



133 the URBAN issue

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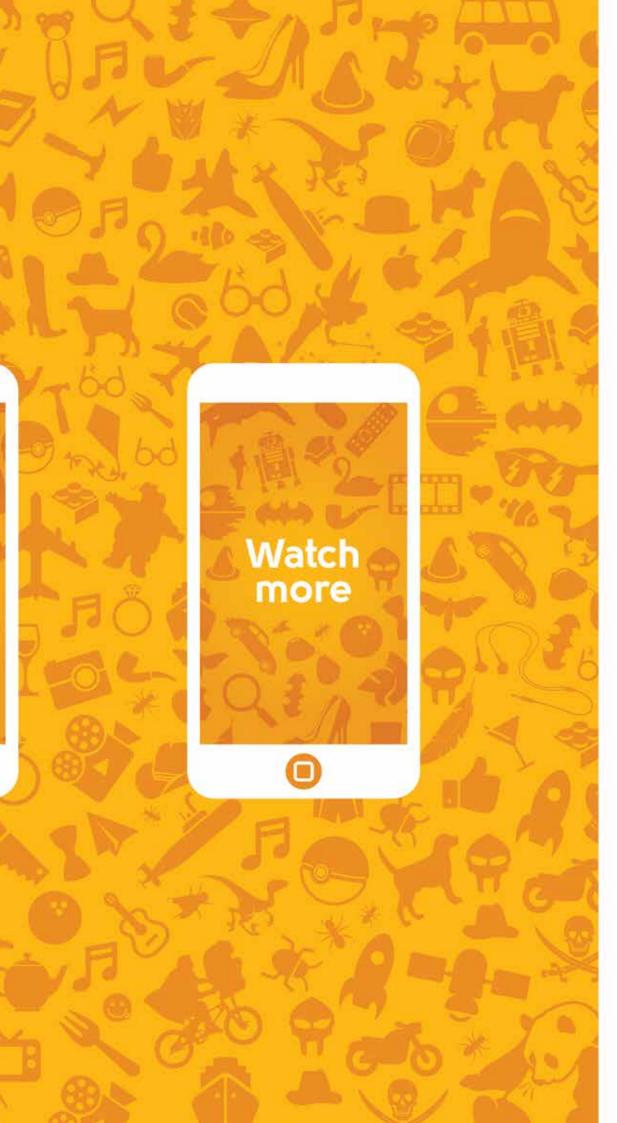
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gallery #133 [URBAN]



LAYLA ARTHUR

I have an intrinsic desire to travel the world, have become slightly obsessed with film cameras in the latter months and art has always been a staple in my life. There is great confusion in my mind of how this translates into a future (currently it's Uni decision time...) but maybe writing can be my new thing?

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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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edito

t's incredible to believe that some people have never heard of Jersey. It's not only people that grew up on the other side of the world, you'll often find yourself in London and there are some that will give you a quizzical look when you tell them where you live. Some people think it's new Jersey.

Some people think it's the Isle of Wight, some the Isle of Man. Even when you remind them with the usual outdated cultural references involving Bergerac and butter, they still fail to appreciate or place the island correctly, whether geographically or in terms of cultural and physical make-up. I often think it's fun to educate them and see what they'll believe. Mountains? Of course we have mountains. No, we don't have cars. Or more often; No, I don't know everyone on the island and yes, we pay tax.

When people learn that more than a hundred thousand people live on Jersey with more than that number of cars their minds wander from perceptions of cows and fields to thoughts of an island that resembles Manhattan. Really? they say. Yes, really. It's amazing how our population folds neatly into our countryside with relative ease. People from Guernsey will tell you that Jersey is a sprawling urban metropolis with St Helier as Tokyo, gleaming its lights into the bay in a lurid fashion. I'm inclined to disagree. Whilst St Helier is the city, the megalopolis of St Helier fusing with St Saviour, it's still got that small town feel. Therefore celebrating all things 'urban' in Jersey does leave us short changed.

Its more than geography though. Urban culture depends on the psychology of the populus and elements that characterise big city life elsewhere in the globe do exist in Jersey if you look. Street art is being championed by the likes of Bokra, we have world class street sports athletes, exported into the real world having cut their teeth at the waterfront skate park. We even have high rises. Albeit only a couple of them. The level of public engagement and response to town planning decisions is incredible. We care about the concrete element of our island home. We're the escape from the city, as VisitJersey's latest campaign highlights, but I think it's important to maintain an appreciation of urban culture.

I actually like to think of our whole island as a future city. I think we can learn from and adopt cultural and developmental approaches from cities of the world and apply them to not only St Helier but our whole lump of rock in the ocean. Imagine a hyperloop from St Aubin to St Helier above the cycle track. Clean transport, less pollution and pretty cool to boot. Sure, to get from a cool deli in one bay to a great bar in another and then back to town for a late night drink seems a drag in Jersey distances but think of it even in London terms. Getting from West Ruislip to Epping on the Central Line is like travelling around the outside of the whole island - 54km - without leaving the town, or the train. At least we get to cycle or have the roof down. Keep your interests urban, but enjoy the natural freedom. We're the city of the future. We just need a few more people developing it the right way.

BD

#133 [URBAN]



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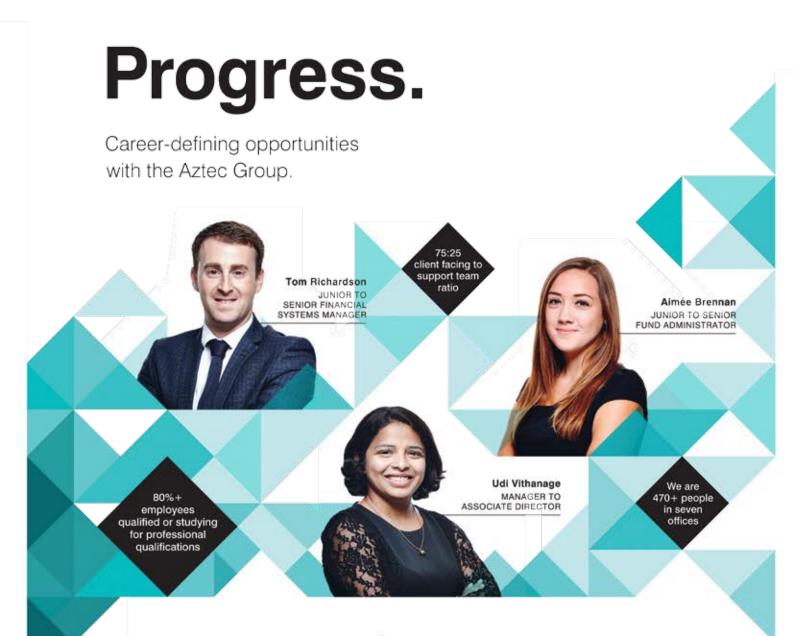
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ON THIS **SEPTEMBER...** IN JERSEY



08.09.2016

JERSEY INTERNATIONAL AIR DISPLAY

The annual air display in Jersey has been going for over 62 years, attracting local residents and visitors to enjoy one of the best summer events. One of the finest free air shows in Europe, the atmosphere that comes with people coming together to celebrate and enjoy the amazing air display we are lucky to have every summer.



09-11.09.2016

UBS JERSEY REGATTA

An action packed, fun filled regatta. The 2016 event promises a busy time afloat for cruiser, sportsboat, dayboat, dinghy, sport-catamaran and Kona windsurfer classes. The shore-side social programme will allow everyone plenty of opportunity to unwind, reflect on how the day has gone.

10.09.2016

ST BRELADE'S BAY BEACH FESTIVAL

The newest summer event for Jersey is the first ever St Brelade's Bay Festival. Expect live music, food and a range of sports and family fun events for everyone to enjoy. It's set to be a great day for all ages to enjoy. Find out more on the events facebook page.

11.09.2016

JAYF CROSS COUNTRY SPONSORED HORSE RIDE

Jersey Association for Youth and Friendship's 10 mile Cross Country Sponsored Horse Ride will be held on Sunday 11th September from 10am to 12 noon, starting and finishing in the field next to St Mary's garage in St Mary. Sponsorship forms will be available from JFTU. Further details on Facebook/JAYF Gardens. All proceeds go toward maintaining four secure and supported hostels in St Helier for young adults.

15 - 17.09.2016 CAMRA JERSEY REAL ALE AND CIDER FESTIVAL PEOPLES PARK FROM 12:00 UNTIL 23:00

Put your taste buds to the test at this year's CAMRA Jersey Real For those of you who have never attended the Jersey Beer and Cider Festival - you are in for a treat. We are confident there is an ale for all with some quality fayre to accompany the supping.

16.09.2016 SARAH MILICAN - OUTSIDE TOUR FORT REGENT

Described as Britain's favourite funny woman, Sarah Millican is back with a new tour and she's coming to fort regent this September. Her career as a stand up comedian and writer has taken off massively, and she's now become a household name. Tickets for the 16+ event are already flying out so grab them fast.



17 & 18.09.2016 SPICE MUSIC & ARTS FESTIVAL

A fantastic event that will bring together a variety of contemporary artists, craft workers from both Jersey and Guernsey, featuring sculptors, live art, musicians and therapists all within the unique setting of locally handmade Yurts on Grouville Common. This will be a really fun family day out with a flavour to suit all tastes. Read more about Spice on page 66, in our culture section.



17.09.2016 CONDOR FERRIES DRAGON BOAT FESTIVAL 2016

With no experience needed, just loads of enthusiasm, the dragon boat festival has become a fantastic annual event for groups of friends and colleagues. Fancy dress is actively encouraged, although we'd recommend you don't wear anything you don't mind getting dunked! All teams pledge to raise a minimum of £500 for Jersey Hospice Care. "Black tie means BOW TIE mum! Jeez, were you raised in a zoo?!"

17.09.2016

THE SILVERBACK BALL - ROYAL YACHT HOTEL

A wonderful evening at The Royal Yacht Hotel to raise funds for Durrell Wildlife Conservation Trust. With a gourmet four-course menu, designed especially for this event, live entertainment, surprises and a fabulous live band, it's sure to be a wonderful night. Tickets are £80.00 per person.

17.09.2016

JERSEY PRIDE PARADE

Jersey closes the pan-island celebrations with a Pride Parade, where an afternoon and evening of entertainment awaits. This will be a colourful and welcoming celebration of diversity and equality in Jersey. Everyone is welcome! The Parade begins at 12:30pm in Millennium Park, finishing in Weighbridge Square, outside of the Royal Yacht Hotel where there are series of other events taking place throughout the day.

23.09.2016

JERSEY REDS VS NOTTINGHAM RUGBY CLUB JERSEY RUGBY CLUB, ST PETER. KO 1945

The second chance this month to capture the newly branded Jersey Reds in Greene King IPA Championship rugby action. This time though it's the first of the season's night games, which will be played under the recently updated flood lights. This is a great outing, even for those who'd not normally venture up to St Peter.

24.09.2016

BRECA JERSEY SWIM RUN

Breca Jersey is the Channel Islands first swimrun race around the coastline of Jersey. Starting at Mont Orgueil castle, participants will explore Jersey's coastal trails along spectacular cliff tops, beaches, green lanes and valleys. It's certainly not for the faint hearted, involving running and swimming your way across the island. Go to www.brecaswimrun.com for more info.

28.09.2016 - 02.10.2016

JERSEY FESTIVAL OF WORDS

This year's festival will welcome internationally renowned writers including Michael Morpurgo, Victoria Hislop, Louis de Bernières, Louise Doughty and Alison Weir to the island. This is a unique festival, where you can purchase tickets for specific events across the weeks the festival is on, to experience literary brilliance and perhaps discover something new.

ELSEWHERE



02.09.2016 - 04.09.2016

Sundown Festival returns to Norfolk Showground in Norwich for a fourth year with a huge line-up of the biggest and best names in contemporary music. Sundown brings together everything that is vital in music right now for an amazing live music experience. This year the festival expands even further adding a third stage and collaborating with some of the most revered brands in underground music. Check online for the full line up.

WWW.SUNDOWNFESTIVAL.CO.UK

ELECTRIC PICNIC - IRELAND

02.09.2016 - 04.09.2016

Electric Picnic started as a one-day event for 10,000 people on a gloriously sunny September Saturday. It was billed as a boutique music festival and with such a diverse line up of not just music it promptly sold out. It was a first for Ireland and destined to keep going for a very long time. This year's line up welcomes Lana Del Rey, The Chemical Brothers and Noel Gallagher's High Flying Birds just to name a few. It's sure to be a great vibe and something different to your average festival.

WWW.ELECTRICPICNIC.IE

GROOVE FEST - DOMINICAN REPUBLIC 04.09.2016 - 11.09.2016

Now with a global reputation for being far and above the most relaxing, tropical and magical musical gathering of them all, Groove Fest is not your normal festival experience. It is a luxury dance music event spread across a whole week in the Caribbean island of the Dominican Republic at Puerto Plata's all inclusive and premier vacation resort. Once you get to Groove Fest all food, drink and entrances are included, so it won't cost you a thing to

enjoy world class open-air events, beach parties, pool parties, boat parties and clubs.

WWW.GROOVEFESTEVENTS.COM

BESTIVAL - ISLE OF WIGHT

08.09.2016 - 11.09.2016

Since Bestival's inception in 2004, Rob Da Bank's festival has grown from a mere 10,000 in attendance to now well over 50,000. With a reputation as a friendly festival and gaining in credibility with each passing year, attendees of Bestival 2016 are sure to be treated to an unforgettable festival experience, with a top notch atmosphere. Bestival is no stranger to huge headliners either, with the likes of The Cure, Basement Jaxx, Fatboy Slim, The Beastie Boys, My Bloody Valentine, Massive Attack, Kraftwerk, The Prodigy and Bjork visiting the Isle of Wight over the past few years.

WWW.BESTIVAL.NET

LOLLAPALOOZA - BERLIN

10.09.2016 - 11.09.2016

Lollapalooza Berlin followed in the tradition of Lollapalooza Chicago bringing incredible music, food, art and social responsibility to a location in the heart of Berlin. With the unique festival experience for the little ones, Kidzapalooza, glittering highlights from the worlds of fashion and art as well as the hustle and bustle of Berlin's urban charm, Lollapalooza's cross-genre music format surely is the entirely new and unique addition to Germany's festival landscape.

WWW.LOLLAPALOOZADE.COM/EN/FESTIVAL

Just random things to amuse you.

BREXIT DEVALUES ANOTHER EUROPEAN INSTITUTION...

In 1900, the Michelin company released its first guidebook intended to encourage road trips through France. The tyre company, in a thinly veiled yet genius attempt to boost sales, were basically telling people to destroy their tyres by driving to some of the most expensive and geographically diverse restaurants and eateries in the 3rd largest country in Europe. Marketing was much easier when people couldn't check facts on the internet. Nowadays, the world famous company, which comes in at #392 on Forbes' Global 2000 list, uses more elaborate forms of guerilla marketing to get people to buy their products (if using a chubby white man can be classed as elaborate), however they still have the power to determine the way in which the public classes a restaurant.

Now, I am not a fancy man by any stretch of the imagination. I believe food is food, and just because my single ring of calamari was served with a peppermint fondant that was meant to perfectly compliment the horseradish leaf on which it lay does not mean that I would take your food over anywhere else. I am far more of "street food" kind of guy (if you disregard a very long week in Bangkok that redefined the term "explosive" for me). As long as I'm getting edible food by the kilo for very little money, I'm happy. You don't need to tell



GANGSTA'S MULLER RICE

WORDS TAYLOR JONES

DSIM

me where the chicken came from, or even which bit of the chicken I'm eating, as long as I haven't had to take out a loan to buy it like I would in any restaurant pretentious enough to display a tyre company's approval above their door.

However, it appears even the insalubrious sanctum of the streets is not safe from the forces of critics and rubber merchants, as now in Singapore, a street food stall that serves \$1.50 meals has been awarded one of the most coveted awards in cooking (second only to the Masterchef trophy). Chan Hon Meng of Hong Kong Soya Sauce Chicken Rice and Noodle (it sounds better in Cantonese) has built his business to the point where its achievements can actually be compared to that of Marco Pierre White, and from the sounds of things it is completely deserved!



Quoted: "Don't believe everything you read" Tupac Shakur

(American gangsta rapper, record producer and actor)

As he walked through the valley of the shadow of death, it seems Coolio took a look at his career and realised that there was nothing left. He was blastin' and laughin' so long, even his manager thought his mind was gone. You know he really hates to trip, but he's got to work, so he packed in the music and released a cookbook. That's right, Coolio, the very same educated fool with money on his mind that had the hutzpah to release an album called El Cool Magnifico (uninspiringly translated, The Magnificent Cool), finally realised that the world of urban music just wasn't ready for his hair, or his music.

So, when the streets are behind you, and you've already turned to Big Brother to eviscerate the last remaining shreds of your dignity, where do you go? The obvious choice is, of course, the same world that provided Gordon Ramsay with the platform to build an empire upon the foundation of profanity and gave Adam Richman a heartbeat that flitters somewhere between a blue whale's and a hummingbird's. It's no surprise then that in a profession that made gave The Hairy Bikers a chance, Coolio was able to publish a book with golden quotes like "This dish ain't just called Karate Meat cus' it's got an Asian kick to it. It's called Karate Meat cus' it will beat you up like a pigeon in prison" and "[My mom's] chicken would literally put on tennis shoes and run the f%&* into your mouth". Thank you Coolio, for everything you've given to us.

Urban Pidgey Safari



With fear of treading into that tempting world of hyperbole, I think it's fair to say that Pokemon Go has taken over the world. Like a Shyamalan-esque sixth sense, people have begun to see the spirits of their childhood pop up everywhere, from People's Park to the wreckage of the car they just crashed trying to catch ANOTHER BLOODY PIDGEY. These are some of the best and weirdest stories from the urban hunting ground that the world itself has become.

1. The Derek Redmond 400m race at the 1992 Olympics was, up until now, the single moment in history that I went back to when I needed a reminder of the power of dedication. However, that story of glory has now been promptly and unceremoniously leapfrogged in my "inspiration" youtube playlist by two New Zealanders who were so desperate to get their hands on the plaudits of owning a gym that they kayaked for half an hour to reach one that had, for some reason, been put out at sea. Not good enough for you? Well, within the same day, the guy who loaned them the kayaks went out and took the gym for himself. All's fair in love and Pokemon.

2. For anyone that has played the game, you will know that the world is facing a plague that could rival God's locusts on the land of Egypt and although it may not quite "devour all that you have left", it certainly is "something neither your fathers nor your forefathers have ever seen from the day they settled in this land till now". I am of course talking about the emergence of the Pidgey. The burden upon the existence of all that drags us towards the eternal pit of despair, and apparently the perfect distraction for a very brave father-to-be. Jonathan Theriot had the nerve to post a picture of a Pidgey sat next to his wife whilst she was in labour. Jonathan, if it's not your new daughter, it will be your wife, either way prepare to suffer the destroyer to come into your house and smite you (that's 3 direct bible quotes by the way. Just in case you were counting).

3. It's all fun and games until someone gets hurt, they say. Fortunately for one 19 year old player in Wyoming, the fun didn't have to stop after she found a dead body in a natural water source near her house. Respect the dead and all, but if they can't be caught, they're in the way.



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Rex & Denise

Rex Heavey Goldsborough

Breed: Dwarf Lion Head Bunny

Age: 8

Likes: Watching Breaking Bad, Peaky Blinders and Narcos.

Hates: Daylight, water and being fed after midnight.

If human I would be: Keith Richards

Wants: Papaya as it gives me a sugar rush.

Interesting facts: I was born in the RSPCA to a small nest of rabbits and was separated to my own cage for anti-social behaviour, I'm a German breed but don't hold this against me.

Most impressive thing you've ever done: Framed Roger Rabbit and played the baddie in The Secret Life of Pets.

Denise Goldsborough

Breed: Irish (We're a breed of our own)

Age: Same year as the Roswell incident.

Likes: Running, singing, rugby, snooker, live music and a pint of Guinness at Dublin airport.

 ${\sf Hates:}$ Negative people, reality trash TV and having food/drinks with friends who can't put their mobiles down.

If I was an animal I would be: Rex, his life consists of Eat, Sleep, Rave, Repeat.

Wants: To spend a year shadowing David Attenborough's work, that man has lived the life.

Interesting facts: Trained in Equestrian Dressage until my late teens until I discovered boys and booze.

Most impressive thing you've ever done: Survived a house of nine siblings and two dogs with all my limbs and sanity intact (impressive as my brothers favourite wrestling move on his sisters was Hulk Hogan's Leg Drop).

Pigeons

WORDS Deirdre Shirreffs



The animal most closely associated with towns and cities is the pigeon. Town pigeons are descended from the rock dove which nests on cliff ledges. The pigeon has adapted to town life by nesting on ledges on buildings. They mate for life and if food is plentiful eggs can be laid up to six times a year. Two eggs are laid each time. The young birds are called squabs and are fed on pigeon milk, a secretion from the crops of both parents. They stay in the nest for a long time and so a high percentage survive to adulthood.

Pigeons have a long association with man and are worshipped in many cultures. The first mention of domesticated pigeons dates back to 3000 B.C. in Mesopotamia which is now modern Iraq. In the bible story, Noah sent a dove from the ark to search for dry land. The Romans used pigeons to carry the results of sporting events and this is why white doves are released at the start of each Olympic Games. In more modern times they have been used to carry messages over enemy territory and were important in the First and Second World Wars, with many being awarded medals and other honours for their bravery. Recent research into their homing abilities suggests that they use several methods including following landmarks, position of the sun or stars or magnetic fields. It is possible for a bird to be released 600 miles from home and return in a day.

The scientific name, Columba, is after the 6th century missionary St Columba. The street Colomberie is so named because there was once a house with a colombier there. This is a large tower with ledges inside for the birds to nest, providing a ready source of eggs and young birds to eat. There is a very good example at Samares Manor and another at Hamptonne.

Pigeons are among the most intelligent birds and can recognise themselves in a mirror, and can be taught to identify the letters of the alphabet. Their eyesight and colour vision is excellent and they are now being used by rescue services to recognise the red and yellow life jackets of people in water.

The dodo was a member of the pigeon family.



The first time I saw a fox was in the UK for a school trip. I remember the whole bus screaming with excitement when they saw it sitting on the pavement we were driving past. It's this kind of reaction that only propels the stereotype of islanders being simple and of a small town mentality further.

The novelty of such an animal is totally lost on people from the mainland, and friends and family alike have looked at me as if they've welcomed an alien to their home planet for the first time when I get excited about the troublesome creatures.

This isn't because I've never met a 'wild' animal before, but rather that Jersey has never been inhabited by the urban animals that roam English towns and cities. Foxes, badgers, hares and grey squirrels never colonised on the island, regardless of what people allege to be the truth. Even if these animals ever did roam the <u>island</u>, they're long gone now.

Urbanised animals are seen as a nuisance and cause a lot of issues for residents in the UK. In Britain, foxes were first established in cities such as Bristol and London during the 1940s. More recently, cities such as Cambridge and Norwich have been colonised. Similar patterns of colonisation are found worldwide. Foxes cause problems such as making strange and alarming noises, fouling, taking residence under decking, sheds and other outdoor spaces.

But not everybody treats them like creatures, but more as vermin. Foxes were originally once only seen in rural areas of the country, near woodlands or where there was a large natural habitat. Fox hunting is legally banned in the UK, but foxes aren't legally protected. The use of snares is legal, but poisoning is not. They'd rather you let them suffer slowly by being caught in a metal contraption, because god forbid they nest in your garden, that was once their home.

The same also goes for badgers. They can damage properties by digging near or underneath them, which causes people distress. Luckily the Protection of Badgers Act 1992, means that it is an offence to willfully kill, injure or take a badger, treat them cruelly, damage their sett or obstruct their access to it, or cause a dog to enter one. The only time a badger or its sett may be disturbed or even moved, is when the sett is found on a proposed building site for a road or housing.

The proposed badger cull, which has scientifically been proven to be a pointless exercise that will not eradicate TB in British cattle, is something the Badger Trust are opposing and protesting against. Let's hope people see some sense soon before innocent animals are murdered needlessly.

Personally, I am glad that residential urban animals haven't made their way to the island, because I think it'll just be another place where many don't want them around. In true human fashion, we have taken away another animal's habitat, built ours on top of it, then gotten angry when they refuse to leave.

URBAN LEGENDS OF MY CHILDHOOD

WORDS Grant Runyon ILLUSTRATION Jacques Le Breton Although the arrival of dial-up internet in St John means that all of the parishes have technically joined the electronic age, Jersey is an old-fashioned place where passing information quickly and accurately is no substitute for the pleasure of telling a good story. You could report the facts, or you could savour the telling of a tale that gets more exaggerated as it winds its way through every muttering corner of the village. It probably explains how our community managed to survive for a thousand year period where the only entertainments were playing petanque, reading the Bible in Latin and trying to meet somebody who isn't your cousin.

It says a lot about people that urban legends continue to flourish in an age where it should only take fifteen seconds to disprove most of them. If anything, the existence of the internet has made rumours and falsehoods proliferate to a degree where humanity's collective store of unlikely stories probably outweighs our actual knowledge. Future generations will know little about our daily lives, as our historical records are more likely to contain tales of the time there was a finger in our hamburger, or a list of the different things that hospital doctors are rumoured to have removed from our bottoms.

I've done my bit for posterity by handpicking some of the finest rumours from my own childhood. I did come up with at least a hundred, but by the time I'd removed all the ones that were libellous or simply too unpleasant to print this article was all that was left. Call 01534 811100 if you want to have a good time.

Dye of embarrassment

I could write a book of tall tales that revolve entirely around Fort Regent from 1980 onwards, but a personal favourite has to be our local variant on the myth that swimming pools contain a special dye that shows when you've peed in them. This isn't and has never been true, but that didn't stop Jersey kids circulating terrifying tales about the time a kid from your brother's class lost control during Pluto's Playtime and was socially ostracised for leaving an orange/purple/lime green disaster puddle in the water next to the blow up sausage. Logically, this would have meant that the small, suspiciously warm, kids pool would have been bright purple most of the time, but logic has no power over somebody who absolutely swears on their mum's life that they saw a kid get decapitated on the eggs once. However, the rumour that the swimming pool foot dip was radioactive did turn out to have an element of truth - the States only built the cavern under the Fort as a safe place to house foot mutants, lurgy sufferers and kids who got locked in the ghost train at closing time.

The a-peel of illegal drugs

The "war on drugs" had many fronts, incorporating efforts to put kids off narcotics via messages on the title screen of Golden Axe, the scary villain in the Michael Jackson Moonwalker movie, and the continuing existence of hippies. The anti-drugs campaign was also strengthened by the power of the urban legend, leading to numerous lurid schoolyard tales about the misadventures of various kids from your estate, older classes at school or just old enough to own a motorbike. Some of these undoubtedly had their origins in real tragedies, but the most memorable will always be the sad tale of the boy who took so much LSD that he thought he was an orange and tried to peel himself. If only he'd stuck to "soft" drugs, like banana skins and the cannabis-scented joss sticks that your cousin got cautioned for shoplifting from Horseplay.

E-numbers were developed for chemical warfare

You didn't necessarily need illegal drugs to go crazy, as rumour had it that even the aisle of the local newsagent contained hidden multitudes of lethal, mind-altering substances. Long before parents were willing to excuse their badly-behaved offspring by self-diagnosing them with ADHD, poor behaviour was attributed to the presence of artificial additives in many children's foodstuffs. Many of us will remember the kid who ate NERDS and ran under a bus, or the numerous perils said to proceed from scoffing too many Wham bars, fizzy Astro Belts or the MSG in a Chinese takeaway. According to some parents, effects of food you saw advertised during Emu's Pink Windmill could range from causing cancer in rats, making your hair fall out or gluing up your insides so you gradually starved to death - given these warnings from our elders, it is amazing that any of us lived to be old enough to copy them and move to using factor two sunscreen and smoking unfiltered Silk Cut.

Nightmare on King Street

The moral panic over so-called "video nasties" was right in one respect, in that the wide availability of VHS horror movies would have an irreversible effect on the children who got access to them. It didn't transform us into serial killers or Satanworshippers, but it did lead to a generation of twelve-year-olds who believed that spiritual corruption and gruesome murder were things that regularly happened to people in our community. It was a slippery slope: first you watch a bootleg copy of Hellraiser (ideally the X rated one where people actually died filming it), then you start talking to spirits in the mirror, within weeks you've bought a Ouija board and have made a pact with the devil by drawing a pentagram and setting fire to a picture of Cliff Richard. Your inevitable grisly death would serve as a moral lesson to future sleepovers, even if nobody could remember your actual name.

My cousin has nunchuks and a bo staff

You could say that frightening stories about drugs and the supernatural are a logical response to a barely-understood social menace that children feel powerless to doing anything about. Luckily there was one threat which you could prepare for: the epidemic of gang-related street violence was the problem, and the solution was ninja weaponry, martial arts training and sometimes the finishing move of WWF wrestler Jake "the Snake" Roberts. Even in Jersey, we were reliably informed that innocent bystanders were being stabbed outside discos and shot in back alleys like Batman's parents. Some people chose to cower away, but some people (my cousin) were inspired by the Karate Kid to train so hard that within a matter of weeks they could break an opponent's neck with a single roundhouse kick and were unanimously agreed to be toughest in juniors, possibly even including year 11s. After training at the Dojo, you then need to register your hands and feet as a deadly weapon, but whatever you do, do not tell the police about the nunchuks and ninja stars you brought back from the secret Japanese shop in St Malo. The police don't like criminals, but for some reason they also don't want you to have the power to defeat a gang of five bikers just by yourself - probably because the cost

of having them all in intensive care is very high. I am your sensei, and if you pass this technique on I will be forced to kill you. Hai!

urban

'ərbən/ *adjective in, relating to, or characteristic of a city or town.*

Not only is St Helier the capital of our island, but with a population of about 33,500, it is also home to roughly 34.2% of the total population of Jersey.

Whilst St Helier may not be a sprawling urban metropolis like that of a large city, it most certainly has a bustling high street and a great deal to offer visitors and tourists, and it's where I call home. Being a townie in an island surrounded by the sea is something I'm really rather proud of, the proximity to shops, restaurants and the Gallery office make it the ideal

place for me to live, it also saves me money on exorbitant taxi fares after I've been out, out!

The responsibility for making our urban landscape what it is falls to a great many people, whether that be those that clean the streets, book illegally parked cars, stock the shelves or put food on our tables, they all contribute to making St Helier a lovely town. We've chosen to focus on two of them for this, the Urban issue.

Connétable Simon Crowcroft

is the 'father of the parish' of St Helier, a role which is perhaps as close to our town Mayor as you're likely to find.

How long have you been Constable of St Helier and what does your job involve:

Since 14 December 2001. I'm responsible for the effective and efficient administration of the Parish on behalf of its ratepayers and parishioners; as well as various municipal services like refuse collection, street cleaning, parks and by-road maintenance, I have a range of licensing duties, oversee the Honorary Police and ensure our residential homes and day nurseries are well run. I represent the Parish's interests in the States Assembly as well as those of all islanders. Even though the Parishes transferred responsibility for welfare to the States in 2005, as 'Father of the Parish' I still have a duty of pastoral care in St Helier and do my best to help those in need.

What would you do if you weren't Constable:

I had to give up my job as a secondary school teacher of English and Drama when I was elected a Deputy of St Helier No.2 District in 1996, so I imagine I would be still be doing that.

