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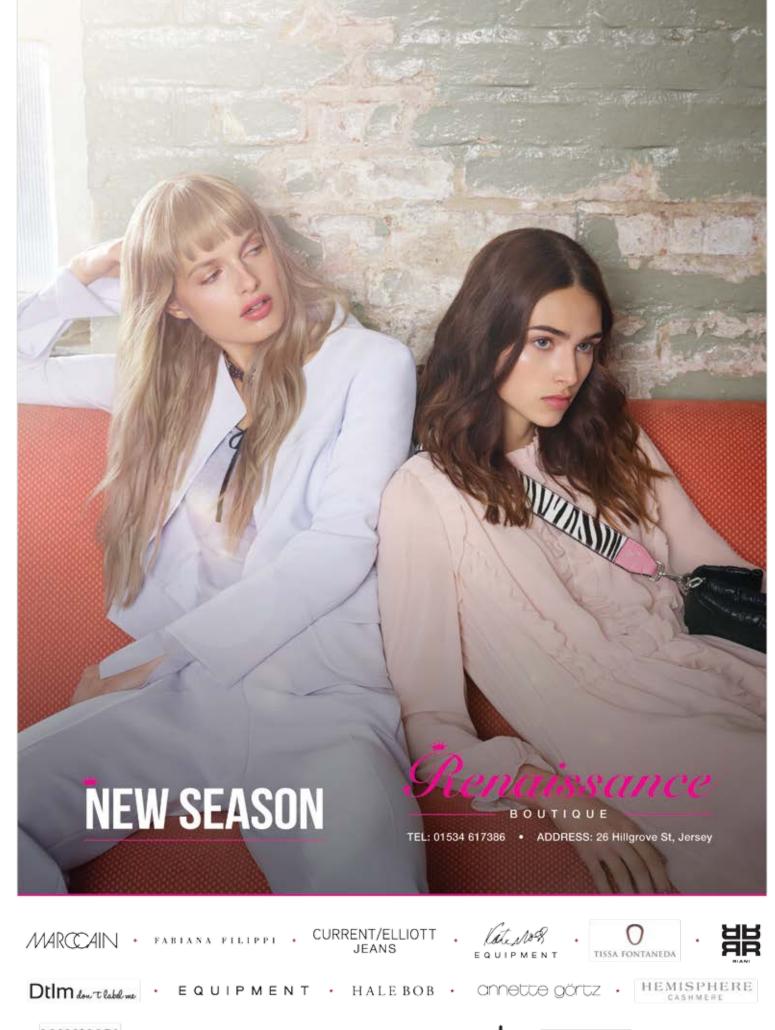
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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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Entertain us with jokes, ideas, videos of cats and boots to... *everyone@gallery.je* 



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#### **ALEX FARNHAM**

Don't call it a comeback, he's been here for years ... But has been concentrating on one of the other 'three R's' recently instead, reading, 'riting and... Radio. Making a return to writing for Gallery Alex has devised a feature called 'Alex Farnham's Doom&GloomsDay'. I've heard it goes well with a bottle of gin...

Hello. My name's Alex. I've been asked to write a 40 word bio about myself, but the truth is, I'm not that interesting. Hey, wouldn't it be funny if I used up all 40 words and didn't have room for.



#### HANNAH CAROLAN This month Hannah's taken over the mantle of master of technology and has penned a roundup of the latest must-have gadgetry.

21 + 9 year old lover of sloths, pretty much anything food related, travel and definitely words, not numbers. Hannah works for a local creative agency and enjoys dealing with a wide range of clients, unleashing her inventiveness & receiving daily high fives from the office pooch Henry. Owner of Walter White & Dexter, the most badass rabbits to ever come out of Netflix.

	Hannah Carolan Josh Lyons Emily Smith		Jason Masterman Penny Cross	
	Lorna Forrester		ILLUSTRATORS Will Bertram	
	PHOTOGRAPHERS		Roanna Farmer	
	Danny Evans		Russ Atkinson	
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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.



gallery

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# edito

Does life follow art or does art follow life? I guess it's a bit of a symbiotic relationship - sort of like the chicken and the egg. Art, or works of creativity or fiction are somehow influenced by the author or originators real world in some way and then play out in what they create which, in turn, influences society and forms reality. Too deep? OK, I'll get to the point. I've been watching 'Designated Survivor' on Netflix in which Kiefer Sutherland somehow ends up as president of the USA when all other suitors for the position are blown up by some miscellaneous (so far) terrorists. It's odd, as he sort of plays it as Jack Bauer from 24, a role that has become his actual persona to me. Since he cut his hair and stopped being a vampire and leading the Lost Boys in the 80s, Keifer IS Jack, Jack IS the president. Bear with me.

So you've got a new president, a dissident American nation in chaos and state senators wanting to go it alone, ignoring federal control and strike out alone against the government. Sounds familiar right? Although I think we'd all be happier if Jack Bauer were heading to the White House rather than that that xenophobic hamster haired guy from The Apprentice. Designated Survivor was clearly written prior to the comedy election that took place on the 8th November; fiction accurately proposing a dystopian situation that has since come to pass. We have significant cities in the US that are the mainstays of Democratic America claim that they will fight the government in providing safe haven against the federal deportation policy. It's a worry. It's art imitating life in a terrible way, in advance. So which was does the mirror look?

It's the same consideration with Charlie Brooker's excellent Black Mirror, fiction so scarily believable as a dystopian future that it's almost premonition. It's a worrying story but one that's only a reflection of the reality we've created. We just have to hope that the world we're creating moves in the right direction. With this edition's theme being 'reflective', it's certainly a year to reflect on. Even though we're cut off from the world by a body of water on all sides, we can't escape the craziness beyond our shores. But maybe we should.

We make our own reflections and we've got some great content to work with as Islanders. What's around us, outside and at hand within our 45 square miles, has the potential to keep you a lot happier in some ways that the echo chamber of your social media or the world around us it presents. As we finish up for 2016 I think it's important to consider the bad but reflect on the good. A beautiful island, a strong community, fantastic facilities; an amazing lifestyle. If we hold a mirror up to Jersey, it looks pretty good. A lot better than a lot of other places. I think it's important to remember that and take time to enjoy it. Go for a walk, breathe deep, turn off your phone. Live life in any way you like, but take time to smell the flowers.

Merry Christmas beloved readers. See you in 2017.

BD

#### **#136** [REFLECTIVE]



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модеця Ellysia

CLOTHES Fur wrap by Luisa Cerano from Voisins £169

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## ON THIS WINTER... IN JERSEY



#### Victorian Christmas Market Hamptonne 2-4.12.16

The Victorians changed the face of Christmas. The era saw the introduction of traditions such as the Christmas tree, making and sending of Christmas cards, Christmas crackers filled with sweets and decorating homes with greenery. Victorians also actively revived and popularised the singing of carols and feasting. Head along to Hamptonne, enjoy some of these traditional pursuits and eat, drink and be merry!

#### All aboard for a Rivoli Christmas Rivoli, King Street

1 & 8.12.16 If you are shopping on a Thursday evening in St Helier during Christmas,

look out for some very special performances outside Rivoli Jewellers by Acapella Jersey, an 11 piece singing group led by Hannah Jacques. Accapella Jersey will be performing on Thursday 1 December and Thursday 8 December. The conductor of Rivoli Railways will also be handing out special discount vouchers during the evenings.



#### St. Brelade's Community **Christmas Fayre** St Aubin 3.12.16

The fayre starts at midday with the official switching on of the Christmas Lights in St. Aubin at 17:45. Entertainment throughout the afternoon for both adults and children, including a bouncy castle, face painting and games for the children and Christmas stalls for the adults. Various Jersey bean crocks and soup will be on offer as well as mulled wine and mince pies. Santa will be visiting courtesy of the Jersey Round Table at 15:40, finishing off with a firework display at 17:55. All monies raised will go to charity.

#### Jersey Reds v Doncaster Knights Jersey Rugby Club 3.12.16

The Reds and their South Yorkshire rivals have had some titanic battles in the Greene King IPA Championship in recent years, not least in 2013 when a narrow home win saw Jersey survive while 'Donny' were relegated. Now the Knights are back, and in 2015/16 reached the play-off final. This is certainly not a game rugby fans will want to miss. Gates open 12noon; kick-off 2.30pm; match finishes 4.45pm. Tickets: £20 (adults), under 18s free.



#### Soup Kitchen Royal Square 6.12.16

Shelter Trust for the Homeless in Jersey will be holding their annual fundraising Soup Kitchen in the Royal Square. There will be around 40 different soups on offer provided by the island's top restaurants, hotels and local chefs. For a minimum donation of £3.00 you get soup of your choice plus French bread. Serving, in a marquee, starts at 10.30 am and continues until the soup runs out. There will be seasonal music and a festive atmosphere.

#### **Christmas at Durrell** Durrell Wildlife

#### 11.12.16

Christmas comes early to the animals at the Wildlife Park. Visitors can enjoy

#### **Carol Concert** 16 New Street 8.12.16

Come and join the Amity Singers for our annual Christmas Carol Concert at 16 New Street, with seasonal refreshments served afterwards. All ages welcome. Time 6.30 pm – 7.30 pm. Admission free but a retiring collection will be held at the end of the evening to raise funds for 16 New Street.

#### Santa Dash Liberty Wharf 8.12.16

Santa giving the animals their Christmas

gifts and watching as they un-wrap them

and discover their festive treats. Get into

presents at our Gift Shop whilst indulging

in mince pies and mulled wine along with

the festive spirit shopping for unique

This annual event sees a field of people run around the streets of St Helier during their lunch hour for a good Clause! (boom, boom), decked in fancy dress to raise money for Jersey Hospice Care. Santa suits will be provided - but all fancy dress is welcome! Individuals and teams can enter, meeting at Liberty Wharf first for a warm up with Mrs Christmas.

Refreshments will be provided afterwards.

storytelling, carol singing and live music. Younger visitors can join the festive fun with a visit to Santa in his Grotto and don't forget there's free parking too.

The fun takes place between 1100-1700hrs.

#### **Battle of Flowers Christmas Parade** St Helier

#### 11.12.16

A delightful Christmas spectacle with many floats forming a colourful procession through the streets of St Helier. The floats are festooned in twinkling lights, and include adults and children dancing or walking in costume to help spectators get into the Christmas spirit. Viewing points: Maritime House, Aqua Splash, Overpass, Liberty Wharf, Pomme D'or, Liberation Square and the east side of the Esplanade.



#### Christmas Day Swim Islandwide

#### 25.12.16

The Christmas Day swim is a Jersey tradition taken on by a great many people around the island. A dip in the chilly water is great way to begin your day before settling down to indulge yourself at the festive feast. They take place at various bays across the island and are traditionally held by the Smugglers Inn at Quaisne, the Watersplash, St Ouen and the Lido at Havre des Pas, these swims are always very popular.

#### Jersey Reds v Ealing Trailfinders

#### Jersey Rugby Club

#### 1.01.17

A rousing way to kick off the New Year as old rivals Ealing make the trip from west London to take on the Reds in a Greene King IPA Championship clash. The two sides know each other well having first met in National League 2 South in 2010. Gates open 11.30am; kick-off 2pm; match finishes 3.45pm. Tickets: £20 (adults), under 18s free.

#### **Beat Bloating & Overcome Fatigue**

Radisson Blu Hotel

#### 21.1.17

You do not have to suffer from bloating or fatigue. Learn about the Top 7 Reasons for Bloating and the Top 5 Reasons for Fatigue and how to overcome them! Find out what dietary and nutritional changes you need to make to resolve these main causes of abdominal bloating and lack of energy. Antony Haynes is one of the UK's most experienced Nutritional Therapists, with over 25 years of clinical experience will be speaking. For tickets www.pippacampbellhealth.co.uk/events

### ELSEWHERE

#### BIG MOUNTAIN MUSIC FESTIVAL DEC 10 - 11, 2016

#### PHETCHABURI, NAKHON RATCHASIMA, THAILAND

This mammoth event more than lives up to its name, having grown into one the biggest outdoor music festivals in not only Thailand, but all of Southeast Asia. There are plenty of reasons why Big Mountain Music Festival's (BMMF) crowds have gone from 20,000 at its 2010 debut to 70,000 at its 2014 incarnation. One of the most obvious is GMM Grammy, the corporation that puts on the fest while also controlling 70-80 percent of the Thai music industry by making major contributions to terrestrial radio, digital TV, and film.

#### WWW.BIGMOUNTAINMUSICFESTIVAL.COM

#### **BURNING THE CLOCKS**

BRIGHTON, ENGLAND DEC 21

A magical procession of brightly lit lanterns to mark the winter solstice culminating in an epic fireball on Brighton beach. The festival was created in 1994 by the award-winning community arts charity Same Sky as a way to celebrate the holiday spirit regardless of people's religious beliefs. Recently it has adopted a totally different purpose as a rebellion against the modern day excess of Christmas time commercialism. Leading up to the event people are encouraged to create their own unique lanterns made from willow canes or bamboo and white tissue paper.

WWW.SAMESKY.CO.UK/EVENTS/BURNING-THE-CLOCKS

#### SNOWGLOBE MUSIC FESTIVAL

#### DEC 29 - 31

SOUTH LAKE TAHOE, CALIFORNIA, UNITED STATES SnowGlobe rolls a dance music festival, ski/snowboard adventure and New Year's Eve celebration into one. Here's how it goes down: you're swaddled in downy North Face garb, swaying and arm-flailing to the beat, while a snowboarder back-flips off a jump next to the stage. Then fireworks burst and confetti flutters and everyone screams "Happy New Year" before getting back

to boogieing to stay warm. For the lovers of adventure sports, SnowGlobe not only sets up a ski/snowboard ramp beside the Main Stage where pro athletes show off tricks, it also arranges reduced-price lift tickets for fest-goers to Heavenly Mountain.

WWW.SNOWGLOBEMUSICFESTIVAL.COM

#### **HOGMANAY CELEBRATION**

DEC 30, 2016 - JAN 1, 2017 EDINBURGH, SCOTLAND

An ancient pagan celebration for warding off the winter spirits with fire and song, Hogmanay has evolved to include parades, open houses, fireworks, and so much more. Forget sitting in front of the TV and watching the ball drop in Times Square—the best New Year's party is happening at Edinburgh's Hogmanay (pronounced "hug-meh-nay"). From December 31st through January 1st, tradition sends many Scots to clean their houses and settle debts, all in the name of getting a fresh start. When night falls, however, the Hogmanay celebration is in full swing with fireworks, parades and performances, all with a Scottish twist.

WWW.EDINBURGHSHOGMANAY.COM

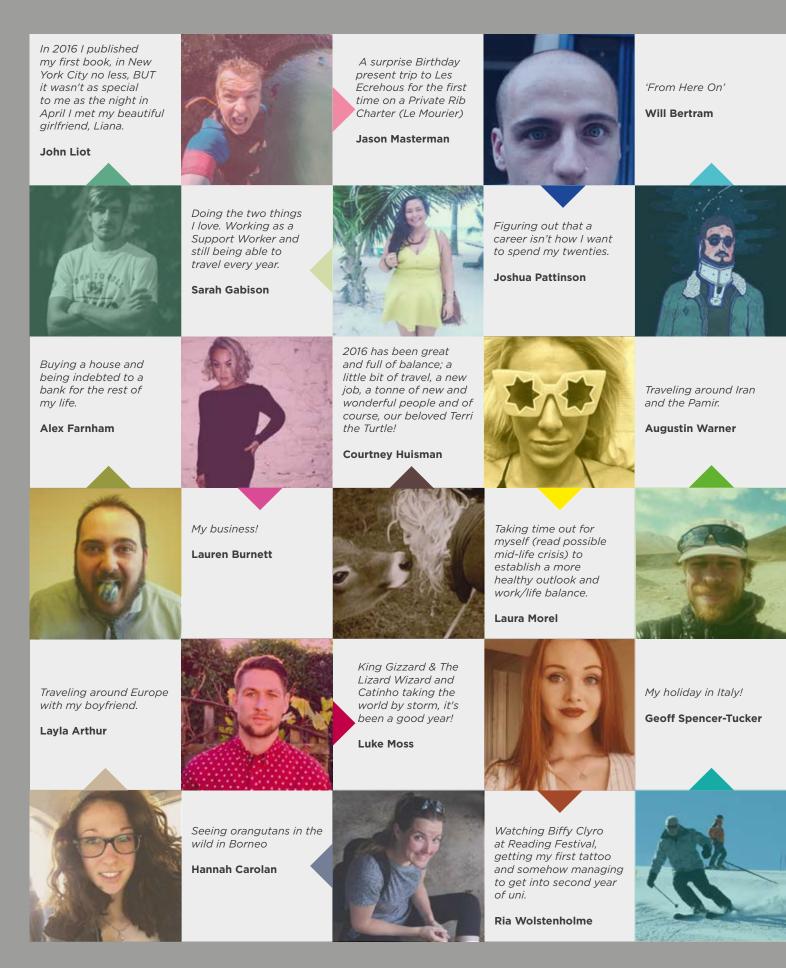
A massive thank you to all the great local creatives that contributed to Gallery in 2016. They're listed below and if you're a friend of theirs some of them have told us (what they want for Christmas)

### **Contributor Roll 2016**

Alex (All the Lego) Farnham, Alice Bennison, Augustin (Mash SF Santa Cruz Stigmata CC) Warner, Ben Davies, Ceri Baker, Courtney (Sunshine and magically flying to the Maldives) Huisman-Farmer, Danny Evans, Dierdre Shirreffs, Freya Richardson, Geoff (An Italian speed boat) Spencer-Tucker, Grant Runyon, Hannah (An Aspinal of London Marylebone Tech Tote & the Planet Earth 2 Boxset) Carolan, Hermione Benest, Jacques Le Breton, Jason (All expenses paid trip to Iceland ) Masterman, John (all the dogs, all of them) Liot, Josh (Xbox One) Bale, Josh Lyons, Joshua (A Bedford Rascal van + mattress) Pattinson, Kim Hamon, Laura (the contents of SJP's wardrobe) Morel, Laura Syvret, Lauren (Balenciaga leather jacket) Burnett, Layla (a puppy) Arthur, Luke (The DeLorean time machine) Moss, Marthinus Slabber, MK-CA, Pip Renault, Rachel Egerton, Ria (round the world ticket) Wolstenholme, Roanna Farmer, Rod Bryans, Rosie Evans, Russ Atkinson, Sara Felton, Sarah (olive green Raleigh push bike with a basket) Gabison, Tamarin Marriott-Wilkinson, Taylor Jones, Tori Orchard, Will (Lego Death Star) Bertram.



#### We asked them...What has been the best thing about 2016 for you?



Be part of gallery in 2017! Email contributors@gallery.je

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# NEWS IN NUMBERS

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pounds spent by tourists in Jersey between July and September this year according to exit survey results

new police recruits are being put through their paces in training

skaters to enjoy ice rink at Fort Regent this winter after the plug is pulled on plans for a second ice rink

# 13

potential new foster parents put themselves forward to adopt children new jobs expected to be created by new Co-op development at Charing Cross

# 20,000,000

pounds total funding amount set aside for Jersey to prepare for life post-Brexit



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# **DSIM**



#### Mirror, mirror, on the... Everywhere?

The gloves are on at the world's biggest house of mirrors in Gaitlinburg, Tennessee in the United States. Yes, you read that correctly - on. Because it'd be a lot easier if the mirrored walls were smeared with grubby fingerprints when it comes to finding your way out. The closest we've possibly been to this in Jersey was the little area that you could poke your head up into by the Paycard phone at the entrance to Fort Regent, and if you can remember that you probaby deserve a prize. Apparenty they send search parties out every half an hour at Ripley's Mirror Maze, that's how tough it can be to find your way around. I imagine the staff there don't make the mistake of having incorrectly memorised the maze all too often... Bump.

#### 1.21 GIGAWATTS?!

With Elon Musk recently announcing Tesla's latest product, the solar roof tile, on the former set of Desperate Housewives (I'm unsure as to how that's relevant to this but bear with me) it seemed fitting to find out where some of the largest solar farms on Earth are to fit with this month's reflective theme, and so here's one for you - behold, the Topaz Solar Farm in San Luis Obispo County, California. It doesn't quite crank out enough power to enable Doc Emmett Brown to go back to the future at a mere 1.1 gigawatt hours from its 9,000,000 photovoltaic cells but is still mightily impressive. Particularly the little woodland area middle left of the photo which is presumably a park mandated by the state of California as part of the deal to build the 25 square kilometre desert site. A nice touch.





**Quoted:** "In silence and movement you can show the reflection of people." Marcel Marceau

# Mis-quoted:

"Blinded by the light, wrapped up like a douche when you're rollin' in the night"

Actual lyric: "Blinded by the light, revved up like a deuce, another runner in the night" Manfred Mann's Earth Band



Puerile, old fashioned and potentially offensive, but irresistable from a nostalgia standpoint...

"Yo' Mama is so ugly, when she looks in the mirror, her reflection ducks."

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#### Georgie

Breed: Bath Girl

Age: 28

Likes: My job! I work with some great people at Rowlands... I love making people happy with new jobs too. Hates: Daddy long legs and early starts!

If I was an animal I would be: A bear – I would love to hibernate during the winter (making sure I wake up for Christmas).

Wants: To buy a house!

Interesting facts: People often mistake me for Binky from Made in Chelsea

Most impressive thing you've ever done: I moved to Jersey after knowing my husband for four months – He was definitely the one! returned home from music school in LA and I have been teaching ever since. We now have over 400 students per week in our school.... and a pretty awesome coffeehouse too!

#### Paddy (Padstow)

Breed: Cockapoo Age: 3

Likes: Chasing tennis balls and hiding people's shoes. Hates: Having a bath and watching England play rugby... it's too tense!

If human I would be: A surfer - I'm always in the sea... no matter how cold it is!

Wants: To spend all day, every day on the beach. Interesting facts: I am named after my parent's favourite place to go on holiday.

Most impressive thing you've ever done: I slept the whole nine hours on my first ferry journey at eight weeks old... My parents definitely did not.



#### **Animals and Mirrors**

WORDS Deirdre Shirreffs

What do animals see when they look in a mirror? Many animals recognise that they are looking at an animal but very few realise that they are looking at themselves. Only humans, some great apes, dolphins, elephants, magpies and possibly pigeons know that they are seeing themselves.

How do we know this? Scientists use the mirror test, also called the mark test. In this, the animals are surreptitiously marked on their body in a place which they can't normally see. When the marked animal is put in front of a mirror, if it starts touching the mark on its body it means that it realises that the animal in the mirror is itself and not another animal. Scientists have to be careful that it is the sight of the mark causing the reaction and not something else like its smell. In the case of magpies, they reacted to a coloured mark but ignored a mark which was the same colour as their feathers and therefore invisible in the mirror.

Many animals including gorillas, chimpanzees and pandas react aggressively to their reflection, seeing it as a rival. This may prevent them considering the reflection calmly enough to realise that it is in fact themselves. Animals often see the reflection in the mirror as a companion and zoos sometimes use mirrors to encourage nesting and breeding behaviour. Flamingoes won't breed unless the group is sufficiently large, so mirrors can trick them into thinking the group is larger than it is.

Human babies do not recognise themselves in mirrors and self-recognition develops in several stages. From six to twelve months babies think the reflection in the mirror is another baby. After twelve months they often seem embarrassed by the reflection and start to avoid it. At eighteen months half of the babies realise that they are looking at themselves and will touch their noses or wipe off a mark. Psychologists call this the mirror stage. Often parents help their babies to understand what they are looking at.



We consider our pet dogs to be intelligent yet they do not recognise themselves in a mirror. However, to a dog, sight is much less important than scent and hearing. Scientists have attempted to show that dogs are self-aware and can recognise their own scent, although the results are not conclusive. One of Aesop's fables tells of a dog carrying a bone. When he crosses a stream he sees his reflection and thinks that 'the other dog' has a better bone. He opens his mouth to bark at it and so loses his bone in the stream!



### **Christmas Turkey:** How to buy presents for people you don't like

Much as I adore spoiling myself over the Christmas period, there is a small downside to industrial capitalism's ability to deliver everything our heart desires within a 48 hour period. Like most people I'm too selfish to lose much sleep over sweatshop working conditions or the destruction of local retail, but am genuinely saddened at the new social complication in gifting somebody a really passiveaggressive Christmas present.

It's harder to stay poker-faced over "accidentally" buying petrol station milk chocolates for a vegan when they know full well you could have ordered some kale crunchies during your last Amazon binge, or giving a cousin an itchy cardigan in the wrong size when they can easily exchange it for credit against a couple of Michael Bublé DVDs. I'm certainly not about to give up my crown of Christmas bitch, so the only thing for it is to go all-out and show people you care about the message you give at Christmas - by lumbering them with the most inappropriate gift that the internet can possibly provide.

### The annoyingly perky health obsessive

Winding these people up is like shooting fish in a barrel, but is reliably delicious, like smashed fish bits deep-fried and covered in salt. Christmas is already the hardest time for the self-righteous salad gobbler, as they cannot go for a power walk without coming face-to-face with an exhortation to surrender to their true desires, skip crossfit and binge on mince pies. I recommend adding to their misery by gifting them sinful treats that cannot be returned (such as fresh chocolates or 1kg of belly pork) or by polluting their household with the anti-Nutribullet - a kitchen gadget that cannot possibly be used to prepare healthy food. I defy anybody to construct a nutritious meal with a toastie maker or candyfloss machine, and equally defy them not to sneak down at 2AM and undo two days' gym with a butterfried salami cheese surprise.

#### The conservative mother-in-law

If you like them, a conservative, boring person is far and away the easiest person to buy a gift for. There are millions of them out there, and huge segments of our economy are set up to appease the interests of ITVwatching, Michael McIntyre-appreciating Robbie Williams fans. They view culture like cows view grass, and will be happy enough with whatever mass-market pablum is stacked up near the till at the supermarket. So obviously the best way to generate Christmas friction is to find something challenging, offensive even, and trick them into enduring at least the first ten minutes of it. I recommend getting the latest DVD of Miranda Hart, and replacing the disc with "Hated", the documentary about abrasive punk rocker GG Allin, who was famous for attacking his audience and using his own body as a toilet. For music, substitute The Best of Cliff Richard with an early album by Ice Cube or the evergreen death metal classic "Eaten Back To Life" by Cannibal Corpse. These people also love gadgets and ornaments, so if you can find a nicely ambiguous sex toy there's a chance they will use it as a back scratcher or leave it on the mantlepiece until February.

#### The moody teenager

I pity anybody who cares enough about the feelings of a bratty teenager that they try and purchase something that these hormonal malcontents will sincerely enjoy. Although I was a vile teenager myself, I am aware they're not all bad, so if you know a good one just give them cash and hope they don't spend it on drugs or fake ID to get a tattoo. For most cases though, you should work hard to hit that sweet spot of a gift that is totally uncool, completely impractical and that they will be forced to pretend they like. A good start is to go to the doctor's office and find a magazine from two or three years ago - any fashion item or cultural product contained within will now be so past-it that you might as well be gifting them a glowing lump of uranium. For maximum effect, pretend that you are "down with the kids" and insist on them opening your present in front of their peer group, accompanied by inappropriate slang and a request for a group selfie. They will hate you forever.

#### The lazy sports fan

Getting wound up by irrelevant things is key to the identity of the sports fan, so it isn't hard to goad them with an inappropriate Christmas gift. For many fans it's as simple as confusing their team with another one from the same city, and you get bonus points if the other team plays a completely different sport. "Here you go Dave, I know how much you love Manchester City Hockey". To work that angle, British football fans are also guaranteed to be infuriated by any gift involving American football. Ironically, if the recipient is a true armchair dwelling beer swiller, one of the coldest gifts you can get them is the necessary equipment to do some sport themselves. It's a bit like buying a housecat a guide to spotting birds, catnip locations or the joys of still owning your own balls.

#### The embittered nerd

Most nerds are pretty chill, but for people who love to go on about how they were bullied at school, there's a sizeable minority who are hilariously intolerant of anything that doesn't fit their rigid perceptions of what "geek culture" should involve. The reaction to the recent Lady Ghostbusters film would have been overblown even if the filmmakers had ceremonially executed Bill Murray atop the temple of Zuul, rather than just made a new film that was slightly better than Ghostbusters 2. If you know one of these sensitive nerds and you're trying to wind them up there are a lot of options because their tastes are so arcanely specific. You can get them the ".. For Dummies" book for any technical subject, ideally for their least-favourite computer operating system. You can buy a modern remake of a classic movie (Total Recall; RoboCop; one of the Star Wars prequels) or a version of their favourite video game that's two or three years old. In fact, you can look at any of the other groups I've described in this article and just buy their ideal gift for the nerd instead. For a bedroom-dwelling comics obsessive the Robbie Williams CD, Manchester United strip or a Nutribullet is the equivalent of Dracula unwrapping a garlic shower set and some crucifix cuff-links. Just don't ask them to fix your computer ever again, because they have memories long enough to remember George Clooney as Batman, and your laptop will end up connected to the dark web and running a Russian cyber attack against the CIA





WORDS Grace Ryan ILLUSTRATION Roanna Farmer

# Not What it Used to Be

WORDS Lorna Forrester ILLUSTRATION Russ Atkinson

One of the many curious paradoxes about humans is that we enjoy feeling sad sometimes, which is what nostalgia lets us do in a contained, safe way. Who doesn't get some kind of catharsis from lying on their couch with a glass of wine and having a good old cry over photos from years ago, or listening to music that dominated the airwaves on a literal radio back when you were small and didn't need to worry about rent and neoliberalism?

Alternatively, if you're slightly less morose than me, looking back on simpler times can be really comforting, like buttered toast or watching the Vicar of Dibley at Christmas with a cup of tea. In a year that by all accounts was a massive cock-up, Googling pictures of Justin Timberlake's bleached perm from the early noughties could just be the opium of the masses we're looking for.

Not to mention nostalgia is in. We're talking the return of crop tops, chokers, platforms, the Gilmore Girls, LPs, an etiolated version of the Spice Girls and seemingly more remakes than original films. Just Google 'millennial nostalgia' and you'll see hundreds of articles about how twenty-somethings are more nostalgic than the generations that preceded them - so what's going on? Obviously capitalism is playing its role in the creation of this nostalgia wave. Like longer skirts, a sanitised, selective version of our past sells very well in times of uncertainty. That's not to say that reboots and throwbacks always feel cynical though: I found the whole Pokemon Go thing really heartwarming because it seemed to tap into something pure and childlike in the twenty-somethings around me.

Then there's the not exactly negligible role of digital too. Millennials developed alongside technology. We remember the time before the internet, but came of age just as it began to permeate every aspect of our lives. The rate of progress seemed to double and then double again with each step forwards. No sooner had we adopted MSN messenger than we got Myspace, then migrated to Facebook, then Twitter, then Instagram, then Snapchat, then suddenly we're able to bombard the world with images, thoughts, Vines (RIP) and find whatever and whoever we want, whenever we want. Five years felt like 20 in terms of the changes we were seeing and making. Even Facebook is passé now, whereas it took ages for letters to go out of fashion and now they're kind of back in again. When you consider we were the last generation to have a technology-free childhood, you can understand why our youth feels even longer ago than it actually was. Throw in the fact

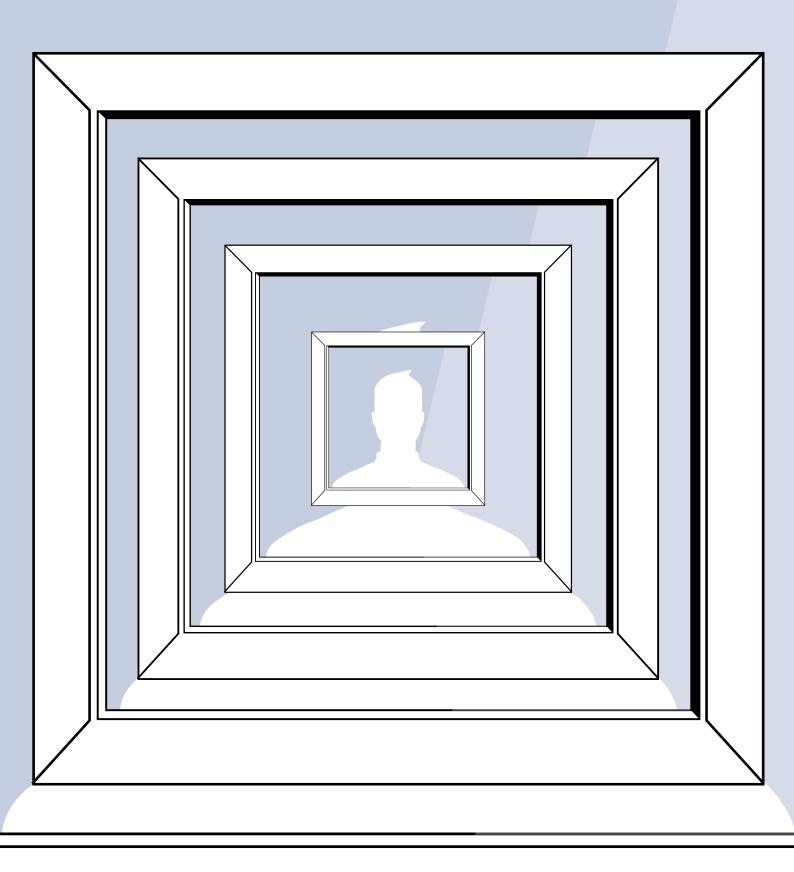
that millennials are the first generation projected to be less well off than our parents, and you can forgive us for wanting to live in the past a bit.

Interestingly, digital has also radically shifted the creation of memories. Pre-internet, bouts of nostalgia usually caught you off guard: a chance meeting with an old friend, a whiff of a certain perfume on a railway platform, a song you last heard years ago happening to come on the radio. Now that we can access any memory, any information, any person, any song, any

video at any time, the gap between the formation of a memory and reflecting on it may never be able to really grow. From stalking exes on social media to the existence of podcasts like Instant Nostalgia 'the podcast that reviews itself', it almost feels like we're standing between two mirrors with the future and the past an infinite reflection of each other. How will we, in the future, feel nostalgic for this current time if we spend it all feeling nostalgic for a previous time? It all becomes a bit agonisingly derivative.

*"From stalking exes on social media to the existence of podcasts like Instant Nostalgia 'the podcast that reviews itself', it almost feels like we're standing between two mirrors with the future and the past an infinite reflection of each other."* 

Like many things that can make money or win elections, nostalgia plays off a real or perceived sense of loss. It's melancholic in a bittersweet way, a wistful yearning for a time or place we can't get to again, or more often than not never really inhabited in the first place. The nostalgia frenzy will pass when the future and present seem more navigable.





# LOOKING BACK A REVIEW OF 2017

 $\times\!\!\!\times$ 

WORDS Grant Runyon ILLUSTRATION Will Bertram

If there's one thing you can say about the last couple of years on this planet, it's that there's seldom been a dull moment. Writing in December 2017 it's hard to imagine what people from the past would think if they were here today. I'm sure many of us remember thinking that 2016 was the craziest year on record, but with the benefit of hindsight the world was only getting warmed up. Let's take a look back at some of the events that have made 2017 so memorable.

#### 2017 in politics (pt1):

President Trump takes office After a shock victory in the 2016 presidential elections, Donald Trump is inaugurated as the 45th President of the United States - the first orange American to assume the role. At first the world breathes easy when he declines to attend meetings or announce any policies beyond ranting on Twitter. Instead Trump prioritises the redecoration of the White House in gold leaf and the removal of all paintings depicting non-Billionaire "loser" presidents. Security services easily distract The Donald by giving him a fake general's uniform covered in medals and a tour of Area 51, meanwhile staff take the opportunity to install a giant red button that says "start Nuclear War!" - when pressed it floods the oval office with young women in bikinis and sleepy gas. By April Trump reveals a hand-picked team to run the most powerful nation in the world - including disgraced pharmaceutical boss Martin Shkreli, five virginal internet nazis, Steven Seagal, Vladimir Putin, the sexual assault bear from The Revenant and Piers Morgan. Nevertheless no concrete policies are brought into force, because Trump denies his own election promises and arrests anybody who tries to quote him on them.

#### 2017 in celebrity deaths:

the grim reaper's victory lap David Attenborough dies (eaten by penguins). Paul McCartney dies (run over by a yellow submarine). Delia Smith and Nigella Lawson die (death by chocolate). The Queen of England dies (slipped on a corgi). All remaining members of the original Star Wars cast die (after reading spoilers). Katie Hopkins stays alive (like a cockroach). Stephen Fry dies (cuts himself on a quip). Kanye West doesn't die, but tries to start a breakaway nation and is imprisoned by President Trump's Minister for Justice (Hulk Hogan). Peppa Pig dies (turned into artisan pulled pork). Barack Obama, Hillary Clinton, Bill Clinton, Bernie Sanders and countless American journalists and intellectuals die (in completely non-suspicious circumstances).

#### 2017 in culture: spoilers everywhere

In 2017 music, art and literature are thin on the ground, as nobody wants to become too beloved by the people and risk leaving the planet before their time. This allows the comprehensively unlovable Honey G from X Factor to ride to the top of the British charts, and for the immortal Taylor Swift to establish total daytime radio dominance, even if each of her successive boyfriends meets his end in increasingly gruesome and implausible ways. The Kardashian family remains sufficiently unpleasant to avoid the celebrity grim reaper, and strengthens its dynastic hold on the pages of supermarket tabloids by marrying some of its junior members into other celebrity families such as the Osbornes, the Jacksons and the Simpsons. Comics fans are entertained by eleven new movies from Marvel Studios, including fan favourites A mission to colonise Mars is founded by the owners of Amazon, Microsoft and Facebook, but is beset by problems because the rocket software tries to upgrade to Windows 11 and the engine readouts are hidden under inspirational quotes reposted by the astronauts' mums. Also, nobody wants to pay extra for Amazon Prime so that the rocket will actually arrive on time.

#### *"The pound stabilises at €0.6 and 0.75 Trumpdollars, based on strong demand for Britain's remaining exports: Robinson's Racially Insensitive Strawberry Jam and Adele records."*

such as Beetle Teens, Dyslexic Muscle Scout and Space Accountant. Reflecting the spirit of the age, Game of Thrones finishes with a three-hour final episode that kills off every single character, even Sir Boring and Lady Boobsout, who are only onscreen for thirty seconds in season two.

### **2017 in politics (pt2):** Britain has a bit of a tiff

In Europe, a Brexit deal is finally achieved when Britain agrees to surrender free movement, tariff-free trade and all inward EU investment in exchange for a passport with a picture of the Dad's Army cast and a guarantee that the full English will always be available at cafes on the Costa del Sol. The pound stabilises at €0.6 and 0.75 Trumpdollars, based on strong demand for Britain's remaining exports: Robinson's Racially Insensitive Strawberry Jam and Adele records. Whilst the UK is distracted by bloody riots sparked by a lack of innuendo in the new version of The Great British Bakeoff, Nigel Farage appoints himself Lord Protector and suspends what is left of democracy. With Attenborough and Fry dead, it is announced that all nature documentaries must be narrated by Jeremy Clarkson or Janet Street-Porter. Britain riots again, smashes all its remaining nice things, and Farage is executed by Bill Oddie partisans.

#### 2017 in technology: jack off

Despite unexpectedly bad sales of the iPhone 7, Apple decides to double down on its critics and release a new iPhone with no headphone jack, volume control or port for a charge cable. Headphones are surgically implanted directly into the user's skull and the phone can only be re-energised by placing it on a special altar, which will not supply power if it detects insufficient loyalty to Apple products.

#### 2017 in politics (pt3): China in your hands

By the middle of November, many people are claiming that 2017 is absolutely the worst year on record and that nothing worse can possibly happen. Humanity had shown itself to be unprepared for Zika's ability to evolve into a zombie plague, for climate change to end the production of Innocent fruit smoothies or for the traditionally-reserved British people to strangle each other over a jar of Marmite. Once again, predictions were wrong, as President Trump manages to stumble on the genuine nuclear codes when searching online for an even younger wife. Within forty minutes a missile strike has been launched against China, who are in a position to retaliate immediately because Julian Assange gave them Trump's wifi password ("BigDonald69"). Across both nations, anybody who hadn't spend the last 11 months constructing a bunker is incinerated, with the exception of Taylor Swift. On the bright side, Jersey's careful neutrality in international matters allows our small Island community to eke out a continued existence. Who would have guessed that sea lettuce has anti-radioactive properties, or that our historic tolerance of country Parish mutants would help us adjust to citizens with three arms and psychic powers? Always look on the bright side of life - I hope you enjoy other Gallery features coming up, including a fashion shoot of charred rags and the best

charred rags and the be dented tins that can be exchanged for a kilo of seagull meat.





WORDS Alex Farnham

Hi guys! So, what have I missed? I took a break from writing for Gallery back in the summer, as I felt like I'd depleted my supply of half-baked observations and oversimplified opinions. I figured I'd need a couple of years to gather my thoughts and top-up my ever-leaking vat of inspiration, but here we are again. Not even four months have passed and already I'm overflowing with a wealth of knowledge and information that I just can't wait to impart upon you, my unfaltering, faithful readers...

Ok, maybe not knowledge exactly... heck, maybe not even a wealth! Can you have a wealth of something you don't want, or can it only be used to quantify the positive? You can't have, say, a 'wealth of cold sores' can you? It's more like a nuisance. I'll go with that then. Here I am, with a nuisance of information to throw at you much like a chimpanzee would throw its... you know... but with less faecal matter and more verbosity.

Anyway, for those of you who are new - let me give you a quick introduction. My name is Alex, and I like to write things. It may come as a surprise to some, but I've been around ever since I was born, and from a young age I discovered that I quite enjoyed existing, so I decided to make a living out of it. Growing up as what you might describe as an apathetic dandy, I was never much of a sporty or physical person, so I decided to fight my battles using words, which led me to this constant internal struggle between wanting to make people laugh, but being too shy to do it out loud. Skip forward a few years (I don't have time for a full autobiography, and I promise you wouldn't care) here I am sitting after hours on a Friday at the radio station where I work, attempting to succinctly and legibly get my thoughts onto paper, or rather the digital representation of paper that Microsoft Word kindly offers. Before you call me a loser, I would like to point out that I'm actually waiting for the others to clock off so we can go to the pub, I'm not spending my Friday night at the office alone – give me some credit, please. Though, you could argue that seeking validation and making excuses makes me more of a loser, so I guess I am one – you were right all along!

