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Retrospect

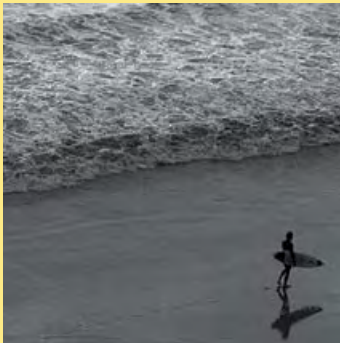


Just a snippet of the circuit

Itex round the Island walk: 48.1 miles

If there was a day not to attempt it... You brave souls.

I had a Bar-B at St Ouen's on Saturday. Yet every time I took a bite from my burger - exhausted from standing still in the midday sun - pained people would walk past in twos, hobbling on blistered feet, and I felt like I should be walking with them. Everybody who set off at three on Saturday morning, regardless of whether they reached the finish line should be commended for their efforts for charity. Fifteen people took part in the first ever Itex walk back in 1991. Now in its fifteenth year, the Itex walk attracts over a thousand participants. Looking at the figures leading up to the lethal challenge that was the 2005 event, 7164 walkers had already clocked up nearly 350,000 miles and raised over £830,000 for charities. At the height of the conditions this time, a maximum of 28.3 degrees was recorded by the Met Office at the Airport. 13 walkers were treated in the Hospital's A&E for blisters, aches and pains and heat stroke. Wow.



Surfer, exit stage right.

British Professional Surfing Association came to town

Good weather, good waves; a great success.

Would you believe it, Jersey hosted a major surf comp that had good weather and good waves! Coupled with the fact that we were represented by talented local riders made the event a complete triumph. Sponsored by Kangaroo Poo, the Open featured mainly UK riders but there were surfers in attendance from as far afield as South Africa. Big shouts should go to fourteen year-old Jake Elms, who finished second in the under-16 Grommets section - only behind British number one, 16-year-old Tom Butler. Another local rider to excel himself was Fabien Baker, who finished third in a pro-junior competition, an event that included a wealth of classy surfers. Senior surfer Piers Gould performed outstandingly to reach the quarter-final of the Open, in what were difficult 2 to 4 feet onshore conditions. The Open was eventually won by the extremely talented South African, Reubin Pearce.

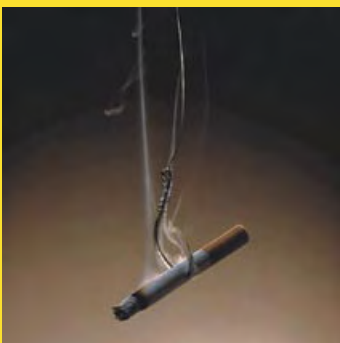


Och ay, my cotton trunks are itchy!

Sun + Population = Busy beaches

The photo opposite is of Portobello, Edinburgh 1952

Has anyone noticed a change? As the tumble weed skipped across St Aubin's beach, someone must have switched the signage and directed everybody to the far west of our isle. On that ridiculously hot weekend in June, the unthinkable happened; a five mile beach of plentiful sand became full to bursting. St Ouen was always considered a vast and exposed stretch of our coastline, boasting little more than great expanses of drifting sand and sparsely erected amenities, not to mention dangerous currents and a prevailing wind. Though the cafes have improved, and the toilets have those weird stainless steel all-in-one hand washers, St Ouen unfortunately will always remain a dangerous place to recreate. As surf kayaks, body boards and surfers dodge weekend warriors and pedestrians that have broken free of the yellow and red flags, one feels that the bay has been seen in a new light by many of Jersey's inhabitants; all things to all people. But can it cope?



Hooked...

Draft smoking ban laws ready

The States of Jersey takes a step closer to stamping out smoking in public places

With regard to domestic health policy, the biggest bone of contention for our society at the moment in this proposed ban on smoking in public places. Many restaurants and even offices have adopted stringent rules on this issue. Though it may be met with severe opposition from pro-smoking campaigners, just think of all those people who slip back into chuffing because it goes so well with a pint. The smoking ban could help prevent such slides back into nicotine serfdom. Looking at the Island's take on this issue, in November 2003 the States supported the committee's tobacco strategy, which included this ban. Draft legislation is now ready to enable the ban to go ahead, as well as other measures, including the ban on local tobacco advertising. If approved the legislation may also make way for restrictions on the siting of cigarette vending machines and an increase in penalties for breaking tobacco laws.

Intro

As we mentioned in Retro, it's been a bit of a scorcher during the month of June. Time for all your sunscreen-shy friends to cook themselves mildly and obtain that 'are they burnt or are they recovering from something?' tan.

Sunburn or no sunburn, there's a certain satisfaction in spending the day down at St Ouens, getting out the barbecues and kicking back. Leaving the beach smelling of eau de Suncream and seeing just how much sand you can leave in the shower really sets you up for summer evenings...

The sunsets have also been pretty impressive of late (Amateur photographers of the island rejoice...). Now that you can charge powerbooks from the car, it's a great sunset time office for some of us too. No matter how stressful your day or how long your working day may be, an hour down at the beach seems to have the ability to strip back all the stress. It's a technique I've been employing this month that I firmly recommend.

Although, using the Jersey geography rule, people seem to think that beaches are hours away from town, you can actually get down there in 15 minutes if you time it right. It's easy to get into routine but forget your Eastenders, forget your gym, forget your TV dinner. Whether it's a barbie at St Ouens, Jet skiing in St Aubin or wind surfing at St Brelade, it's time to get out and enjoy it. After all, your friends in London are probably standing in the armpits of three strangers for an hour on the Northern line.

BD

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15. Art & Culture
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GALLERY0705

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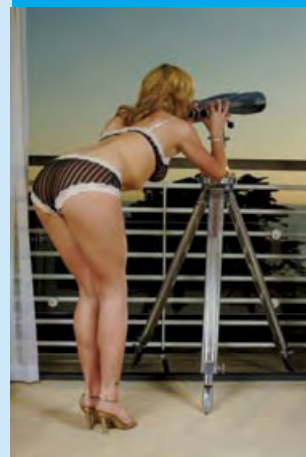
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July 05 Highlights

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Misc.

July Horoscope!

With Madame Kwang our psychic old woman



GECKO (MU-HONG): I, Madame Kwang warn you beware of telephones, oranges, women, and tarmac or you will definitely bite it. Badly.

CATFISH (VING): If you are under the sign of the catfish I recommend that you drink nothing but white wine spritzers and eat only the horrible orange ones you get in packs of Revels for the whole of July or else.

GORILLA (JIZ): Being a hugely powerful muscle-packed hunk of mammal, it's unlikely that you've got very much to worry about at all. Well done you!

ELECTRIC EEL (KINGALA): And to be honest it's very unlikely that anyone is going to mess with you either or you'll give them a big KAZAM.

FERRET (TOQ): If you don't eat for three days I foresee a great black cloud of hunger-type energy entering your body, centred on the stomach area and persisting until you have a meal. Believe.

MANATEE (FU): Congratulations - this month you'll get promoted, meet your life partner, and find true contentment. Only joking! Actually you'll be getting hemorrhoids and your electricity will be cut off.

SPIDER-MONKEY (CHON): I recommend that this season you support Chelsea.

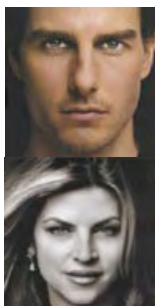
PIG (XANG): Follow your instincts, trust those close to you, keep your opinions to yourself etc. But most of all buy some deoderant, you stink.

LEMUR (LUK): Can you smell burning? If so I predict that there's something on fire.

KLINGON (MUK): I foresee that by now you are well and truly bored of reading predictions. Sod it, they're all made up anyway...

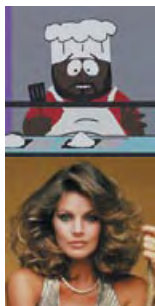
Scientology

Elsewhere in this issue you'll see the pearly toothed and vertically challenged Mr. Cruise talking about his latest film. What he doesn't talk about is his real passion in life, Scientology. For the lowdown on this 'religion' (read cult), join Gallery for a hitlist of fully signed up celebs.



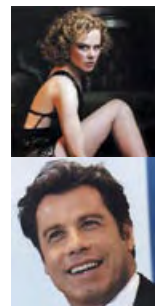
Tom
Cruise

Kirstie
Alley



Isaac
Hayes

Priscilla
Presley



Nicole
Kidman

John
Travolta

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OF THE YEAR
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Joke Of The Month

Bill Gates dies in a car accident. He finds himself in purgatory, being sized up by St. Peter. "Well, Bill, I'm really confused on this call; I'm not sure whether to send you to Heaven or Hell. After all, you helped society enormously by putting a computer in almost every home in America, yet you also created that ghastly Windows '95. I'm going to do something I've never done before in your case; I'm going to let you decide where you want to go."

Bill replied, "well, what's the difference between the two?" St. Peter said, "I'm willing to let you visit both places briefly, if it will help your decision." "Fine, but where should I go first?" "I'll leave that up to you." "Okay then," said Bill, "Let's try Hell first." So Bill went to Hell. It was a beautiful, clean, sandy beach with clear waters and lots of bikini-clad women running around, playing in the water, laughing and frolicking about. The sun was shining; the temperature perfect. He was very pleased. "This is great!" he told

St. Peter. "If this is hell, I REALLY want to see heaven!" "Fine," said St. Peter, and off they went. Heaven was a place high in the clouds, with angels drifting about, playing harps and singing. It was nice, but not as enticing as Hell. Bill thought for a quick minute, and rendered his decision. "Hmmm. I think I'd prefer Hell," he told St. Peter. "Fine," retorted St. Peter, "as you desire." So Bill Gates went to Hell.

Two weeks later, St. Peter decided to check on the late billionaire to see how he was doing in Hell. When he got there, he found Bill, shackled to a wall, screaming amongst hot flames in dark caves, being burned and tortured by demons. "How's everything going?" he asked Bill. Bill responded, with his voice filled with anguish, "this is awful! This is nothing like the Hell I visited two weeks ago! I can't believe this is happening! What happened to that other place, with the beaches & scantily-clad women???"

Gallery Guide To Wigs

If you were just thinking "How random - this has nothing to do with anything" you'd be right! Still if you spend just two minutes reading this lively and well researched article you'll become a wig expert - time well spent!

BASIC

The main feature is a tapered back. The top can be curly or wavy, and fall forward or away from the face. Bit boring?



CURLY

The main feature is an all-over curly look. The curls can be tight or loose. Now that's a bit more like it Halle Berry.



GAMIN

This "Boy-Cut" usually has a parting. The hair is relatively straight and the back is tapered. Stay away from this one.



FLUFF-BACK

The main feature is a curly flip or fullness that runs from one ear around the back to other. Camilla Parker Bowles style innit?



LONG

This style falls below the shoulders, and can be straight, wavy or curly. Wasn't this the one that Bon Jovi had for Young Guns II?



MID-LENGTH

This style falls to the shoulder, and can be straight, wavy, or curly. Or was it this one? Bit like that sexy Tim in the apple iQ shop?



WEDGE

This style is about ear length. The top is smooth, and sides are feathered. The shape is defined by layers tapering over at the back which creates a "ledge". Indeed.



PAGE

This "Dutch Boy" style is about chin length, and falls straight with a slight curl. Have you noticed these people haven't got any eyes yet? I just did and it freaked me out.



SHAG

The main feature is a collar length back. The top can be curly or layered. You can always rely on a good shag. Official Gallery wig for summer 2005.



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Dissemination



GOOD NEWS FOR TOURISM

Jersey War Tunnels has reported an excellent start to 2005 with footfall figures for May up 13% on 2004. Due to the Liberation 60 celebrations it is perhaps significant that the greatest upturn was that of senior citizens visiting the attraction, which saw a 20% increase on the previous year. According to Paul Simmonds, General Manager of Jersey War Tunnels, "This indicates that Jersey's Occupation still offers a level of great interest for visitors. Our newest addition "Towards Tomorrow" has encouraged visitors to view the past experiences of the Occupation alongside contemporary thought processes thus allowing the ever changing visitor mix to make greater connections with the period."

JERSEY JUNIOR CHAMBER



The Jersey Junior Chamber is an organisation set up specifically for professionals 18-40. Part of the Junior Chamber International (a worldwide federation of young leaders and entrepreneurs), on the 20th July they're holding a dinner that will be visited by guest speaker Senator Frank Walker. If you're interested in going along or just want to find out more contact Ed Egglishaw, the Events Manager at events@jerseyjuniorchamber.com or by mobile on 07797811775.



MASSAGE?

If you find yourself watching a holiday programme where people are getting a massage on the beach, listening to the waves roll in and wonder why you can't do that here you wouldn't be alone. One enterprising individual who thought people deserved some nice treatment is Louise De La Haye, a trained masseuse who has worked on tanned bodies worldwide on cruise ships from the UK to New Zealand. Situated on the beach in front of the Golden Sands/Beau Rivage area she offers back, neck and shoulder, full body swedish or sports massage, and Indian Head massages which cost £10 for 15 minutes, £15 for 30, or £25 for 60 minutes with a massage couch on the beach - a tempting offer. Call Louise on 07797 817193 for more details.

UZI SPATTERING?

Described as "a spattering Uzi of narrative illustration and absurd wordage, combining art from the old guard with an explosive smorgasbord of emerging international talent", the much anticipated Le Gun 2 goes on sale July 11th and will be available in Jersey, through The Framing Workshop. Jersey's very own Velofax will be supporting the up-and-coming Clor at the Notting Hill Arts Centre on the 11th for the launch party. Le Gun costs £8, for more details visit the website at www.legun.co.uk and be impressed.



JERSEY TELECOM SUMMER SIZZLER



Set to be the biggest and potentially best family event of the summer, the Jersey Telecom Summer Sizzler is taking place this year on 10th July at La Hougue Farm, St Peter. In association with Channel 103, the event raises money for two charities: Jersey Hospice and Childline, and this year features Jersey's very own Nerina Pallot. Tickets are available from outlets island-wide with children under five getting in for free, individual tickets costing £10, and family tickets £35. You're encouraged to bring along a picnic to enjoy in the sunshine - just don't forget to save the biggest cheers for the Jersey based acts!

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By Aimee. Illustration: Giles Robson

Small Beer

Heaven Knows I'm Miserable Now

This month's installation comes in response to scurrilous allegations that have been made against me, emanating from various sources; namely that my writings are negative and less than jolly. This month's Small Beer will be written in gentle defence of grumpiness.

When I am asked what was the first record I ever bought I usually say it was Nirvana, which wasn't on vinyl but cassette tape, and wasn't my first either. The first record I ever bought was at the age of eight, when Nirvana were only embryonic, a twinkle in Jesus's eye. The first record I ever bought, and it was vinyl proper, was Bobby McFerrin's anthem of goodwill, 'Don't Worry, Be Happy'. The point that I am trying to make here is that if I am grumpy now, I didn't start off that way, and that I must have adopted my particular outlook on the world for a reason, or reasons. On a very superficial level incessant glee is, for most of us, at odds with being honest. You might not feel like telling the postman that you are heartbroken and your cat has died, but if you are talking to somebody you care about at all then the question 'How are you?' should not necessarily be automatically replied to by the word 'Fine'. Honesty is a valuable commodity, and for this reason alone false cheer should be frowned upon with your lined brow. Also, pretending everything is alright when it isn't can be very dangerous, for instance, when your boat is filling up with water, or when a volcano is smoking ominously in your vicinity.

Being critical is perhaps the base core that unites all grumpiness. If you think you shouldn't have to pay one pound for a loaf of bread, or wait an hour and a half to get a bus into town, then you are generally thought of as being crabby. We should therefore consider whether or not being critical is a good thing. From dissatisfaction springs improvement. If cavemen had just sat around in their caves chewing on bits of raw flesh and gristle and shivering contentedly then we would probably still be doing that now. Also, if critical acumen did not exist then The Zutons would get ten stars for each album they ever did, and would continue to do so until their natural demise meant that the grandchildren of Razorlight replaced them.

Look at many of the people who have left an imprint upon our culture, take Samuel Beckett, Jean-Paul Sartre, Bob Dylan, Franz Kafka, for tasty starters. They all had days when their ear-to-ear grin slipped an inch. Whose fail to slip? Lorraine Kelly's, David Beckham's, Britney Spears', Linda Barker's. A scientist could maybe find some sort of pattern here, and hypothesise. While we're at it, were it not for sorrow and petulance, we would not have the blues, and we would not have punk, and Leonard Cohen would probably never have been born. Yet perhaps Tony Hancock would not have a career either. There are two sides to every bad penny.

But this is the point! Depression is a horrible thing, but grumpiness is

not necessarily, and it deserves just as much veneration as its more palatable cousins, Cheer and Happiness. To continue the flagging family analogy, they all have the same mother, and that is Zeal. Janice Hathy, a 'stress management expert' from Michigan, launched an annual event called 'The Great American Grump Out'. She started it because people were apparently unnecessarily grumpy (yes, grumpy) after September the 11th. On this sacred day people are fined if they are caught frowning, and forced to wear special hats if their disposition is deemed to have dropped below the required level of ecstasy. I would like Janice Hathy to be forced to wear a hat for the rest of her life. I would have it stitched to the skin on her head, either a big pointy one with a 'D' on it, or, worse, one of those velvet jester's hats that crazy, zany kids wear at festivals, and even on the streets.

One of the only pieces of advice given to me in my formative years that I ever retained was from my art teacher. He said that if you always expect the worst, you can only ever be pleasantly surprised. This is a superb piece of inverse optimism. There is such a thing as being a cynical optimist, which means knowing that everything probably will go wrong, whilst fervently hoping it will not, and being delighted when it doesn't.

Cancer Research Ball 170605

Covered by Ben Wheaton

FACES & PLACES



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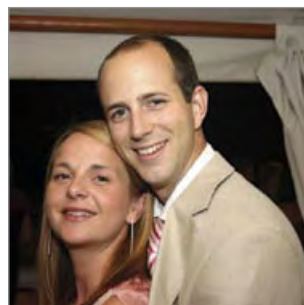
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Spielberg & Cruise

War Of The Worlds

Gallery: Steven, no other film director has done more image-building for aliens than you. In your films "Close Encounters of the Third Kind" and "E.T." you describe them as loveable creatures. In your latest film, "War of the Worlds," you have aliens from outer space attacking the world. What's the reason behind your change of heart?

Spielberg: I probably became somewhat...

Cruise: ...more daring, am I right?

Spielberg: Yes, there's something in that. I used to be the goodwill ambassador between aliens and us, and did everything I could to prepare the ground for a peaceful encounter. That bored me. I grew up with the science-fiction films of the 1950s and 60s, where flying saucers attack Earth and people have to resist with all their might. So I thought: before I retire I should direct a really mean invasion from outer space.

When Hollywood's most powerful director and its greatest star get together for one of the most elaborate films of all time, people expect a hit. Does that weigh on you?

S: We sleep soundly in spite of that. Ever since "Jaws" I've had to live with this pressure of people's expectations. But if I hadn't been able to stand up to it, I could never have made films like "Schindler's List" (1993), because I would have been too afraid to disappoint my audience. I've moved from large productions that move the masses to small, personal esoteric projects -- and back again. I would like to continue to swing to and fro between the different worlds, and challenge myself and my audience afresh again and again.

Would you find it a disappointment if "War of the Worlds" grossed less than "Titanic" (1998), the most successful film of all time so far?

S: It would be an honour. I make my films first of all for myself - and second of all for those who are not good at math.

