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**# 106**  
the **Give** issue





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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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with jokes, ideas, YouTube clips, etc.

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published with gusto in Jersey by

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#106

[GIVE]



## COVER CREDITS

Minnie Mouse dress  
from CRY  
charity shop

Yellow glasses from  
Pretty Vacant

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# edito

**A**s much as I'm trying not to, I still use Facebook pretty much every day. What can I say, I love seeing contrived motivational posters and pictures of what people I haven't seen for 10 years are doing with their lives, preferably as a selfie. The selfie; a visual virus of the smartphone wielding generation.

Wired this month described it as 'eating our culture'. It's certainly eating Facebook. Whether it's Ellen de Generes doing covert promotion for Samsung at the Oscars or people jumping on the craze for selfies with tramps, the genre is dominating our photographic use of digital devices. There's even a social network dedicated to people that just want to selfie taking, check @selfieim if you're a fan.

For the mostpart I hoped the selfie fad would eat itself like a narcissistic cannibal or go up in a blaze of #selfieimmolation. The last week, however, has shown me a use for this life-editing subculture that aligns perfectly with this months' 'Give' theme. #nomakeupselfie has shown that marrying the art of selfie taking, social media and a woman's desire to show that they can still look perky when they're not covered in MAC can be a positive thing. As we go to print over £2 million has been raised for Cancer Research.

I did watch with interest as the selfies turned to selfie/donation screenshot combinations; ladies showing they were putting their money where their faces were in the face of social media scrutiny. In fact I had no choice as Facebook became nomakeupbook for a few days. It's the most positive charitable social activity for years and a worthwhile retaliation for the machismo of Movember. Look out for Gallery embracing the selfie (in a way) this month before it spontaneously combusts in a vacuum of narcissism. Woof.

BD

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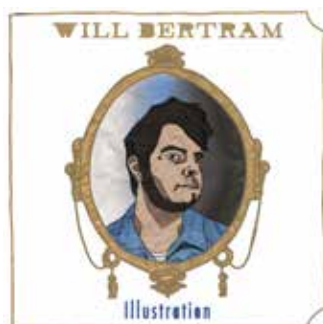
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## WILL BERTRAM

My work is illustration based, I take influence from Island life, pop-culture, current and past events. I try to incorporate humour in my work and often use a mixture of drawing, painting, sculpture and digital. I'm doing a foundation degree in Art & Design at Highlands and can mainly be found loitering in 69 Halkett Place.

**See> Giving to the Little Guys Page 14 & My Name Is... Page 62**



## JOHNNY REBOURS

Johnny is a 24 year old writer who enjoys live music and a cold beer. He has been living in Vietnam and Japan and has recently brought his cheeky smile back to London, where he hopes it will distract from the nonsense that usually spouts from his mouth.

**See> Volunteering in Ghana Page 38**

## CONTRIBUTE

## CONTRIBUTE@GALLERY.JE

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

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# LOCAL EVENTS

WHAT'S HAPPENING IN  
APRIL 2014

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**15&22.04.14**

**TENSAI**

**THE MERTON HOTEL**

**9.30PM // 724231 // ENQUIRIES@MERTONHOTEL.COM**

A show full of magic and illusion where East meets West! In Japanese the word 'Tensai' means genius and audiences world-wide have been left spellbound by the genius and talent of Tensai. This award winning act of magic and illusion combines the mystery of the Orient with stunning visual effects against a backdrop of beautiful costumes and creative choreography. Through the magic of Alan and Caroline Vandome, Tensai take you on a journey full of enchantment and amazement. From spectacular stage illusions, to close-up magic and audience participation, the oriental flavour of Tensai makes for a show where East truly meets West.

**15,22,27.04.14**

**JERSEY ADVENTURES**

**GOREY CASTLE**

**£10-20 // 10AM-12.30PM // 633300 //**

**INFO@JERSEYHERITAGE.ORG**

Come and have a Jersey adventure! Explore every nook and cranny in your search for hidden treasure and test your skills on the Archery field. Sessions are suitable for beginners (minimum age 8) and mixed ability groups of families or friends. Sessions are tailored to individual skills and levels of ability. six people are required in each group to run the session, advance booking is required.

**13&27.04.14**

**OPEN GARDENS**

**£3 // 2-5PM // 12+ ONLY // 484496**

Two beautiful gardens are open to enjoy this April, beginning with Oaklands, La Rue D'Elysee, St Peter on the 13th, then Domaine des Vaux, La Rue de Bas, St Lawrence on the 27th. With cream teas, soft drinks and free parking, why not see in Spring amongst simply gorgeous flowers on a Sunday afternoon?

**26.04.14**

**RUMBLE ON THE ROCK**

**FORT REGENT**

**6-10.30PM // INFO@ISLAND-RUMBLE.COM**

The biggest indoor sporting event in the Channel Islands is back with the largest crop of Jersey combatants ever assembled for the show will turn out to perform in a mixture of MMA and K1 bouts inside Rumble's famous 24ft cage! The island's premier fighters will be provided by The Channel Islands MMA Academy alongside kickboxers from Jersey Warriors, Pisces and Shodan's thai boxing. As always the show's live camera crew will be recording for national and international broadcast.



**04&05.04.14**

**THE MAN IN THE MOON**

**THE GRAND JERSEY**

**£27.50 // 7PM-MIDNIGHT // 722301 // RESERVATIONS@GRANDJERSEY.COM**

The Grand Jersey will be hosting a critically acclaimed play, Man in the Moon, written by award-winning film maker, Pearse Elliott and directed by Tony Devlin. Tony commented: 'Although it is a heavy subject matter, the irony is that Man In The Moon is a riotous comedy from beginning to end that has the audiences roaring with laughter but also brought to tears, with a very important message of hope and survival at its centre.' The play is about Sean Doran, a man who's been sacked from his job, his girlfriend has left him, taken their child and he's back living in his mother's house. Alone, with a takeaway, Sean tries to make sense of it all. Over the course of one night he takes the audience on a soul-searching journey through life, love and death, via his past, present and future. Man In The Moon is the tender story of one man's resolve, to overcome what life has to throw at him.



UPFRONT

EVENTS

CULTURE

FEATURES

TRAVEL

BEAUTY

FASHION

APPETITE

PLACES

BUSINESS&amp;RECRUITMENT

SPORT&amp;FITNESS

HARDWARE

MUSIC&amp;NIGHTLIFE

**25.04.14****MARK THOMAS - 100 ACTS OF MINOR DISSENT****OPERA HOUSE****£12-15 // 8PM // 511115 // BOXOFFICE@JERSEYOPERAHOUSE.CO.UK**

Mark Thomas is well-versed in the art of creative mayhem and over the years his troublemaking has changed laws, cost companies millions and annoyed those who most deserved to be. Now he returns to what he does best; mischief or rather joyously bad behaviour with a purpose... After his award-winning show Bravo Figaro, Mark sets himself the task of committing 100 Acts of Minor Dissent in the space of a year. Mark catalogues everything from the smallest and silliest gesture to the grandest confrontations – and the results are subversive, hilarious, mainly legal and occasionally inspiring.

**15-17.04.14****BELLS, BUNNIES & BONNETS****LA HOUGUE BIE****£5-7.90 // 10AM-4PM // 633300 // INFO@JERSEYHERITAGE.ORG**

A celebration of a traditional Easter, discover why the bells are important, why there are bunnies at Easter and who wears bonnets. Have a go at creating bunny crafts, make your own bonnet and ring some bells. Head to La Hougue Bie to hear storytelling, make some Easter crafts and take part in Easter trails and hunts. Free to Jersey Heritage Members/Jersey Pass Holders.

**14&21.04.14****VIVA BRAZIL!****THE MERTON HOTEL****9.30PM // 724231 //****ENQUIRIES@MERTONHOTEL.COM**

Come along to this stunning Brazil Carnival show! With the World Cup and Olympics taking place in Brazil, this show will feature a football freestyler, capoeiristas, and carnival dancers to a soundtrack of Latin American rhythms and red hot Latino beats. Viva Brazil!

**05.04.14****FREE CHOIRS CONCERT****THE TOWN CHURCH****RETIRING COLLECTION // 8.30PM**

Amazing choirs Concordia and La Canterie du Rey are travelling to our Island from Coutances in Normandy; showing off their undeniable talent in this concert. A fantastic evening out, with a retiring collection in aid of the Stroke Association and the Town Church.

**01-29.04.14****GUIDED WALKS****THE GUNSITE CAFE OR ROYAL SQUARE****£10 // 10.30AM - 12.45PM OR 19.30 // 482822 //****TOM.BUNTING@LOCALDIAL.COM**

Walk number one, called "Living with the Enemy" begins at 10:30 every Tuesday morning at the Gunsite Cafe, finishing at the Jersey War Tunnels at 12:45. Find out what life was like for the ordinary person during the German Occupation, passing buildings left by the occupying forces and visiting the anti aircraft battery that was excavated by Channel 4's time team archeologists.

Walk number two: "Murder, Muck and Mayhem" is on Tuesday evenings, leaving the Royal Square at 19:30. A light hearted look at the history of Jersey, with a chance to visit a few out of the way places and hear about strange events, customs and characters that have made Jersey the special place it is today.

**05-06.04.14****VINTAGE FAIR****LIBERTY WHARF****8AM-6PM (SAT) // 9.30AM-4PM (SUN) //**

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## 2014 BARCLAYS JERSEY BOAT SHOW SETS SAIL AGAIN!

**WORDS** Alan Donald, Group Marketing & Communications Manager - Ports of Jersey



The 2014 Barclays Jersey Boat Show returns this coming May Bank Holiday weekend. The three-day show, which is the largest free-entry event of its kind in the Channel Islands is now in its seventh year and will take place in and around St Helier Marina between Saturday 3 and Monday 5 May 2014.

Organised by Jersey Marinas on behalf of Ports of Jersey, the show regularly attracts in excess of 30,000+ visitors over the three days and provides both residents and visitors alike with the opportunity to dip their toes into all things nautical and discover up close the wealth of maritime related activities and services available in the Island.

Attracting some of the leading global yacht manufacturers, including Fairline, Sunseeker and Beneteau, organisers are expecting in excess of 20 on water exhibitors this year representing up to 26 boating brands together with upwards of 65 vessels gracing the pontoons, many of which will be open to the public to step on board and view.

The Royal Navy will once again have a presence at this year's show, including the welcome return of HMS SEVERN. The 79-metre River Class Offshore Patrol Vessel will be joined by two university ships, HMS RANGER, a P2000 Archer Class Patrol Vessel, HMS PUNCHER, a P2000 sea-based

training platform and four Offshore Raiding Craft. All of these vessels will be open to the public at no charge throughout the weekend.

The Band of Her Majesty's Royal Marines Commando Training Centre from Lympstone, Devon will also be appearing, performing two public evening 'Beat Retreat' ceremonies on Friday 2 and Saturday 3 May, which will be guaranteed crowd pleasers.

The show prides itself on its family atmosphere and this year will feature an outdoor & active zone, which includes a charity bungee jump initiative, action-packed water demonstrations in the harbour as well as a dedicated kids zone play area. For those who prefer to keep their feet firmly on the ground and simply soak up the festival atmosphere there's a great entertainment programme on the main stage, including performances from Inside Job, Sgt. Pipon and Parklife Choir as well as information talks by Durrell.

**FOR FURTHER INFORMATION ON THE 2014 BARCLAYS JERSEY BOAT SHOW VISIT THE WEBSITE [JERSEYBOATSHOW.COM](http://JERSEYBOATSHOW.COM) OR FOLLOW THEM ON FACEBOOK AND TWITTER**

And as you'd come to expect there's a great selection of food and refreshment stalls to tantalise your taste buds or a chance to pick up a bargain or two from the numerous stallholders along the quay, ranging from leisurewear clothing and local artisan products to the latest in marine related gadgets and gizmos.

Other highlights over the weekend include the opening ceremony on Saturday 3 May, including the raising of the official flag as well as the young cadet inspection on Sunday morning carried out by His Excellency the Lieutenant Governor of Jersey followed by the traditional Sea Sunday Service.

The 2014 Barclays Jersey Boat Show opens on Saturday 3 and Sunday 4 May between 10am and 6pm and on Monday 5 May between 10am and 5pm - and please remember it's free admission.

So why not come along and join in the fun - it's a great way to blow away those winter blues and kick start that summer feeling



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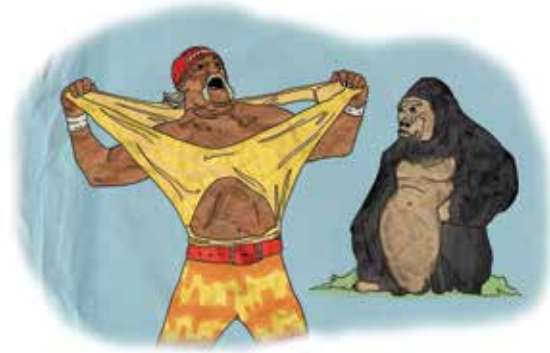


**WORDS** Grant Runyon  
**ILLUSTRATION** Will Bertram

To live in Jersey is to be lucky enough to live in one of the safest, cleanest and wealthiest societies in the world.

Despite what you might read in the UK's inkier papers, we don't all hide gold-plated suitcases full of Chris Moyles' money, but we certainly do alright when compared to a lot of other places. We have rich people and poor people like anywhere else, but I can't remember the last time we were annexed by Russia, plagued by honey badgers or buried underneath an eruption of molten lava. The most stressful thing that's happened to Jersey in the last twelve months is some unusually gusty weather causing M&S to run out of ready meals. As luck would have it we pulled together as a community, the tide went down and 3-for-2 Spaghetti Carbonara was restocked before the Red Cross needed to get involved.

Our fortunate position makes us a charitable community, from the hardworking families donating their clothes to the Oxfam shop all the way up to the Bentley-driving lords of finance, who selflessly write off hefty donations to donkey sanctuaries against multi-million tax liabilities in Monaco and Antigua. Charities are so well-publicised in dress-down days, sponsored walks and wacky facial hair challenges that it can be a real challenge to work out in which bucket you should chuck your coins next. Most people plump for animals (cute and unthreatening), underprivileged children (sympathetic until they grow up) or disease research (hedging your bets), but this has the unfortunate side-effect of diverting attention away from issues that might be less glamorous, but are equally deserving of the £4 you would have otherwise spent on another cup of hot, sugary milk. Why not alleviate a little more of your first world guilt and throw a few pounds to one of these lesser-known charities?



## WWF: WORLD WRESTLER FUND

Before 2002 it was tricky to tell whether the initials WWF symbolised a love of pandas or piledrivers, a confusion which led to much embarrassment when a mix-up on Blue Peter led to Hulk Hogan being served a basket of Viagra-spiked bamboo whilst Brutus 'the Barber' Beefcake was set upon by starving tigers - Jake 'the Snake' Roberts wisely maintained a foot in both camps and was later knighted for rescuing John Noakes from Hulkamania running wild on his bottom. The upshot of this diplomatic bodyslam was that WWF wrestling became the WWE, the World Wildlife Fund carried on keeping an eye on the rhinos, and the world forgot about the plight of those gigantic men too old or sick to continue doing steroids and beating each other with folding chairs. Today, the confusingly-named World Wrestler Fund solicits donations of cash and miss-spelled cardboard signs to help these retired grapplers in their hour of need. A donation of just £5 can buy enough facepaint for Legion of Doom to go to the shops, £10 funds a new kilt for Rowdy Roddy Piper and £35 can rent a video camera so The Iron Sheik can record a rambling threat to break The Ultimate Warrior's legs.



## NICENEWS: WEANING GRANDPARENTS OFF THE DAILY MAIL

For generations society has assumed that becoming mean about single parents, paranoid about the EU and racist towards gypsies was an inevitable side effect of ageing, alongside an interest in beige nylon trousers and cruise holidays. Recent scientific breakthroughs have dramatically proven that this is not the case, and for the first time established a correlation between developing cartoonish right-wing views and the regular consumption of a newspaper that endorsed the British Union of Fascists and thinks that gay marriage caused the global recession. The dedicated volunteers at NiceNews painstakingly replace the illicit buzz of the Mail's hysterical articles about social workers and muslims with gentle Radio Times profiles of Anthea Turner, before slowly introducing National Geographic and eventually full-scale substitution with The Guardian. With your support, their success rate in preventing gran from becoming a frothing reactionary is as high as 75%; unfortunately scientific consensus remains that any pensioner already hooked on The Daily Express is beyond hope.



### THE KRANKIE SOCIETY (RAISING AWARENESS OF KRANKIEISM)

How would you feel if you were a fully-grown woman, afflicted with a genetic condition that made you resemble a small Scottish boy? There's no punchline to this joke, because it's the true story of people who grow up with the rare and incurable condition of Krankieism, caused by a terrible mutation of the Fandabidozi gene. The work of the Krankie society carries out medical research into this little-known disorder, as well as related light entertainment conditions such as Mallet's Mallet, Crinkly Bottom and Chegwin Syndrome. Give generously, because these people deserve better than to be shunned and jeered at when they walk the streets.



### ROYAL SOCIETY FOR THE PREVENTION OF CRUELTY TO D LIST CELEBRITIES

The western world's insatiable demand for reality television has enabled our society to gorge itself on junk entertainment, with the tragic hidden cost that unwanted celebrities are multiplying faster than homes can be found for them. The RSPCD campaigns to remind people that a celebrity is for life, not just for one series of The Apprentice. It offers free education to TV commissioners at Channel 4 and provides a neutering service to prevent any more of Kerry Katona's unwanted children being found abandoned in the bins behind the tattoo parlour. Your small donation could provide for a loving home for Craig from Big Brother, take the entire cast of Geordie Shore to the STD clinic or arrange for Katie Hopkins to be humanely destroyed.



### SAVE THE MIDDLE CLASS CHILDREN

Across the world, in areas of war and famine, it is always the innocent children who suffer most. This is no less true in Britain's slightly-deprived middle class communities, where children like Alfie (6) and Charlotte (3) have gone without (organic) food for weeks because Mummy lost her job copywriting part-time for an online marketing startup. Until she contacts another schoolfriend on LinkedIn and finds work, Alfie, Charlotte and Mummy will have to survive on just Daddy's salary as a fund manager. This will mean no family outings to Bestival, no yoga classes and the horrible possibility that Alfie will have to catch the bus to the local comprehensive. Have a heart - don't let Charlotte grow up in a world where she has to use Microsoft Windows and fly economy class.



### CAMPAIGN TO SEND BONO TO MARS

Thanks to NASA, we believe that at some point in its long history the planet Mars may have supported basic cellular life. A full-scale manned mission is still decades away, but a consortium of mega-philanthropists has banded together with the bold vision to send a human ambassador to the red planet. The consensus amongst experts is that only one man is suitable for this task: Bono, lead singer of U2 and coincidentally someone that both Bill Gates and Ban Ki Moon try and avoid sitting next to at dinner. Your donations will fund an experimental, one way rocket and the campaign required to convince Bono that Martian civilisation exists and wants to be lectured about charity by a multi-millionaire tax dodger. The journey will take at least five years, but the rocket will be fitted with a fail-safe detonator in case scientists later discover that Martians really do exist, have already heard Bono's last album and would perceive Earth's mission as an act of war.





# HOW TO GIVE

A GUIDE FOR THE  
NATURALLY SELFISH

WORDS Grace Ryan  
ILLUSTRATION Sarah Gabison



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My dear departed mother was fond of the proverb that tells us that “it is better to give than receive.” Dearest Mummy, she was so sweet and kind (after her sixth drink), but this did not extend to her last will and testament, composed after I had her banged up in St Mildew’s Home For The Crotchety.

She may be gone, but her thoughtful bequest in my name will never be forgotten - because she donated my inheritance to radical Islamists and I am reminded of her wishes any time I attempt to go through an airport without being given a cavity search.

I’ve never got the hang of giving anything away that I might want back later, whether you’re asking me for money for orphans or for any of my 600 pairs of shoes. I cheered when naked selfishness became fashionable during the 80s, but according to the judge “greed is good” is not a legitimate defence for stealing those Basil Brush coin collectors from the airport and blowing the money on

gin. My best advice, if you’re ever required to convince the doctors that you’re not an “amoral sociopath” (just an example I made up), is to imagine a few schemes that might convince the public you’re kind and charitable. You may never need to actually do them (sorry, children of Romania) but talking about them to enough people may do the trick of making you seem more like Mother Teresa than the sort of person that would be arrested for stealing the battery out of a mobility scooter. Again, just an example that never actually happened. Read on for advice on every giving situation, unless you’re my probation officer.

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### **STEP 1. GIVING TO PEOPLE CLOSE TO YOU**

I spent some time weighing up the pros and cons of whether it is better to start the path of giving with those close to us (“friends”) or with total strangers. On the one hand, when you give a present to a friend they are expected to tell other people about your generosity, on the other if you give something to an unknown poor you won’t have to be upset by seeing them enjoy it. You should probably start with people close to you, because unlike the poor they might feel obliged to give you something back.

It’s appropriate to give something to a friend, relative or co-worker when something nice happens to them (birthdays, weddings) but confusingly also when something bad happens (funerals, road accidents). Be careful not to get the two mixed up, as no matter what you know about the groom a condolence card is as inappropriate for a wedding as a bunch of balloon animals is for a funeral. It’s good to give a gift that you think is something the other person would like, but a bottle of whiskey is not appropriate when they are unhappy because they ran over a pedestrian. If this happens, remember to look sad even if they avoid going to prison.

### **STEP 2. GIVING TO PEOPLE YOU DON’T KNOW THAT WELL**

This is very hard, because you’re not allowed to ask people what they would like, and it’s risky to ask their partner if you should get cake for a present because they are already overweight. Don’t think you can get around this by listening in on their phone conversations, or by going through their handbag when they are in the toilet. People get upset when this happens and will not stop crying just because you tell them you feel obliged to buy them a birthday present and don’t want to waste

money you could spend on yourself. Play it safe and get them a voucher, but make sure you first ask somebody in the shop if they have things that a Jewish / diabetic / disabled (delete as applicable) person would like. Weddings are less work, as people will try and trick you into buying things like iPads and motorbikes by putting them at the top of a list with spoons at the bottom. Ignore this and get them spoons (one each).

### **STEP 3. GIVING TO PEOPLE YOU HAVE TO PRETEND TO LIKE (CHILDREN)**

Children are very hard to give to, because they haven’t learned to fake being grateful yet. You could give them something worthless or an object you’d like to see broken anyway, but you will look bad if a toddler gets tetanus from your bag of old lightbulbs or the rusty hacksaws that were cluttering up your garage. You also can’t give a child money, alcohol or slutty clothes, even if you suspect that’s what they’d really like after spying on their Facebook pictures. It’s probably best to try and remember that you’re giving the child something you think the parents would give it if they were you, and if you were the sort of person who liked giving things to children because you like children. Confused? Me too. Get them a voucher or some spoons.

### **STEP 4. GIVING TO PEOPLE YOU DON’T KNOW AT ALL, BUT WHO LIVE NEAR YOU**

You can give many presents to people you know, but there’s a limit to how nice this will make you look to a panel of psychiatrists. If you get these people a present, it will usually be dismissed as a bribe, and they will only remember your birthday if it’s the anniversary of the day you allegedly killed somebody and buried them in the woods - don’t expect cake! What is good is to find a way of making sure that everybody knows how much you care about a specific group

of people by constantly asking for money on their behalf. If you do this consistently enough, you won’t have to give up any of your own cash, although you might be expected to spend some time with them. It’s alright to take a cut of the money (“for administration purposes”) but don’t post poolside selfies from Spain if you begged thousands to buy the local OAPs a minibus and only got them a “second-hand” mobility scooter battery.

### **STEP 5. GIVING TO PEOPLE YOU’LL NEVER MEET**

People from Africa are always super grateful if you give them things, even if they come from one of the parts of Africa that aren’t shown on Sky News because they’re not having a civil war. People from those parts are too polite to tell you they know perfectly well what Christmas is, or that they invented civilisation whilst European man was eating poisonous mushrooms and living under a pile of sticks. They’re definitely too polite to say anything if you pretend to be super-religious, so start by telling everybody on Facebook you’re giving up chocolate for lent, move onto piously rattling a bucket in King Street and eventually you’ll be fronting a mission to Timbuktu whilst putting down payments on a second yacht.

If you can’t stand the idea of helping either local or foreign poors, then there’s always the option of post-dating your generosity by telling everybody you’re an organ donor. You’ve only got two of most things though, so be careful to avoid the faux pas of triple-booking your lungs. Also, take it from me it’s incredibly awkward to realise you don’t actually have to be dead to give up a kidney. Sorry kids, but my spare is on hire-purchase from a Bangkok butcher until the market for Basil Brush statues picks up.

## THE RANDOMNESS OF MISC!



### A ZOOKEEPER'S BEST FRIEND?

A zoo in North Korea has reportedly welcomed its newest animal attraction - a simply captivating pack of Yorkshire Terriers. The miniature dogs have been introduced to Central Zoo in the capital Pyongyang, according to state media. Korea Central News Agency (KCNA) said the dogs are now learning "several feats", although it did not elaborate on the type of tricks they might perform. North Koreans not familiar with 'Yorkies', were even given a description of them.

### A MAN WALKS INTO A BAR ...

...with a tiger on a leash. A joke? Of course not. John Basile faces misdemeanor charges after he took the big cat into Uncle Richie's bar in Lockport, Illinois. Mr Basile owns Big Run Wolf Ranch, a run-down animal rescue centre where he keeps wolves, a bear and the tiger. Witnesses say people started screaming "Is that a tiger?" in disbelief, after Mr Basile and his feline companion walked in. Terry Lemming, Lockport police chief, said: "My concern really was for the people that frequent the downtown area. This was at 7.30 at night on a Sunday in an area that has a lot of people walking around." It is not the first time a big cat has visited the bar - after a woman was bitten by a tiger at the same drinking spot last December. He just didn't learn, did he?



### FISHY BUSINESS

Police in Lancashire are trying to trace a pair of teenage pranksters after they slapped an unsuspecting supermarket worker across the face with a wet fish. A young woman had approached the fish counter and was asking about different fish when she suddenly struck the Asda employee. "Without warning, the woman picked up a large bream from the fish stall and slapped the worker across the face before running out of the store," said a police spokesman. The victim believes the incident was being filmed on a mobile phone by a man stood nearby who also ran from the scene when challenged. Police released CCTV images of the couple who were both said to be between 15 and 18-years-old. PC Graham Hartley said: "This behaviour is completely unacceptable and I would appeal to anybody that witnessed this incident to come forward." Simply shocking.

## BROAPP\_

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Automatically message your girlfriend sweet things so that you can have more time with the Bros.

### LAZY MUCH?

A new app aims to allow users to spend more time with their 'bros' by sending automated messages to their girlfriends. The BroApp, which is available in the Android Play Store, allows users to send a series of automated lovey dovey messages. Australian developers Factorial Products Ltd. describe the app as "smart" and a key way of "maximising your relationship". Users are asked to type in their girlfriend's name and number when they first download the app, and after that it's up to them to write the messages. The app even detects when the user is at his girlfriend's house by identifying her WiFi network, and doesn't send any messages then - which would blow the whole cover. It also detects when the user has messaged his girlfriend in real time, or she has messaged him, and cancels any pre-written texts to avoid arousing suspicion. Is this a work of genius or simply a sexist con?





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# NEWS IN NUMBERS

**3,000** square metre WWI exhibition area being constructed

**5**

years in gaol for drug smuggler who kept a replica handgun in his car

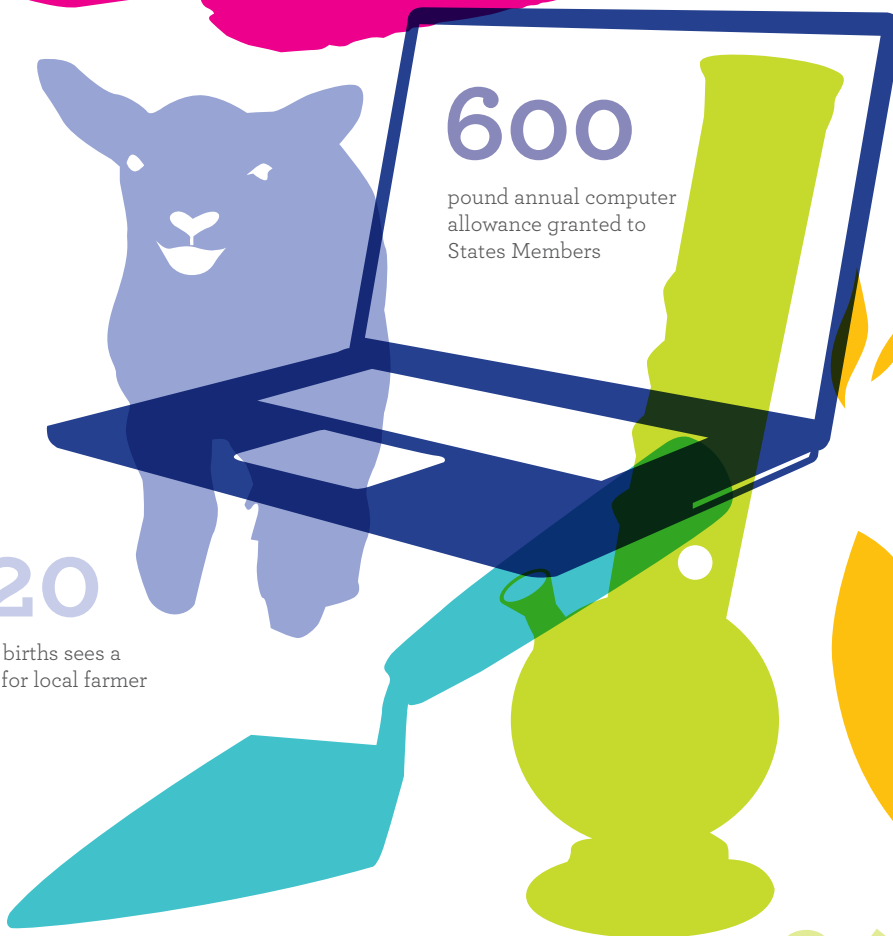


**600**

pound annual computer allowance granted to States Members

**120**

lambs' births sees a record for local farmer



**2,200,000**

pound plans to repair Gorey pier submitted

**24**

year old attempts cannabis importation to raise funds for buying a house

**3**

charges of breaches to health and safety regulations pleaded guilty to by Jersey Gas



# *the* Waterfront

An all new food and drink concept called  
The Waterfront has arrived at the Radisson Blu Hotel

Drawing inspiration from its seafront location, in the region of £1 million has been invested on major refurbishments to create a contemporary yet classic space. Brand sparkling new, plush velours, cool chromes, subdued lighting and intimate nooks dovetail beautifully to create a luxurious retreat. Pass through to the indulgent terrace decked with lounge seating sheltered by wind breakers and warmed by cosy heaters.

Our new A La Carte and bar menus feature classic dishes with a quirky and modern twist using the finest local ingredients. Wind down on the weekend in our stylish new bar sipping cool cocktails and crisp wines to the sound of live music or savour an exquisite afternoon tea on our sun-drenched terrace.

Drift away over breathtaking views of the marina and Elizabeth Castle in a place for all seasons, with a vibe that everyone wants to feel, where everyone is a friend.

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Waterfront... come see the  
transformation for yourself!

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• THE •  
*Genuine*  
Articles

## GENUINELY GENUINE JERSEY

Whether it's freshly baked bread, fruit and vegetables, prime cuts of local meat, art and crafts or a pint of ale or Jersey cider, members of the Genuine Jersey Products Association offer a diverse range of goods right on our doorstep.

The Association's Chief Executive, John Garton, says the success of Genuine Jersey is a combination of a strong local rural economy, the entrepreneurial zeal of single and small business and the fantastic variety of quality fresh produce and locally made products. However, that success would not be possible without the support of Islanders who 'buy local' and visitors on the lookout for genuinely local souvenirs.

Since the Association started in 2001 it has attracted a loyal and enthusiastic membership, which qualifies to use the distinctive Genuine Jersey mark on products that have been reared, grown or caught in Jersey or created by accredited Islanders.

Businesses that do not meet the membership criteria need not feel left out. If they want to give something back to the community by championing local produce and producers, they can apply to be a sponsor to help raise awareness of local goods or to share their expertise. In return they also get their very own Genuine Jersey sponsors mark.

The current sponsors are: CI Travel Group, Direct Input, El Tico, Future Finance, Islands Insurance, Jersey Electricity plc, Jersey Rural Magazine, Lab-6, La Pav Ltd, Mange Tout, Normans, Parslows Lawyers, Solitaire Consulting, The Harbour Gallery, Webeality and [www.anina.je](http://www.anina.je).

For Jersey Electricity, being a sponsor is part and parcel of the company's overall community support. In addition they want to assist food producers, craftsmen and women for whom sustainability is as also a business by-word.

Another long-established local firm, Normans, says it is proud to be part of Genuine Jersey because it means they are helping businesses whose roots, like theirs, are deep in the fabric of Island life.

The Association's Chief Executive, John Garton, says sponsorship income is key to making the Genuine Jersey brand the byword for the best the Island has to offer.

**ANOTHER LONG-ESTABLISHED LOCAL FIRM, NORMANS, SAYS IT IS PROUD TO BE PART OF GENUINE JERSEY BECAUSE IT MEANS THEY ARE HELPING BUSINESSES WHOSE ROOTS, LIKE THEIRS, ARE DEEP IN THE FABRIC S OF ISLAND LIFE.**

'When Islanders and visitors buy produce and products bearing the mark they can do so in the knowledge that they are supporting local jobs, boosting the Island's economy, embracing seasonality and reducing their carbon footprint,' he said.

Annual fees for Genuine Jersey sponsors are based on their number of employees. Business employing up to five people pay

£232, those employing from six to 25 staff pay £348; 26 to 50 £560 and a business with more than 50 employees pays £1,120. However, rather than pay a subscription, a sponsor can offer a service to the equivalent value.

Sponsors add value in a number of ways. For example Islands offers a special commercial combined insurance scheme for members with a turnover of less than £250,000 a year. This provides free Public and Product Liability cover of £2.5 million so members can take part in public events, such as markets and shows, in the Island and overseas.

Businesses interested in becoming a sponsor can complete the application form to be found on the website - [www.genuinejersey.com](http://www.genuinejersey.com) - call John Garton on 448114 or email [john.garton@jersey.com](mailto:john.garton@jersey.com)

In return for supporting the Association, sponsors are permitted to use the Genuine Jersey Sponsor mark and are featured on the Genuine Jersey website.








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pet  
OF THE  
month



## SHARON MORLEY

Breed: Female

Age: 44

Likes: Baking with my Daughter Jasmine and family walks with Poppy.

Hates: Rude people.

If I was an Animal I would be: a Dolphin and swim the oceans

Wants: Peace and happiness for my family

Interesting Facts: I have four children, five step children and two grand children!

Most impressive thing I've done: I Caught a 127lb 6ft 6 long catfish!

## POPPY

Breed: French Bulldog

Age: 19 months

Likes: Walks on the beach and playing with Jasmine my owners' daughter

Hates: Walks in the rain and cats

If Human I would be: a comedian

Wants: lots of cuddles and attention

Interesting fact: One of my best friends is a guinea pig, I like giving him kisses.

Most impressive thing I've done: escaped from my pen at work!

## Dolphins

words | Dierdre Shirreffs

*Are animals charitable? Do they help others without any personal gain? Yes they do and the term for it is altruism. Perhaps the most well-known example of an altruistic animal is the dolphin. There are many stories dating back to Ancient Greece where dolphins have led ships out of danger or rescued a drowning human.*

Dolphins have also been known to support an injured or ill member of their pod, bringing it up to the surface to breathe until it is better. A recent news story described how a group of dolphins circled some divers who felt threatened at first until they realised that the dolphins were protecting them from a shark.

Several species of dolphin live in the sea around Jersey, the most common being the bottlenose dolphin. They live in groups of 10 to 30 called pods. They are carnivores,

feeding mainly on fish. Sometimes they hunt as a team. They detect their prey using echolocation – to do this they make clicking sounds and listen for the echoes bouncing back to determine where the fish are.

Pregnancy lasts for twelve months with most calves being born in summer. Each female usually gives birth to a single calf and twins are rare. Being mammals the calf is fed with its mother's milk. Suckling can last for 18 months to eight years and the calf remains close to its mother for years afterward.

Dolphins need to surface to breathe air through the blowhole on the top of their head and typically breathe several times a minute although they can remain submerged for up to twenty minutes. When they sleep one half of their brain remains active to surface and breathe. The blowhole closes with a flap when they are submerged.

Other examples of animal altruism include meerkats where one animal will keep watch while the other members of the colony feed. The most extreme examples are some species of spiders where the male allows himself to be eaten by the female after mating to provide nourishment for the eggs and give his offspring a good start in life!



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## SINKING THE OPPOSITION

For some, it's a bit of fun. For others, the world's most famous dog show is an all-consuming passion. Every year, more than 21,000 dogs are put through their canine paces. For local man Richard Long and his wife Rachel, one of these competitors was Hunter, who so I'm told, did exceptionally well.

Hunter, who boasts a fantastic temperament, comes from a long line of winners. One of two puppies, Hunter was born to Nelly (Addaci Frosted Moon) and Csoki (Addaci Vad Solyom) on the 13th November 2012 and boasts a similar spirit to that of his father, whose Hungarian, US pedigree brought important new bloodlines to the UK gene pool.

His show name, Forthenry Royal Commander comes from Hunter's breeder, who took inspiration from his background in the Royal Navy – a passion of Rich's

too. Being the proud owner of a dog who is named after something he used to love holds a huge place in Rich's heart.

Hunter is very loving, gentle and has a true desire to please. He is full of exuberance for everything he does. He loves being outdoors, meeting other dogs, running on the beach, swimming in the sea, chasing a ball and just generally having a great time.

Hunter's journey so far has consisted of several wins: Best puppy at the 2013 Guernsey Kennel Club Winter Open Show, Winner of the Best in Match at the

*When I ask Rich what's next for Hunter he replies 'Next year, he's going to win Crufts!'*



Kennel Club, CI Dog of the Year, 2nd Best Gundog in the Channel Islands and fourth best at the Kennel Club Members Show. However, his noblest moment to date was his recent performance at Crufts, where he awarded the title of first place in the Special Junior category.

Hunter's proud owners, Rich and his wife Rachel, who together form "Team Hunter" never thought they would get into showing but were encouraged by Roe Cox (a big Irish Setter breeder) and Peter Walker (a famous dog showman). Peter, having made it to the final stages at Crufts, has been on hand to answer any questions they've had.

When I ask Rich what's next for Hunter? He replies 'Next year, he's going to win Crufts!'

## Easter at Durrell

The Easter egg scavenger hunt is back! Easter weekend – 18th – 21st April

Saturday 19th April: special Easter treats for gorillas, orangutans and bears.

Ask questions at our animal talks and learn more about the captivating creatures in our care.

Sunday 20th April: Enter your Easter Bonnet in our wildlife themed competition and win a prize!



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[www.durrell.org/events/Easter-at-Durrell](http://www.durrell.org/events/Easter-at-Durrell)





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# RBS INTERNATIONAL

A commitment to sporting excellence

Community banking sits at the heart of how we are changing the business we do and the way we conduct business. Aside from our financial services, an important element of community banking is our direct commitment to be a model for how a bank can contribute to society. With a broad sponsorship programme focused on the arts, education, enterprise management, conservation/environment and sport, we engage in a range of activities that we hope will make a real difference to the communities in which we operate.

Of the five key areas of our sponsorship activity, sport drives individuals to improve both themselves and their results, to perform a little better than others through their skill, power and focus. The NatWest Island Games represent the 'jewel in the crown' of our sports sponsorship programme and provide a platform of opportunity for sportspeople from 24 island communities around the world to enjoy friendly but serious competition. The Games have grown over the past 14 years to be one of the largest multi-sport events after the Olympics and the Commonwealth Games. Last year, the Games held in Bermuda, attracted around 2000 competitors and officials, with many more island representatives and supporters in attendance.

Hosting the Games in our home jurisdiction of Jersey in 2015 will make a wider contribution to the Island's community. There is no question that the Games form a significant part of our islands' cultural landscape. Participation in higher level sporting competition is only one aspect of the success of this event; as important are the opportunities it affords to share experiences relating to our unique island stories.

As part of our sponsorship programme, the NatWest Sports Development Programme promotes sports activities within the member islands, supporting young athletes at grass roots level to ensure that future generations are able to compete at this high level. To date, there has been over £100,000 granted to member islands from this scheme. The NatWest Rising Star Award at the Channel Islands' Sports Personality of the Year Awards recognises those sportspeople who have the ability and attitude to make it to the top. Previous winners of this award include Heather Watson, Matt Banahan and Serena Guthrie and this year's Star, Miles Monro. We recognise the role that these individuals play as ambassadors to their sport and their dedication serves to inspire their community to excel in achieving lifelong ambitions.

Based on this rationale, NatWest continues its support for the Jersey Table Tennis Association (JTTA) and the Jersey Cricket Board (JCB). Sponsoring the JTJA for the eighth consecutive year in 2014, NatWest has seen this tournament go from strength to strength, with the standard of competition continuing to rise due to the high quality of opposition from top ranked players from the UK and Europe. The NatWest Open has become the most eagerly awaited tournament on the ETTA Grand Prix circuit of the twelve events around the UK and Jersey has welcomed Olympians and top players from around Europe and elsewhere in the past. This year, NatWest is proud to support the prestigious International Primary Schools' tournament for the first time whereby teams of the top four boys and four girls from England, Scotland, Ireland, Wales, Isle of Man and Guernsey will come to the Island with their supporters and coaches.

