

the Dark issue



Ask in store for details or visit www.sure.com

While stocks last on selected phones, only on a 24 month contract. For full terms and conditions see www.sure.com

ILL

Gent



Love being SUre

## REKORDERLIG CIDER

## BEAUTIFULLY SWEDISH CHRIS SÖRMAN BOARDER



F/REKORDERLIG

gallery

Gallery is published eleven times a year as a fresh yet discerning guide to all that happens on the Island and beyond. With quality and style in mind, our tone is not too superior or too serious, written by the people of Jersey for people everywhere.

#### WHO WE ARE

Publisher Ben Davies DD : 870185 ben@gallery.je

Sales & Account Director Ceri Milner

DD : 870082 M : 07700 811102 *ceri@gallery.je* 

Account Manager Charlie Smith DD : 870082 M : 07700 811102 charlie@gallery.je

Design Director Russ Atkinson DD: 870268 russ@gallery.je

Accounts DD : 870237 accounts@gallery.je

Distribution Adam Lescop 07700 811104 adam@gallery.je

Other contacts are on the contributors page

This isn't a private party and there's no VIP area (there is a hot tub though, of course...). Entertain us with jokes, ideas, YouTube clips, etc. *everyone@gallery.je* 

BG

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move of find that they're taking up too much space, drop them down to the recycling bins in th car park off the Esplanade. If you want to find out more about recycling, call 05524 448986. We put this on the green strip to look eco innit. That's smart

Disclaimer. All rights reserved. Any form of reproduction of Gallery Magazine, in part or whole is strictly prohibited without the written consent of the publisher. Any views expressed by advertisers or contributors may not be those of the publisher. Unsolicited artwork, manuscripts and copy are accepted by Gallery Magazine, but the publisher cannot be held responsible for any loss or damage. All material, copy and artwork supplied is assumed to be copyright free unless otherwise advised. Contributions for Gallery should be emailed to editorial@ gallerybe. Names have been changed to protect the innocent and no penguins were harmed in the manufacture of this magazine, you can't prove nuffing. Why are you still reading the small print? How about researching what really makes the best paper aeroplane? Test them with your friends or colleagues, add a picture to our Facebook and we'll send you some doughnuts.

published with gusto in Jersey by



drinkaware.co.uk

#### gallery



COVER CREDITS Jakob wears: Navy blue jacket by Ted Baker £251

Hugo Boss shirt £108

Tie by Hugo Boss £53

Jumper by Hugo Boss

All from deG ruchy

#### Social networking shizzle Be our friend and we'll tell you secrets

facebook

WWW.FACEBOOK.COM/ GALLERYMAGAZINE



## edito

K, so the front cover is a little freaky. As this is our predominantly male issue for the year we've had the licence to dispense with beauty on the cover in favour of a fashion shoot for forward thinking gentlemen that's a little more, well, dark. Ladies the world over fell in love with the phantom of the opera. Our model channels the same masked appeal whilst still being safe from contracting SARS.

Despite the darkness, this is great looking issue of Gallery, even if we do say so ourselves. We've been out hunting amongst the creatures of the night and spend even more time in the dark of the studio than usual. We met a cross section of those that dwell by night and help us out in the darkness (p22). We examine Dark matter (p14) and our alternative dark self help guide casts a satirical look at the culture of the pople that advise us on how to be better people.

We had a great response to our Winstagram competition last month with Instagrammers and tweeters sending us their snow vistas and action shots (p48). Congratuations to Adrian Row (@adrianrow) whose image made us want to take off our boards and skis and hike up a natural bowl. That probably sounds a little odd if you don't spend time in snowy environs in the winter. If sliding down snow isn't your thing then maybe we could tempt you with the northern lights in the Nordic region (p46) or perhaps a crisp December shopping trip to NYC (p50).

Our foodie offering this month is from warmer climes as we visited the great new Unawatuna in the Weighbridge. Considering Jersey's love affair with all things Thai, the offerings from Sri Lanka went down a treat. Definitely one to check out if your culnary tastes are of an Asian or Indian persuasion. Read our review on page 84. With afternoons and evenings getting darker it's a great option as a straight from work to restaurant to bar to who knows what type of Winter evening. Christmas party anyone? Dark evenings, warm alchoholic drinks, early Christmas shopping (eeek) and an excuse to wrap up in furry hoods. It's dark, but it's cosy.

Happy November Jersey.

BD

## buy from the website you can touch...

## Furniture & Home Interiors

Mypad@morton&morton

Upholstery  $\Delta$  contemporary lounge and bedroom furniture

showroom now open at La Grande Route de St. Pierre, St. Peter t 01534 633084 e info@mypad.je w www.mypad.je

## CONTENT'S PICKS





58 When Movies Go Dark



66 Men's Fashion Shoot

### THE REST

#### UPFRONT

Listings	. 10
Look On The Dark Side Of Life	. 12
Dark Matter Explained	. 14
5 Things That Work Better After Dark	. 16
Dark Skies In Sark	. 18
The Misc Page	.20
I Can't Get No Sleep: Late Night Worker Shoot	. 22
News In Numbers	. 28
Pet Of The Month	. 30
Animal Corner: Crows	. 31
Grow Your Mo!	. 32

#### GIVE

2	1
4	

#### **EVENTS**

Sophie Crawshay Launch Party	38
Asset Risk Consultants Event	38
The Normans Customer Service Awards	40
Unawatuna Opening	40
Total Solutions Group 21st Birthday	42
Voisin & Volaw PGA Channel Islands Challenge	42
Rathbones: A Gem Of An Evening	44
La Faîs'sie d'Cidre	

#### TRAVEL

Nordic Destinations	
Winstagram Competition	
New York, New York!	
Dream Destination	

#### CULTURE

My name is Sharon Hall	
Exhibitions	55
Culture News	
When Movies Go Dark	58
Diary Of A Young Professional	60

#### FASHION

Brand News	62
Trend News	64
In For The Kill: Men's Fashion Shoot	66
Style Stalker	74

#### BEAUTY

Beauty News	78
All I Want For Christmas	80
Beauty Products: Hello Boys!	82

#### APPETITE

Restaurant Review: Unawatuna8	34
idnight Feast: Garage To Gourmet In 20 Minutes 8	38
Seer Matching	90
Appetite News	92
he Genuine Articles9	94
1eet The Chef: David Lagadere9	96
Chefspeak	98

#### PLACES

Property Profile: La Bachauderie	
Lighting: The King Of Kitsch	
Blank Canvas	
Finishing Touches	
Featured Properties	
Interior News	110

#### BUSINESS

Movers & Shakers	114
Business News	
Business Profile: Oi	118
Deskovery: E-Cabs	
On The Sofa: Justin Curran	122

#### SPORT

Sportsperson of the Month: Will Partington	122
Sport News	126

#### HARDWARE

Die Neuen Neunelfen	128
Motoring News	129
Gadgets	
Phone Home	132

#### NIGHTLIFE

Legend & Rat Salad	
CI Wrestling	
Nightlife Listings	
Paparazzi	
Directory	
The Back Page	

Boardom......146



OYSTER PERPETUAL SKY-DWELLER IN 18 CT WHITE GOLD





#### gallery #102

## [DARK]

#### CONTRIBUTORS

EDITORIAL CONTRIBUTORS Tamarin Marriott-Wilkinson Chris Bell **Rick Oddbut** Grace Ryan **Dierdre Shirreffs** Laura Costard Viv Pallot Calum Riva

PHOTOGRAPHERS Danny Evans **Emily Stead** 

..... **ILLUSTRATION / DESIGN** Aoife Le Galle

Ben Robertson Pod Hughes Sharon Hall **Russ** Atkinson

#### FEATURED CONTRIBUTORS



#### AOIFE LE GALLE

Aoife is an illustrator currently studying in her third year towards an Illustration Degree at Falmouth University. Be sure to check out her illustration for this month's issue which is all about looking on the darker side of life.

#### See> Look On The Dark Side Of Life Page 12

#### **CALUM RIVA**

This months "Genuine Jersey" contributor is 15 year old Calum Riva. He was on his trident work experience during this months magazine, and truly enjoyed his involvement in the Gallery workplace. He is now aspiring to a possible future in journalism himself, and is planning to choose the upper years school academia accordingly.



#### **SHARON HALL**

As well as nursing a sore finger from too long with the letraset, Sharon Hall is working on a series of paintings and mixed media works depicting women in parks, mainly based on old postcards of Pittencrieff Park, Dunfermline. The rest of her time is spent making soup, feeding bunnies and driving the kids round jersey. One day she'll read Proust. Honest.

**EVENTS** 

paparazzi

811100

shot@paparazzi.je

See> My Name Is... Page 54

DISTRIBUTION

832072

delivery@gallery.je

#### CONTRIBUTE

#### **CONTRIBUTE@GALLERY.JE**

Rip it, scrap it, comment, critique, research, report. Opinions wanted on politics, business, news, home, property, music, gadgets, sports and culture. Something annoyed you and you want to tell the island? We're here for you baby. If you'd like to see your name in... er... print, get in touch.

### ADVERTISE

#### AD@GALLERY.JE

We understand that the medium is the message. The quality of a magazine reflects on the businesses that advertise within it. Gallery is Jersey's highest quality magazine and premium print media option for stylish and progressive brands. If you have a business or strategy to promote to Jersey's forward thinking consumer, get in touch. Call us on 811100 or drop us an email...

#### FEATURE

**DISCO HIRE** 

870257

disco@gallery.je

gallery

#### FEATURES@GALLERY.JE

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up or a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything of interest that will entertain our readers.

#### WOULD YOU LIKE TO INTERN AT

GALLERY, EMAIL INTERN@GALLERY.JE

ACCOUNTS or all accounts enquires please call

832072 accounts@factory.je

#### Disclaimer.

CONTACT

Discutimer. All rights reserved. Any form of reproduction of Gallery Magazine, in part or whole is strictly prohibited without the written consent of the publisher. Any views expressed by advertisers or contributors may not be those of the publisher. Uncolicited artwork, manuscripts and copy are accepted by Gallery Magazine, but the publisher cannot be held responsible for any loss or damage. All material, copy and artwork supplied is assumed to be copyright free unless otherwise advised. Contributions for Gallery should be emailed to editorial@ galleryje. Names have been changed to protect the innocent and no penguins were harmed in the manufacture of this magazine, you can't prove nuffing. Why are you still reading the small print? How about researching what really makes the best paper aeroplane? Test them with your friends or colleagues, add a picture to our Facebook and we'll send you some doughnuts...



**CHIT CHAT** 

811100

hi@gallery.je

#### Recycle

Recycle. Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 0.0545 443656. We put this on the green strip to look eco innit... That's smart!

## CELEBRATE YOUR CHRISTMAS MOMENTS





41-43 King Street, St Helier, JE2 4WF, 01534 601930 Be inspired at pandora.net



#### LOCAL EVENTS WHAT'S HAPPENING IN NOVEMBER 2013

WWW.GALLERY.JE WWW.FACEBOOK.COM/GALLERYMAGAZINE @GALLERYMAG



#### **30.11.13-01.12.13** ADVENT CHRISTMAS MARKET

#### ROYAL SQUARE £FREE // 10AM-7PM (SAT) 10AM-6PM (SUN) // 448877 // INFO@JERSEY.COM

It's beginning to look a lot like Christmas, or it certainly will be by the end of this month...especially in St Helier's historic Royal Square! Beneath the twinkling lights of the chestnut trees, warm your hands around a cup of steaming hot chocolate or mulled cider as La Fête dé Noué gets underway with a market packed with crafts, decorations and tasty treats! There's street theatre and entertainment for all to enjoy too, so where better to get into the spirit of the season than here!

#### **09.11.13** FRANKIE KNUCKLES - THE GODFATHER OF HOUSE

#### THE ROYAL YACHT £25 // 8PM-12AM // EVENTS@ FIRETHORNPRODUCTIONS.CO, // 18+ ONLY

Few figures in contemporary music have influenced their respective fields the way Frankie Knuckles has revolutionized dance music. As one of the most renowned DJs in the world, Frankie Knuckles has a unique style, and legions of followers. Be sure not to miss him at The Royal Yacht this November!

#### **10.11.13** RUN JERSEY TASTE THE TRAILS £10 // 9AM-12PM // 07797768480 //

#### £10 // 9AM-12PM // 07797768480 // DIGBY@RUNJERSEY.CO.UK

Perfect for first timers, or those who simply want to beat their personal best, this 5k race is open to all! Guaranteed to be fun, why not give it a go with a few friends?



#### 16-17.11.13 JERSEY CRAFT WORKERS CHRISTMAS FAYRE THE LIVING LEGEND £FREE // 10AM-5PM // 485496 // JASON@

£FREE // 10AM-5PM // 485496 // JASON@ JERSEYSLIVINGLEGEND.CO.JE

The Christmas season has begun, so why not come along and enjoy the Craft Workers Annual Christmas Fayre. With over 40 stalls selling locally produced items including, jewellery, cards, photos, jams and ceramics, buy Christmas presents, or simply treat yourself!



#### 16.11.13 THE LABYRINTH MASQUERADE CHARITY BALL

#### THE ROYAL YACHT £75 // 7PM-1AM // 07829709853 JODIELEIGH01@GMAIL.COM

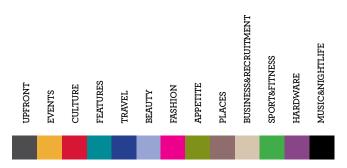
Be captivated at our magical night in aid of Autism Jersey. You will be greeted with a drink on arrival and indulged with a four course gourmet dinner and spectacular live entertainment throughout the night, plus some other surprises. Get in the Christmas mood with this fantastic night out!

#### **O7&21.11.13** DUNELLS & SALTY DOG BISTRO WINE EVENT 736418 (DUNELLS) // 742760 (SALTY)

If you ever wonder which are the best wines to accompany your meal or dessert, this is

the night to find out! Pop along with family or friends for a guaranteed great night out! If you want to find out more, call the contact numbers above!





## 30.11.13

#### LEE HURST: THINGS THAT MAKE ME GO AAARGH!! JERSEY OPERA HOUSE

3PM-12AM // 511115 // BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

In his new our, stand-up comic Lee Hurst is travelling throughout Britain to find out what really winds you up. Mostly people get on with living their lives, but everyone has at least one thing that pushes their button and sends them over the edge. What's yours? Come along for a night of laughter and letting off some steam. Lee is known throughout the comedy business as someone who can pull laughs out of thin air with his razor sharp ability to improvise and ad-lib comedy on the spot. Everyone witnessed this when he first hit our TV screens on 'Have I Got News For You' and 'They Think It's All Over'. He is also a regular guest on Channel 5's 'The Wright Stuff'.



#### **30.11.13** LANTERN PARADE

LIBERTY WHARF £FREE // 5.30-6.30PM // 448877 // INFO@JERSEY.COM

Come along and watch a spectacular lantern procession through the streets of St Helier. Hundreds of children carrying lanterns will be accompanied by musicians as they journey from Liberty Wharf to the Royal Square through the main shopping streets of St Helier. Under the supervision and guidance of local artists, many of the island's primary schools will get involved with making lanterns for the procession. They will host a lantern workshop (£5) on 23rd November booking is essential so call 700444.

#### 23.11.13 CINEMA RACING RADISSON BLU HOTEL £25 // 6.30PM-12AM // 863484 // SECRETARY@JERSEYRACECLUB. COM

For those willing to take a chance and try their luck, come along to this fantastic night out and bid on your favourite horse. Become the Jockey, place your bets on the runners on the screen and watch your winners romp home!



#### **16.11.13** TIN ROCKET JERSEY OPERA HOUSE

#### £12 // 8PM-12AM // 511115 // BOXOFFICE@JERSEYOPERAHOUSE.CO.UK

makin projects proudly presents Award-Winning performer Niki McCretton in Tin Rocket – an evening of comedy, stand up, space travel and scones. Leave Earth far behind, to boldly go where no audience has gone before. If you have ever felt like the Matrix is more of a documentary than a work of fiction, then jump on board the Tin Rocket, where Niki will guide you on a journey through the past, present and future. So pack your bags. Take a seat. Niki will entertain you, serenade you on her guitar, let you hide in the dark, eat sweets and believe that you can create a new world somewhere out there in the universe.

#### 7.11.13 STUDY HORIZONS THE ROYAL YACHT £FREE // 5.30PM-8.30PM // 449274 // S.WINTER@GOV.JE

If you're a student wanting to find out about courses overseas, online and in the Island, this event is well worth grabbing a place at. With 20 exhibitors from Canada to New Zealand as well as local representatives there'll be international universities, on-Island degree providers, the Open University, student finance experts and career advisers available to give on hand advice and guidance to prospective students. Please register for a place at www.gov.je/studyhorizons



#### THE POWER OF NEGATIVE THINKING



#### WORDS RICK ODDBUT, LIFE COACH ILLUSTRATION AOIFE LE GALLE

#### Are you sick of waking up on the right side of bed? Are you tirelessly enthusiastic about everything? Does watching Saturday night television fail to fill you with a deep loathing for the human species?

If you've answered 'yes' to one or more of these questions then take heart in the fact that you're not alone. You're not simply 'bubbly', an idiot, or Fearne Cotton (i.e. both), but are actually one of millions of people who suffer from a common excess of positivity. There's a part of your brain that doesn't work properly, a part that pumps out cynicism and doubt, but it somehow got switched off and now you can watch romantic comedies without wanting to bludgeon the cast to death with a pickaxe handle.

The most important thing for you to understand is that life doesn't have to be like this. There is a cure for your condition, and with a little work you too can live a life rich with misanthropy, scepticism and spite. The first step is to recognise that you can change - you don't have to resign yourself to a world where James Corden is considered amusing. You can choose a different path - a path paved with sarcasm that winds through a garden of bitterness. You can grow that garden yourself by weeding out the sunflowers and replacing them with nettles. You can picnic on a grave, in the rain.

Why not start to make that change right now? Turn that smile into a grimace, and get started with some of these great tips to put a little bit of dread and angst in every day you're forced to exist in this cruel and pointless universe. Remember - things can always get worse.

#### HOW TO LOOK ON THE DARK SIDE OF LIFE

If you're feeling a bit jolly, perhaps you could spend a few hours thinking about those people who are more fortunate than yourself. Take a cold bath and try to imagine some of the many awful people who don't deserve their easy lives - like Katie Price, all of One Direction or Donald Trump. How do you think they are feeling right now, with their giant mansions, luxury cars and heated swimming pools? Families are starving in Africa for want of less money than Donald Trump spends each week on wigs. Do you think Katie Price has to get out of bed at 7am just to drive for an hour to find somewhere to park before going to work? Of course not. She gets up at noon so her butler can feed her grapes.

After you've thought about that for a few hours, I'd recommend you start making a list. Begin with celebrities and work your way back down. Be really careful not to leave anybody off, as there won't be time to rewrite it later when your hands are covered in gore and chainsaw grease.

#### 2MAKE SOME NEGATIVE LIFE CHANGES

It's amazing how just a few small changes can bring a lot more darkness into your life. It's so easy to get trapped in a routine of smiling at strangers and attending children's birthday parties. Start by having at least three days each week where you oversleep and arrive at work hungover. Ditch your healthy salad lunch and replace it with chocolate bars, deep-fried meat and triple caffeine energy drinks. Skip the gym to play violent computer games in a darkened room, or to reply to the comments below newspaper articles and Youtube videos. Perhaps you could attend the cinema and sit behind a group of teenagers who spend the entire film using their iPhones? As you gain weight, lose sleep and become more irritable, you'll soon notice a healthy contempt developing for your fellow man, which will gradually come to consume your very being, like a tapeworm with the voice of Victor Meldrew.

## SNEGATIVE THINKING

We spend more time at work than we do with our families, yet when we come to make life changes we often devote most of our resources to creating a strained, mutually suspicious relationship with our relatives. Never forget, colleagues can be enemies too - in many ways they are better placed to bully, undermine and belittle you than your friends and family.

If you don't yet despise your co-workers, start by befriending the resident office joker, who will waste hours of your existence by repeating the catchphrases from TV comedies, regurgitating meaningless corporate buzzwords and talking about their football team. Studies have shown that exposure to 'banter' can be a key motivation for people who deeply wish for the extinction of humanity. If this doesn't poison the workplace atmosphere like a lingering broccoli fart, maybe you could start circulating depressing quotes and statistics by email, or by hanging up posters that snappily summarise the essential futility of human existence. You don't have to be mad to work here, but it helps.

#### 4 BLEAK ENTERTAINMENT

Art can be a powerful force in helping you recognise that the universe is a vast, hostile place in which you are of no more significance than a beetle. It may also drown out many of the voices in your head, or at least replace them with different ones. You should delete Gangnam Style, the music of the Beatles and anything not written in D minor (the saddest of keys) from your iPod, and then smash your iPod to tiny pieces with a hammer. Put the pieces in your pants, or try and eat them. You'll be artistically richer if you spend your holiday savings on a complete vinyl run of the music of Morrissey, Leonard Cohen and Nine Inch Nails. Black out the windows of your fetid bolthole, light a few red candles and you're ready for a dismal disco. Whatever you do, absolutely do not listen to S Club 7 - if you reach for the stars, you will only get burned.

#### HOW ABOUT A CHANGE OF SCENE?

Holidays can offer a break from the norm, and if you find your life is slipping into a comfortable, positive routine they give the opportunity to change your perspective with some fresh, depressing sights. Why not book a trip to a war-torn region of the Middle East, or to the site of a massive industrial disaster? Silently walking amongst the abandoned schools and rusting funfair near to Chernobyl will fill you with dread concerning man's deadly hubris, and on the other end of the scale a week in Ibiza or Magaluf is likely to turn most intelligent people into a misanthropic night strangler. If returning home still fills you with a warm, unwanted glow than perhaps it's time to make a permanent change and consider emigrating to somewhere a bit less pleasant. Strike out for pastures new, and the chance to become irritated with a whole new part of the world. Go and live on an arctic oil rig, a diamond mine in the Democratic Republic of Congo or simply Milton Keynes. As long as you stay connected to the internet, there's little danger of you cheering up. Remember - tomorrow is the first day of the rest of your life.

# DARK DOES

WORDS TIM EVANS, PROPRIETOR OF IQ

When the laws of nature appear to be almost as abstract and as illogical as the idea of an omnipotent, omnipresent being creating the universe in 6 days and science fiction seems like a sunday school picnic you realise we've come an awful long way in understanding how stuff works. Either that or somewhere along the road to enlightenment we've taken a wrong turn or two - which is highly likely, we don't yet know and quite possibly never will.

As Arthur C Clarke put it, 'Any sufficiently advanced technology is indistinguishable from magic' or put another way, any ideas sufficiently advanced may look like God. We live in very interesting times.

Most of us, I suspect, go about thinking that man has it pretty much sussed, that we understand nearly everything, that science is nearing something of a zenith and it won't be long before we know it all. It may sound perverse but I find it somewhat comforting that time and again, just as we make some major breakthroughs in our understanding of the way the universe works, nature turns out to be a whole lot weirder than any science fiction writer could have ever suspected. That's exciting don't you think? behavior that didn't quite fit. According to these laws of motion the stars on the outer most of a galaxy should be moving slower than those closer to the center, but observations contradict this. Astronomers were startled to find that actually the speed of all stars orbiting a galactic center was pretty much constant. Furthermore, clusters of galaxies orbiting around each other also flouted these laws, suggesting there was much more mass within these clusters than we could see - 10 times more! What was causing it? The answer, for now at least, is so called 'Dark Matter'. This stuff, if it exists, (and these theories suggest we scrap our preconceived ideas of what to 'exist' actually means) has lots of mass but doesn't interact with light, it doesn't reflect light, it doesn't absorb light, it doesn't interact with

around the galactic centre. How the physics of Dark Matter exactly work is as yet unknown, the science is brand spanking new. According to observations though, the total mass of the universe is 4% 'normal' matter, 27% Dark Matter - so what about the remaining 70%? Well this is stranger and more fantastical still.

Galaxies and clusters of galaxies are not spread evenly throughout the universe. If you've attended my lecture on Chaos Theory you may remember a poignant fact - that nature doesn't favour homogeneity. That is to say, the world around us is all patterns and lumps and clumps. Almost nothing is completely flat and plain. The same is true at ALL scales, even cosmological and if one maps the distribution of 'normal' matter in

#### EVERYTHING YOU'VE EVER LEARNED OR THOUGHT YOU KNEW ABOUT WHAT 'STUFF' IS, WHAT IT'S MADE OF, WHAT THE UNIVERSE IS MADE OF, IS VERY POSSIBLY WRONG.

Everything you've ever learned or thought you knew about what 'stuff' is, what it's made of, what the universe is made of, is very possibly wrong. At school we're taught that the basic unit of matter is the atom, that everything we see around us is made up of atoms and yet it would seem that the mass we can actually detect or interact with only represents a paltry 4% of the mass the universe appears to contain! How is this so, how do we know this?

Only since 1920 have we known that there exist other galaxies apart from our own Milky Way and when Edwin Hubble realised that some smudges of light weren't gas clouds as previously suspected, but actually other galaxies each containing billions of suns, astronomers set about measuring them and trying to work out how far away they were, how fast they were moving and other vital statistics. Shortly after that scientists noticed things weren't as they seemed.

Newton discovered then Einstein refined, formulae involving gravity, mass and space which described the motion of bodies, giving us an accurate way to predict the orbits of planets around suns and how anything with mass is affected by anything else with mass. With these powerful tools astronomers observed the motion of stars orbiting the center of galaxies and noticed anything, it passes straight through 'normal' matter and as yet, has not been detected directly. All we can see are the ghostly affects of its mass on other bodies. Its very much there in one sense but in another its not there at all.

One of Einsteins greatest leaps of original thought was to realise that gravity is the effect of mass on space time, that is to say, anything with mass puts a dent in space time (space time is a hard to imagine concept whereby space and time are inextricably linked - you can't have one without the other so the two are intertwined creating a kind of 'fabric' - its useful to imagine a rubber sheet, any weight such as a snooker ball place on the sheet will deflect any object rolling across that sheet) and anything passing by will feel the effect of that 'dent'. Gravity even effects light and enough of it will bend light much like a lens does. This 'lensing' effect can be directly observed but again the effect seen and tested in many different areas of the cosmos is way more than expected - ten times more. Theres not enough room here to go into how we know this but this is what Google's for right?

It is now believed that all galaxies are surrounded by a sphere of Dark Matter which causes this exaggerated lensing effect and helps to hold the myriad of stars in place, affecting a constant procession the known universe a wondrous network resembling a sponge or loofa is clear to see. Dark Energy is thought to be the culprit for this structure at the cosmological scale and the remaining 70% of the mass of the universe. Dark Energy acts in opposition to gravity - pushing everything apart. Absolutely nothing is yet known about Dark Energy but perhaps it can be imagined as like the energy of a vacuum? Gravity has a pull on objects proportional to the distance between them but weirdly, Dark Energy does the opposite - the more distance between massive objects such as galaxies the greater the effect, meaning that the universe is expanding at an ever greater speed in all directions. Imagine drawing spots on a balloon and then inflating it, every spot is moving away from every other spot, there is no centre, the space in between the dots just gets larger.

To say the universe is very large is absurdly understating it, however I'm running out of space here and must wrap it up. For me the fascinating thing about science and the mission to understand the world around us is that 'fact' is a transient, illusory thing, ever changing and open to great leaps of imagining, far weirder than any sci-fn novel and far more exciting and liberating than dogma. Keep your minds open people, reality is not as it seems!



## THINGS THAT WORK BETTER AFTER DARK

#### WORDS GRACE RYAN ILLUSTRATION BEN ROBERTSON

#### THERE ARE FEW PEOPLE BETTER QUALIFIED THAN ME TO WRITE ABOUT THE THEME OF DARKNESS.

If you encounter me during daylight hours it will be in the form of a foul-tempered, gin-soaked vampire, wearing sunglasses indoors and sporting a personal style that is less 'bed head' more 'slept in the back of a bin lorry'. I find navigating the daytime about as comfortable as a crab finds navigating the Sahara, or crabs navigating you in the Sahara - take your pick.

I come alive on the coming of darkness, if only because that's about the time my breakfast martini kicks in. It's after the night curtain falls that I do my best work, tell my funniest jokes and meet my favourite people. My fondest memories are tinged with twilight, and they're tinged with plenty more than that besides. I've got an Instagram filter for my brain, and its default setting is 'liver damage'. Daytime, on the other hand, is when the postman delivers bills. It's when my neighbours decide to do noisy DIY, where credit card interest and taxes happen. It's where my responsibilities as an adult hang out, like dull ghosts haunting an empty guest house.

It's no wonder I live for the nightlife, even if sometimes nightlife only involves doing the same stuff as everybody else, except at an antisocial hour when they're asleep and so don't expect to hear somebody tipsily driving a petrol lawnmower over their flowerbeds.

Here's a few of the things you're missing out on if you're seven years old or have a curfew.

#### **#1** FIREWORKS

If something catches fire and explodes during the day, people usually treat it as a tragedy, like the time the Gas Place fire threatened to turn St Helier into the world's largest disposable barbecue. If it happens at night, it's either the second Gulf War, the Branston Pickle factory fire of 2004 or a firework display, all of which offer the same contribution to peace in the Middle East. At least during the latter you're likely to be offered candyfloss rather than nerve gas. As an overgrown child I love firework displays, even if they're ruined slightly by my permanent double vision and a habit of falling asleep in piles of leaves and branches.

#### **#2** HORROR MOVIES

Most films work better at night, as the feeling of stumbling out of the cinema into broad daylight always ruins the experience for me. It's either because darkness is the time of mystery and make believe, or because it obscures my popcorn dandruff and chocolate moustache. Horror movies in particular are neutered by sunshine, but pumped up by the coming of the dark. The idea of demon clowns and machete slashers coming to murder you on a sunny afternoon at the beach seems a little daft, but I once watched The Blair Witch Project in an old church and walked home through a huge graveyard. What would have otherwise been just camcorder footage of American teenagers in tents was turned into the most terrifying motion picture since the Hulk Hogan sex tape. I can guarantee I didn't wet the bed, but only because I spent a sleepless night with all the lights on, shaking like a s\*\*\*ting whippet every time a branch moved in the back garden.



#### **#3** SEXY TIME

People from hot, steamy places like Italy and Brazil will have you believe they are sexy 24/7, whereas British people are at best split-shift sexy, needing a nice long break in the middle of the day in which to be dowdy and do jigsaws in a onesie. The night time is the sexy time for us British folk, the coming of darkness prompting a loosening of buttons, a raising of eyebrows and caravan loads of swingers descending on motorway car parks to watch people dogging in cardigans. Perhaps it's because people are more attractive when you can barely see them, or maybe because the long British darkness in winter has created a national split personality - virtuous Victorians by day, Prince Albert piercings by night.

#### **#4** DANCING, HOUSE PARTIES, FESTIVALS AND RAVES

In sexy countries (see #3), the natives are so overflowing with rampant sauciness that they need to take a mid-morning break just to dance the tango and make suggestive faces at each other. If they don't do this, they become so paralysed by the desire for nooky that they invariably take the day off work. It's not racist, it's just science. Sexy science.

British people are also unusually fond of dancing, but have not learned to do it in an overtly sexy way because they are better at drunkenly turning every social gathering into Glastonbury 1995, but with M&S party snacks and Stella pong. You might think that occasions where this occurs during the daytime weakens my theory, but in actual fact this is a tradition borne from the need to transform even a jelly and ice cream toddler's birthday party into the prelude to an inebriated 14 hour evening of loud music, Bez-dancing and vomiting on our shoes. If the daytime is good for one thing, it's getting drunk enough to hit your stride the minute that the sun goes down and the volume goes up.





#### #5 THE CHILDREN OF THE NIGHT

It's a shame I don't have enough space to describe my love of videogames, baking meringues, trolling the presenters on Babestation and playing the drums, as these are also wonderful activities to enjoy at 3am. I suppose they all fall into the category of 'leisure', much like items 1-4.

Now whilst I would never for a moment recommend working at night, it's true to say that there are some people who await the coming of night for reasons more complicated than nocturnal gadabouts like myself. These people can only operate under cover of darkness, can only move freely when hidden in shadow. They need the dark not simply to have fun, but to truly be themselves. Yes, you guessed it, I'm talking about graffiti artists, Batman and goths. I salute you - urban painters, masked vigilantes and fans of The Cure. We can love the moonlight and hate the sunshine together. Pro-tip - never invite Batman to a house party, he can't parallel park his car and will end up blocking somebody in.

## THE MILKY WAY ABOVE THE AVENUE IN SARK

Channel Islanders welcomed Sark's Dark-Sky Status after it was recognised as the first Dark-Sky Island in the world by the United States based International Dark-Sky Association in 2011.

Dark Sky status is designated to locations free from sufficient light pollution. Every photon of light escapes upwards creating a glare in the sky's atmosphere, obstructing a clear view of the galaxy, even with the use of powerful telescopes.

Astronomers in the Channel Islands have a special relationship with the cosmos, unlike other areas on the English mainland; here on Guernsey we can regularly see the Milky Way and International Space Station circling above us.

And with even clearer skies on Sark we are able to see even more clearly, and study astronomy with the naked eye, fuelling the Bailiwick's fascination with the cosmos.

David Le Conte of La Société Guernesiaise Astronomy Section explained: "It encourages people not only to look up at the night sky, but also to appreciate the importance of retaining a clear vision of the cosmos, free of light interference. It is certainly of assistance to one of our main goals, which is to bring the subject of astronomy to a wide audience, and to educate the public, especially young people." You can help to prevent light pollution by replacing outdoor lighting with motion sensor lights, replacing your conventional bulbs with energy efficient bulbs, or, simply

Astronomers in the Channel Islands have a special relationship with the cosmos, unlike other areas on the English mainland; here on Guernsey we can regularly see the Milky Way and International Space Station circling above us.