Is there any initiative you'd like to see come to fruition within St Helier: Now that the States understand the importance of getting St Helier right - it's one of the 4 strategic priorities for the Council of Ministers - I want to see an acceleration in the work that's been going on for several decades in making our Parish a safe, clean and welcoming place to live, work and visit. The Future St Helier Project brings together the key States Departments and the Parish to work on a whole range of practical schemes that will make our town, in particular, easier to access and to move around in, a great place for shopping, dining, socialising and relaxing.

Any that have happened that you're particularly proud of:

Working with the public and States Members to make the Millennium Town Park happen; opening meetings of the Roads Committee to the public; the twinning of St Helier with Bad Wurzach and Funchal; our monthly Parish magazine, the Town Crier.

What's the very best bit about your job: The ability to work with lots of honorary and voluntary groups, as well as with Parish staff, to improve the quality of life of St Helier residents, particularly the various tea parties, outings and get togethers which are organised for our senior citizens

Is there anything you'd change: Yes, there are lots of things which I want to improve in St Helier and in the island and with good leadership, teamwork and communication the changes will come. What did you want to be when you were 8 years old:

I lived in Adelaide, South Australia, then and wanted to be a sheep farmer.

What's coming up next that we should have a look out for: The Medium Term Financial Plan is debated by the States on 27th September; amongst other things this is the final hurdle to overcome in getting agreement that the States should pay rates on their property from 2017.

Do you have a favourite part of town, a secret corner perhaps: The Old Harbour where we keep a boat.

If you could recommend one thing for a visitor to do when they come to Jersey, what would it be: Spend a whole day in St Helier: start in the

Jersey Museum and the Maritime museum, enjoy lunch in one of our great pubs or restaurants, spend the afternoon shopping in the enormous variety of shops we have on offer, and finish off with a show or concert at the Arts Centre or the Opera House.



Daphne East

is our Town Centre Manager, and the lady responsible for the rise in initiatives like Street Food Thursdays.

> How long have you been Town Centre Manager and what does your job involve:

I have been in post since October 2014. My role has several facets such as Future St Helier / Events / Retail & Hospitality / Influencing Policy changes and supporting Brand St Helier. Engaging with the community and working closely with Haute Vallee School to support town centre events. Working with trader groups such as Parade & Charing Cross, Colomberie and many more.

Is there any initiative you'd like to see come to fruition:

Lots of initiatives - such as WIFI St Helier, this would benefit our visitor by enabling easy access to information and services in St Helier. It would also allow us to gather relevant data to further understand the footfall flow in the town centre and to engage with our visitors once they depart.

Alive After 5 – retail to open later in the morning when there is low footfall and the consumer is rushing to work and open until 6pm each evening to encourage the consumer to browse and shop on their way home. Some retailers have shown higher sales in the last hour of the day than the first hour of the day.

Any that have happened that you're particularly proud of:

I'm proud of the Street Food Thursday initiative which has grabbed the public's attention and brought the foodie street vibe to St Helier. I'm also proud of the great work we do with the Retail Development Group who are extremely supportive of new ideas. Seeing the smiling faces of the Haute Vallee volunteers at St Helier events when they are making a difference.

What's the very best bit about your job: The people.

Is there anything you'd change: I would like less red tape especially when running events. What did you want to be when you were 8 years old:

A Chef, so I started at 14 in a local hotel peeling potatoes (my dad wasn't pleased) but at 23 I was Head Chef in a London restaurant so it all worked out in the end!

"I love the buildings above street level - we have some wonderful interesting buildings in St Helier so as well as enjoying the shop windows look up, there is so much to see."

What's coming up next that we should have a look out for: Customer Service Week 3rd-7th October. Lots of events to highlight the importance of Customer Service throughout the week. The Customer Service Awards on the 6th and then a Street Food Pop up for the best Customer Services Ambassadors the 7th in the Town Centre.

Do you have a favourite part of town, a secret corner perhaps:

I love the buildings above street level - we have some wonderful interesting buildings in St Helier so as well as enjoying the shop windows look up, there is so much to see.

If you could recommend one thing for a visitor to do when they come to Jersey, what would it be: Visit St Helier to shop and eat while exploring the many street full of independent shops, cafes and restaurants. Then pop along to the Central and Fish Markets to soak up the colour and aromas of these beautiful heritage sites.





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If a tourist had asked me 15 years ago whether Jersey had much of an urban music scene I would have laughed and suggested they turn right around and do the robot dance back onto the ferry. There were enough people to pack out a small nightclub, but if you saw somebody rapping onstage instead of in a dingy basement it was probably part of a touring theatre group trying to get kids from St Mary to stay away from the drugs. Since that time a few things have changed. Jersey has shifted even further away from the Black & White Minstrels to a diverse timetable of weekend festivals, one off parties and other events that aren't exclusively pitched at people who learn about music from the Radio Times. I'm glad that middle-aged cabaret still has an underground scene (like Fight Club with bingo wings) but Jersey's young people were in dire need of age appropriate entertainment, and now they have it, even if we're still a bit closer to Butlin's than Brooklyn.

Straight Outta Longueville

Although Folklore and Groove De Lecq do an amazing job of catering to the hippy crowd, and Jersey Live reliably beats V festival at its own game, as an ageing man with a large collection of futuristic running shoes I am most excited about the type of music promoted by newer events like Blkout and Reasons. I am 30% deaf and 100% down with the kids, so I like to hear music with plenty of bass and the occasional rude word. This used to mean exclusively hip-hop, but these days there is a wide variety of sounds grouped together under the slightly cringey euphemism of "urban music." This descriptor starts with rap music, but has come to encompass garage, grime and the sort of drum and bass that you can't use as background music on Grand Designs. It would just be more honest to say that it's music that originally came from urban-based African-American and Afro-Carribean people, but there's nothing the music industry likes more than a confusing genre name and dislikes more than racial politics.

Whatever you want to call it, what you can definitely say is that Jersey still doesn't produce very much of it. We've got enough acoustic strummers that we've started exporting them to Sark, and a faceless army of studio knob twiddlers pumping out SICK BEATS, but not much in the way of MCs rapping about sea lettuce and traffic on the inner road. Yes, I am aware that Jersey's ethnic makeup drastically reduces our chances of producing the next Kendrick Lamar, but Macklemore won the Grammy for best rap album and he's from the mean streets of Seattle. Calvin Harris produced most of Rihanna's last album and he was weaned on Irn Bru. Dare to dream, people of Jersey, which is exactly what I did when I falsified the musical biography of my area in order to try and get my L'Etacq based garage crew a spot on X Factor. It didn't work, but if enough of us commit to editing Wikipedia we can finally establish street cred for Trinity breakdancers and the badman rudeboys of Maufant Village.

Shook Ouens pt. 2

I've realised that nobody is going to be interested in somebody who raps about seagulls, so if Jersey is going to get any respect we need to imply an atmosphere of danger, similar to how Bergerac made it look like you couldn't walk down King Street without being knocked over by an international jewel thief fleeing from MI5. It's not that far off from how Ice Cube went from being an architecture student to writing music about how he's killed more people than malaria and is not on great terms with the police. To mythologise is also a strong tradition of using rap music to communicate social injustice and philosophy, but this is not the time for me to talk about the feds who oppressed me for overstaying in Sand Street car park. I admire rappers who boast about accumulating fabulous wealth from dubious sources, because I feel this is an area where Jersey people don't need to do a lot of work.

"if the police are reading this, please be fully aware that I have no respect for the law and will not be cutting my garden hedge until you do something about it. I am not afraid to ride a horse on the beach before September, and regularly purchase things online without paying GST."

the troubles with your neighbourhood is traditional, although more along the lines of what the Wu Tang did for pre-existing social conditions in Staten Island, rather than trying to convince people that First Tower is a warzone where haters are out to jack you for your paycards.

Still, trouble sells. In the 90s, mainstream audiences around the world learned about America's regional rap scenes through the public conflict between MCs from New York and their counterparts in Los Angeles. Known as the "East coast / West coast beef," it helped shift millions of records but also culminated in the tragic deaths of 2pac and the Notorious BIG. Apart from the platinum selling records, international fame and senseless murders, I often tell people that Jersey is not that different: I myself learned about the code of the streets by seeing what happened when some boat shoe-wearing punks from Gorey Village tried to walk up in Le Braye car park and disrespect my homies from the west coast. It was nasty; they got back from buying Cornettos to find somebody had drawn a wang in the dirt on their BMW. Since then, I've lived in fear of reprisal and have been careful never to be caught trapping at St Catherine's pier without a lobster permit.

Mo money, mo problems

It is a terrible stereotype to say that rappers only talk about violence; many of my favourite artists are much more interested in talking about money. There Artists like Rick Ross have made careers by telling people of the millions that they earned by bending the law, so maybe there's a gap in the market for a man from St Mary who tells gritty stories of insider trending on the stock market, or the mortal enemies they made doing armed hold-ups on the honesty box near Val De La Mare. I aspire to be the Gucci Mane of Quennevais Precinct.

Talking about it will only get me so far, so I've decided to funnel some of the proceeds from my life of crime (aka Grandpa's trust fund) into an extravagant series of music videos showing that it's possible to ball (relatively) hard in a place that's only nine miles by five. I plan to show that my community is behind me, that Jersey is a neighbourhood where OG potato farmers are proud that a young man escaped poverty and bought himself a tractor with diamond-covered wheels and a pimp stable of prize winning cows. I'm going to have girls pole dancing on the steam clock, Humphrey the lion holding an uzi and plan to melt down the Bailiff's mace to make myself a new set of teeth. All I need is some criminal notoriety, so if the police are reading this, please be fully aware that I have no respect for the law and will not be cutting my garden hedge until you do something about it. I am not afraid to ride a horse on the beach before September, and regularly purchase things online without paying GST. If you think you can take me alive (and on camera) - come and get me.



WORDS Ria Wolstenholme PHOTOGRAPHS Eisa Bakos & Nitro World Games When I was 11, I convinced my dad to buy me a second hand skateboard. My pre-teen self was Avril Lavigne obsessed, and I wanted so badly to be that alternative skater girl. Roll your eyes and cringe here. Alas, my extreme sports career abruptly ended there, after a few failed attempts and a lack of motivation stopped further attempts at trying.

I have always admired anyone who perseveres with extreme sports, though. The commitment and drive they have can't be questioned, and when I was younger, BMX riding was seriously popular. The riders whose bikes had no seats or brakes scared the life out of me, and having them whiz past me on the walk home from school without falling off and dying, was something I admired.

BMX riding started in the early 1970's, when kids started racing bikes on dirt tracks in Southern California. The trend blew up, and it's become a huge, thriving community. Around the world there are dedicated parks and ramps for BMX riders and skateboarders, as well as international competitions where riders from around the world compete. One of those competitors is Jersey's very own Alex Coleborn.

Alex has been riding bikes since he was young, but took up BMX riding when he was in secondary school, and has stuck with it ever since. Turning pro when he was just 17 years old, he's been in the game for around seven years. "I went to St Mary's Primary school and then on to Les Quennevais for secondary" Alex told me, "but I was always more interested in sports than school." "YOU HAVE TO BE PATIENT WITH THIS. IT TAKES A LOT OF HARD WORK, LONG HOURS AND A FEW CRASHES BEFORE IT GETS EASIER, BUT THAT'S PART OF THE GAME."



At 17, Alex was invited to go on a trip to the UK by professional BMX rider Mark Webb, who is a top world class pro and former multiple world champion. "Mark has been my inspiration since I started riding BMX" he said, "my dad sent him videos of me riding and it started off from there" A few days into the trip, Mark offered Alex what every teenage BMX rider dreams of. "He offered for me to ride for the brand Total BMX which he owns" Alex said. "I've been with them ever since, and Mark's become one of my best mates." Total BMX is a UK BMX bike company, that is owned and run by riders.

This kind of extreme sport, as you can imagine, isn't all fun and games. Alex has encountered many an injury throughout his career. "My worst injury was when I broke my hip in France a couple of years ago" he told me. "I had to have surgery over there and have plates put in. I was out for about a year to recover, and it took a long time to come back from that." The blood, sweat and broken hips have been worth it though. Total BMX have released a complete bike as part of Alex's range, The Hangover. "The bike is at a lower cost, and ideal for beginners." Alex said. "Keeping it low cost means it's more affordable for kids to get into riding, but still great quality for a first bike" Alex has been lucky enough to achieve a few dreams in his career, such as riding in the X Games, a contest he looked up to in awe as a child. Out of the 50 or so contests he's entered over the years, he's won 15 of them, so dreaming big and working hard has taken him far.

Even though Alex's family are still here, and he visits them every so often, he would never move back permanently. "The facilities haven't really changed since I started riding when I was young" he said. "The island doesn't seem to support extreme sports as much, and if no new facilities are built, people get bored and move on to something new." Alex might have been lucky to be spotted, but it was his hard work, dedication and passion that got him to where he is today. "You have to be patient with this" he told me. "It takes a lot of hard work, long hours and a few crashes before it gets easier, but that's part of the game. Most importantly enjoy it and just have fun!"

Alex was lucky enough to take his passion to the UK, and create his own career and lifestyle there. It's just a shame that the island is not supporting the kind of urban sports like skating and BMX riding, to make the kids who do want to pursue it feel like they have a shot. St Helier may be small, and not a major city, but I think there's a lot more than can be done to turn our picturesque little town into an urban hub of opportunity.

Family Law Special

Family law is the area of law which focuses on clients in a divorce and the issues related to divorce such as the division of marital property, child custody and support, and alimony. Family lawyers also draft prenuptial and postnuptial agreements and litigate related matters.

These are the people who are there for you when you need them most and the right family lawyer can make these difficult topics far easier and the whole process much more manageable.

Over the next ten pages we've gathered advice from some of the top lawyers on the island to help you navigate these tricky waters! Their details are all by their articles so do call them if you'd like to know more about anything covered, or have any questions at all!

Don't live unhappily ever after – do something about it

Event details:

Thursday 15th September, 12-2pm Viberts House, Don Street Email family@viberts.com or call 632267 to reserve your place.



Viberts has decided to host a workshop for women who want to take control of a difficult family situation and need a starting point.

Rose Colley and Barbara Littler, who will be running the workshop, explain what you can expect to get out of the session.

Rose: Women often come to us because they are having family issues but don't know what steps to take first, what their legal rights are or what options they have. Common worries are what will happen to the children, the family home and even the pets. They may be married or living with your partner, with or without children and may or may not own property together. There are so many different circumstances; don't think that coming to see a family lawyer is only about divorce.

Barbara: We understand that it is daunting to do something about an unhappy family life, but we don't want this to prevent people from doing anything.

Rose: In this two hour workshop Barbara and I will share advice on common problems and address the main concerns that may be holding women back, without going into any personal circumstances. Attendees will leave knowing their rights and feeling empowered to make an informed decision.

Barbara: If you or a friend are having family issues that you need legal advice on, we would like to invite you to our lunchtime workshop on Thursday 15th September. It is informal, free to attend and you are welcome to bring a friend for moral support.

Anyone who goes to the workshop can benefit from a free 30min follow up consultation with a member of Viberts' family law team (T&Cs apply).



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WORDS Advocate Claire R G Davies Davies & Ingram Advocates

The Office for National Statistics recently published data for 2013 confirming that 48% of divorcing couples had at least one child under the age of 16. Of those children 64% were under the age of 11. In total 94,864 children experienced this common but life changing event in that year.

All separating couples worry that their children will be devastated by the breakdown of their marriage. It would certainly be wrong to suggest that divorce is anything other than a frightening and upsetting event for children but it need not be a disaster. Many specialists believe that robust children can cope well with the separation of their parents but it certainly helps if their parents can keep conflict to a minimum and focus on their children's

needs. This is difficult at a time when many adults are themselves in crisis.

If you are splitting up it is important to respect the needs of your children, understanding that they love you both. It will normally be important for them to spend quality time with both of you and they need to feel free to enjoy those relationships. On a practical level children worry about where they will live, go to

DAV



school and about their future. They worry about their pets and their belongings. In resolving matrimonial finances first consideration is given to the welfare of children under the age of eighteen.

The professionals that help you through the process of divorce should be able to do their bit to minimise the inevitable conflict and to help you to resolve your divorce in a constructive way that will, in so far as is possible, meet the needs of your children. It is always worth remembering that you will still be parents long after your decree absolute arrives.



Divorce carries the reputation of being one of life's most traumatic experiences. The emotional impact of a marriage breakdown can be exacerbated by the fear and uncertainty associated with the legal aspect of divorce. There are, however, many misconceptions about divorce proceedings which can be easily dispelled.

How much will it cost?

The cost of divorce proceedings varies dramatically from one case to another. Where spouses are motivated to achieve a swift and fair division, the costs incurred will be limited.

Should I engage a lawyer?

Before embarking upon what is doubtless the biggest negotiation of your life, it is absolutely prudent to arm yourself with all relevant information concerning your legal rights and the principles to be applied. A common misconception is that the appropriate division of assets is an equal split. This is not necessarily the case.

The first step is to establish the full extent of the "matrimonial pot". It is not unusual for one spouse to attempt to avoid the disclosure process with the aim of undervaluing assets or even excluding certain assets from negotiations. The impact of such an approach is that overall settlement is likely to be unfavourable to the other spouse. Thus, the assistance of a lawyer in the disclosure process is often key to ensuring that the full "matrimonial pot" is established before settlement options are even considered.

A fair division will take proper account of the relevant factors, such as the age of the parties, the length of marriage, the needs of the parties and any children, the assets, income and earning capacity of both spouses. Fairness rather than equality is the goal. Applying these factors is not always straightforward and often dictates that an unequal split of the assets is the appropriate outcome.

Obtaining legal advice as to what would constitute a fair settlement may therefore be a sound investment before trying to agree matters with your spouse.

Will I have to go to Court?

The vast majority of cases settle. However, a fully contested hearing may not be avoidable in some cases. Concluding a case in such an adversarial environment can be deeply unpleasant, stressful and expensive. We do all we can to assist our clients to reach a consensual resolution, saving time and money and ensuring control over the outcome.

What other methods of achieving settlement are available?

Once the full extent of the "matrimonial pot" has been established, trading offers in writing and/or negotiating face to face are usually the starting point when commencing negotiations.

If those methods are fruitless or there is a particular issue (or issues) acting as a bar to settlement, other options are available, for example;

Mediation – a fully qualified Mediator attends a meeting with lawyers and clients present. The comfort of legal advice complimented by the assistance of an impartial third party encourages clients to reach agreement. Private FDR – a highly experienced Barrister with judicial experience is invited to hear legal submissions from each party's respective lawyer. The FDR Judge provides a judicial steer, which, whilst not binding, assists clients to negotiate a tailor-made solution with an understanding of what a Court might be likely to order if the case went to a final hearing.

The success rate is impressive and the costs (both emotional and financial) are a fraction of those incurred if seeking final determination from the Court.

Final note

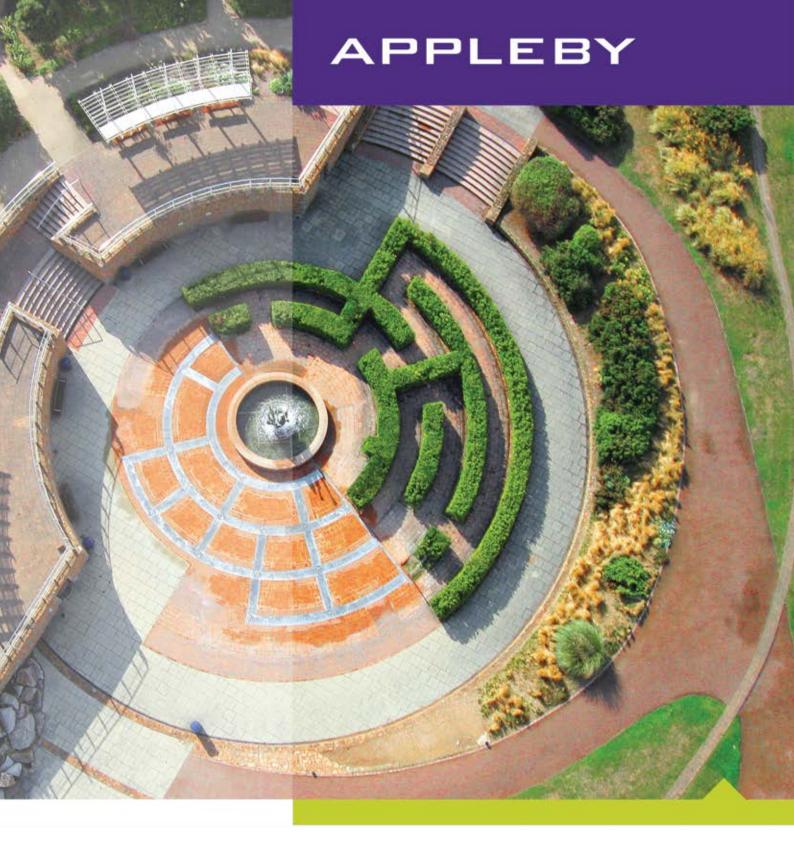
A divorce lawyer's role is to navigate their client through a highly emotional and difficult time by offering legal advice and ensuring that the client is aware of all options throughout. It is the client who dictates the tone, pace and direction of the case.

Notwithstanding the most significant misconception of all, it is possible to get divorced without wasting money and to reach an agreement swiftly in respect of both the finances and/or children. A consensual resolution increases the prospect of a post-divorce relationship which is of significant importance in cases where children are involved.

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Advocate Carly James Associate

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The Pre-nup: A Sensible Precaution or the Keystone of an Unequal Marriage?

WORDS Kirsty Thomas Senior Associate, Baker & Partners

In July 2015, in their broad reaching proposition on 'Same-sex Marriage, Divorce and Dissolution', the States agreed, in principle, to make significant changes to divorce law in Jersey – including that consideration should be given to making pre-marital (prenuptial) agreements legally binding in the event of divorce.

With the increased likelihood that the Jersey courts will enforce such agreements, couples should carefully consider the practical benefits and negative effects a 'pre-nup' may have on a marriage.

No couple can honestly say they enter into marriage with divorce in mind, although with 50% of all marriages now ending in divorce, considering a prenuptial agreement may seem a practical and sensible step. Signing couples can be certain in advance of what will happen if they separate and can therefore anticipate significantly lower legal costs in the event of divorce (although costs will be incurred in agreeing the terms of a pre-nup). Prenuptial agreements can also safeguard family businesses and effectively protect assets within a marriage whilst also providing for a spouse and children.

Planned safeguards would be in place, including that a pre-nup will be effectively ignored in the case of financial hardship. This is a very subjective test which has been disputed in the English courts; 'financial hardship' for a spouse who is sharing a modest income can be very different to one who is in a marriage with assets worth many millions.

It is also true that the party with fewer assets when signing up to a pre-nuptial



agreement often obtains less on separation than they would if they divorced through the courts. In light of this, it has been argued that pre-nups create 'an unequal marriage' where one party has financial dominance over the other. It's not unfeasible to imagine a situation where a spouse would stay in an abusive or unhappy marriage because the pre-nuptial agreement is in place.

Ultimately, those entering into pre-nuptial agreements need to be, as far as possible, rational and unemotional when making decisions that may have far reaching financial consequences; a tough call when you are also planning what is meant to be the happiest day of your life!

To contact Kirsty call **766254** or email **kirstythomas@bakerandpartners.com**

Divorce and assets to consider

WORDS David Benest Managing Partner of Benest Corbett Renouf

We live in a world of increasing financial complexity. The assets we have - family businesses, interests in professional practices, investment portfolios, pensions, properties and trusts - mean that the division of wealth on divorce is likewise ever more complex.

Divorce has an emotional impact on the parties, but it is important not to overlook the financial needs of both spouses and children. There is no set formula for the division of assets and income. What is important is to gain an accurate picture of the family's assets at as early a stage as possible and to identify in particular assets which themselves require detailed consideration and analysis. In all cases, the Court will require full and frank disclosure on the part of both parties.

Settlement can be reached about the division of all assets such as a home or homes, business interests, investments in companies, pensions, trusts and both parties' incomes including future earnings. Financial settlements should be flexible and fair to both sides. Negotiating a financial settlement in divorce is a skilled and complex task.

In most cases the assets are easily identified and valued, income disclosed, expenditure budgets and capital needs for both parties



determined. Difficulties can however arise where the parties' financial affairs are more involved. Some cases involving high net worth individuals involve differing types of financial structures and interests in a web of companies and assets which are not easily realisable. It is imperative in such cases to assess not only the immediate impact a split will have but also the longer term impact, for instance, on a family business. Consequently those advising the parties must be able to understand the complex financial picture and be able to guide the parties not only on the law but also the financial implications of their divorce.

To contact the team at Benest Corbett Renouf call **760860**



Our Family & Matrimonial team understand that the breakdown of any relationship can be an emotional time when difficult decisions have to be made. We can advise you on your options and rights arising from any decision you or your partner decide to take.

For more information contact Kirsty Thomas kirstythomas@bakerandpartners.com www.bakerandpartners.com



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Please contact David Benest, Managing Partner:

12 Hill Street, St Helier, Jersey JE2 4UA 1 01534 760 860

E david.benest@bcrlawjersey.com

A Real Alternative to Court for Divorcing Couples

Children and money are often the main source of stress and concern when a couple find themselves in the trauma and tension of divorce. Catia Tavares , as Head of Family Law and Wills and Probate at Sinels, says 'I have been at Sinels for nearly nine years and during this time I have witnessed many marriages end in the very formal and somewhat intimidating environment of the court.

It is my experience that taking an alternative route to court where there is a financial dispute, can mean all parties walk away feeling the process was fair and reasonable, proving a more useful passage to the next chapter of their life'.

Here is the technical part - Financial Dispute Resolution (FDR), introduced in England 20 years ago, seeks to provide couples with an opportunity to identify and resolve financial disputes. The idea is to reduce the emotional and financial burden of litigating in the family courts.

Six reasons why FDR could be for you:

Peace of mind - An FDR involves the couple agreeing to meet on a 'without prejudice' basis in an informal setting - in other words the discussion cannot be disclosed in court later.

Knowledge is power - We seek the assistance of a judge (usually an experienced barrister from England), who will advise on how matters are likely to unfold should proceedings go to a trial. The assessment, which is non-binding, can be used as a basis for the couple to consider and negotiate a settlement.

Reassurance – Whilst clearly there are no guarantees of successful resolution, the evolution of FDRs show that the process works well. There is now best practice guidance from the UK to assist couples laying out the ground rules of any FDR.

Local availability – Whilst FDRs are not provided for in Jersey law, the Family Division can order a 'stay' (pause), in the court process, for the couple to attend a form of private FDR or directed mediation.

Objectivity – Of course it is a challenge to remain objective in such an emotionally charged situation, however, following a third party assessment and moving to a discussion process without concerns that it may be disclosed in court at a later date, should provide focus and direction so couples can consider the situation more objectively.

Cost effective – Whilst there is a cost to a private FDR process, this is likely to be minimal in comparison to the costs of a full trial. Even if a settlement is not reached, the process will unlikely be wasted, as it should identify the main issues in dispute and the areas where the couple need to concentrate their minds.

At Sinels we have experienced a 100% success rate

In our experience couples, as a consequence of attending a private FDR, have reached settlements out of court which was the desired outcome. Don't take our word for it – listen to what one of our clients said;

'Going to court can be intimidating even if you are represented. I felt much more comfortable, knowing that the process of the FDR was private and informal. Having an experienced mediator giving their assessment provided me with reassurance regarding advice and my position generally. I felt the process was fair and reasonable and Sinels guided me through everything excellently.'

If you need more information about this article or any legal advice please email **catia.tavares@sinels.com** or call Catia Tavares on **620500**

Why not Press the Pause button on the stress and costs of divorce?

FINANCIAL DISPUTE RESOLUTION

My experience in family law means that I would not hesitate to recommend this pathway to divorcing couples to reduce their stress and their costs.



Find out how the Financial Dispute Resolution pathway with Sinels could be a better alternative to adversarial court proceedings.

> Catia's Family Law Clinics Initial Free Consultation Tuesday Evenings

Email catia.tavares@sinels.com or call us on +44 (0)1534 620500 www.sinels.com



PO Box 595 | Charles House | Charles Street | St Helier | JE4 9XE



Counting the cost of your divorce

WORDS Jamie Orchard

Associate, Viberts' family law team

According to statistics published in the UK in 2014 the average couple spends £44,000 on their separation. Viberts are launching a new fee structure that will cut both the financial and emotional cost of ending a marriage. Up to now some law firms have offered a 'fixed fee' for the divorce process (this covers only the mechanics of ending the marriage) but there is less clarity about the costs of sorting out the finances (often the most costly and time-consuming stage of ending the marriage).

Viberts are now offering a transparent approach to the WHOLE process so that clients know exactly what to expect right from the beginning.

Family lawyer Jamie Orchard tells us more...

There has been growing pressure by the Royal Court to curb legal fees, particularly in family law where money is often unnecessarily spent going to court instead of settling out of court and where all too often there is a no clarity as to what the process is costing.

To avoid this happening to our clients, we have introduced a transparent guide to divorce and finances. We go through this with our clients at the first meeting to help them understand what choices they have at each different stage, and the associated costs.

The fees are based around a core divorce element, which applies to everyone. Additional costs will vary according to each individual and their requirements. Each stage is costed so they can build up a picture of the overall cost before proceeding down any given route, so there are no hidden costs or nasty surprises at the end.

Is this really new?

Yes – this is very new. Ending a marriage is an incredibly stressful time and all too often legal fees build up very quickly. With this fee structure, each client will be able to see clearly what each stage will cost them and what future steps will cost depending on the route chosen. For example, it will always be the case under this fee structure that resolving the dispute out of court

"By following Viberts' transparent guide to divorce and matrimonial breakdown, clients could save themselves thousands of pounds"

before a final hearing will be cheaper as well as being far less stressful. This is a very different approach to the hourly rate used by most lawyers and the client is therefore in control of the costs.

Viberts' new fee structure will apply to the vast majority of marriage breakdowns. There will always be a few cases that it can't

If you are thinking about divorce, contact Jamie Orchard on **888666** to find out more about Viberts' transparent divorce process.

apply to as they are too complicated but the client will be informed of this near the beginning of the process.

What are the benefits to clients?

Our unique approach means that clients are clear about where they stand and what to expect from the outset. This makes a huge difference to people who are going through such a difficult time and it gives them one less thing to worry about. They can budget for their fees and set up a payment schedule that suits them knowing what it is all going to cost.

By following Viberts' transparent guide to divorce and matrimonial breakdown, clients could save themselves thousands of pounds, especially if they decide to settle out of court through alternative dispute resolution or a negotiated settlement. They will also save themselves untold stress of appearing in court and ultimately give themselves more control over the outcome than leaving it to a judge. So there is both a financial and emotional saving and ultimately more money in the matrimonial pot for the family.



no hidden costs, no nasty surprises

Thinking about getting divorced but not sure where to start? Worried about the costs, the process and your assets?

Viberts are specialists in family law. We provide our clients with a transparent guide to the divorce process and fees, so they know where they stand and what to expect from the outset. No hidden costs, no nasty surprises.

To get a clear picture of what your divorce might cost, contact us. Viberts family law - we're on your side

♀ Viberts Viberts House, Don Street, St. Helier, Jersey JE4 8ZQ
 ℄ 888666 ☎ family@viberts.com ¥ 8* in 益



vww.viberts.com





On Saturday 23 July 2016 over 120 incredibly brave people took on the Jersey Round Island Challenge in aid of The Grace Crocker Family Support Foundation. The event, which is sponsored by Smith & Williamson, was listed by Red Bull UK as one of the top 11 most extreme challenges in 2016, and saw five different race categories (Run, Swim, Row, SUP & Canoe/Kayak) go head to head as they raced around the island.