NatWest has been the long-term sponsor of cricket in Jersey which demonstrates the ongoing commitment and support to the development of cricket at all levels. With NatWest's support the JCB has established a strong presence within the ICC European Cricket Championships since becoming an affiliated member of the International Cricket Council in 2005 and an associated member in 2007. We were also delighted to sponsor the new Development of Excellence Scheme which is being introduced to support the development of the best young cricketers and coaches in Jersey to prepare them to represent Jersey at international and European tournaments.

Our sponsorships do far more than drive brand awareness; they offer true benefits to our community. It is a privilege to play our part towards the achievements of committed and dedicated sportsmen and women and support the professional players of tomorrow.

*“ Our sponsorships do far more than drive brand awareness; they offer true benefits to our community. It is a privilege to play our part towards the achievements of committed and dedicated sportsmen and women and support the professional players of tomorrow ”*

## COMPANY INFORMATION

RBS International is a wholly owned subsidiary within RBS Group and is one of the leading banks in Jersey. We operate under two distinct and powerful brands in the island, RBS International and NatWest.

Our goal is to try and be a model for how a bank can contribute to society by supporting the communities we live and work in through partnerships, local initiatives and assisting the charitable efforts of our employees.







## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY

Companies big and small are expected to engage in Corporate Social Responsibility (CSR). 2013 saw us print the first issue of GIVE, a celebration of the island's leading CSR focused organisations and how and why they get involved. The bi-annual publication will be back in 2015, but until then here are a few snippets of what a selection of companies are currently doing to help.



### Appleby Super Typhoon Appeal

November 2013.

#### £9,000 raised for the Typhoon appeal.

When the Super Typhoon Haiyan known as Yolanda hit the Philippines in November 2013, the devastation was hard to comprehend with thousands of families desperately needing help. The Appleby group joined together in a global initiative involving their 12 offices, with each office undertaking various fundraising activities, including a dress down day wearing red, white and blue, the colours of the Philippines flag. The Jersey office organised a bottle raffle with the prizes all donated by the employees, raising £1,136. Appleby matched the funds raised by all the offices.

### Carey Olsen Valentine's Bake-Off

14 February 2014

#### £845.67 raised for Jersey Hospice Care and Jersey Alzheimer's Association

As part of its regular fund raising activities for its nominated charities, which are currently Jersey Hospice Care and Jersey Alzheimer's Association, Carey Olsen staff staged a "Bake-Off" on Valentine's Day. Staff from all five floors of its offices at 47 Esplanade baked and then competed to sell the cakes and savouries. The corporate law group on the 4th floor was raised the most closely followed by the its third floor colleagues. Last year Carey Olsen raised a total of £31,500 in Jersey and Guernsey for its charities as well as supporting music, arts, sailing and other sport in both Islands.

### Deutsche Bank's 'Bikeathon'

Summer 2013.

#### £3,300 for Jersey Cheshire Home.

Deutsche Bank's team of summer interns organised a sponsored 'Bikeathon' last summer, in aid of the Jersey Cheshire Homes, which was celebrating its 30th anniversary and was the Bank's nominated charity last year. The Bikeathon involved 20 cyclists, including bank staff and the team of interns, and took place in Don Street in St Helier, raising a total of just over £1,650, including public donations and cyclists' sponsorship, which was matched by Deutsche Bank under its Matched Giving Scheme. The interns were delighted with the total figure raised and were all excited to see the positive impact the money had on the lives of the residents at the Jersey Cheshire Home.

### PwC Learn to Swim programme

All 2013 September intake.

At PwC, it was immediately evident to us that youngsters learning to swim as soon as possible in their lives, particularly in Jersey where we spend the summer with our children on the beach, is hugely important. Also, Le Mourier Swim School's wish to ensure no child is excluded from the chance to have lessons, really resonated with us. PwC's work in the community has a particular focus on ensuring young people are not excluded from opportunities to develop skills and talents. It's great that almost 300 young children have now completed 10 weeks of free swimming lessons with another 300+ ready to take to the water next term. As a business, we've thoroughly enjoyed coming on board and helping to build the impact of 'PwC Learn to Swim' in the local community. Reception year children were eligible to apply for a place and this year's programme runs between January and July 2014.





## Ashburton Investments - The National Trust for Jersey Sunset Concerts

28/29th June 2013

**Over £4,000 was raised at the concerts.**

2013 marked Ashburton's fifth year as sponsor of the National Trust for Jersey Sunset Concerts, which attracted nearly 2,500 people to the beautiful site at Grantez to enjoy live music for free. Local band Badlabecques entertained on the atmospheric Friday night, singing Jèrriais folk songs as the sea mist rolled in. Cleveland Watkiss Jazz Dance Live performed a lively jazz set on the Saturday, which got lots of children dancing and singing along with the band. The money raised went towards the development of the new Wetland Centre that was opened in February this year.

## The Standard Chartered Jersey Marathon. Multiple island charities benefit.

A well established event in the islands sporting calendar, the race is split into three categories, Marathon, Relay Race and 3K Fun Run. In 2013 it attracted over 2,500 entrants, with over 60% of runners coming from off the Island.

The event welcomes a variety of runner types, elite athletes compete for prize money and times, while corporate teams vie for the prestige of winning one of several corporate trophies and many others compete to do something truly amazing for the benefit of others by raising large sums for charity. This year's event will take place on Sunday 5 October.

## State Street Coastal habitat clear

19 July 2013.

Around a dozen staff from State Street spent a day at Sorel removing large swathes of bracken and weeds from the coastal habitat to help support the Birds on the Edge project. The project is a joint initiative between the National Trust for Jersey, States of Jersey Department of Environment and Durrell Wildlife Conservation Trust designed to assist in the recovery of some local bird populations. The team worked on National Trust land on the north coast which has been designated as a bird re-introduction site; in particular the group hopes to bring back the red billed Chough to the Island.

## The Mourant Ozannes Relay Race

Part of the Standard Chartered Jersey Marathon, is held in October annually. It gives people the opportunity to take part in a marathon and have fun as part of a team in one of the Island's biggest sporting events, whilst at the same time raising funds for a various charities. Last year more than 250 runners were able to take part in this way, raising funds for the Marathon charities, Jersey Cancer Trust and Seeing Is Believing, as well as charities of their own choice. The relay event meets one of Mourant Ozannes' core CSR objectives, which is to encourage people to work as a team for the benefit of others.





## **Jersey Post and Headway (Jersey)** **Raised £21,275 over 2013**

In 2013, Jersey Post continued to support Headway (Jersey) as their chosen charity, raising an incredible £21,275 through various activities over the course of the year. These included Hats for Headway, Rock in the Park, the annual Jersey Post raffle and not forgetting various dress down days and cake sales. However, after its sell-out success in 2013, Jersey Post staff were in no doubt that to swell the fundraising total, they once again needed to bare all for charity and produce a follow-up naked postie calendar. The result was just as successful – we hope you have you copy up on your wall!

This year Jersey Post are raising funds for Macmillan Jersey.

## **Ogier (& EY, Barclays, JT)** **Jersey Student Business Challenge** Feb & March 2013.

**Over £4,000 was raised in total by the teams for charities.**

20 teams of students from JCG and Grainville School gained experience running their own business. Teams had two months for the challenge, were given an initial investment of £100 and worked with a mentor from the corporate partners: Ogier, Barclays, EY and JT. The 120 participating students competed to see who would be the overall winner of the challenge; who could make the most profit and whose business would benefit the community the most. The overall winners of the event were Team Tempest from JCG with their Sweet Charity cart selling old fashioned sweets in aid of the Teenage Cancer Trust.

## **ABN ARMO Bank** **New York City Half Marathon** **Raises over £10,000 for CLIC Sargent Jersey**

A team from ABN AMRO Bank in Jersey has raised over £10,000 for CLIC Sargent Jersey as part of their celebrations to mark 40 years of service to the local community. The 13-strong team crossed the Atlantic to run the New York City Half Marathon on Sunday 16th March, a 13.1-mile course that passes iconic New York landmarks including Central Park and Times Square. The team, which was made up of staff from all areas of the business and one additional family member, also undertook a number of fundraising initiatives to help reach its fundraising target, including bag packing, soup days, raffles and donations from friends and colleagues.

## **BNP Paribas** **In partnership with the Caesarean Tennis Club.**

Working in conjunction with Community and Schools Sports Manager, David Kennedy, they identified 11 primary schools that would benefit from tennis coaching. The programme which was aimed at year 3 classes was a great success. BNP Paribas has a long established and widely visible link with the Tennis world. The programme provided over 300 children with tuition from professional tennis coaches, as well as the opportunity to participate in a Tournament where members of the BNP Paribas team were on-hand to umpire the matches and make sure the day ran smoothly! They were extremely pleased that their investment in this initiative continues, as they start to roll out the 2014 programme.

# WHAT DID THE PEOPLE OF JERSEY **GIVE** IN 2013?

*Looking back over the past year and the previous eleven issues of Gallery of 2013, we have summerized briefly of some of what you gave that were mentioned in the previous community pages of our magazine. Here are some of the figures that were included through donations and fundraising events in 2013.*

## FEBRUARY

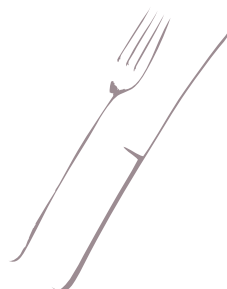
Eight charities share **£30,000** award at Barclays community awards at the Pomme D'Or Hotel.



TOTAL: **£30,000**

## MARCH

In aid of the Multiple Sclerosis Society of Jersey, the Chartered Institute for Securities and Investment (CISI) managed to raise over **£3,000** during their annual dinner.



TOTAL: **£3,000**

## APRIL

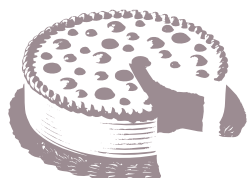
The Aztec Group raised over **£500** in support of Comic Relief during a series of fundraising events and activities.

The Swimarathon raised a sum of **£110,219** at the 2013 Lions Club of Jersey Swimarathon, for a proceeds of fifty local charities in Jersey, whilst the final fifty percent will go to supporting the local community for the upcoming year.

TOTAL: **£110,719**

## MAY

During a cake sale with some star bakers, Hawksford managed to raise **£700** in aid of Red Nose Day.



TOTAL: **£700**

## JUNE

Jersey women had a clearout of their old bags, hats and heels to donate them to Jersey Hospice Care in a follow-up of the previous year's 'Hats and Handbags for Hospice,' in which **£2,000** was raised!



TOTAL: **£2,000**

## JULY

Hawksford donated **£1,500** to the JSPCA - but not only did they donate, but some of the staff at Hawksford volunteered during a special JSPCA open day in October.

Two members of JCG and cancer survivors, Noella O'Connor and Sarah Lovell raised **£500** in sponsors in a tandem sky dive for cancer research.

On the 19th, worldwide, staff at JT raised **£10,265** for autism charities by 'rowing the extra mile'

TOTAL: **£12,265**

## AUGUST

Staff from the Radisson Blu Waterfront Hotel donated **£625** to Jersey Trees for Life, and spent their day hedgerow sickeling for charity.

Jersey Post donated a cheque of **£5,000** to Durrell Conservation Trust.

The Jersey Golf Tournament raised over **£21,000** for Cancer Research UK.

Moore Stephens and Close Finance raised **£393** for the Prince's Trust.

TOTAL: **£27,018**

## SEPTEMBER

Is officially the least charitable month in Jersey, as we also learnt in last year's Give. That's okay though, everybody needs a break from fundraising sometimes and plenty of effort has been put in during the rest of the year!



## OCTOBER

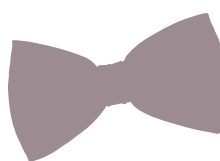
A team of interns for Deutsche Bank cycled to raise **£1,653.37** in aid of the Jersey Cheshire Home. During the Family Nursing & Homecare Golf Day at La Moye Golf Club, over **£10,500** was raised.

Lloyds TSB raised over **£400,000** for multiple good causes in a series of fundraising efforts in order to immortalise the refurbishment of Lloyds TSB's landmark premises on Broad Street.

TOTAL: **£412,153.37**

## NOVEMBER

The Tux and Trainers event at the Grand Hotel aimed to raise **£5,000** for Ambitious About Autism and Autism Jersey in a black tie and trainers fundraising event - but they managed to double their target and actually raised over **£10,000!**



TOTAL: **£10,000+**

## DECEMBER

As part of Macmillan Cancer Support (Jersey)'s Greatest Coffee Morning Awareness Week, Hawksford raised more than **£250** in support.



TOTAL: **£250+**



# DO SOMETHING AWESOME FOR AUTISM!

Imagine if you found it difficult to recognize your own family. Imagine if your brain magnified every noise, smell and sensation. Imagine it is too painful to look someone in the eye. Imagine that you have no instinctual knowledge of what a smile means, what a tear means, what body language expresses. Imagine analyzing every sentence, every word, consciously, just to understand whether someone is an enemy or a friend. This can be every day life for someone with autism; coping with life is not easy.

Autism is a serious, lifelong and disabling neurological condition. Without the right support, it can have a profound - sometimes devastating - effect on individuals and families. Autism doesn't just affect children. Children with autism grow up to be adults with autism. People on the autism spectrum have problems in three areas: social interaction, communicating with others, and behavioral challenges. Each person with autism is different. The condition is invisible and some behaviours are often misunderstood or disregarded as weird, rude, uncontrollable or just different. Diagnosis of the condition, which can take a long time, can be the key needed to open the door to specialised support.

Autism is described as a spectrum of disorders from those with profound disabilities and no communication to people with Asperger's syndrome; those who are often above average intelligence. It is believed that many famous people including Steve Jobs, Einstein, Warhol, Mozart and Darwin would be considered Autistic. Not all great minds think alike, people with autistic minds think differently, some say Asperger's is vital to human evolution.

With over 1000 people in Jersey estimated to be on the autistic spectrum, and as

understanding of the condition increases, it is becoming the most commonly diagnosed developmental disorder. Autism Jersey helps the individual, families, friends, partners, carers, professionals and colleagues to better understand and manage their needs and behaviours. The charity now provides professional training qualifications, a bespoke short break service that meets individual and family needs and life skills training to enable finding work and living independently. There is also an adults social club, a befriending scheme for both people with autism and their siblings as well as a monthly youth club for siblings. It is a holistic approach and the benefit for families in Jersey living with Autism is often essential. Autism Jersey is currently aiming to create a new purpose built Centre for Autism in the Island once the charity can secure funding.

April is Autism awareness month and as part of Autism Jersey's initiative they will be encouraging Islanders to do something 'Awesome for Autism.' Organised activities include Lunch at the Atlantic Hotel, an Auction at their Boutique, abseiling down Gorey Castle and the L'Etacq & Back Walk. You could always choose your own awesome activity to take part in or consider helping as a volunteer by joining the A-team volunteer group.



## PERSONAL STORY:

### CATHERINE & CHARLIE TUBB

Catherine is joint manager at the Autism Jersey Boutique on New St. she is mother to Charlie (11) and Lizzie (8). Charlie has been diagnosed with Autism. He is highly intelligent but his behaviour presents such challenges that he currently attends a residential school in the UK.

Since Charlie was very young Catherine was aware that he behaved differently to other children, as she explains. "As a toddler Charlie was uncontrollable. He was hyperactive, could not sleep, wouldn't interact and would climb anything without any fear. He would spend hours in a corner with his Lego but was acutely intelligent. When Lizzie was born the health visitor came to our home and when asked if there was any problems I asked only for help for Charlie, I thought I was going mad and we all desperately needed support".

The family were then referred to the States' educational psychologist before an assessment and diagnosis. At the same time Charlie started school; "he could just about hold it together at school but at home his behaviour would escalate and be so aggressive at times I would have to lock myself and Lizzie in the toilet, it was a terrible time and as a family we felt very isolated and alone".

Catherine was instrumental in helping to build a support network and organized the first parent and carer drop in service for Autism Jersey, enabling parents, carers and siblings to come together to share experiences. There she met Karen who helps to manage the shop. Karen's son also has Autism and is at the same residential school as Charlie. Catherine says "I started managing the shop with Karen in October of last year. I am passionate about Autism and it is a way to give back for all the support and help the charity have provided us over the years. As a family we tried everything to help Charlie and it has taken us a long time to come to terms with him being away. We miss him desperately but we know that he is in the best place to support him as he grows and will help him cope with life in the future. He comes home for the holidays and is making great improvements."

**KEEP UP TO DATE ON ALL THE ACTIVITIES BY VISITING THE AUTISM JERSEY WEBSITE, FACEBOOK PAGE OR CALL 871888**

# DO GOOD FEEL GREAT

There is a true value to feeling great. We all want to get rich quick but there is a new type of wealth, to live a life rich in experience and good deeds.

It is something money cannot buy; it is sincere, transparent, unselfish, sustainable and intrinsic. Charity means giving help to those who are in need and being kind and tolerant to others, it is human kindness. It

## **GIVE TIME:** YOU WANT TO HELP OTHERS, MEET NEW PEOPLE AND CAN COMMIT TO GIVING UP YOUR TIME REGULARLY

Heard the expression time is money? Time is precious to everyone and especially to charities with limited funding. Charities value a community of volunteers willing to contribute to support their aims and objectives. Roles can vary vastly in commitment and responsibility. This is great work experience and often the most rewarding. You can be working hands on and directly for the cause. You get to see the difference you are making directly to the organisation.

## **GIVE YOUR SKILLS:** YOU HAVE A TALENT YOU CAN SHARE TO HELP OTHERS, YOU ARE COMMITTED TO THE CAUSE AND WANT TO HAVE THE CHOICE OF WHEN AND WHAT YOU GIVE

Every project requires skilled and experienced people to operate effectively and save costs. All skills have a value and you can apply the skills you have learnt to help others. Perhaps you sit behind an office desk but have a creative flair for design, you are a carpenter but play in a band. You can build on your experience, refine your knowledge and add to your repertoire. You can choose to give in a way suitable to you, work from home, and choose when and where you can help.

## **GIVE MONEY:** YOU CAN AFFORD TO GIVE BIG OR CAN GIVE LITTLE AND OFTEN

There have always been those occasions when you empty your pockets of coins, we are happy to part with our small change as if the weight burdens us. If you really can afford to give funds to a cause you believe in, your donation gives the greatest flexibility to invest in the future of the charity. You are giving your trust and belief to the organisation and in turn providing the opportunity to develop.

is also the name we give to an organisation set up to help others. By giving to charity you can connect with other people, build future opportunities and make change happen.

## **GIVE YOURSELF:** YOU WANT A LIFE EXPERIENCE, ADVENTURE OR CHALLENGE YOU CAN COMMIT TO

We all know people who give themselves to fundraising for the cause by taking on a challenge. You could be running a marathon, cycling across Africa, walking the cliff paths of the Island, parachute jumping or not letting alcohol pass your lips for a month. Facing a challenge is your commitment to finding a goal and reaching it. You are proud to talk about your challenge to your friends and are committed to making yourself better whilst supporting a cause you believe in. It is the ultimate unselfish act to improve yourself.

## **RETURN ON INVESTMENT:** THE RESULTS

It's official, helping others makes you happy! Researchers from the London School of Economics found that the more people volunteered, the happier they are. Volunteering increases self-confidence, combats depression, helps you stay physically fit, can advance your career and brings fun and fulfillment to life. Giving improves your sense of wellbeing and can also help you become educated about the causes and organizations you have researched. It is rewarding to understand how you are making a difference and measure the positive impact. Donations are also tax deductible.

## THE **VOLUNTEER** BANK

**WE'RE RECRUITING!**

Seeking sparky, smart, strong and creative people who can help on a variety of festival projects.

Groove Festival is growing its team of volunteers to help at the biggest fundraising festival in the Channel Islands, promoting local music and produce. Applications are welcome from creative and resourceful volunteers who can assist with music, marketing, web design, art installations and lifting and shifting. Reward- Being an official Groover, community spirit, festival tickets, refreshments when working on site, community engagement, crew party & t-shirt!

"Make Your Own Festival - Make Your Own Island" Looking for film and music fans to help people access various eclectic venues for a truly cultural experience. Also an opportunity for those who enjoy working with tools and want to help build a bespoke community structure. Branchage returns this year to the island, with film screenings, live music events and parties in an array of weird and wonderful locations. After a 2 year break Branchage has a more community driven and sustainable approach and are now seeking the support of Islanders to help with the build up or work throughout the festival.

## **REWARD:**

Being an official Branchage B, volunteer festival tickets or pass, crew party, give people an unforgettable time, "Make Your Own Island!"

Needed for charity work, committed and happy helpers ready for action to join the A-Team!

Autism Jersey are looking for a variety of volunteers who can help with fundraising and can give time when needed. If you are able to commit regularly and are interested in fashion, clothing or books you may wish to join the team at the Autism Boutique on Bath St. The autism Befriending Scheme provide support to families who are affected by Autism will need a ongoing commitment but provides rewarding friendship partnerships.

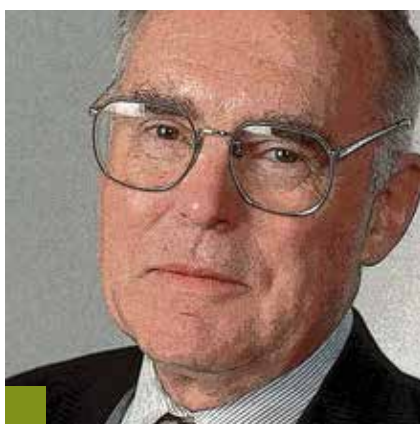
Reward- Excellent work experience, the opportunity to meet new people, helping improve life for people on the autism spectrum.

**To join the volunteer bank or to apply for any of the above positions please visit [www.bethspoke.com](http://www.bethspoke.com) or call Beth on 07797776854**



# ALTRUISTS

Words | Sofia Skimming



It's brilliant that successful people sometimes feel an overwhelming need to support and help their fellow man. Most of us are willing to donate and give to charity but here is a list of people who took humanitarianism, selflessness, philanthropy and altruism to another level.

There are some well known money-mongers on this list, some fresh faces and even some people you may never have even heard of, from the American towers of power right down to the Channel Islands. These individuals are winners in our book.



**ALTRUISM:** Noun. the principle or practice of unselfish concern for or devotion to the welfare of others (opposed to egoism.) Antonyms for ALTRUISM: meanness. Synonyms for ALTRUISM: benevolence, humanitarianism, kindness, selflessness, charity, magnanimity, philanthropy, public spirit, social conscience.

### **BILL GATES**

An obvious one to start. As the former chief executive and chairman of Microsoft, you would expect Big Bill G to have done well, economically - but not only has he made it big financially, but also philanthropically. In 2000, Gates and his wife Melinda founded their very own charity, The Bill and Melinda Gates Foundation. The purpose, to globally enhance healthcare and to decrease examples of extreme poverty. Whilst in the USA, they aim to increase educational opportunities and access to information technology. In 2007, Gates donated a huge sum of \$28 billion to The Bill and Melinda Gates Foundation - a charity so well funded it has been realised as one of the best philanthropic institutions, globally.

### **SERGEY BRIN & ANNE WOJCICKI**

As one of the co-founders of Google, you would expect Sergey Mikhaylovich Brin to have a lot of money lying around, perhaps too much to even know what to do with? Well in 2011, the American couple, Brin and Wojcicki donated \$61.9 million to the Michael J. Fox Foundation for Parkinson's Research which specializes in Medical research (specifically Parkinson's disease.) Google is one of the most profitable internet organisations in modern day, and as of this year Brin's total wealth is estimated to be approximately \$31.8 billion - this probably won't be the last we'll hear of any charity sponsorships in Sergey Brin's case.

### **ERIC ROSS**

Eric F. Ross donated vast sums of money to charity. Holocaust survivor, Eric F. Ross donated a total sum of 76.5 million dollars to many different foundations, including the United States Holocaust Memorial Museum - having experienced the Holocaust first hand this must have been a cause with a deep personal interest. Other organisations he sponsored included the American Associates, Ben-Gurion University of the Negev, Saint Barnabas Medical Center Foundation and Golda Och Academy. Eric Ross sadly died in 2010 at the grand age of 99.

### **PAUL ALLEN**

As another co-founder of Microsoft, along with Bill Gates, it's not too shocking to learn that Paul Allen is the 53rd wealthiest person in the world with a total fortune estimated at \$15 billion. In 2011, Allen donated a grand total of around \$372.6 million to several different charities, including: \$7.6 million to the Experience Music Project, \$70 million to the Allen Institute for Brain Science (a medical research organisation) and \$295 million to the Paul G. Allen Family Foundation, a charitable organisation that was established in 1988 split a fraction of Paul Allen's philanthropic contributions.

### **DAVID KIRCH**

As a local Channel Islander, David Kirch is one charity donor we hold closely to our hearts. In 2012, Kirch promised to donate the remainder of his fortune to the older residents of Jersey, those who are aged 70 years or older, by sending them a £100 gift voucher every Christmas! Sir David Kirch has received a knighthood from the Queen and in the Sunday Times Giving List in early 2013, he was named as Britain's top philanthropist.

### **MARK ZUCKERBERG**

From 2010 to now, Mark Zuckerberg was claimed, by Times Magazine, to be one of the most influential people in the world, with a distinction as their 'person of the year,' - Zuckerberg is one the five co-founders, chairman and chief executive of Facebook, one of the most popular social networking sites in modern day. His total wealth is estimated at \$31.6 billion, so it certainly would come as no surprise to hear he donated a huge sum of \$498 million to the Silicon Valley Community Foundation, a charity service for the Silicon Valley community in America.

### **PAMELA BELL** (PHOTO NOT AVAILABLE)

Another Jersey dweller, Pam Bell is another individual locals are proud of - in 2013, she was awarded with an OBE for philanthropic and charitable services and actions in both Jersey and the UK. Bell is the Seigneur of Trinity parish and received an OBE, an award similar to a knighthood awarded by the Queen, for her philanthropy, having raised funds for charities that include the NSPCC.

### **GORDON MOORE**

Co-founder and chairman for Intel and the author of the book, 'Moore's Law,' Gordon Moore donated a whopping \$6 billion to the Gordon and Betty Moore Foundation, a charitable organisation set up with his wife to support causes which relate to the conservation of the environment, medical education and other fields of science. Other notable charitable actions from Gordon Moore and his wife include a total of \$800 million to Caltech in donations, and \$200 million to the University of California, aiding in the construction of the world's largest telescope, the 30m Telescope.

### **MARGARET A. CARGILL**

Margaret Anne Cargill was an American philanthropist and part heir to the Cargill fortune, one of eight people. Over her life she donated over \$200 million, anonymously, to various charitable organisations, including the American Red Cross, the Nature Conservancy, the Smithsonian Institution's National Museum of the American Indian and the American Swedish Institute. At the time of her death, in 2006, she bequeathed the remainder of her wealth to the Margaret A. Cargill Foundation and the Anne Ray Charitable Trust, who would use her fortune for charitable purposes. Her wealth was finally liquidated in 2011, providing a sponsor of \$6 billion to both charities.

### **WARREN BUFFETT**

Bill Gates isn't the only person to donate a huge sum of money to The Bill and Melinda Gates Foundation. Warren Buffett, the chairman, CEO and shareholder of Berkshire Hathaway, promised to give away his entire wealth and fortune to charity, with 83% percent going to The Bill and Melinda Gates Foundation. Buffett is commonly known as one of the wealthiest people in the world, ranked as the world's most wealthy person in 2007 and third wealthiest in 2011. However, most recently, he has bequeathed \$1.5 billion to Bill Gates's personalised charity foundation.





# BECOMING A GLOBAL CITIZEN

WORDS Johnny Rebours

*Have you ever wanted to travel, learn, experience new cultures, develop skills along the way all the while making a difference to people's lives? Sounds a little too good to be true, but the ICS Programme is the doorway to all of these promises and it's waiting for you to turn the handle and get involved.*

ICS stands for International Citizen Service and is a programme for 18-25 year old British people to use their skills and personality to help development projects around the world for three months. The whole process is funded by DFID, the Department for International Development, and by 2015 the ICS programme will have sent 14,000 young people on development projects around the world in the hope of advancing the promises of the Millennium Development Goals.

ICS is the umbrella organisation co-ordinating the programme but to administer the volunteers effectively they partner with nine well established charities. These nine charities then work with organisations in the designated countries, working closely with them on long term projects. The ICS volunteers essentially become temporary workers, continuing an on-going project from the previous group of volunteers.

The beauty of ICS from a young person's perspective is that acceptance is not based on qualifications, extensive experience or acutely specific skills. They are looking for motivated and enthusiastic people who have a lot to offer personally to their projects. What also sets ICS apart is the funding from DFID, a government agency, so there are no extortionate fees to pay; the volunteer is required to fundraise £800 towards the scheme and the rest is taken care of, including all expenses incurred for travel to assessment days, training, vaccinations, and visas.

This support wouldn't exist for a programme that wasn't beneficial to the projects, the partner charities and also the volunteers involved. That's why ICS is a vitally important programme, and something that anyone thinking about development should consider. It was for this reason that I applied for ICS, and was accepted onto a project in Palestine in April 2014.

**I WAS PLACED ON THE INTERNATIONAL SERVICE PROGRAMME IN THE OCCUPIED PALESTINIAN TERRITORIES BUT OWING TO COMPLICATIONS OUTSIDE OF OUR CONTROL THE TEAM HAS NOW BEEN DISPERSED ONTO OTHER PROJECTS, SO IN APRIL 2014 I WILL NOW BE TRAVELLING TO GHANA FOR THREE MONTHS** ”



**If you'd like to read more and donate see:**  
[www.justgiving.com/Johnny-Rebours2](http://www.justgiving.com/Johnny-Rebours2)  
[www.justgiving.com/rob-campbell](http://www.justgiving.com/rob-campbell)

**For application & more information see:**  
[www.volunteerics.org](http://www.volunteerics.org)  
[internationalservice.org.uk](http://internationalservice.org.uk)

## THE PROCESS FROM APPLICATION TO VACCINATIONS

Similar to a job application in many ways, ICS takes the acceptance of applicants very seriously and the first stage is a lengthy online application form to set out your goals, motivations, experience and future hopes.

If successful in your application you'll be asked to an assessment day with a partner charity where you will be assessed alongside other hopefully applicants. A team of co-ordinators will set tasks and activities to see your interactions and abilities and put you at ease with how the programme works and if it is the right thing for you. Be clear and honest about your motivations and most of all show your enthusiasm for development and how you can help.

Once accepted onto the programme you begin preparation. An ICS Co-ordinator will have regular contact with you to allay any fears and help you on the process of vaccinations, visas and fundraising the £800 required of each volunteer (the other 90% is funded by DFID).

£800 does sound like a big mountain to climb in terms of fundraising but it can be achieved with the right dedication and creativity. A fundraising co-ordinator helps you each step of the way to realise this target. It's certainly not a point to be put off by and is a tiny portion of most unscrupulous voluntourism programmes that seek only to make profits, not aid development.

Finally, a few weeks before your departure date you will be invited on a two day training course to meet the rest of your team, learn about your specific projects when you're in country and think about your responsibilities when you're there. It's made absolutely clear that you are not going on a holiday - you'll hopefully have a great time, but you're there to work.

## DIFFERENT PERSPECTIVE

I was placed on the International Service programme in the Occupied Palestinian Territories but owing to complications outside of our control the team has now been dispersed onto other projects, so in April 2014 I will now be travelling to Ghana for three months. The uncertainty involved in volunteering for an international organisation is something you must be prepared for. The process of development is exactly that, a process, so things change and we must adapt to that change.

Steph Le Lievre is about to embark to Burkina Faso with ICS, and stresses this point, 'Be prepared to be flexible! [You] ultimately don't get a choice in where you're going, who with and what you'll be doing. You have to trust the programme to do its best to send you where you're most useful.'

## WILL I BE USEFUL, OR A HINDRANCE?

Is a question most who have thought about development have grappled with but Steph, and myself, feel ICS is an incredibly useful programme.

'There's time [3 months] to get something done, and hopefully make a little bit of a difference. Secondly, ICS projects work in partnership (emphasis on partnership) with local development agencies, who have asked for support from ICS volunteers. You can rest a little easier knowing that you're wanted, and aren't being more of a hindrance than you are a help, and you're not imposing projects on your hosts.'

Jersey boy Robert Campbell is going to Botswana with Skillshare International and will be leading a team of volunteers. 'I am hoping to have a positive impact in the community I am working in. My team is the first team to be sent out to Botswana and work with local partner organisations. We will be working with Coaching for Hope and our aim will be to educate young people about HIV/AIDS through sport.'

Secondly, my aim will be to make sure that my team get the most out of the project as possible, through facilitating their personal development by challenging them and offering guidance where appropriate. Finally, I hope to learn more about my management style, improve my communication and teamwork skills and gain a real understanding of life in a developing country.'

Rob has recently left his well-paid job in the City of London to pursue his dream of working in International Relations. 'I have given up a reliable and steady career, but I have gained the opportunity to work in a field that greatly motivates and interests me. An easy decision in the end.'

## WHAT HAVE YOU GO TO LOSE?

What all of us embarking on this adventure will agree is it's not about charity; it's working to develop long term initiatives that have a resounding effect on the future. It's not capacity building in the sense of building clinics or a school, but developing lasting relationships with communities so they themselves can prosper.

We each have our own personal hopes for the programme but the central motivation for all of us is to make a difference in the communities we are placed in. Through this experience we will undoubtedly grow as people and become more impacting, more effective, global citizens.

***To anyone still thinking about it, Steph has these sound words; 'Go for it! It's a great opportunity and you don't have much to lose!'***



## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



### RBS INTERNATIONAL STAFF HELP PREPARE MONT ORGUEIL FOR UPCOMING TOURIST SEASON

A number of banking staff from across RBS International spent two days last week painting the plywood currently covering the main gate at Mont Orgueil Castle in Gorey.

Scaffolding has been erected at the castle while the Jersey Heritage Trust undertakes essential maintenance work on the walls over the next few months. The bank employees painted a brick pattern designed by Shaun Du Val, Mont Orgueil's current artist in residence, to recreate the castle walls in paint and improve the aesthetics of the Castle entrance for visitors.

The work took place last month and involved about a dozen staff including Stacey Baxter, Corporate Manager, and Ramiro Dos Reis, Lead Technical Analyst, both pictured above.

### WALKERS, DON'T CRY OFF

Next month sees the 4th annual CRY Jersey Western Walkathon. The 21 mile walk takes place on Saturday 10th May, starting at the first layby along Victoria Avenue. It works its way through Waterworks valley, the countryside of St Lawrence, St Mary & St Ouen, down along St Ouen's bay to Corbiere and then back via the railway walk to town. There are also 13 and 6 mile options. There are checkpoints with refreshments

along the route, and T-shirts, medals and certificates for everyone who completes the walk. This is CRY Jersey's main fundraising event of the year. Last year they had nearly 200 walkers and this year they hope to have even more.

**To register for the walk people can go to [www.cry.org.uk](http://www.cry.org.uk) or pick up a form from the CRY charity shop at 42 New street.**

### REACHING OUT TO THOSE IN NEED

A Christian charity established to help vulnerable Islanders is developing outreach services to meet growing demand.

Ordained minister and La Moye Prison chaplain Henry Le Ruez founded Service Station two years ago after being moved by the sight of a man, sitting alone in a park every Sunday morning. What began as a drop-in place at the Optimists Club on a Sunday morning has become an outreach service and there are plans for a mid-week drop in and other activities.

Mr Le Ruez said the next phase of the charity's work has been made possible by a £15,000 donation from the Lloyds Bank Group Foundation for the Channel Islands.

The Sunday Morning venture is run by a team of volunteers and provides food, refreshments and companionship. It has grown to provide confidential support to help the vulnerable to overcome issues affecting their lives and well-being.

Now Mr Le Ruez has added the role of Service Station field worker to his existing commitments; he has two days a week to devote to the charity. This also includes working with associated groups and service agencies.



### PURE CHARITY COFFEE SHOP SEEKS VOLUNTEERS FOR CAFÉ

A busy café in the Central Market is looking for more volunteers to help with the day-to-day running of the shop. Pure Charity stands out from its competitors as its ethos is to help regenerate support and interest in charitable work by returning all net profits (circa £12,000 per annum) to charities on the Island. 80% are donated to Jersey Hospice every year and another charity is chosen annually to receive the remaining 20%, Brighter Futures is currently receiving this proportion.

The Café offers a range of hot and cold food as well as their notoriously irresistible cupcakes. The Café are looking for volunteers who can give three hours a week, or fortnight, to cover shifts in the café. Volunteers don't even have to have previous experience working in this environment as full training will be provided.

The volunteers are fundamental to the success of the café. Many have said that they find it a great way to give something back to the local community whilst interacting with people in a friendly atmosphere.

If you would like to join the Pure Charity Team then please call Antonia on 724609 for an informal chat or pop into the Café in the Central Market.

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## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY

### OSCAR MACLEAN MEMORIAL TROPHY

Oscar Maclean, the nine-year-old son of Economic Development Minister Alan Maclean and wife Nara, died of a brain tumour in October last year.

Oscar was a member of the Jersey Rugby Club's junior academy and played at under-seven and under-eight level before illness made it impossible for him to turn out for the under-nines. The families of a group of his team mates clubbed together to buy the tiered seating at the JRFC which has been put at the scoreboard corner of the ground.

The inaugural Oscar Maclean Memorial trophy was played on Sunday 9th March on what would have been Oscar's 10th Birthday. The festival was held on the main pitch of the Jersey Rugby Football Club and the Barclays Pavilion was used to serve refreshments and cakes to raise money for the Oscar Maclean Foundation.

The trophy was competed for at the under 10 age group with a fantastic turnout of at least 60 players and the conditions on the day could not have been ordered better. It was sunny, crisp and played under clear blue skies.

Six teams competed for the trophy in a round robin tournament, with the top two teams playing off in a final. The style and level of play was of a great standard providing the large crowd of supporters, including Oscar's parents Alan and Nara Maclean, and the England World Cup winning player Jason Robinson with an exciting and entertaining morning.



### FARM AND CRAFT MARKETS 2014

Jersey's open-air markets returned last month when stalls selling local produce were set up in St Aubin. The Farm and Craft Market will be held on the second and fourth Saturday of every month up to 11 October. There will be local produce and wares on display, including fresh seasonal vegetable, meat, seafood, cider and crafts sold by the people who grow, catch or make them.

St Aubin, where markets were first recorded in 1583, is not the only venue for this year. Those previously held in Weighbridge Place are relocating to the Island's traditional ancient market place - Place du Marché' - or as we know it today, the Royal Square. Alternating with St Aubin, farm and craft markets will be held on Saturdays from April to Christmas and dates will be confirmed shortly, keep an

eye on the Genuine Jersey website for more details.

And, every Sunday from 13 April to 26 October, the area outside Jersey Turbot in St Catherine, St Martin, will become a market place for local producers.



### GRAND JERSEY RAISES £10,000 FOR CHARITY IN 2013

The five-star Grand Jersey raised nearly £10,000 for charity in 2013. They hosted a number of fundraising initiatives and events throughout the year to help support a variety of local charities, including MacMillan Cancer Support, Jersey Heritage, Brighter Futures, Jersey Hospice, Le Geyt Adult Day Care Services and the annual Soup Kitchen for Shelter event.

In 2010, Grand Jersey launched the '£1 on bills' donation scheme, which gives guests staying at the hotel the option of adding £1 to their final bill to be donated to local charities. The initiative generated £6,057 for Jersey Heritage in 2013.

The hotel also provided support to other causes in 2013, most notably through their work for local children's charity, Brighter Futures. In February, executive head chef, Richard Allen, gave families from the Brighter Futures Inbetweenies club a cookery demonstration and advised parents about nutrition and affordable meals at home. In October, to celebrate National Customer Service Week, hotel manager, Eamonn Elliott, did a day's work experience at Hawksford as a mailman, while Hawksford's chief executive, Peter Murley, joined the Grand Jersey concierge team for the day.

They also hosted and sponsored numerous charity dinners, drinks receptions and events at the hotel, including the Jersey Hospice Lottery draw, the MacMillan World's Biggest Coffee Morning and the amateur production of 'Baby It's Cold Outside', which raised nearly £1,000 for the Le Geyt Adult Day Care Services.

The hotel also held a carol service in December, providing mince pies, mulled wine and a gift-wrapping service in aid of MacMillan Cancer Support Jersey. Last but by no means least, Victoria's restaurant sponsored the annual Soup Kitchen for Shelter event, with the head chef donating a special soup to raise funds for homeless people in the island.

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## GIVE COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



### INCLUSION PROJECT ENJOY MICHELIN EXPERIENCE

Michelin starred chef Shaun Rankin received a helping hand from eight Inclusion Project members in the Ormer kitchen last month. The initiative was organised by joint sponsors Voisin and Volaw, to help the young members improve their cookery skills.

The Inclusion Project (a Jersey Youth Service initiative) supports 11-25 year olds with special needs. The team runs four youth clubs a week around the Island and a number of exceptional programmes. Activities are designed to enable member's development and also offer parents and carers some respite. Local companies Voisin and Volaw sponsor the charity and they organised the cookery activity for Project members at Ormer restaurant with the support of chef, Shaun Rankin.

Voisin and Volaw have a long legacy of supporting young people in the Island. They have developed a strong relationship with The Inclusion Project after organising fun days out and educational initiatives. Both companies will continue to support the local community group's activities this year, including a bowling initiative and a picnic during the summer.

