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gallery

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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published with gusto in Jersey by



#118 [FREEDOM]



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Cain, Shorts by
River Island from
Voisins, jewellery
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edito

very wise sibling of Michael Jackson once told us 'The Best Things in Life are Free'. Sadly that's not true of Liberation Day celebrations. It seems the cost of those somehow went from £90,000 to £165,000 after the dalliance with moving celebrations from the Weighbridge to People's Park were considered and then reversed. It seems it's quite expensive to celebrate Jersey's freedom. But I'm sure it's worth it.

This year's celebrations mark 70 years since the occupation. Since then Jersey folk have been liberated to grow; island culture, a diverse economy, some serious beach holiday appeal and a very special finance industry. We've garnered facets that make Jersey one of the most enviable places to live in Europe and, in a recent Tripadvisor report, a better place to holiday than other European islands of Tenerife and Majorca. The best in the British Isles category no less: and the sunniest. We're smashing it.

We're incredibly fortunate to live in a generation where our tiny corner of the world is free from conflict and turmoil. With newsfeeds and the press consumed with stories of terror in other parts of the globe I count my blessings that, for now, I can live and enjoy the liberty that being a Jerseyite affords me. Free to go to the beach, free to choose what I wear and how I speak, free to choose if I wish to pursue a faith without persecution, Freedom of choice.

It's with that in mind that we covered all manner of freedoms in this issue. We've not dwelled on the liberation but more the freedoms it's offered us as a generation. If you're at the celebrations on May 9th and see the old timers that lived through the occupation, give them a high five to the freedom they gained and we've enjoyed. In this particularly beautiful edition we meet and examine what that freedom means to a cross section of people. I hope you enjoy it. Plus you're able to read all these things in a free magazine. Janet had it right.

BD

gallery #118

[FREEDOM]

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ARE YOU A LOCAL WRITER OR ARTIST? IF YOU'RE PASSIONATE ABOUT YOUR WORK (AND ALIVE, PREFERABLY) WE WANT TO SHOWCASE IT, SO GET IN TOUCH AND GET INVOLVED IN 2015 AND BEYOND: **CONTRIBUTE@GALLERY.JE**

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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

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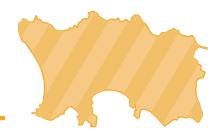
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ON THIS MAY...

IN JERSEY



02-04.05.15

BARCLAYS JERSEY BOAT SHOW

IN & AROUND ST HELIER MARINA // FOC // 10AM-5PM

Taking place in and around St Helier Marina, the Barclays Jersey show, now in its eighth year, promises a wealth of great events and attractions to entertain the crowds and with favourable weather conditions expected (so they say) over the bank holiday weekend. There promises to be food, boats, music, more boats and plenty of other attractions to keep you and the whole family entertained. www.jerseyboatshow.com will keep you up to date with all you need to know.

......

10.05.15

HORSE RACING 'JERSEY GUINEAS'

JERSEY RACE CLUB, LES LANDES// £10 STANDARD ENTRY, U18'S FREE // FIRST RACE AT 2.30PM

A day at the races is great fun for all the family, whether you place a bet or two or just soak up the atmosphere and enjoy the horse racing. You will find a public bar, various food outlets and plenty of room if you wish to bring a picnic, you can be guaranteed of a fabulous day out to remember.

16-19.05.15

'LÉ MARCHI NOUORMAND' NORMAN FRENCH MARKET

WEIGHBRIDGE PLACE, ST HELIER // 10AM-6PM

Breathe in the sights and smells of Normandy with everything from homemade crêpes and biscuits to cônfit and cider. Soak in the al fresco atmosphere as you browse the visiting traditional market.

9/05/15 TERRACE LAUNCH

GRAND JERSEY, ST HELIER

The sun-swept Terrace at Grand Jersey officially launches for the summer on Liberation weekend. This year Grand Jersey's new head chef Nicolas Valmagna has created an exciting al fresco menu, including tapas, grill, seafood, light bites and afternoon tea. It's the perfect setting for entertaining or chilling out with friends and family this Liberation weekend. Visit facebook, grandjersey to check out their new



21-23.05.15

JERSEY FOOD FESTIVAL

ISLAND WIDE// £TBC

Following the roaring success of the past, Jersey Food Festival is back in 2015 and its set to be bigger and better than ever. This food festival aims to showcase the unique blend of British and French cuisine found in Jersey thanks to its location. You're in for an action-packed week, with ale trails and brewery tours for the thirsty, low water rambling for the curious and wild food foraging for the brave! www.jersey.com/foodfestival

09.05.15

LIBERATION 70 CELEBRATIONS

PEOPLE'S PARK, ST HELIER// £FREE // 11.30AM ONWARDS

The 70th anniversary of Jersey's Liberation will this year be marked in People's Park. It is where the very first anniversary of the end of Nazi Occupation was commemorated in 1946. There will be a Grand Parade, act of remembrance and a commemorative theatrical production. That will be followed by a tea party and food fair, and a night-time finale. You do not need tickets to attend and can bring a picnic.

10.05.15

OPEN GARDEN

GREY GABLES, LA RUE DU BOCAGE, ST BRELADE// £3, CHILDREN UNDER 12 FREE // 2PM-5PM

Will be open by kind permission of the family of the late Celia Skinner In aid of JAYF (Jersey Association of Youth and Friendship). Fabulous cream teas will be available to purchase. There is free parking on site, but please no dogs. Access to the garden will be sign-posted at nearby junctions on the day.

.....

24.05.15

THE BIG RIDE OUT FOR HOLIDAYS FOR HEROES

ST CATHERINES BREAKWATER// £5 MINIMUM DONATION//11AM

Show your support for this fantastic local charity and be part of the Channel Islands biggest Rideout. From St Catherines Breakwater, to the Watersplash. Riders leave at 11am precisely, come early and enjoy the fun. This is an open event for all bikes trikes scooters & mopeds. Feel free to invite your friends and spread the word.

24.05.15

OPEN GARDEN

ST OUEN'S MANOR, LA GRANDE ROUTE DE ST OUEN // £3, CHILDREN UNDER 12 FREE // 2PM-5PM

Open by kind permission of the Seigneur and Mrs Charles Malet de Carteret in aid of JAYF (Jersey Association of Youth and Friendship). Cream teas will be available and there will be live music provided by the Jersey Youth Orchestra String Ensemble. Free parking. No dogs. Access will be sign-posted at nearby junctions on the day. The Open Garden Scheme is sponsored by Moore Management.



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02.05.15 - 16.05.15

SPRING WALKING FESTIVAL

ISLAND WIDE // FROM £6 PER HALF DAY

If you're looking to get off the island and enjoy a walking week that isn't our own, then you'll be in for a treat as Guernsey have one too. Offering an array of guided walks around the coast and across inland paths discovering the island's hidden history. Learn about Guernsey heroes, walk from fort to fort on the west coast or take a trip to Herm and learn of its secrets.

04.05.15 - 05.06.15

VICTOR HUGO INTERNATIONAL MUSIC FESTIVAL

ISLAND WIDE// £VARIES // TIMES VARY

The festival features some of the top names in classical music. To mark the 70 years of liberation, headliners include Berlin Philharmonic Octet, Southbank Sinfonia and the Nicola Benedetti Trio. Also discover the music of Adèle Hugo written in exile which will be given its world premiere in Paris on the centenary of her death. Visit www.vhfestival.com for full listings.

17.04.15

VRAIC DAY (IT REALLY DOES HAPPEN)

L'EREE BEACH // ÉPRICELESS // TIME TBC

A celebration of vraic (Guernsey french for seaweed). Vraic was used to both enrich crops and provide domestic fuel to burn through the winter. Today seaweed is used all over the world to eat, in medicines, cosmetics and as a fertiliser. Find out why seaweed is making waves. The event includes story tellers, cooking demos, foraging walks, kayak trips, traditional stalls, children's activities and much more.



29.05.15 - 06.06.15

SURE COMEDY FESTIVAL

HAPPYCI.COM // £PRICE VARIES // TIMES VARY

Russell Kane is just one of the top comedy stars heading to Guernsey for this year's Festival of Comedy. His show which has toured the UK and is part of the Melbourne Comedy Festival next month, explores how to keep things small when life gets big. Other comedy stars lined up for this year's festival include, Hal Cruttenden, Zoe Lyons, Andrew Maxwell, Craig Campbell and Mike Gunn.

ELSEWHERE



COCULLO, ITALY // £FREE

The feast of St Domenic might sound fairly tame, but that's only until you throw in a writhing nest of snakes. One of Italy's strangest festivals, the Processione dei Serpari is celebrated in the tiny Abruzzan hamlet of Cocullo by adorning a statue of St Domenic (the protector against snake bites) with jewels, banknotes and live snakes

13-25.05.15 CANNES FILM FESTIVAL

CANNES, FRANCE // €VARIOUS // TIMES VARY
Every year, for 12 days this small town on France's glitzy Côte
d'Azur becomes the centre of the cinematic universe, with more
than 30,000 producers, distributors, directors, publicists, stars and
hangers-on descending to buy, sell or promote more than 2000
films. As the premier film event of the year, the festival attracts
around 4000 journalists from around the world, guaranteeing a
global spotlight to anyone with enough looks or prestige to grab it

19-23.05.15

RHS CHELSEA FLOWER SHOW

ROYAL HOSPITAL, CHELSEA, LONDON // TICKETS ARE LIKE GOLD DUST // ALL TIMES

Held in the grounds of the Chelsea Hospital, London every year since 1913, apart from gaps during the two World Wars. 11 acres of the UK's (and arguably Europe's) best flowers and gardens are on display, with plenty of original, even wacky ideas. Once Britain's largest flower show (it has now been overtaken by RHS Hampton Court Palace Flower Show), it is still the most prestigious.

22-26.05.15 CHEUNG CHAU BUN FESTIVAL

CHEUNG CHAU ISLAND. HONG KONG

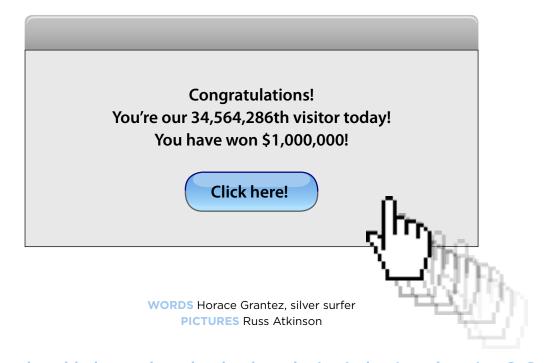
The Bun Festival is one of the liveliest and certainly one-of-a-kind of Hong Kong Festivals, full of folklore and tradition and set in picturesque Cheung Chau island, just a short ferry ride from the city. It is renowned for its rocket-shaped towers standing up to 20m high and covered with sacred rolls. At midnight on the designated day (the Buddha's birthday public holiday) competitors scramble up the towers, grabbing a bun for good luck

25.05.15 COOPER'S HILL CHEESE ROLLING

GLOUCESTERSHIRE, UK // £FREE

You may have thought the most dangerous thing about cheese was the mould, but then you've probably never stood atop Cooper's Hill on this mad Monday. The premise is simple: a handmade, seven-pound circle of Double Gloucester cheese is rolled down the hill and a gaggle of people chase down behind it. The first to the bottom of the hill (or to grab the cheese) wins, and gets to keep the cheese. Be prepared to take your life into your own hands!

There's no such thing as a free lunch



People say that elderly people and technology don't mix, but I was born in a St Ouen barn in the 1920s and I've been in love with technology since the parish installed its first electric lightbulb in 1953. I've owned a wireless, a fax machine and a ZX Spectrum over the years, and now I've got a telephone that fits in my pocket and there's a robot on Mars sending me pictures through the internet.

If you're anything like my children you're probably surprised that somebody old enough to remember Queen Victoria even knows the number to dial the internet, but my PC computer has a turbo button and I'm on the broadest band JT can fit in this cottage. I hope somebody tells my doctor that the robot on Mars is a real thing who will send pictures to anybody, so there was no need to hold me down and give me that special injection of brain medicine.

Now, websites may be designed for the younger generation, but like all true Jerseymen I like to keep a close watch on the pennies, so as soon as cousin Barry told me there were loads of free things online I signed up for internet explorer as soon as I could work

out where to plug in the wires. I watch the cricket for free, chat to other pigeon fanciers for free and play free games that involve farming carrots. Sometimes when the wife is asleep I look at free pictures of half-undressed ladies, and it's this that brings me to the subject of this article. Internet users should beware, because not everything that promises to be free is quite as it seems. There are literally hundreds of websites out there, maybe more, and despite nice pictures and a professional look some of these are out to fleece you - take my word for it. If you want to avoid giving control of your savings account to a busty Ukrainian woman called Olga, think twice, put the pension book away and don't get caught in the sticky bits of the world wide web.

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So-called "free to play" computer games

Computer games aren't just for lonely men in their 20s who like shouting about your mother - they are also for men in their 80s who remember when you could smoke in Funland and there was nothing odd about an off-duty farmer with a full beard playing Double Dragon at the Fort Regent swimming pool. As I told them at the time, I didn't want to waste time getting changed and a damp pair of Speedos helps me concentrate - that's the story I'm sticking to. Unlike Pong or Space Invaders, I find the violence in today's games too realistic, so I gave in to the wife's nagging, left my Call of Duty clan and signed up for a free game called GemVille Fruity Saga. At first it was a lot of fun, but one night after bowls I had seven cups of tea and just couldn't stop myself - it was like being on the drugs. I was at the point where I needed to flick another 2000 cosmic beans to get a rainbow gem, cracked and signed into my PayPal account to pay for a few beans to get flicked on my behalf by a sweatshop in Hong Kong. Within a couple of days I was a Level 500 Emerald Master, but I stopped telling the lads at the pub when I realised they weren't impressed by that, and that I'd given the triads half of the money for my hip replacement. Never again!

So-called "free introduction to hot singles"

Now, I'm happily married, but an anonymous individual I'll codename "Cousin Harry" has been very lonely since his wife left him for her bridge partner. We thought we were signing him up to a service to meet nice local ladies who like listening to the Archers and caravan holidays, but it turns out the only women who signed up for the same website were young lasses from a part of Europe where communism doesn't allow them to

afford many clothes. Lots of them were surprisingly keen to fly over here to marry a retired farmer with one leg, and one girl even sent Barry a video of herself apparently doing yoga, to demonstrate that she'd be fit enough to lower him into the bath. I'm not sure it was necessary for her to do it in the nuddy, but I suppose they have a different culture over there. I was having second thoughts by the time the third marriage proposal arrived, but luckily before Barry could get out the credit card he had a funny turn and needed to have a nice lie down.

"Computer games aren't just for lonely men in their 20s who like shouting about your mother - they are also for men in their 80s who remember when you could smoke in Funland and there was nothing odd about an off-duty farmer with a full beard playing Double Dragon at the Fort Regent swimming pool"

So-called "free music, films and software"

I wasted an entire afternoon trying to get Apple's Macintosh shop to knock the GST off a Bing Crosby album, and eventually lost my patience and signed up for a rival service called Pirate eBay. I thought it was fantastic, as they didn't start asking for any money until I'd got myself 30 episodes of Last of The Summer Wine and a spanking new version of Windows XP. Of course, there's always a catch, and sooner or later muggins here took his eye off the ball and

signed up to pay for a faster download of the first series of The Good Life, with something called Bitcoin. It didn't even involve money at first, but they did ask me to double a few of my prescriptions and stick them in the post to an address in Syria. It turns out these got lost in the mail, and somehow ended up at the British embassy in Nigeria. As luck would have it, a lovely gent called Moses Trustworthy has agreed to return the parcel, on the condition I send him a photocopy of a bank statement with my address on it.

So-called "free trial" of medicines

With all of the miracles of science. there's a danger that us older chaps will end up a bit carried away and fall for medical treatments that aren't quite as effective as their many written testimonials make out. Yes, they may be offered by the "NUMBR 1 PhArmacy in CanADA" but that doesn't mean they're guaranteed to be safe, or even that they've been tested on rabbits. If they had, it's likely that the Canadian pharmacy would have noticed a rabbit who was still struggling to "put up the Christmas tree", but who went six days without sleep and only stopped dancing outside St Peter's Bars when the vet was called out and zapped him with a cattle prod. I may have discovered

a new appreciation for techno music from Holland, but I blew out my pacemaker and the only new hair growth has been on the soles of my feet. My new rule of thumb - if you can't buy it in Boots, don't order it from the internet and let your cousin inject it into your bottom with an icing pump.

Okay, Horace "logging off" - please 'like' me on the Facebook.

It's Horace@localdial.com, and the password to friend me is 'p4ssword'.

13



Based on my recent experience on planes, and of course inspired by what I'm lazily calling 'The Condorgate Scandal', it seems as though traveling to and from lovely Jersey is proving difficult of late.

Before I go on a massive rant about what happened with my flight back to England last month, I think it's worth talking about how important it is to make sure your boat works before you pop it in the sea... especially if it cost £50 million.

As if being out of action for a week after bumping a harbour fender wasn't bad enough, the vehicle deck on the new Condor Liberation went on the fritz - causing 24 vehicles to be left behind. I 'CARn't' believe it! That was terrible. I'm WHEELy Sorry for that EXHAUSTing joke. Anyway... poor Condor. They're not doing it on purpose - it genuinely does seem like a bit of bad luck. I guess it's pretty embarrassing to have two accidents in such a short space of time, and I imagine it's a PR nightmare. I feel bad for the passengers who were trying to get from one place to another too - I can speak with conviction on the frustration of wanting to get between two places and not being able to. It

Also, if you're responsible for the transport routes between Jersey and England then you should definitely be held accountable for the fact that your boat doesn't work, accidents and bad luck aside. I'm sure Condor know this, and I hope they're not too stressed out about it – there are always teething problems with new things but if it were me I would have tested for these problems without getting the general public involved. Speaking as both a member of the general public and a frustrated onlooker of the general public, I can tell you now that the general public are a bunch of tossers.

I had the pleasure of being eye-witness to some A-Grade general public 'tosserism' at Jersey airport when my Flybe flight to Southampton had to abort a take-off, taxi back to its stand, and let us all off, to be told shortly after that the flight wouldn't be

14

going due to a technical fault. I wasn't too bothered by this, because I feel like getting annoyed about things that you can't change is a waste of time. I'm already losing my hair prematurely, and I don't want what's left of it to turn grey.

There was something wrong with the 'auto-feathering' system, or something. I don't know the specifics. All I know is that I'm glad they chose to check it out rather than just wing it (pun unintentional... or pun intentional, if you like) and fly over to England hoping we didn't all crash and die.

To me, this was the equivalent of saying 'we'd rather wait 12 hours and inconvenience you ever so slightly than potentially risk your lives on a plane that probably doesn't work'... pretty considerate, if nothing else!

What I can say is that the Flybe flight attendants and the Jersey Airport staff were all very helpful and handled the situation rather well, despite the heckling from a few self-entitled idiots who believed someone had broken the plane on purpose in order to disrupt their super important life.

After waiting in the terminal for about half an hour we were told that the plane would not be going so we would be booked on the earliest flight the next morning. To me, this was the equivalent of saying 'we'd rather wait 12 hours and inconvenience you ever so slightly than potentially risk your lives on a plane that probably doesn't work'... pretty considerate, if nothing else!

Still, it didn't stop Mrs 'Look-at-me' in seat 12B from voicing her daft opinion. "That's just not good enough!" I heard, calling from the back, in her 'I only buy sugar-free Elderflower squash for my son Felix' posh voice. I remember thinking to myself that I should say something, but it was late and I don't like confrontation. I wish I had though, as I later found out that she had a go at the nice airport lady when she was queueing to re-book the flight. What the hell did she mean!? What's not good enough? The fact that they want to make sure the plane is alright? I genuinely think she believed this innocent Jersey Airport employee built the plane and should have magically fixed it there and then.

To me, it's a daft sense of entitlement that so

many people have. I understand that if you're paying for a service you should get what you pay for, and you shouldn't be one of 24 people whose vehicle got stuck on a boat – as a company you have a duty of care for customer satisfaction, but when it comes down to technical faults or things that can't really be helped, just stop having a go at people who have

nothing to do with it.

A lot of people are dead set on doing exactly the thing they want to do, and any sort of deviation from that, even if it is just a minor inconvenience, is the worst thing that's ever happened. It's all about perspective – I just read about the fatal plane crash in Jersey in the 1960s and one couple's brave efforts to get involved and help, and the way it affected them afterwards. I'm not saying that this could've happened to us, but putting relativity into practice, being delayed a little bit because of a technical fault isn't really too much of a problem.

I guess what I want to say is, sometimes it sucks that companies can't manage the services that they're responsible for, but don't waste your energy getting upset about things you can't control. It will make you get older faster, lose your hair prematurely and end up looking like me.. and I wouldn't wish that on anyone.

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WORDS Grey Goose Girl

ONCE UPON A TIME IN A LAND ABOUT THREE MILES EAST OF THE TUNNEL, LIVED A BEAUTIFUL PRINCESS.....

Surrounded by the suffocating walls of my castle grounds', I would sit listening to the two screaming children from next door arguing over who's turn it was to feed the vermin they kept as pets and what really was the best way to climb the very tallest of apple trees without getting twigs stuck in their pants.

Life was simple or so it seemed. You see, I had been swept off my feet by a rather dashing suitor who promised me a life of riches and luxury on the sunny shores of Jersey. This was in exchange for what seemed pretty simple, my hand in marriage, a rather large diamond and a few favours in the bedroom department thrown in for good measure. Little did I know that my parents had actually sold me for a dowry consisting of a lifetime's supply of Warburton's bread and Boddington's Bitter. Their life was complete and mine was to change forever.

Arriving at my castle, it all seemed like a magical fairytale of excitement, with maids to meet my every need (well

a weekly cleaner and someone to cut the grass when it got unruly). My only function in life was to be beautiful, have a full face of makeup on whenever he returned home and never, ever have a hair out of place. Imagine never having to cook another steak and kidney pie? I had arrived.

My suitor, a workaholic, much older than I, was rarely at home. When he was, he wanted nothing more than someone to love him and meet his every need. This often proved rather tricky as I wasn't as supple as I once was and on one occasion put my left hip out for days after a rather ridiculous attempt to get my leg behind my shoulder. Note to all, you cannot always do the things you could when you were 17 at 30 plus years old. It is also hugely embarrassing at Accident and Emergency trying to excuse your injuries away to a very handsome Doctor who doesn't look nearly old enough to be out of school let alone to have completed a medical degree.

The castle itself (a three bed room semi detached on the inner road), soon started to feel rather claustrophobic. My withdrawal from the northern party scene had hit me hard and I struggled with my internal battle to don my sparkly hot pants and dance around the bedroom with a bottle of something cold for one last time. No true contact with the outside world meant I was becoming a very lacklustre princess.

After some time, he could see that I was becoming one unhappy princess and at times a little feisty. On one occasion he just managed to see the vodka bottle flying through the air in time to duck but it didn't save the huge mirror hanging in the dining room. Sadly on that occasion he hadn't quite understood why it was important to me to have my highlights done before the gardener visited that Friday afternoon to shape the

'At every moment of our lives we all have one foot in a fairy tale and the other in the abvss'

Paul Coelho

Ah the gardener, he managed to send just a tiny shiver down my spine whenever I saw him. Now, don't get me wrong he wasn't Brad Pitt in his younger days or even the more mature version. But somehow he managed to touch me with his eyes without saying a word and when he was holding his big hedge cutters, well, I, lets just say I would end up somewhere I shouldn't be (well in my mind anyway).

You could say I became infatuated by him and I would wait patiently for his clapped out Ford to pull into our driveway each week. For the gardener, we became friends. For me? He became the highlight of my week, the subject of my fantasies. I would watch him for hours and then just as he finished work I would lure him to stay with offers of coffee and cake. If the sun shone even better, he would stay longer and I would be seduced even further as I watched him, eating one mouthful of cake at a time.

Our conversations were obscure and totally ironic. I wanted to know what made him tick? Why he did the things he did? What were his passions? (I knew mine!). What adventures he wanted to have when he could escape the hum drum of daily life. Sometimes he answered my many questions but at other times he stayed silent. His gaze seem to question why on earth I was interested in his inner most thoughts.

Eventually the gardener started to ask me the same questions and I would stumble over my answers. Torn between being the need to run away from the here and now, off into the wilderness to live a new life, without anyone asking why. If no-one had expectations of me, then I could have new dreams, new desires and explore them at a moment's notice. But the same question was always at the back of my own mind. Had I already found my prince was it that I just couldn't see

> what was in front of my eyes or was I still waiting for him to charge in on his mighty steed and save me?

Our friendship grew through many seasons and with time we became a strange but very natural

part of one another's lives. Then one misty afternoon, the gardener failed to arrive. As I sat within the walls of my castle's gardens, I finally looked around. I realised that what I needed to do most was to delve deep inside myself. If I was to be content I must start there. Those around me would not make my life complete if I wasn't willing to do it for myself. I needed to stop placing the key to my own happiness (and my chastity belt) in someone else's pocket. Only then would I truly be free.

And do you know? The gardener never visited again. And the princess?

I looked after my own key from then on...

The End

gallery JERSEY'S STYLE MAGAZINE

SIMPLICITY

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Off scott free.

After the ballsy heist in Hatton Garden last month, we thought we'd look at people who've got away with heists in the past and got off scott free. Something that certainly fits the bill is the largest value art theft in history. The event saw 13 works of art, valued at \$300-500 million, including two Rembrandts stolen from the Isabella Stewart Gardner Museum on March 18, 1990.

Two men, both disguised as Boston police officers, sneaked into the Isabella Stewart Gardner Museum during the early morning hours of March 18th. They immediately gagged two guards and handcuffed them. They then spent their sweet time from about 1:30 a.m. to 3:00 a.m. searching for what paintings they wanted to steal. In the end, they removed an estimated \$300-\$500 million worth of art.

20 years later, renewed efforts to catch the thieves have been made. The FBI re-ran DNA tests on the frames. The U.S. attorney's office is offering immunity to whomever returns the pieces. Billboards are offering \$5 million for information leading to the recovery of the works. Also, monetary transactions with these pieces probably are easy to track. It is hard to look for a buyer without tipping someone off.

Ironically, the thieves passed up much, much more expensive paintings than the ones they took. However, they did manage to steal what is currently the world's most valuable stolen painting, Vermeer's "The Concert," worth a mere \$250 million.





WORDS OF WISDOM FROM GALLERY'S ANONYMOUS CORPORATE KINGPIN:

"I hate Russian dolls, they're so full of themselves."

Value your freedom! Imagine a life in prison....Now imagine 5000 lifetimes... Sounds rubbish huh?

In 1972 Gabriel March Granados of Spain. was sentenced to 384,912 years in prison

On March 11, 1972, a 22-year-old, Gabriel March Grandos from Palma, Majorca was remanded to 384,912 years of sentence for having failed to deliver 42,768 letters (nine years for each of the letters he failed to deliver). He was accused of fraud for his crime of not delivering the letters, resulting in such a huge punishment by the Spanish judiciary. This remains the longest sentence demanded so far in history. According to another source, this sentence was requested by the prosecutor, while actually he was sentenced only to 14 years and two months of imprisonment.

MONTHLY JOKE Free drinks?

A man walks into a a bar, drinks a couple of beers, and prepares to leave. The bartender tells him he owes £6.

"But I already paid you. Don't you remember?" says the customer.

"OK," says the bartender. "If you say you paid, then I suppose you did."

The man goes outside and tells the first person he sees that the bartender can't keep track of whether his customers have paid or not. The second man rushes in, orders a couple of beers, and pulls the same stunt.

The bartender replies, "OK, if you say you paid, then I suppose you did."

The customer goes outside and tells a friend how to get free drinks. The third man hurries into the bar and begins to drink highballs.

The bartender leans over and says, "You know, a funny thing happened tonight. Two men were drinking beer, neither paid, and both claimed they had. The next guy who tries that stunt is going to get punched in the -- "

The man interrupts,
"Don't bother me with
your troubles, bartender.
Just give me my change
and I'll be on my way."





The best thing in life is.... Janet Jackson...

They say the best things in life are free. As it's the freedom issue we thought we'd check. We therefore asked Google, the font of all knowledge and it's true, 'the best things in life' search indeed garners the result you'd imagine. It isn't, however, top of the list in its own right. It comes conjoined with Michael Jackson's little sister inextricably linked due to her duet of the same name with Luther Vandross in 1992. Well done Janet, you're the best thing in life.

they wanted to break free Dates of independence for countries that decided they'd be better off free of the British Empire

Antigua	1 November	1981	Ghana	6 March	1957	Maldives	26 July	1965	South Africa	11 December	1961
Australia	1 January	1901	Grenada	7 February	1974	Malta	21 September	1964	Sri Lanka	4 February	1948
The Bahamas	10 July	1973	Guyana	26 May	1966	Mauritius	12 March	1968	Sudan	1 January	1956
Bahrain	15 August	1971	India	15 August	1947	Myanmar	4 January	1948	Swaziland	6 September	1968
Barbados	30 November	1966	Israel	14 May	1948	Nauru	31 January	1968	Tanzania	9 December	1961
Barbuda	1 November	1981	Iraq	3 October	1932	New Zealand	26 September	1907	Trinidad	31 August	1962
Belize	21 September	1981	Ireland	18 April	1921	Nigeria	1 October	1960	Tobago	31 August	1962
Botswana	30 September	1966	Jamaica	6 August	1962	Pakistan	14 August	1947	Tuvalu	1 October	1978
Brunei	1 January	1984	Jordan	25 May	1946	Qatar	3 September	1971	Uganda	9 October	1962
Canada	1 July	1867	Kenya	12 December	1963	Saint Lucia	22 February	1979	The UAE	2 December	1971
Cyprus	1 October	1960	Kiribati	12 July	1979	Saint Kitts	19 September	1983	United States	3 September	1783
Dominica	3 November	1978	Kuwait	25 February	1961	Saint Vincent	27 October	1979	Vanuatu	30 July	1980
Egypt	28 February	1922	Lesotho	4 October	1966	Seychelles	29 June	1976	Yemen	30 November	1967
Fiji	10 October	1970	Malawi	6 July	1964	Sierra Leone	27 April	1961	Zambia	24 October	1964
The Gambia	18 February	1965	Malaysia	31 August	1957	Solomon Islan	ds7 July	1978	Zimbabwe	18 April	1980

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QUIZ:

ARE YOU A NUMBER OR A Free (WO)MAN?

