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117
the FRESH issue





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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

WHO WE ARE

PUBLISHER

Ben Davies

DD: 870185

ben@gallery.je

SALES / ACCOUNT DIRECTOR

Ceri Baker

DD: 870082

M: 07797 744345

ceri@gallery.je

DESIGN DIRECTOR

Russ Atkinson

DD: 870268

russ@gallery.je

DISTRIBUTION

07700 870185

distribution@gallery.je

OFFICIAL MASCOT

Beryl Felton

sara@gallery.je

ACCOUNTS

DD: 870237

accounts@gallery.je

*Other contacts are on the
contributors page*

Entertain us with jokes, ideas, YouTube clips, etc.

everyone@gallery.je



Recycle. Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448566. We put this on the green strip to look eco innit... That's smart!

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published with gusto in Jersey by

factory

#117

[FRESH]



COVER CREDITS

PHOTOGRAPHY
& STYLING
Danny Evans

HAIR & MAKE UP
Shanti Chianti

MODEL
Ellysia

SWEATER BY SPREVIEW &
JACKET BY GANNI FROM
MANNA, CAP BY BUSY
BOY FROM ROULETTE,
ALL JEWELLERY FROM
RIVER ISLAND AT VOISINS

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edito

This month we've been growing potatoes. OK, so really it's been predominantly down to the power of the sun and some tasty water, with a little bit of help from Russ. In fact there hasn't much 'we' about it but then again 'we' tend to like/love things as a collective occasionally in the magazine and I guarantee the male staff members don't wear that much make up. When it comes to potentially winning a potato growing competition however, **we** are all here for the glory.

Last year we entered the same competition. It's organised by Genuine Jersey and is open to school children and the media; two categories with a lot in common. If we were in the former we'd definitely have ended up in detention for our efforts last year. Our potatoes rotted before we even got the chance to plant them. I'd say they spent a month as tubers (that's technical speak for little potatoes that grow potato plants) for a month or two. It turns out that without external intervention an orange plastic bucket can't do the job on its own. It would be fair to say we're not naturally green fingered at Gallery. Some of the others pulled plants out of their buckets that looked like a giant potato monster's hair with about 30 new spuds growing beneath. Jealous mutterings mentioned cheating and Lance Armstrong style interventions but we had to accept we'd gone about it all wrong.

This year with our entry safe on *Le Cotil* - our new secret potato growing zone, we're in better shape. So much so that, considering the demise of recent growers in Jersey, we think it might be time to broaden our remit beyond publishing. Or, at the very least start a magazine about produce. Oh, hang on.... It's April the 1st. As if by magic, to coincide with this 'Fresh' edition of Gallery, on this very day we released the seventh edition of our Appetite eating guide. It's as if we planned it.

If you do the commute or listen to the island's local radio you'll also hear Appetite on your airwaves this month as we'll be giving away a meal for two each day. Check out appetite.je to enter and to see where to get a copy. You can even read it online.

See you later fools*, keep it fresh.

B

*It's April 1st. You can use that all day and pretend you're Mr T. If you're over 30 and know who he is...

CONTRIBUTORS

EDITORIAL CONTRIBUTORS

Grace Ryan
Grant Runyon
Sara Felton
Tamarin Marriott-Wilkinson
Taylor Jones
Alex Farnham
Dierdre Shirreffs

PHOTOGRAPHERS

Danny Evans
Emily Stead

ILLUSTRATION / DESIGN

Russ Atkinson
Tamarin Marriott-Wilkinson

FEATURED CONTRIBUTORS



CHLOE COXSHALL

Chloe spent three weeks with us here at Gallery HQ this month as part of her Project Trident work experience as she's interested in media studies and she is thinking about pursuing a career in journalism. She also brought in Haribo sweets as well as a nice box of biscuits on her last day, for which we were all incredibly grateful. Chloe's other interests include alternative fashion and music.

CONTRIBUTE

CONTRIBUTE@GALLERY.JE

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

ADVERTISE

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We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. Call us on 811100 or drop us an email...

FEATURE

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

WOULD YOU LIKE TO INTERN AT
GALLERY, EMAIL INTERN@GALLERY.JE

WANTED DEAD OR ALIVE

MORE NEW CONTRIBUTORS

ARE YOU A LOCAL WRITER OR ARTIST? IF YOU'RE PASSIONATE ABOUT YOUR WORK (AND ALIVE, PREFERABLY) WE WANT TO SHOWCASE IT, SO GET IN TOUCH AND GET INVOLVED IN 2015 AND BEYOND:
CONTRIBUTE@GALLERY.JE

DISTRIBUTION

distro

832072

delivery@gallery.je

EVENTS

paparazzi
gallery

811100

shot@paparazzi.je

CHIT CHAT

811100

hi@gallery.je

DISCO HIRE

gallery
silent disco

870257

disco@gallery.je

ACCOUNTS

or all accounts
enquires please call

832072

accounts@factory.je

CONTACT



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"I DESIGN FOR THE WOMAN WHO LOVES BEING A WOMAN"

DIANE VON FURSTENBURG



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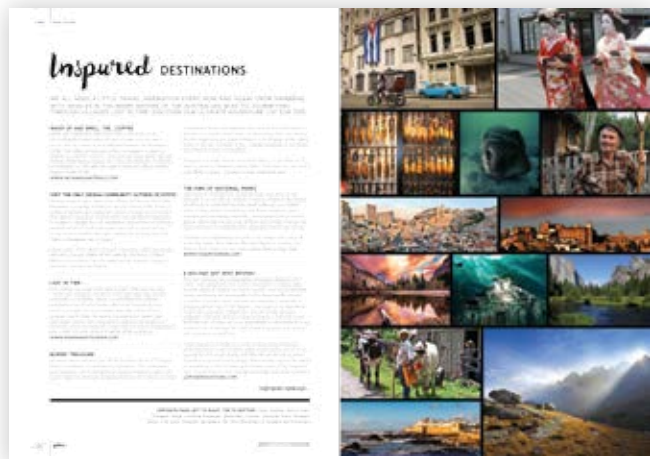
LOVE IS
LIFE



ABOVE THE MARCCAIN STORE
26 HILGROVE STREET

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ON THIS APRIL...

IN JERSEY



04.05.15

NATIONAL TRUST EASTER EGG TRAIL

START AT THE MILL POND, ST PETER'S VALLEY // £3 TRUST MEMBERS, £5 NON-MEMBERS // 10AM-2PM

If you go down to the woods today, you'll be more than a little surprised! Bring the kids along to meet the Easter Bunny and search out the answers to the quiz to receive your chocolatey reward from the Miller at Le Moulin de Quétivel. Telephone 483193 to book and pay in advance. The event is kindly sponsored by Waitrose.

06.04.15

ONLY ONE DIRECTION

THE STAR ROOM, THE MERTON // £10 // 6PM

Are you a fan of One Direction? Then head on down to The Merton Hotel to watch Only One Direction, the world's first and best One Direction tribute band who perform all of the smash hit group's greatest hits. They are in Jersey for one night and one night only, so be sure you don't miss out on this exciting night! Children under 14 must be accompanied by an adult.

09.04.15

"SPARKLING FANTASIES" A TALK ABOUT PETER CARL FABERGÉ

16 NEW STREET // £25 TRUST MEMBERS, £30 NON-MEMBERS INCLUDING WINE AND CANAPÉS // 7PM-9PM

Antiques and jewellery expert Peter Le Rossignol gives a special talk on the Russian Imperial Easter eggs and other opulent fantastical gifts which emanated from the Fabergé workshops. Telephone 483193 to book and pay in advance

11-12.04.15

NATIONAL TRUST SKETCHBOOK WORKSHOPS

MEETING POINT GIVEN AT BOOKING // £75 INCLUDING PLOUGHMAN'S LUNCH // 10AM TO 4PM

An opportunity to work with London artist, Victoria Francis, to develop a collection of works on paper in response to National Trust properties. Full details on www.nationaltrust.je Telephone 483193 to book and pay in advance.

18/04/15 to 19/04/15

SOLO JUMP INITIAL GROUND SCHOOL AND JUMP

JERSEY AERO CLUB // £250 // 9AM

Experienced and non-experienced jumpers are welcome to attend a seven hour training session on Saturday followed by a solo jump on the Sunday (weather permitting).



14.04.15

"MOONWALK" WITH THE STARS AT YOUR FEET

STARTING POINT CONFIRMED ON BOOKING // 9:30PM-11PM // ADULTS £15.50, CHILDREN £7.50

Walk along the seabed and discover different forms of bioluminescent creatures glowing beneath your feet. Dress weather-appropriately and expect below your knees to get wet - water shoes and wellies can be hired for £1.

Starts 11.04.15

WEEKEND POP-UP ART GALLERY

ROOM 4, GRÈVE DE LECQ BARRACKS, ST MARY // 10AM-4PM // £FREE

Now you see it, now you don't! This 'pop-up' gallery is helping talented local artists to showcase and sell their work for one weekend only. Various artists during the course of the festival. Every weekend during the festival (except Easter weekend). Parking on-site. For artist details visit www.nationaltrust.je

28.03.15

KEEPERTIME

DURRELL WILDLIFE PARK // £33PP

This hands-on workshop is designed for 12-18 year olds to find out what it is like being a keeper: cleaning out animals, going behind the scenes, preparing food. With up to four people per workshop you will maximise your hands-on opportunities. Places must be booked in advance. Email Anna.Shipley@durrell.org for a booking form.

26.04.15

OPEN GARDEN

DOMAINE DES VAUX, LA RUE DE BAS, ST LAWRENCE // £3.00 PER ADULT, CHILDREN UNDER 12 FREE // 2PM-5PM

The gardens at Domaine des Vaux, La Rue de Bas, St Lawrence will be open by kind permission of Marcus Binney CBE and his wife Anne in aid of JAYF (Jersey Association for Youth and Friendship). You can expect cream teas, a plant stall and Mike Stentiford will be leading a 'Bird Walk' through the woodland during the afternoon. The route for the garden will be sign posted at nearby junctions on the day. The Open Garden scheme is sponsored by Moore Management. Free Parking. No dogs.





IN GUERNSEY

07.04.15

TOMATO FESTIVAL

SAUMAREZ PARK // £FREE // ALL TIMES

Join the Guernsey Botanical Trust in celebrating one of Guernsey's greatest exports by displaying Guernsey's tomato heritage at a Tomato Festival. The Festival will be held at the Victorian walled gardens at Saumarez Park. Visitors who meet at National Trust Folk and Costume Museum will be given some tomato seeds to take home to remember this day (visitors can also give their email to receive growing tips).



15.04.15

ROCQUETTE CIDER TOUR AND TASTING

FAUXQUETS VALLEY // £10 // ALL TIMES

Learn about the home of the family run business, Rocquette Cider Company and Guernsey's cider producing heritage in a guided tour around the 15 acres of orchard at Fauxquets Valley while, of course, trying a few ciders on the way!

16.04.15

KAYAKING TOUR OF HUBERT NICOLLE'S FIRST COMMANDO RAID

PETIT BOT // £35 // TIME TBC

Find out more about how Hubert Nicolle completed a three day fact-finding mission for the other members of the Royal Hampshire Regiment only a week after the German Occupation started... in a kayak!

19.04.15

ISLAND HISTORY GUIDED CRUISE - BUMBLEBEE CRUISES

BOAT TRIPS // £PRICE VARIES // TIME TBC

Learn about pirates and the island's trading and maritime history on this boat tour around the coast. Listen to fascinating stories and look at castles and WW2 defences while enjoying a lovely boat ride.

BECAUSE QUALITY MATTERS

ELSEWHERE

06.04-11.04.15

SNOWBOMBING

MAYRHOFEN, AUSTRIA // £VARIES // ALL TIMES

A festival made up of many small gigs in different venues across the alpine town, you may even end up in a gig in the forest! Snowbombing features 100 acts, in the past, these have included the likes of Rudimental, Disclosure, Example and The Prodigy. This unusual festival allows you to enjoy winter sports, live music and some beautiful panoramic views.

10-12.04.15

TITANIC CONVENTION

TITANIC QUARTER, BELFAST, NORTHERN IRELAND // £VARIES // 10AM (FRI) - 9PM (SUN)

The Belfast Titanic Society has organised an International Titanic Convention to celebrate the Titanic Memorial. Fundraising for the event started on the 1st January and will continue until the event. There has already been a massive response to the event from all over the world with people showing their respect to the victims of the Titanic. To register visit www.belfasttitanicconvention.org

19-26.04.15

ID DUNEDIN FASHION WEEK

DUNEDIN, NZ // \$65-\$140 // TIMES VARY

In its 16th year, the week will consist of catwalks involving international guests as well as local designers and the 11th iD International Emerging Designer Awards which has been much anticipated. Goodie bags and a complimentary drink will be given with ticket entries. Tickets are on sale now, for more information visit: www.idfashion.co.nz

27.04-03.05.15

AFRIKABURN

TANKWA KAROO NATIONAL PARK, SOUTH AFRICA // £FREE // ALL TIMES

The theme for this year is the Gift, following last years theme, the Trickster. Like the Burning Man 15 years ago, Afrikaburn involves a long trek or drive across rocky desert before reaching a more festival-like atmosphere filled with music, dancing and elaborate costumes. Prepare for a crazy camping weekend with some possible extreme weather changes along the way.

30.04.15

WALPURGISNACHT

MOUNT BROKEN, GERMANY // £FREE

Walpurgisnacht means "witches night" which is exactly what this celebration is. The festival usually includes dancing and bonfires to celebrate Saint Walburga who stood up against witchcraft and many people often dress up as witches. Historically it was believed that it was dangerous to be out on this night in the calendar, so people lit fires and danced in order to keep the witches away and the tradition continues to this day.





freshen up

WINTER IS **NO** EXCUSE TO SMELL BAD

WORDS Grace Ryan

XX

There are a great many downsides to British winter, ranging from the general (cold, darkness) to the specific (noisy radiators, mildew, trick or treating). Sometimes I get so annoyed at not seeing the sun on weekdays that I contemplate swallowing enough Herbal Kalms to put myself into a coma until April, brain damage be damned.

I have at least been telling myself that I've experienced the full range of fresh misery that British winter has to offer until last week I was jolted out of my complacency by that rare marvel: a completely new, completely awful experience. I don't know if it's the deadening effect of all the gin, but I've somehow never realised that winter time makes people smell dreadful. The months of cold must trigger off a mental signal to eat raw onions and double down on the

cheap perfume, because I was sandwiched between commuters on a rush hour bus journey and after ten minutes with the windows inexplicably closed and heating on full blast it was like being in a cattle truck en route to a slaughterhouse sponsored by Lynx. I generally love Jersey's shiny new buses, but the people surrounding me had apparently pulled out all the stops to tempt me into a trip home riding shotgun on the sewage tanker.

XX

Everybody smells like bums

Even worse: as soon as I'd sobered up enough to notice, I realised that people everywhere smell bad. Wealthy people stink. Beautiful people stink. Cute little babies in their prams stink. Incubating beneath those bulky winter clothes is a choking fog of fart gas and armpit odour, and if it isn't body smells it's beauty products that evoke something you'd use to mop the floors of a maximum security prison. I, on the other hand, smell lovely at all times (i.e. of gin), which is why in the interests of public decency I've recorded some advice on how not to smell horrid. Obviously many of these recommendations don't apply to Gallery's fragrant readership, but judging by the amount of hate mail that comes in two or three months after they've published one of my articles, this magazine slowly does the rounds of the whole island, a bit like your mum. If you smell and are reading this, you can thank me by opening the bus windows and no longer brushing your teeth with your sock.

Tip #1:

Wash your body and your clothes properly

Several thousand years into advanced civilisation you'd think this would be obvious, but it really is amazing how many grown adults have yet to master the use of soap. I considered whether "being allergic to soap" might be the new "being allergic to bread", but a quick scan of my Facebook news feed has yet to demonstrate any gullible idiots reposting blog articles on the beauty of the soap-free lifestyle. It's more likely that the constantly harried Jersey worker has relegated the morning shower to the same status as breakfast, and so what should be a thorough de-germing of belly button and bottom crack has become the hygienic equivalent of a quick coffee and some biscuits at the desk. The problem is that this approach doesn't shift persistent bacteria, leading to the strange phenomena of people who look 100% the business until you get close enough to smell them - then they're closer to the business end

of a donkey. There's also the issue of feet, which will gradually devolve into slabs of raw Camembert if you don't make time to soap and scrub them quite regularly. It used to be that fetid trainers were restricted to teenage boys, but there's plenty of high-earning finance women sporting toes that whiff like Parmesan rind. These are probably the same girls who don't realise that super-expensive denim still needs to be cleaned once in a while, unless for some reason you actually want to nurture a crotch with more varieties of yeast than a craft brewery. Also remember to floss every day, you filthy, filthy heathens.

Tip #2:

Choose an appropriate scent

It's true that perfume was originally designed to mask the inherent stinkiness of humanity, but that was before anybody who wasn't royalty had access to hot water and a loofah. It also probably contained mercury and radioactive isotopes. If you want to make best use of modern perfume the rule is to apply a good quality scent sparingly to the blank canvas of clean skin, rather than waft it all about like a catholic priest in the middle of a particularly dirty exorcism. Strong perfume won't cover up body smells, but will instead join with them to produce a toxic symphony of stench, like that time I tried to cover up a blocked toilet by chucking a bowl of pot pourri in there. I also wish some basic guidance was available in perfume stores, not just to a sensible amount to apply but also to prevent grown adults from purchasing celebrity scents from the likes of David Beckham and Katy Perry. The male ones produce the nose-curling sensation of marine-themed air freshener or spicy furniture polish, whereas the most recent Katy Perry blend smells like a run down stripper has relieved herself into a Slush Puppy machine. I do have to take my hat off to the marketing departments of Lynx and Impulse deodorants, as they have apparently convinced hordes of young people that they smell of sex and summertime, whereas the truth is that Lynx smells of scooters and Impulse like jungle-strength fly spray mixed with graveyard flowers.

Tip #3:

You are what you eat

Assuming that you're both smart and considerate enough to broadly follow tips

#1 and #2, you will need to make doubly sure that you don't undo all your good work by consuming foods that will force your body to emit smells no matter how clean it is. This is a terrible shame, because aged cheese and raw garlic taste wonderful, but if you partake of these pleasures you owe your fellow humans the respect of keeping a reasonable distance until you've established they can tolerate breath that smells like a French bistro. Spicy food, on the other hand, may not make your breath reek, but will insidiously worm its way throughout your body until your armpits are having a Mexican fiesta. The same effect is produced by faddish high-protein diets, so perhaps before you foolishly boast about your caveman digestive system you might want to remember that cavemen also died at 30 and probably stunk like an open landfill on a hot day.

It used to be that fetid trainers were restricted to teenage boys, but there's plenty of high-earning finance women sporting toes that whiff like parmesan rind. These are probably the same girls who don't realise that super-expensive denim still needs to be cleaned once in a while.

Tip #4:

Methane is a source of global warming

Last, but far from least, is the golden rule of polite smells: unless you're in the company of people who regularly see you naked, keep the gaseous contents of your bottom completely private. No stealth releases, no 'crop dusting,' no post-guff cheeky disclaimers or blaming it on the dog. Breaking wind in front of other people isn't jolly banter, it's expecting another human being to inhale decomposing food particles that have been marinating in your colon. When it's 8AM and the only thing in my body is a triple G&T, I really don't want my first calories to be the inhaled remnants of a stranger's kebab dinner. Keep calm, and hold it in until you get home.



I think the world might be ending...

First, a tiny earthquake that nobody notices, and then a half-arsed eclipse that was blocked by a cloudy sky. If the world is indeed ending, it's deciding to do it in a traditionally British, pessimistic way. Jeepers. It's only when an earthquake's recovery comes down to reassuring people who didn't feel it that they 'didn't really miss much', that's when you know you have it easy.

I hate the term 'first world problems', but I think if there ever was a valid reason for using it, this would be an example. In the third world, or 'developing world' as you're now meant to call it (because that will help), the thought process isn't 'oh bother, I missed the earthquake', it's usually something more along the lines of 'Oh s**t, I wish my life wasn't torn apart by this bloody earthquake'. Jersey's a great place, it's cool that the earthquakes we have are a bit friendly.

I'm a little upset about the eclipse though... you couldn't see anything! All that hype for nothing. They may as well have said 'something's happening in space today, but don't bother wasting your energy looking up because you won't see anything anyway'. Anyway, I spent my childhood being told not to look at the sun, and now they're saying it again even though I'm an adult and I can do what I want! 'Something really cool is happening with the sun today, but don't look at it, unless you've got an old cereal box with little holes cut into it.' I wonder what they thought of eclipses back

in old times? Probably something to do with God, I imagine. God was usually pulling some sort of stunt back then – messing around with space and whatnot.

Anyway, it seems like it's been a pretty busy month for natural phenomena... nothing wrong with that, pretty cool to be reminded how insignificant we are every now and then.

So now I think it's only fitting to look at the 'nurture' side of things for a bit – especially since I heard the news that Jersey GCSE

Nature beats nurture this time, and I think we'd do well to pay attention to that, or the next thing we know our bright sparks of the next generation will flicker out into a barely noticeable earthquake, or an eclipse that's too cloudy to see

students are outperforming England. Well done kids, that's bleedin' awesome – you're doing Jersey proud!

Tell you what though, seeing as the States is saying 'there's no extra cash for a student loan scheme', doesn't it all seem like a bit of a waste of time? Shouldn't you be nurtured and encouraged – instead of just put on the backburner because the island hasn't made it a priority to take advantage of the exceptional quality of results its young population is delivering?

Now I understand that money doesn't magically appear (most of the time), but I just feel like the whole 'no cash' comment is a little too dismissive... surely the future of the island is in the hands of the next generations, so why not do everything we possibly can to nurture our beanlings as best we can? I don't know how many kids miss out on university because middle-earning families can't afford to send them, but I'll bet it's pretty uninspiring.

This is my idea: Offer a student loan scheme for islanders with a much lower rate of interest if they're paying it with money earned on the island. Would that work? I don't see why not. The way I see it is that it would encourage teenagers to go abroad for university, then bring the skills they have learned back to the island. Maybe that sounds too simple to be doable, but it makes sense to me.

So when it comes to nature over nurture, I think the outstanding GCSE results trumps the fairly disappointing natural happenings. If nothing else, it shows how decent the island's education service is. Nature beats nurture this time, and I think we'd do well to pay attention to that, or the next thing we know our bright sparks of the next generation will flicker out into a barely noticeable earthquake, or an eclipse that's too cloudy to see.



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Get Liberated!

Join us at The Waterfront for our Liberation Weekend celebrations, we have plenty of options for you to choose from, all happening on **Sunday 10th May** at Radisson Blu Waterfront Hotel.

Music

Our DJ on the Terrace from 1pm, followed by a live performance from the amazing Optimistic Voices from 4pm!

Pimms Picnic on the Terrace

Indulge in our specially created 'Peculiar Afternoon Tea', whilst taking in your picnic surroundings on the Terrace and sampling our Strawberry Mint Pimms tasters! From £12.95 per person.

Liberation Lunch

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THE VODKA CONFIDENTIAL

WORDS Grey Goose Girl

'YOU GOOSE, HAVE BECOME A STEPFORD WIFE!'

I was never a follower, I didn't chase the latest trends or scream after the current boy band. I did have a rather cute neon ra ra skirt about two years before they were high fashion and I was busy trying to be at one with melancholy Morrissey when most of my friends had moved on to The Funky Green Dogs. It wasn't really a conscious decision, I just didn't follow the crowd, a sheep I was not. The more I danced to my own beat, the more I enjoyed being just a tiny bit unpredictable and less easy to read.

So when Ben, a childhood friend skipped across the water to visit for a weekend, I think Ben expected to find something a bit kooky. Over the years when we had managed to catch up it was usually for a party or two back home, where my only concerns were which bar made the best caipirinhas and that I didn't miss the last train back to my old single bed. Seeing me in my own surroundings, he couldn't quite believe that I had a real life, pretty much 2.4 children and all that. Far removed from the sequinned Goose he knew and loved.

I could feel him that night, watching me as I was madly trying to cook supper for significant other and the little people before we could hit the tiles like the good old days. Clearly I appeared somewhat 'normal'. Getting ready that night, Ben skirted around a subject we had always chatted about. There were two things I always said I would do when I was a 'grown up' and I could tell by the way he was sizing my bottom up he couldn't quite tell if I had ever followed through on one of them.

The first was to get a tattoo (hold that thought) and the second was to change the shape of my bottom, that one, it transpires, is easier said than done.

Now the latter is something I've tried to change in so many ways it's almost comical. I don't have a huge bottom, in fact you probably wouldn't notice there is anything wrong with it. But somehow, I just don't like the shape and never have. I don't really want it smaller, just more ... pert. I followed the 'Instant Butt Lift' regime for about six months until I realised that all I had achieved

was a bald patch in the carpet where I kneeled to do repeat lunges at a rate of 40 a minute on my hands and knees every day. Oh and a rather dodgy burn on my nose after I face planted one morning at 6.30am.

I once went to visit a rather well known Harley Street clinic to discuss the possibility of 'Buttock Augmentation'. The aim is to end up with a firmer, more shapely derriere. However, once I realised that to complete the procedure they need to remove your own fat from somewhere you don't want it and then they pump it into your bottom, mmm I was little turned off. For one, I wasn't quite sure where they would steal the fat from (my boobs had dwindled in size somewhat over the years and now could be compared to two fried eggs even when supported by the best Victoria's Secret had to offer) and two, the size of the tube they used looked more like it should be used for unblocking toilets than replanting my fat cells where I most wanted

'Every mark has it's meaning'

James Swan

them. Even with the rather gorgeous Ryan Gosling look-a-like Doctor and the offer of a cocktail of the best sedatives London had to offer, couldn't persuade me.

Once we escaped suburbia that evening and were quietly ensconced in a cocktail bar with a Vodka Martini in hand I explained that as it was clear to see, my bottom sadly, is something I have come to accept. With the odd run and a personal trainer at hand it may have changed ever so slightly, but I am now relying on big pants and good jeans to hold it all together.


But.... I had booked that tattoo and he was to be the lucky hand holder the very next day. Now I had carefully researched who was to be honoured one to deface my body forever and him and I had 'almost' become friends. I had visited him so often, I think I should have been paying him as a therapist. My every worry and drama had been discussed and he had eventually told me he would ban me from visiting him again until I made my decision.

D Day came and I can only compare it to the first time I had my bikini line waxed. I had neglected to think about the fact, that if you want a tattoo in a place that can't be seen all the time, you actually have to take your clothes off. Well some of them anyway. I remember sitting on that bed waiting to be waxed and actually being horrified that she wanted me to get undressed. What was I thinking?

Ben clearly thought this was hilarious, I was wittering away, using every delay tactic in the book. Yes, I loved the drawing, no, it wasn't too big, black please, no colour. In the end, they both just stood and looked at me, I just had to get my kit off. I had worn the best a girl could give but I have never felt more exposed in my life, not just physically but emotionally too. Ben knew I didn't do feeling the whole being vulnerable very well and here I was about to let a virtual stranger stick a very large needle into me. Oh and what if I moved? Well lets just say I would be adorning a very wonky piece of art for forever and a day.

Any conversation that took place was over my head, literally. I was too busy just trying to breathe and look serene (like hell!). I did smile to myself though when the tattooist said he would stop if it hurt too much, not sure I ever planned on half a tattoo. It was sort of a pain and pleasure thing, possibly a bit 50 Shades, but we won't go down that road. I actually quite liked it. This worried Ben just a tiny bit, if it doesn't hurt, you will almost certainly be back for more, so the saying goes. The time actually flew and before I knew it, it was done. Why had I waited so long?

And the end result? I loved it. As I looked in the mirror I realised it wasn't about being unpredictable or kooky or trying to prove I wasn't a Stepford Wife. It wasn't about being vulnerable or even trying to be control.

It was about being me, the new, sparkly, inked me. 

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THE RANDOMNESS OF MISC?



BELT UP THE MODERN WAY

This year, we will see the release of Belty, the self-adjusting smart belt, designed by the French company, Emiota, to help you achieve your weight loss goals.

The belt loosens automatically when you sit down and tightens when you stand up. It is also made to vibrate when you have eaten too much or have been sitting down for too long. The belt also has a sister app so that it can connect to your smart phone.

The app charts all the information it collects from your activity throughout the day and uses it to give you advice on how much or how little you should be eating and how much exercise you should do.



IS IT REALLY CLEAN?

You may tidy your desk regularly, but does that mean it's clean? The average desk has 400 times more bacteria on it than a toilet and that's not all, keyboards are one of the top five dirtiest pieces of office equipment. But how does everything get so dirty? Bacteria is collected from all those sandwiches and coffee cups that get collected on your desk. So you might want to think before eating lunch at your desk again!

FRESH FRUIT

What do you get when you cross Israeli agricultural wizards with Mother Nature? 12 new fruit and vegetable species including brightly coloured squash and seedless peppers.

Many of these new species not only look better but are more disease resistant and contain higher concentrations of vitamins. The new Black Galaxy tomato contains a higher concentration of vitamin C than other garden tomatoes.

The production of these new fruit and vegetables has hugely increased Israel's industry. In total, Israel exports more than \$2 billion worth of produce every year!



NEW OPINIONS

Most people picture butterflies as beautiful creatures, however, others shudder at the thought of these insects. Are butterflies really as cute as we think? Here is a list of reasons that suggests otherwise:

- 1 Unlike us humans who use our tongue to taste, butterflies use their feet. They simply need to stand on their food to taste it. It's a good job they aren't heavy!
- 2 The largest butterfly in the world is the Queen Alexandra's Birdwing which has a wingspan of 26cm. Imagine finding one of those flying around in your garden!
- 3 Butterflies can live without two things that are vital for a human to survive. Lungs. Butterflies live quite happily without these, even if it means they can't breathe!
- 4 Another organ butterflies don't have is a mouth - they can't eat but they can drink through a straw like tube called a proboscis. Now that's a funny face!
- 5 Some butterflies are known to drink blood! So if a butterfly flies towards you, it isn't attracted to you, it probably wants to eat you!



SAY CHEESE!

It's human nature to want our teeth to look sparkly, but what's the secret to having the shiniest teeth?

The Mayan people knew! For them, a trip to the dentist didn't involve today's whitening methods, but instead they had a different fashion trend. This involved inserting gem stones into people's teeth.

To do this, a hole would be drilled in the tooth using a hard tube that was spun between the hands of the dentists. The tube was the same size as the gem that would then be placed in the hole. A perfect fit!

Maybe grillz aren't as fresh as we thought!



WORDS OF WISDOM FROM GALLERY'S ANONYMOUS CORPORATE KINGPIN:

"People say I'm condescending.
That means I talk down to them."



I'VE KISSED MARILYN

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WELCOME TO THE CHANNEL ISLANDS FESTIVAL SEASON

GET YOUR FLAGS OUT

There has never been a better time for the 'Festival' format, both in Jersey and among our dear sister isles. With new events arriving, established events becoming ever stronger and even the resurrection of festivals gone by, we thought it best to get these beautiful offerings in one place, chronologically, so we can not only bat off our ponchos and cultivate our beards to an acceptably affected level of alternative, but so we can get our Channel Island festival calendar appropriately organised for 'The Great Summer of 2015' (trust me, it's going to be a reference). With offerings such as rock, dub, electronica, folk, opera, classical, comedy, performing arts & world music, it's all to play for this summer. Here are our Gallery Magazine top festival picks:

Blkout

4th April 2015 9pm - 4am- Jersey

The insanely successful Blkout party in Jersey invites us back to Fort Regent for more on 4th April (Easter Saturday) for a mix of Nu School Drum & Bass, Hip-Hop, Grime and up-front, darn loud fun. Line up includes; DJ set from Netsky, Wretch 32, Ms Dynamite DJ set, Friction, Mike Skinner and Becky Hill. Local support comes from Nightshift, JE3, Spim and Terminal State. The Rocksteady clan is taking on Room 2 with Ben Newman, John O'Connell & Tharindu joined by the Channel Island's finest young DJs including the incredible MoSteph, Brad Ferguson, Pressure (Guernsey) and Fund.