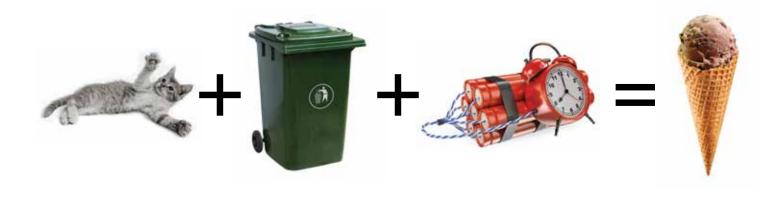
Now I'd like to actually crack on with the point of this resurgence into the world of gallery, if that's alright? I think it's only fair that I get to the point instead of sitting here talking about what I'm going to do like some sort of budget Hamlet...

Ready? Ok, here we go. I can't be the only one who's noticed the downright absurd turn the world has taken over the last year, can I? Since we last spoke I believe we've had Brexit, an MP was shot and stabbed to death in the street, about a million celebrities died, everyone pooped themselves about Marmite potentially being taken off the shelves... oh, and the USA elected a Reality TV Star as their next president. Political beliefs aside, whatever way you swing, you can't deny it's been a real mess of a year. Globally, it just seems like everything has been turned up to eleven, but in a bad way.

I have this theory that it must've all stemmed from something, then I remembered a few years ago when that old lady put a cat in a bin. Remember that? That was so stupid. I feel like since then people have just thought "Well, I guess it's cool to just do whatever we want now". Whilst we're on the subject of cats (new readers will learn that they're basically all I talk about)... you know when they slowly push things off tables just to see them smash on the floor? I think that's what's happening with the world. We're waiting for it to smash, which would be CATastrophic (sorry) but on the other hand it could just clang around on the floor and, well, be just fine really.

What I want to do is consider a worst case scenario. Let's start with Brexit...

If you've got the mind-set of a white, middle class millennial with Facebook, Brexit means racism. It means everyone who voted 'Leave' hates the gays, they want immigrants out and England for the English. They want low taxes and tall buildings, they want fracking and fox hunting and they want seclusion. So what happens next? Article 50 is eventually triggered, and in the years that follow, Britain leaves the European Union. It turns out the conservative government really do want to deport all foreigners, take away basic human rights laws, make abortion illegal... that kind of thing. Time passes, then, in the year 2020, America elects Donald Trump to his second term in what's now known as the United Empire of America, and Britain exists, cut off from the world, in a state of hyper-right wing tyranny. Scotland has finally seceded, Ireland is whole again, and Wales is probably just



a Crown Dependency anymore? Maybe we're just the Independent Republic of Jersey, and everyone speaks Jèrriais and eats ice cream on the beach and just doesn't care about what's going on in England. Actually... that part doesn't sound so bad. But come on guys, there are bigger issues to discuss here! So, in this secluded former Great Britain, you're penalised for being homosexual, for being foreign, for being Muslim... meanwhile in America, all gorillas are shot, just in case a child falls in their enclosure.

This is all ridiculous. However, if we amplify the apprehension and fear that some people are quite rightly feeling based on what they hear, then this is what a post Brexit Britain means to them. It's no secret that we live in a digital age of sensationalisation and selfies, and if I have to read the phrase 'echo chamber' on Facebook one more time, I'll shoot a gorilla. It's all so negative and pessimistic. It's judgemental and cruel, and we're heading for a shared vision of a worst case scenario, all thanks to that stupid woman who chucked a cat in a bin.

Here's what I think will happen really... I'm not sure if it's naïve, overly optimistic, or just plain stupid – but if people can categorise others into purely good or purely evil based on their political views, then I can do this. (Oh, and by the way, people can think what they like, I'm not saying they're wrong, I just think that people villainise to make their point, which ends up conjuring that horrible idea of a potentially fatal future.) As

watching the rugby. God only knows what's **"You know when you were at** happened to Jersey! Maybe we aren't even school and a couple of the naughty kids were being idiots so the whole class was kept back at lunch? That's what I feel about the far-right."

> romantic as it may sound, we don't live in a dystopian future, and things are actually just fine. I'd like to think that the majority of people who voted to leave the EU (I didn't, by the way) did so because they believe it's best for the country. Yes, there's a selection of bad people who think bad things, but that doesn't mean that we're turning into this big nation of racial intolerance. It may seem like we are at times, but I genuinely believe there are too many good people around to let that happen. You know when you were at school and a couple of the naughty kids were being idiots so the whole class was kept back at lunch? That's what I feel about the far-right. There are just a few who are ruining it for the rest of us, which has unfortunately conjured a worst case scenario in our minds: 'We're going to be kept in at lunch, I just know it'. It's human nature to think of the worst possible outcome, and to be fair, we're probably closer to that future than we've been for quite a long time, but surely if it's actually going to happen, it stems from hatred?

I actually think it's going to be ok. Luckily, the majority of people are tolerant, and love the world and those around them. Look, I'm not saying we should all light some incense sticks and shag on the floor, but metaphorically speaking, maybe it's not such a bad idea? If people keep fighting against the worst possible outcome, then surely it can never happen. You know what? If it does, I'm moving back to Jersey to eat ice cream and speak Jèrriais.

Going forward with this feature, I think I'm going to look more specifically into the fact that it's not always doom and gloom, regardless of how much we might want to think so. Let's try to focus on the positives, instead of signing online petitions to get Theresa May put in a bin by that cat lady, or whatever mean thing you want to do to someone.

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## REFLECTIONS

We asked ten people who have featured in the magazine this year the same ten questions (strictly speaking it was 13 if you include the top three, but who's counting) to find out, amongst other things; their highlights of 2016; thoughts on where they'd have built certain buildings and what law they'd introduce if they could.

#### Matt Porteous

#### Parish: St Helier

During the day... I observe, capture, edit, laugh and eat.

Favourite thing about Jersey... Family, friends, coastline, the ocean. Personal highlight of the year? Launching Studio\_M with a team of incredible storytellers and great friends.

Work highlight? Photographing the future King of England. What was the best event you went to? Sark to Jersey Rowing race, we were left floating in the ocean for over an hour, It's the most relaxing time I had all summer.

**Best activity you did in Jersey this year?** Free-diving on the north coast into secret underwater caves.

What and where was your best meal out in 2016? Acai bowls from Nude food for breakfast and Little Thai for dinner.

Who would you invite to your perfect NYE dinner party for 6? Attenborough, DiCaprio, Depp, Hardy, Moo and LaChapelle. Where would you have put the new police station and hospital? Hospital on the waterfront next to the Radisson, with floor to ceiling windows all facing out to sea, the greatest healer is our ocean. Police station, yes end of the tunnel seems great.

What law would you introduce for 2017? Anyone caught littering will be deported to an offshore oil platform. Full time unpaid leave for Honorary police and free parking to everyone. Compulsive moaners and complainers will also be deported to join the litterers on offshore oil platforms. Shops with bad signage, tacky banners and shocking window design will be closed down and moved to the oil platforms for the litterers and moaners to buy their daily produce.

Do you have a New Year's resolution? Make more time for family and friends.



#### Georgina Noel

Parish: St. Ouen

During the day I... Run my own Coaching business working with EFT and NLP

**Favourite thing about Jersey...** It's my home! It's a special place and my heart is here.

**Personal highlight of the year?** Fight training with Pisces Thai Boxing Gym for my first ever Muay Thai fight!

**Work highlight?** I have run several EFT trainings and they have been so enlightening and inspiring.

What was the best event you went to? Yoga retreat in Bali! Does that count?! If in Jersey, answer would be the Forbidden Broadway at Jersey Arts Centre because it was wicked!

**Best activity you did in Jersey this year?** Got to be fight training!

What and where was your best meal out

**in 2016?** Mark Jordan at the beach: fancy fish and chips and a delicious chocolatey dessert... YUM!

Who would you invite to your perfect NYE dinner party for 6? My boyfriend, john (he's probably cooking haha!), Jack Whitehall, Ryan Reynolds, Chelsea Handler, Mindy Kaling and Rose McGowan.

Where would you have put the new police station and hospital? Oof! My honest answer is, I haven't a clue.

What law would you introduce for 2017? I would introduce some kind of Emotional Wellbeing law that would force employers to take their employees emotional and mental health seriously and make it a priority.

**Do you have a New Year's resolution?** Not yet. If I were to make one right now it would be to launch myself fearlessly at my dreams.

#### Toni Bracken

Parish: St Saviour

During the day I... Run the best recruitment agency on the island, Park. Favourite thing about Jersey: Its beauty. We are truly lucky to live on this stunning little rock.

Personal highlight of the year? Getting pregnant for the first time. Work highlight? Growing our team recruiting two new consultants.

What was the best event you went to? My brothers wedding at a fabulous converted stable in the Spanish hills filled with family and friends.

What was the best activity you did this year? Hiring matching mopeds with my husband and dicing with death haring around Formentera, Ibiza.

What and where was your best meal out in 2016? Barrafina tapas Drury Lane London sat at the bar with my husband.

Who would you invite to your perfect NYE dinner party for 6? Sorry but as cheesy as it is it would be with the people I love - my husband and my best friends - How could I risk an amazing meal in a top city with anyone else?

Where would you have put the new police station and hospital? I would have left them both where they currently are.

What law would you introduce for **2017?** No mobile phones at the dinner table – home and out.

**Do you have a New Year's resolution?** It will be boring exercise one – to return to exercise as quickly as possible and improve fitness particularly in my Parkrun times and boxing.





#### Jamie Racjan

**Parish:** Trinity – The forgotten Parish **During the day I....** In my eyes, I am responsible for the smooth running of Fungi Delecti. In my staff's eyes I probably hinder the running of Fungi.

**Favourite thing about Jersey...** Coming Home. I travel for work all the time and love seeing the island on the final approach.

Personal highlight of the year? Turning 40 has lived up to all expectations. Young enough that my body doesn't spasm when I act like a teenage but old enough to enjoy an afternoon nap or spend more than I should on a bottle of Claret.

Best activity you did in Jersey this year? I'm going to use the best activity that I didn't do this year! I've never been to the Écréhous. My wife bought me a trip for my Birthday. I wanted to go in late summer so booked at the end of their season. Needless to say the weather was horrendous and the trip was postponed.

What and where was your best meal out in 2016? I'm in the trade so I'm never going to pick one of my customers over another.

Who would you invite to your perfect

NYE dinner party for 6? Frank Turner, James Cordon, Stephen Fry, Bobby Moore, Salma Hayek and Walt Disney. It's a bit of a risk putting Frank in their as his politics will generally upset most people but he'd be miffed if he found out I was having a dinner party but didn't invite him, so I'll just have to chance it but try to keep him off the Breda.

Where would you have put the new police station and hospital? What on earth has

station and nospital? What on earth has that got do with me!

#### What law would you introduce for

**2017?** Mandatory tour of France for all newly qualified drivers to study how to be courteous and respectful to cyclists. We are idiots over here and have much to learn!



#### Karl Moss

Parish: St Brelade

**During the day I...** like to support Bean Around the World and CafeJAC by swanning around drinking coffee and pretending to work.

Favourite thing about Jersey... No commuting. I love being able to have a social life in the week, not just at the weekends. You can't beat the beaches, food and close proximity to everything! Sorry that was "things" plural.

Personal highlight of the year? A holiday in the British Virgin Islands for my 40th with a great group of friends / alcoholics :) Work highlight? Heading to Vegas for a "conference". You can't beat working hard but having fun doing it. Roll on 2017!

What was the best event you went to? The ATP Finals in London. I booked it eight months ago, so a complete fluke to see Murray win it and end the season as world No. 1.

**Best activity you did in Jersey this year?** Kitchen Inferno for Cheshire Home and Lukes House. A challenge but great fun and for two fantastic charities.

What and where was your best meal out in 2016? Gaucho. Steak!

Who would you invite to your perfect NYE dinner party for 6? I could say Elon

Musk, Barack Obama, Paul Rudd, Micky Flanagan and Will Ferrell but I'd prefer to just have some mates round really.

Where would you have put the new police station and hospital? The Police Station where it is at Green Street. The Hospital at Peoples Park turning the old hospital into staff accommodation and a new park.

What law would you introduce for 2017? Allow dog walking on some beaches during the summer

**Do you have a New Year's resolution?** I don't really do them. If it's worth doing, why wait? Get on with it!

#### Barbara Corbett Parish: St Helier

**During the day I....** work at Benest Corbett Renouf. I am an advocate, a partner and Head of Family Law.

**Favourite thing about Jersey...** its inclusiveness and friendliness.

#### What was your personal highlight of

**the year?** The merger of my previous firm Hanson Renouf with David Benest Law to create the new firm Benest Corbett Renouf. Followed by a further merger with Lambert Legal.

**Work highlight?** I have had some good results in court for clients this year.

What was the best event you went

**to?** There have been so many good concerts, especially during the Liberation Music Festival.

Best activity you did in Jersey this

year? It has to be an after work swim in the sea with a colleague this summer - it certainly wasn't possible when I worked in Rugby!

What and where was your best

**meal out in 2016?** Lunch at Bohemia, exquisite in every way.

Who would you invite to your perfect

NYE dinner party for 6? This is tricky... if it were 6 guests I know, I would say my husband James and my five children, or my 6 partners at BCR...but if we are looking at a party of 6 from anyone I would say: Margaret Drabble, Libby Purves, Victoria Wood, Oscar Wilde, Lord Denning and Andrew Marr.

Where would you have put the new police station and hospital? I think the police station is looking very good where it is, suitably central. I would have chosen People's Park for the hospital. A hospital needs to be convenient for everyone.

What law would you introduce for 2017? A new family law reform law to bring in no fault divorce!

Do you have a New Year's resolution? Same as ever, to be good and work hard!





### Lauren Devine

Parish: St. Helier

**During the day I....** work as a Science teacher and outside of school I am often training or playing netball (Lauren is the captain of Jersey Jets).

Favourite thing about Jersey... being so close to the sea

**Personal highlight of the year?** My sister graduated with a first in Law from Liverpool University and I was so happy to celebrate her success with her and my family.

**Work highlight?** I have recently passed my dissertation for my Masters in Education, this was extremely rewarding and has been really beneficial for my work.

#### What was the best event you went to?

I always, always love the Seaside Festival at Havre Des Pas and this year did not disappoint!

**Best activity you did in Jersey this year?** I was really impressed when I visited all the Tamba Park activities, I particularly liked the dinosaurs.

What and where was your best meal

**out in 2016?** I was treated to a lovely meal at Ormer, everything from the food to the service, décor and atmosphere was exceptional!

Who would you invite to your perfect NYE dinner party for 6? Kevin Bridges! Where would you have put the new police station and hospital? I think the Extended Site option for the new hospital is a good decision for the Future Hospital. Due to the size of Jersey we are always going to be limited as to where we can locate such buildings as the new Police HQ and unfortunately, whatever decision is made, some people are always going to complain!

What law would you introduce for 2017? I would have to ask my sister about this one, but I believe that due to the nature of the small Island there should be a law that can protect adult's identity from exposure in the media under particular circumstances. Do you have a New Year's resolution? To use my time wisely



#### John Garton

Parish: St Brelade

**During the day I....** work for Jersey Product Promotion, run the Genuine Jersey Products Association and coordinate the Jersey Royal UK PR Campaign.

Favourite thing about jersey... Diversity, it's a great place to live, work and play. Personal highlight of the year? Getting

to know the new team at Visit Jersey – I'm lucky enough to share office space with them and now work closely with them to promote Jersey.

Work highlight? There's been a step change of the awareness of how amazing our local produce is - working with Visit Jersey who have coined the phrase The Big 4 referring to our principal exports: Jersey Royals' Jersey Dairy, Lobsters and Oysters has focussed our message and re-energised the campaign.

What was the best event you went to? Locally it must be 'Spice'.

#### Best activity you did in Jersey this year?

I hosted a dinner at Food-at-52 in Shoreditch, London with pig farmer and TV presenter, Jimmy Doherty, for journalists and bloggers to promote Jersey Royals.

#### Where and what was your best meal out

**in 2016?** I'm very lucky as I get to eat in a wide range of the island's restaurants but the meal that stands out the most for the best food must be the tasting menu at Ormer – awesome.

Who would you invite to your perfect NYE dinner party for 6? The producers of the food that we were eating.

Where would you have put the new Police

**Station and Hospital?** Any brown-field site that works - we've got to stop building on green fields.

What law would you introduce for 2017? Remove GST from locally grown, caught and reared food and locally produced art and craft - it would be a tremendous support for the rural economy.

Do you have a New Year's resolution? No!

#### Stormtrooper Jersey aka Paul Bentley

Parish: St Clement During the day I... am the Commanding officer at the Star Wars Jersey Garrison.

Favourite thing about Jersey... The fantastic coastline and environment. Personal highlight of the year? The release of new Star Wars movies -Roque One on December 15th.

Work highlight? Putting on our Star Wars concert with Jersey Premier Brass on December 2nd.

What was the best event you went to? The Pride of Jersey awards event where we reached the final three - thanks to everyone that voted and nominated us.

**Best activity you did this year?** Continuing our fundraising activity is hard to beat as we all have so much fun interacting with the public.

What and where was your best meal

**out in 2016?** We are spoilt locally, but a highlight is the chef's table tasting menu at Bohemia. They don't serve blue milk though!

Who would you invite to your perfect NYE dinner party for 6? Maybe <u>predictably</u> but George Lucas, Steven

Spielberg, John Williams, Harrison Ford, Katherine Kennedy, Bob Iger would certainly encourage some interesting conversation.

Where would you have put the new police station and hospital? The Waterfront and The Waterfront - that area still needs completing!

What law would you introduce for

**2017?** Some sort of accountability for politicians and equal rights for droid entry to Tatooine cantinas!

**Do you have a New Year's resolution?** To further strengthen the Star Wars Jersey Garrison enabling us to raise even more for charitable causes. Oh, and peace throughout the galaxy.....





#### Haydn Taylor Parish: St Martin

**During the day I...** work at Ravenscroft Stockbroking & Investment Management and am proud to be the chairman of the British Heart Foundation Jersey Branch

**Favourite thing about Jersey?** I just love that there is so much going on here.

**Personal highlight of the year?** The BHF's "My Marathon" event took place in May and I took part for the first time this year. We ended up raising over £5,000.

**Work highlight?** Ravenscroft Stockbroking & Investment Management, sponsored the JEP Pride of Jersey "Angel of the Year" award. I was involved in the judging and presented the winner, Brontey Luxo-Piazza with her prize.

#### What was the best event you went to? Groove De Lecq.

**Best activity you did in Jersey this year?** SandStorm, whilst I didn't participate witnessing the teamwork demonstrated by the participants was fantastic.

#### What and where was your best meal

**out in 2016?** I'm going to restrict this to Jersey! I had a meal at the new No 10 Restaurant in Bond Street which I thought was exemplary.

#### Who would you invite to your perfect

**NYE Dinner Party for 6?** I would do exactly what we have done every year recently and that is to get together with our closest group of friends and family.

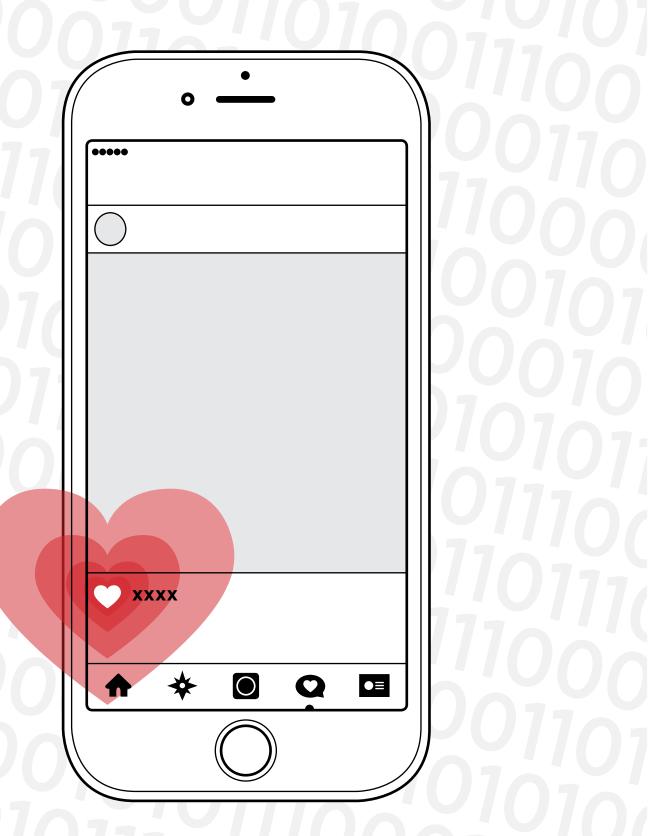
#### Where would you have put the new Police

Station and Hospital? I think the current site of the Police Station will work well but I would imagine making some compromise to current access to the North. Conceptually I would have preferred to see

the Hospital on a new site.

What law would you introduce in 2017? I would introduce a law to make it illegal to manufacture or distribute cigarettes.

**Do you have a New Year's resolution?** I don't make resolutions as such any more as I have failed to achieve so many.



## SOCIAL MEDIA WHY I'M GLAD I DIDN'T GROW UP WITH IT

WORDS Ria Wolstenholme ILLUSTRATION Russ Atkinson

Social media is something I can't now imagine living my life without. I essentially spend every day carrying an address book that acts as Facebook, a photo album that acts as Instagram and a diary for all to see with a restrictive character count that acts as Twitter at the touch of a button on my phone. But it wasn't always this way. I used to use a house phone to call my friends to see if they wanted to meet at the park, and the first time I used an instant messenger wasn't until I was about 13. I did in fact used to live my life without social media, so why am I so dependent on it now?

The truth is, it's not just my generation who have been sucked into it. A recent poll showed that three-quarters of UK children spend less time outside than prison inmates, and that a fifth of children didn't play outside at all on an average day. With this in mind, it's scary to think what could become of the future generations children. Will the storyline of Pixar's Wall-E come true? Will we end up devolving into lumps of flesh, sitting in floating recliner chairs and only interacting through computer screens?

If you have met a small human in the last 3 to 5 years, you'll be familiar with the question "does your phone have any games on it?". This has now evolved to "can I take a Snapchat?". My now 10-year-old cousin could work my iPhone with the greatest of ease by the time she was six. It scared and astounded me all at once, trying to fathom how someone so young had the technological capability of most 20 year olds.

This new craze of living your life online, and letting 'likes' on posts determine your self worth is a concept that sadly has taken hold of many of us. The unique power that it has over young people is scary and confusing to many, but also understandable and totally explanatory when you see what a huge role it plays in day to day life.

What I worry about the most, is how this new way of life affects young people's self esteem. Researchers at UCLA recently conducted a study to see how social media affects the minds of young people. They scanned the brains of a few dozen teenagers as they watched what looked like an Instagram feed. The study found that when teens saw their own pictures had received a high number of likes, they showed a greater activation in an area of the brain called the nucleus accumbens. This is an area that's part of the brain's reward circuitry - the part of the brain that's making you feel good about yourself.

"We've created movements, we show support and we stand as a united front with something as simple as sharing, retweeting or liking something. There's a real sense of community and support, and it's an amazing thing to be a part of."

This shows us just how ingrained our belief that likes equate to popularity has become. We believe that the meaning of a post is worthless unless it shows a certain level of appreciation from others. The world of a child, teenager or young adult now revolves around the image they put out on social media, with some creating a posed aesthetic online to appear a certain way and gain a certain following. Popularity doesn't start in the classroom anymore, it's moved on and is rapidly evolving.

Although I have fallen into the dark hole of social media and the cravings for likes more times than I'd like to admit, I'm glad that I didn't grow up around it. I spent my childhood being anonymous to everyone apart from my immediate friends and family. The exposure this new online world is giving kids is something to be treated with extreme caution.

A social media account can provide anyone with a lot of information, misconceptions and opportunities to take advantage of vulnerable people. Revealing too much about where you live, what you spend your time doing and what you look like online opens a new door for people who don't have good intentions to go from just watching you through their screen, to doing something a lot more serious and frightening. Being a victim of online grooming, harassment and bullying are unfortunately all possibilities when you put yourself online, so approaching it with caution and a sensible attitude is extremely important.

That said, it's important to acknowledge that social media has changed the world for the better in many ways. I feel that my own and the younger generations are some of the most open, accepting and forward thinking thanks to the exposure to the internet, and the availability of information that comes with it. We've created movements, we show support and we stand as a united front with something as simple as sharing, retweeting or liking something. There's a real sense of community and support, and it's an amazing thing to be a part of.

Not all social media is bad and dangerous, but if not used correctly, it can become just that. It'll be interesting to witness where it takes us next.

## ALL LAID OUT IN Black & White

There's the Tory manifesto that promised strong leadership, a clear economic plan, and a brighter more secure future that just over 12 months later ended up with a Prime Minister who resigned, economic turmoil and a future that is anything but secure. There's Trump's pledged wall across the Mexican border, which it transpires is more likely to be a fence, if it's anything. There's the promised Brexit gift of £350 million per week for the NHS, which turns out not to be £350 million and not actually for the NHS. There's the much-heralded end of Obamacare, which isn't actually the end at all.

Whatever else 2016 has been good for (Biden memes? American bigots? Victor Moses?) it hasn't been the most spectacular year for political promises, which have had almost as rough a time as political pollsters.

But what about Jersey? Has this vogue of broken promises and political half-truths, quarter-truths and no-truths reached us?

Unsurprisingly, yes. And surprisingly, no.

But first, some (political) science. The clever bit about the Jersey system is that the government comes up with the manifesto after the election, not before it – that's a neat side-effect of what politicians here call our "culture of political independence".

So, while a normal system would run like this: political parties release manifestos, public pick a party based on who they want in charge and which manifesto they like more, the winning party sets up a government; the Jersey system runs like this: there's an election in which noone really says anything, and then the politicians decide who's going to be in charge, and then the politicians decide what they're going to do (in what they call a Strategic Plan).

In the last few years this model has seen a few things which might be considered unusual elsewhere – like the Chief Minister coming down in favour of a population cap of 100,000 pre-election and then doing nothing about it while the population hit 101,000, or a politician getting the role of Education Minister having never once used the word "education" in any campaigning material, or a surprise black hole of £145 million emerging just weeks after an election.

And yet, despite having levered the public out of political decision-making, Jersey's politicians have still managed to find a way to break a few commitments here and there. The most obvious is population – politicians set a "planning assumption" of immigration growth of 325 people per year in 2009. That target, sorry, planning assumption, has been broken every single year. In half of the years since, it's been more than double. Last year, the actual number was 1,500, which is in many ways a much bigger number than 325.

Now hold on a sec. This is not about whether immigration is good or bad. That debate is over. It's good. Regardless of how you feel about immigration, the influx of people and skills from outside of the Island is what fuels the economy, and more than half of us in Jersey weren't born here. But that's not the point - the point is that there's a good principle behind politicians sticking to policies. In fairness, the policy technically expired at the end of 2015 so there hasn't really been any population policy at all since 1 January, which is itself a bit odd, but ministers say that they're sticking with the old one until something new comes out. Presumably they mean "sticking with" in the loosest possible sense.

But it's not just population matters that have been problematic.

Way back in the year 2012 when the Arabs were springing and Donald Trump was just some B-list celebrity holding press conferences about Barack Obama's birth certificate, the Health department set a deadline of the end of 2014 to submit detailed plans for a new hospital, a new model for Primary Care and a funding mechanism. We are, technically at least, still waiting - the funding model was knocked back a few weeks ago, and we haven't got as far as detailed plans for the hospital except to say that ministers want the hospital to be where the hospital is (don't laugh - it cost £5 million of your money to get that far). As far as funding the hospital, which is

expected to cost around £466 million, forget it. Although ministers have drawn up a financial plan and the States have approved it, that's been left out. Whatevs. It's only £466 million.

But is all this proof of the post-truth culture arriving in Jersey politics?

Well, no - it's just politicians doing what politicians always do, have always done, and always will do. There are a few over here who have a touch-and-go relationship with the truth, but that's not exactly a new thing, it's not exactly a thing that only happens in Jersey, and it's not exactly a thing that you don't expect.

" If anything, 2016 may be the year that our political culture started to look better than that of the US or the UK. For all the faults, and there are many, of how politics is done here, the Island doesn't have a UKIP or a Breitbart News, still less a Trump or a Farage."

> If anything, 2016 may be the year that our political culture started to look better than that of the US or the UK. For all the faults, and there are many, of how politics is done here, the Island doesn't have a UKIP or a Breitbart News, still less a Trump or a Farage. The nationalistic populist global vogue that's actually responsible for a good proportion of all of this post-truthiness doesn't really feature in Jersey – there's incompetence and dishonesty, sure, but not on the same scale, and probably not much more than there is in any other field, anywhere else. And bizarrely, maybe that's something that we should be happy about.

**GIVE** COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



#### SWIMARATHON TO GO GREAT LENGTHS FOR JERSEY YOUTH

Five local charities, that all provide support services for the island's youth, have been announced as the beneficiaries of next year's Swimarathon. Brighter Futures, Brig-Y- Don Children's Charity, Brook Jersey, Every Child Our Future and Jersey Association for Youth & amp; Friendship will share half of the monies raised. The five-day event, which takes place each March at Les Quennevais Pool, is the island's longest running charity fundraising event.

Lion Andrew Quinn, president of the Lions Club of Jersey said, 'This year it was a unanimous decision to focus the Swimarathon on local charities which help young people. The selected organisations offer everything from educational parenting programmes for families and individuals, life-enhancing experiences for those in care, one-on- one reading support for primary school pupils and hostel accommodation for young adults. A great set of charities for 2017, in what will be the 100th year anniversary of the formation of Lions Clubs International, although we haven't reached that milestone in Jersey quite yet!'

Other monies raised by the Swimarathon will provide respite holidays for local people, support for Pathways, a new youth movement with a membership of more than 150 youngsters, and a range of community services in the island.

#### Public nominations open for Jersey's first Jersey Heart Awards

Public nominations are now open for Jersey's first Jersey Heart Awards, organised by the BHF Jersey Branch to recognize Islanders playing a leading role in the local fight against cardiovascular disease, Jersey's biggest killer.

There are several categories up for public nomination, each recognizing important lifesaving roles within the community.

The deadline for nominations is Sunday 8th January when the panel of judges will whittle down entries to a shortlist of finalists for public vote.

Nominations can be made through the BHF Jersey website along with full details about each category and the Gala Dinner, visit www.BHFJersey.com/HeartAwards

#### JFSC Chairman plants trees for Jersey Mencap

The Chairman of the Jersey Financial Services Commission (JFSC) recently took time out from official duties plant trees for Jersey Mencap.

Lord Eatwell will be joining members of the local charity and its clients to plant silver birch at the organisation's Pond Project on Friday morning (21 October). While at the site, the Chairman will also cut the ribbon to officially open the Project's new tool shed, which JFSC staff members purchased through their fundraising efforts.

The JFSC nominated Jersey Mencap as its annual charity for 2016 in April and since then staff members have raised approximately £2,500 in just six months. Groups of JFSC volunteers have also been heavily involved with working at the Pond Project site near Rozel, clearing overgrown footpaths, woodland and marshland areas, planting trees, and laying the foundations and building the tool shed.

#### £10,000 award scheme and sector survey launches new charitable partnership in Jersey

A new charity launches in Jersey with the aim of championing the voluntary sector by connecting, representing and supporting voluntary organisations which are so vital to the Island.

The Jersey Community Partnership 'JCP' seeks to nurture effective relationships with individuals and corporate donors willing to help with improving the flow of money, ideas and volunteers into the voluntary and community sector. The JCP also aspires to work with voluntary organisations wanting to make themselves more effective and to work with States of Jersey Ministers and their officials to develop robust and credible social policy. The Jersey Community Partnership is keen to replicate the successes of independent charitable partnerships in other jurisdictions which have pro-actively assisted in building sector capacity, resilience and sustainability.

The JCP voluntary board are an experienced group of community investors dedicated to making a difference to our community. Nigel Smith, the Chairman said "I am delighted that Gillian Arthur, Tom O'Connor, Aidan McAvinue and Mike Graham have agreed to lend their expertise to this exciting partnership."

The first project for the partnership is a Voluntary Sector Survey. There is limited data available on the sector to understand its contribution, effectiveness and what major challenges exist. Therefore the JCP are launching a sector survey in December 2016 to provide the sector with a chance to answer these important questions and have their say on the future challenges, with the results being published end of March 2017. A local philanthropic organisation is keen to support the importance of this initiative and have provided £10,000 through an awards scheme to encourage participation. All voluntary organisations need to do to be considered for a stake of the £10,000 award scheme is to complete the survey

www.jerseycommunitypartnership.org for more information.



### Active Jersey launch new Sport and fitness App

It's that time of year when everyone is looking ahead to the New Year and considering making their resolutions for 2017. Exercising more and going to the gym will probably feature for a great many of us. Well if you're considering joining a gym then you'll want to hear all about the new sports and fitness app which has been launched called Active Jersey.

You can use the app to view up to date fitness class times, swimming pool timetables, centre information, opening hours, news, events and social media feeds too and you can opt to receive push notifications on the go.

If you're already an Active member then the app is even more useful as it also allows you to book fitness classes at Fort Regent, Les Quennevais and Springfield. No more phone calls or searching for timetables online, everything will be available at the click of a button on your smartphone or tablet. You'll also be able to add yourself to waiting lists or cancel a class if your plans change at the last minute.

With over 120 fitness classes a week on offer across the centres it really does open up a huge amount of possibilities. Downloading this useful app means no more queuing at the centre reception desk waiting to see if there is a place in the class you want to do or having to rush straight from work hoping you'll get a spinning bike. Once you've chosen your class of choice you can add the booking straight into the calendar on your phone, or share with your friends on Facebook, maybe you'll be able to encourage someone to come and join you!

The app was developed by Gladstone Leisure, a company responsible for rolling out the app in a range of clubs in the UK and Europe, so they know they're stuff.

To download the app visit the app store and search for Active Jersey (iPad users you'll need to search in the iPhone apps). On downloading you will be able to add each Active centre, known as a 'Club' and then access the timetable and information of each place. If you're a member you can simply request a unique PIN number from the Active office to activate your personalised settings so you can start booking yourself onto as many classes as you want, helping you to make those resolutions a reality.

This useful app is available to everyone and is compatible with iPhone, iPad, iPod touch (iOS 7.0.0 or later) and android devices and it's free to download from either the App store or Google Play.

For customers who do not have a smartphone normal booking channels are available in sports centres. For customers with access to a computer Active is launching an online booking facility in

#### "No more phone calls or searching for timetables online, everything will be available at the click of button on your smartphone or tablet."

December. Active Book Online will offer the same functionality as the app but from the desktop. E-payment opportunities for nonmembers is also in the pipeline for 2017.



GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY

#### Students turn up the heat in the kitchen

Students in Jersey took to the JCG kitchens in October to create their own show-stopping main dish incorporating the finest ingredients the Island has to offer.

The annual JCG Skills for Life Cookery Competition was open to all secondary school students in Jersey. Pupils from Le Rocquier, Haute Vallée, Les Quennevais, Beaulieu, Victoria College and Jersey College for Girls all competed for various trophies.

This year, the competition had a new main sponsor. Genuine Jersey – which was established 15 years ago to promote the diversity and quality of local produce and products – has committed to support Skills for Life for the next three years.

At the prize giving, sisters Kyla Mc Donagh and Megan Mc Donagh showed that culinary talent ran in the family. They each won the award for their year group and were awarded special judges' choice awards. Kyla, year 7, won the Shaun Rankin Award for Best use of Jersey Produce. While her sister Megan, year 11 who is also currently the Rotary Young Chef Jersey award winner, won the Jersey Markets Trophy for Best Overall Entry in Competition.





#### If you can't stand the heat...

The annual event, Kitchen Inferno, took place last month and raised over £12,000 for Jersey Cheshire Home and Luke's House, a new children's home for disabled children in India. Two teams of novice chefs who have a wide range of cooking abilities, went headto-head in the Hotel de France kitchens, under the direction of four local top chefs to cook a fine dining menu for 150 guests.

The teams had three training sessions over five weeks with each of the local chefs who designed the challenging menu. Michelin Star Chef Steve Smith and Pastry Chef Ellen de Jager Smith at Bohemia trained the teams on the starter course, Chef David Cameron on main courses and Chef Phani Kundeti from the Hotel de France & Saffrons trained the teams on desserts.

The Red Team, led by Sure Sales Director Jon McCulloch won this year's Kitchen Inferno. We heard from one of the losing team's competitors, William Church of The Jersey Royal Company, who wasn't disappointed to be on the 'losing' team "It was a great day and evening, tiring, but definitely worth it. A fun dinner for friends and family, and a chance to raise lots of money for two deserving charities. It is a competition, but with team names of Red and Blue... the outcome wasn't important.

I'd definitely recommend it to anyone. Give it a go; you don't need to be an expert, and it's a lot of fun."

Cimandis and Fungi Delecti kindly donated the ingredients that the contestants used to produce the complex dishes. Highlands College Culinary Arts students supported the event, both in the kitchen on team and front of house, serving guests.



#### **Enable Jersey**

One of Jersey's longest serving charities has become Enable Jersey. Founded in 1970, the Jersey Society for the Disabled was established to serve the needs of disabled people living in Jersey.

As part of a wider review, the change of name to Enable Jersey reinforces that attitudes towards people with a disability are changing. It shifts the emphasis towards working alongside and empowering them, an ethos that the charity's future service developments will be based on.

Enable Jersey is building on its strengths, which include providing transport, social activities and grantmaking. Already added is an advice and signposting service for members, including support with understanding benefits and Long Term Care. It has also teamed up with Shopmobility and the Department for Infrastructure to pilot a new car lending initiative, in order to make a wheelchair adapted vehicle available to anyone who can make use of it. A survey has been launched to help explore service development areas that will have the most benefit for the people it was set up to support.

On January 11th the charity has organised a Disability Conference with speaker Professor Anna Lawson, Director of Leeds University's Centre for Disability Studies. This is accessible to all those interested in enabling those with a disability.

To find out more about the charity, register for the Disability Conference or have your say please visit www.enablejersey.org



#### Meet Friends of SCBU

Joanne Currie (Chairwoman, pictured right) and Gemma Harries (Secretary and Fundraising Co-ordinator, pictured left) are here to provide an update on what Friends of SCBU have been up to! Friends of SCBU is a small local charity, founded in March 2011 by Jersey mums whose little ones were touched by the extraordinary service provided by the Special Care Baby Unit (SCBU) at the Jersey General Hospital.

Since inception, the charity has provided the unit with additional equipment and specialist training, financial support for Jersey families and created a forum for Jersey parents to share their experiences and support each other through such a crucial and emotional time.

#### Ronald McDonald House

To support families requiring specialist treatment in the UK, the charity sponsors a room jointly with Jersey Children's charity at the Ronald McDonald House in Southampton. This is open to all Jersey families, no matter how long or frequent their stay. Going forward the charities would like to continue with this sponsorship, as well as looking to offer this service to families travelling to London.

#### Baby Bean Appeal

Recently, Friends of SCBU have been involved in a larger initiative known as the 'Baby Bean Appeal'. Working alongside Baby Life Line and Philip's Footprints, the appeal raised over £100,000 for 5 foetal monitors for the Jersey Maternity Unit. The monitors assist with highrisk pregnancies and ensure safer pregnancies for Jersey mums.

#### Friends of SCBU Events

Friends of SCBU have committed to holding a minimum of two annual events, the '5k for Jersey's Little Wonders' (which has been running annually for 4 years) and also the 'It's a Knockout Challenge', of which the charity held the first of its series in May this year. The success of this event exceeded all expectations by raising a total of £25,000. Both events are held jointly with Jersey Children's Charity, as the charities have recognised the strength of working together.

#### Thank you

Friends of SCBU would like to take this opportunity to thank those individuals, businesses and schools for supporting the work of the charity in so many ways, alongside thanking everyone who has donated to SCBU directly. The charity and SCBU are always overwhelmed by the strength of Jersey's community in supporting SCBU.



#### **Coffee Salvation**

Our gallery office location at Minden Street seems to have found itself at the epicentre of coffee culture in St Helier. Within 50 metres of our office we have just about every decent coffee provider in town. Once we had just CafeJAC one way and Bean Around the World the other. Now we have Chordz, Coopers, Costa, Momentum, the new bigger and better Alfonsos and, most recently even the Salvation Army are getting in on the action. Now holder of the prestigious 'closest coffee break location to the office' title, what was once a warehouse over the road from us has now become a pretty damn good looking bakery and coffee shop.

Stephen, the local Corps Lieutenant, showed us around when we put our heads in the door last month a few days after they opened. They've certainly been busy. The whole space has been stripped out and rebuilt from the foundations with a real nod to the character and age of the building in which they're based. Behind the original wooden barn doors lie a new floor to ceiling glass entrance. Beyond, the split level space is now a mix of tables, benches and soft seating that welcome you to sit and relax with a coffee. Exposed brick and industrial style fixtures and fittings were made locally and, according to Stephen, inspired by him looking at our office! In addition to the cafe, the building has also been designed to accommodate important meeting and gathering spaces at the rear of the cafe so that those that require the support of the Salvation Army in their mission to support the elderly, people in poverty and the homeless. The have private meeting rooms, a board room space and separate kitchen facilities.

The focus of the visible space, if the smell is to be considered, is fresh baking. Bread is baked on the premises for both purchase and to compliment the soup that the Salvation Army provide eat day. The service is to assist those that need somewhere to go and something to eat. They offer this free, with just the request of a donation for those that can afford it and the soup changes each day. For those that are looking to pop in for a coffee there are also a range of cakes. We'd recommend the cherry bakewell.

It's always good to have options for coffee and the Salvation Army extend that provision to all, with the added benefit of providing an important public service helping the less fortunate. The space is cosy, not too busy and a new little hideaway to grab a coffee and write your next novel or write a business plan, while supporting a great cause.