Shaun Rankin, Chef Proprietor of Ormer restaurant, thoroughly enjoyed the time he spent working with the Inclusion Project members. By bringing them behind the scenes at Ormer they were able to both experience a commercial kitchen first hand and develop their own cookery skills.

### TAKE THE SILKWORTH CHALLENGE AND HELP ISLANDERS BEAT ADDICTION

Islanders are being invited to take part in a round-Island endurance event to raise funds for the Silkworth Charity Group.

The first Silkworth Extreme Team Challenge takes place on Saturday 6 September in all 12 parishes, to reflect the '12 Step' recovery programme used by the charity to help those that suffer with drug and/or alcohol addiction free themselves from substance dependency as the first step to a life of recovery.

It will begin at dawn with a coasteering leg from Grève de Lecq to Devil's Hole on the north coast and continue in ten relay stages throughout the day to include running, cycling, canoeing, swimming and kayaking over ten stages back to Grève de Lecq for sunset. It will take place at sea, along cliff paths and on roads. The challenge is open to a maximum of 15 teams of up to ten competitors with support teams and vehicles.

**The closing date for entries is 6 June 2014 to allow teams to train and for competitors to attain the level of fitness expected of this type of multi-discipline activity.**

[www.wildadventuresjersey.com](http://www.wildadventuresjersey.com)

## CELEBRITY DEATHS HIGHLIGHT IMPORTANCE OF KEEPING YOUR WILL UP TO DATE

*Collas Crill's Julie Harrigan explains...*



*Recent high profile celebrity deaths highlight how important it is to keep your will up to date.*

Philip Seymour Hoffman's will was discovered to be out of date when he died suddenly at the age of 47 on 2 February 2014 of a drugs overdose.

Wills specialist at Collas Crill Julie Harrigan said: "There has been a lot of speculation in the media about the contents of the will of the late actor Philip Seymour Hoffman. One thing that has stood out is the importance of reviewing your will."

Mr Hoffman made his will around ten years before his untimely death this year. Julie explained: "It would appear that the will only mentioned his eldest son, who at the time the will was written was Mr Hoffman's only child. However, Mr Hoffman subsequently went on to have two daughters.

"Sadly cases like this are not uncommon. In fact in another high profile celebrity death in 2008 the actor Heath Ledger had also not updated his will following the birth of his daughter in 2005 and, therefore, his parents and three sisters were the beneficiaries named under the terms of his will."

Julie says that once people have signed their will, many store it away safely and never think about it again. But as the cases of Mr Hoffman and Mr Ledger demonstrate, it is important to review your wills so that you don't run the risk of accidentally leaving out – or in – someone you do or don't want to benefit.

"Although it is possible for children who are omitted from a parent's will by reason of error rather than on purpose to benefit from that estate, to resolve this issue could prove costly for the estate and indeed it could result in a delay in winding up the estate administration," said Julie.

#### Julie's two top tips to remember:

Review your will every 5 to 7 years or after big events e.g. a birth, death, separation

Mention everyone you want to inherit – if naming children or grandchildren individually, make provision for any other children or grandchildren you may have

*For more information contact Collas Crill's Wills team in Jersey or Guernsey.*



**T: +44 (0)1534 601713**  
**E: [Julie.harrigan@collascrill.com](mailto:Julie.harrigan@collascrill.com)**  
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# EVENTS

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### Feelunique at Au Caprice's 'We've had a make over' Party

#### FEELUNIQUE AT AU CAPRICE

MONDAY 24TH FEBRUARY

Delighted guests' jaws dropped as they got to see the amazing transformation of this brilliant boutique. David Agnes, Offline Retail Director from Feelunique at Au Caprice commented "We have been delighted by the reaction to our new store. It was very important to us to achieve a balance between having a superb new

store, with some terrific new brands, and maintaining our reputation for having friendly staff who give great customer service. The response so far from customers, old and new, indicates that we have achieved that balance. We are confident of a very bright future for feelunique at Au Caprice".



### Stanley Gibbons in conjunction with Jersey Heritage

#### JERSEY ARCHIVE

WEDNESDAY 19TH FEBRUARY

Entitled 'An introduction to Investing in Rare and Collectable coins', this exclusive event was hosted by Keith Heddle, CIO of Stanley Gibbons and Clive Jones, Chairman of Jersey Heritage. The idea was to showcase both the historical context and development of coins through the ages

and the modern-day investment potential of what is an alternative asset class of some distinction and performance. The evening was topped off with an exclusive tour of the magnificent Celtic Hoard by Jersey Heritage's very own experts.



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### Swimarathon

#### LES QUENNEVAIS SPORTS CENTRE

WEDNESDAY 12TH - SUNDAY 16TH MARCH

The Lion Club of Jersey's Swimarathon has been an island tradition since 1972. Sponsored by RBC Wealth Management for the past eight years, a record 450 teams and more than 3,800 individual participants of all ages took part in this year's event to raise funds for local children's charities. Oakwell Children's

Respite Centre is the main beneficiary and will receive a minimum of £25,000 towards the development of facilities, while the remaining funds will be split between 25 additional charities that support the welfare of Jersey's children.



### Liberation International Music Festival Launch

#### ST HELIER TOWN HALL

THURSDAY 13TH MARCH

80 invited guests enjoyed a reception and recital to mark the launch of the Liberation International Music Festival at the Town Hall on 13th March, which was supported by the Parish of St. Helier. In a showcase of local talent, last year's young musician of the year Krystian Lamb performed Etudes by Chopin. The Jersey Youth Choir performed Adiemus Dei and other uplifting pieces,

conducted by Liz Craik from the Jersey Music Service. Flautist Lauren Gallaher - a finalist in this year's Jersey Young Musician of the Year, also performed inspiring pieces by Rutter and Platti, accompanied by Malcolm Whittel. LIMF Chairman James Mews also announced the exciting line up for this year's Russian themed festival which will take place across the Island from 7-11 May 2014.

# TRAVEL

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## FIT FOR YOUR QUEEN...

Château Monfort boasts just five suites, two of which are open plan, and the other three of which pose as Junior Suites. Each boutique-style room takes inspiration from the operas, lending the accommodations a touch of truly distinctive exclusivity and poetry.

Four-poster beds appear concealed amidst gauzy curtains and starry-eyed alcoves. Remarkable dragon headboards - in memory of Princess Turandot's headdress - pastoral French landscapes and butterflies reminiscent of Madam Butterfly's love song characterise Château Monfort's fairylike atmosphere.

Team this with an abundance of natural light and the magnificent views over Piazza Tricolore and you have the recipe for a magical stay, perfect for your very own queen.

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## ONE FOR MUM, THE ULTIMATE IN RELAXATION...

With a triple level layout that boasts 360-degree views of the Tyrolean Mountains, complete with a rooftop saltwater pool, there's nothing not to love about the VistaSpa. In fact, in 2012, it scooped the award for the best spa in Italy. The spa, which is part of the must-see Hotel Hohenwart, is not only spacious; it's a hypnotising environment.



A typical spa journey begins on the first level in one of the plentiful massage and beauty rooms. Guests will then be invited up to the second floor, home to the many relaxation rooms, the rose steam bath and the Tyrolean Sauna. You're final port of call - the rooftop - where you'll discover a sophisticated sunbathing deck, an open-air sauna and of course, the saltwater pool that this hotel is renowned for. Almost all available treatments comprise of natural, locally sourced ingredients.

[WWW.HOHENWART.COM](http://WWW.HOHENWART.COM)





## ONE FOR THE FASHIONISTA...

Although the city boasts a mishmash of traditional Arabic hospitality, Dubai, nevertheless, is home to a seamlessly modern vibe, where mind-defying skyscrapers meet colossal shopping halls, beautiful bays and luxurious hotels.

Inhabiting 15 fashionably clad floors of the iconic Burj Khalifa – the world's tallest building – the Armani Hotel is the ultimate in extravagance, sophistication and hospitality. Yet despite its grandeur, it's superbly en vogue, boasting the designer's illustrious minimalistic style.

Aside from its incredibly lavish backdrop, the Armani hotel showcases an understated philosophy. It's superior yet it's comfortable; it's high quality yet it's functional. Curved feature walls appear draped in luxe fabrics and handmade Italian leather, bedroom ensuite's are tailored to the highest of specifications and showcase bespoke Armani Casa furnishings, whilst every room features Japanese-style Tatami flooring and a unique butler station.

The establishment houses a total of eight astonishing dining concepts, all of which surround Dubai's cosmopolitan nature, including Armani Peck, a gastronomic Italian and a Milanese style deli.

Upon check-in, guests are assigned their very own lifestyle manager, there to ensure you make the most of your stay. Other attractions include the exclusive VIP lounge and three Armani boutique stores including Armani Prive. Of course, no designer hotel would be complete without a state-of-the-art spa where sensory experiences go hand in hand with the many bespoke Armani therapies available.

**DUBAI.ARMANIHOTELS.COM**

## ONE FOR THE PARTYGOER...

Experience the glittering lights of a city of excess, the big and bold Las Vegas, where fast cars, adrenaline-charged sights and a general upbeat buzz is in plentiful supply. The city itself is a hub of world-class entertainment, indulgent shopping and fine dining. It's also the perfect spot from which to explore the astounding Grand Canyon.

## ONE FOR THOSE WHO DESIRE SOMETHING DIFFERENT...

Cast adrift in the Indian Ocean, where landmasses merge; Mauritius offers an awe-inspiring combination of African, European, Indian and Oriental influences. From vibrant coral reefs to tumbling falls and pure sugar white sands, it is here that you'll discover an abundance of astonishing natural scenery.

Home to a handful of world-class golf courses, luxurious hotels and lush lagoons; the Capital of Port Louis boasts an international ambience and the very best in hospitality.

The surrounding islands are more mysterious, showcasing a collection of shallow lagoons, whose waters adjoin a shoreline of pristine bays. All of which point to a moonscape of mountains, sugar cane plains, waterfall pools and forests brimming with the sweet smells of eucalyptus and ebony. It comes as little surprise that Mark Twain deemed Mauritius as paradise.

Although the area is awash with super hotels, the Maradiva Villas Resort and Spa boasts that something a little different. By day, the secluded garden is bright and airy. By night, striking lanterns cast a glittering sequence of stars over the idyllic plunge pool. Transfers from the airport take approximately 45 minutes.

**WWW.MARADIVA.COM**



## ONE FOR THE EXPLORER...

Both Kenya and Tanzania are vast to say the least. Offering an intoxicating vibe, guests are guaranteed to relish in the plentiful rolling plains, theatrical mountain scenery and powder soft beaches. This is an area of both heritage and culture and one that continues to enchant.

Wildlife fanatics will enjoy a stay at the impressive Governors' II Moran – a perfectly placed, exclusive campsite set amidst shady forests and enchanting countryside. Offering a timeless yet luxury escape, this intimate and eco-friendly safari experience is guaranteed to please even the most discerning of travellers. In fact, many will go as far to say that it's here that you'll stumble upon the best location in the entirety of the Maasai Mara.

Just a short drive from the rambling hippos of the Mara River, keen explorers will revel

in discovering one of the many nearby game hotspots, including the likes of Musiara Marsh and the Paradise Plains.

The campsite itself boasts four-poster mahogany carved beds, freestanding baths and intense views. Yet it's the Governors' II Moran's eco-friendly ethos that makes it stand out from the crowd, where by a 'zero waste' policy, a tree planting scheme and 40 year long commitment to local communities are all in place.

**WWW.GOVERNORSCAMP.COM**



With the citywide motto 'what happens in Vegas stays in Vegas' the general joie de vivre that envelopes this town is a buoyant one, as are the hotels. From the Turkish towels to the pillow-top mattresses and the European-style pool, the Wynn is everything a top luxury hotel should be. For those wishing to go the extra mile, a night in one of the Encore Tower Suites is sure to suffice. Comprising an exclusive entranceway, complimentary breakfast for two and a twice daily maid service.

**WWW.WYNNLASVEGAS.COM/ROOMS/ENCORETOWERSUITES**



The background image is a composite. The top half shows a white boat with a cabin and mast, floating on a calm blue sea. In the background, there are steep, rugged mountains or cliffs. The bottom half of the image, separated by a horizontal line, shows an underwater scene. Two divers in blue gear are swimming, and a large shark is swimming towards them. The water is a deep blue.

# A DEEPER APPRECIATION

## I FIND MYSELF SITTING ON TOP OF A SUBMERSIBLE CAGE 30FT BELOW THE HULL OF A 90 FT LIVE ABOARD VESSEL IN THE MIDDLE OF THE PACIFIC OCEAN, SURROUNDED BY SHARKS...

I catch a reflection in my mask lens and swiftly turn around to see an 18ft great white shark (known to me as “Shredder”) just meters away looking straight back at me! For most people this scenario may sound like a nightmare but for me it is a lifelong dream that has become a reality and just happens to be another day at the office.

Every year from September to December I run five day trips 220 miles off the coast of California to a uninhabited island made famous by its high numbers of great white sharks. The high numbers of visitors that I accompany confirms that I am not the only one who has a great passion for these animals as each year our daily trips are sold out, often with many guests retuning again and again to see these majestic creatures up close.

Many people ask “how did a guy from Jersey end up suspended underwater face to face with one of natures most feared predators?” Well this was not my first “job” with sharks. Prior to my most recent adventures I have worked all over the world as a scuba diving instructor and guide. I’ve done everything from taking people diving daily in Sydney aquarium, to conducting snorkel tours with the worlds largest fish, the whale shark. It seems I was always destined for a life on (and in) the water, I guess coming from an island this was inevitable. I also spend five months each year working in South Africa onboard a shark boat showing people the “breaching” great white sharks down there.

Im not an adrenaline junkie, in fact I’m terrified of heights and veer away from

these types of activities. However, it became apparent to me early on that being around sharks is not at all scary or terrifying, but in actual fact very calming and for me it’s almost spiritual. Most of what people know about sharks they have read about in the media, or watched in films, I mean who hasn’t seen Jaws? The truth about these complex animals is very different and far more fascinating than anything you’ve read or seen, which you soon discover when you get to spend time around them.

Over the past five years myself and the rest of the crew have got to know these sharks very well and have become very fond of certain individuals. Whether it’s “Bruce”, “Shredder”, “Bella”, “Lucy”, “Mystery” or the aptly named “Biteface”, when a shark swims past the boat we know them like

you know your pet dog or cat. They all display individual characteristics just like us. They can have mood swings and can display a number of different behaviours. Most people will tell you sharks are unpredictable, but this is only true for people that have never met one. They have some tricks up their sleeves but even these can be identified whilst in the water with them, through displaying complex and subtle body languages.

It is knowing these animals so well that allows us to safely run the trips with no accidents. It also allows us to work closely with film crews, including the BBC and Discovery channel. Where we have even been free-diving outside of the cages in a controlled situation. In fact, one of my greatest memories was free swimming with a 12ft great white (I later named her "Livvy" after one of my nieces) for a French production company. In the time spent with her she never showed myself or the rest of the team any aggression and allowed us to get some incredible images.

When you spend so much time around an animal that is so often perceived in a negative way I see it as a duty to help stand up for them and give them the full credit they deserve. The truth is like the majority of marine life, these sharks have much more to fear from us than we have of them and they behave in ways very similar to many animals on the planet that society cherishes and protects.

As humans we like to categorise animals into two sections. In one section we put all the animals we think have the "good" human traits, these animals include Elephants, Hippos (both species that kill far more people each year than sharks) and in the other section we put all the animals with the "bad" human traits, these include Spiders, snakes and the sharks. This is all based on our perception, much of which is influenced by what we read and watch. Most of these animals are just doing what they do in order to survive, they don't kill for revenge or fun and are by no means evil.

I have been privileged to have an inside and more in depth knowledge than most would have about sharks and to help stand up for them is the least I could do given how much they have given me in my life. We need these types of animals on the planet to make it the fascinating place it is today. It seems that

many people have lost their sense of wonder and all that they see of the world is through their technology, iPad, internet or even the latest phone gizmos.

The trips we carry out are simply incredible and to call them a "once in a lifetime" is an understatement. We depart from San Diego, spend five days at sea showing our guests the sharks before returning back to land and doing it all over again the following day. Living on a boat for three months can take its toll but the rewards of experiencing so many incredible encounters with the wildlife is well worth it. Even though the trips are specifically for great white sharks we often see many species of marine life from literally thousands of common dolphin riding the bow wave of the boat to blue whales feeding of shoals of plankton on the open water crossing to the Island itself.

**MANY PEOPLE BEGIN THE TRIP WITH A CERTAIN APPREHENSION AND PRECONCEIVED IDEAS OF AN ANIMAL THEY HAVE NEVER MET. BY THE END OF THE TRIP WE HAVE CHANGED THAT, GIVEN THE GUESTS ONE HELL OF A HOLIDAY AND THEY LEAVE THE BOAT NEVER LOOKING AT SHARKS THE SAME WAY AGAIN. I SEE THAT AS MY JOB BEING DONE.**

Many people begin the trip with a certain apprehension and preconceived ideas of an animal they have never met. By the end of the trip we have changed that, given the guests one hell of a holiday and they leave the boat never looking at sharks the same way again. I see that as my job being done.

So, when I turned around to see "Shredder" looking and swimming straight towards me I knew from his body language exactly what "kind" of mood he was in. Instead of panicking and making a dash for the confines of the cage suspended below me, I calmly (so as not to scare him) picked up my camera, held my breath (to not deter him with the bubbles from my scuba regulator) and we faced each other, within touching distance, for a split second, before he turned away and continued on his way. Not hyped, not "almost eaten" but exhilarating and a moment never to be forgotten.

**FOR DETAILS ON THEIR SHARK TRIPS SIMPLY CONTACT:**  
JIM@SHARKDIVINGXPERTS.COM







## Celebrate Guernsey heritage

Celebrate our liberation this month as Guernsey launches a Heritage month to showcase more than a millennia of history.



**T**his month Guernsey will showcase its incredible history in a dedicated 'Heritage Month' set to run from 12th April to 18th May 2014. Throughout the month there will be cultural events, talks and special museum openings culminating in Liberation Day on 9th May, just like ours. It's ideal for culture vultures and families wanting to inject some enjoyable learning into the Easter holidays and the month is set to open up Guernsey's history to a wide range of visitors.

Heritage month has been launched to highlight one of Guernsey's key strengths; its 'outdoor museum'. The entire island is steeped in history whether it is dolmens and burial chambers from Neolithic ages, forts along the coastline from Napoleonic times or bunkers and fortifications left by the German forces on our sister island. Guernsey prides itself on the accessibility of this history as much of it is free from barriers and payment kiosks and available to climb on and walk around.

Visitors during Heritage Month will benefit from special heritage discovery passes, talks and activities.



“

*The majority of celebrations take place in St. Peter Port where locals and visitors celebrate with military vehicle parades, street entertainment and family-friendly activities. Local bands perform at the annual LibRock concert in the evening,*

”



## For History

### AN EVENING WITH DR LUCY WORSLEY

On 18 May, TV presenter and historian, Dr Lucy Worsley ([www.lucyworsley.com](http://www.lucyworsley.com)) will give an exclusive talk on Guernsey's history at St. James Concert Hall in Guernsey's capital, St. Peter Port.

### JOIN A WWII ARCHAEOLOGY DIG, ALDERNEY

Throughout Heritage Month, visitors will be able to join a WWII archaeological dig at Bibette Head on Alderney; the site of some of the best preserved German defences in the Channel Islands. With its intact trenches, tunnels and armoured machine gun cupolas, the site offers a remarkable insight into the fortification of the island. Visitors will be able to clean out the heavily fortified concrete structures that formerly housed searchlights, anti-tank guns and machine guns.

**Entry is £5. [info@alderneywildlife.org](mailto:info@alderneywildlife.org)/ 01481 823709**

### RAMSAR RAMBLE AND LIHOU ISLAND

On 30 April, there will be a guided walk of the L'Eree Headland Nature Reserve and Lihou Island. On L'Eree visitors will be able to see a pre-Christian burial chamber, German trenches and a defence tower. The walk will then lead onto the tiny Lihou Island which is only accessible at low tide when a cobbled causeway is revealed. Visitors will be able to see the ruins of a 12th century priory ruins as well as incredible bird and marine life.

**To book and for further details: [www.gillgirardtourguide.co.uk](http://www.gillgirardtourguide.co.uk)**

## For Families

### HISTORYFEST

From 18- 20 April, Guernsey will hold its first 'HistoryFest' within the walls of Castle Cornet. Over the three days, the castle will be brought to life with actors in period costumes, live action role play and interactive family activities where children can hear about hundreds of years of history and learn medieval skills. **Entry is £9.75 for adults, £2.50 for children and is free for under sevens.**

### HERITAGE BY WATER

Bumblebee Boat Cruises will run a series of heritage cruises around Guernsey throughout the month. These will range from a family cruise in search of pirates, a trip seeing the stunning wild flowers that grow along the dramatic east and south coasts or a look at the areas of the island that inspired Renoir. **Prices start at £20 for adults and £15 for children. [www.bumblebee.gg](http://www.bumblebee.gg) 01481 720 200**

### LIBERATION DAY

Join the festivities on 9 May as islanders celebrate 69 years of liberation from the occupying German forces. The majority of celebrations take place in St. Peter Port where locals and visitors celebrate with military vehicle parades, street entertainment and family-friendly activities. Local bands perform at the annual LibRock concert in the evening, which culminates in the Liberation firework display over Castle Cornet. Alternatively head to neighbouring island, Sark on 10 May when it celebrates its own Liberation Day. There will be a guided walk of some of the sites associated with the islands occupation, followed by the chance to meet Chelsea Pensioners and Ghurkas.

**To book contact the Sark Tourist Information Office on 01481 832345. Tickets cost £4 per adult and £1.50 per child.**

Discovery Museum Pass in advance of Heritage Month will be automatically entered into a draw to fire the noonday gun at Castle Cornet, a daily tradition dating back to 19th century. The cost effective pass is priced at £16 and gives free entry to museums and other benefits.

**To book in advance: [museums@gov.gg](mailto:museums@gov.gg) 01481 726518.**

## SUGGESTIONS OF KEY SITES TO VISIT ARE:

**LE DEHUS DOLMEN** Guernsey's most atmospheric passage grave. It is perfectly preserved with a small wooden door for an entrance and there are pre-historic markings on the walls.

**CASTLE CORNET** - built in the 13th century to protect the island from intruders; the imposing and magnificent castle was originally on its own rocky islet but is now attached to Guernsey. Today visitors can explore the battlements and enjoy views from the top of the castle across to Herm and Sark.

**HAUTEVILLE HOUSE** - this is where Victor Hugo lived in the mid 19th century and wrote Les Misérables. The three storey house is full of secret doors and bold interiors, with bizarre furniture designed to challenge visitors.

**LA VALETTE UNDERGROUND MILITARY MUSEUM** - the museum entrance is a simple concrete lined opening in the cliffs, which leads into a complex of tunnels built by slave labourers during the Occupation. These tunnels are now open to the public and packed with military and civilian memorabilia.

**VICTORIA TOWER** - the 100ft tower was erected in honour of a visit to the island by Queen Victoria and Albert in 1846. The whole structure is crowned, almost quite literally, with an octagonal lantern topped with a coronet.

**FOR MORE DETAILS OF HERITAGE MONTH VISIT: [WWW.VISITGUERNSEY.COM/HERITAGEFESTIVAL](http://WWW.VISITGUERNSEY.COM/HERITAGEFESTIVAL)**







# WORK, REST & PLAY

You only need to visit TripAdvisor to read first hand the vast array of glowing reviews left by global travellers about the Red Carnation Hotel Collection's two Guernsey-based hotels, The Old Government House Hotel and Spa and The Duke of Richmond Hotel.

As soon as you walk through the doors of either hotel you'll be met by welcoming and friendly staff, ready to attend to your every need. Their teams are obviously dedicated to providing a high level of service to every guest that comes through the doors.

The award-winning 5 star Old Government House Hotel and Spa, known locally as The OGH, is situated in a fantastic central location only moments walk from Guernsey's bustling High Street, allowing you easy access to the vast array of beautiful boutique shops the cobbled town has to offer. Dating

back to 1858, the building was once the official residence of the island's Governor. Today, the Old Government House still retains many beautiful original features and a timeless charm and elegance. The building has been lovingly restored and sympathetically refurbished, incorporating the modern facilities of a luxury hotel.

Of course you may wish to venture no further than any one of the variety of fabulous 'venues' within the hotel itself, the hotel has won 2 AA Rosette awards for its cuisine and boasts several restaurants, The

Curry Room at The Governor's or the more informal Brasserie and now there's also the recently introduced Crown Club, where you could while away many an hour pouring over their extensive cocktail list, or trying one of over 40 whiskies, or perhaps you'd like to pay a visit to their Wine Tasting Room or enjoy a light bite from their food menu.

Then there's their legendary afternoon tea, a visit to The OGH isn't complete without positioning yourself in the beautiful surroundings of the Sir John Coward Lounge, or in finer weather why not take your tea outside in The Olive Grove with wonderful views over the gardens and the harbour. If you can't bare to be away from the gym for a few days then don't forget to pack your trainers as you'll want to plan a visit to the state-of-the-art Revolution Health Club,





Guernsey's most exclusive private gym, great for both business and leisure travellers. Then there's the luxurious Spa which has an extensive treatment menu, two whirlpools, a sauna and a steam room offering top-of-the-range hydrotherapy for your whole body, perfect post work out!

We can't talk about either hotel without mentioning the bedrooms themselves, each hotel offers 'thoughtful touches' which include luxurious toiletries, complimentary WIFI, a turn down service and perhaps the most comfortable bed you can expect to sleep in, to name just a few.

Just a short walk away is sister hotel, 4 star, The Duke of Richmond, set in a beautiful, quiet location between two parks with views over the bay of St Peter Port and Castle Cornet. The hotel is only a short walk, up a little hill, well come on, most places in Guernsey involve walking up a 'little hill', from the town centre.

I've heard the foyer of The Duke of Richmond described as walking into a world similar to that of 'Alice Through the Looking Glass'. Where you are greeted by a chequerboard floor, an abundance of mirrors and magnificent chandeliers; it really is out of this world. Their recent refurbishment has certainly been well executed, the attention to detail is noticeable in every area of the hotel.

Be sure to pay a visit to The Leopard Bar and Restaurant, where the modern and glamorous setting is accompanied by an enticing menu which includes a selection of hearty, homely and imaginative dishes, prepared with panache – as you will see through the wall, yes that's right! The menu

is the joint initiative of both the Head Chef and Beatrice Tollman, President and Founder of the Red Carnation Hotel Collection who has a particular passion for food which can be seen throughout all of the dishes.

The chic bar, with its mix of bold stripes and leopard skin fabrics, is enjoyed by locals and visitors alike and is a relaxing and stunning setting which is comfortable enough to enjoy as a solo business traveller or perhaps as part of a romantic break with your loved one.

*“ Then there's their legendary afternoon tea, a visit to The OGH isn't complete without positioning yourself in the beautiful surroundings of the Sir John Coward Lounge, or in finer weather why not take your tea outside in The Olive Grove with wonderful views over the gardens and the harbour ”*

They too have an exceptional terrace area which comes alive as soon as the sun shines. With views over Candie Gardens, the sea and neighbouring Channel Islands you'll have plenty to entertain you whilst you're waiting to enjoy, breakfast, lunch, dinner and of course drinks, you'll never even need to step out of the front door!

The stunning décor, splendidly luxurious facilities and exemplary personal service makes either hotel perfect for a relaxing leisure break or a productive business trip, we would highly recommend you add either of these phenomenal hotels to your must visit list. Staying at either one of the Red Carnation hotels during your trip to Guernsey really is like the difference between travelling as a first class passenger on a British Airways flight versus any budget airline.



# THE GIFT OF UBUNTU

WORDS Viv Pallot

THIS MONTH'S BEAN ABROAD IS HELEN SAYERS, FORMER JCG STUDENT, SCIENCE TEACHER, TECHNICAL EDITOR, AUTHOR, AND FREELANCE LIFE-SKILLS TRAINER CURRENTLY LIVING IN OMAN.



When Jersey woman Helen Sayers first stumbled upon 'Ubuntu', she couldn't possibly have predicted the far-reaching impact it would create. But it seems likely it's been weaving an invisible thread throughout her life, prompting her to soul-search for understanding and ultimately unearthing the passion for what she calls "a gift to the world".

So what exactly is Ubuntu (pronounced oo-BOON-too)? Is it a Linux operating system\*? An African term? Or a way of life? Actually, it's all three, but more on the OS connection later...

Ubuntu - a Nguni Bantu word with other tribal language variations - encompasses the human values that lead to a happier existence for us all as individuals as well as for our communities, comprising: sharing, compassion, respect, trust, politeness, etc. and surprise, surprise, it has nothing to do with material wealth.

One of Helen's role models is someone who epitomised the spirit of Ubuntu, the late Nelson Mandela. At Mandela's memorial service, US President Obama acknowledged: "There is a word in South Africa - Ubuntu - a word that captures Mandela's greatest gift: his recognition that we are all bound together in ways that are invisible to the eye; that there is a oneness to humanity; that we achieve ourselves by sharing ourselves with others, and caring for those around us ... He not only embodied Ubuntu, he taught millions to find that truth within themselves."

In exploring this truth within herself, Helen was inspired to write a book about Ubuntu, which she has dedicated to Nelson Mandela. Helen's book is a training manual for educators and the basis for her many workshops worldwide. Entitled, UBUNTU! The Spirit of Humanity, it has already been translated into several languages.

So how did Helen become an ambassador for Ubuntu? And, as a life-skills trainer, how does the softly-spoken Helen find herself in the position of facilitating workshops internationally as well as locally in the Sultanate of Oman, where she has been based for the past six years?

Moreover, how can we actually live the principles of Ubuntu in a modern world that's increasingly me, me, me?

Helen admits it isn't easy to live the values of Ubuntu 100% of the time, confessing: "At moments when I let myself down - for example, instances of unkindness on my

part - I say to myself, 'That's not Ubuntu!'. Keeping Ubuntu in mind, it becomes a mirror for self-transformation."

But let's go back to an early turning point in Helen's life, to a time when the 'invisible thread' presented her with a rather intriguing dilemma.

It was during the '90s, while Helen was teaching a science lesson in the UK that she began to reflect upon the responsibilities of educators toward their pupils. It seemed that the focus was increasingly geared toward the achievement of academic success and less toward the development of positive character traits.

Strangely enough, this was demonstrated rather well during an experiment with hot soup! Using different fabrics to insulate beakers of their own soups, the pupils were experimenting with the optimum material for heat retention. When the question arose as to how they might share their hot soup with a neighbour in need, some students were baffled as to why they should even care. And Helen asked herself - even if these students achieved 'A' grades, would I have succeeded as a teacher if I had not helped them to discover their capacity to care?

**At moments when I let myself down - for example, instances of unkindness on my part - I say to myself, 'That's not Ubuntu!'**

Helen knew there was an increasing need for a more integrated approach to education and felt a natural connection with the values-based education system developed by an international team of like-minded teachers, Living Values Education, for which Helen remains a strong supporter to this day.

Over the decades, Helen's career took her to some rather exotic places and she spent many years teaching in Kenya and Swaziland. She says she was left with an "incurable nostalgia" that kept pulling her back to the African continent. She pondered, was it "the stunning scenery, the unforgettable sunsets, or the incredible wildlife?"

"All of these were part of it, yet there was still something much stronger and deeper," she clarifies, "something connected with the soul, but it remained a mystery till many years later."

It was in 2001, at the beginning of her eight-year stint in Geneva, Switzerland, that Helen discovered the answer: Ubuntu. While preparing with colleagues for the UN World Conference against Racism, hosted

in Durban, South Africa, Helen met Mxolisi, a friendly young man from Soweto, and a member of the discussion group.

Helen explains: "He suggested we organize a workshop on the theme: Ubuntu - a Force for Living Together and went on to explain the meaning of Ubuntu - an African code of ethics and noble way of living that has held families and communities together and built bridges across nations over centuries.

"What he expressed resonated totally with 'that thing' that had touched my heart so deeply during my time in Africa! It was to do with the sense of belonging that I had felt, of being interconnected with others and with the natural world, and it was about the African way of sharing - not only what you have, but also what you are."

Now living in sunny Oman, Helen is in demand as a training consultant at a large oil and gas company - guiding Omani engineers and designers through their training programmes as well as running her own freelance workshops in life-skills for personal/professional development - including team-building, values education and of course, Ubuntu.

She says she finds it a joy to explore Ubuntu with the locals particularly as there are parallels in the Omani culture. The Sultan of Oman is an example of "Ubuntu leadership values", she says. "He connects closely with his people with care and affection, earning their love, trust and loyalty".

She continues: "The way of greeting one another in Oman reminds me very much of the African way - through a series of exchanges enquiring about each other's well-being, family, work and more ... putting each other at ease and generating a bond of friendship."

Helen was recently interviewed by Omani local radio to answer questions on values education ... and so the invisible thread continues. ([bit.ly/QoV79z](http://bit.ly/QoV79z))

So what does well-travelled Helen miss from the island of Jersey? The closeness of her large extended family, friends and wonderful scenery, plus, she says, the familiarity of a place that is ultimately "home".

*\*The world's most popular free computer operating system shared by over 20 million people and so-named because of its "Ubuntu" nature, explained by the late, great Nelson Mandela in a 2006 video clip made for its launch.*



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# dream DESTINATION

VIV PALLOT interviewed fitness enthusiast **CAROL TRENT** about her dream - to hike the challenging Inca Trail to Machu Picchu ... along with her 77-year-old mother, **ANN TRENT**



## So, you'd like to hike the Inca Trail - has this been a dream for a while now?

Yes, I got the idea of going there about five years ago. I even bought the Footprint Peru guide book. But for some reason I still haven't got there!

## What sparked the idea originally?

A running friend went there and told me all about it. Also, my brother, Paul, went to Machu Picchu during his travels around South America about ten years ago, when he lived in Ecuador.

## Now that you've had the guidebook a while, is the trip likely to become a reality soon?

Yes, I'm planning to go there in November this year. My 77 year old Mum would like to come along too!

The idea is probably to go there first and then on to New Zealand for my son's graduation. The whole trip will probably take about four weeks in all.

## You are taking your 77-year-old mother hiking?

Mum's really keen to go there because then we can also go white water rafting!

## Seriously?!

Oh yes. Mum's been rafting before - at Milford Sound in New Zealand with my Dad - but it'll be the first time for me. Mum's pretty fit and adventurous for her age.

## What sort of risks will you be up against?

Obviously you've got to be sensible. If you're up a mountain and something goes wrong... well, it's pretty rugged terrain. But the main risk is probably altitude sickness. Oh, and you have to be on the lookout for venomous snakes.

## Snakes? Yikes! I think I'd prefer to go by train!

You can go by train - you can hike or even go mountain-biking - so there are lots of options!

## Mum's really keen to go there because then we can also go white water rafting!

”

## Where does the Inca Trail begin?

Cusco seems to be the starting point for a lot of people. But it's at very high altitude (3,400 m or 11,200 feet), so you need a couple of days at Cusco to acclimatise before you start the Trail. It can also get quite cold at that elevation, so you have to be sure you have all the right clothing, lots of fleeces, etc.

## Tell me more about the white water rafting...

The guide book says the Cusco region is probably the rafting capital of Peru. It has more white water runs than anywhere else in the country!

Safety is taken very seriously: good lifejackets as standard and safety equipment for everyone. There are plenty of warnings! On a potentially dangerous river like the

Apurimac - the source of the Amazon River system, fatalities have occurred.

## What else would you like to do while you're in the region?

To experience the culture as well, of course: the see the ruins and to learn more about the Incas - we're not just going there for the sports!

Actually, there are lots of museums and cathedrals in Cusco and I'm really interested in all the architecture and the history.

## Would you say you're pretty much prepared?

Well, I'm up to date with most of my vaccinations, although I read that a rabies shot is recommended! I'll take some mosquito repellent, although I'm lucky as mosquitoes don't actually like me. I take Vitamin B which seems to deter them completely.

## Would you book your accommodation in Cusco before you go or just wing it?

I tend to wing it - like I did in Bali recently - just as long as we've got the first couple of nights booked in case we arrive totally exhausted and jetlagged. I'm not really a "city person" so we'd probably try to stay outside of Cusco - it seems like a huge place judging by the guidebook.

# CULTURE

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## MY NAME IS...

Will

BERTRAM

My name is

My job is

assistant/later at  
 69 HARETT PLACE  
 + art student at Highlands

When I was a kid I wanted to grow up to be an

ARCHITECT

My worst habit is

Picking my nails

The celebrity that would play me in the film of my life would be

Jonah Hill  
 from SUPERBAD

The song that most represents the soundtrack to my life is

Fill Me in - Craig David

This is a self portrait



Quitting my job to  
 further my education +  
 career in ART

Mick Foley  
 (markind)

My greatest achievement is

My biggest inspiration is

In 3 words I am

I don't know

My motto/mantra is

C.R.E.A.M.  
 cats rule everything  
 around me

If I was a superhero I would be

THOR

I couldn't live without

The advice I would give my 12 year old self is

COFFEE

Is honesty the best policy

as long  
 as the  
 intention  
 is good

Draw more!





## EXPRESS YOURSELF

Tucked away at number 5 Aquila Road the Art Expressions Studio is a fresh and exciting new studio space displaying a collaboration of work from two bright young local artists, Casey Laurent, predominantly a landscape painter and Chantelle Mundy, a photographer.

With a mixture of paintings and photographs, the studio offers something new and enticing for those looking to adorn their walls with beautiful works of art, produced by local artists.

Not only do they both individually produce work but they also collaborate on pieces, Chantelle capturing landscapes on 'film' which Casey then reproduces on to canvas. Despite only opening the Art Expressions Studio in November 2013 they have already been fortunate enough to be commissioned to produce work for several local companies and are keen to work on more!

Casey (25) has been painting for more than 12 years and in that time has sold paintings to both the former Lieutenant Governor Sir Andrew Ridgeway and also former Senator Frank Walker. He's recently returned to the island having studied Fine Art in Bournemouth, he predominantly paints with oils on canvas.

In contrast Chantelle (17) is still to complete her studies and is in her final year of A-levels at Hautlieu, so juggles the studio with a full on schedule at school. Once her A-levels are completed she intends to take a gap year, during which



*Not only can you explore their beautiful gallery but you'll also be able to see Casey at work, as Aquila road is also his studio, whereas Chantelle will often be spotted out and about in the island capturing the beautiful scenery we all know and love* ”

she'll spend more time at the Studio and then plans to further her photography study at University. "I think it's important to learn about the technical aspects and theory of photography, because I think it's important that my photos mean something."

Not only can you explore their beautiful gallery but you'll also be able to see Casey at work, as Aquila road is also his studio, whereas Chantelle will often be spotted out and about in the island capturing the beautiful scenery we all know and love. She has also recently returned from a visit to Portugal, the images she captured "tell the story of their passionate culture".

Chantelle also has a keen interest in photojournalism so expect to see some more abstract work appearing over the coming months.

Why not pop down and visit them, they're incredibly welcoming and passionate about their work and will be very happy to talk through it with you. They're open on Monday, Thursday and Saturday between 9am – 5pm and you can also keep up to date with all of their activities at

**WWW.FACEBOOK.COM/  
ARTEXPRESSIONSSTUDIO3  
THE ART EXPRESSIONS STUDIO,  
5 AQUILA ROAD, ST HELIER**

## A LITTLE BIT OF EVERYTHING AT JERSEY ARTS CENTRE THIS MONTH!

Staffer will be showing in the Berni Gallery from Monday 7 April, presenting the work of one of Jersey's first photojournalists, Percival Robert Dunham. Before becoming a Gunner of the Royal Garrison Artillery in World War 1, Dunham was a 'staffer' at the Jersey Morning News from 1912 to 1914. Including many images that have not been seen for a century, this exhibition marks the 100th anniversary of World War 1 by presenting a view, through the lens of one of Jersey's undiscovered photographers. On Thursday 10 April it's time for another Amici Artium concert, and this one sees the Vienna Piano Trio playing a selection of Mozart and Schubert.

Finally, for those budding artists amongst you, why not try out Jersey artist Edward Blampied's course for those wanting to learn more about drawing cartoons and caricatures? Beginning on Wednesday 30 April and running for six weeks, this is a course suitable for beginners and those with a little more experience. Get drawing!

**FOR MORE INFORMATION CALL ON: 700444, OR GO ONLINE  
AT: WWW.ARTSCENTRE.JE**







## SUPER SMASHING GREAT

*On an average Tuesday I'd expect to be sitting in the gallery offices working on articles for the next issue, perhaps doing some online research, and perhaps sneaking a look at what's going on in the world of Facebook.*

Not today, today I was sent on a mission to find Morel Farm in St Lawrence, no mean feat in our rather large VW transporter van, those green lanes are tiny! And what was awaiting me at the end of my journey, well there were piles of Smash (TM), a traditional Jersey kitchen and a very enthusiastic farmer about to sit down for his dinner being told "I want it a bit faster, more speed, more noises, a bit excited dog wagging tail, slightly demented..."

And what was all of this in aid of I hear you cry, well if you zoom out your focus you'll soon see that the kitchen is also full of a variety of people and a lot of filming paraphernalia, which can mean only one thing? Branchage is back and this time 'it needs YOU!'

Stacey Yates is a locally based photographer, filmmaker, producer and all-round creative thinker and for this job Director. Stacey and her crew, assembled from a great deal of her own family (her Dad Mick Yates is playing Mr De La Haye) were in the midst of a three day filming schedule when I met up with them. They're busy filming the trailers for the forthcoming Branchage Festival and this year they want you to be involved with all aspects of the festival. The trailers are being shown in Jersey to attract volunteers

to "make the festival" and are all about getting the community involved in the run up to and during the four days of the event.

