# galery

**# 121** the RIVALS issue



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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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published with gusto in Jersey b

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# edito

ast month I travelled to the fourth largest Channel Island to experience one of the jewels in their tourism crown. I've heard that the Sark Folk Festival sells out well in advance each year and I'm not really one for waistcoats, so I plumbed for the second biggest event in the Sark calender; the annual 'sheep race'. If you're from Jersey you probably know about it. If you're new to Jersey, yes, I said 'sheep race'.

Sark is an experience. An island with 600 people, no cars and a tractor called Ross. He's tasked with taking you up the hill from the port when you arrive. It's a short journey which, while short in length, seems to take you back over 100 years in time. A short stroll down some picturesque lanes where we passed only other ice cream sucking tourists and a few horse drawn carts with interesting locals at the helm. I wasn't sure whether they were dressed in period costume or whether that's just the Sark way. The true diversity of Sark fashion only became evident when we rounded the corner to the expanse of land in front of the community centre that would be the venue for the day's main event. The crowd was a smattering of local folk and a load of cruise weary Americans on a day trip from their ocean going behemoth moored off Guernsey. Quite a combination.

There were also a few of us and some other Jersey and Guernsey folk. To the American tourists I'm sure they thought we were a singular collection of islanders but there were subtle hints that revealed both the identity and rivalry of our individual islands. The first hint came from a group of backpackers that poured scorn on the boat we arrived on, declaring our craft to be flying a 'horrible flag' (Jersey). The second sign of the divide and our true inter-island rivalry came when the sheep started running. Without thinking, I placed my £1 bet on the sheep with the green jockey. I did it with relatively little thought. That was until a member of our group looked at me with scorn and asked me why I'd done so.

At first I didn't understand the insinuated disapproval. It turns out that by supporting the 'green' teddy jockey - potentially signifying a Guernsey sheep - over the 'red' teddy that could be interpreted as a Jersey racer, was not the correct thing to do for a Jersey dweller. Our islands are rivals, even when it's just teddies on the back of sheep, and it's red v green. I won't forget again. It's with that in mind I welcome you to our '*rivals*' edition. It's a great one, pitting islanders against each other for your enjoyment. Guns, flowers, coffee, businesses - enjoy.

BD

#### **#121** [RIVALS]



#### **COVER CREDITS**

PHOTOGRAPHY & STYLING Danny Evans

> MODEL **Toni**

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Gallery logo courtesy of Leona Kibble

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#### LEONA KIBBLE. ILLUSTRATOR

Leona's creativity stems from her education at Highlands College, where she tells us her studies helped shape her as an artist. Continuing forth in pursuit of her abilities, Leona has recently graduated from London College of Fashion with a degree in Fashion Illustration. Much of her work is a mix of ink, watercolour, bold lines and colours, and she is currently experimenting with character design to broaden her skill set. Fashion, Music and Film are all elements which inspire her to develop ideas into her final outcomes. She's now fully focused on achieving the goal of becoming a freelance illustrator.

#### **GET INVOLVED**

#### CONTRIBUTE

#### CONTRIBUTE@GALLERY.JE

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch

## **ADVERTISE**

#### AD@GALLERY.JE

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. Call us on 811100 or drop us an email...

#### FEATURE

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

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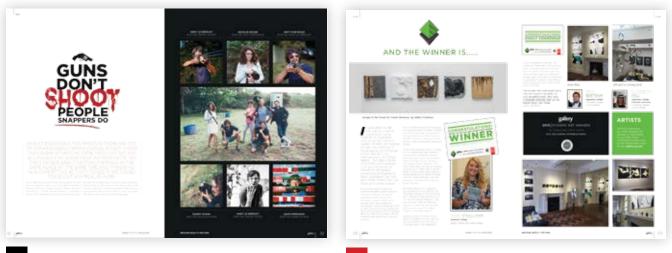
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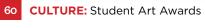
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# JOIN US ON A FUNDRAISING ADVENTURE







#### 2008 MONACO BARCELONA GENEVA ST TROPEZ MONACO BIARRITZ PARIS

Since 2008 the Galleryrally has taken all kinds of adventurers on a scavenger hunt across Europe.



#### The Galleryrally has raised £150,000 for Jersey Hospice Care since 2008

This year our fundraising adventure will spend three days and four nights enjoying open roads and beautiful French countryside, solving cunning clues on a treasure hunt that will finish in Paris on Saturday 26th September.



#### What you'll do on the Galleryrally >

#### MEET LIKEMINDED ADVENTURERS

We've made a lot of friends over the years and enjoy seeing faces old and new on each rally. The rally unites people who value a roadtrip and adventure. Join the alumni!

#### SOLVE DASTARDLY CLUES

Our rally isn't just about driving, socialising, French food and wine or amazing views. We also have cunning clues to solve each day and the odd random challenge. How many countries of the world can you name in 2 minutes?! How far would your paper aeroplane go?

#### MANGER & BOIRE

Not only do we have dinners with the odd bottle of French wine included each evening but ralliers often find an excuse to find killer lunch spots to grab a steak frites or foie gras terrine, depending how you roll.

#### BLOW OUT THE COBWEBS

If you're the proud owner of a nice car, whether fast, funny or fabulous then rush hour on the avenue isn't the place it belongs. Caged in Jersey these beasts go crazy. They need an open road, the fresh French air and miles of asphalt in front of them to experience joy. The rally lets them stretch their legs!

All this whilst raising money for Jersey based good causes. Learn more about the event by visiting the website or calling Ben at Gallery on 01534 811100 or sign up online today to reserve your place.



# ON THIS **AUGUST...** IN JERSEY

# 08,22 & 29.08.15

JERSEY FARM & CRAFT MARKETS

THE ROYAL SQUARE, ST HELIER // FOC // 10AM-5PM

There will be local produce and wares on display, including goods from farmers, producers and craft workers in Jersey. All goods sold by Genuine Jersey Members will have been grown, reared, caught, brewed, picked, baked, smoked or processed by the stallholder, so come along and soak up the atmosphere while celebrating Jersey's finest.

.....

#### **09.08.15** HAVRE DES PAS SEASIDE FESTIVAL

FOC // 10AM ONWARDS It was touch and go that we'd be living to see

It was touch and go that we'd be living to see another seaside festival at all this year, but thanks to the Parish of St Helier and the Harve Des Pas development board the beautiful and historic beachfront will be closed to traffic and opened up for a day of entertainment, family fun, food and crafts. This really is an awesome days entertainment and will this year be supported by the hugely talented Rocksteady boys, DJ Nelson and DJ Stefunk, to name but a few.

# 09.08.15 MARC'S FUN WALK

VARIED // £12 ADULTS // This popular and inspirational event celebrates its 5th anniversary this year and has so far raised £75.000 for young local cancer sufferers and in memory of Jersey teenager Marc Nieuwburg who died of bone cancer. Charities are Teenage Cancer Trust & CLIC Sargent. Starts are 7.30AM Plemont, St Ouen (14 miles), 9.30AM Val de la Mare, 10.30AM St Ouen (7 miles) St Aubin (3 miles). All walks end at the Jersey Waterfront.



#### **08.08.15 CHORDZ AT THE COWS** WEST CENTRE // 11AM-11PM

WEST CENTRE // 11AM-11PM The crew at Chordz will be closing Peter Street and replacing it with a stage for the likes of Tadgh Daly, The Reasons, Blind Drivers and Joe Young and the Bandits, to name but a few and on there will also be a stage for acoustic acts. Not only is there an amazing line up of bands to entertain you, but the festival is absolutely free! They are trying to raise funds for Jersey Hospice so expect to hear some buckets rattling. Whatever your plans are for the day, cancel them and head down to join in the fun!

#### 13 & 14.08.15 JERSEY BATTLE OF FLOWERS DAY & MOONLIGHT PARADE ST HELIER // £VARIED

The BoF describes itself as 'one of the most impressive floral carnivals in Europe - Jersey's oldest established festival and one of the most popular 'must see' events in the Island'. So what are you waiting for, go forth and buy your ticket. There promises to be spectacular surprises this year and Craig Phillips of Big Brother fame will be there too!

#### **30.08.15 THE HALKETT HOEDOWN** HALKETT PLACE. ST HELIER // 1PM - 10PM

The area will be closed to traffic for the event and town really will meet country with straw bales and Western themed decorations all round. Wild West fancy dress (although optional), will be the order of the day. This year they plan to run not one, but two stages, so that the music and entertainment will keep coming and includes Frankie Davies and Rick Jones amongst many more. Entry is by voluntary donation. Profits will again this year be donated to Headway Jersey.



#### 15.08.15 ST OUENS PARISH FETE ST OUENS MANOR // 10AM-5PM //

£VARIED

Heard of sheep racing, well this fete brings you the next best thing, a Donkey Derby. There will also be lots to entertain the kids including a fun zone with various rides, skeet shooting, bouncy castle, model boating, donkey rides and much more. For the adults indulge and relax at the beer tent or the Champagne and cider stalls whilst placing bids on the winning jockey in the donkey races or try your hand at crown and anchor.

#### 20.08.15 CHARITY FASHION SHOW ROYAL YACHT HOTEL // 6.30PM // £30PP

Highlights from the evening will include a fashion show featuring a range of good quality evening wear from the Mind Jersey, New Street, Nearly New Shop, featuring male and female models and you'll also privy to the first showing of the new Autumn/Winter Swarovski jewellery collection. On the night there will also be an auction and items of clothing and accessories will also be available to buy on the night. Tickets include a drink on arrival and light meal and are available from Swarovski on King Street.



#### **23.08.15** JAYF OPEN GARDEN ST JOHN'S MANOR, RUE DE LA

MARE BALLAM, ST JOHN // £3 PER ADULT, UNDER 12'S FOC/ 2PM-5PM

The final beautiful garden to be opened to the public this season in aid of JAYF (Jersey Association of Youth and Friendship). Cream teas. Cake Stall. No dogs. The garden will be signposted at nearby junctions on the day. The Open Garden scheme is sponsored by Moore Management.



IN GUERNSEY

# **09.08.15** THE FARMHOUSE GAZEBO GIG

FARMHOUSE//COOLPLAY//CALL 264381//£29.95 Like food and music? Then this one is for you! Enjoy a carvery roast and live music from the UK's No.1 Coldplay tribute band, Coolplay. JT will be giving away free JT summer gig loyalty bands that give 15% off all drinks at any of the venues where the events take place, these are available at the JT shop on the high street and are available on a firstcome-first-served basis.

#### 25.08.15 - 31.08.15 SURE BIG SCREEN

#### GRASS AT COBO//EFREE

Sure is bringing back its Big Screen for its seven-day summer spectacular. And with it they are bringing classic films like 'The Wizard of Oz' to Golden Globe winners like 'The Theory of Everything', films for the kids like 'Big Hero 6' and films for the adults such as 'Top Gun'. Make sure you grab your spot on the grass and relax while watching a free film.

#### 26.08.15 - 27.08.15 THE NORTH SHOW & THE BATTLE OF FLOWERS

#### SAUMAREZ PARK//ADULTS £TBA, CHILDREN £TBA

Enjoy an action-packed day full of colour and excitement at Saumarez Park. Go on the fairground rides, grab a bite to eat, see the livestock and watch the arena come to life with the colourful floats handmade by the locals.

#### **30.08.15 THE GUERNSEY WATERFRONT MARATHON AND SEAFRONT SUNDAY** GUERNSEY//ST PETER PORT HARBOUR

The marathon that takes the runners through all 10 parishes in the island. It started 106 years ago and has now attracted marathon runners from around the globe. Make sure you go down to the waterfront and support the locals.



# **ELSEWHERE**

#### AUG 30 - SEP 7, 2015 BURNING MAN

BLACK ROCK CITY, NEVADA, UNITED STATES Burning Man conjures up all kinds of outrageous images for the uninitiated: from naked New-Agers dancing till dawn to polyamorous pursuers fueled by drugs. Yes, the Playa (the desert stage location where the Man, the temple and much of the art is) is a culturally curious place, one part hedonistic, one part idealistic. But, amidst the hippies and Silicon Valley CEOs that populate this pop-up town, the common thread is an appreciation of the lifeaffirming nature of the artistic spirit.

BURNINGMAN.ORG

#### AUG 26 - 28, 2015 AIR GUITAR WORLD CHAMPIONSHIPS

#### OULU, FINLAND

Remember the good old days of the power ballad, when you used to bust out on the dance floor with some epic air guitar during AC/DC's "Back in Black." Well, here is your chance to show off those moves again in front of thousands of adoring fans at the Air Guitar World Championships in Oulu, northern Finland.

AIRGUITARWORLDCHAMPIONSHIPS.COM

#### AUG 28 - 30, 2015 CREAMFIELDS

DARESBURY ESTATE, ENGLAND

While Cream nightclub is known for playing house music, the Creamfields festival hosts artists from a wide range of popular genres in dance music including drum 'n' bass, techno, dubstep , electronica and other house styles including hard, deep, tribal, funky and indie. With 200 artists set to fill 11 stages over three days, partygoers can expect huge LED screens, VIP lounges, cocktail bars, fairground rides, and silent discos to complete their oversized rave experience.

CREAMFIELDS.COM

#### AUG 7 - 31, 2015

# EDINBURGH FESTIVAL FRINGE

EDINBURGH, SCOTLAND

Edinburgh Festival Fringe is the largest arts festival in the world, taking place most of August each year, packing theaters, pubs, and streets making a massive canvas of human creativity. With a programme of over 40,000 performances, 3,000 distinct shows and artists from nearly 50 countries, it's no wonder that nearly 2 million people come out for the festival every year. Whether you're into concerts, plays, and ballet; or opera, synchronized pyrotechnics, and improv comedy, there's something on the schedule for you.

EDFRINGE.COM

AUG 26, 2015

### LA TOMATINA

BUNOL, SPAIN

Who cast that first fateful tomato that started the La Tomatina revolution? The reality is no one knows. According to the most popular version of the story, during the 1945 festival of Los G igantes (a giant paper mâché puppet parade), locals were looking to stage a brawl to get some attention. They happened upon a vegetable cart nearby and starting hurling ripe tomatoes. Innocent onlookers got involved until the scene escalated into a massive melee of flying fruit.

LATOMATINA.INFO

# CHANNEL CONTRACTOR OF DEPARTURE DEPARTS OF D

**ILLUSTRATION** Hermione Benest

Local rivalry has been a feature of human communities ever since we came down from the trees, and nowhere is this more keenly felt than in places that have almost everything in common with their immediate neighbour. National rivals like France and Germany can define themselves through clear differences in culture, philosophy or religious thought, whereas smaller places are more likely to engage in drunken brawls over who invented a type of biscuit. Jersey and Guernsey definitely fall into the latter category, stoking a historic if largely good-natured feud that is more north and south Yorkshire than north and south Korea. To celebrate yet another spanking handed out during the NatWest Island Games, we've created this brief guide to the highlights of our warm mutual relationship - from an 100% unbiased Jersey perspective.

**16,000 BC:** neither landmass is yet an island, but the inhabitants of the hills that would become Jersey and Guernsey have already developed a rivalry over who has the biggest dolmens and was first to steal fire from the gods

**2000 BC:** the first derogatory references to donkeys are etched into clay pots. Future archaeologists are impressed that primitive Jersey man had the stamina to canoe to the next island, form a negative impression of its inhabitants, canoe back and tell everybody about it

**500 BC:** rival pagan cults are established on both islands, each worshipping the One True Cow **60 BC:** Roman conquest of Gaul. The Romans are interested in Jersey's western region as a source of thick-skulled potential gladiators, but never bother having as much as an orgy in Guernsey. This allows Guernsey historians to pretend their island was like the village from Asterix.

**535AD:** The ascetic (and future saint) Helier brings news of Christianity to Jersey. Impressed by his message of peace and love, and awed by the power of his God, Jersey people try and convince the hermit that Guernsey is a sinful Gomorrah deserving of Old Testament-style obliteration. Excommunicated for millennia, Guernsey eventually outlaws polygamy and accepts Jesus in the 1820s. **1565:** despite being practically within spitting distance, the people of Guernsey have historically shied from colonising Sark as they believe it is inhabited by flying demons. In 1565 the island is seized by colonists from Jersey, and the flying demons are revealed just to be very aggressive puffins.

**1670:** tensions are inflamed when Jersey's loyalty during the English Civil War is rewarded by the naming of the province of New Jersey. This is a bone of contention in Guernsey for hundreds of years, until the airing of Jersey Shore and the realisation that New Jersey is popularly known as "the armpit of America" (see also: 2002).

**1874:** Jersey is visited by Karl Marx, author of the communist manifesto. His firsthand observation of Jersey landlords is the catalyst for the eventual destruction of this class during Russia's bolshevik revolution. He believes that the existence of Guernsey is a lie made up by the capitalist hegemony in order to placate the masses of St Clement.

**1902:** Guernsey spies in St Helier report rumours of an imminent 'battle of flowers'. Believing this is an attempt to seize their island by unorthodox means, an emergency commando raid is launched on St John's Village. Three civilians are beaten unconscious with daffodils before the aggressors are captured by the honorary police.

**1905:** First competition for the Muratti vase, taking the form of a no-holds-barred forty man mud wrestling match. The losers are barbecued and their children exiled to the Minquiers.

**1941:** The occupying German forces cunningly play the islands off against each other by telling their respective inhabitants that people on the next island over didn't co-operate enough and were sent to bed without any dinner. By 1944 this threat is upgraded to "sent to the Russian front"



**1960:** The changing tides of global finance see both Islands shift away from traditional agricultural/tourism economic models. Jersey tempts international banks by letting them build whichever eyesores they want in St Helier, as long as they provide jobs. Guernsey does the same by raising its speed limit by 15 MPH and printing its money on paper instead of shiny pebbles.

**1981:** The BBC launches Jersey-centric police show Bergerac, starring future parish fete VIP John Nettles. Retaliatory attempts by Guernsey's States to bankroll a competing ITV hospital drama ("Seaside Emergency Ward" - starring Ian McShane, Su Pollard and Jimmy Nail) never quite get off the ground.

**1986:** the redevelopment of the Fort Regent Leisure Centre represents a dramatic escalation in the tourism arms race between the two islands. Although Jersey officials insist that the resemblance of the rotunda to the Death Star is entirely a coincidence, Guernsey moots a top secretplan to rebuild the Beau Sejour centre to resemble Castle Grayskull.

**1990s:** There is jubilation in the streets of St Helier when multinational chain McDonald's opens its first Channel Island location. To this day, Guernsey residents remain jealous that their town centre lacks the cosmopolitan quality supplied by piles of discarded milkshake cups.

**2002:** (see also 1670) Guernsey wins a minor victory in the struggle for recognition with the accidental help of Google, who spend the next decade making it impossible for people to search for anything related to 'Jersey' without being directed to the American state. It proves to be of limited benefit to Guernsey when it turns out the majority of people searching for 'Guernsey' are inhabitants of Sark, dreaming of a better life. **2004:** the Jersey Live Festival establishes the island as a boutique stop-off for UK bands slogging it out on the summer festival circuit. Jersey fans thwart the chance of the neighbouring island having a similar festival of its own by convincing Liam Gallagher that Guernsey has a special tax on snorkel parkas and monobrows.

**2012:** as Jersey eagerly awaits the release of "Fantasy Island" (the first of a multi-million dollar trilogy set to rival Lord of the Rings and Harry Potter) the island's filmic fortunes are lifted by the news that local lad Henry Cavill has been cast as Superman. Guernsey hits back by announcing that the next Avengers film will be shot and set entirely in the parish of St Sampson, starring a cast of local extras, in a secret deal arranged with the CEO of Marvel/Disney. Celebrations are short-lived when it turns out that the CEO is just Fantasy Island man wearing a fake moustache, and that he has made off with six months' tax revenue ■





# Unhealthy Rivalry

I've taken up a new hobby. It's called 'shout and scream at the idiot cat that keeps beating up my cats and even sometimes sneaking into the flat through an open window and taking a slash under the bed.'

This ongoing battle between me and my feline foe got me thinking about this month's theme of 'rivals', and how easily I get wound up by this purring bastard. Honestly, I like to think of myself as a lover of all animals (not like that, grow up), but this guy is the opposite of Batman. He's my least favourite guy in the world and I want him to go away. The other day I saw him hassling one of my cats, so I grabbed the water spray bottle and squirted him from my living room window. I hate him. It's like he's doing it on purpose... trying to grind me down. It's definitely not normal to show such preoccupying animosity to an animal who probably doesn't even know my name (it's Alex, by the way, you stupid fluffy idiot). I think I go into 'super-protector mode' because I know he fights my two cats, and the rivalry between us and him is only growing stronger. I could just ignore him and just not open my window wide enough for him to sneak though, but he's trying to invade our territory. He marches around like he owns the place, but then when I see him and we lock eyes he runs away like he's done nothing wrong, like a little anxious Putin.

This sort of rivalry is not healthy, and I understand that actively hating a cat is not good for me, but I'm not the only one guilty of it. On a wider scale we seem to have phases of communal hatred during which we work out a black and white of who's the good guy and who's the bad guy. We focus all our energy on posting long and rambling opinions on Facebook with a link to a half arsed article from The Guardian that we only read enough of to check it supports the point we're trying to make in the first place.

Something that's on the news at the time that I'm writing this is that 'Nazi Queen salute' thing. I'm sure the majority of people are making sense of it and realising that it was just a kid copying a grown up, and that it happened before there were the good guys and bad guys of WWII, but the way it's being depicted in the media is like the plot of a bloody Marvel movie. Like there's this secret royal Nazi organisation resurfacing after all these years. Next they'll be looking for buried treasure with Nicholas Cage,

"The way it's being depicted in the media is like the plot of a bloody Marvel movie. Like there's this secret royal Nazi organisation resurfacing after all these years. Next they'll be looking for buried treasure with Nicholas Cage"

> using a £2 coin as a map and revealing the secret agenda of the illuminati by dabbing a teabag on the Conservative flipping Manifesto or something.

There was a festival in West Sussex recently, quite near where I live, and some of the residents were complaining that it was going to be noisy, which I guess is fair enough, because that's where they live. Anyway, the Daily Mail sensationalised matters as per their duty as a Tabloid, and came up with a headline along the lines of 'Residents Furious with Snoop Dogg in West Sussex Festival!' Poor Snoop can't have seen that coming, he loves the UK apparently – and I hear he even has a bit of a soft spot for horticulture. You'd think West Sussex would welcome him! The way it was depicted though, again, was this 'versus mode' story. There has to be two opposing sides, each defending their corner – a victim and a suspect. As we all know, conflict drives the story forward, so you can't blame the tabloids for doing this... 'if it bleeds it leads'.

Healthy rivalry exists, of course – in sports, games, work, relationships. My girlfriend and I challenge each other on a daily basis,

and compete with each other even if it's as simple as guessing how much the total cost of our weekly shop will be (romantic, huh?), and I think we need competition in our lives to make us strive to be better.

Why though, do we self-sabotage by tapping into the darker side of rivalry? Why do we post one-sided articles on Facebook and argue

with anyone who doesn't share the altruistic point of view of a white, middle-class man living in the first world? Why do I spray water from my window at an invading cat instead of closing the window and moving on? Maybe it's because conflict really does drive our stories forward and the deeper the conflict, the faster we go. As a species we're renowned for wanting to go faster, and life can get pretty boring sometimes, so why not put your foot to the floor and risk making a few enemies along the way?



(anna)

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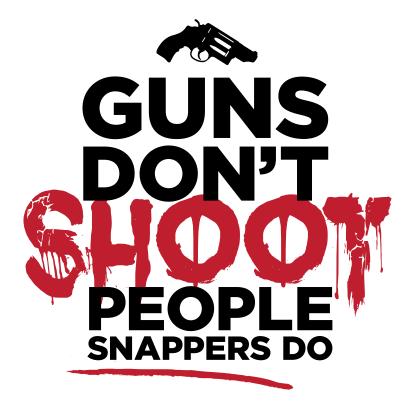
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WHILST DISCUSSING THIS MONTH'S THEME WE GOT TO THINKING ABOUT PROFESSIONAL RIVALS, THOSE THAT WORK WITHIN THE SAME INDUSTRY YET ARE ALL EQUALLY AS SUCCESSFUL IN THEIR FIELD. WE THEN TALKED ABOUT GETTING THEM ALL IN THE SAME PLACE AT THE SAME TIME AND THROWING IN A COMPETITIVE ACTIVITY, TO SEE IF WE COULD TEASE OUT ANY REAL RIVALRY

So, we asked six exceptional local photographers, all with their own distinctive styles, to join us at Crabbé Clay Pigeon Shooting Club one Thursday evening. Where they were introduced to a double barrelled shotgun, a significant amount of live cartridges and some poor unsuspecting clays, all under the watchful eyes of two very patient gentlemen, Dave and Franco. The mission for the evening was for each of them to take shots of other photographers taking shots of photographers taking shots, at clays of course, not people. The results can be seen over the following pages. ANDY LE GRESLEY SHOT BY DANNY EVANS





MATT PORTEOUS SHOT BY ANDY LE GRESLEY









DANNY EVANS SHOT BY NATALIE MAYER



ANDY LE GRESLEY SHOT BY STACEY YATES



**DAVE FERGUSON** SHOT BY DANNY EVANS



## STACEY YATES

is an independent professional photographer, filmmaker, producer and creative consultant. She started her photography career in art and this discipline is present in all the client work she takes on. Stacey's passion lies in supporting brands and independent creatives, working with them to conceptualise, define and communicate their unique message through photography and/or film. **www.storyteller.je** 







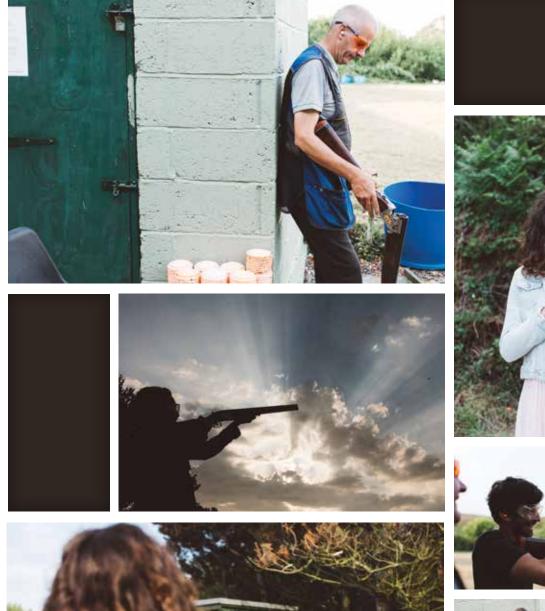






## DANNY EVANS

is a freelance commercial photographer who has spent the past 18 years honing his skills. Having started out long before the age of the digital camera, Danny's expertise is vast and as such, the work he produces has been widely sought after by local businesses and global brands alike. Fashion photography is his passion; you will recognise his name from Gallery magazine (he's been with us since the start!) You can of course view his work every month on the pages of the magazine, but also be sure to visit **www.dannyphoto.com** to see the wide range of other projects he works on.





### MATT PORTEOUS

is a professional photographer specialising in commercial, portrait and wedding photography, "I strive to produce high quality work, capturing the world as I see it. I offer a range of photographic services, with experience in studio and location shoots including architecture, fashion, corporate and events." Matt works with clients ranging from individuals to large companies. **www.mattporteousphotos.co.uk** 



## DAVE FERGUSON

is a professional photographer who started his career working as an assistant to local pro, Joe Bates. He then joined the Jersey Evening Post, having gained valuable work experience at the Guardian Newspaper in London with Eamon McCabe as Picture Editor. He has remained at the JEP from the day he joined, travelling and surfing when he can and capturing these experiences with his camera. You can view his work at

**www.davidfergusonphotography.com** or head down to Big Verns where you'll see many of his photos adorning the walls.















NATALIE MAYER

is a professional photographer, a computer nerd, a surfer, snowboarder, lover of junk shops and parties. Her style is classic, emotional, joyful and genuine, "I work hard to create beautiful, tangible sets of memories that you will carry with you for life. If I'm smiling when I edit my images then I know I've done a good job." You can view more of Natalie's work at **www.nataliemayer.com** 

**ANDY LE GRESLEY** has been a professional photographer for eight years and is well respected for his natural style of photography. He is currently involved in commercial, landscape and wedding photography. Head to **www.andylegresley.com** to view more of his work.



# MISC.?~

# Coca Cola vs Pepsi

We're all familiar with this famous rivalry, but which is your favourite? Historically Coke managed to dominate the market by buying out their competition, like an old-timey corporate Jason Bourne. Between 1922 and 1933 Coke was given three separate opportunities to purchase the bankrupt Pepsi Cola company, but they declined on all three occasions, since Pepsi was so small it didn't pose a threat to Coke's business. Possibly three of the biggest mistakes Coca Cola would ever make.

So how did Pepsi survive? In America 'soda pop' sales plummeted during the Great Depression, and any company that hadn't been swallowed up by the Coca Cola behemoth was destined to fold under its own weight. That was until Pepsi struck gold with the ingenious idea of using recycled glass bottles, meaning they could offer twice the amount of cola for the same price as a bottle of Coke (they used 120z bottles and Coke was sold in 6 oz. bottles). The gamble paid off with poor consumers who were delighted to take home twice as much cola to their filthy, depression-era kids!

But whilst they may have won this battle, they'll never be able to beat the Diet Coke ads...





#### WORDS OF WISDOM FROM GALLERY'S ANONYMOUS CORPORATE KINGPIN:

'I nearly finished my book on anger management, but then I lost it.'

# Toujours Tingo

Our favourite book went missing recently, but we're happy to report we finally opened the draw it was hiding in (amazing what you find when you look) and are now able to bring you more fascinating new words!

Iwa manyanga (Zambia) to fight one another crawling along on all fours.

Munasat (Persian) taking hold of another's forelock when fighting.

KleinKlein (German) passing a ball from player to player without a plan.

Verlieren (Yiddish) to lose a customer to a fellow salesman.

**Dymoprodukt (Russian)** an advertised product that is not yet being produced (literally, smoke product).

**Borona (Madagascar)** having nothing with which to pay money lost in betting.



## Cats vs Dogs

Although they are not predator and prey, dogs and cats could nevertheless be considered the most famous "natural enemies" on the planet. Since the dawn of civilization, both canines and felines have held a place of privilege within the cities and homes of mankind; and as such, they have inevitably come to face each other in an ultimate battle for man's fondness.

This rivalry becomes more intense when we consider that they have seemingly opposing traits (even if this is true mostly as a stereotype): one is sly and cunning, while the other is brawny and brash; one acts like a loner who demands man's attentions, and the other glows with friendliness towards its master. Whatever your predilection, dogs and cats will continue to resent each other as long as there are human homes to contest and back alleys to claim.

#### Proverb:

*"Keep your friends close and your enemies closer."* 

# Ned vs Homer

Ned Flanders is a completely selfless, moral, upstanding citizen to every fellow human he meets, free of anger and vulgarity and incapable of any action other than compassion, and yet, Homer Simpson's unbridled hatred for Old Painty Can Ned is completely and utterly believable.

No matter how many times Homer forgets the name of his third child or gets pulled over for a DUI or makes his daughter's suitors tar his roof, every child in the world would choose his love over Ned Flanders' locked-out satellite dish and unflavored ice milk.

It's the most unique, humorous, and impossibly relatable rivalry in contemporary history, and I would compare it to the readers' inherent fascination with Othello's rival Iago, but I'm just not sure Shakespeare's quite on that level.





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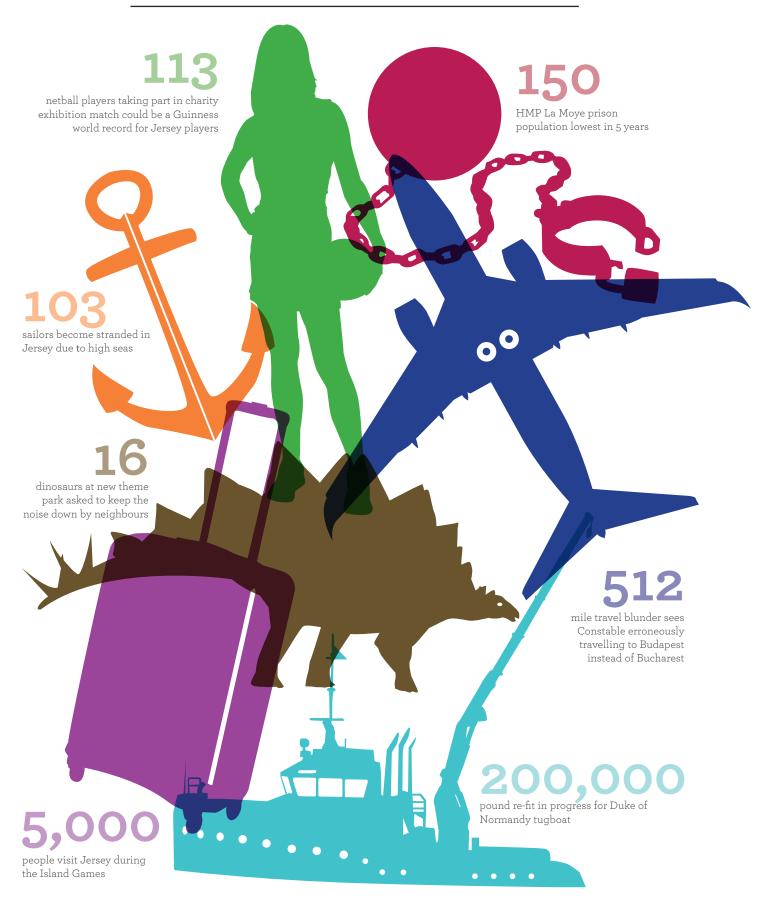
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# NEWS IN NUMBERS





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A FRESH APPROACH BUILT ON EXPERIENCE

# BEACH ETIQUETTE: DOS AND DON'TS FOR THE SUMMER SEASON

Greetings, fellow sun worshippers. As I write it hasn't rained in almost four days, so I've cancelled my emergency trip to San Tropez on the assumption that fickle summer is here once again, like that mysterious, sexy acquaintance who bangs on your bedroom window at 3AM, but doesn't always remember to return your calls when you're drunk and crying on a Tuesday. I've laid out in the garden long enough to become optimistic about our atmospheric prospects, so I've booked an appointment with my wax technician, stocked up on factor 4 and bought in enough Pimm's to pickle a porpoise. It isn't summer unless you can hit the beach to show off last winter's surgery, but before any of you can clap eyes on my new bottom we need to establish a few ground rules or, should I say, sand rules.