Liberation Music Festival

7th - 17th May 2015 - Jersey

This classical music event has now hit its sixth year with a line up boasting over 20 internationally acclaimed artists from around the world. The events, spread over 10 days, take place in a number of different locations across the island. This year it features performances from Russian violinist Boris Brovtsyn, Spanish classical guitarist Carlos Bonell, Israeli conductor & violinist Daniel Cohen, and Chinese classical pianist Wu Qian among others. You can also catch Berlin Philharmonic Octet, attend the Ballet Gala and enjoy the now infamous Jazz at Hampton with Clare Teal and her Trio performing, among others >>> www.liberationjersey.com

Sure Festival of Comedy

29th May - 6th June - Guernsey

Guernsey might not seem like the obvious place to find a laugh (jokes) but organisers of the Sure Festival of Comedy have been delivering sterling, laugh-a-minute line-ups for nine years now. This year is no different, with a series of top notch nights with gags provided by TV & radio's Russell Kane, panel show darling Hal Cruttenden, Craig Campbell's Thrilling Mic Hunt (say it slowly now) and family comedy provided by The Kagools, (described as mute, cute and an absolute hoot). For full line up details see >>> www.happyci.com

Folklore Festival

Sunday 14th June 2015 - Jersey

Back with a bang after a three year hiatus, Folklore (the event that in the past brought us Van Morrison, John Cooper Clarke & Lee Scratch Perry), will once again bring their blend of rock, folk, reggae and dub artists, as well as alternative music, comedy and poetry at their new sparkly location, Val de la Mar, in the west of the island. Acts this year include headliners James, Nerina Pallot, Gentleman's Dub Club, Reef, Dreadzone and local support from Kevin Pallot and Pirate Party Brigade. Shooting for a relaxed and friendly summer's afternoon atmosphere this is a day for all the family >>> www.folklore.org.uk



Vienna Ditto

George Ezra

Clean Bandits

Gentlemen's Dub Club

Nerina Pallot

Carlos Bonell

Norman Jay

Russell Kane

Wretch 32

Rudimental

Ms Dynamite

Joe Driscoll with Sekou Kouyate

Netsky

Brovtzyn

Simian Mobile Disco

Hal Cruttenden

Reasons

Electronic Music & Arts Festival Saturday 11th July 2015- Jersey

The inaugural Reasons Festival sets out to deliver 12 hours (between 11am – 11pm) of top quality electronic related music, from 30 artists, spread over four stages; The Electronic Stage, The Roots Stage, The Blkout Stage and Hospitality, all in Coronation Park. Showcasing the best in contemporary electronica, as well as joining the dots with the music that influences what we listen to today, this year's confirmed line up so far includes Simian Mobile Disco, Maribou State, Aim, Tessellate, Jazzy B OBE, Avalon Emmerson, Wilkonson, Norman Jay, Jagerverb & Space Dimension Controller among others. Also expect art installations, artist Q&As and a pair of carefully curated after parties from 11pm onwards in St Helier >>> www.reasonsfestival.com

Vale Earth Fair

Sunday 30th August - Guernsey

The globally conscious Vale Earth Fair in Guernsey is nearly 40 years old now, and is an entirely voluntary organisation that brings people together to raise money for charitable causes. Expect a varied mix of artists from around the world joining local talent, performing over six stages. Acts confirmed so far include headliners The Jungle Brothers and Joe Driscoll with Sekou Kouyate, alongside Vienna Ditto, Of Empires, Robert J Hunter and The Bonsai Pirates. All proceeds from the event will be split between humanitarian organisations the Burma Campaign UK, Free Tibet, and Bridge2Haiti. Keep a keen eye out for more artist announcements here >>> www.valeearthfair.org

Jersey Live

5th - 6th September - Jersey

The Big Daddy of Channel Island festivals Jersey Live is reliably back once more with a storming line up of rock, indie, pop and electronic dance offerings. For the JL 2015 edition you can expect to be rocked by Rudimental (live set) headlining Sunday, with other main stage acts including George Ezra, Clean Bandit, Slaves, Cast, Years & Years, Circa Waves, The Bohicas, with a whole lot more announcements to be drip fed over the coming months. As with any Jersey Live, you can expect solid support from a range of seriously talented local acts, top class décor & production and a hospitality area that is now famed for creating some of the most memorable back stage musical treats the islands have ever seen. Keep your refresh button clicking here for more line up and ticket details >>> www.jerseylive.org.uk



SELL BY DATES

THE SEVEN ESSENTIAL FOODSTUFFS OF THE POST-APOCALYPTIC SCAVENGER

WORDS Grant Runyon

This month's issue of the magazine is a celebration of things that are fresh, green and good for you. It was printed on paper made from chia seeds and has been imprinted with special micro-nutrient wheatgrass that is being absorbed into your skin as you read. The island is slowly thawing into another beautiful spring and within weeks the bounty of nature's harvest will be available to all.

Well, that's lovely for those of you who are into it, but as a committed survivalist I'm more of a 'glass half full' person. I'm happy to eat fresh vegetables when they are available, but when I've finished testing the half-full glass for poison and retreated back indoors, I can only relax when I know that I've got enough dried provisions to last me at least three years in the event of something going wrong with our food supply. Whether it's a slow ferry stolen by Somalian pirates, a zombie outbreak or just plain old nuclear winter, I like to remain prepared. The rest of the island will probably

descend into a bloody panic the moment that Waitrose runs out of almond milk, so I've agreed to provide the following scavenger's guide to be issued to those who haven't yet eaten each other. Don't bother to thank me - if local families can't find a ready alternative to kale and pomegranate seeds there's a slim chance they might try something foolish and storm my bunker. Take my advice and fend for yourselves, because I'll run out of bullets long before I share my cache of Super Noodles, and you'll pry this Pepperami from my cold, dead hands.

1. Tinned food

Man's true friend, sometimes even designed for man's best friend, tinned food is the only guarantee that civilisation won't vanish overnight in the event of something really bad going down. I sleep with a can-opener around my neck, and laugh at anybody who believes the sell-by dates on a tin of beans. I make a point of eating from the back of my cupboard, and am still scoffing down the odd tin with ingredients printed in German. Tins may take up more space than dried food, but there are plenty of situations where you can't leave home to find water. If you've ever tried to cook spaghetti in recycled urine, you'll know that there are dinner times when only a nice cold tin of Winalot will do.

2. Mushrooms

If your fortified colony doesn't have the space for a hydroponic tomato greenhouse, I'd strongly recommend growing some kind of edible fungus. It doesn't need sunlight, provides essential trace minerals and the fungal bounty can even be grown on things likely to be in good supply: damp wood, former colony members and surplus copies of this magazine. It is however very important to make sure you only grow the edible kind, and not the kind that make you experience paranoid visions of absolute power. There's only room for one captain on this ship, and I'm the one around here who gets the psychic instructions from Zippy and Bungle [these are the 80's version of the Teletubbies - ed].

3. Preserved meats

In the event of a true catastrophe, it is likely that all farm animals, pets and people who play the acoustic guitar at parties will all be greedily consumed within a matter of weeks. In order to rebuild the rule of law, human society will need a reliably non-murderous source of protein, so until we form into communities organised enough to farm giant mutated rats the scavengers must make do with the bounty of preserved meats. The ridiculous salt content of things like beef jerky means that mould can never truly get a purchase, but the ultimate source of post-apocalyptic protein is Spam.

Wonderful, wonderful Spam. The pink manna is high in nutrients, won't go off until around 2150 and can be cut into slices and used as an ersatz currency. "Stranger, I will trade you three inches of Spam for that car battery. Let us toast the deal with a cup of my wife's finest night water."

4. Artificial cheese items

The first casualty of war is innocence, the second is cheese. In the event of a global conflict future generations will be denied the pleasure of the 'yellow gold', needing to rely on hand-me-down descriptions from Jamie Oliver and the annoying bassist from Blur. That is, unless they dig deep into the snowy wreckage of the supermarket and uncover a stash of cheese slices, Dairylea lunchables or Wotsits. Cheese slices may

combined with a few strips of aged cheese slice and a couple of nuggets of Spam, you have a meal fit for a king.

6. Packaged cakes

Few people realise that the Mr Kipling company was founded in the height of Cold War paranoia, based on the firm belief that the only thing that would enable western society to survive a nuclear apocalypse would be the ability to hoard packets of French Fancies long after refrigerators had stopped working. That winning combination of hydrogenated vegetable fats, refined sugar and artificial food colouring doesn't just exist to make small children freak out, it's designed to lift the human spirit when the world is a smoking ruin. God bless you, Angel Slices.

The rest of the Island will probably descend into a bloody panic the moment that Waitrose runs out of almond milk, so I've agreed to provide the following scavenger's guide to be issued to those who haven't yet eaten each other.

be the poor cousin of real cheese, and in fact probably don't even count as a blood relative, but their high-PVC content will keep them edible (or at least as edible as they are now) for millennia. That means budget supermarket lasagne will still be good to eat, assuming you haven't used it to reinforce the walls of your hovel.

5. Freeze dried vegetables and beans

Humans need complex nutrients, and there will likely come a time when the world's dwindling supplies of Spongebob multivitamins are too valuable to save for everyday eating. The thoughtful scavenger will have prepared for this time by fighting radioactive mutants in the dungeons beneath the Co-op to secure his colony a reliable hoard of dried beans, dehydrated onions and Smash. Smash is lightweight, nutritious and doesn't even need water, despite what the packet will tell you. When

7. Bodybuilder protein bars

Last but not least, perhaps the ultimate post-apocalyptic survival snack. The bodybuilder protein bar is designed to be so EXXTREME that it replaces the need for any other food, and also contains special chemicals to turn anybody who eats it into a ripped man-beast with maximum sex appeal. Gyms don't want people to realise that if they eat enough of these babies they don't even need to work out, but in the dark future gyms will simply be a place where people go to scavenge old yoga mats to sleep on, so that won't matter. The other advantage is that the bodybuilder diet is designed around the principle that going to the toilet is a waste of time, which greatly lessens the chance of anybody surprising me with my pants down and making off with any of my Spam.

NEWS IN NUMBERS

547,500

pounds worth of cannabis seized as part of a routine inspection at Jersey harbour

100,000

pound plus annual salary for local online teenage gamer and YouTube entrepreneur

23,000

litres of UHT Jersey milk shipped to China monthly despite carbon emission implications

2

pence increase in paycard unit cost is more than twice the rate of inflation

102

metre Condor Liberation undergoes final fit-out in Poole and is being painted by hand

30

or so year old man arrested by armed police in St Helier

3

percent low success rate of flu jabs issued this year



REASONS

ELECTRONIC MUSIC & ARTS FESTIVAL

11 JULY 2015 | CORONATION PARK



SIMIAN MOBILE DISCO



JOSH BUTLER



Space Dimension
Controller

Maribou State
DJ SET

Jazzie B
SOUL II SOUL

Daddy G
MASSIVE ATTACK

The Mouse Outfit
FEAT. DR SYNTAX, SPARKZ + TRUTHOS MUFASA

Norman Jay

ALPHABETICAL ORDER

Aim FEAT. Mikey D.O.N / Avalon Emerson

Bizarre Ride II The Pharcyde LIVE / Caged Baby LIVE

Daddy G MASSIVE ATTACK / DJ Shepdog / DJ Woody HIP HOP IS 40 LIVE AV SHOW

Horse Meat Disco / Jägersverb / Jazzie B OBE (SOUL II SOUL)

Jon1st / Josh Butler / Josh Wink / Just Muz

Justin Robertson / Logistics / Maribou State DJ SET

Mella Dee / Norman Jay MBE / Raymond Antrobus

Secondcity / Simian Mobile Disco DJ SET

Space Dimension Controller / Tessellate

The Mouse Outfit FEAT. DR SYNTAX, SPARKZ + TRUTHOS MUFASA / Wilkinson

+ MORE TBC

WWW.REASONSFESTIVAL.COM



gallery

pet
OF THE
month



Bella Ollivier

Breed: Sheep.

Age: Nine months.

Likes: Playing with the dogs at home (Mya and Hurley) and my best friend is Bonnie (she's also a sheep).

Hates: The pig snoring and being chased by Max the goat.

If I was a human I would be: A lady of leisure with my very own sofa and a never ending bag of frazzels!!!!

Wants: To be in the house with my humans and the dogs (but I'm bit to big now).

Interesting facts: I love to go for walks with the dogs, I really like meeting people and I've also been known to take a pop at the postman.

Most impressive thing you've ever done: Learning to go to the loo outside when I lived in the house, everyone was happy about this.

Elaine Ollivier

Breed: Human (I think, some may not agree).

Age: 53

Likes: Being at home with my animals (they get me).

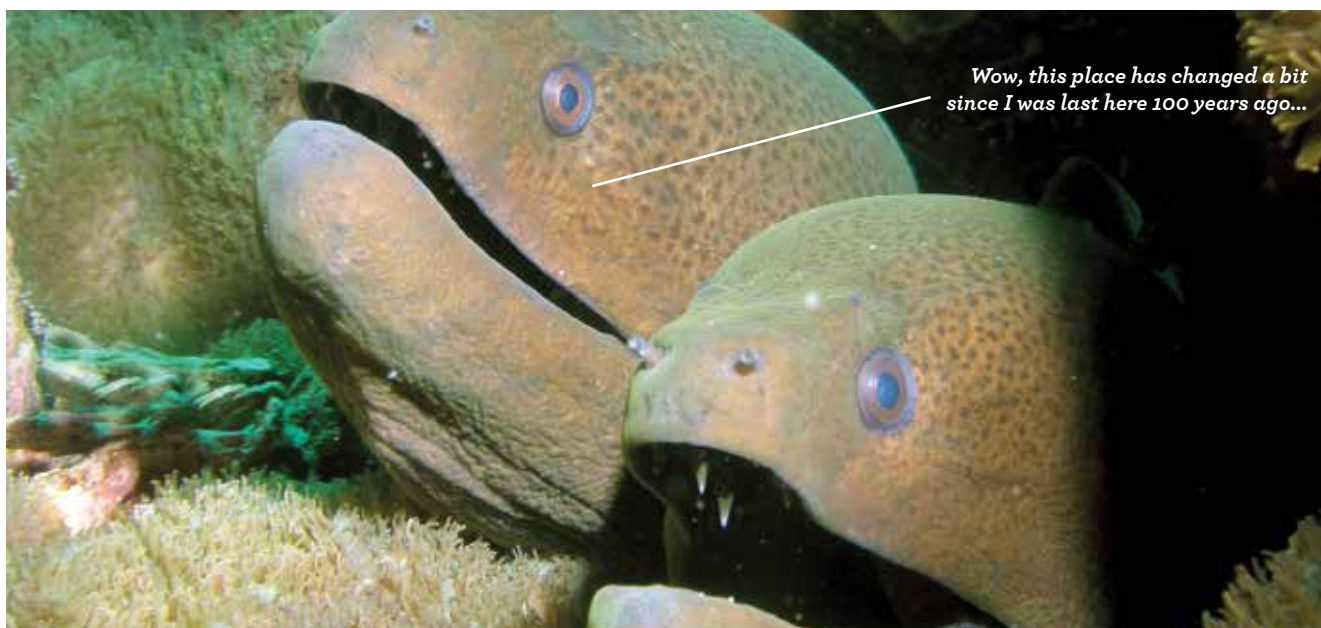
Hates: Crumpets, I just don't like all the holes in them, they're horrible!

If I was an animal I would be: A cat, so I could come and go when I please and have a human slave!

Wants: I'd love to run an animal rescue centre and give them all the chance they deserve.

Interesting facts: Sshhhh, but when I was young I had a Bay City Rollers outfit. Hahaha

Most impressive thing you've ever done: Climbing the Sydney harbour bridge, it was amazing and the view was unbelievable.



Eels

words | Deirdre Shirreffs

Eels are found in many of Jersey's reservoirs and streams. They have one of the most complex life-cycles of all fish and it is only fairly recently that the full story has been uncovered. The Greek philosopher Aristotle thought that eels were "born of worms" and it wasn't until the eighteenth century that scientists realised they were fish.

We still do not know exactly where the spawning grounds are but it is somewhere in the Sargasso Sea south of Bermuda. The eggs hatch into tiny leaf-shaped larvae which drift towards Europe in the Gulf Stream. This journey of 6000kms takes up to three years. When they arrive in coastal waters they transform into transparent young eels known as glass eels or elvers. These gather together in large numbers and swim up streams or rivers. During this journey the eels develop colour and become known as yellow eels.

The males grow to about 40cm long and the females are larger at 70cm. They live in fresh water for five to 20 years. They are coated in slimy mucus so they can travel over land to reach new areas of water without drying out. When they are ready to breed, they change again, becoming silver eels, and swim back to the sea and then

to the Sargasso Sea. The return 6000km journey takes around six months and after spawning the eels die. Each female can lay over a million eggs.

In the summer of 2014 the oldest eel in the world died at the grand old age of 155 years! He lived in a well in Sweden and left behind another eel which is comparatively young at 110 years old.

Eels are caught in large numbers both entering and leaving rivers. The European eel was declining in numbers possibly due to overfishing and pollution, and had reached the stage of being critically endangered but it seems to be making a comeback. Conservationists help by lifting them over man-made flood defences.

In the summer of 2014 the oldest eel in the world died at the grand old age of 155 years! He lived in a well in Sweden and left behind another eel which is comparatively young at 110 years old. Eels are often kept in wells to

eat insects and crustaceans in the water so keeping it clean and suitable for drinking. These well eels often develop huge eyes as a result of being kept in the dark. In the wild a more typical lifespan would be 15 years for a male and 20 for a female.

Exotic weekend at home?

Enjoy an exotic Thai meal in the comfort of your own home, knowing that you've helped save some of the most weird and wonderful creatures on the planet!



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GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



Jersey Join the Fight For Every Heartbeat

The British Heart Foundation (BHF) are proud to announce the launch of a brand new Jersey Branch committee, headed by Chairman Haydn Taylor.

As a registered Jersey Charity, the BHF Jersey Branch is very much the local face of the national organisation and works closely with the cardiac team at Jersey General Hospital to ensure Islander's benefit from the life-saving research, specialist training and support of the BHF.

For over 50 years the BHF have pioneered research that's transformed the lives of people living with cardiovascular disease – the Island's second biggest killer. But still – each year, cardiovascular disease kills around one in four people in Jersey, stealing them away from their families and loved ones.

The new branch will launch officially at the end of April, with many plans up their sleeve. If you would like to support the BHF and be involved in their fight against heart disease, please contact Summer Parkin (pictured), the newly appointed Fundraising Manager by emailing Jersey@bhf.org.uk or find her on Facebook ([facebook/SummerParkinBHF](https://www.facebook.com/SummerParkinBHF))



Jersey Mencap South Coast Challenge

Jersey Mencap celebrates the 10th Anniversary of their main fundraiser the South Coast Charity Challenge on 17th May this year. To mark this, an on-line registration system through Race Nation has been launched which we hope will offer a quick easy system for our walkers to sign up says Alex Wiles, walk co-ordinator.

This sponsored walk starts from La Rocque between 8.30-9.30am on Sunday 17th May and regularly attracts 400-500 participants each year. The route follows the south coast and Jersey Mencap man several checkpoints along the course where walkers can re-fill their water bottles with Vend who have supported the walk for a number of years. With a quick checkpoint 'selfie' photo opportunity, walkers can fundraise with their feet all the way to Corbiere where

refreshments are served and a courtesy bus transfer provided by Liberty Bus.

With stunning scenery and a few challenging cliff paths, there really is something for everybody on this challenge whether it's a personal goal or a gentle amble – the atmosphere amongst the participants is always fun and uplifting whatever the weather. In recent years we've had a variety of weather conditions to contend with which can test the most sophisticated of waterproofs but 2014 saw sunshine, blue skies and perfect walking conditions so fingers crossed for Sunday 17th May.

Over the past ten years, £200,000 has been raised through the South Coast Charity Challenge – all of which has been used to offer more choice and opportunities to those living with a learning disability in Jersey. Our facebook page and website are updated regularly so show donors some of our achievements and successes but to keep our projects thriving we are reliant on the South Coast Challenge and hope to raise £20,000 this year.

To register online www.jerseymencap.org or call 866622 or email alex.wiles@jerseymencap.org

JT: Powering the NatWest Island Games

As preparations for the 16th NatWest Island Games continue, JT is pleased to confirm its role as official Technology Partner, providing the infrastructure to power the Games.

JT has already been working closely with the Games organisers to ensure that the infrastructure is in place to deliver the very latest technology to provide super-fast, seamless communications across all sports venues around the Island, and at the main Games Village at Howard Davis Park.

“The vision is to make the 2015 NatWest Island Games the most connected in its 30 year history, and the technology solutions JT is providing will support organisers and media partners to enable a superior experience of the Games for all. Delivering results in real-time around the world, and encouraging live interaction via digital channels, on and offsite, are just some of the planned benefits.”

Furthermore, additional sponsorship from JT means that each of the participants will receive a free JT SIM card on arrival in Jersey to help make sure they can stay in touch with friends and family at home.



JERSEY'S STYLE MAGAZINE

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Closing date for entries: 20 May 2015.

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GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



In an attempt to fool the youth about the grim reality of corporate life, this playground has been disguised as an office canteen.

Come and play in Barclays Code Playground

Barclays Code Playground has launched in Jersey to help young islanders learn the basics of computer coding.

The initiative gives parents and children the opportunity to learn coding skills online and in branch under the guidance of the Barclays Digital Eagles, a team of specially trained Barclays employees keen to pass on their technology expertise.

The free service aims to help children aged seven to seventeen develop a range of digital skills including creating websites, apps, programs, games and more.

The first in branch session took place in the Barclays Broad Street office. The two hour workshop involved fun challenges and activities designed to teach basic coding principles and give children the skills needed to succeed in the future. The sessions were developed with the support of CoderDojo, a global network of coding clubs for young people.

The Barclays Code Playground has an online playground (barclayscodeplayground.co.uk); a safe place where children can try their hand at fun coding activities and games.

Code Playground recognises the growing importance of technology and the internet in our lives. This year, coding was introduced as part of the National Curriculum and a recent study found that 24% of children choose computing as their favourite school subject.

Parents and grandparents, who often feel left behind by their children's new digital skills, can access the Code Playground online with their children to learn more or they can get support from Barclays Digital Eagles in branch.



As proof of their power-saving efforts we couldn't overlook the importance of including this photo of the Radisson Blu taken from St Aubin.

Radisson Blu turns down lights to raise awareness of Earth Hour

Radisson Blu Jersey turned down the hotel's lights for one hour in support of Earth Hour last month.

Earth Hour took place in over 162 countries worldwide at 8.30pm, with the aim of highlighting the issues surrounding climate change.

Radisson Blu turned down the hotel's energy consumption by switching off the logos, as well as reducing the level of indoor lighting in the Waterfront Bar & Restaurant, the public areas and the Spa & Gym. Romantic candles and warm fire pits lit the indoor and outdoor areas, to ensure no guests were left in the dark.

Radisson Blu Jersey general manager Fergus O'Donovan said, 'Environmental issues are of major concern to Radisson Blu Jersey and we are marking Earth Hour to draw attention to climate change. At the same time, we hope to create a welcoming and intimate atmosphere for guests and residents to enjoy.'

This latest initiative is one of many environmental projects carried out by Radisson Blu Jersey, which has earned the hotel an impressive list of awards including an Eco-Active Award, Green Tourism Gold award and TripAdvisor Greenleaders Award.



The Mont Orgueil cross-breeding experiment was hailed a roaring success, and raised a bucketload of cash from gawking tourist passers-by.

Do something awesome for Autism

2015 marks the 10th anniversary of Autism Jersey, to celebrate they are building on their 'Do Something Awesome Campaign'. Autism Jersey has organised lots of activities to increase awareness of autism within our community and raise important funds to enable them to continue to provide services and support to both children and adults with autism, their families and carers. They need your help to make it as successful as possible.

This year World Autism Awareness day is Thursday April 2nd and local businesses and organisations are encouraged to support by joining together to 'Wear something Awesome' or 'Bake Something Awesome', perhaps you can consider something simple such as 'Awesome Sock Day'?

Activities during 'Do Something Awesome' April include a Family Day at Cineworld, an Easter Duck Race, Abseil at Val de La Mare, Easter Marathon & Half Marathon and our annual L'etacq & Back Walk. More information on these are attached and you can keep up to date with these through the events pages on their website www.autismjersey.org. Also launched is the 3 Peak Challenge Trek to climb the three biggest mountains in the UK in 48 hours, they are still looking for participants ready to take on a great challenge.

You can help support Autism Jersey by participating, encouraging your work place or school to take part or by setting your own Awesome event or challenge. They are also always keen to hear from volunteers who are able to support their fundraising events especially during April when they will be campaigning.



EVENTS



Rad Fitness – Pool and Gym Opening Evening

**THE RADISSON BLU
WATERFRONT HOTEL**

FRIDAY 27TH FEBRUARY

The Rad Fitness gym and pool opening evening, held at the Radisson Blu Waterfront Hotel, was a huge success and a great opportunity for gym goers to check out the recently revamped Rad Fitness. Both personal trainers 'Gary and Lucy' were on hand to answer any fitness

queries, whilst the Fabriah beauty rooms, with their calming, luxurious surroundings, were also open for perusal. Designed with the needs of individual clients in mind, Rad Fitness guarantees to entice even the most discerning of fitness enthusiasts.



Jason Butler Studio Launch - Quilter Cheviot

THE STUDIO

THURSDAY 19TH MARCH

Jason Butler was born in Nottingham in 1970. He studied at Bristol University for his Art Foundation Course and Cheltenham Art College for his degree. He has recently taken on a stunning new studio and is painting full time. With the support of Quilter Cheviot Jason has hosted several showings of his work.

Quilter Cheviot hosted an exclusive private view of his new work, 'Seekers and Speakers' a conceptually based body of work currently in progress and due to go on display towards the end of 2015. The artist was on hand throughout the evening to discuss how he creates his intriguing conceptual artwork.

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7:45 Breakfast Club 10th Anniversary

BANJO

WEDNESDAY 18TH MARCH

On April the 1st 2005, 44 people huddled in the members bar of the Victoria club waiting to be ushered into the first meeting of the non-profit, networking “7:45 Breakfast Club.”

A decade later, members revisited the original site, now Banjo's, to celebrate its remarkable success. Now three clubs, it still meets monthly at the Pomme, and still provides one of the most original ways to meet, make connections and network your business.



Durrell 'Thank You' Evening CCA GALLERIES INTERNATIONAL

THURSDAY 19TH MARCH

Durrell was brought to St Helier last month so that they could demonstrate their thanks to the wonderful people who support their charity.

Christine Holmes, Head of Engagement at Durrell Wildlife Conservation Trust commented “It is no secret that we are

currently struggling to achieve financial sustainability and without the help of many of the Islands' organisations and individuals, our work both locally and globally would not be possible. A huge thank you to everyone who assists us through giving and volunteering, your ongoing support is very much appreciated.”

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Chartered Institute of Marketing Awards Evening

THE ROYAL YACHT HOTEL

FRIDAY 20TH MARCH

After a last minute move from the Opera House, the Chartered Institute of Marketing's CI branch held its annual Awards in The Drift at the Royal Yacht Hotel. Presented by former CTV presenter Murray Dron, the ceremony saw recognition for marketing teams from a cross section of Channel Island industries. Following the champagne on arrival action,

sponsor Coca Cola gave everyone an extra sugar kick, having painted the venue red with classic bottles at each place setting. The room lent itself pretty well to an informal awards night as people congregated in designated areas rather than the big round tables of old.

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WAKE UP AND SMELL THE...COFFEE

Never has a statement been more true! If you're yet to try the Nicaraguan coffee blend, be sure to make 2015 the year you do. Run by a team of local affiliated farmers, the Nicaragua Coffee Trail offers visitors and coffee connoisseurs a chance to embark on a sensory journey – with only the area's larger than life wildlife, breathtaking jungles, epic ruins, and exquisite volcanoes for company...oh, and dare we forget to mention, freshly brewed organic coffee on tap.

WWW.NICARAGUANTRAILS.COM

VISIT THE ONLY GEISHA COMMUNITY OUTSIDE OF KYOTO

Having escaped major destruction during the Second World War, Kanazawa is a perfect holiday hot spot for history buffs! Home to oodles of heritage and traditional culture, it's here you'll find the only geisha community outside Kyoto, the impressive teahouses of Higashi Chayagai and the Nagamachi quarter with its samurai residences. With a new high-speed train line in place, the city is now more accessible than ever, making the journey time from Tokyo to Kanazawa just 2.5 hours.

Inside Japan Tours offers a 14-night Traditional Japan self-guided trip from £1,360pp (based on two sharing) including 14 nights' B&B accommodation, various meals, and all domestic transport (excludes international flights).

LOST IN TIME...

Ever wished you could travel back in time? Well now you can – North East Romania is home to more carts than cars, scenery dominated by ancestral castles, old fortresses and peaceful monasteries and a much slower pace of life. Everything from wood to wrought iron is processed manually, whilst all food is grown locally. Here, the people live simple but happy lives, welcoming visitors with open arms to embrace the absence of evolution. If you're looking for a little time out, you're guaranteed to find it here. Fly from London to Bacau for as little as £67.

WWW.ROMANIANTOURISM.COM

BURIED TREASURE

25 metres below sea level, just off the Southern Shore of Yonaguni Island, is evidence of a prehistoric civilisation. This underwater rock formation, which resembles an ancient pyramid is said to be 10,000 years old. Although archaeologists are yet to figure out what

it represents, divers and explorers from around the world travel to this site on a regular basis, intent on discovering their own theory for this mysterious city. Some believe it to be Atlantis, whilst others think it's the lost continent of Mu – a fabled landmass in the Pacific and mythical cradle of civilisation.

Yonaguni is a small, remote untouched island – to get there you'll need to travel to Okinawa's capital 'Naha'. From here you can catch a 2hr flight to Sonai – Yonaguni's main residential area.

THE KING OF NATIONAL PARKS

Described by Scottish-born conservationist John Muir as 'the grandest of all the special temples of Nature' Yosemite still stands as the King of American national parks. Boasting 1,200 square miles of deep valleys brandishing wild-flower meadows, giant sequoias and impressive waterfalls – guests spend their summers hiking, rafting, fishing and rock climbing and winters enjoying the quiet splendour of Yosemite's epic landscape without the crowds.

Combine your sightseeing tour with a city escape with a stop off in the Big Apple. Blue Islands offer daily flights to London City Airport, from where you can catch a direct flight to New York.

WWW.YOSEMITEPARK.COM

A HOLIDAY HOT SPOT REVIVAL

Now that America has re-established diplomatic relations with Cuba – this characterful city is set to experience a revamp, albeit without losing its unique old-school charms. With the government slowly welcoming the development of non-state-owned tourism, a number of private travel ventures are emerging – especially in thriving cultural hub of Old Havana – now home to an abundance of new bars including 'O'Reilly 304', and the stylish bed and breakfast 'Casa Alta' (£19-25 a night) all adding to the buzz of this must-see city. To mark the 500th anniversary of the formation of the southern city of Santiago de Cuba, a week long party and carnival will commence on 25th July.

Those wishing to embark on a more unusual travel experience (exploring some of the country's lesser-known spots) can do so by signing up to a 12-day cycling tour, such as the one run by World Expeditions (priced from £1,567pp). Alternatively, explore the island on something a little bit faster with Ernesto junior (Che Guevara's son). Choose from six and nine-day motorbike tours from £1,999pp.

LAPODEROSATOURS.COM

CONTINUED OVERLEAF...

OPPOSITE PAGE LEFT TO RIGHT, TOP TO BOTTOM: Cuba, Geishas, Iberico ham, Yonaguni Island, a smiling Romanian, Marseilles, Caceres, Yosemite, more Yonaguni Island, a bit more Yosemite, Nicaragua, the Tatra Mountains in Slovakia and Essaouira.



A HASSLE-FREE HOLIDAY

When you think of Morocco, it's not uncommon for overbearing locals and prodigious crowds to spring to mind. Essaouira on the other hand – an exclusive, in-expensive and super smart Atlantic hub that was once too troublesome to get to – is now welcoming a number of direct flights! The souks are relatively hassle-free, the restaurants boast fabulous views of the crashing waves and the beaches are huge. This atmospheric port is set to become one of Morocco's freshest destinations.

