

gallery^{JSY}



137

the 'WHO RUNS THE WORLD?' issue

**Get more mobile data with Sure.
So you'll never miss out.**

**Share
more**

**Shop
more**

Our new pay monthly mobile plans offer more data than ever, go share, go shop, go watch.
Ask in store for more details or visit www.sure.com.



Watch
more

Terms and conditions apply.
See www.sure.com for details.



SWAROVSKI JERSEY
21 KING STREET, ST. HELIER,
JERSEY, JE2 4WF

KARLIE KLOSS



#GiveBrilliant

THE VALENTINE'S DAY COLLECTION



gallery

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

WHO DOES THIS?

SALES / ACCOUNT DIRECTOR

Ceri Baker
DD: 870082
M: 07797 744345
ceri@gallery.je

DESIGN DIRECTOR

Russ Atkinson
DD: 870268
russ@gallery.je

EDITORIAL CO-ORDINATOR

Sara Felton
sara@gallery.je

DISTRIBUTION

DD: 832072
distro@gallery.je

ACCOUNTS

DD: 870237
accounts@gallery.je

PUBLISHER

Ben Davies
DD: 870185
ben@gallery.je

*Other contacts are on the
contributors page*

Entertain us with jokes, ideas, videos of cats and boots to...

everyone@gallery.je



Recycle. Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call **01534 448586**. We put this on the green strip to look eco innit... That's **smart!**

Disclaimer. All rights reserved. Any form of reproduction of Gallery Magazine, in part or whole is strictly prohibited without the written consent of the publisher. Any views expressed by advertisers or contributors may not be those of the publisher. Unsolicited artwork, manuscripts and copy are accepted by Gallery Magazine, but the publisher cannot be held responsible for any loss or damage. All material, copy and artwork supplied is assumed to be copyright free unless otherwise advised. Contributions for Gallery should be emailed to editorial@gallery.gg. Names have been changed to protect the innocent and no penguins were harmed in the manufacture of this magazine, you can't prove nuffing. Why are you still reading the small print? What about doing your christmas shopping early? There's still loads of time! If you're reading this, instagram yourself with the magazine and #gallerymagazine to get a present.



published with gusto in Jersey by

factory

10 Minden Street
St Helier
Jersey
JE2 4WR

gallery

#137

[WHO RUNS THE WORLD?!]

ARE YOU AN ILLUSTRATOR?

We're looking for more illustrators to work with each month, get in touch with russ@gallery.je to find out more.

EDITORIAL CONTRIBUTORS

Sara Felton
Grant Runyon
Mike Haggard
Ria Wolstenholme
Layla Arthur

Rebecca Evans
Lorna Forrester

PHOTOGRAPHERS

Danny Evans
Layla Arthur

ILLUSTRATORS

Will Bertram
Josh Bale

DISTRIBUTION

distro
832072

delivery@gallery.je

EVENTS

paparazzi
811100

shot@paparazzi.je

CHIT CHAT

811100

hi@gallery.je

DISCO HIRE

gallery
870257

disco@gallery.je

ACCOUNTS

or all accounts
enquires please call

832072

accounts@factory.je

CONTRIBUTE

CONTRIBUTE@GALLERY.JE

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

ADVERTISE

AD@GALLERY.JE

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. Call us on 811100 or drop us an email...

FEATURE

FEATURES@GALLERY.JE

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

**Disclaimer.**

All rights reserved. Any form of reproduction of Gallery Magazine, in part or whole is strictly prohibited without the written consent of the publisher. Any views expressed by advertisers or contributors may not be those of the publisher. Unsolicited artwork, manuscripts and copy are accepted by Gallery Magazine, but the publisher cannot be held responsible for any loss or damage. All material, copy and artwork supplied is assumed to be copyright free unless otherwise advised. Contributions for Gallery should be emailed to editorial@gallery.je. Names have been changed to protect the innocent and no penguins were harmed in the manufacture of this magazine, you can't prove nuffing. Why are you still reading the small print? How about researching what really makes the best paper aeroplane? Test them with your friends or colleagues, add a picture to our Facebook and we'll send you some doughnuts...

**Recycle.**

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this on the green strip to look eco innit... That's smart!

edito

We conceived the theme for this month's female focused issue with an obvious nod to the lyrics of Beyonce's *Run the World*. So I decided to listen to it on a loop on Spotify while writing my edito. It really is a war cry. The drums, the chanting, the positive reinforcement message of female solidarity. The lyrics make reference to girls running 'this motha' 22 times. Pretty serious.

Now don't get me wrong, I have time for Beyonce; I proposed to my wife at a Beyonce/Jay Z concert; albeit I was there for Jay Z (I have to say that). I do, however, find Mrs Z's stance on femininity a bit confusing at times. It's so heavily contrasted to the more traditional stereotype of feminism. Men are taught that pay inequality, sexism and sexualisation of women is bad. I'm therefore confused by the *Run the World* video in which Beyonce presents her argument as 100 women in stockings, corsets and capes dancing provocatively in front of men in riot gear and burning cars, not bras. The men look terrified, as the director and no doubt Beyonce intended, and far too scared to put a ring on any of them...

We look at the theme in relation to women in the boardroom and women who are, literally, running around the world. We also take a wry look at those mysterious organisations that are really running things, the ones hidden behind the oompa loompa they've just put in charge of the US. We check out gadgets for world-running women and our underwear shoot combines an athletic element to the usual approach. The Run the World theme was also inspired by the #thisgirlcan initiative that promotes strong positive female role models. The campaign is focused on sport but we translate that to positive role models we see every day in St Helier; women that are succeeding in their own field across a spectrum of industries. We also meet some women who manage to run successful businesses outside of their successful careers. They probably all have some Beyonce on their playlists somewhere...

Hopefully you'll enjoy the varied approaches to our theme in this first issue of 2017. And as Annie Lennox said way back when, behind every great man, there has to be a great woman. And I think most of them are running things really.

BD

#137

[WHO RUNS
THE WORLD?]



COVER CREDITS

MODEL
Tess

CLOTHES
Calvin Klein
Bralette (£27)
& Calvin Klein
Pants (£20.75)
from Voisins

**Social
networking
shizzle**

Be our friend
and we'll tell you
secrets



[WWW.FACEBOOK.COM/
GALLERYMAGAZINE](http://WWW.FACEBOOK.COM/GALLERYMAGAZINE)



[WWW.TWITTER.COM/
GALLERYMAG](http://WWW.TWITTER.COM/GALLERYMAG)

paparazzi
gallery

ARE YOU IN?

You can also view
paparazzi photos on
our facebook page.

Learn more >
www.gallery.je

Call anywhere in the world
for just 6p
with JT Pay as you go.



Officially the Island's
**FASTEST
NETWORK**
Speedtest by Ookla verified

The best deal on the Island's FASTEST network has landed. Switch in store today and keep your existing number. www.jtglobal.com/6p

Search 'JTsocal'  

15p connection charge. T&C's apply. see website.

JT 
JOIN TOGETHER

CONTENTS

PICKS



28 FEATURE: Women about Town



48 CULTURE: Beyond Ballerinas

THE REST

UPFRONT

Listings.....	12
News in Numbers.....	14
Misc.....	16
Pet of the Month.....	17
Feature: Masters of the Universe.....	18
Feature: Failure is a Feminist Issue.....	20
Feature: The Problem with Fake News.....	22
Cold Runnings.....	24
Effect a Change.....	26
Feature: Women About Town.....	28

GIVE

Our Community.....	34
The Mis-selling of Investments.....	38

EVENTS

Intertrust Rebrand Event.....	40
Project 52 Members Evening.....	40
Air Mex Launch Night.....	42
Paul John Kilshaw Exhibition Launch.....	42

TRAVEL

A Foreign Feast.....	44
----------------------	----

CULTURE

Beyond Ballerinas.....	48
Culture News.....	50
The Monthly Upload.....	52
Exhibitions.....	54

BEAUTY & WELLBEING

Beauty News.....	56
Align Fitness.....	56
Psychotherapy Column.....	57
All Things Bright and Beautiful: Rio. Hair. Beauty.....	58
Beauty Products.....	60

FASHION

Brand News.....	62
Trend News.....	63
Gallery Fashion: Naked to the World.....	64
Style Stalker.....	72



64 **FASHION:** Naked to the World



94 **BUSINESS:** Don't Quit your Day Job

APPETITE

Major Players.....	74
Moo-ve Over Junk Food.....	76
Wine & Dine Your Valentine	76
The Grow Up So Fast: The Farm School Initiative.....	78
Discover the Pièce de Résistance at Ormer	79
The Genuine Articles	80

PLACES

Property Profile.....	82
Finishing Touches.....	86
Featured Properties	88
Interior News.....	90

BUSINESS

Business News.....	92
Fitness as Usual	93
Feature: Don't Quit your Day Job.....	94
Movers & Shakers.....	102

SPORT

Let's Get Ready to Rumble	108
Sport News	110

HARDWARE

Who Runs the World	112
Gadgets for Girls	114
Nes Maxi: Build your Own Retro Console.....	114
Phone Home	118

NIGHTLIFE

Nightlife Listings.....	119
Gorgon City	120
Paparazzi	122

Directory.....	126
The Back Page	128
Boardom.....	130

ON THIS FEBRUARY...

IN JERSEY



JERSEY REDS V LONDON WELSH

4.2.17

Jersey Rugby Club St Peter

The Reds face a major challenge against a side who won both games between the sides in last season's Greene King IPA Championship. Expect a lively atmosphere at St Peter, with pre-match lunch available in the supporters marquee and perhaps a few songs from the visiting Welsh choir. Gates open at 11.30am; kick-off 2pm; match finishes 4.15pm Tickets: £20 (adults), under 18s free.

BIG GIFT SALE

5.2.17

Fort Regent 10am-2pm

The annual big gift sale in aid of local charity Jersey Side-by-Side takes place up at Fort Regent. People's unwanted Christmas gifts have been being collected since after Santa dropped them off ready to be sold on to new owners. Don't forget that one man's trash is another man's treasure and it's all in the name of charity too.

FOR THE LOVE OF:

A TALK ON THE HISTORY OF VALENTINE'S DAY

9.2.17

16 New Street 7pm

Valentine's Day has become one of the key dates in the commercial calendar, with romantics spending hundreds of pounds every year on cards and gifts. But behind the commercialisation of Valentine's Day lies a fascinating history that can be traced back to ancient Rome. Local historian and expert Peter Le Rossignol investigates... Hosted by the National Trust the event costs £10 for Members; £12 Non-Members including a glass of wine. Call 483193 to book

BE MY VALENTINE:

CALLIGRAPHY WORKSHOP

4.2.17

16 New Street 2pm

Whether you are in love, a type-lover or you just want to learn a new creative skill, this two-hour calligraphy workshop with Adele Dark is the perfect thing. First you'll work on basic calligraphy exercises, progressing to letter forms. By the end of the class you'll put your new skills into practice to write a personal valentine's message - either on a traditional card, or in a larger format to be framed and displayed on a wall - which you can take home afterwards. The session lasts 2 hours and costs £20 to include refreshments. Call 483193 to book



WORLD WETLAND DAY

5.2.17

Wetland Centre St Ouen 1- 4pm

If you've never been before why not head along to the centre to celebrate World Wetlands Day. With guided walks around St Ouen's Pond and its environs, talks and guidance from bird-watching experts and crafts and games for children in the classroom, there will be something for everyone!

HOSPICE HUDDLE!

15.2.17

Longueville Manor 12:30pm

Why huddle? A huddle is a gathering of a group of people. Our new Hospice Huddle is a chance for women to celebrate friendship, connect and find out more about Jersey Hospice Care. Hospice Huddles will be held on a quarterly basis and offer a chance to find out about what they do and their future plans, then they'll introduce a guest speaker. The lunch will cost £50, which includes a pre-lunch drink, three course meal, wine and coffee. Please contact Sacha for more information by emailing sachapatel@jerseyhospicecare.com

PIRATES!

20-24.2.17

Maritime Museum

Ahoy there me hearties! The Pirates are back! Half term week sees the return of this ever popular family event. Join Jersey Heritage for five days of pirate fun with stories, action activities, crafts and general marauding mayhem. This fantastic event has something to entertain everyone, all visitors are actively encouraged to dig out their eye patches, parrots and Jolly Rogers and become a pirate. Usual entry fees to the Maritime Museum apply - free to Jersey Heritage members.



20 YEARS OF WORLD BOOK DAY

24 & 25.2.17

17 New Street 10am - 4pm

To commemorate World Book Day, which is celebrating its 20th anniversary during the week, the National Trust has invited Peter Rabbit, Alice in Wonderland and Friends to The Georgian House for a special two-day literary event aimed at children of all ages. Activities include storytelling throughout the house on both days, a small exhibition about the life and work of some of our best known children's authors, a themed quiz and a hunt for white rabbits. Come dressed as your favourite character. There is no need to book and the cost for non Trust members is £6.00 Adults; £3.00 Children.

PRUNING AND GRAFTING APPLE TREES WITH VINCENT OBBARD

25.2.17

Samares Manor Herb Garden 9.30am

Did you know that every full sized apple tree is made from two different trees? Enjoy a morning of practical information and hands-on learning about the art and science of grafting and pruning apple trees. Morning coffee on arrival at the Manor. Costs £15 for National Trust Members - £20 Non Members. Call to book 483193. You will receive a rootstock and a scion to graft and take home for planting.



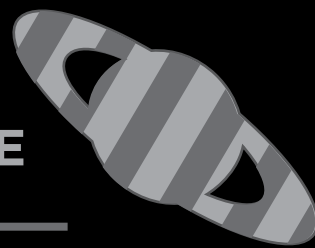
SEEDY SUNDAY 2017

26.2.16

Grainville School 1030-2.30pm

At the heart of the third event of this kind is the seed swap, where you can bring your harvested flower and vegetable seeds in exchange for someone else's. Don't worry if you haven't saved any, there will be loads on offer. There will also be stalls, talks and demos ranging from allotment growing, compost making, bread making, wildlife and all matters 'green'. Something for all the family. All funds raised this year will go to the children's charity, Brig-y-Don.

ELSEWHERE



NEW YORK RESTAURANT WEEK

NEW YORK, NEW YORK

UNTIL 10 FEBRUARY 2017

NYC Restaurant Week (which runs for more than a week) is a promotional event not dissimilar to our Tennerfest, where more than 380 restaurants offer three-course pre-fixe dining deals for both lunch (\$29) and dinner (\$42). Every summer and winter, NYC Restaurant Week returns with dining deals at restaurants all across New York. From trendy newcomers to top-notch hotel restaurants to some of the city's best fine-dining restaurants, the three-week event draws bargain-hunting New York diners to try out and revisit old favorites serving cheap eats.

WWW.NYCGO.COM/RESTAURANT-WEEK

SKY LANTERN FESTIVAL

PINGXI, TAIWAN - REPUBLIC OF CHINA

10 FEBRUARY 2017

According to the elders of Pingxi, the Sky Lantern Festival originated in the Xing Dynasty, more than two thousand years ago. At that time, bands of outlaws frequently raided the lowland villages, forcing residents to seek refuge in the mountains. Village watchmen used "fire balloons" as signals to inform the residents that their houses were safe once again and when those hiding in the hills saw the celestial flares, they knew it was time to go home. Today these lanterns have two main purposes. One: they display scribbled messages of the hopes and dreams of the purchaser who then release them into the night sky by the power of fire; and Two: they represent the end of the Chinese New Year period and their release symbolizes the shedding of outdated ways and embracing the future.

WWW.EVENTAIWAN.TW

CARNAVAL DE QUÉBEC

OLD TOWN, QUÉBEC CITY, CANADA.

UNTIL 12 FEBRUARY 2017

Billing itself as the world's largest winter carnival, the 17-day Carnaval de Québec was first created in 1894 as a way to beat the winter chills, though it only took on its current form in the 1950s. You'll find night parades, ice slides, dog-sled races through the streets of the city, snow rafting, an outdoor cinema (yes, Ice Age has been screened here), an international snow-sculpture competition and outdoor dance parties in the snow.

WWW.CARNAVAL.QC.CA

RIO CARNAVAL

RIO DE JANEIRO - BRAZIL

24 - 28 FEBRUARY 2017

The Carnival in Rio de Janeiro is a festival held before Lent every year and considered the biggest carnival in the world with two million people per day on the streets. The typical Rio carnival parade is filled with revelers, floats, and adornments from numerous samba schools which are located in Rio. Dressed in beautiful costumes these amazing dancers parade through the Sambadrome; official balls & parties are held at Copacabana Palace. And the streets come alive with the mini festivals instigated by locals where formality and structure are left far behind as music and dancing become the order of the day.

WWW.RIO-CARNIVAL.NET

NEWS IN NUMBERS

6 percent reduction in annual crime rate reported by States of Jersey Police

553

million dollars in damages awarded to Jersey inventor from Apple for alleged patent infringement may never be paid

2,000

Christmas trees collected by volunteers raises £32,000 for Jersey Hospice Care

10

percent drop in inter-island air passengers observed in 2016

13

weeks of roadworks begins in Trinity

25,000

pound report concludes that local gas prices are fair and reasonable

1,635,584

passengers passed through Jersey airport in 2016, a new all time high



**BAUM UND
PFERDGARTEN**

EXCLUSIVELY AT MANNA IN JERSEY

MANNA

7 WEST CENTRE 619985



Run (like the wind)!

When it comes to the international measure of being fast, the 100 metre dash is the benchmark. If you're quickest at that you're quickest at anything. Well, in the field of athletics, anyway, I'm not sure how Felix Baumgartner would feel about a sweeping statement as wide as that. In at number three in the list of quickest ladies is Jamaican Shelly-Ann Fraser-Pryce (who also holds an unofficial place for most unnecessarily hyphenated name of any competing athlete) with a personal best of 10.70 seconds. Almost unnoticeably quicker though is American athlete Carmelita Jeter with a time of 10.64 seconds set during the London Olympics, but some say there's a woman who's quicker still. The woman in question is none other than Florence Griffith-Joyner (pictured left), proving the rarely considered fact that having a double-barrelled name makes you better at athletics, clocking a sprint time of 10.49 seconds in the 1988 Olympics in Korea. Some dispute her record due to possible favourable wind conditions or performance enhancing drug use but I reckon it might've had something to do with her hat...



World's richest woman

With an estimated fortune of \$36.7 billion, Christy Walton is said to be the richest woman on earth, as well as the 6th richest person in the United States and 8th richest person in the world. Not a bad haul for saying 'I do' to John T. Walton, son of Sam Walton, founder of Walmart - the world's largest company by revenue. To her credit though, she's also ranked as the highest female philanthropist (I think that refers to gross funds donated rather than any of her pastimes) and gave approximately \$3.5 billion to charitable causes between 2002 and 2006 alone, mostly to museums and zoos. And by that, of course, I don't mean that she's addicted to visiting Sea World.



Quoted:

"I don't like to gamble, but if there's one thing I'm willing to bet on, it's myself."

Beyoncé Knowles

Exactly the kind of attitude that gets you to the top of the bill headlining Glastonbury, which she did in 2011.



Counter-quoted:

*"I wanna play so loud that Beyoncé can feel it in her f***ing bones."*

Josh Homme (Queens Of The Stone Age)

Glastonbury 2011 whilst headlining the Other Stage as Beyoncé ran things on the Pyramid Stage behind him.

Forbes' list of the world's top ten most powerful women (in 2016):

Angela Merkel, Chancellor of Germany
 Hillary Clinton, Presidential candidate of the United States
 Janet Yellen, Chair, Federal Reserve of the United States
 Melinda Gates, Co-founder, Bill & Melinda Gates Foundation
 Mary Barra, CEO of General Motors

Christine Lagarde, Managing Director of the IMF
 Sheryl Sandberg, COO of Facebook
 Susan Wojcicki, CEO of YouTube
 Meg Whitman, CEO of Hewlett Packard Enterprise
 Ana Patricia Botín, Executive Chairman, Banco Santander

pet
OF THE
month



DO YOU HAVE AN INTERESTING PET?
TELL US ABOUT YOURSELVES - FEATURES@GALLERY.JE



Pandora

Breed: African grey parrot

Age: 20 months

Likes: Cashew nuts, flying, talking, kisses and cuddles with my mistress.

Hates: Going back in my cage. I have to be tempted with cashew nuts.

If human I would be: Rory Bremner in drag.

Wants: To spend all day sitting on my mistress's shoulder trying to steal her glasses.

interesting facts: I should live until I am well over 50 by which time my mistress will be nearly 100!

Most impressive thing you've ever done: Learn to screech 'Mum!' in the children's voices so my mistress comes running into the kitchen at high speed from wherever she is in the house.

Susie de Carteret

Breed: Female, wife, mother, business owner.

Age: 49

Likes: David Bowie, Tasmania, sunshine, wine, animals and my family - not always in that order.

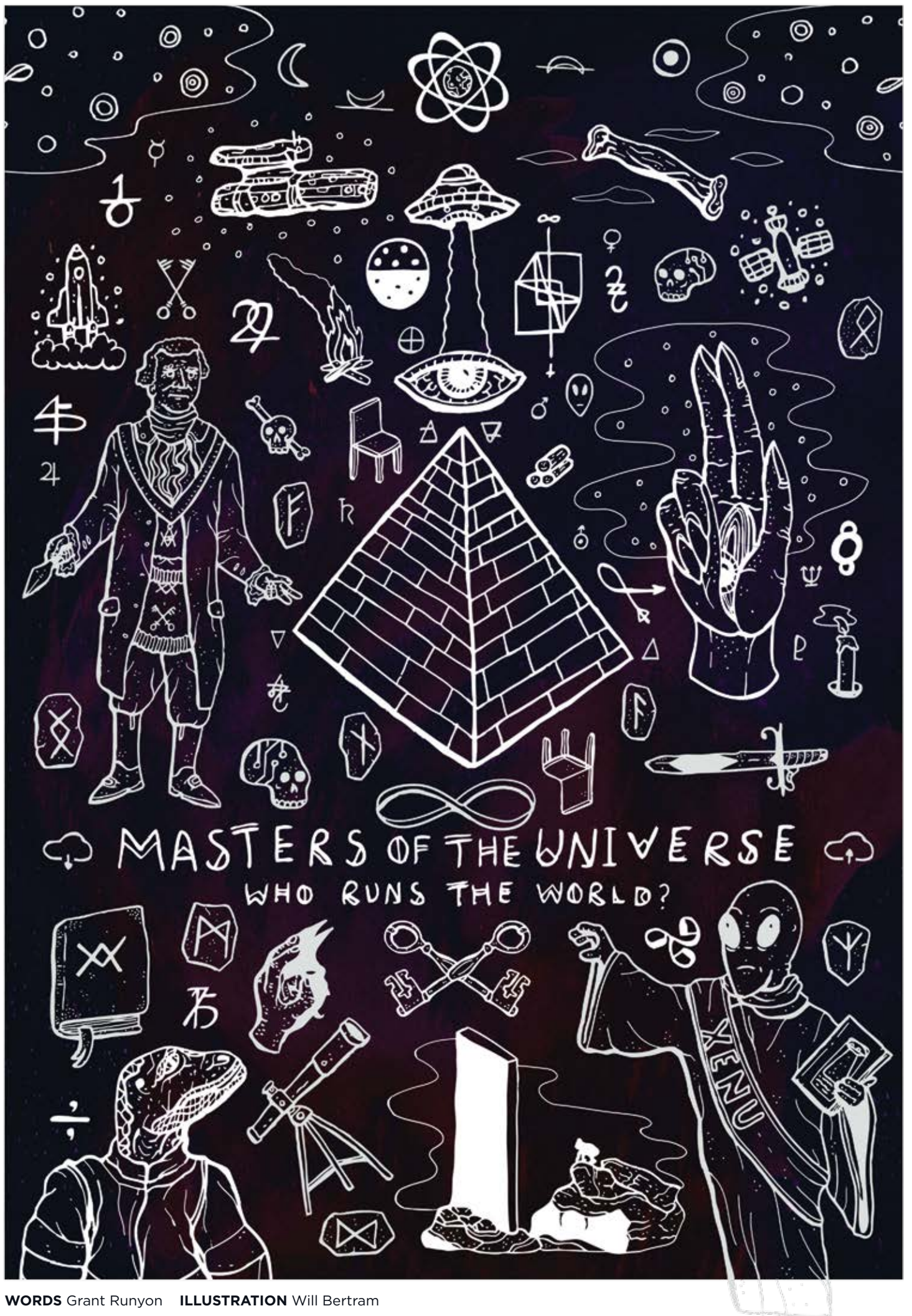
Hates: Cruelty of any sort to anything or anyone.

If I was an animal I would be: My Spanish rescue dog Walter - because he is so very lucky to have landed on his paws with us.

Wants: More animals.

interesting facts: I run the world's only Tasmanian travel company from Jersey - and half my clients are from Australia!

Most impressive thing you've ever done: Set up a successful travel business from scratch in my mid-forties - a bit like jumping off a cliff without a parachute (but it worked!)



I like to think of myself as a rational person, and would normally shy away from ascribing world events to anything other than randomness combined with human stupidity. I've always believed we are alone in the universe, have no higher purpose, and that civilisation is a barely-functioning birthday party that only manages not to destroy itself through sheer luck. I've never believed in fate, or gods, or hidden conspiracies - and then 2016 happened.

Yes, there have been worse years for humanity, and yes there have been worse years for me personally, but there was something about 2016 that wormed its way beneath my psychic armour and made me believe that some powerful hidden force was out to get us. Global events frustrated me on such a personal level that I stopped believing in random existence and started searching for a malevolent force that was determined to crush my dreams, one vote/disaster/minor celebrity at a time.

As usual, greater minds than mine had got there first. The secret rulers of our world may be obscured, but nothing can be hidden for long when you have glimpsed the truth and possess unmetered access to the greatest tool yet invented to disseminate human knowledge: the internet. I ventured to the civilised, intellectual spaces that make up our online culture and asked "whose idea was it to make 2016 so bad?" Like angels, a thousand voices spoke in return. Some were swears, many were racist, and several asked if I would send nudes. A smaller number spoke the truth - these are their stories.

Our world is controlled by ... a secret religious order

When there was just one religion, perhaps a group of half-apes worshipping forest spirits, the sun or a black monolith, humanity would have been relatively calm. Maybe a bit of incest and cannibalism, but nothing too bad, such as holy war or Songs of Praise. As soon as our numbers expanded enough to splinter into rival beliefs you would soon have had the bad stuff: war between the log worshippers and the monolith priests, sectarian persecution of the sun monkeys and Songs of Praise. You also would have had the growing belief that every problem in forest/monolith/sun society was caused by a shadowy religious order drawn from one of the others. In various civilisations this role has been forced on most religious minorities, but according to the greatest minds replying to YouTube videos it's definitely either the Freemasons, the Templars or the Illuminati. Maybe all three. These groups are said to influence governments, have access to secret history and (according to my sources) to have arranged for the abduction of Prince and Lemmy from Mötörhead in order that Donald Trump can drink their vital fluids and regrow his hair. They will not rest until we all have joined them - a bit like Amazon Prime or the Jersey Buy and Sell Facebook group.

Our world is controlled by ... an international financial conspiracy

To some truth seekers, talk of religion is just a smokescreen. Religion is the opiate of the masses, there only to distract us from the actions of our true masters: the secretive financial cabal that has controlled human society since the invention of paper money. Yes, long before chip and pin. Sometimes

"This pinstriped priesthood is said to manipulate global events in order to enrich themselves beyond measure: rich enough to purchase George Michael and David Bowie, arrange a cover-up and to fund a cloning programme to repeat Band Aid."

known as the Bilderberg group, sometimes operating under the auspices of the Rothschild family, this pinstriped priesthood is said to manipulate global events in order to enrich themselves beyond measure: rich enough to purchase George Michael and David Bowie, arrange a cover-up and to fund a cloning programme to repeat Band Aid. They are said to be behind every global war, every international treaty, every dictatorship and election throughout our world. It's amazing when you think about it, although it still doesn't make sense that an all-powerful global banking conspiracy still can't do anything about those Nigerians who stole the balance from my PayPal account.

Our world is controlled by ... an artificial intelligence operated by the shadow government

If there is a flaw in the (otherwise-watertight) theory that human society is controlled by a religious order, or a global capitalist bloc, it's that there are limits to the organisational powers of even these two secret master conspiracies. The ability to perfectly synchronise wars and conflicts to empower and enrich your hidden sect would need such an incredible level of precision that it would need to run like clockwork on a global scale. Humans are intellectually incapable of that level of organisation, and it is therefore obvious (quite obvious, in fact, except to sheep or idiots) that the guiding hand could only be provided by some kind of globe-spanning artificial intelligence. Housed in a subterranean complex below the Pentagon, the UN headquarters or the Bullring Shopping Centre in Birmingham, the vast intellect of this machine would be able to monitor every human event through surveillance cameras implanted in our ubiquitous electronic devices. It would be

a glowing, liquid-cooled hybrid of Skynet and Clippy from Microsoft Office XP; 2016 was the year it achieved full awareness and decided that humanity must be destroyed. The election of an orange-skinned reality TV star to the most powerful job on the planet was one step, the elimination of Paul Daniels and Terry Wogan was another. The Y2K millennium bug was just a drill.

