planning and ensure that your wedding day can be just as perfect as you've always dreamed it would be.

*If you would like more details around our loans services, please call our dedicated loans line on 616 673 and quote GALLERY17. Alternatively, why not pop in and speak to Tania, our dedicated Client Relationship Manager based at our Financial Services desk in Broad Street post office. There is also a range of information available online at [www.jerseypost.com/loans](http://www.jerseypost.com/loans)*

Call 01534 671172 to speak to their wedding coordinator.



**Still looking for your Something Blu?**

*The recently refurbished Radisson Blu Waterfront Hotel, Jersey, is the perfect destination to host your special day.*

*With spectacular views over Elizabeth Marina and Castle, a dedicated wedding coordinator and luxurious surroundings, you can be assured of a magical day to always remember.*

**Radisson BLU**  
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**For more information call 01534 671 172 or email [weddings.jersey@radissonblu.com](mailto:weddings.jersey@radissonblu.com)**

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L

## La Mare Wine Estate Wedding Trends

We have had a very exciting start to the year here at La Mare with more wedding bookings than ever before, at this time. There is certainly something in the air and it's romantic, whimsical and filled with the promise of a season of sunshine, perfect weddings, blushing brides and beautiful decor. We can't wait!

For anyone planning a wedding you'll already know all about a certain favourite photo sharing app, as well as the countless blogs and dedicated websites full of great ideas and neat little touches. So with all that fun planning, making lists (scribbling amendments on the lists and writing more lists), visiting venues, trying on dresses and suits, scrolling through pictures of flowers and lighting and so on; we've made things a little easier by making a note of three popular trends for the season ahead. We think you'll love them as much as we do...

### Blushing brides

Set the scene with a romantic blush wedding theme! Now we're not talking about sticking to just your centrepieces, instead go the whole nine yards and choose arrival drinks to match too. La Mare's Juliet pink prosecco firmly fits the bill for this one or perhaps a cocktail with a cranberry juice mixer to get the colour match perfect. If blush pink is a bit too girly for you, aim for a coral pink complemented with teal accents, ideal for summer celebrations.

### Suspended centrepieces

Add ceiling detail with a suspended centrepiece in a variety of ways. One stunning option is to use string lights to a central chandelier for a timeless and elegant option. For a more natural version, suspend foliage, flowers and lanterns above table centrepieces for a dramatic display that will wow your guests.

### Local specialities

Now this one is right up our street and we have a variety of treats you could choose from! Giving treats from home is especially good for guests who are visiting from afar. But if your guests are already all local, make it a bit more personal with a gift that brings a little childhood nostalgia to the event.

We could go on forever about all the beautiful ways you can make your wedding unique and memorable. But every wedding, big or small, decadent, elegant or DIY has a beautiful purpose at its heart. You are sharing a very special moment in your life with the people closest to you and that is how we know your wedding will be one of a kind.



IMAGES Paul Wright



*Weddings*  
at  
LA MARE  
WINE ESTATE

Matt Porteous Wedding, M

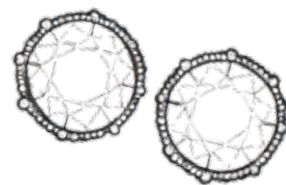
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To start planning your big day at La Mare Wine Estate  
call 01534 481178 or email [weddings@lamarewineestate.com](mailto:weddings@lamarewineestate.com)



[www.lamarewineestate.com/weddings](http://www.lamarewineestate.com/weddings)

# Bridal Jewellery



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Sterling Silver and cubic zirconia drop pendant £72

Sterling Silver and cubic zirconia 7 stone drop pendant £119

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Platinum and diamond channel set band 0.50ct from £1,450

Leather and freshwater pearl 'Jolie' bracelet £48

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Sterling Silver and cubic zirconia tennis bracelet £140

5mm freshwater pearl bracelet £75

**All available from Rivoli**



18ct white gold drop earrings, each set with 2 cultured pearls and 10 brilliant cut diamonds £1,140  
 South Sea white pearl Necklet £6,784  
 Strand of graduated grey, white and champagne cultured pearls 13-15mm £16,943  
 Strand of graduated South Sea pearls £11,061

**Worn on right hand:**

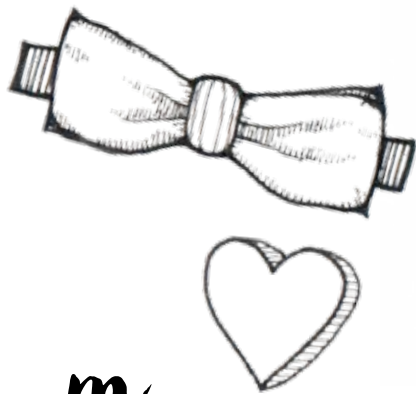
18ct white gold scalloped edged wide band dress ring, grain set with 144 brilliant cut diamonds £3,165  
 18ct yellow gold antique style band ring with vine pattern, set with 24 brilliant cut diamonds £1,065  
 Silver Round Freshwater Pearl Pressure Set Ring £80  
 Silver Round Freshwater Pearl Rubover Set Ring £60  
 Silver ring, rubover set with a round freshwater pearl £115  
 18ct white gold bracelet, claw set with 42 brilliant cut diamond and 5 diamond set halos £4,125

**Worn on left hand:**

18ct white gold 'crown' dress ring, set with 104 brilliant cut diamonds £2,385  
 Silver ring, claw set with a Keshi pearl £165  
 18ct yellow gold floral full eternity ring, set with 144 brilliant cut diamonds £2,462  
 18ct white gold cluster bracelet, claw set with 176 brilliant cut diamonds. £18,300  
 18ct white gold fancy bracelet, set with 100 baguette cut diamonds and 520 brill cut diamonds £9,300  
 18ct white gold cluster line bracelet, set with 25 princess cut diamonds and 100 marquise cut diamonds £24,950

**All available from Aurum**





## m

### Marquee Solutions

If you are looking for a bespoke, one of a kind wedding and you want to have a stress free and enjoyable experience from start to finish, then Marquee Solutions are the people to call.

They have breathtaking venues across the island and will guide you through the process step by step from the initial site visit till you say your I Do's. They are always on hand for anything you may need, nothing is ever too much, and with years of experience, they will always find a way to make your dreams a reality. Marquee Solutions are a one stop wedding shop providing the venue, marquee, flooring, lining, furniture, lighting and an ever expanding props, decor and styling service.

Email them for a quote today at [yourevent@marqueesolutions.je](mailto:yourevent@marqueesolutions.je)



▲ PHOTO Natalie Mayer



PHOTO Andy Le Gresley



*On your wedding day your hair and make-up should be flawless.*

**WORDS** Decia de Jesus from Kiss & Make Up

To indulge yourself into full bridal gorgeousness then no ordinary make-up will do. You may want something subtle and pretty or glamorously vintage. Our goal is for you to look and feel the very best version of yourself on your big day.

Every brides vision of what she should look like is uniquely her own. So it all starts with a one-on-one consultation at our studio where every detail from your dress to your colour scheme will be taken into consideration.

I use silicone based airbrush products, which leaves the skin able to breathe and stays looking natural all day. Silicone makeup also means there is no need for touch ups due to its long lasting qualities, making it ideal for brides. It also allows for the correction of skin blemishes and discolorations, leaving an all over even complexion and flawless finish.

To get glowing skin pre-wedding I recommend brides use Dermalogica's Active Moist.

## O

Oh wow!

### Diamonds and pearls

Found your perfect dress? Now it's time to shop for wedding jewellery, and nothing sets off a classic wedding dress like diamond and pearl jewellery. Stunning alone, spectacular together, team up these precious gems for wedding jewellery that will always be a reminder of your special day. From the simplicity of diamond stud earrings to an exquisite pearl and diamond pendant worn as the dazzling finishing touch, discover wedding jewellery to fall in love with at Hettich.



▲ Freshwater pearl and diamond earrings, £1,990

▲ 18ct rose gold earrings, £1,085

▲ 18ct rose gold and diamond pendant, £1,115

▲ Freshwater pearl and diamond pendant set in 18ct white gold, £1,445

Hettich Jewellers, 1 King Street, St Helier. Tel: 734491, visit [www.hettich.co.uk](http://www.hettich.co.uk) or find them on Facebook and Instagram.



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P

Photography



## Andy Le Gresley

Although it was a chilly foggy day Niamh and Scott's winter wedding was full of warmth, sparkles and energy. Here is a collection of storytelling images captured by Wedding Photojournalist, Andy Le Gresley. Niamh and Scott's wedding ceremony was held at St Martin's Catholic Church, followed by a candle lit black tie reception at Niamh's parents home, in a beautifully dressed marquee.



To see more from their wedding, check out:  
[www.andylegresleyweddings.com](http://www.andylegresleyweddings.com)



## Paul Wright

"I've always had a passion for photography and consider myself a lucky man to have a career doing what I love.

After studying photography in Cheshire and Plymouth I worked in studios and as a freelance photographer, but the surfer in me missed the coast. The opportunity came to move to the beautiful island of Jersey, and I got to experience events from a new perspective working in hospitality.

When I returned to photography full-time I realised I could bring this experience to your special occasions. I understand how important your event is to you, and am happy to dedicate my time

to making sure that you get everything you need from me, both before and during the shoot.

My role is just to be there in an unobtrusive, natural and professional manner. I know how to frame the key moments of any event, but also how a little planning and some improvisation can capture the feeling and atmosphere that really make your memories special.

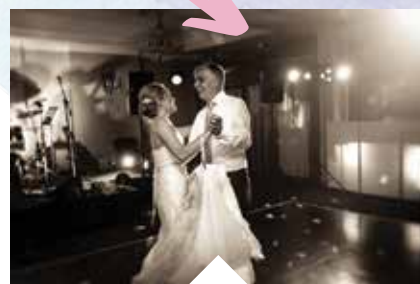
I aim to bring your memories to life, capturing them in a way you can share with loved ones forever, and pass down for future generations to cherish."



**Michelle and Adam at L'Horizon Hotel**  
Kids are always great entertainment at a wedding. This little one was so comical that I couldn't resist taking this shot, whilst Michelle and Adam shared a quick kiss.



**Lyndsey and Mike at St Brelades Bay Church and St Brelades Bay Hotel**  
It's usually the natural images that I love the most when they are chatting or holding hands whilst making their way from one location to another or just sharing a moment.



**Charlotte and Jamie at L'Horizon Hotel**  
The emotion and love was incredible during this beautiful father and daughter dance. I have a little girl of my own so couldn't help thinking, "That'll be me one day."



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From £300

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Q

## Quintessential perfection

## Wedding bands

It's one of the most important and symbolic pieces of jewellery you'll own, so why not make it even more precious? From exquisite twin colour bands to delicate circles set with diamonds, choose a wedding ring that's as magical as your wedding day. And for something truly unique, engrave your wedding band with words that mean something special to you both.

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Tel: 734491, visit [www.hettich.co.uk](http://www.hettich.co.uk) or find them on Facebook and Instagram.



**PICTURED TOP TO BOTTOM:**  
Platinum and 18ct rose gold band **£1,530**  
Platinum wedding band **£820**  
18ct rose gold and diamond ring **£987**  
Diamond double row half eternity ring in 18ct white gold **£1,800**

R  
Relax!

## Le minimoon experience.

After declaring your love in front of friends and family, why not plan an exclusive romantic escape to the country of love? Extend your wedding celebrations and indulge in luxury and marital bliss as Bontour whisk you away to your perfect romantic getaway. A short but sweet retreat to celebrate your marriage in style...

Bontour promises you an amorous trip to remember; your first together as Mr & Mrs. Their carefully composed minimoons offer the perfect time to simply enjoy each other and relive the memories of your wedding day.

All you need do is sit back, relax and enjoy the perks of travelling as the brand new Mr and Mrs! They will take you to a nearby French location, somewhere relaxing and romantic. From a chateau hotel nestled in the centre of beautiful Paris to a hidden gem on the exquisite pink granite coastline, the choice is wide and the blissful offers plenty.

An overnight stay in an opulent hotel suite, a tête-à-tête dinner in a Michelin star restaurant, a heavenly massage "à deux", chilled Champagne on arrival; these are only some of the delightful extras on the wedding cards with your tailor-made Bontour minimoon.

*Call Bontour now to book your minimoon and they solemnly swear to make it extra special. They provide the spark, you bring the fireworks. Say 'yes' to Bontour.*

S

Style



MR &amp; MRS



With 165 years of experience under their belt, Moss Bros. know a thing or two about making men feel amazing on special occasions with their great selection of ready-to-wear suits. Although being known as a Gentlemen's outfitters, from which you can hire your wedding outfit, they offer a hire service for children too. Whether you are opting for a head-turning Ted Baker suit in blue or traditional grey morning tailcoats, the junior range has a wide selection of outfits, meaning all groomsmen and page boys will be dressed to the nines.

They also offer a service for wedding and partygoers wishing to hire Moss Bros products in the UK for pick-up in Jersey. Similarly, for guests attending events in the UK, customers can be fitted for Moss Hire orders in Jersey and collect and/or return at stores closer to the event in mainland UK. For further details go and see their suit experts at the Moss Bros. Liberty Wharf store where you will also get 20% off your hire for parties of four or more.

