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Retrospect

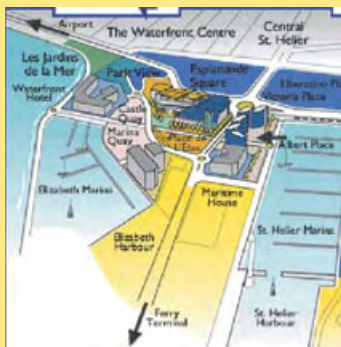


I'm guessing East End house prices will rise?

Summer 2012: The games are coming to town.

Lord Coe rises to the challenge, silences his critics and snubs the French... Brilliant

I honestly thought the frogs would be croaking well into the early hours. But just after noon on Wednesday 6th of July, London's Trafalgar Square erupted in response to the news that we had won the 2012 Olympic bid. Oh, victory was so sweet. As the Parisians quietly dispersed in disbelief, the hundreds and hundreds of people skirting Nelson's Column spontaneously hugged the person next to them, following the lead of Steve Cram and Dame Kelly Holmes, all to the tune of M-People. Over the other side of the world, David Beckham shouted; "unbelievable", and he was joined with bear hugs and hand shakes from Denise Lewis and the other members of the bid party. Initially, the press thought that mosh-pit was an emotional response to the overwhelming result. They would later find out that Becks was being congratulated for speaking his very first five syllable word. Yes I know, unbelievable.



Sur

Castle Quay development plans released.

What is your view of the new Castle Quay development?

At the beginning of last month the drawings for the next stage of the waterfront development were made public. The proposed £150m Castle Quay development by Dandara may be a tad tall for many Islanders intent on preserving the shape of St. Helier's skyline. Most will not contest the stunning overall design of the complex and concept behind the plans but, for some, this factor is too great an issue to let slide. Speaking in the Jersey Evening Post early last month, the president of the Association of Jersey Architects, Paul Harding urged the public to see the benefits of American architect Eric Kuhne's design. Mr Harding suggested that the alternative to making the most of the land on this site would put extra pressure on other developments (in the countryside for example). The planned skyscrapers could be as tall as 17 or 20 stories high, making a bold and progressive architectural statement on Jersey's skyline. Will it receive the blessing of the general public or is it too tall an order?



The dude above Queenie? Mr Faraday.

Economic stability confirmed by an amazing 80s haircut.

I dont know what is the better headline, 'Economic Stability' or 'Rare Haircut Found'.

Jersey's finance sector has stopped the rot of economic instability by recording annual profits of one billion for the second successive year. Although figures have not returned to the heady heights of the booming late 90s, the Island's economy has turned an important corner, away from the distressing financial situation witnessed at the turn of the new millennia. Another encouraging figure for the boffins in the states statistical unit was the retention of more local university graduates into the Island's finance industry. What has tempted more young people to stay? Has 9/11 had an prolonged effect, or maybe even the seemingly impenetrable housing market for first-time buyers? Maybe pull factors like the possibility of earning London wages in a more appealing environment have kept the graduates from making the leap. All Gallery knows is that the guy interviewed on Channel Television from the states statistical unit had the most immense mullet! Do you know this man? Would you shake his hand for us when you next see him. Amazing.



Old Mother Hubbard got a habbit. The dog ditched the bone and joined her on the JD.

New drinking legislation implemented

Those 2 litre bottles of "Irn Bru" and "Diet Coke" can now be confiscated.

The Jersey Evening Post reported last month that Police officers will now be given the legal power to seize alcohol from those aged under 18 who are unaccompanied by an adult in parks, on beaches and in other public places. They will also be able to confiscate drink from young people, as well as adults, when they have unlawfully entered the place where they are drinking. States Members yesterday voted in favour of the new powers to combat the issue of under-age drunken behaviour. Before the proposition was debated, the confiscation of alcohol from a minor had dubious legal standing. In drafting the new law, the States had consulted the Youth Council, which articulates the concerns of young people in the Island. The council complained that young people should not be specifically targeted by legislation when the law could equally be aimed at adults.

Editor's Note

The previously titled 'intro' to the magazine has become somewhat of a soapbox rather than an introduction to content. Looking at other magazines, it seems this is the case across the board, so I'll stick with it.

This month I'd like to talk to you about silicone. Not the form that fills the appendages of page three models, but the ubiquitous bands that have appeared around people's wrists in 2005. It seems that the fashionably acceptable status of the coloured bands have meant many charities (and eBay sellers) have benefited from the trend set by Lance Armstrong's 'Livestrong' Band.

The original Livestrong band was designed so that Lance could show his commitment to the LAF (Lance Armstrong Foundation), which provides information for people living with cancer, while cycling. It seems fashion has taken over and people have profited from the trend. We love fashion at Gallery but it's important not to lose sight of what these bands sought to achieve, increased awareness of the problems faced by cancer sufferers.

Prior to today, I looked at the band around my wrist with only a vague appreciation of this fact. A call from the doctor this morning changed that. There isn't much else you can think about when you're told you've probably got cancer. I'm not washing this laundry in public for any other reason than to say this; don't put it off, even if you think it's nothing. Women check your breasts, men check your b*lls. And regularly. The way our society lives is changing and that is contributing to higher incidences. The W.H.O predicts a 20% increase in cancer rates by 2020. The earlier you catch it, the better. So don't put it off, go and see your nice Doctor. Think about it when you next look at the band around your wrist. They all mean something.

BD



Jersey's Premier Periodical

Gallery is published 11 times a year as a lively yet discerning guide to all that happens on the Island and beyond, written by Islanders, for Islanders. For more information about where to get your copy, special subscriptions, advertising enquiries and contributions visit www.gallerymagazine.co.uk

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forgotten.

Misc.



Animal Fact File The Seagull

Distinguishing Characteristics: Goosesteps like Mussoilini, small black beedy horrible evil lifeless shark eyes, or just a big cute bird depending on your outlook. Can weigh over a kilogram and have a wing span of over five feet.

Habitat: Herring Gulls breed colonially, building large substantial nests out of vegetation. They lay two or three olive green eggs blotched with black. Eggs are laid from late April with incubation taking 25 - 33 days. The young are fed by both parents for about a month.

Diet: Herring Gulls eat almost anything and are very opportunistic; natural diet includes fish and fish offal, crustaceans, molluscs and worms, small birds and mammals. They also seem particularly partial to chips from Hectors, Coke cans, and dog poo.

Hungry? Contrary to popular belief it is not illegal to feed seagulls - it is, however, not recommended to feed them as doing so only increases the size of the urban population.

What does the law say? The Herring Gull is protected under the Conservation of Wildlife (Jersey) Law 2000 and the removal of eggs and/or nests can only be undertaken by those licensed to do so.

Why are there so many around? Seagulls only congregate where there is a ready source of food and water and a valid nesting site - urban areas give the gulls ready access to these resources. If people were more careful with their food waste Jersey would probably find it had less of a seagull 'problem'.

Whats the problem with them? Gulls have been known to 'attack' people. The reason for this behaviour is their ability to learn quickly - when hand fed once the next step is to take food from a hand, whether it is offered or not.

Is culling the answer? Culling would temporarily mean that there were less birds, but it is our actions that cause there to be so many 'nuisance' birds. At the end of the day we need to realise two things: that our actions have consequences, and that we do not live in isolation from our environment - we share the island with the wildlife.

Interesting fact: The Herring Gull regularly drinks fresh water when it is available. If none is around, the gull will drink seawater. Special glands located over its eyes allow it to excrete the salt. The salty excretion can be seen dripping out of the gull's nostrils and off the end of its bill.

Information: www.environment.gov.je

How to ask where the nearest badger shop is in a variety of languages

(according to babel fish: <http://world.altavista.com>)

Dutch



Waar de meest dichtbijgelegen dassenwinkel is?

French



Où est le magasin de blaireau le plus proche?

German



Wo das nächste Dachsgeschäft ist?

Italian



Dove è il negozio del tasso più vicino?

Portuguese



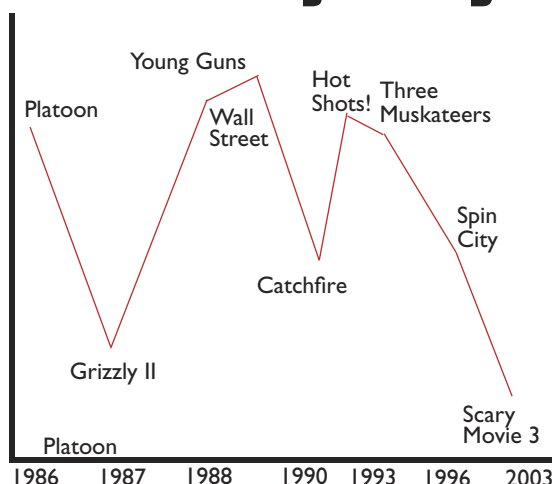
Onde está a loja a mais próxima do texugo?

Spanish



Dónde está la tienda más cercana del tejón?

Career Trajectory - Charlie Sheen



It is the saddest thing - seeing someone with the world at their feet only to throw it all away. Charlie Sheen was a young actor who in the 1986 movie Platoon, became a worldwide star. At that point he looked destined for great things - his next film Wisdom, where he played 'City Burger Manager' - proved it wasn't necessarily to be. Despite being heavily into drugs and shooting then fiancée Kelly Preston in the arm, he had a resurgence in the late eighties/early nineties with Wall Street, Young Guns and Hot Shots! and from 1996 starred in the very well received TV series Spin City. Since then though he's been in Scary Movie 3. Exactly.

Misc.

Quoted



Quoted is a new feature for Gallery featuring the words of the good and wise on a wide range of important subjects. This month, what Einstein, Eslassie, Shakespeare and Buddha had to say about evil.

"The world is a dangerous place to live, not because of the people who are evil, but because of the people who don't do anything about it." **Albert Einstein**

"Throughout history, it has been the inaction of those who could have acted; the indifference of those who should have known better; the silence of the voice of justice when it mattered most; that has made it possible for evil to triumph." **Haile Selassie**

"But then I sigh, and with a piece of scripture, tell them that God bids us do good for evil. And thus I clothe my naked villainy with odd old ends stolen forth of holy writ, and seem I a saint, when most I play the Devil."

William Shakespeare, King Richard III

"It is a man's own mind, not his enemy or foe, that lures him to evil ways." **Buddha**

News Of The World



Hostage released for pizza

An Australian prison guard held hostage for two days was released after a ransom demand for pizzas was met. Up to 20 inmates at the Risdon Prison in Hobart, Tasmania, seized the guard in a protest over conditions in the maximum security jail. Initially they made 24 demands to authorities, but eventually gave up their hostage after agreeing to 15 pizzas, Coke and garlic bread instead. "At midnight, the final sticking point with the inmates was that they were requiring pizzas to be delivered. Our staff member was negotiated out with the delivery of 15 pizzas," Graeme Barber, Tasmania's director of prisons, told The Advocate newspaper. The guard is recovering from his ordeal at home.

Man shoots his own car

A US man who shot his car when it wouldn't start ended up in jail after shocked neighbours called police. John McGivney pulled out a gun and fired five rounds into the bonnet of his Chrysler. When asked what he was doing, McGivney, 64, said: "I'm putting my car out of its misery." He then calmly tucked his gun in a pocket and went back inside his home in Fort Lauderdale, Florida. Police arrested him for discharging the firearm, a .380-caliber semiautomatic, in public. After being bailed, McGivney said the car has been giving him trouble for years and had "outlived its usefulness". He called the shooting "dumb" but said he didn't regret it. "I think every guy in the universe has wanted to do it," he said. "It was worth every single damn minute inside that damn jail."



Granny rugby-tackled jay walker

A 77-year-old granny made a citizen's arrest in Germany when she rugby-tackled a 25-year-old jay walker. The pensioner sat on him until police arrived - because he had walked across a road before the light was green. The woman, from Freital, near Dresden, shouted at the man as he crossed the road before the little green man flashed up. The old lady said she became even angrier when he hit her with his rucksack as he pushed past her when he reached the other side of the road. She grabbed his hair and managed to wrestle him to the ground where she sat on him until police, who had been called by a passer-by, came to her assistance. He was taken to a local police station where he was fined for jay walking.

There's nothing like a good meal...



Three sons, Milton, Gerald and Donald, left home. Ten years after entering the wide world, all three have prospered and are getting back together for the first time, they discussed the gifts they were going to give their elderly Mother:

The first son, Milton, said, "I built a big house for our Mother." Not to be outdone the second son, Gerald, said, "I sent her a Mercedes with a driver." But Donald, the third son just smiled. "I've got you both beat. You remember how mum has always enjoyed reading the Bible so much? And you know she can't see very well any more - I sent her a remarkable parrot that recites the entire Bible. It took elders in the church twelve years to teach him. He's one of a kind. Mama just has to name the chapter and verse, and the parrot recites it."

Soon thereafter, mum sent out her letters of thanks: "Milton," she wrote to her first son, "thank you for your present - the house you have built for me is so huge. Being so old though, I only use one room, but I have to clean the whole house." "Gerald," she wrote to the second son, "I am too old to travel any more and my eyesight isn't what it used to be. I stay at home most of the time, so I rarely use the Mercedes."

Finally, mum started her third letter "Dearest Donald," writing to her favourite son, "you of all my sons has the good sense to know what your mother likes. The chicken was delicious..."

Dissemination



JPIMS LAUNCH

JPIMS (Jersey Personal Injury Medicolegal Society) celebrated its launch on the 5th July at the Pomme D'Or. Around forty GPs, consultants and lawyers attended for drinks, and listened to speeches given by the JPIMS President, Collette Hunt and Vice President, Lindsay Edwards. JPIMS are a group of lawyers & medics looking to promote the interests of plaintiffs in personal injury claims on Jersey. They are keen to invite membership from all members of the legal profession who predominantly act on behalf of Plaintiffs, together with all members of the medical profession are also eager to open up the group to include such professionals as accountants, chiropractors and people involved with the rehabilitation of the injured person. JPIMS can be contacted in writing at PO Box 260, Broad Street Chambers, 4 & 6 Broad Street, St Helier, JE4 8TS.



NEW FEDERER?

Potential Roger Federers were at Les Ormes on Saturday 23rd July where the leisure centre was donating all of its taking for the day to the Side By Side appeal. General Manager Mike Graham explains: "To support the fantastic work being undertaken by Jersey Side by Side in Sri Lanka, we arranged a day packed with activities and competitions for residents and visitors of all ages and abilities to join us for a fun day out at Les Ormes".



On Saturday 25th June two of the world's greatest cricket stars came to Grainville cricket pavillion to put on a demonstration in support of Jersey Side by Side. Muttiah 'Murali' Muralitharan, the world's greatest spin bowler and Aravinda de Silva, former Sri Lankan Test Cricket Captain provided a thrilling demonstration and showed why they are at the peak of their profession. Luckily for Jersey cricket fans the stars were happy to sign autographs after the event and even try their skills against world standard opposition. In the evening, joined by cricket fan Jeffrey Archer, the Bailiff, Sir Philip Bailhache and a large number of paying guests, the Sri Lankan stars attended a prestigious event held in the beautiful grounds of Trinity Manor. Unique memorabilia was available for auction including a cricket ball signed by Murali, Shane Warne and Courtney Walsh, the original Ian Rolls painting of the Jersey Side by Side beach photo, and a Jonny Wilkinson signed rugby shirt. All funds raised were donated to a charity, run by Murali's manager Kushil Gunasekera, which is rebuilding a village near Galle, which was devastated in the Tsunami disaster.



Bohemia Bar & Restaurant has won the prestigious 2005 Cateys Menu of the Year, awarded on 5th July at the Grosvenor Hotel. The annual Caterer & Hotelkeeper awards are considered the Oscars of the hospitality industry. Presented to Chef Shaun Rankin at a glitzy ceremony, attended by 890 luminaries from the hospitality industry including names such as Gordon Ramsay and Raymond Blanc, the judges praised the menu's ability to whet appetites and tempt diners to make the journey across to Jersey. "It's about marriages and combinations," Shaun says, "as long as you don't forget about textures and consistencies." The 40-seat Bohemia Restaurant has swiftly built a reputation for food excellence since its opening 2003 and earlier this year was awarded its first Michelin star. The latest news for Bohemia comes at an exciting time for owner Lawrence Huggler as he prepares to open The Club Hotel & Spa.

THE JERSEY TELECOM SUMMER SIZZLER

The Jersey Telecom Summer Sizzler 2005 took place on a fantastic summers day on Sunday 10th July at La Hogue Farm, St Peter. More than 7000 people attended the event and were treated to performances from Mark Owen (Celebrity Big Brother winner and formerly of Take That), Rachel Stevens (of S- Club 7 fame), Soulshaker, Andy Scott-Lee, Rowetta, and our very own Nerina Pallot. Also playing were local band Killian, warming up for their Jersey Live performance on September 3rd. The event was a great day out for all the family and all profits went to Jersey Telecom's chosen charities - Jersey Hospice and Childline.





Friday 5th August 2005
Miss Money Penny's is back with
JEFF JEFFERSON
A night of classic club anthems & retro floor fillers



Wednesday 10th August 2005
one of Hed Kandi's top artists
PEYTON
will be here singing "I'll Rise" & "Higher Place"



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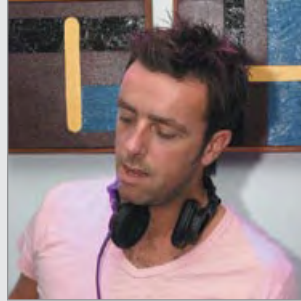
**FACES
& PLACES**



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Liquid - Kelly Llorena
080705

Small Beer

By Aimee



You might have heard of Gary McKinnon, the Crouch End 'superhacker' who will have had his next planned extradition hearing by the time this goes to print. He is potentially facing a 70-year jail sentence, in America no less, for poking around in secret governmental networks like NASA and the Pentagon-funded DARPA (the Defence Advanced Research Projects Agency). McKinnon doesn't remember too much of what he saw, due to the fact that he was only doing it for a laugh and was stoned or drunk most of the time. But he does claim to remember evidence from his virtual DARPA exploration of automatic fighters: robotic and autonomous soldiers who could go in and look for bombs, no human casualty necessary. While McKinnon's entire situation is perturbing, and raises unsettling questions about freedom and humanity in general, I was excited by the fact that there was some Good Science potentially sitting in a pipeline somewhere.

This is far more the sort of thing that we need, not Richard Madeley creaming his pants about some Japanese robots that can dance in synchrony and a bit like humans to some synth pop. People always seem to fear technology slightly, seemingly due to its potential to usurp human beings entirely, to take their jobs. Why is this a problem?! Jobs are rubbish! Would you really be that upset if you turned up to the office to find out that Johnny Five had sorted all your dull administrative duties and was well into next month's drudge? Scientists of the world, I call you! Since human beings are much better at having fun than robots, can we not sort out some sort of system by which humanoids can do all the boring stuff for us, while we all do the better things that we have to do?

When I was a small child in the 80s it was a bit like growing up in the dawn of man. We had Nintendo Entertainment Systems and VHS home recording, the Walkman complete with orange foam headphones and we had invented new materials with which to craft bum bags and cycling shorts and hi-top trainers; it was all going on. It seemed like we were teetering on the brink of the future. Maverick scientists in the mould of Doc Emmett Brown were working diligently to ensure the advancement of humankind but most importantly doing their damndest to make sure that those hoverboards would be perfected, patented and distributed before we got into the sixth form. Hell, the teasmoid had been invented in 1902; it was a shoo-in.

Here we are in 2005 and what do we have? Robot Wars. Cruddy home-made microwaves on wheels, poking each other with rusty knives and forks, with the only possible end of geek glorification. And they aren't even good geeks! They deserve no glory! I always found Tomorrow's World a bit depressing but at least it had its eyes set to the horizon, it was excited about What Could Be, it had its DeLorean tucked away in the garage for when the time came. It got axed over two years ago. Why? Is it because now we have invented the motorised tin opener we feel our job is done?

Naïve, you say. No, I have thought about this. I realise that you cannot produce sophisticated machinery out of thin air, that somebody needs to pay for it and somebody else needs to create it. Well, how about we get some geeks (not the Robot Wars guys) to invent a robot to make all the other robots? Each person makes a down payment to fund the robot that would fulfil his or her professional role in society. It might cost a bit but we would at least find out the price of freedom. Of course you wouldn't have to do this, I am not sponsoring some sort of automated autocracy. But the option would be there, and once we had that sorted out we could think about the rest of it; the teleporters and the robots who will bring you house keys or brandy when they detect you need it most.