The inaugural challenge, which organisers say was a massive success, attracted participants of all athletic abilities and ages. It also welcomed a good number of off island competitors from the UK, France and further, with one overseas competitor coming from as far away as Guadaloupe.

There were many truly fantastic achievements on the day and many records were set for Round Island racing. The first person to complete the challenge was Steve Jones who crossed the finish line in his canoe in a brilliant time of 4hrs 57mins. While the oldest runner to run solo round the island and cross the finish line was 68-year-old runner Peter Hamson who was cheered over the finish line by all participants as he completed the challenge in 13hrs 1 min.

The event also witnessed some other special accomplishments, with the first ever female solo SUP boarder, Verity Thomas successfully circumnavigate the island. There were also a few special family achievements, where Rosemary and Enya Satchwell rowed the distance as a pair, and two parents completed a relay leg on their SUP board alongside their children.

The event raised over £25,000 for the charity Grace Crocker Family Support Foundation, which the charity will use to fund a full time liaison nurse for families of sick Jersey children needing treatment abroad. The Jersey Round Island Challenge will return in 2017 and organisers expect to confirm the new date soon. With the interest that this years event has created organisers have already received new enquiries for 2017 and look forward to welcoming exceptional athletes, family, friends, club colleagues and corporate teams.

"The event raised over £25,000 for the charity Grace Crocker Family Support Foundation, which the charity will use to fund a full time liaison nurse for families of sick Jersey children needing treatment abroad."

For further information on The Jersey Round Island Challenge please visit www.jerseyroundislandchallenge.com



Jersey employee selected to visit partner school in Uganda

Jersey-based Standard Bank employee George Taylor has been selected to travel to Africa this month to visit a primary school in Uganda which the Bank supports.

Standard Bank's Offshore Group, which is headquartered in St Helier, has partnered Mifumi Primary School since 2013. George, a Business Analyst, will join three colleagues from across the Offshore Group for a week-long trip to Mifumi. They will take an active part in school life, learn more about the difference that Standard Bank is making and help identify how funds and equipment that the Bank has raised and collected can best benefit the school. He will also meet members of a Jersey Overseas Aid Commission-funded group, which is helping to build a secondary school nearby.

Mifumi Primary School has around 700 pupils. In addition to teaching academic subjects, the school trains pupils in music, sports, knitting, weaving and self-defence. Pupils also receive health screenings and are given a lunch of porridge each day, which for many is often the only meal that they will receive.



Autism Centre Receives Boost from Golf Day

The annual Autism Jersey golf day, sponsored by JT, took place last month at La Moye Golf Club raising £15,000 for the charity.

Good weather and yet another excellent turn-out ensured the success of the day, which involved 22 teams enjoying a round of 18 holes followed by lunch in the Clubhouse. A raffle and auction, including a golf flag signed by 2016 Ryder Cup Captain Darren Clarke, boosted the funds raised which will go directly towards the development of a purpose-built Autism Centre in Jersey.

The winning team was Elian with an outstanding score of 104, followed by Quilter Cheviot with 92 and Ashburton with 89. Meanwhile, individual prizes went to Derren Glover of JT for the men's longest drive; to Alexa Saunders of Carey Olsen for the women's longest drive; and to Martin Smith of Dandara for the nearest the pin.

During the lunch the chairman of Autism Jersey, Nick Winsor, told guests that Autism Jersey is on a mission – to ensure that anyone who is on the autism spectrum can get the care and support that they need on the Island. He spoke more about plans for a purpose-built centre for autism in Jersey. A site in Trinity has been identified, and plans drawn up, he said. Thanking JT for their support of the annual Golf Day, he said: 'Money raised today will go directly to that centre.'

Autism Jersey aims to raise at least £1.5 million for the centre in a joint effort with the States of Jersey.

Roberts Garages Community Wishes Fund (Application Deadline 18 September)

Again this year, Roberts Garages is continuing to give away a generous amount of money to help with the funding of local charities and worthwhile causes.

All they ask is that organisations get in touch by writing to Ricky Davey, Finance Director / General Manager, Roberts Garages, Springfield Road, St Helier, JE2 4LE or e-mail ricky@robertsgarages.com, stating how much cash you require and how these funds will be used.

Roberts will then decide who will benefit based upon the information provided and on where these donations will make the biggest difference. The closing date for applications is 18 September 2016.





JFSC staff find their Groove

Staff from the Jersey Financial Services Commission (JFSC) braved the elements during the first week of August as they volunteered to help with the preparations for Groove de Lecq, the local fundraising festival which this year was in aid of Jersey branch of the British Heart Foundation. Over two afternoons, the HR and Communications teams turfed the mini amphitheatre in the Woodland area and built a fence and 'dead hedge' in 'WonderLand'. The weather was particularly grim on one of the days but nothing dampened the volunteers' spirits who all felt a great sense of achievement and teamwork for a great cause.



Email your community news to community@gallery.je

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



On Friday 22 July, 'Prosperity Day' unleashed corporate rivalry in Broad Street and witnessed pedal-mania pandemonium in a static bike race for for local charities.

Created by technology company Prosperity 24.7, the event saw twelve local firms 'vent their fury' during multiple resistance trainer relays. The races used BKOOL turbo trainers that were hooked up to computers, taking cyclists up a 'virtual mountain' and transforming Broad Street into the Col du Tourmalet; the highest paved mountain pass in the French Pyrenees and a ruthless stage of the Tour de France. The races comprised of 30 minute heats and saw participants race against their neighbours to cover the greatest distance and make it onto the leader board. At 3:30pm, the three top firms, who made it the furthest up the 'virtual mountain', entered their best cyclist to pedal for glory in the final 10 lap virtual velodrome sprint. A brilliant effort from Johnny Hickling who represented his team, Robert Kirkby and Ben Seymour-Smith, in the final and pushed KPMG Channel Islands to victory, with Sure Jersey and Camerons following in second and third place of the cycling race.

The overall winners were announced at the Prosperity Day awards evening, held at the Jersey Museum. KPMG Channel Islands remained on top and won the Prosperity Day trophy, while top fundraisers Sure Jersey came in second place. With great fundraising efforts Bedell Group managed to move up the leader board into third place, with Camerons following in fourth position.

Prosperity 24.7 have so far collated £12,470 for Caring Cooks of Jersey and WetWheels Jersey. You can see all the results from Prosperity Day on the Prosperity 24.7 website, Facebook and Twitter.



Dandara Colour Fun Run raises over £25,000 for Family Nursing & Home Care

Islanders who took part in Jersey's first ever colour run helped to raise over £25,000 for Family Nursing & Home Care (FNHC).

800 people took part in the Dandara Colour Fun Run which saw participants being showered with coloured paint as they made their way along a five-kilometre stretch of the beach at St Aubin's Bay.

Proceeds from the event are being used to fund the provision of a new Paediatric Care Worker at FNHC, and organisers say they the charity is now well on its way to securing this vital new role for the community.



Groove De Lecq Raises £30,000 for the Fight Against Heart Disease

Last month thousands of music fans danced the night away at Jersey's infamous charity fundraising festival Groove De Lecq, raising an incredible £30,000 for the British Heart Foundation's life saving research.

The renowned family-friendly festival saw some 2,500 Islanders of all ages and musical tastes walk through the Groove gates at Moulin De Lecq St Mary's to enjoy a fantastic line-up of local musical talent, performing arts, children's craft and dance activities and a new and improved site layout with new areas to discover offering a variety of fresh food and refreshments.

Since launching in 2011, this soulful little micro-festival has raised over £100,000 for local charities including Autism Jersey and Headway as well as inviting partner charities and volunteers to get involved on the day. This year, Groove joined the local fight against heart disease, with all funds raised through ticket sales going towards the British Heart Foundation Jersey Branch. Heart and circulatory disease claims the lives of around 155,000 people in the Channel Islands and the UK each year. Every pound raised from Groove will help the BHF fulfil its ambition to fund half a billion pounds of life saving heart research over the next five years, and bringing us ever closer to beating heart disease.

As well as the British Heart Foundation, a number of other local charities took part in the day by providing fun and engaging activities for all the family to enjoy. These included dance lessons with the JSPCA, a Mad Hatters Tea Party with Jersey Mencap, Fancy Dress Yurt with C.I Pride a Happiness Terrace with Mind Jersey, A Children's' playground with Brighter Futures and beautiful bespoke furniture provided by Acorn.



L'Horizon Beach Hotel & Spa host free family Safety at Sea event

This August, L'Horizon Beach Hotel & Spa will help to ensure that tourists and island residents remain safe as they enjoy the islands beautiful beaches. The AA four silver star hotel, which is situated directly on St Brelade's Bay, has joined forces with the RNLI and teamed up with a range of other local lifesaving operations and together they hosted a huge family fun event on Sunday 14 August.

The water safety awareness day brought together teams from the RNLI Lifeguards, Jersey Coastguard, Jersey Fire and Rescue, Swim-Safe and Aquasplash.

Commenting on the day Simon Miller, General Manager of L'Horizon Beach Hotel & Spa said, "We were delighted to select RNLI Jersey as our charity of choice earlier this year. Due to our location directly on the beach at St Brelade's Bay and the fact that so many of our guests enjoy the Bay we felt that this partnership was a natural fit."

Visitors to the event were able to meet the staff and crews and take part in interactive educational talks and demonstrations throughout the day, including sessions focusing on sea swimming, beach safety and resuscitation

For more information about the festival or work of the BHF, visit www.Groove.org.je or www.bhfjersey.com where you can read the blog.

Staff raise funds for SCBU neo-natal monitors

Staff from Fairway Group and sister company, Bracken Rothwell have raised £1,000 for SCBU through their weekly dress down days.

The money raised will help The Baby Bean Appeal, which has been set up by the charity together with Baby Lifeline and Philips Footprint to purchase fetal monitors for the maternity unit at Jersey's General Hospital. Gemma Harries from Friends of SCBU said the much-needed equipment helps give mothers a greater freedom of movement during labour.

She said: "The monitors are especially beneficial for those with high-risk pregnancies as they increase the chance of a normal pregnancy and a positive birthing experience."



You may have read last month that this year's Pride is even bigger and better than last year as it will be taking place across both the islands of Jersey and Guernsey, and will be on for a whole week 10-17 September 2016.

With this in mind it is our pleasure to introduce to you the shiny new Liberate team who are organising this year's CI Pride Jersey events.

In the photo we have Christian May: Chairman; Vic Tanner Davy: Treasurer; Abigayle Blood: Media & Marketing; Shev Fogarty: Events; Ashley Morris: Parade/ Events; Natalie Le Cornu: Entertainment; Paddy Haversham-Smythe: Volunteers. Other members this year are: Jaime Boylan, Joseph David Bras, Lee Mac and John Ttokkallos.

As part of this year's Jersey Pride parade, which starts at West Centre on Saturday 17 September at 1245pm, Liberate will be hosting their very own Pride Radio channel, so don't forget to take your various online streaming devices and Bluetooth speakers with you, so you can be loud and proud, and shake your groove-thing all the way to Weighbridge Square.

And there's more! Rebecca Root, star of Boy meets Girl, will be hosting the Equality and Diversity Awards on Friday 16 September; then on Saturday 17 September Paula Randell will be opening the Pride stage as Dolly Parton, and Special Guest Artist Sonia will be closing the show with her fabulous 80's hits, including You'll Never Stop Me from Loving You and Better the Devil You Know. Amazing!

So, there are plenty of reasons to come out and paint the town red, orange, yellow, green, blue and purple.

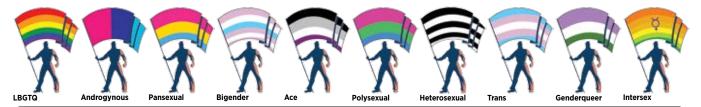
Pride is all inclusive, it's not just for LGBTQ people but for anyone and everyone who believe in equality, including your families, friends, allies, supporters, work colleagues and, most importantly, your pets - so grab those poop-bags, tie a flag around your neck and let's get proud baby!

Speaking of flags, in order to help you with the flying of your colours this year, the team at Liberate want to supply you with some friendly advice. Everyone knows that the LGBTQ Pride flag is the rainbow flag right; but did you know that there are lots of other flags for all sexualities and genders?

Well, before you can say rainbow-coloured Crapauds, you can find the Liberate handy guide to Pride flags below.

Liberate are still looking for shiny happy volunteers to help with the parade and celebrations – please get in touch via their Facebook page.

Official Pride merchandise, including flags and t-shirts is available from Magic Touch in Weighbridge Place, and will also be available in Weighbridge Square on 17 September.



A full programme of events, tickets and volunteering opportunities can be found on the CI Pride website: www.channelislandspride.org or on Facebook: www.facebook.com/channelislandspride

EVENTS





Prosperity Day 2016 JERSEY MUSEUM BRASSERIE FRIDAY 22ND JULY





'Prosperity Day' unleashed corporate rivalry in Broad Street and witnessed pedal-mania pandemonium in a static bike race which raised £12,470 for local charities, Caring Cooks of Jersey and WetWheels Jersey.

Chris Clark CEO of Prosperity 24.7 said "We would like to thank Big Maggy's for the loan of bikes and BKOOL for delivering such





incredibly technology. A huge thanks also goes to JT who provided the all essential Wi-Fi on the day. Barannes and Race Nation also need to be thanked for their refreshments and fund raising platform respectively. Last but not least, a massive thank you has to go to Marisa Hamon and our team at Prosperity 24.7, they are truly the backbone of Prosperity Day."





Santander Family Day JERSEY RUGBY CLUB FRIDAY 29TH JULY





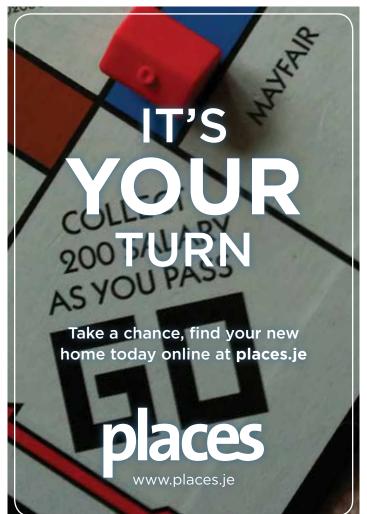
On a sunny Friday afternoon Jersey Reds announced that Santander will be the club's new lead sponsor for the forthcoming season. The announcement was made at a pre-season function, where Santander representatives and guests were able to witness the final selection training game between members of the 1st XV squad.





As part of the event, funds were raised for the company's nominated good cause, the Kitchen Garden Project run by local charity Caring Cooks of Jersey. Fundraising activities included a raffle, shirt auction and an opportunity to have a kick at the posts.

THE BOAT HOUSE BAR & RESTAURANT	THE FARM HOUSE BAR & RESTAURANT	THE SPICE HOUSE	THE TREE HOUSE BAR & RESTAURANT
Two decks of Jersey's finest dining and beautiful views.	Serving up classic traditional food in timeless style and family fun!	Fusing traditional Indian flavours with local Jersey produce.	Italian menu, meal time for the whole family. Playtime for the kids.
1 NORTH QUAY ST AUBIN, JERSEY JE3 8BS	LA ROUTE DU NORD, JERSEY JE3 4AJ	LE NEUVE ROUTE ST AUBIN, JERSEY JE3 8BS	LA MARQUANDERIE HILL, ST BRELADE, JERSEY JE3 8EP
01534 744226	01534 861697	01534 746600	01534 741177
PICK A PERFECT CORNER OF JERSEY WWW. THEBOATHOUSEGROUP. COM			









The Works Opening Night 2 GOREY HILL TUESDAY 9TH AUGUST





The Works is a new Jersey pantry offering the finest ingredients and homemade delicacies in the heart of Gorey.

The charming artisan business is a member of the Feast family, lovingly creating by Laurraine Falle who has worked tirelessly with Executive Chef Paul North to supply the finest local and international products, all under one roof.





Freshly baked breads and beautiful pastries, homemade preserves using surplus products from local growers, farmhouse cheeses, salami, hand made pies and cakes. With so many treats to be discovered in this cabinet of curious comestibles The Works is set to be a new destination for great food and great experiences. Read more about our visit to The Works on page 91.





Aztec Group Festival of Training & Performing Arts JERSEY ROYAL SHOWGROUNDS FRIDAY 8TH JULY





Following on from three weeks of in-house training, all of Aztec Group's employees were invited to take part in a day of team building before celebrating in spectacular festival fashion. Taking place on Friday afternoon in July at the Jersey Royal Showgrounds,





the Aztec Group Festival of Training and Performing Arts saw over 400 employees taking part in their renowned team building event and summer party. To see more search #AZTECFEST on Instagram.



Client Advisor Assistant

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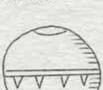




Work Happy :-)



0





Groove De Lecq MOULIN DE LECQ SATURDAY 6TH AUGUST

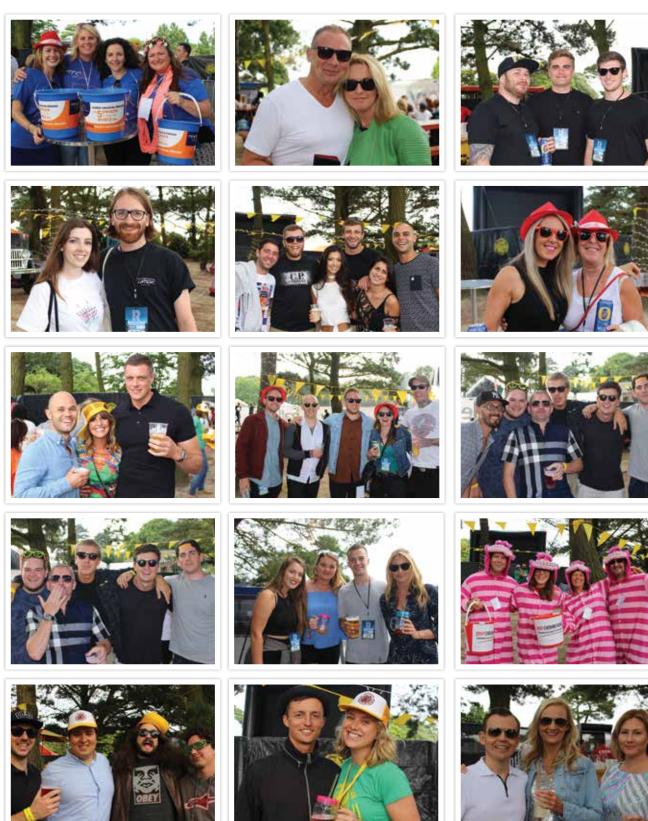


Groove de Lecq 2016. The renowned family-friendly festival at Moulin De Lecq St Mary's played host to a fantastic line-up of local musical talent, performing arts, children's craft and dance activities and a new and improved site layout with new

areas to discover offering a variety of fresh food and refreshments. Thousands of music fans danced the night away whilst raising an incredible £30,000 for the British Heart Foundation's life saving research.

A massive well done to all involved, another great event #grooveisintheheart

2



Camp Hardclaw REASONS FESTIVAL SATURDAY 30TH JULY



The dust has finally settled after another triumphant Reasons Festival, well it has been over a month now! We don't know about you, but we had an awesome time looking after everyone that came into Camp Hardclaw.

Having set the scene, hospitality ticket holders were treated to a variety of summer camp type activities, which included a

cheeky game or two of Twister, lounging in the tents pitched around the camp fire and generally just enjoying the festival

Here are just a few pictures of some of the people we met during the day.

atmosphere from the comfort of Camp

Hardclaw.





Progressive School of Music St Helier School Opening CATTLE STREET WEDNESDAY 3RD AUGUST





The students and supporters of Jersey's Progressive School of Music came together to celebrate the opening of their new town location in Cattle Street. The ribbon across the door was cut by none other than ex Sugababe, and ex student, Heidi Range, who flew over for the day to open the school. The school founder and principle, Leila Begg, has been teaching music for more than 22





years. With over 300 students, and now two studios, the school is blossoming. The new school has been in the works for over a year, and it now means that students coming from the east of the island don't have to travel so far for their lessons. After the ribbon cutting, some individual students and the student choir sang for guests.











Lions Club Pedal Car Grand Prix ESPLANADE CAR PARK SUNDAY 21ST AUGUST



A first heat of friendly and considerate racing was a far cry from the pit lane gamesmanship and rapid push starts that were to follow as teams of five slogged it out to compete for the accolade of becoming pedal car champions 2016. Almost 100 people took part including teams from Lloyds Bank, a triple team from Newtel, Homenet and Pure Poker, Thompson Estates, Rossborough, Alex Picot, Aqua, Parslows, State Street, KPMG, Benest Corbett



Renouf and our very own Galleryrally team. The event was sponsored by Quilter Cheviot, who fielded a strong team with Mo Baluchi showing serious form. However, in a shock to us as much as anyone else, our galleryrally team, headed up by rally alumni Tim 'Turbotrainer' Barnes, took the gold medal. All proceeds raised went to the Lions Club of Jersey which supports registered Jersey charities. We'll be back to defend the title next year!

TRAVEL



Urban retreats are the latest travel craze to hit the city centre scene. From Barcelona to Belgium, to London and New York, hidden sanctuaries are everywhere! Read on to discover our top picks...



Amsterdam

Despite its hedonistic reputation, Amsterdam's alter ego is one of homely charms, gastronomic delights, 'normal' nightlife and cultural treasures.

What to do in this city? Lose yourself in a maze of canals, do a spot of window shopping, check out some of the local coffee haunts and visit one of the many great art museums... the best way to explore all this compact metropolis has to offer is by bike, foot, or tram.

Don't speak the local lingo? Worry not - almost every one living in this delightful part of world speaks English perfectly (more often than not, French, Italian and German too)!

Stay: In the Urban Lodge Hotel, a mixture of urban design and country style in Amsterdam´s Sloterdijk Station area - urbanlodgehotel.com

Eat: At the Public Library, Central Station - asides from the incredible architecture, complimentary WiFi and world newspapers, the seventh floor cafe (La Place), with its birds eye balcony and enviable views, serves a delicious smorgasbord lunch.

Do: Step inside Van Gogh's 'weird yet wonderful' world at the Van Gogh Museum, Postbus 75366, 1070 AJ Amsterdam - tickets available both on the door and at vangoghmuseum.nl

Barcelona

If it's a combination of shabby yet sexy you're after then this is the city for you. From idyllic Gothic courtyards, to jampacked beaches, insane Modernista architecture and dusk-till-dawn nightlife - Barcelona has something to suit all.

It's in this city; you'll discover the celebrated sights of Park Guell, La Sagrada Familia and the Picasso Museum. Combine sightseeing with a trip to one of the many traditional Tapas bars and Old Town scenic plazas, serving up moreish bites of Tigres (stuffed muscles), Croquetas de Jamón (ham croquettes), Patatas Bravas (aioli-infused potatoes) and of course, cold cervezas at the barrel load. When the sun goes down, things only get hotter. Head to Las Ramblas and join the many merry-makers keen to sample Barcelona's legendary nightlife.

Stay: Hotel Pulitzer, just off the Placa Catalunya, on the edge of the Old City - Bergara, 8, Barcelona, 08002 hotelpulitzer.es

Eat: Tapas at Quimet I Quimet, crammed with dusty bottles of wine, this traditional tapas bar, although miniscule, what it lacks in space, it makes up for in delicious dishes - Poeta Cabanyes, 25, Poble-sec - Mon-Fri noon-4pm, 7pm-10.30pm; Sat, holidays noon-4pm

Do: Explore Gaudi and Modernisme - Park Guell, Sagrada Familia and La Pederera - just a snippet of the inspiring architecture this city has to offer.

CONTINUED

Every success story is a tale of constant adaption, revision and change. A company that stands still will soon be forgotten.

- RICHARD BRANSON -

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Blue Islands is now a Flybe franchise partner, all our services can be booked at www.flybe.com

We look forward to welcoming you onboard soon.



CONTINUED



Milan

Milan, a Cinderella of cities, is celebrated for it many artistic gems, strong football presence, forward-thinking fashions and its gleaming crown of skyscrapers. It's here you'll discover Michaelangelo's unfinished masterpiece, the astounding view at the top of Duomo's 150 steps and the sights and sounds of Teatro alla Scala – the world's most famous opera house.

Milan's thronging streets are not only heralded as a fashionista's paradise, they're home to an array of beautifully preserved 1930's architecture, an abundance of classic and modernist art galleries, religious monuments, a handful of legendary takeaways serving panzerotti (a fried pastry triangle oozing with tomato and mozzarella) and of course, the Navigli waterways – a network of canals partly designed by Leonardo da Vinci.

Stay: In Maison Moshino – a unique, contemporary hotel just a short stroll from the fashionable Corso Como district. Rooms boast a surreal décor and the hotel itself provides a personal shopping service – NH Milano Palazzo, Moscova

Eat: Dine on one Milan's original orange and yellow, 1920's trams. ATMosfera offers a five-star dining experience with wine, allowing you to enjoy your supper whilst touring the city – www.atm.it

Do: Be inspired by the Last Supper, Milan's most renowned attraction. Catching a glimpse of this Leonardo da Vinci masterpiece is said to be on par with nabbing front row seats at a Fendi fashion show, and even then, you're only permitted a mere 15 minutes to admire this work of art.



New York

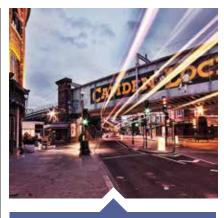
From the neon lights of Times Square to Wall Street's looming skyscrapers and Central Park's leafy paths – New York pulsates with an uncontrollable energy. This metropolis is the world's media, fashion, finance and cultural hub.

A few jam-packed days is all you need to explore this city's many world-class attractions and unforgettable icons, historic streets, plentiful boutiques, capacious department stores and ethnic enclaves. Combine exploration with pit stops at gastronomic bistros and trendy bars – all of which further enhance this city's magical urban buzz.

Stay: At the OUT NYC - an urban resort at the heart of Midtown Manhattan. With its expansive open spaces, glass exterior and sleek lobby, it's unlike anything else you'll find in this city - theoutnyc.com

Eat: Home to some of the best (and now most unique) pizza in America, it would be rude not to sample at least one stonebaked extravaganza whilst in the area. Motorino Pizza, East Village, boasts a mouth-wateringly, artisanal menu featuring Neapolitan-style pizzas with just the right amount of char. Feeling daring? Choose the Margarita and Brussels Sprouts Pie.

Do: Soak up New York City's skyline with an unforgettable helicopter experience. Roof top bars only offer so much, if you want the real deal (and a panoramic view); this is how to do it!



London

Whether you choose to sample the eateries of Westbourne Grove, the boutiques of Notting Hill or the individual antiques and high-end food stalls of Portobello Road, London has something to offer all.

Of all the remarkable sights, there's nothing quite as striking as the imposing landmarks of Nelson's Column, Trafalgar Square, Westminster and Whitehall. Then you have the many West End theatres, the glossy galleries of London's most glamourous department store (Harrods) and the eight million objects in the British Museum's permanent collection. When visiting London, be sure to plan an itinerary!

Stay: At the Rookery - with its claw-foot tubs, brass shower fittings and open fires, it's anything but chain hotel monotony. Positioned just a short hop and skip from the Famous Fabric Night Club - rookeryhotel.com

Eat: At Borough Markets - it's here you'll be spoilt for choice with an array of enticing fresh fruit and vegetable platters, seafood salvers, specialty cheese wheels, crisp organic breads and just about anything else a fanatical foodie could be tempted by.

Do: Admire the National History Museum's astounding dinosaurs and memorable exhibits. The colossal diplodocus skeleton, which overshadows the Victorian building's stunning entrance hall, is a sight enjoyed by all ages – nhm.ac.uk

CULTURE

ART'CHAEOLOGY

FRIDAY 16TH SEPTEMBER -FRIDAY 30TH SEPTEMBER

CCA GALLERIES INTERNATIONAL

A multi-regional exhibition of work, developed over the past year in France and Jersey, that explores links between artistic and archaeological research. The exhibition includes new work by Jersey artists Matt Falle and Karen Le Roy Harris, as well as French artists Amélie Delaunay and Fleur Helluin.

ww.arts.je www.ateliersintermediaires.org



ntermedia

TAKING IT TO THE STREETS

With all the friendly animosity between Jersey and Guernsey, I have to give it to them on this one, they've really pulled it out the bag. As a photography enthusiast, keen to be inspired individual and on the border line of considering myself a photographer (though not there quite yet), the Guernsey Photography Festival is one event I really couldn't ever consider missing.

WORDS Layla Arthur

With the theme of our issue being urban the festival has been kind enough to invite the outstanding street photographer Bruce Gilden. I mean, what could be more urban than street photography; not literally photographs of the street as you may think, but instead the people walking them. Now I don't know about you, but being the street photography lover I am that pretty much sold the festival to me. Gilden is the street photographer, displaying in Guernsey his work "Go" which focuses on the darker side of life in Japan, Tokyo. He has developed a unique photographic style in which he is very obvious and extremely close to his subjects when he takes their photograph. Being the huge source of inspiration to that he is, I decided to get his input on how to take great street photographs. You never know, I may have many of you avidly reading (as I should) at the mere mention of the name Bruce Gilden.

I asked Bruce (we're now on first name terms) what his advice would be for us budding street photographers is and he was pretty direct in saying "photograph who you are". I mean that makes perfect sense; there's no point whatsoever in copying other people's photographic styles because if it's not you then you won't capture the emotion and passion that makes a photograph. He thinks that many amateurs try to emulate other photographers and while it's a really good place to start being inspired by other's work, you have to develop a style which is an extension of your personality. Bruce is a big believer in needing to be comfortable with yourself when photographing other people and to not be constrained by what you assume isn't acceptable. A big question with street photography is the boundaries of who and what is or isn't acceptable to photograph. In terms of censoring what you photograph, Bruce feels that "if you're comfortable taking the picture take it, if you're not then don't, same as with asking permission, sometimes you ask but then sometimes you don't." One thing that I find interesting is how photographers choose to photograph different people, so I asked Bruce what his criteria was, so to speak. Bruce photographs characters, the people he feels he can learn something from. Photographs of people show a part of their story and of course you want to photograph people who

have an interesting story to tell. Bruce's last words of advice were "consider your work as an outsider, see your mistakes and then don't want everyone to like your work as you need the challenge of disapproval."

Bruce Gilden is a truly inspirational individual, as are all the internationally acclaimed photographers featured at the festival between the 8th- 30th of September. The official opening at Castle Cornet led by festival director Jean-Christophe Godet will introduce the festival's theme Fiction/Nonfiction, as well as Bruce and fellow photographer Cristina De Middel making speeches.

Friday and Saturday is when things really get under way, with a series of talks by the exhibiting photographers about their work and also the practise of photography in general. The best efforts have been made for the talks to start at different times, as the photographer's works are displayed in a variety of locations; I know I for one want to go to every single talk and not miss a second of any of them. Friday evening will end with a public discussion between the featured photographers about how their work fits into the idea of Fiction/Nonfiction. Saturday is more of an interactive day as the festival has partnered with Channel Island Pride to let the professional photographers loose with their cameras on the streets of Guernsey.

"There's no point whatsoever in copying other people's photographic styles because if it's not you then you won't capture the emotion and passion that makes a photograph"

The photography festival continues on from the opening weekend with a variety of workshops being given in Guernsey by local photographers and of course the photography exhibitions will continue to be on display. Part of the festivals events also includes photographer talks given at the Jersey Arts Centre. In the past I've had the pleasure of listening to Sian Davey talking about her lovely family and Jack Latham discussing a less than lovely murder case. I highly recommend looking up their work. The next talk is to be given by Guillaume Bression on the 13th of October so why not come see his work for yourself? I recommend the opening weekend from the 8th-10th but the exhibition is showing till September 30th so you have plenty of opportunity to pop over and check it out.



