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104
the **Passion** issue



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Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

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#104 [PASSION]



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edito

Whilst our publisher is currently roaming the southern hemisphere indulging his passion for travelling, the rest of the team have been rekindling our passion for creating magazines in time for this, the first edition for 2014.

Like it or lump it, there's a day smack-bang in the middle of this month that is widely and commonly devoted to devoting time to that one special person you love (or people, if your religion and/or social circles allow), and that's what our *passion* issue is all about.

We explore the fine line between passion and obsession on *pages 12 & 13*, dip our toes (if that's your thing) into the world of alternative dating on *pages 14 & 15* and have compiled a handy list of Hollywood Dos and Don'ts across *pages 48 & 49* for those of you thinking about avoiding the hype by staying in and snuggling up in front of a film this Valentine's day. That's Friday 14th by the way - don't say we didn't warn you.

If you're stuck for gift ideas for the lady in your life and are feeling brave check out our fashion shoot starting on *page 56* (don't forget to keep the receipt) or play it safer by perusing the Beauty & Wellbeing (from *page 65*) and Gadgets spread on page 110.

Those of you with a date lined up for the 14th, be it a first time or with an old flame, you can't go too far wrong taking inspiration from our guide to *dinner over diamonds* in the Appetite section on *page 76*. Speaking of which, we're poised and ready to start creating the sixth edition of Jersey's annual eating guide so prepare to feast your eyes on Appetite in the coming months.

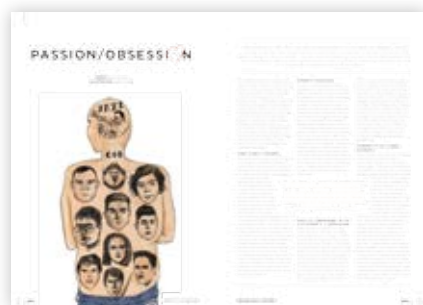
You've made that restaurant reservation and written a pseudo-anonymous card already, right? Don't say we didn't warn you.

Russ

Illustrated Gallery logo above by Abi Overland

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Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

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If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

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WHAT'S HAPPENING IN
FEBRUARY 2014

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19-23.02.14

SWAN LAKE / THE NUTCRACKER

JERSEY OPERA HOUSE

£29.50 - £47.50 // 7.30PM // 511115 //

BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

Moscow City Ballet is currently at its outstanding artistic best – winning new invitations to perform internationally. Swan Lake is the signature piece of their entire repertoire. The orchestra, choreography, interpretation, beauty and outstanding virtuoso performance win repeatedly rave reviews. Tchaikovsky's 'big story ballets' are the essence of Russian culture – composed, choreographed and premiered in Russia. Seeing performances by the Moscow City dancers never fails to add that magical ingredient of Russian soul.

Swan Lake (19th-21st) | The Nutcracker (22nd-23rd)

27.01.14-15.02.14

AN ISLAND HOME

CCA GALLERIES

10AM-2PM (MON-FRI) 10AM-2PM (SAT)

Don't miss out on this unique exhibition of work by Sir Francis Cook, an artist 'clearly delighted in the Island's coastline'. CCA Galleries International and Jersey Heritage have collaborated to form this 'staggering collection' of work, with many pictures being shown to the public for the first time. Accompanying them will be landscape themed limited edition prints and paintings from renowned British Contemporary artists.

13.02.14

ARTISTIC EXCHANGE

HAMPTONNE

£FREE // 18.45PM-19.30PM // 617521 //

SASHA@ARTS.JE

The results of a development project between Jersey and French artists will be on display at Hamptonne. The project has seen these artists developing a collaborative body of work at Hamptonne, with the aim of transcending barriers by using art as the common language. A lunchtime artist talk will also be taking place on Friday 14th February at the Jersey Museum.

14.02.14

'MOULIN ROUGE'

JERSEY ART CENTRE

£2.55-£5 // 700444 //

ENQUIRIES@ARTSCENTRE.JE

USA / Australia 2001 | 127 mins | Cert: PG. Come What May, be sure to treat your Valentine to an evening at the Moulin Rouge where the rich play with the young and beautiful creatures of the underworld, as poet Christian falls in love with Satine, a courtesan. For you movie lovers, this classic is sure to be a great night. If you fancy dinner beforehand, just contact the Jersey Art Centre for more info.



25-27.02.14

DINOSAUR ZOO

JERSEY ARTS CENTRE

£12.50 - £15 // 10.30AM OR 1.30PM // 511115 //

BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

Dinosaur Zoo brings these awesome prehistoric creatures to the stage as you've never seen them before, up close and personal! From cute baby dinos to teeth-gnashing giants, meet the most recent addition to the Dinosaur Zoo, a carnivorous theropod known as the Australovenator, the most complete meat-eating dinosaur skeleton yet found in Australia. Observe and interact with these extraordinary life-like dinosaurs in this fun, entertaining and highly imaginative live show. But watch out – not all of these ravenous reptiles are as tame as they seem! Children can watch wide-eyed from a safe distance or dare to get right up close to the creatures. A tyrannosauric treat for all ages 3+.

27.02.14

NT LIVE: WAR HORSE

JERSEY OPERA HOUSE

7PM // 511115 // BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

The National Theatre's original stage production of War Horse, broadcast live from London's West End. Since its first performance at the National Theatre in 2007, War Horse has become an international smash hit. Based on Michael Morpurgo's novel and adapted for the stage by Nick Stafford, War Horse takes audiences on an extraordinary journey from the fields of rural Devon to the trenches of First World War France. Filled with stirring music and songs, this powerfully moving drama is a show of phenomenal inventiveness. At its heart are astonishing life-size puppets by South Africa's Handspring Puppet Company, who bring breathing, galloping horses to thrilling life on stage.



13.02.14

ESSEX LION: LUKE WRIGHT

JERSEY ARTS CENTRE

£7.65-£13 // 700444 // ENQUIRIES@ARTSCENTRE.JE

Ever seen a lion? In the wild? In England? Last year in Clacton some campers thought they did. They didn't of course; lions aren't native to north east Essex. But their not-sighting triggered something in the brain of Luke Wright. Step into Luke's world of romping satirical verse where posh plumbers, paunchy ex-rock stars and Lovejoy roam free. Luke examines the things that help us get through the day, from the longing for a new pair of (impractical) boots to the belief that human beings are more good than bad. We get raucous, rhyming extravaganzas alongside thoughtful ballads set across sink estates, little England campsites and corporate music festivals. Get ready to roar...

01,08,15.02.14

DODOLINGS

DURRELL

£7 // 10.30AM-12.30PM // 860034
// EDUCATIONADMIN@DURRELL.ORG

This year, Durrell have brought out a whole host of Dodolings workshops, brimming with activities your little ones will love!
1st: Dodolings: Snakes
8th: Dodolings: Ring-tailed lemurs
15th: Dodolings: Tamarin monkeys

08.02.14

A COMEDY CONCERT

JERSEY OPERA HOUSE

8PM-MIDNIGHT // 511115 // BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

An evening of musical fun and laughter. A concert with the Jersey Chamber Orchestra that will leave you shaking with mirth! See top local pianist Chris George playing the funniest piano concerto written, hear Jersey VIPs including Philip Ozouf and Simon Crowcroft playing the toys in "The Toy Symphony", listen to singers from the Jersey Vocal Trust singing a selection of hilarious songs - we've even got a Sand Dance - and lots more musical clowning. This will be a unique musical experience: don't miss it!

22.02.14

DURRELL PANTOMIME

JERSEY ARTS CENTRE

2.30-7PM // WWW.ARTSCENTRE.JE

The Staff at Durrell are bringing the one and only "Sleeping Beauty and the Red-Billed Choughs" to life this February. Combining traditional fairy-tale characters with a conservation message, this is fun for the whole family.

12-15.12.13

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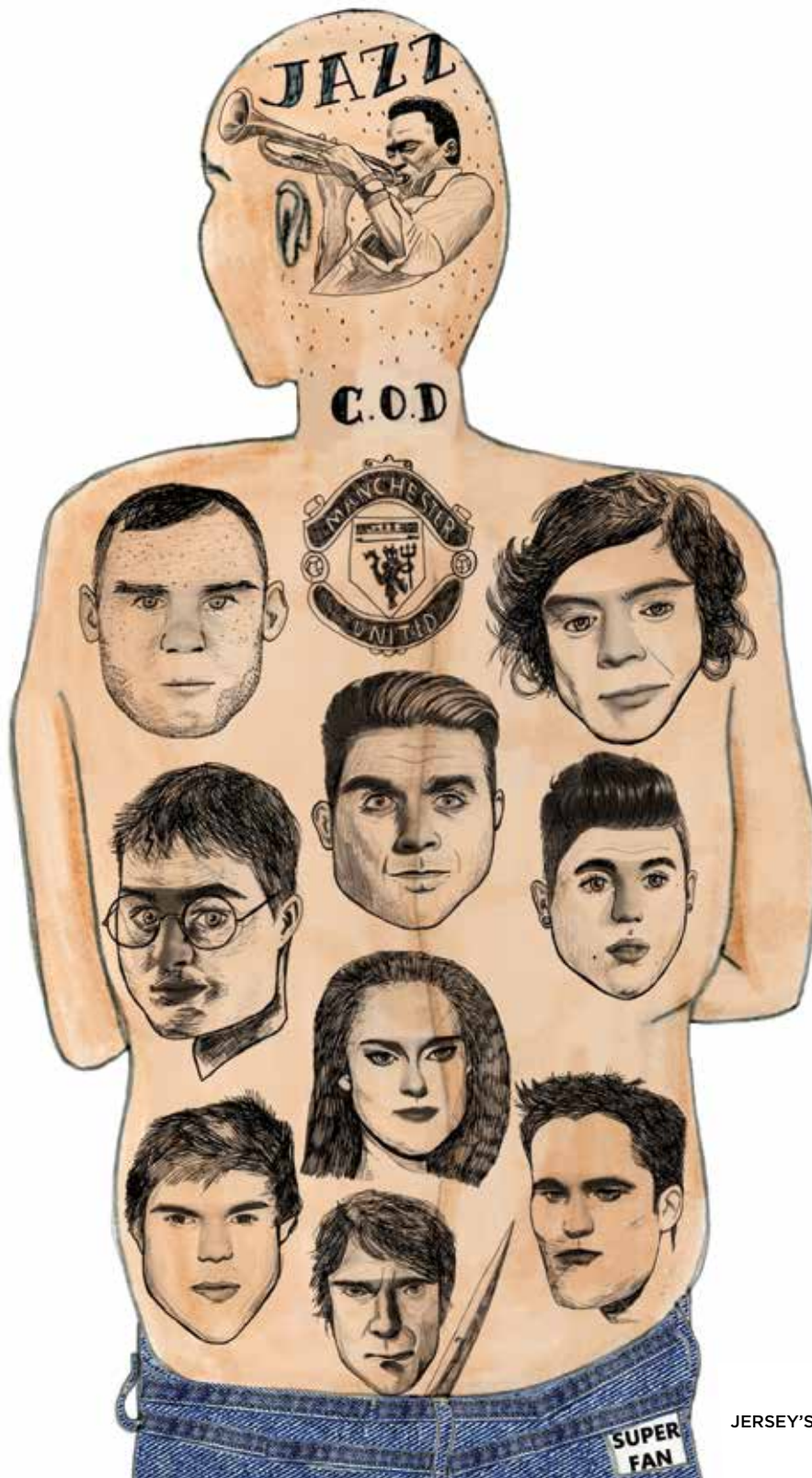
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PASSION/OBSESSION

THE STRANGE WORLD OF THE SUPERFAN

WORDS Grant Runyon
ILLUSTRATION Aoife Le Galle



I may be boring, but I don't think I care about anything enough to count as being truly obsessed. There are countless things I like, many things I love, but no one of them is so important to me that it fills me with the desire to devote my life to its worship. I love jazz music and cheese, but you won't find me fighting people who don't like gruyere, or getting a tattoo of Miles Davis's trumpet on my face. I simply don't care about any one thing enough to revolve the rest of my life around it.

Not everybody shares this viewpoint, and there are armies of people out there who are willing to devote an amount of their time that is unreasonable - probably unhealthy - to the all-consuming pursuit of one specific interest. Traditionally this type of obsession is the preserve of ultra-religious nutters, like the Taliban or their Fox News-watching American cousins, but these days you'll also find this kind of pathological devotion in people who worship Robbie Williams or Manchester United.

For the benefit of irony-challenged people who write angry letters to the editor - yes, I am absolutely saying that Robbie Williams fans are as bad as the Taliban. Please enjoy the rest of my article whilst you're composing your fatwa.

ONE DIRECTIONERS

Reasonable adults might assume that the most dangerous thing about obsessive boyband fans is the potential for eardrum damage from their pre-pubescent shrieking. You might also think that a core audience of young girls and middle-aged gay men might not be the most dangerous fanbase to upset. Well, you'd be wrong on both counts, as anybody who has tangled with the One Direction fan army can testify. Parents, journalists and proper musicians alike have come to fear the wrath of this online mob of oestrogen-fuelled aggressors, alert to any perceived slight to the Burton own-brand Backstreet Boys. Woe betide the fool who thinks he can enjoy the idle mockery of Harry Styles' barnet on the safety of his own Twitter account, as within minutes he'll be buried under a badly-spelled landslide of death threats from these foul harpies - the electronic equivalent of burning bags of dog poo left on your doorstep. If only we could parachute them into Syria with a mission briefing that President Assad said Louis was a bender on Tumblr, but the only thing that will call the rowdy virgins off is the opportunity to put the boot into the real enemy: Justin Bieber.

SPORTS PASSION

It's easy to mock little girls for wetting themselves over One Direction, but in their defence I can say that it's very unusual that I get trapped in an interminable conversation in the pub about whether Zayn or Liam is sexiest. If only this were true about football, which allows men to unashamedly demonstrate a level of obsession that you would hope the Directioners would at least grow out of eventually. When teenage females shriek themselves unconscious at a boyband they at least have the excuse of a raging cocktail of novel hormones, whereas grown men who go on about 1966 and cry when England predictably lose the World Cup deserve no such sympathy. Perhaps this obsession begins in childhood when boys need something trivial to get excited about with their cold, emotionally distant fathers, but I don't think that's a good enough excuse for hooliganism, the existence of football music or paying thick racists millions of pounds to kick a ball about and poke each other's wives.

For the benefit of irony-challenged people who write angry letters to the editor - yes, I am absolutely saying that Robbie Williams fans are as bad as the Taliban. Please enjoy the rest of my article whilst you're composing your fatwa

ADULTS OBSESSED WITH CHILDREN'S LITERATURE

Saddus adultium pottarius! I just cast a spell that I hope will make it socially unacceptable for any non-virgin to talk to another adult for longer than five minutes about Harry Potter, Twilight or The Hobbit. The Harry Potter books are okay, and The Hobbit is a lot less tedious than Lord of the Rings, but there's something inescapably sad about finance workers in their thirties getting all excited because Harry farted on a horcrux and Hermione put potion on her broomstick. As a collector of board games I have some very nerdy interests, but I suppose the difference is that I'm

used to a certain level of polite mockery for mine, whereas it seems that nobody bats an eyelid when people approaching forty plan on booking holidays to the Hogwarts theme park. If I started talking to strangers at parties about my collection of rare Magic The Gathering cards, I'd expect to be shunned like a medieval leper, but somehow it's not as sad when people with mortgages have earnest discussions about which film makes Orlando Bloom's hair look the most lovely. As for Twilight, the only supernatural thing about it is how it somehow manages to make the idea of warring vampires and werewolves so incredibly dull.

COMPETITIVE VIDEO GAMERS

Forget Twilight, if you want real, old-school, unreconstructed nerds the place you need to start looking is at a video games championship. Video games themselves are now playable on anything with a microchip, and are no longer especially nerdy, although titles like Call of Duty manage to still be quite unpleasant due to the participation of a core audience of horrid teenage boys. The real neckbeards have scorned the likes of C.O.D. and Halo and moved onto an unwashed dark world of games so complex that a normal human's fingers would explode if they tried to play them at any competitive level. Titles like Starcraft and League of Legends demand fearsome reflexes and cult-like commitment to develop even passable skill, and so star players can win cash prizes that will keep them in Pot Noodles and Lynx Africa for the rest of their lives. Championships, particularly in Korea, are played out in stadiums bizarrely packed with thousands of cheering girls, creating a level of intensity that somehow percolates downward to the level of what passes for a casual player in this world. The consequences? Reclusive obsessives, carpal tunnel syndrome at an all-time high and a popularity of crass mother insults not seen since White Men Can't Jump.

HOT SEXY SINGLES WAITING TO MEET YOU!

555 - 1534 - 8111

Call me x

WORDS Grace Ryan
ILLUSTRATIONS Ben Robertson

Single ladies, lonely gentlemen, optimistic eunuchs - Valentine's day is almost here and unless you want to spend the 14th watching Redtube it's time to wipe off your lucky pulling pants and put yourself out there.

We all know it's tough to meet a partner on this Island, at least if you're as squeamish as I am about dating somebody who's been shared around your peer group like that picture of Skeletor riding a kitten, but the sad fact is that our dating market often has a smaller choice than Spar's DVD

section. Not everybody on the rock will be lucky enough to meet another human who doesn't work in the same building or have a grandparent in common, and I've been at weddings where the happy couple have bumped uglies with half of the guests at one time or another. There's a very good reason why people in St Ouen lock their stables at night.

We all dream of meeting our perfect partner, but none of us should ever forget that we live in a tiny place with a distinct shortage of hot, horny babes, despite what those deceitful internet popups will tell

you. Your ambition to marry a left-handed Indonesian gymnast who shares your passion for military memorabilia might never be realised unless you lure them here with bribery and burn their passport.

The truth is that if you want to get lucky, you'll need to stop being so picky, which is why I've kindly prepared this guide to some of the more unusual single people out there. No need to thank me, but if you bump into the man who wrote my phone number in the bus station toilets make sure you tell him that I was lying, size does matter, and it definitely wasn't just a rash.



WHY NOT DATE ... A FURRY?

The internet is not a destination for the easily shocked, as my grandmother told me the first time I showed her 2 girls, 1 cup. The ever-curious nature of human sexuality means that if you can think about doing it, somebody has already been there, done it and registered the domain name. Some of the more unusual of these people are furies, a subculture who get their kicks by dressing up as giant cartoon animals and pretending that life is a kinkier version of Sylvanian families. Yes, it's hard to imagine at first that your true love will turn out to be an erotic badger you met on tumblr, but if you give furrydom a chance you might find a warm, sensitive soul who also fulfils a previously-unknown fetish of being touched up by one of the mascots from Alton Towers.

WHY NOT DATE ... A BUNNY BOILER?

Most adults have a story about that hot ex they have who turned out to be a complete psycho, but let's face it, we're not getting any younger and there's something maybe a bit charming about the idea of somebody who loves you so, so much that they accompany you to the toilet and have secretly installed a GPS in your underpants. They obviously know you better than anybody else, which explains why they can turn up absolutely anywhere and will smash your car windscreen with a sledgehammer if you don't put enough cute emoji in your texts. Statistically, there's a pretty good chance they'll end up murdering you, but even if they look like Adrian Chiles and/or the lady from Misery the sex is guaranteed to be fantastic.



WHY NOT DATE ... POSH PEOPLE?

Jersey may be short of many things, but dim white people with lots of money is not one of them. Amongst the beautiful people I often feel like a mongrel surrounded by pedigree chums, although at least most pedigree dogs are capable of learning tricks in exchange for bits of horsemeat, whereas the only tricks posh people can do involve skiing or dodging inheritance tax. Well, you don't date Bentley-driving millionaires for the conversation, you date them so they will look after you like one of their horses or a retired wetnurse. You'll develop a taste for caviar, expensive holidays and jewellery, but beware the roving eye of your upper-class beau, as unless you get something on paper the ruling class have a tendency to replace their partner like they would a Land Rover with a broken headlight.



WHY NOT DATE ... A GEEK?

When I was at school, being described as a geek was certainly not anything to be proud of, so I'm puzzled by people who bullied me for owning a Star Trek communicator now wearing chunky glasses and banging on about how much they like Doctor Who. Nonetheless, it appears our cultural stock is up, and so there's never been a better time for normals to find themselves a partner who reads comics in Japanese and never, ever talks about romantic comedies or football. Sometimes you'll wish you had a handbook to explain the constant references to 80s Nintendo games and Philip K. Dick novels, but as long as you make room for our obsessions you'll find nerds are kind and loving, if occasionally angry at the internet for reasons that don't make sense. On no account ever mention that you like The Big Bang Theory, as this is a bit like telling a French person you learned about their culture from Allo Allo.

WHY NOT DATE ... A RAW-FOOD VEGAN?

Small islands tend not to encourage alternative lifestyles, and you're unlikely to meet one of these people on a dating website because there isn't enough room on the advert to explain what they will and won't eat if you meet them at a restaurant. This is a shame, because somebody this committed to their diet is likely to be disciplined, an expert at yoga and a cheap date because you're going to have to prepare an almond and kale smoothie for them at home. Just make sure you hide all your Pepperami, leave Morrissey's autobiography on your coffee table and remove any hunting souvenirs you might have knocking about. Even if you do manage to offend them, it's no big deal as somebody who survives predominately on bananas and lettuce will tire themselves out with the effort of raising their voice for ten minutes, and you can make yourself a bacon sandwich whilst they're asleep.

WHY NOT DATE ... A MEMBER OF ANONYMOUS

The ultimate in internet dating involves hooking up with a mysterious, shadowy figure in a Guy Fawkes mask who will lead you down a rabbit hole of conspiracy, paranoia and illegally-downloaded episodes of Breaking Bad. Your romantic adventure will be thrilling and confusing in equal measure, as after six months of erotic subterfuge and dates on Snapchat you'll work out that you've been exchanging encrypted emails with somebody who earns sixty grand a year working in IT and still lives with their parents. Of course, there are advantages to having a partner who lives in the matrix, even if they do insist on paying for everything in bitcoin and forwarding your personal emails to The Guardian. If you ever need a few days off to go to Ibiza with your mates, just tell them the NSA are tracking your movements via satellite and so you urgently need to visit Julian Assange.

THE RANDOMNESS OF MISC!



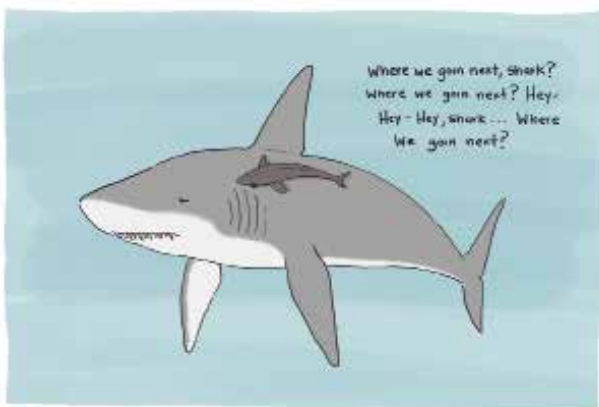
BARBIE GIRL

Wearing special contact lenses and fake eyelashes, 21 year old Lhouraii Li spends up to four hours every day making herself look like a real life Barbie doll. She is so attached to her look that she never leaves her home without applying a full face of contouring make-up and also states that she has no plans to tone down her look as she gets older but plans to mature gracefully into a middle-aged doll. She said: "It's not a chore to do. People get up and watch television, I get up and do my make-up and I find it just as entertaining." Miss Li, who says her look is influenced by unicorns, fairies, Japanese fashion and Disney princesses as well as Barbie, even has a Youtube channel, with the amount subscribers growing fast and around 20,000 views per video. She added: "Obviously some people say bad things but I kind of switch off from it a lot - I'll look around and everyone will just be staring at me. People sing 'I'm a Barbie girl' and I'll finish it."

MASS-TER IN CRIME

Katarzyna Pawlak, 41, from Lowicza, Poland, was taken to hospital with concussion after being run over after attending Mass. However, it wasn't just any dangerous driver - it was the priest who led the church service! After one too many, the 66 year old priest hit Miss Pawlak and is now facing 12 years in prison charged with drink driving and has had his licence taken away. A spokesman for the priest's diocese said: "With great regret and deep sorrow we received the news about the accident in which the victim was a woman hit by a car being driven by a priest after drinking alcohol. This situation deserves condemnation and never should have happened. Priests have to follow the same laws as everyone else. He should not drive a car after drinking." A hospital spokesperson said: "The woman has been lucky. She is being kept in hospital for observation but will make a full recovery."

Feb 14th - women purchase 85% of all valentines. (Men, if you're reading, we hope you're sorted!)



SNAPPY TRADE-OFF

With no money and wanting some beer, a Florida man of course tried to trade in his 4ft alligator for the 12-pack of his choice. The man, Fernando Aguilera, told Florida Fish and Wildlife Conservation Commission spokesman Jorge Pino he trapped the reptile at a nearby park before proposing the bizarre trade. "I think that anybody who would conceive this scheme is not thinking properly," Mr Pino said and that Aguilera now 'faces a penalty of up to six months in jail and a fine up to \$500'. Though Aguilera's tale doesn't have a happy ending, the alligator's does as it was unharmed and was released back into the wild.