Tel: 01534 747330

*Make your wedding an  
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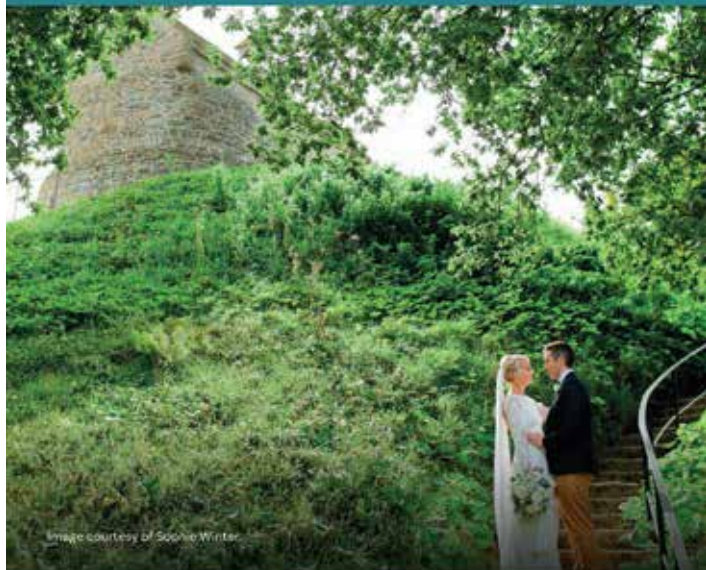


Image courtesy of Sophie Winter

[jerseyheritage.org /weddings](http://jerseyheritage.org/weddings)



Registered charity, 161



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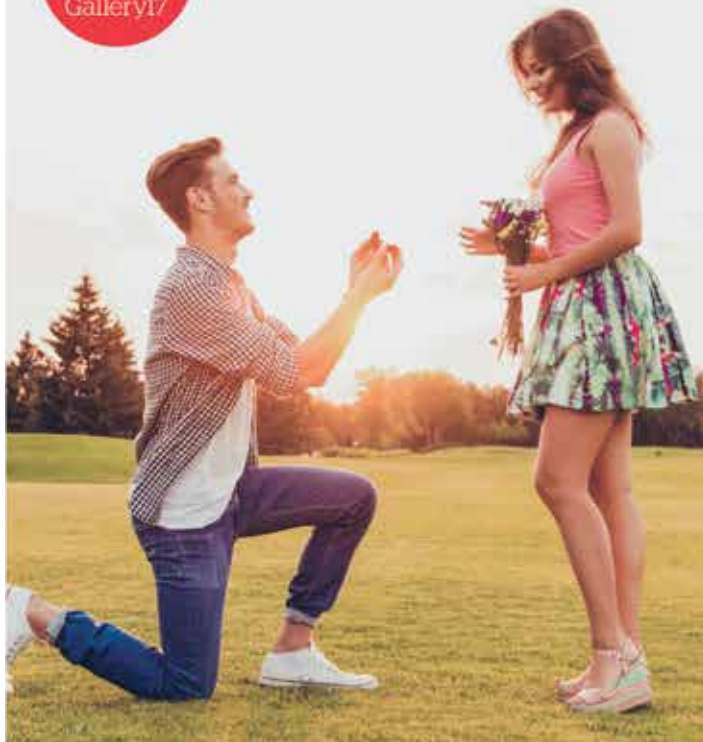
*Paul Wright*  
PHOTOGRAPHER

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The team at Jersey Post can talk you through  
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# T Treats

Wedding gifts are tricky things! You need something that they'll both love and something that they'll treasure for their whole married life. We popped into Aurum at Charing Cross to get some inspiration:

A Bachin, which is a silver bowl "de poeles des beurres noir", are still used, for making black butter, a traditional Jersey apple conserve. This scaled down sterling silver Jersey Bachin has been hand crafted in Aurum's workshop and would make a wonderful keepsake. Price £295.

Sterling silver traditional 'Jersey Apple Crusher,' on an agate slice, designed and handcrafted in Aurum's workshop, this is something they can love and display to remind them of beautiful Jersey no matter where life leads them. Price £660.

His and hers jewellery boxes to keep their new rings in! Aurum has a fabulous selection of jewellery boxes in all colours shapes and sizes. Prices from £40.



# U Unique

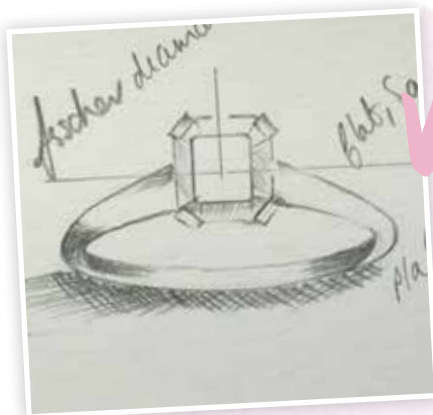
## Bespoke Engagement and Wedding Ring Design

If you are trawling through Pinterest dreaming of an engagement ring that is a bit different from the norm, then call into Rivoli Jewellers and have a chat with in-house designer, Deb Macklin who has been creating and designing engagement rings for 20 years. Deb and the team at Rivoli work with carefully selected goldsmiths and gemmologists based in Jersey and London to create beautiful, bespoke engagement rings to customer's specifications.

Whether you already have a design you'd like to replicate, a gemstone or diamond that has been passed down or simply an idea for a beautiful ring, Rivoli can work with you, one to one, to create your bespoke design.

Rivoli also offers a Shape to Fit service for wedding rings, so however unusual your engagement ring, Rivoli can design a ring that will fit perfectly against it.

For further information on Rivoli's design services, please call in at 41/43 King Street, call on 01534 601930 or email [shop@rivolijewellers.co.uk](mailto:shop@rivolijewellers.co.uk)



# V Venue

## Three perfect venues for your big day

Choosing the right venue for your big day can prove to be one of the most time-consuming parts of wedding planning. That's why Seymour Hotels would like to propose three perfect venues, all with their own unique style to suit all budgets and occasions.

### Pomme d'Or Hotel

With its superb, central town location, the Pomme d'Or Hotel is able to cater for small, intimate weddings or large, elaborate celebrations and has recently been licensed to host civil ceremonies.

For more information on planning your wedding at the Pomme d'Or Hotel call Andreea on 01534 751 372 or email on [events@pommedorhotel.com](mailto:events@pommedorhotel.com)

### Greenhills Country Hotel

The Greenhills Country Hotel is a four star country house, oozing rural charm. Licensed for civil ceremonies and with beautiful, award winning gardens, The Greenhills would make the perfect setting for your wedding.

For more information on planning your wedding at the Greenhills Hotel call Carmelita or Joe on 01534 481 042 or email on [reserve@greenhillshotel.com](mailto:reserve@greenhillshotel.com)

### The Merton Hotel

The Merton Hotel, just 10 minutes' walk from central St Helier offers a convenient location for your wedding guests. They have a selection of function rooms to choose from and they even have their own private nightclub!

For more information on planning your wedding at The Merton Hotel call one of our team today on 01534 724 231 or send your request to [events@mertonhotel.com](mailto:events@mertonhotel.com)



The Seymour Group have created a unique package whereby a civil ceremony is held in the beautiful surroundings of the Greenhills Hotel followed by a larger evening celebration within the elegant surroundings of the centrally located Pomme d'Or Hotel. To discuss this package further please contact either one of the teams at the Greenhills or Pomme d'Or Hotel who will be happy to discuss your requirements.



*Make your big day extra special with the de Gruchy Wedding Gift Service.*

Choose from thousands of items across their cookshop, homeware and linen departments, then sit back and let them do the rest. With expert service from the start, it's easy for both you and your guests to pick the gifts you'll love for the rest of your lives.

Enjoy 10% discount on any remaining items on your list for three months, free home delivery and a simple returns policy. Planning a wedding should be as exciting as the day itself, make it stress-free with the de Gruchy Wedding Gift Service.

"De Gruchy's Wedding Gift List service was excellent. The advice from the consultants on setting up the list was invaluable and we were always kept up to date on what was left to be purchased. Our Jersey guests liked being able to go into a local store and guests from the UK commented on the friendly service they received over the phone or email. All our gifts arrived beautifully wrapped when we got back from our honeymoon." - Emma Mourant.



**X**

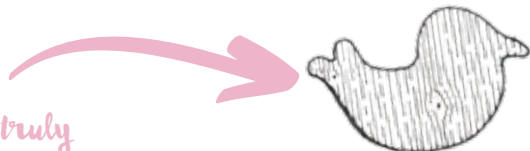
### The X.

Your first kiss as Mr&Mrs is a big'un! Make sure you practice because a peck on the cheek won't cut it and a full on snog is just awkers!



**y**

*Yours truly*



Your wedding ring will always be a very special piece of jewellery and personalising it with a message can make it even more special. At Rivoli Jewellers all wedding rings can be engraved with names, dates and special messages of love as well as hand engraved fingerprints.

Fingerprints are hand engraved on the inside or outside of the ring depending on your design and specifications. Rivoli's hand engraver is a member of the Hand Engravers Association of Great Britain and has also taught engraving at the Birmingham City University School of Jewellery.

*For further information on Rivoli's personalisation services, please call in at 41/43 King Street, call on 01534 601930 or email [shop@rivolijewellers.co.uk](mailto:shop@rivolijewellers.co.uk)*



# Wedding *Z*en

## Your wedding time line checklist

### 12 months+ before your wedding

- Plan your engagement party.
- Discuss your budget with your parents or look up tips on saving for a wedding.
- Think about themes and colours for your wedding.
- Start your guest list.
- Choose wedding rings.
- Meet with and book your wedding officiant or clergyman.
- Select a date and reserve your ceremony and reception site.
- Check availability of places to stay for guests.
- Hire a wedding consultant if you're using one.
- Choose bridesmaids, groomsmen and ushers.
- Meet photographers, florists, caterers and entertainment.

### 10 months to go

- Order your wedding dress and accessories.
- Get a Pinterest account and search for lots of inspiration.
- Plan your honeymoon (book any jabs you need and check passport dates!)
- Arrange wedding transport.
- If you're planning on making anything start doing it now.
- Order your invitations and plan your order of service.
- Buy bridesmaid dresses.
- Book wedding night hotel.
- Arrange venue decor.

### 6 months to go

- Organise a hen party / stag do.
- Finalise all details with your photographers, florists, caterers and entertainment.
- Send out your invites.
- Purchase any presents for your parents and attendees.
- Select groom's tuxedo and book your hire or buy attire for groomsmen.
- Write your vows.
- Order wedding favours for your guests.
- Choose outfits for Mother of the Bride and Mother of the Groom.
- Check marriage licence requirements.
- Start thinking about your favourite music for the party.
- Purchase wedding lingerie.

### 1 month to go

- Plan a surprise, present or note for your partner for when they are getting ready without you on the morning of your wedding.
- Meet with your hairdresser and make up artist for a consultation.
- Book manicure, pedicure and spa treatment to relax.
- Break in your shoes.
- Buy a guest book.

### 1 week to go

- Give final guest count to reception venue and caterer.
- Start packing for your honeymoon.
- Make sure everything fits!
- Send you wedding announcement to the JEP.
- Write any cheques required for the wedding day.
- Arrange for wedding gifts to be transported to your home.

### 1 day to go

- As Frankie says... RELAX.
- Have fun with your friends and family who have come over early.
- Start getting snap happy.
- Ensure your overnight bag is packed and delivered to your hotel.
- Speak to your attendants - check everyone knows what they need to do and when.

### After the wedding

- Make a gift list and send out your thank you notes.
- Make sure everything is sorted out for your name change.
- Send wedding cake to anyone who couldn't make the wedding.



## GALLERY BRIDAL BIBLE THE DIRECTORY

**2Johns Photostudio**

At 2Johns I understand that the moments and memories are irreplaceable and are what makes your wedding day unique that's why I aim to capture the genuine love and affection between the couples I photograph, I prefer to let the wedding day naturally unfold blending traditional, creative and fun, real-moment photography to completely capture my clients wedding day...Hopefully, your wedding day, too!

T: 01534 280001  
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**Kiss & Make-up**

Make-up shouldn't be a mask to hide behind but rather a tool to enhance your best features, revealing your natural beauty. This is especially true for brides and this is the philosophy that makeup Artist Decia swears by.

A consultation with Decia will expose her keen eye for detail as she works with you to create that signature look for your big day.

T: 07797 832851  
E: decia@kissandmake-up.co  
W: www.kissandmake-up.co

**Millennium Carriages**

Husband and wife team, Ivor and Carole Barette, have been running the wonderful Millennium Carriages for over 20 years. They have a choice of several beautiful wedding carriages which are led by impressive black Gelderlander horses. They will travel island wide and allow up to four hours for each wedding. It is usual for them to pick the bride up, take her to the church and then the reception venue, sometimes stopping on the way for photos.

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M: 07797 713945  
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**The Prosecco Van**

The Prosecco Van is lovingly converted into a unique little bar. The compact size means it can fit into most event spaces. The van serves flash-cooled Frizzante 1754 Prosecco on tap, so you don't have to pre chill hundreds of bottles, we provide glassware, staff, music and much more with your booking and if required a fully stocked bar. Contact us for more information.

