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131

the **GREAT OUTDOORS** *issue*

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[THE GREAT OUTDOORS]



TORI ORCHARD

Tori loves the countryside and the coast. Her favourite things to do outside are paddleboarding at a relaxing, slow pace, taking in the sounds and sights of the sea, and she loves to go for walks down the green lanes with a camera in hand. Definitely not afraid to get muddy, and most comfortable in wellies!



LAURA MOREL

Laura is on the ultimate quest for happiness. She explores this through juggling a job in finance, indulging a passion for writing through her blog and freelance gigs and being a wife and mother. When she's not tottering round the boardroom in high heels and power suits Laura can be found pounding the roads of Jersey, seeking inner peace through yoga or punching people in the boxing ring. Laura loves all things creative, especially a good story, and wants to make sure hers is one worth telling.

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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.



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Thanks to Abi and Laura for taking part in our Jersey Live photo shoot.

Abi Alison

Favourite Jersey Live moment:
Newton Faulkner 'To the Light' JL2014

Laura Cooper

Favourite Jersey Live moment:
The Cribs 'We Share The Same Skies' JL2013

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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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WATCH FEATURED SUBJECT TO STOCK AVAILABILITY



TUDOR

edito

Social media platforms are anything but these days. I know they're essentially free services and I don't *have* to use them but the enjoyment of doing so is somewhat marred by the dilution of the original concept, contrived to such an extent that it ceases to be enjoyable. Facebook feeds these days are promoted full of dubious news stories that someone has paid for you to 'socialise' with. We've all become accustomed to scrolling past the 'suggested post' and resisting the temptation to build a Shopify webstore in pursuit of something engaging from a friend.

Don't get me wrong, we're part of the problem rather than the solution as we use it at Gallery to tell readers about what we've got going on too. The trouble is, these days being a fan isn't enough. Unless you pay (the) facebook, you're only looking at 1% of your fans seeing a post anyway. Cut-through to your friends is getting harder for a user and cut-through to fans is harder for a business. Where's the poking and the excitement of tagging friends, rather than autotagging and involuntarily being tagged in nonsense posts?

Facebook is beginning to feel like a necessary evil. That's maybe why usership in developed countries is on the decline and many have turned to alternatives instead over the last few years. A great number of people turned to Instagram. It was creative, engaging and felt like an escape from facebook. You could follow people for creative imagery only and enjoy clean content. As Twitter faltered, everyone became aware of #nofilter and started building their photo based profiles without the weight of facebook. No wonder Zuckerberg took notice of it, swallowing Instagram, its rented servers and 12 employees up for \$1bn.

Once a creative solace for those with photographic tendencies to escape facebook dross and concentrate on the image, the little blue f'ing beast has got its claws into my preferred platform, with more and more commercial messages and 'inspirational' quotes in what used to be a predominantly visual space. This month our theme is 'the great outdoors' and following feeds such as #thevisualcollective or regional favourites such as #sharevancouverisland (for me), is exactly what I want to scroll through when I'm waiting for a meeting. Many consider the use of social media and digital devices as an alternative to *actually* getting out and doing things but I think they can also be a catalyst.

Whether you're plotting your 25 days a year of holiday escapism or simply your summer evenings trying to perpetuate Visit Jersey's amazing image of our island, Instagram can provide relevant visual escapism, following locations, reactive travel bloggers and instagrammers whose lives we'd wish to perpetuate. Not sponsored rubbish images of cleaners and their vans. It's just not right. I guess the solution is to actually get off my phone, go outside. Maybe I'll share those images. I'll put them on Instagram. Look out for them between the ads.

BD

#131

**THE GREAT
OUTDOORS**



COVER CREDITS

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Tess

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Charmel from
Plums, glasses by
Dior from Sunglass
Hut in de Gruchy

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CURRENT/ELLIOTT

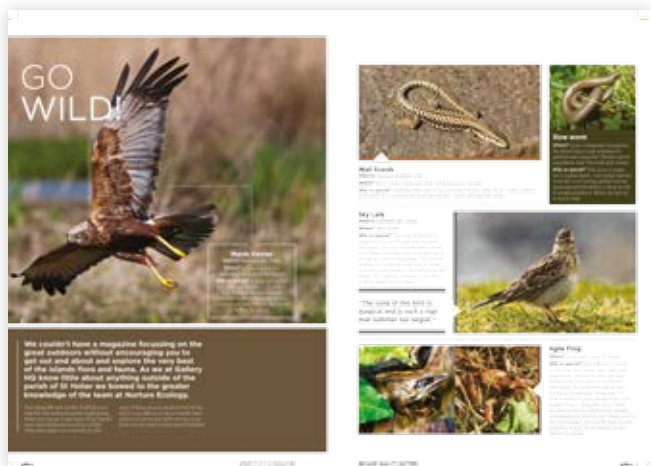
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PARIS

nicola miller

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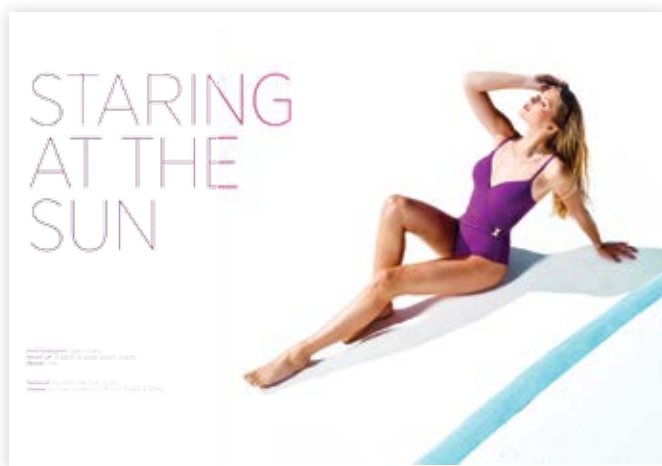
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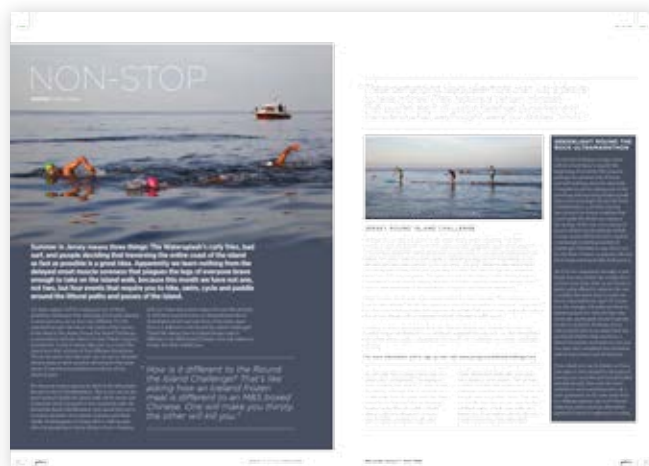
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ON THIS JULY... IN JERSEY



03.07.16

JERSEY OLD MOTOR CLUB GOLDEN ANNIVERSARY MANOR RUN

PEOPLE'S PARK // 9-10 AM

In early July, the Jersey Old Motor Club will be hosting their 50th anniversary event, where there will be over 100 cars predating 1951 on display for the public to view. So head along and get up close and personal with these stunning vehicles. At 10am, catch the main event as the cars set off on their 'Manor grounds & old houses' run.



16.07.16

JERSEY BEACH RUGBY

ST BRELADE'S BAY // FREE

I have to assume that most people reading this have been to the St Peters Rugby pitch to see Jersey RFC play at least once. Well this month you can witness beach rugby, the fast, enthralling version of the 15-a-side game being played on sand. Open to Men's and Ladies teams, it is a high intensity, full contact Rugby Union bonanza played with teams of a maximum of 10 players. Is it Championship level? No. Are we Championship level? Eh...let's give it a few months

09.07.16

GALLERY DODGEBALL TOURNAMENT

LES ORMES // FREE TO WATCH £150
FOR TEAMS TO ENTER // 3-9PM

Following a the roaring success of last years tournament we have once again teamed up with the BHF Jersey Branch to host Jersey's Ultimate Dodgeball Tournament. This is an amazing afternoon out, whether you want to come up to support, or if you are looking to get involved then head to our facebook page to enter your team. Don't forget "If you can dodge a car, you can dodge a ball..."

10.07.16

2016 JERSEY TRIATHLON

BEGINNING AT THE RADISSON
BLU // £45-68 // 11AM

The Jersey Triathlon is the most southerly triathlon of the British Isles and is one of the most exciting, challenging and picturesque courses in Britain. In 2016 the Jersey Triathlon will continue to follow the course that was used for the Island Games event in June 2015, which was enough to make even the spectators feel dehydrated and a bit fatigued.

14.07.16

BOULEY BAY HILLCLIMB

BOULEY BAY, TRINITY // FREE
ENTRY // 10AM

Hillclimbs are a celebration of the island's culture of fine and vintage motorsport. Undoubtedly the biggest of the hillclimb events is the day at Bouley Bay, where spectators and competitors alike can get close to the action as the bikes, cars and karts take on the high speed challenge of the rapid ascent. A must see for motorsports fans and families alike If you know.

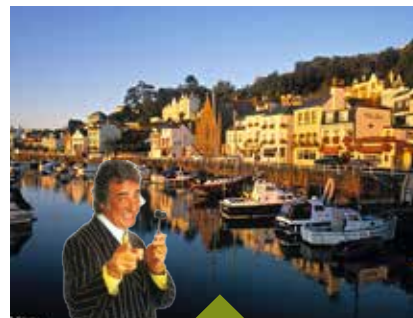
16.07.16

BIG GIG IN THE PARK

HOWARD DAVIS PARK // £28-95

// FROM 3PM

Big Gig in the Park is the second event of The Big Weekend in Jersey this summer. A family focused, community spirited event that brings world class acts to the island of Jersey for a weekend of music and outright fun. For 2016 Jess Glynne, Fleur East, Ben Haenow and Reggie'n'Bollie have been confirmed. Don't recognise any of those names? Don't worry, just go see Reggie'n'Bollie. Worth every penny



16.07.16

ST AUBIN VINTAGE FAIR

ST AUBIN HARBOUR // 9-5PM

Come down to the St Aubin Vintage Fair, into a world where you never know what you might find. There will be a selection of vintage and antique items that you can get your hands on, so if nostalgia is your thing I'm sure you can find your children a pack of Pokemon cards or some Sylvanians in amongst the vases and vintage tea sets. Oh Jersey, we admire your inability to let go of the past.

16-17.07.16

FETE DE ST HELIER

ST HELIER // 10-8PM

For the fourth year running, the town centre will be more vibrant, fun, and probably ham-packed than ever as it is hosting a full weekend of stalls and entertainment as part of a week of events around St. Helier Day. This year's Fete de St Helier, will be bigger and brighter with the help and support of local traders coming together to provide a top event filled with all things Jersey.

15.07.16

SURE LEGENDS IN THE PARK

HOWARD DAVIS PARK // £50-150 // FROM 4PM

After the success of last year's 'Legend in the Park', prepare for another iteration of the only event in Jersey that brings you the opportunity to see the bands and musicians that survived the heady heights of 60s and 70s fame. 2016 will be another year to remember, with The Human League, Billy Ocean, Marc Almond, Odyssey and One Night of Queen performing.



24.07.16

JERSEY HORSE RACING DERBY

GROSNEZ, LES LANDES RACECOURSE // 2.30PM // £10

Come and watch the action at the picturesque coastal area of Grosnez in the north-west corner of the island. You can enjoy the most beautiful uninterrupted views over the historic ruins of Grosnez Castle, and bask in the sunshine that is sure to make this a day of champagne-popping, hat-losing and raucous bet-making fun. You can also watch some horses run very fast.



24.07.16

JAYF OPEN GARDEN

SION HALL FARM, ST SAVIOUR // 2-5PM // CHILDREN FREE, ADULTS £3

Take this opportunity to come and visit this beautiful private garden that is rarely open to the public. Although the land surrounding the property has been in the family since 1921, the present garden has only been in existence since 1977. Two spring fed ponds have been dug and over 200 trees planted in the valley. Cream teas will be served, of course and there are no dogs allowed.

31.07.16

PAUL BURLING COMEDY SHOW

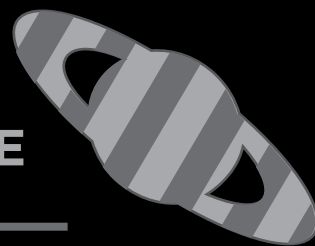
THE MERTON HOTEL // 9.30-12AM // £29.50 DINNER AND SHOW, £14.75 CHILDREN

Britain's Got Talent has a penchant for producing inimitable talent. Lest we forget the likes of Paul Potts and Collabro! One truly unforgettable star of the show was Paul Burling, who came to fame after his impressions caught the eyes and ears of not just the judges, but the whole country in 2010. Following on from his (relative) success on the show, ITV1 aired the Paul Burling Show. Haven't heard of it? Don't worry, people didn't know Game of Thrones was really a big thing until about four years ago. Its time is coming. The star of this rising phenomenon is coming to Jersey in July to shock and wow audiences with his ability not be himself, and is playing at the Merton Hotel for a mainly adult audience.



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07-10 JULY 2016

T IN THE PARK

PERTSHIRE, SCOTLAND

Since 1994, Scotland has been well known on the island for about three things: Tennents, taxis and T in the Park. The country's major festival, named after its main sponsor the brewing company Tennents, has been a staple of the festival tour for everyone that wishes to graduate slowly from the likes of V to Glastonbury. For once, Scotland provides a middle ground. This year, the festival has Red Hot Chili Peppers, James Bay, WSTRN, Alessia Cara, Disclosure and many more artists for you to enjoy.

WWW.TINTHEPARK.COM

8-10 JULY 2016

WIRELESS MUSIC FESTIVAL

HARRINGAY, ENGLAND

Wireless Festival is a one of the pillars of the English festival season. Every year, London is packed with the unwashed masses as around 65,000 converge upon Finsbury Park for the Live Nation-owned event. This year's line up consists of Chase & Status, Calvin Harris, Boy Better Know, KYGO, Jess Glynne, Natalie La Rose, Kyla and many more talented artists.

WWW.WIRELESSFESTIVAL.CO.UK

13 JULY 2016

CAMEL CUP

ALICE SPRINGS, AUSTRALIA

In Australia's sparsely populated Northern Territory, in a small town called Alice Springs, lies the scene for an event so abnormal that it seems like a Disney creation. We've all seen horse racing, but how many of us can say that we've witnessed men race on camels? Well that's what you see here at the Camel Cup, as well as a plethora of other events like belly dancing, music and rickshaw rallies.

WWW.CAMELCUP.COM.AU

15-17 JULY 2016

ULTRA FESTIVAL

SPLIT, CROATIA

We all know Ultra Europe is one of the biggest EDM and house music festivals in the world. Huge names, mind-blowing visuals and more side-parties than you can imagine combine for a perfect dance music retreat on Croatia's stunning Adriatic coast.

WWW.ULTRAMUSICFESTIVAL.COM

22-24 JULY 2016

TOMORROWLAND FESTIVAL

BOOM, BELGIUM

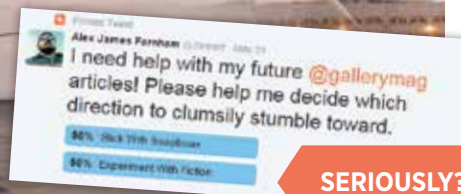
Consistently rewriting the rules of what makes the perfect electronic music festival, Tomorrowland is the ultimate experience of extravagant stages with an equally decadent lineup unmatched by other electronic and dance events. Globally celebrated DJs, producers and artists take over Boom in Belgium on 15 marvellous stages of magic, with past decorations ranging from active volcanoes to explosive butterflies. All flavours of electronic music are to be tasted, all the way from techno to minimal, and the festival site design feels like you have stepped into another world of endless possibilities. Selling out almost instantly every year, Boom welcomes thousands of dedicated electronic music fans as they journey from all corners of the world.

WWW.TOMORROWLAND.COM



farewell SOAPBOX

WORDS Alex Farnham



Honestly guys, what's this all about? I ask you guys to help me make a decision and I end up in exactly the same position I was to begin with! I guess that just sums up life in general – we start off in a state of non-existence, muck about for a bit, then go right back to being nothing again. A practical pessimist would argue that we may as well cut out the middle man and call the whole thing off.

Anyway, before I get into any more half-arsed existentialism, I'd like to say that I think I've made a decision on what to do – but before I tell you what it is I want to talk about a few things. Firstly, I really don't see the point of decaf tea – I'd understand if it actually tasted like tea – but all you're getting is a bad cup of tea with no caffeine, and if you're that set on not having a bit of caffeine why wouldn't you just have a herbal tea? It just doesn't make sense to me.

Secondly, the last few months have been quite cathartic for me – without getting too personal, something happened this year that led the whole family to get together to commemorate and celebrate. It was probably the most moving thing I've ever experienced, and really gave me a deeper understanding of the importance of family. Those of you who know me will understand what family means to me anyway, but for reasons that I'm happy to keep to myself, this particular trip drove me to the realisation that I'm impossibly lucky. The reason I relate this back to my own sense of catharsis, apart from the fact that I'm human and literally everyone does it, is because I've really started to notice how quickly life tends to go as you get older. I know I'm only 26, but just yesterday I was graduating from university, the day before I was failing my A-Levels, and last week 16 year old me fell off a moped and cut his arm open. Now, as I write this, I'm 6 months into a 40 year mortgage and days away from attending a management course for work.

It's crazy, and I know it's a little selfish to go on about myself, but I don't think it's unreasonable to say that my life is more important than yours... ok, maybe that's a terrible thing to say, but I mean internally, we matter to ourselves more than others do. We've all had that conversation with old Margaret down the shop about how she's been working late shifts all week and is

absolutely shattered – and we've all made the appropriate gestures and sympathetic sighs at the right moments. However look me in the eye and tell me you haven't wanted to scream 'SHUT THE **** UP MARGARET!' If you say you haven't ever thought that, you're a liar.

“Taking a sabbatical from one hour's work per month is a bit like saying you work out at the gym, when all you do is sit in the changing rooms doing arithmetic”

These articles have always been a platform for me to fuel my ego, and exercise my love of your bog-standard self-deprecation. I've even made fun of myself for constant overuse of the theme... in fact, I challenge you to find the last article in which I DIDN'T use the phrase 'self-deprecation' – but you've probably got something better to do, like go to the shop and finally tell Margaret to stop moaning and jog on. Anyway, like it or not, I've always relied on the fact that I'm bald, unfit, not funny etc... but, in reality I don't think I'm that bad. Since I've started writing for Gallery, I've always received lovely comments/compliments from readers about how they enjoy my writing – which means a hell of a lot to me. Jokes aside, writing is literally one of the only things I'm good at (I'm also a self-taught juggler - if you want to know when I learned, refer back to the part about failing my A Levels and put the pieces together). Seriously though, if you

are reading this I'm genuinely touched, thank you. It feels sort of like making a cake for a bunch of people, then having them say they can't wait until I make the next one. Only instead of food poisoning (I can't bake) I'm giving you something to smile about – whether it's at how much this makes you cringe, or because you actually enjoy hearing about my life – I'm inclined to believe it's the latter, but that's because I'm a secret egomaniac with delusions of grandeur and the belief that my life is more important than yours.

So, with that in mind, I've decided to take a little holiday... I guess you could call it a sabbatical, but then again that might be pushing it a bit – taking a sabbatical from one hour's work per month is a bit like saying you work out at the gym, when all you do is sit in the changing rooms doing arithmetic. As you'll know from my last piece, I was unsure about where to go with this, and I'll be completely honest with you, even if the votes on the poll were in favour of changing to something more fictional, I'd not really know where to go – all I had was a loose idea, and if you're interested to know what it was, it was literally just that it would all take place on a train. Seriously, that's it – I guess I was just hoping inspiration would menstruate from my brain on a monthly basis. Yeah. Menstruate. I think that's a suitably inappropriate sentiment to finish on.

So, again, thanks for reading – if the orchestrators of what I genuinely believe is the best local magazine I've ever read (#keepafootinthedoor) will have me back, I'd love to return – but for now, I think I need to take a break and put into practice something I learned when I first started writing: 'Draw from your own experiences, and write what you know' – which, as it stands, is not very much!



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NEWS IN NUMBERS

1.315

kilogram bucket of Jersey Royals secures St Christopher's primary school first place in this year's Genuine Jersey Potato Growing Competition

134

average number of bottles of wine consumed per islander annually

1

snake rescued by States Fire & Rescue Service amongst nearly 100 animal-related calls since 2013

2

percent increase in average property prices locally this year

7

tonne 'Crane 13' at Jersey Harbour must stay despite being outdated and unsafe, according to Planning Department

10,000

pound cannabis seizure leads to conviction for Essex men

300,000,000

dollars worth of funds believed to have been stolen from the Nigerian government and laundered through the US frozen pending ongoing court case

THE GREAT OUTDOORS WORDS TAYLOR JONES



WAKE UP, SHEEPLE!

Seeing stray farm animals on the road is something of a right of passage for us Jersey-folk. It seems that it's more surprising to see cyclists holding up traffic on country lanes than a rogue cow imbued with the spirit of Andy Dufresne, and yet whilst our complacent attitude towards those creatures that so desperately break for freedom means that these sightings have become the norm, we must spare a thought for the people of Huesca, Spain, who are probably not so accustomed to the interruption of traffic by our quadrupedal brethren. Especially at 4:30am.

In this small North-Western town, roughly 1,300 sheep were let loose on the streets when their sole shepherd fell asleep on the job, which seems to somewhat call into question the efficacy of the country's policy on napping at lunchtime. The police were called by numerous residents, who were woken by the hooves and bells of the sheep, but this meeting in the early hours, as well as being hilarious, proved that there is power in numbers. The police and the shepherd had to work together for hours in order to get these sheep off the road, a sign for all revolutionaries that there is power in the proletariat. As long as they only want to annoy drivers on the school run.

WHEN MIGRATION IS TOO 'DAM' MAINSTREAM

Civilisations are built in so many ways. Machiavelli's *The Prince* demonstrated all the ways in which empires are taken and built, and the study of archaeology and anthropology can reveal details of how man itself came to inhabit the land. However, nowhere in the texts of either of these studies will ever describe how a small group of beavers came to inhabit an area of Idaho backcountry. Footage discovered back in 2014 has shown that these little guys and girls got to their new environment in a way that no other animals can claim they've experienced, either because of cruelty laws or just because of how stupendously absurd it is. These furry adventurers were brought to Idaho in crates. Unsurprising, I know, but when you learn that these crates were dropped from a plane with parachutes attached the story becomes a little more interesting.



That's right. In 1950, the film "Fur for the Future" covered the state's attempt to control beaver over-population by transferring a number of the animals to a new river by airdropping them. Thankfully, none of the beavers were harmed, however it appears that this method of relocation has stopped now. There was so much potential...



THESE MINIONS ARE FULL OF S***!

The great outdoors isn't all that people make it out to be. Yes, it provides us with the freedom to roam and with opportunities to learn about ourselves and the world around us through observation and self-reflection. However, beauty and majesty aside, nature has its flaws. Every cute and cuddly animal that seems intent on distracting people from the true darkness of the internet is contrasted by a truly terrifying beast that has no other goal than eating the flesh of the innocent, and the mountains that make your computer backgrounds so ethereal are actually deathtraps that destroy families. So, where does one turn to find solace from the danger of the outdoors? Television, of course!

The Best Names from The Great Outdoors

1. Batman:

There are actually several places named after the Caped Crusader around the world, however here we are focusing on a small city in Turkey. In this city, the former mayor channeled the spirit of the Dark Knight himself by trying to bring justice by taking legal action against Christopher Nolan and Warner Bros. for using the name in their films.

2. Goodenough Island:

This island kind of lives up to its name. There's nothing particularly special to report about it, apart from the fact that it is one of the most precipitous islands in the world. It is one of the D'Entrecasteaux Islands, which lie off the south east of New Guinea. Apart from that I really cannot find anything that makes it any more than...good enough

3. Killmacow:

This small village in the south of Ireland is apparently named after a cardinal sin in Jersey. With a population of only 627, and a name that sounds like an angry northerner shouting at an overzealous youth, this village screams "Hot Fuzz", but it still deserves a place in this list.

4. Long Dick Creek:

Thanks Iowa, for doing my job for me.

5. Taylor's Mistake: I always thought my mistake was choosing a Humanities degree, but apparently it was crashing a ship in a dock off New Zealand. Who knew?

pet
OF THE
month



Catia Afonso

Breed: Human

Age: 29+1

Likes: Socialising, drinking, eating and spending time with Icy.

Hates: Getting up early
...and being skint before payday.

If I was an animal I would be: A panda (they are super cute and all they do is eat, sleep and goof around).

Wants: I would love to open my very own boutique.

Interesting facts: I am great at finding bargains, anything that costs £50 or more... I can find it for less

Most impressive thing you've ever done: I learned to speak English within three months of living in Jersey... it's still not perfect but I spoke absolutely 'nada' when I moved here! *(She also makes awesome coffee at Cafe JAC and keeps us sane during deadlines here at Gallery HQ - Ed)*

Icy MJ A.

Breed: Staffie

Age: 1 year and 2 months

Likes: To run around off my lead and eat (anything). Oh and playing with Cao, my Frenchie cousin.

Hates: Being woken up early. Unless it's to be taken out or to be fed, of course!

If human I would be: Kate Middleton, because she is a gorgeous princess, just like me!

Wants: To be fed all the time!

Interesting facts: One of my eyes looks like it has eyeliner on.

Most impressive thing you've ever done: Everything I do is impressive and amazing.

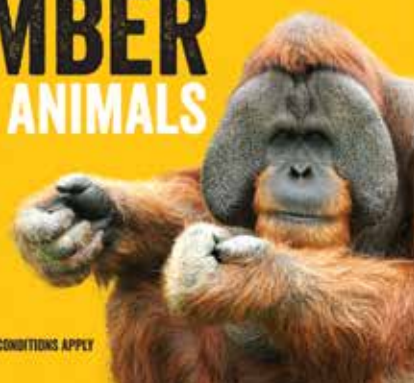
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#getoliviahome The Sea Turtle Appeal

WORDS Courtney Huisman-Farmer (*Littlefeet Environmental*)
PHOTOS Steve Byrne, GSPCA & Littlefeet Environmental

Just a few months ago in Jersey, we were ringing in the New Year that brought us 2016 – however, the stormy, winter weather brought us something a little different from the sea. In early January, an emaciated juvenile loggerhead sea turtle washed ashore on Jersey's south coast that would later become known as 'Terri the Turtle.'

She was immediately rushed into the care of New Era Veterinary Clinic who created a makeshift rehabilitation facility over night with the help of the Fresh Fish Company and Ransoms Garden Centre, who provided the tank and heating equipment to facilitate her on-going care. Volunteers from around the island were also at Terri's side, providing around the clock care and surveillance to ensure she was making progress.

After a few short weeks in Jersey, Terri was healthy enough to travel and was flown directly to the marine turtle rehabilitation facility called 'Centro de Recuperacion de Fauna Sylvestre' in Taliarte, Gran Canaria. She was given the best care over the few weeks she was in their facility and was eventually released on March 18th, cheered on by a swarm of curious locals and tourists in Gran Canaria who came out to see her venture back to the sea. Local Jersey charity, Littlefeet Environmental, were present for her release and even kitted Terri out with a satellite transmitter so that everyone could follow her movements after her release.

However, we have another mission ahead of ourselves in the Channel Islands. Shortly after Terri's stranding, another juvenile loggerhead turtle washed ashore on the coast of Guernsey. Olivia, as she has come to be known, has been in the care of GSPCA vets for nearly 4 months now. She has come on leaps and bounds and she too will soon be ready to follow in Terri's footsteps and be flown to Gran Canaria for further treatment and eventual release.

Here is where you come in – Littlefeet Environmental staff and the GSPCA are appealing to the Channel Island community to come together once more to raise a little pocket change for this magnificent species that has been traversing our oceans for millions of years. We need to raise £10,000 to fly Olivia to Gran Canaria and continue her care before her eventual release – one fifth of this target has already been met, but we are still shy of our goal. The humility and commitment given to Terri throughout her stay in Jersey was overwhelming and we think that Olivia deserves the same. Help **#getoliviahome** so we can give this species, who has the odds stacked against them, a fighting chance.

Donate at JUSTGIVING.COM – Help Olivia the loggerhead turtle at the GSPCA fly from Guernsey to Gran Canaria.

Tiger Moths

WORDS Deirdre Shirreffs



Did you know we have tigers in Jersey - and bears too? They are tiger moths and their caterpillars which are known as woolly bears. Tiger moths are large and spectacular with wingspans of up to 70mm.

Their forewings have a brown and cream spotted pattern to camouflage the moths, but when they are disturbed they display their bright orange hind wings to scare off any potential predators. Several species live in Jersey, including the island's own species, the Jersey Tiger Moth, which is found in the Channel Islands and southern England. The first was recorded in London in 2010, and it is quite common there now, even in the city centre. It differs from other tiger moths as its forewings are striped rather than spotted and the hindwings are red rather than orange. It is really a moth from Southern Europe and the Mediterranean, and many are found in the famous Red Butterfly Valley in Rhodes - the 'red butterflies' are actually Jersey Tigers!

The Jersey Tiger flies during the day unlike most moths and likes to feed on the nectar of thistles and Buddleia flowers. You are most likely to see it from mid-July till early September. The eggs hatch in August into the woolly bear caterpillars. They are covered in tufts of long brown hairs which deter would-be predators. The hairs are also irritating so do not touch them! Nettles, brambles and ground ivy are their favourite food plants. They hibernate in winter when still small and continue feeding the next year before changing into the adult moths.

The adults are particularly beautiful when they first emerge as their colours are brighter. As well as flashing their bright red hindwings to warn predators that they taste bad, they can also release a poisonous yellow liquid from behind their head. Scientists have found that some species of night-flying tiger moths make ultrasonic clicking sounds to warn bats that they taste bad. One species is even able to 'jam' the echolocation of the bats to prevent the bats catching them.

GO WILD!



Marsh Harrier

PHOTO Romano de Costa

Where? St Ouens pond, but spreading throughout the Island

Why so special? A large raptor that you often see hunting in St Ouens' Bay. This species only started breeding in Jersey in 2000, but now a population of approx. 30 pairs exist across the island.

We couldn't have a magazine focussing on the great outdoors without encouraging you to get out and about and explore the very best of the islands flora and fauna. As we at Gallery HQ know little about anything outside of the parish of St Helier we bowed to the greater knowledge of the team at Nurture Ecology.

Paul Wagstaffe and Jordan Todd have put together this awesome guide, highlighting where you can go to see some of the island's most impressive and rare local wildlife. They have asked us to remind you that

most of these species are protected by law, and it is an offence to trap or handle them without a licence, but we'd love you to go forth and try to find them in their natural habitats.



Wall lizards

Where? Mont Orgeil Castle and other fortifications in the east

Why so special? Generally restricted to old fortifications and castle walls. There is even a population at St Aubins Fort, although we don't know how they got there!



Slow worm

Where? Quite widespread throughout the island from rough grassland to gardens and composts. There's a good population near Grouville golf course.

Why so special? This is not a snake but a legless lizard – and categorised as such due to its having eyelids and ear openings and the ability to drop its tail to escape predators. Males can get up to 40cm long!

Sky Lark

PHOTO Romano de Costa

Where? Sand dunes

Why so special? The song of this bird is magical and is such a sign that summer has begun. You can normally hear it down at Le Braye, from the males singing high in the sky as a territorial display. This ground nesting bird is dangerously rare in Jersey now, and is why areas of the sand dunes are fenced off in spring / summer in an effort to allow these birds to breed.



“The song of this bird is magical and is such a sign that summer has begun.”



Agile Frog

Where? South west corner of Jersey.

Why so special? Very different to toads in that they 'hop' rather than crawl, and have bands / stripes on their rear legs. Jersey is the only place in the British Isles where this amphibian exists, and is right at its northern range here. Our local population came dangerously close to extinction 15 years ago, but a highly successful captive breeding and release programme run between the Department of the Environment and Durrell have bought numbers up and the population is now starting to spread



Grass snake

Where? Mainly at the west and south-west corner of the island, especially near wetlands and ponds.

Why so special? This is our rarest reptile and in danger of local extinction. The grass snake is Jersey's only species of snake and is totally non-aggressive and is not venomous. It preys mainly on amphibians, and is apparently able to stay submerged underwater for up to half an hour!



Crapaud

(European Common toad)

Where? Throughout the island but higher populations in the west, especially places like Les Landes SSI.

Why so special? 'Armies' of huge numbers of this species used to be present across the island on damp nights during the breeding season looking for mates, and is why Jersians are affectionately known as 'crapauds'. Numbers have declined hugely in the last 30 years, and garden ponds are highly important for the survival of this species locally.



Thrift

Where? Coastal species – prolific in areas of St Ouen's Bay.

Why so special? Some years, like this year, St Ouen's Bay can become a sea of pink along either side of the 5-mile road and coastal grassland. Common Thrift flowers first in May, and Jersey Thrift in late July and August, giving a nice pink hue to the bay all summer long.

Jersey Orchid

(or Loose-flowered orchid)

Where? Le Noir Pre, St Ouen (beautiful meadow managed by the National Trust).

Why so special? This is a plant that is often found in wet meadows in Jersey and Guernsey, but is not found anywhere else in the British Isles. Le Noir Pre in St Ouen is a fantastic place to see a profusion of these flowers in spring, as well as lots of other wildlife.





Re-wild your Kids this summer!

www.nurtureecology.com



Beautiful demoiselle

PHOTO Tim Liddiard, *Department of the Environment*

Where? Inland streams and wetlands. St Peter's Valley and wet meadows such as Petit Pre are hotspots

Why so special? Because they are truly beautiful! The male of this damselfly has dark blue wings and a stunning metallic blue-green body, and can be seen resting on stream-side vegetation in the summer months waiting for a female to dazzle!

Green lizards

Where? – La Pulente headland, Corbiere and the sand dunes are real hot spots for this species. Mainly restricted to coastal areas

Why so special? Jersey is the only place in the British Isles where this species naturally occurs. Males have bright blue throats during the breeding season to attract a mate, and females lay clutches of eggs in loose sand or vegetation.



JERSEY'S NATIONAL PARK

Jersey National Park was launched to the public in May this year. The initial concept of defining an area of protected parkland was endorsed by the States of Jersey in 2011, following two years of public meetings and consultations. The park extends over an area of approximately 30 miles (48km) of Jersey's coastline, Les Ecréhous, Les Minquiers and Pierres De Lecq or Paternosters.

Jersey National Park has been established to provide residents and visitors with a unique opportunity to enjoy, preserve and take pride in our coastal environment, which is steeped in history, rich in agricultural and natural diversity and bustling with activities that appeal to every interest and age group.

The park currently encompasses some 1,900 hectares of fully protected coastline where people live, work and play. It is admired and enjoyed for its natural beauty, cultural heritage, charitable opportunities and environmental diversity of wildlife species. Additionally, its wide open spaces provide and promote true 'spiritual wellbeing' and countless moments of priceless inspiration for people of any age, ability or interest.

You may, perhaps, wish to become a 'Friend of the National Park' and by so doing, become more closely involved in events and in the evolving development of the park itself. In addition to receiving periodic e-newsletters, you may also wish to add your thoughts and offer contributions by way of comment and National Park photographs.

www.jerseynationalpark.com



A guide to camping for outdoors virgins

WORDS Grant Runyon

ILLUSTRATION Jacques Le Breton



The citizens of foreign nations often accuse the British of being pessimists. To the fiery Mediterraneans or uninhibited North Americans we are written off as the emotionally-stunted denizens of a culture so depressing that watching Eastenders or listening to Morrissey records is seen as something that would cheer you up.

I won't deny there's some truth in the idea that cold tea runs through our veins, but I also think that this view of Britain neglects an area of life where we are surprisingly, unfailingly optimistic. That area is not love, art, or the pursuit of world peace - but the continued popularity of camping as a leisure activity. Given that we live in a part of the world where summer often just means warmer rain, we really, really love to sleep in tents. You could set up a campsite in the burning sulphurous clouds of Venus, and British people would stick it out as long as there was somewhere to buy beer and the opportunity to char-grill a packet of bangers.

For most people the gateway drug to camping is either a cheap family holiday or a music festival. Both involve similar levels of grassy discomfort and baked bean consumption, but have very different rules about what you can do with a Tizer bottle full of urine - even if you do happen to bump into them at a family campsite it's bad form to throw it at the Red Hot Chili Peppers when your nan is sat in a deckchair reading TV Quick. You can learn an awful lot about a British person by observing their toilet habits when there's a line for the portaloos, and I would argue that the decline of our civilisation can be charted by our decreasing willingness to politely stand in line until our bladders burst.

Just pitch a tent and, regardless of what you do with your wee, a great time will be had. I merely want to share my love of dewy flysheets with any camping virgins out there. Maybe you haven't camped because your family is from St Ouen and doesn't understand why anybody would voluntarily go back to sleeping on a pile of soil, but believe me you don't know what you're missing. For those about to camp, we salute you.

#1: First, think of a good place to pitch your tent

Sounds obvious, but your wild sleeping experience isn't going to get off to the best start if you decide to set up camp behind the portaloos at a festival, in a field full of mad cows or in a bit of countryside exposed to random inbreds and tractor-driving serial killers. The last one is obviously a joke - because every bit of the countryside is exposed to those things. You aren't booking a five star hotel, but you do need to

find somewhere that offers soft grass and a relaxing environment, but isn't so far away from civilisation that you get caught short and have to spend four days eating grubs and wiping your bum with a damp leaf. Unless that's your aim, Mr Grylls.

#2: Make sure you've packed the things you need

Subject to your preference for surviving on earthworms, you'll need to remember that Amazon doesn't deliver to a muddy field in Wales, even if SlipKnot are playing there that weekend. You'll have to take all the essentials - beer, vodka, Jaffa Cakes, insulin - as well as a high-tech sleeping bag to stay warm and incubate some terrible baked bean farts. It's also a good idea to triple check you packed all the bits for your tent, as there's nothing like getting back from a drunken ramble to find that your decision to skimp on pegs has resulted in your temporary home being blown into a bubbling reservoir of goat slurry.

Jaffa Cakes might be a deal-breaker, but you must resist the urge to bring everything from your house. You're supposed to be experiencing nature, so if you catch yourself trying to pack your Xbox then you might as well save petrol by spending the weekend sleeping in your garden and eating Iceland ready meals with a spork.

#3: Leave all non-essentials behind

Jaffa Cakes might be a deal-breaker, but you must resist the urge to bring everything from your house. You're supposed to be experiencing nature, so if you catch yourself trying to pack your Xbox then you might as well save petrol by spending the weekend sleeping in your garden and eating Iceland ready meals with a spork. It's okay to bring your phone, to record pictures of your fellow campers picking river leeches off their bums and being dive-bombed by angry crows, but a general rule is if you can get 3G in your camping spot you're probably going

to get your shoes stolen by cider drinkers whilst you're asleep.