Still, perhaps we should not be too downhearted. We have ten years to go; it was October 2015 when Marty McFly hit the future. Give it a decade and we should have the flying cars, the size-adjusting, self-drying clothes, the TV glasses and unconvincing 3D hologram street adverts. Hand me my hoverboard, the future is mine, all mine. Ours! Ours!

AT THE CINEMA



Unleashed: 18

OUT: Friday 5th August

IMDB: 7.2

Starring Bruce Lee's heir apparent, Jet-Li, *Unleashed* follows a man treated like a dog and raised by Bart (Bob Hoskins) as a fighting machine his entire life. After a car accident which puts him in a coma, Danny (Jet-Li) finds himself taken care of by an elderly blind piano tuner, Sam. Played by Morgan Freeman, Sam is himself on the run because he knows secrets he shouldn't. Danny soon finds that his sinister owner is looking to retrieve his most prized possession: a non stop human weapon triggered by a collar leashed on his neck. Written by Luc Besson, *Unleashed* looks sure to a big hit with action fans when it makes its big screen debut.



The Bad News Bears: TBA

OUT: Friday 26th August

IMDB: TBA

Grizzled former professional baseball player Morris Buttermaker (Billy Bob Thornton) is recruited by a strait-laced lawyer (Marcia Gay Harden) to coach the Bears, a woefully inept Little League team. He's got to find a way to drive this gang of 12 misfits to a championship against their hated rivals: the Yankees and their overbearing coach (Greg Kinnear). From the director that brought you *School of Rock* (Richard Linklater) working with the writing team behind *Bad Santa* comes a hilarious homage to an irreverent 1976 comedy.



Stealth: TBA

OUT: Friday 5th August

IMDB: TBA

Top Gun crossed with *2001: A Space Odyssey* (but maybe even a bit dumber than the classic Cruise vehicle). In the near future, the Navy (read US navy) develops a fighter jet piloted by a superior form of artificial intelligence. The jet is placed on an aircraft carrier in the Pacific to learn combat manoeuvres from the super slick human pilots aboard (played by Josh Lucas, Jessica Biel and red-hot Jamie Foxx), but the inevitable happens when the computer develops a mind of its own. Naturally, it's the humans who are charged with stopping it before it incites a war. Good flag waving American hokum.

ON THE SOFA



The Interpreter: 12A

OUT: Monday 15th August

IMDB: 6.6

Political intrigue and deception unfold inside the United Nations, where a US Secret Service agent (played by a tense Sean Penn) is assigned to protect an interpreter, Silvia Broom (ex-Mrs Cruise Kidman) who overhears an assassination plot. The truth needs no translation - reads the tagline, and if you're a fan of good-old fashioned 70s spy movies, you cannot miss this one. With great performances by the two leads, *The Interpreter* is a worthy addition to a DVD collection - the last sequence, set within the United Nations buildings is particularly satisfying.



Cursed: 15

OUT: Monday 22 August

IMDB: 4.7

Although this hasn't got a very high IMDB score, *Cursed* has been hailed by some as a return to form for Wes Craven, creator of the *Nightmare On Elm Street* series. *Cursed* sees a werewolf loose in Los Angeles change the lives of three young adults, who, after being mauled by the beast, learn they must kill their attacker if they hope to change their fate. Starring Portia de Rossi, Mya, and Shannon Elizabeth, *Cursed* isn't for everyone but if you're looking to invest minimal brain power in a Saturday night gore fest this could be just the badger.



Maria Full Of Grace: 15

OUT: Monday 22 August

IMDB: 7.7

Highly acclaimed, yet harrowing movie following a pregnant Colombian teenager who becomes a drug mule to make some desperately needed money for her family. The pellets of heroin weigh 10 grams each are 4.2 cm long and 1.4 cm wide and they're on their way to New York in the stomach of 17-year-old Maria. The movie shows how its often the poor and desperate that take the risks and punishments in the drug trade. More than any government anti-drugs campaign, *Maria Full Of Grace* has succeeded in opening peoples eyes to the fact that using drugs has a hugely negative effect on the exploited. Well recommended.



The Island

The Island is the latest summer blockbuster from Michael Bay, director of Bad Boys, The Rock, Armageddon, and bless him, Pearl Harbour. It stars Ewan McGregor as Lincoln Six-Echo, a resident of a seemingly utopian but strictly contained facility of the near future. Like all of the inhabitants of this carefully controlled environment, Lincoln hopes to be chosen to go to the "The Island" - a paradise reportedly the last uncontaminated spot on the planet. But Lincoln soon discovers that everything about his existence is a lie - he and all of the other inhabitants are actually human clones whose sole purpose is to provide "spare parts" for their original human counterparts. Realising it is only a matter of time before he is "harvested," Lincoln makes a daring escape with a beautiful fellow resident named Jordan Two-Delta (Scarlett Johansson). Relentlessly pursued by the forces of the sinister institute that once housed them, Lincoln and Jordan engage in a race for their lives to literally meet their makers

Scarlett, how much more physically demanding has this movie been than others you have done?

SJ: It's certainly been more physically demanding than 'Girl With The Pearl Earring'... We've been doing a lot of running, it has been physically demanding, it is something you want to be in shape for. Early on, I was coming home with, like, shin splints: "Okay! I got to start working out." But, you know, I think you don't realise how hard you run when you are running for your life. I mean don't know if you've ever run for your life before, to freak out and a full sprint. Yeah, it has been quite physically demanding.

Ewan, Were you worried about the action scenes?

EM: I wasn't worried about it. I was excited to do this kind of stuff with him, Michael, because I don't think there's anyone that does it better. Some of the chases on the freeways, some of that stuff just looks unbelievable. And the way they kind of weave us in and out of it, to put us in the action without putting us in any danger, was very satisfying to watch. What's been really nice about it is that very little of it has been done on a blue-screen,

most of it is done in front of a camera with special effects crew and stuntmen and/or Scarlett and myself, and that's always really exciting to do. It sometimes looks a bit amateurish, if you like, because it has to be that way - it's done with ropes, pulling cars over, it comes to people moving things around, pyrotechnics - but that's what makes it fantastic, it's not all being done on a computer afterwards. Some of it is, but not very much. There's a sequence where there's a jet bike that flies, and because Tom Lincoln's a speed freak and he's designed bikes and cars and boats, and we see through Lincoln's dreams that he's inherited this, so when I come across the jet bike I somehow work out to ride it and get Scarlett on the back and take off, it's a bit clumsy like.

How do you feel they went?

EM: I've trained quite hard for the film and I'm in good shape, you know, I'm never going to be Arnold Schwarzenegger. One I don't choose to look like that and secondly I don't think I've got what it takes to physically be like that. I've got a family and kids and stuff, I don't want to spend eight hours in the gym. I couldn't get that big, but I'm very happy with the way that I feel.

And has it been the most physical film you've done?

EM: Yeah, in terms of running we've done a lot of running. We're being chased all the time and a lot of it's on foot and you do get knocked about, and Michael's always very keen for us to get knocked about. He always likes to knock the actors about. Yeah it's an action movie where you do get hurt.

Scarlett, were you surprised to be offered this role?

SJ: I wasn't surprised; I was pleased that the studio and Michael could see me outside of a dramatic actor, or outside of In Good Company or Lost In Translation. I've had twelve years of all different kinds of films, but I have never done an action film. It's nice to know they think I can go the distance.

Is it a challenge to stay level headed given you've had a meteoric rise in terms of your acting career?

SJ: I don't know, I just do things.... I do magazines and things when I want to. I think to stay level-headed you have to know when to say, "No, you know I've had a really long week I can't deal with this right now..." You have time for yourself and the time when you are working and never mix the two up. In a sense I am always working, I find even when I am trying to spend time off, I always have something going on with a film I am working on – working on scripts, when it is coming out, working on ideas, working on things that need to be rewritten, all kinds of things. I mean to actually do that kind of work... The media side of it that is what gets you lop-sided. When you start believing it - "I am the most incredible thing of the last ten years!" or whatever they are saying. And you start to incorporate that into your private life. If you separate the two things and realise that one is used to help you in your work, and then you have your own private time and private life.

"I'm never going to be Arnold Schwarzenegger... I don't choose to look like that... I've got a family and kids and stuff, so I don't want to spend eight hours in the gym"

What did you find in the script that was close to your tastes as an actress?

SJ: I think as a movie watcher and an audience member am always one for a good genre movie. If it's done well, Jurassic Park is one of my favourite movies of all time because it transports you, or an Indiana Jones movie. It doesn't have to be some character drive story for you to believe it for two hours. And when I read the script I really bought it, I thought wow this is fantastic. It was very exciting; I was turning the pages, wanting to know what will happen. I thought if this is done how I am thinking and reading it then it will be larger than life, a really fantastic science fiction thriller. And of course when I met Michael and he showed me some of the work he had been doing with digital storyboarding and that kind of thing, it was kind of like, yes this is going to be really cool.

Is it strange having to wear white the whole time?

SJ: Yes, it's really flattering and glamorous. Ewan and I are sweaty and smelly and greasy the whole time, it's so funny. This is not a glamorous industry at all. Trawling through greasy, oily water. But it is a little bit different in the prep for an award show.

How much fun has it been working with Ewan?

SJ: It's been so much fun. I couldn't wish for a more lovely or sweet person to work with. It's very rare that you actually work for the whole day and then you actually want to hang out with somebody off set. He's such a sweetheart, he's got a wonderful family, and he's such a regular guy. I mean we laugh a lot, especially when you are working this hard, working this long on a show, you want to make sure you can laugh a lot when no one else is laughing. Everybody is working so hard, and you've been running for your life, you want to be silly about it. I would love to work with him in other capacities, outside of this film, in a dramatic piece, in a comedy. We make a good team.

What exactly does The Island represent?

SJ: There's certainly no island in the movie as such. The Island is the idea of paradise, not just paradise but the only place that is still liveable, the only place with clean air and water. We're hoping to reach it...

Ewan, where is The Island set in terms of sci-fi?

EM: I've always thought of it, if you want to use the terms, as being a kind of futurist thriller as opposed to sci-fi. They have futuristic elements – we shot in Detroit for LA, they're going to work on the skyline of Detroit to an extent to make it slightly futuristic but what I think he's done very cleverly, he's made it not a too-distant future so maybe it's in twenty years time which keeps it familiar enough, I think it's a clever way to explore this idea of cloning, that we can keep it quite close to a real now.

James Bond?

EM: I don't know the answer to that question – they haven't come to me. You'd have to think seriously about it because it's an incredible part to play. There's a lot of speculation at the moment but they haven't approached me. As far as I can tell they haven't approached anyone else but I may be wrong, they could be on the phone to Leonardo Di Caprio right now.

Do you miss London?

EM: Yes very much. I love it here though as well, I'm growing to like it here. With children it's a good town, it's easy.

Do you feel balanced in your career?

EM: Yeah, I'm really happy at the moment. I don't really feel any pressure to do one thing or the other. I'm very lucky in that respect – I've got great representation, and a great wife – I don't feel that I'm pressured into anything so it's easy for me to do that. And when some script comes through the post if I read it and go 'I'll do that' – I'm in a position where I can, regardless of it being 120 million or nothing.

Finally, Scarlett, if you were literally stuck on an island what would you take?

SJ: How many things are you allowed?

Three.

SJ: I would take a giant tub of water... A bayonet knife, I could think of things that would be useful like rope. I don't know – my sister, sun block and my mum. The girls.



CULTURAL HUNGER

By Debbie Krupski



From Musicals to Shakespeare, Blockbusters to Street Art, programmers are finding ways to entertain their public indoors and out this summer. This page looks at some of the events to look forward to in Jersey this August and wonders why we don't take better advantage of the natural venues this stunning island has to offer.

The Jersey Film Festival (13th – 19th August, Howard Davis Park) gives you a chance to view films with the family all wrapped up under the starry night sky overhead. Free to enter and with a retiring collection for a different charity each night, the festival draws audiences into the island from the UK, Ireland, Europe and even the Americas. Surprised? I was when I found it featured in the Observer list of the 20 UK summer events not-to-be-missed. The theme this year is the musical. There will be screenings of Phantom of the Opera, Moulin Rouge, Chicago, The Sound of Music and Chitty Chitty Bang Bang which promise to keep everyone happy: anyone can have a dance and a sing-a-long. Back by popular demand is Grease (pictured) so get back into the pink lady chic and 'T' Bird swagger that set the island alive in 2003 at the Opera House.

It was the '50s American drive-in that inspired Kevin Lewis (festival organiser, host and projectionist in one) to set-up the festival 11 years ago. Started at Belle-View as a drive-in proper, the original site has become a housing estate so Howard Davis Park stepped

up as the perfect alternative venue: it is centrally located and a great spot for settling on the grass with a rug and a hamper (as is the current culture).

It was difficult to learn even these small facts from Kevin when I saw him on a busy Saturday at the New Forum Cinema. A relentless flow of children, their parents, and their popcorn punctuated our furtive chat at the box office where he pin-balled between the old school ticket dispenser, the assistant-less cloakroom and the trilling phone. He happened to be telling me how he found the festival a little stressful to run as a one-man team.

Speaking rapturously of Cannes and Dinard, Kevin's dreams for the future are grand. He hopes one day it will put Jersey on the map in its own right. I'd like to buy into his enthusiasm but as he tells me the funding for the festival from Tourism is in jeopardy, it seems only too likely we might have to live without this patently popular event in the future.

The Waterfront Enterprise Board (WEB) tell us this year The Waterfront will not be host to the nights of music by the sea that the Opera House and WEB put on last year: World music, Jazz and Opera performed by the London Opera Players. Holding such events in future years may be a problem if plans for the Waterfront go ahead. Events seem to be dropping like flies. Maybe it's the heat.

Thank goodness then that Durrell Wildlife Conservation Trust is not going to be turned into a car park. It is home to one of the brightest events of the summer: The Tempest brought to you by Oddsocks (2nd – 10th August) and the Arts Centre. Punters can look forward to Oddsock's characteristically unconventional approach to the Bard but with all the essential essences of plot and language intact. Past years have seen energetic performances, creative staging and the occasional teal landing on the performers.

At the end of the month there is fowl play at the Opera House! The Olivier award-winning musical story of the ugly duckling Honk (30th August – 3rd September) is staged within the ever enchanting walls of the auditorium. Performed by the young people's theatre company Stomp it is a cracking tale of life on the duck pond. If you haven't seen the inside of your beautiful Edwardian theatre in weeks, take the plunge now and feel glad still to have the chance.

The Arts Centre continues its Alfresco arts this month with a wealth of street entertainment including the earth goddess with puppeteers in her skirts: 'Big Mama' from Les Quatre Saisons; Top break dance crew 'Physical Jerks'; Simon MacDonald's stories for children, 'Jolly Mixtures' performed earlier this summer at Glastonbury; 'Four Seasons' and 'Prohibited Bathing', visual physical comedy from Bris de Banane; Fun and ingenuity with Hoodwink's 'Tock Tick!' and DNA's trilogies of classic tales from Ladybird books and European Folk Tales. Check it all out!

So, this August has something to entertain anyone who may be loitering around this beautiful island in the sun looking for fun. Let's hope there's at least this much and more to enjoy in future summers: get out there and show your enthusiasm!

ARTS & CULTURE



CEPHAS & WIGGINS / £14 (£9 STUDENTS) / 20.00 / SATURDAY 20th
 "Blues music is truth and nourishment for the human spirit" - that's the belief of these two outstanding bluesmen. Both from Washington DC, Cephas & Wiggins bring an urban sophistication to the East Coast Piedmont style first brought to the masses by Blind Boy Fuller, Rev. Gary Davis and Blind Willie McTell. This infamous duo will be stopping off for one night only so don't miss it.



THE GARDEN PARTY / EXHIBITION BY NINA HERVE / HARBOUR VIEW BAR & EATERY / UNTIL 21st AUGUST / www.missnina.co.uk

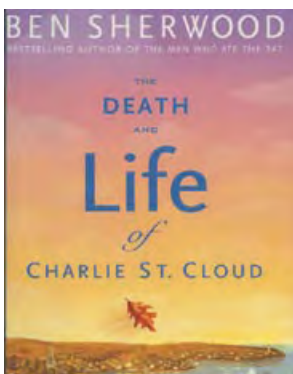
This is Nina's third solo exhibition. These original paintings and prints are full of fun, with vibrant colours and an appealing subject matter. The theme is inspired by Nina's parents' garden and also the cult kids television programme Magic Roundabout.



ODDSOCKS PRESENT THE TEMPEST / £14 (£9 STUDENTS) / 20.00 / 2nd - 10th AUGUST
 Oddsocks at the Zoo is becoming a popular annual event so join Prospero on his journey of retribution.

Books & Pieces

If your idea of fun in the sun involves a cool drink, and a beach towel, this selection of summer titles should have something for you. We've one of each to give away with some cinema tickets. Visit competitions@gallerymagazine.com.



The Death and Life of Charlie St Cloud / Ben Sherwood / £6.99

Aaaah, Charlie. This is it, folks, the definitive book of summer 2005. Once upon a time women on both sides of the pond fell head over heels for Charles, the foppish romantic in 'Four Weddings...'. Here, for your delectation, is a comparable American tragic hero, more sensitive than foppish but equally lovable. As a teenager Charlie causes the death of his beloved younger brother, Sam. Since then, he spends every day atoning for what he did and waiting for the opportunity to discover the purpose of his own survival. Enter the Ellen MacArthur-esque Tess, sailor extraordinaire and all-round beautiful cool-person. It would be a mistake to assume that this is fluffy summer chick-lit (see below if fluff is your bag). This is a unisex, one-size-fits-all book that will appeal across the genders and generations. The plot encompasses universal themes of what it is to die, what lies beyond, and how the living cope with death, all wrapped up in an ethereal, dream-like atmosphere reminiscent of a modern fairy tale. Read it and weep, if you are that way inclined, or just bask in the otherworldliness that Sherwood creates. Turn off the mobile and throw a sickie, 'cos once you start it you won't want to be disturbed.



Good News Bad News / David Wolstencroft / £6.99 All school boys know that any spy plot worth its salt follows the luckily..., unluckily... pattern used to stunning effect in The 39 Steps. In this first novel by Spooks creator David Wolstencroft, we are treated to a compelling adventure, rich in espionage tradecraft. Protagonists Charlie and George are thrown together in a heart-in-the-mouth rollercoaster ride. The premise of setting two operatives to neutralise each other

might not be totally original (think Mr & Mrs Smith, and anyone remember Prizzi's Honor?) but the exhilaration of the ensuing twists, detours and deviations that sweep us along shoulder to shoulder with the spies makes this a worthy beach-mate.



The Food of Love / Anthony Capella / £6.99 Here's the fluff! Those of you searching for the perfect no-brainer with which to chill, look no further; this is the ultimate in untaxing nothingness. Plot summary -

Cyrano de Bergerac in a kitchen. An Italian kitchen actually, with liberal machismo clichés, foody metaphors, and unconvincing erotic sex which never really seems to get off the ground. Roman stud Tommaso fancies stuck-up American Laura, and enlists the culinary skills of best-mate and wunderkindt chef Bruno. Shy and ugly, Bruno inevitably falls for Laura himself. Predictable and unchallenging, but hey, this might be exactly what you need when concentrating on more demanding issues such as beach volleyball and melanin production.

OTTAKAR'S

Books supplied for review and as competition prizes by:



Interview Exclusive

Warren & Warren

Gallery talks to Holt & Le Sueur, the force behind JerseyLive

G Gallery
WH Warren Holt
WLS Warren le Sueur

G This is JerseyLive's third year, what made you want to get it started? What was the motivation for the both of you?

WH Because we've been promoting dance events, it seemed to be a logical step. But for me, going to Glastonbury in 97, I felt the whole thing. For me, on a personal level, I thought 'I want to do this, this is what I want to do, I want to put together a festival'. That was my influence, Glastonbury.

WLS My first experience of anything 'festival'y was the Stone Roses Stick highland gig. I didn't think anything at the time, with regard to what we do now, but I was just awestruck with the whole giganticous of it all.

WH You just think, "that many people together" and, "that atmosphere".

WLS I think anybody that goes to a festival such as that must be overwhelmed by it.

G You weren't thinking about how many toilets you needed back then....

WLS (laughs) Yeah, I never considered anything like that but.....