ILLUSTRATIONS Will Bertram

THIS MONTH WELCOMES THE ANNIVERSARY OF OUR LIBERATION FROM THE KINKY JACKBOOT OF NAZI GERMANY. TOGETHER WE CELEBRATE A TIME WHEN THE CHANNEL ISLANDS (AND INDEED ANY BIT OF EUROPE LUCKY ENOUGH TO BE OUT OF REACHING DISTANCE OF THE SOVIET UNION) WITNESSED THE DEFEAT OF FASCISM AND A VICTORY FOR THE FREE WORLD.

What's questionable these days is whether people even properly appreciate that freedom, as the western world in general has got pretty comfortable with whining about the slightest impediment to our personal liberty. In the 30s we went to war against an enemy that imprisoned people for reading the wrong books, thinking the wrong thoughts or simply on the suspicion that they might do these things if given the chance. Today our free, mostly uncensored, internet is buzzing with the outraged whining of people who feel similarly oppressed - but in their case by speeding tickets, the price of a TV licence or getting in trouble for telling racist jokes in the supermarket. That's not to say there aren't still oppressed people, even in our liberal societies, but they probably aren't fighting that oppression by organising a petition to pardon Jeremy Clarkson and bring back smoking in pubs. If you are having trouble working out whether you personally are oppressed, take this short quiz and we'll tell you precisely how free you really are.

1. What would happen to you if you committed a serious crime?

- **A:** It would be really, really lame. Although I'm not old enough to go to adult court my parents would ground me again. Fascists.
- **B:** I might go to prison for a bit, but could expect leniency from the jury as we probably all went to the same school.
- **C:** I'm not officially domiciled in Europe, so for anything short of mass murder my lawyers could hopefully arrange for me to be extradited back to some Caribbean island where I own the land the courthouse sits on.
- **D:** Aside from shame at disappointing our leader, the remainder of my family would join me in this prison camp to break rocks with their teeth.

2. How much power does your boss have over your life?

- **A:** Way too much. Last year he tried to make me work Glastonbury weekend. F*** you I won't do what you tell me.
- **B:** I occasionally have to let him win at golf, but I could always leave this firm and do the same job at one of our 50 competitors.
- **C:** Hugo Boss? Not much, if they don't do exactly what I want Armani would love the business.
- **D:** My immediate supervisor is a prisoner too he's allowed to beat me but will also be shot if I fail to assemble enough smartphones.

3. How much money do you owe to the bank?

- **A:** I'm not even allowed a monthly phone contract, but will be applying for a credit card the minute I hit 18.
- **B:** Two mortgages, six credit cards, and the finance agreements on my BMW, kitchen, swimming pool, wife's boobs and designer dog. If things go bad, they can take the dog first, then the boobs, then the car.
- **C:** The bank owes me money luckily the EU is helping them pay me back, or there'd be trouble.
- **D:** I don't understand what you mean by "money" or "bank", but my children owe the prison rent for the plank I sleep on.

4. Do you have control of your daily routine?

- **A:** No, my mum gets me out of bed if it's past noon. Bitch.
- **B:** No. Client meetings, my kids, wife and mistress have my diary booked out until 2017.
- **C:** No, I've tried lobbying the markets to open earlier, but apparently there's another equally rich man in China who wants them to open later instead.
- **D:** I rise, collapse and use the toilet according to the whims of a deafening siren in our bunkhouse, but as long as I don't stop work I get to choose how often I cry.

5. Have you done what your parents have expected of you?

- A: No, because I hate them. I will have to wash Dad's car on Sunday though or my allowance gets cut off.
- **B:** Yes, right up to the point where I put them in a home and sold their house to buy a villa in Spain.
- **C:** I fought my father in a duel to succeed him, first with corporate lawyers and then with a rapier on the deck of our largest yacht. Mother will never forgive me.
- **D:** I have been a hardworking servant to our Leader, but every time I collapse from exhaustion 40 hours into a shift I feel the shame of my ancestors.

6. How much influence do you have over how your country is run?

- **A:** None, I'm not voting in solidarity with Russell Brand, and as a protest against the opening hours of the skate park.
- **B:** Not enough, as they keep passing laws which benefit other people.
- **C:** When you go to the trouble of buying a country or two, you tend to have a fair amount of influence. Release the sharks!
- **D:** I have as much influence on our nation as the lowly termite has upon the moon.

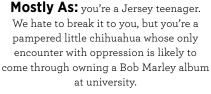
7. Does life seem fair to you?

- A: No. I didn't ask to be born.
- **B:** Yes, I've been well rewarded for working hard. It has nothing to do with me being born a middle-class white man.
- **C:** No, it seems unfair that my taxes pay for things I don't really need, like public hospitals, roads and the United Nations.
- **D:** Perhaps. I lay awake at night wondering exactly what I did in a previous life to deserve this.

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WHAT DID YOU PICK?







Mostly Bs: you're a wealthy middleclass Western adult, you're one of the freest people who has ever lived, despite the Daily Mail's best efforts to convince you that stormtroopers from the EU are coming to steal your Jaguar.







Mostly Cs: you're a billionaire plutocrat.

The only thing stopping you from doing exactly what you want is that tiny, withered voice that the rest of us call a conscience.

Quick, drown it with another martini.

Mostly Ds: your name is prisoner #245-6YH-C. Despite living in a forced labour camp, you maintain a positive disposition and a fierce love for turnips. Once you made friends with a beetle, before another prisoner ate it. Try not to get caught reading this magazine.

Mostly Es: You're such a free spirit that you made up your own answers to the quiz. You probably live in a camper van and smell like quinoa.



The freedom surfing brings to those that live on an island nine by five is a tantalising prospect for many, but not one that all of us are necessarily brave enough to try or possibly inclined to. Happily that's not the case for Steve Wilkinson, a well-known local surfer, with a long-standing relationship within the surf industry.

Steve's obsession with surfing was inherited from his father Mike, who helped to start the Jersey Surfboard Club in 1959, he's one of the faces in the iconic photo with the men and their wooden longboards.

At 17, like many before, and after, him Steve packed his bags and his boards and went away travelling. When he returned in 1985 he and his dad opened Freedom surf shop, along with Steve Harewood, who was the man behind designing and making the Freedom surfboards they sold. "We sold the business 12 years ago, but I stayed on and managed it for 10 years after that. I eventually left three years ago and after some time out which I spent surfing and skiing I moved on to open up Madhatter two years ago."

Surfing runs through the blood of Steve's family – his children were brought up on the beach and all three of his offspring are hardened travellers who love the beach culture. "Surfing and the associated industry has changed a lot over the 30 years I've been working within it. When I first got into it, it was really cool, companies were largely run by surfers who used, designed and really believed in their products. But that's changed over time and when I finally left Freedom my heart wasn't really in it any more. But after some time out I looked back and realised that I still love the industry.

Surfing has evolved a great deal over the decades, it's always been a counter culture activity. It started with a small minority of people to begin with, but then it became massively corporate and then it became un cool again. You'd see people walking around wearing surfing brands just as fashion items, it became way less real. All of the big brands were being run by accountants looking at the bottom line and their headquarters were all miles away from the beach, which wasn't the case historically.

The whole surfing industry has gone through a really difficult time since the financial crisis in 2008. It was on its knees and many of the really big brands suffered as a consequence. The bonus of this has meant that now many of the smaller suppliers, the guys that still actually surf and love the industry are being able to make their mark again, it's gone full circle.

What about the future of surfing in Jersey? "If you've got plans to become a championship surfer then you need to start early. Whilst it's easy enough to pick up a board and have some fun in the waves it's a difficult skill to master, but whatever your level you can't help but enjoy yourself. We've got a very high standard of surfers in Jersey, but the average standard is also way better than places across the UK.

66 At 17, like many before him Steve packed his bags and his boards and went away travelling. When he returned in 1985 he and his dad opened Freedom surf shop, along with Steve Harewood, who was the man behind designing and making the Freedom surfboards they sold.

What I love about our shop Mad Hatter is that we're now working with the smaller brands again, I've been approached by some of the bigger ones but we've made the decision to say no to them. If you look to the surf shops in California it's all about smaller brands, the financial crisis really shook things up a lot. It possibly doesn't sound it but it was a really positive thing, the surfing industry was decimated and it's actually really helped small manufacturers get back on the map and get involved again. Which means that it's as fun as it was 20 years ago."

So does being your own boss and owning your own business, mean that Steve gets to down tools and surf when he wants to, "Sadly with only three of us in the shop I don't get out as much as I'd like to. I used to feel physically sick if I couldn't get down and surf and I knew there were waves."

According to Roger Mansfield's acclaimed book, The Surfing Tribe, surfing took off in the Jersey following the arrival of three South African lifeguards, who only went to Jersey on a whim after seeing pristine beaches and waves on a newsreel film at the cinema. This may well be the case, but it is people like Steve that have kept it alive! And his advice if you're tempted is "head down to the beach and have a go."



SING IT FROM THE ROOFTOPS

Freedom Church Jersey was formed by the merger of Jersey Community Church and Abundant Life Church in 2009. Three years ago the members of Freedom Church purchased the former Odeon building in St Helier for one million pounds.

Many people perhaps haven't a clear idea of what the church were trying to achieve with this purchase, but they have a vision; they want to build a space for the church and the island community to utilise. We spoke to Tim Bond, who has been working as a Pastor for nineteen years, about the work that has been undertaken so far and his work within the local community.

Like many people I am perhaps a little naive as to the work that's being undertaken within the Freedom Centre and also the motivation behind the purchase of this huge and challenging building, so I asked Tim to explain "As a church we want to build community. We don't exist for bricks and mortar and we don't actually put any emphasis on buildings, other than they are tools in our hands, to create useable space and shape the environment to build community. So, the purchase of this building was a massive deal, we didn't have a huge building fund set up but we knew we had to do it."

"We're a Christian church, we work with the other Christian churches in the island, we're not freaks, we're not bandits, we're working with the church in Jersey to proclaim that same message, of Jesus. Ultimately it's what our project is tied into, but, and it's an important but, our doors are open to everyone, you don't have to be a Christian to come here."

Taking on such a major project means that the building is being completed in phases. The opening date is yet to be confirmed, but is hoped to be later on this year. We were lucky enough to take a look at the completed auditorium, which currently seats 150 people and can be utilised as a performance space as well as a screening room and shows the high quality of the work that is being undertaken. The front foyer area will be a café and youth drop in centre. It'll be occupied three nights a week, initially, for all of their youth based work and there are many other exciting projects in the pipeline.

"All of the hard work currently being undertaken, other than that requiring specialised skills, is being undertaken by members of the church who are all volunteering their time. They have spent countless hours scraping walls, cleaning floors and helping to make phase one a reality." Whilst the building remains in the process of being developed the members of Freedom Church continue to conduct events within the community. For example, over the years, thousands have walked through the Freedom Church half way checkpoint on the Collas Crill Island Walk. This has become renowned for its hospitality, live music and a wide variety of cakes. "When we run an event as church, it is our aim to express something of the love of God to our community. "

You may also have seen the Freedom Street Team in their blue jackets on Saturday evenings in St Helier. Sarah Hawthornthwaite oversees the 15 volunteers who make up Freedom Street. They give out bottles of water and lollipops, administer First Aid, and generally do what they can to help to keep young people on the streets informed and safe.

"Jersey Water have helped us with resourcing Freedom Street and we have support from St Helier Youth Committee, Rotary Jersey and also the Association of Jersey Charities for the phase one project of Freedom Centre. It's brilliant that so many have understood our vision and we are grateful of the help they've given so far."

When the church was set up six years ago, why and how did you choose the name? "Freedom is a statement about our position, more than it is a name. The bible says 'for whom Jesus sets free, is free indeed' and that's a message we carry in us. So, we called the church Freedom, because we believe that the Christian gospel is all about freedom."

In the fast paced world that we live in, the work being undertaken at Freedom Centre provides a good lesson in the importance of hard work, commitment and the significance of community, the church currently consists of 400 members, many of whom have played a role in getting the centre to this point. Tim concluded by saying "We're really excited about welcoming everyone into the Freedom Centre later this year. It has taken us a while to get to this point, but we are in this for the long haul and it's going to be good."





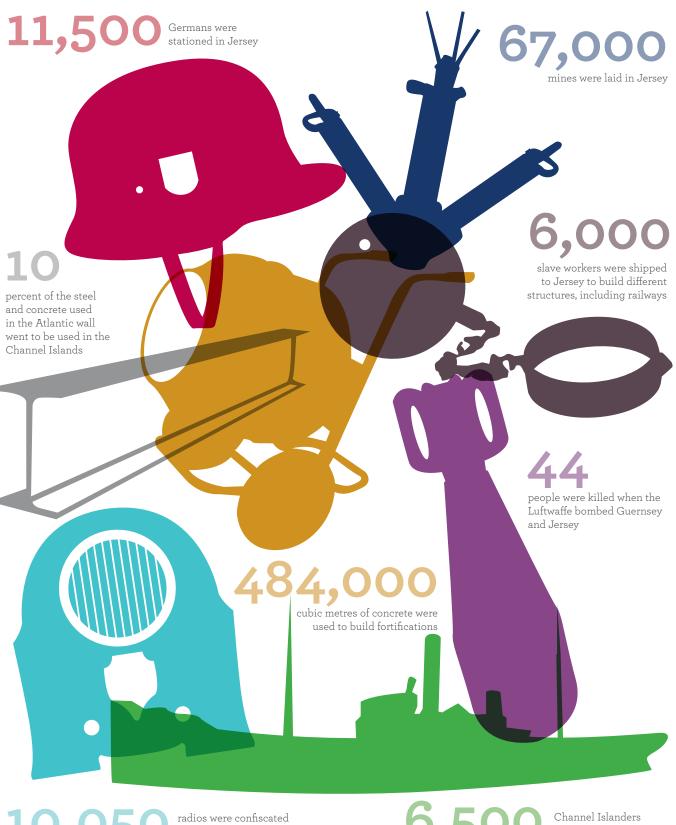


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NEWS IN NUMBERS

LIBERATION FOCUS



10,05 during the Occupation were evacuated

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Calling All High Flyers!

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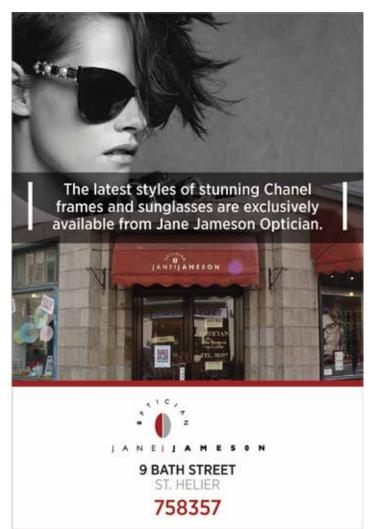
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Paul Mooney

Breed: Hairdresser.

Age: 45

Likes: Banjos Margaritas and a Drifters

Scottish breakfast.

Hates: Bad service and sharts!!!

If you were an animal what would you be: Michael Jackson's

chimpanzee Bubbles.

Wants: To be 6ft 4" with an afro.
Interesting facts: I have worked
on 20 Hollywood movies, Strictly Come
Dancing and had pizza with Vivienne
Westwood.

Most impressive thing you've

done: After being invited on Tom Hanks private jet whilst working on the Da Vinci Code Movie (I was styling Audrey Tautou) I fell asleep and snored loudly the whole journey, much to Tom's amusement.

Jack Mooney

Breed: Jack Russell.

Age: Two years old.

Likes: Roller blading & eating carrots.

Hates: Baths & birds.

If you were a human who would you be: Alan from the

Hangover!

Wants: A big garden and a brother or

sister

Interesting facts: I can sing along to karaoke & I'm great at playing dead.

Most impressive thing you've ever done: When I was a pup I peed at pinewood studios and played with lots of

A list actors.

Spoil your Dad this Father's Day

On Sunday 21st June, your Dad can enjoy *FREE admission to Durrell, a half price big breakfast, plus 10% discount in the shop. Our range of gifts for men will surprise you... and your Dad, too!



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to print off your Dad's coupon/gift voucher

*Free admission for Dad with the purchase of any full-price child or adult's general admission ticket.

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Choughs

words | Deirdre Shirreffs



Choughs (pronounced chuffs) are members of the crow family. Their plumage is pure black but they are easily recognised by their bright red legs and long red beaks.

They like to live near cliffs where they can use their strong wings to fly and swoop in the air currents. They make various calls, one of which sounds like their name. Choughs used to live in Jersey but became extinct by 1900. Recently a programme has started to restore the chough to Jersey.

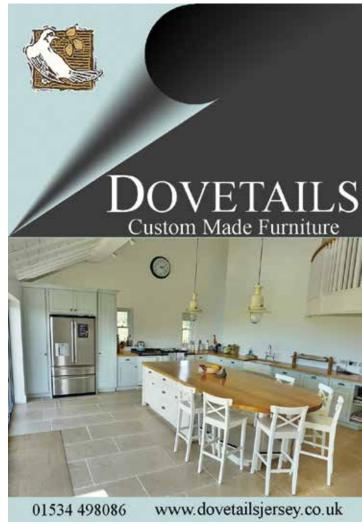
Birds are raised at Durrell and some of these are then released on the North coast where suitable habitat has been created. They are closely monitored and, to begin with at least, they are supplied with food. They have been fitted with radio transmitters on their tail feathers so that they can be tracked – at least until they moult and lose those feathers!

Choughs require grassland to feed as they use their red beaks to probe the soil for insects and other invertebrates. They are particularly fond of crane fly larvae and ants. They pair for life and make a nest of sticks in a crevice on the cliff although the Jersey birds have been supplied with nest boxes. Three to five eggs are laid between May and July. Young birds can be distinguished from the adults by their paler beaks.

Choughs are very strongly associated with Cornwall and feature on the Cornish coat of arms. They were known as the crow of Cornwall in Wales and Scotland. A Cornish legend states that King Arthur was transformed into a chough so killing one was unlucky. The red legs and beak were thought to be blood from King Arthur's gory death. Other folklore states that choughs were thieves stealing small items from houses including burning wood or lit candles which they would use to start fires.

Choughs also became extinct in Cornwall by the 1970s. However they recolonised naturally in 2001 and are gradually increasing in number. In fact the Jersey birds came from the Cornish project.









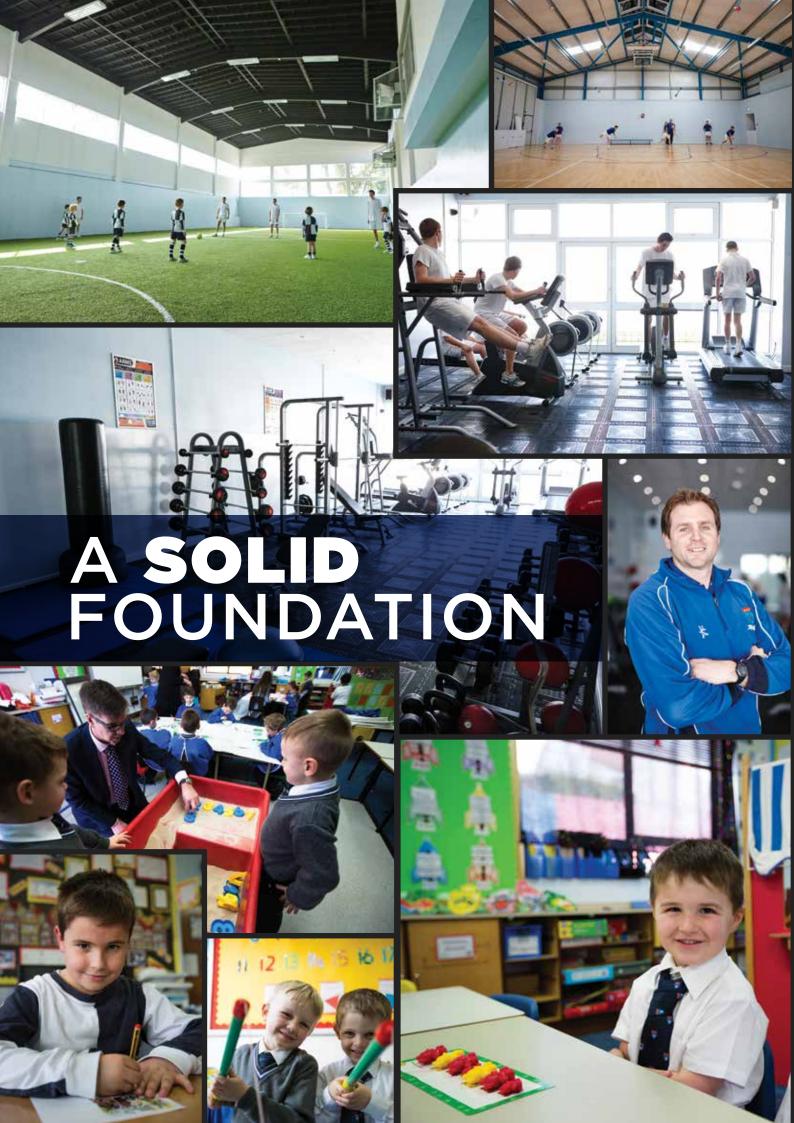


AFTER THE ISLAND GAMES IT'S TIME TO PLAY BALL



25TH JULY 2015 LES ORMES, ST PETER

REGISTER AT WWW.GALLERY.JE/DODGEBALL



Established in 1917, De La Salle College has seen thousands of students pass through its doors over the past century. But despite having a solid foundation in Jersey's history, the school is now more modern than ever and has developed both the academic and practical opportunities available to its students.

Most recently, the PE department has welcomed two fantastic new additions to their facilities; a full fitness suite complete with cardio machines and strength and weights apparatus, as well as becoming the only school on island to have a 3G all-purpose pitch, on site.

The 3G pitch is used by both primary and secondary students; an example of the continuity throughout The College. This is further built upon with the Year 6 transition timetable, where students spend half their days within the Secondary environment, with access to all the facilities and teaching staff, making for a seamless transition into Year 7.

Head of PE, Mark White said of the college:

'I feel extremely lucky to be the Head of PE at De La Salle, I have an excellent team of staff who have a wide range of knowledge and skills across a number of different sports.

With the opening of the new indoor 3G pitch and fitness suite we now have four different indoor spaces, providing facilities that are unmatched by any other school on the island.

We can fully utilise the expertise of the staff and offer a broad range of sports and activities in our curriculum, and through our extra-curricular programme.

De La Salle sport embraces 'Excellence' and 'Sport for All' – the two are not mutually exclusive and co-exist comfortably, enabling pupils to benefit from a huge variety of sporting opportunities.'

Not only have the Sports facilities at the college grown, but so has the teaching team. Head of the college, Jason Turner, has appointed some of the island's ex rugby first team as teaching staff, including Paul Rodgers, Dave McCormack, Kingsley Lang and Tommy Turner.

Jason explains 'We are particularly lucky that we have a team of PE teachers who are able to inspire and motivate our students from their personal, professional careers as sportsmen. On our PE staff we have two former Rugby Development Officers, two former players at JRFC and an international rugby player, alongside staff who work to develop football, cricket and athletics in the island. The motivation that this provides for young men who want to participate in sport at the highest level is fantastic.'

Paul Rodgers, ex first team captain of Jersey Rugby Club, said of the new facilities 'Both the fitness suite and 3G pitch are fantastic additions to the school, and will be a great asset in terms of teaching and learning.'

To open the new facilities, the college invited their head of chemistry, and newly crowned 'Channel Islands Sports Personality of the Year', Lauren Devine, along to do so.

Jason Turner says 'We are delighted that Lauren has opened our new facilities. She is a role model of the successful sportsperson; prepared to make the sacrifices necessary to achieve her best. The Pre-Reception class will be for boys aged three, turning four within the academic year. It will be fully integrated within the Primary school, so that the boys benefit from all the opportunities of the school whilst enjoying their own dedicated Pre-Reception base and curriculum.

This also means that De La Salle will be the only establishment on island to provide continuous education from aged three to 18.

The Pre-Reception boys will have their own uniform, specially tailored to the age group and their needs, and will be based next door to the Reception class room, thus helping with the transition stage the following September.

"The Pre-Reception class will be for boys aged three, turning four within the academic year. It will be fully integrated within the Primary school, so that the boys benefit from all the opportunities of the school whilst enjoying their own dedicated Pre-Reception base and curriculum"

I can think of no one better to inspire the boys to reach for the best in all that they do.'

While Lauren added "Having such great facilities indoors means so much for the boys and the PE staff, they can enjoy themselves and apply themselves all year round without interruptions caused by weather.

Many of the students use the facilities and lunchtime and it can also be used to hold sports events to raise money for each of the House charities, it's more than just an 'indoor pitch'. It's just a shame there's no netball posts!"

Also noted by De La Salle old boy Trevor Wood, ex professional goal keeper for Brighton, Port Vale and Northern Ireland "These are fantastic facilities and would be the envy of any training club."

However this isn't the only exciting news that the college has to share; starting in September 2015, they will be opening their doors to a younger generation as De La Salle Pre-Reception is opened.

Primary Headteacher Gary Coutanche said 'This is a very exciting development for the college. We know that we provide an excellent education for the boys, and our Pre-Reception class will allow families to access our positive, happy, caring and successful school at an earlier age. I am very much looking forward to welcoming our first Pre-Reception boys to the school in September."

Assistant Headteacher in the Senior School, Justin McCarthy, added 'The adjustment period for children starting school either at primary or secondary level can always be challenging. After many years here at De La Salle I can see the benefit of the continuity offered and believe that this expansion for younger years will greatly assist the integration period for both the boys and their parents.'

For more information regarding the Pre-Reception expansion or availability within other year groups, you should contact the Marketing and Admissions Officer Aimee Young on 01534 754110 or a.young@dls-mail.co.uk



Prosperity Day

o you have a work score to settle? Want to prove your team are the cream of the crop? Or would you just like your competitors to eat your dust? Well now you can 'vent your fury' and all in the name of charity as the Channel Islands celebrate the inaugural Prosperity Day.

This special day of cycling fun and fundraising has been brought to you by leading technology specialists Prosperity 24.7. Two competitive cycling events will take place on 24 July 2015 in Jersey and Guernsey. The whole intention is a huge amount of fun for three brilliant causes – Autism Jersey, Autism Guernsey and Mind Jersey.

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CHOOSE YOUR EVENT



'Figure of gr8' Pan Island Ride

Starting in Guernsey at 5.30am, cycle the circumference of Guernsey, jump on the ferry to Jersey, cycle the circumference of Jersey, join the party at Broad Street and cheer on the head to head virtual racers.



'Head to Head to Head' Virtual Sprints

Starting at 10am and running through to 3pm there will be 30-minute static races using 3D race technology and turbo trainers. Businesses are welcome to register teams of three for this event, which will be held in Broad Street. It's an opportunity for rival businesses to race head to head and settle old scores!



For the 'Figure of gr8' you will need to be a keen cyclist and available to start in Guernsey. Although this is definitely NOT a race, you will be cycling up to 160km over the course of the day (with a grateful break in the middle). This is being arranged in partnership with the Rouleurs Cycling Club in Guernsey – to register interest (and to start training!) go to: www.facebook.com/groups/GuernseyRouleursCC/

The 'Head to Head' requires teams of three for a less 'intensive' work out designed for corporate participation. Three races have already been claimed, the first will see 'JTC v Aztec v First Names Group', the second 'KPMG v PWC v EY' as well as 'Sure v JT v Airtel. You can register interest by emailing: events@prosperity247.com or jumping straight in at www.race-nation.com/prosperity-day-2015 but get in quick to avoid disappointment! There are only 18 slots to race available, you will need to pay a registration fee of £500 and a minimum commitment to raise £500 per team is required to ensure the donation target is achieved.

THE RULES OF THE ROAD To win you must score points:

Race performance – based initially on heats and then two semi-finals of three teams, followed by a final three-way race, this will enable the following points to be allocated:

1st 15 points
 2nd 12 points
 3rd 10 points
 4th 9 points
 5th 8 points

Obviously, this is about making a significant **charitable contribution** so fund raising performance is critical to ensure you win. Points for fundraising will be allocated as follows:

£500 - £999 7 points
 £1,000 - £1,499 8 points
 £1,500 - £1,999 9 points
 £2,000 - £2,499 10 points

£2,500 - £3,499 11 points £3,500+ - £4,499 13 points

• £4,500+ 15 points

TIME

There will be a podium finish for the 'Head to Head to Head' competition on the evening of Friday 24th July at the Museum Brasserie, St. Helier. The scores will be combined and the winning teams (1st/2nd/3rd) will be announced. This will be an opportunity to mingle with other competitors and celebrate the success of the event.



Like the concept but don't want to race?

If you think that the event is brilliant but you don't want to take part, you are still welcome to help the charities by making a contribution on the event page here – www.race-nation.com/ prosperity-day-2015

You can also follow the preparations and the progress on the day at www.facebook.com/prosperity247 on twitter @P247 or #ProsperityDay or at www.prosperity247.com/prosperityday

Don't Forget..... Prosperity Day24.7.2015

ProsperityDay

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GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Jersey Post launches new space stamps

Eight stamps featuring images from the Hubble Space Telescope were issued by Jersey Post last month, commemorating 25 years since its launch into space.

Hubble was launched by NASA on 24 April 1990 attached to the Space Shuttle Discovery. The next day, it was released into low Earth orbit, opening a new chapter in humanity's understanding of space. Since that time, Hubble has provided over one million observations, noted 38,000 celestial targets and has circled Earth more than three billion times, travelling at a speed of 17,500 mph.

The stamps are accompanied by a Miniature Sheet featuring the Hubble Space Telescope itself. One of NASA's most successful missions ever launched, the Hubble Space Telescope provides data for thousands of astronomers around the world. Its findings are responsible for more than 11,000 scientific papers published to date, making it one of the most productive scientific instruments ever built.

The stamps are available to buy from all branches of Jersey Post. Philatelic stamp products such as stamp sets, the Miniature Sheet, First Day Covers and Presentation Packs will be available from the main post office at Broad Street, St Helier, Jersey on issue day and can be ordered now at www.jerseystamps.com

Jersey Association of Youth & Friendship

The Jersey Association for Youth & Friendship (JAYF) was constituted in 1961 with the objective to provide a good home for working boys & girls between the ages of 15 & 22 who were in need of a home, security and help during these formative and critical years.

JAYF was started as a result of a talk given to the Ladies Literary Lunch by the late Sir Basil Henriques, a London Stipendiary Magistrate who had worked with young people in London after they had left institutional care and who were sent out to make their own way largely unsupported. They are an independent Jersey charity relying almost entirely on funds raised within the island, much of which comes in the form of The island-wide Open Garden Scheme, sponsored by Moore Management, which takes place throughout the year.