A DREAM CAR?

An Australian entrepreneur has taken the meaning of 'crowd funded project' to a whole new level after a car built from 500,000 pieces of Lego and powered by air hit the roads in Melbourne. With four air-powered engines and 256 pistons, the car can reach up to 20mph and was the brainchild of the Australian entrepreneur, Steve Sammartino and "this crazy Romanian teenager on the web", Raul Oaida. Knowing that they 'couldn't afford to fund it.', Sammartino sent out a tweet which read: "Anyone interested in investing \$500 - \$1,000 in a project which is awesome and a world first tweet me. Need about 20 participants.". 18 months later, and a lot more money spent, the car was able to be crafted in Romania by Sammartino and Oaida, before being shipped to Australia where large parts of it needed to be rebuilt. Sammartino added: "We drove it in a suburb of Melbourne. The engine is fragile and the biggest fear was a giant Lego explosion impaling passers-by."



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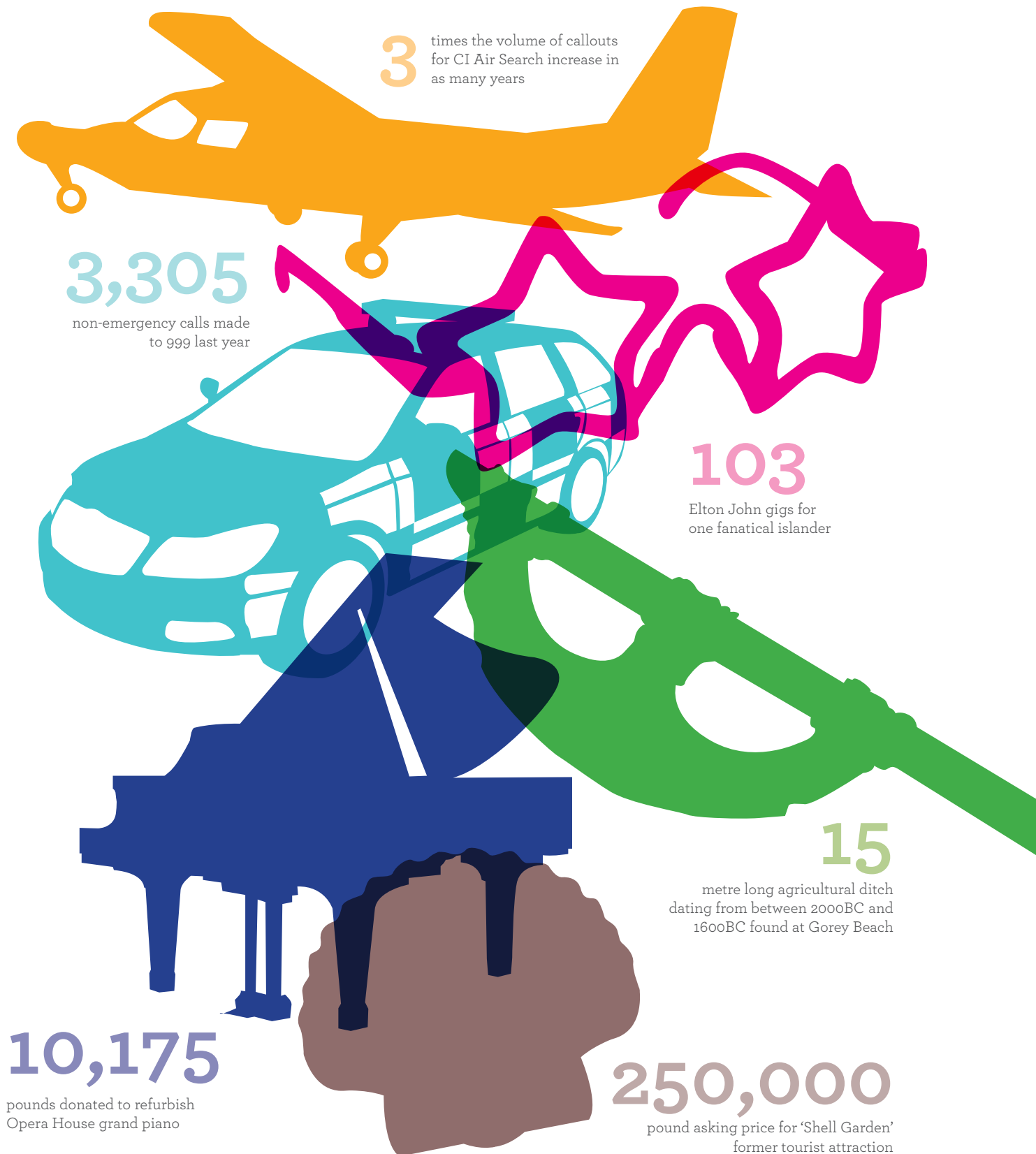
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JENNY STAFFORD

Breed: Irish

Age: 42 -292 in dog years

Likes: Long walks with Pasha on the beach, catching up with friends, and travel.

Hates: I don't really hate anything but i'm a bit scared of other dogs!

If I was an animal... I would be a ram to match my star sign aries.

Wants: To run this year's marathon faster than I did in my previous marathon in 2011 and I'd hopefully like to raise more than £2,000 for guide dogs.

Interesting facts. I am visually impaired and live totally independent life, thanks to my beautiful guide dog Pasha.

Most impressive thing ever

done: Completed tandem parachute in 2006, walked the great walk of China in 2006, learnt to swim 2006 and completed the London marathon in 2011.

PACHA

Breed: Labrador Retriever Cross

Age: 7 and a half years old

Likes: Free running on the beach is the beast! I love my job as a Guide Dog and people are the best, especially men! I also like ice and licking.

Hates: Other dogs which is good for my owner as she was terrified of dogs she got me.

If Human I would be: A Nurse as she is so caring

Wants: food, glorious food, all the time and i'm always scavenging. I also want as much attention as possible! Any any sort of white paper to shread is always fun or some socks and shoes please.

Interest Fact: As a Guide Dog I am on call 24/7. I take my owner wherever she wants to go safely and any time of the day.

Most impressive thing ever

done: Every time I go on a walk my owner thinks i'm impressive as we never know what obstacles may occur and I have to negotiate them all!

You can follow Jenny's Journey by logging on to her Facebook page Jennifer Stafford and if you would like to sponsor her there is a link to her giving page.

Robins

words | Dierdre Shirreffs

In Medieval times Valentine's Day was thought to be the day when birds chose their mates so many tales link the day to birds. If the first bird an unmarried woman saw on the morning of Valentine's Day was a robin she would marry a tailor. If it was a sparrow she would marry a poor man. The lucky woman who spotted a goldfinch first would get a rich husband!

Robins are very passionate birds although not in the love sense of the word, more the aggressive defending of their territory. Although we think they are very sweet, two male robins will fight to the death over a patch of land. Research showed that it is the red breast of an intruder which makes the robin attack. The instinct is so strong that he will even attack a bunch of red feathers or a

red ball on a stick, thinking it is another robin. He will even chase females away except in the breeding season. So those Christmas cards you got last year showing two robins together on a snowy branch are pure fantasy, they are solitary birds. Robins became popular on early Christmas cards because they resembled Victorian postmen in red coats.

The male and female are identical, both with the red breast. In earlier times country folk thought wrens were the female robins, hence the names Jenny Wren and Cock Robin. Despite the Valentine's Day legend breeding doesn't start until March. The female builds the nest alone, often hidden in thick ivy but robins are well known for choosing unusual nest sites such as discarded kettles, plant pots or even the pocket of a gardening coat hanging in a shed. Five or six eggs are laid

and when the young hatch they only stay in the nest for two weeks. They have speckled plumage and lack the red breast. Robins feed on insects and worms.

Robins live in Jersey all year round although we also get some migrants passing through. Here and in the UK we think of them as friendly confident birds, always ready to come close as we garden, but on the Continent where they used to be hunted, they are much shyer and secretive.

Legend links the red breast to the Passion of Christ. A little robin flew to sing in Jesus' ear as He was crucified and got some of His blood on its breast. Another story says the red breast was a result of a robin using its wings to fan the fire in the stable when Jesus was born and getting burnt.



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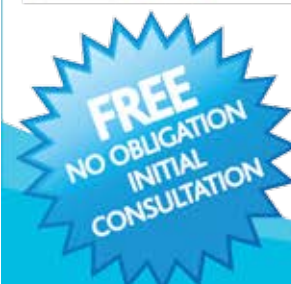
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COLOURING PENCILS AT THE READY...

Primary school children across the Island are being given the chance to make their mark and win great prizes ahead of the 2014 Swimarathon.

In keeping with the theme for the 2014 Swimarathon, the new annual colouring competition invites children to design the front cover of the event's daily bulletins showing 'Children Having Fun'. The entries will be reviewed and the designs of five lucky school children will be chosen to feature during the course of the Swimarathon week.

Competition organiser Lion Peter Tabb says: 'The 2014 Swimarathon will be supporting Jersey's children's charities. With so many children taking part, 'children having fun' could not be a more appropriate theme for this year's colouring competition.'

'The winning five designs will not only be used on the front cover of the daily bulletins but will also be showcased in a special feature published around the time of the Swimarathon. The artists themselves will win £250 prize money for their school and also receive an individual prize.'

Oakwell Children's Respite Centre has been selected as the main beneficiary of the funds raised overall by participants in the event. An additional 25 Jersey-based children's charities will also receive a share of at least £25,000.

Chris Blampied, Head of Banking, at RBC Wealth Management, said: 'We are always impressed with the standard of the drawings and the imaginative ideas that are submitted from all age groups. No doubt it will be a difficult task to choose just five but I am sure that the judges are looking forward to the challenge and would want to encourage as many children as possible to take part again this year.'

The designs submitted must be in colour and fit on an A4 page, allowing space for the Swimarathon logo and the date of the bulletin (recommended size 180mmx180mm).

The closing date for entries is Friday 21 February 2014.

The judges for the drawing competition will be Lion Chris Clarke, President of the Lions Club of Jersey, Brian McKenzie, Head of Design at the Jersey Evening Post and Leo the Lion on behalf of the event's sponsors, RBC Wealth Management.

To enter, or for more details about the design completion, contact Lion Peter Tabb on 726704. The 2014 Swimarathon takes place between 12-16 March at Les Quennevais Sports Centre.



GROUVILLE SCHOOL ARTWORK BRIGHTENS UP STANDARD BANK

Artwork created by Year two children at Grouville Primary school is now brightening the stairways of Standard Bank.

The African inspired artwork was created as part of a geography project last academic year, and was inspired by one of the children's classmates moving to the continent.

Six of the children, who are now in Year three, visited the bank to view where their artwork is being hung and to watch a presentation about Mifumi, a primary school in Uganda which is being sponsored by Standard Bank.

Claire Reid, Head of Marketing and Communications said: 'As Standard Bank's roots are in Africa this is a wonderful way to link our local community with our heritage. Grouville school has also raised money and forged links with Mifumi school which we are sponsoring and where three staff recently visited to help out, so it was an opportunity to pass on some of their experiences to the children. The artwork is absolutely delightful and has been a welcome addition to our offices.'

One of the staff who visited Mifumi school is Matt Gorman, Head of Change Management. His daughter also attends Grouville school and he gave a presentation to the children about what life is like there for the children who attend Mifumi school.

The six children who took part in the visit to represent the whole year group were Charlotte Benest, Phoebe Gorman, Omara Silverster, Jack Braithwaite, Oliver Wootton and Ruby Glennon. They were accompanied by Head Teacher Mrs Pam Pitman.

.....

THE CHRISTMAS GIFT THAT KEEPS ON GIVING

Jersey Hospice Care's Christmas tree collections has raised the most ever this year - with over £27,600 being donated by islanders in return for having their unwanted trees collected. More than 2,000 trees were collected from homes and businesses, and will now be recycled into mulch and soil improver.

The charity would like to thank all the volunteers who made this possible, either by being out on the road collecting the trees or behind the scenes answering phones and sorting out paperwork - it is a real team effort and couldn't be done without the whole team's support.

This year thanks also go to Vivat Trust who came on board as sponsors, to Webreality and Digimap Jersey who create the database and maps for the use of their drivers. Finally, they'd like to pass on their thanks to everyone who donated and gave their tree to this fantastic cause!



THE **FOCUS** IS ON JERSEY AS THE PICTURE JERSEY PHOTOGRAPHY COMPETITION LAUNCHES FOR A SECOND YEAR

'Jersey's a beautiful place. Let's help people get the picture' is one of the taglines of the annual Picture Jersey competition which launches in February for the second year. Luxury Jersey Hotels, the Jersey Evening Post and Jersey Post are again looking for high quality, compelling shots that capture the island's character to create a limited series of unique visitor postcards.

The month-long Picture Jersey photography competition in conjunction with the Jersey Evening Post challenges amateur and professional photographers to come up with a winning shot of their favourite island view, from coastal panoramas to countryside scenes. Jersey Evening Post's Picture Editor Peter Mourant explains: 'We all have a part of the island that's special to us, and the Picture Jersey competition encourages people to get out there and capture their favourite view of Jersey, or explore their photo archive to find an image that sums up what Jersey means to them.'

This year's winners will be chosen by a panel of judges including Peter Mourant, Picture Editor at Jersey Evening Post, Patrick Burke, owner of The Atlantic Hotel and Chairman of Luxury Jersey Hotels and Kevin Keen, CEO at Jersey Post. Jersey Evening Post readers will again get a chance to vote for their favourite view; one of the winning images will be a 'Readers' Choice', chosen from a shortlist by the public. The six winners each receive a luxury hotel stay, as well as seeing their photographs featuring as a limited series of Jersey postcards, made possible by sponsorship from Jersey Post. Kevin Keen, Chief Executive of Jersey Post, said: 'Jersey Post is delighted to support the Picture Jersey competition again this year. Tourism remains essential to our island's economy and it's vital to promote Jersey wherever we can. Using handwritten postcards featuring photos from local residents is an innovative way of communicating the island's beauty and appeal to potential visitors. We hope this year's competition proves to be as popular as the last.'

The Jersey Evening Post's Picture Jersey 2014 competition in conjunction with Luxury Jersey Hotels and Jersey Post will run from the 5th February 2014. Full details of how to enter along with a link to the terms and conditions will be published in the Jersey Evening Post.

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Find out more at www.ccagalleriesinternational.com



'Moot Orgueil, Evening' by Sir Francis Cook

FUTURE EXHIBITIONS

// 27 January - 15 February 2014

Sir Francis Cook - 'An Island Home'

A rare opportunity to view a selection of his paintings and drawings chosen from the Jersey Heritage collection.

Accompanying them will be work by renowned artists Donald Hamilton Fraser and John Piper, together with a new release by upcoming painter and printmaker Lucy Farley.



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For more details about exhibited works and future events please call 739900 or email enquiries@ccagalleriesinternational.com

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MARATHON EFFORT, RAISING FUNDS FOR HEADWAY

Three ladies are getting ready to take on a marathon challenge, but before they do, they're hosting a Grand Jersey- Luxury Cinema Experience, on Wednesday 19th & Thursday 20th February.

Rebecca A'Court, Jodi Higginson and Beth Gallichan, are each raising money for Headway Jersey ahead of running the Virgin London Marathon on 13th April. They will be showing of "The Crash Reel"- Directed by Lucy Walker "A superb documentary...Uplifting, life affirming & inspiring".

This extraordinary documentary is compelling viewing for all, but essential viewing for all skiers & snow boarders.

Kevin Pearce was one of the best snowboarders in the world. He was in training for the 2010 winter Olympics when he suffered a devastating accident. Kevin spent six days in a coma, having suffered a traumatic brain injury.

Lucy Walker's award winning documentary tracks the recovery from his devastating accident, following him as he learns to sit up, walk and eventually express a view to get back on his board again. Kevin's determination and the tireless support of family and friends kept him focused on his journey towards recovery. But when he insisted he wanted to return to the sport he loved, his family objected.

As an elite athlete, Kevin was a professional risk taker but as a brain-injury survivor his skills were now impaired, and even a small blow to the head could kill him. Both moving and inspiring, the film tracks the impact brain injury has on his family and how Kevin has to accept what has happened and how it has changed him. Featuring a jaw dropping crash reel of snowboarding crashes it brings home the importance of wearing a helmet when taking part in extreme sports.

There are limited seats available for showings, your ticket will cost you £10 to include popcorn and are available on eventbrite or contact Headway on 505937.

All proceeds from ticket sales will go directly to benefit Headway Jersey, supporting people locally who have survived a brain injury.



APPLY NOW! TO SPREAD YOUR MESSAGE ISLAND WIDE

Local charities will again be able to spread their invaluable messages to islanders this year thanks to a scheme from Jersey Post.

Direct2Home and Direct2Business are direct marketing services, which enable businesses or organisations to send compelling messages straight to the letterboxes of business or residential recipients. That could be up to 40,000 residential households.

The charity scheme launched last year and since then Sanctuary House, Jersey Hospice Care, Jersey Women's Refuge, Jersey Alzheimer's Association and Autism Jersey have all had a free mail drop. Advocate Chris Renouf, Chairman of Sanctuary House said 'The Trustees of Sanctuary House were delighted with the response generated by the Jersey Post initiative which generated considerable funds to support our work in helping men in need and raised awareness of the charity generally. We would not hesitate to use this valuable service again.'

There is no charge to the chosen charity for the mail drop, although they will need to meet the cost of producing the leaflet or flyer itself. Jersey Post can offer advice on how to produce a compelling and engaging mail piece to maximise results.

Andy Jehan, Director of Postal Operations said, 'We are thrilled to be able to do this for local charities, and even more pleased that it has brought amazing results for the successful applicants last year.'

The service will once more be available to one chosen charity per quarter at no charge. Charities will need to apply for the service. If you'd like your charity or not for profit organisation to be considered details can be found at www.jerseypost.com/directmarketing.

Any local charity or not-for-profit organisation that does not receive one of the free mailing slots can access a 15% discount on any Direct2Home or Direct2Business booking. Charities wishing to take advantage of this offer should contact a member of the Jersey Post team by calling 616590 or emailing: directmarketing@jerseypost.com.

EVENTS



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**Standard Bank
Christmas Drinks**
CCA GALLERIES INTERNATIONAL
THURSDAY 12TH DECEMBER

Standard Bank's Private Clients division hosted a Christmas drinks reception which included a talk by art expert Giles Peppiatt, Director of Bonhams in London. The event, held at the CCA Galleries, was hosted by Deon de Klerk who heads up the International Private Clients team.

Amidst the drinks and canapés, Giles gave his talk: 'Art - An Investment of the Head or the Heart?', which captivated the guests with some record-breaking prices. It is a subject of growing interest due to the increased demand for alternative investments.



**The Beauty House
Christmas Party**
THE BEAUTY HOUSE ST MARY
WEDNESDAY 27TH NOVEMBER

The Beauty House had a pre-Christmas soiree to celebrate their salon rebrand and CIM Award win. Over 80 clients and friends enjoyed canapés of local smoked salmon and champagne with flowers and décor by Mark Howe. Guests were able to sample the products and treatments as well as enjoying

an exclusive preview of the latest Pevonia lines. Sharon Coote, Owner, said, 'Our event was a thank you to our loyal clients for their support over the last decade. We are proud and excited to offer the latest in beauty therapy within our relaxed, fabulously rural salon for many years to come'.



MARCCAIN

Marc Cain Collections

Candystorm by Marc Cain: Just arrived



Canaccord Christmas Drinks

BOHEMIA

THURSDAY 5TH DECEMBER

Clients of Canaccord Genuity Wealth Management were invited to the company's Christmas drinks event held at the Bohemia Bar and Restaurant on 5th December.

Guests enjoyed seasonal canapés prepared by Michelin Star Chef, Steve Smith, and a selection of drinks during the evening and were entertained by Christmas carols.



Marquee Solutions' Bridal Path Wedding Fayre

RJA&HS SHOWGROUND TRINITY

SUNDAY 19TH JANUARY

This fantastic event is Jersey's biggest wedding fayre. Over 300 brides-to-be made their way to the RJA&HS which was full to the brim with a huge range of exhibitors that have everything to help your big day go smoothly; from fun flowers, cakes and world

class photographers to the practical and beautiful marquees on display by Marquee Solutions. Don't worry if you missed out, they hold two of these brilliant events a year and the next one will be on the 28th September. Photos courtesy of the fab Jersey Party Booth!

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SUNDAY SUNDAY

WORDS GEOFF SPENCER-TUCKER OF JERSEYSKI.COM

JerseySki.com is a local tour operator which offers short break and 7 night ski trips to the Alps and the Pyrenees via Chambéry and Geneva with Blue Islands, and by self-drive with Condor ferries.

Blue Islands flies to Chambéry on Saturdays through the winter until mid March, and four times a week to Geneva, on Monday, Wednesday, Friday and Sunday until 27th April. We went on a fact-finding mission in mid-December to check out the properties and accommodation which is available on an “any day arrival” basis, or from Sunday to Sunday, which is not so easy as it seems as approximately 80% of ski accommodation will only offer 7-night stays from Saturday to Saturday.

The Portes du Soleil and the Grand Massif are perfectly placed for ski and snowboard short breaks, as they have massive areas which are only an hour from Geneva. We stayed in the Rhodos hotel in Morzine, Portes du Soleil, which is by the river and the church on the valley floor, with the indoor ice

rink and new swimming pool complex just down the road along a delightful riverside walk which passes under the super-Morzine telecabine. The hotel has a lively bar and restaurant which has live music on some nights with “The Thirsty Buskers” and an “open mic” night on Mondays. The Rhodos will take 4-night and longer bookings on an any-day-arrival basis. They can arrange your lift passes and ski hire and they have their own scheduled 4-wheel drive minibus transfers from Geneva every day. A veritable one-stop shop!

It was the season opening “Fete de la Glisse” weekend in Avoriaz while we were there. Avoriaz is perched on a snowy plateau above Morzine so I took the new Prodains lift, which has 12 35-seater gondolas that whisk you up to Avoriaz in

just 4 minutes. When you step out of the lift there is a further escalator, just as you would find in a shopping mall, and then you step out onto the beginning of the pistes! This area was crowded with ski and snowboard manufacturers’ booths for free ski testing as part of the weekend. I was impressed with the Scott Reverse and the Rossignol Experience All-Mountain skis, which proved lively and precise, with plenty of grip on hard packed areas, and a joy in the light powder we found at the end of the second day! If you stay in Avoriaz you can get to your accommodation by horse-drawn sledge or the shuttle, which is a minibus on rubber tank tracks!

Close to the base station of the Prodains lift are the catered Chalets Roche and L’Isiere which are operated by Skiologi, who



also have Chalet George in the centre of Morzine. These chalets run from Sunday to Sunday and pride themselves on a passion for good food. I was very pleased that owner Dom Turner found the time to join me up in Avoriaz for the ski testing and was glad that he could show me around the runs down to Montriond. Thanks, Dom!

Morzine's slopes link up to Les Gets, which is a smaller village about 5 minutes away by road, and the first of the Portes du Soleil

The Grand Massif comprises of Les Carroz, Morillon, Samoëns, Sixt and Flaine five linked resorts covering over 265km of pistes. Les Carroz is also only an hour from Geneva, and is a typical French mountain village with a central square and plenty of charm. Les Carroz has superb tree skiing and floodlit, night-time skiing twice a week (7-10pm). The new lift base station also has lockers to leave all your equipment at the end of the skiing day. The catered Chalet Cyclamen is quite central, has it's

“ The Rhodos will take 4 night and longer bookings on an any day arrival basis, They can arrange your lift passes and ski hire and they have their own scheduled 4 wheel drive minibus transfers from Geneva every day. A veritable one-stop shop! ”

resorts on the road from Geneva. Les Gets is pretty and compact with a large outdoor ice rink and equipment lockers at the base of the main lifts, which mean that you can leave the skis and boots in the lockers and walk back to your hotel in normal shoes. It's popular with families as you can see the beginner slopes right in front of your accommodation. The Hotel le Boomerang, which is owned by Jean Michel, a Frenchman who grew up in Australia, accepts any day arrivals, and the restaurant serves food from around the world. We enjoyed the tapas in the Que Tal wine bar!

From the 26th to the 30th March the area hosts the fourth Rock the Pistes music festival which has live music concerts throughout Portes du Soleil's slopes, "Concerts staged in the wildest settings at the heart of the ski area... The best International and French pop-rock artists... A music festival like no other in Europe, all you need to see the gigs is your liftpass!"

own sauna and Jacuzzi and is only 200 metres from the new wellness centre while the Chalet Bry sits on a sunny knoll looking across to the slopes. Both chalets offer any day arrival and short break stays and are a firm favourite with Jersey and Guernsey skiers. Wish you were here...?

JerseySki.com offer snowsport weekend breaks, and longer trips by air, to specially selected resorts which Geoff has visited.

To find out more about ski and snowboard adventures from Jersey or Guernsey and even tailor made options, contact Geoff Spencer-Tucker at: geoff@jerseyski.com Tel. 07797 738 180



HIGH *style* ON

BLUE ISLANDS IS COMMITTED TO PROVIDING SOMETHING VERY SPECIAL TO LOCAL TRAVELLERS, LEAST OF ALL THEIR STYLISHLY ATTIRED PILOTS AND CABIN CREW, SEEN HERE IN THEIR FABULOUS NEW UNIFORM.