C: We made this film because we felt like it. Of course it should bring in the money that was put into the production. But we have only a limited influence on how successful it is ultimately going

to be. Maybe there are certain people in the film business who multiply our two names and think they can calculate the box-office takings from that but we couldn't care less about people like that.

Your film is named after the futuristic novel of the same name by H.G. Wells. At the end of the novel it says that Earth is "no longer a fenced-in and safe place to live." Doesn't this sentence exactly describe the feeling that Americans have had about life since September 11?

C: It describes the feeling all over. We live in a world in which we are able to communicate very quickly in many different ways, and yet find communicating more difficult than ever. In fact we need communication more urgently than ever as the enemies that threaten us are universal: drugs, illiteracy and crime. We have to fight against them together. The film's a metaphor for that battle.

S: We wanted to make a film in which people join forces, across all borders and despite all their differences, in order to fight against an enemy who is not of a human nature.

But the film is set almost exclusively in the United States. Does it really describe a global catastrophe?

S: It describes a global catastrophe from a subjective point of view. The audience experiences the war from the perspective of Tom's character, from the point of view of an American docker. But we leave it in no doubt that the entire Earth is threatened.

C: Of course audiences in other parts of the world will see the film through different eyes, because they bring with them other world views and political convictions. But I think the sense of fear and threat will become apparent wherever it's shown.

Aren't you afraid that some audiences may even applaud when they see Americans lying on the ground?

S: I wouldn't want to speculate about that. We aren't responsible if people perceive the film differently because of their ideology and their aversion to our country.

C: As film-makers we are specifically working against this narrowing

of the view, which can lead to the hatred of an entire country, against this xenophobic paranoia. We are concerned mainly with individuals and their actions. For instance, I think one shouldn't always talk about "the government" but about the people who are in the government. One shouldn't always generalize. But if someone hates us from the bottom of their heart, they will see exactly what they want to see in our film.

Won't this film actually heighten a sense of vulnerability?

S: It probably will. On the other hand, it is hard to imagine us feeling even more vulnerable than we already do.

Is it legitimate for a film maker to not just make use of the real fears of an audience for a film, but actually heighten them too?

S: First of all you have to use your own fears. When I tackled "Jaws" (1975), I had to face up to my own fear of water and sharks. And later that provided an excellent recipe for success again and again; because what terrified me, usually shocked audiences too.

C: That's very true. After seeing the film we feared for our lives, even in the bathtub.

"Jaws" took the fun out of bathing for millions of people. Did you ever feel guilty about that?

G: Not at all! On the contrary, I was impishly pleased. The reactions of the public showed me that the film worked and was touching their primeval fears. The greatest thing a film director can achieve is a film that works on a very fundamental level. Besides, I also increased the pleasure in bathing for many people: after seeing the film, they even organized little competitions on the beaches to see who dared to go furthest.

C: My children whistle the theme of the film when they go to their diving lessons. And they haven't even seen the film!

How did "War of the Worlds" end up on your schedule?

C: We were just releasing "Minority Report" and Steven and I were looking for films to make together. I visited him on "Catch Me if You Can" and we were talking about a couple of things and he says, "You know what? I think we should do 'War of the Worlds' together." I just looked at him and said, "Oh my God." I was so excited. I've never made a sci-fi movie like this before. It's the kind of movie as a kid you cut as many lawns as you can so you can get the money to see the film on day one. That day it was done.

What attracted you to it, Tom?

C: The story? The same things. I mean, for me, War of the Worlds was always a book that I really enjoyed and I felt that the story could be relevant, that the opportunity for character, it's, all the elements are exciting. Also, obviously to work with my friend again...

The story's been told so many times. Why this movie and why now?

S: I would've begun this movie 12 years ago when I bought the last surviving radio script at an auction. I got interested in the course of trying to find something to do with Tom. We'd been on our own crash course of finding a movie to make together after we had such a great time doing "Minority Report". You know the old Hollywood blow smoke up your ass quotation, 'Hey, let's make a picture together.' You hear it all the time and it never happens - we were determined that we were going to do a whole bunch of films together.



Some of the biggest and most successful movies ever made have been inspired by our fascination with extra-terrestrials. *Aliens*, *Gremlins*, *E.T.*, *Flight Of The Navigator*, *Star Trek*, *Close Encounters Of The Third Kind*, *X-Files*, *Men In Black*, *Independence Day*, *Predator* - the list is stuffed with massive blockbusters.

When you combine this kind of form with arguably the two biggest names in the movie business - Tom Cruise and Steven Spielberg - you know that you're probably in for quite a treat. For years the pair worked separately on some of the most successful movies ever made but teamed up for the first time on the massive hit *Minority Report*. This month sees their second collaboration come to life with *War Of The Worlds* a massive remake of the classic H.G. Wells radio play. Neither of these giants of Hollywood need any introduction, but just in case you've been away for the last twenty years, Cruise is an actor who's been at the top of his game for the past 24 years. With a career encompassing *Risky Business*, *A Few Good Men*, *Jerry Maguire*, *Mission Impossible*, and *The Last Samurai* he's made himself the world's leading film star. Directing him this time out will be the internationally renowned director of *Duel*, *Jaws*, the *Indiana Jones* trilogy, *Jurassic Park* and *Saving Private Ryan*. Can expectations get any higher? Gallery speak to Tom and Steven to find out.

AT THE CINEMA



CHARLIE & THE CHOCOLATE FACTORY: PG

OUT: FRIDAY 29th IMDB: TBA

Tim Burton craziness with Johnny Depp in the title role. Charlie Bucket comes from a poor family, and spends most of his time dreaming about the chocolate that he loves but usually can't afford. Things change when Willy Wonka, head of the very popular Wonka Chocolate empire, announces a contest in which five gold tickets have been hidden in chocolate bars and sent throughout the country. The kids who find the tickets will be taken on a tour of Wonka's chocolate factory and get a special glimpse of the wonders within. Charlie miraculously finds a ticket, along with four other children much naughtier than him. The tour of the factory will hold more than a few surprises for this bunch...



DARK WATER: 15

OUT: FRIDAY 15th IMDB: TBA

Director Walter Salles (*Central Station*, *Motorcycle Diaries*) takes on a very different project in the shape of a Japanese horror story. Featuring the delectable Jennifer Connelly and Brit stars Pete Postlethwaite, Tim Roth and Dougray Scott, *Dark Water* is an American update of a Japanese horror much in the same vein as the *Ring* movies. The plot follows a mother and daughter, still wounded from a bitter custody dispute, holed up in a run-down apartment building. Adding further drama to their plight, they find themselves the target of the ghosts of former residents. Rated 15 but likely to be pretty scary if the original is anything to go by.



THE FANTASTIC FOUR: PG

OUT: FRIDAY 22nd IMDB: TBA

Jessica Alba is everywhere at present - here she turns up as The Invisible Woman in this comic book remake. When an experimental space voyage goes awry, four people are hit by cosmic rays and become fantastic - hence the name. The inventor and leader of the group gains the ability to stretch his body, and takes the name, Mr. Fantastic. His girlfriend, Jessica Alba can turn invisible and create force fields. Her younger brother Johnny Storm gains the ability to control fire, becoming the Human Torch and pilot Ben Grimm becomes super-strong rock creature, Thing. Together, they use their unique powers to foil the evil plans of Doctor Doom.

ON THE SOFA



HITCH: 12A

OUT: 04.07.05 IMDB: 6.8

Complete ego trip for Will Smith - who hardly needs one. Alex Hitchens is "The Date Doctor." He helps men to land dates. Sara (Eva Mendes) is a gossip columnist for a New York City tabloid. Both are very guarded around the opposite sex but despite their natures, Alex and Sara begin a relationship. Naturally, complications ensue when Sara's latest scoop happens to be one of Alex's clients. Surprisingly good, Smith actually comes across as a human being rather than the caricature he can sometimes become in his movies. Eva Mendes started out in *Children Of The Corn V: Fields Of Terror* but really stakes her claim as a leading lady here.



THE LIFE AQUATIC WITH STEVE ZISSOU: 15

OUT: 04.07.05 IMDB: 7.3

Internationally famous oceanographer Steve Zissou (Bill Murray) and his crew - Team Zissou - set sail on an expedition to hunt down the mysterious, elusive, possibly non-existent Jaguar Shark that killed Zissou's partner during the documentary filming of their latest adventure. They're joined on their voyage by a young airline co-pilot who may or may not be Zissou's son (Owen Wilson), a beautiful journalist assigned to write a profile of Zissou (Cate Blanchett), and Zissou's estranged wife and co-producer, Eleanor (played by Angelica Houston). They face overwhelming complications including pirates, kidnapping, and bankruptcy in this highly stylised and definitively Wes Anderson flavoured slice of quirky comedy.



THE WOODSMAN: 15

OUT: 04.07.05 IMDB: 7.2

Kevin Bacon plays Walter who, after twelve years in prison, arrives in an unnamed city, moves into a small apartment across the street from an elementary school, gets a job, and mostly keeps to himself. Finding it hard to escape his past as a convicted sex offender, Walter is warily eyed by his brother-in-law, shunned by his sister, and is hounded by a suspicious local police officer, Detective Lucas. After befriending a young girl in a neighborhood park, Walter must also grapple with the terrible prospect of his own reawakened demons. One of the few major league actors who would even consider taking on the role of a paedophile.

DARK WATER



Dark Water is the latest Japanese horror to be remade for a Western audience. Directed by Walter Salles ("The Motorcycle Diaries") and starring Jennifer Connelly it continues a recent trend in horror, as the genre moves from the blood-soaked teen slashers towards a more psychological and creepy style. *Gallery* sent Matt Pomroy to the press screening in London.

Frankly, I've coughed up scarier things than most of the horror films of recent years, but the advance word on Dark Water was good. It has a great cast of actors rather than the usual pretty teenagers and was based on a Japanese horror film directed by Hideo Nakata ("The Ring") so I decided to put it to the test. After staying up for 28 hours without sleep, unaided by caffeine or drugs, I went to the dark and warm screening room in Soho. If this film was scary enough to keep me awake for its duration then it passed the test. And bear in mind, I once fell asleep on a bass bin in a nightclub. Despite the first third of the film being hijacked by a great comedic (but not scary) performance by John C Rielly, this film is really rather good. Set in a grim tower block in perpetually raining New York it's dark and sad rather than outright scary for the first half as a young single mother moves into a crumbling and damp apartment building and is soon plagued by odd noises and a creeping damp patch that drives her to madness. Better than it sounds but my eyelids were getting heavy. The second half, however, is wonderfully twisted with superb performances from Jennifer Connelly and eight year old Ariel Gade. It's like a cross between The Sixth Sense and The Ring. It leaves you unsure what's real and what are the mental delusions of Connelly's character and it doesn't need blood and gore to scare you. Tim Roth and Peter Postlethwaite are also plus points. Throughout the film I was sitting next to Mark Kermode, one of the best film critics in the business and horror-film expert and he even jumped at one point. And for the record, it took him just two minutes of polite chat prior to the film before mentioning The Exorcist – I swear this guy is possessed by it. So yes, it kept me awake all the way through and into my 30th hours without sleep, which is more than can be said of the Tube journey home afterwards. MP



ARTS

FULL FESTIVAL LINE-UP

WEDNESDAY 20th JULY CARANDIRU

A Brazilian movie set inside Sao Paulo's House of Detention policed from within by long-term prisoners. An horrific, true story.

THURSDAY 21st JULY DEADLINE

Human rights are put in the spotlight in this Illinois set look at the capital punishment system.

FRIDAY 22nd JULY PETIT SOLDATS

An unflinching film looking at child soldiers in Liberia, Congo, Sierra Leone and South Sudan.

KIDS BEHIND BARS

Documentary confronting the realities of child prisoners around the world.

SATURDAY 23rd JULY BEHIND THE FENCE

Film charting the effects of a 115 km security fence built to separate Israel and Palestine.

OUT OF THE SHADOWS

John McCarthy takes us on a personal & emotional journey to Lebanon where he confronts the ghosts of his past.

Human Rights isn't an issue that we think of as affecting us in Jersey. As in most privileged corners of the world, we've got the option of burying our heads in the sand, pretending that all the bad things we hear have nothing to do with us. It may be easy to think that because people are being persecuted/murdered/raped on the other side of the world that we can't make a difference, but the reality is that in today's world it's possible to educate yourself, take a stand and make a difference. Often it's the cultural difference that makes it difficult for us to empathise with the problems of others. Jersey's first Human Rights Film Festival aims to show that the variety of peoples having their human rights trampled upon is staggering - from Illinois to Israel violations are taking place each and every day.

Showing at the Jersey Arts Centre from Wednesday 20th to Saturday 23rd July it'll cover difficult and challenging issues such as Incarceration, Palestine, Israel, Lebanon, war, violence, child prisoners, child soldiers and corporal punishment. Each evening there will be one or two films followed by a panel discussion which will include speakers from both abroad and Jersey who have had experience of working with the issues addressed. One of the film director's may also be present to talk about their experiences while making their film. This is the first time Jersey has hosted a Human Rights Film Festival and represents a fantastic chance for people in Jersey to view independant

films tackling Human Rights issues from around the world. Carandiru for example sees a doctor treat prisoners for HIV inside Brazil's infamous Carandiru prison, following his discovery of the incredible hardships the inmates go through. Not one for the faint of heart, Carandiru shows a side of life that barely registers over here yet is brought to life with intense vibrancy.

As part of the festival there will also be an exhibition by local JEP photographer Richard Wainright in his first solo show in the Berni Gallery. The image above is one of many that will be exhibited and running alongside the festival the Arts Centre has invited Richard to show his shots from Monday 11th to Saturday 30th July. Although at times shocking, Richard's photographs remain strikingly beautiful and help bring to life the complex issues raised in many of the films showing at the festival. Richard has travelled extensively in his work as a photographer for a variety of aid agencies, visiting some of the poorest and most war-torn areas of the world. In travels to countries such as Indonesia, Israel, Malawi, Uganda, Ethiopia, Thailand, Afghanistan and Liberia his photographs report the abuses people suffer and help us understand that these terrible things are happening to people as human as you or I. Give your sofa a break and go see what's happening in the world around you. You never know - you might even decide to make a difference.

ARTS & CULTURE



HUMAN RIGHTS FILM FESTIVAL / WED 20 - SAT 23 JULY / ARTS CENTRE / £4 EACH NIGHT OR £12 FOR SERIES

There's a distinct lack of opportunities to see independent films here, but this month The Human Rights Film Festival offers the chance to see movies which tackle important and challenging issues from around the world. Featuring films such as *Carandiru*, *Deadline*, *Petit Soldats*, *Kids Behind Bars* and *Out Of The Shadows*, each evening there'll be one or two films followed by a panel discussion including speakers who have had experience of working with the issues addressed. Essential viewing.



YOUNG-CHOON PARK / FRIDAY 29TH JULY/ ARTS CENTRE / £15 (£8 STUDENTS) / 8pm

An amazing child prodigy, Young-Choon gave her first recital at age seven. An astounding piano player, over the past ten years she has averaged over 50 concerts per year in Europe, and the US. "...seductive clarity without falling into dryness... not only power, fire and passion but also proportions and form..." *Suddeutsche Sietung*.

TONY LAW AND CRAIG CAMPBELL / WED 27 JULY/ ARTS CENTRE / £14 / 8pm

Two Canadian comedians are going to be telling jokes about sex, drugs and circumcision on the 27th and we recommend you come see them (as long as you're over 18 - they're quite full on). Two thirds of the sell-out Edinburgh hit *Dinks II - Mouthbreathin'*, they're one of the hottest acts on the scene at the moment.



Books & Pieces



The Winner: We Need To Talk About Kevin Lionel Shriver £9.99

Forget Freddy Kruger, this nightmare is in a totally different league. Fortunately, the Mothers-of-Mass-Murderers club has a limited membership, but here is a stark insight into what it would be like to have spawned the devil that is Kevin Khachadourian. Ms Shriver is a true wordsmith, whose startlingly rich and complex language flows effortlessly. Her dark journey into Eva's mind; how she feels about being the mother of a teenager killer, and the nauseating possibility that this particular version of hell might be due to her own parental shortcomings, is disturbing, yet fascinating. Kevin tests the nature vs. nurture debate to the limit. For existing parents, it makes for white-knuckle reading. For those who haven't yet arrived at that milestone, it will leave you wondering whether or not to go there, ever.



The Orange Prize for Fiction is awarded to women writers of outstanding talent. We have a copy of the 2005 winner, each of the five runners up, and the three New Writers Award titles to give away, thanks to the lovely people at Ottakars. To win visit our competitions page at: www.gallerymagazine.co.uk/competitions



Liars and Saints Maile Meloy £7.99

Major themes of love, deceit, and family loyalty run through Meloy's multi-generational saga about the captivating Santerres. Weddings, funerals, scandals, and middle-class

Catholic values weave a rich chronicle of this conventionally dysfunctional family.



Short History of Tractors in Ukrainian, M. Lewycka £10.99

When octogenarian Nikolai marries the buxom Valentina, half his age but double his size, his two embittered daughters bury their differences to rescue him from her barefaced cruelty. It would be heartbreaking if it weren't so funny.



Old Filth Jane Gardam £10.99

Character is everything in this laughter'n'tears tale about a craggy old-school judge. Known as Filth, and myriad other names, his story is riddled with secrets and skeletons.

Mysteries are gradually unravelled as the plot skips cleverly between past and present.



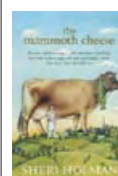
Billie Morgan Joolz Denby £8.99

Old biker chicks don't die, they turn into Billie Morgan. Attempts at respectability are doomed as the spectre of her past refuses to lie still. Decisions made by the former Hell's Angel lead to consequences too horrific to be silenced.



How I Live Now Meg Rosoff £6.99

A cracker, a corker, a 'future classic'...get the idea? Ignore the Children's Fiction handle; this masterpiece is for everyone. Take the journey with Daisy, Piper and the intense Edmond through their momentous rites of passage.



The Mammoth Cheese Sheri Holman £7.99

Variety, spice, rich and tapestry are the words begging to describe Holman's vivid tangle of life in Smalltown, USA. The eclectic mix of townfolk, including Manda, who gives birth to eleven babies, creates a colourful portrait of everyday abnormality.

Jersey Battle Of Flowers

*Miss Battle
Victoria Keen*



The annual competition to select Miss Battle 2005 took place on Saturday 11th June at The Royal Hotel. Representatives from each parish took part in the competition which this year included the traditional interview style format, but also a fashion show featuring the competitors with outfits

supplied by Ellis Clothing. The eventual winner was Victoria Keen from the very proud parish of St John. Although she was runner-up in the parish competition, the three judges reached a unanimous decision and duly crowned Victoria, Miss Battle 2005.