Needs have changed over the years as has the type of accommodation but JAYF still provides a vital role in providing a home for youngsters under the age of 22 who find themselves on their own in circumstances beyond their control & having been denied normal family life.

There are four hostels of the bedsit type for about 30 youngsters in all . Each has house parents living in and there is a full time counsellor on hand to give 24/7 access for emotional support, help with employment & advice on training & education. This is the key - responsible adults living in the hostel giving in loco parental care as well as security.



Check out our listings section for May's open gardens.



JT "listening to customers throughout the community".*

JT has announced that calls to local landline numbers (01534) made from its Island-wide public phone boxes will be free of charge. This community-focussed initiative has been announced by JT to help remind Islanders of the valuable role that its phone boxes still provide for the community.

There are 104 phone boxes around Jersey, including those at the Ports of Jersey and the general hospital, which continue to provide a valuable public service for Islanders, particularly in an emergency.

Tim Ringsdore, Chief Relationship Officer at JT, said: "We are aware of the decline globally in phone box usage and while it means high ongoing maintenance costs, we believe there is still a need within our community to provide payphone services. To recognise this important role we have decided to provide free local landline calls from all our public phone boxes.

"From our research and listening to customers throughout the community, we recognise phone boxes are still used and we hope by offering local calls for free we are helping people who rely upon them for day-to-day communication and to the wider community. Phone boxes can still play a very important role in an emergency, or for example when someone loses their mobile phone, or when they are without credit or battery life on their mobile."

Showing support for the initiative, Island Commissioner for the Jersey Scout Association, Paul Tucker said:

"Traditionally Scouts are encouraged to be prepared to lend a hand in any situation and part of that has been to carry coins for an emergency phone call. Today with more and more owning their own mobile phones this is no longer as relevant, however, in the spirit of being responsible citizens we recognise the value in JT introducing free local calls from public phone boxes. This is great news particularly for young people and we are pleased to support JT in publicising this free service."

*we don't think this means they're tapping your phones!





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GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



The Stormtrooper's reluctance to get involved and wear a hat was noted and dealt with at a great distance by Lord Vader at once.

Hats4Headway Day

Headway Jersey is asking islanders to help raise vital funds by taking part in Hats for Headway Day and donning a hat for a day.

The charity, which provides essential support and services to local people following brain injury, is asking for local companies, community organisations, schools and colleges to sign up and get involved with the event, which takes place on Friday 22nd May.

There are lots of fun and easy ways you can support us on Hats4Headway day. Why not get sponsored to wear a funny hat all day, or organise a "keep your hat on' challenge? Participants found not wearing their hats will receive a fundraising fine!

You could host a best or funniest hat competition and offer a prize for the most creative entry.

Hold a dress down day or cake sale.

Create a 'photo booth' with a variety of wonderful and wacky hats!

"Hats for Headway Day is a really easy and fun way to raise funds for the charity," said Louise Stirling from Headway Jersey.

"All the money raised from the event will go towards helping us continue to support local people affected by brain injury, which can have a tremendous impact on lives and happen to anyone at any time. So please get involved and help us to continue to improve life after brain injury and further develop and expand our services."

Last year's event saw a number of businesses; clubs and organisations in the town get involved, including Bean Around the World, Moo and Jersey Employment Trust helping to raise funds for the charity. We are hoping even more Islanders get involved this year.

For more information on Hats for Headway Day or to download a poster for the event, visit www.headway.org.je, call Headway on 505937 or email: loustirling.headway@gmail.com



Peter Pan is no longer on the curriculum no thanks to two of the subjects in this photograph's reluctance to grow up. They've been in this class for years...

Good news for Young Jersey heritage buffs.

Young Jersey heritage buffs and culture vultures will be enjoying the latest editions of the Jersey Heritage My History Scrapbook and Annual, as this year's jam-packed season of Jersey Heritage activities and events kicks off last month with Discover Dragons at Mont Orqueil.

3,400 My History Scrapbooks have been delivered to Reception and Key Stage One primary school pupils. Sponsored by Lloyds Bank, it is full of quests, games and fun facts to help youngsters engage with the Island's rich and varied heritage and culture, through the use of unique characters developed especially for Jersey Heritage. As well as supporting classroom learning, children can take their Scrapbooks along to the series of seven Discovery Days, where the information is brought to vivid life through living history characters and activities designed to help young Islanders understand more about our past and present. Themes this year include Discover Dragons, Discover the Occupation and Discover Bugs and Birds.

Helen Otterwell, Family Events Coordinator at Jersey Heritage said: 'The My History Scrapbook, Annual and Discovery Days are some our most successful initiatives, helping young Islanders engage with our heritage and build an understanding of how we have evolved over the centuries.'

Tim Cooke, Islands Director at Lloyds Bank added, 'Lloyds Bank has worked with Jersey Heritage for a number of years. We are delighted to be able to continue our support for such a dynamic organisation which makes the rich heritage of the island accessible and interesting for all generations.'

Key Stage Two pupils, aged 8 - 11 years old, will also receive the Jersey Heritage Annual. 4,200 annuals have been produced ready for the summer term. It is a comic style book, packed full of fun facts and learning activities for children from Year Two to Year Seven.

Local charities receive financial boost from the Lloyds Bank Foundation

The Trustees of the Lloyds Bank Foundation for the Channel Islands have announced that awards totalling over £200,000 have been made in its latest round of grants.

The Lloyds Bank Foundation for the Channel Islands is one of the largest sources of charitable funding in the islands, dispensing almost £1 million a year across the Bailiwicks. Grants are made in three tranches each year and the latest recipients in Jersey are Silkworth Lodge and Caring Cooks.

The Lloyds Bank Foundation for the Channel Islands aims to support and work in partnership with charitable organisations that help people, especially those who are disadvantaged or disabled, to play a fuller role in communities throughout the Channel Islands.

Applications for the next series of grants should be made using the official application form which can be downloaded from www. lloydsbankfoundationci.org.uk or by calling 01534 845889.

Radisson Blu pledges to support Mind Jersey through 2015

Radisson Blu Waterfront Hotel has pledged to support mental health charity Mind Jersey throughout 2015 by hosting a range of events and initiatives.

Activities to support the Charity are already underway for 2015 with the launch of a £1 on bills donation scheme, with 50 pence going to Mind Jersey and the other 50 pence supporting the Radisson Group's chosen charity World Childhood Foundation. The Hotel also hosted a sponsored bed making competition in February, encouraging islanders to beat the housekeeping team's record of 2.44 seconds.

Executive director of MIND Jersey James Le Feuvre said: 'Mind Jersey is delighted that Radisson Blu Jersey has decided to support our charity during 2015. We are a small and independent local charity that provides support to people living with mental illness. We have a vision of a society that promotes and protects good mental health for all and treats people with experience of mental illness, fairly, positively and with respect'.

Mind Jersey is affiliated with Mind in the UK, but all money raised by Mind Jersey stays in the Island and is used for the benefit of Island residents.

JERSEY'S STYLE MAGAZINE

EVENTS



22/06-02/07 49.1758° N, 2.1258° W



FIND OUT MORE













Official Opening of the De La Salle 3G pitch and Fitness Suite DE LA SALLE COLLEGE

WEDNESDAY 25TH MARCH

The facilities were opened by Lauren Devine, Head of Chemistry at The College, and recently crowned 'Channel Islands Sports Personality of The Year'. Students from the Pupil Enrichment programme for Sport were invited along; many of whom have reached outstanding levels

in their own sporting achievements, both in and out of school. Head of College Jason Turner made a speech and thanked all attendees; staff, students and special guests, for their efforts.













HealthHaus 1st Brithday HOTEL DE FRANCE 2ND APRIL

Healthhaus threw a champagne and peacocks themed party for members. Guests enjoyed champagne and specially designed cupcakes whilst listening to live music and having fun in the photobooth. Nathalie Le Mottee said: "Thank you to all our members and guests

who came to celebrate our 1st birthday with us - we had a ball! Thanks especially to the Hotel de France and Delta for the amazing set up and also to Terry Arthur and Hot Fuss and the lovely peacock ladies for keeping us all entertained!"



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Flood" by Dan Baldwin

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// May 2015

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The Radisson Road Trip supports The Jersey Epilepsy **Association**

RADISSON BLU WATERFRONT HOTEL 28TH MARCH 2015

The inaugural Radisson Road Trip was a novel way to raise £1,300 in support of The Jersey Epilepsy Association. Teams of four to five people followed clues directing them to various landmarks around the Island. When they reached the correct destination the teams collected purple items of clothing before continuing to the next location. Forty-five people got into the spirit of

the day by donning the purple items. The winning team was The Pirates from GoldMoney. The losing team was awarded the purple brush award, in honour of the biggest blunder of the day, for taking all the treasure items from one of the checkpoints and causing plenty of confusion in the process. The fun scavenger hunt was followed by a gala dinner at Radisson Blu.













Apples and Pears Opening and Tasting Evening

10 BOND STREET

THURSDAY 26TH MARCH

Real ale and gin combined with traditional fayre in a unique new pub experience has opened in Jersey. Located on the site of the former Rojos cocktail Bar in Bond Street, the lower floor of the venue is similar to a Victorian ale house. The venture is the brainchild of Jon Le Sueur, a member of the

committee that brings the Campaign for Real Ale Beer and Cider festival to Jersey each year. Upstairs the cafe-style eatery serving traditional homemade grub is run by Maxine Le Lievre and Linda Chevalier. Pub patrons can order food at the bar and then go upstairs to enjoy when it is ready.

TRAVEL



With up to 6 flights per day, you can now arrive closer to where you need to be at a time that suits you, and allows half day trips to the city!



Arriving in the heart of London is now even more convenient





Schrager 'the daddy of designer hotels' has joined forces with 'Marriott' to give the boutique hotel experience a new lease of life. The outcome – another jewel in Fitzsrovia's already remarkable crown. Gallery were lucky enough to try it out...

Celebrity hotelier Ian Schrager is renowned for design led, service light establishments and this 5-star hotel is a beguiling mix of traditional and contemporary styles – complete with an unrivalled location – just moments away from a handful of fashion's most coveted labels, London's most iconic attractions and every cuisine imaginable. Brimming with art, culture, shopping and dining, the Edition's bohemian neighbourhood only adds to this hotel's unique charm.

The establishment is every bit as alluring from the outside as it is on the inside. Doormen rush to welcome the fashionable crowd through the eloquent doorway, which encases a magnificent lobby bar complete with sky-high, stuccoed ceiling, stainless

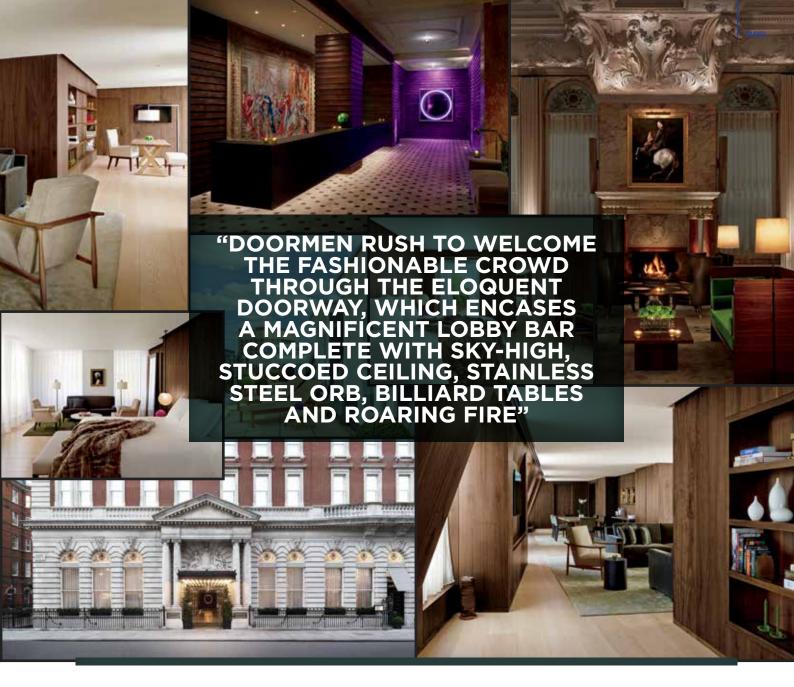
steel orb, billiard tables and roaring fire. To the right is Berner's Tavern, an equally aesthetic space, with loft-like ceilings and walls flaunting no fewer than 185 artworks, all peering out from antique-style frames. It comes as little surprise that the London Edition's restaurant was bestowed with the ELLE Decoration Award for Best British Interior in 2014.

The food – which is every bit as enticing as the décor, owes itself to Jason Atherton – the culinary connoisseur behind the Michelin-starred Pollen Street Social. Dining here is a real occasion and the menu swanks an edgy twist on traditional British cuisine, consisting of produce sourced solely in the UK.

After dinner drinks are a must and the wellstocked bar plays host to an encyclopaedic menu of must-try cocktails. Tempt your tastebuds with the likes of a 'Late British Shake Off', 'Vintage Vesper', 'Aging Hipster' or 'Blood and Smoke' concoction. And it doesn't end there, downstairs, the basement boasts a 'Studio 54' style get-up, where DJ's dish out a series of bouncing beats, guaranteed to bring on the Saturday night fever.

When you can dance no more, simply retire to your lavishly styled suite. Blending a sense of the past with a style of today, bedrooms play second string to social spaces. Cosy, sophisticated and inundated with natural light, rooms are decked out with oak floors and walnut panelling, and exude an elegance more suited to a super yacht than that of a city-central hotel. From the desk, which appears cantilevered off the walls, to the luxurious linens, the artfully strewn faux fur throws, soft, inviting shades and tufted George Smith lounge chairs – the designer décor sets a new standard for luxury hotels in London. Select rooms, including the

↓ ✓ | gallery JERSEY'S STYLE MAGAZINE



Penthouse suite, offer oversized terraces with fantastic city views, lounge chairs and castiron bistro tables. Returning back to our room after a successful shopping trip, a welcome note and two Elderflower and Gin Cocktails awaited our arrival, both served in chilled glass bottles, freshly made by the Lobby Bar's Mixologist Matteo – a much-appreciated touch that shows the London Edition is very much about a personal service.

Breakfast in Berner's Tavern is every bit as enjoyable as dinner and if you fancy a lie in, you needn't worry as last orders conclude at 12pm. Our plates arrive brimming with Severne & Wye cured smoked salmon and scrambled eggs, with lashings of buttery spinach. Additional offerings include moreish hazelnut waffles, avocado on toast, crispy middle white back bacon sourdough sandwiches and melt-in-themouth buttermilk pancakes – washed down with freshly made juices. The curly kale, apple, cucumber and lime concoction is a guaranteed pick-me-up! With dishes on par with the surroundings, it's no wonder

this establishment has been dubbed the 'new gathering place for all day dining and entertaining'.

Once inside the realms of the London Edition, you'll find it difficult to leave – and with ground-breaking innovative design, outstanding dining, on-tap entertainment and a personal, friendly modern service – you'll find little reason to want to.

10 BERNERS STREET LONDON W1T 3NP UNITED KINGDOM Rates from £270 PHONE +44 020 7781 0000 www.editionhotels.com

Getting here from Jersey: Fly Blue Islands direct to London City Airport and avoid the Gatwick rush, hop on the DLR to Central London (leaves every 15 minutes) and take the Central Line to Oxford Circus. Berner's Street is a six-minute walk from the station.

Alternatively, you can book a private car from the airport in advance by calling the Hotel Concierge. If you're hiring a car, parking is a three to five minute walk from the establishment and costs £10-15 per night.

BECAUSE QUALITY MATTERS gallery | 45



The almost middle aged students take on a city break.

four-day weekend with nothing planned is an enticing prospect for almost everyone. So when back in February my friends suggested we look for somewhere to escape to over Easter I got to checking out European city break destinations, yes that's right I have got to a point in my life where I'm considering 'city breaks'.

With the recent reduction in our direct to Europe transport options Paris wouldn't have been my first choice, until I started thinking with a little more student-like logic and turned my attention to trains and the boat option. Hopping on the Condor after work on Thursday over to St Malo, staying overnight in a hotel opposite the train station and a train directly into Paris sounds like a few steps but couldn't have been easier. By booking our hotel early enough (thanks booking.com) the total cost of getting to Paris was around £140 per person, return.

If you haven't considered heading to Paris on the direct SNCF TGV train service from St Malo before, then add it into your travelling options mix. I can't recommend it more highly. If you're even slightly on the fence about paying the extra euros to travel in first class, this is not a time for being thrifty, do it! The seats are like comfortable armchairs and there are plug sockets beside them and tables which allow you to sit and enjoy a variety of activities during the three hour journey direct into Montparnasse.

So that solves getting there, next accommodation. The options in Paris are almost endless and incredibly confusing if you've not been to the city before. Well allow me to further help you there too. As this trip had already taken a slightly studenty turn, staying in a hostel seemed like the obvious solution to our accommodation quandary, not least because there were three of us going. I'm a big fan of the hostel in a new city, they're a great alternative to a hotel and usually offer you the chance to meet other people and pick up some good tips on places to visit. I stayed in a fair few hostels whilst travelling around South America last year (total cool destination drop), but never before have I stayed in a Generator Hostel, and will I again, hell yes!

The Generator in Paris is a good example of where the slick and cool hotels we've become used to merges with the convenience, price and flexibility hostels can now provide. This hostel had all the things we've come to expect from a good hotel, funky interiors and design, comfortable beds, good linen, great communal areas, attentive staff etc. Oh and free reliable WiFi throughout, that's something that makes it stand out from the crowd. All sounds too good to be true doesn't it, so what don't you get? To be really honest the things that are missing are not exactly deal breakers, there's no room service (you're in Paris, why are you staying in your room?), or a TV (again, Paris...) and if you need a hair-dryer then you'll need to pop down to reception, a tiny bit of a faff, but really not the end of the world.

Once you're in situ in Paris then your entertainment options are once again endless. The Generator itself is based In the emerging district of the 10th arrondissement, where you can take a stroll through Buttes-Chaumont park and mix with the locals, wander from art galleries to vintage shops or relax in a café by the Canal St-Martin just a five minute walk away. It's also directly opposite a Metro station, which opens up the whole of Paris for you to explore.

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We combined a mix of visits to fullon tourist hot spots with some less conventional offerings recommended by friends who are regular visitors to the city. You can't visit Paris and not see the Eiffel Tower, but be warned if you're planning on getting to the top book your tickets online to minimise the length of time you have to spend in a queue. Consider looking in to purchasing a Paris Pass (www.parispass.com) if you know you're going to want to hit lots of the museums and cultural sites on your visit, then this will save you both time and money, it also includes unlimited Metro travel and will save you having to have one of the tiniest transport tickets you've ever seen, whilst constantly fearing you'll lose it! It'll also give you access to the hop-onhop-off open top bus tours.

On day one, having first borne witness to the stunning architecture that is the Louvre we headed over the Pont des Arts (the bridge that is home to countless 'love locks'), where you can add your own padlock if you wish (there are plenty of people selling them and markers to personalise your lock), then head to Saint-Germain-des-Prés, for shops, restaurants and afternoon tea at Ladurée (21 rue Bonaparte) where you'll be wowed by their selection of colourful macarons. After this we continued our walk to see the Notre Dame (the hunchback wasn't in) and then back over the river once again to pay a visit to the Pompidou Centre, the home of modern art in the city. We then had to stop for much needed cocktails, this is likely to

be where you'll spend most of your money! And for those of you that didn't know, it is claimed the Bloody Mary was invented in Paris, at Harry's New York Bar (5 Rue Daunou), we went and checked it out, they're pretty good!

Day two included, a metro to the base of the Sacré-Cœur and the walk up the many steps to visit one of the most beautiful religious buildings I've seen with a cracking view of the city. Followed by a wander through Montmartre, swiftly followed by a whistle-stop visit to the Eiffel Tower, get off at the Trocadéro Metro stop to grab a great view of the tower and walk across the Seine to get to the monument itself. Then it was the Arc de Triomphe de l'Étoile, which you can pay to get inside and up, but to be honest it'll involve another queue and is just as magnificent from ground level. From here you can walk the



length of the Champs Élysées and back to the Louvre through the gardens. In total we walked around 36km (thanks trusty iPhone health app) over the two days we were in the city, which coupled with our Metro stops was a great way to see the city and also meant the return journey was a welcome break.

Whether you're a culture vulture, want to shop until you drop or just spend your days eating and drinking then you will be spoilt for choice during your visit to this beautiful city. If you love architecture then the exterior of a great many of the buildings you visit will be enough to blow your socks off, a visit to Paris should always include regular breaks to stop and stare at the buildings that surround you. Even during what was actually a rather drizzly visit, I was reminded what an incredible city Paris is and I can't wait to book my next trip.



WWW.GENERATORHOSTELS.COM OTHER DESTINATIONS INCLUDE: BERLIN, VENICE, COPENHAGEN, LONDON, ROME, BARCELONA AND DUBLIN.

PRICES: SHARED ROOMS FROM €25 PRIVATE TWINS OR DOUBLES FROM €98 TERRACE ROOMS (PICTURED) FROM €128



In this month's Gallery, we've scoured the globe for unique travel ideas to encourage you to make spontaneous decisions, take risks on a whim and break boundaries you never thought possible.



Taking a year out, working abroad or just looking for something out of the ordinary...with a round the world ticket, the world is your oyster. Budding travellers have the freedom to create a trip that is uniquely theirs!

From island dreams to city scenes, having the freedom to hop on a plane, train, coach or boat and explore as little or as much of a place as you please, is a joy and one that introduces us to greater diversity. Whether you go off the beaten track or stick to the backpacker trail, travel fuels curiosity, allows you to discover new things, connect with the cultures of faraway lands and awakens your inner child.

From sample itineraries to designing your own trip, there are various routes available, including Africa – Asia and the Middle East – Australasia and South Pacific – North and Central America – South America

Multi stop routes start from £399, RTW from £939 – dependant on the airline and time of year.





BE SPONTANEOUS:

ENJOY 45 HEART-STOPPING SECONDS OF FREE FALL IN INTERLAKEN, SWITZERLAND.

Living life on the edge takes more than getting a smiley face tattooed on your ass. Feeling particularly badass? Get ready for some high-altitude recklessness and head to the snow-capped Swiss Alps. This particularly picturesque place is not only the goto destination for an abundance of ski holidays, it's also one of the most popular spots for skydiving newbies.

Where to stay: Balmer's Herberge at the base of the Alps, they'll party your nerves back to normal!

How to get there: Fly to Geneva or Zurich, where you can get a transfer to Interlaken.

For more information on skydiving packages, visit www.outdoor-interlaken.ch

The Galápagos Island's are often described as a natural phenomenon; after all, they're the crucible from which Charles Darwin's cataclysmic philosophy of evolution began.

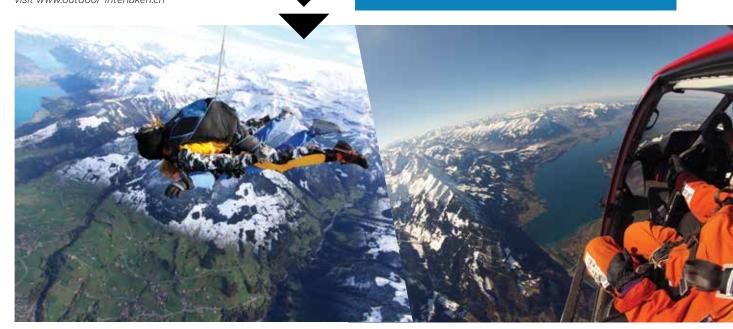
From the blue-footed boobies to the sea lions, giant tortoises and marine iguanas – a trip to this amazing corner of the globe is a little like starring in you very own nature documentary.

Where to stay:

On board any of the vessels available at www.galapagosislands.com - choose from intimate options sleeping just 12 people, or larger motor sailors, that accommodate up to 16 passengers.

How to get there:

Book an international flight to Guayaquil, from there you can take a transfer.





captivated the adventure-seeker. An upsurge in modern eco-tourism has made it easier than ever for travellers to experience epic jungle landscapes.

Boasting an unforgettable mix of nature and culture, the Malaysian state of Sarawak will go above and beyond your wildest expectations. From the diverse cultures to the mighty rivers, incredible cave systems, White Rajas and epic wildlife - this is a destination perfectly suited to the jungle-trekking enthusiast.

Where to stay: The award-winning Lubok Kasai Jungle Lodge - boasts a stunning riverside backdrop and sits on the tip of the rainforest - a must for adventure-seekers who wish to experience a totally natural and tranquil setting. Lubok Kasai is located a 30-45 minute longboat ride from Nanga Sumpa - described as one of the most beautiful areas of Sarawak.

How to get there: Fly to Kuala Lumpur, followed by a separate transfer to Sarawak's capital of Kuching.

For more information on accommodation and the types of tours available, visit www.borneoadventure.com

We make our best discoveries on a whim.

From accidently stumbling upon a humble stretch of Mediterranean coastline to uncovering a secret Romanian village, travel is more fun when you go with the flow. When wanderlust hits you, embrace it with open arms! There's a sense of adventure in not knowing (until the very last minute) where you're going. As the saying goes, 'there are no uninteresting destinations, only incurious travellers.'

"there are no uninteresting destinations, only incurious travellers"



JERSEY'S STYLE MAGAZINE gallery

CULTURE

Piaf: the Songs A Channel Islands Music Council Tour Saturday 6 June at 8pm

Eve Loiseau sings the songs of Edith Piaf with Fiona Barrow on violin and Murray Grainger on accordion. Eve Loiseau's passion for Piaf developed at a young age, around the dining table in South East France.

"all of Piaf's best-loved songs, each performed impeccably and with genuine emotion" - Broadway Baby

£17 (£11 students) Members: £14.45 (£9.35 students)

For more information and to book: 700444

www.artscentre.je



FOCUS & DISCIPLINE

This month our writer Sara Felton went along to meet Jason Butler, a figurative painter living and working in Jersey, to talk about his life as a full time artist and his latest body of conceptual work.

It's been a busier than normal few months for Jason. Having recently made the decision to spend time focusing entirely on his own body of conceptual work and portrait commissions, he's also taken on an incredible new studio space, based in Commercial Buildings.

This vast inspiring old warehouse could easily be a gallery as well as a studio space, 'the moment I put one of my big paintings up I knew this was the right place. I've always been lucky to have great studios in the past, but now, because I'm making such big work, in the old studios I didn't know whether they were good or not. Whereas now, having put them up in here I know if they'll make it on a gallery wall, as this is as good a gallery space as there probably is in the island now." He's not wrong, natural light floods the room making it the kind of place that would easily encourage and inspire creativity.

'Every time I drive here in the mornings I take a little detour, having dropped my youngest at school in Grouville, I drive along the coast road and then end up coming over the top of Mount Bingham and am greeted by the sight of the same fishing boats, boats on their mornings and one of the best views in the island, it never fails to make me smile and look forward to coming to work. I grew up around this area so it's really special to have found such an great space in this location.'

The studio walls are currently playing host to a collection of Jason's latest conceptual body of work, a captivating series of huge canvases inspired by hero-worship. 'The work has many different nuances, but is very much about leaders and followers. There's a phrase cognitive dissonance (the feeling of an uncomfortable tension which comes from holding two conflicting thoughts in the mind at the same time), which I stumbled upon and that was the moment when it all clicked into place for me. We all battle with this every day, we're all capable of being seduced by one person, or by crowds. So what happens when you

take the power of a crowd, feeling like you're at one with this crowd of people, what happens to those people? Whilst equally there is a history of fake gurus, who are capable of dragging a lot of people along with them, whilst it's clear to the majority of people that they're complete charlatans and should possibly be sanctioned, they are still successful in seducing people. I guess you could say the interest is in human folly and wanting to be a part of something.'

"the moment I put one of my big paintings up I knew this was the right place. I've always been lucky to have great studios in the past, but now, because I'm making such big work, in the old studios I didn't know whether they were good or not. Whereas now, having put them up in here I know if they'll make it on a gallery wall, as this is as good a gallery space as there probably is in the island now"

So, being faced with the freedom of working within this huge space and on his own everyday, I want to know what motivates Jason to keep on going, because it would be easy to just kick back on the sofa and get absorbed in the latest episode of The Wire (a personal favourite of his, he tells me) with a cup of coffee beside you. 'I'm lucky that discipline hasn't been a problem for me, because I love what I do so much. So I just come in and work each day, really hard. Being an artist, like lots of jobs is hard work, you have to love the hard work and that's what keeps me going.'

Jason currently splits his days between working on his current portrait commissions in the mornings and then focuses on his conceptual work in the second half of the day. The body of work has been forming over the last four and a

half years, possibly as far back as college, during which time he has been heavily researching the subject area, he then started the big work around three years ago. Many of the pieces have changed over time, some as recently as the days leading up to his studio opening party last month, (supported by Quilter Cheviot). 'One of the pieces I hadn't even looked at in six months, so when I pulled it out on the Tuesday I decided to see if I could resurrect, so by having the pressure of the opening

in two days time, in a funny kind of way that was a good deadline. During that time it went from one of my weakest to what I feel is now the strongest piece in the collection.'

Whilst he's not specifically working towards an exhibition, he does have a date and a venue standing by. With this in mind I asked if any of the paintings are finished, at this he laughed and explained that 'for the first time I know what I need to do on them all now, whereas it's only been in the last couple of weeks that I've suddenly felt that. I think that

having spent such a long time reading and watching things online I think it's permeated into the work so much now, I'm not having to come up with ideas, they're just there. Now it's about how well I can do that and putting those ideas into practice.'

The thing about spending time with someone like Jason Butler, is that there's just not enough space within this page to allow me to do the man justice. Not only could I have remained in his company for the rest of the day, I could also continue to tell you more and more about the exceptional work he's in the process of creating. What I will say is, if you're ever lucky enough to pop along and meet him, accept the invitation immediately. Like he intends his work to be to those that experience it, it'll be a journey and one that you'll not be disappointed you made.

www.jasonbutler.info

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HITTING THE WALL

How does a blank wall on the side of a multi storey car park get transformed in to a thing of great beauty in just three days? Well if it's a wall that forms part of Gallery Headquarters then it happens when you combine the skills of local graffiti artist Ben Robertson, a large scaffold tower, a lot of spray paint and the fashion photography of Danny Evans.

Ben talks us through his creative process and also the other work he is involved in here in Jersey and further afield.