Much as it pains me to say it, the standards of Jersey's beaches are slipping. I'm not talking about the environment, which is still cleaner than my colon after a week-long wheatgrass binge, but about the behaviour of the people who congregate in it. I appreciate that a small island can't afford the staff to police beach behaviour in the same way as more progressive places like Dubai or Singapore, but just because we technically have human rights that doesn't mean your children have the human right to interrupt my nap time wailing because they're not grown up enough to fight off seagulls on their own. Maybe if you spent less time getting crude body art and more time handing out spankings I'd be able to doze in peace. Not that the so-called adults are any less annoying to be around - it's like Club 18-30 ran out of space for loud people with sunburned necks and they all came here instead.

This is clearly intolerable, so as a solution, I propose we get rid of those polite little signs that tell you not to start deckchair fires or crush people with your jetski, and replace them with some more civilised rules, enforced by uniformed goons. They're firm but fair, and anybody who disagrees is welcome to hop on the next flight to Greece and sunbathe there instead. I hear they can't afford to be too picky with who they welcome at the moment.

#### Rule #1: respect my personal space

Say what you want about European tourists, but what they lack in queuing ability they make up for with their inherent understanding of how to seize tactical control of the best sunbathing space. Get up at dawn, reserve your spot with towels, return to bed. In the continental spirit, I've been paying one of my gardeners (who lives just a few parishes away) to turn up on the sand at 6AM and set up my sun lounger, wind-break, three towels and umbrella in such a manner that most people are naturally repelled and pitch up well away from my personal VIP area. For those who don't get the hint and manage to ignore my midday death glare, you have only yourselves to blame if footballs happen to get popped, sand happens to find its way into your packed lunches and clouds of wasps are attracted to the sugar water that somehow got spritzed over your belongings whilst you were splashing about in the water like grotesque, tattooed walruses.

# Rule #2: beach fashion doesn't mean letting it all hang out

I like to spend a lot of time nearly-naked, but that's because I'm wealthy enough to have a body that is tanned, manicured and sculpted into perfection by a small army of personal trainers and discrete men with tweezers. Most of my calories come from cigarettes and gin, so I can actually pull off the latest fashions, created as they are by eccentric French designers who are disgusted by a woman's body unless she resembles a teenage boy. I'm not saying you should be ashamed if you don't look like this (although I would be), just that you should think twice before choosing incredibly revealing clothing to wear to the seaside. Fashion flatters by obscuring our (your) flaws and emphasising our (my) finer features, which means that you should consider the bits other people might not want to see before putting on the string bikini that lays bare your plucked-turkey thighs and hairy bottom crack.

# Rule #3: seaside dining - nothing ruins the beach like a burned sausage

Aside from cheap perfume, babies' nappies, sandal foot fungus and artificial coconut oil, there's so smell more likely to ruin my day at the beach than the stench of some idiot who has decided that scorching the outside of a few chicken giblets will make him the Ainsley Harriott of his social circle. If I found it relaxing to be downwind of charred wildlife I'd go back to grief-spying at the animal crematorium. There should be a maximum punishment for those awful people who insist on fouling the sands like BP at Deepwater Horizon, except with Reggae Reggae Sauce instead of crude oil. The only consolation I cling to is that beach barbecues are statistically proven to be one of the largest sources of really unpleasant food poisoning.

#### Rule #4: don't bring your own entertainment

The beach is entertaining on its own, it doesn't require enhancement by footballs, stereos and Tyson, your beloved family pet. There's a reason I don't come to spend my weekend relaxing in your living room, and it's not just the KFC stains on the furniture or the potential to catch lice. It's because I don't want to hear your taste in music, talk about 'the big match' or be forced to bury your dog under three feet of sand whilst you're away buying Tangle Twisters. If you must occupy yourself, a book or magazine should suffice, although preferably not 'Fifty Shades Of Grey' - It might give you the wrong idea and I'd rather watch a cow giving birth than any public displays of affection between you and "ur bae".

#### Rule#5: respect the power of the ocean

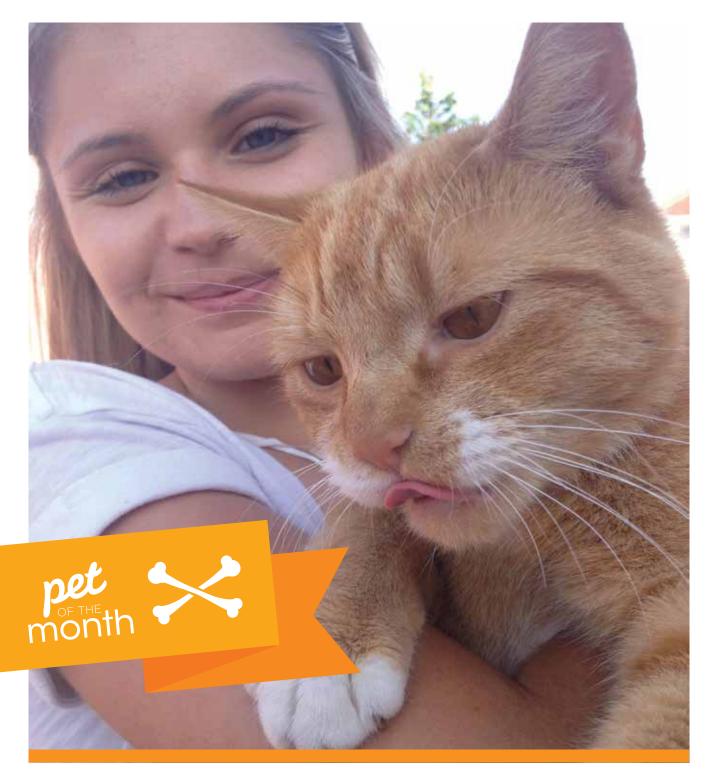
The proliferation of public swimming pools has created the entirely unreasonable expectation that there is some kind of public duty to prevent other people from having accidents in the water. Considering the amount of noise people seem to be encouraged to make these days you can hardly blame me if I mistook some tragic thrashing for simple jubilation, and covered my head with a towel whilst your elderly mother was swept away to the next island over. I'm also not there to warn your children about jellyfish (I think of them as free botox) or steer jetski-driving idiots away from rocks. If anything, I think there should be specific traps set up to catch jetskis, which are nothing more than an expensive aquatic version of those awful scooters that buzz around St Helier 24 hours a day. Say what you will about the likely global devastation caused by climate change, on the bright side there's a good chance that some of the people who persist in ruining my summer might get eaten by sharks.







WORDS Grace Ryan ILLUSTRATION Leona Kibble



#### **Ellen Hibbs**

#### Breed: Human

Age: 22

 $\mathsf{Likes:}$  Brunch – it's just the best meal, oh and Café Jac carrot cake, it's an addiction.

Hates: People standing too close to me in a queue and people without manners (that includes table manners).

If I was an animal I would be: A giraffe - I would get to see the world from a very different perspective!

Wants: To be four inches taller and to go to the Maldives.

Interesting facts: I saw T-Pain in the queue in Harry Potter world. Most impressive thing you've ever done: Driven from Benicassim in Spain to St Malo in a day, in a car with no airconditioning and a brutal hangover!

#### Jimmy

#### Breed: Cat

Age: 1 and 1/4 years

Likes: The pretty Bengal cat next door, my hedgehog cat toy and living in a house with four ladies.

 $\ensuremath{\mathsf{Hates:}}$  My new microchip cat-flap - I can't come and go as I please anymore.

If I was a human I would be: A young, ginger Brad Pitt. Wants: To be left in peace when I'm sleeping.

Interesting facts: I'm almost as long as Ellen's leg when I'm all stretched out (not that, that takes much!)

Most impressive thing you've ever done: Got 77 likes on a picture on Facebook... which didn't even have a filter!



It's only natural... ...that you should want to celebrate your little monkey's birthday in a way that they'll remember hopefully for ages to come!

With that in mind, Durrell have put their experience with looking after the untamed and into a brand new option for kid's birthday parties. Every Saturday and Sunday (and every day throughout the summer holidays), for just £12.50 per child, your party can enjoy full access to the Wildlife Park, their award-winning play area, feast on the exclusive Lonely Dodo party hampers and even add a goody bag or homemade birthday cake!

Call 01534 864169 or email: visitor.centre@durrell.org to book, today. Stag Beetles words | Deirdre Shirreffs



At 7 centimetres long, the stag beetle is the UK's largest insect, found mainly in the south of England. It is also found in Jersey but it is not common. The Jersey stag beetles may be part of a small colony or they may arrive by flying in from France. Only the males have the large stag-like antlers, which like stags they use for fighting rival males during courtship. These are modified jaws and despite their ferocious appearance the beetle cannot bite you as the muscles attached to these huge jaws are too weak to move them much.

Both sexes can fly and often do so on warm summer evenings between June and August. Stag beetles do not eat during their adult life but use up the fat reserves built up when in the larval stage. Courtship involves the male circling the female with his antler-like jaws held high and wide apart. After mating the female lays her eggs in rotting tree stumps or logs. She dies shortly after - only after living a month as an adult beetle.

The eggs hatch into white larvae which feed on rotting wood. Because this supplies so little nutrition, the larval stage can last up to six years, after which the larvae pupate and emerge as adult beetles.

Stag beetles have declined rapidly in the UK over the last 40 years mainly due to habitat loss as rotting wood is essential for the larvae. Road kill and predators such as foxes,cats and magpies also take their toll. It is now a protected species.

In the Middle Ages people believed a male stag beetle could carry a live coal in its antler like jaws and set roofs alight. Recently scientists have found that they are very attracted to ginger and may be able to use this to lure beetles and larvae to aid monitoring schemes. They also discovered that the larvae in the rotting wood communicate by making a noise with their legs, and so they can detect larvae with sound detectors without having to break open the log and ruin their habitat.



**GIVE** COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



#### Jersey school children Hit the Surf with RNLI lifeguards

Last month school children from six schools in Jersey Hit the Surf with the help of the RNLI lifeguards, a programme that teaches young children how to stay safe at sea.

RNLI's Hit the Surf programme gives 7-11 year olds the opportunity to develop practical board skills in the water and learn about beach safety in a classroom environment. Each session contains information about; rip currents, the RNLI's flag system and what to do if ever in trouble at the beach. The programme is run by skilled and experienced RNLI life-guards who aim to strengthen the children's confidence in the water and gain an appreciation for beach safety.

This is the third year the programme has been brought to Jersey, but in the rest of the UK the programme has run successfully for almost a decade. The project certainly helps children's self-esteem both in and out of the water, and gives them the confidence to try new things.

#### **Blockbuster Medical Practice**

Co-operative Medical Care will relocate its St Helier surgery to new premises later this year, offering patients a welcoming, modern and convenient medical environment. Bath Street Health Centre, which will also have an adjacent Pharmacy Locale, will open in the autumn.

The practice, including De Faye's Pharmacy which is owned by Pharmacy Locale, will relocate from David Place to St Aubin House, the former Blockbuster video store which has lain empty since December 2013.

The new and larger site will include a brand new surgery with four private rooms, allowing the team to offer a greater number of appointments per day. The pharmacy team will be on hand to offer healthcare advice and private consultations in their pharmacy consultation room. The surgery will have a family friendly reception area and is across one level to provide easy access for all.

Co-operative Medical Care launched in November 2014 following the purchase of two established GP practices which operated three surgeries. Co-operative Medical Care is open to all islanders, not just members, although to receive free healthcare for under 5s, discounts for 5-18 year olds and 4% dividend, the patient, a parent or a guardian must be a member of the Society and be registered with Co-operative Medical Care. It costs £1 to become a member and new patients can join the Society at any Co-operative Medical Care surgery. A standard consultation fee is £30. As Co-operative Medical Care is owned by Society members profits are shared by members in the form of dividend.

#### Ogier Property Law charitable work – lease to Barnado's

Ogier's Property team have acted in relation to a lease of premises in St Helier to the charity Barnado's.

The building will be used to provide supported lodgings and life skills education to young people leaving the care system.

Ogier worked with local businessman and philanthropist Philip Gower in his purchase, through the Philip Gower Charitable Trust, of the premises and concluded, on a free of charge basis, a lease of the premises to Barnado's.

Mr Gower, a Jersey resident, has a history of generous acts of charitable donation in the Island including the donation to NSPCC of Town premises (formerly the Elim Church) in 2013.

Head of Property at Ogier, Advocate Jonathan Hughes, said: "Ogier prides itself on corporate responsibility and is pleased to assist, on a pro bono basis, in many transactions involving charities and other organisations where the focus is on the Jersey community and improving our Island life for all residents especially its most vulnerable members."

Ogier's Jersey Property Law team acts for buyers, sellers, developers, financiers and investors providing advice on purchases, sales and leases of commercial and residential properties in Jersey. It has worked on some of the largest and most complex commercial property transactions in the Island.

#### Do you have a favourite beach in Jersey?

#### WORDS Courtney Huisman-Farmer

Our quaint, charming, historic and cow ridden Island is known to have some of the cleanest beaches in Europe, but when you take a closer look and peer into the tide pools for just a little longer, you'll see how our ecosystems and the species that share them are adapting to live with our sometimes frivolous behaviour.

Each week, Littlefeet Environmental, a local marine conservation not for profit organisation, get together with a group of our volunteers and share an early afternoon walk at a different beach around the island. Our main objective is to remove any and all foreign objects that could pose a threat to both island residents and our sea-bound companions. Over the past year, Littlefeet Environmental have removed nearly four tonnes of marine debris from our 'prestigiously clean beaches.' We're not mad, because we actually enjoy spending time in the sunshine down on the beach, but we are going to need your help this summer!

For the past two years, we have hosted the Island Wide Beach Clean. This year, just like the rest, will be no different. Littlefeet are looking to recruit volunteers to become representatives of our organisation and station themselves at a beach they love. We'll provide you with all the necessities you'll need to host a fantastic shoreline cleanup and all you have to do is be a positive, charismatic and charming Littlefeet Environmental ambassador for the day. So, do you think you have what it takes?

If you, your friends or even your business want to get involved with the Island Wide Beach Clean and host a shoreline cleanup at a beach near you, get in touch with Project Coordinator, Courtney (courtney@littlefeet.org.uk) for more information and to register your beach.

In the meantime, get out your calendar once you've finished reading this article and pencil in Sunday 30 August and get ready for Littlefeet Environmental's 3rd annual island wide beach clean. www. littlefeet.org.uk



#### Roberts Garages Seeking Charitiable Organisations

Roberts Garages is looking to support a number of charities again this year. They are asking for local charities and worthwhile causes to get in touch to apply for a share of £20,000. Jersey based charitable organisations have until 21 September to apply for a share of these funds by writing to Ricky Davey, Finance Director / General Manager at Roberts Garages, Springfield Road, St Helier, JE2 4LE or e mailing him on ricky@ robertsgarages.com, stating how much they are looking for and explaining how these funds will be used.



#### **Beach Rugby Supports Jersey Charities**

As part of the Beach Rugby Festival at St Brelade's Bay on Saturday, three charities from Jersey benefitted from the fundraising activities at the event. They were BeachAbility, Holidays for Heroes and the Jersey Women's Refuge.

Representatives from the charities were kept busy raking pitches, selling raffle tickets and shaking buckets and were delighted at how generous the spectators were. £1366 was raised overall and the Beach Rugby organising committee kindly chipped in an additional amount so that each charity received over £600.

The prizes were very kindly donated by Aurum Jewellers Jersey, Jackson's Garage and two air tickets to Tenerife were given by the Channel Island Travel Group. The Channel Island Travel Group has chosen BeachAbility as their 2015 Charity of the Year.

#### **Sparkling Minds host Fashion Show**

Thanks to the combined efforts of Mind Jersey and Swarovski are hosting a second charity Fashion Show on Thursday 20 August, 6.30pm at the Drift Bar - Royal Yacht. Highlights from the evening will include a fashion show featuring a range of good quality evening wear from the Mind Jersey, New Street, Nearly New Shop, featuring male and female models and you'll also privy to the first showing of the new Autumn/Winter Swarovski jewellery collection. On the night there will also be an auction and items of clothing and accessories will also be available to buy on the night

Tickets are priced £30, to include drink upon arrival and a light meal, are available from Swarovski in King Street.

Thank you

#### GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY

#### Jersey's Greatest Coffee Morning

Islanders are being encouraged to take part in Jersey's Greatest Coffee Morning 2015 for Macmillan Cancer Support (Jersey). People can register to host a coffee morning on, or around, the 25 September 2015 at home, at work or in the local community. The registration page is now open at www.macmillanjersey. com/coffeemorning.

Once registered you will receive a welcome pack full of coffee event goodies to help make your event really special. Now in its fifth year Jersey's Greatest Coffee Morning has raised nearly £100,000 in total and is the charity's biggest annual fundraiser. It continues to be sponsored and supported by C5 Alliance Group.

Beth Moore, Fundraising lead at Macmillan Jersey, said: "The great thing about this event is that everyone can get involved in a way that suits them. We've had garden lunches, bridge afternoons, tennis matches and all sorts taking place in the past but most people just bake some cakes and put the kettle on."

Rob Leader, Group Managing Director, C5 Alliance, said: "We are delighted to be associated with this event as the format suits both our clients and our staff. Everyone gets involved and it is great to see the town so green on the day and so many homemade cakes at venues around the island.

Last year over 100 events took place across the island. Macmillan Jersey hopes that even more Islanders take part this year to help support those affected by cancer in Jersey.



**Family Nursing & Home Care welcomes Bailiff as patron** Jersey's Bailiff, William Bailhache, has been appointed patron of Family Nursing & Home Care (FNHC).

Mr Bailhache joins Lady McColl as patron of the charity, which is committed to providing high quality, integrated nursing and home care in the community from birth to end of life.

Speaking on his new appointment, the Bailiff said, 'I am delighted to have been invited to be a patron of Family Nursing & Home Care. It is an organisation of which my wife and I, like many Islanders, have been members for years and I am pleased to support it in this new capacity. Hopefully I will be able to add to its visibility amongst Islanders by increasing awareness of the good work it does.'

FHNC CEO Julie Gafoor added, 'As a charity, FNHC must raise £1.7 million in public donations every year to maintain the high quality and vast range of community nursing and care that we offer, so we are very grateful to Lady McColl and the Bailiff for their on going support.'



#### New home for The Docker

An Island worker has a new, permanent place for his toil outside of Jersey Museum.

The Docker (Le Travailleux D'Cauchie), a life size bronze figure by sculptor Colin Miller, is a tribute to Jersey's maritime heritage and to the time when the sea front was much closer to the Jersey Museum and Art Gallery than it is today.

The bronze Docker is a powerful expression of the maritime life, when Jersey sailors would sail as far as Nova Scotia in search of cod. With no mechanical winches in those days, it was down to the strength of the Dockers to haul in the fishing boats. The sculpted Docker wears an original Jersey seaman's sweater.

Colin Miller is a well-known English sculptor and spent childhood holidays at his grandparents' house 'Les Vaux' in Rozel. He has been sculpting since 1966, ten years of which he spent living and working in Greece. He works in bronze, marble, English stone and varying woods, particularly olive wood.

The Docker figure has been moved onto the pavement at the Jersey Museum and Art Gallery entrance. In order to prepare it for the outside elements, the sculpture was shipped off to a London foundry to have its original coir hawser (rope) copied and cast in bronze.

Jersey Heritage is grateful for the support of Dolan Hotels in resiting this sculpture.





CCA Galleries International showcases the very best of contemporary British art including paintings, limited edition prints and sculpture.

Discover works by famous established artists and printmakers including Sir Peter Blake, Sir Terry Frost, John Piper, Damien Hirst, Barbara Rae CBE RA, Bruce McLean, Dan Baldwin and Edy Ferguson as well as young emerging artist Lucy Farley.

Our exhibition space also offers a unique experience for those seeking to promote corporate events in a dynamic environment dedicated to art and culture.

### Find out more at www.ccagalleriesinternational.com



Visitor's Song' by Lucy Farley

# FUTURE EXHIBITIONS

// August 2015 Celebrating local talent with Gallery Magazine's Student Art Awards. // September 2015 Jersey inspired land & seascapes by painter and printmaker, Lucy Farley.



Royal Court Chambers | 10 Hill Street | St Helier Opening Hours: 10am to 5pm Monday - Friday & 10am to 2pm Saturday

For more details about exhibited works and future events please call 739900 or email enquiries@ccagalleriesinternational.com

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# IS BACK IN TOWN!

# After a smash first year in 2014, raising over £11,750 for Headway Jersey in just one day, the Halkett Hoedown returns on Sunday 30 August, the perfect bank holiday weekend entertainment option.

Halkett Place will be closed to traffic for the event, which runs from 1pm until 10pm, and town really will meet country with straw bales and Western themed decorations all round. Wild West fancy dress (although optional), will be the order of the day. Entry is by voluntary donation. Profits will again this year be donated to Headway Jersey.

New for 2015: they plan to run not just one, but two stages, so that the music and entertainment just keeps coming. Many firm favourites return this year and the organisers are delighted to have Frankie Davies and Rick Jones amongst the line up again. The Hoedown's very own band 'The Hoedown Superstars' will be there and Celtic Folk outfit Sula will be up on the mainstage with local blues & rockabilly legends The Blind Drivers. Also from Guernsey, Clameur de Haro and from Sark, The Recks. There's a few surprise artists coming too - so keep your eyes peeled and keep a check on their facebook page www.facebook.com/ TheHalkettHoedown

Other activities include line-dancing, western themed games, prizes for the best fancy dress (children & adult categories) and the return of the Halkett Jail. There will also be face-painting, food stalls, an outdoor bar, Jersey cider, homemade cakes, toffee apples, candy floss and much, much more. There are plans for a larger family friendly area as it proved so popular in 2014.

Look out for the Hoedown 50/50 raffle with 50% of ticket sales going to the winner and 50% going to Headway. Tickets will be on sale before the event. See the Hoedown's Facebook page for details.

So save the date and get ready for the best street party in town.... YEEE HAAAW! The Halkett Hoedown have chosen to support Headway Jersey again for 2015. The local charity with over 100 survivors of brain injury registered as members. They aim to provide free support, information and services to members, their families, friends and carers. Brain injuries occur for a wide variety of reasons including accidents, strokes, tumours and illnesses. Headway's members and their families have a wide range of unique support requirements and the demands on the charity grows year on year.

Headway also strive to increase public awareness and understanding of brain injuries through education. Their centre opens six days a week offering a range of activities exercise groups, swimming, crafts, art and music therapy that encourages neuro-rehabilitation along with groundbreaking technology and therapeutic exercises to assist their members to regain



strength, mobility and confidence. The centre hosts social activities and outings three days a week to ensure members don't become socially isolated.

Should anyone wish to volunteer at the Centre or the Hoedown event please contact Louise at: loustirling.headway@gmail.com

Photos: Fenby Misking

# EVENTS





Beauty in the Bay Salon Launch LES MIELLES GOLF AND COUNTRY CLUB TUESDAY 30TH JUNE





A bevy of beauties turned up to celebrate the launch of new salon Beauty in the Bay which is now up and running at Les Mielles Golf and Country Club in St Ouen's Bay. Talented local therapist and salon owner Kim Le Brun trained at the London School of Make-Up and Beauty. The salon specialises in the fantastic cosmeceutical skin care brand Image, Kim offers a range





of facial treatments and peels. Other treatments available are medical micro needling, massage, gel nails, eyelash extensions and much more. There is plenty of parking and with flexible opening hours the salon is a perfect getaway set in a tranquil location. For more information see www.beautyinthebayjersey.com





Livingstones Launch Event 1ST FLOOR, LA MIELLE CHAMBERS FRIDAY 3RD JULY



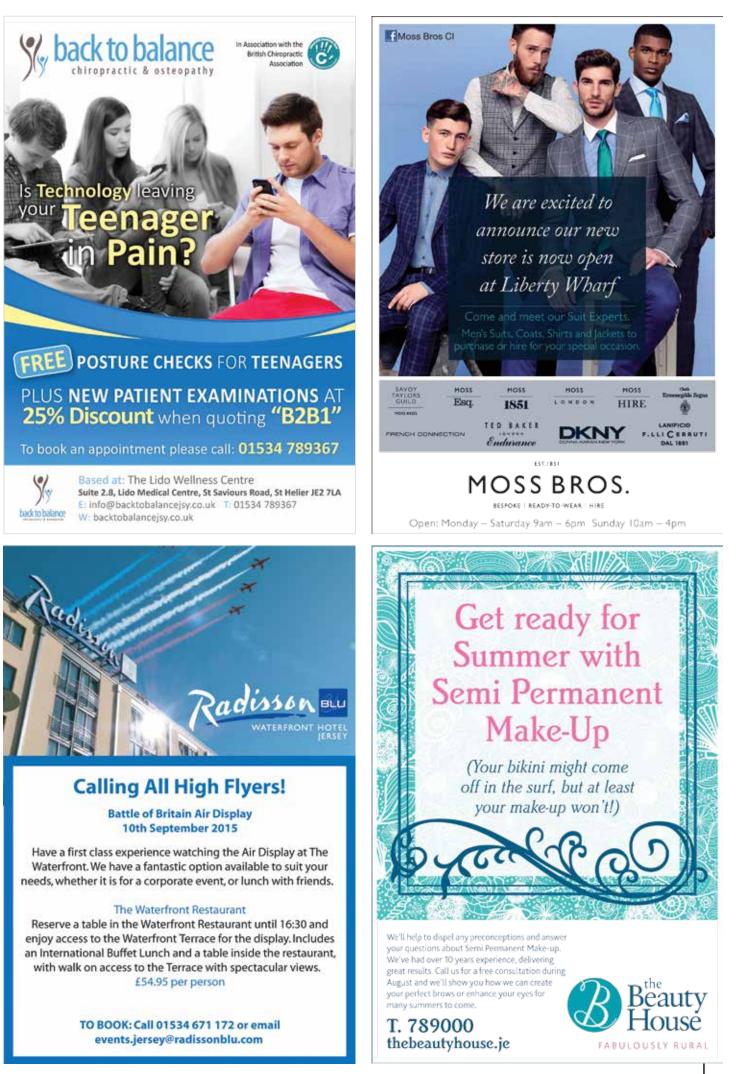


Livingstones, a new law firm, launched on 29 June and held a drinks and canapés evening on 3 July to celebrate. Advocate P Livingstone is the principal of the business. Michelle Palmer, a Jersey Solicitor, has joined him, together with a small team of support staff. Livingstones will specialise





in private client work, from criminal and civil litigation to employment law, personal injury, property transactions, and wills and probate. Since Livingstones does not rely on legal assistants, clients can be assured that they will always deal with a Jersey qualified lawyer direct.



















Gallery Student Art Awards CCA GALLERIES FRIDAY 17TH JULY







With the bar firmly raised this year when it came to the sheer quality of artwork submitted to the 2015 Gallery Student Art Awards our judging panel, including local artists Ian Rolls, Matt Falle and Jason Butler, had their work cut out choosing the best entries. Abbie O'Sullivan scooped the top spot (and a £500 prize) whilst Lizi Hill and Will Bertram's entries were







highly commended and received £250 each. All of their work is on display at CCA Galleries International on Hill Street until 15 August and includes submissions from Maria Tarrant, Sarah Finney and John Liot. Original artwork is available to purchase commission free with 20% of the value donated directly to the British Heart Foundation Jersey Branch.





# Are you Looking for a **Beautiful Career?**

We're looking for a beauty therapist with NVQ Level 2 & 3 or equivalent, plus 2 years experience and preferably trained in hot waxing techniques.

The successful candidate will receive training with Pevonia, one of the world's leading Spa brands, and will enjoy a beautiful working environment and of course work with beautiful clients!

Email CV's to: enquiries@thebeautyhouse.co.uk Or call 789000 for an informal chat.









Quilter Cheviot Race Night LES LANDES FRIDAY 26 JUNE





The Evening Meeting has long been a highlight in the Les Landes racing calendar, it's a great after-work night out with your colleagues and an even better one if you're there as a guest of sponsors Quilter Cheviot. The company have sponsored the meeting for over 10 years now, and it has always been well attended by both





corporate and public spectators. This year's QC marquee saw over 350 guests come together to enjoy not only the racing action, but also a Gatsby style band, free flowing Pimms and popcorn and some of Jersey Kitchen's 'kick-ass chilli' all within touching distance of the horse racing.





The Spice of Life SAND STREET THURSDAY 16 JULY





An exciting new restaurant for Jersey celebrated the opening of their doors last month with a party for friends, family and the team that worked tirelessly to open the restaurant doors in record time.





Recently refurbished with a mix of modern decor and influenced by eastern culture, the all new Thai restaurant is located in Sand Street. It is owner-managed, with a friendly and informal environment. They'll be offering you the chance to indulge in a selection of oriental tapas dishes which will all be cooked right in front of you.



Voting starts 3 August - 14 September

If you know an INDIVIDUAL or TEAM in CUSTOMER SERVICES that has gone the extra mile, we want to hear from you.

> Now is your chance to earn them the recognition that they deserve.



Voting at various island wide outlets (including all Post Office branches, the Co-op, Waitrose and Lloyds branches)

# BY POST:

Simply fill in a nomination form available at various places across the island. Then just drop it into one

of the nomination boxes. ONLINE: It's quick, easy and free. www.thecustomerserviceawards.com



# the customer service awards









Reasons Electronic Music & Arts Festival CORONATION PARK SATURDAY JULY 11





The sun shone upon this brand new, exciting & innovative one-day festival. The 12 hour production was spread over four stages, showcasing 30 artists to a crowd of up to three thousand people. Reasons





was a celebration of the very best of contemporary electronica, joining the dots between its influences and the art forms it impacts. We can't wait for next year!









Elian Summer Party ROYAL YACHT HOTEL SATURDAY 11 JULY





Last month Elian hosted their now renowned annual summer party for over 400 employees and friends! Parrots, tigers and elephants united their energies with a few smoothly dressed partygoers as the Royal Yacht transformed into a wild jungle for the night. A combination of





excellent music from Inside Job and Warren Le Sueur, and a series of exotic cocktails resulted in people rocking their inner Indiana Jones throughout the night! Everyone had a wild and fantastic night roaming and exploring the jungle-themed Royal Yacht!

# TRAVEL



an in the

With up to 6 flights per day, you can now arrive closer to where you need to be at a time that suits you, and allows half day trips to the city!

Arriving in the heart of London is now even more convenient





# Six of the Best Travel Rivals

WORDS Tamarin Marriott-Wilkinson

As I write this, I'm surrounded by individuals wearing nothing but shorts, hot-hued Havaianas and smiles. The sun is beating down, beer gardens are bursting at the seams and restaurants are running low on summer specialities – Jersey is blissfully Mediterranean-esque. Yet, with the mention of tropical beaches and azure waters, our minds are instantly transported to faraway lands, sultry palm-lined sands and uninterrupted coastlines. But is the predictably long-winded flight really a necessity when it comes to experiencing such travel expectations?

# JERSEY VERSUS THE BAHAMAS

### Jersey, Channel Islands

Countless beaches, a fusion of Anglo-Norman culture and some of the best seafood in the world make Jersey an ideal holiday destination. Here, seawaters sparkle with an azure blue transparency that wouldn't go a miss in the Bahamas and perfect skies glimmer without a hint of high-rise graffiti.

If it's seclusion you're after, then Plemont is your oyster. Nestled within Jurassic scenery, this sandy cove, tucked away on the north coast, gives St. Barts a run for its money! From rock pools to sea caves, this picture-perfect bay is both wild and pure.

Where to stay: If you're not already here! You're truly spoilt for choice by the vast array of fabulous hotels. Stay at the luxurious Atlantic Hotel for beautiful sunset views, Longueville Manor for country-style glamour or the Undercliff Guesthouse for character and charm. Visit www.theatlantichotel.com, www.longuevillmanor. com or www.undercliffjersey.com for rates and availability.

**Getting there:** Blue Islands fly from London City Airport up to six times per day.



Above left: Longueville Manor Above right: Cheval Blanc St Barts



Contraction of the second s

# St. Barts, The Bahamas

With its pink-tinged sands, private bays and sweeping views – St Barts is the first choice for the champagne, caviar, jet-setting connoisseur! Named 'one of the world's 20 enduring Edens' by Condé Nast Traveller Magazine it's little wonder this idyllic corner of the globe is frequently acquainted by the rich and famous. Today it's described as a sophisticated haven of relaxation, and one that has successfully preserved its many natural wonders, which include the island's highest peak (930ft), a handful of picture-perfect valleys, an array of unspoilt beaches and a variety of moreish restaurants.

Where to stay: With an abundance of hotels available, there's something to suit all. Choose the lavish Cheval Blanc St-Barth Isle de France for its lush gardens and panoramic views, Eden Rock for its rural location or Le Nikki Beach for its modcon, jet set vibe. Visit www.stbarthisledefrance.chevalblanc.com, www. edenrockhotel.com or www.nikkibeach.com for more information on rates and availability.