The Jersey Battle of Flowers Association present

The Moonlight Parade 12th August 2005

Tickets and information from Battle HQ on 01 534 639000/730178.

e-mail : battle@battleofflowers.com. www.battleofflowers.com



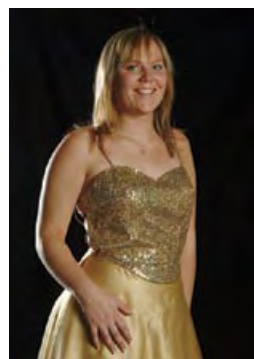
Miss Battle Runner Up
Zara Blake



Miss St Brelades
Helen Morris



Miss St Clement
Kamela Monks



Miss St Peter
Kayleigh Alexander



Miss St John
Katie Le Feuvre



Runner up Miss St Mary
Kimberley Kitchen



Miss Trinity
Hannah Faulkner



Miss St Owen
Emily Vibert



Miss St Helier
Charlotte Gillett



Runner up Miss St Helier
Joanne Gomes



Runner up Miss St Clement
Emma Dallimore



Runner up Miss St Owen
Sarah Le Quesne



Runner up Miss St Peter
Ciara Mooney



Miss Grouville
Carrie Walsh



Miss St Lawrence
Juliet Hamilton



Miss St Mary
Michelle Hollins

Music

Jersey Live

LOCAL BANDS

On Saturday 28th May the local line-up for the 2005 Jersey Live festival was finally decided by judges at the Havana Club. Battling for the chance to play alongside Kasabian, The Bravery, The Futureheads, The Ordinary Boys, and 2 Many DJ's were 12 local bands. Unfortunately for half of the bands that took part, some had to be cut - the crowd felt particularly sorry for Benny The Moth and The Merge - but only six could make it through to the main stage for the 3rd September. Commiserations to those that didn't get through - congratulations to those that did. Here's your opportunity to find out a little more about them. We look forward to seeing you there!



THE VALENTINES

WHO'S IN THE BAND?: Chris Jegard (22) Vocals, Gavin Gaagaa (21) Guitar, Jordan (21) Bass, and Johnny Hill (22) Drums.

INFLUENCES: They quite like old rock n' roll and doo wop stuff like Phil Spector, and The Ronnettes. Also they're into The Beach Boys and New York punk sounds like Blondie, The Ramones, and more recently the Strokes.

HOW LONG HAVE THEY BEEN TOGETHER?: Only for a few months - one of them has always been away before.

ARE YOU HAPPY TO BE PLAYING JERSEY LIVE?: "Excited (obviously), and a little bit nervous (obviously). Really just a little bit humbled. Nothing like this could happen in the UK where a band who have only been together a few months play alongside The Bravery".

PLANS FOR THE FUTURE: The band's all moving into a house in Brighton and are going to gig between there and London.

VELOFAX

WHO'S IN THE BAND?: Chris Wackrow (25) Vocals/Guitar/Synth, Jim Bell (30-something) Drums, Gary Law (28) Bass.

INFLUENCES: "Loads of weird ones: Talking Heads, Out-Hud, Prince and the, errrrr, the Bergerac theme tune. No seriously, it's been a big influence on us".

HOW LONG HAVE THEY BEEN TOGETHER?: Since early 2004.

ARE YOU HAPPY TO BE PLAYING JERSEY LIVE?: "Great to be playing again for a second year. We've got loads of new songs for Jersey Live and are looking forward to putting on a good show".

PLANS FOR THE FUTURE: At the moment two thirds of the band are living in London and gig whenever the other one manages to jet-set his arse over to the big smoke. On July 11th they're supporting the hotly tipped Clor at the Notting Hill Arts Club - want to come? Email velofaxmail@hotmail.co.uk for details.



Photograph: Xanthe Hamilton



Photograph: Danny Evans

KILLIAN

WHO'S IN THE BAND?: Cillian Vocals and Guitar, Paul on Bass, Ali on Electric & Lead Guitar, Rob on Keyboards, and James on Drums.

INFLUENCES: They can best describe their sound as 'somewhere between Damien Rice and Snow Patrol', so I guess you can count them as their influences.

HOW DID YOU ALL GET TOGETHER?: The band started off as just Cillian and Rob who had no plans for it to become a five piece. Drummer James joined after seeing them at the Blue Note, Paul introduced himself after a gig at The Bridge Bar and then told Ali about them. He became the fifth member and completed the line up.

ARE YOU HAPPY TO BE PLAYING JERSEY LIVE?: "We want all the material we've been producing to reach the widest audience possible - and Jersey Live is the biggest it gets over here. We're glad to have made it through and are looking forward to getting out there".

PLANS FOR THE FUTURE: They'll have a cd out for the festival and at the end of July are heading to Dublin and Cork to create a buzz in the Irish music scene.



JACKSON MOODY BAND

WHO'S IN THE BAND?: Gareth Moody (23) guitar / vocals, Phil Jackson (24) bass / vocals, Alex Moody (18) drums (just been offered a place at Drum Tech in London), & Jerome Le Noir (45) percussion. The band started out as a two piece with Gareth and Phil who met at school and started playing in a Nirvana cover band. At first they were playing open mics and the odd pub gig but soon realised that they were in desperate need of a drummer; a problem solved by Gareth's brother, Alex. They immediately gelled and took on the name The Jackson Moody Band, and with the addition of Jerome Le Noir on the djembe drum their sound developed the unique edge it needed. They've since played most of the island's venues and are starting to look off island for their next step.

HOW LONG HAVE THEY BEEN TOGETHER?: They were formed in September 2004, but myself and Gareth were playing as a two piece before hand.

INFLUENCES: The Jackson Moody band influences include Sublime, Ben Harper, Jack Johnson, Manu Chao and Tryo.

ARE YOU HAPPY TO BE PLAYING JERSEY LIVE?: "Everybody in the band was over the moon about being accepted. The opportunity to play on a large professional stage with some national and international bands, top A&R people and a crowd size of 7500 is just fantastic. We still can't believe it. Roll on September 3rd..."

PLANS FOR THE FUTURE: They're going to start recording at the end of summer and hope to have an album out by the end of October.

THE OK'S

WHO'S IN THE BAND?: Ali O'Keeffe (26) Guitar & Vocals, Paul O'Keeffe (24) Bass & Vocals, Jamie O'Keeffe (25) Drums & Vocals - three brothers! Also guesting will be Matt Holerost (25) Keyboard and Guitar, and Chris Mousedale (21) Electric Guitar.

INFLUENCES: Crowded House for harmonies, Muse for guitar riffs, Jeff Buckley, My Chemical Romance, and Bloc Party for their arrangements and drum beats.

HOW LONG HAVE THEY BEEN TOGETHER?: "We've been playing together for thirteen years - but we've obviously known each other since we were all born!"

ARE YOU HAPPY TO BE PLAYING JERSEY LIVE?: "The bands are only one part of the festival of course and the crowd is most important. I think it'll be even better than last year - we're encouraging people to turn up earlier and see the local bands perform. It's more important for local bands than national in some ways - we only get to play on a big stage a few times a year".

PLANS FOR THE FUTURE: Clouded at the minute but it doesn't look like we're going to be in Jersey for much longer. Soon after the festival we're going to be leaving the island - not that we really want to but we're heading back to Ireland for a few months then we think New Orleans where we've done some recording - we'll be popping back in though!



BULLETPROOF

WHO'S IN THE BAND?: Lee (29) bass, Eddie aka Darren (36) drums, and Steve (29) guitar/vox.

INFLUENCES: Influences are a mixture from ska/punk/dub/reggae/hardcore/grindcore/rockabilly... with bands like Choking Victim, Snuff, Conflict, Capdown, Terrorizer, Leftovercrack, Living End.

HOW LONG HAVE THEY BEEN TOGETHER?: They've been Bulletproof for six years, but have been in different bands for the past fifteen.

ARE YOU HAPPY TO BE PLAYING JERSEY LIVE?: "We're happy being part and playing at the jersey fest, but were a bit shocked to get picked at the so called battle of the jersey live bands (we only went to the Havana club for the shock factor and to get wrecked and enjoy ourselves) but the judges decided to pick us which made us laugh. But as the judges said when we spoke to them after was "we needed a band with a bit of umpfffff".

PLANS FOR THE FUTURE: "The future for us is difficult coz some of us are married with kids and good trades and we can't really leave Jersey. But we'll still gig in Guernsey also we've gigs lined up in the UK in the next few months. We've got two CDs out both done ourselves but the second is on Function Records which Shane from Lebatol is looking out for, giving promos to fanzines and people who like our music like independent radio stations. For more on our CD go to www.functionrecords.com".

MusicReview

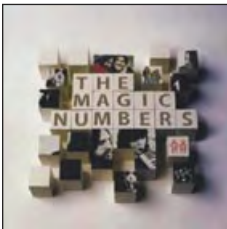
REVIEW BY AIMEE / STEVE-O / JULIA THEREZIN

Ratings ****Elvis ****Eminem ***Erasure **E.L.O. *Enya



Foo Fighters: In your honor

Two and a half years after the release of their last album, and ten years after their first the Foos are back with a double album that Dave Grohl claims to be "the definitive". But more importantly, with one disc of blistering rock and another of acoustic sensitivity, it's a work that lets Dave stretch out and fully explore both sides of his personality. Disc 1 is for the rockers. This 10-song disc includes some of the heaviest material the Foo Fighters have recorded. The guitars are more distorted, the grooves are faster and louder, and Grohl's bloodcurdling vocals could give his old frontman a run for the money. It's not that Grohl has abandoned all the qualities that made the Foos famous; it's just that on tracks like No Way Back, In Your Honor, DOA, Free Me he's cut away all the soft bits, cranked what's left to 10 and fed it all through a distortion pedal and a wall of Marshalls. Disc 2 is where all those soft bits landed. The yin to Disc 1's yang, the negative to its positive, these songs are some of the quietest, slightest and most intimate songs in Grohl's catalogue. Norah Jones croons a duet with Dave on the breezy samba Virginia Moon. QOTSA's Josh Homme repays his sideman debt with a brooding guitar line on the folksy Razor. Led Zep icon John Paul Jones drops by to tinkle some piano and pluck some mandolin. Indeed, either one of these discs would be a superior Foo Fighters disc on its own. Together, they're easily the most revealing and significant achievement of his post-Nirvana career. Not bad for a guy who's seen it all before. S



The Magic Numbers: by The Magic Numbers

Hearing the album for the first time is a bit like bumping into an old friend you haven't seen for ages, until you realise you've never actually met before. The MOJO award-winning band comprises two brother-and-sister pairs: the song writing Romeo and Michele Stodart, and their long-time friends Sean and Angela Gannon. The country and soul influences are heard clearly in their music, but throw them into the melting pot along with four highly individual characters, and plenty of sibling intuition, and the result is a unique sound; the whole is greater than the sum of the parts...or something. It's all maths anyway. The first half of the album is the kinda foot-tapping, head-nodding stuff that makes you want to jump into a camper van with some friends and go off for an idyllic summer holiday, without a razor in sight. The second half is where the real quality is. The gentler, almost melancholy sound of This Love, Try, and perhaps the strongest track on the album, Wheels on Fire, show Romeo's talent in its full glory. It's a remarkable debut album, perfect as a summer soundtrack, with its bittersweet theme of the roller-coaster that is luuurv. JT



Palomino: Emmanuelle

*

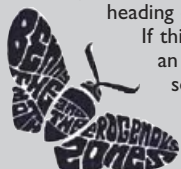
They are a 'song-driven' band apparently, this lot, as opposed to a 'sardine-driven' or 'sandstone-driven' band. The liner notes also point out that the band 'places all its faith in music for music's sake'. Good job that, because this certainly wasn't created for my sake. Though whether this is music remains questionable. Palomino sound like a bad pub band, and this is only made worse by the fact that they have written their own horrible songs. This album, mercifully their first, suffers from a terminal uninventiveness with lyrics as wooden and derivative as the tunes that carry them. Palomino want to recapture the more blithe and balmy euphony of the Byrds or the Beach Boys, or the buoyant, drum-tight pop of the Beatles, but they end up sounding like a 21st century Crowded House, only with less soul. Especially grating is the platitudinous drone of History or Doppelganger Life's attempt to zing things up a bit with some funky acid jazz keyboard fingering and vocals which aim at 'impassioned' but hit 'concussed Robbie Williams doing Dylan and Lennon for Matthew'. Highlights? Emmanuelle is only 30 minutes long. To sum up, if you had had a few ales, and it was a flawlessly sunny day, and you were in love, and you had enough money, then you might be able to listen to this album all the way through. But then I think you'd probably have better things to do. AG

Benny the Moth

If you have heard of Benny The Moth & The Erogenous Zones then you will surely be singing back at them and shakin your behind to their vibe this summer. During 2004 the band got themselves a name at parties and live venues such as the Blue Note and the Watersplash, but most notably as one of the openers of last years Jersey Live festival, where they took everyone by surprise by rollin on stage with a full brass section and female backing troupe, playing easy summertime reggae with splashes of funk, ska, rock and soul. They are most definately beyond pigeonholing and this EP reflects all their different moods from the boisterious and bouncy crowd favourite 'Think Ya Luvvly' to the slo burning jazz rap of 'Soul Jazz', this is the sound of band making waves and totally doing their own thing.

The band are back together this month to begin work on the follow up EP and to play gigs in Jersey throughout the summer before heading over to the UK for a two week September tour.

If this EP is anything to go by this is a band that has an easy going and good natured feel, with inventive songwriting and a great attitude, no doubt they will capture the sounds of the summer and have you dancin all the way to the stars...be sure to keep an eye out for forthcoming dates.



****NEWS*****

The Darkness' new album will not feature the recently departed and fabulously moustached Frankie Poullain, who claims to have been sacked from the band in March. Paul Buckmaster, famous for his work with Miles Davis, Elton and the Stones, will contribute string arrangements. *****NEWS*****

The two bands with the most frequently abbreviated names ever will be joining forces for a mammoth US tour starting in September. Queens of the Stone Age and Nine Inch Nails kick begin in San Diego and wind their way to New York's Madison Square Garden two months later.

NEWS***

Interpol have recorded a new song entitled 'Direction' written for the Six Feet Under soundtrack. The band describe it as 'atmospheric' and 'good'. *****NEWS*****

If you find yourself in London head west to the Redferns Music Picture Gallery which is exhibiting rare and unseen photographs of Prince Bowie in his heyday. 'David Bowie: Pin Up' features work by Terry O'Neill, Mick Rock and Davis Bebbington and runs until August 13th.



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Restaurant Review

By Will Austin-Vautier

The Harbour View

I must confess, I find formal restaurants a little hard to bear. Preoccupied by the temptation to sit back and get comfortable, the occasion tends to pass me by as I look

to pop a top button and loosen my tie. You'll never find my elbows on the table or me slurping my wine, in fact I'm well aware that one should place the bread on the plate between bites; I enjoy the act of dining out without feeling bad for staining the tablecloth. On a balmy summer evening in June, I escorted my better half to Harbour View in St Aubin and felt I that had found the culinary medium I had inadvertently been looking for.

To start, we ordered a mini platter of serrano meats and a charcuterie selection. I was delighted when the food arrived, as it was dressed on quirky crockery, which appeared to be made from coiled bamboo cane. I was further impressed to find that the cutlery for our starters were mere cocktail sticks – though knives and forks were on hand if preferred. I relish the opportunity to eat in such a tapas style and found the simplicity of the starter very attractive, allowing the flavour of the meats to capture my attention. The serrano in particular was tasty, dressed with fresh flakes of parmesan and sweet peppers.

Admittedly, we were sharing the best evening sun the Island had experienced this summer to date, but I couldn't help feeling that, had the weather been more muted, the backdrop would not have looked any less striking. Framed by the shingle driveway and edifices on either side, the restaurant overlooked a harbour that seemed to exhale a deep sense of unblemished heritage, radiating the kind of atmosphere that must have adorned St Helier's old port long ago, before the Island invested in concrete and went 'landfill happy'. Quaint would be an appropriate word, without placing to great a stress on the sleepy undertones of the term.

Speaking generally about the pretty little harbour, St Aubin's port is one of our isle's best-preserved honey pots of time-old, traditional joie de vivre and authenticity. What has enhanced its appeal is the way in which restaurants like the Harbour View understand this, and have dressed their verandas and styled their interiors to act in manner of symbiotic benevolence towards that environment. Subtle touches in using rustic textures like rope and

wicker are suggestive of the harmonic relationship the Harbour View enjoys with the marina beyond.

For mains I selected the half lobster and my partner chose the gamba prawns - which were huge - with a sweet chilli dip. Both were served on a bed of mixed salad with a garlic mayonnaise dip, and accompanied by fresh bread. It was cooked to perfection; both meats succulent and complemented by the rich flavours of the Mediterranean style salad dressing.

The music accompanying our meal was a buoyant impersonal downtempo, without intruding on the serenity of the alfresco setting. Downtempo music that you can identify with another place or setting detracts from the occasion. Much like our favourite operas, musicals and movies, any good restaurant indirectly draws your senses in to a particular theme or mood through its musical score; the Harbour View undoubtedly achieved this.

Though the soundtrack to the evening may have been impersonal, the waiter service and customer care was of a high standard. All members of staff were welcoming and diligent in and around the service area. What one also notices about the Harbour View is its child friendly nature. With the service being swifter than the most formal of eating establishments, coupled with the simplistic approach to certain dishes and menu layout, families and groups with young children may find the Harbour View experience manageable for potentially restless little souls.



Though I may be in my twenties I did consider the effect that the lack of menus may have on the less mobile. Diners are required to saunter up to the main board, which although may be well presented, could prove problematic - both for the less agile and for the dining experience of those seated closest to the menu board area. This feature definitely adds to the informal feel of the restaurant - and I personally quite liked the concept - but then again, we were seated away from the thoroughfare, gazing out on a beautiful evening and eating our lovely food uninterrupted.

If you don't often get down to St Aubin's Harbour you should. And if the Harbour View is a place that you have not yet frequented but sounds appealing, there are few better places you may receive a dining experience of this kind.

Harbour View ★ ★ ★ 1/2

This months star guide

Oyster: ★ ★ ★ ★ ★
Lobster: ★ ★ ★ ★ ★
Gamba: ★ ★ ★
Prawn: ★ ★
Limpet: ★

Harbour View Guest House, Bar and Eatery

Le Boulevard,
St Aubins Harbour,
St Brelade,
JE3 8AB

Table Reservations: 747306
www.harbourview.je



Breakfast Club: The Hungry Man



The Hungry Man at Rozel harbour serves up the largest most man satisfying sized burgers you'll ever see. They're so big and filled with goodness, that if you try and imagine the greediest person you know being starved for a week before being unleashed in a burger joint, they'd probably struggle to finish one. Breakfast rolls are excellent and there is a never ending set of permutations for combining your egg/bacon/mushroom/sausage etc. We fully recommend a nice big mug of tea as well. What the Hungry Man really has going for it of course is the views and natural beauty of the area. If you're driving in from town you'll really feel that you've gotten away from it all once you start descending the hill into the bay and find a parking space along the harbour wall. This Sunday if you haven't got much on, we recommend you go visit...

This feature highlights where you can go and get something tasty of a Sunday (or Saturday) Morning. If know anywhere we should tell people about? email breakfast@gallerymagazine.co.uk.



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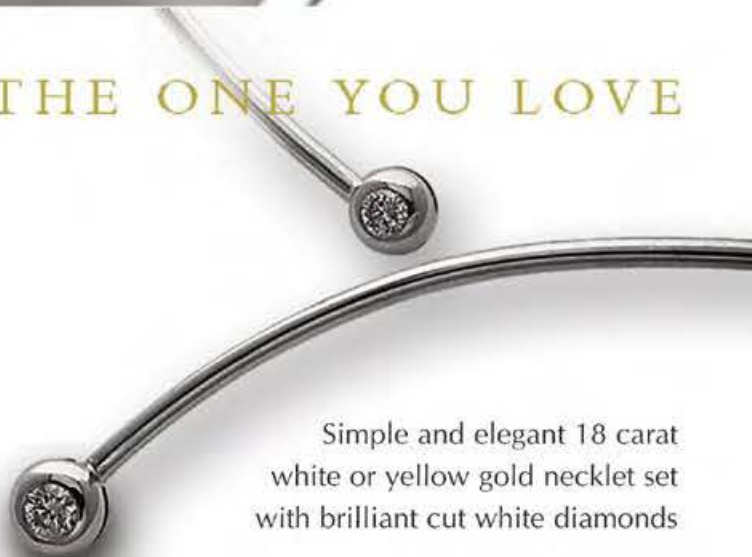


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Charlotte: FC Shorts £40, FC Shirt £50, MARC Pied A Terre £99, AURUM Pearl and diamond drop pendant £1712, AURUM Chanel Chocolate Steel and Diamond Watch £2045, AURUM White gold diamond pave set bangle 5.2 carat £4300. VISION EXPRESS Glasses Chanel £149. DOMINIC: MASSIMO Maharishi Trousers £175.