#4: Accept that your entertainment options are quite limited

Much of the countryside doesn't even offer access to Netflix if you have a house, let alone if your (temporary) home is a sodden tent. The only entertainment you will have is provided by nature itself or the other people you've brought with you. The traditional British way to address the frightening reality of time spent in the countryside is to cycle through a series of bland conversations about how much it is raining, how green the fields are and how very, very nice it is to be outside away from TV and the internet. Say it enough times and you'll be convinced. You can also play travel Scrabble, but be wary of the number of campsite stabbings that occur because nobody can agree on legal two letter words involving the letter J.

#5: Embrace the great outdoors

Some people think that British people love camping so much because it eventually finishes, and then we get a couple of weeks feeling smug that we're lucky enough to live somewhere that has a proper mattress and ventilation to let methane out. I prefer to think it's because camping lets us embrace a primal connection to our ancestral landscape, so ensure you don't return to civilisation without first seizing the opportunity to remove your clothes, smear your body in mud and sensually rub yourself against some trees. This is still appropriate (encouraged even) if camping at the Glastonbury Festival or anywhere where more than 10% of tents are teepees or yurts. However, don't get carried away and try to embrace a primal connection to any animals. Even if you aren't somewhere that has bears or mountain lions, even bumble bees, otters and cuddly sheep will happily destroy the hated human interloper if they get half a chance. Rural types are also quite picky about who gets to embrace a primal connection to their animals, so ask permission first and be prepared to wait in line if it's a Friday.



HANDS ON

It's 4:59pm on a drab Tuesday afternoon. You watch the clock, willing the second hand to move past the almost mockingly large one painted in a font that seems designed only to crush the will of any brave enough to dream of an end to the working day. On the screen in front of you lies a spreadsheet expertly created to count the profit and loss of a company that you've never heard of and will never be in contact with beyond your Outlook inbox.

WORDS Taylor Jones
PHOTOGRAPHS Rod Bryans



You've spent the last eight hours of your day crawling through a list of menial tasks that, deep down in your mind, you know that either a robot or a monkey could have performed. Those are eight hours you'll never get back, and will probably never look back on again. The only comfort comes in knowing that tomorrow, it can't get any worse, but it probably won't get any better. Monotony defines the life of the average worker, and on an island whose financial and legal services contributed 40.5% of the total GVA in 2010, the office worker is the norm. But what does this have to do with The Great Outdoors, I hear you ask? Well, like the great Edgar Allan Poe himself, there are those who deep into the darkness peer, stand, wonder and fear, dreaming dreams no mortal ever dared to dream before. There are those who give hope to the ones who are imprisoned by their cubicle walls each day, and cast light upon the shadow of the 3 pillars of the Microsoft Office penitentiary. These brave souls are the outdoor workers. The ones who fear nothing but a life sat in a swivel chair with phenomenal back support, using an ergonomic keyboard.

This month, we've gathered together a small group of islanders who have said a resounding "no!" when faced with the prospect of living a life indoors, and instead have decided to make their passion for the world outside our windows their profession. That same dread that the rest of us feel when we are woken by the jackhammer-esque wail of the alarm is a feeling foreign to this lot, who have traded in the countdown to the lunch hour for the countdown to the next morning, and are out and about from the early hours until the golden hour itself working hard so that we can go out after work and post instagram selfies with captions like "my island is better than yours" (despite the fact all your instagram followers are from Jersey as well, think these things through, fools).

"These brave souls are the outdoor workers. The ones who fear nothing but a life sat in a swivel chair with phenomenal back support, using an ergonomic keyboard"

Maddie Rusman is one of the mammal keepers at Durrell, and I was lucky enough to go and interview her in her natural habitat, which coincidentally happens to be the natural habitat of a family of bears. The tireless work of Durrell itself, with their Durrell Academy, constant school visits, educational material and conservation trips to countries and jungles that can only be pronounced by clicking your tongue, is embodied in each and every one of the workers in the zoo itself, with an immense pride and humility apparent from the moment you walk through the doors.

Aaron Le Couteur, now of www.jersey.com fame after his appearance in a promotional video on the new website, also works with animals, but on a slightly different scale. Aaron is running the natural grazing programme on the north coast, where he herds a flock of sheep around the picturesque coastline as they tend to the land whilst adding a diversity to the view that was, quite frankly, getting a bit drab what with all the turbulent and bewitching crashing of the water on the cliffs and the bountiful and fascinating flora. Aaron is a key member of the National Trust team who are building towards a sustainable Jersey,

and this grazing programme is a hoofed step towards that dream. Also, who doesn't want a load of sheep wandering around the north coast?

Finally, we have Derek Hairon, the owner and one of the guides of both Jersey Kayak Adventures and Jersey Walking Adventures. As well as his superb work both on land and at sea with a mix of tourists and locals, Derek has put Jersey on the map with his writing in a number of sea kayaking magazines, as well as his own book *The Channel Island Sea Kayaking Guidebook*. A born adventurer and a man who was only meant to be held back shifting oceans, not shifting markets watched from behind a desk, Derek has cycled, walked, paddled and, given the man's ambition probably glided, around most of Europe and other parts of the world, but his heart is truly in Jersey, and is dedicated to teaching everyone that will listen the mysteries and histories of Jersey's coast.

Maddie Rusman

Have you always been interested in ecology?

As a child, working with animals was a dream for me. Ever since I was six, I wanted to be able to come to work every day and help to look after and teach animals. However, as is the case far too often, working in a zoo remained a dream and I decided to get a job as a secretary. I worked inside in an office for three years before I decided to leave, go to university and follow my dream. It was a tough path to take but it has led me to exactly where I want to be so I wouldn't change a thing, plus I really hated being inside all the time!

What does your job actually entail?

The thing I love about this job is that every day is something different. I have my usual routine in the morning which includes checking the animals and giving them breakfast, and sometimes cleaning in and around the enclosures if the animals have been particularly messy. After these tasks are done, the job really becomes doing whatever needs to be done. I can be in the enclosures changing things around and making it more comfortable or appropriate for a certain species one minute, and then teaching a group of primary school children about the dangers of poaching the next. The most important part of the job tends to be just watching and observing the animals performing their day to day habits. What we try to encourage people to understand here at Durrell is that each animal is an individual in the zoo. Every keeper here knows each animal on an individual level, and can instantly identify them just by looking. It's only through observing them daily that we can learn to recognise when they are acting out of the ordinary and help them.

How did you get your job? Is this a stepping stone to something larger for you, do you have worldwide ambitions?

The thing with Durrell is that people don't seem to really grasp how important a place it is in the world of conservation. Even as a zoo, the diversity and range of the species that the people of Jersey get to see is quite incredible. There are definitely "show" animals like the otters and the meerkats, but the number of rare and endangered animals around the grounds must be appreciated, and not just from a conservationist's view! When I was growing up in Holland, I heard of Durrell and it became my goal to work here. I managed to come here as a student when I was studying to become an animal keeper and was lucky enough to be offered a dream job here. I'm so proud to be here and I think that the international impact of the work we do here means that there is nowhere I could go that could fulfil what I aimed to do more.

What has been your best experience in your job?

There have been so many! If I had to choose one from my three years here it would probably be the birth of our new baby bear, Raymi. It wasn't just having a new addition to the bear family that are already so popular here at the zoo, but it was the culmination of all the work we had done with the mother in the birth process. Of course, getting a bear to stay still whilst she has an ultrasound is not an easy thing to do, so it was amazing that we managed to work with the female to allow us to help so closely with her throughout the whole pregnancy. Of course, every day here is special in its own right, but seeing our bear family go through something like that with our help was amazing.

"I remember walking into work when I was a secretary and being greeted by sombre faces and windowless cubicles. Now, on my way to the office I'm greeted by bears waiting for breakfast! There's so much more reward in a job like this."

How would you compare working outdoors and with nature to your old office job?

There's no comparison. I remember walking into work when I was a secretary and being greeted by sombre faces and windowless cubicles. Now, on my way to the office I'm greeted by bears waiting for breakfast! There's so much more reward in a job like this. Rather than getting a grunted "thank you" from someone in the office, now I get to see a 130 kg bear run around healthy after we've been able to help him, and that's all the thanks I need. Yes, it's physically tough at some points, and the training takes some time, but it's always worth it. What's the most rewarding thing about the job? Even though my job here as a mammal keeper means that I don't get to go abroad on conservation trips, there's still an immense amount of pride in being connected with a company like Durrell that does so much inspiring work across the entire world. Every single job in the company is important, and being able to help the animals on the island whilst knowing that I'm wearing the same uniform as the people that are doing things in places like Madagascar is incredible. Working with schoolchildren around the island is also a large part of my job, and teaching them about the work we do and the importance of Durrell is so rewarding.



Aaron Le Couteur

How did you get your job?

It's one of life's odd twists I guess, synchronicity. I was working with the National Trust for Jersey as an agricultural contractor when the project was getting off the ground. They wanted a partner for the project and I had just finished my degree in agriculture, and I got hooked on the project. The sustainability and the positive impact on habitats really attracted me, and getting to work with passionate folk like the National Trust for Jersey staff was too good to miss. Luckily for me, they thought so too!

What does your job actually entail?

Every day the sheep have to be checked, so things like making sure there are no immediate problems such as injuries. On our sites that means getting into the head of the sheep and usually spending a large chunk of time finding them! Then the sheep's health is managed with planned vaccinations and occasional worming (which we base on lab tests of faecal samples). On top of that you've got the big jobs like health checks, foot trimming, drafting, movements, lambing, shearing, and hay making.

Have you always been interested in ecology?

Definitely, even before I knew that was what it was called! Being brought up on a farm and being immersed in it gave me a chance to appreciate it at a young age. I'm not sure if interest is the right word though, I have always been incredibly impressed by it. How evolution can create such intrinsic relationships. Everything in nature has a purpose and is a piece of a puzzle, and I think there's real beauty there. I think the more you learn, the more you find yourself taking a step back and thinking 'wow'.

Is this a stepping stone to something larger for you, do you have worldwide ambitions?

Fortunately, world domination isn't on my list. My list really isn't that long! We're still a long way from making the conservation grazing project a success here, and that's my big ambition; to get us to a place where we can provide the island with a sustainable way to manage and protect habitats for future generations. When that day comes I'll be a very happy man.

What has been your best experience in your job?

That's a tough question! There are the obvious answers, like flying our rams in from the Isle of Man with the RAF on a Hercules! Or the first Jersey born lamb getting to its feet, but I think the honest answer is the little moments. The moments of talking to families whilst out on the north coast about why we're doing this, or finishing a full day of shearing and watching the sun set as you're packing up. It's those moments that keep us going I think. Having said that, seeing a lamb born never gets old. It's always an incredible feeling and I do love the sleepless nights and the bad coffee of lambing season.

How would you compare working outdoors and with nature to something like an office job? Could you ever see yourself doing it?

Believe it or not, there's a fair bit of the job sat at a desk, whether that's sorting out bills, planning grazing, updating our flock book or having your head in a book either to figure out why that one sheep is acting off today, or to keep up to date with research. I much prefer the outdoor bit, regardless of the weather! But on the odd day there is a lot to be said for a dry desk and a hot kettle!

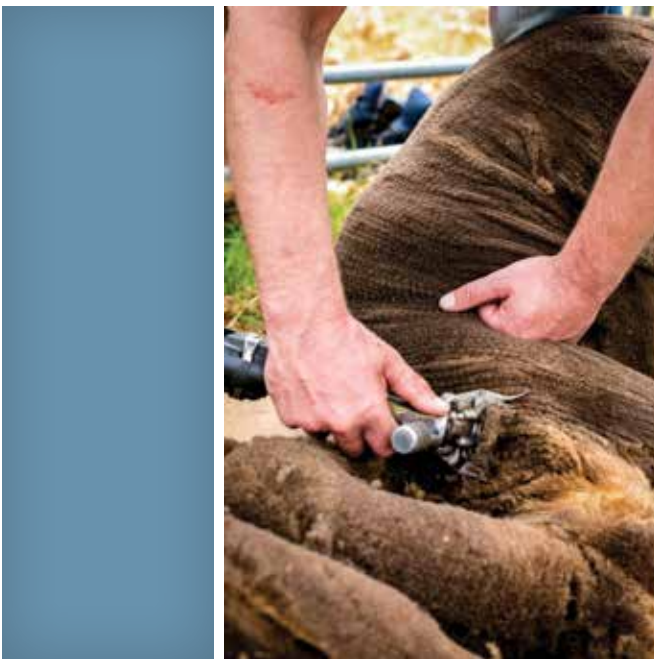
"I'm not sure if interest is the right word though, I have always been incredibly impressed by it. How evolution can create such intrinsic relationships. Everything in nature has a purpose and is a piece of a puzzle, and I think there's real beauty there."

What's the most rewarding thing about the job?

That's another tough question! I guess for me it's the chance to make a positive impact. I think given all the problems our environment faces now I am stoked to have the chance to do something to give back in a tiny way. I'm not the bloke who's going to invent clean energy or convince the world to live more sustainably, but this whole sheep thing I can do. Hopefully.

Would you say that Jersey provides an especially good place for the job you do?

In some ways Jersey is the perfect place. There are huge areas of valuable habitats in desperate need of management, and the public on the island have been great. In other ways making a project like this work on a small island brings its own set of challenges. I think Jersey needs conservation grazing as much as anywhere else, if not more, and I wouldn't choose to do it anywhere else.



Derek Hairen

How did you get your job?

I actually set up Jersey Kayak Adventures and Jersey Walking Adventures about 10 years ago after we noticed that there was a gap in the market for such a company. The idea for the company itself came in somewhat of a moment of revelation, in which we decided to just go for it rather than sit around talking about doing something with our passion for the outdoors. From a young age, I've always been a keen adventurer around the coastline of Jersey. I was constantly kayaking, climbing and cycling in wind rain and sunshine, and so when we realised that, with some work, we could provide that same experience for both tourists and people of the island that wanted to discover more about the beaches and seas that people sometimes take for granted, we jumped at the opportunity, and now we run the company that the island was desperately lacking.

How would you compare working outdoors with working in an office? Could you see yourself doing it at some point?

Obviously, working in the ocean and around the coast is the fulfilment of what was really a childhood dream. I've been so lucky to be able to convert my passion into a profession, and I absolutely love what I do. However, people do seem to forget that, for all the outdoor adventures that I get to have on a daily basis, there is still a large amount of backroom office work involved with running a business like ours. It takes a lot to organise what we do, but like I say I wouldn't change it for a thing. I think what gets me through the more tedious work in the office is knowing that, when we're out on the water, a lot of the people that we are guiding around do actually spend the majority of their time at a desk. They wouldn't be out there exploring and learning about the coast if they didn't have someone like us to take them when they go on holiday, just because for so many they fall into a routine of spending the night at home after a day in the office. It's good for us to be able to show them that there are other ways to spend your evenings when you're in a place like Jersey.

Speaking of Jersey specifically, would you say that the island provides a good place for you to do the job you're in?

Absolutely, Jersey is an awesome place for the things we do! It's not just the fact that we are surrounded by some of the most picturesque and interesting coastline in the British Isles, but the fact that we are able to have it all on our doorstep because of the size of Jersey. One of my favourite things about working in this job is that, even if I'm working in the office until 5pm, in the summer months I can be out on the water with friends in a kayak or on a surfboard by about 6pm, and then be

home for dinner! It's incredible that literally everywhere we go on our tours, the landscape and the sea is steeped in some kind of history, whether it's ancient or wartime. There's always something more to learn and see, and that's why I love living and working here. I've been to a lot of places around the globe doing what I do, and I can honestly say that very few places compare.

What has been your best experience at the job?

There are so many to choose from, it's hard to pick one out. I would say that the best thing about the job overall is seeing people leaving happy from the tours. There's such a sense of pride you feel when you know that, not only has somebody left entertained, but they've learned something from the information and activity we've provided. People come away from our tours knowing a little bit more about this tiny island than they did before, and perhaps more importantly they come away knowing that what we do here, kayaking, hiking, even walking, is an option for a way to experience the island, rather than just going to the cinema or going shopping in town.

“I think what gets me through the more tedious work in the office is knowing that, when we're out on the water, a lot of the people that we are guiding around do actually spend the majority of their time at a desk. They wouldn't be out there exploring and learning about the coast if they didn't have someone like us to take them”

What is amazing is that it's not until people get up close to the nature of the coastline that they truly appreciate it, and again there's a certain pride in providing that opportunity. Seeing things like dolphins and seals has become, for some, a bit blasé, and it's good to be able to show them that these things are so unique to this island and that we should really be thankful for the fact that we can see them. It's so good that we get a real mix of tourists and naturally inquisitive islanders who want to learn more, because it feels so good to show them that, in Jersey, the water is our wilderness, and there is still so much to see.

So, really, there isn't a single best moment! Every day brings something new to the job and that's what I absolutely love about it, there are so many different experiences, so you always have to be ready, but as long as you are, you'll see something great every day.





Climate change: how will it affect Jersey?

WORDS Grant Runyon / ILLUSTRATION Sarah Gabison

With the exception of people who think Princess Diana was abducted by Bigfoot, it is generally accepted that the actions of humanity are causing dramatic and probably irreversible changes to our natural environment. Some of this is down to heavy industry, Lynx Africa and the failure to recycle enough Evian bottles, but the other 90% is because British families take the selfish decision to fly abroad for holidays rather than getting on a boat to a closer, more traditional destination. Save the planet: visit Trinity. I think it has a ring to it.

What keeps me awake at night is that although we know that the average global temperature and sea levels will inevitably rise, the complicated flows of cold air and warm water around the globe mean that it is much harder to predict the effects on individual bits of the planet. Headline catastrophes like hurricanes, flash flooding and Donald Trump's hair are already well-known, but what is less understood is the long-term effect of climate change on the most important environments of all: small islands. To ensure that nothing comes as a surprise, it is essential that we in Jersey consider all possible scenarios - apart from the one where climate change isn't real and coral bleaching is a conspiracy made up by Greenpeace.

Scenario 1: Jersey gets a lot warmer

At first, this sounds like a great idea. The Island will be guaranteed a summer every year, Jersey Royals can be supplemented by watermelon and mangoes and every home in the island will have its own Fantastic Tropical Garden. The Caymans will no longer hold the crown as "biggest sandpit full of accountants." This rose-tinted view of Jersey crossed with a Malibu advert is very attractive, which may explain the swivel-eyed hostility towards environmentalism on the part of retired Islanders who read the Daily Mail. Unfortunately, like almost anything contained in the Mail, it is also the least likely scenario. This is partly for solid sciency reasons (our relatively temperate climate is caused by the movements of the Gulf Stream, which climate change may disrupt or end completely) but also because it ignores the social effects of a tropical Europe on our surrounding neighbours. Yes, a few more degrees on the thermostat could mean bikinis in March, but your bikini body will be much less sexy if all the green places that used to grow your food are now impassable deserts roamed by AK47-toting climate refugees. Knowing the French it is likely they would protect us to some degree by eating any hostile zebras that spread upwards from the southern hemisphere, but garlic butter is next to useless on malaria-carrying mosquitoes or cannibal bikers from Mad Max Fury Road.

Odds of a tropical island paradise: 20 to 1

Your odds in the Thunderdome against a mutant biker baboon with Zika: 40 to 1

Scenario 2: Jersey gets much colder

As outlined in scenario #1, Jersey benefits from the warmth generated by global weather patterns. If those fail, then we are more likely to be living in somewhere that resembles Iceland. I don't mean that we will be surrounded by bottles of Tango and doner kebab pizzas, but that we'll be eking out a grim existence on a giant freezing rock - with fewer volcanoes than real Iceland but less chance of encountering Björk. We won't have to worry about mutant antelope, but there is a very real possibility that an ice-bridge from St Malo will expose the Eastern parishes to attacks from wolves, polar bears and frost giants. I will concede that we could probably live without Grouville, but there is no chance that our ice-depressed economy would muster enough cash to build a giant wall and prevent the White Walkers from surging into St Saviours.

Odds that winter is coming: 3 to 1

Your odds that an estate agent will try and charge you 200 frozen seagulls for an igloo without canoe parking: 1 to 3.

Scenario 3: Jersey is flooded and is lost forever beneath the waves

It is thought that the ancient philosopher Plato invented the myth of Atlantis as an allegory for the hubris of successful, independent city-states that were nonetheless highly vulnerable to global forces outside their control. I'm sure that has no relevance to Jersey whatsoever, but it is inarguable that our most valuable land is only a metre or so above sea level. Although St Helier could certainly do with a wash, it is unlikely that what passes for civilisation in Jersey could survive if town were dragged back into the salty depths. It would be literally impossible to get a hot meal after 8.30pm. Considering how angry Jersey people get when one lane of the avenue is closed, it is easy to imagine the descent into savagery and barbarism that would occur if our entire population had to share the Route du Nord. All that would be left of us for future historians would be a pile of skulls at Fremont Point and some ancient carvings depicting John Nettles fighting an octopus.

Odds that somebody will release the Kraken: 14 to 1

Odds that your children will evolve gills as a result of agro-chemicals in the water supply: 3 to 2

Scenario 4: Jersey defies the ocean and becomes an island fortress

Even today, the greatest hostility to the science that explains climate change (or indeed any science whatsoever) can be found in those parts of the Island that are closest to sea level. Residents who endure flooding every other year will steadfastly insist that science is wrong, and that it's merely coincidence that their garden is full of sea lettuce and lobsters are laying their eggs in the downstairs bathroom. On one level this is terrifying, but I always say that if life gives you lemons then you should hoard them to prevent the worst effects of scurvy. No, what I really mean is that we might have to work on turning this dogged refusal to accept the logic of rising water into something of a strength. If the Dutch can survive for centuries by stubbornly insulating themselves against the reality of water and its relationship to gravity, then there's nothing to stop Jersey just extending its sea walls upwards until we are living at the bottom of a giant chimney. If we build outwards as well as upwards then the sea walls can double as a place to build new flats, and perhaps a very, very steep airport runway. It would be like the city in Bioshock, or the undersea paradise in The Little Mermaid, and you don't need a singing crab to tell you how great that could be.

Odds that it's better down where it's wetter: 100 to 1

Odds that the Condor Ferry would need to be replaced by the Red October: 7 to 2





WORDS Tori Orchard

Now that we're officially well into the swing of summer, it's time to dust off those wellies, pop on a layer of sunscreen, and head out into Jersey's beautiful countryside. I'm Tori Orchard, a countryside dweller, farming supporter and lover of all things muddy. This month, enjoy finding out about how Jersey's kids have been discovering the green life at The Farm School, uncover a new walk you can try, and also learn a little bit more about one of the Island's less suspecting animals, the hedgehog. *Enjoy the great outdoors, Tori.*

Nestled between St. Martin's Church and Rozel Bay is a place where kids in Jersey have been getting muddy and learning about the land.

The Farm School Jersey, run by surfer and farmer Grace Davies, was the result of saving the family farm and kitting it out to try and inject some more of our farming heritage into young minds. I went along on a beautiful day to go and find out more. After I arrived in my polka dot wellies, Grace led me through to a meadow where her 'girls' lived, her girls being her brand new chickens.

We sat in the grass and fed them lettuce by hand, which they duly pecked away at (although they were definitely more interested in my shiny watch). The most valuable lesson I learned was not to feed

chickens cabbage, unless you want eggs that don't smell so fresh!

After the feeding session, we wandered down a valley which Grace and her dad William (of Just William in the Market) had put blood, sweat, and tears into clearing, and what a fantastic job they had done to make it a safe haven for children. Grace explained how the kids start at her outdoor 'weather-station' to predict how the elements have affected their hard work. We then went to see some more additions to the farm, ducklings! The mother wasn't best pleased at our visit, so we moved on to the vegetable patch.

In the field were lines of plots where kids had made their mark with individual landmarks like a wooden spoon or a painted rock. They had been growing all sorts of greens, from spinach to rainbow chard, and

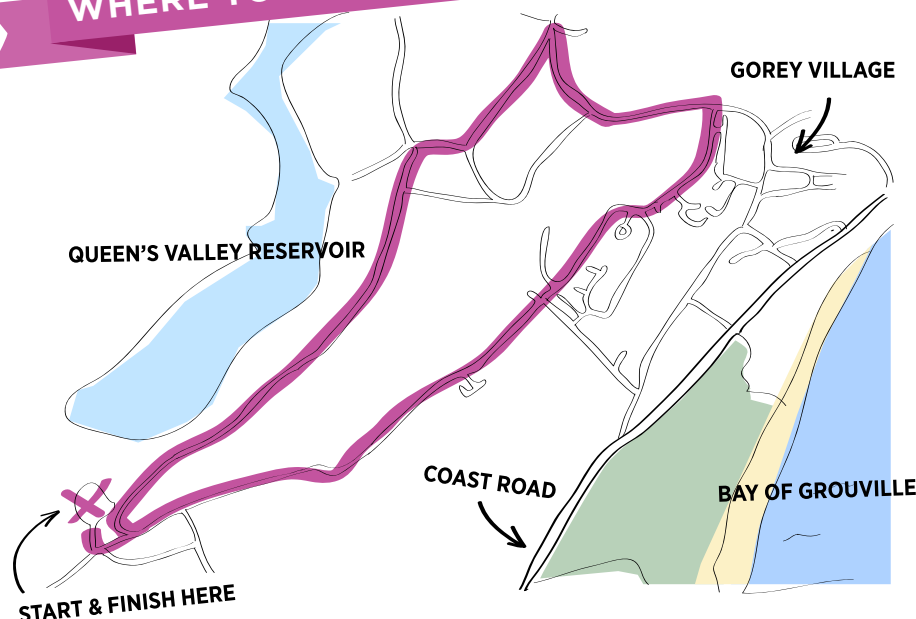
everything was coming up so well. What's great is that the farm-school kids don't just leave inspired and rosy cheeked, but also with a healthier appetite and knowledge of where their food comes from.

Grace was proud of the fact that even the fussiest eaters have been ploughing through their greens at dinnertime, which they get to take home every week for all the family to enjoy. Due to popular demand, not only can schools enrol their students into the farm-school, but you can now send your mini-farmers along in their spare time too, to Grace's 'Little Sprouts' summer club which is open for ages 5+ and runs from Spring through to Autumn. They will not only grow veg, but get worn-out playing farmyard games and making their very own scarecrows.

If you're interested in getting your children involved in the Farm School Jersey, then you can contact Grace at: grace@thefarmschooljersey.com for a booking form, or call 855147 to book a place.



WHERE TO RAMBLE THIS MONTH...



You know somewhere's a walking paradise when you see people clomping around with ski poles mid-summer, am I right? But you won't be needing poles for my walking recommendations, and this month I've chosen a route close to home for me. The walk takes you through the tiny lanes of Grouville, with a short incline to really get those hamstrings working.

Starting at the bottom car park of Queen's Valley Reservoir, head left onto the road and walk past the old, granite Lower Mill Pottery, and then take a left up the steep windy hill named La Rue Des Teurs Champs. On the way up, you'll see an entrance gate to the reservoir on the left, and opposite that an open patch in the hedge where you can stand and take in the most beautiful panoramic view of Grouville's fields, golf course and beach. I always enjoy a mindful moment here.

Carry on up the hill until it levels out, and you'll see Mont Orgueil Castle standing proudly in the distance. You'll head down towards a cross-roads, head right up La Rue des Moulins (contender for one of Jersey's tiniest roads!) and then go right onto Les Monts. If you follow this onto La Cotil Vautier (going left), halfway down here is another fantastic spot on the right, where you get a different perspective on the parish, looking over Gorey Village.

After this, you need to go right down La Chevre Rue, and from there you'll be on the home straight, walking down La Chemin des Maltieres and following it all the way past pretty little village houses and allotments until you get back to the car park where you started your little adventure.

RAMBLING RAMBLE:

Beauty:	6/10
Estimated time:	40 mins
Road/path:	Road
Strenuousity:	4/10



Keeping our spikey friends safe from strimmers this summer...

You may see them only occasionally, scampering from one hedge to another, or dodging oncoming vehicles, but the Jersey Hedgehog Preservation Group is keen for us to spare a thought for our cute little friends. I spoke to Dru Burdon to find out more about their Strimmer Campaign...

How endangered are hedgehogs in Jersey?

They are in serious decline in the UK and we hope it isn't as bad over here. They are more common in the west of the Island. In 2007 St Brelades was a definite hot spot, but more recently I would say there are more in St Ouen's. They seem to be moving eastwards which is a worry, what happens when they get to the sea?

Why are strimmers dangerous to hedgehogs?

It's not the machine that is dangerous, it's the careless use of it. We are asking everyone who uses a cutting machine to check first before they start work to make sure there is no wildlife hiding where they are about to cut.

Other animals and birds will get out of the way, but hedgehogs will just roll up more tightly when they hear the brush cutter or mower approaching and then they get sliced – often very badly. We had very many last year which were so badly wounded they had to be put to sleep.

How can people help with the Hedgehog Group?

People can join us – we charge a minimum subscription of £5 a year – we prefer to send newsletters out by email but if people don't have email we send them out by snail mail. email: jerseyhedgehogs@hotmail.co.uk or phone 01534 734340. We always need newspapers, 6 bottle wine boxes and paper sacks for the hedgehogs, please bring them to White Lodge Waterworks Valley St Helier – ring for directions.

Give me one fact about hedgehogs that you bet I don't know...

Litters of baby hedgehogs (called hoglets) can have more than one father, in fact one litter of 7 (larger than usual – usually only have 5 in a litter) was found to have 7 fathers by DNA testing!

www.jerseyhedgehogs.co.uk



There may have been a point on Saturday the 18th of June when being in Warren Holt's shoes would have come paired with a feeling of unease and insecurity. The wind was picking up, the sun was shy behind a duvet of clouds, and talk of rain was spreading. When it comes to free events, weather is everything. It's the deciding factor for the public majority between venturing outside and trying something new, or residing oneself to a day of indoor lounging.

Luckily for Holt, his team, the various performers, vendors and the staff at the Watersplash, any insecurity around the revitalization of the Channel Islands Xtreme Weekend was quelled by around 2:40pm. Mid-afternoon the sun made an emphatic entrance and a shift in mood took place. The bright rays simmered off cups of ice-cold cider and beer, in the distance they reflected and bounced elegantly off the in-coming St. Ouen's swell, and in the foreground it illuminated the head and shoulders of front-man Tim Evans as he belted out old-school rock with his band, Rat Salad, and set a throwback, somewhat American, summer vibe for all in attendance. Elsewhere, local skaters and riders, along with the visiting Pro Team (Team Xtreme), took centre stage to dazzle onlookers with their gravity defying skills on the newly introduced Spine ramp; a twinned pairing of half-pipes allowing each rider added freedom to experiment and express their talents by flying through the

air in a variety of ways that made cautious parents anxious, enthused children animated and middle-aged, floor-residing men a bit jealous.

Making an important addition to the weekend was the pride of Jersey extreme sports, Alex Coleborn. A competitor and champion at countless European and International BMX competitions, including the prolific X-Games, Alex's appearance is yet further proof, from a broadening collective of alternative successful Jersey Beans, that being brought-up in the Channel Islands doesn't limit you to a career in finance and office-dwelling. Passion and dedication can take you around the world. It's an important subtle message being given to the children in attendance at the event. Take what you love and run with it.

From talking with Warren Holt about the issues facing the organizing of free events, I've come to learn that there's a certain . . .

- • • amount of pressure on making sure an event isn't taken for granted. After all, with a free event there's no financial investment from the public through traditional ticket sales, so their stake in the success of said event is minimal. The reality however is far from that. The success of an event like Holt's 'C.I. Xtreme Weekend', which originally appeared for a two year annual stint back in 2007, rests on the ability for financial investors and partners to see that the residents and tourists of Jersey are interested in such events. What counts as registering interest? Simply turning up. Much like voting, it's an "every individual counts" situation. As much as he may like to, and in many ways aspires to do so, Holt knows he can't throw everything and the kitchen sink at the Xtreme Weekend. Not yet anyway. It's a meal that takes extended preparation and time in the oven to reach perfection. The plans for the future of this event are exciting, but are only achievable by the public investing their time in earlier iterations. When support equates to simply turning up, it would be a true shame if an event with such scope and potential as this one wasn't given a platform to really show it's mettle.

It may be cliché to speak of 'energy' in such romantic ways, but once the June heat made

it's fashionably late appearance there was a palpable and positive sense of it throughout the grounds of the Watersplash. Attendance grew and it felt like the Xtreme weekend was developing into the original image Holt and his crew had envisioned for it.

As I sat on the curb in front of the music

creative residents' passions and bringing together people of all ages for chilled vibes and good times. I attended C.I. Xtreme Weekend with an open-mind, but had anticipated a throwback event that would perhaps invite some sort of exclusivity with the 'cool alt. crowd' of Jersey. What

"As I sat on the curb in front of the music stage, surrounded by a group of friends, a fresh pint of cider in my hand and dog by side, I felt the true purpose of the CI Xtreme Weekend. Much like the street parties of yesteryear, the festivities at the Watersplash had brought together a wide dynamic of people to enjoy the simple pleasures of life; the true pleasures that come with living in Jersey."

stage, surrounded by a group of friends, a fresh pint of cider in my hand and dog by my side, I felt the true purpose of the CI Xtreme Weekend. Much like the street parties of yesteryear, the festivities at the Watersplash had brought together a wide dynamic of people to enjoy the simple pleasures of life; the true pleasures that come with living in Jersey. Often times we may take what this island gives us for granted, but events like this put it firmly into focus. Celebrating our island's natural beauty, exhibiting our

I came away with was a fulfilling sense of pride in Jersey, an appreciation for those who pick big goals and work towards them and a reinforced notion that when it comes to appreciating life and making the most of your time, it's sometimes as simple as heading out west on a sunny day.



GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Students Clean Up With Radisson Blu

Forty students from Hautlieu and St John's Primary School recently joined forces with employees from Radisson Blu to clean up an area of St Aubin's Bay, before being rewarded for their efforts with a complimentary lunch provided by the hotel.

In the afternoon, the students continued the fun by spending the afternoon with Jersey Seasearch, a project based, marine species diving and snorkelling study group which gathers data on species and habitats that are rare, threatened or have an invasive presence in Jersey's waters.

The Lucky Stars Project

We often have moments where we 'thank our lucky stars', and it was with this in mindset that Fiona Walker came up with the idea of this project, as a means to help Jersey Hospice raise valuable funds.

The charity would like you to take photos of yourself, family or friends on an occasion when you 'thank your lucky stars'. This could be the birth of a baby, a wedding, a recent success or something as simple as enjoying a walk on the beach in winter or a great meal with friends.

Then share the photos on their dedicated Jersey-Hospice-Cares-Lucky-Stars-project Facebook page and make a minimum

donation of £5, through the Donate Me tab on the page, to Jersey Hospice Care for each photo.

At the end of the year, all the photographs will be used to create a giant collage of a map of Jersey, which will be in prominent locations on the island for people to view.



A sign of the times

Signtech – the largest visual communications company in the Channel Islands – has given its full backing to Genuine Jersey by sponsoring the producers' organisation. It joins a growing band of firms who take pride in their island roots and recognise the importance of harnessing local talent and supporting local suppliers.

Sponsors can use the distinctive Genuine Jersey sponsor mark, which is widely recognised as a hallmark of local quality, in their branding. In turn, they can support the movement through a financial contribution or providing a service in kind.

Signtech Managing Director Sean Guegan said: "As a local business that has grown from a one-man band to a business with over 20 employees, we know just how important guidance and support are for business growth and we are passionate about supporting local talent. Having worked closely with several Genuine Jersey Members over the last two decades, becoming a GJ sponsor seemed a logical step and we are proud to be associated with the organisation."

Money, Children and Property Disputes into National Spotlight

Alternative Resolutions, a dedicated Jersey based dispute resolution service, are pleased to see the BBC giving TV viewers the chance to watch the private world of family mediation with the launch of a ground-breaking three-part BBC Two 'fly on the wall' documentary series.

For over a year the team were given exclusive access to mediation sessions carried out by the leading charity, National Family Mediation (NFM). The resulting series, 'Mr v Mrs: Call The Mediator', which kicked off on Tuesday 21 June at 9pm, allows viewers to watch mediators and separating couples working together to negotiate solutions over money, children and property.

Typically, mediation provides long term solutions in the interests of the clients and not the lawyers. It's usually four times quicker than the court; you keep more control than a traditional course through the courts, and there are better outcomes for children.

Alternative Resolutions is an accredited mediation provider and has a team of trained professionals who are members of, or trained with, the NFM, CEDR, CI Arb, and other relevant bodies.

Head to www.callthemediator.org for more information.



More Spaces Now Available to Trek Patagonia for Jersey Cheshire Home

Due to the overwhelming popularity of their upcoming Trek to Patagonia in 2017 and with the first trip fully subscribed, Jersey Cheshire Home will now be running a second trip!

This spectacular five day trek across the Patagonian Andes in Argentina (25th Nov – 4th Dec) will give participants the opportunity to explore one of the world's last great wildernesses, encountering snow

capped peaks, majestic volcanoes, vast glacial lakes, lush rainforests and dramatic glaciers.

In preparation for the trip, trekkers will need to be of a reasonable level of fitness and committed to the training required to prepare them for this challenge. Moreover, as the purpose is to raise funds, trekkers are required to make a financial contribution – this is comprised of a non-refundable

deposit of £350, the tour cost which will be in the region of £1,650 along with a pledge to raise at least £1,500 in sponsorship per person.

For more information on the Trek or to sign up, visit www.jerseycheshirehome.je/appeals/trek-patagonia-2017 or call 285858 or email: admin@jerseycheshirehome.je



Golfers Help Make Cheshire Dreams a Reality

This year, Jersey's longest-running and largest charity golf event has raised more than £20,000 for Jersey Cheshire Home and helped makes some residents' dreams come true. In this, its 20th year, the Jersey Cheshire Home Golf Day, sponsored by Airtel-Vodafone, involved 26 corporate teams on 13 May at La Moye Golf Course.

David Lord, General Manager of Jersey Cheshire Home, said: 'Our fund raising initiative this year is called Cheshire Dreams, whereby we aim to make our residents dreams come true, no matter how big or small. We've already taken one resident to see his beloved Manchester United and arranged a dance group to perform at the home for another resident. I'm very grateful for Airtel-Vodafone's and the other sponsors' fantastic support as well as everyone who took part.'

The teams played a round of four-ball stableford at La Moye Golf Course before lunch for 120 guests. Ashburton took the top prize, followed by Capita Asset Services and then EY.

Peter Shirreffs, the event's organiser, a Jersey Cheshire Home Foundation Committee Member, and Airtel-Vodafone Director, said: 'It was a fantastic day, and Airtel-Vodafone are delighted to again be sponsoring Jersey's premier charity golf day and doing our part to help bring some dreams to life.'



Young Football Stars Receive Post Match Analysis on the Big Screen

The Brazilian Soccer School's under 12 football team, and their parents, recently watched a replay of their match against Nottingham Forest Academy on the big screen at Radisson Blu Waterfront Hotel, a trip which was funded by fellow sponsors, Carey Olsen.

It was the first time the team had seen video footage of themselves playing in a competitive match, and it provided the coaches with an opportunity to analyse the boys' skills and give feedback on individual performances.

In 2015, Radisson Blu donated £2000 to help Brazilian Soccer Schools Jersey expand its Skills Badge Scheme. The scheme provides incentives for youngsters to improve their core soccer skills, from core dribbling to passing, juggling and free style kicks. It also helps to develop players' mental strength and physical condition.

GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY

Challenge Yourself to Swim 30 Bays in 30 Days!

The premise of the charity challenge is simple – swim 30 strokes in 30 bays around Jersey throughout the month of July and help to raise funds for two of the islands charities, Jersey Hospice and The National Trust for Jersey.

You can swim anytime – before work, a lunchtime dip, a cooling swim at the end of the day, whenever is convenient. You can also go to more than one bay in a day to fit them all in – why not try them all in one day!

You are free to swim the bays in whichever order you like, whenever you like between 2 and 31 July. You don't have to swim every day if you don't want to! So, pick your favourite 30 Bays from the list below or if you want an extra challenge swim them all, the choice is yours.



There are two public events as part of the challenge; an opening and closing swim. The first of these will take place at Le Braye Slip, St Ouen at 15.00 on Saturday 2 July when everyone is welcome to head down to the beach, register and just have some fun. The organisers, the National Trust for Jersey and Jersey Hospice Care, want to encourage participants to bring a picnic or a BBQ and enjoy a fun-filled afternoon, enjoying the beauty of St Ouen's Bay. Safety cover will be provided by the Jersey Aquatic Rescue Club, in conjunction with the RNLI Lifeguards until 16.00.

If you're going to be off the Island or life is just too busy, then you can swim in more than one bay on the days that you have more time; it can be as flexible as you need it to be. If you aren't a strong swimmer, then don't forget you only have to swim a minimum of 30 strokes in each bay, not the whole thing.

Maybe make an afternoon of walking from bay to bay to tick a few off or plan a couple of coastal swims with friends or family, followed by a picnic or BBQ? It's all about creating great memories and enjoying the summer fun.

The cost to register to take part is £10 per adult and £5 if under 18, family registration is £20 (max of five - mix of adults and children) or £50 for a corporate / team of five. Head to 30bays30days@org.je to find out more and to register.

Anne Port • Archirondel • Beauport • Belcroute • Belval Cove • Bonne Nuit Bay • Bouley Bay • Fliquet Bay • Gorey Beach • Green Island • Greve D'Azette • Greve de Lecq • Grouville Bay • Harve Des Pas • La Coupe • La Rocque • Le Hocq • Lido Bathing Pool Havre des Pas • Ouaisne • Petit Port • Plémont • Portelet Bay • Rozel Bay • St Aubins Bay (La Haule) • St Aubins Bay (West Park Victoria Pool) • St Belrades Bay • St Catherine's (Breakwater slip) • St Ouen's Bay (Water Splash) • St Ouen's Bay (Corbiere end) • St Ouen's Bay (L' Etacq) • St Ouen's Bay (Le Braye) • Les Ecrehous • Les Minquiers



GET YOUR KIDS RE-WILDED!

This series of exciting outdoor summer camps, targeted towards children aged eight and 11 years old, are set to run again this year in the beautiful bay of St Ouen's.

A team of enthusiastic, professional staff ranging from qualified teachers, experienced ecologists and passionate artists, dancers, yogis and surfers run these exciting and educational camps. Children will learn a number of real outdoor skills and wildlife identification, whilst their guides will use creativity, games, exploration and crafts as tools to absorb them in the natural world.

Earth Kids founder Paul Wagstaffe said: 'We think it is massively important to get kids outside and absorbed in nature but this does not always happen in today's world. Earth Kids are week-long summer camps that aim to inspire and motivate children to get outside to learn about and enjoy Jersey's beautiful environment and to promote a deep nature connection for the rest of their lives.

We will engage the Earth Kids in activities that promote play, creativity, exploration, surfing, games, yoga, dance, conservation etc., all set down in St Ouen's Bay, based from the Frances le Sueur Centre. You really can't get a better location to spend a week getting to really know the island

Ultimately the camps are about having fun outside, making friends, and learning about the natural world!

Log on to nurtureecology.com/earthkids or search for them on Facebook for more details.

Earth Kids are running three summer camps on the following dates:

Monday – Friday 9 am to 3.15pm with drop off from 8.30am available.

Camp 1; 25- 29 July

Camp 2; 8 – 12 August

Camp 3; 22 – 26 August





EVENTS



No.10 Restaurant Launch

BOND ST, ST HELIER

WEDNESDAY 25TH MAY

The new hot spot for delicious dining opened its doors to a select group of guest to sample their mouth watering menu which is a wonderful modern approach to British and Mediterranean cooking. As people sipped champagne and started making their way through the cocktail list the topic of the

evening was the stunning interior, with the pufferfish wall paper being a big hit! This was a fantastic event where the pleasures of eating and drinking were jubilantly celebrated. Read our review on No.10 on page 104

To find out more visit:

www.number10jersey.com or call 733 223



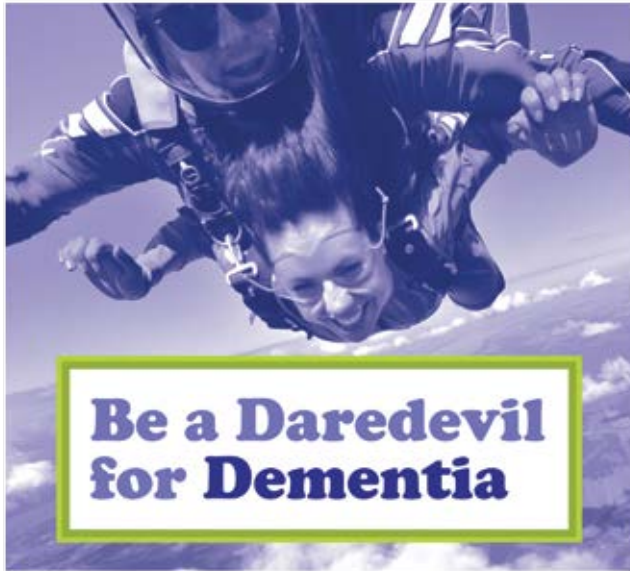
Specsavers Creative Office Launch

THE FORUM

TUESDAY 31ST MAY

This lovely event was to celebrate that the Specsavers new digital creative team have officially moved into their new permanent office space at Number 3, The Forum. The team of three graphic designers, two web developers and a traffic manager will work alongside colleagues in the Guernsey-based office to support an ambitious digital marketing strategy.

Specsavers Creative Director Graham Daldry said he was very excited to officially open the new Jersey creative office. Digital marketing is the fastest expanding area for Specsavers and he predicts it will continue to grow by 50% year on year.



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jerseyalzheimers.com

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PA Network Launch

THE GRAND HOTEL

THURSDAY 9TH JUNE

Last month saw the inaugural PA Network event taking place at The Grand, Jersey. Founded by Nikki Holland, who has first-hand experience as Executive PA to the Senior Partner at PwC, the purpose of the Network on the island is to encourage the local PA community to get together, build

relationships and collaborate. It's founded on the best practices of PA networks in the UK, Europe and beyond, but with a CI focus. The launch event welcomed 60 guests many of whom proved most eager to become actively involved in shaping the PA Network in Jersey over the coming months.



The 25th Anniversary of The Jersey Motor Neurone Association

GOVERNMENT HOUSE

WEDNESDAY 15TH JUNE

His Excellency and Lady McColl, The Bailiff (patron) and Mrs Bailhache joined 200 guests for a fashion show in the beautiful gardens at Government House. Clothing was supplied by, and modelled by, the team from Voisins. Whilst Rocksteady DJ John

OConnell provided the music for the models strutting down the catwalk. Government House treated guests to drinks and delicious canapés before the show and a raffle of fantastic prizes, donated by local businesses, raised £1,284 for the charity!

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Visit Jersey Brand Launch

THE LIDO

THURSDAY 9TH JUNE

Following wide consultation with travel industry professionals, locals and visitors, Visit Jersey last month launched a new brand to help deliver the vision of a vibrant, sustainable tourism industry, in an innovative and economic way. The launch event took place at The Lido, Havre des Pas which shares the new vision for Jersey in

that it is being renovated for the summer season. Assembled industry professionals and engaged parties were introduced to the vision for brand Jersey, a strategy that seeks to engage and consult with the island's population, using first person stories to tell the story of Jersey to the rest of the world.



Peter Blake Exhibition Private View

CCA GALLERIES INTERNATIONAL

TUESDAY 14TH JUNE

To mark CCA's third anniversary they invited artist Sir Peter Blake, who opened the gallery back in 2013, to celebrate with them and showcase his new work. Guests were treated to a Q&A with Sir Peter, who talked about his latest work, much of which was on display and on sale.

I Love You Very Much showcases work inspired by typography, using 'real' elements such as wood veneer and LED lights. Also on display are his latest 'Union Flags' that continues his celebration of British patriotism and history. The exhibition is set to continue in to July.

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Skipton Open Studios Launch

CCA GALLERIES INTERNATIONAL

THURSDAY 16TH JUNE

Last month saw artists and supporters gather to celebrate the launch of this years Skipton Open Studios, now in its eighth year. Guests were invited to view the taster exhibition at CCA Galleries, which included work from all 63 of the participating artists, a perfect opportunity to get a taste of all the work on offer.

The island wide celebration of the visual arts is organised by the Jersey Arts Trust. It sees artists opening up their studios and working side-by-side in temporary studios around the island, over the last weekend in June and the first weekend in July. Further details can be found at: www.skiptonopenstudios.je



Summer Party

RADISSON BLU WATERFRONT HOTEL

WEDNESDAY 22ND JUNE

Radisson Blu Waterfront Hotel hosted its ever popular summer party in the Elizabeth room, with a 'Beside the Seaside' theme. Attended by local corporate clients and Jersey travel agents, the event showcased their delicious summer events BBQ menu, as well as providing an array of fun beach

entertainment, such as the surf simulator and space to chill in the giant deckchair. Guests were treated to seaside themed food and refreshing drinks, whilst also getting a sneak peak at the summer social packages, day delegate meeting packages and the new Christmas brochure.

The background of the entire image is a dark blue field filled with a repeating pattern of small, dark blue airplane silhouettes. The airplanes are depicted from a top-down perspective, showing their wings, fuselages, and tails. They are scattered across the entire surface, creating a dense, textured effect.

TRAVEL

Pitch Perfect

WORDS Tamarin Marriott-Wilkinson

A weekend city break is fun, exciting and energetic - it's also anything but pacifying. Come Sunday evening, a trip to the bright lights can leave us nursing an eye-wateringly overdrawn bank account and a somewhat vicious hangover.

With that said, escaping the hustle and bustle of the western world at least once in a while is a must, and what better way to indulge in nature's finest than to camp or (if you're feeling fancy) 'glamp' under the stars in an untamed rural location?

Here's a round-up of the thrifty, traditional and trendy places we'd love to take a tent to...

Cultural Camping

Where: Miyajima

Good for: Culture and scenery

Just across the water from Hiroshima, you'll discover the island of Miyajima, and the perfect pitching spot all year-round. Embellished with temples, stunning scenery and domesticated deer, it's the perfect place to visit if you enjoy a little culture with your camping.



Burning the Midnight Oil

Where: Norway

Good for: A scenic escape

Wilderness camping is considered every man and woman's right of way in Norway. Fancy feeling at one with nature? Take a trip to Oslo's Langøyene island or Sognsvann lake. Boasting an abundance of grassy shores, it's fair game for campers all year round. Looking for more of a dramatic destination, head to Lofoten island. Camping inside the Arctic Circle certainly comes with its perks, one of which includes the midnight sun.



Wilderness Wonders

Where: Crawshaw Farm, Clitheroe, Lancashire

Good for: those who wish to be at one with nature

Perched high above the Hodder valley, just a stone's throwaway from the heather moors of the Bowland Fells, Crawshaw is 'be fittingly so' the geographical centre of Great Britain. Home to 90% of England's peregrine falcons, you'll have only the wildlife to share your silence with.

Open all year; £5 per pitch per night; 01200 446638

Nature is Awesome

Where: India

Good for: Escaping the modern-day rat race

Five lane traffic, market stalls and multicultural chatter are all part of India's city centre charm. Although a highly recommended experience - there's nothing quite like waking up to complete and utter silence.

Glamorous camping, or 'glamping', is one of the latest travel trends to hit our globetrotting radars. With luxury camp sites dotted left, right and centre, India has become a hub for happy glampers!

Aman-i-Khas Resort

There's nothing rudimental about Aman-I-Khas' opulent wilderness resort and ten-tent safari outpost, which sits on the thresholds of Ranthambore National Park. Lavishly styled, air-conditioned Mughal tents, (each furnished with king size beds, private en suite bathrooms and twin writing desks), perfectly complement the spa (a soaring six metre canopy with private dipping pool). If you're looking for a retreat that caters to every imaginable creature comfort, you've certainly come to the right place! Spend your days rambling through the sun-dappled brushwood forest of the safari park and your evenings huddled round the fireside with fellow campers.

To make a reservation, visit www.aman.com/resorts/aman-i-khas



Airborne

Where: Waldseilgarten

Good for: Dare Devils

For some, camping dredges up memories of school trips in the pouring rain, for others, it's sleeping in an unruly location, surrounded by nothing but the sweet sounds of nature. But what if you could get that little bit closer to the stars...

Pfronten, Bavaria, tops the pro campers' hit list when it comes to daredevil pitching. Perched at the top of a mountain summit, those who dare are invited to spend the night suspended from the tree tops in a floating sensation.

Camping in a tree tent in Waldseilgarten offers an entirely new sense of freedom and (excuse the pun) it's the perfect place to branch out.

From £211 per night, visit www.waldseilgarten-hoellschlucht.de for more information.



A Hidden Gem

Where: Fidden Farm, Fionnphort, Isle of Mull

Good for: cycling and sea kayaking from bay to bay

Completely un-signposted, Fidden Farm at first glance resembles a ramshackle of turf and rocks. On closer inspection it reveals the finest stretch of coast Mull has to offer. With only the stars, stunning scenery and the local Keel Row pub for company, with its roaring fire and good simple grub, it's here you'll discover a wilderness wanderer's paradise.

Open Easter-October; adults and children welcome. For more information call 01681 700427

The End of the Earth

Where: Durness, Sutherland

Good for: Cocoa enthusiasts

Head to the most northerly area of Britain and you'll discover an idyllic camping spot. Positioned at the very tip of a long, winding and somewhat isolated road, Sango Sands is often mistaken for the end of the earth. With vistas boasting nothing but mountain and ocean, both blustery and desolate in equal measure, this analogy is not far wrong. A unique selling point - Cocoa Mountain - an on site chocolate factory complete with a chocolate Bar.

For more information visit sangosands.com



Back to Basics

Where: Yosemite

Good for: Seasoned Campers

Ninety-five percent of this astounding park is designated wilderness. There are no buildings, no cars and no electricity. This is the place that seasoned campers go to escape the western world. Spend your evenings under the stars and your days hiking up to Glacier Point, where you'll discover a breathtaking view of Yosemite Valley, Falls and the Half Dome. One thing to watch out for? The resident black bears!



Sex AND THE Surf

WORDS Laura Morel

Jersey is an idyllic place to call home. Surrounded by some of the world's most beautiful waters, islanders take every advantage to embrace the outdoors through a variety of water sports. But if you're like me the idea of swimming in any sea, let alone Jersey, fills you with paralyzing fear. We may be rare, but ah bah crie, we land lubbers do exist in Jersey! It's been close to 20 years since I ventured into the sea, so for my own good and the sake of my young son I booked onto a yoga and surf retreat to overcome my greatest fear.

The idea of the sea is very appealing; health benefits from swimming, spirituality from connecting with the ocean and, of course, who isn't trying to recreate minimal effort surfer girl hair in the summer? I also hate to be beaten and consider myself Wonderwoman when it comes to most sporting challenges but the sea is definitely my kryptonite and perhaps in surfing I have finally met my match!

A fear of the sea is like any other and can be managed yourself through conditioning (associating the experience with a feel-good event to calm you in times of panic). Thinking of sex to overcome fear comes highly recommended.

Doesn't it always?! With experienced instructors at hand and sex therapy in mind, I was ready to take the plunge in the choppy waters of surf haven Ericeira, in Portugal.

A strong swell met us at our first session allowing some time to consider the task in hand. It was easy to conjure images of semi-naked men with exactly that parading before me; bronzed, toned, ruggedly handsome and dripping in sea water. When the waves finally died down, we took to the sea and after getting comfortable with the sensation of waves hitting me (a feeling as foreign as the language) I started to climatise and was ready for my board, thinking sexy thoughts!



Surfing itself was not the scary part. Good balance and a strong core enabled me to pop up on the board easily after a couple of attempts and having a skill to master distracted me from the elements. I found comfort in numbers, with a gaggle of girls flailing in the waters beside me who supported and cheered me on during our lesson. It was a rush when I emerged from the water thrilled that I'd finally conquered my fear.

By comparison, Stand Up Paddle-boarding was a much scarier beast. Deeper, murkier waters took away any kind of sense of achievement I thought I had earned and meant that I only made it onto my knees on the board after much persuasion not to turn around and head onshore after the first two minutes. Think sex! In a bed!! On dry land!!! At the end of a short session which seemed like an eternity I felt the tension melt away as we hit the shore and had to do my best to hold back from kissing the sand.

Following this knock back, further attempts to enter the surf were futile. With a stronger swell and talk of a pulling current, I felt an overwhelming sense of disappointment as I watched my friends tackle the waves

through teary eyes clutching my board. Suddenly no amount of impure thoughts could coax me back into the sea.

SUP yoga was on the agenda the following day. "You do realise it's only waist deep?" questioned the SUP instructor who sympathetically offered me a life jacket

"After a week of water based activities I've not returned to Jersey a mermaid and doubt that any prolonged period of exposure is going to make me a water babe. But I now know getting in the sea is manageable, something that requires work and what my limits are."

perhaps not quite understanding that my fear was not of drowning in clear shallow waters, but was just quite irrational. With terror grounding me to my board, my love of yoga allowed me to slowly relax and try some of the more difficult moves without worry of diving and in little time I found myself inverted and converted to the wonder of SUP yoga! My fears drifted away with the retreating tide, and I felt a sense of calm without even a thought of any carnal pleasures.

After a week of water based activities I've not returned to Jersey a mermaid and doubt that any prolonged period of exposure is going to make me a water babe. But I now know getting in the sea is manageable, something that requires work and what my limits are. You are unlikely to see me paddle-boarding across our shores,

although I'm keen to hone my surf skills in calmer Jersey waves and would highly recommend the combination of yoga with sea to all long suffering thalassophobes. It was a fantastic, action-packed trip but I was ready to return home to the familiar beaches of Jersey and to my husband, feeling for some explicable reason extremely horny!



A HOME FROM HOME. AT HOME.

Rumour is that the summer is upon us here in Jersey. Which for many means the chance to enjoy going on holiday to relax away from the island, but what if you don't have longer than a few days of annual leave to take, or stacks of cash to head off on an adventure further afield.

Well as this is our great outdoors issue, we thought we'd put together a guide to the islands campsites, which offer you an excellent staycation option. Camping has had a considerable regeneration over recent years, and gone are the days when you had to battle with erecting your own flimsy canvas, whilst the wind and rain lashes at your face, now the options of pre-erected, fully equipped accommodation are almost endless, even here in Jersey. Glamping is where it's at people!



Durrell Wildlife Camp

La Profonde Rue, Trinity

Phone: 1534 860090 www.durrell.org

This is the ultimate luxury glamping getaway with a unique twist. Part of the Durrell Wildlife Park their camp allows you to fully immerse yourself in the wilderness, whilst enjoying stunning five star luxury surrounded by some of the rarest animals on the planet. Their upscale tents, with wood furnishings feature free WiFi, wood-burning stoves and kitchenettes, as well as separate tents with private bathrooms. All tents also have their own decks with garden furniture.

Parking and access to the wildlife park is free for the duration of your stay and there is a communal lodge and a BBQ area, as well as a relaxed restaurant and a cafe.

Facilities

Free WiFi
Free parking
Accessible

Kid-friendly
Restaurant
Bar

Daisy Cottage Campsite & Retreat

Rue De Vinchelez, St Ouen

Phone: 01534 481700 www.daisycottagecampsite.com

Daisy Cottage Camping Retreat is a small quiet site, with great emphasis on peaceful relaxation in a natural, tranquil environment. They are also the only campsite in the west of the island, nestled in the heart of St Ouen and boasts beautiful views of the local countryside, the coast of France and our stunning sister islands of Sark and Guernsey.

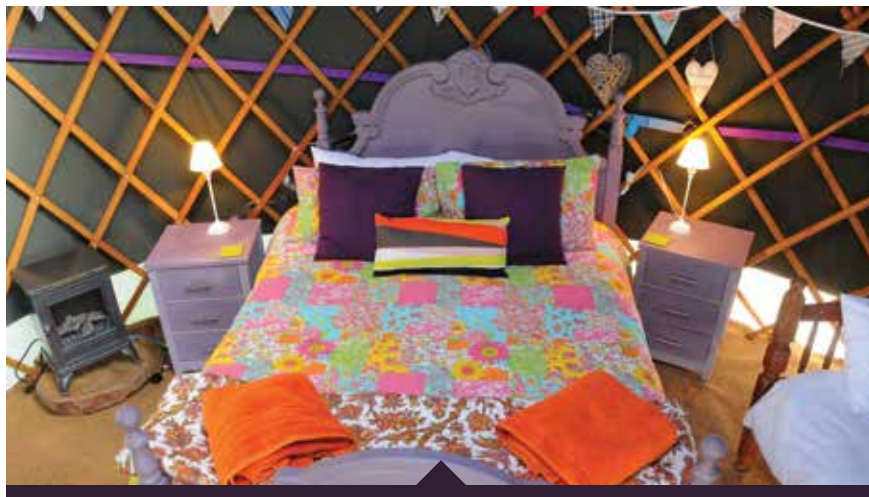
You can relax in the privacy of your own pitch, take advantage of their guided meditations, take part in morning yoga sessions, enjoy a massage, or treatment of your choice by their on-site dedicated Natural Therapies team or just wander around the beautiful lanes and enjoy the scenery.

Daisy Cottage offers you the choice of camping in comfort in their shepherds hut. Or you can pitch your own tent, motorhome or caravan.

Facilities

Small shop
Laundry
Morning Yoga. (July and August)
Various workshops and courses
Guided Meditation.
Meditation retreat weekends





Beuvelande Campsite

Rue de Beuvelande, St Martin

Phone: 01534 853575 www.campingjersey.com

This is a family owned, family run and family focused campsite, where they strive to provide a distinctly high level of service and facilities to all of their guests.

If you're looking for a luxury glamping options then these guys have a huge variety of options. Whether it's a bell tent, yurt or safari tent you choose you'll be treated to soft pocket sprung mattresses set upon beautiful antique wooden beds, with comfortable single beds for the kids (or travel cots for tiny campers), private gardens equipped with your own gas BBQs, deck chairs & picnic benches. This is glamping at its very best.

To complement the glamping units they also have two different levels of basic hire tents. The older style Cabanon tents, perfect for a family travelling on a budget. Or their premium hire tents are newer and larger. Beuvelande also offer a variety of camping options suitable for those wishing to bring their own tents or caravans/motorhomes.

Facilities

Tilleys bar & cafe
Indoor children's games room
Outdoor swimming pool

Shop
Free WiFi (within Tilleys)
Laundry



Rozel Camping Park

La Grande Route de Rozel,
Rozel

Phone: 01534 855200 www.rozelcampsite.com

This well-established family owned and managed park offer exceptional value and service. It has been run by the Germain family for over 40 years. This is a great park for families and many of their customers have been coming for years, thanks to their high standard of customer service and of course you will be only moments away from the island foodie hotspot, the Hungry Man.

If you're bringing your own tent their spacious pitches allow you to park by your pitch for free, with plenty of room to move around. The Camping Park is in four fields, one with views of France, it has many level pitches for trailer and the larger frame tents and electric hook-ups. Caravans and motor homes are also welcome. They also have a range of fully equipped and pre-erected tents which come with electric lighting, fridge and beds.

Facilities

Onsite shop
Laundry room
TV Room
Games room
Crazy golf
Outdoor swimming pool



GO EAST

WORDS Taylor Jones & Augustin Warner

Find your nearest world map or globe. I'm sure it's been a long time, if ever, since you really looked at it. Now, if you are like me, the enormity and scale of the earth itself, and the subsequent insignificance that its size forces upon us, is a terrifying enough concept to force any to stay firmly locked in their home enjoying the small things like a cooked meal and the Playstation's online features.

For others, the far reaching lands of Thailand and Vietnam, and dreams of nonexistent lands ironically "untouched" by tourists will inspire the odd post on Facebook about how much they "need to get away" from their well-paying and interesting office jobs. However, for a rare few, the sight of the great expanses of land that split the oceans actually do galvanise and motivate the individual to fly the nest and see what they can of the world outside the somewhat narrow view that Jersey provides.

This month, I've been lucky enough to learn about a man that belongs in every way to the latter group. Augustin Warner is

currently undergoing a journey that made me so nervous and anxious just hearing about it that I felt genuinely concerned for the man's mental health. Travelling from France to China is no mean feat, even by air. By car, it is a gruelling voyage that has broken many stronger men than I. On a bike? Well that's just another trip for Mr. Warner. The Eurasian challenge that he has undertaken, on which he will pass through a multitude of countries and three continents in order to get to his final destination, is one of the greatest cycling adventures I can imagine, and puts those men that complain about cycling around France every year to shame.

Here, he has provided a short summary of his journey so far, which at the time of writing is still very much in progress, with seven countries left to pass through, not to mention the many miles that will be decided on the spot when our voyager reaches China.

So, whether you are a terrified of the outside world, or crave the challenge presented by the very sight of the map, take inspiration from these pages and the Herculean task that this man has undertaken. If nothing else, you can admire the majesty of what uninterrupted travel can do for a man's facial hair.



I always loved going on camping holidays to France with my parents and brothers as a child. As I got older I started to spend nights camping down at Le Braye, Le Coupe and Greve de Lecq with friends. Over recent summers we have spent several nights over in Sark, out at the Les Ecrehous and in Seymour Tower.

There is something special about setting out for the weekend with everything you need on your back, ready to spend time with friends and family, cut off from the outside world. We are so lucky that in a such a small place as the Channel Islands there is a wealth of beautiful and secluded spots. You can still get away from it all.

But in spite of this, I've always yearned for something more secluded, more remote, more challenging. I wanted to do something solo, self sufficient and long distance. That is why a few years ago the idea for this journey started to take its initial shape in my head. I had spent a lot of time at university studying Eastern Europe, the Balkans, the Middle East, Central Asia. I was desperate to visit the places I had spent so long only reading about. With a huge list

of destinations I begun to sketch a route between them all, across borders, along coastlines, over mountains and deserts. A long red line on a world map that stretched from France to China.

The bicycle was the obvious mode of transport for this trip. It would satisfy my desire for something both physically and mentally challenging. It would provide me with enough versatility to be self-sufficient, to carry my own tent, stove, food and clothing. It would allow me to go off the beaten trail, to spend time with locals, to take my own path.

I saved my pennies, joined a local cycling club to train up, started to countdown the days; and on 19 February of this year I hopped on the ferry to St. Malo.

I spent those first few hours of a journey that would take the best part of a year sat on the coastline just north of St. Malo looking out to sea. As I waited for the last of the dog walkers to go home, I let the realisation that this was actually happening wash over me. I pitched my tent and spent the first night listening to the waves crashing against the rocks.

“The bicycle was the obvious mode of transport for this trip. It would satisfy my desire for something both physically and mentally challenging. It would provide me with enough versatility to be self-sufficient and to go off the beaten trail, to spend time with locals, to take my own path.”

Stage one of the journey entailed cutting a path almost directly eastwards through Paris, Strasbourg and Munich to Vienna. I spent the first couple of weeks riding through rural France in the day, pitching my tent in the blind spots between farmhouses or deep in the forests at night. Even here the generosity of locals blew me away. I was plied with coffees and whisky chasers in run down crumbling cafes, encouraged to stay warm and keep going.



CONTINUED OVERLEAF...

...CONTINUED

As I reached the hills of Alsace-Lorraine and started to move into the Black Forest the cold really set in, the snow got deeper. Wrapped in many layers I rode through the French/German borderlands, spending the nights under snow covered canopies, finally descending to the warmth of Munich. From Munich I crossed into Austria, picking up the Danube near Wels and riding along its banks to Vienna.

That mighty river would be my guide for the majority of stage two, I followed it deep into the Balkans, passing through Bratislava, Budapest and Belgrade. Between the cities I camped out in the forests that lined the river.



I left Turkey crossing the border to Georgia and up into the Caucasus Mountains. Starting the day at sea level I finished it at 2,000m, making camp in the snow and pine trees at the top of Goderdzi Pass. From there I bounced between 1,000m and 2,000m all the way to Armenia and Yerevan. People's interest and hospitality continued. I was barely able to stop without being offered tea and bread by some of the poorest people I've ever met.



From Serbia I moved into Romania, where the terrain became more mountainous. I shared both the days and the nights, out in the open, with the dozens of shepherds and hundreds of sheep that were never far away. Crossing over into Bulgaria, I made a break for Turkey and Istanbul. Stage three would take me across northern Turkey and up into the Caucasus Mountains. All along the Black Sea coast the weather alternated between blistering heat and moral sapping thunderstorms. But whenever I began to feel sorry for myself, a friendly Turk would pick me up.

The hospitality in Turkey was unbelievable. After buying my morning bread from a local baker, I would often be invited to enjoy some olives, cheese and tea. On one occasion I went into a petrol station to buy a can of Coke and ended up enjoying a full home cooked lunch with the family that ran the pit stop.

I'm sat here now, In Yerevan, resting my legs and typing this up. Stage four will start when I cross the border in about a week. With Mount Ararat to my south I will make my way down into Iran, rolling across that ancient land towards Turkmenistan...

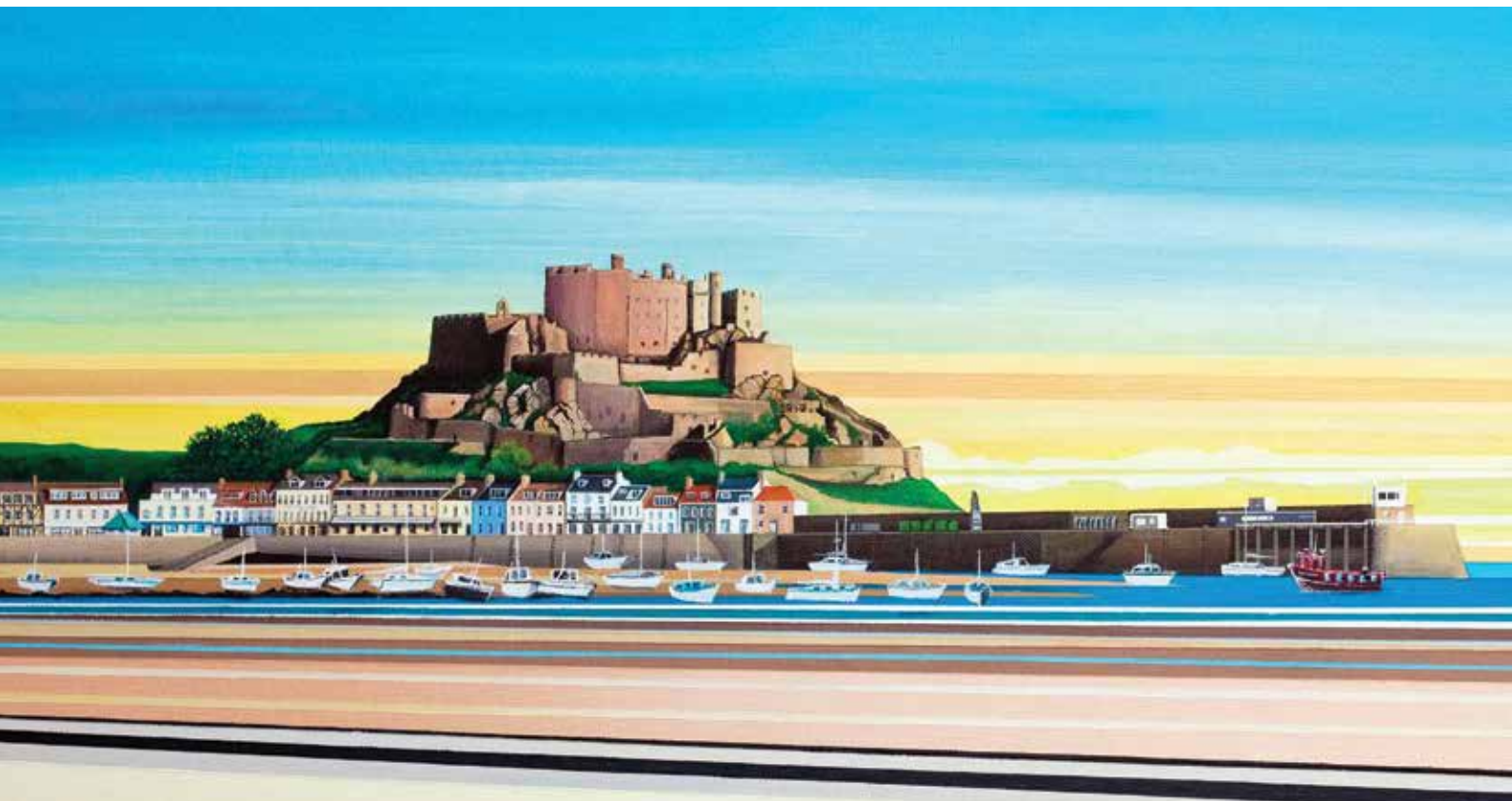
There is something special about spending days at a time out in the open. Something amazingly fun about spending all day on the move, everyday waking up knowing that the day holds a new sight, the potential to make a new friend. I would thoroughly encourage anyone to try out cycle touring. Before setting out on this journey I had been on two other bicycle holidays both lasting about two weeks. One from Toulouse to San Sebastian and the other from Venice to Thessaloniki. You would be amazed at the distance you can cover, the things that you can see and the generosity of strangers.



We last heard from Augustin when he was 90 days into his journey. The man could be anywhere, however if you're interested in trying to locate him you can go to his website and follow his route and his ongoing blog at www.augustinwarner.com. On there you'll find a whole record of his trip so far that is updated whenever he can get internet. We'll be keeping in touch with Mr. Warner as his trip continues, so stay tuned for more updates in the future and the celebratory article that will be written for him, or by him, when he finishes (unfortunately you probably can't share in the party that he will probably throw himself in China).



CULTURE



GEOMETRIC GEOGRAPHY

Local artist Peter Knight is a man who knows about the great outdoors! His distinctive geometric hard-edged style of painting, where shape and colour are paramount, captures some of the most well known parts of the islands coastline.

Tell us about where and when getting creative all started for you? I was always drawing as a young kid. As my childhood was during The Cold war period, so my subjects were planes and warships. I was always happy in a sea environment and I think I must have subconsciously stored countless images and in particular the shapes of boats. The art teacher at Hautlieu, Derek Crowe, helped me develop my creativity in a wider capacity and during my A-level course I knew that creativity had to be part of my career

How would you describe your work and what you do? As a former art teacher I have always had to be proficient in a good range of media but I am most comfortable working in a geometric style where shape, pattern and colour predominate. Jersey's varied coastline with its large range of tides provides an unlimited source of

inspiration. I am always faithful to the main feature, but look for shape and pattern in the sea, sky and sand.

What does an average day look like for you? I am not one to concentrate on one activity a day. In the winter I might play golf in the morning, paint in the afternoon, print my work for galleries, walk the dog and then prepare a meal. I adore cooking! In the summer I might paint in the morning or print orders, take my boat out and fish in the afternoon, have a run on my KTM 400 motorbike and BBQ the fish in the evening!

What mediums do you use and which of them is your favourite? I use watercolour, gouache, oils and acrylic. Ninety percent of my painting is now in acrylic because they are quick drying and more versatile. I also work with paper sculpture and mixed

media usually on school projects, and though I am now retired I often get called in by both primary and secondary schools.

As a landscape painter, do you spend a lot of time outdoors, if so do you have any survival tips? I am constantly out searching for new material. With our range of tides the space between the sea and shoreline is constantly changing, as is the light according to the weather. When I have found a promising composition I will do a quick sketch, take photographs and short notes. Unlike the impressionists, I rarely work on site. My composition is constructed at home with all my references around me.

What's your favourite view in Jersey? My favourite view has to be the vista of St Ouens bay from the corner of La Pulente. However the view of Gorey Castle and



the harbour from the beach opposite Fort Henry is a close second.

Although you are perhaps most well known for your geometric hard-edged style of painting do you ever experiment? To make any progress in art one must always be prepared to experiment. I like to work with texture/ collage using pva, tissue paper and card, using a more organic approach in contrast to my more precise style of painting.

Do you have a favourite piece of work that you've kept, one that you loved so much you just couldn't sell it? My paintings usually take a month to complete because I do not paint all day and prefer to take a step back to assess the work in progress. Taking so long to complete work often makes it difficult to part with and not all my work is immediately available for sale. I have a large painting of The White House which I will always keep.

Do you have any particular artists that have inspired you throughout your career? Many artists have inspired me but two in particular stand out. Turner was the first artist to break formal rules and experiment with technique and colour. I saw an exhibition of 500 of his small preparatory colour sketches, they were so contemporary and so stunning The other is Paul Klee for his use of colour. He was

quoted as saying "colour takes a lifetime" and he is right...you never stop learning about colour.

What was your pathway to getting to this point in your career? All my working life has been spent teaching young people to express themselves creatively. This I know was my strength and it was a rewarding process. However this left little time to develop my own work. And so three years before retirement I made a decision to leave teaching and concentrate on my own painting. I converted one room into a studio with extra windows and a separate room for computers, photography and printing. I print all my own work up to A3 size. Larger work and canvas prints I outsource. A friend helped me build a website which brings in orders locally and from the UK. I also supply three local galleries. It was a new life and my painting certainly progressed. Like most things, time and practice will improve. I also still have time to work with schools on varied projects.

If we could teleport you to any landscape in the world, where would it be? It would have to be the Tuscan landscape, particularly near Montalchino. And with Florence and Sienna nearby I would be in heaven!

If you had the keys to any museum, so you could come and go as you please, where would it be? The National Gallery in London..they would have to kick me out! So much to absorb and learn.

Do you have any great career advice for people with an interest in pursuing a career as a professional artist? Pursuing a career in art is risky in terms of making a living. There are so many talented people out there but I would always encourage students to go to a UK art college. They would have time to make decisions and if they eventually did not make it, the process would have developed their creativity and confidence.

We know you exhibited at the Harbour Gallery earlier on in the year, but what's coming up in the future, anything we should be keeping an eye out for? I will always work on capturing the coastline but I am now at a stage where I want to change some subject matter. I have several ideas I have wanted to develop and my next painting will be an echo of the past when I developed the geometric style at art college. The title of this painting will be 'Flying by the seat of your pants!' WATCH THIS SPACE!!

www.peterknightartjersey.co.uk





JERSEYS OLD AND NEW: THE ATLANTUS PHOTOGRAPHY PROJECT

We all grow up thinking that the place where we were born is the centre of the universe. This is easy to do when you live on an Island, but there will come a time when you leave the comforts of your home to see something of the world. For the Jersey-born, our self-importance wilts a little the first time we are required to explain to a baffled American that “Old Jersey” is a real place that long pre-dates the birthplace of Bruce Springsteen.