WH It just morphed.

WLS You just throw yourself in the deep end don't you....

WH I think the will and desire to do it means you don't consider the implications and what it's going to take, whatever comes up, you just do it.

G Did you pick other things up from other festivals?

WLS No not really, we had our own vision. You just have to find the sub-contractors to do the individual parts, even down to fencing.

WH There are obviously choices, we both chose the orbit (stage) as it's such a beautiful stage and we just agreed on all the setting as such, it seemed so natural.

WLS We just went head first really and took the plunge.

WH You add your own slant on it. This year we're hoping to add in little extras and alter the production a bit more so we'll get that wow factor, put more into it.

WLS Last year we were still running around mad while The Thrills were still

sound checking, which is a 'no no' really but that's down to experience.

G It's three years now, are you finding that you get more support?

WLS We are getting more support and being more accepted for an authoritative point of view. I think people realise now we're not going away and are serious about what we want to do. We've got a long term plan. Each year things change, health and safety laws. We're not experts at that kind of thing but we are learning and evolving with the festival.

WH It's so important to us, health and safety, it's our number one priority, then the production comes and everything else. We used to run the production and promotion and not concentrate so much on that...

WLS We've learnt that if you run an event safely, the event will run itself. We used to feel, in a naive way, that we were victimised and that people were coming down on us.

WH That we were being picked on. But now that we don't, we can embrace all that now and we realise that it's all constructive. You learn from your mistakes. And this year we can implement.

WLS From the likes of Tourism's point of view we're more accepted now. They can see we're serious.

WH They've realised it's a good event. You saw in the paper last week, 1500 at the castle, 3500 at summer sizzler, that's 5000 people and not one arrest. It's just good natured events. There were 38 arrests in nightclubs and bars on the same weekend.

G There are more festivals springing up these days, what do you think makes JerseyLive different?

Well it's a beautiful island isn't it. The attraction from the UK, the way I used to view Jersey, was as an up market, beautiful place and it is...

G Bergerac etc....

WLS Also the date we picked (1st weekend in September), all our core market, the locals, are here en masse. All the students are still here, mums and dads are back from their summer holidays....

WH It's the last party of the summer.

WLS There are holidaymakers, if you want to call them that, if we get those any more. From a date point of view is still great. From tourism's point of view, September is a great month for them. Also we're not in competition with any UK festivals.

G What about Europe?

WH There are two others we know about that some of our bands are playing at. The Futureheads and The Bravery are both flying out on the Sunday to Bologna and there's one in Ireland who we've forged links with, The Electric Picnic.

WLS In terms of your major festivals, it gets closed off with reading and we're extending the festival season.

G In terms of last year, did you gain any insight or knowledge that you will be implementing this time?

WH We've done a lot of planning, particularly disembarkation. We're changing the route into the festival. We've got 15 coaches, it's a big operation.

G What about feedback from the public?

WH We didn't really hear one negative. I think everyone went to a site that the majority of people didn't know existed. One of the big statements that we heard was 'It didn't seem like we were in Jersey', and because of that it gave them something new to consider and people felt proud of it. The overview and perception was a 100% success really.

WH There were 1000 people who queued down the driveway at the RJA and I was astounded by the way people were there at 11.30. But the thing that got me was, with such an apathy in Jersey, they were still doubting what it was, but when they got in, they were calling friends on their phones and saying; 'you've got to get up here now'. They saw the stage with 30 foot P.A wings and were overwhelmed with what was going on.

G So with that in mind, have you changed anything this year?

WLS We're sticking with the layout but

things that will enhance the site, to create the environment for the level of artist we've booked. The line-up that we have this year... Martin Elvorne, our contact and the main programmer from Glastonbury, reckons that the setup we've got is worth 40,000 attending at the main stage of a UK festival. That's really powerful. Within the industry, agents that we don't deal with are amazed. **WH** They think we've sealed an amazing line-up.

WLS They can't believe we've managed to book it.

WH People with other festivals too, I think we are getting their back up a bit. Route du Rock wanted Kasabian and so did Electric Picnic. They got the Canadian band, Arcade Fire, a band we wanted. They're going to be amazing.

G You're obviously getting attention in the UK, then, how are you promoting to the UK market?

WLS Condor (ferries) are very pro-active on that side of things, they're hitting all the UK regionals. We've sold out two campsites now.

G There's that much support?

WLS Tourism have sub contracted Glastonbury's press office to get us on the radar in the UK. Already we're getting pre-editorial in the NME and we're getting post-event too. We got national coverage on CDUK, I know it's a teenie bop pop kind of programme but it's still national coverage.

WH It's great for the island....

G What about researching new bands coming through?

WH That's the research we do, we get lists of bands sent through and we'll research on websites and just listen to band after band after band.

WLS For three years running now we've compiled lists and sent them out to our email database. A lot of the bands, our database didn't know who some of them were when we sent it out

WH The Jersey public made some good choices.

WLS We think that, in a way, our email database respects us for trying to get the bands....

WH It gives them a chance to research too

WLS we book them so far ahead. The Bravery and Kasabian this year and Razorlight last year, it's great. For us, for me personally, booking Too Many DJs is a big highlight for me, I'm going to end up being their chaperone.

WH For me it's The Bravery, I was quite into my new romantics music when I was 15 or 16 and I like that style of music.....

G A good show band....

WLS They like to get their kit off!

WH At Glastonbury they stole the show

WLS The bass player crowd surfed the second to last tune and then ran backstage and came back and played the last tune wearing just a bass guitar.

With the strength of the band's you've got booked, and you mentioned camping, will you be taking it back to two days?

WH We plan on implementing it.

WLS It's part of the long term plan. The core objective at the moment is to do a slick, smooth safe event and sell out. Once we've achieved that we'll consider two days.

We'll be looking to increase attendance slightly to allow us to afford to go to two days..

WH Just one step at a time really, just being methodical.

WLS We're trying to walk and then run.

G With the number of people you could get over here in the long term for a festival would make it great....

WH We'd have to put on more ferries to get them over....

WLS Condor (ferries) have been great with us, they're in it for the long term and have supported it from day one.

WH We've had no help from the airlines.

WLS Absolutely none. In fact, one of our verbal marketing strategies, if anyone contests the price of the ticket, we just turn around and just say it's cheaper than your tax on a UK return flight!

WH We're trying to keep it good value for money, it would be £35 or £40 in the UK. We have kept it really, really low, as low as we could possibly do it.

G With respect to the festival then, what are your plans for 'JerseyLive' as a brand?

WLS With the festival I think we've achieved something that people are proud of, and we've instilled a lot of confidence in the local bands. We believe we're helping to cement the local live scene. People talk about local bands in a way they never used to.

G It gives them another step on the ladder I guess....

WH One of the main offshoots, and one of the other things we'll be implementing, is the JerseyLive Sessions at the Havana Club. It's going to be every Friday night and we'll be bringing UK bands over and running them with local bands.

WLS We called it the Jersey Live music festival, we dropped 'music' so now it's the Jersey Live Festival but people are just saying JerseyLive now. Jersey's always had a kind of...the word Jersey conjures up the wrong image, I think JerseyLive adds a bit of appeal. A lot of people from Bournemouth are coming over.. Once the word's out there.

WH I think once we've hit NME, we've got our first half page ad in NME in two or three weeks and we'll get some attention from that. We're already selling hundreds off island.

WLS We haven't really gone to town on marketing yet and there are 4500 tickets sold already. It's still so small compared to UK stuff but locally it's unheard of. Everyone is 'lastminute.com' in Jersey. It just gives us a lot more breathing space because we have some security.

WH It gives us space to be creative.

WLS We sold 300 tickets on the gate last year, but this year there won't be any, we've put a ban on it this year. The involvement people have sought this year is brilliant; Chris from Condor, Karl from de Gruchy and Jersey Post have been great, really pro-active. Tourism, Jersey Arts Trust and the JEP, who have given us full reign and support if we give them news as and when, all we have to do is give them decent news.

WH Tourism have given us security, as such, the support we've needed to get us off the ground.

WLS It's been hard work.

G Well, you'll be accounting for good visitor numbers when the festival grows...?

WH Research shows that each visitor spends £70 a day, times that by a few thousands and it's great for the island

WLS This year we've got all the agents, we only had one last year, and we've got A&R coming over from some labels, asking us about local bands.

G Are you going to get involved in management at all?

WLS Maybe in a few years time.

WH It would be nice to look after them, we've got a good friend finishing Uni at the moment and in music management, he's very good.

WLS It's something that we feel strongly about, there are some great local bands over here, with the right focus...they can do a lot better...maybe in two years time....

WH What's interesting is that I didn't used to rate local bands because I had nothing to compare against but since we've been getting sent CDs from local bands, 5 or 10 a week, we go through 40 or 50 CDs in one night. If 5 of them are jersey, you could bet that 3 out of five will make it to the re-listen pile and out of 45 or 50 UK bands there may be one. Jersey bands in general are much better than UK bands...

G why do you think that is?

WH They're better educated and they get better music training. There's a good standard. I wish some of them didn't have the egos though. Hopefully.

WLS For local bands, they need something to aspire to, I think everyone aspired to that, even us and it's really important we get the local lads networking with the UK acts. The ones that we're bringing over are the 'bubblers' so they'll be on a similar level but they're out there playing week in, week out. That's one of the downsides for the local bands, they can't play 4 or 5 times a week like UK bands do. It's key for us that they'll be able to network, swap phone numbers and swap contacts and gigs.

G Building Jersey music as a whole.....

We know we can achieve it, it's part of our plan, we will achieve it. There's no stopping us now, the machine is rolling.

WH What we like about the machine rolling is that it's bigger than us, it's bigger than the band. We want JerseyLive to be bigger than any band we get over, like what Glastonbury has, no band is bigger than Glastonbury. That's what we want to tell people, that JerseyLive is bigger than me and Warren. We feel now that it is in motion and if we weren't at the helm now somebody else would be...

G And it would roll...

It would still roll, hopefully we'd like to think that somebody else would keep it going...

Here's to JerseyLive rolling on and the Island having the jewel in the UK's festival crown. Tickets for JerseyLive are available now from de Gruchy in King Street. You can win two VIP tickets courtesy of Gallery and De Gruchy Contemporary Fashion, just ask in store or visit www.gallerymagazine.co.uk/jerseylive

MUSIC

NATIONAL BANDS



WHO ARE THEY?: Tom Meighan (Vocals), Sergio Pizzorno (Guitar/Keyboards), Chris Karloff & Edwards (Guitars)

WHERE ARE THEY FROM: Leicester, the four school friends retreated to a rustic farm to hone their sound and forged their sonic terrorist identity - their name is a reference to one of Charles Manson's pals. Kasabian are like a breath of toxic gas to the U.K. music scene.

WHAT DO THEY SOUND LIKE: "Very English rock, man. Very Supergrassy. In the beginning you sound like every other band, 'cause you want to sound like your influences - to be like the Who or whatever. We wanted to add big ambient sounds to it, instead of being the same cliched rock band. Listening to DJ Shadow, Vangelis' Blade Runner, and Tangerine Dream changed a lot of things."

QUOTE: "A lot of the other bands are scared. We're not something we're not. We're not contrived. We're not manufactured. We're just, it's in our veins, it's what we do. We don't try to be anything we're not."

Its getting close. September 3rd is just around the corner and Jersey's set for arguably the greatest musical event since the The Beatles played Springfield in 1963 (not including Jersey Live 2004!). Kasabian have had a great year (despite *Gallery* going to the Eurockeeennes festival to check them out and them not showing....) and as headliners expectations are high. The Bravery have also been doing well with their post-punk-influenced dance rock. Likewise, Positiv have done a great job in picking bands that look ready for the big time with The Futureheads, The Ordinary Boys, The Black Velvets and Art Brut. (NB. It would be criminal not to mention the Dance Arena, 2 Many DJ's, we are blessed...).

THE BRAVERY

WHO ARE THEY?: Punchy modern rock outfit the Bravery features Sam Endicott (vocals/guitar), John Conway (keyboards), Anthony Burulcich (drums), Michael Zakarin (guitar), and Mike H. (bass).

WHERE ARE THEY FROM: New York five-piece got their start in early 2003. After playing its first gig at the Stinger Club in Brooklyn in mid-summer, the Bravery's post-punk-influenced dance rock was all the rage. This eventually led the Bravery to a recording contract with Island Def Jam in the States and Loog in the U.K.

WHAT DO THEY SOUND LIKE: "People always say we sound like New Order and Duran Duran," laughs Sam, "It's funny, because I don't really know those bands that well. I've listened to a few of their songs recently, though, and they sound cool - just not like us."

QUOTE: "We're called the Bravery because that's the mindset I was in when I was writing the songs," says Sam. "Everyone my age wants to know what they're going to do with their lives. They all think that they're worth nothing and heading nowhere. People are drowning in these thoughts and I just got sick of it. I didn't want to be like that".



THE FUTUREHEADS

WHO ARE THEY?: The band began as a trio of vocalist/guitarist Barry Hyde, bassist Jaff, and drummer Pete Brewis. Vocalist/guitarist Ross Millard joined after with Hyde's little brother Dave, who eventually took over drums duty from Brewis.

WHERE ARE THEY FROM: Sunderland - Hyde and Brewis were tutors at a lottery-funded organisation called the Sunderland City Detached Youth Project, which aimed to get kids off the street by having them play music instead.

WHAT DO THEY SOUND LIKE: Taking the best of post-punk, new wave, and pop as inspiration, Sunderland's the Futureheads are among the best of the U.K.'s "angular" movement, which also includes Franz Ferdinand and Bloc Party.

QUOTE: "We wanted to make startling, surprising, sensational music. Most bands were devoid of sexuality. They didn't even look like they were enjoying it. Performing should be a totally reciprocal thing when you play, an interaction between standing bodies."



THE ORDINARY BOYS

WHO ARE THEY?: The brash indie rock sounds of the Ordinary Boys come from Preston and are William J. Brown (vocals, guitar), Charles Stanley (drums), and James Gregory (bass).

WHERE ARE THEY FROM: Inspired by the Kinks, the Jam, and the Smiths, the foursome formed the Ordinary Boys in Worthing, England, near Brighton, in spring 2002. They'd already been playing in various bands since their early teenage years, and obviously took their name from the Morrissey song. But by the time they reached their early twenties, the four childhood mates wooed their native England with their swaggering post-punk/pop style of music.

WHAT DO THEY SOUND LIKE: Sick of the downplayed, downtrodden music around them, the four were determined to reintroduce tunes to a moribund guitar scene. As youngsters, their early musical experiences had been necessarily tied to the then all dominant Britpop movement so the concept of guitar pop was a natural one from which to draw. Debut album "Over the Counter Culture" distils their world-view into twelve bursts of straightforward shots at the state of the nation. The songs detail the lives, loves, losses and twisted dreams and desires of the average person in an average country in an all too average time.

QUOTE: "It's not fxxxing difficult to get addicted to cocaine. Why glamorise something that's so easy?"

THE BLACK VELVETS

WHO ARE THEY?: Paul Carden (Vocals), Dave Dutton (Bass), Nick Kilroe (Drums), and Robbie Ross (Guitar).

WHERE ARE THEY FROM: The Black Velvets are four lads from Liverpool with a shared love of everything from T-Rex to AC/DC to The Stone Roses to Guns 'n' Roses. Their music is unashamedly big in sound and produce simple yet classic tunes

that, if you're going to stick your neck out and be bolshy, (which they are) sounds like Led Zep with melodies by The Beatles.

WHAT DO THEY SOUND LIKE: In an era when rock music is back, The Black Velvets offer swaggering timeless rock and not some retro pantomime version either and avoid the introspective stylings of grunge and the brattishness of nu metal. Their agent, Steve Strange (Eminem, Coldplay) thinks they are the best new live band he has seen in 10 years and Bill Curbishley (manager of The Who) was similarly blown away when he saw them support his band. Sanctuary were so impressed after seeing them perform that they immediately offered to manage them, rival managers offered them a £20,000 advance, but the band went with their instincts and signed with the biggest rock management company in the world which fits perfectly with their ambitions.

WHAT JOBS DID YOU HAVE BEFORE YOU MADE IT? I've had to work carrying kebabs round and delivering things to chip shops, bar work, kitchen porter just all kinds of really crappy jobs - but you have to get money somewhere! I got sacked from most of my jobs because I kept leaving to do gigs.



ART BRUT

WHO ARE THEY?: Calling your band Art Brut leaves little room for imagination. Just as Slayer could only be a heavy metal band, this London-based five-piece could only be erudite, paint-stained chaps, fresh from the school of design - sharp suited young men playing art-punk. Eddie Argos (Vocals), Chris Chinchilla (Guitar), Ian Catskillkin (Guitar), Freddie Feedback (Bass), Mikey B (Drums).

WHERE ARE THEY FROM: New Cross, London.

WHAT DO THEY SOUND LIKE: Brilliantly simple, cleverly stupid art-punk. Argos' one-liners and clever song themes induce several audible moments of authentic laughter. His playful demeanor is one of the many finer details the band uses to take an old sound and mould it to their own - Art Brut aren't simply a calculated culmination of previous bands - they are Art Brut, and they're here to entertain us.

QUOTE: "We are the band that made Israel and Palestine get along now... all that good will and will power!"



MusicReview

REVIEW BY STEVE IP / AIMEE GASSTON / JULIA THEREZIEN

***** Flawless ***** Fierce *** Fair ** Faulty * Faeces



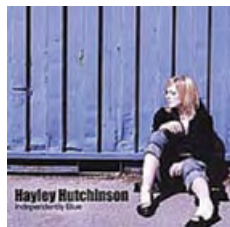
Clor : Clor

On Saturday night I accosted a boy wearing a Clor t-shirt in order to congratulate him on his garb. I had not been the first that night. If Clor are already causing a stir in a sticky club on a tiny island in the middle of some sand dunes, at this point weeks previous to their debut release, they are surely poised for some sort of global assault. There isn't enough room here to tell you the many ways in which Clor are amazing. This album sounds like what the Velvet Underground would have made if they had been born forty years later and wanted to make a dance album. It is compulsively pranceable, it is frenetic, it is schizoid, it is spiky. It has all the gloss of pop but the ingenuous, spontaneous energy of punk, and a gentle intelligence characteristic of neither. These perverse electroid love hymns beat down upon your skull and each one deserves your ardour. Especially magnificent is the explosively impudent 'Good Stuff', 'Stuck In A Tight Spot' with its chaste lullaby vocals casually laid next to charges of filthy metal guitars, and the building neurotic rhapsody of 'Making You All Mine'. But all you need to know is that 'Clor' is effing good and maybe the best album you can buy this year. So do it. AG



Young to Eternity : The Subways

The Subways have come a long way in the last few years. As a young teenager, lead singer Billy Lunn, frustrated with small town life, decided to form a band with his brother Josh and his girlfriend Charlotte as an escape from it all. Now almost a year after appearing on the Jersey Live stage and winning the 2004 Glastonbury battle of the bands, The Subways hit us with their eagerly anticipated debut album. Following the two singles "Oh Yeah" and "Rock and roll Queen", both of which are three minutes of spine tingling, raw and reckless rock, "Young to Eternity" starts off in the same vein with the brilliant "I Want to Hear What you Have Got to Say", which leaves you nodding your head and desperate for some more. There is a lack of complexity and intricacy in the songs but that is their strangely endearing appeal, take "Mary" which opens with the lines "Mary is my best friend / She makes me my tea / She lets me stay around her place when there's nowhere else to be", it is simply not pretentious, just plain and simple Rock. But this is not a flawless album, the quieter, slower tracks are more boring than melodic and Charlotte's backing vocals verge on sounding a little too much like a chipmunk. Overall this is a good debut which is at its best when it shows off the arrogance and energy of youth. S



Independently Blue: Hayley Hutchinson

You could easily be forgiven for assuming that Ms Hutchinson is a born and raised Southern gal rather than the Yorkshire lass that she is. Country overtones permeate the album, the guitar seeming to twang with a lazy Southern drawl. This is Hayley's debut collection, written exclusively by her, and the musicianship is unarguably polished and the performance tight and neat. However, it all feels just a little too tidily wrapped. 'Here's the Love' kicks the album off with a competent, well-produced commercial track, and the first half does provide a fair bit of interest. A couple more pacey numbers reminiscent of Kirsty MacColl, and Hayley's tender, sensitive voice lending itself to the two delicate ballads; 'Climb Through' and 'I Have to Say I Love You', all add to her integrity. Unfortunately, the album starts to lose momentum half way through with most of the later tracks being instantly forgettable. In the more rock-flavoured 'Deadman' you can almost hear the musicians straining at the leash as Hayley's voice fails to provide the extra bite and attitude called for. Sadly, the word of choice to sum up the impact of the album would be... 'nice', which is worse than labelling it 'auditory GBH'. At least that would imply an element of punch instead of the half-hearted slap that 'Independently Blue' delivers. JT

Glastonbury 2005

Glastonbury 2005 began as it always does, with me crouched precariously above some stinging nettles after a pre-traffic jam toast in the back of the car. It ended on the side of a motorway next to a broken car, at 6am on a grisly Monday morning. Between those two points it was all good. The rain stopped, the days rolled into each other and tramp ways became chiselled upon our DNA. I fell over in the mud once, was proposed to by a strange(r) once, and scavenged food from the ground more often than that. I saw Roots Manuva in a pink jumpsuit and wellies, Brian Wilson, the Futureheads, Clor, Editors, Maximo Park, the White Stripes and Van Morrison and sat through at least two hours of drum'n'bass because I was too frail to leave my gang. I missed a hundred bands I should have seen. I was surprised by a kiss in the dark from an old friend outside some toilets, and kissed him back by some other ones the next morning, both drunk on red wine. My brother developed trench foot and he and I left Babyshambles to play alone after five minutes because we had bigger fish to fry. I found a superb chair left for me by a tree at my most weary, which was unfortunately covered in novelty penis jokes. I toasted John Peel once and cried about him once only also; I was brave. I saw three naked people frolicking separately and magic mushrooms given away under painted signs in Alice in Wonderlandish challenge. Any regrets? I saw Jo Whitley in the flesh, and failed to throw my pie at her. The worst thing about Glastonbury is not the overpriced food, it is not the mud, it is not the toilets, it is not the rugby boys or the fact that you will probably see Garbage by accident; it is that you will be so utterly broken for the following weeks because you slowly realise that you are no longer there. AG



Positiv presents...

