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134
the **COLLECTIVE** issue

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#134

[COLLECTIVE]

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WRITE FEATURES, INTERVIEW AND PROFILE SOME INTERESTING
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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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iPhone 7



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edito

Everyone these days is part of a target audience. No matter how individual you think you are, you're being profiled, data gathered on you and someone, somewhere is deciding how best to appeal to you, targets you and puts you in a box with a label. As profiling gets more sophisticated you're no longer defined by simple things such as location, age or ethnicity but by precisely how many times you visited a website, what you searched for on Amazon and what the contents of your Facebook posts are. It may mean you're a very small niche audience, a tribe of one, but if you like cats, hate meat, love watercolours and love Africa it's not going to take long before an ad pops up, tempting you onto that vegetarian lion painting retreat in Cape Town.

As teenagers and young adults we all work hard to define our place, outwardly projecting our unique set of characteristics. But rather than seeking uniqueness we're simply reaching out for identification with the most appropriate tribe. For a generation both included and alienated by the internet, the constant search for that unique group that you identify with is easier to undertake, but harder to act on and belong to beyond the virtual. Being with a group of like minded individuals that share your interests, values and outlook for life is something we all reach for. It may only be a handful of people, it may require some assembly, it may be something you can only achieve occasionally as lifestyle and geography dictate. Some are lucky enough to have a group of school friends that are retained in Jersey, defined perhaps by sharing a love of the surf, or a love of mustard trousers. Some work to find and create their tribe, creating their own collective, centred around fashion, art, sport or another passion. It was fantastic to see how much support there was for diversity and the LGBTQ+ tribe last month as the island came together under the banner of a rainbow flag.

At Gallery we're a collective of sorts. Our core is small and certainly not super cohesive but still forms a nucleus that enables us to draw together people that, when combined, hopefully create work that is greater than the sum of their parts. A creative output at its very least, I hope it's one that carries a smidgen more creative credibility than other local media platforms. This month's cover and shoot was a case in point. It wasn't easy to create and involved the co-ordination of a lot of moving parts, but it was fantastic to see a group of people finding a balance and working together collectively to create something unique and engaging. I hope you enjoy it and this edition of Gallery, whichever collective you belong to.

BD

#134

[COLLECTIVE]



COVER CREDITS

MODEL

Lauren Devine

CLOTHES

Dress, Michael Kors
Shoes, Kurt Geiger
All available from
Voisins

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secrets



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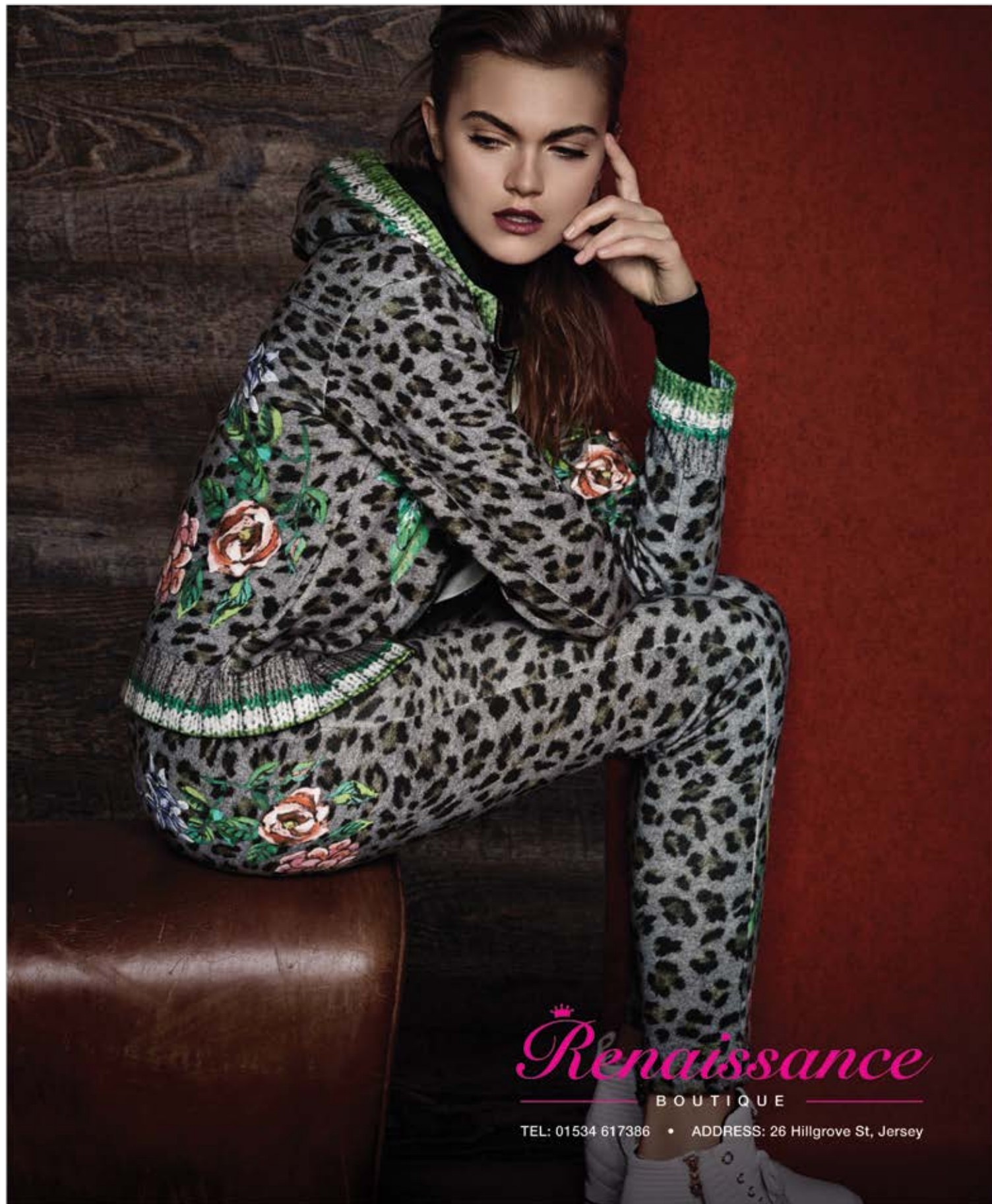
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PARIS

chinti and parker

ANNECLAIRE

goat

MARKUS LUPFER

CHIARA BONI

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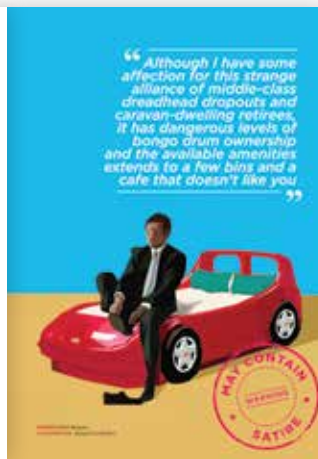
COLLECTOR EXTRAORDINAIRE

“I found the age of five years old I was collecting stamps and matches, my mother always said I should be out playing football that when you’re 10 you find out the age of 11 when football isn’t for you.”

Collective living: new lifestyles of generation rent

As gentrification takes hold in the city, the new wave of young professionals is finding ways to live together in the city, sharing space and resources in a way that is both sustainable and affordable.

“Although I have some affection for this strange alliance of middle-class dreadhead dropouts and caravan-dwelling retirees, it has dangerous levels of bongo drum ownership and the available amenities extends to a few bins and a cafe that doesn’t like you.”



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ON THIS OCTOBER...

IN JERSEY



Tennerfest ISLANDWIDE

UNTIL 11TH NOVEMBER

It's that time of year again, Tennerfest is back! From the 1st October, Channel Islands residents and visitors can look forward to six weeks of fantastic meals at fixed prices from over 180 participating restaurants. Of course a great many of these fabulous restaurants offer fixed price menus all year round too, but shhhhh we're not meant to mention that!

The Royal Jersey Agricultural & Horticultural Society Autumn Show Trinity

1-2.10.16

What's not to love about two days of autumn fun at the Royal Jersey Showground at the annual country show. It promises to be a feast for the eyes (their words not ours) with fruit, flowers and vegetable shows, cattle shows, exhibitions and local stalls. This is your chance to meet the locals as they parade their cows and show off their produce, a real insight into behind the scenes real Jersey.

Jersey Record and CD Fair St Peter's Parish Hall

1-2.10.16

After last years successful Record and CD Fair and the braying public demanding another event the fair is making a return. This year the event will be over two days giving more opportunity for locals and visitors alike to head along and visit the stalls which will be offering a variety of rare and collectible Records and Cd's. 10 am - 4 pm each day. ADMISSION (£1.50 - to charity).

Standard Chartered Jersey Marathon ISLANDWIDE

2.10.16

The Standard Chartered Jersey Marathon allows runners to take in the breathtaking views of Jersey whilst raising valuable funds for two charities; Seeing is Believing and Brig-Y-Don. The race, is split into three categories, Marathon, Relay Race and 3K Fun Run, which means this friendly marathon has something for every runner. The event attracted over 2,500 entrants in 2015 alone with over 60% of marathon runners coming from off the island.

Coastal Cinema Greve de Lecq Barracks

6.10.16

This is a truly unique experience and a great chance to view a classic film in an unusual venue. 'Mutiny on the Bounty' (1962). Based upon a real 1759 mutiny, Marlon Brando leads the crew of the HMS Bounty in a mutiny against the sadistic Captain Bligh, portrayed by Trevor Howard. From 7 - 9pm. £10 including glass of wine. T: 483183 - Booking essential, Kindly supported by Quilter Cheviot



La Faï's'sie d'Cidre - Jersey Heritage Cider Festival HAMPTONNE

8-9.10.16

Translated into English, La Faï's'sie d'Cidre is the annual cider festival celebrated at Hamptonne Country Life Museum. With the help of volunteers and apple and cider experts, you are guaranteed to have a fun-filled, family day out with live music, creative activities for children, dance, great food, great company, competitions, poetry, Genuine Jersey stalls and living history. Lots to do, things to learn, people to meet and fun to be had!

Paperclix Jersey Rally ISLANDWIDE

13-14.10.16

The Paperclix Jersey Rally is staged all over the island, with stages both during the day and in the dark of night. Check the rally website for programme details closer to the event date. www.jerseyrally.com



Sandstorm Adventure Race Five Mile Road

15.10.16

The race is a fun but competitive challenger event that is open to everyone who is old enough (9+) and brave enough to enter. Sand Storm competitors will need to overcome the terrain and beat the obstacles as they throw themselves over walls, crawl under barbed wire, scramble up and fling themselves down sand dunes and plough through water obstacles to be the first over the line. Head to www.sandstormjersey.com to enter.



Durrell Dash 2016
Durrell Wildlife Park
16.10.16

The ever-popular Durrell Dash takes place in and around the lanes of Trinity and St. Martin, will start and finish in the grounds of the Wildlife Park. You can choose from either the 6k or 13k route. Last year, around 450 participants raised over £8,000 towards Durrell's mission to save species from extinction. This year, they're hoping to do even better!



Black Butter Making
The Elms
20-22.10.16

Join the National Trust for Jersey as they make this delicious local delicacy from the Island's apple harvest. Peel the apples, stir the pot and learn about the history and tradition of Black Butter making in Jersey and how it can be used with different foods today. Enjoy a traditional 'Genuine Jersey' market on the Saturday with pumpkin carving for the children.

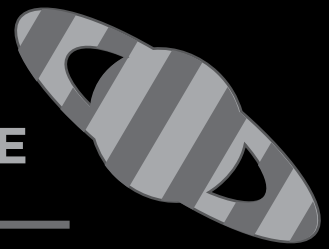
Halloween Spooktacular
aMaizin! Adventure Park
22.10.16 9AM

Following on from the huge success of their first Halloween event for families, the second year promises to be bigger and better than ever! A haunted house, a creepy maze, spooky goings on and "trick or treating" for the younger members of the family. This year sees a dedicated younger area, more spooky surprises and a full cast of creepy creatures! All included in your regular entry fee!

RNLI Spooktacular Halloween Ball
L'Horizon Beach Hotel
29.10.16

L'Horizon Beach Hotel and Spa have selected RNLI Jersey as their nominated charity for 2016. To celebrate this partnership, they are hosting a fantastic Halloween event in the Crystal Room at the hotel. Arrive to a drinks reception, followed by a three course dinner and wine. Dance the night away with their live band and enjoy their very own fun casino. Fancy dress is encouraged.

ELSEWHERE



**ALBUQUERQUE INTERNATIONAL
BALLOON FIESTA**

OCT 1 - 9, 2016

ALBUQUERQUE, NEW MEXICO, UNITED STATES

Picture a connect-the-dots rainbow of mammoth balloons filling the sky, from the horizon to the stratosphere, while thousands of tiny-as-ants onlookers pepper the flats below. This is the Albuquerque International Balloon Fiesta, which takes place each year at the southern end of the fabled Sangre de Cristo Mountains, just east of Navajo country and an hour from 400-year-old Santa Fe. From the early sunrise Dawn Patrol to the evening's "Glowdeo" parade, balloon races, and much more, this event is a spectacle of wonder for all ages. The festival is book-ended by two weekends in October with balloon die-hards holed up in Albuquerque for the entire event.

WWW.BALLOONFIESTA.COM

JOSHUA TREE MUSIC FESTIVAL

OCT 6 - 8, 2016 CALIFORNIA, UNITED STATES

Joshua Tree National Park—home of the eponymous and quirky-looking yucca brevifolia tree species—has served as inspiration for musicians, poets, and thinkers through the ages. Its colorful history, beautiful scenery, and unique flora and fauna translate into a place with an elevated consciousness and a metaphysical vibe. One would hope that its namesake festival would live up to the mythology of its location, and Joshua Tree Music Festival certainly does.

WWW.JOSHUATREEMUSICFESTIVAL.COM

AMSTERDAM DANCE EVENT

OCT 19 - 23, 2016 AMSTERDAM, NETHERLANDS

Amsterdam Dance event is a five-day industry and entertainment extravaganza scattered across 115 reputable venues throughout the iconic Netherlands' capital city. The festival boasts some of the biggest names in the international electronic club scene as well as its fair share of up-and-comers and underground artists. In its entirety, ADE involves an astronomical 450 conference and music events – including over 2,200 DJs. It's all business during the day with presentations and networking opportunities at ADE Pro, ADE Tech, HDE, ADE University, ADE Next and ADE Green. Things really take off at night, when the who's who of club music creators and aficionados take over the town.

WWW.AMSTERDAM-DANCE-EVENT.NL

FANTASY FEST

OCT 21 - 30, 2016 KEY WEST, FLORIDA, UNITED STATES

Started by two Key West businessmen who wanted to accelerate the start of the traditional peak winter season, Fantasy Fest probably rivals Mardi Gras as America's most free-for-all hedonistic part. While the roots of the event match Key West's gay mecca demographic, over time, the audience has grown more mainstream but, beware, there's a "try-sexual" flavor that still adds a spicy twist to the affair. Fantasy Fest isn't for everyone, but for those who love it, they swear by it and make the trek every year attracted by the combination of balls, costume competitions, body painting, homemade bikini contests, and the infamous camp parade where people just let it all hang out, literally.

WWW.FANTASYFEST.COM

NEWS IN NUMBERS



18

million pound purchase by Flannels will revive ex-BHS store

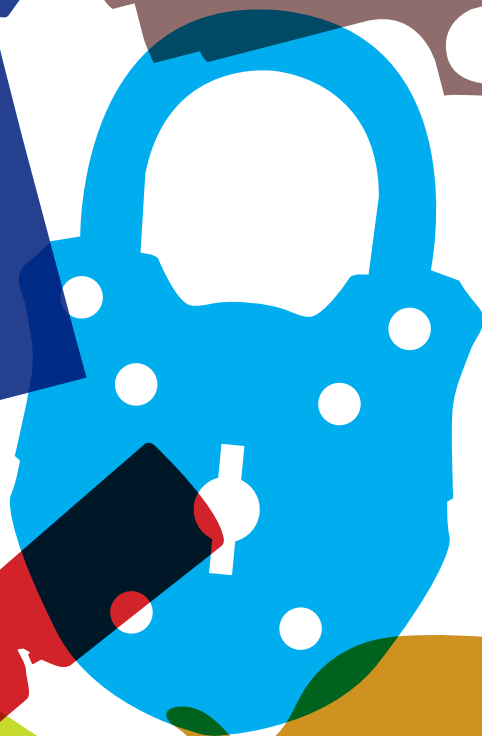
11

police officers, including a firearms unit, deployed to deal with antisocial woman claiming to be armed



4

in every ten prisoners incarcerated at La Moye are Jersey born, reveals a recent FOI request



5,100

or more people will qualify for newly modified pensioners' Christmas bonus scheme



6

local artists sought to work alongside two psaligraphists visiting in October



75

people turn up to contest JSPCA shelter relocation plans



85,325

pound cost for winning bid to stream video and audio from the States Chamber online



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 **VIBERTS**



Sheep, Google, Something...

Until the NatWest Island Games came to our shores last year, I had never heard of the Faroe Islands. I now know that it's a small archipelago that looks just about equidistant from Norway, Scotland and Iceland. And that's it. The tiny group of islands is about as well documented as the Channel Islands, so finding out any kind of information about them is more difficult than getting there. So unexplored and unknown are the islands that even Google, in its infinite wisdom and knowledge, are yet to provide the island with Street View, and this fact alone has sparked the innovation and cunning that only the collective genius of islanders can bring.

Instead of impatiently waiting for Google to realise its mistake, the islanders have decided to use one of their most abundant resources to map the islands themselves. That resource? Sheep. That's right, instead of using fancy technology like cars and whatever else is on that weird Street View car that everyone tries to flip off as it walks past, these isolated peoples have strapped 360 degree cameras to their sheep and set them free around the islands. You can't help but feel that the majority of the footage will be fields, but then who are we to assume that these people have roads? Maybe this piece would have been better with some form of research involved...

It's Always Breezy in Philadelphia

Throughout history, major events have taught us that the power of the many usually outweighs the power of the individual (at least, the many usually believe that). Ask the Saxons that fought against Charlemagne, or the New Jewel Movement who overthrew the government in Grenada, and they will all tell you that when people come together, and get funding from established governments to purchase deadly weapons in order to establish a larger regime, anything is possible. In Philadelphia, a 3,000 strong group have decided to take inspiration from the revolutionary groups of the past and attempt to break down boundaries and limitations for the people of the entire world. These brave warriors are taking to the streets to ensure that we the people are never restricted from cycling naked again. That's right, it's one of those great events that Brighton City Centre sees each year as people decide that the laws of indecent exposure are open-ended and that the reproductive organs are a great way to make the leaders support their cause. These Philly residents are taking a break from their cheese steaks in the city where it's always sunny in order to "promote a positive body image and encourage others to reduce fuel consumption". Somehow, this is Oscar Wilde's fault.

Creepy Clowns

Coulrophobia is, according to some disreputable websites, the third most common phobia in the world. The first two are, understandably, heights and spiders, one of which we are practically born with and the second we develop after about four encounters with God's biggest 8-legged mistake. The third, however, is one that, on this island, does not seem so common; one that plagues the minds of any who spent their childhood either watching the news between 1972 and 1978, or in the circus tents that forced loud noises and bright lights into the eyes of the young. This fear, my friends, is clowns. Admittedly, this one became popular in the post-Gacy landscape, but there's no denying that the smudged makeup and insidious smile of these relics of a lost age of entertainment are no longer symbolic of childlike wonder and happiness, rather they have become an overused cliché of the horror genre, used to instill bone chilling fear. So, what better way to spend your evenings is there than joining a collective of these tokens of terror. People across the U.S.A have been doing that. There has been a sharp and notable rise in the number of 911 calls concerning terrifying clowns simply standing and watching in neighbourhoods, scaring residents and, I can only imagine, inciting a tainted nostalgia in the older generation. You decide which is the worse crime



Top 5...Worst Acronyms for Groups Around the World (All in the U.S)

Some businesses are destined for success. Apple, which is currently trading at \$114.5 and has a market cap of about \$617 billion, was one of these. Is it because of the genius of Steve Jobs that the company continues to flourish, or could it be widespread brainwashing and an ability to take advantage of the universal period of dumbing down that we are in? Or, maybe, just maybe, it could have something to do with the name. Now, Apple may not seem like the most inspirational and awe-inspiring name in the world, in fact there are still aged people that believe it is a misnomer and that the company should turn to fruit sales, however when compared with some of the names for companies, groups and collectives out there, a pomaceous fruit seems like a great thing to name yourself after...

T.B.A.G:

Tempe Bicycle Action Group.

If you don't know why this is funny, you need to go out and purchase any Call of Duty game, than spend countless hours being tormented by 12 year olds. I apologise for the rage in advance

D.T.F:

Denim and Tees...Finally.

Kids, if you're parents ever buy you anything from this shop, make sure you wear it to your next school disco.

S.T.U.P.I.D:

St. Thomas University of International Diplomacy.

OH THE IRONY, THE BITTERSWEET IRONY OF IT ALL!

W.T.F:

Women Take Flight

I don't... I can't... Come on what do I do with this?

N.O.V.A.G:

Northern Virginia Gamers.

Which is exactly what they'll be seeing for the rest of their lives

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pet
OF THE
month

Debbie & Smudge

Debbie

Breed. Jersey Bean

Age. Lost count after my 21st!!

Likes. Travelling, coffee, running, eating out, summer, swimming in the sea and spending time with my three children and husband.

Hates. Flying home after a fantastic holiday, the winter months, animal cruelty and grumpy people.

If I were an animal I would be. My dog Smudge. It's a dog's life springs to mind!

Wants. To be able to travel the world constantly with my husband and children.

Interesting facts. Nothing I can put in print due to legal reasons!

Most impressive thing you've ever done. Had my three children, Millie, George and Ava and married my husband Jon!

Smudge

Breed. Cocker Cavapoo (that's a collective of three breeds; poodle, cavalier spaniel and cocker spaniel! *ed)

Age. 5 years

Likes. Having my ball thrown for me, cool showers after walks on hot days and my human family.

Hates. Fireworks, losing my ball and being left alone for even two seconds!

If human I would be. My human families daughter/sister.

Wants. To lie on the comfiest sofa and my owners bed snuggling up to my mum.

Interesting facts. I am a Jersey Bean Cocker Cavapoo, born and bred in St. Brelades.

Most impressive thing you've ever done. I'm brilliant at playing football with my family and can even score goals past my human brother George.

Murders, Deceits and Charms

WORDS Deirdre Shirreffs



Murders, deceits and charms - it sounds like the title of a crime thriller, suitable for an episode of Bergerac or Miss Marple. However murders, deceits and charms are actually the collective nouns for groups of animals; a murder of crows, a deceit of lapwings and a charm of goldfinches. Crows may look sinister and goldfinches charming but why are lapwings deceitful? Nobody knows and they certainly seem innocuous enough.

Many of these collective nouns are centuries old and were originally hunting terms. A list of them is given in the 15th century 'Book of St Albans' in the hunting section. Unusually for those times this was written by a woman, Dame Juliana Berners, who is thought to have been the prioress of a priory near St Albans.

Corvids (members of the crow family) come off particularly badly in this list. As well as a murder of crows, there is also a murder of magpies, an unkindness of ravens and a scold of jays. Jackdaws and choughs fare better with a clattering and rooks appear wise with a parliament.

Some of these nouns are particularly fitting and descriptive including a watch of nightingales and an ambush of tigers. A plague of locusts perfectly describes these insects as they fly and descend on a poor farmer's crops. Or an exultation of skylarks as they soar high into the sky singing their hearts out. On a summer's evening you may be attacked by a cloud of gnats. A group of ferrets is a busyness, an apt name for these active little animals. Many are alliterative, a flamboyance of flamingoes describing these striking pink birds perfectly as does a pandemonium of parrots, a lounge of lizards or a leap of leopards.

Many animals have herd as their collective noun including surprisingly wrens, sea urchins and cranes. A group of toads is a knot but a group of frogs is an army. A convent of penguins is probably because of their black and white plumage.

More recently joke names have been invented for professions - a balance of accountants, a dosing of doctors, a quiz of teachers and a number of mathematicians, to name a few.



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Tired of being alone?

How to pretend you
like other people.

WORDS Grace Ryan

ILLUSTRATION Luke Moss



Religion and science can't agree on much, but aside from the fundamental opinion that old men are right about everything, one of the few areas where they do concur is that the human animal is a social animal. Like otters, termites and wildebeest we are stronger in groups, working in unison to do everything from building igloos to delivering a third quarter earnings forecast. Banding together is how we managed to fight off the velociraptors and dominate this planet to a degree that even the members of our species stupid enough to appear on reality TV aren't picked off and eaten by mountain lions.

Unfortunately, our success comes at a psychological price, and I don't just mean the indignity of people from TOWIE using up valuable oxygen. Unlike otters or wildebeest my gigantic human brain has a lot of spare capacity, and in the absence of wild predators a lot of that anxiety bandwidth goes to thinking about how uncomfortable I am with the thronging millions of my own species. We've been so successful at building a safe, modern society that I've learned to survive with minimal interpersonal contact, and as a result my basic social skills have gone the way of my tailbone and appendix. I seldom need to team up with strangers to bring down a mammoth, and so have little opportunity to get used to those strangers' weird smells and irritating mannerisms, perhaps even to come to love them. Although I've always contended that being a misanthropic loner should be a legitimate and respected life choice, if I'm being honest I'd admit that the quickest way to a successful existence really isn't far removed from lining up to eat ticks out the armpit of a bigger monkey.

Fake it til you make it

This would paint a sad picture, except unlike wildebeests humans have also evolved a thousand ways to pretend that we like other people - even when we don't want them to have sex with us or give us money. I've studied these extensively, and am now confident that I can feign not to be appalled by humanity, moving through your birthdays and weddings without anybbody guessing that I'm about as interested in hearing about your children as one of the murderous androids from Blade Runner. Perhaps even less interested, because the androids from Blade Runner weren't forced to add you on Facebook in order to fit in at the office. I'm like the Terminator, if the Terminator was only programmed to pretend it was having fun at your Christmas party before going home and drinking half a litre of amaretto.

Diversify your personal portfolio

The only thing you need to worry about is making sure that you evolve more than one strategy to prevent people from realising that you're a creepy introvert with a freezer full of stolen house pets. This is a rookie

error, but a surprisingly widespread one - the most obvious example being people who mistake non-controversial gender-based interests as being an adequate substitute for a convincing personality. That phrase sounds like the kind of thing my psychologist used to put in reports (before he went missing in those woods), but in regular English I'm talking about people who think that building their "personal brand" exclusively about one interest is a substitute for any personal depth. The most obvious example is obsessive sports fandom, which takes all the complicated aspects of physical competition and

tedious normality that very few people will question. If she loves cats and babies so much, why does she live in an unlit apartment full of gin bottles and shoes? Nobody thinks to ask. This is why all the serial killers who get caught are men.

Graeme Norton American Psycho

Sadly I couldn't pull that one off, because no amount of conditioning can obscure my innate revulsion to nappies, "kids say the funniest things" rubbish and how your "little ones" are doing at nursery. If I see you have a Baby on Board sign on your people carrier I instinctively start driving

"If she loves cats and babies so much, why does she live in an unlit apartment full of gin bottles and shoes? Nobody thinks to ask. This is why all the serial killers who get caught are men."

replaces them with a lifestyle based around chuntering out dull statistics and pointless opinions about whether one bunch of millionaires can kick a ball further than the other. The only positive thing I can say about conversing relentlessly about sport is that there's a certain grim irony in lazing about, hammering your body with booze and pork scratchings whilst prattling on about an activity that was designed to keep you fit.

Stepford wife swap

In some ways it's easier to pretend you have an acceptable personality if you're a woman, perhaps because there are so many men out there who won't pay the slightest attention to anything you think or like if they can be persuaded you'll listen to them talk about themselves. Even our supposedly liberal western societies have such low expectations of women and girls that few people notice if your personality entirely consists of talking about babies (and sometimes cats). You can be interested in other stuff, but only to the extent that other stuff plays a role in the singular purpose of nurturing babies (and cats). A convincing identity can be constructed from a thousand images and anecdotes about your children, or just random children you made up, offering a smooth facade of bland,

more dangerously. So, my winning strategy for social camouflage has been to avoid focussing on one area, and instead develop a surface personality where I pretend to be slightly interested in a wide variety of things, when really all I've done is mined social media for a broad spectrum of unchallenging positions to take on things. I'm like a chat show host, a smiling parasite that thrives amongst you and distils polite banter into the poison sacs incubating in my subterranean lair. Like Jonathan Ross I can be your best friend for up to seven minutes, which is usually long enough to lull people into a false sense of security if I need to chat to you at a cocktail party or are simply looking for a fresh body for one of my monthly feeds.

So, have I managed to find a way to fit into our society? I wouldn't go as far as saying it's been an unqualified success, but I think I manage a fairly convincing impersonation of a human being. I might not be top of anybody's list to be a godparent to their child, but neither will I be the last person allowed onto the lifeboats. You can talk about sport and babies, whilst I'll be busy working out who I'm going to try and eat as soon as they get sunstroke. See you at the Christmas party!