2014 marked the 350th anniversary of New Jersey, but many of us know little about our trans-Atlantic cousins, and in true American style that lack of knowledge is often reciprocated.

The Atlantis project from photographer Martin Toft and Photo Archivist Gareth Syvret is an effort to change that by documenting the people and places of the two Jerseys. Although we are far from twins, neither are we total strangers. The connections can be found in cows (of course), place names and old families, but also in the everyday similarities of homes, hospitality and the basic humanity we all share.

Atlantis is unusually accessible to our cousins in the garden state. Produced as a newspaper, it can be assembled into a pop-up exhibition in a gallery, school or cowshed on either side of the ocean. Since its release last summer, Atlantis has received international recognition and been presented worldwide. It was selected by acclaimed American photographer Alec Soth as one of his top ten photobooks in 2015 and, thanks to the support of New Jersey State Council on the Arts, copies have been distributed to 432 public libraries.



In Old Jersey, you can see the exhibition on the hoarding of the Jersey International Finance Centre development, pick up a copy from the Société Jersiaise, or look online at www.archisle.org.je or #atlantis

THE COUNTDOWN HAS BEGUN...

This month will see CCA Galleries International once again playing host to an exhibition of the Island's up and coming artists as they finish their further education courses and display work as part of the Gallery Student Art Awards. We've been running features each month on the previous winners and it's been great to look back on all the great pieces that have been submitted since we started the awards in 2008.



As we go to print we've had a number of submissions in but have also realised that the entry deadline was spanning our production timeframe so we've not had all the entries in time to show you them here. We therefore took the opportunity to extend the entry deadline a week and, by the time you're reading this, will be judging them for the exhibition that starts on July 15th.

It seemed appropriate to whet your appetite with the entries we've had in so far and give you a flavour of what to expect. Join us for the opening night and find out who will take the £500 first place prize or call in on your lunch break for the latter half of the month. All work is for sale with a proportion of takings from CCA going to the British Heart Foundation Jersey Brand.

Gallery Student Art Awards in association with CCA International.
Opens 15th July with exhibition running 16th-31st July.

Entrants so far.



Tom Rolls

University / College: Fallout University

Course: Foundation Diploma in Art and Design

Entry Description: My area of specialisation is Sustainable Product Design. I take old skateboard decks and reshape them into new products, including reshaped skateboards. The deck I have submitted is called the 'Wisdom Tooth' and is a 'beachside cruiser' made for casual roadside carving. Everything about the Wisdom tooth is 100% mindfully handcrafted and organically sourced, including the sand grit, which has been collected from two of my favourite Cornish beaches and glassed onto the deck face for optimal grip. I have only recently begun specialising in Sustainable design so crafting decks is still relatively new to me. However, by binding sustainability with aesthetics, I feel this opportunity will allow me to showcase the potential for quality up cycled products within the younger generation and introduce something different to Jersey's skateboard and surf society.

Favourite Artist: 'Be You Skateboards'



Amber Hahn

University / College: Goldsmiths University of London

Course: Fine Art

Entry Description: Girl Team is a video documentation of a performance that would be projected on to a wall space alongside five gillets hung on the wall. My work has begun to ask what constitutes a practise, what education does/is, and how humans (often females) behave in packs. My work questions the performance of hard-work and of effortlessness. 'Girl Team' shows some constricted, hand made, parallel bars and a synchronised warm-up by a group of young women in matching, Goldsmiths Fine Art branded gillets. The sturdy frame is remained an untouched arena at the centre of the work until being activated right at the end of the performance, when the women pat it down with chalk dust. The work can be understood as institutional critique in various ways; on face value it prods the facade of the Goldsmiths art brand but that seems to be the least interesting (or subtle) institution in it's sights. The work looks at girlhood as an institution that these young women are ageing out of and begins to ask questions about the desire to be part of a gang/team/pack.

Favourite Artist: Pilvi Takala



Catryn Fauvel

University / College: Highlands College

Course: Foundation degree art & design

Entry Description: Shell mosaic 2metre tall cigarette fountain and sea glass ashtray. Made using over 10000 shells and sea glass pieces collected from local beaches. Not colour enhanced.

Favourite Artist: Cleo Mussi



Lizi Hill

University / College: Highlands College, Plymouth University

Course: Foundation Degree in Art and Design

Entry Description: 'Flow' is an installation of curved oak and ash sculptures. Each sculpture forms a continuous shape composed of at least 3 planks of wood joined so that they become virtually seamless. After the wood had been steamed I allowed each section to bend and twist in the direction it wanted to go working intuitively with it. My aim was to make a continuous flowing shape with beautiful negative spaces. The nature of movement and movement in nature is at the heart of this piece.

Favourite Artist: Cornelia Parker



Rebecca Friedman

University / College: University of Plymouth, via Highlands College

Course: Foundation Degree, Art & Design

Entry Description: "Neon in the Sea" Installation. HAIKU: Neon in the Sea, Ukiyo Harajuku, Shinjuku Crossing. This installation piece and partnered print has been inspired from the underwater world and my experience of the Japanese culture (traditional and modern) first-hand. Combining these two different subjects through experimentation in various materials led to a creation of an underwater world which also reflects the modernity of the contemporary urban environment. The aforementioned haiku had been written in response to the experimentation period of this year, which summarizes this body of work. The installation is sculptural and includes light and sound.

Favourite Artist: Takashi Murakami



Catia Riva

University / College: Glasgow School of Art

Course: Painting and Printmaking

Entry Description: 'Embodiment' Oil Paint on Canvas. 91cm x 60cm

Teresa Toudic

University / College: Highland college

Course: Foundation degree

Entry Description: St Brelades Church and Grosnez Wood and Glass work

Favourite Artist: Jack Storm and Chihuly



Clare Morvan

University / College: Highlands College

Course: Art & Design Foundation Degree

Entry Description: Three oil painted glass panels. This academic year at college I was using glass to study water when the Syrian refugee crisis was being discussed in detail in the local and national newspapers. This piece represents their fractured world and how a greater power can randomly change your world altering your family's destiny for ever.

Favourite Artist: Christian Hook-his layering of paint to capture movement in a split second of time.



Francesca Monticelli

University/College: Central Saint Martins, University of the Arts London

Course: Foundation Diploma in Art and Design

Entry Description: Fantasy print Triptych prints, A2 Individual print, A1. Photographic prints of a digital collage projected onto an oil painting. This piece explores the boundaries between reality and imagination through digital media and painting.

Favourite Artist: Janaina Tschäpe

Culture News



'SOUNDS OF THE SHORE' #LOVEJERSEYSCOAST

The National Trust for Jersey, in collaboration with Jersey Archive and Audioboom Ltd are calling all islanders to collect 'sounds of our shores' and help the National Trust create the first ever coastal 'sound map' of the island.

The initiative is launched this month at the Sunset Concerts and will run until the end of the year. It is one of a range of coastal themed events and activities that mark the 10th anniversary of the Coastline Campaign.

All you need to do is upload your recordings using the free Audioboom app or sounds can be recorded on smartphones,

tablets or handheld recorders. Sounds can be crashing waves, the cry of gulls, families playing on a beach – any sound of the coast.

When uploading recordings via Audioboom, add the tag #lovejerseyscoast and if possible an image of where the sounds were collected from.

At the end of the year the recorded 'sounds' of the shore will be retained by Jersey Archive as a permanent audio record of the summer of 2016.



AGATHA CHRISTIE'S THE MOUSETRAP

The Mousetrap is famous around the world for being the longest running show of any kind in the history of theatre, with over 26,000 performances in London. This record-breaking 60th anniversary production is back at the Jersey Opera House by popular demand and starring Louise Jameson (Doctor Who, EastEnders, Doc Martin, Bergerac) as Mrs Boyle.

The scene is set when a group of people gathered in a country house cut off by the snow discover, to their horror, that there is a murderer in their midst. Who can it be? One by one the suspicious characters reveal their sordid pasts until at the last, nerve-shredding moment the identity and the motive are finally revealed. The show runs from 1-6 August, with both evening and matinee performances available.

**Tickets: £20.50-£33.5,
concessions and members: £2 off.**

THINGS ARE HEATING UP AT JERSEY ARTS CENTRE

As the weather warms up, Jersey Arts Centre has lots to offer those who enjoy their theatre al-fresco, or those who want to escape from the heat!

As July marks the start of the school holidays, there are two fantastic theatrical experiences for younger ones coming up. From 14 - 17 July, Jersey Arts Centre's ACT group presents Roald Dahl's Revolting Rhymes: a puppet show with a difference! Gruesome and grisly, darstady and daring, these rhymes from one of the most popular children's authors turn familiar stories topsy-turvy. There are evening and matinee performances available, so come along and see your favourite fairytale characters in a whole new light!

Next, on 18 and 19 July, the fantastical magician Neil Henry brings his jaw-dropping show Mindwangler to Jersey

for the first time. In just an hour, Neil will mystify audience members with his mind-bending magic. The show is suitable for all ages, but the older you are, the more baffled you'll become! When you stop laughing you'll be left questioning reality for days...

Finally, from 1 August the much-loved Oddsocks return to Coronation Park for a brand-new steam-punk reimaging of Macbeth. With music, comedy and the wonderful words of Shakespeare, Oddsocks breathe new life into classic texts with more than a few laughs along the way. Coronation Park will be open from 6.30pm for picnicking, so pack your lemonade, sausage rolls and sandwiches!



ABOVE: ODDSOCKS (FROM 1st AUGUST) ▲

For more information about any of the above shows, or to find out what else is happening at Jersey Arts Centre throughout the summer, please visit www.artscentre.je or give the Box Office a call on: 700444.



'POINT BREAK' AT THE WHITE HOUSE

The next in the series of coastal films being staged by the National Trust for Jersey is the cult surfing classic 'Point Break', which is being shown on Thursday 7 July at 9.00 p.m.

Point Break is the 1991 American action crime thriller film directed by Kathryn Bigelow, starring the late (great) Patrick Swayze, Keanu Reeves, Lori Petty and Gary Busey. The title refers to the surfing term "point break," where a wave breaks as it hits a point of land jutting out from the coastline. Reeves stars as rookie FBI agent Johnny Utah, who is investigating a string of bank robberies possibly being committed by surfers.

Film goers are invited to watch the film, which will be shown on a large outdoor screen at the White House (Le Don Hilton) in St Ouen's Bay as the sun sets and all are encouraged to bring a picnic and something to sit on!

The series of cinematic events marks the 10th anniversary of the Coastline Campaign and is aimed at the general viewing public, families and groups. Point Break will hopefully attract the surfing fraternity and the next film, 'Finding Nemo', which is being screened at Grève de Lecq Barracks in August, is aimed at younger families. The next few films include 'Jaws', 'Mutiny on the Bounty' and 'The Fog'.

To book to see any of the films – call the National Trust on 483193. Each screening is £10 and includes a glass of wine.

JADC PRESENTS: LES MISERABLES

The Jersey Amateur Dramatic Club, by arrangement with Cameron Macintosh, presents a new production of Boublil and Schonberg's Les Misérables from July 13-23 (with the exception of July 19). Based on the novel by Victor Hugo, which tells the story of broken dreams and unrequited love, and set in early 19th Century France, it is the story of Jean Valjean, a French peasant, and his quest for redemption after serving 19 years in jail for having stolen a loaf of bread. Featuring the songs "I Dreamed A Dream", "Bring Him Home", "One Day More" and "On My Own".

Performances at the Jersey Opera House begin at 7.30pm and ticket prices start from £25.



JERSEY OPERA HOUSE



ROMEO AND JULIET – BRANAGH THEATRE LIVE – LIVE SCREENING

Thur July 7th – 7.15pm

Tickets £13.50



CHAPLIN – THE CHARLIE CHAPLIN STORY – MUSICAL

Sat July 9th – 8pm

Tickets - £19.50 - £21.50



ANDRÉ RIEU'S 2016 MAASTRICHT CONCERT – SCREENED VIA SATELLITE

Sun 24th July – 3pm

Tickets - £20



JAMIE RAVEN (MATINÉE THUR 4.30PM)

Wed 27th & Thur 28th July – 8pm

Tickets - £19.50 - £21.50



A NIGHT OF DIRTY DANCING

Fri 29th & Sat 30th July – 8pm

Tickets - £17.50 - £22.50

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BOX OFFICE: (01534) 511 115

www.jerseyoperahouse.co.uk



R REASONS

JUL
30th

For a piece of land barely visible on a world map, Jersey is seriously earning its stripes when it comes to music. There are more opportunities than ever for local artists to become an integral part of the most varied and exciting electronic music events that the bailiwick has ever seen, thanks to organisers unending visions for events such as this. With a mission to find function in idle venues and to reimagine some of Jersey's unused spaces with unencumbered creativity, these events are fast becoming unmissable and all for the right Reasons... simultaneously showcasing local talent and supporting home grown enterprises while rapidly advancing the local music scene, a scene that has cleverly become accessible to both artists and music lovers alike. We're very proud to support this festival and this year we're back behind our iQ Bar to keep you all refreshed on the day! See you all there...it is not to be missed.

Visit www.reasonsfestival.com for more information.

Songs for the Summer
Reasons organiser Ben Newman suggests...
Headhunter by Nubian Twist
(you can catch their DJ and sax player on the mainstage at Reasons!)

SONOS
PLAY:1

£139.50
INC. GST

SONOS
PLAY:5

£375
INC. GST

GoPro
HERO 4 BLACK
EDITION
£320
INC. GST

Come and find one of the iQ team sporting a GoPro at Reasons. Chat to us to learn more about our exciting range and don't forget to strike a pose!

AVAILABLE
NOW AT
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Sonos is the smart speaker system that unleashes seamless wireless playback throughout your entire home. We are so excited to now have Sonos in store and we can't wait to share this amazing product with you so pop in and see us for a demonstration. For a limited time only, we are offering free home setup when you purchase two or more speakers from us.

Visit www.iQJersey.com/products/sonos for more information.

SONOS
The Wireless HiFi System

Songs for the Summer
BHF Jersey's Summer Parkins suggests...
Carmen by Stromae

It could be said that summer belongs in St Ouens and it certainly is a spectacular host for many events each year with Groove de Lecq the star guest for August. Since 2011, the festival has attracted thousands of islanders with its vibrant overhaul of the historic grounds of Moulin de Lecq. This ethically produced, micro-festival provides a great day out for the whole family with an ever-impressive display of locally grown talent and creativity. This not-for-profit event with unmistakable personality has charity living at the heart of it and this years event is in aid of British Heart Foundation Jersey, a charity who are leading the local fight against heart and curclatory conditions. We are so proud to sponsor this wonderful festival and can't wait to join you all in soaking up the magic of Groove de Lecq.

Visit www.groove.org.je for more information.

GROOVE DE LECQ

AUG
6th



BEATS
STUDIO 2.0 WIRELESS
HEADPHONES

£275
INC. GST



BEATS
SOLO 2 WIRELESS
ACTIVE COLLECTION

£225
INC. GST

Songs for the Summer
Richie Roulson of iQ fame suggests...
A Little Samba by Ugly Duckling
(Listen on a pair of wireless Beats to keep
your hands free for a refreshing Mojito!)

Songs for the Summer
Andy from Sonos UK suggests...
Into the Sunset by Mako
(play all your summer songs
wirelessly throughout your home
with the Sonos range!)

BELKIN
METALLIC BRAIDED
LIGHTNING CABLE

£17.50
(each)



BELKIN
CAR CHARGERS

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(each)



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Apple
expert

It has been another speedy approach to summer 2016 and at iQ we are more excited than ever about what we have planned for the (hopefully) sunny season. Not only do we have a host of new products and exciting new in-store workshops, we are also very proud to support Reasons Festival and Groove de Lecq again this year with our very own drinks bar, interactive competitions and giveaways. If you haven't been to see us recently, make sure to pop in to find out more about summer at iQ Jersey. Find us on Facebook, Twitter and Instagram to keep up to date with our news, pictures and videos. We hope to see you all soon.

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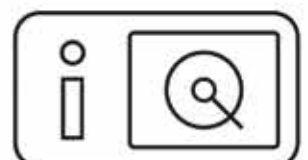
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RUNNER UP



jerseyseymour won £100



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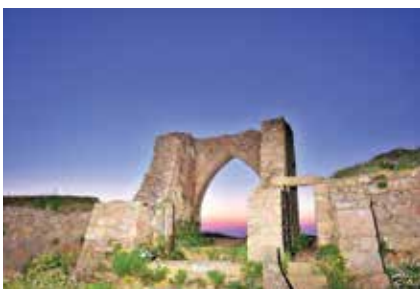
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Imi Dobber



Angie Muir



Ian Hotton



Anna Renouf



Layla Arthur



Imi Dobber



Jason Masterman



Exhibitions



FROM HERE ON as part of Skipton Open Studios

After the success of his solo show 'Seekers' earlier in the year, Jason Butler has invited a selection of local artists to exhibit in his spacious studio and gallery space at 10 Commercial Buildings. With a combination of ceramics, drawing, painting and sculpture; From Here On is an eclectic selection of work that, although vastly different, complements each artist's talents to create a unique and interesting exhibition.

Abi Overland

Graduating from a BA (Hons) in Illustration from the University of Brighton in 2014, Abi has established herself as a dinnerware brand and illustrator. Abi's attention to detail in creating surreal landscapes full of organic matter and hints of lost civilisations bring the viewer into her created world. Abi has her beautiful illustration screen-printed onto the finest quality English china from Stoke-on-Trent to create a unique and elegant dinnerware range.

Ben Robertson (Bokra)

Most known for decorating the streets of St Helier, Ben recently travelled to New York where he got to create his work in Brooklyn alongside NY based graffiti and street artists. His medium is primarily spray paint, however Ben is currently channeling his inspiration taken from NY, experimenting with different mediums and creating new and exciting pieces based around the contrast of past and present civilisations.

Will Bertram

Primarily drawing based, Will has been developing his style of illustration by experimenting with oil paint to give the drawings texture that emulates his digital work. Will combines sculpture and animation with his drawing to explore identity and cult behaviour in a dystopian future. Recently completing a Foundation Degree in Art & Design at Highlands School of Art, 'From Here On' will be the last exhibition Will will be taking part in on the island before going away to complete his degree.

**Open to the public - 2-9 July 10am - 6pm Daily
10 Commercial Buildings (next to Norman's trade centre), JE1 3UD**



CCA Galleries Student Internship Competition – shortlist announced

The shortlisted entrants in this year's internship competition have now been announced. Winners of the 2016 competition will have the opportunity to gain a unique insight into the world of creative arts, working alongside the UK's foremost print-makers and publishers at Worton Hall and CCA Galleries. Runners up will have a day's workshop with experienced local artist David Henley, as well as a 'behind the scenes at the gallery' session with Gallery Director, Sasha Gibb. Work from all of the short-listed candidates will be exhibited in a dedicated exhibition at CCA Galleries International between 6 to 15 July and the winners will be announced at a private view of the work on 5 July.

An expert panel including Lance Trevellyan and Gillian Duke, Managing Directors of CCA Galleries and Worton Hall, and Sasha Gibb, Gallery Director of CCA Galleries International judged the 2016 entries.

Commenting on the overall standard of work Sasha Gibb, said, "The work submitted for this year's Student Internship Competition was phenomenal. Not only do we have shortlisted entries from Beaulieu, JCG and Hautlieu, the competence, originality and commitment was consistent across all four year groups and all schools. CCA Galleries International are looking forward to hanging the work in the Gallery in July."

Rathbones has sponsored the annual internship competition for the last two years, and there have been a flood of participants from a range of local schools, with this year seeing the highest number of participants to date.

The image features a repeating pattern of purple lipsticks on a light blue background. The lipsticks are oriented diagonally and vary slightly in shade. Overlaid on this pattern is the text 'BEAUTY & WELLBEING' in a white, sans-serif font. The text is centered horizontally and vertically, with the words 'BEAUTY' and 'WELLBEING' on separate lines and '&' in between. The background also contains faint, large, light blue text that reads 'BEAUTY & WELLBEING', which serves as a watermark or secondary design element.

BEAUTY & WELLBEING

Beauty News

Mi Mi make it all about you

Whilst the Mi Mi beauty salon doors only opened five months ago, owners Michelle and Natalie bring with them a wealth of experience, having spent many years working in the beauty industry. Having first seen a niche in the beauty supply market Michelle started Pink Pineapple supplies, which now stocks the shelves of not only her own salon but many others around the island. It was whilst supplying other salons that she and Natalie began making plans to open their own place, and so Mi Mi was born.



Their boutique salon based up on Colomberie is a beautiful oasis, with a lovely welcoming atmosphere, which you notice as soon as you walk in. As you'd expect with two seasoned professionals at the helm, they've decided to focus on a few areas and to do them to a very high standard. So you can book in with any one of the five technicians at Mi Mi, who will be able to provide you with manicures, pedicures, lash extensions and brow treatments.

Beyond their treatment menu they also offer a make-up service for weddings and proms and are the islands exclusive stockists of Lily Lolo mineral cosmetics. This British brand offers an expertly formulated range of high-performance, high quality mineral makeup must-haves to help you achieve flawless beauty, naturally. Their products are free of any parabens, perfumes or dyes and are cruelty-free (BUAV approved).

It doesn't stop there either. Beyond the salons normal functioning hours Natalie also trains the next generation. She has been running Orchids Nail and Beauty academy for six years, teaching students both here and in the UK. She offers a full range of courses, courses throughout the year, with flexible dates and times to accommodate all.

Whilst booking is recommended Mi Mi are happy to accept walk-ins and will accommodate you wherever possible. The worst that will happen is you'll have to come back, or if there's a slot that requires a short wait, they'll happily make you a cup of tea.



Fabriah comes to de Gruchy

The team currently responsible for bringing you Le Petit Salon in Gorey and Fabriah Hair and Beauty at the Radisson are expanding. Not only are they set to open another new hair and beauty salon, but they are also adding in a gentleman's barbers and a hair bar too, all right in the heart of St Helier.

De Gruchy, the well loved department store, is currently undergoing a massive transformation, the success of which is already obvious in their new ladies fashion floor upstairs. Well added in to this the team at Fabriah are completely renovating the former hair and beauty salon on the top floor to bring you a bright and open contemporary space, within which you can get pampered to within an inch of your life. With eleven hair stations and five beauty rooms you'll be bowled over by this beautiful facility, which will of course carry with it the excellent brands, treatments and service already found at their other salons.

Downstairs there will be a hair bar, something new for Jersey. A place dedicated to getting you party ready without the need for washing your hair. Whether you want big bouncy curls, or added volume from clip-in extensions, the team will have an option for you, they'll be happy to work with you to make sure you feel fabulous when you leave with your new look.

Of course it isn't just about the ladies, downstairs there will also be an excellent men's grooming and barbers salon. Here gents will be able to choose from a menu of options, whether that's a simple cut or a cut throat shave, you'll be in the safe hands of their experienced barbers. Thanks to the barbers being situated right in the men's section of the store you'll have access to everything you need to get you date night ready under one roof. Ladies, at least you'll know where to find them once you're finished upstairs!

**Mi Mi Beauty Salon, 6 Colomberie Parade St. Helier
t: 853627**

When do we know we need help?



WORDS Christopher Journeaux, Therapy Jersey

This is a question I am often asked. Not only by new clients but also by many of my counselling students, trying to understand if there is a universal sign that can help locate an answer. And it makes sense; how do we know that we need help?

Life can throw so much at us and frequently we find ourselves dazed and slightly confused. Perhaps we have noticed a sudden surge in anxiety or a reticence to do something but without being able to pin down why. Is this the time to seek help from a psychotherapist? A portion of my work is with children and young adults and it seems that their experience of confusion can be multiplied ten-fold simply because so many emotions are new or felt in different ways.

Bound up with all of this there are often social messages. Messages that tell us we should be coping, that what we are feeling is not that bad; we just need to pull ourselves together and face it. Doesn't everyone?

“Bound up with all of this there are often social messages. Messages that tell us we should be coping, that what we are feeling is not that bad; we just need to pull ourselves together and face it. Doesn't everyone?”

Working with a client at the end of last year I was struck by how powerful these messages can be. Especially when they come from significant people in our lives such as family and close friends. Meeting him for the first time I was immediately aware of the deep shame he was feeling. So many messages all telling him to cope; to deal with it. And yet here he was with me.

Perhaps there lies the answer to the question. We go to a doctor because the pain of a fractured ankle is too much or not seeking help, impractical. Can it not be same with our mental health. When the pain is too much or intrudes damagingly into our lives; perhaps that is the time to seek help.

The **brand new** Fabriah Hair & Beauty Salon at de Gruchy

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Intimate and luxurious, the Fabriah hair & beauty salon offers a brand new salon experience in deGruchy department store.

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Beauty Products

The summer is here. So whether you're jet setting off or office bound there is a whole host of treats below to make your summer swing!



Sisley

Super Soins Solaires Tinted Sun Care SPF30

available from Voisins

They call this a 'youth protector' sun care product as it helps preserve the skin using a combination of UVA-UVB mineral filters and ultra-advanced protective active ingredients.



Benefit

Dew the Hoola

available from deGruchy

It's the blushers, eye brow pencils and now this product that take your make up from average to wow factor. This liquid matt bronzer blends seamlessly to give you the best natural glow - ideal for defining and hairline blending!



Legology

Air-Lite Daily Lift For Legs

available from net-a-porter.com

Ideal for active or long haul holidays Legology's cream gives instant relief for heavy, tired legs. It enhances skin tone, hydration and suppleness with a cooling 'Thermo-Lite' sensation and lovely uplifting lemon scent



Hawaiian Tropic

Silk Hydration SPF30

Blended with exotic island

botanicals this unique breathable formula feels as if it is barely on. Hydrating silk ribbons provide 12 hours of luxurious moisturisation, and it is water resistant for up to 80 minutes too.



Dermalogica

After Sun Repair

available from RIO Hair & Beauty

Blended with Japanese alder to accelerate the repair of UV induced DNA damage, this soothing cream also contains algae extract and hylauronic acid to restore moisture to skin.



La Mer

The Bronzing Powder

available from deGruchy

Limited edition bronzing powder is velvet-to-the-touch. A stunning luxury pressed powder which creates a glimmering sun-kissed glow. Ideal for the jet set sun worshipper in your life.



Bobbi Brown

Tube Tint Lip Gloss in Bare Shimmer

available from Voisins

Sheer and sparkly. This girly lip gloss will look so pretty in the sunshine. It's best to go as bare as possible on the beach so this product is ideal for a natural look.



bareMinerals

Complexion Rescue Tinted Hydrating Gel Cream with SPF 30

available from feelunique

Powerful hydration meets healthy-looking coverage. The best of a BB, a CC, and a tinted moisturiser, with a 215% increase in skin hydration after just one week, this is a whole new way to think about makeup.



Jo Malone

Amber and Ginger Lily Body Creme

available from Voisins

Smells divine and feels incredible. This would make the most wonderful present if you're going to any parties this summer as the team at Voisins will wrap it up so beautifully for you.

TOP: Before
BOTTOM: After

DEFINITION DEFINED

Sharon is proud to launch Sharon Coote Semi-Permanent Make-up, the sister brand to The Beauty House, specialising in eye definition. Sharon has clients in the Channel Islands as well as the UK.

Semi-permanent make-up can be for absolutely anyone. "For those who suffer from hair loss, who over plucked, or for those who want to enhance their appearance, but don't have the day-to-day time to create brow contour," explains Sharon Coote, owner of rural beauty haven The Beauty House.

Sharon created The Beauty House with a vision for a serene, elegant environment, designed specifically with well-being and relaxation in mind. The boutique salon is conveniently and peacefully located in the heart of St Mary's with luxuriously designed interiors, award-winning organic botanical brands and is host to a highly regarded therapy team.

Expertise

Specialising in the fast growing industry of semi-permanent make-up and with over 12 years experience, Sharon has established herself as one of the leading artists in the Channel Islands.

She holds qualifications from the prestigious Nouveau Contour, an international organisation, leading the way in cosmetic tattooing. Renowned for innovation and development, Nouveau Contour manufactures their machines, needles, pigments and accessories to the highest and safest European standards. Sharon is highly regarded for her passion in using only the finest quality equipment including the latest technology and specialist pigments from the Karen Betts range.

Sharon's expertise in eye definition produces refined, controlled micro-fine hair strokes which can be kept at a consistent depth that sometimes cannot be achieved through other techniques. The overall appearance is precise and unique, creating a natural-looking finish, bespoke to each individual.

The Process

The process begins with the all-important consultation that is paramount in fully understanding the desires of the client. "It is so important to discuss every detail and get an idea how the semi-permanent make-up will look by physically drawing on an example and seeing how it will sit on the individual's face," says Sharon. Everything is considered when mapping out eyebrows - including age, skin condition, pigmentation, bone structure and facial contours - and is discussed with the client in order to make sure they are happy with colour, length, thickness and arch.

A numbing cream is applied which can make procedures almost pain free. The procedure is performed in stages, with the client able to see the progression. Sharon says, "It is not the case that a client simply walks in, closes their eyes and leaves with a new pair of eyebrows. It is a creative process with the client, together building a look that they will love and feel good with."

Results

Eyebrows can elegantly frame a face and make a bold statement that can complete a look. Sharon has always been passionate about eyebrow definition and beauty and tells us her motivation is seeing someone transformed after the procedure. Helping her clients to grow in confidence is the most rewarding aspect of her work.

t. 01534 789000
www.sharoncoote.com





A GRAND EXPERIENCE

Many of us know Grand Jersey for their excellent spa, five star facilities and fabulous food and beverage offerings, we're thinking Champagne afternoon teas and sumptuous dinners in Tassili, but you may not be aware that within their walls also lies a state-of-the-art gym and fitness centre.

In keeping with the hotel's five star status Grand Jersey gym has been equipped with a range of state-of-the-art equipment, following a recent refurbishment. This means that gym members are going to be able to take their training to a whole new level, thanks to the range of 7xi Series cardio products from Matrix Fitness, the only ones on the island. This includes treadmills, upright cycles and ellipticals, all of which are designed to deliver a refined workout experience to users, of course you'd expect no less from this fabulous establishment! There is also an innovative IC7 Indoor cycle, described by Olympic gold medalist Dani King MBE, as "The most relevant, smoothest static bike I have ever trained on", high praise from a well-respected athlete.

Not content with providing state-of-the-art facilities the Matrix equipment also has a clever app interface which enables users to directly link to a range of entertainment whilst you work out, which hopefully means your session will fly by.

You'll have access to over 4000 music videos plus popular TV shows; social media favourites and of course you can log all of your fitness tracking at the touch of a button. You can easily touch to adjust settings and launch content, as the touchscreen displays look and operate like familiar tablets. You'll be able to tailor your workout to match your mood, enjoy some of the world's most famous and beautiful paths, routes, and trails, and even update your Facebook profile whilst doing so! You

can also access tips to help you reach your fitness goals through independent training via the Virtual Coaching component.

In addition to the enhancements to the cardio range, the new rubber floored weights area has also undergone a full refurbishment and now includes new free weights, power bags, a leg press and the very latest Smith machine – a piece of equipment popular with weight trainers, which can be used for a range of exercises in a safe environment.

Health Club memberships at Grand Jersey start from £61 per month for corporate rates and include a whole host of additional benefits, including a 20% discount on food, drinks and room bookings at all Hand Picked Hotels. You'll also be able to enjoy the benefits of the fantastic spa, thanks to a 20% discount on all treatments (Monday to Friday). Having recently moved in line with Hand Picked standards you'll now be able to enjoy the full range of Elemis products and treatments when you book a visit.

SUMMER AT THE SPA: includes two 25 minute treatments, and a two course lunch, glass of champagne, use of all facilities, towel, robe and slippers provided from £85 per person! On top of this you will also receive a £10 voucher to use towards your next 55 min spa treatment and £10 off any product purchases over the value of £50. Available until the end of September.

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anti-aging and acne treatment.



Gallery Guinea Pig

WORDS Sara Felton

For people who are tired of shaving, tweezing, and waxing to remove unwanted hair, laser hair removal has become the preferred option and is something I've always wanted to have done, but a few factors have stopped me. Things like how much it costs, assuming it's expensive and how much it'll hurt, it is a laser after all. So when I got offered the chance to become a guinea pig for the Laser Spa I jumped at the chance, in the name of research of course!

The Laser Spa, based at 11 David Place, is part of the Dental Spa suite. Here you'll be met by the welcoming receptionists and introduced to Michelle or Joanna, who will oversee your treatment. I was first asked to complete a preliminary medical questionnaire, to make sure that I was in tip top health before we began our session and once we'd confirmed I was we moved into the treatment room on the ground floor, a quiet, private space.

Michelle explained to me that "During laser hair removal, a laser beam passes through the skin to an individual hair follicle. The intense heat of the laser damages the hair follicle, which inhibits future hair growth." So that's the science part, what about the reality of how this feels. Knowing that everyone is different I can only speak about my own personal experience and say how surprised I was at how little it hurt. I'd say it's more irritating than painful, like someone repeatedly flicking you with a tight elastic band and thanks to the accompanying blast of cold air the heat of the laser is barely felt.

To be honest I was blown away by how little it hurt, how quick the treatment was, I was in and out within 15 minutes and also how quickly I saw results. I'm already happy with the fact I seem to have less need to shave my underarms, and that's only after my first two sessions. Just imagine how it'll be after the full course, no more need to have those 'uh oh' moments. I'm told you can expect to see a transformation of around 80% of hair gone in up to seven treatments.

What about the cost, well this is the other great thing. When you weigh up those regular visits to be waxed, then laser hair removal is a no brainer. Whilst it may seem like a large chunk of money initially, if you add up the cost of a waxing and multiply it by the number of times a year you have to visit you'll instantly see the cost savings. You can choose to pay for your course in one lump sum, which will save you in the long run, or pay per visit, so that you can spread the costs.

Of course laser hair removal isn't just for ladies either. More and more men are seeing the benefits too, whether it be their

chest or backs (yup we all know someone who'd benefit) it's a great option for them too. Joanna also explained to me "it's a great option for those looking to have tattoos too. If the tattoo is being placed on somewhere that is hairy, then why not remove the hair first, so that your work will always be seen at its very best."

One other question I had was about the difference between IPL and laser treatments. Well in basic terms, IPL (intense pulsed light) is far less effective than Laser Hair removal. The energy is produced by a lamp, a little like a light bulb, and produces a variety of light waves, meaning that it is more diffuse and less powerful. It is usually limited to use on fairer skin types. So whilst you may think you're getting something similar you really aren't. The Cynosure laser that the Laser Spa use is the very best on the market and therefore you can expect to see results quickly and it also works on darker skin types, which many others don't. There may also be a cost saving with IPL, but in the long run that won't be the case as you're likely to need repeated treatments.

I think the thing I appreciated the most about my treatment at the Laser Spa was the transparency of the information given to me. Rather than being told that I can expect to see 100% hair removal, the ladies explained that you may require a top up visit at a much later date once your course is finished, if any new hairs grow. I for one am a massive convert and actually can't believe that I haven't been sooner.

The Laser Spa, 11 David Place, St Helier
Call - 01534 759599





FASHION

Brand News

English & Mulley Opticians Sports Wrap Sunglasses with Prescription

These Maui Jim Sports Wrap Sunglasses are ideal for spectacle wearers who wish to enjoy a standout performance in sports and have no objection to looking good whilst doing so!

The special sports lenses are available in single vision and progressive designs, they also come in a variety of contrast enhancing tints so there is an option for all weather conditions and for any sport.

They give protection against wind and dust during fast movement as well as glare protection. Designed with a high curvature to give a wider field of vision for outstanding optical performance, these sunglasses will stay in place whilst you're on the move.

Pop into English & Mulley Opticians on Hill Street to find out more.



THE ONE PIECE!

It's back! The flattering one piece swimsuit is going to be huge this summer. We love this one by local company Island Threads. Wear with denim shorts or a maxi skirt to take you from the beach to the bar.

See more styles and colours at www.island-threads.com available in sizes 6 to 14, they do home or work deliveries so you can try them on before you buy!

Follow them @islandthreads for news on their pop up shops this summer.



A Treasure Trove of Awesomeness!

Have you been into Laneez Surf Shop recently? It's full to the brim of cool new stock; from the latest O'Neill, Rusty and billabong bikinis to epic Vissla tees and selected pieces from the renowned Patagonia brand. As well as the brilliant clothing there is also a whole host of surfing accessories and everything you need to get you on the water this summer!

Laneez Surf Centre is next to El Tico down in St Ouen's Bay



Pretty & Practical

Getting your little one to wear sensible shoes is a whole lot easier when they look as amazing as these pretty glitter high tops! The extra height means that they're a lot more supportive for little feet and ankles too. It's a win, win!

Available from Fit Footwear Central

Winning

The wonderful team behind the super hot brand By Malene Birger were celebrating recently when they scooped up the coveted Brand Of The Year award at the prestigious Elle Style Awards 2016.

This unstoppable brand keeps going from strength to strength and we can't wait for the new collection to drop at Manna soon!

By Malene Birger is available from Manna





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Trend News



Beach babe

Be bang on trend this season with the Lepel Surf collection with its bold block colours and contrasting black binding. This statement piece will give you support and style this summer whether you're surfing the waves or chilling by the pool. The top can be worn strapless for all area sunbathing, or with straps for added support.

With the purchase of the Lepel bikini you'll get this Lepel Summer Days Pink Kaftan half price, whilst stocks last. This sophisticated cover up will keep you cool and comfortable in the heat. Perfect for layering over your bikini to head from the beach to the bar.

Lepel is available from deGruchy



State of the art

Let's face it, 'digital' watches have come a long way since Casio. The new TAG Connected is the first move by an established watch brand into the world of wearable tech. And now you'll be able to get your hands on one as they launch exclusively at Hettich. With the Connected's slick Grade II titanium case, a rubber strap and a super fast Intel chip, it's a striking watch to wear. Add an intuitive user experience and voice control and classic TAG style meets 21st century convenience. Try one on for size...

TAG Heuer Connected, from £935 at Hettich, 1 King Street, St Helier. Tel 01534 734491 or visit www.hettich.co.uk

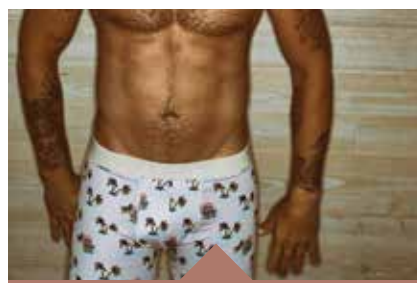
MENS SUMMER TRENDS



Nude shoes: Simple, nude colour shoes are huge in menswear this summer. This very cool pair by Hey Dude is the perfect summer shoe.



Plaid shirts: Channel your inner lumberjack and always have a plaid shirt on hand, it looks just as good around your waist as on! This pictured shirt is from the latest collection by cool outdoor brand Animal Clothing.



Proper pants: Chuck out your old thread bare pants and invest in some brand new under-crackers from the leaders of great looking patterned pants, Pull-In.