Jersey Live

Festival of Music 05

Saturday 3rd September. 12pm - 11pm

The Royal Jersey Showground, Trinity, Jersey, C.I.

Positiv Main Stage

Kasabian
The Bravery
The Futureheads
The Ordinary Boys
Art Brut • The Black Velvets

Local Support:

Velofax The Valentines Bulletproof
Killian The Ok's Jackson Moody band

Theory Dance Arena

2 Many Dj's
Whitey (live)
The Glimmers
The Mixologists

Local Support

Holt & Le Sueur Simon Gasston
Gaz Campbell Steve McKinnon

Ticket Information

£28.50 Subject to booking fee

12yrs & under free only if accompanied by an adult. NB: No tickets will be available for sale at the gate
Enquiries: info@jerseylive.org.uk Gates open from 11.30am.

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LANCASTER





Restaurant Review

Tides

Wayne Pegler, the chef at Tides Restaurant in St Aubin, knows what you and I like to eat. He's created a menu that successfully caters for the eclectic mix of diners. Young and old, tourists and locals, and it's not easy to please everyone but Wayne manages it well.

But it's not just the talent of the chef that Tides Restaurant has at its disposal. Situated in St Aubin, high up on Mont Du Boulevard, the restaurant boasts spectacular uninterrupted views over the whole of bay where you can see right from St Aubin's harbour all the way to St Helier.

The hotel in which the restaurant is located has a old world charm that leaves you with the feeling that you have just entered a stately home where the international team of staff are as attentive and polite as you would expect to find in any quality hotel. Yet the gardens, with their palm trees, swimming pool and sun lounges leave you in no doubt that this is a hotel where people come to relax and enjoy themselves.

The set dinner available at Tides is a menu of excellent value, at just £19.50 for 4 plentiful courses you can't go wrong. However, if the choices on the set menu are not enough to tempt you then the reasonably priced à la carte menu is superb and features dishes for the traditional pallet as well as the more adventurous.

We decided to try both the set dinner and the a la carte menu. As a starter I choose the Assiette of Salmon, Chive Fromage Blanc and Toasted Brioche, a tasty quadruplet of salmon goodies including smoked, poached and traditional Scandinavian gravlax. BD chose Carpaccio of Scotch beef fillet tapenade, with fresh figs, rocket, parmesan and summer truffle dressing (£6.50), the carpaccio was cut much thicker than we had tried before and the portion was enough to serve as a main course but delicious none the less.

Having washed the starters down with cool and zesty lemon sorbet, we were ready for the main course.

I chose a summery fillet of cod topped with an unusual soft herb crust and accompanied by egg noodles, spinach and the creamiest oysters served au gratin. Accompanied by a chilled glass of crisp Sancerre and a magnificent view, it was a moment to savour.

BD chose a fish course of roasted sea bass with chorizo, cannelloni of local crab, slow roasted peppers, basil and feta (£12.50). The chorizo was an unusual combination with the sea bass, but it worked well; the cannelloni was quite flat but lifted by the tomato coulis.

Despite having had plenty to eat with the first three courses it would have been rude not to try the homemade warm chocolate tart with candied orange and vanilla ice-cream which we shared. The chocolate was light and fluffy and the warm pastry surrounding the pie was just like what you would find on a homemade apple pie, thick, crusty and well worth the calories.

The restaurant bar is open all evening so there is plenty of time for after dinner tipples watching the coloured lights on Victoria Avenue twinkle in sea.

Tides Restaurant
Sommerville Hotel
Mont Du Boulevard
St. Aubin
Jersey
JE3 8AD

Opening times
12:30 – 14:00 for lunch
19:00 – 21:00 for dinner
Tel: 01534 491910

Restaurant Review

Indigo

When you're writing your first restaurant review it's actually quite worrying. Not considering myself to have a great knowledge of food, it was with a little trepidation that I agreed to go along to Indigos. I mean, I don't live on Pepparamis and Irn Bru, but having read several A.A. Gill reviews and imagining meeting a Gordon Ramsey and having to criticise his Sauce Bearnise I was hoping I was up to the job.

Once I arrived though, all thoughts of intimidating Scottish chefs melted away. Paul, our South African host for the

evening, escorted us onto the terrace and the view, sweeping over St Aubins Bay, which combined with a Gin and Tonic and the relaxed chatter of my reviewing partner in crime Alana, made me feel totally at home. Indigos is part of the Hotel Cristina situated a little way up Mont Felard. It has been running for two years, and Paul explained that during the first year of operation, the staff worked to create an atmosphere of relaxed efficiency while the chef, Mark Rowan (not Scottish or at all threatening as it turned out) has perfected a wide ranging menu that should suit all tastes. We certainly agreed with him after a couple of hours and a few glasses of chilled Rosé.

After deliberating for a fair while on what delectable morsels we were going to pick, we were presented with our starters. On a beautiful sunny evening, fish seemed to be an obvious choice and while I selected prawn & avocado with marinated tiger prawns and guacamole & chilli served on a sesame flat bread, Alana chose steamed local mussels with thai spices, coconut and coriander.

A really nice touch were the sorbets, which were presented to us after the entrees. Not only did they taste light and delicious, but they served to refresh the palette and prepare for the main courses. Alana's filet steak was a good cut of meat and although cooked a little too much for her liking produced a smile. Also, plumping for a steak, but of the fish variety, my seared tuna with warm green bean and potato salad, poached eggs and sauce vierge was certainly a good choice. The main courses were presented with a side order of choice - new potatoes for me and fries for the lady - all very nice.

My favourite part of the meal though was undoubtedly the dessert which really did finish the meal off perfectly. Although it seemed an odd choice on such a warm evening, Alana chose the Bakewell pudding with caramel sauce and vanilla ice-cream, while I had a glazed lemon tart with creme fraiche and berry compote. Although mine was delicious, once I had tried the Bakewell and Alana the lemon tart we agreed to swap - both were delicious - the glazed lemon tart just the perfect tartness and the Bakewell pudding working well with the caramel sauce and delicately flavoured vanilla ice-cream.

The whole experience was really quite relaxing despite my initial reservations. Our fellow diners were quite a wide mix, of ages and social backgrounds and the informality of Indigos does seem to be going some way to attracting a younger market. Prices aren't at all high which also helps. The friendly efficient manner of the staff made for seamless and not at all overbearing service, and while we didn't feel that we had enough bread, that may be just because we were especially hungry. We particularly appreciated the lack of music - it all goes to help make a great, relaxing evening. I do hope that the next time I have to, the experience is just as pleasant.

Indigo Restaurant

Hotel Cristina
Mont Felard
St. Lawrence
Jersey
JE3 1JA

Opening times
12.00 - 14.00 for lunch
19.00 - 21.00 for dinner
Tel: 01534 758024



TAKE A FRESH LOOK AT ST AUBIN'S BAY

Indigos restaurant offers a different perspective on St Aubin's Bay. Enjoy the contemporary design and panoramic views with our large selection of grills, pastas, seafood and salads. Book now and quote GAL03 to receive a complimentary 1/2 bottle of house wine per person. Offer ends 31 August 2005.

The Terrace Bar & Grill at the Cristina is now open seven days a week. From Sunday and weekday lunches sitting outside on the terrace to watching the sunset with a drink from our lounge bar, the Terrace Bar & Grill is an ideal choice.

Call 758024 to reserve your table.



HOTEL CRISTINA
MONT FELARD, ST. AUBIN'S BAY



RELAX WITH THE STUNNING VIEWS

The award winning restaurant and bar overlooking St. Aubins Harbour has launched a new and exciting à la carte menu. Book now and quote GAL02 to receive a complimentary glass of champagne on arrival. Offer ends 31 August 2005.

Full afternoon tea from £9.50 per person 3pm - 5pm Mon - Sat

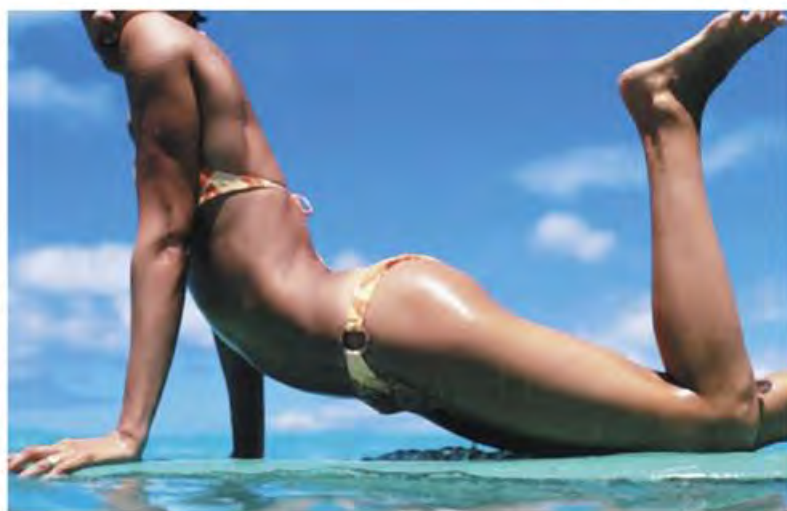
Our popular three course lunch menu is still only £10.95 Mon - Sat

Or try our Sunday Lunch Menu for only £16.50

AA  Call 491910 to reserve your table.

 **TIDES**
RESTAURANT

Tides Restaurant & Bar is located at the Somerville Hotel, Mont du Boulevard, St. Aubin



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TEL: 867867 (OFFICE) - 736209 (SHOP) FAX: 768989
OPEN 9.00AM - 5.30PM MON-SAT



8A QUENNEVAIS PRECINCT, ST. BRELADE
TELEPHONE: 744601
OPEN 9.30AM-6.00PM MON-FRI 9.00AM-5.30PM SAT



14 COLOMBERIE, ST. HELIER, JERSEY JE2 4QB
TEL: 285903 (OFFICE) - 618004 (SHOP) FAX: 768989
OPEN 9.00AM - 5.30PM MON-SAT



Kim: Diane Wilson Straw Hat, £50.00, Billabong Vesta Bikini, £38.99.

ALL CLOTHING AVAILABLE FROM SDS

Rebecca: Quiksilver Pink Flamingo Bag, £28.99, Roxy Coco De Mer Top, £32.99, Roxy Nex Recruit Shorts, £49.99, Roxy Sunglasses, £62.50, Headscarf & shoes models own. Ben: Billabong Parko Shorts, £49.99, Billabong Arch 05 Tank Top, £16.99.





Rebecca: Scrawl Belt, Ripcurl, £15.99, Honolulu Bermuda Shorts, Roxy, £49.99, Tropicallia Top, Roxy, £19.99, Squiggly Visor, Billabong, £12.99. Ben: Quiksilver Vintage Throwback T-Shirt, £26.99, Quiksilver Kahuku Shorts, £42.99, Quiksilver Cap.



Kim: Roxy honky Tonk Dress, £46.50, Shell and Glass Pendant, £3.50, Fish'n Beads. Rebecca: Camp Roxy Blkini, £35.99, Daisy Chain Choker, £18.99, Venus Bay Billabong, Shorts, £39.99. Jess: Upala Billabong Dress, £34.99, Quiksilver Coco Avenue Bag, £16.99. Fresh water pearls strung on leather, £16, Fish'n Beads.





Ben: Quiksilver Tank handyman Vest, £16.99. Kim: Roxy Honky Tonk Dress, £46.50, Shell and Glass Pendant, £3.50, Fish'n Beads.

staVros: Billabong Old Tape T-Shirt, £21.99, Quiksilver Pollock Shorts, £39.99. Kim: Roxy Rachel Halterneck, £24.99, Roxy Luau X Pant Bikini, £42.99, Wahine Dreams Bracelet, £7.99. Jess: Paraiso Springs Billabong Bikini, £32.99, Roxy Seebreeze Shirt, £34.50.





staVros: Billabong Pharmaci T-shirt, £21.99, Billabong Backlash Short, £39.99. Kim: Roxy Celebrity Delight Halterneck, Sale price £15.99, Billabong Pelican Bay Shorts, £32.99, Necklace stylists.



Jono's back. Rebecca: Plumeria Nights Roxy Dress, £46.50, Necklace stylists.





Rebecca: Plumeria Nights Roxy Dress, £46.50. Ben: Quiksilver Teiva Shorts, £43.99, Quiksilver Tank Magette, £16.99, Quiksilver Hat. staVros: Quiksilver Basic Triple Sec Label, £19.99, Quiksilver Teiva Shorts, £43.99. Jess: Billabong Mineral Denim Skirt, £34.99, Hampton Polo Roxy Top, £28.99, Spunky Billabong Hat, £11.99. Kim: Roxy Camp Roxy Pant Bikini, £35.99, Roxy Temptation Bag, £14.99, Roxy Honesty Mini, £29.99, Roxy Sunglasses, £49.99.

Jess: Viareggio Billabong Dress, £36.99, Earrings stylists. Marc: Quiksilver Teiva Shorts, £43.99, Quiksilver cap.





Rebecca: White Destiny Skirt, Roxy, £39.99, Turner Top, Roxy, £19.99, Billabong Valium Hat, £11.99. Jess: Roxy Maitai Top, £32.50, Roxy I Am Preppy Shorts, Sale price £24.99, Fenchurch Palm Leather Belts, £12.99 each.



Ben: Billabong Hoolala Shirt, £49.99, Billabong Dunas Shorts, £49.99.



Location: St. Brelades Bay.

Make-up and Hair styling: Alana.

Models: Jess, Kim, Rebecca, Ben, staVros and Marc.

Thanks to: Fish'n Beads, Hotel L'Horizon, Active Island Sports and SDS.



 **roxy**

R

O

roxy.com

Photo: P. Sireta



SDS, 13 Colomberie, St Helier. Tel: 736209
FREEDOM, 8a Quennevais Precinct, St Brelade. Tel: 744601



Quit Fooling..

Beauty Monthly
By Alana Mann

If your bronzer is so thin it's cracked, and you're bored of summer make-up, here are some initial steps to help you on your way to a new, revitalised and sophisticated look.

FACE POWDERS



Today, face powders are designed to offer luminosity to the skin as well as mattify, without making it look dry and heavy. The last thing you want is to emphasise every hair on your face! These are the best:

Dior - **Color in a Flash Loose Powder:** Is a great highlighter (contains a hint of sparkle) and blush in one. Both shades are stunning, and it comes with a built in powder puff, £18.10.

YSL - **Powder Compacte Mat:** Comes in a very elegant, refillable compact which contains light-diffusing pigments that conceal small imperfections and ensure a healthy glow, £22.50.

Susan Posnick - **Colorme:** Is a richly pigmented loose mineral colour, which provides a lush blush suitable for cheeks and eyes. Attached powder puff and mirror make it travel friendly make-up. I love Ginger, a warm sunny look, £18.50.

Guerlain - **Meteorites Powder For The Face:** These balls of powder in five different shades, all of which have their own job to do. This powder is great at controlling redness and creating an overall softness and radiance. It also looks fab on your dressing table, £23.

Bobbi Brown - **Blush:** Gives a natural glow with matt finish that will evenly tint the cheeks, New Rose Clay is a cooler colour but still contains the uniform brown base, £16.

Paul & Joe - **Pressed Powder:** Uniquely and stunningly packaged this powder will mattify whilst at the same time adding a hint of twinkle power, £21.

Susan Posnick - **ColorFlo:** Is a powdered foundation with an SPF 26, it is also enriched with minerals from the earth and sea, plus Vitamins A and E - all in a self-dispensing, refillable brush, £38.50.

Crem - **Creme Dew:** Is great for highlighting eyelids and cheekbones as a final touch, £15.25.

Clinique - **Gentle Light Loose Powder:** Is oil-free, non-acnegenic and colour-true. It lights the face gently and subtly with a translucent glow that looks appropriately natural at any time of the day, £15.



Win!

Sets of Miss Lepel underwear, curtesy of De Gruchy.



Turn to page 56 to enter.

FRAGRANCE

Kenneth Cole - **BLACK:** If you're out shopping for perfumes and get a pang of guilt that you're using your husband's credit card, I fully recommend that you soften the blow with a bottle of Black. This Kenneth Cole fragrance blends energetic herbs with masculine spices to create an innovative scent; it really is great! £39 (100ml).

Burberry - **Brit Red:** A special edition fragrance designed with British attitude. Jasmine and rhubarb create elegant top notes, £23.50, (30ml).

L'Occitane - **Eau de Parfum Neroli:** Is part of the L'Orange range (three varieties of orange essence), and contains neroli, a rare and precious flower. Delightfully packaged with a distinct beautiful scent, £39.50.





COLOUR

Plum, purple, mauve and aubergine will be descriptions used readily this Autumn. I've 'pick and mixed' reliable classics with NEW releases. With these you'll be ready for action day or night, get set! (Clockwise from top left):

Dior - **Dior Girlie Blossom**: Is a pocket-sized compact with two face and lip brushes. Inside, a magnificent 'combo' to bring a glow to your skin, an iridescent sparkle to your eyes and a radiant pout to your lips, £27.20.

L'Oreal - **Glam Shine juice**: My colour pick is 'In Juice' - absolutely divine, giving transparency but at the same time remaining vivid, £6.99.

Nars - **Lip Gloss**: Positano, a rich sensual colour, better suited to an evenings out where you want to impress, £16.

Clinique - **Kohl Shaper for eyes**: Literally glides on, Blackened Teal is perfect for adding an enhancing accent to your eyes, this baby also has a built-in sharpener in the cap, £9.50.

Dior - **DiorShow Mascara**: In Kaki, this is the mascara to set the whole look off - well recommended, £14.40.

Dior - **Rouge A Levres Lipstick**: Fire Brick works perfect without added gloss or liner, looks great on most, £12.80.

Nars - **Duo Eyeshadow**: In Persepolis is shimmering sea green teamed with regal blue, a variation if purple just isn't your deal, £22.50.

L'Occitane - **Tinted Shea Butter Balm**: Offers all the moisturising benefits of Shea Butter while subtly enhancing. Blackberry stains the lips naturally, £7.50.

Bed Head - **4-Play Eyeshadow**: Cool magnetic packaging, this eyeshadow is great used wet or dry. I love the Open Minded pallet, £15.60.

Clinique - **Colour Surge Eye Shadow Quad**: Plum Seduction is just that and looks as good on, as in the beautiful slim compact, £16.

Hard Candy - **Eye Candy Eye Shadow**: In Jellybean is a soft purple that can be slowly built up, perfect if you don't like intense colour.