With less light pollution La Société Guernesiaise Astronomy Section believe that The Bailiwick is more aware of our place in the universe.

Light pollution, not only creates problems for the island aesthetically, creates an economic concern as excess glare represents wasted energy and in turn, wasted expense. It is vital to reduce the amount of light produced to a minimum and to focus the omitted energy where it is needed. turning your lights or electrical equipment off when you're not using it.

Guernsey therefore feels that Sark's status is good news for the Bailiwick financially, as money saved through decreased levels of pollution could potentially be put back into the community itself.

Sark's Dark-Sky status has put the island on the map and encourages tourism to our lovely islands.

# Ondon Mater 00

SOUTH WEST TRAINS



TRAIN EVERY

MINUTES

**RETURN ANYTIME** 

TRAIN TICKET WITH SPECIAL **BLUE ISLANDS FARE** 

**ERSEY** 

SOUTHAMPTON

LONDON WATERLOO

PLUS

+ COMPLIMENTARY LOUNGE ACCESS IN JERSEY

FAST-TRACK SECURITY IN SOUTHAMPTON

## Fly better. Fly blue. Buy local.





*EFREE* 





## MISCELLANEOUS?

RANDOMNESS ABOUNDS>



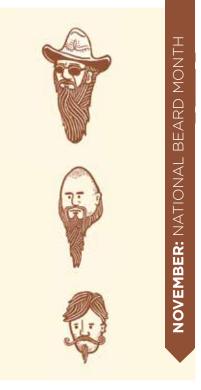
#### **VODKA LOVING**

Mother Tsuiri Kvaratskhelia tragically lost her son Joni Bakaradze when he died aged 22. However, instead of a burial or cremation, she decided to preserve the body so her son's child could "see what kind of father he had". After originally using traditional preserving methods, she said, "I had a dream once. Somebody was telling me to wake up and start using vodka to care for the body", and that's precisely what she did. "I have been using spirit liquid poultices since then. You must not leave the body without them during the night, because it will turn black", she says. Keeping Bakaradze's body in a coffin with a viewing window, his body has now been preserved with vodka for 18 years.



#### WEIGHTLIFTING...WITH A TWIST

Weightlifting. Super muscly (possibly steroid pumped) testosterone filled men lifting boring looking dumbbells? Well, not any more. A Ukrainian advertising agency have given a certainly unique new twist to you average dumbbell. They've decided to produce boob-shaped weights. Created by the Kiev-based 306 Creative Communication Agency, the dumbbells even come in three sizes! The new product are made of cast iron with rubber, glossy paint and matt paint coating. "Sports equipment for real men, who think about women all the time even when the iron is held in the hands" says the website. Wow.





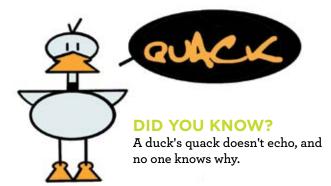
#### **R.I.P PORSCHE**

Now we've all got those things in life that matter a lot to us, but one man in China has a deep love for his Porsche; an attachment so strong it might even be unhealthy. After crashing his beloved Porsche Cayenne, Hao Gang gave his dream car a proper send off with a full funeral service. "I crashed into the car in front and was lucky to survive. The traffic experts said that the brakes had failed as the car's engine had not been properly put in place." "But the garage refused to compensate me, so I decided to warn others what might happen to them with a funeral for the car." Hao added that he is planning to leave the destroyed vehicle in the car park outside the dealership until he gets compensation. He said: "It is after all the poor car's final resting place. It would be disrespectful to move it."

TOUJOURS **TINGO** Our beautiful book is back again; so here's a few phrases to make your November a little more interesting...

Bikrang - (Bikol, Philippines) to walk with the legs apart as if there was some injury to the crotch (#swagwalk?)

Nu sitter du med skagget i brevladan - (Swedish) now you are stuck (in the spirit of national beard month, literally now









## Celebrate the festive season at Merchant House Brasserie

It's that time of year for booking your office Christmas party or arranging to meet up with family and friends.

Ideally located in the centre of town we have sumptuous seasonal menus available for both lunch and dinner throughout November and December, and with our extensive wine menu you will be spoilt for choice.

Lunch  $\pounds17.95$  pp for 3 courses/Dinner  $\pounds29.00$  pp for 4 courses

We can also cater for larger parties of up to 100 people for private use of our restaurant and the Jersey Museum Concourse area.

#### To book a table please call 01534 510069 or email merchanthouse@dolanhotels.com

Follow us on Facebook or Twitter @Merchant\_House

Merchant House Brasserie, Weighbridge, St Helier, adjoining the Jersey Museum

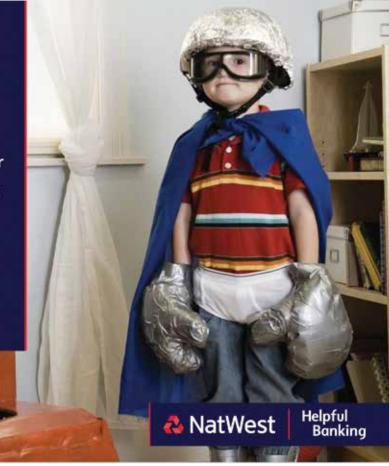
## Because you never know when you might need to!

Helpful banking, making things easier

Understanding that our customers may want access to their money when it suits them isn't rocket science. That's why our Online Banking is available 24/7/365.

We're making banking easier... ask us how!

Call in to any branch
 natwestinternational.com/helpfulbanking
 Follow us on Twitter @NatWestJsy



The Royal Bank of Scotland International Limited trading as NatWest (NatWest). Registered Office: P.O. Bax 64, Royal Bank House, 71 Bath Street, St. Heiler, Jersey JE4 8PJ. Regulated by the Jersey Financial Services Commission. Calls may be recorded.



# I CAN'T GET NO SLEEP

**PHOTOGRAPHY** MATT PORTEOUS

#### ABILIO DE FREITAS • • •

NIGHT SHIFT FOREMAN: VIENNA BAKERY

WHAT HOURS DO YOU WORK? 10pm - 6.30am

*WHEN DO YOU SLEEP?* 10am – 5pm (6 with a lie in)

FAVOURITE PART OF THE DAY? The afternoon, when I wake up to my wife and family

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? I have a coffee, sandwich and some fruit at 3.30am

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? It's good - you have more time to spend with the kids!

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? Nothing! Other than poor health and problems with the job.

#### ROBERT 'BOBBY' GILES

BREAKDOWN RECOVERY TECHNICIAN

WHAT HOURS DO YOU WORK? 24 hours, seven days a week when on call

WHEN DO YOU SLEEP? When the phone stops ringing

FAVOURITE PART OF THE DAY? When the phone stops ringing

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? When I get 5 minutes

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? Do you think you're tough enough!?

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? After the army, nothing!

#### -

POLICE

#### JASON LE BOUTILLIER 》

POSTAL WORKER

WHAT HOURS DO YOU WORK? 0530am - 1pm, 9am on a Saturday

WHEN DO YOU SLEEP? About 9.30pm and then I'm up at 0415am

FAVOURITE PART OF THE DAY? Going to sleep.

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? I don't.

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? Go for it! Early start means an early finish.

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? One day losing my parents.

#### ADAM CLAXTON

POLICE CONSTABLE

WHAT HOURS DO YOU WORK? Shift rotation - 7am -5pm, 2pm - 10pm or 7pm - 3am

COMPANY I

*WHEN DO YOU SLEEP?* 7.15am-1pm when I am on a night shift

FAVOURITE PART OF THE DAY? 7.15am

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? I tend to graze all night but I pretty much live off Pastel de Nata (Portuguese Custard Tarts) and coffee on night shifts.

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? Buy 'black out' blinds for the summer and get

used to living like a vampire in the winter.

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? Monsters



MARINE OFFICER

WHAT HOURS DO YOU WORK? 1900 - 0700 (with a 1 hour break before 2200)

WHEN DO YOU SLEEP? 0730 - 1100 and then 1600 - 1800

**FAVOURITE PART OF THE DAY?** In the morning when I'm driving home to bed and everyone else is heading in to start their day.

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? I don't really have a midnight snack; I tend to just eat all night!

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? It's definitely not for everyone and it can take a little getting used to. You need to make sure you get enough rest before starting shift, and being able to sleep at the drop of a hat helps.

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? I am really scared of leaving for work and forgetting my food!

#### +++ RICHARD D'ULIVO-ROGERS

AMBULANCE SERVICE - PARAMEDIC OPERATIONS MANAGER

WHAT HOURS DO YOU WORK? 38 per week

WHEN DO YOU SLEEP? 5 to 7

FAVOURITE PART OF THE DAY? Any, as long as the sun's out!

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? Whenever I get the chance

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? Being on call 24/7 can mean being called out at anytime. However, shift work does allow for more time in the day, meaning I get more done!

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? How fast time flies!

#### JOHN FITZPATRICK VOLUNTEER, SAMARITANS

*WHAT HOURS DO YOU WORK?* Our night duties are either 11pm-3am or 3-7am.

WHEN DO YOU SLEEP? When I'm doing the 3-7 duty, I usually go to bed at about 10, sleep until 2 and drive in (although we have two bedrooms at the Samaritans centre) depending on how tired I am, I'll sometimes go upstairs for an hour or two afterwards.

#### FAVOURITE PART OF THE DAY? Sunrise

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? I might have a little nibble before I leave – it depends on how late I'm running!

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? I have a day job, so I also do duties during the week from 6-8pm or (preferably, in my case) 8-11pm.

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? Wasps!

## PUBLIC RANK TAXI DRIVER

WHAT HOURS DO YOU WORK? 40-50

WHEN DO YOU SLEEP? 7 - 8 hours when I can

FAVOURITE PART OF THE DAY? Afternoons

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? After the shift when I get home - usually between 3am and 4am.

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? If you like the days off for recreation or hobbies go for it, but if you like to have a social life with friends or family remember that they usually organise these social occasions when you may have to work.

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? Anyone who drinks too much and could be sick in my taxi, that's the biggest fear for most drivers! I know of some drivers who have had to send their taxi to the garage to have the dashboard removed so they can get to the air vents to clean them out.

## BEVERLEY CANNON +++

WHAT HOURS DO YOU WORK? 9.45pm - 8am

*WHEN DO YOU SLEEP?* 9am - 2pm, then 6 -7.30pm (if on another night shift)

**FAVOURITE PART OF THE DAY?** 8am – the end of the shift – knowing we have helped and cared for the residents

BEY. GANNE

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? Approximately 3am, when my blood sugar levels are low!

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? I like nights, but it doesn't suit

everyone! Try a few weeks first, that's what I did.

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? I'm not easily scared, but rats are my main fear – funnily enough, they're nocturnal.

#### +++ LOUISE DU FELL NIGHT HCA

WHAT HOURS DO YOU WORK? 9.45pm - 8am

WHEN DO YOU SLEEP? 9am - 2pm / 7pm - 8.30pm

FAVOURITE PART OF THE DAY? When the shift is finished and the job is well done

WHAT TIME DO YOU HAVE YOUR MIDNIGHT SNACK? Between 2-3am

WHAT WOULD YOU SAY TO SOMEONE THINKING OF SWITCHING FROM A 9 TO 5? Night shifts don't suit everyone so give it a try first!

YOU'RE OBVIOUSLY NOT SCARED OF THE DARK SO, WHAT SCARES YOU? Sorry, I'm not really scared of anything!





### Journey to Ocean... and escape to a special place

With breathtaking views over St Ouen's Bay, the Michelin-starred Ocean Restaurant is a sublime blend of classic and contemporary, the perfect backdrop for the innovative modern cuisine of Executive Head Chef Mark Jordan, featuring the very best of Jersey's world class produce.



The Atlantic Hotel Le Mont de la Pulente St Brelade 01534 744101 reservations@theatlantichotel.com www.theatlantichotel.com

## We know your world doesn't revolve around banking!

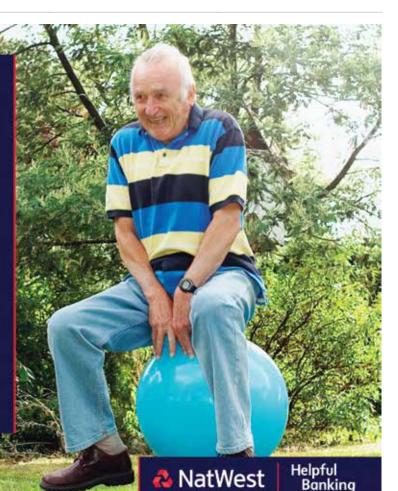
10. 1. 1. .....

#### 🍃 Helpful banking , making things easier

We know that it isn't always convenient to pop in to your local branch. That's why we have developed a range of mobile banking apps for your smartphone or tablet. Now you can bank when it suits you, not when it suits us. Mobile banking – wherever you are and whenever you need it, just ask us for details.

#### We're making banking easier... ask us how!

- Call in to any branch
  Market and the second secon
- Follow us on Twitter @NatWestJsy



The Royal Bank of Scotland International Limited trading as NotWest (NotWest). Registered Office: P.O. Bax 64, Royal Bank House, 71 Bath Street, St. Heller, Jersey JE4 8PJ. Regulated by the Jersey Financial Services Commission. Calls may be recorded. Network charges may apply.



#### **JACKIE** HENWOOD

Breed: Kentish Maid Age: 46

Hates: Iraveling, sking, fantasy films and shopping Hates: Daddy long-legs, moths, avocados, heights If animal would be: A dolphin Wants: A french bulldog and a villa in the South of Fra Interesting facts: Attended Lucie Clayton

Most impressive thing ever done:



into these puppies. And cats. And insects. And..

Aye-aye Badger Bat-eared Fox Beaver Binturong Bilby Galago Bush Rat Caracal Cat Catfish Chinchilla Cockroach Cougar Coyote Cricket Cyprus Spiny Mouse Dingo Dwarf crocodile Lemur Firefly

Flying Squirrel Gerbil Great Grey Slug Hamster Hedgehog Hyena Hermit Crab Kangaroo Koala Iranian Jerboa Kinkajou Kit Fox Leopard Lycaon pictus Margay Mink Mouse Octodon Oncilla Ocelot Opossum

Pangolin Paradoxical Frog Porcupine Possum Python regius Raccoon Honey Badger Red-eyed Tree Frog Red Fox Scorpion Skunk Slow Loris Spectacled Bear Sportive lemur Spotted Hyena Sugar Glider Tapeti Tarantula White-tailed Deer Wombat Gray Wolf

#### **MONTY** HENWOOD

Breed: Sharpei Age: 7

Likes: Tea and having his ears rubbed and running away Hates: The postman, cats and men in yellow jackets If human would be: Houdini Wants: His freedom Interesting facts: Speaks Chinese! Most impressive thing: He ran out of my neighbours barn in France standing on top of her pet sheep.



#### ...AND THINGS THAT DON'T Thylacinus cynocephalus, Greek for "dog-headed pouched one") was the largest known carnivorous marsupial of modern times. Native to continental Australia, Tasmania and New Guinea, it is thought to have become extinct in the 20th century.

gallery

#### ANIMAL FARM

words | Dierdre Shirreffs

Quantum physics? Piece of scavenged cake...

### Crows

Crows are often thought of as sinister - their black plumage, harsh croaking cry and unpleasant behaviour all contribute to this impression.

Many countries have legends linking crows with death and the collective name for a group of crows is 'a murder of crows'. It was thought to be unlucky to meet a single crow in the morning and a crow perching on the roof of a house was thought to foretell the death of an inhabitant.

They are highly intelligent, on a par with chimpanzees and other apes. One species not only uses tools to obtain food but will even make its own tools. Several species drop shelled food from a height to smash the shells. One species has learnt to drop nuts on roads so that cars crush the shells – and they even do it on pedestrian crossings as they know that there will be a break in the traffic allowing them to collect their food in safety. They are also able to recognise human faces, so annoy one at your peril!

The crow that is common in Jersey is the Carrion Crow. It is usually completely black although partial albinos with white patches occur. The nest is made of twigs high in a tree and 4 – 6 eggs are laid in it in March or April.

They usually feed on the ground, including grain, insects, crabs and roadkill, although they will rob other birds' nests.

Another black member of the crow family which lives in Jersey is the Raven. It is larger and shaggier looking than a crow. Ravens are famous for living at the Tower of London.

Legend has it that disaster will befall the kingdom if the ravens leave the Tower so they have the feathers of one wing trimmed to limit their flight. However this restricts their soaring courtship flight and they rarely mate. There are always at least six ravens at the Tower to prevent disaster.

The Chough (pronounced 'chuff') is another crow relative with a red bill and legs, tending to nest on rocky coastal cliffs. It disappeared from Jersey many years ago but is being reintroduced to our north coast this year and we will hopefully soon be able to enjoy its wonderful acrobatic flight.

The name Corbiere means a place of crows.

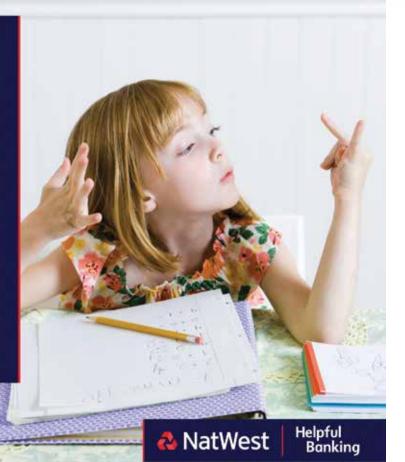
## Some things are just better left to the grown ups!

#### 🍃 Helpful banking , making things easier

We know that managing your finances isn't child's play. That's why we offer all our personal customers a free personal financial review with one of our customer advisers. Simply pop in to any of our branches and ask for your free review, and we'll do the rest.

#### We're making banking easier... ask us how!

- 💼 Call in to any branch
- Inatwestinternational.com/helpfulbanking
- 💅 Follow us on Twitter @NatWestJsy



The Royal Bank of Scotland International Limited trading as NatWest (NatWest). Registered Office: P.O. Bax 64, Royal Bank House, 71 Bath Street, St. Heller, Jersey JE4 8PJ. Regulated by the Jersey Financial Services Commission. Calls may be recorded.



MOVEMBER IS UPON US FOLKS. GROW, GROOM AND GET AMONGST IT FOR MEN'S HEALTH!



#### **KNOW BEFORE YOU MO!**

So, you've registered for Movember. Know the rules of the road and choose your moustache weapon. No Mo, No Mercy.

There are a few Mo growing rules that will be key as you embark on your moustache journey. Thinking you need a head start on growing your Mo? Think again. All men must 'Shave the Date' and begin cleanshaven on Movember 1st, then grow just a moustache for the month – no beards, no goatees. Remember, Gen Mo will always act as a generation of true gentlemen.

Check out the Style Guide online to help you choose what Mo to rock for your 30 wild nights and hairy days of Movember - grow and groom dutifully. Can't decide which Mo to grow? Enlist your friends and Mo Sistas to help you choose. Better yet, give styling privileges to the Mo Bro or Mo Sista who donates the most money to your team. Which brings us neatly too.....

#### DON'T MO IT ALONE

You've joined Generation Moustache and the power of your Mo is infinite, but you shouldn't fight the good fight alone. Remember, there's strength in numbers. Assemble your crew of Mo Bros and Mo Sistas to work together as one united force. Enlist your friends, family and coworkers to join you this Movember and together we can change the face of men's health.

#### GENERATION MOUSTACHE INTERNATIONAL MAN

#### OF MOVEMBER '13

Think you can compete with the best? No greater honour can be bestowed upon a Mo Bro and it comes at the end of the toughest of gentlemanly battles. At the close of Movember, participating countries put forward their official Man of Movember from each Gala Parté for judging by an expert panel of Mo Bros. A decision is then made and a Mo Bro is crowned International Man of Movember for the year. In addition to the title, they also receive a prize well worth their efforts. Jersey has held a Gala Parté for the last few years at The Royal Yacht in the first week of December, all Mo bros and Mo Sistas are mo' than welcome!

Find out More here: facebook Movember Jersey 2013 and 'ere: uk.movember.com



## A journey like no other









## around Scotland in 5 days

12-16 May 2014

Come and join us on our scenic drive Glasgow to Edinburgh contact: e kim@falcon-drives.com t +44(0)7772 14 84 63 www.falcon-drives.com

## Whatever you're doing, you can speak to us 24/7!

Ъ Helpful banking , making things easier

Our telephone support is there when you need it so wherever you are, whatever you're doing, you can speak to us 24/7/365.

We're making banking easier... ask us how!

- 💼 Call in to any branch
- Inatwestinternational.com/helpfulbanking
- 👿 Follow us on Twitter @NatWestJsy

The Rayal Bank of Scotland International Limited trading as NatWest (NatWest). Registered Office: P.O. Bax 64, Rayal Bank House, 71 Bath Street, St. Helier, Jersey JE4 8PJ. Regulated by the Jersey Financial Services Commission. Calls may be recorded.

NatWest

Helpful Banking **GIVE** COMMUNITY AND SOCIAL RESPONSIBILITY IN JERSEY



#### JCG AWARDED FAIRTRADE SCHOOL STATUS

To receive the award JCG was required to set up Fairtrade support groups consisting of students from JCG lead by teachers Cormac Timothy and Vicky Pallot. These support groups devised an action plan for the year to raise awareness of issues and to include Fairtrade in the learning experiences of students. The students came up with a whole school Fairtrade policy, created a collage of the Fairtrade logo using recycled wrappers, gave out Fairtrade chocolate samples on the high street and spoke on local radio stations. The support groups researched Fairtrade products on sale in the Island and JCG Preparatory made an elephant sculpture, held an eco day and ran a Fairtrade egg hunt.

'We are very proud of our achievement and were delighted we could welcome Becca Rowland to JCG on Wednesday 9th October, who is a Fairtrade campaigner from Surrey and is on the National Campaigner Committee as the South-East region representative' commented Cormac Timothy, Assistant Head Teacher. 'It was an excellent joint initiative which was student lead exploring many issues and enabling JCG students to play a role in tackling poverty and injustice by adjusting the consumer habits of all in the school.'



#### HAWKSFORD GET THE COFFEES IN

Hawksford has raised more than £250 in support of Macmillan Cancer Support (Jersey) as part of the charity's Jersey's Greatest Coffee Morning Awareness Week. Hawksford hosted its coffee morning on Monday 23rd September to help launch the initiative. Businesses and locals were invited to buy coffee and homemade cakes from the company's Esplanade premises. There were a variety of treats on offer, including chocolate brownies and rocky road cakes. Employees from neighbouring businesses, Appleby and PwC stopped by to show their support. Matthew Morel, head of marketing at Hawksford, attended Macmillan's open day at Lido Medical Centre on Thursday 26th September to present charity representatives with a cheque to support its on-going work helping individuals and their families living with cancer and beyond in the island. Macmillan's World's Biggest Coffee Morning has been running since 1991. Macmillan Jersey held their first local event – Jersey's Greatest Coffee Morning – three years ago and last year over fifty local businesses and individuals took part helping to raise awareness of the charity and over £18,000 in funds.



#### STATE STREET GO BEYOND LOW HANGING FRUIT

Twenty employees from State Street recently picked thousands of apples in the orchard at Hamptonne, which is planted with traditional Jersey cider apples. The team, equipped with poles to reach the highest fruit and buckets, had a target of gathering up to half a tonne of apples. State Street volunteered some of its employees who took time off during the working day, as part of its commitment to community activities. The apples were utilised during the annual cider making event, La Fais'sied'Cidre in October.



#### GIRLGUIDING JERSEY **'RUSTLE, BUSTLE AND SQUEAK'** WITH THE NATIONAL TRUST FOR JERSEY

The National Trust for Jersey and Girlguiding Jersey have teamed together to offer every Rainbow, Brownie and Guide on the island the opportunity to 'Rustle Bustle and Squeak' and gain their new Nature Butterfly Badge. Starting at the Frances Le Sueur Centre within the beautiful setting of our Coastal National Park, each guiding group will be challenged to complete a number of different activities that are designed to get them closer to our local wildlife and have a lot of fun at the same time. Rustle, Bustle and Squeak is a resource created for Girlguiding and focuses on wildlife in woodlands, open landscapes, water and urban life. For every 5 activities the girls complete a segment of a caterpillar. Activities have included rock pooling, making food for hedgehogs, going bat watching, making bird boxes, dissecting owl pellets and doing a bird watch. Attending the activities provided by the National Trust gain them the final butterfly badge.

## Somerville Hotel Christmas package...

From only £440 pp based on a three night package

SOMERVILLE HOT

\*\*\*\*

From only £330 pp based on a two night package

#### Escape to the Somerville Hotel with friends and family this Christmas.

The Somerville Hotel is a four star 'Country House' hotel which is perfectly set among beautiful gardens above St Aubin's Village with spectacular views over the picturesque harbour.

- Three night package on full board basis to include our fantastic Christmas Day lunch from only  $m {\it E}44O$  per person. -
- Two night package on full board basis arriving Christmas Eve and departing on Boxing Day from only £330 per person. 🏓

#### For more details visit www.dolanhotels.com or call reservations on 491900

\*Christmas Day lunch is available for hotel residents only Package is based on two people sharing a room.

Mont du Boulevard, St. Aubin, Jersey JE3 8AD Tel. 01534 741226 www.dolanhotels.com

## There's always a first time for everything!

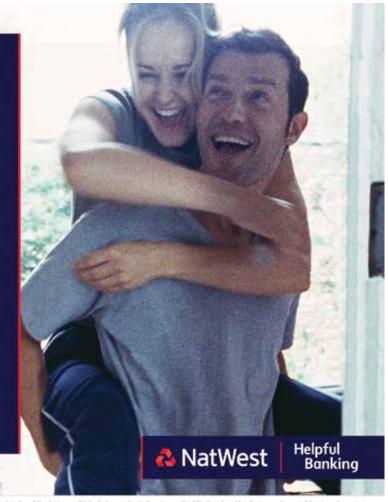
#### Helpful banking, making things easier

We offer 90% loan to value for first time buyers, so owning your first home could be a whole lot easier. Plus, our product options could give you an up front saving of at least £999 or help you enjoy a lower interest rate and you'll have your own specialist mortgage adviser to help you every step of the way.

#### We're making banking easier... ask us how!

- 💼 Call in to any branch
- Inatwestinternational.com
- 💅 Follow us on Twitter @NatWestJsy

YOUR HOME OR PROPERTY MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE.



The Royal Bank of Scotland International Limited trading as Nat/West (Nat/West). Registered Office: P.O. Bax 64, Royal Bank House, 71 Bath Street, St. Helier, Jersey JE4 8PJ. Regulated by the Jersey Financial Services Commission. Over 18's only. Security required. Calls may be recorded.





#### COMPANY BOSSES TRADE ROLES TO HIGHLIGHT IMPORTANCE OF CUSTOMER SERVICE

Hawksford chief executive, Peter Murley, and Eamonn Elliott, general manager of Grand Jersey, swapped companies and traded in their usual management roles to work as concierge and mail man. This initiative marked National Customer Service Week and highlighted that everyone can help to improve customer service in their organisation.

Mr Elliott joined Hawksford's mail and facilities team and helped to distribute post internally to Hawksford staff and ensure office equipment was up to standard and well stocked. On Grand Jersey's reception desk, Mr Murley worked with head concierge Hugo De Castro to welcome guests and ensure their stay at Grand Jersey was enjoyable. He also offered advice on the island's best attractions and restaurants to enhance their visit. Employees from both businesses sponsored Mr Murley and Mr Elliott during their job swap, which raised money for Brighter Futures in support of its work with families and young people in the island. Hawksford and Grand Jersey have an ongoing partnership with Brighter Futures to raise money and awareness to support its charitable work with families and young people in the island.



#### CHARITIES TO BENEFIT FROM A SHARE OF £30,000

Jersey based charities can once again apply for funding as Barclays launches its 2013 Community Awards. Now in its seventh year, the Community Awards programme has a new focus for 2013 which will align with Barclays' global commitment to support young people through its new community initiative '5 Million Young futures'. The scheme aims to develop the skills young people require in order to fulfill their potential. In this respect, awards will be given in three categories – financial, enterprise and employability skills – and will focus on the 10-35 age bracket.

The Barclays Community Awards are open to registered charities which are based in Jersey and who are looking for a grant to fund a local project or initiative which aligns with these three key aims. Only projects that benefit the local community will be considered for the awards.

"We are specifically looking for applications from those organisations which provide the type of projects that equip people with the knowledge and support they need to enhance future job prospects. We will also be looking at applications to see where we may be able to work in partnership with the charity to deliver this specific need in the community, said Paul Declat, Jersey Director for Barclays Wealth and Investment Management.

"There are many charities in the island who are working in these areas and we hope they will take the opportunity to apply for funding for their projects, some of which we are already aware of and possibly require additional support, or others which are embryonic ideas at the moment and require funding to bring them to fruition."

All applications will be considered by a judging panel consisting of Paul Declat, Kathleen Britain, who is Head of Community Investment for Barclays Wealth and Investment Management and Adele Langlois, Community Representative for Barclays in Jersey. Joining the Barclays team are local radio presenter Spencer Davies from Channel 103FM and Shaun Rankin, celebrity chef and owner of Ormer restaurant in St Helier.

Entry forms are available to collect from the Barclays branch at Library Place, Barclays' offices on Broad Street and the Esplanade or by email from adele. langlois@barclays.com. The deadline for entries Friday 15th November. The Community Awards will be presented to the chosen charities at an evening reception in December.

.....



#### YOUNGSTERS PUT NEW WEBSITE TO THE TEST

Jersey Heritage has relaunched its website, putting it through its paces with perhaps the most demanding of audiences – some of the Island's privately educated children. The new-look website focuses on making the learning process fun and interactive, while catering for the needs and interests of users of all ages. Sponsors of the Jersey Heritage education initiative, Mourant Ozannes, invited a number of youngsters to test the new website at their offices last week before it went live, a challenge which the children jumped at. Having supported the Jersey Heritage education initiative for three consecutive years, Mourant Ozannes wanted to help bring the current website up to speed by developing a resource that makes information as accessible to users as possible. **Check it out at www.jerseyheritage.org** 

JERSEY'S STYLE MAGAZINE

# **EVENTS**





Sophie Crawshay Launch Party WHITE COLLAR THURSDAY 3RD OCTOBER





White Collar hosted this exciting event which launched new Designer Sophie Crawshay's first collection of beautiful silk pocket squares and scares. Her quality silks, vivid colours and unique designs brightened up the rainy evening. Delighted guests enjoyed champagne and canapes





whilst browsing pieces from the SC Brand. A percentage of the evenings sales were donated to the Jersey Blind Society. We're looking forward to seeing her new line of women's scarves which will be available soon. Check out her website for more information www.sophiecrawshay.com





Asset Risk Consultants Event SEATON PLACE THURSDAY 3RD OCTOBER





Asset Risk Consultants (ARC) celebrated five years of successful enterprise in their Jersey office last week. Attended by over 70 people from the Jersey finance community, the event was an opportunity to showcase ARC's achievements over the last five years and look forward to another five years of success. Stephen McMahon, ARC Jersey





managing director said: "The achievement of this significant milestone shows the strength of the brand and the team we have in Jersey. ARC has global ambitions, but these are founded on the development of a strong proposition for our local client base in both Jersey and Guernsey."



Aqua, King Street

www.jerseysilver.com



Before

After



SIX MONTH SMILES

# **Keeping Jersey Smiling**

STRAIGHT TEETH. LESS TIME. CLEAR BRACES.

5 Great Reasons to Book your Complimentary Six Month Smile Consultation;

1. Great results from dentists with a proven track record in orthodontics

2. Clear braces for greater confidence 3. Treatment takes only an average of 6 months 4. Easy Payment options - Interest Free Credit 5. £200 off your treatment when you quote Gallery Magazine

Call 731680 for your complimentary consultation \*



info@jerseysmiles.co.uk | www.jerseysmiles.co.uk





The Normans Customer Service Awards 2013 LIBERTY WHARF FRIDAY 4TH OCTOBER





This was a fabulous event and a great success, there were a staggering 8,271 nominations this year. The night was filled with smiles of delight from nominees, sponsors and supporters. Tim Darwin, from event sponsor Normans presented the overall winner's





trophy, which this year went to Tot Stop Crèche at the Coop – also winner of the Best Customer experience Award. There is only nine months until the 2014 nominations open, so start thinking of people or companies who deserve some recognition.





Unawatuna Launch WEIGHBRIDGE TUESDAY IST OCTOBER





Unawatuna is a Sri Lankan restaurant situated at the Weighbridge, just next door to the Ha'Penny Bridge. Sudu, the Sri Lankan chef and owner is delighted to be opening his first restaurant in Jersey, some of you will already know him from the little café he ran at the end of Gorey Pier offering authentic Sri Lankan dishes on a Friday and Saturday





evening in the summer months. Unawatuna is open for lunch and dinner from Monday to Saturday and Sudu also provides takeaways (collection only at the moment). The opening evening was a very enjoyable event gathering Sudu's regular customers and friends together to taste some of his delightful dishes and celebrate the launch of this unique restaurant.



Miranda Kerr





Total Solutions Group 21st Birthday THE ROYAL YACHT THURSDAY 10TH OCTOBER





Total Solutions Group celebrated in style along with their" Entrepreneur of the Year" & "Application of Technology" Jersey Enterprise Awards at the Royal Yacht Hotel. The bash was attended by Total Solutions Groups valued clients and partners from across the business community & government leading directly





on from Change Management Event "ciChange", sponsored by Total Solutions Group, where fellow Double Award Winner Aaron Chatterley presented his amazing Feel Unique success story. The evening was rounded off with drinks, canapés and entertainment from The Optimistic Voices.