📥 Bruce Gilden

gallery

Layla talks us through her choice of five great cameras for budding street photographers...













Fuji Finepix X10 £230

extended lens.

12-megapixel EXR CMOS sensor
28-112mm and f/2-2.8 lens
So this camera is the affordable option and funnily enough is the camera that I use. It serves well as the smallest of all the camera's I've included, with an almost instantaneous start up time and a large buffer for continuous shooting. Only drawback is that it's not great in low light and the viewfinder is partially obstructed by the

Canon Powershot G7X XII £370

20.1 Megapixel CMOS sensor 24-100mm and f/1.8-2.8

Another affordable option though not pocketable in size, this camera includes a touchscreen LCD which can be flipped up or down and a large buffer for continuous shooting (ideal for capturing loads of images). The negative comes in the form of the battery life which isn't long, so you may find yourself with the perfect individual to photograph but no camera battery to take a photo with.

Panasonic Lumix DMC-LX100 £519

16-megapixel micro four-thirds sensor 24-75mm and f/1.7-2.8 lens

This camera is all about the best image quality of any compact design and has a very fast responsive autofocus. This is also the perfect camera for night street photography with an impressive IOS range which up to IOS 6400 doesn't create noticeable noise. It is only restricted in its lens range and there is the potential for lens flare in bright light.

Ricoh GR £599.99

28mm f/2.8 lens

16.2 million pixel, APS-C sized CMOS sensor So this camera while still expensive for an amateur starting out is defiantly all about ease of use. It is small and can be operated with one hand so is perfect for snapping photographs quickly and effortlessly. The only drawback would be succumbing to camera shake as the lightweight nature of the body makes this only too easy.

Samsung NX500 £599.99

28 megapixel APS-C sensor 16-50mm kit lens

Also not a cheap option but as the only camera on the list with an interchangeable lens and also an articulated screen how could you possibly go wrong? The various angles the screen can achieve is a nifty gimmick for allowing you flexibility in shooting conditions but this does mean it is slightly on the bulky side. A long startup time isn't ideal either when your going to want speed to shoot on the streets.

59

Locked&Loaded

Tommy Titshall, or TommyGun as he's more commonly known is a local stencil artist. His style of intricately detailed stencils are instantly recognisable and always a delight to see when they occasionally pop up around the island. With this being our urban issue, he seemed the perfect artist to profile, here he tells us a little bit about his creative process.

Tell us about where and when getting creative all started for you?

I've always like making stuff from a young age i used to draw and paint quite a bit. But, when I started seeing Banksy's stencils I was inspired by the simplicity of the painting but how they looked amazing from a distance so I started learning how to make stencils.

How would you describe your work and what you do?

I mainly do stencils but i also do a lot on photoshop to create the ideas i think of. I do commissions for people and a bit of removable street graffiti. You may have seen some of my work around the island, occupying window frames and spaces on building sites. The black and white faces in particular.

You paint under another name, TommyGun, is there a particular reason for this?

Honestly, it's just a quirky name really and bit cooler than my real one. Which is part of the whole art scene.

Can you talk us through the process you go through to produce your work.

First of all I think of an idea then try to find an image or take photos to use, i then change them by using photoshop and by trial and error I have worked out different ways to make them into stencils, sometimes they can take several days to design. You then have to work out how to break the image down into how many layers you want, the less layers the less detail in the finished product. Then you start cutting. I think the longest stencil so far I've had to cut has taken about 30 hours, it's a long time but it's weirdly quite therapeutic and all about making a better end product.

A lot of your work is very Jersey centric, are you inspired by your environment?

I guess I am. The first stencil I ever produced was a Jersey cow and I've now done quite a few Jersey inspired pieces of work, the latest being my Jersey bean can image, which has been really popular.

Do you have a favorite piece of work that you've kept, one that you loved so much you just couldn't sell?

I did keep the Stormtrooper Mona Lisa, it was on the wall at home for a few years, but I was made an offer i couldn't refuse and ended up selling it. I need to make another one for my wall, because I still love it!

Street art is on the rise here in Jersey, any tips for those wanting to put their stamp on island walls?

Don't be scared to do your own thing and try to be original. I would also get in touch with the IKM CREW, the boys there are very helpful and awesome graffiti artists. They can also help you find walls that are ok to use, rather than just going and starting somewhere else that might get you in trouble.

"I think the longest stencil so far I've had to cut has taken about 30 hours, it's a long time but it's weirdly quite therapeutic and all about making a better end product."

Do you have any particular artists that have inspired you throughout your career?

I would have to say the main ones are Andy Warhol, Blek le rat, Penny, Banksy, Evol, c215, but there are so many more I could mention.

If you could own a single piece of work produced by an artist you admire, what would it be?

There's a piece by Penny called Heist, the detail is amazing on such a small scale. He takes actual money and prints layers and hand embellishes the note. This one is a 19 layer handcut stencil on a £10 note, it's mind blowing.

Is there anything coming up that you're working on that we should be looking out for?

At this stage I can't really say, you'll have to wait and see...





Culture News



2 Film4Pride

This year, there is a double bill of Film4Pride movies for you - one for the girls and one for the boys!

The first film, And Then Came Lola, is a funny, romantic comedy. Talented but constantly distracted photographer Lola (Ashleigh Summer) is on the verge of success in both love and work. She could lose it all if she doesn't make it on time to a crucial business meeting with her new girlfriend (Jill Bennett) and her sultry and seductive client (Cathy DeBuono).

The second film, Any Day Now, is the touching true story of singer, Rudy Donatello (Tony Award winner, Alan Cumming) and ambitious lawyer, Paul Fliger (Garret Dillahunt), set in Los Angeles in the 1970s.

Tickets can be purchased from Eventbrite. Thursday, September 15, 7:30pm -11:30pm at Rojo's





The Threepenny Opera *NT Live Screening*

This is a darkly comic new take on Brecht and Weill's raucous musical broadcast live from the stage of the National Theatre. London scrubs up for the coronation. The thieves are on the make, the whores on the pull, the police cutting deals to keep it all out of sight. Mr and Mrs Peachum are looking forward to a bumper day in the beggary business, but their daughter didn't come home last night and it's all about to kick off...

With Olivier Award-winner Rory Kinnear (Hamlet, Othello, James Bond) as Macheath, alongside Rosalie Craig (As You Like It, My Family and other Animals) as Polly Peachum and Haydn Gwynne (The Windsors, Drop the Dead Donkey) as Mrs Peachum.

This bold, anarchic production is brought to you by a creative powerhouse: adapted by Simon Stephens (The Curious Incident of the Dog in the Night-Time), and directed by Rufus Norris (Everyman, London Road).

Contains scenes of a sexual nature, violence and filthy language. Showing at Jersey Opera House on Thursday 22 at 7pm, tickets are £11.50 - £13.50 and the performance is a Cert 15A.



Badlabecques take to the air

Jersey's only Jèrriais singing pop-folk band were last months cover story of Air Berlin in-flight magazine.

The German airline Air Berlin flies constantly all over the globe and its monthly in-flight magazine has a summer readership of three million people per month. The August edition has just been released and it features Badlabecques' lead singer Kit Ashton on the front cover. He's standing on a step-ladder at Corbière, shouting into a megaphone, accompanied with the headline 'Der letzte Schrei'. This literally translates as 'The Last Cry', but also has a double meaning as it is a common phrase in German meaning 'the latest craze'.

The article itself, published in German and English side-by-side, tells the story of the band so far as they promote and popularise our local language Jèrriais. It also features local beauty spots from Mont Orgueil to St. Ouen's bay, and even has a 'Jèrriais for Beginners' section.

Cymbeline

RSC Live Screening

Cymbeline is a ruler of a divided Britain. When Innogen, the only living heir, marries her sweetheart in secret, an enraged Cymbeline banishes him. But a powerful figure behind the throne is plotting to seize power and murder them both. Innogen embarks on a dangerous journey that will reunite Cymbeline with a lost heir and reconcile the young lovers. Melly Still directs Shakespeare's rarely performed romance.

Head to the Jersey Opera House for this cinema screening on 28 September, broadcast live from the Royal Shakespeare Theatre at 7pm. Feel part of the action from your seat. Tickets are £11.50 - £13.50.



Lights, camera and action at Jersey Arts Centre

As ever, there's a multitude of performances, concerts, workshops, courses and exhibitions on offer throughout September at Jersey Arts Centre.

After performing to sell-out crowds at the 2016 Edinburgh Festival Fringe, acclaimed Scottish comedian Daniel Sloss will be making his Jersey debut on 28 September. Known for his work on 8 Out of 10 Cats, Michael McIntyre's Comedy Roadshow and being the first ever stand-up to appear four times in one year on Conan O'Brien's late night talk show in US, Daniel Sloss is fast becoming an international star. Recently awarded the 2016 Sydney Comedy Festival's Best of the Fest International Award, Sloss is a comedian who isn't afraid to push boundaries. His latest show, So?, has been critically acclaimed during its month-long run at the Festival Fringe, and 28 September is your chance to experience it in Jersey. Don't miss a night of great comedy!

Also, with the 2016 Fox Open Art Competition fast approaching, September sees this year's Fox Judge, Luke Frost, present his own solo exhibition in the Berni Gallery. Showing from 19 September, Frost's work deals primarily with colour, and relationship between colours, creating pieces that question perceptions and viewership. Jersey Arts Centre is especially proud to welcome Luke this year, as he follows in the footsteps of his father, Anthony Frost, and his grandfather, Sir Terry Frost, who were Fox Judges in 1999 and 1985 respectively. Make sure to be at the Berni Gallery on 19 September from 5.30pm for the exhibition preview, and, at 6.30pm, Luke will be giving an Illustrated Talk of his work that's not to be missed.



Finally, looking forward to Hallowe'en celebrations, popular horror makeup guru Alice Bizarre is back, presenting three workshops on horror makeup on 10 October. If you want to learn all about body painting, SFX cuts and bruises or just some traditional zombies then make sure to sign up to one or all of these fascinating workshops. Scare your friends and family with your realistic wounds and terrifying zombie looks!

For more information about any of the above, or to see what else is coming up at Jersey Arts Centre, visit: www.artscentre.je, or call the Box Office on: 700444.



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NEXT ISSUES THEME IS COLLECTIVE. EMAIL YOUR PHOTOS (4MB IS A GOOD SIZE) WITH THE SUBJECT 'UPLOAD' TO: UPLOAD@GALLERY.JE BEFORE THE DEADLINE OF 15TH SEPTEMBER AND YOU'LL BE IN WITH A CHANCE OF WINNING FREE DRINKS FOR A WHOLE MONTH!

MONTH OF FREE DRINKS (31 FREE DRINKS OF YOUR CHOOSING)

IF YOU'VE WON, PLEASE CONTACT DAVE@BEANAROUNDTHEWORLD.CO.UK



Nigel Grieves



















Gavin Le Brun

Phil Gordon

65

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Jo Malyszko

Shannon Deans

CULTURE



Now in its sixth year Spice has developed into a fantastic family and community event. It has stayed true to its original ethos of giving much needed affordable opportunities to up and coming designers, makers, artists and small local businesses.

Bianca Padidar and Sarah Jordan, who set Spice up as a charity, continue to feel passionately about promoting the wealth of local creative talent that Jersey has to offer. Both experienced teachers within visual arts they feel driven to try to integrate their day-to-day experiences within a wider context.

Alongside established practitioners, Spice has also developed a number of educational projects where students and the public produce experimental work exploring their creativity through collaborating with others. In order that Spice evolves each year new elements are added such as visiting artists or performers, interactive installations, demos and workshops.

'This is a really important aspect of Spice as many of the visitors have been coming since it began and their support is vital to its continued success' added Sarah.

This year Spice takes place on Saturday 17th and Sunday 18th September and is packed full of entertainment for both adults and children. There will be music from Gleasemore, Lauren Ivy and the Machine, Serkeidian, Rat Salad, Attic Preachers, Willie Brown and much more...

Sitas Circus, Love Theatre, Element Arts and Relax Kids will be offering interactive workshops for children. For the more energetic Total Mayhem will be breakdancing and Jersey Capoeira also performing.

Motion Studios, Sand Art and illustrator Abi Overland with interactive art will provide creative workshops.

There will be poetry and storytelling from Jersey Festival of Words.

Alongside enjoying the locally made arts and crafts, visitors will also be able to purchase Genuine Jersey produce or enjoy the wide variety of food and drink; while the whole family is entertained.

Entrance to Spice is free, however donations are welcome in order to continue supporting this lovely event.

Jersey Festival of Words

The second Jersey Festival of Words runs between Wednesday 28th September and Sunday October 2nd, with events taking place at various local venues including the Opera House, the Arts Centre, Durrell, Mont Orgueil, The Green Rooster and the Jersey Library. Visiting writers this year include Michael Morpurgo (War Horse), Victoria Hislop (The Island), Louis de Bernières (Captain Corelli's Mandolin), and Sarah Turner aka blogging sensation The Unmumsy Mum.

On the Friday of the festival writer Mick Hume will be discussing his book 'Trigger Warning: How Free is Free Speech?' before taking part in a panel discussion on the topic chaired by JEP editor Andy Sibcy, and featuring journalists Oliver Bullough and Simon de Bruxelles, libel expert Claire de Than, plus local columnists Bram Wanrooj and the Rev Gavin Ashenden.

The festival will also feature workshops from professional pop lyricist Alex von Soos and screenwriter Jenny LeCoat, the JEP/Rathbones writing competition awards ceremony and a comprehensive schools programme giving schoolchildren the chance to hear and meet some of their favourite authors.

As ever local writers will be showcasing their work, with authors Sophie Cousens (How to Get Ahead in Television), Caroline Lea (When the Sky Fell In) and 'Queen Bee' Claire Bosq-Scott (Thrive With the Hive) amongst just some of those taking to the stage. 'There was a tremendous buzz around last year's inaugural event,' says festival vicechairman Paul Bisson, 'and we are thrilled at the way the literary festival is growing in size and scope. The Festival of Words has the potential to become a major event in Jersey's cultural calendar, affording fantastic opportunities for local book lovers of all ages, stimulating event-led tourism and connecting the island to the national literary scene. There's something for everyone, so grab a programme and get involved!'

Tickets for all events are now on sale and can be booked via the festival website at www.jerseyfestivalofwords.org





BEAUTY & WELLBEING

Beauty News

Traditional Acupuncture and Migraine relief

Migraine Awareness Week 4th - 10th September

Migraine is not just a headache but a complex neurological condition which can affect the whole body and can result in many symptoms, sometimes without a headache at all.



It is estimated that in the UK 1 in 7 people suffer with migraines and that twice as many women as men are affected. Attacks can last between 4 to 72 hours and sufferers may experience a range of symptoms including severe head pain, visual disturbances, light sensitivity, nausea and vomiting.

Research has shown that traditional acupuncture can be very beneficial in the treatment of migraines as it tends to lessen the frequency and severity of attacks. NICE (National Institute for Health and Care Excellence) recommends acupuncture for headaches and migraines. Migraines can manifest in very different ways and your practitioner will want to know, among other things exactly where the pain is located, what the nature of the pain is and whether the patient has any accompanying symptoms. An individual diagnosis and treatment plan is then tailored to the patient based on this information and on their general health history.

If you are suffering with Migraines or would like more information on Traditional Acupuncture please visit www.transformacupuncture.co.uk or email: charlotte@transformacupuncture.co.uk

Green with Envy

Inspired by the unbridled nature of the Corsican coast, known as The Perfumed Isle, the new and very wonderful Private Blend Les Extraits Verts Collection of scents by Tom Ford are ones to check out. Ranging from floral citrus to deepest woods, these inventive fragrances use provocative ingredients rarely used in modern perfumery. We love the Vert D'Encens an aromatic, distinguished and wild scent with smoky incense, pine resin and an addictive blend of spicy cardamom and jasmine. It's got fabulous unexpected dimensions and would make the most gorgeous signature scent. Unforgettable and addictive!

Available from Tom Ford in deGruchy.





Pampering Perfection

The brand new and very beautiful deGruchy Brow and Nail Bar is now open in their wonderful shiny new beauty hall.

The eyebrow studio is by brow Guru Shavata Singh who is The Fairy Godmother of the eyebrow world and her technicians are the best in the business. Not only do you get beautifully threaded brows, but she'll also teach you how to achieve the look yourself with some handy tools.

Our gallery guinea pig popped in to try it out and was over-the-moon with the results: "After the treatment I was left with my dream brows! They're the brows I've always wanted; thicker, tidier, sharper and more eye widening. They now frame my face perfectly, I've never had a treatment that has given me such instant positive results. But better than just having perfect brows for one day, the wonderful Brow Technician Poppy taught me how to achieve this look everyday, with some clever tools, tricks and hints. An appointment with Poppy should be compulsory for every woman. I never realised how much of a difference the perfect arch would make to my face, but it's changed everything."

This studio is the ultimate one-stop beauty destination for ladies, men and beauty addicts alike. Offering brows, lashes, manicures (in a huge range of stunning colours), pedicures and a few other beauty essentials this fab vibrant beauty pit stop is one to try out ASAP! *Call 818843 to book*

The **deception** of stress



WORDS Christopher Journeaux, Therapy Jersey

At the beginning of last month you may have seen all the media coverage around workplace stress being experienced by States workers, in particular those working for Health and Education. Much of the focus was on the potential impact of that stress on the way they acted with patients.

Last year the UK Health & Safety Executive reported that 43% of all working days lost were due to ill health. It seems unlikely that Jersey's figures would be much different to this. The impact then, of something so widely experienced is significant. These are important considerations but perhaps they missed a very important element to this news story. What about the individuals experiencing that stress?

The Stress Management Society make the point that stress is not necessarily a bad thing. It has worked well for humans over the millennia and in large part has been responsible for keeping us alive. Our body's chemical and physical reaction to stress has got us out of some tricky and often dangerous situations. It is likely, then that society's response to stress in others is driven by a deepseated belief that we need to just deal with it.

"The Stress Management Society make the point that stress is not necessarily a bad thing. It has worked well for humans over the millennia and in large part has been responsible for keeping us alive."

However, for many stress can stop being useful and become toxic. It is no longer the servant of our need and can become the master bringing with it anxiety and depression, negatively impact our relationships and preventing us from being able to function at work and at home. Being told that stress is part of life is no help and support can be hard to find. That seems odd given how much stress is around us all.

The start to recovery is to acknowledge the stress and accept it isn't necessarily something to simply deal with, alone. Seek help and begin a path to a healthier way of being.

your dewy skin defense NEW! phyto replenish oil

Phyto Replenish Oil works in three stages to achieve healthy, luminous skin

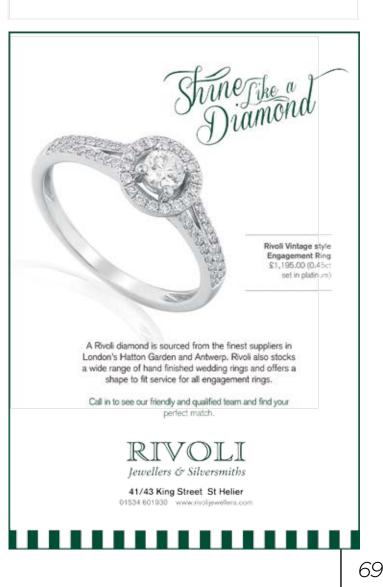
Hydrates to help smooth fine lines

Strengthens the skins natural barrier

Shields against free radical damage















Fantastic **Facials**

Nestled at the very heart of the five star Grand Jersey in St Helier is the stunning Spa.

With an indoor heated pool, spa pool, experience showers, sauna and steam room, a range of dual and single treatment rooms and a beautiful relaxation lounge, the Spa is an oasis of calm; a place where you can pamper your body and soothe your mind, immersing yourself in the serenity of a truly boutique sanctuary. Beautiful décor and subtle lighting combine to create an ambience of relaxation and total wellbeing, from the moment you arrive you can't help but feel cosseted and peaceful.

Using the finest products from ELEMIS all delivered by skilled therapists, visitors to the Spa can select from a range of revolutionary treatments, all of which are personalised to provide an exceptional experience, offering outstanding results, relaxation and restoration.

Sublimely sensory, all ELEMIS treatments are personally prescribed. Therapists at the Spa at Grand Jersey adopt a client centric approach, first taking the time to learn about and analyse each individual's personal skincare needs in order to gain a comprehensive understanding of lifestyle, routines and desires. This, combined with facial mapping technology, means that treatments can then be tailored to respond to the ever-evolving rhythm of each client's life and the changing nature of their skin.

Powerful marine and plant actives coupled with intricately blended aromatics form the foundation of all ELEMIS products. But it's the high-performance formulations developed through innovative science and technology that mean the products offer the 'next generation' in skin science, thus delivering exceptional results.

One example of this is the fantastic BIOTEC facial treatments, where groundbreaking technology meets active ingredients and transformative touch. The pioneering BIOTEC machine works to 'switch the skin back on', increasing its natural cellular energy resulting in visibly healthy and energised skin.

Visitors to the Spa at Grand Jersey may wish to simply take some time out and there could be no better way to rest and recharge the batteries, escaping from the pressures of everyday life, than indulging in a Spa package. All of the Spa facilities, including tranquil heat experiences, spa pool and experience showers can be enjoyed to the full. The vast range of luxurious treatments ensures that there will be one to match everyone's mood and for the ultimate in indulgence, spend the day in pampering heaven enjoying a delicious Spa lunch, afternoon tea or even a glass of chilled Champagne.

Take some time out for yourself this month with their special offer, Tranquil Trio that includes three 25 minute treatments and a glass of Champagne, see the opposite page for more details.

The Spa at Grand Jersey is open Monday to Friday from 6.30am-9.30pm and Saturday, Sunday and Bank Holidays from 7am- 8pmwhat are you waiting for?

For more information and to view a full treatment menu visit www.handpickedhotels.co.uk/grandjersey/spa



Join in 5th Anniversary Celebrations!



We have had an amazing and successful 5 years at The Dental Spa, we owe this success to our loyal patients. We would like you to be a big part of our celebrations and we have put together an exciting line-up of offers that will run throughout September until 15th October 2016.

These offers are also available to new patients who would like to join The Dental Spa.

11 David Place, St Helier, Jersey JE2 4TD Call us now: 759 599

www.thedentalspajersey.com



ELEMIS TRANQUIL TRIO SPA DAY

There is no better way to sample our new ELEMIS products than with our Tranquil Trio Spa Day...

Enjoy three 25 minute treatments and a glass of Champagne from only £92 - WORTH £147!

Choose from the following treatments:

- Express facial
- Tired eye treatment
- Full body scrub
- Back, neck and shoulder massage
- Shape and polish for fingers or toes

Includes a glass of Champagne!

Plus indulge in our award winning spa facilities and enjoy a swim in the pool, then try our experience showers, sauna, steam room, spa pool and relaxation room with refreshments and nibbles. Robes and slippers are also provided.

Quote 'Gallery Magazine' when booking this package.

01534 288450 spa.grandjersey@handpicked.co.uk



Beauty Products

If you're going to splash out on a beauty product then invest your money wisely in one which really makes a difference. Such as an epic moisturiser, which will make the world of difference to your skin tone.





Sisley

Mattifying Moisturising Skin Care with Tropical Resins Available from Voisins This wonder product will change your skin for the better. The word on the grape vine is that it's the new must have product for Botox users as it stops that tell tale botox sheen. Worth. Every. Penny.



Dermalogica Dynamic Skin Recovery SPF 50 Available from RIO Hair & Beauty This is a fab product to have in your beauty arsenal. If you do accidentally burn this will heal it, and prevent further damage. It's just so useful to have this to hand for when you need it most.



Jo Malone Velvet Rose & Oud Body Creme

Available from Voisins When you're not using this you can just sit sniffing it. The most wonderful rich scent of rose you'll have ever come across. This body lotion makes bathtime very special indeed! FASHION

Brand News



Amazing Danish brand Munthe's latest collection has just landed at Manna. The brand's finesse lies not only in its high quality, but also in the combination of the raw and deconstructed, paired with the refined and elegant. In short; this is the coolest brand you'll have ever seen.

Munthes designs are easily recognisable because of their artistic, free spirited and contrasting characteristics. With sheers and golds sitting happily together. The result is clothing that is to be worn and loved, and a style which is both relaxed and festive, perfect for any occasion. *We will not be forming an orderly queue to get our hands on this line!*

Rocking Rhodium

Move over gold and platinum, black rhodium is having its renaissance. Rhodium holds the distinction of being the world's most expensive precious metal, putting it at the extreme luxury end of the market.

Part of this much coveted metal's appeal comes from its high reflectance, almost unique among the metals, making it perfect for the creation of show stopping jewellery.

We've fallen in love with these wonderful modern 18ct white gold black rhodium plated white gold and diamond set of pendant and matching earrings - so striking and unique, they've gone straight on our wish list!

Pictured earrings £1,550 and pendant £1,570 both from Hettich.

Black & Gold - the perfect little black bag!

The latest autumnal offerings from the Chloé handbag collection are divine! We're currently coveting the Hudson mini embellished leather shoulder bag, £1,029, decorated with hammered gold autumnal leaves. Crafted in the label's signature saddle silhouette, this deceptively spacious style is further detailed with studs, D-ring hardware and an oh-so-cool knotted shoulder strap! Or for something more 'everyday' the Drew small textured-leather shoulder bag, £832, is petite and elegant, ideal for toting about your essentials. *Chloé is available from net-a-porter*



TAG me in The stunning new TAG Heuer ceramic Aquaracer watches are now in store at Hettich and ready to be fawned over.

Launched in 1982 as a water-sports inspired watch for professionals, the TAG Heuer Aquaracer offers everything a sea lover needs. As well as being ideal for surfers and watersports enthusiasts it works just as well for those who prefer to bask in the sunshine on the beach (or in a beach bar), or perhaps for those who prefer to intrepidly take to the water safely on board a yacht, G&T in hand. All in all it is the perfect watch for island life. Each generation of Aquaracer adds new and exciting features to the popular range and this collection has out done itself with striking black ceramics juxtaposed with feminine rose gold accents.

Visit Hettich for more information on the new collection from £1,658.





Trend News

Own a Rolex Daytona

Opportunities should be seized, not ignored. So when you have the chance to own one of the world's most sought-after watches, don't let it slip through your fingers. The exclusive new Rolex Daytona is almost impossible to get hold of - the waiting list is closed and you'd have to wait 4-5 years to own one. But thanks to Hettich, Jersey's only approved Rolex retailer, a new Rolex Daytona will go under the hammer at the Jersey Hospice Ball charity auction on 24 September, at Rozel Manor. Hettich's Jeffrey Chinn said: 'Jersey Hospice Care needs £14,000 a day, every day, to provide its vital support services. We're delighted to be playing our part to ensure their work can continue, and we hope the lucky bidder will enjoy wearing their new Rolex Daytona, knowing they've supported a charity at the heart of the island.' To find out more and register a bid, contact Hettich Jewellers, www.hettich.co.uk





Swarovski

The Fall collections have landed at Swarovski heralding a new and more edgy direction for the company. Modelled by new face of Swarovski, Karlie Kloss, one of our favourite pieces from the new collection is the Funk range which combines the timeless elegance you'd expect from Swarovski with cutting-edge styling and we'd be doing you an injustice if we didn't mention the new Crystal Dust bracelets, without a doubt you'll be putting one on your wish list. Available from Swarovski Jersey, 21 King Street. #bebrilliant Swarovski Crystalline Watch, £218.00 / Crystal Dust Bracelet, £52.00/ Funk Necklace, £105.00 / Funk Pendant, £43.00 / Funk Earrings, £43.00 / Rare Ring, £43.00



School's cool!

Give them a head start with schoolwear from George in Liberty Wharf. No two children are the same and that's why George has a colour, size, style and fit for every kid in class.

Find shirts, socks, shoes, dresses, and anything else they may need all under one roof, all at superb value. Their Schoolwear is such brilliant quality that they're proud to offer a noquibble 100-day satisfaction promise, so that you're rest assured they'll look adorably smart from one term to the next.

Discover the George school uniform shop at George Liberty Wharf | 780644 | Monday - Saturday 9am - 6pm & Sunday 10am - 4pm

What a gem!

Hot off the back of the fantastic 2016 Rio Olympics, coloured gemstone jewellery is in great demand. Brazil is home to over 100 different varieties of gem which seems perfectly apt for a country that is so vibrant and colourful in every aspect of the culture and way of life. Rivoli Jewellers has some beautiful collections including this beautiful 9ct rose gold necklace set with amethyst and rose quartz, £495 and this yellow gold necklace set with peridot and amethyst £229.00



The new feminine

Marc Cain is a powerful brand for powerful women. In the same way that their clothing demands attention, the whole company is respected and revered. The German government has just renamed a street where the company headquarters are from Brunnenstrasse to Marc-Cain-Allee; the shiny new street signs are now up for all to see. We've never heard of another brand being able to claim that sort of power! And it is well deserved. This wonderful company just keeps going from strength to strength, setting trends and showing the other brands what style truly is.

Their new season brings a whole new definition of feminine. Enjoy the unexpected with patterns, colours and materials being paired and mixed up in creative and innovative ways. The old style rule to only combine one patterned piece with plain basics is a thing of the past. Grab your extravagant blossom design, animal prints or Glen Urquhart checks and mix them up in your own unconventional way. This is a brand for the trend setter.

Marc Cain is available from Renaissance



75

FASHION FOR ISLAND LIFE

Shopping in luxury has just been taken to a whole other level. To celebrate the launch of the absolutely incredible, newly re-vamped, deGruchy Department Store we've dedicated our shoot to the amazing clothes and collections you'll now find there. From classic casual wear to everyday elegance, their buyers have hit the nail on the head for the fashion focused folk of Jersey.

PHOTOGRAPHY & STYLING HAIR & MAKE UP MODEL Danny Evans Alexandra Andries *from Clinique at deGruchy* Charlie



JUMPER Gant £130.50 TROUSERS Gant £112.50 SHOES Dune £76 HANDBAG Samsonite £125.10 SUITCASES Samsonite from £337.50 Available from deGruchy



TOP Phase Eight £41.85 HAT Phase Eight £32.55 BAG Phase Eight £36.27 TROUSERS Gant £112.50 SHOES Dune £76 Available from deGruchy





DRESS Phase Eight £65.10 BEDDING from V&A £54 Available from deGruchy

DRESS Mint Velvet £92 Available from deGruchy

DRESS Karen Millen £176.70 SHOES Dune £54.15 TEAPOT Monsoon £40.27 TEA CUP Monsoon £9 SAUCER Monsoon £6.07 Available from deGruchy

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109.30



JUMPSUIT Wallis £39.90 Available from deGruchy

StyleStalker

WORDS Lauren at Luella Rockerfella



Beth Moore

Beth was totally rocking her all white everything!! When drawing fashion inspiration she likes to browse through Instagram, she's got an amazing page herself, which I follow, and look at what her favourite celebrities are wearing. Beth is wearing a Newer than Now sample, loves minimal jewellery and wears "Sisters" Chocker. She picked up her fabulous shoes whilst on holiday in Italy! She also loves Kendall Jenner's gym wear. I would describe her style as feminine chic!