COLLECTOR EXTRAORDINAIRE

WORDS Sara Felton

In this day and age it isn't often that you get the chance to meet a true gentleman, a man with charisma, charm and stories to share that aren't just those of myth and legend but instead based on history and a life well lived. This month we got to meet just such a person, David Gainsborough Roberts, a face that many will recognise and a man who is the owner of one of the most incredible collections of collectibles; perfectly suited to feature in our collective issue.

His collection of over 2,000 items has been tirelessly assembled over recent decades. It is, however, now due to be passed on to new owners through a variety of auctions around the globe with the whole collection currently in the process of being sold. David explained "I want to sell them whilst I can remember where everything is, I hate the thought, in the future, that the executor of my will would come in and just dispatch items with no thought to where they've come from and who owned them before me." The provenance of each piece is of particular importance, David has a handwritten log of each item, when he bought it and how much for. He also has reams of paperwork to accompany each, all of which are now in the hands of the various auction houses who have been tasked with the sale of each different aspect of the collection. He explained "it's one thing saying you have a picture owned and personalised by someone like Marilyn Monroe, but unless you can prove it then no one is interested."

As you would image, the stories that surround the items are often just as interesting as the items themselves. Spending time with David you get a real sense of the reason behind his desire to grow this cornucopia of historic and significant elements of popular and classic culture. Without a desire to seem crass, I asked if he ever bought anything with a future financial value in mind: "never..." was the answer. "...for me it's about the story and the history. I have no interest in current memorabilia or the resale value of an item." He started collecting from an early age, "from the age of five years old I was collecting stamps and marbles, my mother always said I should be out playing football, but when you're six foot one by the age of 13 you realise football isn't for you".

An interest in books, of which he has 7,000, and antiquities is something he's always had, but he's also lived an interesting and varied life which has included life as an actor and five years spent as a wrestling promoter in the 1960s, crossing paths with the likes of the Kray twins "well spoken men who didn't need

to throw their weight around; tough men of course, but incredibly polite with no need for bravado." It was around that time he had wanted to qualify as a social worker, with the goal of becoming a probation officer, a clear influence on him and perhaps the reason for the significant crime inspired section of his collection.

David has spent a great deal of time travelling the world giving talks on his collection and sharing his vast knowledge of the history associated with the items it holds. He enjoys dispelling myths that have become common

folklore, often thanks to Hollywood's intervention. An interesting story about a chessboard owned by Robert Stroud, most well known as the "Birdman of Alcatraz" and the casting of Burt Lancaster who played

him in the movie of the same name led me to ask David who he'd want to play him in a movie "I'd love someone like Hugh Grant to play me. He's got a sense of humour, and I hope I've got a sense of humour and he could treat it all as a bit of a joke".

I would have happily spent hours in David's company, not least because he poured me a glass of champagne within five minutes of my arrival. I fear that the limit of a word count can't do our time together justice but it was a real privilege to get to spend some time in his company. And whilst the majority of the collection for which he's become so well known for has now gone, it is the man himself who was the most interesting part.

"From the age of five years old I was collecting stamps and marbles, my mother always said I should be out playing football, but when you're six foot one by the age of 13 you realise football isn't for you"

Collective living:

new lifestyles of generation rent

My grandfather loves to sit me on his knee and tell me stories about when he was a young man, particularly those where the moral revolves around how he knuckled down, saved money and bought his first home before he was twenty. I appreciate the advice, but I wish he'd realise that no 34 year old still lives with their mum out of choice. The only reason I'm still sat on his knee is that I'm hoping the exertion will hasten his demise and I might inherit enough to own a bedsit by the time I come to retire. The older generation are happy to tell youngsters they have unrealistic expectations of property ownership, but that's a bit rich coming from people who had the option of mortgaging a three-bedroom house for the same amount of cash that some of us are putting towards renting a parking space.

What's more irritating is that his generation's ability to snap up investment properties in the 70s means that us youngsters must expect to pay an inflated rent in order to keep our elders in cruise holidays and beige trousers. I can't even "be happy with renting a nice place" when 40% of my monthly income goes towards a damp hovel with no garden and walls so thin I can hear my neighbour waxing her bikini line. There's still a property ladder, but the last person going up covered it with grease and broke most of the rungs. If you're single, unless you're expecting either an inheritance or a promotion, you should probably stop dreaming of owning anything grander than a chalet with its own chemical toilet and a bucket to wash with. If you too can't get a mortgage, the following creative solutions might feel horribly familiar.

Shared housing:

you too can star in your own wacky flatshare comedy

Sharing a house is a super idea when you're a student, probably because at 18 it seems incredibly liberating not to have your parents breathing down your neck about Hoovering your bedroom and washing the dishes. It inevitably becomes tiresome in the extreme, because you aren't just sharing a house with Tamsyn from your World Cinema class, you're also sharing it with Tamsyn's sock microbes, her inability to turn the heating off and her loud and pretentious boyfriend, Rupert. Even if you leave university and move into a flat the size of a double bed, it's at least a double bed where nobody eats all of your cereal or brings ten people back from a dubstep rave when you've got lectures in the morning. This inconvenience is no less true when you're all working adults, as house share life is less like Friends or The Big Bang Theory than it is like Peep Show or a Channel 5 documentary about a man who kills his flatmates because they have noisy 4AM sex and never replace the toilet roll.

Multi-generational homes: mother knows best

Growing numbers of desperate young people convince themselves that living with Mum will become magically less stressful if only there's some kind of formal agreement in place. Perhaps if you buy a larger house together, or sign a joint lease, Mum will realise that you're an adult now and your choices about diet and laundry are yours to make? WRONG. She spent six plus hours squeezing your fat head out of her birth canal, and wiped your bottom until you were old enough to do it yourself: she will never let you forget this. If you continue to live together you'll always be a child - any partner you have will be on indefinite probation, your privacy will be consistently disrespected and you'll always have a theoretical curfew. On the other hand, if you endure the omnipresent tutting you will continue to get free dinners and inappropriate sympathy any time you catch cold or graze one of your knees. Mummy's brave soldier needs to get a good night's sleep, and there will be a crustless sandwich in his lunchbox so he isn't too tired for that board meeting.

Life on the (not so) open road

It might be near-impossible to purchase stationary property, but there is another way to own your own space. Most of us could just about scrape together enough money to buy a home on four wheels, and if you consider mushrooming vehicle size against the shrinking square footage of houses it won't be long before a Mercedes van is larger than a two-bedroom flat. It might not have a proper toilet (or any toilet), but you can squeeze in a kitchen that shames many bedsits and get some surprisingly comfy beds for diesel-powered romance. You'll be living in a community of other nomads, so it might be possible to pool your resources and purchase one of those tin baths from Steptoe & Son. The major downside, aside from space, security and storage, is that we live in Jersey, so the only place you can legally overnight in your mobile home is the lawless enclave known as Le Port car park. Although I have some affection for this strange alliance of middle-class dreadhead dropouts and caravan-dwelling retirees, it has dangerous levels of bongo drum ownership and the available amenities extends to a few bins and a cafe that doesn't like you.

Dystopian dormitory dwelling

Given all of the above, you might conclude that the only realistic solution lies in drastically lowering your expectations of a home. As always, the capitalist market is one step ahead of you, so in the near future I am confident that Jersey will import a housing model which is becoming popular in other overcrowded places, like San Francisco, Tokyo and the prison cities where they make iPhones. Optimistically marketed as "micro-apartments", but more honestly known amongst residents as "coffin apartments", these tiny homes offer considerably less square footage than a typical Jersey garage. Think an extremely compact single hotel room, where you need to put the toilet lid down to shower, except you also have a shelf for your microwave and a tiny little desk. Storage is found underneath your bunk and the only window is so narrow you couldn't possibly jump out of it. The only space is in shared common rooms - like a university hall of residence where everybody swaps tips on how to cook instant noodles in a kettle. It feels like living in the future! Except the future is one depicted in a film where the lead character is oppressed and decides to join a revolution against people who are privileged enough to have enough space for a couch. At least it's safe, warm and the space is all yours, although this isn't too far away from the same argument you might use to justify caging a hamster. It doesn't appeal to me, because I'm happy where I am - hoping that I can play my cards right and that Mum will let me use the garden shed to celebrate my 40th.

“ Although I have some affection for this strange alliance of middle-class dreadhead dropouts and caravan-dwelling retirees, it has dangerous levels of bongo drum ownership and the available amenities extends to a few bins and a cafe that doesn’t like you ”





BEHIND THE SCENES

We love architecture at Gallery. As a magazine with a penchant for all things design and style, unique and interesting houses are obviously part of the appeal. Whether its spending hours poring over Houzz and Pinterest boards or following westonbaker on Instagram, the sight of some well designed buildings has become something that everyone now appreciates.

The trouble is, architects are busy. I know, we're all busy. When it comes to architects we occasionally send out enquiries and ask them if they'd like to showcase their work in Gallery or Places but we never get much of a response. Sometimes even free publicity isn't enough to break the concentration of an architect with their head down working on a project. Luckily this month we not only got contacted by an architecture firm,

but also one that wanted to work with us to present themselves and their work as they grow their Jersey client base. Having operated Gallery in Guernsey for three years we were already aware of the orange circle that represents PF+a. Peter Falla and his team have been working on beautiful developments on our sister isle for some time and have recently expanded their Jersey operation. They therefore wanted to

talk about presenting their bold branding with us at Gallery ahead of some of their upcoming developments.

When we started talking to the firm and their agency, The Potting Shed, and the subject got onto anamorphic shapes; presenting their strong orange circle branding but integrating it in such a way that it gives a nod to the architectural nature of their business. Anamorphosis is a distorted projection or perspective requiring the viewer to use special devices or occupy a specific vantage point (or both) to view an image. The word "anamorphosis" is derived from the Greek prefix ana-, meaning back or again, and the word morph, meaning shape or form. Inspired by the work of Portuguese artist Akacorleone, we started planning how we could include this in some way. The obvious choice was



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“Anamorphosis is a distorted projection or perspective requiring the viewer to use special devices or occupy a specific vantage point (or both) to view an image.”

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a set for our fashion shoot this month. As our theme is ‘collective’ we’ve taken one of Jersey’s most successful collectives; Team Jets netball team and presented them as a contrast to the coloured objects of the set. If only netballs were like basketballs, it would have been even more relevant!

The team built a framed corner and spray painted a selection of interesting items to sit on the backdrop, a shape that appears circular when viewed only from the front. After some serious spray inhalation in a makeshift spraybooth, our set was ready. Alex from PF+a and Tom from The Potting Shed flew over for the shoot day and Team

Jets turned models for the day with outfits selected from Voisins, who sponsor the team.

We love clients that get engaged and work with us to do something a little bit different. Check the shoot out on page 72 and look out for more from PF+a in future.

DADDY DAYCARE

WORDS Laura Morel

The family unit can take many forms today; single parent, the inclusion of step mothers and fathers, a working mum and stay at home dad, or even a dad and dad. But for all their shapes and guises, the world of child care still ultimately remains the domain of women. Playgroups, support networks, mothers' forums; the amount of oestrogen pumped into the world of the child carer was enough to even give me the shivers during maternity leave. I met up with two guys breaking the mould and shaking up the perception of child carers as full time daddies.



Declan and Ryan

Declan Renouard has been looking after his son Ryan since July, when his wife Stevie returned to work at HSBC. For the Renouards having Declan as the primary child carer made sound financial sense. He had the lower salary and an opportunity to take on some part time work a few evenings a week. They were adamant that one of them be afforded the chance to care for Ryan rather than use the services of a child minder and Declan is loving every minute in his role as stay at home dad.

Admittedly his time is spent surrounded by women; he has yet to encounter another father at the classes he frequents with his son including swimming, playgroups and baby sensory. This doesn't faze him though and Declan has slotted in flawlessly. "I get a lot of "are you babysitting today? or "is it mummy's day off?" he admits, explaining that people are often surprised by what he does, but very accepting. He is never made to feel isolated and finds his female peers friendly and engaging, sometimes even thrilled to have the company of a man!

Ollie De La Cloche is planning his transition to child carer status next year, when his wife returns to her job as a teacher, with a little more apprehension. Still getting his head round the unknown quantum



Nick and baby Dann

that is having a daughter, Ollie will soon be in uncharted territory devoting his time almost entirely to the opposite sex. He is very much the alpha male, a man's man and I suspect will not take so easily to discussions on sore nipples and nappy rash creams as Declan. But he is nothing if not proactive in how he will shape his days with his beautiful daughter Kaia.

Excited about having the time to bond with his daughter, Ollie also wants to use this opportunity to shape his future, exploring ways in which he can bring an income into the household whilst being a full time dad. He leaves behind him a job as a gardener and one idea is to produce children's stories that would emulate his life and adventures as a father, alongside his loveable sausage dog Indi, although we agreed a working title of "Ollie and his Sausage" still needed some work!

The hope is that Ollie can reach out to other fathers in a similar position and start his own social daddies group, diluting his days of women. "Think of it as you will as a "Babies and Beer" event!" he explained. Both Ollie and Declan don't have many friends with young children so socialising with other parents and kids is important to them both.



Paddy, Aoife and Ciara

There are groups already out there for men in Jersey, although they take some finding. I eventually stumbled upon "Men Behaving Dadly (Jersey)" set up by a working father who felt self-conscious at other mums' groups and offers dads the chance to socialise with other fathers once a month. Then there is the "Brighter Futures Dads Club" which meets at the Bridge for male bonding and bacon rolls (most of these groups revolving round the staple that is bacon)

The fathers I met, working or not, all admit there is more to be done to support and put at ease male carers in Jersey. With benefits now offered equally to both male and female carers and employment laws being refreshed to banish gender discrimination it is likely that the number of full time dads will start to slowly rise. It will be interesting to see through individuals like Declan and Ollie, how the support network for fathers in Jersey will flourish and encourage others to join the ranks of Super Dad!

For now to get the ball rolling, Declan meet Ollie, your group is already growing...

See Laura's blog at www.nineby5.com

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Families and islanders with disabilities given helping hand

Families and islanders with disabilities are getting a helping hand from The Channel Islands Co-operative Society. Grants from The Society's Helping Hands initiative have been given to local charities NSPCC Jersey, Words and Numbers Matter and Les Amis. A total of £4,530 has been distributed across Jersey and Guernsey this year.

'As a community retailer, we recognise the importance of giving others a helping hand and it's the same with charities. Even small projects can make a big difference, which is why the Helping Hands initiative was set up in 1995 by our former chief executive Allan Smith. Since then, around £250,000 has been donated to good causes across the Channel Islands,' said Katey White, The Society's membership and community manager.

Channel Islands' Inaugural Equality And Diversity Award Winners

The 2016 Liberate Channel Islands Equality and Diversity Awards is the first awards ceremony in the Channel Islands to honour those organisations and individuals that place inclusivity at the heart of what they do. The awards were held on Friday 16 September 2016 at the Pomme d'Or Hotel, St Helier, Jersey, and hosted by star of the BBC2 sitcom Boy Meets Girl, Rebecca Root.

The awards were judged in August by an independent diversity panel and the winners were as follows:

Best Small to Medium Employer (up to 80 employees) (as nominated by their employee(s)) - Law At Work (Channel Islands) Limited;

Best Medium to Large Employer (more than 80 employees) (as nominated by their employee(s)) - RBC Wealth Management International;

Best Service Provider (as nominated by themselves or the general public) - Dandy;

Best Educational Initiative (as nominated by themselves or the general public) - Lloyds Bank;

Best Not-for-Profit Support Initiative (as nominated by themselves or the general public) - Barnardo's Guernsey.

Two special awards in the gift of the Liberate committee were also presented:

Liberate Special Award (awarded to an individual or organisation that has undertaken an extraordinary project, activity or initiative in the last 12 months that has supported or advanced equality

and diversity in the Channel Islands) - Social Security, States of Jersey, for their ongoing work to implement sections of the Discrimination (Jersey) Law 2013.

Liberate Lifetime Achievement Award (awarded to an individual that has, over many years, supported and championed equality and diversity within the Channel Islands and, as a result of their efforts, the Channel Islands are a more inclusive place to live and work) - Daphne Minihane MBE DSG for her long service to Age Concern Jersey and for her work with the Jersey Aids Relief Group in the late 1980s.



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GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Helping Refugees, an island charitable collective

The Jersey Calais Refugee Aid Group (JCRAJ) is a local charity which has developed in the wake of the global refugee crisis and aims to bring together community efforts from Jersey to deliver humanitarian aid to the 'Jungle' Refugee camp in Calais. In the past 12 months JCRAJ have collected aid and united groups of volunteers to provide donations, organising trips to deliver aid direct to Calais.

Monthly trips are coordinated in cooperation with Care4Calais, Help Refugees and L'Auberge des Migrants. Volunteers help by sorting aid in the warehouse and work in the camp, either teaching or distributing aid to refugees. The combination of preparation in the warehouse and the work in the camp is fulfilling, but also very intense and the direct contact with refugees is something which can hit you quite powerfully. Sixteen year old Kitty Tiefenthal, a student at Hautlieu school, spent some time in the Jungle this summer, she tells us more about here experience here:

"This Summer my family did not go to Corfu, Tenerife or Barbados. Instead, we ditched our sandals and bikinis for our boots and baggy trousers which were ideal for walking around the predominantly Muslim and muddy refugee camp in Calais. We did not go into the tropics, instead we went to volunteer in the 'Jungle'.

I met a 15 year old Afghan boy there on the day he walked into the camp. He became my friend. Samily speaks good English and

keeps in touch. He tells me he is 'unhappy in Jungle' and there is 'too much danger'. He is frightened and homesick and asks me when I am coming back to see him again because he has no friends in the Jungle. He hopes to go to England and become a doctor. He calls his mother every day to check up on his six year old brother whom he left behind in Afghanistan and will most likely never see again.

Samily is brave and strong and was top of his class in school and I think our country needs many more people like him. No one my age should have to experience anything that he has gone through. Imagine having to run away from your life. His father was shot and his friend was next. His mother gave him as much money as she had and told him to go. Imagine how his mother felt, sending her 15 year old son ALONE through Turkey, Italy, Germany, France and many more countries. It has taken him two months. And he told me he ran out of money in Turkey.

When I was in the Jungle, I bought him a phone from the money I earned

waitressing this summer at the Portelet Bay Café. At least he can speak with his mother whenever he likes. I know that would be the most important thing for me. We took him to a youth club which some volunteers have set up and asked them to look after him. We gave him a tent and a sleeping bag and some clothes. It is only with donations we are able to do this. The Jersey Calais Refugee Aid Group send donations and money once a month with volunteers from Jersey."

The population of the Calais Camp is now bigger than it has ever been at any point in the past. Even though the French authorities have cleared the southern end of the "Jungle," all they have achieved is that there are now more people on a smaller piece of territory.

JCRAJ, entirely run by volunteers, rely on support from local people, schools and businesses to continue to raise awareness and provide aid to refugees most in need in Calais. These are desperate times with appalling suffering for people fleeing hardship and war, as an island community we have proved that we are able to unite to provide hope, care and love by delivering aid direct to those most in need. If you are interested in volunteering, collecting or making a donation please visit www.jcrag.org or the Jersey Calais Refugee Aid Group Facebook page.



Golf Day raises £10,000 for Family Nursing & Home Care

The eighth annual Family Nursing & Home Care (FNHC) Golf Day took place last month at La Moye Golf Club and raised £10,000 for the charity.

Every year Family Nursing & Home Care hold a Charity Golf Day to raise funds for Community Nursing in Jersey. Twenty teams competed for the Richard Brocken Memorial Trophy, so named after the long time generous supporter Richard Brocken.

This year's winners were John Baines, Chris Smith, Phil Hunt and Mark Duffy with 92 points. Each of the team also won an overnight stay for two at the Longueville Manor Hotel.

The background is a solid orange color with a repeating pattern of stylized camera icons. The icons are arranged in a grid-like fashion, slightly offset from each other, creating a textured effect. The word "EVENTS" is centered in the middle of the image.

EVENTS



Trackers Graduation Evening HAUTLIEU SCHOOL

THURSDAY 15TH SEPTEMBER

Family, friends, employers, industry professionals and the proud team of Trackers mentors celebrated 64 apprentices graduate from the Trackers Apprentice Programme. The successful graduates came from a range of industries, including construction, care and hospitality. The event also served as an official welcome to the 101 new starters to the programme this term.

Trackers, an Education Department programme, enables people to continue their education and training whilst in paid employment. The uniqueness of the programme lies in the mentoring model that provides a tailored framework of support, whilst also funding the course fees the apprentices are studying. To find out more, search 'Trackers - The Apprentice Programme' on Facebook.



Möbius Launch THE MUSEUM BRASSERIE

WEDNESDAY 7TH SEPTEMBER

Möbius, a new accounting and advisory firm, held its first event with an informal drinks evening at the Museum Brasserie. The evening was a great success with many business leaders coming along to find out more about what Möbius has to offer.

Guests heard about how Möbius wants to set itself apart from the existing accounting and advisory firms with a fresh approach to business control. They are passionate about financial controls, business process and innovation and are looking to help reinvent businesses and achieve success.



TIDES ARE CHANGING AT THE WATERFRONT...

Radisson Blu Hotel are delighted to introduce you to our new management team, Executive Chef, Peter Brewer and Food and Drink Manager, Barry Corey.

The guys are working hard to bring you a new and improved experience; come down and join us for a relaxed evening meal, take time out with a cocktail on the Terrace or enjoy an express business lunch in the bar.

We want to make this YOUR Waterfront, so come say hi!

To make a booking, call 01534 671100 or email waterfront.jersey@radissonblu.com

VERIFINE

SKINNY JEWELLERY

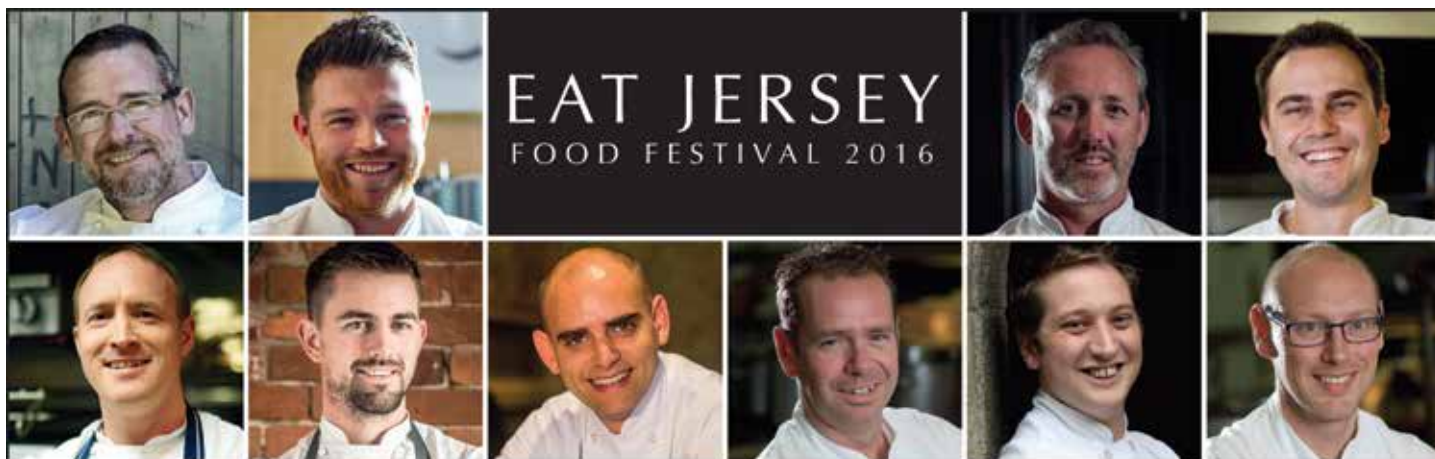


THE DUCHESS

Skinny stacking Diamond and Sapphire eternity rings, set in 18 Carat gold.

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EAT JERSEY FOOD FESTIVAL 2016

The Atlantic Hotel will host the second Eat Jersey Food Festival this November. Executive Head Chef Mark Jordan will be joined by acclaimed chefs from across the British and Channel Isles for the four day gourmet event designed to celebrate the island's finest produce.

Thursday 3 November

Ocean Restaurant
Five courses including Champagne reception and paired wines
£175 per person

Friday 4 November

Ocean Restaurant
Six courses including Champagne reception and paired wines
£250 per person

Saturday 5 November

Ocean Restaurant
Pop up restaurant in conjunction with Outlaw's at the Capital
From £40 per person

Sunday 6 November

Mark Jordan at the Beach
'Lobster and Burger' all day event
three course menu plus aperitif
£45 per person

To book tickets or for more information call 744101 or email

james.peters@theatlantichotel.com



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De Gruchy Exclusive Opening Party

DEGRUCHY DEPARTMENT STORE
WEDNESDAY 7 TH SEPTEMBER

St Helier's oldest department store celebrated its thoroughly modern new look as the results of their floor to roof tile refurbishment project was unveiled to customers. The King Street store has, as part of a £15million investment, created a wonderful bright modern shopping space. John Marquis, de Gruchy Store

Director said, "We are delighted to announce the opening of our new store. Our vision to create a luxury shopping space in the heart of St Helier has come to life."




Galleryrally pre-departure drinks THE ROYAL YACHT

FRIDAY 9TH SEPTEMBER

Prior to this years Galleryrally's departure to San Sebastian we gathered competitors to hear from this years new clue master, Phil Balderson. The Royal Yacht were kind enough to support our gathering, providing us with drinks and the fabulous space in The Drift Bar. Ralliers will spend four days and

nights making their way down to their final destination, on the way they'll have to solve clues and gather valuable points in order to be crowned 2016 winners. This years rally is raising funds for two local charities, Jersey Hospice and Silkworth Lodge.

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Standard Bank Mark of Excellence Awards

THE LIDO, HAVRE DES PAS

FRIDAY 16 SEPTEMBER

Standard Bank staged its annual Mark of Excellence Awards at The Lido, Havre des Pas, in September. The event – held under a full moon on a high tide at Jersey’s newest beachside venue – was an opportunity for the bank to reward individuals and teams for their efforts and celebrate success together.

There were individual awards for Profitability, Learning Excellence and Innovation as well as Team of the Year, Ambassador of the Year and a special peer-nominated ‘LOVE’ award for the colleague who lives the bank’s values on a daily basis.



Rekorderlig Cocktail Can Launch

TANGUYS

THURSDAY 1ST SEPTEMBER

The team at Rekorderlig were delighted to officially introduce the stunning new Rekorderlig Cocktail cans to Jersey retailers at a small event held at Tanguys last month, the feedback from everyone was fantastic. This private event was swiftly followed by selling

2,500 cans during Jersey Live to the awaiting festival goers, creating legions of new fans of this funky alcohol brand. There are three amazing flavours to choose from: Vodka with Strawberry - Lime and elderflower, Rum and Wild Berries or Gin and Passionfruit.

The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL

WHAT'S UP T

WORDS Geoff Spencer-Tucker

I recently saw an article on the Telegraph Ski and Snowboard website entitled “why the 2016/17 ski season could be the best yet” which tells us about lift and Infrastructure improvements to reduce queues and waiting times in various well-known resorts in France, Austria and Switzerland. Later, in conversation with Ben, Gallery’s Editor, he confirmed that the infrastructure, number of up-to-date lifts and services was certainly a key factor in his choice of winter sport destination.

So, for us Jersey skiers and snowboarders it’s all very well to read about fantastic improvements in the various resorts, but it’s also worth taking into consideration how we get there in the first place? Once again it’s “all change “ for our air links to Europe for the coming winter so let’s have a look at that first.

The old favourite Flybe direct flight from Jersey to Geneva on Saturdays is still in place with an outward flight time of 1 hour 35 minutes, and the return takes 1 hour 45 minutes, which gives us a total flight time of 3 hours 20 minutes. Obviously transfer times from airport to resort are also important, a short flight with a long and tedious transfer may be less appealing than a longer flight or flights with a quick transfer after landing.

N.B. Now that Blue Islands are a Flybe franchise partner they no longer fly to Geneva or Chambéry, so the Saturday Flybe flight to Geneva is the only DIRECT option.

Regarding infrastructure improvements in Switzerland, in Villars there are now much quicker links between Villars and Les Diablerets, the old four person gondola in

Saas-Fee is being replaced by a smart new 10 person one, halving the journey time, in Zermatt there is a fast six person chairlift to replace a rickety 45 year old four person gondola, and in Verbier the slow la Chaux quad chairlift is being replaced by a fast six seater, cutting the journey time from almost 10 minutes down to four minutes.

In France, Val D’Isere has replaced the quad chairlift and 48 person cable car from the village level to the Solaize sector with a 10

person gondola, with free WiFi and heated seats, which can carry 3,600 people per hour. La Plagne’s Plagne Montalbert village now has a smart new 10 person gondola to replace two successive old chairlifts.

For the southern French Alps you can now fly with Flybe to Chambéry (via Southampton) on one booking. This has a total flight time of 8 ½ hours, which may still be a better option for transfers to Courchevel and the Trois Vallées and for Les Deux Alpes and Alpe D’Huez. In Alpe D’Huez two chairlifts and four drag lifts make way for a mix of eight person chairs and 10 person gondolas as the new main lift up to the Signal section.

BA flights will require a wait and an ongoing flight from Gatwick or even a transfer to Heathrow, but they can still be economical on total flight time. Last winter Turin had the shortest total flight time at 8 hours 40 minutes but that has now jumped to 15 ½ hours with long waits in Gatwick both ways.