The Body Shop - **Metal Eyes**: In Pink Chrome, is a very feminine shade, if you like shimmer this is superb, £8.50.

Elizabeth Arden - **Colour Intrigue Eyeshadow**: Topaz is a great mid-tone of pearlised bronze which is very long wearing, £10.22.

The Body Shop - **Glimmer Gloss**: Precious Peach will compliment most eye make as a base, £7.50.

Estee Lauder - **Artist's Eye Pencil**: A beautiful soft eyeliner in Plum Writer, which can comfortably be used instead of the staple black one, £11.92.

Estee Lauder - **Pure Color Nail Lacquer**: Amethyst is a colour that won't look silly at work and will look stunning at night. Each coat will build colour, £10.73.

BACK PAIN? TAKE 2 OF THESE DAILY:



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STEP INTO A BETTER BODY



ear, nose and throat



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TREATMENT TO DIE FOR

Bespoke Body Scrub Treat, one hour fifteen to one hour thirty minutes:

The first thing Emma had me do was put on a pair of paper pants and lie down on my front. Once comfortable, she applied Get Fresh Salt Scrub Souffle in Blackberry and Vanilla. The salt was coarse enough to actually be invigorating and stimulating. The vigour and firmness of her massage meant that it wasn't at all scratchy - not like a namby-pamby beautician's massage - you could actually feel it working to flush away toxins and decongestants from the body. All over really means all over, (I've had some treatments that are a bit patchy - missing toes, ankles etc) but with this treatment I was completely pampered head to toe. Emma especially concentrates on congested areas (behind the knee in my case apparently). The treatment focuses on your lymph nodes, assisting the natural removal of wastes. After the back of my body was scrubbed, Emma used special mitts soaked in hot water and tainted with lemongrass and lavender oil to primarily remove the scrub, but also acting to tone the skin, closing the pores and removing

dead skin cells. Once I had been patted dry, Soya and Algae Body Oil was massaged all over me; replenishing, remoisturising, soothing and calming my skin into a supple and silky texture. Once I had flipped over, Emma repeated the whole process again on my front side. Throughout the treatment I didn't get cold once and it felt as though I had three massages in one. On leaving Bliss I felt a sense of lightness, silky smooth and kind of toned all over. For days after I felt that I was reaping the benefits. Even my boyfriend commented on how good I felt, that has to be the best endorsement a girl can get (of course I didn't tell him it took one and a half hours to feel that good!). The treatment is best used for pre and post beaching (to get yourself ready for the sun or to look your best after it), great for anyone dieting or looking to improve skin tone, and as a cellulite reducer and overall metabolism stimulant. **FROM BLISS, £75.**

MALE GROOMING

It really is time that you stopped stealing your girlfriend's / wives / sister's moisturiser, face scrub and bubble bath (they know you're doing it anyway). Why not just get your own guys? There's no shortage of male products out there these days, and they won't leave you smelling of flowers.

Guerlain - **Gel Douche:** Is an all over shower gel from the L'Instant De Guerlain range, when you dry off this will leave you soft and subtly fragranced, £12.80.

L'Occitane - **Shaving Gel:** Gives quick and even coverage. It has a thicker than normal consistency which gives added protection against nicks and cuts, £8.50.

Burt's Bees - **Buttermilk Bath Soak:** Softens your skin and without the added soundtrack of popping bubbles ensures a relaxing soak, £16.50.

Clinique - **Face Scrub:** Complete shave prep, really feels like it removes the grime, oil and dead cells to get your face ready for a really good shave, £11.50.

Neal's Yard - **Olive Leaf Moisturiser:** Organically produced, a deeply penetrating moisturiser that doesn't smell over the top, £10.50.

Guinot - **Express Anti-fatigue Eye Gel:** A light consistency that will reduce puffiness and take away those dark circles, £25.

Dior - **Higher Energy After-Shave Balm:** Every Guy will rate the fragrance, and the balm is superb, £18.70 (100ml).

Burt's Bees - **Beeswax Lip Balm:** If your lips have been out in the sun and are all cracked and chapped these pain relieving protective ingredients will actively help, £2.75.



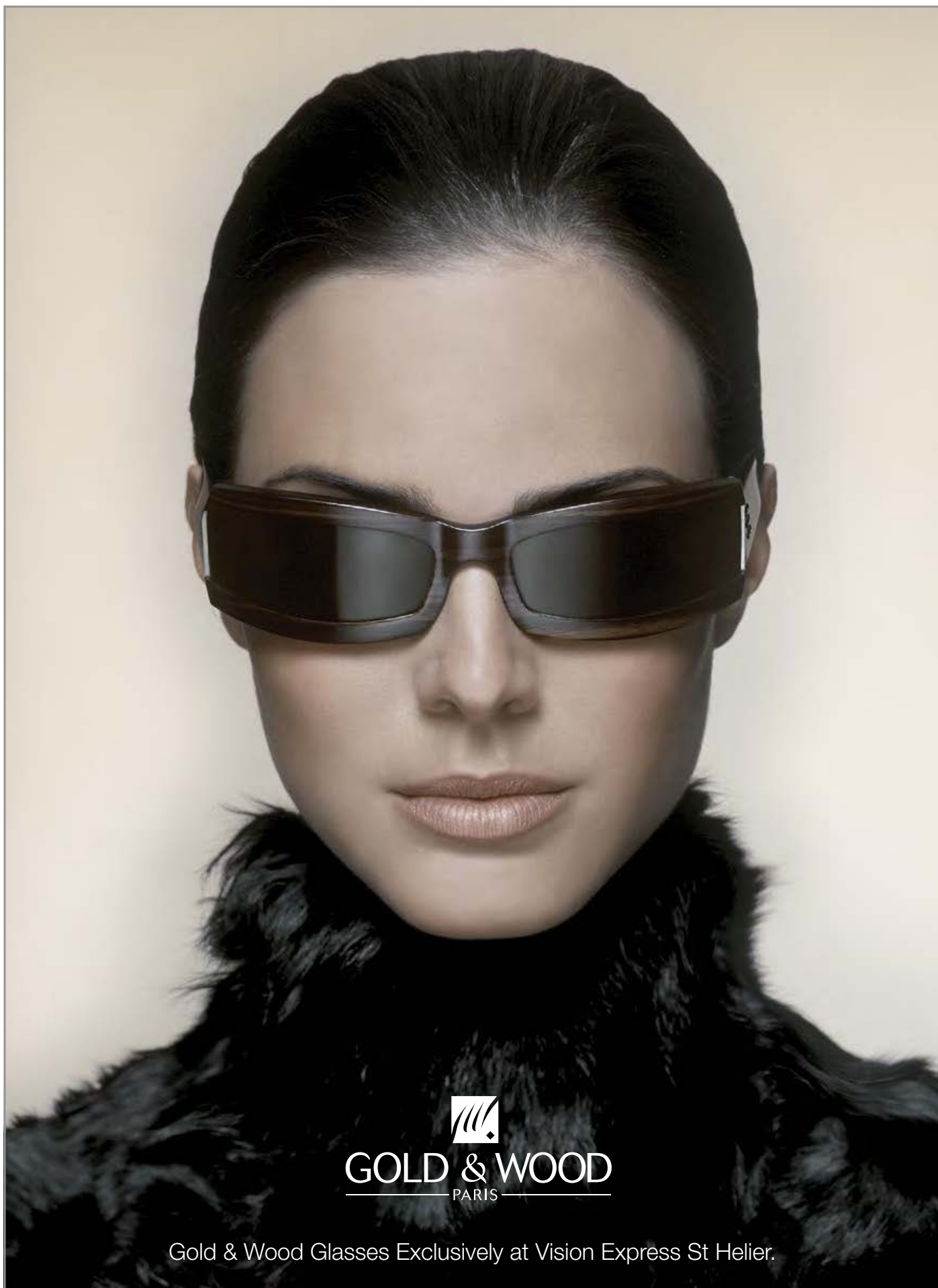
Algotherrm - **Moisturising Body Milk:** Is a lightly scented body lotion that sinks in quickly. Aloe vera and Vitamin E give highly effective hydration, £22.75.

Decleor - **Moisturizing After Shave Balm:** Is light in consistency and oil-free. Can also be used as your daily moisturiser, £19.95.

Get Fresh - **Rescue Me:** Intensive foot repair cream loaded with shea butter and aloe vera. Perfect for a major foot overhaul, apply to feet before bedtime, £14.50.

Carthusia - **Carthusia Uomo:** A unique blend of wild raspberry, rosewood and kelp, for men in search of a fragrance that isn't overpowering, £59 (100ml).

Hummer - **EDT Spray:** Hummer the motoring brand has launched a male fragrance, with an essence of the outdoors, the fragrance is an exhilarating burst of fresh crisp scents derived from Cardamom, Thyme and Peppercorn, £32.50 (4.2 fl. oz).



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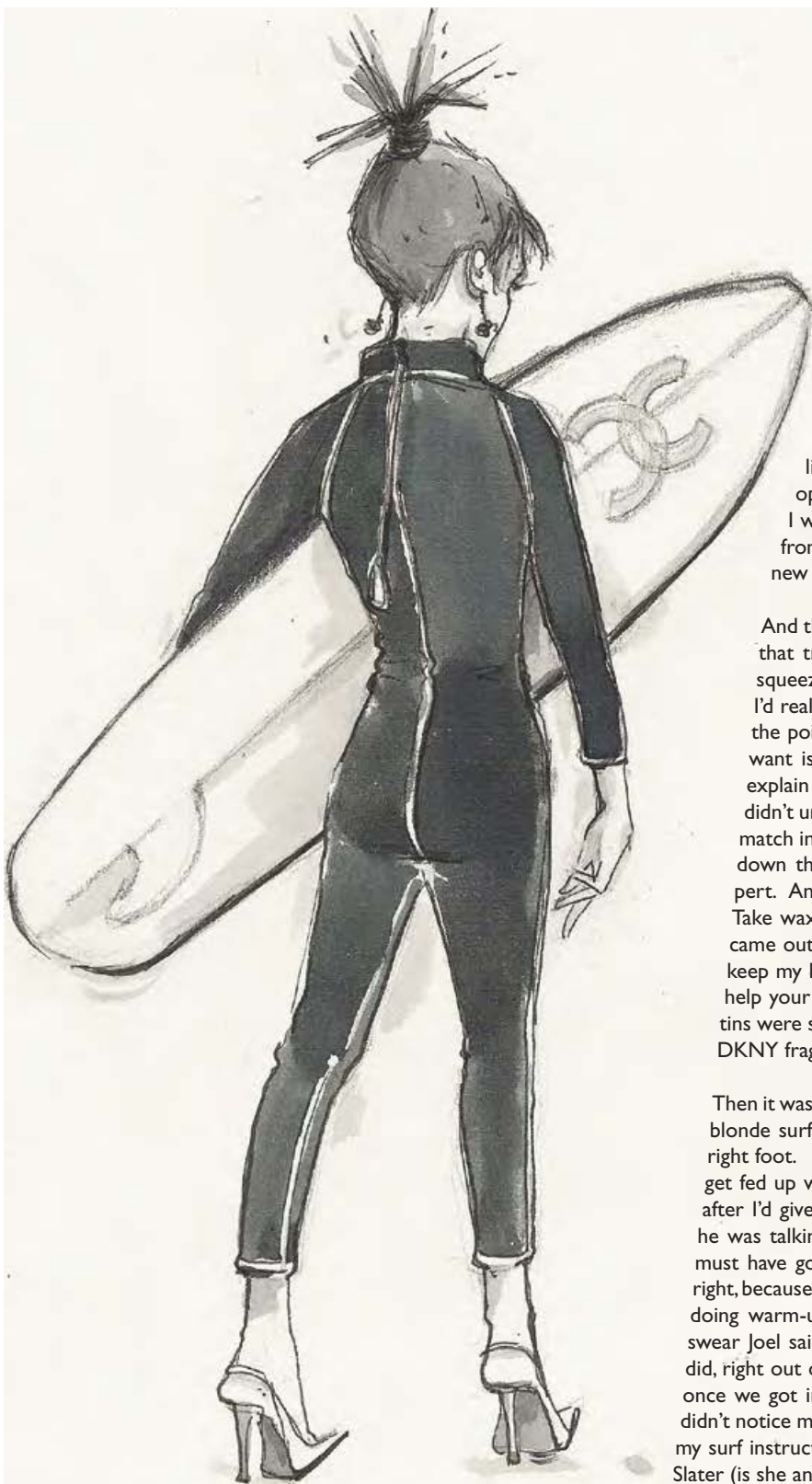


20 Queen Street : T 752000

Zara PalmerWatkinson's

High Maintenance Woman

Surfer Girl



I know what you're thinking – you were expecting to read that Zara was away, partying somewhere in Ibiza with Jade and Kate. Well you're wrong. Not only is Ibiza completely passé, (everyone who's anyone is spending this summer in the newly hip Mykonos or one of those bikini boot camp spas), but I've decided to make the most of the heat wave and stay right here in Jersey. Of course I've been dying to show off my brand new svelte figure – going clubbing every night in those MBT fat-burning trainers has really worked wonders – and I've found the perfect way. I've decided to take up surfing. I mean, everyone knows that surfing's the best way to keep fit – you only have to check out the latest arrivals of antipodean lifeguards to prove that theory – fit is certainly one way to describe them – and they always seem to have much better blonde highlights than anything I ever get at Toni & Guy. And for a shopaholic like me, surfing's the perfect pastime. I'd been dying for an opportunity to spend some time in Fatface, and before long I was completely kitted out with the whole surfer girl look, from the chunky ethnic necklaces right down to my brand new Havaiana flip-flops.

And that was before I ventured into the surf shop. I must admit that trying on wetsuits got a bit tedious – it was rather like squeezing yourself into a huge pair of support tights – not that I'd really know what that was like of course. And I couldn't see the point with all that science stuff; surely the only wetsuit you want is one that doesn't make your bum look big? I tried to explain that to the chap behind the counter, but I could tell he didn't understand. Thankfully I managed to find myself the perfect match in the end, a sleek little black number with slimming stripes down the side, and so snug it made my bottom look positively pert. And then there are all the fun accessories to stock up on. Take wax for instance – now I've been a fan of wax since it first came out, I don't know how I'd cope without my Tigi Bedhead to keep my hair under control, but this is wax for your surfboard, to help your feet to stick. The names were a bit dodgy, but the little tins were so cute, and I even found one that smelt a bit like the new DKNY fragrance.

Then it was off to St Ouen's and my rendezvous with Joel the bronzed blonde surf instructor. I must admit we didn't quite get off on the right foot. I knew these Australians were keen, but I was starting to get fed up when he kept saying "phone me, phone me". It was only after I'd given him one of my famous withering looks that I realised he was talking about the board I was going to use ... a "foamie". I must have got a bit carried away after that, trying to get everything right, because there was a slightly embarrassing moment when we were doing warm-up exercises on the sand, lying on the boards. I could swear Joel said "pop out" not "pop up", because that's exactly what I did, right out of my bikini top. I don't think anyone noticed. And then once we got in the water, I was so thrilled to actually catch a wave, I didn't notice my board was heading straight for a rather sensitive part of my surf instructor's anatomy. Ouch. So perhaps I'm not the next Kelly Slater (is she any relation to that Kat Slater who's always on the cover of Heat?). And it's funny how the surf school didn't seem too keen to book me another lesson. Maybe surfing isn't for me after all. At least all wasn't wasted – that pot of Chicky Bumps surf wax turned out to be perfect for unsticking the zip of my Mulberry bag.

Theory Offshore
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FACES
& PLACES



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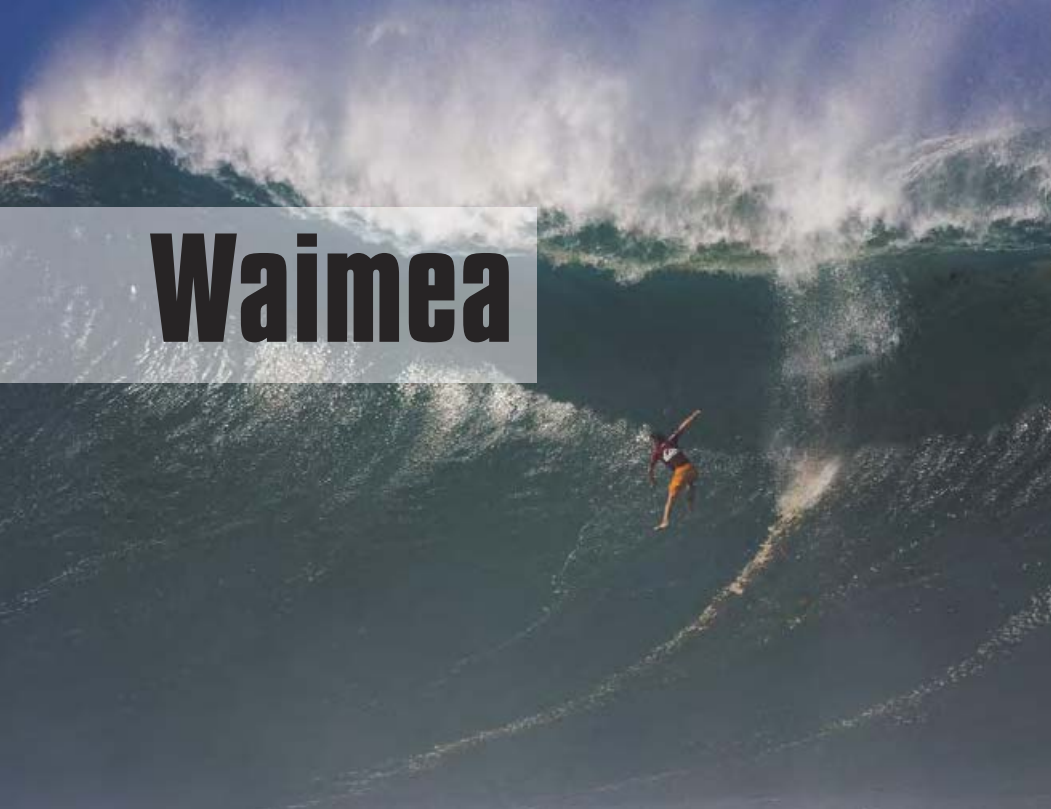


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Waimea



In November's edition of *Gallery*, the inclusion of the surf article, 'Troubled Waters' was met with mixed opinions by the readership. It marked the magazine's first sports feature and, while it attempted, on a personal level, to provoke a reaction with those that glanced along its lines, 'Troubled Waters' proved that the magazine was being read, people were interested, and a relationship with the readership was being formed.

After the 'outlaw' articles on Base Jumping and Free-Solo Climbing to the recent focus on Wakesurfing, the inception of the mid-summer months have reverted our attention back to the world of wave riding. 'Troubled Waters' sought to rationalise the transformation of the sport on a local level and interpret the reception of its growing popularity, whilst using the written word to combat negativism and achieve an understanding from which surfing may move forward. Season after season, more people are buying boards or at least dusting off the Mals that have stood for too long at the back of a cluttered garage. But for those unaccustomed to the world of surfing, newcomers must be aware of at least one legend of the discipline before getting their feet wet.

Eddie Aikau...

In 1970s Hawaii, long before surf culture - and all its trappings of fashion, and media attention iconicism - became dominant in Western popular culture, one surfer stood apart from others who lived on the edge of society's equation for 'appropriate living.' On the small Island of Maui, one member of this global collective achieved legendary status for his commitment to the sport; achieving what surfers today consider the ultimate in wave riding. Eddie Aikau typified the consummate 'waterman', and embodied the Hawaiian peoples' intimate time-old relationship with the natural forces of the sea. From an early age Wiamea Bay on Maui's north shore was Eddie's playground. This world renowned stretch of coastline would become Aikau's life, and the currents, swells, rocks and weed that made up Wiamea's in-shore topography would become as embedded into Eddie's mind as the sight of the back of his hand. He was the North Shore's first lifeguard, saving the lives of hundreds of swimmers (and often experienced surfers) in his career. He quickly achieved local celebrity status and the slogan 'Eddie would go' among his friends; often paddling out in high seas and storm conditions undaunted by the potentially lethal waves that terrorised the bay.