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# APPETITE

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# SEEKING A SUSTAINABLE SANCTUARY?

WORDS Ria Wolstenholme

**There's nothing like growing your own food to bring you back down to earth. You feel like a true survivor, living off the land and nurturing the dainty seeds you sowed into bountiful produce. However, the majority of people are more likely to pop down to the co-op to feed their veggie needs.**

Last month's supermarket shop will have undoubtedly left you bewildered by the lack of greenery, with the good old British parsnips and potatoes standing their ground and being the only viable vegetable on the shelves. But not everyone would have been hit so hard by the poor Mediterranean weather, with many islanders having access to their own space to grow their own.

It seems what goes around comes around with food trends, and in recent years the good old fashioned 'grow it at home' mantra has taken flight. You no longer

have to live in the countryside or on a farm to grow your own produce, with urban allotment complexes and kitchen gardens taking the lead as the most efficient way for people to provide for themselves.

The Jersey Allotments and Leisure Gardening Association, chaired by Jeff Hathaway, was set up in 2009 as a direct result of a States of Jersey Working Party, who were looking into the setting up of an allotment scheme in Jersey. However, due to a lack of unanimous support concerning the limits of manpower resources, the JALGA was formed and set up as a Purpose

Trust under the sponsorship of local legal firm Le Gallais and Luce. The association's main aim is to facilitate the setting up of allotment sites, allowing islanders to have their own allotment and get the guidance they need when setting it up.

When it comes to why allotments and kitchen gardens are becoming so popular, Jeff believes it's because people are more aware of where their food comes from these days, as well as them having more leisure time. "Allotments fill the need for land to grow things in that most modern houses do not offer" he told me. "It's a healthy past time, providing exercise and being out in the fresh air as well as helping people save money and be healthier." Jeff also believes that the influence of television programmes such as the long standing Gardener's World, to the more recent influence of Jamie and Jimmy's Friday Night Feast are promoting eating good, honest and wholesome food.



Currently, the JALGA administers three sites and almost 200 allotment plots. Waiting lists for allotments can be quite long depending on your parish, but this is put in place to avoid sites not being used or maintained regularly. The waiting lists just prove how popular and successful the JALGA has been for our island community.

The popularity of growing your own produce is being kept alive by introducing it to the next generation too. Caring Cooks of Jersey founder and chief executive, Melissa Nobrega, has started the Kitchen Garden Project in Jersey's primary schools.

Melissa believes that children are more likely to eat food they have grown themselves, and it's the best way to avoid falling into the trap of convenience food. "We see vegetables washed, sliced and put in a packet on the shelf, and never really know where or how they are grown" she said, "so the gardening element of the project allows the children to grow produce from seed or plant, and nurture it until it's ready." The project also uses the produce they grow to create tasty and appealing dishes that the children can make themselves, which Melissa hopes will give them a positive and healthier attitude towards food.

Like Jeff, Melissa believes the popularity for people growing their own produce comes from the desire to have a better understanding of where their food comes from and people being more health conscious. "Allotments have been popular for years, and are a great way to escape from your busy life and get children interacting with nature. The project is a great way to get kids who may not have their own garden at home involved with gardening and growing their own food."

The Caring Cooks have worked with the Jersey branch of the National Vegetable Society and its chairman, Graeme le Marquand, for a year to plan out, build and develop the first three kitchen gardens set up in Samares, Mont Nicolle and St Luke's Primary Schools. This year, the project plan to install another three gardens at Grand Vaux, La Moye and Janvrin primary schools, with the ambitious aim to have the

**"Allotments have been popular for years, and are a great way to escape from your busy life and get children interacting with nature. The project is a great way to get kids who may not have their own garden at home involved with gardening and growing their own food."**


project 'From Plant to Plate' in all twenty-two primary schools around the island by 2025.

There is no doubt that growing your own food is the best way to get the best produce, as well as the easiest way to save money in the long run. Starting small with home grown herbs on your windowsill, or going all out and starting your own kitchen garden could be the first step to a healthier, happier kitchen. There's no time like the present to introduce your little ones to the wonders of getting your hands dirty and watching something they have nurtured grow into something they can enjoy.

**If you'd like to know more about these two great local organisations, head to [www.jalga.org.je](http://www.jalga.org.je) and Facebook: [caringcooksofjersey](https://www.facebook.com/caringcooksofjersey)**

**PICTURED LEFT & ABOVE LEFT / CENTRE:** Students at Mont Nicolle School learning about growing veg with Caring Cooks.

**PICTURED ABOVE RIGHT:** A local JALGA allotment



# The Great Vegan Debate

**WORDS** Laura Morel

You must have been dead not to have noticed recent propaganda surrounding veganism. On social media, pavement chalkings and even popping up on supermarket shelves, vegans are eager to highlight and educate others on the damaging environmental effects of eating animal produce.

Promising increased energy levels, combating illness and helping reduce global warming, why wouldn't you want make the change to a vegan diet? With an increasing number of celebrities and athletes endorsing the lifestyle it would seem that veganism has suddenly become the new vegetarianism! Before I jump on the band wagon I spoke to Claire Dupoy who has recently gone vegan and local sports nutritionist Kit Chamier to fully understand what the change would entail.

## Claire:

### What triggered the switch to veganism?

Eating meat has never sat well with me, I recall being served pheasant at a young age only to discover some shot remaining in the bird and recoiling in horror that it had been killed just for my dinner. After watching the documentary "Cowspiracy" myself and my husband made the decision to go fully vegan as it opened our eyes to the fact that maintaining a meat supply for the world's growing population just isn't sustainable and how detrimental animal agriculture is to the environment. We wanted to play our part in making a change.

### Was making the change challenging?

We had to research it well. Cowspiracy offered links to information and how to sign up to a supported 30 day trial which guided you through the changes to make, which was really helpful. It's been important to source all the right food and wherever possible we look to buy local.

### How has the change made you feel?

Physically there has been little change; I may be slightly lighter and have a little more spring in my step and sleep better now, but the main benefit is that emotionally and morally we feel a lot happier being vegan. Adjusting my cups of coffee was the biggest challenge and I also found my taste has altered in that I don't crave as much sweet produce as I used to.

### Do you feel veganism is a healthier diet to adopt?

Not necessarily! I've come across sites that tell you what food is "accidentally" vegan including Frazzles crisps, Oreos and chocolate Hobnobs so it's still possible to eat junk food and be vegan. Sugar is still on the menu as it's not an animal by-product.

### Have there been any downsides of becoming vegan?

Social occasions are still a bit difficult if you are going somewhere that doesn't offer vegan alternatives; be prepared to bring a packed lunch. But it is encouraging that a lot of restaurants are starting to adapt their menus to accommodate vegans. You can find vegan dishes at Flavour, Unawatuna, Cafe Jac and Portelet Bay Cafe. We also decided not to make our two young children adopt a vegan diet since it would be difficult for them through school and they should be free to make their own informed decisions as they grow up, so there is double the shopping!

**"Animal agriculture is responsible for more greenhouse gas emissions than the combined exhaust from all transportations."**

## Kit:

### Why do you think everyone is suddenly talking about Veganism?

It has gained a lot of popularity in sport from elite athletes achieving great results on a vegan diet; five times Iron Man winner Dave Scott and Venus Williams for example. Then there are a lot of celebrities endorsing veganism, some for environmental reasons like Leonardo Di Caprio, but many promoting it as a magical weight loss tool - which it isn't.

### Research tells me the benefits of a vegan diet can include increased energy, improved skin, reduce the risk of heart disease, diabetes, cancer....the list goes on. How can it really help?

There is no conclusive research to support that a vegan diet can produce all these results, more likely it is through adopting a vegan diet, which naturally lends itself to being lower fat and including less processed junk food and more healthy alternatives, that people are seeing these positive results. But this can be achieved with a more balanced diet with the need to cut out meat totally.

### Would you ever recommend a vegan diet?

I would assist anyone looking to take this path for moral reasons, but it is hard work to achieve a balanced diet being a vegan. You can't just decide to have toast for breakfast everyday! Your diet needs to be varied and encompass all the vitamins that you may be missing out on through cutting out meat, fish and dairy, so supplements like vitamin B12 (which is only found in animal products) would be essential. The western palette can also become very bored with this type of diet, we tend to like high salt and high sugar items so it requires a lot of commitment.

### What could you do to help the environment if veganism doesn't sit well with you?

Rather than cutting out whole food groups you could start to look at where your produce comes from as there are a lot more processes that go on behind the scenes than you would think. Where possible, buy locally as it will be fresher and nutritionally better for you. You could also look at cutting out just red meat from your diet; which by itself requires 28 times more land to farm than chicken and produces five times more climate warming emissions.

### Words of advice for those looking to go vegan?

Apply caution. Veganism is not a fad diet and it requires a complete change of lifestyle and prior planning for your meals. If you're looking to make a switch don't do it on a whim with your mate, research thoroughly and get individual guidance from a registered nutritionist.

There are certainly a lot of myths surrounding veganism that need to be dispelled, but the key to making any form of adjustment is most definitely education. Learn about the effects of animal agriculture on the earth and investigate the effects an altered diet could have on your individual body type. Only then will you have the tools to make the decision that is right for you.

# Appetite News

## A busy 11 months at The Green Olive



**Jersey man Paul Le Brocq and his wife Anna took ownership of The Green Olive restaurant on Anley Street in 2002 and since then has taken what was purely a vegetarian restaurant and transformed it into an establishment with a delicious menu that now incorporates all but red meats.**

The last 11 months have seen Paul and Anna welcome the arrival of their son Noah and also sadly saw the restaurant suffer a fire just a few days before his son's birth, not that that has stopped the restaurant going from strength to strength. Paul is now driving the business from front of house, which means he can spend more time with his family and has employed Matt Gordon, who comes with a Michelin background and Steve Paris to run the kitchen and design the menu (although he does make an occasional return when needed).

The three of them now work as a well-oiled team to bring diners a modern British menu with an international flavour, with many of the dishes being inspired by personal experiences around the world. And, as Steve himself is gluten free they also try and ensure as many of their dishes are too, in fact they're happy to accommodate dietary requirements wherever possible.

Matt explained "In designing the menu we've taken the ethos of The Green Olive and added our own twist to some of the well-known dishes and also created new dishes of our own. We make absolutely everything we can from scratch, including our own pasta, we bake our bread and also the flavoured butters which are served with it. Of course, we source locally where possible and change the menu seasonally to take best advantage of the produce. For us it's about the small details, which we hope enhance a visit to The Green Olive."

If you're looking for a restaurant that's full of flair and flavour in a relaxed environment then be sure to head to The Green Olive and for those looking for a tasty lunchtime option be sure to check out their work canteen menu, which will see you fed a wholesome tasty meal within the confines of your lunch hour and for under £13.

**The Green Olive, 1 Anley Street  
T: 728198**

## No snoozing at La Siesta

Wieslaw Czarnecki is perhaps best known on the island for his work as co-owner and head chef Vinni of La Siesta. He was christened Vinni some 13 years ago when he first moved to the island and those working alongside him in the kitchen at Bohemia couldn't pronounce his name, so Vinni was born and the nickname has stuck ever since.

Names aside it's an exciting time at La Siesta. Since the restaurant first opened their doors four years ago Vinni has been responsible for the creations enjoyed by diners in his role as head chef and now he's also the proud sole owner of the fabulous restaurant serving tapas and an a la carte menu at 41 La Colomberie.

He has plans to tweak things slightly over the coming months in preparation for the start of the busy tourist season, so that he can add his own style to both the front of house decor and also the dishes on the menu. He explained to us "I want to add in more fresh seafood dishes and I love to change the menu with the seasons using local produce where I can. We will also be adding in some more wine options to our list too."

Vinni uses La Siesta's changing specials board to find new dishes to add on to the main menu, relying on the feedback of his guests to choose the dishes they like the most. "We are already well known for our Beef Wellington and we also have a good variety of vegetarian dishes and can cater for a gluten free diet too," he explained.

Whilst Vinni is now the sole owner of La Siesta he works closely with Annette his front of house manager, to make sure that all their diners enjoy their visit and they both look forward to welcoming you soon.

**41 La Colomberie,  
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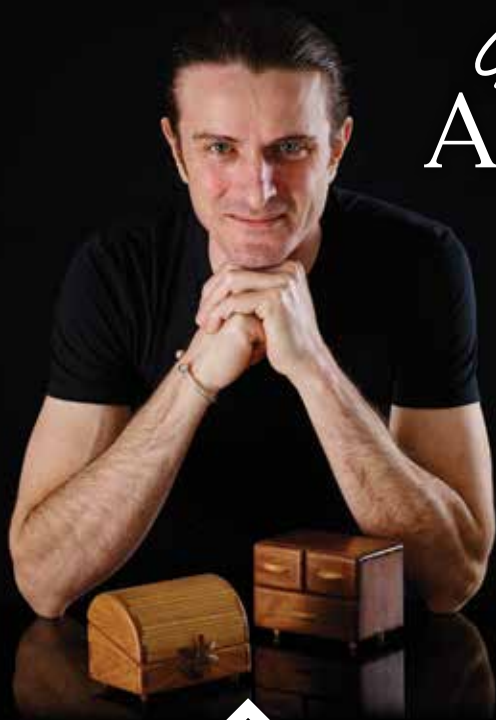


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## Riccardo Anfosso

*RA Design & Woodwork*

Riccardo was born in Italy, and has lived in Jersey since 1977. At the beginning of 2016, Riccardo established RA Design woodworking business. During the spring of the same year he moved into his business premises at Commercial Buildings. He converted the space into a purpose built wood workshop where he now makes beautiful keepsake boxes, rustic furniture, and is also gradually building a bespoke woodworking service for private customers and other local businesses.