Our world is controlled by ... an advanced alien race who manipulate our species for their own purposes

Providing you have an open mind, it is easy to accept that we are trapped in an advanced holographic simulation in order to provide power for sentient machines who manipulate our emotions by abruptly cancelling The Great British Bake Off. What really stretches the imagination is the idea that humanity could invent something as complex as a globe-spanning artificial intelligence without it going wrong. We can't even connect fridges to the internet without hackers trying to use them to bring down the American government, so how on earth would we invent a sentient Artificial Intelligence without it getting infected by pornographic Ukrainian spyware? The answer is that we didn't "invent" it, because the Bilderbergers and Illuminati have all along been getting IT support from an advanced race who have monitored us since the days when we worshipped logs and ate each other. Their motivation is far from benign, as the entire history of our pathetic species is just a soap opera for a race of shape-shifting iguanas from the Proxima Betelgeuse system. 2016, as awful as it felt to many of us, was nothing more than a Christmas episode of Eastenders where they ramp up the drama by killing a bunch of people off and introducing a new villain. Your pain and suffering is Ian Beale losing the keys to his chip shop and Phil Mitchell hitting the bottle; your joy and happiness is Pat Butcher finding an especially gaudy pair of earrings. Resistance is futile, and they are watching my every move. I've already said too much, but if you need to hear more of the uncensored truth you can just follow me on Twitter or subscribe to my YouTube channel. Watch the skies!

Failure

— is a —

Feminist

ISSUE

WORDS Lorna Forrester

ONE OF THE MANY NAUSEATING THINGS ABOUT OUR POST-TRUTH EXISTENCE IS MOTIVATIONAL QUOTES. OBVIOUSLY THEY'RE NOWHERE NEAR THE MOST NAUSEATING BUT I WANT TO START WITH THEM, BECAUSE THEY'RE SYMPTOMATIC OF OUR SOCIETY'S APPROACH TO WELLBEING, WHICH QUIETLY ERASES ANY SUGGESTION THAT AN UNJUST WORLD ORDER IS HOLDING YOU BACK AND INSTEAD BERATES YOU FOR NOT 'BELIEVING IN YOURSELF'. NEATLY ELIDING WITH THE THATCHERITE PRINCIPLE THAT THERE'S "NO SUCH THING AS SOCIETY", MOTIVATIONAL QUOTES REINFORCE THE IDEA THAT LIVING A DIGNIFIED LIFE IS AN INDIVIDUAL EFFORT, NOT A COLLECTIVE RIGHT. PLUS THEY'RE BASIC.

"Lean in" feminism, as espoused most famously by Facebook COO Sheryl Sandberg, serves a similar purpose to a motivational quote, in that it's meaningful to a certain sector of women (namely white, middle class, and otherwise privileged) but ignores or harms others. Take this bit for example: "Being confident and believing in your own self-worth is necessary to achieving your potential." Well obviously those things are helpful, but it's still rather difficult for many women to have self-belief in a world which hates them and bizarrely pretends that mental or physical illness, social class, racism, xenophobia, ableism, homophobia and transphobia aren't a big deal.

Currently women can be 'empowered' to have 'success', but only in limited ways: be attractive but not too attractive if you want to be taken seriously; have children but make sure you 'lose that baby weight' straight away; don't look old but also don't look like you've put much effort into not looking old; be smart but not intimidating; be hot but also capable in your career... the list goes on and on. It's no wonder women clasp on to whatever victories that happen to come their way, even if they come from a broader corporate schema that ultimately undervalues them.

A progressive form of feminism can never be focussed on getting more women in the boardrooms though - as Laurie Penny says: "the problem is that there are altogether too many boardrooms, and none of them are on fire." That doesn't mean to say that I don't want women to be paid well for their work, or that they shouldn't have ambitions in the workplace. We just need to recognise that not all women are going to excel at work, and this has no bearing on their abilities or inherent worth as a human being. Not all women get to live their dreams or fulfil their potential because of things that we could change, but choose not to.

Stanford sociologist Carolin Dweck conducted a study on women's approach to failure, which showed that when things go wrong in women's work or relationships, they're more likely to think it's because there's something innately wrong with them rather than with external, changeable factors such as lack of time or lack of support from others. So not only do our social and political systems disadvantage women, they conveniently make them feel that it's their fault! It's as genius as it is terrible.

Now don't get me wrong, I love celebrating women's success - I sometimes call people just to fan girl about Beyoncé and/or the

Bronte sisters. It's also clear though that the playing field is far from equal, not only between men and women, but between different types of women too. It's very naive to espouse an apolitical feminism, to talk about a vague 'sisterhood', when 52% of white women in the US voted for Trump, throwing black women right under the proverbial bus. It needs repeating 23548908 times that not every choice a woman makes is a feminist one.

In this fraught political and economic climate, I want to celebrate the women who are stuck in unglamorous or precarious jobs

they hate, with no prospects for promotion. I want to celebrate the women who can't work, for whatever reason. I want to celebrate women on benefits. I want to celebrate fat women. I want to celebrate depressed women. I want to celebrate nervous women. Failing to succeed by the standards of today's society is a radical act in itself but this is just the start, a call to arms if you like - because currently so many women are made to feel like failures, when they're the ones who have been failed.

"Now don't get me wrong, I love celebrating women's success - I sometimes call people just to fan girl about Beyoncé and/or the Bronte sisters. It's also clear though that the playing field is far from equal, not only between men and women, but between different types of women too."





THE PROBLEM WITH FAKE NEWS

WORDS Grant Runyon
ILLUSTRATION Josh Bale

If you've been paying attention to the world around you, one thing you won't have missed is the news about "fake news." Fake news has been all over the real news, but there's also a lot of news in the fake news about how the real news is fake too. Confused? You should be, but imagine if your attention span is so short you couldn't make it this far into the article without an animated picture of a cat eating spaghetti. You would have given up, perhaps decided whether you agree with me based on the illustration, possibly even shared my article to a peer group of gullible fools. That might make you a pretty good target for fake news, but luckily for you I'm a news source you can trust - like the Sunday Sport.

Batboy lives with Elvis in a trailer park

So what is “fake news,” and how does it differ from the traditional news? On many subjects tabloid newspapers are about as accurate as the graffiti in a pub toilet, and people don’t just use tabloids for looking at half-naked soap stars - they actually form ideas after reading them. What about Fox News, targeted to America’s racist uncles, or Russia Today, where Facebook simpletons can learn the news that the “mainstream media” suppress, courtesy of that impartial friend of free expression Mr V Putin? All of these are various degrees of unreliable, but they aren’t fake news in the true sense of the term. When legitimate news organisations (those with a smidgen of respect for their audience’s intelligence) talk about “fake news” they are specifically referring to news sources that are created to spread individual stories, usually through social media, that are highly misleading or completely untrue - like the story that the Pope endorsed Donald Trump (he didn’t), or the idea that Barack Obama was born in Africa (he wasn’t). Sometimes they even look real and have real-sounding addresses - like BBCnewsflash.com - but their only purpose is to spread a story very rapidly, and then once they’ve done their damage dissipate like an eggy fart. Traditional news sources might be compromised by the biases of the people who own them, and organisations like Fox News may well assume their audience believe fake news. However, one-sided cheerleading for a political party is still a different category of dishonesty to a made-up conspiracy about politicians running a paedophile ring from the basement of a pizza restaurant. You can explore the biases of a newspaper, but anybody who has tried to reason in a Facebook thread about vaccines turning you into a giraffe knows that accepting this stuff is like choking off the oxygen supply to the part of your brain in charge of reason.

Weaken democracy with this one weird trick

We should ask where fake news comes from, and why it exists - what motivates people to spend their time and effort making things up? Whether fake news is about political leaders or celebrities making love to farm animals the modus operandi is the same - to spread quickly, replicate and mutate, like that cold which has infected half of the Island in the last six months. The difference lies in the ultimate aim: nobody will have their world-view changed by a story about Eyebrows McBoyband ending up in A&E with something stuck up his bottom, but if enough people lose the ability to tell real stories from fake ones then we edge closer to a situation where whole swathes of society are slightly confused about very complex issues, and no longer trust anybody to explain opposing views to them. Because you live in a democracy (aside from Gallery readers in North Korea), and you need to be somewhat informed in order to vote, this is a very big problem.

Don’t believe the hype

The true danger of fake news is that it isn’t just confined to the gullible, but also people who have never developed a healthy cynicism about news sources. Although the category of people who think that gay marriage causes the sea level to rise is reassuringly small, the category of people who nonetheless haven’t formed an opinion about issues like man-made climate change is worryingly

large, and some of them might be swayed by the gay marriage sea level lobby if those are the only people they know who talk about the issues. Fake news is like background noise that drowns out rational scepticism, and it can sow such confusion that people don’t act, whilst nations or powerful businesses do. A good example is our friends in the Kremlin, who have been particularly cunning in exploiting this climate of confusion. The supposed interference in the American election is probably the most topical example, but a more interesting one is Russia’s role in the conflict in Syria. Russia isn’t shy about publicly supporting the Syrian government, a vital regional ally, and that’s the line you’ll see taken in its official statements and Russia Today (RT), its English-language propaganda outlet. Nobody should ignore the history of western governments in spreading propaganda and nobbling elections (hello Latin America!) but the Russians ran with that idea and came up with something novel. The Syria situation is maddeningly complex even if you are interested in geopolitics, but alongside RT the Kremlin muddies the intellectual waters with an unprecedented network of fake news, spawning misleading social media stories and circulating fake testimonies that serve not just to directly promote

Russian interests but also to prevent people in other countries forming a unified opinion that might force their leaders to take action. Meanwhile the Kremlin, not troubled by democratic disagreement, has time to pursue its goals.

No, YOU’RE the fake news

Of course, if you’ve read this far the chances are you mostly agree with me. To true believers and Trumpers, my entire argument is fake news. According to their logic, all governments are as bad as each other, so why not believe Russia, or a website full of shouty bigots, or one of the bad guys from Indiana Jones

and the Raiders of the Lost Ark? We all have our biases, but in the case of Russian media the distinction is that people in Britain and America are largely free to criticise the way their news sources operate, and to use news sources that criticise their governments. No matter what your mate who worships Wikileaks and Russia Today thinks, the same level of freedom does not and will never exist under Vladimir Putin. RT is not the BBC. This concept is quite apparent to anybody with the time or inclination to think about media bias, but the paradox is that people gullible enough to fall for fake news stories will also believe those people who accuse real news sources of being fake news, further reinforcing a spiral of mistrust and confusion.

The consequences are looking painfully clear. If fake news gets a foothold in democracies the result can be a giant snowball of misinformation, rolling downhill at speed and blanketing a metaphorical alpine village with an avalanche of Trump. In a very real sense, human civilisation is at risk of being destroyed because of your weird aunt who keeps sharing stories about Diet Coke giving you cancer. You can either try and reason with them, or just ignore it and ten years later they’ll be rounding you up and making you work in a coal mine. Happy new year!





COLD RUNNINGS

WORDS Joshua Pattinson

It was late October in Alaska, and cold. “Full-blown winter” says 28-year old Elizaveta Ershova. She and a friend had decided to run a “short” 15-mile trail around Fairbanks, middle Alaska, where she lives. The temperature had plummeted far below any relatable balmy European winter at a nippy -20C, Elizaveta says that “snow was melting in my shoes and then refreezing as ice – I was certain I’d get frostbite.

“The first four or so miles were tightly packed snow – as expected. Then as we got onto the ridge the trail gradually faded away to deep snow. We ended up following a moose or bear track and managed to get lost, as a result we had to wade through brush and waist-deep snow for several hours. We were both dressed for trail running, and getting pretty cold.”

Fortunately Elizaveta lived to tell the tale. Eventually they reacquainted themselves with the trail and made it back to the car just before the very last of the day’s sun slipped below the horizon. “I got to keep all my toes, although they hurt for a while”, she adds.

A marathon means different things to different people. For some, it’s rinsing Netflix boxsets or back-to-back Lord of the

Rings director’s cut. For others it might be a feather-bristling, bucket list-ticking endeavor. Perhaps, the challenge of a lifetime. Then there’s this shaded corner, a niche, you’d pass by it if you weren’t paying attention. It’s occupied by a folk that relish taking things to the limit. Like running two back-to-back marathons up and over some of the Lake District’s highest and most unforgiving fells.

The scenery is staggering, and the sense of achievement must be equally staggering. In 2016, Elizaveta took the top spot on the podium for women’s running the ‘Lakes in a Day’ 50-mile ultra from Caldbeck to Cartmel.

“It’s a really great way to see so much of the beautiful Lake District in just a day. It’s often described as two races in one – the first half is real mountain trail running,

people describe it as gnarly, but after running in Alaska and Norway it actually felt quite mellow – the second half is rolling hills on roads, and some more civilized trails through some local towns, moors and forests” says Elizaveta.

“I would like to run the ‘big’ trail races one day, like Western States” (the world’s oldest 100 miler from Squaw Valley to Auburn, California). “Right now I’m training for a 110-kilometer race in Croatia in April, and have a few races I plan to do in the summer, including the Tromsø Skyrace”.

Elizaveta was researching zooplankton in the Pacific Arctic for her marine biology PhD. I spoke to her whilst she was on a boat sampling fjords around Svalbard. Generally she spends two or three months each summer at sea, a highlight of which was nine weeks spent on German icebreaker Polarstern sampling all over the Arctic Ocean.

Her Alaskan-born and 28-year old partner Sam Herreid, “is an amazing trail runner himself, he’s studying a PhD in glaciology so gets to climb glaciers and mountains for work” says Elizaveta. “Such a rubbish life” she adds sarcastically. I ask Sam about his 100-mile Alaskacross run spanning the

northern edge of the Alaska Range “it was awesome” he says, “my friends Rob and Eli kicked my ass as soon as the runnable terrain ended”. The event was an “off trail, pick-your-own-route wilderness event”.

This is absolutely the wrong opportunity to bring up that I’m running a trail marathon in the South Downs National Park during March for charity. It would be totally irresponsible to use this space to publicise that I’m raising money for Reverse Rett – an organisation conducting vital research on a condition that strikes girls aged between one and two and leaves them with multiple severe disabilities – so I’m definitely going to avoid mentioning it.

I’m also definitely not going to tell you to visit my Just Giving page, the address of which may or may not be found at the bottom of the page, and kindly donate whatever you feel comfortable with. It’s going to be 26 miles of hills and inevitable rain, if the endurance of discomfort is convincing enough to whip out your phone and drop a few quid Reverse Rett’s way.

“I think mellow trail running is definitely something everyone can do! Ultra running and technical mountain trails, on the other hand, definitely require a certain mindset and a certain tolerance for discomfort”.

Elizaveta has completed both road and trail races, but the trails are a clear winner, “I decided to do a ‘proper’ race and signed up for the Chicago Marathon. That race is entirely flat and paved. It was an interesting experience to run one of the ‘majors’, and I’m glad I did, but crossing that finish line made me realise that road running is definitely not my cup of tea. I get injured a lot more for one”.

There is a distinct difference between running on the road and running trails. Both are steeped in competition, history and tradition. For me also, trails win hands down. It’s softer ground, much prettier landscape, and feels more connected. It ties in quixotically with my hopeless worldview too.

I ask Elizaveta what she finds so drawing about putting in miles in Alaskan wilderness, as opposed to tarmac. “With respect to road running I think it’s just hard for people to shift their mindset, when you’re running trails you’re sometimes doing a pace that would hardly qualify as a walk on the road, but walking simply because the terrain is not runnable.

But, trail running is really about the most efficient way of moving over terrain, even if 90% of your run is scrambling, sliding, bush whacking, or wading through knee-deep mud”.

Homo Sapiens, as we’re known, coexisted with a far superior biped cousin: the Neanderthal. They had bigger brains and were much brawnier. But they died out. Why? One argument, with an increasing consensus in the scientific community is that H. Sapiens, with springier Achilles, were much better adapted at running long distance. Neanderthals found themselves forced into forest refuges whilst H. Sapiens, already suited to the advancing tundra, survived.



“A marathon means different things to different people. For some, it’s rinsing Netflix boxsets or back-to-back Lord of the Rings director’s cut. For others it might be a feather-bristling, bucket list-ticking endeavor. Perhaps, the challenge of a lifetime. Then there’s this shaded corner, a niche, you’d pass by it if you weren’t paying attention.”

Christopher McDougall pens this point in forensic detail in his runner’s bible *Born To Run* (which has nothing to do with Bruce Springsteen). He gives readers tremendous insight into the evolutionary marriage between humans, long distance running and survival. He convincingly puts to bed notions that distance goals typically equal disintegrated knee cartilage and plantar fasciitis. Honestly, it’s good for you.

Elizaveta and Sam strike me as a remarkable couple. They have achieved academic success in areas of research they seem to have such an affinity to. “Donald Trump would probably say our general worldview is centered around wasting government resources and chasing frivolous ideals. But, I believe we are making a contribution by studying our planet. I don’t think it’s much of a supsize that many earth scientists are drawn to outdoorsy activities, even if running in circles or touching the top of something is a bit frivolous”, says Sam.

Of course in Jersey there are no snow-capped mountain ranges or glaciers. But that’s okay. And you don’t need to run 50-miles to enjoy it. (In fact, most of us will probably enjoy runs considerably shorter). If you’re up for a challenge you could sign yourself up for the 26th annual Island Walk, 48-miles of incredible rugged coastline. Registration opened last month on the 16th. To-date over two million pounds has been raised for various charitable causes.

SHAMELESS CHARITABLE PLUG: www.justgiving.com/fundraising/joshua-pattinson



EFFECT A CHANGE

WORDS Ria Wolstenholme

There are only so many songs that will be released in your lifetime that remain embedded in your mental jukebox selection forever, and Beyoncé's 'Who run the world? Girls.' is one of them. Now considered an anthem for empowering women, the song brings me to this point. The new year, where we are witnessing the start of a new presidency, possibly a new European union if they ever make a decision, and a new outlook onto who it is that really is running our world.

It's safe to say that 2016 for many people, was the year nobody wanted to remember. Celebrity deaths, humanitarian crises and the general state of global politics were enough to make anyone cry. These events, of course, do not simply disappear now the new year has come. It's said that history repeats itself, and as humans we are meant to have learnt from our mistakes. However, it becomes very clear that this is but a dream after reading Noam Chomsky's 'Who Rules the World?'.

Noam Chomsky is an American linguist, philosopher, cognitive scientist, historian, social critic and activist. This book is one of the 50 books he has written in his 88 years of living, discussing the realities of the state of our world both politically and philosophically.

Before I start dissecting his work, it's important to note that the man could make Einstein feel inferior. His analytical responses to some of the most major events to have happened in history make you feel almost unworthy of reading his words. His in-depth research and knowledge on the topics he discusses is beyond superior, and make any attempt to challenge him utterly pointless.

Now, this article is not a review, let me make that clear. But when discussing who really does rule our world, not referring to Chomsky's work would be, quite frankly, stupid. Just a few months ago, Donald Trump – my least favourite person in the world – was elected as president of the United States. The man now has the power to destroy what little peace and dignity as a global society we have left, so for Chomsky to release such

an insightful book on the very issue of what state our world is extremely important.

The title of the book, as Chomsky states from the get go, "cannot have a simple and definitive answer". The 25 chapters of mind opening information and reflection still do not fully answer the question, but with each point of conversation, it becomes clear that there is a lot of work to do before we accomplish a fair and just society.

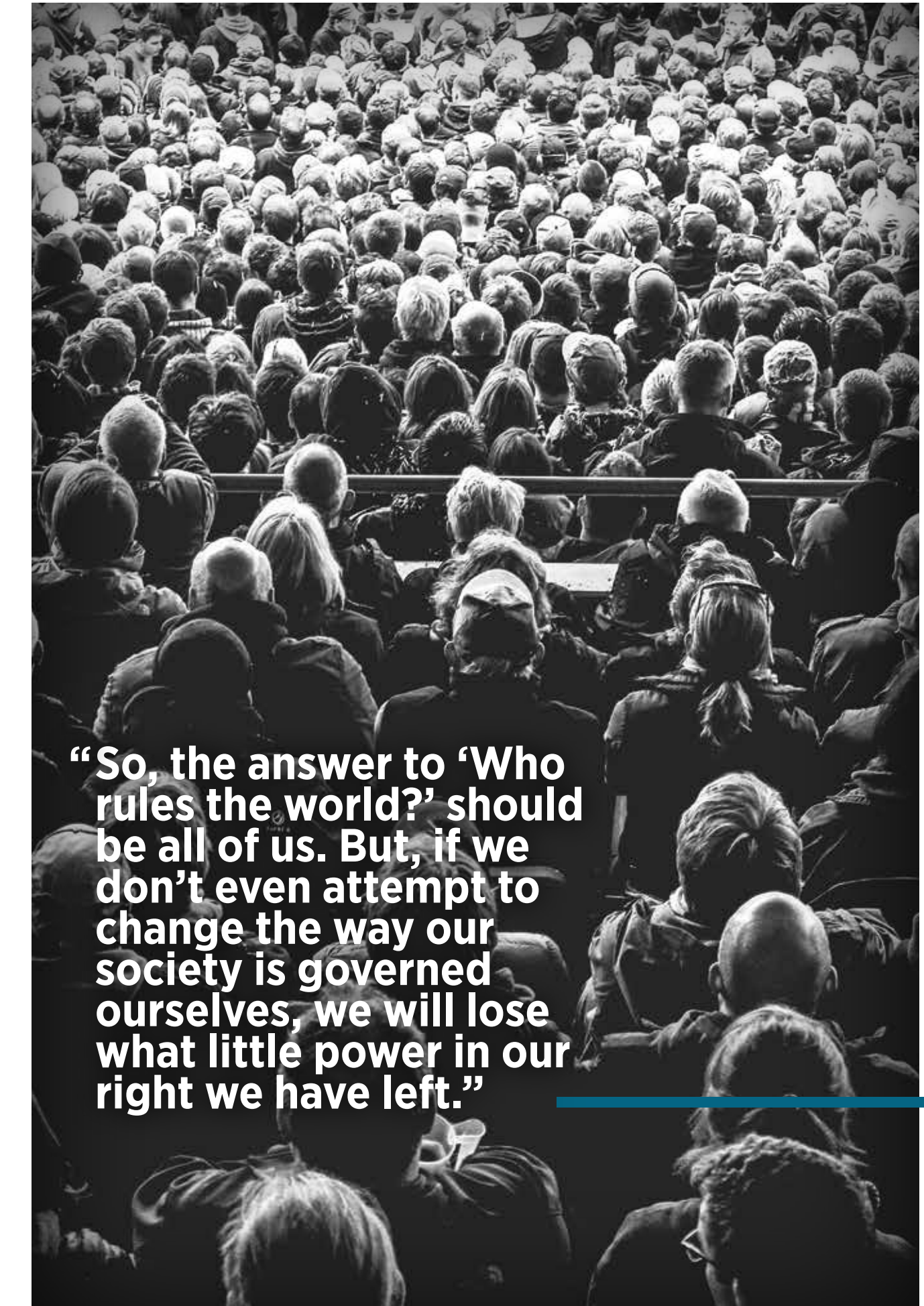
The main issues discussed in the book are nuclear war and climate change, the two entities that have the power and force to completely destroy us as all. Chomsky points out that in light of this, it is important for us to "reassess who is making our decisions, and what basis those decisions are made about how we as a society conduct ourselves." On all the key issues he discusses, be it gun control or the war of class in society, he always refers back to the fact that "the people are always a step ahead of the government, but the government are unresponsive to the people." Although Chomsky refers to government bodies throughout as a powerful force in the world, he also makes it clear that the reality of who really does rule the world can only be answered when the fact that the second layer of power, where conglomerate companies and global financial institutions lie, is recognised to be of equal authority and power to the government when it comes to the level of control they have over us.

It's hard to not think of the possible impending doom Trump's four years of presidency could bring upon the world when reading this book. Chomsky discusses the

fact that the United States of America has, over the past 30 years, been at war for the longest time in American history. This fact reinforces the notion that the 'American way' is to use force and violence to maintain power. Since the beginning of America's diminish as the world's leading power in 1945, it seems that every obstacle or threat to their position as leader has been met with force and military action. It almost, sadly, makes sense that a man who screamed about building a wall to keep out the immigrants, stopping Muslims from entering the country and denying any accusations of him forcing himself onto women, won the vote of a people who have been told that acting in such a way is the only way to 'be great again'.

From what I can see, to have one person rule the world is to destroy democracy. True and total power over everything and everyone takes away the pillars of fairness, equality and justice that make up a democratic society. So, the answer to 'Who rules the world?' should be all of us. But, if we don't even attempt to change the way our society is governed ourselves, we will lose what little power in our right we have left.

To summarise just one of the many points Chomsky makes when it comes to how we as a society must change our ways to allow a shift in the dynamics of how the world works, I leave you with this quote; "As long as the general population is passive, apathetic and diverted to consumerism and to the hatred of the vulnerable, then the powerful can do as they please and those who survive will be left to contemplate the outcome."



“So, the answer to ‘Who rules the world?’ should be all of us. But, if we don’t even attempt to change the way our society is governed ourselves, we will lose what little power in our right we have left.”

women

— ABOUT —

TOWN

WORDS & PHOTOGRAPHY

Layla Arthur

Most of us have to spend time in the mighty St Helier, whether we live here, work here or simply come into shop. This feature introduces you to five familiar faces who all work in the metropolis. These fabulous women are responsible for feeding us, fueling us with coffee, providing us with style advice, making our homes beautiful or helping to keep our skin fresh.

Clare Clarke Pebble

Clare began Pebble, on Market Street in 2010, with no retail expertise but with a really clear idea of exactly what she wanted the Pebble experience to be. She had always wanted to open her own shop and decided to combine her existing interior services work with selling homeware, furniture and clothes to create the most aesthetically pleasing shop I have ever walked into.

Alongside her business partner Kerry, the pair love establishing relationships with their customers; "In fact both Kerry and I love it when on the rare occasion we get what appears to be a 'reluctant one!' come in to browse and we make it our mission to kill them with kindness so they leave the shop a little happier than when they came in."

For Clare "Pebble is, and has always been, about the whole experience of shopping. We want people to feel comfortable just browsing at their leisure or we're there to help them to do some serious shopping!"

Walking into Pebble is like walking into a home away from home where you want everything in the shop to come and live with you.



MAKEUP

that acts like skincare

bareMinerals

Jane Hunt Feelunique

Jane will be a familiar face to many who frequent the Feelunique store on King Street. Although she now works behind the scenes she began working within the beauty industry 36 years ago with initial aspirations of becoming a makeup artist, that dream quickly turned into the achievement of becoming 'Charles of the Ritz' youngest trained consultant.

Jane has been a part of the Feelunique retail community from the very beginning and is now the store manager. Having moved from the shop floor she now works "building strong and mutually beneficial relationships by good communication and openness" with the beauty brands you'll find in store. Jane's work behind the scenes is essential to help bring together the beauty brands and beauty consultants expertise to the stores customers. "For us the customer is Queen and we ensure that our team have as much knowledge as possible to enable them to provide the best service."



Lucy Morris Nude Food

Lucy opened the doors of Nude Food on New Street just nine months ago and in this short space of time it has become the place in town to eat clean and healthy food which tastes amazing.

This minimal and stylish café brings together two of Lucy's loves; clean eating and cooking. And it allows her to share these loves with the people of St Helier six days a week. "There is something really satisfying about feeding people good food" Lucy explained. She also loves how there is a real sense of community in St Helier, one that she's happy to be a part of. "I love interacting with people from town, from the bin men who see us dancing around the café whilst we're setting up every morning at 7am, to the ladies in the bank that I see everyday when collecting our change."

Like it's owner Nude Food is friendly and welcoming, Lucy and her team are ready to feed those looking to grab some good healthy food on the go, or if you've some more time then pull up a chair and enjoy the lovely surroundings.

Hannah Harvey Dandy

Hannah became involved in establishing Dandy on Conway Street back in 2014. Hannah's best friend Jamie Hooker had just returned from Australia and called on her passion for food to help in running and setting up the business.

Dandy has since thrived becoming the go to snug little coffee shop where the barista's not only wake up their customers for the day ahead with quality coffee but also become like old friends. Hannah and the team love to have a laugh with the regulars as they seem to share their sense of humour. Hannah puts it down to their attention to detail and the personal touch "I think our customers love that nine times out of 10 they don't need to tell us what they want, we remember them. We remember their names, their drinks and all their little preferences whether it be their food or their drink." Of course Dandy isn't just for regulars there's a place for anyone who loves good coffee and great food.

The Dandy team is made up of Hannah, Dan, Lucy, Miguel and with Jamie now back in Australia keeping a watchful eye from afar.



A full-page photograph of Nicole Smith, a woman with long blonde hair and glasses, standing in a shop. She is wearing a light grey cardigan over a grey scarf and a white top, paired with blue jeans and dark boots. Behind her is a large white display cabinet with glass doors, filled with various decorative items like vases, framed pictures, and small figurines. To her right, there is a glass display case and a vase of yellow flowers on a counter.

Nicole Smith Eclectic

Nicole has created the ultimate family collaboration at Eclectic in Liberty Wharf, with her at the helm and her daughters acting as models, working within the shop and partaking in online promotion.

Before Eclectic, Nicole successfully managed two boutiques and worked in finance before having her five children. She also juggled various part time jobs around her young family, including celebration cakes, painting and selling furniture as well as fitting in an art degree. It's therefore safe to say creativity flows in abundance in Eclectic. Nicole's proud that "Each item in Eclectic has been handpicked, not ordered online" as Eclectic's aim is to "provide a 'look' that supports our client's lifestyle," she believes that "It can be difficult for women, especially as they get older to feel good about themselves - "fashion or should I say style can do this."

Nicole has built up a strong client base by personally knowing her customers tastes and asking them to model her clothes to show the inclusive nature of Eclectic. Nicole, alongside her family, and friendly team, has established a business that caters to their customers styles and is proud to make "women feel good about themselves!"

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Macmillan Cancer Support (Jersey) is encouraging islanders to make a New Year's fitness resolution and sign-up to the charity's annual indoor Rowathon. Macmillan Jersey's Rowathon involves teams of six rowers rowing the equivalent distance from Jersey to Sark (30,000m) on an indoor rowing machine. Last year 49 teams took part raising in excess of £34,000 for the charity, including the pictured winning ladies team from Crossfit Jersey.