Alexis Vickers

I absolutely love that when I asked Alexis how she'd describe her style she said "Girl band wannabe!". I loved her wide legged grey pleated cropped trouser, so simple yet so cool, they went perfectly with her cut off Urban Outfitters metallic teal top. Alexis said she was inspired by Beyonce and loved Jessica Alba's style. I loved the little touches like her tie-dye feathered earrings. I would best describe Alexis style as hip and fresh, yet minimal.



Tayla Guerny

Tayla told us that she liked a simple, laid back style but also likes to dress for the occasion. She draws a lot of her inspiration from Instagram. Her outfit was from ASOS, Nike, NIICE and Puma. Tayla is totally owning this seasons trend of mesh, together with a NIICE bralette, short denim hot pants and calf length Nike sock with her Puma trainers. Puma have been making a huge comeback with Kylie Jenner being the face of their current campaign.



Emma Louise Bucknor

Emma-Louise was over performing at Reasons in the band Soul II Soul and was more than happy to talk to Luella Rockerfella about her style. She described her style as alternative, individual, funky fresh and very, very London and loud!! She was wearing Topshop and it was important she felt comfortable whilst performing. Emma-Louise told me that her style icons were definitely Grace Jones and Janette Jackson



Indra-Kaye Staunton & Olivia Rosa Izzo

These two looked totally festival fresh! When they were asked how best describes there style they said that they loved trawling through the charity shops for vintage deals. They said that they were inspired by the 90s rave culture and rave scene. Indra's top is from Bali and Olivia's is a gym leotard teamed with old school 90s favourite sneakers the Reebok classics and Nike. Everything about this duo was hot, youthful and fresh.



DJ Jagerverb

Jagerberg is Jersey born but now lives in Berlin and performs all over Europe. He told me that he was wearing one of his friend's business T-shirts a company called Utrek Athletic, which is a street skateboarding inspired fashion line. He was wearing muted colours to the festival and if he was to prefer one style it would be skateboarding. Jagerverb said he was most inspired by his friend Tharindu. I think Jagerverb's style is very Berlin, as there is a infamous rule to only wear black when out clubbing!

APPETITE





The best food & drink loyalty scheme in the Channel Islands

• 25% off your food bill on Inndulgence Wednesdays • Be the first to see all our latest deals and offers Receive 20% off your food bill throughout your **Birthday month**

Earn points every time you drink and eat with us and redeem them for FREE food & drink on future visits

Register for your card today at www.inndulgenceclub.com and receive 500 points, thats £5 FREE.



WORDS Ria Wolstenholme

Having so many amazing, high quality and well priced places to eat around the island means we're spoilt for choice. That same great quality can now be found in trucks on our high street, and at local events. The Street Food revolution has finally hit Jersey, and you'd be a fool to miss it.

Daphne East, St. Helier's Town Centre Manager, told me that "The idea for Street Food Thursday was conceived after experiencing street food in different cities and towns". The locations for the vendors change weekly, which is announced on their facebook pages. "We have allocated four locations on the high street for our vendors" Daphne told me, "Including Don Street, Halkett Street, Brook Street and Charing Cross." We spoke to the owners and chefs of the trucks about what it's like to be a street food vendor, to find out more about these lovely folk who are giving the lunch rush a new lease of life.



The Chugging Pig, was set up by Sarah Copp four years ago. After 27 years as a chef, Sarah has perfected her art of supplying great quality food. "It's all about attention to detail and great core ingredients" she told me. Sarah has created a very well renowned name for herself and her truck. Her food gets people running out of the office, taking early lunches to make sure they get hold of her dishes. She uses local produce including mackerel, Jersey beef and local tomatoes. The menu can be seen changing with the seasons whilst it also retains some of what have already become classics.



Vicki Hudson of *Jersey Cupcake Company* has been running her business for the past five years. She started out baking cakes for her husband's mobile coffee car, and began getting requests from people to make celebration cakes and cupcakes. "I think the others stalls and myself offer something that is not available in St Helier" Vicki said. "People look out for us every week up and down King Street. I've definitely noticed my online orders increase as a result."



The Pink Panda Van, run by Emily Walker, has been in business since April this year. "I'm obsessed with Asian food and knew no one was doing what I wanted to do here" she said. By sticking to the classic rules of Asian cooking but adding her own twist, Emily has created her own trademark food, in particular her Bao Buns, which carry the Genuine Jersey mark. "They always fly out of the truck" she told us. Emily think's the concept of street food Thursday was long overdue. "We needed town to have something exciting and different going on" she said.



The Domingo's Food truck was set up by Dom Sanchez, having previously owned and run local restaurants Domingo's and Al Fredo's. "I've only had the truck for eight months or so" he said, "but the response so far from people has been amazing." He uses local produce such as locally grown tomatoes and seafood for his fish tacos and paella. "The secret I think to good, successful street food is for it to taste great, serve it fast and not give customers too much choice" he told me.



JB's Pingpong Bar use an authentic New York hot dog truck for their street food events. Head Chef Matt Gordon said they are concentrating on traditional American smokehouse inspired food, such as pulled pork and beef brisket. All the recipes are unique to JB's, taking traditional methods and making them their own. "We try to use the highest quality premium products we can whenever possible" Matt told me. "We have a passion for utilising local produce, especially Jersey beef."

New vendors have come on the scene, bringing something totally new to the outdoor catering scene, taking part in multiple events across the island.



El Feugo has only been on the street food circuit for a few months. Owners Ellen Hibbs and Angela Jardim told me they had "always had an urge" to share good food with friends and family. "Our pineapple infused slow cooked pulled pork is definitely our best seller, and was the first recipe we ever created" they said. Ellen and Angela believe that the popularity of street food correlates with people's busy schedules. "It's now easier to grab something delicious and good value for money than it ever was" they said.



Unawatuna is the only Sri Lankan restaurant in Jersey. Chef Sudu Gunasekaralearnt learnt the majority of his cooking skills whilst helping his mother when he was younger. "The catering van only started up this year" he told me. "I saw a gap in the outdoor catering market for healthy, Asian food, so we took the menu to the streets." Sudu's dishes are all his own or his mother's recipes. He believes the popularity in street food stems from people being offered a "wide range of choices".



Wild Health has only been on the scene since June of this year, and are catering to Jersey's health conscious community. Owner Gemma Bartlett studied in the U.S to become a raw food chef and health educator. "Everything we serve is glutenfree, with raw and vegan options, and served in 100% compostable packaging." Gemma loves to use wild, local ingredients in her food. "I use local wild garlic flowers, fennel and dandelions in salads and teas and they're amazing."



Olly Ashton and Danny Cole started trading from their Spanish street food truck, **Barrio** - which means neighbourhood in Spanish - in June this year. The two share a love of Spanish food and culture, which is where the concept came from. "We attempt to incorporate local produce and suppliers whenever possible" they said, "like the Patatas Bravas being made with whole baby Jersey Royals." The Albondigas (Spanish Meatballs) are Barrio's most popular dish, as well as their Barrio Especial.

SWEDISH TWIZT REKORDERLIG LAUNCHES NEW PRE-MIXED CIDER COCKHAILS PERFECT FOR A COOL SUMMER SERVE



Whilst the summer may not be the hottest on record Rekorderlig Cider wanted to heat things up with three brand new cocktails. Taking classic cocktail flavours and giving them a modern twist, Swedish Punch, Passionfruit Gimlet and Wild Berries Bramble are the ideal accompaniment to any summer festival.

Following the huge success of Rekorderlig in Jersey this is the next exciting installment from an incredible brand that is now in the UKs top 100 cool brands! Perfect to enjoy with friends while dancing to your favourite music, sitting on the beach, at a BBQ or simply enjoying at home.

Rekorderlig's Passionfruit Gimlet gives the timeless combination of gin and lime a fresh fruity twist. Experience a burst of flavour with Wild Berries Bramble combining dark fruit, Rekorderlig's Wild Berries Cider and white rum. Or try Swedish Punch, a perfectly balanced citrusy-sweet cocktail, blending Strawberry-Lime Cider with vodka, mint and elderflower.

The new drinks can be found at some great locations including Sugareef, Victor Hugo shop, Cost Cutters and Planet Pool with many more to follow. For those going to Jersey Live look for the Pink Panda van and the sampling girls where there will be lots to try!



FIVE SHINING STARS FOR LA CRÉMIÈRE

La Crémière Jersey Salted Caramel is a foodie delight like no other. First produced by Annie Fenwick and Shelly Dodds in 2015 this Genuine Jersey product is like liquid gold. Whether you choose to eat it straight from their beautiful bottles or you can control yourself long enough to pour it over almost anything else you can't fail to enjoy it. Well we're happy to say we're not alone in our love for La Crémière The UK Great Taste Awards adore it too.

They've awarded all three of La Crémière's products with golden shiny stars. The Great Taste Awards is one of the largest and highly regarded food awards in the world and La Crémière Jersey Salted Caramel sauce was awarded five gold stars. All we have to say to this is congratulations ladies and If we'd have been judging you we'd have given you six!



A WONDERFUL LITTLE DELI WITH BIG NEWS!

La Belle Gourmande in St Aubin have welcomed Chef Dean Giles from Bohemia as the deli celebrates its 5th anniversary this autumn.

Dean's arrival brings an expansion to the deli's kitchen menu and the launch of their Deli nights each Friday and Saturday evening - a brand new menu making the best of ingredients from local suppliers, Borough Market and beyond, focussing on big flavour and seasonal produce.

The deli has extended its pavement tables outside as well as their communal kitchen- supper style seating downstairs, perfect for spending time with a gang of friends to enjoy fabulous plates of food, great wine and company in a relaxed vibe.

Over the autumn the deli will also be furthering its offering of products made in house from pressed terrines to patisserie.

Sign up for updates and menus at www.labellegourmande.com and follow their news on Facebook, Twitter and Instagram

JOIN L'HORIZON'S CHRISTMAS PARTY THIS FESTIVE SEASON ON SAT 3RD DECEMBER!

Bring your party to their party for a superb evening, dancing the night away to the L'Horizon resident DJ. This event is an ideal opportunity to get your friends or colleagues together to celebrate the festive season. Receive a warm welcome at 7.30pm when you will meet your fellow guests in the lounge for a Buck's Fizz reception, followed by a sumptuous three course dinner with tea, coffee and mince pies served at 8pm in the Crystal Room.

Only £39 per person | To book call 01534 743101 or email Ihorizon@handpicked.co.uk





Steve Smith's Top Tips for Taking Advantage of Pumpkin Season

Whilst we're all keeping our fingers crossed we'll be in the midst of an Indian summer this September we have been reliably informed that autumn officially begins at the end of this month and the arrival of autumn means one thing – pumpkins will be rolled out in their thousands to supermarkets isles across the country.

If all you've ever done in the past is carve Halloween faces into a squash, why not take advantage of what is bound to be gloriously low pumpkin prices and make use of that fibre-rich flesh inside? Pick up a pumpkin that feels heavy for its size, with a smooth, firm skin and get cooking!

Below Steve Smith, Head Chef at Bohemia persuades you to banish the bland pumpkin soup in favour of altogether more tasty options.

PUMPKIN PIE

If we can thank Americans for introducing us to a dessert, it's Pumpkin Pie. Pumpkin Pie makes a delectable autumn treat and is served best with a dollop of fresh cream on top. For optimum results, spend an extra hour in the kitchen making your own crust - it will be worth it!

PUMPKIN PANCAKES

Ditch the usual pancakes in favour of the pumpkin variety. Simply puree a cup of pumpkin and mix together with buttermilk along with the usual pancake ingredients to create a stack of perfectly fluffy pumpkin pancakes.

PUMPKIN CURRY

Combine pumpkin with chick peas and coconut milk for a delicious dinner for the whole family. Make this dish some time ahead of serving so that all the wonderful flavours can fully develop.

PUMPKIN RISOTTO

This resourceful take on risotto is a great dinner party dish. The pumpkin pieces add texture and substance to the popular rice dish, making it the ultimate autumn comfort food to enjoy on a cosy winter night.

PUMPKIN LOAF

This healthy snack is the perfect alternative to a carb-heavy loaf cake. For those with a sweet tooth, a thick layer of cream cheese icing will take your loaf from healthy to heavenly in minutes.





Better latté than never..

Really though, it's true. If you haven't yet tried the latest Instagram, no filter required, food trend here are the reasons why you should wake up to benefits of "Golden Mylk".

Kicking up a colourful storm from Sydney to San Francisco-Turmeric has reportedly been googled 56% more times since last November and recently crowned 'breakout ingredient' star of 2016. Part of the ginger family, Turmeric (zingiberacease) is native to Southwest India. It needs warm temperatures and a lot of rainfall to flourish. A bright yellow of the spice rainbow, it has been a main feature of curries and rice dishes for over 4,000 years. So like most new superfoods on the block- it is not really new at all!

However with the re-rising of its health benefits the likes of kale and goji berries have been pushed aside. How is this Gwyneth Paltrow concoction leading astray both the coffee lovers and caffeine haters? How is it made and why is it so good for you?

As well as being a golden alternative to your usual caffeinated drink, the yellow colouring in the spice comes from a healing compound called Curcumin which is best known for its highly anti-inflammatory properties. This has been shown by years of ancient Indian medical science as well as recent medical trials. But it has also been rewarded for its anti-oxidant, anti-septic, anti-bacterial, and probably anti-anything else you can think of.

It seems an odd concept combining nut milk and spices but food bloggers all over the world are taking to the net with their best ways of making a turmeric latte. Non-dairy milks (mylk) are usually one of almond, cashew, coconut, soy or rice- but Jersey's finest works just as well for any non-vegans. Depending on your taste buds additions such as ginger, coconut sugar, coconut oil, honey, peppercorns or cinnamon can also be added.

Fresh or powdered? Both are suitable for making a latte however like in most cases fresh will always be better for both taste and health benefits because of the natural essential oils contained in them. It will also keep in the freezer for months if you cut into portions. Powdered turmeric is widely available, more convenient and it doesn't lose all of its health benefits in the process of drying.

And if you have leftovers there are many ways of adding superpowers to your daily routine. Blend into smoothies and grate over porridge or salads for a spicy kick. You can even get glowing skin from making a homemade turmeric facemask- a red carpet secret and a tradition for Indian brides before their big day. It exfoliates, moisturises and reduces redness of the skin.

The one and only downside of this gold medal winning spice is it stains everything and anything it touches, nothing a bit of elbow grease cannot sort. With the many benefits of turmeric you really can taste the inherent goodness with each sip. Morning or evening it is just as delicious as it is nutritious.

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Appetite News

FANTASTICALLY FRESH!

More than meets the eye, Lucas Bros farm shop in Liberty Wharf is there to make your life so much easier!

This well established family-run farm shop business has been run by three generations of the Lucas family for over 40 years. With a healthy selection of locally sourced produce and pantry essentials. The shop also includes cards, candles, various gift hampers, fresh fruit and veg (perfect for making your own juices), Jersey Royals, locally grown wheatgrass, chutneys and herbs, including food to go, homemade soups, sandwiches and fresh fruit salads.

Customers can also order online from www.lucasbrosjersey.com which can be delivered directly to your home or work place, or collected in-store at Liberty Wharf the same day. Open Monday – Saturday 9:00am – 5.30pm





AL FRESCO DINING Unique in Jersey, the courtyard at Ransoms Tearooms is the perfect place to sit back, relax and soak up the summer sun now that it has finally

Starting with breakfasts served from 8.30am, coffee breaks, a full lunch service through to afternoon tea with scrummy homemade cakes and finishing with early suppers; you will find the courtyard a wonderfully sheltered spot to enjoy their fantastic food.

For Sunday lunches, also enjoyed al fresco, Ransoms offer a multi-choice of dishes with fixed prices for two or three courses.

Vegetarians and vegans are not overlooked with the a la carte menu featuring many suitable choices.

Call 853668 to book or pop in when you're next out East



MARK JORDAN AT THE BEACH

Mark Jordan at the Beach, a sister restaurant to Ocean Restaurant at The Atlantic Hotel, sits on the south coast of the island, just a stone's throw from the picturesque St Aubin's Harbour. The restaurant has a relaxed, casual atmosphere and diners enjoy unrivalled views of the bay accompanied by the sights and sounds of busy beach activities.

The bistro style menu offers a fabulous choice of honest, high quality food including freshly made soup; fish pie mornay with a creamy potato topping, an incredible burger and a tempting selection of 'old favourite' desserts such as thin apple tart with toffee ice cream.



OCEAN RESTAURANT AT THE ATLANTIC HOTEL

This exceptional fine dining restaurant showcases modern British cooking in a classic setting with the emphasis on fresh Jersey produce.

Ocean has retained a Michelin Star since 2007 as well as being awarded four Rosettes in the AA Restaurant Guide 2016 placing it as one of the top restaurants in Jersey.

Executive Head Chef Mark Jordan has created a sophisticated selection of menus, including a seasonal a la carte, daily changing set menus and specially selected vegetarian dishes. An extensive wine list complements Mark's excellent food.



Heritage, community and culinary delights all come together in one brilliant package at newly opened The Works in Gorey. This incredible addition to the foodie world out east is the brainchild of Laurraine Falle, owner of Gorey Pier favourite Feast.

> The Works was due to be a small pop up deli, to whet the appetites of those awaiting the arrival of The Yard, due to open in the Summer of 2017, but what has arrived, instead, is a gastronomic dream on the bottom corner of Gorey Hill.

What was once the home of Gorey's first dairy is now the proud new owner of this beautiful delicatessen stocking an exceptional array of farmhouse cheeses, estate-bottled olive oils, salami, handmade pies, pates, smoked fish, cakes, coffee, tea and so much more.

There is a story behind everything selected and created for The Works. Their olive oil has been sourced from a Jersey lady who has her own olive grove in Crete. Their coffee has been blended just for them, and it's delicious and can be brought by the cup freshly made or you buy the blend to take home and make yourself. A series of local suppliers ensure there is a constant supply of fabulous seasonal produce for their range of jams and chutneys.

"There is a story behind everything selected and created for The Works."

Executive Catering Manager Chef Paul North has worked closely with Mrs. Falle to produce a delicious range of Jersey butter and cream products, including their own butter with foraged seaweed and a range of salted caramels, all inspired by the brand's icon Royal Viscountess Togo – one of Jersey's most prized cows. The Viscountess was bred by Mrs. Falle's Father in Law, AW Falle, an acclaimed Jersey cattle breeder and judge. It's because of this link that they also feel passionately about supporting the campaign 'Keep Jersey Farming' by the use of the agricultural gifts from the surrounding parishes.

Of course it isn't just about the food, even though that's reason enough to visit. In the development of The Works Laurraine and her team collaborated with local artists and designers at The Observatory to create their beautiful packaging, adorned with beautiful illustrations many of which depict Gorey, making each treat you take home feel like a present. Then there's the little details that make the shop itself so special, such as the hand made tiles, made by Jersey potter Dave Brown, which adorn the walls inside and out and there's even Bronze cast Croissant door Handles made by Pippa Barrow. Every detail has been highly considered and makes a visit even more of an experience.

It would be remiss not to mention the incredibly talented Parisian pastry chef, Aesun Aune. She is the lady responsible for producing the vast array of eclairs, beautiful in both looks and taste, with changing flavours that will reflect the seasons, and along with the Macarons, would make an excellent gift. There is also an excellent range of gluten free and sourdough breads and biscuits which are all produced by hand. You can even see the bakers making, finishing and preparing some of the items in the window of the shop. You can also commission birthday, wedding and celebration cakes.

You really do need to go and experience The Works for yourself, it has boundless beauties awaiting you, it's even worth making a special trip out east just to try them!



The Works, 2 Gorey Hill Open from 8am till 7pm, 7 days a week www.theworksjersey.com





Welcome to our House

Whether you fancy a lazy lunch, a family dinner, fusion food or to celebrate a special occasion in style, The Boat House Group will have an establishment to suit. The Group has four venues across the island with a very experienced and passionate team working behind the scenes.



There are four fantastic restaurants within the Group. In St Aubin The Boat House boasts beautiful views whilst serving fine food and a huge wine & drinks selection. Just across the road is The Spice House offering a fusion of Indian flavours with fresh Jersey local produce. Not too far away in St Brelade is The Tree House which has a lovely family feel with indoor and outdoor children's play areas but the real reason to visit is to enjoy a hand made pizza with your favourite toppings cooked in their wood burning pizza oven. Up in the north of the island In St John is The Farm House which is a real family affair with a husband & wife team front of house and in the kitchen all ready to make your visit that little bit more special.

We met up with Scott Murray, operations manager for The Boat House Group to ask him a little bit more about his job.

It is a 9-5 job:

It most definitely is not! I tend to start at 8am, answering email enquiries etc. I then try to spend as much of my time in the restaurants as possible. I enjoy the buzz of service. My job covers broad areas of the business from planning budgets to catching up with the teams in each of the restaurants and I will just jump in and help wherever I am needed to help the guys out.

Do you have a favourite dish on any of the four menus, one that you'd always recommend to friends or visitors:

I have worked with the Head Chef from The Spice House in the past in Edinburgh and I always enjoy two dishes equally from The Spice House, the Chicken Jalfrezi and the Butter Chicken. Those are my recommendations but to be honest all of Chef Anand's food is fantastic, there are just some dishes you like more than others. With this recommendation in mind we also spoke to Chef Anand, the man at the helm in The Spice House Kitchen, so he could tell us a little more about what to expect from a visit to this little oasis based in St Aubin.

Tell us a little bit about the Spice House, for those who may not have visited before:

An authentic, traditional Indian menu in a restaurant with the look of an old Indian 'mini-palace'

You have spent time working around the world before coming here to Jersey, where has been your favourite: Singapore and Mexico, tied! I am always fascinated by learning cultures in different countries and even

here in Jersey it is a little different from back home in Scotland, it is about learning what the customer wants and then delivering...

What's your favourite dish on the menu:

Crab Banjara. Full of taste with not a lot of calories. And it is made with fresh Jersey produce!

What about those who are unsure of spice and heat in their food?

I would say to try the Butter Chicken, it is a safe option and just full of flavour. Perfect for dipping a naan bread into.

What do you recommend if someone has eaten something very spicy and wants a quick fix to stop the burn:

Yogurt will cool you down quickly

The Spice House, St Aubin T: 01534 746600

www.theboathousegroup.com





Journey to Ocean... and escape to a special place

With breathtaking views over St Ouen's Bay, the Michelin-starred Ocean Restaurant is a sublime blend of classic and contemporary, the perfect backdrop for the innovative modern cuisine of Executive Head Chef Mark Jordan, featuring the very best of Jersey's world class produce.

atlantic

......

ONE MICHELIN STAR

MARK JORDAN AT THE BEACH

Soak up the relaxed atmosphere, experience the incredible views across St Aubin's Bay and sample some tasty treats, which epitomise the ethos of simple food of the finest quality.

La Plage La Route de la Haule St Peter Jersey 01534 780180 bookings@markjordanatthebeach.com www.markjordanatthebeach.com



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Kirsten Miller

Atlantic Blue

I'm a qualified seamstress, and in 1998 founded Atlantic Blue, a design company focusing on one-off unique clothing, accessory and product designs. Atlantic Blue produce distinctive designs using mainly recycled materials and natural fabrics.

The range of handmade, up-cycled bags and accessories are made from recycled seatbelts that would otherwise have been destroyed, the material is collected, cleaned and cut to size before being lovingly stitched together in Kirsten's workshop in St Peter. With a wide range of different linings and coloured threads available, these bags can be personally tailored to your liking or that of a friend or loved one, and would make a truly original gift idea.

As innovative accessories go, these designs are eye catching with an industrial flair and the adjustable seatbelt straps and buckle fasteners mean the bags are both secure and practical as well as an on-trend statement piece. Every bag is made by hand, a one-off original and as Kirsten is keen to highlight, vegan friendly and completely sustainable with all materials sourced locally on the island by herself.

With more interest in recycling and sustainable living than ever before, Atlantic Blue really showcase how fashion and up-cycling can be merged to create something both original, stylish and highly versatile. With a range of different materials such as up-cycled sails and boat covers in the pipeline, the sky really is the limit.

You can find out more about Atlantic Blue and our up-cycled designs by visiting the website www.atlanticbluejersey.com or any of our social media sites.

Aurum

As goldsmiths, hand-making exquisite jewellery is what we love doing. It's our passion! Every day in our workshop is different because the commissions we get asked to make are so varied, as are the pieces that are designed by Alexa, our in-house designer. With the jewellery pieces never being exactly the same, we are always perfecting new techniques!

A goldsmith is a metalworker who specialises in working with gold and other precious metals. Our trade has been around for thousands of years where gold has been worked by hand across all civilisations. Many of the goldsmithing techniques have not changed over the years and although technology has given some benefits we still use many of the traditional tools to smith, bend, mill and solder. Our modern workshop is bright and airy, however, compared with the dimly lit workshops hidden beyond old wooden doorways off cobbled streets of days gone by.

Traditionally, a goldsmith's skills are learnt through an intensive five year apprenticeship, which is how both of us qualified as goldsmiths. Over the last 40 years Aurum has trained five apprentices through to qualified goldsmiths and currently has a new apprentice undergoing training.

24ct gold is rarely used in jewellery nowadays, as it is too soft, so it is alloyed to make it stronger and also to create different colours, such as white and rose. There are different challenges posed by the different metals; for example, silver is very easy to polish whereas polishing platinum is much more laborious.

We source stunning coloured gemstones and diamonds from around the world, and 'playing' with these gems is every girl's dream! Many of these gemstones are naturally found in really inhospitable places. So they are a rare treat from the earth we live on and each of them have their own charm and 'personality' which is key to the beauty of the pieces we are lucky enough to make.





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versatility personified

WORDS Sara Felton

Whitehill House is situated on La Rue Du Froid Vent, more well known as Bon Air Lane in the parish of St Saviour. Originally built in the 1930's and modernised and extended over the past four years by the current owner, this detached home stands in a generous sized plot away from the lane and is very private, so much so that you'd very easily be forgiven for thinking you were situated in a more rural parish.

The convenience this location offers is excellent, Whitehill House is within easy walking distance to some excellent schools and the town centre is only a 15 minute walk down the nearby hill making this well designed property modern home ideal for families. Although it would also offer a great lock up and leave option, thanks to its low maintenance needs, it really is a very versatile property.

Entering the property through the electric wooden gates you see that it benefits from a lawned garden and large terrace to the front, this includes an excellent BBQ area and a hot tub, already in situ. This south west facing area benefits from the sun for the majority of the day and evening, making it a great addition to the house and thanks to the large mature trees surrounding the garden it feels very private.

Upon entering the house you are greeted by an impressive and generously sized entrance hall, paved in beautiful travertine, which sets the scene for the rest of the house. From here you have, to the left, a large 31ft sitting room which boasts a beautiful working marble fireplace and a small study area at one end through which you can use the French doors to head out on to the the front patio and towards the back of the room









you have access into the sunroom which runs the length of the house and leads on to the rear paved courtyard. This really would be an excellent home for entertaining at all times of the year.

There is even more living space on the ground floor, which includes a magnificent dining room which currently accommodates a 10 seater table and the current owner assured me they've had up to 22 sat for dinner. This leads through to the beautiful bright kitchen/family room, which also has plenty of room to eat in more informally. The kitchen has a high vaulted ceiling allowing for light to stream through, even on the most overcast of days. The kitchen has a fine blend of the traditional details and modern conveniences. A large double Belfast sink is joined by a double electric Rangemaster stove, topped with ceramic radiant rings. This is complemented by a built in microwave, large fridge/ freezer and of course the essential dishwasher. There is also a large utility room at the rear of the kitchen with huge amounts of additional storage.

Beside the kitchen there is also a convenient playroom, family room area, perfect for growing families, or just the ideal alternative place to watch television. This leads directly onto the sunroom, which in turn leads into a further very large room, currently occupied by a full sized snooker table, but could very easily be a second generation unit thanks to the very modern shower room next door. This room has bifold doors that lead on to the rear courtyard. There is another separate wc downstairs and also plenty of further storage for all of the essentials, coats, hoovers, you name it!

The large garage is also accessed from this part of the house. Currently home to an amazing workshop space, the perfect home for the handy man in the family, or even perhaps the ideal place to situate a home gym, or of course your cars!

CONTINUED OVERLEAF...



...CONTINUED

The downstairs accommodation really does flow brilliantly, there is so much space making for a very versatile property and one that would be absolutely fabulous for accommodating visitors or entertaining friends inside or out.

Moving upstairs there are three large double bedrooms and another excellent bathroom, there really have been some great additions made to this house the excellent bathrooms being just one of them. The large master bedroom has its own ensuite and also has access to a balcony which runs the full length of the front of the house. There is also access to storage areas here. Moving up to the third floor and the final bedroom, cleverly built in to the eaves, whilst taking full advantage of the space and ceiling height, which means it doesn't feel as though you're in the former loft space. There is another great bathroom here and also lots of storage space too, another brilliant option for the older generation or your growing family.

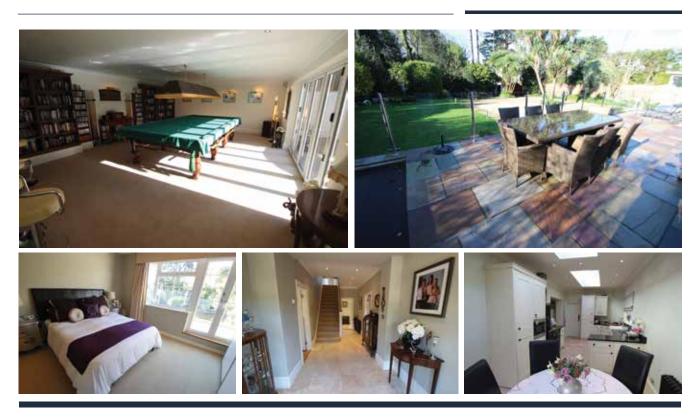
Whitehill House is a fabulous contemporary, spacious home filled with light and warmth, and absolutely perfect for living and entertaining in. It is of course the ideal solution for families as it's so near to the schools. You will have all of the convenience of its location, whilst feeling like you are living in a more rural location, thanks to it being cleverly tucked away from the road.



Whitehill House St. Saviour

Savills www.savills.je Sara Kempster-Smyth T: 722 227

- 4 bed, 5 bath, 3 reception
- Completely modernised
- Conservatory
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THE **ÙNOFFICIAL** ARCHITECTURE AWARDS

WORDS Taylor Jones

The life of an architect is not one for the feint of heart. With each design, each meticulously thought-out line etched onto the page, the architect takes more and more responsibility for the safety and excitement of those who dare enter or even admire the final project.

That's right, these people literally have your life in their hands, which makes it all the more scary when you look at some of the "out there" (another word for reckless) designs from around the world. For some reason, architects think that designs like The Crooked House in Poland, which closely resembles something from an acidinspired children's horror film, and the House Attack building in Vienna, which again is something that was definitely conceived whilst under the influence of something I'd very much like to try, deserve awards and plaudits. Personally, I don't understand why we can't all live in tessellated box houses that maximise the available space to deal with overpopulation and provide a domicile equality that eliminates bitter envy, but then some have ventured to describe me as unimaginative, so we find ourselves where we are today. We live in a world where the outlandish and peculiar are considered favourable over the mundane and practical, and so we see the inspiration for new structures like the Cubic Houses in Rotterdam be an odd mix of Coco Chanel's famous declaration that "in order to be irreplaceable, one

must always be different" and the Tacoma Narrows Bridge (architecturally). "But what about Jersey? Our craziest building is Fort Regent and that's basically a tent!" I hear you cry. Well, my friends, this is one of those rare times that we on this little island can be truly proud of our ability to maintain the status quo. There is something so comforting and reassuring about normality, and that is what we are good at. Or at least that's what I thought. It turns out that perhaps I've been wrong all this time. Maybe, just maybe, we need the odd anomaly, if not just for comparison to truly appreciate what we have in abundance. That is why we have the Jersey Design Awards, a celebration of the most creative and progressive works from the many architecture firms that we have on the island. Fortunately for us, these awards only occur biennially, which gives us at Gallery the chance to pester and push every firm on the island to fill their time off from the pressure of gathering and scanning all of their best work for real awards with the pressure of gather and scanning all of their best work for fake ones.