HIS WINTER?

Salzburg however can now be reached from Jersey in 4 hours 40 minutes, (the return is 4 hours 35 minutes, so a total flight time of 9 ½ hours) and with a transfer time of just over an hour to Zell Am See-Kaprun, it's quite an attractive option. We will be going to Kaprun from the 3rd -10th December for our pre-season ski skills course on the Kitzsteinhorn glacier, in association with Skivolution, who offer these courses every November and December. I view these courses as an invaluable "tune-up" before the main winter ski season, when we go to the Pyrenees by ferry and sleeper coach for weekend ski trips direct from Jersey! In Zell Am See there is a new 10 person gondola with free WiFi and heated seats which will open up the back country of the Schmittenhöhe mountain, which has a new 3.3 km red run.

Surprisingly Venice comes next in our "league table" with a total flight time of 9 hours 50 minutes and there are a number of ski resorts within a two hour transfer time of Venice Marco Polo airport including Cortina. Then we have Innsbruck with 14 hours 15 minutes and a transfer from Heathrow to Gatwick on the return! This is a real shame for Jersey skiers as the city is ringed with ski resorts only 20 minutes from the airport. Only three years ago we could leave Jersey on the "redeye" and be on the slopes by 1 pm local time, c' est la vie!

There have also been marked improvements in the Pyrenees, which are not easily accessible by air from Jersey, but are closer

"So, for us Jersey skiers and snowboarders it's all very well to read about fantastic improvements in the various resorts, but it's also worth taking into consideration how we get there in the first place?"

to us than the Alps if travelling by ferry and car, just eight hours driving. Peyragudes was the location for the opening sequence of the James Bond film 'Tomorrow Never Dies' in 1997, and there is now a new 2.8km piste which finishes near the forest, at the height of the altiport, the piste is called... 007. Piau Engaly, one of the highest resorts of the French Pyrenees at 1850 metres, now has a newly refurbished hotel at the foot of the 65 kms of pistes. Cauterets is an old favourite destination of ours since we started offering weekend ski trips from Jersey in 2002, and this season sees the third phase of upgrades to the base station and beginners area, €1.6M investment this autumn, which will provide a new "magic carpet" 135 metres long with a capacity of 2,000 people per hour. We will be going to Cauterets for the weekend of 13-16 January 2017; I hope you can join us?

All the times quoted for the flights mentioned in this article, which are offered by Flybe and BA, were correct at the time of writing.



Geoff is a regular contributor of ski related articles and his business weekendskitrips.com has been offering weekend ski trips direct from Jersey to the Pyrenees by ferry and sleeper coach since 2002 via their website www.weekendskitrips.com. They offer trips to specially selected resorts which Geoff has visited and knows well. To find out more about the possibilities of short break ski and snowboard adventures from Jersey, contact Geoff Spencer-Tucker at geoff@jerseyski.com

TRAVELLING WITH AN ENTOURAGE

WORDS Tamarin Marriott-Wilkinson

The only thing better than a holiday; is a holiday with your nearest and dearest. That said, nailing down a destination with enough culinary delights, bars, photo ops and activities to suit each and every personality in your party, is a tricky task to say the least. To save you the trouble, we've listed a few of our favourite 'group' travel options below...



Cabo San Lucas, Mexico

Looking for an easy group trip to plan? Cabo could be it! It's here your nearest and dearest are guaranteed a good time, with plenty of beach, sun and margaritas...

Stay Both Palmilla and Capella Pedregal are ideal options for an entourage of couples. These resorts boast the perfect setting for beachside dinners and drinks, whilst allowing each and everyone a little down time in their own space (a blessing after a night on the tiles). www.theresortatpedregal.com

Do Poolside people watching is a must, as is dancing until the early hours of the morning. You may even spot a celebrity or two – Cabo is a hot spot for Hollywood starlets.

Dine at Mastro's – a restaurant renowned for its steak and high-end tequila. www.mastrosrestaurants.com

Telluride, Colorado

Renowned for its rustic charm, lakeside views, serene waters and mountainside taverns, it's a great spot to visit all year round.

Stay at the Hotel Telluride – with hospitality like no other, a great location (just a few blocks from downtown) and reasonably priced rooms, what more could you ask for? www.hoteltelluride.com

Do SUP (stand up paddleboarding) – the views from the Alta Lakes, Colorado's glassy waters and the surrounding cliffs are the perfect place to get to grips with this top-rated sport.

Dine at the Black Iron Kitchen and Bar – a mountainside eatery big enough to accommodate a small army. Don't leave without trying their specialty steamed king salmon, tempe, quinoa and arame corn salad. Wash your dinner down with a brew at the Last Dollar Saloon. www.madelinetelluride.com





Mustique, Petit St. Vincent

It may be Mick Jagger's favourite getaway (not to mention one of the Caribbean's best-kept secrets) but that doesn't mean you can't get acquainted with this island too...

Stay in a villa fit for a king and enjoy a multitude of dishes prepared by your very own gourmet chef. Despite its five star appearance, you'll be pleasantly surprised by the price tag.

Do a little people watching at the Tuesday Cocktail Club, hosted by the island's only hotel - the Cotton House. www.cottonhouse.net

Dine in your villa - why would you venture anywhere else when you get to design the menu?

Tuscany, Italy

Travelling with foodies? Look no further than Tuscany - one of the few places where it's perfectly acceptable to devour at least two bowls of pasta per day!

Stay at the Castiglion del Bosco, just a short hop from Montalcino. Your crew and you are certain to enjoy the surrounds of this beyond-gorgeous villa, especially as the rooms are larger than your average apartment. www.castigliondelbosco.com

Do organise a trip to one of the local vineyards, where harvest dinners and tastings are a frequent occurrence and the perfect place to catch up with friends and family. www.stelladicampalto.it/en

Dine on local delicacies, including boar meat and specialty cheeses. Sip on Brunello at Tuscan Auteur, the region's 'Brunelo Babe'. www.tuscanauteur.com



CONTINUED ➤

CONTINUED ➤



Verbier

Plan the perfect mountain vacation with your ski (and snowboard) loving buddies in Verbier. It's here you'll discover superb snow, fine dining, a concierge service, spacious bedrooms and cinematic views of the spectacular Mont Blanc Massif.

Stay at Alhena – a stunning, luxury apartment that sleeps up to ten people. With champagne on arrival, an in-resort shuttle service, canapés six nights a week and extras including childcare, spa trips and restaurant reservations – you'll never want to leave! www.skiarmadilloverbier.com

Do enjoy the astounding views, be this from the apartment's private balcony or

on the slopes – the accommodation is ideally located just 100 metres from the Savoleyres lift.

Dine in the apartment's very own open-plan entertainment space on Alpine specialties including fondue Savoyarde, hearty soups, fish from the local lakes, mountain berries and wild mushrooms.



Saint-Émilion, Bordeaux

This medieval village and UNESCO world heritage site is a culinary haven, and one of France's most famous wine-producing regions. Whilst navigating the narrow streets in your hire car, be sure to take in the charming 500-year-old buildings.

Stay at Hotel Le Relais Franc Mayne. With its seven-hectare vineyard, communal farmhouse-style breakfast room and outdoor pool, it's the perfect place for a larger party of guests. www.chateau-francmayne.com

Do stop off at Port Saint Martin ile de Ré on route to Saint-Émilion – with its quaint cobbled streets, classic car club and epic sunsets – you'll feel a little like you've stepped back in time. If you're planning to stay the night, spend it in Hotel la Baronnie, an establishment that dates back to the 1400's. www.hotel-labaronnie.com

Dine at Le Tertre. For group dining with a difference, reserve the cellar – a private area surrounded by an abundance of Grand Crus. www.restaurantletertre.fr

CULTURE

XIAO GUANG QIAO • KAREN BIT VEJLE

Paper Dialogues

THE DRAGON AND OUR STORIES

AMAZING STORIES HIDDEN IN PAPER

Two paper-cutting artists with unbelievable skills – Professor Xiaoguang Qiao from China and Karen Bit Vejle from Scandinavia – embark upon the same task: to look for dragons in their cultural heritage and make them come alive in a magnificent papercut. What happens when the Chinese and the Norse dragons meet?

OPENING AT THE ASSEMBLY ROOM • TOWN HALL • 12-28 OCTOBER

paperdialogues.com • arts.je

COLLECTIVE UNTITLED

WORDS Sara Felton

When we sit down every December and decide on our themes for the coming year we try our best to make sure they're considered and interesting, so that we can shape future issues of the magazine. What we don't do is write down our rationale for choosing them. Which is why this month's theme of collective is perhaps a little more off base than normal. Whilst that may be the case it couldn't actually have been a better titled issue for Collective Untitled, it's almost as if we saw into the future and made this one just for them because they didn't even exist last year.

Jersey is a hotbed of creative talent. When you consider how small our population is, we're not much bigger than some towns in the UK, and then look around at the quality of the work that is produced here by artists, musicians, producers, filmmakers, writers, dancers, photographers, it's mind-blowing. Although, chances to creatively collaborate outside of the 'day job' can be few and far between. Which is why two such talented folk Wilson Nash and Lloyd Aygun recently formed Collective Untitled as an outlet to connect artistic mediums, help freelancers collaborate and allow performers to express themselves.

Their first project 'Untitled | Unplugged Seekers' was the brainchild of Wilson Nash after meeting artist Jason Butler at his studio during his month long exhibition, Seekers, in May this year. They already had an idea of what they wanted to do, but when Wils met Jason and saw both his studio and the body of work he was exhibiting he found the final piece in the jigsaw, a location.

In just seventeen days from that initial meeting Wils and Lloyd pooled their collective contact lists and pulled off the most incredible feat. They found six artists they wanted to work with and gave them the following brief;

They were allowed two songs per act, two takes per song, followed by a 15 min interview with each act (conducted by Jason). They worked with a variety of different acts, a mixture of solo singer songwriters and bands, from those who are recently signed to those who are working on raising their profiles. They were Dennisson, Kevin Pallot, Esther Rose Parkes, Monty Taft, Mozaics and Serkeidian

The result of the two day shoot was 3TB of footage and audio captured using a collective £30k of production equipment all by independent Jersey based freelancers. The footage and audio will become 12 individual music videos which will have a staggered release into the world, allowing each act a chance to share their work, whilst working to raise the profile of the collective. We can't wait to see the final cuts, the sneak preview we got to see of the new Mozaics single was enough to whet our appetites and leave us hotly anticipating the release of the rest of the collective.

Find them on facebook:
www.facebook.com/collectiveuntitled

Who are Collective Untitled?

Wilson Nash (Wils) has been a music producer and sound engineer for the best part of 20 years and has worked at the highest levels of the industry both in live sound and in the recording studio. Notably Wils worked with the Lloyd Yates team and his mixes were instrumental in Lloyds initial success and EMI publishing deal in 2011. Following that success he went on to produce a discography of records and music videos for both local and international artists.

Lloyd Aygun (Aygie) began making films and music videos in college and as a tech head went on to become an Apple expert and specialise in both Apple hardware and state of the art video production equipment. He was involved in the initial Lloyd Yates music videos, having known Lloyd from school. His work has been viewed thousands of times across online platforms and continues to feature up and coming local artists and he also works commercially at the highest standard.

Camera operators, post production sound and Collective Untitled members for Untitled Unplugged | Seekers:

Andrew Whitehouse: A twenty-something creative born and bred here in Jersey. Eager to explore more art forms and expressive processes, Drew moved to the UK to study Foundation Art & Media and Media Practice at the University West of England, Bristol. Since returning to the island, Drew has continued to work on various media productions alongside full-time employment.

Frankie Stammers: Frankie of Frankie Stammers Productions spends her time between Jersey and Iceland creating short films, music videos, weddings and commercial work focusing on cinematography and creating the perfect atmosphere for every occasion.

Sam Falle:

Sam has been a foundation in the local Jersey music scene for years; Working independently crafting records, soundtracks, music videos and live sound he has become one of the island's best known producers. Spending his time between Jersey and a new life in Nashville Tennessee, where he is carving out the next music production chapter in his career. Sam is currently working with the Mozaics and Frankie Davies on their latest releases.

“The footage and audio will become 12 individual music videos which will have a staggered release into the world, allowing each act a chance to share their work, whilst working to raise the profile of the collective”



Culture News



When Art Meets Archaeology

Last month saw the unveiling of a multi-regional exhibition of work that has been developed over the past year in France and Jersey.

The new work was produced by Jersey artists Matt Falle and Karen Le Roy Harris, and French artists Amélie Delaunay and Fleur Helluin, was exhibited as a response to 'Art'Chaeology' - a creative archaeological residency project that explored links between artistic and archaeological research.

'Art'Chaeology' was a unique exploratory project that saw two artists from each region spend time developing work in both jurisdictions. In July 2015, the four artists spent five days as part of an active team on an archaeological site in Vieux La Romaine in Caen, where they interacted with archaeologists, were shown key findings and artefacts, and had access to sources of information in archives and libraries. Later that month, the artists completed their Jersey residency under the guidance of Jersey Heritage's Curator of Archaeology, Olga Finch, as well as Dr Matt Pope and his team. The artists were given access to many of Jersey's significant archaeological sites including Les Varines, La Hougue Bie, La Cotte and Neolithic dolmens.

The concept of the project was to explore and celebrate archaeology by introducing contemporary artists to archaeological sites, leading to a travelling exhibition of work in each territory. As well as the research element of the project, it also offered an opportunity for the artists to explore each other's home and get to know one another and their respective practice.

Since last summer, the four artists have been producing pieces of work (at home) in response to the sites and the discoveries they made. An exciting mix of mediums was presented at the 'Art'Chaeology' exhibition, which includes installation, print, ceramic work, painting, sketching and sculpture. The exhibition will also travel to France in the near future.



Sir Chris Bonington - Life & Times

Having spent a lifetime climbing to the top of the world, Sir Chris Bonington is Britain's best known mountaineer, and one of the most successful expedition leaders in history, who coming to the Jersey Opera House with his 'audience with...' style lecture show, Life & Times.

Sir Chris began climbing at the age of 16 and has undertaken 19 Himalayan expeditions, including four to Everest. He is renowned for having made many first ascents in the Alps and all the greater mountain ranges of the world; such achievements do not come easily and several expeditions Sir Chris participated in have been fraught with casualties, tragedy and even fatalities

After leaving a potentially fulfilling career with Unilever as a young man, Sir Chris was the first mountaineer to forge a career on the lecture circuit. 'Life & Times' covered his sixty years spent in the mountains and includes original images and raw footage. This is a rare opportunity to hear about some of the greatest expeditions of the 20th century from one of the greatest mountaineers in history.

He has led or joined expeditions with most of the highly notable British mountaineers, including Doug Scott, Joe Tasker, Peter Boardman and Dick Renshaw. In 1976 Sir Chris was included in the honours list for a CBE (for the previous year's successful ascent of Everest) and later, in 1996, with a Knighthood

Life & Times at Jersey Opera House on Friday, 28 October - to book tickets, contact the Box Office on 01534 511115, visit www.jerseyoperahouse.co.uk or for further details, visit: www.speakersfromtheedge.com



Jersey Landscapes - Chris Jefferies

This is the first solo exhibition of Landscape paintings of Jersey by local artist Chris Jefferies. All of Chris's paintings are painted completely outside on location using oil paint on canvas or board.

His exhibition explores the well known and the less well known parts of Jersey. He describes his work as a visual response to the environment in front of him when he is painting outside on location. All of his works are completed entirely at the location where the view is observed.

All works are for sale and can be posted internationally by courier services.

Open all day, daily at Fort Regent Art Gallery Jersey.
Exhibition ends Friday 7 October 2016.



A Night at the Opera

Now that the seasons are changing, the nights are drawing in and autumn is nearly upon us, the National Trust for Jersey have some wonderful events and activities planned throughout the month of October. Including a fantastic programme of operatic duets and arias, performed around the grand piano in the magnificent Club Room at 16 New Street Thursday 13 October from 7pm - 8.30pm. £10 to include a glass of wine on arrival.

Call 483193 - booking essential. Check out their website for more information on other events they're hosting www.nationaltrust.je

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Ian Hutton



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Joanna Malyszko



quote of the month from Bean Around the World
See more quotes at www.facebook.com/BATWjersey



Jason Masterman



Baily Hill



Anthea Gallichan



Ian Hutton

Exhibitions

WORLD-CLASS EXHIBITION TRAVELS TO JERSEY FOR BRITISH DEBUT



From Thursday 12 October – Saturday 30 October, internationally celebrated psaligraphy (paper cut) artists - Professor Xiaoguang Qiao from China and Norwegian artist Karen Bit Vejle - will be visiting Jersey with their exquisite exhibition of paper cut art. 'Paper Dialogues – The Dragon and Our Stories' comprises a nine-meter long Chinese, paper-cut dragon and seven large, intricate paper-cut dragon eggs.

'Paper Dialogues' is an artistic collaboration that tells the story of Xiaoguang Qiao and Karen Bit Vejle's quest in search of dragons – mythical creatures that connect China and Norway, which have played a significant role in both cultures.

Karen's paper-cuttings are rooted in a tradition beginning in China. But she brings another important influence to her work from her native Denmark, home of the legendary writer and renowned paper-cutter, Hans Christian Andersen, whose work is a source of great inspiration to her. The unexpected twists and turns in Andersen's paper-cuts, the hidden innuendos, are also there for us to find in

her own work. She is highly respected in Europe, the only paper-cutter to have been allowed to work with Andersen's precious scissors since his death.

Presented by the Jersey Arts Trust, the exhibition will be housed in a purpose built temporary gallery space within the Assembly Rooms of the St. Helier Town Hall, where the paper-cuts will be encased in glass with lights shining through them, highlighting the intricate details of the psaligraphy whilst casting beautiful shadows on the walls and floors. On display for the first time in Great Britain, the exhibition has already been exhibited to great critical acclaim in Beijing, Shanghai, Oslo and Trondheim.

During their time in Jersey, the artists will be running a combined Masterclass to teach six local artists how to paper-cut. With their new skills they will create their own pieces of paper-cut work and will be responsible for igniting a huge community outreach programme with local school children and the general public as part of the Skipton Arts Series with support from the One Foundation. All of the work created (by artists, students and the community) will be exhibited in a celebratory showcase in 2017 titled 'Paper Talks'.

To find out more about how you can get involved in making your own paper cut, visit the Jersey Arts Trust website: www.arts.je

The image features a repeating pattern of purple lipsticks on a light blue background. The lipsticks are oriented diagonally and vary in shade from deep purple to a lighter, dusty purple. Overlaid on this pattern is the text 'BEAUTY & WELLBEING' in a white, bold, sans-serif font. The text is centered horizontally and vertically, with the words 'BEAUTY' and 'WELLBEING' on separate lines and '&' in between. The background also contains faint, large, light blue text that reads 'BEAUTY' and 'WELLBEING' in a sans-serif font, positioned behind the main white text.

BEAUTY & WELLBEING

Beauty News

Gallery's Special...

ASK THE EXPERT!

During the fabulous Voisins Beauty Uncovered Event which ran last month we were lucky enough to meet up with two of the industry's leading beauty gurus; Lorna Hura, Make Up & Events Training Manager for Sisley and James McGuigan, Education in Artistry Executive for Bobbi Brown.

The one question we wanted to know the answer to from these beauty legends was **"What is the hottest product right now?"**



LORNA: It has to be the amazing new Double Tenseur. This is a real wonder product, giving immediate and long term lifting and smoothing. I've been using it on clients as a fantastic base before applying foundation for a very flawless look. Lots of people are loving it as a firming treatment in the evening and I like to use it as a instant beauty boost throughout the day - tapping it on for an instant pick me up.

Sisley Double Tenseur

£98.00



JAMES:

One of the most sort after products back stage at the New York and London Fashion Weeks has been our Retouching Face Pencils. Used to cover, enhance and blur lines - they are incredibly multi functional; darker tones are being used as bronzers, whilst the lightest shade is fab for the corners of the eyes. They bring depth and dimension to the face for a far more dynamic look. My clients are saying wow and buying several shades!

Bobbi Brown Re Touching Pencils

£23.00



Both products featured are available from the Voisins Beauty Hall.

Skincare with Compassion

Skincare with Compassion is a fresh, natural, cruelty-free skincare range which contains only the highest quality of natural ingredients. All of the products in the range are free from chemicals, synthetics, SLS, parabens and cheap bulk fillers which are often found in other products claiming to have natural origins.

Jersey resident Emma Froch created the Skincare with Compassion range out of her love and concern for animals used for animal testing. This, coupled with her investigations into skincare products on the market today and the ingredients often disguised in them, set her on her journey to develop this fabulous new skincare range.

With absolutely nothing to hide there is a full list of ingredients in the range, and a useful description explaining what each ingredient is used for, available on the Skincare with Compassion website, so you can see for yourself exactly what you'll be putting on your skin and how it'll help you. All of the glycerine within the products is derived from plants. The 'Palm' ingredients are ethically and sustainably sourced. The silk peptide protein, usually a bi-product from silkworms, is derived from soya plants and the fragrance oils which give the products their lovely aromas are plant-based and have been carefully formulated.

Of course the range is very much about being the very best it can be in every respect. With lovely simple packaging and aromas derived from the natural ingredients you'll not only be preventing cruelty to animals, but you'll also be treating yourself to a fabulous range of skincare products. You can choose from, face wash and cleansers, face scrubs, moisturisers and serums, lip butters and hand creams too. This is just the beginning of the range, Emma has plans to release many more so keep your eyes on her website to find out more.

www.skincarewithcompassion.com



Being good to me

WORDS Christopher Journeaux, Therapy Jersey




Sometimes we learn the most about how to treat ourselves well from the example of others.

I was reminded of this thinking about the time I spent working for the Jersey Heritage Trust. In the late nineties the hotel closures in Jersey were accelerating fast as the number of visitors fell sharply. Competition was fierce and that meant we had to work harder to persuade a greater proportion of visitors to choose our museums and castles over other attractions. That meant price promotions.

A key element to this was the humble discount voucher. We scattered these vouchers liberally through the wide network of couriers. The British visitors loved them; we know vouchers, how they work and what benefits they bring. One courier, however returned almost all the vouchers she had received. Intrigued I met with her and learnt that her clients were all German. Her explanation was that her German clients viewed their holiday not as a benefit bestowed on them by their employer but a right. They deserved the best they could afford, not the cheapest. I liked that concept, that a holiday wasn't something that requires gratitude but rather is a part of taking care of ourselves. A voucher would cheapen that.

As many of us seek the right work-life balance the simple concept of being good to me stands out as something positive, something that supports mental and physical health. Not the cheapest option in money and importance but placing being good to me at the top of my priorities.

When we stop caring for ourselves we can lose sight not only of our right to experience life in all its richness but, often disconnect from the people we love. Self-care is valuable and we are worth every penny and every moment.




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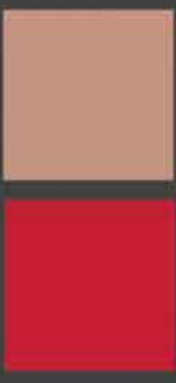
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Just a Bruise:

Olympic athletes such as Michael Phelps say cupping therapy helps them win medals

WORDS Lorna Jackson, *Health Point Clinic*

Several Olympic athletes this summer were spotted (literally) with round purple or red marks on their bodies. These are telltale signs of cupping therapy, a useful recovery regimen for athletes such as swimmers to the USA track and field team. Cupping is an effective therapy and regularly used at the Health Point Clinic as either a sole treatment or alongside acupuncture and massage techniques to aid soft tissue release and joint mobility.

How does it work?

Cupping involves negative pressure and suction, rather than the tissue compression you have during a massage. It creates a vacuum and lifts the skin up in that space and therefore creates a lift and release of the soft tissue. Utilising advanced bodywork techniques such as myofascial release, lymphatic drainage, acupressure and acupuncture cupping can instantly release soft tissue; drain excess fluids and toxins, loosen adhesions, lift connective tissue and bring blood flow to stagnant skin and muscles. Using solely the compression of manual massage, these kinds of results are simply not possible.

Does it hurt?

Not at all! The strong vacuum will mimic the rolling action of a deep tissue massage without any discomfort. It is a very relaxing treatment.

Why does it bruise?

Depending on how long you leave the cup on a particular area, you get an infusion of fluid in that region. This is why you may have seen marks on some of the Olympic athletes, as there is an increase in blood flow or qi to the area. Athletes physically demand a lot from their body and so someone with a greater level of soft tissue

trauma or a particular injury will have deeper discoloration around that area.

Bruising can be controlled

The strength of the vacuum in the cups can be controlled from light to a much deeper pressure. This helps to limit any discoloration. It is thought to affect tissues up to four inches deep from the external skin. If you are worried about getting any bruising your practitioner will be able to adjust your treatment so that there is minimal to no bruising at all. However the greater the tissue trauma or blockage in the area the more likely there will be some form of discoloration. Bruising tends to occur only on the site of injury for example the shoulder joint in a rotator cuff injury rather than all over the shoulder. This bruising is known as qi stagnation, the goal with cupping is to unblock this stagnation i.e. loosen the soft tissue.

Different techniques

Static cupping – A cup is placed over a joint or trigger point and left to slowly release and promote blood flow to the area

Flash cupping – this is where a few cups are placed one after the other in a sequence over an area and removed quickly. This process is repeated a few times over

areas such as the back, chest, legs. It is most commonly used for soft tissue release as well as coughs and colds. This feels like a light tugging sensation in the area.

Sliding cupping – Massage oil is placed over the affected area and once a vacuum is created the cup is slid over the area or channel. This technique is useful as it covers a large area such as the back or legs and feels like a deep tissue massage.

What can it help?

Sports injuries – many professional athletes incorporate massage cupping into their training to enhance their overall performance, agility and ability to recover from their sport.

Pain relief and stress reduction – it feels like a relaxing deep tissue massage, need I say more.

Cellulite – blood circulation is stimulated and fluid buildup is reduced.

Coughs colds and asthma – cupping is regularly used for congestion. In fact, respiratory conditions are one of the most common maladies that cupping is used to relieve.

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Wedding Special

ILLUSTRATION Rosie Evans

The next eight pages are full of inspiration and tips to achieve wonderful wedded bliss in Jersey. From where to head to get your wedding sorted in one fell swoop (The big wedding fayre at the Royal Jersey Showground on 23rd of this month) to incredibly talented photographers, videographers, stunning dresses, pretty flowers and we also take a look at La Mare Vineyards, one of the most popular locations for a wedding on the island as well as some beautiful local weddings from this summer.

Enjoy! - and good luck with your planning!



Marquee Solutions Wedding Fayre

Sunday 23 October - 10.30am till 15.30pm - Royal Jersey Showground - FREE ENTRY

It's that time of year again, and if you are planning your wedding there is nowhere else you should be on Sunday 23 October. Marquee solutions will be hosting their bi-annual wedding fayre at the Royal Jersey Showground and it is not to be missed!

With so many weddings being held in Jersey each year, it creates a unique opportunity for brides and grooms to meet over 90 local exhibitors who will be showcasing their skills and services to help create your perfect day.

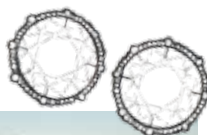
On arrival you are greeted by an array of wedding cars and coach services to suit your bespoke theme and styling. Once entering the foyer you are greeted by an enthusiastic Toastmaster and various live musical performers throughout the day then proceeding into either the ante room or main hall you can find a multitude of suppliers including ceremony and reception venues, florists, photographers, videographers, jewellers for engagement rings or wedding bands, wedding day attire for the ladies and the gents, balloons artists, yummy cake bakers, stationers, wedding planners and stylists, caterers, make up and hair stylists, travel agents for your honeymoon needs, wedding bands and performers and marquees of course! It gives you the chance to stop and speak to all these incredibly talented suppliers face to face about their products and services in one place, you never know, by then end of the day you could have your dream wedding wrapped up in a beautiful white bow.

Will You Marry Me? Jersey Style...

Rivoli Jewellers has joined forces with the Jersey Sandman, Andy Coutanche. Andy is famous around the world for his beautiful sand art. From October 2016, couples purchasing an engagement ring from Rivoli Jewellers will receive a voucher for their very own sand art by Andy Coutanche.

Whether it is a surprise proposal, wedding day congratulations or a secret message, Andy will be able to beautifully design it on one of Jersey's many beaches.

For further details, visit Rivoli Jewellers, 41/43 King Street. Terms and conditions apply.



Wedding Dress Trend Spot

The cut out

Whether it's at the front, back, sleeves or waist, showing a demure, yet sexy, level of flesh is all the rage for 2017.



Riki Dalal sweet heart cut out dress.



Berta wow factor bare back.



Berta stunning cut out lace front.



Zuhair Murad cut out lace and pretty back details for the boho bride.