This year's Rowathon will take place on the Saturday 22 April at Les Ormes. Teams can enter the 9am or 1pm sitting. Registrations can be made via the Macmillan Jersey website - www.macmillanjersey.com/rowathon. The event is once again being kindly supported by RBS International who have sponsored the event for the past seven years. This year sees the event expanding to include a 'juniors' only category on the Friday evening of the 21 April 2016, this is banking on lots of schools entering so be sure to pass on the word and encourage as many juniors to participate as possible.

As 2017 marks the 30th Anniversary of Macmillan being here in Jersey they would love to have a full to capacity event with a maximum of 60 teams and as many schools involved as possible.

For those of you unfamiliar with the format of the event you and your team will be racing a distance of 30,000m, which is the equivalent of rowing the Sark to Jersey, but obviously indoors on rowing machines. You will need a team of six rowers to row 5 x 1,000m each, your team can be men, women or mixed it's up to you.

Of course this is a competition but don't let that put you off as you're guaranteed to have a great time on the day of the challenge and walk away knowing you've not only done your bit for charity but also earned that celebratory cake, beer, wine or fizzy drink (for the juniors).



Jersey shooting champion aiming for gold at this year's NatWest Island Games

Craig Marett, who works at Hawksford as a digital marketing officer, has been selected to represent Jersey in the 100yd men's small-bore prone rifle events at Gotland 2017.

The NatWest Island Games is completely self-funded and competitors are required to pay for their own travel and expenses.

Craig explained 'In the past the expense of travelling has prevented me from going to the NatWest Island Games, so I'm absolutely thrilled that Hawksford has stepped in to help. Over the years I've shot up to five nights a week to reach my current standard and it's fantastic that all the hard work will finally be put to the test.'

Cherith Fothergill, associate director and head of marketing at Hawksford, added, 'We are delighted to be supporting Craig on his journey to the Island Games in Gotland. Hawksford is committed to helping staff achieve their ambitions both inside and outside of work. The Island Games is a fantastic event for the Island and we will all be cheering on Craig and hoping he brings home gold for Jersey.'



Rise in Family Law enquiries for the New Year

Law firm Benest Corbett Renouf is anticipating a high rise in demand for its family law services during the first few months of 2017, and will be offering free of charge information sessions during February as a result. Its lawyers also hope to raise funds for its 2017 chosen charity, Brighter Futures, at the same time by encouraging donations at the appointments.

Advocate Nicholas Le Quesne of their family law team explained: "January is always a busy time of year for family lawyers to receive queries about ending relationships - and we don't expect 2017 to be any different. Christmas and the New Year inevitably cause people to reflect on their personal lives. Often, decisions which have been put off in the preceding months come to mind, as families typically spend more time with each other than usual."

The confidential, free of charge 30 minute appointments will take place in the evening during January and February 2017 at the firm's Hill Street offices. A donation of £10 per appointment is suggested to help Brighter Futures. Anyone wishing to find out more or to book a place should call Lizzie Keogh on 01534 760866 or email lizzie.keogh@bcrlawjersey.com

A Helping Hand for over two decades

The Channel Islands Co-operative Society has launched its annual Helping Hands fund and is inviting local charities and community groups to apply for funding. Since starting 22 years ago the fund has donated over £265,000 to worthwhile causes in the Channel Islands.

'We would like to invite charities and local community groups to submit their applications for the 2017 Helping Hands fund before the deadline of Sunday 5 February', said Katey White, the Society's Membership and Community Manager.

To apply complete an online application form at www.channelislands.coop/giving by 5 February 2017. Alternatively, download the form and return by post to: Tanya Dorrity, Community Officer, Co-operative House, 57 Don Street, St. Helier, Jersey JE2 4TR.

Charity call out from RBC

RBC Wealth Management is calling on local good causes to apply for funding from their Charitable Donations Fund. With over 300 registered charities on the Island, it is the Fund's aim to offer smaller donations to as broad a range of charities that benefit islanders.

Chris Blampied, Head of Banking at RBC Wealth Management explains: 'Our Charitable Donations Fund is there to benefit the people of Jersey and we've committed to fund the Autism Jersey annual bursary for the next three years. We are keen to hear from other registered charities that benefit the local community and support one of three key areas we focus on: youth and education, amateur sport and health and wellness. A little goes a long way so we're happy to hear from those seeking help.'

Those interested in making an application to the RBC Wealth Management Donations Fund are requested to get in touch with Angela Le Bailly by email at angela.lebailly@rbc.com. The application should include the charity's name, registration number, details of the project and the requested amount.



Trek Morocco for Autism Jersey, supported by Ocorian

Autism Jersey are spicing things up for September 2017 by offering a challenging fundraising trek to Morocco.

In September, 20 people will head off for the unforgettable scenery of the High Atlas Mountains. Travelling with the organisation Charity Challenge, participants will scramble over the huge boulders and rocks of northern Africa's tallest peak, Jebel Toubkhal, which stands at 4,167 metres.

The weather and terrain are what make this challenge tough, and Autism Jersey will be organising team-building training walks in preparation for it. The experience will include sleeping at 3,200 metres above sea level and, the night before summiting, staying in a refuge where facilities are very basic.

Autism Jersey are now looking for trekkers to sign up for the trek, which runs from 13-18 September 2017 and will end with a day in the vibrant bustling city of Marrakech. Anyone interested is asked to email Helen at trek@autismjersey.org

An advertisement for the Jersey Financial Services Commission. It features a close-up, black and white photograph of an elderly woman's face. She has her hands clasped in front of her mouth in a prayer-like gesture. To the right of her face, the text 'I'VE PAID THE PRICE' is written in a bold, hand-drawn style. At the bottom, there is a yellow banner with black text that reads 'IS IT WORTH THE RISK? The mis-selling of investments is often hard to spot. Make sure you don't pay the price. www.jerseyfsc.org/yourownbestinterests'. To the right of the banner is the Jersey Financial Services Commission logo and text, and below that, 'In association with Personal Finance Society' and 'PFS'.

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Deutsche Bank interns raise over £10k for Channel Island charities

Students undertaking internships at Deutsche Bank in Jersey and Guernsey last year put their heads together to raise a combined total of over £10,000 for two Channel Islands charities.

As part of its annual internship scheme, the bank encourages its interns to work on a group charity project by organising a series of fundraising initiatives. In 2016, the

eight interns in Jersey chose Autism Jersey as their recipient and the two interns in Guernsey chose the Guernsey Alzheimer's Association (GAA), with all funds being raised by the interns subsequently being boosted by Deutsche Bank under its 'Matched Giving Scheme'.

Fund raising activities in Jersey included holding a quiz night, a bikeathon and an

office tuck-shop, while in Guernsey the interns took part in a sponsored walk, arranged cake sales, a soup kitchen and raffle. Together with the bank's Matched Giving Scheme and ad-hoc donations, the interns managed to raise £7,350 in Jersey and £2,990 in Guernsey, meaning that the total raised across the islands amounted to £10,340.



Just keep running...

Run together, run faster. It's not a rule, although perhaps it should be. There's something easier about running with someone else. You push each other. Keep each other going. It's certainly true for runners Terri O'Donoghue and Ellis Garrod who are teaming up to run the London Marathon in April this year as a running duo in aid of Jersey Hospice Care.

Between them, they've run six marathons - the London Marathon will be their 7th - they run at the same pace, and plan to finish together in 3 hours and 40 minutes. Apart from the benefits of joining forces and combining their efforts to raise more funds, training together helps them run further and pushes them to improve their fitness. Coached by Dan Garrido on a Crossfit endurance program, they are focusing on technique - maximising efficiency and reducing wasted energy to run faster and further.

Normally running partners are a similar age, height or even the same gender. Terri and Ellis find their differences are more beneficial. Ellis says: 'We both enjoy running, it's a great way to stay healthy, but it's also a social sport. Jersey's great for running as a group and offers opportunities for runners of all abilities to get outdoors and stay fit. It's a bonus to raise money for Jersey Hospice Care at the same time. Between the two of us, we aim to raise over £5,000 which will support the continuous work and care provided by Jersey Hospice. Joining us will be Sarah Harris and Lisa Porter to create the four-person team representing Jersey Hospice in the 2017 London Marathon. It's the first time I've run for charity, so the thought that we've made a difference will make the distance even more rewarding.'

Look out for Terri and Ellis' fundraising events over the next few months as they aim for their £5,000 goal, and help them on their way right now - you can sponsor Terri and Ellis by visiting their sponsorship page www.jerseyhospicecare.com/tribute-sponsorships/tellis2017-sponsorship-page

FNHC announced as 2017 charity partner for aMaizin! Adventure Park

Family Nursing & Home Care (FNHC) will receive an extra fundraising boost this year thanks to aMaizin! Adventure Park. The charity, which provides district nursing and home care support to islanders from birth to end of life, has been selected to be the park's charity partner for 2017.

Kristina Le Feuvre from aMaizin! Adventure Park, commented: 'Although we have all heard of Family Nursing & Home Care, the team who chose the nominated charity for 2017 were surprised at the breadth of the services offered, which include health visitors, palliative care, child accident prevention to school nurses and more. The team are excited to work closely with FNHC to highlight and promote this diverse range of children's services and offer our facilities to support the team.'



Premier League ambassador for Jersey 2 Africa football foundation

Tottenham Hotspur midfielder, Victor Wanyama has become the Ambassador for the Jersey 2 Africa 4 Football Foundation (J2A). The foundation is dedicated to improving young lives in the slums of Nairobi, Kenya, both on and off the field.

Growing up in Nairobi, Victor Wanyama has had first-hand experience of the challenges young people in Africa face. Victor is considered to be Kenya's most successful footballer and is currently captain of the national team.

Victor commented 'Football has a way of bringing people together and gives young people a focus and strong sense of community, discipline and respect. I am looking forward to working with the foundation in its ongoing efforts to encourage young boys and girls in the slum areas of my home country how through football they can gain inspiration and hope.'

J2A aims to give young people in the region opportunities and focus, by identifying and implementing means of resourcing, supporting and helping slum communities with their football development and growth.



Jersey Prison rehabilitation project receives a boost

A campaign to help offenders at La Moye Prison learn new skills has won fresh support from The Channel Islands Co-operative Society.

As part of its rehabilitation programme, The States of Jersey prison service has developed an environmental project, which enables residents to learn carpentry and woodwork skills by creating wooden boxes for wildlife such as bats, birds, squirrels and hedgehogs. The project has been backed by the States of Jersey environment department and the Jersey national park group. During this time the prison donated more than 3,000 items for distribution across the island and 100 hedgehog homes to the Hedgehog Preservation Society. The prison also raised some money from the sale of boxes, which has been donated to the Birds on the Edge Project.

The Society contributed to the initial funding for the scheme in 2013 and has now pledged to continue its support by donating 3,000 pallet boards from its ceased warehouse operations, to be used as materials for the prisoners to build the boxes.

THE MIS-SELLING OF INVESTMENTS IS OFTEN HARD TO SPOT...

Investment mis-selling is a growing issue in Jersey. Those being affected aren't just those with long track records of investing; they can be absolutely anyone. Often those who are most vulnerable are preyed upon so it's in all of our interests to be aware of the problem so that we can help protect those closest to us.

In recent years there have been a number of cases where islanders have lost some or all of their life savings after investing in high risk products. These local investors did so seemingly without understanding or being appropriately advised of the potential dangers that they could lose their money.

Unlicensed advisers and scammers are an increasing concern in the island but in some instances Jersey residents are making these high risk investments via licensed financial advisers. Often the professional is someone the investor knows and trusts.

While the majority of professional financial advisers give appropriate and suitable advice which can be relied upon, we all need to be aware of the risks associated with seeking higher returns. It's an old adage but if it sounds too good to be true, then it usually is.

The team over at Jersey Financial Services Commission (JFSC) are responsible for reducing the risk to local investors and protecting Jersey's reputation, amongst

other things of course. They've put together a campaign to help us better understand what we should be considering when investing.

"In recent years there have been a number of cases where islanders have lost some or all of their life savings after investing in high risk products."

ARE YOU LOOKING AFTER YOUR OWN BEST INTERESTS?

If you, or your friends and family, rely on financial advice to make investment decisions, is the advice that you are receiving appropriate, reliable and from a credible source?

Your investment choices must be well-informed and relative to your wealth and the level of risk that you are prepared to take – investments can go down as well as up!

You must make sure that you fully understand the risks and rewards of the products on offer and what losing everything would mean to you.

You should diversify your investments to help spread the risks. Putting all your money in one investment is really risky.

Whilst by law the JFSC are not able to offer advice on individual financial investments, nor can they recommend financial advisers, they have produced a series of guidance to help

islanders protect themselves from investment mis-selling and poor advice. By observing these guidelines, local investors should be better armed to make more informed choices with their money and investments.

The JFSC have produced a comprehensive leaflet which outlines this guidance in full and you can also access the information on their website.

If you have concerns about the conduct of an adviser or a company, you can contact the JFSC's Investment Business team on (01534) 822100.

For more guidance and to check whether a firm or adviser is licensed please visit their website:
www.jerseyfsc.org/yourownbestinterests
#YourOwnBestInterests



EVENTS



Intertrust Rebrand Event
INTERTRUST, 44 ESPLANADE
 MONDAY 12TH DECEMBER

Following the acquisition of Eliau last year, Intertrust marked the rebrand in Jersey on 12 December with a day of celebrations. After being welcomed by a choir singing Christmas carols in the reception, employees were treated to a champagne breakfast.

David de Buck, CEO of Intertrust, joined the Jersey team to mark the occasion and Jersey MD Simon Mackenzie gave a short speech highlighting the benefits of this important milestone. Further celebratory drinks were enjoyed in the evening to wrap up the day.



Project 52 Launch
WATERLOO LANE
 THURSDAY DECEMBER 1ST

The 52 Members of Jersey's newest members' club, Project 52, celebrated the launch of its new bar in St Helier at the end of last year. The bar draws inspiration from the contemporary and industrial, yet homely aesthetics of Soho House and offers a unique and enticing hand-selected drinks

menu. P52's concept celebrates individuality and inclusivity, inviting members to share passions and interests by allowing them to 'takeover' the bar for one week of the year. The public are also welcome to bask in the ambiance of the downstairs bar. If you can find it, you're in.



LIBERTY WHARF
SHOPPING CENTRE

shop, dine, meet, relax



we like to be followed

www.liberty-wharf.com



Saturday 22nd April 2017
Les Ormes, St Brelade

INDOOR ROWATHON 'PULLING TOGETHER' FOR MACMILLAN JERSEY

macmillanjersey.com/rowathon

Entry Fee: Minimum £360 sponsorship commitment per team
Junior Entry: Minimum £60 sponsorship commitment per team
Race Distance: 30,000m - equivalent of Sark to Jersey
Teams: 6 Rowers to row 5 x 1,000m each

**WE ARE
MACMILLAN.
CANCER SUPPORT**

RBS
— International —



All proceeds go to Macmillan Cancer Support (Jersey). Registered company no 104090.
Association of Jersey Charities no 355.



We've got some **fantastic Valentine's packages** this February

Head over heels weekend! 10th & 11th February

This package includes a delicious glass of pink fizz on arrival, followed by a fabulous three course dinner in the Waterfront Restaurant, served with a choice of selected wines. £40pp
Why not book a room and you will receive a complimentary upgrade to a sea view £124

Love at Le Hocq! 11th or 14th February

An exclusive Valentine's experience in our Le Hocq Suite with stunning views over Elizabeth Castle. This package includes a cocktail on arrival, a beautiful four course dinner with Sommelier matched wines whilst accompanied by a wonderful acoustic guitarist £69pp
Why not book a room and receive a complimentary upgrade to a sea view.
Night of 11th £124 Night of 14th £99

Valentine's Day Brownie Points! 14th February

Enjoy a beautiful three course Valentines dinner at our Waterfront Restaurant, with stunning views over Elizabeth Castle £40pp
Take advantage of the option to book an overnight stay with a complimentary upgrade to a sea view £99

To book call us on 671100 or email
events.jersey@radissonblu.com

Radisson BLU
WATERFRONT HOTEL
JERSEY



Air-Mex Opening Party

9 CALEDONIA PLACE

THURSDAY 8TH DECEMBER

A cold winters evening last December saw invited guests pack their bags to step onboard Air Mex for their launch evening. If you've not paid a visit yet then be prepared to step inside the fuselage of a Mexican prop plane serving mouth-watering cocktails, a large selection of drinks and a menu serving

traditional Mexican Street Food all situated right in the heart of The Weighbridge and brought to you by the team at Randalls. Guests were treated to tequila based cocktails and delightful bite-sized samples of the treats on their Mexican menu.



Paul John Kilshaw Exhibition Launch

CCA GALLERIES

THURSDAY 12TH JANUARY

The private view of a brand new exhibition of work by highly acclaimed local artist Paul John Kilshaw was attended by a great many of his followers. The body of work on display combined craftsmanship with ingenuity and passion with intellect. Paul's

work features a unique layering technique pushing colour and glazes through different processes. Local artist Nicholas Romeril officially opened the exhibition which runs until 2nd February.

The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL

A FOREIGN FEAST

WORDS Sara Felton

This month we've chosen some of our favourite dining destinations around the world. These foodie capitals will offer you a tantalising travel experience and include some of our top tips for places to visit and things to try whilst you're there. We'd happily pack it all in and jump a plane to any of them with only a moment's notice.

Mendoza Argentina

Most commonly known to be the home of a gutsy Malbec and some of the best steak in the world South America is a very special place and Mendoza is no exception. The bustling city is surrounded by some the best wineries in the world and home to a great many excellent restaurants too. Once you've spent the day exploring the local wineries by foot, bicycle or horseback head back to the bustling city of wide, leafy avenues, atmospheric plazas and cosmopolitan cafes, where you can while away a few hours

people watching. Once you're whiled away a good few hours head over to Azafran (www.azafranresto.com), one of Mendoza's most popular restaurants for local produce. It's been around four years since we were there last but it still ranks highly on the must visit restaurants in the city. The region isn't only known for its Malbec though, try the light, crisp and fruity Torrentes or the Bonarda too. They're also well known for their olive oil production, this really is a foodies paradise.



Get there: Flight time is around 14 hours, direct to Buenos Aires and then you can get a further 1hr 55 minute internal flight on to Mendoza. You can fly with any number of airlines and prices vary according to the time of year you travel. October - April is considered the best time of the year to be there.

Stay: The Park Hyatt Mendoza Hotel, Casino & Spa with its beautifully restored 19th-century Spanish colonial façade, is a prestigious five-star hotel in a great location. mendoza.park.hyatt.com

San Sebastián Spain

San Sebastián, known as Donostia by its local Basque residents, is well established as the foodie capital of Europe. Boasting more Michelin stars per square metre than almost anywhere else in the world (beaten only by Kyoto in Japan), San Sebastian is an absolute paradise for food lovers. At the top end of the spectrum there's Mugaritz (www.mugaritz.com)- currently at number seven on the list of the World's 50 Best Restaurants and known for its highly experimental molecular gastronomy. Because of their sheer number, it's usually possible to reserve a table any number of Michelin-starred establishments. However it isn't just about the top end of the scale for those wanting a more casual (and cheaper!) dining experience, look no further than one of the city's many charming pintxos bars. The Basque country's answer to tapas, pintxos specialties local to San Sebastian include slow-cooked veal cheeks, pimientos di padron (fried long green peppers) and bacalao (salt cod). One of our favourites were the two bite Kobe beef burgers from A Fuego Negro (www.afuegonegro.com). Each bar has its own specialty, so be sure to check what the locals are eating and then join them!

Get there: Of course you could easily jump on the ferry and drive down from St Malo, the journey time is around 7hrs and the scenery is beautiful.

Stay: The Astoria 7 (www.astoria7hotel.com) is a funky modern, movie-themed hotel with parking facilities. It's a 13-minute walk to San Sebastián Cathedral right in the heart of the city and only a 1.3 km from the surfing beach of La Concha



CONTINUED ...



McCarron
AND COMPANY

Available exclusively at:

Bauformat Burrard Street St Helier JE2 4WS

Tel: 869111

info@bauformat.co.je

bauformat.co.je

 **bauformat**
Kitchens + Bathrooms + Bedrooms

...CONTINUED



Tokyo Japan

Whilst Japan is the undisputed Michelin capital of the world, with more stars than any other country, it's not just about sushi. From tonkatsu pork cutlets and unagi eel to okonomiyaki pancakes and all things tofu, Tokyo is home to a vast array of restaurants specialising in Japanese food. Head to Narisawa (www.narisawa-yoshihiro.com), the eighth best restaurant in the world, for the very best of Japanese food from producers visited personally by the head chef. Don't be afraid to head to the bright and buzzing metropolis to try the street food too. Head for freshly cooked yakitori skewers and rub shoulders with the locals for a real taste of Tokyo. Taking a trip on the Bullet train, then don't worry you're not going to be facing a world of hideous prepackaged tasteless food, instead pick up a freshly made Bento box for your journey. In fact every 7/11 or convenience store you venture into will have shelves full of freshly made delights ready to tempt you. All in all, the sensory explosion you'll encounter in this incredible city is a nirvana for foodies.

Get there: FLight time to Tokyo is 11 hours 45 and again a variety of carriers offer flights. We found a flight with BA from Heathrow for £679 leaving on 7 February.

Stay: Luxury hotel Aman Tokyo nods to the traditional in its decor – the lobby, designed by Kerry Hill, mirrors the layout of a traditional home, complete with meditation garden. www.aman.com/resorts/aman-tokyo



New York New York

Yup, we've heard it all before but this city really is good enough to have been named twice. Every street corner you turn around there is another culinary delight to tempt you and most of those streets feel familiar too, thanks to their regular appearance in most things we watch on the big and small screens. New York is home to the third best restaurant in the world, Eleven Madison (www.elevenmadisonpark.com) where they're offering creative fine dining in a beautiful setting. Or why not head to the Red Cat in Chelsea (www.theredcat.com), this fantastic neighbourhood restaurant is always buzzing and full of happy diners,

it's a must add to your list. Or there's Blue Smoke (www.bluesmoke.com) where you can dive into BBQ food to die for and cocktails so punchy that if you have more than three you'll definitely know about it in the morning. The options in NYC are almost endless, you could easily spend the whole of your trip doing nothing other than eating or drinking. Speaking of drinking be sure to head over to the Dead Rabbit (www.deadrabbitnyc.com) it's been voted the world's best bar for the last two years so has to be worth a visit. Just one more, go and find a Dough Doughnuts shop (www.doughdoughnuts.com) we promise you won't be disappointed.



Get there: Flight time is just under 7 hours. British Airways operate several flights daily to JFK or Newark a 3 night city break starts from £459pp. If you book your flights from Jersey and are flexible on your dates then you can save yourself money on your off island flights too.

Stay: The Roger, 31 Madison Ave. This super stylish four star hotel is well located with almost everywhere you'll want to see within easy walking distance. Get thee to the Lobby from 5pm to 6pm on weekdays to drink your fill of free glasses of wine; the Roger's top-drawer take on happy hour. www.therogernewyork.com



CULTURE



Beyond Ballerinas

Dasa Wharton is a Jersey-based freelance photographer. She has a special interest in dance photography, in particular ballet photography. We first featured her work on the pages of the magazine in June last year, when Jersey hosted the Dance World Cup.

Dasa has had an incredibly busy seven months since we last spoke to her, having been fortunate enough to be welcomed behind the scenes at both the Czech National Ballet company and also Sadlers Wells to photograph the National Ballet of China.

She was also privileged to photograph the West Coast debut of Sergei Polunin, the bad boy of ballet, when he performed in California, Costa Mesa. Most people will be familiar with his work, particularly the YouTube clip when he dances to Hozier's "Take me to Church".

It's not all just about ballet though, she's also building a reputation for her wedding photography too. Images

she took at a bridal shoot for the Atlantic Hotel got featured in the "English Wedding" blog in September last year and she has also started working with a prestigious international wedding agency in Prague and is looking forward to photographing some weddings in her favourite city in the world this year.

As if she's not busy enough this month sees her opening her first exhibition at the Jersey Opera House, to coincide with their performances by the Moscow City Ballet in February. We wanted to bring you a selection of her latest images which we hope will encourage you to go along and see for yourself her fantastic work.

The exhibition 'Beyond Ballerinas' runs until March 10 at the Jersey Opera House and will feature her ballet photography as well as other photographic art.

www.dasawharton.com



Culture News



'Paper Talks'... Skipton Art Series Keeping the Dialogue alive

Last November saw the opening of the hugely successful 'Paper Dialogues - the Dragon and our Stories' exhibition at St. Helier Town Hall. The exhibition was a collection of stunning paper-cut art by Professor Xiaoguang Qiao from China and Norwegian artist Karen Bit Vejle, who were invited to the Island by Jersey Arts Trust. The work comprised a nine-metre long paper-cut dragon and seven dragon eggs – a collaboration that told the story of Xiaoguang Qiao and Karen Bit Vejle's quest in search of dragons. The exhibition ran for two weeks, during which time over 5,000 visitors including 600 students came to see the work.

But the dialogue has only just begun...

During their time in Jersey, Professor Xiaoguang and Karen Bit Vejle ran Masterclasses to teach seven local artists how to paper-cut. Thanks to the ongoing support of Skipton International through the Skipton Art Series and the One

Foundation, artists Abi Overland, Anna Shipley, Ben Robertson, Joanna Brown, Karen Le Roy Harris, Lizi Hill and Maria Tarrant will be creating their own pieces of paper-cut art, as well as leading community workshops, in 2017.

With their new skills they will create their own pieces of paper-cut work and will be responsible for igniting a huge community outreach programme with local school children and the general public. As a legacy to the Paper Dialogues exhibition, the work created by students and the community will form Jersey's 'paper dialogue' in the form of our own paper-cut dragon.

All of the work created (by artists, students and the community) will be exhibited in a celebratory showcase in 2017 titled 'Paper Talks'. The exhibition will tell the story of the process and relations that have formed as well as what has been discovered through the work.



Collective Memory

Robert Allen is an artist and teacher who lives and works here in Jersey. His exhibition brings together elements of his practice including painting, drawing and sculpture. The work he is presenting is a response to where the land and the sea connect and clash creating forms and colours that can be both aesthetically beautiful but also dangerous. His work is abstract in nature but is always based on the reality of the environment and landscapes which he has scrutinised and come to know intimately.

Robert uses a clash of sculptural organic forms with vibrant colours combined with geometric shapes at times which act as markers for unknown routes and locations. His work leaves the viewer with as many questions as answers but these paintings evoke the sensation of experiencing the place that inspired their making.

You can find more examples of his artwork and more about Robert below on Facebook: [robertallenart](#) and Instagram: [robtheartteacher](#)
Jersey Museum Link Gallery, February 1 – 28

Skipton International to sponsor the Link Gallery

Skipton International is to sponsor Jersey's Link Gallery from the start of 2017. The Gallery, which is managed by Jersey Heritage, is set in a corridor linking Jersey Museum to the Société Jersiaise.

Each month, the gallery features an exhibition by a different Jersey artist, providing them with a central space in St Helier to showcase their work. As part of the Skipton Arts Series, Jersey Heritage will be offering the space to the Jersey Arts Trust for a three-month Summer Takeover.

Lorraine McLean, Mortgage Sales Manager, Skipton International, said: "We have been committed to the arts in Jersey for a number of years though our partnership with the Jersey Arts Trust and sponsorship of the Skipton Arts Series and Skipton Open Studios.

"The Link Gallery offers Jersey artists a free space in the middle of town to exhibit their work. During the three-month Summer Takeover the JAT will transform the space and bring more artists together to create and display new work."

The Summer Takeover will take place over May, June and July, allowing a larger number of Jersey artists to showcase work to locals and tourists during the busier summer months.

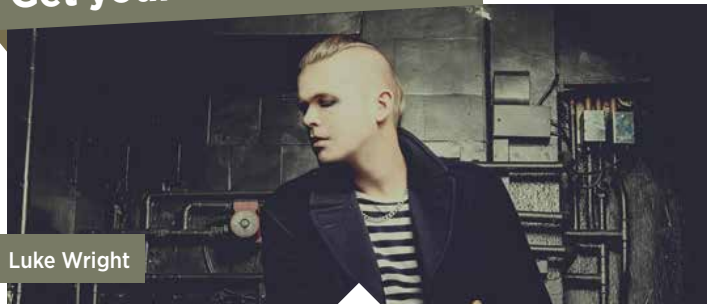
Tom Dingle, Director, Jersey Arts Trust, said: "We are putting the space out to artists so they will be able to use it in the most innovative way. We will be putting out a call for artists in the near future, and look forward to working with Skipton on this project."

The Link Gallery at Jersey Museum is open 9am-4pm Monday-Saturday, and 10am-4pm on Sundays. Entry is free.



Get your art over here...

February at Jersey Arts Centre represents a multitude of performances, concerts, courses, workshops and exhibitions to whet your artistic appetite!



Luke Wright

If innovative performances interest you, award-winning performance poet Luke Wright returns to Jersey Arts Centre with his brand new show, *The Toll*. After the critical acclaim attributed to *What I Learned From Jonny Bevan*, which performed at Jersey Arts Centre in 2015, Luke is back with poems about flat-roofed pubs and half-cut nights shouting at Question Time. His poems are framed around the story of Tracy, who spends her sad afternoons staring at the Dartford Toll from her bedroom window, high in a tower block. Tracy wishes she could throw a quid in a bucket and escape into a tunnel and out of sight. But first, she needs to face up to her home life...