The Voisin & Volaw PGA Channel Islands Challenge LES MIELLES GOLF & COUNTRY CLUB 16TH AND 17TH OCTOBER





18 professionals and some of the Island's top amateurs competed over 36 holes. Michael Durcan from Royal Guernsey won the professional competition with a fantastic combined score of 145, while Jack Gibson of La Moye won the amateur category with a superb combined score of 149.





48 golfers competed in the PGA Pro-Am competition on Thursday. Ian Strang, Robert Christensen and Phil Duffin represented Voisin and Volaw, who were joined by guests from the local business community.

MARCCAIN

Wintry and luxe

26 Hilgrove Street, St. Helier JE2 4SL. Telephone 873626





Rathbones: A Gem of an Evening AURUM JEWELLERS THURSDAY 10TH OCTOBER





Rathbones Investment Management International hosted another "Ladies" evening at Aurum jewellers where guests were able to view Aurum's latest collections. Richard and Alexa Blampied plus their highly skilled team of craftsmen were on hand to explain how they join forces to create original and bespoke jewellery using their combined skills of picking





gems, designing and manufacturing fine pieces. Phil Bain, deputy managing director of Rathbones, welcomed guests and commented on the similar characteristics that the businesses of Rathbones and Aurum share in their respective fields especially in terms of pedigree, experience and service.





La Faîs'sie d'Cidre HAMPTONNE 19TH-20TH OCTOBER





This brilliant annual celebration sponsored by Jersey Tourism was a jam packed weekend of traditional cider making, children's activities, live music, autumnal arts & crafts, dancing, living history and of course, plenty of local cider for adults





to sample. On Saturday evening there was excellent live music from local talent including Giles Robson & the Dirty Aces, Badlabecques, Isaac Evans, Raw Prawn, Run for Cover and Jim & Mark.

# TRAVEL



# NØRDIC BØUND INTO THE DARKNESS

WORDS TAMARIN WILKINSON



Unique, organic and cultural roots combined with an edge of contemporary society – this is the Nordic region – where urban life meets an abundance of vibrant and enlightening traditions set upon a picturesque backdrop, and with only a few hours of twilight, the dark arctic winters and the midnight moon are said to be a natural phenomena in their own right.



#### INTO THE **DARK**

The further north you're willing to travel, the further into the darkness you'll plunge! Whilst the aurora can be spotted at anytime, 9pm and 2am are the prime viewing slots, but until then, the landscape is a little like a blue and white silent movie. Timings can be a little temperamental – possibly one of the reasons a number of the hotels offer guests an 'aurora alarm' service.

#### WHERE TO STAY: Hotel & igloo

village Kakslauttanen, Lapland, Finland From glass igloos to luxury suites, nature's most spectacular lighting show commands equally outstanding accommodation.

Comprising 20 glass purpose built establishments, one kota (a glass tepee) and an abundance of snow igloos, embarking on a unique overnight stay is a given. Dozing off to the sights of the Northern Lights is a must on your travel bucket list.

www.kakslauttanen.fi/en/



#### THE NORTHERN LIGHTS

This magical marvel strikes most frequently in the Arctic region and is a prime reason to fly north. An enigmatic, polychromatic show in which the night sky is unexpectedly ignited with a wondrous glow – The Northern Lights – said to be one of nature's greatest displays, where the sky coils and curls like an exquisite lava lamp.

This abstract and unearthly light show is the epitome of timeless travel, and for those searching for a spiritually uplifting experience, a front row seat to an array of nocturnal rainbows is guaranteed to suffice.

#### WHERE AND WHEN

Determined to catch a glimpse of this cosmic disco in its full exaltation? Then you'll have to head north towards the Polar Regions – a good viewing point (so I'm told) is 60 degrees above latitude.

Other fine screening spots comprise the snowy wilds of Canada and Alaska. However, for those on a budget and travellers looking for something a little closer to home, Northern Scandinavia, Finland and Iceland are all great options.

#### VISIT OSLO

With the famous midnight sun, the summer months in Oslo often boast an impressive 24 hours of daylight. On the flip side, the winter months can be plunged into total darkness. Regardless of the gloom, the city is renowned for its diverse music scene, boasting an array of music venues. Whether you're a jazz, rock or opera fan, you're guaranteed to dance the night away. Blue Islands fly direct to London City, where Swiss Airlines will take you on to Oslo – a great way to travel if you wish to avoid the hustle and bustle of the major airports. *www.blueislands.com* 

#### DINF AT NOMA

Despite having to go to the effort of making a reservation months in advance, Noma is well worth the wait. Tempt your taste buds with an array of salted, smoked, pickled, dried and grilled goods. All local produce is flown in direct from Greenland and Iceland. This restaurant is so popular, food connoisseurs often use Noma as a sole reason to fly into Copenhagen. With a head chef who is also the ambassador of the New Nordic food programme, shying away from the dark nights in the realms of one of the best restaurants in Copenhagen is highly recommendable, especially in the winter months. www.noma.dk



#### 'ANYTHING YOU CAN DO ... I CAN DO BETTER.'

Or in this case 'Anything you can do during the day...I can do better at night!'

Aside from standing around in sub zero temperatures, fingers and toes crossed, glaring up at the evening sky - the darkness is home to more than just the one attraction! From exploring an ice kingdom to



ARCTIC ADVENTURE

Snowmobiling, husky sledding and super jeep trips - Scandinavian countries are just a little more courageous than us when it comes to staying on the road in the snow! A guaranteed holiday highlight, skidooing - certainly one way to travel in style whilst surrounded by a backdrop of mountain vistas.



#### FROM SNOWMEN TO **ICE CASTLES...**

Unlike the average individual, those in Kemi and Lainio prefer to take their snow sculpting skills to the next level. Forget elf-sized snowmen, you'll be met by entire snow castles and villages! A fair few of the creations even house ice slides!

practicing your most pertinent snow angel impression, to embarking on a fairy-tale husky-sled ride and tempting your taste buds with the fine cuisine, there are many thrills to a winter holiday.



#### TO CITY SKATING AND WINTER MARKETS

Foodies will welcome the mouth-watering aromas, there to lure you into the many winter markets. Take a trip to the snow covered cities of Turku and Helsinki where the hustle and bustle of the traditional markets and ice skating in the heart of the city will keep you entertained for hours on end.



#### TAKE A DIP IN THE ICE COLD WATERS OF NORWAY

Taking a dip into the near freezing lakes of the Nordic area is an activity that is becoming more popular by the minute. Aside from an instant adrenalin rush, the plentiful hot chocolate and mince pie offerings make it all worthwhile. If you prefer to take the leap of faith in a survival suit, take to the frozen seas of Finland. The mighty icebreaker Sampo is a majestic vessel boasting more than 1500 tons of steel – a trip guaranteed to surprise even the most seasoned seafarers. www.sampotours.com

#### WHY GO?

The whimsical nature, the wildlife and the indigenous people – just a few of the reasons visiting the Nordic Regions in the darker months is a must! From iceskating to skiing, to wine tasting and a lighting display not to be missed - there's something for all in this part of the world!





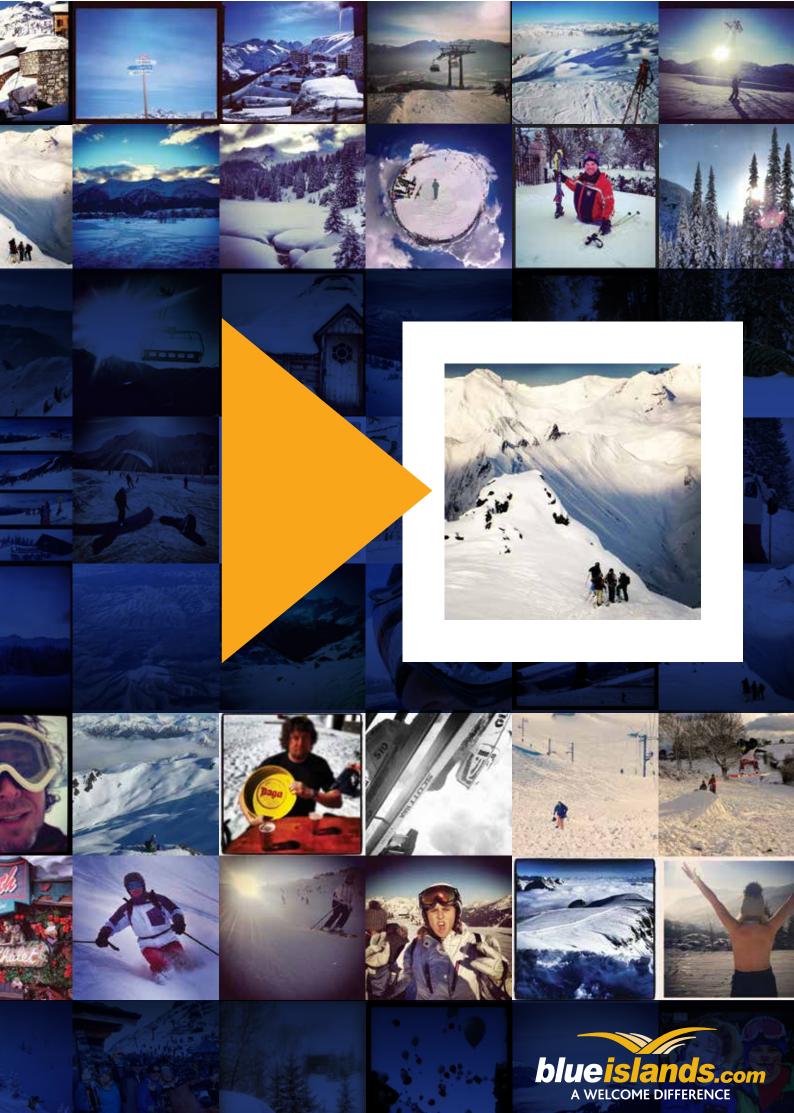
# 

# **CONGRATULATIONS** @adrianrow

You've just won two flights from Jersey to the Alps with Blue Islands!







# THE CITY SO NICE THEY **NAMED IT TWICE** THE CITA SO NICE THE

ORK NEW YOR

The Big Apple, the 'city that never sleeps' – New York has been given many pseudonyms but none of them quite do justice to America's most vibrant and exciting city.

From the glamour of the Upper West Side to super-cool SoHo, from the hustle and bustle of Midtown and the Theatre District to laidback Greenwich Village – New York is all about neighbourhoods. Hop on the subway or take one of the famous yellow taxis to explore this adrenaline-charged city, visiting landmarks such as the Statue of Liberty, the Empire State Building and Grand Central Station.

'Be a part of it' with a thrilling range of tours and excursions like the Helicopter Flightseeing tours which includes views over all five boroughs of New York plus the Statue of Liberty, Ellis Island and the famous Yankee Baseball Stadium in the Bronx. If heights are a little too daunting why not take the 'On Locations TV and Movie Site Tours'? See the deli from 'When Harry Met Sally', the diner from Woody Allen's 'Manhattan' and observe more than 60 locations from hit TV series' such as 'Friends' and 'Ugly Betty'. Specific TV tours are also available, including the 'Sex and the City Tour' and 'Sopranos Tour', all of which are led by local actors.

For accommodation you are spoilt for choice. Choose from the range of modern or boutique hotels, practical and luxurious; NYC has vast array of places for you to lay your head.

Built in 1931, the 3\* Edison Hotel is of similar style to that of New York's famous Radio City Music Hall and lies in Midtown Manhattan at the heart of the Theatre District. Just a few steps away from Times Square, the MoMA and 46th Street's 'Restaurant Row', the Edison occupies a fantastic location; perfect for soaking up all the sights and sounds of this 24-hour city. In an Art-Deco fashion, all rooms are simply furnished and represent great value for money for budget-conscious travellers.

Walking distance from the Edison is the 4<sup>\*</sup> Manhattan at Times Square which stands amidst an abundance of restaurants, shops, bars and diners. The Manhattan offers a comfortable and



convenient base for your New York stay, with friendly staff on hand to assist with travel plans. A big plus for tired tourists is the hotel's indoor swimming pool, great for relaxation and making the hotel a good choice for families.

Location is everything in New York; most tourists want to experience the hustle and bustle of Times Square. Close to the heart of New York's Midtown action is the 5\* Benjamin. The Benjamin brings a unique level of comfort in a sophisticated, boutique-style setting, providing true luxury in the heart of midtown Manhattan. A warm, intimate atmosphere awaits business and leisure travellers seeking the utmost in personal attention. The Benjamin creates a world of luxury and service that's hard to replicate.

The Benjamin's sophisticated boutique style stems from the vitality and warmth of its original design. Built in 1927 by world-renowned architect Emery Roth, it was one of his earlier and most successful skyscrapers. Award-winning designer Robert Di Leonardo of 'Di Leonardo International' has created a new style of modern elegance, incorporating European influence, sophistication and comfort while preserving distinctive elements of Roth's architecture.

New York is bold, unique and recognised as one of the most popular tourist destinations in the world which caters for every interest, style and budget. Whether it's for a long stay, a week or just the weekend, 'the city so nice, they named it twice' will shape memories that will last a lifetime.

Take a bite of the Big Apple and discover the pace of New York in your own time.

#### HOLIDAYS TO NEW YORK CAN BE BOOKED THROUGH BELLINGHAM TRAVEL IN ST HELIER OR ST BRELADE



# Send and receive money in minutes<sup>\*</sup>

From just £4.50\*\*

0800 026 0535 moneygram.co.uk

Send and receive at:





Subject to agent hours of operation and local regulations. Min addition to the transfer fees applicable to a transaction, a currency exchangement set by Money/Cramor its agent will be applied. Jersey/Foot is an agent of Money/Cramiternational Limited in the provision of money transfer services. Money/Cram Iternational Limited is an authorised payment institution regulated in the United Englorithy the Financial Conduct Authority. & 2013 Money/Cram. All other marks are the property of their respective owners. Money/Cram International Limited is an authorised payment institution regulated in the United Englorithy the Financial Conduct Authority. & 2013 Money/Cram. All optics environ.

# dream DESTINATION

VIV PALLOT interviewed PHIL MORRIS partner at NorthquayIT



DREAM DESTINATION

YOU'RE A WELL-TRAVELLED MAN, WHAT DO YOU ENJOY THE MOST? I love being close to the sea! I'm never sure which came first - my love for the sea - or whether it developed as a result of being in the Royal Navy. Chicken and egg syndrome....

When I was in the Navy, I travelled as far east as Karachi, as far south as Mombasa and as far west as Virginia, USA. The farthest north was to Murmansk in Russia... but we weren't allowed to stop there!

#### I'M GUESSING YOU'D HAVE A RATHER EXOTIC DREAM DESTINATION THEN?

My dream destination is the island of St Lucia (Caribbean) but also the West Indies in general.

#### HAVE YOU BEEN TO ST LUCIA YET?

Yes. Twice! My wife Tracey and I went there for our honeymoon in 2004. We loved it so much we returned the following year.

#### WHAT IMPRESSED YOU MOST ABOUT THE ISLAND?

The scenery. It's quite stunning and the island is very verdant being so close to the Equator. And the locals - we met some really great people both times we were there. St Lucia has a strong Island community. The sea temperature is also warm, so I made the most of the free diving on offer.



#### GOOD TROPICAL WEATHER TOO?

We were there during Hurricane Ivan - on our honeymoon! When Ivan was heading towards us we were advised to leave but this wasn't an option because all the flights out were booked. So we were stuck!

Our resort organised several meetings and on the morning of the expected landfall we were advised to have all our belongings packed and put onto the beds to ensure they stayed as dry as possible. We could take just a bag and pillow to one of the more solid local buildings for the day.

As we came out of one of the planning meetings, I slipped into Private Frasermode from Dad's Army: "We're all doomed!" An American tourist crying into her tissues at the time didn't see the funny side at all, unfortunately.

I've seen a lot in my life so wasn't overly fazed by the experience. But at the eleventh hour, Ivan turned left and headed towards St Vincent and the Grenadines so we experienced just a tropical storm in the end.

I remember playing outdoor chess during the storm - the pieces kept moving around in the wind which was quite frustrating! A staff member from the resort thought we were quite mad...

#### WONDERFUL STORY! CAN YOU SEE YOURSELVES GOING BACK TO ST LUCIA ONCE MORE?

It would be great to live there one day. I can imagine myself getting involved with the local marine community - even my company name has a maritime edge to it.

#### YOU MENTIONED YOU'D ALSO LIKE TO VISIT THE WEST INDIES IN GENERAL?

Yes, it's my ambition to retire and sail a yacht around the West Indies. If my dream were to come to fruition, I'll send you an email... just to let you know just how "unhappy" I am! (Laughing).

#### FUN FACTS

St Lucia changed hands between the French and British 14 times in the 17th and 18th centuries.

It is one of the few islands in the world featuring a "drive-in" volcano.

The national dish is green banana and saltfish and the typical cuisine is a blend of European (British/French), West African, and Eastern Indian.

Hurricane Ivan was the most destructive storm of the 2004 hurricane season and at one point was the same size as Texas.



# OUT OF HIS SKIN 2FACED DANCE

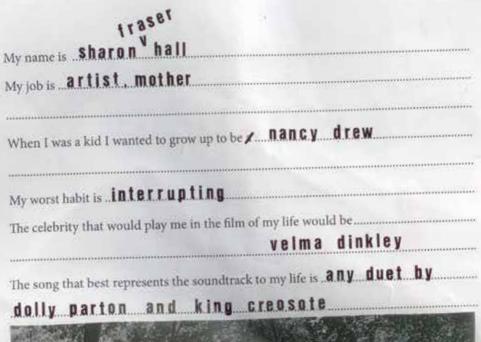
#### **TUESDAY 12 NOVEMBER - 8PM**

Using their trademark urban contemporary language, 2Faced Dance Company present a new full length work choreographed by Artistic Director Tamsin Fitzgerald. Unpredictable, fierce, visceral and tender, the country's leading all-male contemporary company explores society's obsession with the extreme and reminds us what it means to just be normal. Everyone has limits. Not everyone accepts them. £17 (£11 students)

Members: £14.45 (£9.35 students)

For more information and to book your place: 700444 · www.artscentre.je



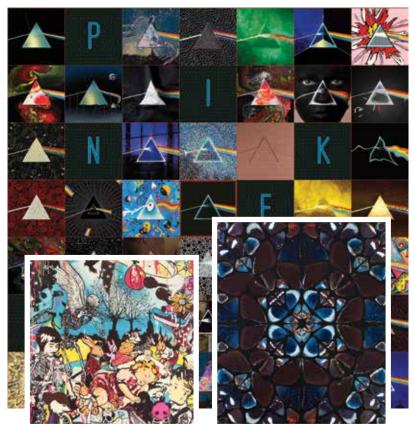




My greatest achievement is making My biggest inspiration is Walking.other people's bits of paper In 3 words I am Sociable, pessimistic (scottish) In 3 words I am Sociable, pessimistic (scottish) My motto / mantra is life's a game, play by the rules (thanks dad) My motto / mantra is life's a game, play by the rules (thanks dad) If I was a superhero I would be hong kong phooey I couldn't live without masking tape I couldn't live without 12 year old self is look, paint The advice I would give my 12 year old self is look, paint Is honesty the best policy? it's the only policy

#### CCA GALLERIES INTERNATIONAL LOOKS AT **THE DARK SIDE OF ART**

In honour of the late great Storm Thorgerson (1944-2013) CCA Galleries International unveil an Album Cover Art exhibition this month. The jewel in the crown of the show will be Thorgerson's final print edition 'Dark Side of the Moon 40th Anniversary' which encapsulates both his unique vision and his renowned working relationship with Pink Floyd. In March 1973 one of the most successful albums of all time was released: Pink Floyd's The Dark Side of the Moon. The artwork for the album became as famous and iconic as the musical content and was designed by Thorgerson who was then part of the graphic art group Hipgnosis. For the 40th anniversary Thorgerson created a limited edition silkscreen print divided into a 7x7 grid of squares. Forty of these squares are variations of the original Dark Side image, displaying an incredible level of imagination, inventiveness and humour from the artist. The remaining squares are filled with individual letters spelling PINK FLOYD. The variations on the prism image reflect many different facets of Thorgerson's work.



Main: Storm Thorgerson Dark Side of the Moon 40th edition' Left: Dan Baldwin Death at the Parade' Right: Damien Hirst 'Deific' (Image courtesy of Other Criteria @Damien Hirst) From the dark side of the moon we travel to our darkest childhood fears in Dan Baldwin's 'Death at the Parade'. Inspired by a painting that Baldwin saw in a museum in Mexico, a skeleton looms over a sleeping child. The composition has a dream-like quality as the central figure is asleep and is surrounded by a carnival-like scene with animals, freaky creatures, flags, anatomical diagrams and the skeleton looking away into the distance where we see the silhouette of a church. Perhaps this is a parade of characters from the little girl's dream, though the predominance of skeletal imagery - both human and animal- suggests the presence of death. Baldwin juxtaposes innocence and mortality, the sinister and the nostalgic in a carefully balanced and energetic work. Baldwin's recent sell-out solo show in London garnered national press attention, a new book on his career so far Dan Baldwin: 23 Years is available from CCA Galleries International.

Finally we explore the dark majesty and fragility of nature in Damien Hirst's 'Deific', his recurring motif of butterflies asserting his underlying fascination with the brevity and delicacy of life, "I've got an obsession with death ... But I think it's like a celebration of life rather than something morbid." Deific is heir to both Hirst's Cathedral series of butterfly prints and his 'Kaleidoscope' painting - creating intricate geometric patterns from natural forms. The addition of glitter to the sombre and subtle palette of the piece adds another dimension and highlights the beauty the butterflies retain in death.



#### COMING UP THIS MONTH ...

#### MET OPERA: PUCCINI'S TOSCA SUNDAY 17TH NOVEMBER, 7PM ENCORE SCREENING

Culture up your wintery Sunday evening with the latest screening from the Metropolitan Opera, Puccini's timeless score, Tosca, **Tickets: £8-£17.50** 



#### RICHARD II STARRING DAVID TENNANT ENCORE SCREENING WEDNESDAY 20TH NOVEMBER,

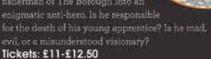


8PM This was the fastest selling production in the Royal Shakespeare Company's history and it's now the first broadcast ever from the RSC stage. Dr Who star David Terinant takes the title role in this Shakespearean classic

Tickets: £11-£12.50

#### PETER GRIMES ON ALDEBURGH BEACH ENCORE SCREENING

FRIDAY 22ND NOVEMBER, 8PM As part of Benjamin Britten's centenary, Peter Grimes comes home to the very beach that inspired it. This viscerally beautiful operatic masterpiece has captured sudience's imaginations worldwide ever since its premiere in 1945, transforming the sadistic fishermen of The Borough into an



#### NATIONAL THEATRE LIVE: THE HABIT OF ART TUESDAY 26TH NOVEMBER, 8PM

The late great Richard Griffiths, famed for his roles in the Harry Potter films and Withnail & I, atars in this encore screening of Alan Bennett's acclaimed play The Jabit of Art, alongside Fances De La Tour and Alex Jennings. Tickets: £11-£12.50

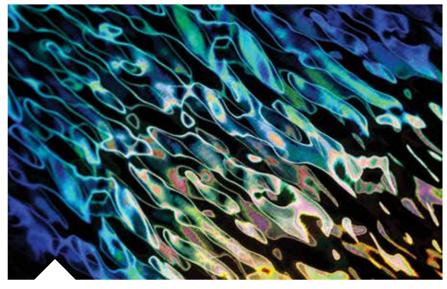
lickets: £11-£12.50

BOX OFFICE: (01534) 511 115 www.jerseyoperahouse.co.uk



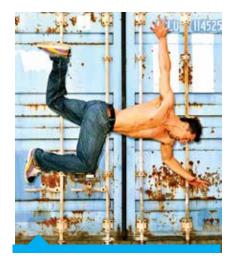


#### CULTURE NEWS



#### THE COLOUR OF WHITE

A performance by Jooj duQuemin about perception and illusion relating to colour and light, is what we see really true? The two halves of the show are quite different, the first half being slightly lecture based, and the second half is inclusive, experimental, exploratory. *Intrigued? We are! The Show runs in 'The Studio' at the Opera House from Thursday 7th November 'til Saturday 9th November, at 8pm. Tickets cost £8.00 from the Opera House Box Office call 511115 to book.* 



#### OUT OF HIS SKIN

On Tuesday 12 November, 2Faced Dance will be making their debut at Jersey Arts Centre with their Edinburgh Festival Fringe smash-hit Out Of His Skin. Unpredictable, fierce, visceral and sometimes tender, the UK's leading male contemporary dance company explores what it means to be normal in today's society. Everyone has limits. It's just that not everyone accepts them.



#### THE **JOHNNY CASH** ROADSHOW

Johnny Cash's family rates this tribute, describing frontman Clive John as 'absolutely authentic' and an 'uncanny' resemblance to The Man in Black himself. Featuring all the greatest Cash tracks and the best 'June Carter' in the business, this show takes you on a historical journey from the 1950s right up to 2002, all set to an amazing video backdrop. All the classic hits are recreated with the utmost accuracy including the awesome Ring of Fire, Walk The Line, Man In Black and Folsom Prison Blues. Word has spread fast on this Jersey Opera House gig with tickets almost sold out! *Tickets: £20.* 

Saturday 23rd November, 8pm

#### PERFECT FOR YOUR LITTLE MONKEYS

Durrell Dodolings on Saturday mornings are animal-themed workshops for 3-6 year olds (and their parents!) Each week focuses on a different animal from Orangutans and Meerkats to Poison Frogs! £7 per child - £6 with block booking discount. Booking is essential so email education.admin@durrell.org for information. Every Saturday in November 10.30am-12.30pm

#### ANNUAL HUMAN RIGHTS FESTIVAL

Throughout the week of 4 – 9 November the Jersey branch of Amnesty International has again teamed up with Jersey Arts Centre to present the annual Human Rights Festival. Issues such as political activism in Palestine, women's rights in Saudi Arabia, America's criminal justice system and crime in London will be explored through film and photography, giving an insight into how people live, and die, in some of the most oppressed and war-torn areas of the world.



#### MEET OUR STARMAN!

The Radisson Blu Waterfront Hotel is proud to host a show-stopping night of entertainment from award winning tribute act Nick Butcher impersonating the legendary David Bowie!

The evening begins with a delicious three course dinner in our Waterfront Brasserie followed by relaxing coffees and liqueurs as the show begins. Guests will be treated to hit after hit of David Bowie's timeless classics spanning four decades including 'Space Oddity', 'Gene Genie' and 'Ziggy Stardust'. After an electrifying set leaving you on a cosmic high, guests can get down on the dance floor with a live DJ and the bar will stay rockin' until 1am!

From 19:00 Tickets £34.95pp to include 3 course dinner, tribute act and DJ.

Call the Radisson BLU on 671100 to book.



56 | gallery

#### THE CREATIVE ARTS ALLIANCE

Founded by Dawn Croke, a former Head of Art, the aim of the alliance is to provide a platform for individuals to find their creative pathway and if they wish to achieve accreditation in it. This qualification is endorsed by Trinity College in London and supported by The British Arts Council. It is a nationally recognised qualification and is delivered at different levels. The Bronze level is aimed at students aged between 10 and 12 years, the Silver level is aimed at students aged between 14 and 15 years and the Gold between 16 and 25 years. At Gold level students can gain 35 UCAS points giving them an extra grade for university entry. Arts Award can be achieved through any area of the arts including the visual arts but also through music, drama, creative writing, poetry and dance. Any person aged between 10 and 25 can be mentored through the Arts Award in their particular choice of art form making it tailor made to the individual. It is valued by both employers and higher education establishments. For more information on achievement through the arts please e-mail the Creative Arts Alliance on creativeartsalliance786@gmail.com



#### TIN ROCKET

An evening of stand-up, space travel and scones awaits you as award-winning performer Niki McCretton zooms into the Jersey Opera House studio on a mobility scooter. Prince Charles branded her 'a great comic talent' so why not jump on board her tin rocket and try to figure out what planet she's on. She'll serenade you on her guitar and let you hide while eating sweets in the dark. Blast off with her on a ludicrous, touching and very silly adventure where she will boldly go where no other comedian has gone before in this one-woman, intimate, stand-up gig. *Tickets: £10-£12. Saturday 16th November, 8pm in the JOH studio* 

WHY NOT CHECK OUT...

The ArtsCentreTheatre presents The E-Word Strikes Back on Friday 29 and Saturday 30 November, showcasing monologues, duologues, poetry and one-act plays which have been performed in the Jersey Eisteddfod.



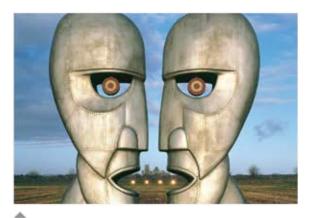


CCA Galleries International showcases the very best of contemporary British art, including paintings, limited edition prints and sculptures.

Discover works by famous established artists and printmakers including Sir Peter Blake, Barbara Rae CBE RA, Damien Hirst, Sir Terry Frost, Dan Baldwin and Barry Reigate as well as upcoming artist Joe Webb.

Our exhibition space also offers a unique experience for those seeking to promote corporate events in a dynamic environment dedicated to art and culture.

Find out more at www.ccagalleriesinternational.com



-----"Division Bell – Metal Heads", Silkscreen Print, Storm Thorgerson, 2002

#### FUTURE EXHIBITIONS

// 08 - 30 November 2013 Iconic Album Cover Art Work

Featuring Storm Thorgerson (1944 - 2013), his back catalogue courtesy of Storm Studios and some of the most memorable props used for past album covers. Storm Thorgerson, designed classic album art for a host of rock greats for over 40 years, including Pink Floyd, Led Zeppelin, The Cranberries, Muse and Black Sabbath, 10cc and Genesis to name a few.



Royal Court Chambers | 10 Hill Street | St Helier Opening Hours: 10am to 5pm Monday - Friday & 10am - 2pm Saturday For more details about exhibited works and

For more details about exhibited works and future events please call 739900 or email enquiries@ccagalleriesinternational.com

originaldynamiccollectablerenowned



WORDS CHRIS BELL ILLUSTRATION POD HUGHES

M

#### HELLO YOU (YES, YOU). THIS ISSUE'S THEME IS 'DARK', AND WHILST RACKING OUR COLLECTIVE BRAINS FOR FEATURES TO COMPLIMENT SAID THEME, IT OCCURRED TO US THAT THE NOUGHTIES HAS SEEN A RISE IN 'DARK' FILMS IN MAINSTREAM CINEMA.

By 'dark', we mean bleak, apocalyptic, oppressive and oh-so-very serious. That's of course not to say that cinema hasn't celebrated bleakness since day one – take Blue Velvet, Leaving Las Vegas, Videodrome, Funny Games, for example – often, a thoroughly depressing cinema experience can also be a profoundly powerful one. However, the past decade has certainly seen a trend for darkness in movies – often to reflect post-9/11 paranoia, often as a comment on the bloody struggles of both Iraq and Afghanistan, and more recently as a reflection of the mood of a recession-hit world. Here are our six favourite examples of movies that chose not to go into the light...

#### THE DARK KNIGHT TRILOGY

The perfect example of the sort of thing we're on about, Christopher Nolan's epic caped crusader trilogy has broken all sorts of box office records, proving that intelligent movie making has a place in multiplex cinemas. Essentially an arthouse film with a \$150 million budget, Batman Begins broke the mould for superhero movies, an original story concerned as much with its protagonist's inner psychological conflict as it was with the customary bosh, thwack and kapow involved with a Batman movie. The follow-up, The Dark Knight, brought us one of cinema's most sinister ever characters in The Joker, played as a terrifying psychopath by the late Heath Ledger, a far cry from Jack Nicholson's cartoonish clown in Burton's 1989 Batman. It took over a billion dollars at the box office, proving that audiences weren't put off by a challenge. Casting Christian Bale as Bruce Wayne/Batman was something of a masterstroke; he's essentially playing a reprise of Patrick Bateman from American Psycho, except this time he's got a Kevlar suit and cape.

#### HARRY POTTER

The Harry Potter series is an interesting one; starting out as a children's movie, adapted from a children's book, the series effectively grew up with its audience over the course of a decade; watched back to back, it's like starting with Disney and ending with The Seventh Seal. The first films were directed by Chris Colombus, someone who's no stranger to introducing child characters to real darkness and danger as writer of films such as Gremlins, The Goonies and Home Alone. The Columbus-directed films had more in common with the likes of The Goonies than the later installments, however, with plenty of cuddly characters and, well, fluffy action set-pieces. By the time we get to the twopart finale, The Deathly Hallows, directed by David Yates, it's more or less a horror movie. The colour literally drains from the screen, the bright tones of the early chapters replaced by bleak monochrome, our young wizardly hero spending the movie variously flitting between the real world and a limbolike state between life and death, and being chased by Death Eaters - if you haven't seen them, imagine the black demons from Ghost, on steroids - and even the cuddly elf Dobby gets it, shanked to death by Helena Bonham Carter. Thoroughly bloody depressing.

#### THERE WILL BE BLOOD

Arguably the greatest movie masterpiece of the past decade, director Paul Thomas Anderson's epic study on capitalism and religion is a loose adaptation of Upton Sinclair's 1927 novel Oil! and is relentless in its brutal depiction of all-consuming greed for money and power. Opening with a dialogue-free twenty-minute shot of oil prospector Daniel Plainview, played by a masterful (as always) Daniel Day-Lewis, getting his hands dirty in an oil well. In the hands of a lesser director, even the most hardened cinephile might find such a scene hard work, but with the lurching strings scored by Radiohead's Johnny Greenwood the section takes on the feel of a horror film, at once utterly compelling but unbelievably oppressive. Plainview's moral descent runs in parallel with the rise of his riches, and the film's two-and-a-half hours feel like much longer. In a good way. By the time the title credits roll, the colour will have drained from your face. Again, in a good way.