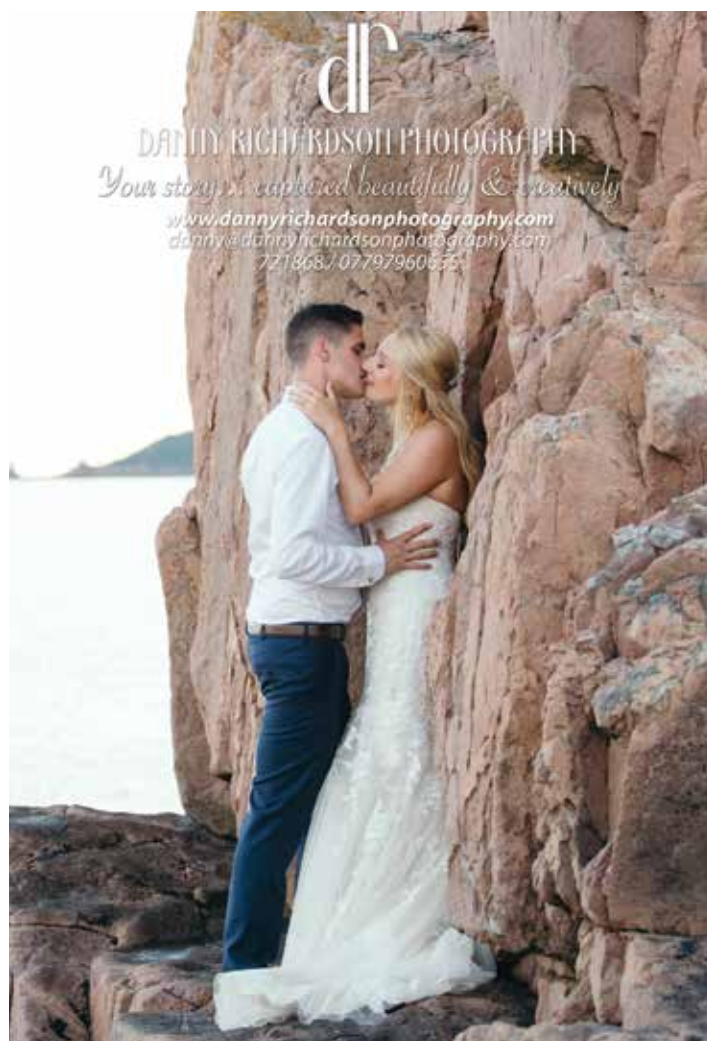
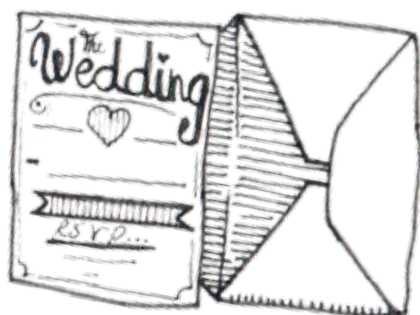
Capture your day in all its glory!

Mark Errington is a Jersey based video producer who runs his own studio. He has a background that includes working for the BBC, and very recently at the Olympic Games in Rio for the official broadcaster. His experiences working for such high calibre organisations has fuelled his passion for producing truly professional, beautiful and ever lasting stories captured on film.

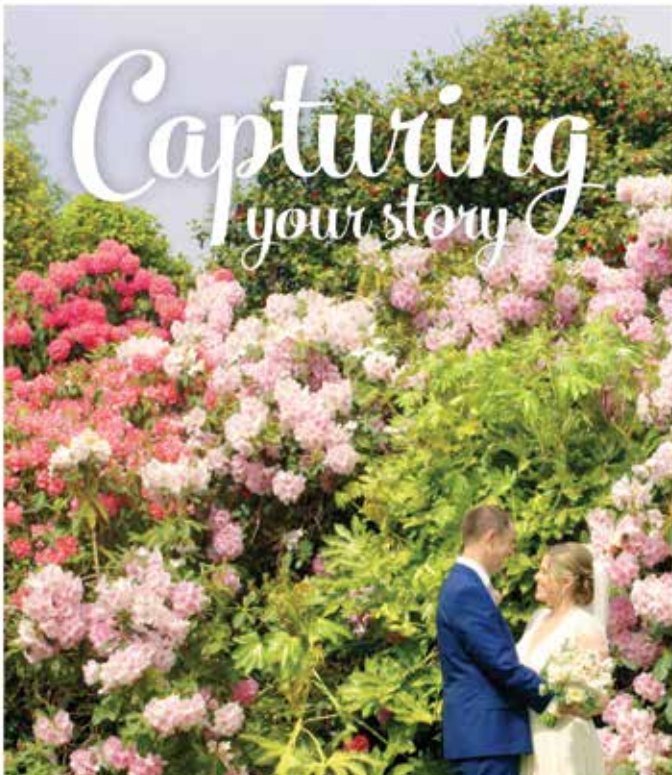


Katie & Scott Maguire 9th July 2016

"It was a great privilege to be asked to film Katie and Scott's recent wedding. It was a beautiful day, filled with warmth and excitement. Their families and guests made me feel truly welcome, but as with all the weddings I film I like to keep a subtle and discrete presence throughout the day. My goal was to capture the excitement and joy between Katie and Scott and their loved ones as they enjoy one of the most important days of their lives. It's these special moments, captured by me with the latest in video technology including 4K, Ultra HD, that told their unique wedding story."



Capturing your story



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Recent Weddings

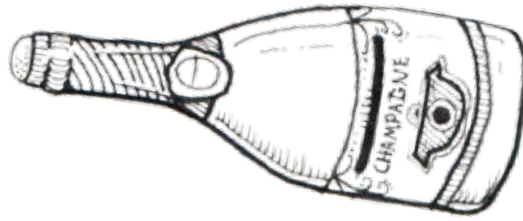
with the oh-so-talented *Andy Le Gresley*



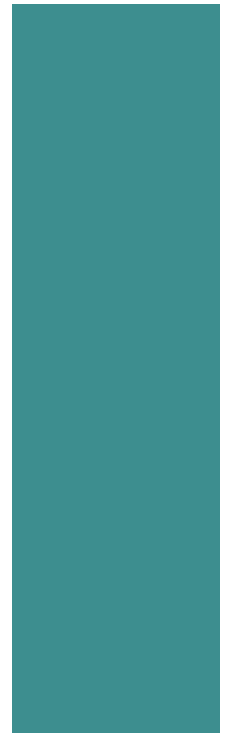
"A wedding is such a special and personal event for a couple and my aim, as a photographer, is to capture all of the memorable moments; emotion and atmosphere of the day through my images. I will approach this discreetly, photographing the day as it happens, without intervening or directing. I will also take some portraits of you, but they will be shot in an uncontrived, creative way, in-keeping with my overall style. The final set of images I produce for you should tell the story of your day and should make you laugh and cry, as all of the memories come flooding back." - Andy Le Gresley



On this page: Laura and Mathew Sutherland, Victoria College.



On this page: Tara and Jonathan Lee, Mont Orgueil Castle.



For more information visit www.andylegresley.com



PHOTO: Paul Marshall

The Perfect Place

La Mare Wine Estate is one of Jersey's most popular wedding venues, made so by a combination of uniqueness and excellent customer service. To name just a few of the estate's most attractive features, one would have to mention the green lawns bordered by carefully planted flowers and shrubs; the lush green vines that are perfect for beautiful wedding photography and of course the very distinctive Winery room featuring the distillery backdrop. No other wedding venue on the island offers this combination of unique features and beautiful backdrops with the peace of mind offered by highly skilled staff with years of experience.

The personal thought and attention that goes into the wedding planning process always brings the venue to life in a marvellous way and there is no better feeling for the La Mare team than seeing the estate being used and enjoyed by the happy couple and their guests.

One such lovely couple, Adam and Jess, recently enjoyed their wedding at La Mare, "Jess and I are so glad we chose La Mare for our wedding reception. The gardens and vineyard provided a beautiful backdrop for our welcome drinks and photos. The chef made the most delicious food for our guests, many of whom have told us it was without

question the most delicious wedding food they've ever had (I would have to agree). Most importantly though, the team at La Mare are exceptionally helpful and professional. We had some special requests regarding the food service and the technical set up and nothing was too much trouble. Everything ran smoothly thanks to our dedicated wedding co-ordinator and all in all, was a fabulous day."

La Mare Managing Director, Tim Crowley, says, "We would like to say a huge thank you to our bridal couples in 2016. We have really enjoyed planning with you and seeing your vision come to life for you and your

friends and families. It's a lovely feeling when a couple leaves the estate on their wedding night to start their married life, having had the day of their dreams."

With another busy year ahead, the La Mare team are always looking for ways to enhance their wedding offering. 2017 will see the inclusion of a comfort area for pre ceremony wedding guests to relax as well as some new additions to the already delicious wedding menu.



For more information, couples are invited to visit the La Mare stand at the Wedding Fayre on the 23 October 2016 at the RJHS in Trinity. Or give them a call on 01534 481178, email info@lamarewineestate.com to arrange a wedding show around, giving you the opportunity to picture your day in their lovely surroundings.



Weddings
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Matt Porteous Wedding, M



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www.lamarewineestate.com/weddings

Meet the photographer: Danny Richardson



Danny takes us through the recent wedding of Rachel & Matthew Godel, 16 July 2016 at Elizabeth Castle.

"What a perfect day... sunshine, blue skies, a beautiful bride, handsome groom and an absolutely stunning location all combined to help create this series of images for Rachel and Matthew.

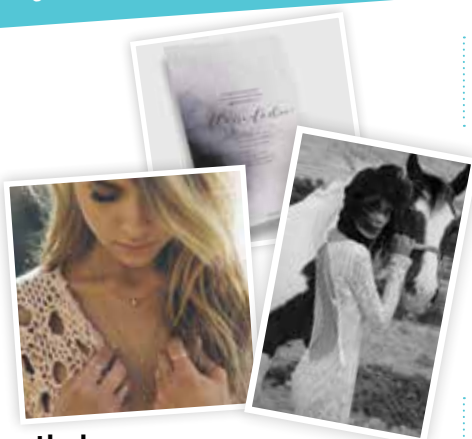
Elizabeth Castle provided an incredible backdrop throughout the day, adding fantastic character to Rachel's morning preparations and the quaint, intimate ceremony that followed.

A combination of the epic architecture and raw natural beauty of the coastline (along with a healthy dose of bravery from the happy couple) also helped us push the limits of what was possible and produce a series of images that I know Rachel and Matthew will treasure forever."

www.dannyrichardsonphotography.com



Where to head for great wedding inspiration



thelane.com

This Aussie based site is filled to the brim with seriously cool brands and has the most wonderful photos for you to ogle over. It's a one stop site for finding out what is at the height of wedding fashion and you'll see all the latest trends - head here to get ideas that your friends won't have already seen!

Picture captions: Samantha Willis jewellery | Bliss & Bone stationary | Unusual dress features



rockmywedding.co.uk

This is a great place to see other weddings and gain great ideas for yours, it's also useful to see how you'd like your wedding photos to look. Plus they have sweet little tutorials for all those personal touches which will make your wedding unique.

Picture Captions: How to make a flower crown | Real wedding shoots | Bridesmaid dresses by Two Birds



theknot.com

Full of practical advice about wedding etiquette and need to know essentials this site is a great source of knowledge. We love their cake and hair section which are jam packed with stunning pictures to inspire you. Also they've got some fab ideas on table settings that you should check out!

Picture Captions: Unusual table setting ideas | Hair inspiration | Tasty cake ideas



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All about the eyes!

It's your wedding day so it's a brilliant excuse to splash out on a few products to help with the beautifying! Whether you're going all out show-stopping or just keeping it simple, your wedding make up should be all about enhancing your pretty eyes which your partner will be loving gazing into all day!



Guerlain

5 Colour Palette

Available from Voisins

Hello beautiful thing. Five perfectly graduated shades to enhance your eyes at a stroke. From extremely natural to an intense smoky eye - applied separately or layered, the shades match to perfection!



Bobbi Brown

Long-Wear Gel Eyeliner

Available from Voisins

We've been searching our whole lives for this product. A true original. This award-winning long-wearing eyeliner offers the precision of liquid liner with the ease of a gel-based formula. 12 hours of waterproof, sweat and humidity-resistant wear; so you can shed a tear or two!



Nars

Unrestricted Satin Eyeliner Stylo

Available from feelunique.com

If you're into your eyeliner then you may have already heard of this little gem. It has the most wonderful application tip to give you an even sleek line. Makes application a doddle.



Sisley

Curling and Fortifying Mascara

Available from Voisins

Curls, thickens and instantly coats the lashes. Its complete caring formula actually makes eyelashes appear fuller and longer in 4 weeks thanks to vitamin-rich Peptide and Arginine! Plus the brush is great for getting lower lashes! What is not to love! Make sure you start using it a few weeks before the wedding.



Shavata

Brow Tamer Gel

Available from deGruchy

This is the ultimate product to complete your look, tame unruly eyebrows with this clear brow mascara that will leave your brows picture perfect every time!



Perricone MD

No Eyeshadow, Eyeshadow

Available from perriconemd.co.uk

It's not just the name that's got everyone talking, it's the results! Acyl-Glutathione tightens and firms the eyelid for a youthful look, giving a perfect base to enhance additional colour application. Super high tech and ace results!



FASHION

Brand News



With 165 years of tailoring expertise under their belt, Moss Bros. are proud to launch their brand new service ‘Tailor Me’, rolling out across their UK stores.

Tailor Me is an exciting new personalisation service which allows customers to pick from a wide range of suit fabrics and styles, then have them tailored to their preferred fit. Customers can also add personal touches, such as monogramming and colourful linings. Each suit is made to order and ready for collection within 30 days, all for an extra £100 additional to the suit price.

Guaranteed to fit

Rooted in the history of one of Britain's best-known high-street retailers, Tailor Me combines their 165 years of experience in outfitting British gentlemen with a thoroughly contemporary approach to individual style. Guaranteed to fit the customer perfectly, Tailor Me is a unique prospect in the high street, and is set to become the flagship service of Moss Bros.

A tailor-made process

Completed entirely by fully trained in-store staff, the Tailor Me process has been simplified and streamlined to provide the highest possible level of personalisation in an in-store service. After an initial consultation with one of the helpful tailoring experts, fabric selections and fit details are noted down, along with all of the individual detailing that makes a Tailor Me suit truly unique.

Fabrics to suit every man

The range of fabrics for the Tailor Me service already includes options from the prestigious Cerruti, Zegna and Savoy Tailor's Guild collections, as well as Moss Bros' extensive collection of its own fabrics, and of course a wealth of lining options. Additionally available are a further 47 premium quality wool fabrics, hand-selected and exclusive to Tailor Me.

The devil is in the details

The breadth and variety of personalisation options means there's a practically infinite number of options, ensuring that your suit is truly unique. From lapel shapes to monogramming, stitching style to pocket finish, the final details on your jacket are up to you, and the 5 different tailored alterations ensure that it fits you like a glove.

Once all the details and options have been confirmed, the suit is delivered just 30 days later, for an additional cost of £100 over the base price of a suit.



“Guaranteed to fit the customer perfectly, Tailor Me is a unique prospect in the high street, and is set to become the flagship service of Moss Bros.”

For more information, pop into their Liberty Wharf store and ask a Suit Expert.



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Trend News

Swarovski news

Swarovski Jersey will be closing for a stunning refit this month and re-opening on Saturday 22 October. Online shopping is still available during the refit via www.rivolijewellers.co.uk/swarovski and next day local delivery and gift wrapping is free of charge. Orders can also be taken over the phone, 01534 722904.

Watch out for a great new Swarovski store launch on Saturday 5 November!



The perfect gift

Girls love pearls! From young to old, the timeless look of pearls appeals to all. Some prefer the more elegant simple ones, whilst others opt for the bigger the better approach! So if you need to get a present for a friend, mum, wife or grandma then head to the wonderful Pearl Poetry shop in Liberty Wharf where you can buy a £50 voucher for just £35 during the month of October as part of their special promotion. That's your Christmas shopping all wrapped up then!



Love love Love

We've just spied the new Pamela Love Shooting Arrow silver earrings on net-a-porter, £59. Native New Yorker Pamela gets her inspiration from American folklore and astrology, creating sculptural pieces with a decidedly urban edge that add a super cool feel to any outfit. These earrings are handmade from gleaming silver and have a pretty subtle hammered finish.



Colour trend spot: Marvellous mustard!

Unique, elegant, eccentric and oh-so-cool; Mustard is hitting the runways hard this autumn. From deep military tones, to bright and beautiful, mustard will be seen in all its glory! Legendary brand Marccain have hit the nail on the head by using the colour for fabulous chunky knits and soft pretty scarfs.

The latest Marccain collection is now available at Renaissance.

New brand alert!

Reiko has achieved what all new brands dream of... by their third collection they are a sell out success! Shops all over the world can't keep up with the demand for these amazingly flattering trousers.

The brainchild of the three friends from Marseille in France, Reiko is designed with every woman in mind. With a collection of different fits and colours that combine great style and comfort, Reiko uses only the best fabrics. From their boyfriend cut to soft chinos (that the jet set are going wild for) and of course the classic, wear-everywhere, skinny jeans - this brand can do no wrong and we, like everyone else, are totally in love with them!

Reiko is now available at Manna



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- 2 - Choose your fit
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- 5 - Get your suit in 30 days



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Since it's our collective issue we gathered this gorgeous gang of women, who all play netball for Team Jets, to be our fabulous models.

MAKE UP Jo Baran from Bobbi Brown

All clothes and shoes available from the Contemporary Womenswear Collections, upstairs in Voisins

LAUREN ARTHUR (left) DRESS Michael Kors **£147** SHOES Carvela suede **£70**

SADIE RUELLAN (right) DRESS Three Floor **£239** SHOES Miss KG **£70** suede courts
All available upstairs in Voisins



LEAH GRIFFIN (left) DRESS Lauren by Ralph Lauren £132 SHOES Kurt Geiger £70

EMILY SUMNER (right) DRESS Three Floor £234 SHOES Nine West £95

All available upstairs in Voisins





•
EMMA CARRE (left) DRESS Three Floor **£318** SHOES model's own

•
REBECCA FORREST (right) DRESS Lauren by Ralph Lauren **£200** SHOES Kurt Geiger **£120**

•
All available upstairs in Voisins

•
•
•
ROSIE TONNER *(right)* DRESS Three Floor **£304** SHOES Miss KG **£70**

•
•
•
JENNA MEREDITH *(left)* DRESS Pennyblack **£152** SHOES Carvela **£70**
All available upstairs in Voisins
•



JOSIE LE MASURIER (left) DRESS Three Floor **£234** SHOES Nine West Suede courts **£95**

MICHELLE NELSON (right) DRESS Polo Ralph Lauren **£175** SHOES Miss KG **£70** suede
All available upstairs in Voisins



•
LYNSEY PITMAN (left) DRESS Marella **£315** SHOES Kurt Geiger **£120**
•

•
JACY BROWN (right) JUMPSUIT Reiss **£221** SHOES Michael Kors **£110**
•
All available upstairs in Voisins



NICOLE GODDARD (left) DRESS Lauren by Ralph Lauren **£178.50** SHOES Carvela **£70**

LISA LUCE (right) DRESS Marella **£143** SHOES Kurt Geiger **£120**

All available upstairs in Voisins



StyleStalker

WORDS

Lauren at Luella Rockerfella



Becky Hull, 30

I saw Becky walking through the crowd, she looked like she was in a band, I loved her style. I stopped her and asked what her style inspiration was she told me that she definitely had her own style but liked style icons such as Jane Birkin, Mary Kate and Ashley Olson and also Kate Moss. Becky's look was edgy grunge with a 90s twist. I was particularly intrigued by the punk accessory of a buckled belt choker. Her outfit was from Urban Outfitters and Rat and Boa.



Kiko Bun, 24

Kiko looked very cool and independent chilling out backstage. I asked Kiko how best he would describe his look, he told me it was my twist on reggae, conscious reggae. As Kiko is from Camden town I think he is inspired by the many different styles seen around there. His dungarees were Carhartt, his shoes all black leather Janoski and he'd added a pair of Nike socks. Kiko was his own style inspiration.



Izzy bee Phillips, 23

Izzy from the band Black Honey definitely stood out and her look and stage presence reminded me of Lana Del Rey and Lissie. I asked Izzy how best she would describe her style she told me retro grunge 70s grunger! I asked Izzy what subculture or genre of fashion inspired her the most she said the Andy Warhol factory scene in New York was unbelievable in the style stakes. Izzy's icon is Debbie Harry. Izzy used to work at Beyond Retro, so a lot of her clothes are from there.



Tommy Taylor, 25

Tommy is also from the band Black Honey. I asked Tommy how best would he describe his style he told me it was a mix of Marlon Brando, Jesus and Mary Chain (a post punk band), he agreed it was definitely a mix of post punk. Tommy said that his male style inspirations are the band Dandy Warhols and he loves George Harrison's look. I asked Tommy where he had sourced his clothes from he told me that Black Honey had done a show for Roberto Cavalli in Milan so was given a few pieces!



Poppy Daltrey, 18

I had noticed Poppy throughout the day, I really liked her style and the fringe haircut really complimented her face. I asked Poppy what her style inspiration was she told me she was inspired by the Indie scene, especially the 90s & 80s, the Happy Monday's and New Order's style. Poppy liked the 90s Courtney Love look. Poppy said she mainly shops in charity shops in Brighton where she is from and also rejuvenates second hand garments for a vintage fashion store in Brighton.



Annie Law, 25

I spotted Annie's mustard suede jacket and had to talk to her, it's such an on trend colour this Autumn and catches the eye! I asked Annie how she would describe her style and she told me she wears whatever makes her feel comfortable and that her favourite sub culture would have to be post mod. I also asked Annie if she could think of a style icon or someone that she thought killed it in the style stakes, she said Palma Faith. Annie nailed it with an all black outfit with a splash of colour in her jacket and lips!

APPETITE



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WORKIN' FIVE TO NINE

The Jersey cow is, of course, synonymous with the island and is an integral part of our identity. Renowned for its beauty, ease of management and natural ability to produce rich creamy milk, the Jersey is a product of our island, soil, climate, people and history.

Another distinct feature of the Jersey is the purity of the breed and the ability to trace the ancestry of every true Jersey in the Island. This is because a Herd Book – a family tree of every cow in the Island – was established in 1866 by the Royal Jersey Agricultural and Horticultural Society. The first animal registered in the Herd Book was a bull named 'Dandy', owned by Mr James Godfray of St Martin, and the first cow registered was named 'Daisy', belonging to Mr P Paisnel of St Clement.

As well as holding pedigree details, the book also records an animal's production and structure, which is important for assessing breeding value so that farmers can improve their stock, and therefore, the general condition of the cattle population.

Today, the vast majority of dairy farmers are Members of Genuine Jersey so the Association recently gathered the collective of farmers together to celebrate the 150th anniversary of the famous and important Herd Book. This photo not only captures the industry today but also its long history and the importance of the cow as a symbol of what makes Jersey special.







*Eat it.
Don't Tweet It.*

WORDS Ria Wolstenholme

The 19th century author Margaret Wolfe Hungerford once said that “beauty is in the eye of the beholder”, meaning what one person finds admirable may not appeal to another.

This I feel applies to every picture posted of someone’s Sunday roast. In a world where everything and anything is digitally documented through social media, I feel it has become very apparent that a picture of your Sunday roast should not, ever, be allowed to be posted. What you think looks like the best thing you’ll ever put in your mouth, about 90 percent of people who view it will look at it and shudder as they scroll past it on their Instagram feed.

It’s just not a photogenic meal, and we all need to accept that.

The humble Sunday lunch, or Sunday roast depending what it’s known as in your household, has been a staple in traditional British cuisine since the early 15th century, during the reign of King Henry the VII, where the roast beef his royal guard would eat every Sunday after church gave them the nickname ‘beefeaters.’ In the 19th century, households would put their Sunday roast joint of meat on to cook before going to church, so by the time they returned it was cooked and ready to serve the family.

Nowadays, like any tradition, the Sunday roast has been adapted in every family. Some have roast potatoes, some have boiled, other skip them entirely and only have roast parsnips and are not to be trusted. I mean, why would you choose to abandon the roast potato for the parsnip? It’s wrong, it’s unnatural and it’s not something I condone. The one exception is when they’re roasted in honey, where they become some kind of hybrid between a vegetable and hard boiled sweet, making you wonder why you don’t roast everything in honey. I digress.

In my house, the weekly scheduled Sunday lunch wasn’t a thing. If the weather was grim, or we were particularly craving one, very occasionally a full roast dinner would be whipped up. I’m talking a whole roast chicken, all the trimmings, two types of potato, gravy that wasn’t Bisto and every vegetable covered in butter. I never felt like I was missing out on a weekly roast until my friends would rush home from the park early to make sure they were sat at the table for 1 o’clock on the dot.

It seems that this British tradition isn’t dying out anytime soon, but more so taking a new turn. The family Sunday roast isn’t limited to the dining room table anymore, with people venturing further afield for their stomach cramp inducing feed.

The pub Sunday lunch menu is a firm favourite in the UK and here in Jersey, usually being cheaper than the A La Carte menu and a lot more satisfying. A particular venue for a monstrous Sunday roast

in the UK is The Toby Carvery, where you queue in a school like fashion to be served your mammoth portion, offers a king plate. It’s the size of two dinner plates, so essentially you get two meals at once. It’s like something the NHS would use as an advertisement on how people get heart disease.

I know my parents grew up only ever eating as a family around the dining room table. Streets would be deserted every Sunday, and they’d always make sure they were home for their Sunday roast. Their meals didn’t involve over processed food that you bung in the microwave or collect from the local chippy, it was always home

cooked food. The Sunday lunch was a meal that potentially lasts for days on end, with leftovers re used in other meals throughout the week like cold cuts for sandwiches, and potatoes and vegetables used for bubble and squeak. It’s no wonder that my grandmothers would put a roast on, because it could always be stretched further and save them money and time in the week.

Although I love to eat out, and pretend I can afford it, there is nothing I love more than sitting down at the table with the family and sharing a meal together. It allows us to all catch up about the past week and have discussions about things we care about, upcoming plans, and even reflect on the good old days. The afternoon long naps and family movies that come post lunch are

the best part, as well as going back to the kitchen throughout the evening to pick at the leftovers.

Family time should be quality time, spent together and away from phone and laptop screens. Food brings people together, and every family has their favourite dish or day to eat together. Creating your own traditions is what being a family is all about, and the Sunday lunch is one that’s far from every dying out.

“Nowadays, like any tradition, the Sunday roast has been adapted in every family. Some have roast potatoes, some have boiled, other skip them entirely and only have roast parsnips and are not to be trusted.”

Meet The Chefs



Originally trained at the prestigious Dorchester Hotel, Park Lane, London and after experiencing many years in the kitchens of luxury cruise liners working alongside famous names such as Anton Mosimann, Willie Elsener and Marco Pierre White, Chef Andrew Soddy has now come ashore and taken up the position of Executive Chef at the four Silver Star L'Horizon Beach Hotel & Spa.

Andrew describes his personal cooking style as 'classic with a modern twist' and diners at L'Horizon see this reflected in the variety of delicious dishes on the menus at the 2 AA Rosette restaurant The Grill, The Atlantic Room and The Terrace at the beachside hotel.

Members of L'Horizon Beach Hotel & Spa's Dining Club also enjoy an exclusive insiders view on the Andrew's culinary creativity; as along with a range of benefits including discounted dining and overnight stay and free day passes for the stunning, recently refurbished Spa; Dining Club members also receive a fabulous monthly newsletter including top tips and seasonal recipes from Andrew himself. Who knows, as winter approaches and the evenings draw in he may even share his own personal home cooked favourite, the ultimate in comfort food – mushroom macaroni cheese!

For more information on the Dining Club at L'Horizon Beach Hotel & Spa visit www.handpickedhotels.co.uk/lhorizon

Executive Chef of the AA five star Grand Jersey Hotel & Spa Nicolas Valmagna was first inspired to cook after watching his Spanish Grandmother busy in the kitchen creating paella, zarzuela and charcuterie.

Nicolas, born and raised in France, has now been a Chef for around twenty years, learning his trade at catering college in Nice. On landing his first job as a Commis Chef at 'Chez Bruno' in Lorgues a 1 Michelin star restaurant, he decided "I love this job."

Nicolas now oversees a kitchen brigade of 14 and also fits time into his busy schedule to cultivate a small hidden garden at the rear of the hotel. Initially established in January this year, Nicolas and Sous Chef Luis Silvestre now cultivate some of the more unusual ingredients for use in his dishes at the three AA Rosette fine dining restaurant Tassili. Despite never attempting to grow anything in the past they are delighted with the results, as are the discerning diners at Tassili.

Broad beans and strawberries hailed the first taste of summer from the tiny garden, along with sage, beetroot cress, different varieties of thyme, rosemary and fragrant coriander, marjoram and oregano. The autumn harvest includes the hearty flavours of butternut squash, beetroot and pumpkin along with juicy blackberries and tangy rhubarb.

Looking ahead the inventive Chef is hoping to extend the growing space next year and even begin to cultivate crops on top of a disused garage! Nicolas looks forward to welcoming all the food lovers to Tassili.

Check out the latest menus at Grand Jersey Hotel & Spa at www.handpickedhotels.co.uk/grandjersey



SEASONAL SPECIALITIES



The Baker family are no strangers to great food served in excellent locations, with their beachside bistro Le Braye firmly established they have now joined forces with their son, Joseph, to open the doors of No.10 Restaurant & Bar on Bond Street, St Helier.