I approached Gallery magazine to ask if they wanted their blank wall transformed into a piece street art. Once we'd agreed I had to come up with a contemporary design that fitted within its surroundings, related to shoppers using the nearby car park and had a connection with Gallery Magazine too. I looked back over old issues of the magazine and came across the image I finally used, which is taken from a Danny Evans fashion shoot for the April 2014, the Minnie Mouse dress worn by model Ellysia was found in a local charity shop and eventually auctioned off for charity (the theme of that months issue was Give). It's such a striking image that it was a great place to start.

The wall I used is 25ft tall and 10ft wide, so the piece was produced with the help of a 20ft scaffold tower and a lot of spray paint. I drew a number of sketches before applying the final design to the wall, which I sprayed on as a base sketch in grey and then filled in with all of the colours you can see. I anticipated that the whole process would take me two days, but ended up being a full three day project. I spent half a day on the face alone to make sure it looked correct and in proportion, a line placed even a few millimetres out would have changed her look completely.

I've been spray painting for a year now, but have been practicing art for years. I am currently freelancing as an illustrator. My previous project was the highly popular '69 Halkett Place Pop Up Art Gallery' and before that I was part of the Kartoon Factory.

The is my first piece of work in the centre of town and is by far my largest piece, vertically. I regularly paint with my crew 'Inkramenal' (IKM) at the two legal spots down at Le Geyt Football Cage and the Harbour Skatepark. We are trying to get more legal areas to paint as we are constantly having to paint over our work because of limited space.

66 I spent half a day on the face alone to make sure it looked correct and in proportion, a line placed even a few millimetres out would have changed her look completely ??

I've painted at the Ministry of Sound London and Leake Street Graffiti Tunnel I also paint murals in businesses such as cafes, shops, peoples homes and gardens. I'm always looking for blank walls in Jersey, ones that can be transformed and made in to a point of interest for tourists, school children or anyone passing by.

We've a busy summer festival season ahead and you can see the IKM crew painting live at Reasons, Folklore, Jersey Live, Spice and Groove de Lecq. If you can't make it to any of them then don't forget you can see our work at Le Geyt of the Harbour Skatepark.









www.freshprintsjersey.com

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MY NAME IS...

MY NAME IS

MARC MEDLAND

(www.marcmedland.co.uk)

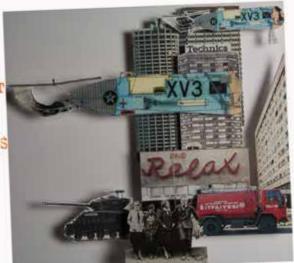
MY JOB IS ARCHITECT/ILLUSTRATOR/ARTIST

THEN I WAS A KID I WANTED TO BE A DESIGNER OF CARS & FLYING MACHINES

MY WORST HABIT IS OVER-THINKING

THE CELEBRITY THAT WOULD FLAY ME IN THE FILM OF MY LIFE WOULD BE DANFEL CRAFT

THE SONS THAT BEST REPRESENTS THE SOUNDTRACK TO MY LIFE IS THIS MESS WE'RE IN BY FJ HARVEY AND THOM YORKE - SUBLIME!



MY GREATEST ACHIEVEMENT IS MY NEXT PROJECT.

MY BIOGEST INSPIRATIONS ARE KATE BUSH. WES ANDERSON FE

NATIONAL GEOGRAPHIC MAGAZINES & TRAVELLING

IN THREE WORDS I AM A COLLECTOR OF IMAGES

THIS IS A

SELF PORTRAFT





MY MOTTO/MANTRA IS - IT'S FAILURE THAT GIVES YOU A PROPER PERSPECTIVE

ON SUCCESS

THE T WAS A SUPERHERO T WOULD BE BATMAN - T LIKE HIS DARK SIDE & HE HAS THE BEST GADGETS

BUT ALSO MY CAT MAX.TWIRL BITES.
THE SEA, MY OWN SPACE ON A REGULAR
BASIS. PAPER AND PENS.WEST WING.SPOOKS.KATE
BUSH.RADIOHEAD. PJ HARVEY & HOURS OF RADIO 4

THE ADVICE & WOULD SIVE MY 12 YEAR OLD SELF IS STOP WORRYING

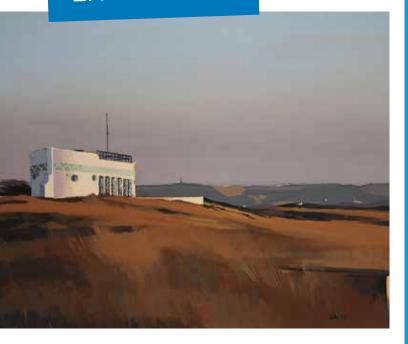
IN THEORY YES. BUT LIFE ISN'T THAT SIMPLE.



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gallery

EXHIBITIONS



Louise Ramsay

An exhibition of paintings 'Out of the blue'

Studio 18 is hosting the first solo exhibition of Louise Ramsay's paintings. The exhibition is the culmination of two years' work exploring and interpreting well known places across Jersey in charcoal drawings, small acrylic studies and larger, more resolved paintings. Louise's interest lies in capturing a sense of space through the vivid relationship between light and colour.

Having graduated with a degree in visual studies and history of art in 1992, Louise went on to train at the Courtauld Institute of Art, as an easel paintings' conservator, and spent 15 years conserving and restoring pictures from both public and private collections.

"The exhibition is the culmination of two years' work exploring and interpreting well known places across Jersey in charcoal drawings, small acrylic studies and larger, more resolved paintings."

In 2006 Louise started to re-kindle her love of painting and drawing and exhibited with a group of painters in her home county of Cheshire. In 2008 Louise moved to Jersey with her family and has increasingly spent more and more time drawing and painting – interpreting the light and colour of local landscapes and seascapes.

Louise's pictures are available to purchase at Studio 18 (see below), and also at Jane James Ceramics (1 Burrard Street, St Helier, JE2 4WS & Le Mont de Gouray, St Martin, JE3 6ET)

Exhibition 12th-23rd May 2015 9am-5pm

Studio 18, 23a Beresford Street, St Helier, Jersey JE2 4WN www.studio18.co.uk; 01534 734920 (Studio 18 is closed on Sundays & Mondays)

LIBERATION International Music Festival

7th - 17th May 2015

Fifteen internationally acclaimed stars and over 250 local artists perform beautiful and atmospheric music in stunning settings celebrating the Liberation of Jersey.

Event highlights:

Saturday 9th May - 8:00pm The Berlin Philharmonic Octet at Jersey Opera House

The Berlin Philharmonic Octet with Peter Donohoe (piano) commemorate the 70th anniversary of the liberation of the Channel Islands from occupation. Poignant personal stories unfold in the readings of diaries and letters written by islanders during that time. Musicians from one of the best orchestras in the world perform pieces including the Schubert Octet in F.



Wednesday 13th May - 7:30pm Liberated by Broadway at Jersey Opera House

A stunning Gala concert with the Orchestra Symphonique de Bretagne performing a set of popular songs from the Sound of Music as well as from musicals by Irving Berlin and Cole Porter with celebrated soprano Sarah Fox and the Jersey Island Games choir.

Friday 15th May - 8:00pm Liberation Celebration at Jersey Opera House

A celebration of Jersey's Liberation features Michael Collins and Friends – six international soloists performing in a night of masterworks from Beethoven's Clarinet Trio, to Schumann's Plano Quartet and Brahms' Clarinet Quintet.



Saturday 16th May - 8:00pm Stars from the Royal Ballet at Gloucester Hall, Fort Regent

Stars from the Royal Ballet Sarah Lamb and Steven McRae entertain with your favourite ballet solos and duets in this evening of famous ballet dance and music alongside the Jersey Festival Orchestra.

Tickets available from Fort Regent Tel: 449827

Sunday 17th May 12:00 - 4:30pm Jazz at Hamptonne

Enjoy a family day out with jazz at the beautiful Jersey Heritage site Hamptonne, with multiple award winning Clare Teal and her Trio performing popular jazz classics as well as a selection of other jazz artists performing.



TICKETS AVAILABLE FROM JERSEY OPERA HOUSE ON 511115 www.liberationjersey.com

CULTURE NEWS



IAN ROLLS SET TO ELEKTRAFY WITH NEW PROJECT

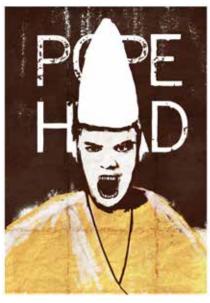
Ian Rolls is about to start work on painting his largest blank canvas to date... a 1953/4 ex-US Army tugboat. The tugboat 'Elektra', which is currently moored in St. Helier's Harbour, will be transformed into a Dazzle Ship to commemorate the Centenary of the First World War.

The design is an original scheme devised specifically for the 'Elektra' by Ian Rolls, who is well established as one of Jersey's most experienced and versatile artists. He said: "I am hugely excited at the prospect of transforming what was a rusting tugboat into a Dazzling landmark for Jersey. It is difficult to imagine the full effect the Dazzle design will have once completed, but I am expecting it to make a few heads spin!"

The project has been funded by the Jersey Arts Trust's Great War Art and Community Fund. The World War One Centenary Working Group granted the Fund to the Trust as part of the Island's official commemorations of the centenary of the First World War. Jersey Arts trust will receive and distribute £10,000 a year, for the next three years, to fund arts and community projects that reflect on or commemorate the First World War.

A group of Skipton Arts Series artists will be on hand to assist in painting the Elektra's design. The work will be undertaken by a changing team of artists led by professional painter Matt Daly. The team of artists include: Val Aitken, Kerry-Jane Warner, Ged Thebault, Carl Danby, Pippa Barrow, Lizzy Hill, Jools Holt, Gina Socrates, Maria Tarrant and Clare Ormsby.

More information about the Great War Art and Community Fund can be found on the Jersey Arts Trust website: www.arts.je



Pope Head: The Secret Life of Francis Bacon

Friday 15th May, 8pm

"We live, we f**k, we die..." Drawing on Francis bacon's own words and thoughts, this is a one man show dedicated to the celebrated artist; an enigma, a maverick, a controversial charismatic force of nature. Beaten by his father's henchmen and hanished from the family home in Ireland after he was caught wearing his mother's stockings, this production focuses on the life, art, psyche, sexuality, philosophy, and the inner most truth of the young artist. Written and performed by Garry Roost, the production follows Bacon's life; his struggles and his eventual discovery that success and tragedy go hand in hand when you're determined to live life to the full. The one hour show is to be held in the Jersey Opera House studio, with follow up Q&A, will appeal to theatre lovers, art lovers and anyone who believes life should be lived rather than tolerated.

Tickets are £12 and members get £2 off.



JERSEY ARTIST LUCIE MARIE HOLT TO EXHIBIT AT FRENCH ARTS FESTIVAL

Jersey artist Lucie Marie Holt has been selected by the Forum des Art to take part in their annual three-day arts festival in St. Malo. From Friday 15th – Sunday 17th May, Lucie will be exhibiting her work alongside 300 amateur and professional artists from all over France.

A member of Genuine Jersey, Lucie graduated from Highlands College in 2012. She has been known for her mono biro drawings of 'The Pigeon People', which she sells online through sites such as Etsy, Boutique Jersey and 69 Halkett Place. Recently, Lucie has been incorporating colour into her work. Her new project 'Fleur du Mal' features abstract flower bouquets and 1920s silent movie actresses based on the 'Little Book of Poetry' by Charles Baudlaire.

Jersey Arts Trust has partnered with Forum des Arts for the past three years, and has sent a selection of Jersey artists to St. Malo to participate in the city's arts festival.

 $\mathcal{L}_{\mathcal{R}} \mid \mathsf{gallery}$ Jersey's style magazine



LIBERATION INTERNATIONAL MUSIC FESTIVAL

Liberated by Broadway - 7th-17th May 2015

2015 is the time to shine for the Liberation Festival as we mark 70 years since our Liberation and the festival celebrates its seventh year in existence. This year the Liberation International Music Festival is truly living up to it's name. Through music and dance in accordance with this years theme of 'reconciliation' acts from Australia, America, Germany and Russia, to name a few, will be reminding us how freedom must have felt 70 years ago.

Love Jazz? See 'Jazz at Hamptonne' on the 17th May, with Clare Teal who has won the BBC Jazz Musician of the Year multiple times headlining a family day out. Love musicals? The event to go to is 'Liberated by Broadway' on the 13th May at the Jersey Opera House. Be taken on a voyage with songs from The Sound of Music from The Hills are Alive to Climb Every Mountain sung by international MGM Musicals star Sarah Fox. Joining Sarah will be a choir of 100 children and the Orchestre Symphonic de Bretagne from France to make 150 performers in total. As well as Cole Porter and Irving Berlin enjoy a piece of boogie woogie, swing and jazz called Brothers in Arts telling the story of the liberation of France - unmissable or should we say Unforgettable...

Follow the Festival build up on Facebook and Twitter with the hashtag #libfest15, or visit the website www.liberationjersey.com to find out about more events.



STEWART FRANCIS: **PUN GENT TOUR**

Stewart has devoted his show Pun Gent (love that title!) to his father. So dad - if you're up there? As for having kids himself he's decided he doesn't want any... anyone who wants some just let him know and he'll drop them off. Oh, he's just kidding of course, he has a beautiful daughter who he named after his mum, and in fact Passive Aggressive Psycho turns five tomorrow. On an unrelated matter, Stewart likes what mechanics wear... overall. With Stewart Francis it's all about puns. And he's a gent... If time is money, Stewart's the man to do your shopping for he'll fill every minute with comedy bargains in the form of nonstop quick-fire gags, rarely giving you time to cease giggling until the next one starts.

Don't miss this word wizard here for one night only... On Saturday 16th May at 8pm. Tickets are £18.50.



Nelson: The Sailors' Story

This month on, Thursday 7th & Friday 8th May at 8pm Horatio Nelson sails into the Jersey Opera House Studio for two nights of ocean-going action, surprise and song. This one-man show, written and performed by Nicholas Collet (star of Spitfire Solo which toured here in 2012) reveals what really happened at Trafalgar, in the words of Nelson's "tars" and the man himself. Depicting naval life from the viewpoint of the men below deck,

The Sailors' Story is definitely one for your diary, tickets are £12 and members get £2 off this price.





MOTIONHOUSE: BROKEN

9th June, 8pm

have been spellbound by this adrenalin fuelled spectacle. This innovative piece of performance art full on assault on the senses. Tickets: £15-£18



STUDYING ARTIC

WIN £1000

ENTRIES OPENING SOON



gallery 2015 STUDENT ART AWARDS



FOR MORE DETAILS VISIT GALLERY.JE/ART

THE MONTHLY UPLOAD

NEXT MONTH'S THEME IS ACTIVE. EMAIL YOUR PHOTOS (4MB IS A GOOD SIZE) WITH THE SUBJECT 'UPLOAD' TO: UPLOAD@GALLERY.JE BEFORE THE DEADLINE OF 15TH MAY AND YOU'LL BE IN WITH A CHANCE OF WINNING FREE COFFEE FOR A WHOLE MONTH! IF YOU'VE WON, CALL GALLERY HQ ON 811100 TO CLAIM YOUR PRIZE!





Shoni Saunders





Jean Lelliott





Joanna Malyszko





Chantelle Heald

Sarah Walker

MONTH OF FREE COFFEE (31 FREE DRINKS OF YOUR CHOOSING)

quote of the month from Bean Around the World See more quotes at www.facebook.com/BATWjersey

















Phil Gordon

BECAUSE QUALITY MATTERS

EXHIBITIONS

Dan Baldwin: Pessimistic Optimism

CCA Galleries International is proud to announce a print solo exhibition 'Pessimistic Optimism' by British artist Dan Baldwin, fresh from his solo show in New York last autumn. His work- in his own words – is 'about the themes of life: memory, love, pain, conflict, nature, science, religion, death, innocence and hop-the fine line between the sinister and the beautiful.' The exhibition featuring his latest limited edition prints will run from 20 May until 13 June 2015.

Dan Baldwin creates a unique and immediately recognisable vision in his silkscreen prints. His work is at once both abstract and figurative or allegorical, reflecting both reality and the world of the imagination. Baldwin's subject matter is the interior of his own mind, from rumination on love, memory or philosophical issues, to an exploration of politics, international relations or environmental questions. The work is multi-layered, both physically (Baldwin's print practice includes the use of glazes, diamond dust, collage and 3D media on top of his silkscreen surface) and in terms of meaning.

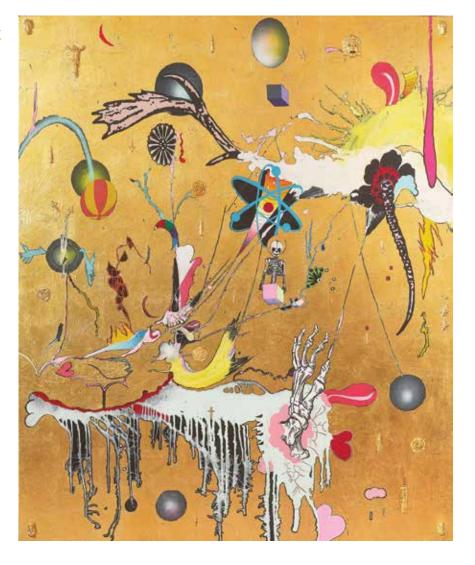
is key to Baldwin's work both in his own interpretation and personal response of the viewer. These symbols of death, life and love reflect Baldwin's preoccupation with the 'big questions' of human existence.

'It's a great pleasure to be working with Dan in Jersey; we've been hoping to have a show of his work here for a few years now. Having seen his recent show in New York, I was blown away by the power of his latest work and hope this is the start of many collaborations in Jersey.' Gillian Duke, Managing Director CCA Galleries International

Dan Baldwin was born in Manchester in 1972 and studied Communication Media at Eastbourne College of Art and Design and received his BA (Hons) in Communication Media and Illustration from Kent Institute of Art and Design, Maidstone. Dan Baldwin has exhibited in galleries all over the world as well as at art fairs in Basel, Miami, LA, Tokyo, San Francisco, London, New York and now Jersey. His pieces have been collected nationally and internationally, with acclaimed solo shows in L.A, London and New York in 2009, 2013 and 2014 respectively. In 2005 he appeared on the BBC's The Apprentice alongside Opus artists Rob Carter and Lucie Bennett. Baldwin has been featured in numerous publications - including Dazed & Confused, Elle, Modern Painters and Vogue. He has donated pieces to a number of charities since 2003 and currently supports the Teenage Cancer Trust and British Heart Foundation.

'The span of my printwork in the last four years highlights how much diversity there is within my body of work; the concepts have remained the same, but the way I explore them has developed so muchthey feel like chapters in an ongoing story. I am delighted to show my work in Jersey and to exhibit in such an exciting space.' Dan Baldwin

The motifs he uses often recur; skeletons, swallows, crucifixes, children's story book illustrations, spiders, robins, trees, knives, flowers, cartoon figures and are often contradictory creating an uncomfortable and sometimes sinister paradox. Each motif has a meaning (for example swallows signify innocence and freedom), although the meanings can vary slightly from print to print depending on the overall ethos of the piece. Symbolism



 $\int \!\!\! \Delta \mid$ gallery Jersey's style magazine



BEAUTY **NEWS**



Fabriah Hair & Beauty Salon

Located within the Radisson Blu Waterfront Hotel, an entirely new salon experience awaits you. With a backdrop of sweeping sea views and blue skies, the recently revamped Fabriah Hair & Beauty Salon boasts an intimate and rejuvenating atmosphere. It's here you'll find a handful of skilful professionals – all intent on creating the perfect look for you.

Signature treatments use a series of spaworthy brands, many of which combine the latest technology with active ingredients from nature. From Elemis face and body treatments to hot stone and Indian head massage, waxing, tinting and a variety of tanning treatments – there's something to suit all.

As well as offering an enticing menu of spatherapies, Fabriah is the place to be if you're looking for some serious 'hairspiration'.

Cutting connoisseurs and renowned local hair stylists Amie Le Beuvant (pictured right) and Emma de la Mothe (left) are on hand to help you create anything from an entirely new summer look, to a pre-party restyle or wedding makeover. With years of experience between them, both stylists guarantee expert services and tailored advice.

Emma qualified as a Hair Stylist in 2002 and went on to complete her level three qualification at Highlands College. She has undertaken cutting courses with Toni & Guy and Wella in London. Emma won best student on both level two and three courses. When not in the salon Emma spends her time with her horse "Mrs Lynx" at the stables in St Lawrence. Emma can also be found hosting karaoke in her spare time at the Up & Down Café.

Amie also went on to qualify at level three at Highlands College and, in her year, also won best student at level two and three. She has completed a l'Oreal colour correction course and last year Amie went to the L'Oreal Academy in Manchester to work with L'Oreal's creative cutting team. Having completed a degree in education before training as a hair stylist, Amie qualified as a PE teacher and is a well-known local netball coach and umpire for Accies Netball Club.

With salon treatments at affordable prices and plenty of parking available, you can spend anything from a few hours to an entire day relaxing and unwinding in the calming surroundings of the Fabriah Hair & Beauty Salon, so why not book an appointment today...

Opening Hours: 10:00 - 18:00 (Mon - Sat) 01534 671 160/beauty@fabriah.com

invisibobble

In the now infamous words of Rolf "Can you guess what it is yet?" - Yes? It's an invisible hair bobble!

We're a little bit in love with this product, and not just because of its amazing name. Not only can you barely see the bobble when you use it but, our favourite bit about this little beauty, is that it doesn't leave a horrible kink in your hair after use! The magic trick to invisibobble's traceless outcome lies in its peculiar telephone cord shape. When this hair ring is wrapped around the hair, it places uneven pressure around the circumference of the ponytail; standard hair rings put even pressure on the hair, leaving an obvious mark. The uneven pressure produced by invisibobble allows for the hair to be held strongly in the ponytail without being too tight.

Also it comes in a range of lovely colours which means you can wear it as a pretty bracelet when you're not using it.

Hair-ray!

The Ecotools Ultimate Air Dryer is a unique brush specially designed to dry hair 40% faster, for less heat damage and quicker prep time. It has anti-tangle bristles that nurture the hair and scalp while brushing and styling for a smooth, shiny blowout.

The unique shape allows the brush to work as a diffuser – allowing air to travel through the brush to create natural-looking waves and curls whilst also reducing fly-away ends. Also the quicker dry time means less heat damage and reduced electricity use for a more earth-conscious morning routine!

A BULLY IS A BULLY, IS A BULLY



WORDS Christopher Journeaux Therapy Jersey

Have you tried 'Ego-googling'? Checking your own name through Google. A fairly harmless exercise that frequently throws up some long-forgotten, and funny past events.

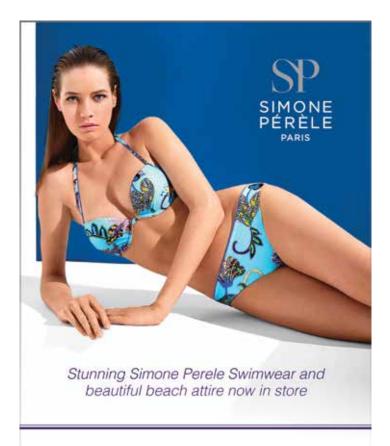
Imagine how you might feel if what you find is a video about you put together by someone you have never met. A video that is all about how they see you. Lizzie Velasquez did and watched in horror as 'The Worlds Ugliest Woman' proved to be about her. She was 17 years old and was reading thousands of comments asking why her parents had not killed her at birth, or warning the sight of her would make the seer blind.

Somewhere in the misunderstanding of the Internet there are some who believe that online is separate from the 'real' world. A 'special' type of bullying with no rules. The motivation for bullying is as varied as the individuals who inflict it, but the results are focused. Victims can experience it as an assault, a chipping away of self-esteem and diminishing self-worth. The step change delivered by the online version of bullying is the lack of escape. Now the bully can follow their victim home, into their bedroom, their life as they live it through the Internet. A relentless trauma and re-trauma.

"Somewhere in the misunderstanding of the Internet there are some who believe that online is separate from the 'real' world. A 'special' type of bullying with no rules. The motivation for bullying is as varied as the individuals who inflict it, but the results are focused."

Lizzie has gone on to reclaim her space in the social media sphere with over seven million views of her TED talk entitled "How do you define yourself?". It would be too easy to say all we need do is stiffen our resolve and don't let the bullies win. More productive would be for the bullying to never happen.

Bullying robs us of the joy we deserve and the pleasure of just being who we are and no one should be left alone to face that.





7 Colomberie, St Helier, Jersey, JE2 4QB plumslingerie.com facebook.com/plumsonline 731302



EAU YES!

Scents to get you in the mood for summer.



Sisley Soir d'Orient

Available exclusively at Voisins

With its sparkling and spellbinding lead, this fragrance has the ability to transport you to a woody and mysterious wake – a floral land with a spicy heart. A beautiful blend of Italian lemon, Turkish rose, Egyptian geranium and Iranian galbanum, topped with the voluptuousness of Saffron Accord and black Pepper from Madagascar.



Jo Malone Bridal Lace Bottle Collection

Available exclusively at Voisins

Introducing the new bespoke lace bottle, etched with a delicate design. Begin by choosing your signature scent and combine this with a personalised lace pattern – not just a scent, but a keepsake. The launch of this fragrance will run alongside the Jo Malone London Wedding Consultations, held within each of the brand's boutiques.



Guerlain Aqua Allegoria Teazzurra

Available from feelunique.com

This aromatic, citrus fragrance is suited to both men and women. Top notes include bergamot, lemon, yuzu and grapefruit; middle notes of green tea, chamomile and jasmine and base notes of musk, calone and vanilla – a relaxing and refreshing essence with incredible intensity, that evokes images of azure waters and ocean breezes.



Tom Ford Noir Extreme

Available exclusively at deGruchy

An amber drenched, woody oriental fragrance with a provocative and delectable heart – Noir Extreme reveals a new dimension for the Noir man. Dare to be extraordinary by dousing yourself in the latest intoxication by the master of seduction.



Available exclusively at Voisins

Clean, crisp and pretty with the perfect fusion of citrus and green notes to induce a hint of femininity and sexiness. The scent we all know and love, revamped with a sleek new look to create up-to-the-minute appeal.



Marc Jacobs Daisy Eau So Fresh Delight

Available from Feelunique @ Au Caprice

Beginning with notes of pink pepper and white tea, this sweet scent transcends into a heart of opulent aromas. Blood orange,
Tiare Tahiti flower, violet, raspberry and apricot create a
romantic fragrance with a delicate trail of musk and amber.

SO | gallery JERSEY'S STYLE MAGAZINE



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*Don't wait - Call us on 01534 731680 for more details or go online at www.jerseysmiles.co.uk

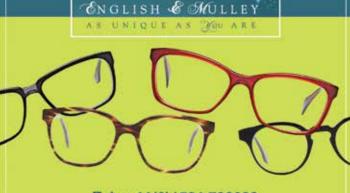
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MEET TEAM CDG

You've met the clinicians, now it's time to introduce the administrative team at The Cosmetic Dental Group who offer their expertise to ensure the smooth running of the practice.



Michelle Hollywood-Russell
Treatment Clinic Coordinator (TCO)
Michelle has been working at CDG for
some eight years and is fully trained as a
Dental Nurse as well as in patient support.

Dental Nurse as well as in patient supportion of the current role as a TCO allows her to guide patients through their treatment with her calm sensibility and clear communication style.



Heather Hearn *Treatment Clinic and Operations Coordinator*

Heather works flexibly at the practice between being a TCO for patients, managing CDG's online profile and working closely with Katie and Sabrina in practice management. Heather loves to make the team laugh with her silly impressions and jokey nature.



Sabrina De Ste Croix
Finance and

Operations Coordinator

Sabrina is the 'keeper of the coin' for the practice and her cheerful persona make even the toughest days a little brighter for the team. She, Katie and Heather work together managing the practice which has proven her to be a real team player.



Natalie Irwin *Patient Care Coordinator*

breeze.

Natalie is the newest member of the CDG team and works alongside Ashley at the front desk. Her cheeky smile and naturally kind nature are already a big asset to CDG which will make your patient journey a

Ashley Masterman

Senior Patient Care Coordinator

Ashley is the leader of the CDG front desk team and has been working at the practice for two years. Her witty humour and love of music to get your toes tapping are just two reasons why the team love working alongside her.

If you would like to schedule an appointment at CDG, why not contact Ashley or Natalie on 731680 or book online at www.jerseysmiles.co.uk



BRAND NEWS





Diane Von Fürstenberg is the leading lady of the fashion world. She is best known for introducing the wrap dress in 1974, an example of which, due to its influence on women's fashion, is in the collection of the Costume Institute of the Metropolitan Museum of Art.

Diane has had the most incredible life, just 18 months before she was born, her mother was in the Auschwitz concentration camp. Fürstenberg has spoken broadly about her mother's influence in her life, crediting her with teaching her that "Fear is not an option". Diane studied economics at the University of Geneva in Switzerland and it was there she met her first husband Prince Egon of Fürstenberg, when she was married to him her official title was Her Serene Highness Princess Diane of Fürstenberg! Isn't that an unbeatable title?

In 1976 Newsweek Magazine was going to run a cover to show Gerald Ford, who had just won his first Republican Presidential Primary, but it was changed at the last minute to show Diane. The accompanying article declared her "the most marketable woman since Coco Chanel." In 1992, Diane sold an incredible 1 million pounds worth of her Silk Assets collection in two hours on QVC.

At 68 she shows no signs of ending her world domination, Diane is currently President of the Council of Fashion Designers of America and this year she is being honoured as one of the TIME magazine 100 most influential people. Her spring summer collection has just hit shops and, as always, it is flying off the shelves.

Quite simply Diane knows women, and she knows what makes them look their best; her dresses are legendary for a reason. The DVF green Layla sheer silk chiffon tunic dress pictured is straight from the runway, its sheer sleeves pair perfectly with feminine heels for a laid back elegance and the pretty pink Morgan raw silk tunic dress pictured is a subtle a-line mini dress with cap sleeves that really is a wardrobe must have; both are now in store at Renaissance.



HW²
If you're a fan of Ghost and Handwritten then HW² will be right up your street. Comfy, casual, but still elegant this is the brand to pack for your holidays - their pieces are made of simply the coolest fabric you can wear in the heat. **Now in store at Manna.**



Harris Wilson
If you love the easy relaxed vibe of Des
Petites Hautes clothing then you're
going to love this brand! Harris Wilson
pieces embody stylish Parisian chic.
Their spring/summer collection is full of
youthful and super pretty pieces.
Now in store at Manna.