DOMINIC: DE GRUCHY Pink Faconnable Polo £57, DE GRUCHY White Paul & Shark Trousers £98, MARC SHOES Arcus Brown Shoes £89.99, AURUM Eterna 18 carat rose gold '1948' watch £3555, VISION EXPRESS Prada Glasses £138, MASSIMO Paul Smith belt £55. CHARLOTTE: AXLE WOMAN Cream Ralph Lauren £312.50, AXLE WOMAN Lime Green Polo Shirt £52.50, AXLE WOMAN Seven Cropped Jeans £185, DE GRUCHY Shoes Silver Roland Cartier £70, AURUM Pearl and Diamond Earrings £2500, AURUM Chanel White J12 Diamond set watch £4085, AURUM Princess cut white gold ring with diamond trilliant shoulders £12900. LUGGAGE: BON CHOIX Alison Van Der Lande £475 Weekender Bags, DE GRUCHY Antler Bag £70, DE GRUCHY Brown Hidesign Bag £136. CAR: Range Rover Sport 4.2V8 Supercharged First Edition in Vesuvius Orange, £54,060 on the road.



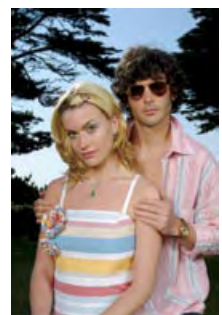


DOMINIC: MASSIMO Paul Smith Jeans £109. MASSIMO Yen White T-Shirt £69. MASSIMO Holland Esquire Jacket £269. AURUM Claw set brilliant diamond stud earrings £5600. CHARLOTTE: NAUTILUS Laundry Orange Dress £255. AURUM Yellow and white diamond princess cut earrings £7200. AURUM Diamond set crossover ring £688. AURUM Yellow and white radiant cut diamond pendant necklace. AURUM Brilliant cut three row line bracelet £9000





DOMINIC: DE GRUCHY Gant Linen Shirt £85. DE GRUCHY Calvin Klein Brown Belt £31.50. DE GRUCHY Gant Navy Chinos £68.95. AURUM Eterna 18 carat rose gold '1948' watch £3555. AURUM Claw set brilliant diamond stud earrings £5600. VISION EXPRESS Rayban Sunglasses £69. CHARLOTTE: DE GRUCHY Fenn Wright & Manson Dress £115. DE GRUCHY Pied A Terre shoes £99. AURUM Emerald and diamond Cluster Earrings £4445. AURUM Pear shaped emerald diamond cluster pendant £6000. AURUM Princess cut white gold ring with diamond trilliant shoulders £12900. STYLISTS Hairclip



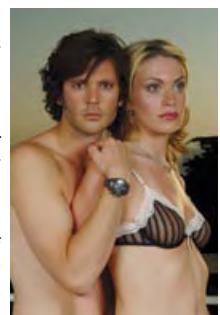
DOMINIC: BEAU MONDE Zegna suit £550. BEAU MONDE Canali Shirt £95. BEAU MONDE Brioni Tie £95. BEAU MONDE Brown shoes Paul Smith £155. MASSIMO Paul Smith belt £55. VISION EXPRESS Alain Mikli £400. AURUM Eterna 18 carat White Gold Gents Dress Watch £3598. AURUM Murano Glass and Silver Green Cufflinks £78. AURUM Claw set brilliant diamond stud earrings £5600. CHARLOTTE: ELLIS Bernshaw dress with shawl £299. DE GRUCHY Silver Roland Cartier shoes £70. AURUM Princess cut white gold ring with Diamond Trilliant shoulders £12900. AURUM Diamond 18 carat white gold scalloped line necklace £12950. AURUM White gold Diamond drop chandelier earrings £840.





Make-up: Suzi Robinson at Experience 2
 Hair: Vicky at Toni & Guy
 Models: Dom and Charlotte at Gallery
 Fashion Assistant: Bear
 Thanks to: Atlantic Hotel and its lovely staff,
 David Hick Interiors, Jacksons,

DOMINIC: FC Trousers £65. DE GRUCHY Calvin Klein Brown Belt £31.50. AURUM Claw set brilliant diamond stud earrings £5600. AURUM Chanel Black J12 Chronograph watch £2640. CHARLOTTE: DE GRUCHY Elle Macpherson Bra £26. DE GRUCHY Elle Macpherson Briefs £18. MARC Magrit Gold Sparkle shoes £99.99. AURUM Yellow and white radiant cut diamond pendant necklace. AURUM White gold diamond pave set bangle 5.2 carat £4300. AURUM 'Camelia' Blue Sapphire & Diamond watch £7595. BINOCULARS: DAVID HICK INTERIORS Fuji Second World War ship mounted binoculars of significant magnification, polished in nickel, with later adapted photographic tripod stand. WRAP: BON CHOIX Duck-egg Blue £45. Pale Blue £38. Pink £38.



Smelling good

Beauty Monthly
By Alana Mann

You can never underestimate the importance of smelling wonderful - Gallery have been busy trying, testing and enjoying the best new products on the market.



BATH

Burt's Bees - Do the most amazing **Therapeutic Bath Crystals**: which are very good value, £9.50 for a big tub Emerge revived and relieved aches and pains. **Organic Blue** - **Bath & Massage oil**: Smell great and relax the body, all products use organic ingredients and are approved by the vegetarian and vegan societies. **Dermalogica** - **Stress Relief Treatment Oil**: One of my favourite aromatic body oils which is water-soluble so can even be used in the bath, it also can be applied to the pressure points on the forehead to help headaches, £12.80. **Me Mine** - **Bath & Shower gel**: Smells of lavender and orange blossom, its great for a moisturising foam bath, £14. **Aromatherapy Associates** - **Miniature Bath & Shower Oil Collection**: Each time you have a shower or bath you can select one of the 9 oils which are 30% concentrate, small and compact perfect for travelling, £22



FLESH POTS

Shiseido - **Sheer Gloss Lipstick**: In Nude Bronze, a soft peachy colour which is so easy to wear, £14.50. **Guerlain** - **Kiss Kiss**: In Envie De Beige is a warm nude tone, a lasting lipstick in cubes of gold. **Mac** - **Satin Lipstick**: Fleshpot gives you a pale nude pout, which works perfectly with gloss on top. **Estee Lauder** - **Lip Tint Balm**: Contains SPF15, Rose Nectar is a pale pinky tone. **Estee Lauder** - **Artist's Lip Pencil**: comes in a super pale colour and is the most moisturising pencil available which means its very versatile. Team with gloss, us as liner or lipstick or just highlight, £11.92.

Pout - **Lip Gloss**: Fluff My Feathers provides wet lips with a hint of pink sparkle dust, £10. **Nars** - **Lip Gloss**: Giza is gorgeous creamy apricot, perfect for this time of year, £16. **Dior Addict** - **Ultra-Gloss**: Is an interesting balance between creamy colour and a see-through gloss, £11.92. **Rimmel** - **Vinyl Lip**: Less tacky but still high shine, Essential is natural, £3.99. **Bobbi Brown** - **Lip Gloss**: Pink Beige describes itself, a gloss that creates a more solid yet soft colour.



APRES BATH

Clarins - **Relaxing Body Balm**: A softening complex with marshmallow, sweet almond and linseed, this unlike most other body moisturisers is not at all oily, £18.50. Get fresh - **Soy & Algae Body Oil**: In Blackberry acts as a protective barrier, which will keep skin supple, £22. **Pevonia** - **Phyto-aromatic mist**: This will cool, refresh and restore the skin's balance after exposure to the sun, it also is a brilliant product to seal make-up. **Segreti Mediterranei** - **Deodorante Rinfrescante**: Eucalyptus and grapefruit ensure this is one of the freshest deodorants on the market. **Estee Lauder** - **After Sun**: Presented in a beachified pot, smelling of summer this after sun will help calm the skin and maintain a longer lasting tan, £14.47. **Decleor** - **Repairing After-Sun Balm**: Is an 100% Natural product perfect for restoring your body at night after those sunny days, £34.



MASCARA



Pixi - **Duo Lash Tint**: Is perfect for anyone with sensitive eyes, each end works as an eye enhancing shade, £18. **Clinique** - **High Impact Mascara**: The wetting agents in this mascara really do ensure rich coloured mascara which is not chalky, £10.50. **Elizabeth Arden** - **Double Density**: Thickens rather than separates for big lashes, £11.49. **Dior** - **DiorShow Mascara**: Is great for huge lashes, however you need to get to grips with the larger than life brush, £14.90. **Clarins** - **Mascara Wonder Volume**: This mascara gets colour from the base of lashes to tip, and also sets eyelashes with a lovely curve, £12.70. **Guerlain** - **Divinora Waterproof Curving Mascara**: I love Bleu Splash which is a blue-green colour, with one coat you have naturally pretty lashes, building up colour however seems to be a bit of an art. **Rimmel** - **Extra Super Lash Curved Brush Mascara**: Holds onto lashes, great for a one coat bit more than natural look, don't rely on building up though, £3.99



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WOMENS SCENTS

Elizabeth Arden - **Green Tea Summer**: Is a refreshing and easy scent to wear, £16.80. Echt Kolnisch Wasser - **Cool Stick**: Has a cooling effect when first applied to the skin. Guerlain - **Orange Magnifica**: This is a great quality scent with lasting power. La Prairie - **Silver Rain Fragrance**: Standing at 30cm tall this limited edition fragrance is housed in a Christofle sterling silver work of art. Containing three perfumes, two of which are exclusive to each piece, there are only 1,000 worldwide, six have been distributed in Europe, one of which has landed at de Gruchy, £1155.



MENS SCENTS

Lancome - **Miracle Homme L'Aquatonic**: Great for summer, £33.62. Guerlain - **L'Instant De Guerlain Pour Homme**: Has a strong woody fragrance, 200ml, £55. Dunhill - **Fresh**: Manly fragrance ideal for any time of year (but particularly good for now!)



MENS

Clinique - **Liquid Face Wash**: A non-drying cleanser, which will remove any pore-clogging dirt, £10.64. Decleor - **Shaving Foam Gel**: When my boyfriend tried this he truly was amazed, with essential oils it wakes up tired skin for a very precise shave, £10.75. Lancome Homme - **Ultra-Soothing After-Shave Balm**: This alcohol free balm leaves skin feeling comfortable with long lasting hydration. Neal's Yard - **After Shave Balm**: Comes in the stunning blue bottle and really does have a cooling effect. Adidas - **After Shave Soothing Cream**: Will calm razor burns and moisturise, £4.46. Men-U - **Premier Shave & Facial Pack**: Contains a three step routine to a perfect shave, it also includes a Shaving brush which is essential for raising those bristles and stimulating facial circulation, £46.95. Clarins - **Anti-Brilliance Shine-Free Gel**: Great for keeping the shine under control throughout the day, £18. Mac - **Scrub Mask**: Is a gentle exfoliation treatment to remove those dead skin cells. Skin Ceuticals - **Serum 15**: Will protect against premature signs of aging and stimulate collagen production. It is ideal for all skin types, perfect to share with your partner, £34.04. VO5 - **Fibre Putty**: Perfect for unkempt 'just out of bed look', it can also be reworked throughout the day, £2.68. Avon - **Ab Define**: That's right, this product hopefully will improve the skin tone of the abdominal area, £12. Skin Ceuticals - **Foaming Cleanser**: Is perfect for the uni-sex approach, it will remove excess oil and make-up leaving you feel completely refreshed, £22.50. Comfort Zone - **Action Sublime**: Is a fantastic daily moisturiser which contains an SPF12 to protect against photo-aging. With a fresh subtle aroma it is suitable for men and women alike, £64.50. Pur Monoi - **Hei Poa**: A Tahitian remedy that works wonders on dry skin and hair with a tasty scent.

FEET

Burt's Bees - **Foot Care Kit**: Comes with Pumice stone, Coconut Foot Cream and a cute pair of yellow socks with an embroidered bee, £13. Ms Pedicure - **Diamond Dust Pedicure Wand**: Is great for exfoliating the feet and unlike a pumice stone you have a good grip handle. Kiss - **Fashion Toe Nails**: These look fab, they really transform your feet. They are also easy to put on, £8.04.



(MENS!) PEDICURE

Not one guy that I know has ever been for a pedicure. As men it's not the sort of thing we would traditionally feel comfortable admitting. After having my feet massaged, scrubbed and soaked by Kelly at Bedroom though I've got no qualms with telling my mates. Although the foot-scrubber looked a little dangerous none of the process hurt at all - in fact it was all very relaxing. After a short chat with Kelly where she explained what she was going to do, I had my nails efficiently chopped and filed and the dead skin removed from the soles of my feet (there was quite a lot...) To get rid of all the remaining dead skin Kelly scrubbed them with a potion containing natural sugar crystals, and after a foot soak sorted out my cuticles. The best part was the massage though - after a tough game of football this is just what I'll be doing from now on. The pedicure costs £20 from The Bedroom (don't be shy guys, try it and you'll like it!)

GROOMING

Male grooming once ended with deodorant and brushing teeth, but in these enlightened days of metrosexuality, men are enjoying being pampered as much as women. Jason Shankey in London's Fulham is exclusively for men and is more



gentlemen's club then grooming parlour. Gone are the copies of Heat magazine and cups of tea and in comes a waiting room with a big screen TV, beers and cigars. The walls are covered in classic film posters and the old school barber's chairs clearly make it as a male domain. It's a stones throw from Stamford Bridge and Chelsea players have been known to drop in. In fact, some of the team at Jason Shankey are soon off to look after Jensen Button's face to ensure it's in top shape after being stuck in a hot racing helmet for hours on end. Gallery sent London correspondent Matt Pomroy to check it out and with newly cleansed pores from an Express Facial he called us and said: "A free bar, cigars, bit of Sky Sports and then a pretty woman working her magic on your face...it gets my vote." If you're in London then this is a great place to start the weekend before hitting the bars on the pull. For more information go to www.jasonshankey.com

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**FACES
& PLACES**



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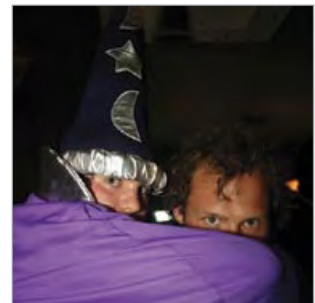
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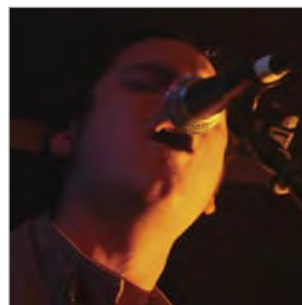
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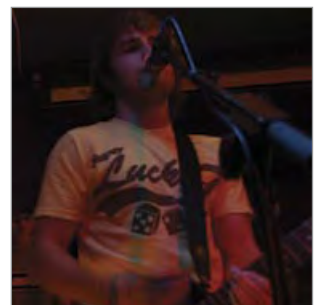
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Zara PalmerWatkinson's

High Maintenance Woman

Great Lengths



Looking groomed is something I pride myself on, but recently however many LK Bennett bags I buy, things just haven't been looking right. It suddenly hit me as I was trying on the new diamond rings in Aurum the other day. They were all wrong. No not the diamonds, my nails. Short and sweet (ok, slightly bitten) with snagged cuticles, they'd fitted in with last year's surfer look, but just didn't work with this season's St Tropez sundresses. They needed to be longer – not square-tipped, fake-French manicured Footballers' Wives talons, but long, oval nails, coral-painted and glistening against slim tanned fingers. Unlike the two and a half carat sparkler on my finger, this particular fantasy was very easy to achieve – and an hour and a half later, I strolled out of Salon Seven's nail bar the proud owner of a full set of nail extensions.

The transformation was immediate – my posture improved, I felt instantly glamorous and developed a rather fetching way of sweeping my hair off my face so that everyone would see my fabulous nails. I even found myself waving to people I would normally ignore in King Street – just to show them off. I ended up ordering far too much in Dix-Neuf because I was so enjoying pointing to everything on the menu. I became finger-fixated, drumming my fingers on as many surfaces as I could find, for the wonderfully satisfying tapping sound they made. I even made five trips up and down in the lift at Voisins just to keep pushing the buttons with my new nails.

But life is cruel and like the devastatingly handsome man who turns out to have an IQ of 43, long elegant nails have their drawbacks. My hands were handicapped – I first realised when I tried to collect my change at Dix-Neuf. I ended up leaving a huge tip because I just couldn't pick up the coins. I couldn't even unzip my Prada wallet – let alone extract my AmEx card from the side pocket.

Ordinary tasks have become minefields. The parking control man up at the airport wasn't amused when I pressed the emergency call button because I couldn't collect my change from the parking machine. I almost took my eye out when I tried to apply my Crème de Mer eye cream. And don't even get me started on clasps, buttons, zips and hooks. One poor chap who took me out for dinner thought he was in luck when I asked him inside after he'd dropped me home – but not for coffee, just to help me take off my necklace. Punching the buttons on my mobile has been very tricky, and I haven't dared speak to Aunt Eva since a saucy text intended for a male friend got sent to her by mistake when my nails slipped.

So I might be in family disgrace, dishevelled and completely helpless, but at least my nails look fabulous. And like a rather dangerous but terribly exciting infatuation, I just can't give them up. I've realised the secret – people who have long elegant nails actually have someone there to do all the mundane stuff for them. I think I might have to advertise for part-time help for a helpless female, to do all the things I can't. Nails are certainly an expensive habit – and that's just all the money I have to leave on the pavement because I can't pick it up. No wonder the nail technician said they'd be expensive to maintain.



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Uncle Travelling Matt

Whether you're the right age to appreciate the obscure fraggle reference or not, Uncle Travelling Matt will appeal to anyone with a taste for travel. Ex 24se7en'er Matt Pomroy gives Gallery his reflections as he travels to the destinations around the globe that we all dream about.



The captain explains that we are entering United States airspace so passengers are not permitted to stand outside the toilet or gather in groups of three or more. It's hard not to gather in groups, given that there are hundreds of us crammed in the plane together and we'd earlier been told to take walks up the aisle to avoid deep vein thrombosis. Now that queuing for the toilet is a criminal offence I began to wonder what awaits us upon landing.

It turns out that what awaits us is a lot of queuing with the other huddled masses. Our fingerprints and mugshots are taken and there's a barrage of questions and forms to fill out. One of the sections on the form asks if I am a spy. I wondered, how bad a spy do you have to be to blow your cover by ticking the yes box? Eventually, convinced that I was no danger, they let me out into Los Angeles where I was free to buy a cheap assault rifle and enough ammunition to wipe out a school. God bless the Republicans. God help the rest of us.

I'm pleased to report that LA looks just like it does in the movies. The sun is beating down as we cruise into the city with the Hollywood sign up on the hill. Some classic 1980s LA rock on the radio, gangbangers in bouncing convertibles cruising alongside us and the tanned and moneyed flying past in sports cars, living the American dream. It's like being in a game of Grand Theft Auto.