Stay in the centre of town at Dar Adul (doubles from £43 B&B), or in the countryside (15 minutes outside) at the tranquil Les Jardin des Douars (doubles from £79 B&B).

Travel to Essaouira in under 3hrs. Direct flights are available from London Luton Airport and cost from as little as £61 return.

THE CAPITAL OF CULTURE

As the fervently debated title of France's second city draws to a close, Marseille is becoming something of a talking point. The city itself will be easily accessible from May, with the introduction of Eurostar's new, year-round direct service.

Having already been crowned the European Capital of Culture, this metropolis is set to undergo a few more changes – including a €7bn facelift, which is being described as the largest urban renewal project in southern Europe.

New intros include the recently completed Les Voutes de la Major (a precinct of boutiques and restaurants near the cathedral les Halles de La Major Market and an area dedicated to gourmet foods) and La Friche Belle de Mai (a former factory converted into studios, exhibition spaces, theatres and a hot spot for the city's rap and hip-hop heritage).

Stay at the C2 Hotel, an establishment featuring Modernist furniture by Le Corbusier and Frank Lloyd Wright (doubles from €189); and dine at the tiny, 22-seater AM restaurant, owned by chef Alexandre Mazzia.

Avoid the chaos of Gatwick and fly direct to Southampton from £49 with Blue Islands. Add a return, anytime train ticket to London Waterloo for just £30.

NEW TERRAIN

Skiers seeking new terrain can now travel to the Tatra Mountains for less than £30 one way from London. Catering to both skiers and snowboarders of all abilities, Jasná (the best-known resort in the Low Tatras) has undergone a massive overhaul, costing in the region of £150m! This revamp includes the introduction of three new aqua parks – a great option for families. And that's not all, both the Freeride World Tour and World Snowboard Tour are scheduled to make an appearance here later this year.

Mountain Paradise offers Thurs-Sun weekend packages at the Vila Park & Pension Paula from £499pp including flights.

Located just a two hour drive from the medieval city of Krakow, you can easily combine a few days skiing with a sightseeing escape.

A GASTRONOMIC DELIGHT

The foodies favourite San Sebastián has competition! Cáceres (eastern Spain) has been named the country's Capital of Gastronomy for 2015. This hidden gem (and Unesco world heritage city centre site) is a picturesque maze of narrow, cobbled medieval streets – all of which will play host to a programme of food-focused events and festivals later this year. Expect local specialities such as jamón ibérico, bread soup with paprika, rice with rabbit, and torta del casar, (a subtly bitter local cheese made from raw sheep's milk) to be on the menu.

Stay at the Parador Hotel, a recently refurbished 14th-century palace in the old town – spacious doubles are priced from £68 per night.

GETTING THERE: *Blue Islands fly to London City six times daily, from here you can fly direct to Madrid. Domestic flights from Madrid serve Cáceres' nearest airport. If time is not an issue, take the scenic route and jump on a train – you'll be anything but disappointed with the view.*



THE PERFECT MINI-BREAK

It's practically a staycation popping over to Guernsey, but you'll feel a million miles from your day to day life and a million dollars at the end of your break!

Self Catering in Guernsey gives you more freedom to enjoy your holiday than Hotels or Guest Houses – eat in with fantastic fresh Guernsey produce or out at some of Guernsey's fantastic restaurants, take day trips to the other Islands of Alderney, Sark and Herm, go fishing, walking on the beautiful Guernsey coastline or just take it easy and relax.

This is a wonderful family run company who really care about making sure you have a great stay and experience the best that Guernsey has to offer.

Ideal for family holidays with heated swimming pools, quiet romantic breaks or activity holidays. All the properties are looked after by on-site housekeepers who maintain excellent standards so you can be assured of clean, comfortable accommodation which is Visit Britain Graded 3 or 4 Star.

Visit www.selfcatering.co.gg to view all the different accommodation options and plan your stay.

CULTURE

Kaz Hawkins

The Robert Tilling Series

Saturday 18 April at 8pm

Mostly underground for years as a secret songwriter, Kaz Hawkins from East Belfast is now established as one the biggest singers ever to come out of Northern Ireland. "A Vocal Force" on stage, she envelops the fighting spirit of a true powerhouse singer. With comparisons to her idols Etta James, Mavis Staples and Janis Joplin, Kaz not only sings 'the blues', but has lived them too, and she is loved for her down to earth attitude.

£17 (£11 students)

Members: **£14.45** (£9.35 students)

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MY NAME IS...

My name is *Amy Rhian Butler*

My job is *Illustrator + Paper Engineer*

When I was a kid I wanted to grow up to be *an artist*

My worst habit is *taking an hour to choose an ice cream*

The celebrity that would play me in the film of my life would be *Keith Leman*

The song that best represents the soundtrack to my life is *Blur - Song 2*

This is a self-portrait:



My greatest achievement is *Amberly*

My biggest inspiration is *Mogu Takahashi + Sara Fanelli*

In 3 words I am *drawer, cutter, sticker*

My motto / mantra is *you can't win them all*

If I was a superhero I would be *Super Hermit or Amy Scissor Hands*

I couldn't live without *a pritt stick*

The advice I would give my 12 year old self is *just don't worry about anything*

Is honesty the best policy? *Yes. Mostly.*



EXHIBITIONS



'Nemophilist'

By day Peter Thomson, known by most as PJ, is a visual arts tutor at Highlands College and also the course leader on the Foundation certificate for Art and Design.

By night, well probably by day too, he is preparing a solo exhibition. The Exhibition is called 'Nemophilist' and will be running from the 7th April till the 24th April at the Berni Gallery, Jersey Arts Centre.

The work is collections of various printing techniques and embroidery. There is some also some collaborative pieces made with glass and resin.

The work is based around interconnecting themes such as moths, the moon, the forest, the night and the hare.

The hare was known to be sacred to the pagan goddess Eostre and eventually became known as the Easter bunny. Pagans believed that seeing a moon gazing hare would bring growth, re-birth, abundance, new beginnings and good fortune.

"I have used symbols such as these, as kind of personal mantras of good fortune and growth. There is relationship they have with each other, so from starting out with working on just imagery of moths, the forest, the moon and the hare followed organically."

Esteemed art display open to all

Fast-growing law firm Viberts has joined forces with Victoria College to source and display a selection of their finest GCSE and A Level student artwork. The display is part of a drive to support local students and showcase the island's creative talent to Viberts' clientele.

The exhibition includes pieces by Mark Alner, Charlie Carter, Ben Hair (pictured), Oren Le Marquand, Tim Norman, Rupert Orr, Andrew Robertson and Joshua Yates. Their works are of a particularly high standard given the age of the artists when they created the pieces, and have already drawn in dozens of visitors who have given positive feedback.

A painting entitled 'Frustration', by former student and Head of Dunlop House, Ben Hair, has drawn particular interest given its size and nature. Measuring 6ft tall by 4ft wide, the piece is an oil-based, colourful self-portrait of the young artist biting his Victoria College school tie.

Ben, now aged 20, graduated from Victoria College in 2013 with an A* in Fine Art and was inspired by Maggie Hambling – a

British contemporary painter and sculptor who, amongst many works, paints large scale faces in brightly coloured oils. Asked if the piece was meant to be controversial, Ben grinned and said, "People often used to ask me that!" He added, "I included the tie to add a new dimension to the portrait, so that it wasn't just my face. The bright yellow tie added the extra colour I wanted, and the piece just kind of painted itself. There's nothing more sinister in it than that!" He went on to say that he was glad Viberts had chosen it as part of the exhibition as he didn't think the huge piece would look right on the wall in his parents' house!


Ben is now using his creative talents to pursue a career as an Architect. He is currently carrying out a one year placement as an Architectural Assistant at prestigious London architecture firm, Jeff Kahane & Associates, whilst studying Architecture at the University of Bath.

Located in Viberts new offices on Don Street in St Helier, the 11-piece exhibition is free to attend and open to all from Monday to Friday between 09:00 and 17:30.





TACTILE TEXTILES



Gallery speaks to Abigail O'Sullivan, local textile and surface designer.

When did you first begin to get creative?

I always remember being artistic and enjoying art in school. I am extremely practical and able to pick up design techniques quickly and efficiently. I am now currently in my final year of my Interior Textiles and Surface Design degree.

How would you describe your work?

I am looking to create innovative surfaces for quirky and fun interiors. I am focusing on manipulating and contrasting materials. My aim is to include different textures for an interactive tactile experience; I want people to feel my work!

What mediums do you use and why?

My main focus of my current collection is to combine hard surfaces with the luxury of soft furs. Fur is one of nature's most enduring products and has an everlasting appeal. Additionally I use other materials including wood, leather, resin, concrete and papers to achieve a natural look to other aspects of my work.

Are there any particular issues or difficulties with your chosen mediums?

Using fur in my work does mean that my designs are controversial. All the furs I have used have been ethically sourced and upcycled. I have already exhibited at a major trade show in London, the Surface Design Show. I received positive feedback from people in the industry, which has lead me to get talented spotted by the prestigious, Mix Magazine.

Which artists have inspired you?

I have looked more at current trends in the interior and fashion markets to influence and inspire me. I use my research in these areas to develop my work, make sure my designs are on trend and that they could fit into current markets. Classic and timeless, fur will always be fashionable. I wanted to take this feature of clothing from the body and update it to an interior setting.

“Using fur in my work does mean that my designs are controversial. All the furs I have used have been ethically sourced and upcycled”

Have you ever been approached about a commission?

I have my experimental photography work permanently up in Taunton's Musgrove Hospital, alongside Howard Hodgkin's work 'Multiplication'. I have also been approached by SCIN Gallery and I am hoping to get more of my work exhibited and recognised. I am happy to take on commissions.



How does your work differentiate from other artists?

I am more of a mark maker. I look at textures to create my pieces of artwork. I am very interested at the moment in developing natural materials like wood and furs to create an exclusive balance of natural elements. So far as I am aware no other designer is currently experimenting with incorporating furs in hard materials. I experiment relentlessly with how to treat these materials in the best possible way, to achieve the finest quality of textures.

You're about to graduate, what projects do you have planned for the future?

I am collaborating with a local Jersey welder at the moment, Christopher Pople works at Rylance Ltd in Rozel. We are currently working together on my new venture to create products for my unique surfaces. I am hoping to continue making, designing and incorporating metal work for my surfaces to create interior and exterior products to include furniture for everyone to enjoy. After the success I had at the Surface Design Show in London, I hope to be exhibiting at New Designers at the end of June in the Business Design Centre in Islington. If you're around that area make sure you pop in too see me and my new collection!

You're not currently in Jersey, what do you miss about it whilst you're away?

I miss St Ouen! I only live down the road from the beach and I really do miss that sea air. Of course I also miss my mum, my sister, my cat and last but not least, my boyfriend.

Follow Abbie at [f osullivandesign](#)

LIBERATION

International Music Festival

7th - 17th May 2015

Fifteen internationally acclaimed stars and over 250 local artists perform beautiful and atmospheric music in stunning settings celebrating the Liberation of Jersey.

Event highlights:

Thursday 7th May - 8:00pm

Band of the Royal Marines at Jersey Opera House

The world famous Band of Her Majesty's Royal Marines will open the Festival with a military music spectacular featuring festive music, military marches, big band hits and popular showstoppers.



Wednesday 13th May - 7:30pm

Liberated by Broadway at Jersey Opera House

A stunning Gala concert with the Orchestra Symphonique de Bretagne performing a set of popular songs from the Sound of Music as well as from musicals by Irving Berlin and Cole Porter with celebrated soprano Sarah Fox and the Jersey Island Games choir.



Friday 15th May - 8:00pm

Liberation Celebration at Jersey Opera House

A celebration of Jersey's Liberation features Michael Collins and Friends - six international soloists performing in a night of masterworks from Beethoven's Clarinet Trio, to Schumann's Piano Quartet and Brahms' Clarinet Quintet.



Saturday 16th May - 7:30pm

Stars from the Royal Ballet at Gloucester Hall, Fort Regent

Stars from the Royal Ballet Sarah Lamb and Steven McRae entertain with your favourite ballet solos and duets in this evening of famous ballet dance and music alongside the Jersey Festival Orchestra.

Tickets available from Fort Regent Tel: 449827



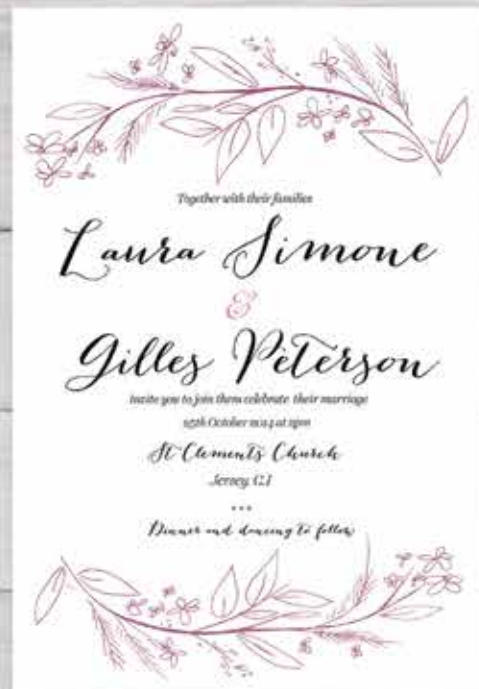
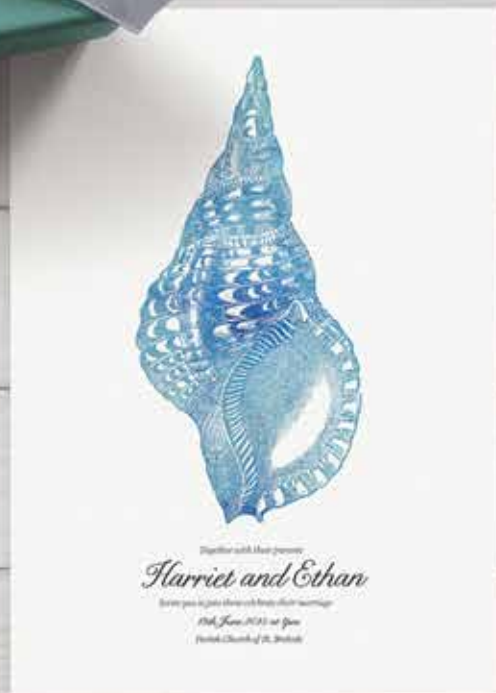
Sunday 17th May 12:00 - 4:30pm

Jazz at Hamptonne

Enjoy a family day out with jazz at the beautiful Jersey Heritage site Hamptonne, with multiple award winning Clare Teal and her Trio performing popular jazz classics as well as a selection of other jazz artists performing.



**TICKETS AVAILABLE FROM
JERSEY OPERA HOUSE ON 511115
www.liberationjersey.com**



The Paper Foundry

Who are you and what do you do?

I'm Paul Conway, the designer and founder of The Paper Foundry which is a design studio based in Jersey, specialising in wedding and event stationery. From hand-drawn invitations to bespoke cocktail menus, our main job is to make sure your day or event has that extra wow factor.

What got you in to the wedding business?

Prior to starting The Paper Foundry I trained as an Illustrator and spent several years living and working in London. I came back to Jersey five years ago and like a lot of people fell in to the finance industry, due to a lack of jobs in the creative market. The Paper Foundry began when I started creating wedding invitations for close friends and my own wedding last year and realised I could use these as the start to a portfolio due to the fact no one in Jersey was creating the things I had found online and wanted for my own wedding.

Can you go into your process a little? How do you like to work with a client?

Firstly we have an initial meeting and together discuss what the overall theme of the wedding is, which can be anything from a simple reception on a farm to a full blown lavish day at Longueville Manor. Once this has been established each couple is led step-by-step through the process, from choosing paper right through to printing as I craft the invitations that are tailor-made for them. For a lot of clients it doesn't end at stationery, I can also create coordinating event décor such as menus, signage, and even smaller items such as place name cards or table numbers. Every detail of your wedding is important and that's why every aspect is designed and custom-made to reflect you and your big day.

Do you have any predictions in upcoming trends in wedding design?

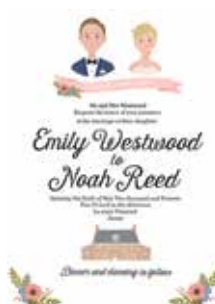
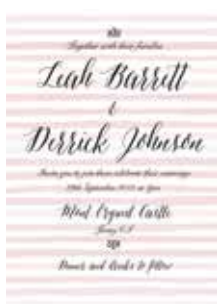
The wedding world is ever changing and now with Pinterest and Instagram playing such a big part in peoples research no two weddings are ever alike. Increasingly brides and grooms are focused on creating a timeless event with personality added quite subtly rather than with big statements. On the flip side, there are also more couples willing to be bold and brave in their wedding design, they want their wedding celebration to be an extension of their personal style and aren't afraid to shy away from doing that in their own way.



“ Prior to starting The Paper Foundry I trained as an Illustrator and spent several years living and working in London. I came back to Jersey 5 years ago and like a lot of people fell in to the finance industry due to a lack of jobs in the creative market ”

What's next for The Paper Foundry?

I am just gearing up for the start of wedding season so am busy with a lot of new signs which will be available to rent and buy very soon. I am also currently in talks with a UK based printers who specialises in gold and silver foiling, this is a printing technique that gives the effect of gold leaf and looks amazing on invites so I'm busy designing a range of wedding stationery which will be launched fully at the wedding fair in October.



CULTURE NEWS

**SKIPTON ART SERIES' SPRING HIGHLIGHTS**

Since launching at the beginning of the year, Skipton Art Series is off to a brilliant start. The new initiative, which encompasses the 2016 Skipton Open Studios, as well as additional visual art events throughout the year, is sponsored for the next two years by long-term Jersey Arts Trust partner Skipton International. The spring art events for the Series include:

Les P'tits Faïtchieaux figure making workshops:

Over the past few weeks, Jersey artists involved in the Skipton Art Series have created thousands of small clay figures ('Les P'tits Faïtchieaux') at La Hougue Bie, which, last month, saw them fired on site in a handmade kiln. The public is now invited to La Hougue Bie to make their own clay figures and add to the growing collection of little people! The aim of the project is to involve as many people as possible in the making of figures, which are currently being displayed in the Neolithic passage at La Hougue Bie, where they'll remain throughout the coming year. Visitors, local schools, charities and the wider community are now invited to participate. Artists will be on hand to run the public figure-making workshops from until 13th April and again between the 18th July – 31st August from 10:30am – 12:30pm.

Skipton Art Series and National Trust for Jersey Pop up Gallery at Greve de Lecq Barracks:

As part of the Pan-Island Heritage Festival, the Greve de Lecq Barracks will be turned into an exhibition gallery, over 5 weekends in April and May. The pop-up gallery aims to help talented local artists to showcase and sell their work, whilst helping raise funds and awareness of National Trust for Jersey.

The exhibition dates run from 11-12 April – 9-10 May. More information on the artists exhibiting can be found on the Jersey Arts Trust website: www.arts.je and the National Trust for Jersey website: www.nationaltrust.je

**HAUTLIEU SCHOOL PERFORMS MUSICALS
BASED ON MYTHS AND LEGENDS**

On Wednesday 22nd April at 7.00pm, Year 12 students from Hautlieu School will be performing four short Musicals based on the Myths and Legends of Jersey.

The students are not only performing, but have also composed, devised, choreographed, directed and produced these Musicals.

Reg's Gardens is the ideal location to perform these mystical and magical legends surrounded by wonderful scenery and haunting atmosphere. As Reg's Gardens is soon to close, this may be one of the last chances to see young people perform at this very special place.

A collection will be made during the performance for Jersey Women's Refuge. Rehearsals are in full flow..... the students are starting to feel the stress of a live public performance. All are welcome.

**DYLAN MORAN:
OFF THE HOOK**

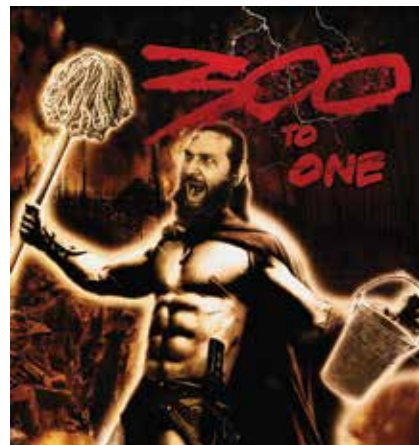
SATURDAY 18TH APRIL, 8PM
**TICKETS: £25, CONCESSIONS:
£2 OFF**

The bad tempered book shop owner Bernard Black in the BAFTA Award-winning sitcom *Black Books* or David in *Shaun of the Dead*, it's likely you'll be familiar with this unkempt, red wine loving Irish comedian, actor and writer. Touring for the first time in more than three years, Dylan Moran is bringing his sardonic observational comedy to Jersey Opera House for one night only this month with his new stand-up gig *Off The Hook*. Prepare for a somewhat surreal evening of sharp intelligence, foul-mouthed rants and razor-sharp putdowns.

300 TO 1

SATURDAY 25TH APRIL, 8PM
TICKETS: £10-£12

Award-winning Monkey Poet swings back into the Jersey Opera House studio with a double bill of his customary controversial material. In the first half he performs *300 to 1*. Winner of Three Weeks Magazine's Editors' Award at the Edinburgh Fringe 2014, the one-man show is about a schoolboy re-enacting the macho homoerotic war film of the title to World War 1 poets Wilfred Owen and Siegfried Sassoon. After the interval, the simian rhymester delivers an electrifying set.



VOCA PEOPLE

SATURDAY 2ND MAY,

2:00PM & 8PM

TICKETS: £21-£24

(JERSEY OPERA HOUSE MEMBERS GET £5 OFF).

This weird and wonderful show is unlike anything you'll have seen before, unless you've been one of the 50 million hits these guys have had on YouTube. From the Planet Voca, these eight 'aliens' sing acapella and beatbox to create the sounds of an entire orchestra! Dressed from head to foot in white with big red lips, these talented singer / comedians recreate hits from the likes of Madonna, Michael Jackson, Queen, Bruno Mars and even Mozart. Check them out online and book your tickets!



ROYAL MARINES SPECTACULAR

The Band of Her Majesty's Royal Marines Collingwood is world renowned for the quality of its music, visual splendour, meticulous attention to detail and versatility in performing a wide range of musical styles. Since its formation in 2009 the band has performed at a number of high-profile events including the Royal Wedding, The Diamond Jubilee Celebrations, the Olympics, the Mountbatten Festival of Remembrance at the Royal Albert Hall, Strictly Come Dancing from Wembley Arena and was the first Royal Marines Band to march into Parliament.

The evening at the Jersey Opera House promises a programme of stirring military music, popular classics, music of the Big Band era, exciting show-stoppers and solo features which will all combine to produce a performance that will be both entertaining and spectacular. The evening will be raising funds for the Royal Marine Association.

Thursday 7 May 2015 - 8pm

Tickets: £20 - £25 - concessions
available BOX OFFICE (01534) 511115
www.liberationjersey.com

Ignorance is Bliss.

Local photographer, and in this case also model, Danny Richardson sent us in the following photograph of his trip down to St Ouen during the recent high tides.

"The Jersey news was full of fanciful stories of a massive Spring tide at the end of February... So I went down to St Ouen and didn't see a thing. It just goes to show that you can't believe everything the media tells you..."



DON'T BE A NO-SHOW THIS APRIL!

A VIEW FROM THE BRIDGE



NATIONAL THEATRE LIVE: A VIEW FROM THE BRIDGE

Encore Screening 13th April, 7pm

A stellar cast led by Mark Strong (*The Imitation Game*) star in the Young Vic's electrifying production of Arthur Miller's tragic masterpiece, screened from London's West End.

Tickets: £11-£12.50



The Hard Problem

NATIONAL THEATRE LIVE: THE HARD PROBLEM

Live Screening 16th April, 7pm

This highly anticipated new play sees a young psychology researcher at odds with her colleagues as she battles with a troubling question which sees psychology and biology meet.

Tickets: £11-£12.50



YESTERDAY ONCE MORE: THE MUSIC OF THE CARPENTERS

17th April, 8pm

Relive the music of American pop duo The Carpenters with this unique live show, starring singer and lifetime fan Kim Dickinson.

Tickets: £20



MET OPERA: CAVALLERIA RUSTICANA / PAGLIACCI

Encore Screening 26th April, 6pm

Opera's most enduring tragic double bill is staged in an evocative new production, with the action set across two time periods in the same Sicilian village.

Tickets: £15-£17.50

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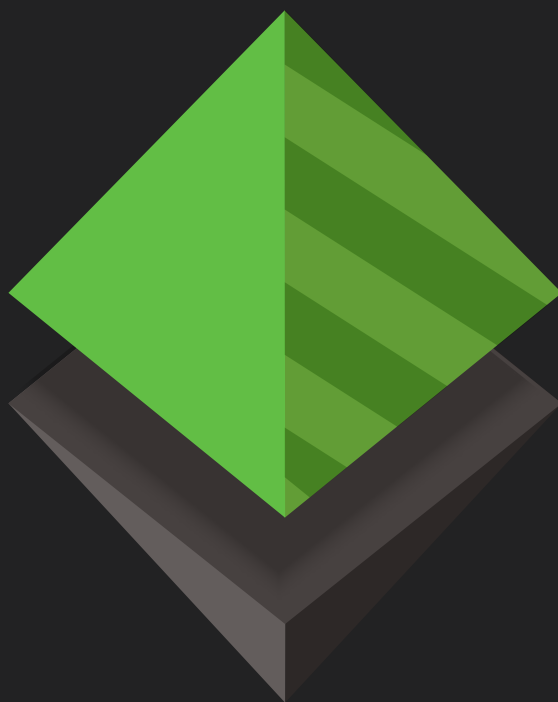
www.jerseyoperahouse.co.uk



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GALLERY.JE/ART

THE MONTHLY UPLOAD

NEXT MONTH'S THEME IS **FREEDOM**. EMAIL YOUR PHOTOS (4MB IS A **GOOD SIZE**) WITH THE SUBJECT 'UPLOAD' TO: UPLOAD@GALLERY.JE BEFORE THE DEADLINE OF **15TH APRIL** AND YOU'LL BE IN WITH A CHANCE OF WINNING FREE COFFEE FOR A WHOLE MONTH! IF YOU'VE WON, CALL GALLERY HQ ON 811100 TO CLAIM YOUR PRIZE!

WINNER!

Jason Masterman



Annaida Garoffé



Annaida Garoffé



Mike Dottore



Emma Blake



Przemyslaw Shem Podstawka



Matt Duffy



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Paul Herbert



Angie Muir



Joanna Malyszko



Yvonne Andrews



Jonny Swift



Szołnoki Cecilia

BANK HOLIDAY WEEKEND 2-4 MAY

St Helier Marina: Saturday and Sunday, 10am-6pm | Monday, 10am-5pm

jerseyboatshow.com  

FREE ENTRY

*Everything from
ship to shore!*





The seventh 'Inside Out' Exhibition of prisoners' art takes place this month at the Harbour Gallery, St Aubin, from 16 to 27 April. Art teacher at HM Prison La Moye Lucy Blackmore describes the event and the value of art in prison.

For rehabilitation schemes to be successful, it is vital to educate the person as a whole, rather than just helping him to achieve some qualifications to make post-release employment more likely.

Rehabilitation offers skill and knowledge development that can have a real impact on the willingness of the individual to embrace personal change, thus increasing the likelihood of a successful reintegration into the community.

In some ways art offers an escape from prison – or at least from what could all too easily be the monotony of a life behind prison bars.

Prison shouldn't stifle intellectual and creative development. Not only can participation in artistic pursuits encourage a prisoner on to seeking to further study

"Prison shouldn't stifle intellectual and creative development. Participation in artistic pursuits encourage a prisoner on to seeking to further study in academic areas and can also provide a huge boost to his or her self-esteem, a lack of which is so often a hugely contributory factor to their being in prison in the first place"

in academic areas, it can also provide a huge boost to his or her self-esteem, a lack of which is so often a hugely contributory factor to their being in prison in the first place. The chance to showcase prisoner

work is a motivating way of engaging prisoners in creative activity

The exhibition is a welcome opportunity for us to display work from the inside to the outside. The prisoners at HMP La Moye have been working towards producing approximately 100 items of artwork and craft to exhibit; they have been working on paintings, drawings, ceramics and woodwork.

The exhibition 'Inside Out 7' is being officially opened by Lieutenant Governor Sir John McColl and Lady McColl on the 16th April. It continues seven days a week until 27th April. Kindly sponsored by Sir James Knott Trust, Gallery Magazine and Love Wine.



THE MESSIAH!

No, nothing to do with Monty Python...This is the real deal...The Jersey Festival Choir will be presenting Handel's Messiah on April 25th at St Helier Methodist Centre at 7.45 pm. Their four professional soloists are Gabriella Cassidy, Georgia Mae Bishop, Mark Le Brocq and Matthew Durkin. Gabriella and Georgia Mae are both Jersey girls and Mark is the son of the choir's President. Mark, who has sung in operas and concerts worldwide, has also sung here many times during the past 20 years. The main choir will be joined by a small chamber choir. There are also many local instrumentalists who have given up their time to come together as the Jersey Festival Orchestra to play, for which they are incredibly grateful. The guest conductor, Jonathan Willcocks, has conducted concerts in many parts of the world and is also well-known as a composer of choral works. A Great and Glorious Victory – his exciting commemoration of the bicentenary of the Battle of Trafalgar – was sung by the choir in our Spring Concert in 2010.

Handel's Messiah April 25th at 7:45pm at St. Helier Methodist Centre. Tickets (£15 to include a programme) from the Jersey Arts Centre or at the door on the night.

The background is a solid light purple color. It is covered with a repeating pattern of dark purple lipsticks, each with a lighter purple band near the tip. The lipsticks are oriented diagonally. In the center, the words "BEAUTY & WELLBEING" are written in a white, bold, sans-serif font. Behind this text, the words "BEAUTY" and "WELLBEING" are faintly visible in a larger, light purple font, stacked vertically.

BEAUTY & WELLBEING

BEAUTY NEWS



Don't let back to back Bank Holidays get the better of you!

We will all be rejoicing as spring rolls in and with a host of Bank Holidays to look forward to who wouldn't. Excitingly we have Easter just on our doorstep, and for most that means a wonderful long weekend off work so we can relax and enjoy some quality time with family and friends.

Marie-Christine Dix of Back to Balance & Lorna Jackson of Health Point Acupuncture Clinic both said: "People look forward to a day off work so much that they tend to cram a great deal in to make the most of it. Unfortunately this more often than not means that they are over-exerting themselves with unaccustomed activity."

Whether you decide to go travelling, undertake DIY projects, gardening or plan to just lazing about, Back to Balance and Health Point Acupuncture Clinic has some great tips to help avoid any problems with your back and posture.

- Take regular breaks when driving - stop and stretch your legs at least every two hours.
- If you are sleeping in a 'foreign bed' - take your own pillow.
- When shopping - try not to carry all your bags at once, if you can take them back to the car on a regular basis.
- Treat gardening and DIY like any form of exercise - make sure you warm up and warm down.
- Don't lounge about for long periods of time, get out for a walk or run.
- Drink plenty of water while exercising or flying to avoid dehydration.
- Pain is a warning sign - do not ignore it!

"People look forward to a day off work so much that they tend to cram a great deal in to make the most of it. Unfortunately this more often than not means that they are over-exerting themselves with unaccustomed activity."

Bank Holiday weekends certainly appear to be jam-packed for most, but following the above tips will ensure you are not lying flat on your back on a chiropractic/acupuncturists table on Tuesday morning!

Momo's Liberty Wharf

Momo's now offer a range of fantastic express beauty treatments so you can pop in on your lunch hour. They've got great maintenance treatments such as lash & brow tinting and facial waxing as well as some fab pampering treatments such as their stunning natural Kaeso facials, signature manicures, foot massages and of course their famous fish spa pedicures!

The Momo pamper parties are the ideal way to relax with your girlfriends (or Hens!) and they can be tailored to include your favourite treatments - so that you get all the best bits!

Gift vouchers are available, call 880890 for more information.



Fresh Faced

Face Mapping is Dermalogica's unique skin analysis which provides insight into your skin's past and present, and allows the subsequent prescription of a targeted home care regime so that within weeks of your visit you can have the healthy skin you want!