The trailers leading lady, Mrs De La Haye, will be a recognisable face to most Branchage aficionados and for those who don't know her you may be interested to know that she was 100 years old last November. Stacey explained "She's become iconic in her associations with Branchage, which is what led me to want to feature her in the series of three skits we're producing to promote the volunteer opportunities available to islanders. She's such a fantastic lady."

So why was I in the property owned by the National Trust, Stacey explained "Jersey houses are instantly recognisable, we wanted to instantly capture that in peoples minds and Morel Farm fitted our brief perfectly. We're filming three 'skits' or short stories that have a slapstick comedy angle, but we can't tell you what the punchline is, you'll just have to watch out for the final trailers to see what it is..."

**We're filming three 'skits' or short stories that have a slapstick comedy angle, but we can't tell you what the punchline is, you'll just have to watch out for the final trailers to see what it is...**

**IT IS HOPED THE TRAILERS WILL BE READY TO BE VIEWED ONLINE DURING EARLY APRIL AND IF YOU'D LIKE TO 'GET INVOLVED' THEN VISIT THE DEDICATED PAGE AT [WWW.BRANCHAGEFESTIVAL.COM](http://WWW.BRANCHAGEFESTIVAL.COM) THIS YEAR BRANCHAGE FESTIVAL RUNS FROM 24 - 28 SEPTEMBER.**



# gallery

IN CONJUNCTION WITH  
CCA GALLERIES INTERNATIONAL



THE GALLERY STUDENT ART AWARDS 2014  
**GALLERY.JE/ART**



## CULTURE NEWS

**NEW OCCUPATION STORIES REVEALED****AT JERSEY WAR TUNNELS**

An 'Occupation House' takes centre stage at Jersey War Tunnels during the 2014 season. The house replaces the 'Daily Lives' display, which has been in place for the last 12 years. The new exhibition runs across four fascinating rooms and brings to life a number of artefacts from the archive that have never been displayed before.

Visitors will be able to explore the Occupation House kitchen, lounge, hallway and garden. Each story in the new exhibition is drawn from real life events. Inspiration came from the personal family stories of the Jersey War Tunnel's staff, who have worked tirelessly to bring the house to fruition. Many artefacts have been donated from the staff themselves and their meticulous research to deliver historical accuracy is evident.

Visitors and locals alike will enjoy the new features; you can sit in the lounge and listen to the wireless or even hunt for the hidden crystal radio set. In the kitchen you can view an excellent collection of real 1940's food items from Lyons Black Label Tea, to Birds Custard Powder.

**MARK THOMAS:****100 ACTS OF MINOR DISSENT**

**Friday 25th April, 8pm,  
Jersey Opera House**

Mischievous, trouble-making comedian Mark Thomas has set himself the challenge of committing 100 acts of minor dissent in the space of one year. Come to hear the subversive, hilarious, mainly legal, and occasionally inspiring results of his rather badly behaved experiment. If you like your stand-up a little left of field you will love Mark Thomas.

**Tickets: £15, Concessions: £12**

**RUSSELL KANE: SMALLNESS**

**Saturday 3rd May, 8pm, Jersey Opera House**

He loves cheese, anything curried, and the minimalist writings of Haruki Murakami. He's best mates with Radio 1 DJ Greg James, but is often mistaken for the quiff of Nick Grimshaw. His favourite word is defenestration and his pug's name is Captain Colin. This Jedward-haired award-winning motor-mouthed stand-up comedian is on everyone's radar and if the reviews of his latest tour, Smallness, are anything to go by you really don't want to miss seeing this Essex-boy in action; according to The Telegraph this show "will make this one-of-a-kind man of the people a big star."

**Tickets: £17.50**

**KRAPP'S LAST TAPE**

**Wednesday 9th April, 8pm, Jersey Opera House Studio**

Last Of The Summer Wine star Tom Owen reprises his role in Samuel's Beckett's semi-autobiographical masterpiece. Following a hugely successful run at the Edinburgh Fringe, this one-man show tells the story of 69 year-old Krapp who hovers between life and death, past and present, comedy and tragedy. The show is followed by a Q & A with Tom Owen.

**Tickets: £12, Concessions: £10**





## SKIPTON OPEN STUDIOS OPENS NEW DOORS

*Skipton Open Studios will be back for its seventh year in June, at new venues and with emerging and guest artists taking part.*

Once again, familiar faces from the Island's artistic community such as Ian Rolls, Nick Romeril, Marc Medland, Nanette Regan and Lisa le Brocq will be opening their studio doors and welcoming the public to drop in, meet them in person and see how they work. Many artists will be coming together to exhibit in historic locations including La Tour Carrée, Lewis's Tower and the Frances Le Sueur Centre in St Ouen's Bay, Morel Farm and Bellozanne Abbey.

Skipton Open Studios 2014 will also introduce many new faces to the Island, including Jersey-born creative archaeologist and journalist, Christine Finn; Jooj duQuemin, who will be driving her van-turned-camera obscura around the Island to take photographs; illustrator, Lauren Radley; and Russian-born Yury Totoptsov - the Société Jersiaise Archisle International Photographer in Residence 2014, featured in last month's gallery.

This year's event is taking a new turn by following a more simple and logical format over three weekends instead of the previous two, to make it even easier for the public to get around the studios.

The taster exhibition in shipping containers at Weighbridge Place is being replaced by a public exhibition in the classic and contemporary gallery spaces at CCA Galleries International in Hill Street, as well as a celebration of art in the historic heart of St Helier, the Royal Square, from Friday 20th to Sunday 22nd June. The following weekend, Saturday 28th and Sunday 29th June, will see studios in the west of the Island open their doors, and the weekend after - Saturday 5th and Sunday 6th July - will be the turn of studios located in the eastern parishes.

**KEEP UP TO DATE WITH  
SKIPTON OPEN STUDIOS 2014!  
[WWW.SKIPTONOPENSTUDIOS.JE](http://WWW.SKIPTONOPENSTUDIOS.JE)  
[WWW.ARTS.JE](http://WWW.ARTS.JE)**



**BECAUSE QUALITY MATTERS**

## JERSEY OPERA HOUSE

**MET OPERA**  
ENCORE SCREENINGS

**LA BOHÈME**

Sunday 13th April, 6pm

**COSÌ FAN TUTTE**

Sunday 27th April, 6pm

Tickets: £10-£17.50



**HUMPTY DUMPTY**

Tuesday 15th & 16th April,  
11am & 2pm

Fun for all the family this Easter holiday with this interactive children's show full of the favourite nursery rhyme characters! There will be an Easter Egg Hunt around Jersey Opera House after the show!  
Tickets: Child: £8.50, Adult: £10.50, Family: £33



**BERLIN PHILHARMONIC**  
**EASTER CONCERT**  
LIVE SCREENING

Sunday 20th April, 5pm

Cellist Sol Gabetta and Conductor Sir Simon Rattle perform with the Berlin Philharmonic Orchestra for this special Easter concert.

Tickets: £11-£12.50



**VIKINGS: LIVE FROM THE BRITISH MUSEUM**

LIVE SCREENING

Thursday 24th  
April, 7pm

An exclusive private viewing of the British Museum's exhibition, Vikings: Life & Legend, presented live by world experts via satellite to your local theatre.

Tickets: £11-£12.50



**NT LIVE: KING LEAR**

Thursday 1st May, 7pm

LIVE SCREENING

Academy Award® winner Sam Mendes (James Bond: Skyfall, American Beauty) returns to the National Theatre to direct Simon Russell Beale in the title role of Shakespeare's tragedy.

Tickets: £11-£12.50

**BOX OFFICE: (01534) 511 115**

[www.jerseyoperahouse.co.uk](http://www.jerseyoperahouse.co.uk)





# THE MONTHLY UPLOAD

WANT TO WIN £100? EMAIL YOUR PHOTOS (AROUND 4MB IS A GOOD SIZE) WITH THE SUBJECT 'UPLOAD' TO: [UPLOAD@GALLERY.JE](mailto:UPLOAD@GALLERY.JE) BEFORE THE DEADLINE OF **15TH APRIL** AND YOU'LL BE IN WITH A CHANCE.



Photographer: Andy Davidson



Photographer: Jenny Cochrane



Photographer: Nigel Grieves

**FREE ENTRY**

[jerseyboatshow.com](http://jerseyboatshow.com)  
[f](#) [t](#) [@jerseyboatshow](#)

**Barclays**

NEXT MONTH'S UPLOAD THEME IS **'MODE'** SO GET THOSE CAMERAS READY AND GET SNAPPING FOR YOUR CHANCE TO WIN £100! THE DEADLINE IS **APRIL 15TH**. IF YOU'RE THIS MONTH'S WINNER JUST GIVE GALLERY HQ A CALL ON 811100 TO CLAIM YOUR PRIZE.

Photographer: Alison Lombardi



Photographer: Alison Lombardi



Photographer: Grant Longmuir



Photographer: Alan White



**Jersey Boat Show**  
Bank Holiday Weekend Saturday 3-Monday 5 May 2014  
Saturday & Sunday, 10am - 6pm  
Monday, 10am - 5pm  
St Helier Marina

Jersey  
BOAT SHOW 2014  
Sponsored by  
**BARCLAYS**



# SIX OF THE BEST:

## DOCS THAT

### ROCKED THE WORLD

The beauty of film is that it can be so many things for so many people – an opportunity to laugh, to cry, to learn about yourself and about others, an opportunity for sheer escapism or, if you're not in the mood, to simply zone out and immerse yourself in the story from the comfort of your couch. But for every throwaway popcorn romp, there's another film out there with the power to utterly transform you.

The documentary genre is one that has had such a power since the birth of cinema. In a world so fluent in filmic language, so accustomed are we to the thrills and spills of the silver screen that it's easy to forget that the era of cinema was ushered in by documentary film, with the Lumiere brothers' *Workers Leaving*

the Lumiere Factory credited as the world's first motion picture. A 46 second single shot, depicting, well, you can guess from the title. It's a single cell organism compared to today's complex creatures, but from every acorn, and all that business. Cinematic works of fiction have come to take precedence in cinemas over the past

100-odd years, but documentaries have time and again demonstrated their power to move, to inspire, and to, in some cases, literally change the world. This month, Gallery celebrates the documentary form by recommending six docs that shook up the world.



#### MAN WITH A MOVIE CAMERA

(dir. Dziga Vertov, 1929)

Dziga Vertov's 1929 masterpiece focused on 24 hours in the life of a Soviet city (a process that took four years of shooting in Odessa, Moscow and Kiev), depicting all aspects of daily life from the mundane to the profound – everyday people on their daily commute, production line workers going about their day's work, even a woman giving birth. *Man With a Movie Camera* is so revered for its inventiveness and is perhaps the biggest landmark in the establishing of modern filmic language until *Citizen Kane* twelve years later. Vertov sought to experiment with a new type of film that eschewed the rules and conventions of the day, relying on fast cuts, without the use of intertitles, and without a script – creating an abstract narrative with the editing together of random pieces of footage. As well as inventing and developing techniques such as jump cuts, tracking shots, slow motion and split screens, Vertov showed that film need not rely on linear and rigid structures – the imprint of that ethos is found in every great cinematic work seen to this day.



#### THE THIN BLUE LINE

(dir. Errol Morris, 1988)

There's many a documentary that highlights plight of others and the injustices of the world, but less common are films that come along and make a real, tangible change in such dramatic fashion as Errol Morris' seminal doc *The Thin Blue Line*. Telling the story of Randall Dale Adams, who was imprisoned in 1976 and sentenced to death for the murder of police officer Robert W. Wood in Dallas, Texas, Morris' film set out to prove the innocence of Adams, who was a year later exonerated and released from prison after a review of the case. Despite being hailed as one of the greatest documentaries of all time, *The Thin Blue Line* was disregarded at that year's Academy Awards on a technicality: according to Academy rules at the time, the use of re-enactments in the film meant it was deemed a 'work of non-fiction' and therefore disqualified from the Best Documentary category. Morris finally gained recognition at the Oscars, winning the Best Doc award in 2003 for *Fog of War*.



#### THE ACT OF KILLING

(dir. Joshua Oppenheimer, 2013)

With executive producers including the directors of two entries on this list in the shape of Werner Herzog and Errol Morris, it's perhaps unsurprising that *The Act of Killing* turned out to be so successful. In fact, the biggest surprise was that despite being nominated for a Best Doc at this year's Oscars, it was beaten by the comparatively lightweight *20 Feet From Stardom*. The film looks at what has been described as "one of the worst mass murders of the 20th century", the massacre of 500,000 Indonesian communists between 1965 and 1966. Sumatran gangster Anwar Congo was leader of one the purge's most notorious death squads and is believed to have personally killed up to 1,000 people, and in the film is invited by director Joshua Oppenheimer to reenact the killings, the scenes of which are produced in the style of gangster and western movies. It's a remarkable piece of cinema, showing the banality of evil in its rawest form. Not the easiest film to watch, but certainly one of the most extraordinary.



## FAHRENHEIT 9/11

(dir. Michael Moore, 2004)

Michael Moore first shot to fame on the global stage with his 2003 Oscar-winning *Bowling For Columbine*, but it was his follow-up film exploring the Bush administration's 'war on terror' that propelled him to stratospheric heights. The winner of the Palme d'Or at the 2004 Cannes Film Festival (the first documentary film to win the festival's top prize since 1956), *Fahrenheit 9/11* seized on the mood of the time; the world post-the September 11th attacks on New York, lest you forget, was one wrought with paranoia, wracked with religious tensions, with opinions divided on the US invasion of Iraq and the stripping away of civil liberties the world over. Moore's film attempted to take President Bush to task, exploring commonly-held suspicions that the election that put him in power in the first place was rigged, exposing links between the Bush and Bin Laden families, investigating apparently ulterior motives behind the invasion of Iraq and portraying the abuse by American soldiers of prisoners in Iraq. Whatever you may think of Moore's style of documentary-making – he has consistently been accused omitting facts and distorting truths to best serve his agenda and his films' narratives – what cannot be denied is that, as the highest grossing documentary film of all time with worldwide box office totals of \$222 million – *Fahrenheit 9/11* launched the theatrical documentary format into the mainstream like never before, and in doing so inspired a whole new generation of docheads.



## CAVE OF FORGOTTEN DREAMS

(dir. Werner Herzog, 2011)

By the time *Cave of Forgotten Dreams* was released in 2011, Werner Herzog was already considered one of the cinema's greatest ever and most adventurous directors, a legendary figure as a result of his collaborations with Klaus Kinski in films such as *Nosferatu*, *Aguirre: Wrath of God* and *Fitzcarraldo* – as well as entering the annals of film folklore after publicly cooking and eating his show after losing a bet with fellow director Errol Morris, and being shot mid-way through an interview with Mark Kermode (an interview that he continued with without flinching). His previous documentaries, including *Grizzly Man*, *Little Dieter Needs to Fly* and *Encounters at the End of the World* are regarded as some of the most powerful and mesmerizing documentaries ever committed to screen, and in fact it could be argued that *Cave of Forgotten Dreams* is merely an incidental footnote in the Herzog canon. However, the film, about the Chauvet Cave in southern France that contains the oldest cave-paintings ever discovered (some of them as

old as 32,000 years old) is selected as one of our Six of the Best by dint of its innovative use of 3D technology. As one of the world's most significant prehistoric sites, access to Chauvet Cave is severely restricted, owing to the fact that the exhalation of carbon dioxide by visitors causes the paintings to erode each time someone enters the cave. What Herzog succeeds in doing in this doc is transporting the audience into the cave as far as is possible without us physically being there, using 3D to accentuate the contours and bulges of the cave walls onto which the prehistoric works are painted. Herzog was initially unswayed by his cinematographer Peter Zeitlinger's suggestion of using 3D but became utterly convinced that it had to be shot that way after visiting the caves. After the film had wrapped, he stated that he had no intention of shooting in 3D again. A far cry from the gratuitous, gimmicky utilization of 3D by every film studio and their dog, from *Top Cat the Movie* to *Piranha 3D*...

## STOP MAKING SENSE

(dir. Jonathan Demme, 1984)

We couldn't complete this list without including a music documentary, a genre in itself, and there are so many to choose from – it was hard to omit classic music films like *Gimme Shelter*, *The Devil & Daniel Johnston*, *The Filth & the Fury* or *The Year That Punk Broke*, but all are pipped, just marginally, by Jonathan Demme's classic Talking Heads concert movie *Stop Making Sense*. For a start, it contains the music of Talking Heads, which elevates it above 90% of other music docs already. It also went against the grain of the norms expected of concert films of the day; as well as the notable achievement of being the first movie ever made using entirely digital audio techniques, it is slow, meditative, theatrical and utterly rejected the strobe-like MTV style of quick-editing and fast cuts, instead favouring a pared down study of the band, stripped of unnecessary frills in order to turn your attention fully to the music and the performance – yet full of invention. And it's got David Byrne in that massive suit!



ALEX FARNHAM'S  
DIARY OF A

Young Professional



*Basically, earlier this week I was writing a Facebook status, but I stopped midway through because I had the sudden realisation that what I was writing about was actually something I'd rather save, in order to talk about it in this article. I didn't want to seem like I was 'reusing material' as it were, so I deleted the status and carried on living my life.*

The problem is, I can't for the life of me remember what it was I wanted to talk about. What makes it easier to try and work out is that I can probably narrow it down to being about either cats or food. The great thing about being boring is that you do less, and therefore have less to remember - or at least that's what I would say if I hadn't drawn a complete blank about what I'd planned to write about. Hopefully, by now, I should be about half way through the piece and I can get away with rambling on for a bit longer... No? Damn, I'm only up to 149 words.

What else can I talk about? Preferably not cats or food... Actually, I did have animal biscuits for the first time in ages last weekend. That would cover both bases. No, let's not, I'm better than this. They are tasty though. NO! Ok, we're back on track... where was I? Trying to remember something I'd forgotten. My memory is rubbish, it always has been, but I feel like it's getting worse. I don't know why though, because I don't drink heavily and as far as I'm aware I'm not 96 years old. Perhaps I'm just an idiot, or maybe the conspiracy theorists were right and iPhones actually are frying our brains.

Either way, I'm somewhat embarrassed at not having a proper topic to write about this month. I'll have to go with the backup

plan and talk about my girlfriend's birthday, which was way back on 12th March. Being the smug, irritating, 'thinks he's funny' twit that I am, I decided to buy her a birthday card that said 'To the best boyfriend in the world', so that I could cross out 'to' and write 'from' in its place... Let me just give you a minute to stitch up your sides, which I'm sure are splitting as you read through tears of laughter about my hilarious antics (I hate myself). When I took this card to the till though, I obviously hadn't made the necessary edits yet, and so it was still just a card for a boyfriend. Innocently, I handed it to the male cashier, who looked at it and may or may not have started to chat me up. I still can't decide, but he did tell me what he was doing on Saturday night. I'm not bothered that he probably thought I was

gay, but surely he knew that this card was apparently for my boyfriend, so why bother trying to chat me up? Shame on him.

They didn't by the way, it turns out flirting is just an easy way to get gullible young blokes to buy more drinks.

Now, I'll be honest, trying to convince myself that a guy was trying to chat me up whilst I bought my girlfriend a birthday card wasn't a high point, but then again that's what vanity does to you I suppose. Anyway, I eventually doctored the card and on Charlie's birthday I presented it to her. At first she opened it and didn't even notice, so having pointed it out to her it got the 'ha' it deserved. It struck me then that I went through a great deal of psychological assessment just to try and get a laugh. I don't know if this is a bad thing or a good thing but my late Grandfather always taught me never to take life too seriously, and looking back on it, perhaps I took that a bit too seriously. Who can tell? Also, why does it matter? I'm sorry I forgot what I had originally intended to write about, but I guess that shows that it can't have been very exciting anyway. And what if it was? Well, in that case, if you're lucky, I'll forget to write about it next month as well.

I'm not bothered that he probably thought I was gay, but surely he knew that this card was apparently for my boyfriend, so why bother trying to chat me up? Shame on him.

gay, but surely he knew that this card was apparently for my boyfriend, so why bother trying to chat me up? Shame on him. Maybe he was just being nice, I remember when I was younger I actually went through a phase of thinking that every barmaid who was nice to me wanted to sleep with me.



FASHION



## BRAND NEWS

### ONE TO WATCH: CALIBRE DE CARTIER DIVERS' WATCH

Cartier's first ever diving watch is seriously impressive - an ISO-certified diver's watch containing an in-house 1904 MC caliber, waterproof to 300m and the slimmest diving watch on the market. With a choice of rubber strap or metal bracelet, it's got that just-rugged-enough classic Cartier style. Available from mid-May onwards with VAT-free prices at Hettich Jewellers. We want one. *Calibre de Cartier Diver Watch, 42mm, £4,788 at Hettich Jewellers.*



### DIAMOND IS THE BIRTHSTONE FOR APRIL...

..and the Phoenix Cut is a Diamond like no other you'll ever see. The Phoenix Cut Diamond is said to sparkle more than any other gemstone. This cut is a similar shape to an emerald cut but with more facets to reflect the light, having 89 facets, 31 more than the average round Diamond and therefore it has more angles to return light. Bradley Jewellers CDG (HRD) has exclusivity in Jersey stocking this cut of Diamond. So pop in and see this beautiful ring and be wowed!



### ROCK THE TRIBAL GLAM LOOK EVERYDAY WITH SWAROVSKI

The fantastic, inspiring and very on trend Spring 2014 collection at Swarovski has influences from traditional crafts, different cultures and nature that leaves a very vivid impression on the new season's jewellery. Spring's key trend is Tribal Glam which remixes African crafts and urban cool in pieces that will look good for all occasions from your polished work attire to music festival fashions.



### SERIOUSLY SSSSSSSSPECIAL

Manna's new jewellery by Renee Sheppard for the brand Velvet has just arrived in store and it is stunning. This quartz arm wrap includes a snake made of silver and set with diamonds (yes they're real!) for £200. This would make the perfect signature piece which you can wear all the time - we think it's time to start investing in jewellery that you'll love and that will last.



### GO ON GUESS!

The latest line of Guess jewellery has that perfect touch of glamour which will make them treasured pieces in your jewellery box. This beautiful ball charm bracelet is so simple and yet it is a real statement piece and added to any summer outfit it will instantly dress-it-up.

*Pop in store at deGruchy to see their full collection.*



# TREND NEWS



## THEY'VE GOT IT ALL

Eclectic, Liberty Wharf is bursting with fantastic new Spring/Summer collections for all generations and for all occasions. It is a family run business, and the team are always on hand to help and advise you. We love that they have selective stock of each item so you know you'll be getting something unique. Pop into this boutique for a chat and look online at your leisure at [www.eclecticladiesboutique.com](http://www.eclecticladiesboutique.com)

*Pictured dresses by Ginger Fizz.*

## KOOKY KOOKAI

Each season this well-loved Parisian brand releases a fab selection of preppy patchworks and girly graphic prints, their designs are always unusual, eye-catching and the perfect way to inject some personality into your wardrobe. We're a little bit in love with their latest offering of bright scarves (pictured).

*Kookai is available on the ground floor at de Gruchy.*



## SUMMER STYLING

George is turning up the heat this summer with their new High Summer collection. This range brings you must-have styles to brighten up the whole family's wardrobe with fashion that is straight off the runway. Inspired by world cup fever, the Rio Carnival collection embraces fun and tropical style. Colour pops combine with fruit prints and oversized flowers to keep your wardrobe sizzling. Outfits are perfectly finished with bold statement necklaces taking you from relaxed beach style to the bright lights of the city. Well worth popping in to check it out.

*George is located in Liberty Wharf*

## COLOUR FLASH

Pretty subdued colours are big for SS14. You only need to pop upstairs at Voisins to see a perfect pastels visual feast all laid out in front of you. Our favourites are the pretty flashes of pale lemon and silver shades sweeping through the Spring French Connection Collection. There is a real feminine, flirty feel to the fabrics and design, offering a great basis for this seasons wardrobe.

*French Connection is available at Ashworth & Bird womenswear in Voisins.*



## SILVER LINING

Love silver jewellery, but hate it when it loses its sparkle? These Fope bracelets, available from Hettich, are made from a silver and palladium hybrid to ensure they always look as good as new. Accented with rose gold and available with a range of precious stones, these layering bracelets will never lose their shine...

*Silverfope bracelet collection from Fope, available at VAT-free prices at Hettich Jewellers, from £376.*







WHITE VEST TOP FROM **RIVER ISLAND** AT **VOISINS** £6  
TROUSERS FROM **RIVER ISLAND** AT **VOISINS** £20  
JACKET FROM **PRETTY VACANT** £24  
GOLD NECKLACE FROM **RIVER ISLAND** AT **VOISINS** £12  
WHITE CONVERS FROM **ROULETTE** £65  
CAP FROM **ROULETTE** £25



# A SHOT IN THE ALMS

PHOTOGRAPHY AND STYLING DANNY EVANS  
PHOTOGRAPHY ASSISTANT ROSEMARIE KEENAN  
HAIR AND MAKE UP EMMA LONG  
MODEL ELLYSIA





SKIRT FROM **RIVER ISLAND** AT **VOISINS** £35  
BLACK JUMPER FROM **RIVER ISLAND** AT **VOISINS** £25  
WHITE CONVERSE FROM **ROULETTE** £65  
SUNGLASSES FROM **PRETTY VACANT** £10  
CAP FROM **ROULETTE** £25







MINNIE MOUSE DRESS, FROM **CHARITY SHOP** £2  
YELLOW GLASSES FROM **PRETTY VACANT** £10  
WHITE CONVERSE FROM **ROULETTE** £65

  
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HANDS ON IT!





DRESS FROM **RIVER ISLAND** AT **VOISINS** £35  
CAP FROM **PRETTY VACANT** £18  
WHITE CONVERSE FROM **ROULETTE** £65





CAP BY **BUSY BOI** FROM **ROULETTE** £25  
BLACK T-SHIRT BY **SET** FROM **MANNA** £65  
BLACK & WHITE TROUSERS BY **SET** FROM **MANNA** £138

WHITE CONVERSE FROM **ROULETTE** £65  
GOLD NECKLACE FROM **RIVER ISLAND** AT **VOISINS** £12  
GOLD BANGLES **HOSPICE SHOP** £1



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BLACK TRAINERS BY **CARVELLA** FROM **VOISINS** £120







JACKET BY SCHNEIDERS FROM **RENAISSANCE £265**  
PLAY SUIT FROM **RIVER ISLAND AT VOISINS £25**

NECKLACE FROM **RIVER ISLAND AT VOISINS £10**  
SHOES BY SUPERGA FROM **SHOE STUDIO AT DEGRUCHY £47.50**



# StyleStalker

We sent our Style Stalker out onto the streets of St Helier, camera in hand, to find some fashionable folk who are ahead of the trends and working their own style.

WORDS LAURA COSTARD



**Hills, 42, Jewellery Retailer**

*"I dress around my jewellery - today I felt like black and white"*

*A monochrome palette will always be bang on trend with Hills' jacket just screaming fashion statement piece!*



**Helen, 26, Risk Manager**

*"Just something nice and comfy to wander around town and watch the rugby in"*

*Helen's colour blocking is simply stunning! Taking a casual outfit and adding pops of colour always grabs those marks for style. We just love her neon lemon mini-satchel!*



**Claudia, 25, Recruitment Consultant**

*"I'm just seeing Spring in with a bright red"*

*A bright pop of colour is just the thing to welcome the sun back to Jersey! This spring we're going prints mad, so make sure to sprinkle your closet with a stock of them!*



**Jodie, 20, Fund Administrator**

*"Didn't know whether it was going to be hot or cold, so I went for a knitted jumper with fur to keep warm"*

*Jodie's fur gilet is just gorgeous and a key piece for this Spring '14. Her outfit is a real blend of textures, keeping the look fresh and topping those style stakes!*



**Ayisha, 16, Student**

*"Went for a bit of street style for a Sunday morning stroll"*

*Ayisha's taken a classic jeans and converse combo adding a beanie and coat for an updated grungey edge. Her coat is simply fabulous - androgynous to the max!*



**Sandra, 46, gym enthusiastic**

*"The sun was out so I put on something sunny with a leather jacket for a bit of edge"*

*Spring has sprung and we're all loving bright florals. A flash of neon adds a dynamic edge to the print - a look favoured on the S/S '14 catwalk this season!*

# BEAUTY & WELLBEING



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# BEAUTY NEWS



## WILLFUL WOMEN

Lipstick is a fail-safe way to vamp up any outfit, if you suddenly get a call for a last minute unmissable soirée, then bright lipstick will be your saving grace. The new Tom Ford Lip Color Shine will help any woman look fabulous by enveloping the lips in a beautifully sheer colour with a luminous finish.

Formulated to deliver a harmony of lustrous colour, luxuriant sheen and ultimate conditioning, Tom Ford's Lip Color Shine glides on seamlessly also helping to instantly moisturize the lips. This Spring choose a vivid shade: Willful, a ravishing red with hints of on-trend orange, or Ravenous, a hot cerise pink.

*Tom Ford is available exclusively at de Gruchy.*



## NEW BRAND ALERT

Hooray! Kiehl's has just launched in Voisins. This wonderful brand was founded as an old-world apothecary in New York's East Village over 150 years ago. Kiehl's extensive experience has resulted in a unique blend of cosmetic, pharmaceutical, herbal and medicinal knowledge developed over generations. In the early days Kiehl's was a full-service pharmacy, offering customers homeopathic and herbal remedies, essential oils, over-the-counter drugs, and the first Kiehl's brand name products. Today, Kiehl's is dedicated to giving customers quality skin care and hair care products based on the most advanced science and utilising unique, natural ingredients.

We love their Midnight Recovery Treatment which works all night to replenish the skin with moisture and leave younger-looking skin by morning and also a big favourite at Gallery HQ is their world famous Ultra Facial Cream, a light-textured daily hydrator which leaves skin feeling superbly hydrated.

*Kiehl's is exclusive to Voisins.*



## LOOK AFTER YOURSELF

Beauty products and relaxation can be fun, but health is paramount. Are you putting up with a few too many niggles and aches? It might be time to seek help. We met up with Marie-Christine Dix from Back to Balance Chiropractic and Osteopathy and Lorna Jackson from Health Point Clinic to see why you might need to refer to a Chiropractor or Acupuncturist.

Marie-Christine Dix - pictured right "Spinal dysfunction can be brought on by a number of factors associated with modern day living, including accidents, physical stress, mental stress, anxiety, poor diet, lack of exercise and repetitive movements. Whilst alleviating the mechanical stress on the joint is our priority, other factors also need to be considered for long term improvement, be that stress or a particularly tight and stubborn muscle "knot" for example. We refer to Chinese acupuncturists in these cases to assist and calm your nervous system, to enable an enhanced and speedier recovery. The two professions are remarkably complementary and approach health through a number of different methods to the benefit of the individual."

Lorna Jackson - pictured left "Traditional acupuncture and chiropractic treatment complement each other greatly. Both are evidence based practices that focus on the patient as a whole via the musculoskeletal system and/or meridians. Soft tissue work, pain relief, joint manipulation and focus on patient wellbeing provides tailored support to each individual. Lifestyle support taking into account movement, dietary, sleep and physical or mental stress patterns helps assist achievable lifestyle changes and goals, helps speed up patient recovery and ultimately promotes their wellbeing and health."

*If you think you might benefit from an appointment with Marie-Christine Dix or Lorna Jackson then call 789367 for more information.*



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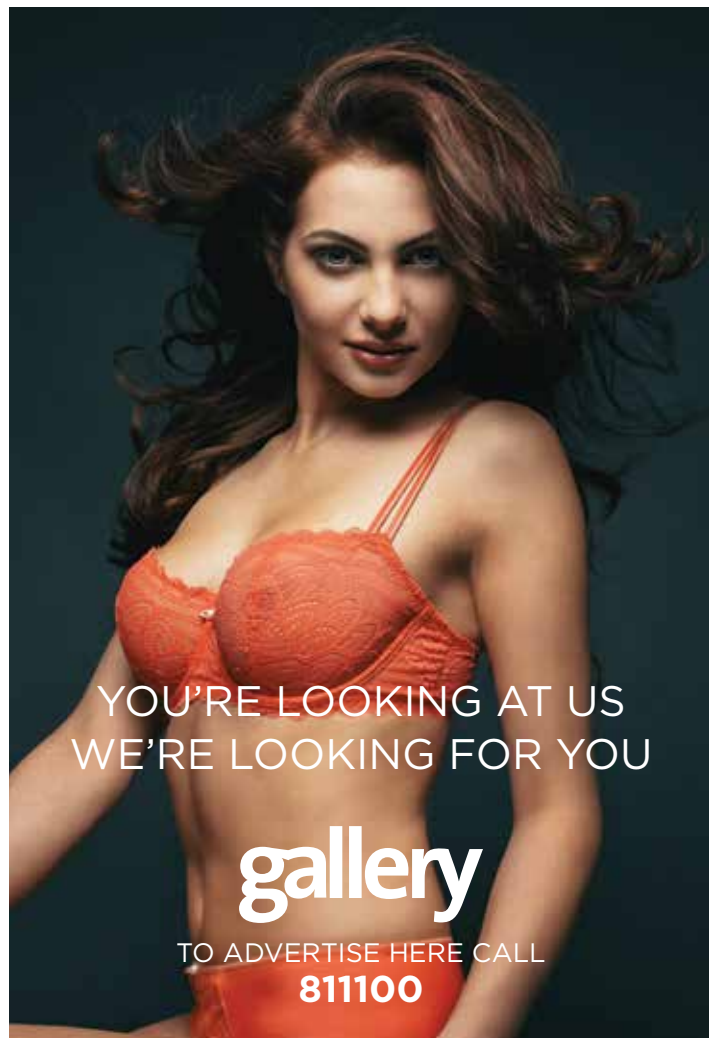
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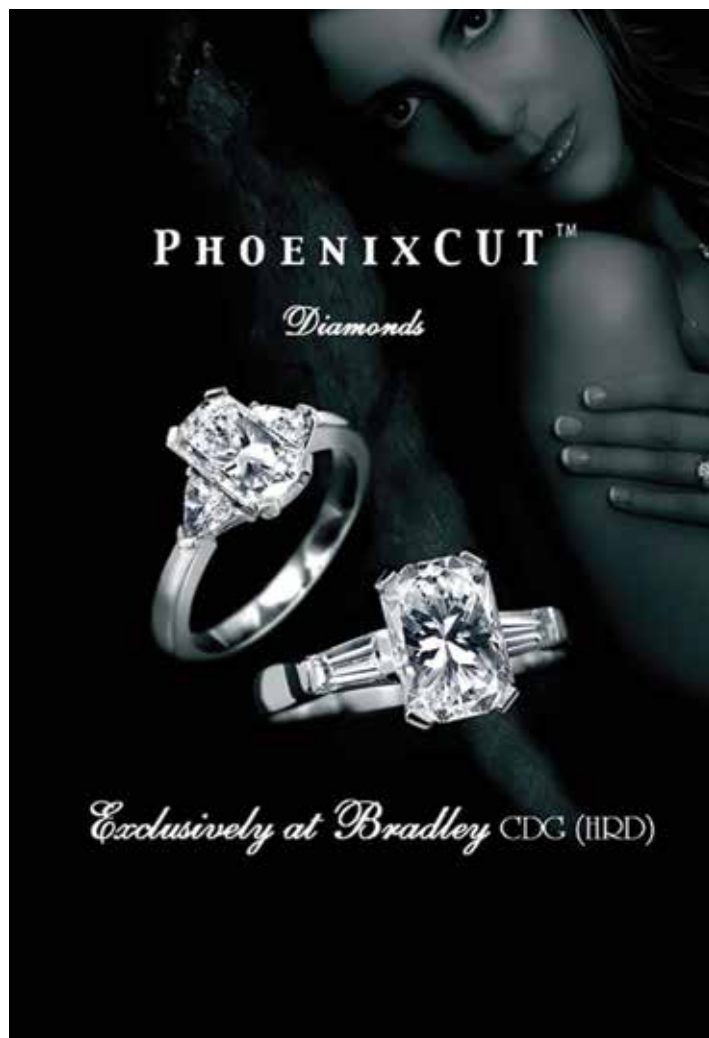
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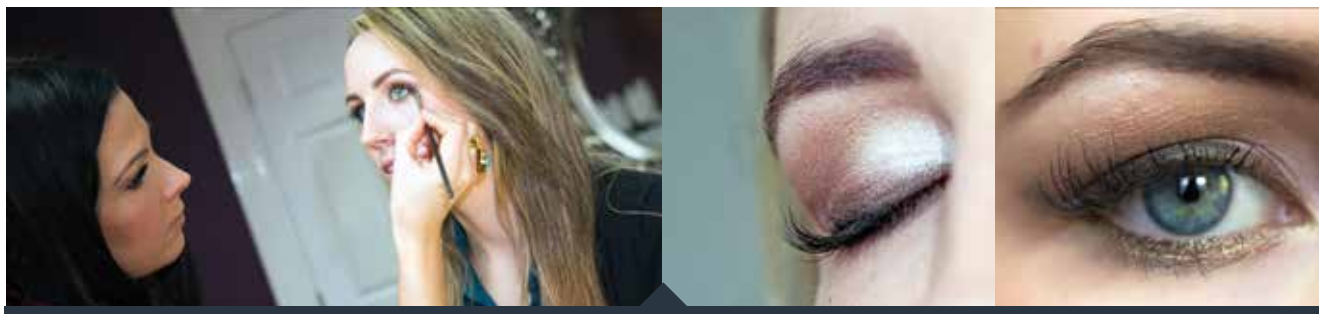
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## BRIDAL BEAUTY

Sarah Hosty, Owner of Eye Candy Lash & Beauty Studio gives gallery Brides-to-be some brilliant bridal beauty advice:



"Wedding makeup is usually very simple, classic and neutral; your goal should be to bring out your best features. If you're going to get your makeup professionally applied, take some time to look through magazines and plan ahead, thinking about what look you'd like to achieve on the day.

To ensure your makeup lasts all day it's important to use a good primer and a foundation that is long lasting without being too heavy. Use a bronzer, blusher and illuminator to contour and highlight as well as a highly pigmented eye makeup. For a more glamorous look some lash extensions can really give that wow factor, adding length, thickness and definition without the need for

mascara - they also take all of the worry out of shedding a few happy-tears on the day! The bare face look is very popular amongst brides at the moment but if you don't have perfectly flawless skin (who does?) then it's all about ensuring your skin is well conditioned. Use an exfoliator and moisturizer to keep skin smooth and hydrated. Use a concealer to hide dark circles, followed by a tinted moisturizer. Keep your brows groomed and lips moisturized to help achieve this look. For those who prefer some vibrancy then popular colours for 2014 are orchid, lilac and lavender for the eyes, bright orange lips (in neon and coral shades), and graphic eyeliner flicks. Why not try both bare and the more adventurous look and see which suits you best, or is there is a happy middle ground for you?

Some of my tried and tested makeup favourites include Laura Mercier foundation primer (mineral), Lancôme Teint Idole Ultra foundation, Urban Decay's Naked Palettes and M.A.C lipsticks. Don't be afraid to experiment and try new makeup looks, or go for a makeup lesson or makeover to help with application and product advice."

For more brilliant tips and some thorough pampering book in for an Eye Candy Ultimate Makeover which includes a definition eyebrow treatment, advice on how to create the perfect lash corner flicks, gel nail manicure and make-up application all for £95. Go on, treat yourself and get some useful new beauty skills for life!

*Images by drmedia.je*

## PRODUCTS THAT GIVE

We've tracked down some must-have beauty buys which benefit fantastic charity projects around the world.



### M.A.C

**Viva Glam Lipglass**  
The full retail price (minus VAT) from every lipglass sold goes towards helping men, woman and children everywhere affected by HIV and Aids. To date M.A.C have raised \$300 million exclusively through the sales of this Lipglass and the matching lipstick. If you buy one of these it could provide enough for medicine for 5 newborn babies to prevent transmission of HIV from their mothers.



### Jo Malone

**Limited Edition Silk Blossom Home Candle**  
All proceeds from sales of this wonderful scented candle will go to supporting charity gardens nationwide. Jo Malone collaborates with dedicated charities to harness the power of gardening to improve the lives of those living in deprived and vulnerable situations; normally due to the isolation that comes with mental illness, addiction, poverty or disability.



### Kiehl's

**Special Edition Midnight Recovery Concentrate**  
Collaborating with Alicia Keys and her charity Keep a Child Alive, sales of this product will bring dignified treatment, care and support to children and families affected by HIV. In the past 10 years Kiehl's has raised more than \$2,500,000 for HIV and AIDS charities.



### Bobbi Brown

**Pretty Powerful Everything Mascara**  
All sales (minus VAT) will go to the Smart Works charity. Their aim is to help women of all ages by supporting educational or job skills training programmes to overcome inequality. "Nothing makes a woman or girl feel more confident than being educated and having the knowledge and skills to better her life and the lives of her family." Bobbi Brown.



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**new** ultrasoothing eye serum

**Finally, powerful anti-ageing care for sensitive eyes!**

The eye area is not only the "window to the soul," but also one of the first areas of the face to show the signs of ageing in the form of fine lines, sagging and dryness. Recent advances have spawned a wide variety of topical anti-ageing eye treatments, but none of these products address the needs of the millions of people who suffer from eye-area sensitivity.