In fact, calling this feature an "unofficial awards" is a partial misnomer. Whilst, like pretty much everything within these pages, they are indeed unofficial, there is no actual award. There's not even a judging panel (if you disregard the fact that everyone in the office judges the entries on a strictly personal level). Rather, this is purely a showcase of the work from the few companies that would answer the phone to us. It became apparent quite quickly that the late summer months was not a good time to spring tasks (with devastatingly short notice) onto the people busy desperately designing buildings that could be photoshopped into a summer background rather than the traditional mid-September cloud, and so what follows is a short display of the best work from the people who were kind enough to actually stay on the phone past the opening line of "it's Taylor from Gallery calling...". Enjoy the best that the island has to offer, and marvel at the ability these talented designers have to be able to see a space and mentally fill it with anything more than the kind of house that goes up on the fridge from your 6 yearold's "creative time" at school.

Richard Le Sueur Project: La Mare Rue Des Mares, St. Martin

Brief: We took out a 50 tonne granite internal wall seven years ago to create a family kitchen/dining room. This was the first step in making the house more useable for a family with young children, but a more radical overhaul was always on the cards...

Overview: The second brief was to restore the traditional look to the granite front of the house. New timber sash windows were installed and the roof replaced with natural slate. At the rear the unsightly 1970s mansard roof and extensions were demolished to make way for a carefully composed and balanced series of extensions using more traditional forms. In deliberate contrast to the front of the house a more contemporary palette was used. Here larger openings benefit the informal reception rooms looking out on to the garden. Finally the garden has been reprofiled (land art?) to create different levels for eating, swimming and relaxing.





TSA Project: Chateau Plaisir

Brief: We were given the challenge of creating homes that maximise the views from the inside whilst minimising the impact on the surrounding sensitive environment on St Ouen's coast.

Overview: This project has been really well received as it offers the owners fantastic upside down living with amazing views of the bay but still subtly blends into its setting. This has been achieved by using dark timber cladding broken up with granite panels that overall gives the 'little black dress' effect -if we were trying to give it a label maybe you would call it -"Stealth Architecture". We specialise in linking indoor and outdoor living to make the most of being outside whenever the sun shines so the large glass walls open onto spacious decks with outside fire pits to keep you warm in the evening and shoulder months.





Brief: The incredibly open brief from the clients, who had both retired, asked for a home on the Gorey coast that would allow them to indulge in their many environmental and outdoor interests whilst living in a private and secluded home. The design had to adhere to eco-active criteria, whilst acting as an example of "Good" design for the coastal area, using local materials for the build and using the large space efficiently to make room for a home that could only be built on 25% of a steeply sloped area.

Overview:

Eddie Caldeira & Martine Gough Right from the outset, La Vregie was designed with a strong focus on sustainability and the green agenda with the brief that the natural environment must inform the form, materials and processes with the output being a building that visually displays its adherence to the principles as well as respecting its geographical location, its environment and its surroundings. La Vregie benefits greatly from using local, indigenous materials. The walls generally are clad both internally and externally with natural Jersey granite excavated from the local quarry. In this way, it naturally fits into the "feeling" of the place and creates visual space by blending back into the stone of the quarry behind it. It goes further in that the granite used was all hand cut and placed, with the off-cuts then being used to fill the large Gabion boxes.

La Vregie also benefits from a green 'meadow roof' planted with indigenous species of grasses and plants cloned from the site and therefore supporting already establish biodiversity. These roofs offer many benefits including storm water amelioration and harvesting, air quality, biodiversity and wildlife, energy conservation through improved thermal performance, noise and sound insulation.

Solar panels are used to power the underfloor heating system, while heat exchangers tackle the hot water. Carefully selected argon filled glazing controls both solar heat gain and loss, aided by brise-soleil fitted over all south facing windows, specially designed and angle for the location. A passive whole house air circulation system ensures that all areas stay under controlled temperatures and when needed, electronically operated high level windows open and close to allow natural heat stacking.

PAGE Architects

Project: Rosella Rue De Haut St Lawrence





Brief: This house was constructed with an emphasis on low maintenance, high quality materials, sourced locally where possible. Views of St Aubin's Bay were essential, as was the ability to light the house practically entirely with natural light, thus you can see a number of very large windows and glass doors.

Overview: Roselle is accessed through electric gates equipped with the URMET door entry system leading to an extensive brick paved area for parking and a double garage.

The house was constructed with the emphasis on low maintenance and the use of high quality fittings. Windows are double glazed with powder coated aluminium frames, the walls and roof are insulated to a very high standard. There is a pressurised hot-and-cold water system and a super efficient condensing boiler for the oil-fired central heating, which is under-floor at ground level and first floor and linked to radiators in the bedrooms above. The home also has category 6 data cabling and lowenergy LED Lutron lighting.

The grand entrance hall gives access to the principal reception rooms, which occupy the southern elevation of the house. Accommodation has a very contemporary look and a light and airy feel to every room. The look is further enhanced by the stylish white oak staircase with a glazed balustrade and the subtle neutral shades used throughout. There is solid oak flooring in the sitting room while the fabulous tiles laid in the hallway are carried through into the study, kitchen/ dining area/ family lounge creating a wonderful 'hub' of the home complemented with bi-fold doors leading directly to the extensive patio, perfect for summer drinks, al-fresco dining and sunbathing.

The first floor provides four large double bedrooms, three of which are ensuite , while a very well equipped house bathroom serves the other. A superb master bedroom suite with an elegant freestanding bath, twin basins as well as a shower occupies the second floor of the house. Also at this level there is a generous sized playroom/nursery. Bedrooms 2 and 3 as well as the Master have dedicated dressing rooms with views overlooking St Aubin's bay.

To the rear there is a raised full width patio area running across the back of the house. The garden has been professionally landscaped and will be very easy to maintain. Privacy is maintained all the way round the property with walls and mature trees.







PF & A Project: Farmhouse Renovation

Brief: Our clients loved their home but needed more space. Although seemingly an imposing Farmhouse with outbuildings, the width of the original building is narrow and circulation compromised.

The brief was to enlarge the areas by using the existing outbuildings if possible and improve circulation. Space and light were high priorities. A generous master bedroom suite, guest wing, large boot room / utility, new entrance and car port were all on the wanted list!



Overview: The key to unlocking the circulation issue was to introduce a contemporary glass walkway along the rear granite facade that by-passed the main core of the building and linked the new entrance to the heart of the home. The light touch ensuring the character of the traditional building is retained. Outbuildings were linked to the main building and renovated to form luxurious accommodation, flooded with light and finished with beautiful materials and finishes. A large pool and beautifully landscaped gardens completed the project.

We ended up with some very pleased clients and a Farmhouse that offers a cosy retreat as well as modern, light filled spaces and an easy interconnected flow.

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Penthouse living at College Gardens





A superior collection of luxurious new penthouses, with the opportunity to make them your own. With 75% of College Gardens already reserved, Gallery explored some of the development's most exclusive addresses. From luxury penthouses to spacious garden apartments, which one would you choose?

Experience contemporary new living, just a few minutes' away from the town centre. The classical lines of the original Jersey College for Girls are echoed in the graceful new College Gardens development. Victorian style evolves into a vibrant new living space while keeping its air of architectural and historical integrity. And with only a few remaining chances to own an exclusive penthouse or unique garden apartment, Gallery took a closer look.

> An elegant penthouse that reflects the character of its location

With its four bedrooms and three bathrooms, this stunning and unique penthouse brings a contemporary twist to a historic location. The only four bedroom residence within the entire development, the spacious living space overlooks the lush landscaped gardens with impressive views across St Helier. With over 1270 square feet, this luxury home is designed for modern life, with a master bedroom and ensuite plus three additional bedrooms. A sophisticated residence that captures the spirit of this sought after location, the penthouse at College Gardens offers an opportunity to own a home with timeless character and the high specification of Schuller kitchens, Silestone work surfaces and Villeroy & Boch bathrooms. Double car parking spaces and a storeroom add to the convenience of this new home. Will a penthouse be your new address?

> Terrace views across St Helier

A spacious interior and wraparound terrace, this two bedroom, two bathroom penthouse apartment faces south, and with its floor to ceiling windows, ensures you enjoy a natural light-filled living space through the seasons. With a terrace surrounding the entire penthouse, and views across the restored College Gardens lawn, this home opens up opportunities to make the most of life at this timeless location. Extend your days with this penthouse's open space - imagine starting the day with breakfast on your own terrace and watching the sunset with dinner or drinks outside. If you're looking for an easy to manage contemporary residence that reflects its setting, this contemporary penthouse has it all. Situated in an exclusive block of only ten residences, discover the top spec kitchen and finishes, all with the convenience of two parking spaces, storeroom and easy access to the landscaped outdoor space at College Gardens. Will these terrace views be yours?

> Spacious garden apartments

Looking for a more convenient space to call home? Living spaces that balance the tranquility of a natural environment with the ease of being only a few minutes' away from the town centre? This striking two bedroom ground floor apartment in an exclusive residence block is set in its own expansive private garden. More than 945 square feet of living space with floor to ceiling glazing overlooks the apartment's very own private lawn, giving you the opportunity to create your own green oasis at this landmark location. From your apartment, enjoy direct access to the expansive landscaped lawns of College Gardens and a residents' only gym - all just a short stroll away from the town centre. Perfect for downsizers and a secure space to come home to, could this beautiful garden apartment be your new home?

To find out more about these exclusive penthouses and garden apartments at College Gardens, visit **www.collegegardens.je** or contact the team at College Gardens direct on **01534 721097** or **07797 756382**.



Local mortgage market activity

Bank of England base rate has now fallen to 0.25% and this is fantastic news for everybody who has a tracker rate. This move has been anticipated by the markets for some weeks and recent lender product rate changes have, generally speaking, already taken this reduction into account.

There is possibly an opportunity for further modest reductions, although we may find that the current range of mortgage products that are available are about as good as we are going to get. We do hope we're proved wrong!

Don't forget that it's not only first time buyers and home movers who can cash in on the current bonanza. Anybody with an existing mortgage should seek advice on how they might be able to join the ranks of borrowers who are experiencing the lowest mortgage rates that they are ever likely to see in their lives.

The Jersey property market

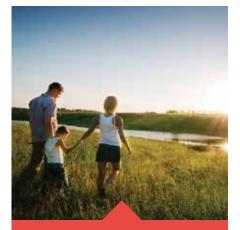
After the Brexit vote, things seem to have returned back to normal very quickly and in fact August is turning out to be a very busy month, with a significant increase in enquiries over what we would normally expect during the peak holiday season, when people are more concerned about having a break rather than thinking of buying property.

The high demand for Buy to Let property continues, particularly in the £150,000 to £350,000 range. Prices are remaining stable, although many sales are now being agreed within weeks if not days of the property having been put on the market.

If this trend continues, then it is possible that we might see prices in some categories starting to nudge up.



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Having worked in the finance industry for 17 years, I have helped many clients arrange and manage their finances, to include arranging life cover against their mortgage liabilities, or as a form of family protection. An increasing number of clients also choose to arrange some critical illness cover.

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The money can remove the financial burden and worry of when they might be able to clear a mortgage, or to allow them to spend some quality time together, should serious ill health strike a family.

I have even had clients use the funds to 'finally' get married!

As the cover is age-related, the older you get the more costly it is to start the cover. It is therefore highly recommended that you secure your cover as early as possible, continuing to review your requirements as your family or lifestyle changes, making the appropriate alterations to your cover.

If you would like more information, or a quotation without obligation, for any form of protection assurance, contact Hayley on 789830 or Hayley@henleyfinancial.je

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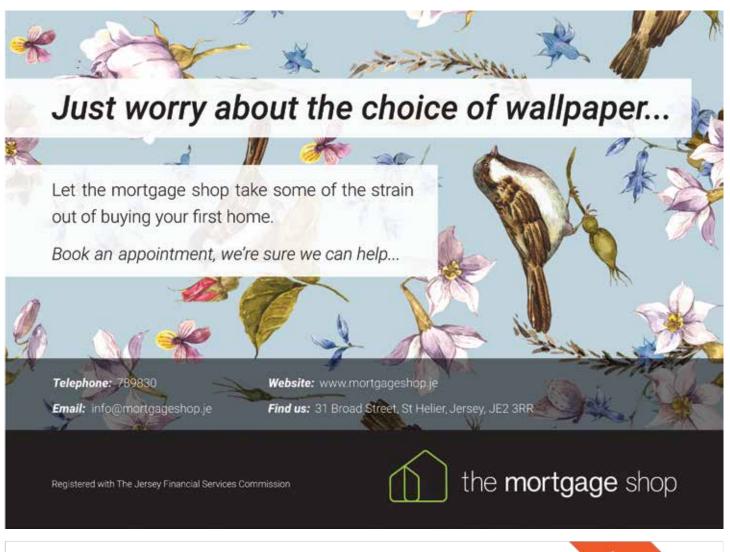


Tel: 789830

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Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Henley Financial is regulated in the conduct of investment business by The Jersey Financial Services Commission.

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- Cooking demonstrations and food sampling
- ✓ Meet our suppliers
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 Tile painting with Original Style for the whole family



Urban Regeneration: The Good, The Ugly, and The *Uglier*

In a Future St Helier Workshop conducted by the States of Jersey in May 2015 entitled "Urban Living and Environment", islanders were given the chance to voice their opinions on what could be done to make St Helier a better, more attractive, and more communal place to live. Unsurprisingly, the overwhelming majority of people involved voted against any kind of futurism, and rather than calling for development that would encourage the growth of the island's largest industry (finance) and put money back into the pockets of the people, they chose to follow the faux-humanitarian trends of today and rally for extensions of community spaces, public ownership of land, and, in the exact words used in the report, "more trees".

WORDS Taylor Jones Now, don't get me wrong, I'm all for community. A friendly smile from a stranger on Green Street is far better than a knife in the back in Peckham, and yes there is certainly a need for communal areas in a metropolis like St. Helier to allow for a respite from the asphyxiating pressure of the concrete towers. However, halting development of larger office space that could bring in money and infrastructure to the island just so you can satisfy the utopian dreams of population destined to run itself into a dystopian future, seems like a pretty foolish move. St Helier, which, let's be honest, is the only "built up" area of the island, takes up only 10% of Jersey's surface area, and considering the rest is practically 90% farm and open space why should the future economy of the island suffer so that those in a four square mile area can go for a more scenic cycle to the pub?

Okay, fine, the town area needs more places for children. I can get on board with that, and yes perhaps there are some existing empty developments that could probably be put to better use, but overall St Helier is not

a bad place! I will stand by that wholeheartedly. Or at least I would have, until I was given this article to write...

When I was asked to research urban developments in Jersey, my initial thought was that this would be a panegyrical paean to the wonders of the island's many

building, construction, and architectural companies, praising the work they have done throughout the last decade in modernising and bringing a new vitality to the town area. What I discovered was a short history steeped in controversy, bureaucratic entanglement, and fleeting success. I'm not quite sure why I expected otherwise, but what transpired was a long list of clashes between the public and the developers, through which I gained a new respect for those that finally push through and achieve their dreams in this world of constant antagonism and demurral (not quite enough respect to believe that dreams are a worthy use of time, but respect nonetheless). It appears that I have been blinded by a love of capitalism and its many wonders to the fact that not all new buildings are a blessing. In fact, they are often abominations; anathemas that seem built with express intention to show the inaptitude of those who dare venture into the world of development. It's a shame I didn't have more space for this feature...

What lies ahead is a veritable smorgasbord of the good, the bad, and the possibly good or bad that showcase the talents and/or incompetence of those brave enough to face the Jersey public with plans of change, after all, we were meant to be ruled. The unspoken truth of humanity is that we crave subjugation (thanks Marvel).

"St Helier, which, let's be honest, is the only "built up" area of the island, takes up only 10% of Jersey's surface area, and considering the rest is practically 90% farm and open space why should the future economy of the island suffer so that those in a four square mile area can go for a more scenic cycle to the pub?"

The Good: Millennium Park

In perhaps the most "Jersey" political event of all time, the allocation of the necessary £10 million pounds to build this park was passed by the States in 2009 when the 23rd 'yes' vote, in a 23-22 split, was cast by his ring binder that was leaning on the wrong button on his desk. I kid you not, this actually (allegedly) happened. And thus was born perhaps one of the most successful developments in recent St Helier history.

The idea for the park was actually discussed as far back as 1998 as a way of rejuvenating the gas works site and sparking a series of renovating projects in the surrounding area, which has gone well so far... In 2000, a petition was signed by 16,400 people and the plans were created for a new, family-friendly park that would bring the community into the a new area of town that had once been characterised by its cheaper alternative cinema. 11 years of waiting later, and in November of 2011 the park was opened with a weekend of activities and fun for all before the skateboarders and BMXers annexed the entrance and made the homeless shower, I mean water feature, the symbol of a fear of education and disdain for slow moving pensioners.

The park, which was contracted to Burns + Nice in conjunction with Parsons Brinckerhoff, covers 1.3 hectares of old car park that was used for the gasworks and is comprised of planting areas, pedestrian routes, a small basketball court, a play area for children, and over 100 newly planted trees. It has been almost unanimously well-received by all, with areas for families, young adults and perfect pathways for a scenic route through an otherwise underdeveloped area of town. Of course, almost is the pejorative word there, as no project in Jersey could go ahead without its protestors. In 2011, it was the turn of Julie Matthews who, in a statement to BBC Jersey, claimed she would stand and protest the newly built urban concrete jungle (found somewhere in amongst the grass and trees) on its opening weekend.

"The idea for the park was actually discussed as far back as 1998 as a way of rejuvenating the gas works site and sparking a series of renovating projects in the surrounding area, which has gone well so far..."

THE FUTURE OF TOWN

The Ugly: Green Street Police Station

I try my very best not to venture east of the tunnel. In my mind it's a barren landscape filled with the kind of creatures you see in Mad Max; an uncivilised bunch who still trade in stone and bronze, and are fascinated by the distant view of the incinerator and the wonders indoor heating must hold.

Of course, I (slightly) exaggerate, but I really don't know what it's been like out there since October 2014, the fateful month when construction started on the new Police Headquarters just off one of the busiest roundabouts on the island. This development has encountered almost as much opposition as the Jersey International Finance Centre (okay, maybe about half as much, but that's still a lot), and not just from the public who have been inconvenienced by traffic and road disruptions that have made getting to the east about as convenient as a convertible submarine. After a reported 20 years of searching for a new home for the States

CONTINUED....



CONTINUED ...

of Jersey Police, the decision to build the headquarters attached to Green Street Car Park was, to put it lightly, not well received. In 2013, Deputy Judy Martin herself voiced her consternation with the location of the development, and claimed it was not practical for emergency services. I'm going to say this once, and only once in my lifetime. I agree with the former Deputy of the States of Jersey. There is literally a list of reasons why this location makes as much sense as John Merrick playing Mr. Darcy in the stage adaptation of Pride and Prejudice, and at the top of said list is surely the inconvenience to both police and public vehicles at peak traffic times. It's not like someone can flick on the 'Blues and Two's' and create a path in the tunnel, and if anybody thinks that frustrated school mums will let even a police car go round that roundabout they are categorically wrong. Add the fact that 91 parking spaces are going to be lost from Green Street and the added noise and lights for neighbours, and you have yourself a compelling argument to turn in the life of crime and force cuts to the police fund. Oh my god I just got it...

Rok-Regal are the lucky company who have been allocated the contract for this development, and given the fact that the topping out ceremony celebrating the completion of the main structure was held in January of 2015, it's tough to understand why full completion date is estimated at December of this year, and that's before the police start moving in in the first quarter of 2017. I know it's been a long search for a new home, but I've seen animals in the devastated Amazon make more practical habitats.

The...Ambiguous?: Fort Regent Renovation

Where do we go when we die? What is the meaning of our being? How do we know the Queen isn't really a lizard overlord? And what the f*&\$ are they going to do with Fort Regent? These are the questions that have bedeviled the minds of the greatest thinkers since man developed cognitive thought. Some believe that faith in the Lord (be it lizard or otherwise) will provide the answers that we so desperately seek, and some believe firmly in the power of science to reveal to them what the Good Book can't.

Unfortunately it seems that, in my lifetime at least, neither science nor religion can answer the question of what to do with that decrepit relic that stand atop the hills of St Helier; a relic to the days when teenage fun was a roller disco and a jump off the high board, rather than unwanted pregnancy and sharing needles. Ideas have been thrown into several bottomless hats, and votes have been cast, yet it seems that the attraction of BLKOUT and the ice rink have been enough to put off change to the old landmark. However, it now seems that one company, HOK, have managed to defy the physical and metaphysical laws of our dimension and get their plans for a renovation to the structure passed, and honestly? It doesn't look bad.

The redevelopment of the 22 acre structure will turn the island's largest entertainment and leisure centre into an even bigger entertainment and leisure centre, comprised of seven separate zones: the Teenage/Extreme Sports Zone, the Family Zone, the Active Zone (still unsure whether that's the Active company or just a name), the External Zones, the Arts and Culture Zone, the Conference and Exhibition Zone, and the new Hotel Zone. With proposals for improved access from Snow Hill car park (a lift, basically) the problem of getting up to the summit of the mountainous climb should be solved, and getting to the building from the Snow Hill side will justify the creation of a park and observation area around the ramparts.

The finer details of all the different zones would take up their own feature that I unfortunately haven't been assigned, however perhaps the most interesting for the development of the structure is the addition of the hotel. This will be created in the old pool site, and is designed for anywhere up to 120 beds, allowing families coming to the island a great place to stay after a day of dumping the children into one of the extreme sports zones.





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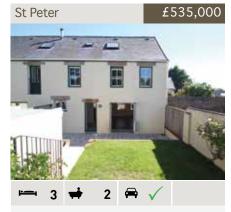


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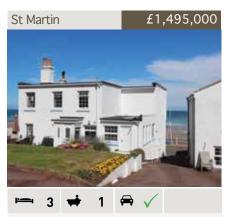
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Interior News

DATE FOR YOUR DIARY THE ROMERILS INSPIRATIONAL HOME SHOW Friday 9 & Saturday 10 September 8:00 - 17:30



The buzz is building for the 6th consecutive annual Inspirational Home Show at Romerils and this one promises to be even bigger and better than last year's fantastic event.

Visitors will have the chance to see and hear about the latest innovations and trends for the home with experts on hand to offer advice and guidance as well as live demonstrations of the products available.

Many of their suppliers will have representatives there so it is a chance to have specialist advice and of course there are going to be some amazing exclusive offers for the special two day event.

Over the last year a lot of investment has gone into many of the Romerils showrooms, with major refurbishments taking place, so the teams are keen to showcase their new and improved departments to the public. There will be the classic media cook off as well as various mouth watering cooking demos and sampling over the two days.

Back by popular demand will be tile painting with the talented Helen Stone from the Original Style. Follow Helen's guidance to paint your own Original Style masterpiece or use your imagination to create a unique work of art, perfect for artistic adults and creative kids this event will take place in the Tile Department from 10am – 16:30 on the Saturday.

There will also be chocolates, cupcakes, face painting and pantomime for the children and complimentary bubbly for the adults!

As well as the famous treasure trail with a chance to win an incredible £2,000 to spend in store! We'll see you there!



Laufen; Leaders in Innovation

SaphirKeramik is pioneering Swiss company Laufen's latest innovation. This revolutionary, ceramic material reaches its exceptional hardness blended with corundum, a colourless mineral, which is a component of sapphires! This gives SaphirKeramik a flexural strength equal to that of steel. Yet it has the potential to be waferthin, giving designers almost infinite freedom to experiment – and tear up the rulebook of bathroom design.

The amazing products created using this magic material are so unique and eye catching that the whole interiors world is watching.

Their basins and baths with wonderful slim profiles are also environmentally friendly, so they really are ticking all the boxes of the style conscious buyer. See more of the Laufen range, and find out more by popping in to Bauformat.



Slam dunk the fun! If you're lucky enough to have a pool then you need this swimming pool basket ball game in your life! Hours of pool party fun to be had!

The Cool Jam Swimline Pro is available from Amazon for £477.56



Doormat humour

Set the tone before guests are even over the threshold! One of these bad boys could make a great moving in gift! **All available from Amazon.**

BUSINESS

Movers&Shakers , h



Zedra appoints head of compliance in Jersey

ZEDRA Jersey has strengthened its leadership team with the appointment of Greg Murray as Head of Compliance-Jersey. His past experience and expertise working at a senior level in financial services in Jersey, will be fundamental for ZEDRA's strategic growth as it expands and develops its business internationally and increases its profile.

Mr. Murray leads a strong team of compliance professionals responsible for preventing and forestalling financial crime, delivery of compliance monitoring and control reviews, strengthening of internal policy framework and guiding the business through regulatory change. The role includes enforcement of the ZEDRA's Financial Crime Policies and Procedures, including those in relation to financial sanctions.

In his leisure time, Greg likes to keep active through wheelchair athletics and swimming and has a keen interest in history, music and astronomy. He is also a mentor for the charity Limbless Association that provides support to amputees and the limb-loss community.



Experienced leisure professional Matt Riley has been appointed as Health Club Manager at the four silver star L'Horizon Beach Hotel & Spa.

Originally from Rugby in Warwickshire, Matt who is a fully qualified fitness instructor, joins the St Brelade beachside hotel from sister Hand Picked Hotels property, Grand Jersey Hotel & Spa where he was employed for three and a half years; originally manning the five star hotel's Spa reception before going on to take up the position of Leisure Supervisor.

In his new role as Health Club Manager at L'Horizon Matt will be responsible for a team of ten, consisting of a spa supervisor, spa attendants and a team of therapists. Matt studied Sport and Exercise Science at Henley in Arden Sports College, explaining what he is most looking forward to in his new role he said, "I am thrilled have been selected to head up the Club and Spa team at L'Horizon Beach Hotel & Spa and I am really looking forward to getting to know the clients, working to improve the health club and helping to make the spa a 'must go' place in Jersey."

The Spa at L'Horizon underwent an extensive refurbishment in 2014, which saw an injection of over £800,000 completely revitalizing the offering.



Benest Corbett Renouf Partner qualifies as Children Scheme Family Law Arbitrator

Barbara Corbett, Head of Family Law at Benest Corbett Renouf, has qualified as a family law arbitrator in respect of children matters. This follows on from her qualification as a family law financial arbitrator in 2014.

Barbara is now able to arbitrate in cases involving disputes children which means that she is able to make decisions regarding issues such as contact and children's holidays that separating couples might find difficult to agree between themselves. She is the only accredited family law arbitrator in Jersey.

Advocate Corbett explained: "Family arbitration is a form of private dispute resolution in which you and your ex-partner appoint an impartial family arbitrator to resolve things between you. It's an ideal approach for people who want to explore and agree a way forward in a family dispute without the delay and expense of the court process."

Barbara is already a financial arbitrator through the Chartered Institute of Arbitrators and an accredited civil and commercial mediator as well as a family mediator and a collaborative lawyer.



Hawksford recruits corporate manager

Hawksford has strengthened its Corporate team with the appointment of a manager with 18 years' financial services experience.

Jon Nobes will manage a team of eight administrators within Hawksford's 23 person Corporate department, providing international directors' services, administration and structuring expertise for the company's multi-jurisdictional client portfolio.

Prior to joining Hawksford, Jon spent five years as a manager at STM Fiduciaire Limited, specialising in corporate real estate funds with assets in excess of £900million.

Mr Nobes completed his graduate training at Abacus before moving to Close Trust Company Jersey Limited, where he was appointed to the boards of the in-house companies. He is a full member of STEP and holds the Certificate in Offshore Administration.

'Jon is a highly experienced manager with a huge amount of industry knowledge, particularly in relation to the administration of large and multijurisdictional real estate funds. His expertise and people management skills will ensure that Hawksford's Corporate team continues to thrive, delivering impeccable service for our growing international client base,' said Hawksford's Corporate Director, Steve Robinson.



New Chairman of the Jersey Funds Association (JFA)

Jersey's proactive approach to developing new funds legislation together with its commitment to enhancing links with overseas markets will ensure its funds industry can look forward to a positive future, according to Mike Byrne, the new Chairman of the Jersey Funds Association (JFA).

Elected into the position of Chairman at the recent AGM of the trade association that represents Jersey's funds industry, Mike, a partner at PwC Channel Islands, is joined by Tim Morgan, partner at Mourant Ozannes, who will serve a second term as Vice Chair.

Mike replaces former Chairman Ben Robins, who has been at the helm of the JFA for the last three years and was thanked at the AGM for his hard work on behalf of Jersey's funds industry during a busy and challenging period. An active trade association representing companies with Jersey offices operating in the funds sector, the JFA has over 70 member firms, including organisations spanning from niche independent Jersey-owned companies to global leaders.



Rowlands welcomes new recruitment consultant

Rowlands Recruitment has recently welcomed new Recruitment Consultant Katie Stevens to their Permanent Desk team. In her new role as recruitment consultant, Katie will be responsible for facilitating Rowlands' recruitment services by establishing relationships with both candidates and clients, and she will continue to build on the company's client portfolio.

Katie joins Rowlands from her previous role as study abroad coordinator at Swansea University, where she developed recruiting skills through matching students seeking exchange opportunities with partner placements across the world.

As part of her role at Rowlands, Katie will be working closely with graduate jobseekers returning to Jersey to understand their work needs and to assist them through the application process for relevant opportunities, including permanent work, temporary work and internships.

SHOUT ABOUT?!

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New operations director at AFM

AFM has appointed Niall McClure as its new operations director, he joins the AFM board of directors and will be based in Jersey.

Niall, the former managing director at G4S Facilities Management (Offshore Islands), will be responsible for the day-to-day operation of the Jersey business. He will focus on developing high performing teams in order to deliver the board's ambitious growth plans.

'My overall purpose will be to empower colleagues to deliver great customer service, safely and with passion. My aim is to create conditions at every level so that people know what is happening and can take responsibility to act,' said Mr McClure.

Niall will be working closely with the board of directors and the management team to help develop the business moving forward. He will spearhead future decision-making processes across the various disciplines of the business and will be an instrumental leader for the Jersey-based team.



First Names Group appoints new CEO

Mark Pesco has been promoted to Chief Executive Officer (CEO). This change in leadership reflects the evolving needs of the business as it begins to consolidate after a period of accelerated expansion. Mark has taken up the reins as the Group turns its attention to driving its organic growth strategy and cementing its position as the world's largest independent provider of trust, corporate and fund services.

Mark has been with the Group for over 12 years and is already a key member of the Group Management Committee. In his new role, Mark will head up the Group Management Committee overseeing the day-to-day management and leadership of the business, incorporating its key service lines. He will take over from Cengiz Somay, who decided to step down as CEO in July.

The quality of Mark's leadership has been well recognised already; in 2014 he won IoD Jersey Director of the Year for a Large Organisation and was also a finalist for the IoD UK Director of the Year award. In addition, he has been named in eprivateclient's prestigious 'Top 50 Most Influential 2016' and the Citywealth 'Leaders List' for the last three years running.