Last year was a pioneering one for the airline, particularly in regards to travel from Jersey as direct, year-round services to Amsterdam and Paris were added to the airline's ever-growing list of destinations. This opened up more opportunities to travel further afield without having to connect through the UK.

They have also continued to grow their fleet of ATR aircraft. The recent purchase of a 66 seat ATR-72 means a significantly increased capacity on the route between the islands and Southampton. These aircraft also allow for a much more personal service, which is often missed by larger operators. Nothing quite beats the luxury of sit-



ting in their lounge at Jersey airport helping yourself to refreshments before you even set foot on the plane. The complimentary catering service doesn't stop on the ground as champagne and lunch are options on longer flights. Although sadly there just isn't quite long enough for this on the inter-island route.

UK services to Southampton and Bristol continue to evolve with enhanced schedules and have been crafted with the local traveller in mind. New additions also include a red-eye and Saturday evening Southampton service, allowing you to maximise your time away. Turn the page to read more on what Southampton as a destination has to offer.

As we know, capacity into Gatwick is likely to drop in March, so we shouldn't forget about the Blue Islands London City service. The location of the airport in the heart of the city cannot be beaten. With no long treks through airports, no long train journeys, fast baggage collection and waiting buses and taxis too – the city is right there for you to discover.

Pictured left to right: Archie Johans, Josaline Seymour, Tatianny Mackensie, Shannon Townsend, Jennie O'Connor Fitzgerald, Tracy Teixeira, Alice Evans, Fabio Moura, Andrea Elcock, Sarah Davies, Vicky Lucas, Amelia Dorey.



A POLISHED PERFORMANCE

Whether you're a first time visitor, a regular, or you're travelling on business – the city of Southampton guarantees an enjoyable experience for all.

Said to be the cruise capital of Europe, this up and coming destination boasts a number of inspiring cultural offerings. From music venues to museums, to award winning parks and art galleries, the day-to-day hustle and bustle of this diverse metropolis attracts over four million visitors per year.

And now, with the introduction of the Blue Islands 07.15 red-eye service to Southampton and a new Saturday day return, both of which will be launching on the 1st February, it's easier than ever to gain access to this exhilarating city.

On top of this, Blue Islands have also partnered up with South West Trains. In just 99 steps, you can exit Southampton Airport and board the train at Parkway Station, and with a negotiated £30 return rail fare to London Waterloo; you can be in the big smoke in less than an hour, with children's fares and £45 first class also available.

Aside from boasting a number of impressive business links, Southampton is the perfect base for a short break in Hampshire. And with South West Trains launching their biggest ever £10 ticket sale, featuring over 195 destinations, exploring further afield won't cost you the earth!

From spending the day with Peppa Pig at Paultons Theme Park to discovering New Forest's many ancient wonders, including miles of breathtaking scenery, footpaths and bridleways – there's something for both adults and children. In the heart of New Forest, you'll discover Beaulieu – home to the world famous National Motor Museum and a stunning collection of automobiles.

Southampton Airport has been consistently voted as one of the few five star airports in the UK, often nicknamed the 'Breeze Through' airport.

A trip to the world famous Ageas Bowl, and Hampshire's test cricket ground, is a must for sporting fanatics, whilst Discover Winchester plays host to an array of architectural gems, comprising the Great Hall, King Arthur's Round Table and Winchester Cathedral.

For those wishing to delve a little deeper into Southampton's fascinating history, or alternatively, hire a venue that boasts a unique backdrop for a conference or event, the SeaCity Museum is home to both an excellent exhibition space as well as an abundance of maritime history. Other top attractions include Southampton Art Gallery and the Tudor House Museum.

With Southampton becoming a bigger and better place for business, the likes of Business South are aiming to connect a number of corporate leaders to this area. It's central, it's extremely easy to get to and it's surrounded by a number of top-class hotels, restaurants, shops and cultural attractions – many of which can be hired out as conference venues.

Southampton Airport has been consistently voted as one of the few five star airports in the UK, often nicknamed the 'Breeze

Through' airport. This is largely because of the speed of service, allowing you to spend less time checking in and more time discovering the outside world.

From 9 o'clock meetings in central London to retail therapy at the WestQuay Shopping Centre, with an increase in Flybe's summer flights to the Channel Islands, and the introduction of Blue Island's earlier flight times, enjoying a jet-set lifestyle has never been easier!

New Southampton

Saturday day return service

Depart Jersey 07:15

Depart Southampton 19:15



- **Shopping** - don't forget our FREE baggage policy and no charge for excess baggage means you can shop 'till you drop.
- **Sports teams** - 07:15 Jersey departure, returning at 19:15 means a full day of competitive action, plus there's FREE baggage too!
- **Peppa Pig World** - features seven fun rides and attractions just 10 miles from Southampton Airport.
- **Premier League football** - catch a 3pm kick off at Southampton FC and return to Jersey the same day.

Southampton
Airport to
London Waterloo
Special return anytime
train fare only
£30



Ticket Changes*
£FREE



Card Charges
£FREE



Baggage Charges
£FREE


blueislands.com
A WELCOME DIFFERENCE

*Terms and conditions apply.



dream DESTINATION



VIV PALLOT interviewed
RITA CRUMP
of Trinity about her unusual
Dream Destination



RITA, YOU'VE LIVED IN THE USA FOR A FEW YEARS AND TRAVELLED AROUND A LOT - WHAT'S YOUR DREAM DESTINATION?

We've actually just come back from it! I'd always wanted to see the Northern Lights. So for Christmas and New Year, we went on the 12-day Hurtigruten cruise from Bergen up the Norwegian coast right into the Arctic Circle and back.

CHRISTMAS IN WINTERY STYLE!

Well there was plenty of snow in the Arctic Circle - but to be honest, I was really disappointed when we first arrived at Bergen. It wasn't cold - no snow on the streets at all! I'd bought some winter "thermals" especially for the trip but I got so warm; I had to keep taking layers off!

AND THE FESTIVITIES ABOARD?

Christmas was really lovely. The dining room on our ship was amazing, really beautiful. On Christmas Day we ate reindeer - poor Rudolph!! On Boxing Day, we saw a pod of four sperm whales - usually there are more. New Year's Eve was spectacular! We docked in Rovik and at midnight were completely surrounded by a huge circle of fireworks.

TELL ME MORE ABOUT THE SHIP...

We were on the MS Richard With which has seven decks. It's also a car ferry and we loved watching passengers and cars coming on and off as it's one of the 11 daily ferries up the coastline. We stopped at 34 different ports of call in each direction. Each port is a town and we docked right by the town centres. The sea was smooth most of the time and the ship was very well stabilized, just a slight movement occasionally at night which we barely noticed. Luckily.

AND THE FOOD?

Delicious! I'm not a big fan of seafood! But there's always meat or vegetarian options

and the buffet was amazing; lobster and huge king crabs - brought aboard live. And reindeer, of course!

THE AURORAE HAVE RECEIVED A LOT OF MEDIA ATTENTION LATELY; DID YOU GET TO SEE THE NORTHERN LIGHTS?

Yes, three times! Every time the Northern Lights appeared, the Captain would make an announcement. He'd wake people up if it was at night. One time I was alone on the deck and saw a white streak high in the sky - I wasn't sure what it was, but the skies were so clear I think it must have been the Milky Way.

There's a ritual on the northbound route where everyone had to stand in line and had a ladleful of ice cubes put down their backs!

IT'S DARK MOST OF THE WINTER TIME...

Yes, there are only a couple of hours of daylight every day which seem more like twilight actually. It felt quite eerie going into the fjords, seeing the snow in this strange sort of twilight...

THE TRIP WOULD BE VERY DIFFERENT AS THE LAND OF MIDNIGHT SUN IN THE SUMMER TIME...

Yes, there are completely different excursions available then which we didn't get to see, like visiting the Sami people and a RIB trip to a glacier and entering fjords that are iced over during the winter time.

WHAT WAS IT LIKE CROSSING THE ARCTIC CIRCLE?

There's a ritual on the northbound route where everyone had to stand in line and

have a ladleful of ice cubes put down their backs! I opted out because I'd caught a bit of a cold. But on the return crossing, you had to swallow a spoonful of cod liver oil which wasn't as bad as I'd been expecting. Everyone got the spoons as souvenirs and a certificate signed by the Captain. "King Neptune" of course was the Captain's helper.

WHAT WERE THE EXCURSIONS LIKE?

We did quite a few - a really comfortable long coach ride through the snowy landscapes, a five-minute church service in the medieval church in Trondenes, the Viking Museum ...

We also visited the Arctic Cathedral in Tromsø. It's a beautifully designed building with a spectacular stained glass window. Apparently, the designer didn't approve of the window - he wanted just clean cut lines everywhere - so he's refused to set foot in the Cathedral ever since.

The husky sledding was great fun but the ride was much bumpier than we'd been expecting! This was at Kirkenes, right up by the Russian border. We also saw white reindeer and visited the Snowhotel there. The foyer has beautiful ice sculptures of bears and other animals all around. And the rooms are themed - like Marilyn Monroe, Snow White and the Seven Dwarves, Paddington Bear, etc. all etched into the ice around the walls. The headboards were sculpted from ice too. The hotel supplies special suits for sleeping in. There was an ice bar, some bench seats and tables and also a "loo" ice sculpture!

A BIT CHILLY?

It was -5C there so I was really glad of my thermals then!

CULTURE

Wot? No Fish!!

Bread & Circuses Directed by Nick Philippou **Tuesday 18 February, 8pm**

Danny Braverman's solo show, an Edinburgh Festival Fringe premiere, tells the funny and moving story of how he discovered the lost art of his Great-uncle Ab. This is an extraordinary story about love and art, history and... catering!

In 1926 shoemaker Ab Solomons drew a doodle on the wage packet he gave to his wife Celie. Throughout their marriage, right up until 1982, Ab developed his art, drawing a wage packet cartoon every week for Celie. These cartoons chronicle Ab and Celie's family life, through ups and downs, with great wit and warmth and with a blistering honesty.

Suitable for 12 years + **£17 (£11 students) Members: £14.45 (£9.35 students)**

For more information and to book: 700444 • www.artscentre.je

jersey
arts
centre



MY NAME IS...

My name is **Oli Niahtingale** *from the* **KARTOON FAKTORY**

My job is **CARTOONIST & Illustrator**


When I was a kid I wanted to grow up to be a **Animator**

My worst habit is **WAS BITING MY NAILS**

The celebrity that would play me in the film of my life would be **JAMBO**

The song that best represents the soundtrack to my life is **anything** by **CHASE & STATUS**

This is a self-portrait:



My greatest achievement is **BECOMING AN ILLUSTRATOR**

My biggest inspiration is **PIXAR, Gerald Scarfe & STREET ART...**

In 3 words I am **WHAT I DRAW**

My motto / mantra is **TREAT OTHERS AS YOU EXPECT TO BE TREATED**

If I was a superhero I would be **KING KONG**

I couldn't live without **MY PENS**

The advice I would give my 12 year old self is **SHEEEEEEEEEE KEEP DRAWING SILVERBACKS**

Is honesty the best policy? **FOR ANSWER PLEASE VISIT**

KARTOON FAKTORY.CO.UK

Oli

NEW RELEASE



BRANCHAGE IS BACK!

It's the news that film fans island-wide have been waiting for since 2011 – yes, folks, clear a space in your diary as Branchage is back later this year, taking place from September 24th – 28th.

The festival, which started out in 2008 as the brainchild of Xanthe Hamilton, has announced its return with a new organising team headed up by Jersey's own Nina Hervé, Amy Rebours and Chris Bell. A day longer than its previous events, Branchage 2014 will feature five days of screenings, performances, parties, talks, walks, workshops, spoken word, theatre, comedy, exhibitions, dinners and who knows what else? They've certainly shown a knack for pulling out a surprise or two in previous years, with some of the more eccentric events in Branchage's gone by including French band Zombie Zombie performing a live score to Battleship Potemkin on the deck of a tugboat in a harbour, live electronica performed to a Victorian magic lantern show in the Museum, and of course the notoriously lavish, immersive and downright riotous Bordees d'Branchage vintage parties held each year, with artists like Paloma Faith, Kitty Daisy & Lewis and The Correspondents just a few of their previous guests.

Since their last outing as a full festival in 2011, the Branchage team have kept busy with a number of interim events, including a series of Branchage-commissioned screenings, live scores and comedy performances at the Bestival music festival in Isle of Wight, a gala screening of the Oscar-winning *Searching For Sugarman* documentary at Hotel de France in 2012, and even a live score to *Out of the Present* by British Sea Power at Switzerland's CERN, home of the Large Hadron Collider. So far the organisers are keeping their plans for this year's festival close to their chests, but we're promised a few surprises with Programming and Production Manager Chris Bell telling us that, "Although the festival won't be veering a million miles away from what people have seen before, there are certainly some tweaks to the format that we think people will get excited about, with brand new venues, a real focus on community participation and plans underway for some events that we hope will live up to the high standards set in Branchages of yesteryear."

Branchage has been the recipient of a grant from the Tourism Development Fund, regarding which Festival Manager



Nina Hervé says, "As a registered charity, we're extremely thankful to the TDF for providing Branchage with the necessary funding to bring the festival back to the island, and we're of course very confident that Branchage will once again be a great benefit to Jersey – not only to fans of film, music and the arts, but to local businesses and to the wider local community, as we aim both to showcase the island's wonderful locations to the wider world and to create that magical Branchage buzz that unites the island in celebration."

Branchage 2014 takes place from September 24th – 28th. Visit branchagefestival.com to keep up with their programme and other news.



WE HAVE A WINNER!

SCULPTURE "ST BRELADE'S BAY WAVE" BY DEBBIE BUTERBAUGH

The Podium Art Competition is an annual event which represents the Percentage for Art requirement for DW Health Club in St Brelade's Bay. Jersey artists are asked to submit original designs for a single piece of artwork to be displayed on the podium located in the front garden of St Brelade's Bay Hotel. When this years winner Debbie Buterbaugh entered the Competition back in the Summer of 2013 she had never designed a large sculpture before and but the competition provided her with the perfect opportunity.

Debbie said "I was shocked, delighted and a little bit scared when I found out I was the winner. When dreaming up the design, I pondered on what St Brelade's Bay means to me and my family: We love the ocean – my husband was a commercial diver in the Gulf of Mexico oil fields; I taught scuba diving all over the world; our children enjoy splashing and jumping in the waves. St Brelade's Bay is our backyard and playground and we've spent many hours wandering the sand in search of treasure – delicate shells, pummelled beach glass, strange pebbles, and interesting pieces of pottery. The Bay is a paradise for locals and tourists alike. With all of this in mind I created St Brelade's Bay Wave."

The Wave is a hollow disc fabricated from mild steel. The steel is skinned with recycled copper which oxidises in the elements, turning a stunning turquoise colour which will improve with age. The metal is meant to remind us of the shipwrecks lying beneath the waters of the Bay, and the oxidised copper evokes the colours of the ocean. The Chief Welder and Fabricator of The Wave was Debbie's husband, Buter, who worked long hours day and night to complete the metal structure.

Within the Wave is a disc cut from local wood. Debbie embedded the disc with an intricate mosaic of beach glass and pebbles collected by her kids from St Brelade's

Bay. The mosaic adds a splash of vibrant beach colours which will catch the sun and perfectly complement the surroundings of the Bay.

The Wave represents the real essence of the Bay, through its carefully chosen shape, colours and materials. It represents the beauty of the beach and the ocean: the idyllic backdrop of St Brelade's Bay Hotel. The competition provides an excellent opportunity for emerging talent as well as established artists to showcase their work in the public domain for a whole year, be sure to pay Debbie's work a visit.





THE GENUINE ARTICLES

PASSIONATE ABOUT THEIR CRAFT



KEVIN BRACE PHOTOGRAPHER

"I am a photographer living and working in Jersey. My passion is for the landscapes around me and the light that sweeps across them; painting them with its colours and defining its tones, shaping its mood and characterizing its seasons. My photography is my excuse for getting out and I love Jersey as a source of innumerable landscape opportunities. Jersey is small, but perfectly formed!"

Jersey affords us a stunning coastline with beautiful beaches and wild cliffs, expansive low-tide seascapes and some bucolic countryside, the inherent colours of these landscapes being indelibly stained into the islands granite heart and the souls of everybody who takes the time to look.

I look for both splashes of colour and shapes, often seeking out abstract elements that serve to add a different dimension to an otherwise conventional scene. The post-processing element of my work is very important, it's where I make my mark and interpret the scene according to the emotions that I saw or experienced at the time of shooting.

If I want peace & solitude I head out towards Seymour Tower, exploring the gullies and pools. For drama, Plemont can't be beaten, particularly when a hoolie is blowing in from the Atlantic and pounding the beach.

You instinctively know when you are onto a good photograph, you don't need to reel off dozens of shots, a few will suffice. Sometimes a good shot comes out of an 'ordinary' shoot, but the buzz you get when you know its right is what its all about."

www.kevinbrace-photography.com

ALASDAIR HEALY CARPENTER

Alasdair is a cabinetmaker and craftman who designs and makes fine furniture, specialising in uniquely functional and beautiful jewellery boxes. Producing both speculative work and bespoke items, tailored for an individual purpose or collection. Using a variety of hardwoods, including Oak, Ash, Walnut, Cherry and Elm, as well as incorporating some highly decorative veneers. Alasdair's creations are all handmade to the highest standard.

Alasdair has 20 years experience, a career working in some of the UKs leading and respected workshops, including Senior & Carmichael and Matthew Burt. Twice receiving 'guild mark' awards from The Worshipful Company of Furniture Makers for his work, including his revolving jewellery tower (pictured). Alasdair has set about establishing a workshop and a presence in Jersey having moved here with his wife in 2012.

"Being creative with wood is a privilege. I'm deeply passionate about the material and it's versatility as well as a love for its natural quirks and raw beauty. Having dedicated myself to mastering the skills and techniques involved to manipulate this amazing natural resource, there will always be a fascination with the diversity of thought and action needed to conceive, capture, interpret and manifest an idea into an object. I enjoy the whole process with the 'hands on' approach. My ideas realised in a sketch before laying out the design on a drawing board, finally making each component by hand. The end result is, I hope, worth the hours put in to each piece I make. Treasured and utilised for generations."

www.alasdairhealy.com
alasdairhealy@gmail.com or 07700 711670

THE MONTHLY UPLOAD

WANT TO WIN £100? EMAIL YOUR PHOTOS (AROUND 4MB IS A GOOD SIZE) WITH THE SUBJECT 'UPLOAD' TO: UPLOAD@GALLERY.JE BEFORE THE DEADLINE OF **15TH MARCH** AND YOU'LL BE IN WITH A CHANCE.

Photographer: Mike Bewley



Photographer: Owen Cracknell



Photographer: Nigel Grieves



Photographer: Owen Cracknell



Photographer: Anne Vautier



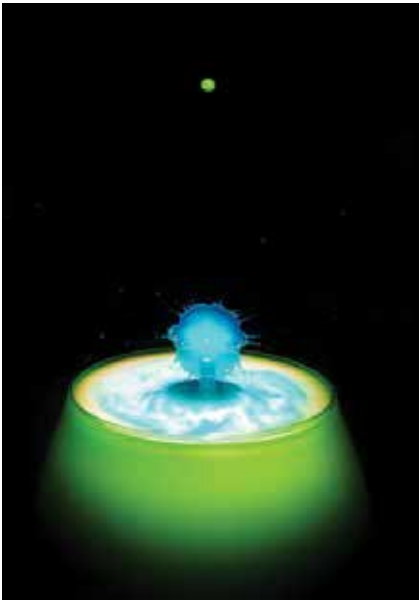
Photographer: Scotty Miles

NEXT MONTH'S UPLOAD THEME IS **'JUDGEMENT'** SO GET THOSE CAMERAS READY AND GET SNAPPING FOR YOUR CHANCE TO WIN £100! THE DEADLINE IS **MARCH 15TH**. IF YOU'RE THIS MONTH'S WINNER JUST GIVE GALLERY HQ A CALL ON 811100 TO CLAIM YOUR PRIZE.

Photographer: Dave (oh, such an element of mystery...)



Photographer: Jamie Matthew



Photographer: David Lake



Photographer: Mike Harber



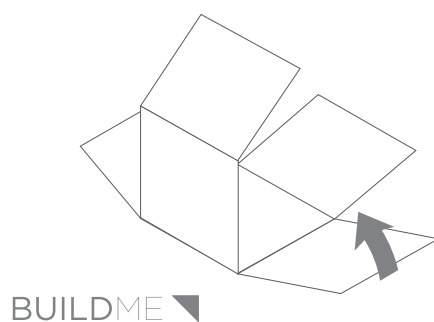
Photographer: Dave



Photographer: Fraser Hurst



Photographer: Alex Mourant

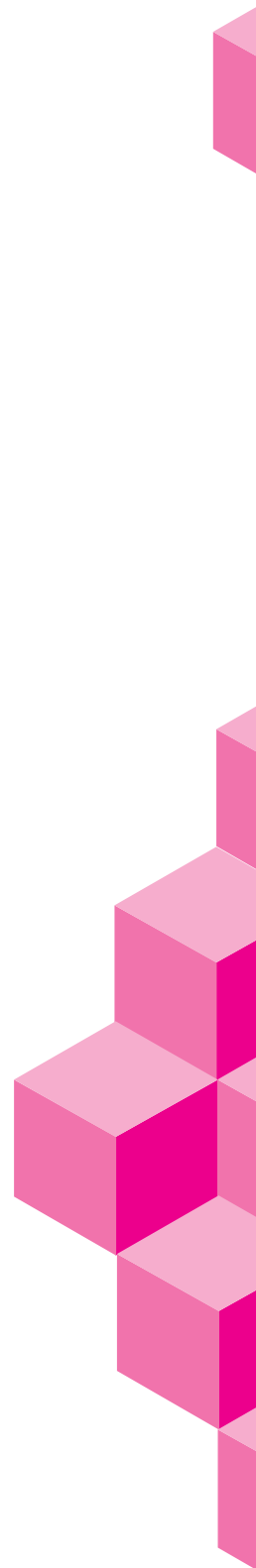


THE
GALLERY
STUDENT
ART AWARDS
2014

gallery

THE GALLERY STUDENT ART AWARDS 2014

GALLERY.JE/ART



ONE



IN CONJUNCTION WITH
CCA GALLERIES INTERNATIONAL

CULTURE NEWS



SURE TO BE A ROARRRRING SUCCESS

Remember the news story in 2012 about a lion being spotted in Clacton? Well, performance poet Luke Wright did and has used the unusual occurrence as inspiration for his new show Essex Lion. Between being John Cooper Clarke's support act, reading his poetry on BBC Radio 3 + 4 and reviewing records on BBC 6 Music, Luke Wright is visiting Jersey Arts Centre (Box Office: 700444/artscentre.je) on 13 February to perform at the Old Magistrate's Court. Get ready to roar!



THE CONFLICT EXHIBITION

On show from Monday 3 February will see Jersey Arts Centre's Berni Gallery transformed over 36 hours as five local artists produce work straight onto the gallery walls. Using the 100th anniversary of The Great War and other world conflicts as a stimulus, the artists will have only 36 hours to complete their work, which will then be exhibited for three weeks. On 22 February, the gallery walls will be re-painted; removing the artwork as quickly as it was created...



DINOSAUR ZOO

25th -27th February

Direct from the West End, this interactive children's show brings these awesome prehistoric creatures to the stage as you've never seen them before. From cute baby dinos to teeth-gnashing giants, observe and interact with these extraordinary life-like dinosaurs in this imaginative and hilarious live show. It's dinosaursome and clearly not just for kids! Be warned - the 'danger seats' book up fast!

Tickets: £12.50 -£15

CLOWNING AROUND

For aspiring actors, there is the perfect chance to brush up on improvisation techniques and get in touch with their inner idiot in Frank Wurzinger's upcoming Weekend Clowning Workshop from 15 - 16 February at the Old Magistrate's Court (Box Office: 700444/artscentre.je). After visiting twice with shows The Confetti Maker and Goodbye, Frank Wurzinger will be passing on his clowning skills to the thespians of Jersey.



FUN, LAUGHTER AND GREAT MUSIC!

An event will take place in the Opera House on 8th February that will see the audience leaving the theatre holding their sides from laughing. A Comedy Concert, in aid of Durrell, will link music to a lot of laughs. There will be an opportunity to hear local favourite Chris George playing "Concerto Popolare" - when he will take on the orchestra in a battle of well known popular piano concerto tunes. Local singers will entertain the audience with a selection of songs ranging from Flanders and Swann to The Two Ronnies and local Dance expert Christophe Chateau will be on hand with his partner to demonstrate the art of the Music Hall Sand Dance.

Perhaps the most extraordinary and fun part of what will be a unique evening in Jersey musical circles will be a performance of the "Toy Symphony". Nothing special in that? Wait until you see who is playing the toy instruments. The evening will raise much needed funds for Durrell and the whole evening is being organised by local charity, Music in Action with the Jersey Chamber Orchestra.