Getting there: Virgin Atlantic Fly direct from all major airports.



# THE IONIAN ISLANDS VERSUS CORNWALL

Kefalonia & Ithaca, Ionian Islands

Home to a sea of lush green valleys and rugged countryside, Ithaca is a hiker's paradise. From the many ruins to the stunning sea views and cobbled tracks, there's plenty to explore, including the two famous crumbling villages of 'Exogi' and 'Anogi', which sit close to the northern twin capes and offer astounding views across the archipelago. Despite housing just two harbour villages, you'll find a high concentration of tavernas – all are renowned for their local seafood dishes.

Stay at the Mod Med Resort Village at the Emelisse Hotel – an establishment with notable sea views, a delightful country feel and sophisticated rooms. Decorated in nature-style neutrals, clad with chunky teak furniture and brandishing a slight nautical edge, the décor is perfectly in tune with the surrounding sea vista.

### To book, visit www.mrandmrssmith.com/luxury-hotels/emelisse-hotel

Getting there: Fly to Kefalonia and catch a ferry to Ithaca







# Cornwall, England

For many, coastal scenery is high on the agenda when holidays come calling. Cue Cornwall – a stunning county strewn with beautiful bays and charming coves – many of which rival those of the Greek archipelagos. Our top pick? The Edge, a flawless summer's sanctuary perched on a cliff top location boasting a bird's eye view of the enviable Whitsand Bay.

Of course there's more to Cornwall than this eco-friendly, cedar-clad creation, including an array of must-visit, seaside towns. The fishing village of Looe is brimming with cobbled streets, glorious gift shops and quaint cafes, whilst Polperro is home to a natural marvel in the shape of a swimming pool carved into the rocks.

For more information or to book an idyllic few days at The Edge, visit www.uniquehomestays.com or call +44 (0) 1637 881183

**Getting there:** Condor Ferries offer crossings to Poole, from there the drive to Cornwall is just 2hrs, 30 minutes.





# THE LAKE DISTRICT VERSUS CHILE

# The Lake District

Why go abroad when a series of stunning panoramas sit just a few hours away? Brimming with beauty and an abundance of attractions, the Lake District is the UK's answer to the French Alps. In Fact, the placid waters of Lake Windermere boast some of the most desirable vistas known to man. In the market for a magical getaway, try The Osprey for style – a lavish, self-catering boathouse with its very own private mooring – guaranteed to rouse goosebumps in even the most discerning of travellers.

Of course, there's only so much lounging around in the idyllic surrounds of a bountiful boathouse one can do, which is why, come rain or shine, the Lake District is a destination just waiting to be explored. For starters, take a picnic to Whinlatter Forest Park or dine in at Langdale's National Trustowned, Sticklebarn pub. When you've had your fill, move on to the towers and turrets of the mock-gothic Wray Castle – a treelover's paradise, home to unique specimens including Gingkoa, Redwood, Weeping Lime and Wellingtonia. More of an adventurer? Try catching your own supper any one of the area's renowned fishing spots or head to the Grizedale tree top adventure park 'Go Ape', just a hop and a skip away.

**For more information** or to book a welldeserved getaway at The Osprey, visit www. homeaway.com or call +44 (0) 7866496072 "Brimming with beauty and an abundance of attractions, the Lake District is the UK's answer to the French Alps. In Fact, the placid waters of Lake Windermere boast some of the most desirable vistas known to man"

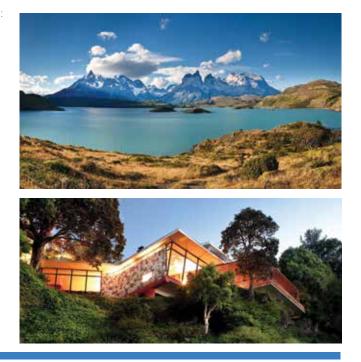
# Chile

Stretching an astounding 339km from Temuco in the north to Puerto Montt in the south, Chile boasts its very own Lake District – a region brimming with lush farmland, snow-capped volcanoes, dense forest and deep, clear lakes. Originally home to Chile's indigenous Mapuche people; it is now a hot holiday destination.

Whether you try your hand at fly fishing, swim in one of the region's many inland lakes or take to the wild rivers for a spot of kayaking, there's an activity to suit all. Those in the market to embark on a relaxing stay will welcome a day at the soothing hot springs – in fact, Chile is home to over 280 thermal springs – the perfect place to pamper yourself after a day of sightseeing.

If you're looking for a luxury getaway, stay at the Hotel Antumalal – a relaxing establishment set in over five hectares of private gardens. Nestled on the Villarrica lake edge, it is here you'll find the perfect mix of natural beauty and style. Visit www.antumalal.com for more details.

**Getting there:** Fly from London to Santiago, where you can catch a connecting flight to one of the Lake District's five airports – Osorno, Puerto Montt, Temuco or Valdivia.



# CULTURE



# ORIGINAL WORKS SHOWCASE BEDELL CREATIVE ARTS PROGRAMME SATURDAY 29TH AUGUST, 8PM JERSEY OPERA HOUSE

Following on from the hugely successful Original Works Concert in 2013, the Jersey Arts Trust's Bedell Creative Arts Programme returns with a new instalment of the project with the results being showcased at this unique event. Expect cutting edge new work that spans all artistic genres, with a combination of live music, dance, film, spoken word and moving image.

Tickets: £12 (£8 Concessions) www.jerseyoperahouse.co.uk I www.arts.je

# MY NAME IS...

	_ 10
51	
- Na	My name is VAESSA Chinhery My job is ANTIST
	When I was a kid I wanted to grow up to be a <u>Mod</u> eL
	My worst habit is <u>GOOD habits on LS</u> The celebrity that would play me in the film of my life would be <u>POPSTAV</u>
	The come that best represents the soundtrack to my life is <u>hiel</u> <u>Diamond</u>
	Sweet Caroline This is a self-portrait:
	My greatest achievement is Art My biggest inspiration is <u>kes works STACS</u> In 3 words I am <u>GerT ArTIST</u> My motto / mantra is <u>be HAPPS</u>
	My motto / mantra is <u>BC</u> If I was a superhero I would be <u>SAPER hero</u> <u>Wamah</u> I couldn't live without <u>FIRENdJ</u> The advice I would give my 12 year old self is <u>SET ON</u> <u>WITHTHINDS</u> Is honesty the best policy? <u>SES</u>
D	Succession of the second se
	taking part Making Art
	Supporting peop

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\*Terms and conditions apply.

# CULTURE NEWS



# **CHAMPIONS OF MAGIC**

Prepare for five world-class magicians to blow your minds at Jersey Opera House Friday 7 to Sunday 9 August at 8pm. Stars of ITV's Penn & Teller: Fool Us grand illusionists Young & Strange and King of Cards Michael Vincent will perform the tricks of their trade alongside BBC's Killer Magic star Ben Hart and multi-award-winning An Ha Lim. Retuning to Jersey after huge success here last year, the 2015 tour brings bigger illusions, more pyrotechnics and a finale you won't believe! **Tickets are priced between £17.50-£24.50** 



ONE NIGHT ONLY BUNDRY, DUGUST 23

# ESL ONE COLOGNE 2015: COUNTER STRIKE GLOBAL OFFENSIVE FINALS

People watching other people watching other people game. It's the latest thing to hit the big screen at Jersey Opera House. This month, on Sunday 23 August at 6pm you can watch the largest Counter Strike tournament taking place in Germany as the best Five Person Shooter (FPS) teams in the world go head to head in front of thousands of fans. Love gaming or just want to know what all the fuss is about, then bag a front row seat as YouTube sensation Soe Gschwind-Penski hosts this exclusive event. **Tickets £10-£12**.



JERSEY FILM FESTIVAL Enjoy some great films alfresco in Howard Davis Park between 8 -13 August, the final list of films is still yet to be announced, but keep an eye on their Facebook page to be sure you don't miss out. Admission to watch the films is free of charge but there is always a retiring collection for a local charity. Be sure to bring a picnic and a blanket and maybe some cushions! All films shown nightly at 8.30pm.



# ODDSOCKS: MUCH ADO ABOUT NOTHING

There is nothing better than a summer evening spent picnicking in the sunshine before settling down to watch the fabulous Oddsocks performing their latest inspired approach to one of Shakespeare's plays. This year sees the well loved theatrical crew appearing live and interactive at Coronation Park.

'Much Ado About Nothing' is a high octane musical version of Shakespeare's witty battle of the sexes, featuring well-known UK hits from the best music decades, including: 'Holiday', 'White Wedding', 'It Must Be Love', 'Things Can Only Get Better' 'Creep' and more...

Culminating in a dramatic and hilarious conclusion, 'Much Ado About Nothing' is set to raise the the roof and get everyone on their feet.

Performances starts at 8pm and run between 3 August to 12 August (although there is no performance on Sunday 9 August). Tickets for non-members £18 (£13) and for members £15.30 (£11.05) can be purchased from the Jersey Arts Centre box office. Coronation Park, Milbrook, will be open from 6.30pm for picnicking. Be sure to bring warm and waterproof clothing, as performances will go ahead whatever the weather. Please note that no refunds will be offered unless a performance is cancelled.



# THE JOHNNY CASH ROADSHOW

Johnny Cash's granddaughter reckons this show is "absolutely authentic" it's the only tribute to be officially endorsed by the legend's family and it's considered to be the UK's Number 1 celebration of his music. Fronted by award-winning singer songwriter Clive Johns, this show performed lived at Jersey Opera House for two nights only, Friday 21 and Saturday 22 August at 8pm, comes packed with all the Man In Black's greatest hits, a fabulous June Carter, a full live band and probably a Ring of Fire or two!

Tickets are priced £19.50, concessions £2 off.



# THE MAGIC OF MOTOWN

Everyone loves bopping along to all the greatest hits to come out of Motown. Fresh from the US and sell-out nights at London's 02 Arena, this show is bursting with all those massive hits, performed by seven vocalists and a live seven piece band, complete with brass section. Get your groove on with more than 35 back-to-back classics from The Jackson 5, The Supremes, The Temptations, Stevie Wonder, Marvin Gaye and many other Motown artists. Reach Out and buy your tickets for The Magic of Motown at before they all sell out! Head to the Jersey Opera House between 13 and Saturday 15 August at 8pm.

Tickets are priced £22.50-£27.50 and members can enjoy £3 off.

### DON'T BE A NO-SHOW THIS AUGUST!



### MIMIKA THEATRE'S LANDSCAPES 4TH - 6TH AUGUST

Fabulous fun for all the family with Mimika Theatre's signature white tent and new show Landscapes. Step inside for a non-verbal, magical exploration of the natural world with puppets and visual effects. TICKETS: £6 CHILDREN: £4



# THE AND FINALLY BIG BAND 6th AUGUST 8PM

A must-see for any Phil Collins fan, this is an offshoot of the critically acclaimed And Finally... Phil Collins with twenty world-class musicians recreating Big Band renditions of Phil's and Genesis' greatest hits.

TICKETS: £20, CONCESSIONS: £18



### THE PITY OF WAR 17th AUGUST, 8PM

Acclaimed actor Robert Powell reads from the works of Wilfred Owen interspersed with renowned international musicians performing classical sonata. TICKETS: £19-£22



RSC: OTHELLO UVE SCREENING 26TH AUGUST, 7PM Star Wars and Holby City actor Hugh Quarshie returns to the Royal Shakespeare Company stage to take on the title role of Shakespeare's tragedy. TICKETS: £12.50 CONCESSIONS: £11



BOX OFFICE: (01534) 511 115 www.jerseyoperahouse.co.uk

# CCA Galleries International

# Internship Exhibition

For the second year running, CCA Galleries International is proud to announce the Internship Exhibition kindly sponsored by Rathbones. The exhibition runs from Wednesday 19 to Saturday 29 August 2015 with a special Private View and award ceremony for shortlisted entrants on Tuesday 18 August 2015.

This year's exhibition is based on the theme 'Moment'. On display will be artwork from local art students in a variety of media from drawing to painting, textiles, sculpture and photography, animations and installations. Since the competition launched in 2014, the competition has diversified by adding an additional category for students in Years 10 to 12 as well as the original Year 13 group.

The winner is given the opportunity to work with and alongside the UK's foremost printmakers and publishers - exploring their potential and developing new skills before pursuing a degree or career within the creative industry. Runner-up prizes include a 'whistle-stop' tour of CCA Galleries, incorporating Coriander and Curwen Studio, London. Highly commended entrants will be invited to attend an art workshop by leading local artist, Nick Romeril at his studio later in the year.

Speaking about the opportunity, Gallery Manager, Liz Purgal says; 'This is a fantastic opportunity for us to work with and nurture incredible local talent. We hope it will give enthusiastic young artists the confidence to progress their career within the arts and connect with prominent artists and organisations within the industry. Our aim is that this initiative grows and more students apply for next year's competition!'

Head of Art and Design at Hautlieu School, Jacque Rutter is pleased to put her students forward for the scheme: 'This is such an incredible opportunity and we are so grateful to CCA and Rathbones for supporting the students work. It has given them a sense of direction and something really positive to work towards.'

Vaughan Rimeur, Director at Rathbones adds; 'We are delighted to sponsor the Student Internship with CCA Galleries International, promoting arts and culture within the community. This is a particularly exciting initiative and it is fantastic to have the opportunity to encourage some of our Islands many talented and creative youngsters - offering them the chance to meet some influential artists and assisting them to develop in their chosen field. We look forward to announcing the winner and seeing their work displayed in the Gallery.'

The Gallery is open from 10am to 5pm (Monday – Friday) and 10am to 2pm (Saturdays) at CCA Galleries International, Royal Court Chambers, 10 Hill Street, St Helier JE2 4UA.



"The winner is given the opportunity to work with and alongside the UK's foremost print-makers and publishers - exploring their potential and developing new skills before pursuing a degree or career within the creative industry."



# **Chock-full of Careers**

Here is a small selection of some of the fab jobs we are looking to fill right now. We have an abundance of varied roles with a broad range of clients. The league of extraordinary career shapers are waiting to hear from you!

# **Compliance Manager**

There is no stopping the growth with this client and they need an experienced Trust and Company Compliance Officer to join them and take on the Managers position. Have you got a solid background and want the next step up?

# Senior Trust Administrator

My client is a boutique trust company looking for 2 Administrators who want to build their career and take on the role of a Senior Administrator. If you have 3 years experience, are at least part qualified and want to develop then this could be a great role for you.

# **Marketing Officer**

I am looking for an experienced generalist marketer to take on the "second in command" role at this forward thinking business. A brilliant varied opportunity within a small team.

# **CAREER BUILDER**

**Toni Bracken** 



# **Fund Administrators**

We have lots of Fund Administration roles in various sized organisations and all offer professional training as well as steady career progression. If you have between 2-4 years experience within funds give me a call!

# **Assistant to Director**

This is a newly developed role at an award winning trust company acting as the Assistant to a Director. The right candidate will be super organised, have great attention to detail and the ability to multi task in a fast paced environment.

🐹 gemma@park.je 🛽

# **IT Support Engineer**

Our multi-jurisdictional client is looking to recruit an IT Support Engineer. The role joins a busy team providing support across all the offices, it is an excellent opportunity for someone who is looking to build a career in IT.

# School Leavers/Graduates

A global business is recruiting for bright and ambitious graduates & A level students who are looking to embark on a successful career. They offer an amazing professional training programme leading to internationally recognised gualifications.

🔀 carly@park.je

CAREER NINJA Carly James

Contract Contra

Check out our extraordinary opportunities and register at

CAREER ANGEL

Gemma Rawlings





# THE MONTHLY UPLOAD

NEXT MONTH'S THEME IS SLOW. EMAIL YOUR PHOTOS (4MB IS A GOOD SIZE) WITH THE SUBJECT 'UPLOAD' TO: UPLOAD@GALLERY.JE BEFORE THE DEADLINE OF 15TH AUGUST AND YOU'LL BE IN WITH A CHANCE OF WINNING FREE COFFEE FOR A WHOLE MONTH! DAVE@BEANAROUNDTHEWORLD.CO.UK







Nigel Grieves







Phil Gordon





quote of the month from Bean Around the World See more quotes at www.facebook.com/BATWjersey















# AND THE WINNER IS.....



'Escape to the Forest for Frozen Romance' by Abbie O'Sullivan.

t was great to see the Island's creative community come together to celebrate local art at last month's Gallery Student Art Awards private view evening, in the amazing surroundings of our partner CCA International's Hill Street gallery. This year's varied shortlisted work enabled CCA and the artists to transform the gallery, presenting photographic work, illustration, 3D, film and mixed media over two floors and varied spaces.

As the crowd milled between the floors we overheard plenty of positive comments in support of both the assembled artists' work and the initiative to support student art in this way, which was wonderfully encouraging. The 2015 awards saw twice as many entries as the 2014 awards and reducing the number down to a shortlist was a hard task for our judges, local art stalwarts Jason Butler, Matt Falle and Ian Rolls. Art is a subjective entity and witnessing the judging process only seeks to support how varied individuals' interpretations and appreciations are. Never the less, a shortlist of six and a subsequent winner and two 'highly commended' works were chosen.

As the crowd gathered round Liz Purgel of CCA International gave thanks to everyone that entered and attended before this year's prize was awarded to Abbie O'Sullivan and her 'Escape to the Forest for Frozen Romance'. The work, fusing resin with natural products including fur to create tiles of varying finish, won the judges hearts despite a strong representation across the board. The tiles, shown above and right, are hanging on the second floor over the former fireplace.

Alongside Abbie is the illustration and installation by Will Bertram that comprises illustration work, sculptures and a 'making of' video showing on a TV that Will has also tweaked in line with his style. It was the consistent attention to detail and style that left Will to receive one of the judges' 'Highly Commended' awards.

Heading upstairs to the top atrium level of the gallery you can't help but notice Elizabeth Hill's 'Still Point in a Turning World' - An installation



ABBIE O'SULLIVAN Somerset College Interior Textiles and Surface Design

60

gallery



of 3D art suspended overhead. The installation comprises 42 Möbius strips made of stainless steel. the work has been the result of Elizabeth exploring 'light, shadows, layers and reflections'. As they hang in the light it's interesting to appreciate the nature of the Möbius' single side and the way it moved when hung in this way.

THE EXHIBITION CONTINUES UNTIL THE 15TH AUGUST SO HEAD TO CCA INTERNATIONAL AND TAKE A WANDER AROUND AND LET US KNOW WHAT YOU THINK @GALLERYMAG



Great Plains



# WILL BERTRAM Highlands College

Foundation Degree in Art & Design

**gallery** 2015 STUDENT ART AWARDS IN CONJUNCTION WITH CCA GALLERIES INTERNATIONAL





Still point in a turning world



ELIZABETH HILL Highlands College Plymouth University Foundation Degree

in Art & Design

# ARTISTS

We'll be launching our 2016 Student Art Awards in September. If you'd like more information please pick up the September issue or visit **gallery.je/art** 







# The Bedell Creative Arts Programme's Original Works Showcase returns this August



The Bedell Creative Arts Programme's Original Works Showcase is now just around the corner! Nine local artists - Sam Falle, Todd MacDonald, Olivia Muscat, Jacqueline Mezec, Christian Foley, Rebecca Coley, Amber Hahn, Liz Shea and Jack Chown – will come together on Saturday 29 August at Jersey Opera House to produce a large-scale collaborative showcase.

The Programme is a year-long initiative that supports local creative artists in the development of their own craft and encourages people to collaborate with artists of different genres to produce exciting new work.

In August 2012 the first Bedell Creative Arts Programme was launched appealing for musicians to come forward and apply. Five composers (Naomi West, James Albert Lingard, Michele Horwood, Jacquie Thacker and Rubin Maric) were selected from over forty applicants by leading industry professionals, and over the course of the year developed their work in intensive sessions, collaborating with dancers, choreographers, filmmakers, other musicians and multimedia artists. The Artists showcased their collective new work at the Original Works Concert in September 2013.

The new look Programme for 2015 was launched in January when the 9 artists of multiple artistic genres were selected from over 60 applicants. Unlike the 2012 Programme, Jersey Arts Trust appealed for artists of any art form, from the very start of the project. Ultimately, this year's Programme exists to offer new opportunities to aspiring artists, of all backgrounds, with an interest in collaborating with other art genres, to broaden their experiences and make exciting new work. In April, the artists embarked upon their development week – a concentrated period of development where they worked under the guidance of international industry professionals to realise their own artistic aspirations, as well as being given the opportunity to collaborate with the other selected artists. During the week they began working together across a wide range of art forms to produce pieces that wouldn't be possible working in isolation.

Project facilitator and mentor in music and composition Alejandro Olarte said how much he was looking forward to working with the artists again in August to further develop their work: "There is now a potential creative energy before us that I am sure the artists will bring to reality in an amazing piece of artwork, as a performance and as a learning experience for us all."

From Saturday 22nd August, the group of artists will have just one week to develop their work, explore one another's craft, and develop collaborative art pieces, before revealing it at the final showcase on Saturday 29th August at Jersey Opera House. Expect cutting edge new work that spans all artistic genres, with a combination of live music, dance, film, spoken word and moving image.

Tickets for the Showcase are on sale now and available from the Jersey Opera House Box Office – www.jerseyoperahouse.co.uk. So why should you come along? Singersongwriter Sam Falle (Winterfalle) explains why the Original Works Showcase will be worth watching: "the nine of us bring wildly different creative disciplines to the party. You won't see a showcase of original work by artists from such radically different disciplines anywhere else, and it will be only for the audience on that one night to share in that experience with us. It won't disappoint."

"Unlike the 2012 Programme, Jersey Arts Trust appealed for artists of any art form, from the very start of the project. Ultimately, this year's Programme exists to offer new opportunities to aspiring artists, of all backgrounds, with an interest in collaborating with other art genres, to broaden their experiences and make exciting new work"

Get the latest information from: www.arts.je or: facebook.com/bedellcreativeartsprogramme



gallery

# **BEAUTY & WELLBEING**

# Beauty News

# Sisley's office bound summer essentials

If you're stuck in an office this summer we know how to make your time there just that tiniest bit more bearable; it's the little luxuries in life that will get you through!

# 1 Sisley Self Tanning

# Hydrating Facial Skincare

This has to be one of the best pick-meups, we know we've featured this product a few times over the years but it really is one of the best fake tans out there, the shade of bronze it gives you is just so pretty and natural. Slather this over your pasty skin to look like you spend your weekends jet setting rather than clocking overtime. Tans are such a good mood booster. Fact.

# 2 Sisley Eau Tropicale Moisturising Perfumed Body Lotion

The air-con in your office may be a lifesaver but it is drying out your skin. Keep this luxurious moisturiser to hand to pop on bare arms and legs, it will leave them flake free and with a beautiful dewy sheen, it also smells like holiday so you can day dream at your desk of tropical beaches as you keep catching whiffs of the Hibiscus and Frangipani.





# *s* Sisley Phyto Lip Twist Tinted Balm in Red Cherry

As beauty essentials go a red lipstick is the classic and that's for a very good reason. Red lipsticks have magic powers of confidence boosting and aching coolness. This is a great item to have at your desk so that you're ready for last minute drinks or dinner invites after work or if you need to ask for a raise or if you need the hunky young director to fall for you... it's so versatile.

Sisley products are available from Voisins



# Salon Expansion

Exciting times lay ahead, The Beauty House is expanding! After ten amazing years of business this fabulously rural salon is to open two new treatment rooms. You can keep up to date with the salons progress, new treatments and career opportunities by visiting their social media channels.

# The Cutting Edge in Cosmetic Tattooing

Experienced semi permanent make up technician, Sharon Coote has just completed the Nouveau Contour Advanced Colour Correction workshop in London, adding even more skills to her ten years experience in the treatment and creation of semi permanent eyebrows and eyeliner.

# Latest Skincare Technology

Pevonia has unlocked the next generation of plant stem cell technology to stimulate the reversal of the skins ageing cycle.

The NEW Pevonia<sup>®</sup> Stem Cells Phyto-Elite<sup>™</sup> skincare collection harnesses the power and effectiveness of natural ingredients, plus two stem cell sources - the historically reparative Argan Tree and European Comfrey Root. These visibly repair ageing skin and deliver numerous anti-ageing results at a rapid rate.

### Introducing YouthRenew Tinted Cream SPF30

This month sees the launch of Pevonia's Youth Renew tinted moisturiser, an ideal

way to combine your skin care, make up and SPF 30. Ask in salon for a free sample. £45 for 30ml available at The Beauty House





# NEW BRAND ALERT

Bag yourself some Bagsy

Introducing bagsy, the effortless beauty collection of multi-tasking must-haves. We are just going gaga in the Gallery office for its beautiful packaging, and their flamingo make up bag is a serious summer must have!

An edit of the best of every day beauty, British-born bagsy is a perfectly designed collection of easy-to-choose, easy-to-use, beauty essentials.

Bagsy is available exclusively from feelunique.com



# When History Keeps Repeating Itself

WORDS Cliodhna Smith Therapy Jersey

Do you often find yourself making the same poor choices over and over again? For example, it might be dysfunctional relationships, unsatisfying jobs or poor lifestyle choices. You might have vowed to make changes because these choices don't make you happy but yet you find yourself back in that familiar place time and time again. It's like you've written a 'life script' but don't know how to 'break' it, so where do you begin?

Our 'life scripts' or fixed beliefs about ourselves are usually written relatively early in life, through the messages we got from our families, friends and teachers, amongst others. Examples of life scripts might be: 'People always leave me' (so you act defensively and drive people away); I'm worthless (so you engage in behaviours that make you feel bad about yourself); 'You should always put others before yourself' (you become a martyr, while resenting others for not helping you); 'You're not able to do things for yourself' (you might find yourself in relationships with people you judge to be stronger than you, potentially leading to you being exploited).

"Identifying the script and understanding where it came from is likely to help you feel less angry at yourself, which may just lead to acceptance of yourself. This may just help you to become who you really are and not who you think you should be - a struggle most of us can relate to"

Notice that the behaviours keep the 'script' intact because we need to protect what we believe to be true, no matter how dysfunctional that might be. Just trying to change your behaviours doesn't usually work, since it's an understanding of what drives it (the 'script' or fixed belief) that is required. Identifying the script and understanding where it came from is likely to help you feel less angry at yourself, which may just lead to acceptance of yourself. This may just help you to become who you really are and not who you think you should be – a struggle most of us can relate to.

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# expert analysis... targeted results

With Dermalogica's unique **Face Mapping**<sup>®</sup> zone-by-zone skin analysis you can discover the real reason behind your skin concerns. With your very own personalised analysis and prescription, you'll discover how to treat your skin with Dermalogica products and professional skin treatments.

Come in and speak with your skin care professional and have your free Face Mapping<sup>50</sup> skin analysis.

Available from:

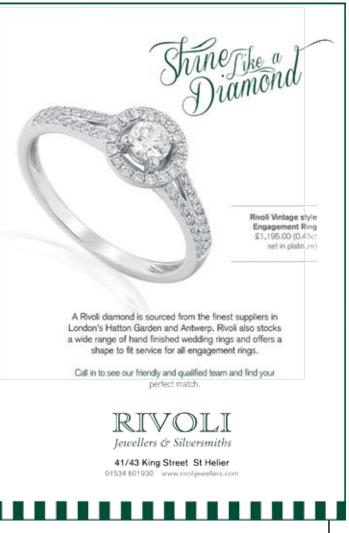












# **BEAUTY** RIVALS: Nudes vs. Brights

It's a big decision as to whether you go out looking natural and sweet or choose to rock a fab bright look. The summer and holidays are a great time to experiment with colour. You do need to muster up a certain amount of courage to pull off a lilac lip or vivid blue eye liner, but we've never regretted playing with bright colours, they can make your eyes pop and the attention that a bright lipstick draws to your mouth is only a good thing! But then, good old faithful nudes are perfect for understated prettiness... Ohhhhh decisions, decisions...

# NUDES

# Youngblood Cosmetics Lipstick in colour **Barely Nude**

Available from The Beauty House Create beautifully, natural lips with Youngblood's luxurious Lipstick in Barely Nude. This thirst-quenching, lanolin-free formula contains a lavish blend of natural oils and vitamins - guaranteed to create a rich, velvety colour, with fantastic staying power.







M.A.C Matte Lipstick in colour Men Love Mystery Exclusively from Voisins This creamy, vibrant formula glides smoothly onto the lips creating an instant pop of girly colour - a must for festival season.

# Origins **KissZing thick lipstick pen** in colour 02 Peach Peck

Have more fun 'KissZing' with Origins perfectly peachy lipstick pen - an easy-touse, lip crayon that glides on effortlessly to create a nourished, lush-looking pout.

# Available from Voisins



### Sislev Phyto eye twist waterproof longlasting eyeshadow in colour 5 Lagoon

Exclusively from Voisins This deeply magnetic colour promises to outline, transform and beautify eyes, making them pop - all in a single stroke! Perfect for swimming and beach days as it really does stay put.

# **BareMinerals** Pop of Passion Lip Oil Balm in colour Passion Peach Available from feelunique at Au Caprice A decadent, oil-rich lip balm that

promises to hydrate, soothe and brighten the lips, delivering colour that looks as good as it feels!



### Bagsy Wow Lips Full Colour Chubby Stick in colour Killer Heels Exclusively from feelunique.com

Create wow-worthy lips with this highimpact, coloured chubby stick from Bagsy - for a moisturised, creamy finish that adds the perfect finish to any outfit!

### M.A.C Mineralize eye shadow quad in colour Pure Bred Exclusively from Voisins

This powder formula boasts ultralightweight coverage, making it a summer beauty bag must-have! For baked colour that lasts as long as you do!



M.A.C Vamplify Lip gloss in colour What's Going On? Exclusively from Voisins

Gloss is back once again for summer 2015 and what better way to support this trend than to 'vamp' up your lips with this super pigmented, hi-shine shade - brought to us from the M.A.C make up gurus!



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# PAUL MITCHELL dermalogica

SOME ARE BORN WITH GREAT HAIR, SOME ACHIEVE IT, OTHERS JUST KNOW A GREAT HAIRDRESSER





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BEAUTY SHOPPING HAIRDRESSING

# Is Smiling Your Untapped Super Power?

It's no scientific breakthrough to say that smiling feels good and we're drawn to smiley people, but there's more to smiling than you might realise. With links to longer life expectancy, wellbeing and marriage longevity, smiling really could be the secret super power you never realised you had! What if you are too self-conscious to smile though? The Cosmetic Dental Group (CDG) investigate.

# The Feel Good Factor

It was Charles Darwin who first hypothesised that smiling is one of the only truly universal communication tools. From tribesman in Papua New Guinea to our very own islanders, when we see someone smile we understand the feelings conveyed (Don Gutman, TED2011).

The team at CDG believe the key part of their job is helping you achieve your happiest, most confident smile. The science behind this aim is clear; '[Y] our smile is the gatekeeper to how [you] are feeling about...life' according to the National Smile Month website, and if you feel unable to express your true happiness through fear of showing a smile you are ashamed of, people may find you unapproachable.

# Formula for a Longer Life

A US University study in 2010 examined professional Baseball player trading cards, specifically the player's smile span which they discovered was an indicator of their life expectancy. Those with the shortest had a life expectancy of 72.9 years, the longest at almost 80 years (Don Gutman, TED2011).

That's not to mention that smiling can also make you more attractive to others. Another US university study concluded that when you smile you not only appear 'more likeable' and 'courteous' but 'more competent' too (Don Gutman, TED2011).

### Your Best Smile

Now that you know the science behind your smile, what can you do if you feel unhappy with your smile's appearance? Scheduling a dental appointment is the first step on the road to experiencing the true benefits your smile can bring. CDG dedicate time to discussing your concerns, how you would like to look and then propose a treatment pathway to achieve this. From subtle tooth contouring to close unsightly gaps, whitening to brighten the shade or full smile makeovers, Jeremy, Jon and Jonathan are sympathetic to your bespoke needs. As full members of the British Academy of Cosmetic Dentistry the team are able to use their wealth of skills to help you achieve a smile that you'll be sure to love and illustrate how attractive, competent and healthy you are! Now that's definitely something to smile about.

If you would like tofind out more about how to build your smile confidence, schedule an appointment at CDG on 731680 or email info@jerseysmiles.co.uk for a free call back.

### **References:**

Ron Gutman: 'The Hidden Power of Smiling' March 2011, TED2011, Long Beach, California National Smile Month website 2015

"That's not to mention that smiling can also make you more attractive to others. Another US university study concluded that when you smile you not only appear 'more likeable' and 'courteous' but 'more competent' too" FASHION

# BRAND NEWS



The leading formal menswear specialist which hires and sells men's suits, shirts, coats, jackets, ties, shoes and accessories opened at Liberty Wharf last month. Moss Bros has a strong heritage and expertise in formal menswear. They stock some of the most fashion forward brands including DKNY, Ted Baker and French Connection, along with Moss Bros's own house brands.

The new Moss Bros will enable wedding and party-goers wishing to hire Moss Bros products for a Jersey event to order in the UK and pick up the items in Jersey. Similarly, for guests attending events in UK, customers can be fitted for Moss Hire orders in Jersey and collect at stores closer to the event in mainland UK.

Moss Bros, Liberty Wharf, Tel 747330

# SCOTCH & SODA

The stylish Dutch brand Scotch & Soda have a new line of denim wear under the name Amsterdams Blauw (or Amsterdam Blue). This is a young denim project that draws inspiration from American and Japanese denim aesthetics. Their jeans are being raved about for their amazing fit, so next time you're passing Manna pop in and try some on, your quest for the perfect pair of jeans may well be over!