On 15 February, spend an evening with a raconteur at the top of his game, as Luke Wright performs his visceral, inventive verse that sweats, bleeds and sings. On the calendar for the visual arts comes an exciting new Hayward Touring exhibition, showing at the Berni Gallery from 23 January - 18 February.

Showcasing the incredible photographic skills of Karl Blossfeldt, a pioneering photographer and botanist, Blossfeldt is credited with uncovering a startling 'unknown universe' through his close-up images of plants and flora. Fascinated by the intricacies and underlying structures



Karl Blossfeldt



of nature, Blossfeldt's work was celebrated by Surrealists and early Modernists. The exhibition consists of 40 photogravures of nature from the 1930s, taken from an original German portfolio entitled *Wundergarten der Natur*, edited by Blossfeldt and published in the year of his death. It follows the 2014 exhibition of the artist's work at the Whitechapel Gallery, London. Not to be missed!

Jersey Arts Centre also offers courses for young artists and actors in-the-making in order to make the Half Term fly by! From Monday 20 - Friday 24 February there are two courses on offer for 8 - 13 year-olds; Half Term Art and Half Term Drama, which will teach the principals of these two disciplines in a fun and relaxed way. Each course leaves the participant with something to take away, whether it be their brand new artistic masterpieces or a short performance to show family and friends at the end of the week! Spaces are limited on each course, so make sure to book a place in advance to avoid disappointment.

For more information on anything mentioned above, or to see what else is on offer at Jersey Arts Centre throughout February, visit: www.artscentre.je or give the Box Office a call on: 700444



Art in the Frame Foundation's
first major exhibition of 2017

Changing Surfaces

at The Harbour Gallery Jersey

Opening Party on Thursday 23rd February
to which you are all invited

Exhibition on from
Friday 24th February - Monday 20th March
Open 7 days a week, 10.00am - 5.30pm

Pippa Barrow
Linda Parkes
Shaun Du Val
Dixie Lee
Drena Collins
Peter Fancourt
Dave Brown
Jooj Duquemin
Rosemary Blackmore

Dawn Croke
Gary Power
Pauline Taylor
Beverley Speck
Athene Sholl
Gina Socrates
Amanda Hislop
June Gould

The Harbour Gallery, Le Boulevard, St Aubin, St Brelade, Jersey, JE3 8AB
Tel: 01534 743044 info@theharbourgalleryjersey.com FB: [theharbourgalleryjersey](https://www.facebook.com/theharbourgalleryjersey)
www.theharbourgalleryjersey.com

THE MONTHLY UPLOAD

WIN A
MONTH OF FREE DRINKS
(31 FREE DRINKS OF YOUR CHOOSING)

NEXT ISSUES THEME IS **EARTH**. EMAIL YOUR PHOTOS (4MB IS A GOOD SIZE) WITH THE SUBJECT 'UPLOAD' TO: **UPLOAD@GALLERY.JE** BEFORE THE DEADLINE OF **15TH FEBRUARY** AND YOU'LL BE IN WITH A CHANCE OF WINNING FREE DRINKS FOR A WHOLE MONTH!

IF YOU'VE WON, PLEASE CONTACT DAVE@BEANAROUNDTHEWORLD.CO.UK



WINNER!

Michael Dottore



Rob Amy



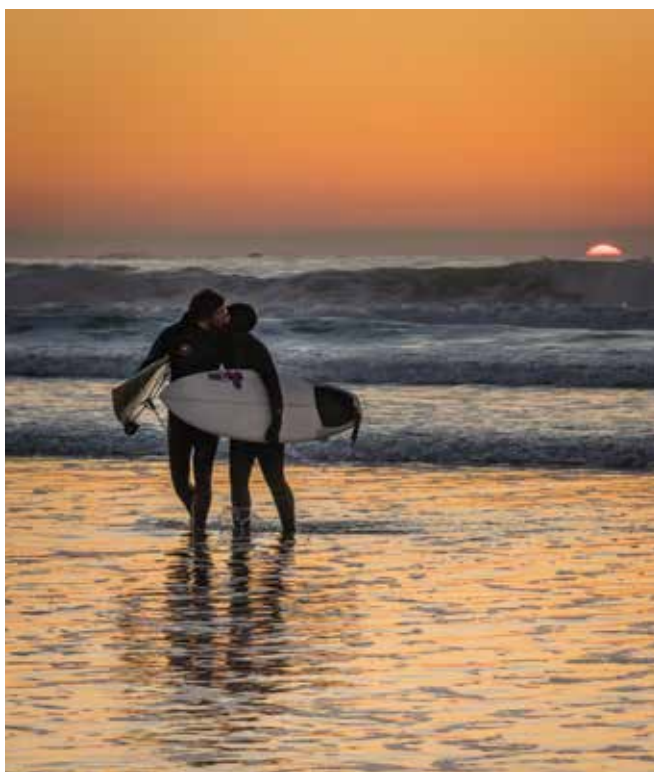
Summers Shaw



quote of the month from Bean Around the World
See more quotes at www.facebook.com/BATWjersey



CULTURE



Jason Masterman



Jason Masterman



Kasia Guzik



Joanna Malyszko (x2)



Norma Molloy



Lily Dodd



Kasia Guzik

Exhibitions



Changing Surfaces

Art in the Frame Foundation is delighted to have been introduced to the exciting and innovative work of textile artist Amanda Hislop. This month she is exhibiting alongside local and Guernsey artists in their first major exhibition of 2017 at The Harbour Gallery.

The theme of the exhibition, Changing Surfaces, will be depicted in paint, print, jewellery, ceramics, photography, mixed media and textiles. Whilst here Amanda is also running a series of workshops, ahead of her trip to the island Amanda tells us a little about herself and her work.

My background is in art and textile teaching, I have a degree in woven textiles with painting and a PGCE in visual arts, which led to a career in art teaching; following a change in direction in 2008 due to redundancy, which I now view in a positive light, I launched myself as a 'textile artist' combining all the things I enjoy, painting, drawing, stitching and sharing my skills. Alongside my 'making' I run workshops for groups and guilds.

My 'Sketchbooks as a rich resource' workshop has proved particularly popular; I use a sketchbook to capture thoughts and images from the landscape around me, the drawings are often quick

rapid responses to things observed and noted from visual memory. I use these sketchbooks as a resource to expand ideas through playing with art materials in 'working sketchbooks' that I develop over time to store and catalogue my samples

"In the sketchbook workshop we explore approaches to drawing which breaks down the barrier of the phrase 'I can't draw' through an expressive approach to mark making as a visual language to respond to themes and ideas."

and drawings. In the sketchbook workshop we explore approaches to drawing which breaks down the barrier of the phrase 'I can't draw' through an expressive approach to mark making as a visual language to respond to themes and ideas. Drawing is a loose term to be explored through various media including paper collage, a thoroughly good excuse to mess about and play with art materials!

One of my first commitments in February 2017 is three day workshops on Friday 24, Saturday 25 and Sunday 26 February, at The Harbour Gallery in Jersey, my flights are booked and sketchbook ready for sea views and inspiration! Whilst the workshops are fully booked I'd welcome people to come down and view the groups working and creating.

I have also signed a contract with the art and crafts publishers Search Press to write a book in their stitched textile series on

a seascape theme. Whilst I have a good collection of seascape inspiration in sketchbooks and workbooks, I relish the thought of trips to the coast in the name of research! The publication date of May 2019 seems a long way away, I know from experience I must use the time wisely and get on with preparing the contents!

The exhibition runs from Thursday 23 February, the opening party, to which all Gallery readers are invited and continues until Monday 20 March at the Harbour Gallery, St Aubin. Open 7 days a week 10.00am - 5.30pm.

BEAUTY & WELLBEING

EXCLUSIVE DARPHIN PROMOTION

Visit the Darphin counter or book an appointment with de Gruchy's new expert therapist, Jolene, and receive a FREE deluxe sample of the Beauty Revealing Cream or Exquisite Serum. Call 01534 818713 to book your consultation today.

de
GRUCHY
FOREVER INSPIRED



Beauty News

Winter Skin Saviours

Just because the weather is dull doesn't mean your skin has to be! Refresh tired skin this season using the bareMinerals tailored skincare and make-up essentials, created using innovative technology and high performance ingredients.



Skinlongevity Vital Power Infusion

Designed to reawaken and give vibrance to skin, this silky serum gives you ridiculously glowy, healthy looking skin!



Complexion Rescue Tinted Hydrating Gel Cream SPF 30

The best of a BB, a CC and a tinted moisturiser, this little gem will increase skin hydration by 215% over one week of use (yep, that's a big number). It does it all. So you can continue with your busy life.

Both available from Feelunique at Au Caprice.



Stress check breathe in

This Works latest product is a soothing rescue remedy to help you breathe more easily and calm your senses. Reducing the effect of stress in your day to improve the quality of your sleep at night.

An intensively calming 100% natural superblend of pure essential oils including Eucalyptus, Frankincense and Lavender help to relieve mental and physical feelings of tension and stress.

Available from spacenk.com £16.



Align Fitness

Align, Jersey's first multidisciplinary health care agency, takes a unique and rounded approach to health and wellbeing.

Its range of services take into account all aspects of what constitutes good health: from chiropractic and osteopathy, sports and remedial massage, acupuncture and dry needling, cognitive hypnotherapy and psychotherapy, craniosacral therapy and life coaching, as well as fitness and nutrition. Led by personal fitness trainer Nick Dingle, Align Fitness can help with weight loss, heart function, improving muscular function, posture and immunity as well as co-ordination, self esteem, mental health, digestion and increasing lung function.

'Fitness is a vital pillar of health and wellbeing and Align offers a range of holistic services that will help people to be the best version of themselves,' said Nick Dingle, who has 10 years' experience working with people taking their first steps in exercise through to elite athletes. 'Often people train in isolation, but Align Fitness offers the chance to improve fitness whilst also providing access to a wider pool of health care specialists in related fields. Align Fitness has opened because we recognise that fitness plays a key role in long term good health.'

Align Fitness can tailor packages to suit individual requirements with a wide range of training tools and experts available. Personal training sessions are available for 1:1 attention.

Whether you want to rehabilitate following injury or just improve your general fitness under the expert guidance of Nick and Align's team of healthcare specialists, visit www.align.je or call 789367 for more information.



The value of memes

WORDS Christopher Journeaux,
Quiet Room Therapy



What do you feel about memes? A fairly broad concept that can mean your Facebook feed filling up with video, images and words. I am thinking here about word memes with a picture or image in the background. I ask because they seem to be increasing in number and also because clients are mentioning how they impact them.

At first glance they seem quite harmless. Often meant as uplifting or affirming statements about ignoring the anger or cruelty in others; feeling better about ourselves because we deserve it, and so on. Therapy is in part about supporting someone to be emotionally and mentally where they want to be and this made me wonder if memes play a role in this process.

A quick global review of therapists' pages on Facebook would suggest that many feel memes have value. Given the hundreds of comments and likes that these appear to generate perhaps there is some truth in it.

"I question whether life, and the challenges we face, really can be tackled by just thinking positive thoughts. I have never found life to be that easy. By pretending it is, there is a danger that we diminish the challenges being faced."

However, I have doubts. In December of last year the BBC reported a University of Copenhagen study that suggested excessive use of social media can create feelings of envy. That got me thinking about how we experience and engage with social media. The research found that constantly viewing images of the lives of others through Facebook induced 'unrealistic social comparisons' and a 'deterioration of mood'.

What impact, then might be delivered by all these apparently affirming memes if they are, in fact, unrealistic? I question whether life, and the challenges we face, really can be tackled by just thinking positive thoughts. I have never found life to be that easy. By pretending it is, there is a danger that we diminish the challenges being faced. To reduce better mental health to a few words and a picture seems dismissive and in that process we surely ignore the needs of the person.

Available at:

55 HALKETT PLACE
TEL 734458

Let us help you find the perfect Valentine's gift!

Gift certificates, treatments and Dermalogica products are all available.

dermalogica®
a skin care system researched and developed by The International Dermal Institute

Shine Like a Diamond

Rivoli Vintage style Engagement Ring
£1,195.00 (0.45ct set in platinum)

A Rivoli diamond is sourced from the finest suppliers in London's Hatton Garden and Antwerp. Rivoli also stocks a wide range of hand finished wedding rings and offers a shape to fit service for all engagement rings.

Call in to see our friendly and qualified team and find your perfect match.

RIVOLI
Jewellers & Silversmiths

41/43 King Street St Helier
01534 601930 www.rivolijewellers.com



All things bright and beautiful

Last year Rio Hair and Beauty celebrated the 10th anniversary of their current home on Halkett Place. To mark this milestone they have invested in a beautiful new piece of graffiti artwork which now proudly adorns the wall as you enter.

Owner Brian Young and his team worked with local artist Bokra (Ben Robertson) to create this amazing mural which pays homage to the hair and beauty services provided by the salon. Brian explained “we have always kept the salon very neutral and modern, highlighting a different accent colour each year. This year though we wanted something a little different, that wasn’t just the normal bog standard photos of hair models, we wanted something more creative and inspiring for the team who work here every day and of course for our incredible clients too.”

After a trip to Folklore in the summer Brian saw the work on the graffiti wall at the festival and approached the artists to talk to them about commissioning a piece of work for the salon. He and the team then worked on a series of mood boards, pulling pictures and colours from the plethora of magazines that adorn the table in their reception area. They then gave this to Ben who came back with his own boards and some ideas of how he could represent the two sides of the business and incorporate everyone’s ideas too.

The result is an incredible, bright, intricate mural which was produced by Ben in spray paint over a number of evenings when Rio was closed. The team are still discovering new features within the work, clever details that Ben included which represent something different to all of those involved. He also sprayed a series of words into the skylight recess which can be viewed when you’re lying back to enjoy having your hair washed. These words were put together by the stylists and represent how they feel about working in Rio.

“We wanted something more creative and inspiring for the team who work here every day and of course for our incredible clients too.”

Of course it isn’t all about art at Rio, their team of hair stylists and beauty therapists are also at the cutting edge of hair and skin care too. Using beautiful cruelty-free Paul Mitchell® products they’re able to tailor-make a hair care solution for every individual client, something Brian says is

vital “Whilst lots of people read about the latest trends, they’re not always right for them which is where we come in. We can go as far as making a specific ‘cocktail’ of products that will be perfect for your hair, meaning you can keep your hair looking as good as it does when you’ve visited us.”

The same goes for skincare too, the beauty therapists use Dermalogica products another fantastic brand which is constantly innovating. There is a range to suit all skin types head along to their skin bar where they provide a free face mapping service and advice on skincare to use at home, pop in anytime for your own personal consultation face mapping. Or make the time to book in for a facial where your service will be tailored to your skin type, you won’t regret it

and are guaranteed to walk out feeling like a brand new person, I did!

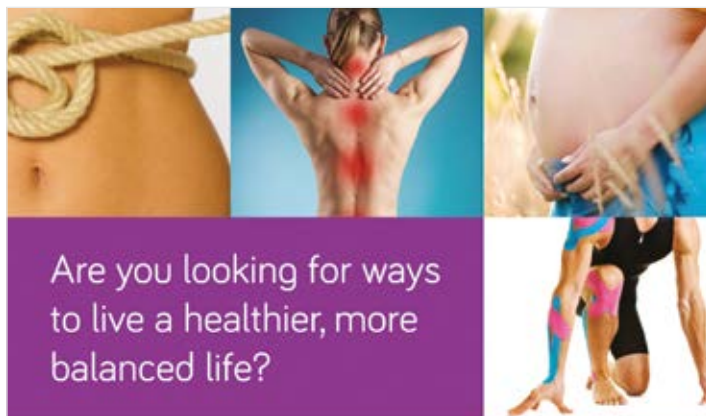
Rio has a fantastic range of hair and beauty services and also stock the full range of both Dermalogica and Paul Mitchell® products, perfect for taking home after your visit.

Rio. Hair. Beauty. Halkett Place Call 01534 734458

PLUMS
LINGERIE

Marie Jo Lingerie available from A to E cup

Plums Lingerie, 7 Colomberie, St Helier
731302 • www.plumslingerie.com



Are you looking for ways
to live a healthier, more
balanced life?

Young or old, male or female, anyone can
benefit from acupuncture...

In Jersey, 18,000 days were lost to illness in 2010 with over 40% of these being stress related. Our goal is to help support you with a step-by-step personalised treatment plan to suit your own personal health problems and needs.

Our full treatments include:

- Acupuncture, Acupressure
- Tuina (Chinese massage)
- Qi Gong
- Swedish massage, Reflexology



Health Point Clinic

healthpointclinic.co.uk
facebook.com/HealthPointClinic
lornajackson@healthpointclinic.co.uk



Lorna Jackson BSc (HONS) Acupuncture, MBAcC, MRTCM
Health Point Clinic, Rue De Flouet, St. Martin, JE3 6BP - 852039
Suite 2.4, Lido Medical Centre, St. Saviour's Road, St. Helier, JE2 7LA - 859348



I AM
VIBRANT.

PAUL MITCHELL



RIO

55 HALKETT PLACE
TEL 734458

BEAUTY
SHOPPING
HAIRDRESSING

Pink To Make The Girls Wink!

A line up of perfectly pretty wonder products for 2017. Go get 'em girls!



Aromatherapy Associates

Inner Strength Bath Oil

Available from de Gruchy

If there is one product to try this year it's this. Supremely relaxing and wonderfully soothing. One bath with this is as good as a mini break. Its unique blend of Clary Sage, Frankincense and Cardamom leaves you feeling positive and uplifted.



M.A.C

Lip Scrubtious in Fruit of Passion

Available from Voisins

A brand new sugar based exfoliator which smells divine and will gently buff away dry and flaky skin whilst hydrating and nourishing your lips - just in time for Valentine's day kisses.



DHC

Beauty Lift Essence

dhcuk.co.uk

Advanced Japanese skincare brand DHC use an industry leading formula of botanicals and peptides to make this hard-working booster the perfect prep for moisturiser. It won't just fight fine lines it will blitz them. Pow pow!



Origins

Original Skin Retexturising Mask

Available from Voisins

The "no makeup" look is one of the most covetable beauty trends of the season and this mask will help you get there! More than a mask, it deeply cleanses while exfoliating and refining surface texture to help create that rosy looking glow.



Foreo

Luna Play Sonic Facial Cleansing Tool

foreo.com

This brilliant bit of beauty tech uses pulsation technology to remove 99.5% of dirt, oil, dead skin and make up residue. It will enhance the absorption of skincare products and diminish the appearance of pores to refine skin texture.



bareMinerals

Matte Liquid Lipcolour in Cookie

Available from Feelunique at Au Caprice

The wonderful people at bareMinerals have set about to achieve the perfect 'nude' for you - their new Gen Nude collection has 40 options from nude pink, to mauve, perhaps you need a peach tone or maybe a beige - they've got them all and they are amazing!

FASHION



Aspinal Dockery bag

DISCOVER
THE NEW SEASON
COLLECTIONS

de
GRUCHY
FOREVER INSPIRED



Furla Metropolis Mini Crossbody bag

Brand News



Cool Collaborations

Lululemon x Central Saint Martins

Central Saint Martins' reputation precedes it. Founded in 1896, the iconic London college of art and design has produced a roster of glittering alumni, from Stella McCartney to Alexander McQueen, and is known the world over as a hub for creative expression and innovation. Lululemon's, the must lusted after active wear brand, Creative Director Lee Holman (a Central Saint Martins graduate himself) dreamt of a cutting-edge collaboration with the college that would celebrate London's youthful energy and urban style.

The result is a capsule collection of one-off prints on their most iconic pieces which will make you stand out from the crowd. Available at www.lululemon.co.uk

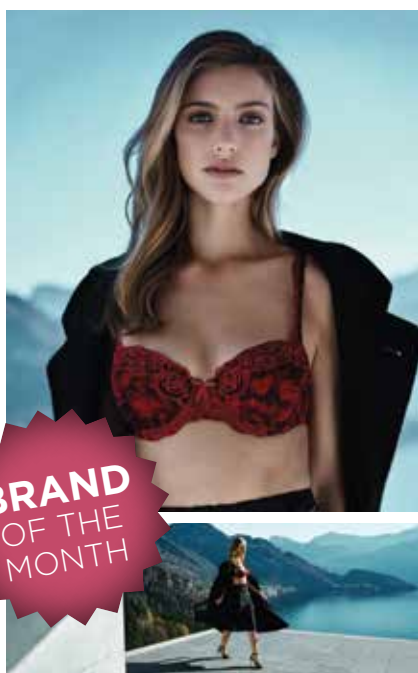
Marie Jo Lingerie

This Belgian fine lingerie brand keeps going from strength to strength, producing one fabulous collection after the other! The Marie Jo Axelle's red floral print (pictured) is velvet soft, winter-warm and exceptionally seductive. Luxuriant floral prints remain a must-have in your wardrobe and lingerie drawer this winter so this piece hits the nail on the head! Gimme!

Each piece is created with incredible attention to detail to be the perfect fit on the female form. Starting with functionality and fit and then progressing to stunning looks has led this brand to being a worldwide success story.

Their photoshoots are always magical so follow them on Instagram to see gorgeous lingerie inspo.

Marie Jo Lingerie is available from Plums on Colomberie



WE WANT WODEN

These super Scandinavian sneakers are making casual cool again! They get their name from the place they are created by talented duo Carsten Holm and Peter Hildebrandt; Works of DENmark - WODEN.

These sneakers fit like a dream and look amazing. The unbelievably awesome soft gold pair pictured are currently in stock in Manna, but you'll need to run as they are selling out fast. Woden is available from Manna.



Calling all brides to be

Rivoli Jewellers will be holding an in store wedding event on Saturday 25 February. Come and meet representatives from leading UK wedding ring manufacturer Brown & Newirth and take advantage of being able to try the full Brown & Newirth collection (over 800 styles!) . Rivoli will also be offering special discounts, complimentary engagement ring cleaning as well as wedding jewellery styling advice, champagne and more!

See www.facebook.com/rivolijewellers for details.

Trend News

Location, location!

The UK's leading boutique mother and baby brand, JoJo Maman Bébé, chose Jersey for its main shoot location to showcase their new spring/summer 2017 collection.

This fantastic global brand opted to benefit from the beauty of Jersey's beaches by holding their recent campaign shoot here at Havre Des Pas bathing pool.

JoJo Maman Bébé is available from their lovely boutique store, 65 King Street.



Embroidered Blouse **£26**
Short Dungarees **£29**



Denim Shift Dress **£35**



Bretin Jumper **£35**
Skinny Jeans **£35**

The beautiful collection is a breath of fresh air for pregnant mummies, with gorgeous short dungarees, easy-to-wear shift dresses and flattering skinny jeans; all at a fantastic low price point that makes spoiling yourself so much more justifiable - as if you needed an excuse!



Guys!

We know that shopping isn't your favourite pastime so why not make life easier and take advantage of a great offer at Rivoli from Welsh jewellery brand, Clogau.

Spend £249 or more on Clogau jewellery for Valentines day and receive a free Affinity Heart pendant worth £149 that you could gift on Mother's Day! Two presents for the price of one!

The exquisite Affinity Heart pendant is inspired by love and all that encompasses. Made from silver, rose gold and set with eye-catching sparkling Swarovski genuine white topaz, it's the perfect gift!

Available exclusively from Rivoli Jewellers, 41/43 King Street.

**Whilst stocks last.*

Valentine's Date Night Outfit Inspiration

WORDS Emily Rodgers, Marketing Executive at deGruchy

Whether your date night is dinner and drinks, or you're keeping it cosy with a romantic night in, make sure you look the part with these handpicked outfit options from de Gruchy's New Season collections.



Dressing Up

Forget about dusting off the LBD this year. This detailed pencil dress from Karen Millen is the ideal combination of sumptuous red and sartorial style, perfect for Valentine's Day attire.

Karen Millen dress UK RRP £180
/ de Gruchy price **£167.40**



Something Smarter

Combine smart and casual with tailored style and a touch of femininity. We love the off the shoulder detail of this Karen Millen top.

L.K. Bennett skirt UK RRP £125
/ de Gruchy price **£120**
Karen Millen top This is UK RRP £80
/ de Gruchy price **£74.40**



Staying In

If you're opting for an evening at home you can still spread the love with this cute heart jumper from Oasis. Pair with fitted jeans from Phase Eight for comfy outfit perfection.

Oasis Jumper UK RRP £39
/ de Gruchy price **£36**
Phase Eight Jeans UK RRP £69
/ de Gruchy price **£64.17**

Pick up Seasons magazine at de Gruchy today for more Valentine's inspiration.

NAKED TO THE WORLD

Photography & styling Danny Evans
Make up Jo Baran *using Bobbi Brown*
Model Tess



Tommy Hilfiger Bralette **£22.50**
Tommy Hilfiger Pants **£14.40**
both from de Gruchy



Chantelle Bra **£44**
Chantelle knicker **£17**
both from de Gruchy





Calvin Klein Bra **£33.25**
Calvin Klein Pants **£18.75**
both from Voisins



Chantelle Bra **£42.30**
Chantelle knicker **£32.40**
both from de Gruchy



Playful Promises Teddy **£50**
from Plums



Simone Perele Bra **£77.95**
Simone Perele Knicker **£42.95**
both from Plums



MarieJo Bra **£80.95**
from Plums

StyleStalker

WORDS
Lauren at Luella Rockerfella



Aimi Brueton

It was a miserable rainy day to style spot but Aimi looked rock star chic with her furry coat by HotMess she reminded me of Penny Lane from Almost famous, her pastel pink braided hair rocked and T-bar pointed pumps for comfort!



Alex Pinel

I am loving the oversized sweater look. It can be dressed up with over the knee boots or worn casually like Alex has, with tights and ankle boots. I always look at shoes and I loved Alex's studded suede zipped ankle boots.



Chloe Berry

I loved Chloe's suede creeper style shoes from Topshop. Her colour palette mixing burgundy, black and khaki whilst staying warm in this season's 90's recall, the puffer jacket, was stylish, on trend and practical in the cold weather!



Melissa Wild

I spotted Melissa in one of our beanie hats made by female prisoners (the profits go to local charity JAAR). She looked super on trend with an oversized charcoal distressed sweater dress and Timberland boots rocking the urban trend whilst remaining comfortable.



Patricia Robinson-Leigh

Patricia managed to look warm yet glamorous and classic. It is often difficult to add style when dressing to protect yourself against the elements. Her all black outfit with a splash of red lipstick is a monochromatic dream, especially with the faux fur coat.



Zoe Allchin

I asked to style stalk Zoe from behind the counter she was working at. She added simple accessories to her work attire making it her own. She was required to wear all black for work but added the bandana as a scarf, a way of keeping her identity and style whilst playing by the rules.

APPETITE



inndulgence club
eat • drink • earn rewards



The best food & drink loyalty scheme in the Channel Islands

- 25% off your food bill on Inndulgence Wednesdays
- Receive 20% off your food bill throughout your Birthday month
- Be the first to see all our latest deals and offers
- Earn points every time you drink and eat with us and redeem them for FREE food & drink on future visits

Register for your card today at www.inndulgenceclub.com and receive 500 points, thats £5 FREE.

MAJOR PLAYERS

WORDS Ria Wolstenholme

The healthy eating boom that occurs at the start of every new year can leave you feeling a little lost or overwhelmed. The pressure of sticking to your 5th attempt of keeping your resolution to go to the gym and eat super healthy can weigh heavy on you, and the temptation of the chocolate bar and pizza binge you desperately crave takes over.

Of course, this may not be good news for you, but it certainly is for the food producer and manufacturing giants who run the world. However, perhaps this year will see a change in who is dominating the food market, much like your resolution guilt is dominating you.

Enter, the food manufacturing giants. Every year sales and profits of companies around the world are calculated and formed into neat little lists for all to see, and it's very rare the top three rankings change.



2nd place Anheuser-Busch InBev

Another drink giant slides in to second place on the list of the world's top food and beverage manufacturers, with an estimated \$44 billion in sales and an \$8 billion profit from it. Being the largest beer company in the industry with over 200 beer brands under their belt, it's no wonder they've made it to the top of the list. We all know our island is renowned for how much we enjoy a drink here and there, and the statistics are there to prove it, so there's no getting out of the participation guilt for this one.

1st place Nestlé

Everyone's beloved Kit-Kat maker makes it to the top of the list, despite a 39% fall in profits compared to 2015, this chocolate bar king retains its crown as the highest profiting food manufacturer in 2016, with sales totalling \$92 billion, with profits of \$9 billion. Bet that cheat day chocolate ain't tasting so great now, huh?



3rd place Coca-cola

The household name that has been on your lips since birth no doubt raked in an estimated \$43 billion in sales, and from that a \$7 billion profit in 2016. Think about every cheeky diet coke you've picked up as a Friday lunch hour treat, and then how much you have contributed to that disgustingly enormous amount of money. Let the guilt wash over you. It's not fun but it'll make you want to stop reaching for it.

It's safe to say that these dominators of the food industry do not on first sight bring to mind the picture of health and well being. Despite Nestlé supposedly being the world's largest private nutrition and food research organisation according to their website, I don't see any signs of them creating a vegan, world friendly brand anytime soon that promotes both saving the planet and caring for your body.

UP AND COMING

However, there are brands out there who have just come on the scene with innovative and exciting new ways to mass produce food for the health conscious that won't break the bank.



Get Unreal

The American candy company, funded by teenager Nicky Bronner, is aiming to change the way our favourite junk food is made. After discovering how much junk was in his trick or treating stash, 13-year-old Nicky Bronner and his dad Michael turned to master chef Adam Melonas to help them craft a healthier candy. UNREAL Candy contains grass-fed dairy and sustainable palm oil and no corn syrup, GMOs, or gluten, and has received nearly \$20 million dollars in funding already. This innovative new brand could be the next big thing, so keep a watch out for it.