Developed by Dermalogica, and available at Rio Hair & Beauty on Halkett Place, Face Mapping takes no more than five to ten minutes and eliminates the guesswork when selecting products for results on your skin. Rather than analysing the skin in general terms, a Dermalogica Professional Skin Therapist uses Face Mapping to divide the facial landscape into 14 zones. Each zone is thoroughly examined inch-by-inch through touch and sight, and findings are notated on a prescription sheet.

This prescription sheet serve as a customised visual guide for you, highlighting if conditions such as congestion, breakouts, dehydration or hyperpigmentation are present. What's great is that you then have an accurate record of your skin, which provides you and your Skin Therapist an objective view into the results of any of the products you then use.

To book your Face Mapping appointment with Rio Hair & Beauty call 734458

How much self is in a selfie?

WORDS Christopher Journeaux
Therapy Jersey



My Facebook news feed is an interesting place. Interesting because some of my 'Friends' are redefining the term 'interesting' with photos of their restaurant food. It is packed with sunsets and sunrises and many, many pairs of feet stretching out across a sunbed and sand towards clear, blue sea. And, of course, there is a never ending stream of ambiguous three word posts as they embrace the strange concept of Vague-booking. Primary amongst all of these, though, is the selfie, an image of the person taken by the person. From holidays to bars, the office to the living room, the selfie knows no bounds.

What are they trying to tell me? Are they proving that they are there, in case I doubted them or are they simply ensuring that when they look back on a special event they are included in the visual memories? If either of these were true for all selfies, then that would be fine; frequently irritating but fine. The situations, though, are often not special and the selfies rather desperate looking. A pained expression that says 'don't forget me' rather than the implied 'doesn't this look like fun I am having'. What does the selfie achieve? Do we want recognition? To affirm we are included and remembered? Or is it about validation? To let others know we're "out there" really living – all the time?

What does the selfie achieve? Do we want recognition? To affirm we are included and remembered? Or is it about validation? To let others know we're "out there" really living – all the time?

Perhaps, as we get closer and closer to more people through social media we are actually feeling a sense of disconnect. As much as we reach out to make contact with friends and family scattered across the globe we are feeling a break in that contact. So much social media posting, sharing and liking might actually be replacing real contact with a lazy deluge of virtual engagement. So, within this, where is the selfie and what is the purpose?

In those slightly keen, maybe even desperate eyes, staring back at me through my Facebook feed, I sometimes think I notice a pleading to be seen. Not 'viewed', 'liked' or 'shared' but just seen. Buried amongst all those updates, some people are feeling lost and forgotten; just one more post in a long line of posts that talk about us but do not know us. The selfie says, "see me, know me and maybe even meet with me because I have lost contact with you".

Not every selfie is a plea, even when stressed from the end of a selfie stick. But it could be a prompt to seek some real contact, to reach out and connect with a friend and enjoy actually knowing them.

Spring is here, get a fresh new look for your hair!

With 16 years experience between them the Hairdressers at Fabriah Hair & Beauty, Emma & Amie, would like to welcome clients old and new with a fantastic 20% off of any colour or foils with a cut and blow wave for your first appointment and 10% off your second! *Quote Gallery when booking.*

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BEAUTY PRODUCTS

Check out this month's top skincare saviours – guaranteed to re-ignite, repair and smooth your skin to perfection...



A Polished Performance

This Japanese adzuki bean formula gently buffs the skin to remove dry surface patches to encourage surface cell turnover.

The end result? Skin that is soft, smooth and glowing.

Bobbi Brown | Buffing Grains For Face

Available exclusively at Voisins | £25.25



Super Serum

Formulated using a potent blend of actives, including Canadian willowherb and Persian silk tree, this super serum boasts smooth, refined results – a must for those facing a quarter life 'skin' crisis.

Origins | Original Skin Renewal Serum

Available exclusively at Voisins | £28.50



Wake Up and Glow

Re-ignite the youthful light of your skin with Estée Lauder's famous anti-aging serum. Fine lines, wrinkles, puffiness, dark circles, dryness and uneven skin tone are now a thing of the past. This is one of those products that is constantly raved about and has been for years; with good reason!

Estée Lauder | Advanced Night Repair

Available from Feelunique.com | £49



Delicately Exotic

Nectar for the nose, this highly fragrant and succulent scent boasts hints of white flower, apricot, peach and orange, accompanied by supple leather and luxurious cashmere wood – all in all, it's nothing short of mouth-watering.

Jo Malone London | Osmanthus Blossom Cologne

Exclusively at Voisins | Approx. £86



Diminish the Dullness

This potent peel inspires noticeably smoother, more even and vibrant skin – all by morning. A safe, gentle and effective exfoliator, perfect for sensitive 'skinners'.

Kiehl's | Over Night Biological Peel

Available exclusively at Voisins | £33.75

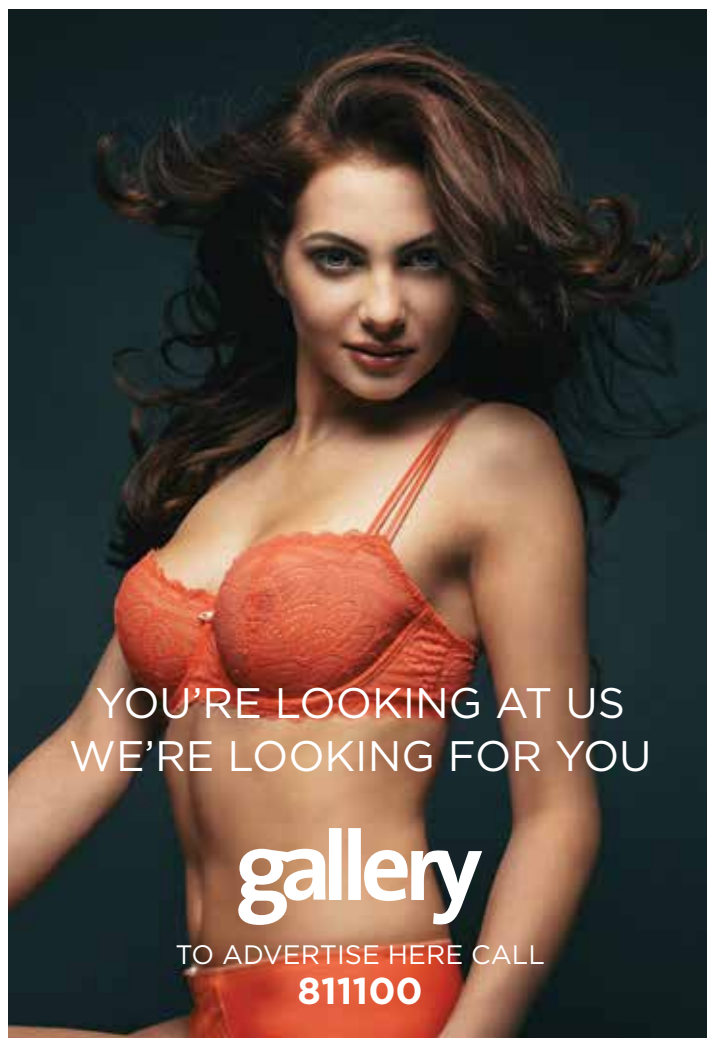


Rejuvenating Power

A rejuvenating force to be reckoned with. Diminish the appearance of fine lines and stubborn wrinkles in a flash – for skin that looks several years younger.

Thalgo | Hyaluronic Cream - Filling Deep Wrinkles

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Suzannah Taylor is the Owner of Avanti Hair and Beauty, a leading supplier of professional hair and beauty products. This fantastic family run business has gone from strength to strength; despite only starting six years ago, Avanti supply to over 90% of the hair and beauty salons in the Channel Islands. The company has moved premises three times in its short life span, each time to facilitate the huge (and growing!) demand for their premium products.

Suzannah commented "I was working within the industry and just saw a gap in the market. I was at a time in my life where I wanted a challenge and a change, and it all just fell into place with Avanti. The hair side of the business has just boomed and grown itself over the years. Our latest venture is expanding the beauty side of what we offer, we've created a brilliant beauty training room on site and teamed up with the lovely Natalie from The Devine Beauty Training Academy so that together we can now offer islanders the chance to train and qualify in their chosen field of beauty, with all the support and materials they need."

Director and Trainer, Natalie Fisher, has been in the beauty industry for 21 years and found going off island to get her qualifications very costly, after a chance proposal from a company asking if she could train someone for them Natalie got the teaching bug and set about getting qualified. Together with Avanti she is now offering a wide range of courses from facials and massaging to gel nails, spray tanning, threading, lash lifting, waxing, manicures, and brow shaping - with more courses being added all the time.

This is a really flexible approach to learning, people can pick and choose the elements they would like to become qualified in, and with course prices starting at just £115 it is very affordable. Students will benefit from very small class sizes so they can get the attention they need and all the courses

who are heading off to uni can do one of the courses and use it to make some extra money whilst they are away, or even people who are bored of being behind a computer all day and want to do a job they enjoy! We've made these courses so that they are accessible to all, they're at convenient times

Martine, Salon Owner & Beauty Therapist:

"I have taken a few courses with Natalie Fisher and highly recommend her. The aftercare and ongoing support she has given me is amazing; nothing has been too much trouble."

Joanne, Beauty Therapist:

"Natalie is an amazing trainer. Always knowledgeable about the subject and she makes learning a pleasure."

are accredited and therefore insurable, so once qualified you can start practicing! Each course only takes up one day with the practical training, as you do the theory part of the courses in your own time; so it's a great fast process.

"These course are perfect for; salons looking to expand their offering, individuals looking to get back into work, those who want to learn a new skill, young people

and students are supported the whole way through." Commented Natalie.

Students are trained with the fantastic product ranges that Avanti stock such as award winning Gelish, Billion Dollar Brows, Hive of Beauty, Salon Systems, All That Jazz and Seche to name a few - when you sign up to a course you'll also be able to purchase a complete comprehensive kit of everything you need to get started.

This dynamic duo of the industry's top professionals; Natalie from The Devine Beauty Training Academy and Suzannah from Avanti are bringing something to the island that's much needed to boost our beauty industry. To find out more about these wonderful courses call Avanti on 499670 or email sales@avantihairandbeauty.com



FASHION

BRAND NEWS



Just Add Love

Not everybody knows their birthstone, apart from people born in April that is, because theirs is diamond – lucky things!

Funky, young diamond jewellery brand Hot Diamonds have recently launched a number of new collections including one called, Just Add Love. With its contemporary yet timeless appeal Just Add Love is an overtly feminine and effortlessly beautiful collection inspired by the universal theme of love - and as always, adorned with a real diamond.

Available in sterling silver, rose and gold plating, the new and very affordable collections are in store at Rivoli Jewellers, King Street.



Sparkle and shine!

Do you ever look at your wedding and engagement rings and wish they were still as shiny as they were the day you received them? The chances are that the rhodium plating, which is used to make white gold a bright shiny white, has worn (which is perfectly normal). Well now is the time to pop down to Rivoli Jewellers and get the rhodium plating on your rings redone.

For just £20 for the first ring and £15 for additional rings, the team at Rivoli will rhodium plate your ring, give it a professional clean and make your rings so beautiful again that you won't stop looking down at your hand. **Call in store at Rivoli Jewellers for details.**



Fantastic Flip Flops

Momo's in Liberty Wharf offer a superb range of Brazilian flip flops, from the brilliant brand Ipanema, for day and night which are stylish and incredibly comfortable. Ipanema exude vibrancy, charm and a passion for the creative and new. We've fallen for this sweet bicycle print pair! Grab them while you can.

Is the best bit about your holiday going to be your wardrobe?

Eclectic in Liberty Wharf has given us the perfect reason to finally start planning our holiday wardrobes with the release of their new Vacation Collection. Antica Sartoria is an Italian label that combines the age-old skills of the Indian cotton and silk artisans, expert embroiderers and they really utilise Head Designer Giacomo Cinque's creativity. Take your pick from tunics, kaftans and sundresses featuring earthy and natural embellishments in the form of shells, wooden beads and corals combined with delicate lace, floral appliques and broderie anglais.

Eclectic boasts an equally impressive collection of Ipanema jewellery and bikinis. So whether your destination is St Ouen or further afield make Eclectic your one stop summer shop! **www.eclecticladiesboutique.com**

Local fashion success!

Marcus Davies grew up in Jersey and went on to study Fashion and Textiles Design at the Saint Martins School of Art, followed by the Royal College of Art where he specialised in menswear.

At the end of last year Marcus launched MrD London which is a fantastic mens' sock brand, selling online at www.mrdlondon.com and at various independent stores - including Roulette here in Jersey. Check them out when you're next passing!



Image by Stephane Gimenez

Fresh faces OF FASHION FOR 2015

WORDS Chloe Coxshall



JULE WAIBEL

Known for her origami dresses, German designer, Jule Waibel, has some interesting designs made by folding and pleating different materials including paper.

Waibel graduated from the Royal College of Art in 2013 and it can take her 10 hours to make one dress. Last year, Waibel created 25 Tyvek dresses for Bershka.

Her latest collection consists of chiffon dresses that expand and contract as the wearer moves. They are made using steam press templates which allows Waibel to use softer materials that make the dresses more comfortable.



NORITAKA TATEHANA

Tatehana started making dresses and shoes at the age of 15 and he went on to study at the Tokyo National University of the Arts, majoring in dyeing and weaving.

You may have seen Tatehana's designs but didn't know who they belonged to as he is fast becoming a celebrity favourite.

Tatehana was also involved in the development of "heels without heels". This new form of shoe has inspired many of Tatehana's creations, including the "lady pointe shoes" for Lady Gaga.

All of Tatehana's shoes are handcrafted by him and draw attention from both the fashion industry and the art world.



ZAINAB VANDU-CHIKOLO

You might recognise her name from Rihanna's fashion design programme, 'Styled to Rock'. During the competition, fashion graduate and fashion house assistant, Zainab Vandu-Chikolo designed for many celebrities including Ana Matronic from Scissor Sisters who was one of many pop artists who chose to wear her designs.

Her talented bead-work and knitting led her to win the competition in 2012 with Rihanna wearing her winning creation at the Wireless Festival.

Vandu-Chikolo is now working for a British luxury fashion house and is currently looking for a partner to release a collection with.



GARETH PUGH

Gareth Pugh isn't completely unknown but this will be his break through year. Pugh began his career in fashion aged 14 as a costume designer for the English National Youth Theatre.

Many of Pugh's creations are inspired by the Tudors and Stuarts. Many of his dark and creative collections have featured in Vogue and London Fashion Week.

TREND NEWS



What Lines!

Annette Görtz is a new brand to the island, which has been carefully selected by Lesley Wickings Owner of Renaissance, to complement the existing labels she at her stunning luxury boutique; and if Lesley says it's good then that's the magic seal for a brand's success.

There is something very different about Görtz's designs, they're ageless, but at the same time perfectly quirky, and there is everything to love about her latest Spring Summer 2015 Collection. The pieces jump out at you with their structural simplicity, flattering lines and high fashion edge. It is couture, without the prices and we want it all!

Set to Stun

Set is a modern premium brand which stands out for its casual, effortless looks that are always coupled with a pinch of understated sexiness. Inspired by the Zeitgeist and aesthetic trends, the label's modern designs are what sets it apart.

Set is exclusive to Manna.



Day dress heaven

We've just spied this little beauty at Manna from the Danish Brand-Of-The-Moment Ganni. It's made of a lightweight, textured fabric and has slightly padded shoulders to give you a great silhouette. Can't you just picture it under a little leather jacket? This is one of those dresses that you can wear time and time again, and have it as part of your signature style.

Ganni wrap dress in floral rose print available at Manna

FRESH TO DEATH

Photography and styling: Danny Evans

Hair & Makeup: Shanti Chanti

Model: Ellysia

Yellow vest By **Marc Cain** £7 from Marc Cain
Black sweater by **Marc Cain** £155 from Marc Cain
Shorts by **Marc Cain** £155 from Marc Cain
Cap by **Element** £25 from Madhatter
All Jewellery from **River Island** at Voisins



Sweater by **River Island** £26 from River Island at Voisins
Jacket by **River Island** £35 from River Island at Voisins
All Jewellery from **River Island** at Voisins



Black Kimono by **River Island** £28
White top by **Scotch-Soda** £75 from Manna
Black Shorts by **River Island** £25 from River Island at Voisins
Cap by **Busy Boy** £20 from Roulette
All Jewellery from **River Island** at Voisins



Pink Sweater by **360 Cashmere** £215 from Manna
Jacket by **Marc Cain** £145 from Marc Cain
Black Shorts by **River Island** £25 from River Island at Voisins
Cap by **Globe** £15 from Madhatter
All Jewellery from **River Island** at Voisins



Jumper by **River Island** £28 from River Island at Voisins
Jacket By **BBC** £200 from Roulette
Shorts by **Marc Cain** £155 from Marc Cain
All Jewellery from **River Island** at Voisins





T-shirt by **River Island** £18 from River Island at Voisins
Skirt by **River Island** £25 from River Island at Voisins
Pom poms by **River Island** £4 each from River Island at Voisins
All Jewellery from **River Island** at Voisins

Shirt by **SET** £100 from Manna
Sweater vest by **Marc Cain** £115 from Marc Cain
Shorts by **Maison Scotch** £60 from Manna
Cap by **BBC** £45 from Roulette
All Jewellery from **River Island** at Voisins



StyleStalker

WORDS Tamarin Marriott-Wilkinson

We sent our Style Stalker out onto the streets of St Helier, camera in hand, to find some fashionable folk who are ahead of the trends and working their own style.



Chloe

15, Student

"I love alternative stuff like studs and leather"

Chloe, our Trident Student, has added some pizzazz to her classic shirt collective with this stud-tastic ensemble, which adds both texture and sparkle to her outfit.



Chris

28, Dentist, LK Dental

"It's just something I threw on"

A long-standing wardrobe cornerstone – the Barbour is both practical and suave – especially when teamed with white chinos and brown loafers. This one even boasts a fur collar.



Florida

33, Owns her own business

"I love dressing up, I'm here to shop!"

From leather to studs to bleached denim, Florida is a seasoned pro when it comes to fashion, and has the 'glamorous grunge' trend nailed for spring 2015!



Kinga

30, Front of House, Private members Club

"Smart with an edge"

Fishnets and tiger print pumps add a stylish edge to Kinga's sophisticated ensemble – a perfect pairing for spring!



Marline

21, Waitress

"I love anything shiny!"

Give your winter wardrobe a sophisticated 'spring' pick-me-up with a jewel-embellished collar – just like this sparkly number worn by Marline.



Steven

Travel Agent

"Weather Co-ordinated"

In a fashion-forward world, leather sticks around for the long haul, both in terms of style and physical performance. Plush quilted panelling introduces a rich texture to Steven's on-trend jacket and jeans combo.

APPETITE



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- Earn points with every purchase

Register for your card at www.inndulgenceclub.com

RAW VOLUTION

WORDS Freya Richardson



As my brother constantly reminded me when I went through my teenage vegetarian phase: “we are meant to eat meat, its good for you” for which he had no real reasons apart from projecting his 6ft3 ‘manly’ love of meat onto me; and in his defence I had no real reason not to eat meat apart from being a stubborn younger sister.

Diets are trending quicker than the latest fashion accessory. From Atkins to 5:2, paleo to so-called raw veganism, they are polar opposites. It seems we are being judged on what fills our fridge more than our wardrobe - whatever happened to good old meat and two veg?

Raw foodism is just as it sounds: an extreme diet where you live off uncooked, unprocessed foods.

Depending on the philosophy you wish to follow this normally includes a mixture of fruits, vegetables, nuts and seeds. For some it can also include raw fish, meat, eggs, some cheeses and fermented foods. Organic is a must to avoid pesticides, additives and chemicals, foods are not allowed that have been pasteurised or homogenised.

The practice of eating raw takes dedication. Isn't a nutritious home cooked meal enough or are the benefits worth it? Supporters say yes, heating food can kill up to 80% of nutrients therefore uncooked vegetables

retain maximum vitamins, minerals and nutrients. Nuts and seeds should be soaked overnight to activate their enzymes and increase digestibility.

As well as health benefits you will be doing your eco-warrior bit to save the planet. It's a well-known fact that the top cause of pollution and diminishing resources is from the industries related to factory farming and fast food.

“But it appears a kitchen becomes pretty unnecessary if you turn to this lifestyle - a few knives and a chopping board, a blender and a dehydrator if you are adventurous is all you need”

Hardcore meat-eaters such as my brother would laugh at the prospect of a meatless meal, let alone an uncooked one; traumatized by the thought of only being

able to eat lettuce and apples he would probably starve. Though not as complicated as it may sound, preparing meals can be anything from a salad or smoothie to a raw cacao avocado tart. But it appears a kitchen becomes pretty unnecessary if you turn to this lifestyle - a few knives and a chopping board, a blender and a dehydrator, if you are adventurous, is all you need.

.....

Raw recipes are being revolutionised by online bloggers, putting their creativity to the test with a rainbow of ingredients so you do not miss out. Raw carrot cake may not require you to turn the oven on, and may not impress Paul and Mary on the bake off, but it does satisfy your sweet-tooth craving.

If 100% raw is as appealing to you as dry dog food there are other options. A flexi approach means eating 'raw til 4': allowing you to cook your evening meal means you have a chance of warming the cockles with a hearty bowl of stew. 'Raw luxury' is a celeb approach to the diet: dining out in the trendy restaurants of England's capital who are making meals out of nothing and charging a fine buck for it.

"All in all if you want a social life I would leave this extreme lifestyle at the back door. It makes eating out in restaurants near enough to impossible and embarrassing for you drooling over your friends steak and chips while your dinner party host rustle up something other than a mouldy carrot from the back of the fridge"

All in all if you want a social life I would leave this extreme lifestyle at the back door. It makes eating out in restaurants near enough to impossible and embarrassing for you drooling over your friends steak and chips while your dinner party host rustles up something other than a mouldy carrot from the back of the fridge.

Rawolution may be the latest fad diet (or should I say 'healthy lifestyle') but it lends itself more to devolution than evolution.

.....

Salty Dog Bar & Bistro



OUR MENU

Our food is always BIG on flavour, freshness and spice. We focus on using as much locally sourced "Genuine Jersey" produce as possible and our menu offers an eclectic selection of classic dishes with a contemporary twist. Proud to be a favourite with locals, definitely the hot spot in St.Aubin's Village.

OUR AMBIENCE

Stylishly informal with great music, relaxed atmosphere, professional friendly service, fun al fresco dining in the summer, cosy in winter.

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As well as the fantastic vegetarian meals that The Green Olive is famous for they also have a vast range of white meat, local produce, poultry and stunning seafood options to whet your appetite.

The Green Olive is one of the few Jersey restaurants which is listed alongside our local Michelin Starred establishments in this year's renowned publication; The Good Food Guide 2015.

To book: 728198

greenoliverestaurant@hotmail.com

www.greenoliverestaurant.co.uk



BULLETPROOF COFFEE

WORDS Freya Richardson

ILLUSTRATION Russ Atkinson

No one likes a coffee snob, the disapproving frown when you reach for the instant Gold Blend. But if you are like us, we are always looking for new ways to drink coffee - purely as an excuse to drink more of it.

It is not a simple question of black/white/sugar - these days its all about the skinny matcha latte or the soya maple cappuccino, leaving a bewildered barista staring back at you, but this one will really stump them:

Health fanatics have taken it to a whole new level, alongside your green juice and wheatgrass shot first thing in the morning, Londoners have got bulletproof coffee trending. And firstly no, this is not a protective vest around your favourite mug. Rather disturbingly a bulletproof coffee is a lump of fat stirred into black coffee. This can either be butter or coconut oil.

Why on earth I hear you cry? We have spent years being brainwashed to pick up the 'low-fat' and 'fat-free' options from the supermarket shelves and now we are being told to stir it into the most unlikely item. Next we will be told just to have a spoonful of lard straight out of the packet.

Rumour has it the benefits of this 'bullet proof coffee' make you super human: alive, energised and more focused than ever. And another plus you won't need to reach for the Vaseline tub for the rest of the morning.

There is no science behind it, just the so-called effects from its supporters. The theory is if you get a dose of fat early on in the day you don't crave it later on - aiding weight loss. Mother always taught us breakfast is the most important meal of the day and consequently we should enjoy it alongside breakfast and not instead of. But with upwards of 400 calories a cup this latest diet trend might not be so bullet proof.





It takes
two...

Two of the most experienced men in restaurant hospitality, on island, join forces. After more than ten years as Senior Sous Chef for Jamie Oliver at the much televised London restaurant 'Fifteen', Trevor Howard is bringing his vast experience and skills to The Calvani Group and joining forces with locally born and well respected restaurateur Marcus Calvani.

Trevor is the new Head Chef at La Cantina Restaurant, one of the island's longest serving restaurants and the island's leading restaurant using local produce, being the only restaurant member of Genuine Jersey.

At La Cantina Trevor has worked with Marcus to produce a new, modern & seasonal menu that focuses on high-end cuisine delivered in a fun, casual & sharing focused style. "For the first nine years, Fifteen was almost exclusively an Italian food focused restaurant, serving over 200 covers a day. As one of the senior management team, I worked closely with Gennaro Contaldo on modernising traditional Italian cuisine. I traveled around Italy meeting food experts and developing skills. It's great to be able to put these Italian skills back into use again." Trevor says.

Marcus, the Channel Island's only graduate of the Cornell University School of Hospitality Management, the world's leading hospitality school, has recently signed a deal with the Ports of Jersey to completely rebuild the food and beverage offering at St Helier's harbour. Marcus' concept 'The Terminal GBJ' a family focused, wood fired barbecue smokehouse, craft brewery, children's play area, roof terrace and live music venue, will bring a number of new offerings to the island and put the harbour back on the map as a

destination for both locals and travellers. "Working for Jamie Oliver at Fifteen for the past ten years has been a fantastic experience" says Trevor. "Now it's time for the next chapter, I'm really excited to have met Marcus and take on the executive chef role at The Calvani Group. Along with

“ Working for Jamie Oliver at Fifteen for the past ten years has been a fantastic experience. Now it's time for the next chapter, I'm really excited to have met Marcus ”

La Cantina's progression, Marcus also has planned, what I believe are the most exciting restaurants and food concepts in Jersey. I can't wait to be part of them and spread my passion for truly great food & chef development."

The Calvani Group currently comprises of La Cantina Restaurant, La Cantina Wine Imports & Retail, The Terminal GBJ, Terminal Brewery, T&N Private Catering and The Jersey Royal Distillery Company. The group is currently working on a number of additional food and beverage concepts for Jersey as well as developing 'Jersey' produce brand awareness internationally, with export of locally produced high-end products. Their focus is to develop local hospitality students within their locations through training

programs and apprenticeships.

Marcus says "with the island's focus on the regeneration of a vibrant tourism industry and a new tourism marketing organisation set to take control, our growth strategy is all about selective, iconic site selection with concepts that serve both locals and tourists, with a focus on the utilisation of local produce. Fun, family friendly, great customer service, local & creative."

One of the first changes to be made is the new menu at La Cantina; the pair have focused on seasonality, creating not only a separate spring/summer and autumn/

winter based menu of their famous fresh pasta and sourdough pizzas, but a specials section of over 10 dishes, that can change as frequently as daily depending on the local ingredients they can source.

The menu is a true shrine to local produce with mouth-watering Italian offerings such as local hand raked razor clams with salsa verde, chickpeas, fennel, chervil and Amalfi pickled lemon or perhaps their carpaccio of pure Jersey beef, 28 day aged, cured and hand-sliced with homemade onion ketchup, rocket, pecorino and extra virgin olive oil will take your fancy?

We can't wait to see what's next from this perfect pairing!



We don't fool around when it comes to food...

Now in our seventh edition, Appetite is the go-to guide for foodies' looking to eat out (and in) on our fair isle. Once again we've brought you a comprehensive and inclusive guide to the islands gastronomic offerings all categorised and presented in simple to follow manner.

Alongside the guide we've also thrown in features on food and gadget trends for 2015, an interesting insight into hangover cures and a whole section dedicated to Genuine Jersey producers. For this years photo shoot Appetite presents to you the 'Superstars of Service' (page 78). Rather

than let the chefs bask in the limelight this year, we've decided to introduce you to the front of house staff from your favourite local restaurants.

Whether you're a local looking to test a new restaurant or a visitor to the island reading this for the first time, we hope that you find something that suits you and that you enjoy sampling Jersey's most comprehensive eating guide.

**APPETITE
EDITION SEVEN
OUT NOW**





ANDREW LUCAS

Lucas Brothers has been a family run business for more than 40 years. Originally we were growing produce for export, we now grow to supply the different outlets within our company.

These are a wholesale fruit and veg department, a florists department, our farm shop at La Haule, which also includes our flower shop and also our flower shop at Liberty Wharf. We also have two online businesses Flowerbox.com (online flower shop) and Lucasbrosjersey.com (online farm shop and wholesale ordering).

We have seen many changes within our industry of the years, no more so than in the last ten years. A decline in the islands tourism industry, bigger supermarkets that are better clued up on fruit/veg and are now selling better pick up and go flowers and whatever else they can sell, this has all had a significant impact on our business.

We had to change with the times and hope that we could appeal to a new generation of customers. We've had a revamp of our farm shop followed by the setting up of our two websites and we hope this will put us in good stead for future years to come.

The online farm shop has seen the biggest growth in the last six months, by using our years of experience delivering fresh farm produce to hotels and restaurants, we now deliver direct to your door six days a week. The farm produce we grow, are cut and packed daily for zero miles freshness, this includes cabbages, salads, leeks, onions, beetroot, cauliflowers, royals, potatoes, herbs, baby salads, pumpkins, squash, Jersey melon and much more.

By growing as much as possible, we have become unique in this field. Support Local!

CLARA BARTHORPE

Fresh. A beautiful word especially at the start of Spring with our fields and banks bursting with bright daffodils, camellias and some magnolias dripping with blooms. Colour, so welcome after the grey of Winter. Wilde Thyme, a florist in Trinity tries to embody the whole essence of the word FRESH. Set up in 2013 and working from home, in a soon to be finished, very fabulous girl shed in the garden, Wilde Thyme provides flowers for weddings, all events, gifts and regular house and office arrangements. Beautiful flowers and plants are a joy. They lift the energy within a space and can create beauty and grace with their delicate aliveness and colours.

My biggest thrill as the seasons progress is being able to use local flowers bought from Genuine Jersey growers. It doesn't get fresher than that when the stems travel a couple of miles to me to be worked on into arrangements and then onto you! Our preferred personal style is one where the individual flowers can sing for themselves. Using a harmony of colour tones put together in a loose unstructured natural way, often using textures to create interesting pieces. Our arrangements all come with a high flower content.

Tips to ensure you get the best from your flowers: Ask when the flowers arrived in, that will give you an idea of how long they will last. Upon receiving them, we recommend removing the flowers from the packaging, cut the stems at an angle and placing them in fresh water in a cool room away from direct sunlight. Many blooms are thirsty so do remember to top them up with water. Some blooms will naturally last longer than others so remove any dead ones and re cut the stems and arrange them again. Try placing them in front of a mirror to magically get double the amount!

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COCA-COLA UNCAPS A FLURRY OF CELEBRATIONS TO REJOICE 100 YEARS OF THEIR ICONIC CONTOUR BOTTLE

To conjure up nostalgic memories amongst fans and to rejoice 100 years of the iconic Contour Bottle, Coca-Cola have called upon a burst of movie and music megastars – who all showcase the quintessential bottle to be a true icon of popular culture, and one that has stood the test of time.

The Coca-Cola Contour Bottle is one of the most famous and unmistakable designs of all time and over the past century it has cemented its place in hearts of Coca-Cola lovers across the globe. Featuring a sensuous, curvaceous silhouette like no other, the Contour Bottle was designed in response to a brief that called for “the packaging to be highly distinctive, recognised by touch alone and identifiable even when in the dark or shattered on the floor”.

“Originally inspired by the organic curves and grooves of the cocoa bean, due to a mistaken belief that the cocoa pod was part of the drink’s secret formula”, the bottle has gone on to inspire legendary artists, musicians and fashion designers – embracing a flurry of famous faces, including the likes of Warhol, Dali, Elvis, Marilyn, Versace and Lagerfeld.