But in March 1978, Eddie's life would be cut tragically short, and the circumstances in which he would lose his life immortalised his presence in the hearts and minds of the surfing fraternity. After joining the *Hokule'a* expedition, an attempt to recreate the ancient oceanic voyages between Hawaii and Tahiti, the party ran into immediate trouble. With gale force winds and storm swell conditions of over 15 feet, the boat was to overturn 20 miles from the coast of the island of Lana'i. After a frustrating night and day gripping the up-turned hull, Eddie urged the captain to let him paddle for help. After the second time of pleading he was allowed to take his surfboard and make the impossible journey to Lana'i, the nearest island.

Turning back towards the party after 50 yards, Eddie waved for the last time and disappeared amid the mid-ocean breakers. The party were rescued the following morning, but Eddie Aikau was never to be seen again.



WORLD SPORT DIARY

Fuerteventura PKRA Kiteboarding Grand Prix

Spain (Sotavento)

28 July - 1 August 2005

Fuerteventura hosts its own leg of the PKRA Kiteboarding Grand Prix tour on the relatively flat waters of Sotavento, with a US\$36,000 purse up for grabs.

Summer X-Games

USA (Los Angeles)

4-7 August 2005

The annual Summer X-Games is held at the Staples Center in Los Angeles in 2005. Over 300 of the world's best alternative sports athletes compete for medals and nearly US\$1 million in cash.

Rip Curl Newquay Boardmasters England (Newquay)

1-7 August 2005

The Rip Curl Boardmasters returns to Fistral Beach in Newquay this summer.

Local Sport News

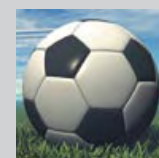
WakeJam



Scheduled for the weekend of the 18th August, the purpose of the Wake Jam event is to promote wakeboarding in

the Channel Islands, and to forge stronger links within the existing wakeboarding community. In order to promote progression in the sport locally, top local riders will battle it out for the podium places in the Wake Jam amateur wakeboard contest. There is also talk of a masterclass session by visiting pro riders. Sponsorship provided by Pentagon, Jersey Tourism and Equipment Rental Finance.

U21 FOOTY



Portugal Super Liga club Maritimo, who have a large and passionate support among the Island's

Madeiran community have agreed to send their reserve side to play against Barcelona, Celtic and the Island senior team in the tournament held later this month. Jersey can expect another event filled with stars of the near future in the making. Once again, Ian Mackenzie and Sporting Eventualities have produced the goods.

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UTM: San Fran

Uncle Travelling Matt

Whether you're the right age to appreciate the obscure fraggle reference or not, Uncle Travelling Matt will appeal to anyone with a taste for travel. Ex 24se7en'er Matt Pomroy gives Gallery his reflections as he travels to the destinations around the globe that we all dream about.



"San Francisco? Man, that's the strangest place on earth, and it's full of hippies and freaks and weird bums left over from the 1960s, and it's damn dangerous man, what'cha wanna go there for?" This is what I was asked by the taxi driver on the way to LAX airport. If people from LA - who seemingly kill each other for fun - thought that, what must the place really be like?

When I got into San Francisco at midnight, the German guy at the hostel - who looked like he was created from DNA swept off the floor of a Kraftwerk gig - warned me that people were getting mugged a lot in the city and to watch my step. While Los Angeles has the reputation of being edgy and dangerous, San Francisco is perceived as peace, love and flowers in your hair. Sadly not the case any more.

In fact, I've never seen so many pushy and violent homeless people in a city before, and I used to walk through cardboard city in London on my way to work, so I have a decent frame of reference here. I think those guys in London have since sold their cardboard boxes to first-time buyers and bought farmhouses up north. But in San Francisco you get hassled by bums, junkies, the homeless, the drunks, the beggars, the jittery shark-eyed crack addicts, homeless kids who just want smokes, shouters, shakers, stumbling freaks that look like they've just escaped from the Jim Rose Sideshow and a nice guy called Rico who just wanted to tell me he likes my t-shirt. And to ask if I could spare a few bucks.

The next morning I was informed by somebody at the bus stop that I was lucky not to have been mugged. And could I spare a few bucks. I decided to change hostel and stay out on Haight Street where all the hippies lived. Some peace and love seemed like a good idea right now. This was the epicentre of the 60s peace movement and there in Haight Ashbury was where it all began. Today, there are still reminders of that and it seems that every other shop in the area sells bongos and smoking paraphernalia to clientele of all ages. On the edge of the park - where the famous love-ins took place - were two women, in their late 50s/early 60s smoking a joint and laughing their wrinkly asses off. In fact, you could smell it everywhere and everyone seemed to be smoking.

That night in a bar people were also getting stoned. You're not allowed to smoke normal cigarettes in any bar in California but it seems that if you know the right bars in San Francisco they turn a blind eye to stoners. "Oh dude, you get it off your doctor here," one guy tells me. "You just have to get the right card and the doc gives it to you to ease your pain and trust me man, it's really strong stuff." I looked this up and it's true. You can get strong weed from a doctor in San Francisco, which frankly saves a lot of time and hassle, not to mention taking criminal dealers out of the equation.

However, it's not all Dudes getting toasted, drinking White Russians and going bowling. They have to work too or end up like the bums begging for chance. In Haight, the Hostels are often run by these people and while they welcome you like a long lost brother and pronounce full stops as "man" or "dude" it soon wears thin. It's fun until you realise that years of LSD, pure MDMA and enough weed to put the entire field of the Grand National into a deep sleep have really taken their toll. They now have the organisational skills of an eight year old and you can't help thinking that a cold-hearted capitalist wouldn't have triple booked my room. Despite offering to share my bed in the spirit of my host's ideal and beliefs, the Norwegian girls just weren't "digging" the idea.

San Francisco is a place that clings to it's past in the face of an increasingly controlled and corporate present. It's not that the hippies and peace campaigners have lost, it's just a case of being outnumbered, but they still do their best to make a difference and make their point. For that you really have to congratulate them. Outside of City Hall, 1,541 pairs of boots were laid out each representing a soldier killed in the Middle East since the start of the war in Iraq. By the time you read this, the number of boots will have increased significantly. People here are still protesting and still preaching tolerance, but sadly their way of life is dying out - like Jedis with joss sticks instead of lightsabres.

"Brother, you have to watch out for The Man," this wizened old fella tells me on a city bus. "If you're not careful they will control us all and it's started already brother, it's started already." I dismissed him as another old hippy that missed the last bus back to sanity some time in the 70s, but when I got to the Airport I began to see what he meant.

I was questioned by the Department Of Homeland Security and searched - although they wouldn't tell me what for. And now it seems you have to take your shoes off before going through security as well as having fingerprints checked and photo taken. Something ugly is winning out here despite the people's best attempts to keep the place open and tolerant. Something ugly is stamping its boot down on the face of what San Francisco used to stand for. The Land Of The Free is becoming less free all the time. Maybe I've just read Nineteen Eighty Four a few times too many or maybe the old guy on the bus is right. But out here, times they really are a changin'.

See you soon

Your Uncle Travelling Matt

**JERSEY SUMMER SIZZLER
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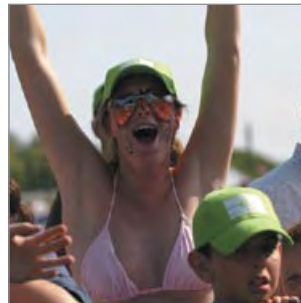
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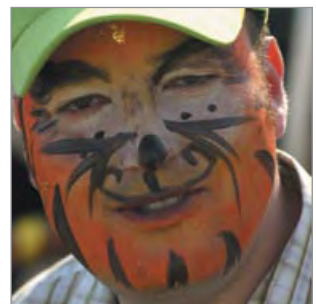
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Smile

(like you mean it)



We, the British, are some way behind the rest of the world in terms of cosmetic dentistry, and somehow ahead in terms of being the butt of Austin Powers jokes – the land of yellow teeth. Nowadays though, more and more of us are realising that if you're not happy with your smile, a dentist who specializes in cosmetic dentistry may be able to help.

There are now a variety of ways that you can turn your yellowing teeth into Tom Cruise style pearly whites (no he wasn't born that way). Marketers have cottoned onto this and specialist toothpastes, chewing gums, and electric brushes are flying off the shelves, but their results are difficult to measure compared to the treatment you would receive from a professional. Whitening is a non-invasive treatments, which doesn't involve any injections and is now readily available in Jersey. The treatments really are for anyone, whether you can't bear to show your teeth at all, or just feel that you need a little enhancement here and there.

Up to now, one of the main hang-ups for people considering whitening their teeth was the possibility that they were going to come home with Persil whiter than white beamers that would be just TOO WHITE! With today's treatments however, a number of important factors are taken into account including your age, the shade of your teeth and your complexion. A professional who is experienced in dealing with teeth whitening will ensure that your teeth suit your face and age. Basically, they'll seek to improve the look of your smile without making it look out of place. If you imagine going to B&Q to choose some paint for your hallway you may have thought that white paint is white paint - five minutes investigation will tell you that there are a multitude of tones - that applies equally to your teeth.

Of great importance is assessing your starting point. Before undergoing any kind of treatment you need to have a thorough check-up to ensure that you have no 'cavities' and your gums are healthy. Gallery presents a guide to the treatments that can turn your self-consciousness into self-confidence.

Fact: 96% of people see a smile as very important to someone's overall appearance.

Fact: It takes 43 muscles to frown but only 17 to smile - if you invest in enhancing your smile you'll be saving energy!

Fact: Nowadays, many people turn to cosmetic dentistry to improve their appearance, much as they would use cosmetic surgery or a new hairstyle. Veneers can be used to straighten, lighten, reshape and repair teeth.

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Dr Gertrude Huss BDS (Wits) 7 David Place, St Helier

Tel: 737002

Home Bleaching

How does it work? Tooth whitening agents are placed in custom trays, which are in contact with your teeth over night. This process bleaches your teeth a little at a time, until you have reached the desired effect.

What does it involve? The first step is making a custom tray mould of your teeth. This reservoir is filled with the whitening treatment and is inserted into your mouth which you wear while you sleep.

Pros: Ability to fine tune - you can choose specific teeth to whiten. If you did feel any sensitivity you can stop and wait for the sensation to settle before you decide to continue. Perfect supplementary treatment to the others detailed here.

Cons: Although you have to wear the tray all night it does mean you don't have to go to work with it on!

One Hour Home Bleaching

How does it work? You are given a 'generic' shaped tray with the whitening agent already in it that you wear for 60 minutes.

What does it involve? The same process as the home bleaching but this more concentrated system only takes one hour.

Pros: Only takes one hour to do, no waiting to get moulds made. Perks up every tooth giving you a very natural look. Possibly less sensitivity.

Cons: The system is not tailor made for your mouth so individual teeth cannot be selected for extra whitening should they need it - remember though that a natural smile would not necessarily be the same shade all over!

Laser

How does it work? Works with either with an Ultra-violet or laser-light.

What does it involve? The whitening will be carried out at your dentists. Essentially its still a bleaching process using Hydrogen Peroxide - the light breaks the Hydrogen Peroxide down, oxygen enters the enamel and dentine bleaching coloured substances while the structure of the tooth is unchanged.

Pros: Although involving lasers, the whole process is relatively painless. Only takes about one hour.

Cons: For safety's sake, precautions must be taken to ensure that all soft tissues in and around the mouth are protected. Possibility of sensitivity.

Smile Design - Cosmetic Veneers

How does it work? A more detailed and permanent procedure that will give you a designer smile. Basically involves cementing a custom made facing of porcelain to the tooth. An ideal way of treating discoloured, poorly aligned or unsightly teeth, closing gaps or repairing chips.

What does it involve? Smile design is a complex process. After a detailed oral examination you discuss with your dentist what it is you dislike about your teeth. Moulds are taken and sent to a specialist cosmetic laboratory to design your new smile. After a short time they are returned with your new smile created in wax clearly showing your stunning new look.

Pros: You can have a gleaming smile like a Hollywood star or decide on a more subtle appearance - its totally up to you.

Cons: Much more extravagant approach to getting white teeth - can be very pricy compared to other options but will guarantee you stunning results.



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Gadgets

Sports gadgets are not only pretty cool looking but also serve a valuable function if you're training. We've put together some of the best equipment available if you're going to be getting some exercise in the sun this August.

Adidas 1 £175



A shoe with a built in microprocessor capable of performing 5 million calculations per second, that adapts to give the level of cushioning you need whatever the environment. To be exact, an internal sensor is connected to a 20-megahertz microprocessor which takes a series of readings, adjusting the amount of cushioning to the foot-position. Sounds pretty impressive, but all you need know is that the Adidas 1 has shiny LEDs, looks cool and are good for running (even though they're £175 and need fresh batteries every 100 hours).



£70 Nike Triax

A watch with the perfect blend of Triax technology (42-lap memory, ergonomic design) and classic analog style. A lightweight watch offering a perfect fit along with a classic, easy-to-read face. The best thing about this watch though is the ability to completely customise it with your own colours, with flag (no Jersey option unfortunately) and design. Visit nikeid.nike.com for more details.

Purpose built by Philips-Nike, the MP3Run has been designed for athletes. Not only does it play the theme tune from Rocky, but also tracks the speed and distance of your run. Slick, weather-resistant design, Bluetooth speed/distance sensor, built-in rechargeable battery, FM radio, and even a strobe light for night running.

£190 MP3Run



Oakley Thump £219

Oakley Thump sunnies are the world's first digital music eyewear. No more wires. Just high-performance optics forged with an integrated, state-of-the-art digital audio engine (an MP3 player then). With these you can listen to music virtually anywhere and 'change the way you see the world'. There's seven colour options to choose from, they've got polarised lenses and you can choose between the 128Mb or 256MB versions. Especially good if you're planning on doing a lot of cycling. Available at Vision Express.



Phone Factory

Product Of The Month BT Freeway FM Twin two-way radio

The BT Freeway FM (Graphite) is a two-way radio boasting sophisticated styling and such extensive features as an FM radio, VOX operation, 304 channels, backlit LCD and 3KM range. Ideal for families and friends, the active and sports enthusiasts and small businesses, each pair of personal mobile walkie talkies has got 8 Channels (38 sub channels on each), FM Radio with 10 radio presets, exceptional call clarity, hands-free function, a headset socket and best of all a range of up to 3km. Some two-way radios have such a short range that they're practically useless but these beauties mean that you can be in different sides of St Helier and still be in contact. (Don't forget - you'll also receive 6 AirMiles!)

£64.99



**CAREY OLSEN SUMMER BALL
09/07/05**

**FACES
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LG GRD267DTU Internet fridge/freezer
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Chill-out!

If you're feeling the heat this summer, make sure you've got a nice fridge freezer to keep your pina-coladas and ice in!



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£219.99
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Miele KFB8996
£1684.00
Colston & Co



Hotpoint RFM66 Microban
£389.99
Co-op Homemaker



A load of white boxes? Not anymore! Fridge freezers are now available in a range of colours and finishes including stainless steel and silver. The most popular at present are American styled side by side fridge freezers with options with either a home bar or water and ice dispenser - they're even available with Internet access and LCD televisions. If food safety is your main concern, no problem. Most manufactures have a range available with antibacterial protection, which inhibits the growth of harmful bacteria for your peace of mind. Remember to help the environment and your bank balance by choosing energy efficient models!



Expert's Tip
Steve de Feu
@ Coop
Homemaker



Home



Red 50's Style Refrigerator
Smeg, £865 (ex-vat)
www.smeguk.com



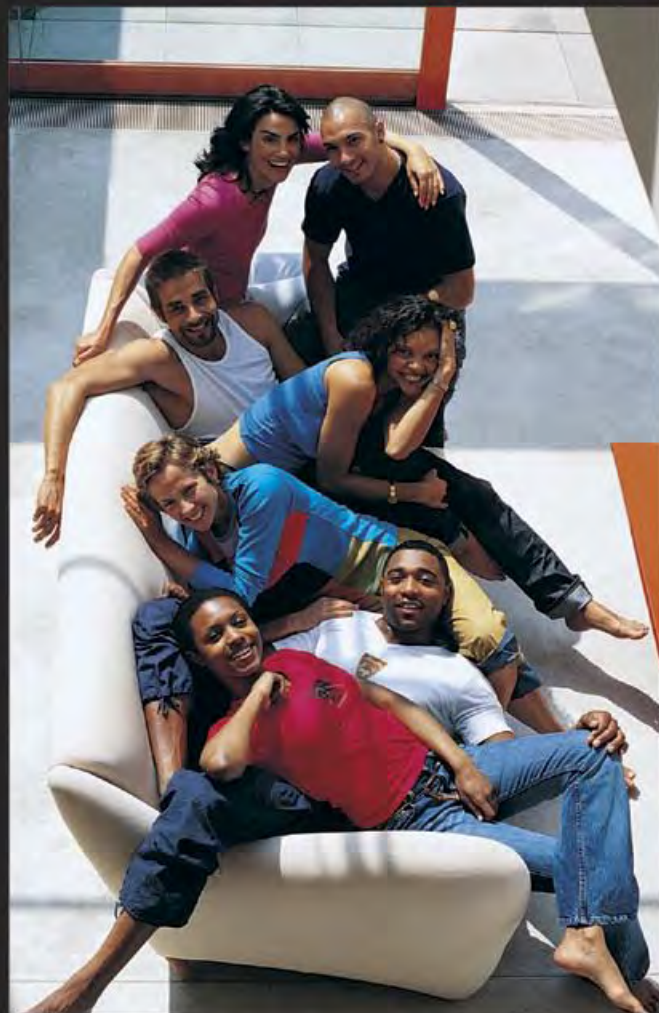
EasyClip Fridge/Freezer
Neff
www.neff.co.uk



Hotpoint FFA47 Opera
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Co-op Homemaker

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£100 worth of vouchers*
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Homemaker

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Dichotomy

'I think the cream'

Paul Bennett of Saxon Bennett Lifescaping gives us his view on the use of colour in the modern home.

The demands of Lifescaping are no different to those we find in life in general. The fetishes inherent in life itself are typified by the streams of 'fashioned' people we traverse in the street on a daily basis. They are perpetual advocates of the desire to be new; to be different and innovative.

Like those who must have the same (or better) ipod, car or holiday, we all want to be a part of the crowd. But at the same time, you and I both know we also seek to stand out from that very same crowd. If an order of eight Buds and one crème de menthe frappe would do it, maybe I'll just have a Bud.

So, you've got the new car or bike and you're planning to get another car, bike or whatever. You've got the new home and you want it to be daring, to show you're laissez-allez, but at the same time a bit safe, because you don't want to be open to the acerbic wit of others less on the cutting edge than yourself. You want your home to be fresh and light and open, Oh, and cosy and secure, 'womblike'. "You see, I would really like a strictly disciplined space, audaciously modern, linear, strong and severe; I do love Chintz though".

No colour of course, just a tone poem of greys (or similarly but more expensively 'Grays'). What about Paul's 'Sludge'? I've never seen so many shades of, well – mud. But bright. You see, I always think of yellow as a sunny colour, and red – well it's so warming – the blues and greens make me feel tranquil. "(Sighs) I think maybe the cream – again". Oh it's not cream, it's 'Warm Candlewax' Quitey-Sphiss.

So, how much, or how little, colour should we use? Most of us choose colours from, at most, a couple of square inches of sample. And most of us have also had a shock when the colour, which looked a little bland by the square inch, knocks you optical socks off when your house is painted in it. The thing to bear in mind with colour is that lack of colour can be as shocking or exciting as any amount of colour. Don't think that a colour advisor is being prissy when he says that there are colours within a colour which you, with your sad amateur eyes, can't see. Let the scales fall and believe, there really is green in that brown (or blue in that red) and it matters. When you put it next to the brown with red in it you'll see what we mean.



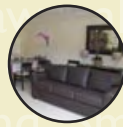
Outside

Often thought of as the horticultural equivalent of black and white, this garden is green and green alone, hardly a flower in it, the interest being created by means of texture, form, and fully exhausting all three dimensions. The space is contained and feels safe. The next shot shows audacious colour but how else do you compete with that sky? This scree garden bakes in bright sunshine



A local interior designer referred to me as a 'Symmetry Fascist' meant as an insult but taken as a compliment. Symmetry gives comfort, not that everything should be bought in pairs, although I find that this does work very well for Gloves and Shoes and Dappled Grey Mares. Symmetric balance can be achieved very happily with contrived asymmetry and in all cases has to be considered in order that the human spirit to feel at rest and comforted. (The greatest compliment ever paid me.)

and anything less would bleach to white. The herbaceous border is the garden designer's opportunity to use chintz – this is a good thing (but it still is chintz). Herbaceous borders are truly satisfying the ultimate opportunity to clash and tone, to create harmony and wonderful discord, but they are hard work and can't be gardened by enthusiastic amateurs with a strimmer and big box of weedol. Don't get it right and you'll spend your life telling people what it looked like last week before the XYZ went over, and what it will look like next week when the ABC comes out.