Joseph has recently returned from many well-spent years working around the world in some excellent restaurants, the influences of which can be clearly felt at No.10. A combination of great relationships with local suppliers and visits to the local market fuel and inspire the interesting, highly seasonal menus. Thanks to a printer tucked handily away under the counter, dishes can be added or taken away as soon as the availability of produce dictates. We caught up with Joseph to find out a little more about him and what he recommends you try this month when you visit No.10.

If No.10 had an online dating profile, how would it describe itself to would be suitors? Pretty, feminine, sensual, with plenty of gusto.

Tell us a little more about the culinary journey that has brought you back to Jersey. It started young -perhaps embryonic- I always loved food. But in reality it involved stints in Australia, Spain and France alongside solid experience in London. But it's by no means a conventional chefs' route and a lot of it is self-taught through an obsession with food and understanding it. I also read English at Durham and did a finance masters in London, which I think all contributes to my broader interest in 'good eating' and what that means and what it can make a person feel, rather than a pure chef's focus on the plate.

And what was the inspiration behind No.10? Really, myself, Annie and Jo wanted to create somewhere we would want to go to eat & drink, which means uncompromising quality but relaxed- like dinner at home maybe. More specifically I wanted to cook food that was both evocative and honest. For instance we went for clean interiors that are beautiful but also let things speak for themselves: that's something we all believe in. Quality, whether it's a plate of food or a nice fork, stands out, and doesn't need to be cluttered.

What's your favourite dish on the menu at No.10? At the moment it's the Iberico pork 'secreto', a wonderful and unusual cut of meat from the best quality beast, paired with beautiful violet artichokes, peach and artichoke crisps that resemble Autumn leaves, I like that it looks unashamedly monochrome.

It's my first visit to No.10, what would you recommend I try? Have the tuna carpaccio with watermelon, then a piece of local brill with brown shrimps and samphire, then a chocolate St Emilion. Drink one of Marian's vodka Martinis (great with the almost metallic raw tuna), then a bottle of our young Montrachet- its gentle buttery quality is great with white fish.

What does seasonality mean to you? Eating things when they were supposed to be eaten and embracing that annual cycle.

Anything we should be looking out for coming in to the autumn months? Wild mushrooms, there is just nothing like the aroma and impact of a cep or truffle- a treat worth paying for.

Local produce features throughout the menu at No.10, do you have any ingredients you'd like to see produced here in Jersey? I recognise it's super hard for growers/suppliers- it's supply and demand of course- but to be able to get hold of more quintessential English beans, berries and herbs in the summer would be great. I want local broad beans, gooseberries, lovage etc. (please be in touch if anyone can help me?!).

Do you have a favourite restaurant outside of Jersey? Artusi in Peckham, London. Amazing honest Italian food with flair and no gimmicks.

What would you choose as your final meal if you were on death row? I fear I would break bread with a holy man for the first time.

Sweet or savoury? Savoury.

Marmite, do you love it or hate it? Hate it.

BELOW GROUND, ABOVE PAR



No.10 on Bond Street is a relative newcomer to the foodie scene here in Jersey, but it has already made a very big impression on me and the countless diners who are already raving about the delightful menu and beautiful surroundings. Having sampled the delights on their excellent menu I was keen to venture downstairs to delve a little deeper into what the bar has to offer and I wasn't disappointed.

Although this below street level bar has had many other guises in its time, none are quite as delightful as the current owners have made it. Every bottle behind the bar has been carefully considered, there are no poor quality spirits here, although you'll be surprised that isn't reflected in the prices, a cocktail is just £8, an absolute steal. They're also the proud purveyors of one of the finest gin collections I've seen on island, at last count there were 20 to choose from, each one cleverly garnished with one of their botanical components to really enhance your G&T pleasure.

I was fortunate enough to sit down and sample a few of the cocktails from the thoughtfully constructed drinks menu. Marian is the mixologist responsible for creating my Sweet Dilly, a gin based

cocktail inspired by owner Joseph's memories of his Grandmother, her name was Dilly and she loved gin! This clever blend of aromatics was a delight on the palate, the perfect blend of Jensen's Gin, elderflower from the St-Germain liqueur and topped with a splash of elderflower Fever Tree tonic and a generous helping of dill oil which rolls into beautiful spheres on the top of my glass. As a long cocktail it was also really refreshing too. Like everything in the restaurant the unique components are freshly made in house and from local ingredients where possible.

Next up was Marian's favourite the Old Fashioned, I think you'd be hard pushed to find a mixologist who isn't a fan of this classic cocktail. He chose a rye whiskey as the base and balanced it with sugar

syrup and his own personal blend of bitters, patiently stirred and poured over a magnificent ice globe, made in house and by hand, this is also one of my favourites and it was a pleasure to drink, smooth and aromatic as a good Old Fashioned should be.

The beauty of this basement bar comes not only from the drinks on offer but also by way of the decor. Once again interior designer mum, Annie Baker, has shown incredible flair with copper accents throughout complementing the copper fronted bar and the tables, chairs, stools and all of the soft furnishings are crying out to be enjoyed as the nights draw in and our evenings become longer. If you're looking for food to accompany your drinks then fear not, as you'll be able to access both the small plates bar menu and can dine from the main restaurant menu too.

If you need to find me at any stage throughout the autumn and winter months then I'd consider starting at No.10, particularly if it's between the hours of 11am-11pm Tuesday to Saturdays. I'm likely to be sat in the alcove at the back with my feet up and an Old Fashioned in hand, I'll see you there!



"The beauty of this basement bar comes not only from the drinks on offer but also by way of the decor."

Number 10 Bond St, St Helier, Jersey / Tel: 01534 733223 / www.number10jersey.com

Jersey's only fine-dining festival is back on the menu this autumn

If you love food, there's one event you can't miss this year – the sumptuous Eat Jersey Food Festival. This November sees the return of Jersey's fine-dining spectacular at The Atlantic Hotel. The three-day event, which launched in 2015, has been extended to include a fourth day, thanks to the popularity of the festival.

Executive Head Chef, Mark Jordan, will be joined by ten distinguished guest chefs from the Channel Islands and Britain, including the celebrated Andrew Fairlie of Andrew Fairlie Restaurant at Gleneagles and Tom Brown of Outlaw's at The Capital.

Between 3-6 November there will be four fine-dining gastronomic events at The Atlantic Hotel's Michelin starred Ocean Restaurant, as well as a relaxed beachside feast at sister restaurant Mark Jordan at the Beach to choose from – or you can attend them all.

And if you'd like to dine in a luxurious restaurant in Knightsbridge without the hassle of leaving the island, the festival has that covered too. Ocean Restaurant will be extending the celebrations with an exclusive pop up restaurant on Saturday 5th November

in partnership with Outlaw's restaurant, from The Capital Hotel in Knightsbridge, London. A collaborative menu of beautifully crafted seafood dishes will be available for both lunch and dinner service.

And if you want to find out more about the beautiful food, which will be served over the course of the event, you can also book a place on an exclusive tour to visit and meet the producers. An informal 'Lobster and Burger' dining event at Mark Jordan at the Beach rounds off Eat Jersey 2016 on Sunday 6th November.

The best part of the event - all of this spectacular food can be enjoyed 'guilt

free' as you'll also be raising money for the hotel's charity partner, Durrell. Last year Eat Jersey raised more than £7,500 for Durrell and it is hoped that this target will be surpassed this year.

Patrick Burke, owner and Managing Director of The Atlantic Hotel, said: 'I speak for the whole team at The Atlantic Hotel when I say that we are very excited to be celebrating the best of Jersey produce with some of Britain's most recognisable chefs. For a small island, we pack a mighty punch with the freshest seafood, tender Jersey beef and rich dairy produce which place us firmly on the gourmet map.'

Tickets for Eat Jersey 2016 dining events will start from £40. For more information or to make a reservation, please call +44 1534 744101 or email reservations@theatlantichotel.com



Aged twenty, Andrew Fairlie was awarded the first Roux Scholarship, offering him the opportunity to train with legendary chef Michel Guerard at Les Prés d'Eugénie in Gascony.



Tom Brown has worked at two Outlaw's – starting at Outlaw's at the St Enodoc Hotel in Rock, Cornwall in 2012, before moving to the restaurant in Knightsbridge earlier this year.



Robert Thompson (Thompson's, Isle of Wight) was awarded his first Michelin star at the age of 23, making him the youngest British chef to receive such an accolade.



André Garrett (Cliveden House) won the National Final – Prix Pierre Taittinger Competition, and soon after, he also won the Roux Scholarship (2002).



While working in Melbourne, Australia, Steve Smith (Bohemia at The Club Hotel & Spa), was awarded two 'Hats' (the Australian equivalent to a Michelin star).



Nicolas Valmagna (Tassili at Grand Jersey Hotel & Spa) recently spent two weeks with Raymond Blanc in the kitchen at his revered restaurant Le Manoir aux Quat'Saisons.



Simon McKenzie (The Brasserie Restaurant at The Old Government House Hotel & Spa) has worked with the country's leading chefs including Paul Gayler, Gordon Ramsay and Marco Pierre White to name a few.



During his three years at Ocean Restaurant at The Atlantic Hotel, Matthew Peryer (The Restaurant at Lewtrenchard Manor) was promoted to Head Chef.



Polish-born Jarek Nowakowski (Ocean Restaurant at The Atlantic Hotel) has recently returned to The Atlantic Hotel as Head Pastry Chef.



Originating from Budapest in Hungary, Tamas Varsanyi (Mark Jordan at the Beach) started his career working at the city's Corinthia Grand Hotel Royal.

Appetite News

THE WORKS

CATERING FOR OUR LOVE AFFAIR WITH JERSEY SALTED CARAMEL

A lot of people have been making their way to the new cabinet of curious comestibles in Gorey and tasting the irresistible treats on offer.

One thing you have to try, is the totally indulgent range of homemade Jersey salted caramel, handmade in the island using ingredients from Jersey's dairy herds and infused with a range of local flavours. Keep it simple with the classic salted caramel sauce or try the delectable infusions on offer, including salted caramel with rosemary, coffee, apple brandy or Jersey black butter.

This sauce adds a little bit of magic no matter how you want to use it. Create caramel chocolate brownies, drizzle over The Works' delicious tarte tatin, celebrate with some Jersey salted caramel cocktails (now on the cocktail menu at Feast!), it can even be used as a glaze for your roast pork. Alternatively, do what we did, wait until no one is looking and eat with a spoon straight from the jar!

Jersey Salted Caramel from £3.50 at The Works, 2 Gorey Hill



READY, STEADY, COOK

I (that's me in the pic) love a challenge, particularly a cooking based one. I'm often found playing dinner roulette, trying to conjure up something edible from the contents of my fridge or freezer. So the chance to compete in the Romerils Inspirational Home Show Media Cook off for a second year was an opportunity not to be missed. The ready steady cook (cookery programme from the 90s) inspired cook off is an annual ritual hosted by Mike Alderman, design studio manager, and one we at Gallery have won for the last two years, so the pressure was on to bring home the trophy.

I won't bore you with the details of just how good the dishes cooked by my competitors were, mainly because it became a two horse race with just myself and Mike Houston from Channel 103 cooking, we assume the Jersey Evening Post were intimidated by us both (illness they said)! Mike and I were both ably assisted by the lovely Kirstie from Miele, who helped by showing us how to use their fabulous appliances and also taught me a trick with an egg that I shall carry with me forever!

The real winners were the two local charities, Help a Jersey Child and Silkworth Lodge who both received cheques for £225 thanks to Mike and I being crowned joint Media Cook Off winners. Thanks again to Romerils for a great fun morning.

GOURMETFEST

The fantastic team at The Salty Dog have taken their top three best selling dishes for their starters, mains and sweets and given them a seasonal twist to create the rather amazing and mouthwatering GOURMETFEST menu.

This great little menu at just £22 promises no compromise on quality or quantity, staying true to their commitment to using

as much Genuine Jersey produce as possible, keeping the food BIG on flavour, freshness and spice.

The Salty Dog GOURMETFEST 2016 is JUST ABOUT GREAT FOOD! - Look out for their GOURMETFEST bonus cards for some smashing wines from Dunell's Premier Wines throughout October and up to 17 November.



Pictured: Duck liver parfait; prunes & Armagnac chutney & brioche Melba toast / St. Aubin seafood sharing platter; crab, sweet prawns, scallops, lobster, mussels, oysters, green salad, bread and dressings / chocolate & peanut butter cheesecake; salted caramel

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Littleheneggs

Allan McCaffrey, Steve Carter and Jon Emmanuel

Inspired by a Jamie Oliver campaign, three island egg producers, Happy Hens, St Lawrence Growers and Hamptonne Farm Ltd who are all Genuine Jersey Members, have joined forces to sell small eggs that are praised for their quality but often thrown away.

Pullet eggs are the first eggs laid by young hens. They are smaller than the 'medium' and 'large' sized eggs that fill our supermarket shelves but no less tasty. Indeed, they are particularly popular with restaurants and cafés as they make perfect breakfast eggs. They also tend to have a bigger yolk and hold well together when cooked so are popular with home bakers. They're also ideal for smaller appetites too, so perfect for children.

The Jersey egg collective have teamed up to ensure that pullet eggs are sold throughout the year in the island. The Co-op started to sell the ten-pack pullet eggs produced by the trio earlier this year and initial sales of 'Littleheneggs' have been very encouraging, meaning we will continue to see them on our shelves.

Happy Hens owner Allan McCaffrey said: "I saw a Jamie Oliver programme over the summer, where he was campaigning for the pullet egg and against the huge waste caused by farmers having to throw them away. For us here in Jersey, the problem was that most producers were sourcing hens from the same supplier, so our young hens would all be laying pullet eggs at the same time. By coming together and using different suppliers, we have managed to ensure that there is a consistent supply of the pullet eggs. It means that we can now sell the eggs at a competitive price all year round."



Christine and Didier Helio

This husband and wife team grow a range of crops at their farm in St Ouen. They supply fresh vegetables to a range of outlets on the island as well as their own farm stall.

Together they farm about 400 vergées of land, on which they grow the Jersey Royal potatoes as well as supplying seasonal vegetables to the Co-op, Homefield Growers, Classic Farm Shop and Classic Tea Rooms, Woodside and Lucas Bros farm shop.

They are both from farming backgrounds and have been married and working together for 30 years. They are, they think, the only husband and wife team in agriculture on Jersey who solely work together every day, all day.

After they got married they took over the farm from Didier's parents and since then the farm has grown by three times the size. They have moved on with the vegetable side of the business over the years, and think that the general public do realise that locally grown means not only fresher, but that vegetables also last longer.

Christine's day starts about 5.30 am, delivering to customers as early as possible. This leaves the whole day to get other work done veg weighed and packed to put out in their honesty box farm shop.

On a typical day they may have planting to do, as they this so that all of their crops don't come together at the same time. Orders for the next day come in from about 2.30pm and these will usually be ready and loaded in the van by 6.00pm.

Their farm shop is at Manor Farm, Vinchelez, St. Ouen. It's on the main road as if you're heading to Les Landes Racecourse, just after Vinchelez Manor de Haut on the left. They're open 7 days a week 8.00am-6.30pm and there's plenty of parking.



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If The Shoe Fits...

WORDS Sara Felton

Latchets is a fabulous modern private family home set in a very sunny location within Valley des Vaux and is surrounded by woodland. From the moment you drive through the gates you can appreciate how private the property is and once inside the house you are struck by the light and very spacious aspect of all the rooms thanks to the clever development of the property.



Having started life as a 1960s bungalow the four bedroom house that now occupies this large plot is long way away from its former guise. When the current owners moved in five years ago they wanted to make the very best of the location of the property and have subsequently modernised and renovated the property throughout, to an extremely high standard. Only two walls of the original building remain making this an 80% new build property, which brings along with it all of the things you'd expect from one. Including between floor level soundproofing, super energy efficiency thanks to being fully insulated and double glazing throughout. There's CAT 6 cabling, a UV water filtration system and brand new plumbing and electrics too.

One thing that strikes you as soon as you enter is how bright and airy the house is, many of the rooms have vaulted ceilings and floor to ceiling feature windows which invites the light to flood in and adds real character too.

The kitchen really is the heart of this home with an impressive large corian island/breakfast bar for informal dining, this comes with its own built in wine fridge too. There are traditional cream shaker style units with contrasting Stella Negro corian tops to match the centre island. Double doors lead out on to the patio and BBQ area, extending the entertainment space. You'll also find a traditional Villeroy & Boch Belfast sink and a ceramic topped

Rangemaster cooker, cleverly blending the traditional features in this otherwise modern property. Directly next door is a large formal dining room, with feature fireplace and more doors out on to the paved patio outside. Further on and off the bright hallway is a large cloakroom and the vast living room, you'll find white oak flooring and wet radiators, guaranteed to keep you cosy in the winter.

“When the current owners moved in five years ago they wanted to make the very best of the location of the property and have subsequently modernised and renovated the property throughout, to an extremely high standard.”

A separate large utility room is adjacent to the kitchen and also provides an additional entrance to the property, with direct access to a useful cloakroom/shower room this is the ideal place to come in after romping around the lanes in the valley and depositing your boots and clothes. What is actually the fourth bedroom is also down here. Whilst it is currently utilised as a playroom and home office, it would lend itself to being a fantastic second generation option or even possible income opportunity.

CONTINUED OVERLEAF...

...CONTINUED



The front of the property is wrapped by an impressive split level south facing patio and decking area which overlooks the garden and the surrounding fields making this a brilliant peaceful and private location for entertaining your friends when the sun shines. Around the south west side of the property is also a large sunken hot tub ready to while away the hours. Outside there is also a large secure garden and ample parking too. There is also a double garage and basement storage under the whole footprint of the house and a cheeky little room which would make an ideal wine cellar.

Upstairs there are two large double bedrooms, both of which have Juliet balconies and like the other bedrooms there are perfect fit blinds installed, which are discreetly concealed when not in use meaning you can make the very best of those lovely surrounding views over the nearby fields and mature woodland. There



is also a large full sized house bathroom. The incredibly spacious master bedroom suite is a fantastic space, with more of those feature windows and alcoves it's a really aesthetically pleasing room too. There is also a very large full sized ensuite bathroom with double sinks and a rainforest double shower and plenty of built in storage. Once again there is a Juliet balcony and views over the surrounding green fields.

The current owners also rather wisely invested in state of the art CCTV and infrared cameras, which are easily linked up to your smart device so you can keep an eye on your property whilst away from home, it also makes it an ideal solution for those who like to lock up and leave. Latchets is a very versatile property that has been finished to a very high standard, it really does need to be viewed to truly appreciate all it has to offer the new owners.



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Local mortgage market activity

With the flurry of activity that occurred after the Brexit vote, things have settled down again and lenders have introduced further cuts to some of their mortgage products.

The question of whether to go for a tracker rate in the medium term, rather than a fixed rate will very much depend on your personal circumstances and attitude to risk, as well as the fine margins between the two product types. With little difference now between these two options the choice is not as critical as it used to be.

Our best rates this week show reductions in four out of the ten products currently available. Who knows if we will see any further reductions in the next few months.

These mortgage rates are available not only for First Time Buyers and Homemovers but also for anybody with an existing mortgage and who should seriously consider a review of what they are currently paying and what they might be able to access. Every week we are achieving savings of anything up to £800 a month for happy clients who have asked us to move their mortgages to a lower interest rate—that's more than a good pay rise for many!

The Jersey property market

August proved to be an extremely busy month, with our team putting together more files than for any other month this year. Lawyers and Estate Agents have all found the same and the market is currently giving a very positive vibe. This translates in to a much quicker turnaround of property from the time it first hits the market to the time that it goes through Court. These changing circumstances mean that it is even more important for anybody wishing to buy property to get their mortgage approved in principle before they start looking for somewhere to buy.

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Finding the right financial adviser for you.

We would recommend that when selecting a financial adviser, you have two main criteria in mind: *Do they have the correct qualifications / experience? Do you feel comfortable using them?*

The first is paramount. You wouldn't necessarily choose a lawyer who specialises in divorce to do the conveyancing on your home. Equally, you don't want to receive specialist pension advice from an adviser who has no formal qualifications in providing such advice.

When meeting with a new or existing adviser, it is worth checking in what areas they have received a formal qualification.

You also want to build a relationship with the adviser and need to feel at ease when meeting with them. You should never feel pressured into make decisions and to feel reassured that they are working in your best interests.

If you are seeking financial advice and would like a free initial review with Hayley Carstairs, you can contact her on 789830 or Hayley@henleyfinancial.je.

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Sea views towards French coast

01534 670333



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Conservatory, south west facing garden
Garage
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St Clement £650,000



2 bed 2 bath 2 car ✓

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Interior News



Changing the way we look at lighting

WORDS Roger Gamlin
Managing Director, The Lighting Centre Guildford

When you look at a light, what do you see? More perceptive readers have already asked, "When it is off or on?" For a light is at least two things: an object and a source of illumination.

But when you look closer, and delve deeper into our relationship with lights, you realise they have a myriad of associations and are least of all a thing. A light can be an assistant, a companion, a friend. A light can also be a space, a mood, and an experience.

One can go further and say that lights are works of transformative art: objects of beauty which not only change themselves when they are turned on but also the spaces around them.

It's this sheer beauty of lighting that has always fascinated me. We need beauty in our lives. As the architect Frank Lloyd Wright once observed, *"The longer I live, the more beautiful life becomes. If you ignore beauty, you will soon find yourself without it. Your life will be impoverished. But if you invest in beauty, it will remain with you all the days of your life."*

This thought inspired me to set up The Lighting Centre, Guildford, in 1984. Since then, our family-based team has specialised in curating, recommending and supplying some of the world's most beautiful lights. We deliver across the British Isles and beyond, supplying lights to clients internationally – from hotels in Kenya to private residences in Dubai.

Today, we are one of the few suppliers in the UK who regularly attend the leading design shows in Italy. As a result of their influence, many of our products have won either the coveted Red Dot international design awards or the prestigious Compasso d'Oro Italian design awards.

So when you next look at a light and realise it's not a thing, or rather that it's so many things, ask why settle for ordinary when you can live with beauty every day. And every night.

www.lightingcentre.co.uk Tel: 01483 579411



Giving Chillies the Heat

RUBiS helping fuel our economy

Think of Jersey and the mind conjures up an image of a foodies' paradise; from the humble potato to seas teeming with the tastiest of fish and fields of fresh fruit and vegetables.

It may come as something of a surprise, though, to learn that a very special chilli sauce can be added to the island's rich and varied home produced gastronomic mix.

The product is the result of one man's dream to share a delicacy from his home island of Mauritius with the rest of the world. Using a recipe created by his late father and followed faithfully to this day, Kerwin Mohun is producing Pimata Sauce.

Before the manufacturing process could begin, however, Kerwin had to locate a kettle. But this was no ordinary piece of kitchen equipment. This was a 100-litre cooking kettle and an extremely pricey piece of kit. Once procured the next problem was oil.

"You need a particular type of heat exchange oil for the cooking kettle," said Kerwin.

After much fruitless searching, Kerwin walked into the offices of RUBiS where he found a team ready for any challenge. They discovered that a quantity of the oil needed by Kerwin was sitting in the company's Guernsey depot.

Finally, production could get under way, with RUBiS able to offer a ready supply, Kerwin can be sure that his needs can be met in order to keep the production going as his business continues to grow.



agenda

ON THE AGENDA THIS EDITION:

WEALTH & INVESTMENT

We speak to key figures locally, to find out what they pack into their suitcases , grab lunch on the go and profile people and their industry.

Plus all of the movers, shakers and business news brought to you in Gallery every month...



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110 On The Case



114 Relative Values

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Flora Keites, member of the
Jersey Junior Golf Team, proudly
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Welcome

WORDS Geoff Cook - CEO, Jersey Finance



The theme for this edition of Agenda is wealth and investment - two words which are not unexpected given Jersey's biggest industry and which relate to two key specialisms within the industry.

Wealth

Wealth management, private wealth, family offices, fiduciary services, trust and company services – while there are nuances in the titles, they all refer to one important specialism.

Private wealth management is often portrayed in the media as just being about paying taxes. It's not. For the individuals and families who are clients, the most important element of wealth management is ensuring that it is sustained for future generations. But it's not just their families. A recent report (the World Wealth Report 2016) found that globally, 31% of high net worth individual investment portfolios were based on the concept of achieving social gain: with their loved ones cared for, the wealthy focus on philanthropy.

The expertise that Jersey has is in efficiently and effectively managing the wealth of families who live in different continents, have a multitude of business investments, and have differing ideas about how to support themselves and their communities. The experts in Jersey manage to do it fairly to all family members.

Investment

Jersey has two specialisms in investment: identifying where place investments for good or safe returns, and administering those investments. Investment funds is a huge industry, which Jersey leads, particularly in alternative investments – funds which are in areas such as property and other funds, which are not traditional places to invest.

Fund managers in Jersey attract investors from around the world to the opportunities they have spotted. Put simply our strength is in helping capital to move from areas of surplus to areas of opportunity.

Today, funds worth around £223 billion are invested from Jersey, providing jobs and boosting economies around the world.

Why us?

Funds and wealth managers use Jersey because we have both expertise and robust regulations. We are seen as trustworthy and transparent (tax is expected to be paid wherever in the world it is due, and we give authorities access to the information they need). We should be proud of having that reputation.

You may ask, however, what value this all brings to Jersey if clients are outside the island. While there is tax, it's not the main driver. Funds and wealth management account for a significant proportion of the 13,000 jobs in the finance sector, which generates £6 in every £10 spent in Jersey and indirectly supports other sectors. In these ways, wealth and investment support us all.

Geoff

On the Case:

Ben Thomason

Ben Thomason is a Managing Partner at Asset Leverage Consultants and also founded the company, which is celebrating over £2 billion of credit arrangements advised to date.

Having spent ten years working in private and corporate banking in London, Ben moved to Jersey with one of the world's foremost private banks in 2012. He recognised quickly that the bank he represented did not always have the appetite for his client's lending requests – and no one was helping them find alternative credit solutions. With endorsement from a number of trustees and family offices in the local market, Ben set up ALC, using his experience and contact base to guide clients towards credit providers best positioned to offer favourable terms, based on their requirements.

Three years on, the team at ALC are now ten strong, including the ex-Chariman of KPMG Channel Islands

who came out of retirement to become a Managing Partner of the group. Ben advocates that ALC are a business built on recruiting the most talented, qualified and motivated individuals – which includes two recent additions, Jenna McCabe (previously Quilter Cheviot Investment Management) and Laurence Richardson (previously Infrared Capital Partners Ltd) who both joined as directors in September of this year.

ALC's client base is truly global in nature. They secure lending against property, lombard and alternatives across many jurisdictions and Ben finds himself on the road most weeks, which requires many a practical gadget – and a few personal favourites too.

What's in his case?

Microsoft Surface Book – it's a hybrid between a tablet and a laptop which makes mapping out potential lending arrangements with clients collaborative, rather than divided by a laptop barrier between us. It's integrated with ALC's systems to the extent that notes I write on the tablet at meetings are automatically sent back to the office in real time, which can make a real, valuable difference in a time sensitive lending scenario.

Microsoft Lumia 950 XL phone – phones are now the central nervous system of any traveling businessman and mine gives me mobile data access while I'm away from Jersey, it also allows me to run dual Jersey/UK sims.

Charger block – vital in the case of fog and delayed flights!

Headphones – block out background noise whilst I'm trying to work on the move - mine have a microphone built-in for ease of taking calls as well.

Geek wallet – orders my cards for me, which satisfies my inner OCD!

Tile key fob - because otherwise I may be locked out of my house quite a lot.

Aeropress – our whole office is now addicted to Allpress coffee, thanks to Dandy being so close to us. If there's any risk I can't find a good coffee at my destination, the Aeropress is straight in the suitcase along with some Allpress Redchurch blend.

Sweater comb – keeps my jumpers looking smart – it's also quite therapeutic to use!

Supplements – all the omegas to keep my brain on form, theoretically.

Aesop anything – a slight obsession of mine!





Free Lunch

There really is no such thing as a free lunch as Tim Ford, an investment director for Rathbone Investment Management International, found out when we took him along to Zephyr last month. Tim began his career in 1998 with the Bank of New York in London and moved to Jersey in 1999 to join Cater Allen Investment Management, which was acquired by Close International Asset Management in 2001. Tim was responsible for managing private client investment portfolios and was part of the investment team that was responsible for managing the award winning multi-manager, multi-asset Close All Weather Fund.

Can you explain a little more about your role as investment director at Rathbone Investment Management International?

I work as part of a team of Investment Directors that has responsibility for running, managing and advising on private client, trust and charity investment portfolios for local, UK and international clients. I also sit on a number of Rathbone Group committees (Fixed Income and Developed Funds), which provides guidance to the Group on markets and third party funds that are used within investment portfolios, which forms part of our core investment offering.

You've worked in the investment management industry for nearly 20 years, what would you consider are the most notable changes you've seen during that time?

The single largest change has been the increase of regulation and compliance oversight within the industry. This has been a positive change as it continues to ensure that clients needs and expectations are being met, with less chance for excessive risk taking.

If I'm looking for a career in finance what does the future look like?

The future of finance remains bright! People will always need advice, guidance and management of their investments so there will always be a place for investment professionals.

And here in Jersey?

Jersey continues to be an international centre of excellence for finance, which includes investment management. There are many international companies based here, who need to offer their clients the best advice, management and guidance on their finances. Therefore a career in finance in Jersey provides great opportunities for people now and long into the future.