Juniper

British designed brand Juniper is the latest women's brand to join the de Gruchy fashion floor. Classic feminine pieces are punctuated with bright energetic colour and texture. This simple, easy-to-wear tunic dress (pictured) is so versatile, and would be a great addition to any summer wardrobe, as it will look just as good on the beach, at lunch or at the office!

Juniper is now available on the first floor of de Gruchy.



Ahoy there!

It's all about Citizen watches this month at Rivoli Jewellers. Rivoli is once again sponsoring the RCIYC marquee at this years Barclays Jersey Boat Show and have teamed up with Citizen EcoDrive to offer customers an extra special price on the Citizen SailHawk. A great watch for sailing enthusiasts and guys who love "boys toys", the SailingHawk yacht timer features world time in 30 cities, a 1/100th-second chronograph measuring up to 24 hours and yacht racing timer.

This special offer price of £170.00 (Jersey RRP £245.00) is available from Rivoli Jewellers during May (Don't forget Father's Day on Sunday, 21st June!).





MADELATTER SURF SHOP











On March 25th the Retail Development Group and Parish of St Helier held a fashion show at the Town Hall which raised over £1,000 for the Stroke Association charity. Guests enjoyed Lanique Rose Petal Vodka cocktails whilst being entertained by amazing hip hop dancing.

Ben Robertson and Vince Talcone from Freshprints created a work of art in spraypaint while the fashion show was in full swing! Ashlea Tracey from BBC Radio Jersey was the compere for the evening and brought a lot of sparkle and glamour to the event.

BERING WATCHES

Inspired by the beauty of the Arctic, the Bering watch company blends minimalistic Danish design and optimal material strength in a unique way to create these timeless fashion pieces. Their simplicity mean that they will sit perfectly next to your favourite bracelets or we love the idea of just wearing them alone for a chic minimal look.

Bering watches are available from deGruchy







The Americans have Ray Ban and we have the legendary sunglass brand Oliver Goldsmith (OG); some of the most iconic images in the world feature OG sunglasses such as 'that' Breakfast at Tiffany's shot with Audrey Hepburn and the gun wielding Michael Caine in his signature OG black spectacles.

OG has led the way for nearly 80 years, pioneering fashion statement glasses and breaking boundaries. The company is now headed by Claire Goldsmith, who is a 4th generation of the Goldsmith clan. In 2004, she instigated the re-launch of the OG brand using the family's vintage archive of frames and ever since the brand has been re-propelled into the limelight. This season trend setters predict their the OG Hex sunglasses (pictured) will be what style makers will be donning - this pair of sunglasses is a crowd stopper, for those who have the courage to lead the flock.

Oliver Goldsmith sunglasses are available from English & Mulley Opticians on Hill Street.

NATURAL AND ORGANIC TREASURE I

From timeless pearls to bright, contemporary design of mother of pearl jewellery and a stunning selection of Natural Sea Shells enveloped in Italian Silver - Pearl Poetry have something to suit all. In fact, owner and jeweller 'Eve Bevan' will hand make bespoke items to your exact specification, creating jewellery that is unique in every sense.

Of course, this budding boutique not only yields beautiful pearls, but also, eye-catching colours that inspire an array of dazzling designs. Take Eve's handmade silk flower decorated with freshwater pearls headpieces as a fine example - they're a must-have for summer weddings and chic festivals.

With inspiration taken from around the globe, you'll also find a wide range of high quality Akoya pearls, Golden south sea, and Tahitian pearls exclusive to this Liberty Wharf boutique (at a very competitive priced £1500 for a string of 8mm Akoya necklace). Then there's the new 'Mother of Pearl' summer collection, which features an ornate flip flop charm embellished with a tasteful scattering of diamante- a perfect gift for the fun and young at heart. With a price tag of £65 (for both the pendant and chain) it's little wonder the opening collection was an instant sell out!

Now in its second year, Pearl Poetry will shortly be celebrating their anniversary. To commemorate this, Eve will be awarding every transaction with a complementary pair of cultured pearl earrings.

Choose from a striking selection of earrings, necklaces, pendants, bracelets, rings and brooches, created using cultured Freshwater Pearls, Mother of Pearl and South Sea Pearls.

Pearl poetry, Liberty Wharf Shopping Centre. Email: eve@pearlpoetry.com







PERFECT BEACHWEAR

Simone Pérèle, the famous Parisian Lingerie brand has just launched its 2015 collection of swimwear and beach cover-ups, and we're head over heels for every single item in the range! Their fab bright orange beach dress (pictured) is a must have if you are jetting off this summer, it is so easy to wear, and, most importantly, it is incredibly flattering! It will look just as good sipping cocktails pool side, at a smart lunch or whilst dipping your toes in the sea; the perfect versatile holiday piece.

Simone Pérèle is available from Plums Lingerie, 7 Colomberie.





MANNA

7 MEST CENTRE 419989

SURF'S UP Lobe Domi



Photography and styling: Danny Evans

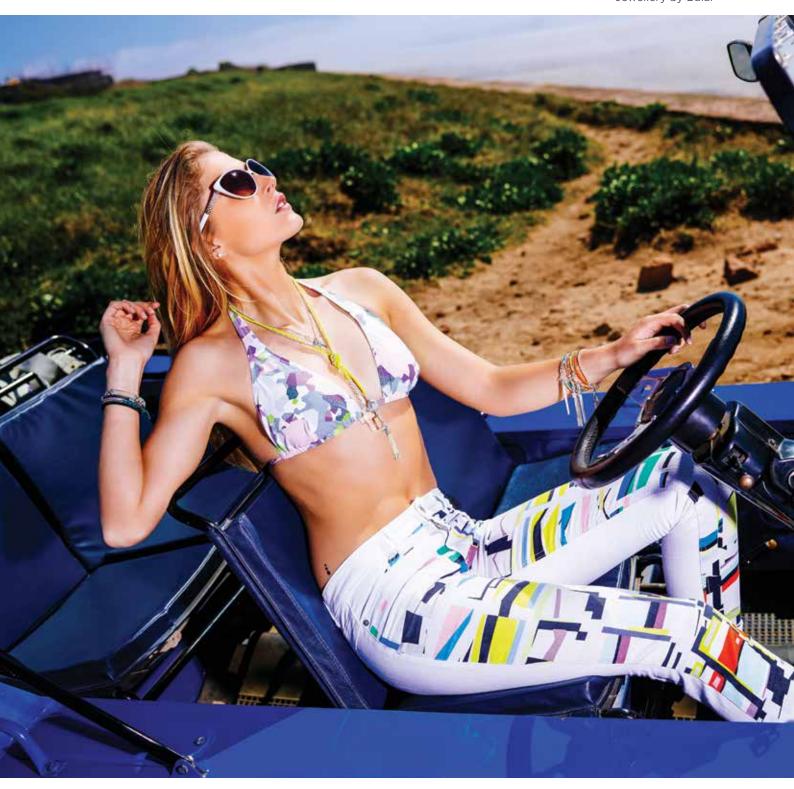
Assistant: Chloë Model: Tessa

Special thanks to Malcolm Shaw Frazer for lending the Mini Moke

Swimsuit by Gottex £135.95 from Plums Jacket by Marc Cain £395 from Marc Cain Jewellery by Balar



Bikini Top by Gideon Oberson Part of set **£61.95** from Plums Jeans by Marc Cain **£165** from Marc Cain Jewellery by Balar









Swimsuit by Gottex **£135.95** from Plums Jewellery from River Island and Balar





Jumper by 5preview **£89** from Manna Bikini Bottoms by Seafolly **£29.50** from Voisins Jewellery by Balar





ALL SUNGLASSES PICTURED ARE AVAILABLE FROM ENGLISH & MULLEY Anne et Valentin, Signoret £156 Oliver Goldsmith, Hex £195 Anne et Valentin, 18H20 £215 Oliver Goldsmith, Commandant, square statement sunglass £185 Lafont, Fauve £162 Lafont, The Hampton £158





Style**Stalker**

WORDS Tamarin Marriott-Wilkinson

We sent our Style Stalker out onto the streets of St Helier, camera in hand, to find some fashionable folk who are ahead of the trends and working their own style.



Izzy

18, Student

"When in doubt, wear black!"

Izzy brightens up a black ensemble with this cute

nautical tee - the ultimate in Parisian chic.



Carl
28, Design and Build Coordinator
"Comfort, I just flew over today."
Casual, comfortable and chic –
a perfect travel ensemble!



28, Teacher

"The sun is out so I opted for bright colours!"

It's official; colour is the new black – especially now that the sun has started to shine. From ravishing reds to canary yellows, strong hues are no longer solely the domain of fashion's risk takers; they're for everyone.



Alexandra
30, Marketing at
CCA Galleries International
"I chose florals to get in the mood for spring!"

Alexandra looks like a breath of fresh air on this 'almost' summer's day – the perfect ensemble for spring!



George
22, Accountant
"Because I like to look good!"

George masters the art of casual tailoring in this laid-back ensemble - teamed with a pair of edgy aviators; he's taken his sartorial style to the next level!



Emma
26, Business Development
"Summer work chic."
This stylish ensemble – whilst on-trend – is still office-ready! The end result – feminine, effortless and elegant!

88 I 8



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GARNISHING GIN

WORDS Freya Richardson

We may sound like alcoholics but the botanical smell of juniper unleashed when the top pops from the gin bottle is extremely comforting. Gin is a trendy choice but in the hands of a novice it is merely a semi-cold offering made from a tipple of Gordon's and a shot of Schweppes.

Just because ginger starts with the same three letters does not mean it is an appropriate accompaniment to take your favourite cocktail up a notch. Here are some unexpected garnishes to spice up your happy hour.



LIME

Historically the accustomed garnish around the world; whether you choose a slice or wedge it is a traditionally foolproof choice, as long as it is fresh.



LEMON

It may come as a surprise that the UK exclusively has been using this as an alternative to lime since the 1930s. If you are lucky enough to have half hiding under a banana in the fruit bowl, a peel of the zest gives you best results.



CUCUMBER

Paired with Hendricks this is a triumphantly classic combination. Rule Britannia.



OLIVE

This should only be chosen when straight gin is (shaken not stirred) with dry vermouth - martini style.



GRAPEFRUIT

Stir-up the citrus fruits. A large pink wedge will not only look great and impress your guests, your gin supply may be drunk dry quicker than expected.



Rosemary, coriander and basil all add an extra herbal flavour, maximising the botanicals already in the gin.



MANGO

New research suggests contrasting the botanicals flavour with the sweetness of mango creates taste fireworks in your mouth.



BLACK PEPPER

Normally kept for the food courses to follow your cocktail, it gives a subtle spice kick to the gin. Best for those who don't have a sweet tooth.



CHILLI

Variety is the spice of life, choose either red or green to create a savoury gin and tonic sensation that energises your taste buds.

gallery JERSEY'S STYLE MAGAZINE



TONIC

Cold cans are best to avoid it being flat. Nice tonic does make a difference, stock up when it is on offer to avoid the higher price tag. Sweet, standard tonic crushes the gins floral flare so natural tonic provides quinine without overpowering sweetness. No more than three times tonic to gin is key but if you are like me, a minimum of half and half will hit the spot

ICE

If you think the bar tender is conning you when he fills the glass full of ice there is science behind his actions. Because the temperature of the drink starts low, the key is to fill the glass quickly with cold/clear ice cubes straight from the freezer, this will minimize dilution as the ice melts. Bubbles will also find it harder to escape meaning your drink will stay fizzier and aromatic for longer.

GLASS

Do you naturally reach for a hi-ball? Think Mediterranean Spanish vibes with a large brimmed wine glass. Strangely, most taste comes from smell. If your glass has a large surface area more bubbles at the top will propel a combination of flavour and aroma through your nose, weirdly making your G&T tastier. You could continue the British theme by serving in a teacup.





WORDS Freya Richardson PICTURES Russ Atkinson

The white powdery petrol that fuels most of our days is the next substance to be hitting our headlines. It is the cocaine of our households and the woodworm to our diets. Whether it be the 11am Kit Kat, a habit never broken from the school playground, or the tub of Ben and Jerry's to get you through a breakup, it's irresistibleness breaks us at every shop checkout. Over time, sugar has industrialised our nation, been used as a weapon of war, energised our armies, and in 1791 its sales were boycotted in a protest to abolish slavery.

Without it we wouldn't have Charlie and the Chocolate factory, but we would have a happier healthy Nation. Increased sugar consumption has a direct link to obesity, high blood pressure, liver disease, cholesterol, tooth decay and diabetes. This bad boy causes dull skin, fatigue, sleep deprivation, headaches, mood swings and is highly addictive. But, every good girl likes a bad boy once in a while.

We need sugar in our diets but only a fraction of what we are currently consuming. The World Health Organisation is quickly realising the devil of our diets. The recommended daily allowance currently stands at 70g for a man and 50g for a woman; drastically being reduced to a mere 6g. The hidden sugar from an average microwave meal, a 70's revelation to free the housewife from the kitchen chains, could contain your whole daily allowance. And if you didn't know it was there this deception can have serious consequences.

It is this hidden sugar that is the problem. We need energy to live, this energy is measured by calories; it is the wood to our fire. Over-consumption of any food, when the energy it provides is not burnt off, results in a conversion to fat, stored by the body for when we are lacking in energy - a pretty clever caveman tool! I state the obvious when I say: if you eat too much sugar, you are going to get fat.

Sugar is obviously not the sole problem. If you eat too much fat or carbohydrate, you will experience similar health problems. The thing with sugar is, it is hidden in almost all foods, most people are not even aware of the scary stuff lurking in all corners of their kitchen cupboards.

A glass of orange juice to kick start your five a day? Not only are you missing out on the fibre you get when eating an orange, you are guzzling down a whopping 22g of sugar in a 200ml portion. That is nearly four times the new recommended daily allowance. In one glass! Certain brands of fat-free fruit yoghurts are no better with 21g per portion (over three times the

bleached so effectively less chemical processing. Thanks to bees we have honey, full of antibacterial and antiviral properties (if you buy it raw). However, we tend to use more of it than normal white sugar even though it is sweeter and of a higher density. It has more calories and a similar carbohydrate structure. Maple syrup, in the same way as honey is unprocessed

Overconsumption of any food, when the energy it provides is not burnt off, results in a conversion to fat, stored by the body for when we are lacking in energy - a pretty clever caveman tool! I state the obvious when I say: if you eat too much sugar, you are going to get fat.

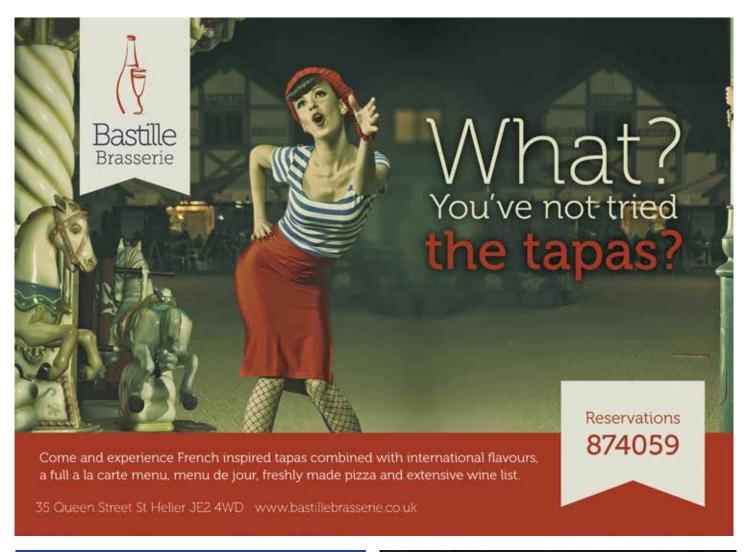
recommended daily allowance). And while a certain smoothie company has branded themselves as a healthy choice, a can of 'full fat' coke contains a third of the amount of sugar, which is equivalent to 3.5 Krispy Kreme Original Glazed Donuts - not so 'innocent' after all.

White rice, bread, ketchup, milk, sushi and dried fruit are some other unlikely culprits. Hidden by manufactures to increase shelf life and taste, the worst criminals are ready-made meals and low-fat foods. If you think a swap to low-fat is a healthier choice, think again. The lack of natural fat reduces flavour and so sugar or artificial sweetener is used as a substitute. It may not be in a language recognisable to you, but anything ending in -'ose' is a good key: dextrose, fructose, maltose and sucrose to name a few.

Is natural sugar a healthier substitute for your regular caster or granulated? To an extent yes. Brown sugar has not been and has redeeming properties; but at the end of the day, our body treats all sugar in the same way. Whether it is a cube in your tea or agave on your porridge. It is not recommended to substitute table sugar with any other sugar, even if natural sugars may be slightly healthier.

All year round there are temptations. Living on a sunny little island, what could be a nicer way to spend an afternoon than licking a dripping Mr. Whippy on the beach. We cannot be held responsible for the sugar hidden in our food but taking precautions (along with applying your sunscreen) will pay off. There is no need to go cold turkey (although this is very low in sugar, fat and high in protein), just be aware of the little devil lurking where you least expect him.

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APPETITE **NEWS**



Jersey Oenophiles*

Theses beautifully polished orbs of Jersey Granite bottle stoppers have just arrived at the new Jersey Silver town store on Broad street. Ideal to sit atop the stylish Jersey wine drinker's recent tipple.

£85 each

*coming from the Greek for love (philia) of wine (oinos)



Feeling good starts from the inside and Barannes fully embrace this, in fact, everything they do is about health and wellbeing. So whether you're keen to maintain your fitness levels or wish to make a change to support a healthier lifestyle, you'll find an impressive selection of wholesome, organic and natural foodstuffs, sports

supplements, dairy alternatives, skincare products and freshly made juices and smoothies (all prepared with wholesome ingredients sourced from locally available produce). Backed up by friendly guidance and up-to-date information, Barannes is your one-stop shop for a healthy body and mind.

The Power Juice

(a delicious blend of carrot, apple, beetroot, lemon and ginger)

If your immune system is in need of a much-needed boost, then this is the juice for you – a real powerhouse of ingredients, expertly paired together to create an energising blend that packs a punch. Rich in vitamins and minerals, this cleansing tonic is not only low in calories; it contains ingredients that help you to maintain a healthy heart and eyes, all whilst improving digestion. It's time the power of juice got some recognition!!

Morning Boost

(a smoothie consisting of mixed frozen berries, bananas, oats and rice milk)
We all know we should be eating more fruit and vegetables, but most of us are lucky if we have enough time to make toast in the morning – this grab-and-go smoothie will give your body an almost effortless boost! The fresh berries are packed full of antioxidants and vitamin C, whilst the oats (with their slow energy releasing properties) are a delicious way to add fibre and nutrients to your body first thing in the morning, all whilst keeping those unwanted free radicals at bay.

Green Machine

(a concoction of kale, parsley, celery, cucumber, lemon and apple juice)
Loaded with phytonutrients, drinking your greens is a great way to promote healthy skin, a glowing complexion and a refreshed, hydrated version of your natural self. A great juice great post workout (or in the midst of hangover) as it helps to replace lost electrolytes – this gorgeous green blend will even help you fight off any irritating allergies.

Sit in or take away, these blended recipes – designed by the juice masters at Barannes – each have their own health perk, so instead of heading to the chemist - try a fruitier approach to wellbeing.

Juices are available for delivery in town; simply visit barannes.com to place an order. Alternatively, sign up to their Daily Detox Programme – a stress-free, convenient and tasty way to achieve optimum health.

www.barannes.com

www.facebook.com/Barannes

Opening hours: Monday - Friday 8am - 4.30pm (Broad St Juice Bar) Monday - Friday 8am - 5.30pm (Snow Hill Juice Bar & Health Shop) 01534 736 966 (Snow Hill) 768 062 (Broad Street)

Loyalty Cards Available at either Store



Liberation Blonde shines at Beer X

The Liberation Group has picked up another industry award, this time a Bronze Medal for its Liberation Craft Blonde in the Pale and Golden Lagers category of the Society of Independent Brewers (SIBA) Beer X celebration of British beer held in Sheffield.

Liberation Brewery, based at Longueville, was competing against beers from all over the UK. Only 60 beers received a national award, from around 2,000 that entered initial regional heats of the SIBA competition. It is estimated that there are 8,000 regular beers brewed in Britain, and 10,000 more seasonal or one-off brews.

O $\mathcal A$ | gallery JERSEY'S STYLE MAGAZINE



One of the best ways to get the people around you excited about health and wellbeing is to make them an assortment of nutrient-packed yet tasty offerings. MOO (which stands for Mostly Organic Origin) have done exactly this - but instead of catering to friends and family alone, they're offering their services to the entirety of Jersey.

With a background in Holistic Health and Plant Based Nutrition, owners Katy and Austin are intent on making 'high vibe soul food made with Love!' – All whilst introducing a truly unique and healthy experience to the island.

Born out of a passion for two things – good food and healthy living – you'll find an encyclopaedic menu of super food delights in their New Street health bar, including everything from cold press and raw juices, to delicious and nutritious salads, smoothies and homemade chia puds, and just as the name suggests, their eco friendly policy ensures the food is sourced organic, bio or locally where possible.

Having received an abundance of raving reviews – which often means their daily specials are a sell-out before the lunchtime rush – both Austin and Katy have decided to take MOO to the next level, using their in-depth expertise to create their very own product range, built around things they enjoy – complete with packaging, labels, quirky quotes and designed by none other than themselves!

The range includes kale chips (dehydrated for 18 hours to lock in the nutrients), raw nibbles, activated nuts, popcorns and four different flavours of dehydrated fruit chips and superfood granolas... all of which is made in house and come in snack pack sizes (perfect for kids and adults on the go).

On top of this, they've released several raw cold-pressed unpasteurised juices.

The juices are not from concentrate and never diluted, these nutritious raw beverages are packed with more vitamins and minerals than your standard juice while lasting for longer and giving the body a much needed boost and daily detox in an instant health-hit to the bloodstream making you glow from the inside out.

Remember there's juice, and then there's cold-pressed juice - not all juices are created equal!

Moo, 47 New Street (Mon - Fri 7.30am - 3pm) 01534 618 396 • facebook.com/ilovemooo

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Big Vern's

Have you been down to Big Vern's in St Ouen's Bay yet this year? We popped in the other day during the wonderful heat wave and loved their brilliant new look. The feel is of a cool beach side bar from the exclusive Hamptons area of North America; with relaxed white washed walls and cool wooden cladding. Amazing photography by local photographers Dave Ferguson and Matt Porteous (pictured) adorne the walls and the whole place looks really great! Make sure you check out this Jersey gem next time you venture west.



BECAUSE QUALITY MATTERS gallery



The Jersey Evening Post has been a Genuine Jersey member for the past seven years.

After spending years helping to promote the worthy scheme via the news pages, it was felt the JEP should explore the option of becoming a member itself as, apart from the paper and ink, the product is produced in St Saviour. The newspaper was delighted to be accepted into the exclusive group of local manufacturers and producers and strives to continue its commitment to Jersey and the very worthy Genuine Jersey scheme.

Deputy editor Carl Walker said: 'This year we are celebrating our 125th anniversary and ever since our very first newspaper on 30 June 1890, we have been at the heart of Island life. It therefore seems a natural fit for us to be part of the wonderful Genuine Jersey programme, which recognises and promotes local produce in an everexpanding commercial world. 'And there are few products which are more Jersey than the JEP itself. 'In terms of the newspaper, although the raw paper and ink are imported, everything else is done from our Five Oaks headquarters. From the stories being written, the adverts being made or the pages being printed, our product is as local as it possibly could be, and that is exactly how we want it to be.

Allan McCaffrey

Happy Hens, Grouville

Happy Hens produce free range eggs in Grouville we have 8.000 Lehmann Brown Hybrid birds producing eggs at any one time, we produce around 6.000 eggs a day. All the hens are looked after on our farm at Grouville. Every one of the hens has the freedom to move around in specially maintained and natural runs. We provide everything they need to enjoy a healthy happy life.

I have set out to make my business a family business which can be enjoyed by my three children.. We aim to make our product special a product that 'Genuine Jersey' can be proud of, and a product our customers can enjoy. We value our customers and strive to provide them with a product that they too can be proud of.

Our hens are housed in purpose built hen houses their well-being is our main aim. Feed is sourced from the very best suppliers as the welfare of each Hen is of paramount importance to us. We value this natural resource, they are in real terms part of the team at 'Happy Hens'. We strive to keep our product local and at a cost that everyone in Jersey finds acceptable, a tall order in a changing world.

Andy Coutanche

Jersey Sandman

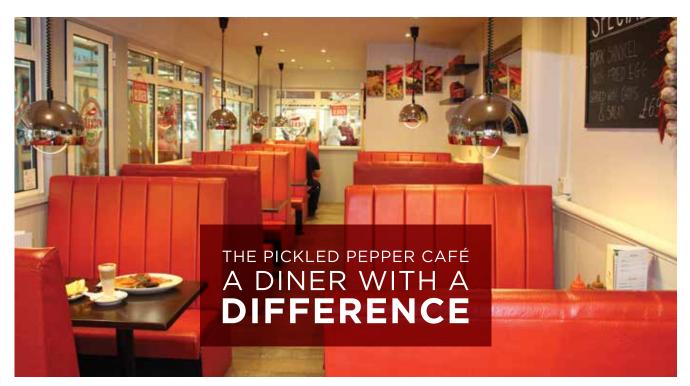
Since 2008 I have been creating sand art on beaches around Jersey. The opportunity to create large scale art work is quite rare, so to be able to create flowing sand art designs which interact within their surrounding is rare indeed. Being able to do so in such truly beautiful locations as the beaches around Jersey is fantastic.

Jersey's massive tides and the quality of the beaches make them some of the best in the world for this type of ephemeral art work and to be able to create free public art is wonderful. I love going down the beach and just enjoying the freedom of the space, the pools on the beach, the rocks protruding on that day and then working within the space to hopefully embellish nature. I go with no set plan or idea most of the time.

More recently I have been combining sand art and light painting and it's my ability to be creative when I'm out and not at a computer that is my skill. None of my sand art or light painting is Photoshopped or edited and everything on my facebook page: JerseySandman or website (www.jerseysandman.com) is straight out of the camera. So please check them out.

I have created Sand art in NZ, Bermuda, Sri Lanka, Maldives, France, England, Scotland and Ireland. It has featured in magazines from OK to Metro, UK papers, been filmed by BBC, MARE TV, NDR TV and on numerous websites.





With its soft red sofas (designed by Roger Baudin), cosy booths, low hanging lights and a menu bursting at the seams with a selection of homemade comfort foods - the Pickled Pepper Café occupies a corner of the fish market's buzzing food scene with cheerful opportune.

Having opened just a month ago, it's billed as the 'place to be seen' when it comes to a generously proportioned bite (they don't do small servings here) and their all-day breakfasts are already proving the talk of the town!

Old, American style classics have undergone a Mexican twist with the likes of BBQ ribs doused in a special homespun sauce, spicy corn soup and chilli beef nachos - ingredients are sourced locally and every dish is made on tap. You can even watch Mariusz the chef, hard at work from the open plan kitchen!

Mouth-watering moments are a given when the food arrives, as succulent burgers, glistening short ribs on a bed of crisp, salty fries and breakfast baguettes brimming with bacon, sausage, eggs, black pudding and hash browns (thrown in for good measure) wink up at you from the table.

Specials change every two to three days and the atmosphere is buzzing! Yet asides from the trendy surroundings and super sized portions, this newly revamped café has

Of course, there are lighter options too, which comprise salads, homemade soups, jacket potatoes and moreish Panini's. If you've still room for more, opt for a few scoops of soft scoop Jersey ice cream.

Husband and wife duo, Mariusz and Kasia (pictured) have hit the nail on the head when it comes to hearty, American style

"Old, American style classics have undergone a Mexican twist with the likes of BBQ Ribs doused in a special homespun sauce. Spicy Corn Soup and Chilli Beef Nachos - ingredients are sourced locally and every dish is made on tap."

another great thing going for it - its prices! A large English (the most expensive item on the menu) will set you back a mere £6.95 and consists of one egg, 2 grilled rashers of bacon, two pork sausages, two hash browns, a serving of black pudding, mushrooms, a grilled tomato and medley of baked beans. Furthermore, included in the price is several slices of toast, tea, freshly brewed Delta coffee (a traditional Portuguese brand) or a glass of juice!

food - something that's completely new to the island! So what's behind the name? The owner and chef makes his very own pickled peppers - hence why there are few spicy options on the menu!

From the cheery décor to the feel-good vibe, convenient location and perfectly priced (yet somewhat) enormous portions - what's not to love about the Pickled Pepper Café!



Pickled Pepper Café 15-18 Fish Market, Beresford Street, St Helier



Kids menu and take away available Opening hours: 8.30am-3.00pm





Tel: 01534 514 884

BEHIND THE SCENES AT ORMER

Ormer restaurant has been decorated with a number of awards since opening in May 2013; everything from 'Best Newcomer' at the Food & Travel Awards, to their coveted first Michelin star, has been bestowed upon the destination restaurant. However, it's often what's behind the scenes that is important and after every award win for Ormer, Chef Proprietor Shaun Rankin has dedicated the accolade to the hard work of his kitchen team.

Shaun remains at the helm of the Jersey restaurant, ensuring his style, ethos and gastronomy run through its veins. However, he gives a lot of credit to his Head Chef, Lee Smith, who has been part of his brigade for over eight years. Lee joined Shaun's team in his previous establishment as a Commis Chef, he then worked steadily through the ranks to become Sous Chef before moving with Shaun to launch the exciting new venture.

As Shaun project managed the entire build of Ormer, Lee was instrumental in elements of the kitchen design, orders and menu development. The pair worked together to progress menus that refined Shaun's previous work, creating a whole new style for Ormer. Shaun says: "I scrapped fine dining from all PR and Marketing around the restaurant to develop a much more approachable style that focused more on delivering quality ingredients that are big on flavour. I'd spent several years building up relationships with suppliers in Jersey and it was important that we kept those relationships together. Ormer is a very different product and look from what we've done before, but the emphasis is still on using quality produce."