Hey Dude, Animal and Pull-In are available from the Hapi Lifestyle Shop in Liberty Wharf

Panerai

Panerai watches are well known for their macho styling and bold proportions. But that's not to say we don't appreciate a little more finesse on the wrist. The Panerai Luminor Due is the first case redesign in Panerai's recent history and marks a more design-centric approach to the iconic brand. With its 10.5mm thickness, 42mm diameter and steel or red gold design, the Luminor Due - is easy to wear but still with enough presence to make an impact. The new models keep Panerai's DNA but slims it down to create a reconfigured classic, designed with modern wearability in mind. Like the look? They'll be available at Hettich from October.

Panerai Luminor Due, from £5,338, Hettich, 1 King Street, St Helier. For pre-orders or more information email info@hettich.co.uk or call 01534 734491



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STARING AT THE SUN

PHOTOGRAPHY Danny Evans
MAKE-UP Jo Baron at Bobbi Brown, Voisins
MODEL Tess

Swimsuit by Gottex £80 from Plums
Glasses by Oliver Goldsmith £176 from English & Mulley







Bikini by Ripcurl, Top £40 Bottoms £27 from Madhatter.
Glasses by Mui Mui £261 from Sunglass Hut in de Gruchy.



Bikini by Lepel Top £25.20, Bottoms £12.60 from de Gruchy
Glasses by Oliver Goldsmith £177 from English & Mulley



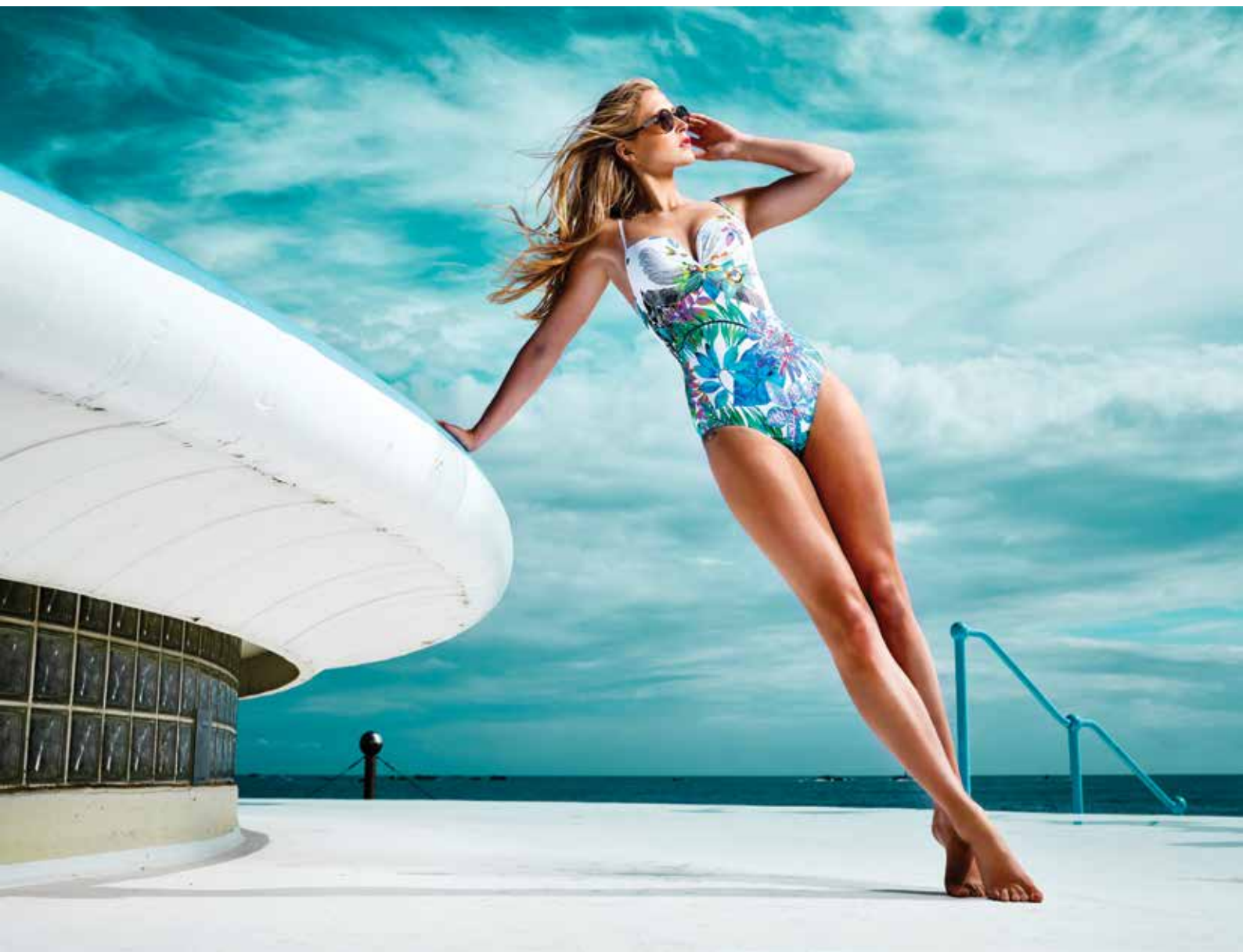
Bikini by Esprit, Top £20, Bottoms £15.30 from de Gruchy
Glasses by Bvlgari £180 from Sunglass Hut in de Gruchy



Bikini by Protest, Top £39, Bottoms £29.99 from Laneez
Glasses by Tiffany & Co £180 from Sunglass Hut in de Gruchy

Bikini by Lepel Top £21.60, Bottoms £10.80 from de Gruchy
Glasses by La Font £152 from English & Mulley





Swimsuit by Jolidon £80 from Plums
Glasses by Anne et Valentin £215 from English & Mulley

StyleStalker

WORDS

Lauren at Luella Rockerfella



Kieran Aubert 28

Kieran was looking very dapper wondering around the motoring festival. I asked him where he drew his style from, he said he was inspired by music and the 90s, he liked the way some 90s musicians dressed like Richard Ashcroft, Noel Gallagher and sometimes Jay Kay from Jamiroquai. Kieran also said he is becoming more comfortable in experimenting with his style and likes to be more smart than casual as he is growing up. I particularly loved his thigh length navy jacket from Reiss over the top of a simple white tee, Armani jeans and Filling Piece's trainers from Roulette.



Georgia Brewster 18

I noticed what Georgia was wearing as she had bought it from my shop Luella Rockerfella! The A-line blue mandala by Motel, I sold as a two piece and was a bestseller. She teamed the skirt perfectly with a low sided racerback bodysuit and a Kourtney Kardashian favourite, black gladiator sandals. Accessorised well with thin hooped earrings and her hair swept back with Macs favourite sell out colour "Velvet Teddy" on her lips. Georgia prefers to be comfortable but also loves the 90s trend that is making a huge comeback!



Jasmine O'Donoghue 18

Jasmine's laid back style caught my eye. Whilst it was casual I could see that she had her own style. When I asked where she drew inspiration she told me she was an active user of Instagram and liked to follow Sky Ferreria for her style and fashion choices and that she was particularly inspired by the 90s. Jasmine's black denim skirt is from Topshop and her boots are from Dune, and her top was a charity shop find. Jasmine's outfit had a 90s grunge mood, especially the velvet choker and silver pendants.



Taye Boakye-Yiadom 18

Taye had a look of the Rihanna about her, with her genuine vintage camouflage army jacket from Luella Rockerfella which is a genuine US army shirt. With this she'd mixed in an essence of the 90s with her two Bjork style buns.

When I asked where she drew her style from she said she loved certain Instagram accounts including '@officialnezfashion' which is an online boutique. Her fashion inspiration is Beyonce and she especially likes her range for Topshop, Ivy Park. Taye wore a plunging black body suit with black velvet leggings, proving velvet can be for all seasons.



Karis Rushton 32

Karis told me that her look is definitely androgynous mixed with the style genre "Mod". She draws inspiration from observing the latest trends and tailors them to suit her. As a performer, she likes to notice what her audience are wearing. Having recently performed in Berlin she admired how effortlessly diverse their style was. She loves Ruby Rose's style, as she shows that you can have feminine touches with an androgynous style.

Karis looks effortlessly cool!



Gillian Hendry 27

I always notice Gillian when I am out and about, she has definitely defined her own distinctive style! She uses Instagram for inspiration and loves @chloehelenmiles @thehautepursuit @pvong1. When she returns to Glasgow she loves looking at all the street fashion. She said that "monochromatic, edgy, biker chic, although I don't have a bike..." best describes her style. She loves how effortlessly stylish Gigi Hadid always looks. I think she hit the nail on the head with her style at the White Collar event, she was totally rock chick chic in her dress from Rare at Topshop, Oxford Street.

APPETITE



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DEATH OF THE DATE

WORDS Freya Richardson



I once caught a flatmate red handed throwing a bag of six perfectly good peppers (if anything under ripe) into the bin because they were “on date”. Shocked I took them out of the bin and used them for weeks afterwards, every time enduring the “your gross” comments.

This lead me to believe there are two types of people in the world:

- ones that obey food dates obsessively
- those that ignore them completely

In the UK we throw a shocking 7.2 million tonnes of perfectly good food every year, purely because of the black date stamped on the plastic packet. Stats show 80% of us don’t know the difference between “used by”, “best before” and “sell by” dates which makes throwing food, and your money, in the bin far too easy. Here I will explain the difference between each and how we can help fight food waste with three easy steps.

Used by:

Only printed on highly perishable food such as meat and fish, these are the most important dates to take note of. There is a general consensus that eating these foods after the stated date will put your health at risk.

Best before:

A guess used by supermarkets as to when the quality of the food will start to deteriorate. Eating food past this is date is not dangerous to your health but the flavour or texture may have changed.

Sell by/Display until:

Used for stock management these are instructions for shop staff, rather than shoppers themselves; they normally appear near one of the above dates.

There is a school of thought currently being pushed forward to bin ‘best before’ dates, going back to the old school brown bags used in farm shops and markets. There is nothing wrong with food “past” its “best before” date. Either foods that show this date are so highly processed the salt, sugar and chemicals mean that nothing nasty will attack it. Or at the other extreme the food is

so natural (normally fruit and veg) you can use your common sense judgement. Unless they’re mouldy or wrinkly they are fine, irrelevant of the best before date.

How to reduce your food waste:

1. Shop savvy

Don’t buy what you don’t need or already have. It sounds obvious but so many of us are tempted by the money making marketing skills of these big supermarkets.

The deals and promotions at the end of every aisle make it seem like an opportunity you can’t miss- but can you really eat three bags of apples when you still have one at home? Tempting as they may be keep your wits about you and only buy what you need. Also take a cheeky look at the reduced aisle for food “on date” that can be used wisely.

2. Ignore dates

We have seen that best-before dates can be ignored completely. But did you know used by dates can be pushed back too? There is a fear of “I will get sick” in our society these days.

chicken a few days later than its date if it shows fit. Smell is the main give away and make sure it is thoroughly cooked all the way through. (eat at your own risk)

Eggs are another common loss to the kitchen bin. Mary Berry’s egg test will sort the good from the bad. Simply place an egg in a glass of cold water. If it is fresh, the egg will lie horizontally at the bottom. If it is touching the bottom but tilting upwards, it is probably a week or so old and so use these ones first. If it floats, it is stale and should not be eaten.

3. Use food wisely

If you notice veg going off make a stew or soup or chutney. Brown bananas give banana breads the most banana flavour. If cheese is mouldy just cut off the corner and carry on with the rest. It is a great idea to save Parmesan rinds to add to pasta sauce or risottos as they melt and add delicious flavour.

Vegetables, fruit, herbs, bread, cheese and milk can all be frozen. If in doubt on the best method of doing so or how long you can keep them for- quickly tap in your question to the internet search bar and there will be a guaranteed answer.

So, if you want to get clever with the way you cook, make your bank balance healthier and help save the planet- wise up on dates.

“In the UK we throw a shocking 7.2 million tonnes of perfectly good food every year, purely because of the black date stamped on the plastic packet”

Items such as cooked meat and fish will last an extra few days. Since 73% of chicken ‘in-date’ on supermarket shelves already contains the notorious pathogen *Campylobacter* you may as well push the boundary. You should not fear using



SANDWICH SHAPE

WORDS Freya Richardson

Whether it be the memory of squished ham sandwiches in your lunchbox, jammy toast in the mornings or the artisan hummus and roast veg club you wish you'd ordered- what really is the best way to cut a sandwich?

Most controversial is no cutting at all, a big square made of two hand sized slices of white bread back to back is just too large to munch. Filling falls out the bottom and the whole thing is quite frankly unattractive.

Straight across the middle is easier to deal with but still not a top choice. One half will always have the bad crusts (the top of the bread, always slightly browner and shaped vaguely like the number three).

If only one cut is allowed always go for diagonally across. Normally the choice of sandwich shops, you only get one corner on each half rather than two.

One cut vertically and one horizontally creates four little spongy squares. Perfect for children and those that just don't want to grow up. This size is difficult if the sandwich has excess filling.

Similar to the last suggestion but instead of an upright cross, slice the bread with two diagonal lines to give you four mini triangles. More sophisticated than squares and can normally be found on the bottom of an afternoon tea stand or in picnics.

There are then the rogue sandwich shapes where people find it fun to use cookie cutters to make shapes like hearts, stars and even dogs. This doesn't work and ruins lunch.

Crusts on or off? Always controversial when taking a knife to your sandwich. I was always told if I wanted curly hair I had to eat my crusts- but I never did want curly hair, luckily for my mother I liked crusts. It is acceptable to cut the crusts off if the sandwich is quartered (either into squares or triangles) but not if any larger.

DIPS

All gluten, dairy and sugar free - these easy peasy healthy dips don't require a blender or a cooker. There really is no need to buy the processed versions.

Serve with raw veg sticks, crisps or as a side for salads or bbq meat. Great to enjoy on your own or with friends. Mid week or at weekends.

Goddess Guac

Scoop out the avocados and use the back of a fork to mash. Finely chop all other ingredients and stir together.

INGREDIENTS:

4 medium avocados
4 tomatoes
1 large red pepper
handful coriander
1 onion
2 limes, juiced
salt and pepper to taste

Sophie's Salsa

Simply chop all the ingredients and mix together

INGREDIENTS:

2 large plum tomatoes
400g can plum tomatoes
2 cloves garlic
handful coriander
1 onion
salt and pepper to taste

Heavenly Hummus

Microwave the chickpeas for 30 seconds if you are not using a food processor to make them easier to mash. Either add all ingredients and blend, or mix by hand until smooth.

INGREDIENTS:

400g can chickpeas (drained and rinsed)
1 tbsp tahini
1 lemon, juiced
3 tbsp olive oil
2 cloves garlic
salt and pepper to taste





FRESH OUT OF THE KITCHEN

The face of the central Jersey market has been changing dramatically over the last few months, with many new faces appearing. Perhaps the most notable is the arrival of the Market Kitchen. Their prominent home on the left hand corner of the entrance on Halkett Street makes them easy to find and their distinctive branding makes them catch the eye. But this isn't all about how they look, it's about the excellent range of contemporary cuisine that they're offering those looking for breakfast and lunchtime feasts.

Jerseyman Des is the well travelled owner who brought the business, which was formerly trading as TJ's sandwich bar, back in September 2015. He ran it as it was up until the early part of this year, when he closed the doors and began the journey to transform this tired spot into the hotspot it has now become. Des spent two months working tirelessly to completely gut the old fixtures and fittings, which is when well known local chef, Danny Moisan, approached him to talk about Market Kitchen's future.

Danny, having recently sold his restaurant in St Aubins was looking for a new direction for his culinary talents and as luck would have it, Des was looking for a chef! For those familiar with Danny's distinctive style of cookery they won't be disappointed as he's brought it to the market, taking the breakfast and lunch dining experience to a whole new level. The final member of the tight knit team of three is MK manageress Carla, who may be a familiar face to old customers as Des thankfully inherited her as part of the business, an asset he was delighted to have. They now work together to bring a whole range of delectable delights to their ever growing customer base from 7.30am until 4pm, six days a week, apart from Thursdays when the whole central market traditionally closes at 2pm.

So as a newcomer to the Market Kitchen what can you expect to find? In a nutshell, excellent fresh, tasty food, much of which is cooked to order in their open kitchen. Breakfast covers all bases. Whether you're looking for homemade granola, with fruit, yoghurt and a drizzle of honey. Or if you'd rather start your day with a more traditional savoury option then their bacon rolls are superb, you'll get no less than three rashers of bacon, or why not try their Cumberland sausages, there are no cheap substitutes here. They're all served in your

"The face of the market is definitely changing and the Market Kitchen are at the forefront of the evolution. They've a great food offering and best of all it's not only freshly cooked and locally sourced, where possible, it's also incredibly reasonably priced. Be sure to add them to your dining hit list."

choice of Portuguese rolls, baguettes or soft white baps. There is also a fine selection of teas and coffees on the menu, supplied by Coopers & Co.

For lunch, whilst they have some regular favourites they also have a daily changing specials board. Taking full advantage of their proximity to local produce and suppliers they have an ever changing daily special, inspired by what there is an abundance of in the market they are part of. Keep an eye on their Facebook page [marketchickenjersey](#) to stay one step ahead of what the day's menu holds, because once the special is gone, it's gone!

Their superfood salad bar is overflowing with ever changing dishes, which include both vegetarian and gluten free options, influenced by Danny recently becoming gluten free himself. All salads can topped with a protein option of your choice and are flavoursome and filling. Perhaps you'd like a wrap, here you'll be offered a choice of fillings, but perhaps we can be bold enough to recommend the duck and hoisin. The meat is confit every day and is joined in the wrap with noodles and fresh julienned vegetables, lightly toasted and absolutely fantastic. Our tester said they'd be coming back for more and wouldn't hesitate to recommend others try it.

There is also a daily soup to try, this is usually kept vegetarian and of course sandwiches too, served on your choice of fresh breads. There are also filled jacket potatoes on offer, both regular and sweet, which is an absolute delight as they're more and more commonly wanted but hard to find. There is also a gourmet burger, made to order from a blend of beef and lamb, topped with fresh salad leaves, crispy bacon and cheese, the smell alone is enough to make you the envy of your dining companion. They also have an incredible beetroot and halloumi burger, inspired by visits to London's Borough Market, this colourful vegetarian option is topped with leaves and a fresh pepper relish. We're also told there is a stellar toastie which will be joining the menu soon, it'll be served on sourdough supplied by local Genuine Jersey baker Daz's Dough, which will be worth keeping an eye out for.

The face of the market is definitely changing and the Market Kitchen are at the forefront of the evolution. They've a great food offering and best of all it's not only freshly cooked and locally sourced, where possible, it's also incredibly reasonably priced. Be sure to add them to your dining hit list.





A FAMILY AFFAIR

WORDS Sara Felton

The Baker family are no strangers to great food served in excellent locations, with their beachside bistro Le Braye already firmly established they have now joined forces with their son, Joseph, to open the doors of No 10 Restaurant & Bar on Bond Street, St Helier.

Joseph has recently returned from many well-spent years working around the world in some excellent restaurants, the influences of which can be clearly felt. A combination of great relationships with local suppliers and visits to the local market fuel and inspire the frequently changing, highly seasonal menus. Thanks to the clever design of the menus and a printer tucked handily away under the counter, dishes can be added or taken away as soon as the availability of produce dictates.

Mum, Annie, is an interior designer and her fine eye can be seen in each detail of No 10's refurbishment, from the antique bone handled knives to the handmade Lloyd Loom chairs and bespoke wallpapers. In the bar downstairs there is an intimate feel, having made the very best use of this space it is a far cry from how you may remember it. Here the copper fronted bar plays host to a very fine selection of cocktails, a well considered wine list and a gin menu that will be hard to beat on the island, each

cleverly married with a garnish specifically chosen to complement the botanicals within the spirit.

A visit to No 10 wouldn't have been complete without sampling one or two of their small plates, dishes that are perfect for quick lunches or for experiencing a variety of what's on offer. On Joseph's recommendation I was treated to Iberico ham croquetas, served with delicately

"On Joseph's recommendation I was treated to Iberico ham croquetas, served with delicately pickled vegetables, nestled on nduja (spiced sausage) jam and lemon gel. Whilst the portion is perfectly sized I could easily have eaten three times as many, as they were absolutely delightful, the flavours all perfectly balanced- incredibly moorish."

pickled vegetables, nestled on nduja (spiced sausage) jam and lemon gel. Whilst the portion is perfectly sized I could easily have eaten three times as many, as they were absolutely delightful, the flavours all perfectly balanced - incredibly moorish. A

local tomato gazpacho followed, created thanks to receiving a glut of ripe local tomatoes. This light soup was topped with chicory, smoked anchovy fillets and sourdough crisps, all of which served to delight the tastebuds.

The desserts, well to be honest there aren't words enough to describe how good they are. Like all good desserts they are an excellent blend of decadence and flavours which sing, finishing your meal with a real note of triumph.

At No 10 Mediterranean influences combine with highly skilled cookery and fresh ingredients, presented beautifully and set in wonderful surroundings. A visit to No 10 is

a must and one we're sure won't disappoint, whether you choose to dine, enjoy a drink at the bar (where you can also eat), nip in for a quick lunch or settle in for an evening, there will always be delicious food and a friendly, relaxed welcome from the team.





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Appetite News



UDDERLY DELICIOUS

Islanders are invited to cool down this summer, the healthier way, with the launch of Miniotti's probiotic ice cream. Miniotti is a brand new sugar free, probiotic and gluten free ice cream created using 100% Jersey Dairy milk, which is naturally rich in vitamins and nutrients, with 20% more calcium and higher levels of protein than regular milk, making it healthier than most other ice cream brands. The brand is aimed at children, families and health conscious individuals. Created by Anna Boletta and Natasha Dowse, two Jersey women who are on a mission to promote the importance of choosing healthier food options without compromising on flavour.

www.miniotti.com

KITCHEN GADGET OF THE MONTH

This is one for the summer barbecue season; the Condiment Gun is a fun way to deliver mustard or ketchup simply. Makes the perfect present for the BBQ King in your life.

Available from Amazon £12.00



THE HOT PLACE TO BE!

The charming Candlelight Restaurant is locally renowned and offers excellent quality food.

Famous for their fantastic table side flambéing their dishes such as Steak Diane & The Drunken Bullock (pronounce with care!). The preparation at your table is as spectacular as the taste of the dish! They also specialise in chateaubriand, fruits de mer, grilled lobster (straight from their aquarium) and they have a lovely selection of fresh locally caught fish.

It's a great venue for parties as well as romantic dinners with the added bonus of music from Grace on the Steinway piano at the weekends.

All this, with stunning surroundings and great friendly service makes The Candlelight a must to visit.



COVER STAR

Patrick Burke, owner and managing director of The Atlantic Hotel, has had his career in hospitality and his achievements to date profiled in a comprehensive feature in the respected industry magazine, The Caterer.

Featuring on the front cover of the magazine, Mr Burke was interviewed by the editor, Amanda Afiya, about his dedication to The Atlantic Hotel, described as 'one of the island's most celebrated properties' and his commitment to putting Jersey on the map as a must-visit destination.

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Raising Dough

There is nothing more satisfying than mastering the art of baking your own bread. The whole process is so rewarding, from seeing the clever chemistry that makes the dough rise to the amazing aromas it creates whilst baking to the oven.

Dan Teesdale, head chef at the Merchant House is a massive advocate of baking bread, something he and his team do in-house every day at the restaurant 'People perhaps don't realise just how fun, easy and delicious

making fresh bread can be. We love to try new recipes at the Merchant House and would love to encourage you to experiment too, so here's a simple wholemeal recipe that you can experiment and have fun with.'

Ingredients:

Flour 1kg - 50% white 50% wholemeal
25g salt
Fresh yeast 25g

Warm water 500ml
Plus extra ingredients
(these are up to you).

Method:

1. Sift the dry ingredients together and make a well in the middle
2. Mix the yeast and warm water and pour slowly into the well, bringing the flour in from the edges to form a smooth dough - add any other ingredients now!
3. Leave it to prove for 20 minutes with a cloth over the top so it doesn't dry out
4. Knock back and kneed until elastic and place on a greased baking tray
5. Cook at 200 degrees for 20 mins then at 180 degrees for a further 20 minutes
6. Leave to rest until cool (if you can resist the urge to eat it immediately)
7. Enjoy!

You can easily add additional flavours in to this basic recipe. For inspiration current breads on the menu at the restaurant include; Parmesan and red onion focaccia, a wholemeal treacle loaf and a caraway and turmeric loaf.





No 10 Restaurant offers a modern approach to British and Mediterranean cuisine.

Lunch - vibrant small plates and daily specials.
Dinner - seasonal à la carte using the best of local ingredients.
Dine upstairs or downstairs.



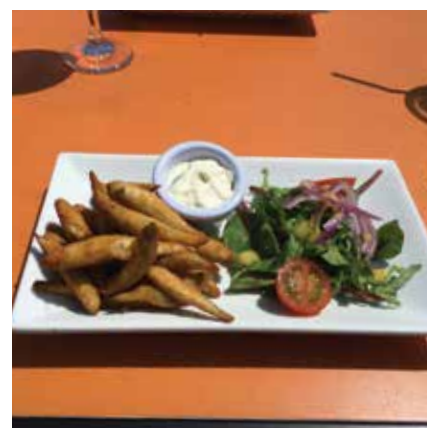
Restaurant open Tuesday to Saturday 12.00pm to 2.30pm and 6.00pm to 9.30pm.

Find us at No 10 Bond Street, St Helier and for reservations or to view the menu
www.number10jersey.com

No 10 Bar serves fine wines, craft beers & lagers, interesting gins, classic cocktails and bar tapas.

Bar open Tuesday - Saturday 5.00pm to 11.00pm.

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THE PLACE TO INDULGE

What could be better on a sunny summers day than a long al fresco lunch, served in a great location in the company of friends. Whilst the weather may not always be a reliable companion, the Bar & Canteen on the waterfront always guarantees a varied menu, great service and a fantastic bright and spacious revamped al fresco area, for when the sun does decide to shine.

On a delightful sunny Wednesday lunchtime my friend and I popped along to the Bar & Canteen to dine from their Summer Seafood menu, a small but perfectly formed medley of dishes perfect for all appetites and lovers of the island's bounty.

To start we ordered up a couple of large glasses of the well recommended Villa Maria Sauvignon Blanc, New Zealand, which was chilled to perfection and the ideal accompaniment to our seafood choices and at £15.80 a bottle it's a bargain too. After perusing the menu we opted for starters of devilled whitebait, served with garlic and herb mayonnaise and a salad garnish. Whitebait isn't something you see on many menus here in Jersey, so they were a welcome option and much enjoyed by my friend. I opted for the caramelised scallops, which were wrapped in crisp smoked bacon and had been cooked in garlic butter, they also came served with a salad garnish and were delicious. Both starters were the perfect size and whet our appetites for what was to come next.

Upon advice from Dan, who looked after us during our visit, we opted to share the seafood platter for our main course. Thank goodness we took his advice, as I'm not sure that either one of us would have been able to conquer this on our own, although I suspect if we hadn't got plans for the afternoon we would have happily tried. The local seafood platter really was massive and excellent value too. With plenty of fresh Jersey crab and a half of a large lobster, this would have been enough alone, but it didn't stop there, there were also plenty of large and small prawns and mussels too. This was all served with a salad garnish and came accompanied by fresh aioli (garlic mayonnaise) and plenty of granary bread and Jersey butter.

Of course *the* Bar & Canteen doesn't just have a seafood menu to dine from, they also have a full menu of imaginative food at reasonable prices, be it a snack, an express lunch or evening supper before you head to the cinema. If you've got children, then

be sure to take advantage of the Bar family meal deal, available Monday to Sunday between 5pm and 7pm when each child accompanied by an adult eats free!

Oh and did we mention, as we'd gone along on a Wednesday and we have an Indulgence Club card we were able to get 25% off our food bill too. If you haven't already got a card then it's easy to get one, head to their website www.inndulgenceclub.com and register for one, it's free and they'll even credit you with 500 points straight away, which amounts to £5 of credit which you can use in any of their participating pubs, bars & eateries. •

"Of course the Bar & Canteen doesn't just have a seafood menu to dine from, they also have a full menu of imaginative food at reasonable prices, be it a snack, an express lunch or evening supper before you head to the cinema."



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Maison du Jardin is a property with lots going for it, least of all its location. Lovers of the western parishes will want to take note, as this four bedroom house is in a prime spot in St Brelade, within easy reach of all amenities within the vicinity.

WORDS
Sara Felton

Travers Farm Lane is just seconds away from Woodbine Corner stores, known by almost everyone. Turning down by this landmark convenience store onto the Noirmont road, which takes you on to Portelet and Ouaisne, you are just a few hundred meters away from the turning down to this property on the right hand side. It's proximity to coastal walks and some of the finest beaches on the island makes it an absolute must view for those who agree that 'west is best'.

The current owners have been in residence for more than 10 years and are only now moving on due to the needs of an ever expanding family. What they are leaving behind is a beautifully presented well built family home, which would easily be moved into straight away. One thing that strikes you as soon as you enter the property is the bright open spaces and generously sized rooms. The hallway alone is large enough to accommodate a desk and bookshelves, making it an excellent space to work from. There is also a large coat room, perfect for storing all of your outdoor clothes and a fabulous downstairs toilet too.



The hallway leads on to the large open plan living and entertaining space, which was opened up by the current owners looking to make the very best of their home, with a growing family in mind. Although of course that doesn't limit this house to families as the generous open plan design allows the kitchen, living and dining areas to merge together seamlessly and spill out onto the rear garden, making this a dream house to entertain guests of any age.

The large kitchen is handmade and the clever use of curved edges mean that the granite worksurfaces are both aesthetically pleasing and practical too. There is a feature central island, into which a large NEFF hob is built and there is plenty of space to sit and eat here too. There are not one but two NEFF ovens and a combi microwave and warming draw too, you can just imagine the benefits this will bring to preparing Christmas dinner or large dinner parties. Of course you've also got a dishwasher and enough cupboards that will mean you'll never need to worry about not having enough storage.

Off the kitchen there is what was formerly the laundry room, but has now become a very useful playroom with the laundry being moved into the large garage, also

“With coastal walks, plenty of restaurants, beautiful beaches and excellent transport links all within walking distance Maison du Jardin is an ideal option for either a family or the executive couple”

accessed from here. Whilst this house already has plenty of room, these two rooms could easily provide an opportunity to extend the property and, subject to planning permission, make this into a good two generation property or home with income.

The back garden has rather practically been laid with easigrass, which means no need to haul out the lawn mower every few weeks. Instead you have a lawn which remains green and well kept all year round, but fear not as there are still plenty of opportunities for those with green fingers to get their hands dirty, thanks to the surrounding bedding areas. Both serve to make this a lovely outdoor space, with direct access to the main house.

CONTINUED OVERLEAF...

...CONTINUED

Upstairs there are four well-appointed double bedrooms, all with lovely plantation shutters installed, which mean interior transformations can easily be accommodated, without the need to constantly change your curtains. There is also a large airing cupboard, home to a massive pressurised water tank, which means you're never going to be out of hot water. There is also access to a large floored loft, which runs the full length of the house and will make for excellent storage.

The generously sized master bedroom has built-in wardrobes and, if you stand on your tiptoes, a distant sea view. It also has an absolutely fabulous luxury en suite bathroom, with double sinks, a beautiful bath and underfloor heating all coming together to make this space a real sanctuary. Worry not though, the house bathroom is of an equally high calibre. Both have been updated by the current owners and are stunning.

With coastal walks, plenty of restaurants, beautiful beaches and excellent transport links all within walking distance Maison du Jardin is an ideal option for either a family or the executive couple.



Maison du Jardin

Travers Farm Lane, La Route De Noirmont, St Brelade

£950,000

Savills: 722227

- 4 bed, 2 bath, 2 reception
- Beautiful detached house
- Open plan design
- Low maintenance garden
- Garage and parking for 3 cars
- Close to St Georges school and beaches
- Approx 2,186 sq ft



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The trend this year has been for borrowers to favour fixed rates, usually for 3 or 5 years. 85% mortgages have been most popular, with 90% running a close second. Anyone with a 40% deposit will enjoy the very best mortgage rates.

An increase in enquiries on the 100% mortgage product currently available for borrowers who have a property-owning blood relative able to provide the additional guarantee required.

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60%	2 year fixed	1.16%
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75%	Tracker	1.66%
85%	Tracker	1.99%
85%	2 year fixed	1.58%
85%	5 year fixed	2.58%
90%	Tracker	3.99%
90%	5 year fixed	2.94%
100%	3 year fixed	5.24%

Information and rates correct as at 6th June 2016

Property Demand and the HPI

The latest House Price Index (HPI) figures suggest that there has been a slight decrease in Jersey property values for one and two bedroom flats and smaller houses. Interesting statistics, as this is the very area where the highest demand is – a demand created by First Time Buyers, who tell us that there is insufficient supply of new property coming on to the market at this level.

The statistics are just that – providing an indication of trends, although they can sometimes be misleading.

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Then please send a request to be added to our monthly Mortgage Shop Bulletin emailing list to: kerrie@mortgageshop.je



The Mortgage Shop

Tel: **789830**

www.mortgageshop.je

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Pension Funds Trapped In The UK?

Most people know that Jersey has separate pensions legislation and options to the UK.

However, for some it can come as a surprise to find that despite having never lived or worked in the UK they hold funds in a UK-based scheme and as such can only access them as UK legislation allows.

This is often because a current or former employer offered a company pension that was UK-based, rather than setting up a Jersey-based one for their local staff.

This can bring a host of issues when trying to access or transfer the funds to a Jersey scheme.

Whilst most schemes will allow the individual to draw the funds under their standard UK terms, for some there can be better options that provide a larger initial lump sum, annual income and ultimately death benefits payable, should they be moved to a Jersey-based scheme instead.

Trying to do this yourself can be very complicated and time consuming. For those clients we have helped to date, the end result has more often than not been positive.

It is also worth pointing out that while many people will choose to draw their funds on the normal retirement date specified, for many the option to draw the funds earlier, or later, can prove a better option.

For advice or assistance with your pensions, contact Hayley Carstairs who holds UK specific pension qualifications and can be reached via email: hayley@henleyfinancial.je or tel: 789830

Henley Financial



Tel: **789830**

www.henleyfinancial.je



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• THE •
Genuine
 Articles



Peds Padidar *Jersey Organic Yurts*

The philosophy of Jersey Organic Yurts is simple, they believe in local, handmade and sustainable products inspired by the organic forms of nature.

They love nothing more than providing and creating a beautiful space in which you can celebrate, relax or recharge. Amidst the warm glow of a traditional yurt (or ger), special moments become spectacular. Beneath a steam-bent skylight, views can change and dreams are born. Their unique and individual circular spaces are crafted from ecologically-sourced wood and can enrich the most important moments in life.

Utilising local and recycled wood, they have also created custom-made, farmhouse-style tables which are ideal for large celebrations. They can easily adapt to many styles and tastes and have been dressed for vintage, shabby-chic, rustic and cottage garden themes. Tables and benches may be hired independently of or alongside a yurt booking.

A 4-metre wooden bar is also available for hire and has been fashioned to meet the needs of many to provide an external bar for celebrations. One continuous plank of salvaged ash wood forms the serving space and is supported by two strong feet of recycled wood. In addition, they are always eager to challenge and expand their carpentry skills and are happy to consider independent projects such as chairs, beds and artist installations.

The Jersey Catch

This family business provide a wide range of fresh fish, locally for all to enjoy. At the helm of the Jersey Catch is Josh Dearing, who following on from his previous business of Jersey Hand Dived Scallops, has teamed up with his father and will now be selling more shellfish and other seasonal products. This is made possible with the arrival of their new boat "Bounty" a seven metre twin engined Cheetah Cat made to their specification on the Isle of Wight.

They will continue to dive for scallops as well as introducing potting for lobster, crabs and line fishing for in season fish. Their methods of fishing are the most environmentally friendly and sustainable ways of catching the product from the coastal waters around the island, they are very proud of the techniques which they use to ensure minimal damage to the sea-bed and aquatic life with no by-catch which has become an issue for trawlers and dredgers alike.

Josh explained "as a business we feel that in an ever-changing world, where people are more aware of their food and where it comes from they are safe in the knowledge that our produce is caught with our own hands. With our large number of followers on social media; Facebook and Instagram we like to be able to keep in touch with all of our customers and show them exactly where their fish comes from and how it gets to their door. The same person that picks up an Ecrehous scallop from the seabed or pulls a large dark blue lobster out of the pot then delivers it to your home, place of work or restaurant for your enjoyment. You can contact us via our Facebook page, phone or email to place an order which can then be processed and delivered to your front door."





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from £235



Rice Melanin Jug

Ransoms
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Table & Chair set

M&S Home
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Blue Arabian Lantern

Ransoms
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Melanin Cup

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£4

Melanin Plate

M&S Home
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4 4 ✓

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2 1 ✗

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Large living area
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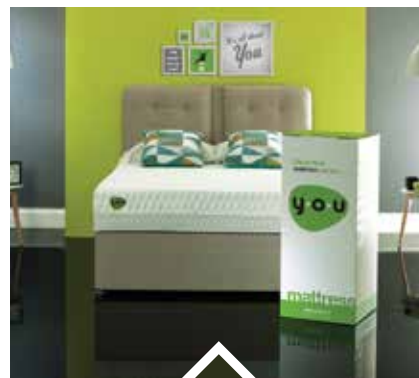


INTERIOR NEWS

Style tip

The huge rise in open plan living can leave things looking a bit sparse; try a floor lamp as an inexpensive and brilliant way to section up a large room and create an intimate space.

Pictured is the Crane Lamp by BoConcept available from Beaumont Home Centre



Magic Mattresses

Islanders will be able to get their backs on the world's most desirable mattresses thanks to a new line from Mypad. The cutting edge mattresses, are causing a storm around the globe, having won the Time Magazine's Best Inventions of 2015 they have attracted huge investments from celebrities such as Leonardo DiCaprio and Ashton Kutcher.

Mypad, leading Channel Islanders online furniture retailer, offers a clickable alternative to the slog of finding a mattress in showrooms. Vacuum-packed, the new mattresses are easier to transport, and install, making it more viable to order your mattress online from the comfort of your home. The mattress arrives less than 24-hours later in a one metre high box. Once unwrapped they will expand to the full size, and for piece of mind they come with a 100-night sleep trial.

Paul Clark, Managing Director of Mypad said: "This simple yet effective concept makes it among the more affordable options on the market. Without the costs of renting a large showroom and hiring sales people, e-commerce based retailers can pass cost reductions to the customers. Most mattresses online sell for less than £500, whereas in-store products can go for two or even three times that." www.Mypadci.com



Interior Trend Spot: Gold cutlery

Promoted from weddings and events, beautiful gold coloured cutlery will make each meal you have at home special. The pictured matt set are from legendary Italian cutlery makers Mepre.

Shoo!

Shoo away unsightly shoes with your own shoe cabinet! Ideal to keep near the front door, little ones messy shoes can be neatly put away and each member of the family can have their own draw to keep things organised as well as spick and span!

The BoConcept Fermo Shoe Cabinet is also available in charcoal grey from Beaumont Home Centre



All hail the simple white metro tile

Versatile and oh-so-stylish the humble retro tile is having a renaissance. Ideal for bathrooms, they're the perfect clean and simple backdrop to make your design touches pop. Plus metal fixtures and fittings look wonderful when mounted onto them. For more inspo head to pinterest!