Riccardo has also begun submitting tenders for work with local architects, as part of his bespoke service. With more than a decade of experience in C.A.D. and C.A.M. work, he is well placed to work with interior designers and architects who are looking to bring complex wood machining projects to life for their clients. At the heart of the machinery in the RA Design workshop is a C.N.C. router, capable of 3D wood machining with astonishing accuracy.

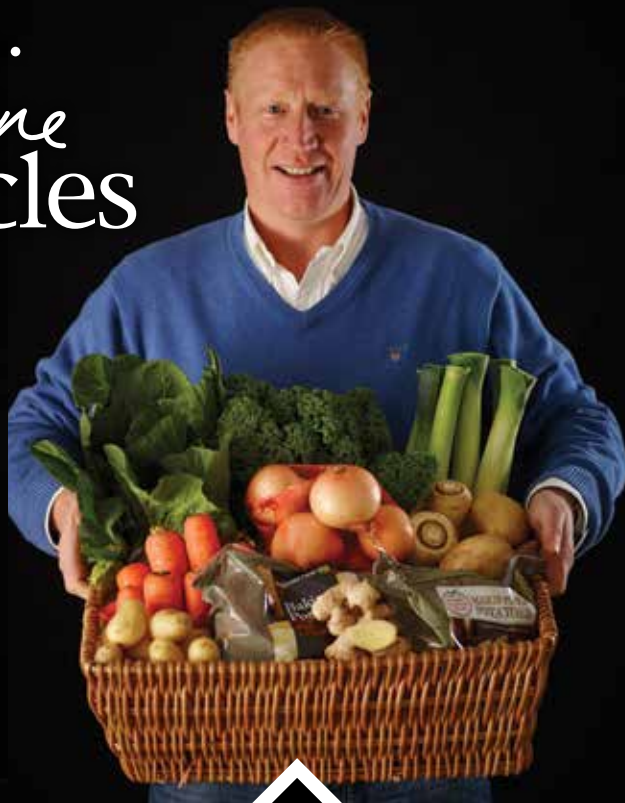
Riccardo has continued to develop his established product range of keepsake boxes, and home décor items, which he sells directly from his workshop, and at local markets endorsed by Genuine Jersey.

Ten species of sustainable forestry hardwood are in stock at his workshop for bespoke work, and the established range of products are continually available to choose from. If you are looking to have an item made from wood, however unusual, fine-finish or rustic, do get in touch.

**Email:** [radesignje@gmail.com](mailto:radesignje@gmail.com)

**Facebook:** [radesignwoodwork](https://www.facebook.com/radesignwoodwork)

**Phone:** 07797 887802



## Charles Gallichan

*Woodside Farms*

Charles Gallichan is the fifth generation to hold the reigns at the family farm in Trinity, since his great-great-grandfather, also Charles, started out in 1887.

Today, Woodside Farms, while remaining a traditional Jersey farm, grows and exports Jersey Royals, vegetables, most recently ginger, and flowers. Woodside Farm daffodils travel a long way, right across the Atlantic ocean to the United States of America. In fact, this ever-popular traditional spring bloom, reaches Boston - via air out of Heathrow - in about the same amount of time it takes to get them on sale in Scotland.

The American market is Woodside Farms' second biggest customer after the large UK retail multiples. Their daffodils are also exported to France - where they are a big hit with consumers, especially for La Fête des Grands-Mères, which falls on the first Sunday of March, and it is customary to give daffodils to grandmothers. And from France they travel farther afield throughout Europe.

In spite of its international appeal, Woodside Farms stays true to its firmly-established roots in supplying the supplying wholesalers and outlets across the island. Jersey may only comprise 45 miles, but even within such a small area, growing conditions vary according to the soil type and seasons, so Woodside Farms has land all around the island to maximise its growing potential.

In the peak growing season, it employs up to 130 workers, with the size of the workforce dropping to 50 to 60 according to the natural growing cycle, indoors and outdoors.



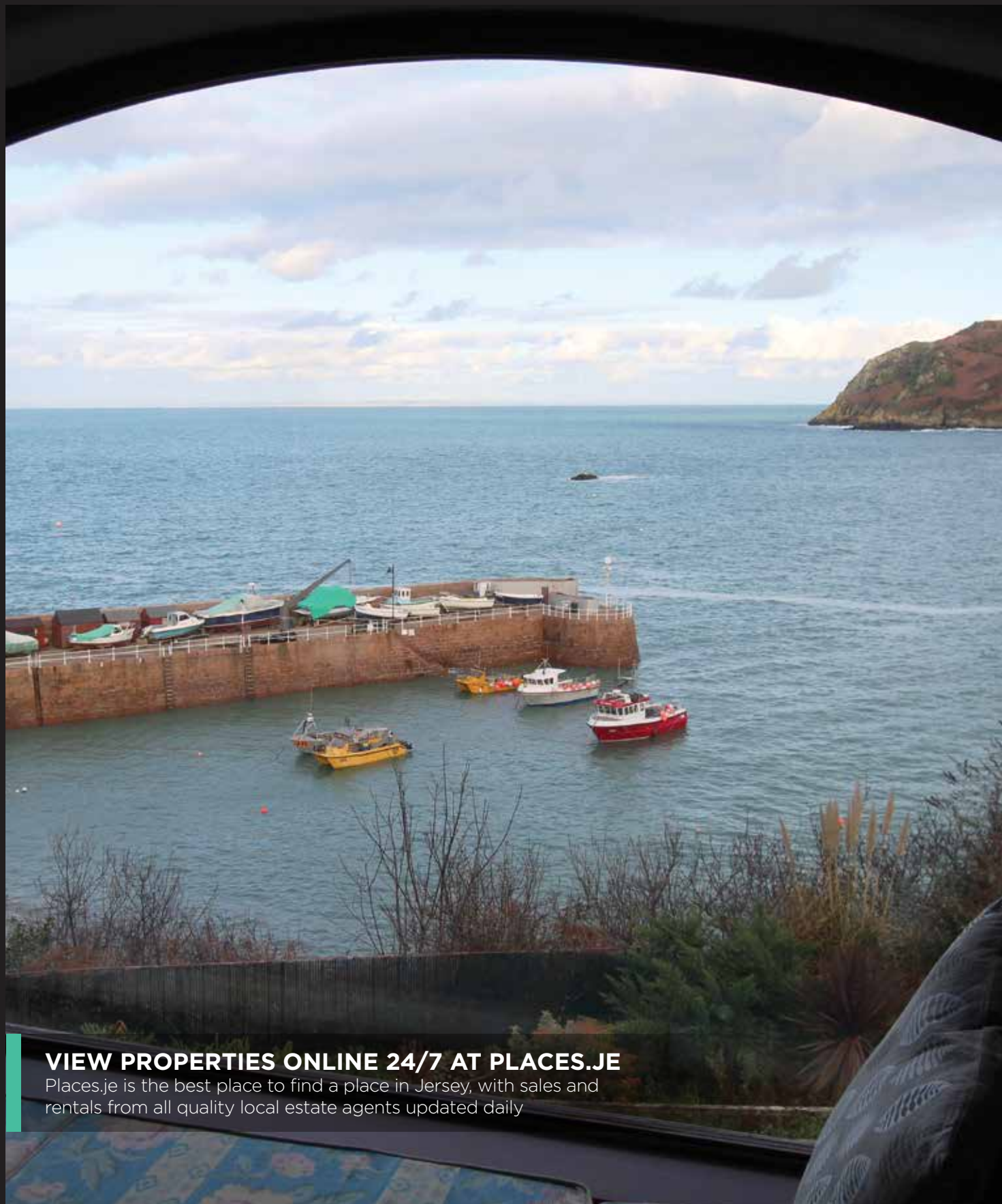


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# Oh, I do like to be beside the seaside

WORDS Sara Felton

Meghdoot is located on the picturesque north coast overlooking Bonne Nuit Harbour with uninterrupted views towards the French coast. Having been owned by the same family for nearly 50 years this is an incredible opportunity to purchase this fantastic home in an excellent location with the most incredible sea views.

Located in a prime beach front location directly above Bonne Nuit bay you will have direct access on to the beach and the house boasts panoramic sea views and is also incredibly private. The house has been cleverly designed to make the very best of that view, which can be seen from all but two rooms, one of those is the

small cloakroom as you enter the house. So captivating is the view it'll make it almost impossible to pull yourself away from watching the weather fronts unfold in front of your eyes and thanks to an abundance of outdoor entertaining space you're spoilt for choice on places to host your friends when the sun shines.

Originally built in the 1950's, Meghdoot has been renovated extensively over more recent years. The property boasts a high standard of renovation and together with the fact that it has been well maintained over the years make the house an attractive proposition for either a family who enjoy outdoor and beach living or a professional couple looking to enjoy those magnificent views, it's unlikely you'll need a television.

As you enter the house into the stone floored entrance hall there is a useful coat room to your right and then to the left you enter into the large open plan sitting room, with a huge dining area at one end and a vaulted ceiling throughout. You'll possibly miss all of this upon first entering as you are instantly drawn to the arched window



at the end of the room and its window seat directly below, which has a view of the whole of the bay and harbour below, it's simply breathtaking. In this room there is a large woodburner, which will keep you lovely and cosy in the winter. There is also direct access onto the patio which wraps around the house.

There is a generously sized kitchen/breakfast room with a large central island and access to a sunroom/balcony with a large bi-fold door which allows you to immediately open the space to the outside. There is a beautiful Aga in situ, as well as an additional oven and separate hob and of course that view means washing up will never be dull, although worry not there is a dishwasher installed. The kitchen leads on to a separate utility room and there is also access back outside so you can easily come into the house this way after you've been down to the beach, immediately depositing sandy towels in the washing machine.

The sleeping accommodation on the upper level comprises three well sized double rooms all with en-suite bathrooms. There are also a variety of hidden storage cupboards built in to the long corridor, to allow for storing suitcases and other items you'd rather not be on view. The third bedroom is currently used as a study with its desk positioned directly in front of a large picture window overlooking the bay, this would of course make a great home office or could easily be returned to use as a bedroom. There are plantation shutters in here and all of the bedrooms, in fact they feature throughout the house.

The large master suite has direct access out onto the patio, perfect for coffee in the morning and there is a huge amount of



**“The property boasts a high standard of renovation and together with the fact that it has been well maintained over the years make the house an attractive proposition for either a family who enjoy outdoor and beach living or a professional couple looking to enjoy those magnificent views, it's unlikely you'll need a television.”**



CONTINUED...

...CONTINUED



built in wardrobes and a beautiful modern en-suite, with a large bath positioned directly under the large window to best take advantage of that view again, it's hard to escape it.

On the ground level and accessed either from the main house via a spiral staircase or from its own entrance, is a large separate two bedroom unit. There is also a shower room, open plan sitting room/diner/kitchen which could suit either a two generation family or staff but equally, could be brought into the main accommodation if required. It would make an incredible gym facility, a man den on another level or could lend itself to many other uses. Prior to this being a secondary unit, it was an indoor pool with shower and sauna room facilities (the sauna is actually still in situ but isn't currently used), the pool was drained and boarded over but could be reinstated by the future

owners, if required, although don't forget you have the sea right on your doorstep.

Outside the large wrap around patio encircles the property thereby providing all day sunshine and to the east and on the lower level is the garden. Historic planning permission was granted in January 2005 to build a two bedroom cottage on the garden area to the east of Meghdoot. This space could easily be utilised to build a summer house or similar if more space was needed. There is also a double garage and parking for four cars.

Meghdoot is an incredible property that will offer the new owners a huge amount of versatile space with views that are quite simply to die for. This house only came on the market a few weeks ago and viewing is highly recommended.



## Meghdoot

*Les Nouvelles Charrieres,  
St. John*

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£2,450,000**

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T: 722227  
[www.savills.je](http://www.savills.je)**

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## The Jersey property market

Into February and we're still busy – in fact everybody linked to the market seems to be fully occupied selling houses and flats, organising the mortgages, providing the professional valuations required by the lenders and offering the essential legal advice that is required.

No sign of prices rising which is a good thing, and in fact there still seems to be an opportunity of chipping a small amount off most asking prices.

## Mortgages in Jersey

On our list of best rates this month, four have been reduced – don't get too excited as this is due more probably to lenders competing against each other rather than a national trend. Latest predictions, if they are to be believed, is that base rate will rise to 0.75% by 2020.