Inside

It's so very personal and, wonderfully, there is no right or wrong. Oh except whimping out – cardinal sin. Oh, and except being up to date - if it's up to date today, by definition it's out of date tomorrow. And even if we can afford to change our surroundings monthly, we shouldn't, this is your home; get it right, settle down and enjoy it. If you dare, let it grow with you, let it evolve. If you get it right you won't feel like a change or at least if you do, not major surgery. Changing the colour of your walls can be an inexpensive way of having a change without getting rid of the things that you have learned or will learn to treasure. If you are a truly three dimensional soul you will have lots of stuff, some you like, some you don't; stuff you bought with so and so and stuff you inherited from somewhere you can't quite remember. Importantly it's stuff, and more importantly it's your stuff so stick with it. Simply give it a new background and when you walk into the newly decorated room and feel a desperate need for a shot of magnolia don't forget you'll be covering up half the walls with 'stuff'. This 'stuff' will undoubtedly have a different look and feel on, shall we say, 'sun bleached sphincter'. I never really noticed that old painting of grandmamma when it was grounded on 'gizzards blush'.

Sun bleached sphincter and gizzards blush are not real names of paint so don't go looking

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3 beds: Asking £345,000



2 bed flat: Asking £230,000



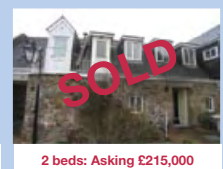
3 beds: Asking £365,000



4 beds: Asking £420,000



5 beds: Asking £359,000



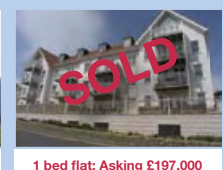
2 beds: Asking £215,000



3 beds: Asking £365,000



5 beds: Asking £550,000



1 bed flat: Asking £197,000



3 beds: Asking £330,000



2 bed flat: Asking £260,000



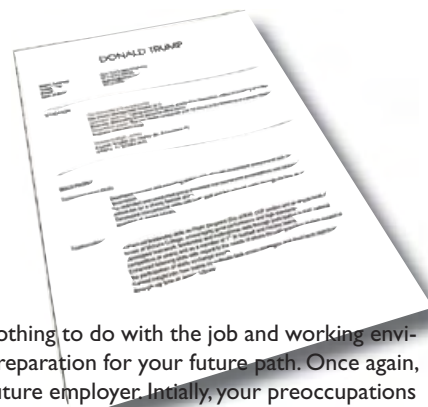
3 beds: Asking £329,500

Top Tips

- 1 Be Afraid
- 2 Don't Be Afraid
- 3 Stick with it – when you have an idea, or like someone else's, fulfil it, don't stop half way, don't 'play safe', none of this 'I like the colour (lying) but one shade lighter' if you do, you will achieve nothing.

WHICH WAY NOW?

Build A Winning CV



What could be the worst thing about committing to a career move? I can tell you, it has nothing to do with the job and working environment you will leave behind. The biggest mistakes about such a change of tack arise in preparation for your future path. Once again, you must prepare to sell yourself, and all the attributes you have mustered, to a possible future employer. Initially, your preoccupations should not be towards an outdated wardrobe, a sun-kissed complexion or brushing up on your appetite for current affairs. Way, way before you get the chance to visually and verbally impress, the employer will need to be bowled over by you, as a complete person, on two simple sheets of A4 paper. If you get the CV stage right you will surely be met by enthusiastic inquisition by the interviewer. Get it wrong, and you'll be left dangling, wishing that you never had the balls to make a change in the first place. *Gallery* has some basics that anyone should adhere to during the CV building process.

The way you present information on your CV is relatively flexible and will depend on what you have to offer. However, it is generally recognised that all CVs tend to include the following sections:

PERSONAL DETAILS

PERSONAL PROFILE AND CAREER OBJECTIVE

EDUCATION

EXPERIENCE

POSITIONS OF RESPONSIBILITY/ACHIEVEMENTS/INTEREST

REFEREES

PERSONAL DETAILS

Keep this section brief, no more than a quarter of a page. Ensure you are easily contactable at the address given and if necessary include term-time/home addresses with dates for availability at each. E-mail addresses are useful. Choose one that your mother would approve of! Date of birth is usual but not mandatory. Nationality is not mandatory but can be useful, particularly to clarify your ability to work in a country. International students may wish to use this section to clarify their work permit status.

Note: Although some international students choose not to include nationality on a CV, some UK employers do not recruit non-EU nationals who need work permits and may even screen out applicants at a later stage of selection if not previously disclosed.

Marital status, gender and health status are not included unless specifically and legitimately requested for this post.

PERSONAL PROFILE AND CAREER OBJECTIVE

If you use a profile, keep it brief at three or four lines maximum. Use it to demonstrate your career focus/current aims and perhaps evidence of two or three main strengths and where they were developed. See our example CVs for details. Avoid generic skills statements like 'good communicator, team worker with strong analytical skills'. Profiles are optional and the information could alternatively be adequately covered in your covering letter.

EDUCATION

Usually stated in reverse chronological order, with your most recent experiences first, back to your secondary level education. Include dates, the name of the institution and town. Full addresses are not required. Integrate your education and qualifications into one section.

Also, think about the relevance of the information. Summarise GCSEs but market your later education more fully and with language that an employer will be familiar. Suggestions include a list of relevant modules, information about projects and dissertations undertaken, average grades to date or predicted result and/or skills developed.

For example:

Data analysis, interpreting statistical information and the ability to use relevant computer packages;

teamworking, communication and presentation skills developed during group projects; creativity, initiative and design ability for artistic studies. It can be tempting to try to cover up a poor grade by not mentioning it at all but there may be ways of limiting the damage on paper. If you are unsure about how to approach this, consult your careers adviser.

EXPERIENCE

All experiences count, whether paid, voluntary or shadowing. Aim for reverse chronological order with rough dates to illustrate how long you were there. Focus on your responsibilities, achievements in the role and illustrations of where skills were used or developed. Try to give yourself a job title and use terminology relevant to the post you are applying for or that shows commercial awareness.

You may wish to create a separate section for experiences particularly relevant to the post applied. Examples headers include 'relevant experience', 'technical experience' or 'legal experience'. Similarly, as your experiences grow, it may be appropriate to summarise some experiences together.

An example would be:

Summer 2004 - A variety of customer service roles including bar work, waitressing and telesales. Developed an awareness of customer relationship management and improved my influencing skills when working with challenging clients under pressure.

POSITIONS OF RESPONSIBILITY/ACHIEVEMENTS/INTEREST

These are all relevant sections to include and can be used to demonstrate that you are motivated to pursue other activities, have an interest in a relevant career and take the initiative to develop your involvements and skills. Again, try to focus upon recent achievements and what your contributions were, skills developed and outcomes. Employers will not necessarily spend time trying to make sense of your experience.

REFEREES

Two referees are the norm, one academic and one work-related, or a character referee if allowed. Give their phone number and e-mail along with their title and full contact address. Always ask for their permission first and remember to keep them informed of your career aspirations and achievements to date. If a reference from your immediate manager is not possible, perhaps use someone else in the company. If using an international referee, perhaps confirm that a fax/e-mail in English is okay.

If you are running out of space, and not explicitly requested, it is acceptable to state 'References available upon request'



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PricewaterhouseCoopers is one of the leading graduate employers in the Channel Islands and welcomes students from all degree disciplines. We have opportunities within Assurance and Tax. Great people belong at PwC.

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www.pwc.com/uk/careers

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NITELIFE



Hed Kandi

Appearing at Liquid on Wednesday 10th August 2005 will be Peyton, one of Hed Kandi's top artists. Born to a travelling evangelist and preacher, Reverend Wesley Peyton travelled the length and breadth of the country spreading the good word, bringing hope and love to a nation in need of spiritual guidance. When he was 18 Peyton moved to Tennessee and attended a conservative Christian academy where he studied music, played in bands and realised that his real passion was singing and performing. Travelling and performing from Mexico to Yugoslavia, playing at underground Pentecostal Churches as part of a gospel group. His music career started to take off, with his hit single 'A Higher Place' signed to Hed Kandi Records blowing up on dance floors across the world. Suddenly he was on TV, with giant posters on buildings and subways, and he has begun work on his debut album with legendary producer Eric Kupper. Catch him in Liquid.

NIGHTLIFE NEWS



BANK HOLIDAY WEEKEND

28 August 2005 Mantra @ Platinum. Bank Holiday Sunday... Cool & Deadly Promotions proudly presents Hed Kandi's Paul Wilkins. Yes an official Hed Kandi night with one of the top boys from the Kandi stable alongside Hi-Fi Sushi's Colin Moore & Justin De Gruchy. It's the sound of the summer the funkier house music: 10-2am.

Sri Lanka Fund Raising Day

Held on Saturday 20th August - an all dayer at Le Relais des Mielles. Free beach party, DJ's, Thai food and a BBQ. The evening will see bands playing inside incl. Stef Ward & Co, The Valentines, Benny the Moth and the Erogeous Zones, others TBC, £5 entry.

<http://www.yaluwa.org.je/Events.html>

Beach Party?

Chicago Rock Café Beach Party, With £1.70 drinks and £2.50 cocktails, what better way to enjoy a Sunday evening? 20:00 - 01:00, free entry all night.

Drink of the Month: Cosmopolitan

What you will need to create this baby:

1 oz vodka
1/2 oz triple sec
1/2 oz Rose's® lime juice
1/2 oz cranberry juice

Once you've got what you need, this is how we do it in

LA: Shake vodka, triple sec, lime and cranberry juice vigorously in a shaker with ice. Strain into a martini glass, garnish with a lime wedge on the rim, and serve.

Alcohol (ABV): 22% (44 proof)



History:

The origin and history of the Cosmopolitan seems to be unknown, but it is sometimes grouped with other cocktails such as Margaritas. All we know is they drink gallons of this stuff in The States.

Breakfast Club: Emelio's little haven.



We all seek the perfect hang-over cure after a big night out. Gallery recently gave Emelio's a whirl whilst still under the influence, the morning after. We landed on the cycle track in convoy, some of us more stable than others. Perched on St Aubin Bay's sea wall, Emelio's is a small quaint beach hut, just past First Tower. There is a parking bay opposite, so feel free to apply the 'drive through method' if required and you've had enough of the infamous Burger Bar. We met Emelio, who is a charming Spanish bloke, eager to cook your bacon roll just the way you like it, a refreshing touch. All remedies are encased in not too hard nor too soft portuguese rolls, eggs are cooked to your own specification, and so too is the bacon. Coffee comes in a big homely mug, perfect for warming finger tips. Service is swift and and hassle free, there is even a child friendly step up to the counter. The seating options consist of wall (made of granite), a couple of wooden benches, some plastic furniture and of course the beach itself. On a sunny day people spotting is phenomenal, all sizes and ages whizz or stroll by, the best thing about it is everyone is in 'happy mood'. So reasonably priced and such a great cure, many of the guys opted for seconds. Bonus: Have to also sell the cheapest double scoop plus flake on the planet, £1.00.

Listings Nightlife

Friday 01 July

Suzy's Field
Chambers
Time: 22:45, Free Entry

Tuesday 2nd August

Chicago Rock Café
Junior Battle of the Bands - Heat 2
Time: 17:00 - 20:00
Featuring local bands False Assumption, The Revenants, Typically Norman, Becky Woods and Backlight.

Wednesday 3rd August

Chicago Rock Café
Live and Local
Time: 22:00
"The Jackson Moody Band" - The cool sounds of The Jackson Moody Band.

Friday 5th August

Liquid
Miss Moneypenny's
Time: 22:00 - 02:30
Miss Moneypenny's is back with Jeff Jefferson. A night of classic club anthems & retro floor fillers.

Friday 5 August

Live Music @ Pure
Repeater
Time: 22:00

Sunday 7th August

Chicago Rock Café
Beach Party
Time: 22:00

Tuesday 9th August

Chicago Rock Café
Junior Battle of the Bands - Heat 3
Time: 17:00 - 20:00
Featuring local bands Skies of Deceit, Kustom Made, Off Limits, 500 Channels and The Last Hour.

Wednesday 10th August 2005

Liquid
Peyton - Hed Kandi
Time: 22:00 - 02:30
Peyton one of Hed Kandi's top artists will be here singing "I'll Rise" & "Higher Place" from his new album.

Wednesday 10th August

Chicago Rock Café
Live and Local
Time: 22:00
Halfway House - Jersey's only all-girl band singing your favourite hits of the 60s & 70s. TBC.

Sunday 14th August

Chicago Rock Café
Beach Party
Time: 22:00

Tuesday 16th August

Junior Battle of the Bands - Heat 4
Time: 17:00 - 20:00
Featuring local bands - Any Other Reason, Blu Abyss, Realistic Scar, Omerta and LDMH

Wednesday 17th August

Chicago Rock Café
Paddy's Day - Part 2
Traditional Irish 3 course set menu £15pp followed by a night of traditional Irish folk rock band with Run for Cover from 22:00.

Saturday 20th August

Sri Lanka Fund Raising Day.
All dayer at Le Relais des Mielles.
Free beach party, DJ's, Thai food and BBQ, kids games, raffles. The evening will see bands inside incl. Stef Ward & Co, The Valentines, Benny the Moth and the Erogenous Zones, others TBC, £5 entry.

Sunday 21st August

Chicago Rock Café
Beach Party
Time: 22:00

Tuesday 23rd August

Chicago Rock Café
Junior Battle of the Bands - Heat 5
Time: 17:00 - 20:00
Featuring local bands Ungenerix, Red Iguana, Arrythmia, Terrorists and No Quibbles.

Wednesday 24th August

Chicago Rock Café
Live and Local
Time: 22:00
Fairplay - cover rock 'n' roll from the 1960's and 1970's.

Sunday 28th August

Liquid
Sweet and Sexy
Time: 22:00 - 02:30
Sweet & Sexy the launch with Richard Blackwood & Hip Honeys
Brand new every Sunday - Urban & RnB all night long.

Sunday 28th August

Chicago Rock Café
Live and Local
Time: 18:00 - 20:00
Suzy's Field - Jersey's most popular modern alternative rock band.

Sunday 28th August

Chicago Rock Café
Beach Party - Finale
Time: 22:00

Sunday 28th August

Platinum
Mantra
Time: 22:00 - 02:00
Bank Holiday Sunday...Cool & Deadly Promotions proudly presents Hed Kandi's Paul Wilkins. Yes an official Hed Kandi night with one of the top boys from the Kandi stable alongside Hi-Fi Sushi's Colin Moore & Justin De Gruchy. It's the sound of the summer the funkiest house music.

Tuesday 30th August

Chicago Rock Café
Junior Battle of the Bands - Heat 6
Time: 17:00 - 20:00
Featuring local bands Halfway House, Out of Bounds, Nemesis, Fatal Distrac-tion and The Minkeys.

Wednesday 31st August

Chicago Rock Café
Live and Local
Time: 22:00
The Merge - Original indie innovation.

Every Monday

Platinum
Noita Portuguesa
Time: 22:00 - 02:00
Big Euro dance tunes with some Latin

flavour to spice up the beginning of the week.
Admission is with attitude and demeanour free before 12am with flyer/member. £1 discount after 12am with flyer/member.

Every Tuesday

Mint
Trade Night
Time: 21:00 - 02:00
Trade night with Jonjo and Karaoke.

Every Wednesday

Platinum
Ibiza Foam Party Night
Time: 22:00 - 02:00
All the current big tunes plus some great party anthems and rock monsters - if you're up for it, we'll play it.
Dress to get wet!, £1 before 11pm with flyer/member, £2 after 11pm with flyer/member

Every Wednesday

Mint
R&B Night
Time: 21:00 - 02:00
R&B night with Jonjo.

Every Thursday

Platinum
Polska Night
Top Polish DJs flown in plus our own resident Polish DJ playing quality tunes.
Admission is with attitude and demeanour. Free before 12am with flyer/member. £1 discount after 12am with flyer/member.

Every Thursday

Mint
70's and 80's Night
Time: 21:00 - 02:00
Get the flairs out its 70's and 80's with Jonjo.

Every Friday

Platinum
Phatt and Funky
The best in urban and funky commercial dance.
Dress - funky and stylish (smart denim ok, no sportswear). Over 20's
Admission is with attitude and demeanour. £2 before 11pm with flyer/member, £4 after 11pm with flyer/member.

Every Friday

Mint
Time: 21:00 - 02:00
Start your weekend in Jersey freshest bar - all your favourite chart hits and more...

Publicity presents...

Jersey Live

Festival of Music

Saturday 3rd September. 12pm - 11pm
The Royal Jersey Showground, Trinity, Jersey, C.I.

Kasabian
The Bravery
The Futureheads
The Ordinary Boys
Art Brut - The Black Velvets

Local Support:
Velofax The Valentines Bulletproof
Killian The Ok's Jackson Moody band

2 Many Dj's
Whitey (live)
The Glimmers
The Mixologists

Local Support:
Holt & Le Sueur Simon Gasston
Gaz Campbell Steve McKinnon

Students & Under 25s £28.50 (subject to booking fee)
*Open 8 under 16s only (must be accompanied by an adult). All 16s & above will be available for sale at the gate.
Inquiries: 01206 250000. Website: www.jerseylive.org.uk. Tickets available from de Gruchy, King Street

www.jerseylive.org.uk

Win two VIP BACKSTAGE tickets
courtesy of de Gruchy Contemporary Fashion and Gallery Magazine
visit www.gallerymagazine.co.uk/jerseylive or see in-store for details

Listings

Culture & Events

Friday 01 July

Miriam Backhouse
Jersey Arts Centre
Miriam Backhouse became well known throughout the British folk scene during the 70s as a new young performer of traditional material. Now she's back, adding the influences of her adopted South African home to traditional and modern European folk to provide an evening of heartfelt music.
Time: 20:00, Tickets: £13 (£7 students)

Monday 1st to Saturday 20th August

Tableaux Vivants, An Exhibition By Martin Toft
With inspiration from cinema and the history of painting, this exhibition of large panoramic photographic self-portraits and video works explores the representation of the male body and comments on the crisis in masculinity. The works reveal the anxieties of a young man alone and his tense relations with family and friends.

Tuesday 2nd August

Oddsocks presents...The Tempest

Join Prospero on his journey of retribution and revenge as he weaves a web of magic around his guests of honour. Anyone venturing into the home of the island's most unpleasant inhabitant, Caliban, do so at their own risk. His revolting manner has been known to make adults cry and children imitate him! Bring warm and waterproof clothing as performances will go ahead in the open-air whatever the weather. Please note that no refunds will be offered unless a performance is cancelled. £14 (£9 students) includes admission to Jersey Zoo from 18:30 for picnicking - BOOK EARLY!

Thursday 4th & 5th August

The Royal Square - Alfresco Arts! Hip Hop Show

Original and dynamic, the Physical Jerks are the South West's top break dance crew, renowned for style-based b-boying. The company will be performing choreographed routines and freestyle sets. Free - Starts at 20:00.

Saturday 6th August

'Calima'

Enjoy an evening concert of Spanish guitar and vocals
Howard Davis Park. Time: 20:00 hrs. Free admission.

Sunday 7th August

Jersey Seaside Festival

Enjoy a day of traditional seaside fun at Havre des Pas. The sea front and outdoor swimming pool will be packed with beach games, al fresco dining and entertainment. Havre Des Pas. 10:00 - 23:00 hrs. Free admission. For more information - Tel: 500777.

Tuesday 9th August

Cantabile Ensemble

Enjoy an evening concert of choral music al fresco in the park, Howard Davis Park. Time: 20:00. Free admission.

Thursday 11th and Friday 12th August

Jersey Battle of Flowers

Enjoy the spectacle of flower festooned floats, musicians, dancers and entertainers providing a tremendous atmosphere for the highlight of our summer events calendar. Victoria Avenue, St Helier. For more information Tel: 730178

Saturday 13th - Friday 19th August

Jersey Film Festival

Bring a picnic and enjoy a great summer's evening of alfresco entertainment on the 'Big Screen, Howard Davis Park. From 20:30 hrs nightly. Tel: 871611 or visit www.jerseyfilmfestival.com.