Ashburton Investments strengthens Jersey Board of Directors

Tony Wilshin, Head of Operations, has been added to the Board of Ashburton (Jersey Limited) where he will play a crucial role in ensuring the business meets its strategic targets.

Tony joined the company in 2014 and has been instrumental in implementing improved facilities and service excellence for Ashburton's clients. As a board member, he will be responsible for the strategic management and development of its integrated and multidomicile operations platform supporting the international investment activities of Ashburton Investments.

Tony brings over 27 years' experience in the Jersey financial services industry to the role, specialising in operational efficiency and process streamlining. Prior to Ashburton, he was head of operations and head of securities at two international wealth managers based on the island.



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If you have recently graduated or finished school and now looking to embark on an exciting career within finance, we want to hear from you!

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Carey Olsen names six new partners as part of firm's continued expansion

Carey Olsen has announced six new partners bringing the total number of partners across its seven offices to 49.

The new partners are Annette Alexander from the Guernsey corporate practice, Kate Andrews and James Willmott from the Jersey corporate practice, Keith Dixon and Alexa Saunders from the Jersey trusts and private wealth practice and Jeremy Garrood from the Jersey litigation practice.

Carey Olsen chairman, John Kelleher, said: "Our new partners have earned their place through their exceptional technical knowledge and dedication to client service. They join the partner group at a very exciting time for Carey Olsen and we look forward to their contribution in the years to come.

"We are expanding rapidly across our offices and our partners are consistently instructed on the most high profile cross-border matters reflecting Carey Olsen's position at the forefront of the offshore legal world."

OF OPINION

Sometimes, I imagine, it's tough to be a part of the Jersey government. Our island is made up of such a diverse population, packed into such a small place, that there is literally no way to please everyone. At each and every turn, you are faced with backlash from one group, and support from another. Democracy, as much as it is probably the most fair and representative way to run a government, is unfortunately constantly marred by the fact that the voting public is made up on the whole by, to put it lightly, imbeciles.

For god's sake let's look at America, the country that has literally (that's a loose use of that word) started wars to bring Democracy to the world. In a study by *ITS* OWN GOVERNMENT, it was found that 32 million U.S adults cannot read. At all. That's 14% of the population. That doesn't seem low to you? Well, when you consider 21% of the adult population, which is 66,000,000 people by the way, 14 million more than the population of the UK, can't read above a fifth grade level, the statistics become scary. I'm not saying that the U.S.A is a fair comparison with Jersey, that would be insulting for all of us, but my point is this; we are putting the decisions that dictate our lives in the hands of people who can't read The Very Hungry Caterpillar to their children. As much as I'm all for fair representation, when I stop and think about who is shaping my future, the thought of autonomous dictatorship doesn't sound too bad.

If dictatorship sounds appealing to me, an irresponsible and self-confessed naive student, I cannot imagine how close the men and women pioneering the island's newest financial institution have come to going what I like to call "Full Tse Tung" on the public. The Jersey International Finance Centre has been a point of contention from the moment the Esplanade Quarter Masterplan was announced in 2008. Without including the proposed park and the new underground parking structure, the plans consist of six new office buildings to be built in the Esplanade car park, combining to provide a staggering 470,000 square feet of 'Grade A' office space for prospective tenants to come and expand the booming financial industry in Jersey. Through the maintenance of public land and a complicated process that involves the use of, but not the control of, private investors, the JDC are projecting returns from this project of roughly £50

WORDS Taylor Jones ILLUSTRATIONS Will Bertram



million before rental income, which will go back to the public rather than into private pockets. Along with the business offices, the JDC are extremely keen to promote the public spaces that the project will create. At the centre of this side of the development is the large public park that will be created in the middle of the quarter, which, along with improvements to the larger Esplanade area and improved pedestrian pathways into the existing town, will showcase the potential for renovated and natural areas in Jersey. So, to summarise, if all goes to plan we will have six new office buildings, an improved park and open space, better access to the existing town area, more parking, and £50 million pounds for public spending. Unfortunately, when something sounds too good to be true, it's normally because it is.

"Opposition to this project has been constant, vocal, and, unlike the work of most protesting masses, relatively logical."

Opposition to this project has been constant, vocal, and, unlike the work of most protesting masses, relatively logical. Like any dream, the Esplanade Quarter Masterplan has holes in its velour fabric. Nothing, unfortunately is perfect (except Kinder Buenos), and whilst we should all applaud the rhetoric used to get the States to give planning permission for this project, we should also be able to see through it. Perhaps the most glaring issue with the entire 6-building development is the assumption that it will actually be filled. Yes, there is only a limited amount of Grade A office space on the island currently, and yes the vacancy rate for this space is only 1%, but the JDC can only use its "progressive expansion" excuse for the fact there is only one building currently under construction for so long. You may be told that only Building four is under way because progressive, phased introduction will limit exposure and allow for the plan to be evolved and shaped around public and private need, but it might also have something to do with the fact that so far only one building has been let, and even then only 25% of it. That's right, in this new structure designed to house and facilitate the expansion of the finance industry in Jersey, we've only managed to attract the attention of two banks, who both already had a base on the island. The announcement from the States that they have had "interest" from another potential

client in 5,000 square feet of space doesn't do much to dampen the disappointing sting of a plan unfulfilled, and dissatisfied islanders have made clear that a lack of information from the States, a disregard for procedural necessities, and a rush to start on a project that promises ambiguous long term return have left the project marred by the veil thrown on it by its own innovators.

Add into these the abstrusity of the dealings with money and ownership and you can begin to understand the opposition stance on the development plans. With changes to plans, namely allowing it to be completed in a piecemeal fashion rather than a single build meaning that promised returns can be altered depending on how much is actually completed, and a series of different companies being given control of the project, most notably the offer to Dandara being rejected in place of the SoJDC, the entire situation becomes marred by disingenuousness and half-empty promises of returns that may never be seen...allegedly.

Obviously I have to remain impartial in this, otherwise it would just be another one of my many, many procapitalist, anti-humanitarian rants, and in my final month here I'd like to prove myself as somewhat of a professional. However, as I began this introductory section with a brief discussion of my views on the flaws of emocracy, it only seems fitting that I bring it full circle and once again discuss the possible utopia of a dictatorship (for the dictator and anyone on their side, of course). Ahead you will read some (and I must stress the some) of what I discussed with Sean Power and John Baker, the heads of the St. Helier Waterfront Action Group, or SWAG for short, when I met them this month. A former politician himself, Power understands the importance of an opposition in democratic process, and it is indeed opposition that his group provides. SWAG have campaigned tirelessly against the construction of the finance centre, even making it to headline news with their protests around the Esplanade car park, and it seems that, despite their efforts, in this instance they have become the symbol of a broken democratic process. But is that a bad thing? Do we need a functioning democracy? The reaction from the young generation to the Brexit outcome is evidence enough that, whilst there is something to say about fair representation of each generation, people under the age of 25 don't seem to understand that the needs of one group may not necessarily be the best for others. The "older generation" (>40), who in 2011 made up 51.2% of the island's population, have a pretty sizable majority when it comes to voting on public decisions, and it's fair to say that the best outcome for a student may not be the best for a person nearing retirement. However, if

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there is indeed a dichotomy to be created here, to which side should the responsibility of the population's future fall? Should it be the younger, inexperienced group who have seen as much of the world as getting high in university halls can show you and believe that disregarding and denouncing right-wing politics online will gain them the Facebook likes that they so misguidedly equate with respect? Or should it be entrusted to the group who have worked in the industries that will be so affected by any change made in politics, but haven't to grow up in a time when international alliance and overseas opportunities are so prominent and important? My point is, before you start answering these rhetorical questions, that nobody is perfect. There's no way to please everybody, at least not until we manage to overcome human nature and understand that we are not always right (but who wants that? Being right is great). And so, rather than disappointing a certain generation and making them feel as though their vote means nothing, why not just take away the vote? Give ultimate power to the one in charge, and then at least the anger of the disenfranchised can be directed at a singular target, rather than at a disseminated list of menial and inconsequential flaws in the voting process. Anyway, I digress. Here are John Baker and Sean Power.

To start off, can I just get a brief outline of what the St Helier Waterfront Action Group are aiming for concerning the Jersey International Finance Centre? We've seen the pictures of protests in the JEP, but what is it you're actually trying to achieve?

We need to make it as clear as possible from the outset that we are not at all against the finance industry in Jersey. We understand and appreciate what that sector does for the island and its economy, and we wouldn't want to halt the development of the industry itself. However, what we are against, and what we hope to expose and stop, is the way that the people of Jersey have been supplied with insufficient information on the extremely important finer details of the entire Esplanade Quarter Masterplan, and specifically the construction of the Jersey International Finance Centre. We believe that the people, who have become inextricably linked with the project through the use of and risk to public funds, deserve to know how their money is being spent, and who by.

So, is it the entire Esplanade Quarter Masterplan that your organisation opposes, or the JIFC in particular?

We're fans of the Masterplan as a whole! The integration of the Waterfront and the Esplanade is, in our eyes, a great idea. The plans for the park and natural open space, as well as the underground car park, are viable and would certainly add to the area. Even the JIFC itself is not, in theory, a bad idea. What we are against is the way that the States of Jersey, and the SoJDC, have gone about the entire process involving their construction.

What do you say to the promises made by the Jersey Development Company concerning the massive potential for returns of roughly £50 million from the JIFC?

[extremely audible laughs] Well, how long have you got? To put it simply, that was just a matter of good marketing. The States used that figure to fool the public into believing in the project, but I think, through our work and through mistakes made in the development's maturation, the confidence that was once there is being depleted. Quickly.

The promises made were based upon the assumption that the entire development would be incredibly desirable to international finance companies, and that leasing the space would be a matter of fighting off combatting bids. As we well know, this hasn't been the case, and that's why we've seen the project veiled by legally ambiguous activity and rushed into construction. The States allowing construction to start after leasing only 16,000 sq ft was just a small part of a larger system of questionable actions by senior ministers. Last minute changes to the plans made without consent and the rejection of incredibly high-profile contracts from Dandara only raise unwanted questions surrounding the companies and people leading the development, and that is what we here are trying to bring to the public's attention.

"We need to make it as clear as possible from the outset that we are not at all against the finance industry in Jersey. We understand and appreciate what that sector does for the island and its economy, and we wouldn't want to halt the development of the industry itself. "

Have we seen examples of this from the States before in Jersey? Is the JIFC the first building that you've been disappointed with?

We probably shouldn't mention anything by name, but we can say that the States have certainly disappointed us before. Our problem is not so much with the developments themselves, but the decisions that lead to them. The Jersey Development Company have been infamously risk-averse in the past, and it has meant that potential developments that could be literally lifechanging for islanders. These low-risk, lowreturn projects don't particularly benefit the public, who they are technically working for, and so we see wasted potential in things like the failure of the plans to build a high-rise tower at the Waterfront, and specifically the inability to find a new area for the Hospital (the Esplanade wouldn't have been a bad place...). The States aren't particularly bad at the development side, but the decisions that determine the construction, planning and location of these developments are often questionable.

So, to finish off, what would you say is the ultimate solution to the problems you see in the development of the JIFC? We may be too far into the process now to fix what has been broken, which should be the trust in the SoJDC and the ministers responsible for the entire process behind the development. However, we can, with the benefit of hindsight, give some relatively simply ideas for preventing these problems in the future. The big lesson to learn from this is that public money should not be played with. There isn't another government in the world that provides public money for development, or indeed leads development projects like this. Every financial building project is privately developer led, and that's the way this should have been done. As we mentioned before, Dandara rejected a substantial offer to take on this project, and it was then that the SoJDC took control and plans were unexpectedly changed and tampered with without the knowledge of the public. They can make all the promises they like, but what has happened here is that the States have bet on a risky hand with public funds, with the promise of return being slim and growing slimmer. This is what needs to be changed.

As you see, the issue of the Jersey International Finance Centre is anything but binary. What the argument boils down to is not so much the buildings themselves, but the motivation, inception, and funding for them. There is clearly a lack, or a need for a lack, of trust in the promises made by leaders who are able to pull the strings on a purse filled with the money of the taxpayers of the island, and yet risks like the JIFC are indeed necessary in trying to expand the industry that charges and runs so much of our economy. Whichever side of the fence you fall on, the only constant in this entire argument is that justification is ambiguous, and what is right to one may be wrong to another.



Business News

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Jersey Fraud Prevention Forum campaign hits the road

The Jersey Fraud Prevention Forum (JFPF) is launching an island-wide campaign to further raise awareness about frauds and scams locally.

The JFPF, which was set up in 2016 by a group of local organisations, provides alerts and advice on how to guard against fraudsters and scammers. The Forum's latest campaign aims to encourage islanders who have been targeted to report the crime, as statistics show less than five per cent of people do. DI Dave Burmingham, Chairman of the JFPF, commented: "Since the launch of the Forum, we have endeavoured to improve the reporting process for victims. Now Islanders can re-direct scam mail to PO Box 500 and emails to scams500@police.je We hope our latest campaign will be informative and encourage people to come forward so we can endeavour to prevent more Islanders falling victim."

As part of the campaign, the JFPF has produced a detailed guidance leaflet, which will be distributed to all island homes by Jersey Post, and an accompanying advert on the rear of a Jersey Post delivery van. Both initiatives have been funded by Jersey Post and the Jersey Financial Services Commission; two of the JFPF partner agencies.

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As a registered charity, LibertyBus reinvest surpluses from trade into community projects, often supporting islanders with limited mobility or difficulty accessing mainstream transport, making a genuine difference to their lives. We are looking for someone as passionate as we are, and with a real hunger to grow and develop. Sound like you? Get in touch with us.

To apply, email HRJersey@hctgroup.org with a cover letter and your CV.

Email your news to business@gallery.je

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As our island's public transport provider, we take great pride in the service we offer. We're always looking to improve and develop – so it is obvious that we need fresh ideas and talent to do so. In other words, we need you.

To deliver the very best service, we rely on a strong and committed team to drive us forward.

This opportunity has arisen for someone who is passionate., hungry to learn and extremely ambitious. You will be trained in every area of the business, even gaining additional qualifications like your ACCA F1 & F2 accountancy qualifications, an IOSH health and safety qualification, a Transport Management Certificate in Professional Competence and, of course, a Public Service Vehicle driving licence so that you can fully understand how a transport provider like LibertyBus works. The program is two years of training, study and travel to our head office in London, as well as other depots in the UK and Channel Islands. If you are looking to begin your career, look no further. This opportunity is a truly fantastic one for anyone educated to degree level and looking to progress quickly.

If you are over 21 (age required to drive a PSV vehicle) and have lived in the Island for more than 5 years, simply email HRJersey@hctgroup.org for an application form for this exciting career opportunity!

Business News

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Have you had good customer service recently?

Nominations for this year's TravelSolutions Jersey Customer Service Awards started last month, and the public – local and visitors – have just two more weeks in which to tell the organisers of anyone on the island that has given them excellent customer service. It could be a self-employed person, an individual, or a team – it doesn't matter what they do, if they have given you a fantastic service, then you can nominate!

Over 10,000 Jersey nominations were received from the public last year, and it is thought that will be exceeded for 2016.

Nominations are invited from anyone who is on the island between the periods 1st August to 9th September, although islanders are welcome to give examples of their experiences from the beginning of the year.

There are two simple ways of making your vote count:

Online at www.thecustomerserviceawards.com or by completing a nomination form to be found island-wide at outlets including:

TravelSolutions, West Centre, All branches of Lloyds Bank, JT, All branches of the Co-Op, All branches of Waitrose, Airtel Vodafone, Jersey Post, Roberts Garages, Sure, Voisins, Channel 103, Jersey Business.

The gala Awards ceremony for 2016 takes place on Thursday 6 October, at The Radisson Blu Hotel on the Waterfront in St Helier, and full details of how to attend this will be announced very soon. This is part of the week-long celebration of National Customer Service Week, and events are planned alongside Jersey Business.

Viberts and Pickersgill & Co join forces

Pickersgill & Co has merged with Viberts in a strategic move that is mutually beneficial.

This merger allows Viberts to expand their footprint in the property and personal law markets whilst allowing Barry Pickersgill to offer an extended range of legal services to his clients.

Barry moves across to Viberts as a senior consultant, retaining a core focus on conveyancing and wills. The merger will see Pickersgill & Co relocate to Viberts House in Don Street and rebrand its services as Viberts.

Managing partner of Viberts, Zoë Blomfield, said: "Joining forces with Pickersgill & Co represents another significant achievement in Viberts' business strategy. Barry's vast experience will enhance our property and personal law departments, setting us up for further growth. I am delighted that Barry has chosen to merge with Viberts after many successful years as a sole practitioner."

Prestigious speaker lineup for Benest Corbett Renouf Family Law conferences, 2016

Jersey law firm Benest Corbett Renouf is to welcome a stellar line-up of speakers from the world of family law at two conferences it is hosting at The Hotel de France on 6 and 7 October, 2016.

On Thursday 6 October, there will be a one day conference on the theme of "disclosure" in divorce proceedings, with keynote speaker Jeffrey W Brend, a leading Chicago-based forensic divorce attorney. Other wellknown presenters that day include Sir Peter Singer, Bruce Blair QC and Anne Hussey QC of 1, Hare Court Chambers, London, as well as Andrzej Bojarski, co-author of "Unlocking Matrimonial Assets on Divorce." Farrer & Co's Claire Gordon, Maggie Rae from Clintons, James Riby of Charles Russell Speechlys and David Lister of Mishcon de Reya, London, will complete the line-up.

High profile speakers on 7 October include Pamela Scriven QC, a London-based barrister and Jersey Commissioner, and John Vater QC. Will Tyler QC will consider how the court deals with parental mentalhealth issues and the conference will also hear from Jersey-based social worker Tanja Tinari. A mock-trial will also take place with the family law team from One, Garden Court family law chambers. One Garden Court will also sponsor the post conference refreshments on Friday and the conference that day is held in conjunction with The Association of Lawyers for Children.

The conference costs £225 per delegate, per day or £400 for both days and attracts six hours CPD time. Discounts are available for social workers, or to those who work for a registered charity.

Anyone interested in attending can book via www.bcrlawjersey.com or call 760860.





VORDS Ria Wolstenholme

SUP!

Stand up paddle boarding for four days, in a place where it never goes dark and you're well and truly in the belly of beast that is mother nature, isn't everyone's initial thought of tranquility and relaxation. I think it is a rare type of people who truly do enjoy testing the limits of their body and mind for fun and André Le Geyt is one of them.

André, a fireman at Jersey Airport, has been stand up paddle boarding for around eight years. In this time, he's earned himself the title of British surf and SUP champion, 2015 British masters race club champion, was a part of the British team world champion twice, and came top ten highest ranking British SUP each year in Holland 11 cities competitions of 2013 and 2014 He also holds the island record for paddling around the island three times. Just picture that trophy room.

This June he took on the Yukon River Quest, an annual marathon canoe and kayak race, totalling 720 kilometres up the Yukon river in Canada. It is open to solo and tandem canoes, kayaks, and voyageur canoes. This year, however, they let stand up paddle boarders enter the race for the first time, as an experimental class. There were over 250 people taking part, totaling 96 teams, and André went solo, naming himself 'Team Jersey'.

André was chosen as one of 11 stand up paddle boarders picked in the world to be a part of it. "I had to send in a CV listing all my experience, as well as why I would be fit to cope alone in the wilderness." He's not kidding either. Due to the remote location of the River Quest, if he needed medical attention and nobody else was around, it could have been up to 48 hours before he got help.

"It was definitely tough. The first lake we had to tackle took seven hours to cross, it was brutal"

The race started on Wednesday 29 June at noon, with the first section stretching 190 miles. "We started as we meant to go on" André said. "It was definitely tough. The first lake we had to tackle took seven hours to cross, it was brutal" After the hard hitting first part, the competitors had their first mandatory stop at Carmacks, where they had to stay for seven hours to eat, shower, rehydrate, and sleep. Each team had to have support teams to help with their kit, food and in case of emergencies. "My girlfriend Catherine acted as my support throughout with the help of a woman who ran the B&B we had stayed at" he said. "I couldn't have done it without them."

The second stretch was 160 miles, which is where André spent the majority of his time completely alone. "I didn't see another person or man made thing from Thursday night when I left Carmacks until I got to Coffee Creek on Saturday" he said. "The fact the sky never got any darker than twilight made me lose my sense of time, it was bizarre" Coffee Creek was another three hour mandatory stop for food, water and sleep. Due to its off road location, support teams weren't able to meet them there. It was their last bit of rest before they saw the finish line.

The final stretch was 100 miles. At around 4am on Saturday 3 July, André reached a wide area of the river, and couldn't make out what was water and what was sky. "Everything merged into one colour" he said. "The lack of sleep was making me hallucinate." Doing the whole thing alone started to get to André when his morale was low. "It would definitely be easier in a team" he said. "Just having someone else to talk to and share the experience with would have helped to keep spirits high. I ended up having conversations with myself and hallucinating, thinking logs were alligators. It was surreal."

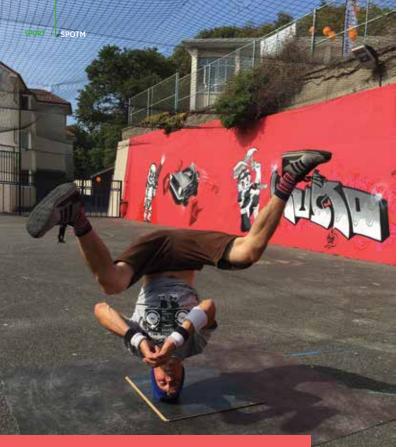
"I was really lucky with the amount of support I got from people" André said. "Rob Cassin in particular helped a lot. He's canoed the river quest the times, and had some great tips and advice." Rob, along with many others, helped André out with the kit he needed. "It was amazing how generous everyone was" he said. "The company Red Paddle Co. set me up with a 14' elite inflatable board, and a lot of other kit, so that was a massive help."

He finished the race in 63 hours, placing

52nd out of the 96 teams. Throughout the race, André slept a total of four hours across the four days. "By the time I heard my girlfriend Catherine calling my name as I came round the corner, I didn't have anything left in me to speed up. I knew that I had finished."

André raised £500 for the Great British Heart Foundation in doing this race. Describing it as the most extreme thing he's done, he said it was a once in a lifetime opportunity. "It made me realise how much my body can do, and how my limitations are only a mind-set" he said. "It was a beautiful, brutal and spiritual experience."







BBOY SHADOW

Age: 41

Sport: Bboying'

School attended: Doesn't matter. School isn't an education it's simply training (for a series of examinations). When you leave school/college/university that's when true education begins.

Favourite ice-cream flavour: Mint Choc chip (which normally ends up all over my face).

Favourite animal: Panther (apparently so stealth like it doesn't cast a shadow- like me!)

Favourite food: Easy one, Sunday Roast Dinner all the way!

What would you wear to a fancy dress party: depends what the genre is, but in past: I have been Axl Rose and Sloth from The Goonies...anyone for a Babe Ruth!

When did you first start breakin': 2009.

Tell us more about Total Mayhem: Total Mayhem started in a St.Ouens squash court (big shout to Mr. Hawson - RIP) with just three juniors. Today around 20 juniors all train together each Saturday irrespective of age for a one crew mentality. I'm not sure where the name for the crew came from, but it has certainly raised eyebrows with a few people thinking we turn up, trash the place, then leave! I can assure you though, it's not rock n roll...it's pure Hip-Hop and certainly not like that. We also have adults in the crew, some of whom are now better than me, but that's what it's all about. Passing on the "knowledge" to the next generation and adults who are younger than me!

Can you explain some of the different

styles of dance: Personally, there's only one style of dance and that's Bboying, because it doesn't matter what style you express, it's right. It's an art not a science! It's not what you do, but how you do it, and it came from the cardboard streets of the Bronx, NYC. Bboying has five parts to it: Top Rock, Go-Downs, Floorwork, Freezes and Power, and it forms the five elements of Hip-Hop: MC'ing, Graffiti, Dj'ing and Bboying (with Locking and Popping). The music which we Break to is hip-hop (notice the lowercase). Hip-Hop is a culture, a movement and definitely a lifestyle.

Do you need to have rhythm to be able to

break: I definitely didn't have any rhythm before I started Breakin', but it can be developed as you start to understand the music you Break to. If you can count to four you'll be fine. It's part of a four step process: steps, moves, rhythm and individual style. I can Break but I still can't dance!

Favourite breakin' expression: There's so many but my two favourites are "Don't Break to impress, Break to express!" and "Breakin is what we do...Hip-Hop is how we live".

Favourite song: Wow, that's a really rough one, I go through stages of what I Break to, all depending on the mood/feelings at the time, but all to hip-hop music (primarily pre mid 1990's). Anything by Eric B & Rakim, Chubb Rock, Soopasoul, Beastie Boys, Cypress Hill, JB, Pete Rock, Swollen Members, KRS-One, Young MC, Mobb Deep, Microphone Misfitz and plus many more. However, the three tunes in my mind at the moment are "Liquid Liquid - Cavern", "El-Chavo Cooking with Gas Feat Dillon & Boog Brown"and "DJ Format & Phil Most Chill - Take A Stand".

How often do you train? Three or four times a week.

Where and when has been your favourite moment whilst breakin': Jersey, July 2016. I managed to organise a meet n' greet and lesson with Soul Mavericks for the Total Mayhem juniors.

What does the future hold for you, will you always keep breakin': I'll keep going until my body tells me to stop, then it'll be on to locking and popping!

Do you have a top tip for anyone considering taking up breakin': Give me a call, never too young or old to start. Remember it's not about being the best Bboy or Bgirl...it's about being the best Bboythat you can be.

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Sport News



RUN FOR IT!

The eleventh Standard Chartered Jersey Marathon takes place on Sunday 2 October 2016 and organisers are promising another fantastic sporting and fundraising spectacle for the island. Organisers are delighted to announce this year's race ambassador will be Liverpool FC Legend Ian Rush, MBE.

The event will again include the three established race categories, Marathon, Relay Race and 3K Fun Run and local runners can expect to run alongside hundreds of runners of all abilities who are traveling to the island with their friends and families from numerous countries around the world.

The Mourant Ozannes Relay Race is again set to return with some vibrant and competitive fun, as teams of five runners join forces to tackle the marathon distance. With plenty of industry cups up for grabs, expect to see some healthy rivalry amongst the Island's business community.

New for 2016, the event will welcome experienced marathon pacers as organisers look to provide some extra support for runners looking to achieve a 3hrs 15mins, 3hrs 30mins or 4hr race time. In addition, the 3K Fun Run will be offering even more prizes for children with the introduction of the 'School Cups' competition and a 'Fundraising Star' award.

The Standard Chartered Jersey Marathon is raising funds for Seeing is Believing and Brig-y-Don Children's Charity in 2016. Organisers are reminding all runners that they can raise funds online, through their personal fundraising page that is automatically set up on race entry.

It takes hundreds of volunteers from the community to produce a safe marathon event and organisers are now on the look out for course marshals. If you have between 4-7 hours spare on race day and you would like to support the event and its runners then please contact organisers on 01534 505926.

Online entry, full event information, volunteer application form and charity information is available at www.jersey-marathon.com

Calling all Jersey Reds Fans

September sees the first competitive action of the rugby season, and anticipation levels at St Peter are high as the newlyrenamed Jersey Reds get ready to kick things off.

A trio of pre-season victories in August included the Reds' first-ever win over a Premiership club, a 23-17 win over Worcester Warriors that has sparked hopes of a successful season. 2016/17 will be the island side's fifth campaign in the Greene King IPA Championship, and eclipsing last season's sixth-placed finish in the 12-team league seems a realistic aim.

After opening the season with a trip to south-west London to take on newlypromoted Richmond on Saturday 3 September, the Reds' home opener is against Bedford Blues on Saturday 10 September (kick-off at 3pm). And towards the end of the month, there'll be the first chance of the season to watch a game under the St Peter lights, which have been upgraded this summer, an experience not to miss. Jersey Reds v Nottingham kicks off at 7.45pm on Friday 23 September.

On most weekends through the season, if the 1st team are away then Jersey Reds Athletic will be at home. September home dates for the Athletic are Richmond Vikings on September 3rd and Old Elthamians on September 17th.

www.jerseyreds.je



PHOTO Sue Armes

HARDWARE

IF YOU CAN'T BEAT THEM...

WORDS Taylor Jones

The Guardian recently posted an article online entitled "End of the Car Age: How Cities are Outgrowing the Automobile", in which Stephen Moss went on a journey to discover why cities around the world are becoming less and less dependent on the individual motor vehicle. This is a scary concept for somebody who (irregularly) writes the motor review section for a monthly magazine.

However, this is a glorious discovery for somebody unlike myself who is concerned about the impending doom of the environment. Are we trading the convenience of individual and unconstrained travel simply for the self-righteous feeling that comes from, to borrow a Cockerism, living like common people do, and utilising public transport? Must we really be fooled into thinking that communal travel, with its promise of awkward butt rubbing and an amalgamation of smells that would make a zookeeper wince, holds the answer to saving a planet that faces evils like deforestation and mass cattle farming? Obviously, I don't actually have a problem with the concept of public transport, even if said transport is about as reliable as the word of an American Olympic swimming star, but my problem lies with the people who step off a bus and feel that they are entitled to throw looks that could freeze The Human Torch at anyone who has the audacity to drive anything but a Prius.

So, how do we, the inconsiderate masses, combat the holier-than-thou attitude of those whose homepage is www.treehugger.com (the slogan of which, by the way, is "Sustainability with Sass". Seriously)? Well, the most obvious solution is just to ignore them, and make sure that whenever we see somebody in town wearing Harem pants that we change down at least two gears and rev the hell out of whatever we're driving. Whilst this is certainly a viable, and definitely more fun, option, there is a certain aspect of "if you can't beat them, join them". The petrol head, in the urban space at least, is a dying breed. The admiration of gas-guzzlers is something that makes you a social pariah to the masses nowadays, because apparently the irony of writing vitriolic diatribe against fossil fuels on paper from Amazonian trees is somewhat lost on those who fail to understand second order consequence. So, it appears that we must "join them", and I must warn you, that entails some self-degradation with a sour hint of debasement. The following article shows some of the

"Must we really be fooled into thinking that communal travel, with its promise of awkward butt rubbing and an amalgamation of smells that would make a zookeeper wince, holds the answer to saving a planet that faces evils like deforestation and mass cattle farming?"

ways that urban transport has evolved in recent years to cater to the needs of the millennials who took the messages of Al Gore's "Inconvenient Truth" and ran for the hills with it. So, like the female giraffe's birth canal, let's see how evolution has failed us...