#### The gift that keeps on giving

Are you looking for a gift for the community minded lady, or gent in your life? Then Jersey Women's Refuge have a great new site full of gifts that will keep on giving beyond the day they are received jwrknowlovegifts.org

The new site offers a range of 'donation gifts', covering costs for a wide range of activities that JWR deliver here on island. You can browse by theme or occasion to find an activity that will really suit your friend or loved one's interests and personality whilst knowing that you're going to be helping someone in real need. Once you've chosen your gift a personalised gift certificates can be sent either by post, email or printed at home.

There are five funds that all donations go to: Bricks and Mortar, Therapy and training, Community education, Children, Equipment and resources. They also have some sweet bracelets you can add to you gift as a physical memento at checkout.

The site is the first in a range of initiatives that are planned for launch in 2017 under a long term campaign called KnowLove3 which aims to get the whole community backing a long term mission to end domestic abuse in Jersey.



## Helping Hands for disadvantaged young adults in Jersey

Young Jersey people in challenging circumstances have benefitted from toiletries, groceries and cooking evenings funded by The Channel Islands Cooperative Society's Helping Hands fund.

The Society has given £500 each to The Jersey Association for Youth and Friendship and Barnado's Jersey's Plan B. Plan B's project lead, Kate Falle, said the charity was extremely grateful to the Society.

'The money is being used to support young people in extremely challenging circumstances. Some of these young people are homeless and require some basic essentials, which we have been able to provide through simple emergency packs, these include things like, toothbrush, toothpaste and other basic toiletries. Also some simple groceries when they have really struggled to provide for themselves,' she said.

'Donations like this really support the work we do and means that we can continue to support some of the islands most vulnerable young people.'

#### Silent auction raises more than £6,000 for Durrell Wildlife Conservation Trust Guests at The Atlantic Hotel's Eat Jersey

Food Festival raised £6,162 for Durrell Wildlife Conservation Trust.

The hotel hosted a silent auction leading up to and during the Eat Jersey Food Festival, which took over the first weekend in November, raising funds for its charitable partner. Bidders were in with a chance of securing one of many exceptional lots, including a five-night stay at any Small Luxury Hotels of the World property, three nights at The Atlantic Hotel, an Anthony Joshua signed glove and a Daniel Craig signed James Bond presentation.

Patrick Burke, Owner and Managing Director of The Atlantic Hotel said "To be able to raise funds for Durrell at the same time is wonderful. The lots we had on offer were of an extremely high standard, with many of them being generous contributions from our Eat Jersey Food Festival sponsors and from the chefs who featured in our event, so I'd like to say a big thank you to all of them.'

During the weekend, when they weren't cooking, some of the chefs responsible for creating the wonderful food enjoyed by diners paid a visit to Durrell to see for themselves where the money raised would be used.





## Local charity Friends of SCBU over £6000 better off thanks to guests of Grand Jersey Hotel & Spa

Recently Martin Kelly, General Manager of Grand Jersey Hotel & Spa had the pleasure of handing over a cheque totaling £6,200 for local charity Friends of SCBU. The money has been raised thanks to generous donations from hotel guests who have kindly participated in the £1 on bills scheme.

Friends of SCBU has been the charity of choice for the five star St Helier hotel for three consecutive years and in that time the hotel has raised well over £17,000.

## L'Horizon Beach Hotel & Spa raise over £1800 for RNLI at their Halloween ball

A host of ghosts and ghouls gathered at L'Horizon Beach Hotel & Spa for a hair-raising Halloween ball which raised over  $\pounds_{1,800}$  for RNLI Jersey.

Guests enjoyed welcome drinks, a delicious three-course dinner, live entertainment and a fun casino run by members of the Jersey Round Table, the proceeds of which were also donated to the RNLI.

Partygoers got into the 'spirit' in a range of freakish fancy dress costumes with prizes awarded at the event to Matthew Harrison for his creative couture.



## EVENTS





ReTreat Launch 1ST FLOOR OF GENESIS AV, 35 HILGROVE STREET FRIDAY 11TH NOVEMBER





ReTreat, the brainchild of Florida Pools & Spas and Genesis AV, held its launch evening to celebrate the island's only showroom of vintage and contemporary games. Specialising in the rare and whimsical, the evening allowed the guests to re-live their youth, playing with the vintage pinball, arcade machines, pool table, jukebox, and helping





themselves to drinks through the authentic 1950's Coke machine. The evening was lots of fun, with Champagne flowing, a Blind Bubbles competition was held throughout the evening by Dunell's and there were fantastic canapés and cocktails by Michelin starred restaurant Ormer. Pop in and see the amazing new space when you're next passing.





Aurum's Choisir Collection Launch Party AURUM 3RD & 4TH NOVEMBER





Pendants, earrings and rings come together in Aurum's latest remarkable 'Choisir' collection. Their showroom and courtyard were transformed for this special event, with stunning jewellery displays and flower arrangements to celebrate the launch. Lucky customers got to dress up in diamonds and precious gemstones while sipping champagne and nibbling on tasty canapes.





The remarkable jewels are a true demonstration of the skills of both designer and goldsmith. From flights of fancy to timeless elegance, each piece converts from one look to another to entice and inspire.

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JIBS University Centre Graduation TOWN CHURCH AND BANJO FRIDAY 21ST OCTOBER





11 students donned caps and gowns to graduate with an International Financial Services degree awarded by the University of Buckingham. Family and friends, as well as University Centre staff and lecturers, attended the ceremony, which was officiated by Dr Frances Robinson, the Head of Collaborations at Buckingham. Louise Darwin was awarded





the Prize for Excellence, and Joseph Peacock was awarded the Prize for Outstanding Achievement. Guests then headed over to Banjo to celebrate their achievements, having completed a full degree in just two years! The JIBS University Centre now has 35 alumni, and a further 33 students currently studying for the degree.





Hair Central Relaunch 7 MARKET STREET FRIDAY 18TH NOVEMBER





Keeping the same core philosophy but with a fantastic new look and branding, Hair Central shared this relaxed drinks event with clients, thanking them for their custom over the past nine years. Guests enjoyed taster sessions of the salon's signature head and hand massages and the team chatted about





their new exclusive range, Original & Mineral, an Australian brand that takes out many harmful chemicals where possible. It was a great night with lots of new and exciting ideas and goodies. To find out more or book an appointment call 630443.

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## RIO

BEAUTY SHOPPING HAIRDRESSING





**Charity Rugby Dinner** ORMER TUESDAY 22ND NOVEMBER



Rugby fans gathered to raise funds for Wooden Spoon, the children's charity of rugby. Diners were treated to drinks on arrival in the private dining room and bar upstairs at Ormer, followed by a fabulous three-course meal downstairs in the restaurant. The evening was hosted by former England international Simon Shaw



MBE and former Welsh international Andy Powell, who both entertained guests with tales from their playing days both on and off the pitch before opening up the floor to questions from the audience. It was a fabulous evening enjoyed by all whilst raising more that £3,500 for a fantastic charity.

gallery



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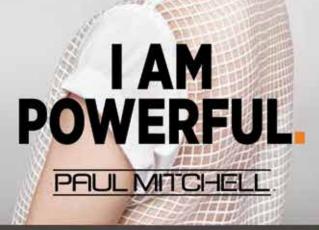


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BEAUTY SHOPPING HAIRDRESSING

RIO





Behind the scenes at Kitchen Inferno HOTEL DE FRANCE SATURDAY 12TH NOVEMBER





Bubbles and beer for the contestants at Kitchen Inferno after cooking for 150 guests for sixteen hours at the Hotel de France. Host John Torode praised the Sure Team and the Omega Financial Services Team for their outstanding performance. They'd been trained by Steve Smith and Ellen de





Jager Smith from Bohemia, Liberation Group Executive Chef David Cameron and Phani Kundeti, Head Pastry Chef at Saffrons. The Freedom Media event, sponsored by Jacksons, raised in excess of £12,000 for Jersey Cheshire Home and Luke's House in India. Sore feet and sore heads followed!





Nicola Godden and Neil Canning Exhibition Launch CCA GALLERIES INTERNATIONAL THURSDAY 17TH NOVEMBER





Guests were welcomed into CCA Galleries to preview Neil Canning's explosive abstracts inspired by landscape – the Cornish coastline, as well as urban landscapes of New York and Hong Kong exhibited alongside Nicola Godden's tactile, spontaneous figures are





initially made in clay or plaster, before being cast in bronze. The exhibition runs until Christmas at CCA Galleries Mon-Fri 10-5pm. Thanks to Fenby Miskin for his photographs of the preview event.

## HILARIOUSLY ENJOYABLE IN AID OF Special care baby unit & ROBIN WARD 60 TO WWW.KNOCKOUTJSY.ORG TO RESERVE YOUR TEAM'S PLACE IN THIS EXCITING EVENT TAKING PLACE 9<sup>III</sup> & 10<sup>III</sup>

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## Eat, Drink, Play at Tamba Bar

If you're still looking for somewhere to host your Christmas party, or you'd just like to go somewhere that's a break from the norm then look no further. The newly opened Tamba Bar at the waterfront is a stylish new venue that boasts great music, great food and great service. With a huge outdoor, heated terrace, plenty of seating and three state of the art Sports Simulators, Tamba Bar is quickly becoming the place to be!

For those that remember it, you'll be happy to know that the old VIP section of the former Liquid nightclub has had a complete make-over bringing the venue right up to date with a stunning decor and a sky ceiling which makes the space feel light and welcoming. Heading up the food being served at the bar is renowned Head Chef Gael Maratier bringing his flair and quality dishes that has already made Tamba Park renowned for its high standard of food.

Hundreds of thousands of pounds have been spent bringing over and installing three of the very latest, state of the art gaming simulators. These revolutionary and accurate machines allow the chance to play sports including golf, rugby, football, shooting and many more, placing you in the heart of the action on some of the most famous courses and venues from around the world without having to leave the island. You can choose from a variety of different Simulator Room packages, which can be tailored to meet your needs. Whether you want to hire out the whole space for up to 40 people or a smaller group the team can work with you to design a bespoke package that works. Even if you've already got your Christmas get together sorted with party packages available for up to 40 people available all year round Tamba Bar is a great alternative party venue for work or social events. They also have Sky sports on four widescreen TV's making Tamba Bar the perfect venue to watch all the big sporting action coming up.

#### "These revolutionary and accurate machines allow the chance to play sports including golf, rugby, football, shooting and many more, placing you in the heart of the action on some of the most famous courses and venues from around the world without having to leave the island."

To celebrate the festive season Tamba Bar are also offering you a discounted rate of £20 per hour Monday to Friday before 4pm for the whole of December and January too, so you've got pre and post Christmas sorted. You can eat, drink and play at Tamba Bar, the perfect combination!

Tamba Bar, The Waterfront Centre Tel 01534 761261 Mon - Sun 11:00AM - 11:00PM

gallery

# TRAVEL

When Summer's over, Winter takes control. Some like the leaves falling in Autumn, some like the shoots of Spring. For me, each are just stopgaps between the really important seasons; Summer and Winter. The former means flip flops and sunshine, the latter means snow. As our Winter Edition lands we're plotting snow trips and reflecting on the previous season, looking to ski or ride more than last year, every year.

WORDS Ben Davies

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gallery



Last winter we had the good fortune to be invited to Morzine to sample winter at one of our favourite summer haunts, Chilly Powder's Au Coin de Feu chalet hotel. Nestled at the top of the Prodain valley that carves its way up toward Avoriaz, it is perfectly placed for a Morzine stay with regular buses to town but also the benefit of being a stone's throw from the new fast Prodain lift that gets you that vital few hundred feet higher to the slopes of Avoriaz. We were there to coincide with the inaugural Transition Festival, organised by the people behind Snowbombing. So a week of luxury mixed with some decent night time entertainment. Hard to refuse! There's something unique about riding a cable car to and from a club each night and feeling like you're still on a premium family holiday while at the chalet!

We'd visited Chilly Powder before in the summer months but despite the year round appeal, a Chalet based business is obviously heavily geared toward the winter. The ski locker and warming room that stood spare in summer start now becoming heavily used and the familiar clomping of guests in ski boots slipping into slippers at the end of the day takes over. Whilst the lift is a few hundred yards from the building, when the ground is covered with the fluffy stuff, you can ski right to the garden from the slopes of Avoriaz. Whilst adult skiers will want to head to the hills, for little ones and first timers there is a drag lift that's almost adjoining the property and Chilly Powder can help with arranging ski school. If

your little ones are still a bit too small for winter sports (3 and under) then the on-site childcare and playroom and crèche will keep them entertained and looked after. The childcare provision and facilities are unique for Morzine, with fully qualified nannies able to care for children as young as three months! They are all themed and slightly different but are also designed with families in mind. Our daughter loves 'The Indian Room' with its own little room-inroom for one. ABOVE LEFT: Dizzee Rascal headlining the first night at Transitions 2015

ABOVE RIGHT: Avoriaz by night

"We were there to coincide with the inaugural Transition Festival, organised by the people behind Snowbombing. So a week of luxury mixed with some decent night time entertainment. Hard to refuse!"

When the ski day is done, and small people have run down to the play room on the lower floor, the cosy welcoming warmth of the central fireplace and modern yet classic alpine charm are the perfect welcome home atmosphere when you come off the mountain. Homemade afternoon tea is served every day and guests can relax near the fire, in the adults-only snooker room/library or in the in-house bar. A camaraderie certainly develops each week as beers are shared and tales of the day are shared.

...CONTINUED



**TOP ROW:** Just one of the lovely bedrooms, the dining room, lounge & library / pool room at Chilly Powder's Au Coin du Feu. **BOTTOM ROW:** Avoriaz by day, living the dream and après ski beers in the hot tub.

#### ...CONTINUED

The main chalet is fully catered, with those staying in Au Coin de Feu benefiting from an excellent standard of not only mountain food but also other cuisines. Chilly Powder's business model was built on the principle of offering superior food with Francesca, who owns the company along with her husband Paul, having trained as a Cordon Bleu chef. It's clear that this influence has been prominent as the company has developed with meals at Chilly Powder a cut above those of other serviced chalets I've stayed with. During our trip to Chilly Powder in the summer we enjoyed light and fresh produce but winters become more hearty as summer salads become lamb shanks. It's a great atmosphere at dinner on long tables that feel like a big family banquet each evening. Guests from Chilly Powder's nearby self catering chalets also get to join in for dinner one day a week.

The orientation of Chilly Powder's facilities to its winter patrons continues outside as the hot tub comes into its own in the snow, providing an amazing location from which to consider the might of the surrounding mountains and the way the buildings of Avoriaz peer down on the valley. If you're in need of some muscle relaxation then walking across the garden in your slippers and robe to a yurt that functions as the massage and treatment room is also pretty special. Lying in a yurt, in the snow, in the mountains, having a massage is a good place to be. Fact. Try the 'Beanie and Boots' - a combination of a head, neck and shoulder massage combined with a foot and calf massage. Worth 55 Euros of anyone's money.

Morzine has become one of my favourite resorts. Close to drive to, a short hop (1hr) from Geneva and with a great set of terrain, a characterful town and, in Chilly Powder, a great location for both family trips and breaks with friends. If you're heading out to the snow this season, Chilly Powder should certainly be on your list for consideration.

Weeks at Chilly Powder start at £465 per person half board. Self catering chalets start at £1,000 per week. Telephone 020 7289 6958 or check out www.chillypowder.com. Blue Islands operated flights are flying direct to the alps, Jersey to Geneva in February half term with a 9.25am departure on Sunday 19 February & Sunday 26 February. Book at Flybe.com

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# Get a room: The London EDITIO

Sarah Cilliers Nikolas Koenig

We've all got them. Those memories of hotels once stayed in and never forgotten, with swooningly beautiful rooms you could guite happily move into. If you're ready to add one more to your list then read on...

> It started at the door. Glittering lights lead the way into the London EDITION's grand marble lobby with its lavish ceilings, velvet sofas and mercury glass-mirrored bar. But just in case you were thinking it sounds a bit too Belle Époque for you, there's a giant chrome egg sculpture hanging as a chandelier and a neon light spiral art installation to catch your eye while you check in. That's the sort of contrast this five star design hotel delivers exceptionally well - think iconic landmark hotel sophistication but without any of the pretentiousness.

> And while the lobby is all glamour and glitz, the rooms are sanctuaries, panelled in walnut and floored in oak with fresh hydrangeas on the table and an artfully rumpled faux fur throw on the kingsize bed. It's like finding yourself in a luxury chalet, complete with the softest bathrobes, a super comfy mattress you'll just want to sink into and a sleek white bathroom with a rain shower and Le Labo products created exclusively for the hotel. Then there's the not-somini bar with a skull-shaped Crystal Head vodka bottle, Hendrick's gin and a snack drawer filled with popcorn, chocolate and all kinds of midnight indulgences.

Tear yourself (if you can) away from your room to Berners Tavern, the hotel's sophisticated restaurant and bar. With its eccentric fine art-lined walls, bronze chandeliers and soaring ceilings, it feels more like you've stepped into a Parisian ballroom than a dining room. Even if you're not staying for dinner (you should), don't miss out on trying the experiential cocktails served in crystal glasses at the gold back-lit bar – Petrichor and Waxed Apple were the standout winners. Berners Tavern's brilliant best-of-British menu from Michelin-starred chef

those rare hotels that can turn a simple night away into an unforgettable stay you wish would never end. With Soho and Oxford Street on your doorstep, and Selfridges and Regent Street just a few minutes' walk away, you're close enough to the city without the crush of the weekend crowds. It feels like a sanctuary - one that comes with superb dining, stunning décor and quite possibly the most comfortable beds ever. Try it and you'll be smitten too.



Jason Atherton is definitely worth booking, and with restaurants like Dabbous, Hakkasan and Momo within staggering distance, you're spoilt for choice. Still standing? Find your way home to the hotel's Punch Room bar, a Victorian gentlemens' club-style secret retreat for a knockout gin punch nightcap. The London EDITION is one of



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#### And while you're in London...

Shaun Rankin's Ormer Mayfair has been cutting quite a dash in London dining circles since it opened this autumn. The Jersey chef is flying the flag for island produce with a menu that brings a beauty parade of Jersey's finest - local lobster, crab, Royal Bay oysters, foraged sea herbs and hand-dived scallops to the heart of Mayfair.



If you're an islander, you'll notice something immediately familiar as soon as you walk into the handsome brasserie-style dining room at Flemings Mayfair Hotel - along with the scent of smooth leather and vintage wood, you can smell the sea. It's not surprising really, Shaun Rankin's dishes celebrate the bounty of Jersey's coastal terroir with all its sea herbs and fresh salt air. Team it with a fresh and inspiring journey through the latest British wines and some incredible new world discoveries and you've got a winning restaurant that's already making waves.

We started with a glass of vintage Nyetimber served with a lip-smackingly good lobster brioche roll amuse-bouche - so moreish I can still remember the taste. Signature starters of Jersey crab with Asian pear and Jersey oysters were delicate yet decadent, and tasted like catching a wave. And then some serious main courses, meltingly tender Dover sole with a perfect quail's egg served scotch egg-style and salt-baked sea bass cracked open in front of you, served with sweet Parma ham and the winningly-named salty fingers - Jersey-grown sea herbs.

Wine recommendations are courtesy of Andreas Rosendal the head sommelier who's passionate about new discoveries and a genius storyteller when it comes to the wine journey. Look out for the excellent Abel Mendoza Rioja with its intense buttery flavours, or the crisp Roero Arneis, a white that tastes like a red, or a rich and chocolatey dessert wine discovery straight from Uruguay.

"If you're an islander, you'll notice something immediately familiar as soon as you walk into the handsome brasserie-style dining room at Flemings Mayfair Hotel - along with the scent of smooth leather and vintage wood, you can smell the sea."

> Do save yourself for dessert, with Shaun's famous treacle tart and the chocolate brownie with salted caramel popcorn taking top ranking. But for nostalgia, don't miss the coconut mousse with pineapple and lime warm sunset flavours that bring memories of a Jersey summer flooding back, and the sun-baked heat of the granite sea wall at St Ouen's after a midsummer dip in the sea.

Finally London gets to taste what we've always had - the best of island produce on their doorstep. Shaun Rankin's new venture is a love letter to Jersey, and it's carrying our reputation across the Channel and giving it a sharpened edge. Definitely one to watch... Ormer Mayfair Flemings Mayfair Hotel 7-12 Half Moon Street London W1J 7BH 0207 016 5601

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67



Nepal is not for the fainthearted. Whether it's the slightly terrifying bus journeys, the huge spiders dotted around the mountains or the fact you might see a goat get beheaded in the middle of the street - but this magnificent country will have you wanting to be on the next flight back as soon as you leave.

Incense wafts through the chaotic streets of Kathmandu, car horns constantly beep, warning pedestrians that they are going to drive whatever happens and men, women and children carry baskets, weighing more than 60 kilos, on their backs. But it is not the hustle and bustle of the city that has you mesmerised but instead the constant draw of the mountains wherever you are in the country.

Long-haul flights were not something I was familiar with and as I stepped on the Jet Airways plane at Heathrow Airport I worried about what I had got myself in to. After a fairly pleasant nine hour flight and an 11-hour stopover in Mumbai, (not so pleasant) I was finally on my way to Kathmandu - where I would be greeted with an airport that was more chaotic than a group of children at a birthday party fighting over the last slice of cake. People don't tend to travel to Nepal for a relaxing holiday but instead choose to climb the number of mountain ranges this incredible place has to offer. Whether you are looking for a day-long trek or something that will last for months – Nepal has it all.

Although most people flock to Kathmandu the majority of treks involve a jeep, bus or car journey to the start destination and this is an experience that will have you laughing days after. As me and my mate piled in to the jeep, with our English-speaking guide Chasbbi, we had no idea just how eventful the next nine hours of our life were going to be.

'They call it the dancing bus,' Chasbbi joked as I leapt out of my chair, almost crashing through the windscreen and cursing under my breath for about the hundredth time in the last half an hour. My mate thought it was hysterical but I wasn't so impressed. Not only did we have to contend with roads situated on the edge of mountains - there was also the added complication of dense mud, huge buses coming the other way and the Nepalese 'go-slow' attitude that the majority of them possess.

Waking up the next day alive was a bonus but we were due to start our two and a half day trek to Phillim, just north of Ghorka, and I was ready to go. For anyone planning a trek then my advice would definitely be to hire a porter – it doesn't cost much and you soon realise that the ambitious plans you had to carry your huge rucksack are completely stupid.

Nothing can prepare you for the sheer beauty of the mountain ranges. You only need to walk an hour and waterfalls shifting gallons of water steal your gaze. Mules draped in colourful cushions pass up and down carrying everything from oil drums to sweets for the children. The sound of bells round their necks is never too far away.

Magnificent butterflies hover around your walking boots as you trek through the tranquillity that many people in Nepal still choose to live in. Steep paths, stone walkways and scary drops make the trek an experience like nothing you have ever experienced before. When you think you truly are in the middle of mountains with nothing but waterfalls and trees surrounding you – you will stumble across a village community that are grinding seeds by hand to make wine and wading through paddy fields to feed their families.

The children will run to you saying 'namaste' and asking for chocolate – their beautiful faces making it hard to say no. Women who look many years older than 100 sit smoking cigarettes in their incredibly colourful outfits, watching the world go by and westerners trekking past with their high-tech gear and ridiculously large bags.





#### "On leaving Nepal I had caught the bug - the travelling bug that I told myself, and everyone who knows me, I would never catch."

However long you choose to trek for, if at all, Nepal has it all and caters for everyone's needs. The people you meet will make you want to return – even with very little, they welcome you in and offer you everything they have.

Although there may not be a wide variety of food to choose from and the toilet facilities may take a while to get used to – none of that will matter when you are high in the mountains, with no sound of traffic, being able to contemplate life and not worrying about a thing.

Returning to the hustle and bustle of the cities when you return from the mountains can be a shock but heading to Pokhara, which is the second largest city in Nepal, is a perfect place to readjust. If you have time head to Sarangkot and watch the sunrise over the snow-capped mountains. The Peace Pagoda, otherwise known as the Shanti Stupa, is a perfect place to meditate and take everything in. Take a short boat ride across one of the many lakes Pokhara has to offer and welcome in the new day.

On leaving Nepal I had caught the bug the travelling bug that I told myself, and everyone who knows me, I would never catch. I left feeling calmer about life and taking with me that trait so many Nepali's have and the one I fell in love with - to not worry about anything because it will all be okay in the end.















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## ESCAPE THE ROCK

Escaping the rock is something almost all of us want to do from time to time. We all have different degrees of wanderlust at every stage of our lives and whether you're looking to jump ship for a few weeks or plan a longer trip taking in multiple destinations the options these days are endless, the world really is our oyster.

> But, booking that trip can result in a mission of colossal proportions involving enough tabs on your internet browser to confuse even the most tech savvy person. Booking flights with one provider to get off the island; then another to get to the next destination; do the flight times work; do you need to transfer airports; what's the best route to get to where you want to go; have you found the most cost effective way to do it all and that's all before you've even thought of where to stay and what to do when you arrive.

Well, worry not Gallery readers there is now a local company offering you the perfect solution to all your travel woes. escapetherock.je are an online travel agency who can help you book your trip from start to finish, taking into consideration all of the things only an islander knows they'd need to worry about. The added bonus is that the site is operated by a local company with two travel shops, Bellingham travel in St Brelade and St Helier, which you can go and visit, should you wish to leave the comfort of your own home and speak to someone in person about planning your next big adventure.

Whether you're looking to book your two week holiday or you are considering ways that you can travel the world whilst making it a better place we've put together a list of places to help inspire your travel plans for 2017:



#### Vietnam - Nha Trang

Successively occupied by China, Russia, France, Japan, and the United States, Vietnam has had its share of foreign interference. But today, the Vietnamese are focused on rocketing into the future. In this new era of confident self-determination the atmosphere is one of palpable optimism. Fortunately for travellers, Vietnam's traditional charms have not yet been eclipsed. Vietnam's beaches are truly captivating, as the region has grown in popularity over recent years, they are now receiving the attention they deserve. Nha Trang is located on the Southern central

coast of Vietnam, boasting 6km of golden sands stretching along a curved bay backed by impressive mountainous. It is the perfect destination for beach lovers, water-sport junkies and lovers of sumptuous seafood. Nha Trang is also Vietnam's diving capital, with many offshore islands to explore and abundance of marine life a few minutes boat ride away; ideal for 'taster' dives, as well as more experienced divers.

"Vietnam's beaches are truly captivating, as the region has grown in popularity over recent years, they are now receiving the attention they deserve."

#### Thailand - Pattaya

Pattaya is a bustling city on Thailand's eastern gulf coast, with Bangkok only 90 miles away. Once a small fishing village it is now known for its great beaches and vibrant nightlife. From sunrise to sunset Pattaya is always switched on and fun! The city is built around Ao Pattaya, a wide, crescent-shaped bay that was one of Thailand's first beach resorts. North Pattaya is a quieter, more upmarket area while Southern Pattaya remains the nightlife hub. The beaches are full of water-sport lovers and sun-worshippers during the day but after dark all the action moves to the streets where revellers explore the neon-clad bars and clubs. North Pattaya is a more tranquil, upmarket area while Southern Pattaya South remains the nightlife hub.





#### Thailand - Koh Samui

Idyllic Koh Samui lies 50 miles off the eastern coast of mainland Thailand; boasting stunning turquoise waters and soft sun-kissed sands fringed by tropical palms. Home to coconut groves and lush mountainous rainforest it is one of Thailand's biggest islands, known for the vast array of resorts and spas, from relaxed and unpretentious to the grand, together with the vibrant nightlife of Chaweng Beach. From the minute you arrive the island's natural beauty is evident, this Thai gem will wrap its charm around you. For a calmer, more tranquil offering with less tourists head south or west to discover family-run authentic Samui restaurants and towns whose inhabitants are descendants of the original Chinese merchant settlers.

#### India - Goa

Goa is a small, yet diverse state in western India with coastlines that stretch along the Arabian Sea. Here you can expect a fantastic climate, a warm welcome from the Goan people and fabulous food. Goa is known for its sun-kissed beaches, wonderful markets, all night parties and a blissful exotic vibe. The food in Goa is an important part of everyday life, a taste-bud-tingling fusion of Indian and Portuguese flavours. Be sure to sample a Goan Fish Curry and Goan Pork Vindaloo... if you're brave enough! Although many visitors head to Goa to chill-out in the sunshine on one of the many beaches flanked by swaying palms, there is so much more to see from historic towns to aromatic spice plantations and lush mountains to roaming rivers. It really is a beautiful place full of charm and character.





#### New Zealand - Queenstown

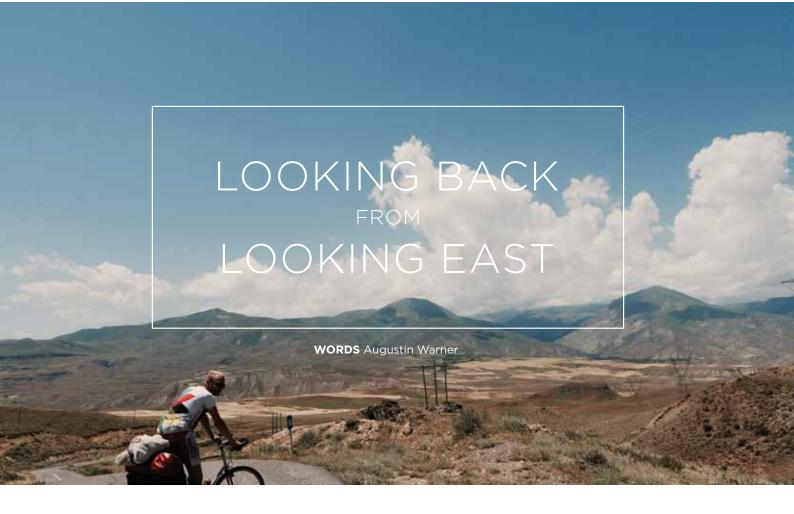
Queenstown is a resort town in Otago perched on the shore of the South Island's Lake Wakatipu with the dramatic backdrop of the Southern Alps. An adventure tourism hotspot, it's known the plethora of adventure sports on offer. In winter, there's skiing and the country's highest vertical drops. Summer brings paragliding, mountain biking and bungee-jumping. Most visitors to Queenstown come away having done something crazy for the first time - If the scenery doesn't take your breath away, the action will! Queenstown is not just for adrenaline junkies, there is another side; the one with the cosmopolitan restaurants, trendy bars and a wonderful arts scene. It truly is a year round destination.

#### Brazil - Rio de Janeiro

Be prepared to experience life at full speed. Sensuality, dancing, and partying: it seems the Brazilians have made a science of all that is fun in life. The world champions of hedonism were no doubt aided by a lush land and steamy climate, but still there is something different about Brazilians. Rio de Janeiro or simply Rio is a vast seaside city in Brazil. A captivating city famed for its beaches, tropical landscapes and Rio rhythms. Copacabana and Ipanema beaches are playgrounds that are open to all, freely offering endless enjoyment in the form of football, volleyball, surfing, snacking, drinking or simply unwinding amid the procession of people.



www.escapetherock.je



We first heard of the journey of intrepid explorer Augustin Warner in our July issue of Gallery when he was just 90 days into his epic journey traveling from France to China on a bike. He has now returned home from his Eurasian challenge, one that saw him pass through a multitude of countries and three continents in order to get to his final destination. Here he talks us through the latter part of his incredible journey which stopped just short of his final destination.

When I set out on my journey from across the great Eurasian landmass by bicycle I told myself that I would be upset and disappointed in myself if I did not achieve two things. The first, I was determined that the journey would be continuous and unbroken, that I would never move forward on any mode of transport other than my bicycle. The second, that at the very least I would reach Xinjiang Province, the most western part of China. I failed on both accounts.

What's interesting in looking back and writing this retrospective is that although my journey was not continuous, although I did not reach China, although I did not achieve my initial goals, I don't consider the journey a bust. In fact, I'm happier than ever.

From Yerevan you ride south down a great valley towards the mountains. The Turkish border runs alongside on your right and as you glance over Mount Ararat, the legendary resting place of Noah's Ark, casts early morning shadows into Armenia. Moving back up into the Caucasus mountains I spent the next couple of weeks navigating the passes, camping amongst the pine trees or sleeping in tumbledown farmsteads. Almost every day on the road an ancient shepherd will wave you over to offer a shot of homemade vodka.

Meghri Pass leads you up and through the last Armenian mountains towards Iran. As you crest the final climb the view changes almost instantly. Behind you, lush, green flora cascades down the mountain sides, streaked with lines of blinding white snow and jagged grey stone. To your front the peaks are arid, brown and orange, dotted with scraggy bushes, scarred with bone dry runoffs.

I spend the night in the small village at the bottom of the valley. Here I meet a Dutch guy, Tom, also cycle touring, and we decide to cross the border together in the morning. We hit a steep climb straight after the border in 40 degrees plus heat. For what little was left of the morning and into the early afternoon we traverse scorched hills with not a soul in sight. Slowly more vegetation and grass began to appear in the late afternoon / early morning. We had entered Iran about five days into Ramadan, but were lucky enough to find a dusty café still serving. We ate a late lunch of stringy goat and beans, with raw onion and orange soda.

We made our camp on a ridge line which separated two small villages. As the night sky turned from bright blues and vanilla, to dark blues and purples to black and black, lighting and thunder began to rip its way across the mountains.

I left Tom in Tabriz and set off on my own towards Tehran. There were lots of friendly and generous people breaking up the repetitiveness of riding on a route with hardly a single turning. From street vendors to security personnel, anyone can show extreme hospitality in Iran.

That's not to say that you can't get into trouble. On the dusty highway just outside of Tehran, I am pinned against a wall and half of my cash is stolen. Which presents a unique problem in a country under international sanctions, where your credit cards don't work and wire transfers are impossible.

I'm taking road 44 Imam Reza all the way from Tehran to Mashhad. East of the capital the distances between a town or a service station start to lengthen. The further you go, the further the distances between some shade and water. Judging travel time, factoring wind and heat, becomes increasingly difficult. The temperature flirts with 50 degrees. That moment you pull into that long-awaited service station, limp up to the freezer, pull out a water bottle frozen solid, is one of unbridled joy.

The desert broken by the bushelling provincial towns. Hundreds of motorbikes and scooters cut through the market stalls. The road then curves up gaining elevation. The towns are tucked right into the base of the Zagros Mountains. Clouds form atop the jagged peaks, taunting you, the shade they cast tantalising out of reach.

I swear everyone says that the desert gets cold at night. But in Abbasabad, camped behind a tiny mosque the temperature never drops below 27 degrees. The sand and dust from the desert clings to your sweat. You pray for the wind to blow all night to keep you cool. You pray for the wind to stop at 6am on the dot so you can fly along the road.

I have a few days to kill in Mashhad. It's another public holiday and the Turkmenistan

Embassy is closed. The city authority recently banned the smoking of shisha in most public areas. So a friend and I drive downtown to a huge concrete park strewn with auto repair shops. Next to one garage is a solitary door, a CCTV camera pointed directly down. We ring, stare into the camera and the door is opened. It swings on its hinges onto a flight of stairs, smoke and dust mix in the static air. Another door, a peephole scratches open and a pair of eyes rake over us. Once inside the atmosphere is more than friendly. Everyone seems to know each other and the fact that a foreigner has joined them for a smoke sends some patrons into almost hysterical laughter. I sit there smoking, thinking that such high security and secrecy would warrant an opium den or a crack house...

Sitting on Air Astana flight KC252 sipping on a punchy G&T, as the Iranian landscape falls away beneath me so many different emotions are flooding through my head. I realise that

after six weeks this is the longest I have ever spent in a single foreign country. My views on Iran have gone back and forth so much during this time. Now all that's left is a confusing mess of contradictions. In many ways I'm really glad to leave. I want to get back on my bike, start moving again. Also certain things about Iran have come to deeply frustrate me.

On the other hand, I have made so many close friends here. I've seen so much. I've heard so many incredible stories. I glance back out of the window. We are flying directly over the road that took me from Tehran to Mashhad. In one hour we cover the route that took me nine days by bicycle. At first this is a bit demoralising. But as I continue to stare out of the window the vastness of the terrain becomes apparent. The mountains roll off to the north until they are lost in cloud. To the south the desert horizon disappears into a haze of dust and sand. I'm so glad I rode all the way across this awesome country.

We're now over Turkmenistan. When I was first rejected my visa I was so angry, like a little child. But a conversion with an Afghan family on the train back to Tehran brought into sharp relief the difference between my petty selfish visa problems and their life changing ones.

I manage to get back on my bike in Samarkand, that ancient and wondrous city. A key trading post on the Silk Road Samarkand



"I swear everyone says that the desert gets cold at night. But in Abbasabad, camped behind a tiny mosque the temperature never drops below 27 degrees. The sand and dust from the desert clings to your sweat. You pray for the wind to blow all night to keep you cool. You pray for the wind to stop at 6am on the dot so you can fly along the road"





still gleams like a jewel in the sand, the scorching desert sun washes across the turquoise rooves of its historic buildings. Riding out into the desert towards the Tajik border I link up with two other Brits in the town of Garsum. We ride together to Dushanbe. The last patch of civilisation before the Pamir mountains, the roof of the world.

As the road snakes its way into the foothills of the Pamir it quickly deteriorates from gleaming tarmac to a single dirt track. I was looking for a place to spend the night, the road curved around the mountainside to reveal a rundown soviet era summer camp. Clustered around a large pond were several dilapidated cabins and a cracked concrete courtyard. Next to the far cabin were two dusty motorcycles. The Russian bikers turn out to have an endless supply of coffee and smiles. We spend the night happily trading stories as the moon rose high above us, its light dancing across the water.

After eating some bad food, I awoke with the infamous Tajik tummy. I couldn't eat anything. Even a sip of water would cause me to wretch and gag. But with no people, clean water or food where I'd slept I had to move on. It took six hours to ride only 40km. I still couldn't hold any water down. By midday I was in a total state. Luckily for me whilst I stumbled around their village a Pamir family invited me into their home. I slept on and off for around 20hrs. I was kept hydrated with herbal tea and water with honey. After two nights I was ready to get back on the road. It was time to negotiate the highest passes of the trip.

This region of Tajikistan can be truly desolate. With the highest pass at 4600m and the road never going below 3500m people struggle to scratch out a living on the mountainside. The occasional white yurt or a herd of animals can be seen between the ghostly villages up here. The awe-inspiring mountains loom all around you. Food is hard to get hold of and for days I rely on bread, Mars bars, yak meat and some pasta I bought in Kourog. Salty runoff can make river water undrinkable with fresh horse milk the only substitute available. The vastness, the stillness, the altitude washes over you, it can often feel like you're dreaming.

"Luckily for me whilst I stumbled around their village a Pamir family invited me into their home. I slept on and off for around 20hrs. I was kept hydrated with herbal tea and water with honey. After two nights I was ready to get back on the road"



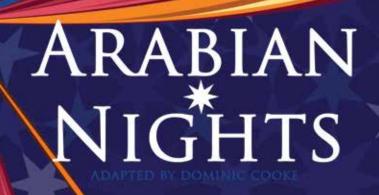
I cross the border to Kyrgyzstan next to the immense Mount Lenin and make my way down to Sary-Tash. I am two days' ride from China. But following the advice of other travellers, who warn against the boring scenery and paranoid security services I decide to continue north across Kyrgyzstan and take the Kazak crossing into Xinjiang province.

We are well into September and the weather begins to turn. I am wearing almost as many layers as I did in the European snows almost seven months ago. But Kyrgyzstan is far more developed than Tajikistan and dealing with the cold is a lot easier on a full belly. The road continues to curve through the mountains, weaving around stunning aquamarine lakes and searching out passes. But after what seems like a lifetime of climbing I turn a corner and the vastness of the steppe rolls out before me.

For the last time I pitch my tent. I am out on the steppe and the wind is causing the great grass sea to tremble. I have decided to finish my trip. Despite being only two days from China again I have made up my mind. I drift off knowing that tomorrow I will reach Almaty and start my journey home.

#### www.augustinwarner.com

## CULTURE



#### A CHRISTMAS FEAST FOR ALL THE FAMILY!

8-23 DECEMBER BOX OFFICE: 700444 WWW.ARTSCENTRE.JE



## Culture News



#### 'Paper Talks'... Keeping the Dialogue alive

October saw the opening of the hugely successful 'Paper Dialogues - the Dragon and our Stories' exhibition at St. Helier Town Hall. The exhibition was a collection of stunning paper-cut art by Professor Xiaoguang Qiao from China and Norwegian artist Karen Bit Vejle, which was brought to the island by Jersey Arts Trust. The work was on display in Jersey for the first time in Great Britain, which saw over 5,000 of you attend throughout the 2-week period!

But the dialogue has only just begun... Thanks to the ongoing support of Skipton International and the Skipton Art Series, seven Jersey artists - Abi Overland, Anna Shipley, Ben Robertson, Joanna Brown, Karen Le Roy Harris, Lizi Hill and Maria Tarrant – will be creating their own pieces of paper-cut art, as well as leading community workshops in 2017.

As a legacy to the Paper Dialogues exhibition, the work created by students and the community will form Jersey's very own paper-cut dragon. All of the local work created (by Artists, students, and the community) is to be exhibited in a celebratory showcase, 'Paper Talks', which will tell the story of the process, relations that have formed, and what has been discovered through the work.

For more details about the 'Paper Talks' exhibition and how you can get involved in contributing to the creation of Jersey's community dragon, keep checking our website: www.arts.je and Facebook page: @ArtsTrustJersey.



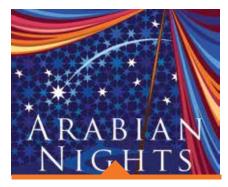
#### Tutu clad ballerinas take to the boards

The much-esteemed Moscow City Ballet troupe are bringing two full-scale Russian ballets to the Jersey Opera House at the beginning of February 2017. This is a rare opportunity to see these incredible dancers and both ballets will play out to a full, live orchestra.