Saturday 13th August

Talon: The best of the Eagles

Fort Regent - Time: 20:00
Ticket: All seats £18.00 and £15.00. Tickets available from Fort Regent Box Office (Tel: +44 1534 500227 daily, noon until 17:00)

RECOMMENDED

Monday 15th - Sunday 21st August

Wet and Wild Week

Various Locations

Active Island Sports

Enjoy a range of activities from windsurfing to body boarding at the beautiful St Brelade's Bay. Bus No 12 & 14. Tel: 07797 717564 or visit www.activeisland.com
Quote 'Wet 'n' Wild Week' and receive a 10% discount on all activities.

Beach Yoga

'Sunrise' or 'Sunset' yoga on the beach with Kat Milner, qualified Sivananda yoga teacher. Whether a complete beginner or at an advanced level, experience yoga surrounded by our spectacular coastal scenery. Yoga classes twice daily for 1 hour. £6 per session, £1 will go towards Surf Appeal Fund. For further information Tel: 07797 845731 or e-mail katmilner@hotmail.com.

Blokarting

Strap yourself in and prepare for the ride of your life! Like go-karts with sails, catch the wind and propel yourself along the beach at speeds of up to 90km an hour. Safe, fun and fast; Blokarting is suitable for all ages and abilities: children, grand, Near Le Braye Slipway, St Ouen's Beach. Bus No 12a. £10 per person for a 1/2 hour taster session. Sessions will run every hour, just turn up! £35 per person for 2 hour tuition and race sessions (Pre-booking essential) For further information Tel: 01534 769165

Gorey Watersports Centre

Waterskiing, wakeboarding, fun canoes, speed boat trips, banana rides and motor dinghy hire. All equipment and tuition provided. Wet and Wild Week Deal: Free fun-Canoe for every water-ski, wakeboard or speedboat trip booked! Grouville. Bus No 1 & 1b. Open daily depending on tides. For further information Tel: 01534 745040 or visit www.goreywatersports.com

Jersey Kayak Adventures

Discover the hidden Jersey. Explore the caves and coves and wildlife in fast and stable sit on top kayaks, led by qualified instructors. Jersey Kayak Adventures will be offering a variety of different kayaking trips throughout the week. No previous experience is needed. Pre booking essential - Tel: 07797 853033 or info@jerseykayadventures.co.uk Website: www.jerseykayadventures.co.uk

Jersey Sea Sport Centre

British Water Ski Federation approved. RYA recognised training centre. Jet skis, speed boat trips, banana rides,

wakeboarding and waterskiing. Guard boat. All equipment and tuition provided. Wet and Wild Week Deal: 4th person on the banana goes free! La Haule, St Aubin's Bay. Bus No 12, 12a, 14 & 15. Open daily 09:30 - 17:30 hrs. For further information Tel: 01534 745040 or visit www.jerseyseasport.com

Kite School Jersey

The ultimate sport for thrill seekers: you're strapped on to a wake board-style surfboard, harnessed to a kite and you work with the wind and the waves to power across the ocean. Affiliated to the International Kiteboarding Organisation, Kite School Jersey offers a variety of lessons, safety and progression courses in this highly addictive and adrenaline pushing sport. There is a 10% discount for anyone quoting 'Wet n Wild Week'. For further information Tel: 01534 499964 or visit www.kiteschooljersey.com

South Coast Cruises

Step aboard the "SOUTHERN BAY ROSE" a 50ft catamaran and enjoy a non-stop cruise for "approx" 2 1/2 hours along 15 miles of the beautiful South Coast of Jersey. Reduced price of £12 per adult and £5 per child during Wet 'n' Wild Week. Monday, Wednesday and Friday at 14:00 hrs. Tuesday, Thursday and Saturday at 11:30 hrs. For further information visit www.jerseycruises.com or Tel: 01534 732466.

Tarka Sea Trips

An exhilarating day of fishing is guaranteed with David Nuth on his 38ft Interceptor, 'Theseus II'. Timings of charters vary. For further information visit www.tarkaseatrips.com or telephone 01534 858046, or 07797 728316.

Thursday 18th August

Gorey fete

A variety of food tastings, al fresco dining, street performances, fun fair and live stage acts are just a number of the activities available to keep everyone entertained. Gorey Pier, St Martin. Time: 10:00 - 23:00 hrs. Adults £3.00, Children £1.00. Tel: 853951.

Friday 19th - Sunday 21st August

Jersey Wakeboard Jam

A long weekend packed full of wakeboarding demonstrations, lessons and competitions. Top professional wake boarders will be visiting Jersey this weekend to showcase their sport. With opportunities to view awesome stunts on the water, check out specialist boats and listen to expert advice. A great week for those new to the sport to those who consider themselves experts. For further information Tel: 01534 504206 or visit www.ciwake.com

Friday 19 August

An Evening with Margaret Hurdman

Internationally renowned psychic, medium and clairvoyant. Jersey Arts Centre Tickets: £12 (£10.50 students & senior citizens), Starts at 20:00.

Saturday 20th August

'Gambia Beat Band'

Howard Davis Park. An al fresco evening concert in the park. Time: 20:00 hrs. Free admission.

Sunday 21st August

'Rock in the Park'

Howard Davis Park. Local bands and artists perform live on stage to raise money for the Great Ormond Street Hospital Jersey Appeal. Time: 12:00 - 21:00 hrs. Free admission. Donations welcome.

Monday 22 August to Saturday 3 September

Jersey Telecom Arts Exhibition

Jersey has always produced a very talented crop of Visual Arts students on courses in the Island and in the UK. Telecom's annual exhibition is your chance to see exceptional works from the stars of the future, and for many students is their first opportunity to shine for a wide audience. For more details, please contact the Jersey Arts Centre Arts & Events Assistant, Amy, on 700419.

Thursday 25th August

Jim Davidson on Tour

Fort Regent - Adults Only Time: 20:00, Tickets: All seats £19.00 and £17.00. Tickets available from Fort Regent Box Office (Tel: +44 1534 500227 daily, noon until 17:00)

Saturday 27th August to Saturday 3rd September

Jersey Open Shore Angling Festival

Come and join in for a chance to win £10,000. Local anglers will be on hand to offer experienced advice to visiting anglers throughout the competition and you can be sure of a warm Jersey welcome. For more information contact Elaine Feltham Tel: 07797 774794 or pick up a brochure from Jersey Tourism.

Monday 29th August

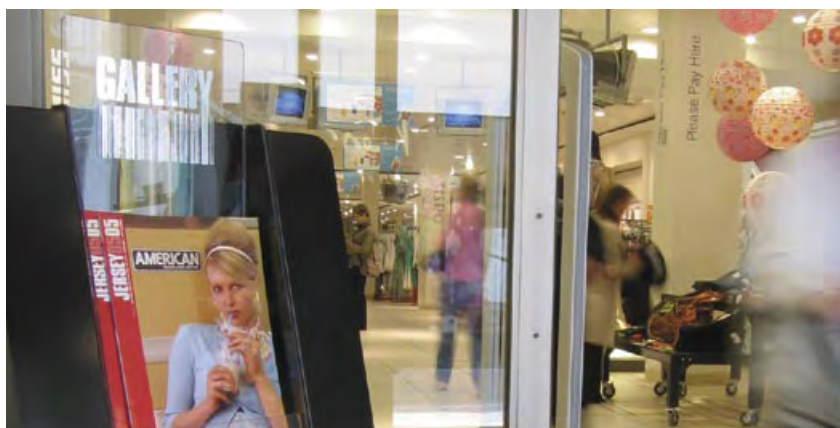
Horse Racing - Bank Holiday Monday

Enjoy an afternoon's racing, organised by the Jersey Race Club, Les Landes Racecourse, St. Ouen. 14:30 hrs. Tickets £8.00 adults, under 15's free. Tel: 863484.

Numbers

Jersey Arts Centre: 700444
Jersey Tourism: 500777

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Listings Cinema

Friday 5 August 2005

Beautiful Boxer (TBA) IMDB: 8.1

Based on the real life story of Parinya Charoenphol, a Muaythai boxer who underwent a sex change operation to become a woman. The movie chronicles her life from a young boy who likes to wear lipstick and wear flowers to her sensational career as kickboxer whose specialty is ancient Muaythai boxing moves which she can execute expertly with grace and finally her confrontation with her own sexuality which led to her sex change op.

Because Of Winn-Dixie (U) IMDB: 5.7

A 10-year-old girl, abandoned by her mother when she was three, moves to a small town in Florida with her father, a preacher. While there, she adopts a stray dog whom she names after the local supermarket where he was found. With her goofy pooch by her side, she meets an eclectic group of townspeople and rekindles an almost lost relationship with her father.

The Devil's Rejects (18) IMDB: TBA
ter killing Sheriff Wydell, the Firefly family is caught in the path of a vengeful cop (Sheriff Wydell's brother). The

police raid the family and Baby, Otis, Captain Spaulding and the rest head out. Rumor is that a prostitute named Candy falls for Otis. Get ready for a nation-wide killing spree!

Herbie: Fully Loaded (U): IMDB: 4.2

Maggie Peyton (Lohan), the new owner of Number 53 - the free-wheelin' Volkswagen bug with a mind of its own - puts the car through its paces on the road to becoming a NASCAR competitor.

Stealth (TBA): IMDB: TBA

Deeply ensconced in a top-secret military program, three pilots struggle to bring an artificial intelligence program under control ... before it initiates the next world war.

Friday 12 August 2005

Crash (15): IMDB: 8.5

Several stories interweave during two days in Los Angeles involving a collection of inter-related characters: a black police detective with a drugged out mother and a thieving younger brother, two car thieves who are constantly theorizing on society and race, the distracted district attorney and his irritated and pampered wife, a racist veteran cop (caring for a sick father at home) who disgusts his more idealistic younger partner.

The Island (PG): IMDB: TBA

A man (Ewan McGregor) goes on the run after he discovers that he is actually a "harvested being", and is being kept

along with others in a utopian facility. Check out the interview with stars McGregor and Scarlett Johansson.

Friday 19 August 2005

Bewitched (PG): IMDB: 5.3

A producer remaking the classic sitcom "Bewitched" unknowingly casts an actual witch for the lead role.

Me and You and Everyone We Know (TBA): IMDB: 7.1

A lonely shoe salesman and an eccentric performance artist struggle to connect in this unique take on contemporary life - well recommended.

Unleashed (18): IMDB: 7.3

his is the story of Danny (Li), a slave who has lived his whole life without any sort of normal human education, with the mind and personality of a young child, with only one lesson learned: how to fight. Treated like a dog by his owner/boss, Bart (Hoskins) which includes having to wear a collar, Danny has been raised to be a lethal fighting machine who fights in illegal gladiator-style fight clubs, where he earns lots of money for Bart as the undisputed champion. After a car accident that lands Bart in a coma, however, Danny meets a kind elderly blind piano tuner (Freeman) on the run because he knows secrets some bad guys don't want known, who uses music to teach Danny some things about the world and about being human...

Friday 26 August 2005

Abnormal Beauty (TBA): IMDB: 6.5
Beautiful, intriguing, but watch your nerves for the last 20 minutes.

Bad News Bears (TBA): IMDB: TBA

A grizzled little league coach (Billy Bob Thornton) tries to turn his team of misfits into champs. Also starring Greg Kinnear in this remake of the 1976 American classic.

The Cave (12A): IMDB: TBA

Horror - Bloodthirsty creatures await a pack of divers who become trapped in an underwater cave network

Dukes Of Hazzard (TBA): IMDB: TBA

Cousins Bo (Scott) and Luke (Knoxville) Duke, with a little help from their cousin Daisy (Simpson) and Uncle Jesse (Willie Nelson), egg on the authorities of Hazzard County, Boss Hogg and Sheriff Coltrane.

Sisterhood Of The Travelling Pants (PG): IMDB: 6.9

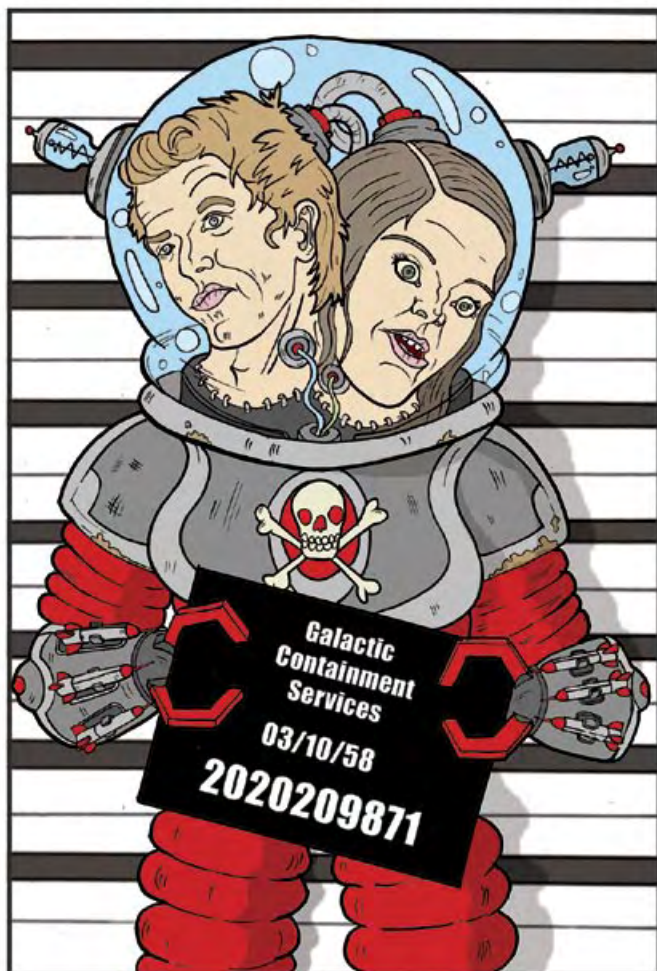
Four best girlfriends hatch a plan to stay connected with one another as their lives start off in different directions: they pass around a pair of secondhand jeans that fits each of their bodies perfectly

Summer Storm (12): IMDB: 8.3

German drama following two best friends, one of whom is in love with the other and is jealous of his girlfriend. Beautiful and sad film that eventually boils over. Could be a classic.

MUG SHOT COLLECTABLES

No. 8



August Diary

MONDAY 1ST AUGUST

THE FAIR COMES TO TOWN !!!

Chuck this underweight sack at that overweight nut and you'd never win a teddy suffed with glass and nails. Yeah!!

TUESDAY 2ND AUGUST

JERSEY FOOTBALL TOURNAMENT

The Island plays host to this exciting U21 event once more. K.O weekdays at 19:30. Sundays at 14:00

WEDNESDAY 3RD AUGUST

COLDPLAY IN MONTREAL

Live in one of Canada's greatest cities. Chris Martin and the group travel up from Toronto as they did in 2003.

THURSDAY 4TH AUGUST

ASHES: SECOND TEST

Edgebaston is the venue for the second of five tests against the mighty Aussies.

FRIDAY 5TH AUGUST

HAMPTONNE FAIR BEGINS

Running till Sunday, come and experience the heart of Jersey's rural past. Crafts and activities to watch and learn.

SATURDAY 6TH AUGUST

ATHLETIC: IAAF WORLDS

The world championships held in Helsinki, Finland. Events conclude on the 14th. Go Donna Fraser!



THURSDAY 11TH AUGUST

JERSEY BATTLE OF FLOWERS

One of the biggest events in the Island calendar. A true carnival of Jersey. Musicians, dancers and, of course, floats

FRIDAY 12TH AUGUST

ASHES: THIRD TEST

Old Trafford welcomes the third match of the series. Will it be decided today? Or will it go all the way?

SATURDAY 13TH AUGUST

THE BEACH IRONMAN CONTEST

Held at the Watersplash, competitors will battle it out in a paddle, run and swim for the coveted title.

SUNDAY 14TH AUGUST

BAPTISM OF FIRE

Wigan, poor Wigan. They face none other than Chelsea in their first fixture of the Premiership season...Oh Boy!

MONDAY 15TH AUGUST

WET 'N' WILD WEEK BEGINS

Try your hand at scuba diving, jet-skiing, wakeboarding, sailing, surfing, wind-surfing, kite-surfing, the list goes on.

TUESDAY 16TH AUGUST

ELVIS WEEK ENDS TODAY

'The King' died in 1977, aged 42. Graceland offers a week of celebrations in memory of his 23 years in showbusiness.

WEDNESDAY 17TH AUGUST

THE FILM FESTIVAL CONTINUES

Having started on the 13th, the open air film week carries on till 19th. Bring a blanket and picnic. IT'S FREE!

THURSDAY 18TH AUGUST

GOREY FETE

For one day only. A variety of food tastings, al fresco wining and dining, street performances and fun fair.



SATURDAY 20TH AUGUST

PARIS BEACH CLOSSES TODAY

For a month a 2 mile bank of the Seine is turned into a beach. Complete with white sand, palm trees and sunbeds.

SUNDAY 21ST AUGUST

INTERNATIONAL BOGNOR

BIRDMAN

Self explanatory. People dress up and throw themselves from a pier top. Hmm

MONDAY 22ND AUGUST

Battle of Bosworth: 1485

The final battle of the Wars of the Roses took place on Bosworth field between Henry Tudor and Richard III.

TUESDAY 23RD AUGUST

LONDON DERBY

The gooners are at home to Fulham tonight. Kick off is at 19:45.



THURSDAY 25TH AUGUST

JIM DAVIDSON

Live at the Fort Regent for one night only. Strictly over 18s only. Commencing at 20:00.

FRIDAY 26TH AUGUST

ASHES: 4TH TEST

Trent Bridge, Notts for round four. It could be just a formality, or it may make for a nail-biting 5th test.

SATURDAY 27TH AUGUST

WORLD AIR GUITAR CHAMPS

Held in Oulu, Finland, this has to be one of the strangest comps on the calendar. Can u strike a 'power cord'?

SUNDAY 28TH AUGUST

"I have a dream", M.L King

One of the greatest speeches of modern times happened on this day in Washington D.C 1963.

MONDAY 29TH AUGUST

HORSE RACING AT LES LANDES

Bank holiday betting. An afternoon's racing commencing at 14:30, organised by the Jersey Race Club. Adult £8.

TUESDAY 30TH AUGUST

US TENNIS OPEN

Flushing Meadows. Will Federer continue his plight to greatness or will he burn out after a blistering campaign?



Q&C

QUESTIONS

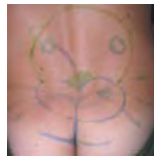
This month we've been out asking our usual three questions and getting the views of the Jersey public down on paper:

- A:** What will you be doing bank holiday weekend?
B: Who will you be voting for in the election?
C: Have you got your ticket for Jersey Live yet?



NAME: Danny Evans
AGE: 25
OCCUPATION: Photographer

- A:** When is it? working for Gallery prpbably!
B: What election? I don't vote.
C: I think I've got a free, VIP one? Haven't I?



NAME: Bum Otter
AGE: 74 in otter years
OCCUPATION: Dam Builder

- A:** Building a dam in St Peters valley.
B: The establishment of the JDA has obviously weighed heavy on the minds of the Jersey public. However, I will be considering independent candidates.
C: All of my romp have got them.



NAME: Karl Stewart
AGE: 30
OCCUPATION: Marketing Manager

- A:** Long pause.....tring to find somewhere to drink Tequila, I suppose.
B: Can I phone a friend.
C: Seeing as we're sponsoring the VIP area, I hope I have one!

COMPETITIONS

To win simply go to our website and answer the questions! www.gallerymagazine.co.uk/competitions



A: PowBOX

The ultimate thing to put in your ears

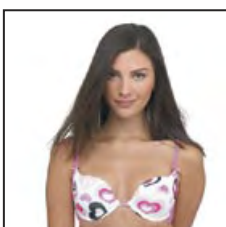
Including Radio, MP3 Player, Dictaphone and bluetooth specification this version of the MP3 craze offers more than most. It can also hang around your neck, yippee!



B: SDS bumper give-away

Team cool shades with the right T-shirt

Quickly enter this one! Win some black Arnette shades and an Oakley T-shirt from SDS, who wouldn't want some new Sunnies?



C: Miss Iepel

A popper girlie prize, Iwant it! NO i want it!

This underwear is very pretty. Perfect if you want a change from black lace. De Gruchy have given Gallery five sets to give away to five lucky readers! Log on to win.





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