Later that night, an actor (currently working as a barman) tells me that LA really is like a game of Grand Theft Auto and there are places that are off limits to bumbling white tourists. Another couple of actors (who've just finished their shift as waiters) fill me in on where to go. It seems that if you threw a rock into any bar in LA it would bounce off at least three actors before hitting the ground. Having had enough of meeting actors who are perpetually waiting for their break, with nothing but six years Mcjob experience and a bit-part in LA Law behind them, I head off to find some real stars, vowing not to leave the city until I do.

If there's one thing rich film stars like to do, it's spend money so I walk to Rodeo Drive in Beverly Hills and meet up with a Scottish paparazzi called Paul. He agreed to let me tag along following a tip off he's just received and we head off to stalk Jim Carey.

Sure enough, after 15 minutes of waiting outside a restaurant, Jim saunters out with Sixth Sense director M. Night Shyamalan. Might there be collaboration in the pipeline? You head it here first. Jim poses for pictures, pulls a few faces and then jumps into a waiting car. Photographer Paul tells me that his pictures of Jim won't make him much, but the ones of Angelina Jolie and 'friend' he got last week made him more than he earned in an entire year in his previous job at a local paper in Scotland "The world is celebrity obsessed and this place is their playground, the money is here, you should see where they live," he laughed. It seemed like a plan, so I headed up to Mulholland Drive with a map of the star's homes to see what I could find on behalf of Gallery Magazine.

My top seven findings are: 1) Julia Robert's gardener can't be bribed to dish the dirt – at least not with small bills. 2) Leonardo Di Caprio's house is the coolest place on earth. 3) Mike Tyson's house is huge, but has remained half built for over two years following his financial strife. 4) Matt LeBlanc's house is proof that money can't buy you taste. 5) There was a puddle of vomit outside Carrie Fisher's house. Let's hope she's not back on the sauce. 6) John Travolta's house is proof that lots of money still can't buy you taste. 7) If Cuba Gooding Jnr ever recommends his builders to you, don't call them. They're the slackest manual workers I've ever seen (and I've been to France) but the fact that he lives opposite Britney Spears may have something to do with them seeming very distracted.

Somehow you can forgive the builders for spending more time gawping than digging. Los Angeles and the whole of California seems to revolve around stars and fame, to the extent that hard-mad wooden actor Arnold Schwarzenegger is their Governor. This is like us making Vinny Jones the Mayor of London and all the more worrying when you consider that California has an economy bigger than most countries.

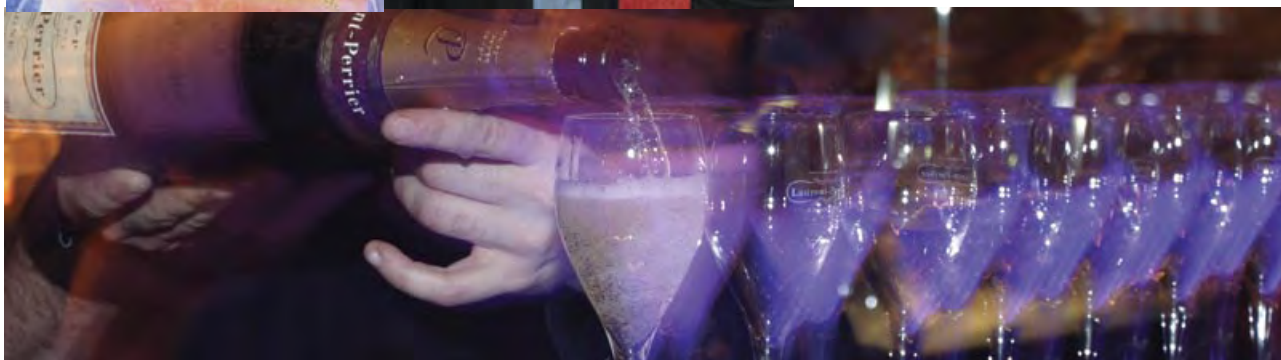
I head to Venice Beach to see where Arnold started out. It's only 11 in the morning but there are fat-necked future Arnolds pumping weights. Maybe one day, one of them will also govern 40 million people. Maybe he's just acting? After all, being in LA feels like being in a film. I play some basketball on the court where they filmed White Men Can't Jump – although I fear any 'your mamma' jokes would get me stabbed - and then go onto the Baywatch beach and run in slow motion until bump into a girl from the hostel.

She invites me to a party that night so I can meet some real people from LA. At this party I meet a wannabe rapper called Kerb Dog, some lawyers who are in Hollywood to get showbiz clients and a fashion designer from the Valley who thinks my accent is, "like, just, so rilly rilly cool" along with other assorted people, all drinking heavily. They all had one thing in common - they were trying to make it in LA and even though they had come from all over America, Los Angeles had absorbed them and was dangling the carrot of success just near enough to keep them here. Then, this rock chick introduces herself and whispers something in my ear. But I'll save that story for when I make it onto Letterman.

Party on,

Your Uncle Travelling Matt

SOCIETY



Let's face it. Jersey's not that big a place and sometimes you'll probably feel the need to escape to the big city. The problem is, when you're visiting a place as large, hectic and complex as London and 'Time Out' hasn't been able to help, you can find yourself in need of a little guidance when trying to find the best that London can offer. The Renaissance Club might just be the solution to that little problem.

The Renaissance Club is an online members club that offers those that join the opportunity to explore the bright and glittering side of London in confidence. If you pop over for a weekend break or on business, you can use your membership to search out the kind of bars, clubs, restaurants and shops that will make your visit perfect. The Club has links with many of London's most stylish dining establishments and drinking holes and a membership will ensure that you're able to enjoy guest list and complimentary entrance at the clubs, free bottles of champagne in restaurants or a discounted price on many luxury products and services. Also, if you do decide to become a member, RClub will tease you each week with invitations to exclusive parties, some simple and elegant, others wild & extreme. All parties are hosted by the Club, mostly in London but sometimes as far a-field as Cuba, Turkey, Switzerland and France.

Members of the Club are mostly professionals, 80 % of which are aged between 25 and 45 yrs old, with the majority working in the fields of finance, banking, law, property, media, journalism,

marketing, PR, fashion and retail. But whether they're on a salary of £20,000 or £2 million, members are mentally wealthy. If you think big, work hard and want to shop, dine, go out, work out and party with the absolute minimum of hassle, Renaissance Club could be your keys to the city. The Club has 60:40 female to male split with research showing that women are often the driving force in spending and forming trends within the marketplace. As such, female members particularly appreciate the extra value that the membership card provides and also enjoy having access to up-to-date information on places to socialise and shop.

As a club, they retain the right to be exclusive and make no apologies for that. The concept is that members want to relax and spend time with other like-minded professionals at exclusive parties organised by the Rclub team – this might be a lingerie fashion show on the King's Road one week or a Venetian Masked Ball the next. The club is aimed towards those who are either successful London based professionals or business people frequenting London looking for instant access to a top end social set up. Could this be the end to sitting around in Hotel bars wondering where to go?

For more details on The Renaissance Club go to their website: www.rclub.com or email Christian Gilbert at the club: Christian@rclub.com

All telephone enquiries can be directed to 0870 737 2582.



WAKESURFING

WORDS: WILL AUSTIN VAUTIER

There's something about dawns. No matter how great the occasion you wake for may be, there is a moment in your drowsy subconscious when you hate yourself for making that commitment. With no time for the morning oats my stomach bubbled as I leant over the rail and tracked the path of the morning sun across the Elizabeth Marina.

Jacky and Gary are as keen as any who have a passion for condition-dependent sports. It's not like you can book a court, pick a team and play; in many spheres, nature deals the cards as you wait patiently for the chance to recreate her many playgrounds. With a high pressure slipping over the channel from Biscay and the promise of lighter winds, I received a phone call at work giving the all clear for a session on Saturday morning. For many of us, the thought of ditching the lie-in and heading out earlier than we would for a working day is an option never considered. But if you were the proud owner of a wakeboard boat and Neptune promised to calm his waters on a weekend morning, to stay in bed would be a great opportunity squandered.

I met my hosts on the jetty, and after rinsing a vital sausage sarnie we packed the boat. This morning the opportunity was to wakesurf and I was to receive an education into this reemerging discipline from a collection of people who know how. Believe it or not, wakesurfing is the oldest "behind the boat" water sport, predating wakeboarding and even waterskiing. The craze began back in the 1970s where a long board was ridden in the classic Longboard style. It involves riding the wake (wave) generated by the boat on, what is has now become, a specialized surfboard. Wakesurfing has recently experienced an amazing revival and rapid growth in popularity with a magazine dedicated to the sport, US regional competitions and a world championship.

Watching Jacky on the wake, one can see the attraction. The advent of wakeboarding made waterskiing and kneeboarding appear incredibly dull and dated. With wakesurfing, the thrill of board riding is matched, but for very different reasons. Unlike Wakeboarding, it is not about huge-air, high speed tricks and disk-slipping wipe-outs, instead its' thrill is manifested in the elegance and deftness with which the rider carves his or her path on, what is potentially, a never-ending wave. To be towed without foot bindings is a strange yet addictive sensation. The wave feels more alive under your feet, the board more skittish, giving the ride the degree of purity and connection with the wave that bindings can't quite achieve.

Through the sponsorship given by Abbey International, Lanez Surf shop and Jersey Post, Jacky Hall was able to attend last year's Wakesurfing World Championships held in Stockton, California. Having only had four months experience in the Sport, Jacky went with little expectation of a result in the contest. Staggeringly however, she returned to Jersey with an impressive 5th place, a host of new tricks to learn and a true insight into the direction that this reemerging sport may be heading. When talking with Jacky on the boat she added,

"Previously, entrants would get points for just being able to stand on the board and settle on the wake, now there is a whole list of tricks and manoeuvres that the competitors will now be expected to complete."

Wakesurfing's new found subscription has produced a steep upward curve in the abilities of those that compete, which is responsible for the contests year on year progressive standard.

Those adrenaline junkies in our readership who would question the degree of fun there is to be had at nine nautical miles an hour should come down from their 30-knot pedestal and try it. Wakesurfing is far from the restrictive parameters that one may associate with a short wave and no towrope. It was during the sessions of Clayton, Christian and Gary that the potential of the discipline was further demonstrated. Drawing the short straw to get wet first, Christian immediately started to pull 360 spins and assault the wake, getting the most from all sections of the wave. Likewise, Gary and Clayton's surfing abilities enabled every inch of the wake to be explored. Working through snap turns and challenging themselves from the back of the wake forward, it is easy to see why professional surfers, looking to develop their technique, treat the sport with such eagerness and enthusiasm.

As the party watched J.C take to the water, we mused as to where the sport could go. At one time the only groups in serious pursuit of mastering the wakeboard were towing aerial specialists like John Bouchet across the bay. Nowadays, more people have invested in the proper gear, in realisation that the Island has the conditions and pedigree of riders tempted to try it;

wakesurfing could take off in the same way. To wakesurf you need the right gear too. It's not advised that you attempt it behind an external propeller. You would need the right boat, preferably with the ballast tank technology to achieve the wake necessary for a good wave. Jacky would like to see the sport, along with wakeboarding achieve a level within the island whereby annual events could promote and develop the sport for all age groups.

For the youngsters of today, Kelly Slater Pro Surfer and Tony Hawk Underground are impressive but lazy substitutes for the healthy alternative of trying the real thing. Any new activity that tempts us out into the open air should be embraced; wakeboarding and wakesurfing are just two examples that could be developed here in Jersey. When the late summer charts show a static black and deep purple, and every other August morning Elizabeth Castle floats on millpond water, what will you be doing? I know where I'll be.

A Big Thank you to Jacky and Gary for a great day out.
Photos: Jon Carden // Matthew Porteus

Looking to develop an interest in wakesurfing or wakeboarding.... ?

As if by magic your wakeboard prayers have been answered. Gallery got wind of a new wakeboard event that may be taking place in the Island. Scheduled for the weekend of the 19-20 August the contest has received backing by Jersey Tourism and details are currently being finalised. There is talk of a master class by visiting pro-riders and negotiations have begun to get clearance for the boats to get tight into the wall on high tide, allowing the hundreds of spectators to get a quality view of the competitors tricks and maneuvers. The facilities at Le Haule slipway will provide the contest venue. Gallery will keep you up to date with arrangements in our next issue. Make a note in your diary; this could be a brilliant event.

FACT:

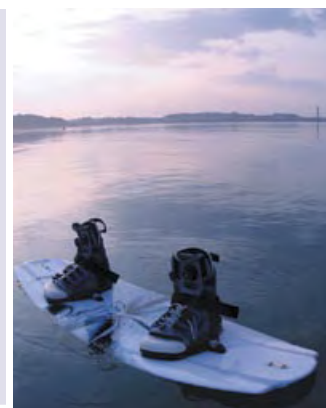
The 2005 World Championships teams with Boardstock TEN and will be held at Clear Lake, California.

LINKS:

http://www.centurionboats.com/WAKE_SURF/index.html (CHECK OUT THE VIDEO)

<http://www.boardstock.com/>

<http://www.wakepics.com>



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Gadgets



Boys

Widgets. No doubt you didn't even know that you needed widgets in your already overcrowded life, but after you've used them you'll wonder how you ever managed to get by without.

Tagged as the world's most advanced operating system, Tiger for Mac OSX claims to be able to change the way you use your computer. The new Dashboard hosts nifty mini-applications called widgets

that appear instantly and keep you up to date with timely information from the internet. View stocks, check weather forecasts, track flights, convert currency and units of measure, even look up businesses in the phone book. Similar to Exposé, the Dashboard is simple and easy to use and zips across your Desktop at the click of a function key. Definitely worth investing in.



Girls

There's a great deal we could learn from the ancient cultures. Take the Masai for example, if you let them they'll teach you how to walk properly again. MBT (Masai Barefoot Technology) is a range of revolutionary footwear that promises to re-establish the natural conditions of standing and walking. The Masai, a semi-nomadic tribe, walk long distances on a regular basis and in doing so develop toned lean leg muscles, a perfect posture and suffer very few back and joint complaints. MBT's actually imitate the terrain the Masai walk on, and turn the hard and flat surfaces that we walk on every day into the soft and natural ground of the Masai Mara.

But why are we featuring these shoes on the Gadgets page you may ask? Well, they're not just any ordinary pair of shoes. Hidden within this deceptively simple looking trainer is a combination of three dimensional formed fibreglass and Swiss Masai Formula PU mid-sole (whatever they are) that took ten years to research and coordinate. The result is a shoe that works your body to stimulate your muscles and biomechanical elements. If you are thinking of getting a pair you'll be treated to an initiation session that will teach you all about these little beauties and what they can do - for more details visit the website: www.mbt-uk.com or pop into Marc shoes in Bath Street.



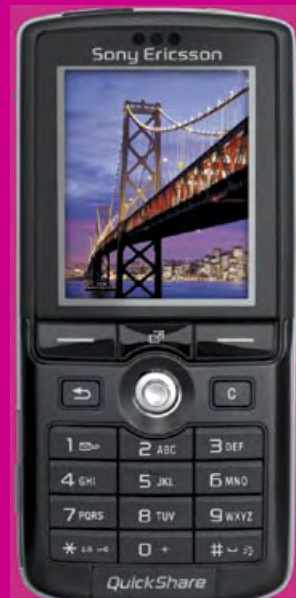
Phone Factory

Phone Of The Month: Sony Ericsson K750i

Vertical - it's a phone. Horizontal - it's a camera. If you're into photography you'll probably recognise the camera interface from Sony digital still cameras, just slide the lens cover open to change from the phone to the Digital Still Camera interface - nifty. Also carrying decent music capabilities, the K750i is full of tunes. An FM radio and advanced digital music player should be enough to keep you more than satisfied. Including data cable and 2meg camera the K750i is available for £280.99 (thats 28 airmiles!) - also, subject to status 0% interest free credit available.



If you're busy and need to stay in touch without holding on, a hands-free kit is essential. Easily transferred from one vehicle to the next, simply plug into the cigarette lighter, connect, and speak - couldn't be simpler. The Siemens HKP500 car kit normally costs £16.99, but for a limited period is available for half price, £8.49, at Phone Factory, The Powerhouse, Queens Road.



Hit the street with the new PSP

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Other iQ News



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Time to stop climbing the ladder?

‘Career’:

Taken from the Medieval Latin
carr ria meaning road for carts.



At every cultural epoch in our long history, society has offered increasingly diverse methods of carving out a living. From the Renaissance inspired Industrial Revolution – that allowed the profitable layman to sit alongside the aristocracy – to the blurring of the societal lines that followed, what had once been, for the many, a windowless room of undiscovered potential is now a portal of open doors that we may walk through at any time. Through wave on wave of feminism and counter-culture activism we have emerged from world wars, apartheid, segregation and Semitism to establish ourselves in this quasi-technocratic cyber-age of Internet, WAP and satellite. ‘Career’ has turned from walking the medieval mule-driven cart road of the masses, to a multidimensional process of self-discovery with an indigestible degree of choice. A topical question for this day and age is; ‘has the ladder that once demanded to be climbed evolved into a web to be traversed’?

Is it not somewhat ironic that something so fundamental to our one shot at existence, is also a synonym for ‘loss of control’. You may have one suit for every day of the week hanging above neatly placed matching shoes, pre-scratched paycards bulging from the glove compartment; maybe even a change of clothes at work and a mosaic of family photos bordering your CPU; but does it make your working life any more predictable? Such constructed social rituals and motifs are as much a reflection of our nervous ignorance of what is to follow, as they are a mode to paint our identity. Let’s not get paranoid and ask the boss out for a latte to discuss ‘job security’, just admit that, unless you’re Ian Huntley, you may not know where life may take you in the years to follow.

At the advent of 2005, Gallery produced a careers feature primarily focusing on the graduate, or young person in industry. This time Gallery looks towards those at the higher end of the employment spectrum. What does the word ‘career’ mean to them? How have they approached it? How has this approach changed? And what fruits have emerged from their labours?

Career Web or Career Ladder?

DAVID MOORE : PARTNER : ERNST & YOUNG LLP

When questioned about your view of the concept of ‘a career’ what initially springs to your mind?

I view the term ‘a career’ as a long-term journey which should be fulfilling, challenging and, personally, where every week - if not every day - is different!

Briefly describe the worst job you have ever done.

This was undoubtedly a Saturday job working for a well-known supermarket chain in the UK. The very first day I was stuck cleaning a huge walk-in freezer for over four hours armed with only a pair of woolly gloves; it was terrible. The following Saturday I resigned.

Can you remember the pervading cultural assumptions about working life and ‘a career’ when you finished education?

At 18 years old my father was made redundant, having worked for the same company for over 30 years. I knew then, that after University, I wanted a job which would give me an ‘insurance policy’ and which I could use anywhere in the world. However, unsure which direction I wanted to go in, this needed to be diverse without closing doors – accountancy made sense.

How do you think these principles have changed when looking at our society today?

Times are certainly different for those born in the 1960s compared to the 1980s! There seems to be more of an appreciation that life is short, which means more graduates leave University and drift for a while, before deciding on a particular career path. Before I set off travelling for a year I secured a place at Ernst & Young. People now tend to do this the other way round and drift for a bit longer.

How much do you feel that this will change in the future?

Life is becoming more demanding with an ever-shorter response time - this is unlikely to change. Despite living in Jersey, we are going to have less free time and it is important to try and find a happy medium.

In addition, there is a realisation that one’s career can no longer be set in stone; it seems to be much more of a web than in the past.

What was your first experience of full time employment?

My first full time job was as an Associate for Ernst & Young in London where I remained for 11 years before transferring to Jersey. Here I began studying for my ACA qualification and focused on Wholesale Banking & Capital Markets in UK Financial Services.