Also the new season of the Scotch & Soda Women's line, Maison Scotch, has arrived in store at Manna. Just look at these amazing campaign images, don't you want to be that girl? Maison Scotch is so effortlessly cool, we just love every single piece!

Maison Scotch and Amsterdams Blauw by Scotch & Soda are available from Manna in West Centre.





# LIFE, LOVE, LIBERTY

Mamas & Papas have teamed up with Liberty London to create a stunning collection of children's fashion, interiors and strollers with matching accessories in five different Liberty prints.

The exclusive range from two great British brands combines the forward thinking trend-led style of Mamas & Papas with the British heritage of Liberty. The range offers luxury features, such as printed chest pads and leather handles, as well as delicate detailing and distinctive printed linings. Furthermore, everything in the range - from the strollers to the cushion, toys and even a vintage style rocking horse - proudly bears a Liberty logo.

The collection launches on 7th September, 2015 and will be available from Ashworth & Bird



# WELL HELLO THERE PRETTY THING! Pebble started stocking the cool Dutch jewellery brand Anna + Nina about a month ago and it's going down a storm. The

+ Nina about a month ago and it's going down a storm. The beautiful and unique sterling silver range make pretty presents for you or a friend! Their in store collection is growing all the time with new designs being added regularly. Look out for the sweet "I love you to the moon and back" message printed on some of their pieces.

The pictured open star earring and gold coin necklace are currently in stock. Earrings start from £25 and necklaces from £34.



# TREND NEWS



# STUNNING NEW KING STREET STORE FOR JERSEY PEARL

We were so happy to see a brand new shiny Jersey Pearl store open on King Street and even more delighted when we stepped inside and got to marvel at the beauty of it! The store incorporates hand crafted, bespoke cabinetry designed in collaboration with AMD Interior Architecture who have previously designed stores for Aquascutum, Oliver Bonas, Pret A Manger and Jigsaw. It is the most beautiful shopping space and showcases their stunning collections perfectly.

This new concept store has opened in Jersey Pearl's 30th year - which is serendipitous as 30th anniversaries are traditionally celebrated with the gift of a pearl.

Since 1985 Jersey Pearl has worked with talented jewellery designers to create and curate a unique collection of pearl jewellery, using pearls from around the world. Mike Taylor, Director of Jersey Pearl said "we believe it's time that Jersey Pearl's presence in St Helier reflects the quality that the brand is famous for".

This concept store is the next step in the ongoing development for the Jersey Pearl Brand. They've achieved the incredible accolade of being voted UK Jewellery Brand of the Year by the British jewellery industry, and their products are sold through more than 250 stores internationally, including ones on Oxford Street and at Canary Wharf. So make sure you pop in to see the beautiful new store when you're next passing.

### THE FASHION COLOUR OF THE MOMENT IS [DRUMROLL PLEASE] ... MUSTARD!

This much neglected colour is set to brighten up our wardrobes as the longer nights draw in for Autumn. Yellowey-mustard does not get the credit it deserves; it's the most versatile colour and mixes with all palettes from neutrals and greys to black, browns and reds. A statement cardi or jumper is a good way to delve into the trend. Plus mustard is a perfect way to give a nod to the 70s revival that's been infiltrating the catwalks this year. *Pictured jumper and slouchy* cardigan are available from Pebble





NEW BRAND ALERT! What do you get when you combine minimalist Danish design, zen philosophy and watches, the answer is OBAKU. Designed in Denmark by a team whose attention to detail has left nothing to coincidence; the simpler the design, the greater the demand for perfection. Tiny details, such as the size and shape of the crown, the hands, the index on the dial or the colour of the backside of the strap are just a few examples of what has to be taken into consideration and worked into perfection. OBAKU watches are now available in Rivoli Jewellers.



# ADORE AUBADE

We are very please to announce that luxury french lingerie brand Aubade is now available at Plums on Colomberie.

Aubade specialises in elegant embroidery, modern prints and stunning dramatic colour combinations.



### WE'RE LOVING... KALEIDOSCOPIC COLOURS

The Summer Collections at Swarovski have now landed in store and are setting everyone's heart a flutter. The new colours in the Stardust bracelets and the bright colours in the opulent Cardinal collection will energize any summer outfit. Wear it with lots of denim and this must have mix of vintage and modern will ensure you are right on trend.

Featured: Swarovski Cardinal Ring, £104.95

## MANNA 7 WEST CENTRE 619985

NEW COLLECTIONS IN STORE NOW

## Style**Stalker**

#### WORDS Lauren Burnett PHOTOGRAPHS Harley Brennan

This month our Style Stalker feature was taken over by Luella Rockerfella's Lauren Burnett. She headed to Reasons Festival of Electronic Music and Art to snap the looks of the fashionable festival-goers.

Her intern Harley Brennan was behind the camera and local photographer Daisy Barnard was on hand to help Lauren edit down her 400 images to the selection you see on these pages. Lauren asked all of those she stalked "what was your fashion inspiration today?"



#### Tessie Hartmann, 18 I like a mix between Olivia Palermo's style and Alice Dellal look.

Tessie brings high fashion to Reasons festival. From Tessie's mini Celine tote bag a celebrity BOM (Bag of the Moment). To her accessories, a classic diamond Chanel necklace. Jessie mixes this look with a classic breton striped shift dress and Adidas originals superstar classics in white, to mix in the retro with high fashion.



#### Jo Horsnell, 44

I like to dress age appropriate but still have fun and express myself and it is important to stay comfortable.

Jo bought her playsuit from my online store Luella Rockerfella. This floral drawstring playsuit which enhances Jo's slim waistline was inspired by a playsuit previously worn by Rihanna. The floral colour and pattern really enhances Jo's glowing complexion.



#### Anthea Michael, 26

Today I was inspired by the peacock philosophy, you know attracting people by wearing bright colours, it's fun and wild so obviously a reflection of myself.

Anthea nailed festival style in this one piece. The aztec tribal print pattern playsuit is daring and gets the full fashion thumbs up. This piece speaks for itself. Anthea herself describes it to friends as "her promiscuous tribal wetsuit". Its colourful, wild, expressive and the cut out detail on the chest adds extra allure.



#### Victoria Pirozzolo, 27

I like to do my own thing I don't look to anybody in particular, I love clothes and my dream job would be to style people so I spend a lot of time generally just looking at different types of clothes and trends and putting outfits together.

Victoria's look is casual urban indie. She wears harem chained and belted trousers with white crop top and long slouched grey cardigan. Victoria's accessories really make this whole outfit. The 90s inspired choker and cuff chained ear piece in silver which are two of the big festival fashion accessories this season, topped off with a black fedora and silver sandals.



#### Evangeline Yates, 19

It really does depend on what music I'm listening to when I start my day. Which varies depending on what mood I'm in when I wake up.

Evangeline had a very natural and breezy look tying it together with key summer festival pieces. The vintage silk style oversized shirt is making a massive comeback on the festival scene a retro alternative to a kimono. This look goes back to Biggie and Puff Daddy in the 90s. Also the backward 90s orange baseball cape, chunky sandals, crop top and

slouch bag. Evangeline knows how to dress and style perfectly and effortlessly.



#### Rowan Harrington, DJ - Second City, 28 I like long tee, Jordans and old school basketball inspired fashion.

Rowan's simple yet slick outfit entailed of a long black round neck t-shirt which was longer at the back for extra edge, teamed with black slim fit jeans and Nike Air Jordan sneaks topped off with a silver pendant, watch and Tom Ford shades.



#### Faye Wilson, 26 I take my fashion inspiration from vintage shops and charity shops and add my own style into it!

Faye's look is very current in youth culture. Faye wears a vintage style Adidas originals t-shirt paired with vintage Adidas track shorts with white Reebok classic high top trainers which is trending in the genre 90's urban street. Faye finishes her look with a timeless Harrington jacket, backward leather baseball cap and rounded framed sunglasses.



Dan Sharpe, 32 I try to dress in neutral colours and express myself with how I feel on the day.

Dan is a cool character from his drainpipe dark Nudie denim jeans, to his ever trending male staple "The long baggy Tee" to his vintage look leather jacket. Dan's look is simple yet effective with a hint of modern Blues Brothers. This look is strong and can transcend from day to night. Dan would describe his look as mono-cool.



#### Charlotte Drain, 25

#### Today I was driven by a bargain. This dress was in the sale at Monsoon and loved the style, colour and fit. I dressed around the dress.

I would describe Charlotte's look as a 60's inspired outfit with a hint of boho. The print reminds me of the print that our vintage style brand Motel would use. The deep blue and turquoise complement Charlotte's skin tone. Topped off with the floppy felt fedora hat in black matching the subtle tones of black in the dress, boots and glasses pulling the outfit together perfectly.



#### **The Pharcyde,** 40's We like Vintage Hip Hop Urban Style

These guys exude cool. They certainly did emulate 90s hip hop. The Pharcyde first broke onto the music scene in 1989 amongst the likes of Salt and Pepper. Their style is fresh urban. Wearing vintage Adidas and high top Nike sneaks, flat peaked caps and accessories such as round flying goggle framed sunglasses to a sharp denim shirt fully buttoned paired with subtle beige aztec print.



#### Martine Le Boustouller, 24

#### I draw my fashion inspiration mostly from the 60s era. I like the relaxed 60s look. So I shop mainly vintage or vintage style.

Martine reminded me of the character Penny Lane in the movie Almost Famous or an extra in the Jimi Hendrix experience. She really embraced the 60s look with low waisted tie dye flared trousers, suede tasseled long waist coat, silver bra top to complement the silver jewellery accessories including an amazing silver chunky belly chain, chunky gold neck choker and a gold bindi. Perfect Woodstock look!

75

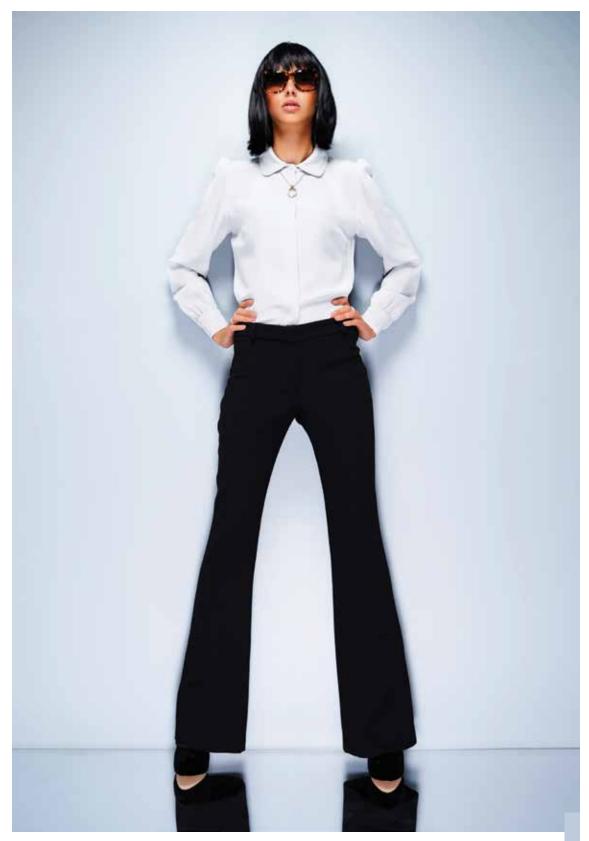
# A bluer shade of pale

Photography & styling Danny Evans Model Toni

Dress by Marc Cain **£185** from Marc Cain Jumper by Marc Cain **£165** from Marc Cain Sunglasses from Shades of Time Shoes by Nine West **£95** from Voisins



Jacket by Boss **£273** from A&B in Voisins Shorts by Boss **£136** from A&B in Voisins Hat by Marc Cain **£35** from Marc Cain Sunglasses from Shades of Time Shoes by Nine West **£95** from Voisins



Shirt by Goat **£279** from Renaissance Trousers by Goat **£365** from Renaissance Sunglasses from Shades of Time Shoes by Nine West **£95** from Voisins Swarovski Circlet Pendant **£87** from Swarovski



Dress by Boss **£163** from A&B in Voisins Sunglasses from Shades of Time Shoes by Miss KG **£65** from Voisins Swarovski Circlet Necklace **£175** from Swarovski Swarovski Stardust Deluxe, available in silver, gold and rose gold **£70** from Swarovski Rings, models own



Black shirt by Maison Scotch £75 from Manna Trousers by Custom Made £122 from Manna Sunglasses from Shades of time Shoes by Nine West £95 from Voisins Swarovski Citrus Necklace £217.95 from Swarovski







# APPETITE

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#### **WORDS** Freya Richardson

A crunch of salt and a crack of black pepper- Yin and Yang of the seasoning world. But are they as much of a pair as your knife and fork or are they rivals competing for attention? Well they do say opposites attract.

As well as added to cooking, the pair are placed in separate, traditional or trendily shaped shakers, centre of the dining table, ready for you to season your supper to your own personal taste. The blind association advise pepper should be placed on the left hand side of the salt and in polite society these should always be passed round together, and cleared alongside the main course.

Historically both have been a high value commodity - destroying Kingdoms, monopolising Governments and enriching Monarchies. Large | u taxation on valuable goods led to countless smugglers being hanged for importation - a high price to pay for our kitchen staples.

At one point you could pay rent in salt, and the Romans were given it as part payment of their wages - leading to todays word 'salary'. It was the Egyptians discovery that salt draws out water that lead to the ground-breaking process of preserving meat and fish. This

discovery arguably changed the course of history for the sale and transportation of food throughout the world. But back in the day, this type of preservation wasn't restricted to food: Mummies were covered in salt too. In fact, when mummies were shipped down the Nile as cargo, they were taxed in the "salted meat" bracket. Pepper was an equally valuable commodity, native to South East Asia. Popular for both its taste and medical value, it was a luxury item afforded only by the super-rich to liven up meals. Like salt it was used in lieu of money and demanded for ransom - no wonder it was nicknamed "black gold". Food without seasoning is as bland as a grey day, mainly true for European cuisine. The French consider pepper the only spice that doesn't mask flavour but rather enhances it. I use pepper without thinking many times a day and yet there are so many facts I didn't know about it. Dried black peppercorns last forever without losing flavour. Pepper is actually a fruit grown on a flowering plant whose woody vines can grow up to four meters in height - I wonder if it could pass as one of our five-a-day?

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> NaCl, sodium chloride, or to us: salt, is a mineral and like pepper lasts forever. Found in the deep dark water surrounding our island- salt has had bad press in the past few years but recently health experts are having to eat their words as it is not as bad for us as originally thought (in small doses). Unlike sugar, salt is needed by the body to survive. For this reason the body craves salt, but it is also useful in cooking to adapt flavours as it decreases bitterness and increases sweetness. It is used to help raise cakes, frost a margarita glass, as a preservative and a disinfectant, even for tanning leather. And I bet you didn't know

adding salt to the water when boiling eggs makes them easier to peel.

It is the difference between taste and flavour that make salt and pepper a gold medal winning combination and not a rival pair. Salt is one of four main elements that our taste buds can pick up (along with sweet, sour, and bitter). But flavour is a bundle of different sensations and pepper, along with other spices, are partly smelled to create it.

> Herbs, spices, sugar or citrus fruits all come under the seasoning umbrella. Salt and pepper manufactures are taking this into consideration, creating a runway to launch our food to new heights of flavour. Not as simple as black and white, gourmet flavours and colours range from: Tellicherry black Pepper, Muntok White Pepper and Kerala Green Pepper, to Hawaiian Salt Hot Black Lava, Ravida Fennel Pollen Salt and Amabito No Moshio. All available online at: www.salthouseonline.com

This 'cracking' Scottish company which has combined the specialised 'Salthouse' and 'Pepper Mongers' collections, has over 140 years experience and is offering us the full salt and pepper monty. The names may flummox the most knowledgeable of food experts but I assure you they are a necessity to both the amateur and experienced kitchen.



### FREYA'S **Recipe**

I like to use different combinations to season meat and fish for the barbeque; or try this traditionally Scottish, easy to make oatcake recipe - a healthy snack and great with cheese.

#### Salt and Pepper Oatcakes

Serves 12

#### Ingredients:

Porridge oats, 200g Olive oil, 50ml Boiling water, 3tbsp Salt and pepper (as adventurous as you like)

#### Method:

Preheat the oven to gas mark 4/180°C/ (160°C fan). Put half of the oats into a food processor, pulse until it resembles flour

Mix the flour with the remaining oats, pepper and oil.

Add water a tablespoon at a time, enough to make the dough just stick together.

Roll the mixture onto an oiled surface to roughly 0.5 cm thick, use a cookie cutter to press out the oatcakes and place onto a greased baking tray.

Sprinkle the oatcakes with salt and bake for 15 minutes or until golden.

Remember if you spill any salt, throw it over your left shoulder to blind the devil waiting behind you and avoid bad luck.

## TOP 10 HOTTEST DRINKS OF SUMMER 2015

The only umbrella we want to open this summer is the one in our cocktail glass, so here I present to you...

#### Pimms No.1 Cup

It's number one for a reason. At Wimbledon alone we knock back 200,000 glasses over the fortnight. The go-to traditional drink of British Summer Time is not complete without the precise addition of strawberry, mint, orange, apple, cucumber and lots of ice.

#### G&T

Raise a toast to another great British legacy; unbeatable king of cool gives a botanical taste explosion as soon as it passes your lips. Tailor to your own specification by checking out our website for the lowdown from glass to garnish.

#### **Aperol Spritz**

Its orange colour perfectly complements a sky-blue cloudless backdrop. With a similar flavour to Pimms and a low alcohol content it is the perfect hipster aperitif to sail you into a warm summers evening.

#### Campari

Dust off the forgotten bottle knocking around the back of your drinks cabinet; Negroni is this summer's trendy cocktail. Mix with gin and vermouth or serve straight. This Italian liqueur is great for those who prefer something not so sweet.

#### **Flavored Cider**

Once a mystery lost between 'Coxes' and 'Pink Lady', the ever-growing array of fruity flavours that lend themselves best to day drinking are now not an unusual choice. In fact so popular the industry reported grew 80% in 2012 and has increased every year since. I predict this summer is going to be no different.

#### Shandy

No need to choose between lemonade or beer, mix half and half. And because you are only drinking half the beer you can drink double the amount-winner. Used up all the lemonade with Pimms? No worries, ginger beer or fruit juice give a welcomed twist to keep your taste buds on their toes.

#### Mojito

Supercalifragilisticexpialidocious. The only way to describe the best of the best of refreshing cocktails - made by crushing rum with mint, lime, brown sugar, soda water and ice. If you are feeling experimental try adding berries to the mix or if you are feeling particularly flush swap the soda water for champagne.

#### Sangria

Captivate the taste of Spain by mixing red wine, chopped fresh oranges and a splash of brandy to keep Grandma happy. As well as washing down Paella perfectly, the flavours combine to make a summery version of Christmas Mulled Wine to make sunny days shine brighter.

#### Rosé

No barbecue would be complete without a juicy bottle of nearly invisible pale pink wine. Make sure the bottle is ice-cold before serving, adding ice cubes may help to quench your thirst but it will not do you any flavors if you are chasing an invite to the next Royal Wedding.

#### Virgin

Those who choose not to drink don't need to feel left out. Elderflower cordial and sparking water with some mint and frozen raspberries is magical and great for children too.

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### Health Know How

We met up with the team at Randalls to find out more about how you can easily improve your diet this summer.



#### Alberto Mila

#### Head Chef, The Admira

Onions are thought to have been used for millennia, traces of onions remains date back to 500bc. They are great source of vit C, vit B6, folate, potassium, magnesium and a good source of dietary fibre. At the same time they are low in saturated fat, cholesterol and sodium. They are used around the world, usually cooked but they can also be eaten raw or used to make pickles or chutneys. Onion and blue cheese soup is an easy but delicious soup. Simply slice some onions and cook slowly in butter until soft and translucent, cover with stock and boil. Blend whilst hot adding a little cheese and cream at each stage.

#### Olga Jakovleva

#### Head Chef, The Lovin Spoonful

The carrot gets its colour from  $\beta$ -carotene,  $\alpha$ -carotene,  $\gamma$ -carotene, lutein andzeaxanthin. Carrots are also a good source of vitamin K and vitamin B6. Carrots have a wide range of uses from simple delicious salads, mash, soup or my favourite which is in a carrot cake!

#### **Carlos Silva**

#### Manager, Bacchus Bar

Although watermelon is around 92% water it holds plenty of vitamin A, B6 and C, lots of Lycopene as well as antioxidants, amino acids and potassium. Lycopene is linked to heart health, bone health and prostate cancer prevention. Try slicing and crumbling feta cheese over with a glug of good olive oil and a twist of black pepper for a delicious refreshing salad.

#### **Halil Metushev**

#### Head Chef, The Priory

Broccoli is one of the most nutritious vegetables which contains vitamins A and K, folate, calcium and iron. Broccoli has a strong positive impact on our body's detoxification system and helps for high blood pressure. One tip when preparing is to never waste the stem as it is perfectly fine to eat either steamed or sliced through a stir fry.

#### Peter Brewer

#### Group Executive Chei

Tomatoes are widely known for their outstanding antioxidant content and also have heart protecting benefits as well as being good for bone health. A great source of vitamin A, C and E and beta-carotene; a good amount of the mineral manganese puts the humble tomato close to one of the healthiest food on our planet. Recipe idea: puree some tomatoes with garlic, lemon, sugar, vinegar and herbs. Pour through a fine sieve to produce the most delicious tomato water.

#### Antonio Martins

#### Sous Chef, The Tenby

Fresh coconut helps prevent obesity by speeding up metabolism, improves heart health, is high in dietary fibre and is a quick energy boost. Coconut helps to aid and support overall immune system functions. For a quick 'Latin American' Cocada, bind desiccated coconut with condensed milk and a little honey or sugar, press into a baking tray and bake until golden brown.

#### **Tony Nyatta**

#### Head Chef, Chambers

Leeks, also known as poor man's asparagus belong to the onion and garlic family. They are packed with vitamins, folic acid and minerals like calcium magnesium and iron. Eaten raw when young and tender in salads or cooked in casseroles or soups, they help in the elimination of uric acid from the blood hence preventing gout, arthritis or kidney disorders! A classic creamed leek and potato soup is one of many ways to enjoy them. Cook your potatoes in a chicken broth until tender then sweat off some sliced leeks in butter, use the inner tender part and in-corporate the potatoes once mushy. You can have it chunky as it is, just add a dollop of cream or blend everything down to a creamy consistency. Serve hot, you'll leek it!



#### **Steven Tatlock**

#### Head Chef, Les Fontaines

Red cabbage is a very robust vegetable high in vitamin K and C. It's also a good provider of dietary fibre. Red cabbage is versatile enough to accompany any dish; meat, fish or just salad, it adds great colour and flavour to any dish. I enjoy it braised with apple and onions and served with wild boar or pheasant.

#### **Marcin Kozak**

#### Head Chef, The Sir George

Cabbage provides fibre, vitamins A, C, K and B6, folate, potassium, manganese, thiamin, calcium, iron and magnesium. Cabbage that is heavy for its size with leaves that are unblemished and have a bright, fresh look are signs of desirable quality. Savoy cabbage can be used in a variety of recipes. It pairs well with red wine, apples, spices, horseradish and meat. It can be used for roulades, in stews and soups, as well as being roasted plain and drizzled with olive oil.

#### **Chris Pendle**

#### Head Chef, The Goose

Mango, the super fruit? Use it whilst it's green combined with chilli, coconut, palm sugar and lime juice or just ripe and blow torched with icing sugar - the mango is always an absolute treat. Containing a huge amount of vitamins (C, A, B6 plus other B vitamins) it is believed to protect you from all sorts of diseases such, high cholesterol and it's often used as a skin cleanser! No matter if this is all true, I just think it's really yummy and we should use it more often.

#### **Michael Patton**

#### Group Relief Chef, Formerly Adelphi Head Chet

The turnip root is high in vitamin C. The less commonly eaten shoots of the plant, sold as turnip greens are also a good source of vitamin A, vitamin K and Calcium. In the north of England, Scotland and Ireland the word turnip or "neeps" actually refers to swedes, and vice-versa, so at the risk of offending any Scottish readers, their national dish of haggis, neeps and tatties is actually made of swede and not turnip.

#### **BECAUSE QUALITY MATTERS**

#### Jason Broadley

#### Head Chef, The Adelphi (Formerly The Portelet)

Celeriac is a great tasty vegetable full of carbs and vitamins. Great for soups, stewing casseroles, as mash or purees. Wash the whole thing, (I like to keeping the trimmings for a stock or soup), slice in 1 cm disks add breadcrumb and fry gently this will make a great vegetarian schnitzel. Or top with melted cheese put in a roll for a delicious veggie burger, enjoy.

#### Steven Paris

#### Head Chef, SO Bai

The bottle gourd or calabash, is also know as long melon. It's a vine grown fruit. The gourd was one of the first cultivated plants in the world. Grown not primarily for food but for use as a water container and even a musical instrument. Eat it unripe in savoury dishes and over ripe in sweet. This musical fruit is great in curries, stir-fries and soups.

#### Martyn Harvey

#### Head Chef, Blusi

The impressive health benefits of squash are derived from the organic compounds, nutrients, vitamins, and minerals that they contain. This list includes a huge amount of vitamin A, as well as significant amounts of vitamins C, E, B6, niacin, thiamine, pantothenic acid, and folate. In terms of minerals, squash contains magnesium, potassium, manganese, copper, phosphorous, calcium, and iron. They are also a very good source of carotenoids and other important anti-inflammatory and antioxidant compounds. Recipe idea: Roast seasoned cubes of butternut squash until golden, mix with some crushed feta cheese, halved cherry tomatoes, baby red chard and fried sage leaves, dress with a squeeze of lemon juice, drizzle of olive oil and a few turns of black pepper for a hearty, fresh salad.

# Genuine Articles

Paul Hurley Head Brewer Liberation Ale

The Liberation Brewery in various guises has been a part of island life for over 140 years (situated on the Ann Street site) and since moving to a purpose built production unit at Longueville, and becoming part of the Liberation Group some seven years ago, has gone from strength to strength.

In recent years we have won innumerable Industry medals for its products most notably for its flagship product Liberation Ale which has twice picked up the Blue Riband Gold medal at the "Brewing Oscars" – the International Awards - in recent competitions. Not to be outdone the company's Liberation IPA has picked up a Gold in bottle at the same awards and as if to show its versatility followed up with the Gold medal at recent Small Independent Brewery Association awards in the Premium Bitter Cask section.

Medals for " new kid on the block" Liberation Blonde and for revamped Mary Ann Best Bitter have left me in raptures. We have a healthy, friendly rivalry with all our competitors and fellow Brewers but it is recognised Industry wide that we punch well above our weight in global award success. The underlying reason for this is undoubtedly the dedication, commitment and enthusiasm of the team of six people who work with me. With over 170 years experience between us all it is their efforts that produce such wonderful beers and mean we are so well known in the Brewing world.

Not we at the Brewery are resting on our laurels. A beer for the NatWest Island Games was recently produced and sold out in record time. Thoughts are already turning to what might be produced for the Rugby World Cup and the team are always experimenting and innovating, looking to add yet another Genuine Jersey product to our expanding range of top quality ales.

#### Sue Le Gresley Sue's Fudge

It's hard to believe that I have been making my Genuine Jersey fudges for nearly 20 years now! During the last five years I have accrued eight gold-star golds at The Great Taste Awards, run each year by The Guild of Fine Foods in London. One of those awards, given to my Traditional Tablet fudge, is a 3-star gold, which is extremely difficult to achieve and only awarded to the elite. The Great Taste awards are akin to the Oscars of the food world and each entry is judged by a panel of eight independent tasters. Each decision to award a gold star has to be unanimous. To achieve the highest accolade of three stars, a second batch of the food in question has to be submitted at a later date, in order that the continuity of the quality of that product can be assured.

Since opening my shop The Chocolate Bar on Conway Street in 2009, sales of my fudges have soared, and my fudges are now mailed all over the world to both regular and new customers. I feel proud to think that I am helping put Jersey on the map in a worldwide way!

The most popular flavours that I sell are Vanilla, (1-star gold) Jersey Black Butter (1-star gold) Tablet (3-star gold) Rum & Raisin (2-star gold) and Baileys & Cream (1-star gold)

People often ask, "Don't you ever get tired of cooking fudges?". Answer: Never!! I love cooking and I love seeing others enjoy what I cook! This together with running my chocolate shop just has to be the combination of two of the best jobs in the world!!



gallery



# EAT. DRINK. PLAY.



WORDS Tamarin Marriott-Wilkinson

Here at Gallery HQ, we enjoy nothing more than a mouth-watering, midweek meal, which is why we jumped at the chance to review the recently revamped Navigator Restaurant – a charming establishment, tucked away in the picturesque surrounds of Rozel Harbour.

Having been a favourite destination for many years, it's recently undergone a series of significant revisions... including the introduction of an entirely new team for starters! Headed by Aigars (the Restaurant Manager) and Gatis (Maître D') – a memorable dining experience is to be expected, which is exactly what we experienced from start to finish!

On arrival, we were shown to our table - a window seat with a pretty harbour view. Chef Raivis Skopans (one of Roger White's protégées) and second chef Edgars Ozolins set to work – expertly preparing a selection of delicious dishes - commencing with a trio of moreish appetisers. Both are passionate when it comes to delivering an exceptional culinary experience and in this case, the proof is in the pudding! Every dish served showcased attention to detail and flavour, without being overwhelming! Raivis isn't fussed by celebrity status; he simply wants to cook great food for great customers, using ingredients sourced from the pristine waters and farmland surrounding our island.

Next up, local hand-dived, pan-fried scallops, served on a bed of wild mushroom risotto, drizzled with a shellfish sauce. Gatis informs us the fish is delivered fresh every day and judging by the appreciative noises coming from our table, it's clear we're relishing this information! As if our tastebuds hadn't been indulged enough, we're treated to yet another main dish – John Dory – a delicately flavoured white fish with a mild, sweet taste that is cooked to perfection. Jersey Royals, wilted spinach and asparagus dressed in a moreish, creamy sauce perfectly complement this elegant 'melt-in-themouth meal, an ideal option for a summer's day – especially when enjoyed with a glass of crisp, white wine! Navigator Restaurant is able to cater to celiac, vegetarian and vegan palates, serving exciting and individual dishes for all. Daily specials appear printed on a blackboard for all to see. Today's? Seared hand dived scallops sourced directly from Rozel Bay – you really couldn't get them any fresher! The team at the Navigator Restaurant have formed extremely close working relationships with all of the local fish and shellfish suppliers, as well as those providing fresh farm produce. All in all,

*Winking up at us from the spotless table is a Baileys and Espresso Cheesecake, served with a side of homemade praline ice cream – in other words, heaven on a plate!* 

Feeling fittingly full, we decide to take a little breather before desert. And when it arrives, our satisfied paunches are more than happy to indulge. Winking up at us from the spotless table is a Baileys and espresso cheesecake, served with a side of homemade praline ice cream – in other words, heaven on a plate! This delicious homemade dessert, which is perfectly presented, tastes as good as it looks!

Just like the service, the style of food is elegant and simple. The varied menu, to keep things fresh, evolves on a daily basis, especially throughout the seasons when different seafood and local vegetables become available. On top of this, The their food comes straight from the source, ensuring premier quality at all times.

Asides from a moreish menu, you'll find a wine list packed with reasonably priced offerings, all have been carefully selected from around the world to compliment the many dishes available.

Of course, when you have a view that is as enviable as the menu, there's little not to like about the Navigator Restaurant. The atmosphere is relaxed and restful, the food amazing and the service, discreet. Although the restaurant itself may look the same, regulars are certain to notice the difference.

**Getting there:** jump on a number 3 bus from town. Buses leave hourly with the last bus departing at 11.45pm

#### The Navigator Restaurant, La Breque du Nord, Rozel Harbour

To book a table or to enquire about a private function email reservations@navigatorjersey.com or call 01534 865 800 www.navigatorjersey.com

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2016 will see a brand new approach to the seapool and lido facility at Havre de Pas; a new destination geared to provide a venue for activity on and off the water.

# We're developing it for everyone and we'd love to know what you think.

We'll be in the Lido during the Seaside Festival on August 9th. Call in and tell us what you'd like to see at St Helier's historic beachfront venue for 2016



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### APPETITE **NEWS**



#### JOE DELUCCI'S BRINGS A TASTE OF ITALY TO JERSEY

Based in Liberty Wharf Shopping Centre, Joe Delucci's parlour is a trendy place to get your artisan gelato fix. With 24 delicious flavours of gelato to choose from, including mouth-watering strawberries and cream and non-dairy dark chocolate flavour, it's an ice cream lover's haven and the perfect place for families, or as somewhere to relax with friends.

The parlour also serves fresh Lavazza Coffee and tasty milkshakes and is open from 10am – 7pm all week. With a dining area inside the parlour featuring cool Italian Vespa style seats, it's the perfect place to hangout in a causal but vibrant atmosphere.

#### For more information, please visit www.joedeluccis.com

#### A COOL TREAT

At Costa Coffee Liberty Wharf the summer menu is in full swing. The new Costa Ice menu has something for everyone. Enjoy a refreshing boost from a Cooler, a Coffee over ice or if you fancy something fruity and rich, Creamy Coolers and Zingy Fruit Coolers are also on offer. These are made by shaking either Mocha Italia or Old Paradise No 7 blend over ice for the perfect summer boost. With other soft drinks and infusions too, or your favourite sweet treats and lunch bites, there are plenty of ways to delight your senses at Costa this summer.