That is, until now! The International Dermal Institute has developed a unique approach that delivers the best of both worlds - an effective anti-ageing treatment, combined with the soothing benefits so desperately-needed by your sensitive skin. **UltraSmoothing Eye Serum** uses a unique blend of age-fighting actives to reduce the signs of ageing at their cause, whilst delivering simultaneous relief from the three main triggers of skin sensitivity - immunogenic inflammation, neurogenic inflammation and compromised lipid barrier.



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## FEEL UNIQUE

*feelunique.com is Europe's largest online premium beauty retailer and joined forces with Au Caprice, the long-established Channel Islands cosmetics and perfume business, two years ago.*

Since January 2014, the King Street store has been hard at work on a massive refurbishment – increasing its retail space to give customers a spectacular beauty experience. The new store now has more than 2,500 square foot of retail space and offers customers access to more brands than ever before. Urban Decay Cosmetics

is now available on the island for the very first time, and there is a stunning new Chanel Beauté counter. As well as experienced beauty consultants, the new-look store now has in-store pharmacists who are fully trained on giving skin care advice for leading brands such as Vichy, La Roche-Posay and Avene.

**CM:** Right lets get down to business; you've seen it all, and more importantly you've tried it all, so after years of filtering through the most amazing products from across the globe what are the ones which you choose to use and can't live without?

**NH:** First and foremost it would be the Estee Lauder Advanced Night Repair, I use it to solve everything from excessively dry skin to sunburn, I couldn't recommend it highly enough. Then, any mascara by Dior, they're brilliant. For hair, the Philip Kingsley Elasticizer Pre Shampoo Treatment is so nourishing, I'm really liking it. Then finally, I just love masks, they're one thing I keep advising people to try, I'm using the Dior Hydra Life Rehydrating mask at the moment. Oh and the best mattifier I've found is the Dior Pore Minimiser, it is a primer that instantly corrects imperfections!

**CM:** What is your top scrimping beauty tip?

**NH:** Mix normal table salt, you don't need

the french fancy kind, with avocado oil or rapeseed oil (never olive oil though) and rub it on your skin, it makes a fantastic exfoliator and leaves skin looking great.

**CM:** Which celebrity do you think consistently has the best make up?

**NH:** Gwyneth Paltrow, Sharon Stone and Kate Moss. James Brown who often does Kate Moss' looks for big events says that she will always hold one thing back, and this is a great rule to follow; so if Kate has flawless make up and a bright lipstick then she will have her hair tied up very simply. Or if she has polished hair and strong eye make up on then she'll have a nude lip. This gives the illusion of a more naturally pretty person and both men and women find that attractive.

**CM:** Where are your favourite places in London to be pampered?

**NH:** The Elemis Day Spa off Bond Street,

## QUICKFIRE

Ice cream flavour:

Green & Black's Organic Chocolate.

Gadget:

My Clarisonic Skin brush, I'm a bit addicted to it.

Book:

The Little Stranger by Sarah Waters.

Holiday:

A little Greek Island without an airport

Fancy Dress:

Never the obvious 'pretty' option, so if you're going with a partner to a themed fancy dress work out who you'll both go as and then swap outfits!

Designer:

Zara

What is big for Summer 2014:

Serums, instead of buying a face cream try a serum! Keep trying new products and mixing it up, be brave.

Joël Palix, CEO at feelunique said, "We're very excited about the new concept store. For the first time, shoppers are going to be able to enjoy all the benefits of a big-city beauty emporium right here on the island."

On the launch day Newby Hands, feelunique's own Editorial Director and one of the most revered beauty journalists in the UK, visited the store to chat to customers about beauty tips and advice and our Beauty Editor Ceri Milner managed to grab a moment with her to get an exclusive interview for you lucky gallery folk.

the Fortnum & Mason one is also great and lots of people don't seem to know about it.

**CM:** So what are your favourite beauty treatments?

**NH:** Well you can do so much yourself but I do have regular face treatments; the Emma Hardie non-invasive Natural Lift and Sculpting Facial treatment uses a groundbreaking technique which helps to stimulate and repair the facial cells and tissue. I also love Yvonne Martin's face massages.

**CM:** Many women must think you have the best job in the world but what do you love about your work?

**NH:** Well I believe that women love to share tips and sneaky short-cuts and so it's really nice to be able to share all the interesting treatments and products I have access to. I like to think that I work as a filter, going through everything and just sharing the very best to save others doing so.

# APPETITE



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**WORDS** Tamarin Marriott-Wilkinson

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**THE ROYAL YACHT'S RECENT VENTURE 'THE CELLAR' POSES AS THE PERFECT SPACE IN WHICH TO ENTERTAIN GUESTS, WOO CLIENTS AND WOW THAT SPECIAL SOMEBODY. IT'S AN INTIMATE AREA, DESIGNED TO THE UPMOST SPECIFICATIONS AND OOZES AN OUTLANDISHLY GOOD VIBE**

The menu is one of those exceptional affairs in which everyday, run-of-the-mill customs are replaced with an authentic experience and one that is perfectly in tune with the patron. Regardless of whether you're a wine connoisseur, a port enthusiast or quite simply, someone looking for something a little out of the ordinary, The Cellar is guaranteed to suffice.

With over 200 different brands to choose from, including 30 champagnes, the most impressive being a 1996 bottle of £600 Krug, The Cellar is a treasure trove of worldly wines. However, these wines aren't just selected at random, the head sommeliers prefer to build a personal relationship with the producers, which often entails a series of excursions to a number of highly recommended vineyards. Both Claudio and Peter are men who know their wines and this certainly comes across in the tasting, which I was only too happy to oblige in.

First on the list, a Chablis 2011 Vintage Premier Cru. With my wine nose and notes at hand, we begin the tasting experience. With the help of Le Nez du Vin, the Jean Lenoir tasting kit – a recent purchase of Claudio's, which comprises a collection of 54 aromas – I'm able to detect the appearance, nose and palate of the wine at hand. With hints of green fruits and gooseberries, this is a white that brings with it the longed-for message that spring is well and truly on its way.

Our next port of call – the 2009 Chateau Caronne Ste. Gemme. Medium bodied with a cassis and liquorice personality, this pronounced wine conjures up a mixture of clean, spiced oak aromas. Smooth and rounded and full of energy, my personal sommelier informs me that this medium bodied beverage is ready to drink now, yet also has the potential for aging.



“ Asides from the various wine tasting experiences available, held by both Peter Szwaczekiewicz and Claudio Abreu, The Cellar poses as the perfect place in which to indulge in an evening of private dining ”

Asides from the various wine tasting experiences available, held by both Peter Szwaczekiewicz and Claudio Abreu, The Cellar poses as the perfect place in which to indulge in an evening of private dining. The mahogany and brick clad room sits up to six guests and once inside this cosy snug; both you and your fellow diners are invited to shut the door on the world. Whether you opt for the pre dinner wine tasting (an event that takes place every Wednesday night at Sirocco) or a post supper treat, with desert wines including Chateau d'Yquem 1996 – an enticing nose of toasted nuts, vanilla cream and soft orange marmalade often described



as the greatest sweet wine in the world – The Cellar is certain to guarantee a bespoke experience.

And for those who prefer their ports, why not team an after dinner cheeseboard with a glass of vintage Taylors 77? Velvety and elegant, mature yet subtle and rounded with a touch of caramel, a night in The Cellar is the perfect end to an impeccable evening.



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## VICTORIA COLLEGE STUDENTS TO HOST CHARITY EVENT AT THE ATLANTIC HOTEL



On Saturday 5th April 2014 a group of eight Victoria College students will take to the kitchens of the Michelin-starred Ocean Restaurant at The Atlantic Hotel, all in aid of Autism Jersey.

With plans to whiz up a specially created menu for 60 guests, the talented 16 and 17-year-old students have been hard at work practicing for the event.

The lunch will be the grand finale of a seven-month initiative, which has seen the students work alongside the culinary team at The Atlantic Hotel, learning the ins and outs of a professional kitchen.

On the morning of the event, the boys' final preparations will be overseen by Head Chef Mark Jordan and his kitchen brigade, together with the award winning Head Sommelier, Sergio dos Santos. With a guest list including Atlantic Hotel owners Patrick and Treena Burke, Victoria College Headmaster, Mr Alun Watkins, teaching staff and, of course, the boys' parents, it will be down to the lower and upper sixth form students to ensure that a mouth-watering lunch is served on the day.

With dishes such as Pavé of oak smoked haddock and leeks, crispy quail's egg, sauce gribiche; pot roasted maize fed baby chicken, wild mushrooms, fresh peas, truffle foam, chocolate delice, hazelnut streusel and praline ice cream, it's certain to be a gastronomic success.

On the prosperous partnership between this leading luxury Jersey hotel and Victoria College School, hotel owner and Managing Director Patrick Burke said:

"We were delighted when Will Gorman from Victoria College first approached us in 2012 to work together on this project and over the last three years our relationship has gone from strength to strength. This initiative allows us to introduce the students to a number of different facets of our business and to demonstrate the

extremely exacting standards required when working in a highly professional environment such as The Atlantic Hotel, where attention to detail is key. It also enables us to support a very worthy local cause in Autism Jersey."

The chance to work in one of the island's leading luxury hotels, alongside a team of talented gourmards, was presented to the students by teacher and Gifted and Talented Coordinator Will Gorman. With the ultimate goal to cater a formal charity lunch, he decided to approach the Atlantic Hotel.

Tickets for the event are now on sale and cost £50 per head. Included in the price is a glass of Prosecco and a divine three-course meal prepared by none other than

*Will Gorman said: "This is the third year that Victoria College and The Atlantic Hotel have worked together to raise money for Autism Jersey. Our students have really enjoyed working in the kitchens with Mark Jordan and his team. They're excited at the prospect of cooking for so many people and at the same time raising money for such an important charity."*

the student's themselves. Following the decadent dinner, a raffle featuring a number of impressive prizes will be held. Two Sony PlayStation's, a JT smartphone, an iPad Mini and an overnight stay with dinner for two at the Atlantic are just a few of the rewards up for grabs.



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## FOOD FOR THOUGHT

From college students taking over the kitchens at the Ocean Restaurant to chefs auctioning themselves off for charity, this month, we've found a number of culinary enthusiasts who are out to change the world.

### MELISSA BUXTON Caring Cooks of Jersey

Having trained as a chef in her younger days, Melissa Buxton certainly knows a thing or two about food. In fact, it's a passion she wholly endorses. Sitting down together as a family is as much about the food as it is the conversation, and it's something she makes time for on a daily basis.

However, not all families are fortunate enough to be able to afford fresh produce, nor do they have the time to cook, which makes enjoying a family meal a rare occurrence. With this in mind, Melissa decided to extend her own family meals to reach out to those less fortunate. Every Sunday, she makes extra portions and delivers it to a local family, sometimes with a sweet treat as well.

You may wonder how Melissa balances her home, working and charitable life, and the answer to this? A great deal of organisation, a super supportive fiancé and two very considerate children. Of course, she always makes sure their packed lunches are ready in time for school!

Asides from preparing meals, Melissa spends many of her evenings coordinating the Facebook page, replying to messages, posting new requests and generally creating awareness. She's currently working on putting some more structure into the initiative in terms of a constitution, branding, marketing and due diligence.

In only two months, Melissa has accomplished an incredible amount. She now has 40 volunteers on board, all of who play an important role – cooking, donating, delivering and collecting. All share Melissa's vision in the desire to help those in need, whilst also helping the community through Caring Cooks. 'Each and every one of them is selfless in their generosity and kindness'

Past achievements include rustling up nightly meals for the Women's Refuge while their kitchen was being refurbished and implementing a long term strategy to support the Grace Trust Food Bank. Other triumphs include supporting over 10 families

across the Island with both weekly meals and cooking up a storm to raise funds for After Breast Cancer Jersey.

For Melissa, each day brings new rewards and challenges, which only fuels her passion to want to do more. Asides from the varied repertoire of recipes amongst all the cooks, this is a venture that is solely funded by volunteers. They aren't a registered charity so donations can't be accepted, but food or container aids are always appreciated. In fact, local companies such as Voisins and UBS have expressed an interest in trying to get a Food Donation Bank up and running.

Melissa's plans for the future include reaching out to more people in need, educating people on how to cook simple, easy meals that aren't too onerous on time and money. Recruiting more volunteers and ensuring that future meetings with charities and government agencies help them to reach out to these people are also high on her agenda.

**YOU CAN CHECK OUT THE FACEBOOK PAGE FOR PHOTOS OF ALL THE MEALS MELISSA AND HER TEAM OF VOLUNTEER'S HAVE CREATED SO FAR. IF ANYONE WOULD LIKE TO COOK, OR DONATE THEIR TIME IN ANY OTHER WAY OR KNOW OF ANYONE WHO WOULD APPRECIATE A MEAL, PLEASE EMAIL MELISSA ON [MRSMNOREGA@YAHOO.CO.UK](mailto:MRSMNOREGA@YAHOO.CO.UK) OR GET IN TOUCH BY PHONE 07797 728807**

## PURE CHARITY COFFEE SHOP

### Great Food for a Great Reason

Celebrated for its marvellous cup cakes and fabulous fresh food, the Pure Charity Coffee Shop, which is located in the Central Market, is not only renowned for its many taste tantalising culinary delights, but also for its ethos.

Serving up a selection of mouth-watering dishes, all created using local products, are a handful of caring volunteers. Founder, Antonia Cooke works alongside a number of friends and acquaintances, all of whom help her to create great food for a great cause.

Now in their fourth year, they've managed to raise an astounding £200,000 to date. The concept for this venture arose from a desire to offer a helping hand to a variety of worthwhile charities on the island. This non-profit organisation donates a massive 80% of its profits to Jersey Hospice. The remaining 20% is donated to another child-orientated charity (which changes every year). This year it's Brighter Futures.

Giving up just three hours every two weeks is all it takes to become a volunteer at the Pure Charity Coffee Shop, where good food and a great cause go hand in hand.

Antonia's skill base is very practical and if she had her own way, she'd be helping every charity on the island. She encourages everyone to remove themselves from their comfort zone once in a while, after all 'community is supporting others when they're in need' and this is exactly what the Pure Charity Coffee Shop is all about.

**TO SIGN UP OR SHOW YOUR SUPPORT, CONTACT ONE OF THE TEAM ON 01534 724609. 103/107 CENTRAL MARKET, ST HELIER**



*From left to right - Antonia Cooke, Hayley Gibson, Sharon Reid, Katie Griffiths, Darriasz Antkowiak*



## WHO'S COOKING DINNER?

### STEVE WALKER

HEAD CHEF, SIROCCO AT THE ROYAL YACHT

Passionate about food and charity, the Royal Yacht's Head Chef has a few tricks up his sleeve when it comes to serving up fine cuisine for a special occasion. Never one to shy away from exotic culinary delights, Steve Walker is renowned for his use of far-flung and wonderful ingredients, creating vibrant and delicious dishes suited to any palate. However, his culinary adventures don't end here. This is a chef that is only too happy to conger up a similar menu for a great cause, which often results in him being auctioned off for charity.

“Whoever bids the most is in for a gastronomic treat and successful auction-goers can look forward to a private dinner for six, cooked by none other than this culinary genius in their own home”

Whoever bids the most is in for a gastronomic treat and successful auction-goers can look forward to a private dinner for six, cooked by none other than this culinary genius in their own home.

Everything raised goes to charity. Once a menu and a date has been set, Steve will turn up to the lucky diner's house with the produce in hand - all of which is paid for out of his own back pocket.

There are no waitresses or sous chefs involved, just Steve, which instantly conjures up a relaxed ambience. This isn't only a great way to raise funds for charity; it's a great way to pick up a few tips from a culinary maestro. Steve is more than happy to give a quick cookery lesson to his guests and the best bit, he promises to tidy up after himself!

**TO SEE STEVE COOKING FOR YOURSELF, WHY NOT BOOK A TABLE AT SIROCCO?**

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WWW.SIROCCOJERSEY.COM  
01534 720511**



## FROM HUMBLE BEGINNINGS

WITH AN INFLUX OF TRENDY CLIENTELE PASSING THROUGH THE RECLAIMED DOORS OF THE NEWLY REFURBISHED WHITE HORSE, THIS ECLECTIC BEACH BAR COME EATERY AND ITS EXCITING NEW SPRING MENU, IS PROVING A POPULAR HAUNT WITH THE LOCALS.

The White Horse's relaxed ambience perfectly complements its dynamic milieu of menu options – grilled cod fillet topped with a red pepper crust, slow roast belly of pork with a unique honey, thyme and Liberation glaze, vegetable curry with chickpea dumplings and the smoked duck leg confit are just a few of the delectable dishes on this season's exciting new spring menu.

After much deliberation (and with a little help from our obliging server) my fellow diner and I decide to opt for a starter of cured salmon d'Arne & beet salad, and on the chef's recommendations, the caprese spring roll.

Both dishes are impeccably tailored to the spring season and are perfectly suited to an evening of alfresco entertainment. Whether a late lunch or an early supper, it's easy to imagine dining on one of these light and beach-style options whilst enjoying the views from the ample terrace with a glass of chilled Matra Hill Rosé in hand.

The Liberation Group's spring wines are the perfect accompaniment to their spring menus and each venue is home to an extremely extensive and versatile wine list, including a fully stocked bar boasting a variety of draught ales, perfect for those wishing to wash their chosen meal down with a tipple or two.

The salmon comes complete with a uniquely crispy sea salt and cabbage ensemble, which sits alongside lashings of light dill crème fraîche. The flavours complement one another perfectly, whilst the tangy beetroot salsa delivers a sharpness that flawlessly sets the fleeting flavours of the fish.

The caprese spring roll boasts a combination of sun blushed tomatoes, buffalo mozzarella, fresh basil and red onion, all encased in a deliciously light and

fluffy filo pastry and garnished with a wild rocket and avocado dip. This particular dish effortlessly catches the essence of spring.



After a short interval, the delicious aromas of our mains are sensed before seen. Set on a bed of braised red cabbage, caraway scented vegetables and roasted potatoes; the smoked duck leg confit boasts a fusion of flavours more suited to a high-end eatery than a hyper-fashionable beach bar. Drizzled with delicate pan gravy, this modest dish isn't overly sauced or seasoned; it's the perfect combination of tastes, zests and tangs.

Another chef recommendation, the slow roast belly of pork with honey, thyme and the island's very own Liberation Ale glaze – a perfect arrangement of subtle flavours. Baked Lyonnais potatoes, a natural jus and an apple and ginger relish accompany this decidedly decadent dish – one of the more embellished offerings on the spring menu and at such an affordable price, it almost seems too good to be true!

“ No deliberation is required when it comes to choosing a desert and of course we opt for the White Horse’s famous Baked Cheesecake, coated in Chantilly cream and served alongside a zingy and exhilarating fruit coulis, sure to satisfy even those with the sweetest tooth, yet without being overly rich ”



No deliberation is required when it comes to choosing a desert and of course we opt for the White Horse’s famous baked cheesecake, coated in Chantilly cream and served alongside a zingy and exhilarating fruit coulis, sure to satisfy even those with the sweetest tooth, yet without being overly rich.

Unable to settle for just the one desert, we decide on two. Our second choice –raspberry crème brûlée served with a side of mango ice cream infused with chunks of succulent fruit the colour of a cartoon sunset. What can only be described as the holy grail of all crusts, from the first bite, this timeless dish encourages a fired toffee taste that lingers on the tongue.

All spring menu dishes are created in the impressive open plan kitchen – the chef’s haven, so aside from admiring the eclectic surroundings alone, you’ll have ample leeway to watch this culinary master at work.

For a likewise gastronomic experience, visit any one of the Liberation Group eateries. With ten venues to choose from, all offering their own twist on the spring menu, there’s something to suit all. In fact, we enjoyed the White Horse so much; we’ve already booked a table at the Post Horn. Next on the list – the pan fried fillet of cod wrapped in serrano ham and the breast of duck with orange & Cointreau sauce!!!

With a price tag to rival most – two courses for £13.50 and three courses for £16.50 – and a range of establishments to choose from, now is the perfect time to tantalise your tastebuds with one of Liberation’s many special springtime culinary delights – inventive, never bland and always delicious.

**WWW.LIBERATIONGROUP.COM**



### To get the best do you have to spend the most?

I don’t think so, but it’s a fairly difficult task when you’re looking to buy Champagne! Yes, you can find some lip smacking/wallet burning Champagnes at £100+ a bottle, but are you paying for more than just the bubbles inside?

Not that we would ever suggest the price of prestige Champagne as non-representative of the quality of the product... it’s just that we have found a selection of Champagnes where quality and interest kicks into touch that of the cost... a truly excellent value to quality ratio – (having said that they are still not cheap cheap!)

The following Champagnes are known as Grower Champagnes, a term used to represent Champagnes produced by the same estate that owns the vineyard from which the grapes come. A product with minimal branding and marketing budgets; they are a hand-crafted art form, boutique and passion driven and available to those who really want to understand the genius behind the bubbles!

#### Champagne George Laval Brut Nature, Cumieres Premier Cru - £49.95

This ‘entry-point’ wine from George Laval, described as luscious and stimulating, represents the quality of this very small producer. Only 7000 bottles produced.

#### Champagne Jerome Prevost La Closerie ‘Les Beguines’ Extra Brut – £57.95

“It’s virtually impossible to be a hip wine bar or wine store in Paris, or, indeed anywhere, if you don’t have champagne from Jerome Prevost.” Peter Liem; this majority Pinot Meunier Champagne is something that deserves attention... the perfect gift for the wine connoisseur who has it all!

#### Champagne Cedric Bouchard Roses de Jeanne ‘Les Ursules’ Blanc de Noirs Brut 2009 - £57.95

One vintage, one grape (Pinot Noir) and one vineyard... and when I say ONE vineyard I mean 1.4 hectares... to put this into perspective this is 0.5% the size of the ‘owned’ vineyards of Veuve Clicquot. The result behind this tiny production is elegance, sophistication and sheer class!

*These Champagnes and more are available in-store at Love Wine on Longueville Road.*

**Love**  
w i n e

lovewine.je

*Wines available online or in store at Longueville Road*

Words by Chris Rogers, Owner of Love Wine



MYDISH

# DUCK CONFIT

WORDS DANNY MOISAN



## INGREDIENTS

- 6 fresh duck legs
- 3 tablespoons sugar
- Splash of olive oil
- 1 glass red wine
- Duck fat
- 1 tablespoon brown sugar
- 3 tablespoons salt
- Marinade
- 1 cup of orange juice
- 6 garlic cloves chopped
- Star anise
- Black peppercorns
- Peel from half an orange
- Teaspoon of ground cinnamon
- 1 sprig of thyme

## WHAT TO DO....

Wash the duck legs in cold water, rub salt and brown sugar into them and leave in the fridge for one hour. This will draw any blood from the bone and help to make the duck more succulent later on. After one hour, wash the salt and sugar off the duck and place in a bowl. I like to marinade the duck overnight covered in a mixture of red wine, orange juice, chopped garlic, star anise, black peppercorns, orange peel, cinnamon and thyme.

To make the confit, transfer the duck, along with the marinade, to a heavy bottomed pot. Cover with a mix of half duck fat (ask your butcher) half olive oil and the red wine. Cover with foil, place the pot in the oven and cook at 150 °C (gas mark 2) for three hours. Cool in the oven overnight.

The duck will keep in its cooking liquor and fat for two weeks in the fridge if covered.

To serve the duck, remove the legs from the fat and warm through in a hot oven (200 °C or gas mark 6) until the duck starts to take on a golden colour and looks nice and crisp (about 30 minutes).

I like to serve over a smooth mash potato with a plum and chorizo glaze and garlic fried sugarsnap peas. For Danny's perfect mash & plum and chorizo glaze see 'Danny's Cookbook'

BON APPÉTIT!





# places

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## ENCHANTED AND CHARMING, SIZEABLE YET GRACEFUL

That's La Chenale des Bois in St Martin,  
our property profile this month

## BRAND NEW PLACES WEBSITE ONLINE!

We've completely relaunched the places.je  
website for 2014 and it's online right now

Jersey's most comprehensive property platform for home buyers and sellers. Use one of these brands and get your property advertised in the right Places, in print and online







Enchanted and charming, sizeable yet graceful, La Chenaie des Bois is a melting pot of traditional style. Fixtures and fittings span from various eras giving this luxuriously appointed space its very own personality.



## BAGS OF *charm*

From the original timeworn bell system, once used to summon servants to their ports of call, to the quaint arched ivy-clad doorway, you'll find an abundance of delightful features within the thick walls of this historic granite property. Furthermore, one of La Chenaie's many bedrooms plays host to one of the oldest fireplaces in Jersey. So ancient in fact, it's referenced in the Joan Stevens book of Old Jersey Houses.

From the somewhat mysterious dilapidated outbuildings to the magical sunny south facing woodland garden, and the masses of bright airy space, this chocolate-box household is the perfect setting for an idyllic family home.

Emphasised by the surrounding agricultural fields and leafy tree-lined driveway, vintage scenery and an easy-care lifestyle are in plentiful supply here. However, despite offering somewhat of a secluded feel, its enviable location is one of its single biggest draws and La Chenaie des Bois is just a short hop from the picturesque harbour town of Gorey

Almost every room in the household boasts a view, and from the original sash windows (all of which have been reinstated and double glazed), the tree lined garden looms large: a jumble of sculptural branches, grey-blue skies and avid blooms – it's clear that the surroundings play a prominent role in



“ One of La Chenaie’s many bedrooms plays host to one of the oldest fireplaces in Jersey. So ancient in fact, it’s referenced in the Joan Stevens book of Old Jersey Houses ”

the property’s interior design. Using the epic views, La Chenaie des Bois brings a little of the outdoors in, endowing it with a gentle spirit.

The house comprises a number of whimsical living areas, including a generous eat-in kitchen, outbuildings big enough for both an exercise space and a pool, (for which plans have already been passed) and various nooks and crannies easily capable of accommodating a small army.

La Chenaie des Bois has been lovingly restored in an obsessively detail-oriented fashion. Personality is paramount here and the Paul Haslam kitchen isn’t the only room

to boast oodles of it. This is a space that wears its beauty nonchalantly and with a wink. From the traditional Belfast sink to the ample utility store, which could easily be fashioned into a wine cave, this spacious farmhouse kitchen, with its original beams, AGA and stone flooring is the perfect place in which to entertain a handful of guests. In fact, it’s as much a place for evening soirees as it is for a game of charades.

Adjacent to the kitchen is the rear entrance lobby (or the boot room) – a handy, yet unusual area featuring exposed granite walls, masses of space and ample storage – the perfect home to wellies, football boots and winter coats.





The drawing room works largely with a muted palette and appears to have taken inspiration from the landscape outside. It offers the right combination of sophistication and subtlety. It's also an extremely versatile room – come summer, the entire area will appear drenched in a blanket of natural sunlight, and in the winter – the traditional open fireplace is sure to be put to good use, allowing for a cosy and welcoming ambience.

The quaint study leads out onto a secret garden, whilst the remainder of the lower floor plays host to a cutesy cloakroom, perfectly in tune with La Chenaie's country chic décor.

Sympathetically restored yet imbued with a new sense of identity, the many upstairs bedrooms are decked out in a similar style. The family bathroom showcases an impressive freestanding bath complete with floor to ceiling views of the garden and beyond, whilst the master suite comprises a walk-in dressing room, exposed granite walls and a cohesively decorated ensuite.

It's here that grand elegance meets traditional style in this picture-perfect, chocolate box granite farmhouse – an ideal investment for those searching for an idyllic family home.



## LA CHENAIE DES BOIS

La Rue du Guillaume et D'Anneville  
St Martin

**£1,900,000** Freehold

### RED PROPERTIES

Call **01534 710710** or visit **[www.redproperties.je](http://www.redproperties.je)**

### FEATURES:

- Pretty, chocolate box granite farm house
- Luxurious appointed spacious accommodation
- Plans to create a 3-bedroom cottage
- 6 bedrooms and 3 bathrooms
- Barn, large outbuilding, garage and store rooms
- Sunny south facing garden to the front, secret garden to the rear



01534 484599  
[www.paulhaslam.com](http://www.paulhaslam.com)



# INTERIOR NEWS



## THE DOORS

Romerils Door Centre brings you an extensive range of wow-worthy designs to suit every home, from traditional and conventional styles to contemporary cutting edge designs – accentuating your home's architectural appeal has never been easier.

With a huge range of timber veneers available, including American White Oak and Walnut, as well as a 'design your own door' service, you can guarantee Romerils to assist you in capturing the true essence and character of your home.

Like windows, doors are a key part of the homes' composition, and Romeril's charming country cottage styles and market-leading best sellers are a fine example of innovative design. With unrivalled choice and quality, and a wide range of colours, finishes, internal and external doors to choose from, you're guaranteed to find a design to suit your style and budget.



## ECLECTIC BOUTIQUE EXPANDS ITS OFFERINGS

Eclectic in Liberty Wharf is more than a shop, it's a shopping experience! Due to demand the shop is now introducing a lifestyle element and as part of this they will be exclusively selling the finest range of Cote Noire candles and diffusers.

The Côte Noire collection takes the best ingredients from around the world and combines them into beautiful and luxurious products. Made from a blend of beeswax,

coconut and soy wax. Their Ecoluxe-wax is completely natural, biodegradable and non-toxic. The six fragrances takes inspiration from the provincial countryside with each striving to capture a portrait of French life.



## MYPAD.JE ARRIVES ON THE STREET

St Helier is getting its first shop that doesn't feature a single till, or see any cash change hands as the internet revolution arrives on Jersey's high street. Local online furniture website Mypad.je is launching a showroom in a fusion of internet and traditional shop. Instead of tills the Mypad.je showroom will feature iPads and large screens so that shoppers can browse the soft furnishings on show and then order online in the showroom, or at home.

Entrepreneur and Managing Director Paul Clark said this is the first shop of its kind in the Island. Paul has over 25 years experience in local retail, most recently as Operations Manager for the Co-op, so certainly knows a thing or two about retail trends. Paul's developed Mypad to offer a large range of home and garden furniture with 0% finance options, free delivery and assembly, and removal of your old furniture. Living in the island, Paul and his team can be with customers every step of the way, from range selection in the comfort of their own home, through to delivery and assembly.

***The new Mypad.je showroom is open now at No. 3, West Centre.***

## PSST... ENJOY THE GREAT OUTDOORS

Keep your eyes peeled for our May edition of gallery where we'll be showcasing the very best garden and poolside furniture available in Jersey.

***Pictured is furniture by Cane Line available from Bauformat.***



## THE BIG LOAN SALE

It seems Spring has sprung and to lighten your load Close Finance are delighted to announce they will be launching their Big Loan Sale starting on Monday 24th March until Wednesday 30th April.

So there are now even more reasons to be cheerful !

With the evenings getting lighter and the gloomy dark days of winter behind us, you may be thinking that now is the time to plan some home improvements or a trip away perhaps ?

Economic surveys suggest that despite the extremely wet weather the economy is slowly recovering with the UK employment rate coming down and bank interest rates remaining low, probably until next year at least.

Banks have previously been reluctant to lend money and especially to make a quick decision if you are a new customer. Close Finance have always had an open door, and subject to credit checks a Close personal loan can often be approved the same day.

Close Finance have been serving Jersey & Guernsey for nearly 50 years, they have always offered competitive rates and pride themselves on their customer care with a team of friendly experienced specialists.

The Big Loan Sale will apply to all new personal loan advances (except car finance) so whether you want money to pay for a dream holiday, a new kitchen or simply to consolidate your existing debts you can spread the cost over fixed monthly instalments.

If you have never applied for a loan before you can watch a simple online guide on the website [www.closefinanceci.com/video](http://www.closefinanceci.com/video) so you can familiarise yourself with the process, then simply fill in the online loan calculator for an instant quote.

***For a free no-obligation quote visit Close Finance in Jersey or Guernsey, give them a call or apply online, you may be surprised at how low they will go!***



# New apartments and houses across the Island...

READY  
TO VIEW  
AND MOVE INTO  
NOW



## Georgetown Mews

£485,000 - £490,000

### St Clement

- Great starter homes
- 3 bedroom with master bedroom en suite
- Separate kitchen

- Garage, parking and utility room
- READY NOW



Georgetownmews  
A COLLECTION OF THREE BEDROOM MEWS HOUSES



## B140 Millais House £850,000

### St Helier

- 1236 sq ft 2 bedroom 'shard' sea-facing apartment
- Magnificent floor to ceiling windows overlooking marina
- High specification and secure parking



## 11 Langtry Gardens £410,000

### St Saviour's Hill

- 2 Bedroom cottage
- Fully fitted kitchen with integrated appliances
- Spacious ground floor wet room
- Private garden
- 1 Parking space plus visitor bays



## 8 Belvedere £510,000

### St Saviour

- 3 bedroom 3 bathroom townhouse with versatile living accommodation set over three floors
- Parking and integrated garage
- Balcony from lounge overlooking garden

FOR VIEWING TIMES Call 789900 or visit [dandara.com](http://dandara.com)





### 5 The Dunlin £595,000

#### Portelet Bay

- Ground floor 1374 sq ft apartment
- Spacious open plan living area & 2 bedroom suites
- Large south facing terrace & 2 parking spaces



### 38 Langtry Gardens £540,000

#### St Saviour

- 3 Bedrooms 2 bathrooms
- Sunroom to rear of property
- Designed to a lifetime home standard
- Private south facing garden
- 2 Parking spaces plus visitor bays



### B613 Millais House £705,000

#### St Helier

- Large Penthouse 2 bedroom 2 bathroom apartment
- Secure parking for 2 cars
- Large balcony with sea views



### 6 Langtry Gardens £395,000

#### St Saviour's Hill

- Semi detached 2 bed 2 bath 1 parking space
- Newly built cottage ready now
- Ground floor bedroom with access to the garden
- Master bedroom with en-suite bathroom



### 7 The Fulmar £1,825,000

#### Portelet Bay

- Four bedroom duplex apartment over 2300 sq ft
- Set over two floors, with top floor living space
- Fully fitted kitchen, separate laundry / utility room
- Large terrace with incredible views of Portelet Bay
- 2 allocated parking spaces plus visitor bays



### 61 Belvedere £695,000

#### St Saviour

- Semi - Detached 4 bedroom House
- 2 bedrooms en suite
- Garage and parking
- Master bedroom, dressing area
- Views over the meadows



### Townhouse 8 1875 £495,000

#### Town centre location

- 3 double bedroom 3 bathroom townhouse
- Perfect for investment
- Fully fitted kitchen and bathrooms
- Balcony to master suite
- 2 secure parking spaces



### B541 Millais House £915,000

#### St Helier

- Uninterrupted sea views
- Stylish 3 bedroom 3 bathroom apartment
- Ideal lock up and leave
- 2 secure parking spaces



### 36 Langtry Gardens £470,000

#### St Saviour's Hill

- 2 bedroom cottage
- Over 55s community
- Bathroom and ground floor wet room
- Sun room and private garden
- 1 Parking space plus visitor bays





## HERE TO HELP EVERY STEP OF THE WAY

**WORDS** Jeff Williams

*Head of Retail Branches & Premium Banking at NatWest Jersey*

Buying a home is always a significant event for anyone and, whether a first time buyer or an experienced homeowner, there are always key decisions to make.

At present, in a period of abnormally low interest rates combined with the likelihood that rates will eventually rise, the choice of mortgage scheme is a major consideration.

There are a number of options available to those seeking a mortgage. Currently there is a significant volume of customers who have selected a mortgage rate fixed for five years on the assumption that interest rates are set to increase soon. Customers, however, should not rule out tracker rates which take advantage of the low rates now available. In addition, and importantly for those who want to keep options available for fixing in the future, after three months our tracker rates allow customers to move to the equivalent fixed rate for the remainder of the product term. While the product fees that are chargeable on some of our fixed rates would apply, customers may recover these fees and even reduce overall borrowing costs from the savings made compared to staying on the tracker rate if interest rates rise sufficiently. Alternatively, customers can opt for some of the loan on a fixed rate and some on a tracker if they want to hedge their bets.

A starting point for anyone considering a house purchase is a discussion with our mortgage specialists who can lay out all the options for the customer and explain the schemes including how the tracker, fixed rate and variable rate mortgages work, how mortgage repayments are calculated

and what options are available to swap between one product and another. They will look at the unique circumstances of the customer such as their deposit, employment and salary and explore what they can realistically afford to repay on a monthly basis.

Once a meeting has been held with a member of the NatWest mortgage team and an application processed, customers can expect an answer in principle about whether the mortgage will be granted within two weeks, so people can immediately concentrate their minds on the finding of a suitable property in the price range agreed.

Our mortgage team is there to help throughout the home buying process, even before you start to look, to the completion day and beyond. They will also discuss insurance that is required and will assist with the schemes and options available designed to protect the home should unforeseen circumstances prevent the mortgage holder from meeting the regular payments.

The needs of every customer are inevitably different but in our examples below, readers may recognise their own circumstances. These illustrations show just three customers who we have been able to assist during the last few months.

### YOUNG PROFESSIONALS PAUL AND JOANNE BUY THEIR FIRST HOME TOGETHER

"We wanted to buy our first property together and I already owned a three bedroom town property which I needed to sell first. I approached NatWest where I am an existing mortgage customer to see if I could trade up with my partner.

The bank arranged to amalgamate the two mortgages that I already had and, with my partner, we were able to obtain a joint mortgage to enable us to buy the larger property we had our hearts set on. The property cost more than £600,000 and we were able to borrow £440,000.

With the help of the senior mortgage manager at NatWest who answered all our questions and set out all the options that were available to us, we were able to buy our 'dream' home."

### 40-YEAR OLD AMANDA SELF-EMPLOYED ENTREPRENEUR INVESTS IN A BUY-TO-LET PROPERTY

"I wanted to purchase a second property as an investment so I could let it out for rental purposes. My NatWest mortgage representative was brilliant and offered me the product which best suited my needs. For me the most important role the bank played was in updating me step by step as we went through the process."

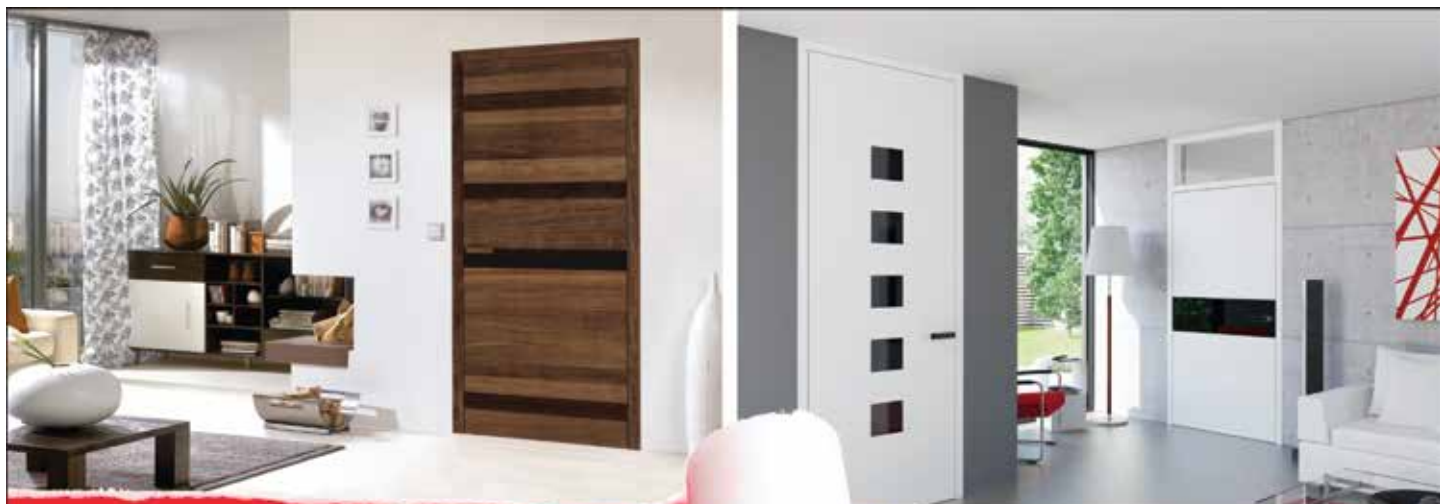
### PETER, A HOMEOWNER LOOKING TO DOWNSIZE IN HIS RETIREMENT AND BUY A NEWER PROPERTY

Peter owned a detached bungalow with a considerable amount of land. The objective was to acquire a newer property which had less land and which would be easier to maintain during his retirement. Peter explains:

"The Bank understood our requirements from the outset, organised various mortgage and insurance options for us to select from and once we chose the best mortgage and insurance offers for us they were set up quickly with no hassle. One part of our move that was stress free!"

\*Clients' names have been changed to respect privacy.

**FOR MORE INFORMATION ON NATWEST'S FULL RANGE OF MORTGAGES, WHY NOT VISIT OUR WEBSITE (WWW.NATWESTINTERNATIONAL.COM) OR SIMPLY CONTACT US ON 01534 282828 TO ARRANGE A RELAXED MEETING WITH ONE OF OUR MORTGAGES TEAM.**



## Our new door showroom: More choice to improve your home

Quality, attractive doors are a key feature to any home, providing elegance, warmth and security. Our new door showroom offers you more choice of both internal and external doors to suit every style, size and budget in a variety of designs, colours and finishes. We have the most comprehensive choice of doors and accessories on the island from locks, hinges and handles to locksmith advice.

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and talk to Gavin Smith in our Door Showroom.*



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## A NEW CONCEPT IN KITCHEN DESIGN

Having free reign to independently design and remodel their kitchen is a dream for many consumers. FORM, the brainchild of Paul Haslam Furniture, is a unique concept that allows consumers to do exactly this.