#### NO COUNTRY FOR OLD MEN

The 2007 movie adaptation of the acclaimed novel by Cormack McCarthy - himself no stranger to a bit of bleakness now and than (as fans if The Road will attest to) - saw the Coen Brothers return to the grittiness of earlier works such as noirish thriller Blood Simple and the blackly comic Fargo, after a period spent producing lighter capers such as Intolerable Cruelty, O Brother Where Art Thou? and The Ladykillers, and with it, a return to form. Ultimately a study on mortality and the whims of fate, No Country featured an Oscar-winning performance by Javier Bardem as a psychopathic bounty hunter who, as an embodiment of Death, surely ranks alongside Jaws' Great White Shark or Halloween's Michael Myers; cold, emotionless and apparently motiveless in the pursuit of his quarry. As with There Will Be Blood, No Country's success often relies on its lack of dialogue, although where it differs is in the relative absence of a score. The result is a sense of unease that leaves you in need of a cold shower in order to return to normality. The bleakness of the movie is summed up neatly by the fact that (SPOILER ALERT), Josh Brolin's protagonist is bumped off midway through the film, and we don't even see the scene on film - and act of remorselessness on the part of the director up there with any of Javier Bardem's bolt pistol-toting antics.

#### **GRIZZLY MAN**

"I believe the common denominator of the universe is not harmony but chaos, hostility and murder." And with that quote from the lips of director Werner Herzog, ladies and gentlemen, you have Grizzly Man in a nutshell. The documentary charts the life and death of Timothy Treadwell, the American bear enthusiast who met a grisly end after spending thirteen consecutive summers living amongst bears in an Alaskan national park. Comprised of footage shot by Treadwell himself, as well as Herzog's own interviews with Treadwell's friends and family, Grizzly Man depicts a battle between wide-eyed sentimentalism and the brutal realities of nature and, well, life. We see Treadwell getting up close and personal with 400lb grizzlies and addressing them in baby talk, naively believing himself to have some sort of spiritual connection with the animals. Treadwell vows to protect the bears "with my last breath"; in an especially cruel irony, the bear responsible for mauling him to death is shot dead. To cut a long story short, Grizzly Man's message is this: this isn't Disneyland. This is the big, bad, cruel world.

#### AMOUR

Whether one views Michael Haneke's 2012 Palme D'Or-winning film as 'bleak' is up for argument. Amour charts the degeneration of Emanuelle Riva's Anne into dementia and eventually, death. This isn't a plot spoiler – Anne's death is revealed in the very first scene of the film. On one hand, it's a beautifully poignant depiction of a husband's love for his wife guite literally through sickness and health, through to the bitter end. There are beautifully heartwrenching scenes of husband Georges attempting to make a connection with his wife despite her apparent lack of ability to recognise him or even to form a coherent thought or sentence. We see Georges feed Anne as if she were a baby, and in refusing to accept outside help, effectively refuse to accept that his beloved wife is, for all intents and purposes, gone forever. The other way of reading the film would be that its message is quite simply: for all the love in the world, sickness and death catch up with us all in the end. Bleak.

59



New flat, new job, new desk, new monthly feature... new start? Well, I guess the only thing new about this is the title. I'll still be non-consequentially rambling on about nothing in particular, only this time I'm doing it as a 'young professional' rather than a 'postgrad'.

Why do they call it young professional anyway? At what point does one stop being a 'young professional'? Bear with, I'm going to Google it... Ok, right, according to Wikipedia 'the term young professional generally refers to a young person not in school who is employed in a profession or white-collar occupation.' Well that's simple enough, I have managed to bag myself a temp job, and it does fall under the 'white collar' category. Actually, funnily enough, I have yet to wear a white shirt to work. Isn't that weird? I've worn blue shirts, grey shirts and heck, even patterned shirts! Perhaps in attempt to be considered 'cool' by my peers. Not that it's going to work, on my first day I walked into a filing cabinet and spilled hot chocolate all over my desk (not simultaneously).

Anyway, I guess I am a young professional. I was curious though, because at what point do you become a middle-aged professional? Or even an old professional? Old professional sounds like the name of a prestigious ale, so I bet they don't call people that. Why is there only terminology for the young? Is there a cut-off age? There must be. What if you get held back in school, then go to university when you're like 40, THEN get a job in finance at an entry level, do you still qualify as a young professional? If not, then what does it make you? This is starting to frustrate me. The more I think about it, the less it makes sense. Let's talk about something else.

I also moved house recently, which proved to be a trying, educational, frustrating, exciting, infuriating and wonderful experience. I'll be the first to say I'm not the most masculine person in the world (I cried watching Toy Story 3, and I don't care what you think), but in this ritual of lugging chairs and shifting boxes, I think I was finally able to justify the beard I've had for the last few years. I put up some shelves, painted cupboards, assembled furniture, all sorts! It really was fun, except for the fact that I ruined my favourite trousers by getting paint all over them. (Between you and me, I don't really mind: I like to wear them when I go to B&Q now because the flecks of paint make me look like a man who knows about DIY). to make it look very homely. All it took was some new carpets and a lick of paint. (A decorator did that; my manliness doesn't encompass large-scale projects). It does look good though, and it's nice to have somewhere that feels like home, other than Jersey of course. I'm in West Sussex now, and the sea front is a mere walk away, which is good for the 'settling in' process. It's like I'm back in Jersey, only with less sunshine, more cars, and fewer cows. I have to admit, I am still getting used to it, and I do miss

It really was fun, except for the fact that I ruined my favourite trousers by getting paint all over them. (Between you and me, I don't really mind: I like to wear them when I go to B&Q now because the flecks of paint make me look like a man who knows about DIY) 55

So these monthly snippets will permit you, should you choose to accept, to join me on my adventures, both in the workplace and back at home. For example, I may have embarrassed myself on my first day of work, but at least I learned how to make top-notch beef stew last week. Perhaps, to some, this may seem insignificant, but it's the little victories that keep me going. My MA has finished, and although I'm not writing as much at the moment, but I've been thrown out into the big scary world, and need to make my way up from the bottom. The way I see it, if you keep all your paths open, you're bound to find the right one some day. What if you just limit yourself to one and stumble upon a dead end? That's no good. I think that, for now, I'm happy just testing the water.

It's nice to be earning again, and this flat is my first 'non-student' place, and believe it or not, my girlfriend and I have managed Bath quite a lot, as I did spend most of my adult life so far there. I'm excited though, because carrying on with this monthly bunch of gibberish has made me realise that not everything is changing, and the things that are, are changing for the better.

I hope that my adventures as a young professional (ugh, still annoying) are as entertaining for you as they are hopeful for me. Oh! I forgot to mention how much fun I had buying furniture in charity shops, I suppose I'll save that for next time. Sorry, it's not much of a cliff-hanger, but then again this feature is a page-filler in a free magazine, so stop complaining and just enjoy it. Right, that's enough for now; I'm off to sit in the big comfy armchair I got second-hand from my girlfriend's mother. Remember: little victories.

gallery

# FASHION



## BRAND NEWS

#### REISS HAS AMAZING PIECES

The look for Reiss' latest menswear collection is perfect tailoring with an edgy twist; think Calvin Harris meets The Adjustment Bureau. This British brand keeps going from strength to strength and we'd like their latest collection to just be our entire wardrobe; it's sharp, unique and very good looking *Reiss is available from Voisins*.



#### ROLEX BUYING GUIDE

Considering buying a Rolex? As well as being a globally renowned luxury watch brand, did you know Rolex watches are one of the best brands to collect from a value perspective? Jersey's official Rolex supplier, Hettich Jewellers has a few tips on buying your first Rolex:



#### FIND YOUR FAVOURITE

With so many Rolex models to choose from, take time to discover which watch suits you. Hettich has the very latest models from the sporty Submariner to the elegant Datejust all available to try on.

#### CHECK THE PRICE

If Rolex watches are known for retaining their value, make sure you get the best price to begin with. Buying a new watch from Hettich ensures you'll pay straightforward, easily verifiable VAT-free prices for a watch in perfect condition, with no hidden surprises.

#### GET A GUARANTEE

Give yourself security when it comes to your high value purchases. Rolex watches at Hettich benefit from a two-year international guarantee, ensuring you'll have peace of mind as well as a stunning brand new watch. Rolex watches at Hettich start at £2,850.

*Pictured:* the brand new Rolex GMT-Master II in steel with blue/black ceramic bezel, £5,250.



#### PERFECT PRESENT

Whether you're a man about town or a true country gent, take a tipple wherever you fancy with Ted Baker's stainless steel hip flasks. It comes in a beautiful display box and we love its retro bicycle print which is pretty enough to distract the women on what it's for!

Ted Baker hip flask available at de Gruchy's £22.49



#### FOUND THE ONE?

Hettich can find her perfect engagement ring. With a sparkling selection of shapes and styles, they'll find you a diamond as special as she is.

Diamond engagement rings featuring Royal Asscher diamonds, from £2,875 at Hettich Jewellers, 1 King Street.



#### GET THE LONDON LOOK FOR LESS Austin Reed's latest menswear line is quintessentially English and

perfect for the wet and wild winter days that lie ahead. Stunningly tailored coats and staple shirts are aplenty in this brilliant collection which is a one stop shop for smart day-wear; well worth a stop in when you're next passing their store on Halkett Street.



#### WINTER COVERED

Full of winter staples for any man's wardrobe GANT has some great pieces to keep you warm this winter. GANT's latest menswear collection features warm flannel corduroy trousers, cosy knitwear, and statement outerwear, with a colour palette of greys, blues and olives; the brand gives you some classic basics to work into your wardrobe for any winter weather.

GANT is available from de Gruchy's men's department.

### WANTED: PART TIME WRITER/DESIGNER

#### Do you love writing and design?

We're looking for a part time writer /designer who can turn their hand to both the written work and a perfect layout.

Ideally you'll have been writing for some time, preferably for lifestyle publications or websites. You'll also be conversant in Adobe Creative Suite applications and hold a degree / qualification in graphic design or equivalent.

#### Think you fit the description?

work@factory.je

Get in touch via the email address below

# JEFF'S 75 BATH STREET

LOOKING FOR A CHRISTMAS GIFT FOR THE SKIER IN THE FAMILY, OR SIMPLY GOING SKI ING YOURSELF?

ADULT SKI JACKETS FROM £59.99 & CHILDREN'S FROM £39.99

OPEN UNTIL 6.00 p.m. MON - SAT.





factory

New Autumn / Winter Joseph now in store

nautilus 39 Don Street . St Helier tel: 617976

## TREND NEWS

#### OH TO LIVE IN OLIVE

From Cheltenham, the elegant Regency capital of the Cotswolds, Olive continues the town's long tradition of combining classic design with carefully selected trends. Their AW13 collection, new in a Voisins, brings an ultra-wearable take on the Parisian themes of natural colours and simple silhouettes. There's the odd gesture towards something borrowed from the boyfriend's wardrobe, but still a clear underlying commitment to feminine lines, shapes and tones.





READY SET GO We're loving uber-cool German brand Set's latest offerings of wardrobestaple cosy knits that all have a high fashion twist. Their cute motifs have won our hearts and we'd like to own the whole collection to help us get through this harsh winter! SET IS AVAILABLE FROM MANNA



#### WE LOVE

Model of the moment Miranda Kerr looks incredible in the latest Swarovski campaign which includes shots by Nick Knight and a TV commercial which has music composed by none other than Pharrell Williams! The campaign features Miranda wearing a selection of Swarovski's gorgeous jewellery for day and evening wear – pieces that will certainly be making our Christmas wish list!

#### WHAT'S IN THE BOX?

#### SHAPED TO FIT - GREAT GIFT IDEAS!

For bespoke glamour, look no further than The Bench's up-to-the-minute jewellery compendiums. Inspired by meaning, their cutting-edge Udoodle collection brings the excitement and joy of children's artwork to life. It is the brainchild of Deb Macklin and was born from a desire to make precious moments last forever. Using traditional jewellery techniques, the specialists at The Bench are able to transform a simple drawing onto silver and gold handcrafted pendants, cufflinks, charms and key rings – the end result – a memory that will last forever.

As well as bringing children's creativity to life, this custom-made jewellery emporium offers a variety of personalised jewellery services . Each and every year they pride themselves on creating a new and unique collection. This year saw the launch of the Velvet collection – a silver and pearl collection with a contemporary twist. Pictured are the beautiful limited edition Velvet Spin ring set with diamonds, Spin Pendant and Flash Pendant.

Design is what The Bench is famed for, regardless of whether it's a brief for a new creation, a re-design of a family heirloom or an unusual piece created by yours truly - why not head on down to the open view workshops at Jersey Pearl, and fashion your very own jewellery creations from start to finish.

Pandora's Christmas 2013 collection is as gorgeous and addictive as you'd expect it to be. Whether you choose the festive Reindeer charm, beautiful sparkling stars and snowflakes or something from the new striking black and white collection you'll be sure to create a beautiful Christmas moment. Don't forget to also have a look at Pandora's rings and earring collections. Many of the charms have matching pieces to complete your look ready for the party season. Look out for the special gift with purchase during November Rivoli Jewellers will be offering stackable Pandora jewellery boxes with purchases over £200.00.









🚥 AN ORIGINAL, GENUINE AND WEIRD SURF SHOP SINCE 2013 🚥

G

41 Halkett Place, St Helier (Next door to Jack's) T: 733388 | www.madhatter.je

٥

# <section-header>

SHIRT BY TED BAKER FROM DE GRUCHY / £76.50 Red tie by eton from de gruchy / £62 Navy blue suit by paul smith from de gruchy / £573 Clerior shoes by hugo boss from de gruchy / £179 Navy blue coat by paul smith from de gruchy / £400

Θ

Θ

BLACK SUIT BY HUGO BOSS "HUGO" FROM ROULETTE / £530 White Shirt by Selected From Roulette / £40 Coat by Hugo Boss "Hugo" from Roulette / £350 Shoes by Hugo Boss from Roulette / £240 Scarf by Paul Smith from De Gruchy / £114

T

NOTCH TEXTURED 3 PIECES GREY SUIT BY REISS FROM VOISINS / £439 Cutler Knitted Silk Tie / £50 White Shirt by Reiss from Voisins / £77 Brouge Boots by Reiss from Voisins / £158 Black Leather Gloves by Hugo Boss from Voisins / £17

S. Marine

0

3

۲



BLACK COAT BY FARAH VINTAGE EDITION FROM TIBB STREET / £79.99 Black check shirt by carthartt from tibb street / £65 Black leather gloves by hugo boss from voisins / £77 Dark brown fold over bag by reiss from voisins / £100

BLACK LEATHER JACKET BY HUGO BOSS FROM ROULETTE /  $\pounds460$  black jeans by hugo boss "Hugo" from Roulette /  $\pounds115$  black patent shoes by cesario from Roulette /  $\pounds70$  whale grey bag by reiss from voisins /  $\pounds266$ 

DENIM JEANS BY PAUL SMITH FROM DE GRUCHY / £100 Shirt by Hugo Boss from de Gruchy / £108 Tie by Hugo Boss from de Gruchy / £53 Burgundy Jumper by Hugo Boss from de Gruchy / £98 Navy Blue Jacket by ted Baker from de Gruchy / £251 Brown Shoes by Hugo Boss from de Gruchy / £189 Bag by Reiss from Voisins / £176



WORDS LAURA COSTARD



**Jess, 15, Student** HTC One "It's just so slim and sleek!"

An amazing feature of the HTC One that we love at Gallery is the photo tool that allows you to remove unwanted objects from any image - wow!





**Jason, 22, IT Project Assistant** Samsung Note 3 "I love the size of the screen and the clarity is really crisp"

If you love a smartphone with a large screen, this is the one for you! It has a 6.3 inch screen with stunning resolution, simply perfect!





This November we sent our Style (or Phone rather!) Stalker to

Airtel Vodafone in St Helier, camera in hand, to find out what the lovely people of Jersey think of their phones...

All handsets are available with no up-front costs on

**Gersende, 33, HR Manager** Samsung Galaxy S3 Mini

"It's lightweight, has a good size screen, is very easy to use and has a lovely feminine finish"

This elegant phone is so versatile. With a comfortable size and extremely responsive touchscreen, why not pick it up?





**Kate, 25, Banker** Apple iPhone 4S "I love how the Internet (3G) connects you to everything!"

Though this phone has been out for a while, it's still one of our favourites. With a spectacular LED-backlit IPS LCD screen that means #epic to you and me - this phone will always be one of the best smartphones around!





**Ryan, 20, Stonemason** HTC Desire 500 **"The phone service - it gets and makes calls!"** 

One of the most portable, easy to use touchscreen phones out there, HTC must have known that they were on to a real winner when designing this phone!

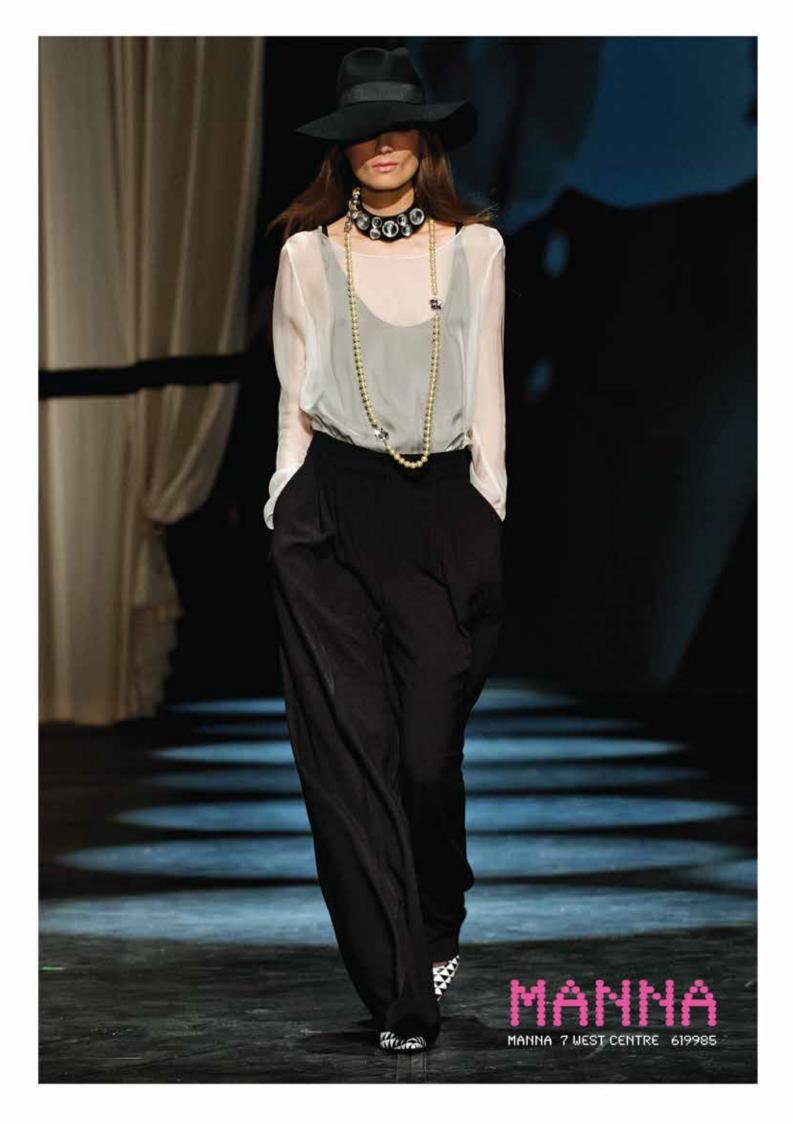




**Tina, 41, Homemaker** Apple iPhone 5C **"The camera quality is just great; it gives really clear photos"** 

The newest of the Apple iPhones, with an A6 chip (for extended battery life) you can enjoy your Apps, Facetime etc for even longer!







## NEW FOR AUTUMN IN STORE NOW

FIVE MILE ROAD, ST. OUEN, JERSEY, JE3 2FN TEL 01534 862137

jerseypearl.com









SHOP IN-STORE OR ONLINE AT DEGRUCHYS.COM

## BEAUTY NEWS

#### FIGHTING DENTAL PHOBIA IN JERSEY



Let's face it not many of us actually enjoy a visit to the dentist. How many of us wake up in the morning and think 'I can't wait to fix up my root canal appointment!'? But for some people feelings of anxiety can turn into fear and even a fully-blown phobia. The British Dental association says that 25% of the British population suffers from some form of anxiety before visiting the dentist.

'Often people suffering like this will avoid a visit to the dentist until they are in danger of losing all their teeth and their breath is foul,' explains Jeremy Willetts, partner at The Cosmetic Dental Group. 'I find offering conscious sedation to this section of the population is very helpful and I use it on nearly all of my implant patients very successfully.' Jeremy adds. A patients commented; 'It's like being wrapped up in a warm blanket and going into a really lovely sleep. Then I wake up and it's all over. It's absolutely fantastic!'.

Jeremy urges people not to stay away from the dentist because of anxiety or even fear of being judged or told off – 'We have years of experience in dealing with nervous patients and this is a very safe procedure with my team being fully trained in all aspects.'

Wondering if this is the solution for you? Visit www.jerseysmiles.co.uk and watch the videos! And the good news is that you can have a complimentary initial consultation so you can try before you buy! *Contact The Cosmetic Dental Group* on 731680.



#### WAY TO GO JAY!

Elmina Salon and Spa, King Street are proud to announce Stylist Jay has been promoted to the Elmina Styling Team. Jay was the winner of the Highlands College Avant Garde Competition and has been involved in numerous photo shoots and fashion shows. As a special reader gift Elmina are offering a cut & blow dry with Jay for just £25.

Please call the salon on 610082 to book. This offer expires 30th November 2013.



#### NEW PRODUCT ALERT!

The amazing Aromatherapy Associate brand have just released a beautiful line of candles which have gone straight on our Christmas wish list. If you're feeling tired and over-worked the 'Revive' candle will relieve your senses. Hand-poured in the UK and made from top notch soy wax, this candle will have you refreshed and revived in no time!

A | Revive Candle | £34



#### NATIONAL SPA WEEK!

Monday 4th- Friday 8th Nov celebrates Spas. So make sure you treat yourself to a bit of well deserved TLC. The Grand Jersey will be holding competitions and brilliant events each day of the week, including lots of fab freebies. They are also launching a wonderful new treatment; the Himalayan Salt Stone Massage is an innovative healing technique using warm salt crystal stones to ground and balance the body's electromagnetic field, central nervous system and meridians. Salt crystals from an ancient primal sea beneath the Himalayan Mountains are hand-carved into massage stones that gently soothe away an accumulation of stress, tension and pollutants. And bring the mind, body and spirit, into balance. The normal price would be £95 for an hour and 10 minute treatment but during National Spa Week there will be 25% off. *To find out more about all the special events and offers simply like their facebook page*.



As well as our famous **nails** and the **solarium** we are now pleased to offer eyelash extentions, waxing, tinting, make up lessons, St Tropez spray tans, facials and massage in our new beauty studio upstairs.

> 5 Minden Place, St Helier, Jersey JE2 4WQ (01534) 789 789

> > Opening Hours: 9am - 6pm f Envy Beauty Jersey

> > > 🔜 Shellac 🐟









#### M: 07700 368817 E: curranphotography@gmail.com W: www.curranphotos.blogspot.com





Wedding Photography Capturing those special moments

# Sna great shave. healthy skin.



From Dermalogica, the skin health experts, comes our new Shave system that will revolutionise men's skin care as you know it. Our exclusive three-step regimen is the first in the industry to take into account beard type, hair growth pattern and skin condition for a shave that delivers the healthiest skin possible. What else would you expect from the world's leader in skin health?

Get your hands on Shave today.



Get ready for the party season

Avalon offers a complete portfolio of cutting edge hair and beauty services personalised for the individual.

Bring in this voucher and receive 20% off any joint hair & beauty treatments booked and taken before 30 November 2013.\*

- Hair colouring /Foils
- · Cut & blowdry

Eyelash tint

- Face threading Nails and Pedicure
- Eyelash extensions
  - Waxing
    - Microdermabrasion

hair and beauty

15 Burrard Street, St Helier Telephone: 888178

\*Terms & conditions apply.



#### You can't put it in a box, wrap it in a bow or put it under the tree, and you will probably have to ask someone other than Santa for it!

Bath bubbles and scented candles will simply not do. For a certain type of woman who has everything - including very generous family and friends - plastic surgery and cosmetic treatments could make the ideal present, according to ABC News: It reports that 'more and more women are opting for surgical procedures as Christmas presents, with Botox, tummy tucks and breast enhancements topping some of Santa's lists this year.'

Tina Franklin, from Orange County, in an interview with ABC News, explained that after a break-up with her boyfriend, she asked her sister for a present of Botox for Christmas, so she could start the New Year looking 'fresh'!

The news show reports that the area's local cosmetic surgeons are doing a busy trade at this time of the year, coping with the Holiday season boom in procedures.

'Living in Orange County, the Mecca of plastic surgery, you definitely want to do procedures, including Botox, to soften but not freeze' Ms Franklin said.

Dr Tenley Lawton, who Ms Franklin has chosen for her Botox, told the network that procedures run from a few hundred dollars for injections to \$15,000 for a tummy tuck and breast augmentation known as a 'mommy makeover.'

But Rajiv Grover, the president of the British Association of Aesthetic Plastic Surgeons (BAAPS), said it was important to properly assess patients. "Part of the assessment of a patient is psychological, to see how suitable they are for the procedure," he said.

Mr. Nick Percival FRCS, who has a private clinic in London and consults at the Aesthetic Skin Clinic at the Lido in Jersey, said that Christmas is always a busy time, with demand fuelled by the long break. "People either want to get something done in time for Christmas or they want to use the break to hide away," he said.

He has seen a big increase in demand for many cosmetic procedures in the pre Christmas period.

"One of my ladies, a mother of five, is having something done while her husband takes the kids away skiing. Another lady doesn't want to bump into her friends after her facial surgery, so she will have it done now and emerge all fresh-faced. From mid-November right through till mid-December is a very busy time for us. What has been surprising for me, is that it is very busy during a time of supposed recession."

Statistics show that people are more willing to lavishly spend on a gift during the Christmas holidays than for a birthday. While such gifts are certainly generous, BAAPS strongly suggest that people who accept these procedures as Christmas presents are truly having them done for themselves. "The gift has to be selfmotivated and not because the partner is interested," said Mr. Percival.

"It's also important that the recipient have real expectations about the results of the procedure and potential for complications. It has to be given with a lot of thought and hindsight and research. You have to make sure that there is a conversation to determine what the patient actually needs."

Dr John Curran, Fellow of the British College of Aesthetic Medicine [FBACM], said that the demand for Botox and fillers has also been high. "There tends to be a rush of people in the couple of weeks running up to Christmas so they feel confident that they look their best over the party season. Our patients tend to time it, so they have the procedures completed a couple of weeks early, as it can take five to 10 days to fully stabilise."

Sheila Manners, from Orange County already knows what her husband, Harry, will buy her for Christmas, Botox! "When you look good, you feel good," said Sheila, 76, who asks for the treatment to smooth out lines around her forehead every year. "He is so happy that he doesn't have to wonder what to get me."

Nurse practitioner Carole Springthorpe, who works with Dr Curran and Mr Percival at the Aesthetic Skin Clinic at the Lido Centre in Jersey, discusses which procedures are top of the Christmas list for their patients. "The run up to Christmas is always a really busy time for us, as our patients want to look and feel fabulous during the Christmas and New Year break.

Our most popular treatments are combination technologies: facial sculpting and volumization procedures using fillers combined with Thermage or Intracel.

The subtle application of Botox to soften forehead lines, crow's feet and refine jawlines, referred to as the 'Nephrititi lift', is a treatment that is much in demand around the Christmas period. Patients are also keen to improve the quality of skin around the neck and chest area, and so Fraxel lite and IPL treatments are just what you need to restore and revitalize the décolletage, ready for that killer dress!

As tans begin to fade, hair removal with Soprano is also very popular in the run up to Christmas. Everyone wants to be silky smooth for the party season. And to complete the pre Christmas transformation, 'power facials'; including the new Obagi Radiance, will deliver the A list, red carpet-ready skin that all women REALLY, REALLY want for Christmas.

"Dr Curran's clinics are a mecca for those who want to try the very latest technology."

> Tatler, Beauty & Cosmetic Surgery Guide 2013



## THERMAGE COSMETIC SURGERY HAIR TRANSPLANT SURGERY

#### Dr John Curran FBCAM, Mr Nick Percival FRCS

Tel: 01534 625090 Lido Medical Centre, Hotel De France, St Saviour's Road, St Helier, Jersey JE2 7LA



FRAXEL

INTRACEL







### HELLO Boys

The male beauty product market is one of the fastest growing in the industry. Gone are the days of just stealing your missus products, men are now out there demanding the very best for their skin; here are a selection of the top hits...





If you need a quick daily scrub then this is the one for you. Calms skin before shaving and soothes the skin afterwards too!



Clinique Anti-Blemish Solutions Spot Treatment Gel £40

Reduce discolourations caused by sun damage and erase blemish scars with this radiance achieving wonder-product.



Benefit Boiing £17.50

If you have a blazing red blemish ruining your look then simply cover it up! This concealer blends into skin perfectly so noone will know.



Aveda Dual Action Aftershave £25

This 2-in-1 moisturiser and aftershave helps shave minutes off your morning. This product improves skin-barrier strength by 47%, makes your skin tone and texture more even and miraculously reduces razor burns and ingrown hairs.



The Eye Concentrate £130 Exclusive to deGruchy Not only is this product hydrating, it even contains skin renewing ingredients; reducing the appearance of dark circles, puffiness, lines and wrinkles! No one will ever know you were up late.



Tom Ford Noir Eau De Toilette for Men *£45* Exclusive to deGruchy

This gorgeous scent is laden with notes of Tunisian Orange Flour Absolute, accented with smoky Oak Moss Lichen and the rich leathery essence of Leatherwood Resin, resulting in a deep, manly, sensuous fragrance.



Aveda Hydrating Lotion £34

Fight against the skin-drying Winter cold this November with an easy solution – a simple hydrating lotion! For all skin types, this gentle moisturizer quenches dehydrated skin and leaves skin feeling moisture-refreshed.



The Porefessional *£24.50* 

Quickly minimize the appearance of pores and fine lines for smoother-than-smooth skin! This silky, lightweight balm will give you glowing youthful skin. Its oil free formula and added Vitamin E will help protect skin from free radicals.



Sisley Extract for Hair and Scalp £85 Exclusive to Voisins

This spectacular product fortifies and encourages hair growth so the need for a toupee won't be quite so pressing. It enhances volume, vitality and revives body and bounce.



# SOMETHING TO SAVOUR...



JERSEY'S EATING DIRECTORY LOOK OUT FOR THE NEW EDITION OR VIEW ON LINE AT WWW.APPETITE.JE

## OF Home RESTAURANT REVIEW: UNAWATUNA

WORDS TAMARIN WILKINSON

Situated just a few steps from the hustle and bustle of Weighbridge Place, my destination 'Unawatuna' is in fact the only Sri Lankan restaurant on the rock. Not only new to the area, but a new concept, and one foodies galore are bound to adore.

Draped in bright red and yellow hues, not dissimilar to that of the many colourful dishes flowing freely from the kitchen, the unique décor offers a glimpse into the real Sri Lanka.

The back wall is adorned with a nostalgic image, setting the scene for Sri Lanka 150 years ago, the elephants (one who goes by the name of Denis) a true signature of the country's culture, and the bar (designed by Sudu himself) a mishmash of reclaimed wood. It was as if I had walked into a small house in the Sri Lankan countryside.

At night, so I'm told, the entire restaurant comes to life, with candles casting dancing shadows on the exposed brick walls, and the exotic lamps, which hang in clusters from the ceiling, forming seductive spells through the filtered undulations of light. A quick glance at the menu, and I'm already finding it difficult to focus on just the one dish. Luckily Sudu has an answer to this - the Sri lankan Fest - a miscellany of traditional, taste-tantalising curries - allowing you to try not one, but three different dishes a go. From Wattakka (pumpkin cooked with garlic, chilli powder, cinnamon, green leaf spinach and ground mustard seeds) to Rathu Alla (beetroot cooked in coconut milk flavoured with onion, tomatoes and tempered chilli flakes), the options are endless.

On the chef's recommendations, I opt for the fresh crab curry, a balance of spice and sweetness that grows more captivating with every mouthful. This pastiche of flavours comprises curry powders (sourced directly from Sudu's inspiration, his mother) a hint of lime and the warming flavours of mustard seeds, cinnamon sticks and curry leaves.



Armed with his mother's homemade curry powders (she sends them over every two to three weeks) Sudu set to work, introducing a slice of Sri Lanka, and the cuisine he loves, to foodies around the island.

) )

With a mysterious side of Gova Mallum (Sautee Jersey greens with spices and sundried tuna) Roti (traditional Sri Lankan coconut flat bread) and cooling yogurt, I couldn't help but return for more.

A swift culture lesson from Sudu and I quickly learn Sri Lankan dishes are much tastier when consumed with fingers as opposed to forks, this way you can palate as much of each plate as you desire, whilst combining the powerful flavours of each.

This is the cooking that chef Sudu learned as a child. Moving to Jersey 11 years ago, he opened his first establishment some time back – a cafe at the end of Gorey Pier. Armed with his mother's homemade curry powders (she sends them over every two to three weeks) Sudu set to work, introducing a slice of Sri Lanka, and the cuisine he loves, to foodies around the island. Customer demand has enabled him to transform this café into a restaurant – a far cry from the original seasonal shack. The authentic décor – a team effort, which both Sudu and his partner worked hard to create, sets the backdrop for his first big adventure – Unawatuna – an original name to represent the unique cuisine.