It's the dedication to excellent produce, locality and seasonality that really unites Shaun and Lee in the kitchen. Lee says: "The produce that's delivered to Ormer each day is outstanding; we are so lucky to live on an Island that has such an abundance of great product on our doorstep. Ormer has a style of its own too and Shaun has ensured that we use a number of locally foraged ingredients in our dishes; seeing these items come in gives us great inspiration for our menus." Everyone now has a chance to see behind the scenes themselves as Ormer has launched a Kitchen Experience Day that can be purchased as a very special gift. It's perfect for the foodie who is ready to elevate for the day to the challenges of commercial kitchen under the watchful eye of Lee Smith!

Shaun is now focused on nurturing Lee's talents and he believes he's the one to watch in the next few years. Under the roof of Ormer, Lee has already begun to diversify his talents. Shaun says: "Lee is an incredible chef, very methodical, massively dedicated and unassuming with it. Ormer has now

"Shaun remains at the helm of the Jersey restaurant, ensuring his style, ethos and gastronome run through its veins. However, he gives a lot of credit to his Head Chef, Lee Smith, who has been part of his brigade for over eight years."

given him a great opportunity to learn the other side to the job and he's turned into a very good people manager. His drive and dedication to quality, local ingredients has made him the perfect head chef for Ormer and I am proud of what he is achieving."

Reviews of the restaurant certainly echo Shaun's enthusiasm – a rare situation where the public and the food critics seem to align! 'Cooking is unfussy, refined and assured,' says the Michelin Guide, 'Ormer has had the Jersey foodie circuit buzzing for months,' cites the Guernsey Press, whilst the Good Food Guide 2014 describes Shaun and Lee's gastronomy as 'innovative and exciting'.

With new menus on the horizon and a plethora of exciting events booked in Ormer for this year, it looks set to be the place to be in 2015 and credit must go to the entire Ormer team.







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Charming faded paint surfaces and classic finishes complement this property's many current features – all of which take centre stage in the well-arranged accommodation. From the generously proportioned kitchen/diner complete with midnight blue AGA, marble-clad centre island and tastefully tiled floor, to the outdoor swimming pool, hot tub and flawlessly manicured garden brimming with blossoms, bay leaves and mature shrubberies – there's lots to love about this perfectly proportioned home.

Positioned in a picturesque, rural location, just a short hop from a handful of village amenities and what has to be one of Jersey's finest beaches – Plémont Bay – families, ramblers, dog walkers (in fact, anyone with a fondness of the great outdoors) will be pleasantly surprised by this perfectly-polished establishment. Surrounded by a plethora of coastal paths and sandy beaches, all are just a stone's throw away from Les Pallieres Farm's enviable location. Of course, wild scenery,

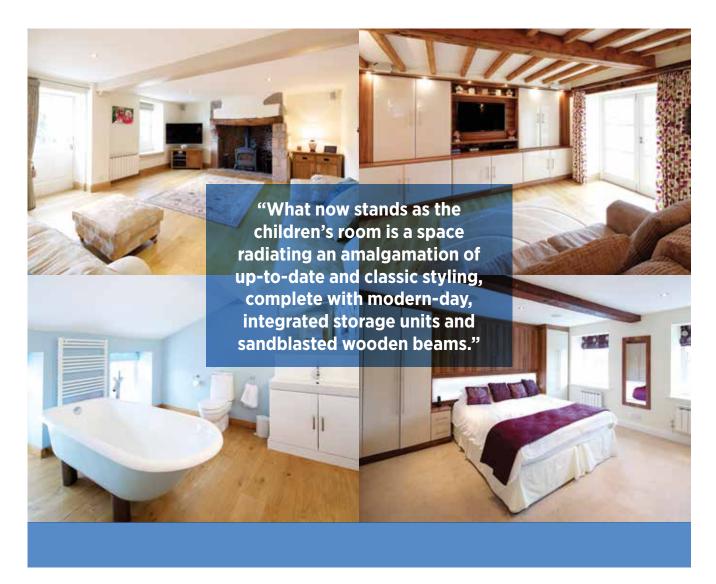
unspoiled views, rugged terrain and soaring cliffs are just a few of the property's many allures and once inside, you'll find many more must-see attractions.

Also close by is the airport, the island's surf capital 'St Ouen's Bay', the race course at Grosnez and a selection of local schools – comprising an outstanding private preparatory and a variety of secondary schools – all of which wield excellent reputations.





101



This is a property that has been designed with easy living in mind and is as equally practical as it is stylish. French doors open directly out onto the patio and alfresco dining area creating a seamless link between the outdoors and the inside. It's here you can imagine everything from relaxing breakfasts and brunches, to BBQs and garden parties taking place. Les Pallieres Farm is most certainly suited to homeowners who enjoy nothing more than entertaining a surplus of family and friends.

The main living room sports an extremely versatile space, complete with wood burning stove, feature fireplace and beautiful oak flooring. This country chic style is emanated throughout. What now stands as the children's room is a space radiating an amalgamation of up-to-date and classic styling, complete with modern-day, integrated storage units and sandblasted wooden beams.

The first floor is home to a further living room, a master bedroom with en-suite, three additional bedrooms (all of a good size) and a stylish house bathroom complete with freestanding bath.

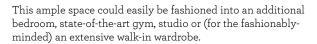
66 This is a property that has been designed with easy living in mind and is as equally practical as it is stylish. French doors open directly out onto the patio and alfresco dining area creating a seamless link between the outdoors and the inside. 99

Paddle stairs lead up to the second floor, where a fabulous home office space with the added benefit of a surplus (and very sophisticated) en-suite awaits you – a superb blend of traditional architecture and stylish contemporary design.

BECAUSE QUALITY MATTERS gallery







A second set of stairs lead to a further two guest bedrooms and living room complete with an additional house bathroom. This part of the house is an asset to those who often welcome guests to stay, and also, to buyers looking to cater to a multigenerational household. It's here you'll find a home offering both privacy and togetherness, perfectly in tune with the needs of today's modernday family.

From the moment you step inside Les Pallieres Farm, an abundance of fine interiors, beautiful bathrooms and elegant living spaces greet you. The house is awash with natural light and a high level of specification throughout, a perfect choice for the modern family and one that ticks all the right boxes for a classic, contemporary home.



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La Rue Des Pallieres, St Ouen

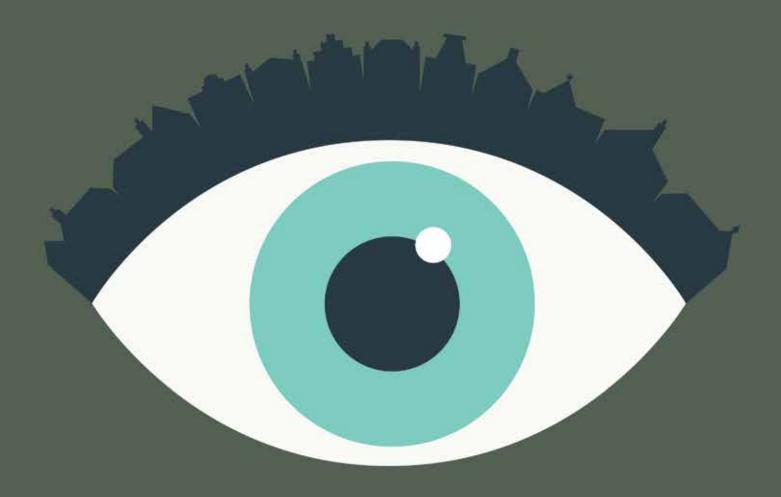
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It is hard to avoid the coverage in the UK press at the moment about the changes to UK pensions legislation. With Jersey having a separate tax system with our own set of pension laws, we will not be directly impacted by any of these changes.

However, we are fortunate to already have a very flexible pensions regime that was further improved earlier this year. Very few people know that we have been able to access our pensions, in full, for many years in Jersey, but that wisely the Jersey Tax authorities insist that you meet certain criteria before doing so.

With so many options to now choose from at retirement it is more important than ever to seek specialist pensions advice from a qualified adviser. Your decision is likely to determine the quality of life you can expect to enjoy.

Please call Hayley at Henley Financial on 789830 or email hayley@henleyfinancial.je if you would like to find out more.

JERSEY MARKET

The surge of activity that we saw at the beginning of this year seems to be continuing, although there are fortunately no signs of any overheating, as there is sufficient new stock to replace properties that have recently been sold.

The most noticeable increase in sales seems to be in the sector of the Jersey market from £600,000 to £850,000, as well as in the upper bracket of £1.25m plus. This suggests that many buyers have now regained their confidence, after years of having put their lives on hold, which is great news indeed!

Asking prices are still negotiable in some cases, although it would seem that the steady fall in property values that began in 2009 has virtually bottomed out.

THOUGHT OF REMORTGAGING?

It is a fact that millions of borrowers in the British Isles are spending a fortune on interest rates that their mortgages have moved to after a period of being on a fixed rate.

If you are one of those people, do pop along to The Mortgage Shop to find out how you can significantly reduce your monthly outgoings by moving to a more competitive lender and take advantage of some of the unbelievably low interest rates that are currently on offer – our 5 Minute Review that we offer each lunchtime requires no pre-booked appointment, so things couldn't be easier.



BASE RATECOUNTDOWN

Interest rates are now not expected to rise until the start of 2016 at the very earliest, but more likely in the summer of that year. In fact some areas of the market are pricing in a rise in base rate in the latter part of 2016, after the Bank of England's Chief Economist had suggested that the next move in the official interest rate was at least as likely to be down as up.

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BASE RATE OR TRACKER RATE?

During the past month mortgage interest rates have fallen even further – consider a tracker or a discount, but do remember that when this rate is reviewed at the end of its term, the fixed rates that will then be available are likely to be higher than they are at present.

The Mortgage Shop

Tel: **789830** www.mortgageshop.je

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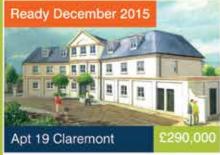
new apartments and houses across the Island...



23 The Willows

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Belvedere, St Saviour

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St Saviour's Hill

- . 2 bedroom 2 bathroom detached cottage
- Ground floor wetroom
- · Very large living & dining area
- · Spacious master bedroom suite





St Clement

- Garage, secure parking & visitor spaces
- . Kitchen/diner with separate lounge
- · Large utility
- · Only 3 remaining



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Sat 10am to 12.30pm

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St Saviour's Hill

- . Exclusively for the over 55's
- . Show cottage with bright & airy sunroom
- · Ground floor wet room
- . Private south & west facing garden





Gorey Village

- · Spacious detached family home
- · Garage, 2 allocated spaces & visitor parking
- · Large sunny garden
- · In the heart of Gorey village





Portelet Bay

- · Large south facing balcony with views
- 2 ensuite bedrooms
- · Large open kitchen, dining & living area.
- · 2 parking spaces & visitor spaces





St Helier waterfront

- · Stylish penthouse show apartment
- · Large south facing balcony
- · Views of the harbour





St Saviour

- · Spacious semi-detached family home
- · Secure garden with fantastic meadow views
- · Large living & dining area
- Garage plus 2 parking spaces & visitor spaces





Gorey Village

- · Spacious detached family home
- · Garage plus 2 allocated parking & visitor spaces
- · Large top floor master bedroom suite
- In the heart of Gorey village.





Portelet Bay

- · Ground floor with terrace and planted area
- · Views of Portelet Bay and Janvrin's tomb
- · Flooded with natural light
- · 2 secure parking spaces & visitor parking





St Helier waterfront

- · Fantastic Marina views
- · Large west facing balcony
- · Fully fitted kitchen with Miele appliances
- · Secure parking for two cars





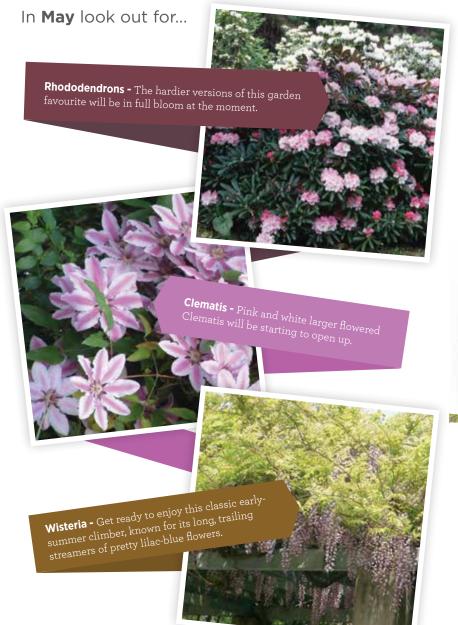
56 Belvedere

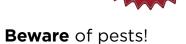
St Saviour

- · Spacious detached family home
- · Rural setting with meadow views
- · Garage plus 2 allocated parking & visitor spaces
- · Close to many schools

Gardens

May is the end of spring and the beginning of summer. It is one of the most exciting months for garden lovers because every time you set foot outside you'll see new flowers opening up. The longer evenings and warmer weather bring garden furniture and barbecues out - but are yours up to scratch? Our annual garden guide is full of fantastic practical products which will allow you to make the most of your garden for 2015.





Slugs, snails, beetles and ant nests flourish at this time of year so keep an eye on small outbreaks (as nature should take its course) but be ready to declare war if they become troublesome.

Gardening



Simple Styling

Beware all matchy-matchy outdoor furniture and consider investing in some unusual key pieces to inject a bit more personality into your garden. This beautiful 'Lazy Lucy' chair and stool from Vincent Sheppard is part of their resin furniture collection, made of polyethylene fibre with a powder coated aluminum frame, it is totally weather resistance all year round.

Vincent Sheppard is available from Morton + Morton

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THE BBQ LOWDOWN

Ransoms has been selling BBQ's for over 40 years and know a thing or two when it comes to alfresco cooking. Aside from stocking a series of affordable and quality styles, they offer a wide range of BBQ's that cook well, look great and are easy to clean. To avoid a domestic or having to wait a stressful three hours whilst 'DIY man-about-the-house' builds it, Ransoms assembles and delivers free of charge.



Weber Q1200 gas BBQ with stand

Great for the balcony, beach or garden. Forget carting a big yellow gas cylinder to and fro, this clever BBQ runs off a small, disposable gas canister. Perfect for popping in the boot of your car, yet still large enough to feed the family. This model at £245. Ransoms also stocks the Q2200 gas BBQ at £309 and the Q1400 electric model at £265. Buy any of these BBQ's now and take advantage of 15% off the newly launched 'Q' rotisserie grills - only at Ransoms.



Re-launched last year in response to demand, the Weber Go-Anywhere is a meticulously engineered portable gas BBQ. Space-saving swivel legs give this BBQ some much-needed height to avoid scorching the ground and doubles up as a secure lid holder. The gas version £115. Also available as a charcoal version at £70.



Landmann Triton 4 Burner gas BBQ

The Landmann Triton boasts sophisticated technology, four stainless steel burners, including a handy side burner and all in a great looking design. £429 fully assembled and delivered.



Shade Sorted







The Italian brand Poggesi has achieved a poll position among the world's umbrella producers as its unique side-arm umbrella has become a real must for outdoor shading. Changes in life-style mean that the garden is now considered as an extension of your living space and it was this that motivated Poggesi to constantly update the design, production and patenting of their very attractive, state-of-the-art, umbrellas.

Based in the heart of Tuscany, home of art, style and fashion, Poggesi has never forgotten their Italian cultural heritage which makes them constantly strive to achieve a winning design and elegant colour combination for every product.

One of the best bits about these shades is that they are incredibly easy to put up and down with a few easy turns of a handle. They have the option of a discreet inground base or normal surface base, and, if you want to use it into the evening then there are a series of additional heater options allowing you to spend more time in the great outdoors.

Poggesi Shade Umbrellas are available from Morton + Morton



2015 Top Garden Accessories Wish List

1) Wild Wellies

Are you more of a glamorous gardener? Then traditional wellington boots just wont do! With your favourite pair of staple black jeans tucked into these puppies you'll be as wow-factor as the flowers you are tending to. Elvetik, £49.95

2) Topiary Trimming

For those who like a tidy bush these state of the art shears are the perfect tool. Burgon & Ball, £21.99

3) Simple Signs

This sweet sign adds a personal touch to your garden and makes the perfect present for your green fingered friends.
Potting Shed Sign, £34.99

4) Wonderful Watering

Why have just any watering can when you can have THIS watering can! Burgon & Ball, £24.95

5) Beautiful Birdhouse

Encourage Blue Tits and house Sparrows to your garden with one of these stunning birdhouses. Medium size, £225

All products featured are available from Ransoms Garden Centre

Timeless

Metal garden furniture has been used in England since the early 18th Century. Cotswold based British brand Oxley's uses only the highest grade aluminium alloys to guarantee their exceptional quality, their substantial pieces are said to last generations and Oxley's furniture graces some of the most beautiful properties imaginable. If you're looking for something more classic then this is a great brand to check out.

Pictured are the Oxley's Riviera Sofa and Lounge Armchair with putty cushions available from Morton + Morton.





Renowned for their honest feel, contemporary style and smooth performance, Cane-line strive to give each and every one of their creations a visual expression that flawlessly emulates the quintessence of today's culture. Their ultimate goal – to make life comfortable. In fact, their design thesis is as simple as this.

Cane-line chairs have been designed to express a distinct style, whilst their uniquely crafted tables protract an appreciation of the great outdoors. But what is it that makes this particular outdoor furniture manufacturer stand out from the crowd? Well, asides from their distinctive design viewpoint and conscientious core values, it's the fact that each and every exclusive model comes complete with a maintenance-free guarantee.

When it comes to comfort and style, all Cane-line products boast an elite infrastructure. They're easy to clean, weatherproof and durable. The materials used are not only marine-savvy; they're the perfect blend of aesthetics, comfort and quality. In fact, many of their creations can easily be described as architectonic wonders, yet instead of boasting fanciful designs – they're simple, straight-to-the-point and make perfect sense.

Cane-line combine lounge style comforts with state-of-the-art technology – all furniture creations boast UV-resistant, quick drying, self breathing, antibacterial

and colourfast conceptions – saving those who choose to invest in this particular product a great deal of time and hassle. Instead of allowing the weather to control the migration of your garden furniture (cushions too), the entire Cane-line outdoor collection can be left to its own devices, allowing you to concentrate on the more important things in life.

Cane-line believes in furniture that is understated, practical and comfortable, meaning you decide when, where and how to use it. Timeless and flexible styles have been combined with futuristic colour schemes that appeal to every persona, meaning they work as well in Denmark as they do in Dubai.

They're also extremely versatile pieces and can easily be used to merge the indoors with the outdoors, as asset to those who wish to unite the likes of an orangery or sun room with an outdoor decking or pool area.

From core dining solutions and the conic lounge, to the Cane-line weave collection, there are a number of options to choose from – all of which guarantee to add a certain element of style to your outdoor space.

For more information on Cane-Line's new range of high quality Danish designed garden and outdoor living furniture, take a trip to Bauformat and check out this exciting collection for yourself.

www.bauformat.co.je

"Timeless and flexible styles have been combined with futuristic colour schemes that appeal to every persona, meaning they work as well in Denmark as they do in Dubai."



BECAUSE QUALITY MATTERS gallery | 111



The pièce de résistance

Once you've perfected your garden, why not maximise its enjoyment with the addition of a conservatory or orangery – a beautiful extension of the home with a style and charm of its own.

With our Gallery garden special in the making, we decided to catch up with Simon Phipps, designer at David Salisbury and now also Style Windows in Jersey.

With ten years of experience to his name, Simon has a thorough understanding of the product and how to maximise its potential in terms of design and functionality. Working for David Salisbury has allowed Simon to work alongside Style Windows. Now part of their team – he's delighted to offer his Design services here in the Channel Islands.

So what is it about this brand that makes them stand out from the crowd? Everything made by David Salisbury is designed for the individual client's needs. For each project, Simon creates a design proposal, which aims to fulfil the clients' own ideas and inspirations, meet planning requirements and compliment the home it is intended for. David Salisbury's Somerset-based

manufacturing facility has both the ability and flexibility to ensure the finished conservatory or orangery is of the highest quality.

Prior to plans taking place, Simon arranges an initial meeting with every client; this ensures he fully understands your requirements in terms of appearance and functionality. "I use this brief in conjunction with the proposed surroundings and any planning or structural requirements to produce detailed CAD elevations and plans along with stunning 3D visualisations, all of which give a photo-realistic view of the proposed orangery or conservatory."

So how do you choose between the two? Orangeries are an extremely versatile and popular option, especially as they can be used all year round. This by no means rules out conservatories – with the right design, a conservatory can achieve the same result, meaning each structure is equally

suited to hot summer days, as it is chilly winters. But that's not all – both are easy to maintain. "Being a natural product, any timber structure will require maintenance, but David Salisbury strives to make them as easy and as low maintenance as possible – roofs are constructed exclusively from hardwood to create beautiful surroundings, whilst glass is secured externally with traditional lead grey aluminium caps, all of which are low maintenance!"

With a range of different styles, materials, structures and sizes to choose from, there's something to suit all homes.

To find out more about the many conservatories and orangeries available, contact Simon Phipps on 07508 053709 or email sphipps@stylegroupjersey.com

www.stylegroupjersey.com/windows www.davidsalisbury.com

Winning at life The incredible hanging seats by industry legend Dedon are some to envy, something to covet, and for a very lucky few, something to have. Never has there been a more dreamy place to head to for some R&R than your own floating cosy cocoon. On gentle summer days lazing about in one of these with your partner and a good book is probably one of the most relaxing and rejuvenating things we can think of! Pictured are the Nestrest and Swingrest. For enquiries call Morton + Morton on 726222



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FEATURED SELECTION



Semi Detached Convenient Countryside Location Large kitchen diner Enclosed suntrap garden Well maintained throughout

Single garage & parking for 2 cars

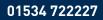


Unqualified Walking distance to town Large sitting room Balcony 2 Under cover parking spaces



Semi-Detached House Conservatory **Enclosed Garden** No Onward Chain Qualified

3



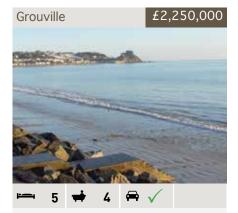






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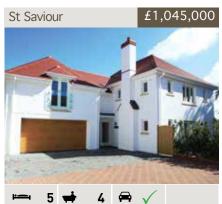




Direct access to the bay Luxurious spacious accommodation Good size garden Beautiful kitchen and breakfast room sought after neighbourhood

01534 670333





Luxury detached new build Close to schools, shops & good bus route Wrap around garden Impressive gated entrance Double garage and ample parking

01534 722227





Delightful cottage Sought after location Yards from the beach and sea Close to gorey pier, harbour & restaurants Small courtyard area On street parking

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INTERIOR NEWS



Live. Dine. Sleep with MyPad.

Since its initial launch in February 2013, MyPad.je has gone from strength to strength. Now with a series of successes in tow, the centrally located showroom has decided to further improve its already tech-savvy concept. To cater to the huge demand, rather than move to a new showroom, they've expanded their existing area to offer even more products and home furnishings. They have doubled the size of the showroom on the first floor and introduced a new concept in 'LIVE, DINE, SLEEP' Still with a focus on top European and UK suppliers of Contemporary furniture - including high-end brands such as on-trend German brand Weimann, Domitalia and Terence Conran - this new expansion will focus more on the 'sleep' side of things. From exclusive beds to fitted bedroom furniture, now you can view a little more of what MyPad.je's online platform has to offer.

MyPad differs from the normal retailer and promotes itself as being an 'online business

with a showroom – not a store with a website', with their extremely successful online garden ranges adding to the comprehensive home interiors offering.

On top of this, the extension will offer exactly the same benefits, including advice and assistance from expert and interior design led sales personnel, 0% finance, free timed delivery, free assembly of new furniture and removal of unwanted furniture and price guarantee. Also available is an out of hour's service, interior design service and private store viewings by appointment. With work underway on re-designing their existing online store plus a marketing campaign in the planning to launch www.MyPadci. co.uk - this local business is making huge progress. Showroom opening hours are Monday to Saturday 10am to 5pm. Evenings and Sunday by appointment.

I've agreed the sale of my property and the purchasers are keen to complete as soon as possible. How can I enable a smooth process from a legal perspective?

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Executive

- 1. It may seem obvious but it is vital to appoint a responsive, pro-active legal firm that you trust will work to your order
- 2. Instruct your legal adviser in good time, ideally as soon as possible once you have agreed the sale. If your lawyers require a signed terms of service prior to undertaking work ensure that this is returned in a timely fashion
- 3. If you are going to be off-island during the period have your lawyers arrange a Power of Attorney to be signed so they can act on your instructions in your absence
- 4. Make sure your legal adviser knows of any alterations that have been made to your property during your ownership. Particularly if you have made any structural changes to the property or the boundaries that might have required planning permission, building sign off or a neighbour's permission
- 5. It is standard practice for purchaser's lawyers to raise numerous queries and require certain confirmations prior to completion. Ask your legal adviser what these might be in advance so you can be sure to have the information to hand and satisfy any concerns they may have

Visit the new showroom at West Centre, St Helier | 01534 510742 | info@Mypad.je

Dovetails kitchens

Bespoke, handcrafted furniture is what Stewart Hill of Dovetails specialises in. From contemporary to traditional designs, Dovetails puts you and your lifestyle at the centre of the whole design process.

As a smaller company, Stewart is able to offer a personal service, that doesn't restrict you to set ranges, styles or sizes. Whether you have a specific idea in mind or you're looking for inspiration, Stewart will

help you create everything from individual pieces to complete room designs – all to your exact requirements. Regardless of how simple, ornate or eccentric your vision may be.

Stewart has a portfolio of tradesman at his disposal, which allows him to offer a completely tailored service - from the design right through to construction and installation. Whether you wish to invest in a state-of-the-art kitchen to accommodate the latest gadgets and appliances or are looking for something more laid back in one of this year's favourite kitchen trends such as classic New Hampton, simple white Scandinavian or cosy beach style; Stewart is your man.

For more information visit www.dovetailsjersey.co.uk Stewart Hill: dovetails.je@googlemail.com/01534 498086



T: 01534 601772 E: jonathan.dauny@collascrill.com 40 Don Street, St Helier

Add some summer colour to your kitchen

The Le Creuset Bloom Range is inspired by sun kissed meadows and sweet bouquets. These o-so-pretty pieces are all the inspiration you need to get started on summer cooking.





gallery

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Business News

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Businesses and individuals can now compete in the Corporate Cup

Keen runners in Jersey still have time to enter the Canaccord Genuity Wealth Management Corporate Cup race series which started on o.

The Corporate Cup is a 5km lunch time race series, organised by Run Jersey, aimed at all businesses based in Jersey.

The series launched last year with 38 business teams competing. The Deutsche Bank Dashers C team took first place in the men's competition, the Deloitte 1 team took first place in the women's competition and the Salty Seales from Saltgate Ltd dominated in the mixed competition.

This year the race is also open to individual entrants as well as business teams. All team members will be automatically entered to compete for the individual men's and individual ladies cup. Also for the first time, Race Nation will be providing real-time race tracking with chip timing for each runner. The races will take place on the third Wednesday of the month throughout the summer. Each race will start from the Freedom Tree alongside the Radisson Blu at 12:45pm and the first race took place on 15 April.

The event will be split into three categories; Men's, Ladies' and mixed with a Corporate Cup Trophy to be won in each. The best three races count towards the overall standings. There will be prizes for individual performances as well as other categories such as the most improved team.

Teams are to be made up of four people (mixed teams must include at least two female runners) from the same company and but you will be able to substitute runners to cover for sickness or annual leave. "The Corporate Cup promotes running as a healthy and enjoyable activity for everyone and is a fun but competitive team building exercise. The races appeal to both competitive runners and novices alike and gives everyone the chance to do something active during their lunch break," said Digby Ellis – Brecknell, Race Director and Endurance Events Organiser for Run Jersey.

"This monthly challenge will bring about an exciting change to the work day with a little bit of healthy competition between businesses thrown in for good measure. We are very grateful to Canaccord Genuity Wealth Management for their sponsorship of this event."

The races will take place on 20 May, 17 June, 8 July, 19 August and 16 September.

For more information and an entry form for the series visit www.runjersey.co.uk



The Atlantic Hotel's Patrick Burke Selected to Judge Cateys Independent Hotel of the Year Award 2015

Owner of The Atlantic Hotel, Patrick Burke, has been honoured with the opportunity to judge at The Caterer's annual Catey Awards, which will take place on Tuesday 7th July 2015 at The Grosvenor House in London. Mr Burke will be judging the Independent Hotel of the Year 2015 category, the accolade awarded to The Atlantic Hotel in 2014.

Widely regarded as the hospitality industry's answer to the Oscars, the Cateys recognise the industry's "highest flyers, strongest performers and hottest brands" and are attended by the country's leading hoteliers and restaurateurs.

The judges, selected for their expertise and industry knowledge, will determine a shortlist for the Catey Awards after a rigorous initial selection process. Finalists must be able to demonstrate sound financial results, innovative marketing campaigns, exceptional standards of service and a clear strategy for future investment and growth.

On receiving the invitation, Mr Burke commented "It is a great honour and privilege to be asked to judge at such a prestigious event. When The Atlantic Hotel won last year, it was the first time in the history of the Cateys that a Jersey hotel had won the award, and I am extremely proud to be the first Jersey hotelier to be invited to join the judging panel and am very much looking forward to the experience."

The winners of the 2015 Catey Awards will be announced at the ceremony on Tuesday 7th July 2015, at Grosvenor House, A JW Marriott Hotel, London.



Elian becomes the first fiduciary business to join the Institute of Customer Service

Elian has become the first fiduciary services business to join the Institute of Customer Service. An independent professional body for customer service, which aims to promote the tangible benefits of excellent customer service to organisations and their employees.

Elian has joined the Institute on a three-year term as a council member, and was visited by a team from the Institute earlier this year to discuss plans and activity for 2015.

Membership gives Elian access to the Institute's breakthrough research, benchmarking and measurement tools. Employees will be able to take advantage of specially developed training.

Elian COO, Simon Willing, said the membership underscored the company's pledge to consistently anticipate and adapt to evolving client requirements.

T'm particularly proud that Elian is the first fiduciary services business to join the ICS. At Elian we have a clear vision: to continually deliver more value and outstanding client service. Our relationship with the Institute will help us to deliver on this by giving us access to service experts,' he said.



Crestbridge expands office premises

Independent fund, family office and corporate services provider Crestbridge has taken on additional office premises in Jersey, increasing its potential future headcount capacity by almost 50% in response to growth across all of its business lines.

In addition to its current office space at 47 Esplanade, Crestbridge, which also has offices in Luxembourg, they will now also occupy premises in Charter Place, St Helier, giving them the opportunity to expand its Jersey workforce to around 170.