Romeo and Juliet is probably the world's best-known love story and the ballet version of the tragic tale is set to Prokofiev's dramatic score, widely recognised as a masterpiece of 20th century music. In the late Founder's( Victor Smirnov-Golovanov's) staging, all the hustle and bustle of Renaissance Verona is brought vividly to life in this fast-moving, powerful production. Faithful to Shakespeare's original text, the ballet follows the fate of the star-crossed lovers from their first meeting to their untimely tragic deaths.

Moscow City Ballet's interpretation of the world's most romantic ballet, Swan Lake, is magnificently brought to life by Tchaikovsky's most well-loved haunting score. Moscow City Ballet is currently at its outstanding artistic best – winning new invitations to perform internationally.Swan Lake is a signature piece of their entire repertoire. The orchestra, choreography, interpretation, beauty and outstanding virtuoso performances win repeatedly rave reviews.Tchaikovsky's 'big story ballets' are the essence of Russian culture – composed, choreographed and premiered in Russia. Seeing a performance by the Moscow City dancers never fails to add that magical ingredient of Russian soul.

Tickets are available online - jerseyoperahouse.co.uk or via the Box Office - 01534 511 115



#### Tales of the exotic & magical at Jersey Arts Centre!

This festive season, and beyond, be transported across the world to India and Arabia, and experience some of the most evocative and well-loved stories courtesy of Jersey Arts Centre and Oddsocks!

Be whisked away to a land of magic, feasting, scents and sounds with Arabian Nights at Jersey Arts Centre! Presenting its first ever community Christmas show from 8 December, meet Shahrazad; a young girl with an unusual gift for storytelling. Brimming with larger-than-life characters such as Ali Baba, the Forty Thieves, Es-Sindibad the Sailor and many more, Arabian Nights is a tale of love, bravery, sacrifice and magic with more than a touch of comedy thrown in for good measure! With giant beasts, sorcerers, wondrous caves and bejewelled valleys, let Arabian Nights transport you to a world where nothing is quite as it seems. A Christmas feast for all the family!

Next up, from 23 - 27 January, The Jungle Book gets the Oddsocks treatment! Set in the lush jungles of India, Oddsocks present the classic tale of Mowgli the man-cub and his battles of acceptance and survival in the unpredictable world of the wild. A fantastical and empowering story for all ages, The Jungle Book is the perfect antidote to the January blues. Featuring the classic characters of the fun-loving Baloo, the loyal Bagheera and the fearsome Shere Khan, The Jungle Book will warm your hearts and lift your spirits, but, with a typically unexpected Oddsocks twist!

For more information about the above performances, or to book your tickets, visit: www.artscentre.je, or call the Box Office on: 700444.







#### Bedtime story adventure to raise money for charity

Colin Macleod, the Chief Executive Officer of The Channel Islands Co-operative Society, has published his first book that follows the adventures of his two sons Harris and Lewis on the day they are whisked off to a secret land, far beyond the skies and transformed into superheroes HammerHead and Captain StinkyPants. The story of their mission to become superheroes will raise money for two Channel Islands charities.

'Like a lot of dads, my bedtime routines with the boys have been dominated by storytelling. Harris, Lewis and I have been fairly chaotic with the way that we have imagined bedtime stories and we often take it in turns to create different parts of a story. This fairly random way of discovering our collective imaginations has, over the years, led to some themes emerging. We have built characters, worlds, emotions and dreams together at bedtime,' he said. 'I thought it might be nice if I wrote some of those stories down. I wanted to have a record of the stories we told together so that one day, when my children have their children, they might discover a manuscript in a dusty old box in the loft and smile. They could tell the next generation that these were the stories that they created with their dad.' But as Mr Macleod finessed the bedtime ramblings, he decided to go one step further and publish a book that will go on sale this week with all profits being split between Help A Guernsey Child and the Variety Club of Jersey.

"Like a lot of dads, my bedtime routines with the boys have been dominated by storytelling. Harris, Lewis and I have been fairly chaotic with the way that we have imagined bedtime stories and we often take it in turns to create different parts of a story. This fairly random way of discovering our collective imaginations has, over the years, led to some themes emerging"

'Children's books contain very few redundant words. Each phrase must propel the story forwards. You must show but not tell. Each illustration must encourage the reader to turn the page. Every double page spread needs to end with a cliffhanger. On so it goes on. In the end, I think I have saved 70 or 80 different versions of the story as I worked and reworked it and it has taken many, many months.' But to have the printed version in his hands made that work worthwhile. 'It has been a lot of work but, now that it has been published, I have to admit to feeling both proud and relieved.

Meet HammerHead and Captain StinkyPants is exclusively available from all Channel Islands Co-operative Society stores priced at £9.99.











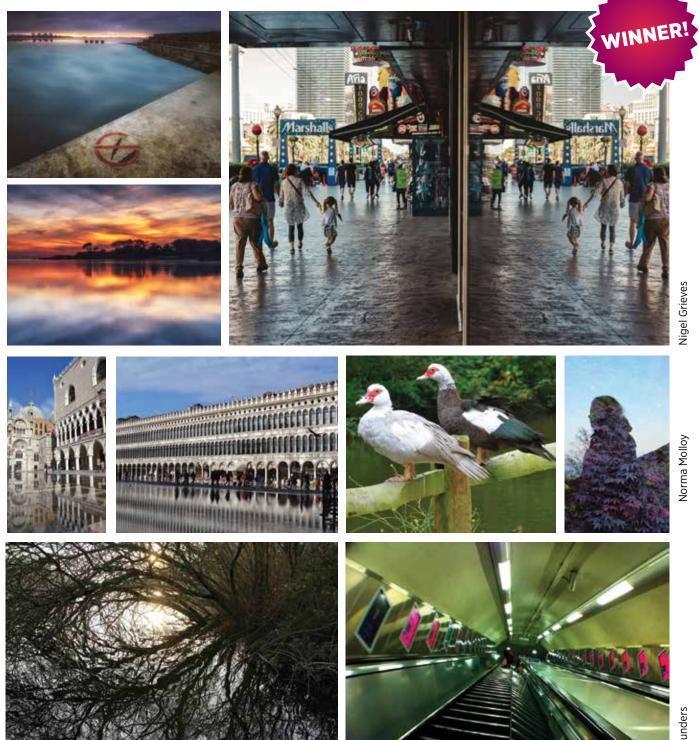
MOSCOW CITY BALLET PERFORMING: ROMEO & JULIET WED 1 – THUR 2 FEB 7.30PM, THU MAT 2.30PM SWAN LAKE FRI 3 – SUN 5 FEB 7.30PM, SAT MAT 3PM, SUN 4PM

BOX OFFICE: (01534) 511 106 BOX OFFICE: (01534) 511 115 www.jerseyoperahouse.co.uk

## THE MONTHLY **UPLOAD**

#### NEXT ISSUES THEME IS **NEW BEGINNINGS.** EMAIL YOUR PHOTOS (**4MB IS A GOOD SIZE**) WITH THE SUBJECT 'UPLOAD' TO: **UPLOAD@GALLERY.JE** BEFORE THE DEADLINE OF **15TH JANUARY** AND YOU'LL BE IN WITH A CHANCE OF WINNING FREE DRINKS FOR A WHOLE MONTH! **IF YOU'VE WON, PLEASE CONTACT DAVE@BEANAROUNDTHEWORLD.CO.UK**

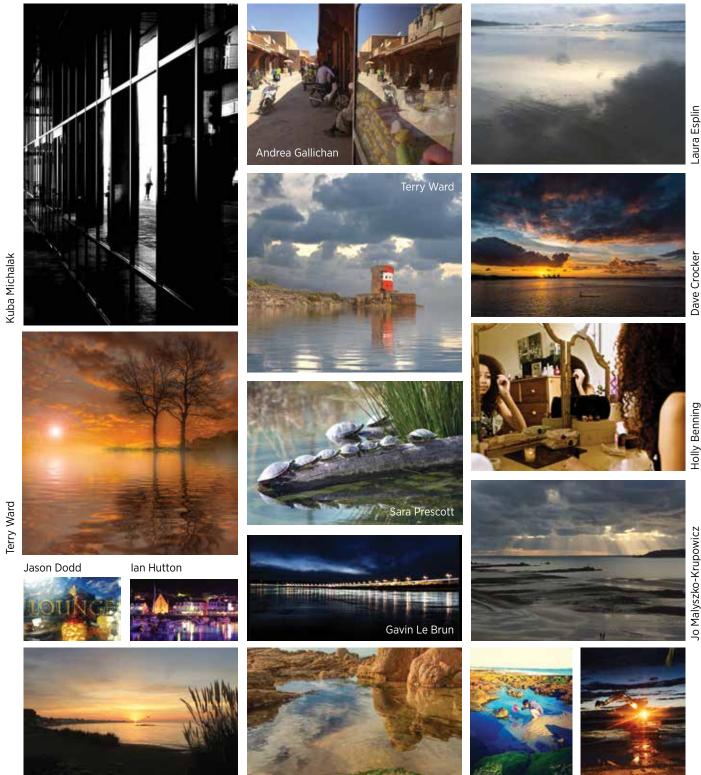
**MONTH OF FREE DRINKS** (31 FREE DRINKS OF YOUR CHOOSING)





quote of the month from Bean Around the World See more quotes at www.facebook.com/BATWjersey





Matthew Sutton



Michael Dottore

gallery

## Exhibitions

CULTURE

#### Gabrielle Radiguet: **The Winter Garden**



Gabrielle Radiguet returns to Jersey Arts Centre this December with a new collection of cyanotype prints. Taken from meadows, allotments and woodlands, the specimens of grasses, flowers and feathers are quite literally caught in the sunlight where their innate character develops into an object of individual beauty bringing light and warmth into the cool mid-winter.



Cyanotype is a photographic printing process that produces a cyan-blue print. The process was invented by the English scientist Sir John Herschel in 1842 and was subsequently taken up by Anne Atkins, the pioneer female photographer.

Jersey Arts Centre, Berni Gallery 12 – 23 December

#### Celena Borfiga: Abstract Paintings Exhibition

Celina is launching her first solo exhibition in December at the Jersey Museum. Having always enjoyed painting in her spare time she decided, seven years ago, to turn her spare room into a studio and start painting more seriously.

December 2016.

"I have a love for blue and turquoise, the influence of living by the sea as a child, also my years of training in T'ai Chi has given me a fascination for movement and energy hopefully something that can be seen in my work.

The effect of mist and fog is a source of inspiration for her abstract paintings "the way it hovers over the coastline, or spreads across the beach, making everything look vague and mystical. It's about trying to capture something intangible that makes abstract painting so fascinating for me."

### Celina's work will be on show in the Link Gallery, Jersey Museum from 1-30 December between 10am-4pm.





# **BEAUTY & WELLBEING**

## Beauty News

#### Acupuncture

**WORDS** Lorna Jackson BSc (Hons), MBAcC, AFN of *Health Point Clinic* 

#### WHAT IS ACUPUNCTURE?

Acupuncture is the insertion of ultra-fine, single use sterile needles into specific acupuncture points on the body. This involves between 8 to 30 needles depending upon what is being treated. By inserting fine needles into muscles and connective tissue, this frees up the normal flow of blood, energy and nutrients by releasing myofascial and musculoskeletal constrictions. The insertion of needles is intended to create un-noticable micro trauma; this induces a healing response in your body, releasing pain-relieving endorphins into your bloodstream. Essentially, acupuncture jump-starts your body's self-healing mechanism. Your body is constantly repairing and rebuilding itself; acupuncture can help direct this healing response in a more efficient way.



#### ACUPUNCTURE FACTS

- Acupuncture does not hurt!

- Acupuncture needles are as fine as a human hair and many patients do not even notice when they are in. In fact, many patients fall asleep during their treatment.

- Many private health providers cover acupuncture treatment.

- 2.3 million acupuncture treatments are carried out each year by British Acupuncture Council members.

- The National Institute for Health and Clinical Excellence (NICE) guidelines on best practice recommend that GPs offer a course of 10 sessions of acupuncture as a first line treatment for low back pain, persistent migraines and tension-type headaches.

- Traditional acupuncture can be used for support as well as relief; ranging from: pain management, sports injuries, women's health, fertility, pregnancy support, nausea, digestive health, stress management.

Our goal is to get you back to doing what you love sooner. As well as acupuncture we provide a variety of massage therapies such as Swedish, Deep Tissue and Tuina (a Chinese Medical massage) as well as cupping therapy.

For more information visit www.healthpointclinic.co.uk. Gift vouchers available.



#### Get sorted

Pippa Campbell Health is the island's only qualified Certified Metabolic Balance Coach, and can help you identify your metabolism's own personal requirements, setting your physiology free and restoring it to its optimal functionality.

Backed by 25 years of science Metabolic Balance an multi award winning is a natural weight management and health programme that uses logical analysis of an individual's make-up, that aims to bring fast results, long term success and an invigorated lifestyle. Some familiar faces have made incredible, notable changes to their weight, health and overall appearance with stars such as Boy George, James Cordon and Sam Smith all thanking MB for their very public weight loss transformations.

A system devised in Germany, this one off investment in YOU is recommended to anyone who simply wants to feel better in their day to day life! Whether it be to lose weight, increase energy levels, resolve health issues or a combination of all three, MB is not just a successful weight loss programme, but can bring benefits such as improved sleep, eradicate eczema, reduce blood pressure, reduce cholesterol and kiss goodbye to cravings, lose puffiness and dark circles around the eyes, enjoy a better all over complexion, improve intestinal issues... the list is endless. Pippa has even worked with clients to reduce Crohn's and Colitis symptoms. There is very little that eating the right food for you won't have a positive effect on, when it comes to health and wellbeing.

Ready to start feeling better today? Get in touch! www.pippacampbellhealth.co.uk www.facebook.com/pippacampbellhealth Tel: 07797 728 864

#### Moving on and looking back



**WORDS** Christopher Journeaux, Quiet Room Therapy

Why do so many of us live some of our lives in the past? Bedevilled by regrets, perhaps for the way we acted or treated others. Missed opportunities for a lost love, a career leap or just something we feel convinced would have made our life better had we embraced it.

There is much sadness in many of my clients who look back in this way at the same time as they try to move on in their life. The past, an anchor that weighs them down and from which they cannot free themselves. For some clients this can be there reason for coming to me, to break the shackles they perceive as holding them back from the progress they seek.

Looking back, however is not always the error it might at first appear. Are we held stuck in one place, neither able to move forward nor resolve issues from our past or is there personal value in the exploration of us throughout time?

"The positive element to this is that the shackles to our past are there to be broken. Looking back is not to identify the anchor but rather to free ourselves through the development of self-awareness; to come to know who we are then, now and our potential selves in the future. Truly an invitation to move on."

Søren Kierkegaard is quoted as saying, 'Life can only be understood backwards, but it must be lived forwards'. That can feel quite challenging but also freeing. In essence his point suggests that we make sense of who we are, how we relate to others and find some sense in the way we live by connecting with and exploring our past. That is the challenge. With my clients this path can frequently be the focus of our initial work; to orientate who they are in the context of their lives lived.

The positive element to this is that the shackles to our past are there to be broken. Looking back is not to identify the anchor but rather to free ourselves through the development of self-awareness; to come to know who we are then, now and our potential selves in the future. Truly an invitation to move on.



Are you looking for ways to live a healthier, more balanced life?

Young or old, male or female, anyone can benefit from acupuncture...

In Jersey, 18,000 days were lost to illness in 2010 with over 40% of these being stress related. Our goal is to help support you with a step-by-step personalised treatment plan to suit your own personal health problems and needs.

Our full treatments include:

- Acupuncture, Acupressure
   Tuina (Chinese massage)
- Qi Gang

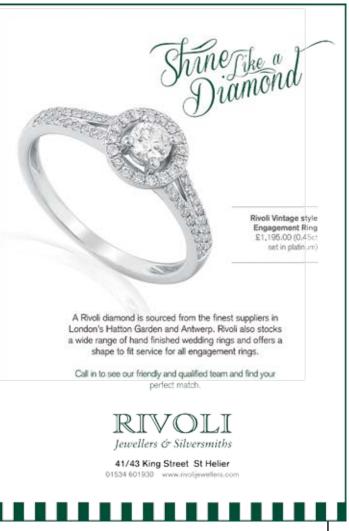






healthpointclinic.co.uk facebook.com/HealthPointClinic lornajackson@healthpointclinic.co.uk

Lorna Jackson BSc (HONs) Acupuncture, MBAcC, MRTCM Health Point Clinic, Rue De Fliquet, St. Martin, JE3 68P - 852039 Suite 2.4, Lido Medical Centre, St. Saviour's Road, St. Helier, JE2 7LA - 859348





## CHILLING WHILST YOU'RE SLIMMING

We first featured the Medical Aesthetic Clinic Jersey and their CoolSculpting technology earlier this year, when Dr. James Newton first opened the practice. Ten months on and they have already established a large list of clientele who are massive fans of their beautiful clinic based at 7 David Place and the treatments they offer for both men and women.

The CoolSculpting procedure eliminates stubborn fat safely and effectively, without surgery or downtime. This fat reduction treatment is the only FDA-cleared procedure which uses controlled cooling to safely target and eliminate diet and exerciseresistant fat. It has most recently appeared on hit TV show the Kardashians and Sharon Osbourne is also a fan, so if it's good enough for them surely it's worth a go?

We sent our very willing guinea pig to find out more: "First up was the free consultation with CoolSculpting clinician, Joanne and Dr Newton. They explained that this is very much a treatment for someone who is already healthy, but has stubborn, problem areas that they can't seem to get rid of in the gym... big tick there! They spent a great deal of time developing a customised CoolSculpting treatment plan to addresses my 'problem' area, that'll be my tummy then. The treatment plan was tailored to my body, my goals (less tummy), and my budget. We then took a series of photos to document my starting point, we'll then do the same again in three months time to see my progress.

I was a little nervous the day of my treatment but Joanne did a great job of putting me at ease, having experienced the treatment herself she'd been able to tell me first hand what to expect. Once I laid down and got super comfy, I was going to be here for a few hours, a cold gel liner was applied to my stomach to protect it from the plunging temperature. Joanne had warned me that this was likely to 'nip' a bit and whilst it did it wasn't nearly as bad as I expected; it was no worse than being pinched on a large scale.

After the vacuum is applied the machine is set to freeze and the temperature drops rapidly, an odd sensation which is like intense pins and needles but after around eight minutes this stopped as the area became numb. I was well wrapped up in blankets and surrounded by cushions so was super comfy throughout my treatment and Joanne was on hand to get me a cup of tea and chat too which made the time fly.

The grossest and funniest part of the procedure was when they removed the machine. Basically, my stomach had a mini (ok it wasn't that mini), cold, block of fat on it. Joanne then massaged it out to break down the frozen fat cells, not the most pleasant sensation but again not too painful.

For the next four days post treatment my tummy stayed swollen and numb, it felt a little bit like a waterbed. Over the course of the next five days, at points, it felt like I had post gym DOMS (delayed onset muscle soreness) or period pains. I was assured that Dr Newton was on hand to prescribe me painkillers should I need them, which I didn't. The discomfort wasn't constant so it was bearable and of course infinitely better than any kind of surgical procedure.

Over the next three months, my body will naturally lose the dead cells and they won't ever come back. Of course this doesn't mean I'm going to miraculously stop gaining weight full stop, but they won't come back in the treated area, winner! I promise to write again and let you know how good my results are!"

To book a private consultation today please contact joanne.macjersey@gmail.com or call 01534 858743.

## SEE A SLIMMER YOU

#### ELIMINATE FAT WITH COOLSCULPTING', THE WORLD'S #1 NON-INVASIVE FAT REMOVAL TREATMENT



CoolSculpting is an FDA-cleared treatment that uses controlled cooling to eliminate fat without surgery or downtime.

#### Call today to schedule your FREE consultation.

#### MACI

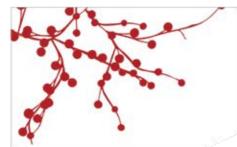


7 David Place St Heller Jersey JE2 407 Telephone 01534558743 01534 858743

#### www.coolsculpting.com

www.coolsculpting.com Results and patient experience may vary. While CoolSculpting is safe, some rare side effects may occur. As with any medical procedure, only your CoolSculpting provider can help you decide if CoolSculpting is right for you. In the U.S., the CoolSculpting procedure is FDA-cleared for the treatment of visible fai bulges in the submental area, thigh, abdomen and flank. Outside the U.S., the CoolSculpting logo, the Snowflake design, and Fear No Mirror are registered trademarks of ZELTIQ. CoolSculpting, the CoolSculpting logo, the Snowflake design, and Fear No Mirror are registered trademarks of ZELTIQ Aesthetics, Inc. © 2016. IC1966-A





## one for them. one for you.

healthy skin is a gift set away





#### dermalogica

### Good health is a journey

says leaders of Jersey's first multidisciplinary health agency



Pictured left to right; Marie-Christine Dix, Nick Dingle, Ciara Ahern and Kelly Keating

A new multidisciplinary health agency, the first of its kind in Jersey, has launched with the intention of making Islanders change the way they think about their health.

Based at Lido Medical Centre, Align offers a unique range of services that address multiple aspects of health, including the physical, emotional and chemical aspects of wellbeing, alongside the key concept of prevention.

Align has four founders and was formed from the merger of Back to Balance Chiropractic and Osteopathy and The Lido Wellness Centre, owned by Dr Marie-Christine Dix, and Sports Massage Jersey, owned by Ciara Ahern. Nick Dingle, one of Jersey's leading personal fitness trainers also joined the leadership team enabling the establishment of Align Fitness along with HR professional and operations director Kelly Keating, who runs the day-today aspects of the new health agency.

Align's 360 degree approach to health is reflected in its range of services: chiropractic and osteopathy, sports and remedial massage, acupuncture and dry needling, cognitive hypnotherapy and psychotherapy, craniosacral therapy and life coaching, and Align 1-1 Fitness.

Built on the philosophy that a personally tailored and proactive combination of these services will help people to feel the best possible version of them, an expert team of health specialists delivers each service. Dr Marie-Christine Dix explains: 'Our collective vision is to make alternative and natural based private health care affordable to all and an integral part of islanders' 'toolkits' for staying healthy and well. effectively by reviewing the bigger picture of their health. We thrive on empowering our patients to live pain and stress free lives where they can focus on what is most important to them.'

Align has developed a number of bespoke packages and programmes that will help patients to follow a positive route to better health. Join The Dots was designed to help

"Most of us tend to visit health care professionals when we are already experiencing pain and discomfort, but by applying a holistic and preventative approach, we firmly believe that we can help patients to maintain their health and prevent the onset of issues."

We encourage patients to view health and wellbeing as a journey. The more preparation you can do whilst you are in good health, the smoother that journey will be. Most of us tend to visit health care professionals when we are already experiencing pain and discomfort, but by applying a holistic and preventative approach, we firmly believe that we can help patients to maintain their health and prevent the onset of issues.

'Of course patients will still come to us because they have a specific problem with their back, for example, and we can help to address this issue. Often, we find that patients' niggles can be relieved most

Find out more at www.align.je

patients to figure out what that small niggle is caused by or to provide answers where other health care professionals have been unable to help, and 12 Weeks To Align Your Health is a unique programme of blood testing, holistic health treatment and 1:1 functional fitness centred on chiropractic care, massage therapy, nutritional advice, functional exercise, mindfulness and measurable changes in blood analysis.

As the island's first multidisciplinary health care agency of its kind, Align's marriage of the various components that constitute good health is a refreshing and unique approach to health.

## New Year... Beautiful Career!

**WE'RE LOOKING FOR** an experienced and enthusiastic Beauty Therapist to join our highly skilled team. Intimate hot waxing techniques would be advantageous, as well as an eye for detail, and the desire to deliver exceptional treatments.

The successful candidate will receive training with Pevonia, one of the world's leading Spa brands, enjoy a beautiful working environment and a rewarding career.



Please email CV's to: enquiries@thebeautyhouse.co.uk or call 789000 for an informal chat.

#### T. 789000 thebeautyhouse.je



beat the bloat and overcome fatigue!

Join us for an exclusive seminar with one of the UK's most experienced Nutritional Therapists Antony Haynes

#### SATURDAY 21ST JANUARY 2017 THE RADISSON BLU HOTEL • 4PM - 6PM

Come and learn how to positively change your life by freeing yourself of the burden of an uncomfortable abdomen and less energy than you want & need! Tickets available from www.pippacampbellhealth.co.uk/events



Pippa Campbe

Fi pippacampbellhealth Tel: 07797 728 864 Notory Hayoes has over 25 years experience on Nik vory subject, having helpest 14.000 patients to date

I AM BRILLIANT. PRUL MITCHELL.

## RIO

BEAUTY SHOPPING HAIRDRESSING

55 HALKETT PLACE

## Fantastic Festive **Treats**

A selection of wonderful products which would make ideal gifts this Christmas.





Jo Malone Christmas Cracker Available from Voisins Spoil dinner guests with these as a special treat or it could make a lovely stocking filler... hidden inside are a Fresh Basil & Neroli Cologne, juicy Blackberry & Bay Body and Hand Wash, and the addictive Mimosa & Cardamom Body Crème.

#### Dermalogica Power Rescue Masque Trio Available from RIO Hair & Beauty

Available from RIO Hair & Beauty Masks are going to be big for 2017 with people reaching for them to solve skin problems once and for all. This set of three of the best selling Dermalogica masques is perfect for those who care about their skin and like to look after it.



Phyto Lip Twist in Tango Mat Available from Voisins Products by the super cool, luxury brand Sisley make great gifts. This vibrant red lip stick balm comes in this very fabulous shade of red; ideal for drawing that special someone in for kisses under the mistletoe.



Urban Decay Naked Ultimate Basics Matte Eye Shadow Kit Available from Feelunique This is the latest, and truly greatest, brand new kit from the incredibly popular Naked Palette range. Sure to be a bestseller this xmas, get your hands on one before they fly off the shelves!





**Bobbi Brown** Party To Go Lip & Eyes Kit Available from Voisins

For the girl on the go, this neat little kit could be kept at the office or in your handbag so you're at the ready for last minute party invites. The perfect colours have been chosen so you can do either a rosy natural glow or all out party minx look! Mini Brush Set Available from Voisins As part of their gorgeous Christmas Nutcracker Collection M.A.C have released this sweet little brush set containing their most popular brushes. The ideal gift for any make up devotee.

M.A.C



If you're struggling to find inspiration when it comes to treating your loved ones this Christmas then look no further because we've got your back - turn the page to discover the best picks from some great local retailers.

## WELCOME TO THE GALLERY GORGEOUS GIFT GUIDE!

Local retailers share with us one of the many delightful gifts they have ready and waiting for you to get your Christmas shopping started here in Jersey



The Magic of Beauty Advent Calendar helping you celebrate the 12 days of Christmas with beauty surprises worth over £72. FeelUnique - £26.25



Bolle ski goggles - from their large range to help you prepare for the slopes Howards Opticians - £120





Dermalogica starter set the perfect gift for the beauty conscious person in your life Rio Hair & Beauty from £23.05



Solitude XXE Siecle M/G Edition 8 John Miro framed print a stunning addition to adorn an art collector's wall CCA Galleries - £3,019 inc GST



Glam rock multi sequin star cushion will add a touch of pizzazz to any room Mark Howe - £78

Barbour Jarrow Wellies with adjustable back perfect for finishing that outdoor winter outfit JACKS - £61.50



Flying Gadgets X-Cam Quadcopter with built-in HD camera and a wealth of features including the ability to do full 360° degree rotational flips! My Memory - £24.99 (free delivery)

The beautiful Granite Sunstar necklace and matching earrings from their new collection Jersey Silver - £75.00 and £92.00

gallery

The Amberley collection. Freshwater pearls set with natural white topaz and sterling silver, perfect pearl jewellery Jersey Pearl from £49

Cotton aprons for the chef in your life, including all the twelve parishes of Jersey Ransoms Garden Centre - £17.99







Snowy the dog - the perfect gift for lovers of The Adventures of Tintin Amélie £39.99



PlayStation VR headset, visit the JT store to experience a world of Virtual Reality JT from just £14 per month

Diamond solitaire earrings - special Christmas price whilst stocks last Goldsmiths - was £2,625 NOW £1,531.25





Pure Indulgence' Gift Set by Aromatherapy Associates Spa Sirene at The Royal Yacht - £40.50



Beautiful elephant from the animal pendant range cute to boot and a lovely sentimental present for Christmas Catherine Best - starting at £250

French short wellies also available in brown leopard-print and black zebra-print The Gooseberry Bush - £45





Paul Smith Pen de Gruchy £31.50 Write in style with this unique pen available in a range of classy colours. For the notetaker and wordsmith.

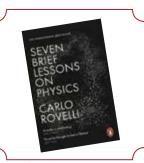


Jekyll & Hide Carry-ON The White Company £510.00 The ultimate companion for the traveling businessman. Leather and luxury. A statement piece.



Josh Lyons has put together some interesting accessories, big boys toys and unique manly teasers for a Christmas gift guide to find your ideal present to treat yourself or to buy for someone else - your bro, dad, son, brother, boyfriend, husband or FWB. There's a gift for every type of male in your life.

Josh is 23 years old and working in marketing. Usually you'll find him tucked away in a book writing notes and scribbling all over it or if not he may be jumping around at adult gymnastics class, luckily with all his bones still intact. He likes big ideas, smart clothes, travelling and overall being a bit of a maverick, for better or for worse sometimes...



Seven Brief Lessons on Physics - Waterstones £6.99 Less than 100 pages and huge text this is science you can read even over the busy and maybe alcoholic Christmas period.





After the Christmas naughtiness, this is the ultimate way to get your body back to full health and vitality.



Arcade Crawford Navy Belt -Madhatter Surf Shop £32.00 A truly unique belt for the adventurous. Built to switch seamlessly and stylishly from office to outdoors.



Bose Soundlink Mini II -IQ Jersey £149.50 Big sound and deep base. Portable listening for the music lover who wants to take their music with them wherever they go.



Autoglym Concours Collection - Drivers £15 - £70 For the man who loves his cars, this is the kit to clean your pride and joy to shimmering perfection.



Triumph Street Cup -Bob's Motorcycles £7,525 New in, the Street Cup is that big present, for big boys, who love their big. boys. toys.



Daniel Wellington Dapper Watch - de Gruchy £179 Crisp, clean and elegant, the Dapper watch fits perfectly on the wrist of the discerning gent this Christmas.



Aviator Set of 3 Storage Trunks - MyPad £279 With all those new boys toys this Christmas make sure you have somewhere that's really classy to store them/hide them.



Musgo Real Aftershave & Soap - Tib Street £39 A truly bespoke fragrance for men. Distinguish yourself this Christmas with a unique scent that's bold and uplifting.



Origami Socks (Happy Socks) - de Gruchy £8.10 With all that Christmas wrapping your origami skills are going to be awesome! These Origami socks are just the pair to suit your new skill.



Leather Converse -Schuh £62 A remake on the canvas classic. A truly unique pair of shoes to set-off a casual outfit this winter season.



Digel Quilted Jacket -No.3 New Street £225 For the man mad about fashion this is the perfect buy. Shoulder pads, modern fit, a contemporary colour and exceptional quality.



Go Nutrition Protein Pancakes -100% Health £9.99 Christmas Pudding? Protein! For the gym beast, there's nothing better than his favourite macronutrient.



Finchley Ankle Boots -Beghins £70 (sale price) Full Leather ankle boots equally suited to a smart or casual outfit. Perfect to keep on trend this winter and currently on sale in store.



Kiehl's Facial Fuel Set -Voisins £25 Treat yourself to a refuel with a men's energising set that's topclass and compact. For the man who takes care of himself.



Music Lessons Voucher -Chordz Various Prices There's no better gift than the gift of learning an instrument. For the man who's always wanted to learn now's the chance!



Billionaire's Shortbread Giant Slab - Hotel Chocolat £16 They say the way to a man's heart is through his stomach. Well, what better way to be fed than by this luxurious man slab?



Unlimited Gift Box -Cineworld £17.40/month With the rain here with a vengeance there's no better gift for the movie buff than unlimited cinema! All the horror, action and comedy you could want for a year.



Fender Classic Vibe Strat -Island Music £309 This Christmas there's no need for Silent Night. Smash some power chords and shred some solos.



Prove Switch Cycling Jacket -Cycle Centre £89.25 This entirely reflective jacket is a great way to stay safe, seen and dry. A perfect gift for the year round cyclist.



Some Winter Sun -EscapeTheRock.je A fantastic present. Specialising in holidays direct from Jersey, grab a last minute deal for a little break off the rock from £198pp



Nutz Ninja 5.4mm Wetsuit -NUTZ now £110 from £220 For the Jersey surfer there's nothing quite like a brand new wetsuit and founded in Jersey NUTZ make some of the best.

## The gallery Gorgeous gift guide x



Retro Telephone -Seedee Jons £39.99 A great selection of colours my favourite include teal and mustard. A great vintage, retro furnishing.



Beats Solo2 Wireless -IQ Jersey £225.00 I love the beats headphones, and being wireless makes them great for the gym too.



Lauren

Lauren Burnett has been style spotting for us for some time now, so she was the perfect person to ask to choose her favourite girlie Christmas gift picks from the St Helier high street.

Lauren is style blogger and fashion retailer, you can find her blog and online clothing line at www.luellarockerfella.com



Apple Watch Series2 -IQ Jersey from £325 The second generation of the Apple watch is even better than the first, and I love the rose gold finish, bang on trend.



Ted Baker Luggage Women's Albany Softside Wheeled Business Case - Voisins £175 Beautiful, perfect for weekends away or a quick business trip. I would probably need a bigger bag as always over pack! It's the shoes!



ghd Curve<sup>®</sup> Creative Curl Wand - de Gruchy £107.10 This magical wand from the iconic brand guarantees long lasting curls that stay locked-in, with a smoother finish.



Calvin Klein Grey Bralette -Voisins £27 A real on trend present and a great stocking filler. Combine with a semisheer top, love-worn jeans and chunky heels for high-fashion styling.



M·A·C Lipstick Velvet Teddy Matte - Voisins £12.50 My favourite all day everyday lip colour. A lipstick with hundreds of hues. The iconic product that made M·A·C famous.



Collared Neck Overcoat with Wool - M&S £69 I am loving a bit of leopard print at the moment. I think some people suit it and others not so much. I think the key is to dress everything else black and simple.



Oil Iridescent Sequin Dress -Luella Rockerfella £64.00 This dress come in a dazzling iridescent oil sequin. With an ultra flattering bodycon fit, long sleeves and sultry V neck back.



Marilyn Monroe -Seedee Jons £99 Compiled with beautiful accuracy, this piece truly is a one of a kind piece of art. Comes with solid black frame and glass plating.



Black Scuba Suede Zip Knee LegginG - Luella Rockerfella £40.00 We've paired our leggings with

the Mesh Cut Away Leotard for an effortless sensual look.



Chlobo Jewellery - Elizabeth Howell Boutique From £55 ChloBo Jewellery. Handmade designer jewellery inspired by the island of Bali, handcrafted in the UK.



Lomo'instant San Sebastián -Madhatter Surf Shop £105 Capture your sunny escapades with the Lomo'Instant San Sebastián! Inspired by its namesake surf town in Spain, this camera guarantees creative snaps in a colorful instant.



Marc Cain Sports Midnight Blue Wool Pompom Hat -Renaissance £39 Let this luxurious Marc Cain Sports Midnight Blue Wool Pompom Hat keep out the cold.



Inked Audrey Hepburn Picture - MyPad £115 I love this unusual take on a classic image of this style icon.



Karien Belle Scarves -Elizabeth Howell Boutique from £170 These beautiful statement scarves

will lift any outfit and make you feel fantastic too.



#### NIXON rose gold flash taupe bullet - Madhatter Surf Shop £229

intricate embossed dial patterns, touches of pop colors on the tips of dial hands, all paired with a strong case and band design.



Temerity Jones Skull Drinking Glass - Amélie Gift Shop £6.99

Unique skull shaped drinking glass, cute, quirky and practical too.



Kota Candles -Mark Howe and online £25 This local brand is a winner. Every Kota candle is blended from fair trade and sustainable soy wax, premium grade fragrance and pure essential oils.



Barbour Jarrow Wellingtons Burgundy -Jacks Clothing £61.50 Protect yourself against the elements with these stylish Jarrow wellingtons from Barbour. They are lined with a soft fabric for comfort.



MAKE Bucket Mugs -Amélie Gift Shop £9.95 Each of the mugs in this collection has a different word stamped on, my personal favourites are Boss, Drama Queen and Love.



Brixton Fedora Green -

Madhatter Surf Shop £48

Classic fedora hat that's been crafted

from pure wool in the timeless wide

brim style with a rope accent for an

unexpected artisanal edge.

Tommy Hilfiger Padded Jacket - Jacks Clothing £149 With the puffer/padded jacket making a huge comeback this season and Tommy Hilfiger being at the forefront of that with sites like Urban Outfitters stocking them.



Skull Cashmere Jumper -Manna Boutique £185 Rock this edgy pullover sweater finished with distressed knit paneling and cameo skull design on the back.



From our range of 18ct white gold, diamond and coloured gemstone stud earrings. Prices from £590

View our range of platinum or

18ct white gold diamond solitaire rings. POA

From our latest Choisir Collection, ingenious reversible dress rings in 18ct yellow and white gold set with diamonds and coloured gemstones. Prices from £5,500



Choose from our range of stylish yellow and white gold bracelets, with matching earrings. Earrings from £1,355, Bracelets from £2,985



A different way to wear your Aurum silver "Bean" or "Crapaud." Charms only, prices from £65



CHANEL BOY.FRIEND Tweed watch. A mysterious mix of assurance and audacity. Prices from £2,953



'Floraison', a gorgeous 18ct white gold petal pendant from our latest Choisir Collection, set with four oval tanzanites and brilliant cut diamond. Price £4,255

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gallery



From our latest Choisir Collection, three stunning 18ct gold diamond dress rings; each is a set of three complementary rings which can be worn as one, two or three, in any combination. Prices from £6,800



Vibrant pink and green tourmaline pendant, with earrings to match, set in 18ct white gold. Pendant £3,161 Earrings £1,595

JERSEY'S STYLE MAGAZINE

## Choisir Collection

Designed and handcrafted by Aurum of Jersey



Tel. +44 (0) 1534 736182 sales@aurumjewellers.co.uk www.aurumjewellers.co.uk 2 Charing Cross, St Helier, Jersey, JE2 3RP



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All items featured on this page are made by Genuine Jersey Producers For a full list of stockists and supplier contact information visit www.genuinejersey.com/news/GGGG SUPERMARKETS | MARKETS | FARM SHOPS | RESTAURANTS | GASTRO PUBS

## Passionate about food.

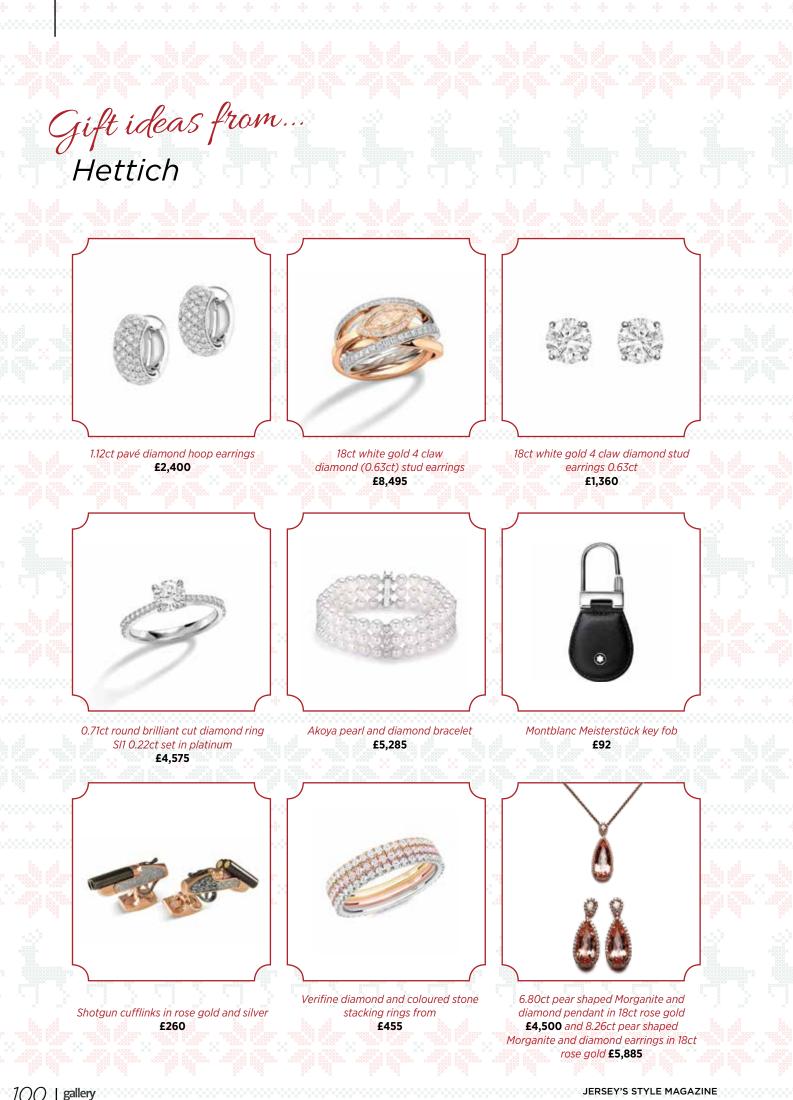
Whether it's reared, grown, caught or made in Jersey, Genuine Jersey is the guarantee of local provenance. In a nutshell, the Mark allows you to make an informed choice this Christmas time to support local producers, embrace seasonality and reduce your food miles.

f 💟 @GenuineJsy | genuinejersey.com

Look for the Mark before you buy



This year nake it a Genuine Jersey with all the trimmings



JERSEY'S STYLE MAGAZINE

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Eclectic Bags come in super soft suede and metallic. Clutches from £20

Eclectic and Has a wide range of Mya Bay Jewellery from bracelets to necklaces from £45

Lucas Brothers 1/2 Ib jar of Jersey Honey £4.98 11b jar of Jersey Honey £7.69



Momo Fish Spa Orly polish kit £14.95



Moss Bros Black two buckle belt £30



Pearl Poetry Eve's handmade freshwater pearl necklace set in 925 silver £465



Moss London Silver Dinosaur Cufflinks £20

gallery

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George Christmas Santa Claus Jumper from £11.50



Joe Deluccis Ice Cream Shop A deluccious treat! 30 scoops for £30 gift vouchers



BECAUSE QUALITY MATTERS

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Paul Smith Rainbow Scarf (Navy) **£65**  Hugo Boss 2PK Socks (Dark Blue) **£14** Hugo Boss 2PK Stripe/Plain Socks (Navy) **£15** 

JERSEY'S STYLE MAGAZINE

Adidas Y-3 Boxing (Night Metallic)

£199

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# Can't get out of the office to buy that outfit?