BUSINESS

Movers&Shakers

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Business Sales Manager appointed at Airtel-Vodafone

Vinnie Brennan has been appointed to the position of business sales manager at Airtel-Vodafone. He will be responsible for managing and developing the company's portfolio of blue chip financial, retail and commercial business clients in the Channel Islands.

Mr Brennan said: 'Being a partnership of two of the world's largest mobile companies, Airtel-Vodafone can leverage that global reach to offer many unique benefits to local businesses around key areas such as roaming and innovative product development.'

Head of Sales & Marketing, Peter Zunino said: 'Vinnie has a wealth of experience in the mobile sector and is an adept communicator and relationship manager. I am delighted to welcome him and have no doubt that he will further enhance the company's award winning customer service reputation.'



Donna Laverty appointed associate director of Elian Corporate Services

Miss Laverty will specialise in the establishment and administration of corporate offshore vehicles, as well as focusing on business development within Elian's corporate services division.

A member of the Institute of Chartered Accountants of England and Wales, Donna has extensive experience in providing professional company administration and director services. She has broad expertise across all aspects of corporate activity including asset holding, capital raising, acquisitions, disposals, refinancing, reorganisation and restructuring.

Donna brings 15 years' experience in the finance industry to the role, nine of which were spent working in Elian's performance and reward management division. She trained as an accountant at Reads & Co before moving on to roles at KPMG, Abacus and Bedell Cristin.

Fairway Group strengthen Trust division with new directors.

Two new private client directors have been appointed by Fairway Trust Limited (FTL) to help manage its expanding portfolio of private and corporate clients.

Darren Toudic and John Germain join the firm with a wealth of experience within the financial services industry, both having previously worked for local trust companies at senior level.

Mr Germain has worked within the trust industry for the past 30 years working on a variety of structures and asset classes, with a particular focus on property and family wealth clients.





First Names Group appoints new Chief HR Officer

Teresa Lamy has been appointed as First Names Group's new Chief HR Officer. Based in the Group's head office in Jersey, Teresa will be responsible for all aspects of its group-wide HR department, including recruitment, talent development and training, reward and recognition, business partnering and HR operations support. A key member of the senior management team, she will also sit on the Group's Management and Operations committees.

No stranger to the finance industry, Teresa joins First Names Group from TMF Group where she held the title of Global Head of HR and was responsible for more than 120 offices operating in over 80 countries worldwide. Prior to this she was with Equity Trust, where she developed and delivered an HR strategy that provided a framework for the management and development of the organisation.

Teresa is a Chartered Fellow of both the Institute of Personnel Development and the Chartered Institute of Management. She also holds the Diploma in Company Direction from the Institute of Directors.



Transition at Airtel-Vodafone

Airtel-Vodafone has today announced that Head of Operations, Sid Ahlawat will be taking over responsibilities from Ian Campbell, who leaves the company at the end of May to pursue his own personal business interests.

Mr Ahlawat said: 'Since launching in the Islands in 2007, the company has invested over £40 million in its infrastructure and driven competition to offer customers a first class alternative in the mobile market. With more significant investment planned over the next few years, including enhancements to our billing system and further network upgrades, I'm looking forward to helping drive continual innovation and value for mobile customers in the Channel Islands.'

Departing CEO, Ian Campbell said: 'During my time at Airtel-Vodafone I've been fortunate enough to work with a group of very talented, forward thinking and committed individuals, and I'm pleased to say I can leave it in very safe hands. I have no doubt that the business will continue to go from strength to strength.'



Golfing Audit Director for KPMG in the Channel Islands

Brian Bethell has been promoted to audit director. He will work alongside a pan-island department of 15 audit partners and directors and 144 audit professionals. In his new role, Brian will lead the audits of a wide range of clients in the fiduciary, investment management and banking sector. He will also have a leading role in KPMG's delivery of other areas such as cyber security services, a key growth area for KPMG globally.

Brian is a fellow of the Association of Chartered Certified Accountants and has been based in the Channel Islands for ten years. In his spare time, Brian enjoys spending time with his wife Claire and two young boys getting out and enjoying the Jersey outdoors. He is a keen follower of sport, including football and boxing, and also enjoys a game of golf (or perhaps the walk).

Movers&Shakers

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Two new change managers join Greenlight in Jersey

Greenlight has appointed two new consultants, Mary Frawley and Sam Baldwin. They'll be working across a range of clients notably in the financial services sectors.

An FCCA qualified accountant, Mary is a specialist in turnaround transformation with 20-years' project experience in multinationals, public sector, and start up businesses. Mary has recently returned to Jersey after several years working in London. Sam brings over 13-years experience in Jersey's finance industry, including customer interfacing and securities to the team.

Eliot Lincoln, CEO of Greenlight, said: "We're delighted to welcome Mary and Sam to the team to help us deliver more transformation programmes to businesses in Jersey and beyond."



Promotion in fund services team at Moore Stephens

Robert Luetkehaus has been promoted to manager of the fund services team at Moore Stephens. An experienced fund administration professional, Mr Luetkehaus will report to director Nick Solt and will be responsible for the development of Moore Stephens' fund offering in Jersey.

Robert joined Moore Stephens Fund Administration Limited after relocating to Jersey in 2011 where he began his career as a fund administrator and later became responsible for business development for the department.

Nick Solt, director at Moore Stephens Fund Administration, said: "Robert has been a key member of our funds team for several years, regularly representing us at key international events such as EXPO REAL. This promotion is well deserved and will see our fund administration offering continue to perform strongly and to grow."



Two new hires at Optimus Recruitment

Anna Lawrence joined from BNP Paribas where she began her career on their graduate training scheme in 2005. Anna qualified as an Associate of the Chartered Institute for Securities & Investments in 2013, and is currently studying for the Institute of Recruitment Professionals Certificate in Recruitment Practice.

Renny Gould has joined from TMF where he was a board director with responsibility for business development, the on boarding of new business and the oversight of HNW private client structures.

Jamie Guyer, Managing Director said: "These recent hires further strengthen the team at Optimus. Adding more dedicated industry experts ensures we continue to offer informed, impartial and professional advice to all our clients and candidates."



Senior appointment at Ashburton

Ashburton Investments has strengthened its senior management team with the appointment of Mark Cleary as Risk Manager in its team in Jersey.

In this new role, Mark will take on responsibility for overseeing all of Ashburton's investment, business, and operational risk, with a remit to roll out a range of strategic initiatives specifically aimed at strengthening Ashburton's risk management capabilities in both the investment and operational spheres.

As Chairperson of Ashburton's Risk and Compliance committee and a member of the Ashburton Investments Developed Markets Management Committee, Mark will also play a key role in ensuring that risk management is fully aligned with Ashburton's business strategy.

Mark brings with him 25 years of experience in the finance industry across the Channel Islands and Europe, and most recently was a Director at Barclays Wealth Fund Managers in Jersey and Guernsey.

Welcome to our careers special...



Gallery speaks to recent graduates about their move to the working world, what motivates them and what advice they'd give to those that are new to Jersey's top companies. We also caught up with a recruitment consultant to hear about their advice for graduates.



JESSICA NOON

TRAINEE FUND ADMINISTRATOR
AT AZTEC GROUP



MORE ABOUT AZTEC GROUP

As a leading fund and corporate services provider, we've grown to hundreds of employees with a multi-jurisdictional European footprint. We have a focus on building long-term client relationships and apply the same approach with our employees, maintaining an employee retention rate in excess of 90% for over 10 years. We pride ourselves in offering a truly rewarding working environment within the financial services industry.

Age: 19

School attended: Beaulieu Convent School (Sixth Form), St Peters Catholic School (Secondary)

Course undertaken: GCSEs and A-Levels. I'm also currently studying towards my ICSA Certificate

What did you want to be when you were 8? I wanted to be a doctor, specialising in cardiology

Favourite way to relax? With my friends outside in the sun with a large glass of wine!

Favourite place to eat in Jersey: The Grill at the Royal Yacht

What is your favourite possession? My Jersey Pearl bracelet

What made you choose the company?

I chose the Aztec Group because they encourage individuality and understand you as a person; you're not just a number in an organisation. The social element of work is important, encouraging a work/life balance and interaction between you and your colleagues outside the office. This, in addition to academically supporting you both on the job and via professional qualifications is what made the Aztec Group a clear choice for me.

What sort of professional training do you undertake?

I am currently studying at Certificate level with ICSA (Institute of Chartered Secretaries and Administrators), which has been fully supported by the Group. I also attend a number of courses through the Aztec Academy, which includes soft skills and technical training amongst others. Most recently, I have completed an Anti-Money Laundering and Compliance training course.

What do you do on an average day?

My role varies from day-to-day which keeps me interested and engaged. Some examples of my tasks include preparing and making payments in different currencies on various banking platforms for our clients. I also have an active role in communicating with our clients and liaising with them on a daily basis, answering any queries they may have and arranging meetings with them to discuss any arising matters. In addition, I support my team working on other clients, which gives me experience across a multitude of processes and procedures.

What is your next step?

My next steps are to continue my development by completing my ICSA qualification, both at Certificate and Diploma level. Alongside my study endeavours I hope to progress through the various levels and one day become an Associate Director. I like to aim high!

What advice would you give yourself considering the experience you have now...

I would say to work hard and never be afraid to take advantage of opportunities that come your way.

INTERESTED?

If you would like to apply for a role or if you have any questions about a career at the Aztec Group, please visit aztecgroup.co.uk/careers or email our HR team at careers@aztecgroup.co.uk or call us on +44 (0) 1534 833015.

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MANAGER TO
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Aimée Brennan
TRAINEE TO SENIOR
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Tom Richardson
TRAINEE TO
SENIOR FINANCIAL
SYSTEMS MANAGER



We're looking to grow further. Are you looking to Progress?

With a people-centric focus, the Aztec Group has been pushing the boundaries in fund and corporate services since 2001. To deliver these unrivalled services through a period of strong organic growth, we rely on the dedication and passion of our employees.

If you share our passion, then take a look at our current vacancies:

Senior Fund Administrators

The purpose of these positions is to carry out the routine day-to-day administration of a complex range of funds, management companies and associated fund structures under the direction of a Client Relationship Manager. We will provide both in-house training for relevant technical knowledge and professional qualifications.

Senior Corporate Administrators

We are on the lookout for Senior Corporate Administrators to carry out the routine day-to-day administration of corporate and fund structures. You will administer a range of entities across various corporate vehicles, investment holding companies and fund structuring entities, all under the direction of a Client Relationship Manager.

Compliance Manager

We are looking for a Compliance Manager to act as the compliance representative within the Aztec Group Jersey office, taking responsibility for the day-to-day compliance activities and forming part of the group-wide Risk and Compliance team, assisting with its on-going development and implementation of the Aztec Group's compliance strategy.

In addition to the roles above, we also have the following new vacancies in our Jersey office:

Accountancy

- ▶ Associate Director - Corporate Services
- ▶ Senior Financial Reporting Manager
- ▶ Fund Accountants
- ▶ Trainee Fund Accountants

Administration

- ▶ Senior Client Relationship Managers
- ▶ Client Relationship Manager
- ▶ Fund Administrators
- ▶ Corporate Services Administrator
- ▶ Trainee Fund Administrators

Support

- ▶ Head of Finance
- ▶ Senior AML Analyst

To apply, send your CV to careers@aztecgroup.co.uk, visit us online at aztecgroup.co.uk/careers or call us on 837562.

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AZTEC
GROUP

GREIG CLAYTON

ASSISTANT COMPLIANCE OFFICER
AT BNP PARIBAS



MORE ABOUT BNP PARIBAS

BNP Paribas is a leader in banking and financial services in Europe. The Group is present in more than 80 countries and spans 5 continents. It employs close to 200,000 people of nearly 170 nationalities. Our Jersey operation is key to the growth strategy of the Bank and offers unparalleled career development and progression. We are always seeking motivated individuals who have first-class numerical and analytical skills and want to join an award winning leader in global banking and financial services. Working with us means joining a dynamic and cosmopolitan environment. We are committed to four core values: Agility, Client Satisfaction, Compliance Culture and Openness.

INTERESTED?

Rebecca Daly, Senior HR Officer - Channel Islands
E: rebecca.daly@je.bnpparibas.com T: 815 200

Age: 24

Uni Attended: Highlands College and BPP, Jersey

Course Undertaken: International Funds Certificate, providing an entry level overview of funds and the finance industry in general.

What did I want to be when I was 8: A footballer

Favourite way to relax: With a cocktail on a nice sunny beach

Favourite place to eat in Jersey: Thai Dicq Shack, Jersey

What's your favourite possession: My car.....pride and joy!

What made you choose the Company you work for?

I chose to work at BNP Paribas as they are a very large organisation with an excellent reputation in the financial industry worldwide, with a large number of branches across the globe. BNP Paribas offer a variety of different roles, providing great opportunities and I felt this would be an ideal place for me to progress my career. I was also very impressed with how enthusiastic BNP Paribas were in regards to supporting professional qualifications.

What sort of professional training do you take?

I am currently studying towards The Institute of Chartered Secretaries and Administrators Certificate in International Finance and Administration. Throughout the qualification, BNP Paribas have been very supportive. I attend study classes on Wednesday evenings in order to advance my knowledge and allow myself to be fully prepared for future exams. BNP Paribas also offer a wealth of in-house training which is available to all staff looking to improve their technical knowledge.

What do you do on an average day?

My day to day duties in the Compliance team include a variety of different tasks such as supporting the implementation and maintenance of the compliance monitoring programme, production of board reports, business risk assessments, maintaining relevant registers and also assisting the development, implementation and maintenance of policies and procedures. I really enjoy the diversification of my role and dealing with a wide range of different clients and structure types.

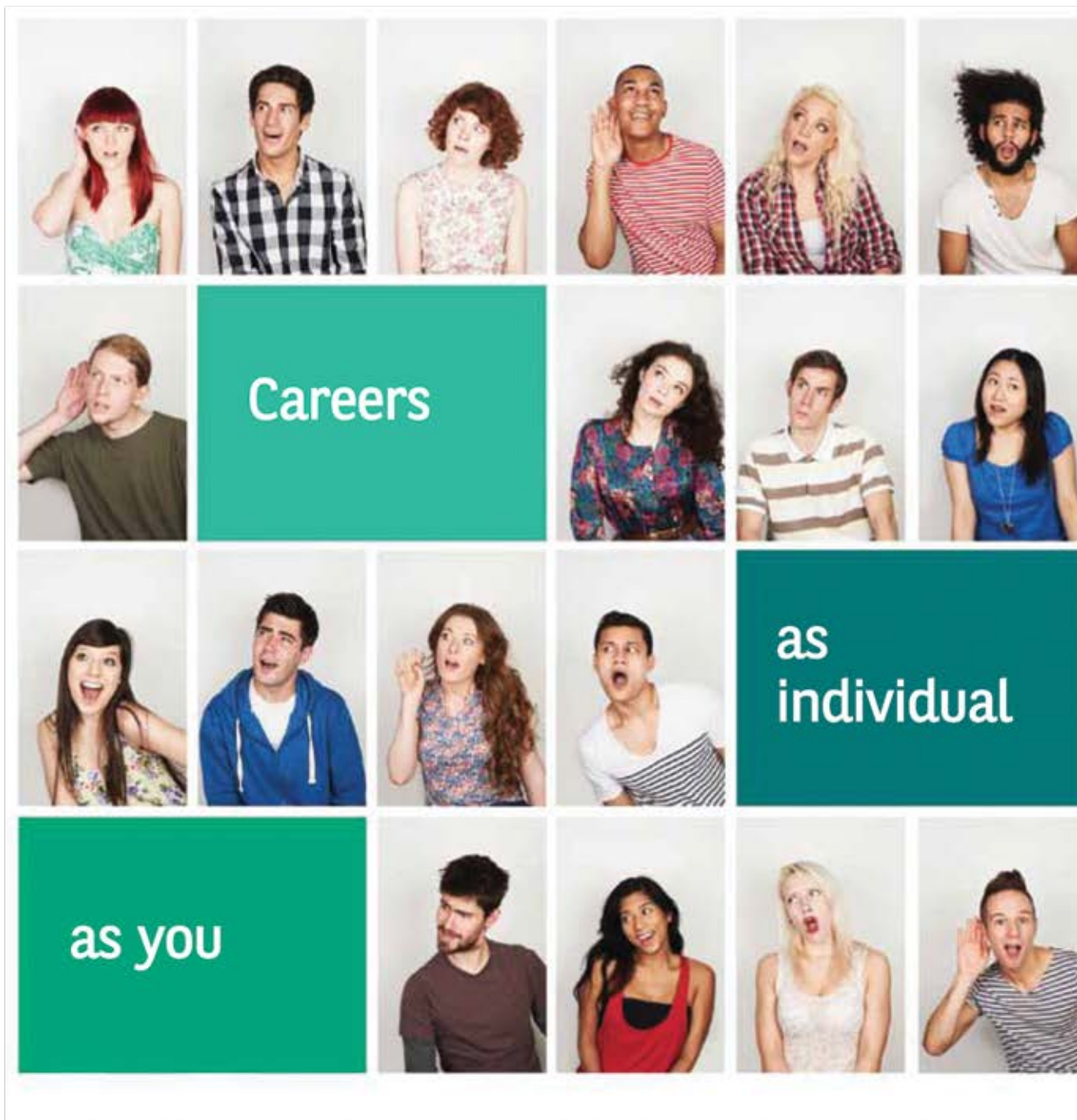
What is your next step?

I have recently had a change of job role and moved from Fund Administration to the Fund Compliance team. I will aim to complete the exams I'm currently sitting and will then tackle relevant and necessary Compliance exams. In the meantime, I will look to gain more experience and comprehensive knowledge for my new role. I will also seek additional training courses to attend, and enhance my industry knowledge further. My aim is to work my way up the career ladder at BNP Paribas.

What advice would you give yourself as a graduate considering the experience you have now?

The advice I would give to myself, would be to start a professional qualification as soon as you possibly can. Many people put off taking exams, as it's not the nicest process, however, the industry knowledge gained through study, can be implemented in your day to day role, which is vital and will help you going forward.

"We always look to recruit people who are passionate about their work and who view it as a challenge. We focus on teams and how exceptional individuals can work together to help our clients achieve their goals."



BNP Paribas is a diverse business with great opportunities for bright and ambitious individuals. Strong risk management, combined with the stability that comes from being part of one of the largest banking groups in the world, underpin our success. Joining us, you will become an integral part of a dynamic team that spans nationalities, cultures and backgrounds, drawing together people from around the globe who are focused on our clients.

At BNP Paribas, we are committed to career development. Our success is built on doing things differently, encouraging new ideas and giving our people the room to grow, to think and to innovate. If you are analytical and entrepreneurial, if you have ideas and are ready to learn, we want to hear from you.

For further information please visit www.bnpparibas.je/en/careers



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PO Box 158, Anley Street, St Helier, JE4 8RD
www.bnpparibas.je

BNP Paribas S.A. Jersey Branch is a limited liability company incorporated in France (registered number 602 042 440 R.C.S. Paris) and is regulated by the Jersey Financial Services Commission to carry out deposit taking business under the Banking Business (Jersey) Law 1991, funds services business, investment business and money services business under the Financial Services (Jersey) Law 1998. Registered office: 16, old des halles, 75001, Paris, France. Registered business address: BNP Paribas House, Anley Street, St Helier, Jersey, JE4 8RD.

LINDSAY HARVEY

SENIOR BUSINESS CONSULTANT
AT COREFOCUS CONSULTANCY



MORE ABOUT COREFOCUS

Corefocus specialises in the supply, implementation and support of ERP accounting, administration, CRM and IT infrastructure for companies from 10 to 1,000 employees. Corefocus has been a proud partner of Microsoft for over 14 years. Our in-house developers are at the forefront of CRM and GP product development and system integration, providing quantitative improvement and efficiency for our clients. We have written integrations and bespoke software solutions to meet specific client requirements, as well as developing our own range of products that enhance the functionality of Microsoft applications. For more information visit www.corefocus.co.uk

INTERESTED?

Matthew Van Sanden
mattvs@corefocus.co.uk
(01534) 780183

Age? 25

Uni attended? Manchester Metropolitan University

Course undertaken? Computer Science

What did you want to be when you were 8? A teacher, I loved playing schools with my sister and my imaginary class

Favourite way to relax? Sitting in the sun at the beach

Favourite place to eat in Jersey?

One of my favourites is El Tico, I like the relaxed atmosphere and of course the beautiful view

What's your favourite possession?

The watch I got for my 21st Birthday

What made you choose the company you work for?

Like a lot of graduating students, I was reluctant to come back to Jersey after university. If it wasn't for the job offer I was given at Corefocus I may not have. I was always under the impression that living on a small island meant that my career opportunities would be limited. However, my experience to date has been the opposite. I have found myself in a unique role, working with a large variety of clients and industries, which I feel wouldn't be possible if I was living on the mainland.

What sort of professional training do you take?

Nearly five years ago I completed an 8-week summer internship with Corefocus. I had just completed my first year at university and didn't have any work experience within the IT industry. During that summer, in addition to helping with product documentation, conducting marketing campaigns and shadowing developers, I was given an unbelievable opportunity to attend the Microsoft Worldwide Partner Conference in Los Angeles. I spent a week over there promoting Corefocus' products and brand with three colleagues. I was an extremely lucky intern! Christmas, Easters and Summers proceeding that I came back to work for Corefocus. Not only did this give me some extra money, it also helped me to apply and develop the skills I was learning at university. When my course was coming to an end I was given an offer of a permanent job at Corefocus. The role was with a company I knew, in the right field of work and in Jersey, I of course happily accepted. Looking back to when I finished university and signed the contract, I realise that has to be one of the best decisions I have made. I really enjoy my job and the environment I work in.

What do you do on an average day?

Every day is unique and usually very busy which means that there is never a dull moment (with the exception of some very bad/geeky office jokes). I am also constantly learning and hope this will always be the case. Now, my main role is developing software and everything that goes with that; installing, supporting and training. A large proportion of my time goes into working with Microsoft Dynamics CRM, configuring, customising and developing it for clients. It is a flexible Customer Relationship Management system which we, Corefocus, build add-ons for, to meet the needs of clients. In addition to Dynamics CRM I have recently gained skills in web development, building Asp.net applications with SQL database back ends, for clients with unique requirements. It is a role in which I am constantly challenged and kept engaged and happy.

What is your next step?

In the future I would like to continue to build and widen my skill set, hopefully with Corefocus for many years to come.



KICK-START A CAREER WITH COREFOCUS

It's been another fantastic year for Corefocus and we are now looking to bolster our team for the future!

Corefocus specialises in the supply, implementation and support of Microsoft based business solutions for companies in the Channel Islands and around the world.

Successful candidates will benefit from a competitive salary, a personal development plan, a supporting environment and will be part of a professional and enthusiastic team, delivering quality to a diverse array of key organisations.

THREE NEW JOB VACANCIES NOW AVAILABLE:

> SENIOR APPLICATION DEVELOPER

The ideal candidate will have a very strong Technical background, 5+ years experience as a developer in SQL, C#, web applications or MS CRM. Strong people skills are essential and successful applicants will work on some of the most interesting projects currently available in IT in the Channel Islands.

> JUNIOR APPLICATION DEVELOPER

The ideal candidate will have recently completed a degree in Computer Science (or equivalent) or will have extensive programming skills. The successful candidate will assist in the development of applications for a varied range of Jersey enterprises and have the opportunity to gain formal technical development training.

> UNDERGRADUATE INTERNSHIP & SCHOLARSHIP

The Corefocus internship scheme provides paid summer work experience, as well as scholarship funding for an undergraduate of particular promise, of up to £2000, to assist in final year university costs. The ideal candidate will be a Computer Sciences undergraduate, currently enrolled at university.

CONTACT:

If you are interested in joining the Corefocus team, please send your CV with a cover letter to:

Matthew van Sanden
Managing Director
mattvs@corefocus.co.uk
www.corefocus.co.uk

DEEPTHI KUNDETI

TRAINEE ACCOUNTANT, CLIENT ACCOUNTING
AT CRESTBRIDGE



MORE ABOUT CRESTBRIDGE

Crestbridge is a fast growing financial services provider offering a progressive and supportive environment for successful candidates who can grow with us. Crestbridge offers exciting career opportunities with attractive reward packages, a commitment to training and development together with the chance to work on some of the most interesting transactions and cases in our markets. Our inclusive and friendly culture ensures that employees are treated as individuals. You won't be 'just a number' at Crestbridge and we will do all that we can to make your professional life productive and enjoyable.

Age: 30

Uni attended: Jawaharlal Nehru Technological University

Course undertaken: Engineering in electronics and telecommunications

What did you want to be when you were 8: A teacher

Favourite way to relax: Swimming

Favourite place to eat in Jersey:
Refuel - the flavours are amazing!

What's your favourite possession: My espresso machine - I can't survive without coffee!

What made you choose the company you work for?

When I was looking to move into the finance industry from engineering, a friend of mine talked me through my options and then recommended that I look at Crestbridge. I didn't have a background in finance so I was nervous about how some organisations would take my application. Crestbridge could not have been more open minded and gave me so much confidence that I would get the support I needed to embark on this new career. Crestbridge offers a study package that is second to none and I am so grateful for the opportunity and support that they have given and continue to give me.

What sort of professional training do you take?

I am currently studying towards my ACCA qualification. I started studying a year ago and have so far completed the first 4 papers. Crestbridge also offers fantastic in-house training ranging from service line lunch and learns, to software training and full day industry awareness courses.

What do you do on an average day?

I work in the Client Accounting, Fund Valuation team which is incredibly busy and versatile. The main part of my job is to prepare and calculate the fund valuations. I also deal directly with our clients whilst preparing trades and payments to ensure that the entire trade process has been successful and the deadlines have been met. It is a very busy role which is filled with tight deadlines, so organisation is key, but I really enjoy its fast pace and variety.

What is your next step?

My next step is to complete my ACCA qualification to become a fully qualified accountant. I am due to complete the Fundamental Skills and Professional modules. Hopefully I will be finished early in 2018 and ready to take on the challenges of the accounting world.

What advice would you give yourself as a graduate considering the experience you have now?

Nothing is impossible! I never would have thought that such a large career change would have been possible. But if you work hard and have the right drive, passion and determination; you can achieve anything you set your mind to.

INTERESTED?

Fiona St-Clair Bolam, Head of HR

Fiona.stclair-bolam@crestbridge.com

Address: Crestbridge, 47 Esplanade, St Helier

Email: careers@crestbridge.com

A close-up photograph of two bees on a honeycomb. The honeycomb cells are a warm, golden-yellow color. One bee is positioned in the upper right, facing left, with its wings slightly spread. The other bee is in the lower left, facing right, also with wings slightly spread. The lighting is soft, highlighting the texture of the bees' bodies and the hexagonal pattern of the honeycomb.

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MORE ABOUT DELOITTE

Since we want to help you fulfil your potential, we strongly emphasise career development and training. Deloitte employees are among the best qualified accountancy, tax and actuarial professionals. With 12,000 exceptional people across the UK and Switzerland, Deloitte has the broadest and deepest range of skills of any business advisory organisation, and we have a straightforward goal: to be recognised as the pre-eminent and most trusted professional services firm, famous for our people and respected for the exceptional quality of our work. www.deloitte.co.uk/graduates

INTERESTED?

If you think you'd like to pursue a career at Deloitte, get in contact with Michala Wright on 01534 824203 or email miwright@deloitte.co.uk

Age: 19

School attended: Hautlieu

What did you want to be when you were 8: A tennis player

Favourite way to relax: Golf (when I am playing well!)

Favourite place to eat in Jersey:

Sumas – best breakfast on the Island

What's your favourite possession: My golf clubs

What made you choose the company you work for?

Once I had decided to opt out of applying to Universities, and on a career in accountancy, I began to inquire into school leaver programmes. From the first steps of the application process, Deloitte really made an impact as a firm that would allow me to develop and achieve my long-term career goals. Coming straight from school made me somewhat cautious in competing with graduate applicants, but Deloitte's emphasis is on meritocracy; they look for proven capability to study, rounded skills and life experience, whether you have a degree or not.

What sort of professional training do you take?

I'm currently studying to become a qualified accountant under ACCA, and since joining in August 2015 I've sat three of my 14 exams. Finding the correct balance between work and revision is often challenging, but having great internal resources like our exam managers in Jersey, as well as BPP (where we study for examinations) really helps. With professional training you get out what you put in, and with hard work it can be a very rewarding experience.

What do you do on an average day?

As I'm in Audit, the nature of the jobs allows me to work with many different teams on various clients every few weeks, and so it's very refreshing to say that no two days are the same. Deloitte has a considerably diverse portfolio of clients, meaning great exposure to various industries; such as Private Equity and Real Estate. We often work from client offices, so meeting new people, building your professional network and embracing new challenges really aids in keeping the job fresh and exciting.

What is your next step?

Deloitte has really offered me the ideal start to my career. I have been able to learn a lot and develop both personally and professionally at the right pace for me. Going forward, I want firstly to complete my professional studies. Once I am qualified, I'll then have a wide range of opportunities with Deloitte to build on my strengths and take on greater responsibility. This will involve taking more ownership in the management of audits and travelling to other Deloitte member firms in different jurisdictions; from London to Sydney or Hong Kong.

What advice would you give yourself considering the experience you have now?

I'd tell myself and anyone else considering a career at Deloitte to go for it and embrace all the opportunities available. Utilising the resources and scope of a firm like Deloitte, means being able to travel, meet a diverse range of people, and learn so much in such a short space of time. Coming into such an environment, whether straight from school, as a graduate, or through our 'Summer Vacation Scheme' really is a great way to start your career.

"The success of our firm depends on the talent of the people who work here, so we invest considerable time and resources to make sure your skills and talents are as sharp as they can be"

Planning your career journey?

All routes are the right road with us

Are you talented and enthusiastic, with aspirations to build a successful career in business? Training for a professional accountancy qualification can give you the skills, knowledge and business experience you'll need to turn your vision into reality.

Whether you want your career journey to include university, or prefer to start working after leaving school, plan your route with us and you'll be on a fast track to a world class career:

A Level

Join as a school leaver and you could be a qualified accountant by the time you're 21, earning a substantial salary and helping to manage a portfolio of world class clients.

Graduate

If your career journey is going to include university, you may like to apply for one of our bursaries, offering you a minimum of 4 weeks paid work plus £2,000 towards your costs for each year of your degree.

For further information contact Michala Wright, HR Manager on 01534 824203 or email miwright@deloitte.co.uk.

www.deloitte.co.uk/careers

It's your future, how far will you take it?



Deloitte.



REBECCA GRAHAM

GRADUATE (TRAINEE) ADMINISTRATOR
AT ELIAN



MORE ABOUT ELIAN

Elian is an independent professional services firm that provides specialist trust, fund, company administration and capital markets solutions to high net worth individuals, family offices, large multinational corporations and financial institutions. With over 640 employees across a network of 16 international offices, covering a wide range of time zones and key financial centres, we are able to handle large, demanding and complex engagements.

Our graduate program offers a chance to rotate through the organisation working within different teams alongside established practitioners. You will experience all aspects of fiduciary services whilst at the same time studying towards a range of professional qualifications that will form the basis of your career in finance.

Age: 22

University attended: University of York 2012-2015

Course taken: 2:1 (BA Hons) in History

What did you want to be when you were 8? A hairdresser

Favourite way to relax? Yoga or walking along the beach with a friend.

Favourite place to eat in Jersey? Le Petit Greek - especially sitting outside in the summer.

What's your favourite possession? My passport because it's allowed me to go to some amazing places.

What made you choose the company you work for?

I chose Elian because I like how many opportunities they offer and how much support they give to their employees. The Graduate Scheme appealed to me because it's a tailor made programme which allows me to fast track my progression with funded study. It also gives me the chance to try out four different departments within the company over 2 years.

What sort of professional training do you take?

When I started at Elian I went through a 6 week induction training programme which brought me up to speed with the company policies and procedures. I've just taken my first module of the ICSA Diploma qualification in Offshore Trust and Company and will be starting my next module in September. Once I've finished the Diploma, I'll be able to either take the Professional Qualification of ICSA or choose to study certain areas of the business in more depth.

What do you do on an average day?

On an average day I prepare board meetings and minutes, write share certificates, arrange payments and liaise with clients about their trusts and companies, but every day is different. On the graduate scheme we regularly set up and attend meetings with different directors and members of the executive team. We also get to organise events such as graduate open evenings.

What is your next step?

I want to decide which department to join on a more permanent basis, which will be a tough decision, and within the next two years I plan to become a senior administrator. Elian has offices in many locations so I'm also hoping there will be a secondment opportunity as I'd love to experience working in another jurisdiction. A member of my team has recently gone to Hong Kong and I'd love that sort of opportunity!

What advice would you give yourself as a graduate considering the experience you have now?

Whatever you chose to study for your degree, keep an open mind and consider every opportunity that comes your way. I'd never considered working in finance and my move to Jersey was spontaneous. It's turned out to be the best decision I've ever made.

INTERESTED?

Harriet Lewis
Resourcing Advisor
01534 504162
Harriet.Lewis@elian.com



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LIFE AT
ELIAN

ANDREW RENOUF

SENIOR ACCOUNTANT
AT **ESTERA**



MORE ABOUT **ESTERA**

Estera is a world-leading provider of offshore fiduciary and administration services. Established for more than 25 years, the company's strong legal heritage, rooted in its previous partnership with Appleby, and resolute commitment to the delivery of service excellence is what sets them apart. Independent and truly global, Estera has over 350 dedicated, professional and highly qualified employees creating and supporting smart and integrated fiduciary solutions. Estera's unique footprint spans across the offshore jurisdictions of Bermuda, British Virgin Islands, Cayman Islands, Guernsey, Isle of Man, Jersey, Mauritius, Seychelles and the onshore financial centres of Hong Kong and Shanghai.

INTERESTED?

HR contact: Michele Gallagher, HR Manager
Phone number: +44 1534 818 444 / Email: michele.gallagher@estera.com

Age: 28

Schools attended?

Les Landes, Les Quennevais, Hautlieu

Course undertaken?

GCSE, A-Level, ACCA

What did you want to be when you were 8? Film director

Favourite way to relax?

Meditation, yoga, reading and many forms of creativity!

Favourite place to eat in Jersey?

Doran's Courtyard Bistro

What's your favourite possession?

My flat probably. I don't find a great deal of value in possessions, I am more about experience.

What made you choose the company you work for?

Estera looks after its people, helping them develop and progress in their chosen careers. We are a team-orientated company and my colleagues, regardless of seniority, are all very supportive and approachable.

What sort of professional training do you take?

I started as an office junior just over eight years ago and undertook the ACCA qualification, whilst working in many different areas within the accounts function of Estera in order to gain a breadth of knowledge.

What do you do on your average day?

I oversee the administrative areas of the team, maintain spreadsheets, perform double-entry accounting, reconcile ledgers and complete the month-end management accounts, as well as several other duties.

What is your next step?

After a number of challenging exams and a long period of study, I feel the need to take some time to focus on myself. My immediate next step is to travel and recharge.

What advice would you give yourself considering the experience you have now?

When I first started my ACCA qualification, my aim was to complete the exams as quickly as possible which proved to be very stressful. I have learnt that taking a little longer with my studies meant I appreciated the process more, and I felt a greater sense of achievement when I successfully completed my final exam. Anything worth having is definitely worth working and waiting for.

"Our reputation for attracting, developing and retaining talent is rooted in our commitment to the development of our people, as well as a corporate structure and ownership model that instils a professional and forward-thinking environment. Our culture is supportive and collaborative and our people are rewarded with career progression opportunities, regardless of which area of the business or jurisdiction they work in."



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Quality people. Quality solutions. Quality aligned.

ISOBEL PEDLEY

ASSOCIATE
AT EY



MORE ABOUT EY

EY is a global leader in assurance, tax, transactions and advisory services. The insights and quality services we deliver help build trust and confidence in the capital markets and in economies the world over. Locally, we are committed to doing our part in building a better working world for our people, for our clients and for our communities. Globally, we are also united by our shared values, which inspire our people worldwide and guide them to do the right thing, and our commitment to quality, which is embedded in who we are and everything we do.

INTERESTED?

Anoushka Horgan
Liberation House, Castle Street, St Helier, Jersey JE1 1EY
Office: + 44 1534 288600 | Direct: + 44 1534 288667 | ahorgan@uk.ey.com

Age: 21

School attended? Jersey College for Girls

What did you want to be when you were 8? A princess

Favourite way to relax? A long walk along St Ouens

Favourite place to eat in Jersey? El Tico, it's got great food, lovely service and, most importantly, a perfect view of the sunset! (Just make sure you get a window seat!)

What made you choose the company you work for?

I was looking into summer internship opportunities and that is how I came to know more about EY. I started to look into all 'Big 4' firms and the finance industry as a whole, because I wasn't 100% sure what I wanted to do and then I saw an advertisement from EY. The summer internship really highlighted EY's strong people culture, their commitment to the development of their employees and the variety of opportunities for studies and travel and I knew EY was for me.

What sort of professional training do you take?

I'm currently studying towards my ACCA qualification (Association of Certified Chartered Accountants) which I hope to complete in 2018. ACCA is a globally recognised accountancy body with over 455,000 students in 181 countries, so it is definitely worth all of the effort! You have to be focused and organised as you're studying and working alongside each other. EY makes it easier as they are incredibly supportive and everyone in the office is happy to help, especially as the majority have been through similar exams themselves.

What do you do on your average day?

Anyone from EY will tell you that no two days are the same! Since joining only 9 months ago, I have learnt so much from working on a variety of different audits in a range of industries with a number of different teams. There's also different 'seasons' in Assurance, whereby there are months when the audit planning is completed and months where the ground work and testing is the main focus. If you like variety, EY is right for you!

What is your next step?

My main focus in the next 2 years is my ACCA qualification. After I qualify, EY's global footprint offers me an opportunity to perhaps join another EY office around the world and I would love to take advantage of that.

What advice would you give yourself considering the experience you have now?

Gain as much work experience as you can and don't rule out any career. Speak to people in different industries and find out what their day-to-day work life is like. You might end up enjoying something that you hadn't considered before!

"EY is the perfect place to start your career and gain an understanding of finance and the world of business. We are committed to training and developing our people to reach their potential and study towards a globally recognised professional qualification."

Accelerate Training Programme

We invest in individuals and we want to invest in you.

An alternative to university. Fast track your career and let the EY experience shape your future.

EY is the perfect place to start your career and gain an understanding of finance and the world of business. We are committed to training and developing our people to reach their potential and study towards a globally recognised professional qualification.

A career in Assurance

Assurance is extremely broad, giving you the opportunity to develop a great grounding in business, take part in world-class training and open the door to many career paths.

A career in Tax

As a tax professional at EY, you'll use your research and analytical skills, apply yourself to stay on top of the international tax laws and add value through innovative solutions.

Entry requirements:

- ▶ 300 UCAS points or above (excluding General Studies and re-sits)

How to apply:

We recommend you apply early as there are limited spaces.

Please send a copy of your CV to:

ahorgan@uk.ey.com or call Anoushka Horgan on 01534 288667.



Connect with us:

- Twitter: @EY_CareersCI
- Facebook: EYChannellandsCareers



WANT TO LAND YOUR DREAM JOB? HERE'S HOW **NOT** TO GO ABOUT IT!