The new office space will primarily provide greater space for the firm's growing real estate and family office services business divisions, as well as its marketing and communications team.

The move comes following a hugely successful 2014 for Crestbridge, when it announced a number of key business wins, including establishing and providing ongoing administration services to the Jersey-domiciled 'Kennedy Wilson European Real Estate' fund, which became the second largest real estate IPO in LSE history, as well as a number of UK and continental European fund mandate wins across the real estate and private equity asset classes.



Jersey Student Business Challenge is Sure to expand

The Jersey Student Business Challenge announced today that Sure will become a corporate partner for the Challenge next year. Sure will be the fourth corporate partner and work alongside Barclays, EY and Ogier who created the Challenge three years ago.

This year's Challenge has seen ten teams of students from Grainville and a further ten teams from JCG start-up and run their own businesses with an initial investment of £100. Each team has been supported by a mentor from Barclays, EY or Ogier who have helped the students equip themselves with skills which are relevant to the workplace.

The Challenge launched in January and teams had two months to develop their business acumen and will now face a final Dragons' Den on 24 April, where they will need to impress the judges with their abilities to run a profitable business and/or benefit the local community. The winners of this year's Challenge will be announced at an awards ceremony on Thursday 14 May which will celebrate the achievements of the teams

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BECAUSE QUALITY MATTERS gallery |

Business News

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Award winning HR at BNP Paribas

The Chartered Management Institute (CMI) annual awards ceremony was held in London in March 2015, recognising and celebrating management and leadership excellence.

This prestigious award ceremony saw Nathalie Le Barz, Head of Human Resources at BNP Paribas (Channel Islands and Cayman), become the London and South East regional winner for the Management and Leadership Award. The award was presented by Ann Francke, CEO of the CMI.

Nathalie was nominated by senior business leaders for her work leading a major cultural transformation project. Initially, the nomination was for the 'Women in Management Excellence Award', but Nathalie scooped the more prestigious 'Management and Leadership Award'.

Speaking of her award, Nathalie said "I am extremely delighted and honoured to have received this award. It is recognition of a lot of hard work by my team and I. The outcome of the project instils a framework of behaviours and values which we use when working with anyone, whether it be our clients, colleagues or counterparts external to the group. This initiative has been so successful that it has been rolled out in other locations within the BNP Paribas global network".

As well as Nathalie's BNP Paribas role, she is also the Vice Chairman of Jersey Young Enterprise. Young Enterprise is a national education charity founded in 1963 to forge links between schools and industry. It inspires and educates young people to understand and value the role of business, through practical business projects which develop attitudes and skills for personal success, lifelong learning and employability.

Nathalie who is passionate about developing others together with experiencing different cultures added "my aim now is to further my work with third world countries, helping empower young women to realise their potential through education".

The Chartered Management Institute (CMI) is the only chartered UK professional body dedicated to the development of leadership and management. The CMI is the only body able to award Chartered Manager status in the UK. The Chartered Manager process requires candidates to demonstrate how they have developed as a manager and how they have applied their leadership and change management skills to achieve significant business impact.



Skipton International launches market leading 150 day notice account

Award winning Guernsey bank, Skipton International has today re-launched its International Investor 150, a market leading 150-day notice account offering a variable interest rate of 1.75% gross/AER.

The International Investor 150 offers a single interest rate tier, with balances over £10,000 up to the maximum of £5 million earning the same interest rate. Interest is paid annually on 30 November, however, customers wishing to receive a regular income from their savings can have the interest paid monthly to a nominated bank account.

This notice account is available to private investors and allows customers to deposit funds into the account at anytime. If funds are required, 150 days' notice must be served as there is no early access allowed.

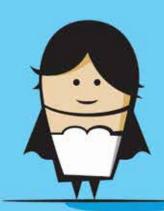
Skipton is a leading offshore bank with customers in over 100 countries. They offer a range of offshore savings products with monthly or annual interest options, as well as British expat mortgages.

Managing Director Jim Coupe said, 'Our notice accounts offer attractive returns, which makes them very appealing to investors. We're pleased to offer a 150 day notice account that is market-leading and uniquely we assure customers who may wish to transfer to a longer-term product offered by us at a later date, no notice period would be necessary.'

Skipton has won or been commended in the Moneyfacts Best Offshore Account provider category for the last three years.



Meet The League of Extraordinary Career Shapers



Jo Le Couilliard

- DIRECTOR -

I put your strengths towards good and use my super human capabilities to find you a new job. Simple. Come in and put my powers to the test.



CAREER BUILDER

Toni Bracken

- DIRECTOR -

I like to lay solid foundations by getting to know you, working on your CV, providing interview support then when that's concrete, I find you a new job.



CAREER ANGEL

Gemma Rawlings

- RECRUITER -

I'm caring and supportive always on your shoulder guiding you through the job seeking process with saintly commitment.



CAREER NINJA

Carly James

- RECRUITER -

I'm a trained master in the art of recruiting. Let us combat your career obstacles and find the right role for you.



CAREER SHERIFF

Carol Dwyer

- ACCOUNTS -

I'm the money marshal of this operation. Let me look after the bookkeeping and make sure ya'll taken care of.



CAREER SAVIOUR

Viktorija Jelisejeva

- ADMINISTRATOR -

I'm the first point of call for rescuing job seekers in distress and I save the team from any admin dangers. Pop in any time.

Check out our extraordinary opportunities and register at









The perfect office space is a dream come true for many start-ups today! Having a space in which to foster and develop your business all adds to the success of a company. Honeycomb – the brainchild of Spencer Bourne – boasts a number of impressive office alternatives, all perfectly in tune with the business desires of many like-minded organisations today.

Who are iPopDigital?

iPopDigital are a brand new digital agency that pride themselves on offering the best of both worlds – print and web-based solutions for international and local clients. Although a relatively new start-up, they're far from fresh off the boat. In fact, they come with a wealth of collective experience. Their backgrounds are heavily steeped in the world of web and print design, with both Jon Moore (Creative Director) and Jonny Seller (Director/Developer) having cut their teeth at bigger agencies. Their new venture is born from a desire to choose who they work with, whilst also being able to control their business output on a more holistic level.

We wanted to inject a passion into our work that we think only comes from working more intimately with our clients under our own flag. Luckily for us, we've really hit the ground running. We're young, zealous and committed, and our willingness to be represented by our work has seen us build a solid client-base already'.

The roles involved?

As a small team, both Jon and Jonny have to cover all aspects of the business.

When it comes to web work, Jonny is the main developer – he likes to hand code (he's a sucker for punishment). Jon Moore is the designer so he creates all print work and has been known to dabble in web work when he is called upon. Because we're committed to never outsourcing our work we both have to muck in when it counts, but our experience stands us in good stead for that. We also work with a top local photographer, Victor Sindean, on a freelance basis and have a few others that offer marketing solutions to some of our clients – it seems to work out very nicely'.

Any plans for the company's future?

Being restless to a fault, this is a company that definitely has big plans in the pipeline, but for now, they're keeping their cards close to their chest.

'In a world of proliferated media, we'd rather put the horse before the cart and let our work do the talking, whatever the future brings. We've been fortunate enough to work with some great people so far and we're completely open to working with just about any like-minded souls in the future'.

Why 4 Wharf Street?

Irrespective of whether your business is established on a global level, or brand new, having a user-friendly hub to work from is a huge advantage. Wharf Street is just that to Jon and Jonny. With a range

of modern-day, refined office suites in the heart of St Helier – complete with no hidden costs, ample space and high-tech amenities – they're ideal premises for businesses that wish to grow.

'Wharf Street is a fantastic place to work. I'm sure it's been said before but to have so many different types of business under one roof creates such a stimulating working environment. We have been warmly welcomed and we've met a number of like-minded young companies who haven't hesitated to offer invaluable advice. Having seen people come and go in our short time here, we would like to think we have learned from their successes and mistakes'.

Is it important to have an office positioned in the centre of town?

Although there's temptation, particularly in this industry, to lock yourself away and develop a business virtually, iPopDigital are great believers in face to face interaction.

'Our office is pretty relaxed; we have an open door policy and encourage people to drop by for whatever reason. We have actually found that we develop just as many new relationships that way as we do online, which is great for us because it keeps things interesting'.

HONEYCOMB IS AT 3 GREAT LOCATIONS. TAKE ADVANTAGE OF A SPECIAL OFFER AVAILABLE UNTIL 31ST MAY 2015 GAINING 2 MONTHS' FREE RENT WHEN YOU TAKE A YEARLY LEASE. SINGLE OFFICE SUITES AVAILABLE FROM £395.

"Irrespective of whether your business is established on a global level, or brand new, having a user-friendly hub to work from is a huge advantage. Wharf Street is just that to Jon and Jonny."

Tell me a little about the benefits you offer your clients?

One of the best things about a smaller company is that they're able to offer a more bespoke package to their clients – based and dependant on their budget.

'We won't try to push them into something more expensive just because it suits us - we are as transparent as possible about time, costs and the end result. We think there's always that temptation to overcommit just to satisfy the accountant but in the long term it'd likely be the undoing of us. Like I said, we're proactive and we're committed so we always finish what we start, even if it means putting in the extra hours'.

What do you enjoy about your job?

Both Jon and Jonny love their jobs. Sure, a lot of people say that but for them it's true - every day is different and they never know what the next project will bring.

'We have such a huge range of assignments on at any particular time so you never feel like you're banging your head against a brick wall. In this line of work variety is incredibly important to ensure your creativity doesn't run dry and we're lucky enough to be able to inject it into our days habitually and appropriately'.

A day-to-day routine in the iPopDigital office...

There is certainly no set routine in this office. Both developers grab lunch whenever they can (favouring a chicken bomb from the bomb shop in the market) which is eaten at their desks.

'It is nice to know you can stay back late and don't have to ask permission. Our hours aren't structured like in finance, we're here until the jobs done, taking calls and meetings in between – it's a great way to work'.

iPopDigital are a constantly evolving organism, which means they're always open to working with anyone they feel will bring something new to their dynamic. Whether a client or a contributor, Jon and Jonny look forward to hearing from you!

WHARF STREET

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enquiries@palladiumgroup.co.uk

Contemporary office suites in the heart of town boasting both a neighbourly yet private office arrangement – all with affordable leasing terms that include utilities.

Three great locations in St Helier

Minimum 3-month lease with 1-month notice, 6-month lease with 2-month notice and one-year lease with 3-month notice, deposits would reflect notice period.

Single office suites from only £395 per month. Suite sizes range from one to eight people.

24 hour access.

Flexible working hours.

Individual mailboxes assuring privacy of mail.

Phone system allowing for individual phone numbers.

Ideal for start-ups make the step from home to town and get closer to your clients.

No service charge heating, lighting and water are all included in the lease. Cleaning service supplied for common areas.

Meeting room available.

Kitchen servicing all suites.

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BECAUSE QUALITY MATTERS gallery | 125

Movers&Shakers

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No, this isn't the new junior Doctor Who... (Image crop marks left in for creative relevance)

Oi Labs bunsen burner (earner).

Advertising and marketing agency Oi has launched a new venture tapping into the next generation of talented, young developers in the Channel Islands to help with digital innovation projects.

Victoria College A-Level student, Jordan Bugbird, is the first Oi Labs bunsen burner (earner). 18-year-old Jordan is a digital whizz-kid discovered by Oi in the deepest, darkest depths of Jersey.

With an internet connection, an insatiable curiosity into how websites work and enough Google-Fu to teach himself programming, he began building websites when he was 11-years-old.

"My first insight came in the form of the image sharing platform Piczo.com. It allowed users to build a 'website' using a simple WYSIWYG editor. From there I have exponentially grown in my understanding of computers, how to program them, and the logic and hardware behind them," said Jordan.

By the age of 12 he was working (after school hours) for a website hosting company called 000Webhost.com as an evening support staff member - dealing with customer enquiries and troubleshooting. Two years later Jordan discovered Minecraft and started his own community with approximately 2,000 active users, then stopped when he approached his GCSE's. With a love of solving problems, PHP and Java, Jordan is now equipped with a sophisticated understanding of computer programming, their logic and their hardware.

Jordan approached Oi having seen an advert on the Digital Jersey website and we were so impressed we signed him up to our new venture, paying a set monthly retainer for an agreed amount of hours (completed outside of his schooling). "Working for Oi Labs will allow me to experiment and expand on my passion, plus it's a great way to save up to fund my university studies in the future," Jordan added. "I can't wait to get stuck into the experimental projects we are exploring via Oi Labs."

Ben Clarke, Oi Creative and Digital Director, said Oi Labs is about giving exceptionally talented young people in the Channel Islands the chance to contribute to projects which could have huge global commercial opportunities. "The first project is currently underway and we're looking forward to approaching the right commercial company, or companies, with proof of concepts later this year," he added.

New deputy general manager at Grand Jersev

The five-star Grand Jersey has appointed Elizabeth Raine as deputy general manager.

Miss Raine has 15 years' experience in the hotel industry, most recently as deputy general manager at Hand Picked House, a four red star luxury country house in the New Forest, Hampshire.

Miss Raine, commented: 'This is a unique and exciting opportunity to be involved in the development of one of Jersey's most prestigious hotel properties. The hotel has a fantastic reputation for providing its guests with unrivalled luxury experiences and I am delighted to be joining the hotel at such an exciting time in its history.'

Martin Kelly, general manager at Grand Jersey, added: 'Elizabeth has a proven track record of success at a range of large and boutique four-star hotels in the UK and abroad. She is a highly qualified and experienced professional and will be a great asset to the team at Grand Jersey'

Elizabeth has relocated to Jersey from the UK. In her spare time she enjoys cycling, walking and nature. She is also a keen traveller and conservationist, having spent time working as a tour guide for eco-tourism businesses in South America.



IS YOUR CV READY FOR THE 2015 JOB MARKET?

WORDS: Jeralie Pallot, Managing Director at Rowlands Recruitment

The first thing to remember is that there's no such thing as a one-size-fits-all CV. That 'perfect CV' will only be perfect for that one job, one opportunity. Always ask yourself what your potential employer is looking for. If you have a job description, consider the key skills and competencies being sought for the role and make sure you highlight your experience in these areas in your CV. If you're hoping to go into creative industries, it makes sense to be, well, creative. If, however, you're applying to the legal or financial sector your tone and presentation will be completely different.

There are many statistics to consider when job hunting and the most important in relation to your CV is that a potential employer will only spend an average of 7 seconds reading your CV before they decide whether you are of interest to them or not. You need to make sure that what they're looking for is available at a glance. If you're submitting your CV in digital format, through a portal, it may be passed through a programme scanning for key words before it even gets to a human. Make sure that you put those key words in!

Every employer appreciates a CV with a strong, clear layout, so a key tip when writing a CV is to keep your writing sharp and concise. Include your personal qualities, but back everything up with concrete things you've done. When discussing your interests, don't say generic things; stamp it with your individuality, which might include specific achievements in that area.

at school or University; this discipline, commitment and team focus is something your employer will want to know about.

Basically, you need to get across how your skills, qualifications and experience will benefit the person reading your CV, all while giving a taste of who you are. After all, your employer may end up spending a

"There are many statistics to consider when job hunting and the most important in relation to your CV is that a potential employer will only spend an average of 7 seconds reading your CV before they decide whether you are of interest to them or not"

If you have recently graduated, you need to emphasise the work experience you have, not just your qualifications and study history. Of course you're only starting out, but any experience of the world of work, voluntary or paid, is valuable. Draw out the parts of your studies that will be interesting and relevant for employers. If, for example, you are applying for a trainee accounting role and your Business degree included relevant modules, highlight these modules. You may have played or helped coach a sport

lot of time with you – they want a keen, competent worker, but they also want someone they and their team (and ultimately their clients) get on with.

And whatever you do, remember that good spelling and grammar are not optional extras!

Our clients said: "Nedbank Private Wealth is a first class bank"*

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We always put our clients first, which is why we have held, for the past five years, the highest ever client satisfaction score for our speed of response* - and it's why our clients say we're a first class bank. To find out how our holistic approach and comprehensive product range can meet your wealth management needs, visit our website at www.nedbankprivatewealth.com or call us on 01534 887889.

* Client satisfaction survey undertaken in 2013 by The Leadership Factor, the UK's leading customer survey specialist.



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Ogier promotes three partners in the Channel Islands

Ogier has appointed three new partners to its team in Jersey and Guernsey.

The firm has promoted Sara Johns and Jamie Bore in Jersey and Christopher Jones in Guernsey, effective from 1 April, bringing Ogier's total number of partners to 49.

In Jersey Sara Johns, who has more than 20 years' experience in London and Jersey, has been promoted to partner. Sara is a Jersey Advocate specialising in mergers and acquisitions, corporate restructurings, joint ventures and capital markets transactions involving offshore vehicles. She also leads Ogier's competition law practice in Jersey.

Ogier's head of corporate and commercial services Simon Dinning said:

"We are delighted to recognise Sara's hard work, commitment and corporate expertise in promoting her to partner."

Ogier's Chief Operating Officer Jamie Bore, who is based in Jersey, becomes the firm's first partner within its Business Services team. Also the firm's Chief Financial Officer, Jamie has been with the firm since 2009, is a member of Ogier's Executive Board and was a key member of the deal team who successfully delivered the MBO of Fiduciary division to Electra Partners in 2014.



Are you looking for a new job?

Digital Jersey, Jersey's government funded development agency tasked with accelerating the growth of the digital sector, is looking to recruit a new CEO. The key responsibilities of the role will be strategic and operational management of the organisation, representation of key stakeholders on and off island and representation of Jersey as a digital jurisdiction.

The successful applicant will be responsible for delivering long term economic, social and reputational objectives together with meeting annual business plan goals, to develop Jersey as a recognised jurisdiction for digital growth.

Chair of Digital Jersey Paul Masterton commented:

"I am proud and honoured to have served as Digital Jersey's interim CEO and have very much enjoyed the challenge. We have achieved many positive outcomes, not least the launch of the Hub, and have developed much needed momentum for the sector. It is now the right time to appoint a new CEO to take the organisation and Jersey's digital ambitions forward. This is a vitally important appointment and I will be consulting with stakeholders to get the brief for the job exactly right."

We are looking for a candidate that has experience in successful senior leadership and business development, as well as a broad understanding of the technological landscape. The role will require a seasoned leader, adept at balancing and aligning multiple stakeholders in a small, highly connected community. The ability to drive change and deliver results will also be critical, as is developing Jersey's international reputation. The Up Group, specialists in digital sector recruitment, have been appointed to lead the search for this position.







What is your actual day job?

Most of the week I am a student at Highlands College, studying I.T. specialising in programming and graphics. I also have a part time job as a technical developer for Race Nation, a Jersey based event registration company.

How long have you been doing your sport?

Strictly speaking the day I started triathlon was when I did the Jersey triathlon in June 2013. However for me when it really started was when my coach Nick started training me, which was in the beginning of 2014. So around year and a bit.

How are you preparing for the NatWest Island Games?

A tough 20-25 hour weekly training program, desperately trying to sleep for more than eight hours a night and clearing out the fridge.

Best thing about representing Jersey?

Definitely when you get recognised and approached from random people saying "You're that triathlete from the papers?" this definitely makes my day. Even though Jersey's small knowing that you might have one or two random people keeping track, gives you a real boost.

How can you get involved in your sport?

www.jerseytriclub.com, it has everything you need to know about triathlons in Jersey. Secondly choose a local race to either take part in or come and support. Lastly enjoy the atmosphere and the buzz triathlons provide. Whether you're taking part or supporting friends and family, triathlon is an awesome sport to be a part of.

I'm on a Level 3 sport course full time at Highlands College Monday to Friday. On a Saturday I work at Clark's shoe shop in Town.

How long have you been doing your sport?

I have been playing for about nine years now and throughout this time I have been coached by head coach for the Island Games Craig Gascoyne, who is helping every player lift there game to new levels ahead of the Games.

How are you preparing for the NatWest Island Games?

I've been training for between eight to twelve hours a week and have been doing this for about three to four months already before the team was announced to try and get ourselves in the team to represent Jersey. Some of the team including myself are going to the gym three times a week and have been having sport psychology talks as a group to make sure we go into each match with the correct mindset and positive attitude.

Best thing about representing Jersey?

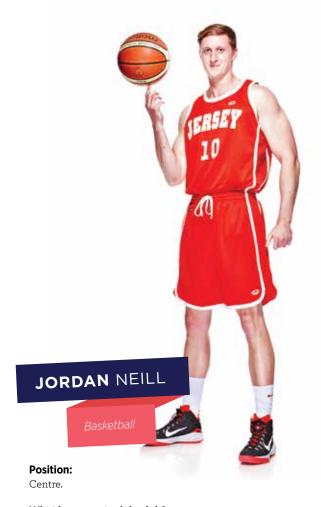
As a Jersey born person it is always an honour to represent the island. I believe when you are playing for Jersey you're not playing for just yourself, but instead are playing with the expectations of a whole island on your shoulders.

How can people get involved in your sport?

We have beginners sessions for 6-12 year olds on both Thursday and Fridays starting at 4:30pm. Furthermore there is a 6-12 year old session at St Mary's on a Wednesday from 3pm. For adults we have a session run by Craig Gascoyne on Thursday at 6pm and on Sundays 11:30am, in addition on a Thursday from 7pm the hall is open to only adults for the rest of the night. All sessions are located at the Geoff Reed Table Tennis Centre at F.B Fields in St Clement.



gallery



What is your actual day job?

Physical Education Teacher.

How long have you been doing your sport?

Nine years, I started playing basketball quite late whilst in sixth form at Hautlieu School with Rick Blakemore. I then started training harder and taking the sport more seriously when I went to University.

How are you preparing for the NatWest Island Games?

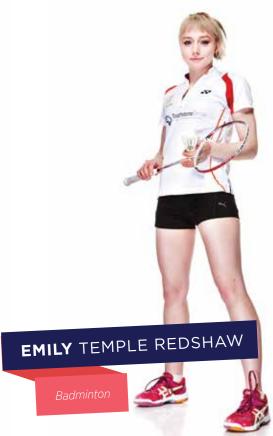
I am training at least six times a week, either with the team working on our team plays and match fitness with our head coach Pawel Zalewski. Or individually at LH Fitness gym, working on my strength, power and speed.

Best thing about representing Jersey?

Playing with great players from other league teams and bonding together, to create a solid team. Also having a chance to play against some great players from other islands to help improve myself as a

How can you get involved in your sport?

There are lots of ways to get involved in basketball, every Sunday at Oakfield's with a great coach Stuart Gilmour from 09:00-12:00, for both boys and girls, M: 07797729568. There are also the mixed ability and gender summer league teams and of course the normal basketball season. All information can be found on the Jersey basketball Facebook and website.



What's do you actually do as your day job?

I am currently a health care assistant working mostly at the General Hospital. I am also a student hoping to go to university to study paediatric nursing.

How long have you been doing your sport?

I first started playing badminton at around the age of 12 for fun, and got invited to play in the junior squads where I progressed to playing more seriously. So I have been competitively playing for around seven vears.

How are you preparing for the NatWest Island Games?

I attend county training twice, three times a week, and try and do my own fitness training everyday if I can. Unfortunately working shifts means I don't always get to train every day. Jersey's senior county team has had a fantastic season getting promoted to division four in the badminton England county championships league, so playing in those matches has been vital. Our Jersey open has also been a good opportunity to have match practice and I will be traveling to Guernsey for their open, which I am looking forward to. The plan is to up training, diet responsibly and focus everyday leading up to the Games.

Best thing about representing Jersey?

I am hoping to be selected to represent Jersey in my first Island Games, and playing for my island on home soil is hopefully going to be a dream come true!

How can people get involved in your sport?

People can get involved in badminton at all levels through clubs on the island, for more information you can visit our website www.jerseybadminton.net or contact our fantastic development officer mark constable at development@jerseybadminton.net

islands together... Series to shine





Free diving isn't a sport many people will be familiar with, could you talk us through it?

Freediving is the ability to dive underwater for a few minutes at a time on just one breath. It gives you a sense of freedom that you just don't quite get from SCUBA diving. There are no distracting bubbles or bulky gear involved; all you need is one breath and a relaxed state of mind.

When did you start free diving and what qualifications do you have or need?

It was my Gran who helped me develop my love of swimming and snorkeling when I was a kid. She would throw pennies into the deep end of the pool and I would dive down to see how many I could collect in one breath. As a child that was definitely my favourite game!

As someone who doesn't take freediving too seriously, I wouldn't say you necessarily need a qualification to do it but the SSI Level One is a great way to learn the proper techniques and theory behind it all. So far that's the only

course I've done but I'm planning on doing level two in June in Bali, which means I'll hopefully be able to dive to 30m instead of 22m which is my personal record so far.

Favourite film:

I used to love Into The Blue because I wanted to be a treasure hunter and freediver. Other films I love are Shawshank Redemption, The Bodyguard, Pretty Woman and White Chicks.

Favourite song:

I have loads but particular favourites are Old Man - Neil Young, Sinnerman - Nina Simone, Hard Sun - Eddie Vedder, and Golden Years - David Bowie.

Favourite thing about Jersey, what do you miss when you're not here:

St Ouen's Bay and its amazing sunsets. And of course my Mum and Dad!

"Nobody else from the boat fancied coming in the water so I just went in alone. I dove down to around 15-20 metres and as I turned to have a look at my surroundings I saw a group of 12 manta rays swimming straight towards me. It was incredible to swim alongside such large graceful animals. This was certainly one of the best moments of my life so far."

Favourite ice cream flavour:

Rum & Raisin or coconut!

Favourite animal:

I volunteer at Durrell so I am lucky enough to see some of my favourite animals every day; Sumatran orangutans and mission eyed tree frogs are very cool.

I love all marine life - whale sharks, humpback whales, dolphins, turtles, oh and I have to mention hippos! ... the list could go on!

I recently went to South Africa on a shark conservation internship which was totally amazing; tagging sharks (pictured left), diving with Great Whites. It was one of my most eye-opening and beneficial experiences. I am hoping to do plenty more courses to develop my career in conservation.

Favourite food:

I'm a vegetarian so traditional vegetarian Indian food hits the mark but you can't beat a fresh baguette with cheese, and don't forget the wine!

What would you wear to a fancy dress party:

We've had some pretty good fancy dress themes for parties over the years. The best were probably Ski Suit Surprise, Mad Hatter's Tea Party, and Lords and Ladies.

Where has been your favourite place in the world to free dive and where would your dream place be:

Indonesia is my favorite without a doubt. Komodo and Flores are amazing to dive and Bali and Lombok are fun too. I would happily go back there every year for the rest of my life. My dream would be to freedive with whale sharks.

Where and when was the favourite moment in regards to free diving, so far:

I was on a 10 day boat trip from Lombok to Flores in Indonesia and we'd stopped off at an island along the way. Nobody else from the boat fancied coming in the water so I just went in alone. I dove down to around 15-20 metres and as I turned to have a look at my surroundings I saw a group of 12 manta rays swimming straight towards me. I couldn't believe how lucky I'd been to jump in right as they were passing under our boat. It was incredible to swim alongside such large graceful animals. This is certainly one of the best moments of my life so far.

What's coming up on your free diving calendar?

This year in June my boyfriend and I are heading to Bali to do a couple of freediving courses and then travel around a few different freediving spots. Very excited to be going back out there!

Do you have a tip for aspiring sportspeople for those that would like to learn how to free dive?

It depends if you're in it for the competitive side or to dive with marine life. It was Tanya Streeter who inspired me years ago when I saw her in a documentary series all about freediving with lots of different marine animals and it made me realise that that's what I want to do, there's an instructor locally called Matt Le Clercq who runs Freedive Jersey and teaches a few different courses during the summer months.



Freedive Jersey was established three years ago and is the only freediving company in the Channel Islands. They offer a range of courses to suit your goals, whether it be freediving for pleasure, competition, or to enhance your surfing or spearfishing ability.

Courses are run out of two locations, Bouley Bay and St Brelades Bay. Jersey is an ideal location for freediving with a large variety of marine life to experience as well as stunning views that you'd never be able to experience from land!

The courses are run by Matt Le Clercq, who has 10 years experience teaching SCUBA diving and freediving in the Channel Islands, Egypt and the Philippines. Born and raised locally, Matt is a Pure Apnea and AIDA qualified instructor who has dived in Jersey for a long time and has great knowledge about the local wildlife and sea conditions.

Courses for this summer are filling up fast so get in touch with Matt to find out more about the courses they offer, discuss your requirements or get yourself booked in.

www.freedivejersey.com

"Is there too much sugar in fruit?", "Do I need this protein shake after the gym?", "Should I eat gluten-free food?".

Not sure? Meet Kit...



A sports coach, nutritionalist and holder of 'one of the best gainer profile pictures, Kit studied and was inspired in the Southern Hemisphere before returning to Jersey and establishing his business, True Food. With the Island Games almost upon us and those of an athletic persuasion fine tuning their body like machines, we caught up with Kit in search of some pointers....

What inspired you to get into health and nutrition?

It began in New Zealand during my Sports Coaching degree. At the time we had the NZ 'All Blacks' Rugby team nutritionist lecturing part of our course. The significance of his role and the importance of nutrition for the teams support and development was impressive, it ultimately led me to explore further education, specifically in sport nutrition. I then came back to the UK, spent a year sports coaching and getting a nutritionist internship with Jersey Rugby Club, ahead of my Masters in Applied Sport and Exercise Nutrition. I am now part of the Sport and Exercise Nutrition Register and British Dietetic Association.

Why did you set up True Food in Jersey?

Jersey has a fantastic outdoor lifestyle, excellent sporting facilities and a significant number of athletes looking to break into the elite level. As a nutritionist, Jersey provides me with the perfect location to look after all abilities of sport as well as individuals who just want to feel better and be healthier in their day-to-day lives. More specifically I want to be here to ensure everyone receives reliable and honest nutrition answers to all of those everyday questions. "Is there too much sugar in fruit?", "Do I need this protein shake after the gym?", "Should I eat gluten-free food?". There are so many misconceptions and myths about health and nutrition.

What exactly do you do?

I have a diverse range of clients with varied nutritional needs and objectives. By tailoring a personal plan I can manage and optimise their food intake in a realistic and enjoyable way. I encourage my clients to undertake a development through three phases (launch, focus, taper) to establish a long-term healthy lifestyle, rather than the 'quick fix', crash and detox diets which are not only harmful but just don't work, because lets face it, none of us can live off cabbage soup. I see clients 1-1 in person and online, so can reach clients all over the world.