**Is your money working for you?**

*For those of us with a mortgage, the long reign of low interest rates has been great. However, for those with large cash deposits it has been heart-breaking to see how little return they have been receiving.*

It is always important to hold sufficient funds in cash to finance any short-term spending and cover any unexpected events.

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*If you would like to discuss investment options with Hayley Carstairs, you can contact her on 789830 or [hayley@henleyfinancial.je](mailto:hayley@henleyfinancial.je)*

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what can we do for you?

# Interior News

## Dress to impress

*Most of us will be familiar with Pebble on Market Street, the gorgeous shop where you'd happily leave with one of almost everything they stock.*

Well owner, Clare Clarke also offers an interiors service where she works with a variety of clients to varying degrees, styling their homes into picture perfect properties.

She has also recently launched, in collaboration with local developer Brigham Young, a home dressing service. This unique offering has currently been employed in a great many of Brigham's developments to show prospective purchasers how their new home will look once they move in, how the space can be used and just how functional a

property really is, rather than just being overwhelmed by empty rooms. If the purchasers wish to they can purchase the carefully chosen contents of the property and simply move in, what could be easier.

Of course the service isn't restricted to new builds, it could also be a valuable asset to those wishing to put their current property on the market as the Pebble Home Dressing service can breathe new life into any property.

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**Great brands to look out for at the event:**



### Fatboy Bean bags and Hammocks

Fatboy offers a wide range of colourful bean bags, outdoor lamps and magical hammocks. Renowned for durability and their fun, sleek design, their products have become a true icon of modern living.



### Wellis Spas and Swim Spa

Enjoying a Wellis spa can bring many therapeutic benefits, whether it's just quiet, personal time to relax, or fun family time together! Wellis Spas combine the latest technical innovations with exceptional style. These are going straight on our wish list!

### Oceans all weather furniture

Aside from being beautiful, the furniture is extremely durable; constructed from aluminium and protected with a powder coated finish giving a robust but very light frame, which is highly weather resistant.

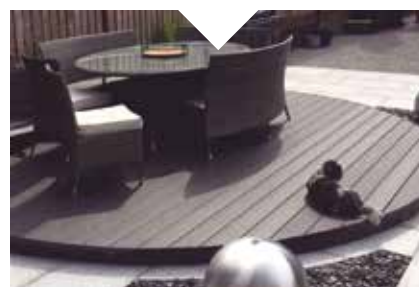
### AllOutPlay play equipment

Inspirational adventure playground equipment and play items for children at home, in school or nursery playgrounds. From concept and design, to completion and installation, these guys do it all.



### Fitrite Decking

Get ready to be amazed with Fitrite low maintenance decking. There's no varnishing, painting, sealing or staining and it's easy to clean and completely waterproof, which means no mould or decay. Fitrite decking is extremely durable and will not shrink, twist, warp or crack as well as no splinters or creaks and is guaranteed for 20 years. So if you need decking, look no further.





# BUSINESS

BUSINESS

# Business News

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## JT wins major Cisco award for being top partner of global technology leader

JT has been named one of the top partners within Europe, the Middle East and Asia by one of the world's largest technology companies. JT has been recognised by Cisco Systems – the global leader in IT infrastructure hardware, software and services – by winning its EMEA Partner Plus Prestige programme above some very large UK partners. It puts JT in the top ten per cent of best performing Cisco partners.

JT won its UK category by obtaining key certification and meeting performance criteria, coupled with overall sales performance. The company received its award at a recent conference held in the Seychelles.

JT was invited with 80 other Cisco partners from across EMEA to attend several workshops, one-to-one coaching sessions and network with key Cisco executives.

This was an invite-only conference aimed at partners who work in Cisco's designated 'Commercial' sector – customers with 250 - 2,000 employees that meet sales, services and training targets.



## Nedbank Private Wealth named private bank of the year - Channel Islands at the Citywealth IFC awards 2017

Nedbank Private Wealth has been voted Private Bank of the Year – Channel Islands at the Citywealth International Financial Centre Awards 2017. The awards were announced at a dinner held on 18 January at Lord's Cricket Ground in London. The evening was hosted by Austin Healey, the former English rugby union player and contestant on Strictly Come Dancing.

Now in its sixth year, the Citywealth International Financial Centre Awards were established to highlight the excellence of the advisers and managers in the private wealth sector in the major international financial centres. The organisers stated: 'In what has been a period of turbulence and continuing change for clients, quality advice is at a premium. This is when the best of the best really stand out.'

The awards were judged by an international panel of highly respected practitioners from all financial sectors, with experience of working with advisers in all the jurisdictions covered. The organisers said that winners had excelled in achievement, innovation, expertise and service.



## Fine dining restaurant Tassili celebrates another year of Three AA Rosette recognition

Fine dining restaurant Tassili at St Helier's AA five star Grand Jersey Hotel & Spa has retained its prestigious Three AA Rosette rating for another year. The Rosettes are awarded twice a year and recognise those restaurants that demonstrate excellence in both the culinary standards and service.

AA Inspector, Peter Sturdey said, "Dinner in Tassili was a highlight. It was an excellent meal from start to finish with some very refined dishes served. There were elements of the meal that were higher than the Three Rosette rating that Tassili currently holds."

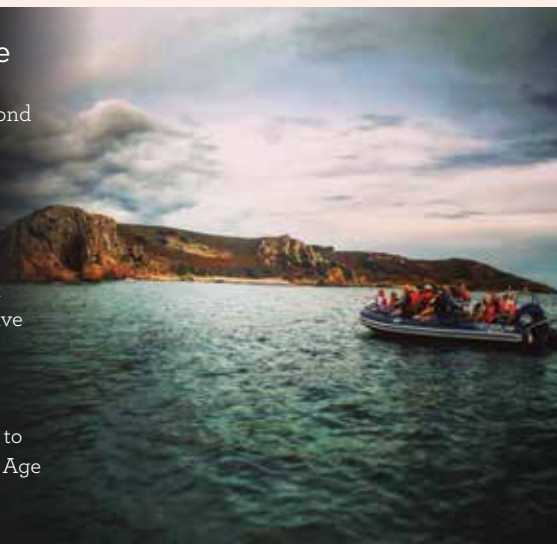
Inspired by his French heritage and love of fresh Jersey produce, Executive Head Chef Nicolas Valmagna's menus provide a breath of fresh air to the Jersey food scene; combining superb Jersey ingredients with some of his French favourites from the Pyrénées and Nantes region.

## Local businesses continue to protect Jersey's Heritage

Voisin law and Nedbank Private Wealth have announced that they will be continuing their sponsorship of the Jersey Heritage Patron Scheme for a second year in order to help the charity to preserve our Island's rich history.

Money raised by the Patron Scheme contributes significantly to Jersey Heritage's self-generated income and helps the charity to build and conserve their Collection, create inspirational exhibitions and engage people through learning opportunities. The continued support from Voisin law and Nedbank Private Wealth will continue to support the Patron Scheme, providing exclusive activities and social events for the Patrons in return for their vital support to Jersey Heritage.

Money raised through the Patron Scheme so far has enabled Jersey Heritage to undertake a number of projects, including the development of the 'Jersey Ice Age Island', one of their most significant exhibitions of recent years.





### Skipton International to open new Skipton Mortgage Centre in Jersey

Over 11 years after launching its mortgage business in Jersey, Skipton International is set to open a Mortgage Centre on the island.

The Centre, which is scheduled to open April 2017, will house a team of experienced mortgage professionals who know everything you could wish to know about the Jersey housing market. Located on Waterloo Street, in the centre of St Helier, the convenient position makes it easy for people to drop in and ask a quick question, or to make an appointment for a more detailed discussion.

Skipton International Mortgage Sales Manager Lorraine McClean said: "Our new Skipton Mortgage Centre will give customers the opportunity to find out more about the range of products available. We will try and help everyone from first time buyers to people trading up, or downsizing, and even for residents considering investing in buy-to-let properties in Jersey, or in the UK."

As a Guernsey licensed bank, the Centre is exclusively for mortgages, so Jersey deposit customers will still need to contact our friendly team in Guernsey.



### SMP Partners announces expansion into Jersey

SMP Partners, one of the Isle of Man's leading international corporate and trust service providers, has added to its rapidly growing international footprint with the opening of a new office in Jersey.

Recently granted a corporate and trust services licence by the Jersey Financial Supervision Commission (JFSC), SMP's expansion signals a new chapter for the highly renowned international Group and a further diversification of its service offering.

Katy Stopford will relocate from the gaming division of SMP Partners' Isle of Man office to Jersey to lead the establishment of the new office and manage key relationships.

Katy said: 'Expansion into the Channel Islands is a great opportunity for SMP Partners and its clients, as well as for me personally. I'm looking forward to developing relationships with our contacts in Jersey and continuing to work closely with my colleagues throughout the Group as we develop our presence there. It is an exciting time for the business and I'm delighted to be leading the establishment of our Jersey office.'



### EY's Wendy Martin is a Citywealth Powerwomen Award winner

Wendy Martin, EY's Partner and CI head of tax, has been awarded the Citywealth Powerwomen bronze award for leadership.

Shortlisted in the 'Woman of the year: Leadership (large, institutional)' category alongside eight others, Mrs Martin was the only Channel Islands candidate in the category and the only shortlisted individual from outside the City of London.

Aside from her tax expertise, Mrs Martin is heavily involved in EY's diversity and inclusiveness agenda. She is passionate about supporting and inspiring individuals to realise their full potential. This is reflected through the continued growth of the Channel Islands tax team, as well as her regular presentations at the Women's Development Forum meetings in Guernsey and Jersey.

### Award hat-trick for L'Horizon Beach Hotel & Spa

The team at L'Horizon Beach Hotel & Spa are celebrating after being named Most Consistent Hotel for the second time at the prestigious Hand Picked Hotels' annual prize giving.

The four AA Silver Star beachside hotel in St Brelade, which is part of the Hand Picked Hotels' collection of 20 hotels across the UK and Channel Islands, won the same award in 2014 and was named the Group's Hotel of the Year in 2015.

Ken Arkley, Commercial Director for Hand Picked Hotels, congratulated the team led by General Manager Simon Miller. He said: "L'Horizon Beach Hotel & Spa has had another very successful year. It has continued to achieve excellent quality and service results, retaining its position as the Hand Picked Hotel with the highest guest satisfaction score in the group."

Mr Miller picked up the award at the event, held this year at the Group's Rookery Hall Hotel & Spa in Nantwich, Cheshire.

### Rathbone Investment Management International celebrates Citywealth Awards

The entire team at Rathbone Investment Management International is celebrating after being named 'Investment Management Company of the Year - Channel Islands' for the third time in four years at the annual Citywealth International Financial Centre Awards, this week. Managing Director Jonathan Giles also took the title of 'Outstanding Individual of the Year' at the prestigious ceremony.

The Citywealth Financial Awards are judged by an international panel of highly respected practitioners. Discussing his achievement in being named 'Outstanding Individual of the Year' Jonathan Giles said: "I was surprised and delighted to have received this award, but it simply reflects the great team we have here at Rathbones in Jersey."



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## Frank De Mita joins Jersey International Business School faculty

Frank De Mita has joined Jersey International Business School as Senior Lecturer and Director of Global Outreach and Development.

Frank began his legal career in Washington DC with Shaw Pittman Potts & Trowbridge (now Pillsbury Winthrop Shaw Pittman) specialising in tax and banking matters, before joining the staff of US Senator Paul Simon as Federal Election Law counsel.

After leaving law practice, Frank was a visiting fellow at the University of Oxford, where he also held the position of visiting research fellow at the Oxford Institute for Energy Studies working under the guidance of oil economist Robert Mabro. He joined the Current Affairs department of the BBC in 2002. After leaving the BBC, Frank produced programming for the Discovery Channel, National Geographic Channel, Channel 4 and PBS (US), as well commercial projects for Toyota, Canon.

In his spare time, Frank is a devoted father to Bjarni, his demanding wire fox terrier, runs marathons in occasionally exotic locations and is a general enthusiast for anything outdoors or edible.



## Intertrust appoints Simon Mackenzie as Jersey MD

Mr Mackenzie joined Intertrust following its acquisition of Elian in September 2016 where he was group director and global head of corporate services. He played a key role in the growth of Elian following the MBO of Ogier Fiduciary Services in 2014.

Prior to this, he was a partner in the Ogier Group having originally joined Ogier Fiduciary Services in 2002.

In his new role, Mr Mackenzie is leading the organisational and governance changes necessary to achieve the full integration of the Jersey business into the group. He will oversee the establishment of the Intertrust brand in Jersey and build on the firm's market-leading position in the fiduciary services sector. Additionally he will continue to work directly with key clients and develop new business.



## New front of house manager appointed at L'Horizon Beach Hotel & Spa

With more than a decade's experience working in the hospitality industry, Annick Brown has been appointed as new Front of House Manager at the AA four Silver Star L'Horizon Beach Hotel & Spa.

Originally from France, Annick, who is bilingual, speaking both English and French, joins the St Brelade beachside hotel from The Close Hotel in Tetbury, Gloucestershire.

Commenting on the position, Annick said, "My role as the Front of House Manager is ultimately to make sure our guests receive excellent service from their very first contact with the Hotel and then throughout their arrival, stay and departure.