WIN WIN WIN!

JASON MANFORD: FIRST WORLD PROBLEMS - TUESDAY 4TH & WEDNESDAY 5TH MARCH, 8PM
SUITABLE FOR 16 YEARS +

A true master of observational comedy, he promises a wealth of comedy anecdotes, misunderstandings and audience banter all delivered with his cheeky chappie charm and teasingly intelligent wit. **Tickets: £22.50**

TO WIN TWO TICKETS ANSWER THIS QUESTION: WHERE IS JASON MANFORD FROM?

Send your answers to: win@gallery.je



MOSCOW CITY BALLET

Wednesday 19th - Sunday 23rd February

Voted Critic's Choice by The Times, the Moscow City Ballet returns to Jersey Opera House to perform its stunning productions of Swan Lake and The Nutcracker from 19th - 23rd February. Accompanied by a live orchestra and celebrating its 25th anniversary, the company is brimming with some of Russia's best dancers, outstanding principals and a stunning corps de ballet. Consistently receiving rave reviews, Moscow City Ballet's interpretations of these classic ballets will be brought to life on your doorstep.

Tickets: £29.50-£47.50



ART WITH A HEART – FIND YOUR PERFECT MATCH THIS VALENTINES!

The world is awash with art about LOVE, with some pieces evoking a profound emotional experience. At CCA Galleries International, we are dedicated to providing you with a selection of new and innovative pieces to connect with emotionally. With that in mind, here is a selection of the best works of art inspired by LOVE from our current collection.

Rob Ryan's exclusive artwork 'All of the Words in the World' was created to raise funds for the British Heart Foundation's Mending Broken Hearts Appeal with all publisher's profits going to the BHF. In this piece, he shows a couple opening their hearts to each other, intertwined with the phrase 'All of the words in the world are worth nothing if we cannot be together'. This intricate, whimsical and romantic composition is typical of Ryan's work, featuring text as the emotional key.



Another artist who uses art to evoke a sense of sentiment and warmth is Sir Peter Blake. In 'I love you', Blake uses letters taken from different sources to spell out the immortal words. His use of mismatching letters is a classic motif in his work, reflecting his love of collage and collecting.



Dan Baldwins 'Love' represents his love affair with girlfriend, Annie. In his own words; 'The piece Love was originally going to be called Peach, as that is Annie's favourite colour... then as the painting grew I changed it to just Love.' The couple are now happily married.



An iconic love image is Sir Terry Frost's 'Love Tree' which is both joyous and heart-warming. It's warm yellow tones and vibrant splashes of colour, combined with the hearts have made this one of Frost's most popular silkscreens.

Find your perfect match this Valentines in CCA Galleries International, Royal Court Chambers, 10 Hill Street. For more information on current and future exhibitions, contact the team by telephone (01534) 739900 or email enquiries@ccagalleriesinternational.com. The gallery is open Monday to Friday (10am to 5pm) and Saturdays (10am to 2pm).

JERSEY OPERA HOUSE

COMING UP...

MET OPERA SCREENINGS:

RUSALKA Sunday

9th February

PRINCE IGOR

Saturday 1st March

Tickets: £10-£17.50



AN EVENING WITH PETER ALLISS

Sunday 16th February

Any fan of the game will recognise 'the voice of golf'. For one night only you can see him as well as hear his comedy anecdotes and broadcasting highlights.

There will also be a chance for questions after his talk.

Tickets: £20



MOSCOW CITY BALLET:

SWAN LAKE

19th-21st February

THE NUTCRACKER

22nd & 23rd

February

The Russians return with two stunning productions supported by a live orchestra which together bring to life Tchaikovsky's most well-loved scores.

Tickets: £29.50-£47.50



NATIONAL THEATRE LIVE: WAR HORSE SCREENING

27th February & 6th March

An international smash-hit, which more than 4 million people have seen, the National Theatre broadcasts this epic play to the world, taking a global audience on an extraordinary journey from the fields of rural Devon to the trenches of First World War France.

Tickets: £12.50



BOX OFFICE: (01534) 511 115

www.jerseyoperahouse.co.uk



A → Z OF HOLLYWOOD

DOS

AND

DON'TS

THIS VALENTINES DAY

IT'S VALENTINE'S DAY THIS MONTH, AND AS SUCH, THERE'S A FAIR CHANCE YOU'LL WANT TO COSY UP IN FRONT OF THE TV WITH A GOOD OLD ROMANTIC FLICK WITH YOUR OTHER HALF. OR MAYBE ON YOUR OWN. THE CHOICE IS YOURS. TO GIVE YOU SOME MOVIE IDEAS FOR THE BIG DAY, WE'VE COMPILED AN A-Z OF ROMANTIC DOS AND DON'T INSPIRED BY THE SILVER SCREEN. WE HOPE YOU FIND THIS USEFUL, AND NATURALLY, WE'RE ONLY HAPPY TO HELP. ENJOY!

A IS FOR ADAM SANDLER (PUNCH DRUNK LOVE)

DON'T emulate Mr Sandler's character Barry in Paul Thomas Anderson's incredible Punch Drunk Love by attempting the chat up line "I'm looking at your face and I just wanna smash it with a sledgehammer and squeeze it. Your so pretty." It worked for him, but it almost certainly won't for you.

B IS FOR BLUE (AVATAR)

DO be prepared to go the extra mile for the apple of your eye if he or she seems to be The One, even if that means transforming yourself into a seven foot tall Smurf and living on an alien planet for the rest of your life. It's the little gestures that count.

C IS FOR CRASH

DO buckle up, and **DO** drive safely.

D IS FOR DRIVE

Further to 'C', as well as buckling up and driving safely, **DO** make an effort to say a word or two during your special Valentine's Day date, unlike Ryan Gosling in his now customary "let's give the audience the silent treatment" performance. (N.B. Drive is bloody good though).

E IS FOR ETERNAL SUNSHINE OF A SPOT-LESS MIND

If your relationship goes pear-shaped, **DON'T** try and forget it all like Jim Carrey and Kate Winslet's characters in Eternal Sunshine. Pain, suffering and trauma are all part of life, and what's more, character building, so deal with it and move on.

F IS FOR FISCHER, MAX (RUSHMORE)

DO pull out the stops to woo the man/woman of your dreams, even if it means resorting to dirty tactics, like Bill Murray and Jason Schwartzman's campaign of revenge acts against one another in Rushmore. However, **DO** set your sights on someone with whom a relationship is at least vaguely practical, unlike Schwartzman's 15 year-old Max, who falls for his widowed first grade teacher.

G IS FOR GET OVER IT (DRACULA)

DON'T spend your entire life – or afterlife as is the case in Dracula – fretting over an old flame. Sure, Count Drac was understandably peeved at finding his wife dead in 1462, but after 400 years – during which time she's been reincarnated several times – it's really just time to let it go.

H IS FOR HANEKE, MICHAEL (AMOUR)

DO show your loved one all the tenderness and care that Georges shows to his deteriorating wife in the Michael Haneke's Oscar-winning Amour, the greatest film about love that the silver screen has seen since maybe ever.

I IS FOR INCEST (STAR WARS)

DO check that that girl/boy that you're about it snog isn't your long lost sister/brother. That way you'll avoid the awkward moment experienced by not just Luke and Leia but also presumably Han, in Return of the Jedi.

J IS FOR JONES, BRIDGET (BRIDGET JONES'S DIARY)

DO wear your good pants.

K IS FOR KYLE REESE (THE TERMINATOR)

DON'T get involved with the mother of your boss, who's sent you back in time to protect her. Or maybe **DO**, as it could result in you becoming your own boss's dad, thereby allowing you to totally pull rank on him. So, to conclude, **DO**.

L IS FOR LUGGAGE (DUMB & DUMBER)

DON'T try and deliver your sweetheart's lost luggage on a cross-country trip in a van shaped like a dog. It'll only end in tears, and later this year, a sequel.

M IS FOR MICKEY AND MALLORY (NATURAL BORN KILLERS)

DON'T hook up with someone that you know is going to be a bad influence. Mickey and Mallory Knox might have avoided a whole world of trouble had they steered clear of one another...

N IS FOR NICHOLSON, JACK (AS GOOD AS IT GETS)

DO be nice. Jack Nicholson's Melvin spends a lifetime being a misanthropic nightmare to one and all that he meets. When circumstances force him to have to have a go at treating people nicely, he's suddenly a bit of a catch. Well not suddenly, but by the end of the film anyway.



O IS FOR ODA MAE BROWN (GHOST)

Should you happen to die between now and Valentine's Day, **DON'T** think that you have to cancel your hot date. Just find a spirit medium like Whoopi Goldberg's Oda Mae Brown in *Ghost*, and get them to go on your behalf, as a psychic conduit. Problem solved.

P IS FOR PULP FICTION

DON'T get involved with your boss's wife. This includes, but isn't limited to, activities such as giving her a foot massage.

Q IS FOR QUENTIN TARANTINO (TRUE ROMANCE)

DO stick up for your girlfriend. But possibly stop short of sticking up for her quite as much as Christian Slater does for his wife in the Tarantino-penned *True Romance*, in which he ends up killing her pimp and being pursued by psychotic mobsters in the shape of Christopher Walken and James Gandolfini. Probably unlikely to happen in Jersey, but you never know.

R IS FOR RESEARCH (GROUNDHOG DAY)

If you end up living in a never ending time loop, repeating the same day over and over again, as does Bill Murray's Phil Connors in *Groundhog Day*, **DO** take the time to swot up on men or women that might take your fancy, in order to improve your chances of wooing them. Only if you end up in a time loop like Bill Murray's Phil Connors in *Groundhog Day*, of course. In any other scenario that sort of behavior could be seen as creepy.

S IS FOR SHAUN (SHAUN OF THE DEAD)

DON'T offer to take your other half out to the local pub for beer and pork scratchings on Valentine's Day. **DON'T** give your other half flowers with an attached tag addressed to 'Mum' on Valentine's Day. **DO** demonstrate some initiative and sense of responsibility by decapitating lots of zombies though, should the opportunity present itself.

T IS FOR TOMMY WISEAU (THE ROOM)

DON'T be boring. Your other half will inevitably get sick and tired and run off with your best friend, like the girlfriend of Tommy Wiseau in *The Room*. It's inevitable. However, if you are going to be boring like Tommy Wiseau in *The Room*, **DO** ensure you be really, REALLY weird and unintentionally hilarious at all times, as does Tommy in what's been called 'the Citizen Kane of bad movies.'

U IS FOR UTAH, JOHNNY (POINT BREAK)

DON'T fight your feelings. Go with your gut instinct in the name of love, otherwise you'll wind up living a life of regret and heartache. Case in point - Keanu Reeves' Johnny Utah in *Point Break*. Clearly the actual love story in the film is between him and Patrick Swayze's Bodhi, yet Keanu spends the entire film getting loved up with Lori Petty. What a waste of a potentially beautiful romance.

V IS FOR VENKMAN, PETER (GHOSTBUSTERS)

If the girl of your dreams asks you, "Are you the gatekeeper?" say no, and find a new girl of your dreams.

W IS FOR WOODS, JAMES (VIDEOROME)

DON'T (Spoiler Alert!), like James Woods does in *Videodrome*, shoot yourself in the head just because a girl that you fancy tells you to. Even if she is Debbie Harry.

X IS FOR X FILES

DON'T ruin the long-term and apparently platonic relationship with your friend/work colleague by jumping into bed together. You'll totally ruin the simmering sexual frisson that's been bubbling under the surface for all those years. Mulder and Scully did that at the end of the *X Files* TV run, and what happened next? Two terrible spin-off movies, that's what.

Y IS FOR YACHT (THE WOLF OF WALL STREET)

Should you purchase a 167-foot yacht for your wife, **DON'T** rename it after her. In fact don't rename it at all. Every mariner worth his sea salt knows that's bad luck, and you might end up (Spoiler Alert!), sinking it in a storm off the coast of Italy.

Z IS FOR ZANE, BILLY (TITANIC)

"I put the diamond on the coat... I put the coat on her!" **DON'T** give expensive gifts to your other half if you're the type of person, like Billy Zane in *Titanic*, who's just going to ask for them back once you've split up.

ALEX FARNHAM'S
DIARY OF A

Young Professional



There's nothing quite like slowly reclining in the dentist chair whilst a masked man pokes sharp metal instruments into your mouth, with Coolio's 'Gangsta's Paradise' playing in the background. To many of you, this may seem like the fictional fantasy of a man desperate to produce content for a monthly feature in a magazine, but to me, it was the start to 2014. Happy New Year.

I hadn't been to the dentist for a while, and this was a new one, so I was feeling especially brave as I perched nervously in the waiting room. I didn't get a sticker, which ruined it a bit, but the dentist was very nice. I even recommended him to my other half, who came back raving about how 'sexy' he was. I'd be upset, but I don't completely disagree with her. The one thing that freaked me out was when they took an X-ray of my mouth. They positioned this large, ugly machine akin to an advanced piece of weaponry right in my face and pressed the button/trigger. Now, I'm not an idiot, I know that they weren't trying to blow up my head, but it was fairly disconcerting when both the dentist and the nurse ran out of the room as soon as they'd pressed it. If you don't even want to be in the same room as this contraption, I definitely don't want it pressed up against my face. Good grief.

Anyway, heaven knows why Gangsta's Paradise was playing – perhaps he was more 'ghetto' than your average dentist? Maybe oral hygiene was second on his list of interests after classic gangster rap?

Whatever the reason, it was very funny to me, which must have annoyed Mr Sexy Dentist because it must be hard to examine teeth when the patient is chuckling like a lunatic. Gangsta's Paradise... let's analyse a lyric, shall we?

'As I walk through the valley of the shadow of death,
I take a look at my life and realize there's nothing left.'

Not the most upbeat way to start a song, I'll tell you that for free, but apart from the use of a 'z' that could send a shiver down a British spine, something else stands out to me. Imagine looking back at your life, what you'd done and all that, and just thinking 'well, that was a bit naff'. To me, that thought is terrifying: a life unlived or just 80 odd years of regret – who wants that? So, in the spirit of New Year's resolutions I've been thinking about trying to make sure every day matters. It's quite hard, to be honest – especially when you're in a 9-5 routine where most days are quite similar, and they all seem to blend into each other.

I'm trying to learn to not get worked up about the little things. So what if my cat thinks that the whole flat can be used as a toilet? He's only a cat, he can't be held responsible and it can be cleaned up.

I'm not saying I'm going to base jump off the Eiffel Tower or frolic round America on roller-skates, nothing fancy like that... I suppose I just mean I'm going to try and enjoy my life a bit more.

My birthday took place recently and I became one year older, which didn't come as a complete surprise. I had such a fantastic day. It honestly was brilliant.

I did all the things I wanted to do and everyone was nice to me and I got cards and birthday greetings from all around. That got me thinking about why every day couldn't be this nice, and I couldn't really think of a reason why not. Again, I'm not going to turn into one of those constantly positive idiots who just make a habit of annoying people with their big happy faces, but I'm trying to learn to not get worked up about the little things. So what if my cat thinks that the whole flat can be used as a toilet? He's only a cat, he can't be held responsible and it can be cleaned up. It doesn't matter, and to be honest, I think he's understandably holding a grudge against me for commissioning the separation of his testicles from his body earlier this month. I tried to explain as best I could my social obligation to make sure he doesn't mate with all the other cats and bring any more kittens into an already over-populated feline world, but he just looked at me and said 'meow' – and who can blame him?

Welcome to 2014, that's what I say. Life isn't all that bad, most of the time, and if you can appreciate that, you'll be a lot happier, and you'll be well on the way to your own personal paradise, gangsta or otherwise.

FASHION



WHISTLES

New arrivals now upstairs

A&B
ASHFORTH & BIRD

Voisins

BRAND NEWS

IT'S GOING SWIMMINGLY

It can be so hard to find great swimwear off-season but thankfully the beautiful new collections arriving weekly at Adorne are perfect if you are lucky enough to be planning to jet off somewhere sunny. We loved this turquoise and fuchsia floral bandeau bikini by Banana Moon worn by the super cool model-of-the-moment Nina Agdal. Imagine how great it will look as you take a dip? Or this colourful mixed print bikini by Paolita will look great peeking through a plain cover-up.

Both bikinis pictured are available from Adorne.

FOLLOWING THE SUCCESS OF GANT MENSWEAR...

Gant womenswear is now available at de Gruchy. This American cool-collegiate brand features a sportswear heritage infused with a European edge to create the perfect staple pieces for your wardrobe. From blazers to knitwear and on trend pastel colours, expect to see great things from Gant this spring.



MiH OH MiH

One of Britain's most iconic denim labels has landed at de Gruchy. The MiH Jean Collection provides beautiful quality tailored jeans and perfect seasonal staples as worn by A-listers such as Sienna Miller and Lana del Rey. Whatever your denim desire - distressed, ripped or cropped - they have a style to suit.

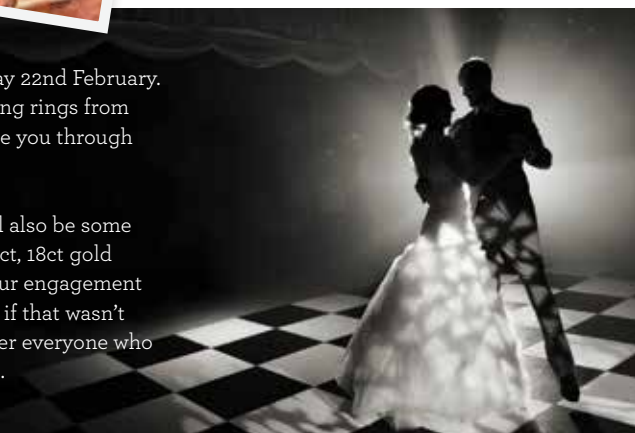
MiH is now available at de Gruchy

THIS OFFER HAS A GREAT RING TO IT!

Rivoli Jewellers will be holding an in store wedding event on Saturday 22nd February. They will have in stock, especially for the event, a full range of wedding rings from Brown & Newirth and their experienced team will be on hand to guide you through your purchase and ensure that your rings are a perfect fit.

In addition to a fine collection of handmade wedding rings, there will also be some very special offers including up to 20% off wedding rings including 9ct, 18ct gold and platinum rings, a shape to fit service so that however unusual your engagement ring, a wedding ring can be tailor made to sit perfectly with it, and as if that wasn't enough, they have teamed up with Natalie Mayer Photography to offer everyone who places an order on the day an engagement photoshoot worth £150.00.

See www.rivolijewellers.co.uk for details.



NEW BRAND ALERT

Iconic lifestyle brand Franklin & Marshall is now available in Voisins' menswear department. Built on a passion for vintage sports style and its iconic clothing, the menswear range includes t-shirts, polo shirts, sweatshirts and woolen jumpers as well as fleeces and jackets.

With an emphasis on quality, the majority of the items are made in Italy, and are inspired by European sport, music and cultural events. Franklin & Marshall is noted for its vintage washes and printing techniques such as crack flocking, embroidery and tackle twill appliqué.

PEBBLE

Pebble Interior and Clothing Boutique on Market Street has fresh Spring Collections arriving daily in store. With firm favourites By Ti-Mo, Soaked In Luxury, Louche, Hartford, So Charlotte, Becksondergaard and Bensimon. They will also be launching Scandinavian brand In Wear for Spring, as well as some boutique Parisian brands brand new to Jersey, so watch this space! We popped in to their beautiful shop and saw these fab jumpers perfect for wrapping up against the cold in this winter. Pop in for clothing and home inspiration all under one very pretty roof.

Jumpers by Soaked in Luxury.





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TREND NEWS

Since it is the month of luuuuurve we have gathered together a selection of great gift ideas to give your betrothed. So whether you're the sort of person to pre-book Valentine's Day treats a month in advance, or if you're more of an off the cuff renegade romantic then there should be some inspiration here for you to wow your lover.



THE OH-SO-COOL

This is a fail safe item when trying to purchase clothing for your partner. A leather biker jacket is perfect for wearing over jersey dresses or with skinny jeans and military boots for a casual weekend outfit. So whether you have a girly-girl or a rock chick, everyone can utilise this fab wardrobe staple. This lovely one by Mango features epaulettes and an asymmetric zip fastening through the back, it also has twin side zip pockets and zipped cuffs. *Alabra Mango Leather Biker Jacket RRP £119.99, Voisins £107.99*

THE CLASSIC

Every girl should own a pair of real pearl earrings. They are timeless, elegant and one of those things that is just always on-trend. Over the last year, Jersey Pearl has been experimenting with different 'butterflies' to find the ones which are just right for their classic stud earrings; not too tight that you can never get them on or off properly, and not too loose that you end up with just one odd earrings sat in your jewellery box. They wanted a pair of butterflies that's just right (à la Goldilocks and the Three Bears).

After a long search they've cracked it and now, going forward, all classic Jersey Pearl studs earrings will feature butterflies which are designed to be easy to put on and, most importantly, comfortable to wear. This also means you don't need to worry about her losing them!

Prices start from £29.50 for freshwater pearl stud earrings set on silver.



THE BEAUTIFULLY PRACTICAL

A lovely trench to stop her getting drenched. This update on the classic cover-up is cut in a fluid, flattering fit for effortless wear. The enviably elegant fawn Sophia Trench features contemporary elements such as chunky zip pockets and sleeves as well as traditional gun flaps and epaulettes - the perfect blend of style. She can keep the look sleek by teaming it with slick skinny trousers and black leather heeled boots.

The Hobbs Sophia Trench RRP: £199, Voisins £179.10

THE RISQUÉ

Lingerie is the ideal Valentine's Day gift. It is such a thoughtful present because we all know it takes some guts to muster up the courage to even walk in to a lingerie store! However, the girls at Adorne are there to help you; their fab team will effortlessly guide you through some suitable options for the main lady in your life. They have a fantastic range of styles and colours so you're sure to find something that you know she'll love, and that you will love her in! With new Spring Collections arriving weekly, pop in and see what is on offer. A great tip is to first check the size of her favourite bra, so that you can go in armed with the right knowledge on what size will fit her best.

All pictures are from the Cotton Club's 2014 Collection available at Adorne.



THE BESPOKE

Aside from the traditional pink champagne and rose bouquets, we could all use a tip or two when it comes to surprising that special someone on Valentine's Day. The brilliant Love Letters collection is a range of bespoke gifts which you can have your own personal message impressed onto.

The Bench's Love Letters pose as the perfect gift for those searching for a more personal way to say 'I love you'. Choose from a beautiful range of sterling silver pendants and charms from just £45. All items can be made whilst you wait, so why not give your true love something truly meaningful this Valentine's Day?

Love Letters are available from The Bench At Jersey Pearl

Transform your body shape and redefine your facial contours with this 100% natural, anti-ageing face and body treatment from medi-spa pioneers LPG Systems.

Remodel your body: Lipomassage is a non-invasive, gentle mechanical stimulation technique designed to firm loose skin, break down pockets of fat and drain excess fluid.

Redefine your facial contours: you see results from the very first Endermolift facial. Your skin will be smoother and you'll have a natural, healthy complexion. Intensify the results with a course of sessions - wrinkles will be smoother, facial contours redefined, cheekbones enhanced and your face will appear younger.



Before

After 6 sessions

After 12 sessions



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KEEP THE LIGHTS ON



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SOFT GREY VERDISSIMA BRA £45 BRIEF £21.90 **ADORNE**





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WATERMELON CHATELLE BRA £41.50 PANTS £23.50 VOISINS



ULTRA LIGHT LOVABLE BRA £28.80 BRIEF £10.80 **DEGRUCHY**



CALVIN KLEIN PEGMATITE BRA £26.10 BRIEF £11.00 **DEGRUCHY** ▲
GANNI BRA £46 BRIEF £20 **MANNA** ►



StyleStalker

WORDS LAURA COSTARD

We sent our Style Stalker out onto the streets of St Helier, camera in hand, to find some fashionable folk who are ahead of the trends and working their own style.



Lucy, 21, Supervisor

"I chose this tartan dress as it's quite wintry and perfect for work (Topshop)"

Tartan prints are big this winter, with Lucy taking them to the grunge-chic max! Defo pop some of this print on your shopping list this February.



Tom, 26, JW Assistant Manager

"Just threw on this coat because it's chilly"

Tom's simply rocking the sport-luxe trend this season - trainers are back with a bang: both comfortable and street-chic!



Debbie, 48, Sales Assistant

"It was cold at home so I put on a hat, coat and boots to do a bit of shopping"

I am simply in love with Debbie's boots - forget knee high, sexy over-the-knee boots are a fashion fab statement this Winter!



Karen, 52, Jobseeker

"Just went for something casual and comfortable"

Karen's look is stylish yet wearable. I love her mix of earthy hues (especially her khaki jeans with zip detail), completing her look by adding a fierce touch with a studded bag.



Linda, 53, Company Director

"I like wearing something a little different yet normally opt for classic styles"

Tartan-tastic! Once again, tartan is featuring in our Fashion section, with Linda pulling off these trousers effortlessly. Don't ever be afraid of a print - rock it with style!