Over 100 years, Coke has kissed more than 1 trillion lips. Thin lips, full lips, coloured lips, sweet lips and even the legendary lips

“the Contour Bottle was designed in response to a brief that called for “the packaging to be highly distinctive, recognised by touch alone and identifiable even when in the dark or shattered on the floor”

of great icons. To celebrate the anniversary of our iconic Contour Bottle, ‘Kiss Happiness’ features stars from the past and the future.

Iconic legends Marilyn Monroe, Elvis Presley and Ray Charles meet with today’s celebrities, Rita Ora and Avicii, re-imagined by creative visionary David LaChapelle.

Together, they ‘kiss’ the glass bottle and inspire us to keep on kissing.

The older ones among you may remember the classic track by Robin Beck, “First Time” from the Coca-Cola TV ad in 1988. To commemorate the 100th year of the iconic Coca-Cola Contour bottle, they chose to give this classic song new life in their new Kiss Happiness TV ad.

Coca-Cola are renowned for their love of celebrations and marking 100 years of their iconic Contour Bottle is certainly cause to rejoice. To get behind the scenes info, check out the ‘Story of the Coca-Cola Bottle’ app – developed to offer an in-depth look at archives and stories about the brand.



visit Coca-Cola Journey at www.coca-colacompany.com
Cimandis are distribution and brand agents on Channel Islands for Coca-Cola.
Follow their social media @Cimandis for more information.



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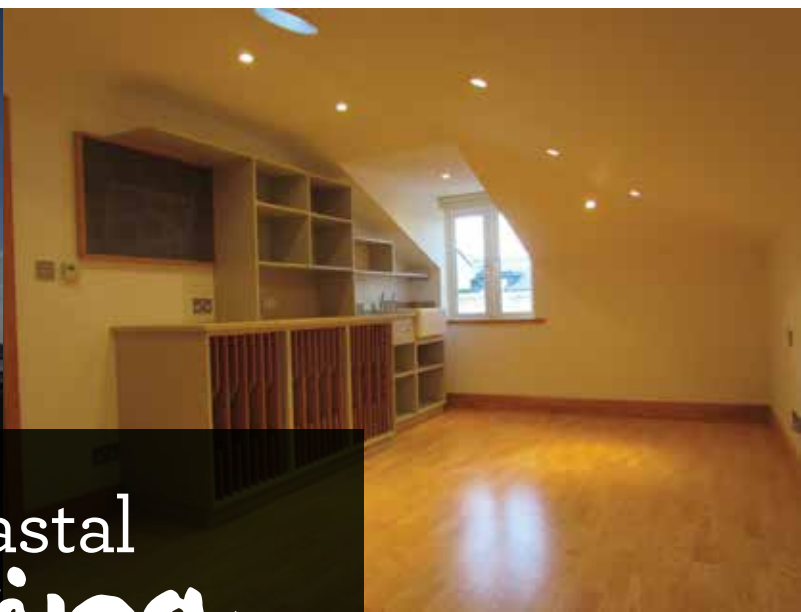
Set in a highly sought after neighbourhood, directly on the sea front, with views spanning as far as Mont Orgueil and the French Coast, this seafaring family residence provides a home of unusual excellence



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www.jeaa.co.uk



Coastal *Living*



WORDS Tamarin Marriott-Wilkinson

There's something distinctly beachy, airy, bright, and natural about Les Oliviers – a contemporary coastal home, positioned just a stone's throwaway from the picturesque Grouville Bay.

Set in a highly sought after neighbourhood, directly on the sea front, with views spanning as far as Mont Orgueil and the French Coast, this seafaring family residence provides a home of unusual excellence. Constructed in 2005, inside, you'll find a range of `state of the art` fixtures and fittings, all of which have been designed with a rigorous eye and scrupulous attention to detail.

Bright white and natural wood details create an inviting summer space – a perfect contrast to the living room – which has been enlivened with punches of turquoise and duck egg blue in reflection to the surrounding area's beach-loving lifestyle. Floor to ceiling shuttered windows open up onto the outdoor expanse, which boasts direct access to the bay and beyond, making Les Oliviers an ideal home for alfresco entertaining, with the ocean inspired garden acting as an extension of the ample living space.

Inspired by the sea, calming colours run throughout, mixed with elements that really bring the property to life – such as original light features, polished hardwood

flooring and a range of custom-made book display and storage cabinets. Circular gable windows nod to a nautical theme, whilst the remainder of the property comes together in a wash of pastels, creams and contemporary woods.

Current appliances put a chic spin on the Mark Wilkinson farmhouse-esq kitchen, which boasts polished black granite worktops throughout, a handy island unit (perfect

for casual breakfasts) and picture-perfect windows that open out onto the magnificent views, garden and paved deck area.

Inspired by the sea, calming colours run throughout, mixed with elements that really bring the property to life

To keep things simple (so as to not distract from Les Olivier's gorgeous outlook), each of the bedrooms have been sympathetically styled in neutral shades. Both the principle and second bedroom boast panoramic sea views and large luxury en suites, whilst the master bed is home to a dressing lobby complete with an extensive range of built in wardrobes and a private balcony – the perfect place to unwind after a hard day in the office, from where you can watch the sun melt into the ocean.





Additionally, Les Oliviers is home to a spacious, well-lit landing area, brandishing oodles of storage space, a further three bedrooms, house bathroom, a large study and what was once an artist's studio complete with painting store.

A blend of stylish slumber-worthy spaces make up this modern-day, relaxing beach house – which emanates the soothing powers of simplicity from the inside out – even the attractive landscaped garden has been designed to compliment the area's Oceanside environment. This pale and peaceful property will not only make a fine family home, but an elegant oceanfront retreat.



Les Oliviers

Old Forge Lane
Grouville

£2,250,000

Freehold

- Picture-perfect, oceanside home.
- Luxurious appointed spacious accommodation.
- Total approx. floor area 3514 Sq.ft.
- Reception hall.
- Cloakroom.
- Sitting room with access to the garden.
- Dining room.
- Study.
- Mark Wilkinson kitchen and breakfast room.
- Laundry room
- Integral double garage.
- 5 bedrooms (3 with en suite bathrooms).
- House bathroom.
- Brick paved car-parking forecourt.
- Imaginatively designed 'oceanside' garden with direct access to the bay.
- Services: mains water and drainage, full under floor heating, oil fired central heating.



The Evolution of Life Insurance

Just like your car and home insurance you hope that you never need to make a claim on your life cover, but need it in place to provide so that you and your loved ones would remain financially secure in the event of a death.

In the past, when the plan expired with no benefits payable, the premiums were lost, but at least you were still alive!

There is now a new breed of life cover that aims to provide ongoing benefits for the policyholder and often their families too.

Currently free of charge, these additional fringe benefits can include access to specialist

medical practitioners worldwide, free 24 hour medical helplines and even medical treatments and therapies.

This now makes the importance of arranging life cover even greater, for you and your family.

Please call Hayley at Henley Financial on 789830 or email hayley@henleyfinancial.je if you would like to find out more.



BASE RATE COUNTDOWN

No movement this month on base rates and no real indication that a rate rise is in the pipeline. Several lenders have taken the opportunity to release even lower fixed and tracker rates and we must be at the lowest point in the mortgage rate cycle – so grab a rate you're not likely to see again for some time!

BEST MORTGAGE INTEREST RATES*

60% LTV discount	0.99%
65% LTV tracker	1.29%
60% LTV 2 year fixed	1.29%
75% LTV 3 year fixed	2.74%
85% LTV 5 year fixed	3.49%
90% LTV 5 year fixed	3.99%
100% LTV 5 year fixed	5.49%

*LTV = loan to value

* Rates correct as of 6th March 2015

FIXED RATE OR TRACKER RATE?

Now this really is a subject for debate! Your decision, taken in conjunction with your professional mortgage adviser, will depend very much on a number of matters, such as: your appetite for risk, your career and salary position and whether you see yourselves moving home again within the short term. During the past two years we have been recommending that borrowers should consider locking in to a fixed rate. For those borrowers on increasing incomes, and with mortgages of 60% of property value or less, then with the prospect of rates remaining low in the medium term, a tracker or a discounted rate could be a good choice for the next two or three years.



JERSEY MARKET

Activity in the property market, mortgage enquiries and applications are all up substantially year on year. We anticipate transactions back to 2007 levels by the end of the first quarter.

What is really positive is that prices are marginally lower than in 2007/2008, (despite some statistics suggesting price rises!) and wages have started to improve, so better value can be obtained. The gap between incomes and prices is perhaps the closest it's been for 10 years. Of course with the continuing low mortgage rates, affordability is much better than it was back in 2008.

The local economy seems to be surging forward. Construction companies in particular are reporting full order books. Whilst demand for property has increased and mortgages are available at low rates, there is still a surplus stock of property in the Island, so we wouldn't expect prices to start rising until this stock has been absorbed.



The Mortgage Shop

Tel: **789830**
www.mortgageshop.je

INTERIOR NEWS

Spring cleaning?

Beautiful storage will make your home feel so much more tidy. The key to keeping your home in ship shape order is to have handy storage, so that everything has its place, and a key element is for that place to be within easy reach!

These stunning storage solutions from Pebble will add to the whole look of your home as well as helping put some order to the mess! Gone are the days of unsightly prime coloured plastic - woven baskets, cool industrial shelving and conveniently placed simple tables are the order of the day. Pretty and practical. Just perfect!

All products pictured are available from Pebble



Do you know someone who's a bit of a **superstar in the kitchen?**

Maybe it's your lovely mum constantly making you your favourite brownies, or your husband cooking up a storm on date nights. Whoever your superstar is, why not get them a lovely little present to say thank you? These fab 'Star' mugs, plates and bowls have just arrived at Pebble

Mugs £6.50, plates £14.50, bowls £10.50.

Faking it

Ugly, un-natural fake flowers are becoming a thing of the past. You'll find that with the new generation of artificial blooms it's hard to tell the difference from the real deal. Mark Howe, Eden by Claire and Elizabeth Howell all have a wide range of artificial flowers and can put together an ever lasting, hassle free bouquet which looks just as stunning as their natural counterparts. So if you just love your blush roses or have a penchant for peonies then have them all year around to brighten up your days!



Stella stools

The simple stool is having a bit of a renaissance at the moment. For home desks, extra seating, bathrooms, garages; they're versatile, sturdy, functional and really rather sexy (maybe that's just us?). We've rounded up three of the best for the three price categories £200+, £100+ and £50+.

The pictured Vintage Style Twist Stool (£105) is from www.house-envy.co.uk, a website that should come with a warning, as hours of your life can easily disappear whilst you peruse their dreamy home interiors. It's quirky, and needs to be amongst a certain interior-scape, but being height adjustable (simply twist the seat) it has dual function as an extra seat at the dining table, or as a bar stool.



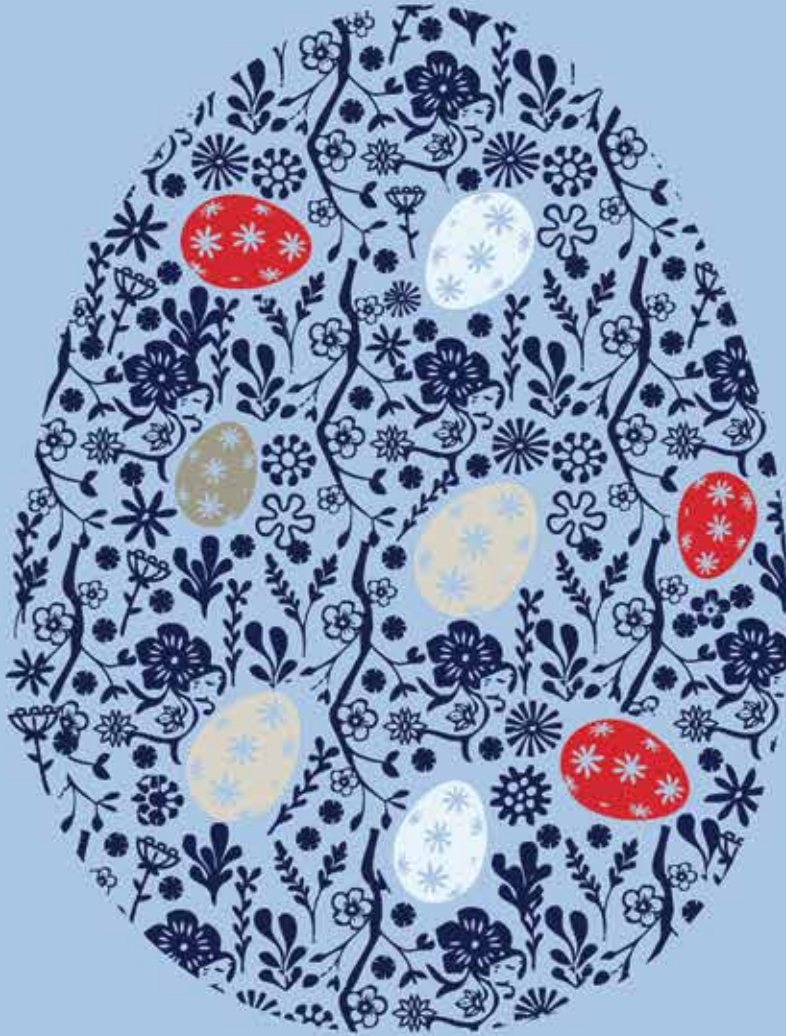
Second up is from the husband and wife team behind award-winning British furniture brand Pinch. Their Imo Folding Stool (£275) is a thing of pure design beauty. Made of a black American walnut base and oak top it comes with a sweet little peg so you can easily store it off the ground, visit www.pinchdesign.com to see more.



Then lastly, but certainly not least (except in respects to price!) is this little wooden and grey stool, £80, from Pebble on Market Street. Perfectly proportioned, the grey seat will look great in a whole plethora of interior colour schemes.



This Easter, who better to hunt with than Savills?



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23 The Willows

£525,000



- Spacious kitchen, dining & living area
- Separate nursery, study or play room
- Large Garden
- Garage plus parking & visitor spaces

 2

 2

 2



B613 Castle Quay £705,000

St Helier waterfront

- Stylish penthouse show apartment
- Large south facing balcony
- Views of the harbour
- Secure parking for 2 cars

 2  2  2



42 Langtry Gardens £495,000

St Saviour's Hill

- Exclusively for the over 55's
- Show cottage with bright & airy sunroom
- Ground floor wet room
- Private south & west facing garden

 2  2  1



56 Belvedere £895,000

St Saviour

- Spacious detached family home
- Rural setting with meadow views
- Garage plus 2 allocated parking & visitor spaces
- Close to many schools

 4  3  3

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Open weekly

Mon - Fri 9.30am to 5.30pm

We are also on hand to

accommodate viewings outside
of office hours

Please call 07797 752256



21 The Willows

£620,000

Gorey Village

- Spacious detached family home
- Garage, 2 allocated spaces & visitor parking
- Large sunny garden
- In the heart of Gorey village



3



3



3



3 Georgetown Mews

£485,000

St Clement

- Garage, secure parking & visitor spaces
- Kitchen/diner with separate lounge
- Large utility
- Only 3 remaining



3



2



2



8 The Dunlin

£650,000

Portelet Bay

- Large south facing balcony with views
- 2 ensuite bedrooms
- Large open kitchen, dining & living area
- 2 parking spaces & visitor spaces



2



2



2



52 Langtry Gardens

£485,000

St Saviour's Hill

- 2 bedroom 2 bathroom detached cottage
- Ground floor wetroom
- Very large living & dining area
- Spacious master bedroom suite



2



2



1



1 Shearwater

£850,000

Portelet Bay

- Ground floor with terrace and planted area
- Views of Portelet Bay and Janvrin's tomb
- Flooded with natural light
- 2 secure parking spaces & visitor parking



3



3



2



27 The Willows

£750,000

Gorey Village

- Spacious detached family home
- Garage plus 2 allocated parking & visitor spaces
- Large top floor master bedroom suite
- In the heart of Gorey village



4



3



3

Ready December 2015



Apt 19 Claremont

£290,000

Belvedere, St Saviour

- Investment only purchase
- Guaranteed 5% net return for two years
- Large open plan living
- Secure parking, separate store & visitor parking



1



1



1



B343 Castle Quay

£880,000

St Helier waterfront

- Fantastic Marina views
- Large west facing balcony
- Fully fitted kitchen with Miele appliances
- Secure parking for two cars



3



3



2

Ready Spring 2015



63 Belvedere

£720,000

St Saviour

- Spacious semi-detached family home
- Secure garden with fantastic meadow views
- Large living & dining area
- Garage plus 2 parking spaces & visitor spaces



4



3



3

FEATURED SELECTION

Gorey Village £515,000



2 1 ✓

Bespoke Conservatory
Enclosed Garden
Quiet Village Location
2 x Parking Spaces
No Onward Chain

01534 880544



St Brelade £895,000



3 2 ✓

Luxury apartment in prestigious development
Private gated development
Double garage plus plenty visitor parking
Large South & West facing balconies
Share transfer

01534 722227



St Ouen £825,000



4 4 ✓

Stunning granite property
Lovely countryside setting
Four double bedrooms, three bathrooms
Superb fitted kitchen
Feature original granite fireplace
Gardens and parking

01534 710710



St Saviour £475,000



3 1 ✓

Large Stoneham kitchen/diner
Lounge with functional fireplace
Hugh play room/study
Gardens to the front and rear
Approximately 1,700 sq ft

01534 730341



St Helier £785,000



3/4 3 ✓

1/2 reception rooms
Uninterrupted sea views
Roof terrace and Garden
Located in quiet cul-de-sac
Garage and parking for 2

01534 722227



St Clement £895,000



4 2 ✓

4 reception rooms
Paul Haslam kitchen
Original Victorian features
Manageable South facing garden
Close to schools & beach front

01534 730341



Moving in the
right direction

877977

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Le Lievres
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Le Creuset Salt Mill
de Gruchy
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Doris & Madge
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New appointments at David Benest Law

David Benest Law has strengthened its team with two key appointments.

Advocate Jeremy Heywood has been appointed as Partner at the two year old boutique litigation firm with effect from 1st January 2015, whilst Sarah Nibbs joins the practice as its Business Development Manager.

Advocate Heywood joined David Benest Law at its inception in 2013. His wide-ranging civil practice covers insured risks, immovable property and planning issues, as well as commercial and contractual matters and trust disputes. He has been appointed previously by the Royal Court to act as amicus and is a fluent French speaker.

Described by the 2014 edition of the Legal 500 as “a young and capable advocate”, Jeremy qualified as an Advocate of the Royal Court of Jersey in September 2010, having worked previously as a litigator for a large offshore law firm.

Sarah Nibbs joined David Benest Law in March and her role as Business Development Manager will involve identifying and securing new streams of work for the firm, as well as strengthening its website and digital media presence.

Commenting on the new appointments, founding partner David Benest said:

“The appointment of Jeremy to the partnership is a recognition both of his ability and the quality of his work. The growth of our practice also identified a requirement for a Business Development Manager. Having worked with Sarah previously, we feel her legal background and marketing skills make her a perfect fit for the firm.”



RBC Wealth Management Appoints Head Of Fiduciary Services

David Foster has been appointed to the position of Head of Fiduciary Services, RBC Wealth Management – International.

David will be responsible for leading RBC Wealth Management – International’s Channel Islands-based fiduciary business, which helps meet the complex international estate planning needs of high net worth clients worldwide.

Currently Co-Head of RBC Wealth Management’s Caribbean business, based in Cayman, he has been responsible for RBC Wealth Management’s trust, investments and private client services in the region since 2013. In his new role, which is subject to regulatory approval and will be based in Jersey, he will continue to report to Stuart Rutledge, CEO, RBC Wealth Management – International.

Stuart Rutledge commented: “David is a highly-experienced trust and private banking professional and inspirational leader. I am sure that with David’s focus on operational effectiveness and client service our award-winning British Isles fiduciary services business will go from strength to strength.”

Born in the UK, David entered the financial services industry in 1979, working first in commercial banking for over a decade, before moving into private banking with Coutts. He joined RBC Wealth Management as a Managing Director in 2012, before becoming Co-Head of the Caribbean business in 2013.



Rosscot Reinforces Position With Further Growth

Local chartered accountancy firm Rosscot has strengthened its team with four senior appointments.

Rosscot has appointed Patricia Redmond as Practice Manager, Dianne Hall as Compliance Manager, Nicola Green as Senior Accountant and Mandy McLean as Senior Tax Administrator.

Patricia Redmond holds the IOD Diploma in Company Direction and is a fellow of the ACCA. She has 20 years experience in the finance industry with extensive operational knowledge at director level. Her role at Rosscot involves streamlining operational process and driving business performance.

Dianne Hall is a senior compliance professional with extensive experience acting as Compliance Officer, MLCO, MLRO and Director within fiduciary environments. She has over 30 years experience in the finance industry and holds the ICA International Certificate in Compliance, Certificate in Anti-Money Laundering and the Diploma in Compliance. At Rosscot, she will be working closely with the Compliance Officer to establish and enforce company policies and ensure compliance with required law and regulations.

Nicola Green joins the Rosscot accountancy team. She is a fellow of ACCA with 25 years experience in accounting, taxation and advice, spanning both commercial and financial business. In her previous role, Nicola ran a large portfolio of Jersey businesses.

Mandy McLean holds an array of professional qualifications with the International Association of Bookkeeping and the Association of Taxation Technicians. She is highly skilled in the preparation of complex tax returns and computations. She comes to Rosscot with an extensive knowledge of both UK and Jersey taxation.



PwC Welcomes New Head of Tax for Channel Islands

PwC has appointed Justin Woodhouse to lead its Channel Islands Tax practice.

Justin joins from the UK Firm of PwC, where he is part of the International Structuring tax team for Financial Services in the UK. He also currently leads PwC's European Banking and Capital Markets Tax team and sits on PwC UK's Tax Policy Panel.

Justin, who has over 35 years' experience in the Financial Services industry, holds a Law Degree from Cambridge University. He qualified as a Chartered Accountant in 1981 and was admitted as a Partner of the Firm in 1990.

He has expertise in all aspects of International Tax, Corporate Tax, Transfer Pricing and Tax Risk and advises a broad range of clients including global and international banks, insurance companies and asset managers. Justin maintains an excellent reputation in both the UK and international marketplaces, having worked in New York, as well as a five year period at PwC in Japan, helping to establish its Financial Services practice there.



NatWest makes senior appointment in Jersey

NatWest has appointed Andy Morton as Area Manager, Branch and Premium Banking in Jersey. His responsibilities include the retail services provided from the bank's High Street branches and the Relationship Management team who look after local Premium clients.

Andy, who has a substantial 42 year career history with RBS, has spent the previous six years' as a Senior Bank Manager for the Jersey branches. He commented: 'I am delighted to have the responsibility for both our Premium service as well as our branch network moving forwards. We have an excellent franchise and fabulous team; I relish the challenge of leading the combined business in 2015 and beyond and ensuring we deliver outstanding customer service.'

Jeff Williams, Senior Director of Retail and Premium Banking, added 'I am delighted to welcome Andy to his new role. He is one of our most experienced managers, with the background and knowledge to take forward our Premium business effectively. He also has the expertise from decades of service to the bank to provide the necessary leadership to the teams delivering services to our customers from our branches in Jersey.'



Respected Consultant Joins C5

The C5 Alliance Group welcomes highly respected consultant James Russell to its Technical Solutions team where he will use his extensive expertise to compliment C5's strategies for looking after clients' IT needs.

James has been working with local and international clients for the last eight years in a variety of areas, developing his broad range of skills; he is qualified in HP Storage, VMWare, Microsoft SCCM and Microsoft Exchange 2013. This diverse skill set will allow James to work with clients at a high level to design technical solutions that compliment their business requirements.

As well as being proficient in a wide variety of IT areas including solving day-to-day server and user issues and improving system performance and reliability, James has a wealth of experience meeting with clients and senior management teams in order to develop good working relationships.

Mark Loane, CEO of C5 Alliance, commented:

"James is a highly motivated individual and works hard to establish close client relationships; on his first day he has undertaken a variety of client work and has already proved his value to the C5 team, and I look forward to seeing the team develop a close working relationship with him."



New Appointment for Lacey Advocates

Lacey Advocates are pleased to announce the appointment of David Wilson to the firm's specialist team of Litigation and Regulatory Advocates. David brings with him over 25 years' experience in conducting commercial litigation, trusts, financial services and insolvency cases, as a senior litigation partner in the Island.

Commenting, Beverley Lacey, the firm's founder, said "I am delighted that David has joined us. For over ten years, David and I were partners together at Mourant. David is well known as a leading commercial litigation advocate, who focuses on working with financial institutions and clients in resolving their most complex problems and disputes. This significant appointment further strengthens our team and we all look forward to working with David as we continue to expand".

David Wilson added "I am very excited to join Lacey Advocates. The expertise of the firm's lawyers and their proven track record and commitment in delivering clear, practical advice and effective solutions makes the firm the ideal one to join to build a thriving litigation, trusts and regulatory law practice."



Motion Graphics Artist Joins 3C International

Peter Taylor-Fitch has joined 3C International (3Ci) as lead motion graphics artist for the creative communication content providers. Peter who is from Jersey returned to the island from Portsmouth university last summer with a BA Hons degree in animation.

Following six months post-graduate experience as a freelancer which included a placement with 3Ci, he is now a full-time member of staff adding value to a wide range of client's marketing and communications content. Peter said, "I have always known I wanted to work in the field of animation, working for a company like 3Ci gives me a great opportunity to create exciting animated visuals for some really interesting clients."

3Ci provides audio visual production services that bring brands to life and deliver cohesive marketing and communications content through corporate and commercial films. The continuing growth in demand from businesses to deliver targeted messages to online audiences is welcomed by 3Ci's Directors, Phil Bouchard and Tom Killick who have many years' experience in providing broadcast quality digital video.

The experience stays with you



Amelia at PwC Channel Islands

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Opportunities to grow as an individual, to build lasting relationships and make an impact in a place where people, quality and value mean everything.

For Amelia, this means enjoying the variety of audit client work, while balancing the challenges of studying as well. She's making the most of our exam support and study leave to give her the best opportunity to become a qualified accountant.

Join PwC - we're focused on helping you reach your full potential.

Take the opportunity of a lifetime

To further explore graduate, school-leaver, internship or work placement opportunities at PwC in the Channel Islands this year, contact Lucy Abraham on 01534 838238, email pwc.ci.recruitment@je.pwc.com or visit www.pwc.com/jg/careers



A WORLD OF OPPORTUNITIES WITH OGIER

With its headquarters in Jersey, Ogier is a global law firm operating in 8 jurisdictions. The firm offers opportunities at all levels from student through to experienced Associate. Three fee earners, including a recently promoted Senior Associate and two Associates, give an insight into their experiences of working at Ogier.



**Tatiana
COLLINS**

Associate

I completed my Masters Degree in Law and Business in London, where I also trained and subsequently worked as an associate in the funds and corporate group of a leading international law firm, King & Wood Mallesons (KWM) from 2009. After qualifying as an English solicitor in 2011, I was seconded to KWM's Frankfurt office and also to one of their clients, a leading global funds and investment management company. I joined Ogier's investment funds team in Jersey in 2014 because of its excellent reputation for top quality work and clients, its friendly and approachable partners and associates and the attractiveness of island life (especially the short commute and beautiful beaches). Since joining Ogier, I have particularly enjoyed working on a diverse range of investment fund and corporate transactions with top class investors, managers and advisers in Jersey and around the world.



**Michael
ROBINSON**

Associate

I joined Ogier in November 2014 as a newly qualified lawyer, having completed my training contract in England with DWF LLP. From the moment I arrived, Ogier have supported me in achieving my goals as a newly qualified corporate lawyer. Everyone in my team gives me the time and patience that I need to develop. I am often pushed outside my comfort zone and exposed to new types of work that broaden my level of experience. However, Ogier doesn't just support my professional goals. They have also given their backing, resources and encouragement in helping me set up the Jersey Junior Lawyers Association, a social group for young lawyers living in Jersey. The combined professional and social support of the firm has therefore really helped me settle into the Jersey way of life



**Christian
LAWLER**

Senior Associate

I spent the first five years of my career in a law firm in the City of London, primarily undertaking banking and finance transactions. A lot of these deals involved a Jersey element with Ogier, so when I considered my next career challenge with a move offshore, Jersey, and Ogier in particular, seemed a perfect fit. The work at Ogier is of an excellent standard, with heavy-weight international clients and a breadth and variety of work that I wouldn't have been exposed to in London. Having moved to Jersey with my girlfriend and our lively cocker spaniel in early 2014, the lifestyle, outdoor spaces and plentiful beaches have kept us fit and healthy and have brought about a new love of all things surfing...although, the water at this time of year is still a little on the cold side!

Legal Professionals



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Regardless of where you start your start-up – be it from a garage, a bedroom or your living room – when the time comes to expand, finding the perfect office space to support, grow and develop your business is a must. Honeycomb – the creation of Spencer Bourne – is a fantastic office alternative, offering premises perfectly in tune with the needs and aspirations of various entrepreneurs across the island.

Who are Accountable?

From book keeping to monthly accounts, to GST returns and virtual FD services, Accountable guarantee to lessen the loads of today's business administration burdens – it's here you'll find an affordable solution boasting fast, accurate and effective business results.

Where did it all start?

Educated in Australia, Managing Director Sol began his career as an auditor for Ernst & Young in Brisbane, where he focused primarily on the retail, construction and tourism sectors. Having been in Jersey for 12 years now, Sol has turned his attention to commercial accounting, working with local E-tailers, the mining trade and more recently, the finance industry.

Sol has always been enthusiastic when it comes to assisting young businesses in growth strategies. Discovering there was a market to provide advice to local tradesman, he decided to embark on a new journey, which is when Accountable was born.

Have you had to overcome any challenges to get where you are today?

'The biggest challenge in my job is dealing with cash flow. I've always

aspired to have my own office. Before I could take the leap and make this happen, I needed to make my business a success. The hard work has definitely paid off.'

What do you enjoy most about your line of work?

'Meeting and interacting with new people, as well as learning the ins and outs of diverse industries – especially the mining industry, which a number of my clients are heavily involved in.'

A day in the life of Sol Thacker

For Sol, no day is ever the same; he rises at 6.15am, takes the dog to the beach for an hour, before arriving at the office at around 7.30am. His first task of the day involves checking and replying to emails, he then spends a couple of hours with clients before hitting the gym at 12.30 (he's a keen spinner). His afternoon is filled with more client meetings, which last until around 6pm, although his work doesn't stop there – Sol is constantly brainstorming – for both Accountable and his other business endeavour 'SDS Rejuvenate'.

What are you most proud of?

'I've found a niche in the market, which I greatly enjoy. It's a huge pleasure to see so many satisfied customers, which makes coming to work a joy!'

What does your desk say about you?

'My desk says I travel a lot! I don't spend too much time here as I'm often visiting clients. It's extremely organised – an asset in my line of work and everything's electronic and stored in the Cloud. I use Xero Accounting Software, which allows me to maintain the books of my client's from anywhere in the world.'

Why 4 Wharf Street?

Regardless of whether you're an established business or a completely new venture, having a user-friendly hub will allow you to brainstorm, meet with clients and bring ideas to life. Wharf Street allows me to do exactly this. With a range of contemporary office suites in the heart of St Helier – complete with no extra costs, plenty of space and a variety of state-of-the-art amenities – they're ideal premises for emergent businesses just like Accountable.

I chose Wharf Street because of it's central location and because it's close to my client base. From landscape gardeners to restaurateurs and café owners – not all of my clients have their own offices – which is why it's important I'm able to provide them with one. Additionally, the premises are walking distance from an abundance of coffee shops – a great meeting point for new clients when it comes to breaking the ice.

HONEYCOMB IS AT 3 GREAT LOCATIONS. TAKE ADVANTAGE OF A SPECIAL OFFER AVAILABLE UNTIL 30TH APRIL 2015 GAINING 2 MONTHS' FREE RENT WHEN YOU TAKE A YEARLY LEASE. SINGLE OFFICE SUITES AVAILABLE FROM £395.

"I chose Wharf Street because of it's central location and because it's close to my client base." From landscape gardeners to restaurateurs and café owners – not all of my clients have their own offices."