Our personal shopping service adapts to your needs, even after hours.

















Express Alterations

Made to Personal Measure Shopping

Store Accoun

Loyalty Scheme

Click & Collect

Office Delivery

Home Delivery

### Personal Service.

As Jersey's leading independent menswear store, Roulette Clothing is committed to offering our customers everything they need to make their shopping experience as simple and enjoyable as possible, using our product knowledge and experience to compliment your style. We call it Personal Service so call in and find out why, for us, nothing is a problem.







## JACK WILLS

35 King Street, St Helier, Jersey Tel: 01534 626023 Opening Hours Monday - Saturday 9am - 5.30pm Sunday Closed

#### Late Night Shopping Thursdays

24th November – 22nd December 9am - 9pm

#### Christmas Sunday Opening Times 4th, 11th, 18th & 27th December

10am - 5pm



\*Based on a 24 month contract.

JERSEY'S STYLE MAGAZINE

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gallery



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iPhone SE 16GB + Apple TV 32GB

only £35/m based on a 2GB plan

### Be Sure to make this Christmas perfect.

And you can add one of these amazing gift ideas to your contract.

Apple Watch

E11.00/m ModeLshown E12/m



Samsung 32" Smart TV

£11.00/m

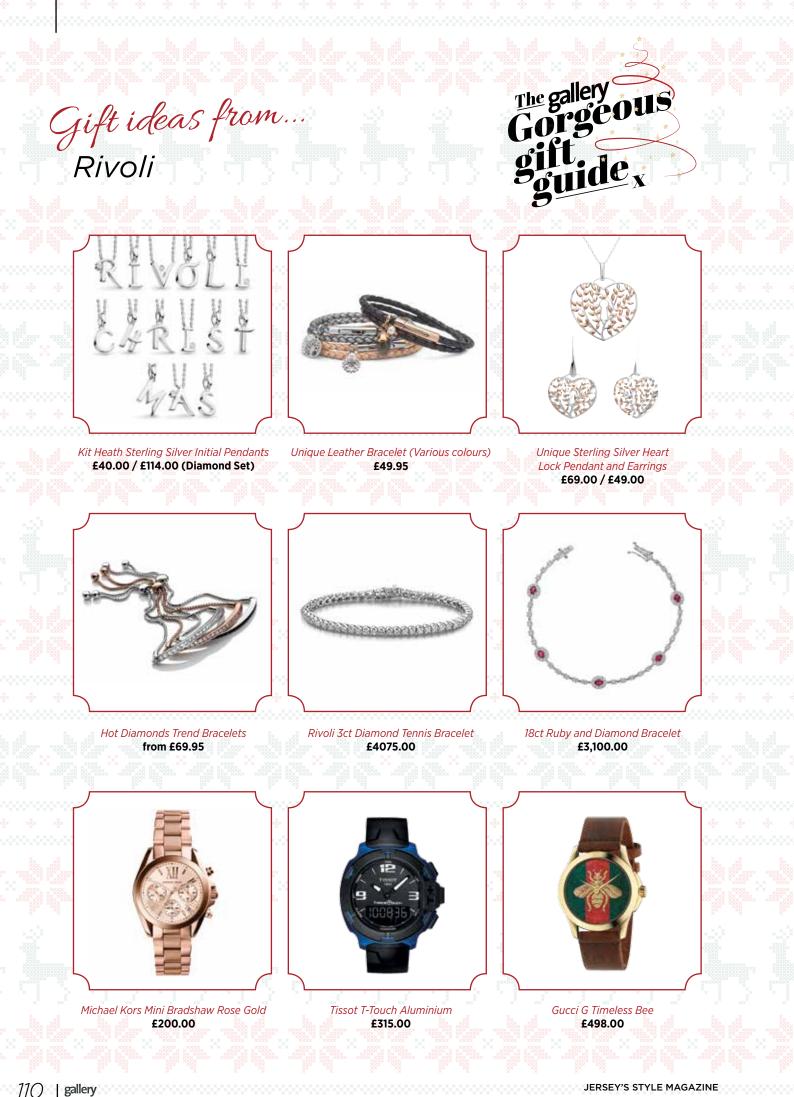


£10.00/m



Ask in store for details or visit www.sure.com

Frides ox GST where applicable. Offer only available on 24 ments contracts, excluding SIM only plans', while stocks last. Phone price advertised based on 258 plan; other plans wailable. See www.sum.com for hill 168 Gs.



JERSEY'S STYLE MAGAZINE

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gallery

# **Tech the halls!**

Wrap up your Christmas list with the smartest selection of tech and accessories.

Pop in-store or visit airtel-vodafone.com/xmas

Airtel | Vodafone Power to you





Sphero SPRK Plus



Fitbit Charge 2

Parrot Mambo Quadcopter Minidrone

Price based on a 24 month handset contract when you take out a 24 month airtime plan.

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JERSEY'S STYLE MAGAZINE



BECAUSE QUALITY MATTERS

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gallery JERSEY'S STYLE MAGAZINE

FASHION

### Brand News

#### Bump on board

If you've got a bump up front for the holiday season, then why not treat yourself to something lovely from the brilliant JoJo Maman Bébé shop at 63 King Street?

It can be hard to dress a bump, and even though you're excited about the Christmas do that you're heading out to, it will take all the will in the world to get up and get dressed, so having one or two easy-to-wear maternity-specific pieces ready to just whip on could be a life saver this Christmas, just add some bright lippy and away you go! *All available from JoJo Maman Bébé* 



The very first delivery of super cool brand Essentiel Antwerp is now in store at Manna. Fun, individual, wild and wonderful this up-to-the-minute on-trend brand comes with an affordable price tag. We've been crushing on their awesome slouchy sweatshirts with a sequinned panther. Visit Manna to see the show stopping 50's style pieces with amazing floral brocade fabrics, it's very unusual and we want it all!





#### A star buy

We popped up to see the fantastic treasure trove of goodies at the newly expanded Gooseberry Bush at Rondels Farm Shop and came across this stunning star jumper which comes in a range of colour options and two styles; a round neck shorter option and a flattering v-neck wider option. The soft cashmere and merino wool mix of these jumpers are perfect for looking good now that the cold snap is less of a snap and more of a permanent fixture! *Priced at £54.* 



We caught up with the talented Margarida Lourenco-Olivier, Visual Display Manager at deGruchy to find out about the creative process behind their stunning Christmas window display.

Margarida, who has been with de Gruchy for 11 years, studied fashion textiles and after working in the fashion industry in Italy she returned to Jersey and started a career in visual merchandising.

A full year's work went into this magical display with the ideas formulated in

February, finalised in May, then throughout August and September all the elements were painstakingly handmade ready to install in November.

Margarida commented: "Each element has to be assembled, painted, then glittered by me and my brilliant team. It's always really rewarding when you can transform a simple item like 400 sheets of card and create something unique. With the de Gruchy 'forever inspired' rebrand I was conscious that Christmas needed to be modern and fit with the new vision of the store. I wanted to create a space that looked modern, timeless and magical. The display is crisp, optimistic and bright with a dash of sparkle. I hope that's what people feel when they take a look."

So when you're next passing, stop a while and enjoy her wonderful creation.

The Parish of St Helier run a window competition for the public to get involved and celebrate the efforts that everyone has made. To vote for this fab display pop into de Gruchy and fill in a slip or text de Gruchy to 07700376002.



# BAUM UND PFERDGARTEN

EXCLUSIVELY AT MANNA IN JERSEY

MANNA 7 WEST CENTRE 619985

### Trend News



#### The gift of giving!

Rivoli Jewellers has some beautiful gift with purchase offers available, from Clogau and Hot Diamonds, this Christmas, which means you can buy a gift for a friend and treat yourself at the same time without feeling guilty.

- Clogau is offering a beautiful Snowflake pendant, set with Swarovski crystals worth £149.00 from their Christmas collection when you spend £249 on Clogau jewellery.

- Hot Diamonds is offering a Silver and Diamond Bow Pendant worth  $\pounds$ 69.95 when you purchase two or more pieces of Hot Diamonds.

#### Go on treat yourself at Rivoli Jewellers this Christmas



#### Gucci's new contemporary timepiece

Conceived to match the eclectic collections designed for Gucci's 2016 runway shows, the new green-red-green watch is a contemporary and eye-catching addition to the Gucci Timepieces portfolio. In keeping with the House's quirky and urban mood, this timepiece introduces a bold new aesthetic that blends a number of original design ideas. As a special flourish, Gucci's new honeybee motif is etched onto the case back and printed onto the bangle in gold leaf. This timepiece is a fashion-forward statement for all style conscious watch lovers.

NATO-style fabric strap.

Tudor Black Bay with black bezel, from £2,013 at Hettich Jewellers, 1 King Street, St Helier. Tel: 734491

Classic style

A modern dive watch that shares

Submariners of years past, the Tudor Heritage Black Bay with its new black bezel is a real winner on the wrist. Classic styling, an in-house movement and a nod to vintage Submariner detail with an almost matt black dial and gilt-style printing give this watch a striking identity that watch fans will love - and that's before we mention its rather attractive price tag. Available from Hettich with a steel bracelet or a

its DNA with the iconic Rolex

Available from Rivoli Jewellers, 41/43 King Street. Rivoli Jewellers is VAT free.

#### All wound up

Time to add to your watch collection? There's only one problem with owning one, two or a few automatic watches - they only stay ticking if they're on your wrist. If you don't want to have to keep resetting your watch every time you change it, it makes sense to invest in a watch winder. Good watch winders like these Design Hutte single and double watch winders at Hettich keep your watches running smoothly, save you time and hassle, and also make sure everyone appreciates your perfectly timed watch collection. Put one on your Christmas list now.

Design Hutte single and double watch winding boxes in a range of different finishes, from £105 at Hettich Jewellers, 1 King Street, St Helier. Tel: 734491





# Naughty or Nice...

There's something for everyone at Liberty Wharf this Christmas.

LIBERTY WHARF liberty-wharf.com

*P* **y** 

8+



MAKEUP MODEL DANNY EVANS Decia *(kiss and makeup)* Ellysia



Dress by Marc Cain from Marc Cain **£199** Swarovski Crystaldust Bracelet **£70** (available in various colours) Swarovski Jean Paul Gautier Reverse Y Necklace **£140** Swarovski Jean Paul Gautier Reverse Hoop Earrings **£105** 



Jacket by Patriza Pepe from Manna **£300** Skirt by Patriza Pepe from Manna **£200** Boots by Kurt Geiger from Voisins **£160** Swarovski Jean Paul Gautier Reverse Necklace, **£105** 



Fur coat by Michael Kors from Voisins **£245** Leather skirt by Whistles from Voisins **£170** Boots by Kurt Geiger from Voisins **£190** Swarovski Crystaldust Bracelet **£70** (available in various colours) Swarovski Jean Paul Gautier Reverse Necklace **£105** 



Dress by Reiss from Voisins **£136** Swarovski Crystaldust Bracelet **£70** (available in various colours) Swarovski Jean Paul Gautier Reverse Y Necklace **£140** Swarovsk Jean Paul Gautier Reverse Cuff Earrings **£87** 

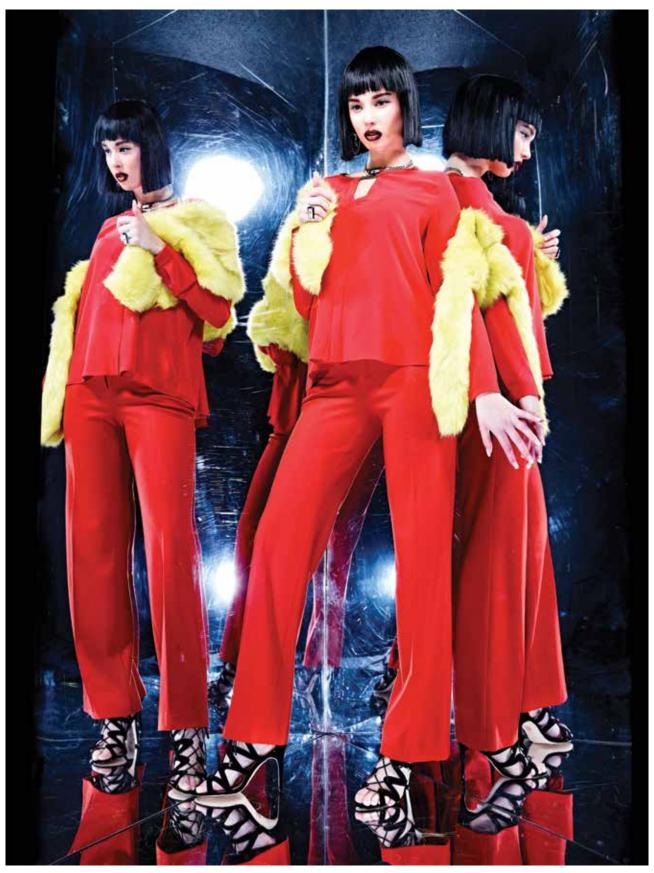


Dress by Baum Und Pferdgarten from Manna **£310** Shoes by Kurt Geiger from Voisins **£110** Swarovski Jean Paul Gautier Reverse Necklace **£105** Swarovski Jean Paul Gautier Reverse Double Ring **£105** 



Leather dress by SET from Manna **£385** Fur coat by Patriza Pepe from Manna **£1,500** 

Top by Marc Cain from Marc Cain **£189** Trousers by Marc Cain from Marc Cain **£215** Fake Fur wrap by Marc Cain from Marc Cain **£99** Shoes by Kurt Geiger from Voisins **£ 110** 



Swarovski Jean Paul Gautier Reverse Necklace **£105** Swarovski Jean Paul Gautier Reverse Double Ring **£105** Swarovski Jean Paul Gautier Reverse Hoop Earrings **£105** 

## Style**Stalker**

WORDS Lauren at Luella Rockerfella





#### Allana Binnie, 30

Allana was looking super classy and I love the colour mauve, it's huge this season! When I asked Allana how she'd describe her style she said "classic, minimalistic yet a bit pop!" Her look is inspired by social media and she follows @ luellarockerfella (thanks Allana) and @newerthannow. Her style icon is Kate Moss. The dress she's wearing is by brand Glamorous and she loves to shop at Topshop and Zara.



#### Carly James, 26

Carly was bang on trend with her tartan dress! She even coordinated her white Mulberry clutch (not pictured) with the collar detail. Carly said she likes to express her Scottish roots through wearing traditional tartan when she can. She described her style as simplistic and chic. She carried the red of her dress through to her make-up and her hot matte MAC Ruby Woo lipstick, a colour which is so popular it's often sold out in Jersey. Carly finds inspiration from Instagram profiles such as @instyle and @sarahashcroft.



#### Claire Hunt, 33

Claire was an easy one for me to spot as she was wearing the slit leggings from my shop. Claire told me that having recently had a baby style to her was all about wanting to feel good and comfortable too, so as the the leggings are high waisted they nipped her in in all the right places and kept her bang on trend with the slit knees. Claire likes to dress with an edgy style and loves the boho, rock chick vibe. For inspiration she looks to strong woman and follows Luella Rockerfella's posts and blogs! Thanks Claire!



#### Katie Penny, 31

Not only did Katie look in great shape but she totally owned her style especially in that beautiful leather, pleated! I asked Katie how she'd describe her style "casual, on trend yet chic." She also told me that whilst she finds style and fashion inspiration from both Instagram and Pinterest, she doesn't follow the Kardasian's or ever try to emulate their style. "I love the way my friend Roxanne and I are normally in gym clothes but love an investment buy such as a Burberry Mac or Mulberry bag!" Girl after my own heart!



#### May Bourne, 23

May really stood out at the Mark Knight DJ event as she was wearing something which most would consider unusual for an event like this. To me, she looked like a girl who really knew her style and I loved this about her outfit. She'd been at another event before coming, but would always describe her style as classic chic. Her style icons include Kate Middleton. Her favourite brands include Mint Velvet, Reiss and a site called Repetto.



#### Nikki Craig, 39

Nikki told me "I like to be an individual and this outfit was inspired by the punk rock scene." I'm also a fan of 80s vintage as it's the era I remember from my youth. Niki is wearing Luella Rockerfella's sweater dress which has a slightly grunge feel to it! "I channeled 80s Madonna; fishnet mesh tights and gloves and added pearls to an already Tom boy like outfit!" and I felt she rocked it!!

# APPETITE





#### The best food & drink loyalty scheme in the Channel Islands

• 25% off your food bill on Inndulgence Wednesdays • Be the first to see all our latest deals and offers Receive 20% off your food bill throughout your **Birthday month** 

Earn points every time you drink and eat with us and redeem them for FREE food & drink on future visits

Register for your card today at www.inndulgenceclub.com and receive 500 points, thats £5 FREE.



WORDS Ria Wolstenholme

In case the aisles full of advent calendars, tins of Quality Street the size of a small dog and boxes full of twiglets big enough to keep the family going for a solid year that are adorning our supermarkets weren't clue enough, Christmas is around the corner. Yes, the festive season of indulgent food is upon us. It's only a matter of time before you can say "it's ok, it's Christmas" to allow yourself to eat half of a – or an entire – Cadbury's selection box for breakfast.

This time of year often allows people to reflect on the year that's passed, rewarding themselves or loved ones for coping with the mayhem by indulging in decadent food and gifts. This is of course not the true meaning of Christmas, but for the sake of consumerism and this month's theme, we'll look past that. With this in mind, I wanted to explore the foods that have been discontinued over the years, having vanished from the shelves without reason. If you're a mix of a 90's and 00's (noughties, by the way. Yes, I hate that I have to call myself that too) kid like me, this will be a real bout of nostalgia, followed by furious Amazon and eBay searches to see if you can still get your hands on them.



**Cadbury Snaps** Is it a crisp? Is it a thin biscuit? Is it a chocolate covered crisp that tastes like biscuit? Oh the mind games these played. They were also the best thing to use if you wanted a lunchtime competition to see who could stack and fit the most in their mouth.



**Penguin Flipper Dippers** They may have lacked the classic joke on the back of the wrapper, but damn these were good. You knew you'd lucked out if these turned up in your lunchbox.



**Ready Salted Chipsticks** 

Now, some still report rare sightings of these. But as far as I'm aware, they are extinct. I'll personally deliver a £5 note to any reader who can send in a picture of them, in a shop. Don't go sending me some fake remake from Amazon, I ain't buying it.



Panda Pops

Oh, the E numbers. So many E numbers. Those delicious, acidic coloured miniature bottles of fizz could keep you on a sugar high for hours.



**Prawn Cocktail Wotsits** Firstly, why? Secondly, WHY? The humble wotsit, the little cheesy puff that'll have your fingers stained orange for the rest of the day, took a turn for the worst. Thank god Walkers came to their senses and discontinued these.



#### Bendicks Mingles

The only selection that catered to the unpopular mint chocolate lovers. Never mind your fancy After Eight's, the Mingles gave you variety. They'll be sorely missed.



#### **Cadbury's Snow Flake**

Still as inconveniently messy as ever, but nonetheless a pleasant surprise once you bit into it. The best of both words in a crumbly, melts instantly when you touch it chocolate bar.



#### **Cadbury's Dream Bar**

White chocolate fan or not, you can't deny that this was better than anything the milky bar kid was churning out. Unpopular opinion but I stand by my choices.



#### **Mars Delight**

WHY were these so cruelly taken from us? A whole mars bar always leaves you feeling like you've had your year's worth of sugar in one big hit, and these little wafer filled dreams were the answer to that issue. Same amount of sugar probably, but twice as easy to eat.

#### Heinz EZ Squirt Green Ketchup

"Let's take the two most unappealing colour and turn them into a sauce you cover your food in". This could have been the smartest way to stop kids covering everything they eat in ketchup, but then again also the dumbest thing to try and sell. Ever.



#### **Melody Pops**

Also known as how to annoy your parents for a solid hour because they took that long to dissolve. Memories of skipping home from school whistling as loud as I could with these is probably something nobody else but me enjoyed.

They say all good things must come to an end, but I can't help but feel somewhat hard done by in this case. I mean, how can you even begin to explain a Mars Delight to someone who hasn't experienced one? Nonetheless, perhaps it's best these now retro classics stay in the past, as nothing but fond memories. I must be thankful that my future kids won't be able to get a hold of those melody pops to infuriate me like I did with my parents. Sorry mum and dad.

# C'EST TOUT!

"Made today eaten today" may be the mantra that is attached to the thousands of products that Mange Tout make every day, but "made 20 years ago and still going strong today", is definitely the story of Mange Tout.

Twenty years ago Mange Tout opened their first shop in Colomberie, and reflecting on those early days, Andrew remembers, "the first few customers came in and asked for jacket potatoes, which we didn't do. Our first coffee customer brought his coffee back along with a dry cleaning bill, he said the lid had a hole in it and had spilt down his shirt. Sip-thru lids had never been seen in Jersey before."

As the rest of the world was beginning to re-evaluate what tall or long meant as Starbucks expanded, Jersey was keeping it local and nurturing its own home-grown coffee brand. For the last 20 years, Mange Tout have been setting a high bar for the provision of both coffee and lunches to the swathes of St Helier workers. First Colomberie, then New Street in 2000, Sand Street followed in 2004 and lastly Conway Street in 2008, just as the global financial crisis kicked off. Nervous bankers and building EL Tico all in the same year, but that's another story.

Food was very different back then, as Andrew explains; "It is hard to imagine now, but tuna was only ever mixed with sweet corn, no one had heard of a ciabatta, and sun-blushed tomatoes, roasted vegetables, mozzarella and pesto were definitely not put into sandwiches, and coffee was only ever instant and came in horrible polystyrene cups". Certainly a different world to today's coffee conscious lunch consumer. He goes on; "Fruit mixed with yogurt and granola to take away for breakfast? Don't be ridiculous, and who would ever have thought you could buy take-away porridge? The change in our food has been amazing, and the Mange Tout team has very much been part of that change locally".

However, sometimes once you have raised a baby, it's time to set them free and, with 20 years under their belts, Andrew and Abbie Hosegood have decided the time is right to pass on the baton (or should that be the baguette) and have sold their beloved Mange Tout to Darren Amy, who has been running the business for the last four years. Always a foodie, after spells in the UK opening new branches of Starbuck's, Darren returned to Jersey and successfully ran Plemont Beach Cafe before coming into town and opening Delish in Bath Street back in 2006.

As for the future, Abbie says she "can't think of a better person than Darren to continue the Mange Tout story. Having worked with us for the last four years, he is passionate about the business and understands that it is the fabulous people that make up the Mange Tout team, that are responsible for its success over the years, not forgetting the support of our wonderful customers". Abbie is also pleased that the standards Mange Tout have set and the tasty goodness Jersey has come to appreciate, including the MT Gooey Chocolate Brownie recipe, are safe and in good hands. We look forward to seeing how mange Tout develops over the next 20 years!

ABOVE, LEFT TO RIGHT: Andrew, Abbie & Darren

## A SQUARE MEAL

The Square only arrived on the foodie scene earlier this year and already it's made a big impression, thanks to their impressive decor and excellent menu put together by head chef David Cameron. So far I've sampled the delights of their excellent drinks and cocktail menu but haven't before sampled their food offering. So off my friend and I popped one Thursday night to see what the Square had to offer for discerning diners and we weren't disappointed.



Welcomed by the fabulous Nina, their front of house manager, we were shown to our table towards the back of the restaurant. Once we'd settled in our seats and ordered a bottle of wine to share, well it was a Thursday after all, we began to peruse the menus. For those of you who don't know The Square is all about seafood, steaks and barbecue. Not wanting to miss out on the menus highlights we asked for the help of our excellent waitress who talked us through what she suggested would work for our raging appetites.

The clever menu has options for the smallest to the biggest appetites, thanks to their mix of small bites through to magnificent sharing mains. We were two very hungry ladies so were recommended to choose two or three of the small bites to share to start with, an excellent recommendation as it meant we could sample more things too! To cover all bases we opted for the butterfly tiger prawns cooked over charcoal with garlic, parsley and piquillo pepper, crispy (the crackling was exceptional) Thai pork belly, spicy peanut and cucumber salad and goats cheese with crisp fried courgette flower and truffle honey dressing. Each dish was beautifully presented, full of flavour and left us hotly anticipating the arrival of our main courses.

Our lovely waitress had recommended that we opt to share either The Square Seafood Fest (grilled butterflied tiger prawns, Thai stir-fried crab claw, mussels in wine & cream, baked scallops, crunchy squid rings, citrus aioli & new potatoes) or the Cote de Boeuf (served with grilled plum tomato, slow-baked mushroom, watercress, hand cut chips, green salad, peppercorn cream & béarnaise sauce) but we couldn't agree which we preferred so instead we both went for dishes of our own.

Stir-fried cracked crab claws with sweet chili, coriander, ginger & spring onions, which is served with bok choy and steamed rice, although the partner in crime decided that she wanted a portion of fries instead and she was happily obliged (sorry chef). This was a very hands-on dish and was enjoyed with gusto and the use of several lemon scented wipes once the claws had been cracked and eaten clean. A savoury dish with sweet notes kept the seafood lover very happy. It's hard to believe there was any room for dessert, but after a self-imposed break in proceedings we bravely battled on and were both glad we did. There is a strong menu of desserts to choose from at The Square, all of which are handmade in house. We sampled the Pana cotta royale - topped with fresh raspberries a lovely light take on this popular dish and I had the dessert of the day which was a butterscotch sundae with squares of chewy meringue and Amaretti biscuits nestled between scoops of coffee, chocolate and vanilla ice cream.

We left The Square feeling full and very happy after our incredibly indulgent Thursday evening. Both the surroundings and the service at The Square were excellent and we'd highly recommend you get yourself booked into sample it for yourselves.

#### "I, being a former vegetarian, opted for the rib eye steak, a cut you don't always see and a particular favourite of mine."

I, being a former vegetarian, opted for the rib eye steak, a cut you don't always see and a particular favourite of mine. Cooked to perfection over real charcoal in their JOSPER Oven and served with a plethora of sides it was delicious. The Square only serve Irish Beef that has been aged for a minimum of 21 days and from grass fed cattle and that shows in the taste of the steaks they serve. As The Square is a member of the Liberation Group don't forget to take along your Indulgence Club card too. If you don't already have one then head to www. inndulgenceclub.com and register for one, it's free and they'll even credit you with 500 points straight away, which amounts to £5 of credit which you can use in any of their participating pubs, bars and eateries.

The Square 14-16 Weighbridge Place / T: 858220



# love drinking?

We asked Chris Rogers of Love Wine to talk us through his top tips for the forthcoming festive season.

#### What would you be drinking whilst watching your favourite sporting event with the boys?

#### Beer - BrewDog Punk IPA

BrewDog are the fastest growing food and beverage company in the UK, thanks to their signature brew, Punk IPA. This beer is packed with New Zealand hops and balanced with a biscuit malt. With loads of tropical fruit flavours and a sharp bitter finish, it's sure to liven up any dull England game!

#### You've got the family coming around for Christmas lunch, what would you serve to drink before, during and after your feast?

#### Before - Champagne - Vazart Cocquart Brut Reserve Grand Cru 'Blancs de Blancs'

Christmas is always a celebration so Champagne is a great way to start the day off on the right foot. I like to drink Champagnes of smaller growers, such as Vazart, as they offer better quality to value ratio than many of the traditional 'Grand Marque' houses. Every resource in the winery is dedicated to making the best quality wine they can. Vazart is made from 100% Chardonnay. It has fine light bubbles, a fresh and fruity flavour followed by great minerality producing an elegant finish.

#### During - Red Wine - Duncan Savage 'Follow the Line', Western Cape South Africa

A blend of Cinsault, Grenache and Syrah this wine is seriously fresh and juicy. It's a great lunchtime wine as it's not over-powering or heavy with a relatively cool 13% abv. This is a thoroughly modern wine that will appeal to the new generation of wine drinkers. No fuss just lip smackingly good, excellent with roast ham, will pair with traditional turkey and stand up to darker meats.

#### After - Colheita Vintage Port – Dalva 1985 Colheita

Colheita Ports are great as they are a little less heavy then a traditional vintage port. They are tawny ports aged in small oak barrels from a single vintage. Colheitas change dramatically during this extended time in cask and take on flavours of dried fruits, nuts, citrus and exotic spices, while becoming very smooth and complex the older they get. They are also amazing with cheese and a game of Pictionary!

#### Everyone has left and it's just you, what would be your nightcap of choice?

#### Rum – Matusalum 23 Year Old Solera

It's probably not a good idea at this stage of the evening but you can't beat a nice aged rum to cap things off. Aged rum is a great choice for anyone like me that hasn't quite acquired the taste for whisky. Matusalum 23 year old will hit the spot nicely...



The Atlantic Hotel's Eat Jersey Food Festival enjoyed a second successful year during the first weekend in November. Over the course of four days, diners could choose to attend four fine-dining gastronomic events at The Atlantic Hotel's Michelin-starred Ocean Restaurant with amazing food created by visiting chefs: Andrew Fairlie, Andre Garrett, Matthew Peryer, Nicolas Valmagna, Robert Thompson, Simon McKenzie and Steve Smith.

This year, for the first time, Ocean Restaurant hosted an exclusive pop-up restaurant on Saturday 5 November. Head chef Tom Brown, of fellow Michelin starred restaurant Outlaw's at The Capital, joined executive head chef Mark Jordan to create a collaborative menu of beautifully crafted seafood dishes for both lunch and dinner.

We were lucky enough to head along and sample the six-course tasting menu and it was an absolute delight. Dishes varied from the light and refreshing raw Jersey scallops with bacon, onion, anchovy and chilli (Tom Brown) to a sublime and clever take on a risotto of Jersey squid created by Mark Jordan, a dish he went on to recreate for an audience of 500 the following week at an event in London. The beauty of a tasting menu is it allows you to sample the very best of each chef in one sitting, experimenting with dishes that you wouldn't perhaps otherwise choose. It still remains a mystery to me how chef Tom Brown managed to achieve the final course of six, a chocolate fondant tart. As a lover of anything sweet and a baker myself I was mesmerised by the combination of crisp buttery pastry and its perfect rich chocolate fondant centre, not an easy feat.

Each course was superbly paired with a wine from Levin Wines, who produce a superb range of organic wines that have achieved an outstanding cachet of international awards and reviews. Lynne Levin from the vineyard was on hand to talk us through each of the wines and why it was chosen to complement its dish, which each did impeccably.

The incredible event wouldn't be possible without the sponsors and supporters which this year included Easenmyne, Mercury Distribution, Tattinger, Visit Jersey, Classic Herd, Faulkner Fisheries, Food Partners, Fungi Delecti, Goodfellows, White Rock Brewery and the Jersey Evening Post.

We're already hotly anticipating next year's announcement and can't wait to see what the team at the Atlantic pull out of the bag for the next Eat Jersey Food Festival in 2017. We suggest you keep your eyes peeled and be sure to book your place at what is bound to be another exceptional foodie extravaganza.



We all love St Aubin in the summer months and many of us will have spent time basking in the sunshine outside The Boat House restaurant and bar on the North Quay in St Aubin. Well just because the sun makes a less frequent appearance now we're entering the depths of winter doesn't mean this fabulous venue is any less appealing.

For those of you that don't know the venue operates on two floors. Downstairs is perhaps most well known for its Main Deck bar with big sporting events coverage available on their well-positioned screens, an excellent menu and an extensive range of beers, wines and spirits. Or if you're feeling sassy why not try one of their hand-crafted cocktails? Along with their a la carte menu they also have a tapas offering so there should be something for everyone.

But it's upstairs where the venue really comes alive, thanks to the beautiful restaurant with panoramic views of the bay and harbour. I have to admit this is an area of the venue I hadn't visited so was delighted when I got invited to sample the Sunday lunch last month, my dining companion and I enjoyed a leisurely lunch of succulent rotisserie chicken with crispy well-seasoned skin and perfectly cooked roast beef with Yorkshire pudding and all the trimmings it was excellent. A popular misconception is the restaurant upstairs is a significantly different offering to downstairs, but many of the dishes are found on both menus and you are welcome to pop upstairs and take your drinks even if you're not eating, of course if space allows.

If you're looking for a great venue for a party or event then you can hire out the whole of the upstairs restaurant, which seats 110, for the occasion and the team will be happy to talk through your requirements. Maybe you're looking for an alternative out of town location for your works or family Christmas party, if so be sure to check out their excellent three course menu online.

Having now fully recovered from the fire that saw them close for almost a year The Boat House is the flagship venue of The Boat House Group offering modern, stylish and fresh local cuisine. We met James, director of the group, to talk about what has been their best year to date. "We've had a fantastic year. Despite having lost some long serving employees we have invested in our staff training and we have a great team working at The Boat House. But we are always looking at ways we can continue to improve our offering and we rely on our customers feedback and welcome any comments or suggestions they may have. If you book online with us you can write a review after your visit or simply email us anytime at admin@theboathousegroup.com."

Whether it's breakfast, lunch, dinner or simply drinks you're looking for The Boat House has something for everyone, coupled with excellent service and a great location overlooking the picturesque harbour in St Aubin.

Visit theboathousegroup.com to check out their latest menus and special offers.

# 'Tis the **season** — — to get **baking**!

Try making these amazingly gooey, tasty Christmas treats invented especially for gallery readers by one of the island's most talented (and loveliest) chefs; Ellen de Jager Smith, head pastry chef at the Michelin-Starred Bohemia restaurant.

They could be made as a show-stopper for a drinks party, the booze quantity listed in the recipe makes them the perfect little chocolatey pockets of rocket fuel! Or leave out the alcohol and get your kids involved, using up the left over Christmas pudding, for the perfect wholesome holiday activity!

#### START BY MAKING THE MOUSSE

1. Place the sugar, yolks and Jersey Dairy Natural Bio Yoghurt over a bain-marie (that's where you have a saucepan of hot water and you place your ingredients in another bowl on top to slowly warm them). Heat up while whisking into a frothy sabayon (a light mousse!).

2. Heat 500g of Jersey Dairy Double Cream with the orange zest, orange juice and add the Christmas pudding and brandy. Blitz until smooth.

**3.** Hydrate the gelatine in ice-water and heat the 80g of Jersey Dairy Double Cream to melt the gelatine.

**4.** Whisk the 500g of Jersey Dairy Double Cream to a semi (soft) whipped.

**5.** Fold everything together. Set into desired moulds. Pop into the freezer.

### THEN ON TO THE VELVETY WHITE CHOCOLATE GANACHE

**6.** Bring the 270g of Jersey Dairy Fresh Whipping Cream and glucose to the boil.

7. Melt the white chocolate and Jersey Dairy Unsalted Butter together.

8. Fold the white chocolate, Jersey Dairy Unsalted Butter and boiled Jersey Dairy Fresh Whipping Cream/Glucose mixture together.

**9.** Add the cold Jersey Dairy Fresh Whipping Cream slowly while whisking. Whisk until thick.

#### AND FINALLY MAKE THE DARK CHOCOLATE BRANDY GANACHE

**10.** Break chocolate into small pieces and melt slowly with butter.

**11.** Bring 300g of Jersey Dairy Double Cream and glucose to the boil.

**12.** Fold the Jersey Dairy Double Cream and glucose mixture into the chocolate and add the brandy carefully.

#### THEN IT'S JUST A CASE OF CREATIVELY ASSEMBLING THEM INTO PRETTY LITTLE CHRISTMAS PUDDING BALLS

**13.** Use a cocktail stick to stick the two frozen semi circles together then dip into the Dark Chocolate Brandy Ganache and put back into the freezer to set.

14. Place the Velvety White Chocolate Ganache on to look like icing and use fondant icing with food colouring or silver or gold edible sparkle to decorate - you can get creative at this stage!





#### **INGREDIENT LIST:**

For the mousse: 100g Muscavado Sugar / Dark Brown Sugar 150g Egg yolks 80g Jersey Dairy Natural Bio Yoghurt 250g Jersey Dairy Double Cream 400g Christmas Pudding, broken into pieces 100g Brandy 2 Orange zest and juice 80g Jersey Dairy Double Cream 4 Gelatine Leaves 500g Jersey Dairy Double Cream Semi circle moulds (so you make two semi circles, then stick

(so you make two semi circles, then stick them together for the round pudding shape!). This is the one, very simple, very inexpensive gadget that will make you look like a total pro.

### *For the Velvety White Chocolate Ganache:*

270g Jersey Dairy Whipping Cream
60g Glucose
180g White Chocolate
30g Jersey Dairy Unsalted Butter
400g Jersey Dairy Whipping Cream

#### For the Dark Chocolate Jersey Brandy Ganache:

440g Good Quality Dark Chocolate (70% cocoa solids)
100g Jersey Dairy Unsalted Butter (softened)
300g Jersey Dairy Double Cream
100g Glucose
80ml Brandy (optional!)

#### For the decoration:

A bit of fondant icing Different colours of food colouring Some gold or silver edible sparkly bits Some cocktail sticks



#### Tim Crowley

Managing director, La Mare Wine Estate

As I take a moment to look back at 2016 I realise - Wow, what a year it's been!

It started big with a £250k building expansion project at the estate. New shop, bar, catering kitchens and storage. Then the purchase of a 120 seater marquee to cater for an increase in group and event business. So I was happy to start the 2016 season with a fresh look, a bit of space and an energised team alongside me.

After our Chocolatier and his team have dashed through Valentines, Mother's day and nearly 1,000 Easter eggs we are open for the tourist season (yes..., the builders were still here).

So to add a bit of pure madness to my year I took back direct control of our restaurant and event catering after leasing it out for the past nine years. The responsibility of delivering perfect and individual wedding day experiences for every couple was, as director of La Mare Wine Estate the main focus of my year and I am both delighted and relieved that our team has delivered this brilliantly. I will say a sincere 'Thank You' to all our couples for entrusting us with their most important day and I will also say 'Thank You' to my team for their dedication and combined efforts in making it 'just perfect' every single time.

Finally, the summer weather decided to move and eventually arrived in August but lasted until end of October which our cider apples particularly enjoyed. Grapes are traditionalists I think so they prefer sunshine from June to mid-September, nonetheless the crop came in pretty good too.

So, just under a quarter of a million product units sold, great tourism and weddings season, great team around me and no major disasters (except Trump).

#### Simon Bossy

Gyotaku Artist

I have been involved with the sea for most of my life both as a marine scientist and in my leisure pursuits and find marine life in all it's forms fascinates me. I was introduced to the 'Gyotaku' method some years ago by Carl Meyer, a Jersey marine scientist now working in Hawaii and I was immediately struck by how this technique brought out the most beautiful aspects of fish in fine and accurate detail.

Gyotaku ( it means literally fish pressing) involves preparing and colouring up the actual fish with suitable inks. Then soft Japanese paper is floated onto the subject and gently pressed to bring the image onto the paper. After lifting the paper the eye may be coloured in together with some background tints. I mostly use a Japanese paper embedded with silk or Rayon which somehow adds another dimension to the work.

I hope to bring movement to the composition by giving the fish space to move into or come from.

Fish with character are rewarding to do, John Dory is a particularly good subject with strong facial features and extensive elongated fins.I have seen these fish in their natural habitat gently gliding about in search of prey and hope to get some of their natural presence across in my work. All of the fish used for my prints were caught in waters around Jersey and each print is unique.

I'm continually developing the technique and attending workshops to work with other gyotaku artists.

My work can be found on sale at The Framing Workshop, Don Street, St. Helier as well as The Harbour Gallery, St Aubin or you can contact me directly.



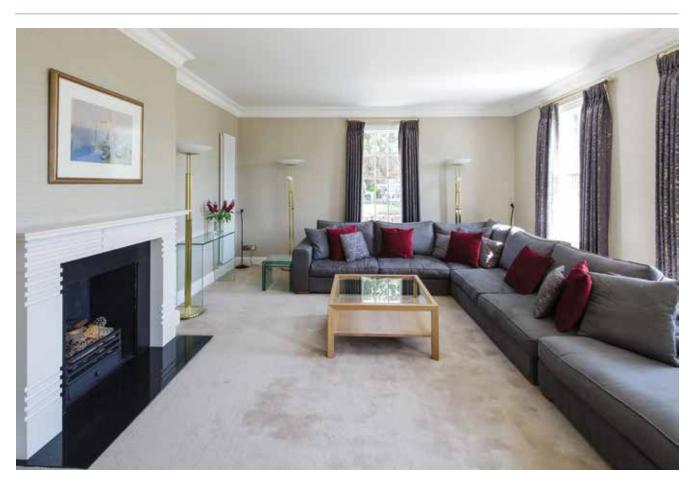


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# WEST IS **BEST**



WORDS Sara Felton

Martello Lodge is a fine detached family home ideally located for almost all every day conveniences; a one minute walk from the house and you're on the golden sands of St. Brelade's Bay, a couple more minutes and you could be dining in some of Jersey's finest restaurants and al fresco eateries.



The now six bedroom house was formerly called Martello Cottage, before being significantly developed by the Earl and Countess of Midleton and renamed Martello Lodge. Over the years the house has been added to and in the 1970's it took its now familiar guise of a mock Georgian style family home. Owners before the Midletons included the Second Baron Kenilworth who lived here in the 1960s.

The property has immense and significant history dating back to circa 1781 when the cottage was built to house the Jersey Militia soldiers on duty at the Martello Tower opposite, albeit it was only a two-room cottage at the time. The story goes: two soldiers would work in shifts on the top of the tower on lookout whilst the 'cottage' housed the remainder of the platoon/ troop so that they were readily to hand if an alarm was raised. This part of the house is currently the useful study and the large dining room which has a double aspect over the front patio and would probably have been the original entrance to the house too. In both of these rooms you'll see the deep set windows and thick walls are still part of the original features and have been kept to keep the house in character.