Applying for a new role can feel like a hazardous process filled with potential pitfalls and slip ups. We talked to Laura Millen of Excel Recruitment for advice on the banana skins to be aware of and, critically, how to avoid them.

Banana skin #1 **E for effort.**

'Companies want to feel special, like you have chosen them as a prospective employer for a reason. Showing a lack of knowledge of their company can prove fatal in a job interview. It is a mistake to be complacent because you feel you have the right credentials for the position.'

'Our clients want to be sure that the candidates have an interest in their company and have researched them enough to understand something about their business, their locations and their size at the very least. The selection process is two way, the employee choosing a suitable employer as much as the employer selecting ideal candidates for their business.'

'There is no excuse for not researching your target company. Company websites give access to the service offering; company culture; structure; type of clients they target. To stand out from the others in an interview; prove this is the company you want to join.'

Banana skin #2 **Bigging yourself up.**

'You may have prepared your CV some time ago and perhaps forgotten what claims you made about your skills and knowledge. A good interviewer will want to dig deeper into this detail so make sure you know what you wrote and why. Always make sure you have an up to date CV to hand prior to your interview, to refresh your memory.'

'Can you stand by the claims you have made? A Summer temp job on data entry is all good office experience, but should not be dressed up as 'Senior Digital Strategist for a multinational banking conglomerate'!

"The selection process is two way, the employee choosing a suitable employer as much as the employer selecting ideal candidates for their business."

'If you exaggerate your skills and experience it will become quickly apparent in the workplace. It is far better to present an honest account of yourself and highlight your relevant background and willingness to learn new skills, if you are lacking in any area.'

Banana skin #3 **Winging it.**

'Prepare some questions before the interview. Don't wing it. That will be spotted and it doesn't impress. Your questions will show the interest you have in the sector, the profession and, most

importantly, the company. Options include asking about a company's CSR policy and the scope for career progression, a sure sign you consider this to be a long-term appointment.'

'And don't forget the return question: why do you want this job? This is a serious question, so be prepared. Think as much about what the interviewing panel wants to hear as the reality of your interest. Without schmoozing your way through the answer, let them know that you are clear as to why you have applied.'

Banana skin #4 **Ever look yourself up?**

'We all have a digital footprint so we should never ignore our internet presence. An interested employer may well Google your name and check your social media pages to get a feel for your personality. It is important to make sure that what they find is consistent with the professional image you present in your CV, no indiscreet photos of you socialising with friends or inappropriate language. It is easier to regularly clean up your personal pages than to remove compromising material later.'

Don't fail - win!

'Often the biggest fail is just not getting the basics right. Impress the interviewers with your interest, passion and skills and you will be well on the way to securing the job you deserve.'

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JOEL SPEIGHT

ALTERNATIVE FUNDS ADMINISTRATION
TEAM MANAGER AT
MOORE MANAGEMENT



MORE ABOUT MOORE MANAGEMENT

Moore Management is a leading specialist provider of global fund administration and management services, headquartered in Jersey. Delivering tailored solutions to meet our clients' specific needs is what we do best.

Our clients range from major investment banks and large financial institutions to boutique alternative asset managers. But what they all have in common is a desire for expert, individual attention - which we deliver. We offer high levels of flexibility, underpinned by meticulous attention to detail. Our business is driven by our overriding goal to deliver against our clients' objectives and exceed their expectations.

Moore is licensed to provide fund administration services in Jersey, Guernsey and the Isle of Man. We also service funds domiciled in other jurisdictions such as Bermuda, the Cayman Islands, Delaware, Luxembourg and Singapore.

INTERESTED?

Helen Baxter, Head of Talent Management
helen.baxter@firstnames.com
T / +44 1534 714500 D / +44 1534 714595
www.firstnames.com

Age: 28

University attended: Loughborough University

Course undertaken:

BSC Hons Sports Sciences with Social Sciences

What did you want to be when you were 8: A footballer

Favourite way to relax:

Listening to music or having a few drinks with my mates

Favourite place to eat: Mark Jordan at the Beach

What's your favourite possession:

iPhone gets the most use / Muratti caps

What made you choose the company you work for?

Moore Management (Moore) had recently been bought out by First Names Group and it seemed like an exciting time to join the business. I had also heard that Moore had a reputation for looking after its people and while an established name it was also small enough to do things a little differently. Moving from a global bank this appealed and it seemed like a good opportunity to progress.

What sort of professional training do you take?

Although I graduated from university nearly seven years ago, I believe learning and development should be undertaken at all stages of your career. I'm currently completing my ACCA qualification (Association of Chartered Certified Accountants). While there was no pressure to take exams, the management team at Moore encourages people to grow professionally and is hugely supportive of anyone who chooses to undertake qualifications.

What do you do on an average day?

Genuinely, no two days are ever the same, which I really enjoy. I could be doing anything from mentoring team members, dealing with client and investor queries, reviewing and signing off client work, holding client calls to attending board meetings. There is also an internal element to my role with various reports to complete to ensure senior management have the required information they need to help them run the business. There's always a lot going on and I find organisation and prioritisation is the key.

What is your next step?

Short-term, I want to continue to develop my management skills and grow my experience and confidence in line management and leading a team.

Long-term, I would like to extend my skill set into the area of new business. My recent secondment to the Tokyo office gave me a good insight into the requirements of the role and I'll be looking for further opportunities in the future.

What advice would you give yourself as a graduate considering the experience you have now?

Take your time and try different things before deciding upon your chosen career. Lots of students graduating won't have a clear idea of what they want to do, if that's you don't be afraid to explore different options or take a different path if something's not working out. Once you've decided upon a career, commit to it and continue to seek new opportunities and ways in which to develop yourself.

"At Moore Management and First Names Group we believe that happy, supported people deliver superior client service, so we make it a top priority to recruit the brightest individuals and create the right environment for them to flourish."

EXPECT **MOORE**



AGILITY

When you look below the surface, we are more than just **Global Fund Services**. Big enough to be trusted, small enough to be flexible, we continually evolve to meet our clients' changing needs. Our people combine responsiveness with meticulous attention to detail.

So you can expect more from Moore.

MOORE

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FIRST/NAMES
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Moore consists of a number of companies operating in multiple jurisdictions. These include entities licensed by the Guernsey Financial Services Commission, the Isle of Man Financial Services Authority and Jersey Financial Services Commission. For details of specific activities and regulatory status please visit our website www.mooremanagement.com. Moore does not provide legal, tax or investment advice and the information in this advert should not be regarded as such.

PARK GRADUATING IN 2016?



The good news is there has never been such a diverse range of Trainee opportunities within the financial services sector. As well as a wealth of Trainee Trust & Fund Administration roles and a strong selection of Trainee Accountant positions we also see opportunities for Trainees within the IT, Legal, Marketing, Compliance, Tax, Telecommunications, Relationship Management, Trademark, HR and Business operations areas.

There used to be, and perhaps still is, a misconception in Jersey that graduate jobs within financial services are boring. Graduates tell me that they want to be challenged, they want variety and most importantly, they want scope for progression. Well, the graduate jobs that I'm recruiting for, a large majority of which are within financial services, offer all that and more!

Here's a selection of opportunities we are recruiting for right now but if you are still unsure come chat to me!

Graduate Programme - Relationship Management

If you want to work with people this could be the perfect role! As a Relationship Manager for a global bank you will be responsible for building and influencing relationships developing a strong understanding of client needs.

Trainee IT Technician

An ideal role for those with a relevant degree/IT course who are looking at securing their first role in the business world. Working for a fast growing local company you will support a diverse selection of clients.

Graduate Trainee Tax

An excellent position for those holding strong numeric skills and a real eye for detail. Tax Professionals work closely with both the numbers and the law.

Graduate Programme - Business Operations

A great opportunity to learn all the business operations areas of a global bank. This role rotates into various areas of the business including marketing, finance, technology, change and operations.

Trainee Fund Administrator

The fund sector won't stop growing so if you have strong communication skills and are looking to study towards qualifications then this could be perfect. Given the speed of growth in this area there are heaps of opportunities for promotion. A real work hard play hard environment is also available!

Unsure about committing to a career? Want to work to save some cash for travelling?

Then we have a range of longer term temporary positions which can offer you the best of both worlds - experience without long term commitment and cash for your next adventure!

Words by Carly James for more information get in touch with Carly on 871666 or email jobs@jobs.co.je

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TEMPORARY CONTRACTS!

Trainee Marketing Officer

Marketing grad seeking a short term contract? An ideal role to gain 6 months experience!

Trainee Administrator, Compliance - 6 month contract

Good eye for detail? Join this fast growing business in a review project for 6 months.

Graduate Administrator - 12 month contract

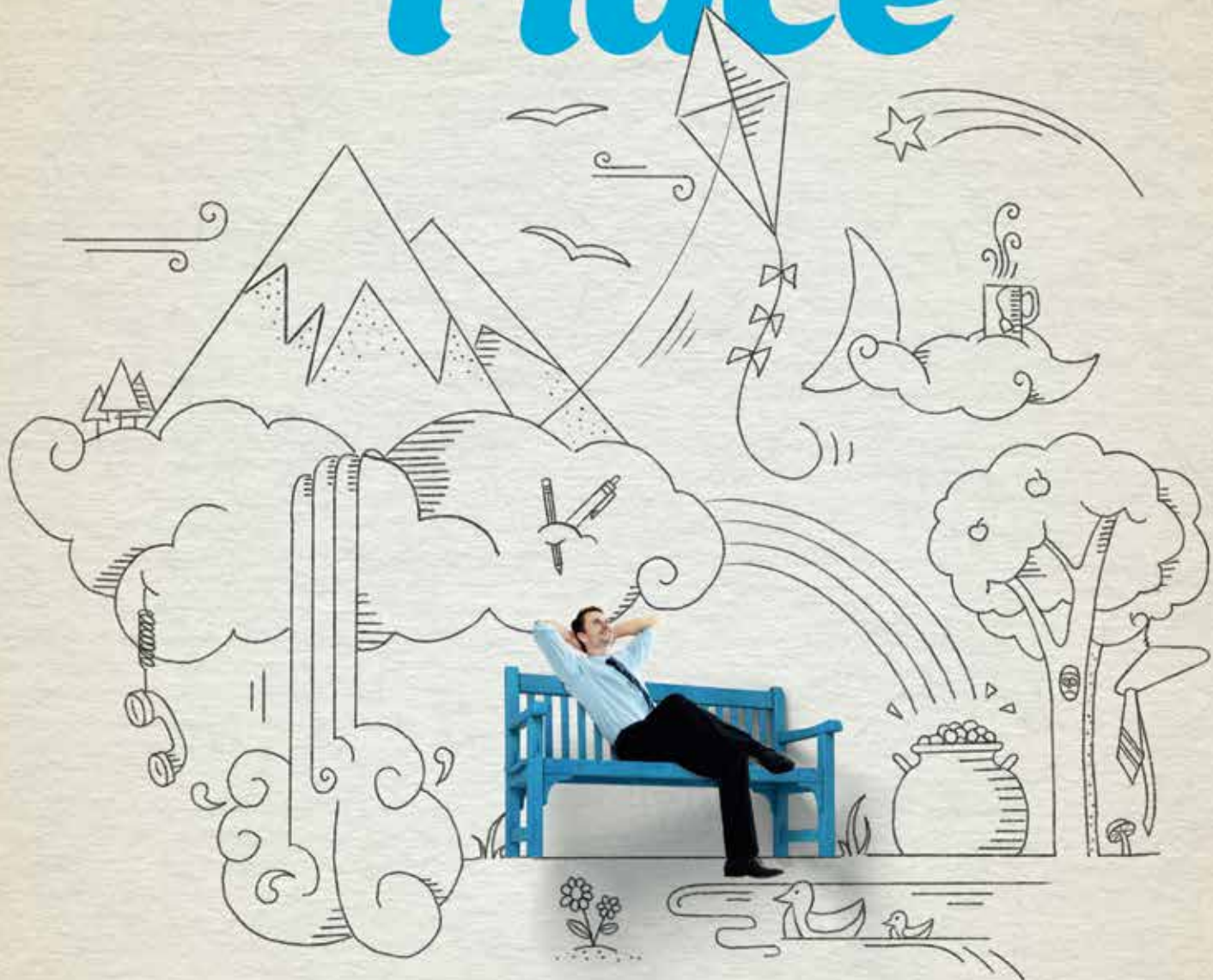
Hold a 2.1 and strong IT skills? A great chance to gain 12 months experience in a buzzing fund business.

Customer Services Advisor - 6 month contract

If you enjoy dealing with customers then this telephone based support role could be perfect!



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REBECCA TURNBULL

TAX, SENIOR MANAGER
AT PwC



MORE ABOUT PwC CHANNEL ISLANDS

We help clients ranging from multinational organisations to local businesses, charities and governments, offering tax, assurance and advisory services that help to improve the way they work in the short and long-term. From auditing their financial data and planning their taxes, to identifying the risks they face and supporting them with strategic decisions, we work with our clients, creating cutting edge solutions for them. We work hard to attract locally grown talent back to the Channel Islands, offering training contracts to local school leavers, undergraduates and graduates from all degree disciplines.

INTERESTED?

If you think you'd like to pursue a career at PwC, get in contact with Sarah Hughes on 01534 838238 or email sarah.l.hughes@je.pwc.com

For more information please visit www.pwc.com/jg/careers, visit our Facebook careers page [/pwccareerschannelislands](https://www.facebook.com/pwccareerschannelislands) or follow us on @PwC_CI

Age: 31

University attended: University of York

Course undertaken: BSc Economics and Finance

What did you want to be when you were 8: A doctor

Favourite way to relax:

Watching the waves crash over the sea wall at St Ouen

Favourite place to eat: Sumas

What's your favourite possession:

I don't have one I can single out!

What made you choose the company you work for?

When attending the graduate recruitment fairs, PwC was the one Professional Services firm which really appealed to me. The staff representatives were engaging and genuinely came across as people I'd enjoy spending time with. Being a global firm, I knew that I would have opportunities to travel with PwC and the service offering of the firm was so wide that it opened up so many doors, and allowed me to delay making my final career decision for a little bit longer!

What sort of professional training do you take?

I originally joined the St Albans office of PwC UK as an auditor and studied for the ACA professional qualification. Following my decision to specialise in tax three years later, I was provided with additional training to assist me in performing my new role. Having since relocated to Jersey, I continue to attend and present technical presentations to keep on top of my knowledge now that I am based on the Island. Tax is an ever-changing technical area and it is important to ensure that I keep my knowledge up to date, so that I can provide my clients with the best possible service.

What do you do on an average day?

There's no such thing as an average day. I have a wide-ranging client base, which presents me with interesting challenges all of the time. One day I could be presenting at a training session on such topics as the UK Statutory Residence Test, and the next I could be out visiting a high net worth individual to discuss his or her tax position. I have a variety of additional responsibilities within the tax department, which extend beyond my technical role. For example, I also support the business when it comes to recruiting new tax team members and I enjoy writing tax-related articles for various local and international publications.

What advice would you give yourself as a graduate considering the experience you have now?

Choose a career in an area that interests you. By joining a large international, well-connected firm, it opens so many doors to your future career and you'll be presented with opportunities you may never have even considered. For me, when I started out as an auditor in the UK, I never imagined I would end up advising high net worth individuals in the Channel Islands. But always remember, people excel when they enjoy what they are doing and, put simply, this is the way to achieve your potential.

"You'll be working and studying with intelligent and inspiring people, building strong friendships and valuable professional relationships. With over 208,000 people in 157 countries across our global network, once you're qualified, the world really is your oyster."



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Assurance
Tax
Advisory

Opportunities are at the heart of a career with PwC. Opportunities to grow as an individual, to build lasting relationships and to make an impact in a place where people, quality and value mean everything.

Be part of the world's leading professional services network and get the experience of a lifetime working for PwC in Jersey. We have what it takes to make sure you thrive.

Take the opportunity of a lifetime, email sarah.l.hughes@je.pwc.com today!

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TOM BUIST

TRAINEE ADMINISTRATOR - DEBT
STRUCTURES AT **SANNE**



MORE ABOUT **SANNE**

Sanne is a dynamic financial services business providing international fiduciary services to a worldwide customer base. Through a specialist divisional structure Sanne delivers tailored, professional financial administration services through a network of international offices.

Headquartered in Jersey, Sanne engages more than 500 employees worldwide and offers an exciting and challenging range of opportunities in the areas of fund administration, private wealth and corporate, including a fully assisted three year professional training programme leading to either an ACCA, ICAEW or ICSA qualification.

INTERESTED?

For more information visit our website:
www.sannegroup.com
Or alternatively contact Nikki Collier-Webb,
HR Manager
e. nikki.collier-webb@sannegroup.com
t. 01534 722787

Age: 27

University & courses attended: BSc Human Genetics @ Newcastle University / PhD Computational and Molecular Biology @ Institute of Cancer Research

What did you want to be when you were 8: Scientist

Favourite way to relax: Anything that gets me in the sea, be that Kitesurfing, Surfing, Paddleboarding or Diving

Favourite place to eat: The Dicq Shack

What's your favourite possession: Kitesurfing kit

What made you choose the company you work for?

Sanne's proven graduate training program was extremely attractive to me, as it offers both the professional training and support needed to balance study and work. This combined with being surrounded by graduates and fellow trainees who have been through the scheme and are willing to help you with both work and study made Sanne the clear choice for me. Prior to accepting a role as a trainee I has undertaken a 3-month internship which allowed me to get a great insight into the department.

What sort of professional training do you take?

I am currently studying for the ICAEW Chartered accountant qualification with tuition from BPP in Jersey and in-house training and experience as part of my day-to-day work at Sanne. The Managers and Directors at Sanne are incredibly supportive of Trainee's, ensuring you have sufficient time to study for exams.

What do you do on an average day?

The appeal of the Debt department at Sanne was due to the variety of work that it provides, as each day varies immensely. My tasks can range from dealing with corporate administration, processing payments and attending board meetings to bookkeeping and completing monthly or quarterly accounts, and all of these gives me a greater understanding of structures than I would achieve only dealing with any one aspect.

What is your next step?

As I am entering the end of my first year my next steps will be to continue progressing with my ICAEW ACA exams whilst building and expanding my in-house expertise.

What advice would you give yourself as a graduate considering the experience you have now?

Not to be afraid to take the opportunities that come your way, as a fresh out of university 21 year old spending some time experiencing different jobs and pursuing things that interest you, whether that's travelling or studying further for a few years is not going to make a difference.

"We place a great deal of emphasis on attracting the best local talent. Offering an exciting and challenging range of opportunities can attract graduates back to the Island as well as providing those wanting to embark on a career straight after A-levels with the opportunity to work towards attaining a professional qualification."

qualified

[kwolified/adj]

1. Having the necessary skill, demonstrating a good understanding and achieving excellence in accountancy or administration.
2. Completing a three-year graduate professional training programme and achieving an ACCA, ICAEW or ICSA qualification.
3. Establishing a solid foundation from which your career can grow.



Do you want to be part of a growing business that nurtures talent through a commitment to training and helping its people achieve their goals, whilst supporting them to build a fulfilling career in finance? If you are an outstanding, driven individual who possesses 300 UCAS points and above, we would like to hear from you. Sanne is a leading alternative fund, corporate and private client administration business with offices in nine jurisdictions. Come join our global team.

Investing in the best talent. That's the difference.

Speak confidentially to one of our HR team:
Nikki Collier-Webb
t: +44 (0) 1534 750510
e: nikki.collier-webb@sannegroup.com

Information on Sanne and its regulators can be accessed via sannegroup.com

SANNE

The difference

EDUARDO WILSON

NETWORK ENGINEER
AT SURE



MORE ABOUT SURE

Sure is a major employer in the Channel Islands and the Isle of Man. Across the islands, we deliver mobile, broadband, fixed line, data centre and enterprise solutions to consumers, corporate and public sector clients, as well as providing carrier services to other telecoms operators around the world.

To serve such a diverse customer base as well as we do, we need lots of experienced people and so offer a wide range of career opportunities ranging from corporate sales, retail sales and customer support, to engineering, product design, network design and consultancy.

As a technology company, we have significant IT, marketing, finance, HR and facilities management support functions, which are all integral to our business.

INTERESTED?

Please contact recruitment@sure.com

Age: 22

School attended: Highlands College

Course undertaken: BTEC Extended Diploma in IT

What did you want to be when you were 8: Tarzan

Favourite way to relax: The Gym

Favourite place to eat: Burger King

What's your favourite possession: My Car

What made you choose the company you work for?

I was interested in telecoms because it's an industry that's about more than just selling products, it brings communities together through technology, which is something that gives my work real value. I originally applied for a Sales Assistant job at Sure but at the interview, I was recommended the Sure Academy role. I'm delighted they suggested this, as the Academy scheme has ensured that I've learned huge amounts and have a far greater understanding of the telecoms industry as a whole.

What sort of professional training do you take?

Through the Academy, I have been taking a range of professional courses that are helping me get the most from my work and support my colleagues. The variety of courses that I can take is impressive. At the moment I am on a networking course that is helping me to improve both my practical and theoretical knowledge of IT networks. I've also completed a three day course with St John's Ambulance because, as part of the Mobile Team, we are required to climb mobile masts and must be prepared in case of accidents.

What do you do on an average day?

I recently finished the Academy scheme to take up a permanent position as a Network Engineer which gives me a wide view of the varied work of our engineering teams. Some days, I will be out of the office maintaining our mobile sites. On others, I will be at a customer's house lending a hand with a broadband set-up or I could be in the office catching up on emails and liaising with different people regarding projects that we are planning throughout the year.

What is your next step?

I've already made my next step, which sees me spending a lot of time with the Networking Team learning the ropes and gaining a better understanding of the more complex solutions that Sure offers its business clients. These can range from designing unique networks that help our clients do business more efficiently and effectively, to learning about the cloud technologies that we offer from our data centres. My colleagues are extremely knowledgeable professionals and have been brilliant at helping me gain the right experience and knowledge in an incredibly fast-moving field. It is definitely a good time to be in telecoms.

What advice would you give yourself considering the experience you have now?

The Academy scheme was a great opportunity and helped me land the permanent engineering role that I'm enjoying now. Looking back, I'd tell myself to ask even more questions whilst on the scheme. The Academy gives you a unique opportunity to learn from some of the Channel Islands' most skilled telecoms experts, which is an opportunity not to be wasted. Asking questions is vital because the more clearly you understand how everything works together, the more quickly you can become involved with the many projects that are in progress.

"Sure is a great place to work because it offers a fast-paced, technologically advanced environment, where your colleagues are highly skilled, passionate people who are truly dedicated to the work they do."



GO HIGHER

with Sure Academy.

Sure delivers mobile, broadband, TV, fixed line, data centre and enterprise solutions to a diverse customer base in Jersey, Guernsey and the Isle of Man.

The Sure Academy is part of our long-term commitment to offer local people a channel into the workplace. It provides an opportunity for enthusiastic and motivated individuals to join our business and gain practical training and a high quality experience that can lead to an exciting and challenging career.

Academy members gain experience in both technical and commercial environments, as well as an understanding of the Company as a whole, before they decide which area of the business they would like to move into.

It's a two-year programme, where Academy members spend time within Engineering and a customer support role within Retail.

The Sure Academy is open to anyone from the age of 17, who has a full driving licence, including school leavers or those wishing to start a new career. Entry requirements are 5 GCSE passes at grade C or above (including English, Maths and a Science subject) and good passes at an advanced level qualification such as GCE A Level, BTEC or NVQ (IT based is desirable but not essential). Applicants must also have good communication skills with the willingness and ability to provide excellent customer service.



If you are interested in this opportunity please forward your expression of interest to recruitment@sure.com and attach your CV.

www.sure.com.



Business News

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Hat trick celebrations over at Rathbones

Rathbones is celebrating a multiple awards win as they were named 'Private Client Asset Manager of the Year - Institutional' and 'Charity Investment Manager of the Year' in the prestigious Citywealth Magic Circle Awards 2016.

This is the fourth consecutive year that Citywealth has recognised Rathbones' charities team. With a history of charitable activity, and working with not-for-profit organisations across various sectors, Rathbones manages over £3.5 billion of funds for over 1,000 charities (as of 31 December 2015).

The business was acknowledged for its demonstration of excellence in client service, leadership and vision, and recognised for its overall contribution to the profession.

Commenting on this Jonathan Giles, Managing Director of Rathbones in Jersey said, "Service, flexibility and tailored portfolios continue to be our clients' main requirements and so we thank them and our key intermediaries for offering such positive feedback. The Jersey investment business manages an increasing amount of Rathbones overall assets and will continue to listen and respond to our clients and their advisors."



Telegraph Business Club feature Nedbank in documentary

Nedbank Private Wealth, the multi-award-winning private bank and wealth manager, has once again announced strong growth in new business flows and profits, this time for the financial year ending 2015.

On a standalone basis, this business would feature under a number of measures in The Banker's Top 250 European Banks listing. Having already won the accolade of Best UK Private Bank at the City of London Wealth Management Awards, for the second successive year; been awarded a maximum 3 star accreditation (designated "extraordinary") from the Best Companies in the UK; and achieved a place on The Sunday Times Best 100 Small Companies to Work For listing, it should perhaps come as no surprise this business is really getting noticed.

The Telegraph Business Club recently approached the company to produce a documentary on the business for its Secrets of Success series. The series features successful businesses with interesting and individual stories to tell, which can offer inspiration to others. The documentary currently features on the Telegraph's website and it is also available in Nedbank Private Wealth's video gallery, at: www.nedbankprivatewealth.com.



Barclays Business Club advises Jersey businesses about cyber security

Cyber fraud can seem difficult to combat with social engineering being one of the biggest threats to local businesses, according to experts speaking at an event hosted by Barclays in Jersey.

Local clients attended the presentation at the Barclays branch where Barclays Business Digital Eagles and hi-tech crime supervisor for the States of Jersey police, Bob Russell, discussed the top cyber threats currently affecting businesses and what steps local SMEs can take to protect their systems and information.

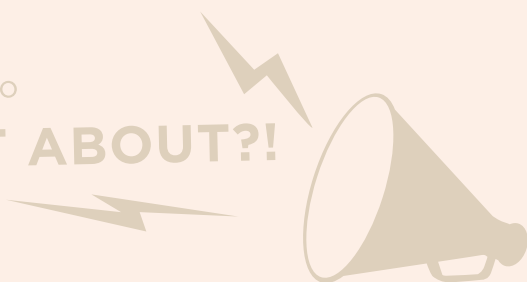
The common types of attack were explained including phishing e-mails which involve a fraudster posing as a legitimate source, sending e-mails which require you to divulge sensitive information and vishing which involves an unsolicited call from fraudsters claiming to be a bank, credit card provider or police asking for confidential information.

Bob Russell, Hi-tech crime supervisor for the States of Jersey police said, "Anyone can be a victim of a cyber-crime. We all use the internet every day, whether at work, at home or on the move to look through emails, banking or keeping in touch with friends on social media.

The best way to protect yourself is to be aware of unsolicited emails that may be sent to you and not to open any emails from an unknown source. Just opening an attachment or clicking on a link within an email that you aren't expecting can result in malware being installed on your machine which could encrypt your files, or steal your passwords and login information."

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Eliau signs acquisition agreement with Intertrust N.V.

Electra has signed an agreement to divest its holding in leading fiduciary services company, Eliau, to global high-value trust and corporate services provider, Intertrust, for a consideration of £435m. Headquartered in Jersey, Eliau employees over 600 professionals.

Intertrust has 37 offices in 26 jurisdictions across Europe, Asia and the Middle East. It is a leading global services provider of high-value trust and corporate services and is listed on Euronext Amsterdam (ticker symbol INTER). Specifically, Intertrust is looking to bolster its capabilities in capital markets and fund administration, and diversify its geographic reach in important jurisdictions like Jersey. This, combined with Eliau's excellent management team, highly talented employees and robust approach to regulation and compliance, makes it an attractive addition to the Intertrust group.

Post acquisition, Eliau will comprise c.25% of the combined group and will benefit from the long term stability that being part of a listed entity provides, as well as increased geographic scale and diversification in line with its long term strategic goals.

Eliau CEO Paul Willing commented: 'Joining the Intertrust group gives us long term stability as well as increased scale and geographic reach, which will be hugely beneficial to our clients. Our culture, services and global footprint are a perfect fit for Intertrust's and we are looking forward to growing our business together.'

The transaction is expected to close later in 2016 and is conditional upon customary regulatory approvals and an Extraordinary General Meeting approval for Intertrust.

Corefocus To Create New Jobs

Leading Microsoft Business Solutions specialist, Corefocus, have announced plans for business expansion and have pledged to support computer sciences skills within the local information technology industry. The growth marks a significant period of enhancement for Corefocus who aim to establish a 50 percent expansion within the next 12 months.

By investing in people, the company aims to provide opportunities for local individuals as a prime example of how the industry can support local talent to excel in the industry. Currently, the team are looking for a senior application developer as well as a junior application developer and intern to join their team.

Matt van Sanden, managing director, Corefocus, says: 'We are very excited at the prospect of expanding our team. The new positions will allow us to meet the demand of the growing industry and remain at the forefront of business applications.'



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Senior Compliance Administrator

If you have a minimum of 3 years' experience or hold a relevant compliance qualification such as ICA, then this is a great role for you.

Senior Fund Administrator

A fantastic opportunity for an experienced Fund Administrator to take the next step in their career! Excellent salary and package on offer!

Recruitment Consultant

Looking for something different from finance? Love helping people? Join our busy and fast paced team and train as a Recruitment Consultant!

Paralegal

We have Paralegal opportunities within Banking and Finance/ Fiduciary/Property in various established law firms on the island. Strong academics and LLB required; get in touch!

Junior Company Secretary

Exclusive opportunity for a Trust/Co-Sec Professional to work in a small boutique property holdings company. Studies supported and great career exposure.

HR Training Administrator

A unique opportunity for a confident and personable individual with strong administration skills to join a fast-paced HR department and begin a career in HR!

IT Helpdesk Analyst

A fantastic position offering an excellent foundation to build a career in IT. If you have an IT qualification and are looking for that first step on the IT ladder, this could be for you.

Graduate Opportunities

If you have recently graduated or finished school and are now looking to embark on an exciting career within finance, we want to hear from you!

Temporary or Contract Positions

We have a range of temporary and contract positions perfect for those candidates looking for a short-term period of work for up to a year. Get in touch to find out more!



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Business News

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Islands Insurance recognised for Customer Service Excellence

Islands Insurance has been recognised for its commitment to quality customer service by achieving the Customer Service Excellence® standard.

It is one of only three businesses in the Channel Islands to receive this prestigious award, which requires organisations to demonstrate an ongoing commitment to service delivery by placing the customer at the heart of everything they do. In order to meet the requirements for Customer Service Excellence, Islands was assessed on a range of criteria, with a particular focus on those areas which research has indicated are a priority for customers, such as the timeliness and quality of service, the accessibility and accuracy of information, and the attitude and professionalism of its staff.

There is also an emphasis on developing customer insight, understanding the user's experience, and robust measurement of service satisfaction.



First Names Group to acquire Nautilus

First Names Group has confirmed it has agreed terms to acquire independent trust and corporate services provider Nautilus Trust Company (Nautilus). This strategic acquisition (which remains subject to regulatory approval) will significantly expand the Group's presence in Jersey, Hong Kong and London.

The acquisition of Nautilus complements the Group's existing offering, as it continues to deliver on its long-term expansion strategy to operate on a global scale through a network of strategically located offices servicing the specific needs of individual clients.

Nautilus was originally founded in 1999 as Beachside Trust Company by shareholders of BBA Chartered Accountants; the company rebranded to Nautilus Trust Company in 2000. In 2006 Nautilus welcomed Jason Cowleard as Chief Executive Officer who, along with his co-directors, has driven the company's growth.



Company Merge Attracts Senior Business Leaders

Two local technology businesses have merged to form Jersey's most comprehensive eGaming company. Twelve40 have combined their operations with software platform architects and web designers Indigo Code Collective. They now all work under the Twelve40 brand.

The merger has attracted some high-calibre appointments to join the already established teams. Former Director of Digital Jersey, Andrew Jarrett, has been appointed CEO. Nigel Renouf, formally of Calligo, joins as Business Development Director.

Twelve40 became the first operator to be granted a remote gambling operator's Licence by the Jersey Gambling Commission in 2015. The licence allows Twelve40 to base its systems in Jersey and licence its software to customers around the world. Working in collaboration with Indigo Code Collective, they developed and launched Islands Lotto: a completely new and independently run online lottery.

Andrew Jarrett, CEO of Twelve40, says: 'The merger of Twelve40 and Indigo Code Collective is an important milestone in Jersey's digital vision. This cohesion delivers a strong team with global export prospects and ambition.

Our sophisticated platform is built using the very latest technology and is already attracting worldwide attention. Nigel and I will be focusing on globalising this platform and working with chosen partners to deliver digital innovation in the sector whilst adding value to good causes.'

Whitmill Directors once again named in Citywealth Leaders List

Four members of the Whitmill team have once again made it onto the annual Citywealth Leaders List for 2016. Don Wijsmuller, Frederick Deacon, Kiran Patel and Wayne Meenagh have all been listed in the prestigious directory.

Now in its tenth year, the Citywealth Leaders list is an online information source that lists the leading figures in the private wealth and private client advisory sector. The 2016 list has been compiled after extensive research on those individuals nominated both by private clients as well as by peers within the industry.

Don Wijsmuller, Founder and Managing Director, features in the Trustees Honours List and Directors Frederick Deacon, Kiran Patel and Wayne Meenagh have all once again been named as prominent figures within the industry.

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The background is a solid green color with a repeating pattern of tennis rackets. The rackets are oriented diagonally and are rendered in a lighter shade of green, creating a subtle texture. In the center, the word "SPORT" is written in a large, bold, white, sans-serif font. The letters are slightly transparent, allowing the racket pattern to be visible through them.

SPORT



ANA GONÇALVES

SPORTSPERSON OF THE MONTH



At 50 years old, Ana Gonçalves began running later in her life, but this hasn't stopped her from achieving some jaw dropping feats. In September, she will take on a new challenge of running 30 marathons in 30 days, finishing with the Jersey Marathon on Sunday 2 October. By that final marathon she will have already clocked up more than 750 miles and we're sure, countless blisters. Ana loves running, but the main reason for these challenges is to raise funds for local charities, this final challenge being for the benefit of Headway Jersey.

What do you do, other than running:

I have a day job working in finance, but I don't just run, I also go to the Gym 4/5 times a week and do bikram yoga, swimming/sauna to relax my body.

School attended: La Rocquier School

Favourite Ice-cream flavour: Jersey Ice Cream always! Coffee flavour

Favourite animal: Lion

Favourite food: Salmon and any super foods!

What would you wear to a fancy dress party: A Wonderwoman outfit!

Favourite song: Anything by Jess Glynne

When did you first start running: When I turned 35! Which is now 15 years ago.

How often do you train? Six days a week! Mostly very early in the morning, with my long runs over the weekends. I also work with Kit Chamier, who helps me to look after my nutrition.

How many pairs of trainers do you get through: Between three to four pairs a year but I have another two to three old pairs on the go too. I keep on swapping them around, depending on what distance I am doing. The only trainers I use are Asics GEL-KAYANO.

As it's such a physically challenging sport, how do you ensure you stay injury free?

It is challenging but I enjoy it so the pain is worth it! I stay injury free by attending Elevate at Castle Quay four times a week. There I have weekly massages and I also train on their Anti Gravity Machine, which means I can put in the miles without putting the pressure on my body on the roads. It's a great team looking after me!

Running is one of the most efficient, accessible workouts and hitting the road could be your key to scoring a healthy heart and lean body

Your next big challenge in Jersey is to run 30 marathons in 30 days, what has prompted this? Raising money for local charities. By committing to do these hard challenges, I manage to raise lots of funds which makes them worthwhile!

It isn't the first challenge that you've completed for charity, can you tell us about some of the other things you have done? In 2012 I completed seven Marathons in seven days, in 2013 100 miles within 21 hours, 2014 I ran 12 marathons in 12 months and in 2015 I ran the Marathon Des Sables (one of the hardest races in the world across the Sahara Desert carrying my food and provisions for seven days, in temperatures ranging from 40-50 degrees!). I have just completed the Comarades Marathon (90K in South Africa!) I'm glad

to say I've completed all of my challenges and raised over £50k so far. I have run over 100 marathons all over the world - those mentioned are just the few memorable runs of my life.

Where and when has been your favourite moment whilst running? It would have to be whilst running The Marathon des Sables. I came across a family living in the middle

of the desert (completely unaware of the real world) that was very moving especially as they hadn't seen many people, or gadgets such as cameras. I gave the children sweets to put a smile on their faces! It was really very special.

What does the future hold for you, will you always keep running: As long as I'm raising funds for these local charities I will continue to run. I must admit I am running out of ideas on challenges but I'm sure I'll continue to raise funds, some way or another!

Do you have a top tip for anyone considering taking up running: Running is one of the most efficient, accessible workouts and hitting the road could be your key to scoring a healthy heart and lean body - get yourself some comfy trainers and get out there, if only to clear your mind!

Sport News

Looking for a challenge this year?
These two events might be the answer.



BE A DAREDEVIL FOR DEMENTIA

Local thrill-seekers are being encouraged to 'Be a Daredevil for Dementia' this summer to help raise funds to support the work of Jersey Alzheimer's Association (JAA).

Supporters have already booked a group skydive for 4 September, and preparations are currently being finalised for a sponsored abseil off Mont Orgueil Castle for the weekend of 20 and 21 August.

With the growth in popularity of extreme sports and other active pursuits, the charity is hoping to inspire islanders seeking a new challenge to come up with daring and exciting ideas to raise funds.

Mark Blamey, Manager at Jersey Alzheimer's Association, said: "Jersey is a great place to try a range of adventurous and outdoor activities, especially in the summer, and we're keen to encourage anyone looking to do something a bit out of the ordinary to consider supporting JAA as well as challenge themselves."

"So, if you've never experienced the exhilaration of freefall with a tandem skydive, attempted to break a record, or done something you might consider daring – or just a little bit different – why not have a go this summer?"

Jersey Alzheimer's Association is an independent charity which provides help and support to anyone affected by dementia, including the friends and families of individuals living with dementia and those who provide care. JAA's website contains lots of useful information: www.jerseyalzheimers.com

Anyone looking to 'be a Daredevil for Dementia' or who wishes to take part in the JAA's sponsored abseil/skydive, please contact Mark Blamey by E-mail: Mark@jerseyalzheimers.com or by phone: 07700 336627

THE STANDARD CHARTERED JERSEY MARATHON

Returning for its eleventh year on Sunday 2 October 2016. The race, recognised as one of the largest fundraising events in the Island, attracts global runners of all abilities, promotes a healthy lifestyle and enables runners to experience a range of coastal and country panoramas, providing the perfect way to appreciate the island's great outdoors.

There are three running categories;

The full marathon will start at 09:00am in the heart of St.Helier, and will take runners through a range of scenic routes on our certified distance course. The marathon is an extraordinary challenge for both new and experienced runners, and a range of cash prizes and trophies are up for grabs! New for 2016 will be the inclusion of experienced pacers, who will be running pace times of 3:15, 3:30 and 4:00 hours to help runners to achieve their goals!