Could you state your current position and briefly describe the roles and responsibilities you fulfil within it?

I became a Partner with Ernst & Young in July 2003. A quarter of my time is spent advising on one-off assignments, another quarter heading up our IT assurance solutions offering across the Channel Islands and the remainder of my time advising and auditing banks, fiduciary businesses, esoteric securitisation vehicles and hedge funds. I also have a number of internal roles, such as counselling a number of our people.

What has the company/organisation you currently work for given to your career?

As far as diversity is concerned, there is never a dull moment. There are always many balls in the air at one time. Secondly, in this rapidly changing world of Corporate Governance and regulation, it is a great challenge to keep one step ahead. As for opportunity, after 11 years of living in London we were looking for a better place to raise our children. Shanghai was mooted, but Jersey seemed to be by far the best choice!





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*connectedthinking

PRICEWATERHOUSECOOPERS 

Continued from Page 44



Have you at any point in your career experienced deep anxiety for how things were going to develop/pan out?

No. I tend to try and go with the flow and not get too anxious (although my wife would disagree!) - life's too short. Should I have any uncertainties my best remedy is exercise, such as running, that allows me to step outside the problem. The demands can be so great that if you don't it can take you over, resulting in a downward spiral.

Looking back on your career history, do you feel that it has progressed as a ladder climbed or a web traversed?

Looking back at my career, I have progressed "up the ladder" to Partner. However, it seems that once the door to partnership opened, there was a web to traverse.....

Career Web or Career Ladder?

MARK JAMES : PARTNER : PRICEWATERHOUSECOOPERS

Briefly describe the worst job you have ever done.

One of my first job experiences was at the tender age of 14 when I worked as a 'gardener'. I was asked to tidy up the lawn but a mere tidy up would not, in my view, utilise my obviously creative talents. I proceeded to redesign my employer's prize lawn. Needless to say my career as a gardener was short lived!

Can you remember the pervading cultural assumptions about working life and 'a career' when you finished education?

I think, in society, there has always been a consciousness of a work to life balance, it's just that it was not given a name in the past. A need to balance the various elements in your life has always been important.

How do you think these elements have changed when looking at our society today?

Now, there seems to be a greater pressure to achieve the work life balance, as people appear to be working longer hours. Furthermore, it is increasingly common to find, within families, both partners working full time jobs; the challenge in achieving the balance is therefore greater than before.

What was your first full time position?

In 1981 I began working for Coopers & Lybrand as an Audit Assistant. In 1998 C&L merged with Price Waterhouse creating our current existing firm.

Could you state your current position and the briefly describe the roles and responsibilities you fulfil within it?

I am a Partner with PricewaterhouseCoopers and I am responsible,

collectively with my fellow partners, for ensuring that our business operates efficiently and effectively, that our clients receive the best service we can provide, and that our staff are looked after.

What has the company/organisation you currently work for given to your career?

PwC has given me great opportunities for career development and every day brings a new challenge. For example I currently work a split week between London and Jersey enabling me to gain experience in one of our London offices.

Have you at any point in your career experienced deep anxiety for how things were going to develop/pan out?

Life and work brings its daily challenges and issues. I would be lying if I said it has always been plain sailing but if we did not have challenges in life then things would be very dull.

Looking back on your career history, do you feel that it has progressed as a ladder climbed or a web traversed?

I think it is most appropriately summed up as a ladder climbed. I should say that it is a ladder I'm still climbing – even partners develop and progress as we gain new experiences.



Career Web or Career Ladder?

JOHN SHENTON : TAX DIRECTOR : ERNST & YOUNG LLP

When questioned about your view of the concept of 'a career' what initially springs to your mind?

You spend most of your life at work and therefore it has to be something you enjoy; if you don't, you should reconsider. Also, though it is certainly part of the equation, money should not be the first part.

Briefly describe the worst job you have ever done.

My worst job was a Saturday job working as a gardener, weed clearing around the 'Branchage' season - I didn't really know a plant from a weed (and still don't) and an incompetent gardener with hay fever is probably not the best combination.

Can you remember the pervading cultural assumptions about working life and 'a career' when you finished education?

I did not have an overriding passion to become a tax specialist. I knew that in order to find a good fulfilling career and be able to progress I would need qualifications. I think that these are even more important now.

What I wanted was independence, as well as money to pay off the overdraft accumulated at Polytechnic. I stumbled into tax (as it was the first proper job I had ever applied for) and found that I enjoyed it. I still enjoy it (most of the time) and have moved jobs when opportunities have presented themselves.

How do you think these have changed when looking at our society today?

20 years ago the Jersey Finance Industry was still in its relative infancy. There were more owner-managed businesses than large corporations. As the Directors were usually also the owners I think there was a bigger commitment on both the employee and employers part. A job is now more of a commodity, to be traded for the best returns rather than a career.

How much do you feel that this will change in the future?

Unfortunately, I think for a lot of people it is likely that work will become more mundane and process driven. Regulation will continue to increase and the advances in technology will accelerate. The amount of human input and thought required will be reduced. People with flair will continue to flourish, however I fear for those in middle / lower management who may find it difficult to obtain a fulfilling job.

What was your first full time position?

Within three weeks of returning to Jersey from Polytechnic, having



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24798

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25465

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CLERICAL&SECRETARIAL

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24411

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24514

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25400

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Trinity House, Bath Street
St. Helier, JE2 4ST
Call: 876214
Email: recruit@rowlands.co.uk
Web: www.rowlands.co.uk

completed a Foundation Course in Accountancy, I was offered a job as Clerical Assistant for the States of Jersey Income Tax Department - two employed from six applicants. I had actually decided to spend the summer on the beach so starting work at the beginning of August was not quite the plan. I had no idea what I wanted to do. In some ways I am in tax as that is what was advertised at the time, it certainly could have been a lot worse!

Could you state your current position and then briefly describe the roles and responsibilities you fulfil within it?

As Tax Director for Ernst & Young LLP I manage the tax department in Jersey. As for responsibilities it seems to be everything from actually doing some tax work through to budgets, risk management, marketing and staff counselling.

What has the firm you currently work for given to your career?

Since re-joining the firm just over three years ago, I have been given a relatively free reign to develop the tax department from a small three man band into a ten strong team.

Have you at any point in your career experienced deep anxiety for how things were going to develop/pan out?

Before re-joining Ernst & Young I worked for an organisation which was bought out by a Bank. This caused me some concern at the time as working for an owner managed business and being sucked into a large multinational was quite a culture shock. Looking back and speaking with my friends and ex-colleagues words like grumpy, unmotivated seem to crop up frequently. I just did not gel with the banking culture but must take some responsibility as I probably did

not make as much effort as I should have. A little give and take would have probably led to a smoother path but I have tended to stand by my convictions and stick to my principles. I have mellowed slightly in that I am not quite such an "angry" young man, but I still strongly believe that life is too short.

Have you had many unexpected twists or turns; or has it been pretty much plain sailing?

I have had my fair share of conflicts along the way, and there are times when saying nothing was the far wiser option than the one chosen, but generally my career has been pretty much without serious incident. When I had uncertainties I have always tried to do something about it rather than let things fester.

Looking back on your career history, do you feel that it has progressed as a ladder climbed or a web traversed? What leads you to this conclusion?

I have traversed the web without a doubt. Experience and hindsight are wonderful things, I think that if I knew at 22 what I know now, I may have sought to take the lift rather than try and scale the outside of the building. Do I regret this decision? Well, financially I may have been better off if I had played the game better, but you never really know. Whether I would have enjoyed work so much if I had conformed more - I doubt. I like a challenge, a debate and I really like people to have an opinion. I do not mind being wrong as long as I know why. Taking a more non confrontational approach to my career would probably not have suited my principles. I would hope that when people deal with me, they think of me as honest in that what they see is what they get.

Career Web or Career Ladder?

JANINE WARD: HR DIRECTOR :JERSEY TELECOM

When questioned about your view of the concept of 'a career' what initially springs to your mind?

I perceive the term to mean a series of work experiences that build up your skills and experiences, providing ever greater challenges and bringing new opportunities,

Briefly describe the worst job you have ever done.

Probably being an accounts clerk (contract position) for the Health & Safety Council in London. It was a great job but I disliked it because I couldn't type. To elaborate, the accounts were still manually typed with carbon copies and I hated seeing the evidence of all my mistakes!

Can you remember the pervading cultural assumptions about working life and 'a career' when you finished education?

I had no idea of what "career" I wanted to do when I left school / college. I had picked my degree because I had never heard of it before and I wanted to do something different; I wasn't academic enough to be a doctor and didn't want to be a nurse. However, when I finished my degree in social administration, I didn't think I would end up working in any discipline that was even vaguely related to it. All I knew at the time was that I wanted to be self-sufficient and therefore I would need to find a job and see what happened after that.

How do you think these have changed when looking at our society today?

It appears to take longer for some people to actually get started in their first job. I would have expected the drive to find work even greater, but maybe parents are happy to support their children financially for an even longer period of time now. Also, the marital age will have continued to get older so maybe people are happy to delay the start of their working life.

How much do you feel that this will change in the future?

Probably the adoption of a far more flexible and less comfortable approach. The working world will be more challenging, more stressful and more demanding (probably sadly, but the pace of life is getting faster and we have to respond more quickly). Keeping skills up to date will also be increasingly challenging.

What was your first full time position?

Working as a booking clerk in a Tour Operator in London - securing group bookings for hotels within the city.

Could you state your current position and the briefly describe the roles and responsibilities you fulfil within it?

I am Human Resources Director, Jersey Telecom. Director of the Company and also responsible for the strategic and operational elements of Human Resources, Training & Development, Health & Safety, Change Management and Internal Communications.

What has Jersey Telecom given to your career?

I have only been here for just over a year but already it has already given me new opportunities and great development challenges.

Have you at any point in your career experienced deep anxiety for how things were going to develop/pan out?

Up until this year I doubt I would have been able to tell you what "career" I was having. My working life has been hugely varied. I have covered both public and private sector roles and have never known where I would end up. I'm not sure if I have ever been anxious - probably more frustrated at times when I saw no progression possible within current roles. My most important decision was coming back to Jersey from London and having to start from scratch in finding a new job.

If you did have uncertainty at any stage, how did you achieve a resolution? I applied for new roles, some of which I got! Importantly, I took an MBA and learnt a great deal and developed my skills set.

Looking back on your career history, do you feel that it has progressed as a ladder climbed or a web traversed?

Mine has been a web - I have never known where I would end up, and at times I have had to go sideways and backwards. I've always moved for greater opportunities, and sometimes that has meant starting at a lower level and demonstrating my abilities.



RHUMBA
290505
Covered by Chippy

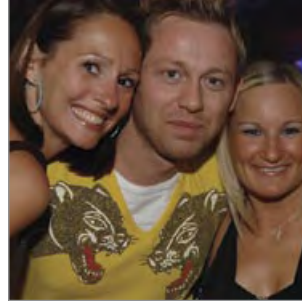
**FACES
& PLACES**



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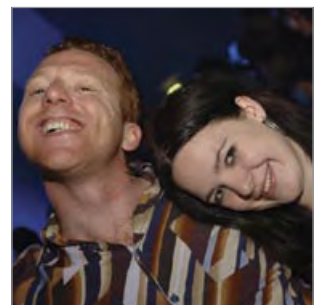
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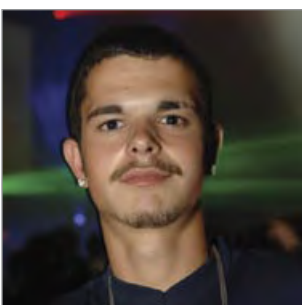
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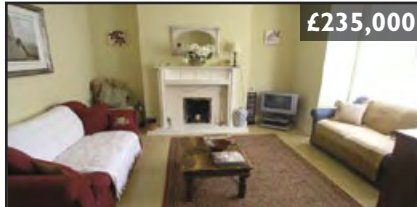
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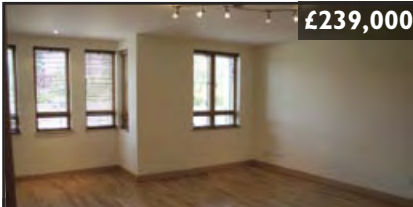
£235,000

2 | 1 | 2 ✓ | A-H

ST SAVIOUR SHARE TRANSFER Stylish first floor apartment, one of only four. Bright and airy and in excellent walk-in condition. Communal patio garden area (shared with one other) and parking for two cars.



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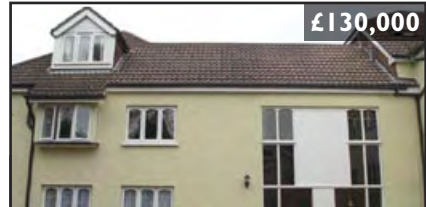
£239,000

2 | 1 | ✓ | A-H

GAL 208: ULTRA MODERN TWO BEDROOM APT BEAUTIFULLY DESIGNED THROUGHOUT LOCATED CLOSE TO ALL LOCAL AMENITIES UNDERCOVER PARKING FOR ONE CAR



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1 | 1 | ✓ | A-J

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£269,000

2 | 1 | 2 ✓ | A-H

GAL 144: MODERN 2 BED APT WITH PARKING FOR 2 LARGE SOUTH FACING SUN TERRACE 2 UNDERCOVER PARKING SPACES. CLOSE TO BEACH & SHOPS SHARE TRANSFER



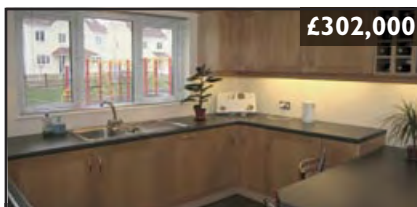
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AGENTS

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£302,000

3 | 1 | ✓ | A-H

GAL 110: ST SAVIOUR : 3 BED DETACHED FAMILY HOME POTENTIAL TO CREATE A 4TH BEDROOM EN-SUITE ATTRACTIVE LAWNED/DECKED GARDEN FIRST TIME BUYERS ONLY



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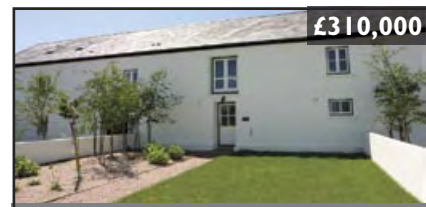
£320,000

3 | 2 | ✓ | A-J

ST HELIER FREEHOLD. Three bedroom family home in good decorative order throughout. Large lounge/diner with functional gas fireplace. Safe enclosed lawned rear garden. Two parking spaces.



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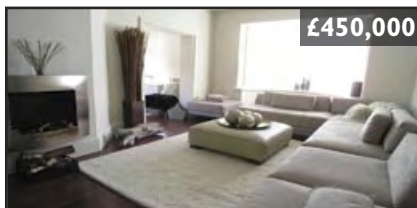
£310,000

2 | 1 | ✓ | A-H

GAL 207: 2 BEDROOM GRANITE HOME QUIET RURAL LOCATION OPEN PLAN LOFT STYLE LIVING GARDEN AND PARKING FREEHOLD "A-H" CATEGORY



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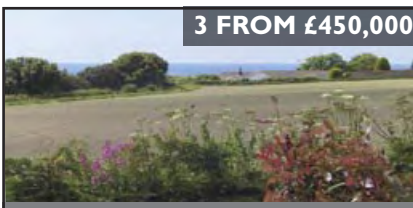
£450,000

4 | 1 | ✓ | A-J

HAVRE DES PAS FREEHOLD. Spacious Edwardian town house, recently refurbished to provide a modern contemporary home. Bright and spacious with fantastic open plan living space and a second separate living room. South facing garden, fireplace. Close to beach.



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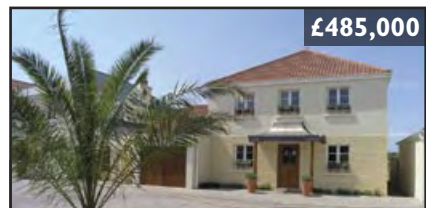
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£485,000

3 | 3 | ✓ | A-J

GROUVILLE FREEHOLD Newly constructed detached house. Enclosed rear garden and integral garage. Finished to the highest standards, luxury fitted kitchen and 3 ensuite bathrooms. Solid oak flooring. Functional gas



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£250k

£300k

£400k

£500k

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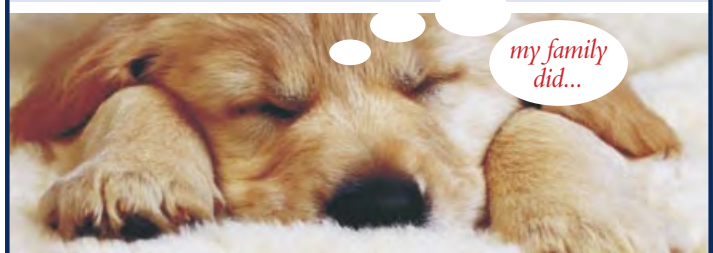
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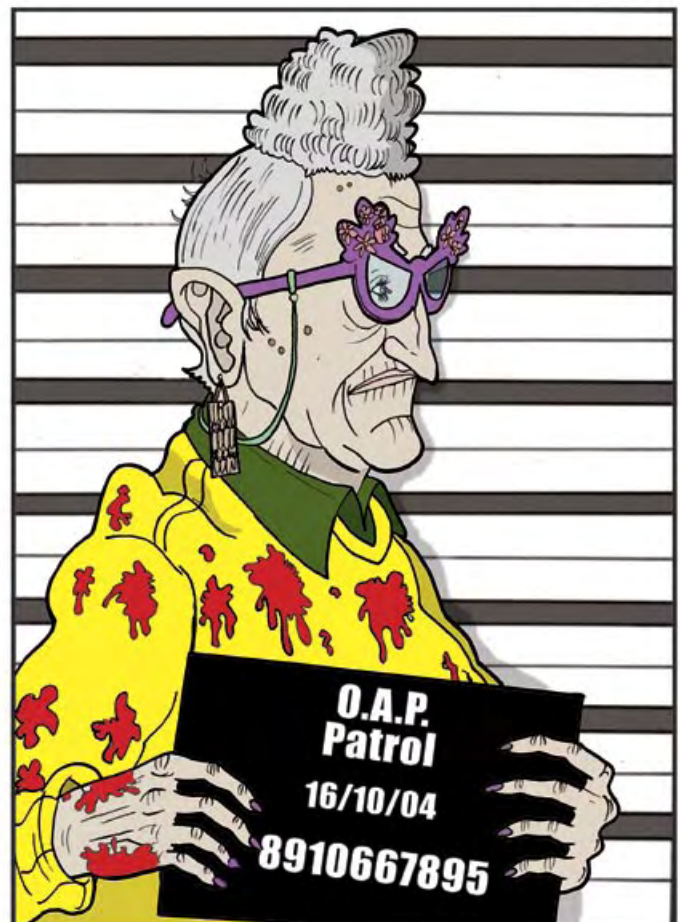
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MUG SHOT COLLECTABLES

No. 7



Grandma



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£45, Heal's
www.heals.co.uk

Poolside

If the sun's out, and you're relaxing around the pool this summer - couldn't you do with some of these?



McGregor
£125, Habitat
www.habitat.net



PARADISE Cushion
£25, John Lewis
www.johnlewis.com



SOMMAR Stool
£2.50, Ikea
www.ikea.com



EQUINOX SUN LOUNGER
£657, Ransoms
La Grande Route de Faldouet



One of the most important things to remember when planning your summer by the pool is being comfortable - you may have a lovely swim but when you get out make sure you can relax comfortably and get some shade. It's no fun lying on the floor for hours on end!