Sandra, 36, Hairdresser

"I like to be warm and cosy whilst looking and feeling good!"

Make your February fab with a glam faux-fur coat. To top Sandra's outfit, she's teamed her statement coat with wetlook leggings (j'adore) and some edgy studded boots.

BEAUTY & WELLBEING



de Gruchy



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BEAUTY NEWS

TOM FORD PRIVATE BLEND

EXCLUSIVE TO DE GRUCHY

With Private Blend, Tom Ford opens a door into the mesmerising world of artisanal scent encompassing six distinct fragrance categories: oriental, floral, tobacco, woods, leather and eau de cologne. The twelve unisex fragrances, packaged in a single bottle design, deliver highly original accords of the most fascinating notes in a perfumer's lexicon.

Private Blend Collection 12ml from £192.50 at de Gruchy



SOME LOVE FOR LOYALTY

Avalon Hair and Beauty have introduced a loyalty card scheme to reward their clientèle for their continued custom. The card benefits regular customers with either a free cut & blow dry or a free manicure/pedicure after 6 completed appointments within a 6 month period.

To take advantage of this fantastic loyalty scheme pop into the salon in Burrard Street (By Travelmaker) or call 888178.



L'OCCITANE SHEA LOVE HAND CREAM TRIO

Exclusive to Voisins, this gorgeous must-have will keep your hands ultra-smooth this winter. This limited edition collector's tin box comes with three irresistible hand cream scents: passionate jasmine, loving rose and subtle violet. Makes the perfect present!

Available at Voisins £18.50

DAZZLE!

Like a magically iridescent ray of light, this nail enamel and gloss duo shines with a surreal glow. They are perfect for this winter weather; giving both your nails and lips a dazzling frosting! As top coats, they bring out all the facets of colours underneath. We're in love with these two new wonder products by Guerlain.

Guerlain is available from Voisins



CHANGING LIVES - ONE SMILE AT A TIME

Losing weight? Getting fit? Stopping smoking? - Every year we make promises to ourselves and perhaps 2014 should be The Year of Your Smile! But here's the thing - having an amazing, confident smile doesn't just come from great-looking, straight, white teeth. It's all about the gums. And who better to ask about gum health than Katie Park, Head of Hygiene at The Cosmetic Dental Group. Katie has been short listed for the prestigious national award of Hygienist of the Year, which is a first for Jersey.

'Gum health is massively important in that gum disease is the greatest cause of tooth loss. Patients can be unaware they have gum disease because it is often not painful until the later stages', Katie explains.

So if you want the confidence that comes from knowing your breath is fresh and your teeth are stain-free then it's time to visit your hygienist. 'Our Dental HealthPlan has proved so popular. Hygiene appointments are included in the discounted monthly fee. Patients just love it.' Katie says.

Worth noting is that The Cosmetic Dental Group can boast of at least two Hygienists working every day, which is great news for busy people. It is Jersey law that you cannot see a Hygienist unless you have a prescription from the Dentist. 'We are happy to do this for patients so they can see one of our Dentists for a prescription free of charge. Alternatively we can use a prescription from your own Dentist should they not have a Hygienist facility.

You lucky Gallery readers can book in with your partner or friend for your first Hygienist appointment and receive the second appointment at half the current fee. Full terms apply and for more information contact Heather Hearn on 731680.

Listen to more from Katie (check out her smile!) on the patient testimonial video at www.jerseysmiles.co.uk





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BEAUTY PRODUCTS

A selection of delectable products which are pink to make the boys wink



Jo Malone
Red Rose Bath Oil
£38

With a gorgeous aroma of roses, this oil adds that little bit of romance to any bath, leaving your skin glowing with scents of honeycomb, clove and musk.



Origins
Hydrating Lip Balm
£16

Drench lips with quenching moisture and a glossy tinted finish. This balm will hydrate and soothe chapped lips, leaving them soft and smooth in seconds!



Good Things
Bright Eye Cream
£5.99

Gentle yet effective, this eye cream will tackle puffiness and dark circles, leaving your eyes bright.



Caudalie
Matifying Fluid
£20.70

This oil-banishing fluid provides an instant matifying effect, whilst combating dehydrated skin and restoring it to a rejuvenated glow.



Sampar
Skin Quenching Mist
£12.10

Reclaim soft and supple skin with this light impurity-free mist. Its barely there texture even refreshes and soothes whilst locking in make up and protecting the skin against harsh outside irritants.



Sisley
Phyto Lip Twist Tinted Balm
£28

Treat your lips to comfort, colour and shine all in one tinted balm. This pencil-precise product from Sisley will nourish and hydrate whilst perfecting that pout!



Vita Liberata
Illuminating Skin Finish in Rose
£29.95

Let your skin capture the light with this luminescent smoothing cream, guaranteed to give a glow to tired winter skin.



Weleda
Wild Rose Smoothing Facial Lotion
£15.95

A lightweight and soothing moisturiser, this formula counteracts fine lines, dryness and dull skin. It even helps prevent the premature appearance of ageing, leaving your skin soft and glowing.



Darphin
Perfecting Body Scrub
£28

Not only does this exfoliating scrub leave your skin silky smooth, its scent is simply heavenly. With notes of apricot seed flakes, peach leaf and shea butter, this is spring in a bottle.



Tom Ford
Nail Lacquer in Fever Pink
£19.55

Turn up the sex appeal this Valentine's with this extra-amplified Fever Pink Nail Laquer. With a bendable formula, high coverage and brilliant shine, this polish will stay true to its colour from the moment it's painted to when you decide to change it up a little.



Champney's
Distant Shores Shower Mousse
£8.00

Travelling the world to pick up wonderful therapies inspired by ancient rituals, Champney's has created this simply gorgeous shower mousse infused with passion fruit, citrus oils and mango - the perfect way to end a stress-filled day.



Guerlain
Long-lasting Lip Colour
£24.50

The height of perfection, transform any look into chic and fashionable with this "it lipstick". It combines the radiance of crystal pigment with a nourishing formula and glides colour over the lips like a second skin.

Elmina Lifestyle

Salon & Spa

"At Elmina, beauty and well being converge – bringing you back to balance with services and products based on Aveda plant and flower essences and sensory rituals for the mind, body, hair and skin. All of our stylists and therapists are trained to the highest level, in Aveda Full Spectrum Hair Colour, cutting, hair ups, make-up application, spa and beauty treatments. Offering you as the individual, the latest techniques, knowledge and experience for both men and women, allowing us to pamper, nurture and expertly care for you."

We are excited to announce Elmina is under new ownership, and an extensive refurbishment is due to take place very soon.

Elmina Lifestyle Salon & Spa have full exclusivity on all Aveda products & services in St Helier, Jersey.

Elmina are now recruiting Experienced Stylists & Assistants.

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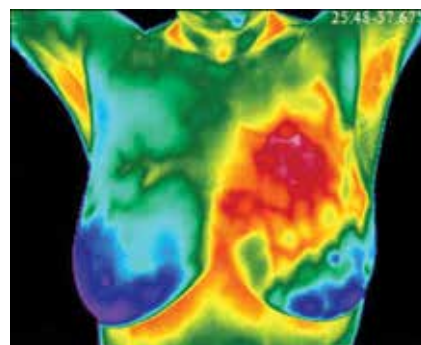
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CATCH ILLNESS BEFORE IT CATCHES YOU

It is now recognised by many physicians that inflammation is a precursor to many diseases. Early detection of inflammation may help you prevent many negative health conditions from developing, including cancer.

Fortunately, there is a high tech screening system which specifically measures inflammation known as Thermography. The medical infrared Thermography camera measures your body surface temperature and presents the information as digitised images which are interpreted by Thermography trained Doctors.

We wanted to find out about the main benefits of Thermography so we met up with Hedi Green (Clinical Thermographer) who offers this service at the Lido Medical Centre.

"There are many benefits of Thermography. Firstly, there are no harmful rays, no contact with the skin. It is also quick, cost effective and can be very useful for your doctor, physiotherapist, nutritional therapist or other healthcare provider to get a better picture of what is going on beneath your skin. One of its main life saving abilities is early diagnosis of abnormal cells in breasts, especially for women under the age of 50. Thermography will pick up abnormal changes up to 8 years before anything would show on a mammogram. Women in their 20s should consider having Thermography as abnormal cellular changes can be detected in its early stages, which in many cases, can be reversed with diet and lifestyle changes. Women with breast implants should also use this method to monitor their breast health.

The list of what Thermography can help detect is an impressive one. Heart function and inflammation in the carotid arteries, which can be a precursor to a stroke and blood clots.

Arthritis – early detection means early treatment strategies can be put in place. Neck and back pain – thermal patterns will show where the problem is, so a targeted treatment program can begin. The cause of pain does not always emanate from the injury site ie trapped nerve somewhere else in the body.

Immune dysfunction - thermal patterns around Thoracic 1 & 2 correlate with immune function.

Digestive disorders – Crohns disease, IBS and diverticulitis are visible with Thermography.

Other conditions including, bursitis, herniated discs, ligament and muscle tears, nerve problems, Lupus and whiplash which can all be indicated even before there are symptoms.

If you've never heard of Thermography, you may wonder how credible it is. More than 800 peer-reviewed studies on breast thermography appear in medical literature and many Governing Medical organisations have recognised it as a viable diagnostic tool.

Hedi believes in being proactive when it comes to our health and wellbeing. In her words: "If you don't make time for your health now, you will have to make time for your illness later."

“ One of its main life saving abilities is early diagnosis of abnormal cells in breasts; especially for women under the age of 50. Thermography will pick up abnormal changes up to 8 years before anything would show on a mammogram **”**



Prices start at **£250** for a breast study (this includes a 90 day follow up) and **£375** for a full body study (this includes the breast study).

www.jerseythermalimaging.com
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A LITTLE BIT OF LUXURY

Soothing or stimulating, treat or treatment – there's a form of massage to suit every person (not to mention every ailment). But have you ever wished for a spa experience at salon prices? At Santé et Beauté, you'll be pleased to learn that Spa treatments aren't just the preserve of posh hotels.

Safely cocooned in the blissful serenity of the treatment room, with the lights dimmed and the music humming softly in the background, almost immediately the hustle and bustle of the outside world seems a million miles away.

With an ample menu of restorative treatments to choose from, comprising everything from luxury manicures and pedicures to Phytomer facials and reflexology, you're spoilt for choice.

I'm here to experience the rejuvenating powers of Lipomassage. This 100% natural treatment by Endermologie holds the secrets to a slimmer body. Elizma, my therapist, is the only one on the island to own this particular style of LPG machine, and everything from her polite and friendly manner to her professionalism ensures me I'm in safe hands.

So how does it work? Lipomassage uses exclusive technologies to stimulate fibroblasts, by breaking down fat accumulation, smoothing out dimples and increasing fluid exchanges – all whilst you sit back and relax. The end result: a firmer, sculpted, enviable body. Regardless of how many exercise, weight loss and healthy diet plans you may have in place, there are always a few stubborn areas of fat that just won't budge. This is the perfect treatment option for those wishing to achieve optimal results in a short period of time – possibly one of the reasons A-list celebrities including Angelina Jolie, Sharon Stone, Penelope Cruz and Linda Evangelista are

all happy to recommend it. For those who wish to check out the impressive before and after photos, you can do so on the Santé et Beauté website.

“Lipomassage uses exclusive technologies to stimulate fibroblasts, by breaking down fat accumulation, smoothing out dimples and increasing fluid exchanges – all whilst you sit back and relax”

The Lipomassage Program, which is suited to both male and female clients, begins with a Lipo-Photo, which is shortly followed by a Lipo-Evaluation. The next stage involves Lipo-Zoning, whilst the final step is Lipo-Isolation – the massage treatment. This simple program, which boasts incredible results, allows you to view your progress at any stage.

After 35 minutes, my treatment is complete. My entire body, even after just one session, feels as if it has been pummelled into shape. Enrobed in warm, fluffy towels, I await the next part of my treatment – the anti-aging redensification facial. Using the same technology, this Endermolift treatment boasts to stimulate beauty by firming contours, clarifying the complexion and replenishing wrinkles and fine lines from within. Unlike some facials, the results are instant and I leave the salon feeling both relaxed and rejuvenated, and despite not wearing any make-up, my face is glowing!

www.santeetbeautejersey.com

To book call Elizma on 07829 900358

LPG Endermologie massage, 35mins, **£50** | Endermolift Facial, 1hr, **£55**

APPETITE



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gallery



WHAT
MAKES A
great
DELI
?

To set the scene, the Ormer deli is one of the old fashioned variety – festooned with hams, heaped with tottering mountains of cheeses and enrobed in an abundance of unobtainable gourmet exotica.

Marking the ley lines of an already successful restaurant, the Don Street Deli is the only one of its kind in Jersey. Posing as the perfect place to drop in for an early breakfast, elevenses, lunch or a light bite to eat – rounding Ormer off on a more casual basis – the Deli boasts quality cooking at its best.

Come 8am, the Don Street Deli's night baker will ensure you wake up to the sweet smells of quality handmade breads including Rosemary Focaccia and Olive Ciabatta. Approaching noon and the freshly

made salads will begin to roll out, just in time for the lunchtime rush. Alongside the salads, a unique range of juices, drinks and the truly Italian taste of Lavazza coffee take pride of place.

Combining old fashioned virtues with contemporary commercial sharpness, the Don Street Deli collaborates perfectly with Ormer Restaurant, allowing foodies to enjoy the delights of the deli outside in the alfresco dining area, perched upon one of the bar stools in the exquisitely designed

shop or in the Ormer bar, where an abundance of the establishment's fine wines are certain to complement any one of the deli's specialist selections. Such selections comprise all manner of saucisson, cold meats expertly cut using an old-fashioned charcuterie slicer, freshly baked waffles, and possibly the star of the show, the daily flat bread. Cooked in just 4-5 minutes in a wood fired oven and then laden with all sorts of topping possibilities – the counter's motto rings through: 'tell us what you would like and we will make it'.



Other offerings including a superb selection of artisan shopping items: delicious Italian sweet treats in the shape of coffee beans enrobed in dark chocolate, raspberry, popcorn and mint melt bars, the best extra virgin olive oils in town and a wide range of Querida Carmen's pre-cooked dishes (the good restaurants equivalent). All have been handpicked by Shaun himself. Creating a gourmet picnic has never been easier and you'll even find a number of hamper options – whether you chose to pick the contents yourself or ask our local celebrity chef for guidance is up to you.

It's clear for all to see that the Don Street Deli is born from the love of ingredients, posing as a new home to an abundance of gourmet goods, all of which have been sourced directly from Spain, Italy, France, the UK and Ireland. Once impossible to find in Jersey, such ingredients are now available to eat in or take away. So whether you're a corporate company looking to fill the boardroom with fine foods, a foodie wishing to indulge in the 'Supper' service – whereby homemade dishes are pre-prepared for yours truly – or a lunchtime goer hoping to tempt the tastebuds with something other than a boxed sandwich, you're sure find something to delight.

The Don Street Deli
Don Street St Helier



DINNER OVER *diamonds*

IGNORE IT, DREAD IT OR FALL HEAD OVER HEELS FOR IT; VALENTINE'S DAY HAS ARRIVED ONCE AGAIN AND WITH IT - THE USUAL DATE DILEMMAS.

Whether it's an 'out to impress' dinner date or a box brimming with exquisite chocolates, the day itself is often built around some form of food. So when it comes to strengthening bonds and reigniting passions, why not try these dinner dates for style!

ONE TO IMPRESS: A Festival of Fine Wines and Champagne

For all you love struck foodies, a trip to the Atlantic Hotel will pose as the perfect opportunity to impress. So why not present your Valentine with a ticket to one of the following events?

At 7pm, on Thursday the 27th March, a bespoke Master Class and Dinner will showcase eight different wines. Philip Tuck, Master of Wine and Head Sommelier, Sergio dos Santos, will take guests on a tour of discovery to consider the differences between the distinctive styles of Old World and New World wines.

The Master Class will be followed by a gourmet four-course dinner, designed specially by Sergio together with Executive Head Chef, Mark Jordan. Each course will be paired with a different wine and highlights include a glass of '2007 Beaune 1er Cru Theurons' alongside honey roasted duck breast, compressed apple, celeriac purée and burnt apple jus.

Tickets cost £145 per person.

The event on Friday 28th March, which will take place at 8pm, is a celebration of the world-renowned Champagne House, Taittinger. Not only will guests enjoy some of the finest Taittinger Champagnes but they will also have the opportunity to meet Clovis Taittinger who will personally take them through the history of this unique and historic brand.

Mark Jordan and Sergio dos Santos have again created a special menu for the evening. Along with many remarkable wine pairings guests will appreciate a glass of the 1998 'Comtes de Champagne' Blanc de Blancs alongside a ravioli of Jersey chancre crab, potato and Champagne foam.

A truly special and 'one off' chance to enjoy some of the world's very finest Champagnes.

Tickets cost £155 per person.

Places are strictly limited for both events.

To purchase tickets please contact Anna Robins, Events Manager on 01534 744101 or email anna.robins@theatlantichotel.com



THE FIRST DATE: Indulge

There's no use in beating round the bush, if your first date falls on Valentine's Day, at times, it may become a little awkward. Boosting your personal level of pheromones is therefore a good place to start - and as gourmet foods contain the most - indulging in all manner of shellfish and vintage red wine is a must!

Begin with a drink, preferably in a busy bar such as the Blind Pig. After several cocktails of Dutch courage, only then are you ready to move onto a dining establishment. Choose somewhere cosy, candle lit and atmospheric. Play it cool and avoid the rose-festooned tables, gimmicky aphrodisiacs and suggestive music. Trying to impress your date at this stage of the relationship will only result in a few too many awkward silences and a bill bigger than anticipated.

The hustle and bustle of Little Thai is an ideal 'first date' option. From the wonderfully authentic dishes to the ambience, you can even sit at the noodle bar with a view into the open kitchen. When the conversation runs dry, sit back, relax and watch the chefs in action.

Little Thai, 35 Hill Street, St Helier
01534 608808





THE CULTURE VULTURE: Art With A Heart

Be it sweet or crude, love has launched a billion images over the years, and this one's certainly one for the culture vultures - Why not come along to Jersey Arts Centre and caféjac with your significant other this Valentine's day and enjoy a sumptuous two course meal, tickets to see Moulin Rouge and some live music from the fabulous Optimistic Voices!

Sound good? It's only £30...So, head on down to Jersey Arts Centre on 14 February and spend a few hours with the rich, young and beautiful creatures of the underworld.

www.artscentre.je/event/st-valentines-day-moulin-rouge/

THE OLD ROMANTIC: Food For Thought

Some say that eating together is the key to a couple's harmony, and the pleasures of the table have a huge influence on the joy to be found in a partnership. In fact, the word 'mate' originally translated to someone you'd share your food with. But what of couples who, for one reason or another, are unable to share a meal. From night shifts to demanding school calendars, some find themselves unable to face anything other than a store-bought sandwich, devoured in front of the TV. If this sounds like you, why not make the time for a romantic picnic with your loved one this Valentine's Day?

The New Deli on Don Street, the brainchild of Shaun Rankin, boasts a huge selection of gourmet exotica. From taste tantalising smoked and cured meats, succulent olives and artisan cheeses, to exquisite wines, truffles and champagnes - whoever said creating a fine feast was hard work is about to be proved wrong. There's even a selection of sweet treats to choose from, including coffee beans enrobed in chocolate and the finest air popped corn. Pack your gourmet goods into a hamper, or better still, ask our very own celebrity chef to create a perfectly paired picnic for you.

The deli's ambient stock of products will give customers a chance to create their very own bespoke wine and champagne hampers - perfect for that special somebody.

The Don Street Deli, Don Street St Helier

Choose from three different types of Chocolate Valentine's Day hampers: Wine and champagne hampers available on request.



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WRAPPED BOTTLE OF ROSÉ
CHAMPAGNE COMPLETE WITH
A PERSONALISED CARD AND
FREE DELIVERY!

CUT TO THE CHASE

So, you're a fan of the Champagne grape, the Riesling or the Pinot Noir...or maybe you're more of a lager and ale enthusiast? Whatever your tipples, at Victor Hugo, you'll find an online experience like no other. It's simple, it's speedy and they'll even throw in free delivery for good measure.

From gifts fit for even the most discerning of whisky connoisseurs, to sourcing the secret ingredients to your favourite rum cocktail, you'll discover everything from fine wines to after dinner aperitifs at victorhugo.je. Turning your home into the best bar in town has never been easier, and all it takes, is the click of a button.

And for the old romantics with little time on their hands? You'll be pleased to learn that Victor Hugo are intent on making your life easier this Valentine's Day - just one of the reasons they're offering a gift-wrapped bottle of Rosé Champagne, complete with a personalised card and free delivery. In fact, Victor Hugo's gift-wrapping service is set to be available to all in the future, regardless of whether you're buying for a loved one, a brother, a sister or a friend.

1. The easy-to-navigate home screen allows you to scroll through an ample selection of fine wines, champagnes, spirits, beers, ciders and soft drinks. After scouring our brains for a suitable tipples, we decided to toast Victor Hugo's new website with a wine of legend - a bottle of Veuve Clicquot Brut.

2. With a champagne in mind, we clicked on the correct drink's tab, scrolled down and chose our cocktail of choice.

3. The next step required us to decide on an amount - are you throwing a party or having a quiet night in? Simply alter the sum and click 'add to basket'.

4. We were then taken through to the next screen. Here you have two options - continue browsing Victor Hugo's plentiful list of tipples or head straight to the checkout.

5. Just in case you've forgotten anything, it's here that you can review your purchases prior to checkout.

6. Now for the important part. The website will ask you for a few vital details, including your name and a delivery address. Rest assured, once you've registered, you will be remembered - saving you a great deal of time when it comes to future orders.

7. The final step requires you to confirm your order, accept the terms and conditions and enter your payment details. Before you know it, you'll be sitting back, relaxing and enjoying a glass or two of your favourite beverage! All of which will have been expertly delivered to your front door.



A HISTORY LESSON

Martin Flaquel, a wine connoisseur who's sauntered across a good number of wineries and vineyards in his time, is also the man behind some of Victor Hugo's successes.

After furthering an expansive study into all aspects of wine and a want to put something back to the trade, both himself and Ian Stevens of Ann Street applied for 20 wine agencies, of which they managed to secure 17, including Laurent Perrier and Louis Latour of Burgundy – it was at this point that Victor Hugo Wines was born.

Martin believes that variety fuels passion; one of the reasons Victor Hugo Wines stocks so many different grapes, spirits and brands. 'A great wine is not just made, it's nurtured'.

From gifts fit for even the most discerning of whisky connoisseurs, to sourcing the secret ingredients to your favourite rum cocktail, you'll discover everything from fine wines to after dinner aperitifs at victorhugo.je

APPETITE NEWS

TASSILI WINE DINNERS

After a hugely successful 2013, Tassili has announced an exciting programme of wine dinners for 2014. Connoisseurs will enjoy six course menus, created by executive head chef Richard Allen, which will be carefully paired with selected wines, supplied by partner host Dunell's Premier Wines.

Wine and dinner evenings are always a great event; not only do you get a fantastic dinner, but also brilliant drinks. They're ideal to go to with friends as the person guiding you through the selection will inevitably spark fascinating dinner conversations. So we've found out what events are coming up over the next few months at The Grand's Tassili so you can book in to catch up with friends monthly! So it could be your social life sorted in one fowl swoop.



THE 14TH OF FEB IS LOOMING!

What do you look for when booking a restaurant for Valentine's Day? Stunning food? Beautiful views? A romantic atmosphere? Well Quayside Bistro and Grill has made sure they tick all the boxes on Cupid's checklist so that you can have a lovely romantic and relaxing time.

Simply call 877004 for reservations and you'll have Valentine's Day all wrapped up!



Californian Wines, 27th February, £110pp

With a region producing wines as diverse as the rest of the US put together, get an insider's view of this frontier state.

New Zealand Wines, 20th March, £85pp

Guy Porter of Bellbird Spring, Waipara. This is a chance to meet one of New Zealand's leading winemakers.

Beer, 24th April, £85pp

Fine dining matched with an amazing collection of artisan brewery's wares, an ideal treat for the beer lover in your life.

Perrier-Jouet Champagne, 26th June, £110pp

This one is always a favourite. Perrier-Jouet provide a selection of outstanding sparklers.



CASINO NIGHT

On the 15th February The Grand will be hosting a black tie James Bond themed Casino Night! Enjoy a red carpet arrival, a three course dinner and fabulous casino games, with prizes for the winners.

Tickets are priced at £39.50 per person and include all the above and casino chips. Tables are sold in groups of ten or twelve with joiner tables also available.

THEY'RE DARLING

Beautiful and fun yet durable and sturdy, this set of three Le Creuset mini heart ramekins are perfect for cooking a perfect Valentine's Day dinner. Also these make the ideal present for friends and family who are already fans of this iconic brand. So if your loved one is glued to Saturday Morning Kitchen or The Great British Bake Off then this could be a great gift!

Le Creuset Valentine's Day mini heart ramekins are available at de Gruchy



HAS YOUR SWEETHEART GOT A SWEET TOOTH?