Launched March 31st, this innovative and cost-effective concept will enable consumers to independently plan and design their perfect kitchen. From designing the layout with custom cabinetry to fit their room precisely, to painting the cabinetry in the colour scheme of their choice, the finished result will be a uniquely bespoke creation.

The FORM collection comprises handmade custom sized products including base cabinets, wall cabinets, tall cabinets, panelling and columns, cornices and skirtings. Cabinets are available in an in-frame style with square framed doors, and are supplied white, ready for hand painting after installation.

Customers wishing to create their very own dream kitchen can do so at [www.form.je](http://www.form.je). The easy to navigate website has been designed to guide the customer through the process of planning, ordering and installing a FORM kitchen, and there's also a step-by-step guide to help you with any additional queries. All products are manufactured at the company's workshop in St. Ouen.

Commenting on the unveiling of FORM, Design Director James Haslam said, "We are very excited by the launch of FORM. We believe that well-built custom cupboards should be made available to a wider market, whatever their budget, style and size of kitchen."

Discussing the way the 'cabinets only' service works he continued; "The fact that customers design their kitchen, and install and paint their own units gives them complete creative control over the look and feel of their kitchen, and by project-managing and trimming out design and installation costs, allows the opportunity to own a bespoke kitchen at a fraction of the cost without compromising on quality."

A FORM kitchen comes with a price tag starting at around £4,000 for the cabinetry, and for those who wish to view the cabinets on display, you can do so by visiting the Paul Haslam Showroom in St. Ouen.

**THE FULL COLLECTION IS  
AVAILABLE TO VIEW AT  
[WWW.FORM.JE](http://WWW.FORM.JE)**



# FEATURED SELECTION

St Clement £450,000



2 2 ✓

Luxury Penthouse Apartment  
Panoramic Sea Views  
3 Balconies  
Beach Access  
Exceptionally spacious

01534 766689



St Brelade £1,595,000



4 3 ✓

1930's Art Deco house  
prestigious and sought after address  
Incredible views  
Flexible accommodation with 4 bedrooms  
plus a study  
The perfect downsize!

01534 710710



Grouville £2,995,000



6 6 ✓

Newly constructed  
Fabulous kitchen / family room  
Staff or guest accommodation  
Swimming pool & south facing gardens  
Gated entrance

01534 730341



St Helier £210,000



1 1 ✓

Located on the Top Floor  
Spacious  
Eat in lounge/diner  
Walking Distance to Town  
Close to Amenities

01534 766689



St Brelade £995,000



4/5 2 ✓

Detached executive home  
Uber modern new build  
Highest specification  
Sought after parish  
Garage, garden & ample parking

01534 639955



St Lawrence £1,950,000



4 2 ✓

Villa styled home  
2 reception rooms  
Garage & generous parking  
Manageable gardens with pool  
Freehold

01534 722227



The Mortgage Shop

## Thinking of flying the nest?



The Mortgage Shop, 31 Broad Street, St. Helier JE2 3RR T: 789830 E: info@mortgageshop.je

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Henley Offshore Financial Services Ltd, trading as The Mortgage Shop & Henley Financial, is regulated in the conduct of investment business by the Jersey Financial Services Commission.

This is the perfect time of year to start looking for your first home and take that big leap to fly the nest. Our pre-approved mortgage certificates mean that you can search safe in the knowledge that you have approval in principle for your finance.

**More Choice. One Appointment.**

Why not pop in for a chat or call us on 789830.

www.mortgageshop.je

Looking for Independent Financial and Pension Advice?

www.henleyfinancial.je

Part of the Mortgage Shop Group

Henley Financial



BECAUSE QUALITY MATTERS

gallery

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# RENEWED, REVAMPED & REFURBISHED

The Waterfront, which has now opened its doors to reveal a newly revamped persona, is certain to appeal to those seeking a classic yet contemporary escape, and one that sits amidst lavish surroundings.

The Radisson's £1 million refurb showcases a successful blend of luxury and bespoke design, complemented by an on-trend club-feel. Subtle nautical undertones emphasise the establishment's sought-after marina location, and despite standing just minutes away from the hustle and bustle of St Helier, the Waterfront's peaceful setting offers patrons an opportunity to close the door on the outside world.

No expense has been spared in creating this faintly bohemian yet undeniably stylish space. Think muted washed pastels, rich hues, stud-embellished fabrics and oversized plush leather cushions. The decor, which has been overseen by Trevillion Interiors, is not only design led, it's subtly understated.

Unlike the once open space that existed here before, the recently refurbished Waterfront boasts a cosy and comfortable feel, which is further augmented by the timber partitions, the concealed nooks and crannies and the secluded booths. Subdued lighting conveys an easy feeling, allowing for a real sense of location and feel-good atmosphere, and one that truly underlines the beauty of the establishment's picturesque position.

From the generous patio windows that lead out onto the sun-drenched terrace, to the sleek overtones and the pleasing colour palette, the Waterfront remains warm and welcoming, whilst also, a fashionable place to be seen.

You can dine in a cosy corner of the newly renovated restaurant, tantalising your tastebuds with one of the imaginatively prepared dishes that draw inspiration from the island's culinary history. Alternatively, you can opt for a sundowner on the terrace with a Pimms in hand – The Waterfront is certain to tickle even the most discerning of palates.

With its timeless appeal, the perfectly poised lounge-style terrace will undeniably become the star of the show come the summer months, whilst the drinks service promises to be an interesting experience in itself.

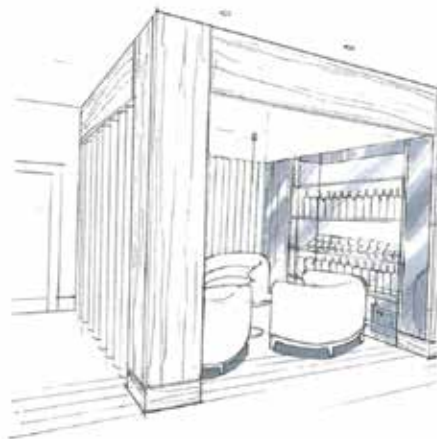
Every component has been handpicked and thoughtfully placed in this cool, calm and chic zone with a flamboyance that allows for the ultimate in deck style relaxation, complete with mushroom cushions and rattan chairs. Whether you choose to while away a few hours after work, or spend a leisurely weekend here – enjoying a cocktail or two on the terrace is a must. And for those who wish to linger for longer, the raised glass windbreakers and patio style heaters are certain to allow you to do so.

*No expense has been spared in creating this faintly bohemian yet undeniably stylish space. Think muted washed pastels, rich hues, stud-embellished fabrics and oversized plush leather cushions* ”

With its good-time ambience and a discernable style to match, the Waterfront is not only the new place to be seen, it's an entirely new experience. And with a number of tempting daily specials to choose from, all expertly prepared by Executive Chef Vincent Duffy, the menu proves a fine match to the smooth jazz sounds, the delicious champagne cocktails and must-try apple martinis.

With a vibe that everyone wants to feel, in a place where everyone is a friend and everyone has a story to tell The Waterfront not only oozes modern-day hospitality, it's the island's newest hot spot with a desirable club lounge appeal.

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**FORM.**  
BY PAUL HASLAM



# Finishing Touches

We've declared April the month of giving, so if you're thinking of getting on board then some of these items might be of interest to you...



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Happiness sign  
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# BUSINESS



## BUSINESS NEWS



### WAITROSE ANNOUNCED ITS ANNUAL BONUS OF 15%

Due to its unique co-owned business model, every employee that works for Waitrose received this percentage of their annual pay as a bonus. This was the third time that Partners in Jersey received a bonus since the supermarket chain opened its three stores in Jersey in early 2011.

Partners at Waitrose St Helier, St Saviour and Red Houses gathered at each store to hear the branch managers unveil the bonus amount yesterday (6th March).

Waitrose St Saviour Branch Manager, Duncan Langston said: "Our shops in Jersey have had a strong year of trading, the annual bonus is one of the benefits which really sets our business model apart and ensures that our profits will be enjoyed by the Partners who work here. Partners at the branch are delighted with the bonus and are planning to spend it in a wide variety of ways - for example, on a holiday of a lifetime or towards a new house or home improvements. It is very well deserved and a great testament to their hard work over the past year."

### EXPANSION AT CRESTBRIDGE

Crestbridge has expanded its team in Jersey that administers global real estate structures. Simon Todd joins as a Director in the Real Estate team and Erin McBride as a manager within the division.

Taking on a senior role in the team, Simon has over 28 years of property experience, including transactional experience of financing and holding structures in the UK, Europe and in other offshore jurisdictions. He was previously Director and Head of the Offshore Real Estate Finance team of a major offshore bank and before that in the corporate services department of a national property consultancy.

In addition, Erin joins Crestbridge with over eight years' professional experience in real estate and financial services. A New Zealand-qualified lawyer, she has previously provided legal support to directors and trustees in relation to a variety of complex structures and transactions across multiple jurisdictions. In her new role, Erin will

help manage the administration of clients' portfolios and provide support in reviewing transactional documentation.

Crestbridge's real estate team specialises in providing high quality administration services to real estate holding structures, working with a wide range of investors from large property and insurance companies to pension funds, boutique private firms and individuals.



### MOURANT OZANNES WINS BEST OFFSHORE LAW FIRM AT HEDGEWEEK GLOBAL AWARDS

Mourant Ozannes has been voted the Best Offshore Law Firm at the Hedgeweek Global Awards, an annual event which recognises excellence among hedge fund managers and service providers around the world.

Online news publisher Hedgeweek received over 1,600 nominations from readers, including institutional and high net worth investors as well as managers and other industry professionals, for companies that they rated "best in class" in more than 40 categories. Mourant Ozannes received the most votes in the "Best Offshore Law Firm" category and collected their award at the Hedgeweek Global Awards ceremony in Mayfair on Friday 28 February.

Ben Robins, partner and head of Mourant Ozannes' Funds practice commented: "This is a fantastic accolade for the firm and particularly for our funds team globally."



# WE MEAN BUSINESS

WHAT'S ON YOUR **agenda** ?

**gallery**



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## CAREY OLSEN REMAINS TOP OFFSHORE LEGAL ADVISER TO LSE CLIENTS

Carey Olsen remains the top offshore legal adviser to London Stock Market (LSE) listed clients, according to the Corporate Advisers Rankings Guide (Q1 2014), a position the firm established and has retained since records started in 2005.

The Corporate Advisers Rankings Guide lists institutional advisers and their quoted clients. The law firms section ranks firms that operate within the UK legal market, including offshore law firms, by the volume of London listed clients advised each quarter.

In the current Q1 2014 report which reviews the final quarter of 2013, Carey Olsen has moved up by one position into joint fourth place for the total number of LSE clients it advises and is the top ranking offshore law firm with 87 clients, almost double the total number of clients compared to the next offshore law firm.

Carey Olsen continues to lead the AIM rankings table among offshore law firms with 41 clients, ten more than its nearest offshore rival, retaining third position overall in the AIM table.



## IF YOU CAN'T BEAT THEM, JOIN THEM?!

Last month Digital Jersey hosted Professor Heppell's highly-regarded and very successful 'Be Very Afraid' event here in Jersey, for the first time!

One irrefutable development for the future of education is the ever-increasing integration of technology. It offers extraordinary new educational opportunities for both teachers and students. Technology literacy is increasingly becoming an expectation in more and more careers.

Within the government, the Education, Skills and Culture Department have recognised the rapid pace at which technology is advancing and addressed the importance of providing a dynamic education, through the recent launch of their Vision for IT in Education. Building on this, Digital Jersey hosted the Island's first Be Very Afraid event. This was an opportunity to showcase examples of student's technology work and digital progression in their learning.

Throughout the day students had the chance to explain what they have been doing and what they have learnt. The event was a great platform for these 21st Century learners to demonstrate their passion for the subject and ambitions for the future.

They will all be after our jobs if we are not careful, all of the kids at the event were so bright and enthusiastic.

It was great to see the students' work and have a chance to chat to them and, most importantly - be, if not afraid, at least reaffirmed.



As featured in gallery magazine, February 2013.

## JERSEY STUDENT BUSINESS CHALLENGE HOTS UP

The Jersey Student Business Challenge, supported by Barclays, EY, JT and Ogier, has passed its half way point with 20 teams of students from Grainville and JCG competing for the top prize.

The challenge was launched on Tuesday 14th January and ran until the end of March 2014. This innovative project involved 65 participants as the entrepreneurial ideas of students were being put into action.

Ten teams from each school used their initial investment of £100 to demonstrate their business acumen, for profit or to benefit their community. Each team was mentored by a member of one of the four corporate partners and a teacher mentor from the participating schools.

Having been approached by two of the participating teams to promote their efforts we're incredibly interested to see who is crowned the winning student business.

# THE VERY BEST OF CONTEMPORARY BRITISH ART

## One Man Show with award-winning artist Bruce McLean - April 2014

Bruce McLean is one of the major figures of contemporary British Art. Born in 1944 he studied at Glasgow School of Art and at St. Martin's in London, where he was taught by Sir Anthony Caro amongst others. McLean has gained international recognition for his paintings, ceramics, prints, work with film, theatre and books. McLean was Head of Graduate Painting at The Slade School of Fine Art London. He has had numerous one man exhibitions including Tate Gallery in London, The Modern Art Gallery in Vienna and Museum of Modern Art, Oxford. In 1985, he won the John Moores Painting Prize. He is currently exhibiting 'Another Condition of Sculpture' at Leeds Art Gallery and will be having a survey show at the First Site Gallery, Colchester in June.

The exhibition at CCA Galleries International will include his most recent paintings and prints exploring nature, flora and plant forms. His perfectly balanced compositions are dynamic and have an abstract quality, whilst the floral subject matter gives an overall tone of tranquillity and serenity.

Find out more at [www.ccagalleriesinternational.com](http://www.ccagalleriesinternational.com)



'Tah Dutch Tulips' hand-painted silk-screen print with collaged elements, Bruce McLean 2013



'Tulboge' hand-painted silk-screen print with collaged elements, Bruce McLean 2013



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# JOANNA PHILLIPS

IS AN ASSOCIATE MANAGER WITHIN AUDIT AT KPMG

## What made you choose the company you work for?

I first met representatives from KPMG at a careers fair at university. I really got on with them and found they were very similar people to me. Eventually, after considering all my options, I chose KPMG as my first employer after graduating due to its global professional reputation, investor in people status and exceptional training program. I wanted to study towards the ACA but I wanted to gain the exposure and experience that working for a global firm brings.

## What has your career journey consisted of to date?

I graduated from the University of Sussex with a maths degree having spent my previous summer at Citibank in Canary Wharf on a 10 week internship. Although I knew I wanted to work with numbers, the internship helped me decide that banking wasn't for me. I applied to KPMG London instead and I spent one year there before relocating to Jersey with my boyfriend (now fiancé!) to complete the final two years of my training contract. I qualified in August 2012 and have just been promoted to Associate Manager.

## What do you do on your average day?

My average day involves managing small teams who carry out the audit work, I still perform some audit work but more and more now I just review work and liaise with managers and partners. I speak to clients regularly and visit them for meetings. I also provide coaching/mentoring support to the assistants in the office as well as delivering training courses. As you can see my days can be very varied!

## What is the favourite part of your job?

The favourite part of my job is the variety and being able to genuinely say that no two days are the same. I love working in a team and being able to draw on the experience and support of those more senior than me. I never feel alone when dealing with a problem or difficult situation.

I also love that the office is very young and that there are so many socials that are all well attended, from sports to paintballing or formal balls. Some of my best friends in Jersey are or were colleagues of mine at KPMG. It is a very friendly, supportive, open and fun environment to work in.

## What has been your career highlights to date?

Qualifying with first time passes was a real high and made all the hard work worth it! Further to that delivering a new global training course, 'Audit Foundations', to the assistants across Jersey and Guernsey last year was a challenge that I really enjoyed. I will be travelling to Budapest this year for a week of further presenter training with KPMG learning and development professionals from across Europe before delivering this summer's training program.

## Where do you see yourself in 5 years time?

Within 5 years I hope to have progressed to Senior Manager at KPMG, I expect to still be able to say that I love my job and that every day is different.

## Employer info: KPMG

A leading accountancy practice, with offices based in Jersey and Guernsey, KPMG in the Channel Islands is a locally owned independent member firm of the KPMG network, affiliated with KPMG International. KPMG provides audit, tax and financial advisory services through talented professionals whose aim is to deliver the highest service and value to our clients.

KPMG's global network enables us to draw on our international resources and skills to meet our clients' needs. Fundamental to KPMG's approach is our focus on industry sectors. Our vision is simple, to turn knowledge into value for the benefit of our clients, people and our capital markets. [www.kpmg.com/channelislands](http://www.kpmg.com/channelislands)

*"KPMG offers great support, excellent training, early responsibility, competitive benefits and fascinating clients. These are just some of the factors that make us an employer of choice for both students and experienced professionals."*

## Interested?

If you think you'd like to pursue a career at KPMG, get in contact with **LOUISE** on **01534 608472** or email: [lcarrington@kpmg.jersey](mailto:lcarrington@kpmg.jersey)



Our vision is to build and sustain KPMG's reputation as the best firm to work with by ensuring that our people, our clients and communities achieve their full potential.

## **Audit Assistant Manager Vacancies**

Jersey and Guernsey

## **Audit Manager**

Guernsey

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### Requirements:

- Time and Exam qualified accountant
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- Financial services experience

We believe that KPMG offers excellent career development and opportunities. For further information or to apply please contact Louise Carrington.

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## OGIER LEGAL HAS A SPRING IN ITS STEP

*Ogier Legal has the recruitment bit between its teeth. It's the time of year where the Partners focus on setting their teams for the year ahead, building on the pipeline of talent by recruiting at all levels from student through to experienced Associate. In this month's editorial, three of their existing fee earners give their insights into working for the firm.*



### SIMON DINNING

PARTNER

Having qualified as an English lawyer with Herbert Smith and spending seven years practising in the London market, I moved to the British Virgin Islands for two years as my first venture into the offshore world. I was fortunate to be able to continue the broad range of corporate work that I had gained experience of as an English lawyer and found that being able to align that knowledge with the BVI aspects allowed me to provide relevant advice to the clients and intermediaries that instructed me. On returning to the UK, I moved to Ogier in 2007 to set up the BVI operation in London. I took over the running of the London office shortly after that and became a partner in 2008. I relocated to the Ogier mothership in Jersey in July 2013 and am loving being back in island life. The ability to work on first rate deals for high quality clients while living in a beautiful place is hard to beat!



### DILMUN LEACH

ASSOCIATE

I grew up in Jersey and studied in England, before beginning my career at legacy Herbert Smith, a large law firm based in the City. But after six years in the Big Smoke the allure of beautiful beaches and the idea of surfing after work became too much to resist. Ogier, with its excellent reputation and welcoming partners and staff, seemed like a natural fit. Since joining Ogier in October 2012 I have been fortunate enough to work on a wide variety of investment fund and corporate transactions, working with top class clients, administrators and advisers both in Jersey and around the world. In future I plan to continue mastering the Jersey funds regulatory regime and developing contacts in this industry, and of course getting some more use out of my surfboard.



### JENNIFER GRIGG

NEWLY QUALIFIED ASSOCIATE

I joined Ogier in September 2011 as a Trainee English Solicitor. Ogier is one of the few firms in Jersey that offers a Training Contract programme and my successful application to the programme enabled me to return home to Jersey without giving up on my goal of qualifying as an English Solicitor. The Training Contract provided by Ogier affords a unique opportunity to gain valuable experience in a wide variety of different practice areas which, ultimately, provided me with the means to determine which area of law I was most suited to. In October 2013, I completed the Training Contract and qualified as an Associate into the Banking Team which I am really enjoying so far!

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## MOVERS&SHAKERS

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### Two new senior promotions at KPMG in the Channel Islands

KPMG in the Channel Islands has promoted two of its senior members of staff.

Oli Morris has been promoted to director in the firm's advisory department, while Dermot Dempsey has been promoted to the role of executive director in the audit department.

Mr Dempsey completed his audit training at Gilbride & Co. in Dublin where he became a qualified member of the Institute of Chartered Accountants In Ireland. He subsequently joined KPMG in the Channel Islands in 2003 and was promoted to director in 2008.

In his new role Mr Dempsey will continue within the audit department as an executive director, leading the audits on a wide range of listed and unlisted investment vehicles and local banks.

Mr Morris qualified with the Institute of Chartered Accountants England and Wales (ICAEW) with KPMG Channel Islands in 2006. He recently completed a two year secondment as Technical Director with the British Private Equity and Venture Capital Association, before returning to KPMG Channel Islands' advisory team this year.

Specialising in investment funds regulation including private equity, real estate, mezzanine and debt funds, Mr Morris has worked on a broad range of KPMG clients throughout his career.



### Brooks Macdonald International targets international professional advisers with new senior hire

Brooks Macdonald International (BMI) today announces the appointment of Lindsay Bateman as Senior Business Development Manager based in their Jersey office, where he will be responsible for targeting new business opportunities across the international professional adviser markets.

Lindsay joins BMI with over 35 years' experience in the financial services industry, and extensive knowledge of markets in Europe, the United States and Southern Africa. He joins BMI from Ermitage Group, where as Executive Director for Business Development he was responsible for developing new relationships with institutional and retail clients within the Channel Islands, UK and internationally. Lindsay was previously Managing Director of Private Client Services at Standard Bank Offshore Group. He holds a Bachelor of Commerce degree from the University of South Africa and is a member of the Chartered Institute for Securities and Investment.



### New head teacher of Hautlieu appointed

A Jersey-born former Hautlieu pupil has been appointed as the school's next head teacher. Nick Falle (39), who has been Acting Head since September 2012, will take over from Lesley Toms who retires this summer after 39 years in the teaching profession.

Mr Falle, a graduate of Trinity and All Saints Leeds University and Keele University, first worked at Hautlieu in 1998 as a teacher of psychology and history. He then moved to the UK where he taught at Dane Court Grammar School in Kent and Impington Village College, a comprehensive school in Cambridge. He returned to Hautlieu in September 2005.

Mr Falle said: "It is a particular honour and privilege to be able to work at a school that did so much for me and had an important role in my own life. It is also a privilege to serve with such a vibrant and talented group of students and staff." Sounds like Nick is pretty stoked to us!

Before moving to Hautlieu, Mr Falle was also a student at St Michael's, Victoria College Prep and Victoria College.



# Complete Facilities Limited

## About us

Based at our head Office in First Tower, St. Helier, Jersey, we are split into various divisions, providing a mix of services and solutions. We are looking to offer a competitive service, providing high service levels and effective solutions for business small or large.

Complete Facilities Limited has been developed by the merging of local, established businesses and providing much needed services to the marketplace. The companies merged are able to combine their knowledge and reputations to provide the local community with a portfolio of solutions, with one point of call, and one invoice. Offering value and quality to our clients.

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## MOVERS&SHAKERS

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### Experienced IT Professional joins Logicalis

Logicalis Jersey is very pleased to announce the appointment of Lee Shannon as a senior technical consultant.

Lee has over 18 years of experience in the I.T. Industry and during this time has worked with a wide variety of technologies... They range from the perhaps lesser known Oracle, Solaris, HP-UX to more familiar and include all versions of Windows Server and Exchange, SQL Server and Lync.

In addition to his technical knowledge, Lee has project managed server upgrades and migrations, desktop rollouts and office moves. Prior to moving to Jersey Lee worked for a large I.T. managed services company where he gained a real focus and passion for customer service and communication.



### New non-executive director for CICRA

The Channel Islands Competition and Regulatory Authorities (CICRA) has appointed Hannah Nixon as a non-executive director.

She will replace Peter Neville who served on the board of the Jersey Competition Regulatory Authority (JCRA) and the Guernsey Competition and Regulatory Authority (GCRA) since April 2012.

Ms Nixon has extensive knowledge of economic regulation and competition law having worked across a range of industries in the UK in both the public and private sectors.

She is currently a senior partner at Ofgem, the GB gas and electricity regulator, with particular responsibility for leading the regulation of the local distribution network companies. Whilst at Ofgem, Ms Nixon has lead the development and implementation of RIIO, a new and innovative approach to regulation which is designed to ensure consumers pay a fair price for secure and sustainable energy supplies.



### Two new faces at the Jersey Sports and Spinal Clinic

Got any niggles that need seeing to? Didn't quite spring out of bed this morning? Then you'll be pleased to hear that the Jersey Sports and Spinal clinic have two new faces to visit.

Jersey-born David Roberts brings valuable qualifications and extensive experience with him. Like all of the JSSC team, David is currently continuing his studies with an MSc in Musculoskeletal Physiotherapy at Keele University. He has completed modules such as joint injection therapy and acupuncture and was due to attend his Spinal Manual Therapy course during March.

The clinic have temporarily said farewell to Jenna Du Feu as she leaves them for six months to have her baby. In the meantime, Italian born Luca Maestroni has joined the team. Luca has an MSc in Manual Therapy from the world renowned Curtin University, Perth, Australia. Luca brings his knowledge and hands-on expertise to further strengthen this busy area of their business.



### New Director for R&H Fund Services

R&H Fund Services, a leading provider of fund administration services, today announced the promotion of Steven Ross, to Director in their Jersey office.

Steven graduated from the University of Stirling with an honours degree in Accountancy before embarking on a career with PricewaterhouseCoopers CI LLP in Jersey in which he progressed through to audit manager level and qualified as a member of the Institute of Chartered Accountants of England and Wales.

Steven joined R&H Fund Services in Jersey as a Principal Manager in 2012, he's married with two daughters, Steven is a keen footballer and golfer.

R&H Fund Services employs over 50 staff in operations in Jersey, Guernsey and the UK with funds under administration valued in excess of £12 billion. The Jersey office celebrated its 25th Anniversary in 2013.

R&H Fund Services is part of 'Rawlinson & Hunter, Jersey' which employs over 120 staff and which is itself part of the Rawlinson & Hunter international grouping of financial services firms.



Learn about recent graduates' move to the working world, what motivates them, what advice they'd give to those that are new to the Islands' top companies. This month we also meet someone who has opted to forego the University route in favour of a professional qualification attained on island.

**Meet the new faces >**





# NICOLE GODDARD

IS A TRAINEE FUND ADMINISTRATOR  
AT AZTEC GROUP

AGE 22

UNI ATTENDED CARDIFF UNIVERSITY

COURSE UNDERTAKEN BIOMEDICAL SCIENCE (PHYSIOLOGY)

WHAT DID YOU WANT TO BE WHEN YOU WERE 8?

A BLUE PETER PRESENTER

FAVOURITE WAY TO RELAX

TO DO SPORT, MAINLY NETBALL AS I PLAY FOR TEAM JETS

FAVOURITE PLACE TO EAT IN JERSEY THE BASS & LOBSTER IN GOREY

## What made you choose the company you work for?

Firstly, it just felt right. The Aztec Group has friendly atmosphere, where the staff really look out for each other. I was also offered the opportunity to do a professional qualification (in my case ICSA), which is fully supported and encouraged by the business. Importantly, I could see myself developing as a person both professionally and personally with opportunities to progress within the company as time went on.

## What sort of professional training do you take?

I'm currently studying towards a Certificate in Offshore Finance and Administration (COFA) which is an ICSA qualification. I have completed 1 out of the 4 exams required for COFA. This will be followed by another 4 exams that are required for the Diploma. ICSA is internationally recognised and covers a diverse set of skills. You are trained in corporate law, finance, governance and corporate secretarial practice and so you develop a broad set of skills.

## What do you do on an average day?

My average day can vary a lot, which is great as every day is different and I am constantly learning new skills. However, a typical day can involve preparing constitutional documentation and minutes of board meetings, processing payments and arranging for Investor Calls and Distributions. Overall my role is to help ensure the smooth running of my client's funds on a day to day basis.

## Employer info: AZTEC GROUP

We are an independent owner-managed funds services business, focussed on private equity, venture capital and real estate funds. We are an innovative and thriving company with a reputation for driving forward standards in fund administration and have an enviable track record when it comes to service delivery. With offices in Guernsey, Jersey, Luxembourg and the UK, and employing over 170 staff, we are always on the prowl for bright, dynamic, dedicated team players. This year we recruited 25 trainees to join our growing business.

*"If you choose to 'Make Yourself' at the Aztec Group, you will be given the opportunity to advance in your chosen career but also to enjoy a healthy work-life balance and join in a number of social events organised throughout the year. We recognise that employee training and development are key to the company's future and success but that it's also important to have fun!"*

## interested?

If you think you'd like to pursue a career at Aztec Group, get in contact with **CLAIRE BRODIE** on **01534 833015** or email: **hr@aztecgroupp.co.uk** For more information please visit **www.aztecgroupp.co.uk**

## What is your next step?

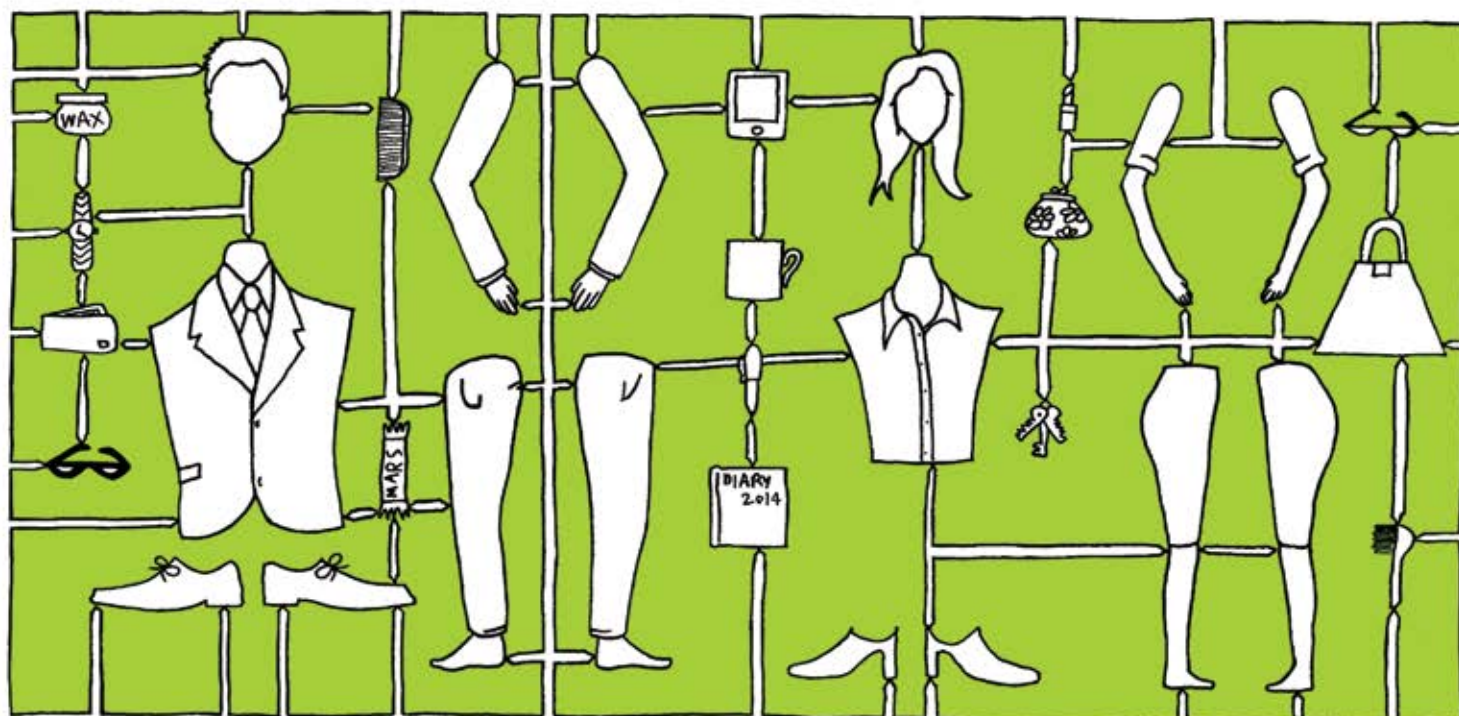
Short term I hope to pass all my COFA exams, and work towards the Diploma. After this I have the option to move on to The Chartered Secretaries Qualifying Scheme (CSQS) which is a postgraduate level qualification. By combining my studies with my work I hope to develop my knowledge of the Funds Industry and ideally I would like to have my own client/s in the future.

## What advice would you give to yourself as a graduate considering the experience you have now?

Choose a job that will interest and challenge you, a job that can help you develop as a person. This will ensure you get the most enjoyment out of your work even on those Monday mornings when you'd rather be in bed. Make sure you can picture yourself working in the company and if you walk out of an interview and the place feels right then it probably is.



# GRADUATES + A LEVEL STUDENTS



# MAKE YOURSELF

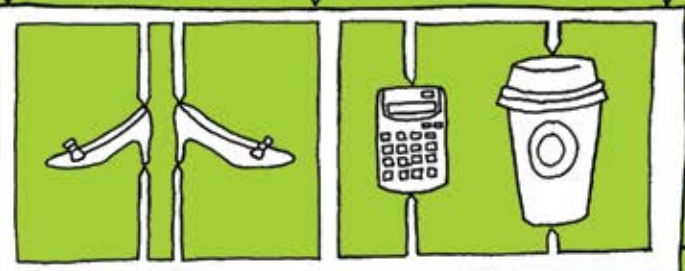
**We are currently looking for trainee fund administrators and accountants to join our fast growing fund services business.**

Every year, we recruit A level students or graduates as trainees and offer excellent prospects and employment packages within one of the most enjoyable working environments in financial services, with full support and professional training to become ACCA or ICSA qualified.

All candidates must have a desire to deliver excellence in client service and be committed to pursuing a professional accountancy or administration qualification.

**Make Yourself!** If you are interested in a career with the Aztec Group or would like to learn more, please email your CV today to [makeyourself@aztecgroup.co.uk](mailto:makeyourself@aztecgroup.co.uk) or call Claire Brodie on 01534 833015.

For more information on making a career at the Aztec Group, please visit [aztecgroup.co.uk/make-yourself](http://aztecgroup.co.uk/make-yourself)



# AZTEC GROUP

GUERNSEY | JERSEY | LUXEMBOURG  
UNITED KINGDOM | SWEDEN





# PHOEBE WRIGLEY

IS AN ASSISTANT RELATIONSHIP MANAGER  
AT BNP PARIBAS

AGE 22

UNI ATTENDED UNIVERSITY OF WARWICK  
COURSE UNDERTAKEN HISTORY OF ART

WHAT DID YOU WANT TO BE WHEN YOU WERE 8?

IT CHANGED ALMOST EVERY DAY BUT I MOST WANTED TO BE A VET

FAVOURITE WAY TO RELAX WITH GOOD COMPANY AND GOOD

WEATHER JUST ABOUT ANYWHERE ON JERSEY'S COAST LINE

FAVOURITE PLACE TO EAT IN JERSEY SALTY DOG, ST AUBINS

WHAT'S YOUR FAVOURITE POSSESSION?

I'M VERY GOOD AT LOSING MY POSSESSIONS. SAYING THAT, I DO  
HAVE SOME INEXPENSIVE POSSESSIONS THAT ARE IRREPLACEABLE  
WHICH I TREAT WITH MUCH MORE CARE

## What made you choose the company you work for?

A combination of things really, the strength and stability of BNP Paribas as a large global company was a big factor as well as the potential for me to progress because of its size and diversity of possible career avenues. It was also reassuring to know that the Group has built up a high level of trust with its employees, based on responsible and long-term recruitment and career management.

## What sort of professional training do you take?

For my current position I followed a formal training programme introducing all the systems and procedures relevant to my role. I also shadowed different departments within the bank in order to gain a greater understanding of what occurs outside the Wealth Management Team. Goals were set for me to achieve within the first 6 months of joining and progress was steadily monitored. Having this kind of training support was really useful for me as a graduate with little experience in order to get to grips with what was expected of my role

## What do you do on an average day?

My role consists mainly of assisting and supporting two Relationship Managers in all areas relating to the administration of clients' accounts including opening and closing, cash deposits, foreign exchange and personal account transactions. I am also responsible for being familiar with and keeping up to date KYC details of our clients, therefore learning a great deal about the clients' backgrounds, families and origin of wealth. Alongside these tasks regular contact with the client is made in order to gain an open and trusting relationship with them. Client contact can range from calling back the details of a payment instruction to face-to-face client meetings. In any case the client is the focus of my daily activities ensuring a high level standard of service is upheld at all times.

## What is your next step?

I am currently studying for the CISI Investment Advice Diploma which covers a large amount of information about regulations and investment principles. It will take around a year and a half to complete and consists of three exams. It will offer me the possibility to progress in my role and take on more responsibilities to do with advising and/or dealing in Securities or Derivatives, advising on Packaged Products and/or Managing Investments.

## What advice would you give to yourself as a graduate considering the experience you have now?

Don't shut off opportunities because of any preconceived ideas or expectations you might have. Ask questions and investigate the potential for progression within jobs that you might not initially be excited about. You may be surprised to discover it's an opportunity you will enjoy and excel at.



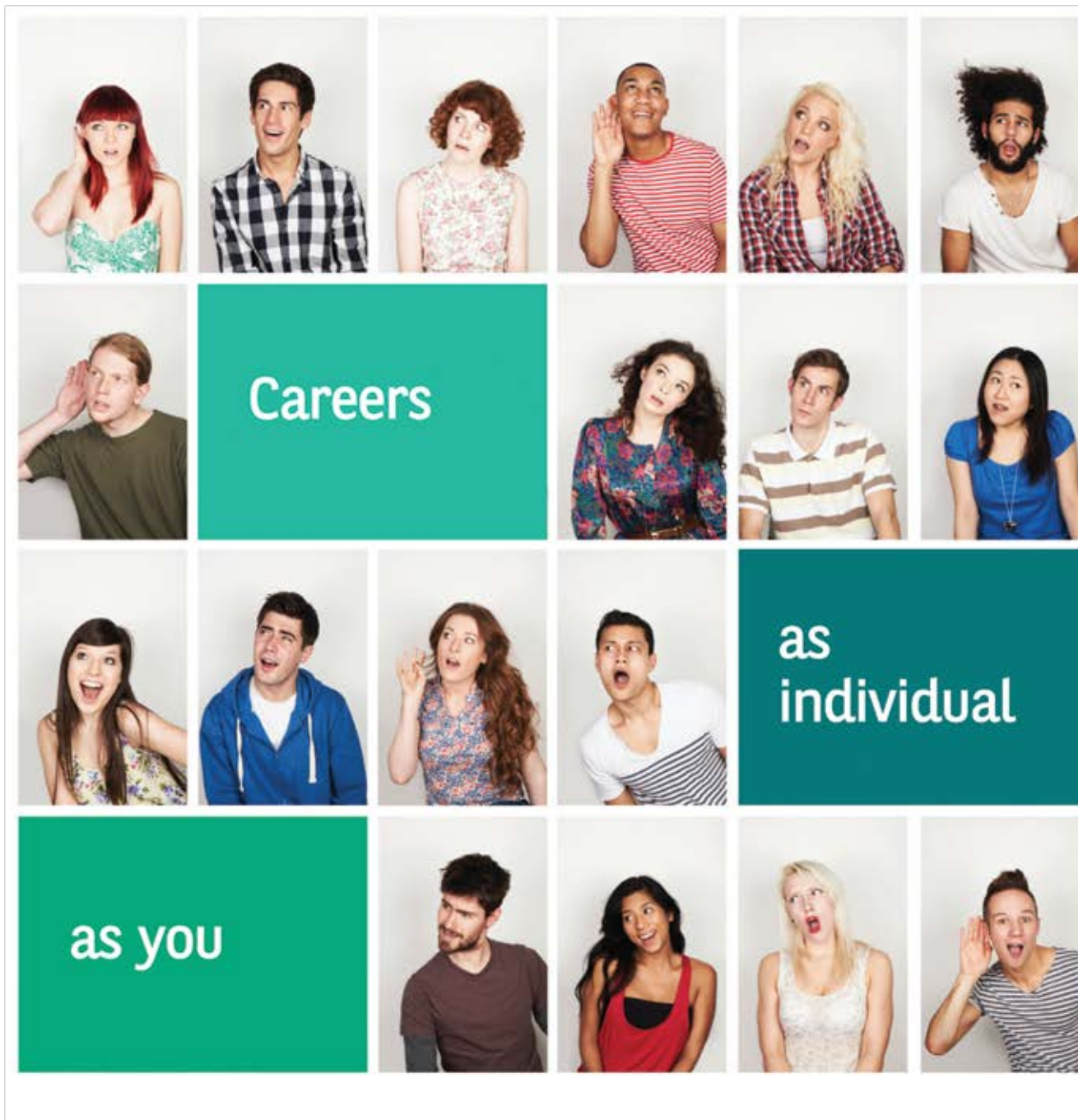
## Employer info: BNP PARIBAS

BNP Paribas is a leader in banking and financial services in Europe. The Group is present in more than 80 countries and spans 5 continents. It employs close to 200,000 people of nearly 170 nationalities. Our Jersey operation is key to the growth strategy of the Bank and offers unparalleled career development and progression. We are always seeking motivated individuals who have first-class numerical and analytical skills and want to join an award winning leader in global banking and financial services. Working with us means joining a dynamic and cosmopolitan environment. We are committed to four core values: Responsiveness, Creativity, Commitment and Ambition.

*"We always look to recruit people who are passionate about their work and who view it as a challenge. We focus on teams and how exceptional individuals can work together to help our clients achieve their goals."*

## interested?

If you think you'd like to pursue a career at BNP Paribas, get in contact with **CAOIMHE O'MAHONY** on **01534 815200** or email: [caoimhe.omahony@je.bnpparibas.com](mailto:caoimhe.omahony@je.bnpparibas.com)



BNP Paribas is a diverse business with great opportunities for bright and ambitious individuals. Strong risk management, combined with the stability that comes from being part of one of the largest banking groups in the world, underpin our success. Joining us, you will become an integral part of a dynamic team that spans nationalities, cultures and backgrounds, drawing together people from around the globe who are focused on our clients.