Unlike Thai or Indian food, Sri Lankan cuisine is exclusive; in fact, many of the dishes were initially created for their health benefits. A large majority of the menu derives from staple foods including rice and pulses, yet despite this, the dishes are extremely light. Meaning there's no chance of that uncomfortable full feeling, regardless of how much you eat! Sri Lankan's boast a sizeable Buddhist community, one of the reasons many of the dishes are vegetable based. Yet unlike raw vegetables, each plate offers a variety of exquisite flavours cardamom cloves, coconut milk, cinnamon, spices, pepper, a juggle of turmeric here and a hint of chilli there - ingredients that allow the various dishes to spring to life through both colour and taste.

Using a mixture of local farms, as well as the Jersey Food Wholesaler, Fungi Delecti (and of course his mother's homemade curry powders) Unawatuna is a showcase of decidedly distinctive Sri Lankan dishes, and not one boasts a sell by date. With upcoming lunchtime options consisting of health-beneficial smoothies blended from the Gotu Kola leaf, also known as the 'fountain of life' (an Indonesia herb used to heal wounds, improve mental clarity and diminish a variety of skin conditions) and numerous gluten-free dishes, including mango, coriander and lotus root curry yet to arrive, finding the time to taste this small slice of Sri Lankan culture is a must.

After the savoury courses, desserts boast a timely simplicity. Sorbets, iced sweets and lemon tarts offer a welcome finale to a banquet of flavoursome dishes.

With a constant search for authentic ingredients on the cards, and a Christmas feast in the diary, where Sudu plans to offer guests not just one, but numerous dishes set out in a banquet style, foodies can expect to enjoy these precisely attuned flavours unveil themselves across several plates.

Sudu's final words 'we're just a bunch of friendly people serving great food' and I couldn't agree more.

Siesta TAPAS & BISTRO

La Siesta is proud of its reputation for great food, value and service and is located midway along La Colomberie in St. Helier with convenient parking in nearby Green Street car park. We are pleased to offer informal dining in a relaxed atmosphere and our friendly staff will do their very best to ensure that your dining experience an enjoyable one. In addition to our popular tapas & bistro menu a wide choice of dishes is also available complemented by a varied wine list.

Group bookings can be made, so let us take the worry out of your Birthday or Christmas party and make it an occasion to remember.

Contact us now - Magda, head chef Vini and the rest of the team are waiting to welcome you to La Siesta.

La Siesta offers **TENNERFEST** till end of November on both Bistro Menu and Tapas Lunch & Dinner - Monday to Sunday





41 LA COLOMBERIE ST HELIER JERSEY O1534 619 334 LASIESTA@JERSEYMAIL.CO.UK

La Siesta Christmas Menu with complimentary glass of Spanish Sparkling Cava

#### STARTERS

Ease Home-made smooth chicken Liver Pâté with Cranberry Served with Crisp Basil toast, and caramelized red onions marmalade

"La Siesta" Beef Carpaccio Accompanied with truffle paste, truffle oil wild rocket salad & Parmesan shavings

Honey Glazed Goat's cheese on a Roasted Flat Cup Mushroom (V) With Toasted Peanut Kernels, mix lives salad, drizzle, with balsamic and port reduction

> Pan-Seared Scallops & Slow roast Belly Pork Served with apple and vanilla puree

Roasted pumpkin soup with cranberry and crispy root vegetables (V) Served with Manchego cheese, cranberry sauce and fresh thyme and olive oil

#### MAIN COURSES

Roast loin of pork with crackling ved with Brussels sprouts, apple purée & a wholegrain mustard potato mash

"La Siesta" Beef Wellington with Duxelle mushrooms Served with gratin potatoes and cranberries sauce reduction

Served with honey roast carrots and parsnips, rosemary roast potatoes & a cranberry with red wine sauce

Crispy Seared Salmon with Prawns Velouté Sauce, & grilled asparagus Served with, creamed potatoes, and blisteredd cherry tomatoes

Mushroom rarebit recipe with Pouched Egg and Spinach (V) Served with creamed potatoes, & onions gravy with thyme

#### DESSERTS

Hot Sticky toffee pudding With toffee sauce and Ice Cream Baked with Dates & apricot

> "La Siesta" Caramelized Crème Bruleè With Baileys and white chocolate flavours

> > Vanila Panna Cotta Served with Raspberries Coulis

Black Cherries and Chocolate Pavalova With vanilla ice cream

Traditional Christmas pudding Served with brandy sauce and black forest fruit compote

2 courses £21.95// 3 courses £24.95 Special offer from Sunday to Tuesday 3 course £20.95

# MIDNIGHT FEAST FROM GARAGE TO GOURMET IN 20 MINUTES!

#### WORDS TAMARIN WILKINSON

We've all been there...the fridge is bare, and the supermarkets are closed. So what to do when your stomach's growling louder than a foghorn?

With November's issue appealing to the darker side, we decided to employ the services of resident chef, David Lagardere with one task in mind – whip up a late night meal using only ingredients sourced from

Robert's Garage. So whether you're using your newfound culinary skills to impress a loved one, or you're quite simply ravenous after a night on the tiles, here's how to do it!



Chef David looking confident about the culinary challenge ahead







#### THE INGREDIENTS

**FINISHING** TOUCHES



#### STACK OF CHEESE AND ONION FRITTATA, CHARGRILLED BACON AND TOMATO ON ICEBERG LEAVES AND BRUSCHETTA

#### **STEP-BY-STEP IN 20 MINUTES**

Wash and dry iceberg, (ready to dress).

Slice ciabatta 2-3cm thick and toss in olive oil, rub with garlic. Chargrill.

Slice onion and cook until soft in olive oil.

Grill rasher of back bacon.

Slice the tomato into 3-4 rounds. Season and chargrill.

Whisk 4 eggs with salt and pepper.

Add grated cheddar cheese.

Slice or quarter the mushrooms, sauté with salt & pepper.

Add cooked onion to the egg mix, cook in a large omelette pan.

Turn over the frittata (omelette) to create golden colour on both sides – soft in the middle.

This versatile dish, created in under ten steps, can be tweaked to your taste. The proofs in the pudding (well in this case, the midnight feast), transforming garagebought groceries into a gourmet meal is very much a possibility!



# Great value set menus this autumn.

Menus available from £15 until 24th November.

Visit websites for menus, exceptions and to make a booking.



8 Beresford Street, St Helier T. 01534 850890 banjojersey.com

banjojersey

"Great atmosphere, food and cocktails. My new favourite place."



St Brelade's Bay T. 01534 850855 jerseycrabshack.com

crabshackjersey

"A place to go with no hesitation. Just perfect. Ambiance, staff, everything is perfect."

TripAdvisor comment



St Brelade's Bay T. 01534 850888 oysterbox.co.uk

oysterbox

"Fine produce well prepared and presented, quality on-the-beach informal dining. A must!"

TripAdvisor comment



Gorey T. 01534 850830 jerseycrabshack.com

📑 crabshackjersey

"Excellent food in pleasant informal setting. Views over the castle and bay are lovely." TripAdvisor comment

# FINE DINING FINE BEER





Left: Discussing the design of the Spirit of Liberation eau de vie. Right: The JEP's Carly Lockhart was impressed by the dessert!

Every now and again it's nice to treat yourself. Whether planned or impromptu, a meal out at a fine dining restaurant with friends is an excuse to eat, drink and be indulgent. If you're taking it up a notch there is always the tasting menu with wines.

The domain of date nights and gastronomic extravagance, a tasting menu coupled with vine grown companions enables you to really enjoy the full spectrum of the menu and the convergence of skills of both chef and somalier. But wait, did you know there are also somaliers for beers, 'cicerones' who help choose the best hop based friend for your starter, main, dessert or cheese? Last month Liberation Group and Bohemia's Steve Smith combined their disciplines to help us test the concept.

There are some that no doubt feel a beer is best served alongside a late night food choice. The depth and variety of beer available mean that characteristics should be matched to all manner of food groups, not just pie or chips. Liberation Group's Pat Dean introduced the evening to assembled attendees and outlined the group's ambitious and rewarding journey over the last few years including the development of their Liberation 140 and Spirit of Liberation Eau de Vie. The invitees that attended for the evening event were already onside with a Liberation Ale in hand as we were led through to Bohemia's upstairs dining room.

Far from seeming unusual, it seemed sociable and normal for the first drink to be a light ale. You might be thinking pints. That would be crazy. With each course came a tasting volume glass (more like a half) of the appropriate elixer to accompany the food. Our starter was a delicious halibut that Steve Smith had cooked with Liberation IPA Veloute. The veloute was delicious and the cockles, mussels, caper & parsley blended with the IPA's subtle flavours in the same was as wine maketh a Moules marinières. The dish was accompanied by a Liberation Craft Blonde. Fish with beer. I know. It works. When you consider that a light ale is refreshing in the same way that white wine is served, it makes sense.

# Far from seeming unusual, it seemed sociable and normal for the first drink to be a light ale. You might be thinking pints. That would be crazy.

By the time the main course was served I was definitely on side already. Beef and beer are more regular bedfellows but add Bohemia magic to the eqution and the braised beef made with Mary Ann Best Bitter was to die for. The rich flavour was partnered with smoothe creamed potato & delicious vegetables. the latter a nod toward healthy eating within a decedent menu. The main was served with a Mary Ann Best Bitter. I'm not ordinarily a bitter drinker but it seemed fitting on this occasion and I thoroughly enjoyed it and could probably have had another.

I've had wine matching menus a few times. Not regularly, but enough to know that I like them but often feel almost beaten by the time dessert arrives. Not the case today. Our Bitter Chocolate Tart was accompanied by a unique Liberation 140 ice cream and cherries dowsed and treated to a little Liberation 140 of their own. bitter chocolate tart, at Bohemia. Need I say more? We discussed the merits of the meal over a final course, a selection of British cheese served with a Liberation Ale. Beer and cheese are good friends. Don't let the French's wine and cheese mainstay put you off. Think ploughman's, think German beer halls, think taste. The more polite of drinkers had several glasses left at the end of the meal. Not me.I made sure I got the full benefit of each of Liberation Group's crafted delights. The pièce de résistance was the Spirit of Liberation eau de vie. The slender, clear bottle had been shining at us from aside its presentation box at the centre of the table all evening and our table mates

were keen to both sample and discuss its inception with the experts who sat with us. I was just keen to taste it. It feels like cheating the accepted norms of life in some way to get away with having several beers and finishing the meals with a shot at one of the island's best fine dining restaurant. No funny looks, no disapproval just a happy crowd, all of whom left the evening with Liberation Gift Tube. I've not opened mine yet. My Dad might get it for Christmas as it's a perfect easy present win.

There is talk of the beer matching menu being available as an event again in the near future. There's also the inclusion of locally produced Martinis, made with Spirit of Liberation heading our way soon. Look out for news of upcoming events in Gallery soon.

gallery

Salty Dog Bar & Bistro

#### Our Menu

Our food is always BIG on flavour, freshness and spice. We focus on using as much locally sourced "Genuine Jersey" produce as possible and our menu offers an eclectic selection of classic dishes with a contemporary twist. Proud to be a favourite with locals, definitely the hot spot in St. Aubin's Village.

#### Our Ambience

Stylishly informal with great music, relaxed atmosphere, professional friendly service, fun al fresco dining in the summer, cosy in winter. It's all about feeling GOOD inside and out !

Reservations are a must !

OPEN : Dinner – Every Night Lunch— Friday, Saturday & Sunday (Winter) Tuesday to Sunday (Summer) Le Boulevard ● St. Aubin's Harbour Village ● St. Brelade ● Jersey www.saltydogbistro.com ● info@saltydogbistro.com Tel: (01534) 742760



#### **REKORDERLIG'S** WINTER CIDER SNOWBALLS WITH FIRST EVER ADVERTISING CAMPAIGN

Rekorderlig Winter Cider is back by popular demand and set for its biggest year to date. For the first time, Rekorderlig is launching its first ever advertising campaign for the flavour, in which it has invested £2million at a time when the category is traditionally quiet.

The above-the-line campaign will launch across lifestyle, action sport, fashion and music channels when the clocks turn back on 21st October celebrating the return of British Winter time and cementing the brand as a cider for all seasons.

The digital creative will hero Winter Cider and features pro-Snowboarder Chris Sorman, a member of the Rekorderlig Collective, performing urban tricks and flips, all shot in Rekorderlig's native Sweden.

Made with apples and infused with cinnamon and vanilla, Winter Cider can be heated up in one of the unique branded urns and served in Rekorderlig's bespoke tankard with a slice of orange.



High quality outside catering business for all occasions including private functions from corporate events to weddings and dinner parties.

For further information simply call David on 07797774585 or email us. We will be pleased to advise you on any of the services we offer.



07797 774585 cookingdfrance@gmail.com



#### 'Food for friends'

Chic & contemporary surf-side eating with a wrap around sea view. Our food is big on flavour, freshness, quality and variety with an abundance of Genuine Jersey produce and great daily specials for adults and children.

Open for breakfast, great coffee, lunch, afternoon tea or dinner - seven days a week.



For enquiries or to book the boardroom telephone 01534 482009 • elticojersey.com El Tico Beach Cantina • St Ouen's Bay • Jersey • JE3 7FN

## APPETITE NEWS back to school?



Dolan Hotels has launched an on-going educational partnership directly linking its hotels and restaurants with four Jersey secondary schools; Le Rocquier, Les Quennevais, Grainville and Haute Vallee. The scheme, which started this month, has been developed by Dolan Hotels to share their professional knowledge and skills with students and support the curriculum work with hands-on experience. As a result of the partnership students will have opportunities to learn about the hospitality industry, catering and business management. The first meeting saw students from Les Quennevais School invited to the Golden Sands Hotel for a tour of the facilities. It also gave the pupils in years 10 and 11 a chance to meet the team and learn first-hand what it takes to work in the industry.

Andrew Shrimpton, director of Dolan Hotels, said: 'We're delighted that the schools are so enthusiastic about the scheme. We wanted to develop an initiative which allowed the schools to tailor the support they get from their Dolan partner property in order to cater for the individual needs of their students and curriculum. I'm glad to say I believe we have achieved this.' Each school has been partnered with one of Dolan's four establishments which include Hotel Cristina, The Somerville Hotel, The Golden Sands and the Merchant House Brasserie at Jersey Museum. By pairing the schools and hotels/ restaurant up, it is expected that Dolan's teams will become familiar faces at their partner school, allowing them to learn and respond to individual school requirements more effectively.



#### **DON'T HAVE DRAMAS** THIS CHRISTMAS...

Jersey Opera House has got just the ticket to avoid any gift gaffes this year. Instead of going through the same old present palavers, why not treat your friends and family to a dramatic night out with supper and a show? You can buy Theatre Tokens and gift vouchers for the theatre's OH! Cafébar from Box Office and they can be used for any shows (subject to availability of course!). Make it a mouth-watering, showstopper of a Christmas and let your loved one see a show of their choice and enjoy a bite to eat beforehand. There's plenty to choose from with the new season - more comedians, kids shows, operas, theatre and music plus Moscow City Ballet's productions of Swan Lake and The Nutcracker accompanied by a full live orchestra – a real festive treat!



#### THE KNIVES ARE OUT

14 novice chefs will battle it out in Shaun Rankin's Kitchen Inferno at the Highlands Academy Restaurant on 7 November 2013, raising money for Jersey Cheshire Home. The two teams, red and blue, sponsored appropirately by Airtel Vodafone and Blue Islands respectively, have created their own menus. 50 will guests choose which one they want, it's then up to each team to deliver... under the direction of Michelin Star Chef Shaun Rankin. Guests will watch the action from the Kitchen Inferno live on the night and enjoy video of the highs, lows, tears and tantrums of the day and score the food they are served. Shaun will also decide which team performed the best in his Kitchen Inferno. BBC Radio Jersey DJ and Restaurateur Murray Norton will host the evening and Highlands Academy catering students will serve diners in the restaurant.

The Airtel-Vodafone Team led by Captain Tim Bond will have the culinary prowess of Derek Warwick, Brian McCarthy, Peter Shirreffs,

James Filleul, Sophia Bird and Ben Davies. Highlands Academy Student Chef Nathan Vibert will support them in the kitchen. The Blue Islands Team, led by Captain Rob Veron will have skills of Peter Mac, Kevin Pamplin, Hannah Jacques, Harry McRandle, David Lord, Sally Minty-Gravett and Highlands Academy Student Chef Rebecca De Sousa supporting them in the kitchen.

On 8 November, 30 of the Island's Business Leaders are taking part in a 5-day Trek in Kerala in India to raise money for the Jersey Cheshire Home. The Home, for severely disabled adults, costs £5000 per day to run so it relies heavily on local fundraising, as it is only part funded by the States of Jersey. Last time the trek in Iceland raised £80,000. Money raised from Shaun Rankin's Kitchen Inferno will go towards Brian McCarthy's, Le Masurier Managing Director, sponsorship, his efforts have already helped to raise over £15,000 so far this year for Jersey Cheshire Home.

# A SPECIAL CHRISTMAS PARTY OFFER

## This Christmas Every Tenth Person Eats Free

Book your Christmas party and take advantage of our Large Party Offer. Every tenth person eats free. Monday - Thursday 2nd - 30th December

This offer is available only at the selected pubs bars & eateries listed below. So don't put it off, or you might miss out. Book by telephone















The Crows Nest Bar & Brasserie T: 728994

Deerhound Inn

Dix Neuf T: 723455

Houmet Tavern T: 242214

Red Onion T: 713030

White D'Or T: 720644

To view menus or more information on our pubs visit www.taste2day.com





#### GENUINE JERSEY CHRISTMAS CRACKERS

Everyone loves a cracker at Christmas, make it a Genuine Jersey cracker, with delighful local handmade gifts to light up your Christmas!

Simon Bellwood, co-director of Jersey Oak, has for a while now, considered creating a Christmas cracker that he envisioned being a stunning showcase of everything Jersey. Bringing his idea to life he also found a way to include 11 other Genuine Jersey members. We like team spirit!

Elegantly presented, each cracker contains an original Genuine Jersey gift (We've seen them, they're delightful... and so much better than the plastic screwdriver set we normally end up with!), a foil hat, the usual corny joke (but with a local twist), a beautiful festive Temps Passe image (kindly supplied by the JEP) and a quiz designed to test families' knowledge of the island! 'We could have produced all the gifts for the crackers ourselves, but we wanted to involve our fellow members to make a product that is uniquely Jersey. Each gift has been handmade and with the exception of the foil hat and the snap that goes bang, all of the components have been designed, made and assembled in the Island. You can't get better local provenance than that' he said.

Making ideal gifts to send to Jersey folk around the world for Christmas, or a really nice way to include Jersey at your Chrsitmas table. We also just think its awesome to see jersey artists and craftsman working together to promote local talent.

The crackers retail at £38.00 for a set of six and you can be found at Harbour Gallery in St Aubin, Jersey Post Office, Jersey Tourism, Aurum Jewellers and De Gruchy.

#### EARTH AND BEAUTY'S KALI-MA RAW AND ORGANIC DARK CHOCOLATES

Learn Jersey chocolate's dark secret at Earth and Beauty's Kali-Ma Raw and Organic Chocolates. Oompha Loompas are history, what really makes a chocolate shop work is the purest, raw taste of Jersey.

Shops that stock the dark chocolates goodies include; The Organic Shop, The Chocolate Shop and Health Essentials. Or grab a coffee at Curiosity Coffee Shop and add a Kali-Ma chocolate to dunk away!

They say happiness comes from within- it sure is when 'within' is full of these chocolates!

www.earth-beauty.com/kali-ma-raw-organic-chocolates / 07797832400!

Kali-Ma Raw and Organic Chocolates' incentive is it's nourishing and organic ingredients, but its priority is keeping the delicious soulful taste of decadent dark chocolate. A true example of 'high class cocoa meets playful creativity' Kali-Ma dark chocolates are a rich source of anti-oxidants and nerve tingling chemicals which release serotonin in the brain, so not only does it melt in your mouth, makes you feel good!

In keeping with the feel good theme, all Kali-Ma's chocolates are packaged in recycled boxes with a ribbon made from recycled materials to protect our beautiful planet which in turn is protecting those cacao beans!

#### LA MARE BLACK BUTTER

Is the turkey stuffed? Are the potatoes spiced? Is the Gammon too dry? Are the sausages wrapped? Cranberry Sauce made? Egg nog mixed? Gingerbread shaped? Pies set? Chutney? Cheese? Gravy? Parsnips? Truffles? Sprouts? Forget it! Hop on the sofa, crack open a jar of La Mare Black Butter and gorge yourself on the dulcified Christmas taste of apples, cider and spices!

The warm and delectable flavour of La Mare Black Butter although available all year, is perfect for the upcoming winter days. Obviously it is not quite a substitute for a Christmas meal, but don't be surprised if the whole jar miraculously disappears mere days after opening!

Black Butter is a traditional winter farm-house delicacy of Jersey, dating back to between 1600's and the 1700's The Black Butter was made near the end of the cider season to use up any excess apples and any surplus cider. The community would come together for a night of singing, dancing and stories to keep up the morale of the hard at work cooks. Although this winter ritual is long past, La Mare Jerseys Black Butter is in on a mission to preserve the natural orchid culture of Jersey by using traditional cooking methods and ingredients to produce an award winning product with the true taste of Jersey. So butter up your day by visiting La Mare! www.lamarewineestate.com / 01534 481178

BLACK BUTTER

94



Spirit of Liberation Eau De Vie has been distilled from a special Liberation Ale brew of strong beer created by our expert team at the Liberation Brewery.

Distilled locally using an artisan copper still originating from France, Spirit of Liberation has a clean but complex taste with hints of the original Pale Ale, crystal and chocolate malts and Saaz, Cascade and Motueka hops.

Discover the versatility of this intriguing drink, perfect on the rocks or with a mixer.

#### NOW AVAILABLE

IN A SPECIAL GIFT PACK FROM VICTOR HUGO QUALITY DRINKS LONGUEVILLE TELEPHONE: 764044

Price Inc. GST £24.99







France, as we know it, brags a culinary heritage to be proud of, and still to this day it's a guaranteed foodie hotspot, adored by even the most discerning of gourmet connoisseurs. So when you're met by a French chef in Jersey, and one that boasts a top-notch resumé at that, you know you're in safe hands.

Cooking DFrance, the brainchild of David Lagardere, is the result of years of culinary experience and a passion for good food. His wide range of no-rush recipes prove ideal for outdoor catering soirees, such as weddings, charity events, birthday parties and BBQs.

So when did his love for food evolve into his very own, successful business? Three years of training in the southwest of France gave him all the tools he needed to move to Paris – preparing fine cuisine for the 4\* Lotti Hotel, Hotel Nikko accommodating up to 1200 people and Les Celebrités – an a la carte Michelin Star establishment catering to 40 – 60 people a go.

His next port of call, the UK. Cooking his way to the top, David made a name for himself at the prestigious Dorchester Hotel in Park Lane, a fabrication of 100 chefs and seven kitchens! Wanting to stay at the top, David took a post at the Manoir aux Quat'Saisons – headed by Mr Raymond Blanc himself.

Jersey called in the summer of 1997 and has been a home to David's culinary craft ever since. From the L'Horizon to the Grand Hotel and Bonetti to Bistro Central, this is a chef that has seen his fair share of kitchens on the island, no doubt leaving his mark on each.

After a short stint partnering up with a friend, supplying fine cheeses and French produce to a handful of restaurants scattered around the island, David left his post at La Bonne Bouffe and went back to the kitchen – and Cooking DFrance was born.

#### 66

Wanting to stay at the top, David took a post at the Manoir aux quat'saisons – headed by Mr Raymond Blanc himself

#### "

Catering to a variety of events, and with a prize dish of flavoursome paella said to serve up to 65 people, as well as numerous finger buffet options, canapés and three and four course lunches, Cooking DFrance prides itself on catering to any occasion.

So how do you go about booking? For finger buffets and corporate dos, simply call David a few days in advance; you'll then receive a list of menus to choose from, all housing a variety of tastetantalising delights. So far, David's many events have accommodated up to 80-100 people, but he can cater to an impressive 200 people for a sit down affair, and up to 300 for canapés and fingers buffets. Weddings require two or three consultations. David feels that in order to offer a superior service, a face-to-face meeting is a must. Catering to 80-100 people in one serving and offering a sample menu in advance, an exceptional service is guaranteed. And that's not all – Cooking DFrance boast to provide all the trimmings too – from platters and glasses to cutlery and napkins, everything is taken care of.

With a list of versatile dish options, many of which can be tweaked to the client's specific specifications, mixing up the menu is entirely acceptable. And of course, David is intent on sourcing local produce. With flavour profiles and food pairing suggestions, clients need not worry about distinguishing their Sauvignons from their Chardonnays – each dish comes with a recommended grape to suit.

Whether you're planning a marquee party, a wedding, a corporate event or a simple social gathering, you can rest assured Cooking DFrance will cook up a storm!

Cooking dfrance/facebook 07797774585/cookingdfrance@gmail.com

# AUTUMN RESTORATIVE SPA DAY

**Autumnal** – the time following the most vigorous and productive season. Summer 2013 has been glorious and exhausting, we are ready to replenish and repose. Make time this fall to join us for our exclusive Autumn Restorative Spa Day

#### Spend the day at the club spa and enjoy:

3 Treatments of your choice Full use of the spa facilities Health boosting soup and homemade bread None alcoholic health 'tonic' cocktail

#### £79 for your entire package!

#### You may choice any 3 treatments from the Restorative list:

Camomile and Orange stress busting back massage Eye bright- awaken and lift the eyes! Includes lymphatic drainage massage and collagen eye mask Grapefruit and Juniper full body exfoliation includes skin brushing and body balm

Deluxe paraffin wax feet treatment with massage Five point warm oil massage- starts at the head, neck and scalp finishes with the hands and feet Restorative marine mud wrap with scalp massage Polished glow facial

Rasul mud experience (for 2 persons only and counts as I treatment per person)

Allow 1 hour 30minutes to 2 hours depending on your treatment choice





#### www.theclubjersey.com 01534 876 500



ITS ALL LOOKING EASY BREEZY. CHILDREN, FRIENDS, COUNTRYMEN, THEY SHALL ALL BE FED ON YOUR WATCH. THEN, IT ALL GOES, WELL, SOUR. WE ASKED OUR FABULOUS FOODIES ... WHAT HAS BEEN YOUR DARKEST MOMENT IN THE KITCHEN?

.....



#### Peter Brewer

Randalls

Its not too dark but was a little naughty. I was heading a small restaurant in Wiltshire and we were advertising the fact that the owner had a huge garden and was producing a lot of the vegetables for the menu 'from garden to plate'. A very famous trade magazine came to produce a feature and we trotted around the grounds collecting the goods that were ready for picking. This included some lovely green beans. I returned to the restaurant where I was to produce a meal using some local lamb and the vegetables. When it came time to plate I couldn't find the beans. The sous chef had served them to a previous table. I quickly gathered some Kenyan green beans and served the delicious dish to the editor and photographer who lapped it up. When I went out to see if they had enjoyed the dish they mentioned that it was super but the star of the show were the beans and how you could really tell the difference with them being so fresh! Made me chuckle!



Marcus Calvani La Cantina

Literally? It's got to be inside the walk-in refrigerator when the power goes out! But on a serious note it's when, on a rare occasion, one of our kitchen team get injured; Burns, cuts, etc. Just horrible.



#### Steve Walker

Sirocco at The Royal Yacht Hotel My darkest moment was when I was working at George hotel on the Isle of Wight which was a Michelin 3 rosette restaurant and we had 35 in the restaurant and 80 in the brasserie and we had a power cut and 1 of the chefs walked out that evening, it was pandemonium. For a young chef it was as if the head chef had turned into Satan and the kitchen had become hell the aggression was indescribable and no one left that evening the same person. Thankfully things have changed a bit now!



Natalie Duffy Salty Dog

My darkest moments were when we first started the business. Stress levels had reached gargantuan proportions, new business, no money, massive loan, new baby, no sleep, running office from home (with baby), pressure from financial backers to reach targets, finding my way through the quagmire of business administration procedures, creative drive on overload, desire to impress customers on overload with big, big dreams, and all the above in partnership with my passionate and equally creative husband Damon. The temperature in the kitchen was dangerously hot and the air filled with the worst kind of language on a regular basis as we battled over timing, presentation, special requests, changes, quality, menus, prices, staff the list goes on and on... It was nasty, and all with the man I loved. You've got to have "balls" to be in this business and succeed but you've got to have a special bond (some may say a disturbingly crazy bond) to do it with

your husband and not end up in the divorce court! We don't do any of that shouting at the hot plate anymore, we are still together goodness knows how, that's love I quess.



#### Danny Moisin

Dannys Catering & Dannys My darkest moment was whilst serving a massive outside catering for x 750 VIP diners at Fort Regent and running out of gas half way through the service. Luckily I know a few people and could pull some strings, but the sheer panic for the first ten minutes was horrible. We did end up serving everyone to rave reviews.



#### David Lagardere Cooking Dfrance Over the years there were a few "dark" moments, but nothing over the top. There's been the "usual" flying pots and pans through the kitchen, Head Chefs loosing it with other chefs (me included). Then there was the 'learning curves' a long time ago... small cuts and burns! I recall a couple of times, during service and with a few orders in, we had a power cut, not only in Jersey!! It happen's in England and France too. Those were DARK moments!!!



**Richard Allen** Grand Jersey

Cooking at a function on an industrial BBQ because of a power cut, we had a generator for lighting. Some of the guests were crying because it was going so badly!



view all properties from all quality agents at

www.places.je

#### **THIS EDITION:**

**ON THE COVER:** An enchanting home with scope for development

**FEATURED PROPERTIES:** Our fortnightly printed roundup of the latest hot homebuying picks



With the added charm and character of a cider orchard, La Bachauderie boasts an exceptionally picturesque granite residence, shrouded by enchanting grassland, concealed walkways and mature gardens.

Circa 17th century, both the main house and its many outer buildings are peppered with historical artefacts. From the original witches' stones (there to protect the 'once' thatched roof) to the Chambord Mantel (ensconced by the living room wall), La Bachauderie is a treasure trove of unique relics just waiting to be discovered. The former larder, now a downstairs restroom, features a novel rubbish chute, whilst the original well takes pride of place in the Joan Stevenson's book of old Jersey houses. You'll even find this impressive property on the Duke of Richmond's map.

La Bachauderie's uninterrupted views have the pleasure of resting in a tranquil and rural location, with the added feature of a quaint free flowing stream. The traditional landscape is further enhanced by the appealing front tourelle – a slate-capped turret that brings a sense of grandeur to this fairy-tale home. Once inside the conceals of the household, and you'll be met by an impressive mezzanine hall and stairway. To the right is the kitchen diner, and to the left the lounge, which features the original ceilings. A secreted stairwell leads up to the children's room, and on the first floor, you'll find four double bedrooms, two en suite – all boasting views of the astounding surrounding views, the apple orchard and the pretty stream below.

Although the main house has an address of St. Martin's, the property lies on a middle-parish boundary, allowing the outer barns to take stance in St. Saviour. While the winding gravel driveway, cider apple orchards and some 15 vergees of land offer a sense of the backcountry, La Bachauderie is in fact just a short drive from the hustle and bustle of St. Helier, and a mere six minutes from St. Michael's School.

The development, which was drastically remodelled and substantially extended in the 1990's, boasts the perfect family base, and an ideal establishment in which to make your own. Even the barns come complete with new roofs, and as they stand, they're







#### Even the barns come complete with new roofs, and as they stand, they're plumbed, re-wired and ready-to-go.

plumbed, re-wired and ready-to-go. The ample outer buildings, which appear fully insulated, have the potential to become something so much more than storage space alone, and could easily be fashioned into a number of possible multi-generational living arrangements (significant works for this adaptation have already been incorporated). Then there are the generous garage facilities to consider – large enough to house four cars at any one time.

The wine store, another feature offered by La Bachauderie and its abundance of outer buildings could easily be turned into a study or office – perfect for those wishing to work a little closer to home. The heated swimming pool – possibly one of La Bachauderie's most inviting features, sits upon a treeencompassing deck, adding an element of nature to the outdoor entertainment area. Just a few steps from the paved terrace are the original granite pig stys, a small grassland paddock blossoming with fruit trees, a unique lavoir and a further planted orchard complete with ample vehicular access.

This is the ideal residence for those searching for a characterful property, yet one they can put their own unique stamp on.

An enchanting, characterful home brimming with potential.

#### LA BACHAUDERIE Guide price: £2,150,000 (qualified)

4 Bedrooms (two ensuite) Reception Hall Cloakroom Living Room Study Dining Room Kitchen/breakfast room Laundry Room Downstairs Toilet House Bathroom Children's Room Kitchen Drawing Room Lounge/Dining Room Breakfast Room

Garages/Parking for 4 cars Storeroom 1 Storeroom 2 Heated Swimming Pool Garden and Land some 15 vergees Uninterrupted views

FOR MORE INFORMATION: Choice Properties 01534 620620







MAYBE YOU HOLD A FASCINATION TO DALI'S SURREALIST TRICKS, OR ALTERNATIVELY, THE ALLURE OF THE MODERNIST CONCEPT - THE CROWD PLEASER. YOU MAY BE WONDERING WHAT I'M TALKING ABOUT? NOT ART BUT LIGHT. SOMEWHERE ALONG THE LINE THE TWO SEEM TO HAVE OVERLAPPED.

A magnificent chandelier that ensconces the entirety of the living room, an LED innovation that promises to create your own personal sunrise or a lighting fixture that allows you to program the shape and direction of the illumination yourself – this is light today. Instead of placing a mere bulb in a central fitting, designers alike are taking lighting to the next level! And what better issue to discuss the art of light than in Gallery's very own 'dark' edition. After all, there has to be some hope for those of us wishing to shy away from the winter blues.