What do you enjoy most about your job?

Several things...principally the variety the role offers, be it from investment markets or clients. Financial markets are constantly changing, as is the economic environment, therefore every day there is news and information to digest which shapes the way we think about investments and how to best manage client portfolios. Also the opportunity to continue to learn, the investment management industry continues to evolve and what was thought to be the most efficient way to manage investments 20 years ago is not the same now.

What did you want to be when you were eight years old?

I can't remember specifically knowing what I wanted to be when I was eight, however I do remember thinking it would be pretty cool to own a zoo of rare and exotic animals. I had even

identified a field not far from where I lived, which I thought would be big enough. I knocked on the door of the nearest house to see if they owned it and would they be prepared to sell it, unfortunately they thought it was some sort of prank and told me to scarp. I was utterly dejected at their lack of help and my dream died on my cycle back home. However, trips up to Durrell are the next best thing! Funnily enough, my seven year old asked me if my job was putting toothpaste tubes into boxes....! I thought the truth would be less glamorous in her eyes so now I have to keep coming home with different types of toothpaste every month!

Is there a phrase you live your life by?

"Dig in and crack on."

What do you do for fun outside the office?

Staying fit is a big part of my leisure time, when I am not running my three daughters around...! Long runs out on the cliff paths locally or participating in endurance events in the UK is a good way to switch off from everything and clear the mind. Exercise has so many benefits, so whilst it might be hard to stay motivated to do it, the best advice is to just, "dig in and crack on!"

BEING BROAD-MINDED WIDENS HORIZONS.



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Relative Values



Equiom is a global business strategically located in key international financial centres. Its team of experts provide companies and individuals with services that support the establishment and ongoing administration of their corporate, investment, trading and trust structures.

Sophie Campbell is a Senior Officer in the Business Development team for Equiom. Joining Equiom in October 2013, she was seconded to the Jersey office last year to help expand the business development team and has since become a permanent employee in Jersey. Her role involves the on-boarding of new clients for Equiom's Jersey and Guernsey offices, ensuring that high standards of client service are consistently met. Graham

Marsh is Head of Bank Relations for Equiom. He is responsible for managing Equiom's relationships with key banking introducers and has over 30 years' experience in the global private wealth industry. Working closely with independent law firms, tax/accountancy firms and investment managers, he delivers appropriate advice in order to provide holistic solutions for the protection and management of wealth. He joined Equiom in May 2015.

Sophie Campbell

My 'globe' charm from my partner

Favourite possession

This year? Hong Kong

Favourite place

Cobalt Blue

Favourite colour

My dog, Musky

Favourite animal

Fresh rain

Favourite smell

Experimenting in the kitchen

Favourite way to spend a weekend

Dandy's feta and prosciutto salad with honey and mint dressing!

Favourite food

I prefer sorbet...

Favourite ice cream flavour

Fogo de Chao in Rio de Janeiro

Favourite restaurant

Painting - abstract art

Favourite pastime

Braveheart – who doesn't like hairy men running around in kilts?

Favourite film

'From the Corner of His Eye' by Dean Koontz

Favourite book

'The Time is Now' by Moloko – it reminds me of my Mum

Favourite song

I am fortunate enough not to be able to say just one

Favourite person

Denzel Washington

Favourite celebrity

Anything 'Shiney' (a nod to a special friend)

Favourite things to splurge on

Jumping out of a plane and experiencing extraordinary peace

Favourite memory

Graham Marsh

The wedding present from my wife 17 years ago – a Breitling Montbrillant

California

Sky Blue

Labradors

The smell of coffee in the morning

A mix of sea swim, breakfast on the beach, tennis, golf and dinner with family and friends

Anything fresh, flavoursome and organic

Frozen yoghurt with cassis sorbet

Asia De Cuba, St Martins Lane...followed by drinks in the Blind Spot

Pretending to be the Naked Chef

Dr Strangelove

'I am Pilgrim' by Terry Hayes

'Cheers (Drink to That)' by Rihanna, from this year's summer holiday

The lovely Gillian Marsh

Jack Nicholson

Holidays

The births of my children

Affinity Private Wealth – 5 years and counting

Affinity Private Wealth is an independent Jersey based trust and investment management business. Established by 5 local entrepreneurs in 2011, the company now employs twenty staff and looks after the wealth of clients based in over 15 countries, including many who live in Jersey. Services range from acting as trustees or company directors, to managing or advising on families' investments and pensions.

On the eve of Affinity's fifth birthday we get to know the Managing Director of its trust business, Justin Thomas, a little better.



What is the best piece of career advice you were given? Don't become a teacher (from my Dad who was one!)

What is keeping you awake at the moment?

Donald Trump winning the US election and deciding on how to celebrate our 5th birthday.

What is the most challenging part of your role?

Apart from emptying the dishwasher every morning, ensuring that, as Affinity continues to grow, we remain loyal to our roots and humble... which I guess is where the dishwasher comes back in!

What is the most rewarding part of your role?

Ability to be nimble, without the constraints of office politics and red tape.

What is the aspect of the industry you would like to change?

Change.

What is the one piece of advice you'd give someone else embarking on their career?

Listening is sometimes the best form of communication.

What is the best investment you've ever made?

Hopefully Affinity! Aside from that I sold my Fiesta RS Turbo in 2000 for 75% more than I had bought it for, four years earlier.

What are your favourite holiday memories?

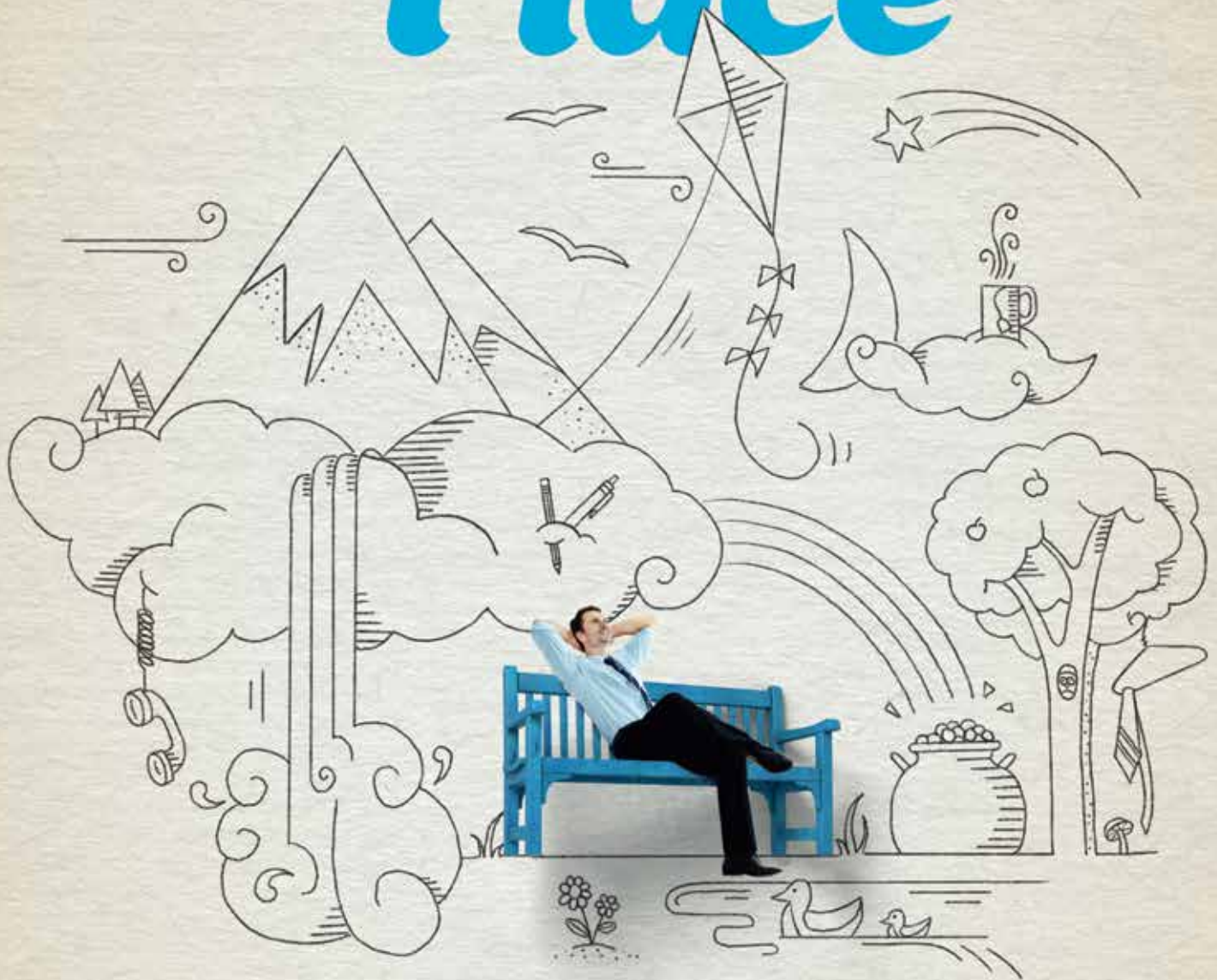
My son's answer - front row of the Hulk roller coaster, Orlando
Mine - backpacking around the world (the whole experience); pre-kids holiday to the Seychelles; post-kids holiday to Tulum, Mexico.

What is your worst holiday memory?

Front row of the Hulk roller coaster, Orlando!

"Apart from emptying the dishwasher every morning, ensuring that, as Affinity continues to grow, we remain loyal to our roots and humble... which I guess is where the dishwasher comes back in!"

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Asset Leverage Consultants bolsters team with two senior recruits

Having advised over £2 billion of debt since starting operations in 2014, the highly experienced team at Asset Leverage Consultants (ALC) has expanded significantly, with two senior recruits joining the company this month.

Jenna McCabe, previously Associate Director at Quilter Cheviot Investment Management, Jersey, will join as a Business Development Director and also take responsibility for the company's marketing. Her role will focus principally on private client credit solutions and with over seven years' experience working with HNWIs, Family Offices and Trust Companies, across the UK, Channel Islands, Europe and Latin America.

Laurence Richardson, previously Investment Director - Capital Raising and Investor Relations at InfraRed Capital Partners in London, also joins the team as a Business Development Director. Laurence initially trained as a lawyer with Ashurst, one of London's leading law firms. Coupled with his strong background in corporate and structured finance (including capital raising), investor relations, M&A and advising on fund structures and re-structures.

Ben Thomason, Managing Partner at ALC, said: "We are a business built on recruiting the most talented, qualified and motivated individuals and are delighted to welcome them both on board."



Three new managers appointed at AFM in Jersey

AFM has appointed three new managers in Jersey as demand for its services continues to increase.

Patrick May, a former naval electrical engineer, is the new contracts manager for the largest housing property portfolio in Jersey (Andium Homes). Allan Lawson has been appointed plumbing and heating manager and Nigel Errington has been promoted to senior manager with responsibility for AFM's growing Projects division.

Outside of work, Mr May likes swimming, snorkelling and sailing. He is also an avid snowboarder and represented the Royal Navy during his service with them. Mr Lawson, a keen golfer, is the current captain of the Devil's Hole Golf Society in Jersey, while Mr Errington enjoys cooking, fly fishing and Jersey heritage.

Former physio at top football clubs joins Jersey Sports & Spinal Clinic

Graham McAnuff is a Chartered Physiotherapist with a particular interest in treating sports injuries. After initially studying sports science and working for a number of non-league football clubs to boost their physical performance, Graham specialised in physiotherapy.

He has worked at a number of professional clubs, including Torquay United, Exeter City and Millwall FC. He also worked for a consultancy in Oxford which specialised in sports rehabilitation, biomechanics, and strength and conditioning. While there, he worked extensively with the emergency services and armed forces to help injured personnel to return to active duty.



English literature graduate joins Direct Input

Hannah Reed has joined public relations company Direct Input (DI) as an account executive.

During her four years at university in Scotland, Hannah was an active member of the community and organised balls, directed dance shows and planned events. In her spare time she enjoys skiing and practicing yoga.

James Filleul, Managing Director of Direct Input, added: "Hannah's appointment marks an exciting time for Direct Input as we start to expand. She will bring a wider range of skills to our event management and social media services."



Rossborough Healthcare strengthens pan-island team with string of new appointments

Richard Clarke has now been appointed as the new managing director of the Rossborough Healthcare business, and now leads a team of 12 specialist healthcare advisors across Jersey, Guernsey and the Isle of Man.

Richard had previously looked after Rossborough Healthcare's Jersey office, and will now assume responsibility for the overall business as well as continuing with client work.

'This is a very exciting time for our business as we look to take the Rossborough Healthcare business into a new era. We have a dedicated, specialist team here that takes a huge amount of pride in providing healthcare solutions for individual and corporate clients,' said Mr Clarke.

In Guernsey, Louise Le Poidevin has been recruited to further strengthen the healthcare administration team, and in Jersey, two key appointments have been made. Juliette Hamilton joins the team to provide support primarily to individual clients, and Jennifer Gouyet joins to help manage Rossborough Healthcare's growing corporate client portfolio.



First Names Group appoints chief risk officer

Based in the Jersey head office, David Wild will be responsible for all aspects of the risk management framework, including aligning the Group's overarching risk strategy and supporting the business in leveraging commercial opportunities for continued market growth. A key member of the senior management team, David will also sit on the Group's Management, Audit and Risk Committees in addition to joining the Group Board. David will report directly into Group CEO Mark Pesco.

With over 20 years' experience in financial services, David has extensive knowledge of leading and delivering cultural and strategic change having implemented robust risk management and regulatory programmes across large and complex international organisations. He joins First Names Group from RBC where he held the position of Head of Fiduciary Risk Management for Wealth Management-International Fiduciary Services.

A graduate of Worcester College, Oxford University, David is also a qualified Chartered Accountant and was formerly a Director of Audit and Assurance for a "Big 4" accounting firm.



ZEDRA appoints new business development and sales director

ZEDRA, the global independent specialist in trust, corporate and fund services, has appointed Robert Burchett-Coates to the newly created role of Director of Business Development and Sales. Robert has over 15 years of multi-jurisdictional experience in the fund administration, investment management and corporate solutions markets.

Operating from the Group's London office, Robert will have a worldwide brief to develop new business both from within ZEDRA's existing large client base and from new partnerships, in particular in Europe and Asia.

Prior to joining ZEDRA, Robert was a director at Deutsche Bank in London leading fund services sales in EMEA with Global Transaction Banking.



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A Sure summer for our ice cream van!

We were approached by Sure at the beginning of the summer with an enquiry about our Gallery vicecream van. With their promotions for the summer focused on all things ice lolly, and a desire to support events around the island, they wanted to do something a little different and spread the joy of summer a bit further. We therefore got together and spruced her up with a beautiful Sure livery and they hit the road to dish out some free ice lollies.

The van, a traditional Bedford CF2, complete with ice cream cones and tunes, only needed a bit of love to get it ready for its summer tour of the island. Sure weren't just inspired by fond memories of summers spent queuing up at ice cream vans around the island though - they also wanted to celebrate their new PAYG offers, which launched in July, giving four times more bundled data than their old PAYG offers. Three types of PAYG bundles were represented by ice lollies in their marketing material this summer; the perfect excuse to give away Fabs, Fruit Pastille lollies and Mini Milks to islanders as a special summer treat.

The Sure yellow van began its summer tour at the Collas Crill Island Walk in June, for which Sure was the technology partner. The selection of ice lollies proved to be the perfect tonic to those walkers who'd just undertaken the mammoth challenge of walking the 48 miles around the island, raising £100,000 in the process. Up next was a visit to the "Fab" acts and thousands of music fans at Sure's Big Gig in the Park in July. This was our most popular event of the summer as festivalgoers enjoyed the free refreshments on a scorching weekend in Howard Davis Park. Other stops for the ice cream van were the Polish Festival, a few sunny afternoons in town, the Groove de Lecq Festival park 'n' ride and the Jersey Air Display. We rounded off the summer at the Jersey Hospice Dragon Boat Festival in September with another amazing day of fundraising. They gave away around 4,500 lollies this summer, keeping islanders cool and refreshed.

Two Jersey practitioners elected to STEP Council

At the recent AGM Simon Morgan, committee member and a former chair of the local branch, was elected to serve his second term in office and Lorraine Wheeler, the current chair and former secretary of the branch, was elected for her first term which will commence on 01 January 2017. Both terms of office will run to 31 December 2019.

STEP Council is a representative and consultative body consisting of between 20 and 30 members appointed by the STEP regions. Council is elected by members or their representatives from branches and chapters globally, with regional representation proportionate to membership numbers. The Jersey branch of STEP is the largest in the world with over 1,200 members.



New practice manager at Jersey Sports & Spinal Clinic

The Island's leading physiotherapy practice has appointed Lisa Leaney as Practice Manager. Lisa Leaney has joined the clinic as practice manager. Lisa has 15 years' experience of managing the day-to-day operations of businesses in Jersey. Previously, she was practice manager at Purpose Accountancy and before that she performed the same role at Grafters, a building and construction recruitment firm.

Lisa Mann, co-founder and director of The Jersey Sports and Spinal Clinic, said: "Our growth means that it now makes sound business sense to recruit a Practice Manager. Lisa's focus on the administrative side will allow our team of physiotherapists to dedicate even more time to clients."

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Jargon Buster

WORDS Richard Robinson

Fund Manager for the Ashburton Investments Global Energy Fund



A

Annular Blowout Preventer (BOP)

A very obscure start to jargon busting! This huge doughnut shaped valve is used to control oil coming up from a well and became infamous as the cause of the Deepwater Horizon oil disaster.

B

Bbl

An abbreviation of barrel used as a standardised measure which is defined as 42 US gallons or 159 litres. The "double b" denotes multiple barrels. One barrel is "bl".

C

Cyclical

A cyclical commodity whose price rises or falls considerably during periods of fast or slow economic growth. Other influences include over/under production. Managing the oil price cyclical is crucial to outperforming the energy sector over the long term.

D

Downstream

The part of the industry closest to the end customer. The downstream sector involves the processing, selling and distribution. This sector has low oil price sensitivity (see "O" for "oil price sensitivity").

E

Exploration

Oil and gas exploration is the search for hydrocarbon deposits beneath the Earth's surface. Exploration companies discovered the least amount of oil last year since 1942 and this year is likely to be even less!

F

Fracking

Fracking is the process of creating fractures in rocks and rock formations by injecting specialised chemicals, sand and water at high pressure to widen and "prop" open the rock to extract oil and gas.

G

Guar

Originally used to thicken sauces like ketchup, guar has found a new home in the oil industry when used with water and sand to keep cracks in the rock open while fracking.

H

Heavy crude

Heavy crude oil is any oil that doesn't easily flow. It is referred to as heavy because of its higher density or specific gravity. Heavy crude sometimes termed "sour" crude due to its high sulphur content as opposed to lighter 'sweet' crude.

I

Inventories

Inventories are the reserves of petroleum. Oil consumers use stockpiles to smooth out changes in supply and demand.

J

Jack-up

A sea-based drilling platform. Once in location, its legs are lowered to the sea bed and the hull is "jacked-up" to the desired elevation above the sea to commence work.

K

(the) Kyoto Protocol

An international treaty between 192 parties that commits to reduce greenhouse gas emissions by setting binding emission reduction targets. It was adopted in Kyoto in 1997 and entered into force in 2005.

L

LPG (Liquid Petroleum Gas)

LPGs are flammable mixtures used as fuel in heating appliances, cooking equipment and vehicles. US 'fracked oil' is rich in propane. Burning propane to generate power results in 32% less CO₂ than coal!

M

Marginal cost

The marginal cost is the change in total cost that comes from making, producing and selling one additional item. By our estimates the marginal cost of oil is around \$60.

N

Natural Gas

Natural gas is a naturally occurring hydrocarbon gas mixture consisting primarily of methane. Burning methane to generate power results in 43% less CO₂ than coal.

O

Oil price sensitivity

Represents how sensitive a company's earnings (and consequently share price) is to the oil price. The Ashburton Energy fund uses oil price sensitivity to manage its cyclicalities in order to achieve outperformance.

P

Permian Basin

The Permian Basin in the western part of Texas and New Mexico is the largest and lowest cost petroleum producing basin in the US.

Q

Quitclaim deed

Oil companies need to have clear ownership records to explore and drill. To avoid costly legal wrangling between parties, a quitclaim deed relinquishes your rights to the land.

R

Rig

An oil rig is used as an on or offshore platform with facilities to drill wells to extract oil and natural gas.

S

STACK (Sooner Trend Anadarko basin Canadian Kingfisher)

A crude oil and condensate shale area in Oklahoma. It is a one of the most exciting 'up and coming' prospects emerging today.

T

Tanked

What the market did from mid-2014 through to February 2016! Thankfully the market is starting to rebalance.

U

Upstream

The upstream sector includes exploring, drilling and operating the oil and gas wells. This part of the industry is highly oil price sensitive (see "O").

V

VLCC (Very Large Crude Carriers)

VLCC are ships designed for the bulk transport of oil. BIG ships.

W

White sand

White sand is commonly used for fracking due to its high purity of quartz within the sand with very durable and very round grains.

X

X-ray fluorescence

An analysis technique for determining mineral content of oil samples.

Y

Year on year (YOY)

China has bought more cars YOY (21.1m) than the total number of registered cars in Australia (18m).

Z

ZZZZ

What you might be doing if you managed to get through to this point!

You're never too young

Oliver Harwood joined Brooks Macdonald in 2015 and holds the position of investment manager. He is responsible for managing discretionary private client and institutional money. Prior to joining Brooks Macdonald, Oliver worked at Canaccord Genuity Wealth Management and has worked in financial services since 2011. He talks to us about his role at Brooks Macdonald and takes us through the benefits of investing young and what the risks are.



What is the role of an investment manager:

My role as an investment manager is to manage money on behalf of private clients (directly or through intermediaries) on a discretionary basis. I make day-to-day decisions on how to manage their investments in line with their investment objectives and attitude to risk, while also taking into consideration any investment restrictions they may have set (for example ethical requirements such as not investing in tobacco companies).

In general, investment managers are responsible for constructing and maintaining their clients' investment portfolios. This means choosing the

underlying investments and ensuring that these are structured correctly in the context of a broader portfolio (asset allocation). It is the investment manager's responsibility to ensure that the client's portfolio is constructed in line with their requirements on an ongoing basis, for example because of changes to the economic backdrop or market conditions.

Another key component of my role is to ensure that clients are kept up to date with the progress of their portfolios. While we provide each client with daily online access to a valuation of their portfolio, we also aim to meet with clients on a regular basis to give them a more personal update and to answer any questions they may have.

At Brooks Macdonald, investment managers also spend a lot of time researching investments to ensure that those included in the portfolios are best placed to provide attractive risk-adjusted performance. Each investment manager is part of a sector research team which specialises in a particular area of the market. I am part of the North America research team, whose responsibility is to identify compelling investment opportunities within the North American market. This involves bi-weekly meetings and presenting our recommendations to our central investment committee.

No day within the role is ever the same which is why I enjoy it so much!

Why invest young?

The short answer is "compounding" – meaning the effect of investment profits increasing exponentially over time. Although over a small time frame the effects of compounding may seem minimal over the long term they can make a considerable difference to the growth of an investment.

Young investors should also consider real returns, or the returns generated by investments after the effect of inflation. The Bank of England's current inflation target is 2% per year, but its main interest rate is only 0.25%, meaning that investors can only earn 0.25% interest on cash from their bank (if they are lucky!). This means that investors are actually achieving a negative real return of -1.75% by keeping money in bank accounts! Stock markets have historically generated returns in excess of inflation over time, which is why young people should take advantage investing in other assets, if possible.

Potential investors should also consider the fact that record low interest rates are to the detriment of savers and the benefit of borrowers (through cheap borrowing costs).

What does risk mean and how should young people view risk? Risk is a concept that means different things to different people. Something that may seem risky to one person may seem riskless to someone else, so it's extremely important to ensure that clients fully understand the concepts of volatility and risk, and how these could affect their financial positions. To me, risk is about the amount of uncertainty someone is willing to take in order to meet their objective return.

I would stress that younger people should look at the longer-term picture when considering risk and not focus too much on short-term volatility. They should only consider investing once they have established the maximum potential drawdown (investment loss) they can bear.

What are your options when it comes to investing?

There are many different ways to invest. In this day and age, you can even place stock market trades on your smart phone!

For people who have the time and expertise, it may be appropriate to invest in stocks and bonds directly. This can be done through a stockbroker or via an online trading account. However, many potential investors feel that they don't have the necessary expertise, or that they are simply too busy to manage investments themselves. For such potential investors, it is often appropriate to pass this responsibility onto a professional discretionary investment manager. Using a discretionary investment manager allows them to delegate the day-to-day management of their investments, meaning they do not need to make decisions about which investments to hold, or when to buy or sell.

Away from the stock markets, there are an abundance of investment opportunities available. Property, art, stamps, cars can all be classed as investments... there really are a wide variety of options out there.

What should we be looking out for?

The investment world is a complex place, with investors hanging on the words of central bankers and sometimes ignoring company results and economic data.

Market movements immediately following the UK's vote to leave the European Union again showed investors' dislike of uncertainty. Although the impact of the secession so far has not been as severe as expected, we are cognisant that this reflects the devaluation of sterling, additional policy support provided by the Bank of England, hopes of fiscal stimulus from the UK government and the fact that the formal exit process has not yet begun. We are mindful that significant risk remains associated with exit negotiations.

"I would stress that younger people should look at the longer-term picture when considering risk and not focus too much on short-term volatility. They should only consider investing once they have established the maximum potential drawdown (investment loss) they can bear."

It is possible that market volatility will rise ahead of the US Presidential election in early November, with significant uncertainty on whether Hilary Clinton or Donald Trump will be victorious. History suggests that election processes are unpredictable, particularly with polls suggesting a very small split between candidates. Italy is also holding a constitutional referendum in the coming months and this has the potential to spur significant political change, with current Prime Minister Matteo Renzi having declared that he will resign if the incumbent party is defeated. Such an event could catalyse a broad political and economic crisis during a time where the country is already on the verge of a banking crisis.

However, it is not all negative. It is possible that political fog clears with the above political events passing without any major issues, while market regulators could provide greater-than-expected monetary policy support or governments could surprise markets with large fiscal stimulus packages. Nevertheless, we have judged the most prudent course of action to remain cautiously positioned in our approach to portfolio construction, maintaining tactical cash positions that we can deploy if and when opportunities arise. We have also focused on income-generative investments to provide the portfolios with decent total returns in the mean time.



Meet The Team behind GLS Outsourcing

GLS are the leading provider of outsourced solutions to the Channel Islands with five dedicated divisions each servicing a specialist area. GLS bring to the market a comprehensive offering in HR Consultancy, Recruitment, Pre-Screening, Payroll and Bookkeeping services specifically designed to meet the needs of SME's and supporting them in their business growth.

The outsourcing market is incredibly strong at the present time as more and more companies take the decision to utilise a specialist resource as and when they need it whilst circumventing the cost of an in-house staff member.

GLS continues to go from strength to strength recently making two new additions to their team. Ben Pastor joins GLS as a Senior Recruitment Consultant taking responsibility for working with candidates ranging from graduate to mid-management level, in addition to working closely with his own client portfolio. Ben is a natural born communicator with a background in HR, recruitment, and coaching in addition to a solid understanding of the island's financial markets. Ben joined GLS in September, using his skills to coach and mentor candidates throughout their career helping them to achieve their career aspirations.

Jessica Wilton also joins the team as Administration and Marketing Officer, a post taken up in August immediately after graduating from Southampton University with a degree in Fashion Management and Marketing. Jess's job title does little justice to her far reaching duties, Jess is responsible for ensuring

the whole GLS team is running efficiently, she is the first point of contact for all candidates and clients in addition to managing the company's in-house marketing, social media and digital strategy ensuring we keep up to date with the latest market trends.

Jess and Ben join Directors' Kevin Goldswain and Marie-Clara Thaireux, Kevin is GLS's Finance & Administration Director, he is responsible for working with clients in meeting their payroll and bookkeeping needs, in addition to managing all of GLS's In-house operations responsibilities that require a very high level of organisation and a very good sense of humour.

Marie-Clara is GLS's Recruitment, HR & Training Director, in addition to managing her own client and candidate portfolio, Marie-Clara works with many of the island's companies offering effective HR, employment Law and talent management advice, she is also responsible for heading up GLS's recruitment team ensuring candidates and clients receive unrivalled experience in their dealings with the team at GLS.

Pictured left to right: Ben, Marie-Clara, Jess & Kevin.

let's talk

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Calibre of Quilter Cheviot Team Recognised in Raft of Industry Accolades

Having a high calibre team in place, able to provide clients with unrivalled investment management expertise is of the utmost importance to Quilter Cheviot, one of the UK's largest discretionary investment firms and can trace its heritage to 1771. The firm is based in 12 locations across the UK, Jersey and Ireland and has total funds under management of £18.8bn (as at 30 June 2016).

The Jersey team boasts some of the industry's leading wealth management talent and, as a result, has secured high profile placements in the prestigious Citywealth Leaders List for 2016.

The Citywealth Leaders List is a directory of leading professionals in the private wealth management and private client industry. The result of an ongoing year-long programme of peer recommendation and verification, the list brings together lawyers, accountants, family offices, private bankers and trustees who deal with private clients with fortunes in excess of £20m but often up to several billion.