The front doors welcoming you into the property have recently been replaced with specially commissioned glass allowing light to flood into the large wooden floored hallway which acts as the perfect gateway to the downstairs rooms. To the left there is a large living room with beautiful high ceilings which overlook the tower and the front patio area, which can also be accessed by a door in this room, fantastic for summer days when you want an extended entertainment space. There is also what would have been the butler's pantry, which now provides access through to the double garage and allows for plenty of additional useful storage and the current owners have installed a refrigerator which they use to store drinks for when they're entertaining guests, saving the trip across to the kitchen. There is also a large cloakroom downstairs.

#### *"The property has immense and significant history dating back to circa 1781 when the cottage was built to house the Jersey Militia soldiers on duty at the Martello Tower opposite"*

When the current owners moved in to the property they spent considerable time and money developing areas of the property that had formerly been neglected. This includes the large chef's delight kitchen which is truly the heart of this home and was once only a small kitchen used by the staff of the house. Alongside the large Wolf range stove cooker, which has a gas hob and griddle, there is an indoor BBQ built into the central island and a separate steam oven and warming drawer.

...CONTINUED

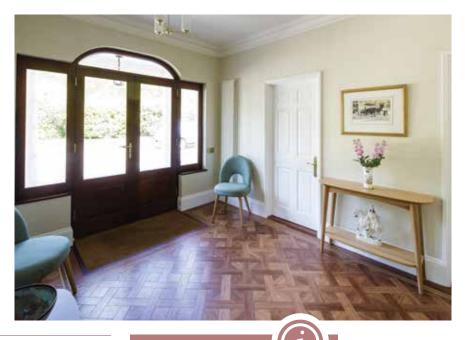


#### ...CONTINUED

There is a built-in Sub Zero fridge and freezer, a brand most commonly found in top end restaurant kitchens. The kitchen units are cherry wood with a Maple inlay within the drawers and the worktops are a clever mixture of beautiful black granite and stainless steel. There is room to have a large table in the kitchen and access onto the patio to the front of the house, perfect for outdoor BBQ's in the summer.

Off the back of the kitchen is a utility room and a back door which leads to the outside of the house and there's also a second useful cloakroom here. This secondary access would easily provide a great route to the house once you've returned from an afternoon on the beach, to keep those sandy feet in one place.

On the first floor there are six generous double bedrooms and three bathrooms with the master being en-suite, with a full sized bathroom. Two of the bedrooms at the front of the house have small balconies which are the perfect spot to sit with a coffee and watch the sea. Thanks to the house being undeniably south facing you will catch the sun until it sets, which will be total bliss when it shines. Martello Lodge comes to the market for the first time in over 20 years and has so much to offer the incoming new owners, least of all its stunning location. For lovers of the west side of the island this is a must view property.







Martello Lodge Le Mont Sohier, St Brelade

#### £2,650,000

#### Savills 722227 www.savills.je

- 6 bed, 3 bath, 3 reception
- Large eat in kitchen
- Sea views out to St. Brelade's Bay
- Gardens and patio
- Double garage and parking for up to 10
- Immaculately presented throughout
- Approx 3,971 sq ft

# We say



# to 9 out of 10 mortgage applications

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# Local mortgage market activity

Interest rates have nudged even lower this month, and there might be more reductions to come. It is clear from the many purchasers who visit The Mortgage Shop each week that rather than just approaching their own bank, they find that by consulting us it may make the difference between being able to obtain a mortgage, or perhaps being disappointed.

Our advice on which mortgage product to choose remains consistent. Most fixed rates are nearly as low or even lower than tracker rates and it makes sense to consider fixed rates at 3, 5, 7 or even 10 years.

#### The Jersey property market

The signs of economic recovery are everywhere to be seen in Jersey and this is having a positive effect on the housing market. We hear from estate agents that property is moving much more quickly than has been seen since 2009, whilst professional valuers think that it is only a matter of time before property prices start to rise in certain sectors of the market.

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#### TO BE ADDED TO OUR MONTHLY BULLETIN LIST, PLEASE SEND YOUR REQUEST TO:

kerrie@mortgageshop.je



#### Tel: **789830**

www.mortgageshop.je

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Henley Financial, part of The Mortgage Shop Group, is regulated in the conduct of investment business by The Jersey Financial Services Commission.



# A new approach to Critical Illness Cover

It's a sad fact that many of us may suffer from a serious illness prior to retirement. Due to this statistic and the volume of recent claims, the cost of critical illness cover has risen sharply over the last 5 years, making it unaffordable for many.

Whilst there is the option to arrange cover based on a preferred premium, this can sometimes result in the level of cover being unattractive, or below that ideally required, for example to repay mortgages, to provide family cover, or to pay for the cost of rehabilitation.

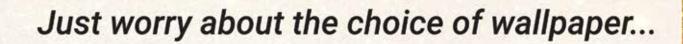
In reality, from the long list of illnesses covered, approximately 80% of claims are for only three conditions; cancer, heart attack and stroke.

With this in mind one provider has now launched a plan that covers only these three conditions, making the premium cost approximately a third less than for traditional cover. The provider anticipates this will make the cover available to a group of people who would otherwise have been without any critical illness cover.

*If you would like to find out more about critical illness cover, you can contact Hayley Carstairs on 789830 or Hayley@henleyfinancial.je* 



Tel: **789830** www.henleyfinancial.je



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### The housing market is on the **up!**

Lower rates of house price rises could be better for Jersey's long term growth. The latest House Price Index figures show the market is growing steadily. Figures for Q3 2016 show the highest turnover of properties a quarter since 2006, with 389 properties sold compared to 296 in Q3 2015. Market activity is 18% up on Q2 2016, and 34% up on Q3 2015. The average house price in Jersey is £468,000, unchanged from the previous quarter. We met up with a few busy estate agents to find out what their favourite recent sales have been.



Kerry Rogers Senior Sales Advisor at Dandara



House 83 Richmond Terrace, Belvedere, is a fantastic family home, deceptively large accommodation with a unique curved dining space and large corner garden. Belvedere is a popular development with a wonderful rural feel yet close to town and schools. **£695,000, St Saviour, 4 beds, 3 baths** 

**Rebecca** Sokrati Director at Thompson Estates



Pictured is a beautiful and elegant country estate which I enjoyed selling it to a lovely family who have relocated to Jersey **£4,750,000, Trinity, 7 Beds, 6 Baths** 



Samantha Leighton Property Negotiator at Wilsons



Of the property's I sold this year my favourite was Cherry Grove, set in the most beautiful, peaceful setting, the cottage had been recently restored creating a modern home yet maintaining its original charm. **£485,000, St Saviour, 2 Beds, 2 Baths** 

Lorraine McLean, Mortgage Sales Manager at Skipton International commented:

"It's good to see house prices in Jersey rising at more modest levels, that are closer in line with affordability for first time buyers and many families. We would ideally hope that the market continues to grow at a steady rate, so that it does not become overheated. A price rise of around RPI plus 1% a year, would be the sort of level that would be more manageable for the majority of buyers in Jersey."



**Michael** Dean Negotiator at Maillards Estates



A classical Jersey house with a wonderful character, tucked away above Ann Port. It needed plenty of refurbishment but we all loved it! **£860,000, St Martin, 5 Beds, 2 Baths** 

Matthew Taylor Managing Director at Rockproperty



A truly unique detached solid granitebuilt family home, dating back to the sixteen hundreds, with countless traditional features and offering so much potential to improve. **£685,000, St John, 3 Beds, 2 Baths** 

**Allison** Gale Negotiator at Broadlands



This was a beautiful family home, with fabulous interiors. It suited the new owners perfectly. **£975,000, St John, Beds: 6, Baths: 4** 

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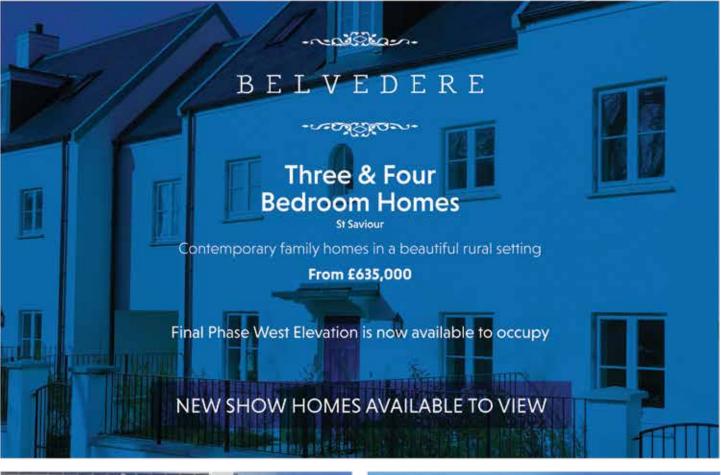
### New build, New benefits.

There's something special about buying a new build: whether you're buying to live or to let, you will always be the first to call this place your own. King Street Sales Centre Open weekly Mon - Fri 9.30am to 5.30pm Sat 10am to 12.30pm

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### 01534 877977





Detached family home Excellent condition throughout New eat-in kitchen/breakfast room Newly refurbished bathrooms Enclosed lawned garden

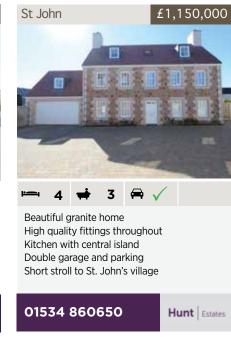
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# WILSONS

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### Interior News

### de Gruchy Must Have Kitchen Gadgets



### Sage by Heston Blumenthal - Bakery Boss™ **£359.99**

Like all things from Sage, the Bakery Boss fuses form and purpose perfectly. This ultra-functional stand mixer makes all types of mixing a piece of cake. Combining power and speed, the 1200W motor makes light work of heavy doughs and batters. The Bakery Boss™ handles mixing with ease as the intelligent motor detects a heavier load and automatically adjusts the power to maintain the selected speed.

Sage's revolutionary double scraper beater wipes the sides and bottom of the bowl with every turn, cutting mixing time by up to 60%. Not only does it leave ingredients aerated and mixed better, but there's now no need to stop and scrape down the bowl with a spatula.

Plus with a 3.8 litre stainless steel bowl included, the Bakery Boss™ handles also perfect for doing small quantities of mixing – even as little as one egg white.

### Available in Silver, Blueberry and Caramel.



### KitchenAid Artisan Cook Processor £699.99

The KitchenAid Artisan Cook Processor is the appliance you've always dreamed of, the one that puts a delicious meal on the table while you put your feet up. It does exactly what it says it does. It handles ingredients like a regular processor, and will chop, knead, mince, emulsify, whip and purée. Then it cooks them the way you would – boil, fry, stew or steam.

Beginner cooks will find themselves tackling increasingly adventurous meals. Home-made pastries and bread are a breeze: all that kneading is handled by the machine's special dough blade, in record time. And hard to tackle sauces – from béchamel to hollandaise – will become an easy everyday addition. This gleaming dream machine consists of a stylish 4.5 litre stainless steel pot with ergonomic handles, hinged lid and feed opening, so you can add ingredients even while others are cooking.

### Available in Almond Cream, Onyx Black, Candy Apple Red and Silver

### Shining Bright and leading the way in lighting

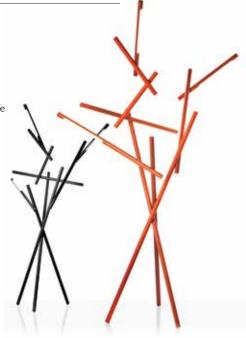
We met up with Roger Gamlin, managing director at The Lighting Centre Guildford to find out his views of the humble light; "A light can be an assistant, a companion, an object, a space, a mood, and an experience.

One can go further and say that lights are works of transformative art: objects of beauty which not only change themselves when they are turned on but also the spaces around them.

It's this sheer beauty of lighting that has always fascinated me. We need beauty in our lives. As the architect Frank Lloyd Wright once observed, "The longer I live, the more beautiful life becomes. If you ignore beauty, you will soon find yourself without it. Your life will be impoverished. But if you invest in beauty, it will remain with you all the days of your life." This thought inspired me to set up The Lighting Centre, Guildford, in 1984. Since then, our family-based team has specialised in curating, recommending and supplying some of the world's most beautiful lights. We deliver across the British Isles and beyond, supplying lights to clients internationally – from hotels in Kenya to private residences in Dubai.

So when you next look at a light and realise it's not a thing, or rather that it's so many things, ask why settle for ordinary when you can live with beauty every day. And every night."

Visit www.lightingcentre.co.uk to see their vast collection of beautiful lighting. Tel: 01483 579411



# Welcome to our careers special...





Gallery speaks to recent graduates about their move to the working world, what motivates them and what advice they'd give to those that are new to Jersey's top companies. We also caught up with a recruitment consultant to hear about their advice for graduates.



### OPENING DOORS THROUGH AN INTERNSHIP

WORDS Helen Shoreson, Head of HR, Deutsche Bank Channel Islands



### As Jersey's local finance industry continues to grow and diversify into new and exciting areas, so too is it becoming increasingly attractive to local students who are considering their career options.

There are now more than 13,000 people working in various areas of finance in Jersey, with around 400 school leavers and local undergraduates embarking on a career in the industry last year – the second highest level since 2004.

All this is good news for local undergraduates considering career options. It highlights that employers are keen to talk to bright, enthusiastic young people who can bring fresh skills and ideas to a business, whilst the health of the industry gives some indication of the exciting career progression it can offer.

On the other hand, though, this rise in the number of young people entering the industry also reflects that firms can afford to be highly selective in who they are recruiting, and underlines just how important it is for those thinking about putting themselves forward for the best roles to stand out from the crowd.

Undertaking an internship is a particularly good way to get a head start on your future career and Deutsche Bank's well-established annual summer internship programme, which provides a structured introduction to working for a global institution, has become incredibly popular in recent years for that very reason. Each year, the Bank looks to recruit bright, enthusiastic and ambitious undergraduates for the program and this summer, its Jersey office welcomed eight such people who are studying a wide range of degrees, from geophysics and aerospace engineering to archaeology and biochemistry.

The eight interns spent ten weeks across the summer working in different areas of the business, each with a specific team, whilst they were also assigned a mentor to help guide their progress and make sure they got the most out of their experience.

The scheme is designed to give interns the chance to get real work experience, learn new skills and gain confidence so that at the end of the placement, they are better placed to compete in today's tough job market.

Beyond time in the office, interns also get involved in the Bank's social and community projects. This year, for instance, interns raised money for the Bank's nominated charity Autism Jersey through a range of activities, including a bike-a-thon in St Helier, which together with the Bank's Matched Giving scheme raised a total of more than £7,300. There is clear evidence that undertaking structured work experience and internships is a real benefit to students and can stand them in good stead when it comes to securing a fulltime post. According to the latest High Fliers Research, for example, recruiters at the top firms in the UK expect that a third of graduate vacancies this year will be filled by candidates who have already worked for the firm during their studies, whilst that figure rises to more than three quarters when it comes to the top banking organisations.

The outlook after graduation certainly looks much brighter for those with an internship under their belt, and many previous interns at Deutsche Bank have found that it can open up doors for them. In recent years, for instance, interns from the Channel Islands have gone on to undertake placements at the Bank's London offices and secure places on Deutsche Bank's Global Graduate program.

The current job marketplace is competitive but Deutsche Bank is committed to nurturing the business leaders of tomorrow. If you're an undergraduate and would like to take part in a unique scheme with a leading organisation that will set you up for success in the future, you can register your interest for the 2017 scheme now by sending a copy of your CV to bryony.lee@db.com. Interviews for the program will take place at Easter.

gallery

# When you develop invaluable skills

The feeling that comes with discovering a new opportunity is exciting – register for our Summer Internship Scheme and see for yourself. On this ten week programme you'll pick up crucial career skills, like teamwork and networking, as well as take part in real-time business projects and activities. It's been designed to give you a real idea of where you could fit in to the world of financial services – and the kind of impact you could have on an evolving global business. If you're currently undertaking a degree course it could be an invaluable first step in your career journey.

Local undergraduates should send their CV to bryony.lee@db.com to register their interest.

Previous interns thoroughly recommend discover more at db-ci.com



### INTERNSHIPS WITH MOURANT OZANNES



### amy WILSON

TRAINEE (FINANCE & CORPORATE PRACTICE GROUP)



### Age 23 Degree Subject: Law What did you want to be when you were 8? A teacher Favourite way to relax? Spending time with friends and family Favourite place to eat in Jersey? El Tico

### What made you choose a bursary with Mourant Ozannes?

I had previously spent time with the firm on work placements, and knew I was interested in a career in law. The bursary scheme seemed like a great opportunity to gain some more experience.

#### What do you do on an average day?

In the Funds team, an average day involves working on a variety of things, including real estate transactions and setting up fund structures. My usual responsibilities would include the drafting and review of legal documentation and liaising with onshore counsel and clients.

### What is your next step?

I am currently a paralegal and intend to gain some more experience before undertaking professional qualifications.

### What advice would you give to those about to embark on a career in law?

Keep an open mind and try out different practice areas. We are so lucky with the opportunities afforded to students in Jersey, so take advantage of all work experience, schemes and open days you can.

### **INTERESTED?**

For more information on our bursary scheme please contact Maggie Marcelo 01534 676 095 or Students@mourantozannes.com Age: 24 Degree Subject: Law What did you want to be when you were 8? A dog trainer Favourite way to relax? A gin and tonic Favourite place to eat in Jersey? Thai Park House

### What made you choose a career with Mourant Ozannes?

I completed a few work placements with different law firms in the Island and the one with Mourant Ozannes was my favourite. I was involved straight away in a number of different transactions and there was a good social calendar too!

### What do you do on an average day?

The transactions that come in to the Finance and Corporate Department tend to be very varied so there isn't really an 'average day'. Most transactions involve more than one jurisdiction so there are usually conference calls to attend, quite often with all parties dialling in from different time zones. There are also frequent business trips (mainly to London) to meet clients and lawyers from other firms.

### What is your next step?

I completed my Jersey law exams in the summer and am about to be sworn in as a Jersey solicitor at the Royal Court. I am currently enjoying lecture-free weekends and no more exams!

### What advice would you give to those about to embark on a career in law?

Do as many work placements as you can in a variety of different departments. The areas of law I thought I'd be interested in weren't the ones I enjoyed most in practice so it's worth trying a few.



## Student Bursary Scheme 2017

## IT'S YOUR FUTURE Let's build it together...

Apply by 28 February 2017 for the Student Bursary Scheme. students@mourantozannes.com

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### DAVID LE CUIROT



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**INTERESTED?** 

Laura King +44 1534 826 000 HR.Recruitment@alterDomus.com

### **Age?** 26

Uni attended? Highlands College (2 years) and Plymouth University (1 year)

Course undertaken? BA (Hons) Finance and Accounting What did you want to be when you were 8? Musician

*Favourite way to relax?* My family are fortunate to have a house at Les Ecrehous. I love to spend time there over the weekend, going fishing, diving and having a BBQ in the sun! It will be missed whilst in Hong Kong!

*Favourite place to eat in Jersey?* Jersey has so many fantastic restaurants so it's difficult to choose one, Portlet Pub or Entwhistles Gorey!

*What's your favourite possession*? I love my music therefore it has to be my CD collection which is made up of all sorts such as Seattle grunge, 70s/80s rock & blues and 90s Britpop.

#### What made you choose the company you work for?

After graduating I spoke with ASL recruitment about suitable job vacancies. Alter Domus interested me because of their ambitions for growth. When I joined there were 20 people and now there are 65. I have had the benefit of working in a rapidly growing office, whilst having the support of a large firm. Alter Domus have been very supportive of my desire to study towards ACCA and the challenges working whilst studying brings.

#### What sort of professional training do you take?

The first thing I did was completing a certificate in offshore administration. As I'd been studying Finance at Highlands College, I was exempt from all the exams bar one, Trust and Company Business. I achieved the certification in September 2012. I then moved onto ACCA. It was important for me that Alter Domus would be able to sponsor me towards becoming fully qualified. I started the courses with OneStudy Training in September 2012 and finished in March 2016.

#### What do you do on an average day?

My job is quite varied on a day to day basis, however my role is predominately providing accounting and administration services for real estate structures. These include the following tasks: In depth analysis of quarterly reporting with clients Preparing set of stand-alone and consolidated financial statements. Processing VAT returns to ensure they are filed within the deadline. Assisting with company secretarial services Maintenance of KYC files for new and existing business. Accounting platform Champion for Alter Domus.

#### What is your next step?

After much deliberation and with the support of my Jersey Manager, I decided to apply for a position in our Hong Kong office as Alter Domus provide an international mobility programme. The reason I chose Hong Kong is because it's quite an interesting place, it has the City but also provides amazing landscapes, beaches and mountains. I also considered the Amsterdam office but moving to Hong Kong is a great opportunity for me to be immersed in a very unique culture. Alter Domus have been very encouraging throughout the whole process.

### What advice would you give yourself as a graduate considering the experience you have now?

I don't believe there is much else I would've done differently. The finance degree at Highlands College/Plymouth University and work placement at Deutsche Bank were a great insight into the finance sector. My philosophy is to continue studying after leaving school whilst you're in the right mind set and gain the qualifications early before it gets difficult later in life with other commitments. Therefore becoming fully qualified and now having this opportunity to work abroad is fantastic and exciting.

## alterDomus\*

FUNDS & CORPORATE SERVICES

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We're looking for people to join our company, from Officers to Managers.

> Send your CV together with a cover letter to hr.recruitment@alterdomus.com or visit www.alterdomus.com/careers to apply online.





### WILLIAM MCKERRELL TRAINEE FUND ACCOUNTANT



AZTEC GROUP



Uni attended? De la Salle College

*Course undertaken?* GCSE's and A-Level's. I'm currently studying with ACCA to become a certified chartered accountant

What did you want to be when you were 8? I wanted to be a professional footballer or an astronaut or both!

*Favourite way to relax?* Taking my dog for a walk somewhere quiet, or if the weather isn't co-operating, finding something good on Netflix!

*Favourite place to eat in Jersey?* Mark Jordan at the Beach *What's your favourite possession?* A watch I was given as a gift

### What made you choose the company you work for?

I chose the Aztec Group because from the start, they seemed unique! I attended one of the Audition Days, which was a great decision, because straight away it became clear that the application process with the Aztec Group was different from any other process I had been through. It was fun and enjoyable, which set it apart from the generic and standard application processes of other companies and this unique approach has also been reflected in the job itself. People at the Aztec Group enjoy the work they do, so I would have to say it was the culture and the employees of the Group which really made it the right choice for me.

### What sort of professional training do you take?

I am currently studying with the Association of Certified Chartered Accountants (ACCA) to get my professional qualifications, whilst working full time, which is all fully supported by the Aztec Group. In addition to getting professional qualifications, there are also in-house training courses (such as finance related training, soft-skills training and training specific to my role) available through the Aztec Academy.

#### What do you do on an average day?

On an average day, I will do the bookkeeping and preparation of accounts for different clients and other tasks to help out the team. One of the main reasons I enjoy working for the Aztec Group so much is because each day is different. The types of clients and demands of the job can create a lot of variety in terms of the day-to-day work, which always keeps things interesting!

#### What is your next step?

The next step for me will be to become a fully qualified chartered accountant. After that, I would look to progress within the Aztec Group and see how far I can go!

### What advice would you give yourself as a graduate considering the experience you have now?

My main advice would be to work as hard as possible. Balancing exams with a full-time job can sometimes be hard, but it is always worth pushing yourself as it is rewarding to see the results of all the hard work. There's no better feeling than passing an exam!

### MORE ABOUT AZTEC GROUP

As a leading fund and corporate services provider, we've grown to hundreds of employees with a multi-jurisdictional European footprint. We have a focus on building long-term client relationships and apply the same approach with our employees, maintaining an employee retention rate in excess of 90% for over 10 years. We pride ourselves in offering a truly rewarding working environment within the financial services industry.

### INTERESTED?

If you would like to apply for a role or if you have any questions about a career at the Aztec Group, please visit aztecgroup.co.uk/careers or email our HR team at careers@ aztecgroup.co.uk or call us on +44 (0) 1534 833015.

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To find out about our current vacancies or upcoming Discover Evenings and Audition Days, explore aztecgroup.co.uk/discover



### CHES ROWER DEPUTY RISK MANAGER



BNP PARIBAS



MORE ABOUT BNP PARIBAS BNP Paribas is a leader in banking and financial services in Europe. The Group is present in more than 80 countries and spans 5 continents. It employs close to 200,000 people of nearly 170 nationalities. Our Jersey operation is key to the growth strategy of the Bank and offers unparalleled to join an award winning leader in global banking and financial services Working with us means joining a dynamic and cosmopolitan environment. We are committed to four core values: Agility, Client Satisfaction,

### Age? 27

Uni attended? Highlands College & Jersey International Business School Course undertaken? STEP Diploma in International Trust Management & ICA Diploma in Compliance What did you want to be when you were 8? Primary school teacher. Favourite way to relax? PJs, tea, chocolate & a good film. Favourite place to eat in Jersey? There are so many choices but I'd have to say El Tico & Salty Dog.

What's your favourite possession? We have just got a puppy called Wilson & I am totally in love.

### What made you choose the company you work for?

To be completely honest, I was 18 and I had no idea what I wanted to do with my life. I just wanted to get a good job and earn some money. A family member who had worked in Compliance encouraged me to go for the Trainee Risk Administrator job at BNP Paribas. When I went to the interview, they offered me the opportunity to study - I didn't know anything about 'professional qualifications' in finance and this was really of interest to me. I've now been at BNP Paribas for nearly 9 years and I love it.

### What sort of professional training do you take?

I've completed both the STEP Diploma in International Trust Management and the ICA Diploma in Compliance, which are both highly useful in my role. BNP Paribas have been very supportive with professional qualifications and they also offer a huge variety of internal training courses to all staff. I have learnt so much in my time here.

### What do you do on an average day?

As the Deputy Risk Manager for the Trust Company, I identify and manage risks. It sounds cliché but every day is different and brings new challenges – I am never bored! Usual tasks include; reporting statistics to Head Office, updating procedures in line with Jersey regulations and Group requirements, presenting data to the Risk Management Committee, monitoring the review schedule, developing our risk monitoring methods and answering queries from the teams.

#### What is your next step?

I was promoted to Deputy Manager in July and I am taking part in a programme of courses endorsed by the Institute of Leadership and Management to develop my management skills. I am currently acting as Manager with the support of a Director and therefore I hope to develop further in order to take on the role of Risk Manager.

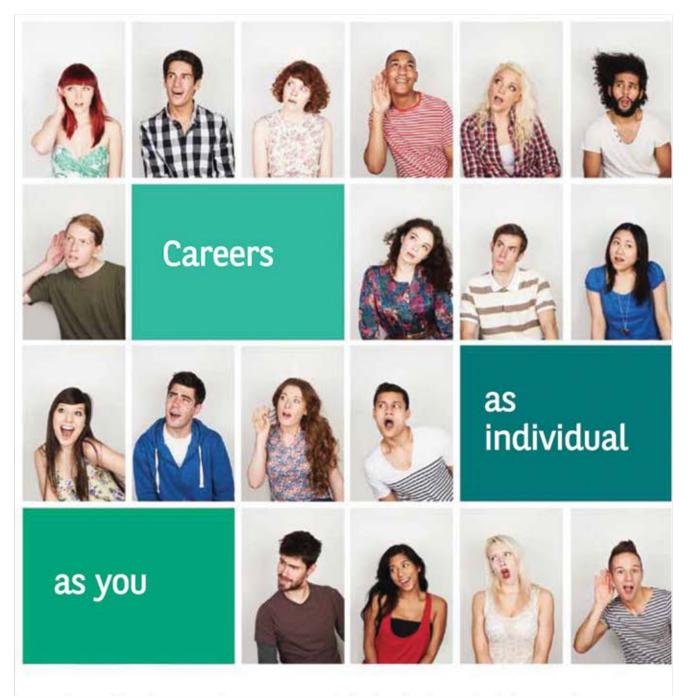
#### What advice would you give yourself as a graduate considering the experience you have now?

I would love to go into schools and tell them that Uni is not the only way. There are so many study options that BNP Paribas & other financial institutions support and if I had known I would not have been so worried that I wasn't going to Uni. I would recommend starting professional qualifications as soon as you can – they helped me so much in my role and I wish that I completed the Diploma in Compliance earlier on.

### **INTERESTED?**

Rebecca Daly, Senior HR Officer - Channel Islands +44 1534 815 200 rebecca.daly@je.bnpparibas.com

HR Quote: "We always look to recruit people who are passionate about their work and who view it as a challenge. We focus on teams and how exceptional individuals can work together to help our clients achieve their goals."



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For further information please visit www.bnpparibas.je/en/careers



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### DANIEL HANBY SENIOR ADMINISTRATOR CRESTBRIDGE



### **Age?** 25

Uni attended? University of Bath Course undertaken? Maths BSc(Hons) What did you want to be when you were 8? A builder Favourite way to relax? With a beer and friends Favourite place to eat in Jersey? The Grill at The Royal Yacht Hotel What's your favourite possession? My phone

### What made you choose the company you work for?

It was a difficult job market three years ago when I joined Crestbridge and as it happens, I have been incredibly lucky to join a growing organisation and despite the recent turbulent times, they offered me a job in their Funds department. What was great about Crestbridge is that they gave me a choice of what I wanted to study. There were no pre-defined role requirements, and I could have done STEP, ICSA, ACA, ACCA...whatever I thought was best for me and my career.

### What sort of professional training do you take?

I am currently coming to the end of my ACA qualification and have just completed my final exams. Once I get my results and have completed my hours, I will be a fully qualified accountant. Whilst doing this, I have also participated in short courses on Private Equity, Alternative Funds and many other office skills courses, which, in a department that deals with a variety of different clients, has helped me to further develop and fully understand my role.

#### What do you do on an average day?

No two days are the same, and I deal with a variety of funds and clients on a day to day basis. Typically though, we will start the day with the daily valuations which we do on behalf of our clients. We will then ensure that all of the payments have been made and work with our clients to guarantee that we have done everything we can for them. Clients are at the heart of what we do, so ensuring their needs are met is key to our business.

#### What is your next step?

Right now, I am focusing on finishing my qualification and waiting for my results! I will then need to complete the time required to finally be qualified. After that, I am looking to develop in my role at Crestbridge so that I am in a position to further my career. I am lucky that Crestbridge is flexible, and there are many opportunities available, from moving to an office in another jurisdiction to moving teams within Jersey to work with different types of clients.

### What advice would you give yourself as a graduate considering the experience you have now?

Research your companies before you start and ask lots of questions about the types of clients they work with during any interviews. The culture of the company is also really important, so make sure you think about the extra-curricular things an organisation offers, a supportive and relaxed environment will be more important than you think when starting out in your career.

### MORE ABOUT CRESTBRIDGE

Crestbridge is a fast growing financial services provider offering a progressive and supportive environment for successful candidates who can grow with us. Crestbridge offers exciting career opportunities with attractive reward packages, a commitment to training and development together with the chance to work on some of the most interesting transactions and cases in our markets. Our inclusive and friendly culture ensures that employees are treated as individuals. You won't be 'just a number' at Crestbridge and we will do all that we can to make your professional life productive and enjoyable.

### **INTERESTED?**

Fiona St-Clair Bolam, Head of HR Fiona.stclair-bolam@crestbridge.com careers@cresbtridge.com

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### Age? 23

Uni attended? University of Sussex Course undertaken? Chemistry What did you want to be when you were 8? Claire from Steps or a Doctor. Favourite way to relax? Dinner and wine with friends or a BBQ on the beach in the summer. Favourite place to eat in Jersey?

The Salty Dog in St. Aubins.

What's your favourite possession? Not exactly a possession but probably my family's two dogs Maisie and Max.

### What made you choose the company you work for?

During university I applied for a place on the Deloitte summer vacation scheme. Having never worked in audit or accountancy before I was not sure what to expect however I found that I really enjoyed the culture and atmosphere created by the friendly staff at Deloitte. I was also impressed with the emphasis that was placed on individuals' professional and personal development and the opportunities for progression and training available.

### What sort of professional training do you take?

I am currently almost halfway through studying towards my ACA qualification. This consists of 15 exams spread over 3 years covering a wide range of topics including accounting, business, assurance and law. Working full time while studying for exams can be challenging at times and Deloitte's support networks have proven to be an invaluable resource in helping me achieve this balance. Despite the difficulties it is incredibly rewarding studying the ACA, allowing me to gain all the skills I will need for a successful career in Accountancy or Finance along with a highly recognised and respected qualification within the industry.

#### What do you do on an average day?

An average day at Deloitte can include taking on any number of roles and it is rare that any 2 days will be the same. For example this can include working on clients in the private equity, fiduciary or real estate sectors, testing financial data and analysing business operations for a range of clients. This variety ensures that you are constantly getting to meet new people and building your network. It also allows you to get an insight into a wide range of businesses, greatly improving your accounting knowledge and professional skills whilst learning from the experienced team you are working with.

### What is your next step?

My next step is to finish my ACA and become a fully qualified accountant. One thing I have always been interested in is travel. The freedom that having three years' experience at a big 4 company such as Deloitte, and the ACA qualification will give me to travel to the world is incredible. Working for a company with offices in over 150 countries around the world provides many opportunities to experience working in different cultures whilst also progressing up the career ladder.

### What advice would you give yourself as a graduate considering the experience you have now?

While advice from your peers will be invaluable, finding out for yourself what a job involves is the best basis to make any decisions; don't discount opportunities based purely on others' preconceptions. Meeting people who work in the roles and industries that you are considering applying to and listening to their experiences will also help.

### HR Quote:

"The success of our firm depends on the talent of the people who work here, so we invest considerable time and resources to make sure your skills and talents are as sharp as they can be".



### MORE ABOUT DELOITTE

Since we want to help you fulfil your potential, we strongly emphasise career development and training. Deloitte employees are among the best qualified accountancy, tax and actuarial professionals. With has the broadest and deepest range of skills of any business advisory organisation, and we have a straightforward goal: to be recognised as

### **INTERESTED?**

If you think you'd like to pursue a career at Deloitte, get in contact with Kevin Pinel on 01534 824243 or email kpinel@deloitte.co.uk

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### CURTIS ADMINISTRATOR ESTERA



### Age? 21

School attended? Victoria College Course undertaken? ICSA Certificate in International Finance and Administration. Currently studying towards ICSA Diploma. What did you want to be when you were 8?

A professional footballer.

Favourite way to relax? Going for a drink with friends. Favourite place to eat in Jersey? Turkish Delight. The chicken nuggets are to die for. What's your favourite possession? My phone

#### What made you choose the company you work for?

I already knew a few people at Estera having undertaken work experience a couple of years prior to joining permanently, and I knew they were keen to employ graduates and offered really good training programmes. During my work experience everyone was so welcoming and friendly so when I had the opportunity to join permanently it was a no-brainer! The social side of Estera was also a major factor for me. I am a member of the social committee and we regularly organise social events for staff - whether it's the Christmas party or charity fundraisers, there's always something going on!

### What sort of professional training do you take?

I am currently studying towards the ICSA Diploma in Offshore Finance and Administration which consists of four modules; Offshore Trust & Company Admin, Financial Reporting & Governance, Business Management and Portfolio Management. I have completed the Offshore Trust and Financial Reporting modules so far and am due to sit the remaining two exams in December.

#### What do you do on an average day?

I manage a portfolio of Employee Benefit Trusts which involves administering the share schemes of some well known global companies. Although no two days are the same, a typical day may include arranging for shares to be sold for the benefit of our clients' employees, making payments to transfer the proceeds from share sales or purchasing shares to top-up the Trust fund. Our work is often very time critical as prices on the stock exchange fluctuate throughout the day.

### What is your next step?

I'm very happy at Estera and am almost finished my next set of exams so I suppose the plan is to pass those and then see what happens. I don't have a specific plan as such – I quite like the idea of not knowing where I am going to be or what I am going to be doing in 10 years time. I am just going to take each day as it comes.

#### What advice would you give yourself as a graduate considering the experience you have now?

I'd tell myself not to worry or get stressed when things got busy at work. There's always someone on hand to help, just ask.

#### HR Quote:

'Our reputation for attracting, developing and retaining talent is rooted in our commitment to the development of our people, as well as a corporate structure and ownership model that instils a professional and forward-thinking environment. Our culture is supportive and collaborative and our people are rewarded with career progression opportunities, regardless of which area of the business or jurisdiction they work in.'

MORE ABOUT ESTERA Estera is a world-leading provider of offshore fiduciary and administration services. Established for more than 25 years, the company's strong legal heritage, rooted in its previous partnership with Appleby, and resolute commitment to the delivery of service Estera has over 350 dedicated, professional and highly qualified employees creating and supporting smart and integrated fiduciary solutions. Estera's unique footprint spans across the offshore jurisdictions of Bermuda, British Virgin Islands, Cayman Islands, financial centres of Hong Kong and Shanghai.

### INTERESTED?

Michele Gallagher, HR Manager +44 1534 844 836 michele.gallagher@estera.com jersey@estera.com

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### **Age?** 21

*Uni attended?* University of Winchester *Course undertaken?* Business Management with Marketing *What did you want to be when you were 8?* 

Be a footballer and play for Manchester United *Favourite way to relax?* 

Meet up with all my mates and go for a night out in town! *Favourite place to eat in Jersey?* 

There are so many great restaurants, but maybe breakfast at Big Vern's or dinner at Wildfire.

*What's your favourite possession?* A necklace given to me by my grandmother that I always wear.

#### What made you choose the company you work for?

EY stood out for me as I had heard that it is a great place to work with a positive open-office environment and a team spirited atmosphere. Additionally, as I am interested in travelling and working in different jurisdictions, after completing my exams, I wanted to join an organisation with global reach that could offer such an opportunity. EY operates in over 150 countries and can certainly deliver on that!

### What sort of professional training do you take?

I gained a First Class degree in Business Management and Marketing and have now started studying for the ACCA qualification. One of the main reasons I chose ACCA was because it is held in high regard globally. I look forward to gaining the knowledge and skills required in order to become a proficient accountant, wherever in the world I might venture!

#### What do you do on an average day?

As cliché as it sounds, I can honestly say that since starting at EY no day in the office has been the same. Following an insightful two-week induction, I was put straight into a team of four that were working on completing an audit for a sizeable EY client.I was immediately given responsibility for certain parts of the engagement and felt included as one of the team.

#### What is your next step?

To successfully complete the ACCA qualification! In addition to this, I hope to continually improve my performance in the office and continue to learn as much as possible.

### What advice would you give yourself as a graduate considering the experience you have now?

Thankfully, I believe I have made only positive decisions in my postgraduate life to this point. One piece of advice I would offer a graduate would be to conduct as much research as possible into your potential future employers. This will allow you to gauge whether or not you think the prospective company will suit your expectations. For instance, when the possibility of joining EY arose for me, I did a lot of research and spoke to many individuals who had a working knowledge of the company. All the feedback I received led me to believe that EY would be a great fit for me and so far the experience has exceeded my expectations!

### HR Quote:

"EY is the perfect place to start your career and gain an understanding of finance and the world of business. We are committed to training and developing our people to reach their potential and study towards a globally recognised professional qualification."

### MORE ABOUT EY

EY is a global leader in assurance, tax, transactions and advisory services. The insights and quality services we deliver help build trust and confidence in the capital markets and in economies the world over. Locally, we are committed to doing our part in building a better working world for our people, for our clients and for our communities. Globally, we are also united by our shared values, which inspire our people worldwide and guide them to do the right thing, and our commitment to quality, which is embedded in who we are and everything we do.

### **INTERESTED?**

Anoushka Horgan Office: + 44 1534 288600 Direct: + 44 1534 288667 ahorgan@uk.ey.com A EYChannellslandsCareers

### Graduate Training Programme

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- 300 UCAS points or above (excluding General Studies and re-sits)
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### How to apply:

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Uni attended? Xavier University (Bachelor's Degree)
 / Leeds Beckett University (Post-graduate Degree)
 Course undertaken? Sport Management & Business
 (Bachelor's Degree) / Business (Post-graduate Degree)
 What did you want to be when you were 8?
 Professional football player

*Favourite way to relax?* Going for a swim and steam at the gym. *Favourite place to eat in Jersey?* 

At home, you can't beat my Mum's Lasagne!

*What's your favourite possession?* My 1st team shirt when I was a football apprentice for AFC Bournemouth (even though they spelt my name wrong) and my Island games gold medal!

.....

### What made you choose the company you work for?

Moore Management (Moore) perfectly fits the profile of what I was looking for; it is a small boutique firm but has the added benefit of being part of a much larger network as it is owned by First Names Group. You get great exposure in your role from day one and you are treated exceptionally well. Coming from a sporting background, I value the importance of working in a team and being in an environment where I can aim to improve on a daily basis, something that correlates with Moore's continuous success.

### What sort of professional training do you take?

At Moore there is a big focus on professional development. They have created an environment which encourages people at all levels to 'be the best they can be'. I am a fairly new recruit, so I am currently still in the process of investigating which professional qualifications are right for me. Once I have decided what avenue I want to go down, I am going to really throw myself into studying, knowing that I have the full support of the team at Moore.

### What do you do on an average day?

Without sounding cliché, no two days are the same! Since I have joined Moore I have had a lot of exposure and insight into the various elements of fund administration. This has been the most stimulating part of working at Moore and something that you necessarily wouldn't experience at a much larger organisation. It has been really helpful to get an understanding of the whole administration process start to finish. It has given me a great foundation when on-boarding of new funds.

#### What is your next step?

My goal for the foreseeable future is to just keep learning and developing my understanding of the funds industry from those around me. Working towards a professional qualification is also something I am really keen to do.

### What advice would you give yourself as a graduate considering the experience you have now?

To just embrace everything you do, try different things and always have a positive outlook – it will take you further. Whether you discover that you like or dislike a particular subject, you can always take something from each experience while learning from those around you. Finally, remember that what you do now or choose to do next, does not have to be forever, it's just another chapter.