#### A RECIPE FOR LIGHT

Intent on setting your lights to gradually brighten over time, or maybe you'd prefer to wake up in a more civilized fashion than to the screams of your alarm clock – meet the Philips Hue. Using your smartphone as a palette to paint light, re-creating moments and memories has never been easier. This innovative wireless bulb allows tech-savvy individuals to capture a lighting hue using a picker on their phone. You can even program the lights remotely! *store.apple.com/uk/product/* 

HA779B/A/philips-hue-connected-bulbstarter-pack

#### IN THE DOGHOUSE

For a whimsical and ever so 'barking' mad style, look no further than Abigail Ahern. Her current collection includes both poodle table lamps and bull terrier earthenware lamps. These British-made, hand finished creations boast oodles of charm and character.

abigailahern.com/collections/lighting

#### ANIMAL ADDICTION

Today's designers and retailers are embracing the animal trend big time. This Boho Owl table lamp from Marks and Spencer will add a contemporary yet edgy style to an otherwise bland table. www.marksandspencer.com

#### NIGHTSCAPING

Nightscaping is the art of illuminating the exterior of your home, pathways and your infinitely manicured botanicals – lighting is no longer solely limited to the indoor space, it's become a peripheral phenomenon.

Put it in the fruit tree, in the flowerbed or on the patio – the Fuse light from Nordlux (available through Romerils) unites both raw design with high user-friendliness – allowing you to place it wherever you please! With a design inspired by classic galvanised milk jugs, this simple lighting expression is fitting to any architectural style. *www.romerils.co.uk* 

#### HAVING A BALL

With five diverse elements and 90 different colour combinations to choose from, creating your very own lighting masterpiece has never been easier. Designed by Bønnelycke MDD, this innovative illumination not only provides you with a design ideal, a small proportion of the purchase price goes towards providing girl orphans in India with a safe future.

The acrylic lampshade is available in an unusually rich selection of colours, with two designs to choose from. Once you've chosen a lamp variant, you can then choose from a selection of nine suspensions, created using matching fabric cables and plastic canopies. The large spherical low energy light source is fully visible through the lampshade and performs a distinct part of the lamps design. www.nord/ux.com/Funk-976.aspx

Even the worldliest of tech-savvy designers can struggle when it comes to illuminating a certain space. Lighting is everything and if you're not careful, the functionality, the aesthetics and the appreciation of a room can all be lost at the flick of a switch.



#### HATS OFF

English eccentrics will adore these peculiar yet stylish hanging hat lights from the designer Jake Phipps. Both the top hats and the bowler hats are quintessentially British – allowing you to add an injection of humour to your home. Created using authentic bowlers and aptly entitled 'Jeeves' these innovative designs boast a cultural icon at its best. www.jakephipps.com



#### A DESIGNER CLASSIC

If you're searching for a designer classic to fit in with today's contemporary 'blank slate' style, opt for a design that boasts to elect an evenly diffused and ambient light – such as the Cosmo Lampshade from Smarty Lamps. Created using 30 different pieces of white recycled polypropylene plastic, you're not saving your interior décor, but doing your bit for the environment too! *smartylamps.co.uk*  SPART TV

UPTO

# REWARD **GIVEAWAY**

Buy a selected Samsung Smart TV and an additional Samsung product to receive a cash reward up to the value of £300.

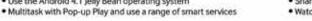
Available on purchases made between 19th September - Noon 24th December 2013.

Here are a few examples of other amazing products you could take home as part of this promotion



Samsung S3 Mini

- Take hold of minimal, organic and comfortable design
- Experience great viewing on a 4.0-inch Super AMOLED screen
- Use the Android 4.1 Jelly Bean operating system





#### Samsung 3D Blu-ray Player

- Explore great online content and smart services
- Enjoy 3D Blu-ray entertainment in stunning Full HD
- · Share and enjoy content using AllShare Play
- Watch videos from USB and external HDD sources



**Timeline View** 

Recorded TV

Guide

SAMSUNG

Samsung 7" Galaxy Tab 3 Best Hand Grip Powerful Usability

- Total Multimedia Service
- Android Jelly Bean 4.1 OS

# **PEVERHOUSE.** E instore & online

BLANK CANVAS

髲

BLANK CONVOS

图

#### ANNA GABRIELLE INTERIOR DESIGN

Anna worked as a lawyer before commencing a career in design. Anna's portfolio includes Hotel La Place, Highlands Hotel and several private homes and commercial projects. Anna works primarily with Morton and Morton, MyPad.je and The Loving Chair Company. annagdesigns@live.co.uk 07797 766 729

Each month we'll be tracking down a different interior designer to show you how they'd choose to furnish the apartment pictured, available at Dandara's Castle Quay



Asiatic cow hide rug £625 from *Morton and Morton* 

Andrew Martin Horatio coffee table from *Morton and Morton* 

Andrew Martin A Frame desk from Morton and Morton

Content by Conran wave media unit in walnut from *MyPad.je* 

Content by Conran balance tall shelving in walnut from *MyPad.je* 

Content by Conran wave sideboard in walnut from *MyPad.je* 

> Tokyo corner sofa from £1,799 from **MyPad**

> > Yask wine rack from **Morton and Morton**

Content by Conran glove swivel chair £1,899 from **MyPad** 

> Globe £79.99 from **Morton and Morton**

Kesterport Pippa office chair £675 from *Morton and Morton* 

BNW Libra oval table from *Morton and Morton* 

Dining chairs Calligaris Claire chair from *Morton and Morton* 

Gel fire

Orbis Vetus map art (6 piece set) by Eichholtz from *Morton and Morton* 

*Jools Holt* photography Venician Collection on glass

Fork desk lamp by *Diesel* with Foscarini

Cushions in Andrew Martin naughty nurse fabric by *The Loving Chair Company* 

Palazzo wallpaper by Brian Yates from *Clifford Wilding Design* 

Ceiling lights x 3 above dining table Copper shade by *Tom Dixon* 

Wall clock Spinning Record Oldies by *Karlsson* 

It's About RoMi Hollywood floor lamp £450 from **John Lewis** 

JERSEY'S STYLE MAGAZINE







Manufacturers of the finest hardwood Conservatories, Orangeries and Garden Rooms

Supplied and installed in the Channel Islands by:



01534 744281 stylegroupjersey.com/windows davidsalisbury@stylegroupjersey.com



Let's be honest, sometimes girls can take over home decor just a bit, so here's a few "masculine" finishing touches so your man can feel more at home!



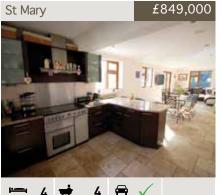
# Moving in the right direction



3 CHARLES ST ST HELIER JE2 4SF

Review our current portfolio www.wilsons.je

## FEATURED SELECTION



Detached Dormer Bungalow Four Bedrooms Suites Surrounding Garden Double Garage **Electric Gates** 



Tranguil rural location Detached modern home Plans passed to extend Lawned garden Ample parking

01534 639955

#### St Peter

£730,000



**Rural Setting** Gardens and Woods Granite Outbuildings Integral Flat No Chain

01534 766689

Ι.

#### 01534 766689

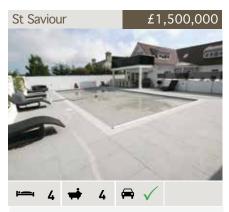


**E**GALLAIS

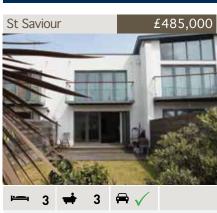


Rare 'unqualified' home Large living/dining room Hidden garden Single garage + parking Must be viewed

01534 620620



Simply stunning family home Refurbished and extended PLUS a flat above the double garage Superbly located Swimming pool + gardens



Modern well designed Potential home with income Must be viewed Great garden area Secure parking for 3 cars



01534 620620

INDIGO



**E**GALLAIS

Sure you've got the best mortgage offer?

Don't bank on it

#### info@mortgageshop.je

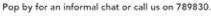
#### www.mortgageshop.je



## The Mortgage Shop

If your bank hasn't given you the answers you need, come and talk to us and we'll conduct a comprehensive review of the entire market.

You might be suprised at what we can offer you.





www.places.je/mortgages www.mortgageshop.je

Looking for Independent Financial and Pension Advice?

Difshore Financial Services Ltd, trading as The Mortgage Shop & Henley Fina d in the conduct of investment business by the Jersey Financial Services Con

Henley Financial

gallery 107

## The finest new homes in Jersey



#### 61 The Portman

#### St Saviour

#### Four bedroom semi detached house

- Master bedroom with en suite and dressing area
- Country location with beautiful meadow views
- Wood burning stove
- Garage and parking



#### **B140 Millais House**

#### **St Helier**

1236 sqft 2 bedroom 'shard' sea-facing apartment

£850,000

- Magnificent floor to ceiling windows overlooking marina
- High specification and secure parking



#### **Georgetown Mews**

- St Clement
- · Brand new 3 bedroom mews houses
- · Garage & secure under croft parking
- · Ready in December



#### 8 Belvedere

#### £500,000

St Saviour

£475,000

- 3 bedroom 3 bathroom townhouse with versatile living accommodation set over three floors
- · Parking and integrated garage
- · Balcony from lounge overlooking garden

£695,000

-realistiaen-

BELVEDERE

-veolitikas-

## dandara.com



#### 5 The Dunlin

#### £595,000

£395,000

#### **Portelet Bay**

#### Ground floor 1374 sqft apartment

- · Spacious open plan living area & 2 bedroom suites
- · Large south facing terrace & 2 parking spaces



#### 14 Langtry Gardens £499,000

#### 3 Bedroom cottage 2 bath 2 parking spaces

- Large 1400 sqft 3 bedroom cottage
- 2 bedrooms upstairs
- · Ground floor bedroom with direct access to the garden
- Ground floor wet room · South facing garden



#### **B533 Millais House**

#### £595,000

#### St Helier

- Large 5th floor, South-West facing balcony
- · 2 bedroom 2 bathroom with secure underground parking for two cars
- · Marina facing apartment



#### 7 Langtry Gardens

#### St Saviour's Hill

- · Semi detached 2 bed 2 bath 1 parking space
- Newly built cottage ready now
- · Ground floor bedroom/study with access to the garden
- · Master bedroom with en-suite bathroom



#### 1 The Curlew

#### Portelet Bay

· 1485 sqft ground floor 3 bedroom 3 bathroom

£875,000

£725,000



#### **48 Belvedere**

#### £895,000

#### St Saviour

- Detached 2,300 sqft 5 bedroom 3 bathroom house with study and separate utility
- Double garage and parking
- · Master bedroom, dressing area, en-suite and balcony
- · Garden to rear



#### Town Houses at 1875

#### St Helier

- · Fully fitted kitchen with integral appliances
- · En-suite bathrooms
- Undercover parking
- Private balconies
- Town centre location



#### B610 Millais House

#### St Helier

- Unique Top floor 3 bedroom 2 bathroom apartment
- Large south facing corner balcony
- Secure parking for 2 cars



#### 4 Langtry Gardens

- £465,000
- St Saviour's Hill
- Detached 2 bedroom cottage
- 2 bathroom 1 parking space
- · Newly built cottage
- · Private garden and parking
- Ground floor wet room
  Sun room

## dandara

- apartment & large open plan living area
- South facing terrace
- · Beautiful view of Portelet Bay
- Undercover secure parking for two cars

## INTERIOR NEWS



#### STICK YOUR OAR IN

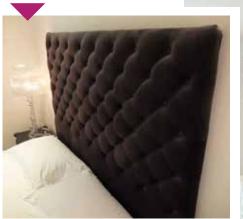
With the boom of companies such as Ikea and the like, homes have been appearing more and more homogeneous. Put your stamp on your space by sourcing rare pieces which will look striking and best of all, individual. Pebble have just taken stock of these cabinets made from steel and reclaimed boat timbers, every piece in this range is unique with details of the wood's original features which have been beautifully weathered by the elements. We also love these old school oars which look great and make the perfect Christmas present for anyone who has dabbled in rowing.

Cabinet pictured £995 and oars £55 each both available from Pebble.

#### THRIFTY TWENTY THIRTEEN

jerseyonlineauctions.com is Jersey's newest online auction is not just another classified it is a website offering a marketplace for Jersey based members to offer, buy and sell goods using pay-pal. What's great is that you get customer service seven days a week. You can get some fab deals on a brilliant array of unusual items including toys, crystal wear, home furnishing, collectables and just about anything you can think of! It's addictive and a great way to de-clutter your home in time for Christmas.

Picture is a Chocolate Velvet Chesterfield Bedhead with a start bid of £20 and a 'buy now' price of £99 and a Kartell Bourgie Table Lamp with a start bid of £20 and a 'buy now' price of £91.



Original Painting entitled "Verticality" - with a start bid of £200 and a 'buy now' price of £900



#### DATE FOR THE DIARY

Pebble are taking part in the annual Market Street Christmas Party on Thursday 28th November. There will be food stalls, mulled wine, music, discounts, Santa and lots more festive fun.

#### COOL BRAND ALERT!

The latest range of Alessi homeware is now in store at de Gruchy. The iconic Italian brand gives a bit of style and quirk to any kitchen and dining room experience. If you're wanting something a little bit different this is the brand to go for, from amusing squirrel nut crackers to a cake stand dressed as a clown, there's something different and interesting which will start any dinner conversation.

JERSEY'S STYLE MAGAZINE

gallery

#### THE SCORE ON DOORS

Romerils are delighted to announce the recent arrival of their newfangled door department. With an extensive range of wow-worthy designs to their name – home to everything from traditional and conventional styles to contemporary cutting edge designs – accentuating your home's architectural appeal has never been easier. With a huge range of timber veneers available, including American White Oak and Walnut, as well as a 'design your own door' service, you can guarantee Romerils to assist you in capturing the true essence and character of your home. Like windows, doors are a key part of the homes' composition, and Romeril's charming country cottage styles and market-leading best sellers are a fine example of innovative design. With unrivalled choice and quality, and a wide range of colours, finishes, internal and external doors to choose from, you're guaranteed to find a design to suit your style and budget. On top of this, you'll not only be buying into a new door, when it comes to fixtures and fittings, you'll be investing in Romeril's practical and professional advice.



## Jersey's most exciting new furniture showroom

Our spacious new furniture showroom, now one of Jersey's largest has been designed to inspire your interior ideas, giving you more choice when it comes to creating your ideal home.

Come and browse our new and unique range of sofas, lounge, dining, beds and bedroom furniture, including children's ranges, all of which have been carefully selected from top British and European brands.

Jersey's premier home interiors and outdoor living department store.

# R O M E R I L S

Dumaresq Street, St Helier T: 7.38806 E: enquiry@romerils.co.je www.romerils.com Open Monday - Saturday 8.00am - 5.30pm

## INTERIOR **NEWS**



#### DARK GOODNESS

The nights have drawn in as the winter light fades and we find ourselves hurrying home to get out of the cold. What we need is a haven of light and comfort to return home to – or hibernate in until spring. Furniture can make a big difference to the look and feel of your house. Modern tastes have moved away from the heavy dark wood of the Victorian era, and we now have a huge range of bright colours and fabrics from which to choose. Dowdy is not a word that comes into our furniture dictionary, especially at Mypad. Fabrics are one of the easiest ways to create a unique and bright feel to your home. You can go bold and plain and bring some sunshine to your sitting room with the modern, but practical Justus sofa. This has feather-filled seats for some extra cosiness, and starts at £799. Perfect for a fun Christmas cocktail party.

If plain fabrics aren't your thing then choose a bright, bold pattern such as this Greta chair in floral fabrics. By mixing and matching your furniture fabrics you can create your own unique style for a room. You can go and see the full range of fabric designs at their showroom in the Morton & Morton shop, St Peter's village. The Greta chair is £495.



If you're not in the market for furniture then accessorise to create some colour and light in your room. Rugs are a great way to add a huge splash of something different – and cover up the carpet stains! For some good light reflection technique then go for something like the Croc rug in cream, starting from £209, or choose a colour that can contrast with your existing furniture and carpet.

In the bedroom create a fresh, light feel to wake up to with the Manhattan range from Wiemann. These sliding door wardrobes come in a grey and white stripes and have soft close doors so you won't wake up your partner if they're having a lie-in. The semi-fitted range starts at £595.





#### Sharon Therin Legal Assistant | Collas Crill Are you saving the deposit for your new home whilst still renting?

Jersey property expert Sharon Thérin gives some helpful tips on what to expect from your landlords and your agreement..

#### What should I expect from my lease?

You should be given 24 hours to read and consider the terms of the written agreement between you and your landlord. Make sure you read them clearly and query any aspects you are unsure about before you sign it.

#### What will the lease agreement contain?

The minimum requirements under the Residential Tenancy (Jersey) Law 2011 are:-

- Your name
- The name and address of the landlord or the landlord's agent
- The start and finish date of the rental lease (the "term")
- The agreed rental cost and details of any increases
- How the rental should be paid and who to

• Confirmation that you are not required to purchase any fixtures or fittings

• Confirmation that you are not being charged a premium or 'key money' in respect of the accommodation. Key money is a charge added by some landlords to charge tenants for granting them a lease.

• Details of any deposit or guarantee to be held

• Confirmation that there is no restriction on you fixing things to and removing things from walls provided that you make good any damage caused

• Confirmation that any reasonable request by you to the landlord will not be refused or delayed

#### Should I insure my furnishings?

Yes it is always wise to insure your contents and it is not too expensive. Speak to your insurance company.

#### Isn't the deposit just another form of key money?

No. Your landlord should provide you with a receipt for the deposit and the lease should confirm that your deposit will be given back to you in full at the end of the tenancy, provided that you do not owe any rent and that you have made good any damage to the property.

## We hope to be able to buy our own home soon, can we terminate our lease early?

If you have a fixed term lease then the answer is no but it is worth asking your landlord if you can be released from your obligations. If you have an agreement which runs from month to month then you only need give your landlord a month's notice but beware that in these circumstances your landlord need only give you three months notice to vacate the premises.

For more information or to pop in and see Sharon for a free half hour property advice session please call 601729 or email sharon.therin@collascrill.com



www.collascrill.com t: +44 (0)1534 601729 sharon.therin@collascrill.com

*112* | gallery



Wouldn't you love a bit of

# P WITH YOUR EXAMS?

Thanks to BBP's revision programmes, we're here to do just that. We know what the examiners are looking for and can help you with your technique.

Please contact Mary Snell on 711800 or email marysnell@bpp.com for bookings

PROFESSIONAL EDUCATION

YOUR AMBITION REALISED

#### MOVERS&SHAKERS EMAIL YOUR NEWS TO BUSINESS@GALLERY.JE



#### Christina Fernholz : EY

Sustained growth and the diversification of client activity into specialist and niche areas, particularly in the private equity industry, has led to Christina Fernholz joining EY as Senior Manager in the Channel Islands' Audit and Assurance team. An experienced professional with an international background in banking and capital markets, Christina has worked with EY for over 12 years, primarily operating from the firm's Frankfurt office. In her new role, Christina will use her in depth knowledge of International Financial Reporting Standards (IFRS), extensive experience working with complex financial instruments and understanding of capital market structures to focus on supporting clients with private equity and real estate investments, leading teams selected to match specialist skills with client needs. Having qualified as an accountant in both the United States and Germany and holding a degree in Banking, Christina's expertise is underpinned by a strong academic background. Having moved to Jersey with her husband and daughter, Christina and her family have been enjoying the benefits of a Jersey summer and the proximity to the islands beaches, St Brelade's in particular. .....

#### **Henley Financial Appoints Senior Financial Consultant**

Henley Financial has appointed Hayley Carstairs as Senior Financial Consultant. In her new role, Hayley will continue to specialise in advising clients on retirement planning, including Henley's popular Retirement Annuity Trust Scheme, personal financial planning, employee benefits advice and financial advice for small business owners. Hayley will be working alongside Director, Terry Vaughan, renewing an association going back 15 years.

"We are absolutely delighted to secure Hayley's services going in to what is a very exciting period for us and for the Island as a whole. There are signs of economic recovery, change in legislation and in particular huge question marks regarding people's provision for income in retirement," said Terry. "Born and educated in Jersey, Hayley is professionally qualified to Level 4 via the Chartered Insurance Institute / Personal Finance Society, including specialist pension and investment qualifications. Hayley has previously worked for three local financial services firms, during which time she has proven herself to be a successful and understanding client adviser with a wide-ranging knowledge of the financial services market.



#### Kay Gouette is a future leader

Kay is a senior company and trust administrator at Hawksford, she's been identified as a future leader of Jersey's private wealth industry by Citywealth magazine. Kay was included in a Jersey Future Leaders list of around 40 individuals, published on Wednesday 9 October. Created from a mix of submissions, feedback and recommendations from the global financial services industry, the list recognises the high profile and excellence these individuals have already achieved in helping to promote business excellence in their home jurisdiction and consolidating the reputation of the financial services industry globally. At just 30 Kay has over 10 years' experience in the finance industry, she joined Hawksford in 2012 and works predominantly with clients based in the Middle East. She is currently studying the STEP Diploma. .....



3 accountants promoted, 4 pictured. Go figure.

#### Three promoted at KPMG in Jersey

.....

Three members of staff at KPMG in the Channel Islands' Jersey office have been promoted in recognition of experience and continued growth of the firm. Each have advanced from audit assistant manager to audit associate manager and will now take on a wide range of new responsibilities. Ben Seymour-Smith joined KPMG in the Channel Islands in 2011 after working in the audit department of an accountancy firm in Manchester, focused on commercial companies and the public sector. He holds qualifications from both ACCA (the Association of Chartered Certified Accountants) and AAT (the Association of Accounting Technicians). Von Atamosa joined the firm in 2011 after working for a 'big four' accountancy firm in both the Philippines and St. Lucia, where he gained audit experience across a variety of sectors including manufacturing, mining, power companies and the hotel industry. He holds a degree in Accounting and a Certified Public Accountant qualification. Jeffrey Parongan, who also joined KPMG in 2011, gained his experience working in the Philippines after obtaining his degree in Accountancy from Saint Louis University and qualified as a Certified Public Accountant before relocating to Jersey. KPMG's HR executive director, Debbie Smith said; "These promotions reflect the great success of Ben, Von and Jeffrey within the firm". Air high fives to all of them.

## Spa day, new coat, cocktails for you and your friends?

#### An award 'hat trick' for the Aztec Group!

Aztec Group has once again won 'Fund Administrator of the Year' at the 2013 British Private Equity Awards which took place on Thursday 3 October in London. Aztec Group has won this award three years in a row achieving an award 'hat trick.' This prestigious award honours innovation and excellence within the private equity and venture capital industry. All entries were assessed by the unquote Advisory Panel, made up of industry experts, to determine a strong shortlist of fund administrators including Aztec Group, Augentius, Ipes and Ogier Fund Services. The vote was then opened to the wider private equity community. Aztec Group's CEO and Co-Founder, Edward Moore said, "We are delighted to retain our winning status for the third year running and pleased we continue to be recognised as the leading fund administrator in the private equity community. We are fully dedicated to the funds industry and I am pleased our innovative approach and passion to continually drive forward the standards of fund administration have once again been identified. 



#### Joe Gomes gets the triple.

An employee from the Somerville Hotel has won the Tourism & Hospitality Award at the Normans Customer Service Awards 2013 in recognition of his outstanding contribution to customer service. Head porter, Joe Gomes received the award for the third consecutive year in front of a large audience at a ceremony held at Liberty Wharf, where he was championed for his continued desire to exceed customer expectations on a daily basis. Mr Gomes, who has been an employee at the Somerville Hotel for seven years, was praised for his exceptional level of customer care and attention to detail. Members of the community, including hotel and restaurant guests, voted for Mr Gomes after being impressed with his efforts over the past 12 months.



BRIGHT programme winner Carla (pictured) will be heading off to Namibia, but the giant KPMG sign (also pictured) unfortunately won't be joining her due to baggage size restrictions. Carla works at KPMG.

#### Carla is the BRIGHT one

CARLA Bates, the first winner of KPMG in the Channel Islands' BRIGHT initiative, will spend time with colleagues from across the world on a Millennium Development Goal (MDG) placement in Namibia this month. The BRIGHT initiative is KPMG's first cross-border corporate social responsibility (CSR) programme and encourages staff to use their professional skills to "Act Local and Act Global" to support the UN Millennium Development Goals.

Introduced to the Channel Islands for the first time this year, the scheme invites KPMG staff to come up with innovative projects that promote the use of their professional skills to benefit their local community. Ms Bates' winning idea - a financial literacy workshop for Jersey schools - was among 20 applications from within the Channel Islands and was chosen for its innovation, potential impact and compatibility with the firm's existing CSR framework. Points were also given for content and presentation skills during the judging to a panel of directors. As well as implementing her idea locally, Ms Bates will join other winners from KPMG's global network on her MDG placement. KPMG's Bright programme won the award for the "Best pro bono work for a charitable, social or ethical cause" category and second place in "Best community involvement in a corporate engagement programme" category at the Corporate Engagement Awards held in London. 

Event organiser Julie Todd said: 'This year the competition was tougher than ever and we received double the number of nominations compared with 2012. Joe's name appears time and time again; he is a real asset to the tourism industry and exemplifies what great customer service is all about, he is a worthy winner!' Andrew Shrimpton, director at Dolan Hotels, said: 'Congratulations to Joe for winning this award for the third consecutive year. Customer service is the cornerstone of any business, and Joe's success highlights our continued commitment to providing excellent levels of customer service across all our hotels and restaurants.'

## What would you spend £100 on?

Refer a Trust or Fund Administrator to us and, if we successfully place them, £100 will be yours!

Talk to us on 832660 or visit www.optimus.je



### MOVERS&*SHAKERS*



#### PwC welcome biggest ever intake

PwC Channel Islands has continued to lay the foundations for sustainable long-term growth in the Channel Islands by welcoming its biggest ever annual intake of graduates and school leavers across its Jersey and Guernsey offices. Of the 21 individuals joining the Jersey office, eleven are Jersey residents: Beth Sinclair, who completed her A-Levels at Canford School in Dorset last year before returning to Jersey; Dominic Gauvin, who was educated at De La Salle College and attended the University of Southampton graduating in Mathematical and Computational Sciences; James Cartwright, who studied at De La Salle College where he completed his A-Levels; Guy Sinclair, who graduated with a degree in Accountancy from Cardiff University this year; James Torvaney, who undertook his A-Levels at Yarm School in the UK; John James who was educated at Victoria College and who graduated with a degree in Forensic Science from Bournemouth University; Marie Le Chevalier, who was educated at Grainville School and completed her A-Levels at Hautlieu School; Rowan Spencer, who undertook his A-Levels at Victoria College; Simon de Gruchy, who was educated at Victoria College and graduated from Brunel University with a degree in Motorsport Engineering; Hayley Bisson, who was educated at Hautlieu School, and studied at Lincolnshire & Humberside University and then Nottingham University where she graduated in Legal Practice; and Sacha Gallichan, who was educated at Jersey College for Girls and obtained a LLB (Hons) Law from Bristol University this year.



#### **Rossborough insurance broker is Young Achiever of the Year**

Rossborough's Becky Compton was awarded the Insurance Institute of Jersey Young Achiever of the Year accolade at the annual dinner at the Royal Yacht Hotel on Friday 27th September. Rachel Evans, 24, also from Rossborough, was the runner up in the category. On winning the award, the first time it has been presented in Jersey, Miss Compton said. 'I was shocked when I was announced as the winner but delighted to be recognised for my hard work. Since joining Rossborough I have really been supported by colleagues and given an excellent opportunity to develop my skills and career. It was particularly nice to be shortlisted alongside Rachel and for two Rossborough employees to be shortlisted in the Young Achiever category highlights the company's commitment to investing in and developing young talent in the island.' At the award ceremony, another Rossborough colleague Richard Boddy was awarded his Advanced Diploma - the industry standard professional qualification.

#### Le Masurier get new men in the pipeline

C Le Masurier Limited, a Jersey based property investment and development company, has strengthened its Board and pipeline for growth with the recent appointment of Michael Covell and Edward Bennett as Non-Executive Directors. Michael Covell, a chartered accountant, is Chairman of the UK financial advisory group Bestinvest. With over 30 years of wealth management experience, he was formerly a Non-Executive Director of Jersey based Hawksford International and, prior to that, managing director of Goldman Sachs' European Private Wealth Management team. Edward Bennett is a Jersey Advocate and Notary Public. He is a partner of legal and fiduciary services provider Bedell Group and is head of Bedell Cristin's International Private Client group. Both men share a keen interest in sport.



#### First Names Group adds Client Services **Director to Jersey Team**

First Names Group is delighted to announce the appointment of Lorraine Wheeler as Client Services Director in Jersey. A Fellow of the Chartered Institute of Bankers, Lorraine holds a BSc in Financial Services from the University of Manchester. Lorraine is Vice-Chair of STEP Jersey and well known within the finance industry having worked in the UK, Bermuda and Switzerland before moving to Jersey in 2002 with her family. First Names Group now has over 450 'First Names' operating in eight strategic locations and is one of the world's largest independent fiduciary, corporate and fund services providers. Speaking about her new appointment Lorraine said; "I am delighted to be joining First Names Group. I am very impressed with the organisation. The Group has a superb reputation for client service and I am very much looking forward to working with the team, our clients and our professional advisers".



.....



.....

#### Non-execs not to scale.

#### Paul Jarvis leads the Alliance

Paul Jarvis has been promoted to lead the Technical Solutions team at C5 Alliance Group following its acquisition of Itex, where he was previously an executive consultant. Paul will head up the firm's Technical Solutions department as it becomes the largest of its kind in the Channel Islands, combining existing C5 team members and former Itex employees into a 28 strong team. With 23 years' experience in the IT sector, 17 of those working with businesses in Jersey, Mr Jarvis was the natural choice for the role, according to C5 Alliance Group chief executive Mark Loane. "Having had a long and successful career in the industry our clients regard Paul as a trusted adviser; he will be extremely valuable in his new role overseeing the Technical Solutions team," he said. Mr Jarvis' previous positions cover a range of IT specialities and he has extensive experience in implementing and delivering complex, high value technical projects and products over the full lifecycle, across a diverse range of technologies and platforms.



#### ...AND THE WINNERS ARE

The crowds gathered in Liberty Wharf on Friday 4 October to see the 2013 Normans Customer service Awards ceremony. The judging panel had selected a shortlist and a winner for each individual category earlier in the week. All individual and corporate category winners were presented a newly designed trophy, especially commissioned for this year's event. The organisers were flooded with nominations this year, which totalled well over 8,000 - doubling last year's numbers. During the voting month of September, many outlets had to re-order nomination forms, and the website was red hot with online voting. *Full details of the winner in each category:* 

Employee of a small business Sonia Nobrega | Rayner's Dry Cleaners Employee of medium-sized business Glenn Le Moignan | Airtel Vodafone Employee of a large business Emma Le Seelleur | Waitrose Self-employed individual David McVay | DMV Plumbing States employee Kelly Vallois | Social Security Tourism/hospitality industry Joe Gomes | Somerville Hotel Best team Ima's Caribbean Coffee Shop Humble volunteer Pat Beaugeard | Earsay

#### A CERTAIN AFFINITY

Affinity Private Wealth, the Jersey based wealth management business hires in their trust business. Affinity Trust Limited has further expanded its team with the recruitment of Paul Sewell as a Director. Managing Director of Affinity Trust Limited, Justin Thomas said "Our client base has grown and continues to do so. This has resulted in our desire to expand the board and recruiting talented individuals of Parish of St Helier award The Team Jersey Pottery Best customer experience The Team Tot Stop Crèche (and overall 2013 Winner) Aspiring star Laura Poingdestre | Broken Wind Instruments Four Corporate Category winners: Customer Service Innovation - TTS (States of Jersey) This is for the new parking system in place in Sand Street Car Park. Customer Service Strategy - Waitrose Customer Service Commitment -Roberts Garages Best Use of Social media - Jersey Coastguard

Paul's standing and calibre is integral to the future of our business. Paul has consistently delivered a first class professional service to private clients for several years and Affinity are delighted he has chosen to join us as we continue to expand." Paul brings with him a wealth of experience having most recently been a Director of Key Trust (now acquired by Hawksford) prior to that he was a director at Vistra Trust, CitiTrust (Jersey) Ltd and in various roles at Walbrook Trust.

## JERSEY BRANDS CAST THEIR NET INTO CARIBBEAN WATERS

\_\_\_\_\_

After announcing an association with Carey Olsen in January, Hempel and Boyd has rebranded taking the Carey Olsen name in the jurisdiction. Chairman, John Kelleher, said the move to bring Hempel and Boyd into the Carey Olsen brand was a natural progression. "Hempel and Boyd has presented a strong growth story in the BVI market since its inception in February 2012 when Clinton Hempel and Greg Boyd first launched the firm. Indeed in the same year, Hempel and Boyd became the first offshore law firm to open an office in Cape Town. We welcome this next step of embedding the association between our firms and look forward to continuing to provide our clients with the highest standards of legal advice around the world." Carey Olsen provides British Virgin Islands, Cayman Islands, Guernsey and Jersey legal advice and has offices in each of these locations as well as in Cape Town and London.

#### GET STUDENT DEBT ON ISLAND FOR LESS

Crippling student debt shouldn't prevent you from pursuing an education. Studying in Jersey is cheaper than living away, so why not get your debt at home and have less of it? Acorn are now offering preferable rate finance to anybody looking to study a professional qualification or degree with Jersey International Business School. If you're considering developing your career, and costs prohibit it, then this could be a local, more preferable choice for education. Jersey International Business School deliver a wide range of high quality and effective professional qualifications and career-development courses within the finance industry. They also deliver a 2 year degree in BSc (Hons) International Financial Services in Jersey, accredited by the University of Buckingham and work in collaboration with the University of Manchester Business School to offer two-year parttime degrees in both management with compliance, and trust and estates. If you're looking for a degree in Klingon you might still have to go off island, but that's probably a good thing.