Romance in style this Valentine's Day at Hotel Chocolat. They have Valentine's Day chocolates and gifts full of glamour, romance and passion for hopeless romantics and secret admirers - with gorgeous chocolate-filled hearts, ribbon-tied Goody Bags, hidden love notes and more.

Just as no love story is ever the same, the richly woven tapestry of stories in their stunning and very scrumptious Valentine Collection are filled to the brim with unique passion and flair.

From the Straight From The Heart, ultimate sign of affection collection; a heart full of 36 glamorous pralines, real champagne truffles, smooth caramels and more to the Strawberry Heart Lick; a gorgeously intricate heart shaped lolly cast in creamy strawberry flavoured white chocolate - Hotel Chocolat has a unique selection of gorgeous Valentine Gifts sure to sweep your sweetheart clean off their feet this 14th February.



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MYDISH

WORDS STEVE WALKER

I have been working at the hotel now for 6 years and had always believed in the islands local growers and producers. I first met Sue 3 years ago and I was blown away by her enthusiasm and passion. She is almost as obsessive as I am about food, which is something you don't often see. Needless to say, it was all the encouragement I needed to work with her.

I have used Sue's fudge ever since on my menus, with the first great success story being the Black butter Fudge Fondant on the menu for 5 months.

The thing that makes Sue's fudge so great, are the local products she uses in her recipes such as the Jersey cream and in this case the Black Butter. So, when Sue

introduced me to her new Peanut Butter Fudge, WOW!, what a great new challenge. I knew I had to do it justice and came up with this dessert which is now featuring on the Sirocco Ala Carte menu. It is truly great dessert and I would love for anyone to try to make it at home and get a real feel for mine and Sue's passion on a plate, using the best that Jersey has to offer!

CHEESECAKE

250 G Philadelphia Cheese
250 ml Double Cream
3 Leaves Gelatin (soaked in water)
75 g Icing Sugar
2 Vanilla Pods

Place the cream cheese, sugar and vanilla seeds in a bowl (remove the seeds by cutting the pod length ways and then scraping the seeds out) whisk for about a minute.

Place your cream in another bowl and semi whip. Once the gelatin has gone soft and pliable squeeze out the excess water and dissolve in a little warm cream.

Now you have to work quickly, clean down your surface, add the cheesecake mix to the cream and fold gently. Now, take a whisk and mix in the gelatin, whisk vigorously to incorporate quickly. Please note that the dissolved gelatin should be hot before adding. Line a small straight edged baking tin - about 2 inches deep - with cling film and spoon in all the mix. Smooth over the top neatly place in fridge until later.

SUES FUDGE CARAMEL

200g Caster Sugar
100g Sues Peanut Butter Fudge
50 ml Double Cream
1 Pinch Salt
20g Peanut Butter

Place sugar in a non stick pan and dissolve, the color will change to a honey color when it is at this stage. Cook for 15 seconds more then add the cream, be very careful as this will make the very hot liquid bubble and jump as the cream starts to mix with the caramel.

Add Sues Peanut Butter Fudge and cook for about 2 minutes. Add the peanut butter and the salt cool down to room temp then place in a disposable piping bag do not put this in the fridge keep on the side for later



DOUGHNUTS

½ kg strong flour
75g sugar
37 g yeast
65g butter
1 egg
250ml milk (jersey)

Place all dry ingredients in a bowl and mix then add the egg. Put the milk and butter in a saucepan and heat over a low heat only to melt the butter.

Add the liquid to the dry ingredients and mix till incorporated. It should look like bread dough. Place in fridge until later.

LEMON CURD

200g Lemon Juice
250g Eggs
250g Butter
175g Sugar

Place all ingredients in a saucepan, heat gently to about 75 - 80 degrees. Whisk while it heats to thicken and ensure that no lumps form. It should have the consistency of semi whipped cream.

25g polished pistachios crushed and 25g crushed digestive biscuit and 25g sues peanut butter fudge for garnish and 2 bananas.



TO ASSEMBLE THE DESSERT: Take 8 pieces of the doughnut mix and roll into balls. Place the doughnuts on a tray, covered in greaseproof paper and prove at room temperature for 20 min. When they have doubled in size, fry in groundnut oil at 170 °C until golden all over. Roll the cooked doughnuts in sugar and keep in a warm area until you're ready to use them.

Carefully take the cheesecake out of the tin and cut into rectangles. Use one slice of cheesecake and place carefully in the centre of the

plate. Carefully pipe the caramel into two of the doughnuts place opposite the cheesecake on the plate. Pipe 3 pound coin size dots of caramel between the doughnuts as per photo. Now pipe some lemon curd between the cheesecake and doughnuts and using the tip of a teaspoon and swipe to create a smear. We've used crushed pistachio biscuits and peanut brittle to decorate, and lastly to add an extra dimension, slice a banana, fan it out length ways and sprinkle with some caster sugar on it. Caramelize under a hot grill or with a blow torch and add to the plate.

BON APPÉTIT!



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BOX FRESH LIVING

Places takes a look inside a set of
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space
— TO —
DREAM



Georgetown Mews boasts a collection of 11 ready-to-move-into town houses, of which only six remain. Positioned in a perfect location, just a short hop from the hustle and bustle of St Helier, this particular development possesses three major assets – a quality build, a good price and an exceptional location.

Regardless of whether you're searching for an idyllic first family home or you're intent on climbing the property ladder, Georgetown Mews is a great investment opportunity for those wishing to discover the ultimate in turnkey property.

BENEFITS OF NEW CONSTRUCTION

Comprising a series of beautiful homes arranged over four floors, this unique development, once decorated to your specifications, will become an expression of your individuality.

From choosing the floor plan to the colour scheme, buying new is an exciting and uplifting experience and one that is all about personal expression. Instead of buying into someone else's problems, you'll be the first to set foot into your new home.

For those who feel a new build lacks the character and variety of an established neighbourhood, Georgetown Mews will prove you wrong. Inspired by the past, yet designed for contemporary living, these expertly crafted town houses have been perfectly tailored to family life, and with unrivalled attention to detail, these charming three bedroom homes certainly stand out from the crowd.

The design and architectural appeal of these highly sought after town houses is further complemented by an upper level mezzanine, boasting a unique garden feature – ideal for those with young children and also, those who enjoy a view of idyllic green space from the comfort of their own home.

Each three-bedroom townhouse has been designed to maximise space and light and comes complete with undercover parking, ample garage space and two entranceways. Additional features include integrated appliances, pristine wood flooring and plenty of storage space. Furthermore, an enclosed garden, a utility room, a separate kitchen and diner, and an additional lounge.

Perhaps the star of the show however, is the master bedroom, which takes up the entirety of the top floor, complete with an ensuite comprising a walk-in shower and Villeroy & Boch appliances.

What many don't realise is that older properties, although they may seem less costly initially, come complete with a series of underlying expenses.

INCORRECT ASSUMPTIONS

For some, the crooked cabinets and leaky faucet are all part of the character that makes an older establishment feel like home. For others, it's the gleaming countertops, the tech-savvy fittings and the option to turn a blank canvas into their very own masterpiece.

If you're the latter, then you'll be pleased to learn that there are many advantages to owning a brand new home. Aside from being more energy efficient and easier to maintain, new build properties boast a real sense of excitement when it comes to executing your very own personal design flair.





What many don't realise is that older properties, although seeming less costly initially, come complete with a series of underlying expenses. From plastering walls and re-laying floors to replacing windows and installing central heating – second hand buys are not always the most cost-effective investments.



A development such as Georgetown Mews boasts both improved technologies and regulations, which means less toxins are used throughout the construction process, thus allowing new homeowners to wave goodbye to unwanted allergies. They can also bid farewell to tiresome chores including the replacement and modernisation of old and defective wiring.

Instead of getting to grips with faulty floorboards and ill-fitting fixtures, why not choose a home that is ready-to-move-into – a place in which to showcase your own personal style and a place that won't fall through at the last minute.

Invest in one of these 11 stunning townhouses, all of which leave space for the buyer's imagination, and the only difficult decisions you'll encounter is where to hang that newly purchased piece of artwork, what colour to paint the walls and whether to opt for a country or contemporary feel.

Of course, the key to mastering an interior fit for a king is to begin with a clean slate. So whether you choose to collide shades of plum and grape in a variety of finishes, opt for pastel emulsions or keep it contemporary with glimmering metallic accents and pewter accessories, Georgetown Mews is just that – a blank canvas. It's a space in which to dream up new beginnings.



Prices from
£485,000

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CONVEYANCING: WHAT IS IT EXACTLY?

Collas Crill's Shaun O'Connor explains...



When you're moving house the legal aspects of the property transaction are known as 'conveyancing'. Collas Crill conveyancing manager Shaun O'Connor answers some common home-buying questions.

What should I look for when choosing a conveyancer?

A good conveyancer is there to guide you through the complete process of buying, selling and arranging finance for your property transaction. Making contact with a conveyancer before you have made or accepted an offer is sensible; they will ensure you fully understand the process and are there to make a commonly stressful time as simple as possible.

Conveyancers do a lot behind the scenes, preparing legal contracts, checking details such as boundaries, carrying out legal searches with utility companies and ensuring that all paperwork is correct. This should all be carried out as early as possible to allow you to make informed decisions at every step.

How do you choose a conveyancer?

People often use their family lawyers if they deal in conveyancing. Estate agents and mortgage brokers will make recommendations. We advise all potential clients to contact at least two or three firms for comparison quotes, but do not decide simply on cost. Other aspects to consider are:

- How quickly did they respond to your request?
- How good was their customer service?
- What was your first impression of the firm? Especially if at some point you need other legal services, e.g making or amending your will.

We aim to be easy to do business with. Being clear with clients from the start regarding fees and realistic timeframes is vital.

How much will it cost?

Every transaction is different. Quotes are provided on a case-by-case basis taking into account the property, terms of the transaction and the value. There are no longer fixed fees based on a percentage of the price of the property so there is more flexibility. This is why comparing quotes from reputable firms is a sensible way of striking a good balance between competitive pricing and good customer service.

How long does a property transaction take to complete?

Usually four weeks from start to finish. Again, every transaction is different and there may be factors which are outside your control during the process. We will keep you informed throughout.

*For more information or to pop in and see us for a free half hour property advice session please call **601770** or email shaun.oconnor@collascrill.com*



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New apartments and houses across the Island...



Georgetown Mews

St Clement

- Great starter homes
- 3 bedroom with master bedroom en suite
- Separate kitchen

£485,000 - £490,000

- Garage, parking and utility room
- New home for the New Year READY NOW



Georgetownmews
A COLLECTION OF THREE BEDROOM MEWS HOUSES



B140 Millais House **£850,000**

St Helier

- 1236 sq ft 2 bedroom 'shard' sea-facing apartment
- Magnificent floor to ceiling windows overlooking marina
- High specification and secure parking



11 Langtry Gardens **£410,000**

St Saviour's Hill

- 2 Bedroom cottage
- Fully fitted kitchen with integrated appliances
- Spacious ground floor wet room
- Private garden
- 1 Parking space plus visitor bays



10 Belvedere **£500,000**

St Saviour

- 3 bedroom 3 bathroom townhouse with versatile living accommodation set over three floors
- Parking and integrated garage
- Balcony from lounge overlooking garden

FOR VIEWING TIMES Call 789900 or visit dandara.com



5 The Dunlin **£595,000**

Portelet Bay

- Ground floor 1374 sq ft apartment
- Spacious open plan living area & 2 bedroom suites
- Large south facing terrace & 2 parking spaces



38 Langtry Gardens **£540,000**

St Saviour

- 3 Bedrooms 2 bathrooms
- Sunroom to rear of property
- Designed to a lifetime home standard
- Private south facing garden
- 2 Parking spaces plus visitor bays



B613 Millais House **£705,000**

St Helier

- Large Penthouse 2 bedroom 2 bathroom apartment
- Secure parking for 2 cars
- Guaranteed 6% return each year for 3 years



7 Langtry Gardens **£395,000**

St Saviour's Hill

- Semi detached 2 bed 2 bath 1 parking space
- Newly built cottage ready now
- Ground floor bedroom/study with access to the garden
- Master bedroom with en-suite bathroom



7 The Fulmar **£1,825,000**

Portelet Bay

- Four bedroom duplex apartment over 2300 sq ft.
- Set over two floors, with top floor living space
- Fully fitted kitchen, separate laundry / utility room
- Large terrace with incredible views of Portelet Bay
- 2 allocated parking spaces plus visitor bays



61 Belvedere **£695,000**

St Saviour

- Semi - Detached 4 bedroom House
- 2 bedrooms en suite
- Garage and parking
- Master bedroom, dressing area
- Views over the meadows



Townhouse 8 1875 **£495,000**

Town centre location

- 3 double bedroom, 3 bathroom townhouse, perfect for investment
- Fully fitted kitchen and bathrooms
- Balcony to master suite
- 2 secure parking spaces



B342 Millais House **£599,000**

St Helier

- Uninterrupted sea views
- Stylish 2 bedroom 2 bathroom apartment
- Ideal Investment 6% return for 3 years or great buy to live - lock up and leave
- Lift access to secure basement parking for 2 cars



31 Langtry Gardens **£490,000**

St Saviour's Hill

- 2 bedrooms cottage with views over private green
- Over 55s community
- Bathroom and ground floor wet room
- Sun room and south facing garden
- 2 Parking spaces plus visitor bays

INTERIOR NEWS

WINNING

Don't let this cold snap get the better of you. It is time to be a gorgeous homely creature; reach for a good book, put on some cashmere socks, light a blissfully beautiful Jo Malone candle, grab a great throw and have your man-slave make you some artisan hot-chocolate. This is the ideal recipe for blissing out in February.

- 1) Man Booker Prize Winner 2013 *The Luminaries* by Eleanor Catton.
 - 2) Camel coloured cashmere socks by classic Scottish Cashmere company Brora.
 - 3) Jo Malone Green Tomato Leaf Home Candle available from Voisins.
 - 4) Orange and oatmeal chunky knit throw from a selection at Pebble.
 - 5) Artisan du Chocolat Death by Hot Chocolate available from The Don Street Deli by Shaun Rankin. This wonderful concoction is made of flakes of dark and white chocolate and mini marshmallows!
- Main image from the Jo Malone Feels Like Sunday Collection by their achingly-cool Style Director Charlotte Stockdale now available at Voisins.*



A MUG FOR LOVE

As thoughts turn to romance in February, show your loved one that you care with this gorgeous Made With Love mug from Voisins at Home. Part of a range of housewares and tableware in this design, Made With Love gives traditional royal icons a fresh look making them relevant for every home.

Made With Love Mug available from Voisins £6.50



BRIGHT LIGHTS

Industrial light shades are great looking and give a modern twist to any setting. They look especially at home in a kitchen, and can be used as a clever way to help divide up an open plan kitchen and dining space. We are rather taken with these fetching bright blue versions that are currently available in Pebble on Market Street. They will add a lovely splash of colour that could really lift a room.

SPIRAL CELLARS

This has to be one of the coolest kitchen accessories; a circular wine cellar that vaults down from your kitchen floor. As well as being fit for a James Bond villain's luxury hideaway, this is actually ever so practical. It doesn't take up any space and the larger versions can hold up to 1,800 bottles. They also make perfect larders as it is a well ventilated space ideal for keeping vegetables, butter, cheeses, eggs and of course canned goods.

Available from www.spiralcellars.co.uk



FEATURED SELECTION

St Saviour £1,100,000



5 bedrooms 3 bathrooms 1 car garage

Secure gated entrance
Spacious accommodation
Working fireplace
Aga completes the kitchen
Wrap around garden/patio

01534 766689



St John £725,000



5 bedrooms 2 bathrooms 1 car garage

Detached period property
Three reception rooms
Charismatic and charming
A 'forever home'
Garden and parking

01534 639955



St Helier £440,000



3 bedrooms 2 bathrooms 1 car garage

Spacious L shaped lounge
Modern kitchen/diner
Scope to convert loft
Integral garage/utility
West facing sun trap garden

01534 730341



St Saviour £1,350,000



4 bedrooms 4 bathrooms 1 car garage

Simply stunning, detached family home
Completely refurbished and extended
Plus a flat above the double garage
Superbly located for the main schools
Swimming pool and gardens

01534 710710



Trinity £850,000



4 bedrooms 2 bathrooms 1 car garage

Detached executive country home
Quiet, secluded location
Bordering open fields and trees
Lovely rear garden + patio
Double garage and parking for 3 cars

01534 710710



St Brelade £620,000



4 bedrooms 2 bathrooms 1 car garage

Eat in kitchen
Spacious lounge / diner
Great size garden
No onward chain
Close to Railway Walk & shops

01534 730341



My New Year's Resolution list...

More sleep
Eat healthy food
More long walks

Buy a new home!

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it. Henley Offshore Financial Services Ltd, trading as The Mortgage Shop & Henley Financial, is regulated in the conduct of investment business by the Jersey Financial Services Commission.



The Mortgage Shop

Make your New Year's resolution become a reality with The Mortgage Shop.

If you're thinking of taking out a new mortgage, make the smart decision and speak first with The Mortgage Shop. We have a wealth of experience in managing your expectations and we'll do all the work for you, leaving you time to focus on other things.

Pop by for an informal chat or call us on 789830.



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BECAUSE QUALITY MATTERS

gallery

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Finishing Touches

You know what February means...
We'll give you a clue: it's about half way into the month. Here are a selection of lovely gifts for the one you love



Bowl on Stem
deGruchy
£10.19



Doorknobs
Pebble
£6.95 each



Family Calendar
Pebble
£21.50



Heart Cup
Voisins
£9.00



Wooden Hearts
Pebble
£13.50 (large), £8.00 (small)



Lavender Heart
Pebble
£32.50



Love Themed Tile
Pebble
£65.00



Measuring Jug
Voisins
£7.65



Lexington Pillow
Voisins
£65.00



Silver Leather Purse
Pebble
£55.00



Striped Jug
Pebble
£48.00



Vinegar Bottle
Voisins
£35.75

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right direction

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BUSINESS

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BPP

PROFESSIONAL
EDUCATION

BUSINESS NEWS



BREAKING RECORDS OVER AT SKIPTON INTERNATIONAL

Skipton International ended 2013 on a record note, with December their biggest ever month for mortgage completions in Jersey. The Channel Island bank increased its new mortgage business in Jersey by 27.5% over the whole year, and expects to see its lending book in the island overtake its Guernsey lending in 2014. Skipton International has been the largest provider of new mortgages in Guernsey for four consecutive years.

The Bank also became the only mortgage lender to support the Jersey States' Deposit Loan Scheme set up to enable islanders without a large deposit to purchase their first home.

Jim Coupe, Managing Director of Skipton International said: '2013 was a phenomenal year for us as we consolidated both our lending and savings businesses. I put our success down to our understanding of the local market with all our underwriting and application decisions made in the Channel Islands; plus of course our savings product range is invested straight back into the local economy. Added to this is our personal approach to client relations and our strong financial foundation which gives existing and new customers confidence.'

TO THE MANOR BORN

Six Jersey Manor Houses feature on the latest stamp issue from Jersey Post. The six new stamps form the second part in the series entitled 'Jersey Architecture', which started in 2011 with stamps depicting a selection of the island's historic wind and water mills.

The Manor Houses included in this issue are: Trinity, Longueville, Rozel, St. John's, St. Ouen's and Millbrook Manor.

The stamps are available to buy from all branches of Jersey Post and can be ordered now at: www.jerseystamps.com



In 2007 the Co-operative invested in a 25% shareholding in the Pharmacy Locale business and has since then spent time learning about the pharmacy industry and understanding the market. Pharmacy Locale currently operates three pharmacies in Guernsey and five in Jersey, two of which are located in Co-operative stores at Grand Marché St Helier and Grand Marché St Peter.

We shouldn't see too much changing at the coal face as all pharmacies will continue to trade as usual and all existing pharmacy colleagues will remain within the business and continue to offer the level of service currently provided.



'FIRST NAMES' GROUP TOGETHER

First Names (Jersey) Limited is delighted to announce its relocation to 37 Esplanade.

Over 120 'First Names' now occupy the entire 3rd floor of the prestigious building, integrating the Jersey trust and corporate services teams for the first time since the Group's acquisition of Basel which completed last July. The Basel transaction doubled the Group's headcount in Jersey and the new office will house the combined operation.

It has been an eventful eighteen months for First Names Group; which has successfully completed a management buyout to not only become independent and rebranded but they've also invested heavily in their IT, systems and support infrastructure and been on a major recruitment drive.

Globally the Group now has over 460 'First Names' operating out of nine strategic locations and is still expanding. The Group recently announced its acquisition of leading Guernsey based trust, funds and corporate services provider Mercator (subject to regulatory approval) which will see the Group's headcount rise to over 520. Their pan-island offering will make them the largest independent trust, fund and corporate services provider in the Channel Islands once the transaction is completed.



JERSEY STUDENT BUSINESS CHALLENGE (JSBC)

Young people from Grainville and Jersey College for Girls have teamed up for this year's Jersey Student Business Challenge, which will see ten teams of students from each school set up and run their own businesses from an initial investment of £100 per team. The teams will spend ten weeks developing their businesses before facing a final Dragon's Den style panel, where they will have to impress the judges with their abilities to run a profitable business and/or benefit the local community.

In JCG approximately 36 teams presented their business cases and the top ten were chosen to go to the next stage. One of the successful teams are Eco Munch bunch, made up of four year seven students, Jessica Burby, Molly Carre, Macy Sheehan and Naomi Walker. The first stage of their business challenge was to present their case to three JCG school teachers. They had to present their concept, ideas and route to market.

Eco Munch bunch aim to promote healthy but convenient snack eating, the team told us "Our product is small bags of healthy 'snack attack' food that are priced in the loose pocket change bracket. Initially there will be two varieties, Totally Nuts which will contain mixed nuts & raisins and Tutti Frutti, which contains mixed dried fruit."

They plan to deliver their products to places of work and offices around town along with honesty boxes. They will also have the chance to sell their products in town on Saturdays, so make sure you keep an eye out for them.

An awards ceremony will take place in mid-May where the winners of the challenge, which is supported by corporate partners Barclays, EY, JT and Ogier, will be announced.

2014 The year to sort out your finances...

With a new arrival and his girlfriend on extended maternity leave, Steve knew that he needed a solution to consolidate his debts and free up some extra cash every month... so he phoned Close Finance and here's how we could help with a CONSOLIDATION LOAN

Debit Type	Outstanding Balance	APR Rate (Typical)	Total Interest Repayable ¹
Credit Card 1	£2,800	26%	£2,219
Credit Card 2	£3,400	21%	£1,747
Overdraft	£1,000	15%	£301
Total Debt	£7,200		£4,267
Close Finance Loan	£7,200	13.44%	£1,538.25 ²

SAVING £2,728.75 IN INTEREST CHARGES!

Read Steve's story here



Steve saved £2,728

¹ Based upon the minimum repayment of 3% of the outstanding balance at the percentage shown
² Based on a repayment term of 36 months

With a combination of credit and store card debts, no overdraft facility and limited income Anna was struggling to make ends meet... she phoned Close Finance and here's how we could help with a CONSOLIDATION LOAN

Anna saved £2,049

Debit Type	Outstanding Balance	APR Rate (Typical)	Total Interest Repayable ¹
Credit Card 1	£1,500	26%	£1,189
Credit Card 2	£2,500	19.5%	£1,130
Storecard	£800	28%	£765
Total Debt	£4,800		£3,084
Close Finance Loan	£4,800	13.44%	£1,034.25 ²

SAVING £2,049.75 IN INTEREST CHARGES!

Read Anna's story here



 **closefinance**
www.closefinanceci.com/2014

Close Finance, Conway Street, St Helier, Tel 737341

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DESKOVERY PHONE DOCTOR

Having moved into the Wharf Street Offices in the first week of December, the Phone Doctor's headquarters now take pride of place in Suite 4.

Having somewhere to meet, discuss concepts and work at any time of the day or night is imperative to a modern day business, and a space that is open 24 hours a day, seven days a week is the ticket to success. This is exactly the case for Sarah Burns – the tech-savvy individual behind the Phone Doctor brand – a simple answer to those searching for a service that offers both gadget repairs and modifications, along with a wide range of accessories.

Specialising in smartphones, iPod's, iPad's, MacBooks and the MacBook Air, each and every repair is carried out by Miguel, the on-site Head Engineer. From replacing

batteries and speakers, to fixing a cracked screen, customers can either opt for same day turnaround (a godsend to those unable to live without their phone) or the unique free pick-up and drop-off service.

So why 4 Wharf Street? Sarah chose this office space due to a number of reasons – the security factor – both cameras and motion sensor fitted lights make for a safe environment, regardless of the time. The reasonable rent – rates include necessities such as electricity and WiFi. There's also a shower on site (which means Sarah can head straight to the office after a gym workout). The communal kitchen facilities,

“

Sarah certainly benefits from an easily accessible office hub – where she can both advise customers on repairs and display a number of must-have accessories. 4 Wharf Street is the perfect place.