#### **AMAZING ACHIEVEMENT**

A friendly and familiar face to many, Head of Restaurants at The Royal Yacht Hotel in Jersey, Claudio Abreu, has earned his MBA in International Hospitality Management from the IMI University Centre in Switzerland. This level of expertise sets the high standard expected in Jersey's hospitality sector.

Claudio commented: "This degree has been a milestone in my career aspirations, it will strengthen my business and management skills. My job is to enhance the guest's experiences and improve every detail, my new qualification will help me to develop new products and services at The Royal Yacht Hotel and to improve the experience for our customers, and with my new knowledge of current trends, I'm excited to see the results!"



#### A HEALTHIER TIPPLE

Longueville Manor has embarked on a mission to lead the way in Jersey for homemade cordials and non-alcoholic drinks. In response to growing market demand, Longueville's Kitchen Gardener and Forager David Lewis, Managing Director Pedro Bento, Head Sommelier Cyril Azemard and Executive Head Chef Andrew Baird have come together to create a delectable array of non-alcoholic drinks and cordials.

Importantly, the drinks have been designed to pair with dishes so that diners opting for a non-alcoholic option can enjoy a drink flight alongside a tasting menu just like their wine connoisseur friends.

The handcrafted cordials are carefully infused from home grown seasonal ingredients such as elderflowers and rhubarb. Available flavours will change dependent on the harvest of the week, providing an array of different tastes throughout the year.





Reservations 015434 630303

12 Sand Street, St Helier, JE2 3QF | spiceofliferestaurant@hotmail.com

www.donstreetdeli.com 13 Don Street - St. Helier Jersey - JE2 4TQ | T:+44 (0) 1534 484846

### THE OLD COURT HOUSE AN UNEXPECTED GEM

St Aubin, with its cosmopolitan culture, harbour views and buzzing atmosphere, is the perfect place to indulge in a delicious dining experience. This is exactly what you can expect from the recently revamped Old Court House Inn – the latest addition to the Liberation Group's progressively growing portfolio.

RESTAURANT REVIEW

Raising the bar once again, they've transformed this historic establishment into a series of sympathetically styled, snug areas, including a private dining room, a bar & bistro (there's even a separate sports bar), a sophisticated restaurant and a stylish hotel. Choose from one of ten individually, ambient-styled ensuite rooms (each named after a surrounding island), or if you're looking for something superior, the two bedroomed penthouse suite with its very own private sun terrace.

#### THE CUISINE

Crafted by the Liberation Group alongside original Head Chef Chris and David Cameron, downstairs, you'll find a menu of light bites and pub style dishes and upstairs, a rich British brasserie-style dining experience. When they say they use local produce they mean it, the suppliers (some of which include La Manche Smokehouse, Classic herd and Coopers & Co) are proudly name-dropped throughout the menu and the quality is evident from the dishes served.

#### THE VIBE

gallery

With its gilt frames, vibrant hues, eclectic chairs and exposed stone walls, one glimpse at the Old Court House and you'll see that it's both contemporary and cosy,



with a boutique, seafaring feel throughout. Reclaimed wood, an original well, French polish, fireplaces dating back to 1611, and an impressive spiral stone staircase that has felt the weight of countless bygone footsteps only adds to the notable decor – there's a definite cosmopolitan flavour here, and one that reflects the clientele, management and staff.

#### THE EXPERIENCE

The Bar & Bistro offers a wide-ranging menu comprising affordable food, including dishes such as salt cod brandade, Liberation Ale battered fish 'n' chips and Classic Herd 100% Jersey beef burger, a variety of fine wines and quality thirst-quenchers, all of which can be enjoyed in Granite and Westward bars – and when the sun shines, alfresco on the decking area overlooking the idyllic harbour.

The restaurant, with its outstanding harbour views, sits in what was once the 'Prize Court Room', 'Judge's Chamber', and 'Mizzen' and boasts a magical atmosphere for diners with an ample menu of specialities. Prepare yourself for refined highlights, such as the wonderfully complex peppered pork loin & pressed slow roast pork belly – herb crusted rump of lamb, with dauphinoise potatoes – or the fried sea bass, served alongside small



towers of moreish crab and finished with delicious roast fennel trimmings. for dessert, tempt your tastebuds with the likes of a delightfully heady dark chocolate tart, served with lashings of cloud-light raspberry sorbet or the warm sticky toffee & date pudding with banoffee ice cream, which arrives to the table floating on a bed of butterscotch sauce.

The sheltered "Floral Courtyard" at the rear, is a must for long sunny lunches and balmy evening dinners, whilst the 'Court' aperitif bar, and the hub of the hotel, is the perfect spot for a pre-dinner drink.

#### THE DRINKS

An ample drink's menu is available between floors, so whether you end your evening with a pint of the award-winning golden Liberation Ale, a full-bodied Sauvignon Blanc 1685 Grande Cuvee or a bottle of bubbles – there's something to suit all!

The Old Court House Inn Le Boulevard, St Aubin Tel: 01534 746 433/www. oldcourthousejersey.com

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MOORE 1







# A LUXURIOUS COUNTRYSIDE HAVEN

#### WORDS Tamarin Marriott-Wilkinson

Contemporary décor meets sophistication in this rural, private home that embraces simplicity and ingenious design.

The allure of open fields and endless blue skies are especially intense when standing in Les Champs Villa – an exceptionally styled property boasting a luxurious haven in the quiet, countryside Parish of St Martin.

Just a hop and skip from Flicquet Bay, it is here you'll find the very best in modern design nestled in nature. The many glass interfaces offer views of the Ecrehous, towards France and a panoramic vista of Jersey's rugged north eastern coast. Other notable features include the property's exterior, which appears strikingly clad in dry stone brickwork, the large entrance hall with its tech-savvy video audio link and the interior's flawless décor. American walnut flooring and matching assets can be found throughout the property, including a circular basin and bespoke wardrobes – all create a sense of fluidity. Other refined features comprise automatic night lighting, an extremely structured media cabinet, vaulted ceilings, triple glazing and innovative neuron lighting that can be tailored and programmed to taste.

Inside, spacious accommodation has been carefully placed to maximise the breathtaking views, brandishing an architectural specification guaranteed to surpass the demands of even the most discerning homebuyers. At the very heart of Les Champs Villa lies a bespoke, handcrafted, dual-colour kitchen and family dining area with wood burning stove, pop-up sockets, purified water and a series of impressive eco credentials – all are perfectly in tune with the contemporary style of this development. Folding glass doors create a sense of streamlined, fluidity and offer access to the swimming pool, manicured

Continued overleaf...



Folding glass doors create a sense of streamlined, fluidity and offer access to the swimming pool, manicured gardens and driveway (which become illuminated at night)









#### Continued...

gardens and driveway (which become illuminated at night). This is the perfect set-up for a spot of alfresco dining; whilst under floor heating and ultra-insulation make Les Champs Villa green as well as chic.

Various generous living areas surround this open-plan space and include a games room (an asset to buyers wishing to cater for family fun), four neutrally styled bedrooms complete with ensuite bathrooms - all of which have been individually fashioned to suit the style conscious buyer, and a spectacular mezzanine area complete with an impressive glass wall. This particular room is possibly the property's most unique selling point and could easily be transformed into the likes of a state-of-the-art home gym, a study, library or tech-savvy media room.

Each of the four bedrooms house oodles of storage space and high-end bathroom facilities, including heated mirrors, touch-sensitive cabinets, rain showerheads, quirky LED lighting and stylish mosaic tiling. The master suite boasts a large walk-in wardrobe (a must-have for the fashionista), a fabulous en-suite and French doors that lead out onto the ample gardens, peppered with mature boundaries.

Offering the best of both worlds, this rare gem of a property, although surrounded by peaceful fields and striking views, is just a stones throw away from the hustle and bustle of St Helier and a handful of the island's prestigious schools. Acting as a frame for its rural surrounding, rather than overly drawing attention to itself, this is how 21st-century rural houses should be designed. A must-see for those in the market for a sophisticated, contemporary home.

- A stunning, private home in the quiet parish of St Martin
- 3,400 square feet of space
- Open plan kitchen and dining area
- Games room
- Living room
- Mezzanine study with commanding sea views
- 4 Bedrooms (all ensuite and all with
- access to the gardens)
- 3 Reception rooms
- Neutral décor buyers are welcomed to add their own stamp to this property
- Gated, secure approach
- Commanding driveway with room for six or more cars
- Triple garage with electric door, power and lighting
- Ample gardens and patio area (all
- easily maintained) Outdoor heated swimming pool with
- electric safety cover
- Services: All mains (excluding gas)
- Oil fired central heating
- Large secluded mature south west facing garden

# HASLAM DESIGN.

10

3

www.haslam.je | 484599

# Clever Kitchens

### We all know that the kitchen is the 'heart of the home' - but is yours living up to that standard?

Maybe this summer your kitchen has been bursting at the seams with all the kids off school, and all their friends, and all your friends, and all your family! If that sounds familiar an extension or just a clever redesign of your kitchen space could make everything work just that be better and make your life that bit easier and more enjoyable.

You need your kitchen to be designed around you and your life style; better seating, state of the art appliance or perhaps a beautiful bespoke cabinet by Haslam Group will have you setting up camp in your kitchen? The quooker instant boling water taps certain seem to be trending for 2015.

The next six pages are full of fantastic kitchen inspiration from the very best companies on the island to help boost your kitchen dreams and get you on the right path for a kitchen overhaul.

### Growing Family?

A David Salisbury kitchen extension is so much more than a place that simply enhances your culinary repertoire. Lifestyles have changed dramatically over the years and today's expectations of using the outdoors as part of our living space have fundamentally influenced the design of modern homes. This change in lifestyle is reflected in the increased demand for kitchen extensions, through the use of conservatories or orangeries.

'The use of the traditional kitchen has altered over the years with lifestyle changes. More and more people are combining small, utilitarian kitchens at the back of their homes with glass structures to create a dramatic looking open-plan cooking, dining and entertaining area, that becomes the hub of family life' says Simon Phipps, designer at David Salisbury and now also Style Windows in Jersey.

With ten years of experience to his name, Simon has a thorough understanding of the product and how to maximise its potential in terms of design and functionality. Working for David Salisbury has allowed Simon to work alongside Style Windows. Now part of their team – he's delighted to offer his Design services here in the Channel Islands.

'Using an orangery or conservatory to extend the kitchen links the most important room in the household with the garden.



The light provided by such an extension is uplifting creating a wonderful area to live and dine in, with a warm and cosy feel whatever the weather outside.'

With a range of different styles, materials, structures and sizes to choose from, there's something to suit all homes. To find out more about the many conservatories and orangeries available, contact Simon Phipps on 07508 053709 or email: sphipps@stylegroupjersey.com



www.stylegroupjersey.com/windows www.davidsalisbury.com



Starting out in 1974 as a plumbing and heating department of Jersey Steel, Beaumont Home Centre is now a fully-fledged home and furniture showroom offering a variety of the latest market brands, styles and home improvement solutions.

As a kitchen team of four, Lynda, Sian, Sean and Chris are able to offer clients a personal, bespoke service. Having all trained as kitchen designers, they know a thing or two about the latest market trends, appliances and styles.

One such appliance trending for 2015 is the revolutionary Quooker Fusion Hot Tap – a state-of-the-art kitchen must-have that delivers instant boiling water – immediately rendering kettles out-of-date! So whether you're making a coffee, blanching vegetables or preparing pasta, this easy-to-use, energy-efficient device boasts minimum loss of space and maximum comfort. Curious to learn more, head over to Beaumont Home Centre where you can see one in action!

Other must-have appliances for 2015 include the multi function steam oven – an asset to those who enjoy 'clean' cooking or the combi steam machine. Steaming is recognised as one of the healthiest ways to cook by locking in natural vitamins & minerals.

Asides from state-of-the-art appliances, Beaumont Home Centre also provide a range of quality, hardwearing worktops, including laminate, granite, Corian, quartz and timber. Which you choose all depends on the style of your home.

With a range of Modern and traditional designs available, each boasting a harmony of form and function, and contemporary or timeless design architecture, there is something to suit all. Colours and shape create scope for sophistication, whilst textures and materials add flair.

The kitchen is today's living room, so you need to create a space that is as attractive as it is functional. The team at Beaumont Home Centre are here to help you do just that. Inspire your senses by visiting the showroom today, where you'll not only find a range of stylish kitchens, but also, a selection of on-trend bathrooms, bedrooms and studies.

#### Beaumont Home Centre, La Rue du Craslin, St Peter

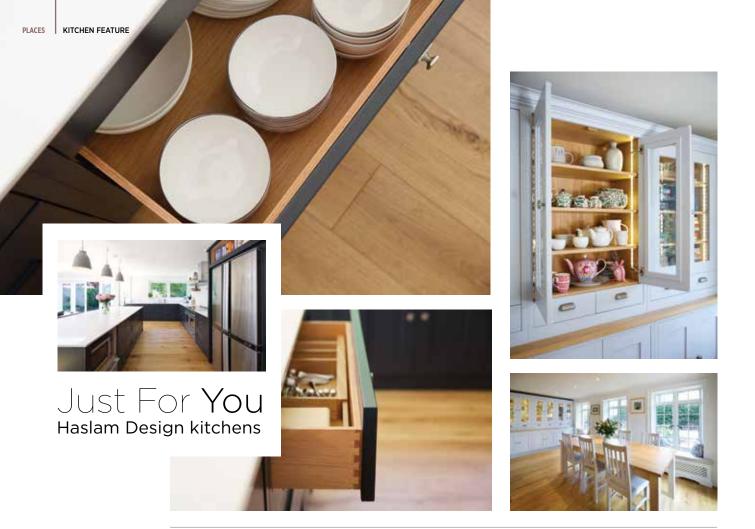
Tel: 01534 822 822 Email: kitchens@bhc.je Web: www.beaumonthomecentre.com Facebook: www.facebook.com/BeaumontHomeCentre

Opening hours: Mon – Thurs 9am to 5.30pm/Fri 9am to 4.30pm/Sat 9.30am – 1.30pm

### THE NEXT BIG THING ..... steam ovens

Appliance manufacturers are driving a trend towards the steam oven as the supplementary kitchen appliance of choice. The advantages are not limited to the health benefits of cooking without fat (or microwaves). Steam helps contain flavour and the preserve colour of vegetables in particular. The results from a steam oven, which maintains the oven cavity at a precise and even temperature, are a far cry from the stacking type hob-top models we have been used to.

Almost anything cooked in a saucepan on a hob can be quickly and efficiently achieved in a steam oven. They are useful for defrosting, rice cooking, even ready meals, while steamed fish is a revelation. If space is at a premium, some manufacturers now offer steam combination ovens, which although not inexpensive, provide the perfect ally for an Aga or conventional cooker. I would hope that everyone passionate about healthy cooking should consider purchasing a steam oven to compliment the rest of their kitchen appliances.



A great family kitchen really is the heart of the home. It's where countless good times are shared, moreish meals are prepared, coffee is sipped and homework is accomplished. With our kitchens acting more and more like a family room, it's important to put thought into making this area a warm and inviting space.

Of course, deciding on the style, vibe and feel of a brand new kitchen can be a daunting decision, which is why a little expert help goes along way. The designers and craftsman at Haslam Design are not only here to help you make the right choices, they can create any layout to any specification – allowing you to create a culinary space that really is your very own.

From custom-designed cabinetry (perfectly suited to the obstinate alcoves, angles and character traits of traditional Jersey properties) to state-of-the-art CNC machinery and a local workshop brandishing a loyal workforce, those in search of their dream kitchen are guaranteed a quality, approachable and immediate service every time. The advantages of buying local are vast, especially when it comes to time scales and superiority.

Creating a comfortable, welcoming and familiar space is an achievable goal. Asides from looking the part, it's important it works. This is one of the reasons the designers at Haslam Design get to know the client first. Getting a feel for their taste and lifestyle is essential – especially as bespoke manufacture allows for wonderful freedom of design. You may even be tempted by an option you wouldn't have normally considered.

Renowned for their framed cabinetry, all of which is designed to be versatile and adaptable to modern and traditional homes, there really is a kitchen to suit all. To add your own panache, you can embrace colours, hardware and layout. All of these factors have a huge impact on sense of style, regardless of whether you opt for timeless framed or beaded cabinetry, or a more contemporary, linear design complete with a neutral colour palette and streamline worktops. One style proving popular this year is dark coloured motifs – a simple yet effective way to add an injection of colour to a subtle space.

Visiting the Haslam Design showroom is a great starting point if you're in the market for a new kitchen, regardless of whether you have a clear idea in your head or wish to be inspired. A face-to-face conversation with a designer will help ascertain a general direction, allowing for a more personal experience and one that will help you turn your visions into a reality.

At Haslam Design, the possibilities are endless. They can tailor a kitchen to all tastes and budgets – bespoke doesn't have to mean expensive!

For more information or inspiration, visit the showroom today or book an appointment for your no obligation first design service.

Haslam Design Les Huriaux Farm, La Ruelle du Coin, St. Ouen Phone: 01535 484 599/Email: design@haslam.je Web: www.haslam.je Opening hours: Tuesday –Friday: 9am-4pm Saturday: 10am-3pm, or by appointment.

### Tapping Into The Latest Trends

Whether small or large, the kitchen is the hub of the home, which is why creating a user-friendly, stylish and welcoming space is a must. Bauformat offer a selection of the very best kitchens available, including a wide range of quality, contemporary and classic designs.

On top of this, they have some exciting news in the pipeline in the shape of a showroom overhaul. In fact, they have just the one remaining ex-display model up for grabs before the refurb takes place!

The new showroom will not only encase a variety of upmarket, on-trend designs, the store itself will be undergoing a complete revamp, to include a total of three new Bauformat kitchens to sit alongside the existing McCarron range.

Today's trends are leaning towards minimalistic, timeless styles, created using a palette of natural hues and finishes comprising wooden worktops, natural stone surfaces, solid silestone and corian. This season's colours are embracing contemporary white, greys and taupes and instead of inundating the kitchen, other stronger colours are being initiated as splash backs and feature islands.

Additionally, a variety of state-of-the-art, in-built appliances are taking centre-stage. We're becoming more of a foodie generation and healthy cooking is big on the agenda. Bauformat stock a range of modern-day appliances including products from Miele, Zip, Quooker and Siemens. The likes of steam cookers and hot taps are becoming a kitchen must-have for 2015. Other popular kitchen addons include glass fronted wine coolers and a variety of space-saving storage possibilities. If you're in the market for a new kitchen, then Bauformat are certain to offer a style that suits your needs and lifestyle. After an initial consultation in the showroom, Bauformat's team of specialists will visit your existing space, to help them engage your exact design desires. So regardless of whether you see yourself as the next master chef or prefer to play it safe with the odd microwave meal – there's a kitchen to suit all.

Today's kitchens are not only used to prepare meals, they've morphed into an additional living room – with many modern-day designs opening up onto the garden to create the ultimate in alfresco dining.

Creating the perfect kitchen is all about teamwork. From the initial enquiry to the finished product, Bauformat use their expertise, knowledge and design skills to create a space suited to your every need – all whilst offering a personal, relaxed and professional approach. The end result? You to design your dream kitchen on your terms.

For more information visit www.bauformat.co.je or pop into their Burrard Street Showroom today!

#### Tel: 01534 869 111/Email info@bauformat.co.je

**Right:** 

A stylish silestone kitchen worktop.

#### **Below left:**

The Zip HydroTap provides Sparkling, Boiling and Chilled filtered drinking water on tap.

**Below right:** The sleek black Quooker instant boiling water tap.





PLACES

**KITCHEN FEATURE** 

Offering a series of state-of-the-art kitchens perfectly in tune with today's modern, stylish homes – each combining the latest innovations with unique, bespoke designs – Pastella is a company that has something to suit all. Choose from a range of contemporary designs inspired by a modern lifestyle and traditional styles driven by individual cultures and times.

We headed to meet their talented Kitchen Design Consultant, Emma Touzel to gain an insight into what's hot and what's not for 2015. For starters, painted kitchens are very much in Vogue. New England, classic designs complete with tongue and grove panelling, quartz worktops and coastal accents create the illusion of natural, light-filled spaces, with colour added as an after thought.

Another trend for this season is storage. Creating a sophisticated, user-friendly space using the likes of magic systems and Le Mans corners is a great way to make the most of a smaller space. Similarly, oversized American-style fridges are being replaced by flush, single, linear units as opposed to those with double doors. The same applies to sinks and taps, with more buyers opting for large, singular bowls.

Soft lighting is proving to be a prevalent theme this year, with more designers and clients choosing forgiving flood lighting in the place of harsh spot lighting. On the subject of finishing touches, classic bar handles are being replaced by cup handles, to create the illusion of uniform displays and a more aesthetically pleasing kitchen model on a whole. White minimalistic styles are another great option for 2015 and a timeless one at that. White gloss finishes, extremely white marble worktops and a mix of stone grey accents create clean lines and flowing spaces – this modernist look is especially popular in open plan homes, where the kitchen becomes an extension of the living space.

If you wish to add a hint of colour, you can do so by using mosaic tiles in a shade of your choice to create the perfect focal point. Alternatively, opt for a simple subway tile in a contrasting colour. If you're not quite ready to invest in an entirely new kitchen, tiles are a great way to instantly update the look and feel of a room, adding a fresh facelift. The specialists at Pastella even offer a home measuring service.

Appliances are very much touch-sensitive and include the likes of induction hobs that span the entirety of the work surface and cost-effective Quooker taps that deliver instant boiling water. In built coffee machines however, are on the way out, with more of today's trend conscious buyers choosing to purchase retro, freestanding percolators instead. With a range of kitchen brands and styles to choose from, including Charles Yorke for bespoke, handmade designs, Sheratan for British made classic layouts and Siematic for German, contemporary and minimalistic styles –Pastella has something to suit all. They even offer a free survey, complete with 3D plans, elevations and an itemised quotation with an indication of the completion time. Contract kitchens are also available at exceptionally good rates.



Pastella, La Rue a la Dame, St Saviour Tel: 01534 870 167 Email: enquiries@ pastella.co.uk Web: www.pastella.co.uk

# Kitchen Inspiration

Finding a kitchen that suits both you and your lifestyle can be a daunting task. Thankfully Pentagon are here to help. They can offer a range of styles, including both traditional and contemporary designs and at competitive prices.

The fantastic team from the Pentagon Design Studio, will come to your home, measure and design your dream kitchen and put everything down in a quote for you to consider free of charge. What's great is that Pentagon really are your one stop shop, as they also supply a whole range of worktops, appliances and ingenious storage solutions, they have a selection of carpets, vinyls, titles and paints which will be the finishing touches that make your kitchen the envy of your friends and family. It's their complete service, from the units to the taps that makes working with them a pleasure as everything, including the kitchen sink, can be taken care of, hassle-free.

Pentagon work with the English Rose range of kitchens which are made in Britain and have a 10 year guarantee for complete piece of mind. English Rose Kitchens are available in a combination of modern, shaker and traditional designs, if you're searching for a kitchen that is as fashionable as it is functional, then Pentagon is where you should head.

The Modern range boasts clean lines and a stylish design, complete with a selection of brilliant storage solutions, elegant curves and in a range of fashionable colours and finishes.

The Shaker-style kitchen is a more versatile option. The addition of a simple handle, colour, worktop or finish can transform the units from a traditional to modern look in an instant and it's these important little touches that the Pentagon Design Team will guide you through so that you can achieve the look you love.

The Traditional range, although timeless, is far from old fashioned. Offering a collection of beautiful designs, all are manufactured for modern-day living. Behind the decorative doors and tongue and groove panelling, you'll find practical and innovative storage solutions.

English Rose Kitchens are designed for you and your world and the team at Pentagon make the process perfect.

For more inspiration, visit www.pentagon.je Tel 01534 888 000



"The Shaker-style kitchen is a more versatile option. The addition of a simple handle, colour, worktop or finish can transform the units from a traditional to modern look in an instant and it's these important little touches that the Pentagon Design Team will guide you through so that you can achieve the look you love"

# FINISHING TOUCHES





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As well as having our own currency and (slightly better) climate, here in Jersey we also have our own legislation, governing pensions and investments. Because of this, most products and services advertised on TV, or online are not available, or suitable for Jersey residents.

For this reason we would strongly recommend that when considering options for life cover, investments or pensions you should consult a local independent adviser.

It takes years to build up a strong understanding of local products and services and an adviser must continue to develop their knowledge as legislation continues to change.

### JERSEY PROPERTY MARKET

There is a lot of property for sale at the moment, although we regularly hear that three bedroom houses for First Time Buyers are in short supply. When the financial downturn started in 2009, many properties of this type were snapped up by buy to let investors, with the result that as demand has now increased, there are not enough houses available because builders are not providing enough new stock and many owners are sitting on their current house because they cannot afford to trade up.

House prices generally seem to have bottomed out. There is still scope to negotiate, but this is still a buyer's market. Hayley Carstairs has over 15 years' worth of relevant experience in the local market and is based at Henley Financial, a locally based Independent Financial Advisory firm, part of The Mortgage Shop Group. She is pleased to assist existing and new clients seeking advice on any of these areas.

Please feel free to contact Hayley on Tel: 789830, or email Hayley@henleyfinancial.je

#### JERSEY LENDING MARKET

Finding a mortgage has become a bit of struggle for some this year, due in part to increased affordability calculations and "stress testing" by the lenders. We need much more competition from lenders but that isn't going to happen soon.

The good news is that interest rates are at the lowest we are ever likely to see and show little sign of rising soon.

If your credit is good and you have a deposit, then don't worry - if there is a mortgage out there for you, we will find it!

### WHICH TYPE OF MORTGAGE PRODUCT?

Many borrowers are still choosing a fixed rate option for their mortgage, which is the best way to protect against future base rate rises. Tracker rates however are generally much lower and are seriously worth considering if you can afford to cover any future rate rises.



The Mortgage Shop

### BASE RATE COUNTDOWN

The Bank of England recently announced that interest rates were "glued to the floor" which should perhaps not be taken too literally. Whilst the woes with Greece and the EU continue, British industry struggles with a strong pound and inflation remains low, it is unlikely that base rate is going to go anywhere in a hurry.

.....

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Trade centre opening hours 7:30am - 5:00pm Monday to Friday 8:00am - 1:00pm Saturday

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Pastell for your home

www.pastella.co.uk

### FEATURED SELECTION

Gaudin & co



Integral one bedroom studio unit Stunning David Hick kitchen Large patio & gardens Gated long driveway Immaculate throughout

01534 670333





£475,000

11 aure

Gaudin & co

St Helier

Semi-detached property First time buyer restricted Sunny enclosed garden New build in 2013 Near railway walk

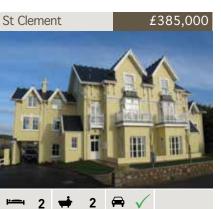
01534 880544



£775,000

Large sitting room with bi-fold doors to deck Fully modernised First time on the market in 52 years South facing deck & mature gardens

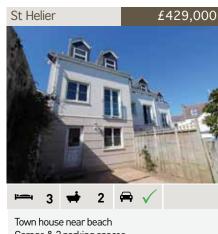
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Close to beach 3 Parking bays Spacious accommodation Share transfer - entitled On a good bus route



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### INTERIOR NEWS



Ever wandered into Pebble on Market Street and thought how much you'd love to live in there? We have, and that's why we're rather excited about the news that the talented Clare Clarke and her team will now come round to your home to help you achieve your dream look.

Some small things may involve you just popping into Pebble to see them for a quick chat and bit of advice - they're always happy to help in that way! However for the more specific projects that require a home visit, you can now hire their creativity and knowhow at an hourly rate of £40.

Perhaps you need some help choosing a paint colour scheme? Or you know the style you want to achieve but can't seem to pull it all together? Maybe you need help sourcing specific pieces of furniture for a particular spot in your home? It might be that you just want them to come and spark some inspiration for the all important finishing touches. Whatever it is the Pebble team are now happy to come and give their invaluable advice.

For those of you that have a bigger project in mind and are looking to tackle a room, number of rooms or the whole house, they have put together some 'Inspiration' packages to give you a more structured service.

### 1. One room £95

This package includes an initial one hour consultation at your home, mood board and follow up meeting with recommendations. They focus on colour schemes, furniture, fabric, soft furnishings and finishing touches. 2. Two to three rooms or a small flat £175 Includes an initial 1.5-2 hour consultation at your home, mood boards and follow up meeting with recommendations.

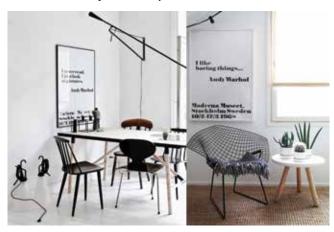
### 3. Full house (max of 4 bedrooms) £345

This package includes a 3 hour consultation at your home, mood boards for the various rooms, and follow up meeting with recommendations. (Additional work will be charged by the hour).

In all cases, after the initial consultation they will keep you in mind when ordering new things into the shop and they'll be available to chat through any potential ideas going forward, at no additional cost. You'll also get 10% off any products purchased from the shop within six months of your consultation.

### Cool art

This month we're lusting after Moderna Museet posters especially the bold Andy Warhol quotes which make a room oh-so-chic. **Available from Etsy or webshop.modernamuseet.se** 





Have you seen these cushions from local company Kushy Living?

They would make great gifts for islanders living abroad or they would also look good in your home, boat, campervan or just to rest your head on when you are down the beach. **The cushions are available in two different fabrics and** 

The cushions are available in two different fabrics and you can buy online at www.kushyliving.com

# agenda

#5 the BUSINESS issue

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### ON THE AGENDA THIS EDITION: BUSINESS

We speak to key figures locally, find out what they pack into their suitcases for business trips and help explain some of the technical jargon associated with starting a business.

Plus all of the movers, shakers and business news brought to you in Gallery every month...

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# Welcome



I'd like to welcome you to the latest issue of Agenda. This business led supplement features advice and discussion on setting up and growing a small business in Jersey and you will also read about local business news and Jersey's most recent movers and shakers.

Having set up my own business last year I know that starting and growing a business is about much more than the registration process, although getting that right is extremely important. Having the drive, ambition and vision to succeed is what can separate successful and sustainable businesses from those that start and fail.

Jersey is full of small businesses and there are examples of entrepreneurial success all around us in every sector. Building on that entrepreneurial spirit to grow and develop these companies into larger enterprises is essential so that Jersey can provide exciting, rewarding and sustainable employment for its workforce in the future.

As in every economy, there is a need for companies in Jersey to adapt and evolve in order to respond to the global trends that are shaping the world we live in. Increasing productivity, embracing technology, developing leadership potential and looking outside our island for new market opportunities are all challenges that our businesses will have to address in the coming months and years.

The good news is that Jersey already has dynamic businesses that are embracing change and reaping the rewards. The team at Jersey Business is working with many of these companies, large and small, new and established. We will support companies to grow in every industry and help them maximise their opportunities and look forward to seeing more and more Jersey organisations fulfil their true potential.

'endy

Wendy Lambert Chair, Jersey Business

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### Tourism Vs. Finance

WORDS Sara Felton

Jersey is one of the world's leading international finance centres. The legal framework, tax system and infrastructure have attracted 33 international banks, all major accountancy firms and several international legal practices. In total, the financial services sector employs more than 12,500 people. It also contributes 50% of the island's tax take and 42% to the island's economy. In very simple terms this means without it, we would be missing half of our hospital, police station, schools, roads and anything else that is paid for from the monies paid in to the tax coffers.

Yet still there are many who believe the finance industry is a threat to our island and would rather efforts were focussed on rejuvenating the tourism industry, harking back to the days when our streets were lined with tourists, not a dissimilar situation to that which we saw last month during the NatWest Island Games, ironically an event sponsored by a large financial institution. Whilst tourism contributes a significant amount to the quality of our lives, our transport links, the shops we see on our high street and the physical number of people we see on the streets during peak times, it combined with the agricultural industry, only contributes around 10% to the island's economy. So, we wanted to find out whether one industry can survive without the other, or are they both so intrinsically linked that they actually complement each other and would struggle to survive on their own?

We met with both Keith Beecham, chief executive of Visit Jersey, the newly formed strategic body for tourism in Jersey and Geoff Cook, chief executive of Jersey Finance, a not-for-profit organisation, responsible for representing and promoting Jersey as an international financial centre of excellence. To discuss their thoughts on the future of the island's development in relation to their specific industry area.



### Visit Jersey

Keith, after an early career in marketing in international finance, joined VisitBritain working in Japan and Hong Kong as well as London. Only three months in to his new post, it was interesting to find out what the island's future holds with him at the helm. Visit Jersey has a clear vision: for a vibrant sustainable tourism industry in Jersey whose contribution to the economy and community at large is widely recognised.

"Our targets have been clearly and publicly outlined, they are to attract one million visitors to Jersey before 2030 and achieve a future spend of £500M, per annum. This means as an island we need to generate 3-5% growth in our visitor number and our visitor spend, which may not sound too bad, and is comparable to global growth predictions, but when you compare it to the island's growth over the last 10-15 years, it's been flat or negative over that period. What this seems to suggest is, the ambition we've set ourselves isn't impossible, but it is going to be a challenge for many different parties to achieve this."

The changes that need to be made are being identified through a large consultation piece, not only with those in the industry on the island, but also through speaking to operators overseas, including the UK and Europe who are bringing people here, about what they're thinking about Jersey, "so we don't just have an island view."

Keith explained that whilst our visitor experience is good, it can of course be improved. He went on to explain, "We're asking, can we just rely on getting more of the same people coming to the island, well that strategy has been tried for quite a long time and I don't think it's delivered massive results. So we're asking if our current market segments will deliver growth, whilst the current consensus is no, we must never ignore them and we have no intention of doing so, but we need to identify other areas for market growth, which is where we're currently focussing our research."