Is it important to have an office positioned in the centre of town?

Having an office space that is centrally located is an asset to both a company and its clients'. Wharf Street's adaptable opening hours allow clients to visit Sol at a time that is convenient to them and vice versa.

'Visiting client's allows me to get a feel for the business and how it's operating.'

Renting one of Honeycomb's modern office suites includes the advantage of a flexible contract – tenants are able to upgrade to a larger suites without breaking their lease. Included in the contract is full use of a kitchen, free online access, individual mailboxes and no hidden service charges – a benefit to businesses wishing to work in the heart of St Helier.

The services you offer?

I offer an extremely flexible, hands-on service with a fixed, pay-monthly fee, which leaves no room for hidden surprises. Clients can call me at any time of the day; I even had one client contact me in the middle of night! She'd won in excess of \$1000 in Las Vegas and wanted to discuss a tax query – now that's service for you!

Business related or not, Sol is on hand to help with any of his client's transaction queries. Instead of meeting once a year, Sol interacts with his clients as and when required – whether it's to inform them of much-needed changes or notable improvements.

Is it difficult to juggle work and life commitments?

'If you love what you do, it becomes your life.'

As far as Sol is concerned, it's not work if you enjoy it and he gets great satisfaction helping others to solve any accounting glitches they may have.

Sol Thacker: www.accountable.je
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WHARF STREET

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Contemporary office suites in the heart of town boasting both a neighbourly yet private office arrangement – all with affordable leasing terms that include utilities.

Three great locations in St Helier

Minimum 3-month lease with 1-month notice, 6-month lease with 2-month notice and one-year lease with 3-month notice, deposits would reflect notice period.

Single office suites from only £395 per month. Suite sizes range from one to eight people.

24 hour access.

Flexible working hours.

Individual mailboxes assuring privacy of mail.

Phone system allowing for individual phone numbers.

Ideal for start-ups make the step from home to town and get closer to your clients.

No service charge heating, lighting and water are all included in the lease. Cleaning service supplied for common areas.

Meeting room available.

Kitchen servicing all suites.

WiFi access. Free online access.



HONEYCOMB
BUSINESS COMMUNITIES

Why would this be a good time to take out a loan?

It seems like Spring has sprung and to lighten your load Close Finance are delighted to announce they will be launching their **Big Loan Sale** starting on **Monday 23rd March and continuing until Thursday 30th April 2015.**

So, there are now even more reasons to be cheerful!

With the evenings getting lighter and the gloomy dark days of winter behind us, you may be thinking that now is the time to plan some home improvements or a trip away perhaps?

Economic surveys suggest that despite the cold weather the economy is continuing in its recovery and UK employment rates have come down to their lowest point for seven years. Better still, almost all property types appear to have seen an increase over the last year or so in Jersey.

Banks have previously been reluctant to lend money and especially when it comes to making a quick decision if you are a new customer. Close Finance have always had an open door, and subject to credit checks a Close personal loan can often be approved the same day.

Close Finance have been serving Jersey and Guernsey for nearly 50 years, they have always offered competitive rates

and pride themselves on their customer care with a team of friendly experienced specialists.

The **Big Loan Sale** will apply to all new personal loan advances (except car finance, which doesn't fall under the Terms and Conditions of the sale, but we would be more than happy to discuss separately) so whether you want money to pay for a **dream holiday**, a **new kitchen or conservatory** or simply to **consolidate your existing debts**, we can help you with the funds and you can spread the cost over convenient, fixed monthly instalments.

If you have never applied for a loan before you can watch a simple online guide on the website www.closefinanceci.com/video so you can familiarise yourself with the process, then pick up the phone and give us a call on 737341 or better still, pop in for a **FREE and CONFIDENTIAL Borrowing Review.**

For a free no-obligation quote visit our Close Finance office in Jersey, give us a call or apply online, you may be surprised at how low our rates will go!



Adam Dawson
Managing Director



It's back and it's
BIGGER than ever

BIG LOAN SALE

Call **737341** or pop in for a **FREE** and
 **CONFIDENTIAL** Borrowing Review

Close Finance is a registered business name of Close Finance (CI) Limited, which is a subsidiary of Close Brothers Plc. Regulated by the Jersey Financial Services Commission for the conduct of General Insurance Mediation. Subscriber in Jersey to the Code of Practice for Consumer Lending - sponsored by the Jersey Consumer Council. All loans are subject to status. Terms and conditions apply.

 **closefinance**
www.closefinanceci.com

Are you part of the female millennial generation?

Trudy Dillon, Senior Manager at PwC CI and a millennial herself, explores the findings of PwC's recently launched global report entitled 'The female millennial: A new era of talent'....

Organisations the world over are currently facing the challenges that come with vast numbers of millennial talent entering and reshaping the workforce. In parallel, they are also challenged with a lack of women in leadership positions, and are fast becoming concerned with the financial and competitive toll this could mean for their organisations.

To coincide with International Women's Day last month, PwC globally launched a research report entitled *The female millennial: A new era of talent*. This research firmly puts the female millennial front of mind and is based on international research with 10,105 millennial respondents from over 75 countries worldwide, 8,756 of whom were female millennials.

What's really evident from this study is that female millennials, which consists of

Another highlight of the report is that female demand for international experience has never been higher, with 71% of female millennials wanting to work outside their home country during their career. Having qualified as a Chartered Accountant in 2009 with PwC Dublin, the opportunity arose through our global network to gain further experience overseas. I chose to broaden my financial services experience. Fast

forward five years and I'm still here, loving island life and embracing the fantastic opportunities I've been given to progress my career here in the Channel Islands.

Creating value through diversity

I've always been passionate about raising awareness of the importance and benefits of harnessing people's potential through embracing gender, age, cultural and skills diversity. In fact, the report highlights

Dispelling some significant myths, what all female millennials across all three stages have in common is that they were least likely to have left a former employer because of starting a family, and most likely due to a lack of career opportunities.

Employers here in Jersey take

note, female millennials are entering the workforce in larger numbers than ever before and will be vital to Jersey's future commercial success. If businesses here want to develop a strong pipeline of future women leaders, it's vital they understand what motivates this generation. For certain, with significant demand for work life balance and flexibility from 97% of both female and male millennials, a flexible approach in the workplace is crucial in order to attract, develop and retain the best millennial talent.

"What's really evident from this study is that female millennials, which consists of those born between 1980 and 1995, are the most confident and ambitious of any female generation."

those born between 1980 and 1995, are the most confident and ambitious of any female generation. In simple terms, the over-riding message is that when it comes to the female millennial, we really are talking about **a new era of female talent**.

How promising it is to read that the female millennial is much more likely to believe she can reach the very top levels with her current employer, particularly those starting their careers. She ranks opportunities for career progression as the most attractive employer trait, which makes her more career confident and ambitious than previous generations.

In my experience, from the first day I joined PwC, it was evident that the Firm was absolutely focused on helping its people build their confidence and reach their full potential. In addition to supporting school-leavers and graduates in their training towards a world-renowned professional qualification, PwC continues to place great emphasis on key skills such as communication and leadership, essential skills which not only benefit individuals for life, but can also be put to great use in helping to shape Jersey's future.

that 86% of female millennials seek out employers with a strong record on diversity, equality and inclusion.

From our perspective at PwC, one of the four key tenets of our Corporate Social Responsibility strategy focuses on Diversity and Inclusion. We place a significant emphasis on being diverse and inclusive as well as promoting a healthy work-life balance. On the diversity front, we already have a rich multi-cultural mix across both Jersey and Guernsey firms, with almost 30 nationalities working with us currently. Having people from different backgrounds working together, with different points of view and talents, really helps us maximise on the uniqueness of each of our people, which in turn creates the highest value for our clients.

The female millennial career stage differential

Within the report, the insights and desires of the female millennial have been split into three different career stages: **career starters** (female millennials with 0-3 years' work experience), **career developers** (4-8 years' work experience) and **career establishers** (9 or more years' work experience).

To download *The female millennial: A new era of talent*, pwc.to/1KwV7YZ

By Trudy Dillon
Senior Manager and
female millennial - PwC
CI based in Jersey office





GALLERY SPEAKS TO RECENT GRADUATES ABOUT THEIR MOVE TO THE WORKING WORLD, WHAT MOTIVATES THEM AND WHAT ADVICE THEY'D GIVE TO THOSE THAT ARE NEW TO JERSEY'S TOP COMPANIES. WE ALSO CAUGHT UP WITH A RECRUITMENT CONSULTANT TO HEAR ABOUT THEIR ADVICE FOR GRADUATES.

DILLON RUELLAN

ASSOCIATE AT DELOITTE



“The success of our firm depends on the talent of the people who work here, so we invest considerable time and resources to make sure your skills and talents are as sharp as they can be”

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Since we want to help you fulfil your potential, we strongly emphasise career development and training. Deloitte employees are among the best qualified accountancy, tax and actuarial professionals. With 12,000 exceptional people across the UK and Switzerland, Deloitte has the broadest and deepest range of skills of any business advisory organisation, and we have a straightforward goal: to be recognised as the pre-eminent and most trusted professional services firm, famous for our people and respected for the exceptional quality of our work. www.deloitte.co.uk/graduates

INTERESTED?

If you think you'd like to pursue a career at Deloitte, get in contact with Michala Wright, HR Manager, on 01534 824203 or email: miwright@deloitte.co.uk

Age: 19

Uni attended: School Leaver

What did you want to be when you were 8? A rally car driver

Favourite way to relax:

Going to the Gym

Favourite place to eat in Jersey:

La Capannina

Favourite possession?

My late Grandfather's Ferrari cufflinks

What made you choose the company you work for?

To be honest there are many reasons why I decided to begin my career with Deloitte, the main reasons being the fact that it is a firm with local connections but also a global reach. The personal investment that the firm puts into you also is priceless, the experience and technical learning at your fingertips is invaluable. However the aspect of the firm which attracted me the most was its meritocratic nature, individuals who want to thrive are not limited and promotion is encouraged.

What sort of professional training do you take?

I'm currently 7 months into my training contract studying towards the ACA. This involves completing 15 exams and 450 days of technical work experience. The working and studying balance can be tough at times; however there is nothing more rewarding than gaining one of the most highly recognised qualifications and you get out what you put in.

What do you do on an average day?

There really is no average day in the world of audit. One minute you could be working on a Private Equity client the next you could be testing account balances at a commercial client. I would say that the best part of my job is getting out to clients and meeting new people, as well as the diversity of the clients that Deloitte has this really increases your accounting knowledge and professional development.

What is your next step?

At the moment the aim is to focus on my studies and qualify with the ICAEW (ACA). As well as increasing my knowledge and understanding of the financial industry on the island. However in the future with this qualification the world really is your oyster so we will see what happens.

What advice would you give considering the experience you have now?

People really are your greatest asset. In the finance industry you never know what opportunities could be offered to you or what doors could be opened by getting out there and meeting new people. Also prior work experience in the field that you want to specialise in is in my mind key, not only does it show your maturity in a professional role but also confirms to yourself what you want to do and where you want to go.



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Unique.

Where do you want your career to take you?

At Deloitte, we believe it's our values, motivations and talents as individuals that define our strength and success as a firm. With that in mind, we go to extraordinary lengths to encourage, support and celebrate that individuality through a wide range of diversity networks - from one that supports future women leaders, to gay, lesbian, bisexual and transgender, multi-cultural, Workability and faith-based groups. They're open for everyone to share, learn and connect with others both in and outside the firm. And they reflect a more enlightened and progressive way of working that makes Deloitte an endlessly fascinating and inspiring place to develop your career. It all starts now with a visit to our website.

**If you are interested in discussing a career with us contact
Michala Wright - miwright@deloitte.co.uk 01534 824203.**

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TAM WESTON

ASSOCIATE IN ASSURANCE AT EY



THE EY EXPERIENCE SHAPES YOUR FUTURE; APPLY NOW AS WE'VE SAVED YOU A SPACE!

At EY we're much more interested in the kind of person you are and the things you're naturally good at than what degree you studied at university. We want you to be yourself and show us what you've got and how far you want to take your career. As you'd expect, we also ask you to have some minimum qualifications, so be sure to check the requirements when you apply. At EY everyone's opinion is valued after all diversity of thought and ideas, enables us to provide better services to our clients. In return for your input and ideas, we're committed to giving you the experiences you need to progress and develop as well as the learning and coaching to help you to excel.

If you would like to start your career at EY, contact Abbie Cardy email: acardy@uk.ey.com or 01534 288681

Find us on Facebook: [EYChannellIslandsCareers](https://www.facebook.com/EYChannellIslandsCareers)

Age: 24

Uni attended: Manchester

Course undertaken:

Chinese and Business Management

What did you want to be when you were 8? Nine

Favourite way to relax:

Going for walks, cycle rides and chilling on the beach.

Favourite place to eat in Jersey:

The Gunsite

Favourite possession?

My dog Billy

What made you choose the company you work for?

The people at EY! I'd gained work experience with different companies whilst at university but EY really stood out to me as I found the people there to be so helpful and welcoming. EY has a great working environment; they invest in their people and encourage them to achieve their full potential. It's a great place to start your career either after A-levels or university and I can certainly vouch for that now.

What sort of professional training do you take?

During the first three years you study towards a professional qualification. I've chosen the Institute of Chartered Accountants Scotland (ICAS) which has recently been accredited at Master's level. The qualification is very broad and covers subjects such as business law, business management and finance. Becoming a Chartered Accountant really does open up a world of opportunities and people go on to have interesting and varied careers, some even starting their own business.

What do you do on an average day?

The job is varied so there is no 'average day' which really suits me. I enjoy the variety it keeps me motivated because you're learning new things from different people. I may be in the office in the morning then at a client's site in the afternoon, so your working environment is varied too.

What is your next step?

I hope that after this year I will have passed another set of exams, and in another 2 years I will be fully qualified. After that, I'd like to take advantage of EY's global mobility scheme and apply for a secondment abroad, maybe China to continue my love of languages.

What advice would you give yourself as a graduate considering the experience you have now?

For anyone still at school or university I would highly recommend getting as much work experience as possible as this helped me decide that EY was right for me. I spoke with many people from the firm to find out what life was like. My first impression was how engaging the people are at EY, they are so willing to help and this is something I have really appreciated during my first year as a new graduate.

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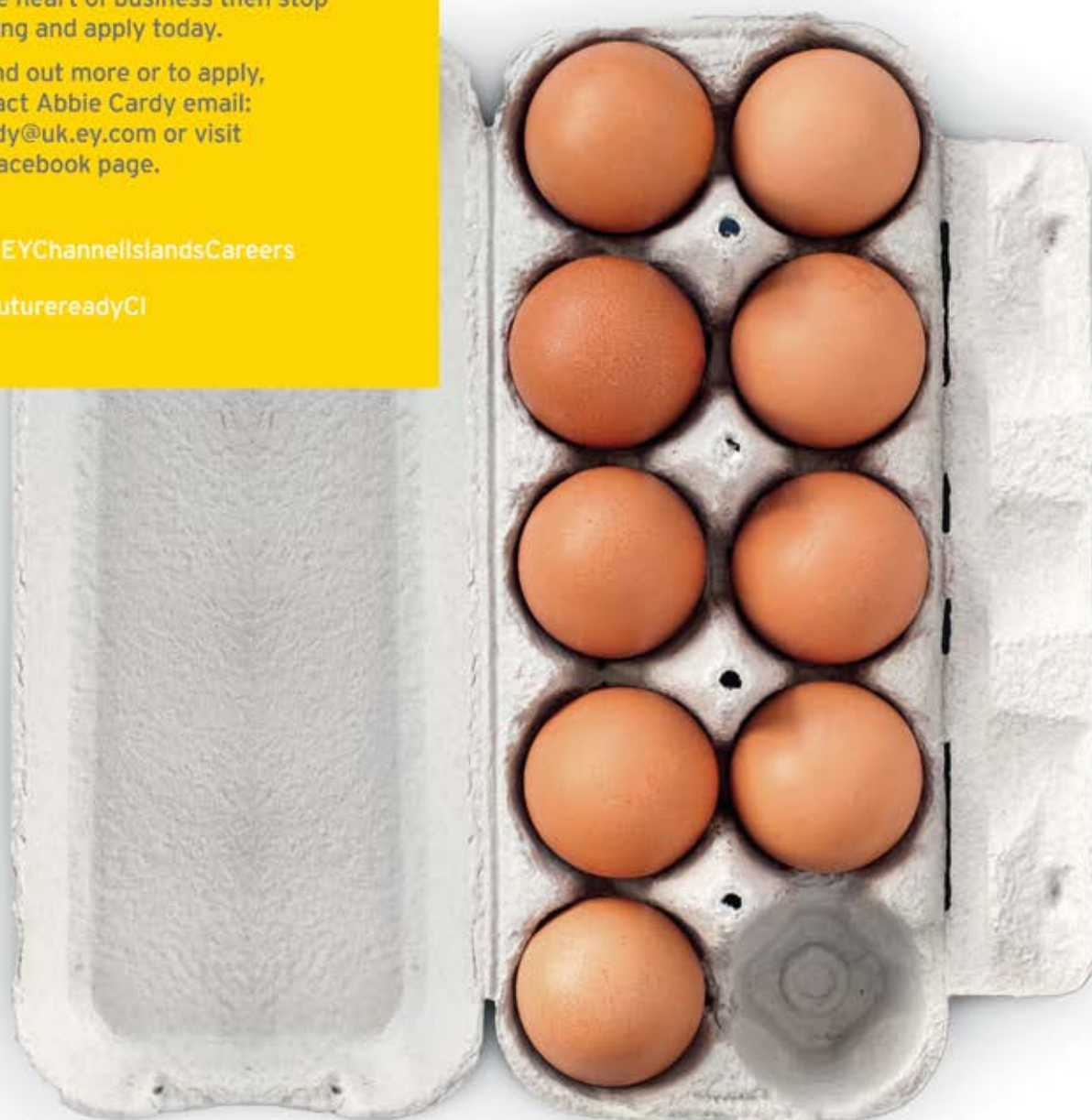


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Building a better
working world



PHIL CUMING

COMMERCIAL ANALYST
GRADUATE AT JT



Age: 24

Uni attended: University of Exeter

Course undertaken: BA Business & Management / MSc Marketing

What did you want to be when you were 8? A Power Ranger

Favourite way to relax:

Playing hockey - I represent the Island side and have played for the Channel Islands at County level.

Favourite place to eat in Jersey:

The Dicq Shack on a summer evening.

Favourite possession?

Along with a group of friends, I own a tiny share in a racehorse. We are looking forward to seeing him race for the first time later this year.

MORE ABOUT JT

JT is part of the JT Group, an innovative and progressive communications enabler based in the Channel Islands providing world-class products and solutions to a diverse client base of business and retail customers.

JT Group's product range encompasses all the products and services expected from a cutting edge provider, from Voice and Data, Consultancy, Co-Location, Internet, Security, Mobile and Support Services and is widely recognised as the largest provider of data hosting services in the Channel Islands. For further information visit us online at www.jtglobal.com

"JT's vision is 'to be the partner of choice for global telecoms innovation'. To give us every chance of making this vision a reality we are investing in two key areas - technology and people. From a technology angle we have commenced a pioneering programme that will give Jersey residents and businesses the fastest internet speeds in the world in the next few years. From a people perspective it is essential to identify and recruit new talent into JT and build a workforce capable of realising our vision in the future."

INTERESTED?

If you think you'd like to pursue a career at JT, get in contact with Andy Holmes on 01534 882199 or email careers@jtglobal.com

What made you choose the company you work for?

JT is a progressive company currently enjoying international expansion and diversification through acquisitions. I thought that joining a growing company would lead to opportunities for personal progression and that the innovative culture would suit my personality and ambitions. Telecommunications also seemed a sensible industry to establish a career in because I cannot foresee a time in my lifetime when communication services will not be a necessity, anywhere in the World.

What sort of professional training do you take?

JT placed me on the Chartered Management Institute (CMI) Level 5 Diploma in Leadership & Management course. The purpose of the course is to prepare me for a management role in the future. There are also numerous internal training opportunities at JT including telecommunications specific training and management training.

What do you do on an average day?

I am currently working with the Global Enterprise division as part of a team responsible for preparing new products for our business customers. My main responsibilities have included market research, competitor analysis, pricing analysis and producing product marketing materials such as product descriptions and presentations.

What is your next step?

I will rotate around different departments within the business as part of the graduate programme. The aim for both JT and for me is to recognise where I would be best suited to work within the business when the graduate programme is complete. My rotations include an international placement at one of JT's overseas offices. I am particularly looking forward to this rotation and learning about our global operations.

What advice would you give yourself as a graduate considering the experience you have now?

Do not be afraid to take a risk after graduating. I worked for a couple of smaller, entrepreneurial businesses and did some freelance consulting before taking my graduate position a couple of years later than most typically do. I really value the skills I learnt and the responsibilities I was given in these roles. Such experiences have accelerated my personal development, made me more ambitious and I don't feel like I am lagging behind my peers who started graduate programmes straight after finishing University.

Move up the career ladder with JT

JT's vision is to be the leading partner of choice for global telecoms innovation. We're a forward-thinking company with an ambitious growth strategy inspiring customers worldwide with our pioneering solutions, innovative ideas and commitment to quality, service and value.

To support our growth, we're committed to bring on fresh new talent and provide the opportunity for all our people to achieve their full potential in one of our exciting global business locations.

Join the JT Graduate Programme

Our Graduate Programme is designed to identify and nurture your talent and ambition, giving you the skills and confidence to eventually take up a senior position.

You'll gain a broad insight into our company through challenging placements in different areas of the business and on the job mentoring & training.

You'll also have the chance to gain professional qualifications in your specialist area and high performance is rewarded with a competitive remuneration package and excellent career development opportunities.

We are currently recruiting graduates for the following roles:-

- Technical specialist
- Commercial/Analytical
- Finance
- Human resources



HOW LONG IS THE SCHEME?

Two years.

HOW DO WE RECRUIT?

We accept applications from January each year with the selection process concluded by Easter. Successful applicants will start with us in September.

CAN YOU APPLY?

We're looking for final year or recently graduated students who have a 2:1 degree, are at the top of their game and hungry to succeed.

Postgraduate or masters students are also able to apply.

To find out more details about
all our vacancies and how to
apply go to www.jtglobal.com/careers



KPMG'S NEW RECRUITS



**HANNAH
LAYER**

AUDIT ASSISTANT

Age? 22

Uni attended?

University of Buckingham

Course undertaken?

Accounting and Financial Management

What did you want to be when you were 8? I wanted to work with animals

Favourite way to relax? Watching TV.

Favourite place to eat in Jersey? The Chugging Pig

What's your favourite possession? Passport

What is your next step?

My top priority right now is to pass my exams. In the future I will look to complete secondments in other KPMG offices around the world. There have been lots of people from KPMG Channel Islands who have had the amazing opportunity to get seconded in America, New Zealand, India and plenty of other places.



**CHRIS
WOOD**

ADVISORY & AUDIT ASSISTANT

Age? 26

Uni attended? UEA, Norwich

Course undertaken?

Business Management

What did you want to be when you were 8?

A Thunderbird

Favourite way to relax?

Snowboarding fresh powder

Favourite place to eat in Jersey?

Feast at Gorey

What's your favourite possession? My battered and stamped passport

What made you choose the company you work for?

The people, the network and the qualification. From the outset I found that KPMG had an extremely relaxed and friendly ethos; I wanted to be around people who were driven and ambitious so I could learn as much as possible. The firm has a presence globally so this provides opportunities to experience working in other countries. KPMG invest heavily in their staff, giving them the skills and knowledge to learn and grow.



**FRASER
HARTOP**

AUDIT ASSISTANT

Age? 22

Uni attended?

University of Edinburgh

Course undertaken?

Accounting and Finance

What did you want to be when you were 8?

Most likely a professional rugby player

Favourite way to relax?

Probably sitting down and watching a film

Favourite place to eat in Jersey? Tiffin do a pretty

good steak

What's your favourite possession?

As cliché as it may be, it would be my phone. It has everything on it that I need to get through the day

What made you choose the company you work for?

KPMG are a world renowned accountancy firm offering trainees great opportunities and support throughout their training contracts. The working environment and culture within the firm makes KPMG a great employer to work for. On my first day on the job I was given far more responsibility than I could ever imagine, and this experience is another reason why I joined KPMG.



**BECKY
SPRENT**

AUDIT ASSISTANT

Age? 18

Uni attended?

I'm a school leaver from Beaulieu Convent School.

What did you want to be when you were 8?

9...or an actress who had a part time waitressing job.

Favourite way to relax?

A nice long bubble bath with scented candles... or just a well-deserved nap.

Favourite place to eat in Jersey?

Tamarind or the hot dog stand at Le Hocq.

What's your favourite possession?

My calculator.

What advice would you give yourself as a graduate considering the experience you have now?

As I am yet to qualify, the advice I would give to myself is to work hard but enjoy the journey. There are so many opportunities available to school leavers in Jersey that didn't previously exist. So I'd advise everyone to consider all their options because university doesn't always have to be the answer. I'd also remind myself how lucky I am to be in this position and stage of my career at such a young age.



SAM CRAPPER

TAX ASSISTANT

Age? 22

Uni attended? Manchester Metropolitan University

Course undertaken? BA (Hons) Accounting and Finance

What did you want to be when you were 8? Footballer (still want to be one)

Favourite way to relax? Socialising with friends

Favourite place to eat in Jersey? Tiffin's (expensive taste)

What's your favourite possession? iPad or smart TV

What made you chose the company you work for?

I was instantly drawn to working for a Big 4 company like KPMG, and I'd heard nothing but good things about Jersey. As soon as I came over for the interview, everything just felt right about the island and the workplace and I wasn't even thinking about going anywhere else once I was made an offer.



NAOMI DODDS

AUDIT ASSISTANT

Age? 19

Uni attended? I'm a school leaver from JCG

What did you want to be when you were 8?

A ballerina - aimed high to be Odette in Swan Lake

Favourite way to relax?

A mug of tea and a Skype call with my best friend, Ellie

Favourite place to eat in Jersey? Probably at home,

my mum's pasta bake is the bee's knees

What's your favourite possession? My Canon Eos - the perfect way to store memories

What do you do on an average day?

As I work in the audit department, I work with a range of different clients, with teams varying in size, meaning the days and work are rarely similar. We often work from clients' offices, which means we are constantly out and about from our office, meeting new people and coming across new challenges. The mix of work and locations means there's always something new to do and learn, and always keeps you on your toes.



JESSICA LORA

TAX ASSISTANT

Age? 18

Uni attended? I haven't gone to university, I joined straight from school

What did you want to be when you were 8? A lawyer

Favourite place to eat in Jersey? Bento

What's your favourite possession? My iPhone

What advice would you give yourself as a graduate considering the experience you have now?

Because I joined as a school leaver, I would advise someone in my position to get as much work experience as possible prior to starting full time work so you have a good understanding of the sort of work you will be doing on a day to day basis.



ABBIE HIRST

AUDIT ASSISTANT

Age? 23

Uni attended? Durham University

Course undertaken? Chemistry

What did you want to be when you were 8? A Vet

Favourite place to eat in Jersey? Feast

What's your favourite possession? My iPad - so I can Skype my friends and family back home

What sort of professional training do you take?

I am currently working towards the ACA. What is nice about doing the ACA at KPMG is that you have a support network within your intake so you all go through the exams together. Being part of a Big 4 accountancy firm means you have an office of people who have all completed professional accountancy exams. I have found that my colleagues are incredibly willing to help if any of the trainees are finding part of their studies difficult.

INTERESTED?

If you are interested in a careers at KPMG contact Amelia Hilton on 608413 or email ameliahilton@kpmg.com

Park's Graduate Recruitment Expert Carly James, shares her thoughts on what employers are looking for in the class of 2015!

Academics

For some graduate level roles in Jersey, you'll need a 2:1 degree to be eligible to apply. A 2:2 or lower restricts your choice and generally makes the process tougher but don't panic, there are still jobs out there open to you. But it's not just about your degree; employers also want to know about your other grades and academic achievements.

Proactivity

Organisations do not want lazy people, so it's important your CV demonstrates how you go the extra mile in your studies and spare time. That could be through your involvement in a society or the students' union, a work experience placement you arranged yourself, the lengths you went to research your dissertation and so on.

Team Fit

You have to show an aptitude for the job together with a personality and attitude that will compliment the company culture. This may be demonstrated by your degree, any relevant experience you've got and allowing your personality to shine in an interview. Psychometric tests and assessment centres are becoming increasingly popular with employers to pinpoint the 'right' candidates to take to the next stage.

Talent

Employers are looking for a mix of technical ability - whether it's developing databases, writing reports, creative writing - and 'soft' skills such as teamwork, communication and problem solving.

Evidence and examples

An employer will quickly weed out where you're blagging or exaggerating the truth in an interview. What they want is real-life evidence and examples that back up what you say. Think about:

- Which skills you've used, where you've applied them and how effective they were.
- What you've done that demonstrates your interest and enthusiasm for this area of work.
- Why you want to work for that particular employer - that means more than a quick skim of their website when researching the company. Delve deeper and come up with a couple of questions that relate to what the organisation actually does and where the job you're applying for fits into this.

Attention to detail & telling the truth

Getting the basics right goes a long way, and getting it wrong can be a deal breaker. Ensure your CV is grammatically correct, do not tell fibs about your grades and arrive at an interview on time, dressed smartly and appropriately.

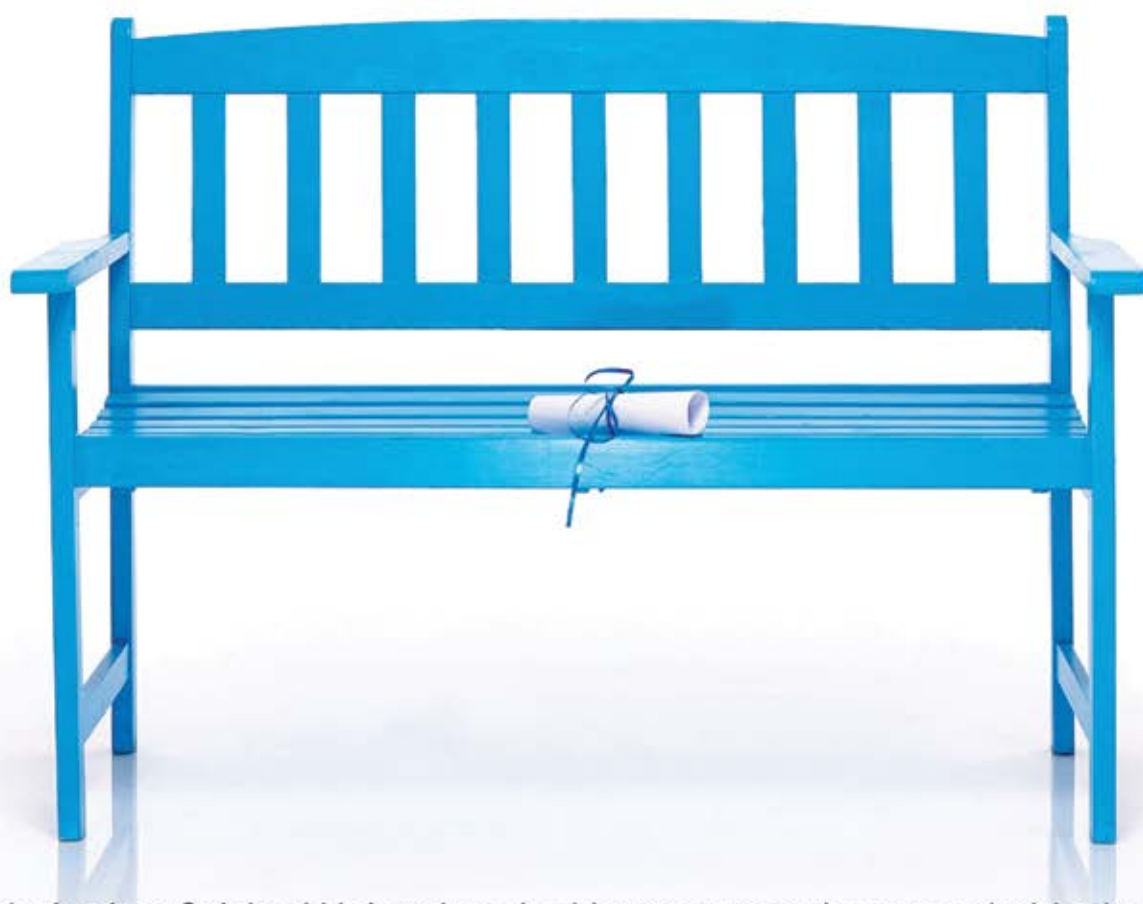


MORE ABOUT PARK

Park offers a tailored recruitment service to graduates. If you are graduating this year and would like to discuss your options, call Carly on 871666 and she will work with you to find your perfect first job!