At BNP Paribas, we are committed to career development. Our success is built on doing things differently, encouraging new ideas and giving our people the room to grow, to think and to innovate. If you are analytical and entrepreneurial, if you have ideas and are ready to learn, we want to hear from you.

Please contact Caoimhe O'Mahony - HR Officer Channel Islands, Isle of Man & Cayman [caoimhe.omahony@je.bnpparibas.com](mailto:caoimhe.omahony@je.bnpparibas.com)



**BNP PARIBAS** | The bank for a changing world

PO Box 158, Anley Street, St Helier, JE4 8RD Jersey  
[www.bnpparibas.je](http://www.bnpparibas.je)

BNP Paribas SA, Jersey Branch is a limited liability company incorporated in France (registered number 662 042 446 R.C.S. Paris) and is regulated by the Jersey Financial Services Commission to carry out deposit taking business under the Banking Business (Jersey) Law 1991, funds services business, investment business and money services business under the Financial Services (Jersey) Law 1998. Registered office: 15, boulevard des Capucins, 75001 Paris, France. Registered business address: BNP Paribas House, Anley Street, St Helier, Jersey, JE4 8RD.





# CALLUM BARTHROP

IS AN ASSOCIATE AT DELOITTE

AGE 25

UNI ATTENDED NEWCASTLE UNIVERSITY

COURSE UNDERTAKEN ECONOMICS AND BUSINESS MANAGEMENT

WHAT DID YOU WANT TO BE WHEN YOU WERE 8? A FOOTBALLER

FAVOURITE WAY TO RELAX READING A BOOK

FAVOURITE PLACE TO EAT IN JERSEY THE LITTLE THAI RESTAURANT

WHAT'S YOUR FAVOURITE POSSESSION? MY IPAD

## What made you choose the company you work for?

Having worked at the UK Treasury for 15 months and realising an economics job was not for me, I felt the natural progression was to move in to accountancy. Speaking to a colleague of mine who was a Deloitte secondee in the Treasury sold Deloitte to me. They explained what it is like to work here and all the positives around the support you are provided with on the job and for college. I was convinced and haven't been disappointed.

## What sort of professional training do you take?

I'm currently 7 months in to a training contract completing the ACCA qualification. This requires me to complete 9 fundamental modules along with 3 essential professional modules and 2 optional professional modules, however given the nature of my job, one of the optional choices has to be an audit and assurance module. I'm currently 3 modules down and progressing towards a further 2. The plan is to be fully qualified by June 2016.

## What do you do on an average day?

It's a cliché among many but there is no average day! One day I could be testing account balances the next day I could be reading over correspondence with the regulators. What you actually do depends on the amount of time you are allocated to a job, at what point during the audit you are on the job both at interim and final but also what type of client you are on.

## What is your next step?

The most important thing for me to achieve going forwards is to become fully qualified. Providing I achieve this I will be in a strong position within Deloitte where I can continue to build on this and hopefully have a portfolio of clients myself soon after. Beyond that point is not something I have thought about or put much consideration in to at present as my priorities are my studies.

## What advice would you give as graduate considering the experience you have now?

Make the most of the opportunities available. If you have the chance to gain some work experience grab it with both hands. It makes a huge difference when it comes to graduate job applications and the experiences you can draw on but it also provides some valuable contacts going forwards. At the same time you need to put in time and effort to achieve the best you possibly can in your degree classification whilst making the most of being a student.



## Employer info: DELOITTE

Since we want to help you fulfil your potential, we strongly emphasise career development and training. Deloitte employees are among the best qualified accountancy, tax and actuarial professionals. With 12,000 exceptional people across the UK and Switzerland, Deloitte has the broadest and deepest range of skills of any business advisory organisation, and we have a straightforward goal: to be recognised as the pre-eminent and most trusted professional services firm, famous for our people and respected for the exceptional quality of our work. [www.deloitte.co.uk/graduates](http://www.deloitte.co.uk/graduates)

*"The success of our firm depends on the talent of the people who work here, so we invest considerable time and resources to make sure your skills and talents are as sharp as they can be."*

## interested?

If you think you'd like to pursue a career at Deloitte, get in contact with JULIE on 01624 641230 or email: [jwhiteway@deloitte.co.uk](mailto:jwhiteway@deloitte.co.uk)



# Trainee Opportunities

## A chance to beat the rush

Deloitte, the business advisory firm, recruits A level and graduates each year in to our Advisory, Audit and Tax areas. This is a fantastic starting point for a career in business and gives you the chance to study for a professional qualification and gain valuable commercial and technical experience that will help you go further with your career.

The application process for 2014 Summer Vacation, A level and graduates schemes are open.  
For further information please email **Julie Whiteway**, HR Manager [jwhiteway@deloitte.co.uk](mailto:jwhiteway@deloitte.co.uk)





# ANDREW PROSSER

IS AN ASSOCIATE AT EY

AGE? 24

UNI ATTENDED? DURHAM

COURSE UNDERTAKEN? ANCIENT HISTORY

WHAT DID YOU WANT TO BE WHEN YOU WERE 8? A POWER RANGER

FAVOURITE WAY TO RELAX? WATCHING FILMS

GIVEN AN UNLIMITED BUDGET, WHAT'S THE FIRST THING YOU

WOULD BUY? A VILLA IN ROME

## What made you choose the firm you work for?

I applied and successfully completed the EY work experience program and because of this I was keen to apply to EY when looking for a graduate trainee position. Aside from the reputation of working for a Big 4 firm, I was impressed by the relaxed and welcoming atmosphere, as well as the excellent training opportunities.

## What sort of professional training do you take?

I am studying towards becoming a member of the Institute of Chartered Accountants of Scotland (ICAS). Thanks to the nature of the ICAS exam structure, during my first year I had nearly completed all the exams, and now have one remaining before I become exam qualified.

## What do you do on an average day?

It's hard to define an average day because there is a good variety of work in audit. My day can range from technical work for different clients, to organizing office events, to travelling overseas for client work.

## What is your next step?

I have a final ICAS exam in November which consists of a 6 hour case study, so at the moment my main focus is passing this and becoming exam qualified. Talking to people in the office who qualified this year, they have said it's a mixture of relief but it's more the satisfaction and pride you feel when you have finished.

## What advice would you give to yourself as a graduate considering the experience you have now?

If you're still unsure about your career path, I'd recommend looking for as much work experience in as many different fields as possible. Also, speak to friends and family about their experiences - one of the benefits of living on a small island is that there's a good chance you'll know someone working in a related field to one you're interested in.

### Employer info: EY

EY is a leading accountancy firm with over 167,000 people in 140 countries. We work globally through our four service lines; Assurance, Tax, Transactions and Advisory, and our clients include some of the world's most successful organisations. At EY we provide an exceptional foundation in business. It's one of the very best places to start a career.

*"At EY we have a strong commitment to involvement and teamwork. It's important you feel part of our wider organization and feel at first hand the powerful impact we're able to have on businesses and communities."*

*"This sense of involvement stretches a long way beyond the formal work you'll add to your CV/resumé. It's about the bonds that you form with your colleagues, the support you give to our corporate responsibility activities and the way you contribute to our firm."*

### interested?

If you think you'd like to pursue a career at EY, get in contact with **ABBIE CARDY** on **01534 288681** or email: **acardy@uk.ey.com**

For more information please visit: **www.ey.com/ci/careers**





Building a better  
working world

## GO FURTHER, FASTER.

EY trainees like Jo are part of a global organisation advising big businesses on issues critical to their long-term success.

If you have the ambition, EY will give you the training and experiences you need to help grow our worldwide business and build a better working world.

Opportunities in Assurance and Financial Audit IT.

To apply, please submit a CV and covering letter to Abbie Cardy at [acardy@uk.ey.com](mailto:acardy@uk.ey.com)



INVESTORS  
IN PEOPLE

Gold



Investors  
in People  
Good Practice

Health &  
Wellbeing  
Award





# DAVID CONLON

IS A TECHNICAL GRADUATE AT JT

AGE 22

UNI ATTENDED UNIVERSITY OF WARWICK

COURSE UNDERTAKEN PHYSICS MASTERS DEGREE

WHAT DID YOU WANT TO BE WHEN YOU WERE 8? A PILOT

FAVOURITE WAY TO RELAX PLAYING VIDEO GAMES, IT IS SOMETHING I HAVE DONE FROM A YOUNG AGE AND I AM VERY INTERESTED BY THE TECHNOLOGY BEHIND THE VIDEO GAMES INDUSTRY

FAVOURITE PLACE TO EAT IN JERSEY JAMBOS CHINESE RESTAURANT

FAVOURITE POSSESSION WOULD HAVE TO BE MY ROAD BIKE, CYCLING AROUND JERSEY IN THE SUMMER IS FANTASTIC

## Why did you choose the company you work for?

JT are a company which has expanded massively in the past few years and I felt their goal to become the partner of choice in global telecoms innovation matches my goal to get the best out of myself. The JT graduate scheme itself is very dynamic and gives me the opportunity to sample different areas of the business which is something not many companies offer in their schemes. This will allow me to find an area within the business I am passionate about working in and give me diverse experience to use in the future.

## What sort of professional training do you take?

I am due to undertake a diploma in telecoms to give me the grounding knowledge of the technology used throughout the industry and in the future I have to opportunity to select from a number of professional qualifications including management and marketing courses or more technical qualifications depending on the career route I would like to take.

## What do you do on an average day?

At the moment I am involved in the Gigabit Jersey project and my day to day role involves analysis of the processes carried out and the systems used with a view to making them more efficient to help increase productivity.

## What is your next step?

Finishing the graduate scheme and then seeing what is available in my chosen line of profession, the scheme presents a perfect stepping stone from which I can build on for the future but at the moment my exact path is still unclear.

## What advice would you give to yourself as a graduate considering the experience you have now?

I have only been in the role for 3 months so I do not have much advice I could give to myself from before I started. However I would encourage all those applying to university to make sure they choose a subject they enjoy and to also think about the job prospects their chosen degree will open for them.

### Employer info: JT

JT is part of the JT Group, an innovative and progressive communications enabler based in the Channel Islands providing world-class products and solutions to a diverse client base of business and retail customers. JT Group's product range encompasses all the products and services expected from a cutting edge provider, from Voice and Data, Consultancy, Co-Location, Internet, Security, Mobile and Support Services and is widely recognised as the largest provider of data hosting services in the Channel Islands. For further information visit us online at [www.jtglobel.com](http://www.jtglobel.com)

*"JT's vision is 'to be the partner of choice for global telecoms innovation'. To give us every chance of making this vision a reality we are investing in two key areas – technology and people. From a technology angle we have commenced a pioneering programme that will give Jersey residents and businesses the fastest internet speeds in the world in the next few years. From a people perspective it is essential to identify and recruit new talent into JT and build a workforce capable of realising our vision in the future."*

### interested?

If you think you'd like to pursue a career at JT, get in contact with **RICHARD SUMMERFIELD** on **01534 882700** or email: [careers@jtglobel.com](mailto:careers@jtglobel.com)



# Move up the career ladder with JT

JT's vision is to be the leading partner of choice for global telecoms innovation. We're a forward-thinking company with an ambitious growth strategy inspiring customers worldwide with our pioneering solutions, innovative ideas and commitment to quality, service and value.

To support our growth, we're committed to bring on fresh new talent and provide the opportunity for all our people to achieve their full potential in one of our exciting global business locations.

## Join the JT Graduate Programme

Our Graduate Programme is designed to identify and nurture your talent and ambition, giving you the skills and confidence to eventually take up a senior position.

You'll gain a broad insight into our company through challenging placements in different areas of the business and on the job mentoring & training.

You'll also have the chance to gain professional qualifications in your specialist area and high performance is rewarded with a competitive remuneration package and excellent career development opportunities.

We are currently recruiting graduates for the following roles:-

- Technical specialist
- Commercial/Analytical
- Finance
- Human resources



### HOW LONG IS THE SCHEME?

Two years.

### HOW DO WE RECRUIT?

We accept applications from January each year with the selection process concluded by Easter. Successful applicants will start with us in September.

### CAN YOU APPLY?

We're looking for final year or recently graduated students who have a 2:1 degree, are at the top of their game and hungry to succeed.

Postgraduate or masters students are also able to apply.

To find out more details about  
all our vacancies and how to  
apply go to [www.jtglobal.com/careers](http://www.jtglobal.com/careers)







# LAURA COOK

IS AN ASSOCIATE WORKING IN ASSURANCE  
AT PwC CHANNEL ISLANDS

## What made you choose the company you work for?

I first heard about PwC when they visited my school to describe the opportunities they had on offer to A-level school leavers. Until this point, university appeared to be the typical route. After looking into PwC's programme further, I became more aware of how great an opportunity this would be - working full time for one of the 'Big 4' accountancy firms, gaining a professional qualification while still providing me with the opportunity to get a degree and the chance to work with such a young, energetic and diverse group of people. Everyone I spoke to was so enthusiastic and passionate about PwC which really swayed my decision.

## What sort of professional training do you take?

At PwC, you choose between the ACCA and ACA qualifications which have differing exam structures, allowing you to pick the learning style that suits you best. I'm half way through studying towards the ACCA qualification - Association of Chartered Certified Accountants. It comprises 14 exams taken over a three year period. ACCA also gives students a chance to obtain a degree, Applied Accounting, by completing one extra dissertation paper. PwC fully supports our professional training and gives us time off work to attend revision courses locally at BPP. Due to PwC's large intakes, I'm currently studying alongside some of my colleagues, which is great as we provide each other with support and encouragement.

## What do you do on an average day?

One of the main highlights of working at PwC in assurance is that every day is different. So far, I've had the opportunity to work on a range of clients in banking, trust, private equity and real estate. A lot of our time is spent at clients' offices, so you get a lot of client exposure from the very start. You're also never stuck at the same desk every day. It's nice to have a change of scenery. Each audit has a different team allowing you to work with and meet a variety of people. This is particularly useful for first years as they get to know lots of colleagues quickly.

### Employer info: PwC

We help clients ranging from multinational organisations to local businesses, charities and governments, offering assurance, advisory and tax services that help to improve the way they work in the short and long-term. From auditing their financial data and planning their taxes, to identifying the risks they face and supporting them with strategic decisions, we work with our clients, creating cutting edge solutions for them.

We work hard to attract locally grown talent back to the Islands, offering 35 training contracts to local school leavers, undergraduates and graduates from all degree disciplines. We currently have spaces available on our 2014 graduate programme. In addition, we've now launched our exciting internship programme. Designed for local undergraduates, it runs this summer and interns could secure a place on our 2015 graduate programme.

*"You'll be working and studying with intelligent and inspiring people, building strong friendships and valuable professional relationships. With over 184,000 people in 157 countries across our global network, one you're qualified, the world really is your oyster."*

### interested?

If you think you'd like to pursue a career at PwC, get in contact with **GEMMA DE BIASI** on 01534 838365 or email: [pwc.ci.recruitment@je.pwc.com](mailto:pwc.ci.recruitment@je.pwc.com)  
For more information please visit [www.pwc.com/jg/careers](http://www.pwc.com/jg/careers) or visit our Facebook careers page [/pwccareerschannelislands](https://www.facebook.com/pwccareerschannelislands)

## AGE 20

**UNI ATTENDED** I ATTENDED HAUTLIEU SCHOOL AND THEN TOOK THE PwC HEADSTART ROUTE, JOINING AFTER MY A-LEVELS  
**COURSE UNDERTAKEN** THE A-LEVELS I TOOK WERE BIOLOGY, ENGLISH LANGUAGE, SPORTS SCIENCE AND BUSINESS  
**WHAT DID YOU WANT TO BE WHEN YOU WERE 8?**

A PROFESSIONAL ICE SKATER

**FAVOURITE WAY TO RELAX** AT THE GYM ON A TREADMILL OR WALKING MY DOG ON THE BEACH

**FAVOURITE PLACE TO EAT IN JERSEY** WILDFIRE

**WHAT'S YOUR FAVOURITE POSSESSION** MY BANK CARD

## What is your next step?

I'd like to pass my remaining exams and qualify as a chartered accountant in just over one year's time. After this, I plan to look further into the Applied Accounting degree on offer through the ACCA. Following that, the PwC Network has offices in 157 countries, providing employees with the opportunity to gain experience in different departments and new industries around the world. I love travelling and therefore the opportunity to take a secondment in the future really appeals to me.

## What advice would you give to yourself as a graduate considering the experience you have now?

Try and get as much work experience as possible associated with your career choice. Not only will this look good on your CV when applying for positions but it will also give you an invaluable and genuine understanding about the role. Also, chat to those who are already in the role you're considering by attending the career fairs and recruitment events. Events like PwC's informal recruitment drinks at The Fox and Firkin, Liberty Wharf on 16 April at 5.30pm. No registration required. It's your chance to find out everything about building your career and life experiences with us.



# Being the one with more opportunities to explore



**pwc**

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Any questions, please contact

Michaela Gosselin on

01534 838380 or email

[pwc.ci.recruitment@je.pwc.com](mailto:pwc.ci.recruitment@je.pwc.com)

Visit our Facebook careers page

[/pwccareerschannelislands](https://www.facebook.com/pwccareerschannelislands)

**We value diversity in our people**

## **Recruitment drinks reception**

***The Fox and Firkin, Liberty Wharf***

**16 April 2014, 5.30pm - 7.00pm**

We work hard to attract locally grown talent back to the Islands, recruiting bright graduates from all degree disciplines. So you can study what you're passionate about and still explore opportunities to join us. In addition, we've just launched our exciting internship programme designed for local undergraduates.

Interested? Simply pop along to our informal recruitment drinks reception and find out everything you want about building your career and life experiences with us. You'll meet everyone from knowledgeable managers, to trainees who've just started out with us. Chat to people right across the business and see that lots of pathways can ultimately lead to a successful, fulfilling career with us. There's no advance registration, the dress code is casual and all you need to bring is an open mind.





# KAREN FERNANDES

IS AN ADMINISTRATOR IN REAL ESTATE AT SANNE GROUP

AGE 22

UNI ATTENDED PLYMOUTH UNIVERSITY

COURSE UNDERTAKEN ACCOUNTING & FINANCE

WHAT DID YOU WANT TO BE WHEN YOU WERE 8? A SPICE GIRL

FAVOURITE WAY TO RELAX WITH A BOOK, OR SOCIALISING WITH FAMILY & FRIENDS

WHAT'S YOUR FAVOURITE NOISE

CAN I HAVE FAVOURITE PERSON? MY LITTLE BROTHER, KYLE

## What made you choose the company you work for?

I undertook a 6 week work placement at Sanne during my second summer of university as part of their undergraduate internship scheme. I really enjoyed my experience and was very impressed with the Sanne graduate programme. I especially loved that an intake of trainees join the company together, which is reassuring in your first 'real job'. There is a welcoming atmosphere at Sanne whereby people at all levels are willing to help, and it was great to be able to settle in quickly.

## What sort of professional training do you take?

I am currently studying for the ACCA qualification. My degree was extremely relevant to the course so I was fortunate enough to take advantage of 6 module exemptions. There are 14 exams in total to sit over roughly 3 years and Sanne offer time out to all ACCA students to attend college with full training support for each exam. Although it can be challenging, studying whilst working is a great opportunity that enables me to progress in my career quickly.

## What do you do on an average day?

No two days are the same but being part of an accounting team means that some weeks are far more demanding than others due to accounting deadlines. My team are very encouraging so I was lucky enough to get stuck in from day one. After going through my emails, I start off my morning writing up a list of my requirements for the day. Typically, my jobs would include bookkeeping, preparing accounts, responding to client queries and preparing payment instructions.

## What is your next step?

My first goal is to complete my ACCA exams and become fully qualified, which requires me to work for at least 3 years in industry. I plan to build upon my financial knowledge in order to progress in my career and take advantage of one of the many fantastic opportunities Sanne and the Jersey finance industry has to offer.

## Employer info: SANNE GROUP

Sanne Group is a dynamic financial services business providing international fiduciary services to a worldwide customer base. Through a specialist divisional structure Sanne delivers tailored, professional financial administration services via a network of international offices. Headquartered in Jersey, Sanne engages 150 people worldwide and offers an exciting and challenging range of opportunities in the areas of fund administration, debt, real estate, corporate, executive incentives and private wealth including a fully assisted three year professional training programme leading to either an ACCA, ICAEW or ICOSA qualification. For more information visit our website: [www.sannegroup.com](http://www.sannegroup.com)

*"We place a great deal of emphasis on attracting the best local talent. Offering an exciting and challenging range of opportunities can attract graduates back to the Island as well as providing those wanting to embark on a career straight after A-levels with the opportunity to work towards attaining a professional qualification."*

## interested?

If you think you'd like to pursue a career at Sanne Group, get in contact with **NIKKI** on **01534 722787** or email: [nikki.collier-webb@sannegroup.com](mailto:nikki.collier-webb@sannegroup.com)

## What advice would you give yourself as a graduate considering the experience you have now?

Having previously secured a place on Sanne's internship scheme, I was fortunate to accept an offer as a trainee at Sanne before the end of the academic year. Work experience is a very valuable tool to ensure your chosen path is right for you. To minimise pressure, I would suggest that graduates apply for jobs as early as possible. There is a lot of competition to secure a trainee role and although it can be tough balancing out school commitments and a social life, one thing I learnt throughout the process is that organisation is key.



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For more information on a career at Sanne visit [sannegroup.com](http://sannegroup.com) or contact:  
Nikki Collier-Webb. t. +44 (0) 1534 750510. e. [nikki.collier-webb@sannegroup.com](mailto:nikki.collier-webb@sannegroup.com)

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# HELDER LEMOS

IS A JERSEY PRIVATE EQUITY FUND ADMINISTRATOR AT STATE STREET

AGE 23

UNI ATTENDED UNIVERSITY OF BRIGHTON

COURSE UNDERTAKEN BUSINESS MANAGEMENT AND FINANCE, BA HONOURS

WHAT DID YOU WANT TO BE WHEN YOU WERE 8? A POLICEMAN

FAVOURITE WAY TO RELAX RUNNING AND SOCIALISING

FAVOURITE PLACE TO EAT IN JERSEY MANO'S BISTRO

WHAT'S YOUR FAVOURITE POSESSION MY IPHONE 5

## What made you choose the company you work for?

State Street is a global organisation with a large presence in Jersey, so I saw an opportunity for long-term career growth. I applied to the company a few days after completing my final degree exams and started work soon after, so it was a quick process.

## What sort of professional training do you take?

One of the things that attracted me to State Street was the fact that they have a great internal training programme and also support employees to gain external qualifications. I am currently looking at a possibility of starting a part-time MBA with the University of Plymouth, which I am really excited about and I will apply for funding from State Street if I am accepted.

## What do you do on an average day?

I have quite a varied role here at the company, everyday is different which I enjoy. I primarily administer limited partnerships and special purpose vehicles and I am in daily contact with my clients and their advisors across Europe to make sure everything is running smoothly. I organise and attend board meetings which means working with several different departments across State Street. This gives me great exposure to different areas of the business, which I have found invaluable.

As well as my day-to-day work I also like to participate in volunteering and social events that State Street organises and there is always a lot going on. Most recently myself and 15 of my colleagues helped to clear the swathes of bracken from the north coast of Jersey to help reintroduce red billed choughs into the area. It was a fun day out of the office and felt good being able to give something back to the community.

## What is your next step?

I have just been promoted from trainee administrator to administrator in my team, and once I get more experience in this new role I will be looking for greater responsibility within the company.

## Employer info: STATE STREET

State Street is one of the world's leading providers of financial services to institutional investors, with operations in 29 countries and employing more than 29,000 people globally. State Street Alternative Investment Solutions (AIS) is the leading, full-service provider of fund administration services to the alternative investments industry. We operate from six locations in Europe and are a major employer in Jersey, with approximately 300 employees.

*"Our business in Jersey is growing and we are always looking for bright and ambitious individuals to join our team. We have a range of exciting opportunities in both our client-facing and corporate functions. Our total compensation package has been designed with you in mind and includes extensive flexible benefits. In addition, we offer a comprehensive learning and development programme as well as financial support and study leave for core professional qualifications. State Street is also an active member of the local community through volunteer programmes and other activities."*

## interested?

We are holding a Careers Open Day on Friday 11 April 2014 at 12-3 p.m. in our Lime Grove House office on Green Street. If you think you'd like to pursue a career at State Street and register for the event, contact **PENELOPE HANSELL** (HR) on: [Penelope.Hansell@ais.statestreet.com](mailto:Penelope.Hansell@ais.statestreet.com) or 01534 609 180

I am very interested in getting more involved in managing client relationships, which I think is a great way of furthering and developing my career at State Street in the long term.

## What advice would you give to yourself as a graduate considering the experience you have now?

I would tell myself to aim for the highest degree to differentiate myself, especially in the current employment market. When the market is saturated with degree-qualified candidates, you need to have something extra to make yourself stand out. By also taking every opportunity to get involved in work placement schemes provided through the university I'd also be able to add more to my experience and differentiate myself from other applicants.





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To learn more about State Street's corporate citizenship, visit [www.statestreet.com/better](http://www.statestreet.com/better).



MAKING LIFE  
BETTER





# GOOD OLD FASHIONED BRIBERY

**WORDS** Caroline Dutot, Associate Advocate at Davies & Ingram Advocates

Those readers hailing from the Gossip Girl generation (an American teen drama I recently discovered during a bout of shingles) will be no strangers to the fact that bribery and the world of retail, and particularly fashion, may at times go hand in hand.

When we think of bribery and corruption, the traditional vision is of corrupt government or ex-government ministers or officials taking bribes in exchange for securing contracts for services in third world countries. But to what extent might bribery and corruption impact on the retail and fashion world?

In the financial and professional quarters, the introduction of the corporate offence in the UK Bribery Act 2010 of failing to prevent bribery in your organisation has sparked waves of revisions to internal procedures and significant increases in staff training in that area. Despite being a piece of UK legislation those ripples have been felt in Jersey because of the extraterritorial effect of the Bribery Act. The Bribery Act applies to British Citizens/Nationals wherever they reside, this includes holders of Jersey passports. The Bribery Act also applies to an entity that carries on any part of its business in the UK or which is incorporated under UK Law. Whilst focus following the Bribery Act has been on the processes and procedures within the financial and professional worlds – has the same focus and thought been given to and by organisations outside of those spheres, who are just as easily caught by the provisions of the Act?

Last year global fashion retailer Ralph Lauren Corporation agreed to pay around £1.6 million to US authorities to resolve criminal and civil charges relating to bribes. The bribes took the form of illegal payments and gifts to foreign officials in

Argentina between 2005-2000 to clear merchandise through customs. The bribes were discovered during an internal audit and Ralph Lauren self-reported the violations to the relevant US authorities. Whilst Ralph Lauren was praised for its approach to the investigation, it was criticised for failing to have an anti-corruption programme in place and for failing to train the employees working in the Argentine subsidiary during the relevant period. Those failings lead to the payment of the significant fines, under non-prosecution agreements with both the US Department of Justice and the Securities Exchange Commission.

Ralph Lauren managed to avoid criminal and regulatory prosecutions by entering into non-prosecution agreements. This is an interesting point given that the United Kingdom is about to embark on the use of deferred prosecution agreements, as introduced by Section 45 and Schedule 17 of the Crime and Court Act 2013, for the first time. The Deferred Prosecution Agreements Code of Practice issued by the Serious Fraud Office makes it plain that co-operation and a proactive corporate compliance programme will be relevant factors, when considering whether a deferred prosecution agreement is an appropriate outcome. As Thomas Hanusik, the lawyer for Ralph Lauren said “When you do all the right things in terms of investigating, self-reporting, cooperating and taking appropriate remedial measures, both the SEC and the Department of Justice are willing to reward that behaviour”. It appears the UK prosecuting authorities intend to

take a similar tact to their US counterparts.

The Ralph Lauren story also goes some way to demonstrate the relevance of the Bribery Act 2010, and Jersey’s own legislation the Corruption (Jersey) Law 2006, to fashion and retail businesses locally. Under the Bribery Act there is a corporate offence of failing to prevent bribery by those working for your company, wherever they are based. Retailers can be held liable for acts of third parties who provide services to them, wherever those third parties are based. Therefore, if an overseas supplier were to give or receive a bribe intended to obtain or retain a business advantage for an organisation, the corporate organisation could be guilty of an offence under the Bribery Act 2010, unless the corporate entity could evidence that it had ‘adequate procedures in place’. If, as a retailer, you are reliant on suppliers and localised operators to run international branches and franchises, it is essential that a review of your policies, procedures and staff training has been carried out.

## RETAIL ENTITIES SHOULD ASK THEMSELVES THESE QUESTIONS:

- Have potential bribery and corruption vulnerabilities in their organisation(s) been identified and considered?
- Do they have policies, procedures and management systems in place to ensure that employees know how to deal with bribery and corruption? Are those policies, procedures and management systems also imposed on contractual counterparts and do they have teeth i.e. the right to audit financial information or terminate contractual rights?
- Have anti-corruption policies and procedures been communicated to staff and have staff been provided with appropriate training in the area?

***As Gossip Girl immortally said ‘Call it philanthropy or bribery, it looks like everyone has their price’. That was the standard she applied to the elite echelons of the upper east side of Manhattan, New York. As a retailer, what standard are your employees and counterparts applying?***



ON THE  
SOFA

## JAMES MARTINGALE & GRAEME FAIRLIE

MI FINANCE

THE CREATION OF MI FINANCE WAS INSPIRED BY A PASSION TO HELP BOTH PERSONAL AND CORPORATE CUSTOMERS TO ATTAIN COMPETITIVE LENDING IN JERSEY. WE THRIVE ON THE CHALLENGE OF FINDING THE BEST DEALS AND THE FLEXIBILITY AND DELIVERY OUR INDEPENDENCE PROVIDES.

Jersey is a fabulous place to launch a new business - the message spreads quickly and I am extremely proud to have launched a local company. Thank's to everybody who has supported us so far!

**So, tell us what inspired you to get this off the ground?** Mi Finance was Graeme's vision and inspired by his dream to create a truly customer friendly, totally independent business focused exclusively on lending. My original focus was on our international business, Mi Offshore but became much broader when we secured private equity funding last year and decided to invest heavily in Mi as a much broader finance business. Uniquely, we now advise local clients, businesses, trustees and international families on loan solutions from £1,000 through to hundreds of millions of pounds. **(J)** The ability to make a difference and push the values I consider paramount in business and the Mi Finance values: The provision of end-to-end lending solutions that assist companies and individuals to meet their financing objectives. Integrity and exceptional customer service are at the core of what we do. **(G)**

**What did you do prior to starting this business?** Global Head of Investments at TMF Group. Going from an organisation with offices in over 100 countries to a small start-up was quite a change. **(J)** I was an Associate Director at a leading international Bank **(G)**

**Did that teach you any lessons that helped you succeed?** Yes, to think big and to use the best things learned in a multi-national company whilst leaving the red

tape and politics well behind **(J)** Yes, keep looking at the opportunity to deliver both in Jersey and abroad **(G)**

### What's the hardest lesson you've learnt since starting the business?

That under investing in marketing when you know you have a gem of a business is a false economy. **(J)** Market trends change quickly, so keep evolving and listen to your clients! **(G)**

**Any funny stories that you have about the business starting out?!** Most of them revolve around Graeme and his interesting choice in staff party attire (Tartan trousers and cricket sweaters at Christmas being just one example!) **(J)** James has a wicked sense of humour and it wouldn't be fair to pick out just one story! **(G)**

### What are your plans for the future?

To make our new retail store and website the go to place for consumer finance and to expand our international, ultra high net worth business to help more overseas clients, trustees and professional advisors finance prime global real estate, development projects and yacht and aircraft acquisitions. **(J)** The Mi brand is gaining traction and recognition locally and it is very rewarding when people say - 'Yeah - I've heard of 'Mi Finance' or 'Black Defender? I've seen it driving about?' Next steps include 'Feelio' our guardian and our Flagship Premises in Waterloo Street - I look forward to personally welcoming you. **(G)**

## VITAL STATISTICS

### JAMES MARTINGALE

**Born:** South London

**Marital status:** In a relationship

**School:** A large London comprehensive

**First Job:** School leaver trainee at NatWest in London

**Car:** An old Alfa Spider for when the sun shines!

**Book:** Ronnie Wood's autobiography "Ronnie"

**Music:** Diverse! Arctic Monkeys to Jay Z to Disclosure as well as old croony classics and 60's soul

**Film:** Breaking Bad - not a film but the most addictive, gripping series way better than any two or three hour movie

**Gadget:** Iphone/Ipad Mini/Apple TV

**Last holiday:** Long weekend in Shoreditch!

**Enjoy:** Sun, new challenges, my gorgeous children, life!

### GRAEME FAIRLIE

**Born:** Beirut

**Marital status:** Happily Married

**School:** Stanbridge Earls - Guy Ritchie was in my year !

**First Job:** Selling Cars at Melbourne Garage - St John

**Car:** Monty - Mi Finance Landrover Defender

**Book:** Bear Grylls - A Survival Guide For Life

**Music:** Coldplay

**Film:** Jerry Maguire

**Gadget:** iPad

**Last holiday:** Dubai

**Enjoy:** Being part of the memories!





ON THE  
SOFA

## NATHALIE LE MOTTEE & GLENDA RIVOALLAN HEALTHHAUS

AN EXCLUSIVE BOUTIQUE STYLE PRIVATE MEMBERS CLUB FOR THE DISCERNING HEALTH-CONSCIOUS INDIVIDUALS, HEALTHHAUS OFFERS A TIME EFFICIENT, RESULTS GUARANTEED FITNESS OFFERING IN A HOME FROM HOME ENVIRONMENT; LEAVING TIME FOR YOU TO INDULGE IN A 360 DEGREE APPROACH TO WELLNESS.

**So, tell us what inspired you to get this off the ground?** We were disillusioned with the huge volume of people who will not set foot in a traditional fitness club as they feel intimidated. We're an ageing population in Jersey and it's important to encourage people of all ages to exercise. We wanted to turn fitness on its head and aim to appeal to a much broader market, in terms of age and interests.

**What did you do prior to starting this business?** I am a manager at Highlands College where I look after quality and the Sport & Management degree. Prior to living in Jersey I opened 227 fitness clubs as a private consultant, so I guess you can say I know the industry pretty well **(G)** / I have an operational background, having managed health & fitness clubs where I also worked as a personal trainer and sports massage therapist **(N)**

**Did that teach you any lessons that helped you succeed?** Having worked in the industry for 24 years I feel I am really well placed to understand what doesn't work and how we can encourage our members to come for a visit but stay for results **(G)** / I agree with Glenda, I saw so many people coming and going and realised that we make fitness too difficult for people. At Healthhaus we want to make it easier for our members to look after their health. **(N)**

**What's the hardest lesson you've learnt since starting the business?** The whole journey has been a learning curve, however rather than seeing this as a hard lesson I can honestly say this has been the time of my life **(G)** / Look after yourself as well as your business **(N)**

**Any funny stories that you have about the business starting out?!** On one of our market research trips we walked into the changing rooms only to find 6 naked men in the sauna - apparently it's quite normal in Europe!

**What are your plans for the future?** To ensure that the Healthhaus experience is a memorable one and to further develop the brand **(G)** / To make Healthhaus a happy place for our members and staff and to keep evolving **(N)**

**What advice would you give to would-be entrepreneurs?** Never give up, work hard, stay true to yourself & your brand values & above all else pick your partners wisely **(G)** / Plan, plan, plan (& make sure you get plenty of sleep!) **(N)**

## VITAL STATISTICS

### NATHALIE LE MOTTEE *(left)*

**Born:** 07/01/1977

**Marital Status:** Married

**School:** JCG

**First Job:** Air Traffic  
Controller

**Car:** Alfa Romeo Spider  
(one day!)

**Book:** Anything by Bill  
Bryson - he makes me  
laugh out loud

**Music:** Paul Simon -  
particularly Graceland.  
This reminds me of family  
holidays in France

**Film:** This depends on  
my mood, but my current  
favourite is Argo

**Gadget:** Corkscrew!

**Last Holiday:** A romantic  
weekend in Paris

**Enjoys:** Getting away  
from it all with my  
husband on our boat

### GLENDA RIVOALLAN *(right)*

**Born:** 09/08/1973

**Marital Status:** Married

**School:** St Ambrose,  
Scotland

**First Job:** Physical  
Education Teacher

**Car:** The Healthhaus Mini  
Cooper S convertible  
(wave if you see me!)

**Book:** Sophie's World -  
will make you reassess  
how you view the world

**Music:** Michael Buble &  
Bruno Mars

**Film:** The Green Mile

**Gadget:** iPad mini

**Last holiday:** Florida  
& Disneyworld with  
the family

**Enjoys:** Muddy puddles  
with my son on a Sunday



# SPORT

SPORT

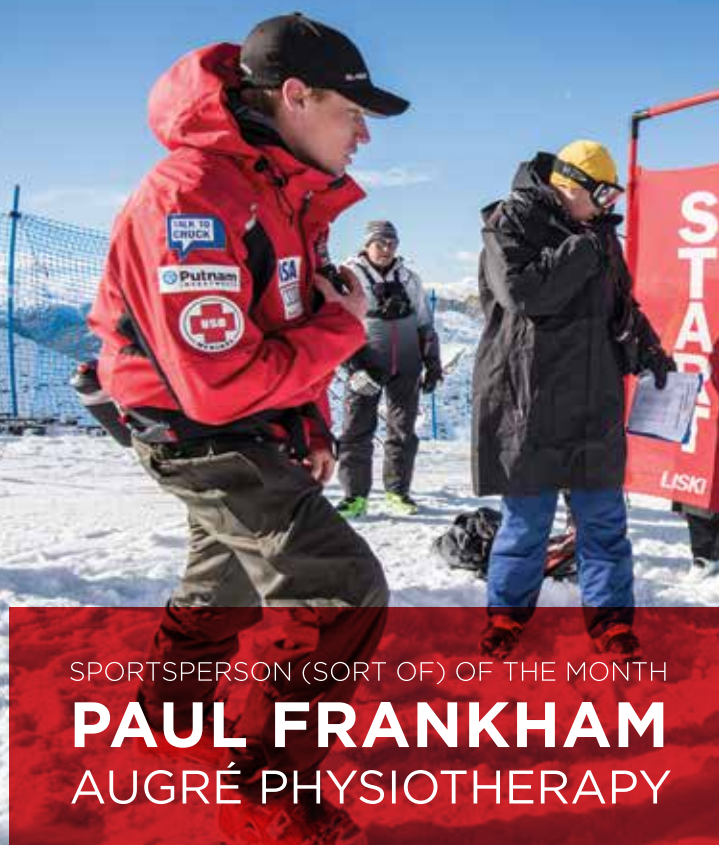


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gallery





SPORTSPERSON (SORT OF) OF THE MONTH

## PAUL FRANKHAM

### AUGRÉ PHYSIOTHERAPY

CURRENTLY EASING THE ACHES AND PAINS OF MANY JERSEY-BASED SPORT'S FANATICS, WHILST ALSO STANDING ALONG THE US SKI TEAM, PAUL BOASTS AN INCREDIBLE CV AND TWO VERY DIFFERENT LIFESTYLES.

With a story to match many of the Olympic medal winners he has treated, New Zealand born physiotherapist Paul Frankham is keen to share his many memorable experiences from his recent trip to Sochi.

#### So when did you realise you wanted to become a physiotherapist?

I aspired a career in physiotherapy from the age of 15 and in 2003; I graduated from Auckland University with the qualifications needed to pursue this dream.

#### How did you become involved with the US Ski Team?

After graduating, Paul began his stint as a physiotherapist in South Island. Following a couple of years of work, he was lucky enough to meet the US Ski Team, who travel to New Zealand on their off season in order to embark on a rigid training camp. Moments later and Paul became a fully-fledged member of the line-up. Putting his hard earned skills to the test, he worked full-time on the World Cup Circuit, venturing to the likes of North America, Canada and Central Europe.

#### What came next?

After two years on the road, Paul returned to University to complete his post grad, which is when he met his wife. Once he'd completed his studies, Paul decided on a big move and relocated to Jersey, where he has been for three years now. Taking a position at Augré, a private clinic here on the island, Paul now works for the US Ski Team on a rotational basis. When in Jersey, he works alongside a talented team of individuals including Laura Besnard - MSc Physiotherapist, Louise Augré - Physiotherapist Director, Kieran Norman - Sports Physiotherapist and Andrea Goodbody - Practice Manager

#### His stint in Sochi

Joining between three and four training camps per year, Paul leads two very different lifestyles, which only makes his career all the more interesting, whilst also allowing him to gain valuable expertise in his field.

#### His proudest moments this year

'Being involved in the Winter Olympics has to be one of my proudest moments'. This comes as no surprise; one of his patients and the US Ski Team champion Ted Ligety smashed the slopes, taking home a gold medal for the team. Through his work, Paul has watched Ted's career grow and now classes him as a good friend. In this line of work, you're on call both day and night, right up until the skiers take their position at the start line. This involvement has allowed Paul to form firm bonds with a number of his patients.

#### We've all heard the stories about Sochi in the media; tell me a little about your experience?

Those who watched the Winter Olympics will know that they ended in style. The closing party marked the end of the games and a number of incredible performances from some of the world's finest athletes. Donning the official Ralph Lauren parade uniform, Paul became a part of the global stage, walking out with the US Ski Team whilst billions of people watched worldwide - another of his proudest moments.