"This means making sure all front office staff are aware of everything going on in the Hotel and also dealing with any issues before they arise. It's about anticipating customer needs and promoting an attitude of caring and helpfulness within our staff."

Discussing the appointment, Simon Miller, General Manager of L'Horizon Beach Hotel & Spa said, "Annick's Front of House experience meant she was the perfect fit for the Hotel's senior team. We have guests visiting from all over the world and not only is she bilingual in English and French but she can confidently communicate in both Spanish and German too. Her appointment further underlines our passion to deliver quality and service and to meet the needs of all our hotel guests along with our local clientele."

Annick commenced her Hospitality training at college in France before going on to study a BA (Hons) in Tourism and International Hospitality Business Management with modern languages at the University of Birmingham.



### Jersey funds specialist Emily Haithwaite joins Ogier as a partner

Emily Haithwaite's wide-ranging investment funds and financial services law experience has brought her recognition from clients and industry alike. Head of Ogier's Jersey funds team, Niamh Lalor, said: "She has an outstanding reputation in her field, named as a Leader by Chambers, Legal 500, IFLR and Citywealth."

Emily is a funds heavyweight with almost two decades' experience acting for banks and asset managers in the formation, listing and winding-up of funds, as well as for sovereign wealth funds, funds of funds and investors investing into Jersey funds.

Niamh added: "2016 has been a great year for the investment funds team in Ogier, with significant growth in new clients and increased work flows for our regulatory specialists. We are delighted to welcome a partner of Emily's calibre. I, with the rest of our Jersey funds team, am very much looking forward to the opportunities that 2017 presents, including having Emily on board to bring additional strength to our team of experienced practitioners."



### Canaccord Genuity Wealth Management appoints new chief investment officer

Michel Perera has been appointed as Chief Investment Officer. Based in London, Michel will succeed Nigel Cuming, who will be retiring from the role in May 2017. Nigel will continue with the firm as a consultant for the next two years, based in the Jersey office.

Michel is an experienced investment strategist, having spent the past 19 years at JP Morgan Private Bank, where he was the Chief Investment Strategist (EMEA) responsible for running investment strategy and overseeing tactical asset allocation decisions for discretionary portfolios within the region.

David Esfandi, Chief Executive of Canaccord Genuity Wealth Management in the UK & Europe commented: "Investment performance is right at the heart of everything we do for our clients. Michel's appointment will bring fresh ideas, extensive industry experience and knowledge that will be invaluable to clients and our business as we spearhead a new growth trajectory."



### Credit analyst joins Asset Leverage Consultants

Diana Bowtell joins ALC from Credit Suisse, London, where she was Credit Officer responsible for the UK, Irish and Scandinavian financial institutions portfolio. Her coverage included banks, sovereigns, CCPs, building societies, housing associations, inter-dealer brokers and supranationals, covering \$55bn of credit lines.

After graduating from the University of Oxford with a First in Chemistry, Diana moved into investment banking focusing on credit analysis and risk. Prior to Credit Suisse she covered the emerging market portfolio at Barclays Capital. She joins ALC in their new offices at Weighbridge House as an Analyst.

Ben Thomason, Managing Director at ALC, said: "We are delighted to welcome Diana into our team of nine, who have now advised in excess of £2 billion of lending. The current low interest environment is still presenting opportunity for those looking to borrow, but the correct presentation of lending cases to the banks is crucial in securing preferable rates. Diana's skill set and experience will further strengthen our ability to analyse and present lending cases to providers with unrivalled expertise."



### Mourant Ozannes celebrates the swearing-in of a solicitor

Katie Phillips, who works in the firm's litigation department with a focus on employment law, joined Mourant Ozannes in 2012 after gaining a LLB from Cardiff University. She advises on employment law matters, including advice on contracts of employment, high value and complex dismissals and restructurings and tribunal claims.

Mourant Ozannes Partner, Helen Ruelle, said: "We are thrilled for Katie and congratulate her on this achievement. Katie approached her studies in the same way she approaches the work she does for clients - with focus, dedication and commitment. Katie is already a key member of our team and we look forward to supporting her as her career continues to develop at Mourant Ozannes"

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## Zedra expands senior team in the Channel Islands

ZEDRA has expanded its team in the Channel Islands with three senior hires. Paul Nayar has been appointed Finance Director, Joe Donohoe as Client Director and Mark Cleary as Head of Relationship Management & Funds, Guernsey.

Paul Nayar and Mark Cleary have pan-island roles working across Jersey and Guernsey. Mr Nayar is responsible for all financial procedures, policies, controls and reporting systems. He works alongside the Managing Directors and the CFO. Mr Cleary is managing the relationship management of bespoke fund services, ensuring high quality service is provided to clients and he will also act on a number of Fund boards.

As Client Director, Mr Donohoe has responsibility for a global portfolio of High Net Worth families and developing new relationships. This new role reflects the recent growth in the company's Jersey business and will further strengthen the breadth and depth of experience within senior management.



## Steve Whittingham makes the Switch as creative director

Steve Whittingham who has more than 20 years experience and award-winning expertise in branding and communication joins the now ten strong team at Switch Digital.

In this new role, Steve will be responsible for leading the company's growing creative team, working alongside the web development and digital marketing teams, ensuring they have full control over the quality, brand messaging and creative output of clients' websites and digital marketing activity.

Damon Eastwood, Managing Director of Switch Digital said, "We are really excited to have Steve join the team, his appointment will mean that we can continue to deliver the very best creative, technical and tactical digital experiences for all our clients, both on and off the island."



## New CEO will oversee Sure's expanded operations

Sure's operations in the Channel Islands and Isle of Man and in the South Atlantic and Diego Garcia will now be managed as one group (Sure), headquartered in Guernsey.

Ian Kelly, who has been CEO of Sure's South Atlantic and Diego Garcia operations for the last three years, and a Batelco Group Executive since 2007, has been appointed acting CEO of the expanded group.

Eddie Saints, who was the Guernsey-based CEO of Sure's Channel Islands and Isle of Man operations since 2008, was due to take on the role with Mr Kelly's support prior to his death earlier this month.

Sure has a specialist understanding of small market economies and the merger means that the overall group has operational responsibility for companies within seven territories – each with niche service and infrastructure requirements. The initiative recognises the benefits of economies of scale and the value of combining resources to create one focused and simplified operating structure.

The two regions, which include Guernsey, Jersey, the Isle of Man, the Falkland Islands, Ascension Island, St Helena and Diego Garcia, had previously worked together on a number of key initiatives but the merger will enable greater operating synergies and facilitate the sharing of knowledge, skills and expertise.

Sure's acting CEO, Ian Kelly, said: "Eddie and I worked closely together during the planning of this merger and he was passionate about the benefits and opportunities that working as one expanded group would bring. Eddie was a strong leader and he leaves a legacy of a successful business which I intend to build upon.

"Sure's knowledge of small market economies and our level of expertise in dealing with the geographical and operational nuances of these island locations are well-established and sharing knowledge and expertise across the group is one of the big benefits of the merger.

"Sure's performance across both regions in the past few years has been strong and the merger is recognition of both this performance and the potential that exists in having a larger, stronger group."

The background is a solid green color with a repeating pattern of tennis rackets. The rackets are oriented diagonally and are a slightly darker shade of green than the background. In the center, the word "SPORT" is written in a large, white, sans-serif font. The letters are slightly transparent, allowing the racket pattern to be visible through them.

SPORT



## Elevate Physiotherapy Clinic

The Clinic is one of just four exclusive concept clinics within Europe offering the very latest scientifically proven technology, including NASA's revolutionary Alter G Anti-Gravity Treadmills. Elevate Physiotherapy Clinic offers the most advanced solutions in the field. An Industry leading multi-disciplinary team offering a new standard of care, placing Jersey on the map as a leader in the rehabilitation and physiotherapeutic field within Europe.

Elevate provide a comprehensive physiotherapy service for a wide range of muscle, bone and joint problems. Each individual member of the team has a specialist interest and passion within their field, ranging from lower limb conditions, affecting the foot, ankle, knee, and hip to upper limb conditions affecting the spine, wrist, elbow, shoulder and neck. They also liaise with some of the world's best consultants and surgeons to allow for immediate treatment pathways including referrals for MRI scanning under the care and attention of one of the team.

Their exclusive technology enables the team to treat all conditions ranging from musculoskeletal through to neurological problems. Each session is tailored to the individual and treatment programmes are designed specifically to the presenting injury.

The clinic allows for your consultation to happen in private, within comforts not normally associated with cold clinical environments. This luxurious space is designed for restoring function within a contemporary setting defying expectation.



*Many of you will be familiar with the name Elevate, perhaps you'll have heard about their revolutionary Alter G Anti-Gravity treadmills, which see even those carrying injuries being able to run thanks to the NASA designed technology.*

Or you may have walked past their 1,200 sqft physiotherapy clinic and 3,000 sq ft. performance academy located at Harbour Reach on the waterfront. Well we're here to give you an insight into their business as a whole as they are very much more than just one single piece of equipment.

Currently the Elevate Group is the Channel Islands leading private physiotherapy, sports injury and personal training practice. With two distinct services working together to offer the only truly unique multidisciplinary approach when providing customers with a new standard of care, allowing for a seamless approach and pathway from injury to absolute wellness.

Managing Director, Mark Stewart has worked within the health and fitness industry for a great many years, both here and abroad and it's thanks to his experience that he's been able to establish Elevate here on the island. He explained, "We have designed and developed a unique 4-pillar methodology to optimize health and performance goals establishing the platform for effective and efficient programming for success. These systems

focus on four key areas: Mindset, Nutrition, Movement, and Recovery, which are evident within every Elevate appointment.

These elements don't operate independently. Nutrition and exercise alone aren't enough. But together, and incorporated into your daily habits, these

***"We also know that everyone that steps foot through our doors is different and knowing this is the reason why we get such good results."***

four fundamentals will help you succeed now and for the rest of your life, be that in performance or rehabilitation.

We also know that everyone that steps foot through our doors is different and knowing this is the reason why we get such good results. The ability to draw conclusions from an initial consultation allows us to build an in-depth picture of that person – it is why we've made it compulsory for anyone joining."

## The Performance Academy

Whatever your goal, knowledge or background, everyone is welcome at the Academy. Whether you're an international athlete or it is your first time in a exercise environment, the team at Elevate provide a facility where you will be mentored by their Performance Coaches who share their determination, dedication and desire to achieve the ultimate focus of delivering results. Each of the coaches hold industry leading qualifications and are dedicated professionals ready to share their passion and enthusiasm for fitness and well being with you.

They call this side of the facility the 'playground', and you can see why as it offers a luxury, state-of-the-art facility embracing cutting-edge Anti Gravity Treadmills® and Keiser pneumatic technology, exclusive to Elevate. They offer a revolutionary personal training solution, within 3,000 sq. ft. of dedicated environment. The equipment here would normally only be found in the homes of top level sports clubs, premiership football clubs and facilities for elite athletes but it's all here in Jersey.

▶ The Elevate Performance Academy has no membership fees. Instead they offer a dedicated and private results-based Personal Training Academy that you only pay for while you are training with your Performance Coach. Their holistic strategy and bespoke programming is the reason they guarantee results that are sustainable for the future.

All contributing factors are investigated and take into account your current fitness, potential injuries, limitations and nutrition. Nutrition is key to delivering results and your Elevate journey includes Jersey's only clinical Intolerance and Nutritional Deficiencies' assessment. Assessed within laboratory conditions, this assessment is the most extensive protocol within Europe, testing over 700 food, non-food, minerals and vitamins. This is key to prescribing a pathway that truly is bespoke. The Elevate client experience is evidently at the heart of their mission and values and executed with passion to provide that new standard of care they strive to deliver

Mark further explained "At Elevate we believe in an integrated model of patient and client care. Our integrated teams work seamlessly together with other external consultants and professionals to ensure all patients and clients receive a customised approach, tailored to their needs, all monitored by our very own allocated professional."

### Elevate Performance Packages

#### Personal Training

Elevates signature result based package incorporates a unique 360 degree approach. The periodical protocol includes the full usage of all Elevates exclusive technology and incorporates massage.

*Each session is 45 minutes.*

#### Express PT – Elevate HIIT

The future of affordable personal training. The only periodical HIIT protocol delivered one-to-one based around 3 evidence-based protocols. Great way to regain, maintain and enhance fitness levels through a unique body fat shredding programme. 12 sessions a month £145.

*Each session is 30 minutes.*

#### Senior Citizen Personal Training

Elevates technology allows seniors to regain the freedom and train specifically for purpose. This program is the same signature PT protocol but with a massive 50% discount when you meet the over 60 years young criteria.

*Each session is 45 minutes.*

#### Elevate Youth

As featured on local and national news channels, this program looks to redefine the way we educate and apply physical literacy to our kids, so they can become the healthy adults of the future. This eight-week program is based on 16 sessions.

*Each session is 45 minutes.*



**High Performance Athletic development and Team Support** are also available on application. Elevates High Performance clientele include both professional and amateur athletes achieving world and national rankings.

Finally **Elevate Holistic** provides Yoga by Oliver, these sessions are delivered every Tuesday and Thursday evening.