I offer nutrition advice for everything from weight loss, muscle gain, lowering cholesterol, blood pressure, to the management of diabetes, food intolerances and digestive issues.

With athletes, we also look at their training diets and race nutrition, before competition and during. Supplement advice is also a crucial part of my job, ensuring people are choosing the correct products for them, rather than taking something for the sake of it which is likely to be causing more harm than good.

Who have you worked with in the past?

Last year the busy Jersey Sports scene offered me the opportunity to work with a number of professional athletes and local talent. At the Commonwealth Games, I got involved with athletes such as Dan Halksworth, Tom Perchard and Zane Duquemin. I also spent some time with Jersey Cricket during their build up to the World Cricket League in Singapore, Atlantic row winners Dan Howie and Will North, and Jersey golfers Matt Parkman and Olivia Jordan-Higgins. On a wider level my online work means I have been able to reach more

clients such as British skiers, triathletes, rugby players, and cyclists to name a few.

Who are you working with at the moment?

This June is the Natwest Island Games, where I'll be stationed in the medical tent. I will be working with athletes and teams from all sports in the build up to the games ensuring they are training and recovering optimally, whilst planning their competition nutrition for the big day. I also continue to see my current clients who are all making great progress whether it be looking to get in better shape, learn more about how to manage their eating habits, or dealing with specific medical conditions.

How and where can people book in to see you?

I am based at Jersey Sports Medicine Clinic at Les Ormes - no two people's nutritional needs are the same and everyone is welcome, you do not have to be an athlete nor do you have to leave it till serious health problems arise from poor nutrition! Simply email or call me directly to book in a session. All my contact details are on my website www.kitchamier.com too-there's plenty of free advice on their too. I am also offering free 20 minute consultation sessions for the entire week, in the medical tent at the NatWest Island Games, so if you want some quick answers, advice, or want to begin looking at your diet in detail, get in touch to book a slot.

WWW.KITCHAMIER.COM



 $|\zeta_{\mathcal{A}}|$ gallery JERSEY'S STYLE MAGAZINE



rom custom boards
(including some of the world's best shapers)
to shortboards, longboards, stand-up paddleboards and minimals - Madhatter have something to suit the most eagle-eyed of ocean-lovers.

Described by owner Steve Wilkinson as 'the den' the warehouse is home to a wide range of boards, brands and accessories. "Buying a board is a personal pursuit; that's one of the reasons Madhatter offer such a bespoke service". With so much space available, surfers of all shapes and sizes can get a feel for their purchase in reality prior to ordering it online.

Having been in the industry for some 30 years, Steve knows a thing or two about the sport and everything that goes with it, and with the success of the St Helierbased store, the launch of The Madhatter Surfboard Showroom is a wave worth riding. Coinciding with the website madhatter.je, the new premises allow Steve to showcase even more brands, boards and a wide range of stock, all of which can be found on their online platform. In fact, their online premises are doing so well, they're distributing goods to surf enthusiasts from as far as Scandinavia and Italy!

The showroom walls (clad in reclaimed wood and wire brushed for effect) perfectly

complement the old scaffolding, which has been welded together to create a series of board stands. Brimming with quirky memorabilia including a vintage combi (complete with flashy interior and flat screen TV), motorbikes, a pool table and soon-to-be coffee bar – 'original, genuine and weird' – this office come showroom is anything but your average set-up. The most impressive part? The entire project cost under £2000. There's even talk of hanging vintage surfboards from the ceiling and installing a drop-down cinema screen – perfect for catching the latest surf-worthy movies and tournaments! Not surprisingly, the warehouse is proving a thriving social area to the surf scene.

Conveniently located behind the 'Horse & Hound' in St Brelade (directions can be found on their website) – brands stocked include JS, Channel Island, Pukas, Firewire, Pyzel, Ocean Magic and their very own custom 'Hatter' surfboards – which Steve oversees the creation of in the UK. Additionally, you'll find an impressive range of online attire, including wetsuits and Hatter clothing.

With more boards to come, they're proving to be the largest stockers of surfboards on the island (Steve has contacts everywhere – if he hasn't heard of a certain brand, it's unlikely anyone has!). Information on the styles and sizes available can be found on instagram.

"

motorbikes, a pool table and soon-to-be coffee bar – 'original, genuine and weird' – this office come showroom is anything but your average set-up.

"

Why not pop along and discuss your options for ordering custom boards in a chilled environment – you can even shoot some pool if you're feeling lucky!

MADHATTER SURFBOARD WAREHOUSE

Industria House, St Brelade, Jersey, JE3 8LD Telephone (Board Work)

Telephone (Board Warehouse): 510616 Telephone (Town Shop): 733388 www.madhatter.je

Open Saturday's only from 10am – 5pm Appointments available on request

BECAUSE QUALITY MATTERS



Surf's up!

Words and pictures: Dave Ferguson

The Soundwave Elusive Jersey Surfboard Club Surfabout took place on Sunday 12th April. With great conditions on offer the Men's open were first to take to the water with solid performances from Jake Powell and Christian Bolleta.

As mid tide set in it was the turn of the juniors to utilize the lengthy albeit fatter waves that splash was offering with Charlie Rio and Will Masterman linking their turns well and making the most from their scoring waves. Ultimately it was Charlie Rio who reigned supreme owing to his wave selection, critical surfing and growing experience in this field.

The women's final was a two horse race with Laurie McGreggor's taking the win over the current British Girls under 14 champion, Kitty Brewer. McGreggor's carving style on her backhand set her apart from the rest.

The last heat of the day saw the men's open take to the water, As the tide dropped out

glassy right hand walls greeted the finalists.

Christian Bolleta was fast out of the gates getting three quick rights with Jake Powell following suit, Fabian Baker opted for a different approach and chose to sit on the inside lefts. After not catching a wave for the first 12 minutes of the heat Sam George's patience and experience was rewarded when he picked off a classic splash right hand wall joining the dots and displaying critical surfing throughout the wave for a 8.0 point ride. Down to the last five minutes of the heat all surfers had strong waves under their belts with not much of a back up; with 30 seconds on the clock George stroked into a great left and surfed it with speed and flow to win overall.

RESULTS

MEN'S OPEN 1. Sam George, 2. Jake Powell, 3. Christian Boletta, 4. Fabian Baker WOMEN 1. Laurie McGreggor, 2. Kitty Brewer, 3. Phoebe Gould, 4. Gabby Taylor

JUNIORS 1. Charlie Rio, 2. Will Masterman,

3. Hayden Bishop, 4. Finlay Clayton

splash peak turned on and pleasant 3-4ft



Jersey's Rugby Academy encouraged to focus on diet and nutrition

Around 70 members of the Jersey Rugby Club's (JRFC) Academy were taught about the importance of focusing on diet, nutrition and living a healthy lifestyle if they want to pursue a career in rugby or sport more widely at a talk last month.

The talk was given to the Academy, which is sponsored by Ashburton Investments, by the JRFC's strength and conditioning coaches Lucy O'Sullivan and Nick Dingle, who challenged the young players to help with their families' healthy shopping for one month and to cook a healthy meal for their family at least once a week.

Nick Dingle said: "As a young athlete, the focus really needs to be on making sure you are getting a balanced diet and that means getting into good habits. The whole point of this talk was to try and make sure our Academy members are prepared for the future, so that when they get to adult age, they are able to make good decisions."

Lucy O'Sullivan added: "If our Academy members have aspirations to be rugby players at a senior level, then there are things they'll need to think about, and often it can mean making compromises. Those compromises include not just what to eat, but when to eat it - thinking about the timing of meals and the importance of getting into a routine, for example."

During the talk, the coaches discussed the need to closely monitor calorie intake and highlighted how they should approach different food groups to give them the energy they need. The coaches also identified a number of healthy – and not so healthy foods and snacks, pointing to quinoa as an increasingly popular 'superfood', offered a number of useful practical tips, and discussed the importance of hydration.









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(& 212 PAPER AEROPLANES THROWN)





JOIN US ON A FUNDRAISING ADVENTURE



Having grown massively over the last decade, the RUBiS Jersey International Motoring Festival, held from the 4th - 7th June, boasts a programme fuelled by competitive events. The Twisty Sprint will add new thrills to the Moonlight racing, and to complement the large static motor show a touring event, a handful of motor and ancillary trade stands (serving more than just burgers alone) and various exhibits from Jersey motoring clubs will also feature. As Robert Surcouf, President of the Classic & Vintage Motor Racing Club, commented 'This is a real family event that is free for all spectators, local and visitors alike, thanks to the continued support of RUBiS - there really is something to suit all the family!'

Touring

Regardless of whether you're a local fanatic or a national motor enthusiast, what better way to see the island of Jersey than from the seat of your very own classic car? Motorcycles, veteran, vintage, classic, touring and competition cars are all welcome and everyone taking part will receive a map pointing out some of the island's most elite vistas.

Hill Climbs and Sprint Events

Fancy putting your pride and joy through its paces? Then this is the event for you! Cars manufactured prior to 1978 and motorcycles manufactured before 1980 are both eligible to enter.

Top Gear Experience at JIMF

Simulation technology allows motor devotees to experience some of the most up to date supercars. Using original BBC footage and presented in full HD, participants are able to practice slick gear changes, the full force of acceleration and the power of phenomenal breaking.

Inch Perfect and Mattie Griffin

Inch Perfect - the longest established trials display team in the UK - certainly know a thing or two when it comes to wowing the crowd! The team have performed at numerous high profile events up and down the country and are set to arrive in Jersey this June!

Ranked fifth in the world at Street Bike Freestyle Riding in 2008 and 2009, Mattie's presence at any event is warmly welcomed by his rising fan base.

Other listings to watch out for...

Both the New Forrest Healeys and Police Car UK will be making an appearance at the JIMF - the latter being a group dedicated to showcasing the latest and oldest vehicles and equipment direct from the archives, manufacturers and the forces themselves.

Asides from being a very popular event for locals it aims to give back to the economy and attract much-needed tourists to the island. Robert Surcouf, President of the Classic & Vintage Motor Racing Club, has said:

'The support of RUBiS, TDF and our various commercial partners has allowed us to further promote the event this year in the UK and France, ensuring it continues to grow as one of the key events in the Jersey calendar. We're already being approached to host visiting motoring clubs in 2016 who view Jersey as a great location for their members to explore with their classic cars that is a perfect result.'

The noise, smell and vibration of many a classic car and motorbike makes the RUBiS Jersey International Motoring Festival an unmissable event for June 2015!

For more information or to sign up, visit jimf.je or find them on Facebook www.facebook.com/jimffestival



THE LINE-UP

Thursday 4th June

Kart Race/Twisty Sprint Victoria Avenue 19.00 - 23.30

Friday 5th June

Moonlight Sprint Victoria Avenue 19.00 - 23.30

Touring Day 1

Saturday 6th June

Hillclimb Westmount 09.30 - 17.00 Kart Race* Sorel Loop Road 08.00 - 18.00 Clubs and Associations People's Park 09.30 - 17.30 Classic and Vintage Cars **Bike Shows** Motor Trade Stands **Motoring Related Attractions**

Touring Day 2

Sunday 7th June

Hillclimb Mt. Bingham 09.00 - 16.00 Classic and Vintage Cars People's Park 09.00 - 16.30 Bike Shows Motor Trade Stands **Motoring Related Attractions** Active Arena West Park 10.00-17.00

Touring Day 3





A new galaxy awaits...

Jersey's own superstar DJ - and Airtel-Vodafone Brand Ambassador - Hannah Jacques reviews the new Samsung Galaxy S6

Some have dubbed the new Samsung Galaxy S6 the Android phone of the year with the most highly anticipated handset launch since the release of the iPhone 6. Samsung's gone bold on the design and stepped into the world of metal giving it a more premium look than ever - clad in Gorilla Glass front and back.

The Super AMOLED screen offers vibrant, flawless images at 5.1 inch in size. It now packs more mega pixels than ever before and also has higher pixels per inch making it the sharpest display on the market. I love to watch videos on my handset when I'm on the road and optimised videos are perfectly clear on this handset. Also noticeable is the bright and crisp view whether you are indoors or outside. The S6 is the first smartphone to use the processor's 14nm fabrication process meaning it will run cooler and use less power than other handsets on the market. It also runs considerably faster on the Android 5.0 Lollipop operating system.

The phone has all the usual core features of the Galaxy S5 - a barometer, heart rate monitor plus wireless charging meaning you can say goodbye to wires and forgetting to plug in your phone. The battery life will last around 14 hours and it also has a fast charging mode with 10 minutes charging providing four hours use which is a very convenient function.

The camera is a great performer at 16 megapixels and a double tap of the home button automatically fires up the camera ensuring you don't miss those important shots. Photo quality is lively and vibrant and full of contrast. The front facing camera is 5 megapixels giving selfies a new sharpness even in poor light.

Price for handset only £564. Price on Pay Monthly contract with Airtel-Vodafone, from £29.90

Samsung Galaxy S6 Edge

The latest Samsung Galaxy S6 Edge is a super smart move for a feature-packed Smartphone. Say hello to an all new premium look and feel for Samsung's Galaxy range, with a full metal and glass construction and the super slick curved sides, the S6 Edge boasts a beautifully crafted seamless design that just feels great in your hand. Plus, you'll enjoy 5.1" of QuadHD Super AMOLED display which makes for a truly stunning visual experience.

As with all great Smartphones, the Galaxy S6 Edge hosts a super sharp camera. Take advantage of some spectacular sunsets this summer with this Galaxy's 16MP camera, and not forgetting the 5MP front facing camera for those equally as beautiful selfies.

Probably the most impressive feature of Samsung's all new Galaxy is the improvements to charging; their new solution lets you charge the S6 Edge in literally a matter of minutes. A 10 minute charge will give you up to four hours of use!

Being a 4G ready Smartphone you can also enjoy faster, more reliable mobile data on the go with Jersey's first 4G network, only from JT.

The all new Samsung Galaxy

S6 Edge, coming soon

to the JT Store!



How to... Protect yourself from cyber-attacks...

Islanders should be careful when accessing online banking or shopping sites via WiFi in public areas, particularly when off island. Here are a few tips to protect yourself against cyber-attacks.

Treat all WiFi links with suspicion and verify if it's authentic - ask an employee for the connection name and IP address. Avoid using websites in a public WiFi area that require sensitive information such as passwords and bank account details.

All devices such as laptops, tablets and handsets are at risk, so make sure you have the latest anti-malware software installed and keep them updated.

Consider using your mobile phone if you need to input sensitive information in a public WiFi area as mobile phone networks are more secure than a WiFi network.

Looks, Camera...Action!

The stunning HTC One M9 continues HTC's impressive tradition of creating powerful devices that don't just work well but look incredible at the same time.

When describing the M9, it's impossible not to start with the sleek, ergonomically designed all-metal body. The elegantly tapered edges and seamless build give it a luxury look that is superbly reinforced by a quality feel in the palm of your hand. Looks however, aren't everything and HTC have made sure that the M9 has all the features you need to live your life to

The 20 Megapixel camera leaves the competition standing. Not only does it create crystal clear, vibrant images but it is protected behind a scratch-resistant sapphire cover and comes with software that enables you to create split captures, take voice selfies, apply live makeup and much more. You can also use the Zoe app to combine your photos and videos with your friends' to create footage from multiple points of view.

You can put your photos to good use with the HTC Theme app which creates truly individual wallpapers and icons that will only enhance the look of your stunning HTC One M9.

The HTC One M9 will soon be available from the Sure store. Please check in store or online for pricing.

BECAUSE QUALITY MATTERS



words | Carrie Cooper

o say there was a gap in the market for FOLKLORE Festival would be entirely true. How many other island events offer Madchester, indie heroes, dub, folk and spoken word at a venue backing on to a reservoir with the Atlantic on its doorstep? None, that's how many. Until now that is.

We're all aware there's no shortage of top class festivals in Jersey for 2015, all specially crafted, and unique in their own right. However next month's Folklore is set to reintroduce the kind of festival Jersey has been missing for the last few years, with it's musical focus leaning towards a more organic, rootsy and at times nostalgic offering. And of course it's happening at Val de la Mar this year, the only festival to take place in the west of the island, an area often interpreted as alternative and connected to nature.

Of course the FOLKLORE production is thanks to the organisers of the Channel Island's biggest festival Jersey Live, first held back in 2012. You might say that the history for this type of event goes back before that though, when the Grasstroots festival was thriving, at the time famed for its more longhaired, laidback and you could say natural approach to partying (and which also took place at Val de la Mar). Sadly Grassroots folded after financial difficulties, and so appeared a big fat alternative festival-shaped hole in the island's event calendar, a line of creativity that Jersey seems to so much enjoy.

"

Folklore 2015 (as in 2012) stands as a celebration of rock, folk, reggae and dub artists, as well as alternative music, comedy and poetry.

"

Folklore 2015 (as in 2012) stands as a celebration of rock, folk, reggae and dub artists, as well as alternative music, comedy and poetry. With a capacity of just 4,000, 2012 saw unforgettable performances from the legendary Van Morrison, Ray Davies, Lee Scratch Perry and Joan Armatrading. In 2013 Jersey Live presented the Folklore Stage with performances from the likes of John Cooper Clarke, Dry The River and The Specials' Neville Staple, and this year's line

up features a richly diverse musical offering once again.

So what can you expect performance wise? Folklore will be held over three stages on Sunday 14th June 2015, at Val de la Mar in St Peter with the line up split into three separate stages; The Main Stage, The Island Stage and the Agapanthus Stage, the latter of which is in partnership with Jersey Arts Trust, bringing an array of comedians, musicians and spoken word artists, mostly still to be announced.

Headlining the main stage are 'Sit Down' legends James. Discovered by Tony Wilson back in 1982 at the Hacienda the Manchester darlings of the Madchester scene went on to be signed by Rough Trade where their true talent and public appeal soon became apparent with their third album Gold Mother reaching number two in the UK album charts at the time. Hot on the heels of their 2014 album, which was hailed as one of the "Best Albums of 2014", and which enjoyed solid support from The Guardian and 6 Music alike James will bring a welcome indie nostalgia, alongside lauded fresh material to the ears of Jersey fans.

Joining James on the bill is one of Jersey's brightest musical stars, Ivor Novello nominated singer-songwriter **Nerina Pallot.** Pallot has released four albums, and





written for other artists including Kylie Minogue and Diana Vickers. A Jersey girl through and through, (a JCG gal no less), Nerina has an unbelievable stage presence with a solid talent that enables her to figuratively take your hand and guide you through her work in a way few musicians manage quite so intimately. She has a string of sold out shows on home turf under her belt, such is the consistency of her playing, vocals and musical magic.

Also appearing on the main stage is Reef, who (get this) haven't released an album that hasn't peaked within the top 15 in the Official Album Charts, and have nine Top four Singles to their name. Their anthemic 90s single 'Place Your Hands' can still be heard belted out up and down the British Isles and sounds as great today as it ever did. We then have Leeds-based nine-piece outfit Gentleman's Dub Club, whose cacophony of trumpet, trombones, sax and guitars has made them one of the best-loved bands on the festival circuit. In addition to their ska and dub offerings, another festival favourite **Dreadzone** will bring their roots reggae to the island for a second time, having gone down a storm at Jersey Live last September.





Top to bottom acts: Dreadzone, Reef and James

Add The Doors Alive (the world's most respected Doors cover band), along with the uber talented folksters Lloyd Yates and Tadhg Daly, and a truly friendly, soulful and heart-warming Jersey day out looms.

So there we have it. FOLKLORE is back with a very certain bang, and organiser & director Warren le Sueur couldn't be happier "We're delighted to be re-launching FOLKLORE, particularly with just as strong a line up and also set in its brand new home. The time feels right to bring back FOLKLORE and we are all extremely excited. As well as the international artists, we are offering a great variety of artists from across the Channel Islands who will perform on the Agapanthus Stage sponsored by Jersey Arts Trust, and by introducing the new 'Islands Stage'. We are completely focused on incorporating as much local diverse talent to this event as possible. There is a huge amount of good will from islanders, therefore we want to make sure we give back a great day (in the bay) to remember".

For tickets, line up additions and general Folklore information head to www.folklore.org.uk

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Return of the **B-Boy**

Bizarre Ride Live is likely to be a serious contending highlight of this year's Reasons Electronic Music & Arts Festival in Jersey, on Saturday 11th July in Coronation Park.

The LA Hip Hop outfit originating from the early 90s held one very willfully weird vision – to stay true to themselves with their leftfield, South Central sensibility. Known for their blend of intelligence and humility this four-piece rap group will be performing their entire iconic 1992 debut album "Bizarre Ride to the Pharcyde" (originally released on Delicious Vinyl Records).

Gallery Magazine caught up with Bizarre Ride Live's Slimkid3 to find out more about what Reasons goers can expect from the performance of this classic alternative record of west coast production on the big day.

Can you just clarify Bizarre Ride Live's current line up and how you've evolved from the original line up?

Our current line up is Slimkid3, Fatlip, J Swift (Original Pharcyde producer), L.A. Jay (Original Pharcyde producer), and K Natural (Original and youngest member of The Wascals). These are all parts of the Original Family. The evolution was a part of growing though our musical journey. Bizarre Ride is our new Space Shuttle to travel to the Phar and Beyond. ;)

Take us back to the time Bizarre Ride II the Pharcyde was written (over 22 years ago now). What was going on musically, and creatively, for you guys at the time? When I think of the Pharcyde... I can just think of us. There was more to our crew than people knew. There was a group called GTI that we hung out with daily, there was Jazzy Phat Nasties, there was Quinton, there was J Swift, there was the Wascals, there was Freestyle Fellowship, there was Tone Loc and his Crew, there was SCU with Reggie Andrews... Our life was full of people who were like family to us, Brothers from another Mother, and sisters too. We all had common struggles and victories that we could enjoy together in twisted ways at times. We always kept it real. NO MATTER WHAT. It helped us grow up and own up. And that reflected in the music that we made, from Bizarre Ride ii the Pharcyde, to Lab Cabin California, to Plain Rap, to music in present day. We all needed each other to sharpen each other. We were each other's teacher and student.

What factors inspired the writing and the content of the album?

Everything inspired us. The hard times, the fun times, the music, the girls...

Why do you think it had the mammoth impact that it did? What made it stand out? I believe it had the mammoth impact that it did because it was truly different and it was also honest. We were being honest with ourselves about who we truly were, being young and wild and stupid and fresh and wack and everything... and we just didn't give a fuck. We weren't gangsters, we weren't R&B, we were dirty, we were bud heads, we were shroomers, and late bloomers, and the list goes on but we embraced it.

What sorts of crowds and where, are you playing out to at the moment?

We have a super diverse crowd. I'm so happy for that. I can say from 12 yrs old to 60. In Japan there was a family that brought their one year old, and their six year old that jammed right in front of the stage... I was so surprised how thrilled they were. And in other parts of the work we have played to an over 40 crowd that were right there with us every step of the way, loving how we still feel fresh to them. Then there is the 18 to 30 crowd that just go all out with their discovery of what seems like the new Gold. We play all over the globe. Literally. Japan, Singapore, Europe, Canada, America, South America... It's a blessing.

Everything inspired us. The hard times, the fun times, the music, the girls...

Michael Ross, the co-founder of Delicious Vinyl (who also executively produced the album itself) was spearheading the album's 20th anniversary live show which took place on Sunset Strip in Hollywood. Why was he so keen to create a show where the album was played in full? He knows us well... And it was the best choice ever made, to bring Bizarre Ride back to life in the ways that he did. He knows the original energy and vibe of what it is, and so does the team so... It was a no brainer move. Plus it was a must to give the fans what they have been missing.

you guys on the road with it?

More than persuasive... It was the right thing to do. The Pharcyde energy tends to call upon its self often, and this 20 year anniversary was at the perfect time with whatever elements we had to do it. How different is it performing a single body of work such as an album, as opposed to scattered tracks within a live show?

Well performing the album just brings the

How persuasive did he have to be to get

listener back to a space and a place where they first took flight on the Bizarre Ride experience. I think they have a stronger connection after that. It's like their fold out reading book came to life.

Tell us about the current live set up.Our current live set up is... four MC's and a Dj, with some nice video intertwined.

What has been the reaction from fans so far? The reaction from fans has been extremely positive, open, receptive, love filled... The list of good goes on. I think they truly enjoy the 90's era, and they love expressing that fact to us, young and old.

Which artists continue to inspire you guys today?

New inspirations I would say Kendrick Lamar, Action Bronson, Run The Jewels, Nickelus F, Bizarre Ride, and ... Hummm. I'll have to keep thinking on the new ones. Old inspirations... I'll say Dr. Dre, De La Soul, A Tribe Called Quest, B- Real, Saul Williams...

Can we expect new sounds/material from the camp anytime in the near future? Yes you can. We have a new song called, Double Lief, that is on our Titty tape that folks can buy at the shows. Currently it's a pre-cursor to our full length album. Also I have released an album with Dj NuMark of Jurassic 5 called, TRDMRK (Slimkid3 and Dj NuMark), the music for that project is on iTunes, and TRDMRK.net, with three amazing new videos on Youtube. As for Bizarre Ride, we are currently in the mix of making a video for Double Lief now too.

What can fans at the Jersey show expect on the day of Reasons Festival?
They can expect some true fun and loving vibrations from an amazing era!

MAY MUSIC & NIGHTLIFE:

WHAT'S ON...



SATURDAY MAY 2ND BITING THE BIT @ ROJO

And now for something completely different, Colin Moore formerly of 'Fuzzbox Inc' and Andre De Carteret from 'The Get Down - Guernsey' have joined forces to promote a new night called "Biting the Bit" which promises four hours of Funk/Soul/Hip-Hop and Beats 'Biting the Bits' first guest is none other than 'DJ Woody' who is described by DJ Yoda as "a DJ Demi-God against mere DJ mortals!", "The MASTER!!!" by Jaguar Skills and "Chief Menace of the fader!" by Krafty Kuts, 2 times World Champion turntablist DJ Woody has been rocking dancefloors for years with his pioneering audio-visual shows, eclectic DJ sets and next level turntablist displays.

Tickets £5 on the door // from 9pm // Rojo



FRIDAY MAY 15TH TADGH DALY

Tadhg & the band moved to London to start the job of breaking their music to a new audience. Last year they released their debut single, 'Learn To Live' which iTunes immediately added to the 'New & Noteworthy' page. They're back in the island with a full band show and have a great line up on the night and some brand new music to share with you all! They're joined by local duo Acres and Karis Rushton a singer songwriter also from Jersey. Tadhg and the guys are looking ahead to the festival season and working on the last bits of their debut EP, due for release this summer.

£FOC // 8pm // The Troubadour



SUNDAY MAY 3RD VANGUARD XL BANK HOLIDAY BONANZA

After their last two sold out parties Vanguard return to the Watersplash with another mammoth line-up. They are joined by a pioneer of UK music in Shy FX (Feat. Stamina MC) who has recently formed Rebel Sound alongside Chase and Status and David Rodigan and are headlining festivals around the world this year. If that isn't enough they are also welcoming Rene LaVice who has recently gone A List on BBC Radio 1 and comes direct from Andy C's Ram Records... More DJ's and Bands TBA. This will surely be another sellout and you can grab your tickets online at eventbrite or White Label records and the Watersplash.

Tickets: first release £17 each //
10pm-2am// Watersplash



SUNDAY MAY 24TH JAGUAR SKILLS @ SPLASH

TOGETHER PARTIES present the return of the turntable ninja, the mighty Jaguar Skills, in this bank holiday weekend special. The rise and rise of Jaguar Skills has been well documented. Honing his craft and love of music for the last 15 years Jag has remained true to his school and kept a mysterious edge to his character, with details of his real name, age and home town etc left largely unconfirmed... Even if he's called Burt and still lives with his Mum, we really don't care as his mixes are insane! Head to soundcloud.com/djjaguarskills and get yourself reacquainted with the legend that is Jaguar Skills.

Tickets: £15 (plus booking fee) on the door if available //10pm -2am // Tib Street, Eventbrite, The Splash



SATURDAY MAY 9TH ROCKSTEADY 8TH BIRTHDAY

Help the Rocksteady crew to celebrate eight years of putting on parties, and witness an act that they've been trying to book for about that long... The mighty James Zabiela!! Help us to celebrate 8 years of putting on parties, and witness an act that we've been trying to book for about that long.. The mighty James Zabiela!! Let's hope there are still tickets left by the time you read this, for what has in the past been a sell out event. Marc Roberts (Snowboming/Digital) and Craig Alder (!con!c) make up the room one line-up. With Any Given Sunday and United Elements - local hip-hop showcase in room two. Plus weather dependent pre party!

Tickets £21.15 each eventbrite // from 6pm // Watersplash



SATURDAY MAY 30TH PEAS AND GLOVE @ SPLASH

This promises to not only be a fantastic summer event at Splash, but all proceeds will be given to The Peas and Glove Trust, recently set up for the benefit of Olly Newman to help provide for his future needs and wellbeing. The event to be held during the day will see live acoustic sets from bands including: The Pirate Party Brigade, Any Given Sunday, Kilig & Fernweh, Raw Prawn and Bones. There will also be a BBQ on the go and an open mic session for those wanting to get involved. Chase this all with a club night from 10pm featuring KROSSBOW, Crashgroove and JE3.

Tickets: £10 each, £13 on the door// Eventbrite, Whitelabel Records and The Splash //10pm-2am

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paparazz

















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paparazzi gallery

















SILENT |sīlənt| adjective not making or accompanied by any sound

DISCO |diskō| noun (pl. discos)

• a club or party at which people dance to pop music



























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paparazz

















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JERSEY'S STYLE MAGAZINE

paparazzi

















SILENT |sīlənt| adjective not making or accompanied by any sound

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• a club or party at which people dance to pop music



























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Food for thought



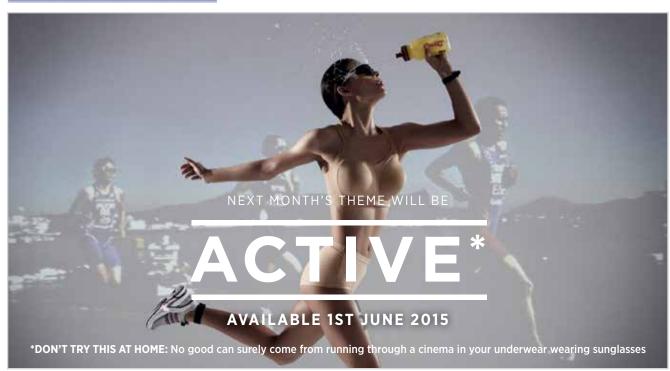
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