#### EMPLOYMENT TRIBUNAL FEES COULD BE USEFUL IN JERSEY

Following the introduction of fees for employment tribunals in the UK, the question arises as to whether Jersey should follow suit. Under the new UK law, employees will now have to pay up to £250 to lodge a claim, as well as a further charge of up to £950 if it is decided the case will go ahead. Christopher Austin, a litigator who specialises in employment law at Parslows believes that introducing the fees in Jersey could be a useful idea but it would need to be managed carefully. "Jersey needs to maintain a balanced approach to introducing employment tribunal fees. They could prove to be very useful for ensuring that spurious claims are kept to a minimum and are likely to be welcomed by employers, many of whom currently feel that there is no barrier for entry of complaints," said Christopher Austin. "However, employees who lack the funds to pay fees could experience problems as those with genuine claims could be denied access to employment tribunals and therefore be denied access to justice. There's no doubt that this is an idea worth investigating here in Jersey but a proper consultation will be needed to ensure the interests of employers are balanced by the need to have a fair system accessible to all."

## <sup>small cars,</sup> BIG THINKING.

Oi, Oi. Paul Luxon, Non-Executive Chairman, Peter Grange, Managing Director, and John Merrien, Strategic Consultant, with the agency's 1959 BMW Isetta Bubble car.

hen we met Peter Grange last month he was excited. Not only because his agency, Oi, has just undertaken its biggest expansion yet but also because there are new small car acquisitions in the pipeline. Whilst the agency is now the biggest in the Channel Islands, it's Peter and his team's love of big ideas and effective marketing campaigns that rings through.

When the agency set up in a show of ambient media as 'Offshore' in 2004 it was the ambient media crop circle and subsequent press coverage that won awards. However, it was the inclusion of a real Mini car in the office that caught clients' eyes and was the shape of things to come. We've enjoyed watching Oi as they've developed. The daily changing quirky email footers amuse us and their weekly email about marketing is one of the few that's not been marked as trash.

As we visited their Guernsey office earlier this month (they have one in each fabulous Channel Island these days, and are planning one in London soon) we were drawn to the combination of classic and modern that make up the unique profile of the agency. This month's recruitment news follows that theme, bolstering the Oi head count to 20 with both old masters and fresh new talent. The decades of experience come in the form of Chartered Director Paul Luxon, who has been appointed as Non-Executive Chairman of Oi and John Merrien, who has taken up the position of Strategic Consultant.

"Throughout my professional business career across the Channel Islands I have worked with some global iconic brands such as Coca-Cola, Champagne Bollinger, Carlsberg, and many more, so marketing, advertising, profiling and promotion have been at the heart of my work,' Paul told us. "I love brands and the creativity around them. Joining Oi as Non-Exec Chairman allows me to work with a progressive company that is focused on developing big, commercially effective ideas for its clients...and that's very exciting." Chartered Accountant and Company Secretary, John Merrien will be working alongside Paul and Peter Grange, Oi's Managing Director, on strategy, structure, change and business planning for the agency as it focuses on its next stage of growth in the Channel Islands (particularly Jersey) and London.

"The opportunities for growth at Oi are tremendously exciting as the company grows both internally and geographically into new markets" said Mr Merrien. "My core mandate is to work with the board to preserve the personal touches clients expect and the freedom of thought displayed by staff at 'small Oi' while scaling the business into tomorrow's larger pan-jurisdiction agency."

In addition, Oi has recently made other significant new hires across its marketing, creative and digital teams following major account wins. Caity Hutchison has joined as an Account Manager in Oi's Jersey office from global advertising agency network BBDO where she managed the Johnsons & Johnsons account in South Africa. With a Bachelor of Arts Degree in Law and Media, Caity also has a Post Graduate Diploma in Marketing and Advertising Communications. She has an excellent understanding of consumer insights, brand strategy, and strong campaign management skills. Experienced graphic designer Stuart Noel has also joined the Oi Jersey creative team having worked in the industry for over a decade. Oi will be moving to larger Jersey offices in the next month to allow for its next stage of growth in the island. Sean Davidson has joined as a Senior Developer in Oi's Guernsey office from Sure Mobile. With over 10 years development expertise including advanced web systems programming, application and e-commerce development, Sean will be working on large e-commerce projects for the agency's clients. Ania Karwowska has also joined the Guernsey team as a Digital Project Manager having gained significant digital marketing expertise in the financial and leisure sectors. She will be working closely with Oi's development team managing website, e-commerce, application development projects, email and social media campaigns. Julia Webber has been promoted within Oi to Operations Manager coordinating the

#### agency's offices, HR, systems and processes.

The appointments follow Oi's continued success locally and in the UK, including being the retained agency for Canaccord Genuity Wealth Management, Mourant Ozannes, Moore Stephens, The Royal Yacht Hotel, Airtel-Vodafone, THAI Airways UK, and Shangri-La Hotel, At The Shard, London, to name a few. As an Institute of Practitioners in Advertising (IPA) accredited agency, adopting the latest techniques, adhering to the highest industry standards, training, and development are very important at Oi. Now employing 20 staff across Guernsey, Jersey and London, Oi is optimistic about the future and believes having a good marketing agency is as essential as having a good accountant, lawyer or IT service provider for any business to be successful. With expansion into the UK, it's great to see a Channel Island agency competing on a national scale.

#### New Oi-ers.





1 Being invited to join the Board of Oi at this time of exciting growth and development for the company is a delight. As an experienced Chartered Director with long standing involvement in marketing campaigns for SME's and Listed entities, it will be fascinating to see how Oi develops over its next growth phase. Marketing is at the heart of every companies trading success, Oi recognises that and likes to 'stand out from the crowd' delivering innovation and exciting messaging. Busy people like being busy, and down time with family makes that busy-ness worthwhile.

Paul Luxon

Non-Exec Chairman

2 The words 'creative' and 'accountant' seldom sit comfortably together however this is exactly what I strive to bring to the table at Oi. I am Managing Director of Books & Company Limited, Chartered Accountants and am very pleased to work with Oi to provide them with accountancy, management consultancy and corporate governance advice. When my head isn't buried in the numbers, I enjoy sailing, scuba diving, kayaking, windsurfing, fishing and sea swimming basically my wife and I are addicted to the seas around our coast.

**John Merrien** 

Strategic Consultant





3 Over the last three years, I've worked on marketing campaigns across finance, entertainment, leisure, hospitality and art industries all over the globe. I enjoy intercultural interactions and travelling. I live a fast paced lifestyle and I like my work to be the same, challenging and exciting. My guilty pleasure... ballroom dancing.

#### Ania Karwowska

Digital Project Manager

I'm a self taught web developer with 13 years experience, having worked for companies such as Specsavers and Cable & Wireless. Over the years I've developed a fetish for touch typing and pretty code (Pink brackets are the best!). Outside of office hours I can be found playing with boxes that go beep and programming my son.

#### **Sean Davidson**

Senior Developer

Recently arriving from South Africa, I have traded in the African sun and look forward to the opportunity to pursue a career at Oi and settle into Jersey life. It is exciting to be starting at an agency that is continuing to grow and create great work, both in Jersey and on an international level. I have an Undergraduate Degree in Law and Media from the University of Cape Town and a Post-Graduate Diploma in Marketing and Advertising Communications from Red





and Yellow Advertising School. My previous experience includes; account management on global FMCG, Alcohol and Retail brands and predominantly Johnson and Johnson. I have recently completed a Digital Certificate in Digital Marketing and always try to grow and improve both professionally and personally. As David Ogilvy once said, 'Never stop testing, and your advertising will never stop improving.' I enjoy trying new things, cooking, photography, travelling and I like to think I am a budding surfer, water temperature dependent.

#### **Caity Hutchison**

Account Manager, Jersey

I enjoy all the challenges of being a designer. The strategic thinking and problem-solving abilities I have help me to translate clients goals and objectives into engaging designs through many mediums. I have been in the industry for 5 years now and prior to joining the Oi team I attended the University of the West of England to complete a foundation art course before returning to the rock to pursue a career in the creative industry. I began working for a local printing company as a graphic artist before moving on to a small design and advertising studio as a graphic designer.

#### **Stuart Noel**

Graphic Designer, Jersey

# E-CABS (EXECUTIVE TRANSPORT LIMITED)



Having a central hub is crucial in the world of business, and a space that is open 24 hours a day, seven days a week is just the ticket. This is exactly the case for Roy Besterthe man behind E-Cabs – an executive taxi company specialising in the business sector.

Despite being a relatively new company, they have big plans to expand. At present, they boast a total of five cars – a mixture of 4 and 6 seaters including 1 disabled cab – soon to be 2 as the next vehicle arrives in November.

So why Bourne House? Roy chose this set-up for a number of reasons -the on-tap

necessities – running a modern-day firm would be impossible without electricity and WiFI. The security factor (Bourne House boasts a secured night gate, allowing employees to feel safe regardless of the hour), the spotless offices, the central location, and of course, the 24/7 access. Unlike the 9-5 workforce, a cab firm needs to be available at the drop of a hat. So what makes them different to other firms on the island? With expertise in the business sector, E-Cabs pride themselves on catering to every requirement. From drivers wearing shirts and ties to confidentiality clauses signed by all who work for E-Cabs, discretion is paramount.

Punctuality is imperative, especially when you're catering to those in the commercial area – be it a meet and greet at the airport, or taking another route to miss the gridlock in town. E-cab's island-wide service is open to both email and phone bookings and once a pick-up's in the diary, it's confirmed. Due to a demand for airport collections E-Cabs house an up-to-the-minute switchboard, boasting constant, live flight information – not just for Jersey, for a variety of locations.

FOR MORE INFORMATION OR TO BOOK A CAR, CALL OR EMAIL E-CABS ON: 01534 280280 BOOKINGS@E-CABSJERSEY.CO.UK

**Solution** Bourne House boasts a secured night gate, allowing employees to feel safe regardless of the hour, a central Location, and of course, 24/7 access. Unlike the 9-5 workforce, a cab firm needs to be available at the drop of a hat.**J** 



IF YOU COULD SEE YOUR BUSINESS BEING MORE PRODUCTIVE IN A CLEAN AND SOCIABLE OFFICE COMMUNITY, TAKE A TRIP TO BOURNE HOUSE OR HONEYCOMB'S FACILITY AT WHARF STREET. CONTACT PALLADIUM GROUP ON 01534 888554.

#### **SUITE 4 BOURNE HOUSE**

Bourne House business suites offer opportuneness to both small and larger-scale companies. The hospitable yet private suites are suited to a wide range of services and organisations, and with reasonable leasing terms that comprise utilities, they pose as the perfect set-up for a startup business.

#### THE FACTS

#### From only £395

Single office suites from only £395 per month. Suite sizes range from one to eight people.

#### Flexible leasing terms

minimum one-year lease, after which a three month notice is all that is required to end the lease. Three months deposit plus one months rent in advance.

#### 24 hour access

Flexible working hours.

#### Individual mailboxes

Assuring privacy of mail.

#### **Phone System**

Allowing for individual phone numbers.

#### Ideal for start-ups

Make the step from home to town and get closer to your clients.

#### No service charge

Heating, lighting and water are all included in the lease. Cleaning service supplied for common areas.

Meeting room Meeting room available.

Kitchen Servicing all suites.

#### WiFi access Free online access.



## JUSTIN CURRAN CURRAN PHOTOGRAPHY

### SO, TELL US WHAT INSPIRED YOU TO GET THIS OFF THE GROUND?

I love capturing a moment in time that will last forever in someone's home or help propel someone's business idea or dream.

#### WHAT DID YOU DO PRIOR TO STARTING THIS BUSINESS?

I am a teacher. I taught for a few years in Reading before becoming a full time photographer in Spain. Since moving to Jersey I teach as well as running this business.

## DID THAT TEACH YOU ANY LESSONS THAT HELPED YOU SUCCEED?

I have always had an ambition to achieve my goals. As long as you have determination and skill you can achieve any goal you set for yourself.

#### WHAT'S THE HARDEST LESSON YOU'VE LEARNT SINCE STARTING YOUR BUSINESS?

I am a big believer in being 100% prepared. Plan everything in advance. Plan everything from an hour before leaving the house!

#### ANY FUNNY STORIES THAT YOU HAVE ABOUT THE BUSINESS STARTING OUT?!

In my 7th year of shooting weddings in Spain I was asked to shoot a huge wedding in a venue I had never heard of or been to. I left early and my second photographer phoned the wedding planner from the car. Almunecar was 2 hours from my studio and we left with plenty of time to spare. We were told the venue was 15 minutes inland from Almunecar. Armed with directions we set off inland. We ended up driving up a mountain on a narrow winding road with no safety barrier. That optimistic 15 minutes was really over an hour. We arrived with little time before proceedings began, thankful that we hadn't met another car en route! I had to apologise to the bride, and had a few choice words with the wedding planner!

## WHAT ARE YOUR PLANS FOR THE FUTURE?

I am currently running a mobile portrait studio. I can set it up in the comfort of your own home, with the precious landscapes that Jersey has to offer I regularly take portraits on location. I am also taking bookings for weddings. I offer a great service in that each shoot I undertake is personalised for my client. So please feel free to contact me for a quote.

## WHAT ADVICE WOULD YOU GIVE TO WOULD-BE ENTREPRENEURS?

In a couple of words - if you have an idea strive to make it a success.

## JERSEY ENTREPRENEURS

ustin Curran
3/07/77
ettled in relationship
t Malachy's College, Belfast
Greengrocer
Peugeot 207
Cureka Street by Robert McLiam Villiamson
ohnny Cash
itar Wars
Ay camera - anything photographic
Cayman Islands
inging with my band JC & The Loony 'unes Band

#### ABOUT THE BUSINESS

I ran Curran Photography in Spain for over 8 years. I opened a studio in Mijas Pueblo which specialised in children's portraits. I photographed weddings all along the Costa del Sol from Granada to Gibraltar. I took on commercial commissions for prestigious estates agents, property developers, advertising for local companies, and for fashion designers. I shot for Zara, Topman, Desigual, Damaris Novios y Novias as well as Agostin Torralbo. Here in Jersey I am getting the business off the ground with portraiture and weddings. I have also been photographing local musicians such as Adam Bradbury. I am also available for commercial shoots.

## SPORT

## WINNING FOR FOODIES...



JERSEY'S EATING DIRECTORY LOOK OUT FOR THE NEW EDITION OR VIEW ON LINE AT WWW.APPETITE.JE



A Brazilian Football star is said to be one of the most respected commodities in modern football. But what's the game all about, and how does it differ from your average game of ball?

A catch-up with Will Partington (the name behind Brazilian Soccer Schools and Socatots) and I quickly realise, there's more to this sport than meets the eye. With a resume to rival a fair few football heroes, Will sets the stakes high for football coaching in Jersey. After University Will started playing for the 8th tier Brazilian League - managed by the legendary Brazilian footballer Jairzinho. Will decided to focus his skills on Brazilian teaching traits - researching the way young children are taught the sport in a country that is renowned for some of the best names in football. Brazilian Soccer Schools was created using similar philosophies.

Will applies all that he has learnt to this sport, many of this knowledge comes from some of the most celebrated coaches and players in the world, including Jairzinho, Careca and Carlos Alberto Torres.

So what are Will's training beliefs? 'You don't join the orchestra until you've mastered you instrument.' Instead of a musical tool, a footballer's instrument is his ball and until you've conquered the ball, everything else falls down.

Aside from generating great players, Will's biggest accomplishments to date are watching countless girls and boys develop into good people. When it comes to training, this is his first objective. Certain members have been training with him for an impressive nine years! This loyalty certainly says something about the strength of the programme offered.

Back to the football side of things, so far Will has helped to develop 100's of island football representatives, 11 of which have gone on to take part in professional trials at Premiership and Championship clubs, Two of his players have even signed contracts! fly in from Jersey to represent Brazil in Sicily.' I was given a shirt that simply said 'Number 3 Will' to make me sound more Brazilian'. Every time the event promoter visited the team, he would go quiet, fearing the promoter would go crazy about an Englishman playing for Brazil.

With future goals to enhance Jersey's football platform, and training taking place on a daily basis, I'm wondering if running a Brazilian Soccer School is a tricky task! Will informs me 'there's nothing better than feeling fit and nurturing players'. All that is required is the hunger to improve,

## ALL THAT IS REQUIRED IS THE HUNGER TO IMPROVE, A TRAINING PROGRAMME THAT WORKS AND OF COURSE, THE MOST IMPORTANT INGREDIENT - A BALL.

Another aspect to Brazilian Soccer Schools is the one-to-one training, offered as a free service to any member achieving trials – after all, this could be the biggest opportunity of their lives!

As well as football, Will is also a keen beach soccer player – a sport born on the Leme beach in Rio. Having played for England in the past, he's gone on to turn this experience into another successful venture – however, both beach soccer and Brazilian Soccer are two entirely different ball games.

So what inspires the man that sleeps, eats and drinks football? 'This month Muhammed Ali, Bruce Lee and Parkour.' And any memorable experiences? 'Probably being the only member of the team to a training programme that works and of course, the most important ingredient – a ball. Despite this, football isn't all about the ball alone; it's down to how the body moves and having the determination to improve.

There must be some mishaps? 'Whilst representing England and travelling through Nigeria we lost our Military Escort!' added Will.

Anything else you'd like to add? 'Just make the ball happy!'

If like Will, you feel you have the drive and determination to become a Brazilian Soccer Schools member, you can find a little more at www.icfds.com/jersey www. socatots.com www.beachsoccerjersey.com

#### SOCATOTS & BRAZILIAN SOCCER SCHOOLS

 $w. parting ton @brazilian soccers chools.com {\ } www. icfds.com/jersey {\ } facebook.com/brazilian soccers chools jersey {\ } www. icfds.com/jersey {\ } brazilian soccers chools jersey {\ } bra$ 

# More data than you know what to do with

Top up £5 and get **UNLIMITED** data, plus calls & texts for 7 days. What are you waiting for? Join your mates on JT Pay as you go today.

**Come in store to get involved.** Already on JT? Dial \*#138\*12# to opt in.





www.jtglobal.com Search 'JTsocial' 🕇 🖻



T&C's apply.

#### THERE SHE BLOWS!

When you think of winter wetsuits most people conjure up images of looking like a beached whale with about as much manoeuvrability. However the reality is that some fantastic super scientists have



THE EPIC 5/3 £108

The Epic is an entry level suit, now with many of the same features as the highend wetsuits, including 100% Ultraflex neoprene, double seal neck closure, LSD (lumbar seamless design) and reengineered covert blackout zip. Clean graphics and sharp style lines make the Epic the best value in the industry.



#### THE SUPERFREAK 5/3 £130

Now even warmer (hoorah!) the latest SuperFreak has a FluidFlex™ Firewall in the front chest and back. It will keep the freezing water out and make sure you feel toasty like no other wetsuit ever offered at this price level. It's ideal for winter surfing when you are on a budget.



Team Manager Roley McMichael celebrating Ben Skinner taking Gold in the Longboard final

Jersey Surfing is riding a wave of success. We placed fourth overall in the European Championships. Lets just think about that. First place went to France, second to Spain, third place to Portugal, then us - the wee little Channel Islands. That's quite a punch we pack!

Speaking of punches, that's pretty much how they got there. The Jersey Surfboard Club, knowing they had something to offer but no substantial backing, organised a group of local lads, to get thrashed at the Splash in a boxing ring and raise some money for the cause. The night was a success, everyone had a good time, apart from the amateur fighters who took one for the team! However, you could hear whispers of "they could be raising money for an actual charity, or a proper sport, not just a jolly surfing holiday to the sun".

The JSC took a minibus, a team of 13 surfers and one team manager, Roley McMichael, to the European championships in the Azores this September. They did well, Sam George was 3rd Seniors, Scott Eastwood 5th Masters, Josh Le Marquand placed 6th longboards and Shelly MacFarlane 9th in ladies. Ben Skinner put forward a standout performance on his longboard, taking Gold and regaining his European title for the 3rd time. All of this accumulated to give the CI team the best team result in a European championship ever!

Following on from the Europeans both Ben Skinner and Ben Bates went to the ISA World Longboarding championships in Huanchaco, Peru with Skinner getting a silver medal and Ben Bates getting a credible 8th! The reality is that, unless you make it to the top 10 on the ASP World circuit there's no real money in it. There is however, a whole lot of passion, dedication, talent and sportsmanship. Congratulations!

#### SKI GADGETS FROM JEFFS

Snowlife heated gore-tex gloves will keep your fingers toasty with a rechargeable battery built-in and three individual heat settings you can heat your fingers separately and alter the heat settings via the easy to press buttons on your knuckles. Also, Olang anti slip boots will save you breaking bones after your apres ski session - flip out grips to tackle



been busying themselves developing incredible materials which will keep you warm and able to move, so you can enjoy your sport whilst everyone else cowers at home. We popped in to Madhatter and picked our favourite new wetsuit models from their great selection.



#### THE PYROTECH 5/3 £215

O'Neill have taken the much loved RG8, poured in all the latest wetsuit technology and come out fighting with the new Pyrotech. It combines their TechnoButter neoprene with XDS Air Firewall insulation in the chest panel, Single Fluid Seam Weld and a F.U.Z.E Closure System. The result is a lighter, warmer, more insulating and quick drying suit with improved ease of entry so you don't have to be out in the cold when changing for a second longer than necessary!

#### ..... BEAT THE WINTER BULGE

With the festive period approaching we are all guilty of over indulging in food and alcohol. This is the biggest cause of weight gain. Here are a few tips to help you beat the bulge.

- Avoid going hungry to parties
- Eat healthier options like fresh foods
- Watch your portion sizes
- Drink water with food this will make you feel fuller
- If you feel full stop eating
- Try to plan your meals for the week ahead

 Beware of those special offers in the shops over the festive season

• Try to increase the amount of exercise you normally do; leave the car at home and walk or cycle instead, try joining in with your children's games or go for a family walk

• Ask for a personal training (PT) gym session with me as a Christmas present! *I* use a variety of training methods including the ViPR which combines functional training, mixed with high intensity intervals coupled with nutritional support to make PT sessions both different and fun to ensure clients get the results they want. Steve Walker, Owner of SW Health & Fitness, a Personal Trainer and Biomechanics coach based at Fort Regent Gym can be contacted on 07700 368000.



## HARDWARE



### Experience the new MacBook Air at iQ.

#### All the power you want. All day long.

The new MacBook Air features fourth-generation Intel Core processors with faster graphics, all-day battery life and even faster flash storage.\* It's thin, light and durable enough to take everywhere you go — and powerful enough to do everything once you get there.

> "Bettery IPs varies by use and configuration. See www.appin.com/UA/batteries for more information. Faster Bath storage company with the previous generation MacBook for TM and 8 2013 Apple Inc. All rights reserved

#### Visit iQ. Your local Apple experts.

👔 01534 769320 🕚 10-14 Beresford Street 💿 shop@iQJersey.com 🌚 www.iQJersey.com



## DIE NEUEN NEUNELFER

#### WORDS RUSS ATKINSON

Nine-elevens are said to be like Marmite. Presumably because their fat rear tyres are sticky and their largely unchanged silhouette timeless.

As there's a divide to rival the Berlin Wall separating those who love and those who hate, I'm not going to preach to the already converted about how getting behind the wheel of one is almost a non-event, like Jersey's rugby team winning something. It's easy to take it for granted but you're still suitably accomplished. In fact, they're so remarkably easy to drive that you could fling the keys toward your granny and ask that she pops down to Switzerland to buy a Toblerone and it wouldn't be a big deal.

No, instead I just want to take a stand against all of the naysayers over here who claim that you either need a more 'practical' car or that you 'can't drive a fast car on Jersey's lanes' in an attempt to make a case for performance car ownership locally.

Fundamentally, that just isn't true. I know this because I've just been driving the latest incarnation of Porsche's 911, the 991. Right here. In Jersey. I literally got in, started the engine, adjusted the seat and mirrors and drove away. It was easy.

#### CLAIM 1:

The speed limit is 40mph, anything capable of travelling faster is pointless. Whilst it is edging toward true that you can't fully exploit a 911 over here, that doesn't mean that you can't drive one around slowly and still find it enjoyable. Or drive onto one of those pointy white floaty things and end up in France. Strictly speaking, everything in Jersey is within walking distance, so let's just ban cars altogether. Sales of mobility scooters would boom.

#### CLAIM 2:

### But I've got a dog, it probably wouldn't fit in the back.

Frankly, you just don't need one with the unmistakable woofle that comes from behind the back seat in one of these. It's infectious, and much more fun to take a 911 to stretch its legs, and that's coming from a dog lover. Porsches smell nicer too.

#### CLAIM 3:

Oh, buy we have 2 children, and so Range Rover ownership is simply essential. Children, in their very nature as small people have inherently small legs. It's just science. They'll fit in the back with ease and you'll be using less fuel and get added manoeuvrability. They're surprisingly compact and emit less CO2 than a Ford Mondeo thanks to the 7 speed PDK gearbox. Don't just take my word for it, go and drive one of these things and I guarantee you'll be shocked by the turning circle, which is nothing short of incredible.

#### CLAIM 4:

Honestly, the split tailgate of my Range Rover is ideal for resting a cup of tea on. So is the electronically raised spoiler on a Carrera, and both cars cost around the same price new. Escaping our green lanes and



hitting the smooth tarmac of the continent would be decidedly more fun in an 911 though. Unless you're planning on driving across Russia, in which case good luck avoiding a good old-fashioned carjacking.

#### **ON A MORE SERIOUS NOTE:**

If you're looking for a good all-rounder, this is it. Always has been, always will be. With each generation the 911 evolves into something so much more than the previous incarnation whilst still remaining familiar and genuinely easy to drive considering the performance on tap, especially on the Turbo models. Controversially, the 991 GT3 is only available with the 7 speed twin-clutch PDK gearbox but given the software will be tweaked to allow the clutch to be engaged at a tug of both paddles simultaneously, allowing for plenty of hooliganism out on track whilst still delivering unbelievably crisp, smooth and near-instant gear changes I don't see the lack of a manual gearbox as an issue. The PDK 'box also helps deliver surprisingly stunning fuel economy and low emmisions for a model range starting with 380 horsepower in the Carrera. Maybe travelling overland to import your own Toblerone instead of buying it from Spar isn't so ridiculous after all.



gallery

## MOTOR NEWS



#### SUB ZERO

Matt paint is so last decade, just so you know. But when it comes to the 'frozen' paint finishes that BMW have been massaging our eyes with over the past year or so, it seems that satin is so in right now.

Now available as an allegedly limited edition colour on the top MINI Paceman and Countryman models, frozen black paint offers more of a satin finish to the car's bodywork in terms of both look and feel. Remember velour interiors? I'm imagining it to be a bit like those, but on the outside.

A word of warning to any prospective buyers, however: step away from the T-Cut. Whilst a clear lacquer is applied over the paint to prevent scratching and these finishes have been proven weather and car wash resistant, an alarmingly considerable list of no-nos has been issued to accompany the paint finish. Wax? Inhale its sweet scent by all means, but for the sake of your paintwork keep it locked up away from the car. Got a scratch? Don't itch it with any form of polish. Big into detailing and just spent a fortune on a machine polisher? Put it on eBay. Got a fully stocked cupboard of microfibre cloths? You thought that these were better than traditional sponges, right? Well save those for your dishes, because they don't recommend using one to hand wash or even dry the bodywork, so much so that a free leaf blower\* is being given away with each vehicle ordered, as an introductory offer, so that you don't get tempted to have a tickle of that water mark post-wash or end up with an embarrassing shiny patch right in the centre of the bonnet where that bird decided to answer the call of nature.



#### TOP OF THE PHILATELIC PODIUM

Six stamps and a Souvenir Sheetlet are being issued by Jersey Post on 15 October 2013 to commemorate the 20th Anniversary of Nigel Mansell CBE being the only driver to simultaneously hold the Formula One and The IndyCar World Championships.

Jersey Post will be donating a percentage of the first year's Philatelic sales of the issue to help secure the future of St Brelade's Youth Club, a local initiative supported by Nigel Mansell. The Club offers activities such as 5-a-side football, pool, cooking and table tennis as well as activities and projects around the Parish. Gary Carroll, Business Development Director at Jersey Post said "We are delighted through this issue to be able to help Nigel Mansell in his continued support and investment into the future of young people locally".

The stamps were created with the help of Nigel Mansell himself, who commented "I am tremendously excited about the launch of these new stamps, another great piece of history being documented".

The stamps were designed by Jersey design studio The Observatory. Ben Hickingbotham, their Creative Director commented on the concept behind the stamps; "In order to echo Mansell's heyday, the design rationale is an evolution of '80s and '90s Formula 1 design. They are reminiscent of the F1 posters of the time, feature a clean contemporary look and incorporate typography printed in a metallic silver effect."

The full range of products can be purchased on the Jersey stamps website: www. jerseystamps.com and are available to buy at Broad Street Post Office. They can also be ordered from the Jersey Philatelic Bureau on 01534 516320.

\*This is not true. Not even slightly.

FOR MORE INFORMATION ABOUT THE PORSCHE RANGE OR TO ARRANGE A TEST DRIVE, CONTACT THE NEW PORSCHE CENTRE AT JACKSONS 01534 497777 www.jacksonsci.com

> MODEL TESTED: Porsche 911 (991) Carrera 3.8 £58,995 (pre-owned)





### GALLERY'S NOVA LIVES, THRIVES AND SURVIVES

Novice Rally Crew Euan Dangerfield and Paul Coleshill picked up two awards after successfully completing this year's Jersey Rally.

"What we learnt last year is that crashing isn't good" said Paul. "It's taken a lot of work to get the car back together, but with the help and support of our sponsors, Le Gallais Self Storage, Corporate Parking, Bracken Rothwell and Artizen Design we did it" said Euan

*"What we learnt last year is that crashing isn't good, said Paul."* 

This year emblazoned with previous covers of Gallery magazine all over the front of the car the little Nova ventured out into the tight, twisty and treacherously wet lanes of our country parishes. "Above all we wanted to finish. I drove as fast as I could without really scaring us stupid. We knew that if we got to the end in one piece we would be chuffed to bits. We did it, and by doing so we won 3<sup>rd</sup> in class and most improved from seeded position" said Euan. "We weren't expecting that" said Paul wearing a big smile.



## AFTER-)ARK GA)GETS

#### WORDS TAYLOR JONES

THIS MONTH'S THEME FOR THE MAGAZINE PRESENTED A CHALLENGE FOR ME, IN THE SHAPE OF CHOOSING WHAT COULD BE CLASSIFIED AS A "DARK" GADGET. COULD IT BE SOMETHING AS SIMPLE AS BLACK GADGETS, OR WOULD I HAVE TO FIND WHAT ONE EDITOR WORRYINGLY DESCRIBED AS GADGETS USED TO "MAIM OR INJURE" SOMEONE. VERY DARK INDEED.

However, as this dilemma plagued my mind into the early hours of the morning, whilst I was kept awake by the sounds of blaring music from down my corridor and the horrendous case of sleep apnea that could quite literally be heard through the walls from my neighbor, I realized that the darkest thing in the world, darker even than Kanye West's twisted fantasy, is the nighttime. And when does the night seem darker than when you are staring at the

alarm clock, mentally calculating that you have exactly 3 hours till it rings, if you fall asleep instantly.

So this month I have chosen to write on gadgets that will help the poor souls who, like myself, suffer nightly from a lack of sleep, and partly for the bosses and teachers of those people who have to put up with constant moaning from tired staff and students.



#### PHILIPS LIGHT THERAPY WAKE-UP LIGHT

There is only one fact more certain than Einstein's laws, and that is that waking up to bright light after a long sleep is the most distressing experience that someone can have. However, waking to complete dark is no more fun, guaranteed to cause early-morning depression or even to send you back to sleep. Thus, the age old problem for man has been finding the right light in which to wake. Philips, however, have done the impossible, and made waking up an enjoyable experience. The solution? It's simple. The Light Therapy Wake-up Light works as an alarm, emitting a very dim light to begin with, gradually increasing the brightness every 7 minutes, gently waking you up in the same way sunlight does. The only disadvantage to the £130 alarm (despite the price) is that if you do happen to sleep through the majority of the cycle, waking to the brightest light is comparable to waking up with spotlights in your eyes.



#### DREAMMATE SLEEP INDUCER

This little device doesn't look like it will do much to cure irregular sleeping patterns. In fact, it doesn't look like much more than an interesting fashion statement. However, for anyone that finds it difficult to maintain a regimented pattern of sleep and rest, this little, watch-like machine is absolutely perfect. When worn on your left wrist, the Sleep Inducer stimulates 3 acupuncture points that send messages to the brain making you feel tired enough to drop off instantly.

The Dreammate needs to be worn for about 30 minutes before you intend to go to bed, so it's not exactly an ideal gadget for those that intend to drop straight into bed from work or partying, but it seems perfect for those quiet nights at home when Chanel Four start showing the "early morning classics". It seems too good to be true? You're probably right. According to many reviews online, the Sleep Inducer in fact uses torture of the wrist as a technique to send you to sleep. Apparently, "the only pro of this device is the ability to return it". Therefore, this is not recommended for the weak of heart, or wrist, and should most likely be used as a last resort, especially given the price tag of roughly £45.