### MORE ABOUT **MOORE MANAGEMENT LTD.** We are a leading specialist provider of global fund administration and

We are a leading specialist provider of global fund administration and management services, headquartered in Jersey. Delivering tailored solutions to meet our clients' specific needs is what we do best. Our clients range from major investment banks and large financial institutions to boutique alternative asset managers. But what they all have in common is a desire for expert, individual attention – which we deliver. We offer high levels of flexibility, underpinned by meticulous attention to detail. Our business is driven by our overriding goal to deliver against our clients' objectives and exceed their expectations. We are licensed to provide fund administration services in Jersey, Guernsey and the Isle of Man. We also service funds domiciled in other jurisdictions such as Bermuda, the Cayman Islands, Delaware, Luxembourg and Singapore.

### **INTERESTED?**

Helen Baxter, Head of Talent Management helen.baxter@firstnames.com T / +44 1534 714500 www.firstnames.com

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### **Age?** 22

Uni attended? Brunel University London Course undertaken? MEng (Hons) Mechanical Engineering What did you want to be when you were 8? Formula 1 Team Principle Favourite way to relax? Playing sport Favourite place to eat in Jersey? The Hungry Man (Rozel) What's your favourite possession? My games console

#### What made you choose the company you work for?

From a graduates perspective the standard choice is generally a job in finance irrelevant of the degree you may have earned. I wanted to follow an engineering and technology based career and JT being a technology based company allows the practical application for my love of using logic and mathematics to solve problems. The sheer scale of JT's operations is considerable with business in the majority of the world's continents allowing a flexible career without boundaries.

### What sort of professional training do you take?

As a technical graduate I am training every day with exposure to new experiences and challenges that arise from day to day work. Over the next two years of the Graduate Programme there are various training opportunities depending on my desired career path but this is likely to include Lean Six Sigma Green Belt training and I am undertaking a three month distance learning course to gain a foundation in telecommunication technology starting the end of November.

### What do you do on an average day?

I am currently working within the Service Design team and daily work normally includes process improvement activities by analysing data and current processes across the JT group to increase efficiency and reduce unnecessary expenditure. I am also working on impact assessments and service descriptions as part of the process for designing and developing of services for various areas within JT.

#### What is your next step?

The graduate programme is two years in length and involves rotations throughout various departments within JT. This plan has been formulated by the business based on information gathered at my interviews, but is flexible and can be changed based on my input if I wish to work in a specific area of the business, allowing me to control my own career development.

### What advice would you give yourself as a graduate considering the experience you have now?

Start early looking for graduate jobs. This will give you time to prepare for interviews by researching the company and the role to give yourself the competitive edge. Try not to restrict yourself with online applications as there are plenty of ways to find a job including recruitment agencies and career fairs. To put yourself ahead of the competition, complete a degree course with a placement, the experience will prove invaluable.

### HR Quote:

"We are investing in two key areas – technology and people. From a technology angle we have commenced a pioneering programme that will give Jersey residents and businesses the fastest internet speeds in the world in the next few years. From a people perspective it is essential to identify and recruit new talent into JT and build a workforce capable of realising our vision in the future."

### MORE ABOUT JT

JT is part of the JT Group, an innovative and progressive communications enabler based in the Channel Islands providing world-class products and solutions to a diverse client base of business and retail customers. JT Group's product range encompasses all the products and services expected from a cutting edge provider, from Voice and Data, Consultancy, Co-Location, Internet, Security, Mobile and Support Services and is widely recognised as the largest provider of data hosting services in the Channel Islands. For further information visit us online at www.jtglobal.com

### **INTERESTED?**

If you think you'd like to pursue a career at JT, get in contact with Andy Holmes on 01534 882199 or email andy.holmes@jtglobal.com

# Move up the career ladder with JT

JT's vision is to be the leading partner of choice for global telecoms innovation. We're a forward-thinking company with an ambitious growth strategy inspiring customers worldwide with our pioneering solutions, innovative ideas and commitment to quality, service and value.

To support our growth, we're committed to bring on fresh new talent and provide the opportunity for all our people to achieve their full potential in one of our exciting global business locations.

### Join the JT Graduate Programme

Our Graduate Programme is designed to identify and nurture your talent and ambition, giving you the skills and confidence to eventually take up a senior position.

You'll gain a broad insight into our company through challenging placements in different areas of the business and on the job mentoring & training.

You'll also have the chance to gain professional qualifications in your specialist area and high performance is rewarded with a competitive remuneration package and excellent career development opportunities.

We are currently recruiting graduates for the following role:-

Technical specialist

### HOW LONG IS THE SCHEME?

Two years.

HOW DO WE RECRUIT?

We accept applications from January each year, with successful applicants starting by September.

### CAN YOU APPLY?

We're looking for final year or recently graduated students who have a 2:1 degree, are at the top of their game and hungry to succeed.

Postgraduate or masters students are also able to apply.

To find out more details on all our new talent schemes and how to apply go to www.jtglobal.com/careers

Other career opportunities for school leavers:

### **JT Apprenticeship Scheme**

A three-year technical role designed for those completing further education A Levels or equivalent Diplomas, who have exceptional aptitude and a genuine interest in the world of technology and communications.

### **JT Bursary Scheme**

Open to local students going to University studying subjects relevant to the communication industry.

Annual financial support towards university costs and paid work experience in various JT departments during holidays.





### CATIA VIEIRA AUDIT ASSISTANT KPMG

### OLIVER BATISTE ADVISORY ASSISTANT MANAGER KPMG



#### **Age** 19

Uni/school attended? Hautlieu School Course undertaken? International Baccalaureate (Maths, English, Biology, French, Psychology and Economics) What did you want to be when you were 8? A hairdresser Favourite way to relax? Hang out with my friends and family or go on a holiday far far away! Favourite place to eat in Jersey? Wildfire What's your favourite possession? My iPhone

### What made you choose KPMG?

The culture of the firm. We have great social events every month where we get to meet colleagues from different departments we wouldn't normally talk to. The result of this is I feel like I can approach anyone in the firm and that they'll be willing to help and have a laugh at the same time!

### What sort of professional training do you take?

I am currently undertaking ACCA. I enjoy the way the course is laid out, and am very glad I've chosen to go down this route.

#### What do you do on an average day?

This is a tough question because there's not really an average day in audit. During the week I'm either at BPP studying towards my ACCA qualification or at work. No two days are the same, which is what I like about audit. Since starting in August I've already worked on 3 to 4 clients in different industries from Private Equity to Real Estate, including one of the biggest private equity firms in the world.

### What is your next step?

My next step is to complete my qualification and learn as much as possible about performing audit procedures. In the future I'd like to explore other areas such as advisory and investments. I'd also be interested in going on a secondment to New Zealand or San Francisco through the firm, and my ultimate goal would be to have my own business!



#### **Age** 27

Uni/school attended? Loughborough University Course undertaken? Geography and Management What did you want to be when you were 8? A dad Favourite way to relax? Going for a surf Favourite place to eat in Jersey? Ormer What's your favourite possession? My passport

### What made you choose KPMG?

KPMG have an established Advisory department, which locally is a leader in Transaction Services. Due to my interest in Corporate Finance and wanting to break into consulting, this was a defining aspect to why I chose to work here.

### What sort of professional training do you take?

I have completed my ACCA and now I am considering other qualifications that are relevant to my work in Advisory.

#### What do you do on an average day?

Although this sounds like a classic cliché, there doesn't seem to be just one average day with KPMG's Advisory department. Advisory is inherently dynamic, which means that I get exposure to lots of different projects and clients. The common aspects across all jobs is having to exercise strong commercial and financial awareness, being able to problem solve in a pragmatic manner, interpreting large datasets and most importantly stakeholder management.

#### What is your next step?

KPMG's international infrastructure and network provides great opportunities to work abroad. I have always been drawn to New York City, so I am currently exploring a move stateside.

### **INTERESTED?**

If you're interested in a career with KPMG contact Samantha Foss, HR Assistant on gg-fmcihr@kpmg.com

gallery

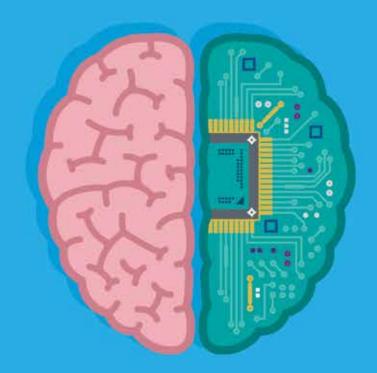


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We are an equal opportunities employer.

### RYAN HORTON TRUST ADMINISTRATOR **MOORE STEPHENS**





Uni attended? University of Brighton Course undertaken? Criminology & Sociology

What did you want to be when you were 8? I wanted to play for Leeds United. These days that isn't that hard to achieve so maybe I will go for it next season.

Favourite way to relax? Going on holiday.

Favourite place to eat in Jersey? There's a gourmet chicken establishment at the Waterfront which you just can't beat! What's your favourite possession? I don't really have any possessions that are particularly important to me. I tend to spend most of my money on travel and have some favourite holiday memories.

### What made you choose the company you work for?

Moore Stephens is an internationally recognised accounting firm which was the biggest factor for me when searching for a job. I wanted to work for a company that had a network of offices around the world as I was interested in any opportunities there may be to work abroad.

### What sort of professional training do you take?

Once I passed probation it is encouraged by most firms to start professional qualifications. I started studying towards ICSA certificate level as I had never studied business previously. I have taken 3 exams in total to complete the certificate level and move onto the diploma. Taking exams straight after University may seem like a long and draining process but it's a small investment really as you start to reach promotion.

#### What do you do on an average day?

I look after a wide range of clients, helping them to run their day to day business. My job is hugely varied and is dependent on the individual client's needs. Each day I could touch on accounting, investment portfolios', meeting with clients, and dealing with every type of transaction imaginable.

#### What is your next step?

After passing my latest exams I was recently promoted from a Trainee to a Trust Administrator. I am now enjoying the new responsibilities this role brings before considering what future training I'm going to undertake.

### What advice would you give yourself as a graduate considering the experience you have now?

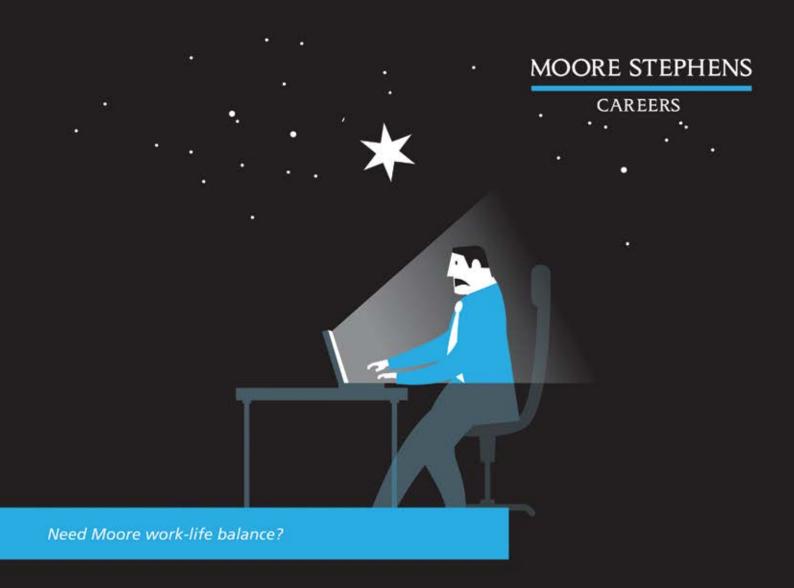
Many graduates may be reluctant to work in finance when they return to Jersey after studying an unrelated degree in the UK. I would say you should definitely give it a go should the opportunity arise. The finance industry is hugely varied and can present many opportunities that you may not have initially expected.

### MORE ABOUT MOORE STEPHENS

At Moore Stephens, we recognise that our growth and future success will be driven by the quality of our people. We are committed to developing your career by offering structured training both for recognised professional

We provide a challenging environment where your abilities will be nurtured and offer clear development prospects and opportunities to help broaden your knowledge. As a member of the Moore Stephens network,

INTERESTED? Michala Wright, HR Manager Tel: +44 (0)1534 880088 careers@moorestephens-jersey.com



# We believe that a good work-life balance begins with work being more pleasurable.

At Moore Stephens we believe in a good social atmosphere in and out of the workplace, that a balanced life is essential, and that we make sure all of our employees know this and live that way. It's crucial to us that we help ensure our employees are as successful as our clients.

Due to our growing business we are currently looking for Trust and Audit professionals to join our team.

### For further information

Email: careers@moorestephens-jersey.com Telephone: +44 (0) 1534 880088 Visit: www.ms-careers.com ACCA

Trainee Development - Gold



Because everyone is an individual

# DEVELOP WITH OGIER



Ogier is a growing firm that is constantly looking for new talent to join our international family and be part of our future. We are committed to training and developing the skills of our people – not just in terms of qualifications and formal learning, but also to create a team of energetic, inquiring and dynamic minds. We're proud of the investment we make in new talent and training, and also of the open, friendly, team-based culture that we have built. Here, three of our team give an insight into their experience of our commitment to training and creating an environment in which everyone is encouraged and supported to reach their full potential:



## MICHAEL ROBINSON Associate

I joined Ogier as a newly qualified lawyer in November 2014, having completed my training contract in England with DWF LLP. From the moment I arrived, Ogier supported me in achieving my goals as a newly qualified corporate lawyer. Everyone in my team gave me the time and patience that I needed to develop. I immediately felt very lucky to have landed a job here. Two years on and I still feel that Ogier is the best firm I have ever worked with. And as we have a number of exciting plans in the pipeline, I am confident that my working lifestyle and environment will only get better.

### CARLA PLATER TRAINEE ENGLISH SOLICITOR

Ogier is the only leading offshore firm which offers the opportunity for islanders to pursue the internationally-regarded English training contract while working and living in Jersey. I have completed seats in various business law areas and have really enjoyed the challenge and range of work. I have been fortunate enough to learn from many leaders in their field, who are committed to developing junior lawyers. There is a real buzz in the office and I am excited to be a member of a firm with such a forward-thinking culture. Ogier is committed to the local community and having grown up in Jersey, I'm grateful for the opportunity to get involved. I've had great fun representing the firm in several fundraising events, from dragon boat racing to corporate hockey, even if we don't always win!

### VANESSA OPOKU TRAINEE ENGLISH SOLICITOR

I originally moved from the UK to Jersey to join Ogier as a Paralegal in their Banking department. I was fortunate to have been offered a place on their England and Wales Training Contract, which I am now embarking on. I have had the opportunity to assist on a wide variety of multi-jurisdictional finance transactions, which makes the work interesting and engaging. My relocation to Jersey was made easier by the fact that Ogier is genuinely a friendly and welcoming place to work in with an open door policy breaking down the stereotype of cold corporate lawyers. I have also been fortunate to join Ogier at a time of innovation and great change. I look forward to being a part of this change and growing with the firm.

gallery



# We're hunting for <mark>talent</mark>

Let's get straight to the point: we're an award-winning law firm regularly ranked in the top tiers for our service lines, and we're looking for new talent.

We want applications for our 2017/18 Bursary intake and our England & Wales Trainee Solicitor programme – we're offering financial support and valuable work experience to our Bursary students, and the opportunity to be part of a friendly, team-based culture that's focused on results and helping our people develop to their full potential.

If you want to join an expanding, awardwinning international firm that focuses on what really matters, that delivers targeted and pragmatic advice and that 98% of clients would reinstruct, get in touch with us: recruitment@ogier.com

Legal services in British Virgin Islands Cayman Islands Guernsey Hong Kong Jersey Luxembourg Shanghai Tokyo

Ogier



# SHOULD I STAY OR

Whether it's to travel, work or study the reality is many islanders will fly the nest, some of you may even be contemplating a permanent move to the UK or beyond. So what does Jersey have to offer our graduates and school leavers? Here are a few things to bear in mind...

First of all I'll start by saying that the odds are ever in your favour! As the market currently stands the demand for sharp candidates outweighs the supply, so you're already a step ahead of your UK counterparts: take London for example, the graduate job market has never been fiercer with as many as 70 applicants to a job in some sectors.

For those of you fretting that the job market is finance dominated, it's not all true! Yes the finance industry is the predominant job provider on island however not all jobs are going to involve number crunching, so don't worry you can put your calculator away! We see a variety of trainee roles come in daily ranging from marketing to relationship management to business development and a host of IT, compliance and project management related roles, all offering tremendous scope for career development.

Now as a graduate or school leaver I appreciate your priorities aren't solely the job which brings me to my next point Jersey's work/ life balance. Our friends over in the capital spend on average 107 hours (that's 4 and a half full days) a year commuting to and from work, that's a lot of precious leisure time lost, then you consider an Islanders average commute, perhaps a beachfront walk or cycle or at very most a 20 minute car journey - it really doesn't compare. insight into the roles available to you whilst developing more experience on your CV and also saving those all important pennies for your next adventure!

"Our friends over in the capital spend on average 107 hours (that's 4 and a half full days) a year commuting to and from work, that's a lot of precious leisure time lost, then you consider an Islanders average commute, perhaps a beachfront walk or cycle or at very most a 20 minute car journey - it really doesn't compare."

On Island we are spoilt for choice with activities whether it's a cliff path walk, a surf down St. Ouen or a coffee taking in some beautiful scenery, there are countless ways to unwind, few places in the world will offer such a broad range of entry level opportunities and also allow you to spend your lunch breaks on the beach (granted not all year round).

If you're still unsure of what the future holds and don't want to commit to a career consider temping, this will help you gain further The good news is that whether you're ready to make that career leap or seek a temp role I'm you're recruiter in shining armour on hand to help, at Park we're dedicated to getting to know you so we can help you find your happy place.

Get in touch - celia@park.je

If you've just graduated, then come in and see us, we have a range of roles and clients just for you. Here are just some of the roles we are recruiting for today!

WANTEDI

Trainee Marketing Administrator 73156 Trainee Compliance Administrator 73157 Trainee Investment Analyst 73157 Grad. Prog. Relationship Management 72940 Trainee IT Technician 72067 Trainee Systems Accountant 73053 Legal Assistant, Hedge funds 2030

SI

T 871666 E jobs@park.je



2







### MORE ABOUT PWC

We help clients ranging from multinational organisations to local businesses, charities and governments, offering assurance, advisory and tax services that help to improve the way they work in the short and long-term. From auditing their financial data and planning their taxes, to identifying the risks they face and supporting them with strategic decisions, we work with our clients, creating cutting edge solutions for them. We work hard to attract locally grown talent back to Jersey, offering training contracts to local school-leavers and graduates from all degree disciplines. We also offer holiday internships to local undergraduates in their penultimate year at university.

#### **INTERESTED?**

Sarah Hughes 01534 838238 sarah.l.hughes@pwc.com

#### **Age?** 24

Uni attended? Durham University Course undertaken? BSc Biology What did you want to be when you were 8? A gymnast Favourite way to relax? Playing netball or watching a film Favourite place to eat in Jersey? Wildfire What's your favourite possession? My bed

#### What made you choose the company you work for?

When I was 17, I gained lots of work experience across different areas of finance at various firms. Yet it was during my week at PwC that I was genuinely blown away by the people – everyone was enthusiastic, motivated and knowledgeable, more so than at any other place I'd worked. It was at that point that I made my mind up. I aspired to commence my career at PwC but wanted to go to uni first. The prospect of gaining a highly respected professional qualification at PwC, the Times Top Graduate Employer of the Year (for 13 years running), as well as the invaluable experience gained through the day-to-day client work, whilst earning a competitive salary, sounded like an amazing opportunity.

#### What sort of professional training do you take?

I'm currently part qualified (12 exams out of 15) under ACA. My training costs are covered by PwC and I'm given a fair amount of study leave spread out over the year.

#### What do you do on an average day?

I work in Assurance, mainly with private equity clients but I've also experience in areas like real estate and pension schemes. We work on site at the client's premises wherever possible and, within our office, we've a hot desk policy so you sit wherever you like. I really enjoy the flexibility of working with different people and sitting somewhere new each day, as it means you can constantly build new relationships which keeps everything fresh and interesting.

#### What is your next step?

My main aim for 2017 is to qualify as a Chartered Accountant by completing my last 3 exams. Then I'd like to utilise the global mobility opportunities available at PwC and transfer to a different jurisdiction, possibly Australia.

## What advice would you give yourself as a graduate considering the experience you have now?

The amount I've learned in the last two years has prepared me for so much in the future. Numerous opportunities are made available from day one to really progress your career and the globally recognised professional qualification you gain opens up so many doors, whether your longerterm goal is to become a Manager in audit or to start your own business – you could do just about anything! If you're determined, enthusiastic, enjoy building relationships and are eager to experience new challenges, I would definitely recommend applying.

### HR Quote:

"You'll be working and studying with intelligent and inspiring people, building strong friendships and valuable professional relationships. With over 223,000 people in 157 countries across our global network, one you're qualified, the world really is your oyster."



School-leavers, graduates, summer internships, work experience, business placements.

**Iconic clients** 

across all industry sectors Great network

Discover where a career with PwC in Jersey could take you



Voted employer of choice by students in The Times Top 100 Graduate Employers survey for thirteen years running

All degree backgrounds

Work in: Assurance Tax Advisory



# The experience stays with you

Opportunities are at the heart of a career with PwC. Opportunities to grow as an individual, to build lasting relationships and to make an impact in a place where people, quality and value mean everything.

Be part of the world's leading professional services network and get the experience of a lifetime working for PwC in Jersey. We have what it takes to make sure you thrive.

Take the opportunity of a lifetime, email sarah.l.hughes@pwc.com, today!

pwc.com/jg/careers

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# EVE MALET DE CARTERET



TRAINEE ADMINISTRATOR SANNE GROUP



### **INTERESTED?**

For more information visit www.sannegroup.com Or alternatively contact Ellie Munns 01534 722787 recruitment@sannegroup.com

### **Age?** 23

Uni attended? Brighton Course undertaken? Cultures, Histories, Literature What did you want to be when you were 8? A vet Favourite way to relax? Reading or going out with friends Favourite place to eat in Jersey? Lazin Lizard What's your favourite possession? A knife and fork (I love to eat, can I say that?)

### What made you choose the company you work for?

I originally applied to work at SANNE due to its rapid growth, as the business had just listed on the London Stock Exchange a couple of months previously. It was important to me to work somewhere that was continually growing, diversifying the services it provided clients, but also putting a great deal of effort into nurturing talent through their professional training programme. I knew I wanted to become professionally qualified and SANNE offered new trainees the opportunity to become qualified in either ACCA, ICAEW or ICSA.

### What sort of professional training do you take?

I am currently studying towards my fifth and sixth ACCA exams. I knew that in order to learn and move forward within the finance industry in Jersey I needed to start my professional qualification as soon as possible. SANNE's professional training programme ensures that while you are learning about the business and your department, you are also gaining knowledge about the industry as a whole.

#### What do you do on an average day?

My tasks vary from day-to-day due to the diverse demands of the Executive Incentives business division. I will work on share sale and purchases, satisfactions of awards, payments of dividends, minute writing, bookkeeping and general company administration. I enjoyed the fact that when I started with SANNE I undertook transactional work straight away.

#### What is your next step?

My main aim for the next couple of years is to finish my ACCA qualification while learning as much as possible in the process. There are always opportunities for inter-office travel and possibilities to work in other international finance centres. This is really exciting and definitely something to think about in future, but at the moment, I'm concentrating on passing my December exams.

### What advice would you give yourself as a graduate considering the experience you have now?

My main advice would be to work hard. There are so many opportunities within SANNE, especially once you pass your exams, but you've got to get there first. Working hard and learning as much as possible will always put you in good stead for your future.

*"It was important to me to work somewhere that was continually growing, diversifying the services it provided clients, but also putting a great deal of effort into nurturing talent"* 

# trainee [trey-nee]

a person being trained, either in accountancy or administration.
 develop skills and grow understanding of finance industry in dedicated career development programme within one of our specialist customer facing divisions; (a: real estate, b: private equity, c: private debt & capital markets, d: corporate and institutional, e: executive incentives, f: private client).
 fully funded residential training and study support with a leading training provider working towards a professional qualification. 4. in-house training and mentoring to complement work experience and professional study.





Nurturing talent through a commitment to training and helping people achieve their goals and build a fulfilling career in finance is part of our culture. That's why we are looking for local A-level students to join our fully assisted professional training programme which leads to an ACCA, ICAEW or ICSA qualification. If you are an outstanding, driven individual who possesses 300 UCAS points and above, we would like to hear from you. Sanne is a leading alternative fund, corporate and private client administration business with offices in the Americas, Europe, Africa and Asia-Pacific. Come join our global team.

Investing in the best talent. That's the difference.

Speak confidentially to one of our HR team: e: recruitment@sannegroup.com



Information on Sanne and its regulators can be accessed via sannegroup.com

# CHARLOTTE BLACK TRAINEE TRUST ADMINISTRATOR



Uni attended: JIBS University Centre (University of Buckingham) Course undertaken: BSc (Hons) International Financial Services

### Why did you choose this university degree?

The main reason for choosing this degree was the ability to complete it within two years as opposed to three (or more) in the UK. Saving on living costs and travel expenses were also appealing aspects contributing to my decision. The degree course also provided relevant work experience throughout my studies which developed my knowledge and experience.

#### What work experience placement did you choose?

Initially I had no idea what area of finance best suited me, hence Moore Stephens' placement offer stood out in relation to others. They are a multi-service business and were the only ones to offer experience across all their services lines including the support services. This gave me an exceptional insight into business life adjacent to my degree. Moore Stephens aligned my placement to coincide with my modules enabling me to apply the theoretical side learnt at JIBS during my placement.

#### Following graduation, what have you chosen to do?

Following graduation I accepted the offer from Moore Stephens in the Trust and Corporate Services department, where I am hoping to begin studying towards the STEP Diploma next year. During my placement everyone was so welcoming towards me, which, alongside the opportunities provided, was the main reason for choosing Moore Stephens.

# What advice would you give to people considering studying the degree?

I strongly recommend this degree to anyone who wants to pursue a career in finance. Due to the wide range of modules and knowledgeable lecturers it provides a vast insight into the finance world. The degree also provides a 'fast track' in your career as you qualify with a minimum of a year advantage in comparison to studying a similar degree off island.

#### **INTERESTED?**

If you would like to find out more about the JIBS University Centre degree go to www.studyinjersey.co.uk

## **GRADUATING?** NOT SURE WHAT TO DO?

**WORDS** Edward Le Gallais Recruitment Consultant at Thomas & Dessain

### As someone who's still young enough to clearly remember their graduation and those first nervous steps into the real world of employment, I know what it's like to be at the start of the career path.

Where will it lead? How do you make the right choices? What if you make a BIG mistake? It's a lot to deal with but the answer is all down to having a well thought-out plan from the start and chatting to someone who can give you advice that helps. Even if you don't know exactly where you want to get to, having a good idea of the direction to take is a really positive step and that's where we come in.

I think because I can relate to the concerns graduates may be having, and can draw on the huge experience and knowledge of my colleagues at Thomas and Dessain, I have the necessary insight and information to help candidates begin to map out their journey.

I'm fortunate because I have found a professional path that excites me and offers opportunities. I want to help graduates discover their own career self-drive and, while some will have studied for a particular career, others may not know what it is they really want to do. By helping them to identify their objectives, focus on their strengths (and weaknesses) and properly research their target sector and the businesses in them I'd like to think we play a crucial role in helping them to make informed choices from the beginning, from which they will reap the rewards later in life.

I always give my candidates this advice: plan properly, have patience and be focused. Making the effort now, and talking to people who understand where you're currently at, will make all the difference.

### **CONTACT DETAILS:**

Edward.LeGallais@thomasdessain.com 01534 888345 www.linkedin.com/in/edward-le-gallais I Thomas & Dessain Recruitment www.thomasdessain.com



# BUSINESS

# START UP.

Whether it's a lifelong dream or your first job, starting a new business can be a daunting prospect. We spoke to three local people to find out about the highs and lows of life at the helm of businesses they all started this year.

# FLOUR

You may not instantly recognise her face, but Kirstie Taylor is the very talented force behind the instantly recognisable bakery brand FLOUR. Having stormed onto the pop-up foodie scene just nine months ago December sees her open the doors to her first shop in the Central Market.

## When did you first start thinking about launching your business and how did you do it?

I set up FLOUR whilst I was in London studying my diploma in patisserie at world-renowned French cookery school Le Cordon Bleu. I started baking from my home in St Brelade selling online through Facebook and my website. www.flourpatisserie.co.uk. I quickly became a member of Genuine Jersey recognising how important it is to show customers that you are using quality local ingredients. I started selling on alternate Saturdays in the Royal Square and St. Aubins farm and craft markets in the summer. It became apparent that my cupcakes were being enjoyed. My following grew quickly and I found that customers were making trips to the markets especially to buy my cupcakes, I kept baking more and more cupcakes each week and still selling out. It was then that I decided it was time to open a shop, something small where I could also bake from to allow my parents to reclaim their kitchen.

#### What gave you the idea for Flour?

When I started my degree at Le Cordon Bleu I was working in a London bakery and decided that I wanted to open my own business and create products of my own design. I chose the name 'FLOUR' because I wanted something really simple, stripped back and memorable with a bit of a modern unique twist and seeing as flour is one of the main ingredients in my products (aside from my gluten free range) it seemed like a good idea.

### *Do you have any advice for others considering starting their own business?*

I started FLOUR without knowing anything about business, I had a lot of help and free advice from Jersey Business, and setting up as a sole trader in Jersey seems to be much easier than in the UK. I would say it is really important to be focused and confident in your work and the products you are making. I am really committed to FLOUR and I treat it as my baby which can be both a good and a bad thing. Organisation is key and free help from family and friends is always great when starting out. If someone asked me for advice on starting their own business now in Jersey I would say, limit your product range, don't try to cater for or please everybody, advertising - social media is key, post things on Facebook and instagram as often as you can, don't over do it - keep your website and branding very simple.

#### Where can people find you?

Our new shop opens Saturday 2 December 2016 at 90 Central Market. (on the inner circle next to the Italian delicatessen that everyone buys pizza and pasta from).

### You can also find us online at:

www.flourpatisserie.co.uk www.facebook.com/flourpatisseriejersey www.instagram.com/flourpatisserie

CONTINUED...

# 100 opening soon www.flourpatisserie.co.uk

**"I started FLOUR without knowing** anything about business, I had a lot of help and free advice from Jersey Business, and setting up as a sole trader in Jersey seems to be much easier than in the UK <sup>99</sup>

ET PAINT

### ...CONTINUED



Victoria Queree launched Neon Hair & Beauty School in January 2016, with the schools first students starting their courses in August. Neon have already garnered a great deal of incredibly positive reviews from their training nights and with the launch of new premises coming soon places at the Neon Salon & School will be booking up quickly.

## You first launched Neon in January 2016, tell us what it is you do:

Neon is first and foremost a school that offers training in all levels for hair and beauty. We work with local salons to offer their apprentices beginner and advanced hairdressing training. The training salon is open to the public, where we offer services at reduced prices. This helps our students develop and advance their practical skills. Services cost a lot less than mainstream salons and take a little longer but all our students offer excellent service and our reviews speak for themselves.

In order for our school to be able to offer more courses in both Hair & Beauty we need to work closely with industry experts. We are launching experts @ Neon in January 2017 and will have four Industry professionals working alongside us. Clients will have the option to book in with an expert on selected days.

### How did you start the process of setting up Neon:

I had been thinking about offering a new approach to Hair & Beauty training for some time and after lots of discussion about what I was going to do I went to Jersey Business and presented my business plan. They were really helpful and encouraged me to look at different ways in which I could develop my course offering, they also put me in touch with some key contacts who offered advice that has been invaluable. It was shortly after meeting with Jersey Business that Neon Hair & Beauty School officially launched on January 1st 2016.

#### What's the biggest hurdle you've had to overcome:

There have been a few! The biggest hurdle was finding suitable premises to launch a school but without committing to a long lease. I worked for Shaun at Toni & Guy many years ago and when I mentioned to him about using one of his floors as a school he was surprisingly accommodating. Not many salon owners would be supportive of nearly 20 students (and their clients) taking over a whole floor! We are soon to move to new premises and when I told him I'm sure I heard a sigh of relief.

Another was gaining accreditation. In order to offer recognised qualifications we had to be accredited by an awarding body. This meant endless paperwork and time delays but we were delighted to be approved by VTCT and our first courses started in August 2016, slightly behind our projected start date of March 2016.

### What's been the best thing about your first year:

Our students! They have responded really well to a different style of training and produce consistently good work. Our advanced students recently sat a technical exam and the average mark was 95%. Results like this more than make up for the late nights behind the scenes. We have also been delighted by the support we have received from local salons and our students are a credit to them.

### One piece of advice you would pass on:

I spent a lot of time talking about what I was going to do so perhaps, on reflection, my advice would be less talking more doing!



66 Be prepared to work seven days a week, and every hour possible. In becoming an entrepreneur, from day one, you now have to do everything ??

# RA DESIGNS

Riccardo Anfosso was born in Italy, and has lived in Jersey since 1977. At the beginning of 2016, Riccardo established RA Design his wood working business. In his spare time during a joinery apprenticeship at Tower Shopfitting in the 1990's, he began using the workshop offcuts - otherwise destined for firewood - to make miniature items of furniture, and keepsake boxes.

### Tell us a little bit about RA Design:

I design and manufacture a range of miniature woodwork collectables and rustic furniture. I established the business at the start of this year and in the spring I moved into my business premises at Commercial Buildings a space which I have converted into a purpose built wood workshop.

To bring the designs to life, I use modern C.A.D. software to create 3D rendered images that afford me and my customers the truest sense of how a piece of woodwork will look prior to manufacture. At the heart of the machinery in the R.A. Design workshop is a C.N.C. router, capable of 3D wood machining with an astonishing accuracy. Ten different species of sustainable forestry hardwood are always in stock at the workshop for bespoke work, and the established range of products are continually available to choose from.

## Any advice for those considering starting up on their own:

Be prepared to work seven days a week, and every hour possible. In becoming an entrepreneur, from day one, you now have to do everything. When going from employment to ownership, think of all the things your employer provides for you; the means of manufacture, the premises, the technical services that keep it all running so you can come to work every day and earn a living. Becoming an entrepreneur you are now encumbered with the workings of all those things. If that's the challenge you seek in life, then take that leap in at the deep end and start a business.'

### How does a typical day look for your:

I seldom leave the workshop, though I do have some site work lined up in the New Year. Having a purpose built wood workshop is the best thing a craftsperson can have. I try to complete my admin between 08:00 – 10:00. The rest of the day is split between woodmachining, and working at the bench. Recycling and waste management (shavings, sawdust, and offcuts) takes up quite a considerable timespan as well - It's a dusty job. Since the beginning of March 2016 I have been working seven days a week to get things off the ground.

#### Where can we buy your products:

As a Genuine Jersey member I shall be attending the 'Simply Christmas Fair' and the three 'Fort Regent Xmas Markets' and of course you can find me on Facebook: radesignwoodwork or if you are looking to have an item made from wood, however unusual, fine-finish or rustic, do get in touch via email radesignje@gmail.com or call me 07797 887 802. I'm happy to show you around my workshop or talk to you about a commission. Well paid roles Flexible working Continuous training Welfare focus Monthly bonuses



872 Projects delivered successfully with 183 projects



203 Clients in 14 countries a diverse as China Australia, UK,



Offices Head office in Jersey, satellite office in Guernsey and office in 98 Percent customer

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**Awards** 2 Local awards long with 3 UK vards in the last



Quarterly International Insiprational speakers

### Areas

Strategic direction Business intelligence Training needs analysis PMO/P30 Training strategy Programme management Sales/service optimisation Training delivery Project management Task force optimisation Change management

### Technology

Microsoft Dynamics 365 Microsoft Dynamics CRM System integration Bespoke software development Analytics & reporting Cloud Infrastructure analysis Virtualisation Service & application delivery Microsoft technologies Support & maintenance

### **Sectors**

Finance Legal Telecoms Public sector Mining Tourism and leisure Regulatory Bodies Retail

# Paintball party The Monday run Team ski trip Fete de Ramparts **Prosperity Day**



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# **Business News**

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Charing Cross development to create 70 jobs in Jersey 70 jobs will be created in Jersey once The Channel Islands Co-operative Society's £16 million Charing Cross development is completed.

The site, which will include a new 5,000 square foot Co-operative Locale store, retail unit and a 93 room Premier Inn Hotel, is due to open in two stages – the Locale store in November 2017 and the Premier Inn Hotel in April 2018. A separate 2000 square foot retail unit is also due to open next year.

Jim Plumley, chief development officer at The Channel Islands Co-operative Society, said: 'We are delighted to announce that the Society's investment in a new Locale store and Premier Inn Hotel at Charing Cross will result in the creation of at least 70 jobs in the island. We will be employing around 35 people to work in the Co-operative Locale when it opens next year and a further 35 people are expected to be employed by the hotel when it opens in April 2018. This is great news for the local economy, especially following the recent announcement of record employment figures in the island.'

The new Co-operative Locale will add to the Society's growing portfolio of convenience stores. It has been designed to meet the changing needs of customers, focussing on fresh food and food 'to go'.

### Ogier advises company targeting global fintech acquisitions

Ogier has acted for Golden Rock Global Plc (GRG), a special purpose acquisition company (SPAC) incorporated in Jersey to undertake acquisitions of target companies or businesses in the Fintech sector in Australia, Europe and North America.

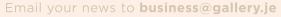
On 31 October, GRG was admitted to the Standard Listing segment of the Official List of the UK Listing Authority and to trading on the Main Market of the London Stock Exchange. The listing is expected both to boost GRG's profile and provide financial and operational flexibility to allow its directors to carry out the company's acquisition policy.

Simon Dinning headed up the Ogier team advising GRG as to matters of Jersey law,

assisted by senior associate, Alexander Curry. Pinsent Masons advised GRG on the listing and matters of English law.

Simon commented: "It is very exciting for us to be involved with GRG, which is seeking to make a real impact in the Fintech sector, and we look forward to working with GRG as they build a presence in this rapidly evolving and incredibly dynamic sector. Meanwhile, we are continuing to see strong interest more widely in SPACs in the Channel Islands and Caribbean jurisdictions for this type of funding structure due to their flexibility and tax efficiency and we fully expect this upward trend to continue."







LibertyBus wins Bus Operator of the Year at 2016 National Transport Awards! LibertyBus went head to head with the UK's best transport providers at the National Transport Awards in London and won.

This is the first time that LibertyBus has been shortlisted for the prestigious awards, which this year had a recordbreaking 365 entries from transport providers around the United Kingdom, and of course, won.

In the Bus Operator of the Year, LibertyBus went up against seven other bus operators in the UK and were over the moon to have won.

The NTA's were attended by representatives from the States of Jersey, including Deputy Eddie Noel Minister of Infrastructure, and a crosssection of LibertyBus staff – from Bus Drivers, Engineers, Controllers to Customer Service Staff and of course General Manager, Kevin Hart.

Kevin Hart, General Manager at LibertyBus said 'This award recognises what we have achieved by working together as a team - everyone has pulled together to create a bus service od which the island can be proud!'

Le Masurier UK property acquisition Le Masurier, locally based private property company, has recently acquired the freehold interest in a modern purpose built industrial and office headquarters, extending to approximately 50,000 sq ft on the established Chandlers Ford Industrial Estate strategically located in close proximity to both the M3 and M27. The tenant, GEA Process Engineering, have occupied the site for many years, with a new building constructed in 1995 and GEA are currently paying a rental of £360,000 per annum. GEA are one of the world's leading manufacturers of processing systems for granulation, coating and drying of pharmaceutical products. Le Masurier paid approximately £4.6m for the freehold which equates to an initial yield of approximately 7.25%.

# Should I Stay or Should I go?

WORDS Georgina Moehle

Senior Recruitment Consultant at Rowlands Recruitment

# People look for new jobs for many different reasons; life transitions, seeking a new challenge or a complete career shift. These motivations are often a result of long-term considerations, not snap decisions.

It can be different however for people who are experiencing issues at work, and after a particularly bad day decide to seek a new job. In this instance, it's less about finding a new opportunity, and more about escaping from a negative situation.

It's important to remember that discontent in your current position isn't always an all-or-nothing situation. It's perfectly possible to weigh up your current job against other options available and we encourage people who are in this position to come and speak to us. It significantly reduces stress for individuals when they're fully aware of the job search process and have a good knowledge of all the other options available. Also having someone more objective to talk to in a completely confidential environment will help give clarity to current issues and future possibilities.

Making a decision with all facts upfront is important in the current, employee-centred job market. In an ideal world, nobody should be spending time doing something that makes them unhappy. Our motto here after all is 'love what you do' – we're passionate about ensuring people are placed in the right position. Certainly rewards come with risk, but we can help you to reduce them by giving you the full picture so you never miss the best opportunity, even if it means staying put.



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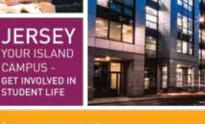






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# **Business News**

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Nedbank Private Wealth recognised for excellence Nedbank Private Wealth has received two accolades at the 2016 International Investment International Fund and Product Awards, with awards for Best International Wealth Management Provider (UK) and Best International Private Banking Service (non-UK). The bank has now accumulated 27 awards in a 16-year unbroken record of winning achievements at these prestigious industry awards.

The results, which were assessed by an independent team of experts, were announced last month and saw the bank recognised in these two categories. The Best International Wealth Management Provider award was open to financial advisers, banks and wealth management boutiques providing wealth management services to UK clients. In judging, the panel took into account growth of the business, level of service, support to target markets, technology and recent product enhancements. The Best International Private Banking Service award was open to banks that provide services to expatriates. In judging, the panel took into account the range of current, deposit and savings products available, minimum entry levels, currencies options, and other related financial services.

Now in their 17th year, the International Investment International Fund and Product Awards are in honour and recognition of groups who are at the cutting edge of distributing financial products and services internationally.

Cameron Walker, head of relationship management at Nedbank Private Wealth in Jersey, said: "To be recognised at these awards for 16 consecutive years show's our team's consistency and ongoing commitment to our clients and our business. Receiving an award for Best International Private Banking Service recognises our ability to serve clients all over the world, from our office here in Jersey. It affirms our position as one of the leading integrated banking and wealth management businesses, both domestically and abroad."