The Not Company

This company's manifesto is based around a want to change the way we consume and how we make the food we need. Based around a purely vegetable production, the company makes products such as 'not yogurt', 'not milk' etc, leading the way for the world to become a lot more aware of the effects agricultural farming has on the environment, and hopefully opening people's minds to the benefits a vegan lifestyle can have on your body and the environment.



Impossible foods

Last year's vegan phenomenon came in the form of a bleeding burger made entirely of plant based products. I know, but bare with me here. Impossible foods are a start up company exploring the molecular basis of food flavours and textures, and discovering how to mimic them using healthy sustainable ingredients that are good for your body and the planet. But seriously, if you haven't seen the burger yet, type 'vegan bleeding burger' into YouTube and take it all in. It's amazing.

ON-ISLAND

Now, living on our little island unfortunately means access to those Silicon Valley start ups isn't so easy. However, there are a number of new food businesses and producers right here in Jersey who are opening the doors to a clean, healthy new year.

Wild Health

Nutrient packed and completely vegetarian, in addition to offering gluten free and vegan options, Wild Health is bringing a new kind of health food to us. Last year, owner Gemma Bartlett was making her big break on St Helier's 'Street Food Thursday' initiative, and has now branched out into selling her own products in The Organic Shop Jersey, which is now home to her Stone-age nut bread mix.

Flour Patisserie

Appearing in last month's start up feature, the Flour Patisserie has proven a huge success amongst islanders, with new and healthy cake alternatives being churned out of their beautiful market based bakery week after week. Their wicked little fruit topped cakes are a great, slightly healthier, alternative to the chocolate cake slices your craving is calling for.

R Fresh

The newest healthy lunch hotspot on the scene opened its doors for your breakfast and lunch needs, serving homemade locally sourced food that'll please anyone's palette. Not jus focusing on vegan and vegetarian alternatives, R Fresh serve up specials including; pulled pork, short rib beef and falafels just to name a few every day in biodegradable packaging. Be sure to check it out before there's a queue down Colomberie!

Appetite News



Moo-ve over junk food...

Eating a balanced diet is something lots of us struggle with, knowing what to eat, having time to prepare it, shopping for it, cooking it, it's a time consuming business.

Well the lovely folks over at Moo have come up with an easy and convenient solution with their Moo Meal Plans, which means that you can be eating 'clean' in no time. A five day package sees you pop into their lovely cafe at 47 New Street each morning Monday to Friday to collect your food for the day and a series of recipes to make for yourself over the weekend. Inside your bag you'll have breakfast, lunch, dinner and a snack all prepared and ready to go. It doesn't matter what you choose to eat when, all they ask is that you stick to eating only what they've prepared for you to enjoy.

Easy, right? Well rather than taking their word for it we tried it out for a week and we loved it. The convenience of being able to pop in and pick up your food, safe in the knowledge that you were eating freshly prepared meals made from mostly organic, locally sourced produce was awesome. It wasn't all plain sailing, hump day saw a minor blip where we weren't sure if we could resist the biscuit barrel but by Thursday we were stoked we did as by Friday even the thought of a post work G&T didn't fill us with the usual joy. We finished the week with lots of extra energy and were free of that bloat you can get from getting stuck in a processed food rut, particularly at this time of year post the Crimbo indulgence (yes we know it's been a clear month since it was over but we still had selection boxes hanging around too).

Before you start Katy will check in to find out if there's anything you don't like or can't eat, so that she could avoid it where possible and then the rest is up to her and the changing Moo menu full of delicious food. Each meal in your package is free from refined sugars and they use organic grains and local seasonal produce where possible. Thanks to their clever add on system if you're training hard then you can also choose to add in a protein shake or extra protein add ons. They're also offering cold press juice cleanses, they brought the first cold press juicer to the island which means all those nutrients normally lost by juicing stay in the bottle!

For more information check out their Facebook page [ilovemoo](#)



WINE & DINE YOUR VALENTINE

Whether you are looking to get out the house or stay in and cosy up this Valentine's, Shaun Rankin and his team have created the perfect packages to delight your every need.

Bring Your Love to Lunch

Treat your love to lunch and enjoy the perfect romantic rendezvous with Ormer's Valentine's lunch menu. Available at Ormer from Saturday 11 February until Saturday 18 February, enjoy two courses for £19 or three courses for £25.

Five Course Valentine's Tasting Menu

For the ultimate indulgence, Ormer has created a special five-course Valentine's tasting menu, complete with a complimentary glass of champagne. Available Saturday 11 February and Tuesday 14 February for £75.

Valentine's Home Dining Hampers from Don Street Deli

If you're staying at home this Valentine's, then Don Street Deli has all you need for the perfect Valentine's meal at home. Their Home Dining Hampers include a delicious starter, main course and dessert for two. They have even created a special champagne cocktail package to complete your perfect Valentine's meal.

Beef Wellington Hamper: £85
Beef Wellington Hamper with Champagne Cocktail: £130
Beef Wellington Hamper with Rose Champagne Cocktail: £135

Mushroom Wellington Hamper (V): £65
Mushroom Wellington Hamper with Champagne Cocktail: £110
Mushroom Wellington Hamper with Rose Champagne Cocktail: £115

To arrange your perfect Valentine's experience, please contact Dominic: E: dominic@ormerjersey.com / T: 725100

Don't wait for your ship to come in **SWIM OUT TO IT**

ARE YOU....?

Leaving education
Starting your career
Looking for a career change
Looking to gain qualifications
Retiring or returning to work

WE WILL HELP YOU....

Focus on what's important to you
Identify your strengths & interests
Identify your options
Plan job hunting strategies
Work out your next steps

BOOK AN APPOINTMENT

You can book an appointment
with a careers adviser by calling
Careers Jersey or emailing.

CONFIDENTIAL | IMPARTIAL | FREE | ONE TO ONE | PERSONALISED | ADVICE | GUIDANCE

Standard Chartered
Jersey Marathon
2017



— RUN FOR A — **REASON**

**STANDARD CHARTERED
JERSEY MARATHON**

01.10.17

MARATHON . RELAY RACE . 3K FUN RUN

**ENTER NOW
JERSEY-MARATHON.COM**





On a wet day last month I travelled up to La Cornetterie in St. Martin, home of the Farm School Initiative, to meet its founder Grace Davies.

Meeting an enthusiastic individual is always a delight, meeting one that's carved her own career to play to her strengths, whilst providing an educational and exciting outlet for island children is especially so. Some may think that Grace Davies is lucky to be outside all day, others may think she's mad, I for one think she's inspirational. After completing her degree in 2012 she wanted to be a teacher but upon further investigation realised that a classroom setting wasn't for her. At the same time the family farm began moving in a different direction, they wanted not only to farm organically, but to change the way children value the food they eat and so the Farm School Initiative and Sprouts Farm club was born.

Grace and her father Bill Davies set up the project with the hope to inspire children to learn, play and to grow. Just from my short visit to the farm I could see how children will be able to do just this. By being outside and getting their hands

dirty they'll be able to more easily learn about their environment and understand how and where their food comes

from. "As children we were always allowed to muck in on the farm if we wanted. Try peas and chillies straight from the field, try and help sort potatoes or at least dig spuds for tea. My memories of my childhood are coloured with days learning outside and watching my dad ploughing the fields. Mum and Dad were so patient with us

"There isn't a better time to inspire and inform the younger generation about where our food comes from and the careful and lengthy process required to get it to our tables. It's time to go outside and play, get dirty and grow!"

and would take us through every step of the process - from planting through to harvesting. We would see the plants grow and the time it took before we could eat it. It's this experience I want to pass on to the children that come up to the school now."

Grace's father Bill Davies, well known for his fantastic stall Just William in the central market is always looking for new crops to grow and was one of the first in Jersey to export tenderstem broccoli and purple-sprouting to the UK. Alongside this he grew Jersey Royals, tomatoes, runner beans, chillies, salads, fennel, garden peas, coriander and more! If it intrigued him, Bill would grow it and make it sell. I'd say it's safe to say that his hard work and passion for farming has definitely rubbed off on Grace.

La Cornetterie Farm in St. Martin has been owned by the Davies family since 1985 and is the perfect environment for students to embark on their own farming projects. Each student that participates in the Farm School Initiative or Sprouts Club has their own plot which they are responsible for and they can happily take home anything that they are able to grow! They cater for both primary and secondary Schools, children of all abilities. "Growing is great fun and there is something to be learnt at every age. As farmers, we are still learning! We hope to give children the opportunity to learn to grow and know what it's like to be part of the farming process."

They also house a small amount of livestock too, the farm has a number of pigs, ducks and chickens which the children are able to help feed and clean. The pigs are reared for their meat under the watchful tutorship of Jon Hackett. He's helping Grace learn about rearing the animals and she's helping him to grow his stock as his current farm doesn't have the space to grow. This of course leads to further conversations with the children as there is no hiding the reality of where the pigs are heading. But as Grace explains "we often ask the children would they rather their meat come from animals that have lived happy lives, they agree they would. Of course it has resulted in some of them making decisions to eat less meat, choose local or high welfare meat or not to eat meat at all, but we think this is also an important part of the process of understanding where their food comes from too."

There isn't a better time to inspire and inform the younger generation about where our food comes from and the careful and lengthy process required to get it to our tables. "It's time to go outside and play, get dirty and grow! When I think back to my childhood these are the things I remember." As do I, which is why I think this whole initiative excites me, it reminded me of amazing times spent outdoors with friends growing up and also of the home grown vegetables we helped to grow. If I could sign up to become a member of Sprouts I would, but instead I shall just have to settle on waiting until my niece is six and can join herself and spread the word to anyone who'll listen until then.



www.thefarmschooljersey.com

Discover the Pièce de Résistance at Ormer

Ormer restaurant is offering an exclusive Pastry Masterclass run by award-winning and world-class Pastry Sous Chef Yukie Kohara.

Yukie has worked with award-winning chocolatiers and celebrity chefs worldwide and now she brings her skills to share with you at Ormer. From the creation of exquisite desserts, to the highest quality viennoiseries, cakes and petit fours, Yukie's masterpiece desserts are created with grace, complexity and a profusion of flavour.

This masterclass offers guests the opportunity to go behind the scenes in the Michelin-starred kitchen for an exclusive experience with Yukie, learning the delicate skill involved and producing totally delicious treats. Whether you are new to pastry cooking or would like to hone your skills, this experience can be tailored to each individual, it's also the perfect gift for those looking for the pièce de résistance this Valentine's.

2 hour masterclass for 1: **£150** (plus £25 per person for a 3-course lunch)

2 hour masterclass for 2 people: **£225** for two (plus £25 per person for a 3-course lunch)

The masterclass is valid Tuesday - Thursday & Saturday. Voucher T&C's apply.

To order your beautifully boxed gift voucher contact Dominic T: 725100, E: Dominic@ormerjersey.com



7-11 Don Street, St Helier, JE2 4TQ
www.ormerjersey.com

• THE • Genuine Articles



Karen Hibbs

The Pottery Shed

Myself and my husband have always been avid collectors of pottery which they regularly bring back to Jersey from their travels. Anyone who has visited our home will know that the shelves are bursting with pottery!

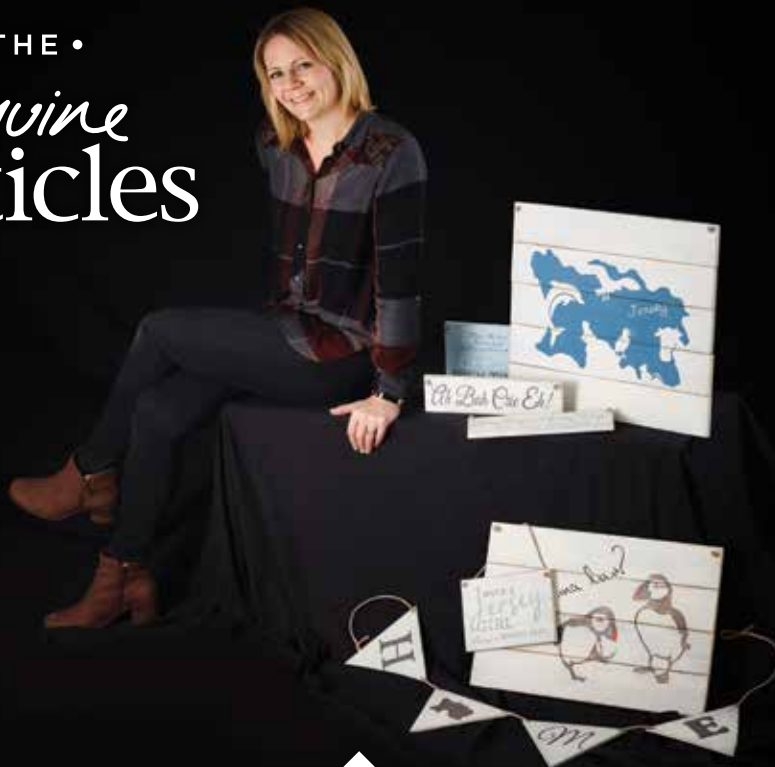
It seemed only natural therefore that the next step would be for me to have a go at making pots myself so I signed up to pottery evening classes organised through Highlands College under the excellent guidance of Dave Brown. I attended evening classes for a couple of years and soon caught the pottery bug even though it is much more difficult than the professionals like Dave make it look. The secret is to practice, practice, practice!

Two years ago my husband surprised me with a gift of a potter's wheel for my birthday which allowed me to practice my throwing skills whenever I had a spare moment. I then built the Pottery Shed in the garden, installed a kiln and the rest is history.

The Pottery Shed have been selling pots at the Genuine Jersey craft fairs in the Royal Square and at St Aubin and at events organised by the National Trust and Jersey Heritage over the past 18 months and have a display of pottery for sale in the upstairs gallery at The Harbour Gallery. I make a range of pottery mainly for kitchen, home and decorative use using a number of different styles and glazing techniques from handpainted images of animals, birds and nature to more experimental pieces where glazes are used to travel over each other during a firing so you never know exactly what you are going to find until you open the lid of the kiln.

I'm the first to admit that I still have so much more to learn and is at the start of her pottery journey which is what makes the whole process so interesting, exciting and challenging.

Examples of Karen's work can be found on facebook: thepotteryshed and she can be contacted on thepotteryshed@gmail



Chloé Fosse

It's a Sign

I design and make hand painted wooden signs, the most popular being the ones with a Jersey theme. The idea for the business started back in 2013 when I was looking for something that would fit around caring for my young son. I have a background in marketing and graphic design and although there are lots of places that sell signs with slogans on them, I thought it would be a nice and slightly more original idea to tailor them to Jersey specifically. I started simple with the "Alraht Ma Luv?" and "Ah Bah Crie Eh"s and have since moved on to writing my own poems and phrases. They seem to have gone down well with the local public and my business is now into its fourth year with many of my signs being sent overseas as a reminder of home.

Now that my son is at school I have the flexibility to drop him off, pick him up and attend all the school plays, giving me a work/life balance I may not have if I wasn't working for myself. I feel very lucky that I am able to do something creative as my job and that I honestly enjoy going to work every day.

If you would like to see more of what I do you can visit my website www.itsasignjersey.co.uk where you can buy online or my Facebook page: itsasignjersey I'm also happy to take commissions so if you have an idea for something different, get in touch via email to info@itsasignjersey.co.uk. As well as being available online, you can buy my signs in Ransoms Garden Centre. Watch this space for new designs coming in 2017!



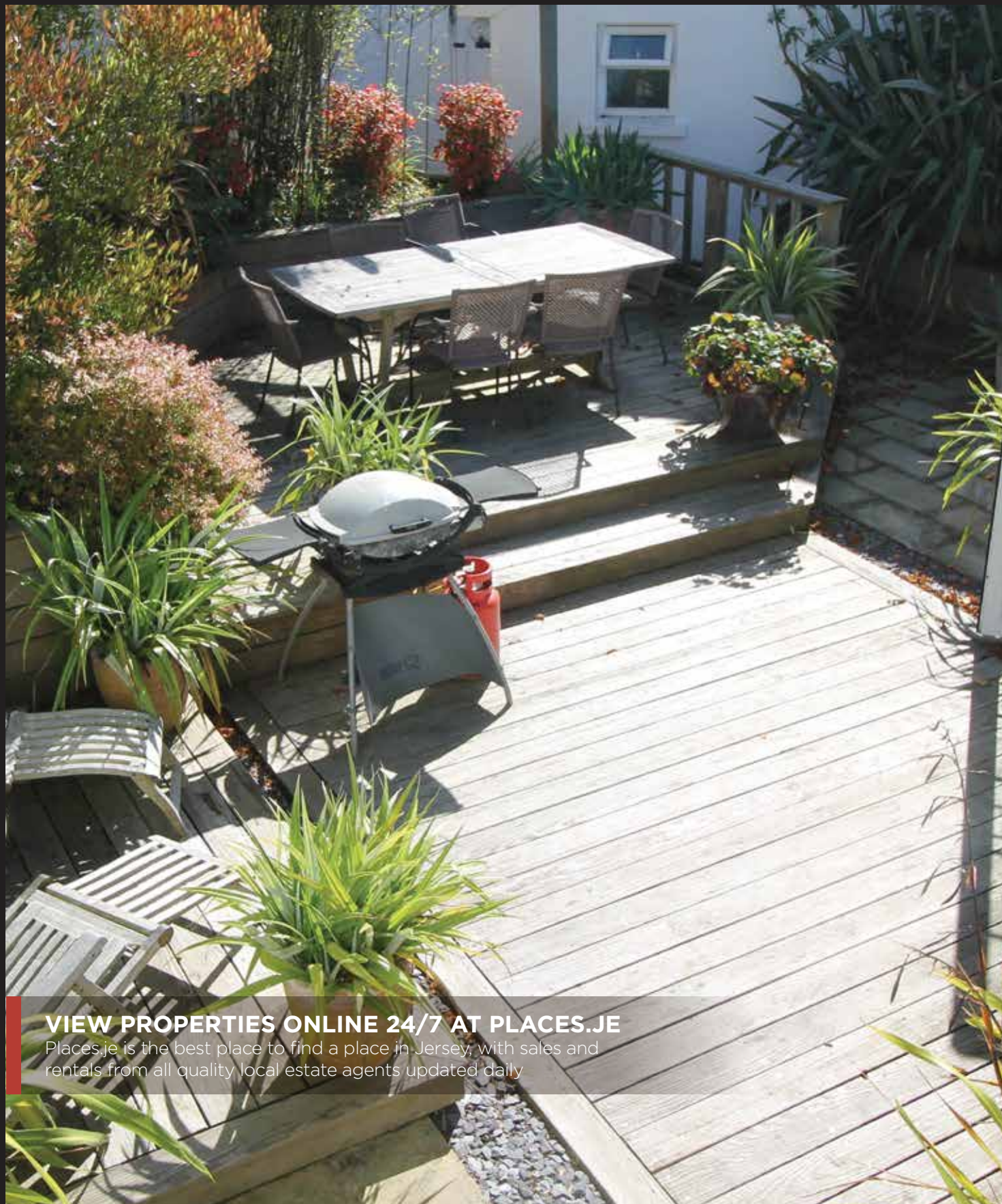


places

THE BEST PLACE TO FIND A NEW PLACE IN JERSEY

View properties from all
quality agents 24/7 at

www.places.je



VIEW PROPERTIES ONLINE 24/7 AT PLACES.JE

Places.je is the best place to find a place in Jersey, with sales and rentals from all quality local estate agents updated daily



The **Best** of Both Worlds

WORDS Sara Felton

Built in 1890 and located on the St Helier/Trinity border this substantial four bedroomed Victorian home offers charm and character with a staggering 5,000 sq ft of accommodation. The house is situated in an excellent location within close proximity to both St Helier and the surrounding rural parishes. This means that the local secondary schools are a quick bus ride away (there's a stop 25 metres from the house) and you are also easily able to walk through country lanes when leaving the house to the rear. You really do have the best of both worlds.

The current owners have cleverly retained many of the properties original features whilst also managing to create a large modern home with high ceilings and bright and spacious rooms throughout. The property has seen recent internal and external upgrading making it a fantastic purchase with only the bathrooms remaining in need of modernisation. It also offers a great many opportunities to reconfigure the current ground floor accommodation if you should wish to extend the second generation potential of the property, beyond the one bedroom duplex apartment that already exists.

Upon entering you are welcomed into the large open hallway with doors leading to two of the four reception rooms downstairs and a sweeping staircase taking you on to the further two floors. To your left of the entrance there is what is currently used as a large formal dining room with beautiful feature fireplace (not currently functional but this could easily be investigated) and plenty of room to make this room into any manner of additional entertaining space should you wish. To the right is a large snug which is currently used as the family television room, there's another beautiful fireplace here too. Through this room there is a large wooden floored office space which has double doors opening onto a large patio area to the front of the house. This is just one of the rooms that could very easily be separated from the main house to make additional secondary accommodation, should you need it.

Moving through the house you will find the former kitchen which has been transformed into a huge utility room which leads onto another room with direct access to the two parking spaces currently used by the one bedroom apartment. This room was a gym when the current owners moved in and this would make an excellent use for this room. It's also the ideal place to shed your outdoor clothes and after romping through the surrounding lanes as you're just a few steps from your washing machine, should you need it! Downstairs the current owners have also added in an additional shower room, as there is only one house bathroom this clever addition means there's no need to cause a tailback during the morning rush to get ready.

Continuing on through the house you find what is undeniably the jewel in the crown of this property, the kitchen. This huge room has large oak floorboards throughout and enough space to accommodate not only a large family dining table but also sofas. The current owner explained they'd deliberately avoided the temptation of adding a television to this room as it means the family congregate whilst dinner is being prepared and catch up on their respective days, this really will be the hub of your new home. Here you'll find what appears to be a classic farmhouse kitchen but is in fact very modern. The addition of the electric Everhot stove, which includes an induction hob, a traditional hot-plate and multiples ovens you've really got the very best of both worlds. There is also a huge amount of clever storage in this custom kitchen, it's a real chefs dream.



"Little to no noise can be heard from the well-glazed windows and with rural views to the rear you'll quickly forget you're anywhere other than a country parish."

The first and second floors of the house consist of four large double bedrooms, one of which is a master suite with dressing room and en-suite bathroom. There is also a house bathroom which has been left by the current owners to allow for the new owners to come and add in the bathroom of their dreams. There are a number of smaller rooms adjoining the bathroom which could be amalgamated to turn this into a stunning large and luxurious space.

To the exterior of the property there is a landscaped garden plus a small lawned area to the front. There are also decked patios and terraces ideal for al fresco eating and sunbathing. There is also a large triple garage which has a fully floored games room above and forecourt parking for seven or eight cars.

There is no escaping that this house is situated on a road, but as soon as you've pulled into your large and spacious driveway you'll quickly forget this is the case. The current owners removed the gates from the property but kept the mechanics in position so they're ready to accept in new gates to make your home even more private. Little to no noise can be heard from the well-glazed windows and with rural views to the rear you'll quickly forget you're anywhere other than a country parish. Viewing is highly recommended as this property will not disappoint.



L'Augres House St Helier

£1,295,000

Wilsons
01534 877977
www.wilsons.je

- 4 bedrooms, 3 bathrooms (main house)
- 1 bedroom duplex flat
- Large kitchen/family room
- 3 reception rooms
- Playroom/gym and utility
- Approximately 5,000 sq ft
- Triple garage and large loft room
- Parking for 7/8 cars
- Interior and exterior recently upgraded



The Jersey property market

January is always a busy time for estate agents and lenders as people carry through their New Year resolutions.

This year has started very well and should continue at this level if last year is anything to go by.

It is still possible to negotiate small reductions in asking price, and buyers who have already obtained Approval in Principle for a mortgage will find that they will be given priority by agents and sellers.



A New Year and New Start

As we enter 2017, now is an opportune time to get your finances in order. Here are a few important strategies to consider:

1 – Set goals

Without a set destination, it can be hard to motivate yourself to save.

2 – Start as soon as possible

The sooner you start the longer your money has to grow.

3 – Spend less than you earn

Sounds simple, but in our consumer-driven world more and more people are living beyond their means.

4 – Create a budget

This is critical if you want to pay off debt and control your spending.

5 – Don't go house crazy

Don't over commit to high monthly outgoings. Try to focus on what you truly need.

6 – Protect yourself

Life and health insurance are key to making sure your objectives and obligations to loved ones are met, should you be taken seriously ill, or die prematurely.

If you are seeking financial advice and would like a free initial review with Hayley Carstairs, you can contact her on 789830 or hayley@henleyfinancial.je.

Local mortgage market activity

Mortgage interest rates remain stable, although economists will always warn of possible rate rises.

Our advice remains consistent – consider locking into a three or a five year fixed rate as base rate trackers no longer offer such good security for the future.

WE LIKE THESE MORTGAGE RATES!

60%	Tracker	1.39%
60%	2 Year Fixed	1.29%
60%	5 Year Fixed	1.99%
85%	Tracker	1.74%
85%	3 Year Fixed	2.09%
85%	5 Year Fixed	2.44%
90%	Tracker	2.50%
100%	5 Year Fixed	4.74%
60%	BTL 2 Year Fixed	1.69%
60%	BTL 5 Year Fixed	2.49%

Information and rates correct as at 6th January 2017

TO BE ADDED TO OUR MONTHLY BULLETIN LIST, PLEASE SEND YOUR REQUEST TO:

kerrie@mortgageshop.je



the mortgage shop



henley financial

Tel: 789830

www.mortgageshop.je

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Henley Financial, part of The Mortgage Shop Group, is regulated in the conduct of investment business by The Jersey Financial Services Commission.

Tel: 789830

www.henleyfinancial.je

A New Year, a fresh start...

Let **the mortgage shop** take the strain out of buying a home.

Book an appointment, you won't be disappointed.

Telephone: 789830

Website: www.mortgageshop.je

Email: info@mortgageshop.je

Find us: 31 Broad Street, St Helier, Jersey, JE2 3RR

Your home is at risk if you do not keep up with repayments on a mortgage or other loans secured on it.

Registered with The Jersey Financial Services Commission



the mortgage shop

IT'S YOUR TURN

Take a chance, find your new home today online at places.je

places
www.places.je

FINISHING TOUCHES



Mercury Bottle Lamp
The White Company
£85.50



Star Cushion
The Loving Chair Company
£50

Nordic Tealight Holders
Pebble
£8 & £12



Customisable Sofa
The Loving Chair Company
£1450



Large Wall Clock
The White Company
£108

Framed Print
Elizabeth Howell
£55



The background image shows the interior of a tiny house. It features light-colored wood paneling on the walls and ceiling. A black wood-burning stove with a tall chimney pipe is the central focus, with a fire burning inside. To the left is a kitchen counter with a wooden top and a sink. To the right is a light blue cabinet and a window. The floor is made of light wood. The text is overlaid on the top half of the image.

*“Building upon our
vast experience,
knowledge and
contacts
in the property market,”*

WILSONS

CONTACT US | +44 (0) 1534 877977
www.wilsons.je

FEATURED SELECTION

Gorey £529,000



2 2 ✓

Conservatory and secure garden
Beach and common on doorstep
Close to amenities & Gorey pier
Great bus route
Parking for 2 cars and visitor

01534 620620



St Helier £649,000



5 1 ✓

Building Project With Choices
Family Home Or 2 x New Builds
Large family home in need of modernisation
Quiet & convenient location
Large plot with a generous sized garden

01534 722227



St Ouen £785,000



5 2 ✓

Conservatory
Double garage
Good sized garden
Overlooking potato fields
Scope to add additional rooms

01534 722227



St Ouen £1,295,000



4 4 ✓

Spacious luxury home approx 3,500 sqft
Sea Views. Exclusive and tranquil location
4 large double bedrooms all en-suite
Double garage and ample parking
Walking distance to the beach

01534 747777



St Brelade £1,495,000



4 3 ✓

Detached 3,500 sqft house
Exclusive new development
Highly sought after location
Sea view - St Brelade's Bay and Portelet
Stunning interior, exemplary fit and finish

01534 747777



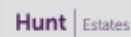
Grouville £2,450,000



7 4 ✓

Traditional Jersey granite residence
Idyllic countryside setting
Beautiful landscaped grounds
Picturesque courtyard
Barn, outbuildings and 2 bed cottage

01534 860650



Moving in the
right direction

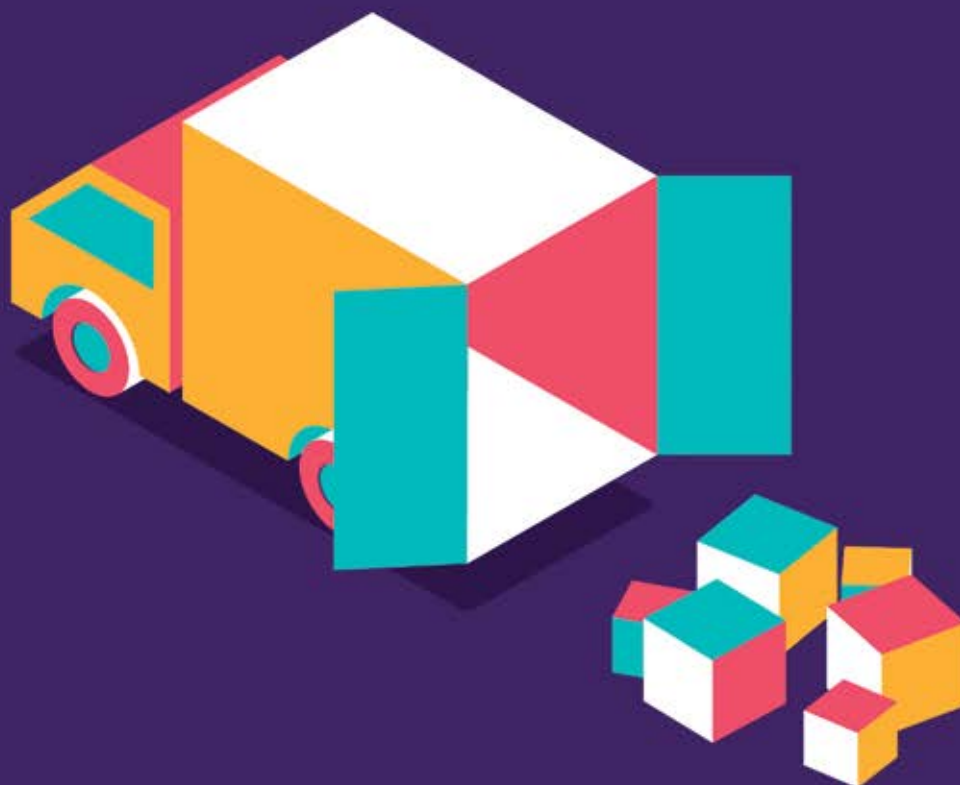
877977

3 CHARLES ST. ST. HELIER. JE2 4SF

WILSONS

Review our current portfolio
www.wilsons.je

Looking to get a move on with your mortgage?