#### LIGHTPHORIA 10,000LUX ENERGY NIGHT LAMP

For the frequent traveller, changing bed times and early rises can wreak havoc with the body. Seeing the sun set before you're even ready to relax and watch TV can be unsettling for some, and they need those extra few hours of sunlight before they're ready for sleep. This extra sunlight, difficult to come by when the moon is out, can be provided by one simple gadget, the Lightphoria 10,000LUX Energy Night Lamp. Simply draw the curtains, shut off the lights, and switch on the 72 LED lights, which emit a smooth, sunlight-like glow around the room. With varying intensity, you can set your room to appear like anything from a gloomy winters day to the cabin of a spaceship orbiting the sun itself. Jet lag never has to be a problem again if you're willing to spend the £45 to create artificial sunlight.





#### CHILITECHNOLOGY CHILIPAD

Cast your mind back to August, when the sun was out and it stayed light till gone dinner-time. The days were joyous, and the nights were, to borrow a term, frabjous. But then came the time for bed. The time when no amount of fans, open windows and nakedness could stop your bedroom becoming the temperate equivalent to the gates of hell. Gone were the days you could climb into bed safe in the knowledge that every side would be the cool side of the pillow, and the sheets wouldn't stick to you like glue. Even now, in the dark, chilly, winter months, it is impossible to find the right temperature in bed. Two duvets is too many, and only one leaves your body in a rigamortis-like frozen state in the morning. However, now there is a new way to make sure that whatever the weather outside, your bed will be the perfect temperature.

The ChiliPad from Chilitechnology is a pad that you put on top of your mattress, and with duel controls for both sides of a double bed, allows you to control the exact temperature of your bed, meaning you can be safe in the knowledge that climbing in at night will be the best part of your day. This security does come at a price though, with the ChiliPad costing nearly £250.



#### NAPANYWHERE

Sleepless nights inevitably lead to tired days, and tired days mean sneaking in naps wherever you can. It's all fine and easy finding places to sleep at school or in the office, but what about when you're on the bus, or in a place without suitable napping facilities? You could always carry around a travel-pillow, but nobody wants to be that person that pulls out a pillow on public transport. No, there's only one gadget you need for aroundthe-clock napping ease, and that's the new Napanywhere neck support/head rest. This handy disc-shaped support is roughly the size of a Frisbee, and folds out to provide a perfect frame to rest your head anywhere and everywhere. All you need is a functioning shoulder, and the ability to be completely ambivalent to embarrassment, and the world is your napping oyster. It's true, it's not the most stylish piece of equipment, and there's no doubt strange and confused looks will be thrown at you from all angles, but at the point when sleep is the only thing that can make you feel human again, who really cares what people think? £30 pounds may seem pricey for a small, flexible disc, but then who are we to put a price on beauty sleep!

## PHONE HOME



#### A DSLR CAMERA IN YOUR POCKET The Nokia Lumia 1020

Forget professional photographers. Once you hold the brand new Nokia Lumia 1020 in your hands, you will be a professional photographer.

Suddenly you have top of the range imaging tools right at your finger tips, enabling you to capture some incredible shots. With a staggering 41-megapixel sensor, you get extremely sharp images, along with advanced editing tools and a wide variety of options for sharing photo memories with friends and family. There is no doubt you will be amazed.

Unbelievably, the 1020 has six lenses and a six times optical zoom, meaning you have the ability to zoom in to your shot after you've taken it, up to six times, without losing any quality. You can review, edit and share the resulting images in a variety of ways on this 32GB phone. Or if you prefer, you can just use the Auto mode and let the camera do the hard work for you!

As well as this, Vyclone synchs, edits and mixes uploads from multiple sources to create your very own masterpiece. Just point your phone, shoot, and record. Vyclone does the rest. The result? Your mixed video collage is ready to share across the whole world.

Windows Phone 8 lets you quickly launch apps and see updates with Live Tiles. Keep all your messages, emails and social networks from your friends in one place. And don't worry about losing anything on the Nokia Lumia 1020. Safely backup your photos online and share them easily with others using SkyDrive.

The Nokia 1020, which uses Qualcomm dual-core 1.5 GHz processor phone is 4G ready and has up to 19 hours talk time, so you can chat to friends all night. Whether you want to work on Office documents, play Xbox games against your pals, or become an expert photographer, you are sure to fall in love with this incredibly smart phone.

Come and visit us in the Sure store today to try out the new 1020, which is available free on selected plans from Sure.



Jersey's own superstar DJ - and Airtel-Vodafone Brand Ambassador - Hannah Jacques looks at the iPhone 5S and C

I was given two iPhones to review for this edition. The reason? Airtel-Vodafone were the first to bring the iPhone 5S and its little brother the 5C in Jersey.

It's not just one letter that separates them. There's also quite a difference in cost and spec, but I liked them both in their own way.

The thing about the iPhone 5S which has caused the biggest stir is its fingerprint scanner security. My phone knows I am me when I touch it (and when someone else has got their grubby mitts on it). Now that bit is great, and the new camera and other funky new bits are making it very popular already. It's also ready for 4G, so it's ready for the future.

## FREE SMARTPHONES WHEN YOU TOP UP ON JT PAY AS YOU GO!

JT Smart (RRP £79) – FREE when you top up just £50 JT Smart XL (RRP £149) – FREE when you top up just £99

The JT Smart has all the great features you'd expect from a Smartphone including an Android operating system, built-in Apps, camera, video recording, along with instant access to the Internet and all your favourite social media sites. With the JT Smart XL you can enjoy all of these great features and more, with it's supersize 5" touch screen, upgraded 5 MP camera and 4GB of internal storage! What makes both of these JT Smartphones stand out from the crowd is their Dual SIM capability, which means they can hold TWO SIM cards – perfect for if you're at university in the UK, or when you're travelling as you can have your JT SIM and either your UK, or JT Travel SIM operating at the same time. That means you'll never have to worry about which one you're using, or fiddle around and swap them over thanks to JT's design innovation.

The best part is, the JT Smart and JT Smart XL are FREE this Christmas when you top up on JT Pay as you go! So why not treat yourself, a friend or a loved one to a brand new Smartphone? Get yours from the JT Store today.



The one on the left may be smart, but the one on the right is extra-large to boot...



There are loads of great smartphones, and I know some people will say that others are just as good as the iPhone. But they don't have the Apple on them, and that can count for a lot.

The iPhone 5C of course, also has the Apple. It's a bit like a Mercedes A Class. A high-end brand but a bit more affordable, and fun. Great colours – I had a blue one which I absolutely loved. Airtel-Vodafone's finance deals mean you split the costs of the handset from your telephony bundle of minutes, texts and data, making Apple even more accessible to all.

#### So, two thumbs up - one for each!



## \*it's in your hand.

Your iPad, iPod and iPhone are part of your life. With Savant they can command your home Take Control

w: www.zero1.je e: contact@zero1.je t: +44534 888003





#### Jawbone Jambox

Jambox turns any phone, tablet or mobile device into a portable hi-fi sound system. Now you can play music, movies and games and fill even the largest spaces with sound. Precision-tuned drivers and dual passive bass radiators work in concert to produce amazingly clear, full audio at any volume.

It's no ordinary speaker either —it's a SmartSpeaker™ that evolves and gets better with time. Plug into the Jawbone Accounts website to customize Jambox and download exclusive content, apps and software updates. LiveAudio™ playback technology lets you experience your music, movies and games like never before immerse yourself in three-dimensional sound.

Jambox also has a built-in microphone that lets you enjoy hands-free calls and video chats using Skype®, Google Hangouts<sup>™</sup> and FaceTime®. Whether you're in a conference room or cooking in the kitchen, your conversations will come through loud, crisp and clear.

#### Available in white or graphite: £199.99



Jersey Electricity Powerhouse : 505460 Don Street : 510010 powerhouse.je

## LEGEND THE DARK PLACE CELEBRASON

Formed in Jersey in 1980, Legend currently features Mike Lezala on Vocals, Pete Haworth on Guitar, Neil Haworth on Guitar, Eggy Aubert on Bass and Jack Pallot on drums. 30 years on and Legend are sJll recognised as one of the most unique and underesJmated bands of the (New Wave of BriJsh Heavy Metal) NWOBHM movement.

Following a support spot with Thin Lizzy in 1980 and several airplays of their first self-Jtled album on Tommy Vances' BBC Friday Rock Show, interest in the band quickly grew however being based in Jersey they did not know that their music was being listened to worldwide. Even Lars Ulrich, the drummer in Metallica had a casseZe copy of Legends first album and was sending it to all his friends in America. In 1982 they released their second album 'Death in the Nursery' followed by a 4 track EP 'Frontline' in 1983 and a handful of demo's later that year.

Legends last gig in the 80's was at the famous Marquee Club in London in March 1984 where offers of European support spots with the likes of Motorhead and Whitesnake followed but without being signed to a major label or major management company these opportuniJes could not be sealed and they returned to the Island finally calling it a day later that year.

It was only with the advent of the internet that the band realised how popular yet sJll underground their music was. In 2001 a USA label released a double CD of all their music 'The Anthology', in 2003 the band released a new album 'SJll Screaming' and now in 2013 'The Dark Place' has arrived.

Following a successful reunion concert in February 2012 at the Royal Yacht Hotel where it was esJmated over 800 fans turned up including many fans from Europe who travelled especially for the occasion they performed in April this year in front of an esJmated 5,000 rock fans at the 'Keep it True' heavy metal fesJval in Germany on the release of their new eleven track album 'The Dark Place'. The band thought it important to celebrate the albums success with a rare gig in Jersey prior to embarking on some yet to be finalised dates in 2014 including invites to play Europe, South America and numerous tours and fesJvals in the USA. With several albums so far released and internaJonal sales across 26 countries, The Dark Place is currently in the top ten of Heavy Metal albums for 2013 and the CD is available locally at SeeDee Jons and R&L Records as well as from all the regular places, ITunes, Amazon etc. and also direct from www.legendmerch.com (Vinyl also available)



The gig will be at The Watersplash, St Ouen on the 9th of November 2013 and Jckets are limited, available from SeeDee Jons, R&L Music Burrard Street, The Watersplash and online at www.legendmerch.com.

Special guests will be local Black Sabbath tribute band 'Rat Salad' who recently headlined and caused mayhem at Groove de Lecq. Featuring Marty Saralis on guitar, Ryan Burnouf on bass, Max Pickup on drums and Tim Evans as Ozzy Osbourne on vocals, they promise a good solid and loud performance!

Coach transport is being provided from LiberaJon StaJon on the night and doors open at 8.30pm. More details can be obtained from the Legend facebook page or www.legendjersey.com



## All new Bose speakers available at iQ.

Designed with your iPad, iPhone, iPod and Mac in mind.



## SoundTouch from £315

SoundTouch Wi-Fi music system makes listening to your favourite music quick and easier by connecting directly to the internet over Wi-Fi allowing you to stream Internet Radio and your music library with a touch of a button.



#### SoundLink Mini £149.50

The SoundLink Mini Bluetooth speaker delivers full, natural sound from an ultra-compact speaker that fits in the palm of your hand.



## GET READY TO RUND

A year ago, we profiled the then-fledgling CI Wrestling promotion with an interview with the stable's biggest star, 'Hollywood' Dirty South. In the time since, the CIW has gone from strength to strength, with shows at the Merton Hotel taking place before hundreds of adoring, if bloodthirsty fight fans on a weekly basis.

The likes of Juggernaut Jackson, Gorgeous Scotty Thompson, the Bonne Nuit Brawler and referee Patrick W. Reed have become particular favourites over the past few months, and it's safe to say that CI Wrestling is the most electrifying 'sports-entertainment' organisation in the Channel Islands. It's the only 'sports-



entertainment' organisation in the Channel Islands. CIW's final show of the year takes place at the Merton on November 24th and, what with this month's Gallery themes being 'man' and 'dark', who better to tell us all about the show than CIW's ultimate bad guy, 'The Delicious' Concorde Adams?



You're one of the many 'heels' (wrestling jargon for 'bad guy') on the Channel Island Wrestling roster. What does it take to be a total badass? Is one simply born bad? I don't do anything to try and be a badass. I can't help it if people don't like me because I'm better than everyone else. I think I'm just misunderstood.

What's the most badass thing you've done today? I ordered a large cafe latte, even though I know caffeine makes me a bit nuts!

Tell us a bit about CIW's other wrestlers. Who are the main players, and are there any rising stars to look out for? Also, what are the key rivalries happening at the moment? The main wrestlers - other than me - are probably the glory hogs known as JVY, Dirty South and Jersey Dragon. I'm pretty sure I could beat all those guys if it wasn't for biased referee Patrick W. Reed foiling all my plans. The one to watch out for in the future might be The Buccaneer MegaByte Jive, but he's no Concorde Adams. I'm not in any rivalries at the minute as I tend to out wit anyone I'm against but GST and Dirty South have had an intense few matches for the belt.

## Who are your top three wrestling heels of all time, and why?

The Repo-Man as he literally stole victories, JVY because I hate him and

## Everyone is welcome to train as long as they're over sixteen, but can anyone be as good as The Delicious Concorde Adams?

Jersey Dragon as all he does is flippedy flippedy show-off rubbish.

#### If you could deliver any wrestling move to any historical figure, who would it be, which move, and why?

Henry Cavill, and I'd hit him with my new finisher 'The Super Death Drop' because when I saw him at his stupid little movie premiere he didn't ask me for my autograph!

*Who's your favourite movie villain?* Superman, for the reasons above.

#### Tell us a bit about the upcoming November show. Also, what are CIW's future plans? Any plans to bring any international wrestling superstars to Jersey?

Our November show is our last of the year so naturally, it's going to be quality! If you haven't witnessed CIW live then you're missing out. As far as international stars go you're talking to one! I come from Sark!

#### How can people join CIW? Is anyone welcome to train with you? Everyone is welcome to train as long as

they're over sixteen, but can anyone be as good as The Delicious Concorde Adams? No.

What's your ultimate wrestling ambition? MY ultimate wrestling ambition is to become the CIW World Wrestling Champion OF THE WORLD!

You may be a badass and all that, but everyone has their weakness. What does it take to melt the heart of Concorde Adams? I'm no scientist but lava will probably do the job. That or a bunsen burner.

## Finally, any messages for your many CI Wrestling nemeses?

Yes, if you idiots feel like you can pin 'The Delicious' Concorde Adams you are mistaken, and I will pin your shoulders to the mat or make you scream "mercy" you stupid twits!

## Actually, finally, Concorde Adams – what is the meaning of life?

Win if you can, lose if you must but always cheat. Or don't, #Concorde Rules

CI Wrestling's final show of 2013 takes place at the Merton Hotel on Sunday 24th November, from 6pm. Entry is £5 per person, or £10 for a family ticket (2 adults and 2 children), on the door. *For more info, visit ciwrestling.com* 

### NOVEMBER MUSIC & NIGHTLIFE: SIX OF THE BEST P-A-R-T-Y? Why not?



#### MARK MORRISS (THE BLUETONES): LIVE & ACOUSTIC

For those old enough to have experienced Britpop in its heyday, it might be hard to believe that it's been a whopping seventeen years since The Bluetones' banger 'Slight Return' reached number two in the UK singles charts – kept off the top spot by Babylon Zoo's 'Spaceman' (how 90s is that?) - Back in the day, The Bluetones were one of Britpop's biggestselling artists, with thirteen UK Top 40 singles and three Top 10 albums to boast of, and founding member/frontman Mark Morriss has since embarked on a fruitful solo career. He's becoming something of an island regular, having performed twice here in as many years, and this latest Jersey outing is his first at the latest addition to the local live gig venue circuit, the snug upstairs lounge at The Green Rooster in Minden Place. It's sure to be an intimate, cosy affair, the perfect way to kick off the post-Halloween weekend. The Green Rooster, Friday 2nd November, 7 – 11pm

Tickets £15 from the Green Rooster



#### DECADENCE PRESENTS... THE FOLLY MIXTURES

Local burlesque party-starters Decadence have been bringing a dash of glamour to Jersey venues on a regular basis over the past couple of years, and they return this month to the opulent surrounds of the Grand Hotel with the returning Folly Mixtures. The performance troupe describe themselves as 'classic burlesque with a contemporary twist' and are worth the ticket price alone for any fans of tease and naughtiness, and with a monthly residency at Soho's legendary Madame Jojos venue, they're well-known on the UK burlesque scene. Compered by Frisky, one half of the acclaimed cabaret/comedy duo (and Edinburgh Fringe regulars) Frisky & Mannish, it's quite a line up. Be prepared to dress to impress: the dress code is 'Halloween Hotness.'

Grand Jersey, Saturday 2nd November, 8pm – late

Tickets £35 from White Label



DAVID BOWIE TRIBUTE NIGHT After seemingly retiring from recording and public performance nearly a decade ago, the Thin White Duke earlier this year made a shock comeback with the now-Mercury-nominated album 'The Next Day', and Bowie fever has swept the country ever since. A V&A exhibition displaying costumes, props, handwritten lyrics and the like was sold out for months in advance, and bookies are having a field day taking bets on Bowie to headline Glastonbury's Pyramid Stage in 2014. All of which must have been music to the ears of Bowie impersonator Nick Butcher, who comes to Jersey this month for a dinner n' David extravaganza. Three courses of feast and a helping of hits such as 'Dance Magic Dance', 'The Laughing Gnome' and 'Tin Machine.' Sounds like fun in our humble opinions.

Radisson Blu Waterfront Hotel, Saturday 2nd November, 7pm – 1am Tickets £35 from Radisson Blu Waterfront Hotel

#### GHOSTBUSTERS HALLOWEEN PARTY WITH INSIDE JOB

The Drift are throwing a big old Halloween bash this month, with one of Jersey's finest covers bands Inside Job headlining, and DJs Craig Alder, Griff and Steve Le Galle spinning the absolute choons. There are cash prizes for the best Halloween fancy dress, so expect ghouls aplenty on the dancefloor.

The Drift Bar, Saturday 2nd November, 9pm – 2am Free Entry

#### Free Entr

#### ICONIC 5TH BIRTHDAY: FRANKIE KNUCKLES

Too often the term 'legend' is used to describe actually quite incidental

artists. In the case of 'the Godfather of House Music', Dance Music Hall of Fame-inductee Frankie Knuckles, the description is fully justified, the Bronx-born DJ-producer having been one of the most influential figures, alongside the likes of Marshall Jefferson and Mr. Fingers, in the rise of house music in the 1980s and 90s. As well as being the recipient of the very first Grammy award for Remixer of the year, Knuckles has production/remix credits for a list of recording artists that reads like a who's who of the recording industry: Michael Jackson, Mary J Blige, Luther Vandross and Diana Ross are just a few of them. All of which makes him a fitting headliner for the 5th birthday of Iconic; the dance music promoters have brought some huge names, including Todd Terry, Felix Da Housecat and Boy George, to the island, but this one surely tops the lot. Royal Yacht Celestial Hall, Saturday 9th

November, 9pm – 2am Tickets £25 from The Royal Yacht, White Label, Roulette Clothing



#### ROCKSTEADY PRESENTS... THOMAS GANDEY

It seems that Jersey's got a taste for local favourites this month, as another Jersey regular, techno-house-disco producer Thomas Gandey headlines what looks like a corker of a night at the Splash. Some of you may know him better by his monicker Cagedbaby, under which he performed at Jersey Live back in 2008. Having toured the world as support to the likes of The Chemical Brothers and Underworld, and produced for artists such as Fatboy Slim and David Byrne, it's safe to say he's one of the most respected producers in the biz, and with a local line up including sets from Rocksteady residents and indie DJ Stephen Orr, as well as live action from Any Given Sunday and Pirate Party Brigade, this night looks a snip at just five sheets.

The Watersplash, Saturday 30th November, 10pm – 2am Tickets £5 from Eventbrite and The Watersplash

#### paparazzi gallery



























JERSEY'S STYLE MAGAZINE

# **ON TOUR SINCE 1873**







paparazzi Ballery



BECAUSE QUALITY MATTERS





















#### paparazzi Ballery



## WHY STOP JUST BECAUSE THE NEIGHBOURS SAY SO? DEFINE YOUR OWN LIMITS

SILENT DISCO HEAPHONE RENTAL FROM £1.75 PER PAIR (BASED ON 400 PAIRS) SEE GALLERY.JE FOR DETAILS OR CALL 811100 TO MAKE A RESERVATION























JERSEY'S STYLE MAGAZINE





















SILENT |sīlənt| *adjective* • not making or accompanied by any sound

**DISCO** |diskō| *noun (pl. discos)* • a club or party at which people dance to pop music















BECAUSE QUALITY MATTERS













#### FULL COLOUR ANNUAL ADVERTISING FROM £46 PER MONTH CALL GALLERY ON 811100



#### Manna

Manna is a relaxed laid back store that stocks the hard to find fresh designer labels that have been selected for their individuality and fashion forward design including: By Malene Birger, American American Retro, Ba &Sh, American Vintage, 360, Ganni, Velvet and new for 2012: By Zoe, Stop Staring! And Bastyan.

Manna Tel: 619985 7 West's Centre

MANNA



#### Pebble

Two hidden gems, always packed full of beautiful things you want, Pebble Boutique, Home & Baby are located across two stores. You'll find our homeware, furniture, gifts & baby clothes in one store & ladies clothes & accessories just across the street.

Open Mon - Sat

#### Tel: 736449 www.ilovepebble.com

12-14 Market Street, St Helier Follow us on Facebook & Twitter





#### Laneez Surf Center

Brush up your surfing skills this summer in the heart of St. Ouens bay, Jerseys best surf beach. Our qualified instructors can teach you everything you need to know about having some fun in the surf! Also Laneez Surf shop has everything you need on and off the water this summer

Like/follow us on facebook.com/laneez.surfcenter

#### Laneez Surf Center

www.laneez.com Le Grand Route Des Mielles, St Brelade, Jersey +44 1534 744157



#### Creme

Welcome to Creme the exclusive ladies' boutique in the heart of St John's village. Creme is the out of town established boutique with plenty of parking. Creme have exclusivity on many brands such as Elisa Cavaletti, Joseph Ribtoff, as well as stocking well known designers such as Gerry Webber, Basler and many more. Our hours of opening are as follows:

Creme 01534 862603 Mon - Saturday 9.30am-5.00pm Wednesday 10.00am-5.00pm



Eye Candy Lash & Beauty Studio entrally situated within Blades Salon, a Beauty Studio specialising in eyelash extensions and offers a wide range of Beauty Treatments: bridal and occasion make-up, tanning, gel nails and waxing. A relaxing and convenient location for all your beauty needs.

Eye Candy Lash & Beauty Studio 3rd Floor Blades Hair and Beauty Salon, 12 Halkett Place, St Helier T: 01534 735919 / M: 07797 786 790 FB: Eye Candy Lash & Beauty Studio www.eyecandyjersey.com



**RIO • HAIR • BEAUTY** 

Rio conveniently situated in the heart of St Helier, this dynamic salon has something for everyone, quality hairdressing and beauty services in modern contemporary surroundings. A great retail shop for all your hair/skin cleansing and conditioning needs, our knowledgeable staff have the answers.

RIO • HAIR • BEAUTY Tel 734458 55 Halkett Place, St Helier





**Avalon Hair & Beauty** Avalon offers a complete portfolio of cutting edge hair and beauty services personalised for the individual. Experienced stylists and therapists deliver a friendly, high quality service making your visit a truly memorable experience. We also exclusively sell Sassoon hair products.

Avalon Hair & Beauty 15 Burrard Street St Helier Tel: 888178





A stunning new salon situated in the recently renovated St Brelade's Bay Hotel. We offer a wide range of treatments from essential beauty maintenance to more indulgent body treatments. Indulge yourself with our professional team in luxurious surroundings. Open 7 days a week (including 4 evenings).

T: 01534 723333 E: www.bellezzajersey.co.uk



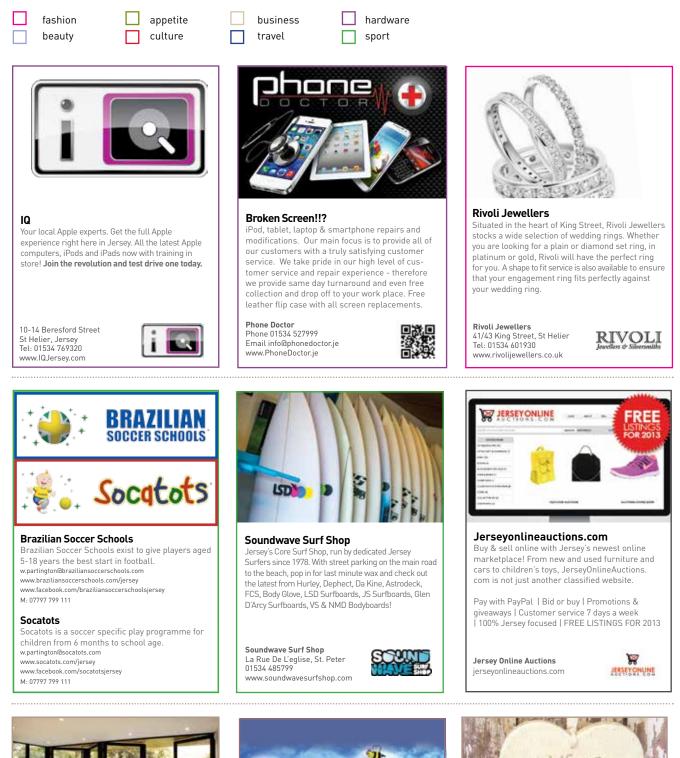


#### Harbour Gallery

The largest contemporary art and craft gallery in the Channel Islands: exhibiting and selling work of over 800 local exhibitors. Stockists of art and craft materials, textile materials in the shop "Sew and Sew" and knitting yarns and accessories in "Knit Wits". The Harbour Gallery is home to "Evolve" showcasing one off fashion designs from Jersey.

#### Harbour Gallery

Open 7 days a week 10.30am – 5.30pm Tel: 743044





**Open New Horizons** Why not take full advantage of the outdoor space you have. Don't be shut in! Don't be closed off! Folding sliding doors can be used in a whole range of applications, from Terraces to Orangeries. Modern Living at its best.

Affordable Windows Tel: 01534 747858 info@affordablejersey.co.uk www.affordablejersey.co.uk AFFORDABLE JERSEY



#### **Busy Gifts**

At Busy Gifts we specialise in offering you affordable handmade and personalised gifts for all those special occasions. We offer exclusive bespoke gifts which can be found nowhere else in Jersey.

Let us help you find that perfect gift.

Facebook – BusyGifts Jersey Email – info@busygifts.je Telephone – 07797 956 016 Website – www.busygifts.je



Looking for something a bit different...? The Gooseberry Bush - your one-stop Clothing & Lifestyle store! Clothing collections from Lauren Vidal, Gabrielle Parker with Jewellery, shoes and accessories to compliment. Gifts and Interiors from all over the world. Gorgeous babywear, comforters and keepsakes, including the popular East of India gifts.

**The Gooseberry Bush** (dRondel's La Rue du Haut de l'Orme, Trinity. Bus Route 25 Tel: 726224

f

## FULL COLOUR ANNUAL ADVERTISING FROM £46 PER MONTH CALL GALLERY ON 811100



Paramount Events Whether you are looking for advice, recommendations, or a fully managed service, we can help bring your event to life. We also offer P.A. services for clients who lead busy lives and need assistance with making those personal occasions special.



Deveau Commercials Deveau Commercials Ltd are the sole Channel Island agent for Toyota Materials Handling equipment. All types of forklift trucks, pallet trucks and attachments for sale or hire. Spare parts stocked for Toyota Forklifts, and an all makes forklift spare parts service is available.

www.paramounteventsjersey.com info@paramounteventsjersey.com





#### Get your garden in order

At CAF we supply the full range of Efco Garden Machinery from Hand Tools to Compact Tractors. We service and repair all makes of garden machinery at our fully equipped Engineering workshop. Our rates are ompetitive, we can collect and deliver, ensuring a fast and efficient service.

**C A F Engineering Ltd** Lyndale, Augres Trinity Tel: 01534 863900 enquiries@cafengineering.com





**Complete groundwork solutions** JB offer all aspects of ground works including; drainage, excavation, landscaping, slab formation, concrete foundations, brick paving & concrete works. We offer reliable, efficient and affordable machinery hire using the most up to date equipment. For free estimates and competitive rates, call James to discuss your requirements.





REAL Professional Tools L.C. Pallot & Sons Ltd. carries an extensive range of hand, power and air tools, air drills, sanders, blow guns, spray guns, impact wrenches and sockets, spanner, plier and screwdriver sets, cordless drills, angle and bench grinders and cut off saws! If L.C. Pallot & Sons Ltd. does not have your desired tool in stock, our staff will happily do what it takes to order it in as soon as possible.

Unit 6, Clos du Marais Rue de Bechet, Trinity 01534 863888 www.lcpallot.je



#### **Curran Photography**

Curran Photography offers a very unique, personalised service. Specialising in Portraiture, Weddings & Commercial Photography this family run business is the ideal business to approach in order to capture those special moments.

#### Curran Photography

07700 368817 curranphotography@gmail.com www.curranphotos.blogspot.com



## PLUMBER? CLEANER? VALETER? MECHANIC? SMALL BUSINESS? get your business in the **directory** from just £9.49 per week<sup>\*</sup>

We're pretty sure you don't carry the Yellow Pages around with you and I bet you don't browse it every month... it's massive!

We're a big believer in effective 'reminder' advertising at Gallery. For a small business, a whole year of communication means that customers have your details at all times. The directory is designed to allow advertisers a low cost, long term communication solution. It can be used to show an individual corporate presentation or to present individual brands stocked by your business. We'll be trying to gather places that sell the nicest bits, bobs, stuff and desirable items for the home and office.

So we thought we'd give select businesses the ability to tell you all about their services in our monthly Gallery directory. We've even categorised them and arranged them for easy perusal. If you see something you like, give them a call and and tell them you saw them in Gallery! We'll love you forever...

Call 811100 to get yourself included!

Brand stockists



BAREMINERALS	
	-
FEELUNIQUE @ AU CAPRICE	732380
SWAROVSKI	
SWAROVSKI	722904
TOM FORD	
DEGRUCHY	818818
	010010
SISLEY	
	007100
VOISINS	837100
CREME DE LA MER	
DEGRUCHY	818818
BENEFIT	
VOISINS	837100
DEGRUCHY	818818
DEGROCHT	010010
GUERLAIN	
VOISINS	837100
FEELUNIQUE @ AU CAPRICE	732380
AVEDA	
ELMINA	610082
AROMATHERAPY ASSOCIAT	ES
SPA SIRENE	615425
of it of REIVE	015425
DEDMALOCICA	
DERMALOGICA	
RIO HAIR AND BEAUTY	734458
BELLEZZA	639393
PERVONIA	
THE BEAUTY HOUSE	789000

### Food for thought



Appetite began when we couldn't find a local restaurant guide that would tell us when all our favourite places were open, and what was on the menu. So we decided to write one ourselves.

The fifth edition of Appetite is out now and has all the key features you love about your food annual - easy to navigate sections, sample menus and clear contact details as well as a few extra tasty tidbits like interviews, features and special offers and giveaways for Appetite readers.

#### Fancy winning a meal for two at a restaurant of your choice?

Just join our facebook page. www.facebook.com/appetitejersey



Savills **1**722227

www.savills.je Flat Fee

**1**766667 www.flatfee.je

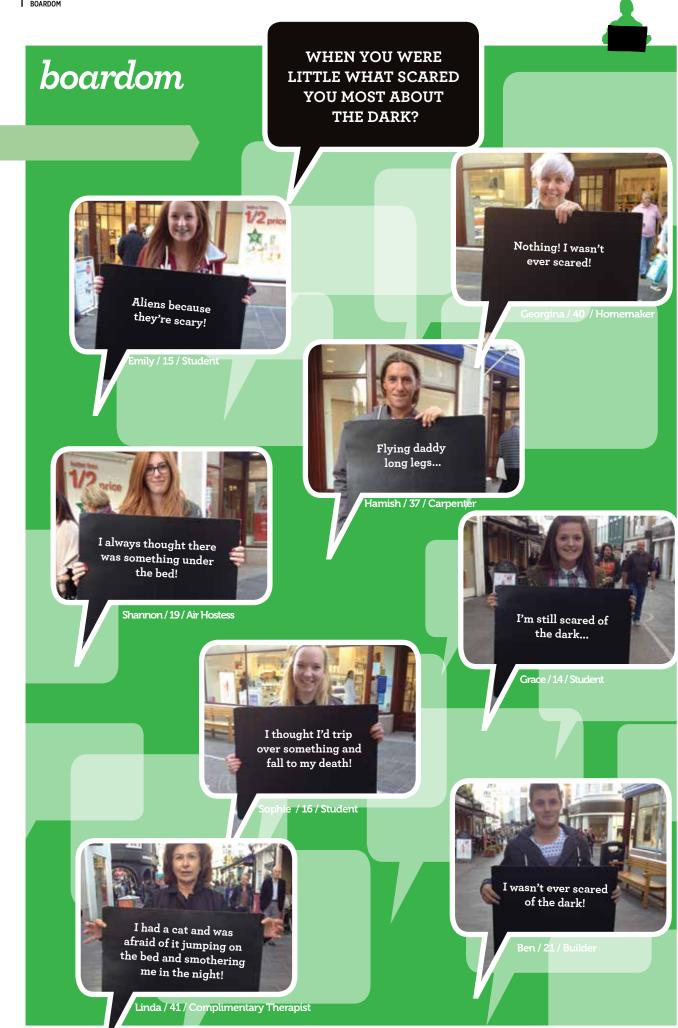


avilla

flatfee,

**1**877977 www.ecpw.co.uk







ONLY E49 When you top

III

When you top up by £20

> LG Optimus L3 II



Samsung Galaxy Young



Sony Xperia E



Nokia Lumia 520



While stocks last on selected phones. For full terms and conditions see www.sure.com

BEE



## Colour your life with the iPhone 5C

Visit our Queen Street store today

power to you



## Which colour are you?