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iXi Bike

In today's world, where bandanas are considered cool and flares (for some reason) prompt screams of "I'm not being seen with you in those" from your spouse, there is a fine line between looking fashionable and like a complete twat. The iXi Bike, and anyone who owns one, falls so far into the latter category that the line is no longer visible. These are the bikes that you've undoubtedly seen on the streets of town, or if not in any modern movie when the awkward geeky guy cycles in late to his failing creative writing business. The collapsible, small-wheeled bike is the symbol of the modern man who has simply given up. It's convenient, it's easy, and it saves money, but who in their right mind wants those things? What happened to the days when only handbrake turning into a parallel parking space whilst throwing cigar ash into the face of pedestrians would rubber stamp your credentials as a man? The creation of this bike marked the beginning of the end for the petrol-head, and to this day it stands over the broken corpse of the GT40, laughing at us all as we do its bidding and eradicate our last defences against those who would see us live as Adam and Eve did in Eden (minus the walking snakes and vengeful God)

Orbitwheel

What is your initial thought when you see someone rollerblading along Victoria Avenue? Is it "oh wow look at that good Samaritan doing their part for the environment and reducing their carbon footprint", or is it "I'd love to shove a carbon footprint up their arse"? It's one of the unspoken truths of life that strapping wheels to your feet is both dangerous and ridiculous. Let's take Heelys® as an example, a product that was responsible for more child injuries than Nike in the year of their release (that's a huge lie). However, it seems that no matter how many times they get warned, those avid bladers still decide to boot up in the morning and take to the cycle lane to provide us with the only entertainment you can get in rush hour traffic. The one fact, however, that these fools can revel in is that no matter what happens in the world, there are only two certainties in life: whatever you're doing, there will always be an Asian child that's better than you at it, and that the moment you think you've hit rock bottom, you can always sink lower. And lower, it appears, is where the Orbitwheels have gone. Not content with just putting wheels on shoes, this company have made it their goal to provide the skating public with the opportunity to don a mode of transport straight from the children's movie Big Hero 6 (watch it, you'll know what I mean). This comically cockamamie footwear takes inspiration from the very beginnings of the wheel itself, and literally puts your feet inside, allowing you to roll along at leisure and in apparently a serene and blissful ignorance of how truly ridiculous one human can look.



Suzuki Pixie + SSC

This is it guys. This is the end of days. We've finally reached the point at which there can be no progression, it's the dead end of evolution and the Armageddon rolled into one contraption. It appears that Suzuki, the little Japanese rascals, have dared to play God, and have created a vehicle that is so disastrously and obnoxiously repulsive that, in the style of the aardvark, is so ugly it's cute. The Pixie + SSC is not an urban, suburban, country, air, sea, or any terrain vehicle. In fact I have doubts that it is a vehicle at all, rather it's a piece of the set from Prometheus that unfortunately ended up at a car show in the "Concept" section of Suzuki, but don't you want to know more? Doesn't the image here alone inspire some kind of interest? What's in that little pod? Will I be able to fit in there? What does this do for carpooling? Will some small creature pop out of my stomach the next time I eat spaghetti after I get in it? The ambiguity alone is enough to tell me that, without even knowing what this thing is, I want one, even if it's just so I have an excuse not to go and pick up my drunk friends from town next time they call me in the middle of the night.

INSERT COINS PRESS START

WORDS Ria Wolstenholme

I'll happily admit that I am, stereotypically, the kind of girl who doesn't have a clue about video games. My gaming knowledge stretches no further than Animal Crossing on my ancient Nintendo DS, and it's staying that way. The first video arcade game, Computer Space, was released in 1971. Skip ahead over 30 years, and we now have the ability and technology to play video games on our mobile phones whenever we please. Yet most people still prefer to use gaming at home as their down time, sitting alone in their rooms mindlessly playing for hours at a time without any kind of social interaction.

For me, playing a video game alone, with nobody but the cat to celebrate your victories with, isn't my idea of fun. However, take me to a huge room, filled with a huge choice of games, where you don't have to play alone and can actually win prizes for your efforts, and you've got me sold. Jonathan Ruff, a local business entrepreneur and founder of Jersey's Tamba Park, has brought just that kind of exciting space to life this summer. Having recently opened Tamba Arcade on the waterfront, he's brought a new lease of life to St Helier's waterfront, offering the classic urban entertainment centre that is an amusement arcade. A father himself, Jonathan said he saw a gap in the market for young pre teen kids. "I wanted to open the arcade, simply because we didn't have one" he said, "and it's a great place for younger kids to have fun in a safe place. It's the kind of place I know my own kids would love, so they definitely influenced it". He took inspiration for the venture from a huge arcade he visited in Melbourne, Australia. "It was huge and filled with excited, happy people" he told me. "They had the system where players get tickets from doing well in games, which they could use to claim prizes. No gambling, just having a laugh and playing some games. It's why I've brought the same system to Tamba."

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The buzzing new attraction houses 55 state of the art arcade games, which will be added to and expanded in the future. "We want to swap games around and bring new ones in when the time is right" Jonathan said. "Keeping things fresh and interesting is key." The arcade has only been open for a few weeks, but already the response has been brilliant. Kids, adults and families alike all rave about the quality of the place and the safe, fun atmosphere the Tamba crew have created. But this spectacle didn't happen easily, or overnight. "It took about 12 months for everything to come together" Jonathan told me. "A big struggle was getting the

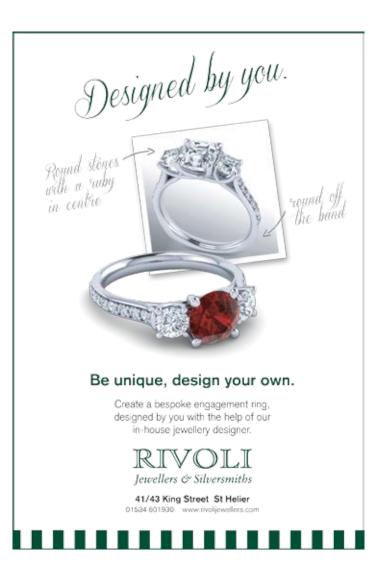
machines into the building, which involved taking the window out and crane lifting them in. The even bigger struggle was moving the machines around! One of them took five men to move it, I've never been so exhausted"

Tamba arcade is hopefully the first of a chain that Jonathan has a vision of opening. The Isle of Man and Guernsey are options that he's looking at for more Tamba arcades to be opened. "It all depends on location, ceiling heights, and size of the buildings" Jonathan told me. "We're currently drawing up plans for a new expansion for Tamba Park, so we'll see how the arcade runs for a while before we make anymore moves." The arcade is still very new, but has already gotten a lot of attention and praise from islanders and tourists alike. "I think any holiday destination should have something like this" Jonathan said. "It's in such a great location as well, and gives people something new to do."

Jonathan seems to have successfully tapped into something people didn't know they were missing. Jersey now has somewhere new in town for kids, especially those not quite old enough to roam around alone yet, to go and have fun in a safe, supervised space. It seems that not just kids, but families and adults alike are all making the most of the new attraction. "I'm not a big gamer myself, but I love to give people something fun and enjoyable" Jonathan told me. "Arcades give people and kids that buzz, you can see the excitement in their faces. That's why I do what I do, I just love making people happy."

You can find Tamba arcade above TGI Fridays on the Waterfront, open 11am until 10pm, Monday to Sunday.

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We live in a troubled time. With each new day, it seems there is a new threat out there somewhere in the world that, if you believe the blogs, is designed specifically to come along and destroy the way of life that we've loved and been comforted by for so long. Whether it's the mass hysteria that has been caused by the work of religious extremist groups, or the frenzy of feverish derangement that was universally felt when, on 26th October 2015, a group of 22 scientists published their findings in The Lancet in an article named Carcinogenicity of Consumption of Red and Processed Meat; findings that would change the way we dealt with hangovers forever. These hooligans, these philistines, nay, these heathens, had the audacity to tell us that bacon is carcinogenic, and in turn to destroy the very livelihood of anyone who has ever woken up with a mouth dryer and less appetising than a scorpion in the Atacama Desert. Of course, we didn't stop eating bacon, just like we didn't stop systematically destroying and oppressing Islamist cultural and religious beliefs with our western attitudes, but there's no excuse for even studying these things, let alone publishing them in oncological journals. There's only really one inevitable outcome that can come of all this horror that we see and hear daily on the news, and as much as I hate to admit it, the warning came from Arcade Fire. That's right, when Win Butler took to the microphone and sang about the Suburban War, it turns out he wasn't just being his usual lyrically playful and upbeat self. No, Mr. Butler was doing us all a service by alerting us to the coming terror of the uprising that will surely take place when it is announced that chicken nuggets are the new carriers of the leprosy virus. No longer will the people stand by and let our leaders watch innocently as the world tears itself apart in a fashion not unlike the house from Poltergeist. The masses will rise and take the reins in the fight against tyranny, and who will win in all of this? That's right, me. Not the terrorists (although they will have instilled chaos and terror), and certainly not the scientists who dared to tell me bacon was harmful, but me, the tech writer for a small lifestyle magazine. Not because I'll have a civilian army to mock (it would be too easy), but because where there is war, there is the defense industry. Nothing prompts companies like Thales and UTC to start making the most advanced weapons in the world like a conflict, and so I say this: I am not pro-war, but if urban street fighting means that we get things like a t-shirt that detects wifi, I think it's time for some public action.



In wartime, there are three things you should expect. Chaos, provisions, and people going AWOL. The heat of the urban kitchen warzone can easily become too hot for most, and the toll of staring into the eyes of the enemy can become a burden too heavy to carry. Every person with an ounce of empathy can understand the overwhelming effect of being pressured into acting for a cause that is larger than oneself, however what some people fail to understand is the effect that losing the individual has on the whole (unless you're Russia, but we don't have 34,401,807 people to divide into two sides). Admittedly, urban warfare probably won't bring the same punishment as military desertion in wartime (death penalty at the discretion of the military court), but even still, the detrimental effect and the cowardice attributed to you if you leave your post should be enough to discourage anyone from abandoning.

However, nowadays technology has taken away the need for us to use fear as encouragement. No longer will the leaders of our great forces use the same fear that would take the heart of me (for a day may come when the courage of men fails, when we forsake our friends and break all bonds of fellowship) in our brave troops. Instead, swift and costly justice can be enacted the moment someone decides to take a lengthy stroll away from the base when they are forced to wear the GPS Shoes, or more accurately GPS Insoles, from SmartSole. So, take all the pleasure in the world from replacing every hipster's orthopaedic, podiatrist-approved, leather-and-mahogany insole that somehow makes the shoewearing experience on par with discovering the holy grail, and then tell them to go for a long run, because do we really need beards and top knots where this society is going?

"So, take all the pleasure in the world from replacing every hipster's orthopaedic, podiatrist-approved, leatherand-mahogany insole that somehow makes the shoewearing experience on par with discovering the holy grail, and then tell them to go for a long run, because do we really need beards and top knots where this society is going?"

There are lots of versions of this product online, ranging from simply tags to actual shoes that do the same job. For this specific type of shoe tracking (which I'm told is incredibly comfortable), go to www. gpssmartsole.com, where you can get them for £230. Quite expensive yes, but who can put a price on an edge in suburban combat?

WIFI DETECTOR T-SHIRT

Two names you may never have thought you'd see mentioned in the same article are Viktor Bout and Amazon.com. One of them provided military grade weapons for the Revolutionary Armed Forces of Colombia in their efforts against US forces and was extradited to the US from Thailand after a five-year operation by the DEA, and the other is currently testing drone capabilities and pushing the boundaries of public privacy. Which is which? The answer may surprise you...

Of course, Viktor Bout can't currently use drones, unless the "damned liberals" have relaxed inmate limitation so much that flying potential weapons has become a yard privilege, and so I have to find another way to equate one of the most visited and family-friendly websites on the internet with the world's most renowned arms dealer, which is not actually as difficult as it sounds. Admittedly, you'll probably have to venture into darker (eastern) areas of the web to find a version of Amazon that will actually arm your urban forces, but if it's low grade spy tech you want, don't feel like you have to call the Russians (not a racial stereotype, Bout was Russian so I'm generalising). Thanks to ThinkGeek (and trust me, they did), the world of covert espionage has been changed forever, and not just because what you're doing is emblazoned on the front of your t-shirt and lights up.

One of the most vital parts of warfare is communication, and given the fact most people don't have the money to buy military grade radio technology, when proletariat take to the streets, it's highly likely that attack coordination will be carried out in a Whatsapp group chat. But what about that fateful day when you've used up your mobile data, your phone is low on battery, and you're huddled in a bush six feet away from the place that you've been told to place the explosives on the Jersey International Finance Centre? There are two doors in front of you, and only snapchatting your leader a picture of them will tell you which one leads you to your destination, but

looking for a wifi network will surely drain the last 2% of battery. It's a modern dilemma we've all been in (with less explosives and less proximity to the non-existent JIFC), but until now there hasn't been any clear way to solve the issue. Luckily for us, in this ever changing world in which we live in, there is always a way, and so was born the WiFi Detector T-Shirt. With just two Triple-A batteries, this fashion abomination will detect and tell you the strength of any nearby WiFi signal by flashing it across your chest. It's not inconspicuous, it's looks like someone from a 90s field rave threw up on it, and it carries an incredibly inconvenient battery pack on the inside, but you'll never have to worry about wasting time trying and failing to connect to a questionable public wifi again. Swings and roundabouts

Amazon is, as per usual, the place to go for these, although I'd make sure you stick to the UK site. You can never be sure how weaponised things are when they arrive from the EU, especially now.

SUITCASE CELL TOWER

You know what the Midwest is? Young and restless. These are the words that Kanye West, in his infinite glory and honour, gave to us, although here they will take somewhat of a different meaning (see, fundamentalists, interpretation). I'll take on ISIS, I'll take on the world's leading governments, but I am not, in any article I write for this magazine, going to take on the problem of race in America, and so Kanye, you're safe. Here, the young and restless Midwest will act as a macrocosm for the distressed and lost who find themselves at the crossroads of fear and loathing, the veritable Las Vegas of technological situations; the moment you stop receiving mobile signal. For anyone that has an iPhone (for everyone), the moment those two fateful words, "No Service", show up in the top left hand side of the screen, you start looking for the nearest window. No trial or tribulation can compare to the dilemma at hand, and it seems that, with each disappearing arbitrary unit of signal-ness, a little part of the hope that once lived within you is dissipating, desperately trying to fill the void that your ability to text and call without issue left behind. In these times of war, in which communication is key, we can't simply rely on the fact that there will be wifi around for us to use at our own discretion (even if we do have a t-shirt that tells us where it is). If the technological and sociological behemoth that is Pokemon Go has taught us anything (other than the fact Pokemon will never stop being cool), it's that signal, and its perfectly formed super-offspring that is 3G, is the key to all life, and that is not an exaggeration.

So, when Edwin Starr asked in 1970 "war, uh huh, good god y'all, what is it good for?", he probably didn't expect the answer to be "the progression in telecommunications and weaponry". However, that's exactly what we have seen, and this progression is nowhere better embodied than in AT&T's Suitcase Cell Tower. If you've ever watched any kind of late 90s-early 2000s American spy show, you'll undoubtedly have seen something very much like this product, used in the back of a black SUV to provide a way for the protagonist to stay impossibly cool on the phone to their boss whilst chasing

"So, when Edwin Starr asked in 1970 "war, uh huh, good god y'all, what is it good for?", he probably didn't expect the answer to be "the progression in telecommunications and weaponry"

characters portrayed in ways that in today's world would be classed as racial hate crimes. Whilst this piece of kit is only legally available to the government of America and companies large enough to shade the eyes of the law with money, given the country's history with providing weapons to rogue nations (*cough* Ollie North, Iran-Contra *cough*), once the war for the streets breaks out we should have no problem sourcing some of these for ourselves, even if their range is only a measly half-mile.

PHONE HOME



HTC 10 - Perfectly Crafted For You

HTC may be one of the smaller smartphone brands but the superior quality of their handsets means that they should never be overlooked.

Their latest premium smartphone, the HTC 10, is stunningly designed from a single piece of metal. This not only ensures that it looks great but also gives the handset a luxurious feel, one that permeates throughout the phone, all the way to the satisfying click from the power button.

Beyond the sensational design, HTC has looked to the camera to make the 10 stand out from the crowd. The 12 megapixel main camera and wide-angle front camera are both equipped with optical image stabilisation to help you capture brilliant images, even when taking photos on the go.

You can view your pictures and videos in full cinematic colour on the 5.2 inch, next generation 2K LCD display after processing with the latest Qualcomm Snapdragon processor, which gives your pics an incredible vibrancy. The HTC 10 is powered by the latest version of Android, making the phone more responsive than ever and helping you stay connected by any means with 4G superfast broadband.

Pop in to the Sure store today for a taste of the incredible HTC 10.

MEGAN'S TOP TIP FROM AIRTEL-VODAFONE



How can I make my battery last longer?

We all fondly remember the days when you only needed to charge your Nokia 3310 once a week. Sadly, those days are long gone, and now you're lucky if your phone battery lasts until bedtime.

Try these six handy battery-saving tips to extend your phone life, and put an <u>end to that low-battery panic</u>:

- *Dim your screen brightness or set to auto*
- Turn off Bluetooth
- Don't use vibrate
- Don't leave apps running in
- the background
- Turn off non-essential notifications
- Use the power-saving mode



Escape from reality!

Airtel-Vodafone's Marketing Officer, Faith Joyce, reviews the Samsung Gear VR Headset.

Unless you've been hiding from the world in your hermit cave you will probably have heard the hype surrounding Samsung's Gear VR headset. It is hands down the best virtual-reality gadget you can buy right now, and a great way to jump into the world of VR gaming and entertainment.

The headset is fairly light and offers a completely cordless experience, with motion sensors in the phone that track your head's movements. The result is a fairly convincing illusion that you've been transported to an entirely new space, and the best 360° videos, games, and apps will give you a compelling reason to stay there.

The downside is it's only compatible with certain Samsung phones – the Note 5, S6, S6 Edge, S7 and S7 Edge. Luckily, we have all of these models instore!

The headset is available in-store for only £76. Pop-in and give it a spin. Price correct at time of going to print.

Available NOW from JT, the Samsung Galaxy S7 Edge in Pink Gold.

Bring on the bling with this stylish Smartphone boasting a beautiful dual-curved edged display and a unique shimmering Pink Gold body.

In addition, the Samsung Galaxy S7 range allows you increase the phone's storage space with a Micro-SD card giving you the freedom to store more pictures, videos and apps on your Smartphone over time.

As well as being an incredibly attractive Smartphone, the Samsung Galaxy S7 Edge is also water and dust resistant making it ready for the real world... and did we mention you can enjoy superfast mobile data on JT's 4G network, officially Jersey's FASTEST network.

Visit the JT Shop today to get your hands on the Samsung Galaxy S7 Edge in Pink Gold.





PHOTO Danny Richardson

Opening the main stage at this years Jersey Live Festival Jersey's high-energy Alternative-Indie group 'Mozaics' are set to release new single 'Always Want You" on October 28th. An accompanying video filmed in an art deco theatre by Nifty50Films has received fantastic response from a rapidly growing fanbase.

Mozaics describe their

live performance as an

'experience', as they expertly

craft their set with interludes

and embellishments to

present a 'living and

breathing body of work'

Mozaics almost seem to have snuck up on the public. It's certainly been a long wait for Christian and the guys to finally get this record out. Work began on the single and accompanying video way back in 2015, but they held their breath and took their time to get the release right, this wait has since seen them sign up with Stoked Management and arrange distribution with Kobalt/AWAL.

So who are Mozaics and how did this project get started... Frontman Christian Silver has a long history in music but having spent some time out of it in 2014 he travelled to York and begun penning some new tracks with no specific plan or idea where they would go. As early demos evolved, he reached out to old friend Sam Falle, a recording engineer and producer who now splits his time between Jersey and Nashville. Sam began writing additional parts for the songs and together they developed what is rapidly becoming

Mozaics hallmark anthemic-indie sound. Later in 2015 Christian and Sam began looking for the best rhythm section possible to make sure the tracks would sound as massive live as the recorded versions. Enter Chris Nutter (Drums) and Craig Farrel (Bass) with Tom Quenault (Keyboards) joining more recently.

Together these four musicians, along with their producer, have begun crafting a unique, uplifting anthem-indie / trip-hop / electronic sound, with a naturally eccentric live presence. Mozaics are a power formation comprised of individuals with some pretty impressive history, including radio support from Annie Mac, Zane Lowe, Steve Lamacq, and Jonathan Ross, along with a performance on the 'John Peel' stage at Glastonbury Festival in previous formations. Since forming in 2015, Mozaics have casually hit the SoundCloud download limit within a week of posting their debut demo and clocked up dozens of BBC Introducing plays, with support from BBC Radio's 1 Huw Stephens, Amazing Radio's Simon Raymonde and Radio X. The band are rapidly gaining momentum with their 'melody-driven'

song writing, and ability to get that chorus stuck in your head. Mozaics describe their live performance as an 'experience', as they expertly craft their set with interludes and embellishments to present a 'living and breathing body of work'. The live show is not something to be missed...

This latest track - Always Want You - has its roots in Christians earlier experiences on the road, sitting in dingy rooms backstage, missing friends, family and loved ones and wondering if the struggle was really

all worth it. But if this track is anything to go by, those earlier experiences are now paying dividends. The songwriting, playing and production on this record is outstanding and pay testament to Christians months of hard work in various studios with co-writer and producer Sam Falle and the rest of the band.

For updates and news of more live dates stay in touch with Mozaics here.. www.mozaics.co.uk

www.facebook.com/mozaicsofficial twitter.com/mozaicsmusic soundcloud.com/mozaicsmusic www.instagram.com/mozaics_official

SEPTEMBER MUSIC & NIGHTLIFE: WHAT'S ON...



VANGUARD DNB PRESENTS: LTJ BUKEM LEGEND SESSIONS #1 SATURDAY 9 SEPTEMBER @ RQJQ

Vanguard deliver their newest project bringing to you the scenes most respected artists who have paved the way for this global phenomenon - bringing to you foundation artists at a new venue for DNB and launch with the legendary LTJ BUKEM - Just who is LTJ Bukem? He is a mild mannered energy flash whose panoramic musical vision has found success in every area he has explored. From running sound systems to cutting up breaks at raves, the man known to his friends as Danny Williamson has sat at the forefront of breakbeat evolution, lighting the way with little more than a zest for life and a love of music. In other words, LTJ Bukem is a man on a mission!

Tickets: Eventbrite // Legend Sessions // Rojo // 18+ // R.O.A.R // Photographic ID



CNS Presents: CI PRIDE AFTER PARTY SATURDAY 17 SEPTEMBER

CI PRIDE is coming and the guys at CenralNervousSystem are back in Style at ROJO Cocktail bar with some Extra Special guests from across the water. The team at CNS Head-Quarters are welcoming local legend Suze Rosser back to Jersey & Introducing 'The MEAT Boys' Adrian and Fannar to our sunny shores, for an afterparty to remember! Start Upstairs With CNS in 'Club Tropicana' on the roof terrace then join our special guests on both floors! Your Know our reputation. We know how to have fun. We'll make sure you do too. Dress up and get involved!

Tickets: Donation on entry // ROJO // 18+ // R.O.A.R // Photographic ID



Clique presents: JON RUNDELL Support: residents Carl Scott and Pete de Momme

SATURDAY 24 SEPTEMBER @ ROJO

Clique present yet another special guest at ROJO following on from their previous events with Yousef and Patrick Topping and also recently hosting the Electronic stage at Reasons festival. Jon Rundell makes his long awaited return being no stranger to the island following an unforgettable performance at Pure a few years back. Jon is well known for supporting Carl Cox on his worldwide tours as well as forging his own footprint in the international techno scene with his own productions on Intec such as his latest remix of Josh Winks 'I'm talking to you' which is currently doing serious damage on dance floors all over the globe.

Tickets: Tickersource.co.uk // Clique // 18+ // R.O.A.R // Photographic ID



BLKOUT Presents: FRIEND WITHIN Support: Bradley Welsh and Sam Tumkaew

FRIDAY 30 SEPTEMBER @ Havana

BLKOUT returns to Havana at the end of September with a huge night of house and techno featuring one of the hottest names on the scene today, Friend Within, one of the most in demand DJs on the circuit, returning to Jersey following a show stealing set in the dance tent at Jersey Live 2015. With supporting sets from some of Jersey's finest young DJs including Bradley Welsh and Sam Tumkaew this one is set to be an absolute roadblock, and kick starts a run of huge Friday night shows at Havana over the next few months!

Tickets: Eventbrite // Havana // 18+ // R.O.A.R // Photographic ID



WCAM: INDUSTRY NIGHTS EVERY SUNDAY NIGHT

WCAM - Who Cares About Mondays? Well if you don't then Ce Soir have just the night for you. Perhaps you work in the hospitality industry, or perhaps you're just having a long lazy weekend and fancy a Sunday night out. If so then head down to Ce Soir for free hot dogs, great tunes and great booze deals. You can expect to hear the likes of Ben Newman and Simon Sorin on the decks taking you on a lovely journey over the whole night till early morning. See you all on the dancefloor from 9pm and don't forget your dancing shoes.

Tickets: FOC // Ce Soir // 18+ // R.O.A.R // Photographic ID

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Just email it all to *hi@gallery.je*

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JERSEY'S STYLE MAGAZINE



















SILENT |sīlənt| *adjective* • not making or accompanied by any sound

DISCO |diskō| noun (pl. discos) • a club or party at which people dance to pop music















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Manna is a relaxed laid back store that stocks the hard to find fresh designer labels that have been selected for their individuality and fashion forward design including: By Malene Birger, American American Retro, Ba &Sh, American Vintage, 360, Ganni, Velvet and new for 2012: By Zoe, Stop Staring! And Bastyan.

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MANNA



Rivoli Jewellers

Situated in the heart of King Street, Rivoli Jewellers stocks a wide selection of wedding rings. Whether you are looking for a plain or diamond set ring, in platinum or gold, Rivoli will have the perfect ring for you. A shape to fit service is also available to ensure that your engagement ring fits perfectly against your wedding ring.

Rivoli Jewellers 41/43 King Street, St Helier Tel: 01534 601930 www.rivolijewellers.co.uk

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Mi Mi Nails & Beauty

Get yourself looking and feeling beautiful with Mi Mi Nail & Beauty salon. Specializing in manicures, pedicures, lash extensions, brow treatments and make up packages to a high standard in a professional and friendly atmosphere with quality products. We now offer the wonderful Footlogix foot treatments to keep your feet in tip top condition

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The Gooseberry Bush is a unique Clothing and Lifestyle store!

Our Lagenlook clothing brands are comfortable, natural fabrics from France, Greece, Italy and the UK! Organic babywear and blankets, gifts and keepsakes from East of India, home Interiors with a Scandinavian/contemporary look. Service with a Smile!'

Opening hours: Tues – Sat 10-5pm & Sunday 10-2pm Out of Town shopping experience with plenty of parking At Rondel's Farm (oppos. Union Inn) Tel: 726224 or Find us on Facebook.



ChiChi Home Our beautiful Home shop in the heart of St Aubins is ideal for finding unusual pieces to make your home stand out. We stock mirrors, frames, lighting, shabby chic pieces, shelving, hooks, baby gifts, candles, stocking fillers, festive decorations, cushions, scrapwood wallpaper by Piet Hein Eek and lots more! Pop in and be inspired.

ChiChi, St Aubins, Tel : 491496 facebook.com/pages/ ChiChi-Home-Gifts twitter.com/ChiChiHomeGift

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Phone Doctor

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www.phonedoctor.je Monday to Friday 8.30am to 5.30pm Saturday 9am to 5pm



Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersev.

Harbour Gallery

Open 7 days a week 10.30am – 5.30pm Tel: 743044



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Paul LeVerdier **Professional Sports Therapist**

Paul has been one of Jerseys top Sports Therapists for over 20 years working with professional sports people, club athletes, the Jersey Island Games Team and people from all walks of life. He is part of the team at the Jersey Sports Medical Centre.

You can contact Paul on:

07700 748748 plvsportstherapy.com



In its 22nd year Bonita is one of the most beautiful salons on the Island.

Set in the picturesque grounds of Les Ormes Lodge and Leisure Club, Bonita is the perfect place to relax and be pampered. We have a wide range of hair and beauty services, and treatments on offer in our state of the art salon. We are stockists for L'Oreal, Wella, Paul Mitchell, TIGI Professional, Kerastraight Brazilian Blowdry and Aftercare, GHD Hairdriers and Straightners

Bonita Hair and Beauty Tel 720081 / www.bonitahairandbeauty.com Facebook: Bonita Hair and Beauty Instagram: Bonitahairandbeauty Email: enquiries@bonitahairandbeauty.com

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THE BEAUTY HOUSE	789000

Don't forget to tell them you saw them in Gallery! They may give you something extra...

Food for thought:



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The eighth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

Fancy winning a meal for two at a restaurant of your choice?

Just join our facebook page. www.facebook.com/appetitejersey

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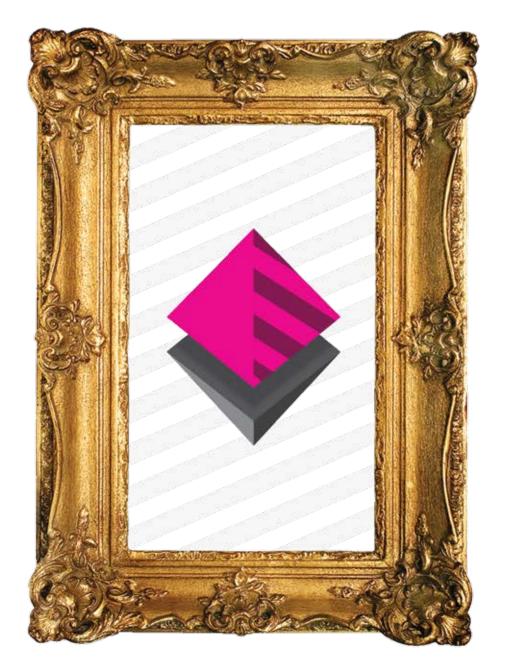


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THE GALLERY STUDENT ART AWARDS 2017 COMING SOON



gallery

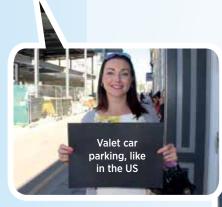


boardom

"If you add one thing to St Helier, what would it be?"



Cat Boyle, 34 Fitness Manager, HealthHaus



Yvette John, 39 Credit Manager



Matt Hill, 28 Financial Controller



Jo Baran, 31 Business Manager, Bobbi Brown



Carrie Atkinson, 35 Office Manager



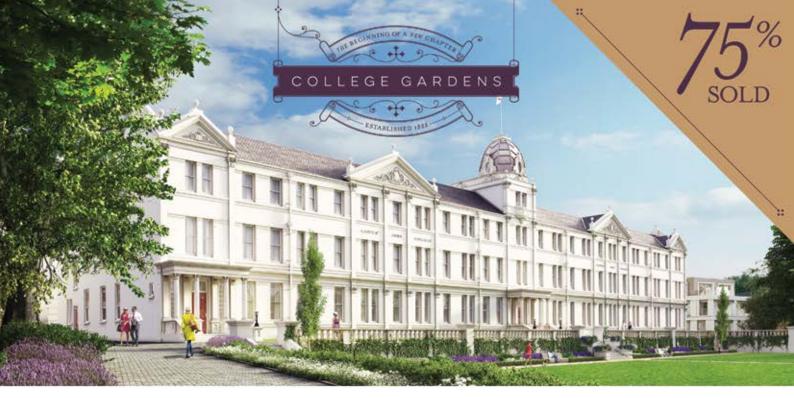
Clare Clarke, 39 Owner, Pebble



Michelle Parker, 34 Marketing Manager, Jersey Arts Centre



Nick Chinn, 39 Hettich Jewellers



A superior collection of luxurious new penthouses



With only a few of the most desirable properties still available at College Gardens, where do you see yourself? A striking duplex 3 bedroom, 3 bathroom penthouse, a sought after 2 bedroom home with wrap around terrace and views across St Helier, or a stunning garden apartment to call home?

High Specification; Silestone worksurfaces, Villeroy & Boch bathrooms and Schuller kitchens, so you can downsize in style or simply have the peace of mind of a secure 'lock up and leave' at an iconic development.

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Visit www.collegegardens.je and use the online calendar to book your appointment or call 721097/07797 756382 for more information.

> \sim Above - an artist's impression of a partment interiors and exteriors \sim

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