So whilst everyone enjoyed the island being alive during the NatWest Island Games, would we be able to develop our tourism industry to be our main source of income and sustain our economy without the finance industry?

Tourism is fascinating as it touches so many people without them realising. Domestic tourism is very big here in Jersey, and an area we don't talk about. You going out for dinner this evening makes you a tourist, you're not spending money in a supermarket to cook at home, you're spending it in your local environment.

"Any economy has to have a balance, this is not about, in my opinion, one industry being more or less important; a successful economy has a balanced economy, it's not about replacing, it's about saying how can Jersey prosper in the future to provide, jobs, homes, education, schools and hospitals for everyone. We can't just rely on one industry, be that tourism, finance, agriculture, or digital, but we can rely on a combination of those industries. Tourism is fascinating as it touches so many people without them realising. Domestic tourism is very big here in Jersey, and an area we don't talk about. You going out for dinner this evening makes you a tourist, you're not spending money in a supermarket to cook at home, you're spending it in your local environment. Then on top of that we've got the 700 thousand visitors from overseas last year that bring money on to the island. Our role at Visit Jersey is one of an export industry. Every person that comes to the island, be that a visitor

to see friends or family, a business person or someone staying in a hotel, they're an export. They're bringing money on to the island, which makes them just as valuable as the pounds the banks or agriculture or the digital market is earning.

"It is of course important that we play a part with all the other sectors in the island. I've only been here for a short time, but we are already beginning to establish relationships with Locate Jersey, Digital Jersey and Jersey Finance. These are new relationships so we are still uncertain what the outcomes will be, but the work is being done to find out how we can work together."

Keith wants to work with our other industries to help and support them when doing business with other jurisdictions around the world, to promote the place they live and work to those they're meeting. "We want to establish what it is we can do to help each other, which will ultimately benefit the island, as we're all in this together."

Visit Jersey are only a few months in to their tenure and are doing a great deal of work to establish the right way forward to promote the island and achieve the goals that have been set for them. Keith and his new team have spent the last three months listening, so now for them it's about feeding back. Over the autumn they will make a series of recommendations, the feedback to which will help them finalise and present their Jersey destination and marketing plans during the winter months, and then they'll be able to get out there and begin to action their plans.



### Jersey Finance

Geoff joined Jersey Finance as Chief Executive in January 2007. In promoting the finance industry of Jersey, he visits many of the world's leading finance centres on a regular basis, highlighting the strengths of Jersey as a financial jurisdiction and updating government officials, regulators, finance professionals and international investors on legal and regulatory developments and service innovations offered by Jersey.

Contrary to the almost accepted wisdom, the finance industry is growing quite strongly at the moment and that is expected to continue. The recently released Financial Institutions Survey reveals a stellar performance by our finance industry in 2014, not only did profits rise, but also from an employment perspective.

"Particularly encouraging was that 390 local staff were recruited directly from school or university, 80 more than in 2013, and the highest number on record since the survey began in the 1990s. We began investing a dedicated resource in education and skills in 2007 and have worked hard with a number of partners to provide financial services opportunities on island to attract and retain the best of homegrown talent. It's a good model, one that other areas could possibly benefit from, highlighting the opportunities that are available to young people on the island, it's certainly worked well for us."

Having recently experienced the island as it perhaps was during its 'heyday', a great many people spoke of wanting to focus on tourism being our main industry, not finance, do you have any thoughts on this?

"Whatever the big industry is, it'll always be unpopular and people are often nostalgic about what we've known before. But the two industries are interdependent, what we generate as an industry makes many of the airlines viable, because business visitors pay a significant proportion of the premium fares, they also stay in hotels and of course they spend whilst they're here. But equally, the volume of visitors tourism brings keeps the frequency of routes there, so they're ultimately selfreinforcing and complementary.

Agriculture also has a role to play. Business visitors and clients love the idea that we've got really good restaurants and they're also keen to try local produce when they visit. From a recruitment perspective, one of the attractions of Jersey is the lifestyle the island offers and the quality of life. So not only does our farming community feed us and grow these iconic products but they really are part of the package that makes the island appealing as a whole."

Whatever the big industry is, it'll always be unpopular and people are often nostalgic about what we've known before. But the two industries are interdependent

With the phase two development now underway (esplanade quarter) and the potential of foreign banks/new international finance brands intending to take some of the office space, do you see the finance industry changing and will it help to put Jersey on the map?

"Yes, very much so. But I believe we should have begun the development in the slower years when it would have helped stimulate the wider economy, in construction for example, also meaning it would have been ready to come in stream now and be ready for people to occupy. Currently we're working on bringing people to the island, encouraging them to move their businesses here, with very little to show them in terms of grade A office accommodation. What we have to remember is that international organisations looking to establish here will want to be able to achieve the same standard as they have elsewhere in the world, meaning they'll have minimum

global standards for office space, light, square footage per employee etc. things which are very difficult to achieve in converted premises. The finance centre offers huge flexibility and will meet these high standards and we're pretty confident there will be demand for it."

We are also seeing Jersey based companies expanding into new markets internationally, do you see this having a positive impact on the tourism industry?

"Yes definitely. We pushed out our market diversification strategy off the back of the London Business School work in 2008, so that's when we moved in to Hong Kong and China, the Middle

East and more recently we've moved out to Africa and a little bit into the Americas. Initially that was a lot of hard yards with not a great deal of payback as we weren't that familiar in those markets. But, we've worked hard and stayed and now those returns are coming. We're getting a much more diversified flow of business, the rise in investments from these jurisdictions means we're now a more globally recognised place to do business. As a result we'll also see a rise in business tourism; people visiting from these places offer great conversion opportunities as they often want to come back with friends or family to visit again. As Jersey goes out and gets more presence internationally you

also get alumni around the world talking about where they're from, which sparks people's curiosity."

It is not perhaps widely appreciated just how much, in particular the tax contributions made by the finance industry, impact our lives. Without it we could, like many European jurisdictions who haven't been quite so successful in maintaining the industry, see a massive reduction in our public services, which includes not only things like our medical, education and judicial systems, but also those that ensure we have an island that is beautiful for both us and those that visit. These two industries really are the backbone of our society and it would be hard to imagine an island without either one.

"Jersey really does have a fabulous future, we've got a lot going for us as long as no major trigger event happens, and provided the world economy keeps improving, Jersey will keep strengthening with it."

# **Business Rivals**

We pulled together three sets of professional rivals, pairs that work within the same industry and who compete for the same business on a daily basis. The result, we met six fantastic people who were all willing to see the lighter side of rivalry and prove they're friends not foes.

### Clara Barthorp Owner/Manager Wilde Thyme

When Wilde Thyme are not having fantastic stress busting hydrangea sword fights with the brilliant Mark Howe, we delight in delivering to the island, beautiful, seasonal flowers put together in such a way that they leave a lasting impression on the receiver or the beholder. We are big supporters of using locally grown flowers too when they are available.

I created Wilde Thyme in 2013 and work from a beautiful flower studio in Trinity, where we also enjoy holding meetings for brides to be, having fabulously fun workshops, or inviting clients to pop in to discuss and plan parties, or home requirements. We also have our own range of exquisite scented candles. Five fragrances available. With a background in Interior Design both in London and Jersey, Wilde Thyme have a passion for colour, light, texture and movement. Details are important, so if you are after wedding flowers and styling, we won't just cover the basics but will work with you to help make your special day uniquely yours.

We love Instagram. instagram.com/mywildethymes We post regularly on FB www.facebook.com/Ourwildethymes Follow us on Twitter www.twitter.com/mywildethymes We are working on our Pinterest! www.pinterest.com/ourwildethyme

#### www.wildethyme.com

### Mark Howe

Owner/Manager, Mark Howe Flowers & Co.

My store in West's Centre is an eclectic treasure trove of delightful and inspiring gifts, furniture and interior accessories, which I source from all over the globe. Whilst the mainstay of Mark Howe Flowers is of course fresh flowers - in the form of bouquets and arrangements, and our bespoke event and wedding flower service, we also carry a staggering range of the finest quality faux flowers - sometimes even we find it hard to tell the difference!

I've been trading on the island for more than 15 years now and by constantly striving for excellence, have gained a reputation for creativity, fantastic quality and superb customer service. It's such a joy to be involved in all the happy times in my clients' lives – their weddings, the births of their children and all of the important milestone events we go through in life. I have a fantastic team and we love to work closely with our clients to ensure we can turn their flower dreams into reality - whether the requirement is a posy in a jam jar to be given as a thank-you, or an entire decorative scheme for a grand wedding.

Right now, we're all really excited to be launching our brand new website this month, showcasing some of the beautiful work we have produced. Most excitingly we will have a full online ordering system, enabling our customers to order our gorgeous bouquets and gifts in just a few clicks, so be sure to take a look!

www.markhoweflowers.com





### Jamie Hooker Owner/Manager, Dandy Coffee Shop

We opened Dandy in a relatively flooded local market with the ambition to share our passion for an uncompromisingly high standard of products and service at a realistic price.

From our locally sourced sourdough provided by Rich Howell to our coffee beans from Allpress, we always push ourselves to find some of the very best products available in any market; we would leave an accountant scratching their heads with some of our choices but it is what is right and why we are different.

It's nice to have something special to start your day (we recommend you make that either the Dandy toast, the Cada or the banana bread...\*Ed) and we don't see why it needs to break the bank. Our ethos has served us very well so far and has been met with incredible loyalty and appreciation from our customers (we are, amazingly, the number 1 rated restaurant/café in Jersey on Tripadvisor).

With an eye on the future, we will keep pushing ourselves to offer something a little bit different. As we grow, we are keen to keep introducing produce to the local market that is usually reserved for trips away.

We don't know what the new shop looks like or where and when it will be, but we do know it will grow organically and be built out of the same passion that we turn up with every day and, as a result, we know it will also be a little bit special.

www.dandycoffeeshop.com

### Dave **Stokes**

Owner, Bean Around the World

In its 20th year, Bean Around the World has become a true cornerstone of Jersey life. The Bean (as it has become affectionately known) has been roasting its own coffee since we opened our doors in 1996. Roasting our own coffee was key for us because we can guarantee its freshness. A raw coffee bean is like a package of potential, with flavours that are waiting to be developed and drawn out by the roasting process, but these flavours are volatile so time between roaster and cup is crucial.

We opened our own bakery and kitchens in 1997 to create bespoke foods, from the healthy to the naughty! (Have you tried the Carrot Cake?)

Never a company to stand still, 2015 has been an exciting year for The Bean. We have been seeking out ever higher quality coffees, with organics, traceability, provenance, and, of course, flavour, at the forefront of our minds. We have introduced organic milk at no extra charge and started almond milk this year as well, for those who prefer a non dairy choice other than soya. And for those who like it black? You can rest assured that The Bean's water is all double filtered.

With off island training planned for our staff, including specialist roasting courses and barista training, we expect to drive our standards ever higher. With the finest coffees, the highest quality equipment, a crack team of highly trained Baristas, and a true passion for what they do, the future is looking exciting at Bean Around the World.

www.beanaroundtheworld.co.uk

Beth Gallichan

Fundraising Manager, Autism Jersey

My work is always very varied and includes meeting lots of interesting people who are passionate about causes and driven to enable a better future for all in Jersey. I have been part of the team at Autism Jersey since February 2014 and involved in community aspects at many local festivals including Jersey Live, Folklore, Branchage and our own charity festival Groove de lecq.

The main objective of my role is to increase awareness and raise funds to support services and projects delivered by the charity. Part of this is breaking down stereotypes and increasing inclusion within our community. Having worked as a support worker with both adults and children with autism I have witnessed the change in attitudes and increase in understanding of a condition which was often misunderstood and stereotyped.

Autism Jersey has been fundamental in changing policy and campaigning for better diagnosis and provision of autism specific services within our island. It is estimated that over 1000 people in Jersey are on the autism spectrum. These individuals, as well as their families and carers, now have access to a variety of bespoke services, support packages and training all delivered by the charity. This year Autism Jersey celebrates its 10th anniversary which means a busy year for events including our 'Be Awesome for Autism' campaigns and our Awesome Ball on 10th Octoberat the Royal Yacht Hotel.

Working with other organisations and charities is essential to providing the best outcomes and results by engaging and including more community groups and people. Volunteers are the life blood of our charity organisations and the events we organise. Everyone has the power to make a difference; the reward for doing so is often an improvement in our own life.

### Summer Parkin

Fundraising Manager, BHF Jersey Branch

I joined the fight against heart disease in December 2014 and work closely with the British Heart Foundation Jersey Branch to raise funds to support the life-saving research of the British Heart Foundation.

Far from being rivals, I really believe that charities in Jersey benefit most when working alongside other charities, as a team, not in competition. Ultimately we live in a really supportive community and naturally each of us will have personal links to different causes. Working together, with lovely people who are passionate about something close to their heart, you're open to even more brilliant opportunities, ideas and networks of people – so why not share the love?!

I started working for the BHF in December 2014, so this year has been a jam packed calendar of local events and activities, trying to raise awareness of everything that we do. Heart & circulatory disease is responsible for one in four local deaths each year and with links to other conditions such as diabetes and stroke, is one of Jersey's biggest killers. The BHF are on a mission to stop heart disease taking lives prematurely and work closely with the local cardiac team to ensure Islanders receive the medical expertise and support which we need.

Since the Jersey Branch was originally founded (in 1972) considerable sums have been raised, some of which have been ploughed back into vital equipment, nurses and training at the hospital; our attention has now turned to supporting the national research which saves hundreds of local lives each year. We need your support. Heart Disease is a big problem, but with your help, the BHF are leading the fight against it.

# Setting up a SME

(That's a small to medium enterprise business)

David heads up Parslows' SME offering. He has many years' experience of advising clients on the corporate and commercial aspects of setting up and operating a new business, and works closely with other members of the Parslows team to deal with HR, employment and dispute resolution matters. Parslows are in the position of having grown their business from a startup into an SME and therefore have first-hand knowledge of the issues that may be facing you. Many of their services come with a fixed fee.

#### Do I need a licence to set up a business

in Jersey? If you are setting up any new business in Jersey, you will need to obtain a licence under the Control of Housing and Work (Jersey) Law, 2012. This can be obtained from the Population Office. You will definitely need this before you start trading otherwise you will commit an offence.

#### Once I have a licence can I start my

business? Not guite. You will also need to decide if you want to trade as a sole trader, in a partnership or as a limited company.

If you are entering into a partnership or setting up a company you should consider the need for a written partnership or shareholders agreement. A written agreement should assist in avoiding unnecessary arguments about the running of your business or in circumstances where your colleague decides to leave the business.

#### Do I need to register with any other government agencies or the like? Yes. You will need to register with the social security department and also the Income tax department.

In relation to GST if your business is successful and turnover exceeds the stated amount set under GST (Goods and Services Tax) provisions you will also need to register for GST.

Data protection registration may also be necessary depending upon the type of business you are operating.

What about insurance? It is a fact of business life that you may experience a claim against you. It is therefore essential that you hold adequate insurance to protect the business from any claim made by a member of the public (public liability insurance) or a client (professional indemnity insurance).

If you employ staff, you must also have adequate insurance (employer's liability insurance) in place to ensure that both the business and employees are suitably protected in the case of a claim following an accident.

### I plan to employ staff, will I need to provide them with an employment

contract? The simple answer is yes. Jersey employment laws ensure minimum requirements for all employers which include unfair dismissal and antidiscrimination rights. There are various types of contract from zero hour, fixed hour through to full time contracts. The basis on which you employ will depend upon your business model.

You should also be aware that there are certain restrictions as to whom you can employ. Under the Control of Housing and Work (Jersey) Law, 2012 you can employ anyone who is 'Entitled' and 'Entitled for work'. However you must have permission to employ anyone who is 'licensed' or 'registered'. It is the Employer's responsibility to check a new employee's residential status on their registration card before they start work.

#### How do I go about obtaining premises?

There are various commercial property agents that offer commercial premises for rental. However you should always carefully consider whether you really need premises in the early days of your business. The costs of leasing premises can be high and consideration of such must be an essential part of your thought process. If you decide that leasing premises fits your business model be careful to obtain advice on the draft lease. There can be many pitfalls within a lease that an untrained eye may not identify until it is too late.

#### Call David on 01534 630530 to find out more.

ON THE AGENDA:

"I can't stress enough how important it is to seek guidance from an accountant early on, preferably before you start. This will ensure you have received the correct advice and that an appropriate structure is put in place from day one." Sean O'Flaherty, Rosscot

We also spoke to Jersey's most personable accountant Sean O'Flaherty, Director of local firm Rosscot Chartered Accountants, to find out what needs to be considered when setting up a business in Jersey. It's certainly given us some food for thought!

#### Who can set up a business in Jersey?

You are eligible if you have lived in Jersey continuously for five years, or are Entitled, Licenced, or Entitled to Work. You are also eligible if you are the spouse of someone who is Entitled, Licenced, or Entitled to Work.

### Do you guide people in deciding whether they should be a sole trader, partnership

or limited company? Absolutely, this is one of the first steps to consider once someone has decided to set up in business. The type of entity is dependent upon each specific set of circumstances and it's vital to get professional advice at this early stage to make sure you are in possession of all the facts.

#### Are there advantages to a 'sleeping

**partner'?** A sleeping partner does come with advantages as they usually offer something that the business owner does not have themselves, such as business experience or financial backing. Consider though that the sleeping partner will invariably require timely financial reporting and does not ordinarily get involved in the day to day running of the business. They will also get paid for their involvement by way of profit share, return on investment or similar.

### What personal liability do people need to consider when setting up a

**company?** If your business trades as a sole trader or a partnership then you are liable for all the business debts; and that of your partner(s) even if they were responsible for incurring them. With a limited company your liability is limited to the amount you agree to invest in the company by buying its shares. There are a couple of exceptions to this such as any personal guarantees in place (e.g. the company's bank overdraft or supplier guarantees). Also, this does not eliminate liability for 'wrongful' or 'fraudulent' trading: you would be personally liable as a director in these circumstances.

Your liabilities do not stop there and you must consider the policies you need to adopt and the level of insurance required. You will need adequate insurance to protect against any claim made by a member of the public (public liability insurance) a client (professional indemnity insurance). If you are employing staff you also need to have employer's liability insurance in place. If you are holding data on clients, suppliers and even your employees you will need to notify and register your business with the Data Protection Office. I could go on!

### When do you need to engage an accountant in your business lifecycle? I can't stress enough how important it is to

seek guidance from an accountant early on, preferably before you start. This will ensure you have received the correct advice and that an appropriate structure is put in place from day one. This will save you time and money in the future and provide a supportive network to your new business that you will invariably need from time to time.

What are the most common business mistakes you see start-ups make? The most common mistakes tend to be noncompletion of required licenses, incorrect applications to authorities, failing to register for GST in time (businesses with sales of £300k or more) and record keeping. Invariably administration and paperwork are low down on most business owners' radars and it's all too easy to bury your head in the sand until a paper mountain has appeared. There are now numerous ways to keep on top of paperwork including super efficient programmes that link into your accounting software. Rosscot can provide advice on all of these matters to ensure that the business has sound administrative procedures. The business owners can then focus on what they are good at; which is running their business.

Do you just handle the accounts and tax returns or can you offer added value to a business start-up? Historically accountants simply offered accounts preparation and tax compliance services, however, the world has moved on. Value added services are critical to all businesses; whether they are startups or existing businesses. Rosscot can provide a full suite of services to include accounting software setup and training, ongoing bookkeeping services, payroll, management accounts (with associated meetings with the owners), not to mention general advice and company secretarial services via Rosscot Secretaries Ltd. We can be as involved as a client wishes and they can pick and choose the services they would like us to perform for them.

#### www.rosscot.com



Congratulations! You're thinking of starting a business in Jersey which is the first step in turning a good idea into a commercial opportunity. It's an exciting prospect but can be a scary one too. Careful research and planning will give you a clear idea of how successful your new venture is likely to be. Jersey Business have put together this guide to the four key areas you'll need to consider when starting your business.

#### Planning

Planning helps you focus your mind on how and what your new business will offer and who will buy your products or services. Time and effort in developing your Business Plan will significantly increase your chance of success. Get your business plan down on paper remembering to detail your goals and strategy, this will help you recognise when you are achieving them or more importantly when things aren't going so well!

#### Finance

While you may find other aspects of your business more exciting, ignoring your finances is not an option. A realistic financial plan will tell you how viable your business is, how much money you need to start and what level of trade you need to keep going.

You will greatly increase the likelihood of success if you develop a robust financial plan. This will allow you to understand if and when your business is likely to generate financial returns and what, if any, additional funding requirements you will need. Your financial plan and cash flow will help you to set realistic targets.

#### Operations

Premises, staff, equipment and manufacturing are among the things you need to consider to actually produce your product or service. Understanding how your business will operate and the costs that will be incurred to achieve it, are fundamental to your business success.

Be realistic about your own skills and experience and if you need to employ other people you should be clear about what you need them to do. You will need equipment, don't disregard second hand equipment if it is fit for purpose and think about how you can most effectively use IT for both running your business and for delivering your product or service.

#### Customers

Setting up a business does not mean you will automatically get customers knocking on your door! It is essential that you get your sales and marketing working effectively from the start. Establish that there is a market for your idea and there are enough customers who will pay the right price for you to generate a profit. Undertake market research so you can get customer feedback on your idea and the price customers would be willing to pay. Once you've clearly identified your customers spend time writing a marketing plan to help you think about how to reach your target market. Communicate with your customers. There are a number of ways to do this including online marketing, traditional marketing and telemarketing. You may need a mix of these rather than just one.

So....once you've considered all the points covered remember you are not alone. Jersey Business are here to offer you free, independent, confidential advice and support. We'll work with you during all the stages of your journey, from start-up through improvement, growth and exit. We look forward to meeting you.

# SME

Expert legal advice tailored to the requirements of the small and medium sized Jersey business.

For the comfort of readily available legal advice when you need it, please call Parslows on 01534 630530.





17 Broad Street, St Helier, Jersey, JE2 3RR, Channel Islands T: 01534 630530 E: enquiries@parslowsjersey.com W: parslowsjersey.com

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# Relative Values

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He joined Equiom in December last year at a very exciting time of expansion for the business. His primary role is to implement and drive forward the organic growth strategy for the Group, but he also has responsibility for the Corporate Communications and New Business Take-On teams. Heather Bestwick is a Non-Executive Director on the Boards of Equiom's Jersey and Guernsey businesses.

She plays a key role in senior recruitment for Equiom's Channel Islands' offices and works closely with Richard on a number of strategic projects.

<b>Richard Tribe</b>		Heather Bestwick
My 1974 MGB GT V8.	Favourite possession	My vintage NASA photographs - I am constantly amazed that these were taken ON THE MOON!and from Apollo 13! Incredible.
I love living in Jersey, but elsewhere Africa has been big a part of my life.	Favourite place	Alvear Palace Hotel in Buenos Aires. I may move in when I am 80 and see out my last days there.
Blue.	Favourite colour	Yellow - so cheerful.
My dog, Baccarat.	Favourite animal	Hercules the cat.
The smell of the sea and the beach.	Favourite smell	Jasmine on a warm summer's evening.
In the summer, at home having a BBQ with family and friends. In winter, a nice, long lunch somewhere with a real fire.	Favourite way to spend a weekend	A good start is a lazy breakfast at El Tico and reading the newspapers in the garden.
Italian (with a decent bottle of red!)	Favourite food	Anything with a spicy kick.
I'm going "Old School" – Vanilla.	Favourite ice cream flavour	Caramel.
Outside of doing stuff with the family, I really enjoy relaxing with a good book and a glass of wine.	Favourite pastime	Tap dancing in Christophe Chateau's class!
The Wild Geese.	Favourite film	The Godfather Part II.
The Shadow of the Wind by Carlos Ruiz Zafon.	Favourite book	Whatever I'm currently readingwhich is Margot Asquith's 'Great War Diaries'.
Very difficult to nail it down; probably "The Logical Song" by Supertramp.	Favourite song	So mood dependent! But my all-time favourite is 'Layla' (long version) by Derek and the Dominos.
My son, Aaron.	Favourite person	My husband, Brian.
Mark Saralis – a local legend.	Favourite celebrity	If a historic celeb counts, John of Gaunt.
Adding to my watch collection.	Favourite things to splurge on	Weekends away (and the odd hand bag).



Based in the heart of St Helier, Kerching are Jersey's modern-day pawnbrokers! Offering a 'bring and buy back' service to those who need cash fast but don't want to sell their valuables, they'll loan against anything from an iPhone to a Lamborghini! Additionally, they're a bureaux de change offering the best exchange rates in Jersey.

Regulated by the JFSC, this is a brand you can trust and one that (on top of all their other services) also buys gold, silver and platinum for cash at the up-to-theminuterate. So how do they do it? With an app of course – a platform provides them with the latest market prices – meaning the customer gets a fair deal each and every time. 'Borrowing against an asset is not only a great way to lend money – it's instant!'

When it comes to brand values, Kerching are committed to offering their customers the best possible rates, whether borrowing against a personal item or buying foreign currency. They also have a huge online presence, which makes them approachable at all times.

They currently specialise in a range of services, including 'Bring and Buy Back', Pawnbroking, Merchant Services and Foreign Exchange. With Kerching.je, you're guaranteed to get more 'MOOlah' for your money! In fact, no FX customer has ever been able to find a better rate elsewhere in Jersey! One of the reasons for this? The Kerching.je and their online partner FairFX's FX rates are based on interbank rates, which ensures areal time rate at all times.

So whether you order your currency online and have it delivered (insured) to your door, or pop along to the store - with Kerching.je, cash is available as and when you need it. They also offer an astounding 30+ currencies, including everything from Malaysian Ringgit to Thai Baht, all commission free! You can even order a FairFX Anywhere card, which lets you spend all over the world with all the value, convenience and security of a prepaid card for Turkish Lira, Japanese Yen, Swiss Francs and everything in between. With the motto 'we won't be beaten!' they're able to offer a friendly, discreet money-lending service. This local brand are not only extremely proud of their heritage, they're honoured to be able to provide a competitive and confidential 'value for money' provision, delivering on tap cash to client's as and when they need it fast!

"Kerching, offers the best over the counter foreign exchange rates in Jersey as a regulated FX bureaux and as Jersey's only Pawn Broker allowing you to borrow up to £1,000,000 against any valuable asset (be it an iPad, antique jewellery, a Harley Davidson or even a Motor Yacht) all without having to sell them"

#### The bigger picture

Kerching, offers the best over the counter foreign exchange rates in Jersey as a regulated FX bureaux and as Jersey's only Pawn Broker allowing you to borrow up to £1,000,000 against any valuable asset (be it an iPad, antique jewellery, a Harley Davidson or even a Motor Yacht) all without having to sell them– making them a short-term alternative to banks and loan companies and a great realistic option to those very expensive pay day loans. As long as your asset is worth what you want to borrow you can have the money same day. Combine this with a team of approachable, efficient staff, a confidential platform and a series of impressive brand values and you have a user-friendly facility at your fingertips.

They also offer an online service or at home service for those who wish to invest in a more discreet and confidential pawn broking service.

Choose kerching.je – available online 24/7 or in store five days a week. 27 Beresford Street, St Helier 01534 56 56 56/ www.kerching.je/mail@kerching.je To find out more, like them on Facebook!





### RAISING THE BAR IN GRADUATE SCHEMES RESOURCING ADVISOR

The latest figures from Jersey Finance signify steady growth performance in the Finance industry. Growth particularly in the alternative funds market in the last year in the Channel Islands has led to a surge in funds vacancies across both Islands. The level of recruitment activity has been put down to a number of offshore companies expanding quickly and substantial new business wins in this sector, however due to limited experienced funds candidates available in the offshore market, companies are now often competing with each other for top talent.

Apparent in the number of roles being advertised on social media, the local papers and even radio at the mid to senior level, shows that companies are struggling to recruit people at this level to meet with their ever growing needs. Feedback from the recruitment agencies is that across the board, this level has been a challenge to recruit for, and unfortunately due to a lack of talent not actively looking, they predict that this trend will continue.

Subsequently, with the amount of available active roles, funds candidates are having their choice of the market and are starting to appreciate their worth to prospective companies. Both active and passive funds candidates are now being offered considerably higher salaries and some are even being paid; above the market rate in order to entice them. In order to retain top talent, recruitment

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We as a company offer an excellent Training & Development prospect and we continue to support the studying of professional qualifications for our staff, join the company that is raising the bar in Financial Services.

agencies have seen a considerable rise in the amount of counter offers being offered across the Finance sector. With predictions that this trend will continue and salaries due to increase more in the next 12 months, are companies at risk of pricing themselves from winning potential new clients in order to retain and attract experienced funds employees?

Another consideration is whether companies will need to then move their Administration and Accounting departments elsewhere in order to find the talent required to service their clients to avoid paying over the odds, or will they consider outsourcing certain teams to save on costs?

Arguably, if this trend does continue, recruiters and companies alike need to look at new ways to attract and to source talent in order to pipeline for future needs in this market. The apparent skills gap reaffirms the need for companies to refocus their investment into training schemes and professional studies to ensure that they have the necessary expertise to meet with the demands of this growth in the local market.

With this in mind, this year Elian Jersey is launching a brand new Graduate Scheme, for University graduates who are looking to pursue a career in finance. This is also the only Graduate scheme to offer training in all Corporate Services, Private Wealth and Funds Services.

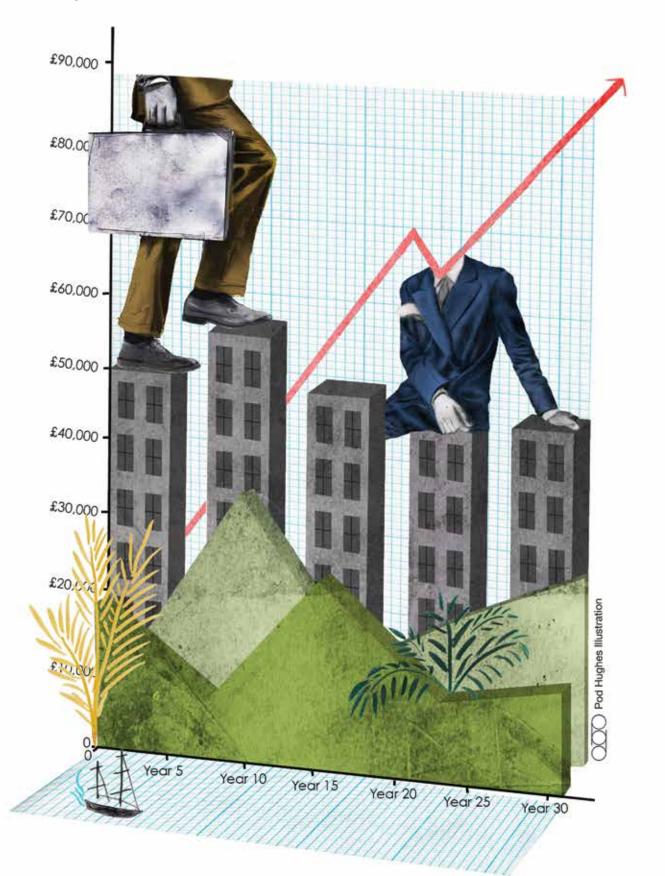


ELIAN.COM/CAREERS FACEBOOK.COM/ELIANCAREERS



WORDS Management Consultant Marcus Halberstam

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Pepsi vs Coke; Apple vs Microsoft; Giant Shark vs Mega Octopus: these are some of the epic rivalries that have shaped the corporate world we live in today. They provide valuable lessons to those who want to understand the dynamic global business environment, exemplifying concepts like value-added marketing, synergised acquisition strategies, and why tentacles can be better than teeth. Jersey might appear peaceful in comparison, but if you pay attention you'll see the same conflicts played out in the boardrooms of St Helier, only on a smaller scale and with fewer exploding submarines. Business is business, big or small, and the only way we can truly comprehend the furious competition between Ford and General Motors; Sega and Nintendo; French and Saunders, is to pay close attention to the ways in which these grand rivalries have their parallel in our small island.

#### Business Autobots vs Corporate Deceptikons

When I'm delivering one of my inspiring management seminars on this subject, I like to use the example of two local firms who I feel sum up everything there is to know about corporate rivalry in the Channel Islands. They may not be global behemoths like Nike and Adidas, BP and Shell, or Hall and Oates, but I'm confident in saying that when our local firms are competing for the last space in the Esplanade car park it's with the same level of intensity and dedication that any of those big fish take bites out of each other. It will be obvious to a business audience that I could only be talking about two firms: Spigot Trust and Lavoir, Ecobichon and Lavoir. Jersey has some world-class organisations, but I think even their closest competitors would have to admit that these players are in a league of their own. They're like the lion and the panther, apex predators of St Helier's capitalist jungle - but what's the magic ingredient in their corporate diet that supplies the energy to consistently give 200%? Let's take a look in the kitchen and see if we can sniff it out. Maybe it's monkey balls.

#### Struggles at the dawn of the finance industry

Like many AAA local firms, both Spigot and Lavoir sprung from humble beginnings. Spigot got its start loaning capital to broccoli farmers from the back room of a country pub, whilst the Lavoir brothers offered wealth management services to ormer fishermen and freelance accordion players. By the mid 1960s both firms were almost unrecognisable, having rode the wave of the early finance industry into large, newly built offices filled with the latest in asbestos furnishings. Imagine Mad Men, but with Fort Regent in the background and the persistent odour of lobster mixed with Old Spice. Competitors and customers alike would notice a striking contrast in corporate philosophy, with Spigot renowned for its conservative investments and pre-war formal dress code, whereas laissez-faire Lavoir scandalised polite banking society by permitting facial hair and allowing female employees the right to smoke. Differences aside, both got filthy rich. The lesson? It doesn't matter if your staff resemble hippies or the Home Secretary, as long as investments stay healthy and none of your secretaries catches on fire.