This year, Quilter Cheviot's Head of Jersey Office and Head of International, Tim Childe has been recognised as a prominent figure in the Private Bankers & Investment Managers category of the Leaders List, along with Executive Director, Mo Baluchi. This is the fourth year in a row that Tim has secured a place in the listing; recognition of the weight of experience he possesses.

Mo, who has appeared in the leaders list for three consecutive years, has worked in the financial services industry for nearly twenty years and is responsible for developing business relationships with intermediaries, introducers and HNW private clients both locally and internationally.

Alongside Tim and Mo, Citywealth has also recognised the achievements of Jersey-based Quilter Cheviot Executive Director, Rebecca Sturgeon and Investment Manager Michael Bull.

Rebecca, who has been with Quilter Cheviot for more than twenty years and manages portfolios for high net worth private clients, trusts and corporate structures has been shortlisted for the Citywealth Powerwomen Awards 2016 in the Woman of the Year: Leadership category.

Michael has been shortlisted for the Citywealth Future Leaders Awards 2016 in the Private Banker / Investment Manager of the Year – Institutional category. The Future Leaders Awards recognise young professionals in the wealth sector and highlight the leaders under 40 of today and tomorrow.

Summing up his response to the various accolades, Tim Childe explained, "It is enormously pleasing to see members of our team recognised for their level of commitment and for consistently delivering client service excellence. Longevity of client and intermediary relationships is central to our business model and by retaining highly experienced, expert team members like Mo, Rebecca and Michael we can maintain those relationships.

"At the same time, with the Jersey office playing such a key role in delivery of Quilter Cheviot's international ambitions, our outstanding team helps us to be at the forefront of innovation, constantly seeking new investment opportunities from across the globe.

"It is important to stress, of course, that we employ a 24 strong team in the Jersey office and I'm proud to say that every member of that team plays a part in securing our continued success."

Pictured left to right; Tim Childe, Mo Baluchi, Rebecca Sturgeon & Michael Bull

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Collas Crill future leaders recognised in inaugural awards

Four lawyers from Collas Crill have been shortlisted in the inaugural Citywealth Future Leaders Under 40 awards.

The four have been shortlisted in the following categories:

Group partner and head of fiduciary Angela Calnan for Outstanding Individual of the Year

Fiduciary partner Kellyann Ozouf for Lawyer of the Year - IFC Partner

UK real estate group partner Michael Morris for Business Development Initiative of the Year

Senior associate Kerrie Le Tissier for Lawyer of the Year - IFC Associate

Citywealth introduced the Future Leaders awards following the success of the 2015 Tomorrow Club awards with the aim of championing young professionals in the wealth sector and highlighting the under 40 leaders of today and tomorrow.

The awards are judged by a panel of practitioners from across the private wealth industry. Additionally, members of the public can also contribute through an online vote.

Top 35 Under 35 success for Collas Crill

Collas Crill associate Julie Harrigan has been listed by eprivateclient as one of their Top 35 Under 35 private client practitioners.

Julie, who joined the firm eight years ago as a legal assistant, has day to day responsibility for the Jersey arm of the pan-island private client team.

She specialises in all aspects of succession law and advises on, and drafts, wills for local and non-local clients as well as HNW individuals. She also deals with the administration of deceaseds' estates for local and non-local clients and assists individuals with the probate process in Jersey.

The Top 35 Under 35 initiative is designed to identify, recognise, promote and introduce the rising stars of the private client practitioner community from the UK, Channel Islands and the Isle of Man. It also provides an opportunity for the top 35 men and 35 women to meet each other and some of the UK's top practitioners at a reception as well as throughout the next 12 months at smaller events.

Joanne Seal, group partner and head of the firm's wills and estates practice, said: "Julie continues drive the firm's wills and estates practice in Jersey, working incredibly hard while consistently demonstrating a continued commitment to her professional development."

The Atlantic Hotel named as one of the best hotels in the UK

The Atlantic Hotel has been named as one of the 50 greatest hotels in Britain for summer and also listed in the Caterer's Hoteliers' Hotels Top 100.

The attentive, friendly and personal service at the family owned small luxury hotel and its Michelin-starred Ocean Restaurant have been praised by Telegraph Travel's Britain experts, who named The Atlantic Hotel in their top 50 UK hotels for summer fun, describing the hotel's tennis court as having 'what must be one of the most spectacular views of any court in the UK'. Fellow hoteliers have also named the St Brelade hotel in the inaugural Hoteliers' Hotels Top 100 list, compiled by the UK's leading hoteliers and verified by some of the nation's pre-eminent hotel experts, including hotel journalist Fiona Duncan, Giovanna Grossi and fellow AA hotel inspectors, and senior editors at The Caterer.

The Hoteliers' Hotels Top 100 was unveiled by The Caterer magazine and Sky TV. Amanda Afiya, editor of The Caterer, said hoteliers knew their industry and that there was 'nothing quite as special as peer-to-peer recognition'.





'International Powerhouse' JTC gains recognition in major private wealth publications

The strength of JTC's global private client services has been reinforced through a number of recent endorsements in major publications serving the international private wealth management community.

The latest accolade, following a hugely successful few months for JTC in terms of industry recognition, was awarded this week to JTC's Private Client Services Manager, Karen Burton, who is named in the prestigious eprivateclient Top 35 Under 35 list for 2016.

International industry commentator Chambers and Partners this year produced their first ever High Net Worth (HNW) Guide aimed at the international private wealth market, for use by family offices and professional advisers. In the 2016 HNW Guide, JTC is ranked as a 'recommended adviser' in the Jersey trust company section, and is described as an 'international powerhouse' that has 'expanded across the world in a big way'.

In a double shortlisting by wealth management publishing house Citywealth, JTC is a finalist in the 'Trust Company of the Year - Jersey' category at the International Financial Centre Awards 2017, and Siobhan O'Sullivan, Associate Director, Group Business Development & Marketing at JTC, is a finalist in the 'Woman of the Year: Business Services' category at the Powerwomen Awards 2017. Winners of the awards are due to be announced at ceremonies in London in January and February 2017 respectively.

In addition to this, Michelle Le Herissier, Private Client Services Director, is recognised as a leader in the private wealth field, having been named in the Citywealth Powerwomen Leaders List 2016.

Citywealth recently announced their Future Leaders 100 List for 2016. This annual list includes Darren English, Director, and Paulina Harvey, Senior Manager, from JTC's Private Client Services team.

This succession of acknowledgements follows another prestigious award earlier in the year when JTC won the 'Editor's Choice' award in the Citywealth Brand Management and Reputation Awards 2016.

col·lec·tive noun

a noun that denotes a group of individuals

We wanted to put together a collection of collective nouns relevant to the business community. An easy task we thought, until we turned to Google our trusty aide in times of need. What we found were a variety of amusing collective nouns for almost everything else in life, including a fixe of hipsters and a tassell of strippers, yet those relating to the business world were somewhat lacking. Not ones to shy away from a challenge, here are the best we could find:

An **adequacy**, **avoidance** or **alchemy** of **accountants**

A **risk** of **actuaries**

A **vault** of **bankers**

A **ream** of **bureaucrats**

A **bevy** of **business angels**

A **register** of **cashiers**

A **billing** or a prevarication of **consultants**

A **cash** of **credit controllers**

An **assist** of customer **service representatives**

A **deficit** or clashing of **economists**

An **exaggeration** of **estate agents**

A **declaration** of **insurance agents**

A **quarrel**, a **suit** or a **huddle** of **lawyers**

An **asylum** of **managers**

An **annoyance** of **mobile phones**

A **bank** of **monitors**

A **stock** of **portfolio managers**

A **plan** of **project managers**

An **archive** of **programmers**

A **trawl** of **search engines**

A **compromise** of **senators**

A **cloud** of **sysadmins** (*system administrators*)

A **Google** of **web surfers**

A **Charlotte** of **webpages**



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Flora Keites, member of the
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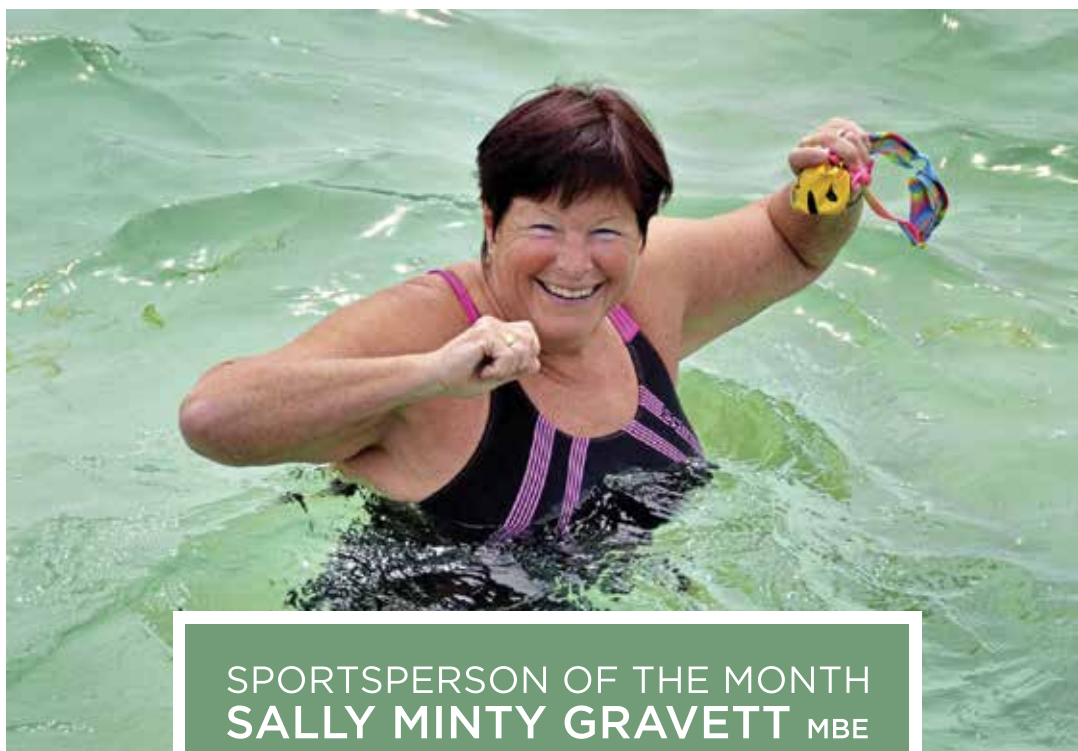
 [Rathbone Brothers Plc](#)

The value of investments and income arising from them may fall as well as rise and you might get back less than you originally invested.

Rathbone Investment Management International is regulated by the Jersey Financial Services Commission.

The background is a solid green color with a repeating pattern of tennis rackets. The rackets are oriented diagonally and are a slightly darker shade of green than the background. In the center, the word "SPORT" is written in a large, white, sans-serif font. The letters are bold and have a slight shadow effect, making them stand out against the green background.

SPORT



SPORTSPERSON OF THE MONTH SALLY MINTY GRAVETT MBE



Age: 59, and very proud of it.

What sport do you do: Long distance swimming.

Is there a difference between long distance and open water swimming: I swim in just a costume, goggles, a hat and a bit of vaseline. Whereas 'open water swimming' is usually racing in open water, normally over distances between 1k and 10k, and they'll normally wear thin wetsuits or tri-suits.

Have you always been a swimmer: Yes, I started swimming before I walked. I was born in Africa and moved over here at the age of three, then the only place to learn to swim was Harve des Pas swimming pool. The first indoor pool opened in 1969 when I was 12, this was the pool at De la Salle school, it was then that swimming started to change as people's times got faster in the pool. Then the Fort Regent pool opened in 1971, Tigers swimming Club began, so even more people were swimming. Whilst I swam in a pool I always preferred to be in the sea.

School attended: Convent FCJ

Favourite ice-cream flavour: Coconut and pistachio. I've never been a fan of vanilla, until the evening I finished my recent swim when it was the first thing I ate, it really helped to sooth my throat which was full of ulcers, so now it's also on the list.

Favourite animal: Dolphin.

Favourite food: Lobster and Thai.

What would you wear to a fancy dress party: I'm not a massive fan of fancy dress, so probably a swimming costume and goggles.

Favourite song: Anything by Dire Straits or the Eagles.

How often do you train: In the summer I will try and sea swim most days.

You've just completed a double cross Channel swim, from Dover to Calais and back again, can you tell us more about this? I've done five English Channel swims, over five decades in both my age and the years too. I've always talked about doing this challenge, in fact I've tried twice before to complete it but both times the weather was against me. To get ready I needed to be able to focus and train more, so last winter I changed my working hours to really focus, as this was third time lucky I felt it had to happen, which it did. I'd of course liked to have done it when I younger, but I still think it's pretty cool to have done it at the age of 59.

How much does it cost to complete the swim: It costs £3k each way, so that £6k in total, that's for the boat Pilot. As I was raising funds for local charities I was lucky that this cost was covered by anonymous donors. Along with the other expenses, like food and lodgings before and after the swim for me and my crew.

How long did it take you: 36 hours and 26 minutes. I started on Monday 29 August at 8.44am and finished on Tuesday 30 August (which coincided with my 41st anniversary of my first channel swim in 1975 when I was 18)

How many people have completed the double Channel crossing: 30 people in total and I'm the seventeenth lady to have done it.

How did you prepare for the swim: Swimming, of course! But I also do a lot of spinning and weight training. I worked with the guys at Elevate on their anti gravity running machine. So I make sure I cross train as part of my training. I don't like swimming in the pool, so I find that the hardest part.

Although long distance swimming is a really solitary sport, do you have a collective of people that work with you behind the scenes: I had an amazing crew for this trip and always make sure I do when attempting a swim. I choose people I know really well, Charlie Gravett (he was in charge of social media), Bianca Kempster and Graeme Lowe from Jersey and Cliff Golding from the UK. I also asked a lady called Tracy Clarke to join us for this trip, she's someone I've got to know over time and respected the work she's done with other swimmers. I was in great hands with a fantastic crew, which really helped me through that and the updates they gave me of messages people were sending. I'm told that around 40,000 people watched my swim through the various feeds and social media channels, which is really something.

How do you keep yourself entertained for all that time in the water: For me, being in the sea is my really happy place, so I'm at the most content when I'm in the water, it's like meditation. The Channel is a busy place too, so I watched the boats, people, focused and thought on my technique, I thought about people at home, what I was going to eat for the next feeding stop, all sorts of things go through your mind. People from my crew came in and swam with me at points, they made me laugh, they kept me going through the whole swim, I really couldn't have done it without them. We did Bailey the Beluga impressions, the character in Finding Dory, but that got a little boring towards the end...

What about keeping yourself fed and watered: You stop every hour to feed and eat whatever suits you, every swimmer is different. Food is a carbs based powder mixed into whatever you like to feed with. I made jellies with it, mixed it with mint tea and honey. Towards the end when I was getting tired I had flat coke with fruit sugar to try and give me a boost.

You were recently awarded the honour of an MBE in the Queen's birthday honors list, did you know you'd been nominated: Yes. I was nominated a few years ago but was only awarded the accolade this year, I believe it takes a long time to process the . I haven't been to meet the Queen yet. The Lieutenant Governor, John McColl, called me on the Queens birthday, 21 April, and told me the news, I was so delighted but I had to keep it secret until the garden party at Government House in June. Which was really tough!

Where has been your favourite place in the world to swim so far: I loved California. I also loved swimming around Manhattan, In 1999 I competed in a race over there. They've stopped doing it now, but it was amazing. swimming past the New York skyline was incredible, you go faster than the traffic.

How can people get involved in swimming in Jersey: Lots of ways. If you want to swim in a pool and want lessons, there are loads of people you can train with (including Sal *ed). I'd recommend you get strong in the pool before you move into the sea. Then the Long Distance Swimming club is a great place to go and learn all you need to know about the safety aspects of sea swimming in Jersey.

What's coming up next: I'm going to have a year off and just swim for pleasure. I'm looking to focus my attention on rowing, with the aim of competing in the Sark to Jersey as a pair. It's something I've not been able to do as it's always coincided with my swimming. I'm also considering taking part in the Jersey Triathlon, but that will involve me overcoming my lack lustre love of cycling.

Do you have a top tip for other aspiring sports people particularly those looking to follow in your footsteps: Do something you love. Listen to the advice you're given as it helps us all learn and just do the best you can.

Sally's double channel swim raised money for two local charities RNLI Jersey and Jersey Cheshire Homes if you'd like to help her reach her target of £15,000 you can donate at race-nation.com/sponsor/e/9207

Are you looking for ways to live a healthier, more balanced life?

Young or old, male or female, anyone can benefit from acupuncture...

In Jersey, 18,000 days were lost to illness in 2010 with over 40% of these being stress related. Our goal is to help support you with a step-by-step personalised treatment plan to suit your own personal health problems and needs.

Our full treatments include:

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Lorna Jackson BSc (HONs) Acupuncture, MBAC, MRTCM
Health Point Clinic, Rue De Fiquet, St. Martin, JE3 6BP - 852039
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Jersey Hospice Care

your care, your choice, your time

COSTA RICA CHALLENGE

Imagine travelling to a far off exotic destination with a group of people you may not have met before and experiencing some of the most spectacular scenery and inspiring culture the world has to offer. Sounds like an idyllic holiday, right?

Now imagine you are travelling across that country on foot or two wheels, undertaking a daily battle with wild terrain and tropical weather, where around every corner and over every hill there is another incredible view or experience to be had. And imagine you could undertake that journey in the knowledge that you are raising funds for a cause that makes a daily difference to the lives of hundreds of people.

The Jersey Hospice Care Challenge is a bi-annual event that draws the very best from people in terms of personal endeavour and generosity and now is the chance for you to sign up for the 2017 event in Costa Rica. But beware, this is no vacation: you can **either cycle or trek** from coast to coast in the Caribbean country - a distance of up to 480 kilometres - and on the way you will encounter rainforest, volcanoes, quiet village communities and striking colonial towns. It will be the journey of a lifetime that will make a difference to the lives of others.

Since the Jersey Hospice Care Challenge was started in 2001 over 200 people have taken part, visiting countries such as Mexico, China, Vietnam and Tanzania with many participating more than once and, in doing so have not only overcome fears and achieved personal goals, they have raised in excess of £1 million for Jersey Hospice Care.

The Challenge appeals to anyone who is looking for a tough adventure to test themselves while visiting remote or off-the-tourist beaten track parts of some of the most beautiful countries in the world.

NEW FRIENDS AND WONDERFUL MEMORIES

Rachel Godel is a two time Challenger, having cycled China in 2012 and Tanzania in 2014, which proved to be the best week in her life: "It was by far the toughest challenge I have undertaken because of the heat, the terrain and the distances", she says. "But the friendliness of the locals, the stunning scenery and the sense of achievement at the end of the day was incredible. I was exhausted, elated and emotional when I reached the end of our journey at the Ngorongoro Crater having cycled 380 kilometres across very rough terrain. As well as raising funds for Jersey Hospice Care and meeting the challenge, I had made some firm new friends and created some wonderful memories."

The Costa Rica cycle starts where Christopher Columbus first set foot in the Caribbean and crosses 480 kilometres to the Pacific coast on the roads and dirt tracks of the country's hilly interior, passing lakes, volcanoes, rainforest and tropical plantations with small towns and villages providing plenty of cultural flavour, while the heat, humidity and hills will add to the epic nature of the challenge.

Cycling is not for everyone and so the second option is to undertake the Challenge on foot. Trekking from coast to coast takes in Costa Rica's highest active volcano, coffee plantations, oak forests and dense rainforests.



The terrain is wild but it is an adventurous and rewarding way to see the country. And to rest your feet there is a day of rafting along a beautiful stretch of water that includes several white water rapids (no experience necessary!) as well as plenty of opportunities to sit back and enjoy the scenery.

Karon Cabot trekked Tanzania's Rift Valley in 2015 and climbed Kilimanjaro for the Jersey Hospice Care Challenge, to celebrate her 50th and her daughter Zoe's 21st birthdays, which are two months apart.

"It was a huge sense of achievement and we finished with lots of memories having conquered fears and raised funds for a fantastic cause. It made me realise that you really can try anything."



GET YOUR FRIENDS, FAMILY AND COLLEAGUES INVOLVED

If you decide to take on the Challenge then preparation is everything, from physical and mental training to organising events and activities to raise funds before you go.

"Get your friends, family and colleagues involved," says Karon Cabot. "I am very lucky to have been supported by my Directors and colleagues at First Names - we held lots of social events including race nights, speed quizzes and so on. The most important thing is to make the events enjoyable and fun so that people have a good time while donating money."

"For the last two challenges I have trained with some of the other cyclists on the trip," says Rachel Godel. "I start gentle training about a year before the trip and I would always aim to cycle three times a week in the six months prior to the off, increasing in distance and difficulty. I cycle every day the week before departure, to get my legs and bottom used to being on a bike day in day out! It's important not to let the weather put you off as, of course, you need to be prepared for every eventuality on the trip."

The 2017 Jersey Hospice Care Challenge is launched at the Pomme d'Or Hotel on Thursday 29th September where you can meet representatives from the charity and Discover Adventure who organise the event.

There are two sessions - one at 12:30pm until 2:00pm and a second one at 5:30pm, with light refreshments available at both.

So why should you do it?

As the author Joshua J. Marine put it, "Challenges are what make life interesting; overcoming them is what makes life meaningful." Rachel Godel has no doubt about why she has taken part in two Challenges. "My father spent his final days in Jersey Hospice Care and it is important to me that I am able to 'give something back' for the care and compassion that they showed him. In addition, I know many people who have used the services of Jersey Hospice Care and, but for the generosity of people pulling together in various roles, it would never be possible for them to have done so."



"One particular highlight was clambering to a waterfall for our 'pure joy' moment after a long day of trekking in the heat. We thought our leader Jo was mad when she suggested we should wade fully clothed, including wearing our precious boots, through a river to a waterfall. Those moments don't come round very often. I'm not sure if it was the coolness of the water after the heat, the fact that we were being 'naughty' getting our boots and clothes wet or the excitement of our achievements that week that made it so special."



START YOUR ADVENTURE WITH US...

Meet with representatives from both **Jersey Hospice Care** and **Discover Adventure** to explain more about the two challenges for both trekkers and cyclists and answer any questions you may have about the challenge.

**Thursday 29 September
at the Pomme d'Or Hotel**

Lunchtime session opens at 12:30pm
(presentation will start at 1:00pm)

Evening session opens at 5:30pm
(presentation will start at 6:30pm)



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Sport News



Ready for adventure?

The Sand Storm Adventure Race returns on Saturday 15 October 2016 with a number of new and exciting developments, for what will be the fourth event hosted in Jersey.

For those who haven't yet discovered Sandstorm, the event is set within the stunning and unique grounds of the Simon Sand & Gravel Quarry located in St. Ouen's Bay. It sees competitors having to throw themselves over walls, navigate water obstacles and slides, crawl under barbed wire, carry sandbags, and test themselves up and down sand dunes among numerous other challenges, including a few new surprises to keep competitors on their toes!

The adventure race itself offers two different distances, a Cadet 2.2km (9-15yrs) and Trooper 5.2km course (16yrs+), as well as team category on the Trooper Course (16yrs+). The team category is a perfect opportunity for friends, family and colleagues to come together and have a

fantastic amount of fun as well as achieve something truly special as a team. There is no cut off time for the event finish and everyone is cheered on over the finish line.

This year the event is excited to welcome Nedbank Private Wealth as the new headline sponsor of the event. As part of their sponsorship Nedbank Private Wealth have selected the British Heart Foundation, Jersey Branch as this year's official charity for the event. This charity is particularly important to Nedbank Private Wealth's Head of Business Development for the Channel Islands, Andrew Robins who will be leading his team around the course, two years after undergoing open-heart surgery to replace a bicuspid aortic valve.

Online entry is now open www.sandstormjersey.com



TEAM JETS GET CREEPY, VALLEY

Not only have this collective made it onto the pages of our fashion shoot this month but Team Jets netball team has also soared through the ranks from the south west regional league to England Netball's premier league over the past four years.

Last year they consolidated their position in premier league two finishing in a credible fifth place. After a hard fought campaign last year the steep learning curve will continue with every player in the new look squad challenging for a starting place in the team for the 2016/17 season. Preparation for the physical side of the game has been addressed by Nick Dingle, their new strength and conditioning coach, and with the weekly technical training sessions covering sharp shooting skills, assertive attacking and dominant defending tactics the girls are well prepared for their first home game against Telstars on Sunday 2 October, 2.30 pm at Fort Regent, for those who'd like to go and watch.

The 18 game programme this season will be taking them to Birmingham, the London area and Bristol. As with many sports teamwork is high on their agenda and a recent visit to Creepy Valley produced some excellent opportunities for a positive team building day and some entertaining photographs too. Good luck ladies, we hope you smash it and thanks for featuring in this month's shoot.





HARDWARE



RUST IN PIECES

WORDS Russ Atkinson

Inspired by the memory of a beautifully shot and edited video posted online years ago of a chap in Japan casually popping out to a 24 hour petrol station for a can of Red Bull in his Rothmans liveried Group C Porsche 962, I had envisaged this article to be an exploration into what drives people like the mystery man in the Porsche driving down Japan's highways in an ex-endurance racing prototype car to collect, their backgrounds, the roots of their passion.

Then I discovered that the Sultan of Brunei, Hassanal Bolkiah, has a collection of over 7,000 cars. Just because he can. And he does. You read that correctly; 7,000 exotic cars, many of which are in fact also unique. In Brunei, the tiny 2,000 square mile sovereign state just by Borneo down there in Southeast Asia. Sadly, the tropical equatorial climate does this extensive car collection little favours. It's no wonder

Jay Leno's chin can't stand him. He's also a totalitarian dictator, which doesn't help. The Sultan of Brunei, that is, rather than Jay Leno's chin.

With a mere two pages with which to sum up this collection of over 7,000 vehicles I've decided to focus on just a small handful of the rarest as well as a couple that I'd quite like in my garage at home.



DAUER 962 LE MANS

Produced from genuine 962 chassis supplied by Porsche, the Dauer Sportwagen produced version benefitted from not only a handful of creature comforts, including more than one seat to allow you to scare your contemporaries absolutely shitless on the way to the pub, but also a bit of extra power given they didn't have to include the turbo restrictor to satisfy ACO regulations. 730 horsepower is probably about right for a road car weighing a smidge over a tonne, anyway. Nice choice, Sultan, I'd definitely have one of these. It'd be rude not to, it's the car that inspired the article after all.



FERRARI MYTHOS CONCEPT

Looking like something derived directly from the minds of the artists behind the original Need For Speed games, Ferrari never intended any of the small handful of functioning Mythos' for public consumption. Naturally, the Sultan has two of them stashed away somewhere. Coachbuilder Pininfarina also have one which they keep in their museum having created the vehicles on Ferrari's behalf ahead of the Tokyo Motor Show in 1989 using Ferrari Testarossas as a base.



FERRARI 456 ESTATE

The Sultan's brother asked Ferrari for seven of these but only went through with purchasing six at a rumoured \$1,500,000 per car. Personally, I quite like it. The 456 is a stunning stallion to start out with but this one's got plenty of room for all kinds of things; dogs, golf clubs, shotguns, a number of balthazars of Dom Pérignon or my favourite, a few lengths of 2x4 and a couple of sheets of plasterboard. Perfect, I'll take eight please. Oh, hang on, I'm a few quid short. Could I possibly change that to, er, none?



MERCEDES-BENZ CLK GTR

Few people know this, because it isn't important, but aged 13 I physically touched a road-going one of these from the other side of a rope at the London Motor Show when nobody who seemed that bothered was watching. I remember this clearly, because it had one of those little for sale signs with the slot-in numbers on the roof that read £1,000,000, which was a mind boggling amount of money for a 13 year old to get his tiny head around. Plus my dad dared me to touch it. The CLK GTR was so costly, in fact, that it held the Guinness World Record at the time for the most expensive production vehicle ever. Not satisfied with simply ordering one of the 35 road cars to roll from the production line though, the Sultan ordered the only two that were produced in right hand drive; a coupe and a roadster. The coupe even had a tartan interior! I think I'd have wet myself with excitement if I'd have witnessed such a marvel aged only 13. To be fair, I'd probably struggle to hold it together even today. An exquisite choice, Sultan.



BMW NAZCA C2

Another example of a vehicle so absurdly low volume that despite being an undeniable full-on petrolhead I've still never actually seen in real life, so it stands to reason that the Mr Bolkiah has one of the three examples that Italdesign constructed in the early nineties in his collection. They never made mass production when BMW got cold feet after an intern presumably piped up and reminded the decision makers that despite how badass the BMW M1 had been, they really didn't need another financial failure of such epic proportions in a hurry and they moved all of the V12 engines earmarked for the Nazca C2 back onto the 8 Series production line. You remember the 8 Series, don't you? Achieving the lowest number of units sold as well as the longest production run in BMW history at the very same time. It's a good job that the 750iL was so popular in certain circles or they'd have never found a home for all of those spare V12 engines...