### Jersey must do more to support future leaders in the island

A local business graduate has claimed that Jersey needs to do more to support young people in the island to become future leaders in the coming decades.

Emma Pannenborg, 21, a Human Resources administrator at SANNE, was invited to speak at the prestigious Leadership Jersey Conference in October. Presenting the findings from her dissertation research into leadership development in the island, she told a packed audience of senior politicians and business leaders that attitudes need to change in order to fulfil the potential of young people in Jersey.

Emma, who completed a business degree onisland with Highlands College and Plymouth University achieving a first class honours, was one of the youngest people to address the conference in its history.

The conference explored what future leadership may look like, the challenges facing the island and skills that will be needed in the future. It comes as politicians consider whether incentives should be introduced to encourage local students who leave the island for university to come back to Jersey to work.

Miss Pannenborg said: 'Events like this conference help to raise awareness about how government and businesses can work together to nurture young talent and champion the leaders of the future. I presented findings from my dissertation research, which included interviewing HR professionals and business leaders, putting forward a case for developing young people on-island now so that in five, 10 or 20 years time they are ready to take on leadership roles. In my view, a change in attitudes towards leadership development is crucial for the future success of the island.'



### Counterfeit apps scam shoppers in run up to Christmas

Fraudsters are targeting Christmas shoppers with counterfeit apps designed to look like popular brands.

The apps, which appear in Apple's App Store and Google Play, allow criminals to take information the app has access to, or can install Trojans which relay information from your device.

Logicalis is warning Channel Islanders to be vigilant about fake apps in the run up to Christmas. The IT solutions firm is concerned that fake apps can be used to steal credit card data or to install ransomware.

Ricky Magalhaes, Head of Offshore Security, Logicalis, said: "Consumers need to be very careful about what they download, and the information they give any app they have downloaded. The apps may ask you to supply your credit card details, and may ask you to login using Facebook which then places you at risk as you will be handing over personal information.

"Google Play and The App Store use algorithms to try to keep malware out. These apps are correctly coded so don't get picked up by the algorithms. The companies have people trying to detect and remove fake apps but they proliferate so quickly it's a very difficult task."

Retailers that have been targeted include fashion retailers, designer brands, and both upmarket and discount stores. Some of the fake apps are for retailers that don't even have apps.

gallery



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### Hawksford welcomes record number to specialist trainee scheme

Hawksford has welcomed eight school leavers and graduates on to its training programme, signalling the largest ever intake of trainees for the business.

The scheme, which was recognised at the point of Hawksford securing its STEP platinum employer accredited partner award earlier this year, will see the trainees receive a two year intensive training programme comprising of placements across Hawksford's core service areas. The trainees will benefit from a varied and individualised approach to career development, whilst working towards recognised professional qualifications.

Sam Burnham, Daisy Daly, Sophie Guillaume, Edward Kane, Malachi Mitchell, Khaya Pybus, Francisca Rubio and Aigars Skrivelis have started their training in various teams, including corporate, private client, client accounting and wills and probate.



### Continued expansion at Switch

Due to the continued growth and on-going demand for their award winning services, local digital marketing and technology agency Switch Digital has appointed Callum Alexandre as Digital Marketing Executive, along with confirming the promotion of Nathan Nicholls to Digital Marketing Director within the nine strong, St Helier based team.

Nathan Nicholls was appointed as Digital Marketing and Analytics Analyst at Switch Digital at the end of 2015 and since then he has been responsible for providing strategic digital marketing consultancy around the areas of SEO, inbound marketing, digital advertising, web analytics, and conversion optimisation.

Prior to joining the Switch team Callum, who was educated at Hautlieu School, spent over two years at another leading digital agency in the role of Digital Marketing and Analytics Executive. At Switch his main responsibilities will include the research, implementation and management of digital marketing audits and campaigns across a wide-range of industry sectors.



### New members' club Project 52 hires top Bar Manager

Project 52, a new members' club comprised of 52 members from the local business community, has taken a step closer to opening its new bar in St. Helier by appointing Cristian Benta as General Manager of the bar.

In his new role Cristian will help to direct the activities of the bar. His main duties will include managing the dayto-day activities of the bar and making sure the drinks menu is kept up to date with high quality beers, wines and cocktails. He will also work closely with individual Project 52 club members to help transform the venue into their own 'dream bar' during their respective weeklong takeover, which comes as part of the club's membership.

Cristian will be bringing along his own hand-selected team to ensure the bar can cater to the needs of both members and non-members so they will leave saying; "I'm coming here again!"

# Career Inspiration & Support when you need it.



# Newly qualified English solicitor at Viberts

Greg Herold-Howes qualified as an English Solicitor on 1st November 2016 having undertaken his training contract at Viberts. Greg is a key member of Viberts' litigation team, focusing on criminal, civil and commercial matters. He also has broad knowledge of Jersey's planning system and experience assisting clients with resolving disputes.

Zoë Blomfield, Managing Partner, said: "Greg has been at the firm for some years and we are very keen to home grow our talent. Greg is a talented lawyer with great potential. He already has his sights set on sitting the Jersey Advocacy exams next year so that he can fulfil his ambition of representing clients in court and Viberts will be supporting this next step."

Zoë added: "It is very rewarding for the partners to see our legal assistants becoming qualified lawyers and we have no doubt that this is a significant step towards a very promising career for Greg."



Knowledge management appointment for Collas Crill Collas Crill has appointed experienced lawyer Fiona Wilson to join its growing knowledge management team.

A qualified solicitor, Fiona has worked at major law firms in Australia and Jersey before moving into the financial services industry. She was previously a director at Crestbridge and spent more than seven years as in-house counsel in the financial services division of Capita Asset Services.

As part of the knowledge management team, her role includes the preparation of legal templates, providing technical updates and improving processes and procedures across all practice areas in all jurisdictions.

Based in the Jersey office, her role will also include maintaining and updating the firm's knowledge management system, delivering regular updates to all the practice areas across the firm and undertaking specialist research and training on technical matters.

### Gold Award for private client lawyer

Senior Associate, Henry Wickham, has been named a Gold Award winner in Citywealth's Future Leaders Awards announced at a prestigious ceremony in London.

Henry, a member of the firm's private wealth and fiduciary group, was already included in Citywealth's list of young professionals under the age of 40 identified as among the most talented working in the private client industry today. Following publication of the Future Leaders' List, intermediaries were invited to vote for their preferred candidate, resulting in Henry being named the Gold Award winner in the 'Lawyer of the Year IFC Associate' category. This latest accolade follows closely on Henry's election to vice chairman of the STEP Jersey branch committee.



### First Names Group appoints a deputy managing director in Jersey

Leading trust, corporate, real estate, funds and corporate services provider, First Names Group is delighted to announce the promotion of Andrew De La Haye to Deputy Managing Director (MD) of its Jersey trust business. The appointment is effective immediately.

Andrew has been promoted to Deputy MD of First Names (Jersey) Limited after working as Client Services Director at the Group for two years. Andrew joined the business following the acquisition of Seymour Trust in 2014 where he held the position of Managing Director.

Andrew, a well-known figure within the industry, has a wealth of experience in financial services placing him as the natural choice to join MD Ben Newman in leading the Jersey operation. A qualified Chartered Accountant, Andrew has enjoyed a strong career within financial services, holding board positions within institutional and independent trust businesses before joining the Group.

First Names Group has nearly 800 'First Names' operating out of 14 strategic locations and is one of the world's largest offshore trust, real estate, funds and corporate service providers with 300 people in Jersey alone following the acquisition of Nautilus Trust in July this year.

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# Movers&Shakers , h



Standard Chartered Jersey appoints Adam Buxton Standard Chartered Jersey has appointed Adam Buxton as Head of Wealth Intermediaries, to lead the business' growing Wealth Intermediaries proposition.

Mr Buxton, who has more than 30 years' experience in the banking industry, will lead a team of experienced Relationship Managers to deliver ambitious growth plans through the diversification of its offering to Wealth Intermediaries in the Channel Islands, Isle of Man and the UK.

Richard Ingle, Chief Executive Officer at Standard Chartered Jersey, said: 'I am delighted that a person of Adam's calibre has joined the senior team at Standard Chartered. Adam is a highly respected and experienced professional, known for his pragmatic and client-focussed approach to management. His extensive knowledge of the Wealth Intermediary sector will be instrumental as we look to build on the success of Standard Chartered's Wealth Intermediary business across the Crown Dependencies and the UK.'



# New Chief Digital Officer for BDO Jersey

BDO Jersey has appointed Phil Ruelle as the Group's new Chief Digital Officer (CDO). Phil joins BDO Jersey from Greenlight where he was Chief Operating Officer, managing the day-to- day running and processes of the company, and working with clients on a range of IT consultancy including technical due diligence, audit and strategic IT planning.

Last month Greenlight joined forces with BDO Jersey and Sator Regulatory Consulting to form an integrated professional services firm spanning audit, tax, outsourcing, financial services regulatory advisory and change consulting.



# Awards aplenty for Collas Crill future leaders

The Citywealth Future Leaders Under 40 awards took place last night (10 November) with three lawyers from Collas Crill taking home awards.

Fiduciary partner Kellyann Ozouf won the gold award for Lawyer of the Year - IFC Partner, senior associate Kerrie Le Tissier won the silver award for Lawyer of the Year -IFC Associate and group partner and head of the fiduciary team Angela Calnan took home the bronze award forOutstanding Individual of the Year.

Citywealth introduced the Future Leaders awards following the success of the 2015 Tomorrow Club awards with the aim of championing young professionals in the wealth sector and highlighting the under 40 leaders of today and tomorrow.

The awards were judged by a panel of practitioners from across the private wealth industry with members of the public also contributing through an online vote.

### New Mortgage Sales Associate for Skipton International in Jersey

Skipton International has appointed Paul Hyde to join its mortgage team in Jersey. The Channel Island-registered bank launched its mortgages in Jersey in 2005 and since then has grown to be one of the island's largest providers of residential mortgages, recently reaching £500 million of loans.

Paul has over a decade's experience working in property, with eight years' working as a Securities Specialist, looking after mortgage clients based in Jersey, Guernsey, and the Isle of Man, plus two years' as a property sales negotiator, representing vendors marketing and selling properties.

Paul said: "This is an exciting time to be working with Skipton International. The company offers some of the most competitive products in the market, and this, coupled with Skipton's strong focus on excellent customer service, has seen it quickly become one of the largest providers of residential mortgages in the island."



Partner promotion at KPMG Nick Stevens has been promoted to Partner of KPMG LLP and Executive Director of KPMG Channel Islands Limited as KPMG in the Channel Islands expand their leadership team to support the continued growth of the business.

The promotion is testament to Mr Stevens' outstanding work in the Audit practice and KPMG's commitment to develop talented leaders through significant long-term investment.

Mr Stevens will work alongside a panisland department of 15 Audit Partners and Directors and 170 audit professionals. In his new role, Mr Stevens will lead the audits of a wide range of clients in the alternative investment industry. His promotion allows KPMG's services in this area to be partner-led, positioning the firm to meet the needs of the expanding investment management industry.

Paul will be working alongside Jersey Mortgage Sales Manager Lorraine McLean.

Lorraine said: "We are delighted to welcome Paul to the team. He has a wealth of experience in mortgages, and in property sales, which gives him a solid understanding of the property market in Jersey

"Our business in Jersey has been growing steadily and Paul's appointment will help us to meet the strong demand we are seeing for Skipton International mortgages in the island."



JERSEY'S STYLE MAGAZINE



# **#WINNING**

2015 was an incredible year for sporting achievement here in Jersey, mainly thanks to the island hosting the NatWest Island Games. We were all able to nip out in a lunch hour and go and witness for ourselves the high standard of athletes who live and train here. But what did 2016 bring, well as we don't profess to be sporting experts we asked the team at the Jersey Sports Foundation to focus on just a few of the amazing athletes that they are currently working with.



### Monika Markowska (Kick Boxing)

Monika is currently the number one Female (WAKO) Kick Boxer in Great Britain. She was the first ever female full contact fighter to win a World Championship title for Great Britain in 2014. She recently won Bronze in the European Championships and qualified for the World Games in Poland in 2017 where she will look to reclaim her World Champion title. Within the JSF Monika is part of the High Performance Tier Support and receives weekly individualised strength and conditioning, priority physiotherapy and sports massage.



### **Elisha** Stott (Gymnastics)

Elisha is one of the youngest athletes that the JSF supports. Currently ranked seventh in Great Britain for her age in gymnastics, she aims to compete for Jersey in the Commonwealth Games in the Gold Coast 2018. Elisha is part of the Junior Performance Programme and receives training around the basics of performance training which includes strength and conditioning, physiotherapy, and education around nutrition/lifestyle management.



### Flora Keites (Golf)

Flora is currently ranked 36th at U18 in England and is already ranked in the top 100 in Senior Ladies. As Hampshire County captain, Flora aspires to play professionally in the future and compete for England and GB internationally. Flora is part of the Performance Development Programme with the JSF and receives weekly specific strength and conditioning sessions, physiotherapy and nutrition/ lifestyle education.

206 | gallery

## Lead S&C Coach John Scriven (pictured on the right) explained more about what he and the team at the foundation do:

"We're a not for profit charitable Foundation that provides key performance development support services to athletes and sports associations in Jersey. We work in partnership with local sports associations and the States of Jersey Community Sport Development Team, to deliver evidence based support services specifically designed to assist developmental athletes and high performance athletes whilst on island. The goal of which is to help local athletes uncover every aspect of their potential to become the very best they can be. Here are just six of the athletes we're currently working with."







### Nathan Corrigan (Swimming)

Nathan recently finished eighth at British National Championships and represented Scotland as a junior at the Euro Meet Championships and won silver. Previously he came 8th at the Youth Commonwealth Games in Samoa and holds 6 junior Island Records. His current aspirations are to medal at the 2017 Youth Commonwealth Games in the Bahamas and swim for Jersey at the 2018 Senior Commonwealth Games in the Gold Coast. Nathan is part of the Performance Development Programme with the JSF and receives weekly specific strength and conditioning sessions (with a focus on shoulder health) and physiotherapy as well as nutrition and lifestyle education.

## **Kitty** Brewer (Surfing)

Kitty claimed 2nd place in the under 16s nationals at the end of last year which ranked her no2 in Great Britain in the age category. Following on from that she was the first girl ever in Jersey to be selected for the GB Squad and got to represent Great Britain at the Junior World Surfing Championships where she was also selected as the Girls Junior Team Captain. Kitty's aim is to compete for GB in the U16 and senior age categories, she will also be traveling to Morocco to compete in the European Championships in a few weeks' time. Kitty is part of the Performance Development Programme with the JSF and receives specific Strength and Conditioning sessions, physiotherapy and nutrition/lifestyle education as part of her support services.



### **Richard** Payne (Mountain Biking)

Richard is currently ranked in the top 15 in GB and within the top 100 in the world for Enduro Series mountain biking. Having won two island games silver medals Richards's aspirations are to represent Jersey at the 2018 Commonwealth Games in Gold Coast and to continue to improve his national and world ranking. Richard is part of the High Performance Tier Support with the JSF and receives weekly individualised strength and conditioning sessions and priority physiotherapy.

# Sport News



### The Mercedes-Benz of fitness

In 2016 Milon, the award winning circuit training system, became an official team partner for the Mercedes-AMG DTM team and installed a strength circuit in their training facility. Ulrich Fritz, Head of Mercedes-AMG DTM says: "Our fitness instructors especially appreciate the unique analysis capabilities (of Milon) which enable them to more professionally organise the programme for drivers."

Milon is a combination of fully automated strength and cardio machines, with electronically generated resistance. This uniquely allows resistance to be increased in the eccentric phase (as the muscle lengthens under tension) – something you can't do with traditional resistance machines – ensuring you are working out to your maximum capacity. Who doesn't want bigger gains and fat burning in far less time?

The safe and simple training system epitomises the phrase 'vorsprung durch technik' coined by Audi (literally translated as 'advancement through technology'). This kit is seriously advanced!

The Milon circuit can help with; boosting

energy levels, increasing cardio fitness and strength and decreasing body fat and blood pressure.

Milon is as suitable for people starting out on their fitness journey as it is for the athletic elite of the Mercedes-AMG DTM team. Getting set up takes just five seconds using the Milonizer – a biometric recognition system that determines your dimensions and saves all your personal settings to a smart card. Your personal smart card enables all the equipment to automatically switch to the right settings, based on your personal profile. This ease of use means it is suitable for people with no former gym experience and helps even the most gymphobic feel at ease!

Cloud based software (MilonCARE) records and evaluates workout data allowing your training plans to be stored and progress to be tracked.

# "Who doesn't want bigger gains and fat burning in far less time?"

Best of all you will be able to complete your training and see results if you complete only 35 minutes twice every 10 days - we love German efficiency!

Available exclusively in the Channel Islands at Healthhaus, call 614800 if you'd like to know more or book a free consultation.

# Jersey Triathlon - registration now open

The date of the next Jersey Triathlon has been confirmed as Sunday 9 July and Salamanca Group Trust & Fiduciary will continue as headline sponsor of Jersey Triathlon into 2017 and beyond. The event will also continue to support and raise valuable funds for the Oscar Maclean Foundation.

The Jersey Triathlon is the most Southerly triathlon of the British Isles and is one of the most exciting, challenging and picturesque courses in Britain. The event is centered around the waterfront in St Helier, providing seamless transitions from swim to bike and bike to run. The popular course hosted the Jersey 2015 NatWest Island Games triathlon event and the 2017 event will follow a near identical course.

The Jersey Triathlon now operates with four different race categories, thus offering a distance for all levels of ability to participate. The largest of the races remains the 'Olympic' distance, but the event also has a 'Super Sprint distance and a 'Jersey Sprint' distance, which is a variation on the normal Sprint distance (where bikes course is a longer 40km). The event also operates a multi-distance Junior Triathlon on the same day.

Online registration is now open via www.jersey-triathlon.com



HARDWARE

# OUT WITH THE OLD...

WORDS Russ Atkinson

...And in with the new.

Here's a look at what's passed through the revolving doors of the new car market during 2016.

### **BRAND NEW**

### Honda NSX

Over ten years since production of the first generation NSX ceased in 2005, Honda have resurrected the model with an all-new design after their previous plans to release a new, V10 powered sportscar in 2010 were shelved due to low sales forecasts. Speaking of sales forecasts and desirability, because we're talking about a \$200,000 Honda here and *two hundred thousand US dollars* (probably on the way to becoming roughly equivalent to £200,000 right now, for those wondering) is a sizeable portion of money for any Honda with the possible exception of their new executive jet, especially considering the 2016 NSX isn't quite the firebreathing V10 you might've hoped for.

The production model combines one 3.5 litre V6 engine (stay on board here), two turbochargers, three electric motors and no less than 9 - yes, *nine* - gears for a grand total of 573bhp, 2.9 seconds to sixty and 191 mph flat out. Not too shabby, I'll admit, and the hybrid-hypercar formula seems to have worked for Porsche's mindbendingly expensive 918 so why couldn't it work in a similar way for Honda? A chap called Rick Hendrick, owner of a NASCAR team (you know, those pushrod engined go-karts that can only turn left) won the charity auction held to secure the very first second-generation Honda NSX with a bid of \$1,200,000. I fear that fossil fuels will have been exhausted (pun intended) by the time its value draws even with his winning bid, but what I will say though is that the real winners are probably those who already own the first generation model as market values have more than doubled in the past two years. Plus their cockpit was allegedly inspired by the F-16. That's your pub bragging rights sorted then.

### FACELIFTED

### Porsche Cayman 718

For those of you with shortcomings in the couth department I'll be using a familiar term when I refer to the Porsche Cayman as the undisputed clitoris car of the year. Half of the entry list at a trackday I attended earlier this year were of the GT4 variety, and there was me being under the impression that they were supposed to be particularly hard to acquire. It's little wonder though, as they've always been pretty damned decent to drive. What will remain to be seen is whether the engine downsizing that's occurred in the latest 718 model Cayman will have any perceivable negative effect on the overall package with the base model now to be powered by a 2 litre turbocharged flat four and the Cayman S receiving a slightly larger version at 2.5 litres. Both producing greater power than their predecessors though, of course, and Porsche rarely seem to disappoint when it comes to a new model release. Fear not though, track addicts - the GT4 will still feature a six-pot. If you can get your hands on one before they decide to make a load more of them for people to be able to get their hands on, that is. It's a pretty car as well, particularly the little upwards flick of the rear spoiler subtly reminiscent of a very toned down version of the original 911 RS' duckbill spoiler.

#### HARDWARE

### BRAND NEW Bentley Bentayga

Either an army of Mac operators have been kept busy around the clock working their magic in Photoshop or Bentley have in fact succeeded in creating a four-wheel drive vehicle capable of travelling off-road in a way that you wouldn't dare try in a Continental GT. Unless you're filthy stinking rich and rebellious, that is, as you can pick them up for under £40k these days and that represents a *lot* of car for the money. Anyway, I digress...

With a six litre twin-turbo W12 engine it was always going to be the world's fastest SUV with a top speed of 187mph but the good news for tree-hugging trustafarians out there is that this W12 can disable one bank of cylinders to reduce the impact on the polar ice caps and there will also shortly be V8 petrol, V8 diesel and a V8 petrol plug-in hybrid version available if you simply must have one of Crewe's finest that also affords you the ability to shoot things and drink champagne over a picnic from almost anywhere whilst ensuring that at least some of nature's offerings will be left for your heirs to enjoy, daaaahling.

To avoid this final paragraph becoming litigious it's important to warn you that I'm paraphrasing from a distant memory but seem to recall that designer Luc Donckerwolke stated in an interview when challenged about how Bentayga was more of an ugly duckling than an elegant swan replied that it's selling really well so his team have in fact appealed perfectly to the taste of their target audience. However, as we all know, money can't buy taste!





## Land Rover Defender

Farewell, often unfaithful old friend. You who have carried us all over terrain, smooth and flat (in relative discomfort), steep and rough (with unwavering determination) and you who hath the ability to decompose at a rate so alarming it serves as the envy of all who possess a compost bin in their garden. You, with your almost nonexistent aerodynamic efficiency and near zero rollover protection that has scared all that have driven you witless during times of high wind or over-zealous climbing manoeuvres. Your tiny, feeble windscreen wipers and the ability to hold just enough water on top of your bonnet to gently but constantly splash up onto the windscreen as the air rushes past at almost exactly 30mph during periods of rainfall. The way that steering lock was slowly phased out over a period of around 70 years until it almost became necessary to conduct a five point turn whilst negotiating a roundabout. Your unmistakable silhouette and British charm never failing to make us smile as we walk away after checking that all of the doors have been locked three times each, separately. Just some of the reasons why we love to hate you and love to love you at the very same time. You will be missed, old friend. Unless the bloke from Twisted manages to get his hands on the tooling, in which case overpriced but infinitely better built versions will still be available. I'd better start saving, just in case...



# THE GIFT OF SHINE

**Definition of reflective:** providing a reflection; capable of reflecting light or other radiation, or relating to or characterised by deep thought; thoughtful.

WORDS Hannah Carolan

Well, seeing as this is the last Gallery edition before Christmas, I hope this gadgets article will give you some inspiration for the perfect reflective gifts for your nearest and dearest this year. How 'thoughtful' of me!

### A BRIGHT IDEA FOR DARK SKIES

No one wants to be reminded about the unpredictable weather we are currently experiencing (sorry...) but it's always good to be prepared for a sudden downpour when you're halfway down King Street, isn't it?

That's where the Hi-Reflective Umbrella will come in useful for all the forgetful, 'unprepared for anything' types in the family. Not only is it practical, safe and very cool, but this Hi-Reflective brolly will both keep you dry and ensure you're seen in the dark as it reflects the light from street lights and car headlights.

Its telescopic design means that it's compact and easy to fit into bags or glove boxes when not in use and folds out to a neat 56cm in height and 100cm in diameter.

You can't put a price on safety or being cool, but you can get a step closer to it by purchasing the Hi-Reflective Umbrella from suck.uk.com for a reasonable £25.





"Not only is it practical, safe and very cool, but this Hi-Reflective brolly will both keep you dry and ensure you're seen in the dark as it reflects the light from street lights and car headlights."



### LET ME TAKE A SELFIE ...

Looking for the ultimate gift for your selfie mad mate? Then look no further than the LuMee Case. Its built-in LED light ensures that both selfies and videos look great regardless of the setting.

As well as selfie uses, it also comes in handy as a flashlight, as well as a make-up light. It also comes in a variety of eye-catching colours, such as hot pink, marble black and mint green.

## Search for the LuMee Case on Amazon and get ready to seriously up your selfie game!



CONTINUED...



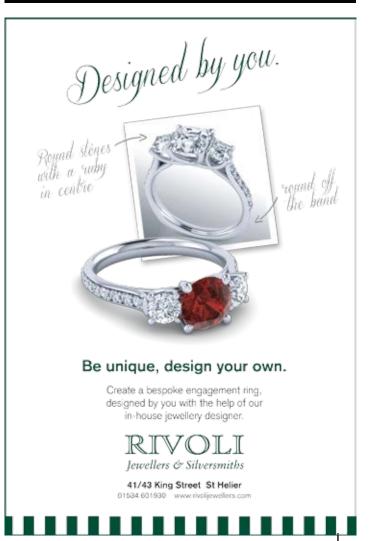
### Make your NYE party spectacular!

### Starburst Fireworks are specialists in the supply of New Years Eve spectaculars. From private parties to huge events their range of fireworks is fantastic.

Popular items from their Gold Collection for NYE are displays-in-abox, where you light the one fuse and you get a spectacular display from it. All the joy of fireworks with non of the hassle. This option is a sure fire winner.

This range includes The Goliath; monster firework collection with 84 stunning shots of gold spiders, coloured tails, brocade crowns and whistles to silver. Then the big Rio Grande option combines pace, spectacle and gusto and is a perfect display in a box to dazzle your friends, jammed packed with vibrant colours and effects.

They also supply a superb range of handheld confetti cannons to make your count down to the New Year go with a bang. As well as beautiful sparklers and of course great big rockets to see in your NYE in style!



### ...CONTINUED

### SHINE BRIGHT LIKE A... JACKET?

Ok so this one isn't technically a gadget, but it's reflective, original, award-winning and comes highly rated by The Guardian and The Evening Standard, so it's going in. The company, Proviz Ltd, was also set up by Jersey-born co-founders Rupert and Anthony Langley-Smith.

The Proviz REFLECT360 CRS (Colour Reflective System) cycle jacket is the world's first cycling jacket that due to its innovative 100% reflective material, shines like a beacon at night when caught in a vehicle's headlights. As well as its highly reflective powers, the jacket also incorporates multiple vents which allow the wearer to regulate their body temperature. As an added Brucie bonus, there's free delivery plus a gift on orders over £50. So, two presents for the price of one, and a highly reflective jacket to accompany your highly reflective umbrella!

Head over to provizsports.com now to check out the full range of cycling, running and outdoor gear available.

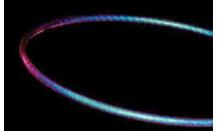


### HOOP-Y XMAS!

Now this one takes me back to my childhood and the only one sport I was good at on sports day - the hula hoop! Except the 80's version (\*cough 90's\*) has had a modern-day, out-of-this-world, update into the hoop of our dreams in full reflective ultraviolet glory.

Coming in a range of sizes and prices, light projecting Polypro Hoops can be found on Etsy from sellers 'TheSpinsterz', who have over ten years' experience of grafting the hoops and the art of hooping. Shipping is as quick as the hoop lasting on your hips, at a super speedy 48 hours.

These are guaranteed to make your little one, or not so little one, euphoric this Christmas and New Year. It also comes in handy as an exercise tool and workout for that post-Christmas dinner belly!



# ONE TO WATCH

To my final pièce de résistance for reflective gadgets this month, I bring you the Nixon Unit 49mm watch. Described as 'a utility belt of preparedness', the Unit is a heavy hitter that packs a lot into a little. As well as all the normal essentials, it also features a countdown timer, thermometer, calendar and LCD display in a 44mm case. Its durable fibre-reinforced polycarbonate case makes it shock resistant and made of sturdy stuff. You can also take it from street to surf with a 300m water resistance case rating. www.nixon.com

# **PHONE** HOME

### Power and elegance without the price tag!

Airtel-Vodafone's Marketing Officer, Faith Joyce, reviews the Vodafone Smart Platinum 7.

£360 for a top spec Android Smartphone and a VR headset?! It's no wonder that the new Vodafone Smart Platinum 7 was a big winner at this years' UK Mobile Choice Awards!

It looks, feels, and performs like a top-end smartphone, with a flawless premium glass and aluminium design. The vibrant resolution of the 5.5-inch, 2k AMOLED display absolutely blew me away, and when paired with the Platinum VR headset you get a truly immersive VR experience.

I'm not ashamed to say that I spent the best part of a day with my new VR, watching 360° YouTube videos, and battling evil zombies. And the best part? It barely made a dent in the battery life, which lasted an incredible two days between charges.

Running on Android Marshmallow the performance is fast and fluid, and the 16MP camera with quick-focus has features such as panoramic, slow-mo videos, and night mode, that easily match the latest premium handsets.

If you're looking for a premium smartphone experience without the premium price tag, then take a closer look at the Vodafone Smart Platinum 7.

The Smart Platinum 7 & VR bundle is available exclusively from Airtel-Vodafone in New Street, with prices starting at only £15\* per month with no upfront costs when you take out an airtime plan. Pop in-store and give it a spin. \*Price correct at time of going to print.





MEGAN'S TOP TIP FROM AIRTEL-VODAFONE

### How do I make sure I have a data connection when roaming?

If you need data while off-island, you may need to adjust your handset settings. Follow these easy steps to activate your phone for data roaming:

• Make sure data roaming is activated in your settings. · Set your data preference to 3G. 4G roaming isn't currently available from any local provider.

· Input your networks APN (access point name) in your network settings.

For Airtel-Vodafone the APN name is: airtel-ci-gprs.com · Finally, always check data roaming rates with your provider to avoid unexpected bill shock. For more top tips see our Roaming with Confidence Guide at: airtel-vodafone.com

### DON'T JUST PLAY. LIVE THE GAME.

Introducing PlayStation VR - this year's hottest Christmas gift available now at JT. From the moment you slip on PlayStation VR, the new Virtual Reality system for PlayStation 4, you'll experience games in an entirely new way. You'll be at the centre of the action, living every detail of extraordinary new worlds - and you'll feel like you're actually inside the game. Redefine your expectations of immersion in gaming with moments so intense your intuition takes over. Step into incredible virtual worlds and experience entertainment like never before. Buy yours today for £339 with FREE delivery at shop.jtglobal.com, plus browse all of the latest must-have tech this Christmas.

Or if you would rather spread the cost then go to the store and get yours for just £14 per month with one of their great value mobile or JT One plans.



### Be Smart, Get a Wiley Fox

It takes cunning to break into the smartphone market, which is why British manufacturer, Wiley Fox, is doing so well in such a highly competitive business.

The Wiley Fox Spark is an excellent quality smartphone that won't cost you as much as many other brands for the same specification.

Powered by the Cyanogen 13.0 operating system, a derivation of Android that promises greater privacy and security, the Spark comes equipped with a 1.3GHz Quadcore processor that's more than capable of getting the best from the 8MP cameras that are mounted on both the front and back.

Where other lower-priced smartphones may scrimp on design, the Wiley Fox Spark looks superb with its smooth curves, sharp finish and soft texture that perfectly frame the 5" HD screen which is protected by supertough Dragontrail™ glass.

Whilst the Spark is ideal for your leisure time it keeps you connected via social media, offers superb video playback and has a photo mode with face detection, panoramic and continuous shooting features that create images you'll want to share. It's also brilliant for business because it comes equipped with dual SIM functionality, so you can operate both work and personal phones from just the one handset.

If you're looking for your first smartphone or are shopping on a tight budget, then you should check out the Wiley Fox Spark in the Sure store but don't delay because they're also offering a free case and 12 months free screen replacement which together, are worth almost £30, for a limited period only.





Are you wracking your brain for a Christmas gift for the person in your life that has everything? Or are you looking for an exciting and challenging new hobby for 2017? Then you need to head along to Chordz at West Centre, who are offering a wide variety of Christmas treats for those with an interest in all things musical.

You can sign up for a 1:1 lesson with any of their talented instructors or why not consider joining in with their new evening adult group classes, that take place in the coffee house on the ground floor. One such evening class will be helping you or your loved one to learn to play the every increasingly popular ukulele. This beginners course will cost £150 per person for a full 10 weeks tuition for adults aged 16+.

The word 'ukulele' itself translates roughly to 'jumping flea' in English. One story of how the ukulele got its name states that when a Portuguese immigrant, Joao Fernandes, reached the Honolulu port, he was so overjoyed to arrive he immediately jumped off and began playing the instrument. The Hawaiians who saw him play thought that his fast-moving fingers looked like fleas jumping over the fingerboard - and so the instrument's name was born.

They'll also be offering a similar course for adults and will also cost £150 for the 10-week program, you must be beginner or near enough.

Whilst you're there why not have a look at their other Chordz goodies too, T-shirts for kids and adults, hoodies, beanies, stickers, picks, badges, you name it, they all make excellent stocking fillers.

Chordz offer gift vouchers to suit your budget and a 1:1 lesson is just £20, just pop along to see them and ask for more information.

The ukulele was introduced into Japan in the early 1900's. The instrument was banned during World War Two.

Early ukulele strings were made from cat or sheep gut. Most modern ukulele strings are now made of nylon, but you can still find gut strings at specialty shops.

Beatle George Harrison, before he passed away, collected hundreds of ukuleles and was often seen strumming them or giving them away to friends.

The first man on the moon, Neil Armstrong loved to play the ukulele. In fact, after visiting the moon he spent several weeks in quarantine as scientists at the time feared he may have picked up strange bacteria while in space. He spent much of this time in quarantine strumming his uke.

The ukulele is small, seldom more than 60cm long.

## DECEMBER MUSIC & NIGHTLIFE: WHAT'S ON...



#### Havana Present: GOTSOME Support: tbc, but bound to be bar FRIDAY 16 DECEMBER

A huge festive period at Havana kicks off with their first event of the Christmas period, and it features one of the hottest names in house music today. After a show stealing performance in the dance tent at Jersey Live earlier this summer, GotSome returns to Jersey hot off the back of his huge new remix of Kanye West's 'Fade' - which has been championed by the likes of Annie Mac, Pete Tong and Mistajam amongst others and is widely considered one of the dance anthems of the year! A real night for the lovers of bass house, featuring some of Jersey's finest DJs in support. Guaranteed to be a full a house!

Tickets: Eventbrite // Havana // 18+ // R.O.A.R // Photographic ID



#### MASS Project Present: MY NU LENG (MTA & Black Butter Records) Support: Sam Marx . Lee Pinglaux SATURDAY 17 DECEMBER @ THE SPLASH

Not had enough of marking the start of the festive countdown already, then prepare yourselves for an epic night at The Splash. This Bristol based duo have a hard-tocategorise sound, drawing on many varied influences without kowtowing to one in particular. Whilst traversing the whole spectrum between pitch shifted vocals and bass heavy rumbles, their sound is always deep and on point with the vibe. Wrap up warm for the trip out west as this one is not to be missed!

Tickets: Eventbrite// 10pm// The Splash // R.O.A.R // Photographic ID



#### The Mango Tree & Bio Rhythm Present: DUB PISTOLS BOXING DAY PARTY

Support: Nelson, Bradley Welsh, The Pirates and many more.

#### SUNDAY 26 DECEMBER @ THE SPLASH

Over an 18-year career the Dub Pistols have worked with heroes like The Specials, Busta Rhymes, HoraceAndy, Madness and Gregory Isaacs. They've burned through different members and hundreds of thousands of pounds on assorted capers and hedonism. It should have been a recipe for oblivion, but the band that started out in the mid-90s with Barry DJ'ing while musicians jammed over the top has metamorphosed into a mighty reggaematic bass-driven live machine, a super-tight festival regular that keeps winning over new fans.

Tickets: Eventbrite // The Splash // 18+ // R.O.A.R // Photographic ID



Vanguard DNB Present: THE PROTOTYPES, DJ AMC, 2SHY MC & MC PHANTOM

Support: Vinyl Only Skma, Pranksta, DJ Salinger & L. Duffy

#### SUNDAY 26 DECEMBER @ ROJO

Vanguard DNB present an evening of EPIC proportions inviting one of the most upfront acts right now in The Prototypes who consistently score DNB No.1 records and make their Jersey debut alongside 2Shy MC one of the best in the scene. On support we have another UK guest in DJ A.M.C. who has won countless awards for best DJ around Europe. Don't miss this Boxing Day Bash at ROJO, over 70% of tickets already sold. Also room 2 we have a Terminology reunion showcasing the best Drum and Bass music from 1995-2005 with a vinyl only format.

Tickets: Eventbrite // ROJO/ 18+ // R.O.A.R // Photographic ID



#### TOGETHER PARTIES present: NEW YEARS EVE 2016 WIESS (Toolroom Records) Support: Simon Gasston + Friends SATURDAY 31 DECEMBER

@ ROJO

What makes Weiss stand out as a DJ/ producer? It's the fact he embodies the spirit and simplicity of that original House sound. With a love of old school jackin', Chicago House – combined with a modern approach to his productions and sets – as an artist he has a unique and individual style that's won plaudits from across the scene. We all know the guys at Together Parties don't hold back and this will be a stellar night to see in the New Year. Whether you're making resolutions or saying good riddance to 2016 this one will go off! Room 2: Guilty Pleasures Colin Moore and Craig Alder.

Tickets: Eventbrite // ROJO // 18+ // R.O.A.R // Photographic ID



#### BLKOUT Present: SHOGUN AUDIO NYE SATURDAY 31 DECEMBER @ HAVANA

This New Year's Eve local electronic music promoters BLKOUT team up with one of the most iconic labels in drum and bass history Shogun Audio for a huge NYE party alongside some of the biggest names in the genre! This is quite possibly one of the biggest drum and bass lineups ever in Jersey, especially considering its NYE! With 3 huge UK. guests from Shogun Audio that are all at the very top of the drum and bass world. Join drum and bass icons Spectrasoul, Rockwell and Technimatic alongside the BLKOUT residents for the most high octane New Year's Eve party in Jersey this year!

Tickets: Eventbrite/ 2100hrs// Havana // 18+ // R.O.A.R // Photographic ID

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## The Gooseberry Bush is a unique Clothing and Lifestyle store!

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Opening hours: Tues – Sat 10-5pm & Sunday 10-2pm Out of Town shopping experience with plenty of parking At Ronde's Farm (oppos. Union Inn) Tel: 726224 or Find us on Facebook.



ChiChi Home Our beautiful Home shop in the heart of St Aubins is ideal for finding unusual pieces to make your home stand out. We stock mirrors, frames, lighting, shabby chic pieces, shelving, hooks, baby gifts, candles, stocking fillers, festive decorations, cushions, scrapwood wallpaper by Piet Hein Eek and lots more! Pop in and be inspired.

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#### Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersev.

#### Harbour Gallery

Open 7 days a week 10.30am – 5.30pm Tel: 743044



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#### Paul LeVerdier **Professional Sports Therapist**

Paul has been one of Jerseys top Sports Therapists for over 20 years working with professional sports people, club athletes, the Jersey Island Games Team and people from all walks of life. He is part of the team at the Jersey Sports Medical Centre.

You can contact Paul on: 07700 748748 plvsportstherapy.com



#### In its 22nd year Bonita is one of the most beautiful salons on the Island.

Set in the picturesque grounds of Les Ormes Lodge and Leisure Club, Bonita is the perfect place to relax and be pampered. We have a wide range of hair and beauty services, and treatments on offer in our state of the art salon. We are stockists for L'Oreal, Wella, Paul Mitchell, TIGI Professional, Kerastraight Brazilian Blowdry and Aftercare, GHD Hairdriers and Straightners

Bonita Hair and Beauty Tel 720081 / www.bonitahairandbeauty.com Facebook: Bonita Hair and Beauty Instagram: Bonitahairandbeauty Email: enquiries@bonitahairandbeauty.com



#### **Orchids Nail & Beauty Academy**

Orchids Academy is a UK based independent training provider that offers exclusive training within the nail and beauty industry in Jersey. We offer training for beginner to therapists that want to update their skills for this fast moving industry.

Contact details: www.orchidsacademy.co.uk 07895490405 natalie@orchidsacademy.co.uk



Luminosity Laser

Nestled in a quirky tattoo parlour within central St Helier offering Laser Tattoo removal, IPL Hair Removal, Skin Rejuvenation and Acne treatments in a relaxed and comfortable atmosphere.Owner Olivia Wintour is a friendly, fully qualified and registered Laser Tattoo Removal and IPL technician. Free consultations and patch tests available.

Sanctum Tattoo Studio, 102 Halkett Pl. www.facebook.com/luminosity Laser Instagram: Luminositylaser Tel: 07829 852 773 Email: luminositylaser102@gmail.com



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Don't forget to tell them you saw them in Gallery! They may give you something extra...

### Food for thought:



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The eighth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

## Fancy winning a meal for two at a restaurant of your choice?

Just join our facebook page. www.facebook.com/appetitejersey

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## boardom "What's been your highlight of 2016?" Seeing my son start school and watching him grow and learn Moving to the beautiful island of Jersey! Rikki Morgan, 30 HR Air delivery driver **Carmen Roberts**, 27 **Human Resources** It wasn't the first time, but sailing across the Pacific Tracey Watson, 44 **Business Consultant** Cycling the velodyssey Booking my in France trip to Mexico for Spring Break! **Rachel Winchurch**, 45 Executive assistant, **Charlie Parris, 19 Visit Jersey Customer adviser for NatWest** Winning the 2016 Upton trophy with St Pauls FC Paul Brannan, 35 **Community Sport Development officer** Booking to go traveling, first stop Sri Lanka! My 40th Leah Peron, 21 birthday **Cashier, NatWest** party!

Eddie Donaldson, 40 Delivery driver



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