Find out how much you can borrow in 10 minutes

Pop into any branch and speak to a member of our team

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE



- 📍 Visit your local branch
- 🌐 View natwestinternational.com/mortgages
- ☎ Call us on 01534 282828
- 📘 Like NatWest CI on Facebook
- 📺 Follow us @NatWest.Jsy

Interior News

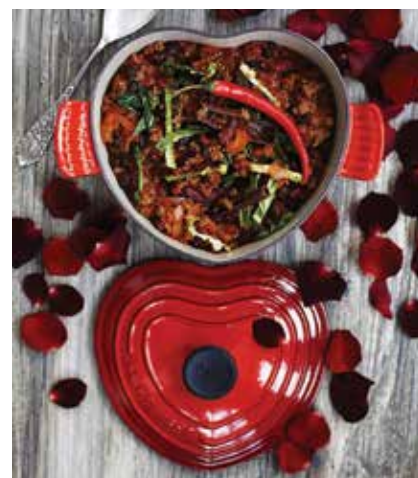


Home interiors for the month of **love!**



1. Vera Wang Love Knots Collection

Designed by Vera Wang for Wedgwood, the ultra-stylish love knots range perfectly captures the spirit of love and romance. Plated with lustrous silver, each piece has an elegant, timeless look. Romantic candle holders and beautifully finished photo frames complement jewellery boxes, napkin rings and toasting flutes - all presented in stunning, ready-made gift boxes.



2. Le Creuset Casserole Dish

They say a way to a man's heart is through his stomach. Well this dish will surely get you there faster! Coveted by chefs the world over, Le Creuset enameled cast iron is unbeatable for performance, durability and timeless style.

Ideal in the oven, on the stove or at the table, this kitchen classic enhances the cooking process by evenly distributing heat and locking in the optimal amount of moisture. The advanced interior enamel resists chipping and cleans easily. What's not to love?

Vera Wang for Wedgwood and Le Creuset are both available from deGruchy.

Stonearth bathrooms keep things natural. They use 100% natural stone, wood and marble to make their beautiful bathroom furniture.

Working with raw materials like American oak, Italian travertine and Egyptian marble means they can design you high-end furniture that gives your bathroom that special wow-factor.

Their unique natural collection comes in all shapes and sizes, whether you're looking for an oak vanity, walnut washstand, or a stone basin.

Everything they produce is handmade by specialist carpenters and stonemasons so you get a beautiful product - and the very best bit is that it's really good value for money as they travel the globe to carefully source their materials for a superior quality and at the right price point.

Beaumont Home Centre have just put in some stunning new displays of the Stonearth range so pop in and check it out if you're looking to create your own luxury spa look sanctuary at home!





BUSINESS

BUSINESS

Business News

EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



Skipton International celebrates £1 billion of mortgages

Skipton International has reached £1 billion of mortgage loans across the Channel Islands and the UK.

The Channel Island-registered bank is one of the largest providers of residential mortgages in Jersey, offering mortgages here since 2005 and in Guernsey since 2002.

In 2014 Skipton launched buy-to-let mortgages for British expats wishing to invest in the UK. Skipton reached £100 million of buy-to-let mortgages in the UK in September, followed by £500 million of mortgages in Jersey in October.

Jim Coupe, Managing Director, Skipton International, said: "This has been a huge year for Skipton International. Reaching £1 billion of mortgage lending is a significant milestone for us, and a testimony of the popularity of our products across different markets. It also demonstrates the excellent customer service our team members have been delivering consistently for so many years."

Earlier this year Skipton moved into new offices in Guernsey to accommodate growing staff numbers – the company, has grown by 50% in the past three years.



Estera real estate team involved in largest property deal since Brexit

Estera has been involved in reportedly the largest property transaction to complete following the UK's Brexit announcement earlier this year.

The group's Jersey real estate team acted as majority directors for BL Development Limited an investment vehicle controlled by Abu Dhabi Financial Group (ADFG) a leading investment firm headquartered in Abu Dhabi on its acquisition of New Scotland Yard in London for £370m which completed on 01 November.

The intention is to develop the site which will be named the 'The Broadway' and is scheduled to complete in 2021 providing 485,000 sq ft of residential space 146,000 sq ft of commercial space and 37,500 sq ft of retail.

Director, Brendan Dowling, led the team supported by Group Manager, Niamh Fountaine, and Senior Client Managers, Kirstie Le Feuvre and Ginette Fullerton.

Brendan commented; "We are delighted to work with ADFG again on such a significant transaction which demonstrates their continued commitment to investing in unique developments in London and is also a real vote of confidence for the UK real estate market following Brexit."

Industry award for Benest Corbett Renouf Partner

Barbara Corbett, Partner and Head of Family Law at Benest Cornett Renouf, has won the prestigious title of "Family Law Partner of the Year" at the 2016 Jordan's Family Law Awards. The industry accolade was presented to Barbara on 23 November at The Bloomsbury Big Top in London. The annual awards ceremony celebrates best practice and the achievements of family lawyers throughout the British Isles.

To be considered for the Family Law partner of the year award, industry peers identified Barbara as an individual who they believed had made "a major contribution to the field of family law" through their practice, and shown that they have executed a strategic vision through outstanding leadership.

Of her award, Barbara said: "I am honoured to have been acknowledged by my colleagues in this way. Awards like this put Jersey on the map, showing that we strive for excellence when representing clients and speaking up about topics like no-fault divorce reform. I am proud to lead an excellent team, committed to resolving family law issues in a constructive way."

The award marks the end of an exciting month for the Benest Corbett Renouf family law team. Advocate Nicholas Le Quesne has just returned from the prestigious International Academy of Family Lawyers (IAFL) conference in Madrid, which considered 'Hot Topics in EU Family Law'. He was the only Channel Island lawyer to attend. In addition, Legal Assistant Jamie-Lee Morgan also took part in the Resolution Lobby Day at the Palace of Westminster on 30 November, which campaigned for no-fault divorce reform throughout the British Isles.



FITNESS AS USUAL

Whilst front of house it's business as usual for the members and trainers of Fitness First it's all change behind the scenes. The club has recently been purchased by the beautifully located and well respected St Brelade's Bay Hotel.

This is an exciting time for general manager Warren Johnson who has been with Fitness First Jersey for 14 years. He's delighted that the club is now locally owned and hopes the differences this will bring will quickly be noticed by members.

We went along to Fitness First Jersey to speak to Warren about this exciting new chapter for him and his team:

We are beginning a new year with the strongest team I have ever seen at the club, which along with being locally owned is a great start to the year. The local ownership means we can now start using an array of local contractors and suppliers which is great for the island and our members as it means things will happen much faster.

We are continuing to support local sports teams and inspiring sporting individuals to be at their peak fitness and we're going to continue to assist the Lepira Charity through our work with local schools by offering free classes to help with their fundraising efforts.

Our team of personal trainers is headed up by Michael Hale our Health and Fitness



“We are continuing to support local sports teams and inspiring sporting individuals to be at their peak fitness and we’re going to continue to assist the Lepira Charity through our work with local schools by offering free classes to help with their fundraising efforts”

Manager who recently spent a lot of time restructuring this part of our business which as a result has attracted a number of new personal trainers joining the team which is fantastic for our members. Alongside this Michael has also introduced some new classes which have brought our weekly class options up to over 70 per week which is something we are really proud of.

Some of the changes at the club that have already happened include our grab and go food selection, which is stocked daily and produced by the chefs at St Brelade's Bay Hotel along with our fantastic bean to cup selection from Coopers Coffee and we've also got some new protein products to complement your pre and post workout.

Another part of the business that is continually growing is our corporate memberships. We work very closely with a lot of companies on the island to help them with their staff well-being by offering tailor-made membership packages for their employees as part of an employee benefit scheme. Not only do we offer our corporate clients a great rate we also ensure that their employees stay motivated through wellness days and a free introduction to fitness upon joining.

Going forward we will continue to be the leader in innovative classes and fitness products and we look forward to welcoming you in 2017!

T: 01534 752400

DON'T QUIT YOUR DAY JOB...

We spoke to three inspiring women who are juggling not just one, but two successful careers to find out how they manage their work/work balance.

During the day Jenna Lamorna McCabe is a Business Development Director at Asset Leverage Consultants (ALC), where they provide independent credit solutions for businesses, family offices and trusts. Outside of that she is also a pilates teacher and is about to expand her class schedule offering both mat and resistance classes, which use machines to work your body against both weight and instability at Daisy Cottage in St Ouen.

How did you get the idea to start your second job?

When I moved to London with my job in finance I suddenly lost all of my coastal hobbies, so started running half marathons with my brother but had a continuous battle with runner's knee and couldn't overcome it. I'd seen a new pilates studio open near my tube stop in Notting Hill which used these alien machines. I knew very little about pilates and had never heard of or seen pilates machines but the studio was always vibrant and energy spilled out of the door, so I got over my mild fear and took a class. I was immediately in love with it! Five lessons in and I felt taller and elegant, more stable and secure - my knee was starting to feel stronger and I was in less pain. I racked up hundreds of hours in that studio until work moved me again, this time to beautiful Jersey!

With limited resistance pilates studios (there are a handful of great studios but they all offer private or semi-private classes which tend to be specialised for individuals with injuries and conditions) I bought my own machine to keep practising. All of my friends enjoyed trying out the machine when they came round and it got me thinking that maybe I could learn to teach them. I could see that although Jersey offers plenty of group mat classes, there was no one providing group resistance classes - and as it was the type of pilates I had become so passionate about, decided to start my training to become an instructor.

When you've worked a full on day or week at ALC, how do you motivate yourself to start job number 2? What's lovely is that my day job and my passion job are so different. I love to get moving in the studio after work or at the weekend and I find the juxtaposition allows me to switch out of one

and onto the next really easily. Amazing clients are the best motivation though and they make both jobs hugely fulfilling.

Right now you have more of a work, work balance, do you have any time to do anything else? I'll be honest that right now, not a huge amount. But it's a great problem to have and the start is always the most time consuming. You substitute normal books for research books, sell your TV and swap your gym pass for pilates classes (because you always have to keep improving yourself!) it actually feels quite liberating and real to be so purposeful with my time.

Any top tips for those looking to 'not give up the day job' and turn their hobby into another income stream? I recently read something that said - 'How many lives do we have? One. Just one. So why are we not all running towards our wildest dreams as if we are on fire?' - that's it for me. This life is to be lived not looked back on with 'what if'. If you love it, make it happen. Follow your dreams with confidence. And if you're doing it primarily for income, really honestly question yourself as to whether it's truly your passion, because it's going to take compromise and drive that only true passion can provide.



www.jennalamornapilates.com

During the day Sophie Darwin is responsible for the marketing and events at Careers Jersey. This diverse role can see her doing anything from organising the Jersey Skills Show to writing website copy or planning a social media campaign. Her second job sees her get behind the lens as a wedding and family lifestyle photographer at Sophie Winter Photography.

How did you get the idea to start your second job? Photography began as a hobby and as I began defining my style I started to share my images on Facebook and Instagram. I then started to get enquiries and my business has grown, mostly through word-of-mouth, since then. At the beginning, I was lucky to spend a summer second shooting weddings with Andy Le Gresley. This unpaid work was probably the most valuable of my photography career and it was here that I realised that photography was something I needed to do for me. My first solo wedding came about when my friend asked me to shoot her big day. She had total faith in me but I was so nervous I barely slept the night before, terrified that I was going to mess up... but I didn't. In fact, I loved it and those images are still some of the favourite I've ever taken.

“I think the second job needs to come from the heart, it has to be a passion, otherwise it will be hard to find the motivation to pursue it after working a busy week. Life is too short for regrets. If it makes your heart sing then go for it.”

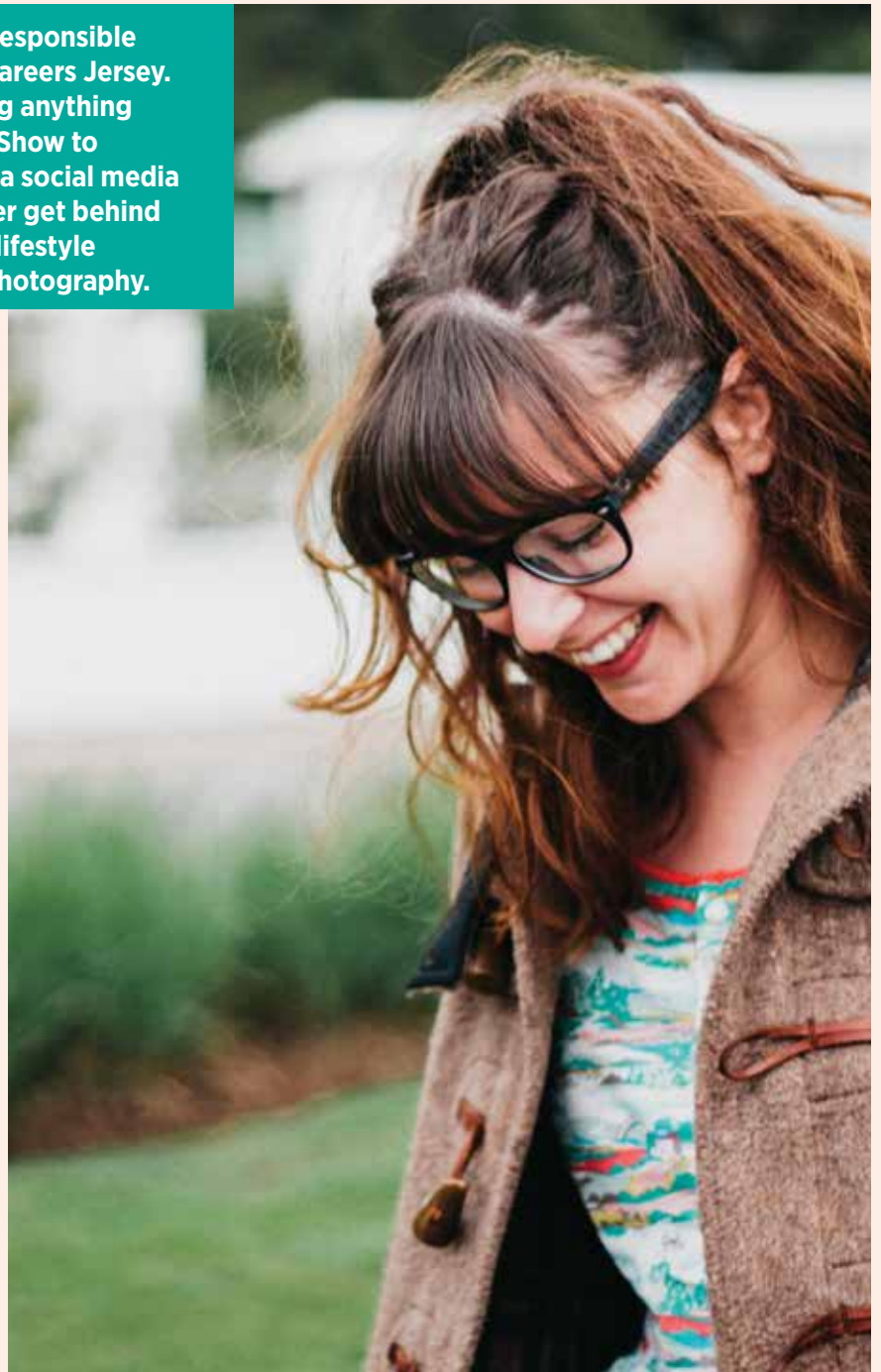
When you've worked a full on day or week at the day job, how do you motivate yourself to start job number two? I could definitely do with a few more hours in the day but the key is to be organised and realistic with what I can actually achieve. I limit the number of weddings I do in a year because I want to be the best I can be and I don't want either of my roles to suffer from creative fatigue. I'm in the privileged position where photography isn't something I have to do. I do it because I'm passionate about capturing moments for my clients so it rarely feels like work.

You have more of a work, work balance, do you have any time to do anything else?

It definitely feels that way sometimes. However, I'm in this blessed position where I love both my jobs and I wouldn't want to give up either of them. We had a baby last year and since returning to Careers Jersey I've reduced my hours to make sure I'm getting the right balance for our daughter. Having a young baby is definitely the toughest job of all and I often find myself plagued with mum guilt when I'm tucked away editing. Thankfully my partner is my

rock, he even second shoots weddings with me so we're a team in life and work.

Any top tips for those looking to 'not give up the day job' and turn their hobby into another income stream? I think the second job needs to come from the heart, it has to be a passion, otherwise it will be hard to find the motivation to pursue it after working a busy week. Life is too short for regrets. If it makes your heart sing then go for it.



Francesca Kubas Cronin first came up with the idea of Be.Tribe, her company curating superblends here in Jersey, whilst working as a full time personal assistant. Having launched Be. to the world in late 2016 she is now working part time whilst promoting and developing her brand.

Tell us about Be. Be. is a range of specifically curated protein, superfood and adaptogen blends, which you can add to smoothies, overnight oats, yoghurt pots etc. Lots of products out there are either taste gross, or they're packed with fillers or sweeteners, but Be. is 100% plant based, raw, organic, super goodness only and they taste good - yup, even the green one. It's exciting because it's this little baby that's just starting to go out into the world. We sell directly online and locally we're stocked in Nude and 100% Health. We've also got retail stockists in Paris. The blends are currently being distributed by a couple of the U.K.s leading health food delivery boxes and the products are getting amazing feedback.

When you first started Be. you were balancing a very intense job, how did you find the time to focus on your idea?

Well the idea actually came about by virtue of the fact I had no time. My job was incredibly challenging and fast paced, which I loved but it was full on, 24/7. Prioritising wellbeing is crucial when it comes to coping with stress. I always started my day with a green smoothie, which I packed with protein and superfoods - I even used to carry pouches of powders I'd pre-mix when I travelled, because I knew I felt better starting my day with the right kind of fuel.

Now you've lessened your day job hours slightly, how do you stay motivated?

It's the classic 'if you're doing something you have a passion for' answer, but if you're genuinely excited by it, then motivation is always there. I'm fascinated by branding and believe if you know your 'why' then it will keep driving you forward. Also, I kinda started it now, so I guess I should keep going.

How do you manage a work/life balance, is there such a thing?

Nowadays the boundary between work and home is blurred for a lot of people, but such is modern life. I feel I've got a good balance. When I'm doing stuff for Be. I just see it as a necessary part of getting it where I want to go, rather than 'work', so I guess it's a mindset thing. I'm obsessed with podcasts and everywhere I walk I'm always plugged in learning, so maybe I blur the lines myself

by filling 'life' with 'work' type things, but I see it as a win/win. We're lucky in Jersey, you can always get to the beach for some fresh air and sun on your face - even if it's for 30 minutes - it's the best way to reset.

Any advice for those with the spark of an idea? Explore it! Do the research. Do the numbers - then do them again. If they add up, talk to people, see how the idea is received. Set mini goals for each next step. At every step if it seems feasible to continue, then do it. Decide where you want to be and start making practical steps towards it - you're more capable than you realise.

"Nowadays the boundary between work and home is blurred for a lot of people, but such is modern life.

I feel I've got a good balance. When I'm doing stuff for Be. I just see it as a necessary part of getting it where I want to go, rather than 'work', so I guess it's a mindset thing."





#CAREERGOALS

Are you one of those lucky people who always knew what you wanted to do when you grew up? Or have you harboured desires to break into a new career since you first started working and are currently stuck in a job that you don't enjoy? Well whatever stage you are at in your working life the team at Careers Jersey are on hand to help you.

Based in the Social Security building on La Motte Street, this arm of the Education Department are on hand to help not just those embarking on the first steps towards working life but also those of us that have been working for a number of years and are perhaps in a job that isn't quite cutting it anymore. Or maybe you've got a brilliant idea for a new job but just don't have the confidence or anyone else to talk to about it.

Careers Jersey have a team of qualified impartial advisers who can help you with anything and everything career related. Whether that's help with navigating the process of updating your curriculum vitae (CV) to help apply for your dream job, or even perhaps helping you work towards finding out what your dream job is.

Often the first step to making a change is the hardest, so booking your confidential appointment with an adviser is a great place to start. They're on hand to help you

through your journey and the time you spend with them is very much guided by you, it's your appointment! If you don't know what you want to do but know you're not happy with the current day job then don't be afraid to book in and see them too, it's exactly what they're there for. The team have a huge amount of knowledge and experience which they can share with you if you're not quite sure where you are heading.

"Often the first step to making a change is the hardest, so booking your confidential appointment with an adviser is a great place to start. They're on hand to help you through your journey and the time you spend with them is very much guided by you, it's your appointment!"

So you've got an interview for your dream job, what next? Whether it's simply working through the preparation prior to, or actually sitting in front of a full panel for a mock interview they can make that happen. They can take you through the whole process making it far less daunting the day you turn up to do it for real.


2017 has the chance to be an exciting year for all of us and with the help of the team at Careers Jersey that could well include the start of a journey into a new and exciting job. It doesn't matter how big or small your careers aspirations are their door is always open and they'd love to help you find your dream job.

For more information and hints and tips be sure to like them on Facebook/[careersjersey](https://www.facebook.com/careersjersey)


New Site



We are proud to announce our all new fun and functional website. Now it's even easier to find your happy place with a personalised user experience that knows just what you're after.



REGISTER ONLINE TODAY AND STAY IN THE LOOP WITH JOB ALERTS



T 871666
E jobs@park.je
W park.je



New Jobs

Senior Compliance Manager

Compliance professional is required, ideally you will have 5+ years experience gained within a Trust & Company business, you will also act as Data Protection Officer for the Jersey Business.

PARK.JE/REF/P3143

Operations - Investment Support

This is a fantastic opportunity to join a leading family office, this position is primarily responsible for corporate actions, reporting of the portfolios and supporting the investment compliance team.

PARK.JE/REF/P3331

Marketing & Communications Officer

We have a great opportunity for a passionate and dedicated Marketer looking to progress their career. You will become the go-to for recruitment advertising, you will also support the Group in identifying, writing and delivering effective communications.

PARK.JE/REF/P3208

Company Secretary Manger

We have a great opportunity for an experienced Company Secretary, ideally you will be familiar with the share transfer property market as this role involves dealing with property transactions.

PARK.JE/REF/P2904

Trainee Fund Administrator

A driven and talented school leaver is sought to join a dynamic team providing administration and management for established funds. If you have a willingness to undertake professional qualifications and want to kick start your career in a progressive organisation, this is the job for you!

PARK.JE/REF/P3323

HR Administrator

This is a fantastic opportunity for a highly organised HR Administrator who thrives in a busy environment. Ideally you would possess relevant professional qualifications and be keen to contribute to many key aspects of the business.

PARK.JE/REF/P3330

Temporary Remediation Project

Suiling an individual with previous finance exposure, you will play a pivotal role in reviewing FATCA and CRS relevant data for clients and structures of a global organisation.

PARK.JE/REF/T3306

Executive Assistant

Our client is looking for a strong Executive Assistant to provide full administrative and secretarial support to the COO, as well as offering guidance and training to other assistants in the wider banking team.

PARK.JE/REF/P3332

Client Officer - Real Estate

The role will include proactive client contact in a professional manner and in accordance with regulatory requirements, service levels and company standards so as to meet client expectations.

PARK.JE/REF/P3329



Park

www.park.je

Work Happy :)

Intertrust

Following its acquisition of Elian last year and the rebrand in December, Intertrust has arrived in Jersey. The company provides market leading funds, corporate, capital markets and private wealth services.

Carly Vardon, a manager in the Family Office team of Private Wealth was named in eprivateclient's top 35 under 35s, recognising her as a rising star of the private

client community across the UK, Channel Islands and Isle of Man. Here Carly talks about the evolution of her career so far.

Intertrust recently completed its rebrand of Elian in Jersey. What has changed and what has stayed the same? The name above the door has certainly changed but it is business as usual. We continue to provide market leading services and exceptional client service which is underpinned by our people-focused culture. We're now part of a wider global network, which not only makes us a much stronger proposition for clients and business partners but also opens up a host of exciting opportunities for employees. These include a global mobility programme that enables movement between Intertrust's offices for short, medium and long-term placements.

How long have you been working in the Finance industry? I joined Ogier as a graduate and completed my training contract with them, qualifying as a solicitor of England and Wales in September 2008. During this time I worked in a number of different teams, including Banking, Corporate and Commercial, Commercial Litigation and Funds, before taking a permanent role as an Associate in the Corporate and Commercial team. In 2010 I moved to the fiduciary business, working in Funds and then moved to Private Wealth in August 2013. All the experience I've gained to date has equipped me with a varied skill set that has really benefited me when dealing with the challenges and complexities of the private wealth industry.

What is your team working on at the moment? I work in a team of ten and on behalf of our client, a high net worth family, we are responsible for a variety of commercial and lifestyle assets in their multi-jurisdictional structure. I oversee and manage the family's transactions such as acquisitions, disposals, financing and refinancing.

What do you enjoy about working in Private Wealth / what do you most enjoy about your role? I like the variety of my role and really enjoy working in the Family Office team. I have to develop creative solutions to solve complex problems and thrive on this challenging part of my role. Intertrust invests in its employees, supports flexible working and has allowed me to work in different departments to broaden my knowledge and experience. We build strong relationships with our clients and business partners which is something I enjoy and we are all very proud of. The private wealth team is continually growing and there are some fantastic opportunities for administrators who want to take their first step into the private wealth industry which I would really encourage.

To find out more about Intertrust, visit www.intertrustgroup.com.





Intertrust has acquired
Elia. Join the company
that's raising the bar.

Find out more about our career opportunities at:
intertrustgroup.com/careers
facebook.com/intertrustjersey



www.intertrustgroup.com/careers

Authorised and regulated by the Jersey Financial Services Commission.

Movers&Shakers

EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



Zedra expands team in Jersey

Independent trust, corporate and fund services company ZEDRA has expanded its team in Jersey. The company has welcomed six new recruits into its Trust and Compliance teams.

Four of the roles are new positions, representing ZEDRA's growth in services and its expanding client portfolio. In the Trust department, Daniel Newton and Jessica Bacon have joined as Assistant Trust Administrators, Tegan Carre as a Trust Administrator and Claire Harte as a Trust Officer.

The Corporate Due Diligence (CDD) team have also welcomed two new hires in Leanne Wilkinson and Michelle Harvey. The strengthening of the CDD team reflects increasing demands and complexity in the industry, as well as ZEDRA's desire to have a specialist team of subject matter experts.

The new team members bring a varied skill set gained from previous roles in Tax, Trust and Private Client firms. One hire joins the team after re-locating from Guernsey and another is returning to full-time employment after being in a temporary position after having two children. As an employer of choice, ZEDRA encourages recruitment from all sectors and the company has excellent policies for supporting candidates who wish to get back into work. The company also supports the States of Jersey Advance to Work and Back to Work employment schemes.



New HR Head for HSBC Channel Islands and Isle of Man

In her new role, Elvina Aghajanyan will lead the HR division of the Bank, driving business performance through growing the careers of HSBC staff and ensuring their experience at the bank is both rewarding and challenging, a key strategy for HSBC.

With twenty years' experience of working at HSBC, Elvina started as a cashier in a branch in her home country of Armenia and subsequently held a number of different roles supporting customers and managing teams across the retail banking area.

She then made the move into Human Resources, first in Armenia and then taking on senior HR roles with a Europe-wide remit.



First Names Group appoints Simon Radford as Non-Executive Director

Simon Radford has been appointed Non-Executive Director to its Group Board. He will bring independent judgement and thought on all issues concerning strategy, performance and resource. He will also Chair the Group's Audit and Risk Committees.

With over 40 years' financial experience, Simon is highly respected in the professional services sector. A Chartered Accountant, he held senior roles in global accountancy firm Deloitte before becoming Chief Financial Officer at a Jersey based international fund administration business.



Got something to

SHOUT ABOUT?!

Email your news to business@gallery.je

let's talk

YOUR CAREER



View all job opportunities
online on our **new website**
www.glsrecruitment.com

**Brilliant Careers
for Brilliant People**

[f](#) [t](#) [in](#) / 852111 / glsrecruitment.com

GLS
RECRUITMENT



COMBINED BANKING &
INVESTMENT ACCOUNT
APPLICATION FORM
ACCOUNT FOR ALL YOUR CURRENCIES
BANKING SOLUTION FOR INTERNATIONAL TRAVEL
POINT OF CONTACT
REPORT FOR ALL YOUR ASSETS

FOCUS, THE ALL IN ONE ACCOUNT

The complete solution from an award-winning international private bank*.

To find out more, visit www.nedbankprivatewealth.com.