CELEBRATING
35
YEARS

Hats off  *to you.*
So...
**What's
next?**



You've just finished Uni and are looking to get on the career ladder but not sure what to do next? Come and chat to us. We're a friendly bunch and have lots of opportunities for graduates. We'll help you with your CV and guide you through the interview process. **Give us a call on 871666.**

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career shapers

LAWRENCE BOLEAT

ADMINISTRATOR – PRIVATE DEBT &
CAPITAL MARKETS AT **SANNE**



What made you choose the company you work for?

Sanne appealed to me because of its rapid growth and the fact that as a people business it puts a great deal of effort and importance into ensuring that their new trainees are able to become fully qualified in either ACCA, ICAEW or ICSA. They encourage trainees to qualify as quickly as possible, but I never feel pressured or uncomfortable. From my initial interview at Sanne, I was made very welcome and felt that I would be a good fit within the company. An added bonus for me is that Sanne takes a large number of graduates every year, so there is always someone in the same position as me who I can talk to.

What sort of professional training do you take?

I have recently started studying towards my ACCA qualification. I have always been aware of the huge presence that the finance industry has in Jersey and the Sanne professional training programme allows me to learn a lot more about this important industry. I am also able to get involved and be part of this business's growth, whilst gaining an internationally recognised qualification at the same time.

What do you do on an average day?

In the short period of time that I have been at Sanne, I have been responsible for a wide variety of tasks due to the diverse demands of the Debt team. No two days are the same, but typical tasks will involve bookkeeping, processing payments, preparing accounts, company administration and responding to client requests. Sanne administers companies from all over the world which further adds to the diversity of my day-to-day role.

Age: 22

Uni attended:

Bournemouth University

Course undertaken:

Biological Sciences

What did you want to be when you were 8?

A Doctor

Favourite way to relax:

Going out with friends

Favourite place to eat in Jersey:

Hungry Man

Favourite possession?

My signet ring, passed down from my dad.

MORE ABOUT SANNE

Sanne is a dynamic financial services business providing international fiduciary services to a worldwide customer base.

Through a specialist divisional structure Sanne delivers tailored, professional financial administration services through a network of international offices.

Headquartered in Jersey, Sanne engages 300 people worldwide and offers an exciting and challenging range of opportunities in the areas of fund administration, private wealth and corporate, including a fully assisted three year professional training programme leading to either an ACCA, ICAEW or ICSA qualification. For more information visit our website: www.sannegroup.com

INTERESTED?

If you think you'd like to pursue a career at Sanne, get in contact with Nikki Collier-Webb on 01534 722787 or email nikki.collier-webb@sannegroup.com

"We place a great deal of emphasis on attracting the best local talent. Offering an exciting and challenging range of opportunities can attract graduates back to the Island as well as providing those wanting to embark on a career straight after A-levels with the opportunity to work towards attaining a professional qualification."

What is your next step?

My main aim for the short term would be to qualify as soon as I can, learning as much as possible in the process. Long term, there are excellent opportunities for career progression at Sanne, so after qualification, I would hope to progress within the business and develop my career within the organisation. Sanne operates cross-jurisdictional client service teams, so people often need to travel inter-office for client meetings and to ensure our high client service standards are delivered. This means that there are always opportunities to work in other locations within Sanne's global network of offices – this is very exciting and certainly something for the future.

What advice would you give yourself as a graduate considering the experience you have now?

The main advice I would have is to be open-minded. Search around and apply to a variety of organisations and find out what they have to offer. Perseverance is also key, even if the right opportunity doesn't come along straight away, because ultimately it doesn't mean it's not out there. A career in finance is challenging in a good way, but with the right support, hard work and dedication you will end up reaping the rewards.

Team-orientated, locally and globally. That's the difference.

Nurturing talent through a commitment to training and helping people achieve their goals is part of our culture. That's why we are looking for local graduates and A level students to join our fully assisted professional training programme, which leads to an ACCA, ICAEW or ICSA qualification.

If you are an outstanding, driven individual who possesses a 2:2 degree or above, or 300 UCAS points, we would like to hear from you. We are a leading, global provider of fund and corporate administration services. For more information on a career at Sanne visit sannegroup.com or contact:

Nikki Collier-Webb.
t. +44 (0) 1534 750510.
e. nikki.collier-webb@sannegroup.com



The difference

sannegroup.com/careers

Information on Sanne and its regulators can be accessed via sannegroup.com

SANNE

STEPHANIE LE RUEZ

TRAINEE REAL ESTATE FUND ADMINISTRATOR
AT STATE STREET



Age: 23

Uni attended: Cardiff University

Course undertaken:

Physiotherapy

What did you want to be when you were 8? A vet

Favourite way to relax:

Going to the cinema

Favourite place to eat in Jersey:

Unawatuna

Favourite possession?

My cat

MORE ABOUT STATE STREET

State Street is one of the world's leading providers of financial services to institutional investors with operations in 29 countries and employing more than 29,000 people globally. State Street Alternative Investment Solutions is the leading, full-service provider of fund administration services to the alternative investments industry. We operate from six locations in Europe and are a major employer in Jersey, with approximately 300 employees.

Our Private Equity and Real Estate business in Jersey is growing and we are always looking for bright and ambitious individuals to join our team. We have a range of exciting opportunities in both our client-facing and corporate functions. Our total compensation package has been designed with you in mind and includes extensive flexible benefits. In addition, we offer a comprehensive learning and development programme as well as financial support and study leave for core professional qualifications. State Street is also an active member of the local community through volunteer programmes and other activities.

INTERESTED?

If you think you'd like to pursue a career at State Street and would like to learn more, contact Rebecca Grant (HR) on:
Rebecca.Grant@ais.statestreet.com
+44 (0)1534 609 728

What made you choose the company you work for?

I was attracted to State Street as a good place to start my career after university because the company offers excellent career opportunities. It also has a solid local and international reputation. As I had no previous experience in fund administration, the in-house training courses – as well as the chance to study towards professional qualifications – were highly attractive.

What sort of professional training do you take?

State Street offers a large variety of internal and external training courses to help with my career and self-development. The company provides opportunities to study towards professional qualifications, such as the Institute of Chartered Secretaries and Administrators certificate, through both financial support and study leave. This is certainly something I will look to pursue in the near future.

What do you do on an average day?

As a trainee administrator in the real estate department, I am responsible for a range of daily tasks including instructing payments and attending weekly client calls as well as trustee and board meetings. I administer investment funds for property held in the UK and liaise with colleagues in our other offices, which I enjoy as I get to build relationships with colleagues outside of Jersey. It's great to work in such a client-driven environment

but it's also important to maintain a work-life balance. Fortunately, State Street provides a variety of social events, along with the opportunity to use two working days a year to volunteer with charitable projects. I have attended events such as a bowling night and the Branchage Film Festival. I also volunteered at a checkpoint at the Collas Crill Island Walk, which was a rewarding experience – despite the 4 a.m. start!

What is your next step?

I want to continue to develop my fund administration skills and hopefully start working towards a professional qualification. I would also like to expand my client base as currently I am working with one client but hope to gain experience with different clients in the future.

What advice would you give to yourself as a graduate considering the experience you have now?

After graduating, I was unsure whether I'd be able to apply for a fund administration job, having no previous experience. However, I have learnt that employers are looking for people with an open attitude towards learning. They are also looking for individuals who possess transferable skills gained from previous employment or higher education so you may find that you've already developed skills that can be adapted. Finally, ensure that your CV is informative but engaging as this is your first opportunity to secure an interview. Don't waste it!

BUILDING OPPORTUNITY

Are You Looking to Develop Your Career in the Alternative Investments Business?

State Street Alternative Investment Solutions (AIS) is the leading, full-service provider of fund administration services to the alternative investments industry. We operate in five jurisdictions across EMEA.

We have a range of exciting opportunities in both our client-facing and corporate functions and are looking for bright and ambitious individuals from junior associate to senior manager level to join our Jersey team.

Why choose State Street?

Our total compensation package has been designed with you in mind and includes extensive flexible benefits. In addition, we offer a comprehensive learning and development programme as well as financial support and study leave for core professional qualifications. State Street is also an active member of the local community through volunteer programmes and other activities.

APPLY NOW

If you would like to talk to us about developing your career, please send your CV directly to recruitment@ais.statestreet.com. Further details of the specific roles are available on www.statestreet.com/careers. Applications are treated in the strictest confidence.

State Street is one of the world's leading providers of financial services to institutional investors, with operations in 29 countries and employing more than 29,000 people globally. We are a major employer in Jersey, with approximately 300 employees and growing.



Are you heading for a high-flying career in law? The Voisin Bursary has been launched to offer students a chance of a lifetime.

Offering financial support and work experience, the bursary will be invaluable to any high achieving school-leaver looking to embark on a career in law. We interviewed Emma Stewart, Head of Human Resources at Voisin, to find out more:

What attributes does a student need to have to win a Voisin Bursary?

We are looking for intelligent, dynamic and diligent students who are seeking to pursue a career in law. The students must be either undertaking a law degree or intending to obtain a Graduate Diploma in Law after completing a non-law degree.

What is required of the students?

All we require in return for the bursary is that the students come to work in our offices during each of their university holidays. They will gain valuable work experience across a number of disciplines and work alongside some of our top lawyers.

How will Voisin support the students?

We will provide the students with a generous package spread across their three academic terms. This will consist of financial assistance, regular guidance, and work experience opportunities. Taking away some of the financial burden can be invaluable in allowing the students to focus on their studies and we can offer wonderful opportunities to them as they move forward in their careers.

Is the bursary for a particular legal discipline?

No, Voisin is a full service law firm so can provide a wide spectrum of legal training. When the students return from university, during the holidays, they can work in areas such as commercial, probate, litigation and property, thereby gaining much valued knowledge and practice within the law industry.

What is the role of the Voisin mentor?

The Voisin mentor will be on hand to help the students with any questions they have whilst they are in the office. All of our professionals have experienced student life and can assist with problems and offer help and advice. They can also offer courses to the bursary students to aid them in their chosen path.

Why do you think it's important to offer bursaries?

Voisin want to attract local students who have a desire to return to Jersey and pursue a career in law with us. The bursary scheme provides some financial assistance but most importantly gives students an invaluable opportunity to experience law in practice before they embark upon their career.

How do students find out more and apply?

Email or call Emma Stewart on emmastewart@voisinlaw.com or 01534 500357. You will also find details on our website: www.voisinlaw.com/bursary



MORE ABOUT VOISIN

Voisin is a leading law firm in Jersey, with particular expertise in commercial matters, including the use of Jersey trusts, companies and partnerships, banking, structured finance, collective investment funds and employee benefits.

- Their highly respected litigation department has substantial experience in all matters that come before Jersey's courts, as well as dealing with arbitration cases.
- Their property law team handles all types of commercial and residential property work.
- Voisin also deal with probate and estates, family matters and intellectual property matters on behalf of private clients.
- Voisin are renowned for offering a high quality service and pragmatic advice on all legal and commercial matters in Jersey.
- Clients of the firm include leading banks, financial institutions and fund managers in addition to a significant local and international private client base.
- Voisin has five partners and 40 staff
- Voisin is the oldest law firm in Jersey

Constant development.



Are you looking for a legal bursary?

If you're a high achiever embarking on a law degree then we want to hear from you.

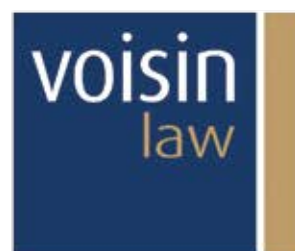
Get a head start into the legal world by applying for the Voisin Bursary Scheme.

The Bursary also comes with invaluable work experience as we ask you to join our dynamic team during each of your university holidays gaining much valued hands on experience of the law industry.

If you are interested and want to know more, please contact **Emma Stewart:**

T - 01534 500357

E - emmastewart@voisinlaw.com



www.voisinlaw.com

37 Esplanade,
St Helier, Jersey JE1 1AW,
Channel Islands.

Tel: +44 (0)1534 500300
Fax: +44 (0)1534 500350
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Business News

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Skipton International reports strong growth for 2014

Channel Island bank, Skipton International has reported strong growth in both mortgage lending and savings for 2014.

The bank saw its savings book grow by 14.7% from £784m in 2013 to £899m last year. Likewise its mortgage lending also reported similar growth, rising from £689m to £791m, a growth of 14.2%.

The local bank's growth reflects an outstanding year for its parent company, Skipton Building Society (SBS) in the UK, where the society's profits rose to £182m, up 75% year on year. SBS is the UK's fourth largest building society, and saw its savings balances grow by 11.7% to £11.4bn last year, and mortgage lending rise 11.2% to £12.7bn. The Society's credit ratings were also upgraded by both Fitch and Moody's during the year.

The Skipton Group Chief Executive David Cutter, said: '2014 was an outstanding year for Skipton Building Society. We have taken our mutual proposition to a growing number of mortgage and saving members whilst further improving the financial strength of the Society.'

Skipton International is a wholly owned subsidiary of Skipton Building Society, while also being licensed in Guernsey,

Managing Director Jim Coupe said: 'It is excellent news to see Skipton International and our parent company performing so well in what is still a challenging environment, particularly for savers.'



Eliau shortlisted for Fund Administration Company of the Year by Real Deals

Eliu Fund Services has been shortlisted for 'Fund Administrator of the Year' in Real Deals' Private Equity Awards.

The awards, which will be held at the London Hilton on Park Lane on 22nd April and will be hosted by accountant turned comedian Fred MacAulay, are amongst the most prestigious and well-respected in the private equity industry. A panel of leading industry practitioners, working with Cass Business School, undertake a rigorous judging process to choose the winners.

Eliu director Charles Le Cornu said:

'We are extremely excited that Eliu features on Real Deals' Fund Administrator of the Year shortlist. Eliu fund services team has 122 dedicated private equity professionals providing an exceptional service to funds clients with a global footprint. Since launching as Eliu in September 2014, the funds business has continued to grow and we look forward to further expansion and consolidating our position in the marketplace during 2015.'



Advocate Corbett is speaking at prestigious IAML meeting

Advocate Barbara Corbett will be travelling to Seville this week for the European Chapter meeting of the International Academy of Matrimonial Lawyers. Furthermore she has been asked to present to her peers from around the world at this event.

The IAML is a worldwide association of practising lawyers who are recognised by their peers as the most experienced and skilled family law specialists in their respective countries.

Advocate Corbett is the only practitioner in Jersey who is a Fellow of the International Academy of Matrimonial Lawyers, which demonstrates her expertise in international family law.

Barbara is now also responsible for co-ordinating the offshore membership; further testament to Barbara's standing in the area of family law and the IAML.

The IAML was formed in 1986 to improve the practice of law and administration of justice in the area of divorce and family law throughout the world.

Membership of IAML is by invitation only. Lawyers who are interested in joining are asked to submit information to satisfy established criteria for membership in order to obtain the approval of the Board of Admissions. The process is a rigorous one, designed to ensure that the high level of expertise within IAML is maintained.

Barbara Corbett is a partner at Hanson Renouf and is Head of Family Law. She is a qualified Collaborative Lawyer, Specialist Children's lawyer and is both a Family and a Civil and Commercial mediator. Barbara is also the first, and only, Family Arbitrator in Jersey.

Business News

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New sponsors for The Jersey Customer Service Awards.

Customer Service in Jersey has received a boost from TravelSolutions. The St Helier travel agency has agreed to give the Jersey Awards a financial boost each year for the next three years.

'This is a fantastic development for The Jersey Customer Service Awards and we are extremely grateful to TravelSolutions for sponsoring the event and helping to secure it for the next three years,' said Julie Todd, founder of the awards.

'Now celebrating their fifth birthday, and growing in popularity year on year, The Customer Service Awards gives individuals and teams the chance to be recognised for going the extra mile. Previous winners include employees from JT, Jersey Post, Hotel Cristina and Lloyds Bank.

The public nomination period will run from Monday 3 August to Monday 14 September, culminating in the awards ceremony on Thursday 8 October. With National Customer Service Week taking place from 5 – 10 October, this is aimed as a celebration of all that is good about Jersey's top customer service individuals.

More details can be found on the Awards' website:
www.thecustomerserviceawards.com



Elían launches ClientCheck - the comprehensive CDD outsourcing solution

Elían has taken another step towards reducing the administrative burden of client due diligence (CDD) with the launch of a comprehensive collection, processing and client due diligence storage solution.

ClientCheck has been developed to benefit a wide range of regulated businesses including accountants, asset managers, banks, fund managers, lawyers and trust companies. All types of CDD subjects are supported including individuals, partnerships, private companies, listed entities, public institutions and pension schemes.

ClientCheck supports the full CDD process from the initial collection of client information; through risk assessment, compliance assessment, 4-eyes review and file processing; to secure e-storage and retrieval.

'ClientCheck is another innovative service from Elían. We are delighted to have developed a solution that has the potential to dramatically reduce our clients' CDD administrative burden, improve their operating efficiency, reduce their regulatory risk and enhance their overall experience' said Dan Le Blancq, director of Elían Due Diligence Services.

ClientCheck incorporates the latest cloud and mobile technology, meaning clients can access the service through a secure portal - anytime, anywhere via their PC or handheld device. The system can also be fully integrated with existing clients' IT systems.



Adding meaning to the name

Jersey based Standard Bank Private Clients is to be renamed 'Wealth and Investment' to reflect its commitment to adapting its service offering to the evolving needs of its customers, as well as to align to global standards for high net worth Wealth Management.

According to Deon de Klerk, Head of Wealth and Investment, Africa and International, "The name change is a reflection of our shift in strategy to provide more holistic financial planning and advisory solutions around wealth creation, lifestyle requirements, wealth preservation and legacy and philanthropic ambitions. This shift is in response to changes in the High Net Worth market, and a need to position the business more closely with international competitors," he says.

The business currently manages in excess of \$12 billion in assets under management worldwide. Seven years ago, Standard Bank Private Clients was established as a separate business to Private Banking to cater to the wealth management needs of the bank's High Net Worth clients who are different from the target market falling under Private Banking.

Private Banking, caters to individuals with an annual income of at least \$60,000 whereas Wealth and Investment services clients who have the potential for investable assets in excess of USD1million.



Radisson Blu Takes Double Gold in Channel Islands Awards

The first truly independent Channel Island accommodation awards have been announced, with Radisson Blu Waterfront Hotel being crowned the best hotel in the 4 & 5 star category, and best overall hotel winner in Jersey.

C.I. Travel Group, in partnership with online review portal Feefo, is behind the scheme to highlight customer service excellence in the Channel Island hospitality industry. Only genuine customers can post a review on the Feefo website (www.feefo.com) which means that nominees and winners for the inaugural 2015 awards can be confident their success is down to honest feedback from people who have stayed in their properties.

Fergus O'Donovan, General Manager of Radisson Blu Waterfront Hotel said, "We

are absolutely delighted to have won these awards, which is testament to the efforts of our staff, our 'Yes I can!' culture and our on going investment in training and development. It is even more exceptional to win as the reviews are from genuine customers, we are gratified that we are meeting and exceeding our customers' expectations."

Awards are given to the Hotel of the Year in each category, in each island, based on feedback scores and reviews received by C.I. Travel Group's customers, enabled by Feefo's innovative online reviews system. Hotel size has also been considered when compiling the shortlist, reflecting the fact that there is a wide range of accommodation sizes in the Channel Islands.



Stanley Gibbons wins Best Alternative Investment Provider

Jersey based Stanley Gibbons Group has received the 'Best Alternative Investments Provider' award at the ADVFN International Financial Awards. The awards from ADVFN, a leading provider of financial information, are panel judged and recognise the best of breed products and services from across the financial industry, both nationally in the UK and internationally.

Keith Heddle, Managing Director, Stanley Gibbons Investments, was in London to receive the award: 'We are obviously delighted to have our products and services recognised by this award. There has been a growing interest and awareness of alternative investments such as stamps, coins and other heritage assets, and to be recognised alongside other category winners such as The Financial Times, Barclays, Societe General and Schroder International, shows just how important it is that alternative assets are included in a balanced portfolio.'



It's the weekend, get "App-y"

WORDS Steve Camm

Managing Director, NatWest

Over the many years we have been serving our local communities, we have seen dramatic changes in the technology we use and the way we like to communicate with each other. Just consider how many times we now write a letter to someone rather than use email, Facebook or Twitter, etc. It's really not that long ago that only a few people had a mobile, now I guess we couldn't live without one.

At NatWest we've continued to adapt the services we offer, with more and more of our customers managing their finances online or via our mobile banking app - the statistics speak for themselves!

Friday 27th February this year, saw the highest number of log-ins to our NatWest app since it was launched in 2011, with 23,000 log-ins in just one day!

Whilst our app grows in popularity, it has been important for us to develop our technology. Last month, we launched Touch ID for our iPhone 5s, 6 and 6 plus customers, allowing them to log-in to the app with just a fingerprint. One of our more popular app services is Get Cash. Get Cash allows you to withdraw cash without your bank card at any NatWest/RBS cash machine via a six digit secure code generated from your app: perfect for those that have rushed out the door and left their wallet at home. It is also a perfect way for parents to send a set amount of money to their children who might need funds for the bus home or that spontaneous trip to the cinema.

Where will technology take us in two years time? Time will tell, however, we will continue to listen to what our customers want and at the same time keep close to the rapid developments in technology.

But for now, it's the weekend, stay 'App-y'

Business News

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40 Years on The Jersey Job Scene: Reflections on Recruitment

WORDS by Jeralie Pallot, Managing Director



This year marks Rowlands' 40th anniversary. Since our founding, Jersey has seen significant changes to its identity and industries, weathered financial crises and emerged, at times blinking and bewildered, into a new 2015 reality which couldn't have been anticipated even 10 years ago. Rowlands has been experiencing the impact all these developments have had on the island's job market every step of the way, and has guided both employers and candidates through their implications.

Anyone who has spent any time in Jersey will know how close knit the island community can be and appreciate the implications of this for the recruitment process. A few decades ago, if CVs were requested by employers, they went out with a candidate reference number with no name to try and ensure confidentiality. Many employers were happy to interview without the CV in advance, as many interviews were arranged on a conversation we would have with a client. These more off-the-cuff arrangements included the "qualified by experience" option, which was an accepted route to many more roles than today.

Over the past 10 years particularly, these more informal avenues have closed, in-keeping with the Island's developed reputation as a tightly regulated international finance centre coupled with the increasingly competitive nature of the job market. Qualifications and academic results have become more important and can mean the difference between being selected for interview and an almost automatic negative response. In such an environment you may be tempted to get a little 'creative' with your grades to make your CV look stronger, but you absolutely must resist doing this. With the stringent checks now in place, there's a very strong chance you'll be found out. Companies run checks on employment history, ID, and Criminal Records as well as confirming qualifications and academic grades; they go to schools, the professional body or the examining body to verify the information you give them and the checks can go back many years

While the process leading to interview has become more formalised, the interview itself

has changed so much over recent years, from the very formal approach - often panel interview - to a more informal approach where prospective employees are put at ease. Although still very in-depth, nowadays interviews are more of a two way process. Employers are conscious that interviewees have a choice and are keen to describe their company and opportunity in detail, so the interviewee tends to relax a bit more and can evaluate the career possibilities and the company culture more easily.

The quality of recruits needs to be very high, which bodes well for the overall

"It's a truism to say that the way people are recruited is significantly different to how they were in previous generations, or even just 10 years ago however the fundamentals remain the same."

quality of services provided by companies on the island. Couple this with the increased range of jobs available, and the ease and speed with which prospective candidates can find out about vacancies, the outlook is an exciting one.

It's a truism to say that the way people are recruited is significantly different to how they were in previous generations, or even just 10 years ago however the fundamentals remain the same. Employers are still looking for talented candidates who will engage and grow with their business, while the job seekers continue to look for new opportunities within a culture they enjoy and with an employer who is prepared to invest in them. The good news is, that following some turbulent financial times, the recruitment market is very buoyant for both parties again - there are some great opportunities out there!



Prestigious peer recognition for JT's Head of Legal

JT's Head of Legal and Regulatory Affairs has received recognition in the prestigious 2015 European Counsel Awards, which were presented at a gala event in London.

Gill Knights received the individual award in the non-financial regulatory category, positioning her as a leading light among her peers having made an outstanding contribution and demonstrating excellence within an in-house legal role.

Locke Lord LLP with whom JT has a long-standing partnership nominated Mrs Knights for the award. Partner, Alan Meneghetti of the Firm said: "We are absolutely delighted that Gill has won this prestigious award. Having worked with Gill for a number of years, she has always impressed with her legal knowledge and commercial commonsense. She is a great and tireless ambassador for JT and a real pleasure to work with, and all of us at Locke Lord wish her the best of luck in New York."

The judging process involved the ILO team conducting in-depth analysis of in-house legal departments worldwide, receiving more than 1,500 individual nominations. Respondents were asked to focus on criteria such as effective communication, legal understanding, commercial awareness, depth and strength of team, and management skills.

The background is a solid green color with a repeating pattern of white tennis rackets. The rackets are oriented diagonally, with their heads pointing towards the top-left and bottom-right corners. They are scattered across the entire surface.

SPORT

IN IT TO WIN IT

Gallery meets four more local athletes preparing to compete in the NatWest Island Games...

MATTHEW MOREL

Men's Indoor Volleyball

Position:

Middle Blocker

What do you actually do?

I'm the group head of marketing for Sanne. One the court I'm one of two middle blockers in a starting team of six players. Main job is to block the opposition players from scoring points, and score as many points as possible by providing a faster attack option for the team.

How long have you been doing your sport?

Over 15 years. First experience was actually playing in a beach volleyball tournament in Jersey in 2000. A group of friends and I then set up a volleyball club and entered a number of teams into the mens indoor volleyball league. My first Island Games was in Shetland in 2005. Jersey 2015 will be my fifth - and hopefully the most memorable.

How are you preparing for the NatWest Island Games?

Working on maintaining fitness levels, technical volleyball training sessions & plyometric conditioning training.

Best thing about representing Jersey?

It has to be being the Jersey men's indoor volleyball team captain at home games - a real achievement! It will be a proud moment.

How can people get involved in your sport?

Beginner sessions run between October & May - go to jersey-volleyball.com - if you have never experienced an indoor volleyball game, come and support us this summer at Fort Regent. Games are noisy (we have DJs playing music and getting the crowd involved), action packed, fast-paced and certainly one event not to miss.



JENNY DEELEY

Golf

What do you actually do?

Shop assistant at La Moye Golf Club

How long have you been doing your sport?

39 Years

How are you preparing for the NatWest Island Games?

By working on my short-game. The format for the Island Games is four rounds of golf, so consistency is the name of the game. My aim is to have nice steady scores each day, and working on the shots around the green is a good way to achieve that. A chip and a putt will soften any disaster! I will also be competing in the English Seniors Championship - which is over three rounds, so this will be great preparation for the Island Games.

Best thing about representing Jersey?

The last time I played in the Games was in Jersey, and the part that sticks in my memory was the opening ceremony. The anticipation, excitement and friendly crowds created a great atmosphere - I'm looking forward to experiencing that again.

How can people get involved in your sport?

Go to any of the Golf Clubs on the island. The professionals will be happy to guide you in the right direction. I would advise people to have tuition to begin with, and it is very much a game for all ages, you're never too old to start!



NatWest

bringing



TOM GALLICHAN

Swimming

Position:

Main events are 200m, 400m freestyle and 200m backstroke. However at the Games I will be competing in a variety of events; 50,100,200, 400m freestyle, 50,100,200 backstroke, 50,200 butterfly and 4 x relays.

What do you actually do?

I'm currently studying a Sport Management degree through Plymouth University based in Jersey at Highlands College with my final year at Newcastle at Northumbria University.

How long have you been doing your sport?

I learnt to swim as a child and progressed to swim lessons and squad swimming at Tigers swim club. Competitive swimming since 2004. Represented Jersey on all scales - Inter Insulars - Jeux des Illes - Island Games (3 x Games, Aland (4 medals), Isle of Wight (7 Medals), Bermuda (7 Medals) and Jersey) - Youth Commonwealths - Commonwealth games 2014.

How are you preparing for the NatWest Island Games?

Currently training 11 sessions a week and working alongside Kit Chamier (True Food) to ensure my performance is at its best. Maintaining an intake of 6000+ calories to maintain optimal performance when training and performing.

Best thing about representing Jersey?

Amazing support from family and friends. The population of Jersey is very passionate in sport and it's great to be a part of it.

How can people get involved in your sport?

Walkers Tigers Swimming Club (www.bit.ly/1DP4eR8) 01534 449801



ANIA ROWSELL

Beach Volleyball & Indoor Volleyball

Position:

In beach volleyball you are involved in every aspect as it's only a two player game. In indoor volleyball my primary position is off-setter.

What's do you actually do?

I am a sales & service assistant at Hettich Jewellers

How long have you been doing your sport?

Beach Volleyball for the last five years mostly during the summer season here in Jersey, however I have also been competing in various tournaments like Volleyball England Beach Tour, Island Games in Bermuda. I have been playing indoor Volleyball for as long as I can remember!

How are you preparing for the NatWest Island Games?

Hard and ambitious. Training, matches and gym sessions on a weekly basis. Stretching and sports massage included. We are aiming to be on our best form for the Island Games week.

Best thing about representing Jersey?

The island has been very welcoming to me since I arrived from Poland in 2007. I feel very honoured and proud to have been chosen to compete again for the Jersey team in both beach and indoor volleyball this year. It is always good to be able to give something back to what I now consider to be my home.

How can people get involved in your sport?

Whoever would like to be involved can contact us through the Jersey Volleyball website, find us on Facebook or during summer months at the beach by the Gunsite Cafe. Also women, men and mixed teams are having evening indoor trainings at Haute Vallee school. We are always happy to welcome newcomers!

islands together...





STORMING SUCCESS

ISLANDERS COMPETE IN TOUGHEST TEST

The Sandstorm 2015 event, sponsored by Qi Finance, attracted 170 sign ups to the challenge on Saturday 14th March. The course was 6km in length and more physically challenging than the inaugural event in 2014. The event was held at Simon Sands Quarry and organised by Chester Mackley of Absolute Adventures.

The first person to cross the finishing line was Robbie Campbell (35yrs) in a time of



28 minutes and 22 seconds. Lorna Gwilt (32yrs) was the fastest woman around the course in 34 minutes and 19 seconds. The fastest team was Team Crossfit which consisted of Pete Neuschaffer, JP Martin and Callum O'Connor in 31 minutes and 52 seconds.

Kiri Cavill, CEO, Qi Group, commented: "The competitors did really well to battle through the challenging course and

weather conditions – it was rather windy and cold in the quarry and the obstacles were tougher than ever before. We have plenty of ideas about how to improve and develop the event further to incorporate competitors of all ages and abilities next year. We will continue to provide exciting opportunities for Islanders in all of our community initiatives moving forward, watch this space!"

POINTS MEAN PRIZES

FOR JERSEY LADIES RFC

Last month saw Jersey Ladies RFC take to pitch two at St Peters in style, not only did they notch up a convincing 19-5 win against visiting side Tonbridge Juddians RFC but they were also sporting their new playing kit. Playing in red, and black, for the first time also saw them displaying the names of a team of new supporters who are now working alongside the ladies until the end of this season and beyond.

Taking the prime spot on the front of the ladies kit is the Jersey office of investment firm Quilter Cheviot, who has signed up to sponsor Jersey Ladies RFC for the next three years. Tim Childe, Head of Jersey office said: "Supporting community sports teams at all levels is very important to us, so it's a pleasure to sponsor Jersey Ladies RFC. We're delighted that they continue to go from strength to strength and wish them the very best of luck for the rest of this season."