Despite the stories (sportswriters from around the globe have begun cataloguing an inventory of accommodation-related despairs) Paul's experience of Sochi was a good one. The event went off without a hitch and the logistics of the entire affair flowed seamlessly. Staying in a hotel just outside the athlete village, Paul saw none of the supposed Sochi squalor. The Russian style of driving on the other hand was something he did experience. As well as team physio, Paul became the designated driver. 'It was every man for himself'

#### Do you play sport yourself?

Sport injuries aren't Paul's only hobbies. He spends his spare time playing racket ball, skiing, sailing Hobie Cats and with his two-year-old son. Being passionate about sport has allowed him to understand a multitude of injuries inside out and this is something he'd recommend to anyone wishing to follow in his footsteps. Helping athletes overcome these injuries and get back to what they love is a huge part of his job and is of course, what makes it so rewarding.

# THE MILLION DOLLAR JELLY BABY...

**WORDS** Sara Felton

*"White-collar boxing, is a form of boxing in which men and women in white-collar professions train to fight at special events. Most have had no prior boxing experience."*

*Thank you wikipedia for this informative definition.*

This isn't the first time we've been exposed to the phenomenon of taking those with little or no boxing experience, training them up and throwing them in a ring to participate in a very public fight, but it is the first time that I'll be participating. Sadly I have only just found out that the first rule of fight club is? "Don't talk about Fight Club!" Well it's a little too late for that as I've committed to providing a detailed insight in to all things white collar over the next few months, since I was accepted in to the inner sanctum of The Rock White Collar Boxing fraternity.

The gents over at Fit Body Jersey, Craig Culkin and Ryan Hodgson, both of whom have a background in boxing have decided to put their money where their mouths are and put on a new white-collar event. Fight night is due to take place on Saturday 28th June at the Royal Jersey Horticultural Society Showground. The first question they asked me when I went in to sign up and formalise the acceptance of my place was "Are you nervous?" To which I responded, "Should I be?" Craig went on to explain, "we want

you to be, we want you to be nervous and excited, this is going to be once in a life time stuff! When you step in to that ring you'll be prepared with all the skills you need, the adrenalin will be pumping and we'll be there to support you." After hearing this speech, I am, now, nervous! Oh did I mention that there is room for a quite significant amount of people to come along and witness fight night?

Now I'm a big fan of a challenge, whether it be mental, physical or even charitable, so when the email notifying me that applications were being accepted to participate in this 'battle' I couldn't fill the form in fast enough, I'm well and truly ready for a new challenge and what better than an accumulation of all three. The mental box is definitely ticked, most people think I must be a little unhinged to have signed up. Each participant has to commit to a grueling 10 week training schedule - physical challenge, tick. We're all raising funds for the local Mind Jersey charity, a great cause - charitable challenge, tick.

Of course all of this sounds fabulous, in theory, the chance to train with professionals with years of experience behind them, with 21 other folks with little or no experience, and then finally step in to a ring for the 'bout'... Well we've not started training yet so that remains to be seen. The 10 weeks of three one hour long sessions a week, accompanied by nutritional advice and attending regular bootcamp sessions starts on April 14th, which means I've still got a few weeks to continue to wake up in a cold sweat and also to drink copious amounts of wine, for medicinal nerve calming purposes of course!

I've decided to blog about my experience and have taken inspiration from the fantastic film featuring Hillary Swank, and am naming it the Million Dollar Jelly Baby, but of course, I'm aiming for a happier ending, those who've watched the film will know what I mean. So keep an eye out for the next instalment, one woman's journey in to the unknown, I mean what's the worst that can happen...



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## Tee off, pain free!

**WORDS** Laura Besnard  
Augré Physiotherapy

Despite its name, tennis elbow is actually a common golfing injury. The musculoskeletal condition is usually caused by overusing the muscles attached to your elbow which you use to straighten your wrist. If the muscles and tendons are strained, tiny tears and swelling develops near the bony lump (the lateral epicondyle) on the outside of your elbow.

You're most likely to notice pain when lifting or bending your arm, using a pen, turning door handles or opening a jar and you might find it difficult to fully extend your forearm. Tennis elbow affects many athletes and people who's leisure or work activities involve repetitive arm, elbow and wrist movement. Golfers need to rotate their hips, trunk, and shoulders to swing, inadequate flexibility or strength in any part can put additional force through the forearm when striking the ball.

Right handed golfers often get a left "tennis elbow" or lateral elbow pain. The condition can last up to two years and at Augré Physiotherapy we often see severe and persistent cases. After making sure the area is rested, we help reduce the pain and swelling either by strapping it, applying ultrasound or acupuncture. We offer a targeted strengthening programme to increase your range of motion. We use massage and manipulation to relieve pain and stiffness and encourage blood flow to your arm. Our aim is always to get you back on that golf course as quickly as possible!

But it's important not to ignore the underlying cause, which could be a lack of strength in the lower scapula muscles or wrist. Warming up is key to helping prevent injury and here are a few exercises you can do at home to help strengthen your wrists and increase your flexibility:

- Hold your arm with the elbow straight and the palm facing up. Grasp your fingers and

stretch the wrist backwards, until you can feel a stretch on the inside of the forearm. Hold for 15 seconds and repeat three to five times.

- Push down on the back of your hand until you can feel a stretch in the muscles on the outside of your forearm. Hold for 15 seconds and repeat three to five times.

- Using a light weight, like a can of soup - hold the weight in your hand with your palm facing down. Extend your wrist upwards so that it is pulled back. Hold your position for two seconds then lower slowly. This will strengthen your wrist extensor muscles.

- Hold the weight in your hand with your palm up, pull your wrist up, hold for two seconds then lower slowly. This will strengthen your wrist flexor muscles.

- Hold the weight in your hand with your thumb pointing up. Move your wrist up and down as though you are hammering a nail.

- Hold the weight in your hand with the thumb pointing down. Turn the wrist inwards as far as possible then outwards as far as possible. Hold for two seconds and repeat as much as the pain will allow. This exercise will strengthen the muscles that twist your wrist (the pronator and supinator muscles).

**You can find out more about our friendly bespoke individual physiotherapy service by calling 280010.**



## THESE BOOTS WERE MADE FOR WALKING

The Collas Crill Island Walk registration is now open. Rotary de la Manche's round the Island walk is now in its 23rd year and Collas Crill has picked up the baton to continue the great tradition of what has become one of the Island's largest fund raising events. The 2014 walk starts at 3am on Saturday 21st June from Elizabeth Terminal at the Harbour and hugs the entire coastline of Jersey - a total of 48.1 miles passing along Jersey's beautiful coastline, sandy beaches, dramatic cliffs and stunning countryside.

**If you want to join in the fun and the challenge, register online at [www.ccislandwalk.com](http://www.ccislandwalk.com).**



## YOUR NEW COMMUTE?

We've recently spotted these brilliant hybrid bikes about the place. They are ideal for life on Jersey as some of the hills around us are a tad killer, so you simply switch on the bike's engine and let it help you up the tough hills! What a genius invention. To view the full collection visit [www.wearea2b.com](http://www.wearea2b.com).

**For more information and to arrange a test ride contact A2B C.I. Electric Bikes by email on [jeremy.lerossignol@gmail.com](mailto:jeremy.lerossignol@gmail.com) or pop and see them at the Boat Show. Prices from £999.**

# HARDWARE



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# TOOLS OF THE TRADE

## **So, tell us a little about Paint Medic...**

Paint Medic is a hub of up-to-the-minute technology and SMART repair techniques – from colour coding to scratches and scuffs, to paint chips and alloy wheel repairs, we're a convenient, mobile, speedy and environmentally safe solution to cosmetic vehicle overhaul.

## **What did you do prior to starting this business?**

I was a sales and design consultant for a bathroom and kitchen showroom.

## **How do you differ from the standard body shop?**

There's no need to file an insurance claim, customers can keep their no claims bonus intact whilst avoiding a higher premium, which of course cuts down on costs! All in all, Paint Medic's prices are generally lower than your excess.

'There's no waiting around for a quote. We're all about convenience and we'll even come to your door, or you can drop your car off on your way to work and pick it up when you're done'.

## **What you wanted from this business?**

I wanted to do something that I've always been interested in and in this case, that's the visual aspect of cars. I was stuck in a job I didn't enjoy and when I got to the age of 35, I decided to follow my dreams. Paint Medic has given me a second lease of life; I learn something new every day. I'm passionate about the personal aspect of my business. It's just me, one on one with the customers.

## **What inspired you to get this venture off the ground?**

After looking into the SMART process (Small to Medium Area Repair Technique) and joining several online forums, I started chatting to people in the field. I then signed up to a work placement in Cornwall with CarDoc, which proved an invaluable experience. After joining a course in Portsmouth, which granted me the title of a fully fledged IMI Approved Technician, I had both the skills and the passion to pursue this venture. Once back in Jersey, I put my all into launching Paint Medic.

## **Any life lessons learnt that have helped you to succeed?**

Patience and planning leads to success.

## **The hardest challenge you've had to conquer since starting up Paint Medic?**

The weather!! It was relentless at the start of the year and rained for two months non stop. I had to find a solution that would allow me to continue the cosmetic repair service regardless of the constant stream of showers – a garage. I have a short-term lease at the moment but hope to find a more permanent fixture in the future.

## **Your future plans?**

I want to keep it small and intend to stay that way – a business that offers a personal touch. I always offer unbeatable customer service and I'm constantly on the look out for new and exciting products and services to bring to the company, I'll hopefully even get someone else on board. I'm not going to say too much...so just watch this space!

## **What advice do you have for those wishing to become entrepreneurs themselves?**

Give it lots of thought, choose something you enjoy and go with it. I felt I was missing out with a 9-5 job so decided to follow my dreams instead. I now offer a full set of repair solutions to car owners, trade and fleet managers and dealerships, and I'm doing something I love!

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## JAMES HILTON

### PAINT MEDIC

*(Mobile Vehicle Cosmetic Repair Specialists)*

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**SCHOOL**  
**CAR**  
**NOVEL**  
**MUSIC**  
**FILM**  
**GADGET**

Jersey, Channel Islands  
De La Salle College  
The Paint Medic Van, a VW T5  
Aravind Adiga's *The White Tiger*  
Easy going, anything goes  
Stepbrothers, it gets me every time!  
iPhone, although I don't always  
utilise it as well as I should

**LAST HOLIDAY**  
**ENJOYS**

New York  
My job!



# GIVEAWAY GADGETS

WORDS TAYLOR JONES

The word "bargain" has somewhat lost its meaning of late. With constant sales on the high street and competitive prices online, it's no longer a surprise to find expensive items at Thai-market prices.

In a world where we can find Gucci, or the nearest passable Guchi imitation, for a fraction of the original retail price, we have to question where the price cutting will stop, and whether these companies can really be turning over a profit. Technology is arguably the market where this

competition has had the most effect, with knockoff and secondhand products simply a click away online, and on every other street vendor's stool wherever you walk, just as long as you don't mind the unshakable smell of chip grease every time you put it to your ear. However, here at Gallery, we know

our audience aren't after the good deals. You're after the exceptional ones. The prices that make you truly question the company's business strategy. Those that the shops or sites may as well be giving away (I had to get it in there somehow).

This month is a celebration of those gadgets that, whilst not big, fancy, or in some cases even electronic, won't break the bank. In fact, they'll barely even put a dent in your wallet.



## YE!! ENERGY BAR BPS66

We've all been there. You're all prepared for the long journey ahead, whether it be by plane, train or automobile, everything is charged, you're ready to blast Katy Perry at full volume guilt-free on the road or through the very, very noise-cancelling headphones. However, in a moment of shock, horror and extreme self-loathing, you realize that you forgot to charge the iPod. Dreams of listening to Harry Nilsson whilst driving through country hills are quickly shattered, and all hope of a fun journey is lost. You tell the family the trip is cancelled and unpack the suitcases, until you stumble across the Ye!! Energy Bar BPS66. Of course! How could you have forgotten? You planned for this eventuality. The Energy Bar BPS66 is a mobile charger, using a an Li-ion battery to charge your devices for up to nine hours.

There are tears of joy, hugs all round and an emotional repacking of the suitcases, and finally the trip can begin, all thanks to the Energy Bar. Now it's only a 6 hour drive ahead, just you, the road, your carefully selected driving playlist and finally, the kids. With prices starting from only £42, you don't even have to fork out the ridiculous amount of money these thing usually cost, which means you can bribe the family to be quiet with the extra money saved whilst you blast through your guilty pleasures list.



## NOOK SIMPLE TOUCH GLOW LIGHT

If the Kindle revolutionized the affordable e-reader market, Nook, the Barnes and Noble competition, have perfected it. Unlike the original Kindle, the Nook comes with a backlit page, making it possible to read in the dark without a blinding bedside lamp (does anybody else feel Amazon initially missed out with that one?). The Nook, although not the most well known, still boasts the better value for money, the original Nook Glowlight now costing only £49.00, compared to the £69.00 of the original Kindle. The Nook's finest victory over the Kindle has to be their dedication to the e-reader name. Unlike the Kindle Fire, Barnes and Noble have chosen to keep only a small number of features other than the ability to read and download books, rather than making it more difficult to find the clear iBook application rip-off than to start a game of Angry Birds on an unsuccessful attempt to break the tablet market.

### INCIPIO STOWAWAY IPHONE CASES

A wise young Hobbit once said “it’s a dangerous business, Frodo, walking out your front door”. He could not have been more right. These days, whether it be a night out or simply a trip to the co-op, it seems things go missing everywhere we go. It happens to all of us, the dreaded panic of looking for an ID the morning after that you know quite well you left in your lift. It’s the fact there are too many things, there’s too much clutter in your pockets. Who can be trusted with a wallet, a phone AND keys. No one deserves that much responsibility. However, Incipio have ingeniously come up with a solution to our problems. Reduce the clutter by putting everything together. That’s right, now there’s no way your possessions can be separated without your knowing in mysterious, extremely forgettable places. The handy storage on the Stowaway Cases means that you can keep up to three cards, including an ID, in the back of your phone, perfect for those who feel weighed down by the immensity of their bulging wallet.

This product does raise the question, however, of what would happen if you dropped the phone. This really creates an all or nothing situation with your most important possessions, and personally I’d rather just take the risk and use the traditional, evenly spread method, due to the inevitable constant checking to see if the phone is still there from paranoia. At just £8.00 though, it seems rude not to try it at least once.

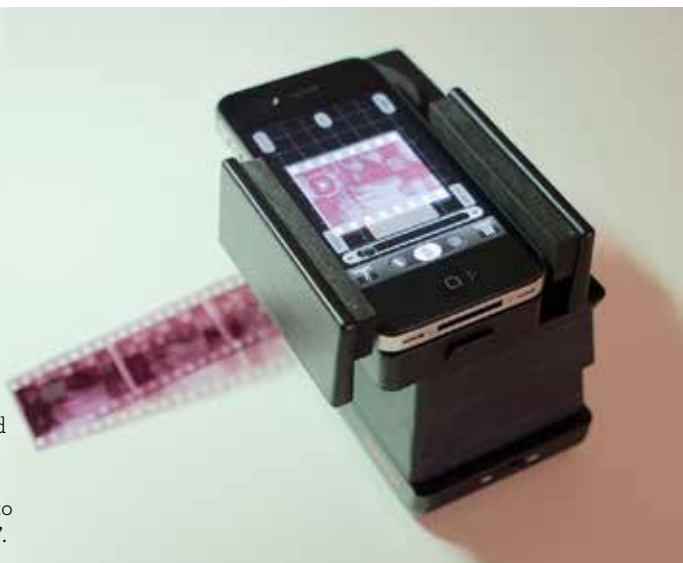


### FAIRGROUND CANDY GRABBER

Some would argue that this is the greatest gadget of all time. With a reminiscent feel harking back to childhood memories of “the claw”, this perfectly crafted sweet dispenser is the perfect way to end a section on Giving. Starting at only £20.00, this ideal gift is not only a giveaway, but a giving gadget by its very definition. As long as you’re willing to provide the sweets for the game, there are endless hours of fun to be had with this machine. This thing is also perfect for those who suffered torment at the hands of the toy-grabbing machines that taunted us from the corner of every arcade and games room. Justice is finally served, as you can never lose, and it also provides perfect practice so that you can go out there and hook yourself the coveted iPod in every game.

### LOMOGRAPHY SMARTPHONE FILM SCANNER

Hipsters everywhere will shed silent tears of joy at the sight of this machine, and anyone with common sense, an old camera and a wallet that’s a bit too thin will join them. Since the dawn of the digital camera, picture film has become predominantly linked to festival-bound disposables and man draws. However, with the digital age being relatively young, it is generally true that the best childhood memories of the mid-to-late teen population were captured on film. However, that same mid-to-late teen population are now obsessed with the new phase of #TBT (Throwback Thursday), using their smartphones to upload pictures of themselves as children. But alas, those perfect memories can’t be transferred to our phones, no matter how smart they become. Or so we thought. Lomography have heard the cries of the desperate adolescent mob, and they have answered with the inventively titled Smartphone Film Scanner, allowing you to simply run the film through the smart, mobile machine straight onto your phone. No more will depressed, morose teenagers wonder the streets thanks to the torment from only being able to upload a pre-teen “throwback”.





# PHONE HOME

## FAST, SHARP & HEALTHY!

Healthy is not a word ordinarily associated with mobile handsets but it's certainly something that the new Samsung Galaxy S5 is aiming to be with its array of fitness functions that will keep nagging you until you go for that run!

With an in-built heart rate sensor, the S Health app guides you through your daily fitness routines (if you have any) and provides easy connectivity to Samsung Gear smart watches. The S5 isn't just the phone in your pocket, instead, it's the lifestyle guru you've always wanted!!

Whether or not keeping fit is high on your priority list, the S5 is designed to be far more than a phone. Samsung has worked hard to create a mobile that will become part of your life and not just a gadget in your pocket.

Fast...the S5 is fast! It's designed to speed up your online world. The Download Booster speeds up downloading by using both the Wi-Fi and 4G/LTE networks simultaneously, massively reducing the time you wait to receive files. It also has two Wi-Fi antennas to double your connections speeds when on the Net.

Sharp? Well, the guys at Samsung are clearly very sharp to have come up with the S5 in the first place. It's an Android phone that

takes the game to Apple and will rival, even surpass, the iPhone in a variety of ways.

In this case, sharp refers to the box of tricks that is the 16 megapixel camera. Using Fast Auto Focus and HDR (rich tones) your images are captured with startling crispness and if you're not entirely happy with the final result, you can play with the photos using selective focus to get just the focal point you were looking for.

Add to that the fact that the S5 is water and dust resistant and you quickly realise that this is a device that you'll have with you wherever you go.

The S5 isn't just for your lifestyle, it has the power to style your life!

*The Samsung Galaxy S5 is launched on 11th April. Customers can join the pre-order list by popping into the Sure store. The Price will be £539 for the handset only, or from £49 on selected Smart plans.*



## NEW LG G FLEX - A PHONE THAT'S CURVING THE WAY IN INNOVATION...

The 6" LG G Flex features a unique flexible design and is one of only two curved handsets out on the market right now. Its innovative shape brings the mic closer to your mouth, boosting speaker volume and making calls clearer than ever. The G Flex offers an immersive viewing experience and even features a self-healing back cover to deal with minor scratches, after all our phones go through a lot each day. Check out YouTube to see lots of videos of this Android Smartphone being put to the test and delivering.

In addition to these quirky features, the LG G Flex ticks just about every box for what you'd want in a powerful new Smartphone. Its fast, comes with a massive screen, has a 13MP camera and 32GB to store the memories you capture.

LG predict that by 2018 the market for curved displays will grow to \$2.5 billion! If that's the case then we're witnessing the beginning of something big.

*Get yours with NEW JT Pay Monthly for just £78 upfront, then £28.99 per month with 10,000 minutes included. Visit us in store today and get your hands on this exciting new Smartphone.*



## A TV IN YOUR HAND AND A BAND ON YOUR WRIST

*Jersey's own superstar DJ - and Airtel-Vodafone Brand Ambassador - Hannah Jacques reviews the Sony Xperia Z2.*

Sony have brought out a smartphone and tablet in one go. The Xperia Z2 smartphone is their latest flagship, while the tablet has a lot going for it too.

They're slightly bigger, a bit faster, really nice looking, and amazing to watch. The same technology that Sony use in their TVs is in the Z2's 5.2" screen, which means that the sound and image quality is superb. The Z2's camera and camcorder are also great quality, making it a great bit of kit for filming and playback.

What I really like is the accessories. The new Sony smartband, worn around the wrist, tracks everything you do and feeds the information back to the Z2. That info can be how far you've run, how long you've been driving, how much sleep you've had etc. Because it gets to know you, the phone will then - for example - wake you up at the time that's right for you. You know, phones are becoming more like personal assistants. And I like this one.



## WHAT WILL YOUR PHONE DO TOMORROW?

*Airtel-Vodafone's CEO Ian Campbell looks into the future of mobile technology that could soon be seen in St Helier*



The Mobile World Conference is a chance to glimpse the near future. At such a big event there's a lot going on with the industry's leading firms unveiling their latest products and others revealing cutting-edge technological advancements. I've got back with a few ideas about what will make it big in Jersey. I think Islanders will be...

### ...GETTING HELP FOR THEIR HEALTH AND FITNESS

People are going to use smart wristwear, linked to their smartphone, to measure what they're doing day and night. I know that I walked 6.39km in 8363 steps (and didn't burn nearly enough calories) on the conference's first day because I was wearing a Fitbit wearable. It also tracked my sleep quality and woke me next morning. Wearables always have a health and fitness element, but some track your 'lifestyles', meaning that the amount of information captured by your phone could be enormous.



What it will do with it remains to be seen, but we are going to be stocking them in our store soon. Over the next year we'll start to see how they fit into lives of Islanders, and which services really capture people's imagination.

### ...DITCHING THE KINDLE

Have you got annoyed by having to carry a Kindle and a mobile? Well, the problem's been solved by making it easier to read on your smartphone.



One handset that we thought was interesting was the Yotaphone which has two screens – one on the front and other on the back. The front screen is like any normal touch screen phone, but the back screen is a black and white Kindle-style screen, perfect for reading books and documents. The looks, performance and weight were great, and having a screen both sides may have other uses. Maybe this will mean Islanders who like to read will soon be able to do it properly on their phone.

### ...GETTING OFFERS BASED ON THEIR LOCATION

With your smartphone knowing where you are, and what you like, location-based services are going to become bigger and smarter. Those services make it easier for businesses to look after you as a customer.

Restaurants, clubs, bars and shops will contact your mobile not only because they know you've been before, but also because they know you're near and might like to pop in for their special offer. Games are being developed which involve your location as part of the game play and, more practically, if you're looking for a company's offices you'll get turn-by-turn navigation and if – say – an ambulance is trying to find you, it'll make it much easier.

### ...STILL GETTING THEIR MOBILES WET, BUT IT WON'T MATTER

About 60% of the phones that are returned to Airtel-Vodafone have water damage. Whether they've been dropped in a pint or drowned in a shower, water damage accounts for most returns so it's nice that many of the latest phones are waterproof. It won't stop people doing things that get them wet but at least the phone will survive.

### ...LESS LIKELY TO LOSE THEIR KEYS

We liked Nokia's Smart Tags, which mean that your Nokia phone knows where you've left your keys.



## Beyond Computers Gadget of the month



### Samsung Curved LED TV

The Samsung H8000 Curved 3D LED gives you an amazing viewing angles and excellent 3D effects. The H8000 has the Ultimate Micro dimming technology that makes what's on screen great, you have the advantage of better contrast intra-image and the ability to erase the traces of clouding for the whole screens not just parts of the screen. It also has the 1000Hz CMR which is great for reducing the motion blur normally associated with LED screens.

The H8000 Series has a quad-core processor, promising app start-up and browsing capabilities. This extra power will also be put to use in Samsung's voice and motion control system, which is back again with the updated version. The voice recognition system should now be able to understand full sentences spoken naturally, rather than just simple orders. An original "S-Recommendation" function is also in-built, which recommends TV shows you might like based on your own tastes and interests!

**UE48H8000 48" £1399.99**

**UE55H8000 55" £1899.99**

**UE65H8000 65" £2899.99**



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# Aiming for the core of Apple with 'Think different' campaign

The Channel Islands' most progressive marketing communications agency, Oi, has sent an imaginative direct mail piece to the Board of Apple encouraging them to run another 'Think different' advertising campaign.

Many people will remember Apple's 1997 'Think different' advertising campaign, especially the 'Crazy Ones', which were one-minute television commercials featuring black-and-white footage of seventeen iconic 20th century personalities - Albert Einstein, Bob Dylan, Martin Luther King, Jr., Richard Branson, John Lennon (with Yoko Ono), Buckminster Fuller, Thomas Edison, Muhammad Ali, Ted Turner, Maria Callas, Mahatma Gandhi, Amelia Earhart, Alfred Hitchcock, Martha Graham, Jim Henson (with Kermit the Frog), Frank Lloyd Wright and Pablo Picasso.

Another early example of Apple's 'Think different' advertising was in 1998, months before taking the colours out of the logo, where a commercial aired with a snail carrying an Intel Pentium II chip on its back moving slowly, as the Power Macintosh G3 claimed that it was twice as fast as Intel's Pentium II Processor.

The team at Oi felt Apple needed to bring back a strong brand positioning campaign, so decided to create a direct mail piece to send to the Board of Apple - to see if they would take note. They sourced 8 of the original RAM chips used in the Apple I computer, then instructed a specialist company to produce large, square glass paper weights - each with one of the chips suspended inside. The agency had the Apple logo engraved on it with the words 'Think different' below.



The Oi team, headed by Senior Creative James Carter and including Managing Director Peter Grange (pictured above), then designed a white, matt laminated box packaging (the same as Apple packaging) with the Apple logo embossed in silver and the words 'iRemember' below. This housed the glass paperweight and went inside a white padded package. Labels were attached with the names and addresses of Apple's Board including CEO Tim Cook, President of Design Sir Jonathan Ive, AI Gore Chairman of the Board as well as the Marketing Director.

'We have a strong view on this and wanted to see if we could share our thoughts using a smart thinking direct marketing campaign,' said Peter Grange, Oi Managing Director.

The leaflet inside the packaging, designed to mirror the current Apple welcome/ instruction guides is personalised for each team member. The message to Tim Cook reads as follows...

iRemember 1997. The square pegs. The round holes. Apple's first 'Think different' advertising campaign was bold, brave and

empowered people. It was a masterpiece in showing how challenger brands should behave. It changed everything.

Design is beautiful but we believe people who now buy Apple products also love how you think differently to other technology companies to provide a unique, interconnected-digital-ecosystem. A creative, beautifully designed, innovative eco-system that provides people with endless possibilities and opportunities.

Your marketing campaigns have become very product focused and we believe it is time for another great Apple brand positioning campaign. A campaign that reinforces your founding philosophy and helps you move away from the ongoing marketing battles with competitors over design, price and patent activity. We believe it is time to tell the world about the core of Apple.

The 'Think different' advertising campaign idea could show the world why Apple really is different and use your URL [thinkdifferent.com](http://thinkdifferent.com) to reinforce how with Apple you can have a more fulfilling life. You can embrace it, change it, improve it, make your mark upon it. Once you experience an Apple, you'll never be the same again.

The copy ends with a call to action.

Oi recently sent out the direct mail items by recorded delivery.

'Hopefully our thinking will get to the influencers and decision makers at Apple. Maybe they'll take note. Maybe they won't. Time will tell. It's been fun working on the mini-campaign. And if people are reading this then we've got some good PR in doing so,' added Mr Grange.

Need help with a direct marketing or advertising campaign, contact Oi in Jersey on 01534 888186 or Guernsey on 01481 716606.







## GET ON YOUR (CLANDESTINE) DANCING SHOES

WORDS Liam Mitchell

**EVERYONE WEARS A UNIFORM TO WORK. TO WHAT DEGREE VARIES BETWEEN JOBS, BUT WE ALL DRESS IN A CERTAIN WAY DEFINED BY A CERTAIN SET STANDARD OF APPEARANCE.**

When we go out partying at the weekend we hang up our work uniform and don a smart shirt and shoes or a smart dress and heels so as to accord with the dress codes of St Helier's nightlife establishments. The bouncers on the door judge us at a glance and dictate whether we're admitted or denied admission based on whether our attire conforms to- or diverges from- an ostensibly fixed and indisputable criteria of appropriate garb. These dress codes are imposed upon us, and while individually we might look flash and debonair in our glad rags, the disconcerting truth of the matter is that, by necessity, we all look more or less the same.

Entry policies of this type are fundamentally flawed in that they are completely illogical. Let's consider two feasible explanations for the rigidly enforced uniform rules of our weekend exploits: the dress code I reluctantly term 'smart casual' could be perceived as a display of affluence and success, an indication of the depth of one's pockets, and it could also demonstrate class and fashion-consciousness, a visual manifestation of pride and self-worth.

However, the farce of this system and the falsehood of my hypotheses become clear when we consider that wearing the latest Air Max colourway or a pair of Doc Martins

(two examples I've seen questioned by door staff firsthand) would have you rejected, while scruffy loafers from Shoefayre would get the nod, totally irrespective of which footwear costs more or which portrays more evidently a sense of style and suaveness. I appreciate the clichés that trainers bespeak riffraff and Docs are worn exclusively by anarchic punks, but I'm not even claiming that the bouncers are making the wrong decisions on which patrons to admit. My scruple is with the very existence of these rules, these judgements not of smartness but of conformity.

“ I appreciate the clichés that trainers bespeak riffraff and Docs are worn exclusively by anarchic punks, but I'm not even claiming that the bouncers are making the wrong decisions on which patrons to admit. My scruple is with the very existence of these rules, these judgements not of smartness but of conformity. ”

I wish to present this argument in broader terms than merely door staff and entry policies. Dress codes breed a social culture of aesthetic judgement that celebrates homogeneity and condemns individual expression. Far from being the start and end of a night's judgement, the procedure established on the door sets a benchmark inside for everyone who passes the assessment. As long as we're not bothering anyone else, we should be entitled to dress, dance and behave however we wish on a

night out without fear of judgement from condescending onlookers. We should feel completely free to break from the rigid rules and prejudices that govern our everyday lives.

Instead, we simply shift from one duty to another as, adorned in matching costumes, we meet every Saturday night to perform a well-rehearsed ritual of inebriated recklessness with each other as our audience. This performative motive behind partying and getting wasted contradicts the essential distinction between work and play. Partying and getting wasted is supposed to be a celebration of individuality, a cathartic unshackling of the rules and restrictions of everyday life, an opportunity to wear what you like, go where you like, drink what

you like, get as messed up as you like, but do all these things for your sake and your sake alone. Perhaps I'm missing something, but dressing to conform and putting on a performance of debauchery to appear like you're having fun strikes me as no more free and gratifying than putting on a uniform to go and obey rules every day at work. Generally speaking, you wouldn't do that for free.

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# ROCK OUT WITH YOUR **BLKOUT**

Local dance music promoters Chaka have been serving up top drum & bass lineups in Jersey's clubs since 2010, and last year saw them launch the very first BLKOUT extravaganza at Fort Regent. Harking back to the good old days when Fort Regent raves were a regular highlight of the nightlife calendar, last Easter's event was an unqualified success, its 2,000 tickets sold out well in advance, introducing Fort Regent to a whole new generation of clubbers who turned out en masse for A-list acts including DJ Fresh, Mistajam, Shy FX and Jakwob. You could be forgiven for thinking that organiser Lyle De La Cloche would have his work cut out to equal the scope of their 2013 event, but if anything, the scale is even greater than before.

BLKOUT 2014 takes place at Fort Regent on Saturday 19th April, and the stops have been very much pulled out. A mammoth line up is topped by arguably electronic music's biggest crossover success of the last decade, drum & bass DJ duo Chase & Status who – with two live appearances on the Jersey Live Main Stage (one of those, in 2012, as headliners) – know the Jersey crowd well. So far this year they've been confirmed as headliners of the Snowbombing, Lovebox and Boardmasters festivals, demonstrating that their appeal shows no sign of waning. Pharrell Williams called them "the most exciting producers in the UK today", Rihanna hails them as the "backbone" of her 'Rated R' album, whilst the likes of Jay Z and Snoop Dogg have joined d&b and dubstep royalty such as Andy C, Pendulum and Skream in signing their praises. They come to BLKOUT in April as an act that have succeeded in branching out from their original drum and bass roots to make a mark in the worlds of Hip Hop and R&B, selling a ton of records to boot.

Aside from the main headliners, they've hardly scrimped on the support bill either; Radio One DJ and Shy FX protégé B.Traits brings her own brand of old school house, jungle and d&b to the table, and Ram Records star Wilkinson (who some may remember as the headliner of the BLKOUT 2013 launch party) returns to Jersey on the back of his first Top 10 single, the October hit 'Afterglow.' Add to that Sigma, one of the most revered duos in drum & bass, and you have yourself a lineup. A whole host of local DJs will be along for the party, including Nightshift, Terminal State, JE3, Schema, Rocksteady DJs and more performing across three rooms, meaning that the cream of Jersey's bass music talent will be on show.

Line up aside though, perhaps the biggest piece of news is the fact that the event has been granted a 4am license extension. Seasoned ravers will have fond memories of late night dance music events at the Fort, but it's been some time since an event was last granted a late license, meaning that for a whole new generation, BLKOUT 2014 represents a first. Considering the very public debates recently around the subject of nightclub opening hours, the decision to extend BLKOUT's license seems a timely one. We chatted to organiser Lyle to find out more...

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How did you persuade the Bailiff's panel to give you a 4am license extension? It's something we've wanted the chance to be able to try over here for a long time. It's a chance for everyone over here to prove ourselves this year, that we can enjoy a night that rivals what is on offer in the UK without causing any trouble, and I know that is the case. We've had to put some extra measures in place to make sure that everyone can enjoy themselves in the safest environment possible.

Do you think this could mark the start of events being given late licenses on a regular basis? I don't think it will ever be a regular thing in Jersey but for special events in the right location anything is possible.

Aside from the music, what can people expect from BLKOUT? Our stage production on the night is going to be on a different level for Jersey. I don't want to give too much away but we've spent a lot of time and spared no expense on our production this year; we're working on some different things such as 3D mapping, which will blow people away when they see it. We've also got two support rooms this year with a 'Jersey vs Guernsey Soundclash' in The Lock Up and a really special 'Rum and Reggae' themed space for when people need to chill out a bit!

There were some issues with the lack of bars last year. How are you aiming to remedy that problem? We have completely overhauled the bar system this year and have been working tirelessly over the last six months to ensure that everything runs as smoothly as possible. We've got a huge full-length bar along the back of the main room as well as bars stationed around the Fort. Trust me when I say that nobody will be going thirsty this year!

The 2014 event seems to be even more ambitious than 2013 - how might you try and top it in 2015? A BLKOUT festival perhaps? 2015 seems like such a long time away but we're already looking towards next year and have some very interesting plans in motion at the moment. A festival does sound good though doesn't it?!

**BLKOUT TAKES PLACE AT FORT REGENT ON SATURDAY 19TH APRIL, 8PM – 4AM.  
TICKETS ARE £32.50 FROM THE FORT REGENT BOX OFFICE.  
VISIT [FACEBOOK.COM/BLKOUT.JSY](https://www.facebook.com/blkout.jsy) FOR MORE INFORMATION**

## APRIL MUSIC & NIGHTLIFE: SIX OF THE BEST

British Summer Time is officially here. The party starts now (again)...



### JOE DRISCOLL & SEKOU KOUYATE (LIVE)

The Phonetic Freefall nights at the Splash have offered up some of the most interesting – not to mention eclectic – lineups seen in Jersey in recent years, with twisted hip hop, dub, afrobeat and roots artists such as Dub FX, Mr Thing, Sound of Rum and Akala just some of their previous guests. They continue their mission to inject some welcome diversity into the local music scene with the return of New York loop-pedal experimentalist Joe Driscoll (a man Cee-Lo Green called ‘the gangtsa with an iron lung’) performing alongside Guinean musician Sekou Kouyate, described recently by The Guardian as a ‘kora genius’ – indeed he is known as the ‘Jimi Hendrix of the kora’ in France. Support comes from local favourites Benny the Moth and The Smooth Hounds.

**The Watersplash, Saturday 5th April, 10pm – 2am / Tickets £10 from White Label Records & The Watersplash, £5 OTD**



### ALL MOD CONS

With its former home of Rojos in Bond Street now sadly gone, indie DJ Stephen Orr's All Mod Cons night has just the one outing this month, at the Havana, so make your most of the opportunity to go bonkers to the likes of The Libertines, Arctic Monkeys, Kasabian, The Kinks et al. If good old rock n' roll is your thing, you won't go far wrong at All Mod Cons. Keep up with future gigs at Facebook.com/AllModConsJersey, and get yourself along to All Mod Cons at the Chili Bar on the first Saturday of every month.

**Chili Bar, Havana, Saturday 5th April, 10.30pm – 2am / Free Entry**



### ASYLUM PRESENTS... BARRINGTONE (LIVE)

Live music promoters Asylum have a thoroughly decent track record of regularly giving Jersey audiences the chance to hear music from Jersey and beyond that's both challenging and fun, cerebral yet visceral, and they're back again in April with a corking line up featuring prog-metallars Falenizza Horsepower, Esther Rose Parkes, the returning former Velofax frontman (and now Berlin resident, so catch him while you can) Chris Wackrow, and a stonking great headliner in the shape of experimental guitar pop trio Barringtone. Formed by former Clor frontman Barry Dobbin, Barringtone's frenetic, rhythmically spasmodic brand of sonic tunesmithery has seen them draw comparisons with the likes of Todd Rundgren and Frank Zappa and attract a devoted cult following on the London circuit. With stalwarts of the local indie scene Mr. Livingstone and Carlo Zen on DJing duties, this one's got all the ingredients of a righteous belter of an evening.

**Hotel de Normandie, Saturday 19th April, 8pm – 2am / Tickets £10 from White Label Records, £12 OTD**

### BLKOUT

The BLKOUT dance music extravaganza returns to Fort Regent on Easter Saturday following last year's inaugural sold-out 2,000-capacity event, and they've pulled out the stops to make it even bigger in 2014. The bill is topped by former Jersey Live headliners, drum & bass A-listers Chase & Status, and the main arena line up also features d&b stars Wilkinson, Sigma and Shy FX protégé B.Traits. BLKOUT boasts three rooms in total; in addition to the main arena, there's the 'Lock Up' room featuring a whole host of Guernsey and Jersey DJs including Schema, Sean Madden and Rocksteady DJs, and a 'Rum and Reggae' room featuring, well, rum and reggae. This is sure to be one of the biggest nights of the year for local dance music fans, especially as the organisers have managed to acquire a 4am license extension for the event. Good thing you won't be in work until Tuesday...

**Fort Regent, Saturday 19th April, 8pm – 4am / Tickets £32.50 from Fort Regent Box Office**



### TRIPLESTOKED PRESENTS... YES SIR BOSS + THE RECKS (LIVE)

Roots, reggae and folk specialists Stoked Sounds return with their annual 'Triplestoked' series of shows this month and at the start of May, each taking place in both the Watersplash and Guernsey's Fermaine Tavern. The run of gigs kicks off on Easter weekend with Sark-based psych-folk collective The Recks supporting rabble-rousing 'Balkan blues' band Yes Sir Boss. The Bristol-based five-piece have collaborated with Joss Stone, on whose 'Soul Sessions 2' tour the band appeared, and their fusion of horn led hooks, epic riffs and seductively expressive vocals makes them the perfect band to kick off Triplestoked.

**The Watersplash, Saturday 19th April Tickets £10 from Mad Hatter Surf Shop & Airtel-Vodafone, £15 OTD**

### TRIPLESTOKED PRESENTS... BROTHER & BONES + FRANKIE DAVIES

The series continues the following weekend with epic, soulful folk from on-the-cusp-of-something-big Brother & Bones, who come with a seal of approval from none other than Ben Howard. Based in London but featuring two Cornish members, similarities with the likes of fellow South Westerners Howard and Newton Faulkner are clearly present in their music, and the band look a decent bet to hit similar heights to both of them. A recent European tour kicked off in February at the historic, 1,100-capacity Scala venue and they have a US tour planned for later in the year, so this could be your last chance to check them in a relatively small venue before they go stellar. Support comes from Frankie Davies, and the Triplestoked series concludes on May 3rd with a show at the Watersplash headlined by The Hoosiers.

**The Watersplash, Saturday 26th April Tickets £10 from Mad Hatter Surf Shop & Airtel-Vodafone, £15 OTD**





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*adjective*

- not making or accompanied by any sound

**DISCO** |diskō|  
*noun (pl. discos)*

- a club or party at which people dance to pop music







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*noun (pl. discos)*

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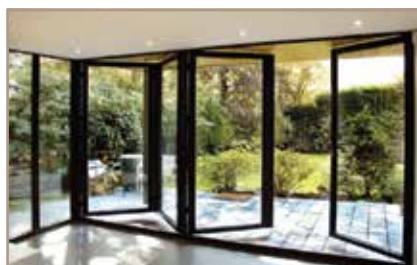
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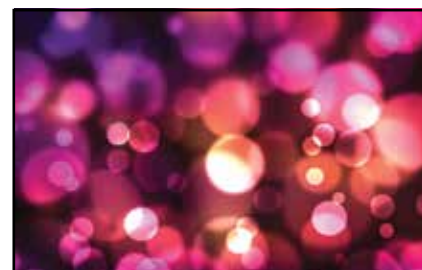
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Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

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