*International Fund & Product Awards Winner 2016:
Best International Private Banking Service (non-UK)
Best International Wealth Management Provider (UK)



NEDBANK

PRIVATE WEALTH
SINCE 1834

JERSEY | ISLE OF MAN | UNITED KINGDOM | UNITED ARAB EMIRATES | SOUTH AFRICA

The value of investments and the income from them can fall as well as rise and you may not get back the original amount invested. Exchange rate changes may affect the value of investments. Nedbank Private Wealth is a registered trade name of Nedbank Private Wealth Limited. The parent of Nedbank Private Wealth Limited is Nedbank Group Limited, which is incorporated in South Africa and is regulated by the South African Reserve Bank. The ultimate parent of Nedbank Private Wealth Limited is Old Mutual plc, which is incorporated in England and Wales. The latest audited report and accounts, and details of the credit rating are available at www.nedbankprivatewealth.com. Nedbank Private Wealth Limited is licensed by the Isle of Man Financial Services Authority and is a participant in the Isle of Man Depositors' Compensation Scheme as set out in the Compensation of Depositors Regulations 2010. For full details, please see www.iomfsa.im. Registered office: St Mary's Court 20 Hill Street Douglas Isle of Man. The Jersey branch is regulated by the Jersey Financial Services Commission and is a participant in the Jersey Banking Depositor Compensation Scheme. See www.gov.je/dcs for full details of the Scheme and banking groups covered. The London branch is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Registration No: 313189. Your eligible deposits with Nedbank Private Wealth Limited, London branch, are protected up to a total of £75,000 by the Financial Services Compensation Scheme, the UK's deposit guarantee scheme. Any deposits you hold above the £75,000 limit are unlikely to be covered. Please ask for further information or visit www.fscs.org.uk. The UAE representative office in Dubai is licensed by the Central Bank of UAE. Licence No: 13/191/2013. Representation in South Africa is through Nedbank Limited. Registered in South Africa with Registration No 1951/000009/06, an authorised financial services and registered credit provider (NCRCP16).

Movers&Shakers

EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



Four associate director appointments strengthen Hawksford's senior team

Hawksford has strengthened its governance, private client and funds teams with four associate director appointments.

David Hart joins as associate director of Hawksford's risk, governance and compliance (RGC) team. He's worked in the financial services industry for 40 years, with his career experience spanning the insurance, private client and compliance sectors.

Compliance specialist Nicky Longmuir has also been appointed an Associate Director within RGC. Nicky is Hawksford's MLRO and as part of her money laundering reporting duties.

Laura Le Meur, who joined Hawksford as a trainee in 2007, is now an associate director in recognition of the significant technical expertise she brings to the private client team.

Keith McSorley, who has nearly 20 years' industry experience, has joined Hawksford as associate director of funds.

Michel van Leeuwen, Group Chief Executive said, 'David, Nicky, Laura and Keith bring significant strength and depth to Hawksford's compliance, private client and funds offerings.'



Exam success for Voisin Solicitor

Daniel Walker was sworn in as a Jersey solicitor of the Royal Court on 12th December 2016 after successfully completing the Jersey Law exams. Mr Walker is also a member of the Law Society of England and Wales and joined Voisin in 2006. He advises on all aspects of Jersey corporate, security and banking law with particular expertise in acting for real estate developers in relation to real estate finance, restructurings and property acquisition.

Ian Strang, Managing Partner of Voisin, commented: 'We are delighted that Daniel has successfully qualified as a Jersey Solicitor and are very proud of his hard work and commitment throughout his training, exams and work with Voisin. The Jersey Law Exams are a very challenging process, but one that is required for practicing in the island. It's extremely important for us to support and invest in people as much as possible. By allowing the team to progress we ensure that our services will follow suit. Daniel continues to demonstrate his value to our team, we have no doubt that Daniel will make an excellent Jersey Solicitor and we look forward to supporting him through the next stages of his career.'

The team at Love Wine is expanding

Independent wine merchant Love Wine have made two recruitments to bolster their passionate and knowledgeable team. Mathieu Dubourg has joined Love Wine as a shop sales assistant whilst cocktail connoisseur, Kevin Metcalfe joins as a new sales and retail marketing manager.

Chris Rogers, Director of Love Wine, said: "Recruiting Mathieu is a real coup and his experience - particularly with wine - is exceptional. I look forward to working with him in the future and seeing what fresh angle he can bring to the Love Wine team."

He added: "Our growth means that it now makes sound business sense to recruit a Sales and Retail Marketing Manager and our new team creates an atmosphere of professionalism and commitment to cater to a range of tastes."





SANNE promotes 45 of its people across the organisation's global business

The 45 promotions at SANNE, which were spread across seven jurisdictions, were at all levels of the organisation including eight senior administrators, five assistant managers, 11 managers, ten senior managers, six associate directors and five directors.

Matthew Morel has been promoted to the position of director of marketing and corporate communications in a group role. Angelo Orosco and Marian Suguitan have both been promoted as divisional directors within SANNE's Private Debt & Capital Markets division. Jonathan Wilkinson and Paul Clohesy have been promoted as directors within SANNE's Real Estate and Treasury divisions respectively.

Phil Godley, Senior Managing Director at SANNE, said, 'As a business we invest a great deal of time and resources into recruiting, nurturing and training our people across all locations. Our business is a meritocracy where we offer people a rewarding working environment, where individuals are encouraged to perform and feel engaged to be part of a winning team. The high number of promotions across the group demonstrates our commitment to cultivating and enhancing talent, helping staff to develop at all stages of their careers and reward strong consistent performance.'

'I would like to congratulate Matthew, Angelo, Marian, Jonathan and Paul, who have all demonstrated consistent results and added value to their teams and the wider business, displaying their director level qualities on a regular basis. I would also like to congratulate all of my colleagues who have been promoted,' concluded Phil Godley.

Canaccord Genuity Wealth Management appoints investment director

Experienced wealth management professional Spencer Mariscal has been appointed as an investment dealing team director at Canaccord Genuity Wealth Management in Jersey.

Mr Mariscal re-joins Canaccord Genuity Wealth Management (he worked at Collins Stewart from 1996 – 2010) from Brooks Macdonald where he was head of fixed income advisory and dealing.

Mr Mariscal provides fixed income advice and execution services to institutional clients, credit funds and ultra-high net-worth private clients. In his new role at Canaccord Genuity Wealth Management, he will also sit on the advisory fixed income and fixed income credit committees.



Let's Hear It For The Girls!

WORDS Marie-Clara Thareux,
Director at GLS Outsourcing

This month's theme 'Who Rules the World.. Girls' felt like a perfect time to take a quick look at 'Men Vs Women' in the workplace.

Numerous studies on the topic of gender inequality in the workplace give an overriding perspective that it's prevalent and it's a problem.

Whilst most studies focus on inequality at the top tiers of employment, specifically women at board level. Other studies make a strong case of inequality being present at the beginning of employment, suggesting that previously perceived barriers to equality such as children, care-giving, an adversity to senior positions due to commitments or other breaks in employment are, in fact, not the beginning of this trend.

Over the last decade, male graduates have consistently outranked their female counterparts in entering employment, not only securing more senior positions, despite similar skills and education, but are also expected to earn a whopping 20% more in their first post-grad position. (Princes Trust). However, the same studies have further identified that companies (across all sectors) boasting strong female representation on the board, consistently outperform companies that don't (McKinsey). This is not news, previous years have seen a significant increase in initiatives to progress women in the workplace, favouring a training focused approach over that of positive discrimination, to give us a truly equal playing field.

I can't help but feel if women really did 'Rule the World', I would be re-writing this article to show a lack of male perspective. True equality seems to offer the best results and with women making up 57% of those employed, a truly equal workforce shouldn't be too far ahead.

Movers&Shakers

EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



Key appointments mark new era for Alex Picot Trust

An independent Jersey trust company has reinforced its team with the appointment of a tax consultant and a marketing manager. The appointments mark the next chapter in the history of Alex Picot Trust Company Ltd which now operates independently to Alex Picot Chartered Accountants. Remaining fully committed to the traditional values of personal service and reasonable fees that the trust business has been forged upon, Alex Picot Trust is today lead by three directors; Andrew Le Cheminant; Derek Rhodes; and Chris Cotillard.

Tax consultant Hannah Roynon-Jones, joined Alex Picot Trust from the tax department of a Big Four firm to provide Jersey and UK tax compliance, and oversee the exchange of information reporting including FATCA and CRS (Common Reporting Standard). Within this newly created role, she draws on her wide knowledge of UK tax including ATED (Annual Tax on Enveloped Dwellings); non-resident Capital Gains Tax; the non-resident landlord scheme; and UK domiciliary tax regulation.

Meanwhile, communications professional Pauline Ramskill joins Alex Picot Trust to take responsibility for developing and delivering its marketing plans, while supporting the directors in their business development activities.

Andrew Le Cheminant said "We're delighted to announce these two key appointments which demonstrate a period of growth for Alex Picot Trust. Since joining us Hannah's expertise has proven invaluable particularly in supporting our clients to comply with a number of global tax changes, most notably planning ahead for UK tax reforms around UK non-domicile and inheritance tax rules due next year. In appointing Pauline to manage our marketing we are ensuring that our brand presence, both locally and globally, continues to develop in an ever increasingly competitive global market."

Both Alex Picot Chartered Accountants and Alex Picot Trust continue as members of Kreston International, a worldwide network of independent accountancy firms.

Jersey Community Partnership appoint CEO

Katie Griffiths will be responsible for the day to day management of the Partnership and will focus on bringing projects and partnerships to fruition to benefit the voluntary sector on the Island.

Until recently, Katie was Director for the One Foundation and Jersey Sport Foundation and was pivotal in establishing and developing the charitable organisations for over five years. Katie has also founded and operated a successful relocation business and has over 15 years experience in the Jersey Finance Industry holding senior administrative and human resource positions within leading accountancy and legal firms.

Katie is an Associate of the Chartered Institute of Personnel and Development (Assoc CIPD). Nigel Smith, Chairman of the Jersey Community Partnership added: "This is a very exciting time for the partnership and it is essential that we have the right structure in place to deliver our vision. It's great to have Katie on board, she brings a depth of experience and skills which will be invaluable to the partnership."



Two promotions at the CISE

Mark Oliphant is now Head of Communications and Cameron Craine has been promoted to Manager within the listings admissions team at The Channel Islands Securities Exchange (CISE).

Fiona Le Poidevin, CEO of the CISE, said: "I am extremely pleased that Mark and Cameron have been promoted. This is recognition that both of them have been consistently operating at a high standard, just one of the elements that have helped contribute to the success of the business during the last year."

Mr Oliphant joined the CISE in June 2015, having previously spent nearly a decade at Guernsey Finance promoting the island's finance industry to a global audience. A former journalist, he has a Diploma in Public Relations and recently qualified as a Chartered Practitioner of the Chartered Institute of Public Relations (CIPR) and is currently Vice Chairman of the Channel Islands Group of the CIPR.

Prior to moving Guernsey and joining the Exchange in May 2011, Mr Craine previously worked as an Account Manager within the sales and marketing team for NZX Agri, a rural publications company owned by the New Zealand Stock Exchange.



SPORT



PHOTOS Steve Lund

Anyone who watches UFC knows that Mixed Martial Arts (MMA) is dominated by men. So what made these two 20-something-women take on the challenge of becoming MMA champs in just 12 weeks?

Meet the two strangers, and only females taking part in Jersey's very first White Collar MMA event – and hear how they're feeling about fighting each other in April.

Jess Stanier

What do you do as a day job? Marketing Manager at Liberty Bus

Do you have a name for your fighting alter ego? I've been told it should be 'The Monster'

What inspired you to take up cage fighting? Challenging myself, and challenging stereotypes... I like to do things that people say I can't.

If you could choose a dream opponent who would it be? Kiera Knightly, because I can't stand her.

Do you have a cage fighting idol? I feel like everyone's MMA idol is Conor McGregor, because he is an awesome fighter but also full of arrogance. He's a proper entertainer.

If you were a superhero who would you be and why? Does Beyonce count as a superhero?

How does it feel knowing you're going to be fighting each other at the end of your training? Very strange. We met at the first training session, and obviously were drawn to each other as the only girls in the camp. We get on really well, and are always laughing and messaging each other between sessions. But when we started the second week, Soph had to pin me down and go for my face.... I am not going to lie, she looked terrifying! She keeps saying 'Look, on the night just don't break my nose. Hit my face but just not my nose.'

Sophie Hoynes

What do you do as a day job? I work part time at Le Gallais & Luce as an office junior three days per week. I study the remainder of the week.

Do you have a name for your fighting alter ego? I don't think anyone other than Jess has seen me fight and you are meant to be 'given' your name... so no! Maybe I need to ask Jess to give me one!

What inspired you to take up cage fighting? My boss, Paul Scally, told me that if I wanted to do the MMA fight he would sponsor me so I thought it would be a good opportunity to do something that scares me!

If you could choose a dream opponent who would it be? Taylor Swift!

Do you have a cage fighting idol? Being from Ireland, I have to say Conor McGregor, don't I!?

If you were a superhero who would you be and why? Batman, because he's the best!

How does it feel knowing you're going to be fighting each other at the end of your training? Jess and I get on really well and have done since the second we got there. We were both really nervous at first but now we really enjoy the training. I guess it takes a little bit off the edge of my nerves knowing I'm up against Jess instead of getting in with someone I've never met before; but I'm still petrified!



- Multiple Membership Options
- Over 70 Studio & Gym Floor Classes per week
- LifeFitness Cardio Equipment
- Upperbody & Lowerbody Freeweights areas
- Functional Training Area including TRX, ViPR, Kettlebells & Bosu
- Watt Bike Trainers & Water Rowers
- Sauna & Steam Rooms
- Sunbeds
- New Food line available to purchase



Experience Fitness First

To try us for **free** with a one day pass call us on 752400
Find us on the Waterfront next to Aquasplash



Fitness First
J E R S E Y L T D

Sport News



Women on the run

The Standard Chartered Jersey Marathon returns for its twelfth event on 1 October 2017 and this year organisers are challenging more women to take on the special running challenge.

Last year was a brilliant year for women participating in sport. We saw a new course record set by the SportsHub ladies team when winning the Mourant Ozannes Relay Race. Sport England reported the number of women playing sport reached an all-time high of 7.21 million since the organisation launched its "this girl can" campaign in 2014. In addition the Rio 2016 Olympics also saw a huge strong female influence, reports have suggested approximately 45% of participants were women, which is the highest number of female competitors to date. More women are feeling motivated and are becoming more active, adventurous and taking on challenges.

Many running clubs in Jersey such as Park Run, Jersey Joggers and Jersey Girls Can, are offering support through training evenings, and encouraging women of all ages and abilities to become more active and get out and run. With running being a popular and affordable means of daily

exercise, what a great year to put your daily training into practice and commit to taking on a special running challenge.

The Standard Chartered Jersey Marathon has something for women of all ages and abilities; The full Jersey Marathon route of 26.2 miles provides an opportunity to apply all of your hard work and training to a professional and challenging endurance race.

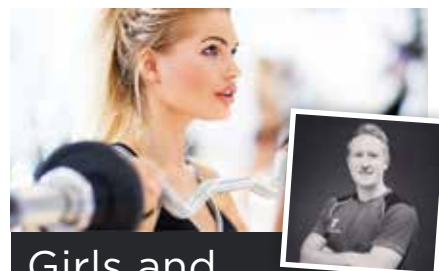
The Mourant Ozannes Relay race is the perfect opportunity for women to gather friends, family and colleagues and form a team of five to complete the full marathon course in separate legs.

For runners who may not yet be at the advanced running stage, the 3K Fun Run is a good distance for your first running challenge, whilst having fun, mothers can even run with their children (aged 9+) and of course fancy dress is most welcome!

Looking to tackle a new sport?

Jersey Reds Ladies rugby team have been representing the island for over 10 years now and if you're looking to give rugby a try then this is the perfect year to get involved. Taking a break from their league commitments the ladies are concentrating on developing a new squad of players ready to tackle re-entering the league next season. Training sessions include skills, fitness and match play – with an introduction to tackling. The key focus of the sessions is to celebrate feminine toughness and empower women through the sport. These are inclusive, enjoyable and informative sessions which encourage women to play to their strengths whether you're brand new to rugby, a sofa supporter or a returning player.

The ladies currently train on a Tuesday evenings at 7pm, Jersey Rugby Club, St Peters. For more information find them on facebook/ JerseyLadiesRugby or email jerseyredsladiesrugby@gmail.com



Girls and strength training

WORDS Michael Hale, Health & Fitness Manager at Fitness First

In the 14 years that I have been in the fitness industry, a whole lot has changed. Health and fitness is no longer deemed as a chore or is only undertaken as a directive from GPs and health professionals. It is now ingrained in people's every day lives.

Women's fitness is growing at a rate that has never been experienced before. Gone are the days where the weights areas in the gym are full of muscle clad men!

Education in this industry is vital for our members and clients to maximise their results, to understand why they are completing certain exercises and workouts. With this heightened education, more and more women are turning to strength training. The biggest misconception with strength training is that it will make women 'look bulky'. Lifting weights has many benefits, which alongside a clean, balanced diet, will help you look and feel fitter, increase your metabolism, develop better body mechanics and will play a role in injury and disease prevention.

With recent changes at Fitness First, we want to hit the ground running in 2017! We offer a variety of classes and workouts that are aimed at all ages and abilities. Our fully qualified Fitness Team deliver high quality workouts that will help you progress in your fitness journey, which will ultimately help you to achieve your goal quicker.

Why not come and try our Women Only – Functional Strength Class that starts on Wednesday 1st February!





HARDWARE



WHO RUNS THE WORLD?

WORDS Russ Atkinson

...OF MAPS AND NAVIGATION? THANKS TO A RECENT MOTOR CONSORTIUM BUYOUT OF NOKIA'S *HERE* TECHNOLOGY, THE ANSWER IS MOST CERTAINLY NOT APPLE OR GOOGLE.

Considering there are only a surprisingly small handful of vehicle manufacturers globally these days with buyouts and brand swapping rife, you might be surprised to read that Germany's most dominant three independent car making behemoths Daimler, BMW and Audi have joined forces in a shrewd play to outwit Apple and Google from dominating the mapping, navigation and, most crucially, the autonomous vehicle worlds.

Not wanting the giants of Silicon Valley to hold all of the cards when it comes to the way that we navigate the world, the three German giants decided to secure *Here*, an open source technology platform formerly owned and developed by Finnish telecommunication company Nokia. Here's the twist (no pun intended); they're going to keep it open source. That's great for everyone, especially current and future users of the cost-free *Here We Go* navigation software and maps and it isn't to say that other manufacturers won't be able

to access what *Here* has to offer, of course, it just ensures those guys and girls in Silicon Valley won't be able to seize control over what is a constantly, and rapidly, developing technology market.

Possibly the most interesting knock-on effect of this transaction, the first of its

dubious regulation of driver working hours but implementing their own autonomous vehicles would not only have the potential to lower the cost base further in time by removing the cost of paying the drivers entirely, but also solve the issue of the drivers complaining in the first place. Thankfully, remaining cabbies worldwide

“What's an open-source mapping company used for free by millions of users globally got to do with autonomous vehicles anyway?”

kind in the automotive market, is that the bidding didn't fall in favour of Californian headquartered global transportation company Uber. Why, you ask, when Uber's drivers already have access to GPS through the Uber app? The answer is, of course: autonomous vehicles.

Uber's cost base is already allegedly controversially low having received their fair share of backlash about low wages and

who haven't had to hang up their keys in the face of competition will all still be able to complain about it though, keeping them busy in between reading the tabloids and drinking tea, what with their work being steadily stolen by robots. On the bright side for the end user though, if the autonomous Ubers are anything like Siri or Alexa the chat during your trip might even be tolerable.

What's an open-source mapping company used for free by millions of users globally got to do with autonomous vehicles anyway? The answer is simple: metadata. Autonomous vehicles aren't programmed to drive a set course manually; they learn. The way they learn is by analysing real world data generated by humans and derived from free-thought, something that computers are thankfully not entirely capable of yet, as they drive, enabling them to determine the safest way for them to pilot themselves down a particular road at a particular time of day and it's access to this kind of data generated by the location services used by the general public

Even Facebook utilises Here maps, and the more users that are generating data, the more effectively autonomous vehicles will be able to teach themselves to drive safely (in conjunction with other technologies).

It's also cheaper to buy in to an established technology company than start your own, or pay Google and Apple for potentially restricted access to user data and infrastructure, not to mention the disparity in development cycles between the technology and automotive industries; typically five to seven months versus five to seven years respectively. Those two mindsets just don't mix, another good reason not to start from



ABOVE: Taking 'hands free' to an entirely new level...Or should that be Hans free?

that's going to be crucial in developing the technology. Think of your connected vehicle as the ultimate mobile device. An apt concept, given BMW already tout their products as the *ultimate driving machine*.

Did I mention that the *Here* platform is already used by around 80% of in-car navigation systems currently in operation? That's crucial to why this deal is so important. The market share and therefore access to plentiful and continuous user generated data is almost inconceivably valuable and the economies of scale that can be achieved by securing access to this technology with your competitors in a bid to ensure it remains open source and therefore both popular and more valuable still. User generated data isn't just a reference to the metadata produced as the *Here*-equipped vehicles currently on the roads and reporting user statistics but also *Here* users' ability to log in and create the maps themselves in geographic areas where they don't currently exist in the system.

the ground up in-house. Incidentally, if you're concerned that this all sounds a little Orwellian, think less about PRISM and more about avoiding bad weather and traffic jams. Nobody likes bad weather, traffic jams or mass surveillance, after all. Maybe we should just be glad that the acquisition undertaken by Baidu, just in case anybody using an autonomous vehicle to get to a hospital ended up at a sponsored search result rather than a more reputable one...*

So whilst the future of driverless vehicles is still blurrier than a registration plate viewed at a distance of more than the regulation 20 metres that faces anyone taking a driving test, one thing is clear and that's Nokia's rationale for selling off the *Here* platform. Put simply, following their recent acquisition of Alcatel-Lucent it simply no longer fits into their masterplan; to concentrate on building mobile handsets just like the good old days. If the numbers '3210' mean anything at all to you then you'll know exactly what I mean.

**Google Wai Zexi if you're not familiar with the story. Definitely use Google though, rather than the Baidu search engine. That won't yield many hits!*



TAKE THAT, BOYS!

By the time stage seven of twelve in the world's toughest and inarguably the most dangerous motorsport event had passed only one female competitor remained in the motorbike category; Laia Sanz.



The 31 year old Spaniard went on to complete the 5,500 mile Dakar rally raid event, 2017 being her seventh entry, in 16th place overall on her KTM 450 Rally Replica. In an event where even finishing is an achievement in itself, 16th place definitely isn't to be sniffed at. Speaking of the sniffles, her previous attempt resulted in crossing the finish line in 15th despite suffering a fever for the last three stages (it's important to note for those unfamiliar with the Dakar that each stage takes place over a full day with riders and drivers facing stages with competitive distances of nearly 500km to tackle, not to mention the kilometres clocked up during liaison, the sections travelled between the bivouac and the stage start and finish lines).

It certainly isn't a ride in the woods though, so to speak, as Russian rider Anastasia Nifontova discovered as her attempts to lift her stricken bike were caught on television camera. Utterly exhausted and just kilometres from the end of a special stage she was unable to right her 183kg machine in the soft sand after a fall and you can't help but sympathise with her struggle in the footage. The rules forbid cameramen to assist competitors in any way, rendering the cameraman capturing the footage unable to do anything except continue filming her struggle. Eventually, after a number of riders had overtaken the stricken Russian a knight in not-so-shining body armour in the form of French rider Gregory Morat stopped to give her a hand lifting the bike, patted her on the shoulder and wished her well. This chivalrous behaviour was shrugged off in atypical Gallic fashion by Morat, but hats off to him for assisting. What goes around, comes around, after all.

Gadgets for Girls

WORDS Rebecca Evans

(WHO RUN THE WORLD)

We all know one of those girls. Maybe she's a colleague, your sister, or that girl you occasionally see in Costa. They're the girls who always seem to have it **TOGETHER**. Consistently airbrush perfect, stylish, capable, prepared for anything. They're the living embodiment of every carefully filtered Instagram story you've ever seen. *They run the world.*

I am the opposite of her. Chaotic, unkempt, often inappropriate, the last time I was on time was in 2004. At 33, I'm still waiting to feel like a grown up. Thankfully, wine-fuelled honesty from friends assures me that I'm not alone in this persistent inability to manage adult life.

So when asked to write a gadgets feature for this particular issue, I got to thinking that surely in this age of technology, there are products that can help in the pursuit of running our individual worlds - or at least seeming like we do. Turns out I was right...

The Raden Suitcase

Whilst those girls are sweeping gracefully through the airport, I am more often found red-faced and sweaty, on the floor of the departures hall. Suitcase open, as I try frantically to shuffle my belongings into a combination that avoids the dreaded excess baggage charges.

Thank goodness then, for the marvellous Raden suitcase. Not only feather-light and steel-strong, Raden cases have clever inbuilt technology. Most excitingly for an over-packer like me, these cases are capable of weighing their own contents, then communicating both the weight and percentage of your luggage allowance to the handy accompanying app. I know what you're thinking - that's great if your phone is charged. Well this suitcase also happens to have 2 USB ports, and is capable of harbouring enough juice for four full phone charges.

If that wasn't clever enough, the proximity sensor will let you know exactly when your case is about to appear on the baggage carousel, allowing you to sit back and avoid the unseemly tussle of people all trying to be closest to the belt. All that AND a super stylish and easy to manoeuvre design? It's an open and shut case.

Raden Suitcases are available from Selfridges www.selfridges.com and start at £250 for carry-on size.



Sony QX100 Lens-Style Camera

If you're anything like me, you will at some point have compared your own Instagram or Facebook photos to the ones belonging to those girls. Every time I open a social media app I am bombarded with countless images of gorgeous local landscapes, exotic holiday destinations, and smiling groups of perfectly in-focus friends. Conversely, every time I open my camera roll, I'm confronted with a series of blurry, dark, off-centre pictures of myself with Snapchat dog ears.

The Sony QX100 may just have come to my rescue. Small and light enough to pop in a handbag, this snazzy gadget turns any smartphone into a high-performance camera. Connect via WiFi or NFC (depending on the make of your phone) and you're ready to start snapping and sharing.

Functions can be controlled either via your smartphone, or manually using the control ring on the lens itself. With

20.2 mega pixels and a 3.6x optical zoom this lens delivers rich and detailed images that will turn you from amateur snapper to Annie Leibovitz in an instant, and the diminutive size allows you to experiment with angles beyond the reach of conventional SLR cameras.

If still images are not your thing, the Sony QX100 can also shoot high quality HD video movies.

It's not cheap, but you can't put a price on those FOMO worthy pictures.



The Sony QX100 is available from Fotosound for £237.97



Epson XP -960 A3 Printer

Once your camera roll is full of gorgeous pictures, you're going to want to show them off, right? And after all, you got those photo frames for Christmas that are currently taking pride of place in your hallway, the toothy child model that came as standard ready to greet all comers (or is that just me?).

That's where the Epson XP-960 comes in. Utilising 6-colour Claria photo HD ink, this home printer can create pin-sharp professional quality prints and documents up to A3 size, and takes just seconds to produce a standard 6x4 photograph. Wireless printing from your phone or tablet is made easy with the Epson iPrint and Epson Creative Print apps, the latter of which can pull pictures straight from Facebook, and is capable of turning your snapshots into personalised greetings cards & stationary - sorry Moonpig.

Most handy is the email print facility; allowing you to print from anywhere in the world simply by mailing your images to the printer's own unique and secure email address. Half an hour on the free Airport WiFi and your holiday snaps could be waiting for you when you get home. How's that for multi-tasking?

If the photo-printing potential wasn't enough, dual feed trays, scan facility, quick and quiet operation and a footprint similar to a standard A4 printer make the Epson a home-office must have.

The Epson XP-960 A3 is available from the Powerhouse for £169.99

Designed by you.

Be unique, design your own.

Create a bespoke engagement ring, designed by you with the help of our in-house jewellery designer.

RIVOLI
Jewellers & Silversmiths

41/43 King Street St Helier
01534 631930 www.rivolijewellers.com

Amazon Echo /
Amazon Echo Dot



If I had to name one woman that will be running the world in 2017, it would be Alexa. Launched in the UK in September 2016, chances are you already know someone who has handed over the running of their home and life to this small cylindrical device.

Like Siri's cooler big Sister, the Amazon Echo (or Alexa, to her friends) is set to revolutionise the way we organise our lives. For the uninitiated, the Echo is a totally hands free, voice controlled gadget that is ready to become your new personal assistant. From the basic features we've already become accustomed to on our smartphones; setting an alarm, checking the weather or finding the nearest coffee shop, the Echo seamlessly connects to apps such as Spotify allowing you to voice control your music, can manage your shopping list (and in some cases order it for you) and in conjunction with smart technology in your home can even control your heating, lighting and household appliances. And all without having to lift a finger.

Constantly in development the Echo is always learning, and is even smart enough to adapt to your own personal preferences. Seven inbuilt microphones make for faultless voice recognition even over background noise.

So whether you want to catch up with the local news whilst brushing your teeth, switch on the kettle before the ad-break starts, find the perfect playlist to match your mood, or simply remind yourself of the first rule of fight club (she does know the answer, I've checked), the Amazon Echo has got your back.

The Amazon Echo Dot starts from £41.66 (ex VAT) from www.amazon.co.uk

The Davek Alert Umbrella

Please forgive me for a wild card here; this item is unfortunately not currently available this side of the Atlantic, but it's about the most perfect-for-me gadget I've ever seen, so I couldn't bear not to include it.