On the reverse are Logicalis, the Channel Islands largest IT services company, who has also signed up on a three year deal. Tom Bale Logicalis CI Technical Director said "It has always been important to us as a company that we give back to the communities that we operate in – across the islands we support various sports and activities – and are very pleased to be able to support the Jersey Ladies Rugby team – Rugby maybe tough but it brings many benefits and skills that are often lacking in today's society and need to be cultivated, such as Team skills, Social interaction, Communication skills and Self-discipline."



And last but not least they have local law firm Hanson Renouf taking pride of place on the ladies right sleeve, Advocate Jean-Marie Renouf said: "We at Hanson Renouf are very pleased to be sponsoring Jersey Ladies RFC; it is important that women's sport is promoted in Jersey and we are very proud to be associated with such a pioneering and successful team."

Whilst the ladies only have one remaining fixtures this season, the mighty Siam Cup battle with Guernsey Ladies RFC, they are already optimistic about the future. Jersey Ladies RFC Captain Rosie Corbett said "Securing the support of all three of these local companies is a great achievement for us and will enable us to develop further, we are really looking forward to working with them all."

'Performance Movement Summit'

John Scriven, a local Athletic Development Specialist, is hosting the islands first performance movement summit on April 25th at the Radisson hotel.

This unique event will provide, local professionals involved in sport and health as well as other interested parties the chance to gain access to high quality research and teaching from a blend of local, national and world leading specialists in the field of human movement science, whilst remaining on island.

John Scriven explains "All of the workshops will be very practical and are designed to give any coach or trainer involved in helping get the most out of athletes and clients the very latest up to date information and practical know how. We hope to be able to give delegates the ability to walk away and 'apply the next day'.

The speakers are:

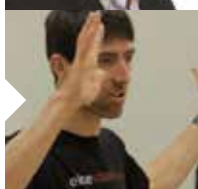
Clive Brewer: Ex head of Sport Scotland, Scottish Rugby and Head of Speed and Power Development for athletics. He has been in charge of programmes for a range of sports in the UK as well as the IMG and the US Olympic Training Centre.



Martin Haines: Internationally renowned expert in human movement and biomechanical coaching for athletes. He has consulted extensively with UKA athletics in the past as well as NFL, NBA and the US Army.



Hadrian Stiff: Coach to world no1 Squash player: Mohammed Elshorbagy. Hadrian will present a case study journey into how he has integrated movement skills into Mohammed's programme.



Lisa Mann: Director of Jersey Sport and Spinal Clinic, Lisa will be well known to many as one of the islands leading musculo-skeletal physiotherapists.



Mandy Bonhomme: Nutritional Therapist and Director of I - Move Freely Jersey, Mandy will be presenting on nutritional strategies that can help athletes support their training.



John himself will present two short topics, the first around the value of general preparation in training and the second on the neurophysiology of movement and how we can use it to control pain.



To book your tickets, head to www.eventbrite.co.uk or call John on 07797845446 for more information.

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SPORTSPERSON OF THE MONTH

BETH GARTON

“ My favourite place so far is the all glass court at the National Squash Centre, Manchester. I would love to one-day play on the all glass exhibition court in Grand Central Station, New York City – the coolest court in the world! The all glass courts make squash amazing and inspiring to watch ”

Age: 14

Sport: Squash

What do you do: I enjoy playing squash and I am currently ranked 39 in the girls U15s England squash rankings.

School attending: JCG

Favourite ice cream flavour: Ben and Jerry's Phish Food

Favourite animal: Penguin
(don't know why!)

Favourite food: It would have to be my mother's Spaghetti Carbonara

What would you wear to a fancy dress party: I'm rubbish at fancy dress.

Favourite squash expression: A boast, when you hit ball against the side wall before it hits the front wall. Or a trickle boast, which is when you hit a boast in such a way that it sends your opponent in the wrong direction.

Favourite thing about Jersey: There's a great squash club just ten minutes from my home.

Favourite song: Harlem by New Politics

When did you start playing squash:
September 2011

Where has been your favourite place in the world to play squash or where would you dream place be: My favourite place so far is the all glass court at the National Squash Centre, Manchester. I would love to one-day play on the all glass exhibition court in Grand Central Station, New York City – the coolest court in the world! The all glass courts make squash amazing and inspiring to watch.

You're part of the team heading off to compete in the European Team Championships this month, how have you been preparing and what does this mean to you: I was thrilled to be picked for the team, it is so much more fun when you are part of a team. In January this year I went up to Solihull to play for the UK southwest team in the junior regional team championships, my first team event and I can't wait to do more.

Where and when was the favourite moment in regards to squash, so far: My favourite moment so far was having a lesson in Jersey with Laura Massaro, the current women's world open champion, that's who's in the picture with me.

You're an athlete that participates in the One Foundation High Performance athlete programme, what does this involve: It includes athletes from a variety of different sports having strength and conditioning training, we have supervised gym sessions twice a week with some great trainers. This has massively helped me with my sport and it's good being with people from other sports.

What's coming up on the squash calendar that we should be looking out for: The Jersey squash classic, serious professional squash and later in the year there is the Jersey Squash Festival, really great fun with over 40 visiting teams coming to the island.

You're obviously still at school, does squash feature in your future plans: In the future I would like to use squash as a way of traveling the world.

Do you have a tip for aspiring sportspeople: Love what you do, work hard and remember when it's not going well don't get mad, get better.

How can people get involved in squash in Jersey: Contact Nick Taylor, Director and Head Coach at the JS&RA at nick@nicktaylorsquash.com T: 07829 747034. He's the reason I enjoy squash as much as I do and is an inspirational development coach.



HARDWARE

PAST, PRESENT & FUTURE

WORDS Russ Atkinson

Geneva's annual Salon International de l'Auto is considered one of the most important motor shows globally and the perfect place to showcase the latest in vehicular concepts, giving us a glimpse into the near future of motoring.

Having spent a day gawking at the mouthwatering automotive offerings whilst simultaneously and paradoxically basking in the sweltering and insanely dehydrating light of a million suns suspended from the ceiling, I discovered that all the future holds is a vast array of variations on the Mercedes G-Wagen theme and an alternative fuel vehicle called a Quant. Unfortunately, there isn't much to be said about them though as their website provides only mystery as to how the car works and the stand was just a gigantic glass fortress filled with attractive young women that nobody was allowed into. Apart from the two gentlemen behind the brand whose mugshots appear on said vague website.

Whilst Mercedes were busy continuing the tradition of pretending to drop the G-Wagen from their range yet again by presenting us with a 'brand new' four litre twin-turbo V8 version of their 36 year old workhorse called the G500 4x42, everywhere else aftermarket tuners seemed to be proudly shoehorning in even more absurdly powerful engines to their G-Wagens to the point where most of the floor looked like a post-apocalyptic Los Angeles where only gangster rappers had managed to survive.

The exception to this rule was Kahn's latest offering, their 105 Flying Huntsman Longnose Defender. Imagine the body of a 90 inch Land Rover Defender, but mounted onto a 110 Defender chassis with 20 inches added to the front wings. As if by means of justification, they've also swapped the Transit engine for one of GM's LS3 V8s but Twisted have been doing this for a while without making their Defenders look like an extra from the set of Thunderbirds. Prices start at around the £150,000 mark for a 4x4, with the 6x6 no doubt costing so much more that I had to close my eyes before my brain imploded.

Elsewhere, and in total contrast, as if cleverly orchestrated between the exhibiting manufacturers, the other big trend this year seemed to be hybrid vehicles. Bentley were showing off their EXP 10 Speed 6 which combines a load of batteries with a 500 horsepower 4 litre

twin-turbo V8 (on a basic level much like the G500 4x42 except with more batteries) and Audi unveiled the R8 E-tron, the name of which has never amused me more than in this setting, a predominantly French speaking part of the world where étron means faeces. So, what have we learnt so far? Gangster gas-guzzlers and hybrid gas-guzzlers are the order of the year for 2015.

Another manufacturer present who have been promising us that they're going to stop producing their flagship model whilst simultaneously unveiling a plethora of special edition versions is Pagani, although I must admit that the engineering beauty that lies beneath the carbon skin of their

Porsche's narrow-bodied 964 Carrera, in its purest and most perfect form. Inside, matching olive green leather covered almost every surface bar the cushioned areas on the bucket seats which were instead trimmed in contrasting dark green tartan left me almost paralysed, only able to move one footstep at a time to appreciate it from every conceivable angle. It may sound excessive, but it really was that good.

Volkswagen didn't disappoint by extending their range to include Variant variants (that's estate, to the rest of us) of their Golf models across the board including the GTD and even the R version as well as a raft of electronic and hybrid versions of their

“Whilst Mercedes were busy continuing the tradition of pretending to drop the G-Wagen from their range yet again by presenting us with a ‘brand new’ four litre twin-turbo V8 version of their 36 year old workhorse, everywhere else aftermarket tuners seemed to be proudly shoehorning in even more absurdly powerful engines to their G-Wagens to the point where most of the floor looked like a post-apocalyptic Los Angeles where only gangster rappers had managed to survive”

Zonda is nothing short of breathtaking. It literally took my breath away, as well as the searing heat emitted by those pesky, yet necessary, overhead spotlights.

It was whilst gazing out over the sprawling and almost never-ending sea of captivating metallic reflections, beer in hand to loosely counteract the symptoms of dehydration, that I saw a pastel coloured silhouette and those three fateful letters hanging from a sign above the stand in the distance. RUF.

Promptly ignoring almost everything that lay between the elevated bar area and the pastel-green shape that had been so recognisable even from afar I stood within touching distance of what is possibly the most incredibly beautiful piece of automotive artwork I've ever witnessed. A brand new restoration build of an original RUF RCT, the boutique German manufacturer's turbocharged take on

entire range, it's just such a shame that they can't seem to make their mind up about whether or not to put the Golf R400 into production. After all, who doesn't need a 400 horsepower lava-hot hatch?

Other highlights included one of only three Longtail McLaren F1s manufactured and the 2011 24 Heures du Mans winning #2 Audi R18 Ultra of Fässler, Lotterer and Tréluyer that defeated Peugeot in an against-all-odds feat of endurance and Ferrari avoidance, the end of which I barely remember due to excess alcohol consumption despite being right there at the Circuit de la Sarthe when it all happened. Whoever said you should never meet your heroes clearly wasn't talking about Le Mans prototypes.

Wow, all of this typing has made me thirsty...



THIS PAGE, CLOCKWISE FROM TOP LEFT:

The most beautiful car in the world ever built, re-built and restored; RStrada's RUF RCT, the 'will-they-won't-they' Volkswagen Golf R400, a very small portion of the Geneva Motor Show, a Mercedes G-Wagen disguised as yet another Mercedes G-Wagen, Kahn's absurdly unnecessary Flying Huntsman 105 Longnose, Volkswagen's Golf R Variant (essential for dog owners), tartan and olive green leather bucket seat goodness and the 2011 Le Mans 24H winning Audi R18 Ultra.





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SO FRESH

AND SO CLEAN, CLEAN

WORDS Taylor Jones

I recently turned 20. Some of our readers may look at that and gasp at the fact that 1) they're giving such a young upstart the gargantuan responsibility of the Gadgets section, and 2) that I and most of my peers now consider ourselves old.

Every day that we wake is another step over the threshold that took us closer to 40 than it did to birth. However, it's not all doom, gloom and wrinkles! Yes, we're growing ever closer to the end. Yes, our bones have started to ache and we wake up at ludicrous hours in the night to use the toilet, and yes, we've started looking on the young and judging them with soul-crushing glares. But the biggest advantage to a 20-year-old mid-life crisis is that you retain a certain youthful glow, a freshness if you will. For those who are reading this with a nostalgic glaze over their eyes as they tamper with those stubborn crow's feet, there is always the world of technology. This month, we're looking at gadgets to help you maintain that fresh look and feeling. That's right; forget exercise, diet and healthy living (please don't), now you can use electronics to get rid of all imperfections. It may not stop you feeling 40, but you certainly won't be reminded of the fact that time is catching you when you look in the mirror.

D'ARSONVAL HIGH FREQUENCY PORTABLE DEVICE

A massage is a lovely experience. Going to a spa, getting professionals to use all the necessary products on aching muscles and taking advantage of every single one of the amenities offered, including the complimentary soap that actually smells foul, but at the end of the day is still free. It's the perfect day out, with a plethora of benefits like soft skin, smoothed muscle knots and if you play your cards right and are willing to do some sneaking, a new mint white bathrobe. However, trying to recreate the experience at home or in public is either incredibly disappointing or incredibly illegal. Luckily for us, D'arsonval have found a way to make all the benefits of a facial massage available to us whenever we want (not actually all the benefits, you'll never quite get the experience of a masseuse from a machine). With the high frequency portable massage device, your skin can be, as one reviewer called it, "smooth as an iPad" whenever and wherever you want. Once more, fair warning should

be given that if you do this in public, no matter how good and shiny your skin looks, you will not be able to avoid the shame that comes from the looks of strangers who actually feel sorry for you.

For the modest price of \$139.00 (£92.96), you can get this gadget that basically does the same thing as holding your phone on your cheek from Amazon. This month is really making me realise that beauty gadgets are all a bit...unoriginal?



FACIAL-FLEX FACIAL EXERCISE SYSTEM

Be calm. Whilst the word "exercise" may conjure images of sweat, blood, tears and iron, this little device by Facial-Flex can help tone your muscles without the need for 20kg plates or precarious treadmills. To (reportedly) combat a sagging neck, jowls, lines around the mouth and nose and even eye wrinkles, all you need to do is clip this exceedingly simply designed gadget into the corners of your mouth and flex those cheek muscles that lie deep beneath that extra skin on your cheeks. It may be quite a stretch to call this a "gadget", as it's really just two clips and a rubber band, but people online seem to swear by its efficacy. There also needs to be some pre-warning that, just because you're willing to look like you're trying to chew your own cheeks off for an hour a day, you're not going to look like David Gandy. There's a certain element of genetics and/or drug use that may limit your success in building facial muscles, but you can guarantee that you'll be the only person in the gym with the tenacity to work them. What you think that makes you as a person is on you.

Whilst you can get these online at www.facialflex.com, I'd personally advise that, if you do get the urge to work on your facial muscles, you save your money and time and just make one of these yourself. It doesn't look any more complicated than a few copper wires and an elastic band.



NEW SPA MICRONEEDLE SKIN CARE SYSTEM

The perfect way to describe this product straight off the bat is the opening line of the review on InventorSpot: "if you don't mind piercing your skin repeatedly with a bunch of little needles then the New Spa Microneedle Skin Care System might be for you". I couldn't have said it better myself, and usually I like to pride myself on that very skill. In theory, this product pierces tiny holes in your skin in order to produce more collagen, thus improving the plumpness, elasticity and, luckily, scar reduction. It also allows anti-aging creams to get into the skin and be more effective. Now, in this review, I feel like it's more pertinent for me to focus on the lunacy that it requires for a person to buy this rather than the gadget itself.

At what point in one's life does it become a logically sound decision to buy something that, without trying to hide its intentions at all, repeatedly stabs you in the face in order to make your skin better? I may be deep in the tumult of an early-mid-life crisis, but I can safely say that, no matter how many lines and wrinkles appear on my visage, stabbing at them will never be my solution, and really, with the number of anti-aging creams and powders on the market today, it seems like there is no real justification for what could be easily misconstrued as an archaic torture. I'm not sure why you'd want to, but you can get these online for roughly £16.



NUFACE TRINITY FACIAL TONING DEVICE

Apart from looking like an art school student's electric razor, this little gadget's title does not leave much to the imagination in terms of its function. Much like the critically-acclaimed ab belts that were advertised using people that had clearly been in the gym their entire lives, the Trinity Facial Toning Device uses small microcurrents to stimulate the muscles in your face, supposedly giving you a more defined look by toning the muscles. However, much like the small needles stabbing you in order to open up your skin, electrocution sounds like it might be a step too far in the search for the perfect, youthful face. If freshness now means that I need to use what looks like the world's oddest marital aid on my poor jaw, I think it's more than justified that doctors and experts suggest that we stick to the old methods: diet and exercise.

At \$365 from online stores, it seems like the dream of electrically stimulated muscles is reserved for those with too much money for a gym membership. My advice? Strip some wires from the mains in your house and see if that works. I mean surely the higher the voltage, the bigger the effect, no?



2015 BARCLAYS JERSEY BOAT SHOW EVERYTHING FROM SHIP TO SHORE!

WORDS Alan Donald, *Group Marketing & Communications Manager, Ports of Jersey*

The 2015 Barclays Jersey Boat Show returns this coming May Bank Holiday weekend. Now in its eighth year, this three day maritime extravaganza, which is the largest free entry event in the Channel Islands, takes place in and around St Helier Marina and Weighbridge Place, providing both residents and visitors alike with the opportunity to dip their toes into all things nautical and discover up close the wealth of maritime related activities and services available in the Island.

The pontoons in St Helier Marina will be open to the public, with the opportunity to step aboard a multitude of sailing yachts and watercraft of all shapes and sizes. Up to 30 global boating brands, including Fairline, Princess, Sunseeker, Beneteau and Jeanneau are expected to take part with nearly 65 vessels on display.

The Condor Ferries 'On-Water Activity Zone', located on the Albert Pier, will play host to on water demonstrations and displays as well as a dedicated area for many of the island's leisure operators.

A number of Royal Navy vessels, including HMS TYNE will be visiting the island with musical entertainment provided by the Band of Her Majesty's Royal Marines Collingwood. The band will perform two public 'Beating Retreat' ceremonies in Weighbridge Place on the evening of Friday 1 May and late afternoon on Saturday 2 May as well as stage a charity concert at Jersey's Opera House on Thursday 7 May.

For those who prefer to keep their feet dry, there will be an array of stalls along the New North Quay and Albert Pier, offering both maritime and lifestyle accessories as well as the latest nautical related gadgets and gizmos.

Musical entertainment on the Solent Stevedores Main Stage will include performances by a number of well-known Jersey groups and individual artists. And of course, there will be a feast of food and refreshment stalls throughout the arena to tantalise your taste-buds.

The Jersey Boat Show is sponsored once again by Barclays. Paul Savery, Managing Director for Barclays Jersey, says: "Barclays has been sponsoring the Jersey Boat Show since 2010 and we are delighted to once again be supporting it in 2015. As well as being a fun event for all the family, the show has given many charities, supported by us, the opportunity to raise awareness and much needed funding, with all money raised matched pound for pound by Barclays".

Myra Shacklady, Group Commercial Director for Ports of Jersey, who organise the annual show, says: "There is a great community buzz around the Barclays Jersey Boat Show with something for all the family to enjoy. While we can't always guarantee the weather, thanks to the overwhelming support of participants, exhibitors and sponsors together with the sheer volume and enthusiasm of residents and visitors this year's event is shaping up to be even bigger, better and bolder than ever."

The Barclays Jersey Boat Show 2015 is open 10am to 6pm on Saturday 2 and Sunday 3 May and 10am to 5pm on Monday 4 May. For further information and latest news visit jerseyboatshow.com or follow the show on Facebook and Twitter.



PHONE HOME

Crafted for the Future
If you're looking for an Android phone (or two) which successfully packages beautiful styling with eminently useful functions, then you need look no further than Samsung's latest creations.

Everything on Samsung's Galaxy S6 and S6 Edge, from their incredibly thin bodies to their intensely bright and clear screens and fast-charging make these the types of phone that are not only a pleasure to use but look great when you're using them.

At first glance, it is the S6 Edge's curved screen which captures your attention. Rolling round the sides of the phone, the screen not only looks gorgeous but it adds functionality including personalised edge lighting to quickly identify callers, updates that scroll along the edges and a number of smart functions which let you use the phone quickly and without fuss.

Add fingerprint identification, superfast camera activation and rapid charging which gives four hours of power after just 10 minutes of charge and whichever of the S6 series you choose, you're guaranteed an incredibly powerful phone that works hard and looks incredible! *The Samsung Galaxy S6 and S6 Edge will be available in May, so pre-order now at www.sure.com*



Jaw-Dropping Display. Super Price Tag.

The all new Samsung Galaxy A3 is the first Galaxy smartphone with a full metal body giving this handset a premium look and feel.

With a 4.5" screen it's the perfect fit for anyone looking for their first smartphone, and you can't go wrong with Samsung's "Super AMOLED" display which makes viewing the screen a breeze at any angle and even easy in direct sunlight!

In addition the A3 offers a great camera experience on both the front facing and rear facing cameras with a 5MP camera ready for some super-sharp selfies and an 8MP camera for those holiday snaps.

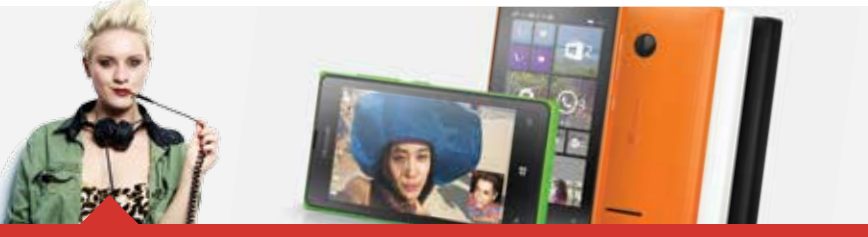
And finally, as it's 4G ready this Galaxy makes a perfect pairing with JT's brand-new superfast 4G network to keep you connected and sharing with friends and family.

The Galaxy A3 is a first of its kind in Samsung's smartphone range, a handset that feels solid and smooth with their all new full metal body but comes in at a great value price.

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- Take care of your SIM/handset as much as you would your passport/wallet.



Spring is here, with the colourful Nokia Lumia 435

Jersey's own superstar DJ - and Airtel-Vodafone Brand Ambassador - Hannah Jacques reviews the Nokia Lumia 435

If you're looking for an entry level smartphone, a replacement phone or something for your teens, this affordable handset is the one to choose. It isn't the most powerful handset on the market but it makes up for it in portability and price. With the latest Windows 8.1 OS you can work from anywhere with the built-in MS Office. It has an impressive battery life too, with 21 days of standby time on a single charge which is always a plus for someone like me who is always on the go.

Its key features include a 4-inch LCD and 8GB internal storage which can be slightly limiting if you store a lot of things on your phone like me but adequate for the average user. It also

comes with 30GB of OneDrive storage so you can keep your precious documents and memories safe.

A 2MP main camera is sufficient for all your photo needs and comes with a VGA selfie-shooter and we all know I'm a selfie girl through and through. A front facing camera is always a plus to use for Skype video calling to stay in touch with friends and family. The handset is easy to customise for any occasion, just get a new back cover and get a different look instantly. This Nokia Lumia 435 Dual SIM handset is reliable, solid and easy to use and I'd be happy to have a spring fling with this device.

Price for handset: £68 (available in black, green, orange and white)



TIAGO'S TOP TIPS FROM AIRTEL-VODAFONE

How to... Protect yourself from roaming fraud.

Thieves who steal handsets can potentially use the SIM card to rack up large roaming charges to premium numbers for example. Here are four top tips to help protect yourself from fraud when travelling abroad:

PITCH PERFECT

V-JAYS

Lightweight, portable and extremely powerful.

Don't be deceived by the sleek, lightweight and portable design of v-JAYS. These are the hardest hitting pair of headphones you'll have ever heard. The v-JAYS are designed for maximum music enjoyment, delivering a superior bass impact without overwhelming the other frequencies, so all the small details you often miss with other headphones remain intact. The substantial depth of sound delivered by the v-JAYS headphones is the result of two 40mm Mylar speakers.

The robust and collapsible v-JAYS weigh in at a mere 59 grams (2.08 oz) making them one of the lightest headphones in their class. The v-JAYS contain two folding joints which enables them to easily fit into your pocket whilst out and about. Finally, the clutter-free v-JAYS come with the essentials of portable audio; a spare pair of foam cushions which will help your headphones last longer and one iPhone compatible 70cm extension cable. With a choice of cable lengths you have more freedom.



Only £32 at JT

A-JAYS Four

Walk. Talk. Listen.

The a-JAYS Four have been developed for one purpose only – to match your iPod, iPhone or iPad. With flat tangle-free cables the a-JAYS Four comes with a full-feature three-button remote with SMART-feel soft touch concave/convex buttons for perfect grip.

Carefully selected state-of-the-art components give you a complete full-feature solution and options to play/pause music and videos, answer/hang up calls, skip songs, volume up/down and voice control etc. The a-JAYS Four has that beloved a-JAYS sound signature, tweaked to perform even better in the voice frequency range so you can be sure to get the most out of your music and calls.

Only £42 at JT



BECAUSE QUALITY MATTERS

TECH ALERT!



With many an avid photographer, filmmaker and creative professional residing on the rock, it's no secret that Jersey is a bit of a creative hub with more than just a love for a scenic selfie.

So when we heard that iQ is now an authorised G-Technology re-seller, we wanted to shout out to all those creatives about this snazzy range of kit to get your hands on.

The "G-tech" range offers a HUGE storage solution at incredible size and value (starting from £65 up to £4,850) in their own words - they're "designed for content creators".

Want to know more? get down to the iQ store and ask their friendly team of iQ experts, today.

Pictured are the G-Speed & G-Studio

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REASONS TO BOOK THE MONDAY OFF...

REASONS ELECTRONIC MUSIC & ARTS FESTIVAL SATURDAY 11TH JULY CORONATION PARK



If you're a lover of music and haven't already heard about the arrival of Jersey's brand new summer event, Reasons Electronic Music & Arts Festival, you really should think about sharpening up your party-radar skills. The boys behind event production collective 'Rocksteady' have decided to ramp up this year's electronic music offerings, and expectations, in Jersey this summer by delivering a 12 hour event showcasing no less than 30 artists performing over four separate stages in the stunning surroundings of Jersey's Coronation Park, once voted 'Best Park in the British Isles'.

With a record number of festivals taking place in the Channel Islands at present (see Page 20 for our diary of festivals) is there really a call for more local jamborees of a musical nature? And will Reasons Festival really be bringing something new to the island's event-scape?

The answer is, on both counts, of course, yes. Reasons Festival is the brainchild of local DJs and promoters Ben Newman & John O'Connell, founders of the Rocksteady collective. Reflecting on decades of the extraordinary electronic scene, come Saturday 11th July 2015, they aim to recognise, appreciate and celebrate the many corners of this much loved, cultural phenomena by inviting a plethora of varied talented artists in the field, with the objective of delivering an eco friendly, all-inclusive, and outright fun electronic music festival, to be danced at and remembered, by both islanders and visitors alike.

One look at this year's line up announcements so far clearly shows the scope of musical contradiction yet connectedness, heroes of heritage alongside modern electronic musical maestros.

The first wave of acts were announced at a special Reasons Festival launch last month, musically hosted by darling of the UK scene, Justin Robertson. Among the 15 acts announced that night were UK techno duo Simian Mobile Disco (cued up to close the main stage), Jazzy B OBE (founder of Soul

II Soul, both group & sound-system), Berlin based producer Jägerverb, residents of DJ collective Tessellate, Horsemeat Disco, Aim & Space Dimension Controller.

The second wave of artists announced include Josh Wink, Drum & Bass producer/DJ Wilkinson, alternative L.A. Hip Hop act The Pharcyde (performing album Bizarre Ride to the Pharcyde in full), Norman Jay, Hip Hop funksters The Mouse Outfit, Logistics, Josh Butler & Thomas Gandey AKA Cagedbaby Live, with many more headliners still to be confirmed.

Alongside the music, which is of course King at Reasons, you'll be able to find art installations, spoken word performances and live Q&As with some of the featured artists. Once 11pm comes around and you're aching to shimmy your sneaks some more, a pair of specially curated after-parties will take place at both Havana & Rojo Bar in St Helier.

Festival Director Ben Newman says "Our long term aim is for Electronic Music to be recognised as the culturally relevant art form that it is here in Jersey, in the same way that it is in much of Europe. This event, whilst of course aiming to be great fun, is about much more than just a party - we hope to highlight to people what has influenced the music that arguably dominates popular music culture today, and in turn demonstrate how this music influences the world around us, in so many ways".

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There are Reasons for a lot of things here. Reasons to get your crew on board for Saturday 11th July, Reasons to get your discounted early bird tickets in pronto, and most likely, dare we say, Reasons to book the Monday off...

See you there!

www.reasonsfestival.com

APRIL MUSIC & NIGHTLIFE: WHAT'S ON...



FROM FRIDAY 3RD APRIL CLASSIC JAZZ NIGHTS AT ROBERTO'S BAR

Enjoy an exciting evening of jazz music from Adria Godfrey and Sue Du Val, the Brian White Quartet and the Latin and Jazz-Latin headlining act, LQ. A £15 two-course menu is available and tables can be reserved for the performance.

Contact the hotel reception on 727521 for more information.

Ticket price TBC // 8pm-11pm //
Roberto's Bar at The Savoy Hotel



SATURDAY 4TH APRIL BLKOUT 2015

2000 of you are due to return to Fort Regent and make it your own until 4.00am with one of the biggest lineups ever seen on our island. The atmosphere last year was nothing short of legendary, and this year they are taking things to the next level! This is going to be a night none of us will ever forget, we are getting very Dance until the early hours and enjoy a night filled with booming dance music, including Netsky, Wretch 32, Ms Dynamite, Friction, Mike Skinner, Becky Hill. Strictly over 18s only. ID will be checked on entry.

Tickets £32.50 each // 9pm-4am //
Fort Regent



SUNDAY 5TH APRIL RUDIMENTAL

Rudimental is made up of Piers Agget, Amir Amor, Kesi Dryden and DJ Locksmith. They have won and been nominated for various awards including Brit Awards, they have reached number 1 on the UK Singles Chart for their single, Feel the Love, featuring Tom Newman. Their album, Home, brought them another number 1 spot on the UK Album Chart. Join this incredible band in a rare experience at the watersplash this April. Over 18s only. No tickets available on the door. Tickets can be bought from eventbrite.co.uk

Tickets £24.50 each //
from 9pm // Watersplash



FRIDAY 24TH APRIL FRANKIE DAVIES LIVE @ THE DRIFT + LEWIS & LEE

After a whirlwind 2014 Frankie returns to Jersey for the first time this year along with her full band to Launch her EP "Dancing All Night" officially in Jersey and she's bringing some friends she met in Nashville. Tickets available from Little Joes, Madhatter & Seedee Jons and The Royal Yacht Hotel Reception or online through Eventbrite.

£varied // 7pm // The Drift

IMPORTANT NOTICE:
All under 18's attending must be accompanied by an adult. Under 18's will be required to leave the premises directly after the show has ended. Adults are welcome to stay at the Drift all night.



SATURDAY MAY 2ND BITING THE BIT @ ROJO

And now for something completely different, Colin Moore formerly of 'Fuzzbox Inc' and Andre De Carteret from 'The Get Down - Guernsey' have joined forces to promote a new night called "Biting the Bit" which promises four hours of Funk/Soul/Hip-Hop and Beats 'Biting the Bits' first guest is none other than 'DJ Woody' who is described by DJ Yoda as "a DJ Demi-God against mere DJ mortals!", "The MASTER!!!" by Jaguar Skills and "Chief Menace of the fader!" by Krafty Kuts, 2 times World Champion turntablist DJ Woody has been rocking dancefloors for years with his pioneering audio-visual shows, eclectic DJ sets and next level turntablist displays.

Tickets £5 on the door // from 9pm // Rojo



SUNDAY MAY 3RD VANGUARD XL BANK HOLIDAY BONANZA

After their last two sold out parties Vanguard return to the Watersplash with another mammoth line-up. They are joined by a pioneer of UK music in Shy FX (Feat. Stamina MC) who has recently formed Rebel Sound alongside Chase and Status and David Rodigan and are headlining festivals around the world this year like Reading and Leeds (NME Stage) if that isn't enough they are also welcoming Rene LaVice who has recently gone A List on BBC Radio 1 and comes direct from Andy C's Ram Records... more DJ's and Bands TBA over 2 rooms..This will surely be another sellout and you can grab your tickets online at eventbrite or White Label records and the Watersplash.

Tickets: first release £17 each //
10pm- // Watersplash



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SILENT |sɪlənt|
adjective

- not making or accompanied by any sound

DISCO |diskō|
noun (pl. discos)

- a club or party at which people dance to pop music

gallery
silent disco






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Food for thought



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The seventh edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, samples menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

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