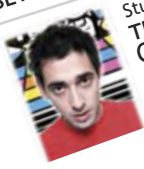


Kirsty Henderson
@Heals
Expert's Tip





Back 2 the Old Skool every Friday
 Friday 8th July 2005
 Kelly Llorenna N-TRANCE
 Live on Stage performing SET U FREE



Student Mayhem every Thursday
 Thursday 14th July 2005
 Colin Murray (radio 1)
 Fear factor with DJ Del Boy (uk) following Thursday
 21st July 2005 and every Thursday thereafter



first Friday of each month
 Miss Moneypenny's "Revive"
 (Club Classics & Retro Floorfillers)



FACES & PLACES



ALSO Fran Cosgrove (Celebrity Love Island Winner!) on Wednesday 27th July
 Visit: www.liquid.je for FREE membership and more info on all nights @ liquid



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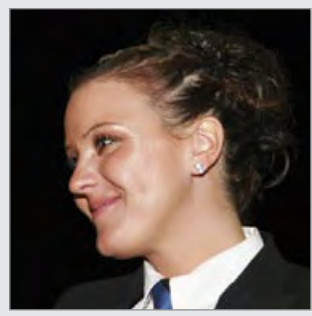
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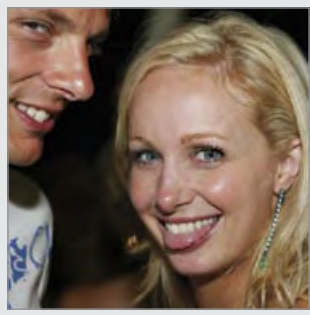
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NIGHTLIFE



Theory Offshore Dance Festival 2005

This year the Offshore Dance Festival has got a cracking line-up. In the Theory Arena you can see Layo & Buahwacka, Plump DJ's and the Scratch Perverts alongside Hi Fi Sushi 'LIVE', Holt, Gasston, and Le Sueur. Now world famous, Layo & Bushwacka are Layo Paskin and Matthew "Bushwacka" B - better known as co-owner and resident DJ at the End, the tech-house club founded by the Shamen's Mr C. Set to play at Creamfields this year, the duo look set to be as big a draw as always. Tony Vegas, Prime Cuts & Plus One as Scratch Perverts are another huge name coming play at the 14th Century castle in the sea. They've become synonymous with HipHop and battle DJing ever since their formation in 1996, and their reputation as one of the world's most progressive DJ collectives is unparalleled. Alongside Plump DJ's and in the capable hands of the Jersey regulars, Jersey looks set for an immense night.

Theory Offshore Dance Festival @ Elizabeth Castle. The event includes a food village, face painting, massage parlour, as well as bars and full production.

Saturday 9th July, 6pm - 2am

Limited tickets on sale at de Gruchys

Email info@positiv.org.uk for more information

Drink of the Month: **Hawaiian Cocktail**



Ingredients

- * 2 oz. Gin
- * 1/2 oz. Cointreau or Triple Sec
- * 1/2 oz. Pineapple Juice

Directions

Summer's here! What better way to celebrate than relaxing in the sun with a summery cocktail? A sweet treat from the land of endless summer, this Hawaiian cocktail is relatively simple to make. Simply combine the ingredients in a shaker with cracked ice, shake well and strain into a cocktail glass. For a nice touch, we suggest floating an orchid flower on the edge of the glass.

NIGHTLIFE NEWS



Below is a selection of the nights out this month. If you have news you'd like to share with our readers, rumours, opinions or gossip let us know at: nightlife@gallerymagazine.co.uk



THE NIGHTS ARE GETTING LONGER...

The L'Auberge du Nord has been granted a 2am licence, so now you will be able to enjoy the live music and randemic club nights into the early hours. Roll on the summertime parties! For further information call the L'Auberge on 861697 or you can email: l'auberge@jerseymail.co.uk



WATCH OUT FOR KELLY

Kelly Lorena (from the massive N-Trance) will be live on stage performing their ever-popular anthem "Set U Free" and other smash hits from her album at Liquid on Friday 8th July 2005.



CHARITY SPECIAL

On Saturday 23rd July, the L'Auberge du Nord will be hosting a charity event in aid of Uganda. Many of Jersey's top bands will be playing and it promises to be another live music event not to be missed. Watch out in the press for further exciting details.



SUMMER STUDENT MAYHEM

Liquid are launching a brand new student session every Thursday during the summer (but it doesn't mean that if you're not a student you can't come along and party with them!). The mayhem starts on Thursday 14th July with that DJ Colin Murray (Radio 1).



JAZZ IN THE PARK

If you're a bit into all things jazzy and fancy a good day out, get down to Howard Davis Park on the 17th from 12pm until 9pm. Billed as 'The Ultimate Picnic Opportunity' Guereat.

Friday 01 July

Suzy's Field
Chambers
Time: 22:45, Free Entry

Liquid (Every Friday) Moneypennies
'The Bitch Is Back' comes to Jersey to launch Back to the old skool with full club decor from the globally recognised house music phenomenon. Time: 10 - 2

Friday Night Live (Every Friday)
Pure Nightclub Local bands and DJ's Pip and Mark Time: 20:00 - 02:00

Chicago Rock Café LIVE & LOCAL:
"Kelly McKenzie" Solo vocal guitarist
Time: 18:00

Saturday 02 July

Suzy's Field
Chambers
Time: 22:45, Free Entry

Theory @ Pure. An evening of real norty music, UK leading female DJ as well as Tom Wainwright (Hacienda), Warren Holt & S. Gasston. Time: 22:00 - 02:30, Tickets: £7

Innersoul 1st Birthday Party
L'Auberge du Nord
Funkyhiphopbreaks&beats - Andy Manson (Baked Beats) and Rich Eager (Melting Pot) Time: 22:00 - 02:00, £5
Students half price b4 11pm with student card

Chicago Rock Café
Independence Day party

Sunday 03 July

Liquid (Every Sunday) S.I.N. Night with your host DJ Sven Tease from the 1970's and the sensational seventies dancers. Free entry in fancy dress. The lounge bar plays host to some of the finest R'n'B / Hip Hop DJs around open from 10 at the side entrance

Chicago Rock Café (Every Sunday)
Beach Party

Tuesday 05 July

Suzy's Field (Acoustic Set)
Chambers Time: 22:45, Free Entry

Wednesday 06 July

Suzy's Field
Chambers Time: 22:45, Free Entry

Jackson Moody Band
Blue Note Bar Time: 21:00 - 23:00

Chicago Rock Café
LIVE & LOCAL: "Halfway House"
Jersey's only all-girl band singing your favourite hits from the 60s & 70s
Time: 22:00

Liquid (Every Wednesday)
Off the record with Dave Smith and Tony Safe. The latest in funky house played out on the liquid balcony. Entrance is free through the side door by Chicago Rock Café

Friday 08 July

Chicago Rock Café
LIVE & LOCAL: "The Jackson Moody Band" The cool sounds of the Jackson Moody Band Time: 18:00

Saturday 09 July

Sugartrain
Chambers Time: 22:45, Free Entry

Theory Offshore - Dance Festival
Elizabeth Castle. Theory Arena: Layo & Bushwacka, Plump DJ's, Scratch Perverts & Hi Fi Sushi 'LIVE', Mikey Ashford, Holt, Gasston & Le Sueur Time: 18:00 - 02:30, Tickets: £25 - available from De Gruchy Contemporary Department and Jersey Post. Email: info@positiv.org.uk

Tuesday 12 July

Big Hellos
Chambers Time: 22:45, Free Entry

Wednesday 13 July

Class A (UK 70/80's School Disco)
Chambers Time: 22:45, Free Entry

Chicago Rock Café
LIVE & LOCAL: "Run for Cover"
Irish folk rock band Time: 22:00

Thursday 14 July

Class A (UK 70/80's School Disco)
Chambers Time: 22:45, Free Entry

Liquid: Radio 1's Colin Murray launches Student Mayhem with DJ Del Boy and the fear factor! Time: 10:00 - 02:30

Friday 15 July

Class A (UK 70/80's School Disco)
Chambers Time: 22:45, Free Entry

Chicago Rock Café
LIVE & LOCAL: "The Merge"
Original Indie Innovation

Saturday 16 July

Suzy's Field
Chambers Time: 22:45, Free Entry

Jackson Moody Band
The Star Time: 21:00 - 23:00

REMINISCE

Theory @ Pure
An evening of the finest classic house from back in the day...
Warren Le Sueur (4 Hr set) and
Upstairs: Gasston & Holt Time: 22:00 - 02:30, Tickets: £6

Spectrum

L'Auberge du Nord Grooverider (Radio One), 9mm Live Beatboxing, DJ Killa (Guernsey), Terminal State. Time: 22:00 - 02:00, Tickets: £10. Tickets from White Label

Sunday 17 July

Frank Tausney
Chambers Time: 22:45, Free Entry

Monday 18 July

Suzy's Field (Acoustic Set)
Chambers Time: 22:45, Free Entry

Tuesday 19 July

Derrin Nauendorf @ 8.30pm then Frank Tausney Chambers 22:45

Wednesday 20 July

Derrin Nauendorf @ 8.30pm then IN4XS (INXS Tribute) Chambers Time: 22:45, Free Entry

Chicago Rock Café

LIVE & LOCAL: "Unwanted"
Up & coming cover band with

original material Time: 22:00

Thursday 21 July

IN4XS (INXS Tribute)
Chambers Time: 22:45, Free Entry

Friday 22 July

IN4XS (INXS Tribute)
Chambers Time: 22:45, Free Entry

Chicago Rock Café
LIVE & LOCAL: The Jackson Moody Band

Saturday 23 July

Frank & Jono
Chambers
Time: 22:45, Free Entry

L'Auberge Charity Special
Charity event In aid of Uganda. Top Jersey bands playing. T: 861697

Theory @ Pure
An evening of the pumping house from legendry DJ Tall Paul (The Gallery) and S Gasston & Holt Time: 10-2, Tickets: £8

Friday 29 July

Arnie Cottrell @ 6pm then Sugartrain
Chambers
Time: 22:45, Free Entry

Chicago Rock Café
LIVE & LOCAL: "The Merge" 6pm

Saturday 30 July

Coloured Room
Chambers
Time: 22:45, Free Entry

The Lion Park Festival
Featuring Jackson Moody Band and others.

Theory presents Fussion
The Watersplash
An evening of breaks & beats with a special guest DJ set from...Lee Commb's (Fingerlickin'), Le Sueur & Holt, Downstairs: McKinnon & Campbell, Live Lounge: TBC Time: 22:00 - 02:30, Tickets: £8 @ De Gruchy, Carob & Watersplash. £10 on the door. Coaches: 10pm Lib Sq, 10.15pm Topsy Toad. NB: Fast Track Entry with Ticket.

Pandemic
L'Auberge du Nord
Mentor Records Party: Special Guest - Trevor Rockcliffe also featuring Pete de Momme and Carl Scott
Time: 22:00 - 02:00, £8 entry

Sunday 31 July

Jono
Chambers Time: 22:45, Free Entry



theory

THEORY Present an eclectic line up for...

July 2005

Sat 2nd:

An evening of real norty music, UK leading female DJ...
Tom Wainwright (Hacienda)
Warren Holt & S. Gasston > £7

Sat 16th:

An evening of the finest classic house from back in the day...
REMINISCE
Warren Le Sueur (4 Hr set)
Upstairs: Gasston & Holt > £6

Sat 23th:

An evening of the pumping house from legendry DJ...
Tall Paul (The Gallery)
S Gasston & Holt > £8

At PURE Nightclub, Caledonia Place, St. Helier. T: 01534 870457

Sat 30th July:

THEORY presents FUSSION
'Jersey's Premier Club Night @ The Splash' An evening of Breaks & beats with a special guest dj set from...

Lee Commb's (Fingerlickin')

Le Sueur & Holt
Downstairs: McKinnon & Campbell
Live Lounge: TBC

The Watersplash, 10pm-2.30am
Coaches: 10pm Lib Sq, 10.15pm Topsy Toad. Ltd Tickets: £8 @ DeGruchy, Carob & Watersplash. NB: Fast Track Entry with Ticket!! £10 on the door!!

From the organisers of the Jersey Live Festival, Positiv present the premier dance music event in the Channel Islands this summer...

TheoryOffshore 'The Summer Dance Festival'
Saturday 9th July, 2005. 9 Hours of Music feat 13 DJs & Live Music.

Layo & Bushwacka
Plump DJ's
Scratch Perverts
Hi Fi Sushi (LIVE)
Simon Gasston
Holt & Le Sueur
Mikey Ashford

LIMITED ADVANCE TICKETS: £25
(Subject to booking fee) Sold exclusively
@DeGruchy contemporary Fashion dept

Keep up to date with what's going on with Jersey live in the forums at >

www.positiv.org.uk

Listings

Culture & Events

Friday 01 July

Miriam Backhouse
Jersey Arts Centre
Miriam Backhouse became well known throughout the British folk scene during the 70s as a new young performer of traditional material. Now she's back, adding the influences of her adopted South African home to traditional and modern European folk to provide an evening of heartfelt music.
Time: 20:00, Tickets: £13 (£7 students)

Sunday 03 July

'La Ronde Concert Band'
Howard Davis Park
An al fresco concert in the park.
Time: 15:00, Free Admission

'The Barnstormers'
Howard Davis Park
An al fresco evening concert in the park listening to country music.
Time: 20:00, Free Admission

Monday 04 July

'The Band of the Island of Jersey'
Howard Davis Park
An evening of Big Band music al fresco in the park.
Time: 20:00, Free Admission

Tuesday 05 July

Jersey Caledonian Pipe Band
Howard Davis Park
Enjoy an evening al fresco concert in the park.
Time: 20:00, Free Admission

Wednesday 06 July

Run for Cover
Howard Davis Park
An evening al fresco concert of Irish Folk in the park.
Time: 20:00, Free Admission

Thursday 07 July

Jersey Arts Centre youtheatre presents
Poetry in Motion
Jersey Arts Centre
A physical exploration of poetry chosen by members of the centre's award-winning youtheatre. Visually stimulating and intellectually challenging – come prepared to be excited by the poetic form. Tickets £7

Friday 09 July

Sand Racing
La Braye, St Ouen
The thrills and spills of local motor sport on the beach. Time: 14:30, Admission £2.00, under 16's free. For more information - Tel: 852952 or visit www.jerseymotorsport.com

Jersey Harbours Open Day
Alvert Quay. Get a rare look at some of the emergency services' vessels that are not normally open to the public. Explore Jersey's lifeboat and see the new States tug, 'The Duke of Normandy' Time: 10:00 – 14:00 hrs. Free of charge with a retiring collection.

09 July - 10 July

The Extreme Weekend
The Watersplash, St Ouen's Bay. 11:00 hrs 'til late. Spectators welcome Tel: 07797 716055. A weekend of extreme sports. BMX, freestyle motocross, skateboarding and surfing. BBQ's and bands organised for the evening!

Saturday 10 July

'The Barnstormers'
Howard Davis Park
An al fresco evening concert in the park listening to country music.
Time: 20:00, Free Admission

Le Tour des Ports de la Manche
Over 100 yachts are due to arrive into St Helier. Spectators will have the best viewing point alongside the harbour and southeast coast.
For more information, contact Jersey Tourism. Tel: 500777.

Horse Racing – Champion Hurdle
Les Landes Race Course, St Ouen
An afternoon's racing, organised by the Jersey Race Club.
Time: 14:30 hrs. Tickets £8.00 adults, under 15's free. Tel: 863484.

Tuesday 12 July

No Strings Attached
Howard Davis Park
An evening concert from this talented string quartet. Time: 20:00, Free

'La Ronde Concert Band'
Howard Davis Park
An al fresco concert in the park. Time: 20:00, Free Admission

Wednesday 13 July to Friday 15 July

SEES presents
An Evening of David Mamet
Jersey Arts Centre
A double-bill of one act plays by "the finest American playwright of his generation." (Sunday Time) Time: 20:00, Tickets: £10 (£8 students) SUITABLE FOR 15YRS+ SQUIRRELS: a comedy about the agony of scriptwriting; an old writer and young writer form a bizarre triumvirate when a cleaning woman helps them to overcome writer's block. SEXUAL PERVERSITY IN CHICAGO: a comedy about what brings men and women together, and what keeps them apart!

Thursday 14 July

National Hill Climb
Bouley Bay, Trinity
A variety of motor vehicles race against the clock, reaching speeds of up to 90 miles per hour. Time: 10:00 - 17:00, Admission £5.00, under 16's free. Spectator's welcome.

Friday 15 July

Calima
Howard Davis Park
Enjoy an evening concert from this quartet of Spanish guitar and vocals. Time: 20:00, Free Admission

Saturday 16 July

Jersey Big Band
Howard Davis Park
An evening of big band music al fresco in the park. Time: 20:00, Free Admission

Mikhail Rudy and Misha Alperin 19N Double Dream
Jersey Arts Centre Working in harmony, classical virtuoso Mikhail Rudy joins jazz pianist Misha Alperin to bring forth partly rewritten and partly improvised compositions of classical repertoire works by Haydn, Beethoven, Schumann, Chopin, Debussy, Janacek and Scriabin. An inspired evening that will leave both classical and jazz enthusiasts enthralled.
Time: 20:00, Tickets: £15 (£8 students)

Sunday 17 July

Dawn Chorus Concert and Walk
As the sun rises enjoy an uplifting classical concert by The Beech String Quartet, then join a local environmentalist on a circular walk to welcome in the dawn of a new day. Meeting point: End of Gorey Pier. 04:30 – 08:00 hrs. Free of charge. For further information – Tel: 500777.

Jazz in the Park
Howard Davis Park
Bring a picnic and experience the musical sounds of Jazz, al fresco in the park.
Time: 12:00 - 21:00, Free Admission (no glass please)

Monday 18 July

'The Band of the Island of Jersey'
Howard Davis Park
An evening of Big Band music al fresco in the park. Time: 20:00, Free Admission

Tuesday 19 July

Jersey Caledonian Pipe Band
Howard Davis Park
Enjoy an evening al fresco concert in the park. Time: 20:00, Free Admission

We're All Going On A Summer Holiday
Howard Davis Park
Music from around the world with The Beech String Quartet.
Time: 14:00, Free Admission

EMBEB Symphonic Wind Ensemble with Christopher George
Jersey Arts Centre The EMFEB revised Ensemble returns to Jersey with this feast for the ears. Tickets: £15 (£8 students)

Wednesday 20 July to Saturday 23 July

JAC in association with Oxford Brookes University present, Human Rights Film Festival Jersey Arts Centre. Various, Tickets: £4 for each night, £12 for the series of 6 films

Thursday 21 July

Sunset Concert and Walk (Dolmen de Grantez). Meeting Point: Frances Le Sueur Centre, St Ouen. 19:00 - 21:30 hrs. Concert starts at 20:00 hrs. Tel: 500777
Walk through the small nature reserve at La Mielle de Morville, before heading to the Dolmen de Grantez for a wonderful sunset concert by the Liquorice Slick Clarinet Quartet, as the sun sets over St. Ouen's Bay. Bring a picnic.

Saturday 23 July

Sand Racing
La Braye, St Ouen The thrills and spills of local motor sport on the beach. Time: 14:30, Admission £2.00, under 16's free. For more information - Tel: 852952 or visit www.jerseymotorsport.com

Gambia Beat Band
Howard Davis Park
An al fresco evening concert in the park.
Time: 20:00, Free Admission

Sunday 24 July

Jersey Big Band
Howard Davis Park
Time: 15:00, Free Admission

Horse Racing – Jersey Derby
Les Landes Racecourse, St. Ouen. 14:30 hrs. Tickets £8.00 adults, under 15's free. Tel: 863484.
An afternoon's racing, organised by the Jersey Race Club.