The Maurant Ozannes Relay Race starts at 09:30am in St.Helier, and is known for bringing a range of industries, corporations

and teams (of 5) together. The relay race is known for its teamwork and healthy competitiveness!

Lastly the 3K Fun Run sponsored by Jersey Evening Post, is open to everyone 9 years or over and will begin at 10:00am in St.Helier. It will take runners through a fun two-lap course around the streets of St.Helier. On the day there will be spot prizes awarded for the best fancy dress costumes!

Runners can support the official charities; Seeing Is Believing and Brig-y-Don Children's Charity or raise funds for other charities close to their hearts.

www.jersey-marathon.com #JERSEYMARATHON #RUNFORAREASON



NON-STOP

WORDS Taylor Jones

Summer in Jersey means three things: The Watersplash's curly fries, bad surf, and people deciding that traversing the entire coast of the island as fast as possible is a great idea. Apparently we learn nothing from the delayed onset muscle soreness that plagues the legs of everyone brave enough to take on the island walk, because this month we have not one, not two, but four events that require you to hike, swim, cycle and paddle around the littoral paths and passes of the island.

On these pages, we'll be looking at two of these gruelling challenges that, although practically sharing a name and aim, are in fact very different. For the charitable people that know the limits of the human body, there is the Jersey Round the Island Challenge, in association with the Grace Crocker Family Support Foundation, in which teams take part in a round-the-island race that consists of five different disciplines. The 20-25 teams that take part can choose to delegate certain areas to each member, allowing for the same sense of mental accomplishment without all the physical pain.

For the more insane among us, there is the Greenlight Round the Rock UltraMarathon. This is not one for the faint hearted. Unlike the island walk, which seems like a leisurely stroll compared to this mammoth task, the Round the Rock UltraMarathon very much lives up to its name. 48 miles, 1000 metres of ascent, and three weeks of subsequent not being able to walk sounds about as appealing to me as trying to hug a charging

bull, but I have the utmost respect for any that attempt it, and there must be some out there because this is Greenlight's fourth annual event of the same name. How is it different to the Round the Island Challenge? That's like asking how an Iceland frozen meal is different to an M&S boxed Chinese. One will make you thirsty, the other will kill you.

"How is it different to the Round the Island Challenge? That's like asking how an Iceland frozen meal is different to an M&S boxed Chinese. One will make you thirsty, the other will kill you."

"These demanding tasks take more than just a desire to raise money. They require a certain mindset that pushes each of us to challenge ourselves and transcend what we thought were our bodies' limits."



JERSEY ROUND ISLAND CHALLENGE

Saturday 23 July sees the launch of the Jersey Round Island Challenge. The event follows on from the success of the 2015 Grace Crocker Challenge where Simon "Haircut" O'Donoghue challenged Aidan McAvinue in a solo swim vs. run race 48 miles around the island; they were joined by a huge range of watersports and running enthusiasts on the day and they have been inspired to do it all again. The 2016 challenge sees participants circumnavigate Jersey either solo or as part of a team, and features five race categories: swim, run, SUP, row and canoe. The event is in aid of the Grace Crocker Family Support Foundation, a local charity helping families of children needing treatment abroad, which aims to raise awareness of the availability of support and financial assistance.

Nigel Crocker, the founder of the charity behind the event remarks "This challenge is not just for elite athletes. We felt this experience should be accessible to everyone, supported by local clubs ensuring safety and expertise across each discipline. Every single participant will be GPS tracked live for everyone to follow, courtesy of Race Nation."

Looking to attract participants from the Channel Islands and overseas, the event has already caught the attention of SUPboarder Magazine and Red Bull UK, who recognised the Jersey Round Island Challenge as one of the Top 11 Extreme UK Fitness Challenges for 2016.

For more information and to sign up now visit www.jerseyroundislandchallenge.com

So, why take part in these events that I so clearly don't understand? The answer is more complex than simply "to raise money for charity", although that is certainly not to take away from the great work that these events do for charities such as Headway, Autism Jersey and the Grace Crocker Family Support Foundation, for which they've raised thousands collectively.

These demanding tasks take more than just a desire to raise money. They require a certain mindset that pushes each of us to challenge ourselves and transcend what we thought were our bodies' limits. That, and not the fact that they are just races around the same island, is what links these two events, and is the reason they will get such a great turnout each and every year.

GREENLIGHT ROUND THE ROCK ULTRAMARATHON

On the 6th of August, at 6am, there will be a loud bang to signify the beginning of an event that requires perhaps the greatest mix of brawn and self-loathing since the slap fight. Competitors will be taking part in the gruelling, arduous and punishing task that is the Greenlight Round the Rock UltraMarathon, a 48 mile running race around the Jersey coastline that could make Mo Farah run crying to his mother. With over 1000 metres of ascent added into the already hellish course, racers will be forced to endure a seemingly unending number of challenges. Needless to say, this is not for the faint of heart, or anyone with any kind of pre-existing bodily dysfunction.

As if it's not impressive enough to just finish this race within the cruelly strict 12 hour time limit, there is, as of 2015, a £2000 prize offered to anyone who can complete the entire race in under six hours. Impossible you say? Of course it is. An average of 8 miles per hour in blistering heat is a velocity that only muscular quadrupeds should logically be able to achieve. However, it's no real surprise that on an island that has produced athletes that can throw a discus 63 metres, we found not one, but two men who completed this leviathan task in just 5 hours and 46 minutes.

If you think you can do better, or if you just want to test yourself to the point of having your muscles and morals broken simultaneously, then visit the event website at www.roundtherock.co.uk. I can't guarantee you'll come away from it a different person, but you'll almost definitely need to find an alternative method of travel to walking for a while.

DO IT FOR THE TEAM!

The Silkworth Lodge Charity Group are somewhat of a Batman in the Jersey Charity world. It's not one you may have heard of, and perhaps they don't get the same publicity as the larger charities like Headway, but they provide a service that is just as vital to the wellbeing of such a large number of islanders and their families and friends.



Silkworth Lodge, opened in 2002 by the Families in Recovery Trust, provides a safe haven for those affected by drug and alcohol addiction, and that is no small task in Jersey. We are an island of drinkers, with our average alcohol consumption being twice that of the UK and one of the highest in Europe, which means that the task of the team at Silkworth is all the more gargantuan.

Part of the recovery process provided at the establishment is regular exercise, with attendees taking trips twice a week to Active gyms as part of rehabilitation. It's no surprise, then, that this same company put on a yearly event that requires a mix of training, teamwork and testing exercise to raise money and draw attention to the work of the charity. The Silkworth Lodge Extreme Team Challenge is yet another round the island journey that combines running, cycling, SUP, and a number of different other disciplines that can be taken on as a team.

The emphasis of this event, unlike the other round the island races, is on the teamwork and combined effort of the group as well as on the race. Whilst this is indeed an extreme event, teams are encouraged to work together to conquer sections like Greve de Lecq, which includes traversing and scrambling along tough terrain and jumping into the sea from varying heights. At 41.8 miles long, the course that covers land and sea is nearly twice the distance of a normal marathon, and considering that the average person can just about run 2 miles before it feels like they're chewing on their own bronchi, it makes sense that teams are necessary. The predicted times for course completion range from the incredibly optimistic 6 hours and 20 minutes, to the slightly generous 11.5 hours. Whether or not the people at Silkworth Lodge take place as a team in this is impossible to tell from the website, however it's nice to imagine that this would act as an almost cathartic end to the rehabilitation process.

Unfortunately, dreams rarely work out in the most romantic of fashions, as the people involved with this know only too well, so please do sign up at: www.silkworthlodge.co.uk/silkworth-challenge today so that you can help a worthy yet underrepresented cause

CALLING ALL LADIES!



The Jersey Triathlon Club are holding an introductory triathlon for ladies only. The aim is to encourage ladies to consider taking part in a triathlon for the first time in a fun and supportive environment. The race takes place on Sunday 24 July 2016 in Gorey.

Back in May when the try-a-tri event was first launched ladies received an 11 week training programme to take them from complete novice to be able to complete the super sprint triathlon this month.

The ladies have been offered coached swimming sessions to help with swim technique and also confidence in swimming in the sea, which many of them have done for the first time. These sessions take place at Havre des Pas pool on Monday evenings at 6pm and are open to anyone considering participating. They're also holding bike sessions on the cycle track at Les Quennevais, to help with the transition from bike to running.

The emphasis of the whole challenge is about having fun and encouraging people to have a go at something new. So if you're interested then it's not too late to get involved, take a look at their facebook page: Try-a-tri with Jersey Tri Club and you will see for yourself how welcoming the group are and you can join in with sessions people are organising, as well as those from the tri club. There are also lots of great tips and pointers that you can pick up from those who've been training for the last few weeks.

Details on how to enter are on the their website www.jerseytriclub.com/try-a-tri

What's involved in a Super Sprint Triathlon?

Sea Swim: 400 metres
(same distance as 16 lengths in a 25 metre pool)

Bike: 10km
(a cycle from Longbeach, Gorey to St Catherine's and back)

Run: 2.5km
(3 laps of Gorey common)



HARDWARE



REJECT FALSE ICONS

WORDS Taylor Jones

Some things in this world just make sense. The Golden Ratio, the music of Billy Ocean, Man-Uggs; these are all things that exist because, in our hearts and souls, we know they must. The world would not be the same without them, and so in our minds it makes sense that they continue to exist.

Alas, whilst there is beauty in the world, there must also be sorrow. For our pride and success, we must also feel shame and failure, it is the way of the world whether you believe in a higher power or the teachings of contemporary philosophers. In a way, though, these failures and the pain they bring is necessary for our growth and our realisation of the joy that our smallest victories bring. So, we are left with a moral and philosophical dilemma that pits our lives as something defined by the extremes of our achievements, the good and the bad. Where, then, do we fit the creations and evolutions that metaphorically defecate on the graves of the great minds that brought us the concept of utilitarianism?

For these things exist. There are things in this world that are utterly, completely, and indescribably useless. They are neither good, nor truly bad. They serve some purpose, but in the grand scheme of things, they add nothing to our lives and should, theoretically, bring us no joy. Luckily for us, the folk of Jersey have spent the last decade surrounding us with the embodiment of this useless concept. The Land Rover Defender.

Now, don't get me wrong, I like the car itself, and I have absolutely no problem with people that work in fields, or are genuinely off road at least 15% of the time they are driving. In fact, for those purposes, it's a great vehicle and, since it was built in

1989, it has been a trusty way for outdoor workers to get to grips with their terrain. Unfortunately, it has also been a trusty way for middle class bank workers to get to grips with their own egos. The Defender has become a symbol of inherited wealth in the last decade, and has definitely shed its rugged and adventurous identity, however fear not those who are reading this looking nervously outside at the proud Land Rover in your yard, there are people that deserve this cruel barrage of pride-induced wealth envy.

“WHAT DOES THAT EVEN ACHIEVE? WHEN ON THIS ISLAND, OR REALLY ANYWHERE IN THE WORLD IF YOU HAVE AN OUNCE OF LOGIC, ARE YOU GOING TO DRIVE THROUGH A PUDDLE DEEP ENOUGH TO JUSTIFY PUTTING BREATHING APPARATUS ON YOUR CAR?”

Those are the people that have the audacity to buy all of the ridiculous accessories for their 4x4 that make it look like a car fit for someone like Bear Grylls. That's a man that has a functioning machine gun on top of his family vehicle. Think about what that makes you! Having a browse of the internet has revealed to me the extent to which people will go to make their Defender a symbol of the stupidity of fashion. I would like very much for somebody to write to me here at the magazine and tell me when they have ever used the spotlights that sit on top of so many of the Defenders you see driving round every day, or better yet explain to me what the necessity for a roof rack that looks like it could carry the gear of a Tour De France peloton is. I am genuinely intrigued at what goes through the mind of someone who drives down Victoria Avenue, or even any of the smaller lanes that run like capillaries in Jersey, and decides that what their car really needs is a £150 chimney.

A bloody chimney?! What does that even achieve? When on this island, or really anywhere in the world if you have an ounce of logic, are you going to drive through a puddle deep enough to justify putting breathing apparatus on your car? And if you're thinking “that can't be the only reason they're there?”, which is completely understandable, trust me there's nothing else to it. The military use these “snorkels” on their armoured vehicles so that air can get to the engine when they're driving through very deep water. In a warzone? Fine. If that's what you need to help you sleep at night, I get it. In Jersey? Where the bloody hell are you going?! I've been away for a year, so maybe I've missed the creation of the island's first driving adventure pit, but somehow I doubt it. As you can tell, these things irk me.

Now that the rant is over, I should probably find some positives to talk about with this car. Unfortunately, I couldn't find any, so I've decided to briefly mention the new model that will be replacing it come 2018. Production of the original model has ceased, and Land Rover is now releasing the new Defender as Jaguar Land Rover. Luckily for us all, they've changed the design pretty considerably to adapt to the new role of emblem of the nouveau riche, and so the “rugged and rustic” appeal that it once carried is gone. Now, people may actually use this car for what it was designed for in the first place: a good, reliable and tough off roader. Saying that, with the way modern cars are going, the accessories will only get more ridiculous and we'll end up cursing yet another British car company for ruining a classic.



TOP: Taylor says down with this kind of thing!

BOTTOM: ...and this kind of thing.

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THE GREAT OUTDOORS

WORDS Taylor Jones

People often say that you should find a job that, whilst paying well, mentally stimulates you and provides opportunity to learn and grow. My job here at Gallery, whilst cementing my emotional state in the immature realm and causing 75% of my attempts to buy petrol to end in a strange mix of crying and begging to let me “pay you later”, does indeed provide me with a vessel through which to challenge my mind every month.

Sometimes, these challenges will present themselves in the form of time constraints, or even themes that direct me towards risqué products for a family magazine, however “The Great Outdoors” may well be the most exigent article I’ve ever written. Not because of a lack of gadgets, believe me Google had plenty for me to choose from, and not because time got ahead of me once again, but because of the paradoxical nature of giving a man interested in technology a task that involved him directing his attention outside.

Nature, for people like us, is not natural. Our freshest air comes from the Dyson no-blade fans, and the closest we come to catching our own food is microwaving meals rather than having them delivered. Trees, birds, bees and large herds present nothing but danger, and the idea of sleeping in a tent can be equated only to early Japanese torture. However, fear not my fellow tech enthusiasts, your mother’s basement no longer has to provide the

boundaries of your world. Thanks to the magical world of gadgets, we can now venture into the sunshine and learn what everyone else sees in the great outdoors (I’ve tried, there’s nothing out there for us). So, whether you want to go and sleep in the woods on a hard floor rather than a soft mattress, or you want to make sure that you don’t miss an important online FIFA challenge whilst you’re out scuba diving, there’s a product out there that will help you peek your head out of your technological shell. Don’t worry though, next month I’ll find a way to superglue that shell shut again.

“Nature, for people like us, is not natural. Our freshest air comes from the Dyson no-blade fans, and the closest we come to catching our own food is microwaving meals rather than having them delivered. Trees, birds, bees and large herds present nothing but danger, and the idea of sleeping in a tent can be equated only to early Japanese torture.”



LEATHERMAN TREAD

The outdoors requires a certain amount of grit. Facing the elements is no small task, and do not underestimate the power of nature if you dare venture into the wild when under-prepared. For goodness sake, the UK's most prominent television personality in the wild is called Bear, although to be fair when you're an Eton-educated Brit named Edward, naming yourself after a large dangerous animal may be gently toeing the thin line between adventurer and twat. What cannot be denied is that, Ray Mears aside, all of those

who dare to take on mother nature have a certain look that screams over-preparation, and as everyone that's ever worked a day in their life knows, if you look like you know what you're doing, you'll probably do OK.

If that is indeed the case, then the Leatherman Tread is a product that has been designed to make the most overweight, unfit, and underqualified would-be adventurer eligible for a transcontinental mountain journey. This "wearable multi-tool", that looks more like

a bike chain than a fashion piece, can be worn anywhere on the body and can carry up to 29 different linked tools. Whilst I'm sure this is an impressive number, I can't help but think that this product looks more like something that would be seen around the neck of troubled teen with 3lbs of black make-up on each eye than something an adventurer would wear, but what do I know? I'm sure everyone that's ever been in the forest has wondered why they didn't bring a range of Hex Drives with them.

You can get this device, that looks more dangerous than helpful, from the Leatherman website. There are two iterations of the product, one £165 and the other £220. The difference between the two? One is silver and one is black.



WAYV ADVENTURER

E. B. Du Bois once claimed that "a classic is a book that doesn't need to be written again". In much the same way, a classic gadget is something that doesn't need to be improved upon or built again *cough* Apple *cough*. Thus, we have had generations of microwaves that have worked in the same way, using radiation to heat food that is so bad for you people ignore the fact it's just been blasted with microwaves. We owe a lot to Percy Spencer, who in 1945 accidentally discovered the heating effect of microwaves and applied them to his oven design, creating the Leviathan that each of us takes for granted today. However, this classic is not perfect. It suffers from the same plague that so many other gadgets do...it requires mains electricity. The plug is the curse of so many great inventions, stopping us from spreading the magic of products like

the fridge and the television (there's actually so few things now that really need to be plugged in, it's quite scary).

However, the treacherous outdoors has finally given back to the race of man, and forced the masterminds and WayV to create the Adventurer, a product that could revolutionise the way we live and eat. This is a small, flask-like object that is literally a portable microwave. That's right my lazy friends, it's the second coming, and Jesus is a cylindrical, carcinogenic cup. Simply fill the flask with any kind of food (preferably liquid but I'm sure this can handle bacon and eggs), and let the battery-powered cooker do its work. Unfortunately this magnificent creation only lasts for about half an hour, but can be charged at the mains, or by any other power source.

These things will be available from early 2017, from the WayV website for an as-yet undisclosed price.



NEMO HELIO PRESSURE SHOWER

Cleanliness is next to Godliness, as the saying goes, and so when you realise that every venture into the great outdoors leaves you nought but filthy, there is a certain moment of consciousness that brings about the revelation that all of those Blake, Wordsworth and Coleridge poems about the majesty of nature were practically atheistic. Short of torrential downpours or flowing warm-water rivers, there are no effective ways to wash off the dirt that seems to find crevices on your body that are never to be touched again. The only true way of getting rid of the insurmountable stain of nature's silent beauty is to get back to the safety of home and a proper sit-down shower (you've all done it, don't lie to yourselves).

It appears that the guys at NEMO have experienced this problem before, however unlike the rest of us who simply pack up the tent and drive home with the heaters on full blast, they've decided to do something about it. And do something they certainly have. Presenting, the NEMO Helio Pressure Shower. It's such a simple idea, just fill the bag with water, stomp on a pump to build up some pressure, and then use the nozzle to shower yourself in sun-heated water. Will it make us stay outdoors for longer periods of time? Absolutely not, but it might mean I don't have to wrap everyone in a towel and bubble wrap before they step in my car and muddy the seats.

To have the pleasure of a solar powered shower, you can go to the NEMO website and get your hands on one for £70.



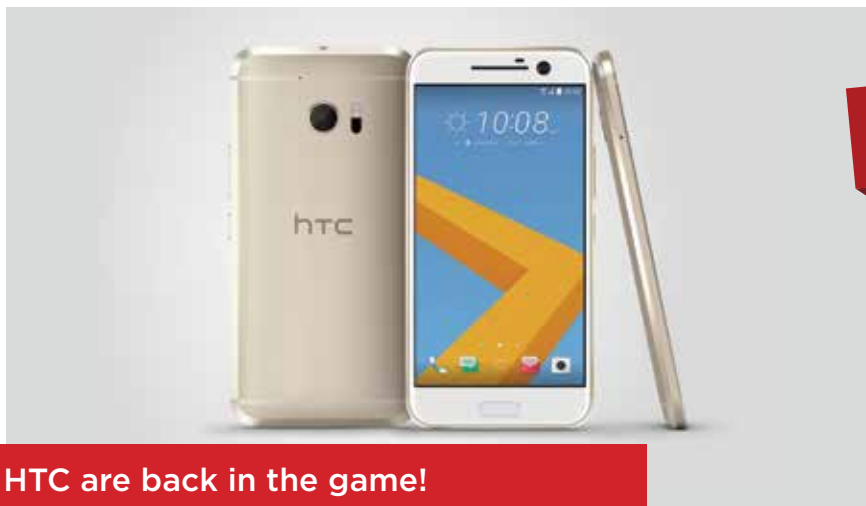
ALPHA UWCP

It's happened to all of us at some point in our lives. You're 30 metres under the sea, surrounded by some of the most fascinating and unexplored nature that the wide world can provide, and all you're thinking about is whether Brian the plumber is going to call and give you that quote for fixing the shower last month. He promised it would be today, but he didn't call this morning and now it's not only the underwater pressure that's at four atmospheres. But you can't take your phone underwater, it's just ridiculous, and no matter how much you forked out for that waterproof case you're still not willing to risk it. So, the colourful and vibrant life of the ocean passes you by as you can only focus on the pending late charge for your bills. But fear not, for ALPHA have come to your rescue! No longer must you be at the mercy of both the current and mobile service with the imaginatively named UWCP (Under Water Cell Phone). Using a bluetooth device that floats on the surface of the water, a small earpiece can pick up your calls for you and relay them to any ALPHA headgear that you own.

Now, there are a plethora of overwhelming issues with this product, not least the fact that it can be taken out so easily by a passing vessel and literally rip a part of your helmet off, but most importantly is what you look like whilst wearing it. I've reported on a few gadgets on these pages in the past that make you look a bit foolish when you use them, but this must take the biscuit. I don't even have a simile to use here, and that's rare, because this thing is in its own league. Also, in most cases, the stupidity is often counterbalanced by the effectiveness of the gadget, but here they are well and truly equal. Until they learn to use sign language over the telephone (ha ha yes I know FaceTime and Skype etc but there's no screen involved here), this thing is going to be obsolete. This is truly a useless gift that serves only one purpose: proving the strength and utility of the voicemail service.

If you must do this to yourself, head to www.leisurepro.com and waste \$1,120, but do so knowing that even I, the man whose favourite gadget in this section has been a hollowed out computer screen for a cat, told you that it's not good.

PHONE HOME



HTC are back in the game!

Airtel-Vodafone's Marketing Officer, Faith Joyce, reviews the Samsung Galaxy S7 Edge.

HTC have joined the Great Android Battle of 2016 with the release of the new HTC 10, but can it compete with Samsung, LG and Huawei? It's definitely a close battle.

Beautifully built with an iconic metal design and a vivid 5.2-inch Super-LCD screen, the HTC 10 sure looks the part, and performance wise it runs like a dream. It boasts a high-spec 12MP rear camera which consistently delivers crisp, vibrant pictures in all light conditions.

The phone also comes with a minimum of 32GB on-board storage with the option to add an extra 200GB via a microSD card, perfect if your phone is overflowing with pictures and videos like mine.

My favourite aspect of this phone overall is the Quick Charge. You can charge from an empty battery to 80% in around 35 minutes, putting an end to pre-night out battery panic. Phew!

Available to order in Grey, Gold and Silver 32/64GB, with prices starting from only £28.40 per month, on the Power 125 plan. Pop into our New Street store for more details. *Price correct at time of going to print.*

A Tough Phone for a Tough World

Smartphones are incredible machines that put the power of a computer in your pocket but, until the Dewalt MD501 came onto the scene, they could be a little too fragile for the rugged walks of life.

The Dewalt phone has changed this for good. If you work outdoors, in construction or on the high seas, you now have a phone that has been designed to withstand the rigours of your work.

Dewalt is a brand that people trust and their phone has been designed to keep your confidence. Its IP68 enclosure rating means it is dust proof and protected against complete, continuous submersion in water.

But that's not all. The Dewalt phone's US Military Standard Rating (MIL810G), means that you know this is one smartphone you can always rely on because it is designed and tested to withstand drops from two metres onto concrete, extreme temperatures and barometric pressures, and is resistant to chemical spillages and vibrations.



This is a very tough phone but its features don't stop at strength. It comes with everything you'd expect from a top-end smartphone. It runs on Android 5.1 Lollipop, boasts a 13MP camera, 4G capabilities, Qi cordless charging and pressure, magnetic and light and range sensors to help you in your daily work.

It's time to put those tales of broken screens behind you, so take a look at the Dewalt MD501 in the Sure store today.

MEGAN'S TOP TIP FROM AIRTEL-VODAFONE

How do I know how much data I have left on my Pay-as-you-go account?

We all know that running out of data can be a nightmare, which is why we've introduced a great new way to keep track of your data usage.

Simply visit our website at airtel-vodafone.com and click on the Pay-as-you-go My Account button at the top of the page.

Setting up your account is quick and easy and once you're registered you can check your data anytime, anywhere.

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Jess
Glynne

A SUREFIRE HIT!

The Sure Big Gig weekend is a community spirited, family focused music event set over two days and is made up of Sure Legends in the Park on Friday 15th July and Sure Big Gig in the Park on Saturday 16th July.

On Friday night, dig out your shoulder pads, brush off the neon, stretch out the leg warmers and back comb your hair! This year's Sure Legends in the Park has an 80s theme with pop superstars The Human League headlining.

The lineup also features 80s icon Billy Ocean, Marc Almond (originally from Softcell), Odyssey and One night of Queen with Gary Mullen, plus renowned 80s DJ John McHenry warming up the crowd. There'll even be spot prizes for the best 80s themed fancy dress!

Bringing things bang up to date on Saturday, number 1 female solo artist and BRIT Award nominee, Jess Glynne will headline. Jess Glynne has just announced a huge UK arena tour, taking in venues like the O2 arena, so Jersey music fans are in for a real treat!

Jess will be supported by "Sax" sensation, Fleur East, 2014 winner and no.1 artist Ben Haenow and the one and only Reggie 'n' Bollie - runners-up of the 2015 series.

As well as all the usual places to get a bite, if you're feeling peckish keep an eye out for the big yellow Sure ice cream van which will be popping up all over the island this summer! As well as free ice lollies, they'll have branded goodies to make the Gig even more fun. Gifts are free but limited, so get yours when you head in to the park.

Thanks to the recent "Search for a Star" competition held at Mimosa, young local artists are also set to take to the stage in front of 6,500 people. The standard of competition was fantastic this year and the competition was a great opportunity to see what amazing talent there is here in Jersey. Many congratulations go to the final winners Chaz Chapman, Bonnie Mae-mackenzie, Tabitha Bennett and Erin Machin who will be mentored by Jaime Boylan from "B Vocal" and no doubt can't wait to get on stage!

The Big Gig is a massive team effort with so many volunteers involved who look after the artists, man the gate and of course the Honorary Police, St. John's Ambulance and other authorities. The gig simply wouldn't happen without them and the organisers are so grateful to all of them for giving up so much of their time.

Tickets are still available but may sell out, so don't take the risk of getting them on the gate - visit www.biggigjersey.com to buy them now! You'll also be doing your bit for charity, as every penny raised at the Sure Big Gig weekend goes to local children's charities.



Marc
Almond



Fleur
East



The Human League

Billy Ocean

“On Friday night, dig out your shoulder pads, brush off the neon, stretch out the leg warmers and back comb your hair! This year’s Sure Legends in the Park has an 80s theme with pop superstars The Human League headlining.”

Ben Haenow



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REASONS FESTIVAL 2016 GETS READY TO LAND



REASONS TO GET UP THE FRONT... *So this is the month! After an unbelievable inaugural year in 2015 Reasons Festival are back on Saturday 30 July with a danceable bang. Fine tuning the day's proceedings after a handful of lessons learnt, and delivering an unapologetically stellar line up of electronic music associated acts (dare we say even stronger than last year...), Coronation Park is to be set alight for 11 hours straight, by an incredible line up of talent, music, art, sunshine and good Jersey cheer! So whether you're looking for groove, techno, D&B or indeed a little bit of everything, lets look at how the event will, musically, look on the day. The headlines...*

REASONS MAIN STAGE is set to be an oasis of sunshine filled groove. Headliners Soul II Soul will be descending on the park with their full troop of funky dreads in tow, for a live set of 'Thumpin' Bass for a Loving Race'. Supported by 'Vocaltronica' artist MC Xander who, when not saving the planet, spends his time wowing crowds with simply a mic and loopstation. Despite the humble set up this man creates a mammoth party sound. Expect beat-boxing, dancehall & hip-hop. Other acts featuring and not to missed here are Nubian Twist DJ Set, Just Muz, Any Given Sunday & Danny Booth.

The **BLKOUT TAKEOVER STAGE** is looking as solid as ever. Headliner, D&B champion Goldie will be appearing alongside MC Code Breaker, funny men and stars of TV show 'People Just Do Nothing' Krupt FM bring their surprisingly solid collective set of UK garage & grime (seemingly without a trace of irony). Hot on the heels of an incredible year so far DJ Barely Legal delivers her rugged and varied style of electronic gems, or what she likes to call 'gun-finger music'. Here you will also find General Levy, Special Request Dub Phizix & MC Strategy all backed up by local D&B head & Subfactory head honcho DJ Spim.

"There simply isn't enough space to cover the entirety of what Reasons Festival will be delivering this year, so make sure you head to their Facebook page to keep abreast of the line up, set times, pre parties, after parties and special extras."

House and techno heads are ridiculously spoilt for choice on this year's **CLIQUE ELECTRONIC STAGE** as acts hailing from Scotland, Detroit, Berlin, Canada, London and beyond will be throwing it down for Jersey, all the while being captured by the institution that is DJ Mag. Scottish techno duo SLAM top the bill, closely followed by Stacey Pullen, Drumcode's Dense & Pika, BBC Radio 1's B Traits, Jagerverb, and local support from Pete De Momme, Carl Scott, Carl McConnell and Fundi.

And finally the beloved **ROCKSTEADY SELECTOR STAGE** will be offering a slightly more alternative feel with a collective of serious diggers, sets courtesy of The Reflex, Justin Robertson, Jon More, Boca 45, Jimi Goodwin of The Doves, Mike Joyce of The Smiths and more.

There simply isn't enough space to cover the entirety of what Reasons Festival will

be delivering this year, so make sure you head to their Facebook page to keep abreast of the line up, set times, pre parties, after parties and special extras. And don't forget, with your partying comfort in mind, on the day you can also expect street food, craft ales & ciders, the IQ Cocktail Bar, Cinestef's Silent Cinema, live street art and the Urban Culture area brought to you by Relentless Energy. And of course Gallery Magazine will be helping things along in the brand new Hospitality Camp Hardclaw...

Reasons to block the weekend off. Reasons to get up the front...

See you there!

www.reasonsfestival.com
www.facebook.com/reasonsuk
www.twitter.com/ReasonsUK

JAGERVERB

"A chugging 4/4 pulse provides the bed, upon which is laid an assortment of sharp acid lines, warm pads, snappy percussion and just a sprinkling of cheese."

2016 has been an incredible year so far for the Berlin based artist Jagerverb (real name Liam Mitchell), releasing on Danny Daze's Omnidisc label as well as Safer at Night records, and wowing dancefloors across Berlin, London and further afield. He's getting psyched to bounce to Jersey for a set on the Electronic Stage at Reasons Festival alongside SLAM, Stacey Pullen and Dense & Pika. We caught up with him ahead of the big day....

So Liam you are one of the few artist who has been invited back for a second year to play at Reasons. For those who didn't come last year how would you sum up the day?

I had a great time and it was definitely a successful event. The musical performances were great and we were blessed with beautiful sunshine, but the real stars of the show were the people in attendance. Nobody was staggering about or fighting, it was all smiles and dancing and positive energy.

How would you best describe your sound right now?

I try to keep my music uncluttered, with a focus on loopy repetition and infectious rhythms. A chugging 4/4 pulse provides the bed, upon which is laid an assortment of sharp acid lines, warm pads, snappy percussion and just a sprinkling of cheese.

You are currently based in Berlin. What are the benefits and challenges of living in such a hub in terms of electronic music?

Berlin feels like the centre of the house-and-techno universe right now. Living in such a creative environment, surrounded by DJs, artists, designers, label heads, record shop guys, music journalists... each and every day is inspiring. Of course, this brings intense competition and a high benchmark for talent. It's not always easy to get gigs, but the upside is that every social occasion can be a networking opportunity. A lot of the stuff I've done here has come from quite casual, organic meetings.

How is the rest of your year shaping up musically?

What's going on for you?

I've got another Jersey gig on July 16, playing alongside Ben Pearce and Reset Robot as part of Rocksteady's summer series. After that it's back to Berlin and playing out here as much as possible.

On the production side, I'm currently working on a follow-up EP for Safer At Night. I also have some tracks under a new alias for a brand new project. A friend and I have plans to start a label as an outlet for this new stuff, but it's all quite secret for now!

What can we expect from your set at Reasons?

I'll aim to get a nice, rolling groove going and keep the energy up. It's nice playing at a daytime festival as opposed to a dark nightclub – the sunlight creates a different mood and you can bring out some real feel-good bangers.



We're adding an in-tents experience to Reasons Hospitality

When Reasons approached us and asked if we'd like to help theme and run their hospitality area, we were keen, obviously. The location of the area, right in the middle of the site at the beautiful Coronation Park, complete with leafy glade and great locations from which to view the festival seemed like the perfect place to make a camp... so we're making a camp.

Often the beauty of a hospitality area is that it gives you somewhere to sit and relax between things you want to see on stage, get some easy and clean toilet access and have a drink in relative tranquility. Our Camp Hardclaw will be the perfect location for such things... We'll be channeling American summer camp vibes with some rustic campfire (maybe without the fire Mr risk assessor) vibes, log seats, comfy tents to get away to, hot dogs and marshmallows.

If you'd like to come and hang out, grab yourself a hospitality pass. It gets you into both after-parties and gives you food and drinks tokens, so it basically pays for itself. Plus you get to be a little bit Hardclaw with us. See you there.

www.reasonsfestival.com



JT'S JERSEY LIVE PHOTO SHOOT

PHOTOS Studio M www.thestudiom.com

We popped down to the brilliant JT photoshoot for their Jersey Live campaign and met some of the wonderful local festival goers who were modelling to find out what they're most looking forward to at the festival this year.



Becky Lee, Joanne Duddridge, Abi Alison & Laura Cooper:

"We can't wait to dance to Disclosure who are headlining on the Saturday on the Main Stage and then Sigma on the Sunday, they're amazing live!"

Watch the behind the scenes video and find out how to get a **FREE** ticket to Jersey Live at www.jtglobal.com/JerseyLive

Darren Vibert & Mason Vibert:

"Richard Ashcroft, I'm a huge fan of the Verve so it's brilliant to see him playing live again - and Mason is so excited to see the Storm Troopers and get a Star Wars selfie with them!"



Adam Burt & 'Mad' Mark :

Adam "Apparently Absolute Bowie who are playing on the Main Stage on Sunday are really good, and then Public Service Broadcasting are great, so I'll definitely catch them." **Mark** "It has to be Spring King, the most exciting band to break through in the UK this year, great tunes and a band with a big future!"



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JULY MUSIC & NIGHTLIFE: WHAT'S ON...



SATURDAY 16 JULY CAMO & CROOKED || VANGUARD @ THE SPLASH

If you've been alive in the last 10 years and have a heart connected to two ears and a brain, you'll have felt at least a few slight moments of very confusing emotions. Don't worry, if you didn't know already, that was just the music of one of Europe's best drum and bass acts registering in your conscious mind. Camo and Crooked, from Vienna, have gone from strength to strength since their first release in 2007, and now you have the chance to see them put on what promises to be one of the loudest and most intense shows that The Splash has ever seen, when they come to the island this month.

Tickets: Eventbrite // THE SPLASH // from 10pm // 18+ • R.O.A.R. • Photographic ID



FRIDAY 22 JULY TERRY HALL & GUESTS || @ HAVANA

There are so few bands that can claim they have written a "classic". There are even fewer that can claim they've written several. The Specials fit into the latter of these categories. With hits like "Ghost Town" and the inescapably catchy "Too Much Too Young" in his arsenal, Terry Hall, one of the founding members of the British Ska legends, is coming to Jersey to provide us with a DJ Set that will have everyone from 60s Ska nostalgics to Millennial ravers tugging on their dungarees and crowding the Havana dancefloor all night. With support from Simon Quinn and Mo-Matic, this promises to be a night for anyone that has a semblance of knowledge about good British music

Tickets: Eventbrite // HAVANA // 10pm // 18+ • R.O.A.R. • Photographic ID



SATURDAY 23 JULY DARIUS SYROSSIAN || SHAKE IT || @ ROJO

I remember the first time I heard Darius Syrossian's music. It was sunny outside, my fellow schoolchildren played on the softening asphalt, and there was a distinct sense of freedom in the air that only summer can bring. I, however, was crouched in a corner, wishing for the onslaught of sound from the IT lab speakers to stop long enough for me to get over the paralysis that the sonic embodiment of fear had caused. However, that was a long time ago, and now I realise that what I was listening to was some of the finest Techno music that remains on the market to this day, and lucky for me I get a chance to redeem myself in front of the man that produced it.

Tickets: Eventbrite // ROJO // from 10pm // 18+ • R.O.A.R. • Photographic ID



SATURDAY 23 JULY AIM || ROACKSTEADY || @ CE SOIR

Aim is an act that is synonymous with the type of soul-laced hip-hop that is making such a resurgence today. In the last 20 years, albums like "Stars on 33" and "Hinterland" have been released on Grand Central Records and his own Attic imprint. This month sees the re-release of his seminal work "Cold Water Music", and to mark the occasion Aim is making his triumphant return to the island. Before he plays the highly-anticipated Reasons Festival, catch him and a number of the resident Reasons DJs at Ce Soir for a free entry event that promises to pack moments after the doors open. Go to the Ce Soir Facebook page to reserve a space, because it's not often that we get legends to play on the island, especially for free.

Tickets: FOC // CE SOIR // 18+ • R.O.A.R. • Photographic ID



SATURDAY 30 JULY REASONS AFTERPARTY || CLIQUE & REASONS @ ROJO

It's an age old problem when you live on island that requires practically all noise to stop before the owls wake up. What do you do when the festival you've been at finishes? Especially when it's a festival like Reasons, which is sure to have people wanting to move the party on into the early hours. Well, luckily for us, the wonderful organisers of the event have provided not one, but two separate after parties for the aimless crowds to filter to when the music at Coronation Park finally stops. This one, featuring the musical stylings of Philosophy of House and Justin Robertson, is at Rojo. Hosted by Clique and with a special guest TBC, this promises to be a great way to party off the "joy" of the festival.

Tickets: Eventbrite // Havana // 18+ • R.O.A.R. • Photographic ID



SATURDAY 30 JULY REASONS AFTERPARTY || BLKOUT & REASONS @ HAVANA

Number two on the list of Reasons after parties is by no means any less insane as the first. At Havana, BLKOUT and Reasons have teamed up to throw a blowout party that will span three rooms and feature some of the finest DJs that the island can muster. The headliner is yet to be announced, but with Metronome (Levelz) already confirmed, it seems like this may actually be a way to rival the festival itself if it rains on the day. Because the parties are still being organised at the time of writing (did someone say exclusive access?) these are pretty much the only details we can give, but trust us, if the things we know about the festival itself are anything to go by, missing these after parties would be a sin.

Tickets: Eventbrite // Havana // from 8pm // 18+ • R.O.A.R. • Photographic ID



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DISCO |diskō| noun (pl. discos)

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Food for thought:



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The eighth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

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