**ELEVATE**  
Concept Physiotherapy and Personal Training Practice  
RETHINKING > REFINING > REDEFINING

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E: [info@elevate.je](mailto:info@elevate.je)

**Defy Gravity -  
Defy Expectation**

**RETHINKING**  
Elevate Personal Training Academy

**REFINING**  
Evidence based technology and Prescription

**REDEFINING**  
Elevate Physiotherapy Clinic



## SPORTSPERSON OF THE MONTH ELEANOR LISTER

**Eleanor has recently featured in the Visit Jersey as an island ambassador campaign. In her story, The rockclimber girl, she talks about her love for rock climbing and why Jersey makes the perfect backdrop for this incredible sport.**

**Age:** 25

**What do you do:** I'm a photographer, mostly by passion, but slowly by work. It's a fantastic creative outlet.

**School attended:** Grainville School

**When did you first start climbing:**

I started climbing in 2013, in Melbourne, Australia - I fell in love with the sport immediately!

**What is it about climbing that you love:** Everything! It's social, challenging; each route is a puzzle to work out to reach the top, some routes more difficult than others, but invariably there's always a huge sense of achievement when you accomplish what you set out to do. And naturally, it's a great way to exercise and stay strong, while enjoying the beautiful Jersey outdoors. Equally, though, it's often very stressful and demanding, both mentally and physically; you learn a lot about yourself and how to approach situations under pressure, by default, you grow as a person.

**How often do you climb:** In the summer, usually about five times a week. We're very lucky here in Jersey to have such wonderful places to climb, usually no more than a 30 minute drive away.

**Is it something you can do all year round:** Unfortunately, rock climbing is fundamentally a weather permitting

sport, so we're very limited in the winter months. But we make up for it in the summertime! There are of course indoor climbing walls which we use to practice on during the winter months.

**Where's your favourite place in Jersey to climb:** Grosnez has some of the best climbing in the island - hundreds of routes to climb and such beautiful landscape. Sorel

also has some wonderful routes!

**And what about other places around the world:** So far, I've only had the pleasure of climbing in Malibu, California, Fontainebleau, France and a bit in Melbourne, Australia. I'd love to explore other locations worldwide. America's big walls would be an incredible adventure!

**You are one of the island ambassadors that form part of the Visit Jersey feature, how did that happen:** I used to assist photographer Matt Porteous (who took the photos above) a few years ago, and tell him incessantly about that weekend's climbing endeavors. As a by-product, I was contacted last year and asked if I'd like to participate! The guys at the Observatory did an amazing job with that video, and with all of the other ambassador videos for Visit Jersey.

**Favourite ice-cream flavour:** Mint Choc Chip

**Favourite animal:** Cats. Lots of cats!

**Favourite food:** Probably avocados. Avocado on sourdough bread. Mmmm!

**What would you wear to a fancy dress party:** I'm not sure I even know where to start on this one, so many options.

**Favourite climbing expression:** "You can't fall off if you don't let go!"

**Favourite song:** Hmmmm. I'm not sure I have a favourite song, I'm often too fickle. But I'm definitely a huge admirer of the work of both Joni Mitchell and Joanna Newsom, Maybe if I had to choose, the song 'A Case of You' is a consistent favourite.

**Is there an easy way for people to learn how to rock climb:** Every route worldwide is graded in difficulty, so it's incredibly easy to get started on easier routes. The harder the routes get, the more tenacious and dedicated you need to be, but I'd definitely say getting started and having a go is easy!

**Any top tips for those wanting to give it a go:** Get in touch! Email [jerseyrockclimbingclub@gmail.com](mailto:jerseyrockclimbingclub@gmail.com), and come join us on our Tuesday club evenings. We'll be starting to climb outdoors again around April, so we look forward to new and keen climbers joining us!

[www.jersey.com/meet-eleanor](http://www.jersey.com/meet-eleanor)



# HARDWARE



# EFFICIENT EARTH MOVING?

WORDS Russ Atkinson

**IF YOU'RE IN THE BUSINESS OF MOVING EARTH, YOU'RE PROBABLY NOT DOING EARTH TOO MANY FAVOURS. BUT CAN YOU HAVE YOUR CAKE AND EAT IT?**

Picture the scene: you've got a coal or iron mine of biblical proportions somewhere in Siberia and you need to extract ore at an unholy rate to make it pay. It's a big gamble that requires big machinery, but the operation has to be incredibly efficient. Heavy work in tough conditions, day in, day out, year round.

If I'm honest, your first priority should be acquiring a Bagger 288 (officially the world's largest vehicle and so iconic that it even has its own meme on YouTube with nearly three million hits). But you're still going to need something to move all of that overburden and coal about once you've dug it up, and that's where the BelAZ 75710 comes in.

You see, it's hard to deny that coal is bad for the environment once you burn it and release plumes of carbon dioxide

and particles of soot and all of the other by-products that I paid little attention to during chemistry classes in secondary school. It's the same story for the emissions from the gigantic diesel engines powering the machinery used to extract it from the earth so surely it's about time somebody at least made a token effort to do something about that? Well if it is, I think that Belorussian plant manufacturer BelAZ might've missed the point a little. But then they have managed to build the largest dumper truck on the planet so as a petrolhead I'm willing to ignore that it probably isn't Euro VI compliant.

In a nutshell, the BelAZ 75710 carries a payload 25% bigger than the next largest competitor which, presumably employing the power of all of Belarus' man-mathematicians' man-maths combined gives an efficiency improvement of 25%

according to the manufacturer. I've a feeling it's slightly more complicated than that in reality, but you'll be forgiven for forgetting the details when you read what's coming next: it's electrically powered.

Driven by four electric motors, one for each wheel, this behemoth generates a combined 7,200 horsepower, weighs 360 tonnes unladen and can carry a staggering 450 metric tonnes of material in that shallow load bed bolted to it. The reason it's so shallow? Purely so that the operator isn't tempted to overload it. As if 450 tonnes at a time wasn't enough already.

So you're digging up a fossil fuel with the sole intention of burning it (or attempting to extract sufficient quantities of iron-ore with which to make another absurdly sized dumper truck - this is all about efficiency, remember) but using an electrically

powered dumper truck to transport it so you're practically running a carbon neutral operation. Actually, don't stop buying those carbon credits to offset your emissions just yet because here's the kicker. The 360 tonne unladen weight isn't made up of about 200 tonnes of lithium-ion batteries (roughly equivalent to enough to power the sun, according to those Belorussian man-mathematicians), the electricity comes from two onboard generators. Oh, and those generators are powered by two V16 diesel engines, each displacing a whopping 65 litres and producing a combined 4,600 horsepower. Oh well, the thought was there, at least, and it'd probably take all night and then some to charge it with an extension lead running from the Portakabin where they take their teabreaks. Which is exactly where you'll be whiling away your time whilst you wait for the 5,600 litre diesel tank to be refilled.

**“IN A NUTSHELL, THE BELAZ 75710 CARRIES A PAYLOAD 25% BIGGER THAN THE NEXT LARGEST COMPETITOR WHICH, PRESUMABLY EMPLOYING THE POWER OF ALL OF BELARUS' MAN-MATHEMATICIANS' MAN-MATHS COMBINED GIVES AN EFFICIENCY IMPROVEMENT OF 25% ACCORDING TO THE MANUFACTURER.”**

Reading about of this got me thinking that if you need around seven thousand horsepower to carry 450 tonnes of ore but you need over four and a half thousand horsepower of diesel generators to create enough electrical energy to propel the fully laden truck to an admittedly impressive top speed of 40mph then why not just stick another 16 cylinder diesel motor in there and be done with it? You're producing something that transports coal, after all.

Could it be that nobody else is likely to bother, meaning you're pretty much guaranteed to hold onto the Guinness World Record for largest diesel-hybrid ultra class haul truck? Or could there be something more to all of this? Could it be that the electrical motors offer a more efficient transmission solution owing to having less moving parts than a conventional gearbox and transfer gearbox used in conventional all-wheel-drive vehicles? Apparently not, as the Siemens system that ties it all together is allegedly quite complex and has lead to concerns that BelAZ's approach isn't a particularly efficient one even if it's able to limp back to your oversized workshop on three motors if one experiences a failure.

The upshot, I suppose, apart from the willy-waving side of things at least, is that electric motors supply instant, smooth and linear torque which has surely got to be a distinct advantage operating in the unforgiving and unrelenting environments that these impressive machines are expected to work in. But does it have a kettle in the cab? That'd surely be the height of operating efficiency.

## CONSOLATION PRIZES

Operating the world's biggest dump truck is one thing, but we live in a world where the customer is king and the king always has choices. So here are the next five biggest ultra class dumper trucks for you to take a look at, because it's nice to have options:

### LIEBHERR T-282B

Another diesel-hybrid creation, this one comes with a choice of 3,650 horsepower 90 litre V20 and 3,500 horsepower 78 litre V18 engines. Final assembly is taken care of on the purchaser's premises so it must be a nightmare flogging one second hand.



### CATERPILLAR 797F

American industrial giant Caterpillar's largest offering, the 797F superceded the 797B and can carry an extra 18.1 tonnes. Hopefully Caterpillar staff are better at building trucks than learning the alphabet.



### TEREX/BUCYRUS MT 6300AC

Terex can't take all of the glory for this one as they acquired production of the MT 6300AC when they purchased Bucyrus. You may be surprised to read that this sporty not-so-little number is rear wheel drive.



### KOMATSU 930E-3SE

Behold! What you see here is the world's best-selling ultra class haul truck with sales reaching over 1000 units. Surprisingly, despite being considered their flagship model it's neither their largest or heaviest hauling creation.



### HITACHI EH5000ACII

The baby of the bunch, carrying just 296 tonnes of whatever you've got 296 tonnes of that you need moving somewhere, this clever machine streams operating data through the internet constantly to help the operator assess and improve its operating productivity remotely.



# POWER OUTAGE

**WORDS** Rebecca Evans

**Think of the word ‘gadget’ and you’ll probably think of something electrical or battery operated. Undoubtedly handy, often time saving, but when it really comes down to it, likely to be superfluous to our everyday existence.**

With Earth Hour happening later this month and encouraging us all to be more mindful about the resources we use and the sustainability of our planet, it could be hard to justify these power-burning little luxuries that our homes are filled with. This month therefore I’ve scoured the high street and internet to bring you a selection of energy-saving gadgets and gizmos that can help us all be a little bit greener.



## Shower Timer

As islanders, the water that surrounds us features so heavily in our daily lives that it can be easy to take it for granted. Consider then, that a little over 10% of the world’s population do not have access to a safe water supply for drinking or sanitation. In relative terms, that’s the entire parish of St Brelade with nothing safe to drink.

Over 1/4 of the water we use in our homes is in the shower, and by reducing the time we spend in there to the recommended four minutes, a family of four could save 12,000 precious litres of water a year.

With a sucker to safely attach to glass or tiles, this handy sand timer acts as a great reminder. Flip the timer when you hop in, and emerge with both a clean body and a clean conscience.

*Shower Timers and other water saving devices are available FREE through [www.jerseywater.je](http://www.jerseywater.je)*

## Logitech Wireless Solar Keyboard K750

Despite our best energy saving intentions, the majority of us still find ourselves enslaved by power gobbling electrical appliances for a lot of the time. Just because the computer you sit in front keeps the meter spinning however, doesn’t mean the accessories have to.

The Logitech Wireless Keyboard is solar powered and charges via either natural or artificial light, with a full charge lasting an incredible three months in total darkness. The PVC-free construction and totally recyclable packaging contribute to the tiny ecological footprint this responsibly designed product leaves. The sleek looks and comfortable usability are really just a bonus.

*The Logitech Wireless Solar Keyboard is £69.99 from [www.logitech.com](http://www.logitech.com)*



### Roberts Solar DAB Radio

Solar powered products are perfect for the sunniest place in the British Isles, and this smart little radio is ideal for beach BBQs, garden parties, conservatories and even a sunny windowsill. The backlit LED screen includes a solar and battery indicator, and the best conditions allow full volume radio play whilst charging the inbuilt battery, allowing the crystal clear music to continue long after the sun has slipped behind La Rocco tower.

Pre-set channels make it easy to switch between popular national and local radio stations, but should you prefer to choose your own tunes, a handy line-in socket for iPod or MP3 players means the Solar DAB can also act as a speaker for your personal playlists.

Even Jersey has gloomy days occasionally, and a mains power cable is included in case desperate times call for desperate measures.

**The Roberts Solar DAB is available from the Powerhouse at £89.99**

### Dynamo Wind Up Torch

Country lanes and dark skies are part of the charm of our beautiful island, and conserving energy by reducing light pollution can only be a good thing, but especially at this time of year anyone who regularly ventures around the country parishes on foot will recognise the importance of carrying a good torch.

As an island we already dispose of more than 800,000 spent batteries each year, and whilst the majority can be recycled, cutting down on how many we use in the first place is a better solution. The pocket sized Dynamo Wind-Up Torch from Mountain Warehouse is the answer. Three low energy but ultra-bright LED bulbs will never need replacing, easy to navigate settings allow you to select the appropriate power, and the inbuilt dynamo creates 30 minutes of light from just one minute of winding.