There can barely be a pub, restaurant or shop in Jersey that I haven't left an umbrella in at some stage. Cheap ones, expensive ones, handbag sized, golfing size, It makes no difference; as soon as the rain stops falling I promptly leave it wherever I happen to be at the time. If I had a dollar for every one I'd lost, then I'd spend them on a Davek Alert.

Such a simple idea, I don't know why it's taken so long. The Davek Alert umbrella, created via a Kickstarter campaign in 2016, connects to its own accompanying app, and promptly sends an alert should your phone and your umbrella exceed a distance of 30 feet apart, allowing you to retrace your steps and retrieve your broly before it's gone forever. Ta-Da! No more turning up to meetings looking like a drowned rat.

With homing capabilities, solidly made steel and aluminium super-strong frame, 190 thread count microfibre canopy and an unconditional lifetime guarantee, this really is the only umbrella you'll ever need.

Available from www.davekny.com in the US at \$125. Watch www.davek.co.uk for future UK launch.



Fresh n' Rebel Rockbox
Power Bank

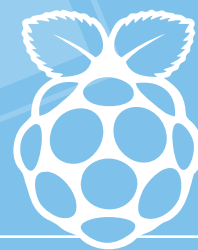
Hands up if you've ever selected a restaurant or pub table based purely on its proximity to a plug socket? If you struggle to find anything in your bag under the jumble of charger cables? If you can feel your heart rate rising as your battery percentage drops? Yep, me too.

There's no denying that smartphones have changed our lives, but they're not without downsides, and the ever dwindling battery life is probably the most annoying.

Worry no longer, the boys and girls at the Powerhouse have the answer. The Rockbox Power Bank 6000 is a handbag sized, pastel coloured, stylish solution to all your energy woes. Rechargeable between uses this smart little box holds enough power for two full phone charges, or can give a decent boost to your tablet, camera or iPod. Best of all for those in a rush, the 2.4A port swells device power twice as fast as any other charger - from zero to hero in half the time.

The Rockbox Power Bank is available from the Powerhouse for £22.99

NES MAXI: BUILD YOUR OWN RETRO-CONSOLE



WORDS Mike Haggart

The surprise gaming hit of Christmas 2016 wasn't the Playstation or Xbox, or even virtual reality, but a tiny box of games that came out in the 80s or 90s. Nintendo's NES Mini surfed a wave of nostalgia, sold out in days and produced some wincingly high prices on eBay.

It's understandable because the 30 titles included are solid gold classics, and if you could get one at RRP the whole package came in at less than two PS4 games. However, unless you're a skilled hacker you're limited to the games that come in the box, and that's it. The NES Mini can't do anything else, so if you want to play Mario World you're going to need to wait for the inevitable SNES Mini, and hope you can pre-order one before the eBay scammers. Or - you can follow this guide and build a simple alternative. Buy all the bits from Amazon for around £50, and you don't need any coding knowledge. The box will play NES games, but also SNES, Megadrive and even arcade titles. It can be expanded into a powerful media player that will receive audio from your Apple devices and play files stored on your network.

What you will need:

- Raspberry Pi 3 starter set from Amazon (contains Pi computer, case, power supply and micro SD card)
- Micro SD card reader (also from Amazon)
- Spare HDMI cable to connect the Pi to your PC or TV
- A USB gaming controller of your choice (also from Amazon, I like the SNES ones)
- PC or Mac to download the software and write it to the SD card
- An empty USB pen to transfer games to the machine
- Some patience

1. Get RetroPie and load up your SD card

Once you've bought everything above, you have a tiny computer that could do many things. We are going to tweak it so that it boots to a TV-friendly menu for selecting games, using just the controller. First go to a website called RetroPie. It's completely legal, and provides a single download that contains all the various bits to emulate individual games consoles. The site hosts a simple video that explains these steps in considerably more detail - the purpose of this article is to reassure you how simple the process is. It's really simple.

When you download RetroPie, it produces a file that you need to copy from your PC or Mac to the SD card that came with the Raspberry Pi. You don't just do that with drag and drop, you'll need to use a free bit of software to write the SD card, but the website has links to them and they are very simple to use. Don't worry about erasing the SD - that RetroPie file has the entire operating system in it. Once that's done you eject the SD card from your computer and carefully insert it into the Pi. Connect the whole lot to a TV or monitor, and have your USB controller and keyboard ready, as it is moderately fiddly to set up at first.

2. Plug it in and setup your Pi

Connect your Pi via the HDMI cable and turn it on (by plugging in the power supply, the base model doesn't even have a power switch) and after a bit of text it will eventually boot into the RetroPie menu. This will ask you to set up your controller, by simply plugging it in and then telling the machine which button is which according to the onscreen prompts. You can skip this and do the entire setup with a USB keyboard, but you'll be using the controller to play the

games, so might as well get it out of the way now. You can add extra controllers later. The really important step here is to remember which buttons you've assigned to A, B, Select and Start, because you use those to navigate the menus. Once this is complete, RetroPie will load. Scroll left to right, but you won't see any games at first. This is fine, and I'll get to that step next, just remember where the RetroPie menu is. This has various setup menus that allow for an incredible amount of customisation (including WiFi) but it's important to know they'll load up screens that look like an 80s computer. That's where you'll need your USB keyboard to set up wifi, to update and optimise the software, and also where you download extra stuff, like the media player package, called Kodi. It isn't where you get games, I'll explain that now.

3. Getting the games

Every old video game every released is available on the internet as files called ROMs, although it isn't technically legal to own or download them unless you own a copy of the original disc or cartridge. If, for example, you own a physical copy of Super Mario World, you can just google "SNES Super Mario World ROM" and you'll find it very quickly. For games I own, I use sites like Rombay, GameTronik or EmuParadise. Get all the games you want, and download them to your PC or Mac. You can play them there too, using software called "emulators".

Take your empty USB pen and create a new folder on it called "retroPie". Eject the USB pen from your computer and plug it into the switched on Pi. Leave that for a few minutes, and remove it again. When you plug it back into the computer open that RetroPie folder and you'll see it's created subfolders for multiple game systems. Drag the ROMs

from your computer to the appropriate subfolder, and put the USB pen back into the Pi. It will flash, and will start transferring the games. This can take ten minutes depending on how many games you've put on there, but you can do it every time you get new games. I recommend eventually watching the RetroPie video, which explains how to install the Kodi media player and update the software, but you don't need to do that at this stage, because you probably just want to play Bubble Bobble.

RetroPie will run most things before the Playstation era pretty flawlessly, but to get arcade games to work you'll need to make sure your ROMs stay as ZIP files, dump them into the folder called FBA, and also find special files called ARCADE BIOS. Sounds technical, but if you google "Gametronek FBA arcade BIOS" there are five of them and they are all on there. Arcade games are harder to set up, but not that hard. It's worth it to play Metal Slug and Double Dragon.

4. Playing the games

When the USB pen stops flashing, reboot the Pi by pressing your start button, select quit and "restart system". Once it reloads, scroll left or right and you should see all the games divided by each system. Just select one to play it, but if it asks you if you want to configure the controller I would ignore that by not pressing any buttons until the game loads. When you know what you are doing, you have the option of customising a mind-boggling array of stuff including the settings for every game and system. When you want to quit a game, hold down start and select together and you'll be back in RetroPie. Once you've set up WiFi, you can also press select in the menu to use a scraper to grab the box art for each game.

PHONE HOME

Stunning Images, Stunning Xperia XZ

The Sony Xperia XZ is stunningly formed in coloured Alkaleido metal, making it tough and water resistant which protect the leading edge technologies that enable this phone to become a part of your lifestyle. Not only does the XZ put you in charge of your work, home and social media lives, it even learns your battery charging patterns so it can give the phone extra power over years of use. There's no doubt, the Xperia XZ sets a new height for Sony.

At its core, the XZ is an incredible multimedia smartphone but it's the XZ's camera that really makes it stand out from the crowd. A 13MP low-light selfie cam and massively powerful 23MP main camera blow the competition away, particularly when combined with triple imaging sensors, laser auto-focus and crisper, truer colours than you'll find anywhere else.

Pop into the Sure Store to experience the Sony Xperia XZ or the Xperia XZ Compact for yourself. They're stunning phones made for creating stunning images.



MEGAN'S
TOP TIP FROM
AIRTEL-VODAFONE



What to do if your mobile data isn't working.

Often when a phone cannot find a data connection it is because it is missing the network APN. In your Network Settings, select Access Point Names (or APN) and add input the APN specific to your mobile provider. For example, the APN for Airtel-Vodafone is airtel-ci-gprs.com. Contact your provider if you are unsure.

You can also specify whether you want to use a 3G or 4G connection in your Mobile Data settings. 4G provides a faster connection but can also use a higher amount of data.

For top tips on managing your data see our Ultimate Data Guide at airtel-vodafone.com/data.

Meet the NEW Wileyfox Swift 2 Plus

Swift 2 Plus is the latest smartphone launched by upcoming British phone manufacturer Wileyfox. Boasting the same slim, elegant curves and amazing design of the popular Swift 2, but this time hosting a wide range of added extras including more storage capacity and camera technology.

With the Swift 2 Plus, it's all about capturing quality. Its 16MP camera lets you snap sharp images and record video in glorious 1080p high definition. Add in its superfast processor, slick Android OS, speedy charging and slim design, the Swift 2 Plus ticks all of the boxes.

Best of all, its premium features don't come with a premium price tag. Get yours from just £4 per month with any JT Pay Monthly mobile plan, or buy it now for £179. Available now at the JT store, 18 Queen Street.



Android at its very best!

Airtel-Vodafone's Marketing Officer, Faith Joyce, reviews the Google Pixel.

There's been very little innovation in the smartphone market recently, with manufacturers making slight changes here and there without really producing that wow factor, so it's refreshing to see Google step up to the plate and change the game.

The Pixel looks every bit like your everyday premium smartphone, but beneath the elegant design and vibrant 5-inch full HD display, Google's signature high-end performance and no-nonsense interface steals the show. At the heart of this is Google Assistant, which has been hailed by critics as far superior to both Siri and Cortana, giving you all the infinite wisdom of Google at your fingertips, including over 70 billion facts and a universal translator. Overall, the Pixel is a beautifully clean, intuitive device, with the added bonuses of a superb camera and super-fast charging, and although it lacks expandable microSD storage, Google makes up for this with unlimited cloud storage. It's a thumbs-up from me!

The Google Pixel and XL are available in silver and black 32GB, with prices starting from £30 per month with no upfront costs when you take out an airtime plan. Pop in-store and give it a spin. Price correct at time of print.



FEBRUARY MUSIC & NIGHTLIFE: WHAT'S ON...



Havana Presents:
ORIGINAL SIN (Viper
Recordings). Hosted by Junior
Red *Support: JE3 and Marx.*
FRIDAY 03 FEBRUARY
@ HAVANA

Havana continue their huge run of drum & bass shows with the debut visit to Jersey of a bonafide dnb legend. Originally making his name as one half of iconic jump-up duo 'Generation Dub' Adam Tindall aka 'Original Sin' - is one of the most revered producers in drum and bass history! Expect a raucous atmosphere for this one, guaranteed to be another roadblock drum and bass event at Havana. Support on the night from the superbly talented local dnb heavyweights JE3 and Marx.

Tickets: Eventbrite // Havana // 18+ // R.O.A.R // Photographic ID



Vanguard DNB Present:
'Jump Up Sesh Vol.1'
with LOGAN D
Support: Andre B & C-Phonics
SATURDAY 04 FEBRUARY
@ ROJO

Due to the overwhelming demand for some of the world's leading DNB jump up DJ's Vanguard listen to the people and deliver their first JUMP UP SESH inviting one of the UK's true leaders within this sub genre, Logan. Having amassed a stunning audio armoury he's responsible for the distribution of a myriad of labels, anything you hear on Urban Takeover, Sweet Tooth, Dubz Audio, Higher Stakes, Subway Soundz and Killer Bytes has been serviced through Logan's digital team. Frequently adding new labels to his roster, Logan has made drum & bass a round-the-clock occupation.

Tickets: Eventbrite // ROJO // R.O.A.R // Photographic ID



Togetherness Present:
GORGON CITY & DICIPLES
Support: Craig Alder, Simon Gasston & Warren Le Sueur
SATURDAY 18 FEBRUARY
@ THE ROYAL YACHT HOTEL

Bringing together two of Jersey's finest exclusive clubbing brands. Togetherness is a supreme collaboration between Together Parties & Firethorn Productions (Iconic). You can read all about Gorgon City over the page. But they're being joined by a South London-based commercial dance production team, Disciples, which consists of Nathan Duvall, Gavin Koolmon, and Luke McDermott. The trio debuted in 2013 on the New State Music label with Remedy EP, the title track of which was played by BBC DJs Target and Trevor Nelson.

Tickets: Eventbrite // The Royal Yacht Hotel // 18+ // R.O.A.R // Photographic ID



Reasons Launch Party
Present: TOM FINDLAY
(Groove Armada DJ Set)
Support: The Reflex
SATURDAY 25 FEBRUARY
@ ROJO

The Reasons team are throwing a hefty party to launch their 2017 season, featuring a Groove Armada DJ set from Tom Findlay in the club, and disco-edits supremo The Reflex in the bar! The first artists for this year's festival in Coronation Park will also be announced on the night, with special ticket and merchandise deals available for attendees. Reasons parties have a tendency to sell out in advance, so make sure to grab your ticket to avoid disappointment!

Tickets: Eventbrite // ROJO // 18+ // R.O.A.R // Photographic ID



MASS Project Present:
HIGH CONTRAST (Hospital
Records) & BCEE (Spearhead)
Support: Terminal State, Romano, Wildee, Lee Pinglaux, Brad Welsh
SATURDAY 25 FEBRUARY
@ THE SPLASH

MASS Project return for 2017 with one of the UK's most respected artists. The name High Contrast needs no introduction any more... though when a young, fresh-faced Lincoln Barrett signed on the dotted line back in 2000 he was a complete unknown. Signed on the strength of his mini-disc demos, the Welsh wonder has smashed his way through the D+B scene and has become one of its iconic and much respected heroes. Catch him for a very exclusive Jersey performance with MASS Project.

Tickets: Eventbrite // The Splash // 18+ // R.O.A.R // Photographic ID

ARE WE MISSING SOMETHING?

**IF YOU'VE GOT A
NIGHTLIFE EVENT
TO SHOUT ABOUT
WE WANT TO SHOUT
ABOUT IT FOR YOU.**

Just tell us a few things about it and send along a nice representative image too and we'll do our best to get it listed here. Don't forget to include all of the important details.

Just email it all to hi@gallery.je



The team behind Together Pagnies plus Iconic equals Togetherness, which we know in turn means an absolute banger of a night out for those who love their dance music. This time they're bringing you their biggest line up to date with both Gorgon City and Disciples heading to the Royal Yacht Hotel on Saturday 18 February, a pairing which is set to kick off 2017 in style.

IV

If you've not already got your ticket get in quick as this will be a sell out! Read on to find out more about the insatiable duo that are Gorgon City:

The past year and a half since *Sirens*, Gorgon City's debut album, has definitely been crazy. Co-curating a compilation album with Pete Tong, remixing and collaborating with long-time heroes like Basement Jaxx and Underworld, creeping ever-higher on the billing in US and UK festivals, embarking on a proper transcontinental tour of the USA in two tour buses over the best part of a month, untold DJ dates, and still finding time to conjure up and embarrassment of riches in the studio: there's scarcely been a moment for the pair's trainers to touch the ground. Yet there is not a sign of jadedness from them yet. If anything, the new material shows them settling into their groove and being more confident in branching out in all directions, from main-stage bangers

to underground club groovers, 21st century hyper-pop to twisted acid house and righteous breakbeat, it's the sound of two young men still having the time of their lives.

It's worth noting that when they met via their shared DJ agent and formed Gorgon City in 2012, the two had already put the hours in, both in the studio and out behind the decks: Gibbon as Foamo and Robson-Scott as Rack'n'Ruin. Both had been dance music obsessives from their early teens - each falling hard for drum'n'bass first, then broadening out in their tastes as they found their way in DJing and music production.

The experience of being a band, as opposed to purely a production team, has clearly been transformative for the duo. It's been a wild ride of playing American festivals like CRSSD, where they've witnessed the gradually maturing tastes of Generation EDM getting more and more receptive to their sound, winning over a huge and growing fan base in Mexico, and realising how much resonance their music has around the world. Meanwhile, the two have continued DJing, solo and together, and this too feeds into their creative process and their new music, which is bigger, bolder and more diverse than ever!

TOGETHERNESS / SAT 18 FEBRUARY 2017 / THE ROYAL YACHT / JERSEY
MAIN ROOM DOORS - 9PM - 2AM / 18YRS + / R.O.A.R
TICKETS - £29.50 (+BF)
WWW.TOGETHERNESSFOUR.EVENTBRITE.CO.UK

TOGETHER PARTIES
AND ICONIC PRESENT

TOGETHERNESS

18.02.17

THE ROYAL YACHT
HOTEL • SPA • RESTAURANTS

The Royal Yacht, Weightbridge, St Helier Jersey GJ 8J2 2HJ



GORGON CITY

[DJ SET]

DISCIPLES

SUPPORT :: CRAIG ALDER // SIMON GASSTON // WARREN LE SUEUR

TICKETS :: £29.50 (+BF) / MAIN ROOM DOORS - 9PM - 2AM / 18YRS + / R.O.A.R

AVAILABLE FROM :: THE ROYAL YACHT / ROULETTE CLOTHING

ONLINE :: WWW.TOGETHERNESSFOUR.EVENTBRITE.CO.UK

VIP enquiries please contact :: craig.alder@theroyalyacht.com



gallery

CHAMPAGNE
Laurent-Perrier
FONDATION
1842

BELVEDERE
VODKA

REKORDERLIG
CIDER
PREMIUM CIDER FROM SWEDEN



JERSEY VIP

ONLINE EVENT PHOTO GALLERY





TO VIEW MORE NIGHTLIFE
PHOTOS LIKE THESE VISIT:
WWW.JERSEYVIP.CO.UK





Calm, Caring & Gentle

Based in St Helier, Jersey, we are one of the leading dental practices in the Channel Islands, offering a wide variety of affordable treatments for naturally beautiful smiles.






CALL TODAY
745467

www.at-smile.co.uk

- Cosmetic Dentistry
- Braces / Orthodontics
- 0% finance
- Convenient opening times



FULL COLOUR ANNUAL ADVERTISING FROM £46 PER MONTH CALL GALLERY ON 811100



Manna

Manna is a relaxed laid back store that stocks the hard to find fresh designer labels that have been selected for their individuality and fashion forward design including: By Malene Birger, American American Retro, Ba & Sh, American Vintage, 360, Ganni, Velvet and new for 2012: By Zoe, Stop Staring! And Bastyan.

Manna

Tel: 619985
7 West's Centre

MANNA



Rivoli Jewellers

Situated in the heart of King Street, Rivoli Jewellers stocks a wide selection of wedding rings. Whether you are looking for a plain or diamond set ring, in platinum or gold, Rivoli will have the perfect ring for you. A shape to fit service is also available to ensure that your engagement ring fits perfectly against your wedding ring.

Rivoli Jewellers

41/43 King Street, St Helier
Tel: 01534 601930
www.rivolijewellers.co.uk

RIVOLI
Jewellers & Silversmiths



Luminosity Laser

Nestled in a quirky tattoo parlour within central St Helier offering Laser Tattoo removal, IPL Hair Removal, Skin Rejuvenation and Acne treatments in a relaxed and comfortable atmosphere. Owner Olivia Wintour is a friendly, fully qualified and registered Laser Tattoo Removal and IPL technician. Free consultations and patch tests available.

Sanctum Tattoo Studio, 102 Halkett Pl.

www.facebook.com/luminositylaser
Instagram: Luminositylaser
Tel: 07829 852 773
Email: luminositylaser102@gmail.com



RIO • HAIR • BEAUTY

Rio conveniently situated in the heart of St Helier, this dynamic salon has something for everyone, quality hairdressing and beauty services in modern contemporary surroundings. A great retail shop for all your hair/skin cleansing and conditioning needs, our knowledgeable staff have the answers.

RIO • HAIR • BEAUTY

Tel 734458
55 Halkett Place, St Helier



Move Yoga & Pilates

Vinyasa Flow - Mat & Reformer Pilates - pre and Post Natal - Yoga for Children At home, in the studio or office.

Private and group classes.

INTRO OFFER: £20 for 1 month (unlimited group classes)

4 classes per week, book by texting Ashley.

Suitable for all levels, mats provided, shower facilities, oil infused studio on Stopford Road.

T: 07797795827

E: ashleytcummins@hotmail.com

W: moveyogapilates.com

F: Move Yoga & Pilates



The Club Spa

Restful Resolutions Spa Day:

Rasul mud experience for two, Stress Busting Back, Neck and Shoulder Massage, Fresh Essence Facial, Full use of spa facilities for the day, One course Spa lunch in Bohemia Bar, Glass of Prosecco

£95 per person

The Club Spa

Green Street, St. Helier, JE2 4UH
01534 876 500
www.theclubjersey.com
e-mail spa@theclubjersey.com



The Gooseberry Bush is a unique Clothing and Lifestyle store!

Our Lagenlook clothing brands are comfortable, natural fabrics from France, Greece, Italy and the UK! Organic babywear and blankets, gifts and keepsakes from East of India, home Interiors with a Scandinavian/contemporary look. 'Service with a Smile!'

Opening hours: Tues - Sat 10-5pm & Sunday 10-2pm
Out of Town shopping experience with plenty of parking
At Ronde's Farm (oppos. Union Inn)
Tel: 726224 or Find us on Facebook.



.....
get your business
in the **directory**
from just £9.49 per week
.....

CALL 811100
TO GET YOURSELF INCLUDED!




iQ, your local Apple experts - now with iPhone!

The only Apple Authorised Service Provider for iPhone and everything Apple.

Pop in today for iPhone, iPad and all Apple computers. Training, home callouts and full tech support available.

10-14 Beresford Street
St Helier, JE2 4WN
Tel: 01534 769320
shop@iQJersey.com



- | | | | |
|---|--|--|--|
|  fashion |  appetite |  business |  hardware |
|  beauty |  culture |  travel |  sport |



Tech-Zone

Tech-Zone is your only zone for all your technology needs. Our highly experienced team are here to help, late night every Thursday. We offer repairs and training for all devices, laptops, consoles, phone unlocking, one to one repairs and consultations and 4 month guarantee with all our repairs. All of our services are available in house, at your home or office and proudly the first to offer Micro-Electronic repairs. For more information visit our website www.tech-zone.je

Tel: 811999

info@tech-zone.je

Mon - Fri 8.30am to 5.30pm, open late on Thurs. Saturday 9am to 5pm



Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersey.

Harbour Gallery

Open 7 days a week

10.30am - 5.30pm

Tel: 743044



Complete groundwork solutions

JB offer all aspects of ground works including; drainage, excavation, landscaping, slab formation, concrete foundations, brick paving & concrete works. We offer reliable, efficient and affordable machinery hire using the most up to date equipment. For free estimates and competitive rates, call James to discuss your requirements.

JB Groundworks Ltd

01534 482108

07797 818032

james@jbgroundworks.com



Brazilian Soccer Schools

Brazilian Soccer Schools exist to give players aged 5-18 years the best start in football.

w.partition@braziliansoccerschools.com

www.braziliansoccerschools.com/jersey

www.facebook.com/braziliansoccerschoolsjersey

M: 07797 799 111

Socratots

Socratots is a soccer specific play programme for children from 6 months to school age.

w.partition@socratots.com

www.socratots.com/jersey

www.facebook.com/socratotsjersey

M: 07797 799 111



Paul LeVerdier Professional Sports Therapist

Paul has been one of Jerseys top Sports Therapists for over 20 years working with professional sports people, club athletes, the Jersey Island Games Team and people from all walks of life. He is part of the team at the Jersey Sports Medical Centre.

You can contact Paul on:

07700 748748

plvsportstherapy.com



@Smile... Calm, Caring & Gentle Dental Care

We offer great care from our team of expert clinicians together with the use of the latest equipment and techniques. We are considered as one of the leading dental practices in Jersey offering a full range of treatments from Cosmetic makeovers, Specialist Orthodontics and General care. Your dental needs will always be affordable with many payment options available to give you the great smile you deserve. Open 6 days a week with early and late evening appointments.

@smile dental clinic

14 Gloucester street

(OPPOSITE THE OPERA HOUSE)

CALL 745467 www.at-smile.co.uk FB: smilejsy

www.instagram.com/smile dentaljsy/




Orchids Nail & Beauty Academy

Orchids Academy is a UK based independent training provider that offers exclusive training within the nail and beauty industry in Jersey. We offer training for beginner to therapists that want to update their skills for this fast moving industry.

Contact details:
www.orchidsacademy.co.uk
 07895490405
natalie@orchidsacademy.co.uk



In its 22nd year Bonita is one of the most beautiful salons on the Island.

Set in the picturesque grounds of Les Ormes Lodge and Leisure Club, Bonita is the perfect place to relax and be pampered. We have a wide range of hair and beauty services, and treatments on offer in our state of the art salon. We are stockists for L'Oreal, Wella, Paul Mitchell, TIGI Professional, Kerastraight Brazilian Blowdry and Aftercare, GHD Hairdriers and Straighteners.

Bonita Hair and Beauty

Tel 720081 / www.bonitahairandbeauty.com

Facebook: Bonita Hair and Beauty

Instagram: Bonitahairandbeauty

Email: enquiries@bonitahairandbeauty.com



Jersey Brace Clinic

Enjoy straight teeth with orthodontic treatment by our Specialist Orthodontist and Dental surgeons who can offer a full range of treatment options at great affordable prices. From Invisalign to all types of modern orthodontic treatments, we can offer you any option to suit. We offer great painless treatment, fantastic cost effective solutions within your budget and there's no waiting list for treatment. Open 6 days a week with early and late opening times.

@smile dental clinic

14 Gloucester street

(OPPOSITE THE OPERA HOUSE)

CALL 745467

www.jerseybraceclinic.com



Hey beautiful!
Brand stockists



BAREMINERALS	
FEELUNIQUE @ AU CAPRICE	732380
SWAROVSKI	
SWAROVSKI	722904
TOM FORD	
DEGRUCHY	818818
SISLEY	
VOISINS	837100
CREME DE LA MER	
DEGRUCHY	818818
BENEFIT	
VOISINS	837100
DEGRUCHY	818818
GUERLAIN	
VOISINS	837100
FEELUNIQUE @ AU CAPRICE	732380
AVEDA	
ELMINA	610082
AROMATHERAPY ASSOCIATES	
SPA SIRENE	615425
DERMALOGICA	
RIO HAIR AND BEAUTY	734458
BELLEZZA	639393
PERVONIA	
THE BEAUTY HOUSE	789000

Don't forget to tell them you saw
them in Gallery! They may give you
something extra...

Food for thought:



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The eighth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

Fancy winning a meal for two at
a restaurant of your choice?

Just join our facebook page.
www.facebook.com/appetitejersey

Hot property:



Bridle Estates
766999
www.bridle.je



Choice Properties
620620
www.choicejersey.com



Columbia Estates
734200
www.columbiaestates.je



Crespel Properties
625569
www.crespel.co.uk



Hunt Estates
860650
www.huntestates.co



Indigo Estates
639955
www.indigo.je



Keys Properties Ltd
736090
www.keys.je



Maillard's Estates
737293
www.maillards.je



Moore Properties
880544
www.mooreproperties.co.uk



ND Estates
629009
www.ndestates.com



Nuvo Estates
07797 888880
www.nuvo.je



Quemard Properties
879879
www.quemard.je



Red Properties
710710
www.redproperties.je



Savills
722227
www.savills.je



Wilsons
877977
www.wilsons.je

OUR NEXT THEME WILL BE
EARTH

AVAILABLE ISLANDWIDE FROM
MARCH 1ST



BoConcept



**BEAUMONT
HOME CENTRE**



Find us on
facebook.

FIND US ON FACEBOOK:
BeaumontHomeCentre

www.beaumonthomecentre.com

Rue du Craslin, Beaumont, St. Peter JE3 7BU
Telephone: 822822 • Established 1974

Opening times: Mon to Thu 9.00am to 5.30pm
Fri 9.00am to 4.30pm Sat 9.30am to 1.30pm

KITCHENS | BATHROOMS | BEDROOMS | FURNITURE | TILES

boardom

“If you ran the world, what law would you introduce?”



Jenni Liddiard, 57
Owner, Field Farm



Liana Le Blancq, 27
Nude Food



Jessica Myhill, 23
Nude Food



Lynn Wojciechowski, 62
Co owner of Liberty Rocks
handmade bags



Louise Agnes, 32
Event organiser



Liz Pirouet, 59
Co owner of Liberty Rocks
handmade bags



Babs Kittleson, 61
A multi tasking legend



Sian Creavy, 22
Part-time student and Nude Food

With over 150 years of knowledge, we'll get you moving in 2017



Savills Jersey
19 Halkett Place
St. Helier
Jersey JE2 4WG
+44(0) 1534 722 227

savills.je



what can we do for you?

Take a closer look

Get your hands on the award winning Vodafone Smart Platinum 7 with immersive VR headset. Available exclusively from us.

Pop in-store or visit
airtel-vodafone.com/platinum-7

Airtel | Vodafone
Power to you

FROM
**ONLY
£15**
p/month



Exclusively introducing the
Vodafone Smart Platinum 7



"The Smart Platinum 7 gives top of the line premium phones a run for their money"
mobilechoiceuk.com



Premium Specs

Super slim aluminium and glass frame / Vivid 2k AMOLED display /
16MP camera / Up to two days' battery life / 32GB memory /
MicroSD storage up to 128GB / Android™ 6.0.1 Marshmallow

Terms and conditions apply

airtel


vodafone