CIZETA-MORODER V16T

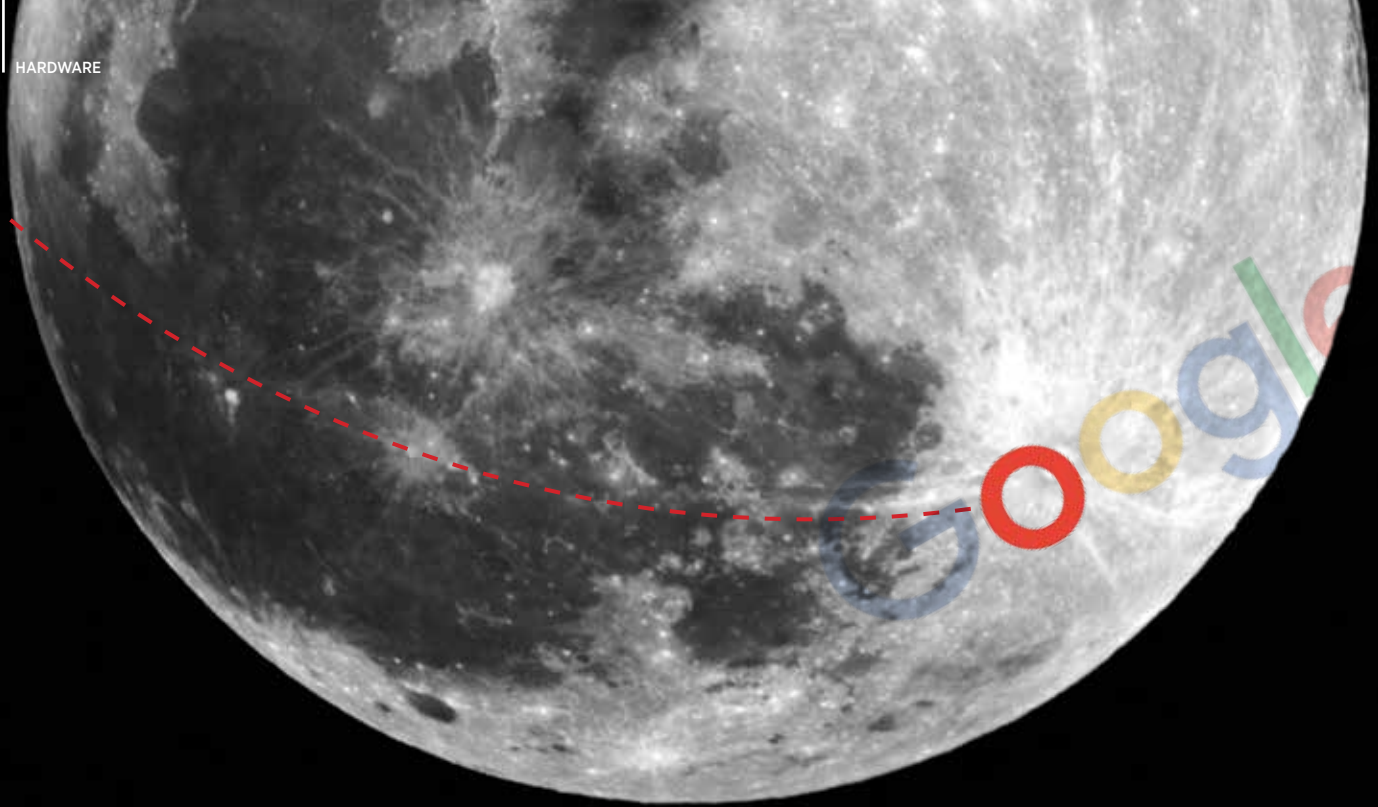
Here's one that few people will have heard of and even then, the handful that have were probably enlightened by computer games rather than witnessing one of these contraptions in real life. And frankly, contraption is probably the most appropriate term to use when speaking about a hypercar with two sets of pop-up lights and a transversely mounted V16 engine. Sort of. Because in reality it used two V8s that shared a crank. Still, you can't knock the group of ex-Lamborghini engineers behind the project for giving it a go. Incidentally, it uses the originally proposed design for Lamborghini's famous Diablo, sketched out before Chrysler took over and softened things up a little. Twenty were made between 1991 and 1995 but you could still order one up until 2006 for a mere \$649,000, or \$849,000 if you were after one that'll allow you to risk melanoma on the top of your head.

BENTLEY DOMINATOR

In the days before Bentley's Bentayga and the Autobiography series of Range Rover that allowed you to lavish disgusting amounts of money on what was essentially a chopped down Land Rover 110 with leather seats and a slightly bigger yet adequately asthmatic engine, if you wanted an odd looking off-roader then you had to ask nicely. Or throw stacks of cash around in a way reminiscent of the end of each episode of the Crystal Maze. That's exactly how I imagine it going down at Bentley headquarters in Crewe the day the Sultan requested six of these TX1 taxi lookalikes at a rumoured £3,000,000 per car, anyway. So little is known about them that the world only became aware of their existence when a photographer happened upon two of them being loaded onto an aircraft destined for Brunei.



In a display of incredible security effort, an Autocar photographer managed to take this photograph whilst standing directly behind a police officer. On an airfield.



TO INFINITY!

(OR AT LEAST *BEYOND* THE STRATOSPHERE)

WORDS Russ Atkinson

Whether or not man may have already successfully landed anything at all on the surface of the moon, let alone actual humans, five teams from around the globe (and by that I'm referring to earthlings rather than extra-terrestrials) are aiming to send their robots there in 2017 to discover more about our closest celestial body than we've ever learnt before. It's practically on our doorstep, after all.

Thanks to that gargantuan and seemingly unstoppable internet force that is Google coughing up toward the \$30,000,000 prize fund for successful entrants, the handful of teams that have made the cut by convincing judges of their ability to actually manufacture conceptual machines capable of cutting their mustard (and a whole host of lunar minerals) on the surface of the moon have been working toward a deadline of 2017 as they strive to overcome another gargantuan and almost unstoppable force: gravity.

Thankfully, for the teams, the prize money is being awarded incrementally, although I can't imagine that playing with robots on the moon necessarily falls within the twenty-million dollar budget. Still, going slightly over budget on an individual basis is probably worth the bragging rights, right? As well as the knowledge that you're developing technology for the advancement of the human race, of course. The mission objectives state that

each team must successfully land their craft on the moon, move 500m either above, across or below its surface and send back high definition video footage. Straightforward sounding enough on earth, which is where the qualifying teams have demonstrated their droids up to this point to prove feasibility, but whether or not they'll be capable of operating in temperatures ranging from -247 degrees Celsius at night to +100 degrees Celsius during the daytime is yet to be seen.

SpaceX, the somewhat infamous developers of modern reusable space hardware that can just about land autonomously without exploding, backed by Elon Musk of PayPal fame and fortune, have already signed an agreement for two of the five shortlisted teams; Astrobotic, based in Pittsburgh (United States) and Hakuto, hailing from Japan to share a lift on one of their Falcon 9 rockets in order to get their respective rovers onto the lunar soil next year.

Hakuto, Japanese for 'white rabbit' after a folktale involving the shape of a rabbit being seen in the dark side of the moon, plan to land not one, but two rovers. One to drive up to the edge of a crater of their choice and the other, lighter counterpart to abseil down into said crater. I'm unable to confirm whether the cumulative distance will count toward the objectives, or whether they're just making more work for themselves by travelling across only to still have 500 metres of downward lunar exploration to follow. Let's not forget that they'll be in a side-by-side race against Astrorobotic's Uni rover to complete as many of the objectives as possible once their shared lander lands and the ramp goes down.

United States based team Moon Express have taken a completely different approach to lunar exploration by planning to land on the moon not once, but twice. Moon Express have created a 'flying donut' which is essentially a ring shaped fuel tank fitted with some boosters and the requisite camera equipment for their mission that'll hitch a lift out of the Earth's stratosphere with help

German team Part Time Scientists (who now actually employ a fair few full time scientists as part of their team), and their more conventional wheeled rover are frankly my favourites to win Google's Lunar X-Prize, purely because they all have unrelated day jobs and just fancied a crack at trying a bit of robotic space travel, don't seem fazed by travelling on the surface, however, and have already secured three quarters of a million dollars from the judges who were impressed by their imaging equipment in particular. It's an interesting mix of one camera lens that images through a colour sensor and a pair of black and white cameras mounted either side, because everybody knows that the best way to shoot high definition colour video on the moon is by using two cameras with black and white sensors then adding the colour from the centrally mounted lens and its associated colour sensor afterwards, don't they? The other advantage is that they'll also be able to shoot their footage in 3D and that's one way to resurrect a dying fad involving wearing an awkward looking pair of glasses. Count me in.

“The other advantage is that they'll also be able to shoot their footage in 3D and that's one way to resurrect a dying fad involving wearing an awkward looking pair of glasses. Count me in”

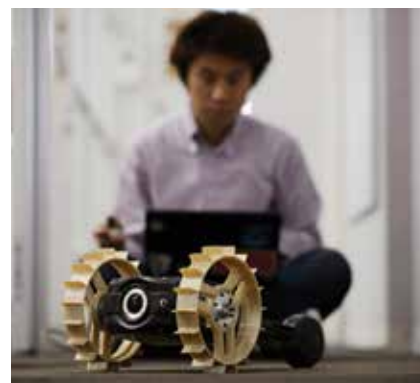
from Rocket Lab and one of their Electron rockets (no sharing here, I bet these guys never got bullied back at school) before propelling itself the remainder of the 24,000 miles, performing the riskiest part of any team's journey, the landing part, taking off again, strafing 500m and then landing *again*. Sending home postcards from the moon has never sounded so simple, has it? In a similar vein, Israeli team SpaceIL, who were the first to secure a spot in the contest, will launch their mission in conjunction with a SpaceX rocket according to a recently signed formal contract between the two companies but its solar powered journey to the moon will take approximately two months to complete. When it arrives, it'll recharge its batteries before hopping, yes, hopping toward its 500m distance target.

However, there is one big issue for the teams and it's the driving force behind Moon Express and SpaceIL's plans to fly 500m rather than travel overland: dust. Moon dust (not the edible, popping variety) is incredibly fine and tends to clog absolutely everything it comes into contact with, not to mention obscure vision. So whilst flying above it will kick up a bit of dust, it's at least unlikely to cause any mechanical issues. The risk of dust disabling the other teams' rovers is exponentially higher.

India's only team of the sixteen overall entrants who managed to reach the development stage, Indus, have proved quite elusive to research despite having already netted an impressive \$1,000,000 in milestone prize awards from the judges for their work so far.

The Google Lunar X-Prize hasn't avoided controversy, however, with complaints being raised about the inclusion of so-called Heritage Awards in and amongst the bonus prizes. Offering a \$4,000,000 award for any team that successfully produces a Mooncast from any Apollo mission site in both high definition and a lower resolution near realtime video as well as a panoramic photo of the site in question and an image showing a substantial portion of the Apollo craft from the site, concerns have been raised over their historical, cultural and archaeological significance and the possibility of damaging them by straying too close.

We'll have to wait until 2017 to find out who makes it first, or even if anyone makes it at all, but either way it looks as if the future of commercial space exploration is looking bright. Thanks, Google. That's one, small hop for a lunar lander...



PICTURED RIGHT, TOP TO BOTTOM: Hakuto's little abseiling rover, Part Time Scientists' 3D printed replica of Johnny Five from Short Circuit, SpaceIL's hexagonal space hopper, Astrorobotic's acetate bearing rover and the 'flying donut' test mule of Moon Express.

COLLECTIVE GADGETS

WORDS Taylor Jones

The noun “collective” is defined by Google as “a cooperative enterprise”, or “a collective farm”. For the purpose of this magazine, and so that I don’t have to review combine harvesters and the latest John Deere products only to be berated for not appreciating the sedulous grit of the agricultural business, we will focus on the first of these definitions.

The “cooperative enterprise” is far from a foreign concept, however what you may not know is that they have provided us with more than a supermarket that lies somewhere just enough north of the line of mediocrity to be able to charge standard Jersey prices. The effects of cooperative enterprises shape and move the way we live our daily lives; CoBrA (pre G.I. Joe), was a European art collective who have influenced many modern and contemporary artists today, and I would be remiss in my duty if I didn’t mention the monumental inspiration that is the Wu Tang Clan. Technically a musical collective, Wu Tang changed much in the rap business and especially paved the way for newer groups like A\$AP Mob, who are actually doing their best to ruin and destroy the music industry. Swings and roundabouts.

One collective that may have allowed limited success to nurture their hero complexes is the society of impassioned entrepreneurs that take to Kickstarter, the crowdfunding website, to get the ideas and concepts that come to them in their dreams to become a reality. The website is

awash with ideas that, like Socialism, sound and look fantastic but don’t quite have the funding to work. These people rely on the collective kindness of the masses to fund their work and create such gems as the Thomas the Tank Engine Themed RPG

There are indeed people out there who are working to advance the human species, and don’t just want to watch the world burn. These are the people making the gadgets that you see here, and what brings them all together very conveniently for the

“The website is awash with ideas that, like Socialism, sound and look fantastic but don’t quite have the funding to work.”

(raised £0), a movie named Twerk Island (\$30), and Little EatZ, the treat that both you and your dog can enjoy (\$251). Needless to say, finding anything on this website that even comes close to being innovative or indeed useful requires the perseverance of Atlas whilst wading through the conflagration of nugatory, mind-numbing embarrassments, however like that one good scene in the final Matrix movie, the sky is clearer when you break through the clouds (minus a dead girlfriend/wife).

“Collective” issue of Gallery? They are at the mercy of the collective giver. Can you feel the power coursing through your veins?

**Disclaimer: I’m not going to put where to find these inventions, as I feel it would either insult your intelligence, or prove to me that you haven’t read this introduction. Shame on you.*



Bento Lab

It says something about the march of technology that we're this month featuring Bento Lab, whose breezy catchphrase is "a DNA laboratory for everybody".

This would only years ago have been an April Fools' Day gag, but here you really can take a biological sample, extract its DNA (using a tiny centrifuge), and conduct genetic analysis. It's not cheap, but then this is serious kit. The first person to successfully use one to bring back a T-Rex will subsequently be blamed for the apocalypse. I've avoided watching Jurassic Park enough times to know that playing God only exposes the flaws in his omnipotence.

In order to feel the pleasure of finding DNA results that will mean absolutely nothing to you unless you have a Masters Degree in Biology, you will be paying £699. Privatised the NHS then come back to me on this one



Immersit Gaming/Video Sofa

Modern entertainment systems do their best to immerse you in games and films, largely by pulverizing your ears with massive speakers and taking over your entire field of vision with huge displays. But it isn't enough, according to Immersit, which wants to bring vibrations to your favourite couch, chair, or, oddly, bed.

It works by placing pads under your furniture's feet, and then syncing movement with supported games or films. The effect seems not unlike arcade games or simulation rides, although I do hope not too many Immersit owners end up being flung across the room or smashing into a wall in the latest Need For Speed.

This sofa, once it is fully funded, will be worth a lifetime of wages, but will only cost £179

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Air Bonsai

There's something quite beautiful and poetic about this Kickstarter, its creator talking of a galaxy of little stars, on each of which you can make a wish. Mostly, though, I watched the Kickstarter video and three words stuck in my head: levitating tiny trees.

Essentially, the 'little star' is a mossy magnet, ready for a bonsai to be transplanted. Below sits an 'energy base', which keeps the moss ball and tiny tree passenger floating in mid-air. Brilliantly, it can also lazily rotate, thereby making every other shrub in the vicinity green with envy rather than chlorophyll. I know I said earlier that utility was important here but come on. Floating trees.

Unfortunately, levitation comes at a price, and that price is \$200. Some people will pay through the nose for serenity and peace.



Ruggie

Alarm clocks are rubbish, because they can be snoozed/immersed in water/hurled out of the window. Ruggie cunningly urges you towards a better morning routine due to not shutting up until you've stood on it for a few seconds.

Not going to work because you're the sort of person who'd then flop back into bed? Programme the foamy alarm to have you lurk for longer, all while chirruping motivational speeches from important people in your general direction.

Short of the Gun/Target gadget I featured a long time ago (hands up the Gadgets massive), this is probably the best alarm system that I've seen whilst writing this section. Is it worth \$115? When you add up the cost of all the alarms that you will inevitably smash in your life, yes.

OLO Portable 3D Printer

3D printers seem to be waiting to fully capture a mainstream audience, but I do like the idea of OLO. It's cheap, portable, and it uses the light from your smartphone's screen to print 3D objects. Sensibly, it works with Android, iOS and Windows, and you can grab things to print from OLO's library when you inevitably realise that the software required to actually use a 3D printer to make your own dreams become reality is only three arbitrary steps below the software used to encode the Pentagon's secret information. A suggestion: print a 'smartphone', so you don't get withdrawal symptoms when yours is tied up 3D printing all the time.

The magical thing about this device is you won't have to 3D print your own money to make up for its purchase, as it costs only \$99. Sometimes you have to love the power of people. Most of the time you can hate it though.



PHONE HOME



MEGAN'S
TOP TIP FROM
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How do I avoid unexpected data charges?

Data speeds are faster than ever on 4G, so although you might be using your phone the same as you were on 3G, your phone is actually consuming a greater amount of data.

Follow these 3 top tips to avoid unexpected data charges:

- Video and music streaming consumes a massive amount of data. Consider stream video and music over a Wi-Fi connection where possible.
- Review your app settings. Many social media apps preload picture and video content in the background which can use a lot of data.
- If you have an iPhone make sure you turn off Wi-Fi Assist. This feature automatically switches your phone to your mobile network when it senses you have a low Wi-Fi signal.

For more top tips on managing your data see our Ultimate Data Guide at airtel-vodafone.com/data.

Turning up the heat

The Cat S60 is a top-end phone with a difference. The world's first phone to come with a thermal imaging function, it has been designed for people working in the more rugged professions like engineering or construction.

Thermal imaging may not strike many people as a key feature but if your work means you need to be aware of leaks, energy efficiency or you're on the lookout for construction faults, then it's an incredibly useful app to have at your fingertips.

The Cat S60 has been certified as military grade for its toughness – dustproof, drop proof and waterproof to five metres, and useable with gloved or wet hands, it's a

phone that's hard to break but which also does everything that you'd expect of a high end smartphone.

Running Android 6.0 Marshmallow and equipped with a 13MP main camera, a 5MP camera on the front and a 4.7 inch HD display, the S60 is as capable of keeping you connected via social media as it is able to keep you on top of your work.

You can check out the Cat S60 in the Sure store today, just pop in to take a look.



The perfect snap-happy phone.

Airtel-Vodafone's Marketing Officer, Faith Joyce, reviews the Sony Xperia X.

We all love to capture our favourite moments and if you are a photography enthusiast, then this is the phone for you!

Sony's Xperia X has been hailed for its "next-generation" rear camera which boasts a staggering 23MP. The camera launches quickly with its own dedicated button, and the all-new Predictive Hybrid Autofocus function allows users to focus and take pictures quicker than ever before. Straight off the bat I managed to take some crisp, vibrant, professional looking photos. The Xperia X also records stunning 1080p video so you can film expert-quality footage direct from your phone.

With 32GB of storage, you should have more than enough space for all those beautiful photos and videos, as well as your favourite apps, but if you do need more room this can be expanded up to 256GB using a microSD card.

This phone also looks and feels fantastic. The design shouts high-end smartphone, with a scratch-resistant glass display, rolled glass sides and a brushed aluminium steel back, all for a mid-range price.

Available in black and rose gold 32GB, with prices starting from only £24.90 per month, on the Power 125 plan. Pop in-store for more details. Price correct at time of going to print.



MELTING POT

WORDS Anna Hafsteinsson

It's a balmy late summer's evening at the recently refurbished Harve des Pas Lido and a relaxed looking crowd is peppered across seats and sofas waiting for the evening's performers to take to the stage. They've turned out for Jersey's first Songwriters Society event. With a line up that includes some of the island's best musical and creative talent, they're hoping for something fresh.

The Songwriters Society is the brainchild of island born singer-songwriter David Keenan and it's going to provide a welcome new outlet for Jersey's artists and performers.

Jersey has a great pool of music and lyric writing talent and much of it bubbles to the surface at events like Folklore, Groove de Lecq, Jersey Live and Jersey's Festival of Words. Numerous pubs and clubs also provide opportunities for performers - but these venues often favour cover bands. David has identified a space in Jersey's creative scene for a forum where original artists of all mediums can share new work, learn from their peers and perform to an open audience.

The feeling of encouragement at the first event was tangible. To know that the crowd in front of you is willing you on is relaxing and liberating. These nights are about experimenting and sharing and maybe even surprising yourself - and the audience.

On the inaugural night seasoned performers took to the stage along with fresh faced newer

talents. Terry Oliver proved how storytelling and songwriting go hand in hand. Annie Law and Joe Hutchinson captivated the crowd with their soulful performance. Monty Taft's poignant lyrics belied his young years - you believe every word. Juliet Osborne looked completely at ease as she delivers her lively, tongue in cheek ditties including a terrific one about stalking ... I got up and read some of my poetry/lyrics and because the audience feels so benign I braved an unaccompanied vocal. Little breaks after every few acts gave performers and the audience a chance to talk to each other. The audience kept quiet during performances so there was no battling with intimidating background noise - but after each performance the response is universally enthusiastic.

Performers interacted with other performers and those who turned up to listen, collaborations were discussed, contacts are swapped etc. Job done.

David sums up the local scene: 'For myself and other performers heavily involved in the music scene the talent is clear. But for the average



islander it is not, which is such a shame. We hope to encourage these talented people out the woodwork so that they can thrive.

The Songwriters Society gives the audience an intimate night of dynamic diversity as we rotate between mediums, styles and artists rather than a show being solely for, or headlined by, one or two acts. It also gives artists and writers the opportunity to share material which may not normally fit with the projects, environments or bands that they play in.'

So don't be a trembling in your blue suede loafers at the thought of getting on that stage. The Songwriters Society is a friendly, non-judgemental stage for established and up and coming songwriters, poets and music makers of all creeds and tribes to get together and display their wares in a casual and welcoming environment. The Lido is the perfect setting for it, with food and drinks available before the performance and drinks throughout.

Lots of fantastic people volunteered time and resources to help make the first event happen: Luminary Films, Jersey Arts Trust, Bokra, Jersey Organic Yurts, Pretty Vacant, Blip Productions, The Lido, Dom Hirani and Sam Falle - along with many others,

including David himself. The Songwriters Society will rely on the continued support of the local community. So if you've got handy skills, fundraising ideas or just a lot of enthusiasm for the project then come and join the team!

“The feeling of encouragement at the first event is tangible. To know that the crowd in front of you is willing you on is relaxing and liberating. These nights are about experimenting and sharing and maybe even surprising yourself - and the audience.”

If you would like to share your talents, then get out from under the woodwork and apply. Search 'Songwriters Society' to find their page on facebook, where details of each event are updated along with the submission form. And if you are simply interested in hearing this local talent, all for free, then just turn up early to nab a good seat, relax and enjoy.



As the nights draw in, summer parties give way to cozy winter events and 12 November sees Together Parties & Firethorn Productions (!conic) once again pull out all the stops to transform the Royal Yacht's upper levels into a one off venue to welcome a DJ of note.

In a world where music is often limited to genre handles and buzz sounds, mark knight has proven a rare and wonderful breed of integral house heavyweight. With a career spanning more than a decade and a solid reputation on both the digital market and dance floors across the globe, the GRAMMY-nominated DJ/producer has never rested on the laurels of being one of the industry's most respected and accomplished UK players to date.

Armed with a musical library that knows no boundaries, a consistent run of hits and chart-topping ventures alike, the success of Knight's recording career is matched only by the credibility and integrity maintained throughout his discography to date. Heard through a spread of popular releases ('Man With The Red Face,' 'Alright') and high profile remixes (Basement Jaxx, Chris Malinchak), further work alongside both Faithless and Underworld has sealed a diverse musical heritage for the accomplished producer. It's music for passion, not numbers, and it's what Mark Knight does best.

Ten years strong and responsible for championing a wealth of talent from across the industry spectrum, the award-winning Toolroom Records remains a key component in the life and times of Mark Knight. Having celebrated a decade of embracing new sounds, faces and places through its vast label and live ventures, 2014 has seen the brand focus on the developments that will shape the next ten years to be just as exciting.

With a plethora of exciting global festivals, residencies and Toolroom showcases planned for the year ahead, 2014 remains a promising year for the Maidstone legend. As his Toolroom Radio concept continues to gain traction across more than 60 countries, the third installment of Mark's Bullets EP series sets in motion a run of high profile remixes and further collaborations alongside Rene Amesz and Adrian Hour. The story speaks for itself: that passion over fashion approach makes Mark Knight an indispensable asset to modern dance music.

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OCTOBER MUSIC & NIGHTLIFE: WHAT'S ON...



JSTAR

Support: Ben Newman

SATURDAY 1 OCTOBER

@ CE SOIR

Ce Soir continue to prove that they are a serious option for music lovers in Jersey, with their next booking - Jstar. Mixing and mingling, cutting and chopping, Jstar has been pumping out reggae tinged remixes and productions for over a decade. The staple sounds of his West London musical heritage echo through his DJ sets of tropical Jamaican flavours and grimey street bass, celebrating an eclectic mix of music genres from rocksteady to heavy dub to DnB. Support on the night comes from Ce Soir resident and Reasons co-founder Ben Newman, Once again, this is a completely free event - please do arrive early to avoid disappointment.

Tickets: FOC // Ce Soir // 18+ // R.O.A.R // Photographic ID



A MASS PRODUCTION

Presents: DJ FRESH

Support: Robin Vanguard / Lee Terminal / JE3 + MC Wildee
Room 2: Warren Le Sueur & Friends
SATURDAY 22 OCTOBER
@ THE SPLASH

Just the name - DJ Fresh - presents a lifelong challenge. How can a producer live up to that name some two decades after he was first bowled over by the newness and innovation of rave music? How, in short, does DJ Fresh stay fresh? We personally think it's his epic hair style, the maintenance alone would keep him on his toes. This night was so fresh off the presses that we're pretty limited in our information, other than knowing it's going to be a damn fine night down at the Splash, so don't delay and be sure to buy your tickets!

Tickets: Eventbrite // The Watersplash // 18+ // R.O.A.R // Photographic ID



PURPLE RAIN: PRINCE

TRIBUTE ACT Main support: Craig Alder & Tam

FRIDAY 28 OCTOBER

@ THE ROYAL YACHT HOTEL

Purple Rain are a world class live celebration of the music, life and legacy of Prince. This full eight piece live band delivers a non-stop, hit packed show spanning more than two hours! Complete with backing vocals, horn section, keys and of course Jimi Love as the unsurpassed Prince. Expect to see, hear and feel all of the hits from one of the most loved Artists of all time. 1999, Little Red Corvette, Purple Rain, Kiss, Diamonds And Pearls, U Got The Look, When Doves Cry, Cream, I Wanna Be Your Lover and so many more. Hailed by original Prince and the Revolution drummer Bobby Z as authentic and on the money, arrive early!

Tickets: FOC // The Royal Yacht Hotel // 18+ // R.O.A.R // Photographic ID



REASONS TO BE FEARFUL: RICHY AHMED

Support: Ben Newman, John O'Connell, Mo'Steph, DJ Spim

SATURDAY 29 OCTOBER

@ ROJO

Fresh off the back of Reasons Festival is their Halloween extravaganza. Your chance to dress to impress and get on down to some of the finest DJs. The main room headliner for this party is none other than Richy Ahmed, who's firmly established as one of the top DJ's at the forefront of British house music at the moment, consistently re-defining the scene, taking cues from disco, techno, funk, electro and hip-hop. The crew from Snowbombing will also be taking you on a snowy adventure up in the roof garden. Add to this a clocks turning back extra hour and you've got yourself a top night out!

Tickets: Eventbrite // ROJO // 18+ // R.O.A.R // Photographic ID



INN ON THE PARK: MIMOSA TAKEOVER - DAVID SEAMAN

Support: Bradley Welsh and Sam Tumkaew

SATURDAY 29 OCTOBER

@ Mimosa

Friends of INN ON THE PARK are invited to to reunite and reminisce about the music, the atmosphere and the good times had by all in 'the best venue on earth' back in the early 1990's ... INN ON THE PARK, Jersey. We're sure that even if you don't remember it the first time round, they'd still love to see you. Go forth and book your tickets for sets from: Dave Seaman (Brothers In Rhythm), Xpress2 (Rocky & Diesel) Simon Gasston, and room two will play host to Robbie Edwards (LKiverpool), Warren Le Sueur and Biko. With Craig Alder & Friends taking over the Mimosa terrace.

Tickets: Eventbrite // Mimosa // 18+ // R.O.A.R // Photographic ID

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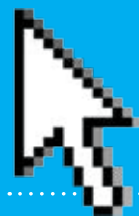
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PERVONIA		
THE BEAUTY HOUSE	789000	

Don't forget to tell them you saw them in Gallery! They may give you something extra...

Food for thought:



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The eighth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

Fancy winning a meal for two at a restaurant of your choice?

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“We’ve booked you dinner for four, who would you invite to join you?”



Sophie Brooks, 28
Life Adventurer



Lisa Pereira, 29
Manager, Diamondology



Sam Kimber,
Housewife



Ems Wookie Wonka, 36
Chef, Pink Panda Van



Jess Sloan, 29
Property Management



Rachael Fay, 45
Jewellery Store Manager



Tom Innes, 50
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