”

HONEYCOMB IS AT 3 GREAT LOCATIONS. TAKE ADVANTAGE OF A SPECIAL OFFER AVAILABLE UNTIL FEBRUARY 28TH 2014 GAINING 2 MONTHS' FREE RENT WHEN YOU TAKE A YEARLY LEASE. SINGLE OFFICE SUITES AVAILABLE FROM £395.

being able to enjoy a separate lunch area (it's important to getaway from your desk every once in a while) and of course, the location. The Wharf Street offices are bang in the centre of town, and more importantly for Sarah, close to a number of her customers. There's also the handy addition of a conference room, which can be booked out for client meetings.

So how does a customer book an appointment with the Phone Doctor? Well it's simple really. From reserving an appointment online to visiting Sarah's suite at the Wharf Street Offices, booking an abundance of gadgets into surgery couldn't be easier. Once you've made an enquiry, you'll receive a confirmation along with a quotation for the services required.

And as if this wasn't enough, the Phone Doctor also offers a range of customisation services too – from different coloured housings and home buttons to a 24ct gold plating diamond embellishment service – all are guaranteed to make your phone stand out from the crowd!

Sarah certainly benefits from an easily accessible office hub – where she can both advise customers on repairs and display a number of must-have accessories. 4 Wharf Street is the perfect place.

For More Information, visit www.PhoneDoctor.je

4 WHARF STREET BUSINESS SUITES

Contemporary office suites in the heart of town boasting both a neighbourly yet private office arrangement – all with affordable leasing terms that include utilities.

Minimum 3 month lease with 1 month notice, 6 month lease with 2 month notice and one year lease with 3 month notice, deposits would reflect notice period.

Special offer until 28th February 2 months' rent-free with a yearly lease.

Single office suites from only £395 per month. Suite sizes range from one to eight people.

24 hour access Flexible working hours.

Individual mailboxes Assuring privacy of mail.

Phone System Allowing for individual phone numbers.

Ideal for start-ups Make the step from home to town and get closer to your clients.

No service charge Heating, lighting and water are all included in the lease. Cleaning service supplied for common areas.

Meeting room Meeting room available.

Kitchen Servicing all suites.

WiFi access Free online access.



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Gary's location in this photograph has been disguised to protect the innocent

New head of marketing for Liberation Group

Liberation Group, are pleased to welcome Gary Kelly into the fold as their new head of marketing, across the Channel Islands.

Jersey-born Gary is no stranger to the Group, his parents have been landlords of Liberation Group pubs for over 20 years.

Gary began his career at The Idea Works where he was taken on as an apprentice at the age of 16. He left to travel after four years, taking some design work in Sydney, Australia before returning to the Island and joining the team here at Gallery. Most recently, Gary worked as Head of Production and Design at Blueprint Design before being offered the role at Liberation Group.

Mark Crowther, Chief Executive of Liberation Group said of the appointment, 'Gary has definitely hit the ground running, quickly getting up to speed with all areas of the business. We're really pleased to welcome him as part of the team.'

On speaking about his plans for the role, Gary said: 'I'd really like to push the Liberation brand across even more by making it as uniform as possible. Ultimately the ambition is for Liberation Group to have more exports to the UK so it's important the brand has strength and unity both on and off island.'

Aztec Group appoint a NED to the Board

The Aztec Group, a leading fund services business, has recently appointed Stephen Hill as a new non-executive director to their board.

Stephen's appointment will support the successful continued growth and future ambitious expansion of the Group, which launched in 2001 and now employs over 180 staff across four locations.

Stephen has extensive experience in media and online businesses, having been the youngest ever CEO of the Financial Times from 1996 and 2002, and subsequently CEO of the internet start up Betfair. He has served on the boards of Channel Four Television Ltd, Royal Sun Alliance Insurance Group plc, Psion plc, and as Chairman of the Board of Interactive Data Corp in the USA.

Edward Moore, Aztec Group's CEO, said, "I am delighted to welcome Stephen to the Aztec Group and look forward to his contribution in helping to shape the future of the Group. Stephen has a wealth of experience working with companies that have delivered successful growth and we look forward to leveraging off his experience as we continue to build the Aztec Group business."



New Head of Trustee business for Deutsche Bank

Deutsche Bank's Fund Services (FS) business has appointed Kelly Gouveia as a Vice President and head of its Trustee business in Jersey.

In her new role, Kelly will be responsible for ensuring the Trustee function for the fund services business in Jersey is effectively managed, governed and compliant with local legislation and regulation as laid out by the Jersey Financial Services Commission. She will also evaluate prospective new business and provide guidance on designated trustee responsibilities for new structures and assist the wider 'EMEA' (Europe, Middle East and Africa) depositary team where required.

Kelly, who joins Deutsche Bank from Altis Partners, has a strong background in compliance and her previous roles have included Compliance Officer, Money Laundering Compliance Officer, (MLCO), Money Laundering Reporting Officer (MLRO), data protection and ethics within the hedge fund and real estate sectors.



New Senior Portfolio Manager joins Standard Bank

Justin Maloney has joined Standard Bank's International Private Clients Investment division, Melville Douglas, as a Senior Portfolio Manager.

We are told that Mr Maloney is joining the expanding Private Clients investment team at an exciting time for the division. Last year the Jersey team integrated with their South African colleagues under the 'Melville Douglas' brand – one of the premier investment offerings in the South African marketplace.

Justin is looking forward to his new role, prior to joining Standard Bank, Justin spent three years as a Senior Investment Manager with Four Capital Partners, a UK based boutique asset manager; where he managed global equity funds for South African based clients, he is married with two children and in his spare time he enjoys fencing and sailing.

Justin will report to Chris Stead, Head of Portfolio Management, Jersey: 'Justin is a highly qualified and experienced investment professional who has an excellent track record in managing global assets. His wealth management and African experience in particular will be valuable additions to our growing team.'



Experienced financial services marketer joins expanding agency

Chartered Marketer Lizzie Collins, an experienced financial services marketer, has joined Oi's Jersey office as an Account Manager, to oversee the agency's growing client base in the Channel Islands, nationally, and internationally. Lizzie has over eight years financial marketing experience and a degree in graphic design. She was Marketing Manager at Ashburton Investments, managing international campaigns from the planning stages through to implementation and analysis, Lizzie has also worked agency-side.

Peter Grange, Oi's Managing Director, said Lizzie's appointment further strengthens the strong strategic and creative talent at the agency.

'I am delighted to welcome Lizzie to Oi. She brings a wealth of financial services marketing experience, excellent strategic

marketing skills, and is also very creative. So Lizzie is great at focusing on both the big picture and the small detail.'

Mr Grange added Lizzie's experience and skills working client-side means she has an innate understanding of clients needs and knows the positive effect good marketing can have on a brand and profitability.

Speaking of the appointment Lizzie said: 'I'm passionate about good marketing and great creativity. It's exciting to have joined Oi, which is an agency that really embodies those principles.'

Oi recently moved to bigger offices in Jersey to accommodate its growing team and client portfolio. The agency now employs 22 experienced strategic planners, marketers, creative, developers and digital experts across Guernsey, Jersey and London.



PR Professionals join forces to promote PR

The Channel Islands group of the Chartered Institute of Public Relations (CIPR) has elected a new committee for 2014.

Adam Riddell, who was previously Vice Chair and is Director at Crystal PR, becomes the third Chair of the Group since it was established in 2008. In his new role, he will represent the Channel Islands with a seat on the CIPR's national council. He takes on the role from Steve Falla.

Joining Adam on the Group's Executive Committee are Tom Bradshaw, who retains

his role as Treasurer and is National Press Office Manager for Specsavers, and Mark Oliphant, who becomes Secretary and is Media Manager at Guernsey Finance.

The eight other committee members are Harriet Black, Lisa Downes, Natasha Egré, Tracey Ellis, Leonie Herve, Guy Le Maistre, Gemma Long and John McCarthy.

Look out for events regularly hosted by the group over the course of the year, including a 'Meet the Editor' series, talks from leading PR experts on topical communications issues, and training courses led by specialists in their field.



State Street Makes Senior Managerial Appointment

State Street in Jersey has appointed Marina Buckley as Head of Business Integration within its senior management team. Marina joined State Street from Standard Bank where she has worked since 2006, most recently as Head of International Investor Services.

Born in Jersey and educated at Jersey College for Girls, Marina began her finance industry career in Jersey in 1989 and has a strong background in custody services and institutional banking, having worked for both RBSI Custody Bank and Chase Manhattan.

Marina is a member of the Chartered Institute for Securities & Investment, a Prince2 Practitioner and is currently studying for the Association of Chartered Certified Accountants (ACCA) qualification.

Commenting on the appointment, Phil McGowan, EMEA Head of Private Equity and Real Estate Fund Servicing said: 'Marina will help implement enhancements to our operational model as part of our commitment to providing the best possible solutions for our clients and to ensure we deliver high levels of service excellence.'

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> Quality candidates > Quality



Senior operational appointments at JTC Group

JTC Group, a multi-jurisdictional, independent provider of private client, corporate and fund services has made two senior appointments in Jersey, within its technology and marketing operations.

Adam Jeffries, who was previously Global Head of IT Operations at Appleby, has joined as Chief Information Officer and David Vieira, who was Head of Marketing at Jersey Finance, has been appointed Group Head of Business Development and Marketing.

Adam has 16 years' experience in the technology sector within the financial services industry, has been recruited to develop an IT strategy at the JTC Group. He will also head up a team to implement IT changes which are essential in meeting the strategic and operational objectives of the Group as a whole.

David, who began his marketing career at JT Global in 2000 before his move to Jersey Finance, has responsibility to drive and implement the business development and marketing strategy, co-ordinate business development activities across the Group, manage the evolution of the JTC Group brand and form a new business intelligence unit.

RBC Wealth Management appoint new head of business development

Tim Houghton has been appointed head of business development for RBC Wealth Management - British Isles and Caribbean.

In this newly-created role, Tim will be responsible for developing and leading a consolidated business development function across the Channel Islands, UK and Caribbean, representing RBC Wealth Management's full suite of products and solutions. Coordinating RBC Wealth Management's distribution strategies across its key target markets, he will act as the key facilitator between the business' manufacturing solutions and distribution activities.

Mr Houghton has had a long and successful career at RBC since he joined in 1999. Since 2011 he has been Head, Private Client Wealth Management Offshore, heading up the distribution teams in Jersey and Dubai and the Banking platform in the British Isles.



Parslows strengthen team with new partner appointment

Advocate Rebecca Morley-Kirk was appointed partner at Parslows on 1st January 2014.

Commenting on the promotion, Founder, Advocate Carl Parslow, said "I am very pleased to announce our new partnership which sees Rebecca heading up our dispute resolution and litigation department. As a highly accomplished courtroom lawyer, she brings a wealth of experience and a strong record of success in litigation cases."

Rebecca was admitted as a Jersey Advocate in 2000 and sworn in as a Jersey Crown Advocate in 2007. Joining Parslows in early 2012, she is held in high regard by her peers, Rebecca has been regularly instructed by the Law Society in the disciplinary process. Rebecca is also a qualified mediator.

One of the founding tutors at the Institute of Law, teaching criminal law on the LLB programme, Rebecca helps train Jersey Advocates in conjunction with Gray's Inn.



THERE'S STILL TIME FOR A NEW YEAR'S RESOLUTION

2014 - a new year and a new chance to organise your finances and get back on track. By setting up a consolidation loan you can pay off your creditors and set yourself a realistic budget for the rest of your spending.

Christmas and January sales entice us to spend, often too much, getting us more and more into debt which seems harder and harder to shift.

If you have several outstanding debts at a relatively high interest rate, such as credit cards and store cards a debt consolidation loan should offer you a lower interest rate than that charged by your creditors, saving you money in interest charges. You will then only have one loan to pay off which will allow you to free your debt quicker and plan for the future. If you dread every bill that arrives and find it difficult to pay off your debts regularly consolidation can be a way for you to save money.

So make a fresh start and list all your outstanding debt and the interest rates that you are currently paying and then come and talk to one of our friendly advisors at Close Finance. We are experts in the field of lending, especially debt consolidation so there's no need to be afraid or embarrassed to discuss your finances honestly and openly with us.

If you take out a consolidation loan to settle your existing debts it is important to set yourself a new budget and keep your spending under control with regular reviews of your finances. Curb your spending, live within your means and manage your money wisely (don't forget you have worked hard to earn it).

So why not make February the new January and set yourself a New Year's resolution to make 2014 the year to sort out your finances.



SPORT

SPORT



THINK OUTSIDE THE BOX

To book this ad space call 811100

gallery



SPORTSPERSON OF THE MONTH **BEN MURRAY**

Perfect for those seeking to improve their health and fitness, yet for Ben Murray, Boxing is so much more than this – precisely why we decided to feature him in our February edition of Gallery.

From helping others to achieve their goals to transforming the physiques of those who perceived such a task to be impossible – all whilst making new friends along the way – for Ben, his passion for boxing extends far beyond the sport itself.

At the elite level, a boxer's optimal fighting weight involves a trade-off of power and speed. This is particularly the case in lightweight boxing – a big part of Ben's life when he began his career at just 11 years old, and possibly one of the reasons he's able to give his clients a great deal of advice when it comes to weight management. A boxer who takes to the ring thirty-two ounces under or over his natural fighting bulk will often be too weakened or too slowed to achieve victory.

FROM BRIDES TO BE, TO THOSE WISHING TO EMBARK ON A MARATHON CHALLENGE, BEN HAS TRAINED THEM ALL

Ben didn't allow nerves to get in the way of his dreams, and after losing his first three fights; he went on to take the winning title in his fourth battle. Having boxed in a total of 89 amateur bouts, twice in America and several times in the ABA British Championships, this is a man that knows the ins and outs of the sport.

Having trained people from all walks of life – be it alone or in one of his new 'buddy up' classes, Ben has created a huge client base. A firm believer in hard work and diligence and as a dedicated personal trainer, Ben encourages his clients to train with devotion, allowing them to achieve the results they've always dreamed of.

From brides to be, to those wishing to embark on a marathon challenge, Ben has trained them all. Using his own personal experiences, which include life as a gymnast, taking the titles of southern and western counties champion for four consecutive years running and placing himself as one of the eight finalists in Britain on not one, but two occasions, Ben relishes in helping others to reach their fitness goals fast.

And his proudest moments? Qualifying for the Quarter Finals of the ABA Championships in Liverpool, becoming a member of the Irish National Team, (which allowed him to spend a week in Philadelphia where he took to the ring, winning the title against a top-class American boxer) and working alongside a number of famous industry names – some of who include Tyson Fury and Ryan Burnett.

Whether you choose to attend one of Ben's non contact boxing fitness classes, (which incorporate male, female, mixed and the 'dad's and lad's' sessions – a bonding session for parents and their children held at Fort Regent) or a one-on-one fitness training session at BB Fitness – Ben's new venture – you'll be pleased to know you're in safe hands. Personal training isn't all about boxing; Ben does however have the knowledge and the background to help others improve their fitness levels, their mindset and their appearance. His motto being 'you don't get anything in life without working hard at it.'

For those who shy away from exercise, a buddy-up training class – another new project, which allows for group exercise and a great option for those who wish to achieve PT results at a fraction of the cost. Training alongside friends and family promotes both motivation and competitiveness, enabling clients to reach their goals without having to endure the watchful eyes of a gym brimming with fitness fanatics. 'It's no ordinary gym, it's personal.'

So what does Ben do in his spare time? Well...he trains. Boxing is his life and it's changed his life. A man who often survives on a few hours sleep, savouring the fact that he rises at 5am every morning to do something he loves. He enjoys forming emotional bonds with his clients, he relishes in helping them to overcome obstacles and when he's not training, he delights in spending time with family. 'You have to find the balance between work and home life.'

Any other additions to his already impressive CV? The phenomenon that is White Collar Boxing. 2009 brought the first ever White Collar Boxing event to the island. Viewed by some 600 suited and booted diners and refereed by the super middleweight champion Steve Collins, needless to say, it was a success. Still going strong today, Ben promises the next event, which takes place on the 14th July, will be the biggest yet! Those who wish to get involved must be prepared to undergo a 10-week training camp. Ben trains willing participants for three sessions per week, pushing them to their upmost limits, ensuring they're in the best shape possible. Through his passion for the sport and through the hard work from those involved, Jersey White Collar Boxing has raised an impressive total of £105,000 for local charities to date.

From the mental effects to the physical results, when I ask Ben about his future plans? He tells me he may employ a few helpers so that he can take to the sidelines occasionally. On second thoughts, he doesn't think he'll be able to do that. Fitness is his passion. ■

BOXINBUSINESS
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MIXED:
Tuesday & Thursday at 6:40am
& Saturday at 10am

LADS, DADS & LASSES:
Saturday at 9am

NO EXPERIENCE NEEDED

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for local charities?
Why don't you take part in the next
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NEXT EVENT IS: JULY 12TH 2014

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Boxer &
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New Year,
New You!


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THE FIRST RULE OF GYM CLUB

A new online business designed to cater for people who want to exercise regularly but don't want to commit to a full time gym membership has just been launched in Jersey.

Here's how GymClub works...



Join our
website
for £10pm



Pay for your pass
or offer for your
chosen venue



Show
your code
on arrival



Enjoy all
the facilities

Gym Club (www.gymclub.com), which went live in December, allows pay-as-you-go access to exclusive gyms and luxury spas in Jersey, although there are also plans to extend it to Guernsey and then on to other jurisdictions, the UK and beyond.

Gym Club was founded by local businessman and States Senator Lyndon Farnham. He said: 'Gym Club is perfect for people who would not normally be interested in a full time gym membership because they may want to vary their fitness program or only want to use a gym now and then'.

'It was my own experience that led me to set this up. I enjoy running, cycling and swimming regularly and take part in both marathons and triathlon. I prefer running outside, but to supplement my training, I need to go to a gym now and then but that did not justify committing to a full time membership.

The Senator said that Gym Club allows its members to book one-off sessions at private gyms, health clubs and spas, where they would usually need to sign up for a full-time membership. Already 11 Jersey gyms and leisure service providers have signed up to offer passes, sessions and exclusive offers at their premises.

Gym club members pay £10 for a 30 day membership or £99 for a whole year, and can then purchase individual gym and spa passes and sessions. Membership is very flexible as members can join on a monthly basis with no long term commitment. The sign up process is very simple and takes

only a minute or two to complete. Gym Club members also gain access to exclusive 'member only' special offers provided by the Gym Club venues.

Gym Club is quick and easy to use. When a member wants to visit a gym or spa they just have to visit www.gymclub.com buy a pass and they will be instantly sent a pass code by text and email which they then show to the venue on arrival.

The website is fully adaptive and works really well on smartphones, tablets, laptops and desktop PCs. Gym Club offers a

'Gym Club offers fully flexible fitness within a great range of venues', he added. 'One of the many advantages of Gym Club is that you only pay for the facilities when and where you use them which is ideal for many people'.

Venues that have signed up include the Palm Club at the Atlantic Hotel, the Ayush Wellness Spa at the Hotel de France, BodyRox, Carrefour Metro and Carrefour St Lawrence, Fit Body at the Radisson Blu hotel on the Waterfront, the Grand Jersey Hotel and Spa, the L'Horizon Health Club, Spa Sirene at the Royal Yacht, the Apollo Hotel and the Club Hotel and Spa.

Some of the participating venues are already providing special offers to Gym Club members. "It's a great way for high end gyms and spas to gain further income for their facilities without compromising their exclusivity as they are able to market their product and sell unique passes and offers to a closed user group, the Gym Club members"

**GYM CLUB IS QUICK AND EASY TO USE.
WHEN A MEMBER WANTS TO VISIT A GYM
OR SPA THEY JUST HAVE TO VISIT WWW.
GYMCLUB.COM BUY A PASS AND THEY WILL
BE INSTANTLY SENT A PASS CODE BY TEXT
AND EMAIL WHICH THEY THEN SHOW TO THE
VENUE ON ARRIVAL**

range of passes with 1 visit passes costing between £5 and £12.50 depending on the venue. You can also purchase multi-visit and 30 day passes.

Senator Farnham said: 'Gym Club members can purchase their pass minutes before arriving and then just show their access code when they get to the venue' He said that this allows for last minute decisions to be made. 'If you suddenly find yourself with an hour spare and are near one of the participating venues, you can work out, take an exercise class or just have a swim, steam or sauna.'

Senator Farnham said: "Gym Club is looking to expand the number of providers in Jersey and also plan to launch in Guernsey shortly. The strategy throughout 2014 is to launch in other Islands and smaller jurisdictions, as well as the UK and Ireland"

"We have also had interest from as far afield as Switzerland, Singapore, Canada, Australia and the USA which may provide some exciting opportunities" he said.

Join online at www.gymclub.com

HARDWARE

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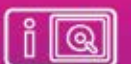
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MORE
+++++ POWER +++++
PLEASE

ASTON MARTIN IS AT IT AGAIN.

INSTEAD OF REINVENTING THE WHEEL, THEY'VE DECIDED TO TRACK TEST IT TO BREAKING POINT, REPLACE HEAVIER SYSTEMS WITH LIGHTER MATERIALS AND INJECT A DANGEROUSLY HIGH LEVEL OF TESTOSTERONE INTO THE NEW ASTON MARTIN VANTAGE S.

The latest commercial vehicle is the fastest sports car the company has ever sold, only rivaled by the limited edition One-77 supercar they produced which was only available to seventy-seven buyers. Essentially, a concept inspired track-car hybrid. An immensely expensive toy for the vastly wealthy car collector.

So the Vantage S arrives with a mix of aluminum doors, hood, roof and composite front quarter panels and rides on aluminum architecture; a lightweight framework that is rigid, strong and a major contributor to its massive power output.

At first glance, the difference between the Vanquish (DEC issue) and the 2014 Vantage

S isn't immediate until closer inspection reveals a redesign of the front grille and the carbon fiber weaves and titanium mesh trims. The interior design packages are all vastly different too, with buyers given a range of options to further destroy their bank balance. Differences become brazenly apparent when starting the vehicle.

They have upgraded the powerplant to the new 'AM28' that incorporates dual variable valve timing, larger throttle bodies, a revised intake manifold, fully machined combustion chambers and an improved fuel pump. In Layman's terms, it simply means better. And faster. Onboard computers manage gear changes and are automatic (with paddle shift options in all

of its driving modes) and the suspension is electronically controlled making the Vantage S the most track focused Aston Martin release to date.

WHY IS IT BETTER THAN THE VANQUISH YOU SCREAM?

Well for one its Sport tuned. The lab coat wearing mega-boffs at Aston Martin decided to get rid of the heavier, more cumbersome six-speed manual transmission that featured in the previous model and replace it with their shiny new version, mysteriously titled 'Sportshift III'. There are distinct differences when driving, compared to its now obsolete and rather hideously obese ginger sibling of a gearbox. The newer, specially designed seven-speed,



MORE ACCURATELY, IT'S A COMBINATION OF OSCAR PISTORUS AND JOHNNY 5 FROM SHORT CIRCUIT. A GROUNDBREAKING FUSION OF MODERN ENGINEERING, DANGER, PERFORMANCE AND SPEED

single-clutch automated system is the svelte family rival – all the good genes and none of the wasted chromosomes. Not only does it weigh 55 pounds lighter, it's also quicker to the shift and ensures that the speedometer hits the dizzy heights of the 200+ supercar mark. Hitting the red line is faster and far more aggressive as the AMT transaxle gearbox has been designed to maximize output and engine potency. The entire shift concept has been 'borrowed' from the Vantage GT programme meaning the vehicle is ready to compete as soon as it rolls off the forecourt.

Translated into fitness speak – imagine a 12 stone jogger versus a 10 stone sprinter. Or a noodle armed shot-putter versus a Commonwealth athlete. More accurately, it's a combination of Oscar Pistorius and Johnny 5 from Short Circuit. A groundbreaking fusion of modern engineering, danger, performance and speed.

So the previous Aston Martin Vanquish carried a lot more weight. It was marketed as a luxury sports car and produced the torque, handling and power of a high-end vehicle purchase. But the S Class Vantage is a naughtier, stripped down version. It's the rapid fitness freak we adore and admire, balancing finesse and class with a killer physique. All perfect dimensions, attitude and a streamlined body you'd kill for. It's assembled on the premises of Ford's production facility in Cologne, Germany, and like the history books so frequently tell us, more power, especially from this region, usually amounts to more success.

With 565 horses of power at a staggering 6750rpm, 620 Nm (or 457 lb-ft) of peak torque and refined low to mid-range power production, the new AM28 engine forces the V12 Vantage S to nosebleed speeds. Coupled with the improvements in handling (to cater for January's weight loss), Aston Martin has produced a supercar without completely revolutionizing its production line. Yes, there have been obvious tweaks and amendments, but this car is solely for the racecar driver – the track day enthusiast or the wannabe lottery winner looking to impress his/her friends at the golf club.

EVERYTHING IS QUICKER WITH THE 2014 VANTAGE S

It boasts the fastest acceleration of any commercially available Aston Martin to date and its 0-60mph time weighs in at an estimated 3 seconds. Exit of all organic matter from the bowels is approximately 1.5 seconds. The time it takes to ramp this high speed, track tuned beast into the tyre wall at Le Mans is entirely up to you. But you'll be guaranteed to win the scramble from the pit lane.