**The Dynamo Wind Up Torch is available from Mountain Warehouse at £4.99**



### H2O Water Powered Alarm Clock

Having saved all that water through shorter showers, we can surely afford to use a little of it to power this funky little eco-friendly digital alarm clock. With no requirement for batteries or mains electricity, this clever device draws out the ions present in water and uses them to keep ticking over, as it were.

The large LCD display features time, day of the week and even temperature reading, and each fill of water should last 8-12 weeks. When the display starts to dim simply empty and refill; an integral memory chip means there is no need to reset the time or alarm.

**The H2O Water powered alarm clock is available from [www.amazon.co.uk](http://www.amazon.co.uk) from £12.50**

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# PHONE HOME



## Let's Get Wearable – Samsung Gear S3

If you're wearing the Samsung Gear S3 on your wrist, then you need never again worry about leaving your phone at home, even if you're going away for a few days.

The Gear S3 is the latest smartwatch from Samsung and it has been designed to impress. Bigger and better than previous versions, the S3's classic lines look superb on your arm, creating the look and feel of a premium watch on the outside, whilst hiding the speed and power of the latest tech on the inside.

Controlled by the bezel, you can answer calls, flick through apps and change settings with a natural ease that leaves other smartwatches in the shade. The in-built speakers mean you can leave your phone at home, choosing instead to use the Gear S3 to make and respond to calls.

As is often the case with wearable tech, the Gear S3 comes complete with a fitness app, including a heart rate monitor as well as GPS and mapping systems that mean you'll never get lost whilst out for a run!

*The Samsung Gear S3 represents a huge step forward in smartwatch design, so come and have a look, we've got it in the Sure Store now for just £14 per month.*



## A lot of phone for a little price!

*Airtel-Vodafone's Marketing Officer, Faith Joyce, reviews the Vodafone Smart Mini 7.*

The Smart Mini 7 is by far my favourite budget smartphone on the market right now. Running on Android 6.0 (Marshmallow) the Smart Mini 7 offers the complete Android experience, with full-on features, so you get a lot of smartphone for a small price.

At only £49, the Smart Mini 7 is perfect for kids, or for those unconvinced on the 'smartphone' question and unwilling to spend big in search of an answer. The phone's easy to use interface means

it's great for social media, everyday browsing, and keeping in touch.

While this phone only has an initial 4GB of memory, you can easily expand this with a 32GB microSD card. The data on the Smart Mini 7 runs on our old favourite 3G, and while you may miss those 4G speeds, you will gain hours of battery life.

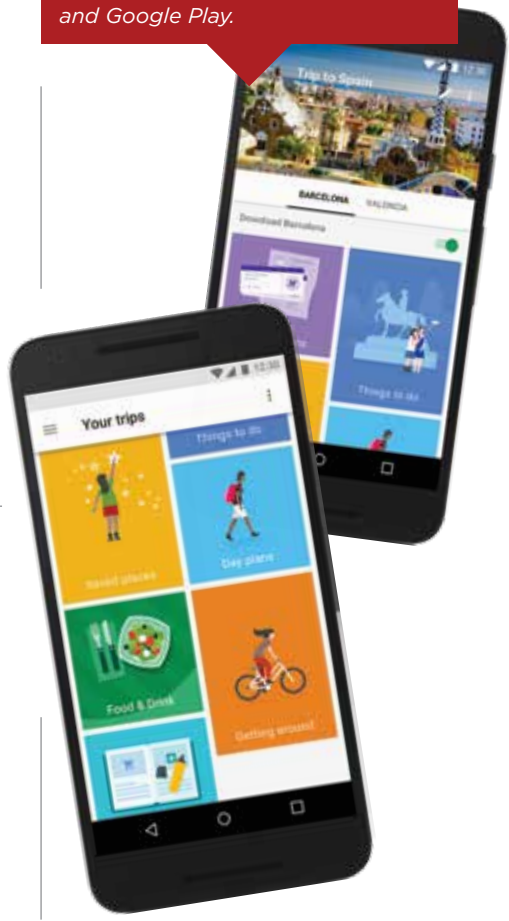
*Available exclusively from Airtel-Vodafone, for FREE when you switch your number at [switchandsave.ie](http://switchandsave.ie) (top-up required). Also available for purchase at our New Street store and at shops around the Island, for only £49. Price correct at time of going to print.*

## Airtel-Vodafone's top app for... TRAVEL

It's that time of year again! Time to book those hols! There's nothing better than having your trips all lined up for the year so you have something to look forward to during this cold, dreary months.

We recommend the Google Trips app as your ultimate holiday organiser. It starts by automatically (and optionally) lifting travel information, like your hotel and flight details, straight from your email. Once it knows where you're going, it helps you find the best spots for fun, food, and sight-seeing in whichever city you're visiting. We absolutely love this one!

*Available for free on the App Store and Google Play.*





REASONS TO BE  
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# REASONS TO BE GRATEFUL

JERSEY'S BRAND NEW FAMILY FRIENDLY  
FESTIVAL CELEBRATING LOCAL ARTISTS



**It may seem like only yesterday that Reasons to be Cheerful helped Millbrook Park get its party on, seeing 3,000 revellers congregate to witness unforgettable performances from Soul II Soul, Stacey Pullen and Kurupt FM among others, but now the clever team behind the Reasons brand have decided to stage yet another day festival which wholly welcomes the entire family and celebrates the very best of passionate local talent.**

Reasons to be Grateful was born as a result of a persistent question from fellow ravers – when will we see a Reasons event that children can be a part of? With directors Ben Newman and John O'Connell family men themselves, it was as important to them as anyone else that the issue was finally nailed. With their sights set on the iconic Howard Davis Park the date of Sunday 30 April was set.

At least 30 acts of exceptional talent will do the business on both the main stage and a separate dance arena, all of which, distinctly, in one way or another 'belong' to the Channel Islands. Reasons To Be Grateful's aim, we're told, is to truly celebrate artists and DJs with solid island connections or heritage, shining a spotlight on those who have made an undeniably positive impact as a direct result of their talent and passion, within their genre, style or scene of choice. The RTBG line up reflects just that...

The main stage will host live bands and acts featuring genres from indie, rock, ska, reggae, trip-hop and folk, with an extra special contribution coming via The Songwriter's Society, the island's collective hub that supports and showcases original music and poetry. Alongside Lloyds Yates, Mozaics, The Jackson Moody Band, Benny The Moth you can catch Serkedian, Joe Young & The Bandits, Any Given Sunday, Muzzy Foley, Samuel Walwyn, Jay Von Cassidy, Axon Bower, Alex &

Her, Max Feighan, Kacey Hacquoil, Bean Le Bouc, Isaac Evans, Ross Edgar, Anna Hafsteinsson, Gerry Cartwright, Josh Hearman, Kevin Pallot, Ross Coupland and Justin Curran. There will also be a designated dance music arena featuring DJ Spim, Mosteph and Mo'Matic with Rocksteady's trusty tribe of residents and more to be announced.

As if that mammoth line-up wasn't enough to keep you and your loved ones happy for eleven and a half hours, you will also be able to enjoy classes from the Sitas

***"Reasons to be Grateful was born as a result of a persistent question from fellow ravers – when will we see a Reasons event that children can be a part of?"***

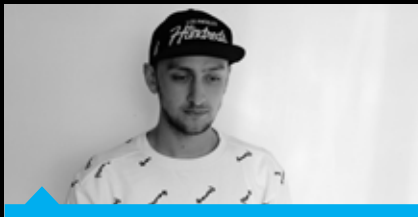
Circus School, cooking demonstrations, interactive art, Total Mayhem breakdancing performances and school, The Awakening Club dance offs, delicious street food, craft ales and ciders and a beautifully curated family-friendly zone.

So grab your loved ones, neighbours, family and friends and head along to the park to celebrate all those plentiful 'Reasons to be Grateful'.

**Howard Davis Park, Sunday 30 April, 11am–10.30pm**  
**ENTRY: Babies 0 - 2 & over 60s FREE, children aged 3 - 12 just £5.**  
**Great value family tickets also available.**



## MARCH MUSIC & NIGHTLIFE: WHAT'S ON...



### Vanguard DNB Present: 'Jump Up Sesh Vol.2'

#### UPGRADE & JUNIOR RED

Support: SKMA + More TBC

**SATURDAY 04 MARCH**

@ ROJO

Vanguard return with one of the most exciting up and coming talents from the UK in Upgrade who will be joined by London based MC Junior Red. With releases on Ram, Serial Killaz and Liondub to name a few Upgrade's music is consistently supported by some of the biggest names in drum and bass such as DJ Hype, Macky Gee & Sigma. This is his first visit to the island and he's been a much requested artist by a lot of the Vanguard DNB fans, expect a night of the finest DNB music covering all angles with a main focus of bass driven dance floor bangers with many exclusives.

**Tickets:** Eventbrite // ROJO // 18+ // R.O.A.R // Photographic ID



### The Royal Yacht Presents: DAN HEALY

Support: Craig Adler & Tam

**SATURDAY 11 MARCH**

@ THE ROYAL YACHT HOTEL

International DJ & Producer Dan Healy has risen through the ranks over the past decade to become one of London's finest exports. Starting with a bang in the West End, Dan is a versatile technician, his sets fusing house music with his love of soul, funk and the classics.

Since June 2016 Dan has hosted and DJ'd alongside a veritable who's who of electronic music talent including wAFF, Steve Lawler, Sasha, Eats Everything, Patrick Topping, Mark Knight, Richy Ahmed, Darius Syrossian, Leftwing & Kody, Solardo, Andrea Oliva and Kydus. For table reservations contact: james.curtiss@theroyal yacht.com

**Tickets:** FOC // The Royal Yacht Hotel // R.O.A.R // Photographic ID



### U2UK THE U2 TRIBUTE SHOW FULL LIVE BAND

Support "Tingamajig"

and DJs Craig Alder & Tam

**FRIDAY 17 MARCH**

@ THE ROYAL YACHT HOTEL 7.30PM

U2UK have won the hearts of U2 fans all over by performing in Europe and beyond, including U2's after show party at the Heineken Stadium for two consecutive nights on the Dutch leg of the Vertigo Tour. Over their 13 year history, they have played to audiences all over the world, from Beirut, Romania, Portugal, Spain, Malta, Azores, Ireland, Cyprus, Sweden, Holland, Belgium and of course all over the UK, and to crowds from as intimate as one hundred to over ten thousand; it's easy to see why U2UK are Europe's Premiere U2 Tribute Show. For table reservations contact: james.curtiss@theroyal yacht.com

**Tickets:** FOC // The Royal Yacht Hotel // 18+ // R.O.A.R // Photographic ID



### MASS Project Present: MATRIX & FUTUREBOUND (Viper Records)

MESSY MC & DC

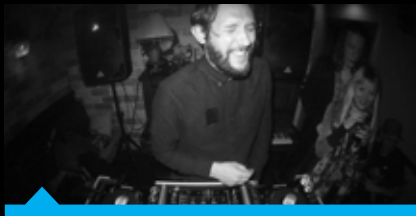
BREAKZ (Ram Records)

**SATURDAY 18 MARCH**

@ THE WATERSPLASH

MASS Project return to their spiritual home out west after their sold out event with High Contrast in February inviting one of the most successful UK acts of the last few years. Matrix & Futurebound will play their debut show at arguably the island's favourite underground dance club. These guys have had huge chart success and can be heard regularly on BBC Radio 1 and all the other leading radio stations, they will be hosted by Messy MC who you may know from his shows with DJ Fresh. If that isn't enough MASS also invite DC Breakz from Ram Records as support for what is sure to be another sold out event.

**Tickets:** Eventbrite // The Splash/ 18+ // R.O.A.R // Photographic ID



### Sundays at Ce Coir BEN NEWMAN & SORIN

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@ CE SOIR 9PM

After a brief hiatus in the new year, the infamous Ce Soir Sunday sessions have returned. Focussing on a soundtrack of underground house and techno, each week residents Ben and Sorin are joined by a guest, sometimes local, sometimes from further afield. Ce Soir are always looking for new talent, should you wish to be considered to play, pop down and make yourself known.

**Tickets:** FOC // Ce Soir // 18+ // R.O.A.R // Photographic ID



### LOOKING AHEAD: CLIQUE Present: MARK BROOM (Fabric)

**SATURDAY 01 APRIL**

@ ROJO 10PM - 2AM

Clique continue their residency at Rojo in 2017 presenting UK Techno legend Mark Broom. Anyone who has experienced Mark Broom in action knows that he has a gift of delivering his unique techno sound with an energy and vibrancy that dominates dance floors all over the globe. Broom began his journey in the early 90's inspired by the emerging sounds of Chicago and Detroit and over the last two decades has become one of the most respected and prolific producers within the international techno scene. If you are a fan of the likes of Sven Vath, Marco Carola, Adam Beyer, Richie Hawtin, or B.Traits, this is the one for you.

**Tickets:** ticketsource.co.uk/clique or OTD // ROJO // 18+ // R.O.A.R // Photographic ID



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#### In its 22nd year Bonita is one of the most beautiful salons on the Island.

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## Food for thought:



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

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# boardom

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