#### Bull market: corporate culture in the 1980s

By the 1980s, peace and brotherly love were forgotten, with both firms viciously competing to have the widest lapels, the tightest sock-suspenders and the most scandalous VIP parties involving circus clown-tossing and Colombian sherbert. Open warfare almost broke out when a local clown shortage resulted in longshoed celebrities Bobo and Chico double booking themselves for competing Saturday night shindigs. Although a truce was agreed that involved senior partners from both firms racing to Guernsey on their Sunseekers and kidnapping anybody who looked like they could fit in the back of a miniature car, the pressure of working 70 hour weeks for an entire decade meant that the only people still awake on their return were nude butlers holding trays of sushi. What does this tell us? That there's a sweet spot between the 80s ethos of work hard/play hard and what nowadays we call work-life balance. That sweet spot is for your staff to still be awake when fresh clowns are delivered to the party.

#### Greenwashing:

### the 90s and corporate social responsibility

In another sea change, by the middle of the 90s financial institutions were sheepish about all the poor judgement of the previous decade, particularly where it involved moustachioed clients from Latin America, their mysterious revenue streams and partners being gifted more tax-exempt llamas than they knew what to do with. This resulted in moves to demonstrate that investment bankers were citizens too, citizens who were sorry about the corporate equivalent of a house party that ran for almost a decade and would like to make amends by building some water pumps in Africa and sponsoring a couple of pandas (memo to secretary: non-African pandas, ideally). Once again, our two exemplars burnished their responsible credentials in contrasting ways, with Spigot offering branded muesli stands at Glastonbury festival, whilst Lavoir inked a sponsorship deal with Sting, who needed funding to greet previously undiscovered amazonian tribes with acoustic ballads about tantric sex. Neither firm sold any of its shares in oil, coal or uranium and, regrettably, Sting was unharmed. Six work experience students are still missing, presumed eaten.

### Holistic supportive environments: your people are your biggest asset

After focussing on circus clowns, pandas and Sting, our battling behemoths did belatedly realise that there were other candidates who might benefit from a bit of sweet corporate loving, namely the people who actually worked for them. Eager to avoid the burnout that had claimed so many middle managers in the 80s and 90s, both firms simultaneously instituted an aggressive programme of headhunting - inevitably from their closest competitor. Some executives were tempted by Lavoir's extended paternity leave and boardroom yoga classes, whereas others favoured Spigot's supportive environment for 'new paradigms' and 'out of the box' management thinking - created by docking the pay of any subordinate who failed to look sufficiently excited during a two hour speech on 'Who Moved My Cheese?' The result of this corporate game of musical chairs led to a golden period of growth for both firms, partially supported by rank and file staff selflessly working longer hours and absorbing the brunt of the recession. Yes, there were some complaints, but any dissent in the ranks was rapidly quelled by the sound of jungle drums and the opening notes of 'Walking On The Moon'.

The lesson here, and indeed in every story I've shared with you today, is that a strong business rival is equal parts worst enemy and best friend. They'll steal your customers, poach your staff and let down the tyres on your Jaguar, but their success can provide a benchmark for your organisation to strive towards. A corporate rival is the Beatles to your Rolling Stones, the Nestle to your Cadbury, the Skeletor to your He-Man. The unique qualities that define your firm against its closest competitor are those that will attract new business and mark both companies out in a crowded marketplace. Just remember to play fair, keep a sense of humour and let your corporate hospitality people know that clown tossing was made illegal in 2006.

### On the Case: Lydia Smith

C.I. Travel Group has specialised in travel to and from the Channel Islands for over 30 years and currently serves 40,000 clients each year. The company organises inclusive holidays and breaks to and from Jersey and Guernsey. Outstanding customer service is at the heart of everything they do.

Lydia Smith looks after Product Development for the Group's outbound brands of FlyDirect and Bontour, offering flights and holidays from the islands. The FlyDirect programme operates direct flights fromJersey to Majorca, Barcelona, the Costa del Sol and Tenerife, departing between January and October. Bontour features a fantastic selection of short breaks, family holidays, sports trips andcultural tours to France, the UK and between the islands.

"We're always looking to further enhance and grow our product, from different direct destinations tonew events and unique accommodation. We listen to our clients and keep our ear to the ground, aiming to lead the market and be the first to offer new holiday experiences. I get to visit and explore some amazing places, meeting knowledgeable people and always lookingfor fresh opportunities for our clients. We ensure that all new and existing breaks on offer match ourown high standards of product and customer service.

When it comes to my bag, therefore, it's about being ready for anything; I go with an open mind and a light bag. Once I arrive, I want to maximise my time to experience all that a destination has to offer; getting to know a place and its people, hunting out the most suitable products, and building relationships to get the most exclusive deals. My travel bag makes sure I have all the essentials tonot get caught out, to be productive, stay mobile and be internationally flexible."

#### What's in her case?

**iPhone:** My role is all about communication and education. My iPhone is key for this when I'm out of the office; phone, emails, social media and a dictionary as well as practicalities with maps, weather, Google for when you need more insight, currency exchange and, if there's time, my kindle, and of course every trip needs a soundtrack.

**Satnav:** Often the purpose of my business trips is to find new places and new products. The Satnav is a welcome, time saving co-passenger when exploring unfamiliar territory.

**Camera:** Travel is about sharing beautiful places and making memories. When you're seeing a lot of hotels and attractions in one day, a camera is the best way for me to remember, ensuring that I can later share hotels and experiences, and bring them to life from afar. Then our clients can go and make memories for themselves.

**Travel adapter:** With so much reliance on electrical items this is one thing you can never forget when going overseas.

**Notebook / pen:** I'm still a lover of the reliable paper and pen for note-taking in meetings.

**Business Cards and Holiday Brochures:** No missed opportunities! I need to meet new people and build relationships to secure the best new products. These opportunities can come at the most unexpected times and I always want to be ready to make the best first impression. "When you're on the road abroad you can never be too sure when, or what, you're going to be able to eat. Although not the most robust travel companion, the banana is a healthy, sweet and self-wrapped snack!"

**Bikini:** Again, no missed opportunities! If there is a chance for a quick bit of leisure time the pool is the place to go – to also fully experience the product, of course!

**Day to night makeup:** Best use of time is required on these trips and a quick turnaround can sometimes be needed from day to night. If an unexpected invite comes up, I need to be ready for every eventuality.

**Banana:** When you're on the road abroad you can never be too sure when, or what, you're going to be able to eat. Although not the most robust travel companion, the banana is a healthy, sweet and selfwrapped snack!

**Suncream:** I love being able to explore sunnier climes for work but no one wants a meeting with a red nose!



HAWKSFORD





### Career Ladder Highs at Hawksford

To support its ambitious growth plans, the international corporate, private client and funds business, Hawksford, has strengthened its management team with four Director appointments.

### **Claire Keeney**

Dream job aged 8? Irish Dancer – Michael Flatley style. Favourite pastime? All areas of exercise, in particular boxing with Ben and Alan Murray at Boxin Business.

**Top tip for success?** From Richard Branson – believe in your ideas, be the best and don't give up! Also, develop those around you, if the team performs well then you do.

Claire will be responsible for the continued growth of the company's funds business, which has grown considerably since she joined Hawksford at the beginning of 2014, both in respect of its client base and the team of dynamic and specialist funds experts. She manages a wide range of complex structures for an international client base. Daniel Hainsworth Dream job aged 8? A solider, or something in the military. I actually applied for the RAF when I was 17 following through with my childhood dream, only to find out I was colour-blind! No wonder I got in so much trouble in art classes at school.

Favourite pastime? Once the kids are in bed I look forward every day to walking my dog, Ringo. I love to see his excitement at the new places I take him. It's our time together to go and explore.

**Top tip for success?**Believe in yourself, set yourself goals, work hard and empower those around you.

Daniel will play a significant role in growing the company's corporate business, both through organic growth and strategic acquisitions. Daniel has more than 15 years' experience in the corporate and wealth structuring industry and has played an instrumental role in developing Hawksford's Middle East business. Matthew Wilkinson Dream job aged 8? To be in the A-Team!

Favourite pastime? I try to visit at least four new places around the world each year. Top tip for success? You only get out what you put in and it's the extra efforts that make the difference in the long run. You will always make mistakes, but it's how you recover that is important.

Business Enablement Director Matthew will be responsible for developing and enhancing Hawksford's international technology offering and implementing a centralised, business-focused function. Matthew, who has nearly 20 years' experience in technology and operations, joined Hawksford in 2009 as head of IT and has overseen the project management of a number of significant acquisitions.

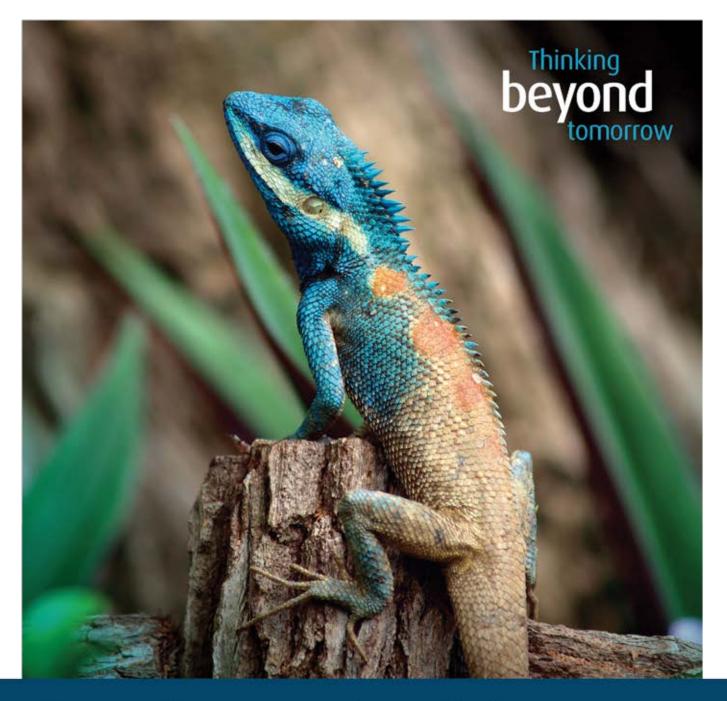
#### Steve Carr

**Dream job aged 8?** Like most 8 year old boys, I wanted to be a footballer!

Favourite pastime? It may sound cheesy, but I would probably say spending time with my wife. We do so many amazing things together and somehow manage to make even the most mundane day to day things fun!

Top tip for success? Having the right attitude towards work, being prepared to put the effort in. I think too many people believe they are owed a living which isn't the case at all. Hard work and determination, I believe, will pay off.

Private Client specialist Steve joined Hawksford as a Senior Trust Officer in 2000. He will be responsible for developing new products and services, growing the business in new jurisdictions and expanding the Private Client team. A member of the Institute of Chartered Secretaries and Administrators and Chartered Management Institute, Steve has experience working with clients across a diverse range of industries.



# Develop a colourful career

Hawksford is an international and award-winning corporate, private client and funds business. We appreciate everyone has different goals. Whether you want to blend in or stand out, we will support your development and career progression individually to help you achieve your potential. Explore hawksford.com/careers for the latest opportunities and send us your CV today.

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We all know that there's no such thing as a free lunch, particularly in the business world. So last month we booked a table, invited along a guest and had lunch. Simple. The guest: Nigel Mann, one half of the husband-and-wife team who founded The Jersey Sports & Spinal Clinic, a private physiotherapy clinic based at 14 Gloucester Street, St Helier. Nigel and Lisa set up the award-winning clinic when they returned to the island in 2007.

### What inspired you to start your own business?

Lisa and I were privileged to have worked in the UK with some amazing physios who had superb facilities and when we made the decision to return home to Jersey – something we had always envisaged - we wanted to deliver an exemplary service to Islanders. We had been inspired by our experience in the UK and wanted to offer a similar level of service here, which at the time was not being offered locally.

### What challenges have you faced along the way?

When we came back, we naively thought that setting up a business would be straightforward. Our background was working in the health service so we had very little business training and it was a monumental learning curve. But some incredibly generous people, who mentored us or gave us opportunities, have helped us along the way. Much of our success to due to their guidance but we had a lot of luck as well – such as being in the right place at the right time to find our home within the Island Medical Centre. When we first started, nobody knew us and we had very little capital ... but there is nothing more motivating than being out of work and only having a limited pot of money. Pilates taught by physiotherapists has been a huge success. We believe that this is due to our grounding in anatomy, physiology and exercise prescription. These skills allow us to prescribe specific classes for our clients.

### How has your business grown over the last eight years?

We have grown exponentially since 2009, when we moved into the Island Medical Centre. We are growing yearon-year and so we are continually adding more treatment rooms to the business, more staff and more classes. at the top of its game. We want to be the best we can be, both clinically and as a business. And we want to stay there.

How has winning the IoD awards in 2013 changed your business?

It was a brilliant opportunity to reflect on the business and think about where we

"When we came back, we naively thought that setting up a business would be straightforward. Our background was working in the health service so we had very little business training and it was a monumental learning curve"

Now we have a clinic with six physios, two Pilates instructors and three admin staff. Our biggest challenge has been the recruitment of suitably qualified and experienced physios, which takes a long time. Our business has also grown faster than the infrastructure so a challenge has been to slow the business growth down to allow us to still provide that high level of service. Being a director means that Lisa and I have to be the 'entrepreneurs', 'managers' and 'technicians' of the business. It is challenging to wear so many hats but deeply rewarding.

### What do you enjoy most about working as a physiotherapist?

I love the diversity and the challenge that every patient brings. There is no single solution – each injury is different and each path to rehabilitation is different, which makes it a most satisfying job. As a director, I like focusing on building something that is take it forward. Given the work you put into it, it really makes you think about what you do and why you are doing it. I don't think it led to change, per se, but it helped us to reinforce the high standards we were trying to achieve and to keep us focused on those things.

### Is being a self-employed physio a 9 to 5 job?

I like the quote "people who are selfemployed work 80 hours a week to avoid doing a 37½ hour week". Is it a 9 to 5 job? Definitely not. Would we like it to be a bit more of a 9 to 5 job? Probably. But having kids helps you re-focus and find a better work-life balance. What is considered a medium-sized business in Jersey is a very small business in the UK so there are still an awful lot of things you still have to do yourself. I am still a practitioner as well as a director and occasionally a handyman but we love what we do so want to put the work in to make it a success. **www.physiojersey.com**  The Skills Accelerator grant has helped the Jersey Employment Trust to invest in two members of staff, who are now better skilled to undertake their roles.

The skills learnt on the training have improved the efficiency and productivity of the operations at the Acorn Woodshack.

Steve Pearce | Jersey Employment Trust

# Employees. Employers. Grants up to £4,000 still available for skills training.

Skills Accelerator grants provide support to employees of local businesses (SMEs) to access training that will make a difference to the viability or diversification of their employer's business. Grants could support personal development, vocational or specialist training, and training for employees looking to progress to a new role.

Successful applicants are offered a grant of up to 75% of the total balance of their training costs, up to £4,000. Closing date for applications is Monday 14 December 2015. To be eligible for a grant, applicants must be able to demonstrate their residential status, and businesses must have been trading for a minimum of six months. For further information about the Skills Accelerator and how to apply visit: gov.je/Skillup



A Skills Jersey Initiative



### Movers&Shakers

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**Growth driving expansion of leadership team at PwC** Newly admitted Jersey based Partner, Mike Byrne, and recently appointed Directors, Chris Van Den Berg and Guernsey based Alex Burne, will play key roles in facilitating the sustained growth PwC continues to experience in the local market.

Mike Byrne, who has been with the firm for over 15 years, leads the Asset Management industry for PwC in the Channel Islands, with a personal focus on private equity and hedge funds. The scope of Mike's international work and experience of working in Europe and Asia, coupled with his ability to foster dynamic, collaborative relationships means he is perfectly placed to spearhead the firm as local demand for these services in Jersey and Guernsey continues to increase.

Chris Van Den Berg joined PwC in 2008 after relocating from South Africa. He has built up a wealth of knowledge and experience in all aspects of the firm's services, with a particular focus on the advisory and fiduciary areas of the business. Based in Guernsey, Alex Burne has almost 15 years' experience of financial service assurance projects, predominantly within the asset management sector, having qualified with PwC in 2002. Complementing these appointments, PwC recently welcomed new Head of Tax for the Channel Islands, Justin Woodhouse, on board. A Partner with the global firm since 1990.



### Hand Picked Hotels recruits Channel Islands sales and

marketing director Hand Picked Hotels has appointed Suzanne Kirk as director of sales and marketing for the Channel Islands Collection. With over 30 years' industry experience she will oversee the marketing and sales operations at Hand Picked's three Channel Island properties.

Chief executive officer at Hand Picked, Julie Hands, commented: 'Suzanne is a highly experienced marketing professional with a proven track record of success at developing key premium brands in the UK, Ireland and Europe. Suzanne's knowledge of local businesses and the Channel Islands, combined with her customercentric approach, will not only help build first-class client relationships, but also develop solutions that deliver exceptional results for clients.'

### New senior physiotherapist at The Jersey Sports & Spinal Clinic

Luca Maestroni, returns to the island's leading physiotherapy and rehabilitation centre, as clinical lead physiotherapist, after completing his second Masters, in Sports Physiotherapy, in Australia. Italian born Luca will apply his considerable knowledge to patients as well as guide colleagues to improve patient outcomes and assist with their professional development.

Luca first studied physiotherapy at university in Italy. After two years working in Italy, he left to complete his first Masters, in Manipulative Physiotherapy, at Curtin University in Perth, Western Australia. He then worked for a busy practice in the City of London and first came to Jersey Sports & Spinal Clinic in February last year to provide maternity cover.

Nigel Mann, co-founder and director of The Jersey Sports & Spinal Clinic, said: "We want our employees to be best that they can be and Luca's appointment is integral to this aim. By giving them great diagnostic and treatment skills, we will make real differences to our client's lives. It is a very exciting time for Luca to join us."



### Marbral Advisory Appoints Jo Buchanan as Head of

**Communications** Jo is a highly driven marketer with Chartered Marketer status. She offers a keen eye for detail and a strong focus on delivering creative campaigns that deliver revenue and growth.

Prior to joining Marbral Advisory, Jo was responsible for managing the online customer experience for the Stanley Gibbons Group. The role involved a full review and reconfiguration of their customer portal and regular consultation with their US-based digital team to deliver a new concept marketplace for collectors to trade in a variety of collectibles including stamps, postcards and coins.

In her role at Marbral Advisory, Jo has been appointed to raise the profile of the Marbral brand, ensuring that Marbral becomes the brand leader for change management.

### New head teacher for

**Grouville School** Nichola Turner, the current head teacher at Trinity Primary School, has been appointed as the next head of Grouville.

Mrs Turner, who has worked at Trinity for the past 15 years including five as head, will take over in January 2016. The current head teacher, Pam Pitman, retires at Christmas.

Mrs Turner said: "It has been an absolute pleasure and privilege to work at Trinity and it is an extremely hard place to leave. It represents the very best of schools, filled with children who have a deep love of learning and want to achieve their very best. Although it was a hard decision to make, I feel it is the right time to move on and face new challenges.

Mrs Turner's current school has one class per year group. Grouville is larger, with two classes of children in each school year.



### Communications specialist joins Direct Input

Leonie Hervé has joined public relations company Direct Input (DI) as an Account Manager.Leonie has a background in finance, previously working at HSBC and Santander Private Banking, developing and implementing an integrated programme of communications. She has a BA Honours in Marketing, and as a member of the Chartered Institute of Public Relations, a Diploma in Public Relations and a Certificate in Internal Communications.

James Filleul, founder and Managing Director of Direct Input, added: "I am delighted that Leonie is joining the team. She will be able to add a new dimension to the advice we provide to clients, and add further to our expertise in new media. It's a really exciting time for the business, with a growing team, and a move to new offices right in the heart of town."

Leonie is a Trustee for the Jersey Community Relations Trust. She enjoys running, cycling and is a yoga enthusiast, recently completing a 200-hour teaching training course in Nepal.



### New Head Chef at Greenhills Country Hotel and Restaurant

Greenhills Country Hotel and Restaurant has recently promoted Lukasz Pietrasz as the new Head Chef, taking over from Marcin Dudek who sadly for Jersey, has to return to his home country, for personal reasons.

Lukasz has been the Hotel's Sous Chef for five years, so Greenhills diners will have a real sense of continuity. The Restaurant's reputation for quality, service, presentation and the use of Genuine Jersey produce will continue, as will the tradition of innovation and developing signature dishes.

Carmelita Fernandes, one of the Hotel's Managers, said 'We are delighted to be able to offer this prestigious role to Lukasz, who has proved that he has what it takes to deliver an exceptional dining experience every time and to run our kitchens to the high standards expected by our guests'.



### EY promotes Wendy Martin to Partner

Wendy Martin has been promoted to partner of EY UK,one of 267 new partners across of EMEIA (Europe, Middle East, India and Asia). This is a record year for EY with a 57% increase in partner promotions since 2008 and 28% of the newly promoted partners are female..A specialist tax adviser, Wendy joined EY in 2013 where as a member of the senior leadership team she has directed the firm's corporate and international tax service offerings.

As well as her tax specialism she has championed the diversity and inclusiveness agenda, specifically encouraging women to achieve their potential by expanding their networks and developing professional skills, as well as encouraging more women to be represented on boards. This has been demonstrated through leading EY's sponsorship and launch of the Women's Development Forum in Jersey.

Before joining EY, Wendy worked for the States of Jersey, where she was the director of tax policy with responsibility for developing and implementing all aspects of domestic and international tax policy and undertaking adetailed review of the States' corporate tax regime and the introduction of targeted anti-avoidance rules.

**RBS International announces appointment of new CEO** Andrew McLaughlin has been appointed as new Chief Executive Officer replacing Adrian Gill who is returning to the UK with the RBS Group.

Andrew, who has worked for the RBS Group for nearly 20 years, has most recently been the bank's Chief Economist and Head of Communications. He has had a range of senior roles within RBS and he also spent several years working outside the bank in the corporate sector.

In his role as CEO (which is subject to regulatory approval), he will have responsibility for the RBS International, NatWest and IoM Bank operations in Jersey, Guernsey, the Isle of Man and Gibraltar. He will report directly to RBS Corporate and Private Banking (CPB) in the UK and will sit on its executive committee. Alison Rose, CEO of RBS CPB, in congratulating Andrew on his appointment, said that investment in RBS International was central to the bank's plans.

Andrew is known to many clients and other leading business people locally as a result of his role as Chief Economist as he visited on several occasions to present the bank's economic forecasts at client events and seminars.



### Business News EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



### Law Firms David Benest Law and Hanson Renouf to Merge in the New Year

Law firms David Benest Law and Hanson Renouf are to joining forces. The merger will create a significant presence in the legal market in Jersey and build on the established reputations which both firms have in the litigation and family law fields. The new firm, Benest Corbett Renouf, will open its doors on 1 January 2016 and will have 18 lawyers, including five partners: Advocates David Benest, Barbara Corbett, Mark Renouf, Jeremy Heywood and Jean-Marie Renouf.

Hanson Renouf was founded in 2005 and has grown steadily over its 10 year history. As well as its core areas of litigation and family law, the firm offers a wide range of legal advice to both individual and commercial clients, including in the fields of property, wills and estates.

David Benest Law was established in 2013 by the former Jersey managing partner of one the largest offshore law firms. Its focus has been on clinical negligence and high value personal injury work, trust and property litigation and more recently divorce and ancillary matters. Since 2013 the firm has grown, tripling its number of fee earners. The merger also builds on the many years of collective experience of both firms. The partners at each firm have been recognised in their respective areas of legal expertise and are seen as leaders in their fields.

### Six directors from Hawksford feature on

**Citywealth Leaders List** Six experts from Hawksford have been named on Citywealth's Leaders List, a comprehensive guide to the leading wealth management professional advisors.

Chief executive officer Maxine Rawlins and directors Mike Powell, Julian Hayden, Tim Cartwright, James Howe and Steve Robinson all feature on the prestigious list. Now in its tenth year, Citywealth's Leaders List is compiled from votes and endorsements from industry peers, ultra high net worth clients and charitable organisations. Candidates are nominated confidentially, before they are subjected to a rigorous selection process.

Director and head of private client James Howe said, 'Hawksford's wealth management team has great strength in depth, as is evidenced by six entries on Citywealth's leaders list.'



## Whitmill team ranked again on list of 'best of

**the best'** Four members of the Whitmill team

have once again made it onto the Citywealth Leaders List 2015. Don Wijsmuller, Frederick Deacon, Kiran Patel and Wayne Meenagh have all been recognised on the list of those considered to be 'the best of the best' in their field.

An indispensable online directory that lists hundreds of leading figures in the private wealth and private client advisory sector, the Citywealth Leaders list is put together after extensive research and is compiled via names submitted by private clients as well as nominations by peers and is sent out to thousands of advisors around the world.

Don Wijsmuller, Founder and Managing Director features in the Trustees Honours List and Directors Frederick Deacon and Kiran Patel are both named as prominent figures within the industry.

Wayne Meenagh is on the list of Trustees this year - another huge success for the Managing Director of Whitmill Trust Company Gibraltar, after his team were recently named Gibraltar 'Trust Company of the Year' at the annual Citywealth International Financial Centre Awards.

### EY invests in Channel Islands under-graduates' future

14 local university students, for the second year running have been welcomed into theEY's Channel Islands office last month to take part in a four week summer internship programme, which is designed to provide an invaluable insight into the world of professional services.

The students, eight from Guernsey and six from Jersey, took part in a wide range of activities, combining on the job learning through work experience and management shadowing with projects, skills workshops and presentations.

During their time with EY, the interns will gained vital professional skills and learn about the work the firm's assurance and tax teams provide. They will also be given the opportunity to develop the soft skills required to build a successful career, including networking, personal branding and presentation skills.





### Jersey business leaders named in national awards shortlist

Six leading individuals from Jersey's private and public sectors and winners at this year's Jersey Director of the Year Awards, organised by the Jersey branch of the Institute of Directors (IoD), are proceeding to the national finals of the IoD UK Director of the Year Awards.

The shortlist for the Awards, which are designed to recognise and celebrate the exceptional achievements of individuals at director level within private, public and voluntary organisations across Britain, were announced last week, and it is the fifth consecutive year that Jersey will be represented at them.

Those shortlisted from Jersey will compete for the national awards from a total pool of 77 individuals, including some of the UK's most successful company directors from across England, Scotland, Northern Ireland and Wales. The winners of the prestigious awards will be announced at the IoD Director of the Year Awards UK Finals ceremony on 23 October to be held at the Lancaster London Hotel.



### HR Now and Jersey International Business

School Join Forces The Human Resources Management Skills Training Programmeis aimed at anyone with responsibility for managing people; it will be delivered as a series of six "How to... HR Management skills" sessions running from September to February and will cover the entire employee lifecycle. The training will provide a practical and informative overview of HR management, with a local perspective.

Topics covered in the programme include: recruitment without discrimination, performance management and appraisal, managing capability, how to conduct a fair investigation and managing the disciplinary process, termination of employment and social media. Having attended this course, delegates will have a comprehensive understanding of HR Management best practice and understand how to get the best out of their team, avoiding pitfalls along the way.

To book onto the Programme, email Jersey International Business School at bookings@jerseyibs.com or book online at www.jerseyibs.com



### Recognition for Bedell Cristin Partners in

**European legal awards** Two Bedell Cristin partners were recognised as leaders in their field across Europe in the Europe Women in Business Law Awards organised by Euromoney Legal Media Group.

Zillah Howard was awarded 'Best in Offshore' for the fourth successive year and was also nominated in the 'Best in Trust and Estates' category, the only Channel Islands lawyer included on this UK and European shortlist. On being presented with the award, Zillah was commended as being "an outstanding lawyer advising high and ultra-high net worth families on all issues relating to international private client work".

Lisa Springate was shortlisted for the second time in the 'Best in Offshore' category.

The awards, which celebrate the achievements of women in the legal sector, were presented at a prestigious ceremony at the Grosvenor Hotel in London attended by more than 200 leading lawyers from many major law firms in London and across Europe.



### JTC enhances global funds capabilities

JTC has significantly enhanced its global fund servicing capabilities with the major acquisition of Kleinwort Benson's Fund Administration business in the Channel Islands and South Africa.

The transaction, which relates to the whole of Kleinwort Benson's Fund Administration business in Guernsey, Jersey and South Africa, will give JTC its first permanent presence in South Africa, grow its global headcount by 40% to a total of around 450.

Upon completion of the deal, the new business will form part of JTC's Institutional Services division globally. Staff in South Africa will remain in their offices in Cape Town, whilst in Guernsey the combined business will operate from Dorey Court in St Peter Port, and the Jersey team will move to JTC's offices in St Helier. The deal is subject to regulatory approval and customary closing conditions and is expected to complete by the end of the third quarter of 2015.



It's no secret that the perfect office space works wonders when it comes to impressing investors, courting clients and fostering business ideas. Honeycomb, the brainchild of Spencer Bourne, boasts a number of impressive office solutions – all are perfectly tailored to today's up and coming organisations.

### Who are the individuals behind Potts Removals here in Jersey?

Encompassing a small but very effective team are: Steve Potts, managing director (with the support of his wife Angela Potts, joint owner) and their new office manager Scott Macpherson, along with foreman Tom Doolan and a number of highly trained removal specialists. Potts Removals are able to offer local, UK and worldwide removal services using their whole network of global agents.

'Offering experience and expertise when it comes to ensuring a bespoke move you're guaranteed a smooth move with service that is second to none regardless of whether you're moving home or relocating your business.'

#### How it all began...

Steve originally began his journey working for a local charity.

'I used to deliver furniture to those in need on the island, I then began receiving enquiries for removals and took this as an opportunity to build my own business, which has grown from strength to strength since 2006. An opportunity arose when Le Gallais decided to solely concentrate on selfstorage. It all came down to being in the right place at the right time and I was able to grow my business, as there was clearly still a demand for a professional removal company.' Steve was able to fill a gap in the market, which included catering to very highend clients, which meant having to up his game – something he has certainly achieved. He now manages a team of highly trained individuals and owns a company offering a fully insured service, professional, motivated and friendly staff, a personal account manager and a range of packing materials. On top of this, they're able to offer a fast turnaround and a nationwide and worldwide facility.

#### Why use Potts Removals Jersey International?

Having been in the shipping industry for over 40 years, Steve knows a thing or two when it comes to ensuring a smooth move, which is probably one of the reasons why he has a loyal following of customers. Despite being a small team, Steve and Scott are fully equipped to cover all aspects of your removal needs from written quotations to storage advice and customs clearance. There will always be someone to talk to day or night as Potts Removals strive to help take the stress out of moving.

We're a one-stop shop for all of your removal, storage and shipping needs. Since starting out, we have built up a reputation second to none throughout Jersey that is unsurpassed and we plan to maintain this reputation by continuing to provide a great service to all of our customers. Whether you are moving across the island or across the globe, ours is the only name you need to know. Let us smooth the way with our professional, personal Potts touch, providing a bespoke personal service for all your removal and storage needs.'

Additionally, they cater for both small and large consignments, provide a packing service (or packing materials should you wish to do your own packing) and offer a holdover service – an asset to those required to vacate their existing property prior to their new property being ready.

'Precious to you - precious to Potts.'

#### Any plans for the company's future?

'We've spent a lot of time and effort in preparing to become BAR members, an accreditation that we are extremely proud of, as we are the only Jersey removal company with this accreditation at present, again giving our customers that little bit extra and peace of mind (www.bar.co.uk). We will look to joining other professional associations in the future as we continue to grow.'

Being passionate and motivated, this is a company that has big plans in the pipeline, but for now, they simply want to continue to grow their already impressive reputation and build on repeat business. HONEYCOMB IS AT 3 GREAT LOCATIONS. TAKE ADVANTAGE OF A SPECIAL OFFER AVAILABLE UNTIL 31ST AUGUST 2015 GAINING 2 MONTHS' FREE RENT WHEN YOU TAKE A YEARLY LEASE. SINGLE OFFICE SUITES AVAILABLE FROM £395.

'On top of this, they're extremely efficient, everyone knows where the Esplanade is and Donna (who deals with any requirements we have) does so exceptionally promptly. In fact, we were able to move in the day after we contacted Honeycomb!'

'We have a saying: Island-Wide to Worldwide - we've got the whole world in our vans.'

### Why did you choose an office in 5-6 Esplanade?

Whether you're established on a local or global level, having a user-friendly, central hub to work from is a huge advantage to any company. 5-6 Esplanade is just that to Steve. With a range of modern-day, refined office suites in the heart of St Helier – complete with no hidden costs, ample space and high-tech amenities – they're ideal premises for businesses that wish to grow.

'The Esplanade offices are a fantastic place to work. They're central, easy for clients to access, user-friendly and have all the amenities we need plus enough space for myself and Scott to work from.' 'On top of this, they're extremely efficient, everyone knows where the Esplanade is and Donna (who deals with any requirements we have) does so exceptionally promptly. In fact, we were able to move in the day after we contacted Honeycomb!'

Steve tells me that choosing 5-6 Esplanade has been the best decision he's ever made for his business!

Is it important to have an office positioned in the centre of town? Potts Removals are great believers in face-to-face interaction and having a base bang in the centre of town allows them to offer just this. Whether you're moving home or office, packing up all of your belongings is an extremely daunting, stressful task, which is why Steve and his team are intent on offering their clients an extremely personal service. In fact, their motto is 'we'll make it a smooth move!'