NEXT MONTH – not another Aston Martin! (Something very different)



POLE POSITION

The start of the New Year brought with it some exciting news for two very talented individuals. Both Oscar Fitzpatrick-Nash (winner of the under 18s category) and Stephen Catterson (winner of the over 18s category) have been crowned as this year's victors of The James Walker Helmet Design Competition.

James is passionate when it comes to engaging with local talent on the Island, one of the main reasons the competition is up and running. Helmet design is a huge part of his sponsorship deal with IWI Watches – the theme for this year's design criteria and the British-made luxury watch brand.

Both winning helmets have now been professionally crafted and will be worn by James on the track in all their glory.

James has said of the competition 'It was a huge success and I hope it becomes an annual event, as wearing the winning helmets will allow me to take a little bit of Jersey wherever I go'

'There has been lots of hard work involved in getting the competition to this stage. I'd like to take this chance to thank all the people that supported this project. Gallery Magazine, IWI watches and Bell Helmets all

played a huge part. But a special thank you has to go to Joe Tanner at Rennat Design for producing two amazing paint jobs.'

We caught up with the two lucky winners to find out a little more about the inspiration behind their winning designs.



OSCAR FITZPATRICK-NASH

(WINNER OF THE UNDER 18S CATEGORY)

TELL US, WHAT INSPIRED YOU TO CREATE THIS WINNING DESIGN?

I decided to incorporate the IWI Watch colours with the Union Jack colours, engineering a bold and bright design outlining the main hues of the IWI logo.

AND YOUR DESIGN BACKGROUND?

We study design at school, which is where I found out about the competition. James Walker came in to talk about the competition and our teachers gave us the design template.

HOW MANY HOURS WENT INTO THE DESIGN?

It took me a long time!

WHAT WAS YOUR REACTION WHEN YOU DISCOVERED YOU WERE A WINNER?

When the letter came through the post, I was both delighted and shocked! I didn't think I was going to win!

WHAT DOES WINNING MEAN TO YOU?

It means a lot; I'm really grateful and can't wait to receive the replica model.

AND THE BEST PART?

Meeting James! He's a great racing driver and an amazing guy.



STEPHEN CATTERSON

(WINNER OF THE OVER 18S CATEGORY)

TELL US ABOUT THE INSPIRATION BEHIND YOUR DESIGN?

I chose my favourite IWI watch – a bold and vibrant design – and took it from there.

YOUR DESIGN BACKGROUND?

I work as an investment banker who dabbles in web design part-time. After studying art at school, I now enjoy it as a hobby.

HOW LONG DID IT TAKE YOU TO CREATE THE DESIGN?

I'm a little obsessive when it comes to design, which meant crafting the helmet design dominated a lot of late nights!

WHY DO YOU THINK YOUR DESIGN WAS CHOSEN?

It's simple, bold and vibrant and hopefully, it shows off the watch!

ARE YOU A RACING FAN?

I've followed James' career for many years now.

WHAT DOES WINNING MEAN TO YOU?

I'm really excited! I never usually win anything!



GADGETS FOR *passion*

WORDS TAYLOR JONES

NEEDLESS TO SAY (FOR OUR OLDER READERS), THE RESEARCH FOR THIS MONTH'S THEME OF "PASSION GADGETS" LED ME TO SOME VERY DARK PLACES ON THE INTERNET.

Regardless of the Google search, anything with the word "Passion" in the title only went one way, and whilst an article on "those" types of electronics would indeed write itself from my perspective, I was told by the powers that be that although the immature adolescent readers like myself may find it hilarious, advertisers, and anyone with a mental age above 10, would

not be amused. Thus, I was forced to get a little more creative with my ideas.

I toyed for a long time with numerous ideas, however once again the internet was determined to shepherd me into its dirtiest places. So finally I decided that, in a fight between myself and the world wide web, I was not going to win. Passion is a

feeling that none of us will escape forever. However, I have decided to help those that wait too long to feel it. That's right, there's a whole market out there for gadgets that help us in that ancient art of attracting the opposite sex. Passion is right around the corner when you're using gadgets like The S Ring, the Phillips Beardtrimmer 9000 and the Slendertone belt.

PHILLIPS BEARDTRIMMER 9000

This is one for the men (or women. Once again, no judgments). All men know that self-grooming is one of, if not the, most important factors in attraction. Nobody can deny that a face of well-controlled, level-trimmed and symmetrical facial hair increases the chance of a night of passion by 400% (I haven't tested this, but I'm told). Thus, Phillips, with their years of experience in the technology game, have created the BeardTrimmer 9000. The name of the product cannot be simply passed over. Phillips clearly know how to make their products appeal to men. Who else could make something as simple as an electric razor sound like an evolved robot, designed specifically to make your beard look its best.

The connotations of an advanced, beard-trimming robot don't stop in the name. The BeardTrimmer 9000 is one of the few electric razors on the market which uses a laser guiding system. That's right, as if you didn't feel cool enough owning something with "9000" in the name already, now you can shave and trim with the precision of a system that literally guides military weapons. If that's not a pick-up line, I don't know what is.



THE S RING

Anybody that has studied the science of attraction between males and females knows about pheromones. They're the Poison Ivy's kiss of the scientific world, creating an irresistible (not factually correct) attraction to whoever is producing them. The S Ring is the newest piece of technology to take advantage of these magic molecules, meaning that now, it's not only over-weight millionaires that can get supermodels*. That's right, The S Ring is the common man's answer to a six-pack and arms the size of tree trunks. Once the vile that is attached to the ring is filled with a specially designed liquid, the simple press of a button releases the pheromones into the air, averting everyone's attention away from the beer belly or thunder thighs, making them see the attractive, sexy guy/girl you really are (although this will only last until the pheromone smell goes).

**Disclaimer: It is still unlikely you will find a supermodel. Laws of averages, sorry guys/girls.*

SLENDERTONE

Everyone has seen the adverts. Horribly good-looking people stand doing their daily activities whilst wearing what seems to be a stylish back support that, after a short while, through some kind of dark wizardry, gives you a flat stomach and abs. The idea, to most, seems preposterous, but who can blame people for giving it a go? Everybody knows that abs and a flat stomach are practically free passes for anyone you want,

and rather than sweating like a maniac in the gym and suffering from crippling muscle pain the day after, does it not seem easier, and more practical, to simply wear a silly belt for 20 minutes a day? From what I can gather from rifling through pages of scientific jargon, the Slendertone basically gets rid of fat and works your abs by vibrating... A lot. So, when you're in the bar/club/pub/wherever it is you go to find

people of the opposite sex (no judgments) and people are throwing themselves at you and your overly tight, muscle-gripping clothes, thank the brainiacs behind Slendertone, who were brave enough to say no to the gym and intense dieting, and instead created a vibrating belt.

“

Everybody knows that abs and a flat stomach are practically free passes for anyone you want, and rather than sweating like a maniac in the gym and suffering from crippling muscle pain the day after, does it not seem easier, and more practical, to simply wear a silly belt for 20 minutes a day?

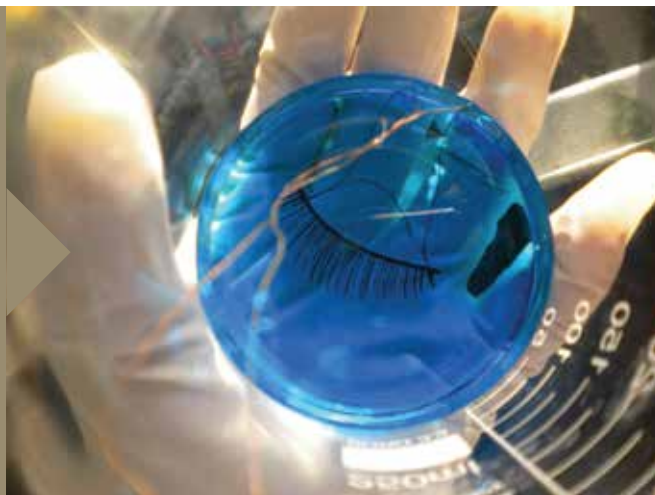
”



Say no to gyms, then note the casual hand-in-pocket stance that this Slendertone user has adopted. Not a big deal.

CONDUCTIVE MAKE-UP

Men are simple creatures. We're easy to please, easily impressed and we love electronics. Years ago, a nice mobile phone or an iPod would grab out attention, however this meant that the fancy gadgets distracted us from how much effort had been put into clothes and especially makeup. It seemed that no matter how good you looked, our attention was always dragged away. Today, the answer to this problem is out there. Conductive makeup is one of the newest amalgamations of fashion and technology, allowing the person who wears it control small electronic objects like drones. I have absolutely no idea how this stuff works, and as it is not technically in mass production yet it is pretty difficult to find any considerable amount of information on it, but all I know for certain is that any woman that can control drones just by blinking will get more attention than one that just wears common old eyeliner.



PHONE HOME

FREE SMARTPHONES WHEN YOU TOP UP ON JT PAY AS YOU GO!

*JT Smart (RRP £79) - FREE when you top up just £50
JT Smart XL (RRP £149) - FREE when you top up just £99*

The JT Smart has all the great features you'd expect from a Smartphone including an Android operating system, built-in Apps, camera, video recording, along with instant access to the Internet and all of your favourite social media sites. With the JT Smart XL you can enjoy all of these great features and more, with it's supersize 5" touch screen, upgraded 5 MP camera and 4GB of internal storage! What makes both of these JT Smartphones stand out from the crowd is their Dual SIM capability, which means they can hold TWO SIM cards - perfect for if you're at university in

the UK, or when you're travelling as you can have your JT SIM and either your UK, or JT Travel SIM operating at the same time. That means you'll never have to worry about which one you're using, or fiddle around and swap them over thanks to JT's design innovation.

The best part is, the JT Smart and JT Smart XL are FREE when you top up on JT Pay as you go! So why not treat yourself to a brand new Smartphone. Get yours from the JT Store today.



A SMARTPHONE FOR FREE?!

Jersey's own DJ - and Airtel-Vodafone Brand Ambassador - Hannah Jacques tests the new Vodafone Smart Mini

It used to be that a store's own brand just didn't match up to the market leader. Whether it was cereal or screwdrivers, the product was much cheaper and much worse.

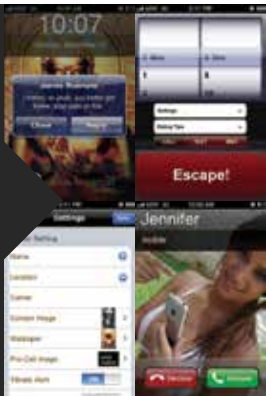
But things have changed. Today, own-brand products are just as good and very competitively priced.

Which brings me to the new Vodafone Smart Mini which costs £69, but you get £70 free credit with Airtel-Vodafone Pay-as-you-go. It's got everything you'd expect for a smartphone: a touchscreen, Android and Jelly Bean operating systems, SMS, email, FM radio, GPS, and it looks great in one of three colours.

There are some terms and conditions, but basically that means you get £1 more in credit than you actually pay! Pretty good, eh?

ESCAPE!

Got a date lined up for Valentine's day that you're worried might not work out? No need to dread the potential for an awkward evening, there's an app for getting you out of there. It's called DateEscape and has plenty of customisable settings that'll make it look as if one of your contacts is calling or has just text you to tell you that your dog has burnt down / house has run away. Or something like that.



COOL AND PRACTICAL

Have you ever been torn between choosing an ultra-cool smartphone or a sleek and sophisticated SLR camera? Or have you ever been unconvinced that a smartphone camera will be enough to get the quality photos that you need?

Well, thanks to the Nokia Lumia 1020, you can have the best of both worlds!

Boasting a staggering 41MP camera, the 1020 comes with an incredibly handy 'camera grip' that is perfectly designed to clip onto the phone, not only turning the handset into a fully-fledged SLR camera, but also enabling it to be attached to any standard camera tripod, making it easier than ever to set up a perfect long-exposure shot.

And if you're worried about battery life drainage from all the photos and shoots that you'll be taking, think again! The camera grip provides a built-in, rechargeable battery, which gives the handset extra battery life, providing with up to 55 minutes more shoot time.

The Nokia Lumia 1020 comes with a never-ending array of delights as it allows you to both store and share all your full-resolution photos, videos, and documents in one convenient place using Microsoft's Skydrive. Of course, being a Windows phone, it also comes with Microsoft Excel, Word, Powerpoint and OneNote, making it the ideal business companion.

The Lumia 1020 is 4G enabled, so it will be ready for high-speed mobile Internet as soon as Sure 4G goes live later this year and its specs are impressive, including a 1.5GHz dual core processor, 4.5 inch display screen with 16 million colours, up to 32GB of internal memory and 12.4 hours talk time.

With over 175,000 Windows Phone apps to choose from, you can personalise your phone, enjoy all your favourite apps and games – and the 1020 even lets you try the full version of many paid apps for free before you buy them!

The Nokia Lumia 1020 is the best Windows phone yet and the best bit? The Camera Grip comes completely free when you buy the phone from Sure, so hurry down while stocks last.

You can even get the phone for free on the £46 per month Smart Ultimate plan.



Beyond Computers Gadget of the month



PlayStation 4

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QUINTESSENTIAL RETURNS WITH DAVID MORALES!

Pop quiz, hotshots: What do John Digweed, Roger Sanchez and now David Morales have in common? The answer is, they're all headliners of Quintessential, the now annual 'five star clubbing experience' held at the Grand Jersey, with the latter the latest superstar DJ to top the bill at the luxury dance music event taking place on Saturday 22nd February.

With Quintessential's last two events selling out well in advance and received rapturously by Jersey's house music enthusiasts, it's a safe bet that this is going to be a popular one, and perhaps even an early contender for local dance music highlight of 2014.

Following in the footsteps of pioneering John Digweed and fellow American Roger Sanchez, NYC's Morales has been at the forefront of house music since the mid-eighties as a collaborator of the legendary Frankie Knuckles and as remixer of choice for the likes of Michael Jackson, Madonna, U2 and Mariah Carey, for whom his production work on her seminal Daydream album earned him his first Grammy nomination for Producer of the Year. That's just the tip of the iceberg, however, with Morales having released a whopping 500 remixes throughout an illustrious career that started out in the now legendary Loft and Paradise Garage clubs in 1980s New York, and his status as dance music royalty was cemented in 1998 when he picked up the prestigious Remixer of the Year Grammy prize.

Organiser Warren Le Sueur, who will be lining up behind the decks on the night in the main room alongside fellow Jersey Live director Warren Holt, and in the Grand Suite's 'Reminisce Old Skool Party' with

Theology's Simon Gasston, says, "It's that time of year again when Jersey's dance music fans come out of their January hibernation and prepare to blow away the cobwebs for the first big party of the year. After two sell-out successes in our previous Quintessential outings, I'm confident this one will be one of the highlight events of 2014. We're very pleased and privileged to have had such game-changing DJs as John Digweed and Roger Sanchez performing at our previous events, and David Morales really is up there with the finest to have ever set foot behind a pair of turntables. Needless to say, I'm immensely excited!"

He's not the only one. With the Jersey dance music scene's rich history, dating back to infamous nights at venues like Inn on the Park, Madison's and Lords, the island's clubbers have been spoilt over the years when it comes to A-list DJ talent, but in recent times with events such as Theology and Jersey Live bringing huge names over to these shores, the bar has very much been raised, with rival promoters vying for attention in a competitive marketplace. You don't need an economics degree to know that competition can only be a good thing as far as the customer is concerned, and local promoters are upping their game at every turn to offer a new and fresh experience for dance music fans. Quintessential is a perfect example, offering

not just your bog standard beats n' booze event but what they call a 'five star clubbing experience'; genuine superstar DJs from across the pond, the luxurious surrounds of the Grand Jersey, VIP and overnight packages (with a hotel residents afterparty until 6am), and by way of its proximity to the aforementioned Inn on the Park, a nostalgic appeal for a generation who were partying back when a dance music scene was first emerging here in the late 80s and early 90s.

Another masterstroke is the air of exclusivity of the Quintessential events. Nothing stops a clubnight dead in its tracks like overkill, and by holding their events annually rather than quarterly or even monthly, they've preserved its allure as a special one-off event. There might be plenty of top DJ talent to see on the island in 2014, but there won't be too many opportunities to see a Grammy nominated Mariah Carey-cohort whose DJ career has spanned three decades and who still to this day holds residencies in such prestigious clubs as Ibiza's Pacha, in the relatively intimate surrounds of the 600-capacity Grand. That's what Quintessential has in store this month. Way to blow away the January cobwebs indeed.

David Morales headlines 'Quintessential' at the Grand Jersey on Saturday 22nd February, 7pm – 2am. Quintessential is held in partnership with the Brighter Futures (Jersey) charity, and tickets are £27.50 from White Label Records, the Grand Jersey and Eventbrite.com, with VIP and overnight packages available.

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OUT OF STEP

ON THE PERILS OF CLUBBING AGAINST THE CLOCK

WORDS LIAM MITCHELL

Amidst an ongoing debate on the opening hours of the island's nightlife establishments, it is important to differentiate between clubbing and going out on the lash. During a recent night out at the Watersplash, I became aware of the peculiar fact that very few people were actually dancing.

Don't get me wrong, the room was bustling with swaying, barging, stumbling punters clutching plastic cups, but nothing resembled what you would expect to see on a dance floor. A reputable DJ had flown over to perform to a reasonably sized crowd, yet the event lacked a certain essential something. This, I realised as the lights came up not two hours later, was time.

Now, I take no issue whatsoever with girls squeezed into cocktail dresses and guys squeezed into half-buttoned checkered shirts necking jägerbombs and grinding against one another to a brash top-40 soundtrack in Mimosa every weekend. Admittedly, it's not my thing. My issue, though, is that we are neglecting the alternatives, and my Watersplash case study illuminates this neglect. You don't need to travel far on the mainland or the continent to find examples of clubbing-proper - parties that start at midnight and end whenever you feel like going home, parties that can be social but additionally offer a therapeutic solitary experience in which the mind wanders while the body does its thing instinctively. It's hard to resist lapsing here into clichéd expressions of 'losing yourself' and 'going on a journey'; my point is that any kind of journey that leaves you fulfilled at the end of a night requires time in which to run its course.

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Those in tune with what I attempt to outline here were conspicuously absent from the 'Splash the other night. For the bracket of the nightlife demographic who have appreciated real clubbing, going out in Jersey simply isn't worth the hassle. Arriving at an event at eleven, knowing from the outset that the curfew is a mere three hours away, encourages drinking too much too fast and makes drinking the priority. How could it not, when a whole night's journey is compressed so absurdly into half the time it would naturally span? Jersey pulls the plug at the peak of the party, and instead of feeling fulfilled we are left frustrated. Clubbing culture and

binge culture are by no means synonymous but the former needs time while the latter thrives on a shortage thereof. The problem here is not the individual revellers but the current restrictive system that affords us a few rushed hours of speed-drinking before turfing us onto the street. Regarding the masses who flood the Weighbridge at closing time as antisocial, hedonistic undesirables is dangerously naive. The fault in fact lies with the authorities; being up and out after bedtime is frowned upon when it should be, if not actively encouraged, at the very least tolerantly accepted.

We need only reflect on Jersey's heritage of all-night raves - earning it a reputation as somewhat of a clubbing Mecca of the British Isles - as proof that an authentic nightlife scene is attainable here. But, as the times have moved forward, the Jersey lifestyle has fallen out of step with clubbing culture. Alcohol has become not fuel but focus, as if enjoying music and atmosphere doesn't suffice and getting drunk is now the only means of combatting the dissatisfying mundanity of what constitutes going out in Jersey in 2014. Just like a good night out on the tiles, a progressive stance on Jersey's nightlife will take time to build and develop. Later opening hours for venues would certainly

be a step in the right direction, but reconstructing a genuine scene from the present parody first necessitates a shift in perspective. If we want to move forward we need to agree that relaxing curfews, and thus staggering the flow of homebound merrymakers via the taxi queue or the Turkish, will alleviate, not further aggravate, late-night rowdiness. If the powers that be can start thinking about nightlife as a healthy and productive aspect of - and not a parasite on - civilised society, then, in time, the public might begin to regard it as something more than a race against the clock.



FEBRUARY MUSIC & NIGHTLIFE: SIX OF THE BEST

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BLKOUT LAUNCH PARTY: MISTAJAM

Following last year's huge sellout event at Fort Regent, Blkout returns to Fort Regent this Easter with a 4am curfew and international heavyweight headliners in the shape of Chase & Status, and the countdown begins this month with a launch party at the Havana headlined by one of the highlight DJs of last year's Blkout, Radio One presenter Mistajam. One of the UK's leading bass music tastemakers with a primetime Saturday night Radio One slot, he certainly enjoys a huge fan base on these shores, and with local DJs Spim and JE3 on hand in support, the Blkout launch is sure to go off with a bang.

Havana, Saturday 15th February, 10pm – 2am // Tickets £15 from White Label Records and Eventbrite.com

QUINTESSENTIAL PRESENTS... DAVID MORALES

Five star clubbing returns to the Grand Hotel this month with the third annual installment of Quintessential, headlined by American superstar DJ David Morales. Following in the footsteps of previous headliners John Digweed and Roger Sanchez, New Yorker Morales comes to Jersey for the first time having manned the decks in some of the world's biggest and most prestigious clubs. Having made his name in the late 1980s as a collaborator with the legendary Frankie Knuckles and later as go-to remixer for the likes of Michael Jackson, Madonna and Mariah Carey, Morales has been a key player in the evolution of dance music over the past three decades, and his 1998 Grammy Award win (for Remixer of the Year) cemented his position as house music royalty. With DJs Warren Holt and Warren Le Sueur confirmed as support, more local DJs to be confirmed, and VIP and overnight packages available, it looks set to very much live up to previous Quintessential standards.

Grand Jersey, Saturday 22nd February, 7pm – 2am // Tickets £27.50 from White Label Records and Eventbrite.com



VANGUARD AUDIO PRESENTS... ETHERWOOD

Following their sellout NYE bash headlined by AI, local drum and bass promoters Vanguard's first event of 2014 features a very special guest in rising star Etherwood. Winner of the Best Newcomer category at the 2013 D&B Awards – a prize previously won by Chase & Status and Sub Focus – Etherwood is very much a hot property on the scene right now, with regular radio support on Radio One and remixes for Lana Del Ray and Jakwob under his belt, and his releases and live sets have received rave reviews. It'll come as little surprise that the likes of d&b pioneers Roni Size and Hype are an influence to Etherwood, but it's his love of post rock outfits like Godspeed You Black Emperor that's the key to his anthemic signature sound. Local DJs Terminal State and Nightshift offer up the support.

Pure, Saturday 22nd February, 10pm – 2.30am // Tickets £8 from White Label Records and Eventbrite.com

A COMEDY CONCERT

From the Pythons to Les Dawson to Flight of the Conchords to Tim Minchin, comedy and music have always had a close relationship, a relationship celebrated by the Jersey Chamber Orchestra with this very special concert. Highlights include Chris George performing the funniest piano concerto ever written, Philip Ozouf and Simon Crowcroft playing the toys in 'The Toy Symphony' and the Jersey Vocal Trust singing a selection of funnies. If you like laughing and you like music (basically that's all of you then), get yourselves to the Opera House for this cracker of a concert.

Jersey Opera House, Saturday 8th February, 8pm // Tickets £10 - £32 from Jerseyoperahouse.co.uk



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Following Soleil Soul Club's successful first ska and mod night last year, Ray Steel returns to the Mayfair Hotel with a sack full of ska, punk and northern soul records. He's been on the circuit since the late 70s and has DJ'd with the likes of The Specials, Skatalites and The Beat, so it's safe to say he knows a thing or two about a thing or two. So pull on your Chelsea boots and/or pork pie hats and get yourself down to the Mayfair...

Mayfair Hotel, Friday 7th February, 8.30pm – 12.30am // Tickets £10 from the Mayfair Hotel reception



ALL MOD CONS

Local indie DJ Stephen Orr's All Mod Cons indie night has three outings this month, which means you've got at least three opportunities to hear the likes of The Libertines, Arctic Monkeys, Kasabian, The Kinks and all things inbetween on St Helier dancefloors. If getting sweaty to indie anthems is your thing, you won't go far wrong at All Mod Cons. Keep up with future gigs at Facebook.com/AllModConsJersey

Chili Bar, Havana, Saturday 1st February, 10.30pm – 2am // Pure, Saturday 8th February, 11pm – 2am Rojo, Bon Street, Friday 21st February, 7 – 11pm // All Free Entry



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- not making or accompanied by any sound

DISCO |diskō|
noun (pl. discos)

- a club or party at which people dance to pop music





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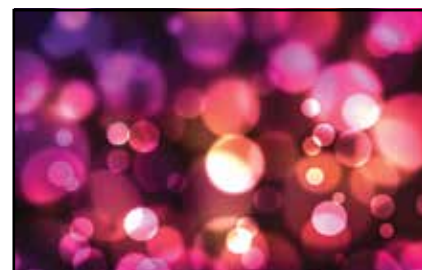
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Hannah / 16 /
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because you can forget
the day before

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me feel good

Rebecca / 25 / Finance Worker

My Church because it
can bring peace into
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