Jersey Premier Brass
Howard Davis Park
An evening al fresco concert in the park.
Time: 20:00, Free Admission

Tuesday 26 July

Cantabile Ensemble
Howard Davis Park
An evening of choral music in the park.
Time: 20:00, Free Admission

Wednesday 27 July

Jersey Lillies
Howard Davis Park
Enjoy an evening jig with the ladies of the Jersey Lillies, al fresco in the park.
Time: 20:30, Free Admission

JAC Comedy and Avalon Promotions presents
Tony Law and Craig Campbell
Jersey Arts Centre
These Canadians are a side-splitting duo.
Time: 20:00, Tickets: £14 Suitable for 18+

Friday 29 July

Sand Racing
Millbrook, St Aubin's Bay. 18:00hrs. Spectators welcome. For more information - Tel: 852952 or visit www.jerseymotorsport.com

Young-Choon Park (piano)
Jersey Arts Centre
Young-Choon gave her first recital at the age of seven, gained the highest masters degree at the Munich Hochschule and now plays an average of 50 concerts a year all over the world.
Time: 20:00, Tickets: £15 (£8 students)

Saturday 30 July

Boderick
Jersey Arts Centre
Broderick's percussionless but hugely rhythmical sound dramatises its eclectic mix of traditional and self-penned tunes.
Time: 20:00, Tickets £13 (£7 Students)

Saturday 30 and Sunday 31 July

Surfing for Seb
The Watersplash
First Heat – Sat 08:30
Raffle, prize giving, BBQ and live music on Sunday.
Entry forms available from the Splash and all surf shops. Closing date 26/07/05.
All proceeds go to JABS (Jersey Association of Bereavement Support for Children)

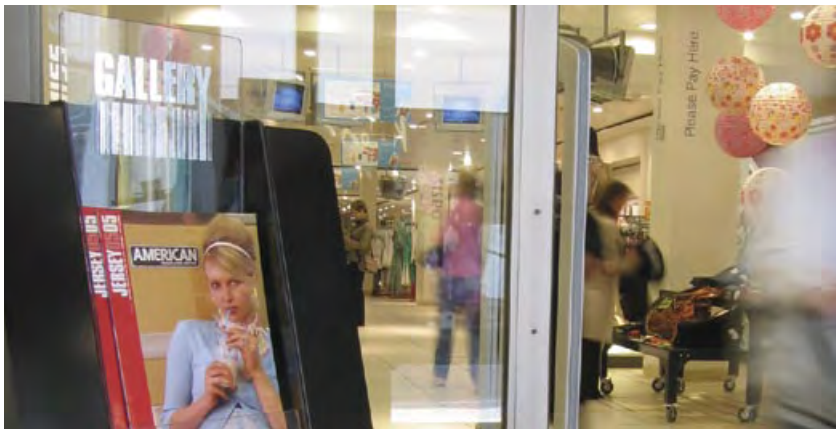
Sunday 31 July

Jersey Premier Brass
Howard Davis Park
An evening al fresco concert in the park.
Time: 20:00, Free Admission
human masters... Time:

Numbers

Jersey Arts Centre: 700444
Jersey Tourism: 500777

AdvertiserIndex



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St Helier, JE2 4SF
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E: jobs@1strecruit.co.uk

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JE2 4UA
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harbourview@localdial.com
W: www.harbourview.je

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St Helier
T: 769320
W: www.iqapple.com

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Rouge Bouillon, St Helier,
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St Helier, JE2 4WA
T: 879787

www.slomans.co.uk

South Pier Marine

South Pier,
St Helier, JE2 3NB
T: 711000
www.southpiermarine.com

Theory

www.positiv.org.uk

Thompson Estates Ltd

15 Beresford Street,
St Helier, JE2 4WN
T: 888855 / F: 733311
sales@thompsonestates.com
www.thompsonestates.com

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Mont du Boulevard,
St. Aubin T: 491910

Troys Estate Agency

23 Seale Street,
St Helier, JE2 3QG
T: 734488 / F: 759852
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W: www.troysjersey.com

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Fraiche (Exclusive)	739967
Rimmel	
Boots	730432
Shiseido	02073134774
Shu Uemura	02072352375
The Body Shop	732606
V05	
Boots	730432
YSL	
Boots	730432
Voisins	837100

Listings Cinema

The following films are scheduled for release throughout July. Please note, not all of the films will be screened in Jersey!

Contact

Cineworld, Waterfront Centre
0871 2208000
www.cineworld.co.uk

The New Forum Cinema
Bath Street, 871611

MADAGASCAR CHARITY SCREENING!

Sunday 3 July

Being shown in aid of Jersey Hospice Care a charity screening of Madagascar is taking place at 10.30 on Sunday 3 July. The event has been organised as part of a large fund raising effort by local people taking part in the Cycle Peru Challenge 2005. Anyone interested in taking part should go to www.cycleperu.com for more details. Great film, great cause.

Friday 1 July

Clean (15): IMDB: 7.2

Emily Wang (Maggie Cheung) is a woman wrestling with her dream of becoming a singer, her fitness as a mother, and daily life without her partner Lee (James Johnston). Her past is riddled with drugs and regrets, the result of which left Lee dead in a desolate motel room in Ontario, and landed Emily with a six-month jail sentence. The only thing that she desires for the future is a loving relationship with her son Jay, who is being cared for by Lee's parents, Albrecht (Nick Nolte) and Rosemary.

Dig! (15): IMDB: 8.0

A documentary on the once-promising rock bands The Brian Jonestown Massacre and The Dandy Warhols, and the friendship/rivalry between their respective founders, Anton Newcombe and Courtney Taylor.

Imaginary Hereos (18): IMDB: 7.2

The Travis family façade is destroyed by an event incomprehensible to them - an event which will open locked doors and finally reveal the secrets that have haunted them for decades. Starring Sigourney Weaver and Jeff Daniels.

The United States of Leland (15): IMDB: 6.9

The United States of Leland" tells the story of a young man's experience in a juvenile detention center that touches on the tumultuous changes that befall his family and the community in which he lives. With Kevin Spacey.

War Of The Worlds (12A): IMDB: 7.0

Based on the HG Wells novel originally broadcast as a radio play that terrified thousands this version star Tom Cruise as a docker. Right.

Who Killed Bambi? (TBA): IMDB: 6.3

Isabelle, a beautiful nursing student, is starting her internship at a prestigious hospital. She meets Dr. Philip there, feels attracted to him from the beginning and starts suffering from strange fainting; so he calls her Bambi: her legs don't support her. Patients mysteriously start to disappear from their rooms; so Bambi and Dr. Philip start a cat vs. mouse paranoid game, in order to catch the probable killer.

Friday 8 July

The Descent (TBA): IMDB: 9.5

Sounds good. A woman is trapped in an elevator with the man she witnessed murder her best friend.

Overnight (15): IMDB: 7.6

A documentary on the rise and stumble of Troy Duffy, the bartender-cum-filmmaker who was swept up by Miramax's Harvey Weinstein to turn his script for The Boondock Saints into a feature film.

Sisterhood Of The Travelling Pants (PG):

IMDB: 6.6

For the first time since their friendship began, the girls will be separated for a summer. Lena visits her grandparents in Greece and meets Kostos. Tibby remains at home, films a movie, and befriends a young girl named Bailey. Bridget goes to soccer camp in Mexico and falls in love with Eric, one of the coaches at the camp. Carmen visits her dad in South Carolina and finds out a shocking secret.

Sky Blue (15): IMDB: 7.0

Civilization has been destroyed by war and pollution, but the survivors have built the last city of Ecoban. As most natural resources have been exhausted, Ecoban is powered by pollution. The citizens of Ecoban need to continue creating this pollution leading them into conflict with the inhabitants of Marr while one man just wants to clear away the clouds and see the sky.

Friday 15 July

Dark Water (TBA): IMDB: TBA

A mother and daughter, still wounded from a bitter custody dispute, hole up in a run-down apartment building. Adding further drama to their plight, they are targeted by the ghost of former resident. Starring the lovely Jennifer Connelly, you can read an interview with her earlier in the magazine.

Madagascar (PG): IMDB: 6.3

At New York's Central Park Zoo, a lion (Stiller), a zebra (Rock), a giraffe (Schwimmer), and a hippo (Smith) are best friends and stars of the show. But when one of the animals goes missing from their cage, the other three break free to look for him, only to find themselves reunited...on a ship en route to the island of Madagascar. When their vessel capsizes off the coast, however, the friends, who have all been raised in captivity, learn first-hand what life can be like in the wild.

The Heart Is Deceitful Above All Things (15):

IMDB: 6.1

Directed by Asia Argento, the story follows Jeremiah, a child who is pulled from his foster home and thrown into a troubled life on the road with his teenage mother, Sarah. They travel through the country roads of the U.S. and learn first hand about the troubles of the world. With an impressive cast including Oscar winner Peter Fonda (Easy Rider, Ulee's Gold), this will be a much anticipated independent film.

The Wedding Crashers (15): IMDB: TBA

John Beckwith and Jeremy Klein, a pair of committed womanizers who sneak into weddings to take advantage of the romantic tinge in the air, find themselves at odds with one another when John meets and falls for Claire Clearly. Should be very good with Owen Wilson and Vince Vaughn sparking off each other.

Friday 22 July 2005

The Devil's Rejects (18): IMDB: TBA

After killing Sheriff Wydell, the Firefly family is caught in the path of a vengeful cop (Sheriff Wydell's brother). The police raid the family and Baby, Otis, Captain Spaulding and the rest head out. Rumor is that a prostitute named Candy falls for Otis. Get ready for a nation-wide killing spree!

The Fantastic Four (PG): IMDB: TBA

A group of astronauts gain superpowers after a cosmic radiation exposure and must use them to oppose the plans of their enemy, Doctor Victor Von Doom. Much anticipated comic book translation that follows the recent Sin City.

Kicking & Screaming (PG): IMDB: 5.6

Family man Phil Weston, a lifelong victim of his father's competitive nature, takes on the coaching duties of a kids' soccer team, and soon finds that he's also taking on his father's dysfunctional way of relating to people. Starring Will Ferrell and Robert Duvall.

Secret Things (TBA): IMDB: 6.9

Two young women find themselves struggling to survive in Paris, street-wise Nathalie, a stripper, and naïve Sandrine, a barmaid. Together, they discover that sex can be used to their advantage, and pleasure. Both find positions in the office of a large bank, where bored, under-stimulated, prey are easy pickings. After making their way through several layers of executives at the bank, with destructive results, they approach Christophe, scion to the bank director.

Silver City (15): IMDB: 6.3

The discovery of a corpse threatens to unravel a bumbling local politician's campaign for governor of Colorado.

Friday 29 July

Charlie & The Chocolate Factory (TBA):

IMDB: TBA

Tim Burton movie starring Johnny Depp - how good will this be!! Charlie Bucket comes from a poor family, and spends most of his time dreaming about the chocolate that he loves but usually can't afford. Things change when Willy Wonka, head of the very popular Wonka Chocolate empire, announces a contest in which five gold tickets have been hidden in chocolate bars and sent throughout the country. The kids who find the tickets will be taken on a tour of Wonka's chocolate factory and get a special glimpse of the wonders within.

Errance (TBA): IMDB: TBA

We don't know anything about this film apart from the fact that it stars Laetitia Casta which has to be a good thing.

Shallow Ground (18): IMDB: 5.1

Gory teen slasher methinks. A naked teenage boy covered in blood appears at a remote sheriff's station one year after the brutal unsolved murder of a local girl. Now Sheriff Jack Shepherd, guilt ridden over the girl's murder, must confront his own demons as he desperately searches for the boy's true identity and possible victims. Little does Jack realize that he has started down a path that will bring him face to face with an unthinkable horror. Before sunrise the living will pay for the pain the dead have suffered.

Skeleton Key (TBA): IMDB: TBA

A young woman helping care for an invalid in New Orleans finds herself caught in the middle of morbid goings-ons centered around a group of Voodoo practitioners.

Whisky (15): IMDB: 7.9

When his long-lost brother resurfaces, Jacobo, desperate to prove his life has added up to something, looks to scrounge up a wife. He turns to Marta, an employee at his sock factory, with whom he has a prickly relationship. The owner of a sock factory in Montevideo, and Marta, his employee, realize that their estranged relationship needs to change when Jacobo's long-lost brother prompting them to pose as a married couple. True gem of a movie.

July Diary

FRIDAY 1ST JULY ON THIS DAY IN HISTORY

4 month Battle of the Somme began at 7:30am. By the end of the day 20,000 British soldiers dead, 40,000 wounded.

SATURDAY 2ND JULY JERSEY CLASSIC VEHICLE SHOW

Held at the Pallot Steam and General Motor Museum, Trinity. Admission is free. 10am start. CI and UK owners attnd.

SUNDAY 3RD JULY HELP JERSEY HOSPICE CARE !!!!

Cineworld are holding a charity screening of the film *Madagascar*, starting at 10:30 for 11am. £4 child, £10 Adults

MONDAY 4TH JULY INDEPENDENCE DAY IN USA

4th July, 1776 marked the end of British influence in the North American continent. We left, they got fat.

TUESDAY 5TH JULY 'MURDER, MUCK & MAYHEM'

A guided walk around a St Helier you never knew existed. Tales from the past and stories of today. 19:30. £4.

WEDNESDAY 6TH JULY JERSEY WAR TUNNELS

Join experts for a 45 minute war trail at JWT, Meadowbank. A mini-expedition into the woodland surrounds.



FRIDAY 8TH JULY NZ v LIONS TOMORROW

3rd test in Auckland, NZ. This could be a crucial final game for the British and Irish Lions.

SATURDAY 9TH JULY EXTREME WEEKEND

Will it go ahead? At the time of compilation, *Gallery* was still unsure as to the fate of this great summer event.

SUNDAY 10TH JULY HORSE RACING LES LANDES

Les Landes hosts the Champion Hurdle today. Proceedings commence at 14:30.



WEDNESDAY 13TH JULY 134TH OPEN CHAMPIONSHIP

Held at the birthplace of Golf, St Andrews. Starts tomorrow. A demanding link course, (Jean Van de Velde)

THURSDAY 14TH JULY BOULEY BAY HILL CLIMB

Another episode of adrenaline junkies reaching speeds up to 90mph up a snaking circuit. Fun? ABSOLUTELY!

FRIDAY 15TH JULY ST JAMES CONCERT HALL HOST

An orchestral & Choral extravaganza, performed by the country's brightest young musicians. £9 Adults.

SATURDAY 16TH JULY GOREY REGATTA

Local and visiting sailors enjoy the opportunity of sailing in one of the oldest Regattas in the world!

SUNDAY 17TH JULY 'JAZZ IN THE PARK' PEOPLE!

Jazz musicians will be jamming in the Howard Davis ft. Dixieland, big band and acid to modern jazz. Bring a picnic.



TUESDAY 19TH JULY JERSEY KAYAK ADVENTURE

A tour around our stunning coastline. reach remote beaches, explore the cliff caves and see the wildlife.

WEDNESDAY 20TH JULY AUSTRALIA v ENGLAND

The 1st test of the Ashes series held today at the home of cricket, Lords. Come on Freddie and Tresco!!!



FRIDAY 22ND JULY BILLABONG PRO J-BAY

One of the best breaks on the planet plays host to the ASP tour. Today is the final day of competition.

SATURDAY 23RD JULY SAND RACING

Le Braye plays host to this weekends round. Enjoy the thrills and spills of local motor sport. £2 Adults. U16 free.

SUNDAY 24TH JULY FORMULA ONE IN GERMANY

Hockenheim hosts the 12th stage of the season. Schuey's on home soil. Will he reel in Alonso?

MONDAY 25TH JULY TOUR DE FRANCE-FINAL STAGE

Lance can't win it again? Today the tour enters the final stage, racing around Paris' most famous landmarks.

TUESDAY 26TH JULY TODAY IS BORING

Couldn't think of anything to tell you for today. But if you will, or have had fun on this day, mail us and let us know.

WEDNESDAY 27TH JULY DANISH PIPE SMOKING COMP

Armed with a pipe, 2 matches and 3 grammes of baccy. Whoever keeps his pipe burning the longest wins.

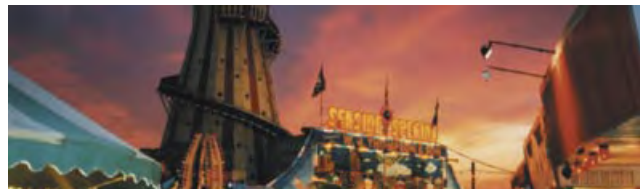


FRIDAY 29TH JULY THE FAIR COMES TO TOWN!!!!

"Scream if you want to go faster". Bruised Kidneys, fixed stall games and dodgy gun sights. Burbury & Candyfloss.

SATURDAY 30TH JULY FORMULA ONE IN HUNGARY

Schuey is still sore from losing...constantly. Ralph says he will quit at the end of the season. He's not enjoying it.



Q&C

QUESTIONS

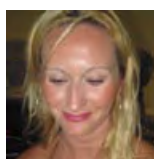
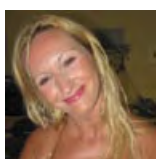
This month we've been out and found answers to three awfully important questions for your reading pleasure. Enjoy!

- A:** What's your top tip?
B: Do you tan or burn?
C: Have you got a favourite ice-cream?



NAME: Vicky MacTaggart
AGE: 25
OCCUPATION: Hairdresser

- A:** Wash your hair!
B: I do go brown but it takes me ages and ages - sunbeds!
C: Feast - the traditional one



NAME: Nanada Fernandes
AGE: 31
OCCUPATION: YSL Account Manager

- A:** Be Confident in yourself
B: Quite dark!
C: Strawberry and Vanilla most definitely

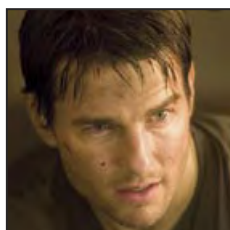


NAME: Dom
AGE: 31
OCCUPATION: Fashion Consultant

- A:** Dress yourself in your mind before you dress your body
B: Usually pretty brown - one summer I got mistaken for David James.
C: Coldrock / Smush-ins

COMPETITIONS

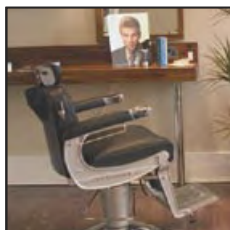
To win simply go to our website and answer the questions! www.gallerymagazine.co.uk/competitions



A: Entertainment package!!

Win yourself tickets for War Of The Worlds & loads of good books!

If you're searching for entertainment how's this for a competition? In conjunction with Cineworld and Ottakar's, Gallery are able to offer tickets to see War Of The Worlds (for some lucky winners in VIP style!) and a selection of the shortlisted books from this year's Orange Awards.



B: Man-style barbers treatment in London

Jason Shankey style

What's better than getting a proper shave guys? If you bothered to read the beauty pages you may have noticed that we went along to have the full face massage/shave etc treatment. Well if that sounded good you'll be pleased to know that we're offering the chance to win one yourself - as always, go to the website for details of how to win.



C: iPod-Shuffle

Life is random

The iPod Shuffle. A MP3 player of beauty and not much bigger than a packet of Juicy Fruit. Visit our website, answer the question and you've got music wherever you want it courtesy of the lovely IQ shop.



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