What do you enjoy about your job? Both Steve and the team greatly enjoy their jobs – no two days are the same and they never know what the next job will bring.

'We have such a varied career, we not only get to meet wonderful people, we get to view some of the island's most astounding homes.'

#### What does your desk say about you?

'It's very organised! I like to keep on top of everything (possibly for fear of my wife Angela telling me off!) – An important part of my job is ensuring a quick turnaround. We have lots of ongoing moves taking place at the same time, which means having a structured plan in place, and a tidy office at all times is a must!'

### A day-to-day routine in the Potts removals office...

'I usually arrive before 7am and use this early start to answer all emails, prepare quotes and put together a list of detailed itineraries for the removal men. It's nice to know you can access the offices at any hour without having to ask permission. So far this system seems to be working as we've had great feedback from our customers and clients.'

For more information or to book a move, visit www.removalsjersey.co.uk Don't forget to see their facebook page for special offers

#### 5/6 ESPLANADE

Call us today on (01534) 888554 or visit www.honeycombjersey.com

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## Standing on the shoulders of **sporting giants**

#### WORDS Taylor Jones

When any person from our great island looks back over the history books of Jersey, it's fair to say that sporting successes do not litter the pages. Sure, last month our cricketers came painstakingly close to making it to the world stage, and the meteoric rise to success by the Jersey Rugby Club, well documented in this magazine in the past, has been the pride and joy of everyone who has been asked by any foreigner what we're famous for.



DEMRI MITCHELL Triathlon

However, every two years, for one week in July, our little island rises like phoenix and laughs in the face of the great sporting institution that is Olympic Team GB, with even their 2012 medal table numbers looking merely paltry compared with the 80 that we managed to pick up in 185 events during the NatWest Island Games in 2013. Whilst that statistic sounds impressive alone, the sheer magnitude of Jersey's dominance over the other possible 23 islands involved in the tournament is staggering. Before I divulge the information that will prove to you that Jersey is a sporting force to be reckoned with on an international level, I

EMILY TEMPLE REDSHAW

MATTHEW PARKMAN Men's Individual and Team Golf MATTHEW MOREL Men's Indoor Volleyball

figure it's probably pertinent to focus on the frankly astonishingly poor show from our rivals (there's a theme for a reason guys). Guernsey, the smaller island in every imaginable sense, lag behind us once again by a margin that, in the grand scheme of things, fits the Channel Island trend of down-to-earth unexceptionalism (©). Coming in third place, and ironically having won the largest number of bronze medals, their total comes to 1,206, meaning they have fallen 223 behind us. The maths wizards and the primary school educated amongst us will be able to tell you that that means our total comes to 1,429, a number that isn't seen often in the Jersey sports

industry. In fact it's a number that we rarely see in Jersey outside of the finance industry. In fact it's a number that... You get the idea, we won, and will continue to win.

That's quite enough about Jersey, even for a Jersey-based magazine in an article about an event in Jersey, especially given the number of times you must have heard the Channel 103 advert that only served to sear the name NatWest into all of our minds (genius marketing). In all honesty, my first hand experience of the whole event was limited, if it could even be called that. A temporary office job and a distinct aversion to family-friendly government-run



NIKKI HOLMES Pistol shooting STANLEY LIVINGSTON Athletics - 400m Hurdler LUCY O'SULLIVAN Archery: GB women's compound archer STUART PARKER Tennis

events meant that I was forced, like many others, to follow the absolute medal sweep performed by our athletes on the radio and occasional glances at Spotlight. So, whilst the sport was important, it seems like I'm far more qualified, or more factually far less unqualified, to talk about the changes to Jersey that the games brought about.

Every year, this island experiences one of the greatest Western migrations in history, as seemingly millions of young French students board the boat from St Malo to stand still and stare threateningly throughout town. This year, rather than repeating the past and allowing our "Guernsey, the smaller island in every imaginable sense, lag behind us once again by a margin that, in the grand scheme of things, fits the Channel Island trend of down-to-earth unexceptionalism"

neighbours from L'Hexagone to invade the island, Jersey became a multicultural mixing pot, welcoming approximately 3,000 competitors and subsequent supporters from 25 different islands from around the globe. Some brave souls even made the trip from as far as Greenland (it is quite literally impossible to find a flight to that place, trust me I tried in a desperate search for a joke about how much money they spent per medal. I can assure you it was a lot). For an island that is often criticised for being a little, shall we say, closed off, culturally and socially, we really embraced our newly



JODIE BOTTERILL Football and Basketball (Point Guard) TOM GALLICHAN Swimming



replenished status as a tourist hotspot, albeit only for a week. Obviously our inherent patriotism was allowed to shine through on what may have been considered a slightly obnoxious level due to our complete domination of the medals table, but overall we were accommodating to a degree almost unheard of. Even in the rural areas, not renowned for their hospitality to visitors, tractors were willing to stop to allow for triathlons (shout out to my personal star of the tournament, Dan Halksworth), cycling races and even travellers from distant lands taking in the wonders of Jersey.

That's right. Amidst the sporting fracas and riotous celebratory street parties that stemmed from our success (I'm counting the closing ceremony), there was a cultural reawakening that struck the entire island for one glorious week of scorching sunshine and truly terrifying sea mist that seemed to come directly from an M. Night Shyamalan film. We showed the world that, as well as being able to hold our own against sporting giants like Froya and the Shetland Islands, we are always ready to open our doors to a myriad group of not-quite-Olympic competitors and spectators alike, proving once and for all that we, the people of Jersey, are a damned fine bunch. *"People say: "Tania, you're so upbeat; you're so upbeat; you're so energetic" and I am because I love what I do and I couldn't go a day without fitness in my life"* 

## SPORTSPERSON OF THE MONTH

AN

RODRIGUES

#### Age: 33

**Tell us about your sport:** I am a fitness athlete who has recently competed in the Miami Pro European Championships in the Figure and Muscle Model class. When I'm not competing, I am an outdoor personal trainer and nutritionist who would love to be a professional fitness model one day.

What do you do as a day job? I am qualified nutritionist.

**Schools attended:** Rouge Bouillon, Grainville and Highlands.

Favourite ice cream flavour: Chocolate peanut butter.

Favourite animal: Dog.

**Favourite foods:** For junk foods, it has to be pizza, ice cream and cheesecake. For healthy foods, it is fruit, yoghurt and granola.

What would you wear to a fancy dress party? I'd definitely go as Superwoman.

#### Favourite thing about Jersey: The beaches. I love being outdoors and training outdoors and especially like going out sprinting with my dog. The beaches also remind me of where my parents come from, Porto Santo ... I am definitely a summer girl.

**Favourite song:** Netsky's Strings Attached or the Foo Fighters' Best of You.

### When did you start weight training? I started in 2002 and compated for the first

started in 2003 and competed for the first time in 2007.

#### Where has been your favourite place in the world to compete and where would your dream place be? Competing recently in the Miami Pro was a highlight, even if the result didn't go my way. Winning would have meant me qualifying as a professional fitness athlete. I came into the competition in my best shape ever but for some reason, my look and what the judges wanted weren't the same thing. I was disappointed but it will only make me hungrier to compete again. My dream would be to compete in the US, which is the home of fitness sports.

What has been your favourite moment as a fitness athlete? Finishing fourth in the UK British Championship Finals in 2012 and winning the Channel Islands overall title in 2014. What's coming up on the calendar that we should be looking out for? This year's Channel Island Championships take place on Sunday 20th September at the Opera House. It is always a fantastic show and I will be competing again.

#### How many hours do you spend in the

**gym?** I train up to three times a day, seven days a week, mixing cardio sessions with weights sessions. I appreciate that not everyone can dedicate those hours to training but this is my life.

#### What are the advantages of your lifestyle?

You just feel amazing. You feel beautiful, you look beautiful, you take more pride in your appearance, you want people to notice what you are doing and you want to show other women that this is how you can be. It is a lovely way to live. I love being healthy and looking the way that I do. People see the muscles but they also see the feminine beauty as well. Whether I am in the gym or not, I always take pride in how I look. Practically, my muscles have a purpose - the guys in the gym can't believe the amount of weight I can shift. To feel strong and to take control of how you look is very empowering as a woman. There remains this stigma attached that women are weak and frail. mentally and physically, but when you put yourself in the gym and start training, the feeling is fantastic. I have faced a lot of obstacles in my life but training has been my crutch - it has saved me. I went through depression, anxiety and stress but training has been the one thing in my life that has given me energy, positivity and health.

#### Do you have a tip for aspiring fitness

athletes? Research the sport, go in to the gym and experiment with weight training. Look at diets and programmes and incorporate it into a lifestyle. Give yourself a year to experiment before thinking about any competition ... and then just try it. I started training because I was overweight. I started eating clean and my body changed rapidly. I enjoyed the changes so embraced the lifestyle.

How can people can involved? Go to a gym and speak to the owner or the trainers there. Speak to someone who looks the part: who practises what they preach. People who look at me know that I know my stuff. I am more than happy to answer any questions, from men and women alike. It is hard for women to build muscle but if they apply themselves, anything can happen. I love what I do, I love being fit and I love eating healthily. People say: "Tania, you're so upbeat; you're so energetic" and I am because I love what I do and I couldn't go a day without fitness in my life.



I've seen them, out there in the bracing February gales. On the shoreline in sensible swimming costumes, brave smiles move determined bodies into the sea with a distinct lack of alarm. The only alarm being that of the spectator...

You may have spied them yourself on a winter's day, plunging into Jersey's seawaters at various bays around the island, on the quest for constitutional hardiness. One place of note is St Brelade's Bay, where a particularly strong group of aquanauts, mostly women, will fearlessly submerge themselves into temperatures as low as 8 degrees Celsius, perhaps taking their freshened cockles to a nearby café for a hefty jacket spud and giant slab of carrot cake thereafter. Shyly observing this crowd, one cannot deny the air of strength, focus and well-being that radiates among them, and admittedly, instills an inspirational motivation within. Could I be that woman in a few decades time?

To get to the heart of this scene it's perhaps best to look back on Jersey's relationship with swimming in the past. Towards the late 1800s Jersey became known as a fashionable seaside destination among affluent mainland British folk. The Victorians adored the notion of sea bathing, despite their general lack of swimming ability, and there are many a tragic tale involving Victorian guests of The Grand Hotel heading to the slip for their daily dose of salty vitality, only never to return.

Perhaps the greatest breakthrough for the sea swimming scene in Jersey can be traced back to the formation of The Jersey Swimming Club' in 1865 following an incident involving the drowning of two teenage boys at Havre des Pas, while 20 men witnessed their struggle, not a single attempt of rescue made. The club was formed a couple of months later and come 1895 the Havre des Pas Bathing Pool was opened to the public (originally just for women but very soon became mixed). It is this pool that now acts as HQ for Jersey's Polar Bears, a hardy gaggle of cold-water swimmers who decided it might be a good idea for the constitution to swim every single day of the year.

There is only one standard to be achieved, should you wish to be formally inducted into the Jersey Polar Bears; plunging into the sea at any temperature below 10 degrees Celsius and swimming a distance of 800 metres without suffering cardiac arrest, or similar.

Speaking with local long distance swimmer, Sally Minty-Gravett, whose career in competitive swimming began as far back as 1967 (and continues), says she is a relatively new convert to the concept of year round swimming. "I know that cold water/winter swimming has been happening forever. I have only really been personally involved for about eight years I think - I never really believed in it before".

We all know that jumping in the sea never leaves you an ounce of regret, bestowing a balmy yet tingly feeling of effervescence, but is it really as good for our health as you think? Sally says "If you research the benefits of cold water immersion the health benefits are astounding - as long as you don't stay in for too long!" A number of studies show sea swimming to ease skin complaints, aches and pains and boost the immune system, while the adrenaline cold water immersion produces can act as a natural pain killer. The obvious benefits of being active aside, simply bobbing in the sea means blood is diverted from our lower limbs towards our abdominal region. With this increased circulation more oxygen reaches the brain, which in turn means sharper focus, clarity and generally enjoying being more 'on the ball'.

When you ask an impressive octogenarian their secret to achieving such a level of vitality, the old tot of whiskey line may indeed contain a dash of truth. But looking at our island's warriors of calendar-round dipping I'd hazard a sure fire way to stay on top of your overall health's game would be to leap into Jersey's surrounding waters as much as temperately possible.

#### SPORT NEWS



Have you been inspired by watching the NatWest Island Games? Are you looking for a new sport or hobby to participate in? Then look no further, the Jersey Ladies Rugby team are recruiting new players. Whether or not you've just got a keen interest in the sport, or sport in general, or are just looking to take part in a fun new fitness activity, rugby could be just what you're looking for, or perhaps you used to play and would like to get back on the field. The ladies team play in a UK league and they currently train twice a week, sessions take place on Tuesday and Thurday evenings at 7pm, at Jersey Rugby Club, St Peter. For those who are new to the game and are perhaps a little hesitant about taking the first step, don't be, the team are welcoming and happy to help you learn to love the game as much as they do.

#### For more information you can find them on Facebook or visit www.jrfc.je

#### Pre-season Trilogy for Jersey Rugby Club

Island rugby fans don't have to wait until September to rekindle their love for the game as Jersey RFC are hosting not one, but three pre-season fixtures ahead of their Greene King IPA Championship season.

They will take on Plymouth Albion at 5pm on Saturday 8 August in their opening match of pre-season. Jersey and Albion have rubbed shoulders in the Greene King IPA Championship for the past three seasons prior to the Devon club's relegation at the end of 2014/15. Jersey won four of the six league matches between the sides during this period, while two British & Irish Cup ties were split 1-1.

The following Saturday 15 August at 4pm, sees them take on Welsh region Scarlets. Based in Llanelli, one of the most famous rugby towns in the world, the Scarlets region represents the whole of west and north Wales; the current squad includes Welsh internationals such as Scott Williams, Ken Owens and Jake Ball, plus other capped players such as John Barclay of Scotland and Michael Tagicakibau of Fiji.

Last but by no means least on Saturday 22 August at 4.30pm they will take on Blackheath, the National One club from London, one of the former clubs of our Head Coach Harvey Biljon. Blackheath is another historic rugby name, it is the oldest club in England dating back to 1858. The two sides met in National One in 2011/12 and more recently in a pre-season match last August. This day will also see Jersey Athletic and Jersey Ladies play their respective Blackheath equals, so this promises to be an outstanding day of rugby.

Keep up to date with club news and fixtures by visiting www.jrfc.je

#### IRONMAN 2015 -Got what it takes

One thing is for sure, it takes determination and an ability to handle some pain; if you want to be an Ironman, you know it's going to hurt.

You'll be taking a pounding in the surf doing a 400m swim, grabbing your board and completing a punishing 1500m paddle, then finally, when the lactic acid is really burning and your legs are turning to jelly, you're going to need to dig deep to sprint a 3km run!

If you can do all that, and still be standing, you can call yourself a Beach Ironman. So, if you think you have what it takes, and are up for the challenge, the EL TICO BEACH IRONMAN is happening on Saturday 8 August in St Ouen's Bay. Categories for men, women, juniors and teams, with full details on the Jersey Surfboard Club's website at www.jerseysurfboardclub.com

Check out the El Tico website for a video showing what you're in for! www.elticojersey.com





HARDWARE



#### WORDS Taylor Jones

Rivalry plays an important and central role in the lives of every single one of us. Don't be fooled by the messages of peace, love and brotherhood that seem to pop up on all social media daily from middle-class kids who are "experiencing the culture of togetherness" in tourist-friendly and developed destinations across the globe, we need to be pushed and prodded constantly by the challenge to be better than the ones that are so often called a nemesis, but truly serve the purpose of being our greatest ally.

What would the American governmental system be without the famous rivalry of the presidential race? Hell, what would any democratic system be without rivalry? Damned Communism that's what, and that always does wonders (not quite sure how I turned that into an anticommunist rant, thanks Obama). Only competition forces progress, even the very nature of evolution and the survival of the fittest show that at the basest level of humanity. However, humanity has, ironically, evolved past the need for violent competition and have become a more intellectual and, in many ways, cowardly species, and today our most powerful leaders and businessmen belong to a group that grew up predominantly indoors. One that, rather than getting into scrapes and raucously violent situations in order to assert their dominance, sat behind a computer screen and subtly mocked and degraded their enemies using photoshop software and facebook page hacking. Thankfully for us, these wouldbe Neanderthal hunters have grown into men and

women that have dedicated their lives to making our search for supremacy over both the elements and our enemies easier.

Nevertheless, even in a day when two great superpowers can put forward giant robot champions for a battle royale (look up U.S. vs China Robot Fight. The future is happening, look around you), these figurative tech giants still face a constant battle to provide us with new and innovative ways to not only outsell their competitors and become the new trend amongst the world's teens, but to give us the power to become what they were in another life...cold-blooded bullies. Either that or they just want the money of every parent on earth gullible enough to believe that their child "needs" a new iPhone, still creating a rivalry over profit margins and, in this world where validation comes from individuality, charitable donations to massive corporations (sweet irony).

# ACTIVISION.

VS.



"It seems that both of these companies are, in the words of a certain reviewer named FreedomforLife, "money-grabbing corporate vampires". Welcome to the wonderful world of modern capitalism my friend, and don't expect your gaming experience to get any better without it<sup>99</sup>



VS.



The gaming industry is one that I don't often cover on these pages, or at least one that I don't often research in any kind of depth and choose to insult childishly. Thus, in the true vein of the Gadgets section, I intend to report on this rivalry with such minimal actual knowledge on the subject that I will use immature humour to cover up my ignorance. It's the perfect crime. In terms of what this rivalry has done for mankind in the race for evolutionary dominance it's difficult to comprehend the long term effects of the advances in gaming other than making selfproclaimed "gamers" feel that their hobby makes them some kind of religion that is mightier than the rest of the human race. With games like Call of Duty becoming so popular today, and first person shooters being a more common sight in supermarkets than actual food, the only positive that can surely be taken is that the reaction times of these players will probably be increased, unfortunately it's difficult to capitalize on this when you struggle to move your body due to

a diet consisting of chocolate fingers and coke (I'm going to get such a scathing backlash from this).

I've been writing this section for the magazine for several years now, and it seems that not a month has passed in which I haven't mentioned an Apple product, and subsequently its lesser Microsoft counterpart. This month,

however, is a little different. Instead

of slating the great Bill Gates and his magnificent company, I'll be using the

rivalry between Apple and another tech

giant in order to devastate and crush the tech giants of today. Actually I might not,

this is very much improvised as I go and I

have an enormous amount of respect for

both of these companies. You never know I

might end up praising somebody here. Or

Perhaps the best way to describe the rivalry

between Google and Apple comes directly

from an article written by Om Malik (what

a name). He says that "Apple and Google

are like Vitali and Wladimir Klitshcko, the

Ukrainian brothers who have, for the past

decade, made the heavyweight boxing

championship a very boring family affair".

This is an incredibly apt comparison, as

not only are these two tech heavyweights

quite literally stealing the very stage that

they set so many years ago, but every time

they come anywhere near each other there

are literal punches thrown... Of course I'm

not. Probably not.

actually use physical violence than Tibetan monks. However, at every single meeting and conference that these two attend, endless lists of similarities can be found within what they're presenting, and each time one narrowly outperforms the other. Admittedly, not quite as thrilling as arguably two of the finest boxers ever to step into the ring coming to blows at the MGM, but still, if you're into this whole business quite entertaining.

For anyone that has ever been near a games console, Activision and EA are two of the big

names that you will know. With titles like

FIFA and....well, all the FIFAs, under their

belt, EA (who get my vote simply for some

of the Online Team glitches you can see

online) have secured the sports game market.

Activision, who have made some classics such

as Tony Hawks' (kids from the 90s assemble)

and most of the movie franchise games that

get released in conjunction with large movie

releases, have been a big game player (too

easy) since what seems like the beginning of

games themselves. Judging from the online

reviews of both companies, the production

of these classics that have grown with us

through the years doesn't matter at all to avid

gamers. In fact, the most telling sign that this

so-called rivalry is simply just a competition

to be hated the least is that every single

Google result when you search "Activision

vs. EA" is a poll that asks "Which is Worse?".

It seems that both of these companies are,

in the words of a certain reviewer named

FreedomforLife, "money-grabbing corporate

vampires". Welcome to the wonderful world

of modern capitalism my friend, and don't

expect your gaming experience to get any

joking these are tech experts, less likely to

better without it.

What people don't realise is that this may be the most important modern rivalry that will grace these pages (mostly because it's only these two. Give me a break they're long pieces on each and it's late). In terms of pushing each other to perform and progress, there aren't really two more important companies in the tech market at the moment. Sure, people will throw the Micorsoft name into the hat, and some may even stand up for little old Sony, but realistically they're simply bare knuckle gypsy boxing compared to what these giants can do with the money, resources and complete control of the market that they have. For us, it's a dream come true. We all get top of the range technology like iPhones, tablets and operating systems that could make most developers cry to mummy for little or no money compared to what they could charge, all in the name of rivalry. Sure, it's rivalry for profits and market monopoly, but if you can't beat it, why fight it?

### **PHONE** HOME

#### The Phone for Every Weather

Dusty dry heat or windy driving rain are all much of a muchness for the Sony Xperia M4 Aqua, making it the perfect phone for both holidays in the sun and life on a windblown and occasionally wet island.

Following the success of the Xperia Z3, Sony's designers have incorporated its hugely popular dust-tight and waterproof design features into the M4 Aqua, making it the ideal all-purpose handset. Being able to resist the elements means that M4 users can take advantage of either of the two superb 13 and 5MP cameras regardless of the weather. You can even use the cameras whilst enjoying a swim as it lets you take selfies in depths of up to 1.5 metres!

That said, the M4's story does not stop at its ability to withstand environmental extremes. Running the latest version of Android (5.0 Lollipop) on 1.5GHz quad core processors means that the M4 is fast and responsive, making it ideal for both business and leisure.

Crucially, whether you are using your M4 for its multimedia capabilities or as a vital business tool, you don't have to worry about battery life because it can last for up to two days on a single charge, which is considerably longer than many popular phones.

You can check out the Sony Xperia M4 Agua online at www.sure.com or in our new store on the corner of King Street and New Street - where it is available for just £27.50 per month, including 5GB 4G data to make the most of this fantastic smartphone.



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This Smartphone makes for a superb travel handset, with its dual-SIM functionality allowing you to pop in your local SIM card and also one of JT's great value Travel SIM's inside to stay connected across the globe without paying the earth! We're making 4G available to everyone with the all NEW JT Smart 4, exclusively available from JT.

Keep an eye on our Facebook page 'JTsocial' to find out when it's landed in store!

#### On the + side

Hannah Jacques, Jersey's own superstar DJ - and Airtel-Vodafone Brand Ambassador



Sony brings us a leaner, sleeker and improved upgrade to the Sony Z3 handset in the form of the Sony Xperia Z3+, a strong contender in the flagship market. The Xperia Z3+ is the same height and width as the Z3 but the handset is slimmer at 6.9cm making it easy to hold and sit comfortably in your hand, helped by the smooth curved corners and sides.

Internal storage has been bumped up from 16GB in the Z3 to 32GB in the Z3+ giving you plenty of space. The handset runs on the Android 5.0 Lollipop and navigating the phone felt fast and fluid. This is thanks to the 3GB of RAM and new octa-core Snapdragon 810 processor I'm told. The battery also has the quick charge functionality, something the Z3 was missing. I've also been told that the Xperia Z3+ can be dunked in water for up to 30 minutes at a depth of 1.5m – yes that's right and that's perfect for someone who can be a bit clumsy like me.

There is an improvement in the front facing camera with a 5MP wide angled lens letting more of your friends cram themselves in for those epic selfie moments.

Price for handset only £456 Price on Pay Monthly contract with Airtel-Vodafone. from £25.40



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#### MEGAN' **TOP TIP FROM** AIRTEL-VODAFONE

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• 4G uses more data but remember you get a far superior experience - you can do a lot more in a shorter space of time • Speed tests are heavy on data usage, so rather consider the enhanced experience you get with 4G •4G uses more battery so use our battery saving tips to help • Remember that downloading or updating apps can use a lot of data • Consider turning off push notifications to avoid unnecessary data usage

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## Oh, BOTHER!

Bother is a multimedia pop and performance art duo - made up of Adam Perchard (our interviewee) and Ian Godden, both Jersey boys. Their work is a mixture of original music, film, fashion, comedy, puppetry, and crazy operatic spectacle, which they perform in nightclubs and bars, and at art galleries and 'art happenings' around London and the UK. It's pretty eclectic and anarchic, but what brings it all together is their shared sense of humour and an insatiable appetite for the ridiculous.

#### Adam, can you start by telling us how you and lan meet and when did you stari performing together?

We've been best friends ever since we met at Victoria College when we were 15. There was a group of four of us who used to congregate in the art block – Cameron Moir, who's now a movie actor in LA, Jack Killick, who's now an artist at the Royal Academy, and Ian and I. The staff created a really electric creative environment, and we learned a huge amount from them, but we used to do all sorts of crazy stuff - make outfits out of sellotape and discarded bits of school uniform, turn corridors into ball-ponds with artificial pearls, sneak into the school at night and do shadow-puppet shows on the school buildings with the flood lights. Bother grew out of that, really. When Ian and I got back from uni, we found ourselves jamming in his mum's garage a lot – I would sing articles from Take a Break magazine while he would improvise on the keyboard. Before we knew it, we had become Bother: a mixture of all the art, music, fashion, and film we'd spent our teenage years playing around with.

#### You originally hail from our fair island, what prompted the move over to London?

Well, I had to move over to do my PhD, and Ian wanted to continue his career as a fine artist and film-maker, and London was the obvious place for us to do that. But Jersey has remained really central to both of us – both emotionally and in our work. A lot of Ian's solo work engages with the Jersey landscape and his experiences growing up here, and our videos are all partly filmed here. Our Jersey family and friends are all really important to us, and they have ended up starring in films we've made which have been shown at film festivals across the UK, as well as at Branchage. Look out for some of our Jersey supporting artists in the Bother contingent at the Pride Parade!

#### Your other project, The Sex Shells, is opening the Channel Islands first Pride weekend, hosted here in Jersey, in September - tell us about that.

The Sex Shells is a comedy troupe of three guys, Callum Mac, James Egan, and me, and we perform with the amazing stand-up comedienne Thanyia Moore. Our surreal all-singing, all-dancing sketch show is like a comic hall of mirrors, with Thanyia guiding the audience through to our insane finale. We've performed in comedy and variety shows around London, and we do our own full-length show once a month in East London. This is the first time we've performed in Jersey, and we can't WAIT. We'll be performing some of our greatest hits as well as some brand new material at the Green Rooster on Friday 11th of September - it's sure to get the Pride celebrations off to a wild start, don't miss it!

### Bother are going to be closing Pride, what does this mean to you?

We are thrilled that the Liberate team chose us to close Pride. Growing up gay is never easy, but we are so grateful for the love, support, and acceptance that we found here on the island. It is wonderful that we are going to be able to formally celebrate Jersey's Proud heritage this year, with the island's lovely, bananas, diverse community – gay and straight – which allowed us to grow up like this.

### *Is there any gig in the world that you would forego your fee for?*

The Battle of Flowers, baby! We know we're no Jodie Marsh, but we've always dreamed of glittering our way down the Parade on top of a float.

## What else should we be looking out for on the Bother and Sex Shells calendar?

Well, Bother hosts one of the hottest club nights in East London, TheMenWhoFell2Earth - the next one is August 22nd - and we're currently embarking on an ambitious poetry and film project about Shoreditch. Meanwhile, The Sex Shells have just been offered another monthly show in the studio venue of one of the biggest theatres in London! So watch this space!

#### www.botherworld.com

### AUGUST MUSIC & NIGHTLIFE: WHAT'S ON...



#### SATURDAY 1 AUGUST GROOVE DE LECQ AFTERPARTY @ THE SPLASH

Rockstead presents the Groove afterparty. These boys have been working with Groove since the very beginning, and proudly host their after party again this year. With two rooms of the awesome local talent on offer, there is only one place to be after you've Grooved your little socks off all day at the Festival. Live Room: S3rkeidian Tadgh Daly, Flashmob, plus DJ - Stephen Orr. DJ room: Tharindu, Brad Ferguson, John O'connell. Whilst they've put on extra busses from the festival this is likely to be a sell out.

#### Tickets: Eventbrite or at Groove // from 10pm // The Watersplash



#### SATURDAY 22 AUGUST MOJO 4 FOJO THE SUMMER SESSION @ ROJO

Fancy an summer afternoon of Balearic chilled out beats on the Rojo Terrace from 4pm, swiftly followed by a Boogalou night of house in Rojo Nightclub at 10pm, then this is the Saturday for you. With sounds from DJ Hedgie, J.P. Anquetil, Ross Hunter, Warren Le Sueur, Simon Gasston and Justin Reilly mixed with our unique boogalou style, this will be an afternoon and evening of glitzed up, sparklyness surrounded by fun people and great music (their words not ours). Everyone involved in organising, DJ'ing and the venue are kindly donating their time to ensure that all ticket proceeds for this event go directly to FOJO (Friends of Jersey Oncology).

#### Tickets: Eventbrite //4pm// Rojo



#### SATURDAY 8 AUGUST THE RECKS LIVE @ THE SPLASH

The Recks are an alternative 5-piece band hailing from the tiny Isle of Sark. and they're returning to Jersey to smash the Splash! Formed in 2012, the boys set out to write contemporary multi-genre music with a rootsbased foundation and quickly amassed a full set of lively, infectious songs that began to set crowds alight at packed out Festival tents. Positive reviews followed from MTV News, Q Magazine and Drowned in Sound, with the latter declaring them "the new kings of schizophrenic folk". A mini tour of UK venues, a headline slot with Communion Brighton & French & UK festival appearances followed with rave reviews.

Tickets: Eventbrite // from 8pm // The Watersplash



#### SUNDAY 30 AUGUST EATS EVERYTHING @ THE SPLASH

The crew over at TogetherParties have really pulled it out of the bag for their 'Splash Bank Holiday Special.' Few producers in the history of dance music have made such a rapid and far-reaching impact on the electronic music scene as Eats Everything aka Daniel Pearce. This larger-than-life beat maker is at the forefront of a swathe of talented producers to come out of the West Country Bass Epicentre known as Bristol, defining an entirely new strand of forward-thinking underground music. The list of his accolades is almost too long to mention, but needless to say this is a must attend night at the Splash, so get your tickets whilst you can!

Tickets: Eventbrite ,White Label Records, Tib Street Clothing, Mad Hatter Surf Shop // from 10pm //The Watersplash



#### FRIDAY 21 AUGUST ARTFUL DODGER @ HAVANA

They've done it again, Friday nights are a treat at Havana and this time they're bringing you a truly legendary act who were partly responsible for the huge UK Garage boom in the 90s, the legendary Artful Dodger! Famed for their anthemic releases like 'Re-Rewind', 'Movin Too Fast', 'Woman Trouble', 'Please Don't Turn Me On' and more, Artful Dodger absolutely took the UK music scene by storm when they first arrived with their debut single 'Re-Rewind' which was the launchpad for the career of Craig David, who has since gone on to become one of the UK's biggest pop stars! The only thing that could make this night any better would be if Craig David himself were to make an appearance, maybe next time!

Tickets: Eventbrite // 10pm // Havana



#### BOOK YOUR TICKETS NOW! SATURDAY 5 & SUNDAY 6 SEPTEMBER

JERSEY LIVE FESTIVAL

It feels like this one needs no introduction, but just in case you aren't familiar with the phenomenal local festival that is Jersey Live, then allow us to enlighten you. You can expect a cracking atmosphere, with a vibrant and responsive crowd, welcoming in recent years, a huge roster of artists and this year is no different. Expect to see DJ sets from Blonde SHIFTK3Y and Leftfield to name a but a few and over on the mainstage George Ezra, The Proclaimers, Stereo Mc's and the mighty RUDIMENTAL will be headlining on the Sunday evening, that'll be worth the cost of entry alone!

Tickets: Eventbrite // from 12pm // Royal Jersey Showground , Trinity

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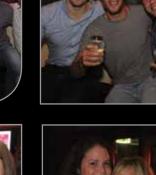












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DISCO |diskō| noun (pl. discos) • a club or party at which people dance to pop music















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#### Harbour Gallery

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Brazilian Soccer Schools exist to give players aged 5-18 years the best start in football. w.partington@braziliansoccerschools.com www.braziliansoccerschools.com/jersey www.facebook.com/braziliansoccerschoolsjersey M: 07797 799 111

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Socatots is a soccer specific play programme for children from 6 months to school age. w.partington@socatots.com www.socatots.com/jersey www.facebook.com/socatotsjersey M: 07797 799 111



#### Paul LeVerdier Professional Sports Therapist

Paul has been one of Jerseys top Sports Therapists for over 20 years working with professional sports people, club athletes, the Jersey Island Games Team and people from all walks of life. He is part of the team at the Jersey Sports Medical Centre.

**You can contact Paul on:** 07700 748748 plvsportstherapy.com

## Hey beautiful!



BAREMINERALS	
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SWAROVSKI	
SWAROVSKI	722904
TOM FORD	
DEGRUCHY	818818
SISLEY	
VOISINS	837100
CREME DE LA MER	
DEGRUCHY	818818
BENEFIT	
VOISINS	837100
DEGRUCHY	818818
GUERLAIN	
VOISINS	837100
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AVEDA	
ELMINA	610082
AROMATHERAPY ASSOCIAT	ES
SPA SIRENE	615425
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### Food for thought



Appetite began when we couldn't find a local restaurant quide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The seventh edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

#### Fancy winning a meal for two at a restaurant of your choice?

Just join our facebook page. www.facebook.com/appetitejersey



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